

House & Garden

MORE COMFORT AT HOME

pages of adaptable ideas

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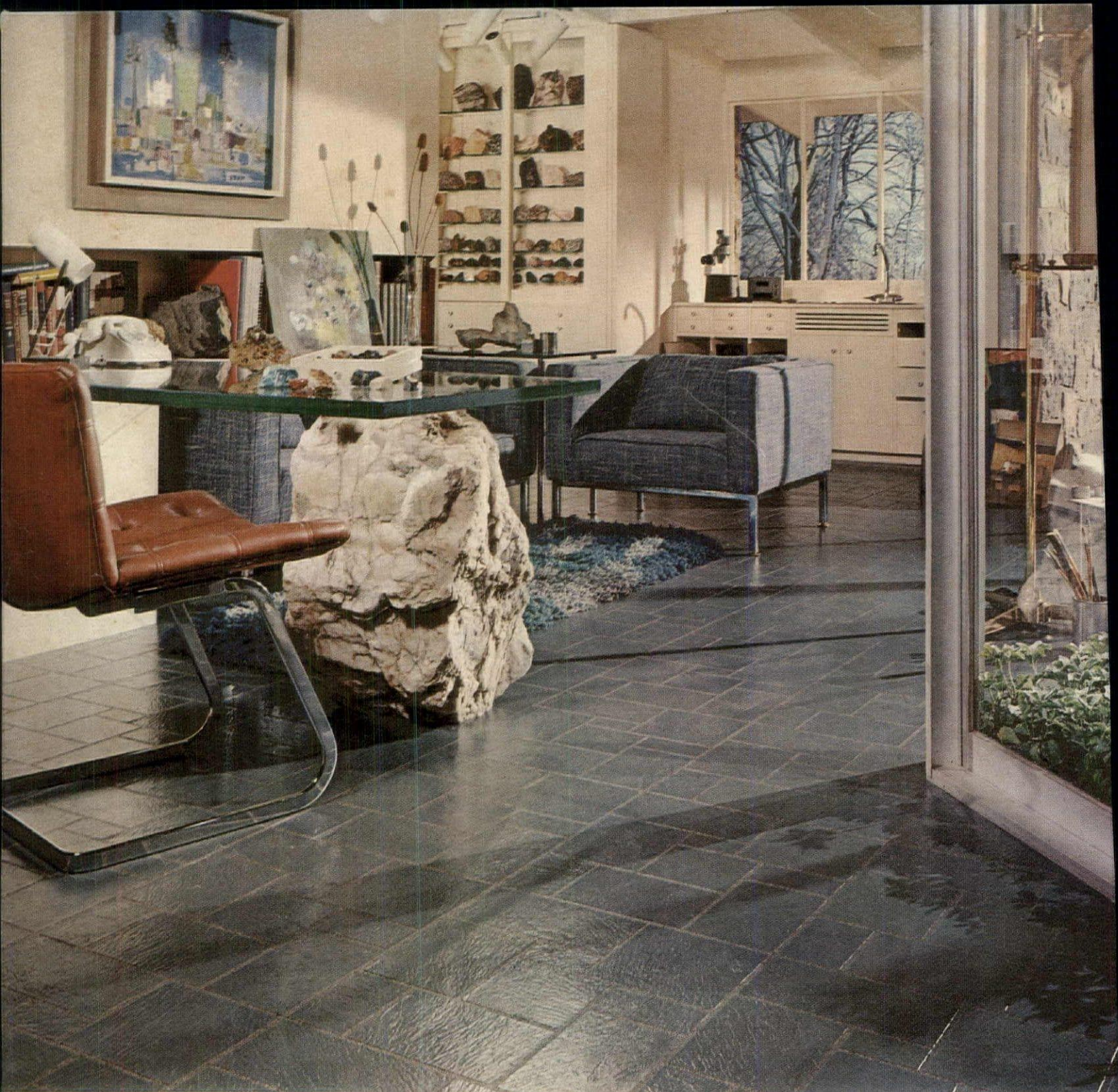


SPECIAL NA 7100
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 CURRENT ISSUE REF. DISPLAY

THE DELIGHTS OF ISLAND LIVING

CARIBBEAN COOK BOOK

mpiring room



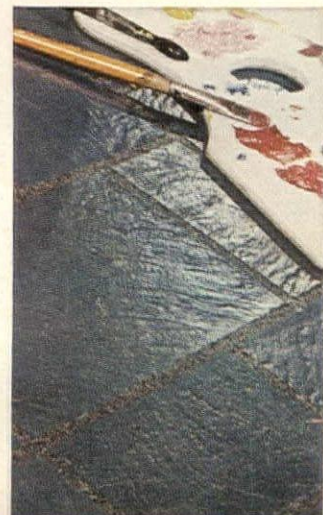
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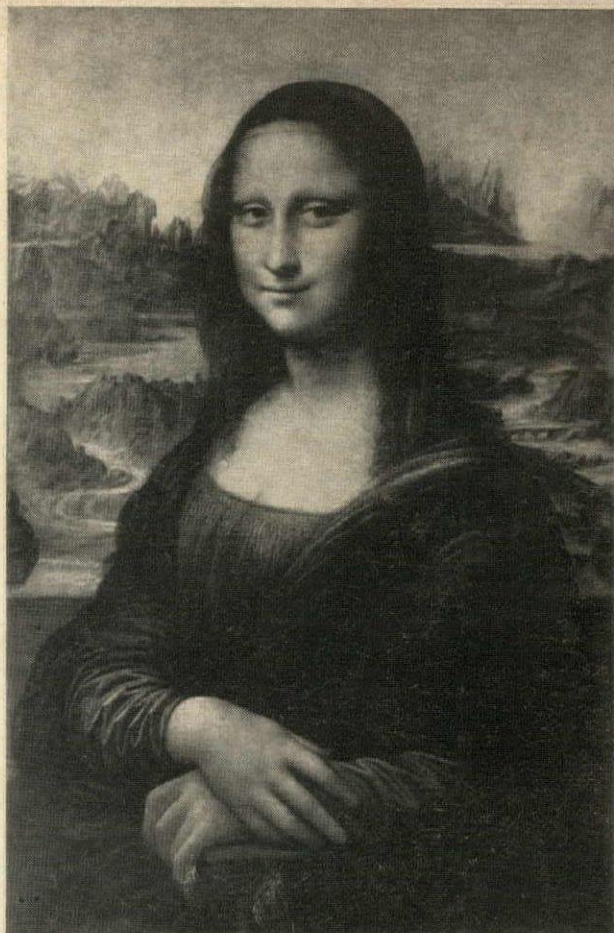
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Are you one of many who admire the Mona Lisa for the wrong reasons?

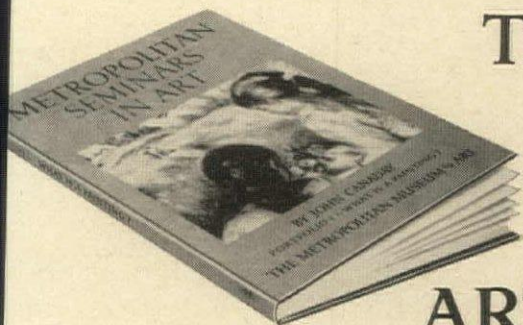
Perhaps, like so many people, you attribute the Mona Lisa's greatness to her enigmatic expression—to the fact that she "begins to smile," if looked at long enough. Or perhaps you are intrigued because her eyes seem to "follow you around the room" through some technique known only to Leonardo.

Both of these common reactions are discussed in the very first portfolio of the Metropolitan Museum's Seminars in Art as prime examples of the superficial notion in which most people look at paintings. As the portfolio points out, anyone who admires a painting solely because of its technical competence or the skill of its subject matter is probably missing what the artist is really trying to convey. A surprising number of otherwise cultivated persons have this blind spot when they stand before a work of art. Either they admire it for the wrong reasons or, if the work is the slightest bit "abstract," they are completely baffled.

Those who suffer from this form of bafflement probably have never had the opportunity to take a good art-appreciation course at a university or attend a continuing series of lectures at a museum. It was to remedy this situation that the Metropolitan Museum of Art in New York devised an unusual program of extended self-education in the understanding and appreciation of art. The information below is made to acquaint you with the thoroughness of the program and its unique method of learning by comparison among great paintings.



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CONTENTS OF THE TWELVE PORTFOLIOS

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PLEASE NOTE: In Canada, the price of each portfolio is \$4.25 (plus a small charge for mailing expense)

House & Garden

INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS



TOM LEONARD

On the cover: A platter of doves, those delectable morsels available to the islanders for three treasured months of the year, is about to leave the kitchen of Mr. and Mrs. Wendy Hilty's house in the Virgin Islands' St. Croix. Part of the Mount Royal Estates, the Hilty house began life as a rum factory and is ending it in respectability and a blaze of color—much of that due to ceramic tiles from Florence, used as prodigally as wallpaper in dazzling contrast to the old stone wall and pristine white tile flooring. At the business end of the kitchen, the chief work counter is a peninsula topped with an enormous chopping block and overhung with a stainless steel rack (hotel-type) for a collection of copper pans, some old, some new, all brought back from Portugal. The breakfast table is lighted by an Italian lantern, and the Hiltys keep their china in a painted hutch from Mexico. There are no windows, for none are needed. The room is partially open to the living room, and a plastic skylight lets in all the sunlight an island cook cares to cope with. For more of the Hilty house, and much more on life in the Caribbean, please turn to page 120.

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Please be patient with us—
the delay is unavoidable.

JANUARY, 1967

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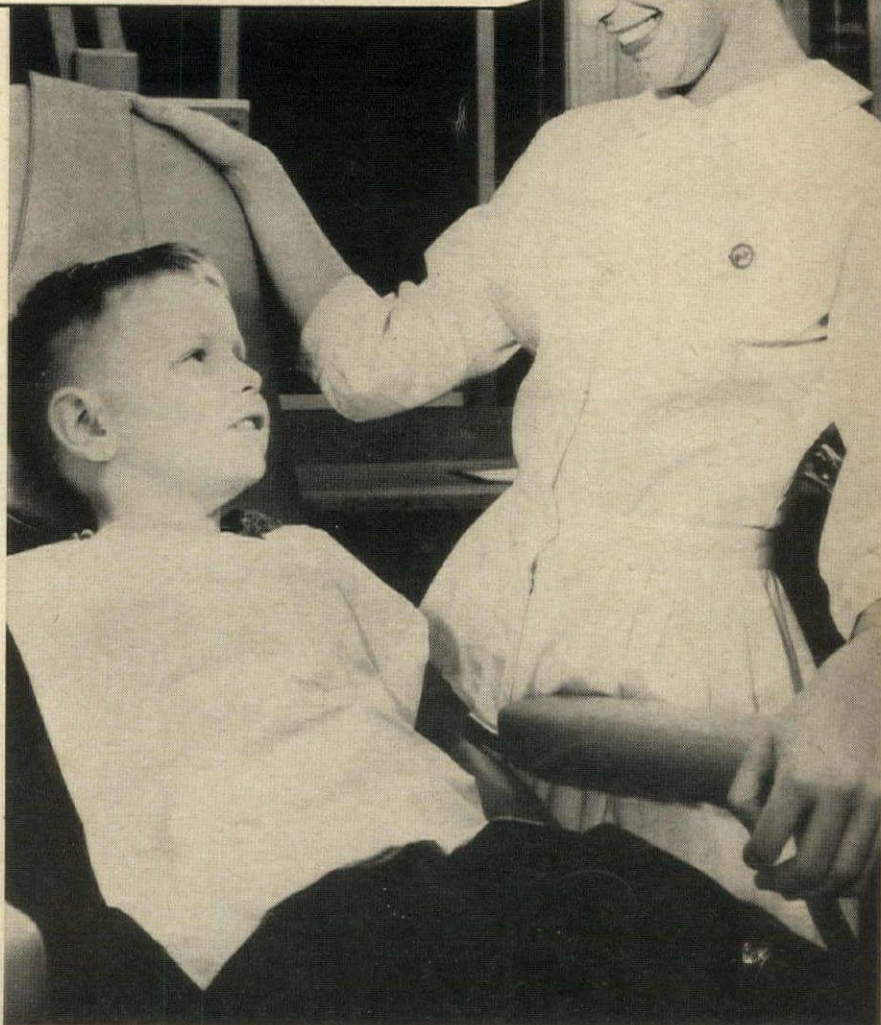
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Notes for the Hostess

BY DIANA BRYAN

One thing I admired and coveted tremendously when I was in Greece was the copper cookware I saw in almost every *taverna*. It is quite different from its French or Italian counterpart. The pieces are tin-lined, hand-hammered, and of unusual shapes. Because of its bulk and weight, it wasn't feasible



for me to bring any back, but now I've discovered that Madame Sotos is importing them for her shop "Greek Island Ltd." in New York. In this treasure trove of the best Greek handcrafts, I found a 2½ quart tureen which is handsome enough to double as a table decoration when not in use for cooking and serving.

In this same entrancing Greek shop, I couldn't resist buying several jars of Hymettus honey charmingly put up in Rhodes pottery jars that will have a life of their own long after the deliciously smoky honey has been consumed. Marvelous for hostess presents.

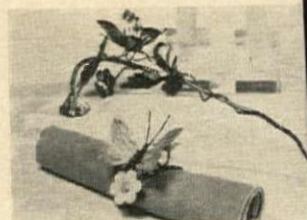
Often a traveler returning from exotic lands suffers a big letdown when, after an exciting time abroad, he comes home to the same old routine. So instead of giving the Rigbys a Bon Voyage party before they left for the Far East, we decided to give them a Welcome Home party. Just to emphasize the "back to the good old U.S.A." theme, we decked the living room with U.S. travel posters and played American show tunes as background music during cocktails.

Instead of trying to compete with the foreign cuisine the Rigbys had just been enjoying, we decided they might like a switch back to favorite American dishes: fricas-

see chicken and dumplings, Hubbard squash baked with brown sugar and nutmeg, brussels sprouts and chestnuts, Bibb lettuce with dressing, brown Betty.

Then having convinced the Rigbys in no unsubtle terms that the U.S. has its good points, we magnanimously let them overwhelm us with what seemed like a million slides of their trip.

Very often after a dinner party, almost without thinking, I blow out the candles and thereby spray the tablecloth with drops of wax. I do have a beautiful silver candle snuffer, but for an informal party it doesn't always seem to go with the rest of the setting. Last time I was in the Mayhew Shop in New York, however, I came across a snuffer made of polycromed wrought iron trimmed with a true-to-life butterfly. It occurred to me that a pair of these snuffers laid on the center of the table alongside the candlesticks would be decora-

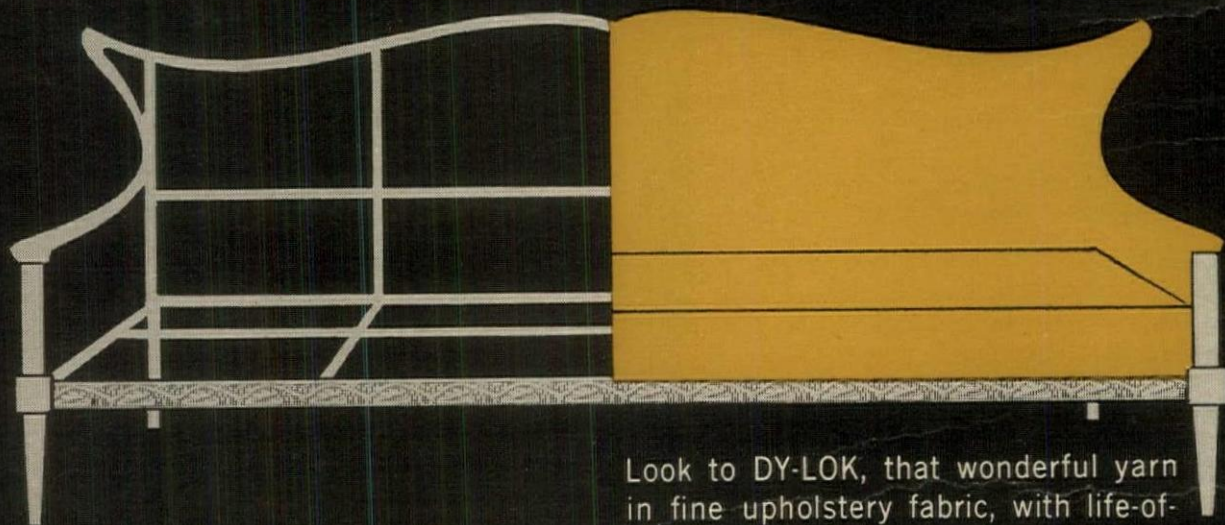


tion in itself, as well as insurance against spattered wax. They have napkin rings to match.

A good cold-weather centerpiece when the choice of flowers is limited is a pyramid of handsomeness. You can pile it up on a large plate, a tray, or in a footed compote, then sprig it with greenery—pachysandra, ivy, or holly and red berries. Sometimes with green punctilio, I build one on a silver tray for a black-tie setting. Sometimes I pile a jolly heap of oranges and greens on a wooden plate for an informal buffet table. Toothpicks are useful to keep the pyramid from toppling.

FOR STORE ADDRESSES, SEE PAGE 156.

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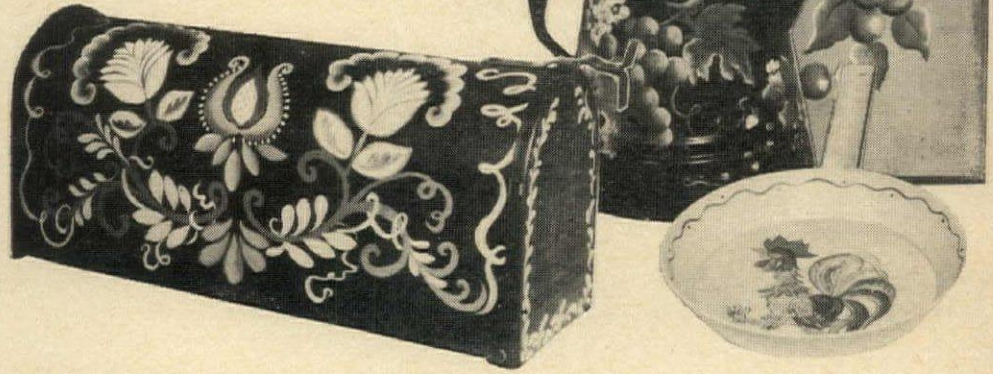
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You'll have such fun going on antique treasure hunts!



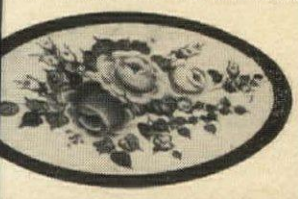
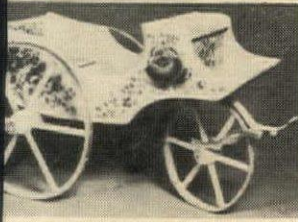
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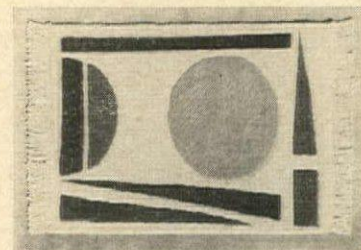


WOVEN NEEDLEPOINT fabric looks like the best handwork. This new machine-made fabric called Gros Point is woven in the colorful patterns traditional to the needlepoint craft which is now enjoying a revival. Two of these fabrics are being used to cover pillows, *left*, Nettle Creek, Le Fleur, \$10; Flamingo, \$8. You will also find Gros Point covers on luggage by Samsonite and handbags by Mr. Chips. Gros Point is made by The Quaker Fabrics Corp., 205 Lexington Ave., New York, N. Y., 10016.

Point covers on luggage by Samsonite and handbags by Mr. Chips. Gros Point is made by The Quaker Fabrics Corp., 205 Lexington Ave., New York, N. Y., 10016.

FOR SPREAD-EAGLE ENTHUSIASTS. Macy's New York store recently opened an Ethan Allen Gallery where furnishings as traditionally American as the Green Mountain Boys are displayed in some thirty room settings. You can buy not only furniture, but accessories, curtains, bedspreads, and rugs in a range of styles from Salem townhouse to backwoods homespun—all without having to traipse from floor to floor and department to department. Every salesman, thanks to a training program supervised by Macy's and Baumritter, manufacturer of the Ethan Allen Collection, has become an Americana adept, happy to help you with selections and decorating schemes.

RUGS INSPIRED BY PAINTINGS. To raise funds for its charitable work, Synanon, the famous foundation for the aid of drug addicts, has commissioned a group of highly individual modern rugs, 4 by 6 feet in size, to be handmade of wool in India. They will soon be for sale in department stores throughout the U.S. Designer Harry Flitterman named the twelve rug patterns for the painters whose work he says inspired the colors of each rug (including Miró, Cezanne, Monet, Van Gogh, Renoir, Klee). Proceeds from their sale will aid the worthy and essential work of rehabilitating former addicts and alcoholics. For additional information, write to the Synanon Foundation, Inc., 1351 Pacific Coast Highway, Santa Monica, Calif., 90401.



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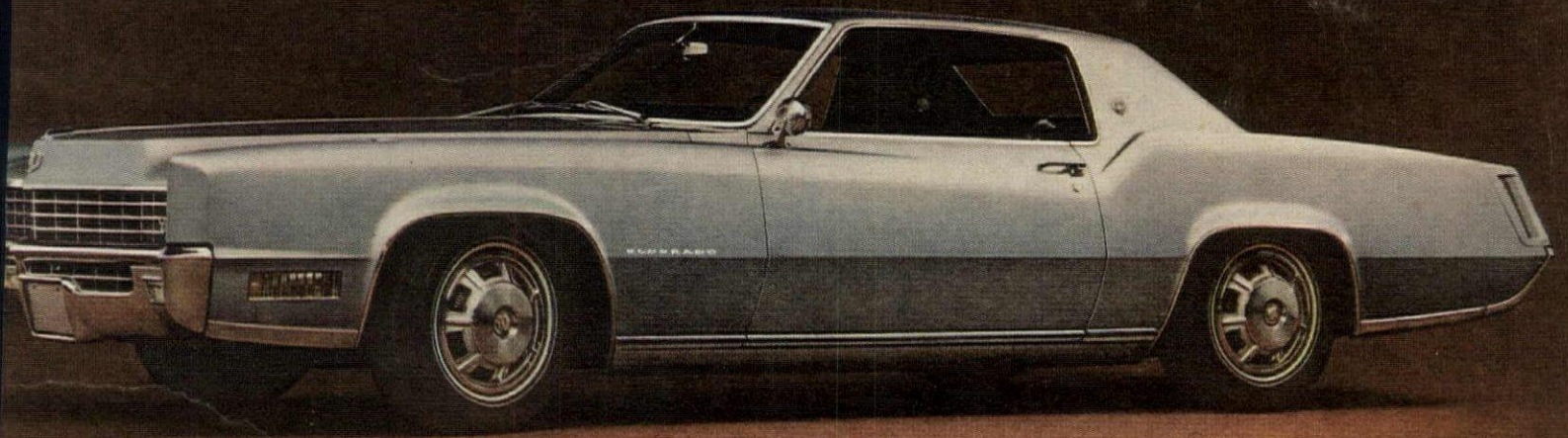


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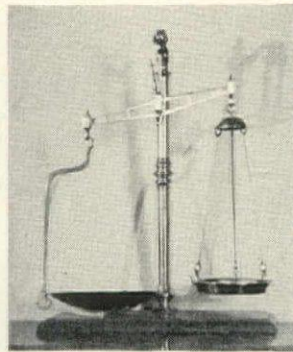
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We recently bought this lamp in New York. Can you tell us more about it?
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ENGLISH SHOPKEEPER'S SCALE

How old is my brass scale mounted on a beveled wooden base? The balance is stamped "Young & Son, New Bedford and Marlow, to weigh 2 lb."

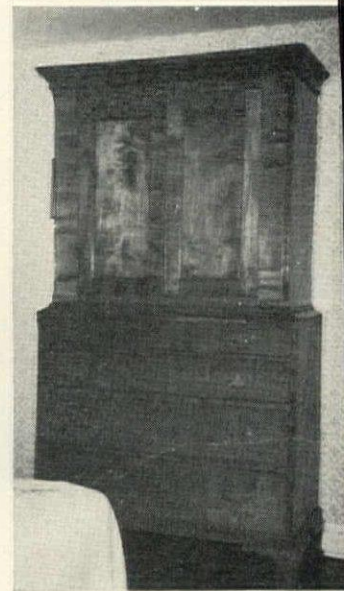
E. McC.—Long Beach, Cal.

Your 2-pound balance scale dates from 1870. The Young firm, located in Birmingham, England, specialized in manufacturing fine scales. These were used in candy stores and drugstores.

I would appreciate any information you could supply concerning our bird's-eye maple chest-on-chest. It has been called a linen press. Is this name correct?

E.B.M.—Media, Pa.

Yes, linen chest is the correct term for your cabinet-on-chest. It was probably made by a rural cabinetmaker in New England, very likely in New Hampshire, around 1800-1810. The ogee bracket feet and the brasses are details of the American Chippendale style, which by that date had passed the peak of its popularity.



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On the frame of my kaleidoscope is stamped "C.C. Bush & Co., Prov., R.I. Pat. reissued Nov. 11, 1873." How old is it?
B.L.G.—Indianapolis, Ind.

Since patents are issued for periods ranging from three to fourteen years, your kaleidoscope would date somewhere between 1873 and 1887. After Sir David Brewster invented the kaleidoscope in 1817, it became a very popular optical toy all over Europe and America. Some had stands like yours.



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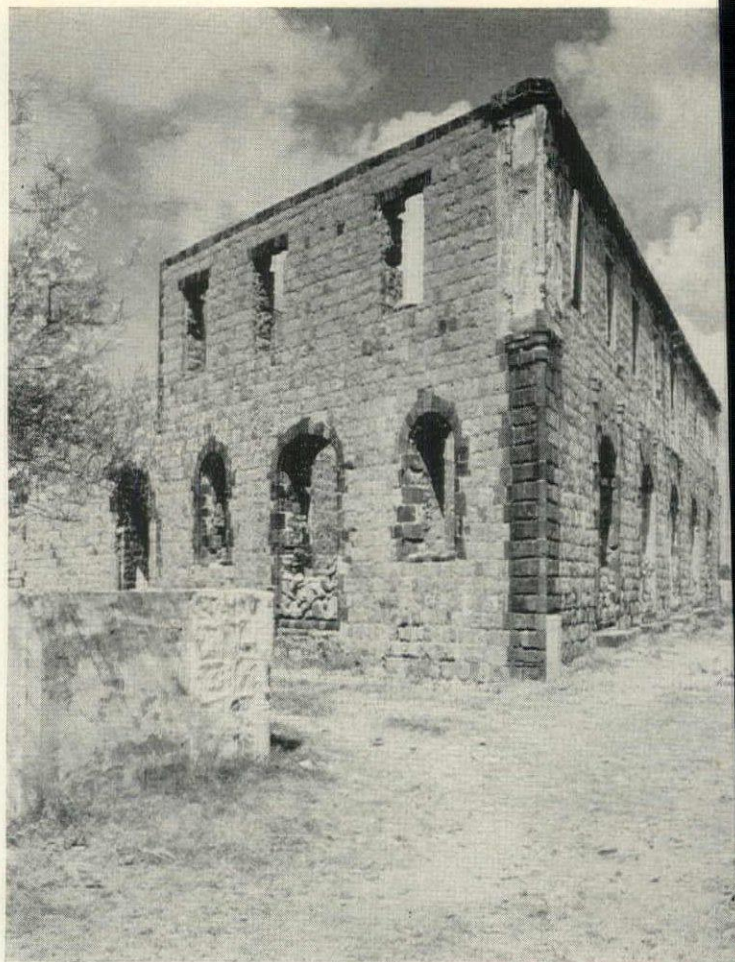
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Down a cane-fringed road on St. Kitts, a view of the island of Nevis.



St. Barts memento: ruins of nineteenth-century stone music hall built by Swedis

GOING PLACES, FINDING THINGS IN

C SEVEN CARIBBEAN ISLANDS

BY JOSÉ WILSON

The islands, large and small, that border the Caribbean like a curving golden chain have been invaded many times in their checkered history, but never more sweepingly, successfully, and felicitously than today. First those migratory birds, the winter tourists, fleeing the cold embrace of northern latitudes, discovered their *dolce far niente* delights. Now a more permanent migration is taking place. People from all over the U. S. and Europe are building, buying, and restoring houses on the islands for their own pleasure and that of others. Many of the small, highly individual guest houses favored by so many travelers are owned and operated by escapees from city life turned amateur hoteliers. Both residents and visitors find here, as nowhere else in the world, an amazing diversity within a relatively small area.

Although the islands share a perpetually caressing climate, blue water, and an abundance of beaches, in all other respects they are wildly dissimilar, thanks to a mixed heritage of colonization—Spanish, French, English, Dutch, Danish, and Swedish—that has left its mark in language, architecture, dress, food, and customs. These provide the many small but subtle distinctions that make it possible for a traveler to fall in love with and return to one island and no other, for each has an ineffable spirit of its own. A sampling of seven islands, close enough geographi-

cally to be visited in a three-weeks' trip, but different enough to seem worlds apart, will give some idea of the complex charm of the Caribbean.

St. Croix—a much-owned island

Largest of the United States' three Virgin Islands, St. Croix was originally the focus of a colonial tug-of-war and in the course of 477 years knew seven flags. Discovered by Columbus, dubbed Santa Cruz, then named for its early inhabitants, the Carib Indians, the island was subsequently claimed by the English, Dutch, Spanish, French, the Knights of the Danes, and finally, the United States, which in 1917 bought St. Thomas, and St. John from Denmark. It is the peaceable island of the past periods—the almost 200 years of Danish rule and the fifty of U.S. rule—that have given the island its engaging dual personality. Danish sugar planters and their British overseers and managers left a legacy of stately colonial architecture, such place names as Christiansted and Frederiksted, the English language, and an un-American pattern (here, unlike the rest of the U.S., cars keep to the left).

The peaceful, pastoral landscape is (Continued on page 17)



LEFT: Quadrangle of eighteenth-century fortress of Brimstone Hill recalls the warlike past of St. Kitts, an island once divided between the English and French.

RIGHT: The circus at Basseterre, the capital of St. Kitts, is a characteristic Caribbean conglomeration of modern buildings, an old custom house, and iron clock, in a setting of whispering palm trees.



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SEVEN CARIBBEAN ISLANDS *continued from page 16*

punctuated by old mills, rum factories, and plantation houses, relics of the days of sugar-cane prosperity. Many are in ruins, others have been restored or converted into guest houses, and now some of the estates are being developed for housing. One of these estates, the Mount Royal property of ex-New Yorker Mr. Wendy Hilty, whose own house you see on page 120, is an attractive colony of Mediterranean-style villas, built and sold fully decorated by Mr. Hilty. An estate house that can be seen in all its original grandeur is Whim Greathouse, about two miles east of Frederiksted. Restored and furnished by the St. Croix Landmarks Society, it is open Tuesday through Saturday from 10 A.M. to noon and 2 to 5 P.M., and on Sunday from 2 to 5 P.M. In February and March the Society sponsors tours of privately owned houses and gardens on the island, both historic and new. Dates and details can be obtained by writing the St. Croix Landmarks Society, Box 242, Christiansted, St. Croix or, on the spot, at Whim Greathouse or The Gallery, King Street, Christiansted.

Christiansted, the capital, has its fair share of eighteenth- and nineteenth-century architecture—dignified stone buildings that overlap the sidewalks with shady, arched arcades, town houses built by planters for their mistresses. Solhoj Street claims two particularly fine examples, one now owned by pianist Victor Borge, the other by Mrs. George Hall Burnett, a transplanted Bostonian (see the interior on page 128). In the wharf area, there is a particularly felicitous piece of preservation. The six old buildings designated as an Historical Site include the Fort, Government House, and the Steeple Building, once a church, now the St. Croix Museum.

The cuisine in Christiansted is even more mixed than its heritage, ranging from Danish smørrebrød, through Indonesian nasi goreng, Swiss fondue bourguignonne and Spanish gazpacho, to barbecued spareribs. But for my money, anywhere in the Caribbean it is most gastronomically rewarding to stick to the local foods and dishes: lobster, tropical fruits, ice creams made from soursop and guava, callaloo soup.

One of the conditions of sale stipulated by the Danes in 1917 was that St. Croix continue to be a free port, a farsighted bit of diplomacy that has certainly benefited the island's economy. The shops on Christiansted's Company Street, King Street, and King's Alley are bursting with everything from liquor, perfume, and watches to Thai silks and Guatemalan cocktail napkins—and bursting with shoppers, too. A must is The

Little Guard House on Company Street, a shop owned by Mr. and Mrs. Michael Svender that displays art and decorative objects from all over the world, notably a wonderful collection of santos and antique carvings and some modern sculptures in native woods. Socha (Mrs. Svender).

Like the other United States Virgin Islands, St. Croix enjoys preferential status when it comes to purchases. You are allowed to take back \$200 worth of articles and a gallon of liquor (if over 2 every thirty days, duty-free, instead of being limited to the \$100 and-1-quart quota that applies to foreign countries. As a further incentive to buy, all Virgin Island products are duty-free.

Three small and special islands—Sint Maarten, St. Barts, St. Kitts

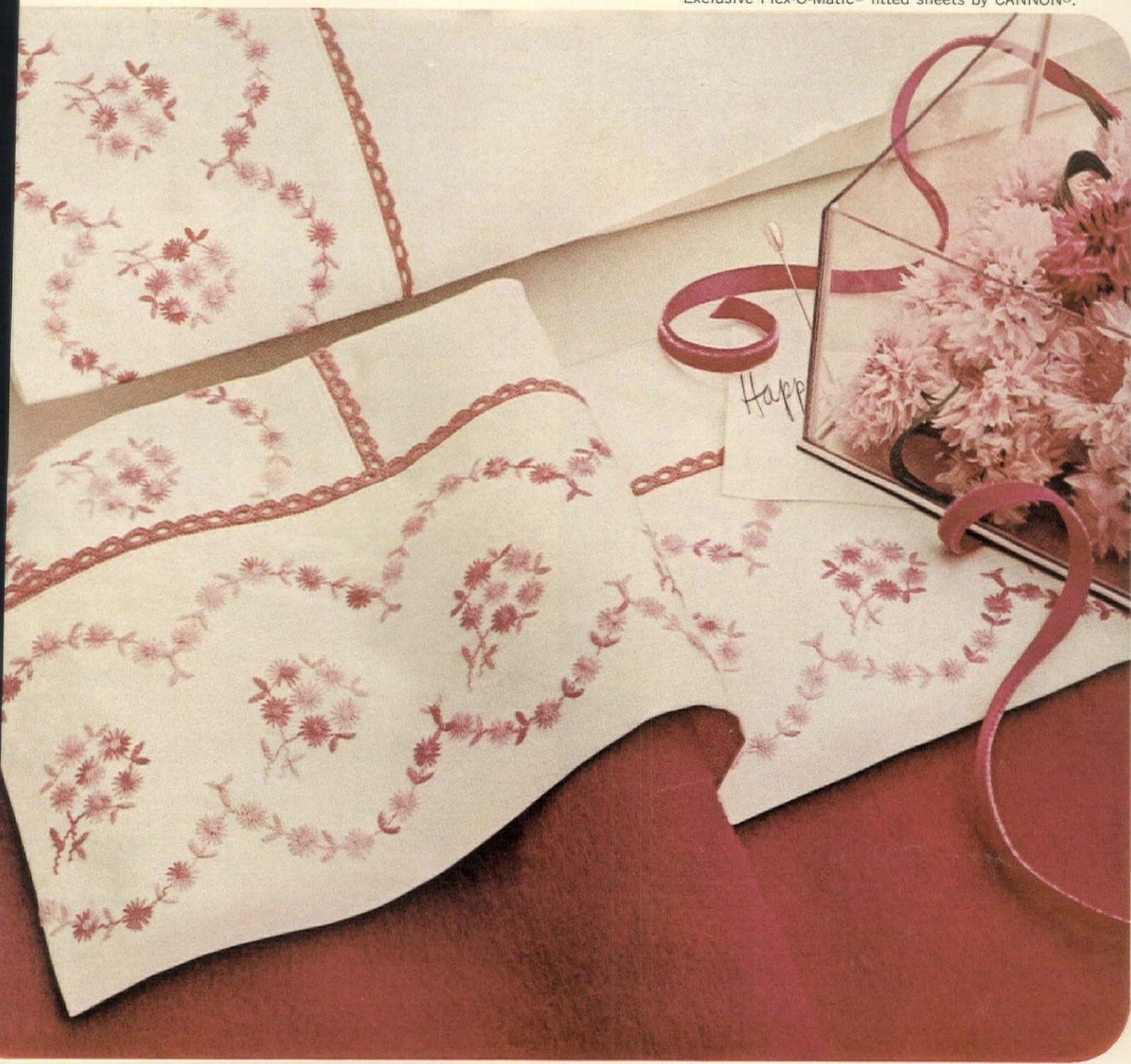
Just a hop, skip, and a plane trip from St. Thomas, St. Croix's swinging neighbor, lie three little islands each with a distinct and diverting personality of its own.

Half Dutch, half French, the island that is known as Sint Maarten (or St. Martin, according to which side you're on) is so amicably divided that the only way you can tell you have driven across the unmarked, unguarded frontier is by a slight but significant change in the surroundings. The capital of the Dutch side, Philipsburg, a city strung along a narrow isthmus, has the charm of a doll's village with its red-roofed brightly painted houses, new-pipe neat. The main street is rutted at regular intervals with channels that force the motorist, willy-nilly, to reduce speed, a stratagem that is typically, thoughtfully Dutch. Marigot, the French capital city, has no such hazards and a much more *laissez-aller* air.

One of the pleasantest places to stay on the Dutch side of the island (which despite a couple of new large hotels has yet to feel the full impact of the tourist boom) is Mary's Fancy, a small guest house, converted from sugar-plantation buildings, that squats in a small valley swathed in tropical foliage. Another is the modern Caravan-serai, an aptly named oasis perched on a coral promontory and swept by sea breezes. Both offer up a wealth of highly original ideas in decoration (see page 124).

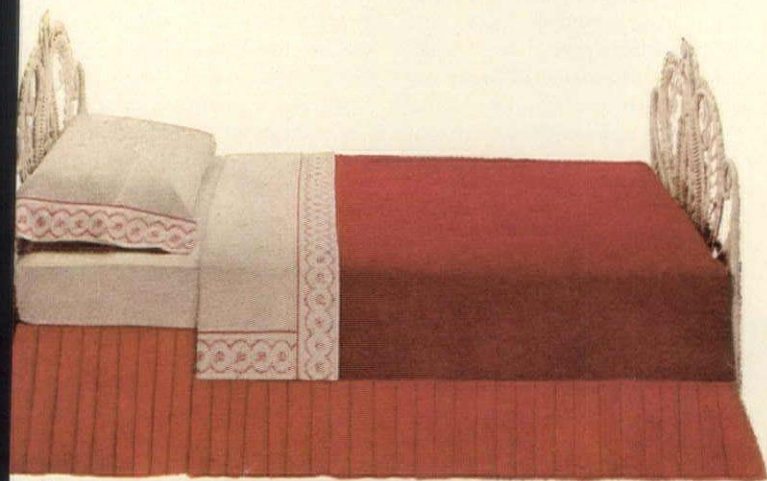
Beautiful white beaches, an away-from-it-all atmosphere, and freeport status are the main lures of the island, although I found the shopping pretty standard. The exception is the Windward Islanders, a shop on Philipsburg's Main Street, where you can find a surprisingly excellent selection of


Continued on page 20



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crafts and furniture from Mexico and Haiti, and some good-looking clothes designed by one of the owners, Kit Osborn.

From Sint Maarten, a plane or boat will land you in one of the most overlooked and intriguing of the Caribbean's paradoxical islands: tiny, pastoral French St. Barts, or more properly, St. Barthélemy. Driving through the countryside to the village of Grandfond (where you can buy broad-brimmed, high-crowned Panama hats of seventeenth-century design) is to be transported to La Vieille France, for the people speak an old-fashioned Breton dialect and the women wear the provincial dress—high, starched headresses and big-collared gowns. But in the capital, Gustavia, it is the vestiges of Swedish colonization in the years from 1784 to 1887 that catch the eye: around the harbor, the ruins of an old stone music hall; houses of brick and stone; hand-carved, hand-painted wood balustrades decorated with Swedish colors and patterns. Good buys in St. Barts, if you can find the means to transport them, are the huge pottery jars used to collect water run-off from the roofs, and furniture made by local artisans. At the Yacht Club, a small charming inn in an old house in Gustavia, I spotted this furniture effectively combined with island antiques. Out of town there are two tiny guest houses, Autour du Rocher and Eden Rock, each with a spectacular location perched high on a rock overlooking the sea and a French chef who can whip up a delicious meal at the drop of a *toque blanche*.

St. Kitts, the third island, wears its cross-colonization lightly. Only a few place names like Basseterre, the capital, and Dieppe Bay bear witness to the fact that this was once a joint English-French possession. Now English is the only language you hear in bustling Basseterre's Saturday morning market when vendors string their trays of herbs and spices, vegetables and fruits along the stone wall of the waterfront. Here for pennies you can pick up pottery brought over from the neighboring island of Nevis, and big handmade tin graters that, sprayed with paint, will make unusual and colorful candle shields.

The two inescapable sights of St. Kitts (inescapable because they dominate the landscape) are an extinct volcano, aptly named Mount Misery, and the ruins of an impressive eighteenth-century hill-top fort, Brimstone Hill, said to be the inspiration for Henri-Cristophe's Citadel in Haiti. It is a long, hot, and not very rewarding climb up the slopes of the volcano, but I highly recommend a visit to Brimstone Hill, accessible by car

and well worth seeing, especially if you combine the trip with a breezy picnic lunch on the rocks.

Like many another Caribbean island, St. Kitts owes its blissful sand beaches and fertile sugarcane-and-cotton-sprouting soil to its volcanic origins, but here an extra dividend has been added: spectacular formation of jagged black volcanic rocks that strike from the ocean floor like a nest of angry serpents. To see Bla-



Admiral's Inn in Nelson's Dockyard, Antigua, an eighteenth-century building that at one time housed the Engineer's office, is now a small hotel.

Rocks, as they are called, take the road that curves through fields of sugar cane from Basseterre to Dieppe Bay. They are just a little way offshore, on the grounds of Bellevue plantation, one of the many estates on St. Kitts and Nevis. One, it seems, minds your stroll over to take a look.

Dieppe Bay can claim the island's most inviting guest house, The Golden Lemon (see page 127), a converted plantation house in the typical, airy colonial style with louvered shutters and jalousies instead of windows, rooms opening to a sea-gazing veranda, and a central dining room with a high tray ceiling to help air circulate. The decoration is a carefree, eclectic mixture of contemporary colors and art with some fine old antiques, many discovered in island homes. And in the high-walled garden there is an eighteenth-century "plunge," a deep, sunken stone pool once intended for bathing, but now equipped for an after-sunbathing dip.

Anyone who feels as I do that too many island hotels are virtually tourist enclaves will appreciate one of the chief charms of The Golden Lemon—its location. Instead of being cut off from the little village of Dieppe Bay, the house is smack at the end of the main street. You can sit on the veranda and watch everyone going about his or her business—the men mostly sitting under trees and talking, the women shopping or shoeing hens. And when the fishermen land the morning's catch, you can stroll onto the beach to watch The Golden Lemon's cook pick out a kingfish or lobsters for lunch.

Continued on page 22

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SEVEN CARIBBEAN ISLANDS continued from page 20

Antigua—sailors' haven

BWIA flies straight as an arrow from St. Kitts to Antigua, which within the last few years has become one of the most popular islands in the Caribbean and correspondingly well equipped with hotels both large and small. The accent here is bluffly British, as befits an island that once harbored Nelson's fleet, and a must for any visitor is a visit to the restored buildings of Nelson's Dockyard, now given a new lease on life as a headquarters for harboring and outfitting the many yachts that cruise the Caribbean. One of the buildings, an old storehouse, has been turned into a very pleasant guest house, the Admiral's Inn, and another, once the powder magazine, is being converted by Commander Nicholson, who runs a yacht-chartering service, into a house for himself and his family. See a few of the details on page 124.

The Caribbean offers only a limited selection of crafts, apart from the simple, unglazed pottery the islanders make for their own use, but I did find some attractive art in Antigua's capital, St. John's. An upstairs gallery on High Street called Lafaurie shows work by local artists—oils, watercolors, pen-and-ink drawings, sculpture, and shell mobiles, including amusing and detailed drawings of old Antiguan houses. If you have a taste for games of skill and memory, buy a warri board and get someone to teach you how to play. I never did master this game, which seems to consist of swiftly moving beans from one hollow in the board to another in some arcane sequence, but it's a great local sport and you can see all the cab drivers playing it to while away time between fares.

Dominica—a sleeping island

Mountainous and verdant, carpeted with bamboo forests, canopied with tree ferns, and bathed in the spray of innumerable waterfalls, Dominica seems more like a Hawaiian than a Caribbean island, especially in the wild grandeur of the scenery—dark, deep

valleys, surging rivers, tremendous peaks, black and white sand beaches. Dominica is not for the fun-loving vacationer—for the few places to stay, the Castaways, which has an excellent West Indian cook, and the Fort Young, a modern hotel built on the ruins of an old fort, are the best bets. It is the adventurer with a yen to see

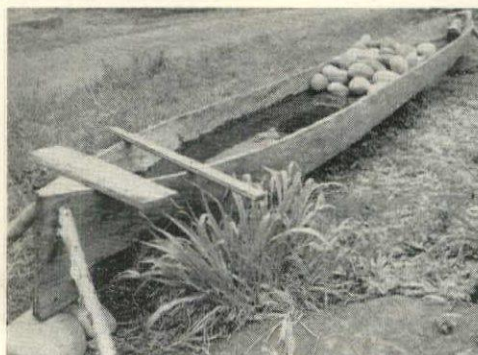


Black-and-white tiled graves in the churchyard of St. Joseph's, Dominica—one of the many visual surprises on this little-known Caribbean island.

the Caribbean as it used to be who will find Dominica rewarding.

Here, for instance, is a reservation where some of the few remaining Carib Indians weave baskets (not for sale, but willingly traded for rum or tobacco) and shape canoes with hot water and stones as they did before Columbus. One of the few Caribbean craft products with merit enough to command a worldwide sale, Dominica straw rugs are woven by sturdy-legged, strong-featured girls at the Convent Industrial School in Roseau. The roads that wind through the mountains and past the waterfalls offer glimpses of a wayside shrine carved from a tree, a tiny church apparently taken over by inquisitive goats, another with graves covered in op art designs of black and white tile. In the vestiges of a once-thriving Botanical Garden, palms grow in a ragged allée, cannonball trees flaunt their fiery puffs of blossom. Unspoiled and undiscovered, Dominica lies like a green-jeweled sleeping princess between the surging French islands of Guadeloupe and Martinique, waiting the reviving kiss of twentieth-century progress, which can be a very mixed blessing indeed.

Continued on page 26



Carib canoe that dates back to pre-Columbian days. Made from the trunk of the saman tree, it is expanded and shaped with a cargo of heavy stones and heated water.

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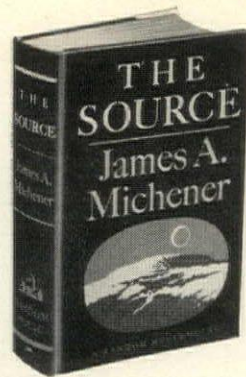
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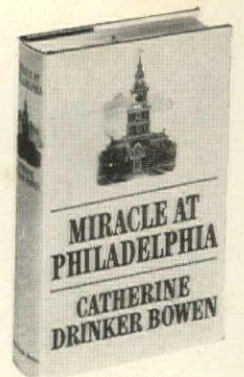
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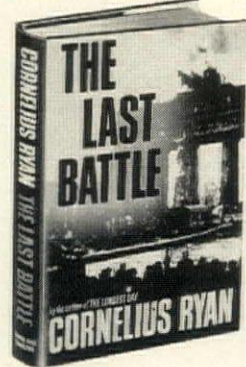
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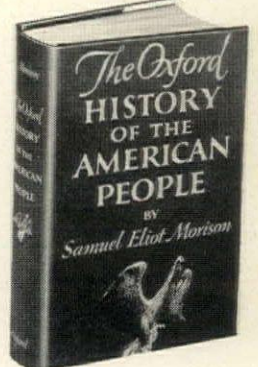
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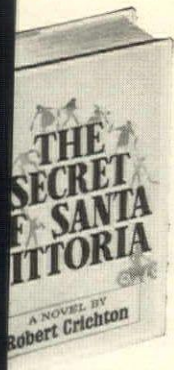
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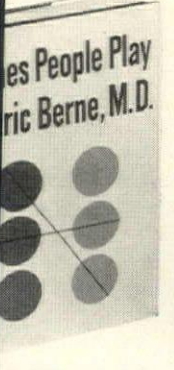
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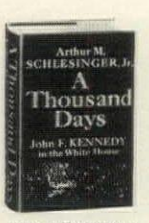
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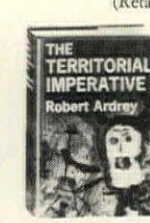
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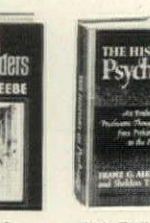
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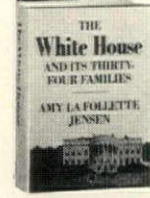


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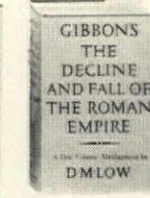
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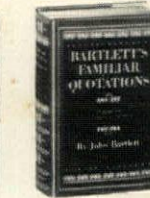
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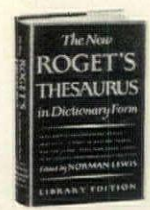
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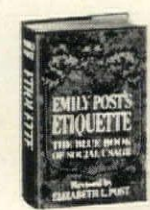
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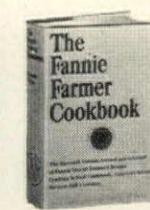
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Barbados—
Britain with a tropical bent

By common consent, newly independent Barbados, the easternmost of the Caribbean islands and about the only one that Columbus overlooked, is the most English in ambiance, for it has known no other language since it was settled in 1627. In the capital, Bridgetown, a statue of Lord Nelson dominates Trafalgar (what else?) Square and the harbor police still wear the sailor's gear of his day—straw boater, bell-bottomed trousers, white jerkin. But it is the countryside with its neatly cultivated gardens and tiny parish churches that shows most clearly the taming influence of the mother country on the tropics.

Like St. Croix, Barbados is equally favored by latter-day settlers, and has its quota of converted sugar mills and estate houses and such resort-home developments as Sandy Lane, a

West Indian foods at the King's Club (it is advisable to make a reservation). Flying fish is one of the local delicacies—filleted, marinated, and cooked Bajan style—is really superb. Not far from the Kingsley Club are the Andromeda Gardens (privately owned, but open to the public for an admission fee) where every possible tropical plant and shrub has been skillfully disposed in settings that follow the course of a meandering stream down the hillside to the sea. This area has been planted to convey a different mood—cactus and orchid gardens, a lily pond, begonia garden, groves of frangipani and cedar, and a rock garden fragrant with ginger. There is even a bearded banyan tree from which the island takes its name—Barbados (the bearded ones). It was dubbed by the Portuguese mariner who set foot here briefly in 1536.

North of the gardens Chalky Mount is one of the few surviving communities of native potters. They fashion the local chalk-white clay into simple and traditional shapes—pots, goblets, plates, jars—but unfortunately the most interesting pieces are large, fragile, hard to transport by ship. Among the better local crafts are the rush-seated unpainted peacock Bajan chairs, which sell for a couple of dollars and can be bought in Bridgetown at the Handicrafts Shop. The new Craft Center of Pelican Village, a bazaar-like cluster of African-style thatched huts on Princess Alice Highway, has local straw work, wood and leather goods, in addition to rather high-priced antiques and such Bajan delicacies as guava cheese, hot sauce, and pepper wine.

Barbados is by no means the last of the Caribbean islands—stretching south are the tiny, idyllic Grenadines, Grenada, Tobago, Trinidad, and, swinging westward to the northern coast of Venezuela, the Dutch ABC group—Aruba, Bonaire, and Curaçao. It is, though, a good departure point of the main jet routes for the traveler with a limited amount of time to spend and a desire to see, but not be satiated by, the varieties and vagaries of island life. There is always another season, another chance to return.

* * * *

For additional information on St. Croix, write to the Virgin Islands Tourist Office, 16 West 49th Street, New York, N. Y., 10020; on Barbados, to the Barbados Tourist Board, 355 Lexington Avenue, New York, N. Y., 10016; on all other islands, to the Caribbean Travel Association, 20 East 46th Street, New York, N. Y., 10017.



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Ferns, palms, tropical plants of Barbados are nurtured by sunshine and rain that stream through open roof of slat house, the typical conservatory found in the islands.

charming colony of houses with walls of native coral rock and roofs of wallaba shingles. Of the eighteenth- and nineteenth-century houses on the island, one on the south coast, now a hotel, is noted both for its superb plasterwork ceilings and dubious history. Sam Lord's Castle, as it is called, was the home of a notorious rogue whose specialty was luring ships to destruction on the rocks and "liberating" the cargoes. It has to be admitted, though, that seldom were ill-gotten gains so well spent, for the ceilings, executed by craftsmen brought from England and Italy, are unique in the islands, and the antiques with which the house is now furnished do them full justice.

From this monument to racialism, the coastal road winds north to Bathsheba. A stop here is mandatory—for a full-course meal of



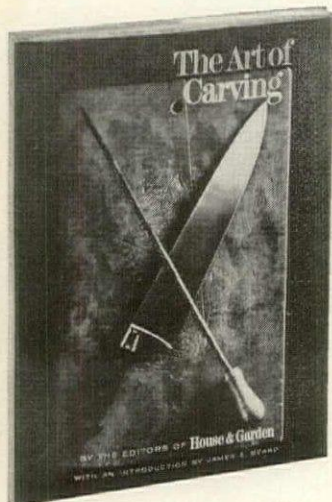
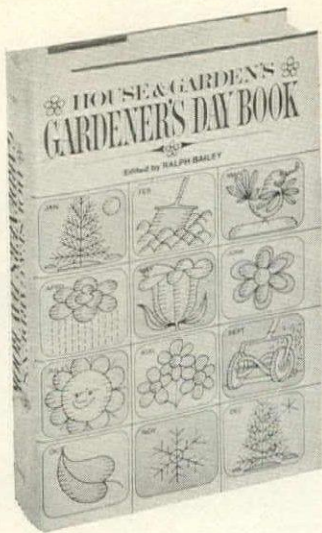
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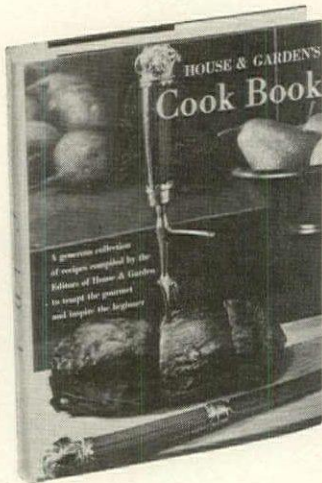


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Notes for January gardeners

Like the month's two-faced patron saint, you look forward to both the year's end and beginning



First weekend

Conversation plants. Gardening is a gabby game, and gardeners set as much store by conversational gambits as does any other readily classifiable group. But since there is a limit to the amount of personal bragging that the practitioner can do and still retain a modest mien, the plants themselves are required to keep the conversation flowing. This some of them can do admirably. One of the best to point to with pride—or view with alarm, depending on the circumstances—is the *Bowiea volubilis* (once more dramatically known as shizobasopsis), the climbing onion. No onion, it produces a globular rootstock almost as big as a grapefruit, from which long, almost leafless green tendrils twine upward in tangled profusion. (This singularly spectacular plant was illustrated and described by James Fanning in H&G, October, 1960.) In temperate climates it is a tender plant, suitable for indoor culture only.

Similarly the beaucarnea produces a fleshy (the name means beautiful flesh) globular rootstock, this time as big as a basketball. From the top of this globe rises a tapering palmlike stem, and from the top of the stem erupts a fountain of narrow (3/4-inch) arching leaves. How "beautiful" this plant is may be debatable, but it is a fine conversation piece. In a warm living room or a greenhouse it may spout 6 feet tall. In the warmest parts of the U. S. it may reach 20 feet or more in outdoor plantings—where much of its special charm is lost.

The old man cactus (*Cereus senilis*) is a favorite windowsill succulent—a venerable beatnik, but winsome. *Saxifraga sarmentosa* is an amusing house plant and also a pretty rock plant, as are so many

of the saxifrages. You may know of it by the name of s berry begonia—a double-bar misnomer. Mother-of-thousand more apt. Outdoors, we list one—a truly handsome variety—the familiar flowering dogwo *Cornus florida welchii*, which leaves that contain margins flashings of white and red as as the basic green.

If talk is to be a concom of good gardening, it might as be good talk.

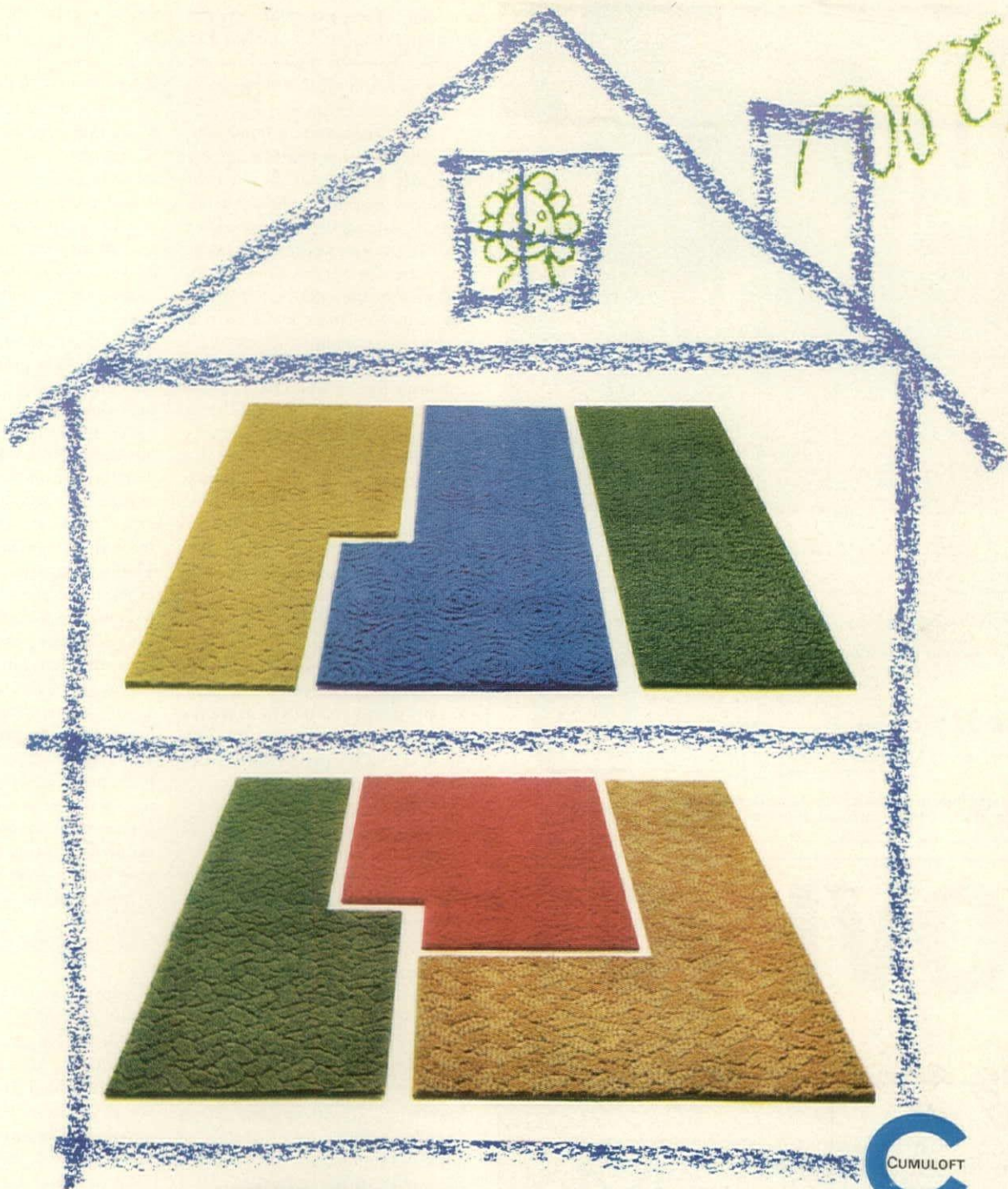


Second weekend

Antidesiccant. A great deal to-do is made about the necessity for painting the wounds left by removal of branches from trees and shrubs. The rule of thumb seems to have gained credence largely because it has been repeated for so many years, calls the application of some form of tree-wound paint to any cut more than a half-inch in diameter. Supposedly such paint, packed with sanitary ingredients, prevents infection, promotes healing, reduces sap ooze to safe minima. Well, the paint were to stay in place any great length of time (which won't), it would seal in any infections rather than exclude them. Healing is fostered by unimpeded development of cambium at the edges of the wound. And sap ooze as a result pruning seldom fazes the plant.

But there is this to be said: you are pruning in winter (as you should to repair damage after storm breakage, for example), and if the wound is greater than inches, on trees, and half-an-inch on most shrubs, tree wound preparations may help to prevent drying out of heartwood, which

Continued on page 1



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Certain types of possessions require protection beyond that offered in the basic policy. For example, coverage against loss or damage is limited to only \$500 on securities, tickets, and stamp collections. Fine paintings, musical instruments, jewelry, furs, and other precious objects should be protected by personal property "floaters" which insure to full value, or by having an endorsement added to the homeowner's policy describing the items and their individual values.

Personal liability

It requires no imagination at all to sense the importance of protecting your family against possible claims by persons who may hold you responsible for injuries sustained on your property. Insurance company files contain an overabundance of unlikely but too-true stories of personal injury claims. As, for example, the case of the Mississippi postman who entered a claim against a homeowner after he had been stung while depositing letters in the mailbox. He had aroused a swarm of bees that considered the box their territorial imperative. The owner's own aversion to the bees made him no less responsible for their unfriendly behavior.

Or the case of the neighborhood nemesis, a youngster who wandered uninvited into a backyard. Attracted by a hammock, he

attempted the impossible by swinging in it, was flipped out of head, and sustained a concussion. His parents sued the property owner, who learned to his dismay a hammock in legal parlance can be characterized as an "attractive nuisance."

Another kind of lawsuit can be subjected to is for coverage can be damaged accidentally by you or someone in your family to another person's property. Personal liability coverage, and the cost of it, is almost essential in today's accident-prone and litigious-minded society. This insurance provides for your legal defense if a lawsuit is brought against a member of your family (or your pet) involving bodily injury to others or damage to their property; and it indemnifies through the payment of damages. The basic amount of personal liability coverage in homeowner policies is \$25,000. Consider the enormous personal injury settlements that have been won in recent years, most insurance counselors recommend that you increase this amount substantially. The additional cost of coverage to as much as \$100,000 for bodily injury to one person and \$300,000 for more than one person in an accident is comparatively inexpensive—and a great bargain in terms of your sense of security.

Medical payments

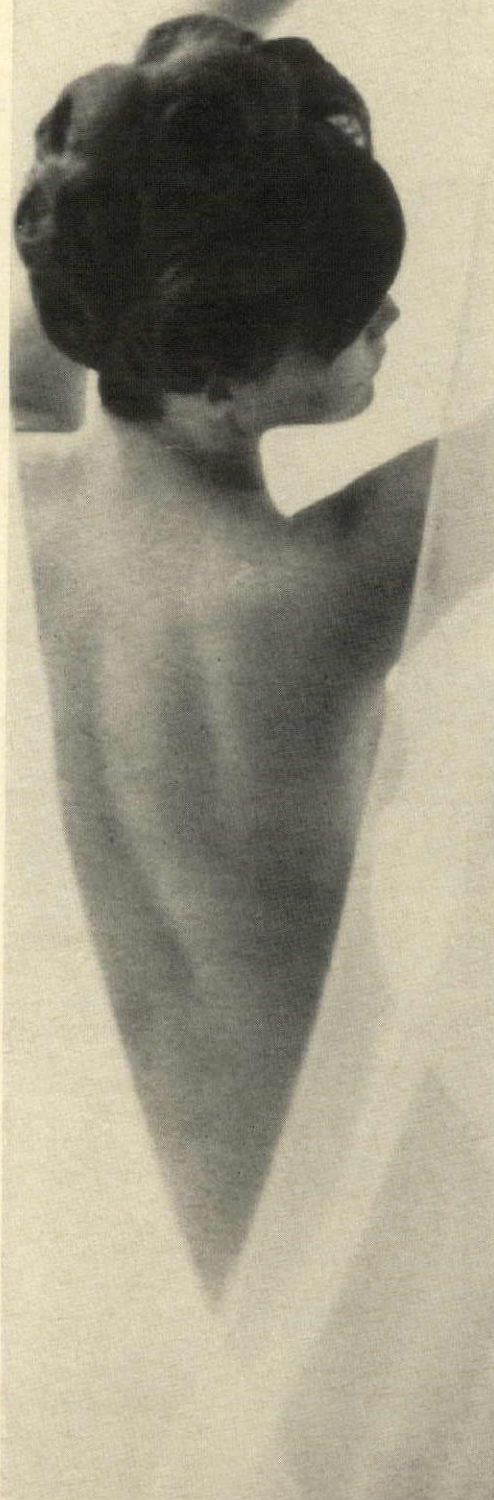
While personal liability is your best protection against large claims for major injury or property damage, homeowner's policies offer the added comfort of insuring the payment of a friend's medical expenses if he slips on a throw rug and breaks a leg in your household. Like personal liability insurance, the coverage applies not only to injuries that may happen on your property, but to those occurring elsewhere if they were caused by you, a member of your family, or your dog, Bozo. And what makes this provision even more attractive is the insurance company's obligation to foot the bill (up to \$50,000 but this, too, can be increased) regardless of who is at fault. Thus, without the need to establish liability, medical expenses are specifically paid.

Physical damage to the property of others

A remarkable cornucopia of insurance, the homeowner's policy also covers the cost of the neighbor's window your son may break while playing baseball. In fact, if a member of your family accidentally

Continued on page 15

What Relax-A-cizor does... for your HIPS



What can Relax-A-cizor do for YOU? Well, take a look at your figure. If you're a little on the "hippy" side, if your waistline, tummy and thighs need the control of a tight girdle to stay in line — then Relax-A-cizor's for you. Why? *Because Relax-A-cizor reduces the size of these figure areas.*

(Does it while you REST ... at home! No effort!)

How does it work? Your hips, waist, abdomen and thighs are "held-in" by muscles that form a sort of "natural girdle". As we



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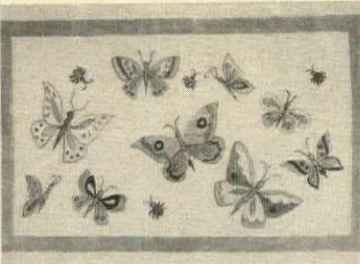
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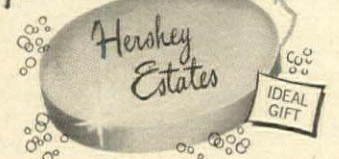
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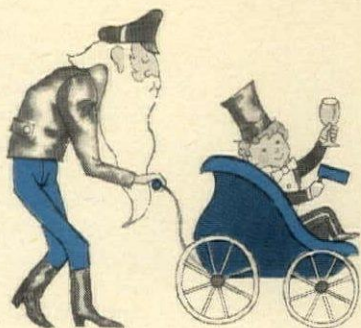
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We've found that brandy seems to taste just that extra bit better when served in snifters. Every collection needs several of these pewter beauties imported from Holland. They're mailed in a gift box; hold 6 1/2 oz. \$16.50 for two. Pewter catalogue showing more than 150 pieces. 35c. Hildegard's, Dept. HG1, 597 Farmington Ave., Hartford, Conn. 06105.



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Butterfly by night

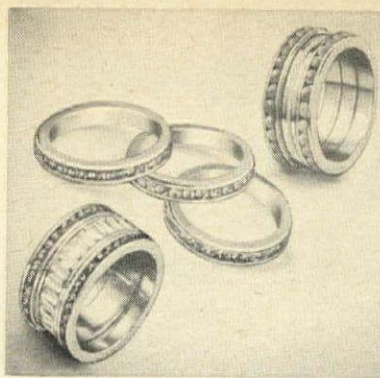
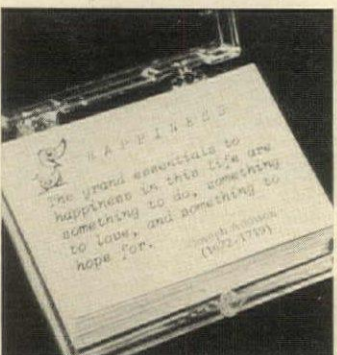
A lovely light, pattern of glorious butterflies—natural bamboo lantern, whose focal point's a captivating butterfly embedded in fibreglass. The graceful lamp in your child's room, on one of the side tables—any place where sweet low light's indicated. 6 3/4" high. \$6.25 ppd. American Trader, Dept. 518, Norwich, Vt. 0555.

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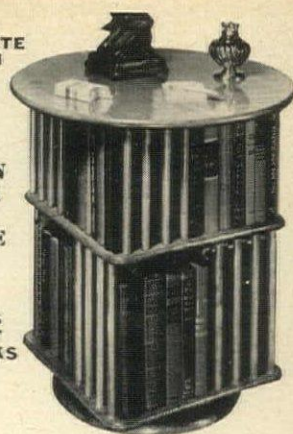
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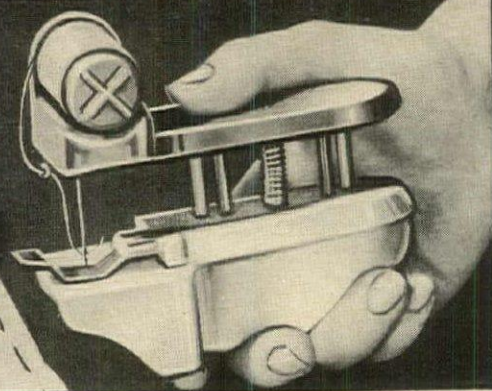
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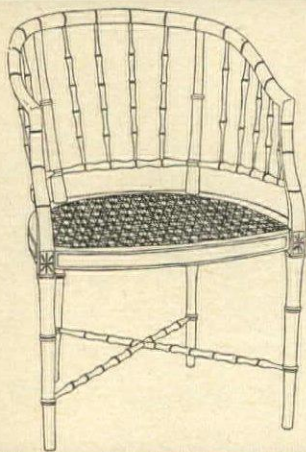
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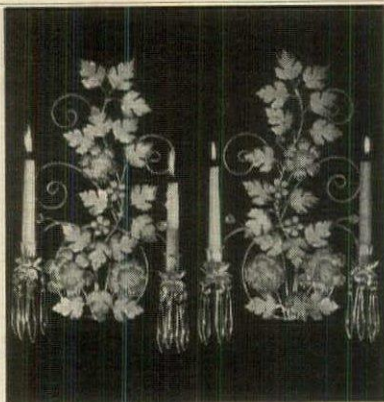
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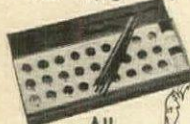
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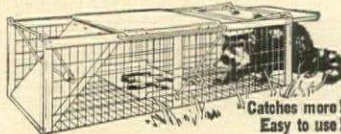
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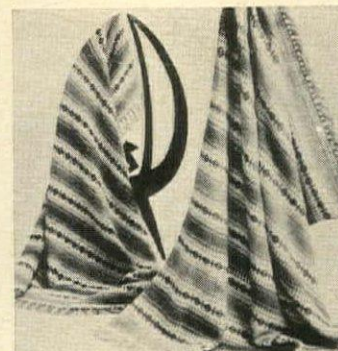
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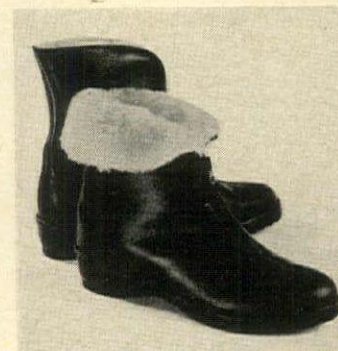
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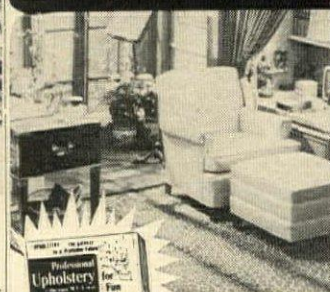
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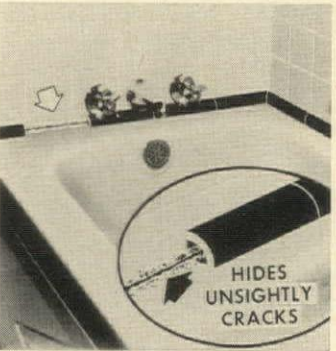
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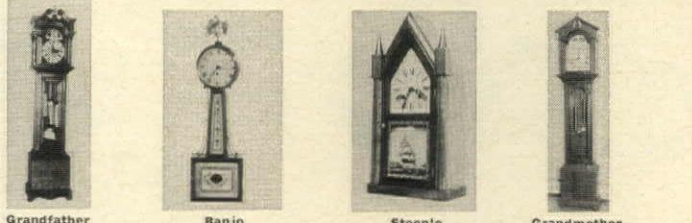


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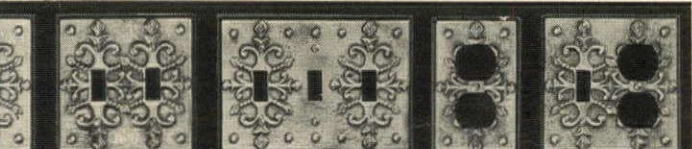


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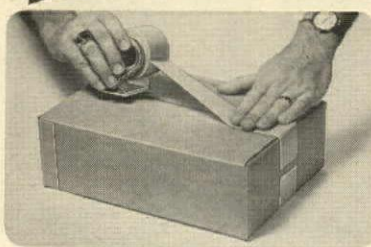


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wonderful things from Walter Drake



SELF-STICK TAPE
 Pressure sensitive—needs no moisten- ing. No more licking tape. Extra wide, heavy duty package type. No twine needed. Self dispenser. Tear off and stick on. For mailing, storing, mending, shipping. 500" roll 2" wide. **\$1003 \$1.00**



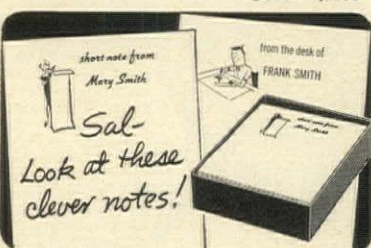
REST—WARM YOUR FEET
 Keep feet and ankles comfy on cold days with this electric warmer stool. Built-in temperature control provides soothing heat for tired, cold feet. Beautiful tapestry covering. 110 volts, AC-DC. 15" x 11" x 9". **F7016 \$9.98**



END Tax-Time TROUBLES
 Handy income tax ledger file. 12 big pock- ets hold receipts. Deductible items, salary, other data are entered monthly. Everything you need for your tax return in ONE time- saving file! Heavy cover. 7 1/2" x 11". **\$1004 \$1.69**



BILL PAYING ENVELOPES
 75 white 6 1/2" personalized envelopes just for bill paying, ordering, etc. No need to break up stationery sets. Your name, address, and ZIP code left hand corner. Pls. print. 48 hour service. **P3003 \$1.00**



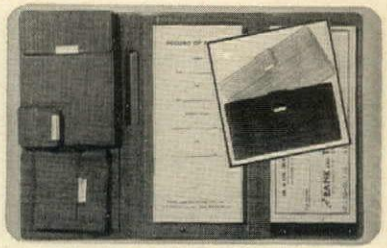
Personalized DESK MEMO
 Ladies' or men's style—whimsical corner cartoon. Ladies' memo says "A short note from", printed name. Men's—"From the desk of", plus name. 200 sheets 4 1/4" x 4 1/4"—in desk tray. **P7018 Ladies' \$1.00, P7019 Men's \$1.00**



BUNKY BEAR CUT OUTS
 Perfect playroom or nursery decoration— 3 ft. trees, 20" Bunky Bear, cute animals, cover up to 100 sq. ft. Heavy stock. Cut and apply like wallpaper. 25 full color pieces plus decorating instructions. **T5006 \$3.98**



500 ADDRESS LABELS 50¢
 Great for envelopes, stationery, checks. Crisp black ink, rich gold stripe on the side. 2" long, padded. 3 or 4 lines, up to 25 letters and spaces per line. America's big- gest label bargain. **\$714 50¢**



2 IN 1 CHECKBOOK WALLET
 Now, checks and wallet are combined in one stylish, slim, textured vinyl duo for the ladies. Holds checkbook, side or top per- forated, pen (included), credit card hold- ers, coin purse, 2 bill pockets. 7" x 3 1/2". **\$1008 Blue, \$1009 Beige \$2.98**



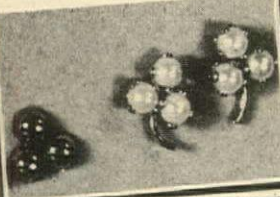
ZIPS OVER ELECTRIC BLANKET
 Keep electric blankets clean! No more washing. Handy cover keeps out dirt— adds years of life. Unzip and wash cover! Cotton plisse, non-wrinkle. One size fits full or twin. 72" x 86". **H2057 White, H2058 Pink, H2059 Yellow. \$7.98**

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Pierced Earrings
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All Types - All Styles
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 Dept. HG-1 BOX 3046 SARASOTA, FLORIDA

NEW
PIERCED EARRING
CATALOG

2000 PAIR IN FULL COLOR
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 . . . This New 2000 pr. Catalog devoted exclusively to Pierced Earrings, contains the largest collection of 14kt white and yellow gold earrings ever assembled. American and World Imports. AT DIRECT TO YOU PRICES. . . . A savings of 40 to 60 percent. Send Only \$1.00 - Refunded On First Order.



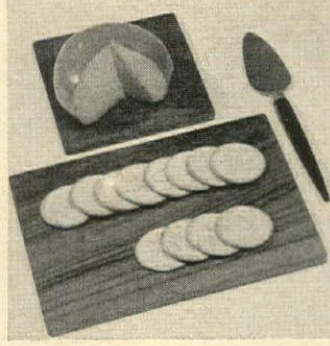
A covey to covet

Quails to cluster in the kitchen nook, on the dining table helpfully guard salt, pepper and silver-plated birds each have their own duties. Sugar holder, 3 1/2" x 2 1/2" h., \$3.95. Salt and pepper shakers, each 2 3/4" by 2" h., \$4.95. Plus post. Camalier & Buckley, 1141 Connecticut Ave., Washington, D. C. 20036.



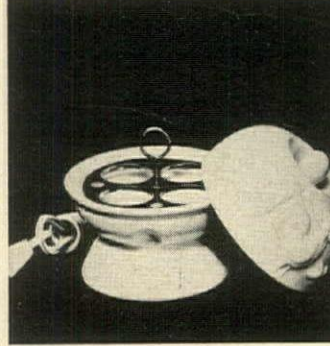
Eyes right

If your arm's not long enough to read your HOUSE & GARDEN comfortably, these magnifying glasses with chic-looking frames and polished ground lenses correct that vision deficiency. For those over 40 who need magnifying lenses. Please state age. \$3.98 plus 25c post. Case included. Nelson-HNG-17D, 811 Wyandotte, Kansas City, Mo. 64105.



Cheese it!

Plunk a piquant cheddar, a low Edam on the 5" Danish square, slice with the teak-dyed cheese knife and serve on the 8 1/4" by 5 3/4" board. Use handsome plank for sandwich board. Square, \$1.95; rectangle, \$2.99. Ppd. Both with knives. Imported catalogue, 25c. Scandicrafts, 185 Ashford, Dobbs Ferry, N. Y. 10522.



Cheerful chef

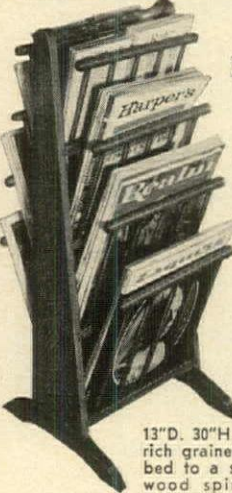
Be a happy egg maker. Mess as you enter a new wonderful world of egg cookery with the magic egg chef. Cooks 4 large eggs your table to your liking. Easily cleaned glazed ceramic, shuts when eggs are ready. For home travel, you need at least one. For electric cord. \$2.98 plus 45c post. Lang's, HG1, 28 Magee Avenue, Stamford, Conn. 06902.

Country Kitchen Towel Rack



OLD-TIME AIR, MODERN KNOW-HOW!
 Replica of country-store wrapping-paper dispenser cradles standard or jumbo rolls—neatly shears them off with sharp cutting edge—no rips, tears, waste! Serves kitchen counter, table-top—totes to any room for wipe-up jobs! Walnut finish wood; wrought-iron black accents. 88963 Country Kitchen™ Rack. \$4.98

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FINISHED OR IN KIT
Magazine Tree

Just developed in our workshop—a compact, easy-to-carry Magazine Tree! Holds over 75 magazines, catalogs, newspapers, journals—all shapes and sizes. Pick them out, wrinkle-free, quickly, easily. It's a brand-new idea for home, office, or reception room—ideal where space is a problem. 12"W. 13"D. 30"H. Finely crafted of rich grained pine, hand rubbed to a satin sheen. Hardwood spindles and carry handle. Honey pine or maple finish. \$16.50 Exp. Chgs. Col.

COMPLETE EASY-DO KIT. Prefitted, drilled, sanded, ready to finish. Simple instructions. \$9.95 Postpaid. Add 80¢ West of Miss.

LARGE NEW FREE CATALOG—700 PIECES— Finished and Kit Furniture in Friendly Pine.

Include Zip No. Not Sold in Stores. Money-Back Guarantee.
Yield House
 Dept. G1-7
 North Conway, N.H. 03860



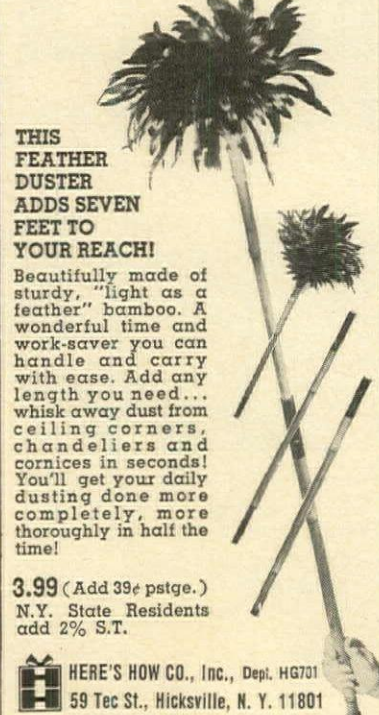
Imported Cherub Wall Planter
 Perfect Reproduction Of An Italian Renaissance Masterpiece

This imported cherub wall planter will bring many an admiring glance as it adorns your living room, dining room, bedroom, powder room, patio, hallway or terrace wall. The eye-catching cherub base supports the planter. Ideal as a fruit holder or for glossy greens. Of imported white ceramic. 10 1/4" high, 7" wide.

\$4.50 ppd.

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 Dept. HG167, Merchandise Mart
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THIS FEATHER DUSTER ADDS SEVEN FEET TO YOUR REACH!

Beautifully made of sturdy, "light as a feather" bamboo. A wonderful time and work-saver you can handle and carry with ease. Add any length you need... whisk away dust from ceiling corners, chandeliers and cornices in seconds! You'll get your daily dusting done more completely, more thoroughly in half the time!

3.99 (Add 39¢ pstge.)
 N.Y. State Residents add 2% S.T.

HERE'S HOW CO., Inc., Dept. HG701
 59 Tec St., Hicksville, N. Y. 11801

Give your child a head start in arithmetic



Musical Multiplication Records

Get these new *Musical Multiplication Records*—and see his marks in arithmetic go up, *quickly!* All the Multiplication Tables from 2's through 12's have been set to music on 5 records. Each table has its own catchy tune and musical quiz. Children love to play them. Used in thousands of schools. Parents and teachers report wonderful results. Write for free folder to:
Bremner Records, Dept. D-9, Wilmette, Ill.



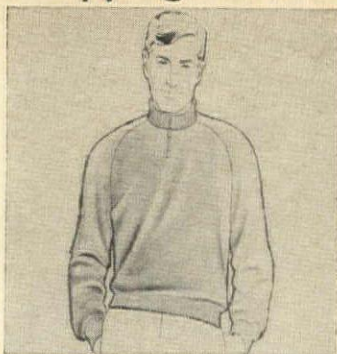
Chaperone Says, Keep A FEW PUFFS KEEP PET WHERE THEY BELONG

Banish telltale hairs, doggy odors, pets soiling upholstery and rugs. Keep from clawing furniture, puppy from slippers, etc. Humane, invisible, long-lasting Pet-proofs what you spray. (U.S.D.A. registered) **Indoor Chaperone** trains pets the easy way. It's so repelling dogs and cats avoid what you spray; people seldom notice its faint fragrance. **Outdoor Chaperone**, extra potent, keeps dogs, cats, other animals. Prevents burned greens, spilled garbage cans. U.S. Dept. of Agriculture. **EITHER INDOOR or OUTDOOR**, postpaid. In Aerosol Cans (Giant Triple Size \$1.65). **SPECIAL—2 Giant Triple Size Cans for \$1.99** (1 of each or 2 of a kind—please specify). **Order Today!** Send \$1 bills at our request. **Money-Back Guarantee.** We mail postpaid. **CHAPERONE, Box 1158, Sudbury, Mass.**

Shopping Around

Large-size velour

cotton velour knit pullover designed to fit active tall and large men. Choose skipper blue, navy, evergreen or tan. Zip to turtle neck warmth or open casually. Sleeves: 34 to 36 inches. Sizes: M, L, XL, XXL. \$14.95. Free 72-page color catalogue. Size, Inc., 2920 Forest St., Boston, Mass. 02402.



Share it

There's a set for savoring—a delectable blend of white rice, dates, herbs, spices, hot peppers. A particularly flavorsome one; great for any meat, fish or poultry. Comes with a relish of pickled onion rings. Each in a 4-ounce container; both, \$6.95 ppd. Reich's Country Kitchen, Lower Marlboro, Md. 20836.



Empress

Empress is the name of this elegant bench, so let it give a royal welcome in your entrance hall, at the foot of the guest room bed. Many finishes, fruitwood or antique mahogany. Fabric samples available. 40" by 16" by 20" h. \$52.50. Exp. charges coll. Catalogue, 50c. Hunt Galleries, HGI, 1492, Hickory, N. C. 28601.

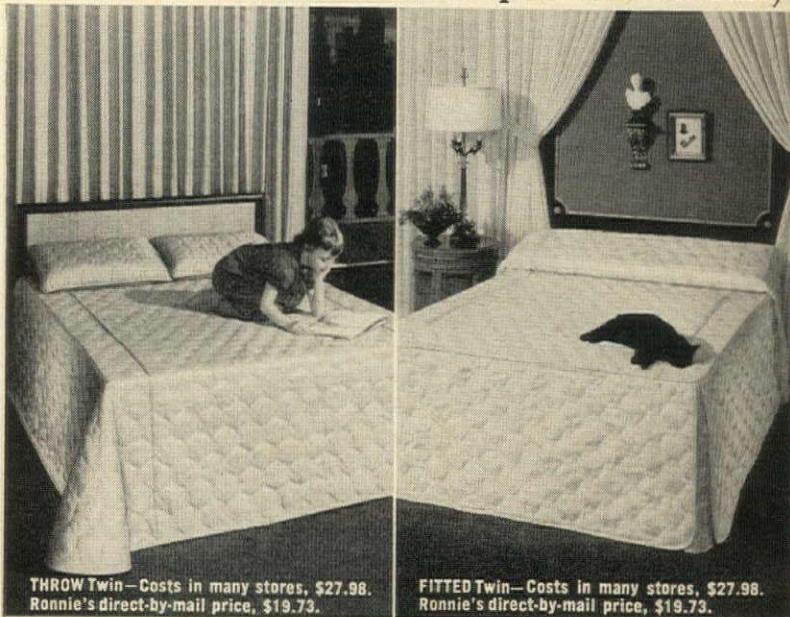


Which is which?

Which is the queen of the kitchen, a decorative white switch plate with a pineapple, cook book and pineapple in gold and black. Personalized with your first name. For the bath, a decorative white one with black and gold design and any single word. Either single switch plate, \$5.50 postpaid. Wales, HG17, Westdale, N. Y. 10530.



Ordinarily, buying direct by mail from Ronnie, you'd save up to 40% on Fiberglas* Bedspreads and Draperies. But these are not ordinary times. (Our workrooms are in a pre-season lull).

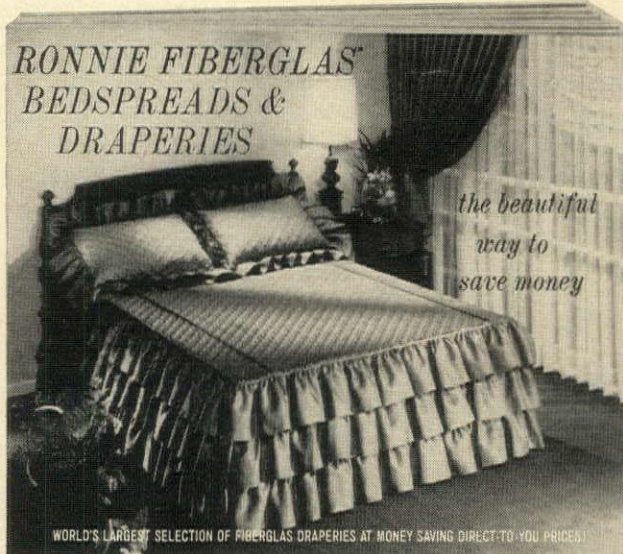


THROW Twin—Costs in many stores, \$27.98. Ronnie's direct-by-mail price, \$19.73.

FITTED Twin—Costs in many stores, \$27.98. Ronnie's direct-by-mail price, \$19.73.

So now you can save 15% more. But only until February 28, 1967.

RONNIE FIBERGLAS* BEDSPREADS & DRAPERIES



the beautiful way to save money

WORLD'S LARGEST SELECTION OF FIBERGLAS DRAPERIES AT MONEY SAVING DIRECT-TO-YOU PRICES!

Send for FREE Bedspread & Drapery Catalog. Hurry, before Feb. 28th.

RONNIE FIBERGLAS CENTER, DEPT. 4K-11, 145 Broad Ave., Fairview (Bergen County), N. J. 07022

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145 Broad Ave., Fairview, N. J. 07022

Please rush me, absolutely free, the Ronnie Fiberglas Bedspread-Drapery Catalog that offers me a special additional 15% discount during your pre-season lull, if I order before February 28, 1967.

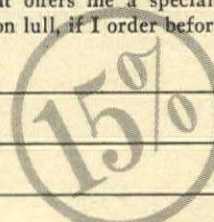
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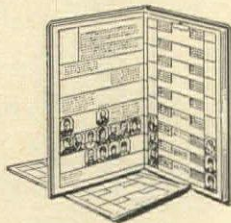


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Enjoy the comfort and satisfaction from these two casual styles that have won the hearts of millions of women—the shoes that made Portsmouth famous. Each style available in five colors: BLACK, BLUE, RED, BEIGE and WHITE soft crushed kid.



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Styles available in these full and half sizes: Slender width for AAAA & AAA 6 to 12; Narrow for AA & A 5 1/2 to 12; Medium width for B & C 5 to 12; Wide for D & E 5 to 12. Buy for only \$10.95, plus 55 cents for postage. No extra for large sizes. Money order or check (sorry no COD). Write for style, size and color desired, to: PORTSMOUTH SHOE CO. Mail Order Division, Portsmouth, Ohio 45662

Coffee D.O.M mugs for the home...



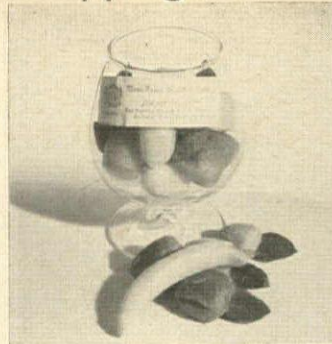
Discover the newest thing in coffee by adding 1 1/2 ozs. of Benedictine D.O.M, La Grande Liqueur Francaise, to a cup of strong hot coffee, topped off with whipped cream.



For a set of four unique Coffee D.O.M ceramic mugs send \$5.00 to: Dept. G, Benedictine, Box 341, Old Chelsea Station, New York, N.Y. 10011.

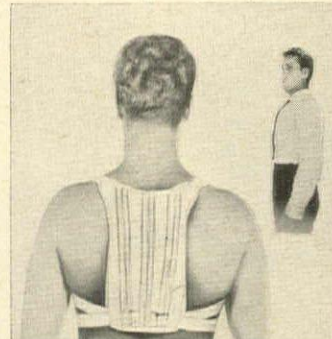


Shopping Around



Sudsy fruit

Luscious looking miniature pears, bananas, peaches and oranges are fragrant cakes of soap. They are packed in a beautiful box. They are perfect for sniffer as a party favor or hostess gift. \$2.25 ea., 5 for \$11. Ppd. C-2. The Carolina Soap & Candle Makers, HG1, Southern Pines, N. C. 28387.



For square shoulders

Posture correction doesn't have to be an uncomfortable ordeal. The Pi Peer shoulder brace is comfortable, adjustable and enjoyable. It is made of a lightweight fabric not detected under clothing. Men, measure chest; women, measure bust. \$4.95. Ppd. Piper Products, HNG-17H, 811 Wyandotte, Kansas City, Mo. 64105.



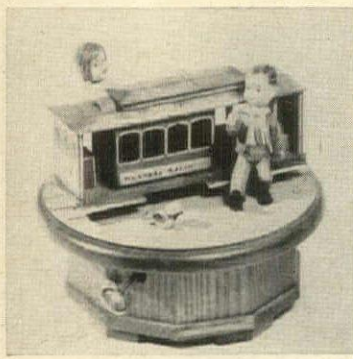
First rate mate

Handy and helpful: a desk organizer that minimizes that jumping from the desk just when you are settled, to get a stapler, a rubber band. These items plus pen, scissor, tape, letter opener, ruler, pencil and more in a heavy black plastic case with green or gold plush lining. 10 1/2" by 6 1/2". \$7.50. 75c ppd. Clymer's of Bucks County, H-1, Pt. Pleasant, Pa. 18950.



Oriental charm

So graceful of line, you'll want at least a pair of these mandarin ginger jars to display. Or use them as canisters. Birds of Paradise and floral design are in predominant colors of coral, jade green and burnt orange. White porcelain split black wood stand. 8" high \$4.95; 10" high \$10.95. Ppd. Ziegler & Co., HG1, Box 3072, Merchandise Mart Plaza, Chicago, Ill. 60654.



I LEFT MY HEART IN SAN FRANCISCO

This charming cable car Music Box revolves as the music plays. Hand-carved, hand-painted by Anri, with fine Swiss movement. 7 1/2" x 6" high \$28.95, 95c postage. Satisfaction Guaranteed. Catalog showing many other music boxes 35c.

Hildegard Studios HG

597 Farmington Avenue, Hartford, Conn. 06105

"TIME IS MORE PRECIOUS SINCE I HAVE YOU TO LOVE." PRECIOUS MOMENTS, exclusively designed charm of unique beauty and sentiment. Inscribed in French with the proverb translated above. A raised heart at its center and the hands of time stopped forever at a quarter to midnight. A lasting expression of your love for someone special. In Sterling \$6. In 14K \$4. In 14K \$3. In 14K \$18. SMART BRACELET; Sterling \$5; 14K \$18. Engraving on back 10¢ a letter.

LOVERS RING

"I love you more than yesterday—but less than tomorrow." What a charming sentiment inscribed in a French colloquialism, completely encircling the ring. Excellent for both men & women to wear as marriage & friendship rings. In Sterling \$8 ea. 14K Gold \$40 ea. Send ring sizes.

The Jamaica Silversmith
50 Delancey St., G1, N. Y. 10002

Improved Model ...

YOU CAN GIVE YOUR LETTERS THE PERSONAL TOUCH

HAND EMBOSSER For Personalized Stationery

Emboss your own personal stationery for a lifetime by just pressing a handle. Makes expensive looking raised letter impressions of any 3 line name & address on PAPER & ENVELOPES. Requires no inks, accessories, service or maintenance. Ideal for adults, teenagers, home or office, clubs, etc. Print clearly 3 lines desired. No more than 24 letters or numbers per line. For 4 lines add \$1.00. NEW MODEL.

EACH EXTRA PLATE \$6.25 plus 25c Postage

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New, big and colorful! 124 pages filled with Quaint American Furniture and all the new things that go with it—so many exclusive with Forslund—many made in our own Grand Rapids manufactory. Your one dollar is refundable on your first \$10.00 order.

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Dept. HG, 122 E. Fulton St.
Grand Rapids, Michigan

GENUINE OIL PORTRAIT

From your own snapshot...

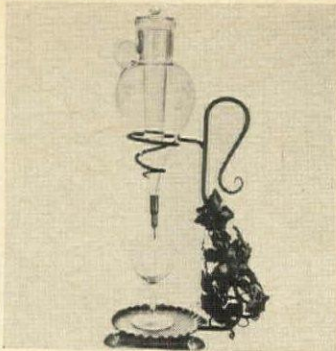
Magnificently Handpainted in Full Color by Professional Old World Artists at a New Low Price! Now you can enshrine a loved one's presence eternally in everlasting oils—as a priceless remembrance for yourself or as a gift to be treasured for years—at an unbelievably low price. Today, thanks to Buckingham's perfection of portrait painting, you can have a handpainted oil portrait, completely transparent, in any color, information on sizes, frames, prices, plus decorator tips. "How to Display Portraits in Your Home." (ENCL. 10¢ PSTG. & HNDL.)

Buckingham Galleries (div. National Systems Corp.)
University Plaza, Dept. 1531, Campus Drive, Newport, Calif. 92660

Shopping Around

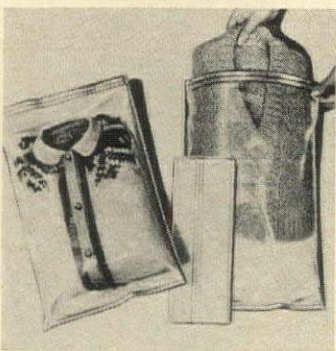
Stay cool

Stay cool right up to the moment of pouring. The tube in the center of the hand-blown crystal chalice is the secret: it holds those melting chunks of ice without disturbing the flavor of the wine. Cool-chalice rests on handmade stand of black wrought iron; imported from Austria. \$32.50 ppd. Jenifer House, Dept. HG17, Great Barton, Mass. 01230.



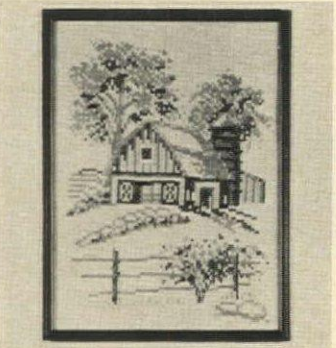
Back of the packs

Use these packs for all your knits, sweaters and sweater jackets. Seal-tight, see-through envelopes of heavy-duty plastic hold up to 18" by 18", protect things from moisture and humidity; bonus is the heavy-duty zipper fastener. 89c each. Pack of three; two packs, \$1.59. Sunset House, 81 Sunset Blvd., Beverly Hills, Cal. 90213.



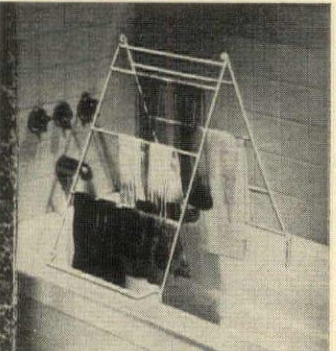
Embroidered stitches

Embroidery is no laughing matter. Make the drear out and put cheer in your home. This sampler brings smiles. Kit includes picturesque farm scene on oyster Belgian linen, colored threads, instructions, 11 1/2" by 14" mahogany frame. \$2.95. Matching edge sampler has old-fashioned pattern too. \$2.95. Add 35c post. Victoria Gifts, HG1, 12H Water St., Bryn Mawr, Pa. 19010.



Hang it all

Which cliff dweller won't be very impressed with our indoor drip rack? Made of steel coated with white vinyl, convenient contraption straddles the bathtub; contributes 10 1/2 feet of space for drying lingerie and the like. Lightweight, won't rust or snag, folds flat to store. \$3.98 ppd. Breck's, 69 Breck Building, Boston, Mass. 02110.



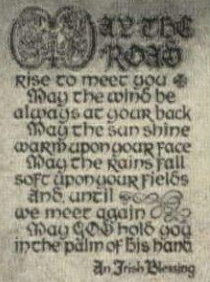
Irish Blessing Plaque

Sure 'n' you needn't be from the old sod to have the luck of the Irish—just hang this beautiful plaque in your home! Hand-screened original is gold and green on natural oil-rubbed mahogany and begins "May the road rise to meet you and the wind be at your back." 5 3/4 x 7 3/4". Order 8183-6, Irish Blessing, \$1.50 ppd.

Write For New Free Gift Catalog!

Miles Kimball

195 Bond St., Oshkosh, Wis. 54901



Now You Can Be TALLER Instantly!

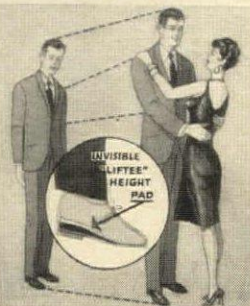
At least 2 full inches with amazing new invisible "LIFTEE" HEIGHT INCREASE PADS

Are you handicapped in your social contacts because of a short appearance... of being called "shorty"? Now, at last, you need not suffer this embarrassment any longer with the aid of "LIFTEE", the new amazing HEIGHT INCREASE PADS. Simply slip these invisible pads in any pair of shoes. Now step into them and 2 inches in height, THE SAME HEIGHT INCREASE AS EXPENSIVE HEIGHT INCREASE SHOES, for a fraction of the cost, to give you new poise and self-confidence—a key to success and romance. No one will suspect that you are wearing them—but what an impressive difference they make! These LIGHTWEIGHT FOAM RUBBER AND CUSHION GORK PADS fit securely without gluing and are changeable in any shoes. "LIFTEE" is scientifically designed for real walking and an aid to better posture. "LIFTEE" is worn by thousands of smart men and women in all walks of life. Durable and shock absorbing. State man's shoe size.

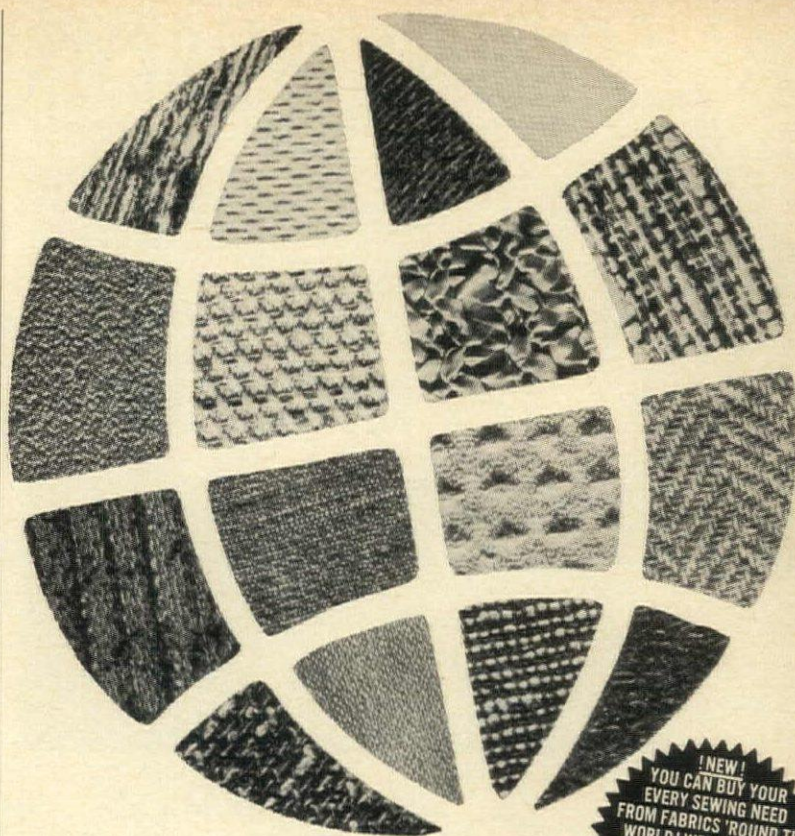
\$1.98 SEND NO MONEY! Free 10 Day Trial!

Pay postman on delivery, only \$1.98 plus postage per pair of "LIFTEE" HEIGHT INCREASE PADS. Or send only \$1.98 with order and we pay postage.

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GARDEN ORNAMENTS

Contemporary and Traditional

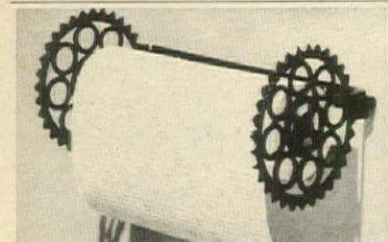


Let St. Francis welcome songbirds to your garden. Carved Italian stone, 47" high, \$300.00. Lead planter, 12" high, 14" diameter, \$85.00. Round and square planters can be made in any larger size. Carved Italian stone fountain with dolphin, 34" high, 29" wide, 27" projection, \$205.00 complete with pump. Also available with larger shell under it. All prices f.o.b. New York.

Send 50c for our Illustrated Catalogue, showing figures and fountains of many sizes and styles. Come visit our Galleries.

Erkings STUDIOS

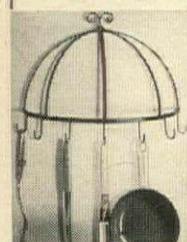
Dept. 171, 8 West 40th St., New York, N.Y. 10018



TRIVET TOWEL HOLDER

Ward off evil spirits in your kitchen with this charming paper towel rack, fashioned after famed Pennsylvania Dutch hex designs. 6" diameter cast iron trivets at either end. Rack holds jumbo or regular size roll of towels within easy reach. \$2.95 postpaid.

KITCHEN UTENSIL RACK



Stylish rack puts kitchen utensils at your fingertips. Copied from meat racks in French butcher shops. Has 7 sturdy hooks. Made of black wrought iron. 16"x-12"x7". \$3.50 plus 45c postage.

FERRY HOUSE Dept. G-117
Dobbs Ferry, N. Y.



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FlexPort PET DOOR

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Why be a doorman for your pet? FlexPort ends scratched doors and whining. Keeps out flies, wind, rain. Gives you and pet complete freedom. Soft plastic triangles close gently and tightly. Easily installed. Send for free folder.

TUREN, Inc., DEPT. HG-1
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Danvers, Mass. 01923



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By Mike Senkiw



It's true the things people are saying about Amazoy Meyer Z-52 Zoysia Grass (Reg. T. M.).

It grows so thick and luxurious that walking on it is unforgettable... like walking on a thick, pile carpet.

Your Zoysia lawn drives out crabgrass and weeds all summer long. It stays green and beautiful in blistering heat, when other grass burns out. It cuts mowing by 2/3. It's perfect, for summer homes and "problem" areas.

There's no need to rip out your old grass. Plug in Amazoy Zoysia Grass and let it spread into beautiful turf that never needs replacement. It will neither heat kill nor winter kill... merely go off its green color after heavy frosts and regain fresh new beauty every spring — A TRUE PERENNIAL! Every plug fully guaranteed to grow.

To end lawn problems, send for free interesting facts and prices about Amazoy including Pre-Season Bonus Offer. No obligation.

Dept. 280, ZOYSIA FARMS
6414 Reisterstown Rd., Baltimore, Md. 21215

Name
Address
City State Zip

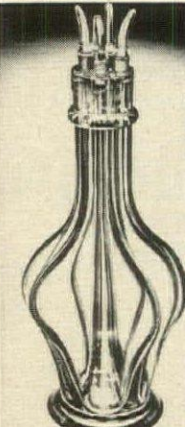
NEW DESIGN FRENCH CRYSTAL

Four in one
DECANTER

\$5.95

PLUS 50c
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Pa. Res. Add 5%
Sales Tax
Sorry No COD's



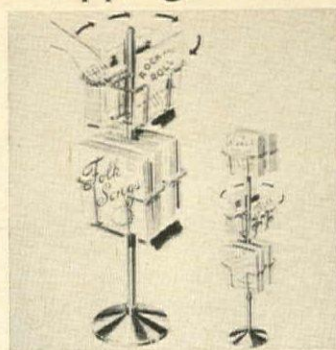
From France comes this magnificent decanter. It has four separate sections, each with its own pouring spout and stopper. For colorful splendor fill sections with Creme de Menthe, Cherry Heering, Grand Marnier and Drambuie. A lovely conversation piece. 12" tall decanter.

SET OF SIX FINE HANDBLOWN RAINBOW HUE CORDIAL GLASSES, \$5.95 Plus 50c Postage.

THE ADDED TOUCH

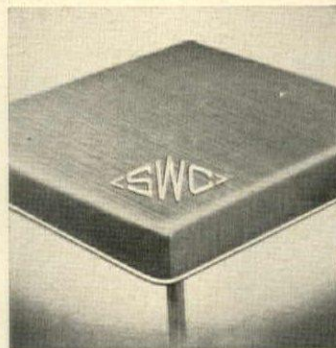
12-H Water St., Bryn Mawr, Pa. 19010

Shopping Around



Record go round

Revolving record rack takes one foot of floor space! Two-shelf holds up to 100 LP albums. Each rack adjusts to any height. 45" pole, locks securely into position. Highly polished brass handsome, sturdy, heavy base. \$9.98 plus \$1.50 post.; 3-tier rack to hold 150 albums, add \$2.95, post. Lang's, HG1, 28 Main Ave., Stamford, Conn. 06902.



Bridge beautifier

Card-playing's brighter when table's dressed up in a snug-fitting cover. In lush brown, green or gray (specify) corduroy with embroidered monogram in white. Send initials, underline last name, initial. 30" by 30": \$4.95. 36" by 36": \$7.95. Add 65c post. Sleep Hollow Gifts, HG1, 3023 Craighall Dr., Falls Church, Va. 22042.



Pensive prints

You won't hesitate to hang the canvas children in any room. Ballet dancer and clown have large eyes, wistful expressions. Chemical process brings out detailing finely-textured brush strokes. Unframed, 20" by 8" \$10.95 each ppd. Framed in 1 1/4" white oak \$19.95 each ppd. Walter Drake, HG-67 Drake Bldg., Colorado Springs, Colo. 80901.



Feeder favorite

Bring the birds into close-range—why admire them only from afar? Window sill feeder's special pleasure to children and shut-ins; fastens securely to the sill with two screws. Pine and glass. 16" l. size with 14 1/2" l. 7 1/2" w. tray. \$6.75. 24" size: tray 22 1/4" l., 7 1/2" w. \$8.25. Ppd. The Family Affair, HG1, Box 32 Marshfield, Mass. 02050.

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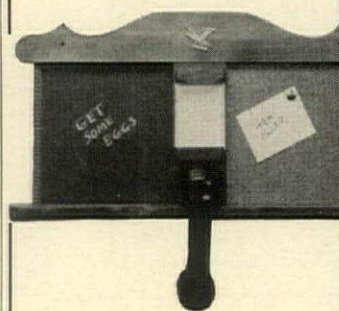
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155 East 56 St., New York 10022

PHONE CADDY



Plus A Chalk 'N Cork Board to jot down memos, grocery lists and phone calls. Made from old pine and has a smooth finish, 12" high, 23" wide. A quality item for kitchen, den or game room.

\$5.95

Send for free brochure of other Eastern American pine accessories.

Henry Aleslagle Co.

1463 E. Stroop Rd., Dept. HG1,
Kettering, Ohio 45429

Shopping Around

Leading men

In the New Year wearing this original shirt. Five long rows of carefully made ruffles cover the body. Matching ruffles on French cuffs. Material is fine Sanforized cloth. Tailoring is superb. Price is divine. Sizes 14-17. Sleeves 15-17. Order it in white or blue. \$5.95 ppd. Free catalogue. Eleventh Imports, HG1, 1686 Monument St., Brockton, Mass. 02403.



Flowers in bloom

Such giant blooms! Dutch Iris bulbs imported from Holland, yield flowers 7" to 9" in diameter in bright white, blazing red or dusty pink. Each bulb yields 3 to 10 flowers. In special plastic-covered 5" pot with erlenmeyer soil. Remove plastic, water. In 6 weeks, voila! \$2.95 ea.; 3, \$8.95 ppd. Garden Galleries Inc., HG1, Geneva, N. Y. 14456.



Records table triumph

We've always deplored our inability to multiply. We wish that we had a chance to benefit from the "Let's Learn to Multiply" home course on records with special self drill chart to supplement drill. 3 L.P. records, self-chart ends drudgery. \$9.15 ppd. Free information. Teaching Institute, HG1, 1400 Centennial Ave., Inglewood, Cal. 90302.

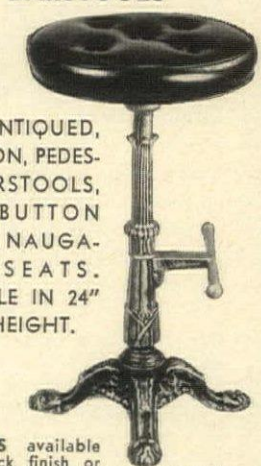


Hand sink hutch

A purpose piece—handsome. An England pine hutch ready to stain, stain or varnish. We'd like it in the guest bedroom for extra towels and blankets. Perfect in a dining room in an Early American dining room, in the entrance hall—anywhere! 50" by 36" by 16". \$49.95 ppd. Free catalogue. Meadowbrook Industries, HG1, 2095 Bellmore Ave., Bellmore, N. Y. 11710.



Decorators' bar stools



Available in Black or White with Gold Antique. \$39.95 each—\$39.95 two or more. SORRY, NO C.O.D.'s. Mail check or money order to:

Timeless Arts Mfg. Co.
Pepperhill Road, Pasadena, Calif. 91107
Collect—Calif. res. add 4% Sales Tax

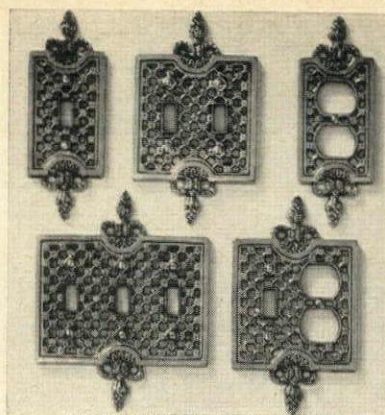
World Famed BREVETTATA TEAR GAS PISTOL

Appearance of this fine tear gas weapon is similar to real gun. It is ideal for people who work in lonely, dark locations and require protection. Men give this gun to wives and daughters for night security. Many industrial applications. Shooting of gun stops aggressor without permanently injuring him. Neither permit nor license is needed, but it is not sold to minors. It fires six cartridges without reloading. Each gun comes with six tear gas shells and six blanks for practice and is shipped prepaid. Gun unit prices include, 12 shells and all shipping costs.

- 1 Gun-unit at\$13.07
- 2 Gun-units at \$22.86.....(\$11.43 ea.)
- 3 Gun-units at \$29.94.....(\$ 9.98 ea.)
- 4 Gun-units at \$35.16.....(\$ 8.79 ea.)

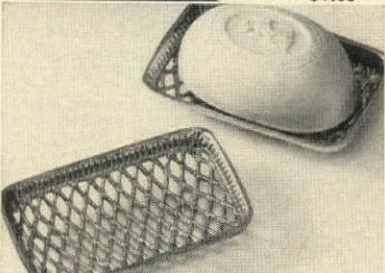
Extra boxes of ten tear gas shells at \$1.50 per box (prepaid with gun orders). Extra boxes of blanks at \$1.25 per box.

Tiger Horn
Like the blood-curdling roar of a powerful tiger. A high quality horn for any car. 6 or 12 volt (specify). \$16.95 ppd. New electronic development. For the driver who wants something really different. Satisfaction guaranteed.
UNITED SAFETY SUPPLY CO.
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Kansas City 5GH, Missouri
16.95 Ppd.



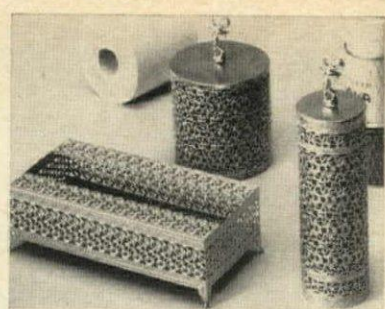
RIBBON AND SCROLL SWITCHPLATES
made of solid metal and meticulously plated in antique gold brass. Lacquered for beauty and permanence. This lovely design is delicate in feeling and has ribbon and scroll finials at top and bottom. Matching screws incl. Measurements are without the finials.
SINGLE (4 1/4" x 2 3/4")\$1.50 each; 3 for \$3.98
DOUBLE (4 1/4" x 4 1/4")\$1.98 each; 3 for \$4.98
TWIN OUTLET (4 1/4" x 2 1/4")\$1.50 each
TRIPLE SWITCH (4 1/4" x 6")\$2.98
SINGLE SWITCH AND TWIN OUTLET COMBINATION (4 1/4" x 4 1/4")\$1.98 each.

FLORENTINE SHADE PULL
40¢ each
2" sunburst leaves and ring are solid metal plated in rich non-tarnish gold. With mounting screws.
3 for \$1.00



GOLDEN SELF-DRAINING TRAY49¢ each
Keeps soap dry between use. Unique basket weave design and 4 legs won't let it hold water. Quality made in gold plated metal. 4 1/2" x 2 3/4" size holds your largest cake of soap. 2 cost 98¢.

Lillian Vernon, Dept. HGMJ7, 560 S. Third Avenue, Mt. Vernon, N.Y. 10550



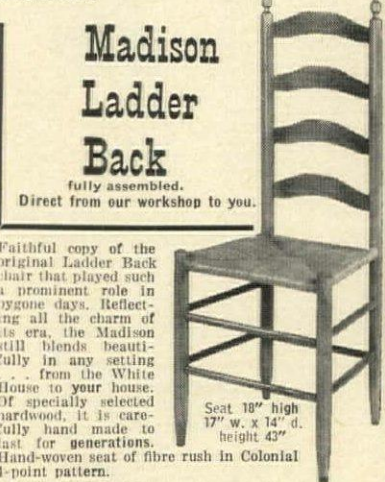
18K GOLD PLATED BATH ACCESSORIES
Order these smashing filigree metal holders to add a look of gold to your bath and powder room. Filigree metal is gold plated and lacquered to resist tarnish. Decorative antique golden angel handle.
FOOTED TISSUE BOX (10 1/2" x 5")\$2.98
TOILET TISSUE COVER (5" high)\$1.98
SPRAY CAN CONCEALER (8" tall)\$1.98.
The 3 piece matching set cost \$6.50.

Toothbrush Holder
\$1.98
Charming cherub holder is cast in metal, plated in "Gold" and lacquered to keep its new look. 5" high with fluted base and top to hold 6 brushes.
\$1.98 each. 2 cost \$3.75.



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Perfect for your powder room, bath, back of doors, closets. Large double hook is extra strong. Cast in metal, plated in "gold", then lacquered. With matching screws.
All orders shipped postpaid... promptly.

Famous Madison Ladder Back



Faithful copy of the original Ladder Back chair that played such a prominent role in bygone days. Reflecting all the charm of its era, the Madison still blends beautifully in any setting... from the White House to your home. Of specially selected hardwood, it is carefully hand made to last for generations. Hand-woven seat of fibre rush in Colonial 4-point pattern.
Seat 18" high
17" w. x 14" d.
height 43"

Dept. G-17, Statesville, North Carolina 28677



For Heritage Collectors
Here are cups, saucers, 7 1/4" and 9" plates to match LEFTON'S Heritage coffee and tea sets. Yes, they are the same beautiful soft green with hand-decorated pink roses just like great-grandmother used to paint, and an edging of Ft. Knox-type gold.
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7 1/4" plates, 6 for \$8.00, 12 for \$15.00
9" plates, 6 for \$13.50, 12 for \$25.00
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Jack and Jane Hicks

The Carolina Soap & Candle Makers
Southern Pines, North Carolina



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PERSONALIZED COASTERS

Graceful 3 1/2" trays will hold a man sized drink. Fluted wreath design border. Made of fine jeweler's metal; beautifully hand polished and plated in your choice of gold or silver. Your choice of 2 or 3 initials on polished center.

\$2.98 for 4—\$5.75 for 8.

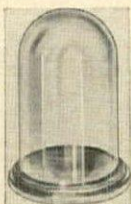
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GLASS DISPLAY DOMES

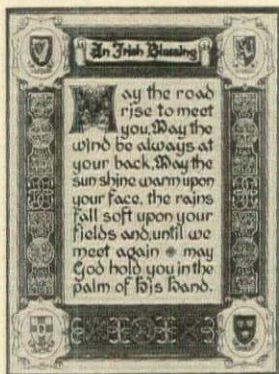
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No. 4398—"Protecto" Watch Dome (with hook) 3" diameter by 4 1/4" high. Wood base. Only \$2.98

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Downs DEPT. 1401-A
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Clymer's of Bucks County
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Shopping Around



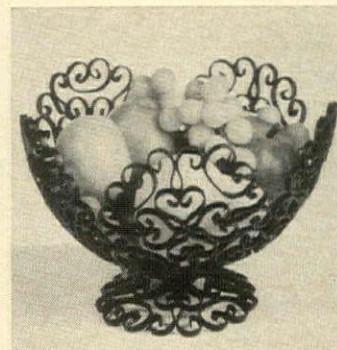
A padded round

If you own one of the popular ket chairs, treat yourself to a velous fitted, padded cushion relax in pure luxury. Black, white, turquoise or tangerine covered, with generous foam backing, heavy elastic rim. For cushion up to 32" in diameter, \$6.95. Free catalogue. The Patio, Box 25, Highland Park, Ill. 600



Buccaneer's booty

There's treasure to be had 'them thar hills.' Authentic, colorful map, fine for framing, good locations where 'pieces of eight, gold, buried treasure, ghost towns, lost mines can be found. What fun way to spend a vacation: 1000 paces left, then north... \$3.95. Centre Coin Co., Dept. S, 133 Ventura Blvd., Sherman Oaks, Cal. 91413.



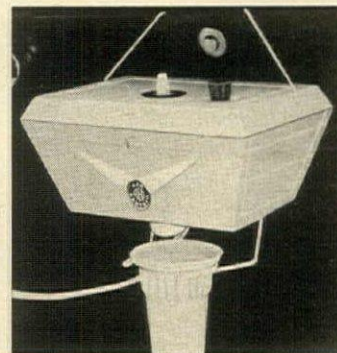
Bountiful bowl

From an original discovered in Spanish castillo came the design for this superb scrolled bowl. Masterfully made of wrought iron, a fabulous foil for fake fruit, fruit. For patio serving for a striking centerpiece, it's 6 1/2" high, 12" in diameter. \$9.50 plus 75¢ postage. Order from Heritage House HG1, Wallingford, Pa. 19085.



Time for a change?

Switch from haute couture to cozy cover-up with a flip of the dramatic string chin bow. Really two hats in one, this high-fashion bit of bewitchery converts with ease from town to country scenes. Lushly furred with synthetic black silver fox, ermine white, natural beaver. Fits any size head. \$4.95 postpaid. Deer Hill, HG1, Flushing, N. Y. 11352.



Take to the road

Coffee goes along in the car can't. Up to six cups of coffee, tea, soup in minutes—just by plugging it into the cigarette lighter. Doesn't drain battery. Wood-tone tan or grey unit, 9" by 6" by 5" hangs on any knob. Six cups, stirrers, and the "makings." \$12.95 plus 75¢ post. Leslie Creations HG1, Box 10535, Penn Hills, Pittsburgh, Pa. 15235.



HENRY FORD MUSEUM COLLECT

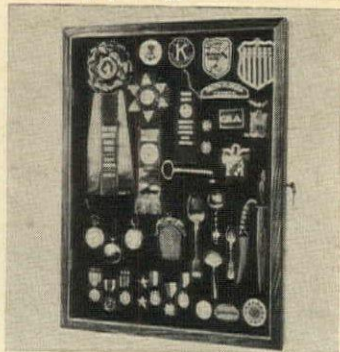
A collection of Authentic American antique reproductions and adaptations from the MUSEUM and Green Village in Dearborn, Michigan. The collection includes upholstered pieces, tables, dining room and bedroom furniture. Styles and finish faithfully reproduced. Shown is the Southern Huntboard... the original of this huntboard was made in the Southeastern part of the country about 1800. Pieces such as this were usually in the back part of the house and were frequently cut out side and used as a serving table. The sloping apron on this one is an unusually fine example. Mahogany 52"W, 18"D, 40"H. We pay shipping. Send for NEW Bass Catalog \$1.00. Your \$1.00 refunded on first \$10.00 order. Visit our Showrooms. Easy credit terms. HG 17, 1034 East Oak Street, Louisville, Kentucky 40202.

BASS GALLERIES

Shopping Around

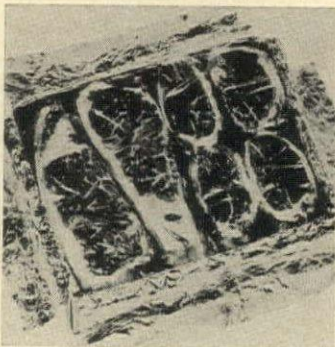
Now them off!

als and collections look extra some in a special showcase. thick walnut or maple; red black velvet background: hing-lockable glass door. Hangs ically or horizontally. 17" by : \$39.95. 22" by 28": \$49.95. by 34": \$59.95. Exp. coll. En-ving, 5c per letter. Award ker, GH-1, Box 6474, Surfside, 33154.



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Complete office

ask with an early American look pure 1967 designed for busy derns. Portable typewriter tray des out on metal suspension. wer drawer is fitted with alpha-ized file folders. 48" w., 22 1/2" In maple, brass hardware. 9.95 exp. charges coll. Cata-que, 25c. Ephraim Marsh, Dept. B, Box 266, Concord, N.C. 28025.



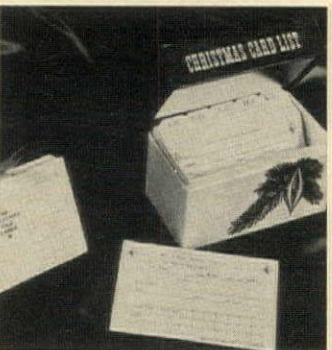
No chips, no nips

errific liquid when applied to ils forms a diamond hard sur-ace that is invisible under polish. ot only aids in breaking the bit of biting nails, but protects em to grow long, repairs breaks, vents chips. One treatment sts until nail grows out. \$1.50 pd. Kant-Bite Co., HG1, Box 98, edarhurst, N. Y. 11516.



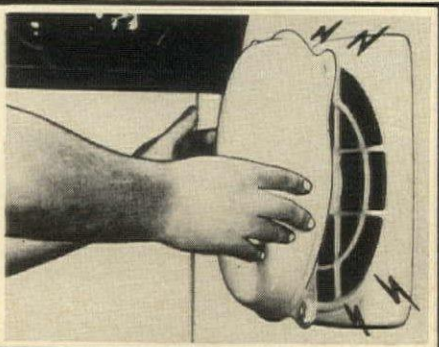
Get organized in '67

you're like us, you've resolved o something about your Christ- as card list before Yuletide '67. o wit: this red, green and white e box with 75 address cards each 3" by 5" holds 10 yr. rec- rd and 10 index cards). Makes w order out of old chaos. \$1.95; 00 extra cards, \$1. Ppd. Bruce olind, Dept. HG1, Boulder, Colo. 0302.



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vents drafts, loss of heat from n exhaust fan. Saves on fuel s. Here is a sure-fit magnetized er that fits over your fan and asily removed. Washable white stic. Sizes for 8" or 10" grills. ay postage. 3—Cover for 8" Grill \$1.98 4—Cover for 10" Grill 2.49



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Sturdy, Concealed Ball Bearing Swivel

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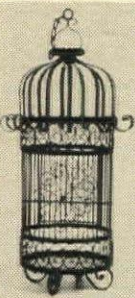
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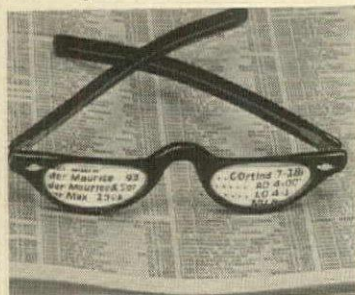
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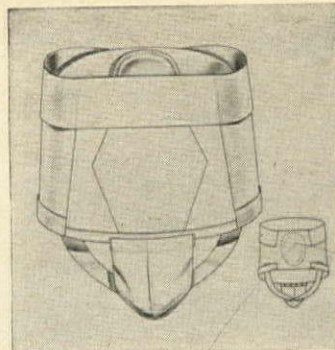


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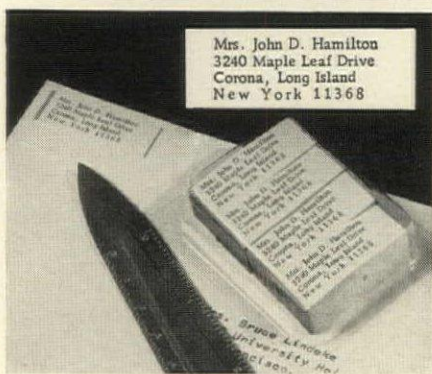
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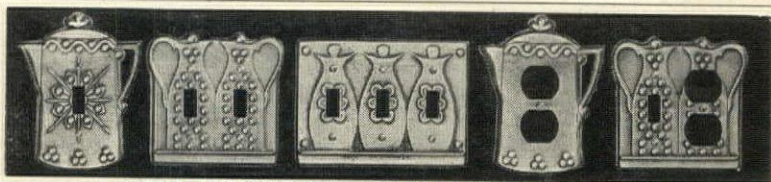


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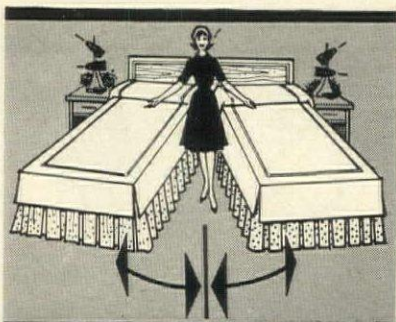
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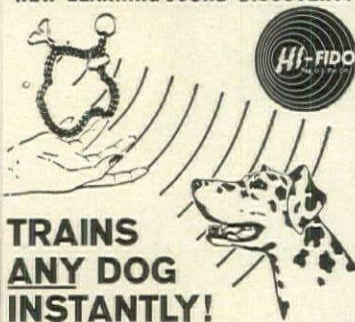
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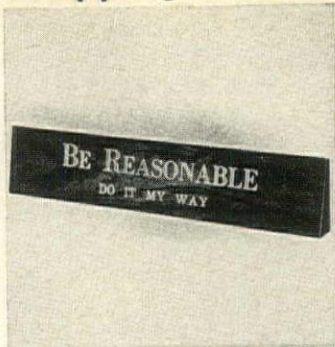


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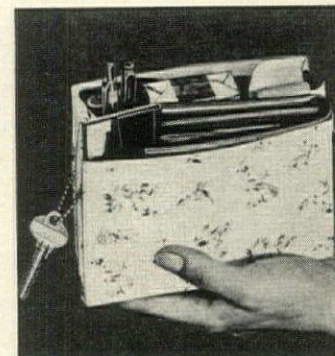
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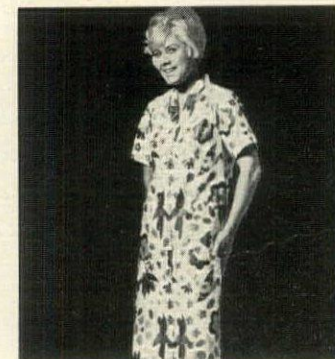
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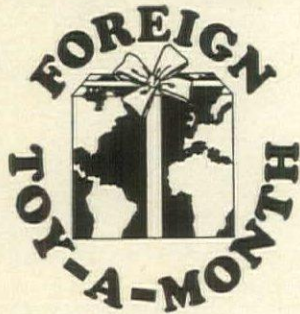
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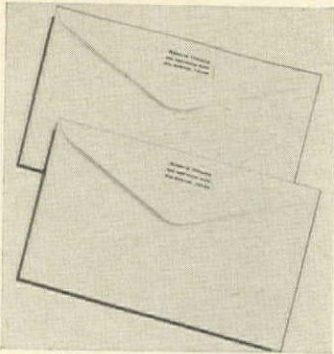
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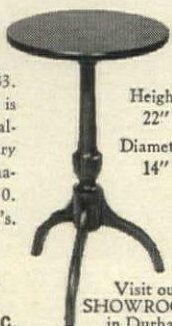


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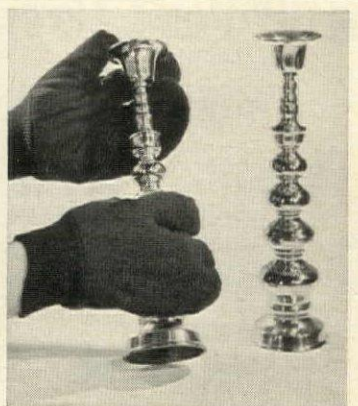
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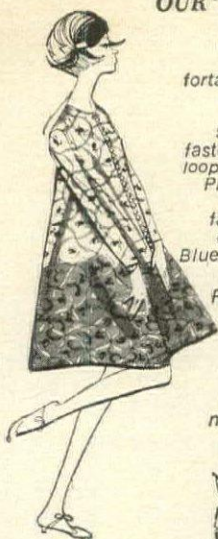
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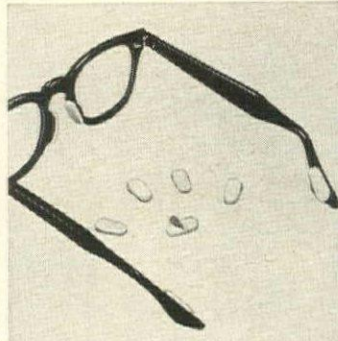
Shopping Around

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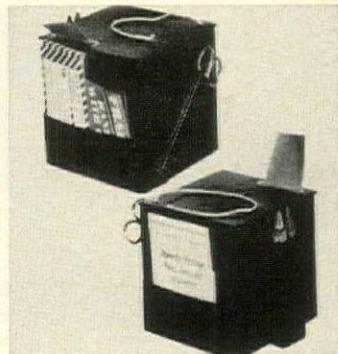
Round dining table, 3" dia with four captain's chairs rated with a floral design. Mademoiselle's own doll's set. What a charming note for a housewife's establishment! Comes in bright assorted colors to add to her décor. \$1.25 a set; 2 sets, \$2.50. Add 35c post. Clymer's of 1700 N. County, HG1, Point Pleasant, N.J. 08075. 18950.

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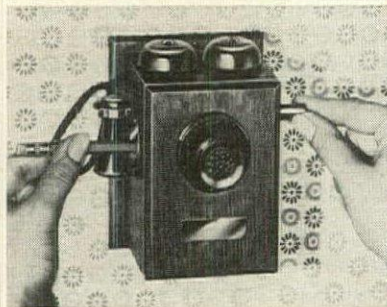
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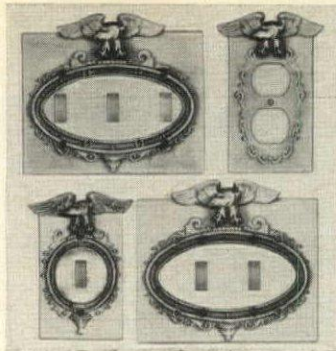
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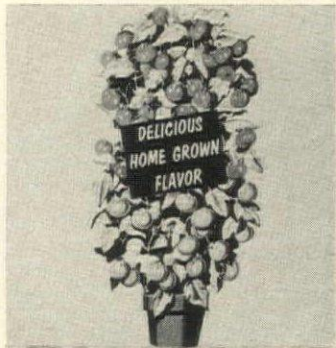
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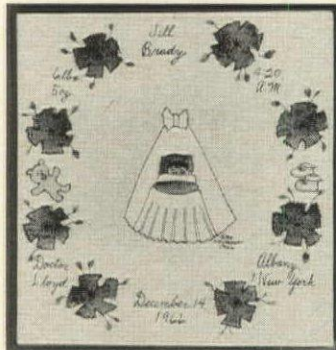
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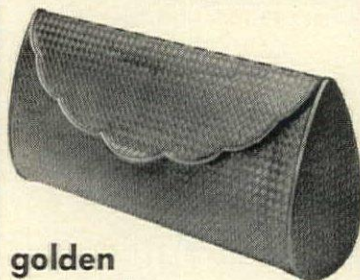
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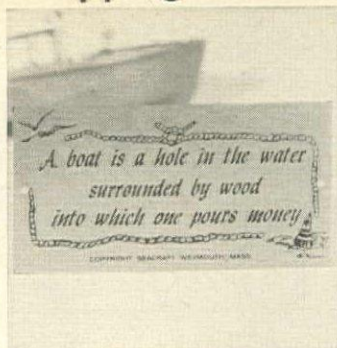
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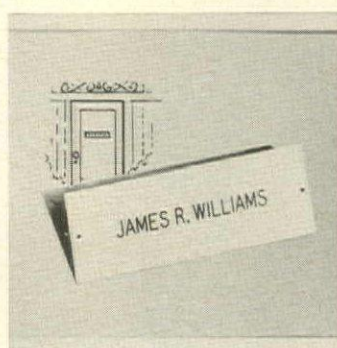
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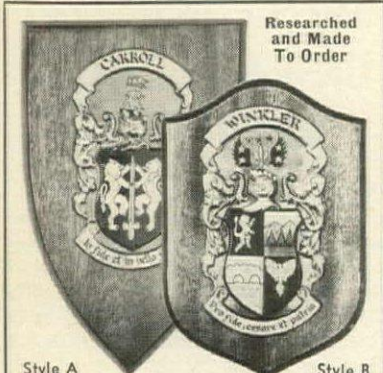
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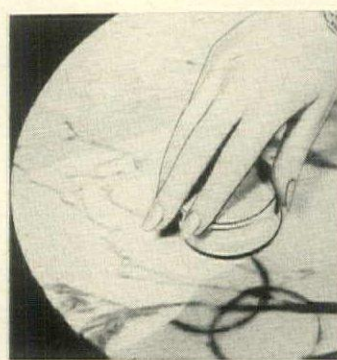
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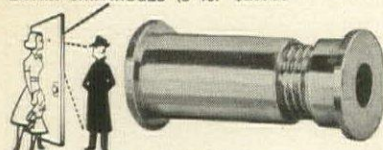
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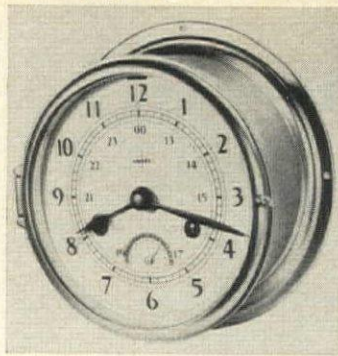
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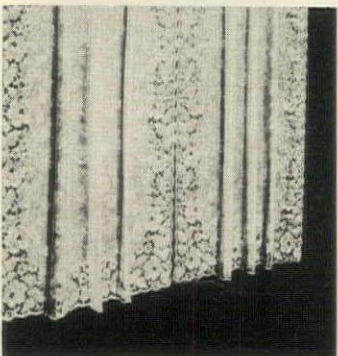
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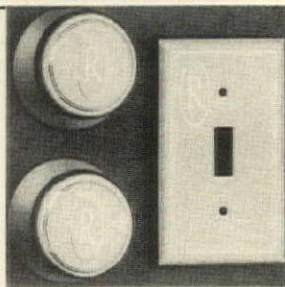
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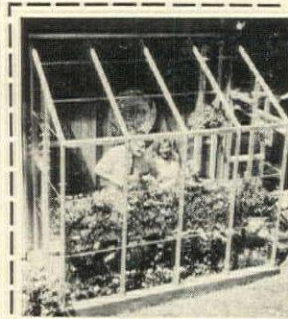
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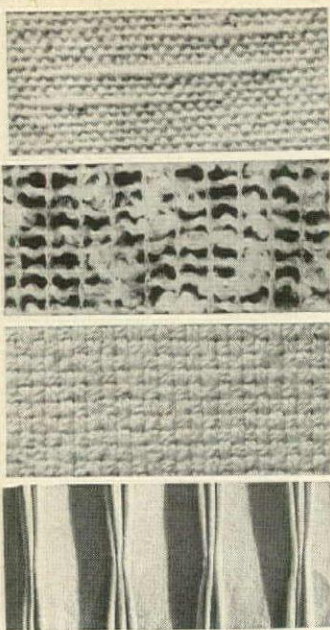
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Shopping Around



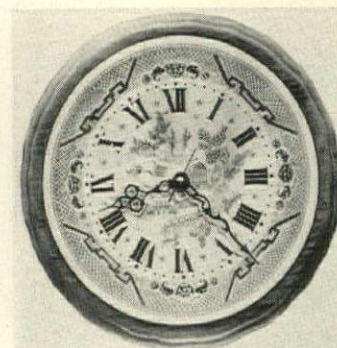
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Time for a match

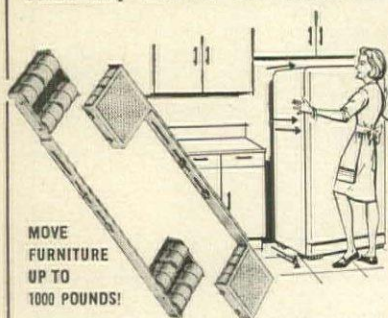
If you really want to be rechecked, mount a Blue Willow clock in your dining room to match and complement the Blue Willow dinner service. Naturally, the fabulous pattern's reproduced in its traditional blue and white colors; frame's a richly grained, antique pine. 12 1/2" dia., 2" d. Electric \$19.95; battery \$24.95. Ppd. Taylor Gifts, HG1, 226 Wayne, Wayne, Pa. 19087.



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Lang's, HG1, 28 Magee Ave. Stamford, Conn. 06902.



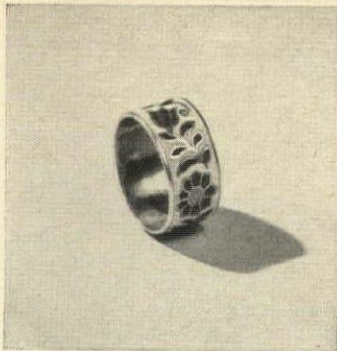
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Back to stow, unstack to serve in this entertaining trio. Handwoven Palembang rattan and wicker on rubber-tipped black wrought legs. Honey brown tone, finished and twice varnished for indoors or outdoors. 13" dia., 13" high. \$4.28 ea., 3, \$12.50; 6 for \$24. 46c post. ea. Free rattan catalogue. The Patio, HG1, Highland Park, Ill. 60036.



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Cover up those slip-and-fall dangers in your tub and shower with safety treads. They give low cost insurance against accidents and add a touch of glamour underfoot. Floral pattern on white, pink or blue. Easy-to-apply 16" skid-proof pads adhere permanently, stay in place. Set of 7, \$4.95. Ppd. Holiday Gifts, HG1, 7953 Raritan St., Denver, Colo. 80221.



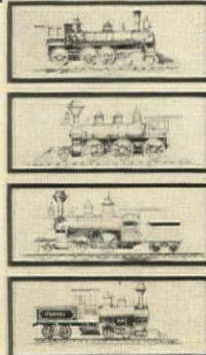
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Wedge casual with its wavy rubber sole feels like you're walking in wonderland. Trip the light fantastic to town or skip along a country trail in comfort. Slender design with 6 1/2 to 10; medium, 4 1/2 to 10; wide, 4 1/2 to 10. Black, mink brown, red, white. \$7.95. Add 55c post. Portsmouth Shoe Co., Inc., Dept. 1, 1007 Gallia, Portsmouth, N. H. 04562.



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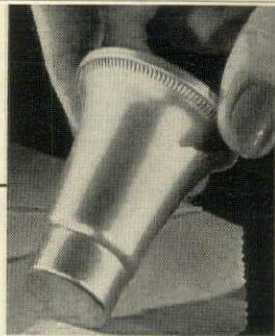
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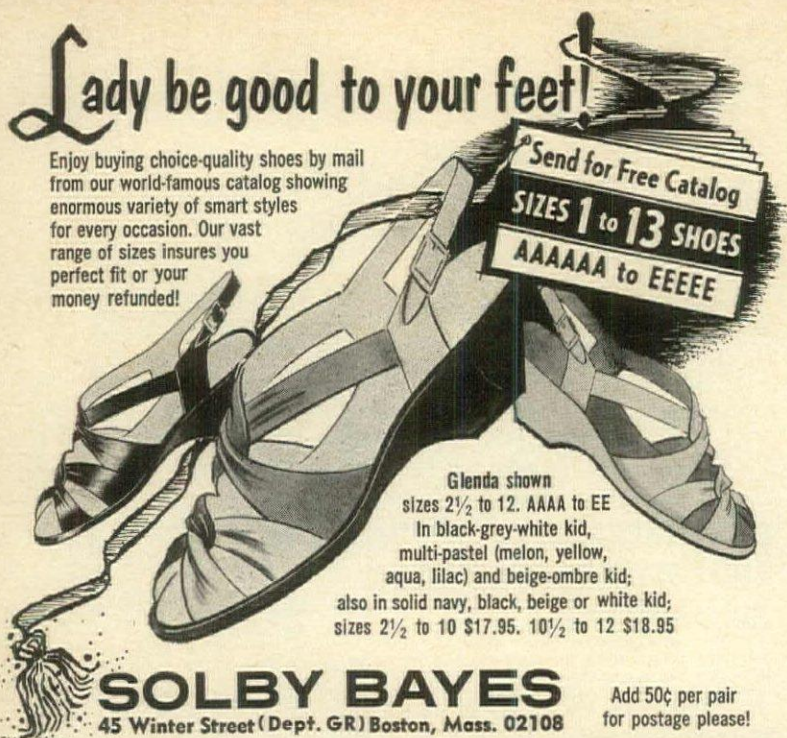
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Keep furs as up-to-date as the skirt length; let I. R. Fox turn your dated coat into a cape with fur collar, billowing arms. Tailored to your figure and height. Send for coat for remodeling, including cleaning, glazing, repairs, lining, interlining, monogram. \$25. Postage collect. Free style book. I. R. Fox, HG1, 146 W. 29th St., New York, N. Y. 10001.



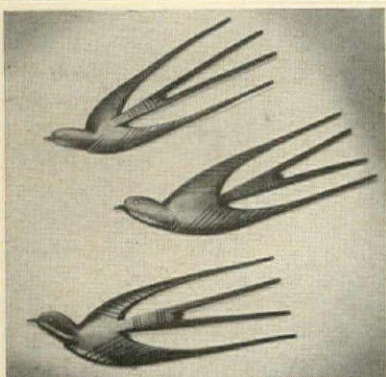
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EBONY SWALLOWS AFRICA

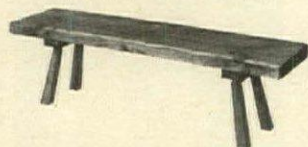
Magnificent plaques bring the excitement of a jungle beat to your walls. Trio of graceful swallows was carved of blackest ebony by natives in Tanzania. Arrange them in a drift to fit your wall area. Each is 7" long. At this low price, you'll want several sets—for yourself—for gifts.

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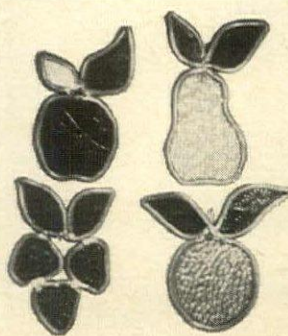
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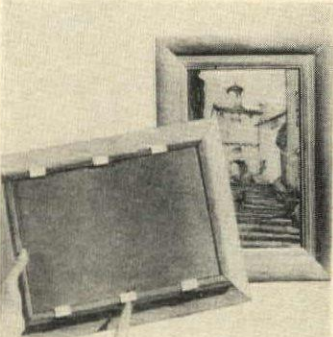
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Colonial forebears may well had their one for the road and on a hardwood stool like handsome copy. Hand-woven rush seat in two heights, 30" or 24". Unfinished, light natural finish, \$7.95; walnut, pine finish, \$8.95. Express charges collect. Dept. HG1, Statesville, N. C.



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Useful damsels

Practical or faddish? These damsels are both! Spoon rest 1/4" high holds 12 tsp., comes with scouring pad holder 5 3/4" h. for both. Napkin holder 6 1/4" h. with salt/pepper set 4 1/2" h. for both. Cookie jar 10" h. for both. Ppd. Pink and white porcelain with kitchen prayer. Pracious Living, HG1, Berkeley, Cal. I. 02864.



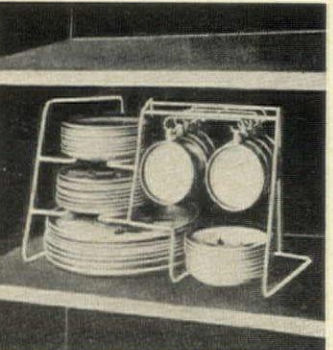
Eye stealers

Uniquely different, these bronze jewelry from 13th century Ceylon is exciting jewelry. Dramatically represented is Hindu god Ganesha, preserver of energy and destroyer of evil. Mounted on sterling silver. Pendant \$8.95; charm \$4.95; cuff links \$9.95; tie tack \$4.95. Ppd. Aladdin House, Ltd., Dept. LE, 648 Ninth Ave., New York, N. Y. 10036.



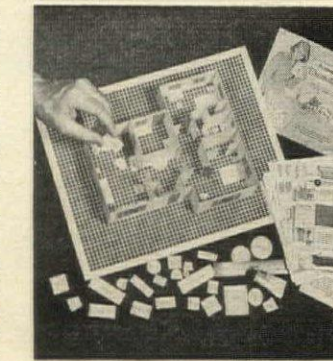
Dish organizer

Compact rack made of heavy steel with white vinyl coating that looks like a cushion and keeps dishes from chipping. In 17 3/4" by 9" by 11" space it holds 8 dinner plates, 4 bowls and butters, fruit plates plus saucers. Each has its own compartment. Makes it easy to take dishes away. \$3.49 ppd. Dept. Kimball, 100 Bond St., Oshkosh, Wis. 54902.



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If these genuine Portuguese cork tiles had cement backing, you'd pay \$1.00 per sq. ft!



OUR SUPER-BARGAIN PRICE IS LESS THAN... 28c PER SQ. FT! — 1/2" THICK

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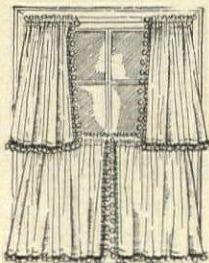
sound-proofing! 48 natural tawny brown-flecked Portuguese cork tiles, each 1 ft. x 3 ft. x 1/2 inch thick, 144 sq. ft. in all, enough to beauty-tile complete 8' x 18' wall . . . or to provide countless dramatic accents for home, office. "Leftovers" make handsome hot plates, bulletin boards! Limited quantities—order today! **Total Bargain Prices \$39.95**

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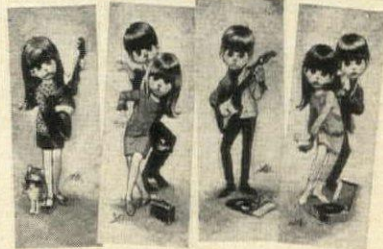
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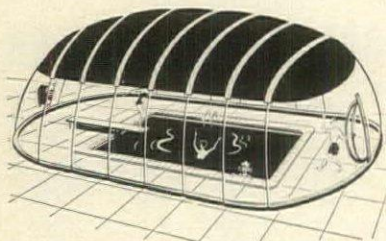


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And you'll be positively proof all winter. Double-knitsey helmet designed like a Corder hood is soft and full fabulously flattering. And it squash your New Year's Eve do! Folds flat to store or pack black, royal blue or red, plus 39c postage. Here's Hoy Inc., HG1, 59 Tec St., Hick N. Y. 11801.



Lap luxury

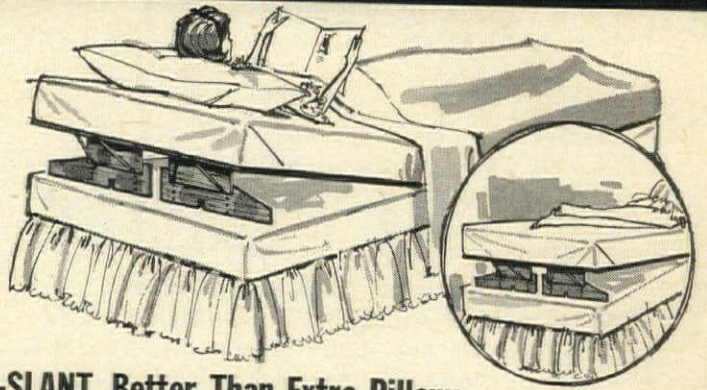
At long last, a mat that let cope practically, prettily with suppers, breakfast in bed. Synthetic vinyl's shaped to fit; foam is slip proof; drop pockets take kins and silver. Red, green or in early American tavern de 12" by 17". 4 for \$8.95; \$16.95. Ppd. Seth & Jed. H New Marlborough, Mass. 012



Heel heal-strap

Couldn't you do nicely without louses? Here's a tip that does trick: apply cream (vase very effective) to rough and dened heels. Then slip on pink cotton Heel-Healers that the cosmetic working while sleep. Plastic interlining pro sheets. One size fits all. \$1.5 plus 20c post. Ferry House, Dobbs Ferry, N. Y. 10522.

COMFORT - A Priceless Gift



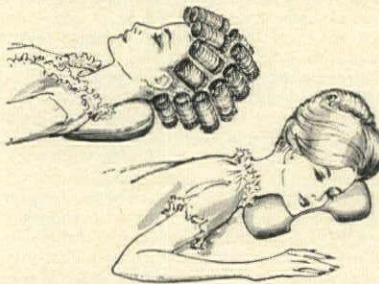
NU-SLANT Better Than Extra Pillows

Plywood Head or Leg Elevator raises your mattress 5 to 14" for greater rest and comfort. Like hospital bed but at far less cost, no sick room appearance. 7-adjustable heights. Better than extra pillows. Keeps back and torso straight at preselected heights. Fits under mattress, folds invisibly flat. **Head Elevation** gives extra comfort in bronchial, diaphragm hernia, breathing, heart ailments. Ideal for reading, TV. **Leg Elevation** eases varicose and other leg discomforts. Ideal convalescent gift. Twin Bed Size \$11.50. Double or ¾ Bed Size \$12.50.



BED BOARDS For Back Ache

This portable Folding Bed Board easily firms old or over soft mattresses and flattens sagging beds to fight back ache. Full 5 foot length (½ inch thick) folds conveniently into four 15" sections. At home or traveling, you'll always be sure of a good night's sleep because you have firm back support. Cot Size or one side of a double bed—\$4.95; Twin Bed Size—\$5.95; Double Bed Size (in 2 sections)—\$8.95.



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New marvelously comfortable "C" shaped Petite Beauty Pillow supports jaw and temple in blissful relaxing softness. Does not press against your cheek, pushing it out of shape, causing wrinkles as you sleep. **Stops curler discomfort.** Prolongs coiffure beauty. Good for posture, too. For back, side or stomach sleeping—men love its miracle comfort too. Adjusts for heights. Complete with 2 zipper covers—\$5.00.

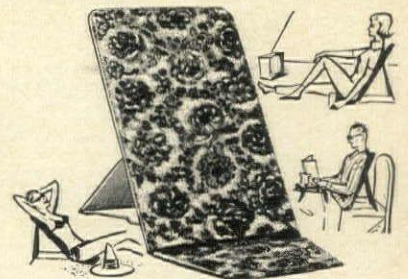


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Relax and discover the refreshed, revived feeling that only comes from bathing with this DeLuxe, double size 16 by 20" Fleur-de-Lis Bath Pillow. 4 suction cups hold it securely in any position to cradle and support both the head and back in cloud soft comfort. Wet proof to keep hair dry. Gaily hand decorated in gold Fleur-de-Lis pattern on White, Pink or Aqua background makes a beautiful gift of comfort—\$3.97.

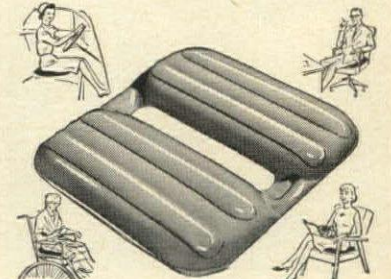
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Use two or more pillows? Throw them away. Enjoy new sleep comfort with your back, shoulders and head gently raised and cushioned on this light, buoyant foam. Reverse for aching legs and feet. Used on top of mattress. Ideal for one sleeper in a double bed. 27" long. Complete with washable percale cover. Select height to suit your needs—4" high \$8.00; 7½" high \$11.00; 10"—\$14.00; 12½"—\$17.00.



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Put your foot down. Right into the flat heel skimmer. For good and blissful comfort, you'll be glad you did. Black or dark brown cowhide leather. Black, bronzine or white sand suede. And for those dancing evenings, dyeable white tulle de soie. Sizes 8 to 13; N and W. \$9.75 ppd. Free 64-pg. catalogue H. Shoecraft, HG1, 603 5th Ave., New York, N. Y. 10017.

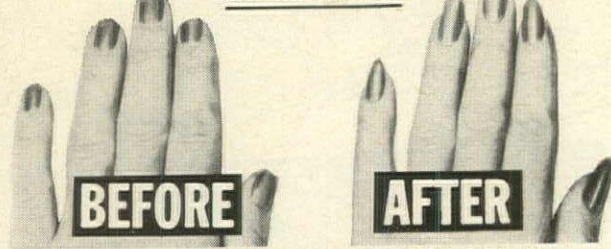


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For fashionable females with pants suits and well-groomed gentlemen and the Slac-rac these days. Holds a pair of slacks with rounded no-bunch holders to eliminate leg creases. Slips neatly under short garments, giving double closet space. Chrome, \$25; gold plated, \$45; with shoe rack as shown, add \$5. H. Bri-Son Co., HG1, Studio City, Cal. 91604.



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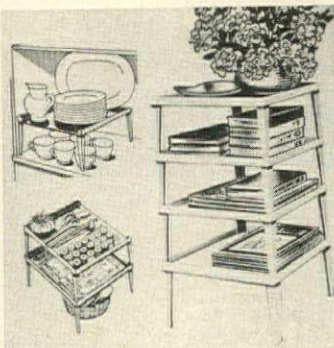
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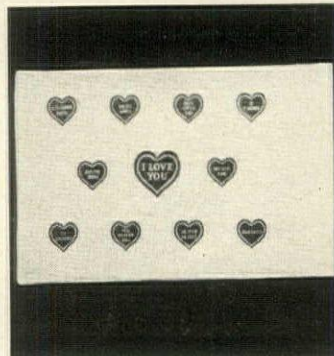
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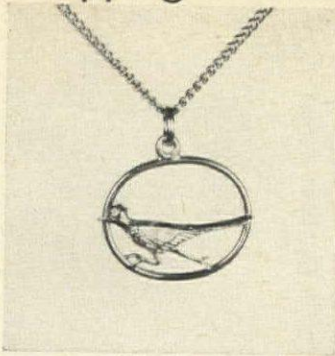
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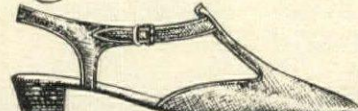
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- It actually helps freshen your skin too, so you can feel good again all over.



- Whether you need to lose 5 to 10 pounds or 20 to 30 pounds, you decide when and where to do it.
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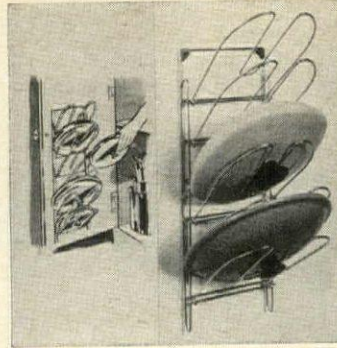
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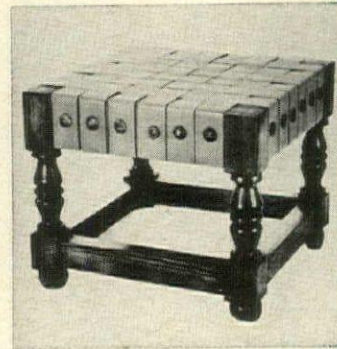
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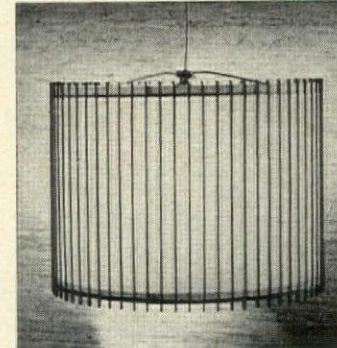
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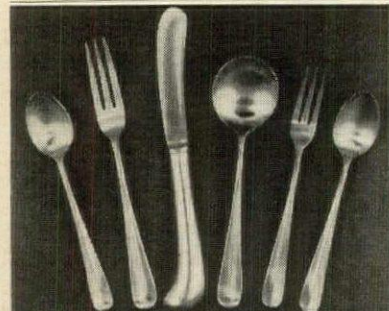
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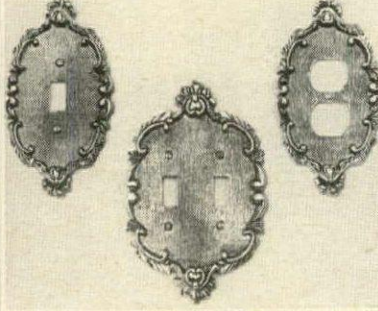
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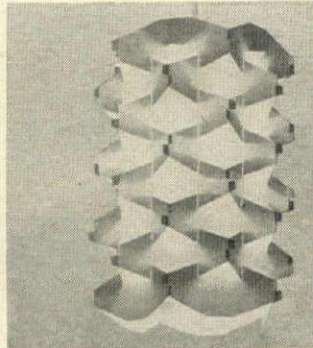
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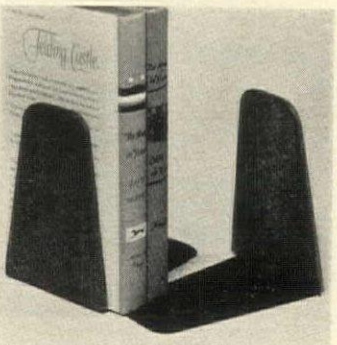
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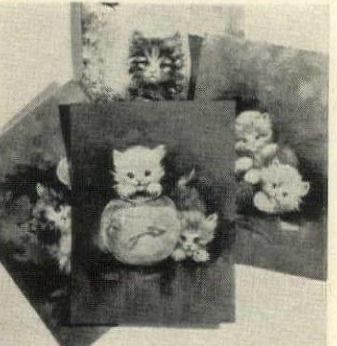
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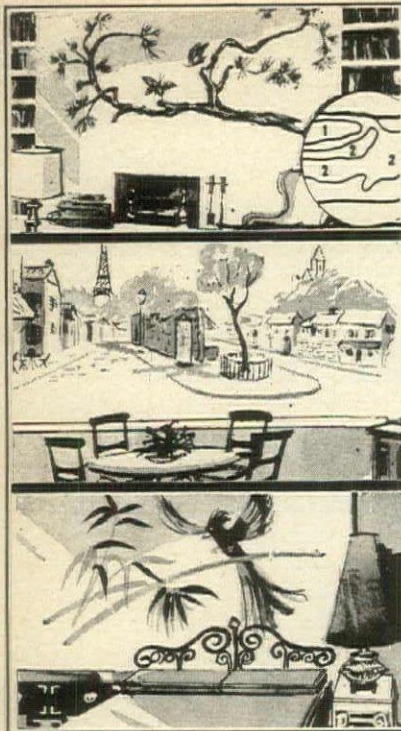


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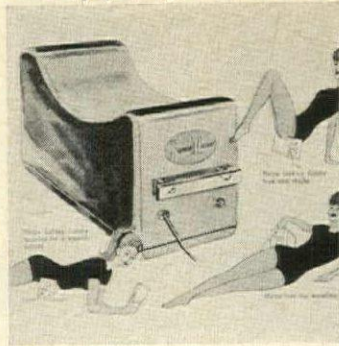
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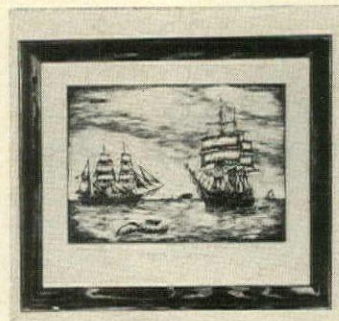


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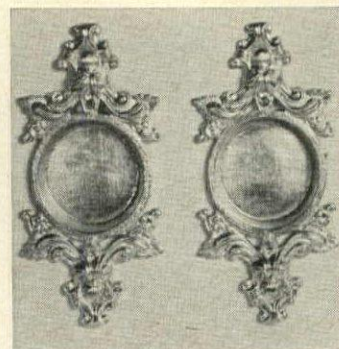
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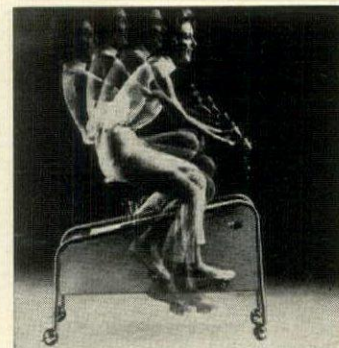
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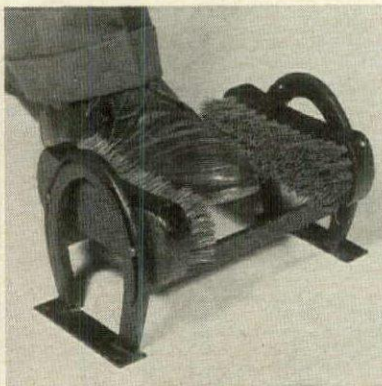
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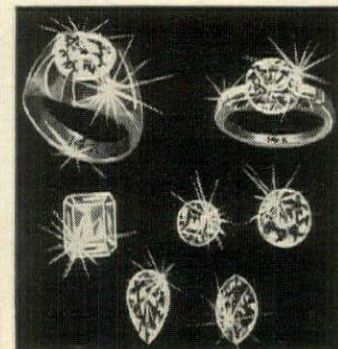
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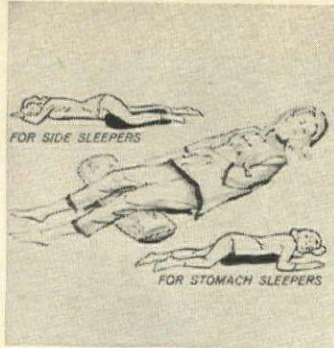
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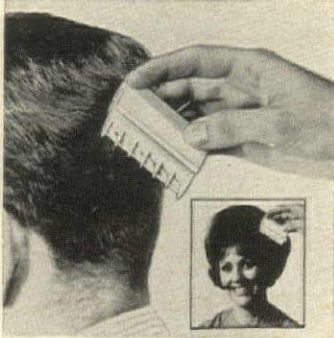
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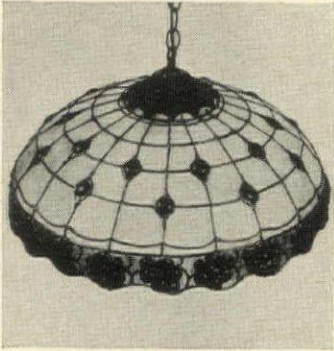
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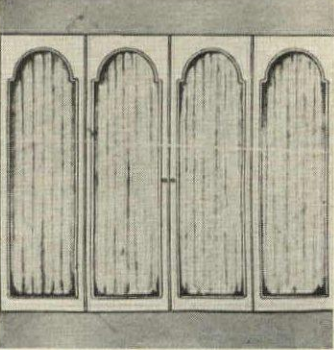
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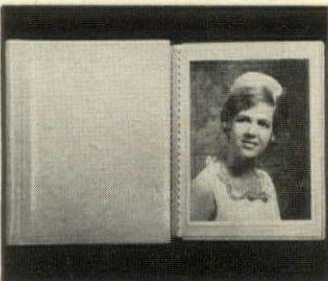
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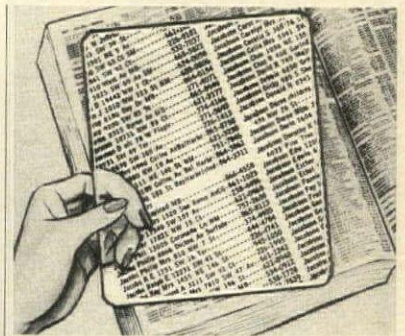
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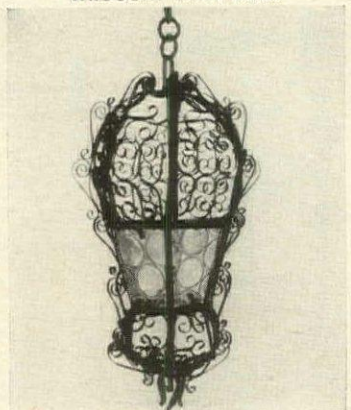
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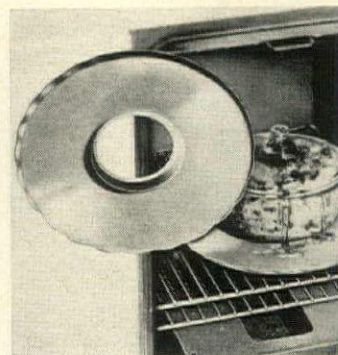
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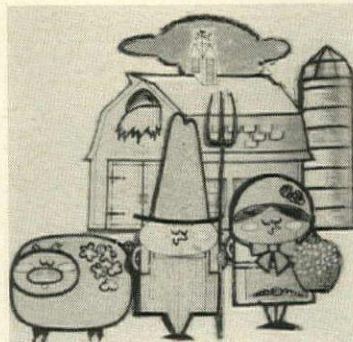
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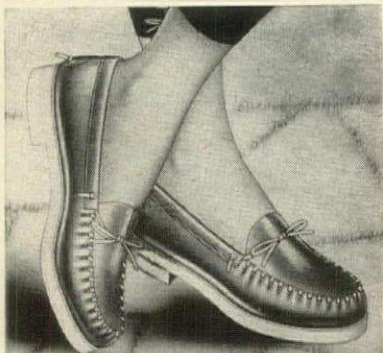


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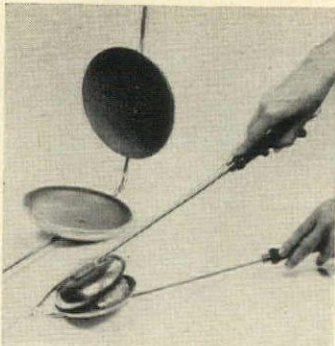
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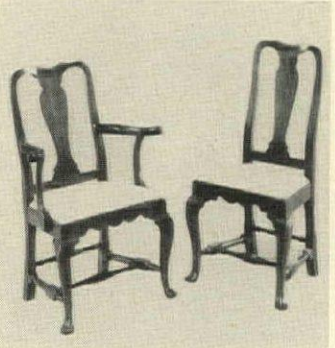
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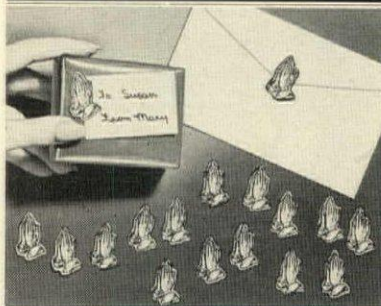
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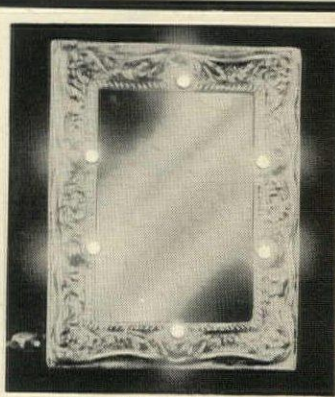
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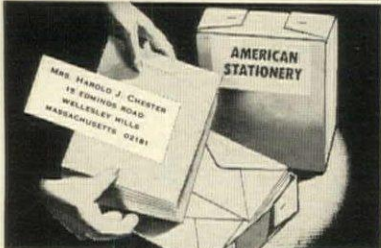
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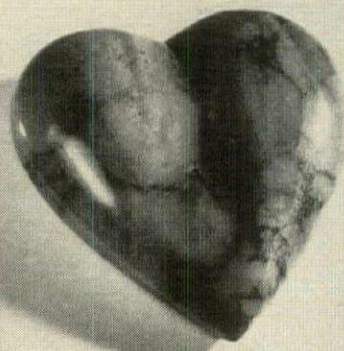
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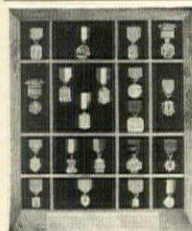
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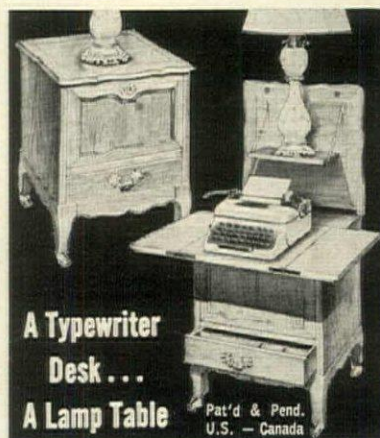
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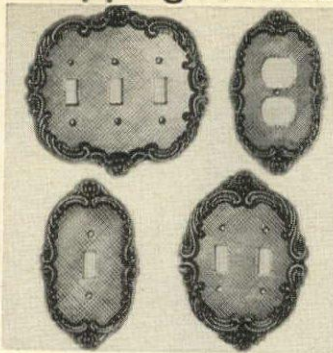
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Shopping Around

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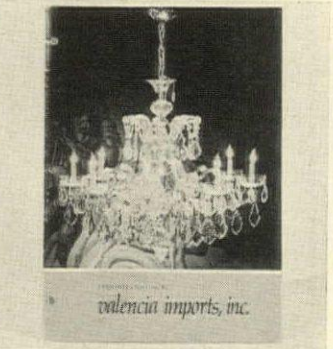
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Light ideas

This catalogue is designed to put a new light on all decorating subjects. Looking at chandeliers displayed overhead is a pain in the neck. Doesn't hold a candle to comparable catalogue viewing. And one's chocked full of colorful pictures of every type chandelier. \$25c. Valencia Imports, HG1, 100 Chamblee Dunwoody Rd., Dunwoody, Ga. 30043.



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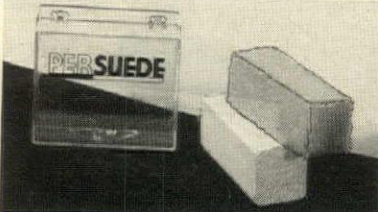
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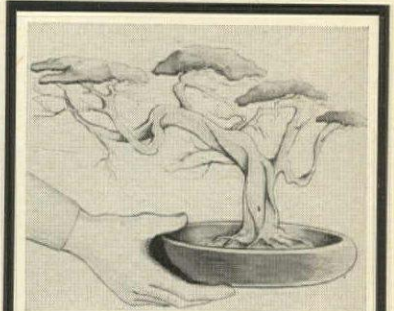


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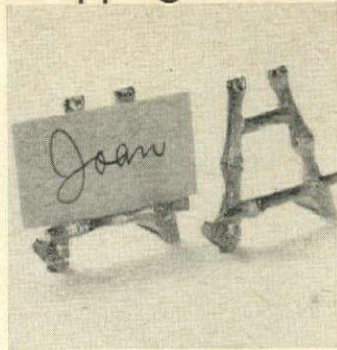
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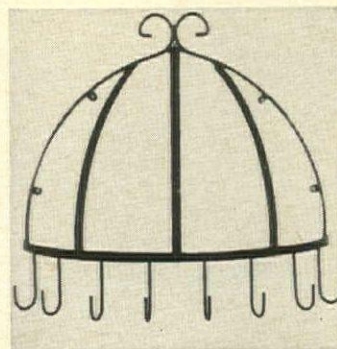
ALEXANDER SALES CORP., Dept. HG-1
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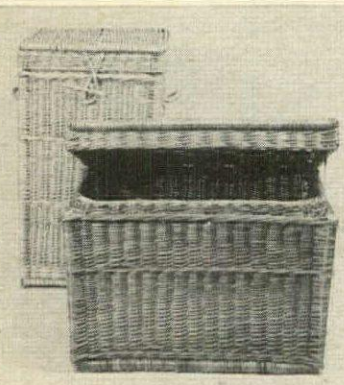
Places, everyone!

Seating guests is a simpler when they can do it on the Miniature gold-plated metal in bamboo design hold placemat right and ready. No more dander groups in the dining doorway; these golden treasures save the day. \$4 for 4 placemats. Harriet Eisenberg, Dept. 8 Valley St., South Orange 07079.



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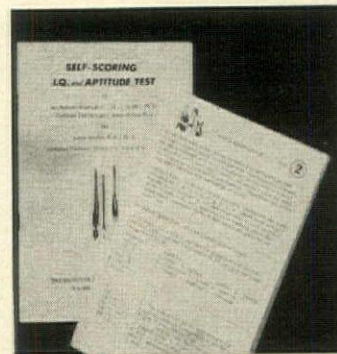
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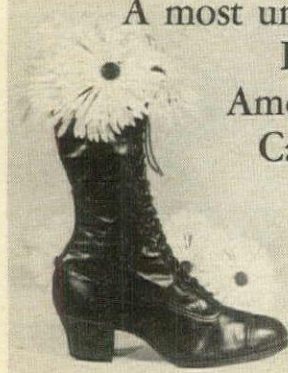
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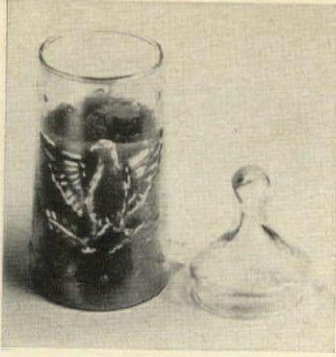
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Shopping Around

Light scent

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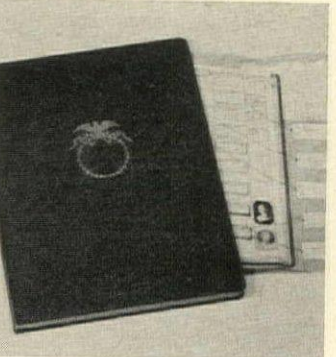
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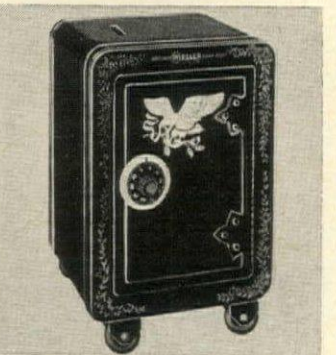
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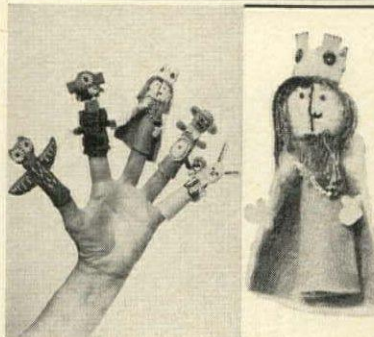
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as featured in the October issue of House & Garden
... a joy to create, a delight to animate!

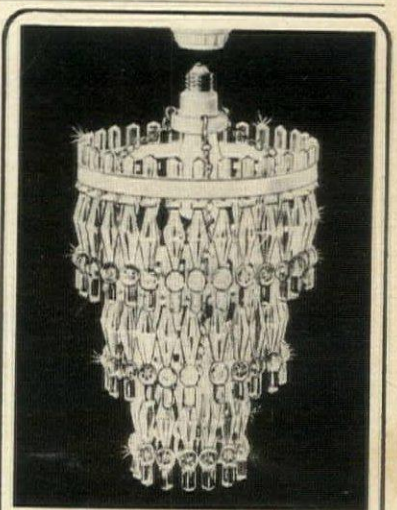
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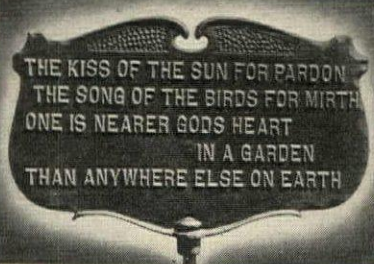
Serve poached eggs with no stuck-up pan to wash! Teflon three-egg poacher banishes stickiness. Add a bit of butter, the eggs and set the unit in any 7" pan or larger. Eggs cook perfectly and individual cups lift out to let you slide egg onto toast.

3 cup\$1.98
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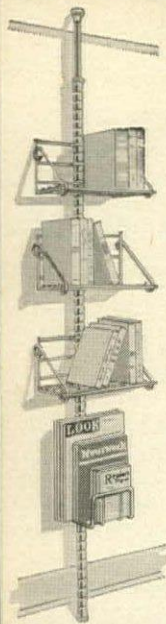
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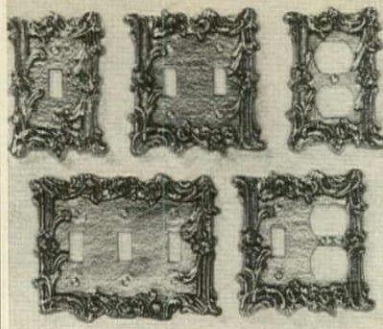
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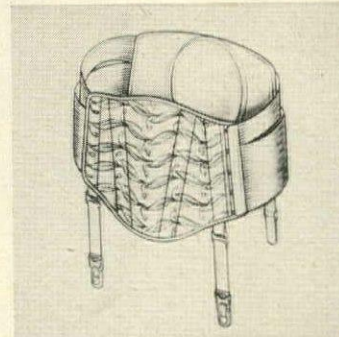
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The belt bit

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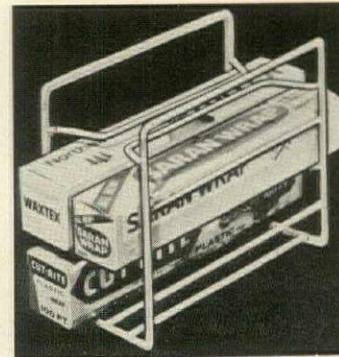
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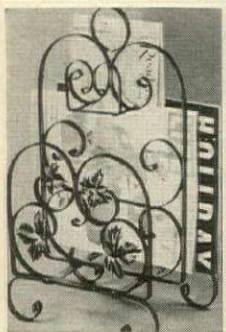
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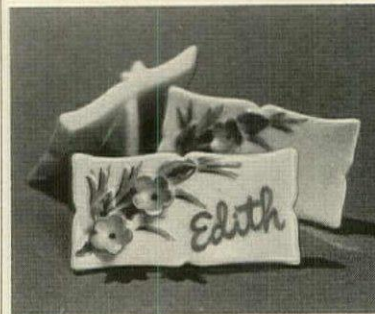
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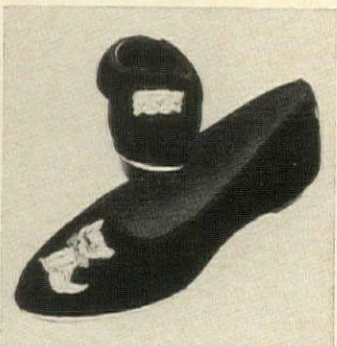
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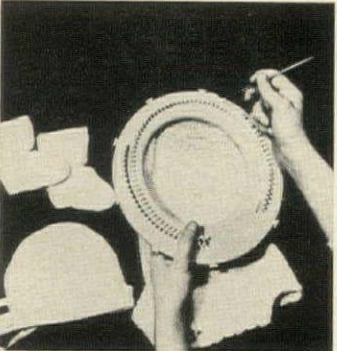
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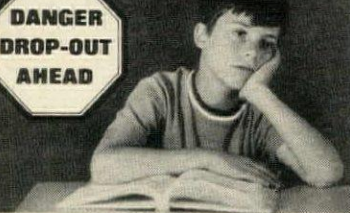


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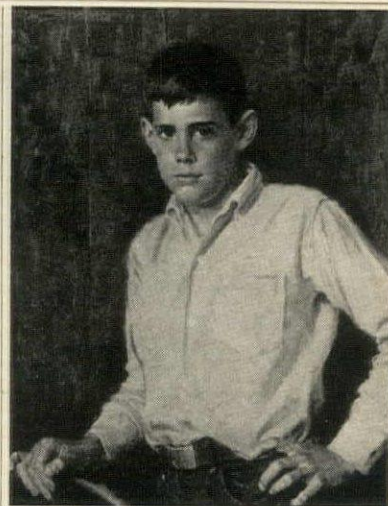


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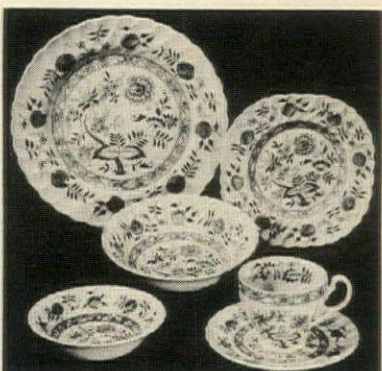
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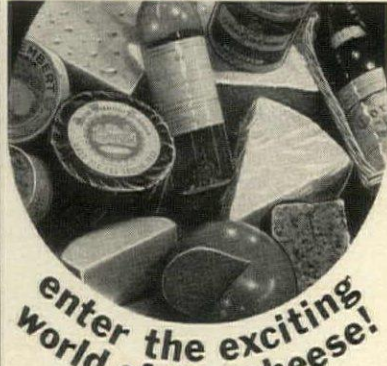


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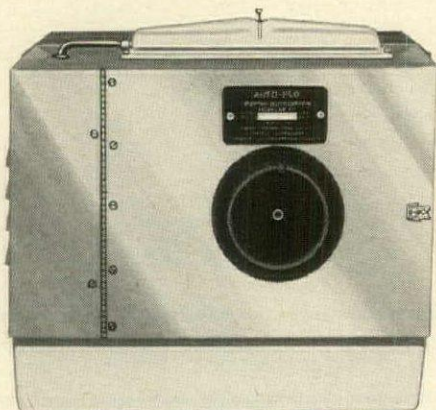
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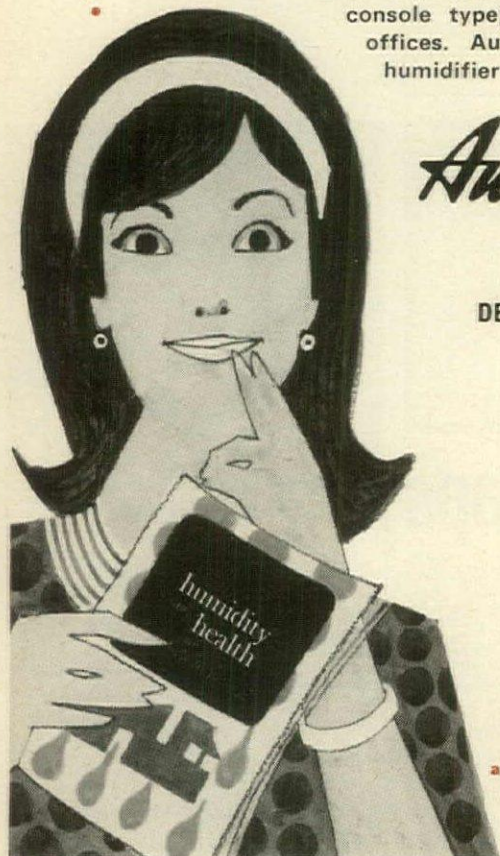
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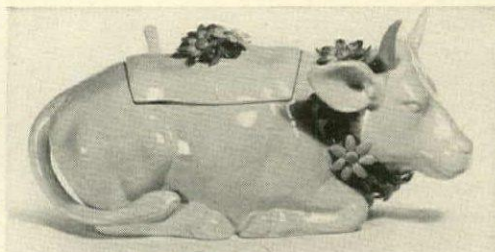
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Connoisseur's Corner

TUREENS FOR THE SOUP OF THE EVENING

Beautiful soup will be all the more welcome in a tureen that presents it in all its steaming glory. Sans soup, any of these tureens would be a decorative addition to a dining room.



Contented white ceramic cow, garlanded with bright flowers, this is as charming with real flowers sprouting from its back as is serving soup. 21 inches long. \$50, Hammacher Schlemmer.



An eighteenth-century Strasbourg tureen, reproduced in sterling, with two handles shaped like birds' heads, third like a tulip. 15½ inches long. \$2,750 at Tiffany & Co.



Ceramic tureen finished to look just like pewter. 9 inches high, 12 inches long. \$21 at Skinner's.



Life-sized ceramic cabbage with green leaves unfurling. It might be used to glorify cabbage soup or preside as an unusual, decorative centerpiece. 13 inches across, 9 inches deep. \$155 at Soupçon.



Delicate white china tureen with green "twig" handles, a reproduction of an eighteenth-century piece. \$460. Ginori.

FOR STORE ADDRESSES, SEE PAGE 156.



An honest soup pot in a deep, clear blue banded with white stripes. 8 inches high. From Sweden, \$11.50 at Bonniers.



White pottery tureen patterned with small blue hearts. 10 inches in diameter, 7 inches high. \$38 at Georg Jensen.



Ironstone tureen in a design that has been perennially popular. 12 inches high. Tureen and ladle, \$20. Platter, \$6. At B. Altman & Co.



Pretty white china tureen patterned in pink calico, trimmed with green, and gilded. 10 inches high. \$450 with platter at Tiffany & Co.



Italian ceramic tureen with a raised pattern of green leaves and yellow flowers on a white ground. With ladle and platter, \$27.50, Lord & Taylor.



Lowestoft tureen patterned with portraits of real China-trade clippers labeled with names and dates. A different ship appears on tureen, cover, platter, and ladle. By Spode, \$115, at Tiffany & Co.

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so special
about finish?

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What good is a dishwasher detergent if it's no good in your water?

Every dishwasher detergent manufacturer knows that no one dishwasher detergent works equally well in all kinds of water. Yet nobody does anything about it — except the makers of FINISH. They have developed special formulas of FINISH for different types of water. Before they send your Special Formula FINISH into your area they test it in various types of water prevalent in your area. They make sure that your Special Formula FINISH washes dishes cleaner and shines glasses brighter than any other detergent.

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NOW the best time to air condition my home

**YES! YORK offers winter finance plan
Up to five years to pay • No down
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Right now, during the winter, can be the best time to have your home completely air conditioned by York! York offers homeowners a special winter financing plan that assures you fast service—plus easy terms. You can have up to five years to pay, with no down payment. You pay nothing, until next spring! And the finance program includes life insurance protection for the full amount due.

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WHAT IS COMFORT?

COMFORT is shelter—from wind, rain, sun, snow.

COMFORT is being warm enough, cool enough, and staying that way.

COMFORT is a good bed, big, smooth, compliant as a cloud, firm as a rock.

COMFORT is being able to see where you are going and what you are doing.

COMFORT, when you are looking for a place to put something, is an empty shelf.

COMFORT is seeing all around you the colors you love.

COMFORT is the absence of dirt.

COMFORT is being able to relax at a party, without feeling you should offer to help out.

COMFORT is breathing air that does not suggest the Sahara.

COMFORT is hearing only what you want to hear when you want to hear it.

COMFORT is a garden you don't have to jackknife your backbone to tend.

COMFORT is a relic from the past, reminding you of life's continuity.

COMFORT is having a not-too-high table at arm's reach.

COMFORT is silent resiliency underfoot.

COMFORT is a kitchen where you don't have to walk a mile to make bacon and eggs.

COMFORT is having a tablecloth always fresh for a party.

COMFORT is a room where the young can make as much noise as they please.

COMFORT is a house that always smells sweet.

COMFORT is privacy.

COMFORT is having a little table to eat your buffet dinner from.

COMFORT is lolling with your feet up.

COMFORT is sitting up straight without trying.

COMFORT is a massage.

COMFORT is having something at hand to throw over you when you take a nap.

COMFORT is that blissful state when you forget that you have arms, legs, and a backbone—
remembering only that you *are*.

COMFORT IS HOME.



The children's hour: Mrs. Parrish and six of her seven grandchildren. The seventh lunches in a high chair, solo

IN HER OWN HOME, A PERCEPTIVE WOMAN
AND TALENTED DECORATOR
PROVES HER CREDO TO

“Comfort is a whole way of life”

To Mrs. Henry Parrish II, a versatile decorator as well known for what she calls her “old-fashioned” rooms as for her contemporary ones, comfort is not only “a compulsion, but a way of life equally concerned with the human frame and that curious being we call the inner man. Both must be satisfied.” Every room, consequently, that Mrs. Parrish has ever designed, whether simple or grand, extends an immediate invitation to sit down and put your feet up. Always, there is a wonderful melding of color and pattern and ornament that bewitches the eye, but never awes it. Less obvious, but injected with infinite care, are the delights and solaces of friendly warmth, a feeling of fitness, a sense of humor, and a reassuring remembrance of things past—components, every one of them, of comfort. Seeing such a room for the first time, quite empty except for its furnishings, you feel inexplicably certain that someone has just walked out of it—or is about to come in the door.

This breathing of life into the confines of four walls does not, of course, just happen. It begins with meeting the exigencies of physical comfort and ends with visual pleasure. And the pleasure is heart-warming. A paradox among interior designers, Mrs. Parrish believes in the *un-decorated* look. She also believes in touching all bases. To her, the downiest, plushiest room in the world is a dud “if it is built around nothing but cushioning the backbone.” At the same time, she sees no point at all in a room so elegantly *raffiné* that it refuses to be sat in.

A shy woman, she never preaches her credo. She is a practitioner, and nowhere has she practiced so earnestly as in her summer home in Dark Harbor, Maine. A 150-year-

old rambler, the house was her grandfather's. She spent summers there as a child, and spends them there now with her grandchildren, of which there are seven. Because her own house rather than a client's, she is free to do with it she likes, and she does. Deeply cushioned, you can sit or lie almost anywhere in blessed ease. You can sit up, comfortably supported, straight as a poker, or in a child's rocker (if you can fit into it), or stretch out the floor in front of any number of fireplaces. How oriented, you will always have something to look at. Mrs. Parrish does not believe in wasted space, barren corners or lonely, unadorned tables. She does not call herself a collector—in the sense of collecting Bristol glass or such—but, rather, “an acquirer.” She has been acquiring things all her life, refuses to stop, and somehow finds a place for everything. Although she has certain fondnesses—paintings of dogs, almost any kind of needlework, fair-weather vegetables—she is remarkably catholic in her acquisitions and she puts the whole whirlpool together with a bold and cavalier disregard for genre. (Continued)

Cushioned ease is everywhere, even outdoors

For sybaritic lounging, canvas-cushioned banquettes on a deck-like porch of Mrs. Parrish's house in Maine are heaped with pillows covered in a riot of fabrics designed by Albert Hadley, a partner in her firm. Applying a favorite yardstick she calls “no rhyme nor reason,” she lets the colors fall where they may, and they always seem friendly. Here, on balmy nights, the family dines surrounded by the greenery of an old grove of apple trees—their branches hung, bauble-like, with baskets of white tuberous begonias.

PHOTOGRAPHS BY GRIFFIN





An island of fireside comfort: a curved-corner sofa, an embracing armchair, a rocker, and ottomans for children or feet

Cushions are huge, never stop, and are often tufted

To smile at, atop a cabinet: a basket of eggs, a plate, and a portrait of both



arranging furniture for easy, comfortable conversation is one of Mrs. Parrish's strictest tenets. If there is one thing she cannot bear, it is the "shouted bon mot", and she has designed her living room so everyone can be snugly close to the audience of his choice. The chairs and sofas, a typical Parrish mélange including her childhood rocking chair, she chose and placed with enormous care—both for nicety of balance and to provide a gamut of comfortable seating (sofas, lounge chairs, straight chairs, ottomans) for both guests and children. Visually, the room is a delight because she has indulged her fondness for pattern with four different floral motifs—one for overcurtains and slipcovers, two for upholstery and pillows (pillows are a passion), another for a draped table—then underscored them all with a vividly flowered rug. There is no sense at all of misalliance: the patterns are as closely related as the Parrish grandchildren. Asked how she puts this amalgam together, she explains the trick as simply "feeling your way." Staying pretty much within a chosen palette, she combines and rejects until instinct and eye tell her to stop. Then she uses an anchor or two—in this instance, a solid blue chintz for the largest sofa, a painted floor echoing the green of the leaves in the fabrics' foliage. (Continued)

COMFORT:
A WAY OF L
continued





Added chair trappings cushion guests for long talks at the table

comfort underfoot, a gros point carpet;
for comfort in the sun, a battery of hats



Mrs. Parrish makes equally comfortable provisions for relaxed conversation in the dining room as in her lavishly cushioned living and sitting rooms. Tie-on seat cushions and antimacassar-like back pads—the entire lot peppered with rosebuds—not only pretty up the chairs, but keep guests gently moored. With the exception of a fine old Hepplewhite sideboard, the dining room is almost entirely furnished with salvage from a nearby farmhouse from which Mrs. Parrish marched off with 100 pieces of furniture for the appropriately round sum of \$100. Much of it was golden oak; today, refreshed with white enamel, it is as snowy as a winter drift. This country-cousin furniture has the endearing qualities of nostalgia, familiarity, and, somehow, security—assets that can sometimes spell more comfort than dorsal ease. In any event, Mrs. Parrish extends to the old table and chairs the same courtesy she might give Chippendale—part of the secret of her “undecorated” look. This mien she intensifies by occasionally propping paintings instead of hanging them, perching them on window sills, and mixing (rather than matching) anything with everything as in the blaze of fireworks she has kindled with fabric and color in the sitting room, *opposite page*. (Continued)

COMFORT:
A WAY OF
continued

The sitting room is supplied with an afghan for naps, a delicious scoo





In her own bedroom, Mrs. Parrish surrounds herself with old favorites: a collection of framed needlework, a child's sofa, a faïence Pekingese

Guests are pampered with a charmingly curtained four-poster, a brace of old-fashioned quilts

The canary yellow house is approached by a bridge over a tiny pond



Upstairs, as well as downstairs, Mrs. Parrish traps comfort in every snare she can devise. In the bedrooms, the mattresses, box springs, and their respective trappings are never allowed to age beyond their prime. Once tired, they are put out to pasture. The bathrooms are full of towels an inch thick, luscious sponges, dressing gowns for guests, and one of the greatest solaces ever to come out of England—electric towel warmers.

For inner-man warmers, there is other fuel. Since Mrs. Parrish believes that "a static house soon becomes tiresome," she changes something every day—usually by rearrangement, occasionally, when something wears out, by a switch in fabrics. She rarely duplicates a pattern, preferring instead to play her "mixing game" until she finds a tonic to keep the over-all setup in harmony in a new way. The house, consequently, is a bit like a kaleidoscope that is constantly given gentle little shakes to keep it on its toes. Even architectural oddities do not daunt her. In her own bedroom, for example, instead of disguising the complexity of the ceiling, she underscores it with a bold wallpaper border. As with the trees in the forest, you can't see the eaves for the roses.

COMFORT
A WAY OF
continued



FOR SUPER COMFORT, H&G DESIGNS
A MARVELOUS NEW KIND OF ROOM:

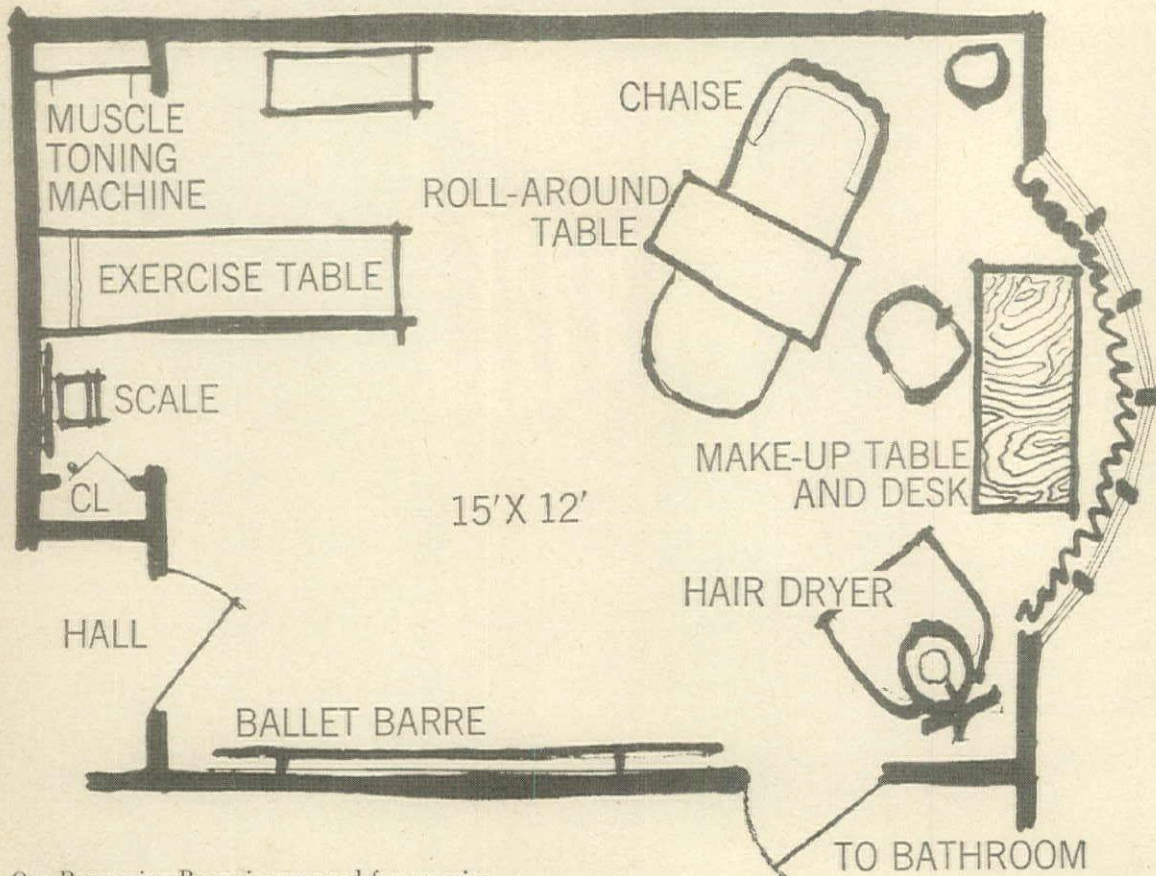
The Pampering Room

The delicious feeling of being cared for that has made the spa a refuge and restorer of body and spirit since the time of ancient Rome is a super comfort you can luxuriate in today without going outside your front door. H&G has devised a new

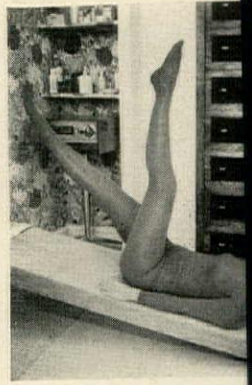
kind of room that offers, in microcosm, all the facilities of the modern health and beauty farm, but is every bit as pretty and inviting as your own bedroom or sitting room. Essentially, our Pampering Room is a place to feel good in, a place where you can be scrubbed and groomed, muscle-toned and figure-trimmed, and also retire for a quiet hour of reading, napping, letter-writing, or simply enjoying the incomparable comfort of quiet contemplation. The facilities might be planned especially for a man (see our compact adaptation, page 93), or more impartially for a couple. But our first edition was specifically designed as the personal spa of a feminine sybarite.

The most felicitous space to convert to a Pampering Room would be a spare bedroom or study with an adjoining bath. Ours was designed for a 12-by-15-foot room with an alcove created by removing the double doors to the closet (see plan, below). We painted the walls H&G's Peppermint Pink, covered the floor with foot-pampering cushion-back vinyl, and hung gaily flowered sheer curtains at the bay window. The ceiling of the bay and walls of the alcove opposite we covered with the same printed fabric.

All the exercise, massage, and other physical fitness equipment is concentrated in and around the alcove. Here on the massage-and-exercise table you can use the muscle-toning machine, bask under the sun or heat lamp, rest while a beauty mask does its work, or exercise on the floor mat that hangs for storage in the alcove's shallow closet. We mirrored the stretch of wall between the door to the hall and the door to the bathroom, and installed a ballet barre there. (Continued)



Our Pampering Room is arranged for exercise at one end, resting and beauty care at the other.



You can do slant-board on table with two leg



Electric muscle toner wh to wherever you want

IN THE PAMPERING ROOM

- EXERCISE MAT
- STANDING SUNLAMP
- CLINIC SCALE
- EXERCISE-MASSAGE TABLE
- ELECTRIC MUSCLE TONER
- BALLET BARRE
- SALON HAIR DRYER
- ELECTRIC FACIAL EXERCISE
- ELECTRIC MANICURE SET
- ELECTRIC HAIR COMB
- LIGHTED MAKE-UP MIRROR

IN THE BATHROOM

- STEAM ATTACHMENT FOR SHOWER STALL
- WHIRLPOOL ATTACHMENT

Opposite page, a remain the exercise alcove h cise clothes and towel toning machine by Rel Armstrong vinyl floor sunlamp; Continental s For shopping information, s

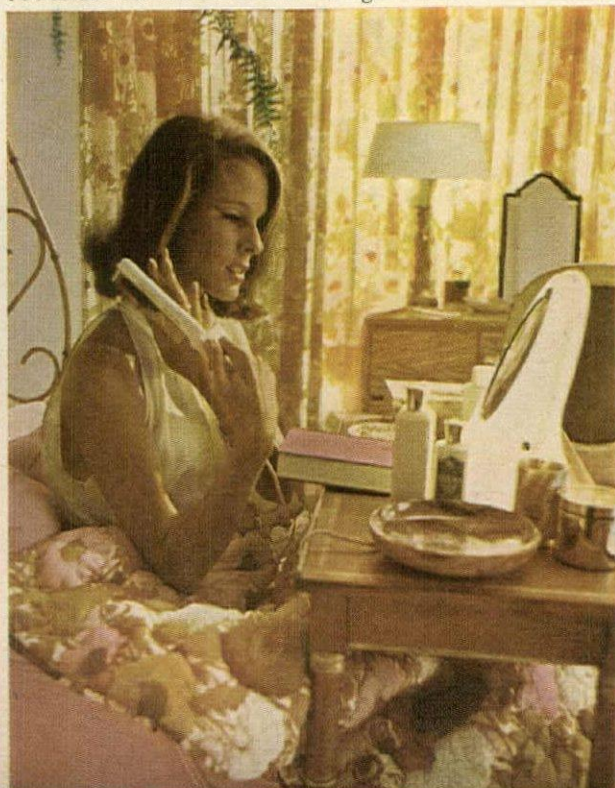




Beauty-treatment area is a comfortable spot for reading and resting. Chaise and chair, slipcovered in bath sheets by Martex; curtains of Dacron print by Cohama; Ronson salon dryer.

... or use the electric comb and lighted mirror.

Snug in the chaise, you can enjoy an electric manicure. . . .



Comfortable partners: tub chair and salon dryer.



Beauty treatments are pleasant not only because of their results, because they involve a certain hypnotic ritual—a pleasure that is increased tenfold when the ritual can be carried out in solitude, at your own convenience, in a pretty setting that reflects your personal style. In the beauty center of our Pampering Room, you can coif and manicure yourself, concentrate on skin cleaning and toning, experiment with make-up, or be soothed and cosseted by a variety of little pleasures. We slipcovered the upholstered tub chair and tempting massage table as we did the massage table and exercise mat—with terry bath towels, soft and plushy to the touch and wonderfully washable. The brightly-lit make-up table in the bay, with its generous drawer space and telephone, might well turn out to be a favorite working desk between beauty sessions. And the roll-around table that fits over the tub can be used for anything from manicuring to drawing up a party guest list.

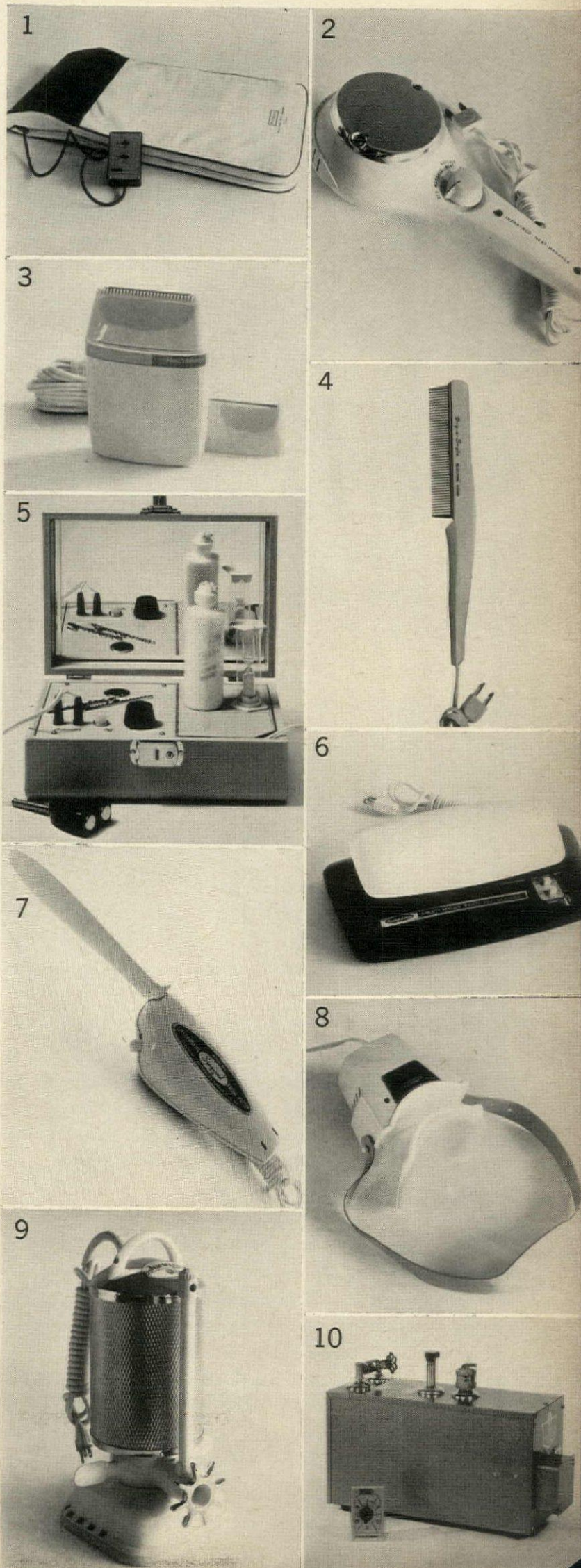
In the bathroom adjoining the Pampering Room are two hydro-massagers that complete the facilities of this personal spa. One is a little compact, 8-by-20-by-11 inches, the electronic generator stands outside the shower, is easily connected to the water system by a plumber. The other device turns a tub bath into a whirlpool bath for blissful hydrotherapy. (It comes in both a plug-in model and one that can be permanently installed by a plumber.)

Lacking a whole room to convert to a health and beauty center, you can turn a bedroom or sitting room into a part-time Pampering Room by assembling all the essential treatment and exercise devices into a well-organized storage center. H&G has designed two of these—for a woman, one for a man. *(Continued)*

1. Infrared heat massager to place in the back of chair or chaise. By Pollenex.
2. Spot massager with two heat settings that gives massage, or heat, or both. By Songrand.
3. Ladies electric shaver designed for the legs, with extra attachment for underarms. By Hamilton Beach.
4. Electric hair comb with heat that dries, combs, styles, or teases in one motion. By Songrand.
5. Electrical facial kit including devices for gentle stimulation and circulation. By Zeigler.
6. Foot massager that also relieves tired feet with infrared heat. By Songrand.
7. Electric facial padder that stimulates local circulation with 1,800 strokes a minute. By Songrand.
8. Strap-on chin massager to use with or without heat. Also adaptable for spot massage. By Songrand.
9. Plug-in portable water massage machine that turns an ordinary tub bath into a whirlpool. By Jacuzzi.
10. Compact steam generator that connects to water supply and pipes steam into stall shower. By Thermasol.

For shopping information, see page 145.

PAMPERERS STASHED IN CLOSET OR BATHROOM



For small-space adaptations turn the page



Doors of armoire are wire grilles backed by sheer curtains. By Youngville Star.

PAMPERING ARMOIRE FOR A WOMAN

For the space shy, H&G has packed into an armoire all the essential facilities that can turn a bedroom, dressing room, or family room into a Pampering Room on a part-time basis. The rest of the time the armoire is a decorative addition to the room, occupying only 20 by 42 inches of floor space. We managed to include almost all the essentials of a full-scale, full-time Pampering Room in this 84-inch-high storage center by choosing smaller models and folding models that would fit easily onto the shelves and into the drawers. The lightest items were placed on the top shelf, and when you open the doors, everything is immediately visible and accessible except for the folding exercise table which is tucked at the back of the bottom shelf. One of the drawers is for towels and exercise clothes, the other has compartments for cosmetics and small devices. As an extra fillip, we lined the inside of the armoire with peacock-patterned paper.

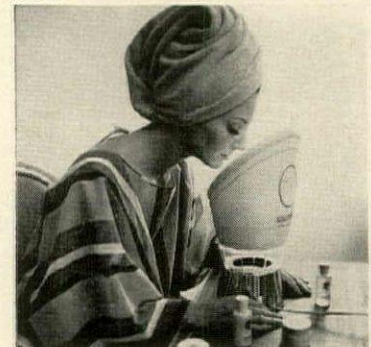
IN THE ARMOIRE:

ELECTRIC HAIR ROLLER KIT
BATTERY-OPERATED VIBRATOR
ELECTRIC HAIR BRUSH
ELECTRIC MANICURE SET
TABLE HAIR DRYER
SCALE
ROLLER MASSAGER
MAKE-UP MIRROR
FACIAL SAUNA
SUNLAMP
TRANSISTORIZED MUSCLE TONER
FOLDING EXERCISE TABLE



With dryer, you can also steam-set hair, speed coloring. Schick.

BEADLE



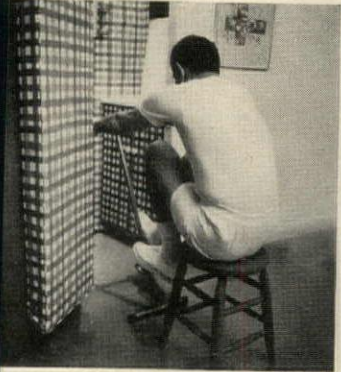
With facial sauna, you can steam-clean pores. Health Products, Inc.

PAMPERING CLOSET FOR A MAN

In a 2-by-3-foot closet that might adjoin a man's bedroom or study we assembled almost all the exercise, massage, and grooming equipment that might be offered in a home gym. (For H&G's own plan for a "Slim Gym," see July, 1961.) Since many of the devices included in an exercise set—chinning bar, bicycler, chest pulls—are designed to be used in an open doorway, we decorated the closet interior to match the room—plaid vinyl walls, vinyl floor. On one side of the closet we built shelves that are deeper at the back wall than at the front in order to provide easily accessible space for large items as well as small. On the opposite side we built a countertop cabinet for towels and exercise clothes. Components of the exercise set and the legs of the exercise table hang on clips on the back wall, the infrared back massager on the side wall over the counter. The exercise table itself, slipcovered to match the walls, hangs on the door.

IN THE CLOSET:

EXERCISE-MASSAGE TABLE
EXERCISE SET
LUNLAMP
SWEDISH-TYPE MASSAGER
FOOT MASSAGER
ELECTRIC RAZOR
BED VIBRATOR
FOOT HYDROTHERAPY SET
MUSCLE-TONING MACHINE
EXERCISE AND DIET LIBRARY
WHIRLPOOL ATTACHMENT FOR TUB
SCALE
INFRARED BACK MASSAGER



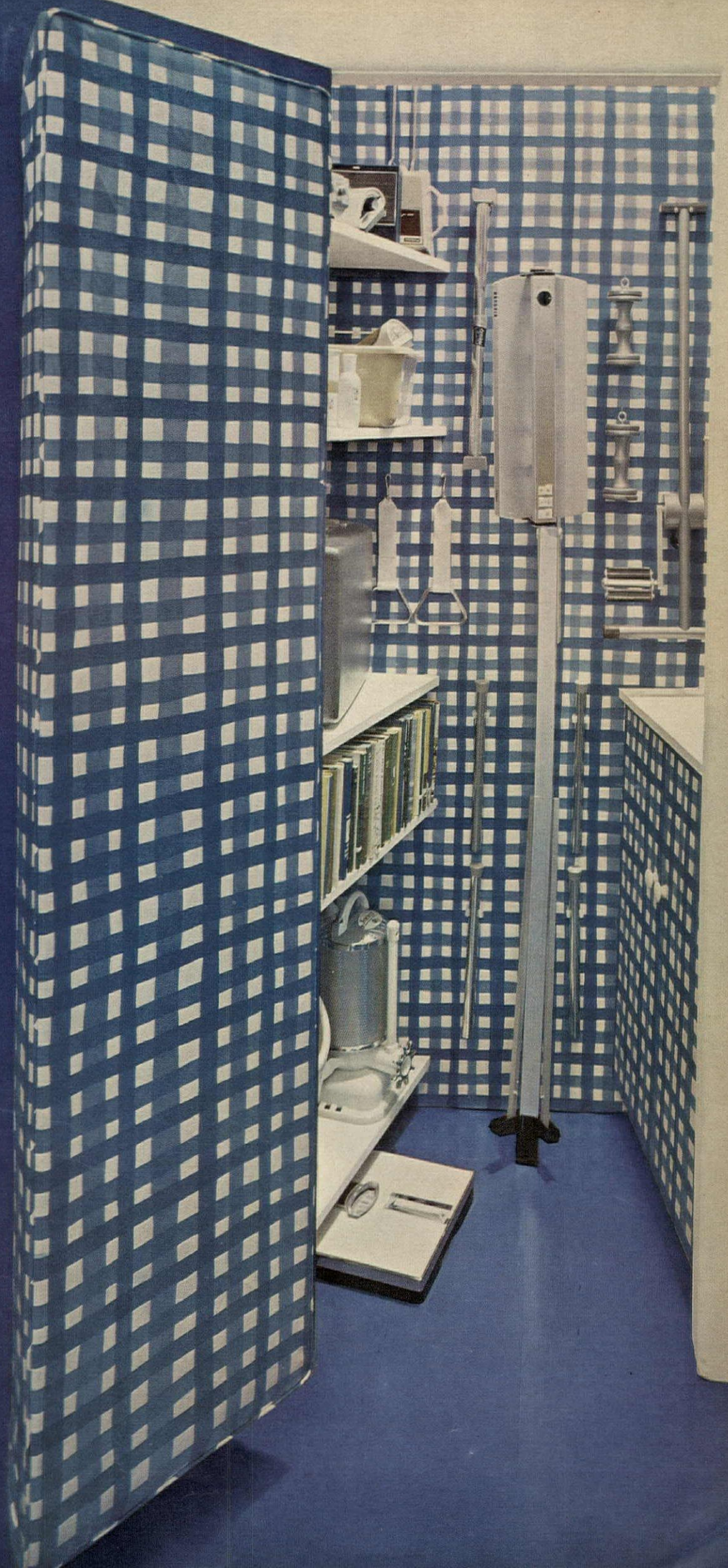
Gym set includes bicycle exerciser.
From Battle Creek Equipment Co.



Chest pulls with weights and door-
way chinning bar come with set.

Colors and patterns in closet
match those in bedroom.
Vinyl floor by Goodyear.

For close-ups of equipment
in armoire and closet, see page 149.
For shopping information,
turn to page 145.



Party planning:

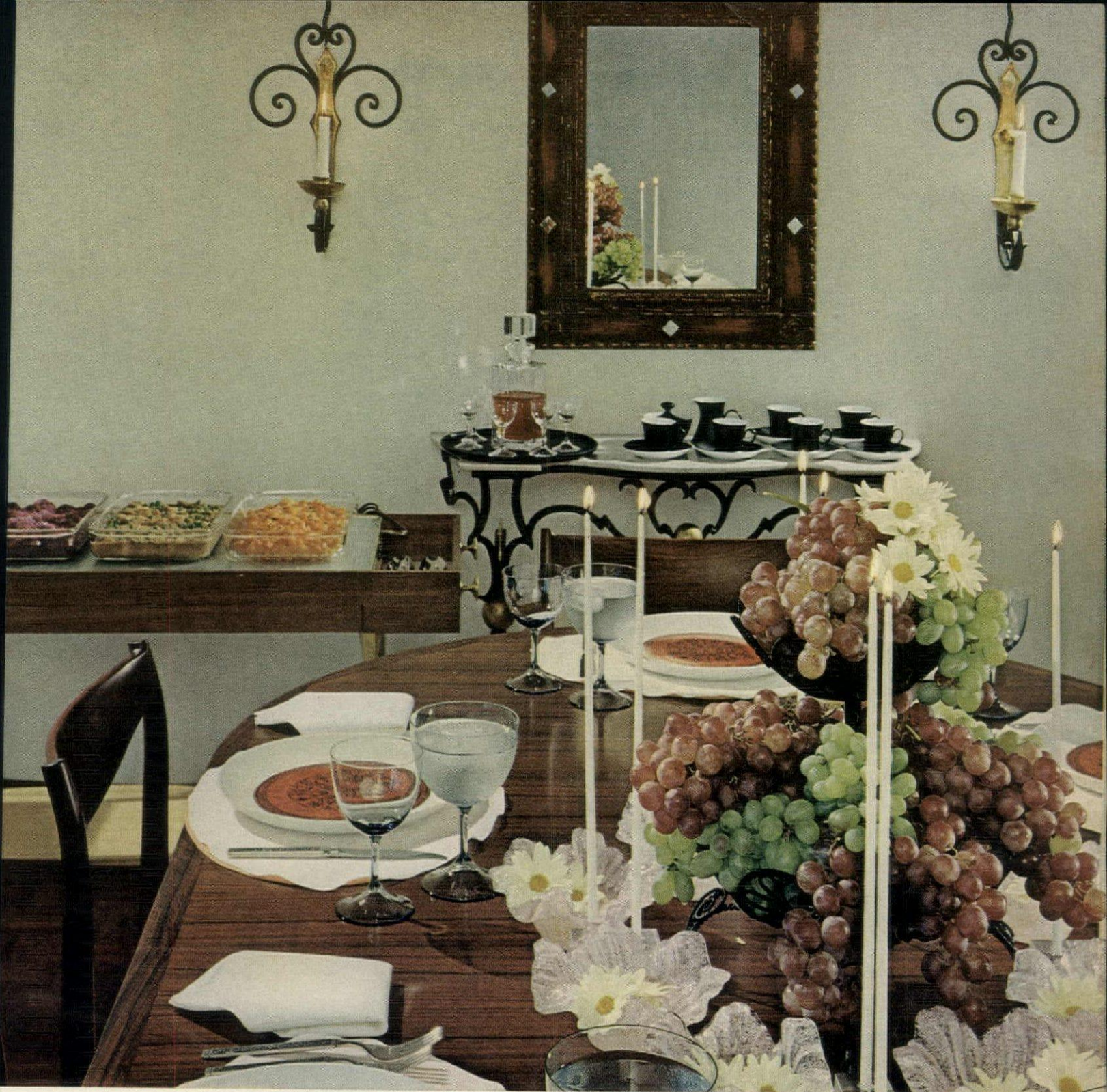
How to put your guests at ease

The art of making guests comfortable demands foresight—the imagination to predict in advance the needs of other people and the self-discipline to plan accordingly. Once the party starts, only the delightful results of the planning should show, never the effort behind it. This is not too difficult to achieve if you have plenty of help. For a party of any appreciable size, most hostesses arrange to have some help, but for a small dinner for six or eight, extra help is not always feasible. On such occasions, a hostess's imagination and tact are put to the real test. For an oversolicitous hostess or one who abdicates her role to become a dutiful waitress-cum-barmaid makes everyone uncomfortable. If someone says, "Don't work so hard," you can be sure *he* is not enjoying himself. Yet lacking help in either kitchen or dining room, you can put your guests wholly at ease—which is the true essence of hospitality. Here are plans for two small maidless parties—a seated dinner for six and a buffet for the same number—designed to clear the most frequent obstacles to easy congeniality.

At a seated dinner: a hostess who stays seated, too



Even with no maid you can serve a small seated dinner without discomforting your guests by repeatedly jumping up from the table. This feat will be easier to bring off if host and hostess work together, unobtrusively taking turns with whatever fetching and carrying must be done. It is also vital to the guests' serenity that host and hostess sit down to the table at the same time as everyone else, which means the food must be already at hand, and still piping. The opening gambit in this plan for a small seated dinner for six is to serve the first course in the living room. During cocktails, consommé can be kept simmering in a samovar on a living room table, and at the appointed moment you can invite the guests to help themselves. Once they are comfortably settled with their soup in the living room, they are not likely to notice your departure to the kitchen where everything for the main course waits on a mobile hot table, ready to be wheeled into position beside the dining table. When the main course is finished, empty plates can be passed along to the hot table and stacked on a tray on the bottom shelf. One more trip to the kitchen should be enough to dispose of first course remains, whisk a mousse from the refrigerator and bring it on a tray, together with plates and coffee pot, back to the dining room. Cups, saucers, and brandy have already been set out conveniently on the dining room's permanent serving table long before the first guests arrived.



First course, *opposite page*, is set out in living room before party starts—consommé in faïence samovar, tea glasses with pewter holders that need no saucers.

Main course, *above*, is served from mobile hot table, which also returns empty plates to kitchen. Finger bowls, containing daisies anchored in lemon slices, start as part of centerpiece. On table, Block china and crystal; Gorham's "Hacienda" stainless steel.

Mobile hot table, *right*, has a heatless side tray where wine can cool; dinner plates warm in plate warmer on shelf. Salton Hotable.

Shopping information, page 145



*At a buffet party:
twin buffet tables that
never lose their looks*

One happy advantage of a serve-yourself party is the opportunity it offers to delight your guests with an enticing array of food, china, crystal, and silver prettily arranged on a buffet table. But if the guests are to remain delighted, the arrangement must also be designed for easy self-service. Each diner must have a secure little table to eat from comfortably, and both empty plates and untidy, near-empty serving dishes should disappear on cue. A three-pronged plan for achieving this involves arranging two buffets instead of one; using a festive lightweight cart to speed clearing and replenishment; and providing each guest with a gaily painted table, high enough to give knee room and portable enough for conviviality. The two buffets work in tandem. You set up one for cocktails and hors d'oeuvres, giving everyone his own little tray. The second is set for the main course, and each place setting is assembled so that no one has to fumble around for his plate, silver, and napkin. After beginning the evening as an auxiliary bar, the little cart, when dinner is served, whisks away the empty glasses and whatever remains on the first buffet. There is no fuss about setting up the individual tables: their flower-pied tops are quite self-sufficient without cloths or mats. The first course finished, the cart makes a dashing reappearance bearing dessert which can be quickly arranged on buffet table number one. Another round trip clears away the first course and brings back to table number two everything needed for coffee.



FOTIADES



Gala party tables, *above*, easy to make from 18-in squares of plywood, ready-made screw-on legs (that screw off for simple storage), and vivid glow paints. Designed by Ren

Rattan cart, *left*, rolls so easily that guests won't feel they must he

Alternate buffet tables, *opposite page*, entice guests with a fresh setting for each course. Intricate pattern of cloths is achieved by laying sheer cloths with white-on-white motifs over printed cotton with smashingly different motifs. Twin centerpieces consist of Colorado Carnations massed in tall-stemmed hurricane candle-holders with tapered inserts between the crisscrossed stems. Wrinkle-resistant tablecloths by Ottavia Originals; Pickering china; sterling silver by Lur

Shopping information, page 14

HOUSE & GARDEN, JANUARY

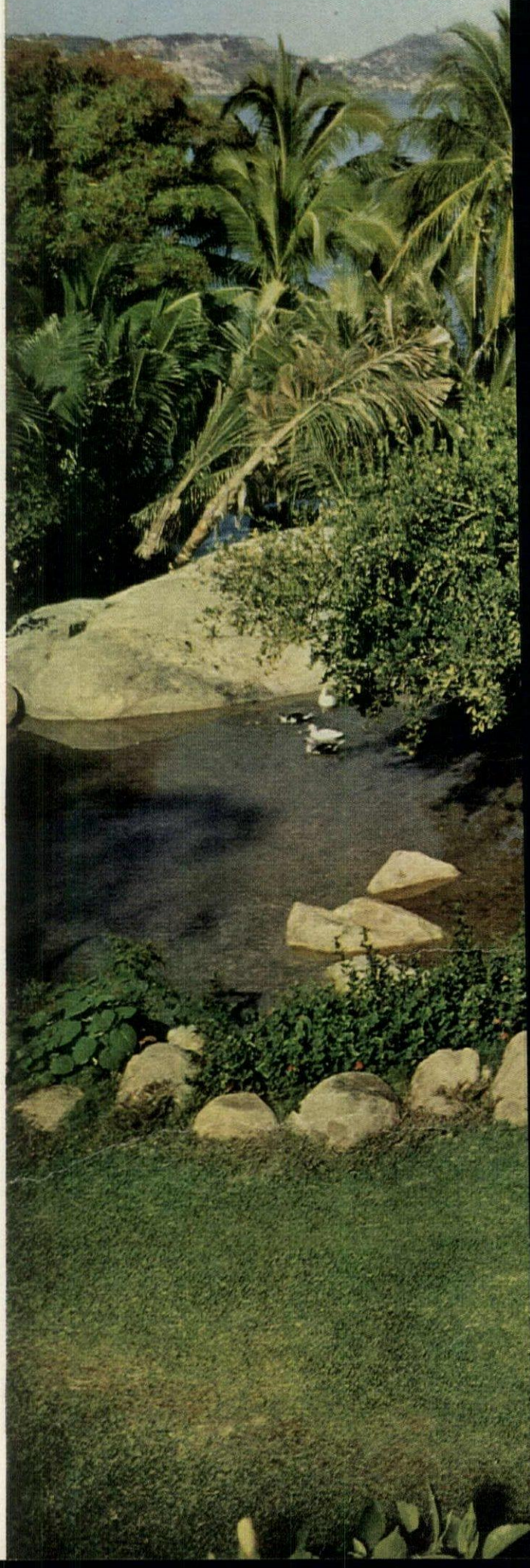




At the south end of the house, OPPOSITE PAGE, there is a rock-bordered pond for ducks, and on the bay side, ABOVE, a swimming pool built around five palm trees that "float" on little tile-walled islands. The landscaping, all of it planned by Mrs. Pagliai, was woven around the existing trees.

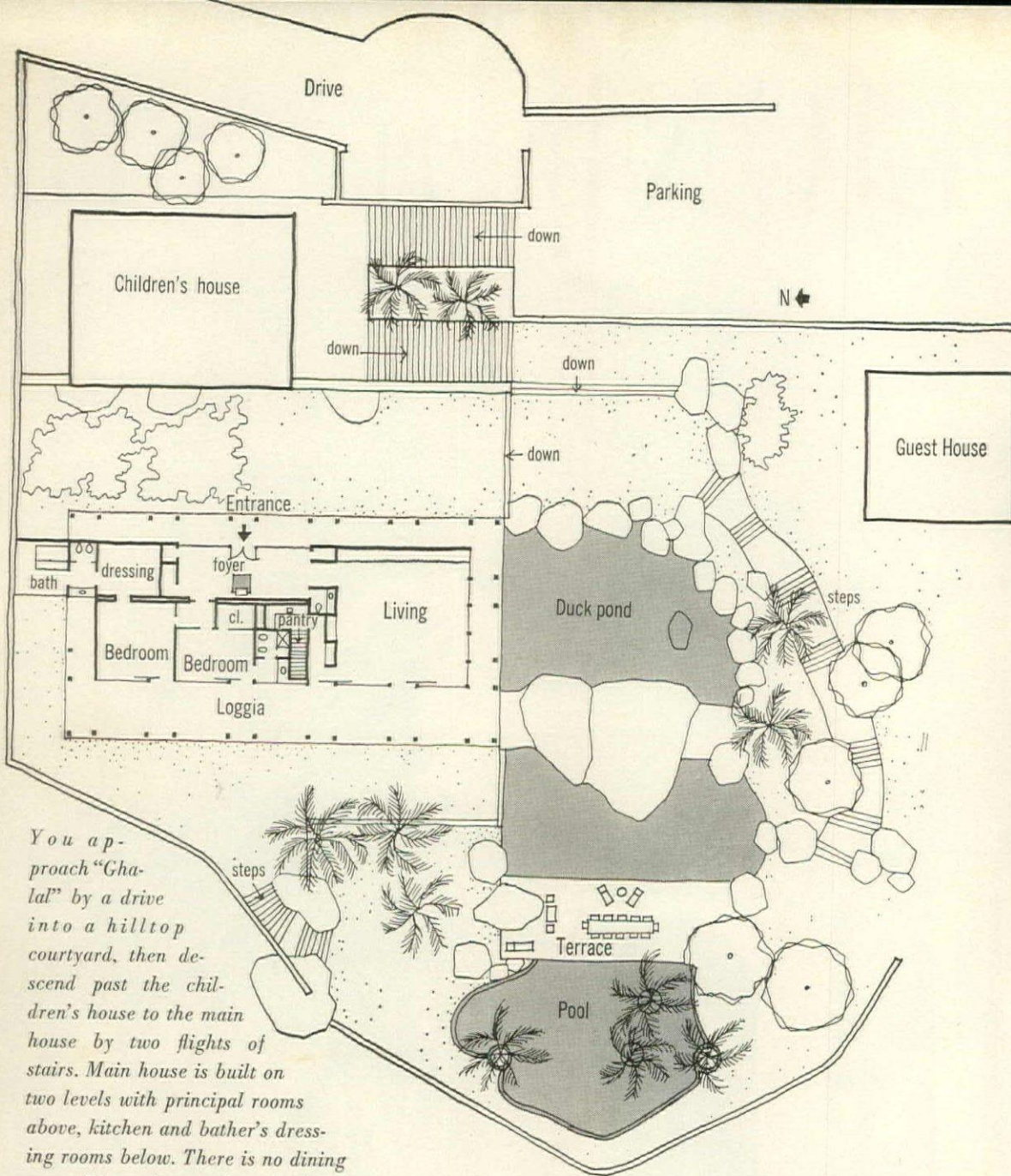
In the ancient Tzotzil language of Mayan Mexico, the verb "to love" is *ghalal*, a word that was borrowed quite appropriately as the name for Mr. and Mrs. Bruno Pagliai's beloved seaside pavilion on the Playa Guitarron outside Acapulco. Although the Pagliais—in the cinematic world, Mrs. Pagliai is Merle Oberon—have three other houses, this one, the newest, is Mrs. Pagliai's favorite because it is so much her creation that, had she been able, she might very well have built it with her own hands. After architect Juan Sordo Madeleno had submitted a series of designs ("all beautiful, but too indigenous, which I am not"), her fondness for arches—and her eagerness that he create a pattern with them that would be entirely his own—inspired an exotically romantic Islamic-Moorish house with some of the best down-to-earth planning for comfort in Mexico. As visiting Americans have learned, Acapulco—with no violent storms, no break in balminess—has one of the most idyllic climates in the world. But Mexico is a tropical country, and it is an unwritten local law that no house be built facing into the afternoon sun. This law Mrs. Pagliai (to whom Mexico means possessing the sun) promptly and very carefully broke, and she has never regretted it. *(Continued)*

In Acapulco



PAVILION BY THE SEA

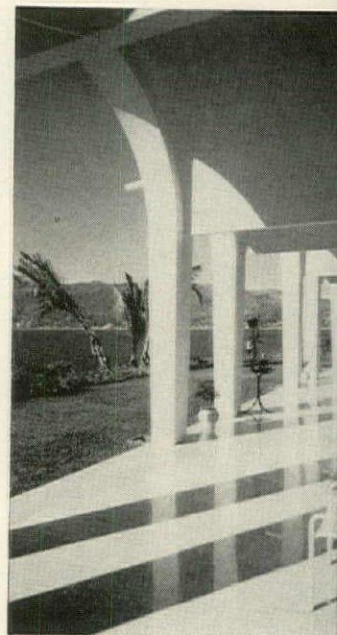




You approach "Ghalal" by a drive into a hilltop courtyard, then descend past the children's house to the main house by two flights of stairs. Main house is built on two levels with principal rooms above, kitchen and bather's dressing rooms below. There is no dining room. Dinner is served on the loggia, lunch on a great stone terrace suspended between the swimming pool and the lower of two ornamental ponds—both artificial.

So that the house could be oriented to enjoy the spectacular sunsets, face-on, bulldozers worked for six months to carve out a great nestlike plateau in the rock of the sloping site. "Ghalal" was then completely air-conditioned (most Acapulco houses are not), and a loggia so cavernous that only the most venturesome sun could plumb its shadows was designed for the seaside façade. Thus, the Pagliais can drink up the fiery sunsets and still stay blissfully cool in their snow-white, heat-deflecting pavilion. Its outer shell is concrete enveloped with powdered marble—architectural armor that will remain coolly white, without paint, almost indefinitely.

Mrs. Pagliai had a very personal reason for insisting on the Islamic arches that crown the two-level structure. "What," she asks, "is prettier?" The walls of the upper level consist of nothing but arches that extend straight through the house in a series of barrel-vault ceilings. All the seaside arches are filled in with glass and, at the top, bronze-colored, light-filtering metal grilles wrought in an old Moorish pattern. Since the house was designed for year-round living, it is furnished with an eye to permanence without any of the casualness so often found in purely seasonal hideaways. (Continued)



The loggia, so deep that it is always partly in shadow, sweeps the full length of the house. Here, in the evening, the Pagliais dine.

The 35-foot-square living room, OPPOSITE PAGE, with its superb view through the arched loggia, more than justifies Mrs. Pagliai's determination to face "Ghalal" into the afternoon sun. Indoors, Chinese divans and tables carved in ancient motifs are partnered with lush upholstered English pieces on an island of catalytic color—Mrs. Pagliai's wonderful monkey-in-a-tree rug. A cabinet-wall, BELOW, holds porcelain, bibelots, and a stereo system that is piped right through the house and out into the treetop speakers of the poolside palms.







The luncheon terrace is shaded by palms, their fronds trained into a green umbrella. Along with the coolness, there are two kinds of music: one from speakers hidden in the trees, another from twin cascades and, between them, a jet of water forced through one of the great boulders that cup the upper pond (the ducks' bailiwick) in their hollowed-out crests.

A PAVILION BY THE SEA *continued*

The furniture is a fascinating hybrid—part Chinese, part English. Some of the pieces are antique and came from the ends of the earth. The rest, made in Mexico with photographs and drawings as a guide, are faithful replicas of the work of Ming Dynasty craftsmen. It is difficult to tell the old and the new apart. The English furniture—luxuriously cushioned sofas and chairs of the lounge type—was chosen as a warm and comfortable complement to the cool formality of the Chinese cabinetry. And beneath this East-meets-West mélange are Mrs. Pagliai's proudest possessions, the rugs. She designed them ("I don't draw very well, but I managed"), chose the wools, had them woven in Mexico City. The motifs are fantasies of flowers and birds, animals and foliage that not only glove the white Carrara marble floors in mouth-watering colors, but bring the outdoor



All the furniture in Mrs. Pagliai's bedroom, ABOVE, is antique—its patina set off by various shades of pink in the rug, the draperies, and the chiffon bed hangings. Her two favorite pieces are the little Siamese dressing table (seated on a cushion, she really uses it), and the old opium bed. Sometimes, during the day, RIGHT, she has a section of the mattress removed, and the bed assembled in the manner of 400 years ago when elegant Ming ladies courted the poppy. In Mr. Pagliai's bedroom, LEFT, a Chinese bed of vermilion lacquer stands below a fantastic painting found in Ethiopia and composed of more than seventy little scenes depicting highlights in the life of the Queen of Sheba. Rug is the second drama in Mrs. Pagliai's design-trilogy.



WHERE COMFORT STARTS THE AIR AROUND YOU

By Elisabeth Stevens

In 1797 Samuel Taylor Coleridge fantasied "a sunny pleasure-dome with caves of ice." To him, this paradoxical imaginary castle of Kubla Khan's was "a miracle of rare device." Yet, today the luxury of varied but controlled indoor climate can be an everyday experience for anyone. Even the most pampered eastern potentate would be astounded by the delightful atmosphere created by the latest method of treating the air around us. For it is based on a brand new concept: the coordination of heating, cooling, cleaning, humidity- and odor-control into a single system that will provide total comfort.

A pleasure dome is a personal thing. I don't think I could take Coleridge's caves of ice even in summer. They sound dark, damp, and depressing. A consistently tropical climate would be my choice. Give me Antigua, Acapulco, or Montego Bay—the brightness, the warmth, the deliciously overwhelming lushness. Yet, my dream jungle edged with green pastures is not what my husband wants at all. Winter is invigorating, he says, and while I shiver, he opens the windows.

Tastes in air comfort differ, but in a house where the air is controlled according to today's newest ideas, the atmosphere can be adjusted to please the whole family. Every room can be pleasantly warm in winter without being stuffy. The air can be clean, salubriously moist, and odor free. It can be pretty much whatever you like.

Have you ever stopped to consider your own personal pleasure dome requirements? Some people are Puritans, anachronistically demanding only the bare minimum, counting it enough to avoid chill in winter and enervating heat in summer. Others ask for a consistently ideal indoor climate, and if they insist, they can have it.

But to most people, the modern devices that treat the air, unlike the numerous super-servants that do the work in the kitchen, are totally unfamiliar. Air-treatment equipment is long on performance and short on looks. Heaters and air coolers have not been painted pink as yet, and humidity control devices have not come through decorated with pop art. In fact, there are only a few show-rooms where you can examine any of them. But now that the major manufacturers have revised their approach, it might be well worth finding out what these various devices can do for you.

Heating

What does it take to keep warm? Although heat is always escaping through our skin and clothing, our bodies marvelously manage to keep their constant inner temperatures of 98.6 degrees. But a house lacks the warmth of life. Its inner temperature—and comfort—depends on the degree to which we can control its natural tendency

to lose heat in winter, gain heat in summer. Like our bodies, the house "sweats" and "breathes." Walls and windows sweat in winter when the inside moisture is greater than that of the dry, wintry air. The house breathes all-year-round as air enters at one side and flows out the other. Since heat naturally moves from a warm place to a cold one, it is impossible to keep the heat indoors. Even a snugly constructed house has all its warm air replaced by colder outdoor air every two hours. In one that is loosely constructed the process takes only one hour. The fight against cold is never decisively won; it is a continuing battle. The inner temperature of a house must be constantly controlled by its heart—the heating system.

The history of heating began when men learned to kindle fire. Ancient peoples sometimes worshiped fire, and many maintained sacred perpetual flames tended by faithful acolytes. Later, the precious commodity of fire was preserved by each family in its own dwelling, and women were given the vital responsibility of "keeping the home fires burning." Only after 1827 and the invention of the first practical friction matches was fire no longer precious.

But mere possession of fire did not guarantee personal winter comfort. As far back as Roman times, rooms had been warmed by fire pans in the center, but the smoke was often stifling. In sixteenth-century England, chimneys came into use, but open hearth fires require huge amounts of air: heat scorches your face while draft chill the back of your neck. Iron stoves such as Ben Franklin designed in 1750 were an improvement, but the evenly heated house was still unknown. Less than a hundred years ago, most people expected to be miserably cold in winter.

My mother remembers wearing her galoshes to breakfast when she was a child in upstate New York. The rambling, high-ceilinged Victorian house on a snow-whipped hill was heated only by fireplaces and a Franklin stove, she says, and the oatmeal came to the table so cold that it was molded to the shape of the dish.

We would not tolerate such bitter cold in our dining rooms today, but many families stoically put up with other discomforts—heaters, for instance, that pant like wounded dragons, emitting sporadic blasts of warmth, so that you swelter when they turn on and shiver when they shut off. In some houses, living space is drastically reduced in winter by rooms that never warm up. Footstools are the only protection from along-the-floor drafts and children are constantly urged to remove themselves and their toys to a higher, warmer level. Yet you always know the heater is working, for better or for worse, because of the noise it makes.

Today all these discomforts are as anachronistic as my mother's breakfast galoshes.

Cooling

Intense cold can numb you to sleep, I have read, but heat keeps most people awake. Heat can follow you home at night like a clinging, unwelcome companion—filling your rooms with its overwhelming presence. But today you can take the oppressiveness out of summer once and for all. With cool air constantly circulating, you can savor a June evening without worrying about rain-soaked draperies or bloodthirsty mosquitoes. The windows are shut; your house is quiet and private. You don't have to drag yourself out to a movie to cool off. And when bedtime comes, crisp, cool sheets instead of a soggy bed await you.

Cleaning

Cleanliness is a comfort, too. I can still remember how my mother cried one day when I was a child, because a roast caught fire and dusted the house with a thin, greasy layer of ash just after she had completed her fall cleaning. Yet if you live in a big industrial city, you have to cope daily with similar dirt. One cubic foot of city air may contain over 400 million unseen dirt particles. Slowly, unobtrusively, the film of dirt settles softly on tabletops, carpets, curtains, upholstery, walls. The most conscientious housekeeper never wins the battle with dust. And in addition to dust, the air probably contains pollen, tobacco smoke, animal hair, feathers—the list of irritants is endless!

Now you can be done with dust—at least inside the house. By charging dirt particles with electricity, then trapping them the way iron filings are held by a magnet, it is possible to remove from the air 95 per cent of the airborne dust and 99 per cent of the pollen.

Odor control

While the air is being rid of dirt, it can also be rid of smells. No more reminders of the chop you had for lunch, the bottle of ammonia spilled in the bathroom, the paint job just completed in the cellar. You may imagine, if you wish, that you are spending a spring day at a Swiss mountain lake, and no mere odor is going to spoil the illusion. Current deodorizing devices effectively mask smells, but eventually it may be possible actually to remove odors from the air electronically.

Humidity control

Once when one of my winter colds hung on for weeks, I visited a doctor. Smack in the center of his office was a strange brown machine that looked like a huge hookah pipe. I was disappointed when he didn't ask me to sit down with my legs crossed and smoke it, but interested when he explained that it was a humidifier. Air without enough moisture, he said, dried out your nose and throat, and made you more susceptible to respiratory infections such as mine. Shortly after leaving his office I began to feel better. Maybe it was because New York was at last warming up for spring, or maybe it was the "magic" of the humidifier.

They say the average house can lose so much moisture in winter that it becomes drier than the Sahara desert. But today you can prevent this without cluttering up your rooms with strange contrivances. Modern air treatment will provide enough moisture to assure the good health of both antiques and your nasal passages.

The mechanics of total comfort

The blissful indoor environment that is warm enough, cool enough, properly moist, clean, and odor free is not produced by a single miracle machine, but by several machines working together as a coordinated team. It is the coordination, in fact, rather than any of the separate components that constitutes today's new concept of air treatment. Here is the roster:

1. THE HEATER that warms the air—a self-contained device which is also the heart of the whole system.
2. THE COOLER that cools the air—not a self-contained unit, but like all the remaining members of the team, an adjunct of the heater designed to use the heater's air-moving machinery.
3. THE CLEANER that cleans the air electronically.
4. THE HUMIDIFIER that adds controlled amounts of moisture to the air.
5. THE DEODORIZER that masks unpleasant smells.
6. THE THERMOSTAT that calls the team's plays, setting temperatures, timing, and cutoffs.

Two other things are necessary to make the team work—fuel and a distribution system. The fuel can be anything—electricity, gas, or oil. The distribution system is the network of ducts that carries the treated air to the grilles or outlets in the various rooms and returns the room air to the system's center for retreatment. To make the team of machines work as it should, the distribution system must be meticulously tailored to the size and plan of your house. The air must be expertly channeled so that in winter, warmth will be forced to the perimeter of the house and people will not be chilled by exposure to cold walls and windows. There must be enough outlets in each room and properly placed. And the individual components must be carefully selected so they will be large enough to do their respective jobs effectively and quietly.

The man who can do all this tailoring is your heating contractor. A good contractor makes all the difference between a system that is consistently comfortable and one that is a constant annoyance. But you must let him know what you want. If you're building a new house, you will be building in early obsolescence if you settle for anything less than total air comfort. But unless you bring the point up, your architect and builder may think you are not interested.

If you are buying a ready-built house, be sure to find out what kind of air-treatment equipment it has and whether or not it can be amplified if necessary. (Too few buyers ask any question other than what kind of fuel is burned—the least important point.) Be sure also to ask the name of the contractor who installed the equipment and try to find out whether his work has satisfied other buyers.

It is also possible, although not quite as easy, to obtain total air comfort through remodeling. Antiquated systems can be replaced or improved, but the work is likely to be more complicated and more expensive than it is with new construction. If your house has hot-water heating—and 10 per cent of American houses still do—you would have to install a separate self-contained air-conditioning system with its own ducts.

What is the cost?

To nail down the cost of an air-treatment system designed to provide total comfort is not easy. You could tote up the prices of the six essential components (provided you knew what sizes you needed for the size of your house), but that would not include the cost of the distribution system which, being of necessity tailor-made, is always variable. If you happened to have already an up-to-date heating system, perfectly sized, perfectly installed, and adaptable to the addition of cooling, cleaning, humidifying, and odor-control devices, the cost of the additional equipment might amount to about 75 per cent of the original cost of the heating system—but that would not include the cost of installing them. Or, if you are building a new house, the cost of all the air-treatment equipment needed for total comfort should run about 5 per cent of the total cost of the house—a small enough sum it would seem, to pay for being more comfortable than Kubla Khan.

EDITOR'S NOTE: Elisabeth Stevens is a former Washington newspaper woman who lives with her management consultant husband in Larchmont, N. Y., in a house she likes to keep snugly warm at night for sleeping, stimulatingly cool in the daytime when she is writing.

Please BE

SEATING

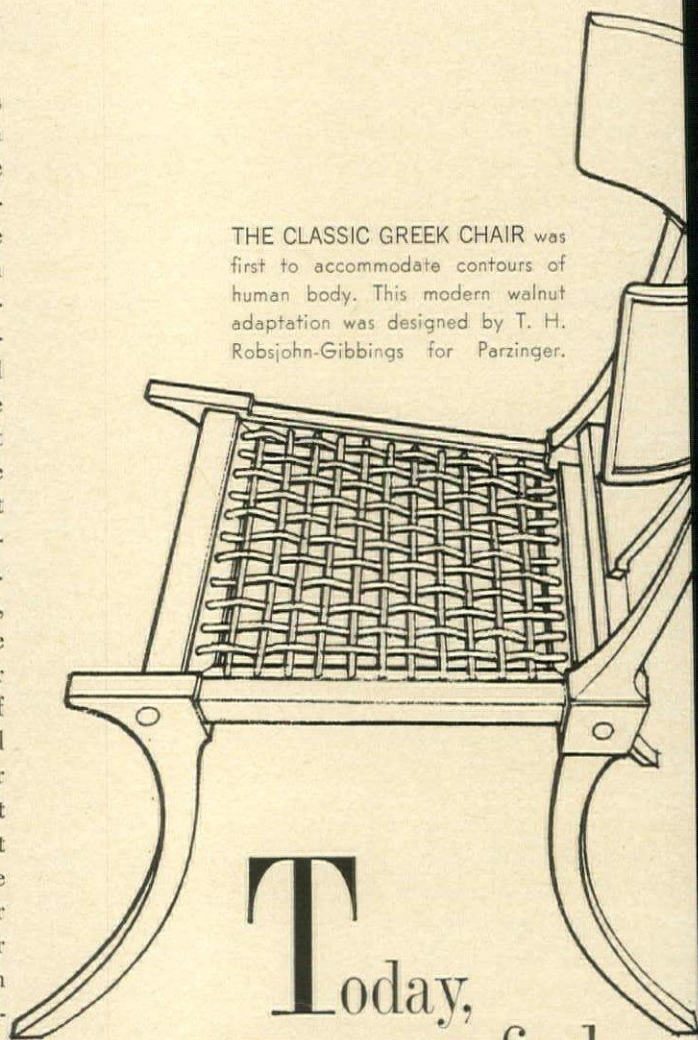
By Francine du Plessix Gray

The phrase "sit down and make yourself comfortable," up to a few centuries ago, could create a diplomatic crisis. The question was, who sat on which chair? The answer was rigid: Princes used armchairs; other nobles were relegated to stools; commoners huddled on benches. The etiquette of seating was as unbending as the garments, the seats, and the posture of the times. Two prominent people seldom met without a preliminary skirmish as to which seat each would take. Consider the case of the Duke of Lorraine, who claimed the right to sit in an armchair during his mother-in-law's forthcoming visit. The mother-in-law was a niece of Louis XIV and she challenged the Duke's privilege. The armchair would be hers, she wrote back, because of her higher rank of birth: the Duke had right to a backrest on his seat, but not to arms! Long negotiations were held between the France and Lorraine foreign offices. A deadlock was reached. The visit was canceled. For better or worse, our etiquette and our standards of comfort have become too democratic to dispose so neatly of an in-law's visit.

No one has ever argued with such vigor about tables, wardrobes, chests, or desks, or with such cool method about beds. The history of the chair impersonates more vividly than any other furnishing man's quest for comfort. It is also the commodity most charged in the past with symbols of power, wisdom, kingship, and sanctity. Our language and our manners still reflect this. The word "chair" stems from the Greek *kathedra*, chair or seat. The principal church of a diocese was called a "cathedral" because it contained the bishop's throne. We speak of a political capital as a "seat of power," of a college town as a "seat of learning," of the Deity's throne as the "judgment seat." Professors are given the "chair" of history or science at universities, chieftains of business are "chairmen" of their boards. We censure modern men for not giving their seats to ladies on crowded buses and (*O tempora, O mores!*) we scold our teen-agers increasingly for failing to rise to honor their elders.

Like contemporary manners, contemporary chairs have gained in comfort and versatility what they have lost in dignity. The relaxing process began in the eighteenth century, a generation or so after the Duke of Lorraine's family vendetta, when thousands of padded, comfortable armchairs were made available to the rising middle classes. The armchair of the seven-teen twenties was the first seat since Greek times designed with a concern for the contour of man's body. It gave a support to its owner's muscles such as he had never dreamed of, and it must have given him moral support as well: he had a new place in the social hierarchy, he could sit like a prince! The myriad forms of the eighteenth-century chair express the delight with which men looked upon this new furniture. Specific chairs were assigned to each member of the household. Specific chairs marked every event of the day from the *levée* to the evening reception. There were, among many others, Bedroom chairs, Dressing chairs, Chamber chairs, Confidante chairs, Nursing chairs, Knitting chairs, Conversation chairs, Courting chairs, Ballroom chairs, Sleeping chairs, (*Continued*)

THE CLASSIC GREEK CHAIR was first to accommodate contours of human body. This modern walnut adaptation was designed by T. H. Robsjohn-Gibbings for Parzinger.



Today,
anyone can find
a chair that is just right

Comfort for the goose is not necessarily comfort for the gander, nor is it likely to be comfort for the goose *all* the time. H&G, like Goldilocks, has tried out hundreds of the big, little, and medium-sized chairs you can buy today, and bearing in mind the needs of specific sitters in specific situations, we selected the chairs, *opposite page*, that seemed "just right." On the following two pages you will find contemporary reproductions of famous chairs that have proved to be too good to change, latter-day classics that show promise of comparable endurance, and a trio of newcomers that incorporate the latest ideas of comfort from today's designers.

CHAIRS FOR
EVERY PURPOSE, EVERY
PERSON



FOR CONVERSATION, a leather-covered mini-chair, easy to pull about on its front-leg casters and as comfortable, even for a long-limbed man, as many larger counterparts. Henredon.



FOR A SMALL-SCALED WOMAN, a small-scale modern adaptation of a wing chair that has a comfortably high back. Shaw Mfg. Co.



FOR A BRIEF CHAT, a comfortably contoured occasional chair of ebony stained hardwood with caning and a glove leather pad. Heritage.



FOR DINING OR DESK WORK, a country French chair of walnut and cane. Back pad is attached, seat pad ties on. Milling Road.



FOR MOTHER AND DAUGHTER, a chair-and-a-half, more than 3 feet wide, to snuggle into for a bedtime story. Globe Furniture.



FOR READING, a chair and an ottoman, partly tufted and covered in Naugahyde, that promises hours of feet-up comfort. There are casters on chair's front legs and ottoman. Hickory Chair.

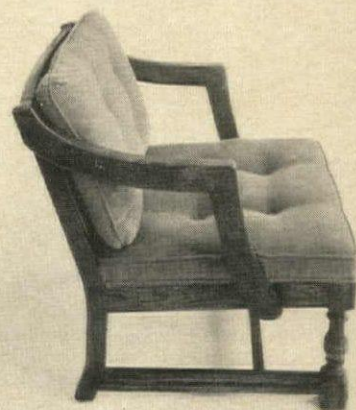
MIEHLMANN



FOR SNOOZING, a chair that tilts back with a mere shift in body weight. Foot-rest operates separately with a hand control. La-Z-Boy.



FOR SITTING UP STRAIGHT, comfortably supported, a modern version of the prestigious wing chair that made ordinary men in Queen Anne's day feel like kings. Hickory Chair.



FOR CONVIVIALITY, a low-slung "grog" chair with a comfortably sloping back, adapted from a Jacobean tavern chair and as conducive to good cheer now as it was then. Globe Furniture.

FOR A HEFTY MAN, *right*, a lounge chair engineered for comfort with a complex system of springs with varying tensions. By Dunbar.

FOR ROCKING, *far right*, a latter-day teak-and-cane rocker with a foam-rubber seat cushion and foam-rubber pillow for your head. Dux.

For shopping information, turn to page 145.



OLD FRIENDS,
TOO GOOD TO CHANGE



ENGLISH SMOKING CHAIR with padded seat, arms, and backrest, a perennial favorite for rooms destined for hard wear. Original is in Governor's Palace in Williamsburg. Kittinger.



THE WINDSOR ARMCHAIR, possibly the most popular chair ever devised. For over 200 years its comfortably curving back and cane seat have been satisfying. Nichols & Co.

Please BE SEATED

continued

Mortuary chairs, Drunkard's chairs, Gouty chairs, Grandfather's chairs, and the uncomfortable Hall chair which Sheraton assigns, with a nostalgic sense of rank, "for the use of servants or strangers waiting on business." The ancient etiquette of seated rank had been replaced by an etiquette of functions which defined chairs until our own century.

Versatility, informality, and a growing concern with the contour of man's body—these are the most striking features of contemporary seating. Some chairs are triumphantly all-purpose, designed to adapt to all occasions of the day, set on casters to change their habitat swiftly, swiveling, rotating, and reclining to suit a gamut of moods. Some chairs are also convertible into other household objects. Other chairs can be stacked or collapsed and made invisible. Still others are built of such cheap material as to be disposable. A collapsible cardboard chair is currently being made which, when knocked flat, creates a bold op art design and can hang on the wall for decoration. Some chairs turn into tables by being turned end up, others become tables by the addition of a marble slab. Storability and impermanence are the keynote. Chairs can be inflated from pocket-size pieces of vinyl; a child's chair is praised by its manufacturer as being "exceptionally light, washable, bounceable, *chewable*." And one designer says that he draws inspiration from the collapsible chairs made for nineteenth-century military campaigns in the colonies. One needs to seek no further for what is "camp" in modern seating.

Such condensable furnishings have a tribal character. They are a throwback to the nomadic furniture of ancient tribesmen or of those medieval warlords who were forced to carry their household objects about with them. They reflect the fluidity and mobility of our society as vividly as the seventeenth-

century chair reflected an obsession for rank; as the eighteenth-century *bergère* expressed an awakening interest in bodily comfort; and as the elephantine upholstered seats of the Victorians expressed their preoccupation for permanence and stability. Today's versatile chairs describe the needs of a restless generation frequently forced to change its surroundings, impatient with its cramped living quarters, quick to feel monotony, eager to rearrange or discard its possessions often, increasingly informal in its social patterns.

The trouble, though, with collapsible, portable, or disposable furniture is that it is apt to be less comfortable than the stolid, immobile kind. As if to compensate for the discomfort of mobility, the other trend in chair design is towards immense, abundantly upholstered, squashy, globous, cavelike seats that envelop the body as well as support it. These chairs, increasingly low-level in suspension, sinuous in line, ovoid, visceral (anyway, organic) in inspiration, relaxing to the point of oblivion, make an interesting demand for a new posture. They invite their users to crouch, squat, recline, lounge, and wallow. They inspire a feline, languid position very foreign to the pose required by conventional, vertical Western chairs. The new posture, rather than belonging to the conventional, vertical Western house, partakes more of the Oriental *hamman*, of the cave, or of the tent. In this sense, our immobile, substantial, intransportable lounging chair is as tent-like and tribal in atmosphere as its less comfortable, collapsible contemporaries.

The vogue is for a Neo-Nomadic style. As surely as the joined and turned maple leg has been replaced by steel tubing, fiber-glass shells, laminated fibers, aluminum alloys, and injection-molded plastics, so the chair has come to symbolize, instead of rank, a fluid, supine, democratic informality.

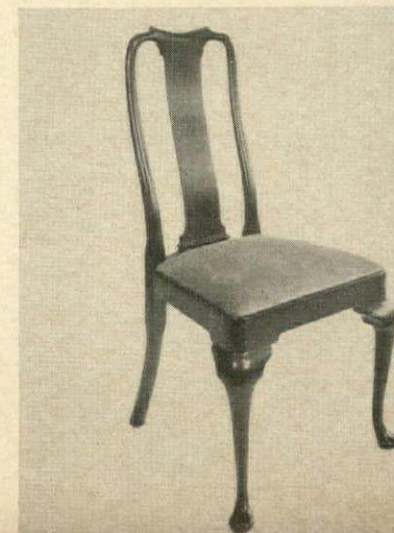
THE QUEEN ANNE CHAIR with broad seat and high back, subtly and comfortably shaped. It has reigned as a paragon of dining chairs for two centuries. This one, of mahogany, by Biggs.



THE BERGÈRE, an eighteenth-century French contribution to dignity and comfort which, in some minds, has never been topped. Bo.



THE BENTWOOD CHAIR, first produced in 1830, adding a new dimension to chair comfort—lightness of weight, hence easy portability. It swept both Europe and the U.S. The

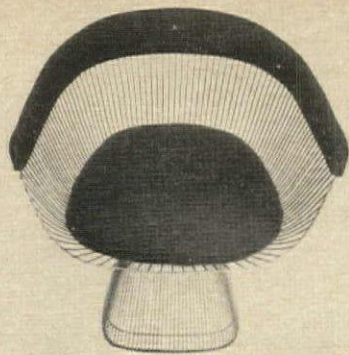


YOUNGER FRIENDS,
ALREADY FAMOUS

LAST-MINUTE ARRIVALS



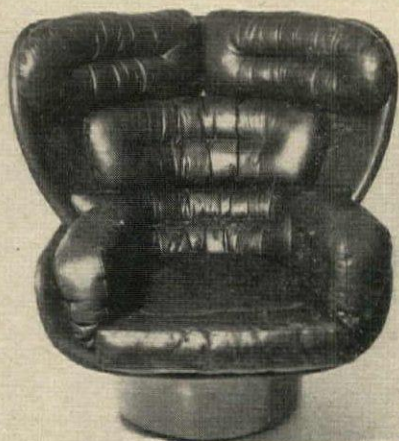
BARCELONA CHAIR designed by Mies van der Rohe for the Barcelona Exposition of 1929. Invented to cosset the body, it is one of the most important of contemporary classics. Knoll.



THE WIRE BASKET CHAIR designed by Warren Platner. Its bouncy frame of resilient steel wire is padded with a foam-rubber arm roll and cushion floated on a platform. Knoll.



"WOMB CHAIR" designed by Eero Saarinen in 1948. Fashioned of molded plastic with foam rubber, it was the first roomy chair to be light in weight as well. Knoll.

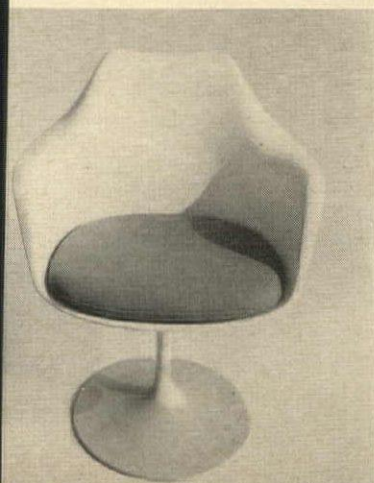


THE ELDA CHAIR designed by the Italian designer Joe Colombo. The molded plastic shell, heavily padded and tufted and covered with leather, is as soothing as a cradle, and spins as easily as a weather vane on its swivel platform. D/R International.

MIEHLMANN



WOOD LOUNGE CHAIR designed by Charles and Ray Eames in 1956. Its thick tufted cushions, wooden base and metal pedestal introduced a modern squooshy look. Herman Miller.



THE PEDESTAL CHAIR designed by Eero Saarinen in 1958. A molded plastic shell with a cushioned seat, it made history by doing away with legs, replacing them with a graceful metal pedestal. By Knoll.

For shopping information, turn to page 145.



THE DEAN'S DINING CHAIR designed by Arne Jacobsen of Denmark for St. Catherine's College in Oxford. Its tall back, molded of plywood, padded with foam rubber, and covered with leather, provides both head support and deanly dignity. (Students sit on backless benches.) Made by Fritz Hansen.

RIEGER



GRIGSBY

The eye, like the rest of the body, dislikes strain and welcomes ease. Lighting that is too dim, too bright, or too harsh a contrast to the surroundings can be as vexing—although you may not be as quickly aware of it—as an ill-shaped chair or a drafty room. Comfortable lighting makes it easy to see what you are doing and where you are going. It brings out all the beauty in the rooms you live in—shows up the subtlest colors, the textures, the forms, so that you can enjoy them at any hour. Light creates a mood, and its moods are most beneficent when they tally with your own moods: crisp and efficient for work, soft and soothing for rest and relaxation, gay and sparkling for a party. Here are eight ways that the right kind of light can contribute to your comfort around the clock.

**In any room,
comfort is balanced light**

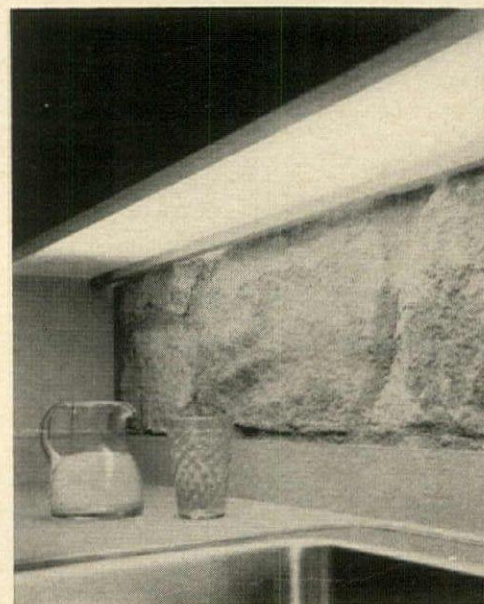
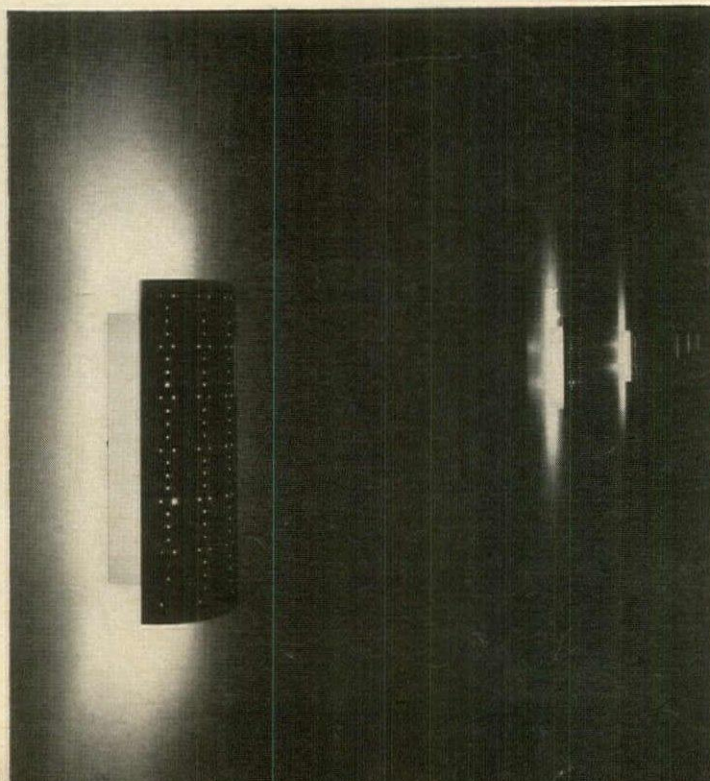
Several sources of light work together to banish both murky shadows and uncomfortable bright spots in Mr. and Mrs. Calvin Stillman's New York library. Indirect lighting above the bookshelves suffuses the entire room with a gentle glow, while concealed lights below the bookshelves at the left illuminate both plaque and sofa, and flexible lights on the pole lamp can be directed to wherever they are needed.

EASY LIVING MEANS EASY SEEING



**In a bedroom,
comfort is being able
to read when some-
one else is asleep**

A small high-intensity lamp directs its beam straight to your book without disturbing the sleeper in the next bed.



**In the kitchen, comfort is being able
to see exactly what you are doing**

A double row of fluorescent lights above an opaque plastic panel throws light directly on the work surface of a kitchen countertop, eliminating both glare and your own shadow.

**In the dead of the night,
comfort is a reassuring glow**

Small wall-mounted lights, diffused by pierced metal screens, make decorative night lights along a hallway, are particularly comforting to children since they dispel midnight shadows.

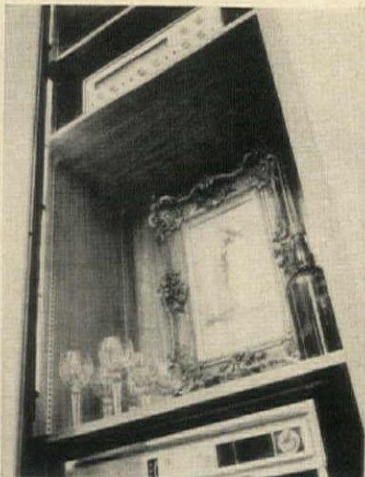
f-doors,
ort is
y underfoot

by spotlight illuminates a
n step made of railroad ties,
efines the varying levels of
ound. Garden lighting can
nctional as well as decora-
nd a great comfort when
akes you aware of all the
ial danger spots underfoot.

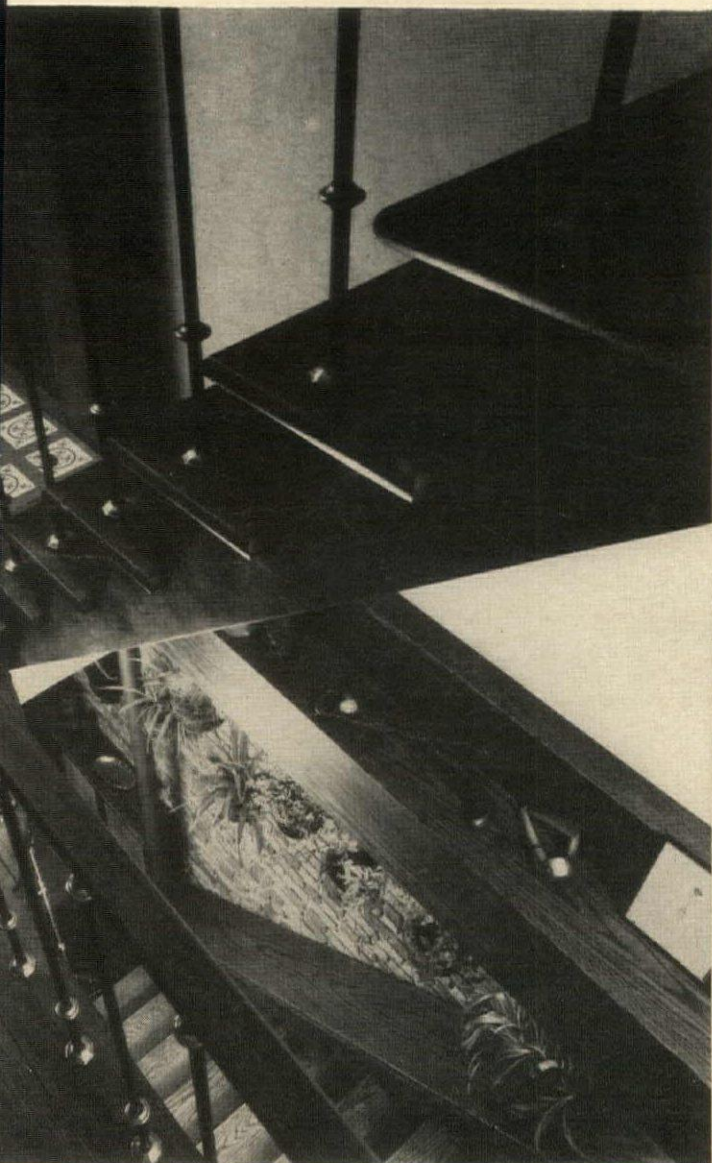


**When you are relaxing,
comfort is being able to see
dials and labels**

A floor-to-ceiling strip of mini-
ature fluorescents, *below*, outlines
a music system, bar, and televi-
sion set recessed in the wall be-
hind a sliding panel, makes up
for the fact that light from other
sources in the room, *right*, is
blocked by anyone at the bar.

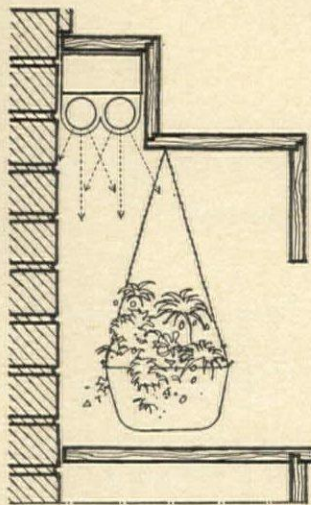


WEYNER



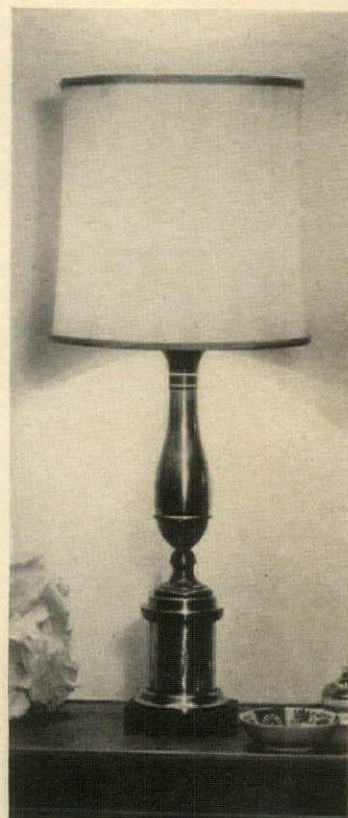
**On an inside stairway, comfort is
safety night and day**

Two rows of fluorescent lights shielded by a plastic panel, *below*, are
mounted under a step-down shelf to illuminate the stairs to the basement
in designer Kenn Reisdorff's house in New York City. (Fluorescents also en-
courage growth of plants hanging from shelf.) The stairway to the second
floor is well endowed with natural light from windows and ceiling lamps.



**Whenever you need light,
comfort is
a good working lamp**

Whether a lamp is handsomely
decorative or austere simple, it
will give you more comfort if it
has: a sturdy hard-to-tip base; a
switch located in the base; two
sockets (two small bulbs are more
flexible, produce less glare than
a large one); a translucent shade.



Dining table, expandable with extra wedges

Music center

Doors with banister rails

Storage for extra dining tables

Closet for stacking chairs

Seating ledge for buffet party guests

Sofa beds

stairs down to pool

Southeast terrace

Northeast terrace

Terrace

Dining 17' x 18'6"

Living 27' x 21'

Library-Guest 20' x 18'

Hall 39' x 15'

Kitchen 17'6" x 20'

Bath

Bath

Daughter 18'4" x 14'

Bedroom 10' x 13'

Bath

Bedroom 15'6" x 14'

Garage 28' x 23'6"

Expandable buffet

Pass-through

Extra, undercounter refrigerator

Planning center

Extra, undercounter freezer

Door to close off wing

Door to close off wing

Outside intercom

Private terrace

Concealed to b

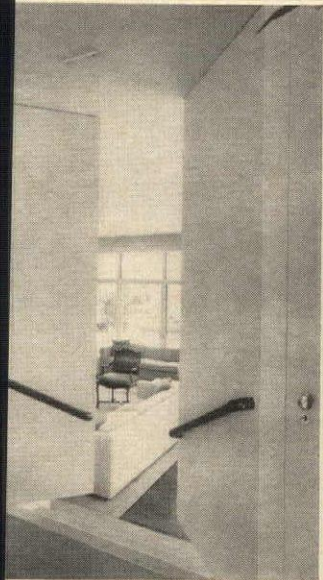
Outside for s

OWNERS: Mr. and Mrs. Arthur E. Laskin
ARCHITECT: Philip Ives
INTERIOR DESIGNER: Mary Hood
LANDSCAPE ARCHITECTS: Umberto Innocenti and Richard K.
LOCATION: Greenwich, Conn.
SIZE: 6,600 square feet

COMFORT FOR A TRIPLE LIFE

Mrs. Arthur E. Laskin, who has spent a lifetime compiling a personal encyclopedia of comfort, believes that it means anything that saves steps, saves work, or eliminates complexities in running a household. Mr. and Mrs. Laskin's house at Greenwich, Conn., with its flexible plan, abundant point-of-use storage, versatile furniture, and expertly engineered equipment is one she describes as a "lazy woman's paradise." Such comfort is a bonanza in a house equally notable for expert planning and a superb setting on Long Island Sound.

Planning the two-story brick-and-glass house culminated for the Laskins some thirty years of bustling family life during which they raised their children—twin sons and a daughter, now grown—while shuttling between a large traditional New York City apartment and a self-sufficient working farm. Having become all too familiar with the discomforts of outmoded materials and methods, Mrs. Laskin had very definite ideas of what she wanted. Although the new house was to be hospitably large, she was determined to be able to bypass and forget some of the rooms when no children, guests, or servants were present. She specified numerous labor- and step-savers: housewide air conditioning to keep out dirt as well as weather; large panels of insulating glass in windows and doors ("liberation" from the chores of cleaning countless small panes and fussing with storm windows); an indoor-outdoor intercom system with a station at the front door so that even from poolside she could ask "Who's there?"; storage, storage, and more storage. And knowing that careful coordination of details is the key to a successful house, the Laskins arranged for several round-table preliminary conferences with architect Philip Ives, interior designer Mary Hood, and kitchen designer Bette Sanford Roby. As a result, windows were placed with a view to furniture arrangement; cornices to conceal curtain headings were designed along with the house; flooring materials were selected with due thought for color schemes. (Continued)

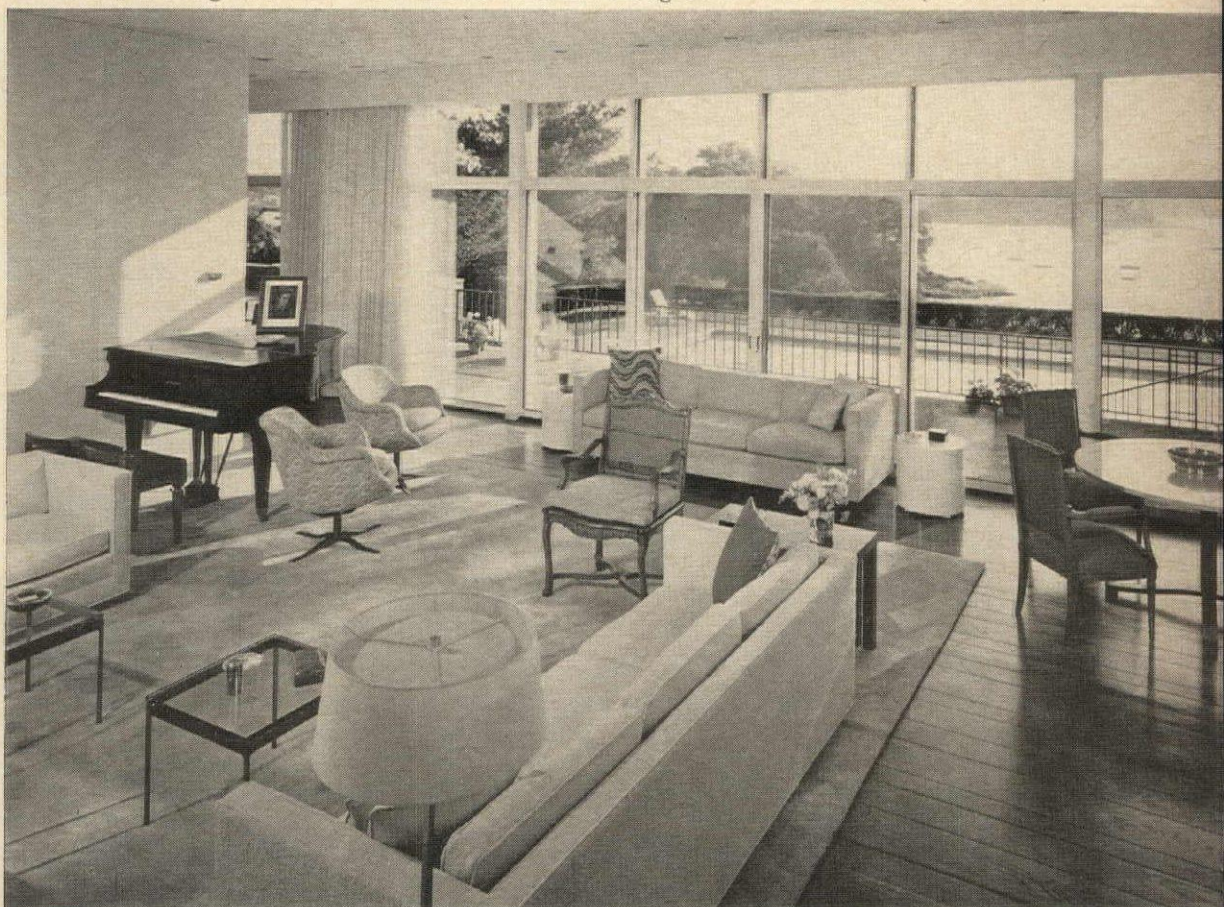


For comfortable safety: handrails on doors at living room steps. Doors recess in walls.

OPPOSITE PAGE:

The comfortable flexibility of the first floor plan is enhanced by carefully plotted details: astutely placed doors; point-of-use storage; duplicate equipment; expandable furniture. Placement of party tables in dining room and living room is indicated in white. For the second floor plan, see page 117.

For armchair tuning: music system built into corner of living room has remote-control box which is duplicated, along with duplicate speaker systems, in library and master bedrooms, so radio can play in one zone, phonograph in another.



Living room overlooking Sound is designed to be used, with a minimum of rearrangement, to augment dining room for comfortable seated dinner parties. Six guests sit at game table at right, and eight more at two folding tables (see plan, *opposite page*). For a large buffet party, Mrs. Laskin brings out stacking tables to supplement coffee tables. And cushions on long marble hearth provide extra seating.

Walls open up; furniture expands; tablecloths stay wrinkle free

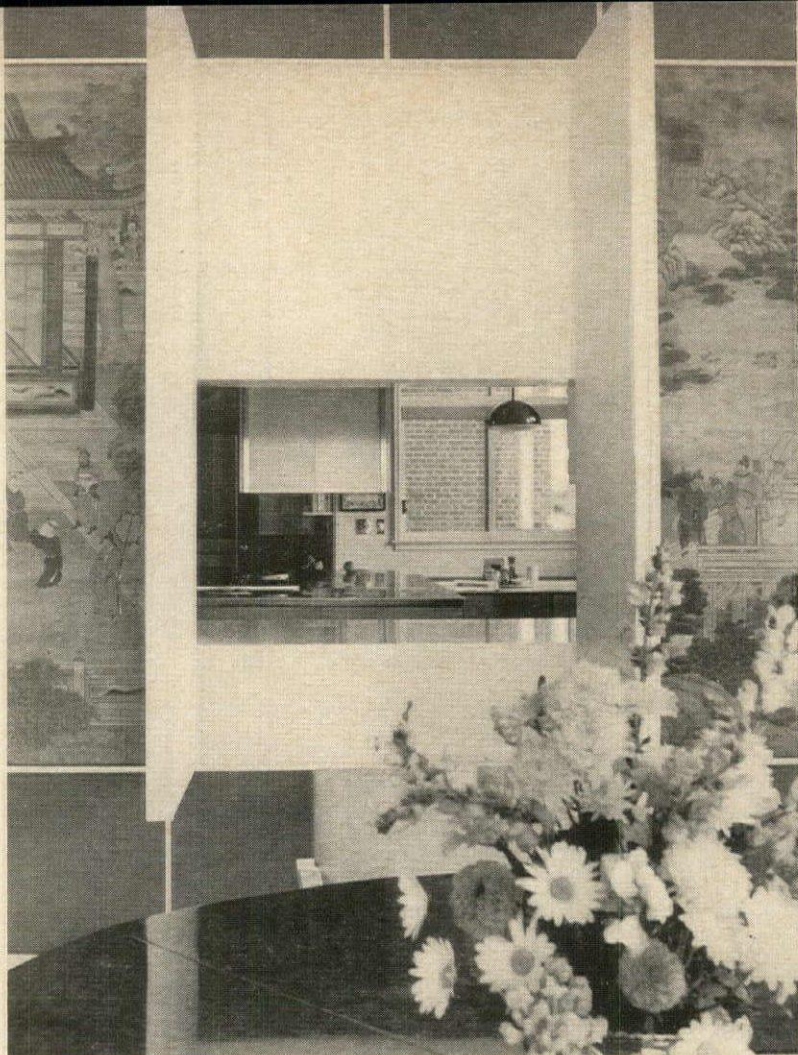


In fair weather, the northeast terrace, convenient to the kitchen, becomes an outdoor dining room.

The essence of the Laskins' easy-to-live-in house is flexibility. During the winter when they are often alone, they can snugly confine themselves to three of the first-floor rooms—library, hall, and kitchen—plus their bedrooms upstairs. Yet the house is always ready to fling open its arms to a party, and in the summer it welcomes visiting children or house guests, live-in servants, cocktail and dinner guests. The kitchen is just as comfortable for Mrs. Laskin working alone as it is for a team of party helpers. The library turns guest room in the time it takes to make up a sleep sofa. And the bedrooms are as comfortable for private daytime pursuits as for sleeping.

Most flexible of all are the provisions for dining. When they are alone Mr. and Mrs. Laskin often eat in the library or the kitchen's breakfast area, as well as in the dining room. A large dinner party can spread out from the dining room to the living room. And these varied spots to eat and/or entertain are supplemented by three terraces.

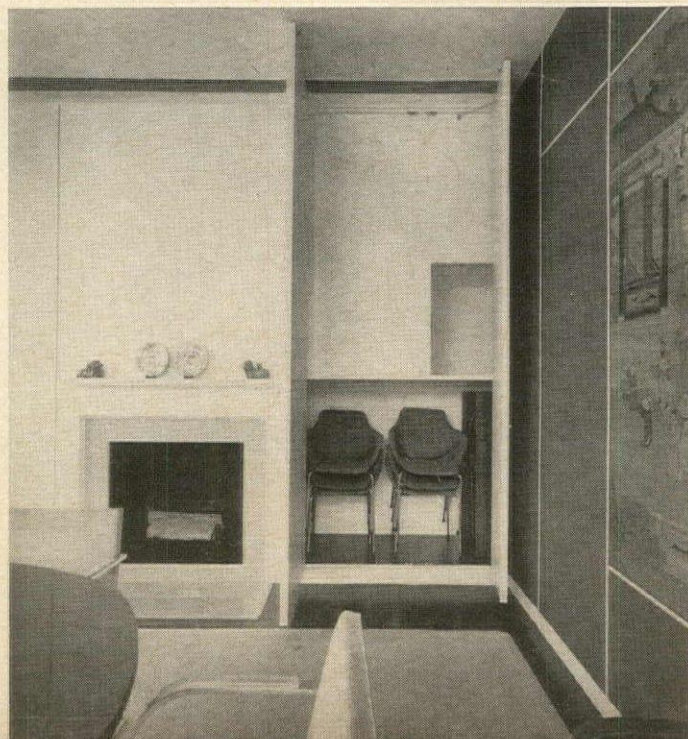
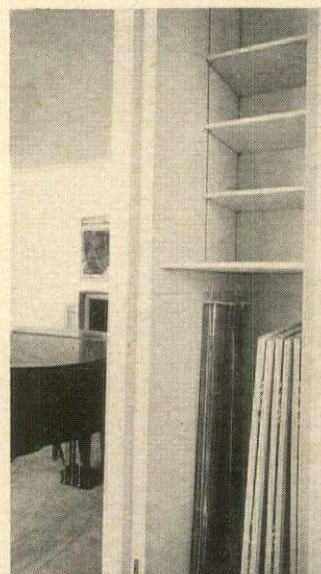
The northeast terrace, *above*, adjoins the dining room, is easily accessible from the kitchen and just large enough for Mr. and Mrs. Laskin to entertain a few guests at a dinner cooked on the gas-fired barbecue. The southeast terrace, convenient to the bar near the library (see plan, page 112), is a gathering place for cocktails. And on the long terrace at the back of the house overlooking the harbor, Mrs. Laskin can set up her folding tables for fair-weather dinner parties. Tucked under the cushion of each of the large terrace chairs is an accordion-pleated plastic cover that can be whisked over it in case of heavy rain. These marvels of efficiency seem to symbolize the dedication to step-saving comfort that pervades the whole house.

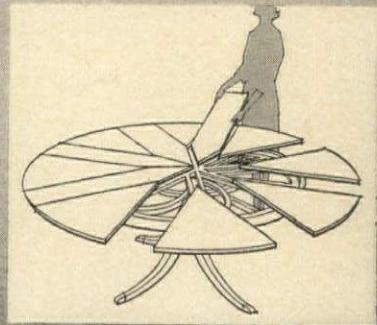


Pass-through from dining room to kitchen is hidden by two panels of silk mural, *opposite page*.

Party tables are stored in cupboard at end of divider wall between living and dining rooms. Tops convert from 36-inch bridge tables into 48-inch round tables for dinner parties. Mrs. Laskin, strongly anti-clutter, asked for more shelves than she needed.

Stacked armchairs for parties, comfortably upholstered, are stored in the cupboard next to the fireplace in dining room.





que Chinese mural on silk centered in the long dining room is surrounded by plain panels of red silk that bring out the reds in the painting the room with warmth. (Two center panels of conceal pass-through; plain panel at right masks kitchen.) Intimate enough to be comfortable for skins when dining alone, the room can easily accommodate a seated dinner for twelve. The dining table's round top, consisting of eight pie-shaped wedges, expanded to 84 inches (see sketch) by the in- of eight arrow-like leaves. As in the living d bedrooms, cylinder lights are recessed in per- f ceiling directly above windows so night light- come from same direction as natural light does day. Curtains throughout house draw all the way om windows to flanking sections of opaque wall the massed fabric is not visible from outdoors.



et has a long leaf at each end that lifts up to serving space for parties. Behind the doors is a shelf for napkins, and five big rollers that keep the sheets uncreased, eliminate last-minute ironing.

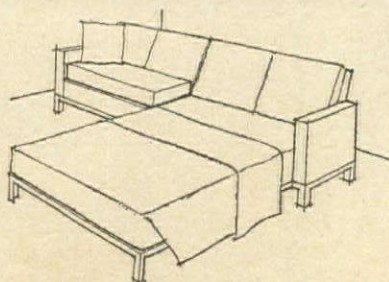


The entire south wing of the house was designed for guests, either visiting friends or the Laskins' grown children. This bedroom, reserved for daughter Sallie, has its own little private terrace and along with its bathroom can be shut off from the rest of the house by a hall door. Wicker trunks at the foot of each bed hold extra blankets and pillows, but they have drop fronts instead of lids, so the tops can be used as luggage racks. Both the bath for this room and the library-guest bath next to it open to the outdoors so they can double as dressing rooms for guest swimmers.

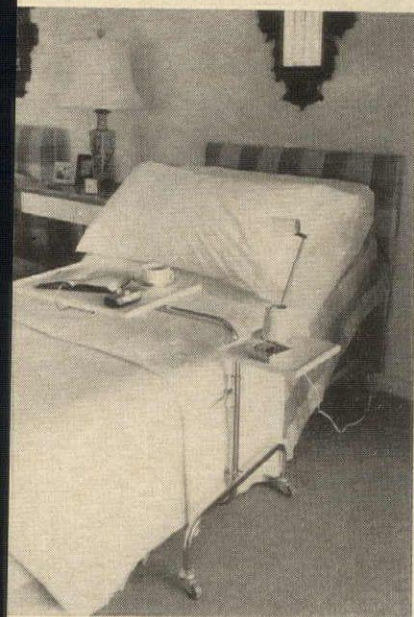
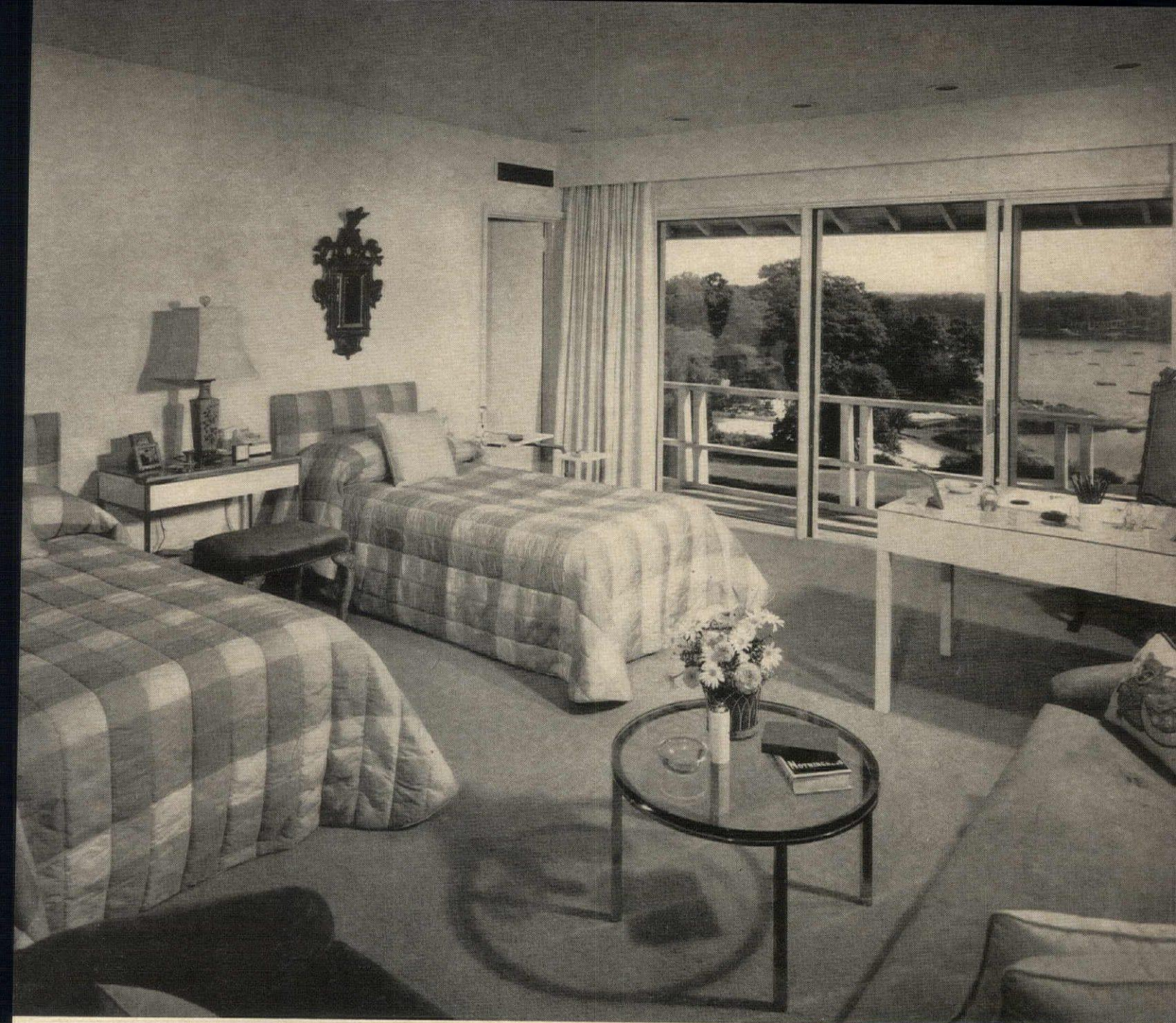
B

Bedrooms are comfortable around the clock

The library, too, was planned as a part-time guest room, especially for sons John and James. One section of the bookcase, *right*, swings back on a pivot, *below*, revealing the doorway to the bathroom.



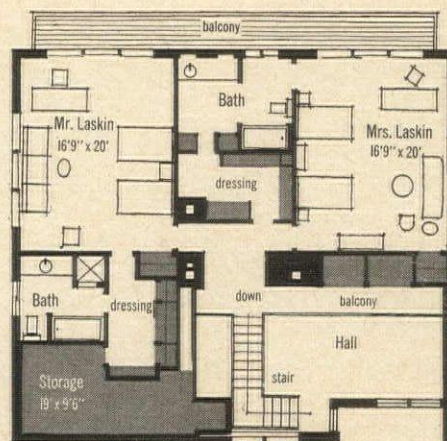
The library serves as a sitting room for the Laskins when they are alone or entertaining a few guests, and it is one of their favorite places for tray lunches. The sofas covered in easy-upkeep horsehair, open up into two beds (see sketch, *left*), and a sliding door to the hall ensures privacy.



the roll-about bedside table: a high intensity light, a clamp that holds open the pages of a book, a remote-control switch for the television, the bed control button.

Mrs. Laskin's own room-with-a-view gives her the ultimate in personal comforts. One end of her bed, *left*, lifts at the touch of a button to provide support for breakfasting, reading, television viewing. The intercom is connected with the telephone, so she can use the same apparatus to speak to the kitchen or the electronic interviewers at front and kitchen doors. ("If it's the delivery boy, I can simply say 'Leave it,'" she explains.) In a white lacquered cabinet near her marble-topped desk is a tier of commercial file drawers that bring office efficiency to her desk work. Opposite the beds is an inviting sofa for relaxing.

The upper floor—directly above kitchen, dining, living room, and hall—gives Mr. and Mrs. Laskin comfortable privacy and bountiful storage (indicated by shading). Mrs. Laskin asked for door from hallway to her dressing room so clean clothes could be put away without disturbing bedroom or bathroom.



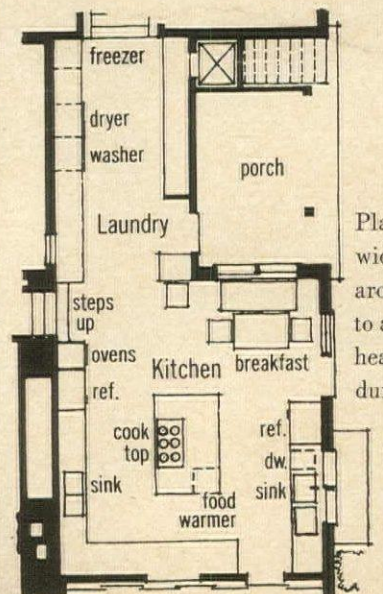
T

HE KITCHEN COOKS EASILY FOR TWENTY-FOUR AS FOR TWO

To Mrs. Laskin, comfort in the kitchen means being able to stand in one spot to make lunch for two and having plenty of room for servants to work together efficiently when preparing for a party. The kitchen was carefully organized to accommodate both extremes, and everything is in between. When cooking for two, she has all the equipment she needs in the galley-like kitchen between the generous 4-by-6½-foot island (see plan, *below*), and the counter behind which is flanked by a sink and the refrigerator and ovens. From the breakfast table in the corner of the room, she can whisk dishes to the dishwasher opposite the island (see plan, *below*). At party time, the island with its warming drawers facing the dining room pass-through becomes the center of a smooth serving plan. By day the whole kitchen is filled with comfortable natural light from windows facing three points of the compass.

Part of the well-organized cooking area (see plan, *above left*), is a small plug-in appliance center recessed so that appliances, whenever available, do not usurp work space. Spice shelves at front of cabinets also swing back to reveal more storage behind.

The huge hood over the work island, which has extra fan power to add olfactory comfort to the kitchen's easy ways. Pass-through to dining room when open brings view of harbor to the kitchen. Cabinets by Charles. For details of other kitchen and laundry equipment, please see page 147.

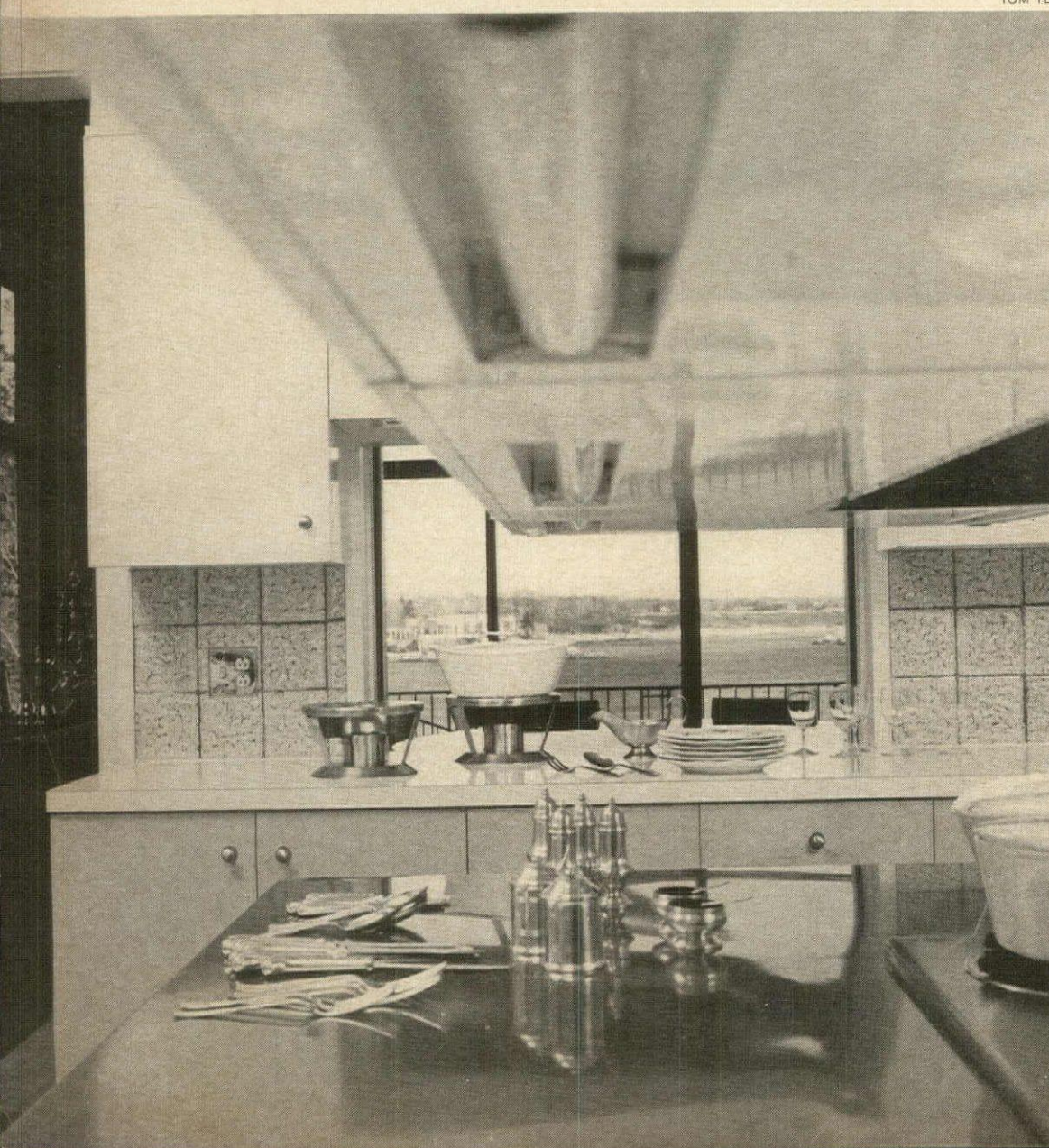


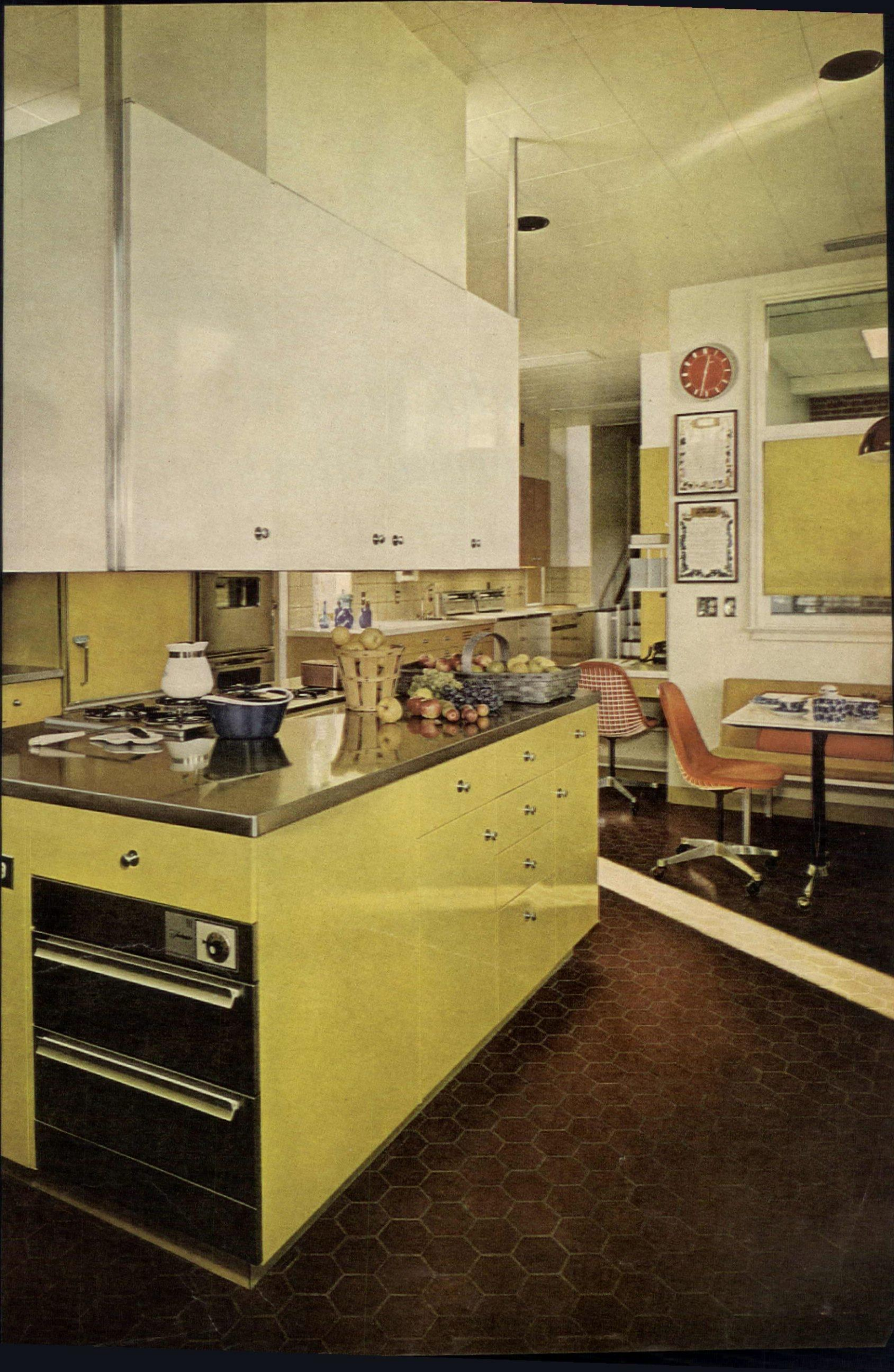
Plan provides wide aisle around island to accommodate heavy traffic during party.

For building information, see page 147.



TOM YEE





ISLAND BOUNTY



Caribbean vista: black rocks, white be

*A happy amalgam of old, new,
exotic, and serene ideas from
the Caribbean*

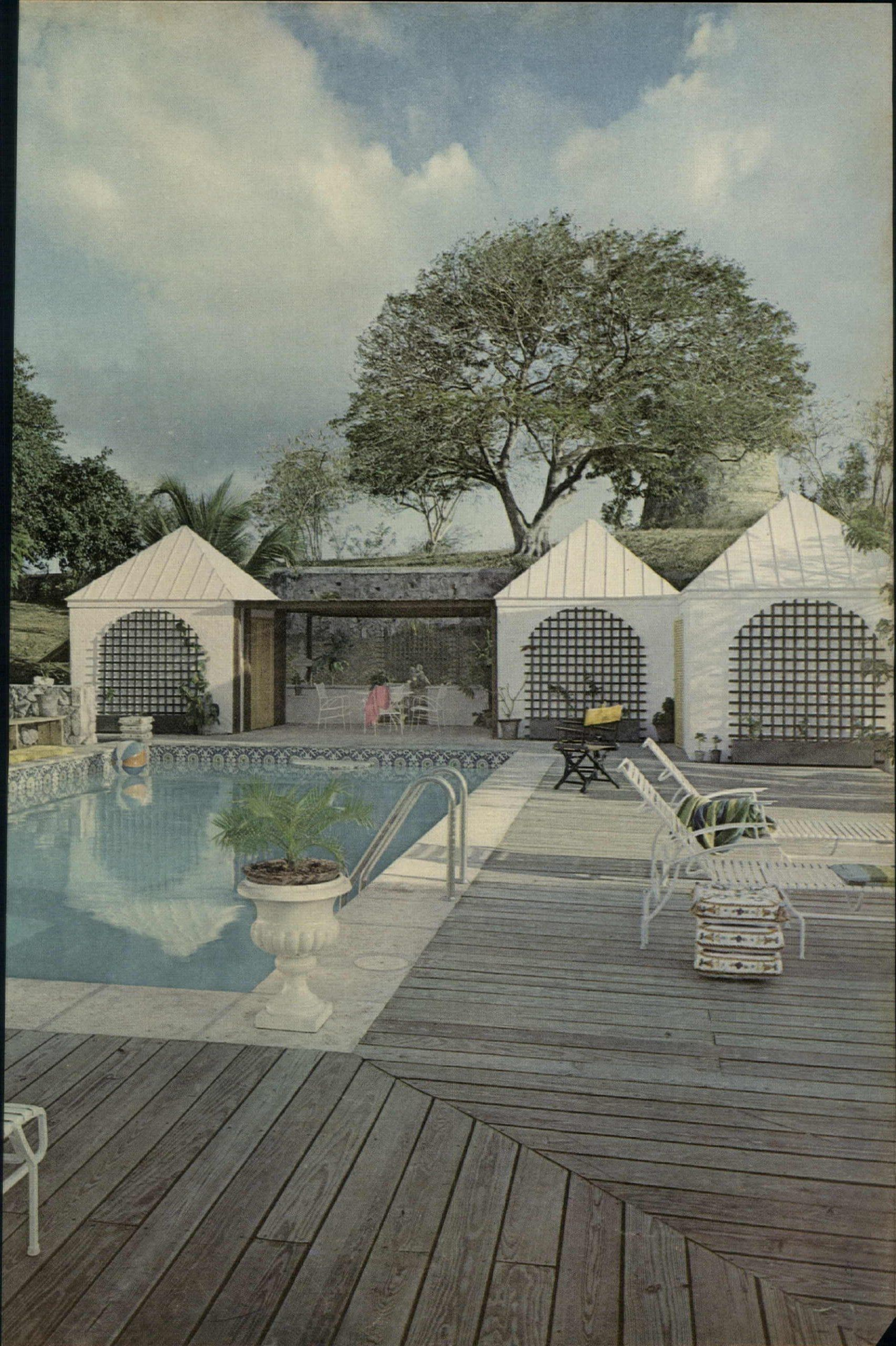
Although Christopher Columbus did not enjoy a notably felice stay in the Caribbean, he did put its islands on the map, and subsequent callers, more hospitably received, were enticed to return and put down roots. For life in the Caribbean has come to mean that rare kind of enchantment known as living exactly as you please. If you like, you can bring your chattels with you and set up housekeeping almost as you did, say, in Peoria, Illinois. Or, you can go as native as a character in a Maugham novel, surround yourself with the arts and crafts of the islands, and eat the local lotus. Or, taking only what you like, you can sample the cultures and customs of earlier settlers—French, Danish, Dutch, English—and be a tropical cosmopolite. Some transplants weave the whole skein of traditions into whatever garments best suit them, then settle down in houses made as open as possible to the prevailing breezes: houses that court the sun when it is wanted, make do when it is not, and—in sunlight or shadow—are as effortlessly maintained as a self-winding watch. On the following pages you will see how a cross-section of island families like to live—a report interspersed with any number of little ideas that reflect, even today, the tastes and foibles of colonial settlers. For an account of the delights that the islands offer shorter-term visitors, please turn to page

In St. Croix, an ancient rum distillery, reform

The volcanic Eden the French named St. Croix has had any number of tenants—the Arawaks, the Caribs, the Spanish, Dutch, English, French, Danes. Except for the Indians, who were content with water, all these occupants were fond of their rum, and fond of the money to be made by distilling it for their cold-climate cousins. Out of one of these old distilleries, Mr. and Mrs. Wendy Hilty have carved—via remodeling—their island home. For them, island living means a European ambiance nicely tempered with American practicality. Picturesque, Mediterranean in style, the house is graced by a loggia, *left*, and two great front doors that slide apart, by *right*. Snuggled under a hillock and the distillery's old mill, *opposite page*, new dressing room-guest bedrooms flank a deck and swimming pool, a handsome plunge lined to the gunwales with Florentine tile. (Continued)

PHOTOGRAPHS BY TOM LEO





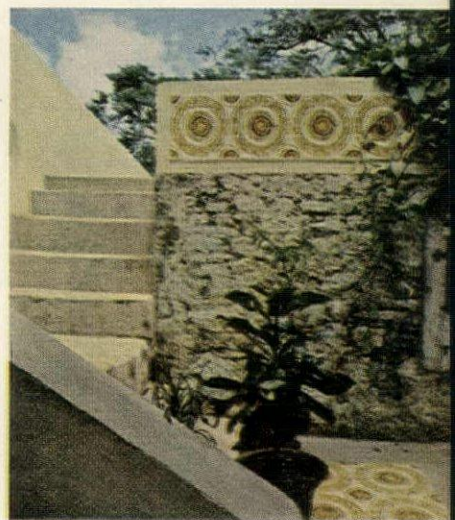




ND BOUNTY *continued*

*airy as aviaries, island houses
are carpeted in ceramic tile*

metamorphosis of the old rum factory into a charming house was entirely the work of Mr. Hilty, who is one of the busiest designer-builders in St. Croix. Built within and around the shell of the old distillery, the house is so Italianate in the pastoral style that, with a shift of mountains, it could be a villa in Amalfi. As fond as he is of Mediterranean architecture, Mr. Hilty felt it only polite to make a bow or two to St. Croix's Scandinavian forebears, so he modeled the fireplace-sitting area with its built-in sofas, *opposite* the dining area, after an old Danish inglenook-kitchen. Surrounding this snuggerly is a sweep of white-tiled floor kept delightfully bare—except for one zebra rug and the dining furniture: a wrought-iron, marble-topped table with contemporary Danish chairs. Light for dining is shed by a gilt and crystal Florentine chandelier, a lovely sophisticated contrast to the old ship's figurehead bedded down in greenery in one corner. At the far end of the room, *above*, louvered screens and a partial wall mask the kitchen—the pretty skylighted kitchen you see on our cover—as well as the pantry, closets, and a powder room. The wall also forms a bulkhead for a splendid hold-all, hold-anything counter brilliantly faced with a façade of Florentine tiles.



Outside staircase, jeweled with tiles

*Wherever you go,
you find ideas sparked
by colonial forebear*

The islands are full of charming quirks and touches, many adaptable to frostier climates.

1. A "curtain" of elegant old oil lamp four strung on wires to form a divider, adds a flourish to the cheer dispensed in the bar of the Caravanserai, David Crane's and Henry Drazenovich's inn on the half-Dutch, half-French, wholly hospitable island of Sint Maarten.

2. On St. Bart's, the Yacht Club, once a private house of some stature, boasts a bar with a fine view of the harbor. Chairs, made locally, have a Swedish air, and with reason; St. Bart's was once owned by Sweden. The bar stools, however, are antique—once ecclesiastic, now secular, they were *prie-Dieu*.

3. Ferns and begonias are part of the lushness of Mr. and Mrs. John Bannochie's Andromeda Gardens at Bathsheba in Barbados. Although the island was named for its bearded banyans, the tree in the rock garden is untypical—a devi-devi wears corkscrew seed pods for a beard.

4. Conchology is one of the islands' fun-sciences. These rarities were collected by Commander and Mrs. Nicholson, who live in a converted powder magazine in Antigua where Lord Nelson first sharpened his sword. Mrs. Nicholson's arrangement, a marine still life, fills the top of a coffee-table-vitrine.

5. Part of the dining room in the Nicholsons' powder keg is open to the sunny sky. Instead of Nelson's shot and shell, one wall now harbors a blanket of greenery that races up from a plant bed.

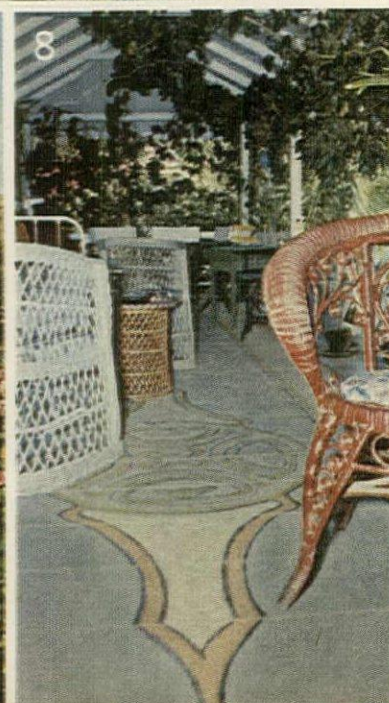
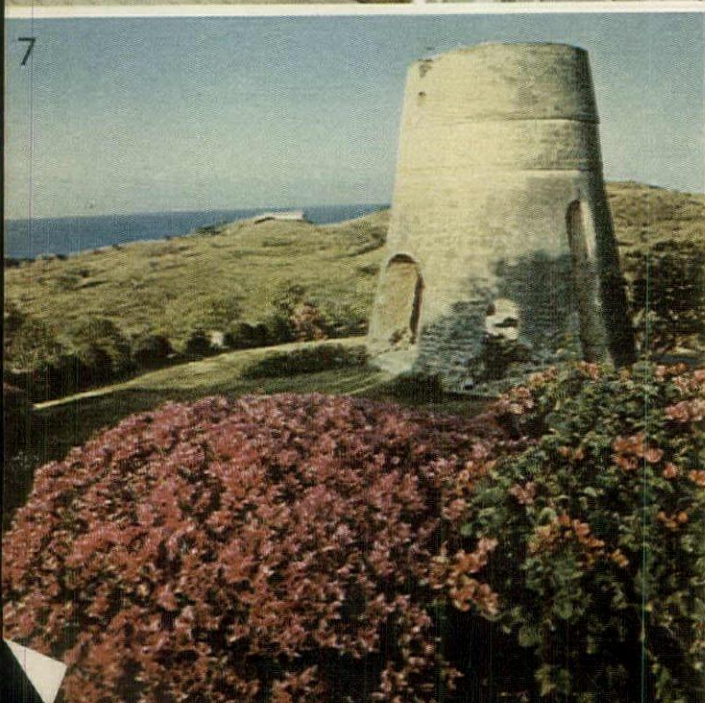
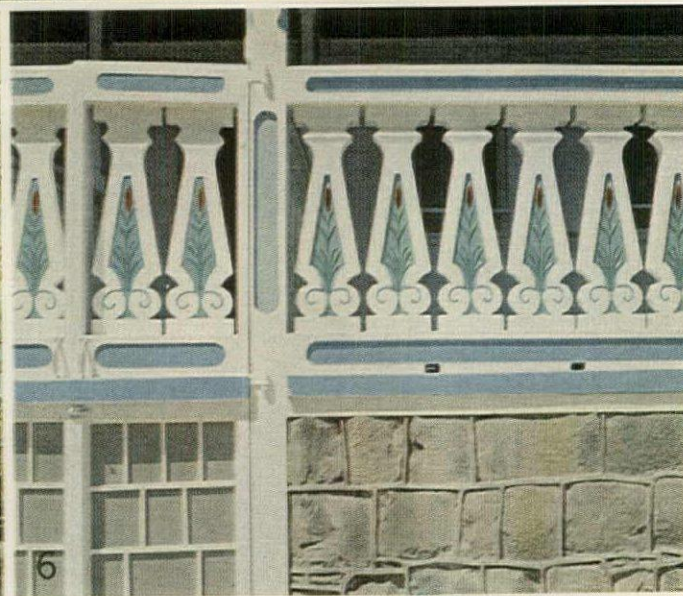
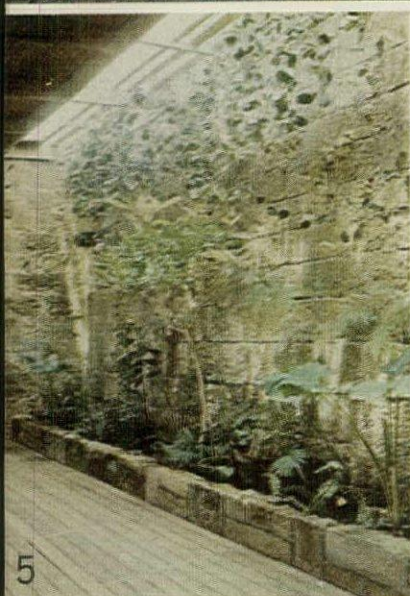
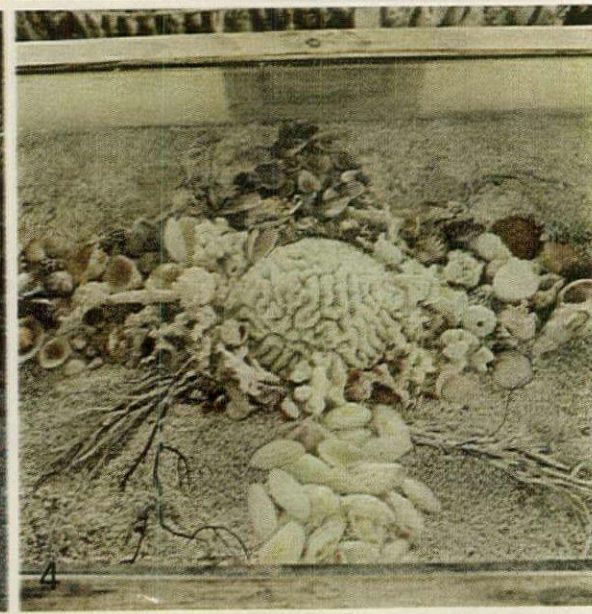
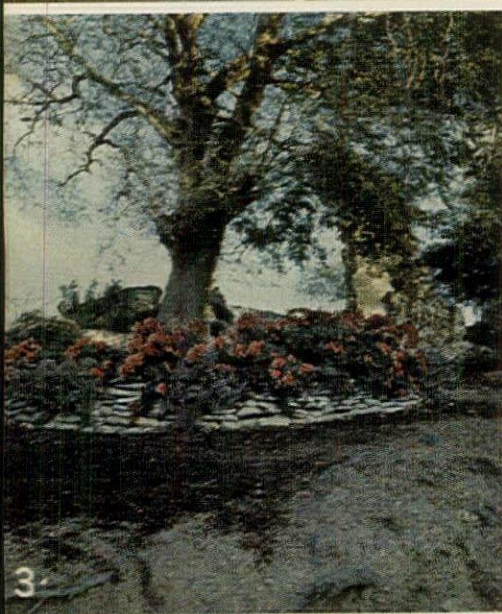
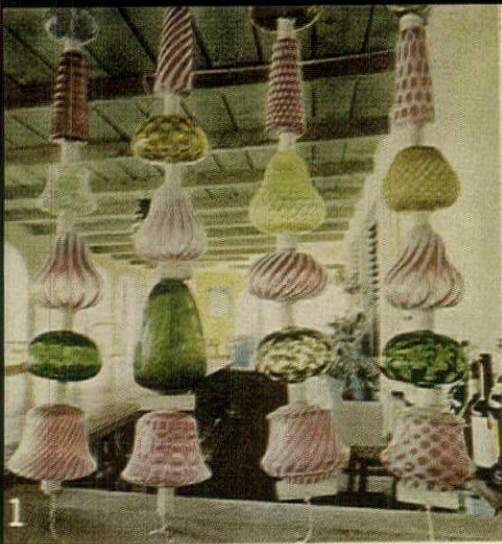
6. A veranda next to the Yacht Club in St. Bart's is typical of the wonderful architectural gingerbread the old Swedish settlers were so fond of. Hand-carved and hand-painted, the balustrade works as exactly as a piece of scrimshaw.

7. On St. Croix, abandoned sugar mills dot the countryside like great masonry pudding molds. This one, an eighteenth-century specimen, now plays the role of gazebo in the garden of Hilder Mill, Mr. and Mrs. Hugh Hilder's house outside Christiansted.

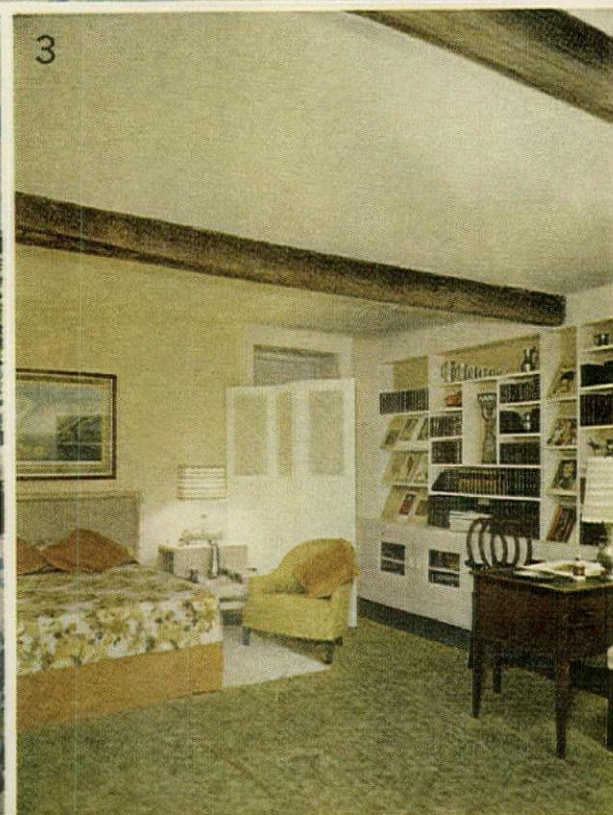
8. Painted carpets (instead of the plushy variety) are a cool and gay island conceit—easily freshened. Like an enormous Delft tile, this one is painted on the veranda floor of "Mary's Fancy," once a plantation house, now a Sint Maarten guest house.

OPPOSITE PAGE:

Not all Caribbeans live in powder magazines and rum factories: a pineapple-finialed courtyard screens Mr. and Mrs. Newman's house of coral rock in Sandy Lane Estates on Barbados. Its roof is shingled with wallaba, a tough-as-shoe-leather wood from a tree native to the Guianas and Brazil.







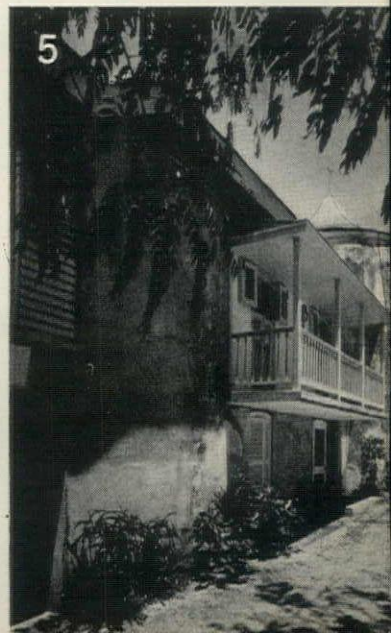
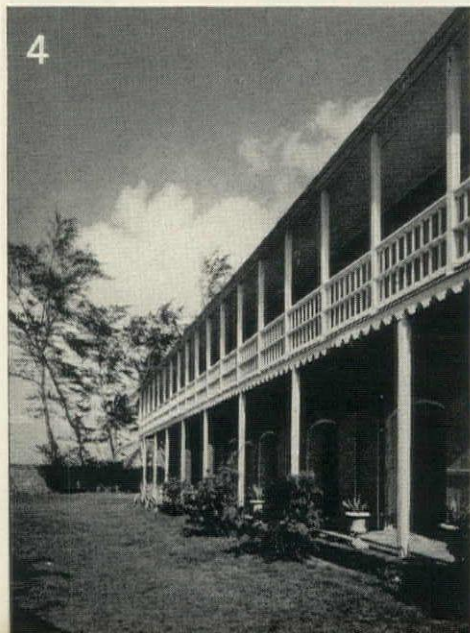
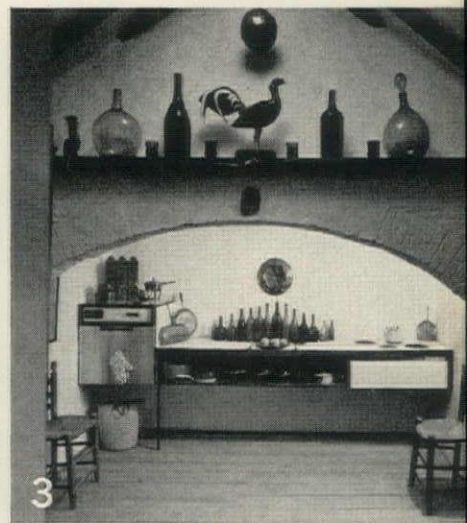
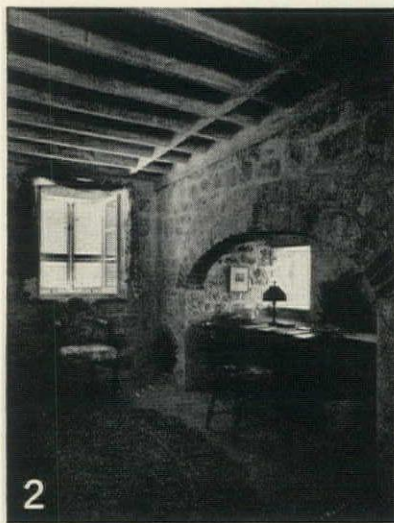
An actress lives in Barbados just as she did in Beverly Hills

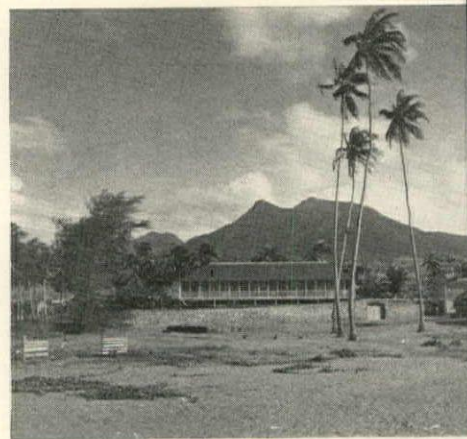
Opposite page: Miss Claudette Colbert, who spends much of her time in Barbados, lives there almost exactly as she used to live in California. She brought all her furniture with her, then—a born romanticist—she named her house “Bellerive” after Blanche DuBois’ figment-of-fancy plantation in *A Streetcar Named Desire*. Miss Colbert’s “Bellerive,” anything but a figment of fancy, has the air of an English country house transported to a rain forest—or a pukka sahib gone adventuring. For example: 1. The living room, a chintz-lover’s dream, has not a trace of the tropics except for the windows. Enlarged and augmented with window seats, they are quite glassless, and their folding shutters accordion into the wall to give every passing zephyr full play. Even the paintings over the bookcase are cool: a Monet and an Utrillo, they are old and very dear companions. 2. The balcony end of the living room sparkles with a mirrored screen designed by Adrian, the great couturier, and a portrait of Deborah Kerr’s daughter painted by Miss Colbert herself. 3. In the bedroom that Miss Colbert designed for her husband, Dr. Joel Jay Pressman, she found a place for a desk from Dr. Pressman’s office and arabesque-back chairs from their California dining room. Easel shelves of bookcase hold paintings by friends—a wide gamut ranging from Noel Coward to the Martiniquais, Alofredo. 4. The guest bedroom is a delicate flurry of embroidered muslin, bits of the ubiquitous chintz, and scalloped sheets made of lawn from Liberty’s of London—a charming custom as old as that inimitable establishment’s justly famous prints.



Others prefer the old order— and gentle ghosts

This page: People who live in the islands’ old houses learn to dwell with their ghosts in style and serenity. Here are five such haunts: 1. The courtyard and carriage houses of Fairview, an eighteenth-century plantation house in St. Kitts. In contrast to the rambling, almost higgledy-piggledy architecture of the house, the surrounding gardens are as formal as a tailcoat. 2. The study in Mullins Mill, an eighteenth-century landmark on Barbados. This was once the old kitchen with the customary cavernous fireplace—quite roomy enough to roast an ox. 3. In Mr. and Mrs. Michael Svender’s old Danish house on St. Croix, the kitchen has remained a kitchen. Its fireplace makes a hospitable niche for a modern cooking-preparation counter. 4. The Golden Lemon, a seaside house on St. Kitts and a very old party, was built by the French in the late seventeenth century. The upper story was restored by the English a century or so later. In its checkered career, the house has been a private dwelling, a warehouse, a smugglers’ rendezvous. It is now an elegant guest house, aglitter with Baccarat chandeliers. 5. Mullins Mill on Barbados has a new (relatively) balcony, but the house itself and adjacent, fortress-like mill with its graceful minaret top (a curiously oriental topknot) are almost as old as Barbados sugar and rum.





Behind The Golden Lemon on St. Kitts, Mount Nevis—once a whopper of a volcano, now quietly

A proper Bostonian lives like a proper islander

This page: Mrs. Georgia Burnett, a Bostonian born and bred, sees no reason why a shift of residence of well over seven hundred miles should make any difference at all in the way she lives. With her furniture in tow, she arrived in Christiansted, St. Croix, and established herself in an eighteenth-century town house. Like other dwellings of its ilk, it very likely was built by a local planter for his city-mouse lady love—a thoughtful custom of the period, and one Mrs. Burnett condones because the house is so pretty. Except for the absence of rugs and curtains, her dining room, *above left*, might still be in Back Bay. The eighteenth-century refectory table and old Portuguese chairs sit as sedately on Caribbean white tile as they did, no doubt, on a Brussels carpet. The tea service and table are tucked neatly away in a corner, and the chandelier—a Venetian gondola lantern—hangs, as it has always hung, upside-down. The living room, *left*, is formal, unfussy, and French. Its furniture—most of it Louis Quinze and Louis Seize—was years in the collecting, but it took to its new setting like Josephine to Malmaison. And like most islanders, Mrs. Burnett learned to welcome the balmy Caribbean breezes with louvered doors instead of stopping them with glass, and to grow masses of orchids in her back garden—something no one has ever quite managed to do in Boston or any of its purlieus.

The old houses sometimes spread their wings

Opposite page: One of the new additions to Mullins Mill on Barbados is a terrace dining room built in the lower half of a widened wing that branches out from the old mill. Since the kitchen is next door in the mill itself, the location is practical, and a series of doored arches on the courtyard side make the new dining room architecturally engaging as well. Because it is new, it is furnished in contemporary style: the rocker in the corner was locally crafted, the dining furniture and console are of metal fresh from the States. China and crystal are English, the mats, Caribbean—delicate tracteries of straw woven in the islands' celebrated weaving Helicon, Dominica.





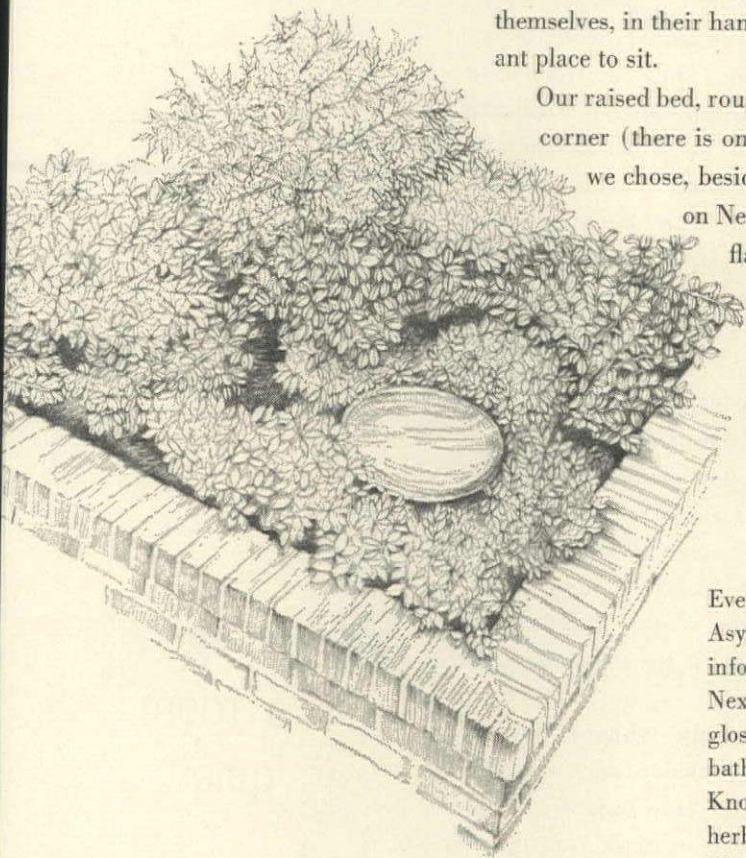


The raised plant bed—

comfort for
plants,
comfort for
the gardener

There are three good reasons for building a raised plant bed (which are two more than you need). First, a raised bed lessens the amount of stooping you must do to care for it. Second, it adds the dimension of height to what is often but a two-dimensional landscape pattern. Third, a raised bed makes possible the creation of a custom-tailored soil mixture—a matter of considerable importance if the bed is built on unfriendly ground or if special growing requirements must be met. In designing the raised bed on the opposite page, H&G combined and extended these reasons to include the persuasive element of comfort: comfort for the gardener in tending his mini-collection of roses; comfort for the roses themselves, in their hand-mixed soil; comfort for the garden guests who would find a pleasant place to sit.

Our raised bed, roughly 7 by 6 feet in interior dimensions, was planned to fill an orphan corner (there is one in every garden) that had neither charm nor meaning. The spot we chose, beside an otherwise agreeable brick terrace behind an old frame house on New York's Long Island, was originally just a tangle of weary flowers, flanked by a superannuated climbing rose and a floriferous but overgrown lilac (see page 154). The new bed is as simple as good construction can be—seven courses of (Continued on page 154)

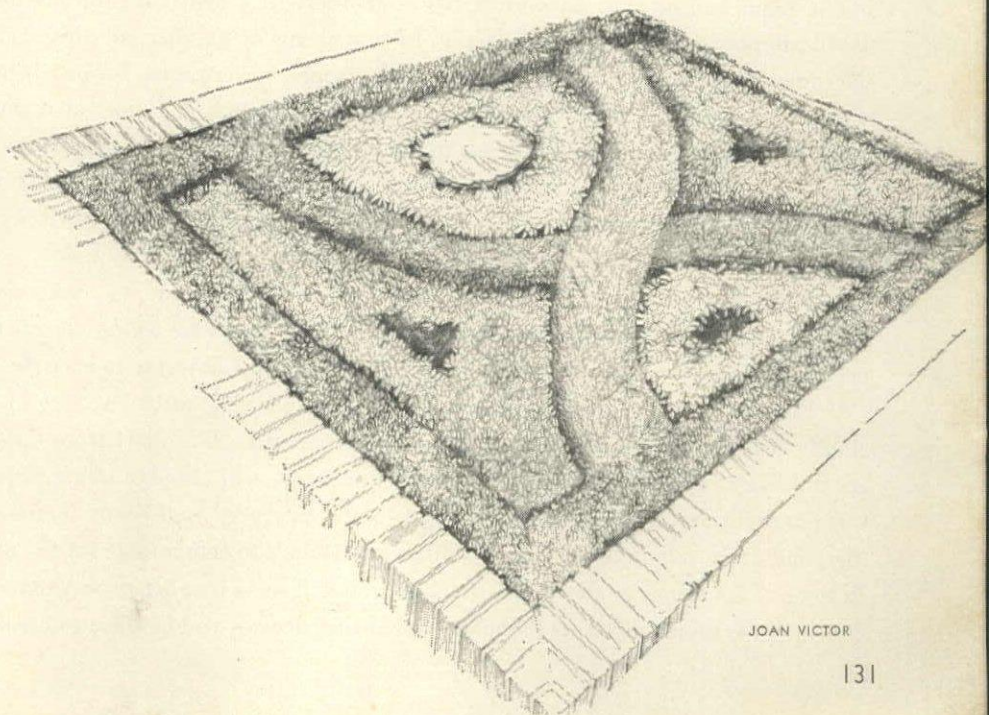


A raised bed makes a showcase for many kinds of plants

Evergreen shrubs, *left*, exploit varied textures of holly species. Asymmetrical arrangement is dominated by red-berried *Ilex pernyi*, informally and selectively pruned to remain about 5 feet high. Next largest is black-berried *I. crenata*, surrounded by glossy convex-leaf form, *I. c. convexa*. Plants around bird bath and in rear corner are dwarf Heller variety of *crenata*. Knot garden, *below*, for a sunny location sets off traditional herbs. Entire edging is germander (*Teucrium chamaedrys*). The crossed ribbons are santolina, the silvery lavender-cotton (*S. chamaecyparissus*), and the darker is evergreen *S. virens*. Silvery edged euonymus 'Gaiety' and common boxwood fill remainder of bed.

Roses thrive in the made-to-order world
this raised bed in a sun-dappled corner

top of the double-grafted tree rose, *opposite page*, is the great
bunda 'Fashion.' It is surrounded by three plants each
'fashion' and 'Pink Chiffon,' and ten plants of the recently
roduced low-growing 'Sea Foam,' which comes close to
g the perfect informal edging rose. Its froth of constant
m is not pure white but pale blush. The single plant against
necessary downspout, *far left*, is the taller hybrid tea rose
een Elizabeth.' Raised bed itself is of blended Glen-Gery
k; banquette beneath cotton-and-foam-rubber cushions
upported on angle irons set in the brick wall.



JOAN VICTOR

How to furnish your rooms

for quiet

—the word we use when
we really
mean comfort
for the ear

You can measure the decibels of sound inside a room at any given moment, but they will give you no clue whatsoever to its aural comfort. For our reaction to what we hear, like our reaction to light and to color, is partly physical, partly emotional. If we like it, we call it sound. If we dislike it, or do not expect it, or cannot identify it, or prefer not to hear it at that particular moment, we call it noise—whether it is minute as the buzzing of a fly or thundering as the final movement of *Beethoven's Ninth Symphony* (for a detailed analysis, see "It's not the noise, it's the annoyance," H&G, April, 1965). Noise is one of the most pervasive discomforts that plague man. Yet absolute silence, significantly called "dead," is not very comfortable either. Aural comfort—the blissful state we mean when we say *quiet*—depends on the person, the place, the hour, the circumstance.

In order to get rid of unwanted sounds you have to know what kind of sounds they are and how they are reaching your ears. To begin with, there is the noise you make yourself, which is apt to bother you far less than it bothers other people. If this direct, airborne noise becomes too much for you, you can always control it by simple expedients like turning down the radio, ceasing to type, disconnecting the noisy appliance. But you cannot so easily turn off reflected noise. If you are at a cocktail party in full swing in a marble hall where sounds bounce from wall to wall like Ping-Pong balls, you can only grin and put up with the roar. A third kind of noise you have to cope with are the sounds that come from beyond the wall of the room where you are. And a fourth is the thump, thump or rumble, rumble that travels to your ears via the structure of the building, much as electrical current travels along a wire.

There is no magic material, no single method for hushing all four kinds of noise. Effective sound control is made up of countless small measures, some of them so obvious they are often overlooked. Many apply to the plan and construction of the house. (See "How to plan a sound-conditioned house," H&G, April, 1965). But ill-considered furnishings can easily ruin the effectiveness of thoughtful construction and planning, whereas well-chosen furnishings can often compensate for built-in noise problems.

It is important to remember, however, that an "aural feel" which is delightfully comfortable in one room, can be most uncomfortable in another. In a bedroom, for instance, the primary, obviously reasonable goal is to keep out, by one means or another, all noise originating outside the room. Not much noise originates *inside* a bedroom; nevertheless, for purely psychological reasons, we also relish there an ambiance so sound-muffling that if a pin—or a shoe—dropped, we would *not* hear it. But it is impossible to imagine a gay party or even a lively conversation taking place in a living room so thoroughly padded with sound-absorbent material that every word, every ripple of laughter is extinguished within seconds. Comfortable conviviality demands a carefully plotted mean between too raucous a noise and too deadening a quiet.

With other rooms, the problem is one of insulation. In a study, you ask only that distracting noises be kept out. In a workshop or playroom, where one of the conditions of comfort is that the occupants be free to make as much noise as they please, the object is to keep the noise in.

Possibly our ears are growing more sensitive. It is easy to believe this of audiophiles constantly striving for more satisfactory sound reproduction. But apart from their hi-fi, even they are not likely to insist upon aural comfort at the sacrifice of visual or other pleasures. In any case it is not necessary. You can easily have glass walls, mirrored walls, bare floors, slim, light furniture, and quiet, too, if you select your other furnishings to compensate for the noise encouragers. In some of the rooms on the next three pages you will see a number of ways in which this can be done. All the rooms illustrate the many and varied devices you can use to create aural comfort.

Wrapping a room in quiet

A bedroom is one room that you want only to be quiet, but to feel quiet. This one in a house on Long Island is admirably furnished to do both. The bed is placed against the outside wall where sleepers are least likely to be disturbed by noises coming from elsewhere in the house. But even if there *were* another room beyond the wall, the design of the bed with its padded headboard bowing out slightly from the carved posts would be a safeguard against any sounds coming through the wall, as well as against those mysterious structure-borne noises that sometimes originate in rooms above or below. In addition, the room is full of sound absorbers—carpeting, heavily padded and quilted chairs and sofa, closely gathered floor-to-ceiling curtains that tend to muffle every clock tick. Even the sound-bouncing glass of the windows is discreetly screened by wood blinds. The room was designed by Melvin Dwork, associate of Burge-Donghe





GRIGSBY

Keeping noise in its place

Freedom to make a racket is as much of a comfort to the young as quiet is to their elders, and the two are by no means incompatible. In the playroom in the Donald Sargents' house in Connecticut the six young Sargents, aged four to fifteen, and their numerous friends make all the racket they like. But the room can take it—and even more important, can keep the noise penned in. Part of this feat is due to the house plan and construction. The room is on the ground floor, adjoining only the kitchen (which competes with noisemakers of its own). The floor is vinyl tile laid over a concrete slab (the quietest kind of floor you can have, because it doesn't vibrate), and the ceiling is acoustical plaster, which, by absorbing some of the noise, leaves less to be transmitted to the rest of the house. Rough-sawn pine paneling also tends to reflect somewhat less noise than would a smooth plaster wall. Other sound absorbers include the bookshelves, the sleep sofas (for teen-age guests), the profusion of pillows, and the wicker chairs. And the TV and the record player are wisely placed against the outside wall of the room. Interior designer: Joan Carrillo.

Creating a happy blend

OPPOSITE PAGE, UPPER LEFT:

Heavily upholstered furniture and curtains are not the only way to make a room comfortably quiet. An inspiring alternative would be a wall treatment such as the handsome wood screen that architect Henri V. Jova devised to cover a wall of the living room in his apartment. Composed of boards set in an irregular pattern and finished in gold leaf, the screen is finished in gold leaf and copper in a fascinating gamut of tones and intensities, the screen is intended primarily for decoration. But its three-dimensional surface also tends to break up sound and absorb noise. Sheer wool curtains, when pulled across the window on the right, are all that would be needed to kill the sound-reflective quality of

UPPER RIGHT:

A mirrored wall, so useful for making a small room look larger, can reflect a great deal of noise as it reflects space. But this theoretical aural comfort is not hard to come by. In the game room of Mrs. Hartman's New York apartment, some of the noise is absorbed by the wool-upholstered chairs. Even more sound is absorbed by a room too small for many upholstered chairs. Even more sound is absorbed by wool-covered ceiling-to-floor screens that line the long wall. Such screens, composed of hollow frames covered on both sides with heavy fabric, would also be effective as a barrier to keep sound from entering a quiet room such as a bedroom or study. Interior designer: Joseph Braswell Associates.

BELOW:

Many people prefer not to have a dining room, thus eliminating a major device for tempering the noise of clattering dishes and spirited conversations. In the dining room of André Emmerichs, the New York City gallery director, chose other means: wall curtains of heavy velvet and a dining table with upholstered backs as well as seats. The two large canvases by Vincent van Gogh, obviously intended to give pleasure, incidentally add to the aural comfort as well (by breaking up the sound-reflective potential of the plaster wall). Ceiling is acoustical plaster.

For shopping information, see page 134.

HOUSE & GARDEN, JANUARY 1968



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CORKSCREW

COMFORTING WINES FOR COLD WEATHER

BY HUGH JOHNSON

Winter wine drinking has one great advantage over wine drinking in summer: it never turns into a losing battle against thirst. There are moments on sweltering hot days when we don't really care what the wine is so long as it is cold and there is plenty of it. In contrast, winter's more deliberate meals and evenings spent by the fireside provide the opportunity to drink wine for wine's sake rather than for its refreshing power.

Consider the dishes on the winter menu and it is clear that in cold weather we eat not only heavier, heartier food, but more of it. Winter dishes are those that finish up, French style, with a thorough wipe round the plate with a piece of fresh bread. Good-hearted glutony is rampant.

As meat is the first food to regain favor when the weather gets colder, the full-bodied, more savory red wines are in demand. Next to meat come cream and egg yolks for the thickening and enriching of sauces that require the headier, more scented wines. And the pastry of pies brings forth the luscious, sweet, golden wines, chilled and carried sweating to the table.

Wine and soup

Perhaps the wintriest of all dishes is soup. If any dish is associated with comforting, warming, and reviving, it is a steaming soup bowl. Most comforting and warming of all is French *soupe à l'oignon gratinée* in whose brown depths soft snakes of onions lie, covered with a most savory canopy of toast and melting cheese.

The question of whether to serve wine with soup worries writers on gastronomy. They don't like the idea of drinking two liquids in alternate sips. There is a lot to be said for this point of view. The way around it is to drink the wine not with the soup, but in it.

If there are any traditional wines to drink with soup, they are sherry and Madeira. A glass of either is certainly good with a bowl of almost any soup, thick or clear. Having a higher alcoholic strength and a more powerful flavor than ordinary table wines, they act almost as an added seasoning.

The driest sherries and Madeiras can taste a little meager and thin with a good, full-flavored

soup. Amontillado, rather than fino, among sherries, and Verde or Rainwater, rather than Sercial among Madeiras, are the wines with enough pungency and body to hold up against a real savory broth or cream soup. Try an amontillado, at room temperature, slightly below, with a fresh mushroom soup, or a Rainwater with Billi-Bi or clam chowder. In England, Marsala from Sicily is often used, particularly with soups that have a great deal of seasoning and strong flavor.

In London clubs, where drinking of soup is reckoned a serious matter, a little cruet bottle of the kind that usually contains vinegar, is put on the table with the soup. It contains a mixture of sherries—leftovers from the bottom of many bottles. The custom is to shake a few drops into a bowl of soup as a seasoning, and very effective it is, too. (On occasion I have seen members shaking more than a few drops.)

The even more serious souper eaters who can be seen in a French workmen's café, like those who make what they call a *chabrot*. Starting with a big bowl of soup from the rich, inexhaustible stockpot, heavy with vegetables—then eat half, then pour a big glass of their ordinary red wine into the rest, producing a pink-tinged mixture, sharp and appetizing.

Red wine and meat

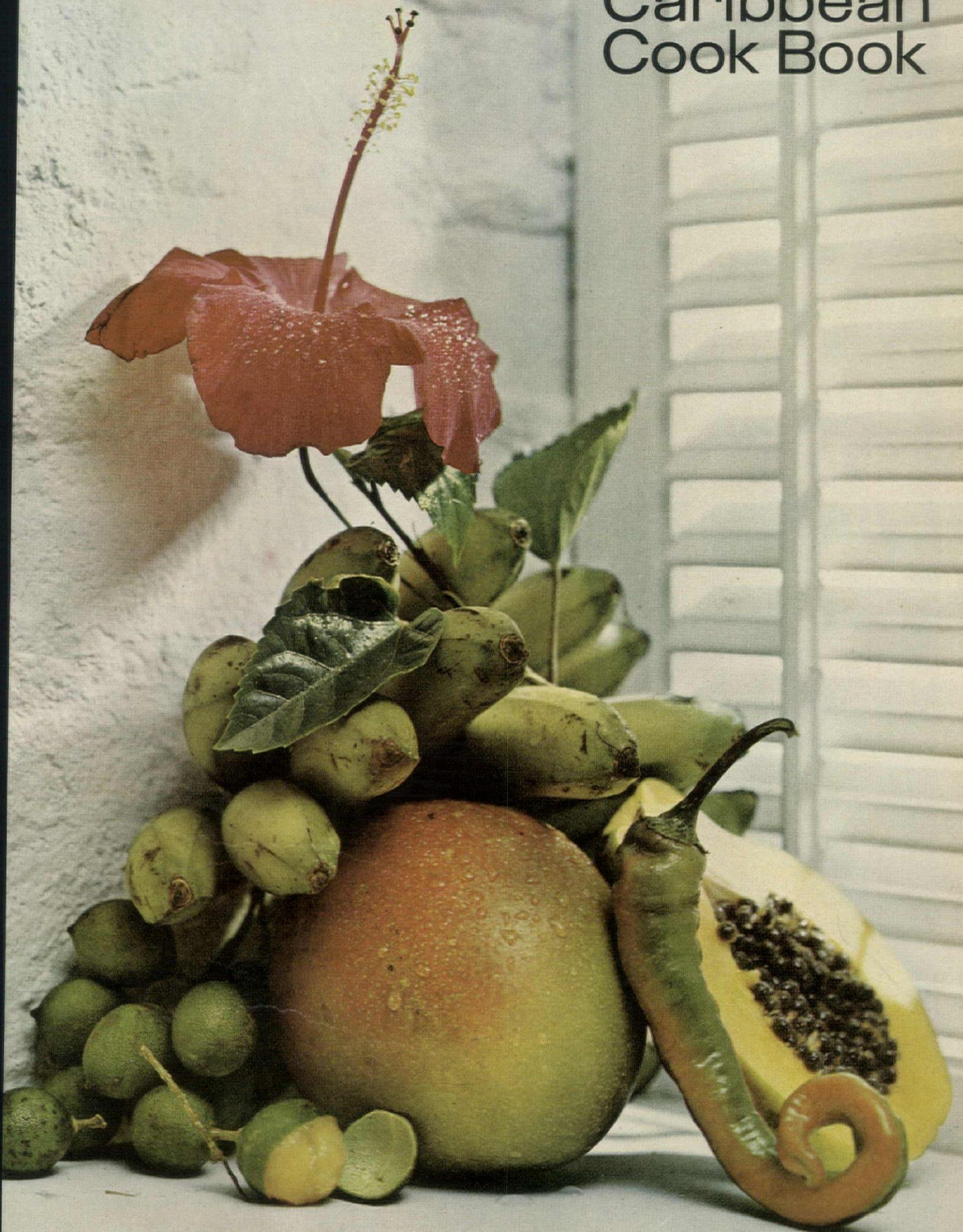
In winter, roast meat comes in its own. Historically, this is the time when the livestock could no longer be fed. All animals, save a few for breeding, were slaughtered for the Christmas feast, and for a few weeks there was a glut of beef, pork, and lamb.

There is a tradition, originally French, that connects beef with Burgundy and lamb with Bordeaux. It may only stem from the fact that the Charollais, the high pastures above Burgundy, are France's most famous cattle country, and the salt marshes below Bordeaux are renowned for the lamb. As a principle for choosing wine, it certainly works. The difference between beef and lamb gives a rough idea of the differences between the wines that go with them. If you say that Bu

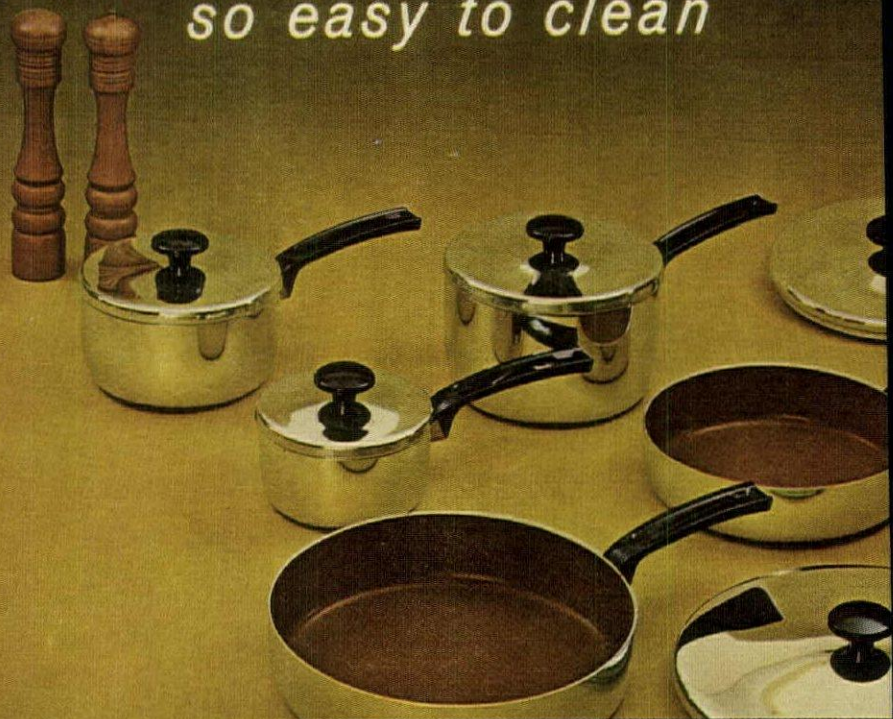
Continued on page 14

HOUSE & GARDEN'S

Caribbean Cook Book



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Caribbean Cook Book

By Elisabeth Lambert de Ortiz

Like the Caribbean islands themselves, the Caribbean kitchen is, above all, eclectic, gathering its ingredients and cooking methods from three continents—Europe, Asia, and Africa—and joining them in a happy association with the indigenous foods. Ever since 1492 when Christopher Columbus discovered the West Indies—the sparkling chain of islands that runs from Florida in the north to Venezuela in the south—the peoples of Africa, Spain, Britain, France, the Netherlands, Scandinavia, China, India, and the U.S. have all played a part in the development of a cuisine that has no parallel anywhere in the world. Although each island claims its specialties, these inevitably migrate to other islands where they appear in slightly different variations or under different names. Many dishes, such as the ubiquitous banana-and-coconut desserts, are island-wide.

The lushness of the volcanic soil brings forth an abundance of fruits and vegetables, some as familiar to us as pineapples, bananas, and avocados, others strikingly strange in color, shape, and flavor. Many of these exotics, either canned or fresh, are now turning up in U.S. markets that sell tropical produce, in foreign food stores, and wherever a lively colony of West Indians has taken root. As the

names of many of these vegetables and fruits vary from island to island and may be sold under any of their pseudonyms, it is a good idea to familiarize yourself with the names and descriptions in the list of ingredients for Caribbean cooking, *below*. While you may not be able to find such typical but elusive delicacies as conch (pronounced conk), turtle steaks, crawfish, flying fish, or otaihiti apples, this should not cramp your cooking style. Just about everything else you need to reproduce the authentic Caribbean flavor is available, even such rarities as breadfruit and ackee, now imported in cans from Jamaica, W. I.

West Indians are noted for their sweet tooth. They enjoy the islands' luscious fresh fruits, also ice creams and sherbets, sweetbreads, frozen desserts, and all kinds of pies and puddings, many enlivened with rum, the standard tippie of the islands. When a recipe calls for rum, you will always get a better result if you use the rum of that island, rather than relying on an all-purpose type.

No special cooking equipment is needed, although a heavy, lidded casserole comes in handy since some main dishes are one-pot meals, a reminder that in the past food was cooked over an open fire.

INGREDIENTS FOR CARIBBEAN COOKING

There are few difficulties facing a determined shopper planning to cook Caribbean. Most of the meats and poultry used in the islands can be found in our supermarkets, the exceptions being kid, which is mainly sold here in specialty butcher shops or Italian meat stores, and pork tripe, obtainable from pork stores. Fish and shellfish vary a little, but where a specific tropical fish is not available, a similar fish can serve as a substitute. The salt fish of Jamaica is merely another name for dried cod, sold as *bacalao*, its Spanish name, in Puerto Rican, Mexican, and Spanish-American markets, but also readily available in fish stores in large cities.

Many Caribbean vegetables and fruits are now imported, either fresh or canned. Stores or markets specializing in Puerto Rican and West Indian foods are the best places to find them, although the food departments of many big department stores now stock some of the canned goods. A partial list is given on page 144.

Herbs, spices, and seasonings

Nearly all the herbs and spices used in the Caribbean kitchen can be found on any supermarket shelf. Exceptions are *cilantro* (or *culantro*), the fresh green leaves of coriander that may be

bought in Puerto Rican and Chinese markets, and *achiote* (or *annatto*), available in specialty food shops, Puerto Rican markets, and stores where Indian foods are sold. Fresh ginger root can be bought in Chinese, Japanese, and tropical food markets. Hot chili peppers, both red and green, are sold in many vegetable markets. Pickapeppa hot pepper sauce, the Jamaican equivalent of Tabasco, is carried by supermarkets and specialty food stores, and the latter also stock lime pickle.

Vegetables and fruits

In looking for vegetables and fruits (some of which, in their unripe state, are cooked and served as vegetables), it is helpful to know the different names by which they are called in the English, French, and Spanish-speaking islands.

Ackee, sold here in cans, is the fruit of an evergreen tree that grows throughout Jamaica. The scarlet shell and black seeds are inedible. The yellow flesh, which looks like scrambled eggs and has a delicate flavor, is used as a vegetable.

Bananas and plantains (the latter are large members of the banana family and inedible until cooked) are used both ripe and green, as a fruit or a vegetable. Plantains (in Spanish *platano macho*) are harder to get than bananas. Ask for them in tropical food stores; if they are not available, you can use green bananas as a substitute. Green bananas make an excellent vegetable when boiled in their skins for about 20 minutes or

baked in a 350° oven for half an hour. Ripe plantains and bananas may be baked in their skins or peeled, split, and fried and served as a vegetable with a meat dish and rice or—with sugar, nutmeg, and cinnamon—as a dessert.

Breadfruit are large green fruit about 10 inches around which hang lantern-like from handsome trees. They have a bland flavor and texture and make an interesting substitute for starchy root vegetables. Fresh breadfruit can sometimes be found in markets selling tropical produce, but the more readily available canned breadfruit is excellent and easier to use.

Chayote (Spanish), and *christophene* (French) are the two most common names for a pear-shaped, prickly, squash-like vegetable ranging in color from green to white. In English-speaking West Indian islands it is also known as cho-cho. Its Spanish name is derived from the pre-Columbian Mexican word *ayotli*. This vegetable can be served like squash, plainly boiled with a sauce or stuffed, as a luncheon or supper dish.

Papaya (called paw paw in many of the islands) is a common Caribbean fruit that does double duty as a vegetable when green. Unripe papaya, often found in markets selling tropical produce, is peeled, sliced, and cooked, covered, in boiling salted water until tender, about 15 minutes. Prepared in this manner and served with melted butter and a sprinkling of freshly ground pepper, it tastes rather like squash.

Pigeon peas, also known as *gandules* and, in Jamaica, *gungo peas*, are readily available dried. Fresh canned pigeon peas, often labeled *gandules verdes* on one side and fresh pigeon peas on the other, can be bought in tropical food stores.

The Caribbean islands have many starchy root vegetables of pleasant texture and delicate flavor that can be cooked like potatoes. Here again the names vary a great deal:

Cassava, also called *yuca*, *manioc*, or *mandioca*, has long brown roots and comes in two varieties, sweet and bitter. The bitter kind is poisonous until cooked and is used throughout the Caribbean to make starch. Sweet cassava is the only type used in cooking.

Yautia (Spanish) is the most common name in the U.S. and Puerto Rico for the large edible tuber, 3 to 6 inches round with a rough brown skin, that the Polynesians call taro. In Jamaica it is known as *dasheen*, in Barbados as *eddo*, and in other islands as *tannia*, *taya*, and *oto*. The tender young leaves of this plant resemble spinach and are variously called *dasheen* or *callaloo*.

Yam (from the Spanish *ñame*) is often confused with sweet potato, to which it is not even botanically related. This large tuber has a hairy skin and must be peeled quite deeply. There are three main types of yam—white, yellow, and red.

Among the Caribbean fruits too familiar to need a description are avocados, coconuts, guavas (fresh and canned), grapefruit, oranges, mangoes, pineapples and pomegranate (Chinese apple). Less well known here but occasionally to be found in markets selling tropical produce are custard apples and their relative, the soursop or guanábana, pomelo (shaddock), Seville oranges (*naranja agria* in Spanish), and kumquats.

Coconut milk is a liquid relied on in the Caribbean where fresh milk is scarce. It is made there from fresh grated coconut and strained coconut water, but two acceptable substitutes for the fresh product are coconut meal, sold by health food stores, and Baker's Southern-style coconut. Canned coconut milk is also available in stores selling tropical foods. For those who would like to make their own, here is a basic recipe:

Pierce the 3 eyes of a dried coconut and drain out the water. Strain and set aside. Put the coconut, eyes down, on a very hard surface and bash away at it generously with a hammer. It will crack into small enough pieces to make it easy to remove the meat with a knife, levering the pieces out. Do not bother to remove the brown skin. Put the pieces through the food mill, grate, or whirl in an electric blender with the strained coconut water.

Pour over the coconut enough hot water to cover and soak for an hour. Strain through a napkin three times, squeezing hard to remove all the liquid. Store in the refrigerator as coconut milk sours very quickly. For coconut cream, allow chilled coconut milk to stand until the cream rises to the top.

If a coconut is not available, use dried coconut flakes. Rinse in cold water to remove excess sugar, reduce in a blender with milk or light cream, and cook, stirring from time to time over the lowest possible heat for 15 minutes. Cool and squeeze through a napkin.



Winter dinner with a West Indian flavor might start with Cream of Pumpkin Soup, served from an appropriately shaped tureen, continue with Chicken Calypso, Baked Papaya, Ginger Mousse. Hand-carved in Jamaica: wooden pineapple salt and pepper set, wooden turtle server for bread or crackers (his shell is the lid).

TOM FU

SOUPS

Callaloo

The tender young leaves of dasheen, a starchy root vegetable, are the "callaloo" of this recipe. In Jamaica, a type of English spinach with a larger leaf is also called "callaloo," and our spinach makes an excellent substitute. Sometimes okras are added—12 small ones for soup for 6. Trinidad is most often credited with this dish, but it occurs with slight variations throughout the Caribbean islands.

- 1 pound spinach, washed and coarsely chopped
- 3 pints chicken stock
- 1 onion, finely chopped
- 1 clove garlic, chopped
- ½ cup coconut milk
- 6 ounces lump crab meat, trimmed
- Salt, freshly ground black pepper
- Dash Pickapeppa hot pepper sauce or Tabasco

Add the chopped spinach to the chicken stock with the onion and garlic. Cook until tender. Add the coconut milk and crab meat and simmer until the crab meat is heated through. Season to taste with salt, pepper, and Pickapeppa or Tabasco sauce. Serve with Foo-Foo, if green plantains are available. Serves 6.

FOO-FOO

- 1 green plantain, unpeeled
- Salt, pepper to taste

Cook the plantain in water until tender, about ½ hour. Peel, chop coarsely, and pound in a mortar until smooth, moistening the pestle with water from time to time as it gets sticky. Season with salt and pepper and form into small balls. Warm in a 325° oven for a few minutes and float a few of the balls in Callaloo or any Creole soup. Serves 6.

Breadfruit Vichyssoise

(This recipe is based on the delicious, velvet soup served at Spice Island Inn, Grenada.)

- 2 tablespoons butter
- 2 onions, finely chopped
- 1 clove garlic, chopped
- ½ pound fresh breadfruit or ⅓ can (1-pound, 10-ounce) breadfruit
- 2 pints chicken stock
- ½ pint light cream
- Salt, pepper to taste
- Chopped chives

Heat the butter and sauté the onions and garlic until transparent. If using fresh breadfruit, peel the breadfruit, remove core, and dice. If using canned breadfruit, chop coarsely. Combine the breadfruit, onion, garlic, and chicken stock in a saucepan and cook until the breadfruit is tender. Cool. Put into an electric blender and blend until smooth, adding the cream while blending. Season with salt and pepper and chill thoroughly. If soup is too thick, thin with a little milk. Serve soup sprinkled with chopped chives. Serves 6.

Cream of Pumpkin Soup (Jamaica)

- 2 tablespoons butter
- 2 large onions, finely chopped
- 2 pounds pumpkin, peeled and cut in chunks
- 4 cups chicken stock
- Salt, pepper to taste
- 1 cup light cream
- Dash Pickapeppa hot pepper sauce or Tabasco

Heat the butter and sauté the onion until transparent. Put the onion, pumpkin, and chicken stock in a saucepan and simmer, covered, until the pumpkin is tender. Cool slightly and put through a sieve or whirl for a few seconds in an electric blender. Return to saucepan, season with salt and pepper. Add the cream and Pickapeppa sauce. Reheat gently. Serves 6.

Cream of Crab Soup (Barbados)

tablespoons butter
tablespoons flour
eggs, hard-cooked
juice and finely grated rind of 1 lemon
cups fish stock
cups milk
cup light cream
½ pound crab meat, flaked
salt, pepper to taste
Dash of Angostura bitters
¼ cup dry sherry

Melt the butter in a saucepan and add the flour. Cook, stirring, for a minute or two. Remove the saucepan from the heat and add the eggs, mashing them to a smooth paste. Add the lemon juice and rind, the fish stock, milk, cream, and crab meat. Return the pan to the heat and simmer very gently, stirring occasionally, for 10 minutes. Season with salt and pepper. Add the Angostura bitters and the dry sherry and reheat soup gently. Serves 6.

Baked Papaya

1 medium unripe papaya
Butter
1 large onion, finely chopped
2 tomatoes, peeled and chopped
Salt, freshly ground pepper to taste
Bread crumbs, grated cheese

Cut the papaya in half lengthwise and scoop out the seeds. Drop into boiling water and cook until tender, about 15 minutes. Drain. Carefully scoop out flesh and mash. Reserve shells. Heat 2 tablespoons butter in a skillet and sauté the onion until transparent. Add the tomatoes, salt, pepper, and the mashed papaya. Mix well. Stuff the shells with the mixture, sprinkle with bread crumbs and cheese, and dot with butter. Bake in a 400° oven until top is browned. Serves 4-6.

Breadfruit Stuffed with Salt Fish and Ackee

1 pound salt-fish (dried salt cod fillet)
2 dozen fresh ackees, or 19-ounce can ackees
4 ounces salt pork, cut in cubes
1 large onion, finely chopped
1 breadfruit, peeled, or 1-pound, 10-ounce can breadfruit, mashed
Butter

Soak the fish in cold water; the length of time will depend on the hardness and saltiness of fish. Drain, and cook in fresh cold water. Simmer until tender, adding fresh ackees 15 minutes before the fish is done. Drain. Fry the salt pork in a large skillet until all the fat is rendered out. Add the onion and sauté until tender. Flake the salt fish and add to the skillet with the cooked ackees. If using canned ackees, drain and add them at this point. Cook until heated through.

If using fresh breadfruit, rub the breadfruit with butter and wrap in aluminum foil. While fish is cooking, bake breadfruit in a 350° oven until tender, about 45 minutes. Allow to cool a little. Remove the core and, if necessary, a little of the flesh from the stem end. Stuff with the salt fish-ackee mixture. Rub more butter on the outside and return to the oven for about 15 minutes, or until heated through. If using canned breadfruit, line a buttered casserole with the mashed breadfruit, fill with the salt fish-ackee mixture, and top with more breadfruit. Dot with butter and bake in a 350° oven for 15 minutes. Serves 6.

Note: Salt Fish and Ackee can be varied, if it is served alone, by cooking a chopped hot red pepper and 1-2 chopped tomatoes with the onion.

Riz Djon-Djon Rice with Mushrooms (Haiti)

Haitian black mushrooms are tiny with inch-long inedible stalks. European dried mushrooms give almost the same taste, but not the fine black color.

1 ounce dried mushrooms
4 tablespoons butter
2 cups rice
2 cloves garlic, finely chopped
½ teaspoon thyme
Salt, freshly ground pepper to taste

If using Haitian black mushrooms, remove the stems and soak them in 1 cup water. Soak mushroom caps separately in another cup of water. If using European mushrooms, soak them in 2 cups water. Soak for 3 or 4 hours. Discard black mushroom stems, reserving water, and drain mushroom caps, reserving water. Heat the butter in a saucepan and sauté the rice with the garlic until the butter is absorbed. Add 2 cups reserved mushroom liquor and 2 cups water to the rice with the mushrooms, thyme, salt, and pepper. Bring to a boil, cover, and turn heat as low as possible. Cook for 20-30 minutes, or until all the liquid is absorbed and the rice is tender. Serves 6.

Stuffed Christophene

3 large christophenes
2 tablespoons salad oil
1 large onion, finely chopped
1 clove garlic, chopped
1 pound chopped beef
1 tablespoon curry powder, or 1 hot red or green pepper, chopped
3 medium tomatoes, peeled and chopped
Salt, freshly ground pepper
Butter
Grated cheese

Boil the whole christophenes in salted water until tender, about 30 minutes. Cut in halves lengthwise. Scoop out pulp and mash. Reserve shells. Heat the oil in a skillet and fry the onion, garlic, and chopped meat for 15 minutes, stirring occasionally. Add the curry powder or pepper and fry for a few minutes longer. Add the tomatoes and the mashed christophene pulp. Cook, stirring, until the ingredients are well blended and the mixture is fairly dry. Season well with salt and pepper, pack into shells, dot with butter, sprinkle with grated cheese and bake in a 350° oven for 15 minutes. Serves 6.

VEGETABLES, RICE

Rice and Peas (Jamaica)

Fresh gungo peas (pigeon peas) are used when in season, but red kidney beans are more often the substitute "peas" of Jamaican rice and peas.

1 cup dried red kidney beans
2 tablespoons salad oil
1 medium onion, finely chopped
1 hot red chili pepper, chopped
2 cups coconut milk
½ teaspoon thyme
Salt, freshly ground pepper to taste
2 cups rice

Cook the kidney beans in water until almost tender. Set aside. Heat the salad oil in a skillet and sauté the onion until it is golden brown. Add the onion, chili pepper, coconut milk, thyme, salt, and freshly ground pepper to the kidney beans together with the rice and enough water to bring the quantity of liquid up to 4 cups. Bring to a boil, cover, and cook over very low heat for 20-30 minutes, or until the rice is tender and all the liquid is absorbed. Serves 6.

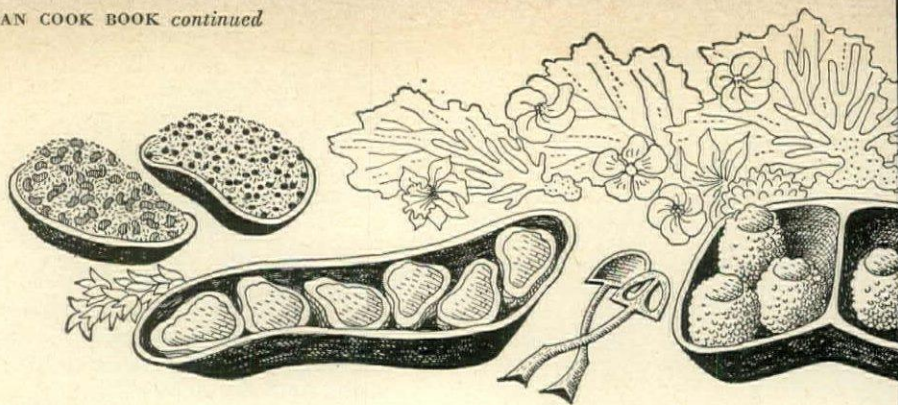
Eggplant in Coconut Cream (St. Maarten)

PEEL & THINLY SLICE 1 large eggplant. ARRANGE in BUTTERED oven PROOF dish. COVER with three large onions FINELY CHOPPED. Sprinkle With 1 teaspoon DRIED hot red chili pepper, SALT & ground PEPPER to taste. POUR OVER 2 CUPS coconut cream. COVER dish & bake AT 350° FOR 45 mins. UNCOVER & bake ten minutes LONGER. Serves FOUR to SIX.

2 cups canned pigeon peas or 1 cup dried peas
2 pig's knuckles
½ pound beef chuck, cut in 2" cubes
1 tablespoon salad oil
1 onion, finely chopped
1 clove garlic, chopped
Hot green peppers, chopped, to taste
2 tomatoes, peeled and chopped
½ teaspoon thyme
Salt, freshly ground pepper to taste
2 cups rice

If using dried pigeon peas, soak them overnight with the pig's knuckles. Drain, cover with fresh water, add the beef, and cook until almost tender. Remove the knuckles, cut up the meat, discard bones, and return to the saucepan.

Heat the oil in a skillet and sauté the onion and garlic until golden brown. Add to the meats with the hot peppers, tomatoes, and thyme. If using canned pigeon peas, this is the time to add them to the meat. Season with salt and pepper, add the rice and enough water to bring the quantity of liquid up to 4 cups. Cover and bring to a boil, lower heat and cook gently until the rice is tender and all the liquid is absorbed. Serves 6.



Caribbean buffet party sets forth an array of delicacies. LEFT TO RIGHT: on free-form wood Riz Djon-Djon; Rice and Peas; Stuffed

FISH AND SHELLFISH

Crab Creole

(Guadeloupe and Martinique)

6 small crabs
Bread crumbs
3 canned pimientos, chopped fine
Pinch of mace
1 hot red pepper, chopped, or cayenne pepper to taste
2 tablespoons chopped chervil
1½ tablespoons lime juice
3 tablespoons sherry
Salt, freshly ground pepper to taste
2 cloves garlic, crushed
Butter

Carefully remove the crab meat from the shells and chop fine. Scrub the empty shells and reserve. Mash 1½ cups bread crumbs into the crab meat until the mixture is quite smooth. Add all the other ingredients except the butter, mixing thoroughly. Stuff the reserved crab shells with the mixture. Sprinkle lightly with bread crumbs, dot with butter, and bake in a preheated 350° oven for ½ hour, or until nicely browned. Serves 6 as an appetizer or 2-3 as a luncheon entrée.

Fish in Coconut Milk

3 cloves garlic
2 teaspoons salt
3 tablespoons lime juice
1 teaspoon oregano
½ teaspoon freshly ground pepper
2½ pounds white fish fillets
Flour
½ cup peanut oil
1 onion, chopped
1 hot green chili pepper, sliced
Bay leaf
2 cups coconut milk
3 tablespoons tomato paste

Crush 1 clove garlic and mix with the salt, 2 tablespoons of the lime juice, ½ teaspoon of the

oregano, and the freshly ground pepper. Strain and pour over the fish fillets. Allow to stand for 1 hour. Dry the fish and dust with flour. Heat the oil in a skillet and fry the fish until tender and golden brown. Keep warm.

Chop the remaining 2 cloves garlic and sauté with the onion and hot pepper in the oil remaining in the skillet until the onion is tender. Add the bay leaf, remaining ½ teaspoon oregano, coconut milk, and tomato paste. Cook, stirring, for 5 minutes. Add the remaining 1 tablespoon lime juice and cook for 2 minutes longer. Pour over fish. Serves 6.

Variation: There is a Trinidad version of this dish which is simpler but also very good. Sauté 2½ pounds of fish fillets in 3 ounces butter. Pour 2 cups coconut cream over the fish, season to taste with salt and pepper, and cook for 2 or 3 minutes to heat the coconut cream. Serves 6.

Shrimp Curry

(Trinidad)

1½ teaspoons each of turmeric, coriander, and cumin seeds
1 teaspoon mustard seed
2 bay leaves
1½ teaspoons black peppercorns
½ teaspoon hot red dried peppers
3 tablespoons each oil and butter
2 pounds large, raw shrimp, shelled
2 large onions, finely chopped
1 clove garlic, crushed
4 tomatoes, peeled and chopped
1 tablespoon lime juice
½ teaspoon sugar
Salt to taste
1 tablespoon chopped lime pickle (optional)
Cooked white rice

Grind the turmeric, coriander, cumin, and mustard seeds with the bay leaves, peppercorns, and dried hot peppers in a mortar. Set aside. Heat 1 tablespoon each of the oil and butter in a skillet and cook the shrimp until they are pink all over, about 5 minutes. Remove the shrimp and keep warm.

Add the remaining oil and butter to the skillet and sauté the onion until tender and lightly browned. Add the garlic and the ground spices, and cook, stirring, for 2 or 3 minutes longer. Add the tomatoes, lime juice, sugar, salt, and the chopped lime pickle, if desired. (This is very hot.) Cover and cook for ½ hour over very low heat, adding a little stock or water if necessary. The sauce should be quite thick. Add the shrimp and cook for 5 minutes longer without allowing the sauce to do more than barely simmer. Serve Shrimp Curry surrounded by plain white rice. Serves 6.

Escovitch Fish

(Jamaica)

The name of this dish is taken from the Spanish *escabeche*, which means pickled.

4 green peppers, hot or mild, sliced lengthwise into thin strips
2 onions, thinly sliced
4 carrots, thinly sliced
2 bay leaves, crumbled
6 tablespoons olive oil
½ cup vinegar
Salt, freshly ground pepper to taste
2 pounds snapper or other white fish fillets

Put the sliced peppers, onion, carrots, bay leaves, 2 tablespoons olive oil, vinegar, 2 cups water, salt, and pepper into a saucepan. Cover and simmer for about 20 minutes. Meanwhile heat the remaining 4 tablespoons olive oil in a skillet and sauté the fish fillets until they are golden brown. Drain and put into a serving dish. Pour the hot sauce over the fish. Serve hot or cold. Serves 6.

MEATS, POULTRY

Curried Kid

(Jamaica)

The Jamaicans in a fine frenzy of honesty call this curried goat, which is enough to put anyone off what is an excellent dish. It is best to use kid. Lamb is sometimes substituted, but in my view this is one step too far from the original.

2 tablespoons vegetable shortening
3 pounds kid, cut into small serving pieces
2 large onions, finely chopped
3 tablespoons curry powder
1 fresh hot red pepper, chopped
Bay leaf
½ teaspoon allspice
1 cup coconut milk
Stock
Salt, freshly ground pepper to taste
Juice of ½ lime

Melt the shortening in a skillet and brown the meat all over. Remove meat to a covered casserole. Sauté the onion in the fat remaining in the skillet until transparent. Add the curry powder and hot pepper and sauté, stirring, for a few minutes. Add to the casserole with the bay leaf, allspice, coconut milk, and enough stock to cover the meat. Season with salt and pepper, cover and simmer gently until meat is tender, about 2 hours. Just before serving, add the lime juice, and cook 2 or 3 minutes longer. Serves 6.



fruit Stuffed with Salt Fish and
ments for Curried Kid casserole;
h. West Indian beer is the drink.

Mondongo de Cerdo, Estilo Coloma
Pork Tripe, Coloma Style
(Dominican Republic)

3 pounds pork tripe (available in pork stores)
2 tablespoons salad oil
1 onion, sliced
1 clove garlic, chopped
1 bell pepper, seeded and chopped
1 hot green pepper, chopped
1 cup canned Italian plum tomatoes
Salt, freshly ground pepper to taste
1 tablespoon capers and 1 tablespoon vinegar
from capers
1 tablespoon cilantro, chopped
1 teaspoon dried oregano
1 tablespoon Worcestershire sauce
1 tablespoon tomato paste
1/2 cup dark, dry Bacardi rum
Grated parmesan cheese

Boil the tripe in salted water until tender, about
2 hours. Drain and cut into squares. Transfer to
casserole. Heat the oil in a skillet and sauté the
onion, garlic, bell pepper, and hot pepper until
the onion is transparent. Add the tomatoes, salt,
pepper, capers, caper vinegar, cilantro, oregano,
and Worcestershire sauce. Pour over the tripe
and simmer for 15 minutes. Add the tomato paste.
Add the rum and simmer for a few minutes long-
er. Serve with grated cheese passed separately.
Serves 6-8.

Chicken Pilau
(St. Vincent)

1/2-4-pound chicken, cut into serving pieces
Salt, freshly ground pepper to taste
3 tablespoons Worcestershire sauce
3 tablespoons cooking oil
Stock or water
1/2 cup butter
1 onion, finely chopped
1 clove garlic, chopped
1 cup rice
1/2 teaspoon cinnamon
1/4 cup raisins
1/4 cup roasted peanuts

Season chicken pieces with salt, pepper, and Wor-
cestershire sauce. Heat the oil in a large, heavy,
covered skillet, and sauté the chicken pieces until
golden. Add stock or water to cover and simmer,
covered, until half-done, about 15 minutes. Re-
move from heat, drain stock from pan and re-
serve. Heat the butter in another skillet and sauté
the onion and garlic until golden brown. Add the
rice and sauté until all the butter is absorbed.
Add the cinnamon and the raisins. Transfer to
the skillet with the chicken and add the reserved
stock and enough extra stock or water to make the

quantity measure 4 cups. Cover and cook until the
rice is tender and all the liquid is absorbed.
Sprinkle with roasted peanuts. Serves 6.

Chicken Calypso
(Dominica)

5 tablespoons olive oil
3 1/2-4-pound fryer, cut into serving pieces
2 cups rice
1 medium onion, finely chopped
1 clove garlic, chopped
1 bell pepper, seeded and chopped
1 small hot green pepper, seeded and chopped
1/2 pound mushrooms, sliced
1/2 teaspoon saffron
2"-3" piece of lime peel
1 tablespoon lime juice
1/4 teaspoon Angostura bitters
4 cups chicken stock
Salt, freshly ground pepper to taste
1/4 cup light rum

Heat 3 tablespoons of the olive oil in a skillet and
sauté the chicken pieces until brown all over. Re-
move to a casserole. Add the rice, onion, garlic,
bell pepper, and hot pepper to the oil remaining
in the skillet, and sauté, stirring, until the oil is
absorbed, being careful not to let the rice scorch.
Add to the chicken in the casserole. Add the re-
maining 2 tablespoons of oil to the skillet and
sauté the mushrooms over fairly high heat for 5
minutes. Add to the casserole with the saffron,
lime peel, lime juice, bitters, chicken stock, salt
and pepper. Cover and simmer gently until rice
and chicken are tender and the liquid is absorbed,
for 5 minutes longer. Serves 6.

Pollo con Piña à la Antigua
Chicken with Pineapple, in the Old Style
(Cuba)

Juice and grated rind of 1 large lime
3 1/2-4-pound fryer, cut into serving pieces
Salt, freshly ground pepper to taste
4 tablespoons olive oil
1 onion, chopped
1 clove garlic, chopped
2 very ripe tomatoes, peeled, seeded, and mashed
3 tablespoons seedless raisins
1/4 teaspoon oregano
1 medium pineapple, peeled and coarsely grated,
or 2 cups crushed pineapple
3 tablespoons light Bacardi rum

Rub the lime juice into the chicken pieces, season
with salt and pepper, and let stand a few minutes.
Heat the oil in a skillet and fry the chicken pieces
until golden brown. Transfer them to a casserole
with the pan juices and oil. Cover and cook over

very low heat until barely tender. Push aside one
or two pieces of chicken and add the onion and
garlic. Cook uncovered until browned, then add
the tomatoes, raisins, grated lime rind, and oreg-
ano. Cover and cook very gently for 10 minutes
longer. Simmer the grated or crushed pineapple
in a saucepan over low heat until reduced to
half. Add the rum. Pour the pineapple-rum mix-
ture over the chicken. Serves 6.

Sancocho
(Dominican Republic)

3 pounds pork loin, cut into chops
Salt, freshly ground pepper to taste
2 onions, chopped fine
1 leek, chopped
4 cloves garlic, chopped
1 tablespoon each chopped parsley and cilantro
Bay leaf
1 hot pepper, chopped
1 tablespoon vinegar
3 tablespoons Seville (bitter) orange juice, or
1 1/2 tablespoons each orange and lime juice
2 green plantains, peeled and sliced
3 tablespoons lime or lemon juice
1 pound longaniza sausage or Italian sweet
sausage
1 tablespoon salad oil
1 pound each yuca, yautia, pumpkin, sweet
potatoes, and yam, peeled and sliced
3 ears corn, each cut into 3 pieces

Season the chops with salt and pepper. Put the
chops in a heavy covered 4-quart casserole with
the onions, leek, garlic, parsley, cilantro, bay leaf,
hot pepper, vinegar, and bitter orange juice. Add
enough water to barely cover. Simmer over low
heat. Meanwhile soak the plantains in the lime or
lemon juice for 10 minutes, drain, and add to the
casserole. Fry the sausage lightly in the salad oil,
drain, cool, cut in slices and add to the casserole
with the yuca, yautia, pumpkin, sweet potatoes,
yam, and corn. Bring to a boil, cover and simmer
very gently until all the ingredients are tender.
Mash pumpkin to thicken sauce. Serves 6-8.

Conejo Tapado
Smothered Rabbit
(Puerto Rico)

2 2-pound rabbits, cut into serving pieces
1 average head garlic, peeled
1 large onion
2 cups tomatoes, peeled, seeded and chopped
1 tablespoon olive oil
3 tablespoons capers and 1 tablespoon vinegar
from capers
1 cup dry sherry
1 teaspoon oregano
Salt, freshly ground pepper to taste
12 new potatoes
12 pimiento-stuffed olives, quartered

Put the rabbits in a heavy, covered casserole.
Grind the garlic and the onion and add to the
casserole with the tomatoes, oil, capers, caper
vinegar, sherry, oregano, salt, and pepper. Cover
and simmer gently for about 1 1/2 hours. Add the
potatoes and cook a further 30 minutes. Young
rabbits will cook in about 2 hours, older animals
take up to 3 hours, so allow for this when adding
potatoes. Just before serving, add the olives. Sim-
mer for a minute or two longer. Serves 6-8.

Note: This dish does not have a strong garlic
flavor despite the fact that a whole head of garlic
is used. Most of it disappears in the cooking.

DESSERTS

Ice Creams

Ice cream is extremely popular throughout the islands, and good use is made of the fruits that grow in lavish profusion.

Basic Custard for Ice Cream

4 eggs
 ½ cup sugar
 2 cups milk
 ½ teaspoon vanilla

Beat the eggs lightly with the ½ cup of sugar. Scald the milk. Cook the egg mixture and milk in the top of a double boiler, stirring constantly until the mixture coats the spoon. Cool. Add the vanilla. With the addition of fruit pulp, this makes enough for 6-8 servings.

Avocado

Mash 2 medium-sized avocado pears with ¼ cup of sugar and a squeeze of lime juice. Mix with the custard, turn into a freezing tray and freeze to a mush. Remove from refrigerator, beat well and return to freezing compartment.

Mango

Mix 1 cup of mango pulp with ¼ cup of sugar. Mix thoroughly with custard. Freeze as above.

Guava

Mix ¼ cup sugar with ¼ cup stewed guava purée. Mix with custard. Freeze as above.

Curried Watermelon

(This is a variation on a recipe from the Arnos Vale Hotel, Tobago.)

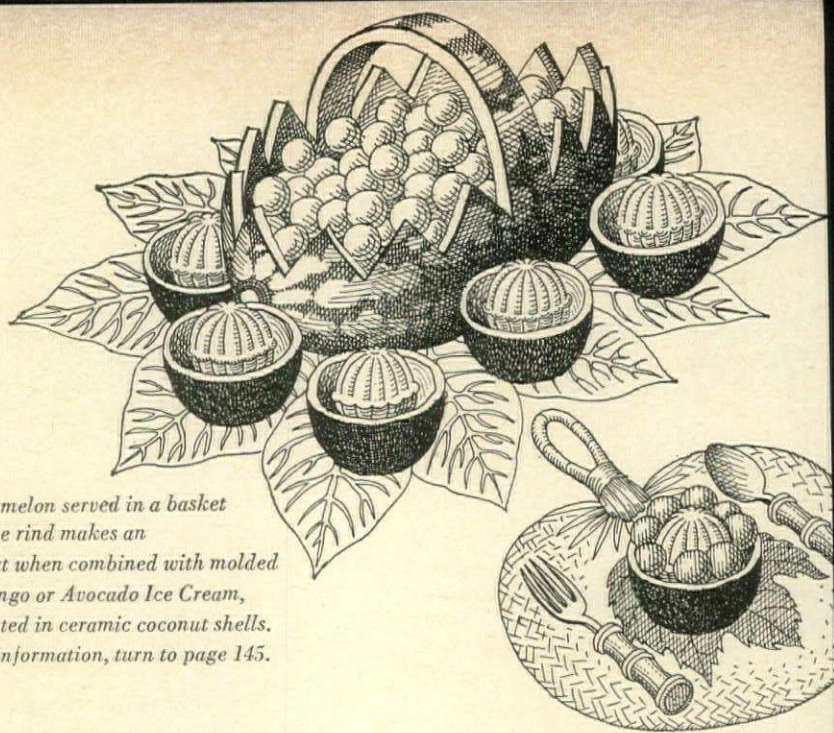
1 small watermelon
 1 tablespoon curry powder
 Juice of 2 limes
 1 cup light cream
 Sugar to taste

Cut watermelon in the shape of a basket. Remove seeds and cut the meat into balls or 1" squares. Mix the curry powder with the lime juice. Strain into the light cream and add sugar. Pour over watermelon cubes and chill. Serve immediately as watermelon tends to get mushy.

Baked Bananas Flambé (Antigua)

4 large bananas, peeled
 ½ cup brown sugar
 3 tablespoons lime juice
 ½ cup light rum
 1 teaspoon ground allspice
 Butter

Cut the bananas lengthwise, then in half across. Arrange in a well-buttered baking dish. Sprinkle with the sugar, lime juice, ¼ cup of the rum, and the allspice. Dot with butter. Bake in a 350° oven for 30 minutes, basting two or three times during cooking. Just before serving, heat the remaining ¼ cup rum, pour over the bananas, and set aflame. Serves 4.



Curried Watermelon served in a basket carved from the rind makes an unusual dessert when combined with molded mounds of Mango or Avocado Ice Cream, prettily presented in ceramic coconut shells. For shopping information, turn to page 145.

Mrs. Roy Lyons' Mango Cheese (Jamaica)

Jamaicans insist that you must use a type of very juicy mango called No. 11 for this recipe to succeed. I have tried it with very fleshy mangoes and with mangoes that yield a thick juice and little meat, like No. 11's, and can report success in both cases.

Peel ripe mangoes and grate or cut the meat off the seeds. Strain to remove any strings. To each cup of purée add 1 cup of sugar. Cook over medium heat stirring with a wooden spoon quite rapidly as the mixture will burn. The mixture will spit as it boils. When the bubbles grow smaller and when the spoon drawn across the bottom of the saucepan leaves a clear wake, test the mango cheese by dropping a small spoonful onto an ice cube. If it sets, turn the mango cheese immediately into a damp mold. Speed is important as the cheese sets very quickly. When cool, unmold and serve with cream cheese and crackers.

Ginger Mousse (Trinidad)

4 eggs, separated
 5 tablespoons sugar
 1 envelope (1 tablespoon) unflavored gelatin
 2 cups evaporated milk
 Pinch salt
 ½ cup light rum
 ½ cup preserved ginger, finely chopped

Beat the egg yolks with 4 tablespoons of the sugar. Soak the gelatin in ¼ cup water. Heat the milk almost to boiling point, stir in the softened gelatin until it is dissolved. Add the egg yolk sugar mixture and stir over very low heat until the mixture coats the spoon. Remove from heat. Beat the egg whites with a pinch of salt and remaining tablespoon of sugar until they stand in peaks. Add the rum and preserved ginger to the cooled custard, mixing well. Fold in the egg whites, pour into a soufflé dish or mold and refrigerate until set. Serves 6.

SOURCES FOR CARIBBEAN FOODS

New York

Joe's Grocery, 328 East 14th Street, New York, 10003. This small grocery store sells canned breadfruit, ackees, pigeon peas, coconut cream, coconut milk, grated coconut, Pickapeppa sauces, and mango slices; also fresh cassavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconuts, papayas, mangoes, and plantains, dried pigeon peas, dried cod fish and longaniza sausage. No mail order.

Charles & Co., 340 Madison Avenue, New York, 10017. This specialty food shop sells direct and by mail order canned breadfruit, ackees, yams, mango slices, guava shells, and papaya.

La Marqueta (Park Avenue enclosed market), 110th Street and Park Avenue, New York, 10029. The vegetable stands in this Puerto Rican neighborhood market sell fresh cassavas, hot chili peppers, plantains, yams, yuca, breadfruit, chayote, coconuts, mangoes, and pomegranates. The meat shops carry dried salt cod and longaniza sausage; the groceries have canned and dried pigeon peas.

Washington, D.C.

La Sevillana, Inc., 2469 18th Street, N.W., 20009. This is a specialty store that sells—direct or by mail order—canned breadfruit, ackees, fresh pigeon peas (both green and ripe), also dried pigeon peas by the pound, annatto in grain, powder or paste form, coconut milk, coconut powder, coconut oil, coconut cream, and Pickapeppa sauces. It also has fresh produce such as cassavas, chayote, hot chili peppers, yams, coriander, yautia, plantains, mangoes, and papayas.

Florida

Burdine's, 22 E. Flagler St., Miami, Fla., 33101. The fruit department of this store sells direct or by mail order some canned Caribbean foods and fresh tropical fruits.

Cooking Demonstrations

Recipes from this cook book will be demonstrated in the following stores during January, 1967.

Burdine's, Miami, Fla., store, Jan. 16;
 Dadeland, Fla., store, Jan. 17.
 The Higbee Co. Public Square store, Cleveland, Ohio, Jan. 17.
 Woodward & Lothrop, Wheaton, Md., Jan. 25.

HOPPING INFORMATION

PRICES APPROXIMATE. *THROUGH DECORATORS OR STORE DECORATING DEPARTMENTS.

BEDROOM

Page 90, top:
 "Custom" tones and firms muscles, 10 dials for selective exercise, AM/FM radio, timer alarm, cosmetic drawer, beauty belts, and straps, cord sets, and tape recorder, walnut with gold swivel base, \$750, Relax-A-cizer. Cosmetics by Estée Lauder.

Table, 4 chrome-plated quick-release legs and cotton foot strap, 1/2" wood base reinforced with plysides 4 1/4" d., 1/2" polyfoam pad, \$59.50, Battle Creek Equipment

Ch-O-Meter Doctor/Clinic scale, 150 lbs. capacity, 36 1/2" h., rugged, bruise-resistant enamel finish, 1/4" rubber platform pad, measuring rod graduated from 30" to 78", \$19.95, Continental Scale.

"Sunlight" sunlamp, oscillates, ultraviolet rays, built-in timer, double-ender unit, goggles, pivots 180 degrees, arms and legs fold for storage, \$95, Hanovia Lamp.

Exercise sheets (used to cover Trimline and exercise pad), "Terri Down," \$6 ea., Martex.

Table and exercise pad covered by Al'Mar Workroom.

Shelf on wall and shelves, "Summer Time" 48" w. Dacron, \$2.95 yd., Cohama.

Chair, inlaid cushion vinyl Corlon, by Strong Cork Co.

Wrought-iron mirror; ash semainier; celain compote; tortoise-shell box, by Dessauer.*

Page 90, top:
 Chair, 28" w., 28" d., 30" h., in muslin, \$372; lounge chair, on casters, w., 27" d., 28" h., in muslin, \$210, in Lambeth.

Chair on casters, three-position adjustable top, mahogany, 32" l., 15 3/4" w., 27 1/4" h., \$82, Hickory Chair Co.

Table pedestal desk, 43" w., 17" d., finished, \$49.75, Furniture-in-the-City, 1015 Second Ave., New York, N. Y., 10022

Table with x bois finish on desk by Marty's Furniture Finishing Co., 416 E. 59th St., New York, N. Y., 10022

Table, "Summertime" 48" w. Dacron, \$5 yd., Cohama.

Table, "Terri Down" by Martex.

Chair, XVI armchair; wrought-iron table; lamp; mirror, ashtrays, and center tray table from Doris Dessauer.*

Table, glass, 4" h., \$16.95, Sherle Wagner, 125 E. 57th St., New York, N. Y., 10022

Table, "Chantal aux deux Boutons" by André Brasillier, David B. Adlay Galleries.

Chair, inlaid cushion vinyl Corlon, by Strong Cork Co.

Table and pillows made by Jo Al'Mar Workroom.

Page 90, bottom left:

Low silhouette manicurist, 5 power attachments for shaping, buffing, brushing and trimming, 4 1/2" h., 8" diam., has built-in, forced-air nail dryer, \$23, Sunbeam.

Bottom center:

Dry and Style electric hair comb, white, heat-resistant nylon handle, removable comb head, for drying or combing hair, \$5.95, Songrand Corp. Make-up mirror, 2-way reversible mirror, regular and magnified, \$12, Beauty Bright Products.

Bottom right:

Salon Mode hair dryer with reading light and automatic timer. Solid-state electronic heat control settings, adjustable heights, removable hood, \$79.95, Ronson. Will be available in early 1967.

Page 91:

1. Deep-heat chair massager, infrared heat, 8 controls, 15" x 28", vinyl cover, \$39.95, Pollenex.

2. Massage-O-Matic penetrating heat vibro massager, infrared heat, 4 controls, \$9.95, Songrand Corp.

3. Two flow motion razors, with case, \$17.95, Hamilton Beach.

4. "Dry & Style" electric hair comb, removable comb head, white heat-resistant nylon handle, \$5.95, Songrand Corp.

5. Facial care unit, helps the shape of facial contours, scientifically correct combination of gentle facial exercise and deeper stimulation of facial circulation, designed under medical supervision, Zeigler Facial Care.

6. Massage-O-Matic penetrating heat vibro foot massager, infrared heat, 3 controls, \$9.95, Songrand.

7. Electric facial padder, 1,800 strokes of gentle patting per minute, \$9.95, Songrand.

8. Massage-O-Matic vibro chin massager, 2-speed, 4 controls, adjustable elastic band, \$14.95, Songrand.

9. Portable whirlpool for bathtub, must be submerged in 6" or more of water, volume and pressure can be adjusted, \$285, Jacuzzi Research, Inc.
 10. Electronic steam generator, thermostatically controlled, 8" x 11" x 21", \$295, Thermasol Ltd.

Page 92:

Top shelf, left to right:
 Curlatron instant curl kit, includes curlers and setting tubes, with carrying case, \$39.95, Songrand.

Cordless electric massager, uses flashlight batteries, polyfoam pad for facials and body massaging, polypin brush for hair and scalp, \$5, Empire Brushes.

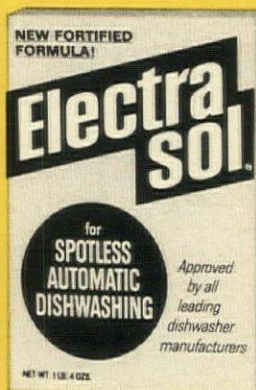
Massage-O-Matic electric hair brush, removable brush with boar's hair bristles, \$11.95, Songrand Corp.

Low silhouette manicurist, 5 power attachments, built-in, forced air nail dryer, \$23, Sunbeam Corp.

Continued on the next page

If you're not getting all you want out of your dishwasher...

put new fortified Electrasol into it!



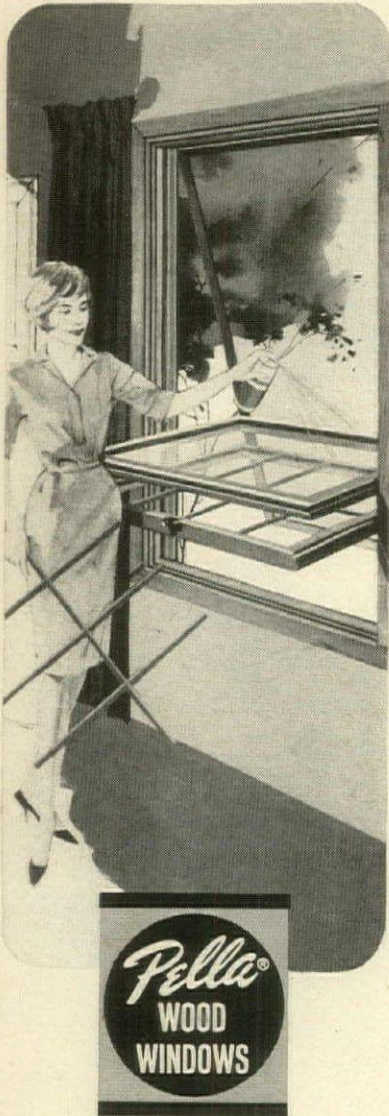
"No spots, no film!" reported women from coast to coast. New fortified Electrasol was tested under varying degrees of water hardness, in homes throughout the country. Results proved that Electrasol, now fortified with special water softeners, is the most effective dishwasher detergent you can buy! No wonder it's recommended by every leading dishwasher manufacturer. Try new Electrasol—by the world's largest maker of dishwasher detergents.

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E ECONOMICS LABORATORY, INC., St. Paul, Minnesota

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With this PELLA WOOD DOUBLE-HUNG WINDOW, you simply tilt both sash to wash the outside from the *inside!* Inside storms are self storing. Or, you can order these windows with insulating glass. Either way, outside storms are *gone forever!* Then see how the wood glass dividers snap in and out to make window washing easier. Choose from two screen options: a full-length, swing-out type or a lower half screen. Both are removable from inside. For more facts, mail coupon *today.*

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Pella, Iowa 50219

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gundy, like beef, is more savory, rich in flavor, something to chew, you would not be far wrong. Bordeaux, like lamb, has a lighter texture and a more delicate—although just as appetizing—savor.

To carry such distinctions much further would be absurd. To say that Gevrey-Chambertin would be the Burgundy for braised short ribs, whereas with a rolled stuffed flank steak the only wine would be a Vosne-Romanée is to court ridicule. (Yet there are French gastronomic magazines that offer prizes for choosing a wine to go with a given dish. Reading the suggestions I sometimes think the one that gets the prize is simply the most offbeat, however farfetched. If you suggested Scotch for breakfast, they would acclaim it as a great gastronomic breakthrough.)

Rather than specifying a wine for each of the dishes of winter, I prefer simply to suggest the wines with the greatest body and warming power. Some Burgundies are heavier than others; some Bordeaux are heavier than others. They are not thereby better or worse—they just have a different style.

From the northern half of Burgundy, the Côte de Nuits, comes the deep-colored, deep-flavored wine that remains in everyone's mind as the archetypal Burgundy. Whoever described Burgundy as "the wine for black frosts and the smell of wood fires" was thinking of one of these wines—Gevrey-Chambertin, Morey-St-Denis, Chambolle-Musigny, Clos de Vougeot, Vosne-Romanée, Nuits-St-Georges. Of these communes or villages, the finest wines are those, as a general rule, with the shortest and simplest names. The best Gevrey-Chambertin is called just Chambertin; the best Chambolle-Musigny just Musigny, for these superlative vineyards (Chambertin, Musigny) gave their names to their whole areas. While Gevrey-Chambertin is a good wine, with the true Burgundian characteristics, it does not have anything like the strength of character, flavor, and scent of Chambertin. The top vineyards are Chambertin and Clos de Bèze; Clos St-Denis and Clos de Tart; Musigny and Bonnes Mares; Clos de Vougeot—a huge vineyard, only its best wines belong in this list—and Grands Échézeaux; La Romanée and Romanée-Conti, La Tâche, and Richebourg; and Les St-Georges.

Chambertin has the reputation of being the most powerful of these wines; Romanée-Conti of being the most scented—and expensive; Musigny of being the most elegant; Clos de Vougeot of being the driest. Here, obviously, personal taste takes over completely.

Who can say which you will enjoy most with your sirloin? You can be confident about any of them.

The vintage that produced the heaviest, most winter-weight wine of recent years in Burgundy was 1959. If it has a successor, it is 1961 (and will be 1964, when these splendid wines are ready to drink, which will not be for some time). The in-between vintages are all, comparatively speaking, lightweight; 1962 is the best of them.

If Bordeaux has a region equivalent to the Côte de Nuits, an area where the wines are warm and round, comforting and sustaining, it is St. Emilion. The light, typical claret of Bordeaux comes from the low seaside vineyards of the Médoc, where it acquires its astonishing perfume from stony soil and misty sea air. In this sense St. Emilion wines are untypical. They are grown on an inland hill, all of thirty miles from the Médoc, tilted toward the sun in a comparatively hothouse situation. The predictable result is wine with a riper taste and more of the soft sweetness of fruit about it. Not sweet, mark you, but certainly less dry.

The claret named simply St. Emilion makes no great claims for itself. It is usually reliable, but is unlikely to answer any very glowing description. For this you must find a château wine, the equivalent of one of the vineyard wines of Burgundy. Château Cheval Blanc is the most famous, by quite a margin—not necessarily enough of a margin, though, to justify its price compared with the others. Any name from this rather formidable list is that of a very fine wine, always assuming that you find a good vintage: Châteaux Ausone, Figeac, Beauséjour, La Gaffelière-Naudes, Canon, Bélair, Clos Fourtet, Pavie, Trottevieille, Magdeleine. Besides these there are a good forty more châteaux whose wines are fine, reliable, and characteristic of the area. The words Grand Cru Classé and Grand Cru are the legal designations of the two ranks of châteaux immediately below the top few I have named.

Any of these wines would be a suitable succulent winter partner for a lamb roast, cutlets or chops, or any roast bird. The vintages that made fine strong wines in St. Emilion and are now at their best are 1955 and 1959. Another excellent year is 1961, but it is less ready to drink than 1962.

For winter drinking, the Rhône red wines—Châteauneuf-du-Pape, Hermitage, and Côte Rôtie—are excellent value. Cold weather is the time when they really come into their own, for their high strength can be over-

powering in summer heat. more important with these than with Burgundy. The and 1960's are good now (although not as good as they probably be); 1962 is a vintage to comparatively soon; 1963 is avoid altogether; and 1964 to keep corked up for at least other three years. Châteauneuf Pape is well enough known favorite of the sharper wine merchant. Less well-known but worth looking for, are the estate names, such as Château Vaudieu, Château de la N, Domaine de Mont-Redon, Clos Fortia, and Château Rayas. These are the wines for high-seasoned winter food: pepper liver and onions, chili con carne.

Italian Barolo falls in much the same bracket. The chese di Barolo would probably be deeply offended if he heard comparing his wine with that of the Rhône, but the fact remains that only the rare bottle of Barolo—and that in its home country Piedmont—ever reaches the States, and develops the aromatic scent that is latent in it. For most part the Barolo bought is a sound, strong red wine enough scent to be interesting and thoroughly Italian.

Winter-weight white wine

I have a fully fledged prejudice when it comes to white wine in winter. I refuse to confine myself to fish, as most people do, and do it with veal, pork, and chicken, just as I would in summer. One often-forgotten country makes what seems to me to be the perfect cold-weather white wine. I am speaking of Hungary.

The Hungarian word of praise for a wine is "fiery." By this I do not mean rough and immature, as hooch is fiery. They mean warming, generous, full of flavor. Hungarian wines are like the southernmost of the great Rhine wine of Germany, Palatinate wines, and more so. They tend to be sweet to taste of the grape and the earth. More peculiarly, they have a unique Hungarian taste which to me is the very essence of the wine—something golden and lingering.

The best of these wines come from the shores of Lake Balaton in western Hungary, and the best of the Balatoni wines are grown on the slopes of a lakeside hill Mount Badacsony. Being steeply produced they are not sold in a less variety like the wines of France and Germany, but blend to produce consistency. Broadly speaking the wine with the most familiar taste is Balatoni (or Balaton).

Continued on page 137

SCALE DEVICES
E PAMPERING ARMOIRE



muscle-toning machine, only 8 pounds with accessories. "Standard" by Relax-A-cizor.

TRIC COMFORTS
E PAMPERING CLOSET



atic foot bath that combines vibration massage with water to relax aching feet. Plastic tub, 15 by 12 $\frac{3}{8}$ inches, is contoured for maximum comfort. By Pollenex.

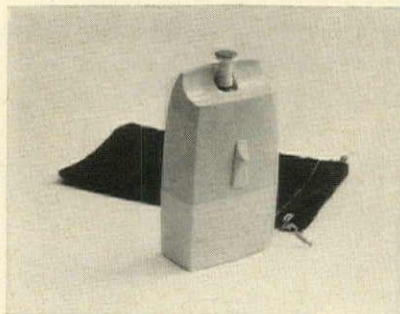


BEADLE

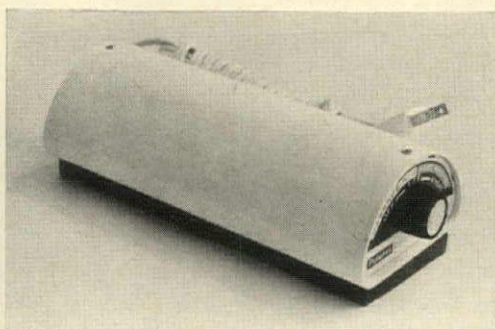
shaver that plugs in or on rechargeable energy when it is on the road. to four shaving positions in and Clean. Remington. pping information, see page 145.



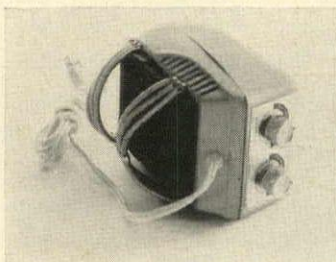
Tiny hair dryer, only 5 inches long, that blows air at 160 degrees F. An international traveler, it works on 110 or 220 volts. By Braun Electric.



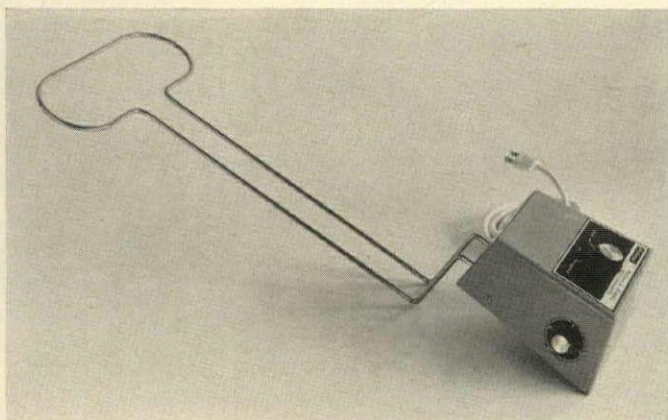
Totable battery-operated manicure and pedicure set, only 4 $\frac{1}{2}$ by 2 $\frac{1}{2}$ inches. Files, shapes, polishes. By Westclox.



Foot massager to relieve tired feet (both at once) with infrared heat or massage or both. Foam-cushioning gives floating action. By Pollenex.

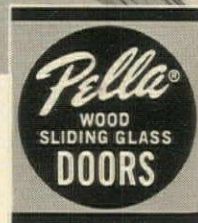
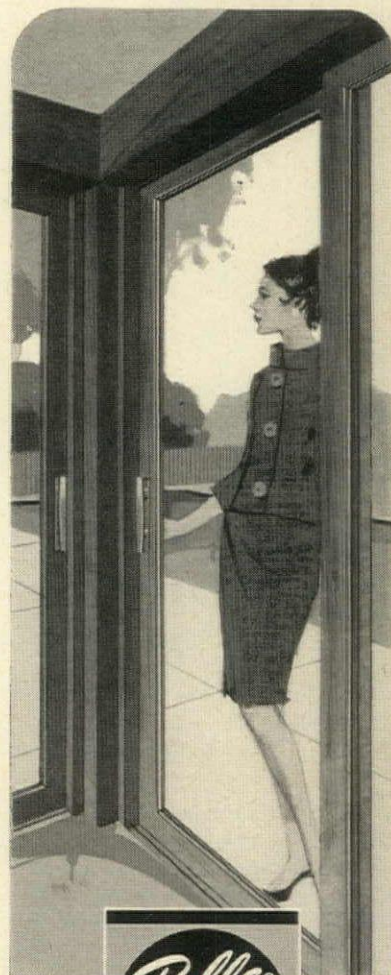


Heavy-duty twin-action massager. One side provides infrared heat, the other side makes your fingers vibrate. By Pollenex.



For use in bed, plug-in vibrator that slips between spring and mattress, gives deep or gentle massage. Machine can shut itself off with timer device. Weighs only 3 $\frac{3}{4}$ pounds. By Pollenex.

Only
Wood Sliding
Glass Doors
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Don't forget: much tree work can be done while trees are dormant. They can even be given a Davey deep-root feeding *at any time the ground is not frozen*. Damaged, split or dead branches can be more clearly seen now. Davey men do an efficient, economical job of removing them.

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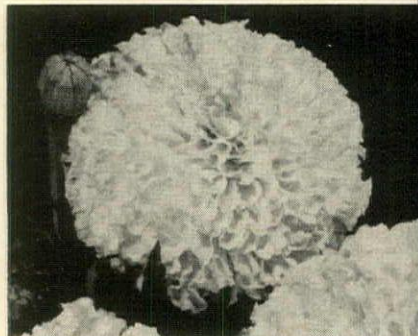


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Bronze medal for big marigold

'Golden Jubilee' is a sunny starter in the seasonal race for favorite border annual. "Knee-high by the Fourth of July" (if you treat it like corn), it promises to justify the faith of All-America Selection judges, who knew we needed a big sunburst.



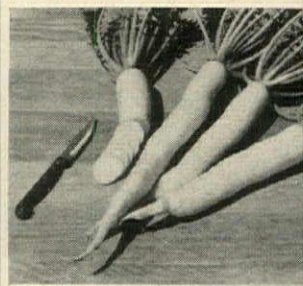
FIRST PLACE FOXGLOVE

Missing a gold medal in AAS trials by only a few points, a new digitalis, grown for general garden use from a seed packet, will flower in five months—in autumn of its first year or spring of its second. Christened 'Foxy' (what else?), it is, of course, a true biennial, but a quick-growing one. This silver medalist produces flowers in colors ranging from white to yellows and purples.



SUMMER-PRO WHITE RADISH

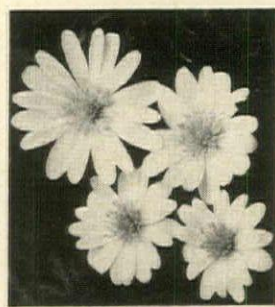
When the red globes give in to summer's heat, long white radishes come into their own. 'All Seasons' can be depended on to keep a crisp core, without fibrous deterioration or loss of flavor. Although not related to a carrot, it has same slim shape.



SUNLIGHT FROM COLEUS LIGHTS GARDEN SHADOWS



Bearing across the Pacific from Japan the improbably ponderous name of 'Superfine Rainbow Salmon Flame' (honest), this new version of an unfailing shade-favorite makes a dramatic show from seed sown in late winter indoors. When plants are small, pinch out the growing tips for bushiness.



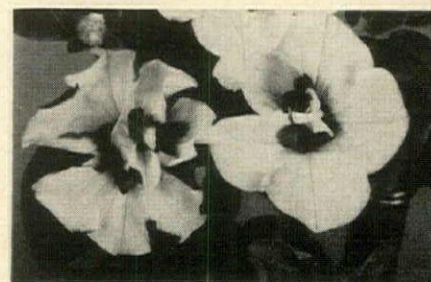
ANEMONE STAR ROSE

'White Splendor' is reported to have flowers nearly twice as large as other forms of *Anemone blanda*.

Newest sweet pea variety on upright stems



Resistance to summer heat is the secret of success for any new sweet pea variety. Salmon-cream 'San Francisco' won an AAS medal (bronze) as much for this attribute as for its semi-dwarf (knee-high) upstanding form. In regions where summer nights are cool, the plants may reach a 40-inch height, with big trusses of frilly florets.



PETUNIA WITH A PANSY'S MARKINGS

Of petunias there is no end, this year as in every year. One of the most arresting new varieties—semi-double multiflora type—is white and blue. 'Polka Dot,' each plant a 10-by-18-inch mound.

BULLETIN 1967

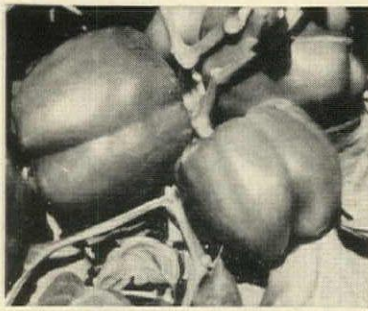


SUNBURSTS FOR TWO

The renaissance of the China-aster assured less than a generation ago development of wilt-resistant varieties, this stately late summer has returned to its own. 'Fluffy blue,' above left, produces huge on 2-foot stems. *Anaphalis triplinervis*, above right, is a not-so-member of the dwarf tribe of everlastings. Its silvery green foliage all greenish white flowers from August on dry well for vase use.

Primarily for stuffing

Green peppers are used for so many stuffed dishes it may pay a gardener to grow his own. A new thick-walled variety cheerfully named 'Bell Boy' is especially useful in the kitchen.



NEW GRANDIFLORA ROSE TYPICAL OF AARS CHOICES

'Lucky Lady' seems a slightly informal name for a rose that is so strongly reminiscent of 'Countess Vandal,' one of the loveliest although surely not the luckiest ladies in the realm of splendid roses. This new one, among four All America Rose selections for 1967, is classed as a grandiflora—which means it is a cross between a very tall hybrid tea that produces some of its flowers in clusters, some singly, and a floribunda, which is a medium-sized polyantha that produces hybrid-tea-size flowers mostly in clusters—but some singly. Whatever it is called, 'Lucky Lady' is a magnificent rose and a fine plant. Its running mates this year include: 'Roman Holiday,' a brilliant orange-scarlet floribunda; 'Gay Princess,' with shrimp pink flowers on a typical floribunda plant; 'Bewitched,' a traditional hybrid tea, in a classic shade of pink with slightly fringed petals on its tall straight stems.

asta daisy back on plant list

Multiple decades ago a rash of thasta daisy varieties was indeed. After that—nothing. Now a modest to-do about 'Droit-Beauty,' which promises to be more attractive than its name. It has inch full-double flowers with white petals and olive-yellow centers. Individual plants are reported to reach 24 inches across and reach 24 inches in height. They are also reported to maintain bloom from late summer to heavy frost—which, if really true, is very good news indeed.



NEW CATALOGUES: 'INSOMNIACS' JOY

What will become a river of seed and nursery catalogues by the New Year is, at press time, only a trickle. But the advance notices, of which the foregoing news items are but a sampling, promise the customary absorbing bedtime reading for garden devotees and tyro householders alike. Among the more conspicuous trends of recent years, the further adventures of seedsmen in the world of petunias continue unabated. The real news in petunias lies in the development of a whole series of handsome new purple blends, all deriving from the perky 'Sugar Plum' of a few seasons ago, and in the (Continued on page 155)

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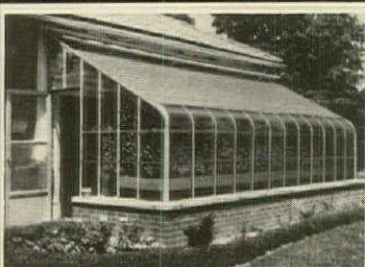
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FREE FLOWER BOOK

If you love flowers, we want you to have a free copy of the new Park Flower Book for 1967.

This catalogue lists and describes over 300 varieties of flower seed and plants—many rare kinds—all the new ones as well as the older varieties.



Also seed of house and window plants. Book gives cultural directions, pronouncing index, germination tables, lots of helpful information.

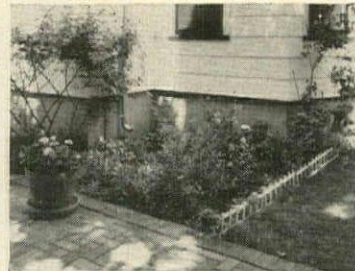
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FREE FLOWER BOOK

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brick, the top ones on edge, crowning a poured concrete footing. Any competent mason could build it without further instructions, including setting in the angle irons that support the banquettes of common two-by-fours, the weep-holes for underdrainage, the dry wells below the big white pebbles that are under the banquettes, also the bypass for a downspout such as we had to cope with.

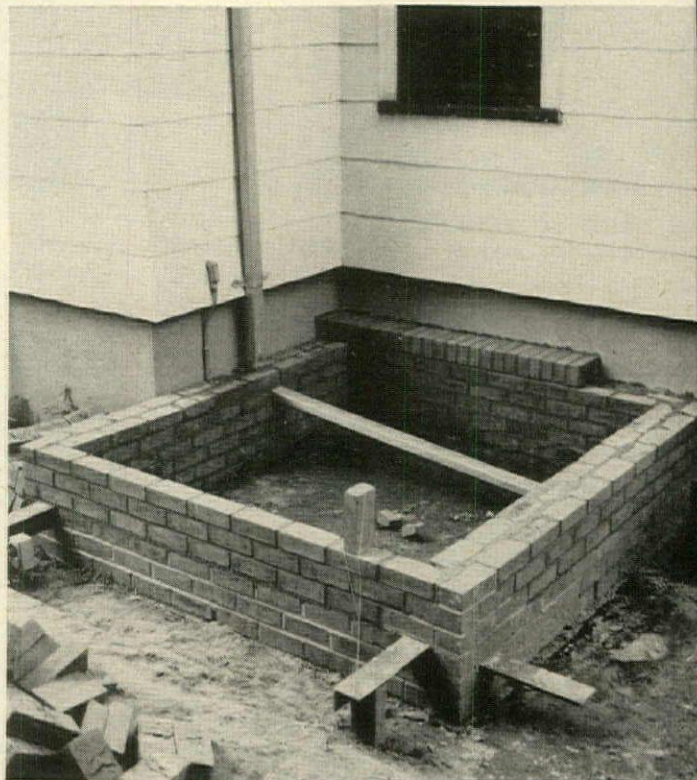
The cushions offer kneelers with their secateurs and trowels as much comfort as they offer sitters with their teacups. To plant the roses (or other plants—see page



The original terrace corner was pretty but disorganized, containing spring bulbs and summer annuals and flanked by floriferous but raffish shrub roses and a superannuated lilac. It was in no sense a fit companion for the formal and well-designed terrace adjoining.

131) requires that you actually climb into the bed, but after you merely need to lean in ordinary care. Of course in spots in the garden, the same of structure could be freestanding with easy access from all sides. The banquettes are optional.

The bed's depth is also fully optional. In this instance the bed was turned over and added drainage material to the original soil to a spade's depth from the original level. Then we added a layer of peat moss mixed in place, roughly the amount of the nondescript soil that was displaced by the bed, plus four full bales of peat moss plus 10 pounds of superphosphate plus 50 pounds of dried, shrub cattle manure. The roses, at the season's end, were growing their heads off, and with a minimum of pruning (excelsior and polyethylene wrapping) for the head of the central rose tree, winter on Lorain will hold no terrors for you. The planting is admittedly not so real attention to pruning, spraying, and watering required. Other plant combinations are suggested on page 131—for a variety of evergreen herbs for a collection of traditional plants arranged as a knot garden. These are but two of many possibilities. The simplest of all would be merely a raised bed of perennials and colorful annuals.



Since the downspout was necessary, it was simply extended across the top of the brick wall, and into a rock dry well beneath the bed. Bricks surrounding the bed were laid, seven courses deep, on concrete footings to frost depth and were provided with drainage weep holes. Angle irons were inserted in the wall to support the wood 2 by 4's of the sitting-kneeling bed.

light produce cracks permitting moisture to enter later on. Any old paint will have done its job and be rendered harmless by painting. So, yes, apply protective material (shellac will do, applied with a rag; or use one of the simpler, neater aerosol materials). If the dressing weathers, cracks, or falls off in a month or so, don't renew it and don't worry.

Reading notice. Dr. Bertel Bag-Nature as Designer (Reinhold, \$5.00) will extend and reinforce your delight in the forms, textures, patterns of seeds and seed containers. For those who have not taken time to look, the author's portraits would be a strong incentive to a lot of detecting. Dr. Bager's photographs are elegant. His subjects vary widely, from common usually ignored plants to expensive species.



Third weekend

Pointed rounds. Gardeners and postmen are stayed not by rain or hail nor snow nor sleet nor cold. Weatherproof, they complete their rounds. In the garden, the rounds are most important just after storms—to see that mulches are in place, that protective wrappings and shelters still protect, that bracing wires supporting newly set trees are still bracing, and that heavy snows or storms are perpetuating no damage that can be prevented or entered.

Tops of evergreens that have been guyed halfway up the trunk may be especially vulnerable to overloading with ice or wet snow. The tops bend more than gently and slightly—if there is a sharp

kink above the top of the guy—move in quickly. Unless the top has been actually broken (in which case the damage is done), remove the weighting snow or ice gently and, if necessary, by careful handwork. Never whack the plant with a stick, never shake it except to remove the fluffy dry snow that sometimes falls in a cold, windless storm. Don't worry unduly if the top does not spring erect the moment the overload is removed. If the trunk fibers are not broken, it may take its time standing straight again.

If the only observable problem is loosening of guy wires, tighten them—either by driving the stakes deeper or, if frozen ground prevents, by resetting the twists that adjust tension around the trunk. Loose guys may sometimes be more dangerous to a tree's well-being than no guys at all.

Reading notice. Three to bracket, simply for the sake of brevity: Zenia Field's *Growing Bulbs in the House* (St. Martin's Press, \$3.95), which, although Britain-based, is a fine vade mecum for winter gardeners; Ralph S. Moore's *All About Miniature Roses* (Diversity Books, \$5.95), a so-so guide to culture and use; and George M. Darrow's *The Strawberry* (Holt, Rinehart, Winston, \$15), the Works on the subject by a major authority and a beautifully produced reference volume as well. The late Henry Wallace, himself a strawberry specialist, among other things, wrote an historically helpful introduction.



Fourth weekend

Pot prattle. We have several times recommended that indoor gardeners maintain a triple supply

of pots rather than wash and rewash a limited supply to accommodate the winter's roster of plants. Such counsel is still valid: One set of pots filled with plants; another set stacked outdoors upside down so that winter can eliminate insects and algae, and rain, snow, and frost can loosen dirt; a third set, cleaned last winter, kept ready for use as needed now. But assuming you simply do not have or cannot store that many pots, or that you have no space to indulge in such luxurious procedures, then you just have to wash. For a small number at a time (two dozen or so), a laundry tray or an old-fashioned washtub will serve as a receptacle in which to soak pots for at least two days. This will loosen everything but lime incrustation, and the soaking will soften even that. A small steel brush or steel wool will take care of the rest. If lime or hardened salts are no problem, a stiff vegetable cleaning brush or a coarse rag will suffice.

For small indoor gardens (windowsills, even small greenhouses) new pots may be not too great a luxury. Three dozen new 5-inch clay pots will cost you less than one meal at a decent restaurant or less than a good book. Maybe you need to reduce—or see what your local library has to offer.

Book note. Even if it were not the fine book it is, Isabel Zucker's *Flowering Shrubs* (Van Nostrand, \$17.50) would merit high marks for loving and patient effort. As it is, it fills a ready gap on the reference shelf that nothing more recent than Donald Wyman's standard texts have come close to filling. This new book will not, of course, displace Rehder's *Manual* (still standard after forty years), and it is in no sense a botanical work. It is a gardener's compendium, and a very good one indeed. The photographic illustrations are many and good (mostly by Mrs. Zucker and her husband). The tables are almost bewilderingly complete, but both the reading text and the reference text are direct and helpful.

BACKYARD BULLETIN *continued from page 151*

improvement of the whole breed in point of blight resistance and ability to hold some semblance of form through a pelting summer rain. But no one, to our knowledge, has yet developed varieties that have resistance to slugs. That will be the day.

Marigolds continue to hold their great popularity, as do zinnias. One of the new dwarf edging marigolds is appropriately called 'Orange Nugget,' although a brave new giant zinnia bears the moniker

'Burpee Rose.' Blossoms are touted as being up to 6 inches in diameter, and the plants, which reach better than 2 feet in height, start to bear flowers when they attain 15 inches.

Among the vegetables, there are a new sweet corn (isn't there always?) and 'Spring Giant,' a new hybrid tomato that matures early in the season (the tomato season, that is, which is by no means spring).

Of roses, the list, as always, is

long. Without searching too exhaustively you could find twenty new names on the list, all of them lovely, as roses have been since time immemorial. There are new daffodil names on the list of one grower; new snapdragons, sweet peas, and cockscombs on the list of another. You will find them all when you settle down these long winter evenings with your glass of malted milk, your catalogues, and your order blanks. Oh yes, and your checkbook.

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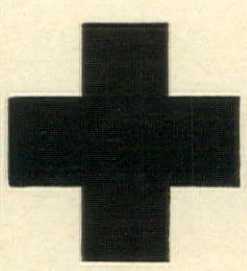
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SHOPPING INFORMATION *continued from page 147*

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 Clock, battery-operated, \$110, Section.
 Window shade custom made by Holland Shade Co.
 Electric Pyroceram 10-cup coffeepot, \$27.95; teapot, 6-cup, \$6.95, Corning Glass Works.
 Mixmaster, \$68.50, Sunbeam Corp.
 Blender, Waring Products Co.
 Porcelain tea set, "Mon Ami," 17 pcs., \$47.50, Bonniers, 605 Madison Ave., New York, N. Y., 10022
 Casserole, porcelainized cast iron, 2½ qts., \$14, Copco.

FURNISHING FOR QUIET

Page 134:
 "Cubic" game, three-dimensional tic-tac-toe, plastic, \$4.50, F.A.O. Schwarz, 745 Fifth Ave., New York, N. Y., 10022
 Fur pillows, in a wide variety of fur, 16" sq.; 24" sq.; 18" x 21", \$25 to \$85 ea., by Janice International Ltd., available at Lord & Taylor, Fifth Ave. at 38th St., New York, N. Y., 10018
Page 135, top right:
 Silver stags, \$115 ea.; coffee spoons, \$6 ea.; demitasse cups, \$22.50 ea.; dishes, \$12.50 ea.; ashtray, \$74, Tiffany & Co., Fifth Ave. at 57th St., New York, N. Y., 10022

CARIBBEAN COOK BOOK

Page 140:
 Handmade Jamaican cedar salt shaker, 5¼" h., \$14.50, pepper mill, \$18.50; covered turtle bowl, Jamaican cedar, 4" h., 19½" l., \$45, Barn at Ben Robyn, 143 E. 62nd St., New York, N. Y., 10021

Pumpkin tureen, Italian earthenware, 10" diam., 4 qt., \$68.50, La Cuisinière, 903 Madison Ave., New York, N. Y., 10021

Page 142:

Teardrop bowls, 12" l., \$15 ea.; long bowl, 4" h., 25" l., \$35; spoon and fork servers, 13" l., \$7.50 pr.; 2-sectioned bowl, 15" l., \$18.50, all handmade, Jamaican cedar available at Barn at Ben Robyn.

Page 143:

Teardrop bowls, 7" l., \$4.50 ea.; fish platter, 6" w., 30" l., \$28, all handmade, Jamaican cedar, Barn at Ben Robyn.

Soy sauce tub, wooden with bamboo striping, 14" diam., 12" h., \$3.98, Azuma, 666 Lexington Ave., New York, N. Y., 10022

Page 144:

Porcelain coconut shells, 4" diam., 2½" h., \$2.50 ea., Ed Langbein Originals, 45 Washington St., Brooklyn, N. Y., 11201

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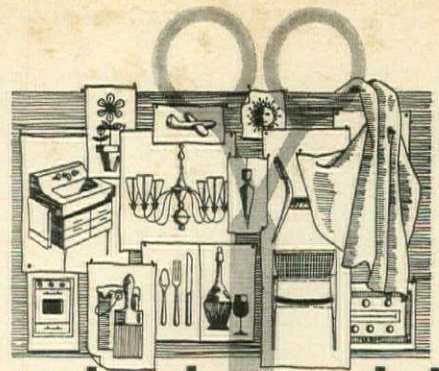
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GARDENING

1. ROSES FROM CALIFORNIA—63 varieties—are shown in full color in a 48-page catalogue from Armstrong Nurseries. Four All-American winners for 1967 are featured. There are also descriptions of dwarf citrus trees and camellias.

2. YOUR 1967 GARDEN BOOK from Wayside Gardens contains 224 pages of shrubs, trees, and flowers, many illustrated in full color. The selection offers old favorites as well as new strains and varieties. \$1.

3. PICK YOUR ROSE GARDEN from the more than 250 varieties in hybrid teas, grandiflora floribundas, climbing and tree roses as described in the 1967 catalogue from rose specialist, Melvin E. Wyant Nurseries. 25c.

4. LOVELY GARDEN LILIES highlight the new offerings from Breck's of Boston, 148-year-old purveyor of flowers and vegetable seeds, bulbs, plants, and tools. The colorful 56-page catalogue for 1967 includes offer for free test seeds.

5. WATER GARDENING GUIDE from Three Springs Fisheries, specialists in goldfish and aquatic botany, is designed to aid you in planning a garden pool. There are directions for building a pool, along with full-color photographs of water plants and tropical fish available from the company.

6. SELECTING A GREENHOUSE is discussed thoroughly in a booklet from Aluminum Greenhouses, Inc., that gives prices and specifications on eight lean-to and freestanding models. Accessories for heating, humidifying, ventilating, and shading are shown.

7. TIPS FOR YOUR OUTDOOR living area are given in a booklet from Anchor Fence that tells how to make a garden pool, a whirl-around swing, a

brazier table. Cookout recipes are included.

FOR YOUR COMFORT

8. WHEN AND HOW TO BUY a mattress is the subject matter of a 19-page booklet from Englander covers such points as: types of mattresses available, how much you should spend, how to care for your mattress, what size sheets to buy.

9. YOUR OWN FAMILY SPA self-contained unit that includes large fiberglass pool, three built-in whirlpool bath hydro-air inlets, heater, and a filter—is described in a full-color booklet from Jacuzzi. Complete specifications are included.

10. FOR PROPER INDOOR AIR a booklet from the Skuttle Mfg. Co. suggests you select the correct humidity system. The booklet features a humidity chart and illustrations of Dramatic power humidifiers with finger-tip humidity control.

11. WHEN IS YOUR HOUSE DRY? This is only one of the questions answered in an informative booklet on humidification by Research Products Corp. In addition to check points use in buying a humidifier, there's an outdoor-indoor relative humidity conversion chart.

12. THE HUMIDITY PROBLEM is discussed fully from the standpoint of health, household damage, and the correct amount of moisture needed. A booklet called "Humidity and Health in Household Heating" by the Auto-Furnace Corp.

DECORATING

13. HOW TO CHOOSE A CHAIR that's Colonial in style and rich in tradition is the subject of a 38-page

COMING NEXT MONTH:

HOUSE & GARDEN'S WINTER VEGETABLE COOK BOOK

BY NIKA STANDEN HAZELTON

ON YOUR NEWSSTAND, JANUARY 17

om Nichols & Stone. It shows American classics as Boston pitchcocks, ladderbacks, and in appropriate settings. 25c.

CARPET TAKE OVER in your house is the suggestion in a booklet from Mohawk that gives but sound reasons for replacing the kitchen, bathroom, playing room, nursery, closets, and around a pool.

ENTERTAINING

WHAT DANE ENTERTAINERS serve food, flowers and drinks. Cherry Heering—and tips on how to use them—are included in a booklet from the publisher. Recipes for the famous open-face sandwich are featuring with dinner and buffet menus.

GOURMET RECIPES of chefs are given in a booklet from Millon Importers that features a garnier used in such delicacies as lambé and duck à l'orange.

Items #15 and #16 can be mailed to states where permitted.

FAMILY FINANCE

GUIDE TO INSURANCE for home, your car, your household goods, and other personal property is offered by the Insurance Information Institute in a 24-page booklet. It has a section on family liability insurance.

WHAT YOU CAN EXPECT an insurance agent to do is described in a booklet from Mutual Benefit Life Insurance Co. It outlines the areas in which you will discuss with you: savings

and protection, planning and programming services, wills, tax benefits.

19. TO MAKE AN INVENTORY of your household goods and personal property, the Hartford Insurance Group has devised a folder for listing what you own via a room-by-room breakdown, plus what it's worth.

20. A GUARANTEED INCOME for the man planning ahead for retirement is thoroughly discussed in a booklet from Phoenix Mutual. Several plans to accomplish different objectives are outlined.

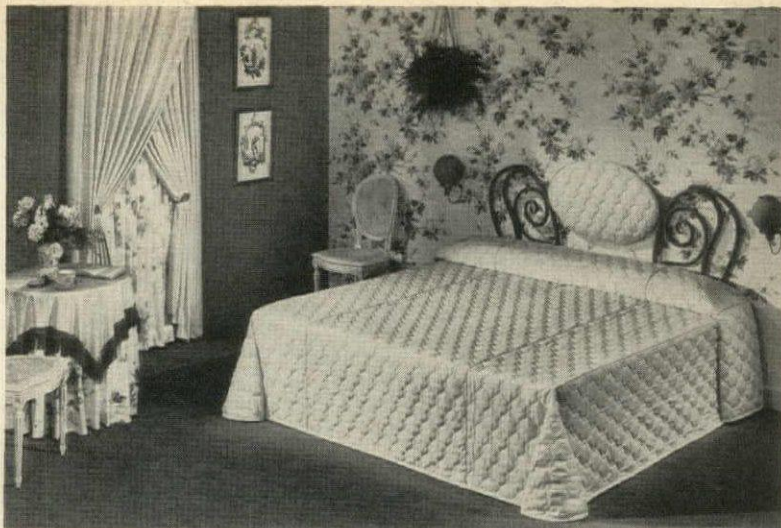
21. FOR 101 WAYS TO SAVE money, time, and work, there's an 18-page booklet prepared by the Prudential Insurance Co. It has tips ranging from how to stretch your food dollars to cutting costs on home maintenance.

22. A SAFETY CHECK LIST is featured in an information-packed booklet from Metropolitan Life that discusses the prevention and care of emergencies. Among the topics covered are: falls, fires, accidental poisonings, first aid, and community services.

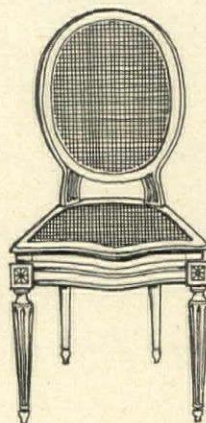
MISCELLANEOUS

23. TWO FACES OF A WOMAN—the outer and the inner—are the subjects of a booklet from Zeigler Facial Exerciser. It discusses the workings of facial muscles and the need for circulation; describes the benefits of the exerciser.

24. A HOME STUDY COURSE that could enable you to start an antique business in your home is outlined in a booklet from the American Institute of Antiques. It lists the subjects covered in the course; discusses the teaching materials used. \$1.



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COMFORTING WINES *continued from page 148*

ter, Badaconyi) Riesling, made of the famous German grape. Less familiar are Furmint, Keknyelu, and Szurkebarat. They are all strong-flavored, fragrant, and faintly sweet—wines of tremendous character. Like the pepper-hot goulash that is the heart of Hungarian cooking, they are eminently keepers-out of the cold. If you want a special and different white for winter drinking and can find it in your local store, Hungarian fits the role perfectly.

This is not to say that other white wines are not appropriate to winter dinners. The brilliant, brittle quality of young Muscadet or Gros Plant is perfect with oysters, clams, mussels, and other fruits de mer, while the scented dryness of a fine Pouilly-Fumé or Sancerre tastes especially good with crab or lobster. Rich chicken and sweetbread dishes call for the suavity of the great white Burgundies. The softness of a good Traminer or Gewürztraminer from Alsace or California is a delicious accompaniment to pork or veal and to a choucroute. Recently I discovered some superb California whites from Stony Hill Vineyards. The proprietor limits his output to about 375 cases a year, and unless the wine reaches his standards, it is not marketed. Both the Riesling and the Traminer are extraordinarily good—equal to any of the best California whites.

Wines for fireside sipping

The winriest of all wines, port, was an invention of the age before central heating, when the winter weather was felt almost as much indoors as out. Snug before the fire with a glass of port, footstool, dog, and decanter, the contented drinker could watch the contrasting, flickering reds of firelight and wine and forget the needles of icy draft whistling through the house. By these standards, however deep the snow, however loud the wind or bitter the frost, our winters are feeble, emasculated affairs, and it

is easy to see why port is no longer on every sideboard as it used to be.

It is in the memory of winter past, rather than in any great sense of inner warmth, that port tastes so extraordinarily comforting and appropriate at this time of year.

The port to keep on hand is an ideal wine to offer if guests are gathered round on a stormy night, is chosen after its color—tawny. This is a wine that has been kept for many years—often as many as thirty years—in casks in Portugal. Time fades the original deep ruby to the brick-red color the wine trade knows as tawny, and smooths its taste to the richest, roundest, most luscious sweetness in the whole world of wine.

The finest California port can be compared with the original Portuguese wine. Two brands in particular, stand out as totally appropriate to winter: any of the ports made by Walter Ficklin, one put up in curious pink hexagonal shaped bottles by Paul Masson.

Finally, the ultimate, logical thing to do with wine in very cold weather is to drink it hot. The custom of mulling, or heating, wine is as old as wine itself. Even a purist Frenchman would approve—providing always that you are drinking an ordinary wine, not a first growth. An inexpensive California Burgundy, sold in gallon jug, is an ideal basis for a mull.

To mull wine: Slice an orange. Stick twenty cloves into the tangerine. Peel the rind from the lemon. Put the orange slices, tangerine, and lemon rind into a large enamel saucepan and add half a cup of sugar. Pour over it a quart of red wine. Heat gently until very hot, but not boiling. Add a wine glass of brandy, cherry brandy, rum, and a stick of cinnamon. Serve gently and serve as hot as possible. Some people grate nutmeg on top as a trick that improves the flavor but makes the wine cloudy; it is a matter of priorities.

We can welcome winter as a time to taste and savor the richest and most comforting of wines.

INSURANCE *continued from page 32*

ly damages someone else's property, your insurance company will pay up to \$250, regardless of who is at fault—or, as it can happen, when no one is at fault.

Unlike the days when every well-insured home required a fistful of policies, often with overlapping provisions and invariably confusing to the layman, the modern homeowner's policy has become a model of comprehensiveness. Today a single policy not only protects you and your property against natural and society-

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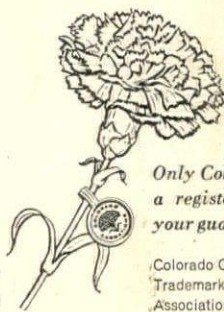


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