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# Honse \& fiarden incorporating LIVING for young homemakers 



On the cover: Country-fresh as a field of cornflowers, a true-blue kitchen of the size $\mathrm{H}_{2} \mathrm{G}$ calls midi-the medium size most families have. This one, however, has much in common with the larg. er kitchen we call maxi: It is a room where two people can work without getting in each other's way (there are even two sinks), where a child can play and keep some of his toys; and where visitors coming in the back door from the park. ing court are welcome to stay a while. Designed by architect Frank W. Cauley, Sr., and interior designer Sally Wynn for the midwest house of Robert Smith, the kitchen is equipped with every spaceage aid from an inter-com to self-cleaning ovens. The gas range in the stainless steel counter is even supplemented by a two-burner electric cooking unit on the opposite side of the room-earmarked especially for last-minute sauces. The color scheme was inspired by the family's Delftware but the base cabinets were purposefully painted a darker blue so they wouldn't show a three-year-old's fingerprints. Adding more traditional flavor is the dark-finished armoire for china and glass storage near the door to the dining room-although it looks antique, it is actually a new built-in. Over all the work areas is shadowless lightfrom incandescents recessed in the ceiling and from fluorescents under the wall cabinets. For more kitchens of every mood and every size-maxi, midi, mini, and micro-please turn to page 36.

## AUGUST, 1968

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How to give the versatile Parsons table your own finish

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House of three levels branching from a stair tower
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The pure colors of late-blooming lilies
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2 . What's new for living

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HOUSE \& GARDEN IS PUBLISHED BY
THE CONDE NAST PUBLICATIONS INC.
THE CONDE NAST PUBLICATIONS INC.
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## ANTIQUES: <br> QUESTIONS \&ANSWERS

BY LOUISE ADE BOGER

We have six of these chairs. I think they are rosewood. On the frame under the seats are the words "Gillows, Lancaster." Can you tell me more about them?
W.Y.H.-St. Cloud, Minn.

Gillows was the name of a wellknown firm of English cabinetmakers who moved to Lancaster in 1695. After 1820 most of their pieces were stamped "Gillows, Lancaster." Your carved rosewood chairs date about 1840 .


ENGLISH DRAWING ROOM CHAIR
This handsome brown and white bottle is unevenly shaped and the stripes continue on the bottom. How old do you think it is, and where did it come from? B.C.L.-W oodbury, N.J.

Your bottle looks like Nailsea glass and therefore may date from the late eighteenth century. Although Nailsea, England is the home of this glass, it was imitated elsewhere, so you should have an expert examine the bottle to authenticate it.


INGENIOUS FRUIT KNIFE
The fruit knife I have sketched is one of a set of ten. Their handles are a deep sea-green ivory-like material which has small cracks throughout. The rim and blade appear to be a light brass. Can you tell me their approximate age?
E.M.O.-Lake Bluff, Ill.

Fruit knives, such as yours, were very popular in the last quarter of the nineteenth century. The ski-shaped blade with its center slit, made the knife useful for coring as well as paring.


I would appreciate your opinion on the age of this clock. On the inside, behind the door and below the wooden works, are the words "Improved clocks made and sold by Jerome \& Darrow, Bristol, Conn. Warrented if well used. P. Canfield printers."
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Some designers are beginning to think of a chair not as furniture but as an environment. Designers Michels/Feild who created the Tank Chair-a mammoth plywood rocker-for-two that comes in pre-cut parts for do-it-yourself assembly-offer optional attachments: ashtray, radio, telephone, reading lamp, pipe rack, headrest, even cushions. In Eero Aarnio's Gyro Chair, the sitter is cradled in the scooped-out top of a flattened ball of molded glass fiber, while the rounded base rocks merrily from side to side or back and forth.


## Iron with a brain

A thermoelectric cordless iron that thinks for itself is promised for next year by Dominion Electrics. Press a button and a fabric analyzer probe on the bottom will decide the proper heat for any fabric and adjust accordingly (via an integrated. circuit computer the size of a dime). Extra miracle: it will also analyze and remove spots. Powered by a fuel cell, the iron will heat up instantly when you grasp the handle and cool the moment you remove your hand. And a light around the rim of the sole plate shows you what you have ironed and the wrinkles ahead.



## TV-turrned-projecto

All those color slides you have been mulating you can now show off with mum fuss on the screen of a TV set. I top of the new color TV console that vania calls its Color Slide Theater place where you put a loaded caro Then a flick of a switch activates mechanism that projects the slides ont TV screen. The console also include audio tape player that can be synchro with the slide projector and both ca operated by remote control
listening in Lilliput
Newest and tiniest of the miniature radios is the size of a pocket box of matches, weighs just over 3 ounces, could be attached to a key chain. With it comes a battery-charger case where it spends the night and stores up enough energy to play all the next day.This little wonder is Sony's ICR-100.


Raise high the swimming pool
Not all swimming pools have to start with a hole in ground. Challenged by a pool site on a steep California side, landscape architect Kenneth Wormhoudt set a redw wine vat on concrete foundations, surrounded it with a and for less than $\$ 3,000$ had a plunge 18 feet in diame For children and visiting waders, he built a 5 -foot-v fenced-in shelf 3 feet below the water line.


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John Wilhelm's Guide to Mexico City (11th Revised Edition, 1967) and Terry's Guide to Mexico, revised by James Norman. Also brought up-to-date this year is a remarkably sound Tourist Council paperback publication, Mexico Travel Digest, which includes a guide to Olympic events. It is available for $\$ 2.50$ postpaid from the publisher, Paul, Richmond \& Co., 5411 Ocean View Boulevard, La Canada, Calif., 91011.

## Mexico through Museums, Murals, and Markets

0e of the most felicitous ways to get a quick, accurate picture of what has gone into the making of present-day Mexicothe history, art, culture, and people-is to visit Mexico City's museums, scrutinize its famous murals, and absorb the atmosphere of its markets. You might begin your orientation at the National Institute of Fine Arts or Palacio de Bellas Artes, a museum-cumtheatre that harbors past and modern art and plays permanent host to the national Ballet Folklórico. Here you can get an introduction to mural painting, an indigenous Mexican art vigorously developed since the Revolution by artists eager to bring the Revolutionary message and a sense of Mexico's heritage and history to the masses through realistic story-telling on walls. This art of the people is splendidly revealed in the works of such outstanding exponents as Diego Rivera, José Orozco, David Alfaro Siqueiros, Rufino Tamayo, and Jorge Gonzalez Camarena. You'll find more murals in the Ministry of Health, Ministry of Education, and Ministry of Communications buildings, the Palace of Justice, the National Palace, the old National Preparatory School building at San Ildefonso 43 (an especially impressive collection), the major and minor museums, and such odd and assorted places as the lobby of the Del Prado Hotel (a Diego Rivera) and Maximilian's one-time palace in Chapultepec Park (now the National Museum of History) where colonial antiques and an air of faded splendor
contrast with a gigantic curved Juan $0^{\prime}$ Gorman fresco, 50 feet long, in the new Sala de la Indepencia.

Mexico City's tree-fringed interpretation of the Champs Elysées, Paseo de la Reforma, runs straight as an arrow from the center of town to Chapultepec Park, a green oasis that enshrines national treasures in such diverse buildings as the Palace, the Museum of Natural History, the Museum of Modern Art, and the new, architecturally stunning Museum of Anthropology, which in a city that has nearly fifty museums is known, simply, as "The Museum." Here the latest techniques of lighting, exhibition, and sound are drawn on to display a fascinating collection of the Indian cultures of pre-Hispanic Mexico.

Earliest of Mexico City's challenging contemporary architectural splendors is University City where many of the Olympic events will be held. Although most of the buildings are well known by now, parts of University City are apt to be missed because they are off the standard tourist route. One is the tiny Cosmic Ray Pavilion. Neither modern nor traditional, its great feature is a roof of parabolic, thin concrete shells (only $5 / 8$ of an inch thick at the edge) designed by Felix Candela which inspired a series of architectural experiments that are regarded as one of Mexico's most significant contributions to contemporary design.

For plant lovers, the University's Jardin Botánico, also little known, houses an extensive collection of native plants. In the Great Greenhouse, built over lava rock, deep hollows and depressions give a three-dimensional setting to tropical plants. The outdoor garden, south of the stadium about a mile away, is filled with plants attuned to the cooler climate of the Valley of Mexico.

A visit to the University gives you a chance to take in the nearby spectacular residential suburb of Pedregal, a showcase of modern Mexican house and garden design where building sites were blasted from the lava flow, and facings, walls, and fences

Continued on page 24


NEW HAMPSHIRE
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IN AND AROUND MEXICO CITY continued from page 22
fashioned from volcanic rock. The holes from which the rocks were removed have been filled with earth or water, giving the gardens a strangely oriental aspect. The gates are closed at night, but you can drive through in the daytime, and, if you choose, lunch at the new Delmonico restaurant near the entrance.

On the way to or from University City, you should take the opportunity to dawdle in the San Angel district, a residential area of delightful old Colonial houses on narrow cobble-stoned streets. The big event here is the Saturday Bazaar that flourishes from ten in the morning until eight in the evening. The Bazaar, headquartered in a hacienda at Plaza San Jacinto 11, spreads into the adjoining streets like an overturned beehive of color and activity. Among the endless variety of things for sale not all are good, nor are the arts and crafts completely Mexican in tradition, but if you look around and choose wisely, you can find some worthwhile buys. The nearby San Angel Inn, a restored eighteenthcentury building where you can lunch or dine well in a charming, leisurely atmosphere, also has shops in the compound and around the entrance. Articles here are of good quality, reasonably priced, especially those at the Los Castillo silver shop.

After lunch you might detour to the nearby suburb of Coyoacán to see the Frida Kahlo Museum. Frida Kahlo was Diego Rivera's wife and a painter in her own right. The museum is their former home and her work is shown there along with furniture and folk art. You can go back to town by way of suburban San Pablo Tepetlapa. On Calle del Museo is the seldom-visited Diego Rivera Museum, Anahuacalli, an unusual Mayan pyramid-style lava-rock building, designed and donated by Rivera. The museum contains some of his works and memorabilia but is chiefly given over to a superb collection of pre-Columbian artifacts.

## The Native Markets

To exchange the frozen past of museums for the lively present of markets is to comprehend the vigorous continuity of Mexican life. While recent clean-up campaigns have removed much of the less salubrious aspects of Mexico City's markets and possibly some of the atmosphere as well, there is still enough left to satisfy the most exigent seeker of local color. (If you go by taxi, ask the driver to wait-or to show you around-as taxis are hard to come by in the market quarter.) Mercado San Juan, between San Juan de Letran and Luis Moya, eight blocks south of the Bellas Artes, is where everyone shops for fish, meat, vegetables, fruits, and flowers. One section, on the corner of Arcos de Belén and López, the Mercado de Artes Popular de Belén has excellent handcrafts, especially baskets and the amusing piñatas. Mercado la Merced, southeast of the Zócalo (the central plaza in the old

Continued on the next page


Market mobile typifies Mexico's exuberant sense of decoration: ordinary kitchen tools insouciantly hitched onto a birdcage.

Quaint saint carved from stone provides a prop for a potted plant, a touch of humor in the gardens of the San Ángel Inn.

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part of the city) at the end of Calle José Maria Izazaga, is enclosed in a huge shell-roofed concrete building that spirals over twenty acres. Most interesting are the specialized sections-one for crafts (reed weaving, tinware, pottery, fabrics, leather, and toys), two others for herbs and flowers, truly breathtaking in their profusion, variety, and low cost. (Mercado de las Flores, the most beautiful flower market of all, is not in this part of the city, but on the south side of Chapultepec Park.)

Mercado Abelardo Rodriguez, north of the Zócalo on Carmen at Venezuela, is the place to shop for pottery. Mercado la Lagunilla, between Allende and Chile on Ecuador, a hodge-podge of odds and ends from clothing to tools is at its best on Sunday. Also at its peak on Sunday is the Thieves Market, Mercado de Tepito, the time-honored dumping ground for stolen goods, situated north of the Cathedral on Calle de las Aztecas.

## Adventurous Eating

Mexico City eats late, and lunch, really midday dinner, is served between $2: 00$ and 4:00 P.M., usually the latter. Supper is a light meal, taken about 9:00 in the evening. The altitude undoubtedly slows down digestive processes and it is a good idea not to eat a heavy, late dinner. Perhaps the best pattern, if you are accustomed to an evening meal, is to have a light lunch and a light dinner reasonably early. There is an erroneous belief that Mexican food is fiery hot and consists mainly of rice, beans, tacos, and enchiladas. On the contrary, it is a cuisine capable of great subtlety in its use of seasonings.

It is worthwhile looking out for regional specialties. Yucatán food is quite distinctive, using a good deal of achiote (annatto) which has a most delicate flavor. Dishes from the coastal regions not only have magnificent seafood, such as the giant moro crabs of the Caribbean and huachinango, a fine, red snapper, but also make imaginative use of fruits in meat and poultry dishes-pineapple, bananas, and so on. Northern food tends to be simpler. grilled or roast kid being a great specialty. Northern restaurants always serve wheat as well as corn tortillas.

The green dishes, pollo verde, mole verde, etc., are among the most interesting in their use of Mexican green tomatoes (tomatillos), and fresh green coriander. The flavor is unique.

In recent years there has been a revival of interest in the indigenous cuisine and there are now a considerable number of restaurants specializing in Mexican food at something approaching the haute cuisine level. Mexico City also has a great many restaurants serving French, Spanish, Italian, German, American,

Continued on page 27



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IN AND AROUND MEXICO CITY

## continued from page 25

and other international food. These are listed in the tourist booklets available in the hotels and have a high standard. Here are some of the restaurants featuring Mexican cuisine that merit attention:
in mexico city:
Hosteria de Santo Domingo, Belisario Domínguez 72; Cafe de Tacuba, Tacuba 28; Círculo del Sureste, Lucerna 12 (Yucatán dishes) ; El Taquito, Carmen 69; Las Cazuelas, Colombia 69; Tupinamba, Bolivar 44; Los Comales, Revillagigedo 28; Tonchi, Yucatán 24 (Sonora dishes) ; Fonda el Pato, Dinamarca 9; Fonda el Refugio, Liverpool 166; La Arboleda, Reforma Hotel (rotisserie featuring Mexican specialties) ; Fonda Santa Anita, three restaurants: Humboldt 48; Insurgentes 1089; Mariano Escobedo 716; Taqueria la Ronda, Hamburgo near El Presidente Hotel (tacos only) ; Fonda del Recuerdo, Bahía de las Palmas in the environs:
San Ángel Inn, Palmas 50, San Ángel; Meson del Caballo Bayo, Avenida del Conscripto, near the race track; El Faisan, Jerónimo 201, in the suburb of San Jerónimo (Yucatán dishes) ; La Escondida, about 20 miles out of Mexico City on the Toluca road in a ravine on the right-hand side; El Arroyo, on Insurgentes Sur, just beyond University City
at san juan teotihuacín:
Las Piramides, upstairs in the museum building; La Gruta, in a natural grotto near ruins; Posada Piramides, eighteenth-century hacienda on old road back to the village of San Juan Teotihuacán.

## Shopping In and Beyond Mexico City

There is nothing static about Mexican folk art. If you see something you like, buy it, as it may not be available next time you visit. The artisans may well have moved on to making something else. However, there is so much available, good, bad, and indifferent that you should not rush impetuously into buying. First look around, then buy in reputable shops, and check carefully whether dyes are colorfast, semi-precious stones are genuine or synthetic, lacquerware is authentic, and so on. To see an exhibition of regional Mexican handicrafts, you can go to the Salon e la Artesania Mexicana at Versalles 15, sponsored and financed by the Banco Nacional de Formento Cooperativo.

Here is a list of shops that may serve as a guide: Sanborns. For years Sanborn's House of Tiles (Casa de los Azulejos), Madero 4 has been popular with tourists. The façade of the ancient building is covered with blue and white Puebla tiles.

At present there are eight more Sanborns in Mexico City, each an entity in itself with drug store, restaurant and curio shop. Museo Nacional de Artes y Industrias Populares (Popular Arts Museum), Juarez 44, opposite Bellas Artes. Government center for Mexican arts and crafts from all over the country.
Casa Cervantes, Juarez 18. A long established store selling popular arts and crafts and indigenous costumes, rebozos.
Victor's Artes Populares Mexicanas, Calle Filomena Mata 15. Folk arts and crafts. Good packers and shippers.
Barretto, Revillagigedo 29. Folk art, often of museum quality.
Cynthia Sargent, Amberes 43 . Excellent contemporary rugs, tapestries, pillows, bedspreads and serapes, designed by the owner. Jesús Tamayo, Plaza de Comonfort. Paper flowers ranging from giant roses 18 inches in diameter to tiny 1 -inch flowers.
For Jewelry and silver
Los Castillo, Juarez 76, Amberes 41 and San Ángel Inn. Outstanding designs, good craftsmanship.
India Bonita, Juarez 14. William Spratling designs.
Tane S. A., Amberes 70. Outstanding designs, good craftsmanship. art galleries
Misrachi, Génova 20 and Juarez 4. Reproductions of the works of Tamayo, Rivera, and Siqueiros.
Galería Antonio Sousa, Reforma and Berna.
Continued on page 154


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# SECRETS OF A HAPPY MIXTURE 

For years, in fact for decades, $\mathrm{H}_{\&} \mathrm{G}$ has endorsed the idea of maintaining a happy diversity among the elements that furnish a room. A rules-free mixture of styles, historical periods, and national origins has always seemed to us more human, easier to live with than a doctrinaire expression of one period or one school. But lately we have noticed a tendency to let mixing get out of hand. No one can live for long in a conglomerate assembled solely for mixture's sake. In any mix that pleases, you will always find some unobtrusive common thread or some quiet catalyst that composes the differences.

What are these mediators that distinguish a happy mixture from a mishmash?

Color is the most versatile. The most disparate bunch of patterns, when they share the same colors, will delight the eye, just as variations on a musical theme delight the ear. Color, by the yard or from the brush, can turn a jumble of furniture ranging from good antiques to thrift-shop finds into a pretty ensemble. Or a single color repeated in a series of accents can be the subtle link that connects everything in a room.

White works wonders. All by itself, this total-of-all-colors has an authoritative way of calming down what would otherwise be a noisy Babel. Used in bright splashes, white can rescue a room from the grayness produced by a medley of patterns and colors that cancel each other out. Or used for the background, white can set them off so that each is enjoyed for its own sake. Black, in its way, can do the same.

Simplicity of line bridges the style gap in furniture. It would be entirely feasible, for instance, to mix certain Irish Chippendale designs with American Empire and contemporary Danish, and despite the differences in age, wood, finish, and national origin, end up with a friendly gathering.

Comfort and convenience serve as a binder. When a room has been so well planned for whatever goes on there that every piece of furniture, every object, every surface performs superbly, that fact mysteriously makes itself felt. You will often meet with this phenomenon in a family room or a kitchen.

Unwavering personal taste is the most powerful catalyst. If everything in a room has been chosen by one person for one reason-because she loves it-that fact, too, will shine through. Even if your taste spans the distance between a Victorian gingerbread what-not and a transparent plastic cube, the two will be linked by the happening that you like them. And all the little things you collect-antique snuff boxes or river bed pebbles, crystal paperweights or paper flowers-will be brought into focus by your fondness for them. In this case, the medium is you.

As you turn the pages of this issue you will come across many mixtures, but if you look long enough, you will invariably detect the unifying thread that makes each a happy one.

# How to work wonders with 

## COLOR,PATTERX, AND imagination

Color, pattern, imagination, and the courage of one's convictions are among the less expensive ingredients that go to make a pretty room. But when the mix is right, the four together can be as effective as a luxuriance of costly materials. A case in point is the overflowing measure of sunlight and sparkle that designer-illustrator-painter Bill Goldsmith poured into his little house nestled deep in a hollow in California's Beverly Hills. Pleasant enough on the outside, with its stucco walls and brown shake roof, it had no architectural distinction inside, and a few positive problems-heavy-handed paneling in the living room, a couple of ungainly fireplaces. In addition to the house, all Mr. Goldsmith had to start with were his own paintings and a collection of furniture garnered over the years, mostly antique, all good, but with no common denominator beyond the fact that it reflected his personal taste. Yet without spending a fortune, he succeeded in tying together the diversity of styles and making the pedestrian rooms come alive. Some of his most effective moves cost the least. For instance: the unexpected, unconventional contrasts between the fabrics he chose and the chairs they cover. The way he framed his pictures and hung his paintings-one right in the middle of a mirrored wall. The way he made a decorative point of baskets-not one or two, but a horde, in all shapes, all sizes. He took full advantage of the brightening, unifying magic of white, using white paint by the gallon, white lamps, white for every curtain in the house. He was equally lavish with vivid color and vividly-patterned wallpaper and fabrics. Yet every room is subtly different in mood: some open and sunny-wonderful "daytime" rooms-some cozy and contained for after-sundown, cloistered withdrawal. And the whole house has a fresh, gay look of spontaneity - an unplanned look that comes from planning with zest.

opposite page: Brimming with color, the $l$ dooryard garden has the same look of spontaneit the inside of the house, but the repetition of the yello pinks, and whites in the cachepots, furniture, and pa parasols was no accident. On the wall by the front d hangs a whimsical still life composed of a terra-ce basin, terra-cotta fruit, and a bat-eared iron

Accenting the door to the foyer: a serenely classic plaster head such as you can buy in any art supply store. Equally uncostly: two of the ubiquitous baskets-one for canes, one a cachepot for Dracaena. Surprise liaison: an op-art cushion tied to an antique spool-turned chair.



COLOR, PATTERN, AND IMAGINATION continued

On a Biedermeier table, silver fish and enameled crabs swim in a sea of crystal bibelots or perch on rocks of uncut mineral.


The living room, its paneling waxed to a high sheen, sparkles with big splashes (including the "painted out" fireplace), nips of bold color, and a glittering collection of crystal. Devil-may-care contrasts: the needlepoint cushions pepper the leather sofa; the brilliant suede that covers two Louis XVI fauteuils; the broad-striped wool on a Régence armchair. Ceiling heighteners: curtains hu as high as possible, ceiling-high sheaves of wheat decking the mantel, a pyramid of seashells leading the eye upward to a shelf over the double doors.


On dining room wall, Goldsmith illustrations for a cook book are sandwiched between sheets of clear plastic so that wall color provides colored "mats."



# KITCHENS NOV 

The pretty kitchen is part of what's happening today, what H\&G reader tell us they want. But it doesn't have to be large. Maxi, midi, mini, micr - any space you have or would like to have, can be engineered to wor beautifully, look marvelous. And the look can be anything you fanc?

## THE <br> IIAXI KITCHEN,

 a kind of super-size latter-day keeping room, can be all things to all the family. It tempts visitors to linger, usually includes a place for family meals, offers space galore for major equipment and for dozens of minor delights. And a step-saving plan converts its luxuriance of square feet from a possible liability for the cook into a welcome asset.
## KITCHEN OF MANY CENTERS

Three years of imaginative thinking plus a year of construction made the John B. Rogers' Texas kitchen a triumph of space engineering, an arsenal of equipment, a model of point-of-use storage, and with all that, a bright inviting room. Planned by Mrs. Rogers, who is interior designer Joanna Rogers, and architect Downing Thomas, it was purposefully built huge. Mrs. Rogers wanted a kitchen where she and the cook could prepare for parties without getting in each other's way, and where she could enjoy her husband's company while fixing dinner alone for the two of them and their twelve-year-old son. But what might seem a formidable expanse of floor space- 15 by 19 feet-is minimized by the step-saving plan (see page 38 ). All appliances and utensils needed for individual activities are clustered in half-a-dozen separate work centers. (Continued)
opposite page: Birch cabinets are stainea
Prussian blue so wood grain sho through, and painted green insid
Behind fold-back doors, point-of-use storage for plug-in appliances.


At coffee making center: boiling water dispenser, coffee grinder, cups and saucers.

Between sink and dishwasher: pull-out rack for garbage container;
shears for flower-fixing.


 out once straying from the relatively small area bounded by the food preparation island, the cooking center, and the cold storage center. In addition there are special centers for dishwashing (near door to bar and dining room), for coffee making, for table setting, for plug-in appliances. And to make each center self-sufficient, almost all major equipment is in duplicate, including two dishwashers-one in the dishwashing center for china and glass, one in the preparation island for cooking utensils.

The kitchen and its environs are also rich in incidental conveniences shared by the whole family: pull-out breakfast bars at the back of the island work center; a closet in the entrance alcove where the dry cleaner can deposit his deliveries; a shopping-cart ramp from the outside door to the parking court. For over-all comfort, the room has its own air-conditioning system, a sound-absorbent ceiling, and generous and flexible lighting controlled by dimmer. And, for Mr. Rogers' special convenience, there is a comfortable leather-covered armchair.

Below range top: drawer for spices



Over the work island, a skylight with pushbutton shade to temper the sun and lamps to stand in
for daylight after dark. At windows, Roman shades of striped cotton.



W all counters are topped with heavy ceramic tiles.


Under range top, pull-out trays for pot covers, skillets, and drawer-rack for fortified wines used in cooking.

THE MAXI KITCHEN continued



## THE

## MIIDI

TITMTHAN its equipment, its decorative style subject to the idiosyncrasies and tastes of the individual wh there. With no dearth of space for either practical or imaginative purposes, it is likely to be the most personal of today's very personal kitchens.

Surrounding telephone, wall covered with slate tiles, to serve as family message center.

## KITCHEN WITH A WIDE-ANGLED V

Although sink and stove are in plain sight as you walk into the kitchen designed by archited Sarkany Jr. for a house in Shoreham, N. Y., the room has a surprisingly unkitcheny lod is due in part to the walnut base cabinets that resemble fine furniture, but even more to that where you would expect to see wall cabinets, there are none. Instead, counter-to-ceili dows offer a hillside view through special glass that polarizes the light, cutting the glare tensifying the outdoor colors. A remodeling project, the 12 -by- 15 -foot kitchen was built wi framework of a back porch, which inspired ingenious solutions. To balance the window lis Sarkany cut a skylight in the pitched roof, installed insulating board and new reinforcing then covered the board with indoor-outdoor carpeting to absorb sound, add color. (Mount special tape, it zips off for cleaning.) The same type of carpeting covers the floor and the bench for cook watchers. And the cabinets were built a good 12 inches off the floor to allow installation of heating ducts around the perimeter without having to tear original structur



## MOVABLE KITCHEN-IN-AN-ISLAND

 mounted high on the pole, beams down on the island.Black and white plus the gleam of steel bring a sophisticated unhackneyed look to a kitchen designed by Evelyn Jablow, who has handled the space, too, in a brand new way. There is no line-up of major appliances along the walls, no conventional row of storage cabinets. And the central island is far more than an auxiliary work center. In fact, the octagonal island is the kitchena complete, transportable, cooking-and-clean-up package as compact as a computer. Within it are range, oven, refrigerator, dishwasher, sink, chopping board, and rising from the work surface, a large lighting fixture. Also included is a panel with connections for hooking the whole works to electric and water lines. So you can take the island with you to a summer house and plug it in much as you would connect a boat to marina facilities.

Because the island contains all the essentials, it leaves the perimeter of the 15 -by-15-foot kitchen free for extras such as a buffet table and work table, both of stainless steel with chopping block tops, both on wheels for more flexibility. And to emphasize the room's changeable nature, Mrs. Jablow covered the ceiling with stretch nylon, its swooping billows held taut by screw eyes.


## HIDEAWAY STORAGE

As $\mathrm{H} \& \mathrm{G}$ learned from a read survey a few years ago, some li kitchen storage open; some lil it closed. Mrs. Max Burrell is de nitely one of the latter. When d is done, not a pot is to be seen the kitchen architect Donald Nick and interior designer Ros mary Robinson designed for th Burrells' house in Naples, Fla. B when something is cooking, time is lost in laying hands on tool or a seasoning.

Instead of wall-hung cabine -"I hate reaching up to hig shelves," says Mrs. Burrell-t room has six full-length closet all marvelously organized. Tw designed to keep canned goods line, are only 7 inches deep. Ser ing dishes and casseroles go deeper ones or in the central wo island, which also houses the dis washer and double sink, thus fre ing wall space for more storag

Cane patterned wallpaper, brick-like tiles, square grid of luminous ceil all emphasize uncluttered look.



Ribbons on back of spice cupboard snare messages. Etchings by Polly Knipp Hill.


In one drawer, bar tools are cradled in wood rack; in others, knives cling to built-in magnetic bars.

## ROVENCE UPDATED

e remodeled kitchen that William Abeel planned with designer Henry Brogiotti for Mr. Abeel's use in San Francisco is an ode to the owner's passion for Provençal cookery. Yet behind the m's decidedly French façade is American ingenuity. The 13-by-2l-foot kitchen has space-age enities: a full gamut of stainless steel appliances and a built-in rotisserie. But the central work Ind is a partnership of old and new: a ship-captain's table with a marble top (plenty of room for ling pastry), it has been fitted with a sink and garbage disposer, and the pipes below are conled by a tôle column that is actually an antique French plate warmer. Near the glistening refrigtor is a French-style garde-manger for keeping cheese, aging game, bringing wines to their arotic best. Behind the doors of glass and wire mesh are slatted shelves that allow air to circulate. The ler was built in front of an existing window, and its temperature, simulating that of an underpund storage room such as the French love, is controlled by opening or closing the window.

Provençal style, an open hutch cupboard displays daubières, soupières, pottery cookware from the village of Biôt.


Next to garde-manger, an espresso machine hooked up to its own water line.


## ${ }^{\text {THE }}$ VINI

is the small room you may be stuck with in a apartment, a remodeled town house, or a tiny vacation house. But strat arrangement can make it wonderfully workable, and the imaginative us decorative materials turn it into a joy and make it seem larger.


Some cabinets in divider open to kitchen, some to dining room.

## OPEN-FACED SANDWICH

A small slice of space between living and dining rooms was the spot architects Richard and Judith York Newman earmarked for the kitchen when they created a duplex for the William Bortrees from two upper floors of their Greenwich Village house. Formerly a bathroom, the space had the compelling advantage of existing plumbing connections. To keep it from seeming too confining, the architects removed the partition on the dining side and replaced it with two rows of walnut cabinets, leaving a room-long opening between them. From the dining room, they look like built-in furniture and the long opening serves as a pass-through.


1. Refrigerator 2. Dishwasher
2. Sink
3. Storage
4. Range
5. Pass through and cabinets

## SEE-THROUGH WALLS

A see-through cane-patterned vinyl wall covering, a simple shelf of butcher block, and a couple of antique Danish cabinets created a near miracle in the tiny town-house kitchen that interior designer Stefano Marchetti remodeled for his brother. A Chicago restaurateur, Joseph Marchetti hoped for some of the charm a restaurant kitchen lacks and the wall covering took a big step in the right direction: it made the room look larger, camouflaged uneven surfaces, provided an amenable background for hanging copper pots, wooden tools, a small painting. Other humanizing touches: antique wire stand for fruit, tall jars for pasta.



## AISLEY POCKET

kitchen that came with the Jerrold Millers' New York penthouse was as unrivileged as a foundling left on a doorstep. It had no counters to speak of. igerator and range were of vintage design. And the room had one too many s for its size - one to the foyer, a second to the dining ell of the living room. oving the dining area around to the foyer end of the living room, interior ner Robert Caigan eliminated the need for the second door, then turned lpper part of the doorway into a storage niche for the kitchen. Blocking loor also made it possible to add base cabinets and a long counter. Addiil cabinets were tucked in wherever they would fit, then the remaining walls the niche and its shelves and the shade that pulls down to hide them were overed in a splashy Paisley-pattern wallpaper that also lines the ceiling.

## shwasher

prage
elves (former door) pom closet frigerator

Short counter at end of room is plug-in cooking center with four outlets for appliances.


TO NEW | DINING | 6 | 4 |
| :--- | :--- | :--- |



\author{

1. Sink 3. Range <br> 2. Dishwasher 4. Storage
}
2. Refrigerator

## TIGER BRIGHT PATTERN

Bold, large-scale patterns have a surprising way of making small space seem larger-an effect that interior designer Marjorie Borradaile Helsel turned to good account in her New York apartment kitchen. Two walls and some of the cabinets she covered with a wild tiger-striped vinyl, the others, with vinyl in a zig-zag zebra-like pattern. To reduce the height of the room and clinch the dashing African theme, she looped split bamboo screens over poles attached to the ceiling. Smaller touches in the same vein: a wicked wicker tiger on the wall, a line-up of small baskets for cooking tools above one work counter.

Instead of hinged doors, awkward in
small space, base cabinets have
sliding doors of rigid honeycomb plastic.



In the window and the door, bottle glass that screens out street scene but admits lig

THE MINI KITCHEN continued

On sentry duty in dining room, an antique plate holder.


1. Storage
2. Sinks
3. Dishwasher
4. Range
5. Work island 6. Refrigerator

## SMALL WORLD OF GULINAR CONVENIENCES

Although a New York City street is just outside the door, the kitchen in condu Skitch Henderson's house shares none of the bustle. A small quiet world itself, it is richly decorative, wonderfully convenient, full of cook's helpers, old world and space age. It is the kind of kitchen Mrs. Henderson loves-a c pact work area where everything is within quick reach and lots of open stor supplements the closed-door cupboards. Visually, the kitchen is linked clo with the dining room. In both rooms the floors are paved with the same mel Welsh tiles, Mrs. Henderson's special pride, and the walls of both are partly ered with the same Spanish tiles. Cookware the Hendersons have collected their travels-old pottery, pewter, copper-sits high up on an open shelf circles the kitchen like a frieze-or hangs from butcher hooks where it is re for use as well as being decorative. "I don't believe in keeping things I can't us says Mrs. Henderson. But fortunately she finds very good use for a great d


For use on cooking counter, casseroles and pots of same material, specially designed with flat bottoms.

pfrared rays from food warmer under shelf keep bread and paella hot.

Inserted in cabinet below cooking counter, a tiny two-shelf refrigerator.

## IE

ilicro TCHEN -the miracle extra you can tuck upstairs hallway, a family room, a poolside playhouse. exciting new equipment, $H \& G$ has designed two kitchch no bigger than a closet.
$W$ all of tiny kitchen is covered with self-adhesive vinyl in French tile pattern.



## SPACE-AGE SERVING CENTER

Star performers in our serving kitchen are two white counter-top inserts so innocent looking you would never suspect one of them stands in for a range top. Made of a glass-ceramic material, they will not burn, stain, or scratch, even if you carve on them or let the children make sodas there. The insert on the left gives you a parking place for food to be kept warm by the infrared warmer we installed under the shelf above it. The one on the right contains two electric heating elements that show up in the form of yellow sunbursts when you turn on the controls. We covered the wall above with two kinds of walnut-toned panels-one pre-grooved for shelf brackets, the other perforated for hooks. Counter-Saver, Counter-Warmer, and Counter-That-Cooks, all by Corning; Masonite wall panels; Norcold refrigerator; Delta faucet.

## SPEED COOKING CENTER

Now that the microwave oven has been scaled down in size and price and engineered to run on normal house current, a speed-cooking center is feasible in any scrap of space you have. To house it we designed a slim wood cabinet that would hold the oven at a convenient height between the supplies that are nice to have nearby when you cook electronically. At the bottom we put a counter-high freezer since microwaves, which cook from the center out, are naturals for frozen foods. Above the oven we placed a spice cabinet, knowing its contents would be safe from heat since microwaves do not stray out of the oven. No special utensils are needed-fresh or frozen food can go into the electronic oven on glass, ceramic, plastic, or even on paper dishes. Amana Radarange, 15 by 23 inches, by 17 inches deep; 115 volts.


Oven's microwaves cook four chops in 14 minutes.

Pull-out shelf over freezer provides work surface.

Shopping information,
see page 90.


THE

1. HOUSEOF NINE LTWAY-BRIDGE ENKED.BYA STAIRY I A Y


## wheeling, mold-shattering design is flourishing in houses designed for lies with young children. With rooms imaginatively arranged on varying levels, are more flexible, more fun to live in. Here are two intriguing examples.



Overlooking a lake in Tampa, Fla., is a provocative and complex house which indicates, like many other examples rising all over the country, that young families today want something more than stereotyped architecture. Yet despite its half-dozen roofs of varying pitch and its windows and balconies recessed like shadow boxes, the design of the house by architects H . Dean Rowe and Frank Prince was not prompted only by a desire for a new look. It emerged from a plan that meets precisely the particular needs of the family who live there-a young dentist, his wife, and their three small children. At the same time it affords them new experiences in space and light which they could never enjoy in a series of uniform, flat-ceilinged box-like rooms.

The unconventional shape of the exterior directly reflects the delightful and unexpected variations in the shape of the interior spaces ranging from a living room that soars up 18 feet to children's bedrooms as low as 7 feet. The size and location of the windows, too, were determined by the varying shapes of the interior and the aim to enrich them with constantly varying patterns of light. Instead of being placed at regular intervals to produce symmetrical façades, windows pop out everywhere: some slide open at floor level, some are close to the ceiling, and some bring light simultaneously to both upstairs and downstairs. And because sunshields are a necessity in Tampa's sub-tropical climate, all the windows are deeply framed by projecting walls and roofs. Nevertheless, the exterior has pleasant unity because the stucco walls and neoprene coated roofs match in texture and off-white tint. (Continued)

At the front of the two-story house, left, broad windows, placed high, light upstairs rooms or the upper reaches of two-storyhigh areas. Covered steps and passage lead to front door. At back of house facing lake, above left, most windows are ceiling-to-floor; some have balconies.


oss section of living room, stairway-bridge, and sitting room shows how light space are freely shared by both rooms. Through the varied apertures of the ge, light from the huge two-story window wall of the living room at the seeps down into the sitting room, most of which has a considerably lower ng. And both rooms seem larger because of the free flow of space overhead. whole design gives this end of the house, reserved largely for parents and r friends, a feeling of unity and at the same time, exhilarating diversity.

## pver the bridge,

## space flows freely

## etween two rooms

- delightfully unexpected means the architect used to vary the interior ce is a stairway and bridge that bisects the two-story-high section at one - of the house into a lofty living room and an intimate lower-ceiling sitroom. Although the stairway itself is enclosed, its upper walls and the Is of the bridge at the top (which eventually becomes the second-floor -see plan, page 54) are pierced with vari-sized openings that allow rooms on each side to borrow space and light from each other. The livroom, for instance, is not grand in terms of floor dimensions but it gives impression of great space because its lofty ceiling- 16 feet high at the ss wall overlooking the lake-rises even higher over the bridge, finally hing to a stop above a broad high window along the inner boundary of sitting room. The ceiling of that room on the other hand, starts at a cozy eet above the hearth, slopes gently upward, then angles sharply to meet same high window, a window that gives both rooms indirect light to ance the direct light from their outer window walls. From both rooms a can look up to the bridge as to a balcony, and from the bridge you have cinating views of these two spaces so dissimilar in shape and mood. The ng room is the center for family entertaining and the sitting room is the et area for adult conversation.
(Continued)

As you walk along the bridge toward the stairs, you catch a glimpse on your left of the sitting room's garden, and on your right, through the living room windows, of the lake beyond.

Spanning upper section of living room's window wall is a huge fixed sunshield set flush with the exterior of the house and finished with the same white stucco.

 house, which is essentially two-story in plan but actually comprises nine different levels. From the front door (see first-floor plan, below) a two-level entrance hall leads to the living room, which is down one more step. Or you can turn left from the hall's lower level, ascend a few steps to a powder room off the first landing, or a few more to the sitting room off a second landing. Still a few more steps take you to the turn-around landing which is also the hi-fi center (with equipment housed in a wall-hung cabinet) and opens to a small balcony looking out on the lake. From there you continue up to bridge (see second-floor plan, above) and across to hall leading to bedrooms.


The children can play with minimal supervision in their large enclosed play yard.


m the playroom, hub of the children's quarters, a spiral staircase leads directly to parents' suite.

## rivate worlds for both generations

his ingenious house, both parents and children enjoy their own private worlds, yet the two are red in a way that makes close supervision easy. Dining room and kitchen form a natural psychologibarrier between the children's quarters and the adult living rooms at the other end of the first r. But the kitchen is wide open to the children's playroom-the center of their daytime activities nd a stairway in the corner provides quick access at night from their parents' bedroom above. The dren's bedrooms and their double-lavatory bathroom all open off the playroom which also has outside doors-one to the lawn rolling down to the lake, the other to the big enclosed play yard. other route to the play yard is via the adjoining laundry that doubles as the children's mud room. stairs the parents and any guests in residence enjoy their own private outdoor retreats-generous cony-decks with superb views of the lake, a delight that awaits in almost every room of the house.

The parents' bedroom, like nearby guest room, has a deeply recessed balcony.


## 2. HOUSE OF THREE LEVELS BRANCHING FROM A STAIR TOWER




A refreshing diversity is what makes the difference between the series of cubes or rooms that comprise the conventional house and the collection of cubes that the Charles Prussacks asked architect George Nemeny to build for them on a site in Woodmere, Long Island. The two-story house is composed of both high rooms and low rooms. But in line with today's freedom in architectural design, sometimes a high room is on top, sometimes below, and one room rises all the way from foundation to roof. Thus, the floor level of the upper story is lower on one side of the house than on the other (see cross section, next page). The tallest cube of all is the stair tower, in which a handsome riser-less stairway is clearly visible through a ground-to-roof glass wall that needs no curtains since it faces the most private part of the property.

The Prussacks-who number six counting Amy, nine, Victor, six, and three-year-old twins Toby (a girl) and Louis-live a close family life but have definite ideas about individual rights. Each child, twins included, has his own bedroom, and the four share a big playroom that keeps the living room from being perpetually toy-strewn.

Mr. and Mrs. Prussack love the look of natural materials, were also determined not to be trapped into a heavy maintenance schedule. The happy expression of both these sentiments is the rough-sawn cypress that sheathes the house inside and out. (Continued)

At the back of the house is a fascinating arrangement of huge windows. From left: parents' bedroom on second floor; stair tower; dining room; and, above, one child's room; the roof-high living room.


Children's rooms are simply furnished, bright with color.


Playroom is sunny all day since one end opens to glasswalled stair tower and opposite end has a window wall.

Dining room is good vantage point for watching playroom


YOUNG STYLE IN HOUSES:


Cross section from b house, top, shows varia room heights and how are assembled into th story plan. Tower st rises to a bridge that co parents' bedroom wit
OWNERS: Mr. and Charles Prussack
ARCHITECT: George Nemeny
LOCATION: Woodmere, Long Island, N. Y.
for building materials and equipment,
For building mate
turn to page 150 .


## Unity of materials, diversity of spa

The rough surface of the cypress sheathing allows the Prussacks to pin up p and children's art whenever and wherever they feel like it. "We use the house as a bulletin board," they say. Visually, the continuity of the cy which in places extends past a glass wall from indoors to outdoors, giv house a serene look of unity in spite of the diversity of room sizes and the sized, unexpectedly placed windows. And this visual continuity is strengt| by the white plaster ceilings throughout the house and the gray trowel resilient flooring throughout the first story.

Although the children's playroom is well separated from their parent ing room, the plan of the house makes it a simple matter to supervise their time activities. There is no partition between playroom and stair tower tween playroom and dining room. Only a work center divider separates the from the kitchen, and a long shallow window over the kitchen counter gi wide-angled view of terrace and play yard. So whether Mrs. Prussack is chores in the kitchen, or relaxing with a book at the dining room table, or so laundry in the utility room, she has no difficulty in keeping tabs on her b.

In the living room, a window high in fireplace emphasizes the exciting scale of 18 -foot ce
 <br> \title{

## $=1$ NSTANT <br> \title{ \section*{$=1$ NSTANT ANTIQUITIES} 

 ANTIQUITIES}}

> In a single afternoon of playing with sand, you can make fascinating, long-burning candles that look like pre-Columbian pottery

Casting shapes in the sand is something of a love-art, its gnarled roots reaching back to the time of sun-worshippers who molded crude sculptures of plaster and metal in casts dug by hand at the edge of the sea. Today this ancient art is practiced by a few young craftsmen who have brought it into the kitchen and studio, basement and barn. But instead of sacred statues, they create long. burning wax candles that, in their clinging coats of sand, look like an archaeologist's prizes. In your own kitchen, you can make such candles more quickly and easily than a pumpkin pie and from a far less complicated recipe. Essentially it consists of scooping a hollow in firm moist sand, poking farout designs into the sides, hanging a wick, dreaming up a merry color scheme, and pouring hot, colored wax into the mold. (You will discover that the most difficult part is waiting for the wax to cool.)

The materials you will need are easily come by-a big sturdy box filled with moist sand, some paraffin from the grocery, and assorted colored dyes and special wire wicks

that you can order by mail (see page In addition, gather the following from kitchen and vicinity: a double boiler candy thermometer; two serving spoor one round, one oval; a pestle; a veget brush; a skillet (electric, if possible) laundry sprinkler; a bucket of water small piece of straight-edged board; ab 1 foot of rigid, 1 -inch hollow tubing; empty cans-one 2-lb. coffee size, one s drink size - each with one end removed the other end pierced several times an ordinary beer-can opener.

## Preparing the sand

With the flat piece of board, pound and ten the sand until it is firmly packed smooth. Sprinkle with water to pres straying grains. Then grind the coffee c open-side down, straight into the sand deep as you want the bowl of the candle be, and lift out this "core" of sand, plac it in another box or bowl. Smooth sprinkle the sand surrounding the hole aga

## Beginning the molal

Starting about $3 / 4$ inch of the way into hole, dig into the sides with the oval spo and scoop out sand with the round one, un you have enlarged the cylindrical hole in a rounded oval bowl, wider at the center th: at the top. Firm the inside of the bowl around with the pestle, to be sure that t sand consolidates. (Continued on page 9

Afreshly cooled candle, left, is careful lug from its cast of sand in one of $t$ final steps of the process. The three complete candles, opposite page (the largest is about inches across) are the work of Nancy M Neil, a young Texan who came upon the cra while studying in Arizona. (Paolo Soleri al sand-casts his famous metal bells there.) Th candles need no holders but stand firmly their own waxen legs while light glows throug their primitive-looking skins of encrusted sanc

Trenchant and timeless:

## RED,WHITE, AND BLUE

In today's rooms, the rousing trio has brand new punch



Red-plus-white-plus-blue is a mag formula that somehow seems reach the human race rig where it lives. Ever since emerged from the primeval ooze and made try for civilization we have been waving it ar wearing it and living in it. Among other cha acteristics, it has an astounding immediac Every time it hits fashion, it seems to be spanking new idea, invented on the spur of th moment just for that moment of time. In man of us it also stirs a lively possessiveness. It not only mine, mine to the citizens of the Unite States and Great Britain and France, but races the blood of twenty-one other countrie of the world as Our Colors-Our Own Thins

Human beings have chosen to make th scene in red, white, and blue over and ove again in history, probably because it seeme like the right thing at the time, not becaus they thought their countries were right. Onl twice was it definitely a hurrah thing-first i France in the early nineteenth century whe Liberty itself was a heady fashion and every one rushed to celebrate it with navy blue coats white trousers, red ribbons, white dresses, an red and blue scarves, and hung red and blu in their white neo-Classical drawing rooms.

The second time was in the United States from about 1940 to 1943 when red, white, and blue became an American flag flying in fashion a bully for our side. In blacked-out cities across the land, young girls sold war bonds in navy blue coats with red lapels, their heads topped with white pancakes pulled down to the nose In the country, hostesses instinctively spread out white milk glass to blaze against blue linen cloths and centered the table with red carnations or red tulips or red geraniums. One patriotic cotton king brought forth an ensemble of a blue star-spangled bedspread with red and white hangings to make a bedroom a counterpart of Old Glory. A passion developed for wallpaper striped with red and white and blue and white, and the raising of delphiniums became a specialist's hobby. These tall blue spires often bloomed (Continued on page 154)

Dark red and white in almost equal quantities are accented with an azure blue in designer Ellen Lehman McCluskey's New York City living room -a very contemporary blend of antiques with steel, glass, and transparent plastic. Paintings by Barry Hirst (at left) and Douaihy.


The rousing trio, evenly balanced, proclaim a ringing welcome in the guest sitting room of Arnold Arcus' New York apartment. Glowing individually on shutters, ceiling, walls, they join forces in a zingy print. Fantastic chairs are Burmese. Interior designer, Joseph Braswell.


Fine cotton scarves-a wonderful idea where you need a small, washable, well-designed tableclothcover a pair of individual luncheon tables in Mr. and Mrs. Lewis Vaughn's garden at Palm Beach.


Chintz in blue stripes and red polka dots (stand-ins for stars) reverse the flag scheme in a little boy's room in the Arthur Rosenstein's New York apartment. Ceiling was painted blue to match the carpet, a starry-eyed clown peeks down from the soft-toy shadow box over the window. Interior designer, Burt W ayne.


$r$-sprigged wallpaper makes a sprightly background for a pm in the Richard Flynns' house in Carmel, N. Y. t-yourself coup, the room was put together with ation, color, and wit. For bedspreads, lynn used pin-dotted navy dress fabric, had it quilted.


A needlepoint rug, woven in Portugal, establishes the red, white, and blue theme for a man's study in a French Directoire mood. But the lounge chair's cerulean blue and the off-whites of the background flow out of the antique French papered screen in the corner. There is a subtle repetition of the tricolor in the glazed moldings around ceiling and window. Interior designer, Charles Dear.


A flower-splashed cloth in Art Nouveau vein but updated with today's colors covers a luncheon table set up near the greenhouse in the Lewis
Vaughns' Palm Beach garden. In demure contrast, plain plates and napkins, opaline goblets.

Velvety textures of suede cloth, wool jersey, and felt add to the richness of the deep reds and blues in a New York apartment bedroom. Suede cloth covers the walls; jersey, the chairs; and felt, the accent pillows. Bedspread and canopy are reversible bonded jersey-red on one side, blue on the other. Still another texture, white ostrich leather on bedside tables. Interior designer, Renny Saltzman.



48 inches wide．By Patterson．＊ arts and flowers，checks and Calico on a vinyl surface wall－ By W．H．S．Lloyd．
imental stripes on cotton fab－ ated with Scotchgard．48－49 wide．By Bloomcraft． cktail box of Danish beech－ ith a flat enamel finish and a shelf inside to hold bottles sses．Top， $261 / 2$ inches square； ches high．Designed by Verner for John Stuart．＊
be lamp on a hand－laminated ard base． $101 / 2$ inches high．At Moon．
ery gingham－like plaid on cot－ 45 inches wide．By Everfast． netian glass－frame mirror，its eurs section made of hundreds es of Murini glass fused to－


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20


gether between plain borders． 24 by $291 / 2$ inches．At Venini，Ltd．＊
22 Sectioned plastic cocktail table sturdy enough to double as a bench． Fitted with chrome hardware，it comes disassembled，can be made into an oblong or a 24 －inch square． 16 inches high．Designed by Neal Small． At Scarabaeus．
23 Pottery fondue pot with wrought iron stand and wooden handled forks of stainless steel．At Filene＇s．
24 Polka－dotted posies kept in line by broad stripes，on cotton． 48 inches wide．By Don Karlin．＊
25 Checkerboard with big polka dots on cotton． $44-45$ inches wide．At Bloomingdale＇s．
26 Tufted leather contour chair with bentwood frame of ash or oak．De－ signed by Bruno Mathsson for Dux．＊ 27 Traditional French floral design on cotton，updated by color． 48 inches wide．By Eaglesham．＊
28 Cocktail table made of strips of opaque Lucite． 16 by 36 by 16 inches high．Designed by Carlos Sansegundo for Paul Jones．＊
29 Moorish pattern， 12 －inch vinyl tiles laid here in stripes．By Eden Flooring Company．
30 Drum design on drum－shaped glasses－highball，on－the－rocks，cock－ tail．By Federal Glass．
31 Crewel－like floral design on cot－ ton． 50 inches wide．By Scalamandré．＊ 32 Butter warmers and saucepans of enameled steel with wooden handles． 1 pint and 3 pints respectively．By Dansk．
＊through oecorators only． for shopping information，see page qo．


halice typical of the true auratum e pale gold typical of the red derived from the ood. White is the dominant hue.

For the past thirty years lilies have been comir from the trial beds of the hybridizers in a pol chrome flood of blends and combinations ar shapes and sizes. But despite all the new yellow the new pinks and oranges, and pastel hues, the pure colo of the late lilies-those we think of as lily colors-nev lose their place in the eye and affections of the beholde The white, sometimes touched with gold or red, of the gre auratum lilies of China and the pigeon-blood red, som times rimmed with white, of the speciosums are among th most beautiful of lily hues, just as the plants themselv are among the easiest to grow.

Unfortunately the auratum lily acquired a bad nan a few decades ago because the bulbs then available to ga deners, almost all of them imported from Japan, had deve oped an almost ineradicable disease. The memory of th disease endured long after the development of clean bu stock grown from seed in the American northwest. But th speciosum lily, with its infinite variations on the red-whi theme, never was much bothered by disease, and is nov adays clean as a whistle. One of the greatest forces behin disease-free bulbs, of course, has been the work of hybric izers. The phrase "hybrid vigor" has a special meaning fo lily growers. And among the concomitant attributes the hybrids is the proliferation of colors. But-and this the point that should not be lost sight of-hybrid vigor ha produced some of the purest lily tones as well as some o the most dazzling combinations. You merely have to pic and choose.

For the finest whites of summer it would be hard t fault the best strains of Lilium auratum at one end of th late summer scale and of the white form of $L$. speciosum a the other. In between, happy accidents of genetics hav produced the reds and golds of the original species as wel as intense tones the wild lily ancestors never displayed. I would be safe to say that all the best garden lilies availabl today are hybrids, even if they do resemble the species, an outshine those to which they can be historically compared For example, the modern white auratum is whiter than na ture ever grew it, just as the red speciosum is more glori ously red. In between and around and among them flame the blends, the "strains," as well as some of the selected clones that have kept lilies fresh and dramatic in the gar dener's eyes.

You grow the best of them much the way you grow your best tulips-setting the bulbs twice to three time their depth in fertile, well-drained loam. If the bases of the plants are kept in shade, bloom will be better and probably even later to reach its peak. Once you buy good bulbs in the autumn, the rest is simply a matter of good gardening.

ng the late summer strains of lily blends, all
the result of infinitely painstaking breeding with tee species as parents, three are outstanding the Golden Clarion strain at the upper left, the African $n$ strain below it, and the dramatic Pink Perfection. iree are trumpet types : all three reach 6 feet, are garden hardy
tst of the important garden lilies to bloom is Lilium
speciosum, for which the pink variety of summersweet makes splendid foil. Speciosum also comes in pure white and ultra
red, is one of the important parents of late summer hybrids.


Exciting things are happening this fall on both sides of the Rio Grande -San Antonio's HemisFair, Mexico's XIX Olympiad (as the ancient games ritual is officially called), and the special cultural program the Mexican government has set up as a simultaneous attraction. If you heed this triple lure you will eventually find yourself in a country as exotic as any "foreign land," yet one whose heritage and culture has a close affinity with our own Southwest. Mexico is not only our amiga but a kind of ancestor, with the result that her architectural ideas, her designs and her crafts fit with remarkable smoothness into the American scene. Though making giant industrial strides (other Latin Americans call Mexico the "Colossus of the North") the country is still full of talented craftsmen in wood, stone, silver, plaster, clay, straw, and jewels whose work you can bring home (up to $\$ 100$ 's worth dutyfree). Add to that the intangibles-the refreshing and adaptable ideas you can get from Mexico's revolutionary new organic architecture, from the ancient Aztec splendor, the old Spanish cathedrals, the flower markets, or from having dinner in a Mexican home. These may spark a new concept of color, a plan for a new kind of house, or just such simple rewards as a new way to arrange flowers or to set a table. Herewith, an eight-page sampling. For more about things to see and do and buy in Mexico City, please turn to page 16.

Contemporary Mexican architectur dramatic, powerful: Above, Los Clube imaginative Mexico City watering spo horses designed by landscape arch Luis Barragan. In contrast, Mex Spanish Colonial tradition is exuber decorative: Opposite page, the fairy kitchen of Señora Mercedes R. de Hül new house in Cuernavaca soars upwa a bóveda or vaulted ceiling topped glass cupola. Luscious murals are pai on the bóveda's tiled walls, and tiles o kind or another line every inch of the r except for the plaster shell that glor the simple open storage. Marvelous ance of past and present : a charcoal and four gas burners set into the long cooking counter below the windows. signed and executed by architect Rod Ayala and his associate, José T. Mu



$P$ulsing patterns, indoors and outdoors

1 In designer Arturo Pani's marblefloored, mirror-walled drawing room in Mexico City, striped fabric, meticulously mitred, covers a table with a scalloped base in front of the sofa; another scallop edges the valance over a wall of glass. 2 In a bathroom in jewelry designer Humberto Arellano's house in Monterrey, the walls and shower stall are boldly patterned in a design composed with only one tile pattern -a square divided diagonally, half white, half green. Towel holders are
mounted in bas-relief cherub tiles. 3 In the gardens of the San Ángel Inn, a wreath of sweet alyssum, candytuft, and smooth stones circles asparagus ferns, primulas.
4 Pastry-cook ruching and rosettes piped in plaster frame a window in architect Federico Lara's San Ángel patio. Iron flower is gutterspout. 5 In a guest bedroom in Mr. and Mrs. Benjamin Luxenberg's house in Cuernavaca, a Colonial brass bed with spidery medallions is spread with tulip-strewn fabric and domed
with a canopy ruffled like the Empress Carlotta's parasol.
6 Exuberant tapestry of tile walls a courtyard at the House of the Dolphins in San Angel-a mansion built by a conquistador.
7 Garden, swimming pool, and tiled terrace compose a lush backdrop for a conversation island in the Benja$\min$ Luxenbergs' living room.
8 A mosaic of pebbles and tiny tiles designed by Jesús Sanchez spreads before door of Señor Arturo Alonzo's house in Cuernavaca.

9 Morning glory tiles border tub and planter wall in the garde bathroom designed by Rodol Ayala for Señora de Hübbe. Butte fly tiles call attention to soap shell 10 Mosaic dove flies across pav ment designed by Jesús Sanch around a villa in Cuernavaca.
11 Boldly carved pattern cove double doors as old as Cortes Señor Humberto Arellano's house i Monterrey. On wall, bas-relief car ings in stone of two conquistador and, above door, a pair of angel



1 In the patio of the San Ángel Inn, an enchanting Mexican custom: a great pompon of paper flowers spiked with candles atop a wrought iron torchère.
2 Re-creation of a flower arrangement seen in the house of Rodolfo Ayala: yellow chrysanthemums mounded in a pyramid (a cone of Oasis makes a very good armature) and plumed with a topknot of red amaryllis.
3 In a powder room in designer Humberto Arellano's house, a pretty towel-rack assemblage: an angel's head, rosettes, finely wrought old brass chain. Only glass shelf is modern.
4 On a marble wall bracket in the Benjamin Luxenbergs' dining room, a dazzling display of fresh fruit, vegetables, and flowers that Mrs. Luxenberg arranged in the manner of the rare eighteenthcentury bodegónes-still lifes of fruits and flowers-hanging on wall. All furniture, even Regency style chairs, was found in Mexico. 5 Dining chairs, slipcovered in hand-woven Indian tapestries in Francisco Fernandez Cueto's

Cuernavaca house. Panels of different designs and colors, sewed together, slip over chairbacks like pillowcases.
6 For poolside sunning, masonry banquettes with arabesque-backs designed by Humberto Arellano -architecturally elegant yet immune to water damage. To cradle swimmers' backs, dozens of cushions covered in vivid cottons.
7 For alfresco entertaining, a little summer house that Señor Areilano remodeled into an open cabaña-half kitchen, half dining room. What looks like an ig. loo is a bread oven, Aztec-type. A whole goat can be roasted over charcoal in fireplace, but burners in island counter cook with gas. 8 Set for luncheon on Señor Arellano's terrace, a table of his own design with an old stone column for a pedestal, a stone top inlaid with a compass-sun. The pattern of its rays is repeated by the green and purple leaves from the garden garnishing the plates under the salad. Crystal charmers: Mexican goblets with in-digo-blue bases and serpentine
stems sprouting indigo lea 9 In Señor Francisco Cueto's ing room, an old iron ma scale, its dishes heaped with liant paper flowers and hun that half the twin bouquet car seen from the hall-a floa gesture of welcome.
10 The mood of Mexico capty in a New York City courty where geraniums stand in bougainvillaea. On the table brazier from Oaxaca holds fl ers instead of fire, and tort cloths dyed a nippy pink m elegantly fringed napkins. I and rush chairs, simon-pure M ican, are available north of border. Sterling knives and fo and silver-plated goblets by ternational: black and white bi motif dinnerware by Francisc 11 On the evening of a party stone sirena (as Lorelei-m maids are known in Mexico) the brink of the Luxenbergs' o swimming pool, banked in magenta cloud of bougainvilla For shopping information and list of stores displaying Mexic table settings, turn to page



MEXICO continued

## rchitectural details,

provocative and adaptable

1. For privacy plus light, wood grille shutter in old Moorish pattern in a bedroom-study of Mel Sunesons' house in Nuevo Laredo.
2. Ornately painted pottery bowl set like a flower in a counter paved with tile becomes a lavatory in the cabaña bathroom of Señor Arellano.
3. Spanning a light well, an iron chandelier designed to be hung from walls since it could not be suspended from cupola skylight. An effective trick devised by Rodolfo Ayala.
4. The pillar-borne, molded-concrete house, marvelously free in form, of Señor and Señora Guttierez outside Mexico City, designed by architect Enrique Castañeda.
5. Romantic double staircase leading from living room to courtyard of the Serge Klotz house in Cuernavaca. Below it, a pillared opening frames view of pool and distant terrain. Court is paved with turf and marble.
6. Tile-jeweled fireplace designed by Jesús Sanchez, but so typical of Old Spain that its prototype might have warmed El Cid.
7. Star-shaped skylights studding ceiling of corridor in the Hübbes' Cuernavaca house. For safety's sake, polished tile paving is bisected by a non-skid path of textured stone. 8. Stone outdoor staircase with mosaic "waves" of pebbles on each tread. Designed by Rodolfo Ayala for the Hübbe house.
8. Pillared atrium in the Cueto house designed by Jesús Sanchez. All major rooms open to surrounding loggia which is protected by duck curtains against the vagaries of sun and rain.
9. Flamingo pool in aviary-garden outside Canfield Himes' house in Cuernavaca. Birds wading in the pool often cross it, elegantly, on stepping stones.
10. Rustic thatched-roof sun-cabaña on Señor Manuel Peralta's terrace in Cuernavaca. Shelter is built exactly like an umbrella with a tree-trunk handle, a rib-cage of twigs.
11. Newel post of the Serge Klotz double staircase. Bas-relief classic masks, curiously Greek for Mexico, stud each face of capital.



## HOW TO GIVE THE VERSATILE. POPULAR PARSONS TABLE YOUR OWN FINISH

Some say the Parsons table was invented by a student at the famous Parsons School of Design, and some say it was invented by an instructor. Others say it was only a symbol that Parsons students drew in their room renderings to indicate "table." But if no one is quite sure how the table began, everyone knows what it looks like: a simple, smooth surfaced table in which the legs are set flush with the top, and legs and top are of equal thickness. Everyone knows, too, that it is very much a part of today's look. Decorators have been using Parsons tables in every shape and size from low square stands to oblong dining tables, giving them exotic coverings and finishes. But the foundations-the unfinished tables-had to be made to order at made-to-order prices. Now, to do-it-yourself. ers' great relief, you can get, at reasonable prices, tables sturdily built of good hard wood in any size you order, all waiting for you to do, on their sanded surfaces, your own thing. Lumbercraft East, who makes them, can also cover them for you with Formica. But there are myriad other ways you can finish




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## A traveler's guide to the

# NATIVE DRINKS AND WINES OF MEXICC 

BY ELISABETH LAMBERT ORTIZ

> Edrror's note: Elisabeth Lambert Ortiz is a frequent contribut to H\&G's Cook Books. She is also the author of "The Comple Book of Mexican Cooking" (M. Evans \& Co.), winner of the $R$. French Tastemaker Award as best foreign-food cook book of 190

Just as Mexico's cuisine is derived from those of the p Columbian Aztec-Maya empires, of conquering Spain, and, a lesser extent, of France, so the country's drinks reflect tl same historical process. The traveler in Mexico will find an tremely wide range of drinks, all of them modestly priced wi the exception of the few that are imported.

The most ancient Mexican drink, pulque, is currently enjo ing a revival. It was invented by the women of the Toltec Empir which preceded the Aztec, and is made from the fermented sap the maguey, the American agave or century plant. Pulque is abo as alcoholic as beer and comes "cured" with various fruits such pineapple and strawberry. For all practical purposes "cure means "flavored with". Methods of making pulque were none t sanitary for a long time and probably still are not in isolated v lages. Today, however, the traveler may order a small jug pulque with confidence in the better restaurants of Mexico Ci (such as El Arroyo or Las Cazuelas), that specialize in Mexica foods, with which pulque is an excellent accompaniment. "Sma jug" is actually an understatement-for lunch it should be enous for three to four people. The price is so modest that little is lost the quantity of pulque exceeds the diners' capacities. So far attempts at bottling the drink have failed. The best pulque com from the central plateau, where Mexico City is located.

## National spirit

The Aztecs, probably because they were taken up with ha lucinatory mushrooms and cacti, did not stumble onto the secr of distilling. It was the Spaniards who saw the possibilities in th pulque-producing maguey and invented tequila and mezcal, sti among the most popular drinks in Mexico. Tequila, made princ pally in Jalisco, and named for the small town of Tequila th: witnessed its birth, comes in many brands and is either ambe colored or clear. The amber tequilas are specially aged and a excellent to drink alone. For mixed drinks, such as margarita tequila cocktails, sours, daisies, etc., the clear or white tequilc are better, as the lighter flavor produces a smoother drink.

Mezcal, also distilled from maguey, comes mostly from Oax ca, usually in very attractive black clay bottles. Much stronger flavor than tequila, it is an acquired taste, but those who like become very partisan.

Classically, tequila is served in a small straight-sided gla with salt and cut limes on the side. First you take a lick of sal then a swallow of tequila, and finally a bite of lime. Equally trad tional is tequila served with Sangrita which is sold bottled, and made from tomatoes, oranges, limes, onion, sugar, salt, and ho chiles. A good Sangrita is quite fiery. You are presented with glass of each, and the technique is to sip them alternately. Agair halved limes and salt are served on the side. Sangrita has a natur affinity for mezcal, the two strong flavors modulating each othe Tequila and mezcal taken either straight or with Sangrita or i

Continued on page 8


Classically, a mousse consists of puréed, flavored fish, meat, fruit, or a similar basic blen with such ingredients as cream, butter, eggs, and gelatin to give it lightness, richness, a body. Nowadays, mousses may be made from a wider range of foods, and the blender considerably simplified their preparation. A mousse can be a first course, main dish, salad, dessert. It may be hot, chilled, or frozen. The distinguishing characteristic that turns it it a culinary glory is the velvety texture, firm enough to mold, yet still retaining an exquis lightness and delicacy of taste. Traditionally, all mousses are molded with the notable exc tions of mousse au chocolat and biscuit tortoni, served in tiny pots, and hot mousses spoor from a baking dish. But a suave mousse almost demands the disciplined shape of a mold garnish, a clear coat of aspic or a surrounding sauce to set off the unmolded masterpie

By Ruth Conrad Bateman

## FOUNDATION SAUCES

The classic white sauces-the milk-based béchamel or the stock-based velouté-occur frequently in the preparation of mousses. They have two main functions. One is as the basis of an accompanying sauce for a hot savory mousse. The other is as the binding agent for chilled fish and meat mousses. For the latter, the velouté is made very thick, stiffened with gelatin, and then mixed with the puree and cream to give the mousse body and a creamier texture.

## Sance Béchamell or Velouté

2 tablespoons butter (3 for a thick sauce)
2 tablespoons finely chopped onion or shallot
2 tablespoons flour (3 for a thick sauce)
1 cup hot milk (for béchamel) or hot fish,
chicken, or veal stock (for velouté)
$1 / 4-1 / 2$ teaspoon salt
Freshly ground white pepper, nutmeg to taste
Melt the butter in a small saucepan and add the onion or shallot. Cook over low heat, stirring, until soft and golden. Blend in flour with a wire whisk. Cook, stirring, for $1-2$ minutes, but do not let flour brown. Remove from heat and add hot liquid all at once, stirring constantly. Cook, stirring, until sauce comes to a boil and thickens, about 2 minutes. Season with salt, a few grindings of pepper, and the nutmeg. If sauce has to stand, thin with a little milk or stock and cover with plastic wrap. Makes 1 cup.

## HOT SAVORY MOUSSES

The hot savory mousse is one of the most delectable and delicate of all. There are several ways to make it and the lightest begins with a mousseline forcemeat or paste of puréed raw fish or meat. The purée can be bound or stabilized with a panade (a breadcrumb or flour paste), but the mousseline forcemeat is essential for delicacy. It is especially suitable for shellfish and other light, firm fish, but it can also be used for poultry and game, livers, sweetbreads, veal, and similar ingredients. Occasionally cooked foods such as poached salmon or sole are used, but usually this forcemeat starts with raw food. Seasonings vary with the meat or fish. The amount of cream the purée is able to absorb varies also, but these are the general proportions.

## Mousseline Forcemeat

1 pound (net weight) trimmed and boned fish, meat, or poultry
$3 / 4$ teaspoon salt (approximately)
$1 / 4$ teaspoon white pepper, or to taste
Generous pinch nutmeg, or to taste
2 egg whites
2 cups heavy cream
Trim selected food of all skin, bone, shell, gristle, sinew, or membrane. For raw fish, cut into pieces; put through meat grinder twice using finest blade. For meat or poultry, dice, then place in blender. Turn motor on and off at first, then to high until the food is a smooth purée. Poached or canned fish may also be puréed in a blender. If you do not have a blender, purée meats by putting them through the grinder three times, using the finest blade, then pressing through a sieve.

Put the puree in a bowl and add part of the seasonings. Set the bowl in a larger bowl of ice cubes. With a wooden spoon, gradually mix in the egg whites, beating vigorously to keep the paste smooth. This is an important step, since the incorporation of egg whites allows the paste to absorb more cream and produces a lighter mousse. Otherwise your mousse may be dry, rather heavy, and lack the desired velvety texture. The forcemeat should now be very cold and will

MOLDS FOR MOUSSES


ABOVE: Metal molds in marine forms and many sizes, shape buffet-to-individual-size servings of seafood mixtures. Decoratively shaped and fluted molds, below, are good for more general types of hot or cold mousses.

hold its shape in a spoon. Refrigerate until f ( 2 hours if possible). Replace bowl over ice : gradually beat in the cream with a wooden spo After each addition, the mixture should still light, but firm enough to hold its shape. Ta and adjust seasonings. Chill until ready to and cook as directed in recipes.

## Mousseline de Saumon

This ethereal specialty of a distinguished Paris restaurant, Le Taillevent, is served when fre salmon from the Loire River is in season, usua accompanied by a sauce Nantua or sauce Ame caine. Sauce Venitienne is also delicious, easier to prepare.

12 ounces (net weight) fresh salmon, trimmed all skin and bone
4 ounces ( 1 stick) softened sweet butter
3 egg yolks
1 egg
Salt, white pepper
1 tablespoon lemon juice
$11 / 3$ cups heavy cream
Pound salmon in a mortar until smooth or $p$ through a food grinder twice, using the fing blade. Work with a wooden spoon until ve smooth. Gradually work in the butter until mi ture is light, then egg yolks, one by one, al finally the whole egg. Season with about 1 te spoon salt, a generous dash of white pepper, ar the lemon juice. Force through a sieve and ch at least 30 minutes, until mixture becomes ve firm. Fold in the cream. Spoon into 6 small, we buttered molds or ramekins. Place in a pan co taining 1 inch of hot water. Bake in a $350^{\circ}$ ove 25-30 minutes, until mousselines are firm to th touch on top. Let stand a few minutes; inve over a warm serving plate. Cover with saud Venitienne. Makes 6 servings.

## Sauce Venitienne

$1 / 2$ cup dry white wine
1/4 cup tarragon vinegar
1 cup hot thick velouté sauce (made with fish stock)
4 tablespoons heavy cream
1 tablespoon sweet butter
$1 / 2$ teaspoon mixed chopped chervil and tarragon
Reduce wine and vinegar by half over high hea Add the hot sauce and swirl in the heavy crear and sweet butter bit by bit. When thorough mixed, add chervil and tarragon.

# Sweetbread Mousse Farci 

ecipe Mousseline Forcemeat made with 1 pair (10-12 ounces) sweetbreads, trimmed, and 1 whole boned and skinned chicken breast ( $4-5$ ounces net weight)
hite pepper, nutmeg, monosodium glutamate to taste
ablespoons lemon juice
2 cups coarsely chopped fresh mushrooms
ablespoons butter
ablespoons brandy or cognac
ablespoons flour
cup hot chicken stock
ablespoons heavy cream
prepare sweetbreads for forcemeat, soak in Id water for 1 hour. Put in 1 quart boiling water ssoned with 1 teaspoon salt, 2 tablespoons non juice; reduce heat and simmer until tenr, about 20 minutes. Drain. Put in cold water. ain again and dry with paper toweling. Trim d cut into pieces. Remove sinews from chicken d dice meat. Follow recipe for Mousseline rcemeat, seasoning purée with 1 teaspoon salt, nerous amounts of white pepper, nutmeg, and nosodium glutamate and 1 tablespoon lemon ice. Chill.
Cook mushrooms in hot butter, stirring, about minutes. Add brandy; cook I minute longer. end in flour and stock; cook and stir until ickened. Season with salt, white pepper, and d cream. Thickly line 8 well-buttered $1 / 2$-cup olds with part of the forcemeat. Put in a spoonof the mushroom mixture and top with retining forcemeat. Set molds in a pan containing nch of hot water. Bake in a $350^{\circ}$ oven for $20-25$ inutes, until firm on top. Let stand 5 minutes; mold on a warm serving plate. Serve with sauce risienne. Makes 8 servings.

## Sauce Parisienne

ggg yolks, beaten
easpoon tomato paste
ablespoons sherry
cup heavy cream
ot velouté sauce made with 3 tablespoons each butter and flour, 1 cup chicken stock, and $1 / 2$ cup milk
It, white pepper to taste
ix beaten egg yolks, tomato paste, sherry, and avy cream and add to velouté, first whisking little of the hot sauce into the mixture, and en, off heat, stirring this back into the sauce. ook 1 minute longer, stirring with a whisk. eason with salt and pepper.

## Chicken Mousse Farei

(A variation of Sweetbread Mousse Farci)
mit sweetbreads and use all chicken meat for rcemeat. Add 2 tablespoons diced canned uffles to forcemeat. Instead of mushrooms, use iced cooked chicken livers in the stuffing.

## Mousse de Peisson

recipe Mousseline Forcemeat made with 1 pound boneless, skinless fish fillets ( preferably halibut, pike, red snapper, flounder, or sole) and $1 / 4$ pound lobster or other shell fish
tablespoons dry vermouth
teaspoons lemon juice
'repare the forcemeat, adding the vermouth and emon juice to the fish paste before you re-
frigerate it. After the preliminary chilling, add the cream, taste, and adjust seasonings. (Tasting the raw fish mixture is essential, but you need only taste, not swallow it.) Put mixture in a buttered 1 -quart mold or several small molds. Set in a roasting pan containing 1 inch of hot water. Cook in a $350^{\circ}$ oven for $25-30$ minutes, or until firm on top, slightly shrunken on sides. Let stand 5 minutes. Invert over warm plate and serve with Lobster Sauce. Serves 4.5.

## Lobster Sauce

1 cup crosswise slices of raw lobster
in the shell
1 tablespoon butter
1 teaspoon oil
Dash cognac
1 cup heavy cream
1 cup hot velouté sauce (made with fish stock)
Salt, cayenne pepper to taste
1 tablespoon dry sherry
Sauté lobster in butter and oil. When pink, add cognac and cream. Simmer gently 8-10 minutes. Remove lobster from shells. Reserve a few pieces of the meat, and purée the rest. Mix with the hot sauce. Add reserved lobster meat; season to taste with salt, a few grains of cayenne, and add the dry sherry.

## Variations:

1. Make monsse with sole and red snapper forcemeat and serve with shrimp sauce (made the same way as lobster sauce).
2. Make mousse with pike forcemeat. Serve with sauce Béarnaise.
3. Make mousse with halibut forcemeat and serve with sauce Poulette. (For sauce Poulette, follow recipe for sauce Parisienne but make the velouté with fish stock, omit the tomato paste and sherry, and add 2 tablespoons lemon juice and 2 teaspoons parsley.)

## CHILLED OR JELLIED SAVORY MOUSSES

The most basic of these versatile mousses is simply a combination of puréed or minced food and liquid gelatin with whipped cream. The cream is folded in when the jelly has thickened the mixture sufficiently to encase or support the air bubbles in the cream. There are many vari-
ations on this basic formula for a mousse.
Other fish and meat mousses are based on a very thick velouté or béchamel combined with softened gelatin and then mixed with the purés and cream. Eggs or egg yolks may be added for richer flavor and texture.

Commercial sour cream, mayonnaise, cream cheese, or yoghurt may replace all or part of the whipped cream in a chilled mousse. However, cream gives the lightest texture, since it doubles in volume when whipped. Sour cream and mayonnaise impart a piquant and desirable flavor and body to mousses made from watery vegetables such as cucumber and some of the blander fishes and meats.

For a chilled or jellied mousse, the same rule of thumb applies in gauging proportions as in all gelatin mixtures. One envelope or tablespoon plain gelatin will thicken up to 2 cups liquid. Up to 2 cups puréed or ground food may be added. Consider such foods as cucumbers, melons, etc., which liquefy completely, as part of the liquid. Cream, before it is whipped, sour cream, and yoghurt should be counted as part of the liquid, as should the liquid in any sauce that is incorporated in the mousse. For a tall or large mold, allow no more than $13 / 4$ cups liquid for each envelope of gelatin. However, a point to remember when calculating the liquid content is that a jellied mousse should never have the same firmish texture as a regular aspic. It should be soft and creamy, although firm enough to serve properly.

## Lining and Decorating Molds for Mousses

Set mold in a bowl of ice cubes and pour in a few spoonfuls of syrupy-thick clear liquid gelatin or aspic. Tilt and rotate the mold slowly to coat the inside all over with a thin film; this sets almost immediately. Dip desired decorations in syrupy aspic; then arrange in the mold in a design: geometrics, flower shapes, crescents, and so on, or dot small cut-out circles like confetti. Use thin, fancy shapes (leaves, diamonds, etc.) stamped with aspic cutters from slices or pieces of truffle, olive, carrot, eggplant skin, green pepper, pimiento, hard-cooked egg white, and the leaves of parsley, watercress, dill, or tarragon. Allow to set, then carefully spoon in a little more syrupy aspic; tilt and rotate mold slowly to seal decorations. Repeat until aspic lining is $1 / 4$-inch thick. When it is sticky-firm, carefully spoon in mousse mixture. Chill until firm.

## Unmolding Mousses

Metal molds are easiest to use for molded mousses, especially if you oil them lightly. But for a mousse with a plushy, wet-velvet look, chill or freeze in a mold that has only been rinsed with cold water. Chill and wet a serving platter so that the mousse will slide into position, if necessary. To unmold, take a small narrow spatula and loosen the mousse from the mold in several spots around the edge. Tilt mold and rap sharply to loosen the mousse and let in air. Dip the outside of the mold quickly in and out of nearly hot water several times. Place a wet plate on top of the mold; hold plate and mold together firmly with both hands and flip your wrists over so mold is reversed. Still holding with both hands, shake downward to release mousse, then lift off mold. If mousse clings, cover with a hot, wet towel until it frees itself. Return to freezer or refrigerator until mousse is again firm. Decorate and garnish as desired.


UNMOLDING TECHNIQUE

1. To loosen mousse from mold, run blade around edge.
2. Tilt mold and rap sharply to let air in around edges.

3. Reverse mold,
shaking downward to
unmold onto platter.

## Which glass would you rather put before a guest?



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SE COOK BOOK continued

## Ham Mousse Madeira

## lopes plain gelatin

cold chicken stock
hot thick velouté sauce (use $1 / 2$ cup hot
cken stock and $1 / 2$ cup milk as the liquid)
p Madeira or cream sherry
s diced, trimmed cooked ham spoon dry mustard
espoon bottled A.1. steak sauce
poon grated orange peel

## espoon grated onion

espoon lemon juice
rous pinch each: ground thyme, cloves reshly ground black pepper to taste
b commercial sour cream
ups heavy cream, whipped
es for garnish
kle gelatin over cold stock to soften, then nto hot sauce. Add wine, ham, mustard, sauce, orange peel, onion, lemon juice, and nings. Purée in blender until smooth (in two ons if blender is small). Tint mixture a oink with red food coloring, if necessary, = cream will gray the ham. Chill until thick ot set. Gently stir in the sour cream, then in the whipped cream. Turn into a 6 -cup and chill several hours or overnight. Unon a chilled plate and garnish with crisp s. Spiced peaches or apricots are a good apaniment. Makes $6-8$ servings.

## Chicken Mousse, Chaud-Froid

ups strong, clear chicken stock e each: lemon, onion
bouquet (parsley, 1⁄3 bay leaf,
loves, 1 tablespoon tarragon
d in a cheesecloth bag)
elopes plus 2 teaspoons plain gelatin
dry white wine
s ground cooked chicken
lespoons grated onion spoons grated lemon peel on juice
lespoons chopped truffles (optional)
neg, cayenne pepper, salt,
pnosodium glutamate
ups heavy cream
ep mayonnaise
ner the stock with the lemon and onion slices herb bouquet for 15 minutes. Strain and re= $11 / 4$ cups for the chaud-froid sauce. Sprinkle velopes gelatin over the wine to soften. Add ps of remaining stock and stir over low heat gelatin is melted. Blend in chicken, grated n , lemon peel, 1 tablespoon lemon juice and les. Season rather highly with about $1 / 4$ teaf nutmeg, generous dashes of cayenne, salt, monosodium glutamate. Chill until thick not set. Fold in 1 cup cream, whipped until y peaked. Pour into a 6 -cup ring or mold chill until firm, several hours or overnight. nold onto cold plate; cover with plastic wrap refrigerate. Sprinkle 2 teaspoons gelatin over reserved $11 / 4$ cups cold stock. Stir over low 0util melted. Set aside 2 tablespoons of c. Chill the rest until syrupy-thick, then beat emaining $1 / 2$ cup cream, the mayonnaise, and ttle lemon juice. Chill the sauce until thick spoonable. Spoon over mousse, coating in an a layer. Decorate with diamond cut-outs of fle or ripe olive and lemon peel dipped in the blespoons reserved liquid aspic. Garnish plate h watercress and melon crescents, if you like. kes about 8 servings.

## Shrimp Mousse in Aspie

Frozen cream of shrimp soup is a quick substitute for the classic fish velouté in this mousse.

3 envelopes plain gelatin
3 cups cold, clear, fat-free fish or chicken stock

## Lemon juice

Salt, monosodium glutamate
$11 / 2$ teaspoons dried dill or 1 tablespoon fresh chopped dill
10-ounce can frozen cream of shrimp soup, defrosted
3 cups cooked, deveined shrimp
1 tablespoon minced green onion
Tabasco to taste
$1 / 2$ cup commercial sour cream
1 cup heavy cream, whipped
Green pepper slivers, dill sprigs
Sprinkle 1 envelope gelatin over 2 cups stock in a saucepan and stir over low heat until gelatin is melted. Season rather sharply with about 2 tablespoons lemon juice, a little salt, and monosodium glutamate. Strain through several layers of wet cheesecloth. Chill until syrupy-thick.


For mousse, sprinkle 2 envelopes gelatin over remaining 1 cup cold stock then stir over low heat until gelatin melts. Add dill, soup, 2 cups shrimp, and purée in blender until smooth (blend in two portions if necessary). Add onion, Tabasco, lemon juice and salt to taste. If mixture is pale, tint with a few drops of red food coloring so the mousse will be a pretty soft pink after the cream is added. Chill until thick but not set. Line a 6 to 7 -cup mold with syrupy aspic and decorate with thin lengthwise slices of a few of the remaining shrimp and the green pepper slivers. Gently fold the sour cream and whipped cream into the mousse. Spoon carefully over aspic layer. Cover with plastic wrap and chill until firm (several hours or overnight). Unmold and decorate with fresh dill and remaining chilled shrimp. Makes 8 or more servings.

## Variations:

1. Substitute chicken for the shrimp, chicken velouté sauce for the shrimp soup. Season with 2 teaspoons curry powder.
2. Substitute lobster or crab for the shrimp, 1 cup each clam and tomato juice for the chicken stock used in the clear aspic.
 Garnish with shrimp and dill.

## Avocado Mousse Picante

The avocados must be soft and fully ripened.
2 envelopes plain gelatin
2 cups cold chicken stock
$1 / 4$ cup lemon juice
2 tablespoons red wine vinegar
2 tablespoons minced green onion
$2 \cdot 3$ soft-ripe avocados ( 2 cups purée)
2 teaspoons salt (approximately)
$1 / 4-1 / 2$ teaspoon Salsa Jalapeña or Mexican hot sauce (available in Mexican groceries or specialty shops)
$1 / 3$ cup mayonnaise
1 cup heavy cream, whipped
Romaine and crab legs or peeled sliced tomatoes for garnish

Sprinkle gelatin over cold stock. Stir over low heat until melted. Add lemon juice, vinegar, and onion. Refrigerate until cold but still liquid. Halve, seed, and peel avocados, sieve or mash with a silver fork, then beat until smooth and creamy. Measure 2 cups purée. Blend in the cold aspic. Season with part of the salt and hot sauce; blend in the mayonnaise. Taste and add more seasoning as needed, and tint with a little green food coloring, if necessary. Chill until thick but not set. Fold in the whipped cream. Pour into a 6 -cup ring or mold; cover with plastic wrap and chill until firm, several hours or overnight. Unmold onto a chilled plate and garnish with romaine and crab or tomatoes. Makes $8-12$ servings.

## Cucumber Mousse

2 cups peeled, seeded, and diced cucumber (3-4 medium cucumbers)

## Salt

$1 / 2$ teaspoon sugar
1/4 cup white wine vinegar
3 envelopes plain gelatin
2 tablespoons coarsely cut fresh mint leaves
2 slices onion, coarsely chopped
$1 / 3$ cup parsley leaves, stripped of stems
$11 / 2$ cups commercial sour cream
$1 / 4$ cup mayonnaise
1/4 teaspoon Tabasco, or to taste
Fluted cucumber slices, fresh dill or mint leaves

Sprinkle cucumber lightly with salt and the sugar. Let stand about 20 minutes. Combine vinegar and 1 cup cold water in a saucepan, sprinkle gelatin on top to soften, then stir over low heat until the gelatin is melted. Add 1 teaspoon salt and the mint leaves. Drain cucumber and purée in blender with onion and parsley. Pour in liquid gelatin and blend uatil smooth, a few seconds (there should be tiny flecks of parsley and mint left in the mixture). Refrigerate or quick-chill in freezer until thick and heavy, but not set. Beat in sour cream and mayonnaise. Season with Tabasco, and salt if needed. Pour into a l-quart mold; cover with plastic wrap and chill until set, 3-4 hours. Unmold on a chilled plate and decorate with cucumber slices and bouquets of dill or mint. Makes 4.6 servings.

# Tongue Mousse Indienne 

1 smoked beef tongue (3-4 pounds)
$21 / 2$ cups cold consommé
2 envelopes plain gelatin
2 teaspoons curry powder
$1 / 4$ cup grated onion
1 teaspoon prepared mustard
2 tablespoons lemon juice
$1 / 2$ cup mayonnaise
1 cup heavy cream, whipped
Small leaves chicory
Cover tongue with cold water and bring to a boil. Taste water and if too salty, drain and start again with fresh water. Simmer tongue until tender, 3-4 hours. Cool. Remove skin and gristle. Put the meat through a grinder twice, using the finest blade, or purée in a blender with part of the consommé. Measure $31 / 2$ cups ground tongue. Put the cold consommé in a saucepan and sprinkle gelatin and curry powder over it. Stir over low heat until gelatin is melted. Cool for a few minutes; then blend in the ground tongue, onion, mustard, and lemon juice. Chill until thick but not set. Fold in the mayonnaise, then the whipped cream. Pack in a 6 -cup mold and chill several hours, until firm. Unmold and garnish with chicory. Serve with Chutney Sauce. Makes 6.8 servings.

## Chutney Sauce

$1 / 2$ cup mayonnaise
$1 / 2$ cup commercial sour cream
2 tablespoons chopped chutney
$1 / 4$ teaspoon curry powder
Combine all ingredients and chill.

## DESSERT MOUSSES

Most dessert mousses are served chilled, jellied, or frozen; the hot type being in the minority. The jellied mousse may be a jellied fruit or flavored puree plus whipped cream with the same general proportions as the savory mousse. But, like the savory mousse, it has many rich and fanciful variations. The most elegant and ornate dessert mousses start with a thick creme Anglaise or custard made with a double measure of egg yolks. Liquid gelatin and puréed fruits or flavors are added to this and whipped cream folded in when the mixture has thickened enough to support it.

The frozen mousse is easiest of all to make since it is basically just flavored whipped cream frozen without stirring. Sieved fresh or canned fruit or juices may be added, or such flavorings as chocolate, coffee, crushed dry macaroons, nuts and nut brittles, brandy, rum, and all the liqueurs. A little gelatin, usually no more than 1 teaspoon per cup of purée, or stiffly whipped egg whites are often used as stabilizers, particularly with fruit mousses. In many of the classic recipes, no stabilizer was needed because the high proportion of cream to fruit negated the possibility of ice crystals but today our preference is for less cream. A happy balance with a good taste is about equal parts cream and fruit.

For the best flavor and texture, allow the frozen mousse to stand after it is unmolded-5-8 minutes for a small mold, 10-12 for a large.

## Jellied Fruit Mousse

This basic fruit mousse can be varied indefinitely. Use flavorful, bright fruits like raspberries,
strawberries, blackberries, cherries, peaches, plums, apricots, nectarines, pineapple (if fresh, it must be cooked), papaya, etc. alone or in combinations such as peach with raspberry. Orange, lemon, or lime juice, and apricot, guava, or papaya nectar may be used as part of the purée. If you like, add a touch of fruit-flavored liqueur or brandy to the mousse or sauce-Grand Marnier or Cointreau with strawberries, brandy with peaches, kirsch with most fruits.

1 cup puréed fruit (increase fruit purée to
$11 / 2$ cups for a more solid mousse; reduce cream to $1 / 2$ cup)
4-6 tablespoons sugar
Lemon, orange, or lime juice, or liqueur
1 envelope plain gelatin
$1 / 4$ cup cold water or juice
1 cup heavy cream, whipped until softly peaked
For 1 cup fruit purée, you will need at least 1 pint of berries, 1 pound of peaches or similar fruits. Peel fruit, if necessary, and sieve, or purée in the blender. Sweeten to taste and accent with fruit juice, liqueur, or whatever seems compatible with the fruit. (If canned fruits are used, reduce sugar to 3 tablespoons, or to taste.) Sprinkle gelatin over cold water or juice and dissolve over hot water in a double boiler. Stir into fruit purée. Chill until thick but still shaky. Fold in whipped cream. Pour into a $11 / 2$-pint wet mold and chill until firm, several hours. Unmold on a chilled plate and serve with a colorful fruit sauce. Makes 4 servings.

## Almond Praliné Charlotte

6 eggs yolks
$1 / 2$ cup sugar
$11 / 2$ cups milk, scalded
Salt
2 envelopes plain gelatin
$1 ⁄ 2$ cup Almond Praliné powder
2 tablespoons dark rum or rich cream sherry
1 teaspoon vanilla extract
$1 / 4$ teaspoon almond extract
2 cups heavy cream, whipped until softly peaked 12 ladyfingers, split, lightly toasted
Additional whipped cream, coarsely crushed almond praliné for garnish

With a whip or beater, beat egg yolks in top of double boiler until light. Gradually beat in sugar

until mixture is creamy-pale and thick. Slow stir in hot milk and a pinch of salt, stirring con stantly. Cook and stir over hot, not boiling, w ter just until custard thickens enough to coat th spoon and has a creamy, cooked look and tast Do not overcook or it will curdle. Soften gelati in $1 / 3$ cup cold water and dissolve in the hot cu tard. Stir in the praliné powder, rum, and e tracts. Chill until thick but not set. Gently fol in the cream. Line the sides (not the bottom of a 2-quart charlotte or other straight-sided mol with ladyfingers, standing them upright an close together. Carefully spoon in the mouss Cover top with more ladyfingers. Cover mol with plastic wrap and chill until set, sever hours or overnight. Unmold on a plate and dece rate base with rosettes of whipped cream. Sprin kle the top with coarsely crushed praliné. Make 8 servings.

## Almond Praliné

$1 / 2$ cup granulated sugar
1/4 cup water
$1 / 8$ teaspoon cream of tartar
$1 / 2$ cup chopped blanched almonds
Combine sugar, water, and cream of tartar in small heavy saucepan. Stir over moderate hea until sugar dissolves. Add almonds and boil with out stirring until syrup and almonds are a ric caramel color. Turn out onto a cold marble sla or jelly-roll pan and cool. Break into piece then crush either coarsely or into fine powde with a rolling pin or in the blender. Make about 1 cup. If stored in an air-tight jar, it wil keep for weeks.

Variation: For Ginger Mousse, substitute $1 / 4 \mathrm{cu}$ finely chopped preserved ginger and syrup for th praliné powder, and use all vanilla extract. Do not line mold with ladyfingers. Decorate un molded mousse with ginger pieces and pre served kumquats.

## Frozen Mousse Grand Marmier

## 2 egg whites

Salt
6 tablespoons sugar
1 cup heavy cream
$1 / 4$ cup Grand Marnier
Beat egg whites with a pinch of salt until softly peaked, then gradually beat in $1 / 4$ cup sugar until meringue is stiff and shiny. With same beater, whip cream until stiff, then beat in rest of sugar. Gently blend in Grand Marnier. Fold in egg whites. Turn into a 1 -quart mold or individual molds and freeze until firm, several hours. Unmold and serve with Berry Sauce. Serves 4-6.

## Berry Sauce

Defrost a 10 -ounce package of frozen strawberries and a 10 -ounce package of frozen raspberries just enough to drain excess juices. Purée in a blender until smooth. Strain and add Grand Marnier to taste.

## Variations:

1. Substitute any favorite liqueur-Curaçao, framboise, crème de menthe, Triple Sec, Cointreau, Kahlúa, or the fruit-flavored brandies - for the Grand Marnier. Adjust sugar accordingly. 2. For Tropical Rum Mousse, omit liqueur and sauce. Instead, drain and purée in blender a 1 pound can tropical fruit salad (papaya, pineapple, banana, guava). Add 2 tablespoons golden rum, 1 teaspoon lemon juice. Fold into meringue, and then fold in whipped cream.

VE dRINKS AND WINES OF MEXICO inued from page 80
of the mixed tequila drinks are splendid aperitifs especially it neal to follow is Mexican.
Sauza. Cuervo, and Arandas are the brands of tequila most liar to Americans but now that production is carefully coned in large distilleries, the bottled spirits served and sold or the many other brand names can be equally trusted.
One may sometimes have the good fortune to come across of the fruit tequilas, which are also from Jalisco. (There is ack one flavored with prunes which is very good indeed.) e are best taken straight either as aperitifs or liqueurs. Guajara, the capital of Jalisco, is the most likely place to enter them.

## The local brews

the beers of Mexico are good and, well chilled, are peraps your best bet with the more picante dishes of the ican kitchen. Beer is brewed all over the Republic and the ce is wide. Some of the most popular beers are from Veracruz h produces the dark XX beer (ask for dos equis) and a newer , XXX, which comes both light and dark (ask for tres equis $a$ or tres equis oscura). There is also an in-between beer, Su or. From Monterrey in the north comes a very popular light . Bohemia, and the heavier Carta Blanca. At Christmas time, terrey produces a stout called Noche Buena, supplies of which etimes linger on. The Baja California beer, Tecate (in ben light and dark), is now being produced in Monterrey. It the first of the Mexican beers to be canned, but nowadays of the beers are available either canned or bottled. Chizua produces an excellent, although hard to find, light beer, Blanca. If you are dining on Mayan food in a Yucatan restau, it is worth asking for Carta Clara or Carta Negra, the light dark beers for which Yucatan is famous. At the end of the , with your coffee, you might also try the local liqueur, bentun, which is made from squash blossoms and honey.

## The wine resurgence

panish mission fathers first established the wine industry in Mexico. planting grapes and making both wine and brandy. In today some of the best known wines come from the old sión Santo Tomás in Baja California, now of course a secular yard. There is a good deal of controversy surrounding the ustry. Some hold that the climate is not conducive to the wing of wine grapes so that production has remained small quality inferior. Others say that the wine industry was dealt arp blow during the colonial period by the Spanish monarchy ch became jealous of its success and, wishing to protect the he product, barred the growing of wine grapes and the making vine. Whatever the truth of the matter, the wine industry is still he process of being created and regularly goes two steps ford and one backward.
Brands, prices, and quality of wines change with amazing ed in Mexico, but having just returned from a trip there, I can ak of the wines with some confidence. On this visit I found the ustry in the two-steps-forward stage and was so heartened by at I saw and drank that I am wondering if this time, perhaps, are not about to witness the third step forward. It is to be hoped for many of the more delicate dishes of the Mexican kitchen rit wine as an accompaniment-Pollo Almendrado and Pollo de to name two.
Among the new wines I encountered was a very pleasant rosé led Rubi. It seemed to me that the Alamo vineyard wines had proved and it was also good to see old friends in fine shapeato Tomás, Santa María, Marqués del Valle, Terrasola, Verdiand others I did not have the opportunity to sample. The wines not yet rise above the level of a decent vin ordinaire but then

Continued on the next page



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NATIVE DRINKS AND WINES OF MEXICO
continued from preceding page
neither does the price. My advice is to consult the wine list-if a restaurant serves local wines at local prices (I would think this should be roughly half the price of a drinkable wine in a middlepriced U.S. restaurant), it is worth risking.

You might say Mexican wine comes in three flavors-red, white, and rosé (if one may joke about so serious a subject) -but I did note a very pleasant Alamo demi-sec that is agreeable with many Mexican fish and poultry dishes. Another wine new to me was Lorimont, a red, claret-type wine produced by the San José vineyards at Tequisquipan which I found pleasant.

The main wine producing states are Aguascalientes, Baja California, Coahuila, Chihuahua, Durango, and Querétaro. Aguascalientes celebrates a festival of the grape, Feria de la Uva, each year.

A popular native Mexican drink is Sidra, a sparkling apple wine having the same alcoholic content as table wine. It is of Spanish origin and the bubbles give it almost the social status of champagne. I don't care for it, but this is strictly a personal taste and should not keep you from trying it.

## Regional drinks and refrescos

F or those who prefer non-alcoholic drinks Mexico has much to offer. There are all the usual bottled brand-name drinks by now familiar the world over, but in addition there are local refrescos such as Chía, a drink made from small black chía seeds which become gelatinous in water (they are soaked in limeade and the drink is taken unstrained), Agua de Jamaica made from the stamens of the Rosella or Jamaica sorrel flower, and Agua de Tamarindo, made from ripe tamarind fruit. These are often served in restaurants specializing in Mexican foods. Always fresh, never bottled, these drinks are brought to the table in generously
proportioned jugs, and in hot weather are wonderfully refreshing.
There are a few stronger regional drinks worth keeping an eye out for. Campeche produces Nance (pronounced nanche) from the fruit of the nance tree. It is sometimes called Habanero and is a pleasant drink, not very alcoholic. Coahuila produces Sotol (from the sotol plant, one of the liliaceas) that is rather more alcoholic. Nayarit makes a drink, Tusca, from the heart of the cocotera palm, and various states, including Puebla, Tabasco, and San Luis Potosí make caña, a sugar-cane brandy or aguardiente. San Luis Potosí also produces colonche made from tuna, the fruit of the prickly pear cactus. These all make pleasant, adventurous drinking.

## Adopted spirits

Brandy, mixed with soda, as an aperitif or drunk straight, Dafter dinner, is becoming increasingly popular in Mexico, since the famous Spanish house of Pedro Domecq set up a distillery there to make two of its brandies, Presidente and Don Pedro. There are also a number of other acceptable brandies, such as the long-produced Madero.

A considerable number of liqueurs are also produced, the best known of which is the coffee flavored Kahlúa. Cointreau has been made in Mexico for many years. There are also a group of "cremas"-crème de menthe, de plátano (banana), de mandarina (orange), etc.

## And please do drink the (mineral) water

Aword about the water. What comes from your bathroom or kitchen tap is still not recommended for drinking, but Mexico has many spas that produce much excellent mineral water. I am an aficionada of Peñafiel. I like it con gas (with bubbles), not $\sin$ gas (still). It comes from the springs at Tehuacán, so if you are offered agua de Tehuacán just say $\sin$ or con gas according to your preference. Another pleasant mineral water is Garci Crespo. Hotel room service and restaurants serve either mineral water or a specially purified water called Electropura.


For your kitchen:

## A FIESTA OF MEXICANA

Mexican kitchenware, at times primitive, at times quite sophisticated, has the two-fold blessing of being both pretty and inexpensive. The Mexican cook demands attractive utensils. If a piece of pottery se rompe ("breaks itself"-no Mexican ever does the breaking), it is easily replaced, perhaps with a more beautiful one. Mexican Indians, working in little villages isolated from the commercialism of big cities, show great flair and imagination in their designs, often drawing their inspiration from nature. Everything is handmade and no two designs are ever exactly alike. Here are six bits of Mexicana for your kitchen, each of which rates a resounding olé.


1. Scouring brushes from rice-plant roots that do not absorb water. Washable, durable, non-scratching. About 7 inches tall and wire-bound. $\$ 1.50$ for two. 2. Huge primitive salad bowl of mesquite wood. Each represents a full cut across the tree trunk. Rough in texture, unpolished, uneven on sides. About 20 inches across, 4 inches deep at the highest point. \$20.3. Unusually deep pottery baking dish, decorated with stylized flowers in green, black, and brown on a mustard background. 15 by 12 inches by 3 inches deep. \$8. 4. "The Castle," a swirling fluted tin mold. Holds about 1 quart. $\$ 2.50 .5$. Glazed ceramic casserole, decorated with highly fanciful animals and leaves in green on an earth-brown background. Holds about 2 quarts. $\$ 5.6$. Lacquer trays by one of Mexico's finest artisans, Esperanza Cerda. Fish and vegetable motifs are in vivid colors on black-lacquered wood. 16 by 10 inches, and very lightweight. $\$ 25$. All Mexican pieces can be ordered from La Cocina, 5802 Kennett Pike (Centerville), Wilmington, Del., 19807. CHRISTMAS CARDS
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The new catalogue of famous Metropolitan Museum cards-Leonardo da Vinci, Rembrandt, Dürer-a della Robbia sculpture in shining white and blue, a Valencian panel of angels and golden spires against a starlit sky, an ancient Egyptian lotus tile from the palace of Rameses II, an emerald and sapphire Annunciation in stained glass from the chapel of a medieval castle, the Journey of the Three Kings in scarlet, pink, blue, and gold, an embroidery in colored silks of a lute player, lion, pear tree and fountain, and a Winslow Homer engraving of a Victorian skating party in Central Park are among the more than sixty designs. \& All of the cards are printed under the direct supervision of The Metropolitan Museum of Art in limited editions and cost from 5 to 95 cents each. They can be bought only by mail or at the Museum itself. The forty-page catalogue - which also illustrates Museum jewelry, the new Museum engagement calendar, and other unusual Christmas presents - will be mailed about September first.

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# SHOPPING INFORMATION 

## COVER

Cabinets, St. Charles Mfg. Co.
Ovens, Thermador.
Cooktops, The Tappan Stove Co.
Refrigerator-freezer, Sub-Zero Inc. Sinks, Elkay Mfg. Co.
Faucets, American-Standard. Dishwasher, KitchenAid.
Built-in blender and mixer, NuTone. Inter-com, Bogen.
Chairs, Trouvailles, Inc.
Fabric for seat pads, Stroheim \& Romann, Inc.*
Chandelier, Chapman Mfg. Co.
Built-in can opener, Trade Winds Motorfans, Inc.
Tile flooring, Structural Stoneware.

## KITCHENS

## Pages 36 to 39 :

Range; warming ovens, Thermador. Refrigerator, Chambers.
Dishwashers, KitchenAid.
Lighting fixtures, Lightolier.

## Pages 40 and 41:

Refrigerator, Revco.
Dishwasher, KitchenAid. Broiler, Waste King Universal. Oven, Modern Maid.
Stainless steel cooktop, Universal Chef.
Page 42:
Range top; oven; dishwasher,
Modern Maid.
Cooktop; oven, Tappan.
Stainless steel sink, Elkay.
Countertops, Panelyte.
Cabinet veneer, Georgia Pacific.
Glass, Pittsburgh Plate Glass Co.
Carpeting, "Leisurely," of Dow Ba-
dische's "Weatherbright" acrylic,
Ludlow Corp.
Page 43:
Major equipment, Thermador.
Sink, Elkay.
Refrigerator, Revco.

## Page 44:

Range; oven; hood; disposal, General Electric.
Refrigerator, Frigidaire.
Sink, Elkay.
Dishwasher, Kitchenmaid.
Countertops, Formica.
Wallpaper, Louis Bowen.*
Braid for shade, Brunschwig \& Fils.*
Vinyl flooring, Kentile.
Page 45:
Range, Garland.
Refrigerator-freezer, Chambers.
Dishwasher; coffee grinder, KitchenAid.
Rotisserie, Hotpoint.
Espresso unit, Cimbalino.

## Page 46, bottom:

Refrigerator-freezer, General Electric. Stove, Universal Appliances.
$\overline{\text { Metal wall cabinets, Montgomery }}$ Ward \& Co.
Vinyl wallcovering, Louis Bowen.* Vinyl flooring, Flintkote Co.
Matchstick blind, Johnson Tropical Products.

Copper pots and pans, Bazar Français, 666 Sixth Ave., New York, N. Y. 10010
Stools, House of Spain, 533 N. Wells St., Chicago, Ill., 60600
Lighting fixtures, E. J. S. Lighting Co.

## Page 47, top:

Refrigerator, Frigidaire.
Portable dishwasher; electric range,
RCA Whirlpool Corp.
Double sink, stainless steel with Formica trim, Elkay.
Stainless steel hood, Puriton.
Countertops, Formica.
Wallcoverings, black and white vinyl, Piazza Prints.* Tiger strip vinyl, Pageant.*
Sliding doors, Tropicel.
Lower cabinets, honeycomb plastic with wooden inserts, Russell Reinforced Plastics.
Vinyl asbestos flooring, Kentile.
Ceiling, split bamboo, Azuma, 415 Fifth Ave., New York, N. Y. 10016 Bottom:
TV dinner cooking unit, General Electric.
Wallpaper, Philip Graf.

## Page 48:

Refrigerator; stove; dishwasher, Hotpoint.
Foodwarmer, Cory.
Wooden cabinets, Mutschler.
Spanish tiles, Golbley \& Co.

## Page 49, top:

Cooking counter, made of Pyroceram, glass-ceramic, two-burner unit, $191 / 22^{\prime \prime}$ x $213 / s^{\prime \prime}, \$ 214.95$; four-burner unit, $213 / s^{\prime \prime} \times 321 / 4^{\prime \prime}, \$ 349.95$ (not shown). Counter-saver, Pyroceram, $24^{\prime \prime} \mathrm{x}$ $247 / 8^{\prime \prime}, \$ 32.70$. Food warmer, provides $12^{\prime \prime} \times 24^{\prime \prime}$ of invisible infra-red heat, $271 / 4^{\prime \prime}$ I., $\$ 39.95$.
Covered saucepans, "Cookmates," $11 / 2$ qts., $\$ 6.50 ; 2^{1 / 2}$ qts., $\$ 8.50$; Dutch oven, $41 / 2$ qts., $\$ 13.95$, all by Corning Glass Works.
Compact compressor refrigerator, Norcold Inc.
Bar sink, Elkay.
Walls, sable walnut living wall; Royalcote pegboard; shelves, Masonite.
Micarta countertop, U. S. Plywood.
Wallcovering, "Aruba," hand printed on Tyvek, F. Schumacher \& Co. ${ }^{\text {* }}$
Vinyl flooring, Amtico.
Dairy-bar drink mixer, 20 oz . plastic container, $\$ 14.95$, Iona.
Wicker trivets, set of $5, \$ 8.50$. Salad bowl with removable wicker basket and servers, $\$ 8.50$, Gimbels, Broadway at 33rd St., New York, N. Y., 10001
Thermo-Serv beverage server, insulated plastic, 2 qt., $\$ 6.50$, Blooming. dale's, Lexington Ave. at 59th St., New York, N. Y., 10022
Soda glasses with plastic holders, set of 4, \$6, B. Altman \& Co., Fifth Ave. at 34th St., New York, N. Y., 10016
Copper perforated skimmer, $\$ 14.50$;
sculptured iron trivet, \$14; ceramic spice jars, $\$ 2.50$ ea.; stainless steel strainer, $\$ 3.75$; stoneware collander, $\$ 11.50$; copper turtle grater, $\$ 10.50$; porcelain spoons, a set of $3, \$ 8.75$, Pampered Kitchens, 21 E. 10th St., New York, N. Y., 10003
Dinnerware, plaid stoneware, plates, $10^{\prime \prime}$ or $9^{\prime \prime}, \$ 2.50$ ea.; cups and saucers, $\$ 2.50$ ea. set, Mayhew, 603 Madison Ave., New York, N. Y., 10022
Blue highball and on-the-rocks glasses, "Ambassador," set of $6, \$ 5.95$, Pitman-Dreitzer.
Tulip sundae glasses, $61 / 2$ ozs., 40 c ea., Libbey Glassware.
Water glasses, "Tudor Lime," 11 ozs ., set of $8, \$ 2 ; 14$ ozs., set of $8, \$ 2.50$, Federal Glassware.

## Bottom:

"Radarange" portable electronic range, two timers, 1 to 5 minutes and 1 to 25 minutes, $17^{\prime \prime}$ d., $15^{\prime \prime}$ h., $23^{\prime \prime}$ l., Amana.
Undercounter freezer, Revco, Inc. Self-adhesive vinyl wallcovering, "French Tile," 18 " w., 69c yd., Beh Housewares, 1150 Broadway, New York, N. Y., 10001
Modern pantry, plastic containers, air-tight lids, enamel finished wooden frame, $43 / 4^{\prime \prime}$ h., $231 / s^{\prime \prime}$ l., $\$ 27$ ea., Norsk, 114 E. 57th St., New York, N. Y., 10022

Walnut knife rack, glass front, $8^{\prime \prime}$ w., $9^{\prime \prime}$ h., $\$ 9.98$; Sabatier knives, paring knives, $3^{\prime \prime}$ blade, $\$ 3.98$; $4^{\prime \prime}$, $\$ 4.98$; chef's knife, $6^{\prime \prime}$, $\$ 6.98$; slicer, $93 / 4$ ", \$9.98, Paprikas Weiss, 1546 Second Ave., New York, N. Y., 10028
Yorktown stoneware canister set, set of 4, \$15, Pfaltzgraff Co. Vinyl asbestos flooring, Flintkote.

## mexican table setting

## Page 75, bottom

Flatware, "Valencia," sterling, 5-pc. place setting, \$65, water goblet, "Esperanto" in 1847 Rogers Bros. silverplate, International Silver Co.
Dinnerware, "Bird N Hand" 45-pc. service for $8, \$ 39.95$, Franciscan Dinnerware. Table, marble top, $42^{\prime \prime}$ diam., Laverne.*

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john wanamaker
Market \& 13th Streets
Philadelphia, Pa., 19107
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12th \& K Streets
Sacramento, Calif., 95803

## PARSONS TABLES

## Page 78:

All tables of birch tops, maple legs, sanded and ready to finish, sizes to order, Lumbercraft, East, 1416 Second Ave., New York, N. Y., 10021
Top to bottom:
Tables, $18^{\prime \prime}$ cube, unfinished, $\$ 38.95$ ea., Lumbercraft, East.
Découpage kit, includes shell prints, paste, layout and instructions, $\$ 7.95$ per table; catalogs for découpage materials; embossed foil border and ornaments, 50 c ea., Patricia Nimocks, Inc., P. O. Box 7187, Louisville, Ky., 40207
Snakeskin table, $18^{\prime \prime}$ sq., $221 / 2^{\prime \prime}$ h., unfinished, $\$ 38.95$, Lumbercraft, East.
Python skins, 12 ft to 15 ft . long, Janice Leather, Ltd.*
Paisley table, $32^{\prime \prime}$ sq., $30^{\prime \prime}$ h., unfinished, $\$ 52.95$, Lumbercraft, East.
Vinyl paisley covering, $54^{\prime \prime}$ w., $\$ 2.20$ yd., by Tiger.
Page 79, top to bottom:
"Malachite" table, 24" cube, unfinished, $\$ 38.95$, Lumbercraft, East.
"Malachite" fabric, 48" w., cotton, $\$ 12.50$ yd., David Barrett Interiors, 24 E. 54th St., New York, N. Y., 10022 Formica covered table, $18^{\prime \prime}$ w., $413 / 4^{\prime \prime}$ 1., $30^{\prime \prime}$ h., $\$ 114.95$, Lumbercraft, East. Ceramic tile top table, $25^{\prime \prime}$ w., $65^{\prime \prime}$ l., $30^{\prime \prime}$ h., unfinished, $\$ 78.95$, Lumbercraft, East.
Ceramic tiles, $\$ 2.45$ sq. ft., Country Floors, Inc., 214 E. 26th St., New York, N. Y., 10010
Faux Marbre table privately owned
by Mrs. Morris Yarosh of the Isabel O'Neil Studio-Workshop. Instructions for Isabel O'Neil's fantasy finishes (50c) are available through House \& Garden, Dept. FF, P. O. Box 1910, Grand Central Station, New York, N. Y., 10017

## red, white and blue

## Page 63, bottom center:

Flatware, "Meadow Song" sterling, 6$\overline{\mathrm{pc} . \text { place setting, } \$ 66 \text {, Towle. }}$
Dinnerware, "Acapulco" Melamine, $45-\mathrm{pc}$. service for $8, \$ 29.95$, Allied Chemical.
Handblown glass goblets, $7^{\prime \prime}$ and $61 / 4^{\prime \prime}$ h., set of $8, \$ 18.50$. Antique French park chairs, $\$ 125$ ea.
Antique English butter spreaders, set of $6, \$ 25$. Shell and coral epergne, $\$ 95$, R \& R. Robinson, 1290 Third St. South, Naples, Fla., 33940
Page 64, top left:
Tablecloths made from scarves, by Vera. "Shifting Stripe," 28 " sq., cotton, \$3 ea. Flatware, "Line" stainless steel, $5-\mathrm{pc}$. place setting, $\$ 7$, by Fraser's Stainless. Dinner plates, "LaFayette," $\$ 3.75$ ea., all at Blooming. dale's, Lexington Ave, at 59th St., New York, N. Y., 10022
Glasses, double Old-Fashioned, $\$ 4.50$ ea.; highballs, $\$ 4.25$ ea., Ginori Fifth Ave., 711 Fifth Ave., New York, N. Y., 10022
Pewter salt and pepper mills, $\$ 18$ pr., Au Bon Gout, 6 Via Mizner, Palm

## Beach, Fla., 33482

Top center:
Bentwood table, Formica top, $42^{\prime \prime}$ diam., $293 / 4^{\prime \prime}$ h.; chairs, cane seats, $341 /{ }^{\prime \prime}$ " high, Otto Gerdau Co. ${ }^{*}$
Flatware, "Queen Anne" stainless steel, knives, $\$ 4.20$ ea., forks, $\$ 1.70$ ea., teaspoons, $\$ 1.25$ ea.
Cups and saucers, "Designer's White," $\$ 3.50$ set. Egg coddlers, $\$ 2$ ea. Tin milk jug, 1 qt., $\$ 7.50$. Aluminum espresso pot, 8 -cups, $\$ 4.50$. Linen napkins, 75c ea., all from Bloomingdale's. Dinner plates, "Blue Tower," $\$ 3.20$ ea., Spode, Inc.
Woven wood blind, "Trellis," 40 " w., $60^{\prime \prime} 1$., made to order by Manhattan Shade \& Glass Co., Inc., 1297 Third Ave., New York, N. Y., 10021
Sink, Kohler Co.
$\overline{\text { Vinyl }}$ flooring, Eden Mfg. Corp.

## Bottom left:

Plexiglas lamp, $\$ 85$. Blocks, $\$ 4.50$ doz., all from Design Research, 53 E. 57th St., New York, N. Y., 10022
Bedspread, "Piping Rock," cotton, twin, $\$ 10.98$, Bates.
Stack tables, "Gatti" fiber glass, largest, $19^{1 / 2^{\prime \prime}}$ sq., $9^{1 / 22^{\prime \prime}}$ h., comes in a set of 4, Atelier International.*
Mirror, 28" sq., \$70, Georg Jensen, 667 Fifth Ave., New York, N. Y., 10022

## Canisters, set of $4, \$ 5.98$

Paper English guardsmen, small, \$1.19. Chests, 3-drawer, \$3.98, 5-
drawer, \$5.98, all from Azuma Inc., 415 Fifth Ave., New York, N. Y., 10016

## Bottom right:

Director's chairs, wooden frames, canvas covers, $\$ 13.50$ ea.
Folding stool with wooden tray, $\$ 15.95$.
Folding screen, canvas panels, $52^{\prime \prime}$ w., $51 / 2^{\prime}$ h., $\$ 29.95$. Ac'cent lamp, satin chrome base, $5 \overline{61 / 2^{\prime \prime}} \mathrm{h}$., $\$ 33.50$, all from Jensen-Lewis, 156 Seventh Ave., New York, N. Y., 10011
Bunk beds, \$80, Kemp Furniture Co. Wallpaper and matching $50^{\prime \prime}$ w. cotton fabric, "Tiger," Leoda de Mar, Inc. ${ }^{\text {* }}$
Laminated window shade, Window Shade Mfrs. Assoc.
Rug, "Moire," Zefran and nylon, $4^{\prime} \times$ 6', \$111.60, by Regal Rugs at W \& J Sloane, Fifth Ave. at 38th St., New York, N. Y., 10018
Ceiling fixtures, brass stems, $\$ 27.50$ ea., Lincoln Light Inc., 761 Tenth Ave., New York, N. Y., 10019
Vinyl asbestos flooring, Armstrong Cork Co.
Paper poppies, $13^{\prime \prime}$ diam., $\$ 2.50$ ea., Spectrum Imports, 2121 Broadway, New York, N. Y., 10023
Page 65, bottom right:
Tablecloth fabric, "Delmonico," 49" w. cotton and linen, Franciscan Fabrics.*
Flatware, "Obelisk," stainless steel,

5-pc. place setting, \$7, Blooming. dale's.
Dinner plates, $\$ 1.59$ ea.
Lotus bowls, 39c ea.
Sauce plates, 39 c ea., all from Azuma. Opaline goblets, $\$ 4$ ea., Au Bon Gout. Page 66:

1. Through interior designers.
2. Candle holder, $\$ 4.95$; candles, $\$ 1.95$ doz., at Bloomingdale's, New York; Kaufmann's, Pittsburgh.
3. Pot holders, $\$ 1.50$ ea., The Threepenny Bit, 1212 31st St., N.W., Washington, D.C., 20007
4. Through interior designers.
5. Placemats, $\$ 5$ ea.; napkins, 90 c ea., Lord \& Taylor, Fifth Ave. at 38th St., New York, N. Y., 10018
6. Train case, $\$ 20$; suitcases, $111 / 2^{\prime \prime}$ h., $4^{1 / 22^{\prime \prime}}$ w., $17^{\prime \prime} 1 ., \$ 20 ; 12^{\prime \prime}$ h., $6^{\prime \prime}$ w., $19^{\prime \prime} 1 ., \$ 22.50 ; 16^{\prime \prime}$ h., $61 / 2^{\prime \prime}$ w., $21^{\prime \prime}$ l., \$27, Bloomingdale's.
7. Lamp and shade, Edward Krumpe, Inc.*
8. Platter, $\$ 12$; plate, $\$ 4.50$; bowl, $\$ 3$; cup and saucer, $\$ 4.50$; coffeepot, $\$ 10$, imported by Blooming. dale's.
9. Lamps, $\$ 15$ ea., Bloomingdale's.
10. Through interior designers.
11. Through interior designers.
12. Brass candle holders, $\$ 4.95$ ea.; candles, $\$ 2.50$ ea., Bloomingdale's.
13. Towel, $18^{\prime \prime} \times 27^{\prime \prime}, \$ 3$, Scarabaeus,

Continued on page 93


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UNION-NATIONAL, INC. - JAMESTOWN, NEW YORK

CREATE YOUR OWN INSTANT ANTIQUITIES continued from page 61


CROSS SECTION OF CANDLE MOLD HOLLOWED OUT OF THE SAND

## ADDING

DECORATIONS


To make a fluted edge like the one on the large candle on page 61 cut uniform pie- or petal-shaped sections with a palette knife through the smooth top sand around the bowl opening. You can punch the little knobby "hobnails" into the bowl's sides with the blunt end of a pencil, or "draw" horizontal or vertical ridges with the sharpened end.


HOW TO MAKE THE LEGS
To make a flat pedestal for the legs of your candle, grind the softdrink can about $1 / 2$-inch into the bottom of the bowl, above left, lifting out the wafer of sand. Then, inserting the 1 -inch tubing near the perimeter of the pedestal, above right, grind and lift out as many legs as you wish-at least three, for sturdiness.

INSERTING WICKS
AND POURING WAX


Lay a wooden dowel across the top of the sandbox, above, and wrap the wick securely around it, lowering one end into the center of the bowl until it reaches about $1 / 4$ inch from the leg-pedestal (see cross-section, top of page). For the large candle on page 61, you will need about 4 pounds of paraffin altogether. In a double boiler, melt enough for a layer about an inch deep (warning: paraffin heated directly over an open flame will explode). When the paraffin is melted, stir in powdered dye, and continue to heat until your candy thermometer reaches $250^{\circ}$ to $300^{\circ}$-the tem-
rature range at which sand clings best to wax. Pour the molten x very carefully into the bowl. While this layer sets, heat enough raffin for a second layer, add dye of a different color, and conue this procedure, alternating colors, until the bowl is brim 1. Wait for the candle to harden completely. It will be ready en the wax is slightly warm just around the wick.

## VEARTHING DUR PRIZE


g carefully in the sand around the candle with the handle of spoon, until you can reach in around it with your hands (see otograph on page 60). Making certain that the legs are free, ntly lift the candle from the sand, plunge it into the bucket water, and scrub it thoroughly with a wet vegetable brush. The nd that remains after such determined scrubbing is there to stay.

To level the legs, place the candle in an electric skillet set the lowest heat (or, if you watch it very, very carefully, in an dinary skillet over an extremely low flame), and watch the indle at eye level, ready to snatch it off the skillet the moment settles level.

After your candle has burned a hole nearly to the bottom of e wick, you can continue using the shell by inserting a votive andle in the opening.

For a kit containing a coil of wire-wick and six powdered dyes -yellow, red, orange, blue, purple, turquoise-send $\$ 2.50$ to The andle Shop, 632 Westbury Square, Houston, Tex., 77035.

PPING INFORMATION nued from page 91
d., 223 E. 60th St., New York, Y., 10022 lugs, $\$ 3$ ea., imported by Bloomydale's.
hrough interior designers. hrough interior designers. 67:
abric, "Go Go Stripe" 48" w. cotn, $\$ 3.49$ yd., Blcomeraft.
hrough interior designers.
amp, \$12, Paper Moon, 436 E. 6th St., New York, N. Y., 10028 abric, "Ginghamette," 54 " w. coton, $\$ 2$ yd., May D\&F. hrough interior designers. Cocktail table, $\$ 175$, Scarabueus. ondue pot, $\$ 10$; set of 6 forks, $\$ 5$, Filene's, Beston, Mass. Through interior designers. Chair, \$503, Dux.
Fabric, $45^{\prime \prime}$ w. cotton, $\$ 3$ yd., Tiger. Through interior designers. Through interior designers. Vinyl tile, $\$ 3.50 \mathrm{sq}$. ft., installed, Eden Manufacturing Corp. Classes, set of 8 , cocktail, $\$ 3.29$; on-the-rocks, $\$ 3.49$, Federal Class

Through interior designers. Saucepans, 1 pint, $\$ 8.95 ; 3$ pints, $\$ 13.95$, Bloomingdale's; Kaufmann's; Jordan Marsh; May D\&F; O'Neil's.

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USSE COOK BOOK
e 81: 
stal jardinière, 9" w., 16" l., 2" d.,
```

\$395, Baccarat, 55 E. 57th St., New York, N. Y., 10022
Fish mold, pewter, $2 \mathrm{qts}$. . $855^{5}$, Hammacher Schlemmer, 145 E. 57 th St., New York, N. Y., 10022
Seashell mold, coppertone anodized aluminum, $10^{\prime \prime}$ w., $10^{1 / 2^{\prime \prime}}$ l., $2^{\prime \prime}$ d., \$3.25, Paprikas Weiss, 1546 Second Ave., New York, N. Y., 10028
Fluted ring mold, tinned metal, $9^{\prime \prime}$ diam.. $\$ 7.50$, La Cuisinière, 903 Madison Ave., New York, N. Y., 10021 Column mold, tinned metal, $6^{\prime \prime}$ dizm., $41 / t^{\prime \prime}$ h., $\$ 10$, Bon Appetit, 113 S .19 h St., Philadelphia, Pa., 19103
Pine cone copper mold, $9^{\prime \prime}$ 1., $\$ 10$, Hammacher Schleminer.
Tiered copper ring mold, $81 / 2^{\prime \prime}$ diam., \$8.50, Pampered Kitchens, 21 E. 10th St., New York, N. Y., 10003
Fluted mold, Superseal Gel-A-Matic, $8^{\prime \prime}$ diam., $\$ 1.49$, Eagle Affiliates. Leaf mold, aluminam, 8" 1., $\$ 2.29$, Paprikas Weiss.
Copper fish mold, $7^{\prime \prime}$ 1., $\$ 4.95$, Bazaar de la Cuisine, Inc., 160 E. 55th St., New York, N. Y., 10022
Copper lobster mold, $10^{\prime \prime} 1$., $\$ 10.98$, Paprikas Weiss.
Coppertone fluted dessert mold, $8^{\prime \prime}$ diam., $\$ 3.25$, Paprikas Weiss.
Crown mold, tinned metal, $6^{\prime \prime}$ diam., $51 / 2^{\prime \prime}$ h., $\$ 10$, Bon Appetit.
Copper grape mold, $5^{\prime \prime}$ w.. $9^{\prime \prime} 1 ., 2^{1 / 2 \prime \prime}$ d., $\$ 9$, Hammacher Schlemmer.


Little Kim was abandoned by her mother in an alley of Seoul, Korea. She was found curled up behind a box, shivering, hungry and frightened.

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And in return you will receive your child's personal history, photograph, plus a description of the orphanage where your child lives. You can write and send packages.

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# "I have not yet, indeed, thought of a remedy for luxury... 

Iam not sure that in a great state it is capable of a remed $y$; nor that the evil is in itself always so great as it is represented.
"Suppose we include in the definition of luxury all unnecessary expense, and then let us consider whether laws to prevent such expense are possible to be executed in a great country, and whether, if they could be executed, our people generally would be happier, or even richer.
"Is not the hope of being one day able to purchase and enjoy luxuries, a great spur to labour and industry?
"May not luxury, therefore, produce more than it consumes, if, without such a spur, people would be, as they are naturally enough inclined to be, lazy and indolent? To this purpose I remember a circumstance.
"The skipper of a shallop, employed between Cape May and Philadelphia, had done us some small service, for which he refused to be paid. My wife, understanding that he had a daughter, sent her a present of a new-fashioned cap.
"Three years after, this skipper being at my house with an old farmer of Cape May, his passenger, he mentioned the cap, and how much his daughter had been pleased with it.
"'But' (said he) 'it proved a dear cap to our congregation.'
"How so?"
" 'When my daughter appeared with it at meeting, it was so much admired, that all the girls resolved to get such caps from Philadelphia, and my wife and I computed that the whole could not have cost less than a bundred pounds.'
"'True', (said the farmer) 'but you do not tell all the story. I think the cap was nevertheless an advantage to us; for it was the first thing that put our girls upon knitting worsted mittens for sale at Philadelphia, that they might have wherewithal to buy caps and ribbons there; and you know that the industry bas continued, and is likely to con-

tinue and increase to a much greater valu answer better purposes.'
"Upon the whole, I was more reconciled little piece of luxury, since not only the girls made happier by having fine caps, but the delphians by the supply of warm mittens."
"Poor Richard" put his finger on this simple k an expanding economy over 200 years ago. So, i strange to find people-well-meaning people-i country today who still frown on the luxuries of us work to enjoy? They want the govern to restrict the broad range of products and ser in the marketplace. And to cut back on adver because it makes people want things they don't
Don't need? Well, of course, no little girl a bow in her hair. Yet, Mary Murphy will for top off the apple of her eye with a ribbon. where would the ribbon factories be without And the ribbon clerks?

It is just this very human desire to add the frills to our living that has created our jobs and prosperity . . . the ribbon factories and autom factories and television factories ... and the dynamic economy in man's history. Shouldn' be careful about how we tinker with the forces have created all this? Because the simple, troub truth is, nobody knows for sure how far you regulate our economy without damaging it.

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Stop carpet wear forever! Warco's advanced frame revolutionizes bed thaking. Swing Nething open - Swing - Upper frame only moves on ball bearings. - Lower frame remains stationary. - Locks automatically, open or closed. - Glides easily in and out of position. $\$ 65.00$ each F, O. B. factory. Money-back
guarantee. DEPT. B. WARCO PATENT BED CO


CALLING CARD CUFF LINKS
He'll be pleased as can be with these cuff links and tie clasp that have his signature or business card finely etched in sterling or gold. Intriguing, distinctive-an extrathoughtful gift. Send signature or card.
Tie Clasp, sterling silver . . $\$ 10.00$ 14 K gold ..... $\$ 30.00$
Cuff Links, sterling silver . . $\$ 15.00$ 14 K gold
Write for FREE catalog of gifts.

## Holiday Gifts opet sace. 3047 Pecos St., Denver, Colorado 8022



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(in any market, that is)
These primest of filet mignon are not sold in any market. Yet, you've probably enjoyed them in luxury restaurants. They're Prime Pfaelzer steaks--tender, flavorful, aged. Enjoy them at home, or have them sent as gifts with personalized card. Quick-frozen, packed in dry ice for guaranteed perfect arrival. Box of 16-
6 ox. each, $11 / 4^{\prime \prime}$ thick.
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## MAKE WINE

 AT HOME!
## Federal law permits heads of households to produce

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All new VINO KITS include complete equipment for All new VINO KITS include complete equipment for
easier-than-ever wine making easier-than-ever wine making, reuseable fer
menting/aging tanks, compact water-seal valves, and a saccharometer to scientifically measure suga content for finest wines every time.
23-page booklet with all-season recipes provides practical instruction for year round enjoyment of this fascinating hobby! Satisfaction guaranteed if used as directed.
Standard Kit (Reuseable, 10-bottle capacity) $\$ 6.98$ Master's Kit (Reuseable, 35-bottle capacity) $\$ 9.98$ Citation Kit (Reuseable, 75 -bottle capacity) $\$ 12.98$

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Shopping Around


Raleigh tavern stool
Our Colonial forebears may have had their one for the perched on a hardwood stool this handsome copy. Hand-w fibre rush seat in two hei specify $30^{\prime \prime}$ or $24^{\prime \prime}$. Unfini $\$ 7.95$; light natural finish, $\$$ maple, walnut, pine finish, \$ ( 10 lbs .) Express charges co Jeff Elliot, HG8, Statesville, 28677.

## Hook huddle

Cluster of hooks on $71 / 2^{\prime \prime} \mathrm{h}$. ba a clothes cache with Victorian Each of the 15 black iron h extends a big $71 / 2^{\prime \prime}$ from the to hold a variety of gear wit crowding. Result: even clu bugs find it convenient to use taches to wall easily. $\$ 4.98$ 35 c post. Foster House, Dept. 10991, Peoria, Ill. 61601.

## Show room

Display a collection of spoon their best advantage. Th space for 18 in this deftly-desis two-shelved rack that is pr enough to hang alone. Mad satin smooth colonial brown with a carved angel furbelow, handsome show-off in any roo the house. $13^{\prime \prime}$ by $14^{\prime \prime} . \$ 6.95$
Art Guild Enterprises, HG8, 6462, Minneapolis, Minn. 55


Just your dish
When you share a treasured re with a friend make sure your sine gets proper credit. Perso ized $3^{\prime \prime}$ by $5^{\prime \prime}$ cards printed in with your name in bold black insure immortality for your c ery. Welcome gift for a bride. for $\$ 2.75 ; 200$ for $\$ 5$. Ppd. If prefer yours not personalized, for $\$ 1$. Bruce Bolind, HG8, B der, Colo. 80302.

## Haliday Hang Ups



Unique ornaments cutters decorated with colorful velvet. sparkling gold braids and charming imported minlatures.
$\$ 2.50$ ea. PPD. or kit form $\$ 1.50$ ea, PPD.

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EXQUISITELY DETAILED NEEDLEPOINT COVERS add decorative charm and elegance to your home-put new life into your old ining room chairs! The lovely classical floral pattern-in grounds: black, beige or green. Machine-loomed for long-lasting wear, they look every bit as hand-made as the ones grandmother so painstakingly worked. Foam-backed for a smooth, wrinkleree fit, perfect comfort. $191 / 2^{\prime \prime}$ sq. (cut to fit smaller chairs). 52662 Black. 52522 Beige. 52712 Green. Ea., 2.98; 4/10.98


THIS PROUD PEACOCK PAIR-PLUMAGE UNFURLED majestically in glistening glory-becomes a dramatic focal point over fireplace, mantel, couch, buffet, etc. Sculpturetrous green patina over black- exquisitely finished in lusgolden accents. Choose either the larger or smaller pairgoiden accents. Choose either the larger or smaller pair-
create excitement in living or dining room, den-any room! 37895 Peacock Wall Plaques, $18 \times 22^{\prime \prime}$. 1 Pair, 7.98 36475 Peacock Wall Plaques, $14 \times 20^{\prime \prime} . \quad 1$ Pair, 4.93


VDSOME URGANIZER takes little space desk, chest, bookcase-ends all that desk, chest, bookcase-ends all
tter, brings streamlined efficiency to he and office! ! Crafted of solid matogany richly finished in walnut stain, it has richly finished in wainnt stain, it has
ections to store stationery sort mail, papers; roomy drawer stores pens,
os, stamps, etc. A compact $101 / 2 \times 6 \times 53 / 4^{\prime \prime}$. ss, stamps, etc. A compact
21 Stationery Organizer.


CURRIER \& IVES SCENES ON 4 GRACIOUS MUGS!
Depicting the American countryside as
it looked a century ago are our $8-02$. mugs-each has a famous Currier and lves scene on both Prints are carefully reproduced in soft blue and white on fine-glazed ceramic. They're cozy servers
for your before-the. for your before-the-
fire drinks: lovely fire drinks;
enough for after. dinner coffeel Fluted bases stack. Dishwasher safe. 56473 Scenic Mugs (4). 1 Set, 1.98


RING SUPPORTS END BED SLATS do away with annoying squeaks, sudden ashes to the hard, cold floor, sagging sightly mattresses! They'll take all the ugh-housing a growing family can dish it, too-hold up to 1,000 pounds-safely,
curely! Easy to install. Just remove curely! Easy to install. Just remove pel supports over side rails. They lock emly, permanently in place. Each set of miy, permanente bed
12 For Wood Rail. 18952 For Metal Rail
S 150-YEAR REPUTATION FOR INTEGRITY. STANDS BEHIND YOUR ORDER!
CLOTHES HAMPER HANGS, HOLDS WASHER LOAD!

And, unlike those heavy "floor-grabbing" hampers, it goes right to the machine with you on wasn day! in bossed golden vinyl. bossed goiden vinyl,
sturdy clothes hamper has elastic top to hold front in place, generous flap-clothes won't spill over, your bathroom stays neat! $18^{\prime \prime}$ bottom zipper lets you unload in a snap! Complete with steel hook and grommet to hang on wall or rod, back of door. Buy 2 -with one for colored, the other for white clothes. Measures 18 x 27" overall 20917 Hamper. 1.98



MORE NEW GIFT IDEAS FROM BRECK'S

OF BOSTON • OUR 150TH YEAR M40 BRECK BLDG., BOSTON, MASS. 02210


WORTHY OF CULINARY CREATIONS and, they'll protect your table from ugly heat mars! 3 -piece hot plate set is carefully crafted of provincial finish hardwood with treated cork centers! Gently rec-
tangular in shape, they size from $81 / 2 \mathrm{x}$ $111 / 2^{\prime \prime}$ for the largest to $61 / 4883 / 4^{\prime \prime}$ for the smallest. Carved finger grips on bottom. 59261 Hot Plate Set (3). $\quad 1$ set, 3.98


1000 NAME-ADDRESS LABELS - only \$1! They have hundreds of uses; it's the best way to a clear return address, the smart way to personalize stationery, checks, $15 \times x^{7}$, " in ivory Tenite box Print 3 -line name, address (include your Zip Code). 42911 White ( 1,000 ). 1 Set, $1.00=6 / 5.00$ 47951 Gold Labels (500). $\quad 1$ Set, 2.00

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All the brilliance of rare originals at repricest Gleaming like diamonds $5^{\prime \prime}$ "crystal" prisms of multi- faceted Lustrex are more practical than the costly originals, never yellow, never break! Screw into any out-let-add an accent of sparkling beauty to hall, foyer, dining room, powder room! high; 3.tiered, 8x 11"' high 8 10298 2-Ti 10348 3-Tiered. 2.98


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## Homespun House

 presents its revolutionary new "fan pleating"

## HOMESPUN HOUSE



on a coil of plastic track ! Unlike anything you've ever seen, stacks luxurous $21 / 2$ fullness into less that half the rod space required for our conventional pinch
pleating. Compare \& choose the best for you!

C. 的only $\$ 3.98$ a yard and it's 10 feet wide! Decorators "up end" one picee to drape the widest window floor-to-ceiling-no seams to sew or show. 5 airy open weaves. 3 Pearlspuns, 7 heavy sturdy cottons that launder fluff dry, never ironed. Primitive weaves that look hand-woven. Smart, too, for slipeovers. bedspreads, tablecloths. Natural, white or custom matched to your swatch or paint chip. $\$ 3.98$
c䍚 world's widest seamless draperies!
Your choice of yardage, do-it-yourself pleatins materials-or complete, made to measure drat.
eries (handsomer at low. low cost because they're seamless!). Factory-direct prices.

For brochure and 40 samples, send 25 e (or 50c for airmail)

## GET SMARTY TABLE only \$5.95

Plus $\$ 1.00$ for postage and handling
Why spend a lot of money to hide a table. Get Smarty the corrugated collapsible table and cover it with a $72^{\prime \prime}$ cloth to match bedspreads or curtains. $271 / 2^{\prime \prime}$ high-folds flat. So sturdy hundreds of department stores use them for display tables.

SMART \& ASSOCIATES Dept. н8 75 Colonial Road, New Canaan, Conn.


EASY does it-WRAP-SHIFT Presto-a auiek tresh look in seoonds. Style-wise
tie sash can be worn on the side in back or round

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This marvelous new closet rack keeps your trousers
Trim and tidy in a minimum of space-at the hetght trim and tidy in a minimum of space- it the het ght
most convenient for you. Spiraled rods lift out for most convenient for you. Spiraled rods lift out for
quick, easy valet service. Holds all styles-men';
 neatly. You'll multiply "shared closet" space by in-
stalling two-pne above the other. Crafted of plae in stalling two-one above the other. Crafted of pine in
honeytone or maple, antique pine or walnut finish

Only $\$ 5.50$ postpaid
Large New Free Catalog-700 Pieces
Finished and Kit Furniture in
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## Shopping Around



## Threesome

Variations on a theme: unic dome-shape takes three tops int changeably. Comprised of rub pearls and emeralds, it's a gr companion piece for a traveler w can switch stones when she dres for dinner or according to mood of the moment, whate time of day. Adjusts to fit any ger. $\$ 9.95$ ppd. Unique Gifts. HO Box 45, Larchmont, N. Y. 105


## Pet pamperer

Loose hair and dust that family mascot has picked up his travels are easily whisk away with comb device that taches to any vacuum clean Pet's groomed neatly and wi out frequent bathing. Result: healthy, glossy coat. $\$ 3.95$ p Animal Groomer Corp., HG8, B 539G, Sag Harbor, N. Y. 119

## Licence to tipple

Eat, drink and be merry wh er hangs this authentic replica a 17th century pub sign. Han inscribed with your name, made of heavy aged oak, com from England complete with raldic crest, historical descripti and handsome mounting brack $113 / 4^{\prime \prime}$ w. by $73 / 4^{\prime \prime} 1 . \$ 16.50 \mathrm{pp}$ Belgravia Export House Lt HG8, 4 E. 46 St., New York 1001

## Receipt for recipes

Touch of Americana to hold fave ite recipes comes with file car with tabs for categories and flock of blanks to insert addition treasures. $61 / 2^{\prime \prime}$ by $6^{\prime \prime}$ box is wa nut finished wood and is decorate with colorful tiny serving piece Brass-knobbed doors. $\$ 2.50 \mathrm{pl}$ 45 c post. Ann Isabel, HG8, 78 Rugby St., Philadelphia, P 19150.


## Trim for the desk

Bold black and white check typ writer cover to keep a desk ne: when the machine's not in use. F either standard or portable wit two or three red felt initials (spe cify) , flannel lining. Plastic check wipe clean, keep typewriter read to go. Stand., $\$ 1.98$; portable \$1.59. Ppd. Lillian Vernon, HG 560 S. 3rd Ave., Mount Vernol N. Y. 10550.


## Sea treats

Dishes for nautical fare are fo mixing, baking and serving se food-particularly lobster, devile crab, mussels. And they have thei own sea story, too: they're genuin scallop shells, imported and pol ished for culinary duties ashore $5^{\prime \prime}$ dia. Set of four shells, with 1 spearing picks, \$1 ppd. Breck' W78 Breck Bldg., Boston, Mass 02210.

is something you can do about an aging thing to make it look younger without ry. A wonderful new machine has been inPenetronic Facial Activator - that will help pr eliminate the wrinkles, crow's feet, saghd puffy bags that make a face look old.

## YOUR FACE

HAS MUSCLES TOO!
machine do this? By stimulating the muscles to exercise. That's right. Your face has mushd once you're past-30, these muscles lose elastic tone that kept the face of your youth ractive. As these muscles weaken, the flesh t begins to sag. And that's how wrinkles, inging jowls begin . . . and gradually grow worse.
can reverse this aging effect with exereise. how exercise can slim down a spreading ulging tummy and make a body look years ell, now you can do the same for your face.

# A new, proved electronic "time machine" that helps turn back the effects of age 

## EXERCISE YOUR FACE MUSCLES ELECTRONICALLY.

 YOU DON'T HAVE TO DO A BIT OF WORK! You can't do it all by yourself, of course. There are no sports or calisthenics for the face. But, through the miracle of modern electronics, you can stimulate your facial muscles to exercise all by themselves with a Penetronic Facial Activator. And this rejuvenating workout will be COMPLETELY EFFORTLESS!Just hold your Penetronic Facial Activator over a stimulation point on your face as illustrated below, and a gentle electronic pulse causes a set of facial muscles to contract and relax rhythmically. Move the unit to another point and exercise another set of muscles. Before you know it, you've exercised and toned up your entire face. It's as easy as that! Your muscles exercise on their own while you read, watch TV, or think of other things, IMPORTANT: The Penetronic is not a vibrator, not a massager, not a heat applicator. It is an exerciser. It does not shake your muscles to make them move. It activates them into moving on their own. This is real exercise-the kind that can make facial muscles grow strong...and help bring back youthful facial contours

## GUARANTEED TO MAKE YOU LOOK YOUNGEROR YOUR MONEY BACK

## This won't happen overnight, of course. Muscle tissue

 rebuilds so fast and no faster. It will take about 90 days to get significant benefits from Penetronic treatmentsix months for full benefits. But you should see some improvement after just one month-we're confident of that.In fact, if you don't see a younger-looking face in your mirror after 30 days of daily use, return your Penetronic Facial Activator and we will refund every penny you've paid!

We can make this guarantee because we've seen how daily Penetronic exercise stimulates facial circulation and re-builds sagging muscles that have allowed wrinkles to form in the first place. And we've seenonce full benefits are achieved-how intermittent use thereafter helps facial muscles maintain their newfound strength and tone so that you don't lose your new youthful look.

## / DAILY PENETRONIC TREATMENT FIRMS AND TONES THE KEY AGE-REVEALING AREAS OF YOUR FACE AND NECK


minutes here ps work off le chin and ing crescent lower lip.


Tighten up the muscles at the corner of your mouth, below your cheek, and your cheek, and
above your jaw.


Exercise and strengthen these muscles, and muscles, and
jowliness will
begin to disappear.


Back here is where Penetronic helps you work away the crow's feet around


Two minutes here works on the rest of the eye area, the eye area,
puffy-looking bags.


Here's where you strengthen the sagging muscles that cause muscles that cause in the neck.

A SOPHISTICATED ELECTRONIC DEVICE FOR EASY HOME USE.
ther facial activators, but you have to go to uty salon to use them. These are huge conequiring the attentions of a skilled operator.
netronic Activator, a whole console of elections has been compressed down to cigaize through the magic of miniaturization, so in own and run it yourself. Its circuitry was missile and space vehicle designs.
cost for this electronics wizardry is less than o visits to one of those posh salons-just world's biggest bargain, we believe.

But nothing's a bargain unless you get exactly what you want. The Penetronic Facial Activator helps you get a more youthful appearance. If that's what you want (instead of cover-up for the way you look now), isn't it worth $\$ 29.98$ ? We think so.

But if you think we're wrong after your 30 -day trial we'll return every cent you've paid.

There's no risk, you see. And you should start to see results in 30 days. So mail the coupon now... and turn the tables on Father Time!

SEND TODAY-SEE A YOUNGER FACE IN YOUR MIRROR IN 30 DAYS... OR YOUR MONEY BACK HOBI INC. Dept. G-88, Lake Success, N.Y. 11040
Please send me a complete Penetronic Facial Activator for a 30 -day no-risk trial. If I am not delighted I will return it and you will refund every penny I have paid.
$\square$ Charge my Diners Club Account \#-
$\square$ I enclose $\$ 29.98$ complete payment and you pay shipping charges. I still have full 30 -day refund privileges.

Print Name
Address
City
State $\qquad$


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It's a spread by day and a blanket by night! Air circulates freely through the $100 \%$ cotton jacquard weave making a comfortable year-round blanket. Ma-
chine wash. State color: Red or Blue. Add $25 \$$ for postage and handling. 5412 - Full Size, $95 \times 106^{\prime \prime} \ldots \ldots . . \$ 16.98$ 5413 - Twin Size, $76 \times 106^{\prime \prime}$...... 14.98 " gift catalog 25 .
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1968 FC


Nature under glass

## Bachelor's Button Paperweight

These are genuine Bachelor's Buttons in th beautiful blue of one of your annual favorites. Each blossoming beauty was pleked a its flowering peak, captured and magnifled in clear-as-crystal plastic depths. Perfect for a collector's corner or shelf, delightful in a sunny window. Heavy polyester with polished base; $31 / 4^{\prime \prime}$ diameter.
ppd., $\$ 5.00$
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From the land of pretty gardens comes this jet-rod winter. No cumbersome cords, no expensive batteries oo costly fue!! Easy, clean, one-hand operation does He job fast from eomfortable standing position. Ster stone and cement walks clear, trims borders! Less than 2 pints of kerosene gives 30 minutes continuous use. Completely safe; weighs under 5 lbs. full in-
structions included. ORDER TODAY This season structions included. ORDER TODAY. This season
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EE color catalog of unique gifts.
HOBI:

Shopping Around


Tinkling sparklers
Oriental crystal bangles, "bangri," cut in diamond and flecked with gold tink way to parties whatever th son. Perfect with sheaths this summer and with dar or jewel-toned velvets this $f$ winter. Touches of pink, tur and midnight blue, $23 / 4^{\prime \prime} \mathrm{d}$ of $3, \$ 4.98 \mathrm{ppd}$. Hobi, Inc. Lake Success, N. Y. 11040


Satin beauty tips
Shimmering satin fingertip dress up powder room or bat great elegance and launde lutely beautifully. Choose white, black, lilac, mint, gol or orchid Celanese acetate Just $\$ 1$ each. With single add 50 c . Ppd. Elegant showe Scintilla, HG8, 4802 N. Bro G, Chicago, III. 60640


## Timeless paintings

Origin American, captured color reproduction of a mo venient size, $18^{\prime \prime}$ by $24^{\prime \prime}$. Hazzard's lovely landscap winter, summer, spring, plu er picture, depicting the sple of America, make a group ad to any decorative scheme. four $\$ 3$ plus 35 c post. Wor Group, Studio HG8, 2 Fir East Norwalk, Conn. 06855


## Casual rhythm

This wedge casual with its rubber sole feels like you're ing in wonderland. Trip the fantastic to town or skip al country trail in comfort. Sl width $61 / 2$ to 10 ; medium, 10 ; wide, $41 / 2$ to 10 . Black, brown, bone, red, white. Add 75 c post. Portsmouth Co., Inc., HG8, 1007 Gallia Portsmouth, Ohio 45662.


LIVE PET SEAHORSES 9
Oraer a Seahorse family-Father, Mother \& 2 Bables. Keep in ordinary bowl or jar. Amusing hobby for Father's back! Adorable pets. Free food \& instructlons incluted. One Seahorse only 90c; Mated Pair
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$m m m m m$ DARLING PET MONKEY \$1895
Your family will simple to care for and train. Eats same food as you, grows to 12 inches high. FREE cage, leather collar and leash, and instructions included. Live delivery guaranteed. Send check for $\$ 18.95$, express collect, to


# How to Defend Yourself gainst the HUMAN PARASTTES Who Want to Rule Your Life! 

This may be the most important (as well as painful) advertisement you have ever read. It is based on three simple facts:

## WARE ESPECIALLY OF THESE FOUR TYPES OF HUMAN PARASITES!

ere are two types of people in the world: the rs, and the Takers. For every Giver, there are a
red Takers. They are constantly trying to lateh red Takers. They are constantly trying to latch 6 you... make you carry them on your back... you to give meaning and value to their lives. red different "hidden strategies" to force you to red different "hidden strategies" to force you to
me their constant servant, Your first task, thereif you want to achieve your own goals and not , is to UNMASK them...to expose the hidden hness behind their socalled "noble motives"...
to throw them off your back, and onto their own to throw them off your back, and onto their own
for good! This book unmasks them, one by one, for good! This
ou like this-

## THE PERFECTIONIST:

May be man or woman-
wife or boss or fellow-worker Always sets impossible stand ards for you. Sets himself up as the Judge of your life... makes sure that every one of his "standards"-that you must endlessly try to please him. But you can break his hold with one simple device. On
page 190.

## THE INJUSTICE.

COLLECTOR:
guilt. Manuf by giving you guilt. Manufactures incidents in whiting his (or her) feelings Then makes you pay by doing exactly what he wants. This trap is so subtle that you can only break out of it at one point. Is shown to you on page

THE HUMAN SWAMP:
"Never stops telling you how (or he) is you are the "strong" one - supposedly until you try to get her to do something for herself. Then nothing happens...she develops all kinds of reasons and "illnesses" not to help herself-
until finally, in desperation, you do it for her all over again, You cannot throw her out of your life-either you are mar-
ried or related to her-but you ried or related to her-but you
can SHOCK her into independcan SHOCK her into independ-
ence by using the technique on ence by using the technique on

THE LOVE DOMINATOR:
First "loves" you-then destroys you. Makes you pay for Several sub-varieties, including Friendships that hurt, and never last. Families that smother their own children. Passionate "romances" that settle down overnight to domination, and exploitation. This person can make your lije a
living hell. The only real solu tion (NOT separation) is on page 105.

## THE GREATEST SIN OF ALLTHE SIN OF OBEDIENCE

hese Exploiters intrude in every life. Therefore, y man or woman ever born has one fundamental olem: How to pry open the clenched fists that
s kind of people wrap around you! he choice is up to you: You can can let them turn your life into agony. The or uch a choice lies in this book. Why not read it ur risk, TODAY!
(1) Most people spend $90 \%$ of their time doing what other people want them to do-instead of what they want to do

This is Robot-Living. And there is a way to break out of it for good.
(2) Most people are haunted by self-destructive feelings they don't understand-feelings that frighten and depress them. For example: The constant fear that other people are somehow "better" than you. Or that you are now, and will always remain, a "second-class citizen" in life. Or the crushing realization that you always feel "poor" no matter how much how great your accomplishments.

These are Robot-Feelings. They are emotional leftovers from your childhood, and are completely out of place in your adult life. In a moment, you will learn how to get rid of them for good.
(3) Because of these two crippling pressures-the attempt of other people to constantly exploit you, combined with your other people) spend your life in in emotional prison instead of a palace. You allow yourself to be surrounded by enemies instead of friends. You accomplish only a fraction of what you are really able to accomplish. You find yourself constantly driven away from the real enjoyments, the real achievements, the real meaning of your life.
Once again, this is Robot-Living, And there is only one Not by digging up the dead memories of your childhood. But by this:

> A New Kind of Psychology, That Says: "Forget Your Past, Forget Your Feelings of Inadequacy, AND TAKE FULL COMMAND OF YOUR LIFE-TODAY!"

There are people, of course, who are trapped so tightly by the double pressures that their lives are squeezed into almost complete disaster. These are the chronic failures-or the alcoholics-or the compulsive gamblers - or the thousands of people who are continually forced to stuff themself with

But here is the all-important point: Even these self-destructive addictions - that have dominated these people's lives for years - that have been almost invulnerable to ordinary psychological treatment - have seemed to disappear of their own volition when these people tried a new kind of Negative SelfTherapy on them!
This new kind of Psychology is both startling and simple, and incredibly effective. In essence, it says that:

In order to escape from this double-pressure-for goodyou need not learn anything at all! No rules-no formulasno lessons at all.
Instead, what you have to do is this! UNLEARN the mental habits that are keeping you a psychological slave

UNLEARN the mental habit that makes you automatically magnify other people's importance - and you escape their domination for good.

UNLEARN the mental habit that make you automatically feel small when you meet an important new stranger-and you'll have twice the impact on him, from the very first word you speak.
UNLEARN the mental habit that makes you depend on other people to ration out little pieces of love, respect, enjoylife as you wish!

In fact, this New Psychology is so drastically different that it will, actually RE-SHAPE your idea of what words like "Iove" and "respect" and "success" actually mean. It will expose deadly psychological traps, in these words, that have your life. It will show you how other people use these very words, to control your every move by threats to deprive you of them.

The main goal, in brief of this new Psychology is LIBERA TION-FREEDOM FOR YOU FROM FALSE FEARS AND FALSE FRIENDS! Because of this goal, the startling new book which brings this Psychology to you - to read from cover to cover entirely at our risk-is actually titled
BEYOND SUCCESS AND FAILURE.

Here are a few of the traps it can free you from:

> The Only Real Way to Win Other People's Heart and Minds! By SATISFYING YOURSELF FIRST!

One word of warning, however: This book is full of paradoxes. Statements (like the one above) will seem ridiculous read on, they will reveal themselves to be filled with the deepest and most ingenious truth. For example:
Page 215 shows you why you must NEVER try to justify yourself when someone belittles you. You destroy their attack by doing nothing.

Page 66 shows you why the person who is trying to overWhelm you with their importance, is actually begging you for the one thing all their money can't buy. And why, if you know the right way to look, you will actually find such a person "naked under their mink coat.
Page 24 shows you why fear, hate, anxiety are NOT true motions in themselves, but are disguises inside you for anyou unmask this underlying childhoddelusi And why, when seems to disappear overnight.

Page 178 shows you why when you feel "guilty" about a ou double its power to make you repeat And page 181 demonstrates that no amount of will power is of the slightest use in giving up those bad habits. And why, self out of them.

And then, starting on page 194, you are forced to confront the supposedly "Unsolvable" personal problems that are turning your life into a shambles - and learn why they may actually be the easiest to solve of all. Again, you are shown the paradox that the more years such a problem has plagued you $\bar{t}^{\text {the }}$ and the "messier" you believe it is now- then the quicker the true solution can take over. ONCE YOU STOP FIGHT-
ING THE PROBLEM, AND LET IT CURE ITSELFI

## Read It At Our Risk!

Plus so much more that we cannot even outline it for you
One point must be made again, however: This is probably the simplest - and most beautiful-book on psychology you have ever read. This New Psychology believes that we are NOT bound by our past, but can be immediately rid of it IF we have the courage to follow a few simple NEGATIVE rules. These rules can be-and are-stated in language a six-year-old child can understand. They can be grasped imme-diately-put to work in your life immediately.
And they work. They are literally a new way to meet, and overcome, the destructive situations other people set up for have the courage to try them, they can make a breath-t you difference in your life tomorrow!
Why not prove this yourself, at our risk, TODAY!

## INFORMATION, INCORPORATED Dept. HG-8

119 Fifth Ave., N.Y., N.Y. 10003
Gentlemen: Yes, I want to try a copy of BEYOND SUCCESS AND FAILURE by Willard and Marguerite Beecher entirely at your risk. I am enclosing $\$ 5.98$. If will use this book it for my money back.
$\square$ If you wish your order sent C.O.D. CHECK HERE! Enclose $\$ 1$ goodwill deposit. Pay postman balance, guarantee of course.

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OFFER WILL NOT BE REPEATED THIS SEASON We urge you to order your full color prints now while the supply lasts. The dramatic portraiture of animals is the latest decorator rage, and these are certain to go quickly. In order to show some of the craftsmanship and intricate detail in all the pictures, we have shown one picture larger than the rest. Actually all four fine art prints are the same size, a full $11^{\prime \prime} \times 14^{\prime \prime}$ decorator size. So hurry, order now, offer will not be repeated this season in this magazine.

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## Shopping Around



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## SWEOEISS MRRCLE FOOMULLA THAT MAKES SNIII LOOKYOUNG AGAIIIC <br> Clinical tests by leading medical authorities prove that new Swedish formula with natural food ingredients helps solve the problem of lines, wrinkles, and flabby, dry skin - ACTUALLY MAKES YOUR SKIN LOOK UP TO 15 YEARS YOUNGER! <br> Before you read another word of this exciting news release - let us set the record straight on some startling medical facts just recently published. Briefly stated it reads like this: Thanks to new scientific breakthroughs, medical science now considers a woman of 60 to be just approaching middle age! - a woman of 45 to be just reaching her prime years of youthful beauty - and a woman of 30 to 35 to be a mere "newlywed" when it comes to the appearance of her skin! I know that at first glance this may sound overly optimistic on the part of medical science... when you realize that medical sollowing events that have just taken place. Not When you realize that medical science has at last tracked down the 2 factors in and a new way to help reverse this aging appearance in just a matter of days! <br> (New York, N.Y.) ; At a dramatic news conference today, it was revealed to America how a leading European specialist dis- <br> vibrant youthfulness that you could hardly believe it had ever been tired, dull and dry. Yes, this new scientific discovery had <br> centrate of this Swedish miracle formula was applied directly to the skin it went to <br> aging skin. However, NUTRIVENA B25

how to restore youthful beauty scovered how 10 restore youthrul beauty to aging
skin - and without the use of old-fashioned make-up, and beanty creams that only attempt to mask complexion problems, instead of solving them. The secret is a new scientific formula based on a new Swedish discovery. Yes, a totally new approach to the problems of aging skin-a chemical food formula that has been used in university tests, hospital tests and laboryounger ... up to 15 years younger, IN younger $\ldots$ up to 15
JUST 10 to 30 DAYS.
Then right before the eyes of the assembled reporters and beauty editors, it was revealed how this world-famous reserch 14 years younger with simple 5 -minute reatments.
IT WAS LIKE WATCHING A WOMAN GROW A FRESH, NEW SKIN"
After filling in the reporters on the background of the test-subject ( 39 year old
Mrs. H. Dorland), we were told of the varied skin problems this 39 year old woman had suffered from ... skin problems typical of women 30 to 65 . Problem
like stubborn wrinkles in the forchead. . like stubborn wrinkles in the forehead unattractive crow's feet about the eyes

to mouth... sagging, flabby skin under the series of clinical photographs he demon. strated this remarkable new discovery. First, he disclosed how he took a soft whitish mixture from a jar and began lipht. ly spreading it over Mrs. Dorland's face Softly patting it on - never rubbing it in never massaging. Then he described how the white mixture began to slowly
disappear as it penetrated deep down into disappear as it penetrated deep down into actual slides made during the test.
First, we saw proof of how tho born wrinkles started to fade away until that 39 year old forehead seemed almost clear and unlined as a baby's. Next, the scores of unattractive crow's feet, appeared to melt away before our very eyes. Then, the deep, ugly lines around the nose and mouth seemed to actually vanish in just a matter of hours. . . and her ent softer to the touch . . . more flattering the eye. And then to our utter amazement, the sagging, flabby skin under the chin. the loose, aging flesh at the neck seemed grow tighter, firmer . . . until the chin and neck looked like those of a woman of 25 .
And finally, Mrs. Dorland's entire comAnd finally, Mrs. Dorland's entire complexion began to glow with such a iresh,
Nuevene, IntI. Ltd. 543 Madison Avenue,
ransformed the 39 -year-old Mrs. Dorland had seen living proof of how she actually looked 14 years younger!)

## A DOCTOR EXPLAINS

The amazing transformation you have just been witness to may seem like a mirsimple, natural process based on medical facts scientists and doctors have long suspected . . . but only recently have finally "You see, as we age muscles
You see, as we age muscles and gland Instead of staying firm and taut (like in childhood - they grow soft and flabby . and start to collapse. As they collapse hollows, lines and wrinkles form - your
skin loses its elasticity - and soon you are skin loses its elasticity - and soon you are
plagued with those tell-tale lines and signs plagued with those tell-tale lines and signs
of age that broadcast your years to the world. What causes this skin tissue collapse? - NOT a lack of moisture as you so often have been led to believe; because simply rinse back the lost years of youth by merely washing your face with soap and water. No-it is not moisture, but a gradual diminished supply of essential nutrients your body is no longer able to supply to the tissues of your skin.
was applied directly to the skin it went to restore the vital vibrancy of dull, tired skin...restore fresh, youthful beauty... and help end that dull, aged appearan of lines, wrinkles and crow's feet ONCE AND FOR ALL!

## NOW LOOK UP TO 15 YEARS

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you.
If
all th all those age in your thirties you will see and crow's feet start to disappear AL MOST IMMEDIATELY. If you are in your forties . . you will see that dry, sag ging skin under the chin and neck start to appear smoother, fresher, tighter and are 55 , or 60 or even 65 years old if you will see the horrid aging effects of harsh ugly lines at the nose and mouth begin to melt away. . . NOT IN MONTHS-BUT IN JUST 2 TO 3 WEEKS ... and you'll be astonished to have people think yeu are actually 15 to 20 yeare youk yo

## NUTRIVENA B25 IS NOT YET READY FOR SALE - BUT FREE-TRIAL SUPPLIES ARE AVAILABLE!

If like most women you have spent fortunes on all sorts of creams, hormones, real success . . . then here at last is a truly scientific approach to new-found beauty ... one that has been medically proven can help you recapture 10 to 15 years of youth in less than 30 days. You see, old fashioned face creams, masques, etc, all fail because they cannot diminish ravagin effects of the aging process. . they merel B 25 is the first scientifically sound ap proach (it has been proven in innumer able clinical tests) for the treatment of
is still so new it is still not available in the United States in retails stores $\ldots$ and will
not be available until the middle of the summer. At that time, NUTRIVENA B25 summer. At that time, NUTRIVENA B25
will sell for $\$ 9.95 \ldots$ and well worth every penny. Because here at last is a thrilling new discovery for new skin beauty and new skin youth THAT REALLY WORKS. But if you would like to try NUTRIVENA 325 on a complete free-trial basis ... with. out risking a single penny ... If you would like to see yourself, in the privacy of your own home how it can help you re-
capture up to 15 years of your youth here is all you need do:
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In just days you
forehead wrinkles st start to see stubborn crow's feet begin to vanish fade away . . nose and mouth lin vanish... deep, ugly smoother . . . loose sagging flesh under the chin and neck suddenly take on a new youthful, firmer appearance. Yes, you'l see new youth restored to aging skin . .
new beauty in as little as 15 to 30 day new beauty in as little as 15 to 30 day
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## Footstool footnote

Do part of the needlepoint self: the background in iv light gray yarn. Single ro sign $10^{\prime \prime}$ sq. on $16^{\prime \prime}$ sq. Canvas pre-worked in red greens. $\$ 10.95$ plus 50 c pos holstered round stool in fruitwood or mahogany finis dia. by $10^{\prime \prime}$ h. $\$ 16.95$ plus post. The Stitchery, HG8, IV ley, Mass. 02181.

## Here we are

Visiting firemen, neighbor your offspring's friends s clearly lettered mailbox si an instant. White reflector-b letters, numbers on lami aluminum with baked enam copper, black, green or red. I $18^{\prime \prime}$ by $2 \frac{1}{2 \prime \prime}$; number, $7^{\prime \prime}$ by Marked on both sides. $\$ 2.95$ Spear, 3069-Spear Bldg., Col Springs, Colo. 80907.

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Shopping Around


## Wingding ring

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## Design-wise

It's a butcher block, dressed the dining room or a library All-purpose table whose thick wooden top graces looking satin chrome les black matte base), comes in al sizes: $60^{\prime \prime}$ by $30^{\prime \prime} \$ 131.2$ by $30^{\prime \prime} \$ 120 ; 72^{\prime \prime}$ by $30^{\prime \prime}$ exp. coll. Catalogue 25 c. Brauner Inc., HG8, 298 B New York, N. Y. 10012.


## Picture stitchery

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## Bouquets of light

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Shopping Around

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Shopping Around


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## urn table

o the time and place! Cleverly esigned latch mechanism allows $r$ more than one height: $30^{\prime \prime}$ at nner time, $22^{\prime \prime}$ for cocktail hour. and-woven rattan's coated with ractical vinyl for easy up-keep. $\mathbf{p}^{\prime \prime}$ dia. $\$ 29.95$; matching chairs 0.95 ea. Table w/4 chairs \$69.95. xp. coll. Fran's Basket House, G8, 29 Calumet Ave., Rockaay, N. J. 07866.

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Shopping Around


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## GARDENER'S MONTH

# THREE FACES ${ }^{0 \%} G O O D ~ T U R F ~ K E E P I ~$ 

Lawn husbandry, like Caesar's Gaul, is divided into three part proofing, regular fertilizing, and adequate watering. All are es if you are to have a lawn-which is the only kind worth having.

To be healthy, a lawn must be started either with good seed sown on well tille or with nursery grown sod laid down on similarly prepared soil. If you m lawn last spring, your maintenance routine is really just now getting under if you are now in process of installing a new lawn (early autumn is really the best either seed or sod), the regular care program will not begin until next spring. In maintenance is a three-part procedure consisting of: weed, pest, and disease control ing; watering. Neglect of any one of these procedures, even for a single season, can disfigure otherwise sound turf. Attention to all of them is easy enough in these days of chemical research and improved watering devices.

## Weeds and Diseases

The days when weeds and crab grass had to be excised by hand are over-except for s talists of the most masochistic sort. Chemicals now do the trick with, at most, one or t. cations during the season. Pre-emergence crab-grass killers, spread on the turf in la or earliest spring, will, after the first season's use, keep this wretched pest out of a and permanently. Grub-proofing and control as well as prevention of most common eases can be similarly accomplished-either by separately applied chemicals or by of fertilizers that also incorporate other necessary ingredients. Satisfactory brands ar available, and instructions for use are clearly printed on the containers.

## Fertilizers and Fertilizing

There are, of course, fads in turf keeping as there are in almost every other human (Growing plants has never been a very exact science anyway.) That is why good la be maintained with one feeding a year or with a light feeding once a month; why one gardener may rake up his lawn clippings after every mowing and another may whip pings into a whirlwind of fuzz and let them lie. But on balance, any good turf must plenty of fertilizer. Current practice (with a view toward easy maintenance) sugge from one to three annual feedings with a slow-release, high-nitrogen formula is all bu tial. One application in late winter or very early spring, one in early summer, and one Labor Day or a little later should keep the grass pushing and proliferating. For lar rectangular lawn areas, a spreader that deposits the fertilizer in a ribbon is perhap convenient. For small lawns and those of irregular shape, one of the broadcast modelson wheels or hand held-will insure the most even application. Whether you apply hert fungicides, and food all in one formula is largely optional. Separate applications, each complish a single purpose, will take a little more work but probably cost less and mas more precise timing possible. The chief point, though, is to keep the grass roots satisfied

## Plenty of Water

The more fertilizer the lawn receives, the more water needed to assimilate it. To be sure watering may predispose turf to disease. And certainly weeds will grow as well in the pr of available nutrients as good turf grasses-maybe far better. But if you have taken the diseases, the insects, and the plant nutrients (all these are, in effect, one-shot opera then you can devote your attention to thorough but careful routine watering. In thes when a long range drought is still a problem, this can be important. And as time goes only hose sprinklers but automatic watering systems are assuming fresh importance. W, long hesitated to recommend do-it-yourself underground irrigation kits, but these pr and procedures have now been so refined that a careful amateur with a handyman's ber install his own system at least on small areas and where the pressure is adequate. One s test might be this: If you can understand thoroughly the method outlined, opposite pag may well find do-it-yourself installation feasible.

THE ECONOMY OF AUTOMATIC WATERING MAY BE

## JUST WHAT YOUR TURF REQUIRES

tomatic watering, governed either y manual or time-clock valves, costs more than a length of good d efficient sprinklers, but it can onders. There is, however, more to g and installing an underground than you might think. Most kits are fuate quality, but few can be $y$ installed by the home handyman. ommendation: Spend $\$ 4.95$ for of The ABC's of Lawn Sprinkler s (Irrigation Technical Services, elegraph Ave., Berkeley, Calif., . If you can understand this clear mirable booklet, you may safely bout putting in your own system.

per placement of sprinkler heads of It type is of the utmost importance. should be positioned in advance.

stic pipe is easily cut with a strong and special angles and connectors e placed and replaced as required.

er pipe is laid, all lines connected, and properly attached, the setup should ested before trenches are opened.


1. Any good sprinkler system you install yourself begins with the proper valve assembly that is attached at the source of supply.

2. All pipe lines should be measured and cut, and all fittings, metal or plastic, inserted according to manufacturer's rules.

3. Once pipe lines are laid out on the surface, taps are quickly made at required locations to receive branch T's of sprinkler heads.

4. Types of head fittings vary according to system purchased. Lawn heads are sunk flush with sod surface, are all but invisible.

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# EVERYDAY NOTES FOR WEEKEND GARDENERS 

Catalogue of minor chores, major pipe dreams, and doldrum diversions for a hot August day

The French, when they are not storming the barricades, honor the pleasant custom of taking the month of August off. There is much to be said for this as a practical approach to gardening. Aside from mowing the lawn and cutting a flower or two, there are few things that cannot be done better while lying in a hammock. In any case, there is no need to dash about in the midday sun. For example:

- Just before dusk is a good time to take a walk. Follow a back road, cross a meadow, tread a wooded copse. Before you start, if there is still enough daylight, pocket a copy of Roger Tory Peterson and Margaret McKenny's Field Guide to Wildflowers (Houghton Mifflin, $\$ 4.95$ ). It groups plants by flower color and is a lovely and handy reference book.
- Divide and transplant some daylilies (those varieties that have already flowered). Just after dinner is a good time. Dig whole clumps, prying root chunks apart with a pair of spading forks before re-setting. Or simply slice down through a big clump and excavate an outer division, leaving the parent plant in place. Water them well, and by morning they will be merry as grigs.
- Read a new book (this is where
the hammock comes in). Try H. Lincoln Foster's Rock Gardening (Houghton Miffin, \$7), with several tidy drawings by Mrs. Foster. This is a book to read, not a picture book-good reading, too, with plenty of ideas and the kind of imaginative but practical text that will hold your attention, even in a hammock on a hot afternoon. - Or if watering or too little rainfall present you with problems, look into Arno and Irene Nehrling's Easy Gardening with Drought Re. sistant Plants (Hearthside, \$6.95) Despite the something-for-everybody catchall title, this is a useful volume. To be sure, the book discusses a lot of fine plants that have little to do with drought resistance, but this could be considered a bonus. There are also a lot of sound moisture conserving tips.
- If you feel ambitious, you might just weed and mulch your rock garden. Right after breakfast will be fine. Two weeds and one good plant tend to be a crowd in most rock crevices. Once the weeds are out, a handful of stone chips makes a fine, cool, moisture corserving mulch around the plant-good to look at, too.
- Cut a bushel or so of faded blossoms and get them out of sight: roses, phlox, aconite, day-lilies,
and of course all the summer annuals. With the latter, the more blossoms you cut, faded or unfaded, the more you will get. Just before lunch is a good hour to do this, so you will have time to get a good meal before taking an afternoon nap.
- Admire the wondrously piebald


Lace-bark pine, top, and graceful summer flowering stewartia, both with richly variegated bark.
bark of the Chinese lace-bark (Pinus bungeana) in a neighb garden, perhaps, and vow to sh the works and buy a well-branc specimen yourself next spri (This could be the pipe drean it is a scarce plant in nurserie Notice, too, the more modestly foliating bark of the stewartias is easy to lose sight of the branc for the flowers, which have sca ly passed their lovely summer $p$ now), not to mention a cousin the stewartia, Franklinia alata $h a$ whose great gold-centered b soms are beginning to open and whose bold charcoal-gray b with pale taupe stripes is alw at its best. Both are fairly comm in good nurseries.

- Make up your spring bulb if you have been procrastinati Try some of the new greigii tuli 'Zampa' for one and the ney 'Plaisir' for an enchanting seco By all means include a few bu of the narcissi 'Pink Rim,' wh so well justifies its name, 'Green Island,' which does green what the other does for pi 'Frigid,' too, is charming-pı and utterly white, with a sma deep conical cup.
- Oh yes, and mow the lawn, af the sun goes down, if only to ho the franchise.


## BUILDING INFORMATION

Materials and equipment used in the house of nine levels (Pages 50-55)

CONTRACTOR: Sunstate Builders, Inc.
Size of lot: 165 by 200 feet
SIZE OF HOUSE: 2,915 square feet

## Structure

Foundation: Reinforced concrete slab on grade.
Framework: Concrete block masonry walls and wood joist floor and roof construction. Redwood trim.
Exterior of house
Walls: 8-by-8-by-16-inch lightweight concrete blocks with $1 / 2$-inch stucco coat.
Roof: "Neoprene Hypalon" by Desco Chemical Co., Inc. applied over $1 / 2$-inch exterior grade plywood covering the wood joists.
Insulation: Vermiculite fill in concrete block cores of exterior walls by Zonite Co. 1 -inch glass fiber batts between exterior wall furring strips and 6 -inch glass fiber blanket between roof joists, by Owens-Corning Fiberglas Corp.

Windows: "Graylite" fixed glass panels by Pittsburgh Plate Glass Co. Single hung, aluminum frame operating sash by Andersen Corp.
Doors: Hand-carved redwood front door by Panel-Carve of California. Aluminum frame sliding glass doors and other exterior doors with flush panel solid core. Interior doors, flush panel hollow core and wood louvers. Exterior finishes: On walls, offwhite "Tonecrete" stain by Desco Chemical Co., Inc.; on redwood trim, dark oak "Rez" stain by Rez WoodTones, Inc.

## Interior of house

Walls: On concrete block walls, wallboard applied to furring strips. On one wall of living room, orange felt. Ceilings: Wallboard applied to wood joist floor and roof framing.
Floors: In entrance hall, kitchen, dining room, and sill of sitting room. buff color brick pavers; in children's playroom, bedrooms and baths, laundry, white terrazzo. In all other rooms,
carpet on plywood sub-floor.
Interior finishes: Off-white sand texture over wallboard. "Rez" stain on all wood trim by Rez Wood-Tones. Lighting fixtures: Opalescent hang. ing globes, cylindrical ceiling, and movable floodlight fixtures by Presco. lite Mfg. Corp. In master bathroom, luminous ceiling panels. Low voltage, remote wiring master controls by General Electric Co.
Fireplace: "Heatilator" circulating unit by Vega Industries, Inc.
Hardware: Front door pulls, "Luna $10-\mathrm{B}$ " iron brackets by Schlage Lock. Kitchen and master bathroom cabinets: Custom made and faced with rosewood Formica plastic laminate by Formica Corp., American Cyanamid Co.
Countertops: In kitchen, laundry, and children's bathrooms, Formica plastic laminate by Formica Corp., American Cyanamid Co. In master bathroom and powder room, Italian travertine.

Music system: Built-in stereo s tem.
Intercom: "RCM-4" intercom Rittenhouse Div. of Emerson Electr Plumbing fixtures: Bathroom f tures and laundry tub by America Standard. In children's bathroo floor recessed tub. In kitchen, stai less steel double sink by Elkay M Company.
Mechanical equipment and appliances
Appliances: Coppertone finish ran with upper and lower ovens, dis washer, "Disposall" food waste d poser by General Electric Co., ven ilating exhaust fan by NuTone, Inc refrigerator by RCA Whirlpool; lau dry washer and dryer by Frigidai Division of General Motors Co.
Hot water heater: 50 -gallon tank General Electric Co.
Heating-cooling system: 5-to
electric powered heat pump by Ge eral Electric Co.

Continued on page 1

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AUTOMATIC LAWN SPRINKLER SYSTEMS

[^5]

BUILDING INFORMATION
continued from page 150

Materials and equipment used in the house of three levels (Pages 56.59)

CONTRACTOR: Aadne Aasland SIZE OF LOT: $1 / 3$ acre
SIZE OF HOUSE: 2,850 square feet

## Structure

Foundation: Concrete block walls and footings around crawl space and partial basement.
Framework: Standard wood frame wall and roof construction.
Exterior of house
Walls: Vertical board, rough sawn cypress.
Roof: Flat roofs covered with built up layers of bituminous-coated building paper topped with gravel.
Insulation: 2-inch glass fiber batts with vapor barrier in walls and crawl space, 4 -inch glass fiber batts with vapor barrier in roof, both by OwensCorning Fiberglas Corp.
Windows: Aluminum sliding sash by Frank B. Miller Mfg. Co.
Doors: Exterior aluminum sliding glass doors by Frank B. Miller Mfg. Company.
Exterior finishes: Gray bleaching oil on cypress walls by Samuel Cabot. Interior of house
Walls: In all major rooms, 1-by-8inch vertical board, rough sawn cypress; on tub alcoves in bathrooms, white ceramic tile.
Ceilings: Sand float plaster.
Floors: In major rooms, "Dexotex" by Crossfield Products; in bedrooms, white oak flooring; in bathrooms, white ceramic tile.
Doors: Flush plywood. painted. Interior finishes: On cypress walls, gray bleaching oil by Samuel Cabot. Lighting fixtures: Recessed cylindrical ceiling fixtures and wallmounted fixtures by Gotham Lighting Corp.
Fireplace: Raised hearth of Alberene stone.
Hardware: Brush chrome by Elmer T. Hebert.

Kitchen cabinets: Custom made; one wall, white lacquer finish; one wall, teak.
Countertops: In kitchen, oak block and black structural glass.
Plumbing fixtures: Chrome finish kitchen sink by Elkay Mfg. Co., bathroom fixtures by Crane Co.

Mechanical equipment and
appliances
Appliances: Two built-in ovens. four-burner electric cooking top and "Trade Winds" ventilating exhaust fan by Thermador Electrical Mfg. Co.; refrigerator by Chambers Corp.; "KitchenAid" dishwasher by Hobart Mfg. Co.
Heating system: Forced warm air.

## Manuscripts

House \& Garden assumes no responsibility for unsolicited manuscripts, photographs, drawing or house plans. All material must be accompanied by postage for return.

## BEST IN BOOKLETS

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## DECORATING

1. WINDOW DECORATING GUIDE, a comprehensive 112 . page book from the Graber Co., illustrates the solution to every window decorating problem, suggests styles of window fixtures to use for each and explains how to measure for and sew your own curtains and draperies. \$1.
2. TRADITIONAL, CLASSICAL AND CONTEMPORARY TABLES are pictured in a 30 page catalogue of styles by Gordan's Inc. Many are available in a variety of wood finishes. 50 c .
3. A HANDY ROOM PLAN-

NING KIT from Stanley contains a scaled floor plan, furniture cutouts, nine style catalogues of living, dining and bedroom furniture and a fact book that tells you how to shop for furniture. \$1.
4. HOW TO ACHIEVE A MOOD with lighting is described in a 22 -page booklet from Rembrandt Lamps. There are full-color photographs of 58 lamps, swags and sconces. Over a dozen are shown as part of individual room settings. 25 c .
5. DECORATING WITH SHELVES is described in a full. calor folder, showing Shelfmates by Grant. More than 25 illustrations of different wall and floor-to-ceiling shelf arrangements are included, plus helpful planning chart and ordering data. 15 c .

## BUILDING \& REMODELING

6. HOW TO BUY A BATH or how to get the most for your mon-ey-whether buying, building or remodeling a bathroom-is detailed in a colorful 6-page booklet from American Olean, makers of ceramic tile. 10 c .
7. HOMEOWNER'S GUIDE To Exterior Design With Aluminum Siding, a comprehensive 18 page illustrated booklet by Reynolds Metals Co., offers informa-
tion on restyling your home ordinating design, color, ac and suggests ways to save in tenance costs.

## 8. VINYL FLOORING W

STYLE is pictured in fullin a 16 -page booklet by C leum-Nairn, showing more thirty patterns. Handy color included. 25 c .

## 9. NATURAL WOOD C

 NETS are described in a ful or folder from H. J. Scheirich has specifications for a wide r of cabinets and bases of Br glow Birch. Over 12 special k en accessories are shown. 25
## PLANNING

10. QUESTIONS AND SWERS about title insuranc prospective homeowners is subject of a 16-page bookle the Lawyers Title Insurance Glossary of terms included.

## 11. HOW TO PLAN A KIT

EN that answers all of your ticular needs is outlined in a prehensive 36 -page book Kitchen Kompact. Included: outs of cabinets with speci tions, pointers for laying out f plan, plus scaled work sheet.

## 12. PLASTIC PANTRYWA

 decorator wastebaskets for er room in your home, frozen $f$ containers and a wide assortm of other plastic items are sho in a full-color catalogue from lumbus Plastic Products.
## 13. BE ONE STEP AHEAD

 cleaner cleaning with Vacuflo, built-in cleaning system, sugge two illustrated pamphlets fr H-P Products. Detailed instal tion plans included.14. FINANCIAL PLANNI FOR MANAGEMENT MEN 22 -page booklet by the Bank New York, offers information garding future financial planni for yourself and for your fami Helpful inventory plan include (Booklet offer good in Metropo tan New York area only.)

## RECIPES AND COOKING

5. NEWLY ENLARGED REC-

PE brochure from Shenandoah alley Produce Co. shows exciting vays for preparing poultry. Recies range from gourmet preparaion of Rock Cornish Game Hen o convenient turkey roasts. Stuffngs, barbecue recipes included.
6. A MODERN APPROACH TO COOKING with "clean easy" porcelain enamel is presented in booklet by Columbian. A brief history of cookware is included, plus the six basic cooking methods, and drawings of the type of cooking utensil required for each.
17. BEVERAGE AND DES. SERT RECIPES made with Kahlúa, a Mexican coffee liqueur, are presented in a 10 -page booklet. Included are the exotic Black Russian. Pousse-Cafe, Crepes Bresiliene, Kahlúa Bananas Flambe and many others.

## MISCELLANEOUS

18. PLANNING A FAMILY is the subject of an 8-page booklet by the Emko Co, which describes 9 modern methods of birth control in detail to assist married men and women in making an informed decision.
19. BUY A HOMESITE and/or a home above the Bay of Monterey in California, suggests Monterey Peninsula Assoc. in two de-
tailed brochures. Included: home site plans, floor plans, price list, and monthly maintenance costs.

## 20. FASHIONABLE WIGS and

 hairpieces for today's fashionable woman are illustrated in a 64 -page booklet by Joseph Fleischer. Shown are a wide variety of styles -photographed on models. \$1.
## 21. UNUSUAL GIFTS FROM

 MEXICO are illustrated in a colorful brochure from Sanborns, showing clay vases and figurines, hand blown Tiffany lamps and shades and many items in sterling silver.
## 22. GUIDE TO HOUSEKEEP-

 ING FOR YOUNG HOMEMAKERS, a 416-page book by Bissell, outlines how to be both an efficient and effective homemaker. Included: how to budget, plan meals, furnish a home and keep it clean. 50c.
## 23. CARE OF FLOOR COV

 ERINGS with a hard surface is presented in a comprehensive book by Home Care Manuals, Inc. Out. lined are features of today's floor coverings, where to use each and why, and types of waxes and cleansers to use on each. $\$ 1.50$.
## 24. WHAT TO DO IN TIME

 OF BEREAVEMENT, a comprehensive booklet from the Clark Grave Vault Co. Samples of letters of condolence and poems that may be used to bring comfort are included.
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August, 1968
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RED, WHITE, AND BLUE continued from page 62
against white houses that were starting a trend that was to forever-the shiny bright red door.

But red, white, and blue as an inside story began alm before there were flags. The Egyptians brightened the hom scenes on the sides of their tombs with these colors. The Japane have always loved the combination, used it in a big way for the marvelous Imari porcelain, which in turn inspired Englanc Royal Crown Derby. Red, white, and blue was smashing again the columns of Rome's Palatine Hill, and it burned like a flan and a jewel all through the Middle Ages, blazing from stain glass windows and often gracing the Virgin Mary-her dre invariably blue, her mantle red, and her veil white.

For Marie Antoinette, red, white, and blue had a count quality-red and white toile, blue and white toile, fetching, pa toral. The same colors were solid bourgeois for Queen Victoria a photograph shows her adorably ugly private railway carriage the quilted leather a shocking blue, the cushions red, and on th red and white carpet, another fashion she started, her little whit Pekingese. Red and white was opulent when the Edwardian lushed it over their parlors, but by the Twenties, it had almos been forgotten when Elsie de Wolfe, who along with Syri Maugham invented white, wrote this about one of her bedrooms "A room in red and blue. Red and blue? You shudder, I know i But such red and such blue. The woodwork is white, the carpet dull red that is the color of an old-fashioned rose-you know th roses that become lavender when they fade. The chintz is red and dull cobalt blue. You can imagine how impossible it would be to be ill-tempered in such a cheerful place." Impossible.

And now again we're about to live in a period of red, white and blue-one that has nothing to do with chauvinism. After psy chedelism, it not only seems virile, it has brand new relevance and its own aptitude for looking spanking new. Dark blue walls look as if they'd never been thought of before. Red fabric flows against them, and white furniture seems so appetizing. In a country room, white is the mood and red and blue are sprigged against it, like small fruits and flowers on a snowbank. Everywhere you look you can put your hand on these colors-red enamel pots and pans, flag-colored glasses and greatest news of all, red sinks to steer a kitchen away from its mundane course, and a bathtub the color of a midnight sky. Wherever your eye needs red, white, and blue, your eye can have it.

IN AND AROUND MEXICO CITY
continued from page 27

Galería de Arte Mexicana, Milán 18. Top artists such as Tamayo, Guillermo Meza, Siqueiros.
Salón de Arte Plástica, Havre No. 7. A government gallery. Galeria Orozco, Hamburgo near Genova. The Orozco family's gallery of the artist's work. Reproductions for sale.
for glassware, furniture
Avalos Brothers, Carretones 5. Glass factory in an old house. Artes de Mexico, Amberes 59. Furniture and accessories, individually handmade by Mexican artisans.

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[^0]:    Vectra® olefin fiber is manufactured by Enjay Fibers and Laminates Company, Odenton, Maryland, a division of Enjay Chemical Company. Enjay makes fiber, not fabrics.

[^1]:    "My salary is $305 \%$ more than when I first started to work. I am employed by the state of Alabama as an Accountant. This is a professional rating. Being a LaSalle graduate has meant so much!"Mrs. Anne P. Cox, Elmore, Alabama.
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    Hollydale, California.
    "I have the highest regard for your training - also for the personal interest the LaSalle Instructors give each lesson.

[^2]:    WORLD ART GROUP, Studio 8HG

[^3]:    DECORATIVE-DISTINCTIVE--DRAMATIC IDENTIFICATION
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[^4]:    

[^5]:    *TORO calls it Moist O'Matic ${ }^{\text {© }}$

