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75¢

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**IMAGINATION**

TO MAKE YOUR HOME  
MORE ATTRACTIVE

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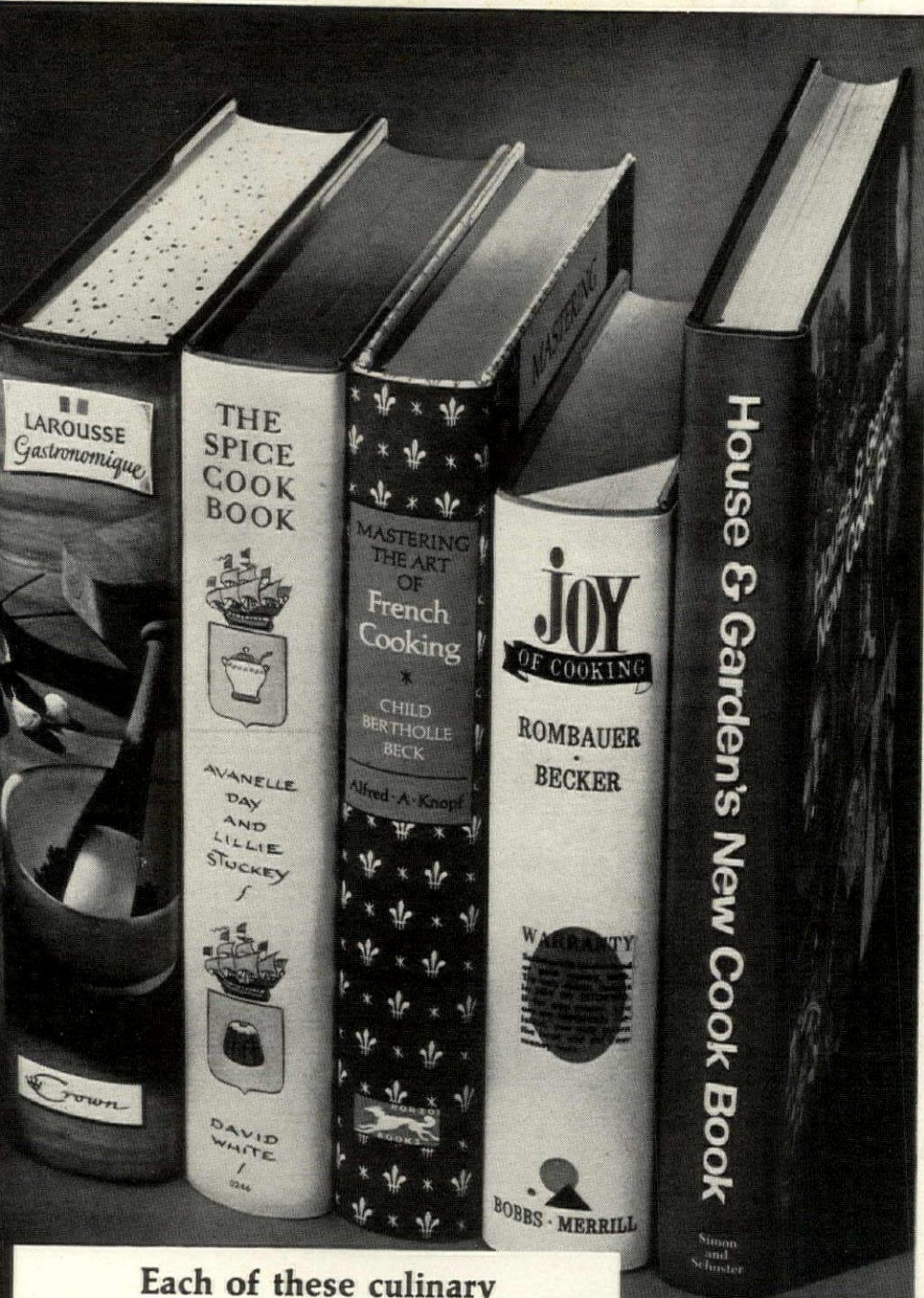
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# House & Garden

INCORPORATING **LIVING** FOR YOUNG HOMEMAKERS

**FEBRUARY, 1969**

VOL. 135 NO. 2



TOM YEE

**On the cover:** Designed for round-the-clock enjoyment, Mr. and Mrs. Saul Steinberg's bed-sitting room in their house on Long Island, N. Y., is an imaginative tour de force in brilliant color and the deft repetition of pattern. Walls painted peach make a surprisingly amenable background for a flood of red-orange stepped up by shocking pink. The tulip motif of the chintz turns up again as a casual accent for the carpeting which is topped at the hearthside with a square of white calfskin. And the crisscross pattern of the printed batiste in the curtains and bed canopy (you can see the latter reflected in the mirror), is ingeniously repeated in reverse on the table cover—a circle of red cotton appliquéed with a trellis of moiré ribbon. Interior design by Stephen Mallory of Mallory-Tillis, Inc. For more of this imaginative house, please turn to page 44. For 24-hour bedrooms in other houses around the country, see page 72.

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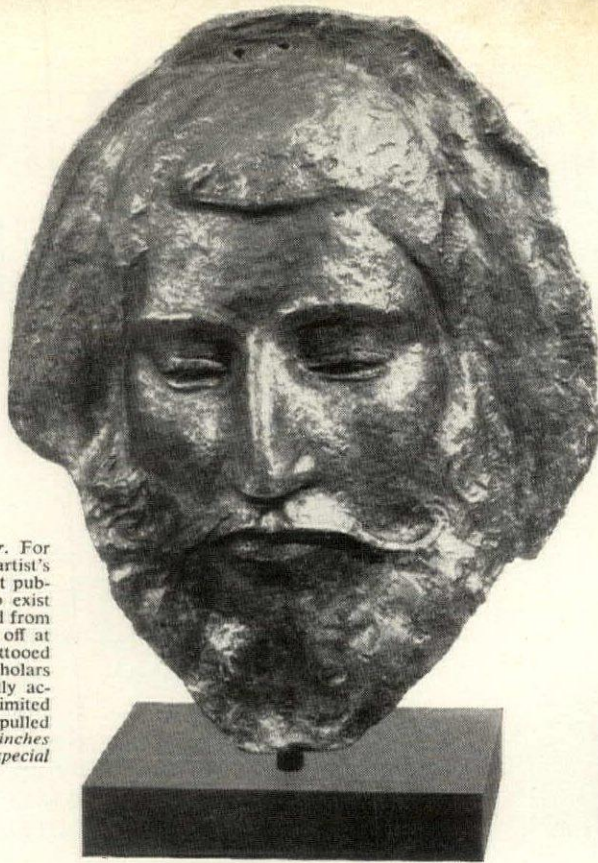
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**PAUL GAUGUIN, *Tête du Sculpteur*.** For more than half a century after the artist's death this magnificent life mask was not publicly exhibited and not even known to exist except by a few experts—until it emerged from a private collection and was auctioned off at a New York gallery as the head of a "tattooed Tahitian." Now recognized by scholars as a self-portrait, the mask was recently acquired by The Sculpture Collectors Limited and for the first time a casting has been pulled from Gauguin's original terra cotta. 12 inches high on a removable black base, with special bracket for wall mounting, if preferred.



**HONORE DAUMIER, *Le Monsieur qui ricane* (The Jeering Gentleman).** One of the first to see the possibilities of sculpture as a medium for caricature, Daumier was a century ahead of his time. Today he is acknowledged as a major sculptor and bronze casts of his satirical busts and figures, pulled long after his death, command prices as high as \$9,000. This smug bigwig is a cast from a valuable Daumier bronze owned by The Sculpture Collectors Limited. Probably a caricature of one of the French politicians of his day, here is a distinctive beginning or addition to your collection. 10 ins. tall on an attractive black base.

# Start your own sculpture collection by choosing one of these important works free

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Because art adds the finishing touch to your home, the purest expression of your taste and individuality, collecting it offers constant rewards—but also poses great challenges.

Where do you find the kind of art that you want? How do you distinguish pieces of enduring value from passing fads? How can you afford your own good taste?

Questions like these led to the founding of The Sculpture Collectors Limited, a remarkable new way to acquire original sculpture at prices so reasonable, you can readily afford a collection of your own.

To begin your membership—and your collection—you are invited to choose as a gift one of the magnificent sculptures illustrated here.

The revealing mixture of strength and tenderness in Gauguin's self-portrait, the devastating re-creation of gesture and attitude in Daumier's caricature of a smug bigwig—each is an important example of the unique powers of sculpture, in the hands of a great master.

These two works of art—each cast from a bronze terra cotta original in the permanent collection of The Sculpture Collectors Limited—are not available except to members and are not for sale anywhere. Nor will any more be cast after these are taken for.

Now you may take either as a gift—with a new kind of membership that never obligates you but privileges you to acquire fine original sculpture by outstanding living artists at prices far below those demanded by dealers and galleries.

## You become an art collector and patron

The Sculpture Collectors Limited makes all this possible by commissioning original works from the artists themselves. In much the way the Medicis collected their Michelangelos and Raphaels, membership admits you to a community of patrons of contemporary sculptors—and makes you an immediate beneficiary of their talents.

All commissions are awarded by the Curator guided by a distinguished Board of Advisors. Their selections are based on both artistic merit and potential market value.

## Every work offered a signed original

Every work is signed, then individually hand-cast in a new material—Foundry-Stone. Each piece will be cast in an edition strictly to meet the needs of the membership. These originals will not be offered for sale outside the membership—however, members may resell to other collectors with no restrictions of any kind.

Four times a year you will be advised of new offerings. If any of the works appeals to you and you would like to see it in your home, you are invited to live with it for 30 days and you still retain the option to decline it.

Each quarterly offering features three exclusive, signed originals by outstanding American and European sculptors such as Dali, Minaux, Lebdang and others—all important artists whose works have been appreciating in value. Yet, their prices to you are as low as \$25 and *never* more than \$40.

Each work, handsomely mounted, will be accompanied by a complete portfolio containing an authentication of originality, a detailed biography of the artist and a critique of the work by an eminent scholar.

## Lifetime membership just \$10

Only \$10 makes you a lifetime member of The Sculpture Collectors. Immediately upon joining you receive your free gift—The Gauguin or the Daumier. And membership brings still another benefit: a complimentary subscription to an authoritative, full-color sculpture journal—*The Foundry Mark*.

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Please enroll me as a member and send me *free* the fine sculpture I have checked below. If I choose, I may return it within 30 days, thereby cancelling membership. Otherwise, bill me for my lifetime dues of just \$10. I understand that I have no other obligation, now or ever.

(check one) 15-F9

- GAUGUIN—*Tête du Sculpteur*  
 DAUMIER—*Le Monsieur qui ricane*

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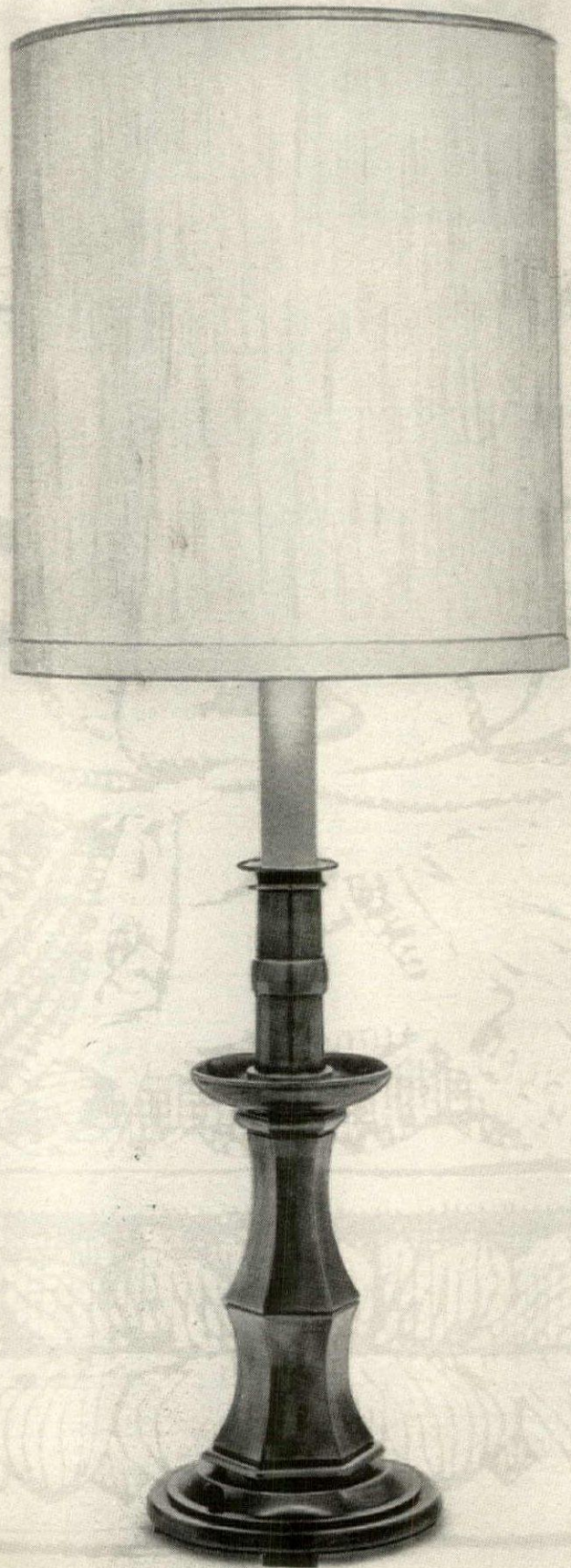
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Tibeto-Chinese candlestick  
displaying the simple  
good taste of the 18th century  
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43 inches. About \$85.00.\*

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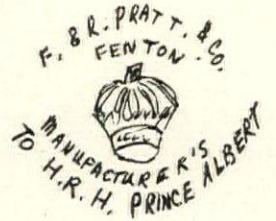
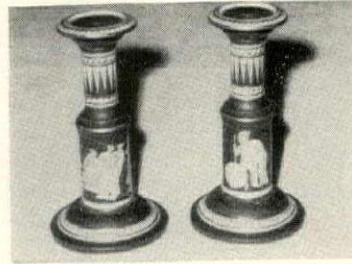
For brochure of selected Stiffel lamps,  
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\*slightly higher west and south



# ANTIQUES: QUESTIONS & ANSWERS

BY LOUISE ADE BOGER

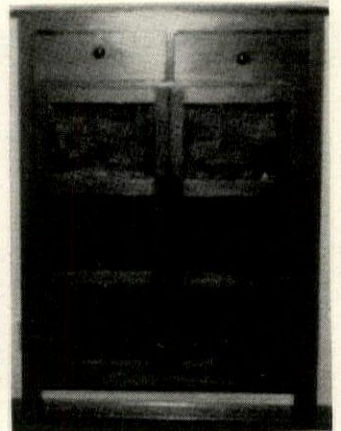


ENGLISH CANDLESTICKS

*I recently purchased these candlesticks from an antique dealer who knew nothing of their history. They are 9 inches high, colored Wedgwood black with gray figures and gold and white trim. I am also enclosing a copy of the manufacturer's stamp. Anything you can tell me about them will be appreciated.*

C.F.M., Jr.—Williamsport, Pa.

The Staffordshire potters F. & R. Pratt & Co. Ltd. were established about 1818 in Fenton, England. Cauldon Potteries Ltd. took over in the nineteen-twenties but still used the Pratt name. Your printed mark, used between 1847 and 1869, is rare. It was imprinted only on fine quality Etruscan pattern vases and articles such as your candlesticks.



WESTERN PIE SAFE

*This pie safe has been in our family for at least seventy-five years. The cabinetmaker who restored it said he had never seen an inlay like the tin front of the safe. Can you tell us anything about it?*

L.L. McO.—Cincinnati, Ohio.

Your pie safe, also known as a kitchen safe, seems to be of mid-nineteenth century design. The pierced tin doors are typical of the safes made in western and mid-western United States. These country pie safes are valued chiefly for the skill shown in piercing the tin. Yours may originally have had porcelain knobs.



TURN-OF-THE-CENTURY LOVERS

*Can you tell me the age or anything else about this statue? It seems to be made of plaster and clay, painted in natural colors. The title "L'Orage" and signature of the artist "Buicha" is on a brass plate.*

G.O.—New York, N. Y.

Your statue most likely dates from the turn of the century. The figures are based on a painting, "L'Orage" (The Storm), by Pierre Auguste Cot which is now in the Metropolitan Museum of Art. This painting in turn was based on Bernardin de Saint Pierre's celebrated novel of unhappy lovers "Paul et Virginie" (1788). We are unable to trace the artist Buicha.

Continued on page 6

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renaissance of beauty. The barrel-arm sofa alone is a masterpiece. A full 90" long, on roll-about casters. Its leafy floral design is woven in a linen jacquard weave. The Mr. & Mrs. Chairs are color-coordinated in avocado, marine blue or ginger. Deep, squashy polydacron cushions cover everything. Even those cunningly curved armrests on the sofa are softly inviting. Go ahead, put your elbow up. Or, if you're lying down, put your feet up. (After all, it's been Scotchgard-treated.) And, for a limited time only, this roomful\* of seating by Selig can be yours for a modest \$599, saving you \$116. More pluses: You get 1/3 yard of fabric free with each piece. For throw pillows or whatever you wish. And, if you prefer a 63" loveseat to make a corner arrangement with the sofa, it's yours for the asking at the same price. For other works of art, send \$1 to Box HG, Selig Manufacturing Company, Leominster, Mass., for our New Folio of Contemporary Design.

\*Roman optional. Individual pieces also sale-priced. Shipping slightly higher in the West.

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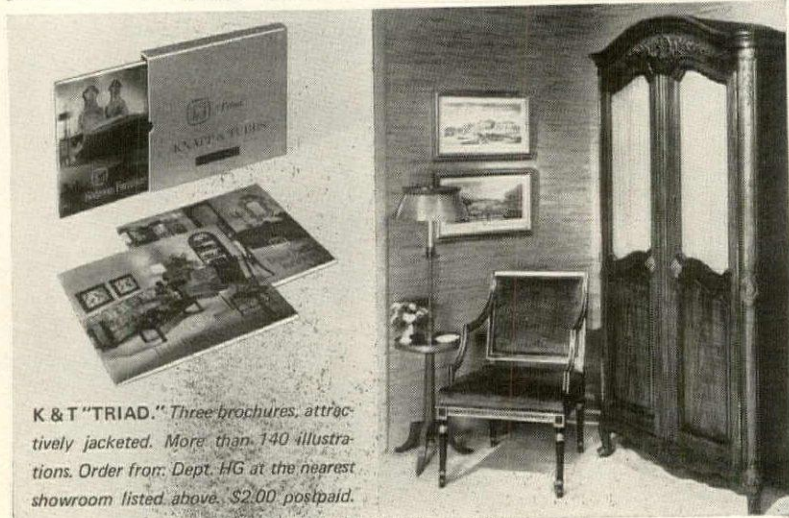
**Just one nice thing after another.**

Do you enjoy beautiful things? Indulge yourself in a visit to the Knapp & Tubbs' galleries. Here you'll find beauty in every nook and corner. The loveliest of furniture by American, English and European craftsmen. Documented antiques. And marvelous accessories. Just ask your interior designer or furniture dealer for your introduction. Then come and be inspired.



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**ANTIQUES**  
continued from page 4



COIN SILVER SPOON

*I have a dozen silver spoons in three patterns. The ones whose picture I enclosed is marked R & W. W. The others are marked Hall & Elton and Butler & McCarty. When and where were they made?*

*H.M.C.—Miami Springs, Fla.*

The spoon marked R & W. W. was made by the R & W. Wilson silversmiths, active in Philadelphia around 1830. American silversmiths Hall & Elton flourished at Geneva, N. Y. in the early eighteen-forties and Butler & McCarty were Philadelphia silversmiths in the eighteen-fifties.



WATER PITCHER

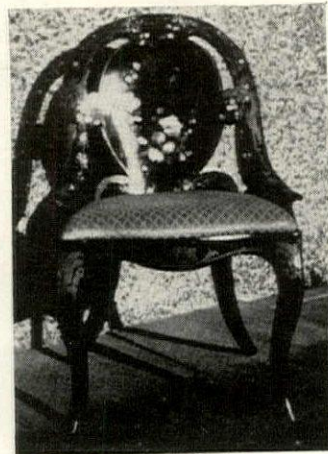
*My water pitcher, made by the Rockford Silver Company, has a drip cup. Can you give me its approximate age?* *F.H.E.—Corsicana, Tex.*

The Rockford Silver Plate Company was founded at Rockford, Ill. in 1873. Silver-plated ice-water pitchers, especially the tilting type, were set on a tray with matching goblets. They are now collectors' items.

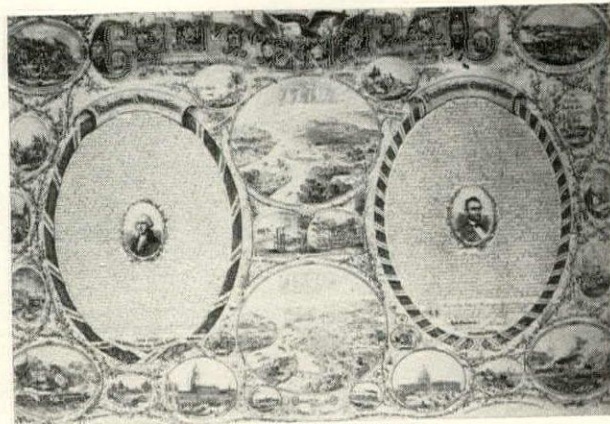
*My papier-mâché chair is either English or French. The initials RD inside a painted diamond are on it. Can you identify it further?*

*G.E.M.—APO, N. Y.*

The diamond-shaped device with RD (registered) is probably a registration mark of the London Patent Office. The mark was used to protect the design from piracy by other manufacturers. Since your chair is in the Victorian rococo style, it was probably made in the mid-nineteenth century.



ROCOCO CHAIR



EARLY COPYRIGHT

*My Centennial picture, 30 by 24 inches, bears the inscription: "Entered according to Act of Congress in the year 1876 by D. T. Ames, Library of Congress." I would like to know why it took an act of Congress to have this picture printed.* *W.E.S.—Tuscola, Ill.*

It did not take an act of Congress to print this particular picture. But before the current copyright laws were passed, a 1790 Act of Congress required all copyrighted material to bear an inscription stating that it was entered according to this Act in the clerk's office of a district court. In 1870 the Act was amended giving the Library of Congress sole authority to issue copyrights. Thus your inscription. Today, all that is required is a "c" in a circle and the year in which the copyright was filed.





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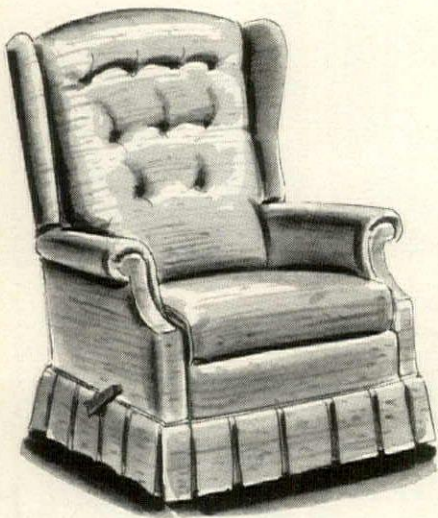
20 colors. To 5 generations Bigelow has brought beauty that never fades, value that becomes more apparent with every year. You buy with confidence when you buy a Bigelow.



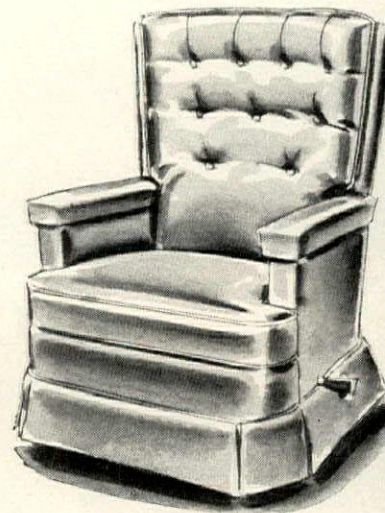
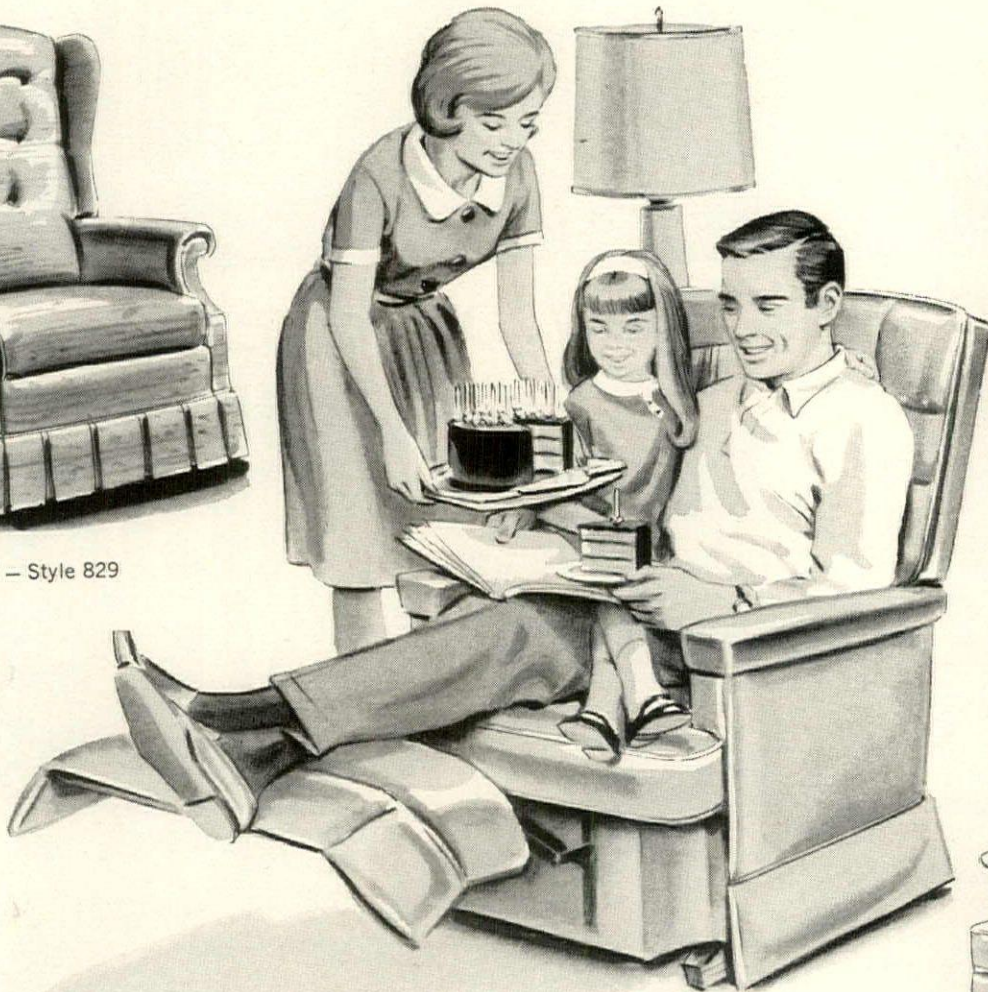
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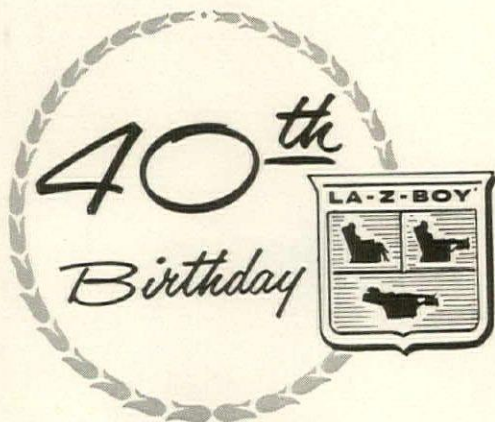
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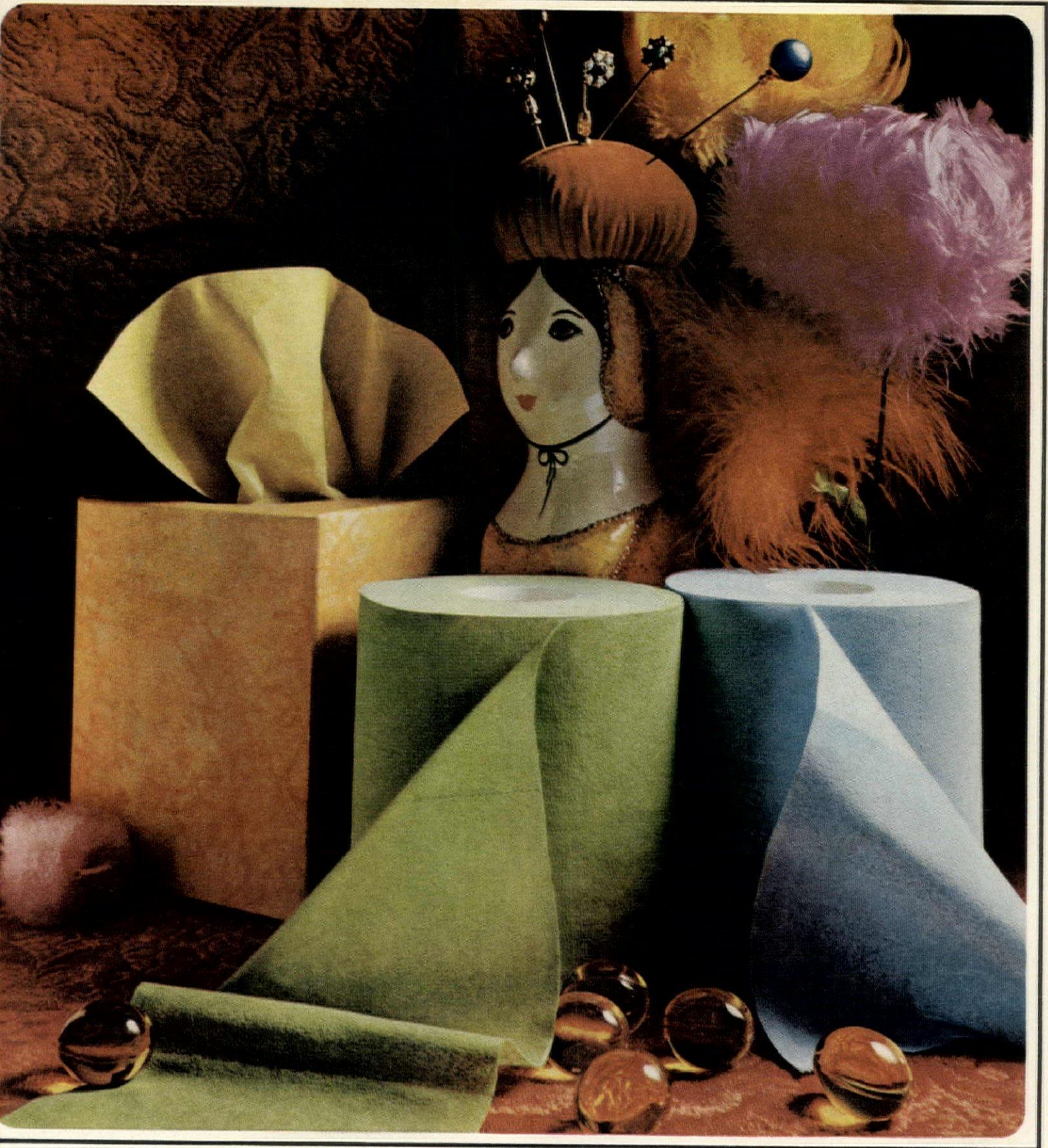
We are proud to offer this outstanding sale. Whether you like birthdays or not, you'll love the unusual savings available now on these three world-famous, genuine La-Z-Boy® Reclina-Rockers. Make your selection from many Scotch-

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\*Sales dates may vary from area to area.




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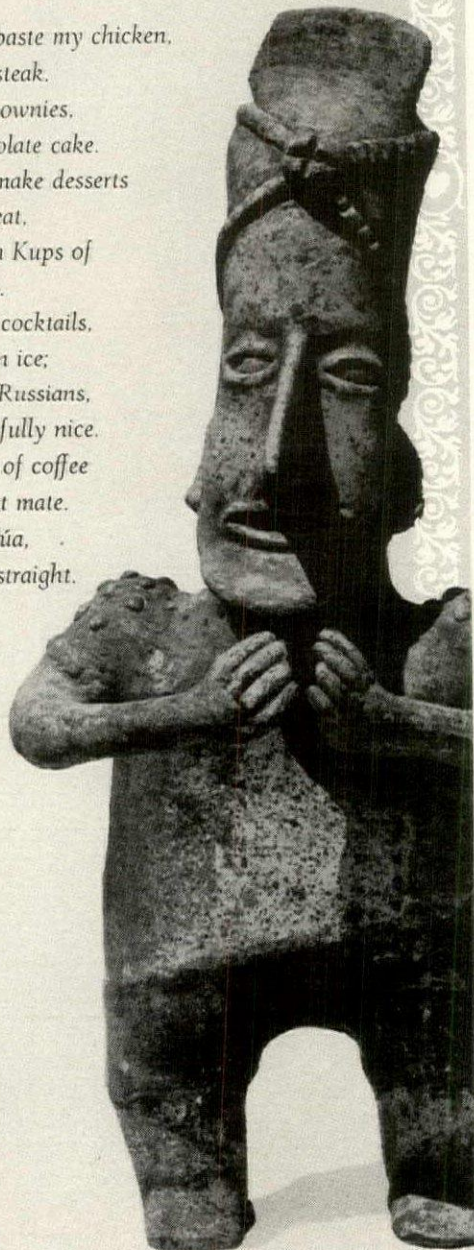


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I love the way you make desserts  
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chocolate I can eat.  
I love thee mixed in cocktails.  
I love thee poured on ice;  
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But best of all, Kahlúa,  
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## NOTES FOR THE HOSTESS

BY MARY MOON HEMINGWAY

To prevent that nightmare—the forgotten gift for the overlooked birthday or anniversary—and always to be provided with a hostess gift, it is good insurance to have a gift drawer that will almost infallibly produce the right present for the right person at the right time. There may be no such thing as the universal gift, but there are some that are almost sure to please most of the people in a given category: the young, the old, the sportsman, the gardener, the traveler, the house proud. So, a well-stocked gift drawer might contain cans of tennis balls already gift wrapped; several sets of golf balls, ready to go; small flower snippers; packets of rare seeds; miniature cars; doll's tea sets; five-dollar rolls of stamps; beautiful beeswax candles; and of course scarves for both sexes. The point is to have a variety and have each item pre-wrapped so you won't have to go into a dither at the very last minute.

New wrinkle for a guest book: opposite each page for guests' signatures and comments, a blank page where you can paste up headlines, news items, cartoons, anything germane to that particular moment in history. After only a few months it will be fun to look back and remember: "The day the Smiths came to dinner, was the day a man landed on the moon."

Centerpiece for an anniversary (or any party where congratulations are the theme): a flock of saucer champagne glasses set on a mirror. Float a camellia in each glass, and if they are hollow stemmed, tint the water with food coloring to go with your color scheme.

The working man's delight has become one of the best party helpers I have ever owned. Designed primarily to serve construction crews, the Gotkool cooler now serves my guests, indoors and outdoors, all year round. A giant 10-gallon cooler,

it will keep a party-size supply of ice for three days. You can also use it as a liquid dispenser—it has a fast-flowing spigot at the base. We have used our cooler for everything from Bloody Marys and *après-ski* soup to coffee, hot or cold. In addition to the big one with a capacity for the most exaggerated hospitality, I have a 2-gallon family size. Made of galvanized metal like a no-nonsense milk can, the cooler is lined with triple thick polyethylene which gives it total insulation. A fine point of the design is the extra thick polyethylene lid that conducts positively no heat—good insurance outdoors on a hot sunny day. Handles make the cooler easy to carry, the wide mouth makes it easy to clean, easy to load.

An old-fashioned cake stand makes a wonderfully versatile foundation for a centerpiece. You can set a cluster of squat glasses on it, for instance, and fill each glass with a fat bouquet of tiny flowers or a tight cluster of small greens. Or you can press it into service as a server for little individual cheeses, wedges of Camembert, miniature Liederkrantz—or for all the accompaniments for a fondue Bourguignonne or a fiery curry.

Pewter surely is old, certainly is new. Lucky the hostess who has a few pieces of antique pewter to enhance her dinner table. But new pewter fashioned in the most forward-looking designs is superb. Paradoxically, the poor man's silver of the past has a loving affinity for today's stainless steel. Royal Holland Pewter place plates make marvelously ample serving plates for great family dinners; Christmas or Thanksgiving feasts served on them seem so right. Pewter combines well with homespun, linen, ironware, pottery, wood—almost everything but the most delicate materials. Crazy but interesting: pewter on a tablecloth of fake leather or fake fur. A fascinating surprise: pewter combined with any china of Imari design.



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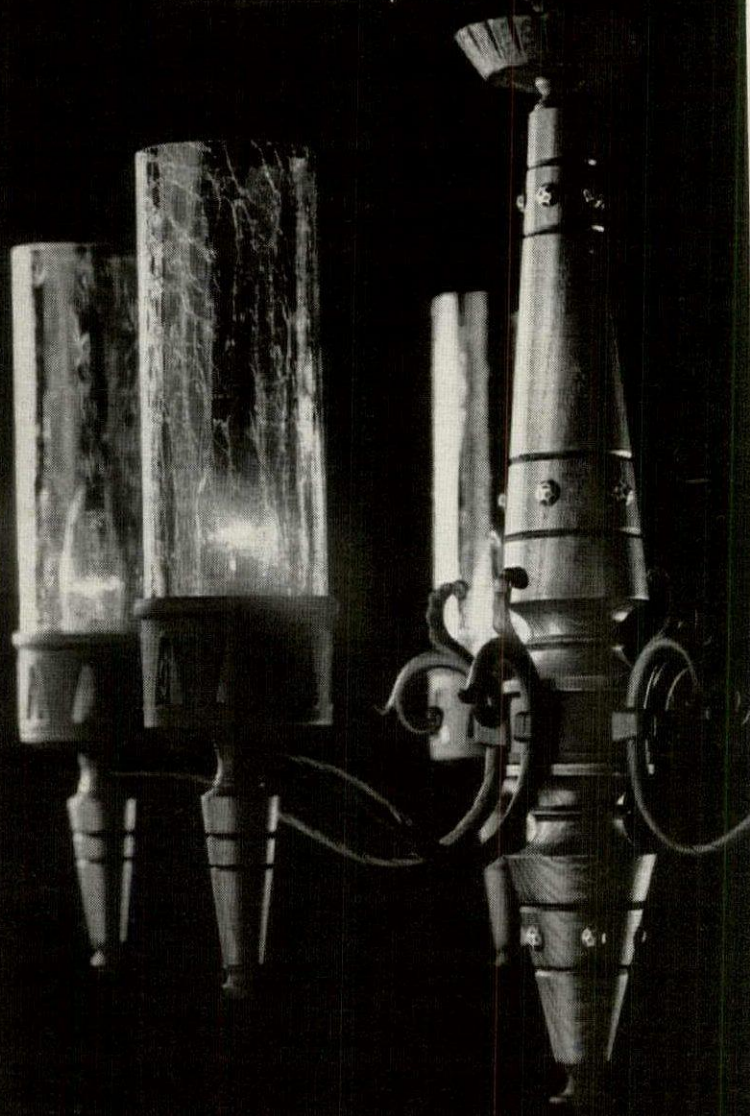
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## PLEASE TELL ME...

*Where can I have my Victorian silver dressing set repaired? I would like to have new bristles put in the brush and the comb replaced. I also need a new stopper for a glass-and-silver bottle.*

Craftsmen at Hess Repairs, 168 East Thirty-third Street, New York, N. Y., 10016, will replace worn or missing parts in old dresser sets. They also mend fine porcelain, replace the blue linings in antique glass salt dishes, smooth chipped edges in glassware, resilver mirrors, and perform countless other repairs. Considering the skill required to do these things, the costs are reasonable and you are given an estimate before the work is started. If you cannot come in person with your treasures, be sure they are wrapped carefully and fully insured before mailing.

*How can I determine the value of some etchings I inherited? I hesitate to go to the expense of reframing them if they have only sentimental value.*

A local museum or university art department may be able to help you. If not, you will find 550 experts on all types of art and antiques—etchings, paintings, furniture, glass, rugs, china, etc.—listed in the Membership Directory of the Appraisers Association of America, Inc. The members, located throughout the U.S., are indexed geographically and according to their specialties. By writing to one of them you can arrange for an appraisal. To receive the Directory, send \$1 to the Association at 663 Fifth Avenue, New York, N. Y., 10022.

*Who paints furniture to match fabric or wallpaper? I'd love to have a chest of drawers painted to match a pattern I've used in our country dining room and hallway.*

You can order simple pine furniture painted to match a sample of your wallpaper or fabric from Lemeau, 325 Bleecker Street, New York, N. Y., 10014. A painted five-drawer chest, 30 by 15 by 28 inches, will cost between \$90 and \$110, depending on the complexity and coloring of your pattern, plus freight; a 42-by-15-by-36-inch eight-drawer chest, \$115 to \$175. (If a standard daisy, candy stripe, Union Jack, or numbers pattern would suit your room, Lemeau has the smaller chest for \$75.) They will also paint your own furniture, if you can bring it in to them—or supply painted-to-order Parsons tables in cocktail, lamp, and dining table sizes.

*Where can I have glass objects fashioned to order? I would like to add something different to a friend's collection of crystal owls and animals that she sometimes uses for party centerpieces.*

You can get glass unicorns, zodiac symbols, ships, and specially blown figures of all sorts at The Glass Unicorn in Chicago's "Old Town." (On Friday nights, Saturdays, and Sundays, you can watch a glass blower seemingly conjure them out of thin air.) Delicate centaurs, rams, bulls, lions, crabs, and other zodiac symbols about three inches tall are \$12.50 each, plus \$1 for postage. For complete information about special orders, write The Glass Unicorn, 1608 N. Wells Street, Chicago, Ill., 60614.

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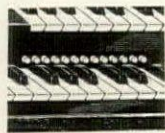
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## LOOKING AND LISTENING

# HOW TO IMPROVE YOUR FM AND TV RECEPTION

BY ROLAND GELATT

My attitude toward electronic equipment—or any kind of machinery for that matter—is that of a shameless fair-weather friend. I'm all for it as long as it works well. But let things go even slightly amiss and I turn hostile and mean. There is nothing like a piece of malfunctioning electronics to bring me to an acrid boiling point.

If you are of a similarly choleric nature and have been living on bad terms with your FM or TV set, you need not file for separation quite yet. The troubles you have are fairly common. You will be listening to the Philadelphia Orchestra on FM stereo, for instance, and just as the strings begin to melt your heart in Tchaikovsky's *Pathétique* the set goes pop-splutter-crackle. Or you will be absorbed in a whodunit thriller on color TV, and just as the bad guy is about to be unmasked the voices turn blurry and the picture disintegrates into a geometric pattern. Electronic equipment shouldn't behave that way if it wants to retain our good will—but occasionally it does.

Is your FM or TV set itself really to blame? Sometimes it takes the rap for mishaps beyond its control. A receiver, no matter how sensitive, must have something to receive. If the incoming signal from the transmitter falls below a certain level, your set is in trouble. Fortunately, the problem in most cases is easily solved. All that is needed is a proper antenna system to capture those elusive signals in sufficient strength.

The difficulty is that many people are often strangely allergic to antennas. They will sink hundreds of dollars into a complex assemblage of solid-state electronics and then boggle at the cost of a suitable antenna. It's a bit like owning a Ferrari and refusing to use high-octane gas. And yet a good antenna is the *sine qua non* for improved FM and TV reception.

### What is the best antenna for you?

If you are lucky, you can make out with a folded dipole. This simple antenna consists of so-called "twin-lead" (parallel strands of wire encased in a tough plastic strip) cut to specific lengths and connected to form a T. The new FM sets generally include a folded dipole as a standard accessory. It is intended for indoor use and can be tacked on the wall behind a piece of furniture, concealed in a closet, or even stowed under a rug. A near-cousin is the rabbit-ear antenna familiar to TV viewers—a contraption not quite so easy to hide, but still eminently convenient. Unfortunately, dipoles—whether of the folding or rabbit-ear variety—are rather inefficient. They favor transmissions coming from one direction over those coming from another, and they respond only to fairly strong signals. If you happen to live in close proximity to some powerful transmitting stations, a dipole may suffice. If not, you will probably need an antenna with more muscle.

Moving up the ladder another rung brings you to the rigid omnidirectional types. These inexpensive antennas are made of metal rods put together in such a way as to form either a turnstile or S-curve pattern. Although not much more efficient overall than dipoles, they are at least equally efficient in all directions, and because of their relatively small dimensions can be set up within an attic or even attached to the outer ledge of a window. But again you purchase ease of installation at the cost of less than optimum strength.

For optimum strength you have to turn to the yagi or log-periodic antennas. Don't let the space-age names dismay you.

Continued on page 18

### Shown on opposite page:

A. 371-12 Chest on Chest, 2 adjustable shelves, 2 trays behind doors. 18 x 39 $\frac{1}{2}$  x 56 H

B. 1097-05 End table. 28 x 20 x 18 H

C. 1097-22 Drum table. Dia. 27 x 19 H

D. 371-21 Bar Bed, three-way light socket, vinyl upholstered back rests, 4'6" or 5' Headboard only. Also available: 371-25 6'6" Headboard only.

E. 371-10 Mirror, cane inset in top. 21 $\frac{3}{4}$  x 48 (overall)

F. 371-09 Triple dresser, 6 drawers, 2 doors, 3 tray-drawers behind doors. 18 x 78 x 30 H

G. 1097-87 Cube, vinyl upholstered top. 16 x 16 x 13 H

H. 1097-01 Cocktail table. 54 x 20 x 15 H

I. 1097-26 Wall systems unit. 26 x 15 $\frac{1}{2}$  x 74 H. Base cabinet with cane inset in doors, has half-shelf behind doors. Drop front compartment has laminated plastic work surface and glass shelf for storing refreshments.

J. 1097-27 Wall systems unit. 26 x 15 $\frac{1}{2}$  x 74 H. Drop front record cabinet in base. Two adjustable shelves in upper section.

K. 1097-24 Wall systems unit. 26 x 15 $\frac{1}{2}$  x 74 H. Three drawer base unit; drop front desk with laminated plastic work surface.

L. 1097-25 Wall systems unit. 26 x 15 $\frac{1}{2}$  x 74 H. Two adjustable shelves in upper section. Cabinet in base has cane inset in doors and half-shelf behind doors.

M. 1097-02 Commode table. 26 x 20 x 20 H

For color folders showing Lane furniture, send 25¢ to the Lane Co., Dept. A-8 Altavista, Va. 24517

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The Lane Company, Inc. Altavista, Va., makes Sweetheart Chests, tables, bedroom, dining and living room furniture, record cabinets and bookcases.



# Daddy wants to know how I know this looks like a bachelor pad furniture. By Cynthia Lane

(Daughter of the president of Lane Furniture.)



I tell him I go to the movies a lot. I remember one movie where a tall, suave Englishman, who would sue the Lane Company if I named him, romanced a Scandinavian brunette on a sofa in front of a coffee table. At least, I think he romanced her. Personally I was watching the coffee table. The one in Lane's new group reminds me of it. Straight lines. Cane paneling. Walnut veneer.\*

Then there was the movie where a sickeningly sensitive young man and his father's wife sat around the young man's apartment on cushioned storage cubes with vinyl tops and, I particularly recall, recessed vertical lines—just as handsome as the ones in this new Lane group.

I learned something else in a movie once.

It was a piece of advice a Fascinating Older Woman with skinny eyebrows gave to a girl who was about to be married. And it makes me think it would be a good idea for wives to include a bit of Lane's Planetary furniture in their decorating schemes. "My dear," she said, "remember—always leave your man the illusion of freedom."

Amen.

To find out which store near you has Lane's Planetary collection, call this free number: 800-243-1890. (In Connecticut call collect: 853-3600.) Mention Lane's Planetary collection.

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*THE PARROT...an early 19th Century documentary wallpaper,  
reproduced for the Liberty Hall Restoration, Kenansville, N.C.*

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IMPROVING YOUR RECEPTION *continued from page 16*

These are no more than the multi-rod antennas you see every day perched on the roofs of houses and apartment buildings. It is very important to insist on a good one, however, and to avoid the flimsy models that TV servicemen so often put up. Both the yagis and log-periodics will do wonders toward improving FM and TV performance. They are highly sensitive to weak signals and remarkably immune to interference. But along with their virtues goes one major difficulty: they are even more narrowly directional than dipoles. Point them in the direction of the transmitter and they are great; point them away and they are hopeless.

### A turning antenna

What can you do? If all your FM and TV programs come from the same location, you have no problem. Simply set the antenna in the correct position when it is first erected, and that's that. But today FM stations are likely to be all over the place. To tune them in you must be able to turn the antenna through a full circle. This is readily accomplished with an automated antenna rotator. The mechanism consists of a motor attached to the antenna mast and a remote control box near the receiver. You simply dial the desired direction and the rotor does the rest. A complete outfit—antenna, mast, rotor, and accompanying hardware—comes to about \$90, plus installation.

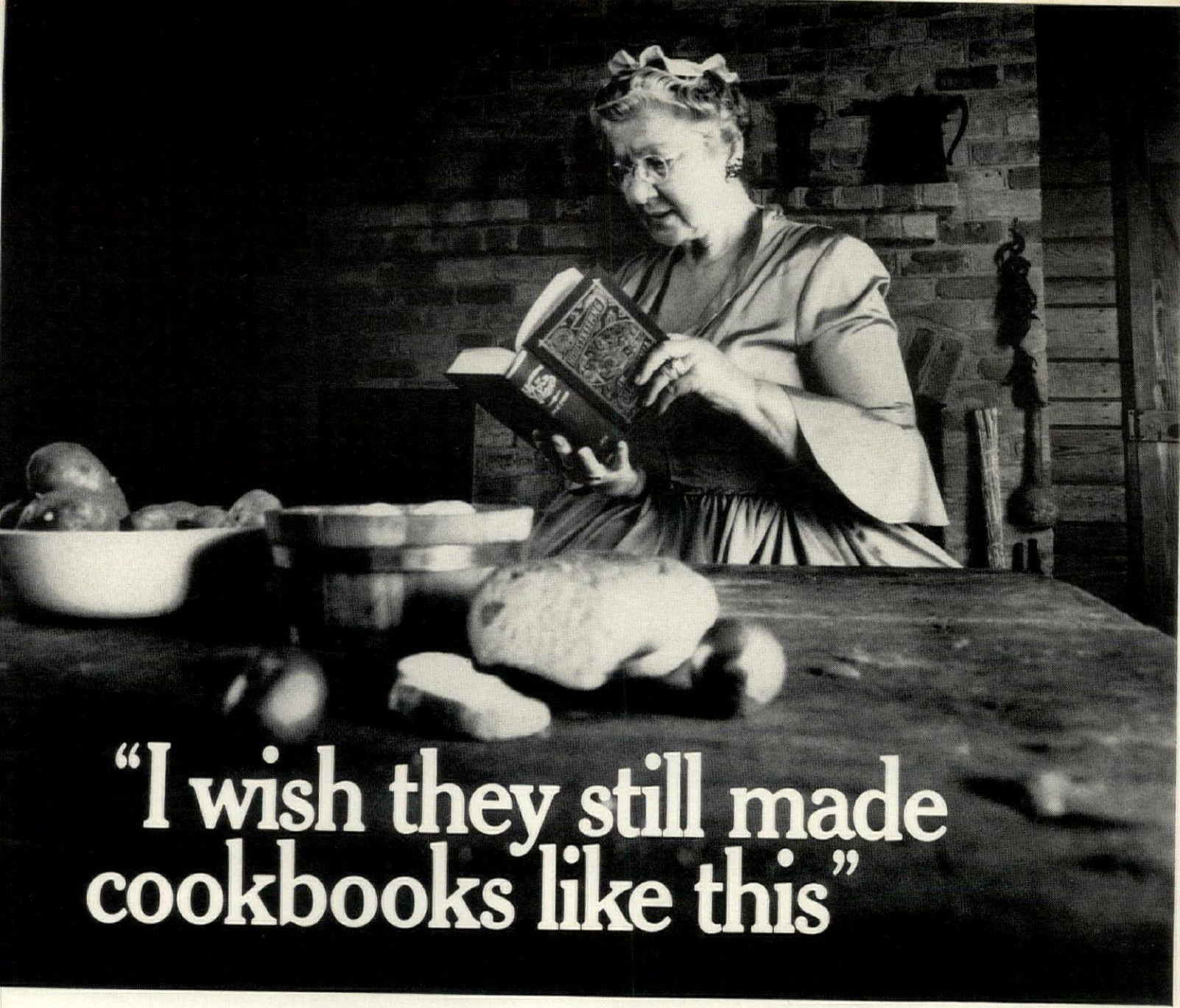
A log-periodic antenna does double duty for both the FM and TV bands, so there is no need to clutter your roof with more than one array. But if you intend to attach both the FM and TV set to the same antenna, you will need a filtering device to isolate one receiver from the other. This is called a splitter, adds about \$4 to the total bill, and will be warmly appreciated whenever you want to listen to Bach while someone else in the family is watching a football game.

The long wire leading from the rooftop array into your house can be a troublesome source of noise, ghosts, and other annoying forms of interference, particularly when you are tuned in to sensitive FM stereo or color TV programs. Until recently, the standard connector employed between antennas and receivers was twin-lead—the same wire that is used in folding dipoles—but this kind of lead-in is now being abandoned in favor of low-loss coaxial cable. "Coax" is admittedly more expensive, but its immunity to the gremlins that can plague twin-lead makes the additional investment well worthwhile.

One further accessory for improving FM or TV reception is the antenna booster, a transistorized preamplifier intended mainly for listeners and viewers who live in isolated areas and depend on distant stations for their program fare. As the name implies, a booster serves to beef-up the strength of a signal before it gets to the receiver. Some models are made for mounting directly on the antenna mast, others for indoor installation near the end of the lead-in. Their cost runs from about \$20 to \$40.

What of the apartment dweller whose landlord refuses to allow an antenna on the roof? In this case there is no alternative but to make the best of what can be used in the apartment itself—folded dipoles, rabbit-ears, or window-mounted omnidirectionals. If these antennas are positioned astutely and mated to first-class equipment, the reception problems should not be too difficult. After all, apartment buildings are usually located within the range of many nearby transmitters.

I get along nicely in the heart of New York City with a folded dipole and an extra-sensitive FM tuner. Both the radio and its antenna are housed in a closet near the center of a large steel-frame building. It is the worst possible location, and I have no idea how the FM signals manage to penetrate there. Still, my little dipole pulls them in with never a pop, splutter, or crackle. What never? Well, hardly ever. Occasionally, if I am tuned in to a very weak station, the sound of some exquisitely lovely music will suddenly begin to fade away. This is the moment to smile benignly and remember that the FM set really is not my mortal enemy. I wish I could say I always keep my cool.



# “I wish they still made cookbooks like this”

Mrs. Mabel Oliver Bellwood presides over Red Hill-on-the-Staunton, the lovely restored home of Patrick Henry in Virginia.

So, quite naturally, she's fascinated by the cookbook she's holding.

For *Housekeeping in Old Virginia* was actually written by Patrick Henry's granddaughter.

This famous cookbook contains favorite dishes of the FFV (First Families of Virginia), names you'll surely recognize from American History. There are over 1700 heirloom recipes in all, including Flannel Cakes, Pigeon Pie, Souse Cheese, Mustard Sauce, etc.

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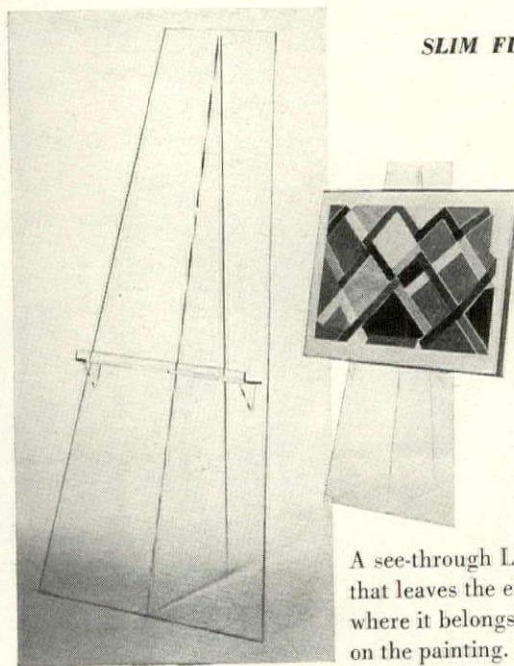
CONNOISSEUR'S CORNER

EASELS

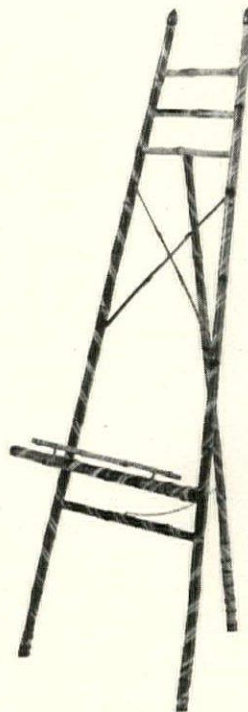
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*An easel, designed for floor or tabletop and not so ornate that it detracts from the picture it holds, enables you to place a fine-lined drawing or a detailed miniature where you can see it at its best. This is also a splendid way to display a painting when your wall space is limited or when a small painting would be lost on a big blank wall or swamped in a miscellaneous group.*

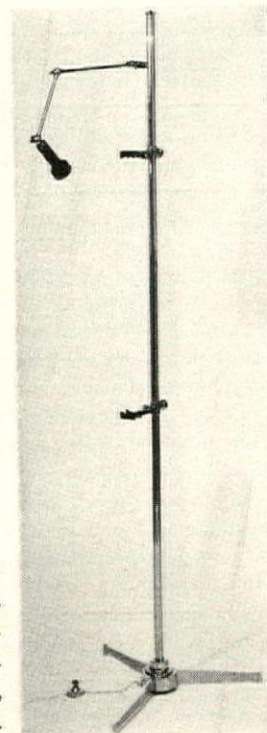
SLIM FLOOR EASELS



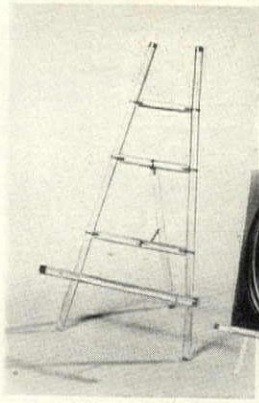
A see-through Lucite easel that leaves the emphasis where it belongs—on the painting. 50 by 24 inches \$119 at B. Altman & Co.



Tall easel of turned bamboo to hold a large-sized painting. 23½ by 57 inches. \$50 at Henri Bendel.



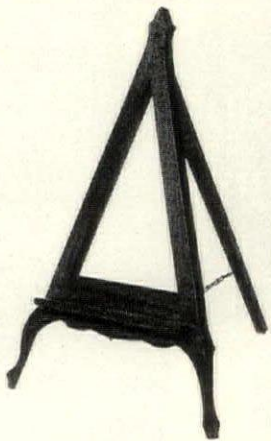
Slim-as-a-pole brass stand with spotlight to illuminate your picture, and holders that adjust to its height. 23 inches at base, 82 inches high. \$285 from Paul M. Jones, Inc., through interior designers.



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Plastic stand with a tortoise shell finish, looped at the top for a decorative flourish. 9 inches high. \$10 at The Very Thing.

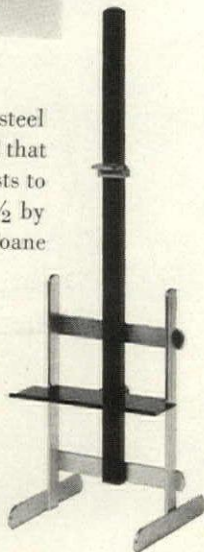


Amply proportioned wood easel that has the appearance of a precious antique. 11½ by 18½ inches. \$13.50 at Talbert Boutique.



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Brass rope fashioned into a tripod to hold a miniature delight. 4 by 7 inches. \$8.95 at Talbert Boutique.

FOR STORE ADDRESSES, SEE PAGE 104.



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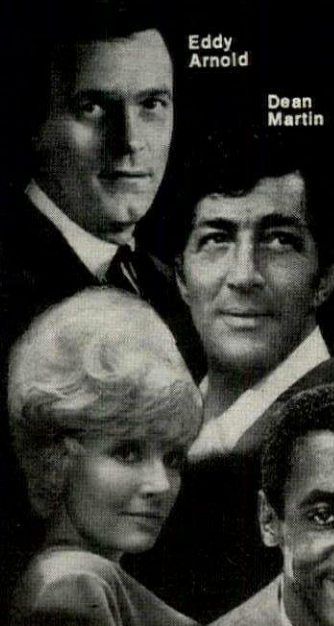
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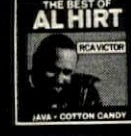
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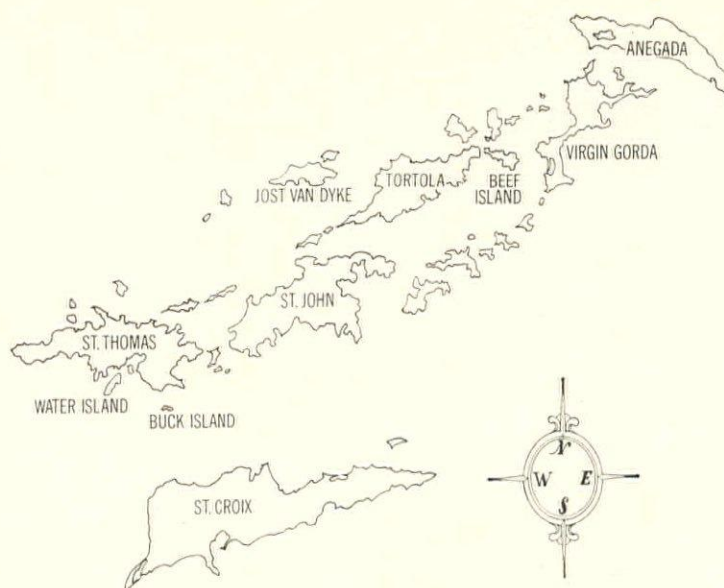
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GOING PLACES, FINDING THINGS IN

# THE VIRGIN ISLANDS

BY JOSÉ WILSON



For Caribbean-bound vacationers with an eye for the greatest possible variety within the smallest possible area, there can be only one choice—the Virgin Islands. Scattered like a handful of pebbles flung by a giant hand across the seas east of Puerto Rico, the Virgin Islands (U.S. and British), form a curving chain of delightful contrasts—from the “Caribbean-a-go-go” atmosphere of swinging St. Thomas to the strange, water-sculpted caves of Virgin Gorda. The Virgin Islands are a mixed bag. Some are little more than uninhabited rocks, while two of the largest, St. Thomas and St. Croix, are becoming increasingly populous with mainland immigrants launched on a super building spree. There is something here for every taste—night clubs and hotels of the utmost *luxe*, shopping on the level with that of a world capital, the remotest kind of solitude, and untouched, virgin landscapes. As the islands are linked by regular boat, seaplane, and airplane service, it is an easy matter to hop from one to the other, sampling their diversity. United States citizens need no passports or visas for the British Virgin Islands, customs inspection are a mere friendly formality, and the dollar is accepted currency. Within two weeks it is perfectly feasible to visit the five major islands—St. Thomas, St. Croix, and St. John in the U.S. Virgins, and Tortola and Virgin Gorda in the British Virgins—and you can choose from accommodations ranging from the simple to the sybaritic.

Completely different in ambiance and style, the neighboring islands of St. Thomas, St. Croix, and St. John remind me of three sisters, each of whom has plumped for her own style of living. St. Thomas is the single career girl, lively and fun-loving, constantly on the go, habitué of bistros, boutiques, and discotheques. St. Croix is the sister who made a good marriage, fashionably chic in an understated way, settling placidly into prosperous domesticity. St. John is the quiet one, a nature lover who goes for lonely beaches and wild green forests and doesn't give a hoot for outward appearances.

For a mainland city dweller, St. Thomas is a natural transition place. The capital, Charlotte Amalie, has many of the earmarks of a big city—streams of traffic, bargain-hunting shoppers, a lavish assortment of bars, restaurants, and night clubs—but the sun is tropically intense, the pace a little languorous, and just a short drive from town are the superb beaches of Morning Star, Sapphire Bay, and Magen's Bay where you can bask all day long in suitably sun-soaked indolence.

Charlotte Amalie is surely the bazaar of the Caribbean. The main streets and the tiny alleyways between them are lined with shops selling, at free-port prices, perfumes and watches, liquor and china, cameras and crystal, and all the other luxuries of an affluent society. Specialized shops are harder to track down, but among the more interesting places are the antique section of A. H. Riise's Main Street store where you can find English and some West Indian furniture, silver, pewter, and china attractively displayed in the brick-walled setting of what was once an old Danish kitchen, and The Cheshire Cat, also on Main Street, which has a well-chosen stock of Scandinavian and European home furnishings. It is also worth driving the short distance from town to Tutu Village, once a Danish estate and now headquarters for the enterprises of artist-designer Jim Tillet. Although you can buy his custom fabrics and clothes in Charlotte Amalie, here at his estate you can also watch the traditional hand process of screen-printing, and then wander around the gallery composed of Mr. Tillet's paintings and wall panels of Virgin Islands scenes. Some, lighted from behind to give a lambent glow to sea and sky, suggested to me a whole new approach to the hanging of land and seascapes.

Despite the overlay of modernity and resort hotels, there are enough architectural vestiges of Danish ownership and French settlement to give St. Thomas a distinct character and charm. My favorite luncheon spot is the Harbor View, a nineteenth-century French Huguenot townhouse on a hill overlooking the harbor that has been turned into a small hotel furnished with antiques.

Continued on page 28

Shady arcades of King Street, Christiansted, shelter a clutch of old Danish buildings, now the heart of the duty-free shopping area. Sign points the way to a hotel on the harborfront.





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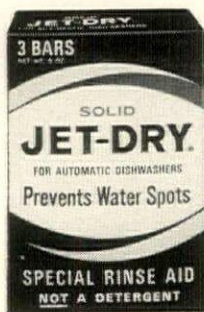


Jane Kean, featured on "The Jackie Gleason Show"

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Some of the best and most climatically appropriate food in St. Thomas is served here at poolside tables—icy gazpacho and feather-light crêpes with a choice of suave fillings. Another good place for a non-surfeiting lunch is the Café Brittany in Beretta Center where you can have a salad of crabmeat or lobster with excellent wines, and cheese to follow.

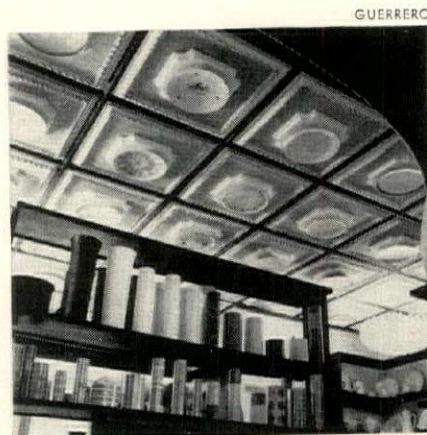
There are hotels aplenty in St. Thomas, but probably the one with the most unusual, away-from-it-all location is the Water Isle Colony in the harbor. Built Spanish style around an interior court, the hotel capitalizes on its airy hilltop site with an open-air dining room and balconied sea-gazing rooms. It is easy here to feel miles away from the jumping night life of Charlotte Amalie.

## Dignified St. Croix

St. Croix, almost three times as large in area as St. Thomas, seems to have retained more of its colonial dignity, although the great sugar estates have become resort hotels and residential communities. From the waterfront of Charlotte Amalie to the harbor of Christiansted is only half an hour by Antilles Air Boats and in this age of jet travel there is an almost childlike pleasure in climbing aboard the stubby old "Grumman Goose" and taking off in a flurry of spray. Within minutes of landing you can be strolling around the shady little alleys of Christiansted, sipping a drink in the palm-shaded courtyard of the Pentheny Pub or trying on a sensational French bikini in Violette's Caravelle Boutique. Arcaded King Street and parallel Company Street are more sedate, less thronged than their St. Thomas counterparts. Wandering down Company Street from Jelstrup's bookshop, where I had bought a couple of Virgin Islands cook books, I stopped in the Corner Shop to look at their hand-printed batik dresses, palmetto hats, hand-tied fishcord belts, and primitive paintings done by a self-taught Cruzan (as the St. Croix residents are called) and was invited to sample a pâté that had just been delivered piping hot by an islander. This savory little deep-fried turnover filled with spiced meat is a cross between an English Cornish pastry and a South American empanada, and absolutely delicious. This and other local delicacies such as *tu tu fungi* (a soul-food dish of salt pork, cornmeal, and black-eyed peas), *maubi* (a drink made from the bark of a local tree), and conch and rice, are not likely to turn up on the menus of the Christiansted hotels, but you can try them at Andrews Bar and Grill in Frederiksted.

Christiansted's shops reflect the more individual taste of St. Croix—the amusing hand-painted wood mirrors at Sun Spot and the brilliant patchwork beach quilts at the Queen's Quarter Boutique (both in the Pan American Pavilion), the miniature furniture and shadow boxes at Island Imports, the sandals handmade by a man in the local smokehouse, and the antiques, santos, and Swiss copper in the Little Guard House. If you want to get a glimpse of how people lived in the eighteenth-century days of sugar fortunes, you can wander through the restored mansion of Whim Greathouse near Frederiksted at the western end of the island. The best place to eat in Frederiksted is La Terrasse, a restaurant

Continued on page 32

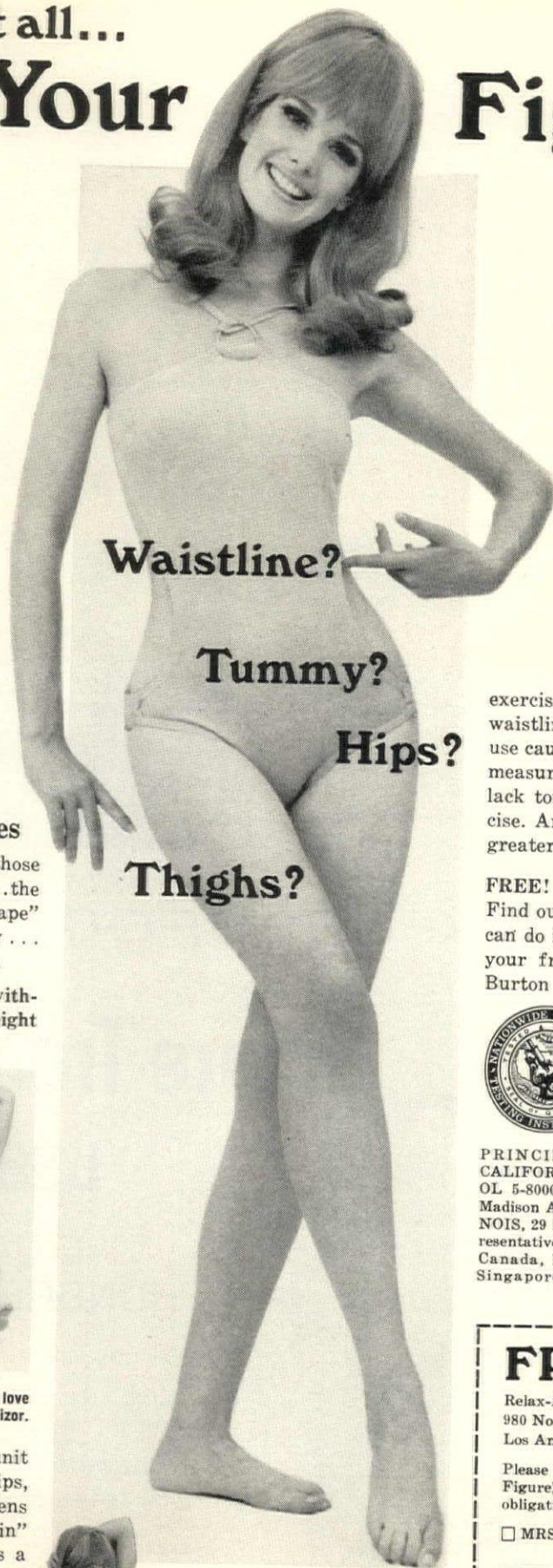


GUERRERO

Plaster ceiling at Casa Venegas, St. Thomas, was specially designed to display Rosenthal china plates.

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in a flowery courtyard where the food, prepared by the wife of proprietor Vincent Laroche, is simple but superb, in the great tradition of French cuisine.

The western end of the island is pastoral, lushly green. Driving along Mahogany Road in the heart of the rain forest area I felt that time had held its breath. The branches of the gnarled trees shade the road like a vast canopy, wild bamboo and floppy elephant ears overgrow the banks, and here and there I spotted the ruins of a house or cabin. Much of the same untouched, wild beauty can be found at Buck Island National Park, about five miles off the northeast coast of St. Croix and linked to it by daily ferry service from the Club Comanche dock in Christiansted. At this snorkelers' heaven, a marked underwater trail winds excitingly through coral reefs where rainbow shoals of fish flicker in the crystal-clear waters.

A similar underwater trail at Trunk Bay is one of the natural lures of St. John, the third point of the U.S. Virgin Islands triangle. Most of St. John is also a National Park, a wonderfully jungly place where vines have wrapped themselves thickly around the trees, screening out the sun and the uncanny hush is broken only by the call of mourning doves or the sound of a jeep grinding over the bumpy, hilly roads. St. John is a great retreat for the world-weary or honeymooners, who can find the extremes of accommodation—on the one hand, the manicured, landscaped acres of Laurance Rockefeller's posh Caneel Bay Plantation and on the other, the camping grounds in the National Park area at Cinnamon Bay, where you can rent a tent or a four-bed cottage. The cottages, at about \$10 a day, seemed to me excellent value for a family. Each has an outdoor charcoal grill and bottled gas for cooking, a good water supply, and shares a bathroom and the services of a commissary where all general-store staples can be bought. For more ambitious shopping, Cruz Bay is just a short

jeep or \$1 taxi ride away and \$1 more buys a ferry trip to Red Hook, St. Thomas.

### The British Virgin Islands

From St. John the waters of Sir Francis Drake's Channel wind through the parallel groups of thirty-two islands that constitute the British Virgins. Names like Dead Man's Chest and Great Dog, Fallen Jerusalem and Jost van Dyke recall Robert Louis Stevenson's Treasure Island, supposedly set on Norman's Island, one of the group. Certainly the caves, rocky inlets, and white sand beaches of the British Virgins would seem to be perfect hideaways for the piratically minded. Tortola, the largest island, named by Columbus for the gentle turtledove, is also the busiest because its chief town, Roadtown, is the capital of the British Virgins, and with West End is the official port of entry for

*Continued on page 34*



Swiss copper cookware patterns an entire wall of The Little Guard House in Christiansted. On the floor, a covered copper barbecue grill.

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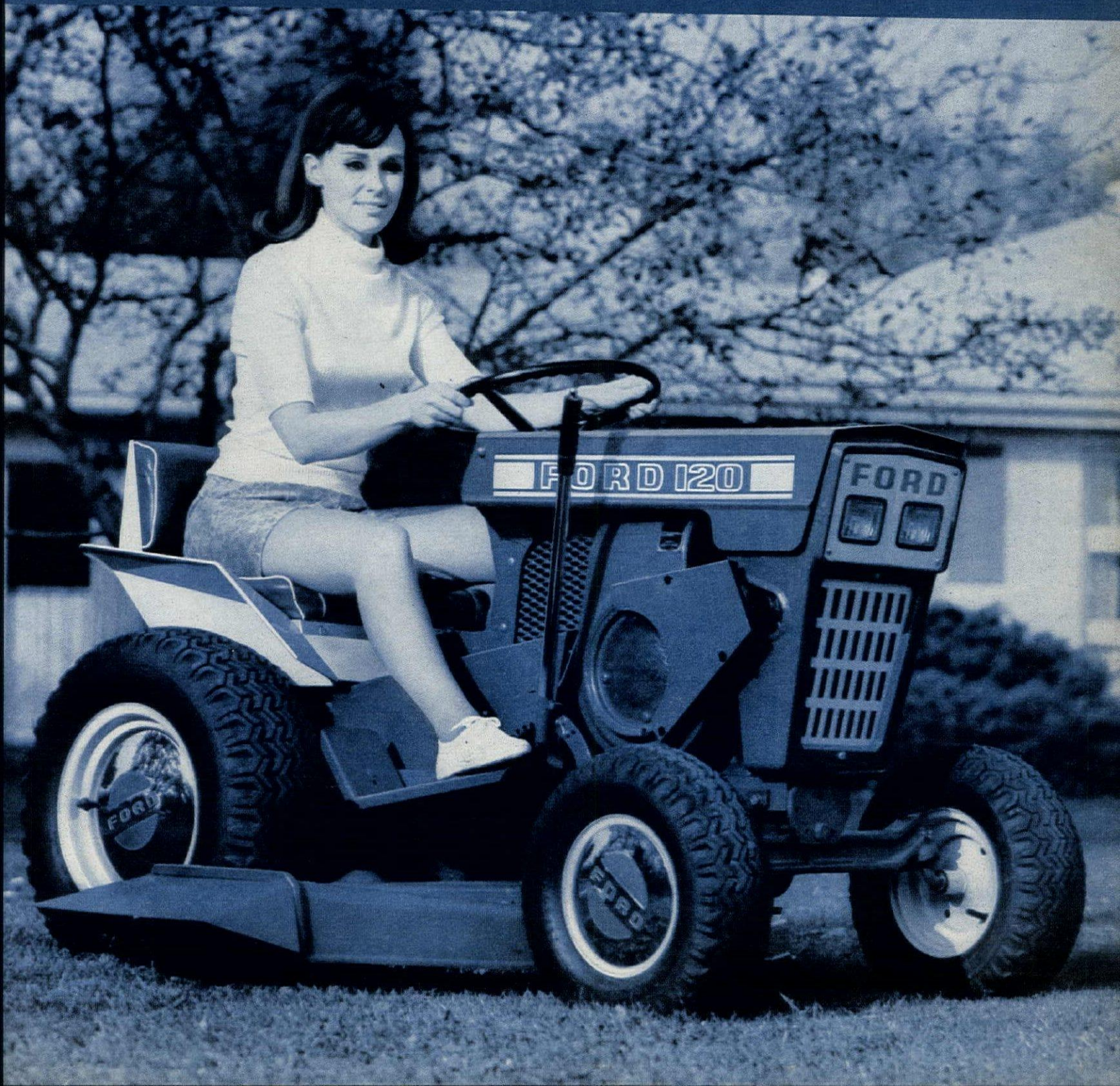
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number of small, informal places to stay, Tortola has a lively ramshackle charm.

Second only to Tortola in size is Virgin Gorda, skinny in silhouette but dubbed *gorda* (fat) by Columbus who was clearly running out of inspiration at that point. The island's economy, mostly based on farming and fishing, has been boosted by the introduction of another Rockefeller resort, the 500-acre Little Dix Bay, fortunately without altering the placid pattern of its life. Little Dix is the kind of idyllic spot that more and more vacationers are seeking these days, and everything has been skilfully engineered for privacy. Peak-roofed hexagonal guest cottages, each with its own terrace, are strung out parallel to the curving powder-white beach, screened by tropical planting that blends them into the landscape. The design of the cottages is simple, but ideal for maintaining constant cross-ventilation by means of louvered panels on exposures facing the land and the sea. It occurred to me that this would be a great way to build a small vacation house, with two hexagonal rooms linked by a breezeway.

If Little Dix had a coat-of-arms, its motto on the crest would be *Laissez aller*. Days there follow a leisurely, drifting cycle of sunning, swimming in the buoyant water, sailing, water skiing, fishing, snorkeling, and exploring the nearby islands and the great barrier reef of Anegada. Meals are served in the central breeze-swept dining pavilion, a short stroll from the cottages through grounds landscaped with tropical trees—palms, white cedar and calabash, cashew, tamarind, and lime. There are no night spots on the island, but I followed the example of many island residents and vacationers by dropping in at the Lord Nelson, the only other hostelry on Little Dix—a cheerful, informal place where the young owners held court behind the bar in the evening.

The sights of Virgin Gorda itself are limited but unique—abandoned copper mines worked by the Spanish in the sixteenth century, the "Crawl" at Spring Bay, a beautiful and secluded beach in a British Virgins National Park area where you can bathe and snorkel in rock-bound natural swimming pools, and The Baths, a strange, spectacular pile-up of giant basalt and granite rocks, the sea-lapped portions of which have been eroded and hollowed into a maze of caves and grottos. Some are shadowy dark, others lit by shafts of sunlight that strike through gaps in the rocks high above to glitter on the crystalline tidal pools. As I penetrated deeper into the labyrinthine heart of The Baths I recalled that, thousands of years ago, Virgin Gorda was part of the great continuous land mass that, as the glacial sheets of the Ice Age melted, became slowly engulfed by the rising waters. Most of the island, like the lost continent of Atlantis, lies under the sea that I could hear rushing through the narrow channels of rock.

It was a wonderful memory to take away when, as we flew westward back to St. Thomas, I could see underneath the blue-green water the vast coral reefs of this drowned world.

I found the sweet sorrow of departure from St. Thomas eased by the continuing liberality of the travel allowance that permits \$200 worth of goods and 1 gallon of liquor to be brought back to the U.S. duty-free (\$100 worth of purchases and 1 quart of liquor can be bought outside the islands provided the total does not exceed the allowance.) Add to this the free-port status and prices of St. Thomas and St. Croix and the fact that a lot of the grooviest clothes in the boutiques are made in the U.S. or Puerto Rico and therefore not subject to duty, and the only problem any Virgin Island vacationer is likely to encounter is staying solvent until it is time to head for home.

If you would like free literature about the U. S. and British Virgin Islands, please mail this coupon to House & Garden's Reader Service, 420 Lexington Avenue, New York, N. Y., 10017.

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## "You can be sure if it's Westinghouse."

**D**id you know that the practice of using brand names and trademarks on products is under attack in this country?

*That certain governmental actions and judicial rulings are moving implacably toward the possible destruction of brand-name marketing?*

The great debate that is going on points up the issue of what trademarks and brand names really mean. But, there is, I believe, more instructive value in a look at Soviet experience with branded products than in all the tangled rhetoric expounded by lawyers, economists, professors, businessmen, and politicians in recent years.

A few years ago several Russian factories manufactured identical 17-inch TV sets. On more than one occasion, even though consumers were clamoring for more sets, many simply were not being bought. Inventories piled up. After a good deal of fruitless and wasteful searching for an explanation, the answer came. Because the public could not identify the factory source of any one 17-inch set, and one factory habitually produced "lemons," soon sales of all 17-inch TV sets fell. This refusal to buy was the public's only way to protect itself. But it threw the Soviet central economic plan badly out of kilter. Even worse, it caused a lot of public discontent with Soviet officials.

**Factory Marks.** It was at this point that Soviet trademarks began to appear. At first,

their function was little more than to identify (for the convenience of the authorities) the factory source, but the result was far more than the Russians bargained for. Here is what trademarking did:

(1) It enabled the consumer to choose the output of a plant with a good reputation, and to avoid the plant with a poor one.

(2) Though the sales of the factory with the poor reputation fell, and therefore it failed to meet its economic plan, this caused less economic dislocation than when the entire industry's sales had slumped previously.

(3) It resulted in consumer discontent being shifted from the political (Party) authorities to the trademarked plant with the poor quality.

(4) It created a form of consumer sovereignty—a way of giving the consumer the power to reward quality and punish shoddiness—by enabling him to identify easily the source (trademark) of the output.

In sum, trademarking rewarded quality and efficiency, and punished shoddiness and waste, by making it easy for the quality producer to sell his product because the consumer had developed confidence in his trademark. From experience, the consumer had, in effect, learned that "You can be sure if it's Westinghouse."

**Further Developments.** The Russians have, since this incident, expanded the practice of trademarking, or branding, the output of different plants. Soviet plant managers now guard the integrity and reputa-

tion of their trademarks with the vigor of Cossacks bearing down on revolutionaries. They safeguard the purity of their brands as sedulously as they watch their operating expenses. Their houses depend heavily on what happens to both of these.

The fact that the Russians have adopted brand names and, now, advertising simply reflects the fact that they are more responsive to the dictates of economics, technology, and good sense than to the muddy abstractions of obsolete philosophy. Moreover, the Russians have learned with brand names, instead of economic planners having to establish arbitrary quality standards and hire engineers to enforce them, the sovereign consumer automatically establishes and enforces the high standards.

The net result has been not only a most automatic and continuing improvement in Soviet consumer-product quality and design, but also an accelerating tendency to use brand-name advertising as a means of reassuring consumers about quality and desirability of particular brands and therefore raising their sales and profits.

The Soviet experience clearly demonstrates how the consumer can use the brand as a means of protecting himself and punishing the producer of trademarked products that do not meet consumer expectations.

From an article by Professor Levitt, "Brand on Trial," in the Harvard Business Review, March-April 1966.

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# THE NOTES OF A HAPPY HOUSEKEEPER

BY MARY ELIZABETH FALTER

When my new percale sheets came home from the laundry full of black grease spots and small tears, I vowed I'd never send another thing out of the house. We'd already suffered enough when some of Tom's favorite shirts were ruined with bleach and others were simply lost. So now we do everything at home. The washing is simple enough, but my helper and I have had to devise some special tricks in the folding and ironing departments. Since we can't seem to fold the sheets without letting them touch the floor, especially those for our king-size bed, we've taken to doing the folding right on the bed. To make sure we don't have any wrinkles in the no-iron percales, we snatch them out of the dryer the minute they are dry or almost dry, then rush them to the bedroom and give them a quick press along the hems. The bed makes a perfectly adequate ironing board for this kind of quick-lick pressing, which is not really necessary but does seem to add a little luxury. We've also found that hanging shirts on a hanger as soon as they are ironed makes them look nicer, saves the job of folding and the consequent creases. We fold and stash away only the special occasion types that aren't worn often.

There's no doubt that in freezing cold weather houses get stale and fusty. Sometimes we turn the heat way down and open a door and a window to make a cross draft that does wonders for the atmosphere, but in between airings I rely on using a spray can of air freshener. Our favorite is Johnson's "Sun Country." It comes in three light breezy scents, all well removed from those flowery, heavily scented sprays that are more cloying than refreshing. "Sun Country" also comes in a good-looking black can that we don't mind leaving in full sight in the kitchen or the bathroom.

Nothing makes a beautiful room look dowdy faster than slipshod grooming—crooked lampshades, pictures askew, unplumped sofa cushions, messy

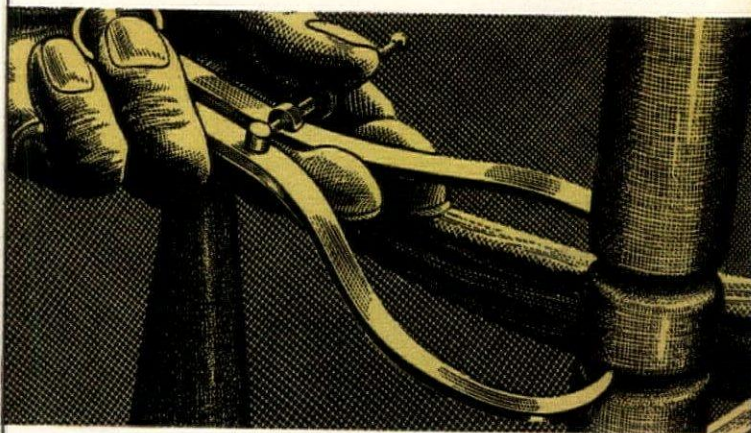
ashtrays. Among my pet manias are rug pads that slip out from under the rug and make it look for all the world like a well-dressed lady whose slip is showing. Some rug pads fray as well, and the waffle rubber ones tend to shred along the edges. I don't know why the people who lay the rugs don't finish rug pads in some way, but they don't, so the best thing is to do it yourself. It can be done easily and inexpensively by binding the pads with 2-inch masking tape—not only gives them a neat finish but the tape's slightly tacky crinkly surface helps keep the pads where they belong.

Being a gadget-happy family we're all intrigued by a new device that's just come out to seal leftovers in individual plastic bags for the freezer. Name of the little machine is "Seal-a-Meal," and the bags that come with it are boilable, which means they can be reheated in boiling water just like commercially frozen cooked foods. And that means you can double the recipe for some of the family's favorite dishes (Boeuf Bourguignon, curried chicken, veal Marengo), seal the extra portions in the bags, freeze them, then come up with a great hot meal at the drop of a hat—and no messy pans to wash. Dazey's "Seal-a-Meal" hangs on the wall, looks like a paper towel dispenser, and you can get extra bags in the same store where you buy it.

I'm sure there are quite a few people (like me) who aren't fond of instant coffee yet want to be able to make one good cup without getting involved with a full-scale coffee pot. There are numerous ways of doing it, but the best I've found to date is with a little drip pot called the "Mini-Drip Coffee Maker." It consists of a 1-cup drip section and a good-looking 10-ounce insulated mug that catches the drip and keeps the coffee hot if, for instance, you're snagged by a non-stop telephone caller or a baffled repair man at the precise moment the coffee is ready to drink.



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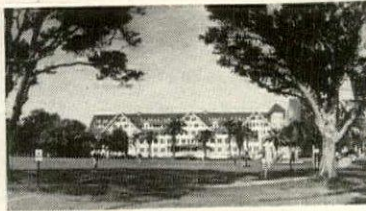
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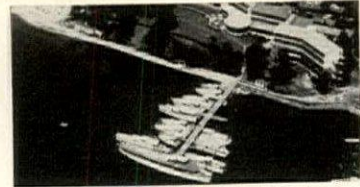
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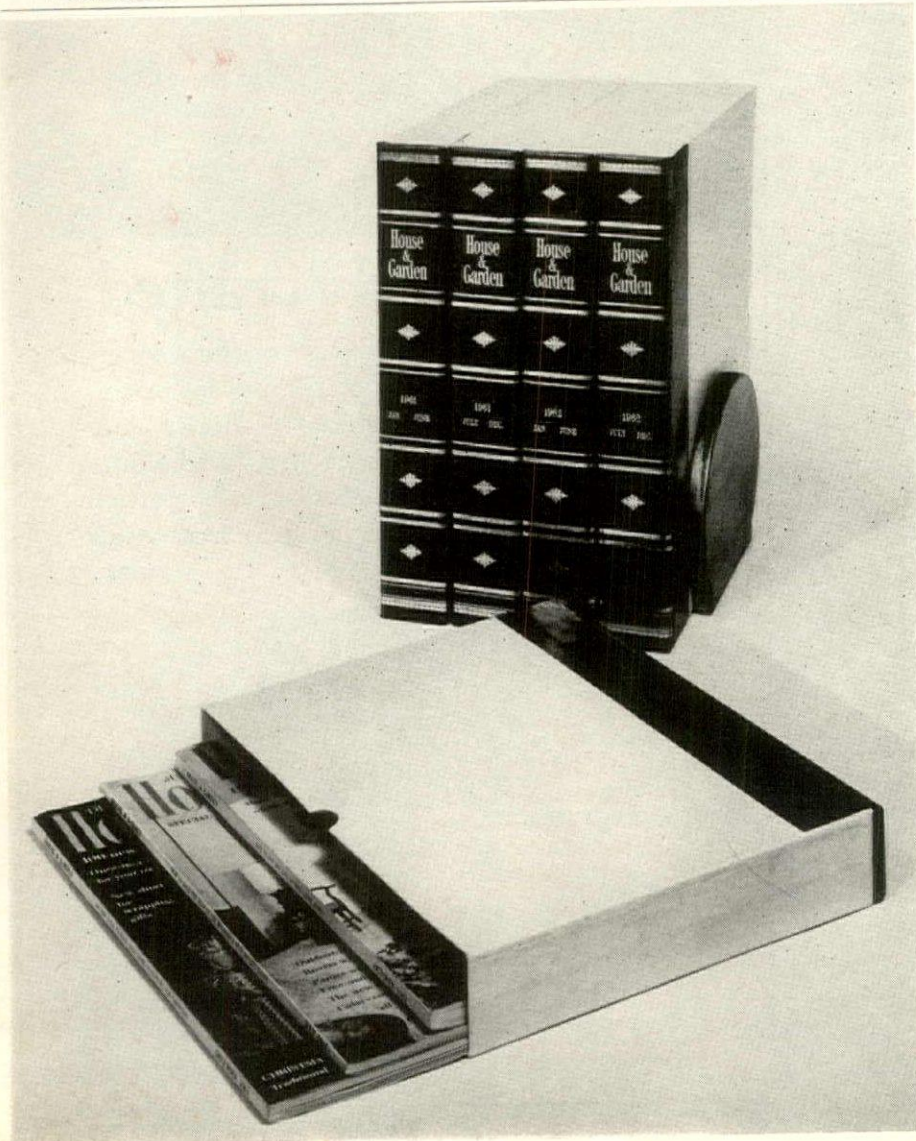
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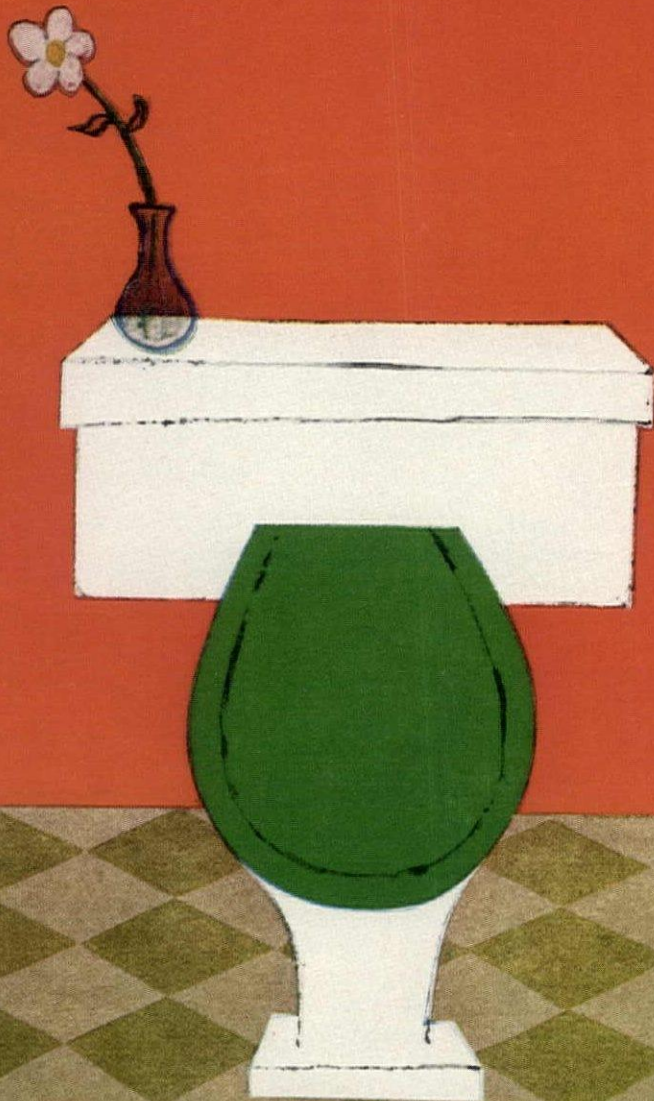
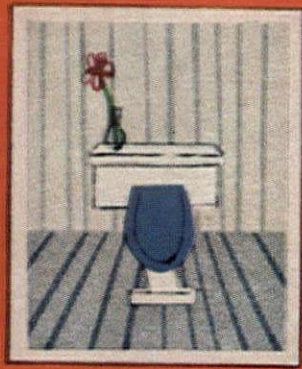
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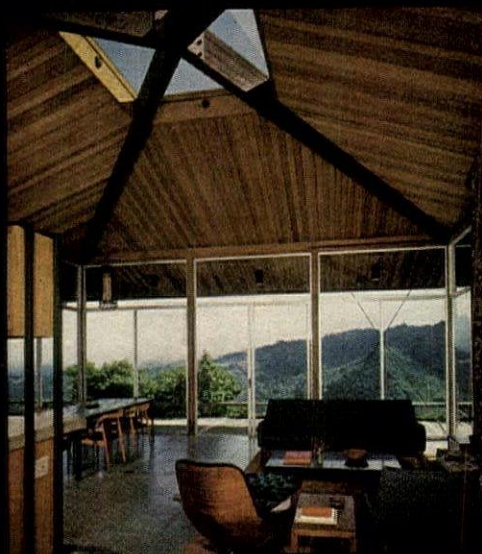
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# HOW TO BE IMAGINATIVE

*without really trying*

Imagination is the golden touch that makes the difference between a livable house and one where living is an adventure, between a nice-enough room and one with sparkling style, between a pleasant party and one you will always remember. Yet people who use their imagination are very likely to react—when you tell them so—with a surprised “Who, me?” The fact is they aren’t really trying.

Imagination, like its twin, invention, is the child of necessity. It goes into action of its own accord when you put first things first, when you start at the beginning, rather than trying to leap immediately to the end.

**W**hat’s your problem? Everybody has one: too little space or money or privacy or light—or perhaps too much. And everybody has something it would be nice to be rid of: a dreary outlook, a bad beam, an awkward window. The first step is to look your problem straight in the eye.

**H**ow good is your memory? Few problems are solved by creating something wholly new, unseen, unheard of. The imaginative solution more often consists of putting remembered ideas together in a new way—the way that best suits your purpose.

**W**hat are your assets? Almost everybody has some of those too—possessions you love for their color or shape or history, beautiful trees on an old site, an invigorating view. How can you put them to work and enjoy them more often?

Using your imagination is a matter of analyzing, borrowing, experimenting, adapting—a nuts-and-bolts process for all its magical results. Imagination is a house that turns around from view to view. Imagination is wallpaper on a kitchen ceiling where it hides a multitude of structural sins. Imagination is a centerpiece composed of eight single blossoms in eight identical bowls. Imagination is a big skylight over your bed, so you can sleep, but snugly, under the stars.

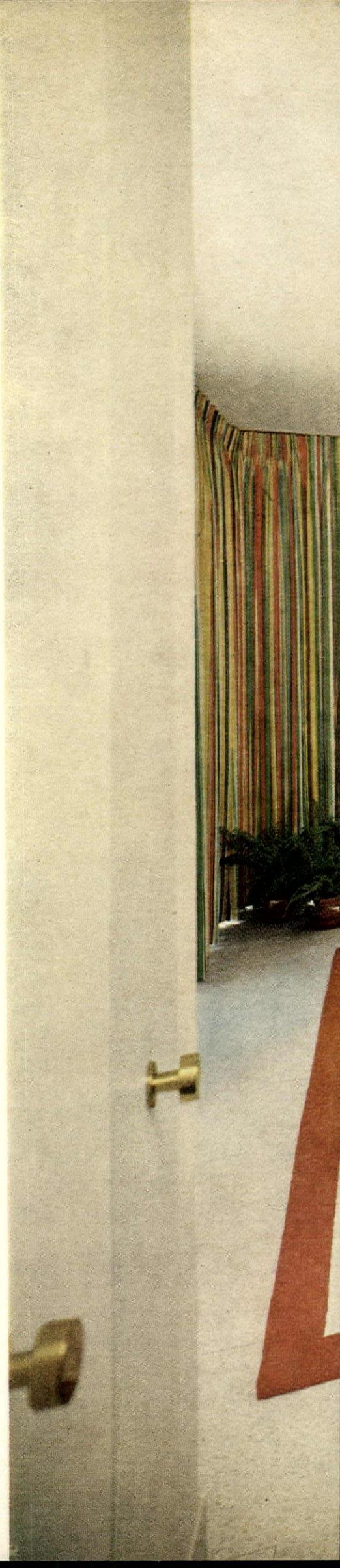
In this issue you will find countless other imaginative solutions arrived at by people who were not really trying to be imaginative. But when the solutions occurred to them, they had the gumption to say, “Well, why not?”

# IMAGINATION GIVES AN INDIVIDUAL STAMP

One of the many definitions of imagination is “the faculty of producing ideal creations consistent with reality”—an apt description of what it takes to give your house a truly individual stamp. Composed as much of horse sense as of poetry, this satisfying faculty starts with an almost total recall of everything you have ever seen and liked, includes the courage to face squarely whatever problems you meet, and ends with the independence to turn your back on conventional solutions and insist on having what pleases *you*. The rewards of such an approach are delightfully apparent in the rambling 30-year-old house that Mr. and Mrs. Saul Steinberg bought two years ago on New York’s Long Island. Still in their twenties, and the parents of two small children (he is a computer expert, she, a recently graduated art history major), they knew exactly what they wanted in their new home—color, comfort, and what they call “plain high spirits.” And with the help of interior designer Stephen Mallory of Mallory-Tillis, Inc., they achieved it: The house is filled with pure bright colors imaginatively combined—in some rooms, kaleidoscopically. Mrs. Steinberg’s favorite blues, yellows, and a shade of red-orange (you see its beautiful splash on our cover), dominate the whole house, except for the children’s rooms where the occupants had final say. In almost every room, one pattern is played against a second with enormous panache, but never a sense of confusion. The furniture—chosen with little attention to style periods, but a great deal to comfort and elegance—is a *mélange*, half contemporary, half antique, all remarkably compatible. Avid collectors of paintings and sculpture, the Steinbergs have arranged their treasures so that each receives full justice, but none is flaunted. Most imaginative of all, perhaps, is the switch in mood from room to room—from liveliness to serenity, from coziness to glitter—with always, an element of surprise created by the eloquent juxtaposition of furniture, color, art.

IN THE GLASS-WALLED SUNROOM, surrounded on three sides by greenery, a garden of color is created with two bright patterns—vivid Roman stripes on the furniture, gargantuan polka dots on the rug. Because the room is used at night for adult conversation, the furniture is intimately grouped in a tight little island defined by the rug, thus freeing a sizable portion of the terrazzo floor to serve, by day, as the children’s playroom. (The inner wall is lined with toy chests.) To provide interesting textures, the two taller tables are sheathed in white-painted carved bamboo, the low square table in delicately stenciled white calf.

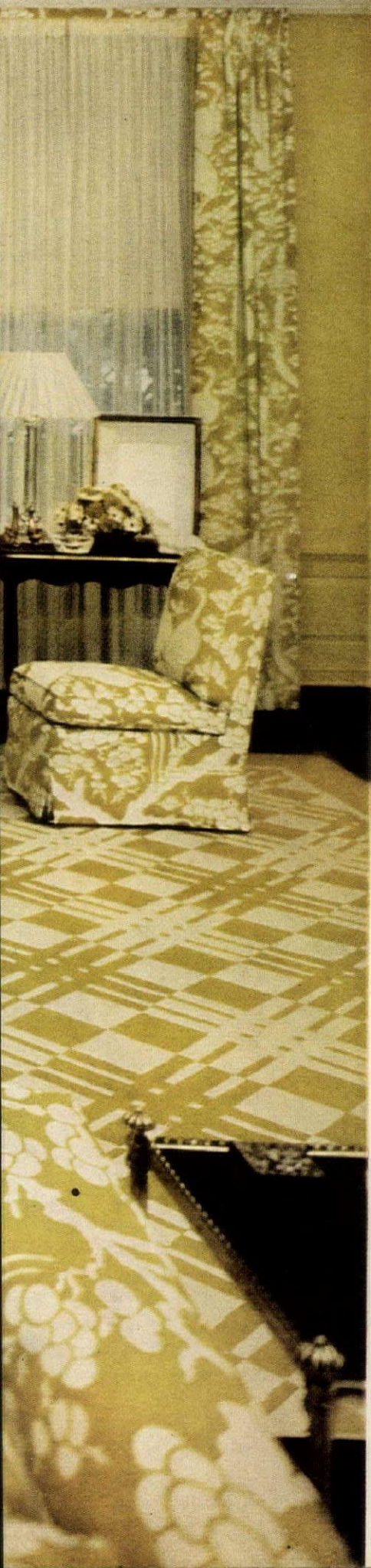
PHOTOGRAPHS BY TOM YEE





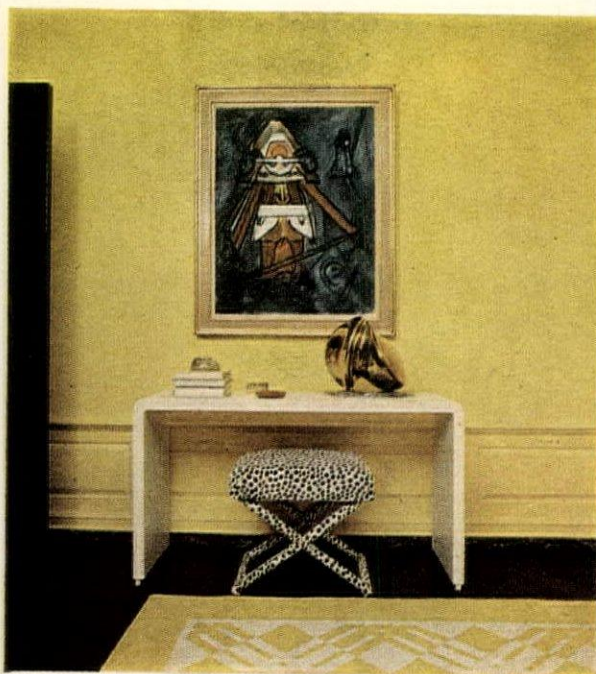






## AN INDIVIDUAL STAMP *continued*

IN THE DINING ROOM, *above*, an imaginative eye prompted the choice of a treillage-patterned fabric to cover every inch of the walls. Shirred on rods, top and bottom, it frames two niches in the fireplace wall as if they were arches in a gazebo. In tongue-in-cheek contrast is the python-skin motif of the carpet, mottled for practicality in black. Pedestals in the niches not only support sculpture but conceal the speakers for house-wide music system.



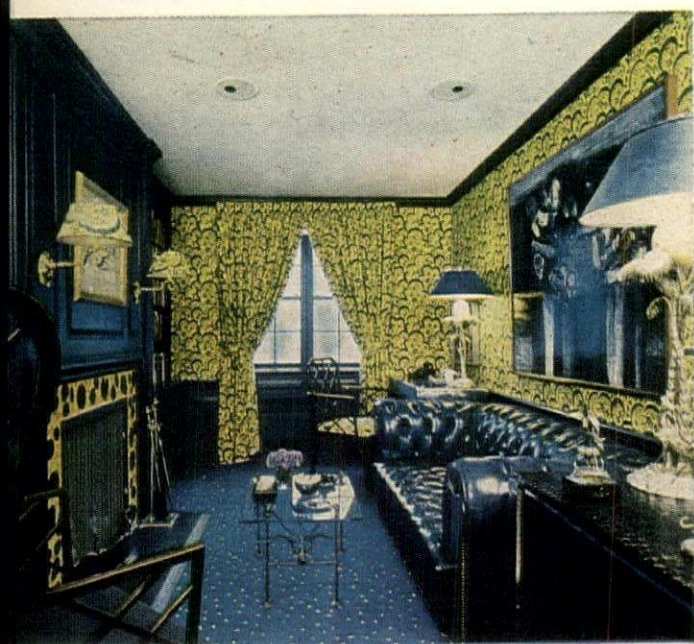
IN THE LIVING ROOM, *far left*, two totally different patterns—a strict plaid, a flowing floral—owe their rapport to similar scale and identical colors. The furniture arrangement is unconventional but highly workable: two asymmetrical conversation groups linked by a round table and three Hepplewhite chairs that can move from one group to the other. About the room, works by Picasso, Kandinski, Giacometti, Kline.

ALONG ONE WALL, *left and far left*, are twin arrangements, each composed of an important painting, an ostrich-skin-covered table for small sculpture, a bench in Dalmatian-patterned leather.



IN THE KITCHEN, *above*, the lively wallpaper was carried right up across the ceiling where it becomes a brilliant umbrella and camouflages old-fashioned joists and beams. To strike a quiet balance, the ceiling was covered with white Italian ceramic tile, precisely etched in black. For its prettiness, this is strictly a no-sense kitchen, astutely planned, generally equipped with two of everything inserted in the chopping block counter—a grill ventilated from below by a suction fan and air duct. A toaster works somewhat like a letterbox inserted in wall at left of chopping block.

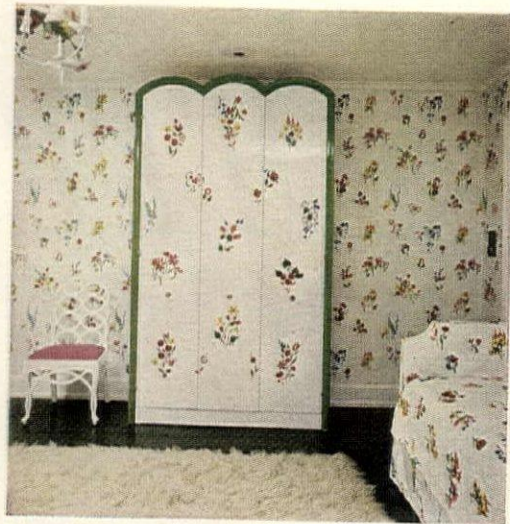
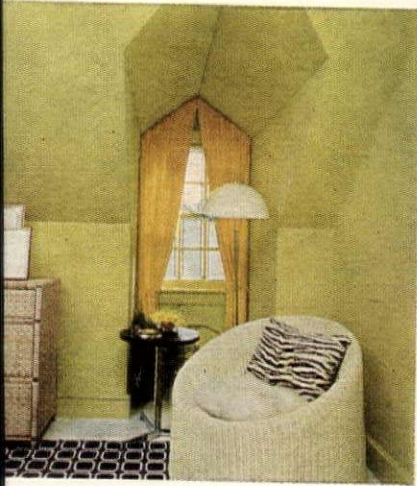
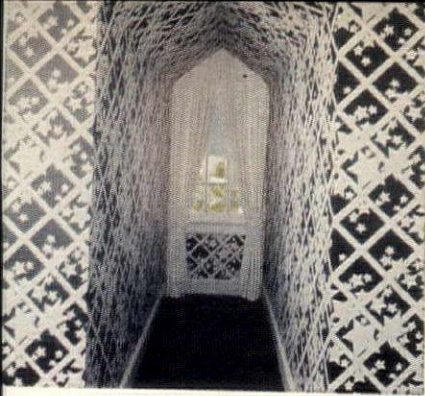
## AN INDIVIDUAL STAMP *continued*



IN THE LIBRARY, *above*, the fireplace tile motif, a loose adaptation of the fabric pattern, was repeated on a needle-point chair seat. Heterogeneous but harmonious—a tufted leather sofa, Chippendale chairs, leather-topped steel tables, antique steel-and-ostrich egg ornaments made into lamps. Over fireplace, a Matisse; over sofa, a Carroll.



ENTRANCE HALL, *left*, makes a dramatic one-color impact with its walls lacquered the exact blue of the carpet and its accents of black. Because it is intentionally underfurnished, the hall looks almost twice its size. Paintings by Sam Fra



DAUGHTER LAURA'S ROOM, *above*, was given a pretty touch of whimsy by tracing the wallpaper's flowers, blown-up, on the armoire doors. Apropos in a flowery room, the emerald green stain on the floor.



IN SON JONATHAN'S ROOM, *above*, red, white, and blue tattersall plaid enlivens everything—the walls, where it makes a bright backing for open shelves; the window shades; the end boards and spread of the trundle bed.



THE THIRD FLOOR, three challenging problems were handled three different ways. In the hall, *top of page*, the alcove is dramatized by the contrast of boldly patterned wallpaper and white linen curtains. In one guest bathroom, *center*, the alcove was minimized by using analogous colors for walls and curtains. In another guest bathroom, *above*, the space was turned to good use by installing a new vanity and a medicine cabinet hung by a bracket that holds the electrical wiring.

THE MUSIC-AND-CARD ROOM, *right*, the place wall is a well-equipped home entertainment center. A cabinet masked by flush bi-fold doors houses TV, record player, record storage. (Speakers are built into a book wall opposite windows.) A pull-down movie screen is furled out of sight behind the beam over fireplace. The mantel, a Léger "machine aesthetic."



THREE

IMAGINATIVE HOSTESSES

DELIGHT IN **TRADITION**  
**BREAKERS**

*Imagination, in a hostess, means having the gumption to break loose from tradition and face each situation with fresh directness. It means looking with keen searching eyes at treasures you have owned and loved for a hundred years, and finding happy uses for them. It couples an uninhibited delight in the unexpected with the knowledge that anything goes as long as it is beautiful. Starting here, the pretty practices of three hostesses who have learned to entertain with their imagination.*

**1.** FORTE FOR SETTING  
PRETTY TABLES

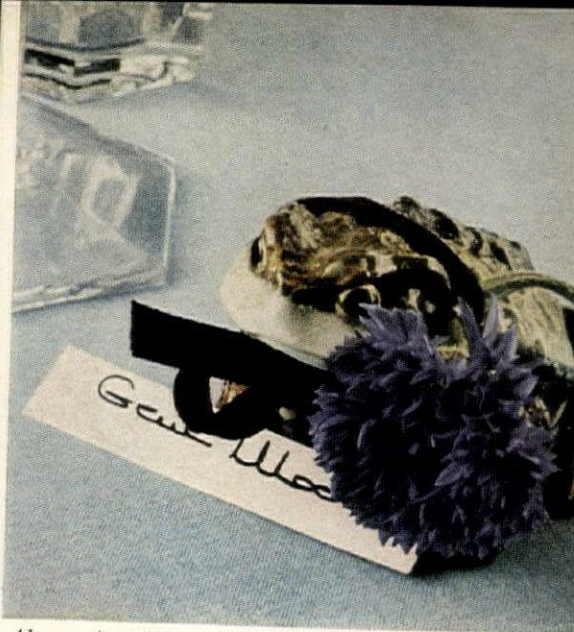
A young woman for whom entertaining is almost a way of life, Mrs. David Evins of New York has mastered the art of improving on tradition. Her particular forte is the way she sets her party tables, turning them into feasts of color and sparkle just by using in unprecedented ways whatever she happens to have on hand—field flowers, garden flowers, ceramic figures, capable containers. All her ideas are unheard-of tradition breakers; all come off looking exactly right. Part of Mrs. Evins' success is her meticulous attention to detail. No table setting is so simple or so small that it does not merit her personal care. She arranges the most uncomplicated breakfast tray-for-one as lovingly as she does a flower-garlanded table for a gala dinner party.



*Above:* On a breakfast tray for a house guest, the rectangular, carnation-patterned cloth is laid diagonally, the napkin topped with one real carnation.



*Right:* Mrs. Evins inscribes her place cards—having carefully planned the seating to insure a lively party.

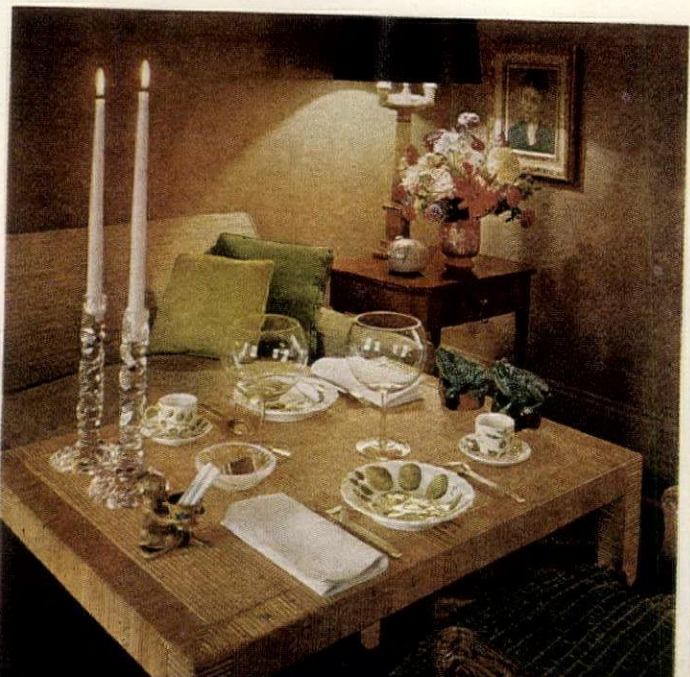


*Above:* Amiable ceramic frogs, dressed in flowers and bow ties of velvet ribbon, hold place cards. *Left:* For the center of a buffet table, Mrs. Evins assembles small glass spheres that match her candlesticks, and thrusts a long-stemmed blossom of a different type into each of the round vases.



*Left:* A collection of shells, dotted with bunches of fresh purple violets makes a dazzling centerpiece against a bare dark table. Round white linen place mats, only a mite larger than the bottoms of the plates, protect the table without interrupting its gleaming expanse. *Right:* Four tiny baskets hold a tight little nosegays—each of a different flower—on a luncheon table dressed in country plaid topped by crisp white linen. Antique ceramic fruits are beguilingly set at each place; wine cools in a huge goblet. *Below:* For a buffet party, guests are seated two-by-two in the library at tables that will later be cleared for cards. Deft touches: a pair of candlesticks well off to one side, a pair of antique frogs on the other.

BEADLE





*Above:* Sometimes Mrs. Jennings sets up a serve-yourself bar on a big oval Georgian table right in the middle of her entrance foyer. In the center of the table, napkins arranged on a Victorian brass stand look like a fanciful flower.

*Right:* When she serves tea in the library, she perches an armload of roses and heather in a marble urn on the mantel, where it contributes scent and color without cluttering the tea table.

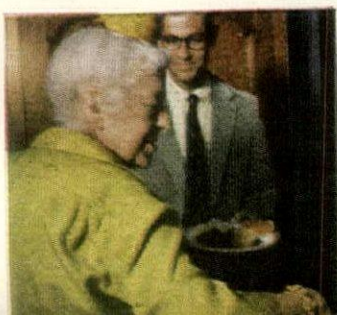
*Below:* From one end of the terrace, guests can look past a terra cotta "Ceres" and a pair of young trees, growing in great tubs and girdled by flowers, to the misty mountains beyond.

*Below left:* Mrs. Jennings and her guests help themselves at a buffet dinner.



## 2. TALENT FOR USING EVERYTHING SHE OWNS

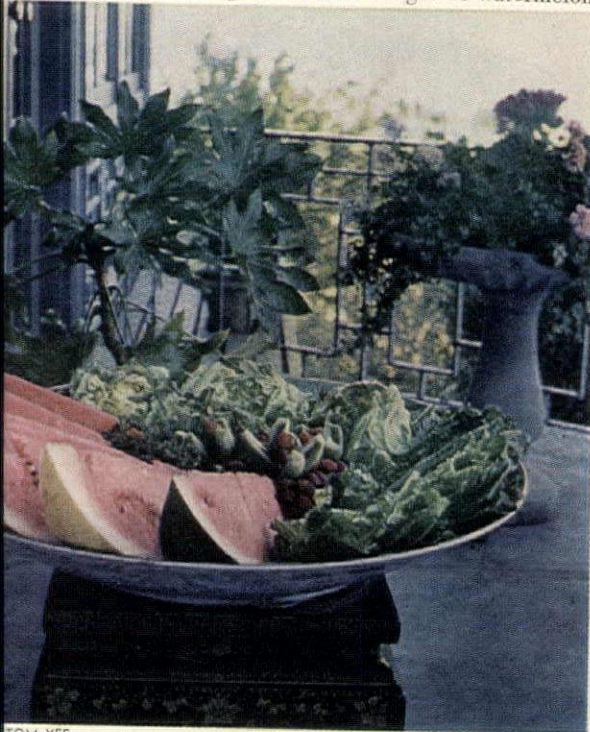
A zealous collector of antiques and unusual objects that strike her fancy, Mrs. D. V. O. Jennings of Portland, Ore., is fond of using them whenever she gives a party. She is as likely to entertain in one room of her house as in another, and outdoors as well. When the weather is fine, she enjoys serving luncheon on the terrace, where her guests can relish the exhilarating view of three mountain majesties—Hood, Adams, and St. Helena—mist-clouded in the distance. On chilly days she serves tea by the library fire. Hearty buffet dinners she sets up in the dining room. Her guide rule for any kind of party is that everything, including the food, should be beautiful, simple, and good. Within these bounds, she gives her vivacious imagination full play.





*Above:* For a terrace luncheon, Mrs. Jennings sets the tables against the wall of the house which serves as a background for blooming boughs of lavender-blue hydrangeas cut from the garden and enthroned in tall Chinese pewter urns. She repeats the flower colors in her linens and uses her antique pink flowered china. Gilded wicker chairs were found in the old Portland Hotel.

*Below:* A 3-foot-wide Chinese bowl on a lacquer stand holds the salad and great scarlet wedges of watermelon.



TOM YEE



*Above:* For a buffet dinner in the dining room, a favorite menu of the "beautiful and good" includes: lamb stew with peas and ginger carrots, sliced tomatoes, wine rice, sesame bread. Between the candelabra, a pair of Victorian stands hold potted gloxinias that repeat magenta of plate borders.

*Left:* Brought in from the terrace especially for the party, another gloxinia sits regally on a gilt stand atop a black and gold oriental lacquer table in the living room.

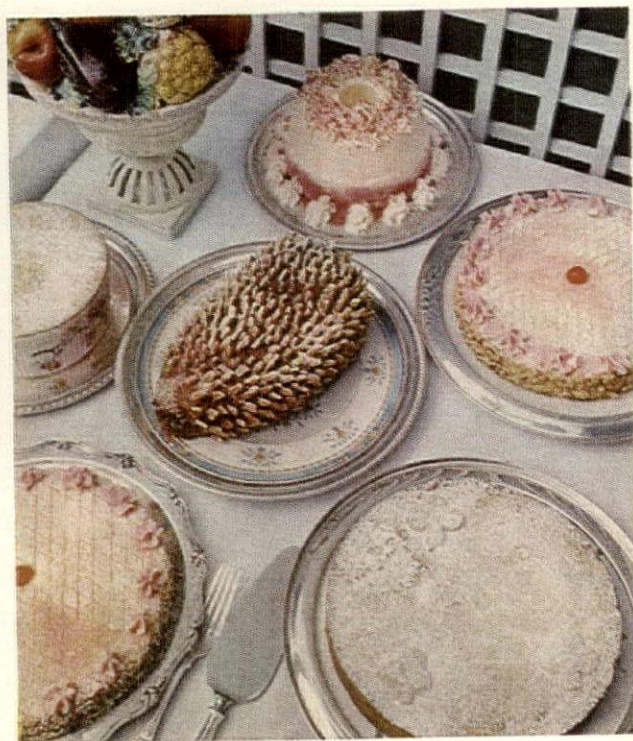
*Below:* Heaped with snowy crushed ice, the butler's sink in the dining room's built-in sideboard makes a handy and practical cooler for party champagne.



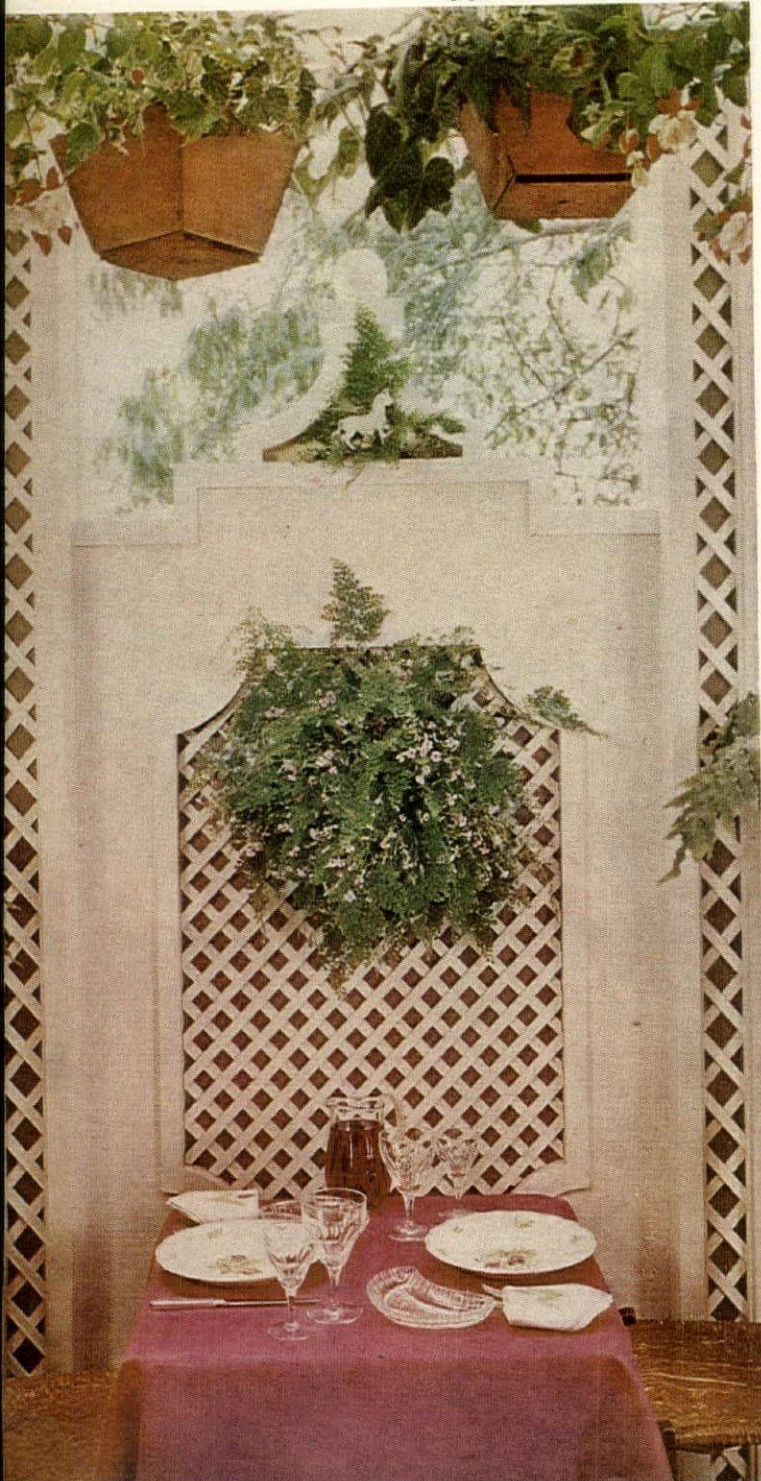


Above: On a table in one corner of the living room, Mrs. Hutchinson sets a tray of cigarettes in several popular brands. The lighted candle, she says, helps to absorb cigarette smoke.

LYON

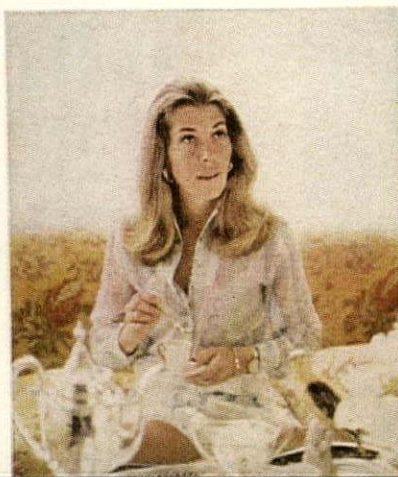


Above: A dessert table laden with a typically irresistible Italian array of *dolci*: homemade ice-cream bombe, frozen zabaglione in a soufflé dish, a chocolate cake that looks like a hedgehog, two cherry-centered Kirsch cakes, a nut cake.



Left: Because the luncheon table in the tiny garden alcove off the dining room is too small for a centerpiece, ferns and pink baby's-breath hang in a basket from the trellis. Above it, in a triangular niche, an antique porcelain zebra prances through a tiny fern forest. The china is patterned with roses in the raspberry hue of the tablecloth—a color Mrs. Hutchinson loves for spring and summer. Her favorites for winter are the rich tones of her English ironstone.

Below: Mrs. Hutchinson serves afternoon coffee in her living room which was designed by Tony Hail.

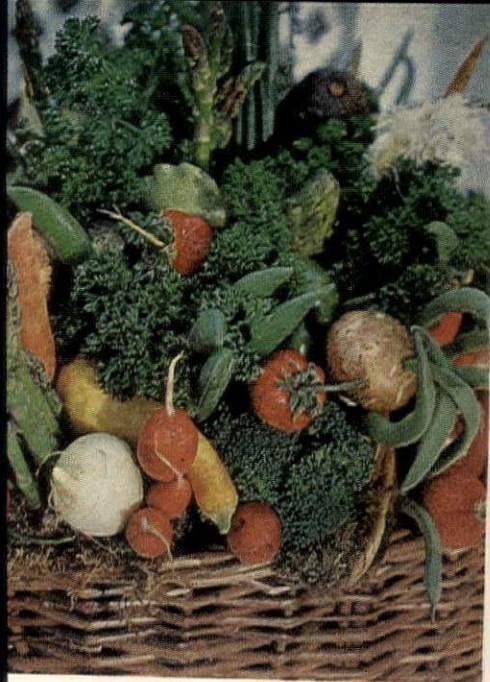


### 3. GREAT RECIPES FROM GREAT INGREDIENTS

For days before a party in her house in San Francisco, Mrs. William Hutchinson's imagination is at work, dreaming up decorations, planning the perfect menu. Her most memorable party fare is what she knows best—the Italian dishes she learned to make while she was growing up in Italy. Today whenever she and her husband schedule a party, they cart fresh vegetables and poultry back to the city from their valley ranch because, she says, a great recipe is only as good as its ingredients. Then she goes to work with her talented cook in the big, professionally-equipped kitchen overlooking San Francisco Bay, turning out mouth-watering Italian succulents and sweets.

Her decorations, whether for a luncheon or a gala dinner dance, are simple but unconventional. The flowers might be above the table, for instance, instead of on it. Or they might be freely mixed with porcelain figures. She always gives a great deal of thought to which of her guests should sit together. "I want to be sure," she says, "that the people at each small table will make up a gay little party in themselves."





*Above:* Crudités in a basket compose a centerpiece as beautiful as a bouquet.



*Right:* A spray of white orchids in a silver bowl adorns the tray-top table in the living room where Mrs. Hutchinson serves after-dinner coffee. A flower fixer who loves to experiment, she also enjoys making interesting sprays of mimosa branches or bouquets of wildflowers.

LYON



*Left:* To accent her party centerpieces, Mrs. Hutchinson often borrows treasures from the niches in her dining room. Antique porcelain cockatoos preside on the uppermost shelf. At the center is a clutch of carved ivory narcissus, and two plump silver ducks waddle on a shelf below.



*Right:* At the center of each table-for-four at a dinner-dance, a tiny basket woven like a bird's nest and filled with an arrangement of fresh strawberries, ferns, white baby's-breath, and a single taper.

*Below:* Centerpiece for another party: a gathering of antique pottery animals, most of them from England, grazing on moss-covered Oasis pieped with zinnias and ferns and forested by two perky primrose trees.



# Imagination divides Space

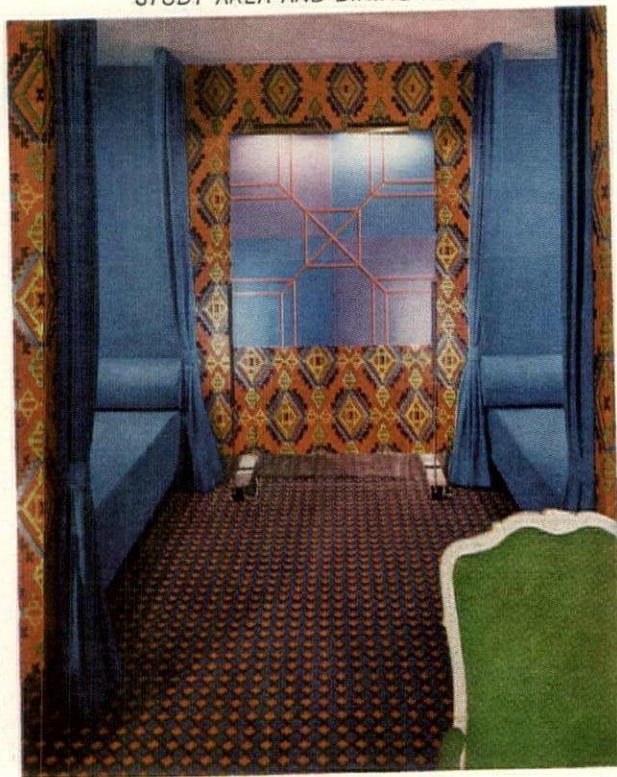
David Hicks, interior decorator, sculptor, painter, photographer, designer of anything and everything, is an Englishman who circles the globe like a comet, pausing at intervals only long enough to rejuvenate a Venetian *palazzo*, design the sets for a Hollywood film, decorate a nightclub for a new ocean liner, and run up fresh patterns for fabrics and carpets. Obligated to be in New York a good deal, he recently designed for himself an imaginary Manhattan *pied-à-terre* which was built as a model room in Bloomingdale's, N. Y. "Since I would probably never be in it longer than two weeks at a time," he says, "I made it as exotic as I know how."

Starting with a rectangle with two corner alcoves (about 540 square feet), he created the equivalent of four rooms—a sitting room, dining room, bedroom, and study. This ingenious feat was accomplished partly by the arrangement of the furniture, partly by dramatic shifts in color. In the sitting room and study, the lion's share of space, the walls are covered with a multi-hued, vividly patterned fabric of his own design, while the bedroom alcove is painted bright blue and the dining area green.

"Not too many people," Mr. Hicks concedes, "could live constantly with so much color and pattern without going crackers. But for fortnightly stints, what could be more exciting? Mouse colored houses are for mousy people. When you first see the room, I suppose it may look like Joseph's Coat. True, there are six colors in it. But all six appear in both the fabric and the carpet, which I also designed. If they seem to be different, it is only because of the contrast in patterns. Obviously, the colors on the furniture and the alcove walls were pulled right out of the same palette so that, for all its brilliance, the room is really quite well-ordered. It's a very personal apartment, I know, but I designed it for myself, and color means more to me than any material in the world."

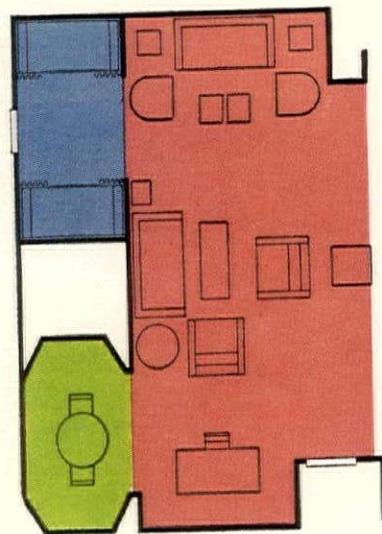


STUDY AREA AND DINING ALCOVE



SHIPSHAPE SLEEPING ALCOVE

FABRIC-HUNG SITTING ROOM



THE 540-SQUARE-FOOT PLAN

Although only one room, roughly 30 by 18 feet, the *pied-à-terre* is compartmented into four separate areas by sharp variations in color and what Mr. Hicks calls "using furniture as a partition." In one alcove, *top of page*, is the dining room (green section of plan), and next to that, the study, defined by a "partition" of sitting room chairs. The other alcove, *above*, is the bedroom (blue section of plan), and the rest of the room, *opposite page*, is the sitting room

(coral section). The kitchen, presumably would occupy the walled-off space between two alcoves, and the bathroom would be connected to the sleeping alcove by a fabric covered sliding door. A red and blue abstract painting hanging on the door is lighted by a floor fixture of plastic and chrome, and hooded lights clamp on the painting itself. All paintings by Donald Miller. Furniture, fabric, carpeting, and accessories are available at Bloomingdale's, N. Y.



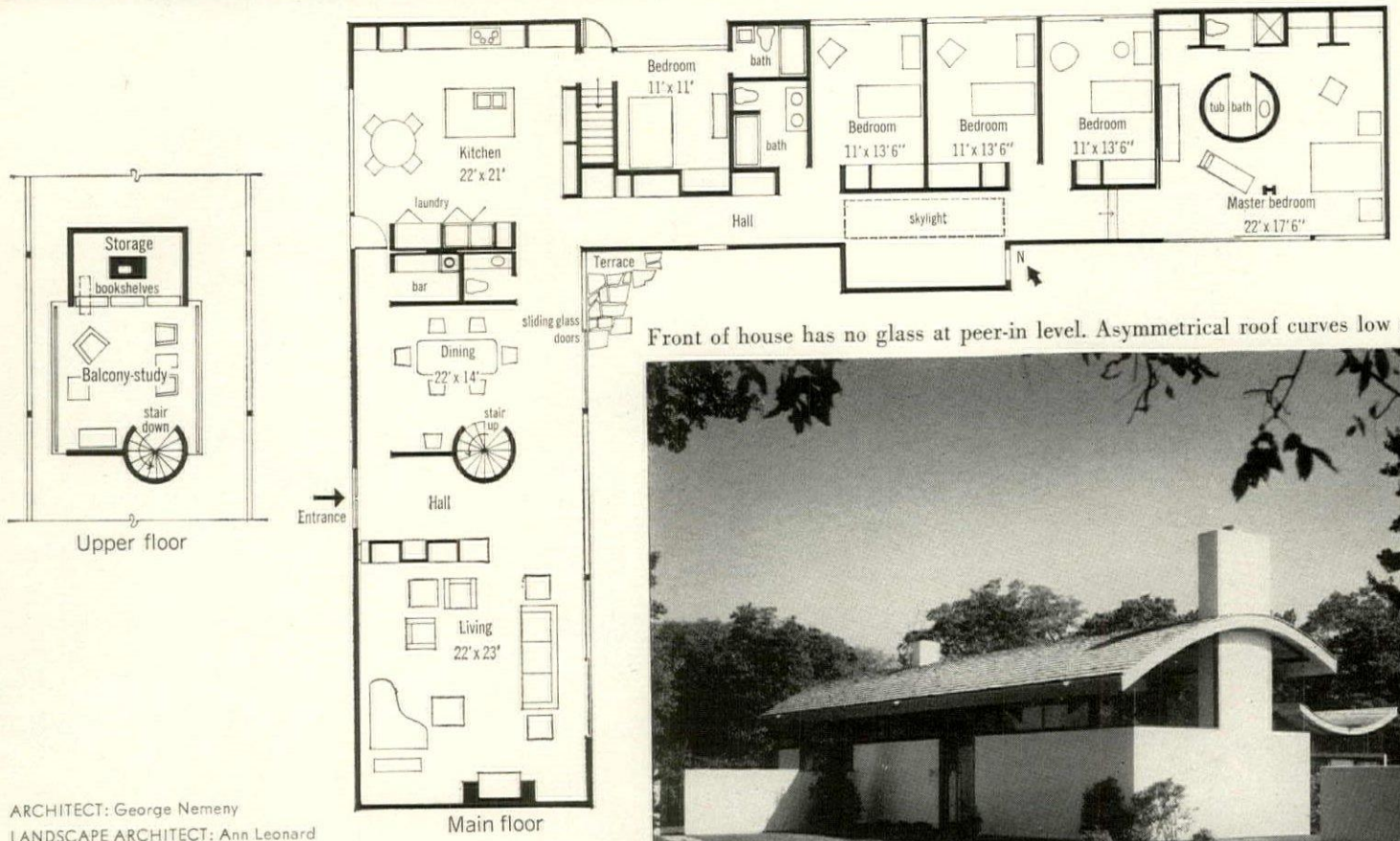


Even the chimney wall at the end of the Action house, *left*, has panels of glass, but since they are above eye level, they in no way diminish privacy. And the stucco-textured wall that curves from this end of the house, around the courtyard, to the end wall of the concave-roofed master bedroom screens the 98 feet of glass walls that run along the two wings

*Opposite page*

The dining room's low ceiling makes it seem snug and secluded although the room is only partly partitioned from the vaulted living room on one side and from the two-story high kitchen on the other. Circular stairs around a cedar post in the tower lead to the book-lined balcony study, isolated as a secret room in a cast

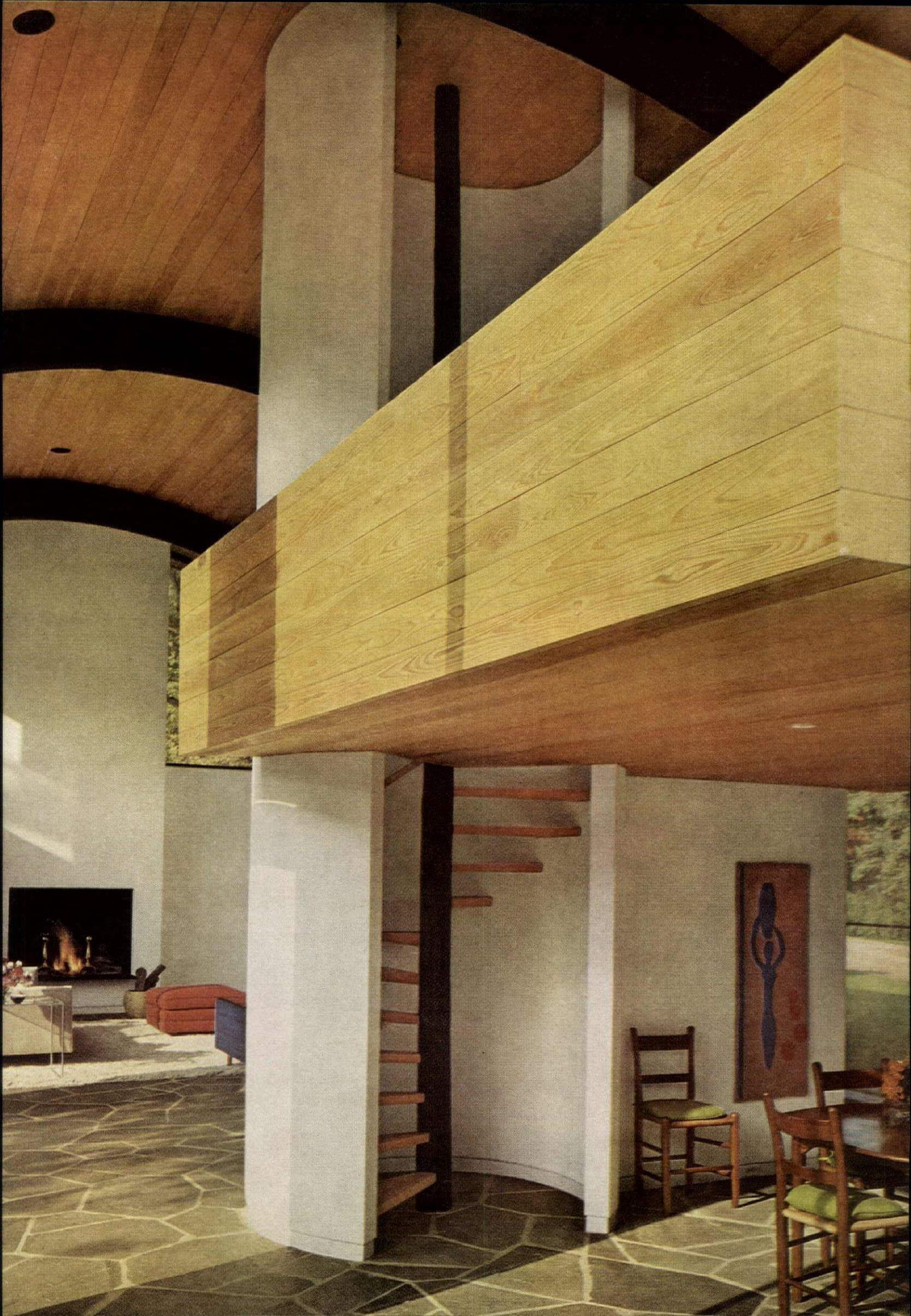
L-shaped plan branches off from the large family room-kitchen that also serves as the children's playroom. The one interior door in Action wing closes off powder room. Only room upstairs is study over dining room. Glass walls of children's bedrooms in Quiet wing open to a tree-bordered field



Front of house has no glass at peer-in level. Asymmetrical roof curves low over dining room.



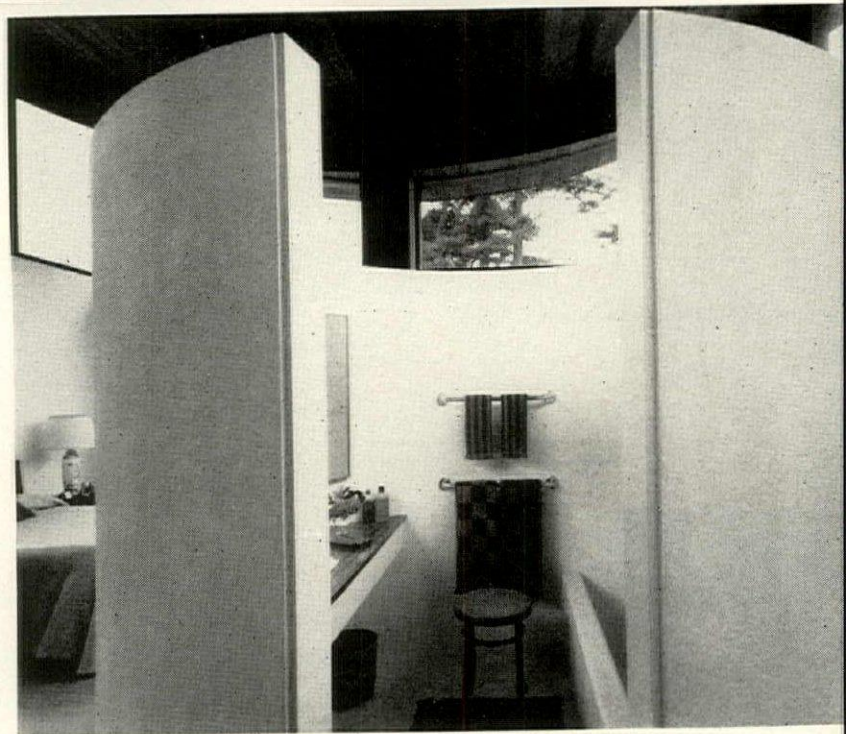
ARCHITECT: George Nemeny  
 LANDSCAPE ARCHITECT: Ann Leonard  
 INTERIOR DESIGNER: George Nemeny  
 LOCATION: Long Island, N. Y.  
 Building materials and equipment, page 105.





Parents' bedroom is an imaginative combination of transparency and opaqueness. On one side, sliding glass doors open directly to the walled courtyard. Other three walls are entirely opaque to a height of 8½ feet. But above that, clear to the concave roof, are corner-to-corner windows that bring in exhilarating views of treetops and sky.

A long skylighted gallery runs from the 14½-foot-high master bedroom along one side of the children's section where the ceiling is only 8 feet. (For closer view of the skylight, see page 88.) Throughout the house, structural materials and finishes echo the outdoors; a bark-tone stain on the window frames, a walnut stain on the double, wood and steel posts and curved laminated beams that support the roof, a natural finish on the cypress ceiling.



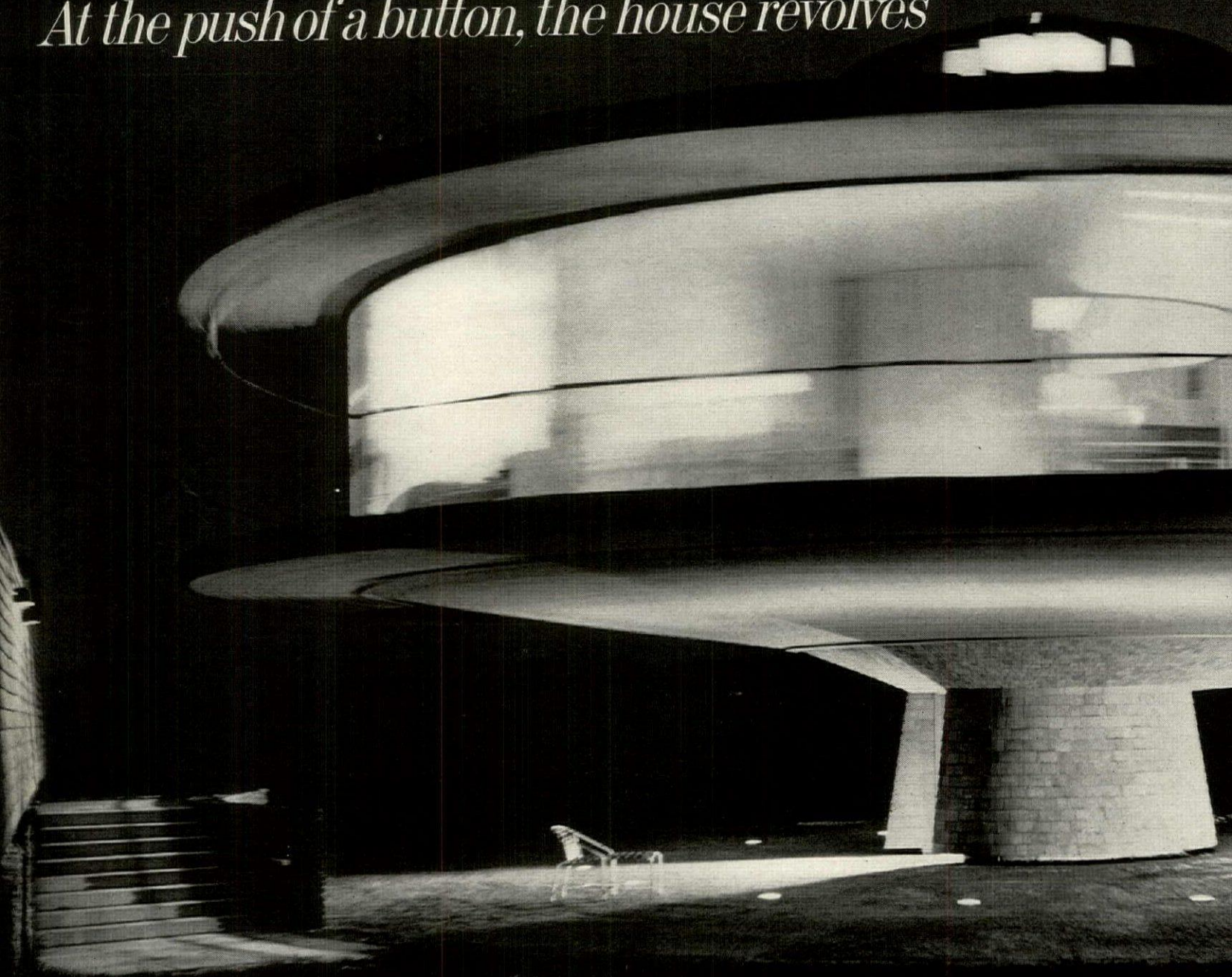
Master bathroom, *above*, is a topless, doorless tower inside the master bedroom (see plan, page 60). Circular wall, 7 feet high, curls around the semi-circular lavatory counter on one side and half-moon tub on the other. The shower and toilet are in a separate compartment with sliding door, flanked by closets and built-ins along one wall of the room.

*Opposite*  
In the family room-kitchen—as in the other two-story-high rooms—windows behind opaque walls and roof line give you a feeling of being outdoors even while comfortably sheltered. The illusion is emphasized by the bluestone floor that paves the wing and extends out to the terrace. Cabinets and drawers at the back of the kitchen's work center store children's toys; big round table doubles for school projects.

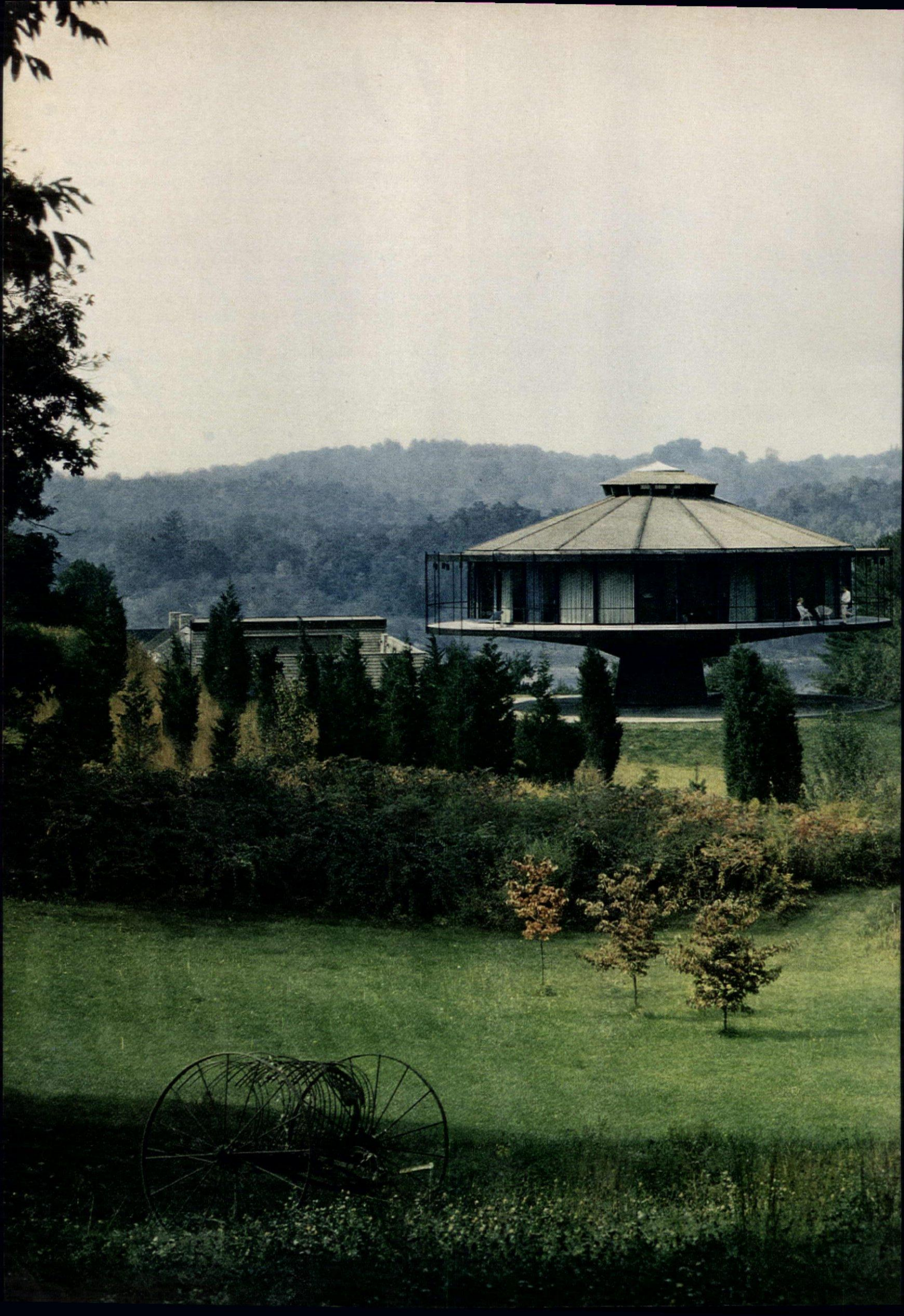


# *9 ROOMS IN SEARCH OF A VIEW*

*At the push of a button, the house revolves*









Revolving on its stationary pedestal at night, perhaps to settle on a starry scene for a dinner party, the round glass-walled house adds its own brilliance to the darkened countryside. Lights on the round stone terrace shine up on the cedar-shingled supporting pedestal and front door, while lights inside the high-riding rooms and cupola windows make the house glow like a space ship. On the balcony that encircles the house, more lights define the deck and its railing. To the left, granite stairs lead to the walled parking court and garage.

# O

n a pastoral Connecticut hillside, at the end of a driveway marked by a rural mailbox, a breath-taking house perches amid breath-taking scenery. Resembling a giant glass-and-steel space ship, it creates a stir in the quiet landscape literally and figuratively: At the press of a button, all nine rooms of the house spin around, re-orienting to any point of the compass. Yet it was not an infatuation with technology but a simple love of nature that prompted the design of this imaginative house that architect Richard Foster created for his own family. They couldn't make up their minds which marvelous view they liked best among the several surrounding their six-acre site: the apple orchard, especially delightful in spring; the distant hills, so flamboyant with color in the fall; the meadow and pond, or the reservoir, both as lovely by day as under moonlight. After discarding several plans for sit-still houses that necessarily sacrificed some views, Mr. Foster came up with his well-why-not solution: a carousel house from which his family could catch the golden ring every time around.

For the Fosters and their three sons, who range from high-school to medical-school age, the revolving house is a marvelous experience in pie-in-the-sky living. They can select the scene and direct the sunbeams, the moonlight, even the breezes, when and where they want them. From the same kitchen window, Mrs. Foster can watch the sunrise while she fixes breakfast and enjoy the sunset while she prepares dinner. And Mr. Foster is probably the only father in the U. S. who can awaken a sleep-late teen-ager on a Sunday morning by turning the house so that the sun streams into his room and onto his pillow.

The Fosters' imaginative castle in the air consists of a circular series of pie-shaped rooms that revolve around a stairway core enclosed in a fixed pedestal. The rooms ride on a giant ball-bearing circling the stairway (see diagram, page 69), which is powered by a 1½-horsepower motor—approximately the energy needed for a large window air conditioner. The house can revolve clockwise or counterclockwise at ten speeds ranging from a baby snail's pace of five turns a day to a top rate of one turn in forty-eight minutes. So smooth-going, so well concealed is the mechanism, that even when the house is turning at top speed, you are hardly aware of the motion unless you concentrate on a tree or some other fixed point outdoors.

While the rooms revolve, everything else goes on as usual. The dishwasher runs, you can use the telephone or turn on a light, for architect Foster has worked out spectacularly ingenious devices that permit uninterrupted services. (Other structures such as restaurants revolve but rarely take bathrooms and kitchens for the ride.) He forecasts that variations of his prototype rotating system will some day revolve ski huts, beach houses, individual rooms, or even parts of rooms.

In addition to playing its own special kind of roulette, the Fosters' house meets admirably the needs of a family with almost grown children, including a large dressing room and a two-part bath for the boys (see floor plan, page 68). For rough-house activities and hobbies that are hard on housekeeping, the family uses the 24-by-30 foot lower level of the detached two-story garage. In the future, this space, in addition to housing an art workshop, may be turned into a party room with kitchen and lavatory.

PHOTOGRAPHS BY EZRA STOLLER

## THE HOUSE REVOLVES

*continued*

From a single spot in their living room, *below*, the Fosters can enjoy with push-button ease any segment of the delightful 360-degree panorama, *left*, that surrounds their revolving glass-walled house.



To the east: a close-up tapestry of meadow grasses and wildflowers, with barn swallows swooping low.



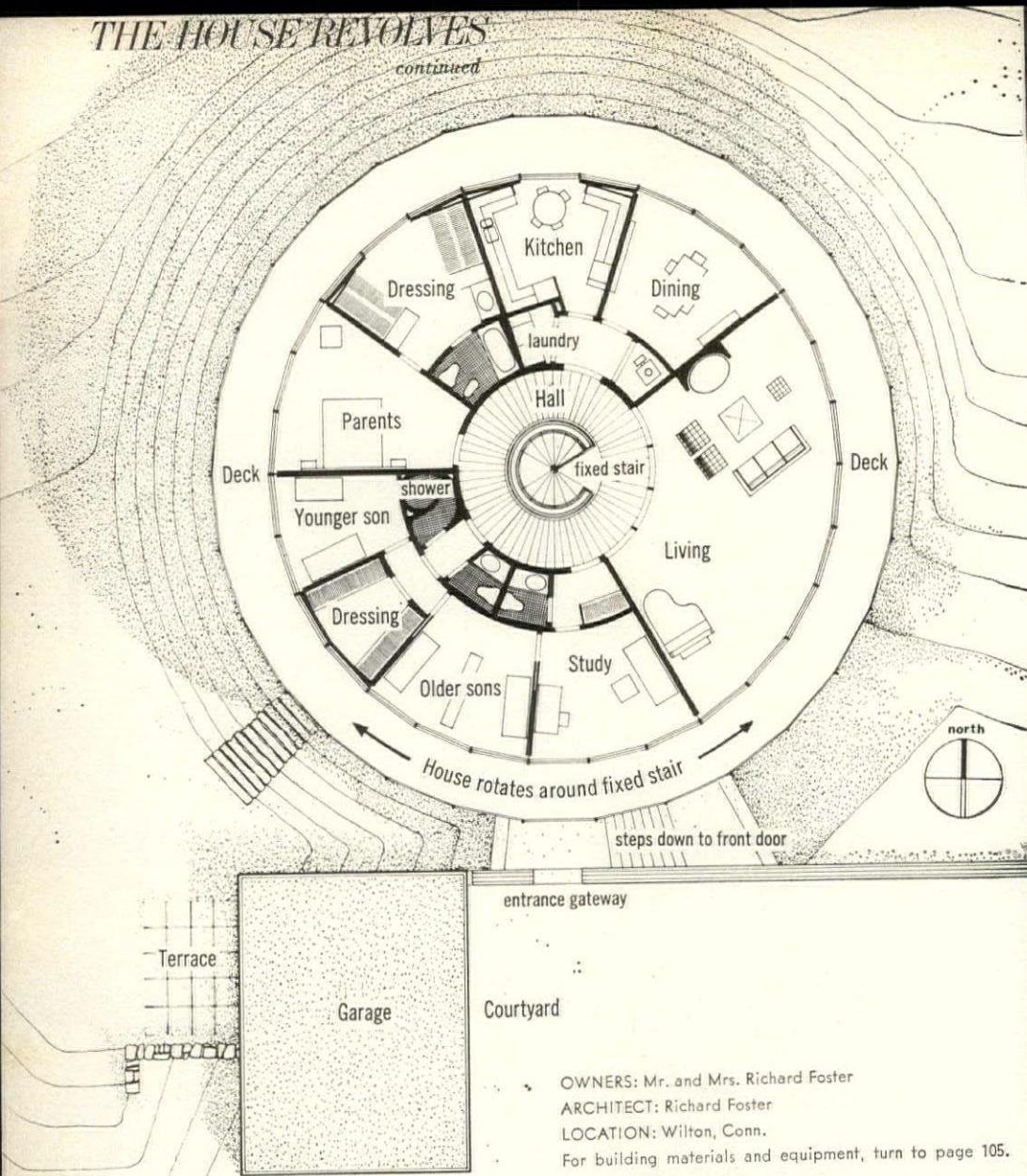
To the west: the peaceful distant scene of Pope's Pond Reservoir and a grove of tall evergreen trees.



To the north: a nearby view of the pond and boat. Painting next to fireplace is by Marcelo Bonevardi.

# THE HOUSE REVOLVES

continued

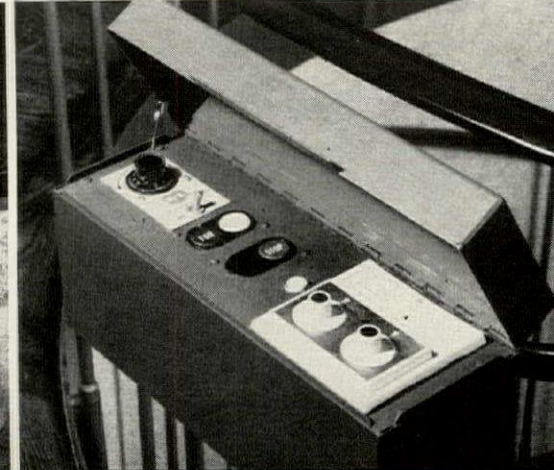
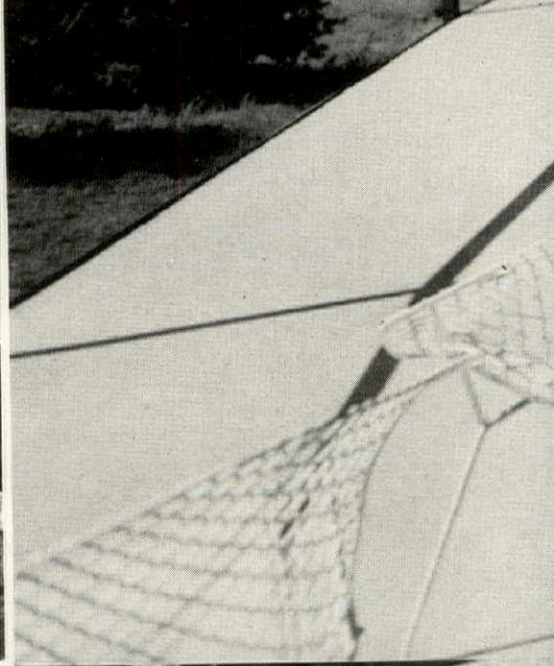
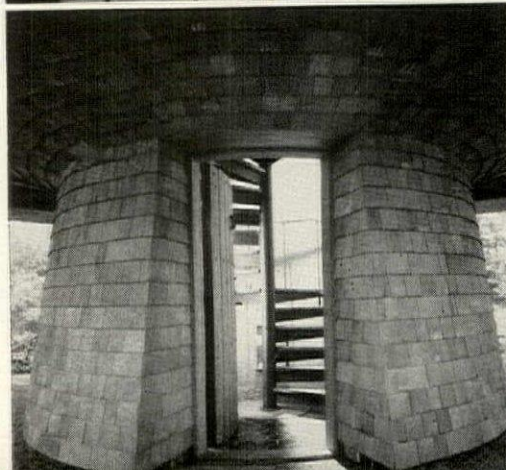


THE PLAN, *above*, 72 feet in diameter, consists of a circular center hall and a series of pie-shaped rooms that rotate around the stationary stairs. And the pie-shaped spaces are used to advantage: in the kitchen, for instance, counters and appliances are clustered conveniently at the narrow end, while a large table at the wider end enjoys the views.

REVOLVING HALL, *right*, and fixed stairwell are brightly lit by clerestory windows and a bubble skylight—and by lamps in and around the ceiling cone that deflects the direct rays of the noon sun coming through the skylight.

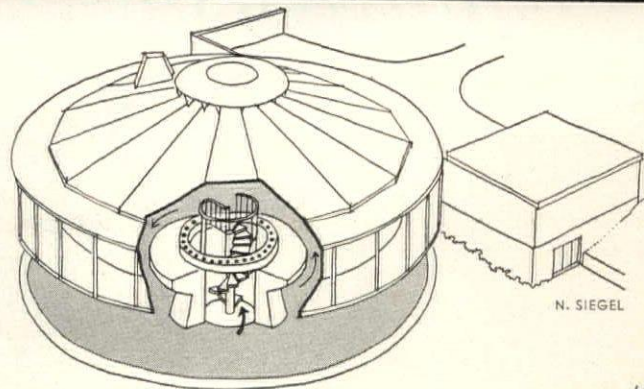
IN CEDAR-SHINGLED SUPPORTING PEDESTAL, *below right*, is the only door to the house and the stairs to rooms above. Vertical central shaft circled by stairs encloses the water supply pipes, telephone cable, and electrical wiring.

CONTROL BOX, *far right*, on the staircase balustrade, houses the dial and buttons that start the house spinning and stop it. The supersize ball-bearing, 14 feet in diameter (see diagram, *opposite page*), is set in a raceway mounted on concrete directly underneath the hallway floor.





materials, both exterior and interior, were carefully chosen, some to complement the architecture of the house, some for easy maintenance, all for good looks: for the shelter of the deck surrounding the house, *above*, cedar shingles, like those on the pedestal, that weather with time; for the railing, a no-upkeep steel that weathers to a rich brown, never needing painting; for the deck floor, a topping similar to that used on ships; for the floors, cordovan-color ceramic tiles that can be vacuumed quickly (their hexagonal shape fits easily into pie-shaped rooms). To offset the large areas of sound-reflecting wall and tile, and to make it easy to change paintings and wallhangings without leaving marks, walls of living room, *above*, and hall are covered with carpeting. Behind the sofa: stretch-fabric sculpture by Bonalumi; a construction by Mary Bauermeister.



‘Once in  
every  
four-and-twenty  
hours...  
all are  
overpowered  
by the  
gentle tyrant  
and  
all lie down  
in the  
equality of

**SLEEP’**

—SAMUEL JOHNSON

**W**hy do men and animals sleep? Primarily and chiefly because we must. There is an instinctual drive within our systems, tied to the cosmic clock of the universe which cannot be denied. But exactly why the need is overwhelming (and why it has to be met in the way that it is) is still more mysterious than the dark side of the moon.

Like lunar research, sleep-and-dream studies have come into their own only within the last fifteen years. The clues are sometimes myth shattering, often contradictory, always fascinating. Gradually they are moving us closer to understanding the rhythms of nature, the functions of the brain, the essentials of sanity.

Poets and philosophers, of course, have always understood sleep's importance, its sweetness, and its democracy. John Donne called it "pain's easiest salve;" Sophocles, "the universal vanquisher;" Shakespeare, "the poor man's wealth, the prisoner's release." Saadi the Persian lyricist, noted that the Lord "gives sleep to the wicked that the good may rest undisturbed."

The central profound influence on our sleep is the turning of the earth around the sun—the circadian rhythm (from the Latin *circa* and *diem*). Due to its effect, we and the other apes sleep once a day, most often during darkness. But that particular cycle is only a partial contrast. Persons living in the Arctic, for example, sleep only a little more during their long winter's night than they do during their summers of the midnight sun. And experimenters in caves have found it almost impossible to shift from a 24-hour cycle to one even an hour or two shorter or longer. This basic biologic clock, even more than the simple lack of sleep itself, is what creates "jet fatigue"—a malady of our times with important implications for the affairs of men and nations.

As to the content and function of sleep, even the ever-careful Shakespeare went slightly askew when he said that "to sleep" was "perchance to dream." There is no perchance about it. For humans and other animals to survive in health, they have to dream—or at least to have the kind of sleep in which dreams come. The dreaming periods are so different physiologically from the rest of sleep that many researchers contend they constitute a "third state of consciousness."

This paradoxical sleep is called by various names; the commonest is REM, an acronym for the rapid eye movements under closed eyelids that characterize it. By waking up volunteers when their eyes twitched, researchers in the nineteen-fifties confirmed what laymen have long generally believed—that these are the dream signs. Even persons who believe they never dream usually capture fleeting images if waked in the middle of the process. Persons blind from birth also have rapid eye movements that coincide with dreaming, though the dreams themselves lack visual images.

In a healthy adult, REM periods, about half a dozen of them, occur rhythmically through the night, total about a fifth of sleep time, decreasing gradually with age.

For convenience, researchers divide sleep into four stages based

the differing brain-wave patterns read by electroencephalography or G. (Overall, sleep is a time of decreased pulse, breathing, temperature, muscle tone.) The first few minutes of sleep are shallow, marked small irregular EEG waves. If disturbed, most people contend they are still awake. In stage two, the EEG waves deepen a little and are punctuated by rhythmic bursts of "sleep spindles." A person awakened at that point is still likely to believe he has been thinking or daydreaming, not sleeping. Stage three is marked by the beginning of large, slow waves. Usually within an hour after going to bed, the normal sleeper reaches stage four in which he is "dead to the world," "sleeping like a log." This sleep is apparently dreamless, at least as far as ability to recall it is concerned. Paradoxically it is the period in which occur such as snoring, bed-wetting, and the night terrors of children (distinct from nightmares which usually can be recalled on waking).

Deep and dreamless sleep fulfills some basic need, for a sleep-deprived person tends to catch up on that first when he finally does get to sleep. After fifteen or twenty minutes the sleeper drifts back to a very shallow altered stage one, involving the rapid eye movements, plus change in body position, abrupt and dramatic relaxation of the muscle tone in the face and neck, and a hectic storm of activity in the autonomic nervous system that controls involuntary body functions.

A few minutes of this dreaming sleep are followed by another drift into stage-four oblivion and back again. The rest of the night is usually divided between short REM periods and longer stretches of stage two. It is now believed that health crises during sleep—heart attacks, strokes, perforations, and the like—probably occur during REM sleep.

Insomniacs have less orderly patterns but they get a lot more sleep than they realize. The person who says she heard the clock strike twelve but her hour isn't lying; she is just more responsive to outside stimuli and doesn't realize that she was usually sleeping between sounds. Apart from the sleeplessness caused by pain, illness, or temporary worry, there is evidence that the tendency to disordered sleep is based on inborn individual differences—that insomniacs are born, not made.

Scientists have also recently discovered what any pet owner could have told them—that we share REM sleep with animals. All mammals experience it, including the opossum, which is regarded as a living fossil. Another clue is that the third state of consciousness is very primitive on an evolutionary scale comes from the experiments proving that REM sleep does continue even when most of an animal's higher brain centers have been removed surgically. Obviously animals cannot easily tell us if they have any dreams they may have, but one clever experiment suggested they do dream. Monkeys confined in austere cages were taught to press a lever whenever a picture flashed on the cage wall. When they were asleep, they still pressed the lever again and again, but only during REM episodes.

The function of dreaming sleep is still obscure but its necessity is established by the tenacity with which a person will battle to recapture lost dream time after being in a test in which he is regularly awakened as REM periods occur. Apparently a sleep-deprived person can make up stage one REM and stage four but doesn't miss the lost portions of stage two and stage three. According to some researchers, REM sleep may contain dreams, but probably of a different kind than those it seems to be dispensable.

One theory as to the function of dreams is that they serve to drain off tensions. It is based on the fact that a dream-deprived person becomes anxious, then panicky, and eventually begins to hallucinate. A second hypothesis is that dreams are the system by which lasting mem-

ories are selected out of each day's overwhelming input of stimuli, and the rest discarded. The masses of dream data that have been gathered support the idea that some such sorting-out is involved, for the subject matter is basically humdrum, although the imagery is rich and the participation of the dreamer intense. This memory organization theory does not contradict but tends to complement the Freudian theories of dream symbolism.

Some more basic function of learning itself must be served, however, because babies have long periods of REM sleep—half their total sleeping time at first—and premature infants, even more. So the quiet storms of involuntary nervous activity are believed to perform in some profound way to organize and mature the tissues of the thinking centers of the brain. It surely would have intrigued Freud to learn that penile erections accompany REM sleep from infancy on and may occur in the womb.

**T**he mental and emotional disarray caused by dream deprivation carries important implications about the interplay between sleep and mental health. A schizophrenic patient, for example, tends to have very chaotic sleep and to wake spontaneously during his REM periods. He also seems to lack the mentally healthy person's capacity to make up REM time in the next sleep periods. When his mental disease is in remission, he does get the rebound effect of making up lost REM time by getting to dream sleep earlier and for longer periods.

When it comes to psychotic depression, it has long been a cliché that a distinguishing symptom is early morning waking and an inability to fall asleep again. This clue, based on what depressed patients themselves say about their sleeping, is only partially true, according to new studies of depressed patients in hospitals. What they appear to have are the insomniac's sleep difficulties so multiplied that their attempts to rest are tortured indeed.

The belief that sleep and rousing are related to the levels and balance of the vital brain chemicals called amines is supported by the effects of drugs on sleep patterns. Barbiturates, for example, do induce sleep but seem to depress both REM time and activity. Tranquilizers tend to reduce REM time but not dream activity, which may help explain why they are more calming to schizophrenic patients than the barbiturates are. Curiously, the amphetamines, or pep pills, also diminish the amount of REM sleep. And it is the craving for periods of dreaming that may account for the temporary psychoses suffered by those addicted to both depressant and pep medications.

Alcohol is also a REM-diminishing drug, which may account for DT's. They may be the dreams that were artificially fended off at their natural period by the depressing effect of the alcohol. If this line of reasoning is sound, then LSD may do its damage by inducing dreams that are at odds in time and content with the healthy purposes of natural dreaming. Small doses of LSD, however, seem to promote dreaming sleep at normal REM episodes.

Still in its infancy, sleep and dream research already is providing clues that man may use to adapt himself to the wisest uses of the natural rhythms that guide his life and of that most marvelous of all computers, the human brain.

*BARBARA YUNCKER, a newspaper woman who specializes in medicine and health, received the Albert Lasker Medical Journalism Newspaper Award in 1967 for her series of articles on The Pill, published in the "New York Post". She has also been widely acclaimed for similar series written last year on Heart Transplants and on The Brain.*

# THE 24 HOUR BEDROOM YOUR OWN PRIVATE WORLD

A bedroom is a magic place, where each day begins and ends amid fleeting dreams that dissolve as we awaken or deepen into sleep. Perhaps because of sleep's mysterious nature (read more about this on page 70), the bedroom is almost universally respected as a fortress of quiet, its privacy and calm unchallenged. By taking advantage of this and adding conveniences borrowed from other rooms, you can make a bedroom's natural serenity serve you all day long as a little private world: a comfortable nook for needlework, reading, or doing your nails while your hair dries; a haven for listening to music, playing chess, or serving tea. But creating a bedroom for dreaming-plus requires wide-awake planning. Everything must be carefully chosen and logically arranged. You will need furniture that serves more than one purpose; extra storage space for books or music or pampering paraphernalia, deftly concealed or disguised; sound-muffling rugs; lamps and curtains that give you good light to work in or shadows to dream in. How the room should look depends on you. During the day it might appear to be a masculine study or a feminine sitting room, keeping its other life a dark secret until nightfall. Or it might look unmistakably a bedroom designed for sleep and dreaming, yet be filled with unobtrusive conveniences for daytime. Or it might be a union of the two—a tandem bed-sitting room, like the one on our cover, that links an area for undisturbed activity with one for dreams.

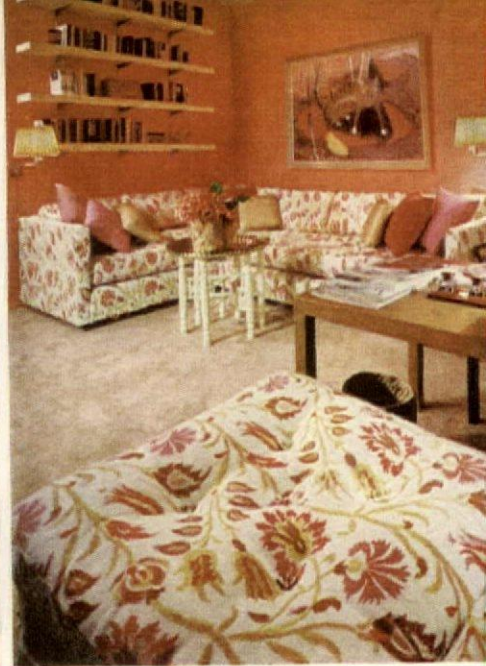
## *Versatile bedroom-plus*

A single piece of imaginatively designed furniture—an adjustable stand of chrome and clear acrylic—turns a soothing room for a young couple into more-than-a-bedroom. Raised to bed height and tilted comfortably, *above right*, the stand provides a surface for writing a letter without stirring from bed. Flat, it could serve birthday breakfast there. When moved in front of the sunny window, *right*, it becomes a tea table for two. Tilted again, *opposite page*, it holds a book or serves as a drawing easel. The room itself is a delightful paradox: black and white in two bold patterns that unexpectedly create as tranquil an ambiance as soft pastels. Clothes storage is in adjoining dressing room. Interior design by Pengally-Winkler.









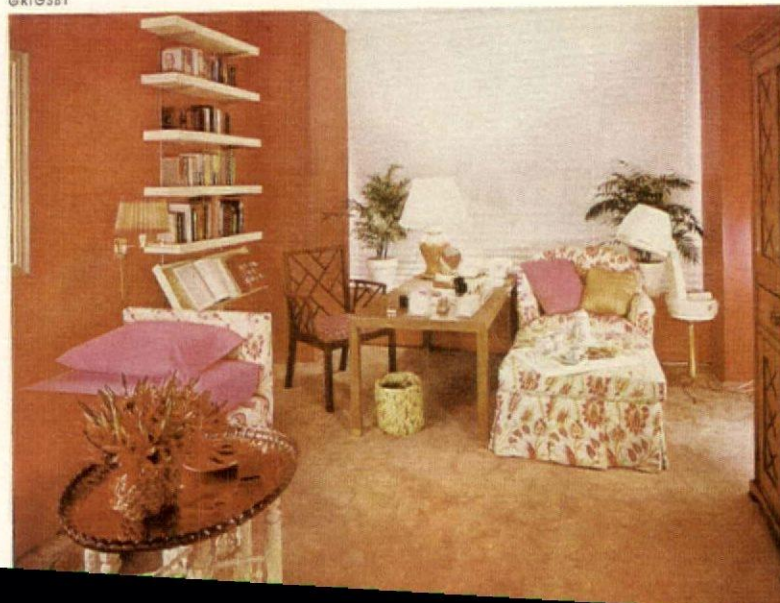
## Bedroom-studios for husband and wife

Looking to the casual eye like daytime living rooms, the adjoining bedrooms designed for Mr. and Mrs. Harold Mertz by Joseph Brubaker sacrifice not one whit of dream-time comfort.

**HERS, this page:** Mrs. Mertz's very flexible room is flexibly planned for her private use. The beds, *left*, serve as sofas by day, with their sheets and blankets covered with the spreads of upholstery fabric. The opposite end, *below*, furnished with armchair, ottoman and writing table can, with the addition of a hair-dryer and beauty aids, be transformed into a little pampering room. Cosmetics and grooming tools are housed off-hours in a deceptively committal armoire. Painting by Clifton Ford.

**HIS, opposite page:** Mr. Mertz's room is anchored at both ends to add sparkle and to conserve space, is the antithesis of his wife's looks, but closely matched in convenience. During the day, *top of page*, his big bed, *left*, is disguised with a spread of upholstery fabric, and its depth minimized by lots of cushions. The wall lamp above it puts light where it is needed without consuming space. Two chairs-plus-ottomans—one at the desk, the other across the room—provide up comfort whether Mr. Mertz is reading or doing paperwork. His clothes, grooming aids and desk equipment are kept in the paneled chest, *far right*. Painting by Leonard Ford. Paintings above sofa by Laurence

GRIGSBY



THE 24-HOUR  
BEDROOM  
continued

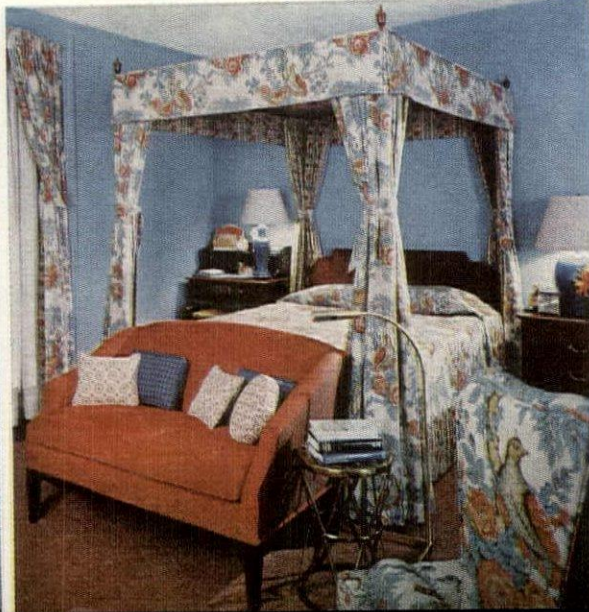
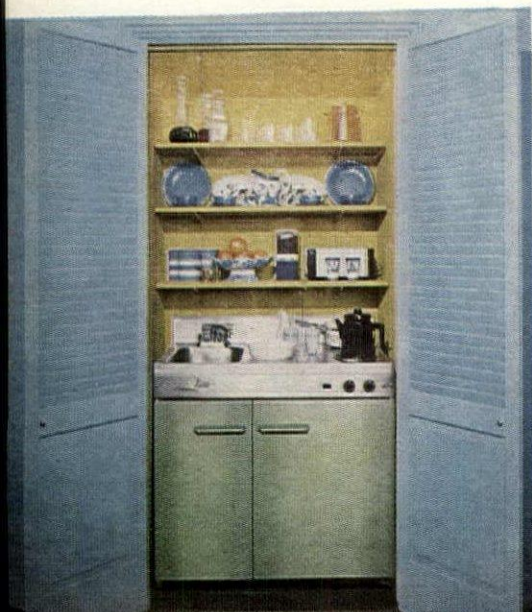




*A true bedroom  
with a kitchen in its pocket*

THE 24-HOUR BEDROOM *continued*

BALZ



Even a room dominated by a proud bed equipped for round-the-clock living—in breakfast-making and brewing tea. This room is designed for a couple who live in the country, is dominated not only by a majestic bed, but by an important pair of fabrics—the springboard fabric that dominates the room's whole color scheme. Bed canopy and curtains are lined with a smaller scale flowered pattern. The floor-length over-curtains that swing from all sides—the blue of the walls, the russet rug, the orange and brown of the reversible fabric that covers the loveseat. And the other furniture in the same generous scale as the bed: a high chair instead of a low chest; a desk that serves as a table stand; Broddingnagian wing chairs. Hidden behind plain louvered doors, *far left*, is a kitchenette with a miniature sink, stove, under-counter refrigerator, and shelves for china. Furniture from Baumritter's Allen collection. Fabrics from the Heirloom collection by Waverly, treated with a guard fabric protector. Painting by Roger

*For shopping information, see*



## *Bachelor's pied-à-terre*

A non-working fireplace smack in the middle of one wall, *above right*, neatly divides the long narrow bed-sitting room in Alberto Pinto's Paris apartment into two areas—the one end for lounging, *above*, the other end for dining or letter writing. The fireplace itself, every inch of it painted deep blue to match the glossy walls, now serves as a bar, its mantel holding rows of glasses and bottles that add to the sparkle of the glass and chrome tables, silver *objets*, and mobiles that fill the room with frolicking spots of light. Stretching along the opposite wall, the bouncy banquette, backed with pillows, *below*, makes up into two comfortable beds. The simplest fall of opaque white fabric flung across the window wall guards privacy at night, controls the light by day.



JACQUES PRIMOIS REPORTAGE PINTO

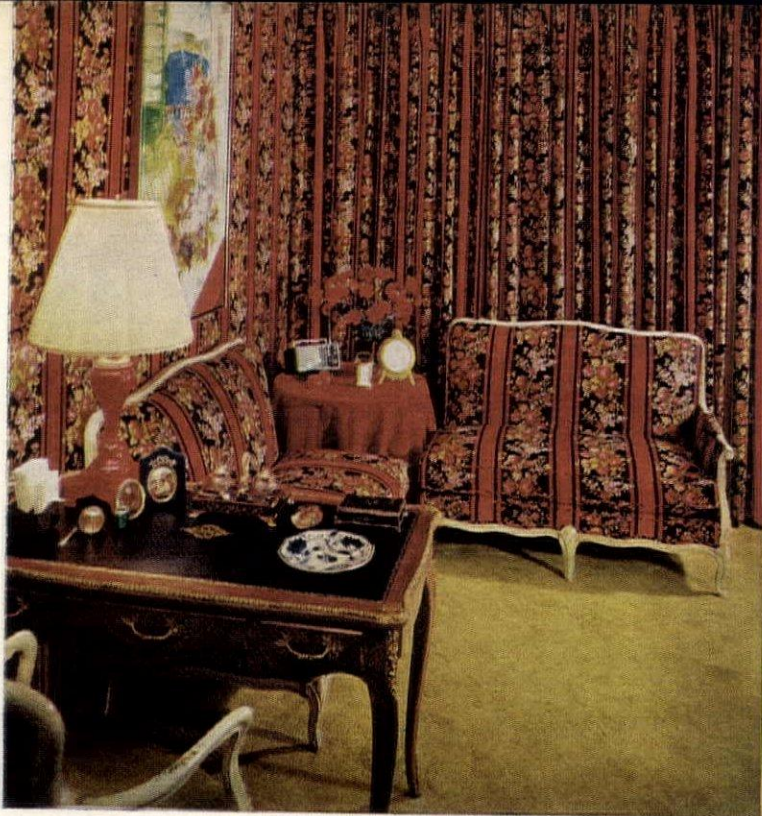




### *Busy studio by day*

A bedroom that does all-day duty as a studio for creative projects and hobbies must be craftily planned to preserve its calm. In Mr. and Mrs. Paul Smith's bedroom, order began by pushing the bed to the center of the room, leaving all the walls free, then building countertop cabinets the length of two of them. Inside the cabinets—some closed with sliding doors, some containing open shelves—are supplies for a whole array of activities: dressmaking, crafts, writing, reading, listening to music. A desk in one corner, *top right*, serves also as sewing table and dressing table. The plastic laminate countertop provides an expansive work surface, and, between projects, display space for a collection of covered baskets and painted boxes. Magazines, yarn, and more craft paraphernalia are stashed in baskets stacked against another wall, *above right*. Walls, cabinets, and simple window shades of creamy vanilla make a quiet background for the continual daytime whirl of fabric and yarn colors, and a restful ambiance for dreams. Only permanent patch of color: the orange under-surface of the ceiling-hung box built to house spotlights for reading.





GRIGSBY

## The boudoir updated

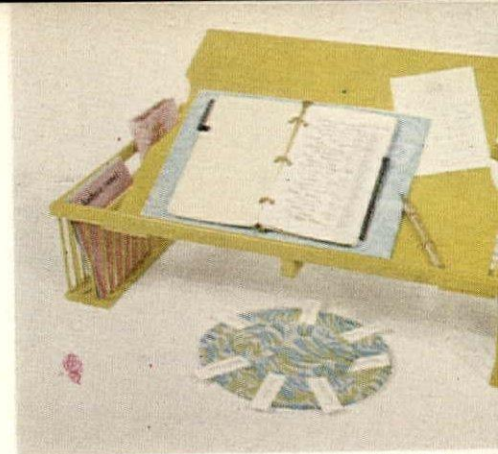
...woman's dressing room, bedroom, or private  
 ...ing room" is the dictionary's description of  
 ...almost-forgotten boudoir, but Mrs. David Lut-  
 ...has all three variations in one small room.  
 ...d with amenities for daylight hours, it is a  
 ...sant place to chat with a few close friends or  
 ...to dream in solitude. The big brass bed is  
 ...eed with flowered sheets and a matching quilt  
 ...ad of a bedspread, and, to set it off from the  
 ...of the room, hung with sheer bed-curtains  
 ...ately embroidered with daisies. Beside the bed  
 ...ls a marble-topped dressing table, *above right*,  
 ...doubles as a night stand. The opposite corner  
 ...e room, *above*, with its striped and flowered  
 ...matching loveseats, and Louis XV writing  
 ...might as easily be the corner of someone's  
 ...g room. (Between dressing table and writing  
 ...is a little foyer, lined with bookshelves,  
 ...leads to dressing room and bath.) The cur-  
 ...help to muffle voices, keep the atmosphere  
 ...antly subdued. Designer, Leif B. Pedersen.

For shopping information, see page 104.



# PRACTICAL PLEASURES FOR NIGHT-AND-DAY BEDROOMS

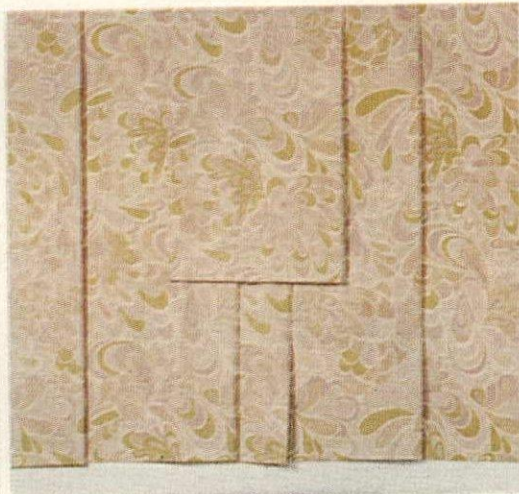
Making a bedroom as pleasant for daylight hours as it is for sleep calls for talented furniture and spirited amenities: Small-scale sofas and tables can create a sitting area in limited space. Closet organizers and do-everything trays eliminate clutter. And pretty linens, sachets, and pampering addenda make the room a joy to be in by night as well as day.



Swing-up writing tray in H&G Goldfinch that also serves breakfast in bed. At M&M Company.



For a night table, crystal carafe, silver boxes for tuck-aways, tiny clock. At Tiffany.



Whirling swirls printed on durable-press sheets in happy-dream colors. By Cannon.



For afternoon catnaps, a snugly wool and acrylic throw designed by Emilio Pucci for Lord & Taylor.



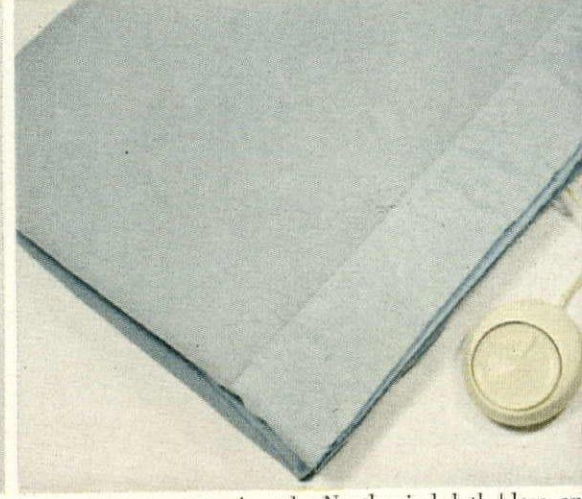
Terry cloth-covered ex mat that rolls up yoga hour. At D. Porthault.



Smooth durable-press sheets, bursting with sunny springtime flowers. By Burlington.



Oak and laminated plastic drop-leaf serving chest with four sturdy casters that take it where the action is. By Kroehler.



To keep you toasty when the North wind doth blow, automatic blanket of Acrilan in dreamy blue. By Fieldcrest.



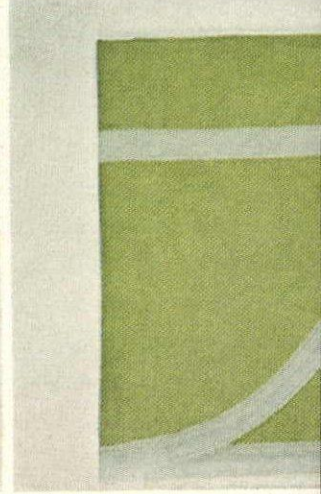
Lingerie boxes in quilted silk by Emilio Pucci for Lord & Taylor.



Quilted covers for pampered hot-water bottles. At D. Porthault.



See-through beauty center: chair, table, shelves. By Susan Lewis.



Feminine blanket cover of swiss rimmed in lace. By Fieldcrest.

MIHLN





White china bowl decorated with butterflies and summer flowers, perhaps to hold potpourri. At Tiffany.



Flowered bags and boxes to make a clothes closet a joy to open. At Lord & Taylor.



To hold the phone and books, a wicker étagère. At Lutén, Clarey, Stern, Inc.



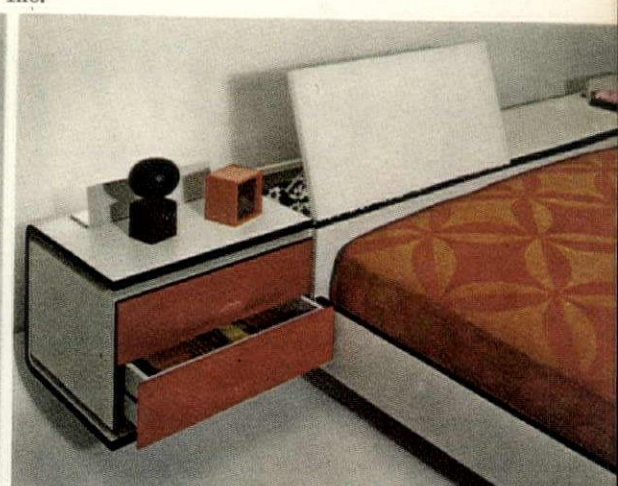
Tufted corduroy loveseat from Sweden with flop-over arms and an ottoman roomy enough for two. By Dux.



Cornflower-sprigged breakfast china on a place mat and tray at D. Porthault.



Scented paper to line your drawers, plus closet spray and lingerie wafers. By Estée Lauder.



French fiberglass bed with storage-chest headboard and two attached, legless nightstands. By Doubinski Frères. Bedspread designed by Dorothy Liebes for Morgan-Jones.



Haute couture at bed time: durable-press sheets by Emilio Pucci for Springs Mills.



Shoe bag, toe-stuffers, and a sachet that thinks it is a butterfly. At D. Porthault.

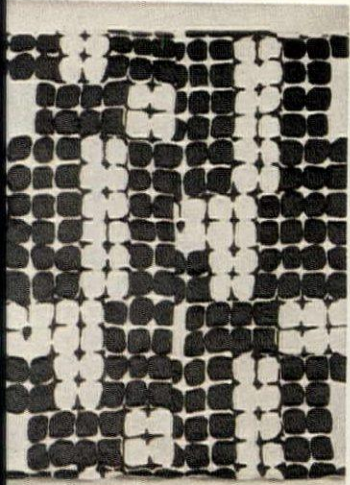


Cordless AM-FM clock-radio 3 3/8 inches high. By Bulova.

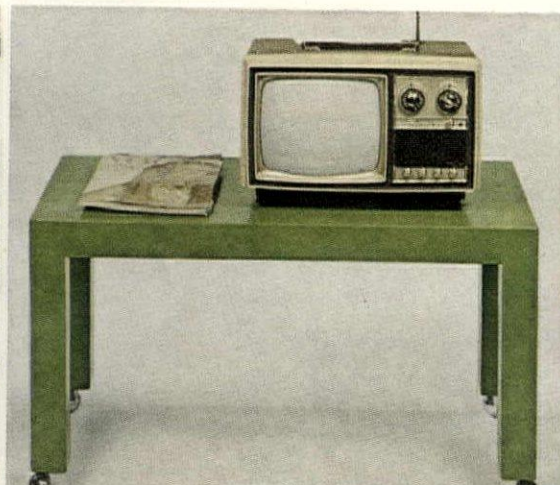


For dreaming, day or night, snowy pillows frosted with pink ribbons and lace. By Carlin.

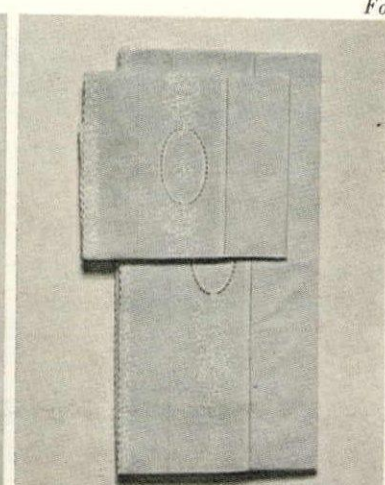
For shopping information, see page 104.



Happy black and white acetate comforter for a chaise. By Carlin.



Roll-about Parsons table, by Lumbercraft; portable color TV by General Electric.



For all-night pampering, Swiss-embroidered sheets by Wamsutta.



On a brass tripod bedspread stand, a chevron-patterned Acrilan blanket by Martex.

Sponsored by H&G and Old Westbury Gardens, four small gardens specially designed for the average home site are waiting for spring at Old Westbury, N. Y. They will be open to the public this summer.

BILL HELMS

# H&G's Answer Gardens

**C**onvinced that even the smallest backyard can be developed into a pleasure for the eye and a livable extension of the house it adjoins, H&G in partnership with Old Westbury Gardens has designed, built, and planted four solutions to common site problems presented by suburban building lots. We call them Answer Gardens because they are, in inspiration as in fact, living answers to the garden and landscape problems raised by house lots of even the smallest size.

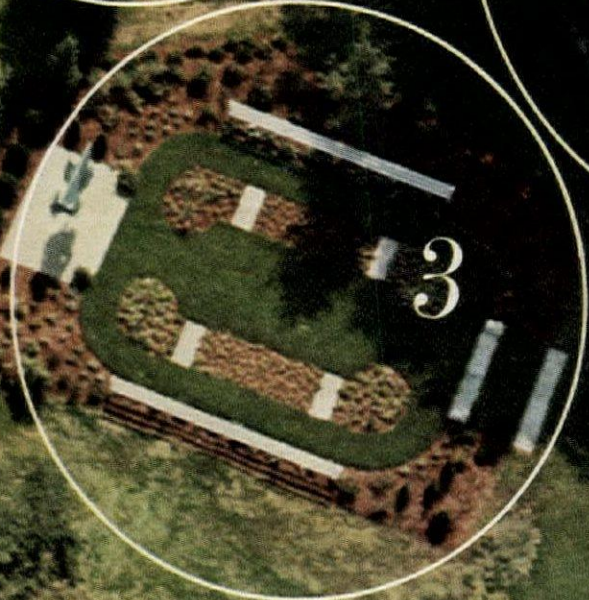
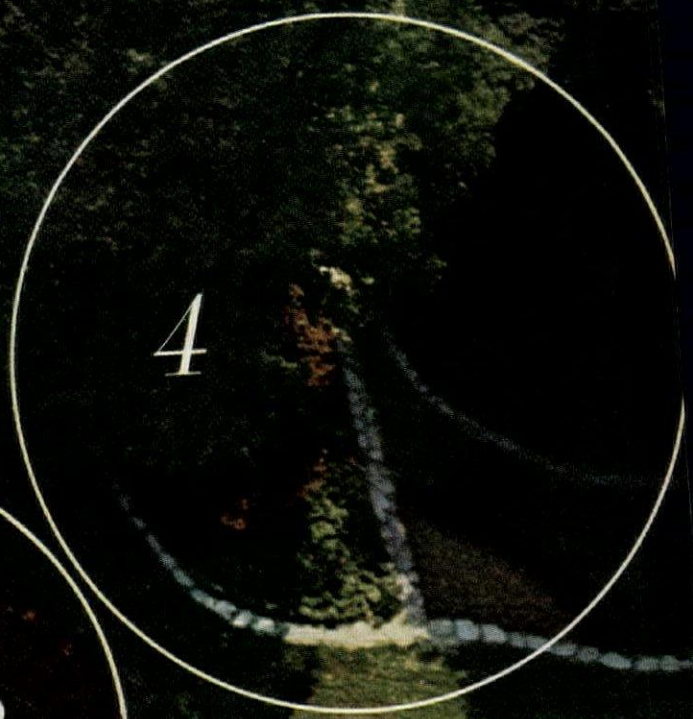
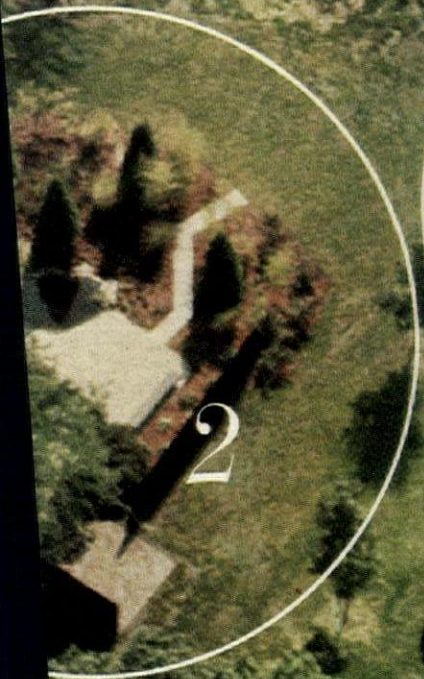
The results of our cooperative enterprise you can see, *right*, from the vantage seat of a helicopter. Each garden was designed for a different situation or for a special purpose and at varying cost. One was planned as a low-upkeep green garden for a suburban backyard—or to fill an entire backyard, boundary to boundary. The second is a secluded retreat to be hidden away on a lot of almost any size from tiny to tremendous. The third is a pretty flower garden that would grace any small open site under the summer sun. The fourth was created for a shady place—in the lee of a few big trees or along the sheltered side of any site, level or sloping. Each garden was the work of a different designer, and was built and planted by a different contractor. You will see the Green Garden, close-up, on page 84. The other three, in the order indicated by the numbered circles, will appear in subsequent issues. Finally, all four will appear in their springtime colors (complete with the hardy bulbs that are even now pushing up) when bulb planting time comes around again next fall. Circle Number 5 encloses our gazebo-in-residence, which will serve as both information center for the living project and as inspiration for anybody's summer house.

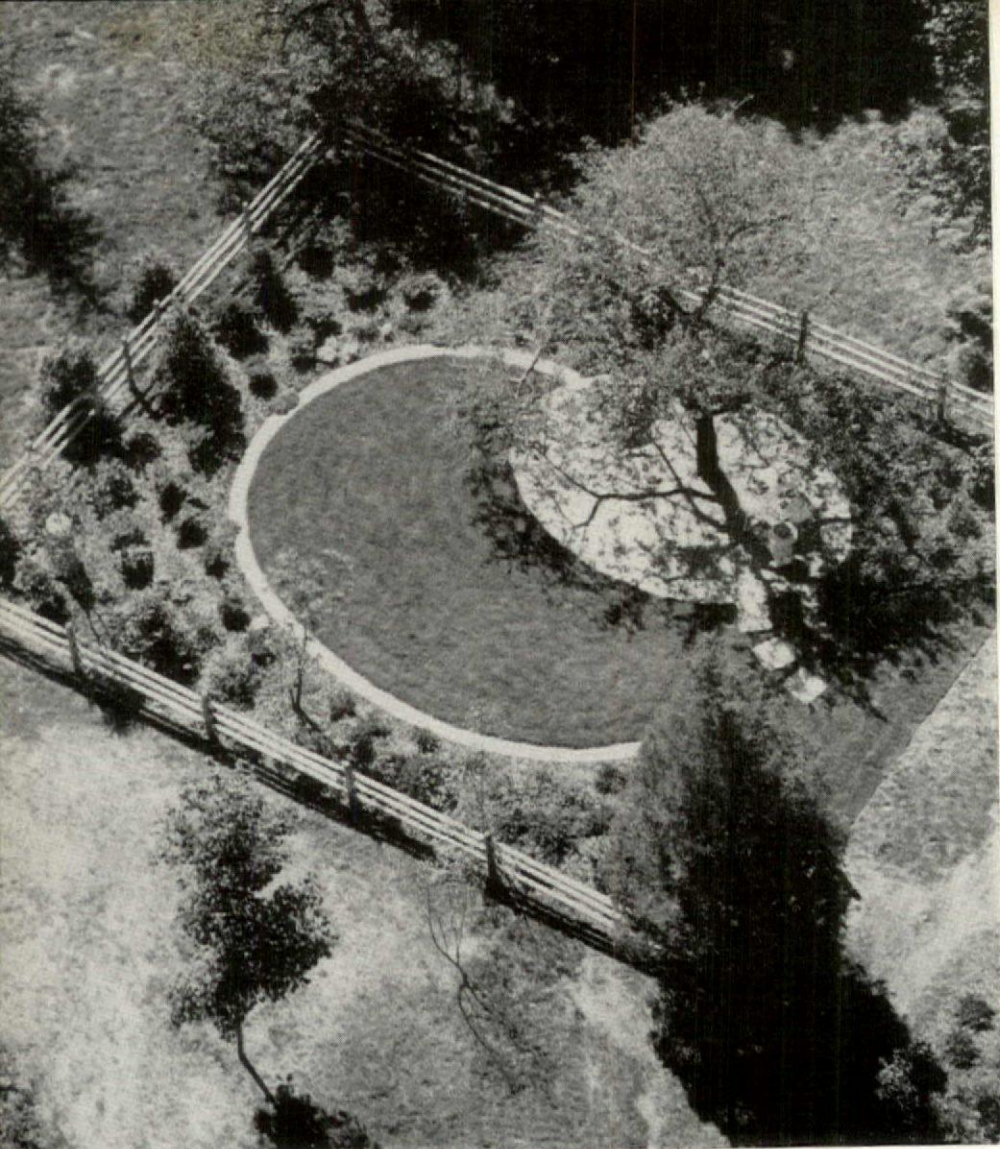
All these landscapes or gardens (call them by either name) would be practicable on suburban building lots, large or small, new or old. On new sites they can be completed when the house is completed and, in most instances, included in the original mortgage, if you wish. On old sites, where for one reason or another the problem has never been really faced up to, the transformation would be a special project, carried out either at one fell swoop or in easy stages over several seasons.

Except for a few existing trees, of which our gardens take full advantage, every tree, bush, herbaceous annual and perennial, and every square foot of turf as well as all the inanimate structural materials were chosen with these particular garden designs in mind and are included in the price. You can examine the gardens first hand in early May, when the spring season begins at Old Westbury Gardens, Old Westbury, N. Y. They will remain on view every day except Mondays and Tuesdays until the season closes in October.

H&G's four Answer Gardens as you see them from a helicopter drifting over Old Westbury, N. Y.:  
1 The Green Garden; 2 The Secluded Garden;  
3 The Sunny Garden; 4 The Shade Garden. 5 The Gazebo.







BILL HELMS



*Top of page:* From the helicopter you can see how the big apple tree that was part of the Old Westbury orchard made a logical focal point for the brick paved terrace—and how pleasantly the terrace relates to the larger oval of the turf. Also apparent is the importance of the bark mulch as an uncluttered design element to unify the plan and tie together the plants that have yet to fill their mature positions.

*Above left:* The foot-wide brick edging around the turf oval serves as a retainer for both the turf and the bark mulch, and as a track for a lawn mower wheel.

*Above right:* A broken sandstone column found behind a barn on the place provides a bold sculptural accent. You can buy similar relics from wrecking companies.

*Opposite page:* Our Green Garden makes a lovely spot for summer luncheon or afternoon tea. Because it is mostly green, we chose white for the wrought iron furniture (shades of Paris's Bois de Boulogne). The complacent turtle is wicker, sprayed white, and his tray top is removable for toting dishes. Iron furniture by Carolina Forge; bricks by Belden Co.; fence by Anchor. Plants and installation by Goldberg & Rodler, Huntington, N. Y. For shopping information, see page 104.

## *First in the series:* **The Green Garden**

### *Answer to the need for color all year*

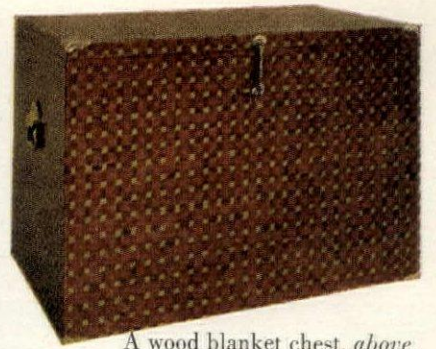
Green is nature's particular color—almost always the dominant hue of foliage if not of flowers. And logical enough, green is the color you think of first when you plan a garden or a whole landscape. Small wonder, then, that a green garden, perhaps even an evergreen garden, represents the surest and most satisfying means of achieving an attractive, long-lived, easily-cared-for landscape. With an all-green garden, especially one that keeps its color all year, you really feel as though you are getting your money's worth.

For this first of our Answer Gardens, Neil M. Weber, New York landscape architect, created a plan comprising 2,000 square feet—40 feet wide and 50 feet long—dimensions well within the limits of even a very small lot. It could serve equally well as a garden to adjoin a porch or patio or as a complete small-scale landscape. The entire planted area is enclosed on three sides by post-and-lap-rail fence. Within the rectangle are two intersecting ovals, the smaller one, beneath a venerable apple tree, paved in pink-purple brick. (This is the first instance in which we took advantage of a tree existing on the land, but you could, of course, plant a tree that would serve the same purpose.) The larger oval is sodded with nursery-grown Merion blue grass turf rimmed by a transition strip of bricks laid flat. The plants are mostly, though not exclusively, evergreen and mostly they have white or pale pink spring flowers—trees, bushes, and edging plants alike. Between the ovals and the fence, coarse grade "garden bark" spread 2 inches thick, serves as a weed-free mulch over the earth, an attractive ground cover around the young landscape plants, and an important design element in its own right.

The total cost, including the \$500 designer's fee and the estimated cost of duplicating the apple tree (but excluding the cost of the fence and special brick) came to less than \$5,000. For planting plan and further details, see *Gardener's Month*, page 166.

Perhaps the nicest thing about this garden is the fact that it had a finished look the first day.

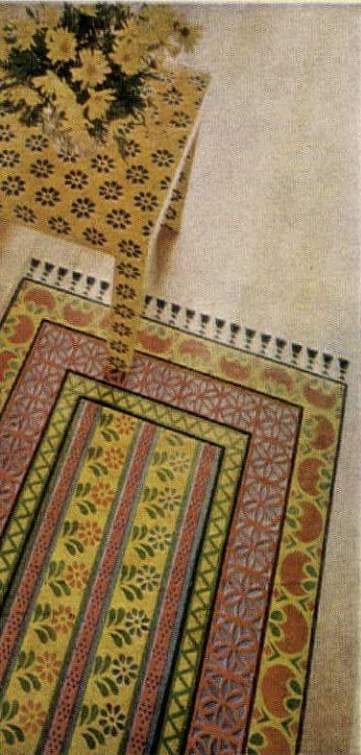
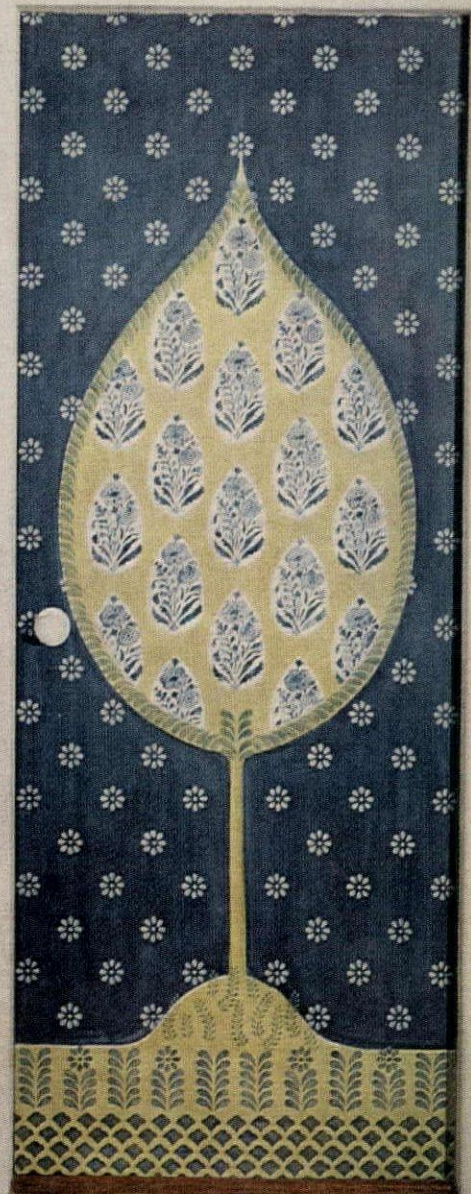




A wood blanket chest, *above*, stenciled to look like a red basket and trimmed with gleaming brass hardware.

Structural ceiling beams in designer John Quinn's New York living room, *left*, painted and accented with a chorus line of bouquets shaped like Paisley pear motifs.

On a flush door, *below*, a Persian-looking tree—made with a giant stencil cut from brown paper—against a background dotted with stylized blossoms.



Exuberant rug, *left*, stenciled right on the floor. This design contains many motifs in the stencil kit, and as many colors as a summer garden. On the Parsons table, more painted blossoms.



Three-drawer silver chest, covered with a three-motif pattern and accented with china knobs.



White canvas back and seat of a director's chair, stenciled in a fourth-of-July basket weave of red and blue.

*Shopping information, see page 104.*

TODAY'S

# SKYLIGHTS

*can do surprising things  
for your rooms and your outdoors*

A skylight gives you a patch of sky as a present. And with it many delights and surprises: brightness where you had come to expect darkness, views where you anticipated only a blank ceiling, sunbeams at angles far different from those you are used to. Skylights are so versatile these days they can add their magic in many different ways to many types of rooms, in old houses or new ones. With a window in the roof, you can have light without sacrificing privacy, turn a narrow passageway into a garden, bring light down a stairwell to the floor of a two-story house.

To be a complete success, however, a skylight must be adequately planned. As with any building job, using foresight is less costly than having to make adjustments later. Here are some pertinent points. SKYLIGHTS COME IN A VARIETY OF SHAPES, SIZES, AND MATERIALS. You can get ready-made bubbles of plastic; flat or pyramid skylights of plastic or glass, in single or double layers (the latter provide insulation without dimming the view); skylights with screens and opening devices (bubbles open like clams).

SIZE AND PLACEMENT AFFECT THE CHARACTER OF THE LIGHT. In the same space, a slanted skylight facing east will angle bright sunbeams into a specific section of the room in the morning, while a horizontal skylight would concentrate light during mid-day on the area directly below.

PLANTS CAN FLOURISH IN NEW PLACES. Light and sun pouring through a skylight create instant garden areas. When a skylight is being installed, add high-up plant shelves or hooks for hanging baskets. SKYLIGHTS CAN BE SHADED LIKE WINDOWS. Pull-across shades or curtains will help keep out the glare you are likely to get at certain times and prevent heat loss on cold cloudy days.

SKYLIGHTS WORK NIGHTS, TOO. A skylight is a natural for starry sessions. At other times, artificial lights installed outdoors around the perimeter of a skylight, or indoors, concealed inside the skylight framework, will be welcome stand-ins for daylight.

CONTROLS CAN BE WITHIN REACH. Switches for flicking on lights, for opening a skylight, or for drawing the shade can easily be installed low enough to reach without a risky ladder.

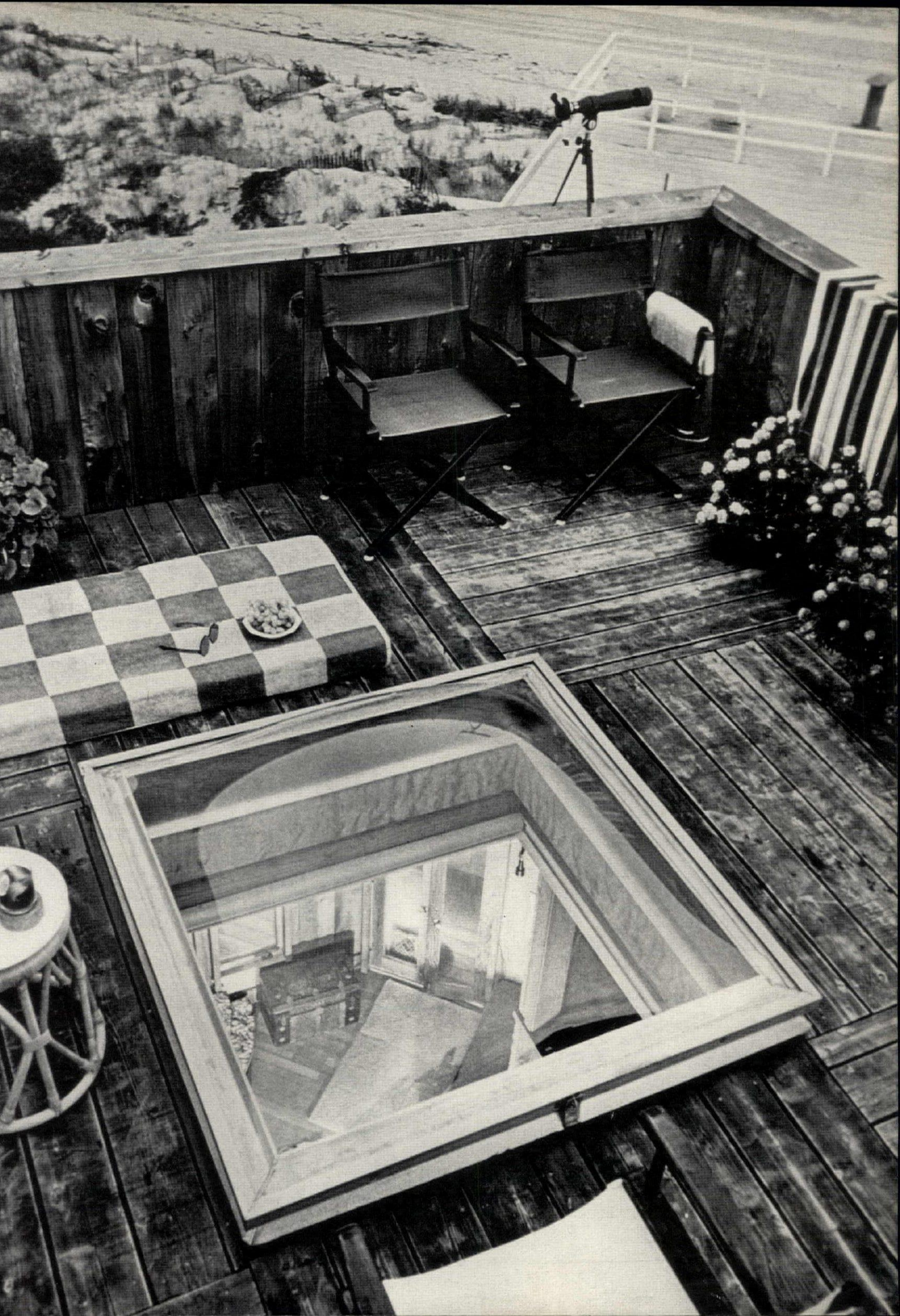
SKYLIGHTS SHOULD BE KEPT SPARKLING CLEAN. To remove stubborn outside dirt (rain won't do the whole job) and sweep off snow or ice, your biggest aid will be handy outdoor access to the roof. For indoor swipes at dirt carried up by hot air, you will need a long-handled

◀ **A long arch of plastic**

**A bubble in a square**

A LONG ARCH OF PLASTIC, *left*, brings in an abundance of light into a narrow passage, leaving the walls free for a collection of paintings. (Designed by Nemeny, architect. (For more photographs of this house, see pages 58-59.) A SQUARE BUBBLE, *opposite page*, framed like a picture and surrounded by a deck atop a beach house, makes the roof an integral part of the house. Loungers keep in touch with any activities below. Earl Combs, architect.

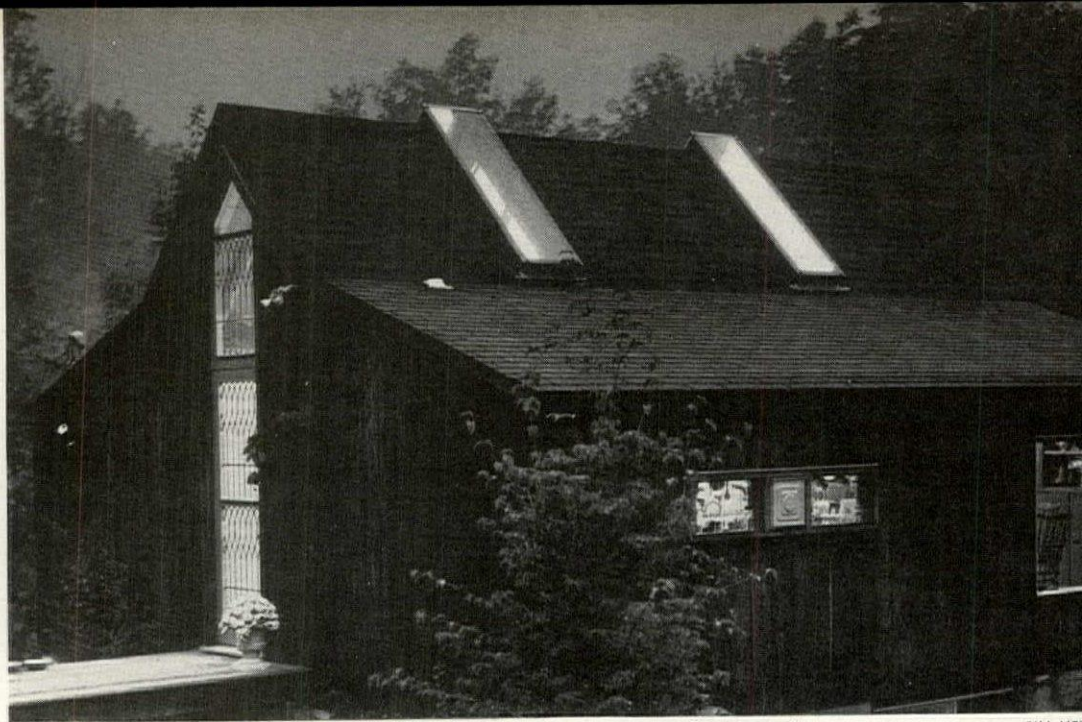








**Slanting skylight for an old stairwell**



**Transparent panes on a low roof**

BILL HE

A SLANTING SKYLIGHT, *above left*, that follows the pitch of the roof, lets light tumble down two flights of stairs, and turns a nook under the eaves into a pretty roost for plants. House remodeled by architect Geysa Sarkany.

TRANSPARENT PANES, *above right*, like huge inverted V's on both sides of the roof, add daylight to the living and dining rooms in Mrs. Mary Smith's house in Wilton, Conn.—and make bold architectural accents by night. Thomas H. Fleming, designer.

CLASSIC STUDIO SKYLIGHT, *below left*, turns a dining room into a top-floor garden in the San Francisco duplex of newspaper columnist Terrence O'Flaherty. The flick of a switch opens the skylight or pulls the Austrian shade across it to cut glare. Remodeled by architect Roy Starbird.

LONG BUBBLE, *below right*, above the mirrored lavatory counter of a bathroom, adds a tremendous amount of natural light, excellent for shaving or applying make-up. The skylight augments limited light from the end window, takes over completely

when the window shade is lowered for privacy. At sunset, ceiling lights focus on counter and storage drawers. Charles de Marco, architect.

*Opposite page:*

A TREE-PANE INSERT over a window bay, *above left*, welcomes light from a new angle, heightens view, and visually enlarges the dining area of the kitchen in the Eugene Crowells' house in Pasadena.

A COLOR-FRAMED SKYLIGHT, *above right*, made from an old window that was bordered by stained-glass panels, spreads light and shafts of glowing color over the no-window end of Terrence O'Flaherty's San Francisco living room. Remodeling by Roy Starbird.

A LIGHT-CATCHING PYRAMID, *below left*, in an old New York building, made the windowless space low enough bright for a kitchen when the loft was turned into an apartment by artist Karl Mann.

A GLASS ROOF pitched over the bed alcove, *below right*, adds a stargazer's observatory to the bedroom of a remodeled house in Shoreham, N. Y. Pull-down shade tempers light by day. Geysa Sarkany, architect.

## TODAY'S SKYLIGHTS

*continued*

**Classic studio skylight over a dining room**



**Long bubble for a bath**





*Three-pane roof insert over a bay window*

*Matching pyramid over a windowless kitchen*



PARKER



LYON

*Living room skylight framed in color*

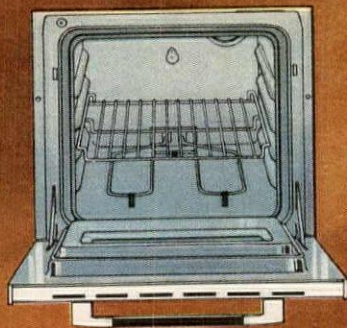
YEE

*A glass roof for stargazing*



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## WHAT IS YOUR LIQUOR I.Q.?

BY PHILIP S. BROWN

How much do you know about liquors? You have heard the terms "proof," "sour mash," "Scotch," "blended and straight" and so on, but do you really know their precise meanings? Here is a little multiple choice quiz designed to test your knowledge. The answers, we hope, will help clarify the basic facts about distilled spirits. Score 10 points for each correct answer. A total of 100 points puts you in the realm of the connoisseur; 75 and over is good, but anything less suggests that a little homework is necessary if you are to toss off the liquor vernacular like a *bon vivant*.

**Q.** What is a distilled spirit?

- (a) Any beverage containing distilled alcohol.
- (b) Beverages refined from a fermented mash.
- (c) Only whiskey aged in wood.

**A.** (a) Distillation is the process of extracting the desired component from a liquid mass by means of heat. In distilled spirits, the fermented liquid (or semi-liquid) is raised to 176° Fahrenheit, the boiling point of alcohol, at which point it escapes as steam. The steam is caught and run through a cooled coil to recondense it.

**Q.** What is "proof"?

- (a) A measure of alcoholic content.
- (b) A measure of purity.
- (c) A guarantee of quality.

**A.** (a) In America pure alcohol is 200 proof. Each degree of proof in a distilled spirit equals .5 percent of alcohol, i.e. 100 proof whiskey is 50 percent alcohol, 86 proof is 43, etc. In Great Britain, "proof spirit" (such as Scotch) contains 57.1 percent alcohol; liquors containing less are "under proof"; those with more, "over proof."

**Q.** Which of the following is not a distilled spirit?

- (a) Whiskey
- (b) Rum
- (c) Vermouth
- (d) Brandy
- (e) Gin
- (f) Tequila

**A.** (c) All the others are distilled. Whiskey (spelled with the "e" in this country and Ireland) is distilled from a fermented mash of grain, then aged in wood. • Brandy is obtained by distilling wine or a fermented mash of fruit, then aging it in wood. Grape or wine brandies include Cognac, Armagnac, and Marc. The better known fruit brandies are Kirsch (cherries), Calvados (apples), Mira-

Continued on page 100

Opposite page:

THE CLASSIC MEAL FROM A CASSEROLE—POT-AU-FEU

Here is the traditional, family-style boiled dinner from France—the mainstay of peasant cuisine, it also makes excellent party food.

Carefully chosen beef and vegetables simmer in an aromatic broth for hours, blending flavors to produce a marvelous soup to be served first and a delicious entrée of meat and vegetables to be accompanied by crusty bread, sour pickles, and a horseradish sauce.

# THE VERSATILE POT-AU-FEU



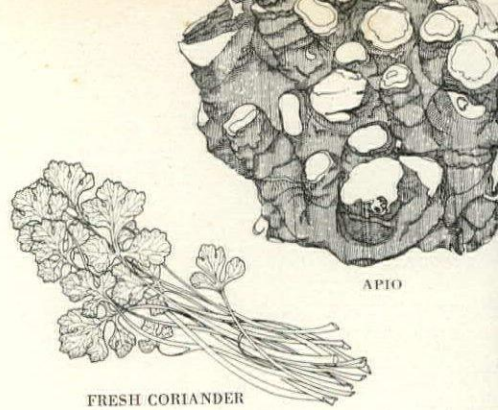
# THE VERSATILE POT-AU-FEU

Pot-au-feu (pot on the fire) is one of the very earliest cooking methods, probably dating back to the Bronze Age. It has had such universal acclaim that examples of it abound throughout the world today. Essentially it is a complete meal cooked on top of the stove—soup, meat, poultry, and vegetables slowly simmered together on a gentle flame. The one prerequisite is an ample cooking pot and indeed our modern soup kettles have changed little from Bronze Age cauldrons. Its versatility ranges from the classic French dish, from which it takes its name, through the beet root and sauerkraut dishes of Russia, the salted (corned) beef of England, the *puchero* of Spain to the richly varied dishes of Mexico and South America.

## INGREDIENTS FOR A POT-AU-FEU

All types of pot-au-feu, no matter where they originate, are constructed along much the same lines although the ingredients may differ according to the country or region. The essence of the dish lies in the combination of ingredients (meat, poultry, flavoring, and garnishing vegetables) and the cooking process, a long, slow simmering in plenty of liquid that extracts and merges the flavors. A pot-au-feu always includes some type of meat or poultry, in one piece or cut up, and a selection of vegetables, some green and some of the starchy, tuberous type. Spanish and South American versions of the pot-au-feu may also include garbanzos (chick-peas) and sausages, occasionally fruit, and vegetables ranging from the familiar to the exotic. The more unusual root vegetables and ingredients for the South American pot-au-feu can be found in markets that sell Caribbean or tropical foods, such as La Marqueta, the Puerto Rican market in New

York which runs from 110th to 116th Street on upper Park Avenue; Joe's Grocery on 14th Street between First and Second Avenues, New York; and La Sevillana Inc. at 2469 18th Street N.W. in Washington, D.C. As the names of many of these ingredients vary from place to place, it is sometimes necessary to ask for them by more than one name in order to get what you are looking for. *Annatto (achiote)* are the seeds of a tropical American tree. They give a delicate flavor and deep golden color to foods and are sold in packets. *Apio* is a pale yellow, irregularly shaped root vegetable with a light brown skin and a delicate texture when cooked. The taste is initially reminiscent of coconut with a faint aftertaste of celery (not celery root), and lends an attractive although not pronounced flavor to the cooking liquid. *Fresh coriander*, also known as Chinese parsley, cilantro, and culantro, looks rather like Italian parsley but is a paler green and has a flavor totally unlike parsley. It can always be found in Chinese markets and in Puerto Rican markets, where it is sometimes called *culantrillo*. Coriander, like parsley, is easily grown from seed. *Hot fresh peppers, both red and green*, belong to



FRESH CORIANDER

APIO

By Elisabeth Lambert de Ort

the cayenne family which accounts for their fiery heat. They are tapering in shape, sometimes twisted like a corkscrew, and vary in size from 2 to 6 inches. Use your own judgment as to quantity, remembering that the heat cooks out of them in any dish containing acid foods such as tomatoes.

*Plantains* are large members of the banana family and inedible until cooked. Both ripe and green plantains are used in cooking, but as they ripen differently it is important to follow directions for each type in the recipe. Green or ripe banana may be substituted for plantains, but the cooking time will have to be reduced.

*Yams* are often confused with sweet potatoes which they are not botanically related. They have a hairy skin and must be peeled quite delicately. There are three main types: red, yellow, and white.

*Yuca*, also known as cassava, manioc, mandioca, is a white root vegetable with a rough brown skin. Peel it under running water as it turns dark quickly when exposed to the air.

*Dasheen*, also known as taro (Polynesian) or yautia (Spanish) is a large white edible tuber 3-to-6-inches round with a rough brown skin.

## COOKING AND SERVING EQUIPMENT

Any reasonably well stocked kitchen has the basic equipment for cooking a pot-au-feu. The one essential is a large, wide-mouthed cooking vessel with a capacity of at least 5 quarts, preferably 6 to 8 quarts if you are planning on making the South American type of pot-au-feu which contains a great variety of root vegetables. The cooking pot can be an enameled cast-iron casserole or cocotte, an earthenware casserole, or a soup kettle. The important thing is that it be made of a material that holds the heat and spreads it evenly, as all of these dishes require long, slow simmering. You will also need a chopping block, a sturdy, sharp chef's knife and paring knife, a peeler, a good vegetable peeler, and slotted and wooden spoons.

For serving, large, handsome platters, a fine soup tureen and ladle give elegance to what is essentially a family dish. Soup plates are required for the South American version of pot-au-feu that call for the meat, vegetables, and broth to be served and eaten together. In the French pot-au-feu, where the broth is served as a first and separate course, you will need soup bowls or bouillon cups in addition to regular dinner-size plates.



### FOR SERVING

Handsome tureens and platters lend elegance to this family dish.

Left, hand-decorated

earthenware from Italy.

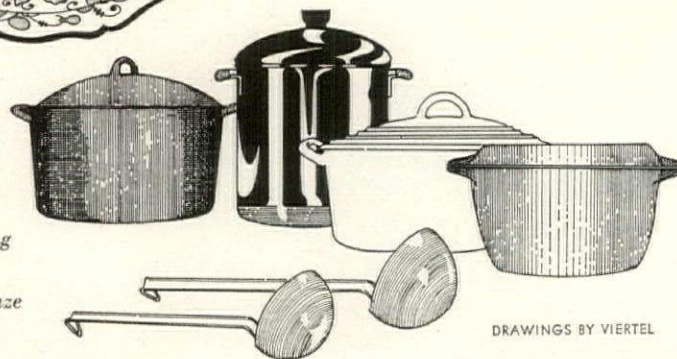
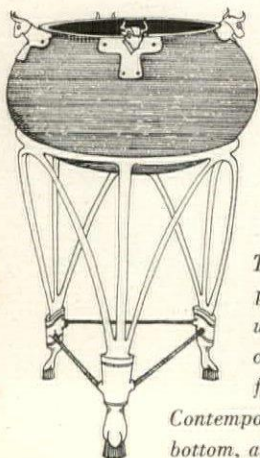
The soup plate is necessary when meat, vegetables, and soup are served together. Glazed ceramic tureen, platter, and soup bowl, right, from France.



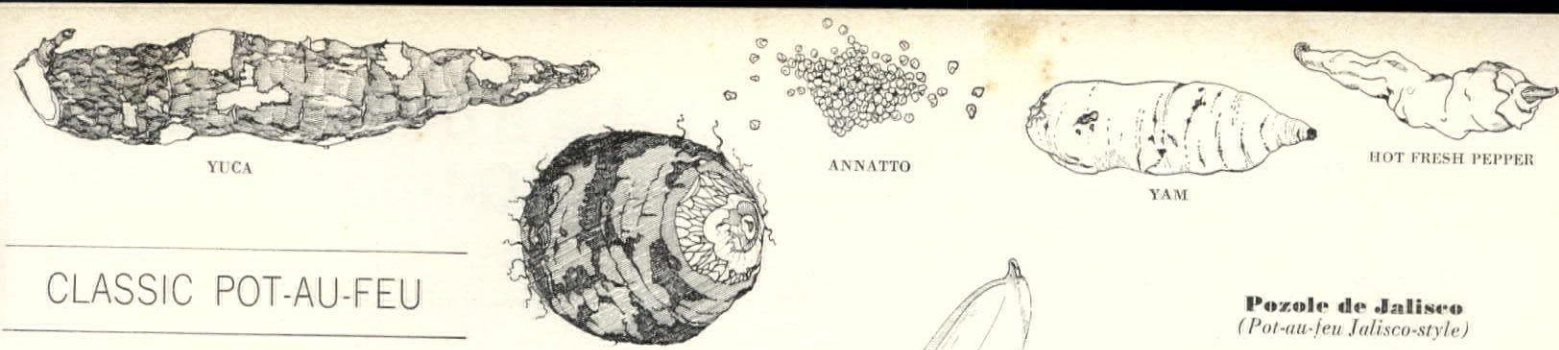
### FOR COOKING

Today's cooking pots are not unlike the bronze cauldron, left, from 3500 B.C.

Contemporary casseroles, from left, are round enameled cast iron, stainless steel with copper bottom, and oval and round enameled cast iron. Enameled ladles.



DRAWINGS BY VIETEL



## CLASSIC POT-AU-FEU

### Pot-au-Feu

(Shown on cook book cover)

Although this classic French peasant dish of slowly simmered beef and vegetables is gastronomically simple, it makes a wonderful party dish if care is taken both in the selection and the cooking of the ingredients. The traditional accompaniments are hot French bread, mustard, sour pickles, coarse salt, and horseradish sauce. Sometimes a chicken is added to the pot-au-feu, which makes it even heartier fare for a party.

- 4 pounds chuck roast or bottom round
- 3 quarts beef stock, approximately
- Bouquet garni (3 sprigs parsley, bay leaf, ½ teaspoon thyme, 12 peppercorns, bruised, tied in cheesecloth)
- 2 medium onions, each stuck with a clove
- 3 carrots, scraped and cut into quarters
- 2 stalks celery, cut into 2-inch pieces
- 2 medium white turnips, peeled and quartered
- 2 parsnips, peeled and quartered
- 3 small leeks, well washed
- Salt to taste
- 1 small head cabbage
- 3 pounds marrow bones, cut into about 12 pieces

Put the beef in a large pot or soup kettle, and add enough stock to cover the meat by about 3 inches. Add the bouquet garni to the pot with the onions, carrots, and the celery. Bring to a boil, skim off all the scum, reduce the heat so that the surface of the liquid barely moves, and cook at this low simmer for 2½ hours, skimming periodically.

Remove the beef, strain the broth and discard the cooked flavoring vegetables. If there is a great deal of fat, skim off most of it. Rinse out the pot, return the beef to it with the broth, turnips, parsnips, leeks, and remaining carrots. Season to taste with salt, and simmer, partly covered for ½ hour at which time both meat and vegetable should be done. Add the marrow bones 15 minutes before the end of the cooking time.

In the meantime wash the cabbage, remove any discolored leaves, trim the stalk end, and blanch in boiling water. Cut into 6 wedges and cook separately in stock for 15 minutes.

At serving time, remove the bones, scrape out the marrow, and keep it warm. Slice the beef and set it on a warmed platter surrounded by the vegetables and cabbage wedges. Add the marrow to the soup. Serve the soup and the meat and vegetables separately, either at the same time or as two courses, accompanied by hot French bread, sour pickles, coarse salt, mustard, and horseradish sauce. Serves 6.

### Horseradish Sauce

- 4-ounce bottle grated horseradish or ½ cup
- 1 cup grated fresh horseradish, lightly packed
- 1 teaspoon sugar
- 1 teaspoon dry mustard
- Salt to taste
- 1 cup sour cream

Mix all the ingredients thoroughly together. When using fresh grated horseradish, also add 1 tablespoon lemon juice. Makes about 1½ cups.

### Poule-au-Pot

- 3½-4-pound chicken
- 2½ cups stuffing (see recipe below)
- 4 carrots, scraped and sliced
- 1 medium onion, stuck with a clove
- 2 stalks celery, cut in 2-inch pieces
- 3 sprigs parsley
- 1 bay leaf
- ¼ teaspoon thyme
- 1 clove garlic
- 7 small leeks, well washed
- Salt, freshly ground pepper to taste
- 3 quarts chicken stock, approximately
- 3 medium white turnips, peeled and quartered
- 3 parsnips, peeled and quartered

Stuff and truss the chicken. Place it in a large soup kettle, add 2 carrots, the onion, celery, parsley, bay leaf, thyme, garlic, 1 leek, salt and pepper, and enough stock to cover the chicken by at least 2 inches. Bring to a boil and skim. Reduce the heat so that the surface of the liquid barely moves, cover, and cook at this slow simmer until the chicken is tender; about 1½ to 2 hours. Remove chicken from the broth half an hour before it is done and keep warm. Strain the broth and discard the cooked vegetables. Skim off any excess fat, rinse the pot, return the chicken and broth to the pot with the turnips, parsnips, and remaining carrots and leeks and continue cooking until chicken and vegetables are done. To serve, carve the chicken and arrange on a large, heated platter surrounded by the stuffing and vegetables, moistened with a little broth. Serve the broth separately in soup bowls. Serves 6.

### Stuffing for Chicken

- 2 tablespoons butter
- 1 medium onion, finely chopped
- 1 chicken liver
- ½ pound sausage meat
- 3 tablespoons chopped parsley
- ½ cup freshly made breadcrumbs
- 1 egg
- 3 tablespoons dry white wine
- Salt, freshly ground pepper to taste
- ¼ teaspoon thyme

Heat the butter in a frying pan and sauté the onion until tender but not browned. Remove the onion to a large bowl. Add the chicken liver to pan and sauté lightly in remaining butter. Remove liver, chop finely, and add to the onion. In the same pan sauté the sausage meat, breaking it up with a fork, until it begins to lose color. Drain off the excess fat. Add sausage meat and the remaining ingredients to the onion and mix well. Makes about 2½ cups.

### Pozole de Jalisco (Pot-au-feu Jalisco-style)

- 3 pig's feet
- 1 head garlic, peeled
- 3 quarts chicken stock
- 1 pound boneless pork loin, cut into 2-inch cubes
- 3½-4-pound chicken, cut into serving pieces
- 2 cups canned hominy
- Salt, freshly ground pepper
- 1 bunch radishes
- ½ head iceberg lettuce, shredded
- 1 Bermuda onion, finely chopped
- 3 limes, cut in wedges
- Liquid hot pepper sauce (Tabasco, Esta si Pica, etc.)

Simmer the pig's feet with the garlic and the stock for 3 hours. Add the pork and continue cooking very gently for 1 hour, then add the chicken and cook for 45 minutes longer. Add the hominy and cook for about 5 minutes, just long enough to heat it through. Season to taste with salt and pepper. By this time all the ingredients should be tender. Serve in soup plates and garnish with the radishes, lettuce, and onion to taste. Serve with lime wedges and hot sauce. Serves 6-8.

### Borsch

There are a great many versions of this Russian soup ranging from a clear delicate consommé to this hearty meal-in-a-spot.

- 2 pound piece lean bottom round or rump
- 3 quarts beef stock
- 1 large onion, chopped
- 2 stalks celery, cut into 2-inch pieces
- 3 carrots, scraped and quartered
- 3 small leeks, chopped
- 2 white turnips, peeled and diced
- 2 parsnips, peeled and diced
- 3 sprigs parsley
- 2 bay leaves
- 6 peppercorns, bruise
- 6 large beets, cut into julienne
- 1 cabbage, cut into small wedges
- 3 tablespoons tomato paste
- Salt, freshly ground pepper
- 2 tablespoons red wine vinegar
- 1 tablespoon sugar
- 1 small raw beet
- 1 tablespoon chopped dill
- ½ pint sour cream

Put the beef in a large soup kettle with the stock, onion, celery, carrots, leeks, turnips, parsnips, parsley, bay leaves, and peppercorns. Bring to a boil, skim, cover and cook at a bare simmer for 2½ hours. Remove and reserve the beef. Strain the broth, discarding the flavoring vegetables and rinse out the kettle. Return the stock to the kettle with the julienne beets, cabbage, tomato paste. Salt and pepper to taste and simmer for 1 hour. Add the vinegar and sugar. Cut the beef into serving pieces, return to the kettle and cook until heated through, about 5 minutes. Grate the raw beet, strain the juice and add the juice to the soup at the last minute. Sprinkle with dill and serve with sour cream on the side. Serve at the table from a handsome tureen into large bowls or soup plates. Serves 6-8.

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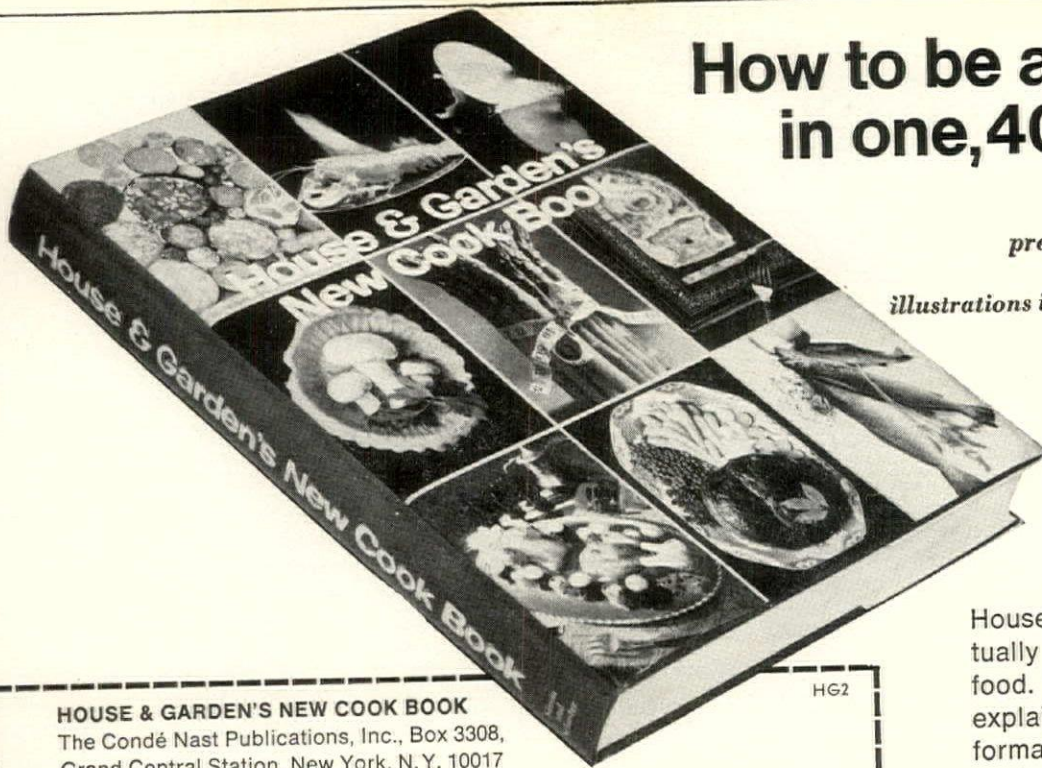
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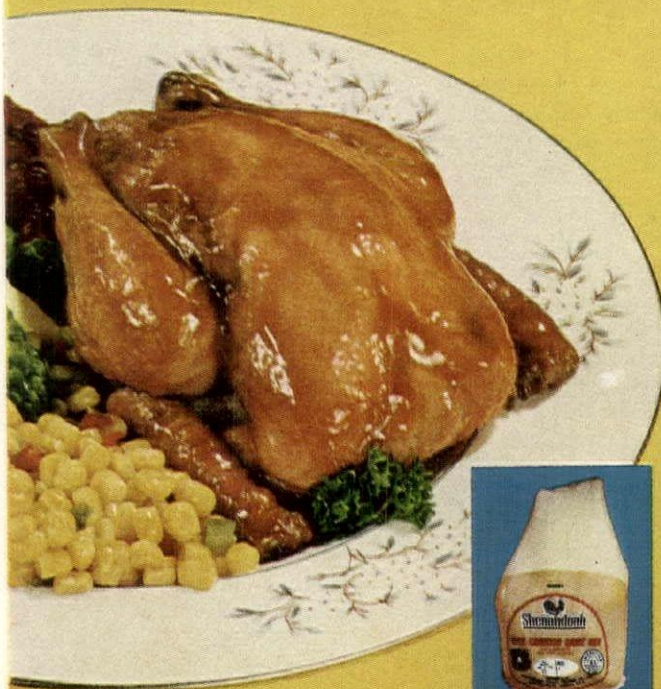
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### ROCK CORNISH HENS IMPERIAL

3 Shenandoah cornish hens, halved	¼ teaspoon pepper
Cooking sherry	3 teaspoons salt
3 cups breadcrumbs	1 teaspoon parsley flakes
1¼ cups Parmesan cheese	¼ cup chopped, blanched almonds
1½ cloves garlic, crushed	1½ sticks butter, melted
	Parsley for garnish crushed

Soak the Rock cornish hen halves in cooking sherry for two hours. Combine breadcrumbs, Parmesan cheese, garlic, pepper, salt, parsley flakes and almonds. Mix well; add ¾ the melted butter and stir.

Drain the hens and dip each piece in the remaining third of the melted butter, then roll in the breadcrumb mixture. Place the pieces in an uncovered metal pan (9x13-inch will hold chickens). Put a small amount of butter on each piece. Bake at 350 degrees F. for 1 hour. Garnish with parsley; serve warm. Yield: 6 servings.



For other easy-eating recipes, write for free booklet: Dept. HG-2 Shenandoah, 230 Park Avenue, New York, N.Y. 10017

### Boiled Salt Beef with Dumplings and Pease Pudding

The older name for salt beef, corned beef, is still used in Ireland and the U. S. In England it refers only to canned salt (bully) beef. Corned beef and cabbage is almost a national dish in Ireland, and it is customarily served in New York on St. Patrick's Day. In England it is traditionally served with suet dumplings and pease pudding, a very old English dish that was sold from barrows in eighteenth- and nineteenth-century London to the cry of "Pease pudding hot, pease pudding cold."

- 4 quarts water
- 2 pounds salt
- 2 ounces brown sugar
- 1 ounce saltpeter (sold in drug stores as potassium nitrate)
- Sprig of thyme or ½ teaspoon dried thyme
- 2 or 3 bay leaves
- ¼ teaspoon ground cinnamon
- 4-5 pound piece bottom round or brisket
- Bouquet garni (thyme, parsley, bay leaf, 8 peppercorns, tied in cheesecloth)
- 12 small carrots, scraped
- 12 small white turnips, peeled
- 12 small white onions, peeled
- 12 suet dumplings
- Pease pudding

Salt the beef in brine for 1 week before cooking it. To make the brine, place the water, salt, sugar, saltpeter, thyme, bay leaves, and cinnamon in a large kettle and bring to a boil. Allow to cool. Add the beef, making sure that it is completely covered with brine, top with a board or plate and place a weight on this to make sure the meat is kept submerged. Leave in a cool place, turning daily. Remove the meat from brine and wash well before using. Discard brine.

Place the well washed beef in a large kettle. Add the bouquet garni and cover with water. Bring to a gentle simmer and cook, covered, for 3-3½ hours, skimming from time to time. Add the carrots, turnips, and onions 45 minutes before the end of the cooking time. To serve, remove the meat to a large, warmed platter, surround with the vegetables and keep warm. Bring the broth to a lively boil and add the dumplings, cover and cook for 10 minutes. Arrange cooked, drained dumplings around meat and moisten with broth. Serve boiled beef with pease pudding and horseradish sauce (see recipe, page 95). Serves 6.

#### Suet Dumplings

- 1 cup all-purpose flour
- ½ teaspoon baking powder
- ½ teaspoon salt
- ½ cup grated suet

Sift the flour, baking powder, and salt into a bowl. Rub in the suet until thoroughly mixed with the flour. Add enough cold water to form a stiffish dough that comes away from the sides of the bowl. Form into 12 balls. Drop into boiling broth and cook, covered, for 10 minutes.

#### Pease Pudding

- 1 pound yellow split dried peas
- 1 large onion, coarsely chopped
- 3 slices bacon, diced
- Salt, freshly ground pepper to taste
- 1 teaspoon Worcestershire sauce
- 1 tablespoon butter

Soak the peas overnight (if they are of the quick-cooking type, omit this step). Drain, put into a saucepan with the onion and bacon and enough

water to cover the peas by a ½ inch. Simmer very gently, stirring from time to time to prevent the peas burning. Add water if necessary, but remember they should cook to a firm purée. The quick-cooking peas will be soft in about 1 hour, regular split peas may need 3 hours. Season to taste with salt and pepper, stir in the Worcestershire sauce and beat in the butter. Serves 6.

### Puchero Español

There are different versions of the classic *puchero* in all the regions of Spain. This one, from Madrid, is claimed to be the best. Traditionally any leftover soup is used as the basis for other soups or for sauces, while leftover meat is used for making croquettes or for *ropa vieja*.

- ½ pound chick-peas (garbanzos)
- 1 tablespoon salt
- 3 quarts boiling water
- 1 pound piece beef chuck
- 1 pound piece boneless shoulder of pork
- 3½-4-pound chicken, cut into serving pieces
- 2 carrots, scraped and cut into thirds
- 2 onions, chopped
- 2 cloves garlic, chopped
- 2 leeks, halved lengthwise and well washed
- 3 potatoes, peeled and halved
- ½ pound chorizo (hot Spanish sausage)
- ½ pound blood sausage
- Salt, freshly ground pepper

Selection of three or four green vegetables such as: 1 pound green beans, 1 small cabbage cut into wedges, a can of artichoke hearts or a package of frozen ones, 1 pound Swiss chard, etc.

Soak the chick-peas overnight in warm, salted water. Drain, rinse, and tie loosely in a piece of double cheesecloth. Put into a large wide-mouthed kettle with the salt and boiling water. Cover and simmer for ½ hour. Add the beef and pork and cook at a bare simmer for 1½ hours. Add the chicken, carrots, onions, garlic, and leeks and continue cooking for 45 minutes. During the last 20 minutes, add the potatoes. During the last 10 minutes add the chorizo and blood sausage. Season to taste with salt and pepper. Meanwhile, cook desired selection of green vegetables separately. To serve, remove the chick-peas first. Drain them and arrange with the potatoes on one half of a large warmed serving platter. Arrange the cooked green vegetables on the other half. Serve the meats, cut up sausages, and chicken on another warmed platter and the broth from a tureen. Serve meats and vegetables with the broth in large soup plates, or serve the broth as a first course, and the meats and vegetables, moistened with a little broth separately. Salsa verde makes a good accompaniment for the meats. Serves 6-8.

#### Salsa Verde (Green Sauce)

- 1 small onion
- 3 tablespoons parsley
- 1 tablespoon capers
- 1 clove garlic
- 1 tablespoon freshly made breadcrumbs (optional)
- 3 anchovy fillets
- 4 tablespoons olive oil
- 2 tablespoons lemon juice
- Salt, freshly ground pepper

Grate the onion and pound in a mortar with the parsley, capers, garlic, breadcrumbs, and anchovy fillets. Mix in the oil and lemon juice and season to taste with salt and pepper. Makes about 1 cup.

### Puchero

This Mexican *puchero*, clearly based on the original Spanish dish, illustrates beautifully the exuberance of the colonial kitchen, and the eagerness with which the Indian cooks took to the new foods the Spanish brought with them from Europe.

- 1 pound lean beef cut into 2-inch cubes
- 1 pound boneless lamb, cut into 2-inch cubes
- ½ pound raw ham, diced
- 1 large onion, sliced
- 1 clove garlic, chopped
- 1½ quarts each of chicken and beef stock
- 3½-4-pound chicken, cut into serving pieces
- 1 cup kernel corn
- 3 medium carrots, scraped and sliced
- 3 white turnips, peeled and sliced
- 3 zucchini or summer squash, sliced
- ½ pound sweet potatoes, peeled and sliced
- 1 cup cooked or canned chick-peas (garbanzos)
- Salt, freshly ground pepper to taste
- 4 medium potatoes
- 3 tablespoons lard or salad oil
- 2 medium bananas (preferably under-ripe) or ripe plantains peeled, sliced lengthwise, then halved
- peaches, peeled, pitted, and halved or canned Freestone peaches
- pears, peeled, cored, and halved
- Fresh coriander (cilantro), chopped
- limes, cut in wedges

Put the beef, lamb, ham, onion, and garlic in a large kettle with the stock. Bring to a boil, skim, reduce the heat so that the liquid hardly moves, cover, and simmer gently like this for 45 minutes. Add the chicken and cook ½ hour longer. Add the corn, carrots, turnips, zucchini, sweet potatoes, and chick-peas and simmer about 1 hour or until meat, chicken, and vegetables are all done. Season to taste with salt and pepper. Meanwhile parboil the potatoes in their skins for 10 minutes. Drain, peel, and slice. Heat the lard or oil in a frying pan and fry the potatoes until golden and tender. Drain on paper towels, set aside and keep warm. In the fat remaining in the frying pan, sauté the bananas or plantains until golden brown and keep warm with the potatoes. Take a cupful of stock from the kettle and in the last minutes of cooking, gently poach the peaches and pears. If you are using canned peaches poach for 1 minute only. To serve, strain the soup into a large tureen. Garnish with chopped coriander and serve in soup bowls with the cut limes on the side. Arrange the meats on a platter, surrounded by the fruits and vegetables, moisten with a little of the broth, and keep warm until after the soup course is served. Serve with guacamole. Serves 6-8.

#### Guacamole (Avocado Sauce)

- 1 large, ripe avocados
- 1 medium tomato, peeled, seeded, and chopped
- 1 tablespoon finely chopped onion
- 1 or more canned serrano chiles, chopped, or fresh hot red or green peppers, seeded and chopped
- 1 or 4 sprigs fresh coriander (cilantro), chopped
- Salt, freshly ground pepper
- 1 pinch of sugar

Put the avocados in half, remove the seed. Mash the shell with a fork, spoon out, and mix with the other ingredients. If guacamole is not served immediately, cover with plastic wrap and refrigerate to prevent the surface turning dark.



"just send me your name  
...I'll enter you in the

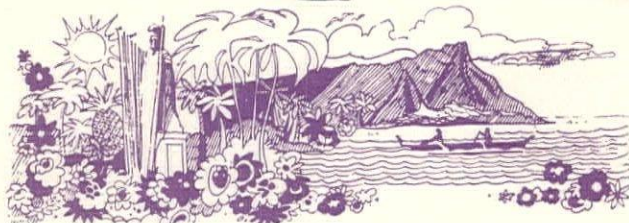
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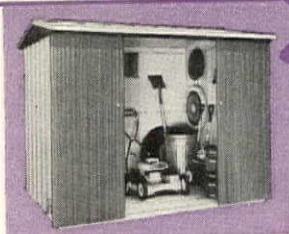
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**Sancocho Especial**  
(Colombian Pot-au-Feu)

The Spanish verb *sancochar* means literally to parboil. It has come to be applied to a number of South American dishes of the pot-au-feu family in the sense of new ingredients added to the pot when others are already partly cooked. The secret

of a good *sancocho* lies as much in putting the ingredients into the pot in the correct cooking order as in the choice of ingredients. No two *sancochos* are the same. The foods included vary not only from country to country but from region to region and it is surprising how profound a difference in flavor can result from an apparently slight difference in technique and ingredients. The salted beef in this special *sancocho* gives it an unusual, almost smoky flavor.

**Carbonada**

This dish from Argentina is an interesting example of the use of fruit with meat, one of the hallmarks of the country's cuisine.

- 2 tablespoons olive oil
- 1 large onion, finely chopped
- 2 pounds boneless veal, cut into 2-inch cubes
- 2 large tomatoes, peeled and chopped
- 1 bay leaf
- 1 teaspoon oregano
- 1/2 teaspoon tomato paste
- 1/2 teaspoon sugar
- 2 cups chicken stock
- 2 medium-sized sweet potatoes, peeled and thickly sliced
- 1/2 pound winter squash, peeled and cubed
- 1/2 pound potatoes, peeled and halved
- 2 medium peaches, peeled, or 6 canned whole peaches
- 1/2 cup corn, each cut into 3 slices
- 1/2 teaspoon freshly ground pepper

Heat the oil in a large casserole and sauté the onion until golden. Add the meat and sauté until lightly browned. Add the tomatoes, bay leaf, oregano, tomato paste, and sugar and mix well. Add the stock, cover and cook very gently for 45 minutes. Add the sweet potatoes, squash, and potatoes and cook for 30 minutes longer. Add the corn and the peaches and cook for 5 minutes. If you are using canned peaches, cook for 1 minute. Season to taste with salt and pepper and serve in large soup plates. Serves 6.

**Aguado de Gallina**

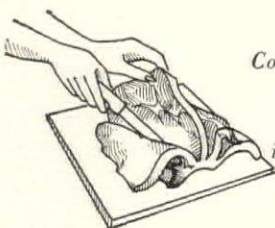
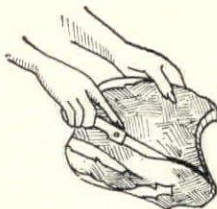
This Ecuadorian pot-au-feu in literal translation "Watered Hen." I have found it more satisfactory to use a chicken, as fowl is not always available and, in any event, requires much longer cooking.

- 2 tablespoons lard or salad oil
- 1/2 teaspoon ground annatto (*achiote*)
- 1/2 cup onions, finely chopped
- 2 cloves garlic, chopped
- 1/2 cup tomatoes, peeled, seeded, and chopped
- 1/2 cup pimientos, chopped
- 1/2 teaspoon freshly ground pepper
- 1/2 teaspoon sugar
- 1/2 pound chicken, cut into serving pieces
- 2 quarts chicken stock
- 1/2 cup raw rice
- 1/2 cup green peas, fresh or frozen
- 1/2 cup green coriander (*cilantro*)
- 1/2 cup parsley, chopped

Heat the lard or salad oil in a frying pan and add the annatto. Cook over medium heat for 2 minutes, remove from the heat and strain. Add the onion and garlic in the oil until the onion is tender but not browned. Add the tomatoes, pimientos, salt and pepper to taste, and cook for a few minutes until the mixture is well blended. Add the chicken pieces and cook for a few minutes, turning them once. Transfer the contents of the pan to a large casserole or kettle. Add the chicken stock, cover, and cook very gently for 1/2 hour. Add the rice and green peas, cover, and continue cooking for 20 minutes or until the rice is cooked. If you are using frozen peas, thaw and add to casserole for the last 5 minutes of cooking. Sprinkle with parsley or parsley and serve in soup plates with Salsa de Ají (see recipe, page 97) on the side. Serves 6.

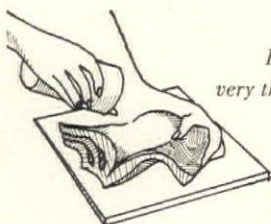
**COLOMBIAN METHOD FOR SALTING BEEF**

Cut a horizontal slice about 1/2-inch thick in a 3- to 4-pound piece of bottom round. Stop 1 inch short of far side of meat.



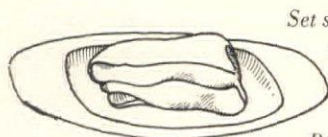
Continue to cut meat in 1/2-inch horizontal slices, stopping 1 inch short of far side.

When the meat is cut into about four or five slices it should resemble an open book.



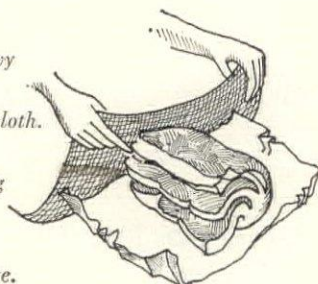
Pour 1-pound of salt very thickly and carefully between each slice of meat.

Pour remaining salt thickly over top of meat, making sure it is very heavily salted.



Set salted beef on large meat platter, cover with cheesecloth, leave overnight. Pour off liquid, leave 24 hours longer, drain again.

Place beef on heavy foil or platter, cover with cheesecloth. Dry in the sun for 1 week, turning daily. Shake out salt, wrap in foil, and refrigerate.



**Colombian-Style Salted Beef**

Cut a 3- to 4-pound piece of bottom round in horizontal slices about 1/2-inch thick, stopping short of the further side of the meat so that it opens like a book. Pour a pound of salt thickly over the beef, between the slices, and on top. Place on a large platter, cover with cheesecloth, and let stand in a cool place overnight. In the morning pour off the liquid and let stand for another 24 hours. Again pour off all the liquid that has accumulated. If necessary, add a little more salt. Place on a piece of heavy aluminum foil or a platter, cover with cheesecloth and put in the sun to dry, turning daily. This will take about a week. Shake out the excess salt, wrap in foil and store in the refrigerator where it will keep indefinitely. Wash well before using.

- 1 pound chuck, cut into 2-inch cubes
- 1 pound lean pork, cut into 2-inch cubes
- 1 pound salted beef, well washed
- 2 large onions, sliced
- 3 cloves garlic, chopped
- 1 pound tomatoes, peeled, seeded, and chopped
- 1 root yuca (cassava), about 1 pound, peeled and cut into thick slices
- 1 1/2 quarts each of beef and chicken stock
- 3 1/2-pound chicken, cut into serving pieces
- 1 pound sweet potatoes, peeled and sliced
- 1 pound yams, peeled and sliced
- 1 pound winter squash, peeled and cubed
- 1 pound potatoes, peeled and quartered
- 2 ripe plantains, peeled and sliced
- 2 green plantains
- 3 ears corn, each cut into 3 slices
- Salt, freshly ground pepper to taste
- Salsa de Ají
- 3 or 4 limes, quartered

Put the chuck, pork, salt beef, onions, garlic, tomatoes, yuca, and stock into a large soup kettle or pot big enough to hold all the ingredients, bring to a boil, skim, reduce to a bare simmer, cover and cook for 1 1/4 hours. Add the chicken, sweet potatoes, yams, squash, potatoes, and cook until the chicken is almost tender, about 1/2 hour. Add the ripe plantains and continue to cook so that the liquid barely moves. Meanwhile, in a separate saucepan, boil the green plantains with their skins on for 1/2 hour. Cool, peel, and cut into slices. Add to the pot and cook until all the ingredients are done. Add the corn 5 minutes before serving. Adjust the seasoning. Arrange all the meats on a warm platter, and the vegetables separately on another warm platter. Put the broth in a soup tureen. Serve the meat, vegetables, and broth together in large soup plates with Salsa de Ají and limes on the side. Serves 6-8.

**Salsa de Ají**  
(Hot Pepper Sauce)

- 1/2 pound hot red or green peppers
- 1 teaspoon salt or to taste
- 1 medium onion, finely chopped

Remove seeds and ribs from peppers, chop coarsely, and grind to a pulp with the salt. Add the onion and mix well. Makes approximately 1 cup.

## How to cook with white wine without having any in the house.



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### MOLDED SHRIMP AND CRAB SALAD

2 envelopes unflavored gelatin  
 2 1/4 cups chicken broth  
 3/4 cup Martini & Rossi Extra Dry Vermouth  
 1 cup mayonnaise  
 2 tablespoons finely chopped parsley  
 3 tablespoons finely chopped chives  
 1 tablespoon Worcestershire sauce  
 1/2 teaspoon salt  
 1/4 teaspoon pepper  
 1 cup cooked or canned shrimp  
 1 cup cooked fresh or canned crabmeat  
 1 cup finely chopped celery

Soak gelatin in broth, heat until dissolved. Add vermouth. Stir into mayonnaise. Add parsley, chives, Worcestershire sauce, salt, and pepper. Chill until thickened. Add shrimp, crab, and celery. Pour into 6-cup mold, chill until firm. Serves 6.

**Rule of thumb:**  
 In any recipe that calls for dry white wine use M&R Extra Dry Vermouth.

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Imported Vermouth

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WHAT IS YOUR LIQUOR I.Q.?  
 continued from page 92

belle and Slivovitz (plums), Framboise (raspberries). • Rum is derived from a fermented mash of sugar-cane juice or molasses, then aged in wood. The best rums come from the West Indies, the Caribbean countries, and Mexico. New England rum is made from molasses. • Gin is made by redistilling high-proof neutral spirits along with various flavoring agents, the main one being juniper berries. • Aquavit, tequila, vodka, okolehao, pisco, and ng ka pi. are also distilled spirits.

**Q.** What is the difference between Scotch and Irish whiskeys?

- (a) Irish malt is heated over a peat fire; Scotch over wood.
- (b) Scotch malt is subjected to peat smoke.
- (c) Scotch is made from wheat, Irish from barley.

**A.** (b) Although both Scotch and Irish whiskeys are made principally from malted barley, the flavor differs because the barley used in Scotch is subjected to the smoke from a peat fire as it dries. Consequently, Irish is somewhat lighter in body, with a maltier taste.

**Q.** What is the difference between rye and bourbon?

- (a) Bourbon is made from corn; rye from rye.
- (b) Bourbon comes only from Kentucky; rye from many states.
- (c) Rye is a stronger version of bourbon.

**A.** (a) By law, bourbon must contain 51 percent corn, rye 51 percent rye. Both are distilled to not more than 160 proof. The proof is then reduced by the addition of water and the spirits are barreled at 103 proof. Kentucky, Tennessee, and surrounding areas are the center of the American whiskey industry because of the plentiful supply of very pure limestone water. After four years in the barrel the proof of the bourbon and rye will have increased to around 110 so it is further reduced again.

**Q.** What is sour-mash whiskey?

- (a) Bourbon or rye before sugar is added.
- (b) Whiskey made from a mash containing yeast from a previous fermentation.
- (c) Whiskey distilled from a mash not aged in wood.

**A.** (b) Yeast from a previous fermentation is added to the new yeast in a proportion of 1 to 2. A more stable fermentation is achieved in this manner, with less chance of "wild yeasts" entering. This process is used primarily for bourbon.

**Q.** What is the difference between "straight whiskey," "blended whiskey," and "whiskey, a blend?"

- (a) Straight whiskey is 100 proof; blended, 86 proof; and whiskey, a blend, 80 to 110 proof.
- (b) Straight whiskey is mixed only with water; the other two contain water plus neutral spirits.
- (c) The terms are synonymous and used interchangeably.

**A.** (b) Straight whiskey is bottled from the cask in which it is aged, with only water added to reduce the proof to not less than 80. Blended whiskey is a mixture of at least 20 percent 100-proof whiskey and neutral spirits, bottled at not less than 80 proof. Whiskey, a blend must be not less than 51 percent straight whiskey.

**Q.** What is Canadian whiskey?

- (a) A blend of Scotch and neutral spirits.
- (b) A light grain whiskey made in Canada.
- (c) A special blend of Irish and rye whiskeys made in Canada.

**A.** (b) Canadian whiskey is made from corn, rye, wheat, and barley malt, in proportions that vary according to the distiller's special formula. It is nearly always a blend of two or more whiskeys and is light in body and delicate in flavor.

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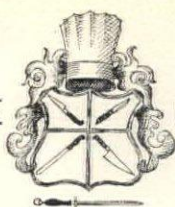
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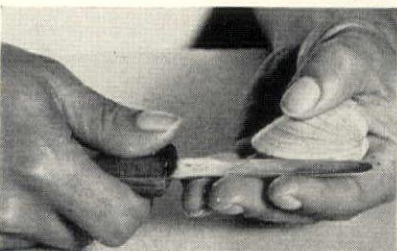


# CLAM AND OYSTER KNIFE

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HOW TO OPEN A CLAM

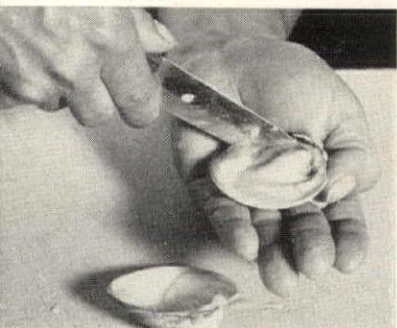
Holding clam firmly, push side of knife into crack at front between shells.



Twist blade of knife upward, forcing bottom and top shells apart. Run blunt end of knife around shell to muscle at back.



Holding lower shell firmly, twist off the top shell.



With blunt end of knife loosen meat from shell.

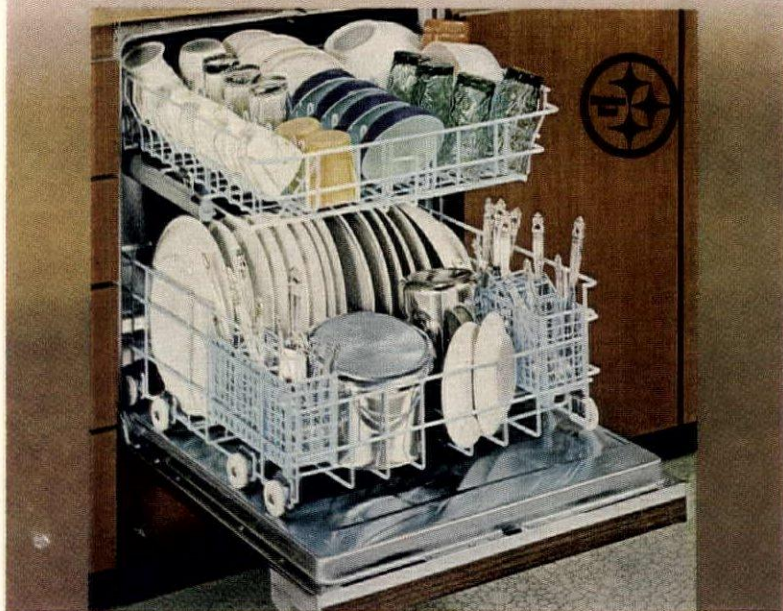
FALKENSTEEN

HOW TO OPEN AN OYSTER

Hold oyster with cloth to protect hand. Insert knife between shells at back, where muscle is, to break vacuum, then turn knife sideways, levering shells apart.



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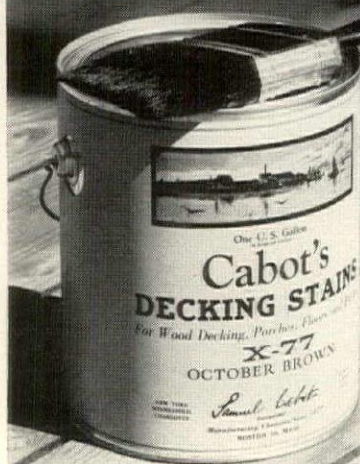
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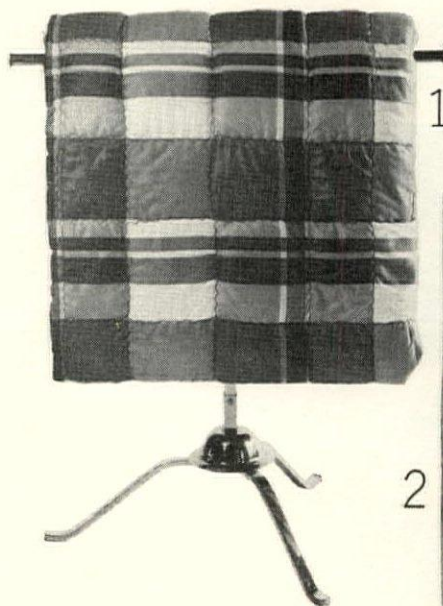
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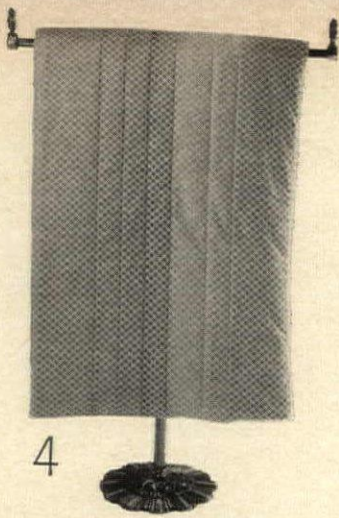


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4



5



6



7

ALL PRICES APPROXIMATE  
FOR STORE ADDRESSES SEE PAGE 104.

4. Brass holder on sunburst base. 39 inches high, the crossbar 24 inches. \$55 by Vincent Lippe's Bath & Boudoir, Inc. Between the finials, a gay-as-confetti quilted spread in dots of H&G's Azalea, Persian Blue, Parrot Green, and Goldfinch. Cotton with Kodel filling. Twin size, \$35 by Bloomcraft. 5. Wicker table for the foot of your bed, its Formica top a fine roost for a spread. Underneath, a slanted shelf holds magazines for bedtime browsing. 40 inches wide, 20½ deep, 24 high. \$148 through decorators, at Luten, Clarey, Stern. On the table, a richly tasseled spread of heavy wool woven in charcoal, cream, and beige. \$115 by Clavos, Inc. 6. Wicker door or wall rack for a lightweight spread or coverlet. 24 inches wide. \$25 by Vincent Lippe. Tartan spread in Old Glory red, white, and blue cotton. Twin size, \$20 by Nordic House. 7. Rattan fold-away rack with shelf. 34 inches high, 24 wide, \$30 by Vincent Lippe. Draped over rack, a no iron, daisy-pied spread in H&G's Bittersweet, Parrot Green, Azalea, and Persian Blue, that can be machine washed and dried. Twin size, \$23 by Bates. On shelf below spread, two small white pillows with pink ribbons. Breakfast size, \$30; elbow pillow, \$11. By Carlin.

The  
**JOHN  
GODDARD**  
desk  
or  
secretary  
in solid cherry  
or  
solid mahogany

The JOHN GODDARD Desk, in traditional styling, is one of a variety of Desk designs available to you through your dealer from Maddox of Jamestown. See your dealer.

**MADDOX TABLE COMPANY**  
101 Harrison Street Jamestown, N. Y. 14701

# Lustigems

Give her a LUSTIGEM solitaire—always set in platinum—not sold as diamonds, but treasured for their own beauty and permanent brilliance. Three to fifty carats (closest weight sent with price adjustment). Sixty-five dollars per carat includes platinum ring and side tapers. Special prices for under three carats upon request.

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FORT LAUDERDALE      •      SOUTHAMPTON  
NEW YORK      •      HOLLYWOOD, FLA.

**MONEY BACK GUARANTEE IF RETURNED IN TEN DAYS**

round     pear     emerald     marquise

Send: \_\_\_\_\_ carats\*     ring; finger size \_\_\_\_\_     pendant

Enclosed total cost  
 Enclosed deposit (fifty dollars minimum)  
Balance to postman plus C. O. D. postage

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

**Florence Lustig**      666 Madison Avenue, Dept. G-2, New York, N. Y. 10022  
1019 Kane Concourse, Bay Harbor Islands, Miami Beach, Fla. 33154  
200 Worth Avenue, Dept. G-2, Palm Beach, Fla. 33480  
1860 Hollywood Blvd., Dept. G-2, Hollywood, Fla. 33020  
2650 East Sunrise Blvd., Dept. G-2, Fort Lauderdale, Fla. 33304

# SHOPPING INFORMATION

ALL PRICES ARE APPROXIMATE. \*CONSULT YOUR INTERIOR DESIGNER OR STORE DECORATING DEPARTMENT.

## THE 24-HOUR BEDROOMS

Pages 72 & 73:

Tray, \$18; Guernsey jug, \$21.75; crystal cruet, \$10, at Hammacher Schlemmer, 145 E. 57th St., New York, N. Y., 10021

Leeds tea pot, \$25; Leeds cup and saucer, \$26; cream and sugar set, \$125; napkins, \$24 a doz., at Plummer McCutcheon, 145 E. 57th St., New York, N. Y., 10021

Stainless steel étagère, \$1,032; trivet table, \$450; music stand of Lucite, \$210, Pace/Jil Associates.

Directors chairs at Bon Marche, 74 Fifth Ave., New York, N. Y., 10011 All lamps from the Wilmar Company, Inc.

Fabric, "New Market," cotton sateen, 48" w., \$10.50 yd.; wallpaper, also available in fabric, "Cambridge," \$15 a roll, from Connaissance Fabrics.

Page 74:

Sheets, pillowcases, "Perfection," cotton polyester, no-iron, twin size flat, \$5.29; twin size fitted, \$5.49; pillowcase, \$1.89, from Fielderest.

All cosmetics from Elizabeth Arden. Cotton box of Lucite, \$12.50; cotton roll box, \$9.50; lipstick stall, \$7.50; cosmetic tray, \$21.50; portable table mirror with light, in gold, \$45, in chrome, \$30; breakfast tray, \$38.50; Sony TV, 9", \$130, Hammacher Schlemmer.

Gold clock, \$75, Plummer McCutcheon.

Page 75:

Bamboo carafe, \$25, Hammacher Schlemmer.

Page 76:

Fabrics: bed coverlet, canopy outside, side curtains outside, tiebacks outside, and wing chair "Virginia Document," all cotton, 54" w., \$5 a yd.; bed canopy lining, side curtains lining and dust ruffle, "Kips Bay," all cotton, 54" w., \$5 a yd.; casement, "Chesapeake," linen and cotton, 48" w., \$3.50 a yd.; table cover fabric and fabric on two pillows, "Franklin Square," all cotton, \$6.50 a yd.; loveseat upholstery fabric, "Reversible Tapestry," outside fabric is in brown, inside, H&G Bittersweet, 100% spun rayon, 54" w., \$10.50 a yd.; three pillows covered in "Newcastle," bonded cotton, 54" w., \$12.75 a yd., all Waverly Fabrics.

All fabrics, except on casement and "Newcastle" pillows, are finished with Scotchgard.

Four poster bed of cherry, \$204.50; mattress and boxspring, each \$109.95 from the Ethan Allen collection; canopy top (does not include fabric) \$40; Queen Anne wing chairs, \$249.50; highboy, \$369.50; Sheraton styled loveseat, \$299.50; decorated black desk, \$134.50; commode/night table of cherry, \$14.50; Hitchcock bench, \$46.50, all furniture from Baumritter Corporation.

The Baumritter-Waverly room settings can be seen at the following stores:

ADELE HUNT, INC.  
7015 Snider Plaza  
Dallas, Tex., 75205

BENSINGER'S  
315 West Market Street  
Louisville, Ky., 40202

CARRIAGE HOUSE  
4520 New Benton Highway  
Little Rock, Ark., 72204

CARRIAGE HOUSE  
4669 Roswell Road  
Atlanta, Ga., 30305

CARRIAGE HOUSE  
861 East El Camino Real  
Mountain View, Calif., 94040

J. H. HARVEY, INC.  
470 Park Avenue South  
New York, N. Y., 10016

GARON'S FURNITURE  
1002-04 Taylor Avenue  
Baltimore, Md., 21204

KOOS BROTHERS  
Route 27  
Rahway, N. J., 07065

PILGRIM HOUSE  
83rd & Mission Road  
Prairie Village, Kan., 66206

SHIPLEY'S CARRIAGE HOUSE  
Brevard Road  
Asheville, N. C., 28806

STIX, BAER & FULLER  
Washington Avenue & 6th Street  
St. Louis, Mo., 63101

TRADITION HOUSE  
5600 East 8 Mile Road  
Detroit, Mich., 48234

Rug, "Hermitage," Acrilan and Verel modacrylic, available in 12' and 15' widths, \$13.75 sq. yd., by Schumacher. Leaf design ceramic coffee pot, \$18; sugar bowl, \$10; cup and saucer, \$9 ea.; china petal bowl, \$14.50; brass footed tray with faux bamboo gallery, \$45, at The Sawdust Gallery, 133 E. 56th St., New York, N. Y., 10022

Flooring, "Wood Vinyl," random planking, \$2 sq. ft., Amtico.

Reading lamp of brass, designed by Cedric Hartman, \$191.50, The Afternoon Company, 4015 Farnam St., Omaha, Neb., 68131

Brass stool, \$90, Lutten, Clarey, Stern, Inc.\*

All books from Doubleday & Co.

Oil painting, "Hiver," by Roger Muhl, Findlay Galleries, 11 E. 57th St., New York, N. Y., 10022

China owl, made in Italy, \$18.50; bird box of china, painted rust and lavender, \$22, Mottahedeh.

Ceramic lamp in H&G Midnight Blue, beige parchment lamp shade, \$35, Wilmar Company, Inc.

Refrigerator with stove, sink, and storage cabinet, \$395, King Refrigerator Corporation.

Bamboo pattern water pitcher, 80 oz., \$6; glass tumblers, \$17 a doz.; egg coddlers and stand, two for \$12.65,

electric coffee grinder by Invento, \$28.75; electric toaster by Braun, \$31.50; blue and white "Cornish Kitchenware," set of three canisters, \$18, at Hammacher Schlemmer.

Blue faïence cane-pattern luncheon plates, \$3.50 ea.; casseroles, "Blue Bird," by Spode, \$12.75 ea.; ceramic milk pitcher, "Blue Willow," \$10; blue glassware by Hadeland, plate, \$1.75, cold soup cup, \$2.50; antique Staffordshire compote, \$55; blue "Finel," enamel percolator by Wart-sila, \$15; "Blue Willow," egg cups, \$3.50 ea., at Tablerie, 1033 Third Ave., New York, N. Y., 10021

Page 78:

Sheets, pillowcases, "Black-Eyed Susan," no-iron, all cotton percale, king size fitted, \$9.99; king size flat, \$11.99; king size pillowcase, two for \$2.19; blanket of 100% Acrilan, "Mark III," king size, \$25.95, all Lady Pepperell.

Page 79:

Fabric used on furniture and walls, "Rosella," cotton and spun rayon, 51" w., \$7.50 a yd., Boussac of France. Quilted blanket, \$325; bedset of percale, \$85; linen pillowcases, \$13.50 ea.; percale blanket cover, \$74, D. Porthault, Inc., 55 E. 57th St., New York, N. Y., 10022

## 24-HOUR BEDROOM MERCHANDISE

Page 80:

Breakfast tray, reading or writing rack, \$33, M&M Co., 430 Park Ave., New York, N. Y., 10020

Address book of blue cotton print, \$15; loose leaf book of pink cotton print, \$15; party planner, \$15, Karl Springer, Ltd.\*

Horn cup for pencils, \$6; bamboo ball point pen, \$2.50, Henri Bendel, 10 W. 57th St., New York, N. Y., 10019

Porcelain lamp, \$450, Christopher Chodoff, 117 E. 57th St., New York, N. Y., 10022

Linen tablecloth, \$80, D. Porthault, Inc., 55 E. 57th St., New York, N. Y., 10022

Sodalite clock, \$1,775; silver asparagus box for cigarettes, \$195; mottled silver picture frame, \$90; silver pill box, \$40; white china cachepot, \$15; tulip ash tray, \$13.75, Tiffany & Co., 727 Fifth Ave., New York, N. Y., 10022

Tortoise pad, pencil, \$7; refill pads with name or monogram, 10 pads for \$14, Henri Bendel.

Sheets, "Rhapsody," cotton and polyester, twin fitted, \$6.50, twin flat, \$6.50, pillowcase, \$2.25, From The Cannon Royal Family.

Throw, wool and acrylic, "Principe Italia," by Emilio Pucci, \$45, Lord & Taylor, Fifth Ave. at 38th St., New York, N. Y., 10038

Exercise mat, \$35, at D. Porthault, Inc.

Sheets, "Caper," Fortrel and cotton polyester, twin flat, \$6.95, twin fitted, \$6.95, two pillowcases, \$2.40, Burlington Industries, Inc.

Server with drop leaf, dark oak with white laminated plastic top, \$250, by Kroehler.

Portable desk radio, \$15, Lloyds. Portable typewriter, "Corsair," \$56.50, Smith Corona.

Italian mugs, \$2.50 ea.; English clock of Lucite, \$35; Swiss tray of plastic, \$7.50; tea pot, \$30, Bonniers, 605 Madison Ave., New York, N. Y., 10022

Automatic blanket, "Sundial," Acrilan with nylon, \$20, Fieldcrest.

Accessories in silk, designed by Emilio Pucci, wig box, \$25; jewelry roll, \$9; glove or hosiery box, \$10, Lord & Taylor.

Hot water bottle cover, quilted, \$18, D. Porthault, Inc.

Plexiglas chair, \$320; table, \$385, at Altman's, Fifth Ave. at 34th St., New York, N. Y., 10016

Shelves, \$330, Susan Lewis, 10 E. 76th St., New York, N. Y., 10021

Make-up mirror, 3-way lighting area, \$29.99, by Clairol.

Tortoise shell comb, \$30, Henri Bendel.

Lipstick box of flower pattern, \$7; guest towel, \$4.95, D. Porthault, Inc. All cosmetics from Estée Lauder.

Blanket cover, "Dotted Swiss," Kodol polyester and Auril rayon, twin size, \$16, Benjamin Friesel, Inc.

Page 81:

Cachepot, white china, \$22, Tiffany & Co.

Accessories, 57" garment bag, \$20; 45" garment bag, \$18; storage box, \$15; shoe bag, \$18; coat hangers, \$1 ea., at Lord & Taylor.

Étagère of wicker and aluminum, designed by Inman Cook, \$250, Lutten, Clarey, Stern, Inc.\*

Silver box, \$240; cowrie shell box, with silver base, \$94; glass, carafe, \$15, at Tiffany & Co.

Gold Imhof clock, \$125, at Plummer McCutcheon, 145 E. 57th St., New York, N. Y., 10022

Cotton print loose leaf book, \$15, Karl Springer, Ltd.

Loveseat, "Multomanen," \$478; ottoman, imported from Sweden, \$115, from Dux Incorporated.

Breakfast set, 1 mat, 2 napkins, \$16 a set; matching bed tray, \$16, D. Porthault, Inc.

China breakfast set, "Cornflower," \$60, at M&M Co.

Crystal bud vase, \$17, Tiffany & Co. Scented drawer liner paper, \$7.50;

lingerie discs, one box, \$5; room and closet spray, \$4, Estée Lauder, at Altman's.

Fiberglass bed with attached storage headboard, floating night stands, \$550, at Altman's.

Bedsread, "Pinnacle," machine

washable, cotton, rayon, and acetate, designed by Dorothy Liebes, twin size, \$36, by Morgan-Jones.

Pillowcases, "Black-eyed Susan," all cotton percale, two pillowcases for \$1.59, Lady Pepperell.

Ball top radio, "Yorick," \$17, Lloyds. Mattress, supreme quality, \$89.50, Simmons.

Lucite English clock, \$35, Bonniers. Sheets, "Pucci Lucia," polyester and cotton, designed by Emilio Pucci for Springs Mills, twin flat, \$9; twin fitted, \$9.50; 2 pillowcases, \$3, at Lord & Taylor.

Butterfly sachet, \$5; shoe bag with toe stuffers, \$11, D. Porthault, Inc. Cordless AM/FM clock radio, "Pres-tige," \$59.95, Bulova.

Pillows, "Le Cordon," of Dacron polyester, nylon, and cotton, down-filled, neckroll, \$30; elbow, \$22; throw, \$22; throw, "Domino," Dacron-filled, \$85, twin size, from Carlin.

Parson's table lacquered, H&G's Parrot Green, with casters, \$106.95, Lumbercraft East, Inc., 1416 Second Ave., New York, N. Y., 10021

Television, "Porta Color," 10" screen, \$214.95, General Electric.

Sheets, "Elegance," imported Swiss embroidery on Supercalé, twin flat, \$14.95, two pillowcases, \$11.80, from Wamsutta.

Blanket, "Royal Chevron," of Acrilan, twin size, \$10.95, from Martex.

Tripod bedspread holder of brass, \$35, at Lord & Taylor.

#### GARDENING

Page 85:

Designer, Nelva Weber, L. A. Contractor, Panfield Nurseries, Inc. Additional Plant Material, Martin Viette Nurseries

Brick, Belden Brick Co.

Fence, Anchor Fence Division, Anchor Post Products Inc.

Bark, Weyerhaeuser Products.

Garden furniture, Carolina Forge.

Lettuce pattern earthenware, Soupçon, 145 E. 70th St., New York, N. Y., 10021

Glasses and flatware, Bonniers, 605 Madison Ave., New York, N. Y., 10022

#### STENCILING

Page 86:

Deluxe stencil kit by Bishop & Lord, kit includes 17 clear acetate cleanable stencil designs, 6 tubes of special Bishop & Lord stencil paint, 2 Bishop & Lord brushes, 8 page stenciling book, and 6 pages of individual instruction sheets covering the 17 designs. Complete kit, \$19.95 (add 75c for postage outside of N.Y.C.), American Decorative Arts, Inc., Box 284, Cold Spring Harbor, N. Y., 11724 Corner cupboard you can assemble yourself, 77" high, 31½" wide, depth, 18", \$84.95 sent Express, charges col-

lect; Aaron Willard clock, case comes fully assembled, \$67.45 ppd., from Cohasset Colonials by Hagerty, Cohasset, Mass., 02025

Page 87:

Parson's table, 18" x 18" x 18", unfinished, \$44.95, Lumbercraft East, Inc., 1416 Second Ave., New York, N. Y., 10021

Director's chairs of white canvas, unfinished, \$12.95, Jensen-Lewis Co.

#### POT-AU-FEU COOKBOOK

Page 93: On Cover

Clay marmite, "Marmite Bass," 9½" diameter, 4½ qts., \$10, Bonniers, 605 Madison Ave., New York, N. Y., 10022

Page 94:

Earthenware, "Firenze," hand decorated, made in Italy exclusively for Ginori, tureen, 4 qts., \$49; platter, \$48; soup plate, \$6.50, at Ginori Fifth Avenue, 711 Fifth Ave., New York, N. Y., 10022

Glazed ceramic soup tureen, covered, \$13.99; glazed ceramic oval platter, 17" long, 12" wide, \$9.99; glazed ceramic soup bowl, \$7.79, at Macy's, Carrier Cook Shop, Herald Square, New York, N. Y., 10001

Casserole, cast iron enamel, covered, from Belgium, 11" diameter, 5" deep, 8½ qts., \$22.90, The Pottery Barn, 231 Tenth Ave., New York, N. Y., 10011

Oval Dutch oven with lid, enameled cast iron, 13" x 11" x 5½" deep, 8½ qts., by Le Creuset; enameled ladles, made in Poland, comes in 1 cup capacity and ½ cup capacity, \$1.25 ea., at The Bridge Company, 498 Third Ave., New York, N. Y., 10016

Covered sauce pot, stainless steel with copper bottom, 8 qts., \$16, by Revere Ware.

Covered casserole, Danish porcelainized cast iron, 7 qts., \$26, Copco, Inc.

#### STORE ADDRESSES

Connoisseur's Corner  
Bedspread Racks

B. ALTMAN & COMPANY  
Fifth Avenue at 34th Street  
New York, N. Y., 10016

HENRI BENDEL  
10 E. 57th Street  
New York, N. Y., 10019

LORD & TAYLOR  
Fifth Avenue at 38th Street  
New York, N. Y., 10018

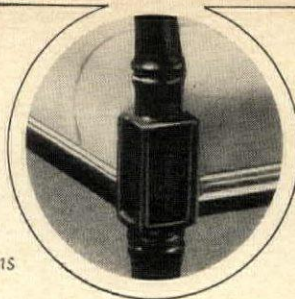
MARSHALL FIELD  
111 N. State Street  
Chicago, Ill., 60602

TALBERT BOUTIQUE  
17 E. 53rd Street  
New York, N. Y., 10022

THE VERY THING  
149 E. 72nd Street  
New York, N. Y., 10021

W & J SLOANE  
Fifth Avenue at 38th Street  
New York, N. Y., 10018

Inspiration created  
this most unusual  
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bench. Beauty, charm  
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## allan keith



## BUILDING INFORMATION

Materials and equipment used in the glass-walled house.

(pages 58-63)

**BUILDER:** Aadne Aasland

**SIZE OF LOT:** 5 acres.

**SIZE OF HOUSE:** 4,252 square feet.

Structure

**Foundation:** Concrete block footings support poured concrete slab floors. Full basement under kitchen.

**Framing:** Wall and roof framework of Douglas fir with laminated wood girders, steel lintels, and steel reinforced wood posts.

Exterior of house

**Walls:** Stucco on metal lath over standard wood stud construction.

**Roof:** Red cedar shingles by Colonial Hand Split Shingles, Inc. on curved roofs; layers of bituminous coatings topped with gravel on flat roof.

**Insulation:** Mineral wool batts and vapor barriers in walls and roofs.

**Windows:** Fixed glass panels; sliding glass windows with black anodized aluminum frames by Arcadia Metal Products.

**Doors:** At front entrance and kitchen, glass swinging doors with aluminum frame by Kawneer Co. Wood garage doors.

**Exterior stains:** Wood stain on posts, trim, and laminated girders by Samuel Cabot, Inc.

Interior of house

**Walls:** In all major rooms, plaster. In master bathroom, white "Romany Spartan" tile by U.S. Ceramic Tile Co., Inc.; in other bathrooms, "Magnolia White" tile by Mosaic Tile Co.

**Ceilings:** In living and dining rooms, study, kitchen, and master bedroom, natural cypress boarding; in hall, children's rooms and bath, plaster.

**Floors:** In living and dining rooms and kitchen, bluestone paving; in bathrooms, white "Romany Spartan" ceramic mosaic tile by U.S. Ceramic Tile Co., Inc.

**Interior stains:** Wood stain on posts, trim, and laminated girders by Samuel Cabot, Inc.

**Lighting fixtures:** Cylinders recessed in ceiling and wall fixtures by Gotham Lighting Corp., Habitat, Inc., and Lightolier, Inc. Dimmer controls.

**Hardware:** Elmer T. Hebert.

**Kitchen cabinets:** Custom made by Dunn Woodworking Co., Inc.

**Countertops:** Polished Alberene

Continued on page 170



# The care and safekeeping of BED AND BATH LINENS

To keep your bed and bath linens looking lovely and fresh as long as possible, it is important to understand the nature of the various fibers, natural and man-made, with which they are woven and the best method of treating them. Always start by reading the manufacturers' labels carefully. They will give the fiber content and usually care instructions worked out by experts.

## Sheets and pillowcases

There are two types of sheets in general use—fine count percale, a smooth cotton with a silky finish and the less expensive, not-so-smooth muslin. Both percale and muslin sheets now have counterparts in no-iron durable-press sheets and pillowcases made of a blend of polyester and cotton.

## Washing techniques

Washing procedures for all types of bed linens are identical. Since they all come pre-shrunk, there is no shrinkage problem, provided you do not wash them in very hot water. Warm, or even cold water and a mild soap or detergent are suggested. (If you use cold water, be sure to use one of the cold-water detergents.) Read carefully directions on the soap or detergent package, and use no more than the recommended amount, as excessive suds are hard to rinse out. Separate deep colors from light hues and white for the first few washings until the deeper colors no longer "bleed" in water. Do not overload your washer (or dryer either) as this can result in fiber friction that wears out your linens prematurely. It also reduces the machines' efficiency.

Experts advise using a water softener or conditioner to prevent "water film" from building up and to keep linens soft and towels fluffy. Non-alkaline Calgon does both jobs very well and is safe even on the most sensitive fabrics. "Water film" stiffens fabrics, dims colors, and gives white a yellow or gray tinge. Liquid bleach should always be diluted before adding to the rinse water (rather than poured directly from a bottle), to keep it from eating holes in the fabric or causing burn spots. Do not use blueing or bleaches on colored linens unless the directions indicate that they will not remove the color. Some milder powder-form bleaches can enhance color intensity, but check the label to be sure.

For difficult-to-remove acid-type stains peculiar to the sick room and nursery as well as blood, fruit juice, tea, chocolate, grass, etc., try one of the new enzyme-type laundry pre-soaks such as Axion, which removes the spot completely.

## Drying bed linens

If you have a place outdoors to dry sheets and pillowcases by all means use it, as there is no fragrance to compare with sun-dried bed linens. For drying cotton sheets in an automatic dryer, use only medium heat. If you plan to iron the same day, remove the sheets when slightly damp, folding or rolling them neatly to smooth out wrinkles before mangling or ironing. If you are going to iron at a later date, be sure linens are bone dry before putting them away, to prevent mildew. Cool and dry cotton sheets that have been hand-ironed before tucking them in the linen closet.

Durable-press sheets and pillowcases must be tumble dried at a high heat to smooth creases. Lower the heat before the end of the drying cycle and be sure to snatch the sheets from the dryer before they are quite dry. Fold them immediately and hang them on a rack to finish drying.

## Caring for blankets

Blankets should be washed. Dry cleaning is not recommended as it seems to take the life out of the fabric. Hand washing is difficult as it is inadvisable to scrub, wring, or twist blankets, but investigate before you entrust your favorite to an unknown. Blankets should be washed in lukewarm water with plenty of suds from a mild soap or detergent. Most manufacturers put washing instructions as well as fiber content on the blanket label, so file the label away for rechecking whenever you wash the blanket.

Use the blanket setting on your washing machine, if it has one. If not, use a low or delicate setting, running the cycle from three to five minutes. Pre-soaking in the machine for a few minutes before starting the action will insure having the blanket thoroughly wet before the washing begins. Rinse several times or until the water runs absolutely clear.

There is some difference of opinion about using a water extractor on wool blankets, also about machine-drying wool. If you do use the dryer, it must be at the lowest heat possible. But experts seem to prefer the drip drying method. To drip dry, hang the blanket across parallel clothes lines about 18 inches apart, which will support its weight. Block gently to straighten edges and corners. Several times while it is drying move the blanket on the lines so there will not be a crease. Each time gently pull or block the blanket back into shape. If you are drying the blanket outdoors, keep it away from direct sunlight. Brush the nap when it is completely dry to restore fluffiness. Press the blanket binding with a warm iron, avoiding the blanket fabric.

## Automatic blankets

Care and maintenance of automatic blankets varies considerably depending on the manufacturer. Each has developed the best method for his own product, so it is important to follow the directions for the one you have. With care, an electric blanket does not require frequent washing, especially if you protect it with a blanket cover. (Keep pets off the blanket when it is turned on. The body weight may cause erratic operation and clawing or chewing can cause a short circuit.)

Electric blankets should never be dry cleaned, as some cleaning materials will deteriorate the wiring. Wash one blanket at a time. Pretreat stains and heavily soiled areas with the all-purpose detergent recommended for your type of washer. Set washer for slow wash action and normal spin speed. Use lukewarm water with  $\frac{1}{3}$  cup of soap or detergent and run the machine for a minute or two to be sure the soap or detergent is mixed thoroughly. Then put the blanket in. For agitator type washers with a single action, soak the blanket for fifteen minutes then agitate for approximately fifteen seconds.

For drying follow the advice on the brand label. One manufacturer recommends a very high heat setting for five minutes; another suggests tumble drying at high heat for fifteen minutes using four or five clean towels as buffers; a third rejects anything but drip drying over parallel bars to avoid danger of shrinkage which can be damaging to the wiring. Do not dry in direct sunlight, if you dry outdoors.

When storing electric blankets do not use either moth balls or crystals as they tend to crystallize the vinyl plastic insulation of the wire, making it stiff. Furthermore, these blankets are not made of natural fibers, so they are mothproof. Just store them in a dust-proof box or bag.

(Continued on page 174)

# Can your child read these words?

napkin  
misty

fuzzy  
chicken

liquid  
velvet

punch  
whisper

camel  
zigzag

Your child will learn how to read these and more than 300 other words after working with the *very first record* of The Sound Way to Easy Reading.

Try out this Phonics Course **FREE FOR TWO WEEKS** with your child in your own home—without risking a penny. Mail the coupon below.

If your child is a poor reader, if he has not been able to keep up with his class in school—here is a way that you can help him. Many parents have seen their poor readers gain up to a *full year's grade* in reading skill in just six weeks with the Sound Way to Easy Reading.

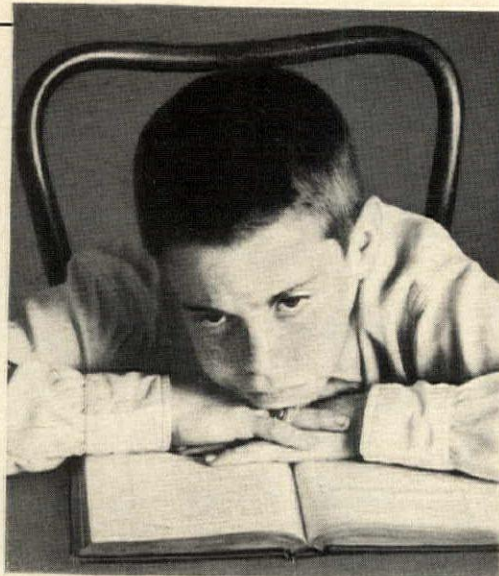
As soon as your child starts playing the records and using the charts of The Sound Way to Easy Reading you will know why it works so well. It takes the mystery out of learning to read because it teaches your child by the *phonics* method (the method by which most parents learned to read years ago).

## Teaches with records

With this course your child discovers that letters have *sounds*. When he starts sounding out the letters he hears himself *saying* the word. *He's reading!*

The records *drill him in the sounds of the 26 letters of the alphabet* and their blends. By the time he completes the *first record* (about two weeks for the average child) he can read 300 words. After finishing all four records he has been taught 23 basic phonics sounds.

Once he knows these sounds he can read up to 85% of the words in the English language. It works for children of all ages—in the earliest grades and even in high school. Its records tell your child exactly what to do, so he can teach himself without any help from you.

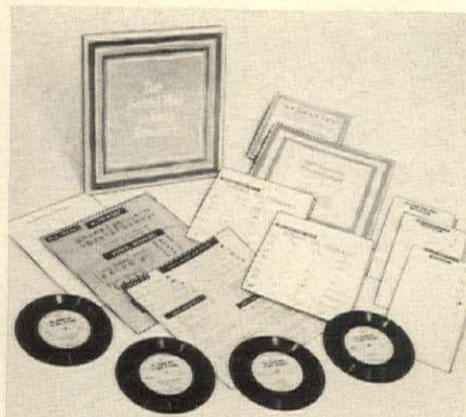


## Tested and Proved

In a pilot study by university psychologists, children gained up to a full year's grade in oral reading skill after only 30 lessons with The Sound Way to Easy Reading.

A semester-long study involving 214 pupils in four Chicago schools proved that the classes given The Sound Way to Easy Reading showed marked improvement in reading and spelling over the control groups.

Don't think it's all your child's fault if he hasn't learned to read. Many of our brightest children are not able to grasp the "look-and-say" method taught in most schools today. Yet, many educators insist that at least 40% of our children *must* have formal training in *phonics*—that they will never master reading without it!



These are the records and self-quizzing cards that can help your child gain as much as a full year's grade in reading in just a few weeks.

## Help Your Child Now

So don't wait for your poor reader to reach high school before coming to his aid. By starting your child on The Sound Way to Easy Reading now, you can change his entire attitude toward school—turn his sense of failure into the joy of success. Try it free for two weeks. You send no money—just mail coupon.

### USED BY 80,000 PARENTS who send many letters like these:

**Advanced two grades**—"Larry was having a really hard time in second grade until he took your phonics course. Then, in two months, his grades went from D's and F's to A's and B's. I cannot give your course enough praise."  
*Mrs. Muriel Rich, Fairfax, Va.*

**Better marks**—"At the end of his first semester in fourth grade, Gerald's *highest* mark was a D-minus. After working 6 weeks with the records his *lowest* mark was C."  
*Mrs. William Leger, Buffalo, S. Dak.*

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*Mr. John Gehde, Jr., Cassville, Wis.*

### IN 15,000 SCHOOLS

#### Teachers are highly enthusiastic

**Recommends to parents**—"We are using your course for remedial work in reading and phonics instruction. The children have been greatly helped. I recommend it to parents as a home-tutoring course for poor readers."  
*R. E. Pinson, Principal, Augusta, Ga.*

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*Mary L. Henderson, Crowley, La.*

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Please send me The Sound Way To Easy Reading, postpaid, *on approval*. After 2 weeks trial, if I see encouraging results, I will send \$5 as first payment and will remit \$5 each month for the next 5 months. Or, I will send \$25 as payment in full. If not satisfied after first 2 weeks, I will return the course and owe you nothing.

Send me  33 1/3 RPM,  45 RPM

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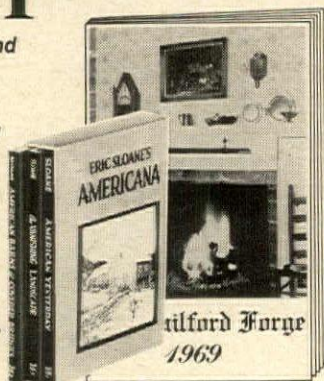
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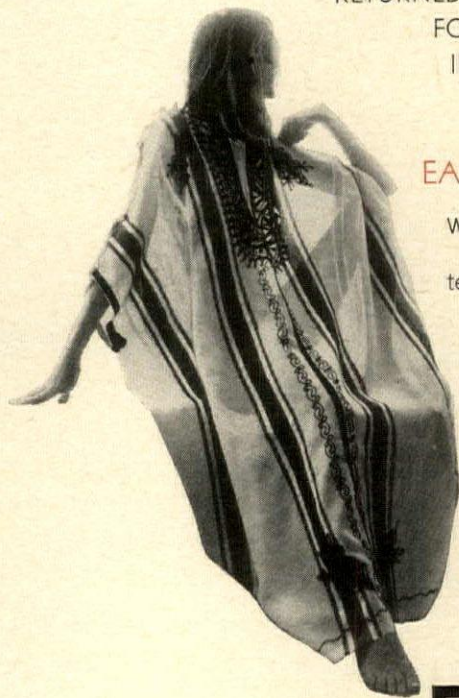
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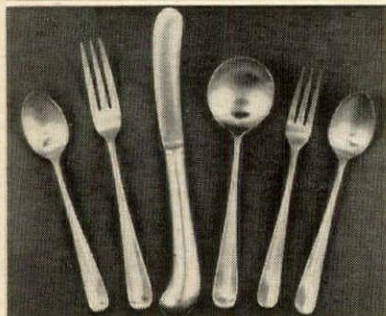


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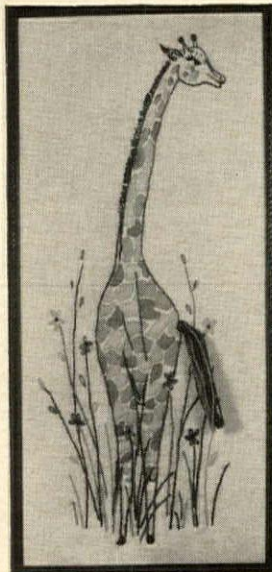
**Better Sleep Inc.** BOX GH

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== MONEY BACK GUARANTEE ==

## GEORGE THE GIRAFFE

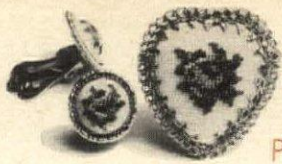
Give George a home in the nursery if you must, but we're earmarking him for the long wall in the kitchen. Then we'll build our color scheme around his golds, browns and turquoises. Complete kit with easy to follow instructions, design stamped on natural linen 16" by 24". Crewel yarns included. Our favorite from a group of whimsical animals. \$4.95 plus 45¢ post. The Stitchery, HG2, Wellesley, Mass. 02181.



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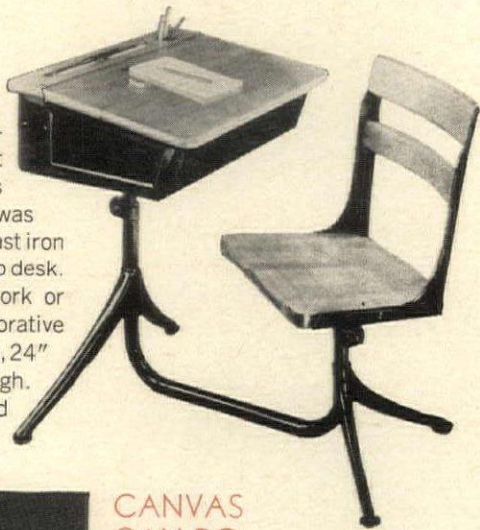


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Any Valentine worth her heart and flowers deserves exquisite Austrian petit point. The roses are pale pink to deep crimson with rich green leaves against a snow white background all edged in silver filigree. 1" heart pin, \$4; 1/2" dia. earrings, \$3. There's a matching bracelet, too. \$15. Ppd. Downs, HG2, Evanston, Ill. 60204.

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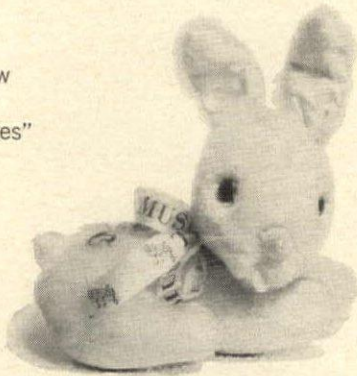
### CANVAS CAN-DO

The tote vote goes to a canvas bag with a capacity for heavy hauling. Sturdy white cotton canvas bag takes the weight while you carry it off neatly to library loaded with literary matter, the beach bursting with bikinis. A superb shopper, of course. 12" wide, 8 1/2" high. With three initials, specify. \$2.98 plus 25c post. Lillian Vernon, HG2, 560 So. Third Ave., Mt. Vernon, N. Y. 10550.



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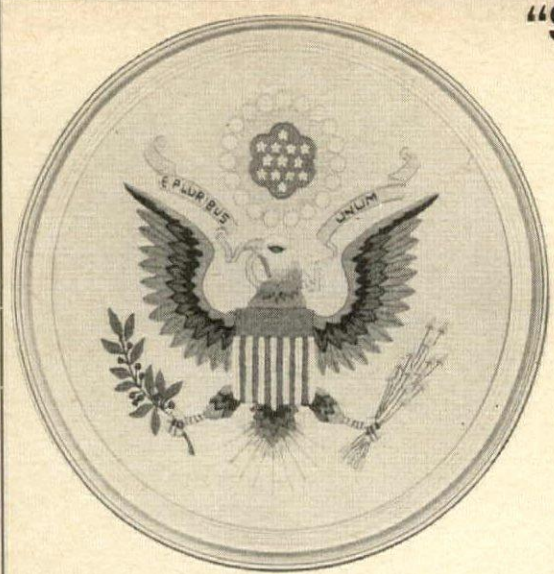
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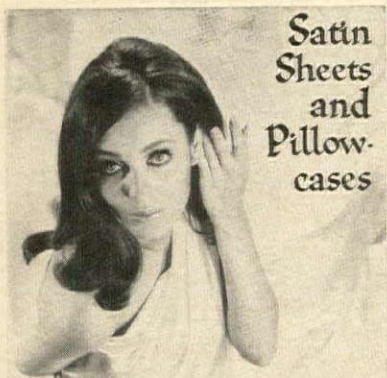


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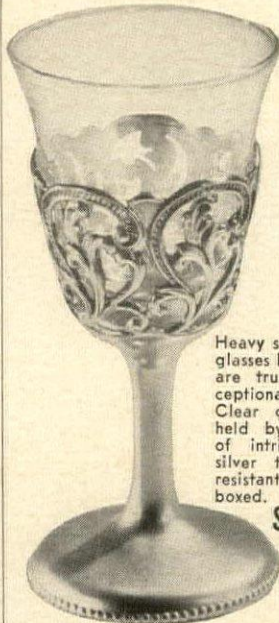
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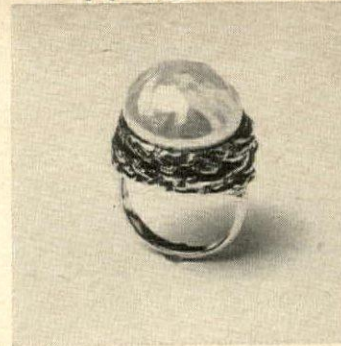
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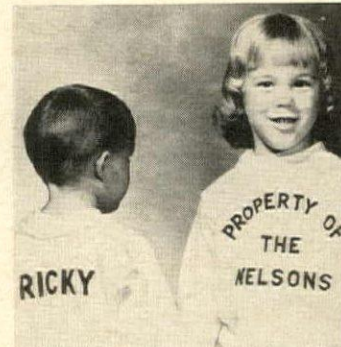
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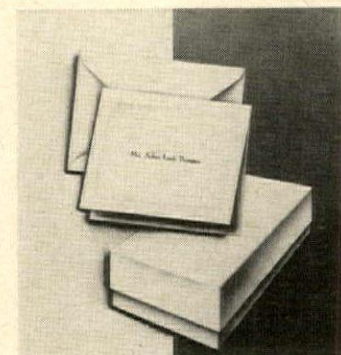
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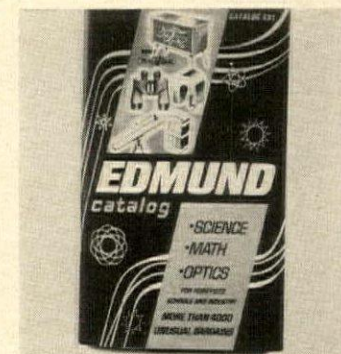
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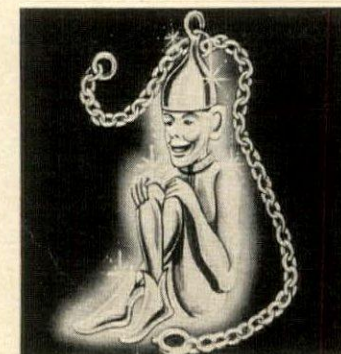
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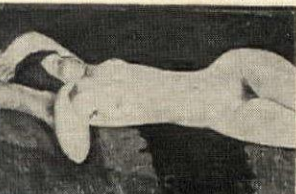
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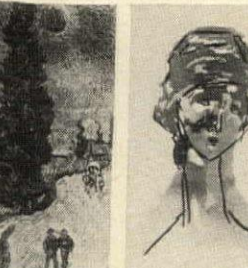
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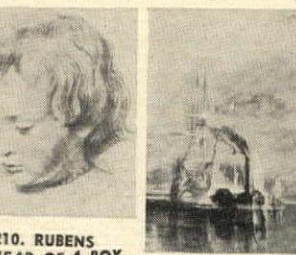
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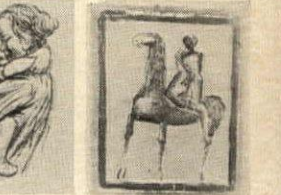
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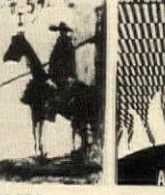
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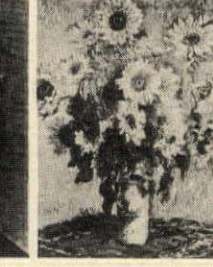
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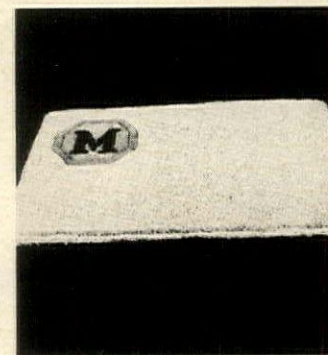
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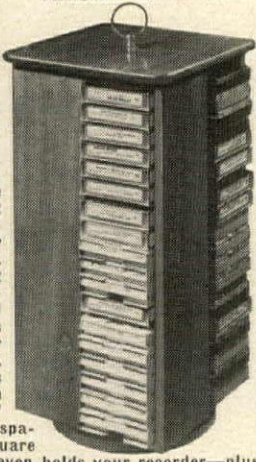
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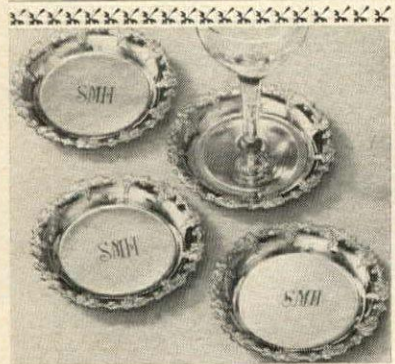


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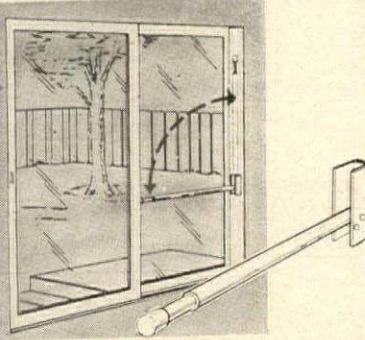


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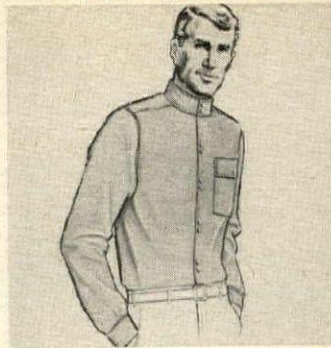
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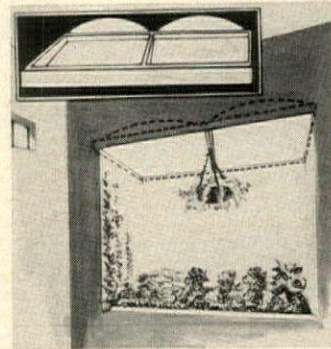
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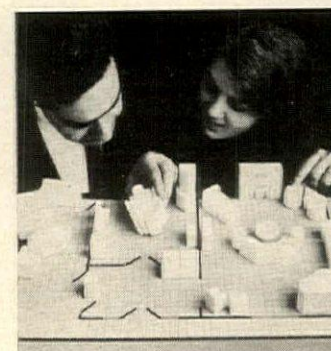
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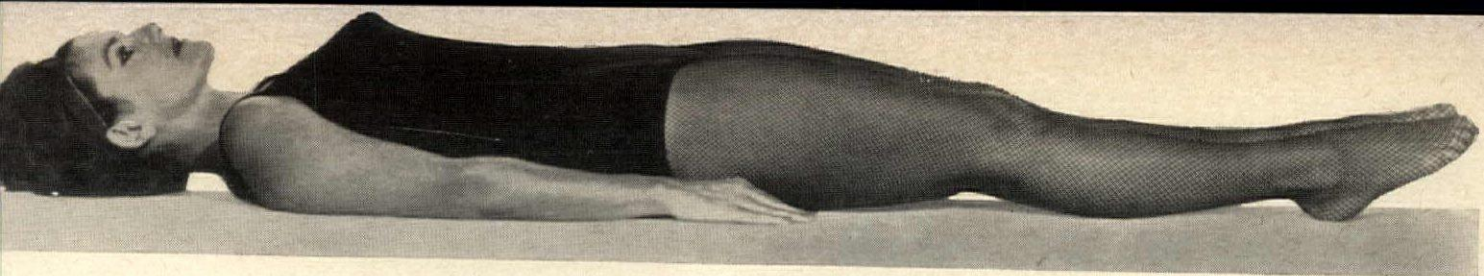
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This woman is giving herself the equivalent of eight hours of "solid sleep" relaxation in a mere minute! Just one of the fabulous Yoga exercises you can master—on sight!

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*At long last—Yoga that is so downright easy, you can learn it at first sight! So instantly rewarding, it cuts years off your appearance—recharges your body with youthful energy—flushes out of your system the internal poisons that keep you half-ill today! And does it all—in as little as 2 miraculous minutes a day!*

SPECIALLY DESIGNED for men and women FORTY, even if they have neglected and their body for years. A new system of HEALING YOGA—consisting, not of exercises, but of simple HEALING POSTURES designed to redirect the blood through your body to help you:

Flush out the internal wastes and poisons that you OLD today...

Massage and stimulate hidden glands, thus increasing your powers of digestion and virtually doubling the energy output of your body...

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Done so easily that your heart won't add even a extra beat. (So incredibly easy in fact, that the at brings this new HEALING YOGA to you—entirely at our risk—is filled with photos of and eighty-year-old men and women mastering poses. You must SEE them to believe them.)

## How To "Freeze Your Age" For The Next Thirty Years

Why should there be a special book on YOGA FORTY? Why such emphasis on HEALING YOGA? Why are the techniques in this book specially designed to take the abused and fatigued "middle-aged" and give that body MORE strength and MORE and MORE resistance against disease than it had 10 or even 30 years before!

The answer is simple: The "middle-age" (and Yoga defines middle-age as the period between forty and eighty) is the last best roads of every human life. It is at this point—that you make the vital decisions that will propel you onward to sickness and old age...or your "physical clock" backward in health and appearance to what can only be called **YOGA YOUTH.**

Choice is completely up to you. Because if you let your body alone after forty, the aging processes take a disastrous speed. A chronic tiredness begins every day. You put on weight you can't take off. The skin of your face begins to crumble faster and faster because your heart just can't pump up enough fresh blood to keep it young any longer.

Most important of all, gravity—the great killer of human life on earth—begins to weigh down your body and more every year. Until it becomes difficult, almost impossible to run, a terror to climb stairs, until your entire body becomes a battlefield of aches and pains. Until you find yourself cutting out of your life real FUN in life—because suddenly, tragically, you are just "TOO OLD!"

It's sheer nonsense! It is caused—not by age—but by inaction. Four thousand years of Yoga Youth till you prove it wrong. Here are the facts. Here are the

"Age-Freezers" and "Age-Reverses" that YOU can use to build a wall against sickness and pain—like this:

### How To Breathe Yourself Young! Stretch Yourself Young! Sleep Yourself Young!

For example: Four new sources of energy you never dreamed existed—from the earth, air, water and sun. Page 90 shows you how to tap each one, in minutes.

**Cleansing Breaths.** Sort of Super-Sighs, that let you breathe weariness right out of your body.

Why the best tranquilizer in the world *doesn't cost a penny.* It's yours on page 94.

**The Blood-Stream Purifier.** Forces your body to BURN UP hidden poisons that have been clogging your cells for years. You may feel the difference—in thrilling new freedom from indigestion alone—*immediately.*

How to use the *magnetic currents of the earth* to help you sleep better and deeper, waken incredibly refreshed.

Released for the first time to our knowledge: The simple technique that allows Yogis to *sit in the snow*, with only a loin-cloth, and be perfectly comfortable. YOU can use this same secret, in minutes, to *eliminate cold hands and feet all winter long.*

Previously undisclosed Yoga sex exercises. Their prime purpose: To transmute Physical Energy into Sexual Energy.

The single most powerful pose to delay the aging of the human body (page 115). And why it releases a virtual torrent of self-healing processes.

**Weight-loss the Yoga Way.** How can you lose weight like a young person, if you have an old person's glands? Therefore, Yoga works on your glands—not only to help you lose weight more quickly than you have ever dreamed before—but to actually **REDIS-TRIBUTE THAT WEIGHT OVER YOUR ENTIRE BODY,** to eliminate ugly bulges that have plagued you for years.

### Yoga Rejuvenators For Your Face, Your Hair, Your Spine, Your Teeth

Yoga says that age etches itself on your face for two reasons: Because that face becomes starved for enough nourishing blood; and because it loses the battle against gravity, and sags.

Therefore, *Yoga floods your face with blood at least once every day. And it reverses the power of gravity, to build up tissues instead of tear them down.*

The simple poses that do this are so powerful that they not only pour new youth into your face, but also:

Irrigate the brain, and stimulate mental processes.

Feed the gums and roots of your teeth, and increase their strength and longevity.

Feed the scalp and hair follicles with the same rich nourishing blood, and (in case after case reported in

this book) naturally retard and perhaps even reverse graying and falling hair.

### Prove It Yourself Entirely At Our Risk

But this is only the beginning, of course. Almost every page is filled with priceless health secrets, including:

How to avoid incomplete elimination—the number one cause of chronic poisoning of the system after forty.

A method by which the body can *continue to repair its own cells, right up until ninety.*

How to *stretch* back pain away. Make those stiff joints mobile again—that sore spine as supple as a kitten's.

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Gentlemen: Yes, I want to try a copy of YOGA OVER FORTY by Nancy Phelan and Michael Volin entirely at your risk. I am enclosing the introductory price of \$5.98. I will use this book for a full 30 days at your risk. If not completely delighted, if this book does not do everything you say, I will return it for my money back.

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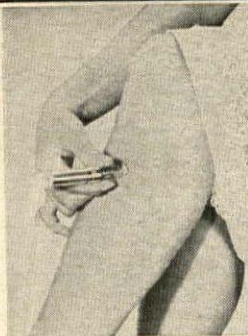
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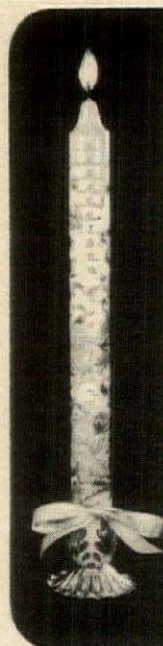
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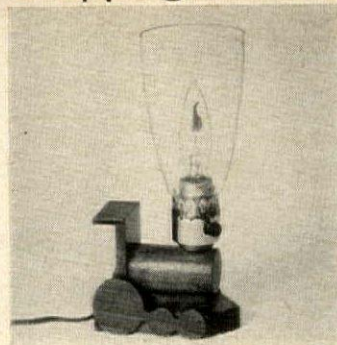
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**VICKI WAYNE**

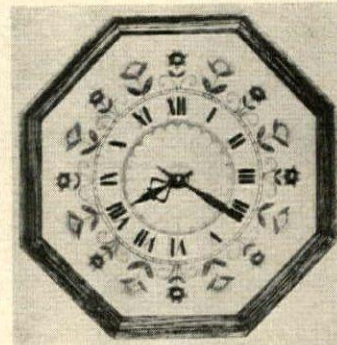
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## Shopping Around



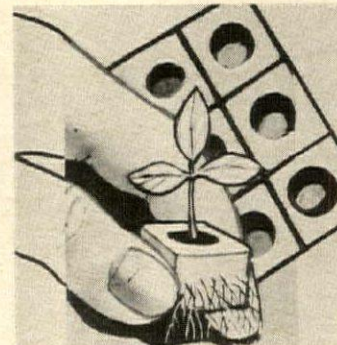
### Choo-choo charm

Loco lamp, the right light for small one's domain. The wood locomotive seems to puff when the flicker-flame bulb is switched on. Ideal night-light; compliments every decor. Solid walnut or maple. 10 1/2" high. Complete with bulb. Berkley House, HG2, 8 New York Ave., Martinsburg, Va. 25401.



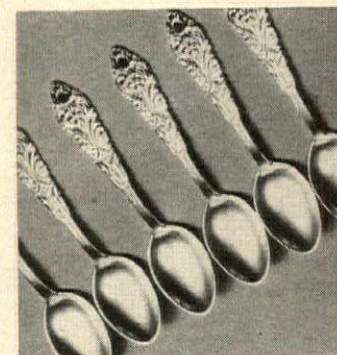
### Crewel time

Octagonal clock in fruitwood has a linen face to embroider with crewel wools and floss in shades of rose, green, blue, yellow, brown and black on natural linen. Clock is battery operated, 14 1/2" by 14 1/2" by 2 1/2" and cordless. \$27.50 incl. movement, masonite mount, instructions. Add \$1.00 post. The Stitchery, HG2, Wellfleet, Mass. 02181.



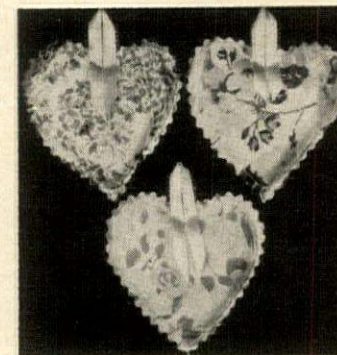
### Smarty plants

They're the ones that get a good start in life in Solo-Gro starter cubes. Half-inch cubes have holes for seed; special formula material holds ample amount of water without crumbling. No thinning required. You get healthy, fast-growing plants with minimum water. 72, \$1.50; 180, \$2.95; 504, \$5.95. Ppd. Breck's, N25 Breck Blvd., Boston, Mass. 02210.



### Swedish sextet

Exquisitely-chased demitasse spoons with a feathery design at the plumed tip are crafted in Sweden. The spoons are of heavy silver plate. Use them, too, for individual pots of jam or jelly, to add curries and accompaniments like coconut-crushed peanuts, chutney. \$2.95 a set of six. Ppd. Free catalog from Fortunoff's, HG2, Box 145, Westbury, N. Y. 11590.



### Springtime fresh

Nothing is nicer than a sweet-smelling linen closet filled with lots of fresh sheets and towels. Achieve this delicious aura by scattering heart-shaped sachets among your linens—or hang by attached ribbon in your clothes closet. Printed chintz and rayon; about 4" x 4". 75c each, three for \$2.00. D. Little Valentines! Candle Mfg. Co., HG2, E. Arlington, Vt. 05252.



### Old Mill water wheel

For today's rustic indoor or outdoor décor. Marine plywood and Douglas fir stained rich walnut. Stainless steel shaft and bronze bearings need no oiling. Operates by flow of water used over agricultural pump; 115V, 60 cycle AC. 39" x 31" L, 15" w. \$69.95 exp. charge. Canal Electric, HG2, 310 Canal St., New York, N. Y. 10013.

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*In The Healthiest, Sunniest Climate*  
**In All America —**  
*Deming, New Mexico!*



**Your Own Ranchette**  
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**Only \$5 a Month!**

know people who wake up to sunshine 355  
of each year . . . people who don't know  
to be oppressed by humid heat in the sum-  
by the cold clutch of winter damp? Do you  
people who can say that in their State the rate  
of heart disease is half of what the Nation  
average faces? Do you know people to whom a  
year 'round commonplace, who work and  
in a climate called America's healthiest? We  
such people. They live in New Mexico.  
Isn't a state in the entire Union that gets  
more sunshine than New Mexico . . . not California,  
Texas, not Arizona, not even Hawaii. There isn't  
anywhere on earth where the air is purer, where body  
is more lavishly bestowed. No place where the  
sun shines at the top of this page—LIVE LONGER AND  
BETTER—fit more than they do in New Mexico.  
In all of New Mexico itself it would be difficult  
to find a climate and beauty of the region sur-  
rounding Deming. As spectacular as the northern  
climate but without the cold of winter. As dry and  
over the border to Arizona, but not as hot in  
summer. As strangely appealing as the desert  
climate. And as actively vigorous and prosperous  
as you now live in (maybe more so) yet with-  
out the tension.  
Anywhere in New Mexico is to live better.  
The climate, naturally air-conditioned in the  
summer and brilliantly sunny in the winter—the  
stunning beauty of a lavish Nature—the young  
of a state that is causing an unprecedented  
boom and investment boom—the record which  
shows that one lives longer, that health improvement  
is so miraculous—these are the reasons that  
thousands of Americans already have come  
to live, and hundreds of thousands of others  
are following in the immediate years ahead.  
Consider then: Here in the center of this mirac-  
ulous climate and beauty are towns which have  
grown amazingly in the last 10 years. Las Cruces, for  
example, in 1950 it had 12,000 people. By 1960,  
it had a rise of 300% in 10 years! (How about  
you? Has it grown 3 times its size in 10 years?)  
Phoenix and Tucson, this area has the same  
climate, where the good fortune of pure air,  
abundant water and a salubrious climate permits  
plants and animals to flourish. Statistics show the same  
possible sunshine, summer and winter, of  
Arizona and Tucson; these same figures reveal even  
more air.  
Within 3½ miles from the flavorful town of  
Deming (population 8000) are 14,000 acres of for-  
ests whose farthest boundary is 20 miles  
away. Spectacularly set off by the breathtaking  
Sierra Mountains, this land is so typical of the ro-  
mance of the southwest that it has been photo-  
graphed for the covers of many magazines including  
National Geographic. Official publication of the State of New Mexico.  
The best way to describe its Southwestern flavor

than to tell you that when the producers of the movie  
THE TALL TEXAN sought an authentic locale for  
their picture, they chose some of the very land we  
have sub-divided into the DEMING RANCHETTES.  
THE TALL TEXAN was filmed on our ranch, the same  
place where you may have a Ranchette of your very  
own. In this lovely basin every DEMING RANCHETTE  
fronts graded earth roads already dedicated to Luna  
County in widths of 50 and 80 feet. Every Ranchette  
has direct access to avenues leading to three major  
highways—U.S. Highways 80, 70 and State High-  
way 11.  
DEMING is blessed with water which is called  
"America's finest drinking water, 99.99% pure."  
(Shop windows in Deming display this proud claim  
in its window.) There are homes already built on  
DEMING RANCHETTES and they all have electricity.  
When you are ready to build your new home, elec-  
tricity will be made available to you. Schools, hos-  
pitals, churches, shops, movies, golf course, tennis  
courts—these are located in the charming growing  
city of Deming. Fertile soil is yours for the planting,  
and wait until you see the stunning landscape of  
cotton fields in bloom. Almost everything will grow  
here when watered—fruits, vegetables, flowers, trees.  
The one thing that captivates the fancy of people  
from every state in the Union is the sincere friend-  
liness of Deming's people. To visit Deming is like  
going back to the warmth of one's own family. But  
don't overlook the very practical benefits of living  
anywhere near Deming.  
**GOLF**—the Rio Mimbres Country Club Golf Course  
is right in Deming itself. It is a beautiful course with  
the Florida Mountains towering in the background.  
You play 12 months a year in this delightful climate  
and green fees are very reasonable.  
**HUNTING AND FISHING**—What are you after?  
Deer, antelope, wild turkey? Or maybe bear, moun-  
tain lion? Well, you can get deer, quail and big jack-  
rabbits right in your own backyard, in the Floridas.  
For really big game, and great fishing, try the Gila  
National Forest 60 miles directly north. Almost  
2,000,000 acres set aside for camping, hunting and  
fishing. And just 65 miles northeast is the beginning  
of the mighty Caballo Dam-Elephant Butte Reser-  
voir, the second largest man-made lake in the United  
States where you can rent a boat, fish, swim or go  
water skiing.  
**HORSEBACK RIDING**—You'll find the Florida  
Mountains enthralling. Bring along a treasure pouch  
and join other rocklands seeking amethyst, agate  
and opal.  
**INVESTMENT**—More than 10,000 people have  
bought Ranchettes through the mail and on site.  
The new U.S. Interstate 10 is now being built with  
an interchange right in the heart of Deming. Con-  
sider other developments such as the new Retirement  
Home (now being constructed) and the new  
road being built from Palomas, Mexico (33 miles

south of Deming) into the interior of Mexico and  
you will agree with us that Deming has a tremendous  
future.  
And the price of your Ranchette? Just \$299 com-  
plete for a full half-acre and low monthly payments  
of \$5. That's the complete price—no extras, no in-  
terest! At this moment you may reserve as many  
half-acre sites as you wish but please bear this in  
mind: DEMING RANCHETTES is not an enormous  
development and land such as this goes fast. At  
these prices, you may want your Ranchette to be  
larger—one, two—even five acres. An immediate res-  
ervation will guarantee that your half-acres will ad-  
join each other (this is becoming increasingly diffi-  
cult because of the shortage of available lots). And  
you take no risk. Your reservation does not obligate  
you. You have the unqualified right to change your  
mind within 45 days after we send your Purchaser's  
Agreement, Property Owner's Kit, Maps and Photo-  
graphs—15 days to go through the portfolio, check  
our references, talk it over with the family. If, during  
that time, you should change your mind, your reser-  
vation will be cancelled and your deposit returned to  
you. Then you have an ADDITIONAL 30 DAYS AFTER  
you have made your first monthly payment to change  
your mind and request a full refund of every dollar  
you have paid in. If this makes sense mail the  
coupon.

**SELECT WESTERN LANDS INC. DEPT. DP 684**  
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Gentlemen: I wish to reserve the following site in Deming  
Ranchettes:

½ acre for \$299. Only \$5 a month.  
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Please rush complete details, including my Purchaser's  
Agreement, Property Owner's Kit, Maps, Photographs and  
all data. It is strictly understood that I may change my  
mind for any reason within 45 days after I receive my  
portfolio.

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

"A statement and offering statement has been filed with the  
Department of State of the State of New Mexico. The filing does  
not constitute approval of the sale or lease or offer for sale or  
lease by the Department of State or any officer thereof or that  
the Department of State has in any way passed upon the merits  
of such offering. A copy of the offering statement is available,  
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PER SQ. FT! — 1/2" THICK tiles, each 1 ft. x 3 ft. x 1/2 inch thick, 144 sq. ft. in all, enough to beauty-tile complete 8' x 18' wall . . . or to provide countless dramatic accents for home, office. "Leftovers" make handsome hot plates, bulletin boards! Limited quantities—order today!

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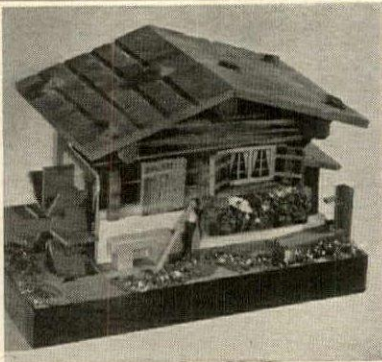
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"Somewhere My Love," the captivatingly beautiful theme from Dr. Zhivago, is played on a superb Swiss movement in this enchanting chalet. Carved and hand painted in fine detail, water wheel turns as tune plays.

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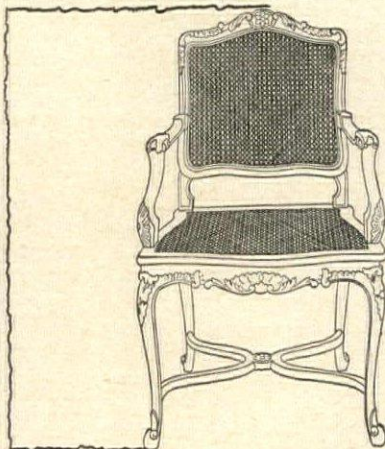
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Régence armchair à croisillons. Our import from Spain. Elaborately carved baroque style with beautifully caned seat and back. Seat height 17 1/2" (perfect for dining), 23" wide, 37 1/2" high. Ready to finish: armchair \$96, side chair \$79. Finished: add \$30 each.

Send 50¢ for complete catalog Dept. HG2 3140 M St., N.W. Wash., D.C., 20007

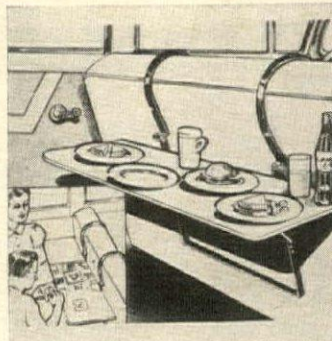
**DOOR STORE** OF WASHINGTON, D.C.

## Shopping Around



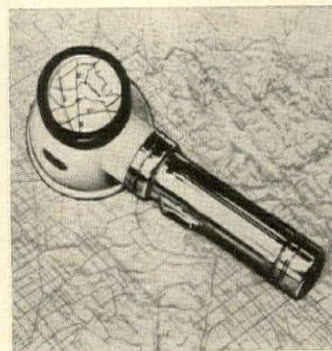
### Terry prints

Toddlers are set for summer fun or bath time with terry sun suit and cover-up in wonderful bright pastel print like happy sunshine. 100% cotton terry sun suit has its own terry tote. Suit and robe both come in toddler sizes: T2, T3, T3X. Each, \$4 plus 50c post. Items, Inc., HG2, Box H5011, Station B, Greenville, S. C. 29606.



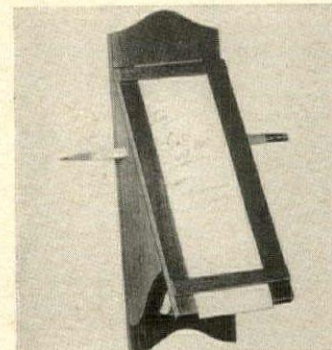
### One for the road

Enjoy your next motor trip and snacks along the way. Take along this handy service and game table. Fits instantly over back of car's front seat for quick sandwiches en route. Great for young traveler games or drawing. 12" by 30" Rigid steel supports. \$5.95 plus 60c post. Free catalogue. Frank H. Bellmer, HG2, 828 Bloomfield Ave., Montclair, N. J. 07042.



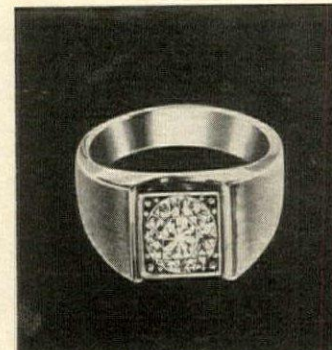
### Light and large

Illuminated magnifying glass is boon for motorists in reading road maps. Light shines directly on the material to be studied and eliminates eye strain. Excellent as well for scientists and collectors who have to read so much detail on fine print. Uses two size C batteries. \$2.98 plus 25c post. Gracious Living, Dept. 420, Berkeley, R. I. 02864.



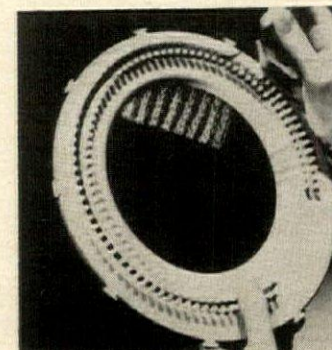
### Note this

Our hats are off to the inventor of this efficient hanging wall secretary. Desk-like writing surface perfect for jotting down notes while you have the phone to your ear. There's a pencil holder too. Handsome cherry fruitwood 3 1/2" w., 10 1/2" l., 5" d. \$5.95 plus \$1 post. incl. paper and pencil. Paper refills 2 for \$1. The Mail Box, Box 655, Westbury, N. Y. 11599



### For his Valentine

The great man will be delighted to receive this manly jewel on Valentine's Day and wear it proudly. Kenya gem stone has the brilliance of a diamond, is set in 14 white or yellow gold. "The Nonnee" with 1/2 carat stone, \$75; 4 ct., \$95; 2 ct., \$140; 3 ct., \$175; 6 ct., \$210; 6 ct., \$270. Ppd. Kenya Gem, HG2, 1760 N. Howard St., Philadelphia, Pa. 19122.



### Lazy gal's knitter

Imagine being able to knit without needles and never drop a single stitch! The Ezee-Knitter can be used for scarves, skirts, sweaters or any article up to 154 stitches. You wind yarn over knob, slide stitch over and pull work down. Comes with diagram, instructional book. \$3.95 ppd. Creative Crafts Corp., HG2, 17 W. 20th St., New York, N. Y. 10011.

## Shopping Around

### Moon holdall in willow

Perfect solution for laundry or toy storage is this natural pale toned willow hamper that measures 24" h., 17" w. and 15" d. Great for the bathroom, dressing room or in a laundry—it fits flat against wall. Hinged lid and handles at each end. Superb space saver! \$10.95 plus \$1 post. Willow/wicker catalogue, 25c. Fran's Basket House, HG2, Rockaway, N. J. 07866.



### The stretchy

Among the marvels invented for our comfort, one of the most welcome's the shoe stretcher. Line up all those "closet shoes," insert custom-made contoured wood shape. Overnight, shoe's enlarged. Specify one's exact size, and indicate men's/women's. \$3.98 plus 70c post. with free Liquid Shoe Stretcher. Mahara Sales Corp., HG2, 204 B'way, Bklyn, N. Y. 11211.



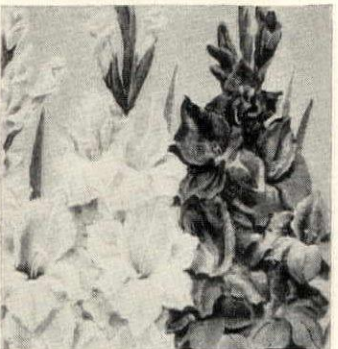
### Practice makes par

Winter is warm-up time for golf. Tee-off consists of grass-like tee, firm with suspended practice ball. Ball feels solid and sound and shows up a hook or slice and a money of a hit. Use with woods or irons. \$9.95 (same for left-hand set-up). Three extra balls, \$2.95. Add 85c post. Camalier & Buckley, HG2, Conn. Ave. N.W., Washington, D. C. 20036.



### Glorious glads

Along with imported Dutch glad bulbs unusual peacock orchids are offered free. Glads are medium sized with spikes 2 to 4 feet high in a mixture of reds, yellows, whites, purples, crimson, violet, and multicolors. 50, plus 3 orchids, \$1.100, 6 orchids, \$1.98. Add 40c post. Order from Michigan Bulb Co., Dept. GH1478, Grand Rapids, Mich. 49502.



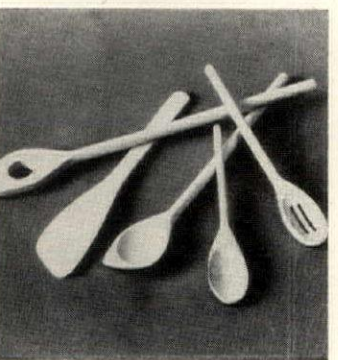
### Churchill by Wedgwood

Winston Churchill commemorative plate in limited edition made in England in the traditional blue and white jasperware. The raised silhouette is circled by an oak leaf and acorn border. For Churchill lovers and Wedgwood collectors. 4 1/4" diam. \$6.50 ppd. Park Galleries, 191 Greenland Bldg., Miami, Fla. 33147.



### Stir with vigor

Here are five spoons to polish off the cuisine of the house to a handsome presentation on the table, in jar or freezer. The quintet of superbly sanded wood performs any stirring or mixing job to perfection. Hang them in clamps on pegboard. \$1.29 ppd. the set. The Country Gourmet, HG2, 545 S. 4th Ave., Mt. Vernon, N. Y. 10550.



## 10 GOOD IDEAS *by mail from* Walter Drake

4022 DRAKE BUILDING, COLORADO SPRINGS, COLORADO 80901



### NO-PEEK WINDOW FROSTING

Get privacy without losing light in bathrooms, on front doors, basement windows, etc. with this highly attractive embossed vinyl sheeting. 6 ft. long, 9" wide. Adhesive-backed. Easy to use — just press in place.

H1095 No-Peek Frosting . . . . . \$1



### BILL-PAYING ENVELOPES

Why scramble for envelopes at bill-paying time, or break up good stationery sets? Mail checks, orders, etc. in these 6 1/2" crisp white envelopes made for this job! Return shows name, address, Zip code. 48-hour service.

P3003 75 Envelopes . . . . . \$1

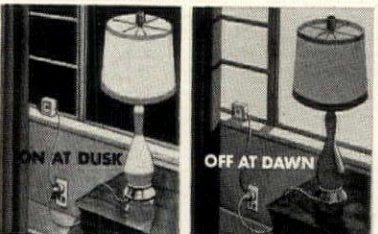


### READY-TO-FLY RUMBA KITE

Parachute-shaped kite literally dances in the air. Durable red plastic, 2 1/2 ft. wide. Colorful 8 ft. tail strips. Ready to use — nothing to break.

T674 Rumba Kite . . . . . 79c

T675 700-ft. String . . . . . 35c



### KEEP BURGLARS AWAY!

Burglars seldom enter lighted houses — so when you're away from home, just plug this photoelectric unit into wall socket and attach lamp. The lamp goes on at dusk, turns off at dawn — automatically! UL approved.

H6026 Automatic Light Switch . . . \$4.98



### SELF-STICK GOLD FOIL LABELS

Gleaming gold labels stick anywhere — a smart touch to personalize letters, books, cameras, briefcases, records, etc. Classic border, handsome black printing. 1" x 1 1/2". Up to 4 lines, 27 letters and spaces per line.

P4010 250 Gold Foil Labels . . . . \$1.98



### YOUR OWN POCKET PRINTER \$1

Print your name and address (or any 3 lines) on stationery, books, advertising. In compact self-inking case for pocket or purse — always handy when you need it! Use at home, office, school. Get one for everyone in the family!

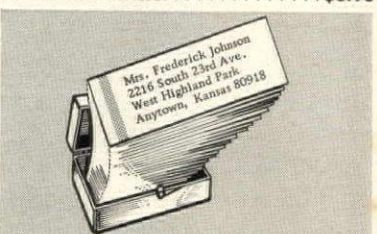
P4009 Pocket Printer . . . . . \$1



### MR. TWISTER

Stand on Mr. Twister and twist away those extra inches on waist and hips! Tones your muscles, including some you've forgotten you had! Stimulates circulation, improves coordination. So easy to use whenever you have a few extra minutes. Mr. Twister is a great exerciser for everyone in the family, from toddlers to grandparents! Fun to use and watch! Instructions for exercises are included.

F1032 Mr. Twister . . . . . \$3.95



### 500 RETURN ADDRESS LABELS 50c

Quick, handy way to put your name and address on letters, records, books. Any name, address & Zip code up to 4 lines beautifully printed in black ink on white gummed labels; rich gold trim. FREE plastic box. 48-hour service.

S714 500 Labels . . . . . 50c



### MAGAZINE and RECORD POLE

Too many records, too many magazines? Here's the easy, space-saving way to keep your favorites always handy with almost NO floor space! Racks can be moved up or down; each rack holds 20-25 albums or 4-6 thick magazines at convenient height. No more fumbling through stacks! Pole adjusts to normal ceiling heights like a pole lamp. Heavy duty steel tubing, brass-plated for gleaming beauty.

F1041 Record Pole . . . . . \$7.98



### MAKE YOUR BATHTUB SAFE!

Avoid falls in tub or shower with attractive non-slip, textured rubber flowers! Adhesive-backed — easy to install. Can't mildew. Set has seven 5" and six 3 1/2" appliques. In white (H6067), pink (H6068), blue (H6069).

Bathtub Appliques (order by color no.) . . \$2.98

Fill in and MAIL TODAY!  
Send for FREE CATALOG  
Walter Drake & Sons  
4022 Drake Building  
Colorado Springs, Colo. 80901

SATISFACTION GUARANTEED OR MONEY BACK!

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Item No.	How Many	Name of Item	Price

FAST SERVICE — We ship in 24 hours (except as noted on special items). We ship POSTPAID!

# FREE FILM

\$1.25 VALUE

New 12 exposure film gives 36 prints, 3 pictures for every click of the camera, 1 large and 2 wallet size. 126 film fits Kodak or other cartridge cameras, 127 roll film fits most box cameras. Please specify size. Free gift catalog subscription.

5788 - Color Film **FREE**  
Add 25¢ for postage and handling.

**GRACIOUS LIVING**

D-397 BERKELEY, R. I. 02864

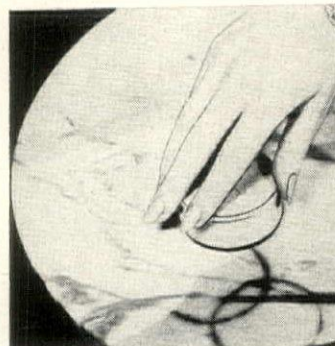


## Shopping Around



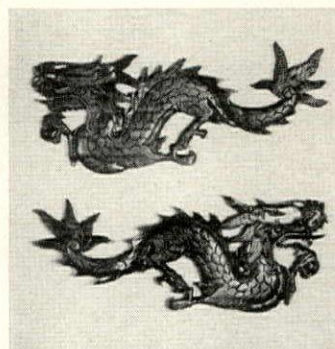
### Instant leg beauty

Treat's a better time to beautify your legs than now? *Cover-Up* does just that. Smooth on the special waterproof formula—vein scars, spots vanish; play a part in the winter cruise and swim scene. Magic on the face, too; It., med. dk. blend with skin tone. \$1.98 for 2 for \$3.50; 3 for \$5. Ppd. Conover House, HGC-2, Box 773 Chubbuck St., New York, N. Y. 10008.



### Marble marvel

To banish stains, remove rings and discolorations from marble, we recommend this Marglo kit. Stain remover, polishing powder, marble sealer wax, wood and felt buffing tool and instructions. \$5.95. Sealer wax that protects and beautifies, alone, \$2.95. Postpaid. Thoughtful gift for marble lovers. Marglo, Dept. 169, Box 114, Niles, Ill. 60648.



### Firebreathers

Fiercely handsome and delightfully decorative hand-carved dragons are made of camphor wood and imported from Taiwan. Dragons make fascinating wall pieces over a fireplace, against a pale paneled wall, above a sofa. Each 15" by 5 1/2". \$4.98 the pair plus 45c post. Harriet Carter, HG26 Plymouth Meeting, Pa. 19462.



### Color me green

For all the money an organization can make by selling boxes of the extra-large cards and envelopes. Kids color in the four clever animal designs and write special greetings for relatives or sick-a-beds or as birthday greetings. Send \$1 for sample box of 8 cards, envelopes, crayons. Current, Inc. HG2-E, Box 2020, Colorado Springs, Colo. 80901.



### Paper prize

A corrugated collapsible table stand up for the telephone or buffet setting, this adaptable piece folds flat for storage purposes. Excellent end table, too. Cover it with a 72" round cloth to match bedspreads, curtains. Holds up to 20 lbs.! 27 1/2" high. \$5.95 plus \$1 post. Smart & Associates, HG75 Colonial Rd., New Canaan, Conn. 06840.



### Music manuscript

Remarkable reproduction of an ancient illumination for anyone of good taste. Handsomely silkscreened with astrologers in red, green, blue, yellow, pinks, purple and metallic gold. On parchment paper which gives it an authentic look. 20" by 30". \$3.95 plus 45c post. Lambert Studios, Dept. 336 Central Park West, New York, N. Y. 10025.

## KING-SIZE MAIL BOX



**Brand New, Completely Rustproof PROTECTS MAIL FROM WIND and WEATHER Holds Largest Magazines Without Folding**

No mail damaged by wind or rain and annoying folds with this sturdy, heavy gauge, all aluminum King Size mail box. Even the largest of magazines fits in easily along with newspapers and other mail, all completely protected from weather. Gives years of carefree service. 16" high, 11 1/2" wide. Comes in Cape Cod White, Colonial Black or Mar-resistant aluminum.

**BOX ONLY \$12.95 Plus 95c pp. & hdlg.**

**ACCESSORIES:** Clip for out-going mail **85c**; Lac Kover (fits under regular cover to prevent pilferage) & 2 Keys **\$4.95**; Engraved name plate, satin finished Alum. or solid brass (specify) **\$1.95**; Address numerals in Cream, Black, Ruby Red, Emerald Green (specify) 4 for **75c**. Order today, accessories can be added later. Send Check or M. O. No. C.O.D.'s. Satis. Guar.

**J. W. HOLST INC.** Dept. G269, 1005 E. Bay St., East Tawas, Michigan 48730

### Five Fiery Gems

Handsome fishtail setting accents the beauty of these five 1/4 carat diamond-like white spinels. Synthetic stones dazzle just like real, and the setting is available in either Sterling Silver or 18 Kt. Yellow Gold Plate. Each stone cut, polished and prong-set the same as precious stones. Send ring size. Specify gold or silver.



**\$6.95** ppd. Send 25c for New 1969 Catalog & Ring size card

Immediate Delivery. Prompt Refund If Not Satisfied

## Lions

665 MIDDLE NECK RD. DEPT. 28H GREAT NECK, N. Y. 11023

## LEATHER



THE SUNDOWNER... a handsome, new chair to sink into when day is done. The unusual oiled walnut frame cradles a comfortably spacious leather seat and back in your choice of bucksuede leather or supple, soft, top-grain cowhide. Black, olive, rust, gold, camel, chocolate, red. \$85. Rocker version, \$90. \$1 packing charge. Express Collect. No COD's. LEATHERCRAFTER, HG, 303 E. 51 St., N.Y. 22. PLaza 9-1955. 34 page catalog, 25c.

## CRAFTER

### adjustable Hi-Low T.V. POLE STAND



For the bedroom, living room, kitchen, family room, porch... no matter where you're viewing this smart new T.V. Pole Stand holds your portable at the level and place best suited for comfort... without taking up valuable floor or table-top space. Takes any width, up to 14" front to back, up to 17" top to bottom. Easy to install and move, brass plated pole has spring tension rod at top to adjust to your ceiling height, can be set up in Hi or Low position. Hi position is great for reclining watchers. Made in USA.

**\$10.95** ppd.

2 for \$21.00 ppd.

We ship in 24 hrs.

Write for FREE catalog in gifts.

**Holiday Gifts** Dept. 302-A  
7047 Pecos St., Denver, Colorado 80221

## Shopping Around

### Capital gain

Made for White House banquets. Sardinian lace pattern on Egyptian cotton in white or natural. 54" by 72", \$21.95; 63" by 83", 72" round or 72" by 90", \$27.95. Ovals, 72" by 90", 72" by 108", \$27.95. 72" by 108, \$39.95. by 126", \$49.95, by 144", \$69.95. 83" by 160", \$79.95. Add \$1 post. Hildegarde's, HG2, 597 Farmington Ave., Hartford, Conn. 06105.



### Take a charm course

To your loved one's heart. Gift her with this sweet charm that says "I Love You." Fluted around the edge, the simple heart shape is strikingly embellished with a make-believe emerald and ruby. 14k gold, \$13; sterling silver, \$3.50. Ppd. Book abounding with 7,500 charms, only \$1. Charm & Treasure, HG2, 1201 Ave. of Americas, New York, N. Y. 10036.



### King-size carrier

Good news for tall and big men! King-size travel bag holds larger size suits, coats, jackets easily. No wrinkles on arrival. Black embossed vinyl, trimmed in gold. Zippered pouch for shirts, underwear. Full length zipper and snap-top. 33" l. by 27" w. by 4 1/2" d. \$4.95 ppd. Free catalogue. King Size Co., 419 King Size Bldg., Brockton, Mass. 02402.



### For fruit and cheese

What is so right after festive fare is fruit and cheese? The perfect way to serve them in this 10" glass bowl with stand. Hardwood cheese board offers room for a cheese, favorite crackers ring base. 14" tall. Wrought iron, \$10; green or yellow baked enamel; silver, \$15; gold, \$25. Add \$1 post. Heritage House, HG2, Chadds Ford, Pa. 19317.



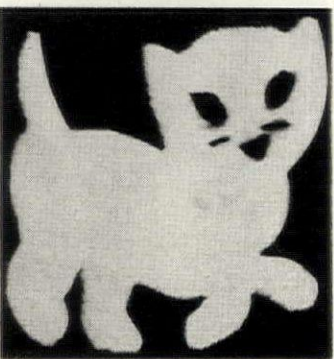
### Dog training kit

Hi-FiDo's a scientific sound-training device. Leashless, kind; easily trains, controls any dog. Teaches him to come, sit, stay, heel; permanently corrects jumping, chewing, biting, digging, other bad habits. With instr. and illustrated, indexed 353-page manual. State age and breed. \$11.95 ppd. Canine Behavior Inst., HG2, 11927 Montana Ave., Los Angeles, Cal. 90049.

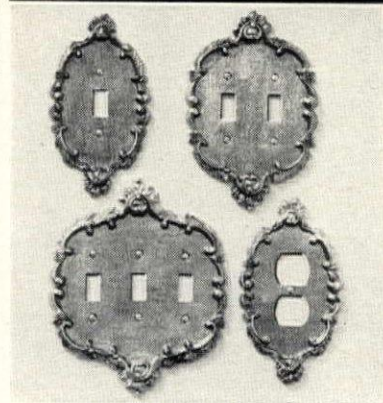


### Kitty carpet

A darling acrilan rug for the nursery—imagine this cozy kitten in baby's room. Also a great idea for college dorm! Fluffy high-pile rug washes beautifully, eyelashes and all! 30" by 36". In white, black, gold, pink or blue. \$11.95 each; \$23 a pair, plus 75c post. The Hitching Post, HG2, 70 Southwood Circle, Syosset, N. Y. 11791.



## LILLIAN VERNON SHOPPING GUIDE



### GOLD PLATED OVAL SWITCH PLATES

Exquisite solid metal plates are a decorator's delight. Old world, swirled ovals, in rich antique gold plated metal. Tarnish free finish never needs polishing. Mounting screws. Covers existing wall openings. 1320 Single Switch (4" x 7").....\$1.50  
1321 Double Switch (5" x 8").....\$1.98  
1326 Triple Switch (6 1/2" x 8").....\$3.50  
1325 Twin Outlet (4" x 7").....\$1.98



### PERSONALIZED DOOR KNOCKER.....\$2.98

A triumph of craftsmanship. 8" knocker is a sculptured classic in solid sturdy metal, brass plated, heavily antiqued for dramatic design, lacquered to withstand tarnish. Solid brass name plate is custom engraved with any name. Screws incl. #143.



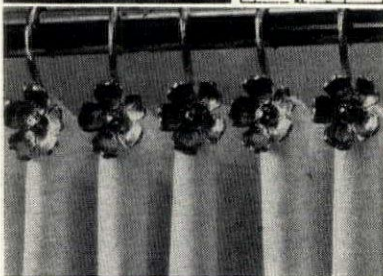
### 3 ANTIQUE GOLD PLATED ANGELS.....\$3.98

A musical trio of cherubs to make sweet harmony on your wall! The originals are Italian antiques—ours are faithful copies, hand cast in metal, finished in 18K Gold with a scintillating glow! Each 5 1/4" tall, 4" wing spread. Fantastic wall decor. #1715.



### GOLDEN PROVINCIAL DOOR PULLS

The finest hardware to use on louvered doors. Add a custom touch to do-it-yourself furniture, chests, cabinets. Elegant and graceful pulls are plated in solid brass, lacquered to save polishing. Matching screws incl. #1956  
Pulls measure 5 1/2" x 1 1/4". . . \$1.50 per pair. \$3.98 for 3 pairs.



### 12 GOLD PLATED SHOWER HOOKS.....\$3.98

Flower hooks add a fresh perky look to your shower, hold the curtain with great flair. Cast in metal with hand made details. 18K Gold Plated or in quality Silver Plate for traditionalists. Lacquered for beauty and permanence. 1361 12 Shower hooks.....\$3.98.



### GOLDEN CHERUB HOLDER

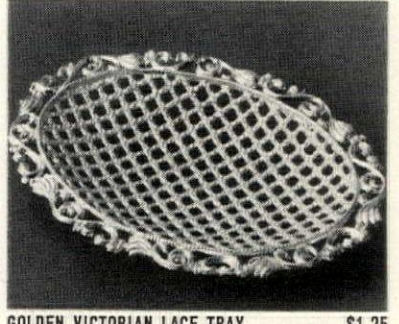
One for an elegant plate, one for a precious cup and saucer! Display your favorite china, add a graceful decorator note. Sturdy cast metal lavishly plated in 18K Gold with a captivating cherub to guard your treasures.

1639 Plate Holder (6 3/4").....\$1.50  
2182 Cup & Saucer Holder (5").....\$1.25



### GOLD PLATED HOOKS.....\$1.00 for 4

Screw hooks are cast in metal, plated in gold. Endless uses in bath and powder room, kitchen, den, workshop, office and children's rooms. 2" screw hooks have handy screw backs and are mounted in seconds. \$1.00 for 4. \$2.50 for 12. #1356.



### GOLDEN VICTORIAN LACE TRAY.....\$1.25

Actually a useful 18K Gold plated metal dish with an heirloom look! Lacy open work center has flower design with sculptured scroll edge that is so unusual. Holds a bath size cake of soap . . . allows it to drain dry. Soap lasts longer . . . smells sweeter. 6" oval tray is decorative—you'll use it for candy too. #2066.



### 3 ANTIQUE GOLD PLATED KEYS.....\$1.98

Unlock a new world of decorating ideas! Hang them in a group for a fresh new look on walls. Use singly as paper weights. They're each 5" long of antique gold plated metal. The most versatile gift. #2004.

LILLIAN VERNON, Dept. 2G1  
560 S. Third Ave., Mt. Vernon, N. Y. 10550

NAME .....

ADDRESS .....

CITY ..... STATE ..... ZIP .....

QUANTITY	ITEM	PRICE

Enclosed Check, M.O. Total \$  
For Special Delivery Add 50c



**SLEEP CULOTTES by Her Majesty®**

**PERMANENT PRESS \$4.00 & \$5.00**

Sizes 4, 6, 6X, 8, 10, 12, 14

65% Kodel® polyester/35% cotton permanent press culotte sleepwear with frosty white yoke trim.

Left: order STYLE "A" in pink, aqua or limeade. \$4.

Right: order STYLE "B" in pink or limeade print. \$5.

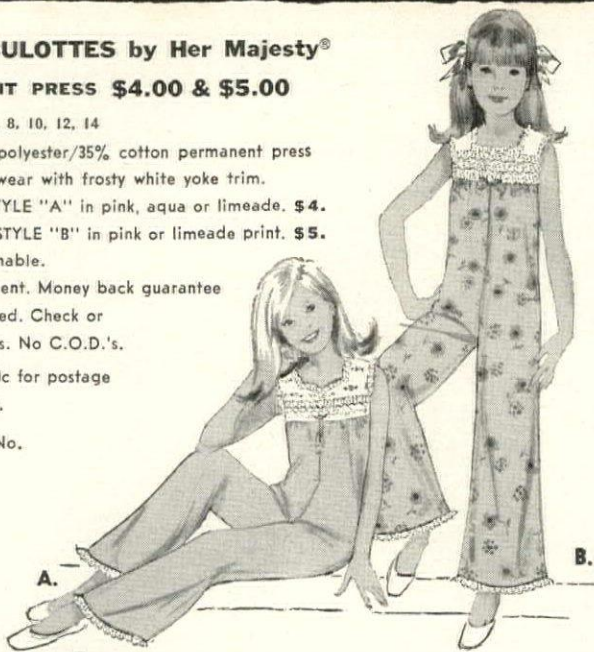
Machine washable.

Prompt shipment. Money back guarantee

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Please add 50c for postage and handling.

Include Zip No.



**items, inc.** Box H5011, Station B, Greenville, S. C. 29606

**NEW! SHOPPING INTERNATIONAL'S FREE 40-page Spring Magazine-Catalog**

Over 450 Gifts from 30 Countries

NOW... An Exciting Array of Items in Glorious Full Color

Take a thrilling round-the-world tour—from the leisurely comfort of your home—and see the finest handicrafts of the world. This spring we take a trip to Venice—for sparkling crystal, wrought iron and leather. Select your Easter basket surprises from Germany, Scandinavia and Holland. Shop India for its silks, ivory and exotic jewelry. The inimitable ceramics, dolls, lamps and carvings of Japan, Taiwan and Hong Kong also await you. Each item is a masterpiece of craftsmanship in the tradition of its country. Your ticket for this tour is free—just send your name and address to receive our new 40-page catalog with hundreds of new hand crafted items from \$1 to \$60.



**SHOPPING INTERNATIONAL, INC.**  
857 Shopping International Bldg.  
Norwich, Vermont 05055



**Electric Illuminated FOUNTAIN**

The pale fluorescent green bowl of shatter proof plexiglass is 16 inches in diameter. There is an oscillating electric pump with adjustable spray nozzle and rotating color illuminator for fascinating effects. Highly decorative and keeps air in room refreshingly clean. **\$24.95** ppd.

Pa. Res. Add 6% Tax • No C.O.D.'s Please  
Send For Free Gift Catalog  
**TAYLOR GIFTS** Dept. 4, 211 Conestoga Rd.  
Wayne, Penna. 19087



**FAMOUS MADISON LADDERBACK**  
Fully assembled.  
Direct from our workshop to you.

Faithful copy of the original Ladder Back chair that played such a prominent role in bygone days. Reflecting all the charm of its era, the Madison still blends beautifully in any setting... from the White House to your house. Of specially selected hardwood, it is carefully handmade to last for generations. Hand-woven seat of fibre rush in Colonial 4-point pattern.

**UNFINISHED ASH, smoothly sanded. \$12.95**  
Ready to paint, stain, wax or oil. . . . .

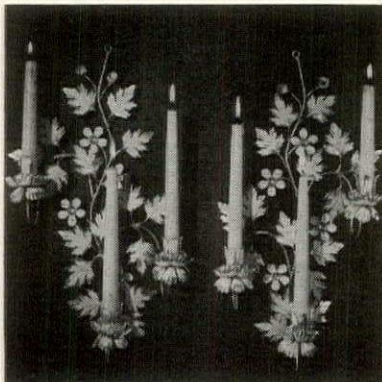
**NATURAL finished ash (blonde). . . . . \$13.95**

**BIRCH — finished in Maple, Walnut, Pine or Black Lacquer. . . . . \$16.95**

**ANTIQUED finish Birch: Moss Green, Venetian Red. . . . . \$18.95**

Minimum order *TWO*, 10% discount on six.  
For matching Arm Chair add \$4.00 to above prices.  
Prompt shipment. Express charges collect.  
Send check or money order. Satisfaction guaranteed.

**Jeff Elliot Craftsmen**  
Dept. 6-29, Statesville, North Carolina 28677



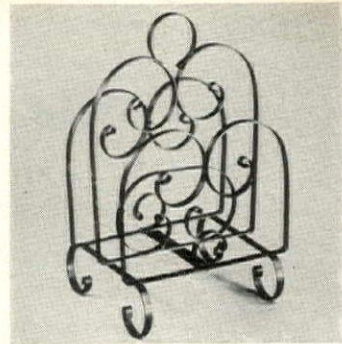
**Maple Leaf Sconces**  
**PAIR \$5.95** Add 50c Postage

Beautiful living room, dining room, hall or bedroom with our all new maple leaf and flower wall candelabra. They're made of wrought iron and elegantly finished in antique white & gold or antique black & gold. Please specify. Unbelievably fine detail in each leaf and blossom. Each piece is 16" tall, 10" wide. Candles not included.

**MONEY BACK IF NOT DELIGHTED**

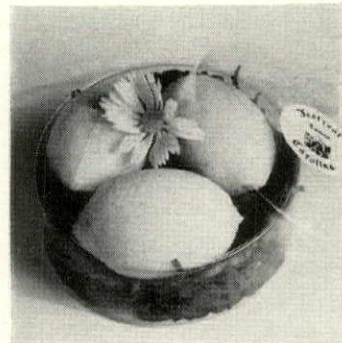
**Harriet Carter**  
Dept. HG-269, Plymouth Meeting, Pa. 19462

**Shopping Around**



**Spanish splendor**

The delicacy of Spanish lace, the fine artistry of superb craftsmen combine in this elegant magazine rack. Swirling scrolls form the frame. In satin black, green antique or antique gold with white lace. 12" by 10 1/2" by 18" h. Blends with any décor. \$5.99 plus 99c post. H. S. Cooper, HG2, 7840 Rugh St., Philadelphia, Pa. 19150.



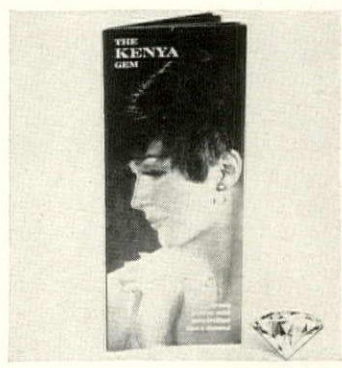
**Lemon lovelies**

Carolina's lemon sachet soap looks like the real fruit. But it's a perfectly luscious way to bathe. So the superb smelling soap makes you feel extra fresh. A lemon festival of three cakes in a gifty see-through acetate box, \$1.50; five boxes \$7.25. Ppd. Color catalogue, 25¢. Carolina Soap & Candle Makers, SYL, Southern Pines, N. C. 28388.



**The steelers**

Stainless steel preserves the flavor and freshness of whatever is stored therein. These are made exactly like old-fashioned milk cans, but are clearly marked for a new use. Flour and sugar each hold five pounds; coffee and tea 1 lb. each. Cookie jar holds batches! Set of 5, \$12.95 plus \$1 post. Crescendo House, HG2, 26 S. 6th Ave., Mount Vernon, N. Y. 10551.



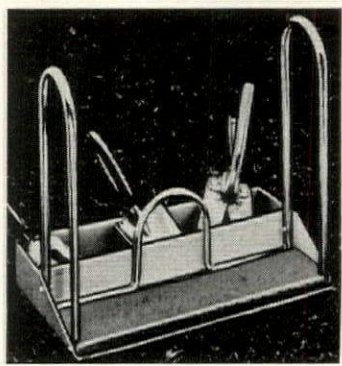
**Only you**

Or your jeweler knows for sure whether you're wearing man-made Kenya Gems or real diamonds. Wear Kenya jewels side by side with diamonds. The dispersion of fire of these stones is 2 1/2 times that of a diamond. Free brochure showing jewelry for men and women set with stunning Kenya gems in 14k gold. Kenya Gem Corp., HG2, Philadelphia, Pa. 19122.



**Revolutionary heroes**

Full color reproductions of old paintings are printed in 8" by 10" size to fit standard frames available anywhere. Members of Washington's army including Green Mountain Rangers, U.S.M.C., Va. Md. Dragoons and Conn. Light Horse. Handsome arranged in a group for library or boy's room. Four, \$5 ppd. Fife & Drum, HG2, Valley Forge, Pa. 19481.



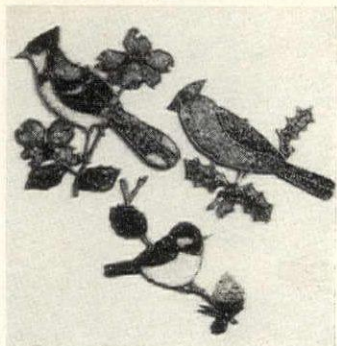
**Gardeners' rest**

Kneeling on the damp ground is an aspect of gardening we've never pretended to like. This splendid kneerest and tool caddy has given our attitude and knees a whole new lease on life. There are foam cushions to kneel on, 14" side supports to help us up and down. Space for tools. Heavenly! \$5.99 ppd. Breck's, N23, Breck Bldg, Boston, Mass. 02210.

## Shopping Around

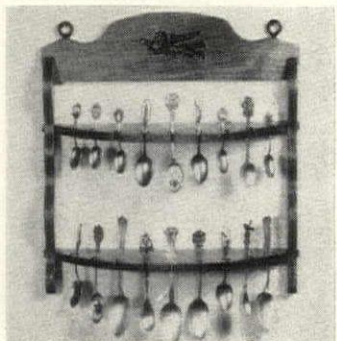
### Blowing glass birds

Colored glass songbirds perch on twigs to glisten in the sun of a window or sparkle in an archway. Handmade in Sandwich, Mass., some of famous American craftsmen. 6" to 7" long. Cardinal on cherry, \$7.95; chickadee on pine, \$9.95; blue jay on dogwood, \$9.95. Sold 35c ea. post. Clymers of Bucks County, HG2, Point Pleasant, Pa. 18950.



### Show room

Display a collection of spoons to their best advantage. There's space for 18 in this deftly-designed two-shelved rack that is pretty enough to hang alone. Made of smooth colonial brown pine with a carved angel furbelow, it's a handsome show-off in any room of the house. 13" by 14". \$6.95 ppd. The Guild Enterprises, HG2, Box 52, Minneapolis, Minn. 55423.



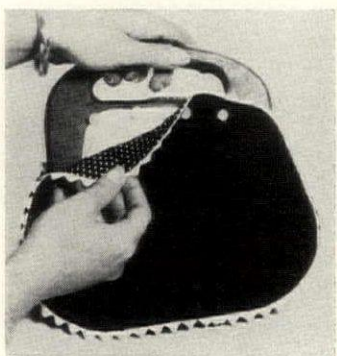
### Cherry for records

The Creative Crafts folk in Tennessee have developed a record cabinet that's a beauty. It is solid cherry 28" h., 18" w. and 28" l. Space for tapes as well as compartments for regular LPs. Send for samples with various finishes. \$97.50 pp. coll. Creative Crafts, Dept. 3, Box 8277, Chattanooga, Tenn. 37411.



### Our own bag

Handmade, including mahogany handles. You get one cover, quick change extras available. Navy wool/cording; natural burr/yellow rick rack; white linen/white rick rack. 7½" by 8½", \$10; 9" by 10½", \$11.45. Extra covers \$3.50, \$3.95. 60c post. per bag, 10c per cover. Free brochure. The Hive Ltd., HG2, 5004 Lawnside, Baltimore, Md. 21210.



### Red pop

Elongated pop art bottles in the mod mood are sensational. Pick a posy in the 7 Up, a candle in the Pepsi and watch the crowd blink in astonishment as the posy melts from lack of water and the candle burns into oblivion. Bottles are 18" to 21" high. \$2.49 ea. plus 50c ea. post. Gracious Living, Dept. 416, Berkeley, R. I. 02846.

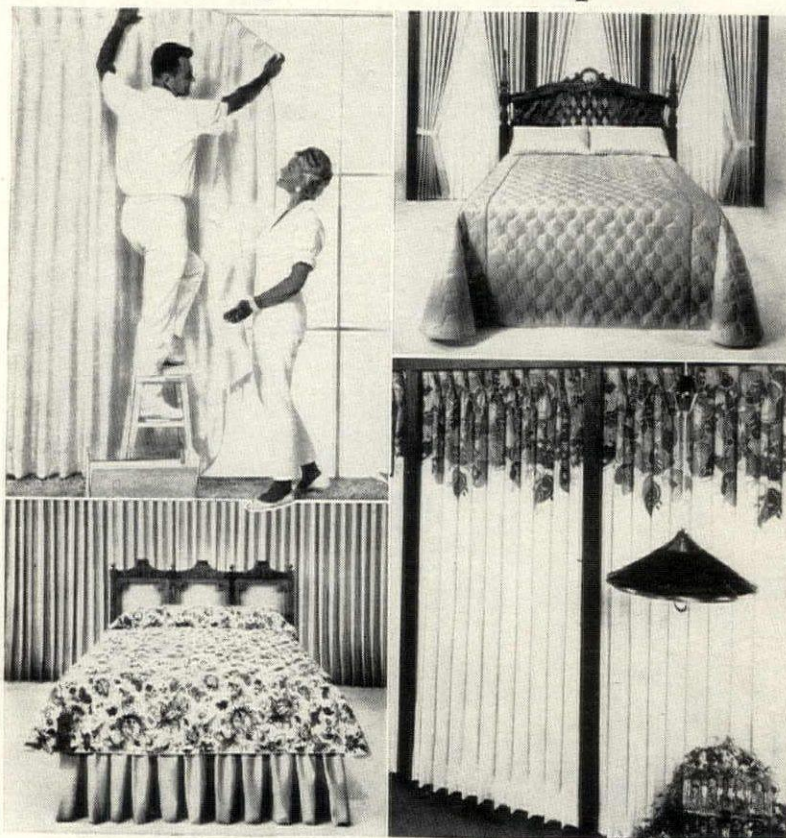


### Sold that line!

Prevent premature aging. Anti-wrinkle beauty pillow protects your skin and preserves your hairline. The secret's in the satin cover so smooth and soft. You can sleep in rollers and relax. 'Tis small, C-shape prevents double chins too! Foam casing and no acetate satin zipper covers. \$5.47 ppd. Better Sleep, HG2, New Providence, N. J. 07974.



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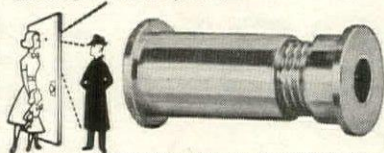
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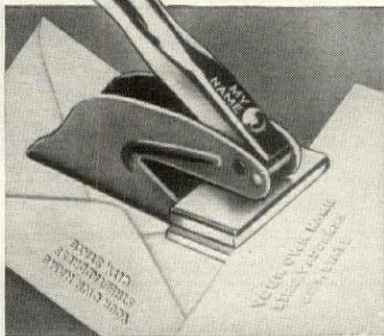
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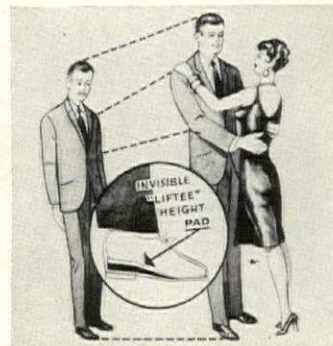
### Canadian bonanza

That most fragrant of all bacon Canadian, comes direct from Ontario and it is fully cooked. It goes marvelously with cold cuts and potato or macaroni salad. We love it crisped up with scrambled eggs for Sunday brunch or *sous cloche* with sweetbreads. 3 lbs. \$7; 6 lbs. \$13. Ppd. The Saloon Foods Ltd. HG2, 7 Springbank Ave., Scarborough, Ontario, Canada.



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Extra guests? Bring out these extra special extra tables, and invite them to come to the taboret. Wicker woven, use as end tables, foot stools, extra seating. Large: 18" h., 16" dia. Medium: 17" h., 14" dia. Small: 16" h., 17" dia. Living set of three, \$24.95 plus postage. Send 25c for catalogue. Frank Basket House, HG2, Rockaway, N. J. 07866.



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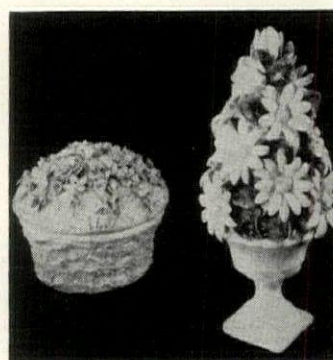
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Limp meat grinder stays put on any surface and doesn't lose its grip until a lever is released. Grinds at the rate of a pound a minute! Double-tinned cast iron hopper; white enameled base. Comes apart for cleaning and storage. \$9.98. Add 50c post. The Country Gourmet, HG2, 545 S. 4th Ave., Mt. Vernon, N. Y. 10550.



### Cat chatter

Magazine for cat lovers appears 12 times a year with photos, articles, news and appropriate advertisements. In addition, CATS Magazine has columns written by veterinarians and cat show calendar. For purebred and domestic lovers \$5 per year; sample copy, 50c. Cats, HG2, House Bldg., Pittsburgh, Pa. 15222.



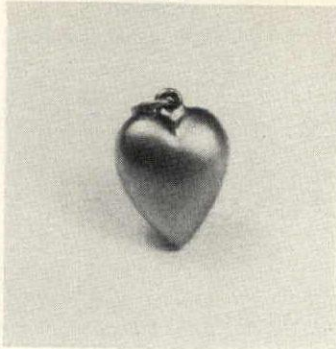
### Lover's bouquets

Any swain worth his lover's kiss says it with flowers on Valentine's Day. Exquisite bouquets of ceramic, hand crafted and painted in Italy. The 5" by 4" box is covered with delicate pastel blossoms. The pyramid of white daisies is 8 1/2" and 4" w. Box, \$15.95; pyramid \$15.95. Ppd. Diana Imports, HG2, Box 337, New Canaan, Conn. 06840.

## Shopping Around

### Have a heart

most impressive charm to dance before a lady's eyes. The simplicity of this dainty puffed heart makes it the perfect addition to any charm bracelet.  $\frac{3}{4}$ " long. Choose it in 14k gold, \$13; or sterling silver, \$3. Ppd. Send for book featuring 7,500 charms, Charm & Treasure, Inc., HG2, 201 Ave. of Americas, New York, N.Y. 10036.



### Towel treat

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### Mini-phone

Mini madness invades the communications field! Mini-phone from Radio Shack folds in half—a complete self-contained unit. World's smallest phone functions interchangeably with any standard instrument. Comes with plug; ready to use. Price only. \$59.95 plus \$1.50 post. See catalogue. Grand Com, Inc., Dept. TC, 1152 Sixth Ave., New York, N.Y. 10036.



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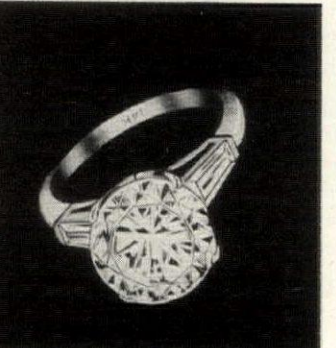
### Secret service

Thermally insulated server keeps ten cups of coffee hot for more than two hours or icy beverages as cold as can be. Made of richly grained material that looks like wood, but is strong and durable as steel. Choose black or avocado. Can be used with coffee filter. Price, \$8.98 plus 50c post. Grass Living, Dept. 421, Berkeley, Calif. 94702.



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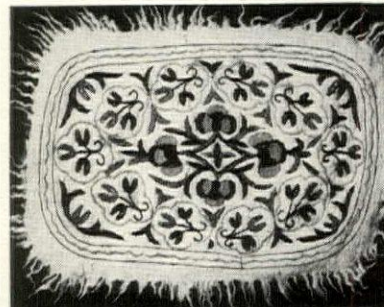
### Money-making idea

Do you want to be a florist, but don't know how to go about it? Send for this free booklet "Opportunities in Floristry." Learn at home how to make all sorts of professional flower arrangements. A credited member, National Home Study Council, National Floral Institute, Dept. B-597, 2251 Barry Ave., Los Angeles, Cal. 90064.



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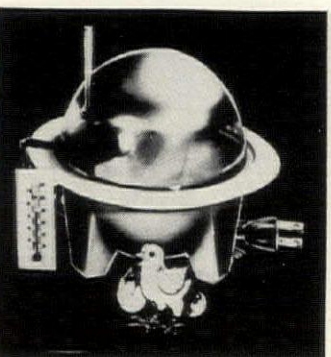
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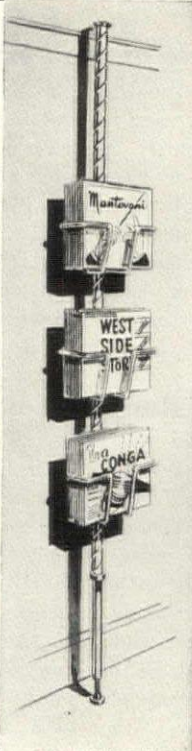


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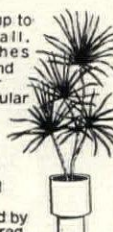
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Your family name, coat-of-arms and motto (if any) hand painted in authentic colors on embossed copper. Mounted on polished mahogany shields. Over 300,000 names: Irish, American, English, German, Italian, Spanish, French, Swiss, Welsh, etc.

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TRIPLE—6 1/4" x 4 1/2"	\$2.50 each
COMBINATION—4 1/2" x 4 1/2"	\$1.50 each
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### Wrought Iron Fernery

Add a decorator's touch with this versatile grape-leaf motif fernery. Your choice of Black, White or Green Antiferrugine to accent any room in your home. Also suitable for patio or garden. 13" high, 10 1/2" diameter. You will want several at this price.

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### Cloud seat

Seat cushion of leather like vinyl inflates to make the perfect restful seat cushion for office, automobile or wheelchair. Cushion supports thighs and prevents side slipping. Great for taking to sporting events, too. Easily deflated for carrying. 16" by 17", \$4.97 ppd. Green zipper cover, \$1.59 ppd. Better Sleep, Inc., HG2, New Providence, N. J. 07974.

### Easter elegance

Here is a project for Easter-time for the kids—or the whole family! Make lovely decorated Easter eggs, then fashion an "Easter Egg Tree" to use year after year. Kit includes materials—flowers, beads, pearls, sequins, ribbon—and instructions to make all 3 styles. Eggs, 3 3/4". \$4.49 plus 20c post. LeeWards, HG2, 840 N. State, Elgin, Ill. 60120.

### Art form

A piece of sculpture adds depth and form to a room's decor, gives a dimension beyond paintings. Aesthetically sculpted by Theodore de Groot of Holland traces any surroundings. Perfectly scaled, lovely from any angle. Antiqued bronze finish Durastone, 19 1/2" h. \$18.95, \$2 post. Wynn's Fine Art Studios, HG2, Lawrence Rd., King's Park, N. Y. 11754.

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Delightful air freshener—decorative Perm-A-Scent wall vases turn stale room odors into sheer ambrosia. Fragrance is released—continuously. With French floral, lily (shown) or ribbed vase. Gift set: any vase with 4 months' supply of trefle or blue spruce fragrance, \$3.95 ppd. Edco Fragrance, HG2, 17-30 166 St., White-stone, N. Y. 11357.

### Life of the party

Personalize your party the next time and make it a real wingding. Smartly styled monogrammed dishes have simple elegance. Beautifully crafted by Wm. A. Rogers in heavy silverplate. 6" diameter. Indicate one initial you want on each plate. Set of four, \$7.95 ppd. Barrington Specialties, HG2, Box 154, Barrington, R. I. 02806.

### Instant turtleneck

Fool your fans! Wear a tricky dickey that looks as if you're sporting a full turtleneck. Great for V-neck sweaters, the new look in dinner wear for men. Perfect with ladies man-tailored shirts. Looks handmade, comes in go-with-everything white. One size fits all, mom, dad, the young'uns. \$1.59 each ppd. Greenland Studios, 199 Greenland Bldg., Miami, Fla. 33147.

## Shopping Around

### Tempura time

Oriental tempura dishes done in this special pan with no-spatter center well. Those who know testify to their succulence. Pan comes with chrome drainer rack, wire strainer ladle, leaflet of recipes and a pair of chopsticks for a real Far Eastern touch. \$1.98 plus 50c post. The Country Gourmet, HG2, 545 S. 4th Ave., Mt. Vernon, N. Y. 10550.



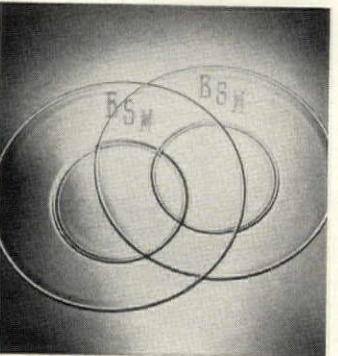
### Minute manicure

For beauty at your fingertips this amazing nail kit wins hands down. Just brush on like nail polish. In minutes you see the glamorous results. Extends beyond natural nails and dries to hard surface. Just cut, file, shape. \$1.98; two kits, \$3.50; three kits, \$5. Ppd. Conover House, Dept. HGN-2, Box 773, Church St. Sta., New York, N. Y. 10008.



### Clearly good taste

Sparkling frame for desserts of the dough or whipped cream variety: clear crystal 8" diameter plates. Further, they bespeak understated good taste with two or three hand-cut initials (specify). Terrific multipurpose plates are for salads or fruit and cheese. Set of 8, \$7.98. "bread & butter" plate, set of 8, \$7.98. Ppd. Wales, Dept. HG29, Hartsdale, N. Y. 10530.



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Prince Albert touch—stickpin jewels, just the kind Queen Victoria's consort wore. Assembled in a stunning, mad Mod bracelet set in golden metal. Colorful gem-like stones include garnet, diamond, coral, amethyst, emerald and pearl in antique settings. Great accessory for pants suits. \$5.50 ppd. Bonnie-Sue Gifts, HG2, Box 253, Seaside, N. Y. 11572.



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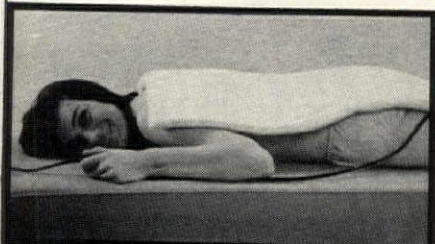


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Add some spice to your kitchen with rich gold labels. Boldly printed in black and handsomely decorated with illustrations taken from an old calligraphy book. Spice labels are self-stick and pressure-sensitive. And there are all different. Each 1" by 1 1/2" long plastic box. \$2 ppd. Via mail, add 30c. Bruce Bolind, HG2, Boulder, Colo. 80302.



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Now get moist heat automatically to help relieve pain

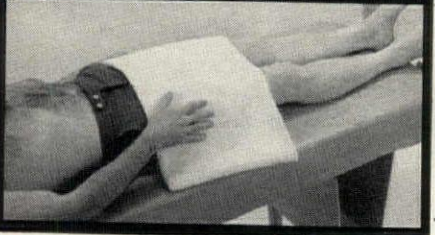
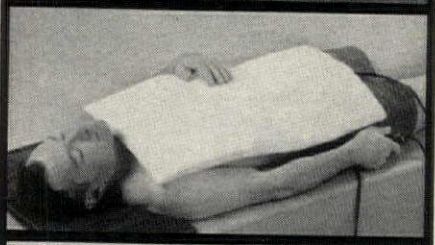
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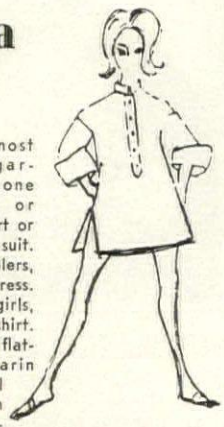
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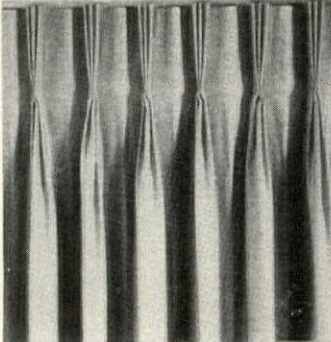
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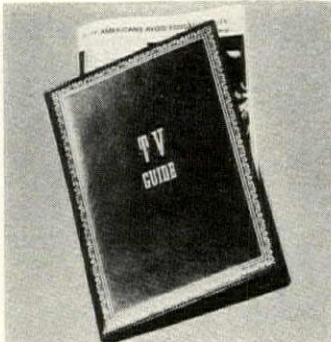
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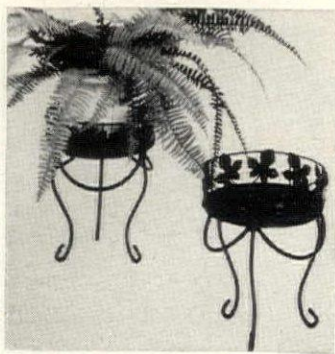


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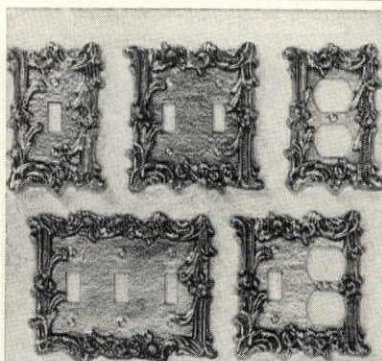
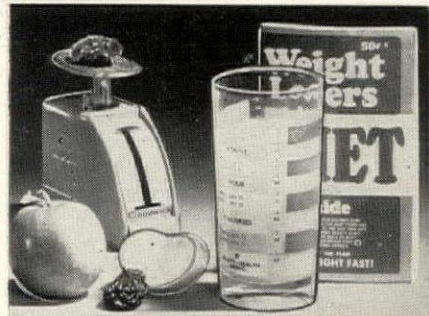
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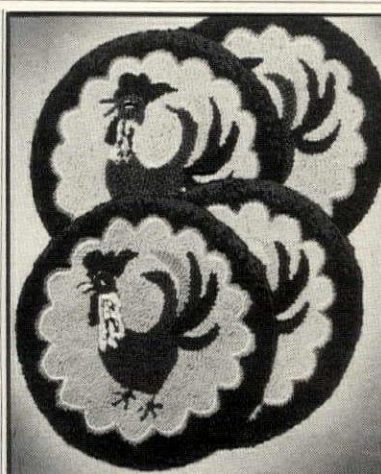


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DOOR KNOB w/spindle & rosette. \$1.95 each  
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Pa. Res. Add 6% Sales Tax. Sorry No COD's  
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Proud rooster struts across nubby cotton-rayon blend pads. Hand-hooked and bound. Neutral background, scalloped border. Color-full Buy four and save!

Brown	Black	Green	Red
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**Helen Gallagher** Write for  
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Please include zip code **FREE** gift catalog

Organize your personal papers at home with office-file efficiency and custom-crafted beauty!



(Above) Modern style, 2 file drawers.

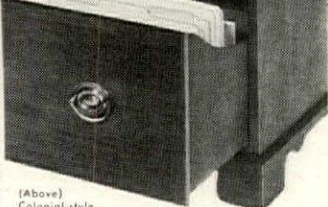
## EXECUTIVE file-drawer table

Hand-made in our own workshop from **ONLY \$36.95** seasoned woods. Holds years of files.

Who'd ever guess that this fine, handsomely crafted end table leads a double life? It looks like an elegant end table but it is also an ingenious aid for the "executive in residence." One file drawer (or two) slides open to receive a full bank of alphabetical files. Deep and long, it can accommodate years of files—correspondence, policies, and other important documents.

Drawers ride on non-stick nylon guides. Dovetailed for flush fit. Mounted with antiqued hardware. Every inch hand-made in our North Carolina workshop, where craftsmanship is traditional and values old-fashioned.

Thousands of executives use it! Why buy an ordinary file cabinet when a double-duty Executive File-Drawer End Table serves you—at no extra expense? Use in your home for 30 days. Satisfaction guaranteed, or return for full purchase price refund. Send check or money order. Shipped promptly, express charges collect.



(Above) Colonial style, 1 file and 2 single drawers.

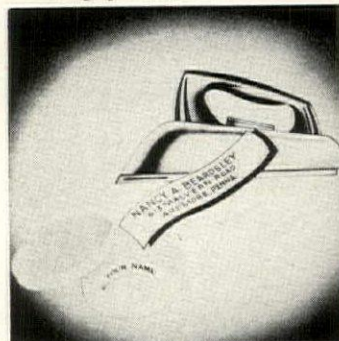
We ship Colonial style unless Modern is specified. All tables available with 2 or 3 drawers.

- Knotty Pine, Unfinished ..... \$36.95
- Knotty Pine, Finished ..... 39.95
- Tupelo wood, Unfinished ..... 42.95
- Tupelo wood, Finished in Maple, Walnut or Mahogany ..... 44.95

**SPECIFY:**  
 #FDT-1 (1 File and 2 Single Drawers)  
 #FDT-2 (2 File Drawers)  
 Letter size: 16 1/2" w. x 22 1/2" d. x 28" h.  
 Legal size: 18 1/2" w. x 22 1/2" d. x 28" h.  
 Add \$4.00 for Legal Size

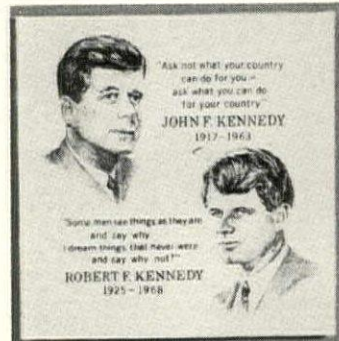
**Jeff Elliot Craftsmen**  
 Dept. G-29, Statesville, N. C. 28677

## Shopping Around



### School's open

It's high time to see that each child's belongings are readily identifiable. To avoid mix-ups and loss, iron-on 2" by 3/8" cloth labels are easily and permanently secured with a touch of an iron. Labels may be sewn. 50 with 1-line name, \$1; 3-lines, \$1.25. Add 25c postage. The Lighthouse, Dept. M-6, Box 4176, Mountain View, California 94040.



### Brothers in words

The two Kennedy brothers are remembered in their unforgettable words which are reproduced on ceramic tile with their picture. The tiles are silk screened in dark blue with gold leaf lettering. Made in Cape Cod near the Kennedy compound. Protective cork backing. \$2.50 ppd. The Country Store, HG2, Centerville, Mass. 02632.

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or sofa to the original comfort and good looks! Simply replace those sagging or broken straps with new clip-on, loop-end or pin-end rubber straps, \$1.25 per strap, ppd.; or with webbing, 50¢ a foot, ppd. Add sales tax on Calif. orders; specify style and slot-to-slot (not old strap) measurements. We also replace zippered covers in fine Danish fabrics or vinyl; and supply genuine latex foam cushions—send 25¢ for fabric swatches, price list.

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### Table service

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### Have tote, can travel

Trip-minded gals on the go think this is the greatest. Naugahyde case 14 1/2" by 11" by 5" has open pocket on side for magazine or paperback. Zippered pocket holds tickets, itinerary. All the rest of one's gear tucks in roomy bag. Black or nutmeg. \$4.98 ea. ppd. Heritage House, HG2, Chadwick, Ford, Pa. 19317.

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Ask for illustrated folder and estimates. Satisfaction guaranteed.

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 3785 B'way, N. Y., N. Y. 10032. Phone: Audubon 6-

## Shopping Around

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Made for each other: Curtains in unbleached muslin and your Empire furniture and antiques. Great draperies for assuring proper alignment with this era. 80" w. per pair. 45" long, 54", 63", 72" \$10 per pair; 81" long, 90" \$12 a pair. Valance 9" long plus 4" knitted fringe \$3. Add 50c per order for handling. Country Curtains, HG2, Stockbridge, Mass. 01262.



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A great idea—a kit for growing mushrooms at home—easy-to-follow instructions for a first harvest in thirty days. The kids can grow mushrooms for your next gourmet dinner party! A good gift for a scientific whiz-kid. Kit includes pre-planted spawn, soil to cover, instructions. Box 10" by 14", \$3.98 plus 89c post. H. S. Cooper, HG2, 140 Rugby St., Philadelphia, Pa. 19150.



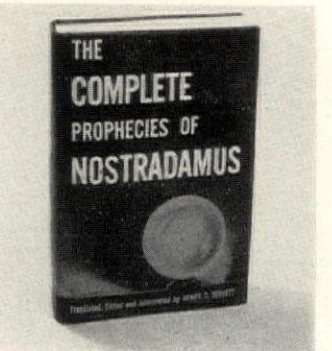
### Wish 'em Shesham?

What may be the wrong kind of Indian, but this handsome hang-up is the right kind of shelf! Intricately hand-carved Sheeshamwood forms an interesting background for your art objects. Made in India, it's 12" high by 8" wide. \$4.99 plus 89c post. H. S. Cooper, HG2, 140 Rugby St., Philadelphia, Pa. 19150.



### prophet awaits you

What does Nostradamus have in store for us up to 3797 A.D.? Read Henry C. Roberts' interpretation of this noted genius' prophecies and find out. In the 16th Century he actually predicted atomic warfare and war with Russia! "The Complete Prophecies of Nostradamus" costs \$5.95 plus 25c post. Embassy, HG12, Box 67, East Elm Street, N. Y. 11369.



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Vibrant color stands out against white hobnail background. Strong viscose tufting. Durable cotton sheeting. Machine wash and dry. Blue, Green, Yellow. Specify  
— Twin Bedsread \$10.99  
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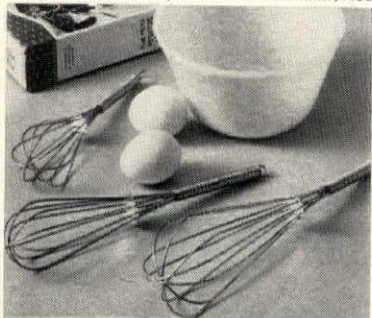
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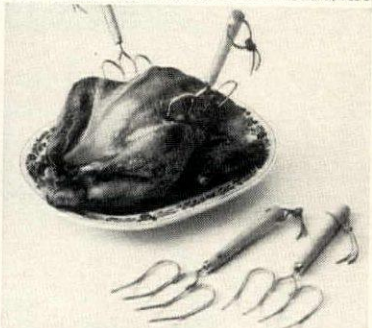
Dept. 2G6,  
545 S. 4th Ave.,  
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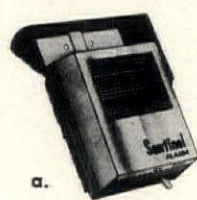
8152 Chinese WOK ..... \$1.98



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Are meat and poultry lifters. These clever forks lift and turn meat with ease. Specially constructed to hold securely, to allow juices to drain back. 12" heavy duty forks with cool solid wood handles, leather thonged for hanging. Use indoor and out.

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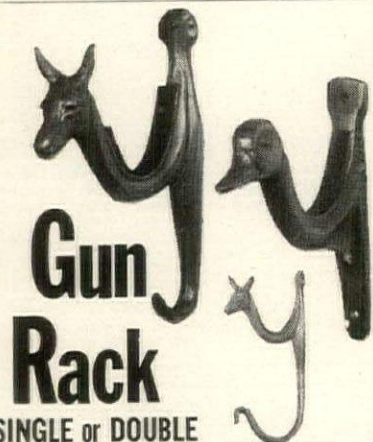


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Spray your hanging crystal chandelier with Crystal Clean for easy drip-dry brilliance. No need to remove the prisms, no wiping or polishing for lint-free luster. Poly bottle, complete with spray atomizer: 8-ozs. \$1.95; 16-ozs. \$3.75. Add 55c postage.

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This handsome rack for Dad's guns is now available in double (small illus.) or single (top illus.) Mom uses them in the bathroom for guest towels and they make the best looking hat rack you ever saw. Single are 6 1/2" x 4 1/2", double 9 1/2" H. Packed one pair in a gift box, Swedish iron finish. Specially Deer or Duck design. Single or Double. **\$5.95**

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### Shopping Around



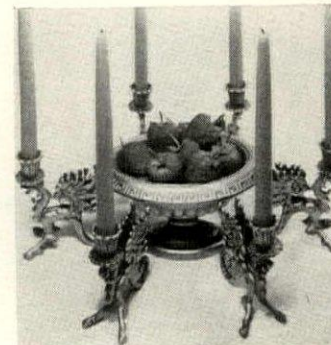
### Savings time

Uncle Sam exhorts all to save with this red, white and blue ceramic coin bank. It holds all sizes of United States coins from the half dollar down to the penny. He is made of ceramic and when he is completely filled yields quite a tidy sum. \$1.95 ppd. Add 35c postage of Miss. J. Jill, Ltd., HG2, Green Barrington, Mass. 02130.



### Here's "Judy"

She's footloose and fancy free. Comfortable sandal with wadded thin cushion platform on fashionable 1 3/4" heel. Choose blue, royal ombre, bone to brown, or black, white or brown kid leather. 2 1/2 to 12, widths AAAA to EEE. \$21.95. 2 1/2 to 10, \$19.95. 10 1/2 to 12, \$20.95. Add 50c post. Solly Bayes, HG2, 45 Winter St., Boston, Mass. 02108.



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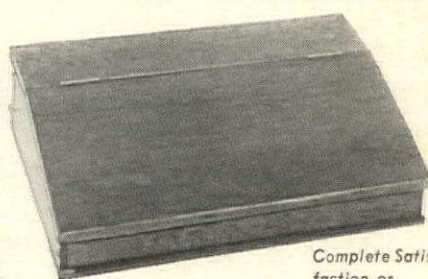


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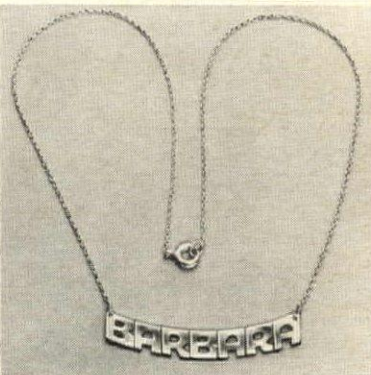
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Tub Tape. \$1.98  
Mailing 25c

**JIFFY CAR PARKER**



Ends guesswork. Trayed nerves and scraped fenders. Makes parking easy—even in the tightest spots. Park perfectly the first time—every time! Used by many driving schools.

Car Parker . . . \$1.49  
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**INSTANT WRIST CALENDAR**

Now have each day of month at "finger tips." 12 monthly metal clips attach to watch band. Champagne finish will match any watch. Set starts with month after order.



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Mailing 15c

Calif. residents add 5% sales tax.

**Anthony Enterprises**

Dept. HG-29  
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**Clothes Hamper Table**



FINISHED OR UNFINISHED

It's hard to believe this beautiful cabinet is also a practical clothes hamper. Sorts laundry for you—top drawer holds lingerie and other hand washing; big tilt-front bin holds family wash. Both have no-sag wood slatted interiors for proper venting. Both instantly removable for easy emptying. Doubles as lovely bath table too—top holds toiletries and such—drawer holds soaps, etc. Of knotty pine in honey tone or maple, antique pine or walnut finish. Handsomely inlaid front, brass knobs. 30" H., 22" W., 11 1/2" D. \$29.95. Unfinished \$26.95. Both Exp. Chgs. Col. BEAUTIFUL NEW FREE CATALOG—1000 PCS. Finished and Kit Furniture in Friendly Pine.

Include Zip No. Not Sold in Stores Money Back Guarantee



**A TISKET, A TASKET, INITIALS ON YOUR BASKET**

Take a shapely straw carryall, add your monogram in needpoint, tie on a pretty ribbon and bow, and you're ready for any occasion. Complete kit includes handsome Madeira basket, tapestry yarn, chart and canvas for monogram, easy instructions, and your choice of a rose, gold, brown, blue, black, red, or green velvet ribbon. Basket Kit (shown) 12" x 8" x 6 1/2" high \$3.95  
Basket Kit with Straw Lid . . . \$4.95

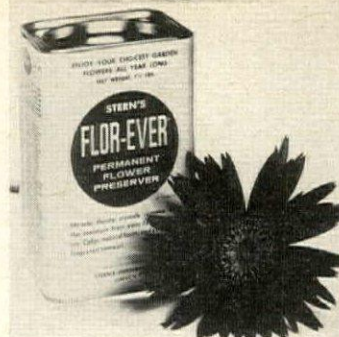
PLUS 50c POSTAGE EACH ITEM

Pa. Res. Add 6% Sales Tax. Sorry No COD's

**VICTORIA GIFTS**

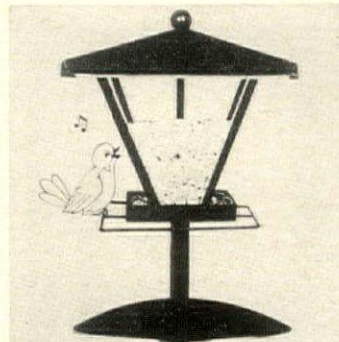
12-H Water St., Bryn Mawr, Pa. 19010

**Shopping Around**



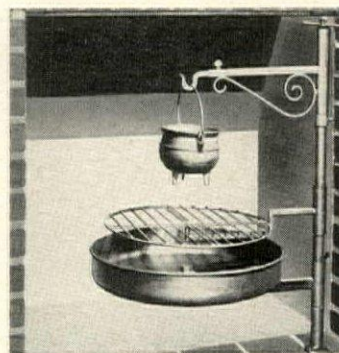
**Flowers forever**

Fast absorbing crystals, called "Flor-Ever" preserve cut flowers without shrinking and shriveling. Each petal, stamen, pistil and sepal are kept in their form when cut. Thirsty crystals remove moisture. 1 1/2 lbs., \$3.75; 3 lbs., \$7.6 lbs., \$13; 12 lbs., \$25 plus 10% post. or 70c on orders under \$5. Stern's Nurseries, Inc., Dept. D Geneva, N. Y. 14456.



**Lamp post feeder**

Here's one bird feeder you won't have to load every day. It holds full 10-lbs. of seed. Attracts a type birds. Steel with a wrought iron finish. Roof: 13 1/2" sq., overall ht.: 84". Food container has four clear panels. Special tray prevents loss of grain. With baffle and pole \$13.98 plus \$1.25 post. Job Brooks, Dept. HG2, 1620 Woodson Road, St. Louis, Mo. 63111



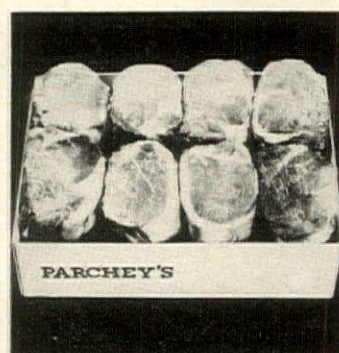
**Fireplace fare**

Barbecue cookery equipment attaches to fireplace without drilling. Crane, 18" dia. firebowl, and grill remove. \$27.50. With 1-qt. pot on bracket, \$37.50; 3-qt. pot, \$39.50. Add \$10 ea. for 24" bowl. Crane only, \$12.50. 2-qt. pot, \$6.50; 3-qt. \$8.50 (with lid, \$9.50). Pp. Malone's Metalcraft, HG2, 1018 8 Ave., So., Nashville, Tenn. 38200.



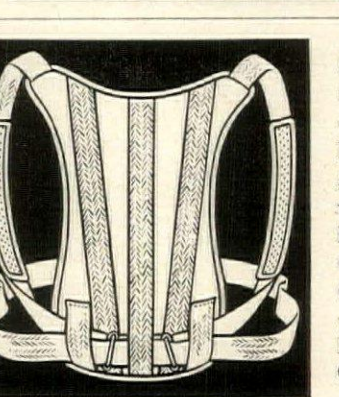
**Private entrance**

Two-way door is designed for a pet to come and go when he wants to and in perfect safety. Made of high impact styrene in white, has a magnetic closure, nylon security locks to protect against insects and weather. 11" by 13" opening. Two-way door comes in complete kit. \$16.95 ppd. Plaza Enterprises, HG2, Box 6152, Leawood, Kans. 66206.



**Steaks supreme**

Succulent prime beef filet mignon or boneless strip steaks—a fabulous feast! Each superior slice more than 1" thick; all packed in dry ice and sped on its way for assured freshness. Personalize card with gift orders. Sixteen 6-oz. filet mignons or eight 12-oz. prime boneless strip steaks, \$35 ppd. Parthey's Steaks, 20 & K Street N.W. Washington, D. C. 20006.



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—Amazing new Pi Peer® Shoulder Brace (patented) corrects posture instantly, comforts. Provides even, distributed support for ailing shoulders. No fitting. Made of tilted-for-comfort 3-ply material. Bands softly padded. Lightweight. Can't be detected under light clothes. Give measurement around chest. For women, \$5.95 + 35c postage. Piper Br Dept. HNG-29H, 811 Wyandotte, Kansas City, Mo. 64105.

As Seen In HOUSE & GARDENS New feature Column

**PLEASE TELL ME...**

Do you know where I can buy discontinued silver patterns?

I recently inherited some silver and wonder if I might add to the set. I would also like to have some bent forks and spoons straightened. I do not know the name of my pattern.

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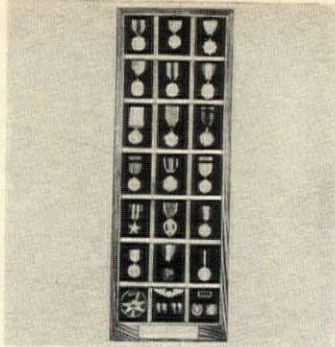
\*Style #302 JACKET (illustrated) tailored to right length, \$33.95. Others from \$22.95.

**GALAXY FUR CO.** Dept. 54-B  
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## Shopping Around

### Dramatic display

Display his ribbons, medals in this handsome walnut or maple case with black or colored velvet background, glass front. 12" by 26" for 5-30 medals, \$22.95. 12" by 32" for 10-60, \$27.95. Ppd. Name, etc., engraved 5c a letter; Army, Navy, USAF, USMC, AAU insignia engraved, \$2; 2 for \$3. Award Maker, HG2, 12495 N.E. 8th Ave., N. Miami, Fla. 33161.



### Middle East classic

Copper and brass pitcher is a stunning example of Middle East design. It stands 9" tall and the hinged top is hinged so it's great for syrup on the breakfast table. Stylized incised decoration. Excellent for ice water by a guest bed. Makes an excellent gift. \$4.75 plus 50c shipping. Mace, HG2, 1 Horsehoe Rd., Rising Sun, Md. 21911.



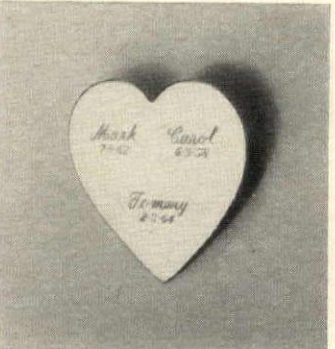
### Corner charmer

A distinctive addition to den, office or any room. Queen Anne corner chair of wormy maple with distressed antique finish. Four legs handsomely carved; two back plates. 28" w. by 26" d. by 32" h. Our fabric or custom covered in your material. Send one yd. \$89.95 exp. chgs. coll. Catalogue, 25c. Ephraim Marsh, Dept. 638, Box 66, Concord, N. C. 28025.



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One Photo (color or B&W) enclosed in clear plastic.



## Make this your garden year-round

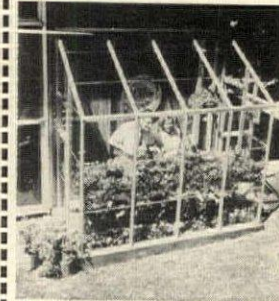
Garden hobbyists who own an L&B greenhouse say nothing matches the pleasure, creative leisure, and family fun that a garden yields when it blooms all year under glass. And no wonder, for you can hasten Springtime with a headstart on azaleas and tulips... brighten Winter days with carnations, mums, snaps and rare tropical plants. You can lengthen Summertime far into Autumn with bromeliads, calendula and geraniums.

Orchids, African violets, lilies... more than 200 different plants... flourish year-round because you control the weather.

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## Bean's Free Spring Catalog

Ready February 15



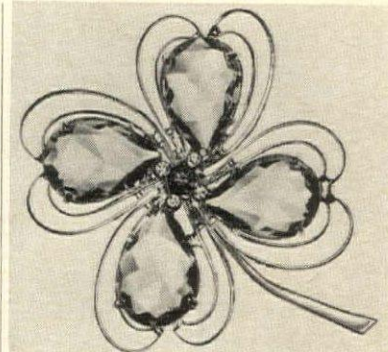
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## L. L. Bean, Inc.

246 Main St., Freeport, Maine 04032

Fishing, Camping and Hunting Specialties



## Blarney Jewelry

Colorful rhinestone shamrocks are all a-twinkle with mock emeralds nestled in graceful golden heart rings. Designed to please an Irish or non-Irish heart—pretty to wear all year 'round! 2 1/2" Pin has safety clasp. Matching Earrings are clip style.

5662 Blarney Pin .....ppd, \$5.00  
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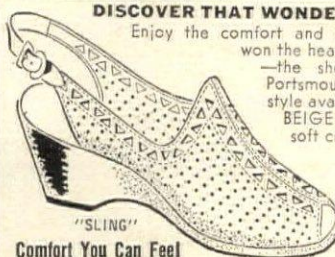
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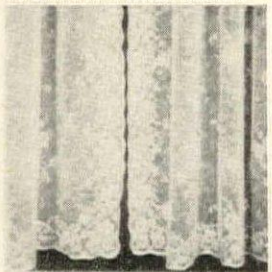
CATALOG 45c showing bed-spread ensembles, tablecloths, French, Italian, Swiss and American curtains

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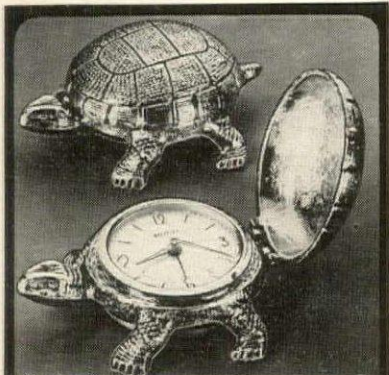


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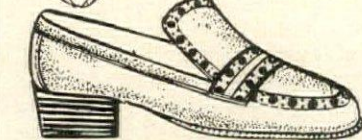
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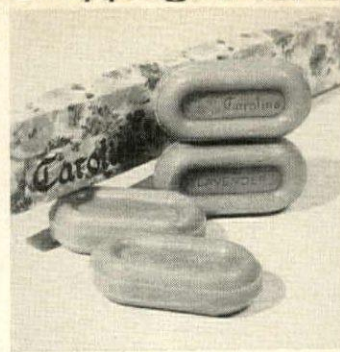
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## Shopping Around



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## Swedish high style

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## Creative cookery

Wooden spice rack in an old New England finish to add charm and flavor to your kitchen. Moisture proof jars with shaker tops filled with distinctive seasonings make the amateur cook a gourmet! Rack with 28 spices, \$32. Smaller rack with 12 spices, \$15. Ppd. Better Products Co., HG2, P. O. Box 27 Clifton Heights, Pennsylvania 19018.



## Medal for medallion

Take the medallion-shaped pillow with you next time you hop in the tub. And start adjusting to luxury. Bathe away worries as you relax this tranquil way. Cushions your head and shoulders in utmost comfort, sitting up or immersed. Four suction cups hold pillow firmly. Rose design. \$4.49 ppd. Better Sleep, HG2, New Providence, N. J. 07974.

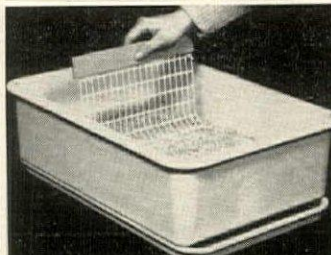


## Play with history

Double-deck set of cards unfolds a picture history of America. Each suit honors a nation influential in our country's development. Each deck has 52 different portraits. The Nina, Pinta and Santa Maria are on the backs. Cards are plastic coated and gift boxed. One set, \$5; two sets, \$9.85. Ppd. Downs, HG2 Evanston, Ill. 60204.

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RARELY NEEDS CHANGING



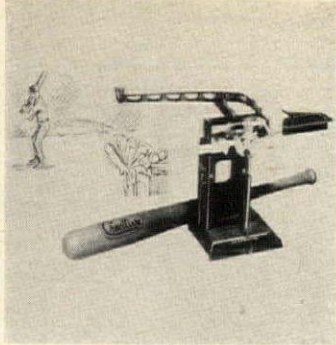
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## Shopping Around

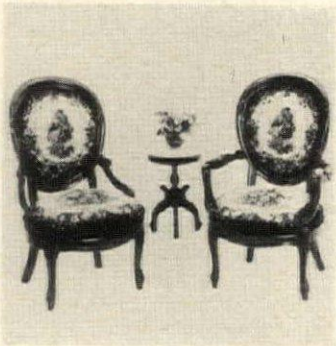
### Next batter up!

great pitcher every time. Probe battery-operated machine pitches balls automatically just like in the big leagues. Distance and height adjustment. Ten polystyrene balls, specially constructed hollow, safe indoors, don't lose their shape. Red and blue 10" h.; 1 1/2" dia. ball. \$9.98 plus 35c post. A Man's World, HG2, 1000 Success, N. Y. 11040.



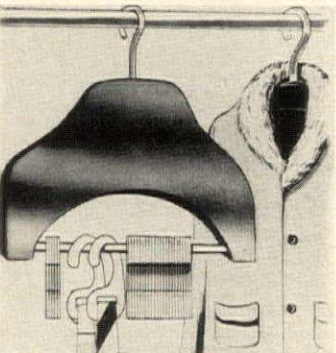
### Matched pair

You'd be proud to have this two-piece set in our home. Solid mahogany, two copies of prized antiques, with redlepoint covers from Holland. Painted pastels with black background. Man's, 25" w. by 28" d. by 36 1/2" h. \$139.95. Lady's, 23 1/2" w. by 29 1/2" d. by 36 1/4" h. \$129.95. Includes chgs. coll. Victorian furniture, \$1. Magnolia Hall, HG2, 726 Peachtree, Atlanta, Ga. 30327.



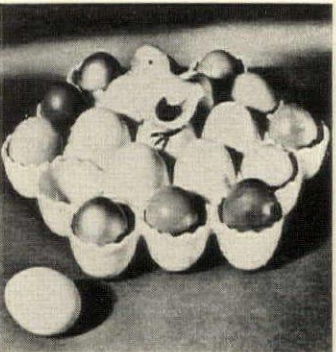
### Hang 'em up

Things stay neat. Ready to select with ease. Wonderful wooden hanger with 35 individual plastic hangers keep the master's ties in perfect condition. They stay wrinkle-free regardless of the time they have been hanging. Tie that for efficiency! Order one for Dad, another for Jr. at a mere \$1.98 ea. Gracious Living, Dept. 419, 1000 Kealey, R. I. 02864.



### Eggs are hatching

"Chicken Little" proudly guards 12 egg-shell cups. And well might. They look mighty festive with colorfully dyed eggs or Easter confections nestled inside. This white glazed ceramic all round. Especially for serving boiled eggs to a Sunday brunch crowd. 10" dia. \$3.49 plus 35c post. Helen Gallagher, Dept. 102-69385, Peoria, Ill. 61601.



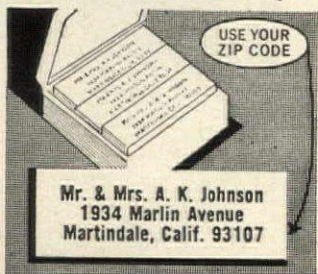
### Timer trio

A timely idea! Unique three-way timer lets you keep track of three separate activities at once—load the washer, bake a cake, give yourself a facial. Timer rings three different times telling you when each is done. White plastic case, 3 1/2" x 4 1/2". \$4.95 plus 35c post. Postmatic, Dept. HG29, Lafayette Hill, Pa. 19340.



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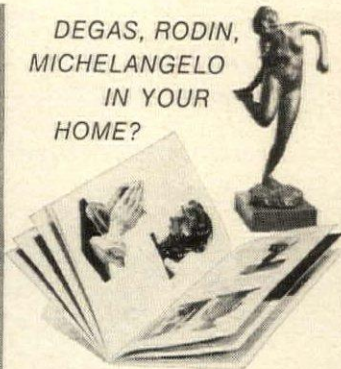
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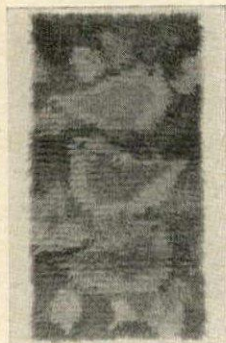
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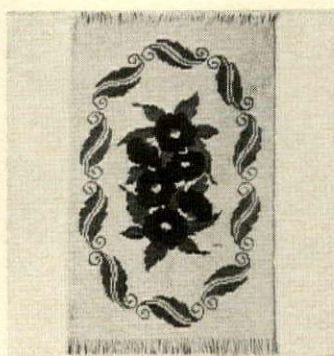
## NEEDLEPOINT PURSE KITS

Complete kit for elegant clutch purse with original hand-painted design and monogram. Includes imported white canvas, gay Persian yarn, needle, instructions and ready-to-insert zippered lining. No additional finishing costs. Great gifts—as kits or finished. Daisies on white or dark green; ladybugs on white, gold or natural; pastel bouquet on pale blue, pink or green. Specify design and color. \$14.00 each, ppd.

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A relaxing hobby with fringe benefits! Stitch a charming needlepoint accent rug at little cost. You get rug canvas, rug yarn (75% cotton, 25% rayon), tapestry needle, easy instructions, fringe. 24" by 40". Red flowers on beige with green leaves and border in blue and brown on beige. \$9.95 plus 75c post. Classic Corner, 100 Water St., Bryn Mawr, Pa. 19001



### Wrap 'em colorwise

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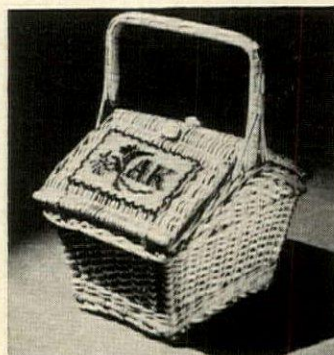
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### Tell-tale tote

It's no secret who owns this jaunty personalized Madeira bag! Kit includes 10" by 7" by 7" basket, canvas, chart, bright-colored tapes, wool, needle, cement and clear instructions to needlepoint two-letter monogram plus lovely daisy, poppy or cornflower design. \$4.95 plus 50c post. Victoria Gifts, 100 Water St., Bryn Mawr, Pa. 19001

## Shopping Around

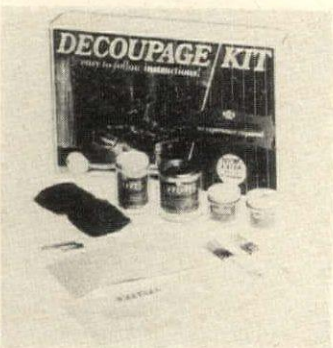
### Swivel ring set

Good news for découpage fans. We've found those hard-to-find rings to hang the découpage plaques you've been doing yourself. Hobbyist kit includes four 1", ten 3/4", five 1/2" rings, all in a reusable poly bag. Bonus is a graphically illustrated découpage brochure. \$1.98 ppd. Flair-Craft, Inc., P. O. Drawer 4607-A, Tulsa, Okla. 74104.



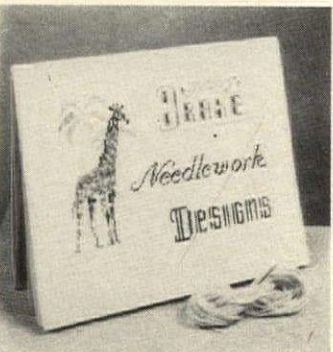
### Do it with découpage

A fun activity for chilly February evenings and many on into spring. Kit includes illustrated instruction book, jar of fast dry finish, two decorative pieces that can be completed in a single evening. Also other ingredients for art of découpage. \$6.95 plus 75c post. Taylor Gifts, HG2, 211 Conestoga Rd., Wayne, Pa. 19087.



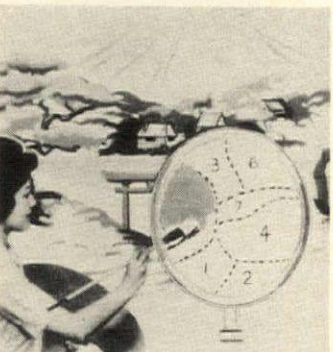
### Art of monogramming

Morris Drake has a lifetime of experience in needlework which she brings to you in her classic "Needlework Designs." From centuries-old French and English patterns to present-day monogramming. Plus 5 complete alphabets, decorative motifs, numerals and instructions. \$4.50 plus 25c post. Merri Makers, HG2, 502 S. Broad St., Thomasville, Ga. 31792.



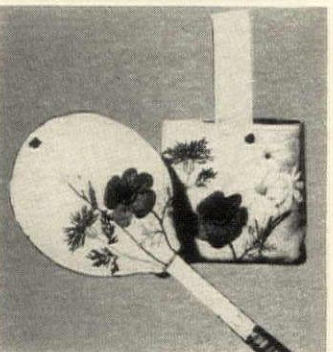
### Paint by numbers

Take brush in hand and as long as you can count, you can be an artist. Paint your wall in 3 to 5 hours. Do it up Modern, Oriental, or Provincial and save a mint! Pro charge to \$350. The complete "Paint Your Own Mural" kit is only \$12.95 up. And the results are terrific! "How To" details included. Catalogue, 10c. Mural Arts, GP2, Newport, Cal. 92660.



### Quilts and tote

Quilt embroidery kits ready to stitch up for summer activities. Jacket cover is to crewel embroider in red, blues and greens with white on natural. Tote is also on natural with poppies to work in red, blue and green and red cotton asque lining. \$6.50 each plus 50c post. Complete instructions, findings. The Stitchery, HG2, Wellesley, Mass. 02181.



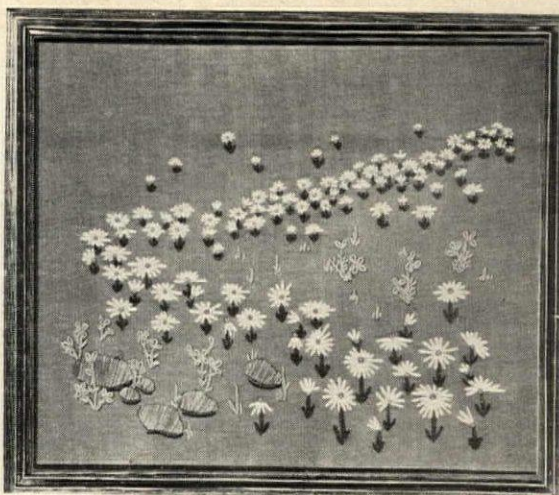
### Lower pictures

Creative stitchery in posy pictures. Exquisite floral designed kit includes homespun material, gay-colored wool, floss, needle, simple directions, 12" by 15" white mold frame. Daisy on blue, Queen Anne's lace on gold, black-eyed Susan on olive. Each \$2.95 plus 50c post. The Added Touch, HG2, 211 Water Street, Bryn Mawr, Pa. 19010.



### FRESH MEADOWS

Just a few simple stitches complete this delightful picture of a field of daisies. Kit includes design on 20" x 24" avocado green linen; crewel yarns in yellow, green, blue, white and gray; easy-to-follow instructions. Only \$3.95 plus 40c shipping charges. Send additional \$7.95 plus 70c pstg. for beautiful, 16" x 20" gold-lip, fruitwood finish frame.



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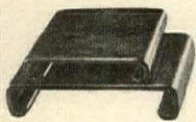
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### Shopping Around



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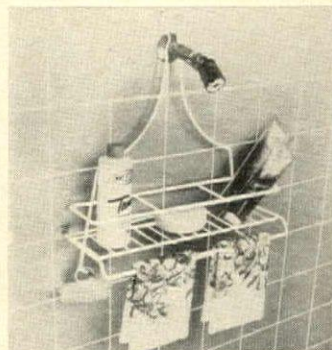
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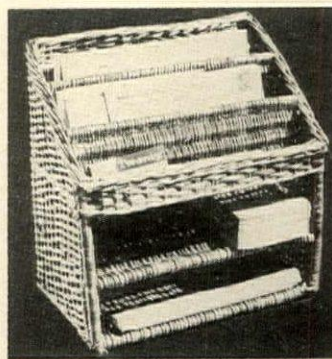
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### Willow organizer

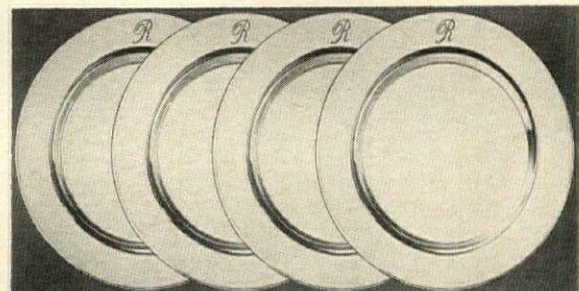
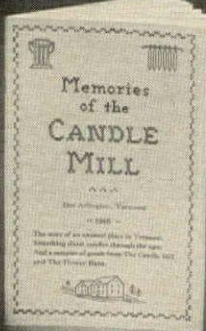
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## Shopping Around

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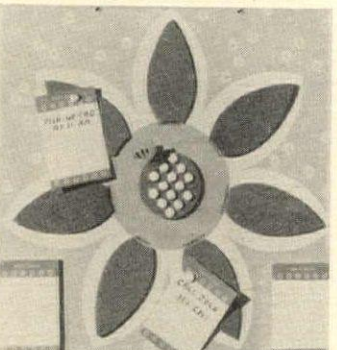
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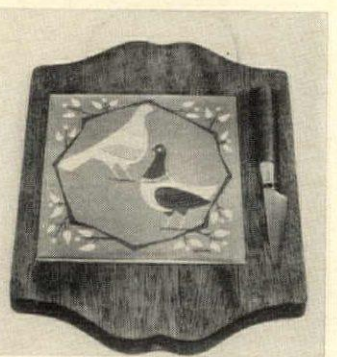
### The daisy tells

When Jack is due at the dentist and Jill's school play is scheduled, jot down the vital statistics. Daisy pin-up takes a full week. Petals work—one for each day; center with thumb tacks is cork, too. 4½" sq. with reminder pad and pencil as well. Bright yellow. \$4.98 plus 65c post. Harriet Carter Gifts, HG2, Plymouth Meeting, Pa. 19462.



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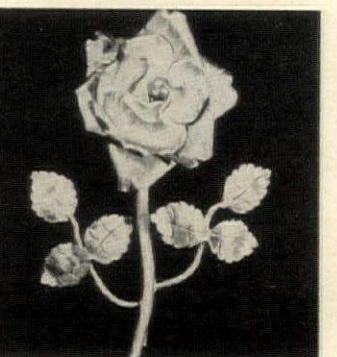
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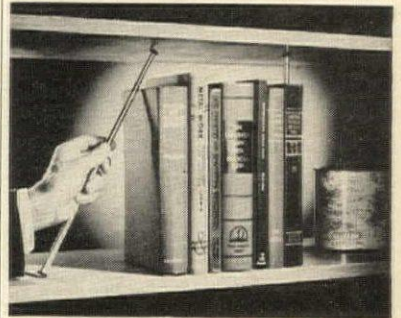
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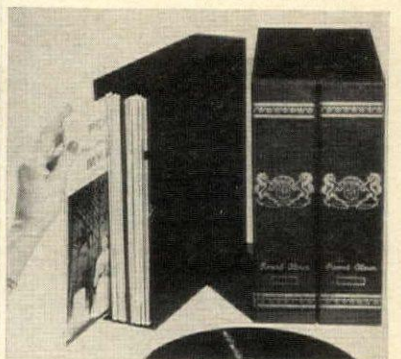
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## WEED NO MORE MY LADY!

By Mike Senkiw



My mortal enemies are weeds, and it pained me year after year to watch my neighbors weed their lawns. Using a little forked tool, they wrestled with one weed at a time. Imagine! One weed at a time!

Later, chemical weed killers came along, and they worked better than a fork. But they could also damage trees, roses and shrubbery—carried by even a slight breeze. One summer our neighborhood looked like "scorched earth warfare" was going on!

But there's only one answer to this problem: a thick, deep-rooted lawn. Established Zoysia chokes out crabgrass and weeds all summer long, year after year.

A Zoysia lawn stays green in blistering heat, when other grass burns out, cuts mowing by 50%... won't winter-kill to 30° below 0 but merely goes off its green color after heavy frosts and regains fresh new beauty every Spring—a true perennial! Every plug is guaranteed to grow in any soil in your area.

**For Free interesting lawn facts incl. Pre-Season Bonus Offer, mail coupon. No obligation.**

To: Dept. 306, Zoysia Farms  
6414 Reisterstown Rd., Baltimore, Md. 21215

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ADDRESS.....  
CITY & STATE..... ZIP.....

## Shopping Around



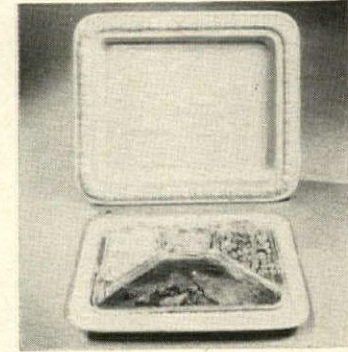
### Enchained cameo

Italian carnelian cameo hand-set in a gold-plated chain mount is adjustable for any size finger. Each carved face is different, but all depict a Roman goddess in all her elegance. A real treasure to mark St. Valentine's Day at just \$5.95 plus 25c post. Vicki Wayne, 610-HGC, S. Country Club Rd., Tucson, Ariz. 85716.



### Fun flowers

Let yourself go with rickie stickers! Bring a closet to bloom, spruce up a shelf, pretty a place mat or add interest to a picture frame with flower power. Orange/pink, green/blue or yellow/green 4" to 8" dia., three of each size in package of nine. \$2 ppd. Order a pack for your teenagers and watch the fun! Humphrey's, HG2, Box 7274, Long Beach, Cal. 90807.



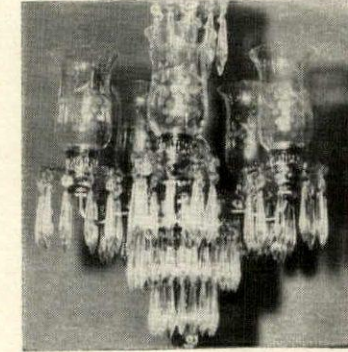
### Television tray

Fancy ceramic dinner plate is sized right for TV dinners and pot pies, and eminently acceptable on the kitchen table, too. Sizes are round for pot pies, standard and large for 5-course TV dinners; all in yellow or Spanish avocado. Each \$2.95; each additional \$1.95 if included in the same order. Ppd. Old Craftsman, HG2, Box 197, Glencoe, Ill. 60022.



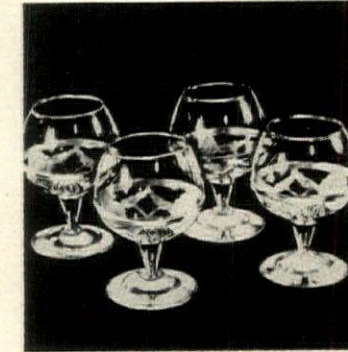
### Double delight

Mushroom stool provides beautiful extra seating or table-top convenience. Hand-woven of natural rattan over sturdy bamboo frame for year-round decorative delight. Light and lovely for toting yet sturdy. 16 1/2" h., 19" dia. \$13.95 plus \$1.35 post. Catalogue, 25c. Fran's Basket House, HG2, Rockaway, N. J. 07866.



### Prismed elegance

Crowning touch for a gracious drawing room or a sophisticated salon is a chandelier of metal and crystal. The five curved metal arms are solid brass and come in brass or silver finish. The myriad crystal prisms are imported. 24" l. 17" w. Specify close ceiling or chain. \$89.50 ppd. Catalogue, 25c. King's Chandelier Co., HG2, Eden, N. C. 27288.



### Nifty snifters

Sterling silver lavishly decorates elegant brandy snifters and provides a stunning base. A bit of mid-17th century Spain for American table. Perfect for liqueurs or wines, the small snifters are decorated and hand-tooled by Spanish craftsmen. Set of four, \$19.95 plus 85c post. Park Galleries, 19 Greenland Bldg., Miami, Fla. 33147.

## Shopping Around

### Flapper fare

If his tastes run to raccoon coats, the Charleston and Stutz Bearcat, delight his Roaring Twenties taste with two 13-oz. glass tankards with napkins. All done up with signs from the times of 23 Skiddoo. Choose amber or green. Set, \$4.35 ppd. Woodmere Mills, HG2, 336 Putnam Ave., Box 4025, Hamden, Conn. 06514.



### For better memory

Educators produced a home-study course that improves memory far better than the string around a finger. Phonograph records and practice books triple your memory power for names, faces, facts—assures business success. Complete course, \$14.95 ppd. Nel-King Products, Dept. HNG-29M, 811 Wyandotte, Kansas City, Mo. 64105.



### Decorative history

Colorful art prints form a gallery of 350 years of American history ready to be framed for hanging. Each print is 11" by 14". Highlights include the ship Mayflower, pioneers of invention, Washington's inauguration, astronaut walking in space. 24 prints and decorating booklet \$1.95 plus 25c post. World Art Group, HG2, 606 Post Rd., Westport, Conn. 06880.



### Busy bees

Bring what clinging swingers! Long tailed, bees stay close to rim of a cocktail glass, hold olives or cherries. Or "Busy Bee" bar flies serve canapes, tidbits and hors d'oeuvres. Matched set of six 14k gold-plated party partners for \$3.95 plus 35c postage. The Mail Box, HG2, Box 655, Westbury, N. Y. 11590.



### Magazine move

A magazine rack provides plenty of on-the-wall magazine storage—a smart move away from coffee table clutter. Hand-rubbed finish and early American styling are the beauty points matching its ample 2 1/2" width and 15 3/4" length. Rack stands on its own, too. \$11.95 ppd. Art Guild, HG2, Box 6462, Minneapolis, Minn. 55423.



### Pretty pair

Accessories dress up the vanity corner for a beauty spot that's as pretty as the lady looking in the mirror! Natural wicker shapes up to become a tissue box and waste basket, each tied up with a pink, blue or moss green ribbon (specify). Tissue box, \$2.98; basket, \$3.98. Set, \$5.98. 50c post. Lillian Vernon, HG2, 560 S. Third Ave., Mt. Vernon, N. Y. 10550.



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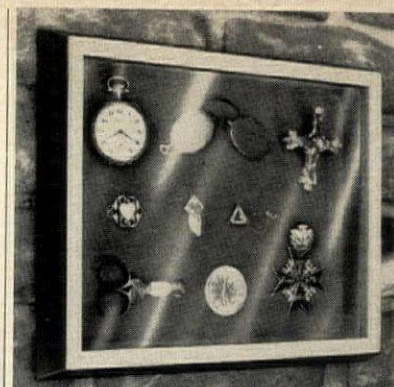
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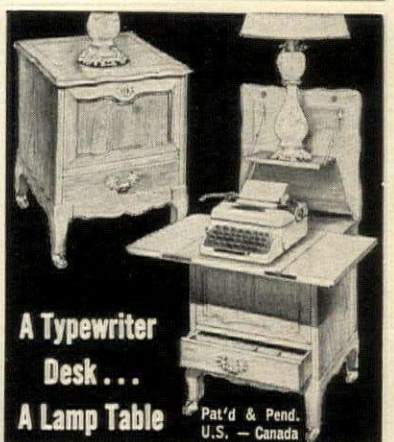
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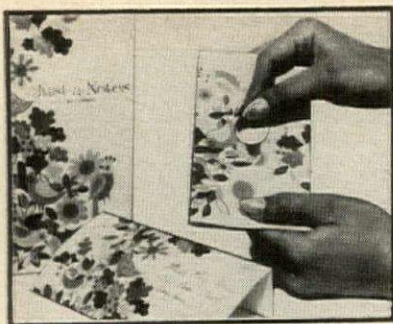
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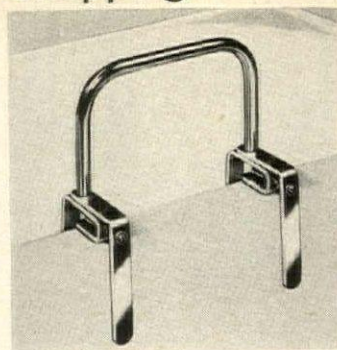
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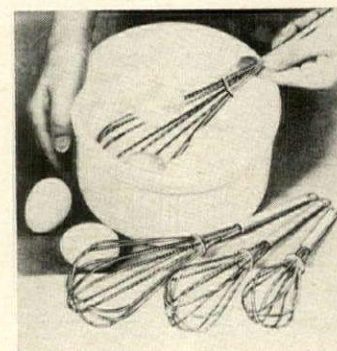
### Dangerous when wet

Stepping in and out of a slippery tub is a nerve-tingling balancing act without a security rail to give a helping handhold. Chrome finish, rubber-protected contact points. Fits all modern tubs. Also available for old style leg models with rounded rims. 8" h., 11" w. \$8.98 plus \$1.60 post. Anthony Enterprises, HG2, 585 Market St. San Francisco, Calif. 94105.



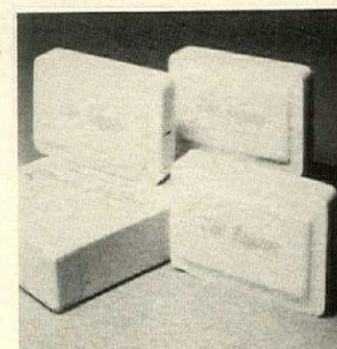
### Take a tote

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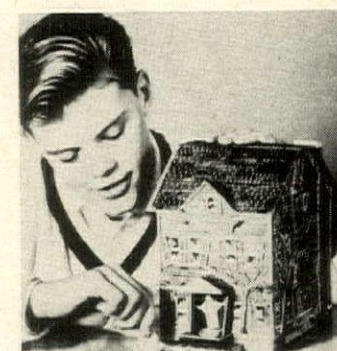
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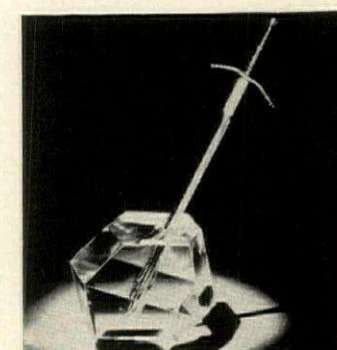
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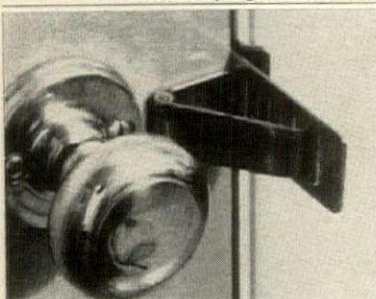
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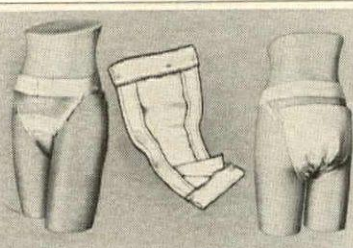
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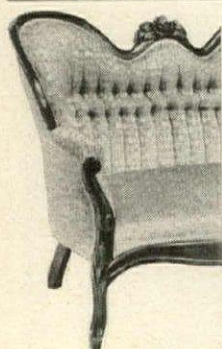
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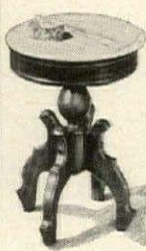
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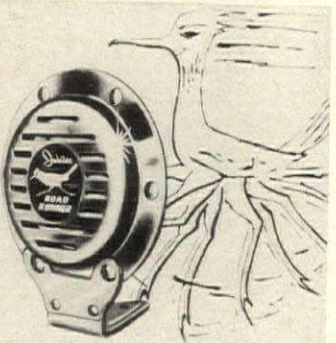
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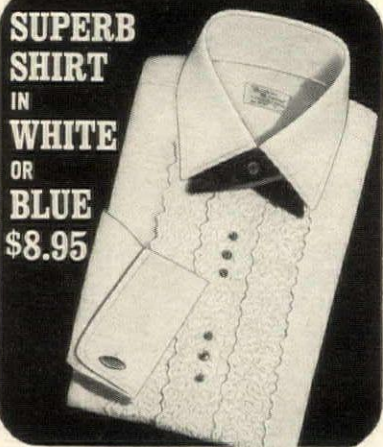
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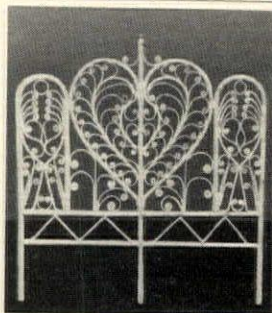
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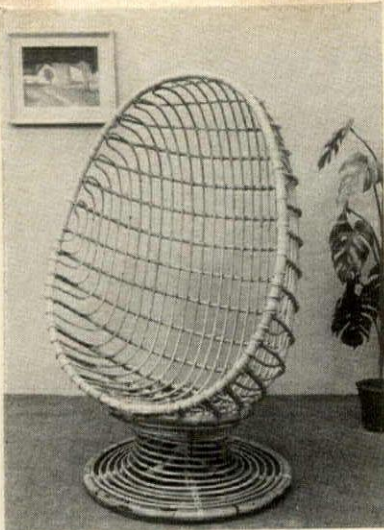
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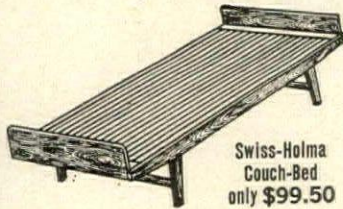


MASTERPIECE IN BAMBOO FROM ITALY, a very large Egg shaped chair on a pedestal. Corduroy pouf cushion (not shown) included in gold, lime or black. Size of chair: 5 feet high! Seat is 36 inches wide. **\$75.00** (Express Charges Collect)

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### Open door policy

Resolved: to open doors the elegant way, with French door knobs in lavish antique gold plate. Exquisite reproductions with 8" l. back plates that mount easily with brass screws. Spindles incl. Knobs in curved, round, oval or filigree styles (specify). Each, \$2.98; two, \$4.98 plus 25c post. Lillian Vernon, HG2, 560 So. Third Ave., Mt. Vernon, N. Y. 10550.



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Fascinating new 2-color, 36-page catalog shows more than 100 handpainted, genuine Delft tiles, plates, vases, clocks, personalized birth and wedding plaques, made and handpainted today by craftsmen in Holland just as their ancestors did in the 17th century. When an order is placed for one of these Delft items through Marion Johnson, it is shipped direct from Holland. Send for "Heirloom Delft" catalog, 25¢, Marion Johnson, Box 8-D, Coral Gables, Fla. 33134.

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### The bib set

Traditional Bentwood crafted of beech by Spanish craftsmen. Beguiling curves seat the toddler in Victorian elegance with today's comfort. Picture's complete with a hand-caned reed back and seat, rich walnut tone finish. Tray lifts up. 39" h., 18" w., 22" d. \$29.95 exp. coll. Jenifer House, G-29, Great Barrington, Mass. 01230.

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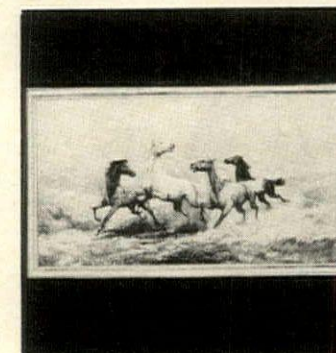
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### Horse sense

A beauty of a buy is a beauty of a picture, too. Giant 4' by 2' reproduction is a full-color scene of charging horses from the original by prize-winning artist Frank Folette. "Challenge" is on quality stock, ready to frame and hang. The price? \$3 plus 30c post. World Art Group, Studio HG2, 606 Post Rd., Westport, Conn. 06855.

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he'll get the message on Valentine's Day with an unusual ring that tells it like it is! Top of lettering is romantically Florentined. Intriguing friendship ring, a truly unique wedding band. Choose 14k gold for \$22, or sterling silver for \$9. Postpaid. Please send ring size when ordering. The Jamaica Silversmith, HG2, 407 Rockaway Ave., Valley Stream, N. Y. 11581.



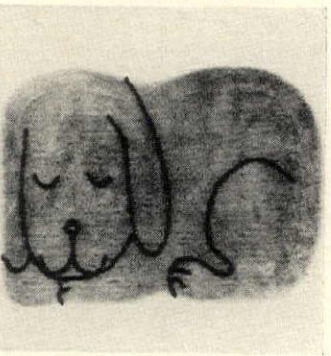
**Bow wow**

ashion right shoe with a chunky heel and a faille bow up front for smart foot flattery from Shoecraft, masters of fit and fashion for the longer foot. Shiny black or white; navy calf; silver gray or beige stripe. Sizes 9 to 13; slim, narrow, medium or wide. \$18.85 ppd. Free 4-page catalogue. Shoecraft, Inc., HG2, 603 Fifth Ave., New York, N. Y. 10017.



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wish her with luxury that belies its price: silver perfume bottle with tiny funnel to make perfume transfers easy and elegant. Both transported, and embellished with scrollwork of Spanish silvermiths. Bottle 2 1/4" h., funnel 2". Gift-boxed set, \$4.95 ppd. Madison House, 193 Greenland Rd., Miami, Fla. 33147.



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oll little owl is the creation of a Swedish artist who turns each intriguing creature out by hand, with no two alike. Each is made of stone with bright pebbles, clever detailing hand-painted in black. Approximately 3 3/4" h. Show off on a collector's shelf. Each \$4.75; two, \$8.95. Ppd. Windfall, HG2, 185 Adams St., Bedford Hills, N. Y. 10507.



**Visual values**

up right up, ladies and gentlemen, and get these colorfully illustrated circus posters that add fun to any room. Ringling Bros., Barnum & Bailey reproductions—the latest show-offs on earth. High quality paper, each measures 27" x 20 1/2". Set of four posters, \$3.50 ppd. Visual Discoveries, Inc., HG2, Box 3544, Grand Central Sta., New York, N. Y. 10017.



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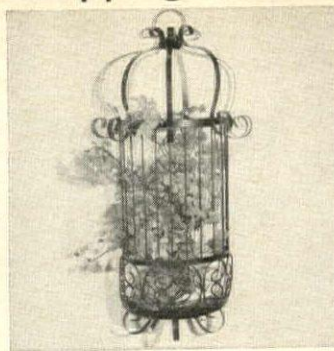
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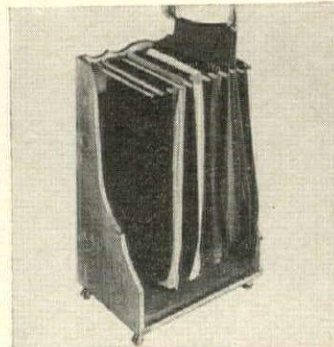


## Shopping Around



### Parrot planter

Fill the bird cage with ferns or flowers, real or otherwise. Planter, gay with greens, gives any room a lift. Made of wrought iron, Côte d'Azur style, it's finished in matte black. Actually, object is half a cage to facilitate a flush wall mounting. 17" by 8½". \$5.98 plus 65c post. Harriet Carter, HG2, Plymouth Meeting, Pa. 19462.



### For his and hers

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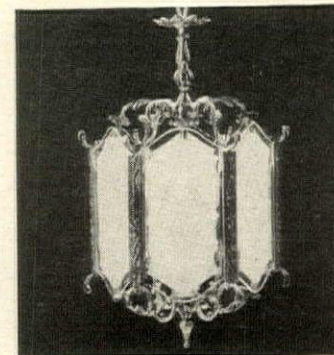
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### Early American find

From Sturbridge Village comes a new 72-page catalogue with more than 1000 pictures of treasures. All are from the Yankee Workshop where craftsmen make reproductions of furniture, china, glassware, lamps, signs, pictures, clocks in wood, pewter, ironstone. Only 25c ppd. Sturbridge Yankee Workshop, HG2, 8 Brimfield T'pike, Sturbridge, Mass. 01566.



### Pinta lantern

Hallways and foyers become important decorative links to other rooms with a hanging lantern. Four electric candles reflect through frosted and etched glass panels lined with antique bronze and gold. 18" h. by 12" w. \$50 exp coll. Ask about layaway plan. Color catalogue, 25c. Valencia Imports, HG-2/9, 1611 Mt. Vernon Rd., Atlanta, Ga. 30338.

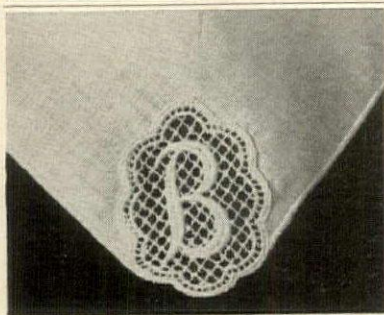


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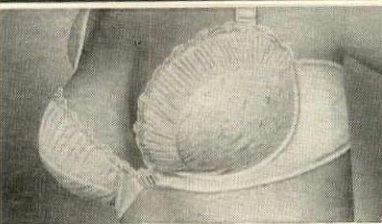
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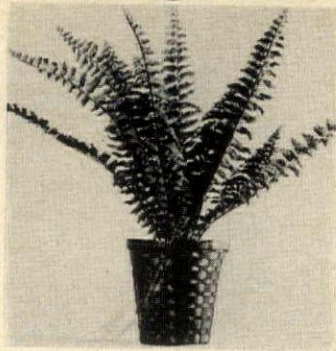
**BARRINGTON SPECIALTIES**

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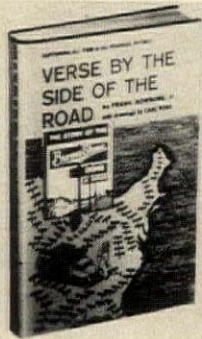
### ern fantasy

ks real, doesn't it? Green and wing potted fern captures that door freshness. But, surprise, long-lasting, washable poly-ylene. 20" h. with 12 fronds in oven colored basket. Yellow, uoise, avocado, hot pink, or ral. \$3.85 plus 50c post. Henry Smith Studios, HG2, 39 Crest-Rd., Wayne, Pa. 19087.



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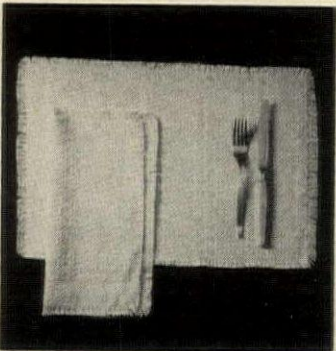
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e leather soft as a kitten's combined with cushion sole, g-like wedge to keep gals on o. The zippety zig zag shoe s in sizes 4-10 M, 5-10 N, 1/2 too. White, natural, black, . With higher wedge, \$9.50. 50c post. Old Pueblo Traders, IZW So. Country Club Rd., on, Ariz. 85716.



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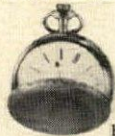
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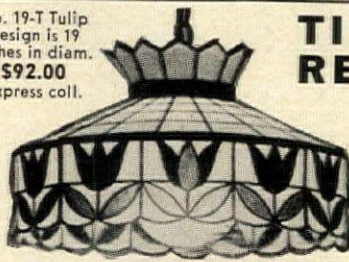
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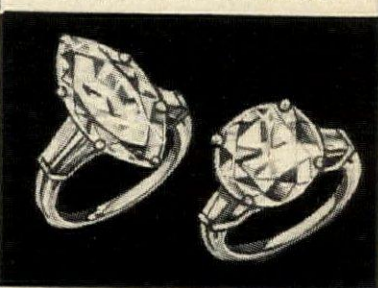
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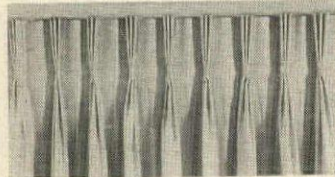
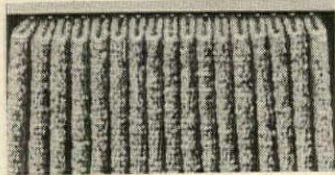
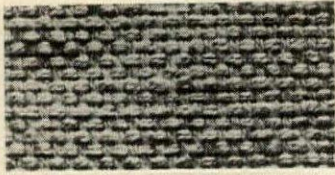
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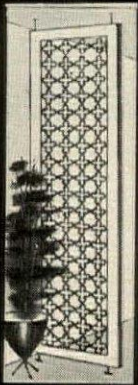
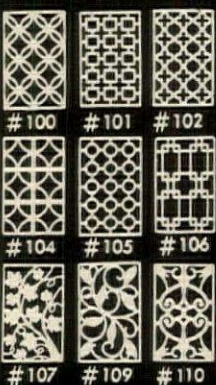
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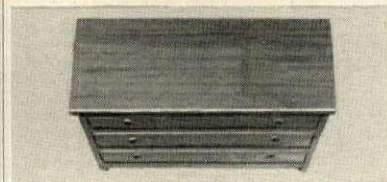
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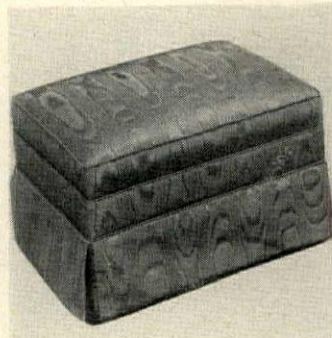
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Serve sauterne, burgundy w style from a hand-cut crystal container mounted on black wrought iron stand. Container holds quart, ice cubes in center fla Keep it chilled if such is y liking. Wine pours into glass twisting nozzle at bottom. 22" \$15.98 ppd. Palm Co., 195 Gre land Bldg., Miami, Fla. 33141



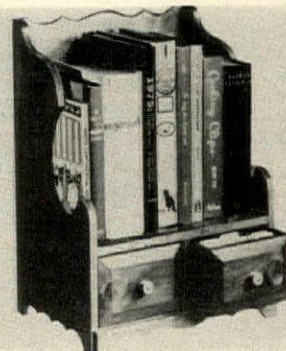
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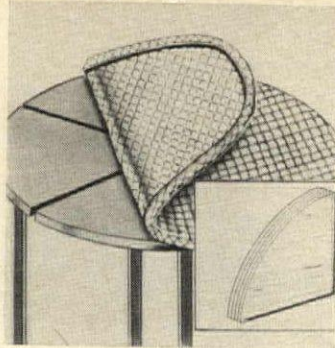
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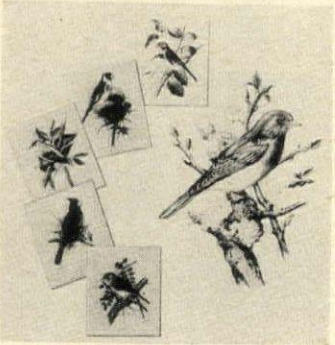
### Tanner for eight

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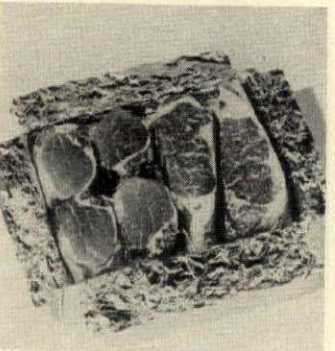
### American songbirds

Color prints reproduced from original paintings by Philip Gonzales ready to frame. Set of four includes cardinal, goldfinch, bluebird. Prints are on heavy paper, measure 9" by 12". Some for a budding ornithologist's room or family den. Set of four, \$1.98; 2 sets, \$2.98. Ppd. Colonial Studios, Dept. BP-10, 20 St., White Plains, N. Y. 10606.



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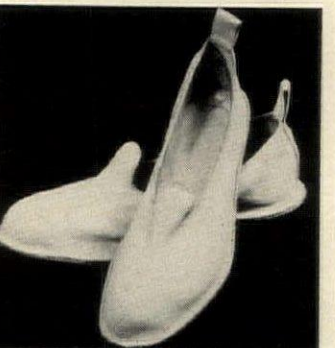
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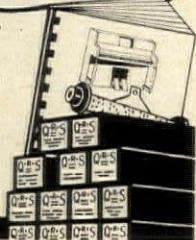
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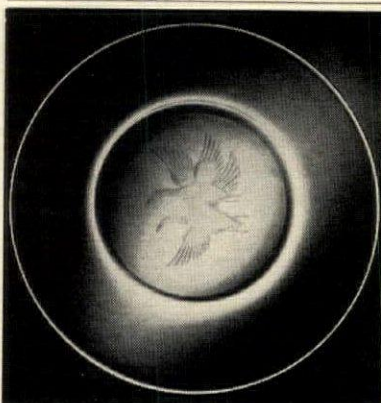
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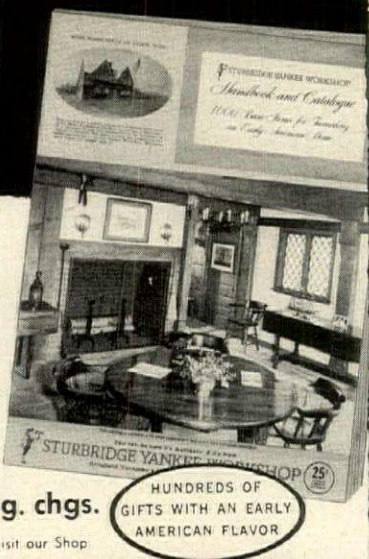
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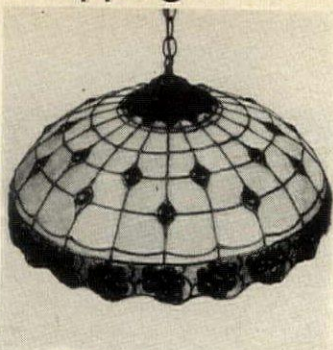
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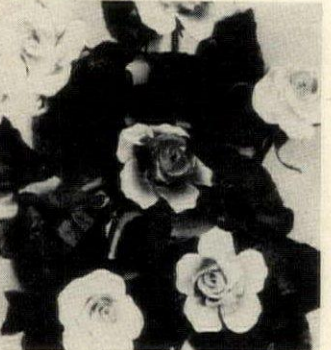
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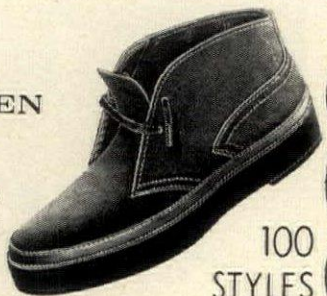
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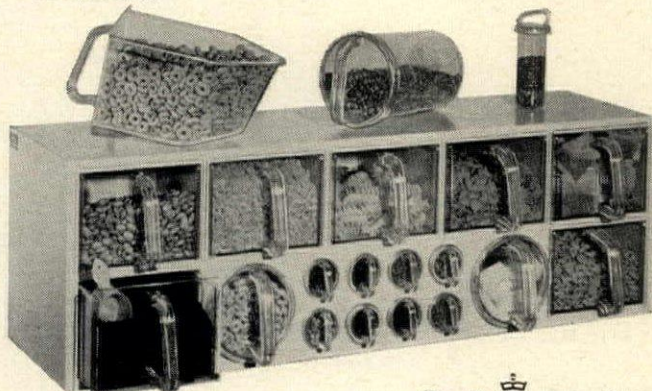
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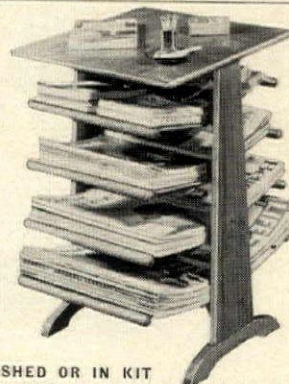
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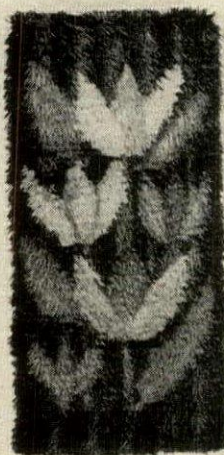
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## Shopping Around

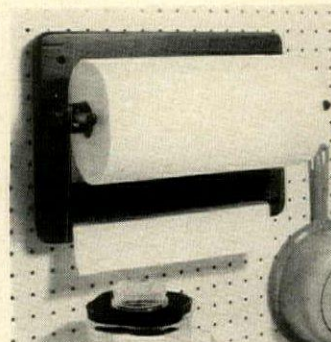
### Winged stitchery

Favorite birds come to colorful life with cross-stitch in subtle shadings and bright tones of wool. 7" by 8" wood frame in mahogany or maple. \$1.25 ea. Choose blue jay, cardinal, robin, oriole, chickadee, tufted titmouse. Kit includes stamped linen, wool and clear instructions. \$1.25 ea. plus 35c post. The Added Touch, 12H Water St., Bryn Mawr Pa. 19010.



### Old meets new

Thank modern know-how for today's great paper products. But thank the old general store wrapping rack for this hand-crafted holder. It takes jumbo or regular rolls, has an antique distressed pine finish. For the Early American kitchen, of course, or the children's bath. 14" by 9 1/2". \$7.95 plus 75c post. Cottage Creations, Inc., Box 148, Middlesex, N. J. 08846.



### Casual rhythm

This wedge casual with its wavy rubber sole feels like you're walking in wonderland. Trip the light fantastic to town or skip along country trail in comfort. Slender width 6 1/2 to 10; medium, 4 1/2 to 10; wide, 4 1/2 to 10. Black, navy blue, mink brown, red, white. \$7.95. Add 75c post. Portsmouth Shoe Co., Inc., HG2, 1007 Gallia, Portsmouth, Ohio 45662.



### Tea infuser

Chrome over brass infusion spoon makes tea just the strength that the tea drinker prefers. Snap the lid up, place the tea leaves in it, close the lid, pour boiling water over it in the cup. The tea seeps through the tiny pores to make a perfect cup. \$1 ppd. Walter Drake HG-08 Drake Bldg., Colorado Springs, Colo. 80901.



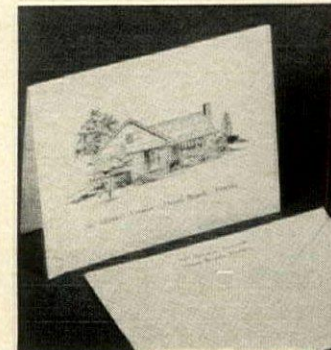
### Flick a finger

And enjoy the wonderful relaxation feeling that comes from having your legs raised 6" to 20" and resting on soft-cushioned foam padding. Top moves up or down. Closed, it's a comfortable footstool. Converts your favorite chair into a lounge. Dark green or gold, 14" by 18" top. \$18.75 postpaid. Better Sleep, HG2, New Providence, N. J. 07974.



### It's in the cards

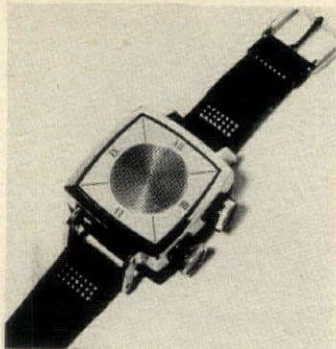
And absolutely inevitable that you will love a photo of your home or boat on your cards. In black and white from your snapshot. 50 parcelled informals with sketch; 5 matching envelopes with address. \$16.50 ppd. Also on napkins, playing cards, other items. Reorder at approximately 1/2 price! Free samples. Baron, HG2, Box 147, Carl Place, New York, N. Y. 11514.



## Shopping Around

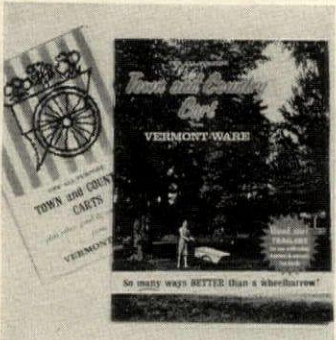
### Wrist watch radio

A mere two square inches houses seven transistors and a built-in speaker. And it all weighs just five ounces! Sound is loud and clear. Hands are free to garden, fish, make household repairs, work at hobbies. With leather strap and batteries, \$29.95 ppd. Terry Roberts, HG340 E. 57 St., New York, N. Y. 10022.



### Away with wheelbarrow

Town & Country Cart totes loads up to 300 lbs.; weight balances on axle; non-tipping cart pushes with one hand; flat bottom keeps pots, pails, bottles from tipping. Made of steel by Vermont craftsmen and guaranteed to last. Free booklet of several sizes and a kit to build a cart. Vermont-Ware, HG2, Hinesburg, Vt. 05461.



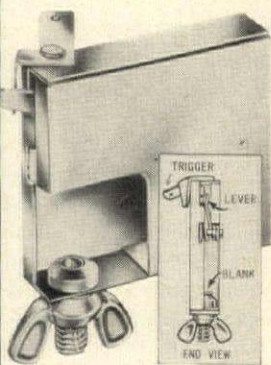
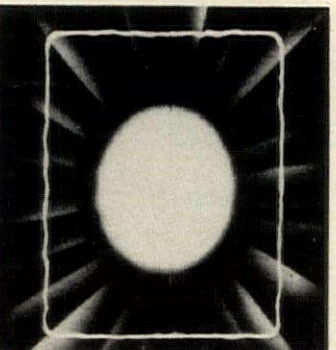
### Commemorative case

Hand-crafted case to display memorial flag, etc. Walnut or maple frame is velvet lined in black or color. Hinged glass door with lock. 1/2" mounting depth. 28" by 22", \$57.50; 34" by 28", \$69.95. Exp. 1/2" mounting depth. 28" by 22", \$57.50; 34" by 28", \$69.95. Exp. Full Name, dates engraved 5c per letter; Army, Navy, USAF, USMC engraved, \$2 ea. 2, \$3. Award Maker, HG2, 12495 N.E. 8th Ave., Miami, Fla. 33161.



### Magic light

Organic compound gives off dazzling, intriguing light when it meets oxygen. A sure-fire way to keep the conversational ball rolling, magic kit to make the light includes powder tube, liquid vial, crystal tube, powder packet ointment tube. \$5 ppd. Meredith Chemical Co., HG2, 310 W. 9th, Kansas City, Mo. 64105.



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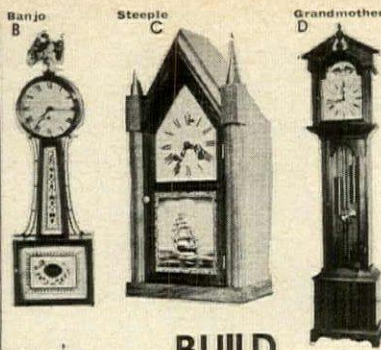


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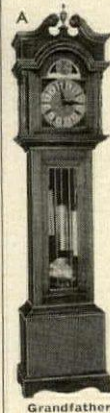
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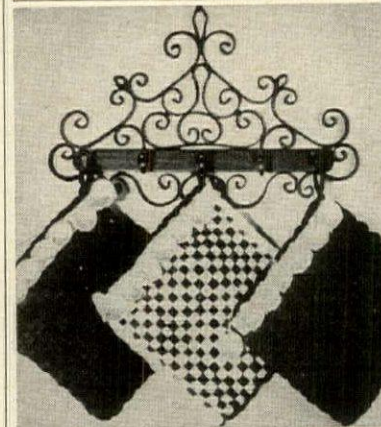


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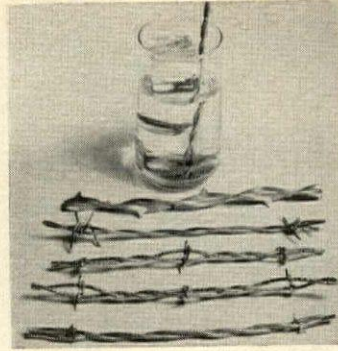
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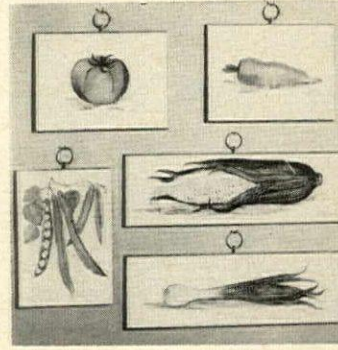
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## Shopping Around



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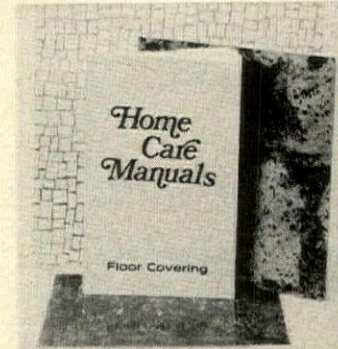
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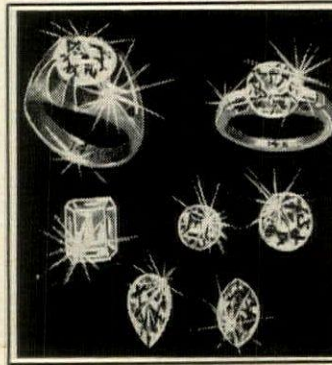
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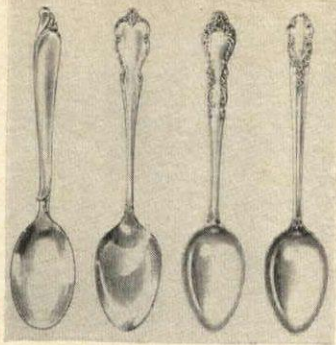
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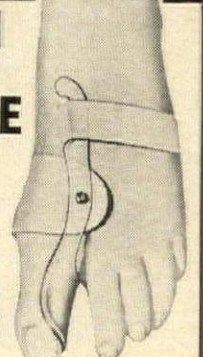
No longer will you have to hide your hands because of unsightly fingertips. New STA-LONG builder transforms short, broken, split, or bitten nails into long, hard and glamorous nails. Not a paste on nail that may fall off, but a nail builder that's used like a polish to repair and build up your own nails in minutes. Looks as real as it feels. Lets you carry on with your everyday chores without fear of splitting or peeling. Will stay on until your own nails grow out.

**SEND NO MONEY! Free 10 Day Trial!**

Pay Postman on delivery \$1.98 plus postage for a complete STA-LONG NAIL KIT, or send only \$1.98 with order and we pay postage. (2 Kits \$3.50, 3 Kits \$5.00). 10 DAY TRIAL MUST SATISFY OR MONEY WILL BE REFUNDED.  
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Bunion toe relief! Patented orthopedic bandage urges displaced toe toward normal position while you sleep or rest, relieves strain that causes discomfort and deformity. Bunion-covering pad is soft sheepskin, lined with linen-covered foam rubber; no sharp edges to catch on bed clothes. State (1) man or woman, (2) shoe size and width, (3) right or left foot.

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Reproduced from the one my papa used, this is a desk for home or office. 7 drawers in base, with 2 deep file drawers. Roll top locks over pigeonholes and desk top. W 55, D 28, H 48 inches. No C.O.D. Shpg. chgs. coll. Pine 300 lbs. Oak 325 lbs.

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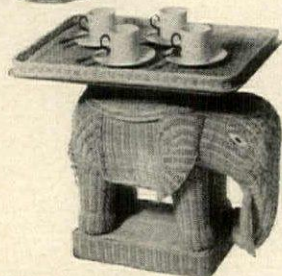
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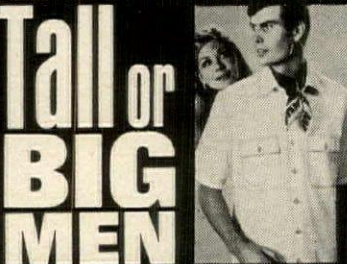
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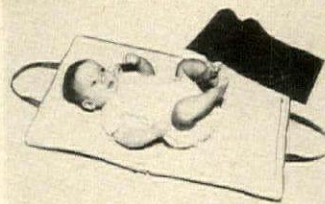
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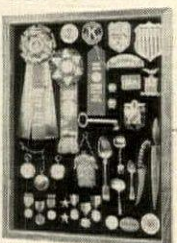
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CS-4 28" x 34" 59.95	CD-18 28" x 34" 69.95

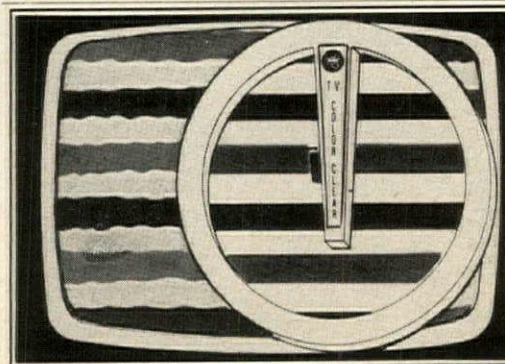
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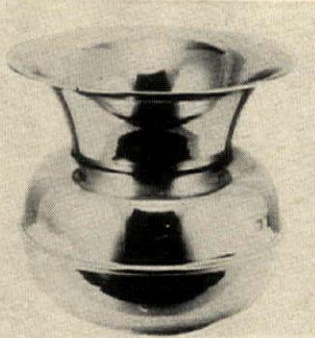
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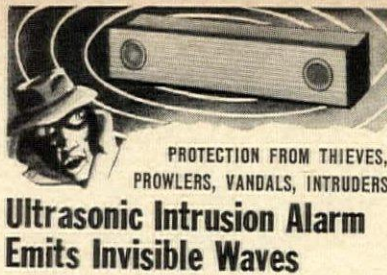
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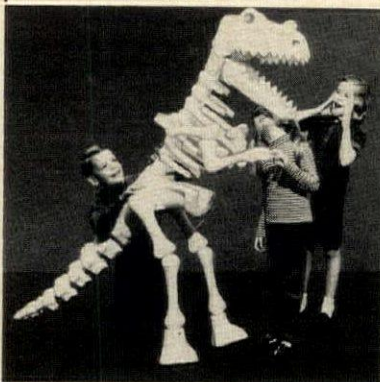
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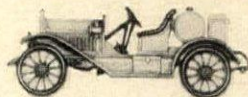
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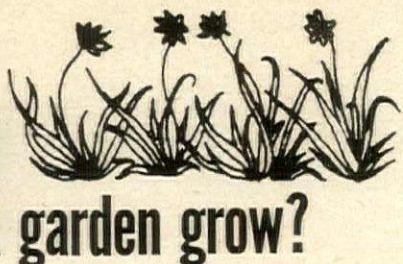
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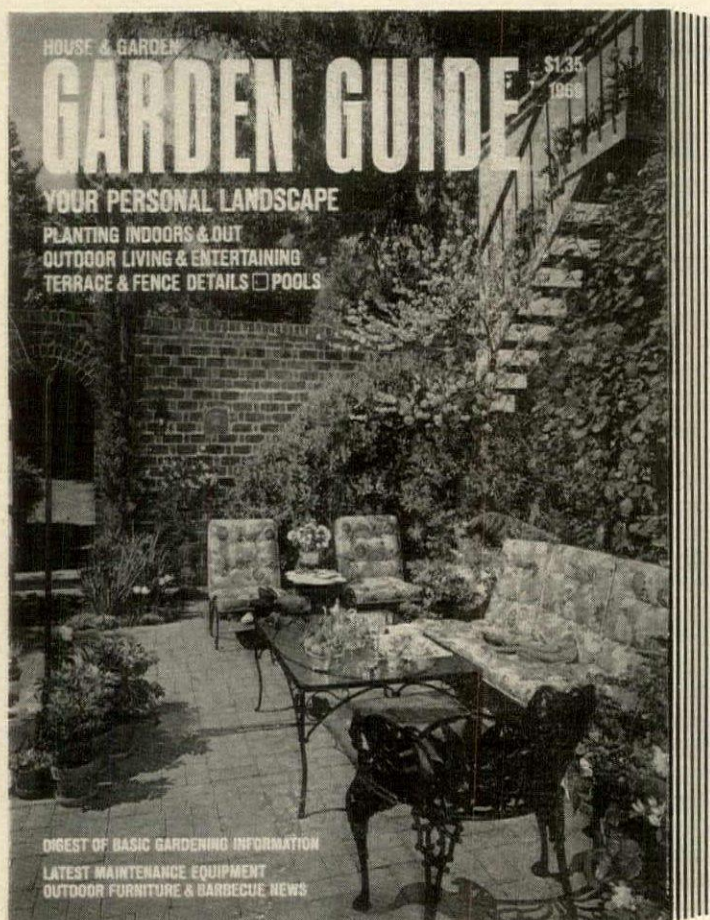
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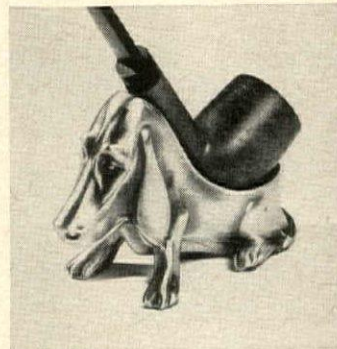
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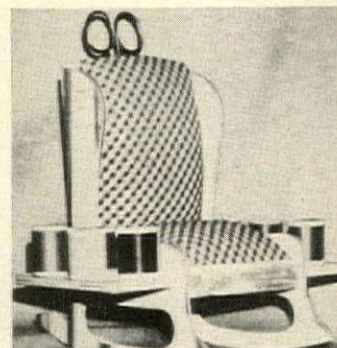
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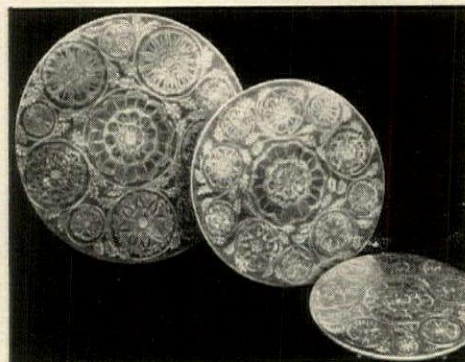
#### Sewing seat

Sized right for sewing notions, a brightly-upholstered rocking chair that holds pins, has pegs for thread and hook for scissors. In addition, it provides nifty seating for a little onlooker's doll. Comes quaintly set in solid lacquered pine frame. \$3.98 plus 60c post. Bon-A-Fide, Dept. HG2, 1 Park Ave., New York, N. Y. 10016.



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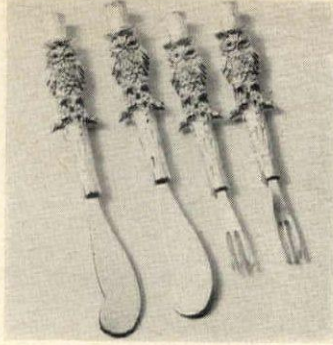
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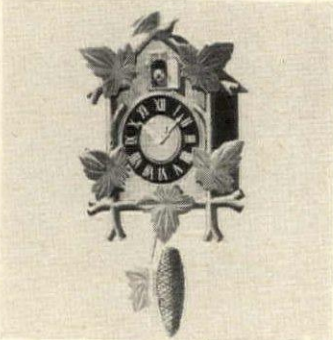
## Wise company manners

Set for a party are these wise new spreaders and forks. 24k gold plated party props topped by a savvy-looking owl who in turn is topped by a high hat! Choose either six spreaders or forks but we hope you'll want both as we did! \$6.95 each set ppd. The Crossroads, Dept. G-69, 135 So. Washington Ave., Bergenfield, N. J. 07622.



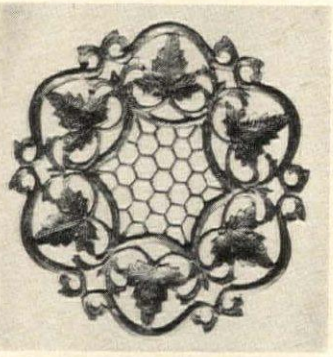
## Charming time

Enchanting cuckoo style clock lends the old charm of the Black Forest clockmakers art to any setting. Precision timekeeper; adjustable swinging pendulum accurately regulates the time. Six foot chain with weight. In kit form—easy to assemble in minutes. \$3.25 ppd. One foot high. Johnson Smith Co., HG2, 16535 E. Warren Ave., Detroit, Mich. 48224.



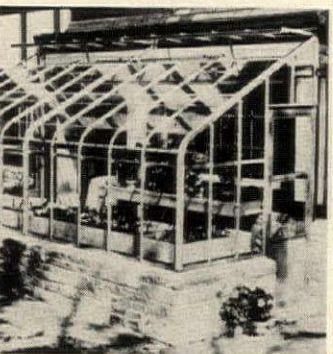
## Once upon a trivet

Put most anything on this sturdy mesham wood trivet carved by Indian craftsmen. From hot plates to hot casseroles to vases. Or hang interesting latticework designs on the wall to create an interesting pattern. Burnished natural brown wood. 6" w. \$1.50 each; two for \$2.75. Postpaid. American Trader, Dept. 854, Norwich, Vt. 05055.



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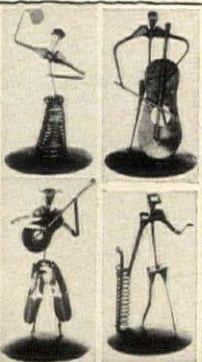
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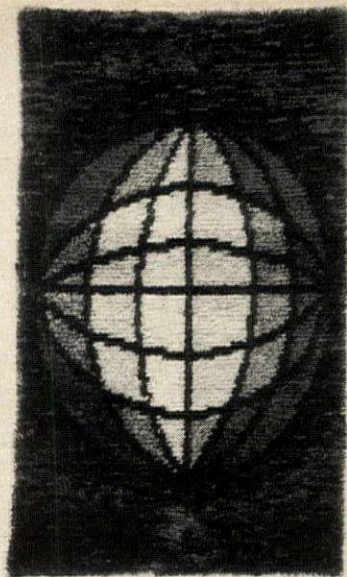
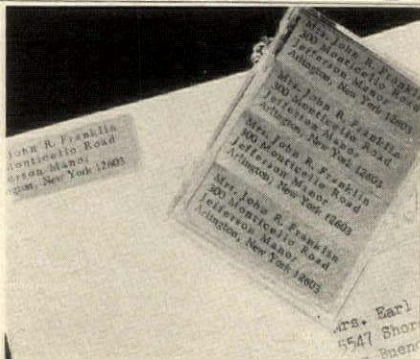
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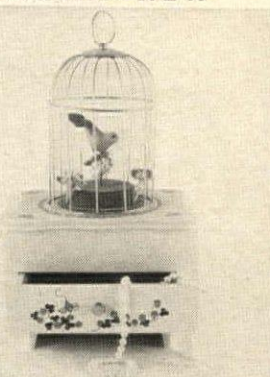
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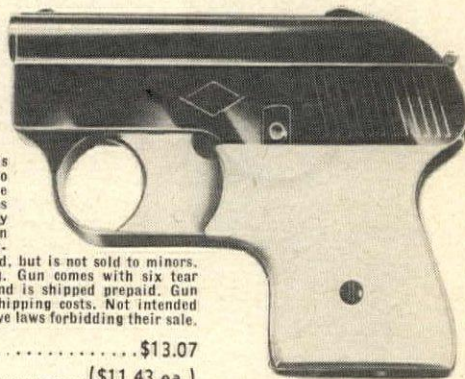
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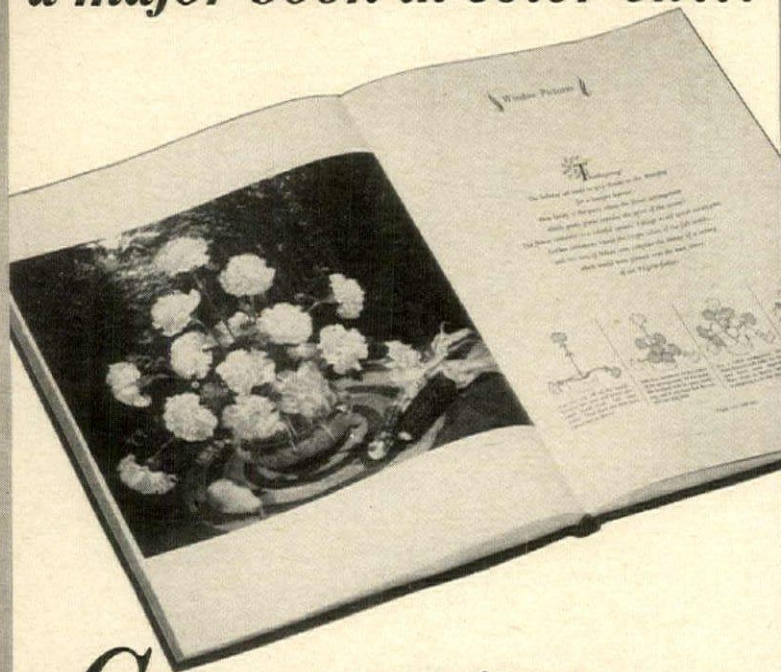
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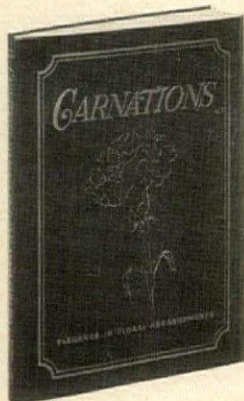


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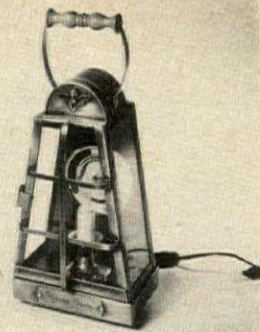
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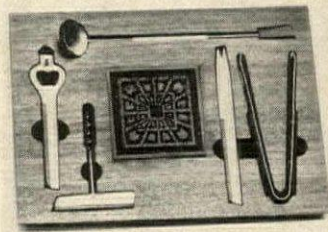
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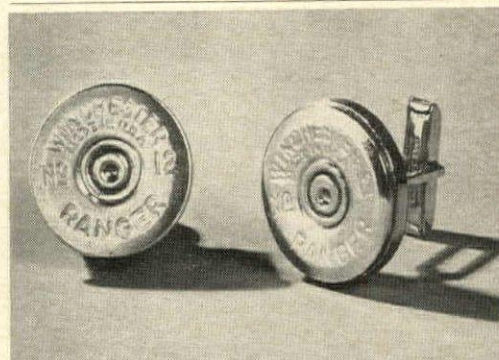
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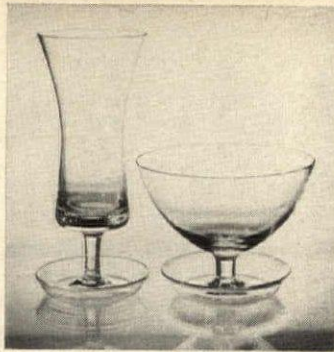
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# LOGISTICS OF BUILDING A GREEN GARDEN

The first of H&G's Answer Gardens—the Green Garden, page 84—was built in the same way you would build it in your own backyard

Our Green Garden began with a thorough cultivation of the ground. This broke up the existing coarse-textured turf and made it possible to rake the soil into an even grade sloping gently toward the corner where the broken column stands.

The second step was the installation of the brick-paved terrace which we began by removing the top 8 inches of soil from the oval around the apple tree, being careful, of course, not to damage the tree's roots. Then the steel driveway edging was laid to outline the oval and retain the rows of brick. (This must be done in painstaking fashion, since the truency of the edging determines the level of the patio and the lawn surrounding it.) Builder's sand was spread inside the edging, raked and tamped, to give a firm level, lower than the top of the edging strip by the exact thickness of one brick. Beginning at the center and working outward, the bricks were then laid and more sand spread over the top and brushed in to fill the joints.

Next step was laying the sod in the larger oval between the brick terrace and the shrub border. To do this properly the soil had to be raked out until it was finely pulverized and the surface was completely free of bumps and hollows. A light application of ground limestone and superphosphate with the final raking gave the sod the best possible chance to put down healthy new roots in short order. After that the sod itself was rolled out and tamped to make firm contact with the soil. The brick edging strip was laid in place, using soil as a base, and the new-laid sod given a thorough wetting-down.

Planting the peripheral shrubs and trees was next on the work schedule. All of the plant material had been chosen with an eye for immediate effect:

this meant low evergreens in the 12- to 15-inch range; medium sized evergreens in the 18- to 24-inch size; deciduous shrubs 2 to 3 feet high and trees 2 to 3 inches in caliper.

Although our first Answer Garden is preeminently green, in a variety of shades and textures, this did not mean foregoing color, in proper season. The rhododendron we choose is Boule de Neige, a compact-growing white. Other candidates might have been Nova Zembla, a bright red, or Blue Peter, a magenta blotched pale mauve.

Junipers, among the most reliable of all low evergreens, are well represented by Sargentii (*Sargentii*); Shore juniper (*J. conferta*); and trailing Waukegan juniper (*J. Douglasii*).

Among cotoneasters, the possibilities are almost too numerous to mention. We chose the most too-big but richly fruited *salicifolia*; graceful *cata*, and the extra-dwarf *dammeri*.

Among azaleas the choice was Delaware White, which is dazzlingly white when in flower and reliably evergreen.

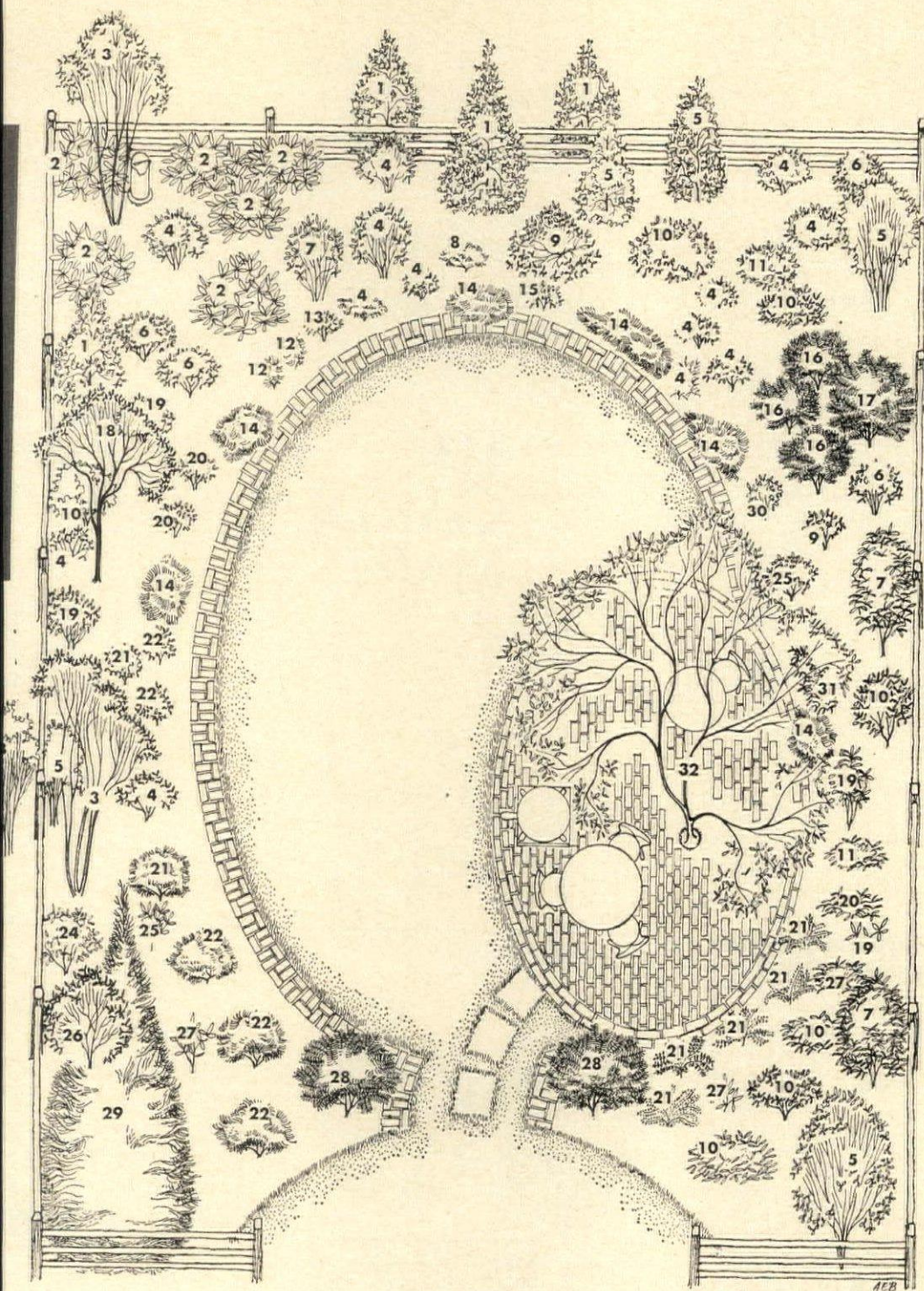
Not everyone, of course, has a gnarled old apple tree around which to build a brick terrace. It might, however, be even better to choose and plant a nursery-grown tree: a honey locust, hawthorn, magnolia, or even—why not?—one of the round-fangled apple varieties (Golden Delicious, Fuji, Empire, or Red Rome). One advantage in having your own plant would be the freedom to choose its location to suit your own shade requirements.

Installation of the split rail fence was done before the final step that made the whole garden look finished, ready to live in, and practically maintenance free: covering all the bare ground with 2-inch mulch of bark chunks.

## RALPH BAILEY

GARDENING EDITOR 1954—1968

It was Ralph Sargent Bailey, House and Garden's dynamic Gardening Editor for the past decade and a half, who first conceived of the idea for H&G's Answer Gardens. He worked side by side with the administrators of the Old Westbury Gardens, with each of the landscape designers, and with the contractors who moved the earth so the gardens could grow. Ralph Bailey had just finished writing the story of this first Answer Garden a few days before his death on December 9, 1968. We at House and Garden will miss his irreplaceable knowledge of many broad realms, his pleasant wit, his farseeing imagination, and, above all, the brilliant and sensitive prose that made gardens bloom on paper and gardeners-at-heart of all his readers.



Planting plan for the Green Garden

See the planting list, numbered according to the numbers on the plan:

- 1. American holly (*Ilex opaca*)
- 2. Rhododendron hybrid (see text)
- 3. Birch clump (*Betula populifolia*)
- 4. Yucca (see text)
- 5. Japanese holly (*Ilex crenata*)
- 6. Mountain-laurel (*Kalmia latifolia*)
- 7. Japanese-andromeda (*Pieris japonica*)
- 8. Conymus 'Emerald Cushion'
- 9. Round-leaf holly (*Ilex rotunda*)
- 10. Mountain-andromeda (*Pieris floribunda*)
- 11. Wax-leaf holly (*Ilex crenata convexa*)
- 12. Rhododendron 'Ramapo'
- 13. Skimmia (*S. japonica fragrans*), male flowers
- 14. Reddar pink (*Dianthus gratianopolitanus*)
- 15. Sander-cotton (*Santolina chamaecyparissus*)

- 16. Yew, spreading form (*Taxus cuspidata* variety)
- 17. Yew, upright (*T. cuspidata* variety)
- 18. Sorrel tree (*Oxydendrum aboreum*)
- 19. Carolina rhododendron (*R. carolinianum*)
- 20. Heller dwarf holly (*Ilex crenata helleri*)
- 21. Cotoneaster species (see text)
- 22. Juniper species (see text)
- 23. Highbush Blueberry (*Vaccinium corymbosum*)
- 24. Verruculosa barberry (*Berberis verruculosa*)
- 25. Skimmia (*S. japonica*), berried form
- 26. Wintergreen barberry (*Berberis julianae*)
- 27. Drooping leucothoe (*L. catesbaei*)
- 28. Yew, *repandens* form (*T. Baccata* variety)
- 29. Common red-cedar (*Juniperus virginiana*), existing
- 30. Sarcococca (*S. hookeriana humilis*)
- 31. Myrtle-leaf rhododendron (*R. x myrtifolium*)
- 32. Existing apple tree

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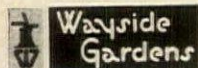
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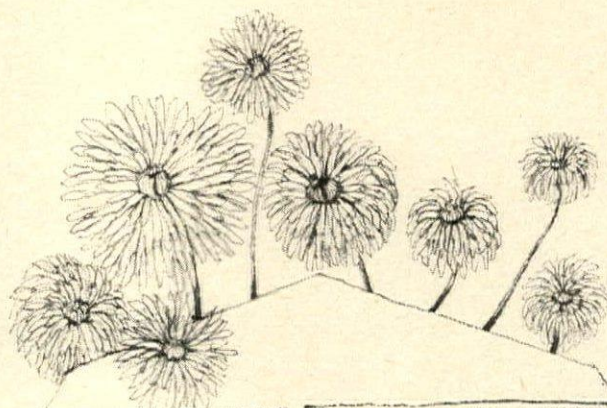
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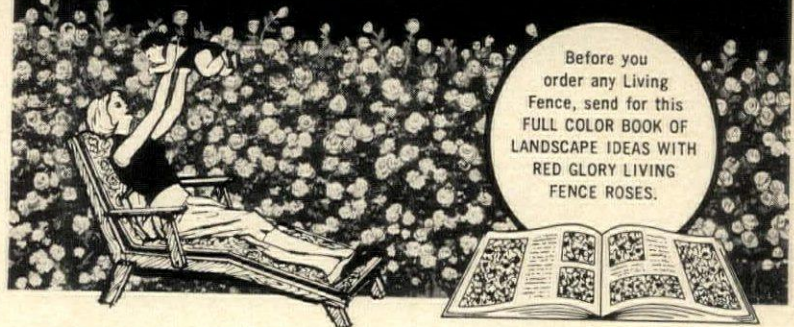
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ners, you might wonder what goes on in the mail order seed and nursery business. Business as usual is what goes on—only more so. Because as the tendency to go to a shopping center increases in many of the standard lines of domestic products, gardening often included, so the wares offered by the mail order catalogues tend to satisfy a more discriminating and personal demand. To be sure, if you want to buy a double-size packet of Winter-keeper beets, you can still find it in the same catalogues that have always listed it—and probably by several other names, as well. But more and more, the dealer in garden rarities is using the mails as his primary if not sole means of making "over-the-counter" sales. The catalogues, too, are still as alluring and decorative as ever. The prose is still lush, if not even purple. The prices are still (what with the state of the world) miraculously low. And the postal service, while no better than it should be, is still a fantastic bargain. Especially for the fancier of new seeds and plants, the mail order catalogue is the *only* store worth shopping at. The newest petunias, the biggest marigolds, the winningest roses—all these you learn about first in the pages of your catalogues. The spring editions are coming through your mail slot right now—either because catalogue shopping is already an established way of life with you or because you are a discriminating coupon clipper. Not only can you buy any seed packet by mail—from aster to zinnia—but you can also order almost any fine plant that is growable from, say, astilbe to zelkova. Good hunting.

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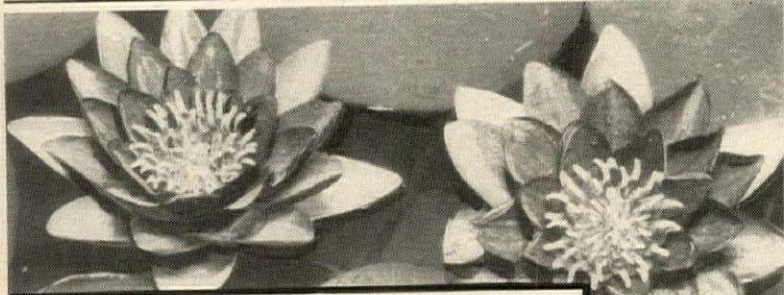
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## BUILDING INFORMATION

continued from page 105

stone with blue plastic laminate back splash; island countertop of oak. **Plumbing fixtures:** Bathroom lavatories by American-Standard; master bathroom tub of "Romany Spartan" tile by U.S. Ceramic Tile Co., Inc.; other bathtubs by Crane Co. Stainless steel kitchen sink by Elkay Mfg. Co.

Mechanical equipment and appliances

**Appliances:** Two automatic self-cleaning ovens, freezer by General Electric Co. Four burner gas cooking top by Chambers Corp. "KitchenAid"

dishwasher by Hobart Mfg. Co. Refrigerator by Gibson Refrigerator Sales Corp. "Trade Wind" ventilator fan by Thermidor. "Kenmore" laundry washer and dryer by Sears, Roebuck Co.

**Heating system:** Radiant hot water heating system with metal coils under stone floor. Five individually controlled heating zones—master bedroom, children's rooms, kitchen, living room and study, and dining room—with five circulating pumps by Bell & Gossett Co.

**Hot water heater:** Glass lined tank by A. O. Smith Corp.

Materials and equipment used in the house that revolves.  
(pages 64-69)

**BUILDING COORDINATOR:** William Mewing

**SIZE OF LOT:** 6 acres.

**SIZE OF HOUSE:** 2,700 square feet.

### Structure

**Foundation:** Reinforced concrete slab.

**Framing:** Standard wood construction on stair tower; framing of circular upper story. "Corten" self weathering steel by U.S. Steel Corp.

**Mechanism that turns house:** Ball bearing and drive assembly by Rotek.

### Exterior of house

**Walls:** On stair tower, garage, and courtyard walls, red cedar shingles by Creo-Dipt Co., Inc.; on circular upper story, glass and aluminum frame window wall by Bailey Kelleher Co.

**Roof and soffits:** Red cedar shingles by Creo-Dipt Co., Inc.

**Insulation:** 4-inch thick Fiberglas batts on structural steel beams by Owens-Corning Fiberglas Corp. Insulating glass on window wall.

**Interior doors:** Oak faced, solid core doors by Weyerhaeuser Co.

**Garage door:** Radio controlled with two transmitters. Overhead type door by Overhead Door Corp.

**Exterior finishes:** Gray shingle stain by Creo-Dipt. Co., Inc.

### Interior of house

**Walls:** Plaster on rock lath. In hall and living room, "Amtico" wall carpet by American Biltrite Rubber Co. In bathrooms, ceramic tile by the Stylon Corp.

**Ceilings:** Plaster on high rib lath.

**Interior wall finishes:** Paint by E. I. Du Pont de Nemours & Co., Inc.

**Floors:** Handmade ceramic faced tiles (Brussels brown pavers) by

Structural Stoneware, Inc. In and on stairs, oak plank floor, balcony, "Promdek" by Selby Brothers & Co.

**Terrace:** Italian paving stones.

**Exterior and interior lighting fixtures:** Lightolier, Inc. Dimmer controls and remote wiring by General Electric Co.

**Outdoor ground lighting:** Simes Co.

**Hardware:** Black enameled chrome by General Lock Co.

**Fireplace:** Fabricated by Triodustries, Inc. of "Corten" steel by U.S. Steel Corp.

**Spiral staircase:** Ruben & Co. Iron Works, Inc.

**Skylight:** American Cyanamid

**Kitchen cabinets:** Custom made oak by Kingsway Kitchens, Inc.

**Countertops:** Formica plastic laminate by The American Cyanamid Co. marble, stainless steel.

**Plumbing fixtures:** Bathroom tubs by American-Standard with fittings by Speakman Co. Kitchen sink by Elkay Mfg. Co. Medicine cabinet by Marchand Co.

Mechanical equipment and appliances

**Appliances:** Two ovens, four-burner electric cooking top, refrigerator, dishwasher, double stainless steel with "Disposall" food waste disposer, ventilating exhaust fan, laundry washer and dryer—all by General Electric Co.

**Heating system:** Three zone fired, circulating hot water heating system. Boiler and oil burner by Crane Co. Motor by Westinghouse Electric Corp. Circulating pumps by Bell & Gossett Co. Controls by E. I. du Pont. Ignition transformer by Larson Mfg. Co.

### Manuscripts

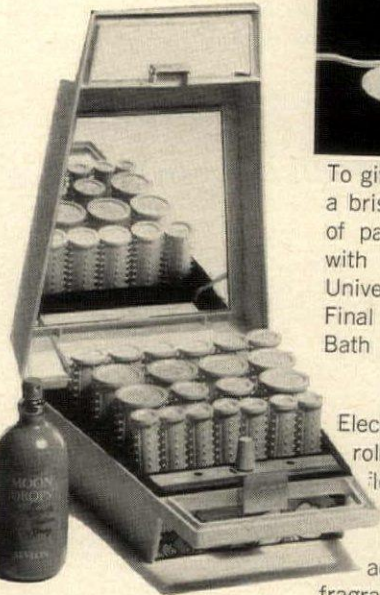
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**INGENIOUS DEVICES  
 TO MAKE  
 YOU FEEL BEAUTIFUL**

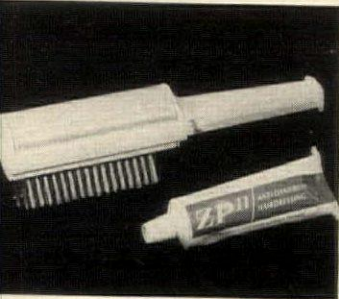
and a scale to check up on your daily progress



To give yourself everything from a brisk rubdown to the gentlest of pats, a two-speed massager with four attachments. \$9.80. Universal by General Electric. Final touch: Moon Drops After Bath Moisture Balm by Revlon.



Electric hair setter with twenty rollers for quick curls. In a flowered case complete with vanity mirror. \$29.95 by Lady Remington. And to add to your glamour: a fragrant misting of Moon Drops Eau de Parfum Spray by Revlon.



Gently vibrating cordless hairbrush that makes your scalp tingle with every stroke. On its back, a massager-pad for neck muscles. \$9.95 by Presto. To coddle the scalp some more: ZP11 Anti-Dandruff Hair Dressing that grooms hair while it medicates.



Hair dryer with mist attachment that dampens your whole head or just a few wayward curls, then dries your hair in a flash. \$44.98 by General Electric. To keep hair in place: a cloud of Revlon's Super Natural Hair Spray.



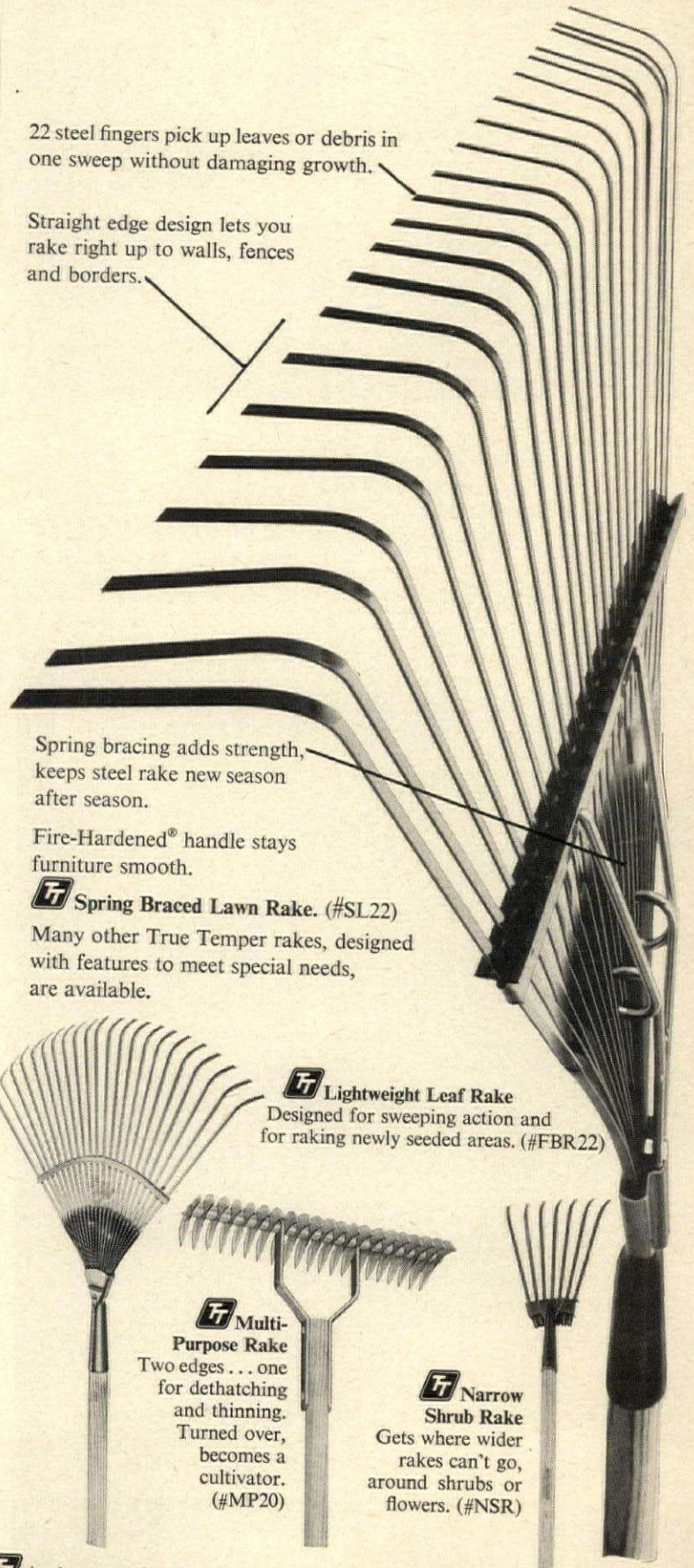
ite-enameled, floral patterned scale in blues or yellows to re-veal the awful truth unflinchingly. "Crazy Daisy," \$8 by Hanson.

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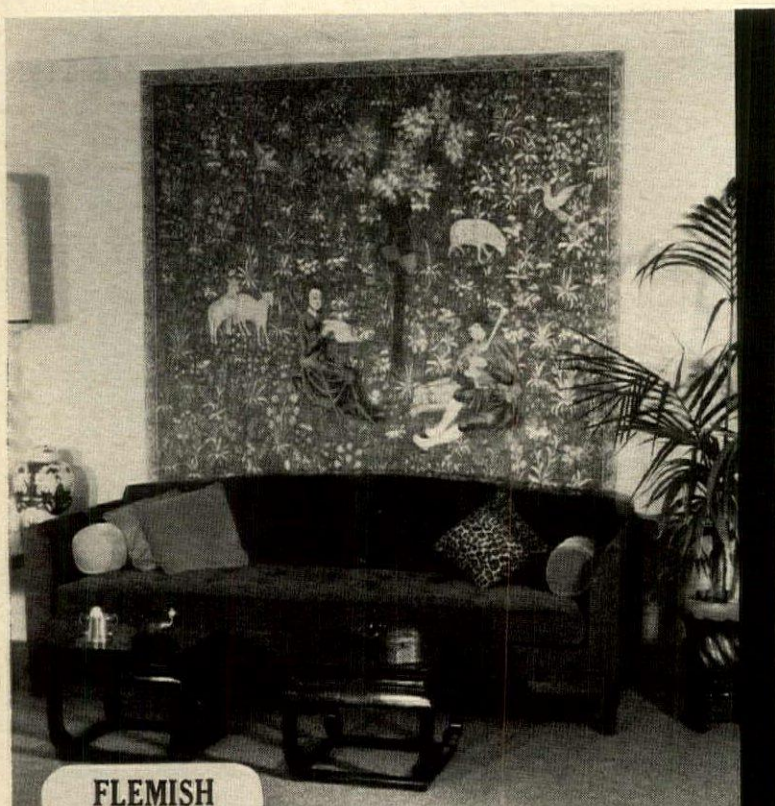


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### GARDENING

**1. WHAT TO PLANT**—Savage Farms Nursery's spring catalogue gives helpful information in selecting trees, plants, and flowers by giving specific characteristics and best climates for each of their many plants. Prices and order form included.

**2. "HAVE A LUXURIOUS LAWN** and plenty of leisure too" suggests Parker Sweeper Company in a 12-page illustrated booklet, showing a complete line of turf maintenance equipment for three-season lawn care. 25c.

**3. 1969 SPRING FLOWER** catalogue from George W. Park Seed Company, contains over 3,000 varieties of flowers, including many rare, unusual, and new blooms, such as the Impatient Shady Lady and Carefree Geranium.

**4. SIT WHILE YOU WORK** with a small tractor for more convenient lawn care, snow removal, even bulldozing. All-gear-drive takes rough or smooth terrain easily. Gravely's catalogue suggests several variations.

**5. LIVING FENCE** of Red Glory Roses creates a hedge up to 6 feet high that blooms all summer, for every home from a bungalow to an estate. From Armstrong Nurseries, plants-by-mail.

**6. AWARD-WINNING ROSES**, including 1968 winner Fragrant Cloud and the John F. Kennedy rose, can be ordered by mail from Jackson & Perkins. Their catalogue also includes fruit trees, vegetables, and garden accessories.

**7. BLOOMS FOR SIX MONTHS** and requires no care. A colorful ground cover called Penngift Crownvetch is the speciality of H. J. Brusca Nursery. Full color brochure shows possibilities.

**8. HOW TO PRUNE AND TRIM** to improve your shrubs,

fruits, and flowers. Seymour Smith & Son's booklet tells when, how, and what to cut in complete detail with numerous photographs. 25c.

**9. SEEDS PLUS** garden aids are found in Burpee's new enlarged catalogue. Flower and vegetable seeds, bulbs, house plants, roses, fruits, berries, nuts, trees, shrubs, vines, and ground covers are offered in 148 pages, many in color.

**10. GARDEN AND NURSERY GUIDE** from Kelly Bros. has hundreds of home landscaping and garden ideas. The 84-page catalogue with 400 color photos shows shrubs, trees, vines, plants, bulbs and how to use them to beautify your property.

**11. LANDSCAPE BY MAIL**—The Earl Ferris Nursery 1969 Planting Guide offers a mail-order landscape service plus a complete line of shrubs, trees, flowers, fruits, and vegetables.

**12. TRIMMING**, pruning, raking, cultivating, digging . . . True Temper suggests techniques and tools in a gardening guide illustrated with drawings and color photos.

**13. PLANTS FOR PROBLEM AREAS**, charts for plantings for continuous bloom, gardening tips, plus offerings of flowers, trees, shrubs, roses, hedges, and ground covers in Stern's Nurseries "Guide to Miracle Gardens." 10c.

### TRAVEL

**14. ST. CROIX**—All you need to know about this glistening Caribbean island in a 110-page guide and four folders. Hotels, restaurants, what to do, what to see, road maps, transportation, rates. 80c.

**15. ROMANTIC RIVER TRIPS**—Take the "Delta Queen" suggests Greene Line Steamers in a colorful brochure. Itineraries outline 7, 10, 14, and 21-day

cruises on the Ohio, Cumberland, Tennessee, and Mississippi Rivers.

## BUILDING AND REMODELING

**16. BRIGHT NEW IDEAS IN PANELING** from Georgia-Pacific Corp. How factory finished wood can remodel and construct from the ground up for a whole new look. Special chart indicates appropriate wood moldings and accessories for virtually every type of wood. 50c.

**17. STOP THE TERMITE** with Gold Crest chemicals and control hundreds of other insects which attack homes, patios, lawns, and gardens. Velsicol Chemical Corp. explains how in an informative pamphlet, titled "Meet the Professional Pest Control Specialist."

**18. STAINLESS STEEL SINKS** that blend with every interior and eliminate hard scouring and bleaching are spotlighted in Elkay Manufacturing Company's booklet "Water Can Serve You Throughout Your Home." Sink controls and accessories can be arranged to your specifications.

**19. FASHIONABLE PANELING**—Royalcote's newest booklet on imaginative combinations with hardboard paneling in House & Garden colors also has installation instructions and a guide for measuring rooms.

## DECORATING

**20. CUSTOM CARPETING**—a brochure from Philadelphia Carpet Company, suggests their Designer Series to aid you in selecting the color, size, and shape carpet you want for any size room—including free-form shapes.

**21. WHAT STYLE FOR YOU?** Chances are, you will find your favorite in a trio of booklets on bedroom, living room, and dining room furniture from Knapp & Tubbs. The booklets come in a hardcover slipcase. \$2.

## POTPOURRI

**22. PARTY SMARTY** tips for the bartender: recipes, hors d'oeuvres, how to stock your bar, which glass to use for various drinks. In two booklets from West Virginia Glass Company. 25c.

**23. BEVERAGE AND DESERT RECIPES** made with Kahlúa, a Mexican coffee liqueur, are presented in a 10-page booklet. Included: the exotic Black Russian, Pousse-Café, Crêpes Bre-silienne, Kahlúa Bananas Flambé and many others.

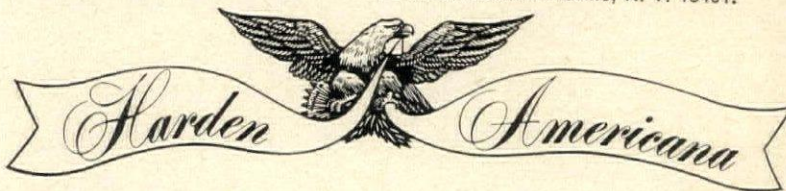
**24. PLANNING A FAMILY**—A gynecologist describes nine different birth control methods to assist couples in making an informed decision. Booklet from the Emko Company.



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It's easy to skimp on an upholstered piece; take away the trappings and what have you got? But, when Harden makes it, painstakingly, by hand, you have a fine chair or sofa crafted from native hardwoods. Harden solid cherry furniture receives the same meticulous attention to detail and is finished in five mellow tones to match every decor.

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Rain can't hurt this chair. It will never rust. Scroll is solid aluminum, made to last forever. Scroll designs (there are nine including Hispania shown here) are made to last forever, too. Contact your interior designer, who will show you how Scroll can complement your favorite interior or exterior—Also sold at fine stores. Write for the Scroll brochure showing the complete collection... SCROLL, INC., 800 N.W. 166th Street, Miami, Florida 33164



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February, 1969

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### How to care for towels

The only way to keep towels in mint condition is to wash them at home. Only the finest hand laundries know how to wash, dry, and fluff beautiful bath towels without fading them. Change towels frequently, as too-soiled towels never get really clean.

Terrycloth towels should be washed in warm or cold water with soap or detergent—never hot water, which makes the selvages shrink. A water conditioner-softener is recommended. Towels require at least three rinsings to keep them soft and fluffy. Deep colored towels must be washed separately until the color stops running. Blueing and bleach may be used to perk-up white towels after many launderings. When bleach is used, towels require more than three rinses to remove every bit of the bleach.

Outdoor drying is fine, but remember that colored towels should be dried in the shade. In machines, towels should be tumble dried at medium high heat. Do not iron terrycloth towels; instead fluff them by shaking. If you must send towels to a laundry, be sure they understand you want them fluffed, not ironed.

### Shower curtains and bath rugs

Shower curtains and liners give long service if they are rinsed after every shower to remove the soap and grit which causes mildew. After rinsing the liner, pull it across the inside of the tub to dry (and see that every male in your house is trained to do likewise). Always be sure the tub itself has also been rinsed thoroughly after cleaning as the strong chlorine bleaches in most tub cleaners will bleach rayon or acetate curtains if they so much as touch a wet spot. As an extra precaution, drape your curtain over the shower rod when cleaning the tub.

The easiest shower curtains to clean are of washable vinyl—providing you have a large enough place to spread the curtain out flat. If not, clean it in sections, loosely folding to avoid creasing. Sponge the curtain and liner with a wet cloth or sponge dipped in sudsy water. Rinse well and hang over rod to dry. Taffeta curtains should be dry cleaned, as they may shrink as much as 4 percent of their length if washed. If the manufacturer recommends washing an acetate curtain, follow his directions meticulously. Tricot-rayon curtains can be washed by dipping them up and down in warm sudsy water, then rinsing in warm water and drip drying (do not rub or twist) over the shower rod. Curtains of sheer polyester voile may be hand or machine washable, in warm or cold water. Tumble dry at a fairly high heat. They will need little or no ironing. Cotton duck is machine washable (though it shrinks in hot water) but difficult to iron without a mangle.

Bath rugs come in a number of blends of fibers. Follow label directions carefully as there may be as many as three different fibers in one rug. Sizes up to 3 by 5 feet can be washed in the average home machine. Larger sizes will need a commercial machine. Use lukewarm water with the machine set at the "delicate fabrics" setting. If possible, extract water before tumble drying. Set dryer at lowest heat for an hour. When dry, shake the rug vigorously, then brush to remove lint and straighten fringes.

### How to store your linens

Convenience is the key to storing linens. A linen closet, well stocked, and neatly arranged so that you can put your hands on the right item without confusion is indeed a joy. (For plans of H&G's own basic linen closet, write to House & Garden Reader Service, 420 Lexington Avenue, New York, N. Y., 10017.) Sheets should be folded with the size label out, or the shelves labeled for sizes as well as for flat and fitted types. Always rotate linens and towels, putting clean ones at the bottom of the stack to ensure even wear. Keep a sturdy little step ladder hung on the door for high shelves. Sprinkle bed linens with dried vetiver or patchouli leaves to give them a barely perceptible sun-dried grassy scent. Or intersperse unwrapped cakes of your most fragrant soap through the stack to lightly perfume the linen.



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The Continental, Model 3LS598, 23-inch (diag. meas.) Mediterranean styled color console in Pecan veneers. Features fold-back cabinet doors, hidden Easy-Roll Casters.



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The Nording, Model 3L371, 23-inch (diag. meas.) Danish Modern Double-Sided color console. Walnut grained finish on hardwood veneers.

The exclusive Admiral 3-year picture tube warranty exceeds all others by one year. Insist on it when you buy a color set. Statistical information proves more replacements of color tubes are made during the 3rd year than the 1st and 2nd years combined. And look at the unsurpassed beauty of the all-new fine furniture. The careful crafting lavished on every style. Notice, too, the many quality features.

Example: Admiral Sonar Remote Control that lets you operate your set from your easy chair. Admiral Automatic Fine Tuning Control (AFC) that locks in a perfect sound and color signal. And many more. See your Admiral dealer for a wide selection of Admiral worry-free Color TV. All with the longest warranty in color TV.



**3-Year Admiral Warranty on Color Picture Tubes**—Picture tube warranted to original owner to be free from defects for 3 years. Admiral's obligation limited to supplying a replacement in exchange for defective tube. Service and installation costs paid by owner. Warranty not effective unless registration card mailed to Admiral after delivery.

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