## itroducing House \& Garden

## COLORS FOR 1974

3 rooms that come and how you can use them live with COLOR onew things to buy "HEAVENLY BLUES" NEW TEST to help pu find the colors lat suit youbest


Treasury is classically elegant with broken pediments and discreet custom hardware. Here you see it in antiqued white Parchment and you can visualize it in the Burley finish by the table top.



Registry, with traditional bamboo motif, demonstrates the mix of two of its finishes here-yellow Wheat and golden brow Rajah. And it also comes in Antique White with soft green hand-striping.



## The woods were never so full of color.

There's nothing like colorful furniture to keep a home from looking like it came off the assembly line. That's why it's the biggest thing in decorating today. But when you think color you probably think paint, and paint chips, doesn't it? And that makes no sense in this practical world. So we put our colors deep down into the fine cabinet woods and man-made elements just like we do our customary woodtone finishes so they'll wear exactly the same.

You don't have to be worried about a Stanley color finish as opposed to woodtones. The only difference is-it's yellow or white or whatever instead of brown. The same character-making grain shows through. It's hand-padded, hand-distressed and highlighted in the same multi-million dollar finishing plant that makes all Stanley finishes like velvet to the touch.

That answers durability-Stanley colors will last. But will color itself last as style? You can answer that for yourself, if you think about some of the world's great furniture for a minute. Like the white-and-gold antiques of Versailles, the brilliant lacquers of the Dynasties-even the reds and blues of our own Colonials. Color is as timeless as the Stanley designs you see on these pages.

Each of these, like all major Stanley collections, comes in a compatible woodtone too. Stanley always gives you a choice. And if you want the color finish, you don't have to pay more for it. Because all finishes
within all Stanley collections-colors and woodtone-are always the same price. So you can't even say you can't afford color to give your home the vibrant look of today. You're free to use all color or all wood, and you can mix them confidently because collection colors always complement their woodtone.

Now you know that Stanley colors are going to last-as style and as durable finishes. It's as sure as Stanley quality itself. So that brings us to the big question-how do you decorate with color? We hoped you'd ask because we just happen to have a marvelous new 20-page booklet, "Colorful Furniture and How to Decorate with $\mathrm{It}^{\prime}$, specially written for us by House \& Garden's own color experts (and who knows more about color than House \& Garden!). You'll see how easy it is to plan color schemes around color finishes, how to create the coordinated put-together look with a roomful of colorful furniture, how to sprinkle color through for gourmet seasoning.

You can get it at your Stanley dealer. Or, together with our Decorating Porfolio: send $\$ 1.00$ to Stanley Furniture, Dept. 142, Stanleytown, Virginia 24168. For the name of your nearest store carrying Rendition, Coventry, Treasury or Registry or other great Stanley collections, call toll free 800-243-6000. In Connecticut call toll free 1-800-882-6500. Please state the collection color you want to see. Stanley furniture-you'll be tickled pink because it's true-blue.

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House \& Garden

## EOITOR-IN-CHIEF MARY JANE POOL

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(INCORPORATING LIVING FOR YOUNG HOMEMAKERS)


ON THE COVER: A living room full of House \& Garden Heavenly Blues can bring the sky indoors-whether in the country (here, walls and ceiling are paneled in fir siding), or in the city, where you simply paint plaster or wallboard or whatever the same color -Space Blue. To intensify the blueness, the room is drifted here and there with white chairs, cushions, half the stripes in the rug, and zigzag patches in the Blue Flower and Ultramarine Blue sofa covering. For a marvelous accent, a Japanese lacquer coffee table-the hot orange of a costume in a kabuki play. Fir siding by U.S. Plywood; Space Blue Manor Hall Latex flat enamel by Pittsburgh Paints. Sofa and armless chairs by Flair; sofa fabric by Julian Tomchin for Connaissance. Coffee table and Régence chair from Richard V. Hare; porcelain garden stool from Stuart Greet; rug by Stark Carpet. For more of the Heavenly Blues, see page 120. For shopping information, please turn to page 190.

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Introducing House \& Garden 1974 Colors
Five ways to change the same room with
House \& Garden's new 1974 Colors
An old house comes alive with vibrant
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A born comes alive with natural colors and nature's materials
Three great ways to carpet a floor with paint Three great ways to paint a floor with pattern vacation house shaped to catch light, create privacy
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The more you look at color, the more you live with color, the more you'll enjoy it (Editorial) Find out what colors suit you best, and learn more about yourself with this new color pyramid test by Dr. K. Warner Schaie

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MARGARET KENMEDY

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## gardens

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# "Imagine being the head of the world's largest model agency and waking up to find yourself over forty and overweight!" 

## By Eileen Ford

"Overweight, out of shape, ad looking older then you are doesn't appen overnight. You can kid yourself r years. But one day you can no longer de that you've let yourself go.
"It's a distressing day for any oman. But, if you're Eileen Ford, head the world's largest model agency, it's so downright embarrassing.
"Not only am I surrounded by eautiful women all day long, but veryone knows how critical I've been women over 30 who let themselves ide. Yet, I let the same thing happen me.
"And to make matters worse, y husband picked just this time to ned 20 pounds. With his longer hair nd new clothes he looked younger than had in years. All the models were lking about it."

## A More Beautiful You in 21 Days

Eileen Ford was determined make a comeback.

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Eileen Ford hates boring repetitive exercises. So, ne put together a pleasant, varied program that you'll be ble to do in a few minutes.

Eileen Ford loves food and has a family to feed. o you'll share her slimming menus and recipes for 21 days. hey're so delicious and filling not even your family will now they're dieting, too.

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In addition to day-by-day exercises and menus, ou'll learn the beauty secrets that Eileen Ford has revealed nly to models like Ali McGraw, Candice Bergen, and Jane onda.

Tips that keep on-the-go models looking like they ast stepped out of a magazine page. How to cure The rizzies. No more dry skin. The perfect and portable hair tyle. First aid and lasting beauty for fingernails and ands. Quick make-up magic. The secret to a sexy voice.


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It's a realistic plan that takes into account your busy life - whether it's caring for a family, building a career, or both. So, if you're really determined to make a comeback as Eileen Ford was, it can work wonders for you, too.

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If after 21 days, you're not happier with yourself, the way you look and feel, just return the book and owe nothing. But if you do keep it, it's yours for only $\$ 8.95$ plus mailing. You have nothing to lose but inches and years. So send for Eileen Ford's book now.

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And, in that sense, a rare pleasure. But J\&B is also one of the most popular scotches in the world. And, in that sense, a very frequent pleasure.


THOUGHTS FOR
the

ostess

BY MARY MOON HEMINGWAY
Have you ever played word association games? The leader fires a word at you and you say the first word that springs to your mind. Well, it has been my observation that this diversion more often than not becomes an exercise in stereotypes when applied to food and entertaining-bacon and eggs, salt and pepper, guest and room, orange and juice. I'd like to stimulate a break-up of these hackneyed associations in order to open up a fresh approach to food, friends, fun-new ways for new fall days:

Company for dinner. What's your picture? Several different courses being served and removed with the same usual tedious routine? Try again. Why not bave the first course in the living room after cocktails? Perhaps a clam juice and cream of mushroom soup mixture ladled from a handsome tureen. Or seafood coquilles, shrimp rolls, or a large platter of antipasto. Then on to the dining room for the main course. For the dessert, back to the living room, or even a switch to the library or family room, and lots of good hot coffee and an assortment of splendid candies or bite-sized pastries or both. This all makes for an easy way to keep a party moving.

As for after-dinner coffee, try some special blends to get you out of your demitasse rut. Bigelow's Café Anisette, their excellent instant coffee flavored with a whisper of anisette, for instance, or their Café Orange and Spice, or Café Cinnamon -all three unexpectedly satisfying and a welcome change.

Cheese clichés abound. Most of us fall into them regularly. To avoid them: When you want a French cheese, try tomme de Savoie or Reblechon. ... If it's to be New York State, discover its "Heluva Good Cheese," a sharp, washed curd delight (don't be put off by the name) .... Wisconsin? Be beautifully surprised by a magnificent, native Gorgonzola, sizable, splendid, authentic. . . . There's more to Italy than Parmesansmoked mozzarella, looking like a small loaf of golden bread, should be eaten on its own merits. With red wine and for weight-sensitive gourmets, table ricotta is very good. Pina ricotta made from whey is firm, delicate, almost calorie free.

Is store-bought cheese too garlicky? Make your own herbed cheese with creamed cottage cheese and cream cheese, and emphasize the herbs of your choice. . . . Forgo the usual cheese nut ball once in a while and marinate cream cheese in soy sauce overnight. Shape and roll the next day with toasted sesame seeds.... Canned caponata (eggplant antipasto) blended with cream cheese and white clam sauce-a dip with a difference.
While developing a broader, cliché-free culinary vocabulary, you might as well get out of the starch groove too. Yorkshire pudding with cold meat is great (save and freeze fat from a previous roast for the making) ....Couscous cooked in chicken broth with bits of browned onions goes beautifully with lamb or chicken....That grain-sized pasta orzo, usually used in soup, is an interesting substitute in taste and texture for rice. . . . Or try spoon bread and fresh ham. . . . Perfect with pork chops, a hominy grit souffé rich with cheese. . . . Instead of the French fries with steak, use garlic grits, Continued on page 126


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## Th for brealsfast? Why not:"

## BY ELOISE R. TRESCHER, R.ID.

When nutrition consultant Eloise R. Trescher, R.D., writes about how to eat for good health and enjoy doing it, she draws on more than forty years of professional experience and on her personal experience in raising a family and running not one but two houses. After Mrs. Trescher graduated from the University of Delaware with a Bachelor of Science in Food and Nutrition, she went on to further study at Johns Hopkins Hospital in Baltimore, and, in 1930, started its Nutrition Clinic. She was director of the clinic-and, from 1941, on the faculty of the Johns Hopkins University Medical School-until 1949 when she left to go into private practice. She wrote, with two associates, the first manual of Applied Nutrition for the Johns Hopkins Hospital and has been a consultant for subsequent editions. A trim, vivacious grandmother of six, who weighs the same as she did twenty-five years ago, Mrs. Trescher begins this series for House \& Garden as she begins her own busy day-with a good breakfast.

Breakfast should be an event, not a brief encounter. Studies show that children's learning improves after starting the day with a good meal, workers' productivity increases. Breakfast helps you to start the day with a sense of well being, makes you alert, responsive. Without the first meal, it is possible but improbable that you will get your daily quota of the nutrients you require. Breakfast is your best beauty treatment. Have it in a relaxed way. Feed your body the nutrients it needs to supply energy for your early hours. The nutrients go through the digestive and the metabolic process at different rates and help to keep one's blood sugar sustained throughout the day. These nutrients-protein, fats, carbohydrates, minerals, vitamins, plus water-give you the balanced diet necessary to maintain you in good health.
Each nutrient plays an important role, sometimes several. Protein, minerals, and water build and repair worn-out tissues; carbohydrates, fats, and protein supply heat and energy; while water, minerals, and vitamins help regulate your body functions.
What is a good breakfast? Take your choice, anything you like as long as it provides one fourth to one third of your day's requirements for calories and protein and supplies some of the other essential nutrients.
A good breakfast for an average woman may consist of about 400 to 500 calories. The woman of reference on whom this theory is based is 5 feet 4 inches. The recommended calorie count for a healthy woman eighteen to fifty-five years of age is approximately 2000 to 1850 calories a day. This, with a reasonable amount of physical activity, should keep her at her desired weight, not losing, nor gaining. (From the age of eighteen to fifty-five a woman's calorie span varies only about 150 calories.) When a woman is pregnant or lactating her needs are greater. As one grows older calorie needs are reduced. In general, 1700 calories a day are sufficient, for a woman from the age of fifty-five to seventy-five.

Continued on page 14




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# eqPM food in the $A M$ is perfectly fine as long as you mix your nutrients and see that they keep good company" 

## NUTRITION continued from page 10

The man of the family should be with the family, too, at breakfast. Serve your husband a good breakfast, but keep in mind the man of reference is much taller and broader than you, and so needs proportionately more than you.

To start the day a good breakfast that gives you one fourth of your necessary nutrients might be a serving of fruit or juice; an ounce of either meat, cheese, fish, or an egg; 2 slices of toast or a bowl of cereal (or 1 piece of toast and a smaller helping of cereal) ; $1 / 2$ to 1 cup of milk; 1 level teaspoon of butter or margarine; 2 level teaspoons of jelly, jam, marmalade, or honey. You could use only 1 teaspoon of jam if you wanted a teaspoon of sugar in your coffee. Coffee and tea, alone, are free.

Apple pie for breakfast? Why not. Add a piece of cheese and even a small topping of ice cream, or a glass of milk. It may seem like a dessert to some, but to others it is a delicious breakfast. PM food in the AM is perfectly fine as long as you mix your nutrients and see that they keep good company.

A friend of mine has a sixteen-year-old son who has suddenly declared his independence at breakfast. He makes his own. His mother, in awe, told me a typical breakfast-orange juice, roast beef sandwich, hot oatmeal with milk, angel cake. Being a traditionalist, she worries about this unusual mixture. But this young man is practicing good nutrition. His breakfast includes protein, fats, calories, carbohydrates, minerals, and vitamins. Angel cake, for instance, is a good source of energy with egg whites, sugar, and flour. Children of all ages need calories for energy, and this boy is getting his share.

Serve breakfast with a flair, a matter of planning and priority. An attractive setting will lure your family to the table. After all, surprises are part of the fun. Set the table the night before. A mother should eat with her family, not afterward. Planning makes this possible. Being with them as a mother, not the cook, is important and makes cleaning up later that much easier and is time saving for the mother.

If you are an early riser, set the stage then. While the coffee is percolating, perk up the table. Use lengths of bright-colored fabric (you only have to hem the ends) as tablecloths, or vary the setting with place mats, scoops of color. Change the scene often. Give variety to the eye as well as to the palate. In the center of the table put a fan of autumn leaves, a pumpkin, a pyramid of golden apples. A table set with imagination will help make breakfast a happy meal and not just a hasty one.
As you know, an adult should have six to eight glasses of water a day, preferably between meals. If you drink one to two glasses on arising it will activate a quiet bowel and help promote a satisfactory bowel movement. Plan a regular time for this important part of your hygiene-about twenty minutes after breakfast is the best time. Constipation in a healthy individual is usually due to irregular habits and improper diet. If you experience unusual variation in your bowel habit, consult your doctor immediately.

Many mothers find it more relaxed and more comfortable to have the family come to the table in their robes. After a good breakfast allow enough time for hygiene and dressing. Having children organize their school work and books and clothes the night before will

Continued on page 18


Among antiques of the eighteenth century, those of France exhibited such individual artistry and diversity of form and character that the connoisseur refers to this period as "The Golden Age."
The two-tiered armoire, considered a masterwork of the cabinetmaker's art, is an exacting replica of one found in the presbytery of an old French Canadian cathedral. The bergère, a most characteristic form of Louis XVI seating, was first created to permit ladies of the day to sit comfortably while displaying their costumes to full effect.

The Louis XV stool is also a delicate example of handcraftsmanship, as is the Empire refraîschissoir, a small table used in the dining room. to chill wine.

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BARWICK CLOCKS

## eWhy not plan a week of breakfasts, giving them the same care you do to planning your weekly dinners"

## NUTRITION continued from page 14

help avoid the morning scramble, the accompanying short tempers, which take away from energy gained from breakfast. And it's a good idea to keep all complaints and criticism away from the table. A positive atmosphere at breakfast will aid digestion whereas airing family differences will do just the opposite.
Breakfast may be small, medium, or large. But breakfast is for every member of the family every morning. Try cottage cheese or yoghurt with raspberries, blueberries, or stewed apricots. An alternative might be superb jam, such as Nantucket Beach Plum preserve or guava jelly-a splendid foil for the blandness of yoghurt. (No cooking here, please note, no pans to wash.) Protein and fruit are provided, and toast or crackers should be included. Protein is a natural for breakfast, a star starter to give energy. It also helps to offset hunger. Of Greek origin, protein means "of first importance."
Slice into an excellent source of double vitamins A and C, the cantaloupe. Wedge the top with slices of lemon and lime (both high in ascorbic acid). Small treats work large wonders at breakfast. Why not plan a week of breakfasts, giving them the same care you do to planning your weekly dinners? And post them in the kitchen as a reminder and encouragement to your family, giving them something to look forward to first thing in the morning.
A hearty cold breakfast could be a platter of thinly sliced ham and cheese-Cheddar, Swiss, caraway-with plenty of hot, crispy toast, crunchy rolls. Put all this on a lazy Susan and let everyone make his own, a smorgasbord breakfast. Have a variety of jams and jellies-ginger marmalade, Damson plum, blackberry, crab apple. Pitchers of juice and milk round out the meal. Afterward you can wrap up the ham and cheese not eaten for another easy, quick, nutritious breakfast.

Cocoa is a wonderful camouflage for milk. But this time try evaporated milk. This cocoa is different, and the children love it! You can make up large amounts, keep it in the refrigerator and reheat for breakfast. (A child should have three to four cups of milk a day, adults, at least two cups.)

> COCOA RECIPE

In a saucepan put $1 / 4$ cup cocoa and $1 / 3$ cup sugar, mix thoroughly. Add $13 / 4$ cup water. Bring to a boil. Add 13 -ounce can evaporated milk and heat. Serve with a dash of vanilla. Makes three generous cups.
When you're in a tizzy, and it's just one of those days, a milkshake can take care of breakfast. It's quick, tastes good, and provides everything a good breakfast should except roughage and a relaxed atmosphere. Use a cup of milk with fruit-ripe berries, a banana, or fresh or canned peaches, one egg, and a scoop of vanilla ice cream or ice milk. Blend. Pour into a tall glass (it will almost double in volume) and serve.
On the weekends breakfast may be later and larger . . . kidney stew and waffles, corn beef hash with poached egg, scrapple with broiled apple rings, a galaxy of omelettes, creamed chipped beef on English muffins . . If you are looking for a way to make a white sauce without butter, perhaps for your chipped beef, try this. Serves 3-4. All you need is 2 level tablespoons flour and 1 cup milk. Put flour in a saucepan, add milk gradually, smoothing out the lumps. Heat and stir constantly until thickened. At the end, add a dash of paprika or a few drops of yellow coloring, white pepper and Durkee's or McCormick Butter Salt.
(Continued on page 200)

# General Electric does away with all the things you don't like about dinner: 



## GE Disposall Unit

Now, you hardly ever have to scrape dishes, wash plates, scrub pots or get rid of the after dinner mess.

We take care of it all.
When we're finished it looks like you never even started dinner. The GE Disposall unit.

This big eater will gobble up whatever juicy leftovers the dog doesn't want (as well as things like chicken bones, fish bones, potato peels and egg shells). It will do it quickly, without a lot of fuss. The GE Potscrubber Dishwasher.

This is the tough guy. It has a Power Scrub" Cycle that not only cleans pots and pans without any help from you, it washes fine china and crystal as well. It also has a soft food disposer so you don't have to scrape or rinse pots or plates. Just tip off large and hard scraps.

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This wizard will make your cans, bottles, containers and other trash practically disappear. It will mash up the weekly trash for a family of four, into one tidy bundle.

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PROUDLY PRESENTS



The "Debutante"<br>By Laszlo Ispanky

Laszlo Ispanky is one of the greatest porcelain sculptors of our time, but, more than that, he has the ability to capture the true spirit of his subject. He is known throughout the world for the beautiful porcelain girls that he creates. The "Debutante" is one of Laszlo Ispanky's newest creations. She is beautiful, she is enchanting, and, she looks as though she has just stepped out of the pages of Margaret Mitchell's 'Gone with the Wind."

The "Debutante" is a numbered edition of 500 , and is very reasonably priced at $\$ 375.00$. The upper part of her dress is sky blue with yellow trim, and the lower part of her gown is a satiny white with a brocade design.

Ispanky collectors will be interested in knowing that the "Debutante", has changed her gown. She was originally released in green, but Laszlo Ispanky felt that she would be more appealing in a blue and white dress. We at Armstrong's heartily concur and now take pleasure in presenting the "Debutante", to you. In fact, we feel that the "Debutante"' is destined to become one of the most sought after sculptures within the Ispanky collecton.

Armstrong's delivers anywhere within the United States and invites your inquiries.

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## LOOKING TOWARD THE 1976 BICENTENNIAL CELEBRATION

# A Preat American idea VAN CORTLANDT HOUSE MUSEUM 

IBY KENNETH IBATES

Iike so many historic shrines, Van Cortlandt House Museum in Van Cortlandt Park in New York City has had its ups and downs. Built in 1748 by Frederick Van Cortlandt, it served as a country mansion for that gentleman and his descendants for almost 150 years. George Washington slept there (where did he not?) when the house was his headquarters, and somewhat later, the Duke of Clarence, afterward King William IV, and Admiral Robert Digby dined so sumptuously as guests of Augustus Van Cortlandt that, in appreciation, they presented their host with a pair of carved teakwood vultures captured from a Spanish privateer. The birds, if a curious choice, are still extant, still handsome.
Those were the great days. Then, in 1889, the City of New York purchased the property for a public park, and the house became a police barracks (thus does glory pass) and knew grandeur no more until 1896, when it was placed in the custody of the National Society of Colonial Dames in the State of New York. For a year, that indefatigable group worked at restoring and refurbishing the house (a task that still continues) and opened it to the public as a museum on May 27th, 1897. To this day, the house is maintained by the Dames, although the exterior and grounds are tended by New York City.
Not at all ostentatious, yet stately, the house shows both English and Dutch influences in its architecture. The fabric is rubble stone with a certain amount of brick ornamentation and a series of keystones carved like satyrs' faces-no two alike. These may have come from Holland, where such grotesqueries were much fancied. But behind the simple façade lies a series of beautiful rooms superbly decorated with a collection -much of it once the property of the Van Cortlandts -of furniture, ornaments, paintings, and utensils of the period. There are portraits by Rembrandt Peale and Gilbert Stuart; rare cabinetry of mahogany and maple and pine; Aaron Burr's dueling pistols; 17thand 18th-century Oriental rugs; a Dutch kas, or linen cupboard, so beautifully

painted in grisaille it is more a work of art than cupboard; one of the earliest known American dol houses, completely furnished, and, in the kitchen, enough Colonial utensils to cook a dinner for two Dukes.

Each year, from ten to twelve thousand schoo children tour the house (a pilgrimage the Board of Education smiles upon), and in what is known as the Assembly Room, are shown a program prepared with colored slides and a recorded commentary dealing not only with the house and what is in it, but with much of the historic background of Nel York City. There is also an adult program of the same nature, and in preparation, a "beginner's" program for younger children-a charming idea Instead of photographs, slides are shown of line drawings of, say a ladder and a ladder-back chair an apple pie, well-crimped, and a piecrust table; an 18th-century lady's fan and a fanlight. Thus, origins and nomenclature are made understandable in the most graphic way possible.

The Van Cortlandt House Museum, at Broadway and 242 nd Street in New York City, is open to the public every day except Monday from 10 AM to 4:30 PM (Sunday, 2 to $4: 30 \mathrm{PM}$.) Admission is fifty cents Sunday through Wednesday; Thursday, Fri day, and Saturday are free.
All planning for the museum is done at the Colonial Dames Headquarters, also a museum, at 215 East Seventy-first Street. Here, the educational activities are myriad. The house is shown by appointment. New programs are constantly in work, lectures on history and art are given, there are distinguished collections of historic treasures and a fine genealogical library. Very much of today, not the least of the Dames' good works is the annual presentation of a $\$ 2,500$ Fellowship in American History at the University of the City of New York LeFT: The streetside façade of Van Cortlandt House with its Dutch stoop. Upstairs, George W ashington dreamed of victory in this handsome room with its curtains and bed trappings of resist-
pattern cotton-an exact copy of a documentary print. beadle

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## QUESTIONS \& ANSWEERS: ntiques

## BY LOUISE ADE BOGER



DELFT CHARGER
The loan exhibit at our antiques show this year is "Pottery and Porcelain, from about 1650 to 1850." In it is this delft charger (c. 1770-1780). Can you tell us anything about the origin of the polychrome motifs on it?
B.H.-Houston, Tex.

The border is obviously Dutch, while the horse, palm trees, stylized clouds, and other nature abstractions are of Oriental derivation. The painter has contrived to make East meet West with a delightful coordination of movement.
The Theta Charity Antique Show, sponsored by the Houston Alumnae Chapter of Kappa Alpha Theta, will be held in the Albert Thomas Convention and Exhibit Center, Capitol at Bagby, Houston, Tex., September 26-30.

## JAPANESE CANDLESTICK

This candlestick was brought here from China many years ago. Can you date it approximately? Is it antique? And do the turtle and crane have any significance or are they merely decorative?
P.H.B.-New York, N.Y.

Your candlestick is Japanese in origin and is probably less than 100 years old, so it is not antique. The tortoise with a long side tail is the Japanese symbol of longevity. It is usually shown with a crane.

## AMERICAN COIN GLASS

I have an 1892 American Coin
Glass also several pieces of Columbian Coin Glass. They seem similar. Will you please explain the differences between them? M.S.-Tulare, Cal. The United States coin pattern, the molds of which were made from newly minted coins dated 1892, was used in a variety of wares at the time of the Columbian World's Fair in Chicago, 1893. It was rapidly discontinued, however, as it conflicted with Treasury regulations about reproduction of U.S. coins. The pattern was changed and the so-called Columbian coin glass was substituted.

AUSTRIAN VASE
I would appreciate knowing who made my vase, which came from Austria, and how old it is. I have sketched the marks on the bottom of the vase. N.B.-Hyde Park, Mass. Your fanciful porcelain vase was made mas at a factory started at Ladowitz, near Dux, Bohemia, in 1882 by Robert Hanke, hence "RH." It dates around 1900. (Continued on page 28)




## Sears presents the no-snag, no-sag drapery rod. Made beautifully for your beautiful draperies.



Moppets. A gift to be cherished forever. From the Gift World of Gorham. Look for them at these fine store



> Gorham introduces a delightful new group of Moppets with happy thoughts of friendship and love for any occasion. Some of these very special little people are musical Moppets-to brighten someone's world with a nostalgic tune. Their life-like expressions and childhood innocence are captured in hand-painted porcelain for a gift that will be cherished forever. See the entire Moppets family on display at the fine stores listed on the opposite page. From the Gift World of Gorham, of course. Vell) $\$ 8$. The Moppets family includes 16 other delightful members for other special occasions. All prices subject to change without notice.


From
The Metropolitan Museum of Art

## Christmas Catalogue

The Metropolitan Museum's new catalogue of distinctive and unusual Christmas cards and Christmas presents. \& Exact copies of rare early American glass in crystal and in colors; eighteenth-century Chinese porcelain, Meissen and Delftware; bronze and silver cats from Egypt; a Byzantine necklace of pearls and emeralds; dragons, rams, deer, eagles, and scarabs in precise replicas of ancient gold and silver jewelry; a unique barrel-shaped pewter tankard made about the time of the American Revolution; a Ming dynasty lion in a needlework kit; small medieval bells of silver and gold each with a sweet and individual sound; an illuminated manuscript made for a Queen of France; an album of Chinese paintings - mountains, rivers, and flowers; an Egyptian Magic wall calendar; and the spectacular new Museum engagement calendar, Gardens: East $\mathbb{\&}$ W est - more than one hundred imaginative, new suggestions for Christmas. If The celebrated Museum cards include forty individual designs - an unparalleled selection of paintings, drawings, engravings, goldsmiths' work, stained glass, textiles and sculpture - and ten specially boxed selections ranging from details of the Unicorn tapestries to art nouveau graphics. The cards are priced from 10 to 35 cents each and the Christmas presents start at $\$ 2.95$. They are made especially for the Museum and can be bought only by mail or at the Museum itself. Send the coupon below, together with twenty-five cents, for the illustrated 88 -page color catalogue.

## The Metropolitan Museum of Art

255 Gracie Station, New York 10028
Please send me the Museum's new catalogue of Christmas cards, 25 cents enclosed
Name
Address

ANTIQUES continued from page 24
LITHOPANE
I'm told that this picture is a lithopane. What does this mean? Are they hard to find? S.o.S.-Laguna Beach, Cal. Lithopanes, with their sentimental pictures, were intended to hang as transparencies in windows. Made of unglazed porcelain, they were molded on the reverse side with a pic-
 torial subject in intaglio to give the appearance of a low relief when light shines through. Introduced at Meissen in 1828, they appeared about the same time at the Royal Porcelain Manufactory at Berlin. Lithopanes from important factories are far from plentiful today.


NEW YORK TANKARD
Can you tell me what this mark signifies and the period of my tankard on which it appears?
R.L.D.-St. Louis, Mo.
E. G. Webster \& Son, Brooklyn, New York, 1859 to 1928 , made your silverplated tankard, perhaps around the 1860 's when the Renaissance revival style was in fashion.

CHIPPENDALE CHAIR I recently inherited this richly carved Chippendale chair, which I think was made in England. Is this so?
L.B.C.-Paoli, Pa.

Yes, your Chippendale style chair with an open-worked splat and cabriole legs terminating in ball and claw feet is English and probably dates around 1755-1765. The bow-shaped crest rail is a marked feature of Chippendale style chairs.


## GERMAN OIL LAMP

This white porcelain owl kerosene lamp has a pottery mark of crossed swords. What do they signify? L.R.G.-Palo Alto, Cal. Your mark is one of many copies of the Meissen crossed-swords marks used by the South German factories that from 1850-1900 produced elaborate porcelains in the Meissen manner. Of the many fanciful animal forms in these German oil lamps, the owls outnumber them all.

SOUVENIR SPOON I would appreciate any information you can furnish about my spoon's origin and whom the female figure on it represents. M.W.-Bethany, Conn. Your souvenir spoon was used as an advertising premium by the Walter Baker Chocolate Company. The figure, "La Belle Chocolatière de Vienne," made her debut in 1872 as their registered trademark. It was copied from a painting by Jean Étienne Liotard and is said to be the portrait of a beautiful waitress in a Viennese chocolate shop. A young Austrian prince fell in love with her and after they became engaged, he had her portrait painted as he had first seen herserving chocolate.

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The authentic Mediterranean styling of this meticulously crafted drum table hides the last word in stereo: powerful solid-state FM/AM radio, automatic record changer, a matrix decoder for 4-channel sound,' and lots of record storage space. Plus a 6 -speaker
sound system that projects breathtakingly realistic stereo in all directions. A companion drum table holds three more speakers and enough additional storage space for 100 records All from Magnavox, the people who make stereo consoles -in more
sizes, shapes and designs to fit your room and your lifestyle - than anybody else Drum tables, for example, are also available in Contemporary, Early American or faithfully reproduced French styling. Their magnificent Magnavox sound loses nothing in translation.


## - Uutumn planting for gardeners without total recall

## 

Long ago I planted a vegetable garden every spring, and it was several years before I didn't have to look up the proper planting depth of the different seeds. Perennials, trees, and shrubs don't go wrong, generally, if planted a bit deeper than they were in the nursery, for they end up at their original depths after the soil settles in their new locations. But a few have their own stern ideas about how much earth they require over their not-so-comely crowns. Planting time is also a factor, particularly with bulbs-and so is irrigation. It turns out that plants that are best moved, thinned, or bought for fall planting seem to have more special cultural requirements than others. What follows is a short reminder manual for handling such plants.

But hold on a minute. What about this business of putting valuable plants in the ground in the fall? What chance does any plant, except a bulb, have against winter? I once thought they didn't have a prayer. And I could prove it to my nurseryman, for I got about a 10 percent survival rate. So far as I was concerned it was the fault of his plants, if, as he said, it was not the winter's. I had turned out to be a far better than average customer, and it was this generous buying, I discovered later, that caused him to give me small credits each spring on my "winter losses." But he got fed up after a while. "Mr. Harris," he said one spring, before I could even greet him, "you have lost nearly every plant you put in last fall." That was true, but how did he know? "The reason you lost them was that you didn't arrive here until late October. Your plants made little or no root-growth before hard frost. Surely you don't expect a plant you treat like that to live through the winter." I was mortified.

Very late planting in such a cold zone as No. 4 (minus $20^{\circ}$ ), although a principal cause of winter loss, is not the only one.

If plants are not kept damp after planting, they cannot possibly develop roots during a dry spell and winter will kill them. And any perennial, established or new, must have snow-cover over winter or protection to keep roots from heaving during unseasonable thaws. Plant losses from fall planting are little different from those one suffers in spring, from lack of water or from heat that causes plants to grow tops faster than they can grow the roots to support them. Spring, of course, is the time man likes to watch plants grow-by fall he's jaded, and if a plant can't be seen growing actively it is hard to believe the roots are growing below ground. I am always baffled by gardeners who look down their noses at plants (perennials, shrubs, or trees) that have been grown in containers during the season and look like the devil come fall. They want no part of the unsightly things. These plants are tired-looking only because they are moving into dormancy at a bit faster rate than the same material in the ground. But their roots, already growing as roots should grow, will continue to spread when taken out of the container and should do very well indeed when the sun warms them in the spring. Now back to plants that do not respond to ordinary culture.

Madonna Lily (Lilium candidum). This fine plant should be bought or delivered by late August or very early September. ${ }^{\circ}$ It has its own strict planting rule. Plant the bulb in a good garden loam, and place, as exactly as possible, 1 inch of soil over its top. A Madonna must produce a nice bunch of green leaves before deep frost or it will not survive. To grow this topknot of green, the bulb must be kept Continued on page 32

[^1] Lady on the right sprays her mop with Endust. ${ }^{\circledR}$

..ready, set, go.

## The dirty dust mop wins.



Because that's the mop sprayed with Endust. It picked up 6 times more dust and dirt than the plain mop.

Endust turns any mop or dust cloth into a dust magnet, so dust can't scatter.

Why knock yourself out pushing dust around? Pickitup, with Endust.


## ce You may find watering Madonna lilies a bit like irrigating, elephants, but the blooms are worth any amount of troubles

## AUTUMN PLANTING continued from page 30

damp. As a mere inch of soil dries out very quickly during a warm spell, you may find watering them a bit like irrigating elephants, but the blooms, particularly with blue delphinium, are worth any amount of trouble.

Lilies (Lilium). None of the many other varieties of lilies need special planting consideration. If the tops of their bulbs are covere with 4 inches of earth, you are in the ball park. A few carefully built catalogues do provide different planting depths for some varieties and it would be well to follow them. Many gardiners do not realize that lily bulbs never have a dormant period like daffodils and tulips. So they are not harvested until their growth slows late in fall, which means that lily bulbs are always the last bulbs to arrive. Put them in the ground without delay; they eagerly throw new roots-and keep growing them until frozen solid. They again start root growth in the spring long before their spikes show. Lilium is a very hardy race of
plants, but northerners shy away from them because the ground is usually frozen a bit before the bulbs arrive. If necessary, dig up an inch or more of frost, then plant. They will make small roots until completely frozen. Most plants are unhappy when out of the earth; lilies are miserable. Lilies are affected by various viruses, but most are brought to the plants by aphids. Squashing works, but Blackleaf 40 is a lot more effective and easier.
Oriental Poppies (Papaver Orientale). These flamboyant beauties, particularly if you can find varieties with stout stems, will give a sensational flash to the garden in June. Vigorous roots are 6 to 8 inches long with fat crowns-and very brittle. So dig deeply and place the crown 3 inches below the surface of the ground. Poppies, too, must produce leaves before frost, so keep them damp. You should have roots in hand the latter part of August or early September. If a poppy has not done well in the garden and you think it needs a
better location, move it, but never move a vigorous groweran Oriental is a tap-root plant and will be resentful.

Iris (Bearded). Late August and early September are the times to have these deservedly popular roots (rhizomes) in hand when you are getting new varieties. Planting depth is critical. Try to recall how you think a fully loaded tanker looks as it rides the seas. It's awash, and awash with earth is the way an iris root should look, lightly corered, and held in place with a few of its long stringy roots pressed securely into the ground. The green leaves left on the root by the grower are called a "fan" because they look like one; point it outward in the group, for new growth will move from it, outward. If your bed needs transplanting (over four years old), dig soon after flowering in late June, discard the dead rhizomes, let the newly cut ones cure in the sun for a few hours, then replant fat divisions. Digging this early makes the job far easier,
for the rhizomes will not have started rooting.
In June, a pleasant young couple questioned me about our Iris border. "Why didn't all the plants bloom?" the girl asked. I told her that it was a first-year planting and that only about 40 percent of the plants could be expetted to show flowers; it should be sensational in its second and third years, I added. The couple had a small Iris border, not good, and it was three years old. I asked if the plants had been sprayed in early spring. She said, "I do not use, nor do I permit the use, of spray materials." She was haughty. "Well," I said, "borers got your iris." I have never known an iris that was unable to attract a borer, but she insisted hers had none. In a moment she said, "Fred, maybe that's the reason those two that were so lovely last year . . . I haven't seen them." She added, "Fred, I shall not use an insecticide. You do it. Ask the man what he uses." The man said, "Cygon. When Continued on page 34


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joyable. Now it can be enjoyable. Come to Wards and let the Compatible Color System solve your problems with color by number.

Open a Wards "Charg-all" account. It makes shopping simpler in our store or catalog.


## "If a poppy has not done well in the garden, move it, but never move a vigorous grower"

AUTUMN PLANTING continued from page 32
spring growth is about $1 / 2$ inches, then twice again at two-week intervals." He made notes.
Daffodils (Narcissus). Planting depth of these great spring bulbs isn't critical-with 4 to 7 inches of soil on top of the bulb, self-propagation is good; deeper planting keeps them from spreading fast. A half handful of bonemeal plus a heaping tablespoon of sewage sludge (Milorganite) mixed thoroughly in the bottom of the hole helps keep them vigorous over a long period. But planting time is important, very much so. Get them in the ground before other
bulbs, or blooms will appear next spring on very short stems. Daffodils must produce roots before heavy frost; if not, they have a good chance of dying. This happened to me when I first started and I blamed the bulbs. With receipt in hand I returned to the then-famous New York bulb house that sold them to me and made my claim. I had bought them on November 8 and planted them the next weekend. I told where. "They never had a chance," the manager said.
Colchicum, Winter Aconite (Eranthis), and Snowdrops (Ga-
lanthus). These three lovely spring-flowering bulbs are not seen in just every cold-climate garden, for they, too, require early planting. Very early-ahead of daffodils. They invariably arrive with other bulbs, although most dealers do send Colchicum earlier, for otherwise they will bloom in the bag. (This is also true of fall-flowering crocus.) If you live in the north, try to find a dealer who imports these bulbs ahead of daffodils and tulips. There are several.
Tulips (Tulipa). Six-inch holes take care of planting depth, but
if mice are a problem, put them 10- to 12 -inches deep. Only a very hungry and industrious mouse will tunnel that deep. Those who plant tulips in bare borders well removed from stone walls and free from trash, rarely have trouble with mice. To get the best results from tulips, plant them just before hard frost. They must not make roots of any consequence in the fall, otherwise the bud may move up, even poke its point through the bulb, and if this happens one either doesn't get blooms or they are scrubby. Tulips, of course, are delivered with the rest of the fall bulb order. Open the bags and store them in a location where the temperature is unlikely to rise above $70^{\circ}$ during Indian summer weather. If they stay above that temperature for long, blooms can be as small as one-third proper size.

Herbaceous and Tree Peonies (Paconia). Both of these rewarding plants have critical planting depths. Herbaceous varieties have large, fleshy roots whose eyes (small, red, soft, elongated buttons) should be planted $11 / 2$ inches below the surface, as exactly as possible. Deep planting keeps them from flowering for several years. Much has been written about planting herbaceous peonies in very early fall, but I have not found this necessary. They are really easy-going fellows; mound earth or evergreen boughs over those planted in late October. They grow. No protection is required after the first winter. In the spring spray them with benomyl (see June House \& Garden) a couple of times while growth is soft-fungus all too often knocks down these tender new shoots.

Tree Peonies, which grow into delightful, large bushes after seven or eight years, have an even more critical planting depth -the graft must go 7 inches below the surface. This means a very deep hole, for the main root is so brittle it snaps when bent ever so gently. If you have to dig into hardpan, find another location with deeper soil, for any entrance into hardpan means that a bowl is made that will not drain. So the precious plant drowns. It must be protected the first winter, but not later.

# Thelma Turkel. Wife, mother, and Interior Decorator. 

A growing number of women are leading successful double lives. Thelma Turkel is one of them.

She spends most of her day cooking, cleaning, chauffeuring, and looking after her family in a lovely suburban town.

But for two or three precious hours she lives in another world, enjoying all the excitement and rewards of a career in Interior Decorating.

It's a shame more women don't take it up, as an enjoyable way to make money.

As an interior decorator you never have to punch a time clock or drag yourself through a 9-5 day.

You can set your own schedule. You can work in your spare time. Your office and "showroom" can be your own home-furnished at your special decorator discounts. And if you do work at home, your accountant can show you how to legitimately deduct from your income taxes all expenses necessary to running " business, including your "home office."

You can even take your career as an interior decorator with you if you move. There are countless open-ings-highly paid jobs (part-time or full-time) to be found throughout the country as the interest in home country as the interest in home
furnishings continues to boom. (Forbes magazine calls it, "perhaps the hottest growth field of the 1970's.")

## Train at home

Perhaps, you have considered this as a field you would like to get into someday. There's no reason to wait any longer.

If you're serious enough to spend a few hours a week preparing for this exciting career, you can now get a thorough training programin your own home.

Today, ICS, America's oldest home-study school offers a complete, practical and up-to-date program in Interior Decoration and Design.

The entire program is based on the experience of John Gerald, founder of one of America's topflight decorating firms.

And you can be sure there's no dull, dry text. Marguerite Rittenhouse, Ph.D., a well known educator, worked closely with Mr. Gerald. She also checked out every lesson with untrained but interested women,

as well as sales people in furniture departments and decorating shops to make sure each idea or way of working is not only interesting but logical and easy to follow.

Right from the start, you work with top-notch professional equipment. Templates, sketching materials, architect's scale, folding rules, T-square, triangle, fabric swatches and color charts are included in the material you get. (The basis for your business workshop later on.)

## Ways to make learning easier

You also receive: a three-dimensional viewer and 130 slides that put you "inside" rooms; and a cassette tape player with tapes-modern audio-visual learning aids that bring your lessons dramatically to life.

Each lesson takes you one step
closer to your goal-the confidence and knowledge you need to be a wellpaid interior decorator. Soon you'll be analyzing a room's architecture, exposure, and traffic patterns like a "pro."

You'll talk expertly about furniture periods, oriental rugs, color, balance, lighting, and more.

You'll master all the principles of Interior Design: form, proportion, scale, balance, and unity.

## Your home as a showplace

Your friends will first notice the difference in your own home. You'll know it from their comments. Your advice will be sought. And you'll know you're ready to make a place for yourself in Interior Decorating.

At this point your lessons change from the principles of decor-
ating to the practice of making money.

You'll learn how to get assignments. How to charge. How to set up your own business. Even what to say to clients who want to bring friends on shopping trips (never)-or to those who want you to talk budgets with their husbands(always).

You will be asked to complete assignments and return them to ICS. Skillful, interested instructors will review your work. Suggest new ideas or alternate solutions. Then return your corrected assignments to you with their comments.

## Extra help as near as the phone

Although you work at home, you're never alone. You can call ICS -Dial-a-Question-toll-free-any time of day or night-to ask any questions about your studies.

Interior Decorating is an ideal part-time career that can grow into a full-time job when you're ready. And ICS is theideal way to study-at home.

## Mail card for free information

To find out whether becoming a well-paid interior decorator could give you a more interesting and rewarding life, simply mail the attached card today. We'll send you by return mail "Should I Become an Interior Decorator?" a helpful booklet containing the questions you probably have on your mind right now and detailed information that will help you answer those questions.

We'll also include a demonstration lesson so that you can see how you can develop your skill in Interior Decorating at home on your own time schedule. There is no obligation whatsoever.

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## KITTINGER

## $\mathrm{H}_{\mathrm{H}}$ ubout these colors... what's so different about this fuce?

## BY REEECCA WARFIELID

Lately, colors, particularly eye colors, have been as direct and unsympathetic as a sock in the eye. Now they are moving over more to eye contact action-eye to eye. The old assertive statements are quieting down, warming up, undergoing a butterfly transformation into a kind of glimmery, misty, mysterious evasiveness. Persuasive is the word now. Not pow-no mystery whatsoever in that. Color is encouraging a lot of lively moods now . . . the deep naturals of woods and lakes and glens . . . such amusing little playfulness as diamond twinkles for the corner of the eye . . . pale colors trembling with a rainbow opalescence. Basically, these are The Not Trying Too Hard Colors . .
The Face we'll see now is never going to be pulled ahead of itself by an obvious coat of make-up or a dark mouth that won't quit or with colors that are bad timing (PM shades in the AM). This is the face that won't be saying Me-Me-Me but rather Over to You. It's The Communicating Face.
to forget now . . . Those eyelids that we've seen too much of, put on at an early hour with a heavy hand ... Big helpings of explosive color, usually turquoise, don't really mean anything but often create a most hostile impression. Pablo Manzoni, Elizabeth Arden's color classicist, asks "What are they doing, those two birds sitting there, flown in from nowhere with nothing to say?" And he adds "Haven't you noticed that trying too hard may lead to defeat?"

TO bear in mind . . . A whole range of living colors for the eyes-fawny, tawny, pebbly, slaty blues, and all the deep greens that spring from the forest's ferny floor. (Not seductive? It might interest you to know that Andrew Marvel, who wrote one of the most famous of all love poems which begins "Had you but world enough and time," felt green to be "the most amorous of all colors.")

TO FORGET NOW . . . Any foundation that transplants your face into a far stronger color country than its own. Nicholas of Charles of the Ritz, a naturally inclined color director, thinks pinks and blends them with infinite discretion along the jawline.
to bear in mind . . . Never plunge in and start pushing your make-up around on your face before you know precisely what color you want it to be. Nicholas would like you to blend a bit of color moisturizer with a light foundation on the back of your hand until it looks something like your own skin. Then he thinks you should put it on, never dotting skin, forehead, cheeks as of old. But, as he says, "start directly on one area, use up what you have, then you'll never wind up with an overdose of color."

To FORGET Now . . . Anything that you question the good taste of-such as too much make-up in the morning, eye make-up plus cheek color plus lipstick. Instinctively you might not wear

Continued on page 40

## If Colgate is just a kid's cavity fighter, how come Gwen Verdon won't brush with anything else?



The Sweet Charity of Gwen Verdon is well known to many people. For even while starring in Broadway hits from Damn Yankees to Redhead, Gwen's life has been people. Teaching. Working with the underprivileged. Giving. That's what Gwen Verdon is all about.

Gwen brushes with Colgate, a toothpaste for people who like people. Colgate freshens breath as long as a leading mouthwash as clinical test results show. And the taste is brisk and clean.

Only your dentist can give teeth a better fluoride treatment than Colgate with MFP. But a great cavity fighter can be a powerful breath freshener, too.

If you like people, be sure you brush with Colgate. Gwen Verdon wouldn't think of brushing with anything else.

with MFP...the breath-freshening cavity fighter.


## Carpets need a doctor?

## Symptoms: SICKLY COLOR - HARDENED FLATTENED PILE - LARGE SHADOWS LURKING BELOW THE SURFACE - SPOTS BEFORE YOUR EYES

Diagnosis: THEY'VE BEEN GOBBLING TOO MUCH GOOK! Whether you have been feeding them wet or dry foam-with no way to get out more than 5 to $10 \%$ of either it or the dirt-they can soon get filled up and look mighty peu-trid.

## Rx: THEY NEED ARGOSHEEN ${ }^{\circledR}$ FAST!

Put it down and let it work. Then take up the thick black sludge by the barrels on your cotton pads or your Argomop-because no vacuum ever made can do it. Guaranteed safe for all fibres and for workers to use in enclosed areas. Delta Air Lines says they have never found a spot ARGOSHEEN would not remove!

Instant Recovery: - NEW COLOR - NEW TEXTURE - NO SPOTS - NO SHRINKING - NO FADING

Write for information including tests which allow you to prove to yourself that cleaner cannot mix with the soil and will dry to a powder which can be vacuumed away; how to prove whether a cleaner is safe before using it; and how to avoid rapid resoiling. Also included are special instructions for cleaning some of the new carpets with severe soil-release problems. Two quarts of ARGOSHEEN with its all-purpose spotters will clean more carpets than a gallon of any other known carpet cleaner. For guaranteed to please prepaid shipment, send check with order: Gallon ARGOSHEEN \$8.98; Quart $\$ 3.50$; 20 oz. Aerosol $\$ 3.50$; ARGO Rug Mop $\$ 4.95$; Tub $\$ 1.50$ or Special 2 Quarts, Mop \& Tub $\$ 12.00$. Dept. HG-9. ARGO \& COMPANY, INC., P.O. Drawer 2747, 182 Ezell St., Spartanburg, S.C. 29302.


# "This is the face that won't be saying Me-Me-Me- but rather ©ver to You" 

GOOD LOOKS \& GOOD HEALTH
continued from page 38
earrings plus necklace plus bracelet plus pins . . . so stay close to your intuition.

TO bear in mind ... A foundation is meant to give you what Pablo calls happy color on your face-healthy, that is-and the impression of being part of it. The conspiracy to conceal is over. However, when you would like some sort of action along this line, it should come by way of one of the diaphanous wrinkle lotions that slip under make-up, lift and smooth your skin. And then there is that trusty little wax wand that creates illusions around the mouth and eyes-it's Clinique's wise Wrinkle Stick. Their other ace-in-the-hole, Concealing Stick, is skintoned to keep any larger disaster areas under wrap.

TO FORGET NOW . . . Harsh make-up attitudes that paint a false picture of you. What is your real face anyway? Hard question for anybody to answer but probably you feel that you are quite emotional, rather vulnerable, very sensitive. So why hide this? . . That could be the winning face.
to bear in mind . . . A feeling for cherries in the snow . . sudden color on your cheeks, that is . . . or peaches there . . . or apples . . And cheek color swirled, as they do at Estée Lauder, around your eyes-a rhythmic flow below your eyes and across your cheekbones. Cheek color is always here now, as much as lip color, and Pablo says "No face is modern without it."
to forget now . . . Top-heavy top lashes. Pablo feels that this is the era when eyes should be completely circled with darkling lashes. And the new area of attention is underneath the eye. He believes a little blue should nest inside the lower lid always. (Evelyn Marshall, whose badge has long been the inside-eye blue pencil, says never green. Why? Because this exercise is to make the white of the eye whiter and green makes it yellow.) Violet, though, has the right vibes.

TO bear in mind . . . Russet has just the right amount of juicy, tawny color for lips now. But if you still answer to the bugle call of red, you might do what they suggest at Germaine Monteil with their new Hunt Red. Put on a first layer of clear gloss, then the red, and on top another layer of gloss. Red in a gloss house, so to speak.
on the now-now show . . . Compared to the distinct datelines in make-up that the thirties, forties, fifties make each night on the Late-Late Show, is there an equally definable look for now? Pablo says yes. Dark nails, bright cheeks, (too many people forget them), no emphasis on lashes, murky colors for the eyes, and on the lips yellowy reds. Reds that have blue in them, he thinks belong to another period.

## NEW THIS MONTH IN THE STORES

Christian dior . . . In this year of grace and of greens, Dior has brought out a wildly graceful, young green scent-Diorelle. Not just another perfume that includes all the right greenery (musk, oak, fern, patchouli), but a different one that will hook intellectuals and individuals. Remember that Oscar Wilde once decided "Genius instinctively chooses green." For Specials then,

Continued on page 44



## When is a cabinet an investment?

## When you can look across a room

 and catch a gleam of china, a shimmer of crystal, on Drexel's quiet-lit shelves in burnished wood.When you buy something that makes you simplest is as handsome and sturdy as the happy just to look at it-that's a beautiful investment. When it's something that will work hard for you and last for yearsthat's a sound investment.

And that's what we make. Beautiful, sound investments. costliest.

And when you go out to buy them, you'll find them only in stores that will back your investment with concern and a good sense of responsibility. So that in every way, you're getting the most for your money.

Drexel
Another fine name from Champion International


## TOMLINSON




Rustic blend of wood and brass, with 4 candles, 4 downlights. P 4391. About $\$ 137$

## How to decorate with lighting.

Put the right light in the right place. It's the easiest, least expensive way to transform a room dramatically. Whatever style you like, there are Progress Lighting fixtures for every room, every budget. For expert guidance, visit your Progress showroom. Check the Yellow Pages under "Lighting." And send for the catalog of lighting fashions by Progress, largest producer of home lighting fixtures.

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Six-sided, six-lights. Cast bronze in antique gold. P 3672 . About $\$ 116$ sonalities. In a garden of appealy roses, narcissus, jasmines, and bergamots, a spicy wind from some strange place seems to blow and may very likely get you where you live. Perfume, 1 ounce, $\$ 30$; cologne, 8 ounces, $\$ 12$. At Saks Fifth Avenue; Marshall Field; I. Magnin.
helena rubinstein . . . Moving softly along the murky, evocative, mysterious color trail of Now, Rubinstein is putting their Illumination Cake Eye Shadow into two new compacts of four greens, Forest Diamonds, four stormy blues, Sky Diamonds. There are very interesting directions on the coming ways to use the first three colors in each set. But it's the fourth one that's got the news. It is color absolutely smothered with a diamond dazzle. It's for putting an unearthy twinkle in the corner of your eye some surprising evening. \$6. At the end of the month at Bonwit Teller; Marshall Field; Bullock's Wilshire. $\quad$.

## Walk on a cloud of color. Sears Cloud Supreme Bath Rugs.

Do something out of this world for your bath. Put a fluffy cream puff of color right in the middle of it. Sears own Cloud Supreme Bath Rugs.

In 13 heavenly colors. Like deep strawberry pink. Or brilliant fiesta red. Deep, dazzling colors that won't fade away in the wash. They're thick, longwearing $100 \%$ DuPont ${ }^{\text {m }}$ nylon that resists
pilling and fuzzing. With Cushion-Grip foam backing. Machine wash and dry. Choose from ovals, oblongs, rounds and contours - with or without fringe. And Sears Bath Shop has color-coordinated shower curtains, bath carpets, lids and tank covers. At most Sears, Roebuck and Co. stores and by catalog.


## iving with dass in Texas.

G Glass can help you build a beautiful, sonal feeling into your new home. Joanne her tells how glass gives her family's new ne an open and informal feeling that results genuine warmth.
e large panels of glass here are just like giant ntings. There's always something pretty to . But always different. The pictures can inge from day to day . . . or even hour to hour. 'But that's not really the idea we started the se with. Actually, it was designed to accomdate the way our family lives. In fact, the dren were a big part of the planning, too. What we were looking for was a plan that uld give our activities some separation, but didn't want the family to be shut out from h other. Privacy, but not isolation. For ance, from the main room, we can look out o the pool, or across the court and into the ily room.
We wanted the feeling of a lot of open ce, too. I think all the glass contributes to t. And I'm also a great believer in using rors as a super way to add space. You'll ice we've particularly used a lot of them in bathrooms.
'Something else the glass-the open wallse done for us. Living here has become a ole new learning experience for the family. 've all become a part of the outdoors now. d it's a very nice feeling not to be ever sed in."

PPG Glass does more than create the feeling of -open space. It's also very practical.
PG's Twindow ${ }^{\oplus} X^{T M}$ insulating glass-two panes of $s$ welded together with a special dry gas in between eps out all the weather. But not the view. lerculite ${ }^{\infty}$ K tempered safety glass, for patio and m doors, is many times stronger than ordinary glass. ever does break, it crumbles into small pieces that ce the chance of serious personal injury.
nd High-Fidelity ${ }^{\circledR}$ mirrors, made of PPG float glass, new dimensions to any room in your house.
Vrite us for our new book full of building and decog ideas: "All American Homes." Send $25 \phi$ to cover age and handling to PPG Industries, Inc., Dept. 393, One Gateway Center, Pittsburgh, Pa. 15222.
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HOME IMPROVEMENT IDEAS FOR the House Fiver

## by Will Morri

"Kindercarpet" is a floor covering, right, that teaches children by means of graphic patterns and learning symbols printed on carpet. Designed for schools and day centers, it would be suitable also for playrooms and children's rooms in the home. The carpet may include letters and numbers, alphabet, checkerboard, measurement grid, semicircle, maze, triangles, squares, and rectangles and would be invaluable in the learning process as well as for games. Tufted in Allied Chemical's Anso nylon fiber and sold by Sears' Contract Sal Division, it was developed by Allied Chemical Corp. and Sears, Roebuck \& Co.

The wide cariety of glues, cements, and epoxies on the market now solve many household problems casily. Peeling corners of wallpaper can be secured, towel bars, hooks can be attached firmly to walls, plastie laminates and plywood can be bomaled with these products. And for home workshop projects and repairs they are invaluable. The old standby Elmer's Glue is only one in Borden Chemical's repertory. Glue-all, Heavy Grip, contact cement, epoxy glue, various cements, including one for fabries, are others fitting many needs.

Ideally, the roof covering for a hou should offer protection from sun, rai wind, and fire. The summer sun can rai temperatures sky high on shingle roofs a dry them out; rain, ice, and snow can per trate them; wind can upend them; and fi destroy them. "Glastar," a shingle by t Owens-Corning Fiberglas Corp. is design to combat these elements with Fiberglas inforcement. The reinforcing of the shins
rganic composition won't absorb water seals in natural oils and prevents cracking and curling, the nonorganic composition won't absorb water
rot, the Solar-Seal adhesive seals shingles firmly to the roof, and they are fire resistant. Two grades are ava able in quietly colorful, non-fading, textured tan, brown, green, white, and black.


At last American manufacturers are making bathtu big enough to loll in at full length. The tub, left, one the three neav oversized models by American-Standar is a rectangle 6 feet long by $41 / 2$ feet wide with a gene ous built-in seat. The two additional tubs are oval shape and can be installed as sunken pools: one is 6 3 feet, the other, a Iuxurious 7 feet long by 3 feet, inches wide, and both have wide surrounding surfac for bath paraphernalia. Made all in one piece of fibe glass-reinforced polyester without joints or crevices clean. Hayberry avocado, Fawn beige, blue, gold, bon and white are the color choices.

Additional news at American-Standard for home in provers is a handy bathroom lit, which includes scale diagrams of a variety of bathroon powder room, and dressing room-bath plans ranging in size from a modest 5 -by-6-foot spat to a sybaritic 25-by-2I-foot room. The lit is available for $\$ 1$ from American-Stanalaral, Ne Hrumsuick, N.J. os90s, and includes cut-ont patterns of plumbing fixtures.

A new heating-cooling unit for the house may be located outdoors, at ground level or on a wall bracket eliminating any chimneys or furnace room. It is Amana's new combination of a gasfired Heat Transfer Module "furnace" with an electrically powered central air-conditioning system. The Heat Transfer unit, really a miniature heat exchanger, is no bigger than a round canister, and the heating-cooling combination is 25 percent smaller and about 100 pounds lighter than a conventional installation. It can provide up to 120,000 BTU of heating, and cooling capacities from 24,000 to 60,000 BTU, more than enough capacity for an average house and, it is claimed, is quiet, efficient in operation. Amana Refrigeration, Inc.

The fancet with a worn-out washer and its consequent nervejangling drip, drip, drip is always hight on home repair priorities. Eliminating this nuisance is the washerless fancet made by Delta Fancet Co. In place of a compression washer the single-hanalle kitchen faucet, right, has a rotary ball (of polysulfone, glass fiber, and Teflon) with no threads to wear out, no washers to disintegrate or replace. Easy to operate, the single, elongated lever handle controls the flo and temperature of water with one turn.

## With clothes, kids,dirity dishes and a fussy husband, Whirlpool believes you deserve appliances you don't have to worry about.

Df course we know that being a lood wife and mother is a labor f love. But we also know just low tough the job is. And how mportant it is. As someone ecently said, "Keep your scienists and businessmen; give me million good mothers and I'll ive you a better world."

We agree. And that's xactly why Whirlpool puts in lot of extra effort so that your lay can be a better one. We now how important your ppliances are to you.

So to start with, we make hem the best way we know low. And then we check them. Boy do we check them. Our Quality Control Department is nanned by qualified, technical xperts who inspect everything. From top to bottom. Inside
and out. This assures you of appliances that not only work, but keep working, day in, day out.

And to help you when you're shopping for a new appliance, Whirlpool offers the Consumer Buy Guide. It's a detailed listing of all the important features of that particular appliance. And this Consumer Buy Guide comes with everything we make.

Also, we have a warranty that you can read and understand. A simple thing maybe, but it lets you know where you stand. At all times. Without all kinds of confusion.

And of course, when the sale is made our service just begins. We wanted to make sure we kept in touch, so we initiated
our Cool Line service. It's a toll-free telephone service available to you anytime. If you have questions about any Whirlpool home appliance, just call this number: 800-253-1301. In Michigan call 800-632-2243.

Most of the time our people can solve your problem over the phone. If not, they'll give you the names of the Whirlpool Authorized Tech-Care servicemen closest to you, or another authorized serviceman.

It really kind of boils down to this: Whirlpool believes you have one of the most important jobs in the world. And we want to do everything we can to make it easier for you. If that's what it takes to make a better world, we're all for it. Whirlpool


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## $h$ <br> ow to take care of silver, silver-gilt, gold and pewter

BY LOUISE ADE BCGERE
EDrTor's note: Many of the readers who write to the "Questions \& Answers: Antiques" column in House \& Garden (page 24) ask Louise Ade Boger for advice on the care and restoration of their cherished antiques as well as for information on their origin. Mrs. Boger, like most antiques experts, feels that major repairs and restoration should only be done by trained specialists, but that with proper day-to-day care, conditions requiring skilled-and expensive-refurbishing can be prevented. For this reason she includes some advice on the basic care of antiques-from which she has adapted this column-in her preface to House \& Garden's Antiques: Questions \& Answers. (Simon and Schuster \$9.95), a new book to be published in October compiled from six years of columns. As applicable to contemporary pieces as to antiques, her tips on the care of silver, silver-gilt, gold, and pewter begin a new series of expert advice on how to take care of your household and its furnishings and equipment, old, new, decorative, utilitarian.

All your silver, the pieces you use every day and those you use less frequently and store, should be inspected regularly and cleaned as needed with an approved, standard polish or paste that will in no way be harmful. Essentially, the formula for good silver polish has changed little over the past two-hundred years. It is generally compounded of some kind of abrasive chalk dissolved in an alcohol solution. Naturally, the coarser the abrasive, the more superb the luster-but the more damaging it will be as well. In a word, use the least abrasive polish possible.
Silver should never be left to tarnish to such an extent that it is necessary to have it buffed, for buffing alters the entire outer surface and ruins the natural patina. Then, too, the marks may be obliterated. When storing silver, it is prudent to wrap each piece in an anti-tarnish flannel bag, which will serve as a means of protection. If silver is displayed in a glazed cupboard or cabinet, a small cake of refined camphor placed inside the case will help retard tarnish. One way to prevent tarnish from building up on the surface of silver is to wash it often; use soap and warm water, rinse thoroughly, and dry with a soft cloth. If the water in your vicinity is full of minerals, distilled water is suggested. Detergents, either for dishwashers or for washing dishes by hand, should not be used, for many contain phosphorus or sulfur compounds, which may cause unsightly staining.

Another sound strategy for tarnish prevention is to keep silver from contact with its household enemies: mustard, eggs, and anything containing sulfur; rubber including rubber bands and latex paints; citrus fruits, vinegar, and salt. Salt corrodes silver badly. For this reason, silver salt cellars should be emptied after each use and, together with their spoons, washed thoroughly. Gilt salts are safe until the gilding wears off. Even the imperceptible salts left by perspiration on your hands can cause unsightly pitting, especially if silver is left in storage for a period. To prevent this, many collectors and curators wear gloves whenever they handle silver. If the corrosion is a mild case, then jeweler's rouge is ef-

Continued on page 60

## "Imagine! Paneling with an antique look, and a bargain hunter's price."

"I knew I wanted something special for my living room wall.

Something with the character and charm of the funny old things I collect.

But I didn't want to spend a lot of money.

Wishful thinking? I thought so. Til my building

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## "According to Fremeh authorities, white wine or champagne may be used to clean silver-gillt"

## CARE OF SILVER continued from page 58

fective; otherwise it requires the work of a silversmith. Bruises and dents should be hammered out only by a skilled craftsman who knows how much stress the metal can take. Ornament is best cleaned with ammonia and French chalk-gently brushed into the crevices if there are intricate surfaces, and then rubbed briskly with a soft cloth. Certain new liquid cleaners are safe provided the directions are followed exactly and the silver is thoroughly rinsed and dried. They possess the advantage of speed and avoid abrasion. For additional information, most silver manufacturers offer very good booklets on basic silver care. For a detailed discussion of the special problems that can arise in the preservation of antique silver, there is an excellent chapter in Martha Gandy Fales's Early American Silver, For The Cautious Collector, (Funk \& Wagnalls, 1970).

No one has ever come forth with better instructions for the care of silver-gilt than the great English silversmith Paul de Lamerie (1688-1751) : "Clean it now and then with only warm water and soap with a sponge, and then wash it with clean water, and dry it very well with a soft linen cloth, and keep it in a dry place for the damp will spoil it." According to French authorities, white wine or champagne may be used in place of water. Always avoid any sort of abrasive powder, strong detergent, or a brush.
Gold can be washed with good results in a weak solution of liquid ammonia or other detergent and polished with a soft cloth. Gold is softer than silver and requires very gentle handling.

Pewter is considerably softer than silver, and for this reason is more readily bent, dented, or scratched. To clean pewter, wash it in water and a little washing-up liquid, rinse, and wipe dry with a soft cloth. To restore the original luster after lengthy use, one pewter dealer, the late Harry Hirsch, who was generally considered America's foremost authority in the field, cleaned his pewter in an enameled basin or bowl filled with a solution of lye and water (one-half can of lye and five gallons of water, thoroughly mixed). The solution must cover the pewter to at least 1 inch above the top; if any part of the pewter is exposed above the solution, it acquires a stain that can never be removed. The pewter can soak in the solution several hours or several days. When working with lye it is very important always to wear rubber gloves. If the pewter is not pitted or corroded-when it is commonly called "sick pewter" -it will probably be clean in one or two hours. Remove, rinse, and dry thoroughly. Then rub with quadruple-aught $(0000)$ steel wool. For best results when cleaning a round article, rub around it, not up and down.
If the pewter is sick, it must remain in the solution until all the corrosion has been eaten away. Depending upon the seriousness of the corrosion, the holes that will result may or may not go all the way through. The holes may range from pinpoint to thumb size. The latter is relatively uncommon. The question of whether or not to solder the holes depends upon use and value. The soldering must be done by a skilled workman, and the cost may be greater than the value of the piece. If a piece of sick pewter is put with healthy pewter, the latter will in time-perhaps two or three years-become sick, as this disease is contagious. For example, if a sick pewter plate is stacked with healthy pewter plates, the latter will in time catch the disease. After pewter is polished it will not all have the same degree of brightness and luster, for modern pewter with a high lead content was originally more dull and dark in appearance; it will always look bluish.

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## anderafts you can do-

Handerafts beside the pool, on the patio, at the beach:
While you lounge outdoors contentedly enjoying the late summer sun, you can also work-as languidly as you wish-at any one of a number of popular handcrafts. Here are a few recent books to make them easy for you-all contain easy-to-follow instructions and illustrations of methods and finished products.

Erica Wilson's Embroidery Book (Scribners, \$14.95). Miss Wilson's popular TV program "Erica" has made her to needlework what Julia Child is to French cooking, Thalassa Cruso to home gardening. Her latest book contains projects for crewel, needlepoint, appliqué, and many other forms of embroidery.

For would-be or long-time needlepointers: Carolyn Ambuter's Complete Book of Needlepoint (World, \$6.95) offers an easy-to-use dictionary of stitches and directions for making everything from a chessboard to a Persian vest to an Alphabet Sampler. The book is especially helpful for the beginner. Complete Guide to Creative Needlepoint by Jo Bucher (Meredith, $\$ 8.95$ ) gives directions for working more than 200 stitches; explains many special techniques, such as the waste-canvas method and application of spot designs; tells how to back projects and mount them. It even provides special instructions for the left-handed. The Needlepoint W orkbook of Traditional Designs by Cecelia Felcher (Hawthorn, \$12) teaches you how to create original designs by combining 87 repeat geometric patterns from ancient cultures-American Indian, Persian, Greek,

## BY JEIROME DENNE

African, Norwegian, many more. ,
If you're at the beach, the mountains, or elsewhere where you have access to interesting stones and pebbles, you should be en chanted with Rock and Stone Craft by Elyse Sommer (Crown, $\$ 4.95$ hardbound; $\$ 2.95$ paper). By painting the stones; by collage and découpage; by embedding them in plastic, Styrofoam, plaster; by giving them added dimension with copper and other materials, you create whimsical stone portraits, trend-setting jewelry, bookends shadow boxes; modern chess sets.

If you want to get into something a bit more complicated, but in finitely rewarding, and very popular just now, why not try you hand at quilting? You will find lovely examples, both traditiona and contemporary, and learn how to make them, in The Mountair Artisans Quilting Book by Alfred Allan Lewis (Macmillan, \$12.50) which explains the techniques, patterns, and designs of the famou: West Virginia cooperative. Quiltmaking by Ann-Sargent Wooste (Drake, \$8.95), subtitled "The Modern Approach to a Traditiona Craft," explains the basic methods in a simple manner for the be ginner, teaches the advanced quiltmaker new ways to design and craft her own quilts. Appliqué, painted quilts, scrap quilts, patch work, padding, even quilted clothes are included.

Once you've gotten the hang of how to quilt, you can copy many beautiful examples (no instructions are given) from Americar

Continued on page 6


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## e'You'll be surprised how many repair and improvement jobs you can do with the help of do-it-yourself books"

BOOKS continued from page 62
Pieced Quilt by Jonathan Holstein (Viking, \$5.95) and America' Quilts and Coverlets by Carleton L. Safford and Robert Bishol (Dutton, $\$ 25$ ). The former merely illustrates outstanding quilts o the 19th and 20th centuries. The Safford/Bishop book treats variou quilts of the 18th century to the present, not only showing then but also describing and discussing the merits of each briefly.

For people who like to make their own clothing, Random House has a new, comprehensive series of "Golden Hands" books; The Complete Book of Dressmaking (\$10) ; Knitting; Crochet; Em broidery (each \$4.95). Additions to the series will appear from time to time.

If you want to get into handcrafts and are not sure just wher your "genius" lies, pour over the hefty volume 2 of the Woodstocl Crattsman's Manual (Praeger, $\$ 10$ hardbound, $\$ 4.95$ paperback) which covers such diverse delights as sandalmaking, patchwork and appliqué, quilting, stained glass, woodblocking-it even tells you how to make your own Indian tepee, if that's your fancy, or how to compose a song if Euterpe seems to be your only muse. This help ful book was "provoked," according to the publisher, by Jear Young.

It may be hard to put your mind to it during these humid sum mer days, but many of the projects in any of these books would make great Christmas presents-and now's the time to get started Do-it-yourself indoors. Minor repairs these days may be synony mous with major expenses-not to mention frayed nerves while you sweat out the inevitable long wait for an available repairman You'll be surprised how many of these tasks-both repairs and im provements-you can do yourself, using books that give clear-as crystal instructions, leave nothing to the imagination, and define terms in layman's language. Four excellent books have come our way lately, each with its own merits, so look through each carefully and choose the one that seems most suitable for you: The Reader's Digest Complete Do-it-yourself Manual (Norton, \$15.95) offers over 2,555 photographs, drawings, and diagrams, many of them in color, and covers just about anything you may ever want done to both the inside and exterior of your house. Particularly helpful for the neophyte is a long section on tools, fully illustrated so you know what they look like, what they are used for, and how to use them. In all, this is probably the most comprehensive-and comprehensible -do-it-yourself book we've seen in a long time. The Complete Home Handyman's Guide, edited by Hubbard Cobb (Crowell, \$7.95) is another all-encompassing guide to home repair covering carpentry and building, wiring and appliances, plumbing, painting, furniture care-the works. Wally's Workshop (Simon and Schuster, \$7.95) is the latest manual by Wally Bruner, who is well-known for his TV handyman program. While it doesn't deal with as many projects as the two previously mentioned books, those it does tackle, and there are many, are handled beautifully and-a real bonus - the book is written with informality and a great deal of humor, unusual on this how-to circuit. The Family Handyman Home Improvement Book (Scribners, $\$ 14.95$ ) is less a repair manual than a book of instructions for projects you can work at to enhance your houseadding space to rooms, turning your basement into a family fun

Continued on page 67


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## "Two cook books that are great <br> fun to read, even if you never go near your kitchen"

BOOKS continued from page 64
room, creating storage space, building patios, and the like. Most of this is not, perhaps, for the amateur to tackle, but anyone handy with tools and a little practical experience can follow the directions without trouble.
If you are a rank amateur when it comes to tools and carpentry, before you do anything else, get a copy of The Illustrated Encyclopedia of Carpentry \& W oodworking Tools, Terms \& Materials by Stanley Schuler (Random House, paperback \$1.95), which is just what the title says it is. Even if you know what a putty knife or a jack screw is, but still think a rabbit joint is the place where Harvey does his drinking, you better bone up with this splendid, concise reference book.
Fun in the kitehen. Like Tennyson's brook, the flow of cookbooks goes on forever-and, by and large, the format is pretty well cut and dried. However, there are two new offbeat ones worth investigating, and both are great fun to read even if you never go near your kitchen. Pearl's Kitchen (Harcourt Brace Jovanovich, \$6.95) is the multitalented Pearl Bailey's paean to cooking, good plain food, and her kitchen-her place of refuge and favorite room in the whole world. It is full of delightful reminiscences, tips on how to treat family and guests at dinnertime, and many, many of Pearlie Mae's favorite recipes. (To taste some of this honey, see page 137.) It must be admitted that some of the recipes are a little offhand and vague - typical of the hilarious character Miss Bailey creates on stage-but you can follow them and adapt them to your own needs.
The Nero Wolfe Cook Book (Viking, \$7.95) offers more than 225 tested recipes, each based on the ingredients of a meal mentioned in one of Rex Stout's popular Nero Wolfe whodunit series. The froth to this heady brew is the excerpts from the various books that introduce each recipe and the comments by Mr. Stout about Wolfe's lifestyle. Since Wolfe, as surely every mystery-book devotee knows, is the ne plus ultra of gourmets, you can be sure that some of the recipes are pretty fancy and fun to try.
Cookbook freaks should add to their collection The Original Fannie Farmer Cook Book (Hugh Hauter Leven Assoc.; distributed by Crown, 88.95 ). This is an exact facsimile of the 1896 Boston Cooking-School Cook Book-perhaps the most famous of its kind ever published. It even has the original handwritten corrections and additions in it. Since practically every cook in America has been exposed to Fannie Farmer at one time or another, it should be superfluous to add that in this original version-or any of its many revisions - the book is one of the best cooking primers around.

If, with the cost of wines soaring or just for the sheer fun of it, you want to try making your own brews, you might consult The Winemaker's Companion by B. C. A. Turner and C. J. J. Berry (Mills \& Boon, distributed by Simon and Schuster, \$5.95). Besides giving instructions for grape, other fruit, flower, and vegetable wines, it tells how to make beer, cider, even mead, with full descriptions of the equipment you will need, how to use it, and how to serve your homemade "nectars" after they are ripe.
A little paperback, Wine and Beer Making Simplified by H. E. Bravery (Arco, 95 c ) covers much the same ground but in not quite so much detail. If you are a "book snob" and insist on hardbounds, you can get this same book for $\$ 4.50$.
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| Anthony Petti Furniture |
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Cedar Rapids .............Killian's
Lindale Plaza ..........Killian's Iowa City Killian's Spirit Lake

Carpenter Interiors Kannsas
Topeka
Karlan Furniture
Wichita
Continued on page 70

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HOUSE \& GARDEN COLORS HEADQUARTERS
continued from page 68

## Kentucky

Lexington ....................Shillito's Louisville ....................Stewart's Oxmoor Center ......Stewart's Louisiana
Alexandria
Hemenway Home Furnishers Baton Rouge

Hemenway Home Furnishers Lake Charles

Hemenway Home Furnishers New Orleans ......D. H. Holmes Canal Street ... D. H. Holmes Lakeside …......D. H. Holmes Shreveport

Hemenway Home Furnishers Maine
Portland Jordan Marsh Maryland
Baltimore
Hutzler's
Chevy Chase
Woodward \& Lothrop
Eastpoint ….................Hutzler's
Iverson Mall
Woodward \& Lothrop
Prince George
Woodward \& Lothrop
Southdale Hutzler's
Towson .......................Hutzler's
Westview .....................Hutzler's
Wheaton Plaza
Woodward \& Lothrop

## Massachusetts

Boston Jordan Marsh Braintree ............Jordan Marsh Burlington .........Jordan Marsh Chicopee .....Forbes \& Wallace Framingham .....Jordan Marsh Malden Jordan Marsh
North Adams
Forbes \& Wallace
North Dartmouth Mall
The Outlet Dept. Stores Peabody .............Jordan Marsh Springfield ..Forbes \& Wallace Eastfield .Forbes \& Wallace Fairfield .Forbes \& Wallace

## Michigam

Alma ............Trower Furniture
Birmingham ............Jacobson's Bloomfield ….........Jacobson's Dearborn ................Jacobson's East Lansing .............Jacobson's Grosse Point ............Jacobson's Jackson …...................Jacobson's Kalamazoo ..............Jacobson's Lansing ....................Jacobson's Livonia ........Newton Furniture Sterling Heights

## Newton Furniture

Minnesota

## Brookdale

Dayton's
Duluth
Arrowhead Home Furnishers Minneapolis ...............Dayton's Rochester ....................Dayton's Rosedale ......................Dayton's Southdale ....................Dayton's St. Paul .....................Dayton's Mississippi

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St. Louis ...Stix, Baer \& Fuller Crestroads

Stix, Baer \& Fuller

Riveroads
Stix, Baer \& Fuller
Westroads
Stix, Baer \& Fuller Nebraska
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Reno ......................Gray Reid's
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Continued on page 74


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| Eastland | Lazar |  |
| Northland | Lazar | Strawbridge \& Clothier |
| Westland | Lazaru | Lebanon .... Pomeroy's |
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Joske's of Houston
Gulf Gate Joske's of Houston
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Joske's of Houston

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Joske's of Houston
Irvington ......... Sanger Harris
San Antonio …........ Frost Bros.
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Salt Lake City .... Auerbach Co.
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Norfolk ..........Willis Wayside
Roanoke ....... S.H. Heironimus Seven Corners

Woodward \& Lothrop
Tysons Corners
Woodward \& Lothrop Washington
Aurora Village
Frederick \& Nelson
Bellevue . Frederick \& Nelson Seattle .....Frederick \& Nelson South Center

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Spokane …....... The Crescent
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The Eljer Emblem, far left, is a good toilet, better than most. The Silette, near left, is our best; it's quieter, better looking, easier to clean.
The Silette is a single piece of gleaming vitreous china, with no seams or joints, so it's easier to clean than a two-piece toilet. And the flushing action is so quiet you may be tempted to lift the lid to make sure it's working.
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## June loves to cook. Fred loves to eat.

## That's why the MacMurrays replaced their old gas range with these Roper gas built-ins.



The MacMurray kitchen is a busy place-cooking up big dinner parties for family and friends. So now June has two 30 inch Roper countertop gas ranges to cook on. Each has a Tem-trol burner that makes every pot automatic . . . and the precise temperature settings, the instant on-and-off response you get only with gas.
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They're the brightest new idea in remodeling.
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They come in a rainbow of House \& Garden colors.
They come in solids, patterns and textures.
They mix and match and fit any decor.
They're washable, scuff-resistant and fade-resistant.
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In 1911, during a picnic in the park, Mrs. Rita Einsweiler defied her husband and lit up a cigarette. Mr. Einsweiler put it


What colors are we going to feel happy living with? With all the appealing colors we have to choose from for our houses, how to choose? Where to start? "We might start by thinking of the color that can come in through our interests and activities," suggests Jack Lenor Larsen, fabric designer, weaver, teacher, and author (his latest book, Beyond Craft: The Art Fabric ${ }^{\circ}$ ), whose ways with color have set trends for more than twenty years. "If you love to cook, your kitchen can come alive with the fruits and vegetables and baskets and equipment you use. Another person might be proud of his books or plants. Let them count. Toys for children, even exercise equipment, all these objects have some color and personality. Show the things that matter in your life and you will often end up more pleased than if you do something just because it might look nice." But whatever you start with, making the colors you like come together in a look you like is a matter of orchestration, according to Mr. Larsen. "Think of putting color together as you might think of putting a group of people for a party. If, for instance, you had an elderly English professor and a brash young boy, they wouldn't have much in common. But put some people around them, in-between their ages with some interests connected with both, then you can begin to form some relation between the two. You might take a chocolate brown carpet and a bright yellow sofa, which at first glance look a little garish. The way to get them to work together is to bridge the steps in-between. Ask what they have in common, put these colors with them. Finally it will look like the colors are sort of built in."
The more you develop this technique, the more you are able to "read" color, the better your decorating, your table settings, your whole environment will be. This is the way designers work, explains Mr. Larsen. "A tree comes in, or some flowers, and they really register. You see the shadows in the leaves, the subtleties of tone, the shades of pink in a single rose. Sometimes just moving a vase from one light to another will change the colors. You don't just say, isn't that grand. You're conscious of why it's grand. And then you think how to emulate it." *beyond craft: the art fabric. by mildreo constantine ano jack lenor mesen yan

When a color is particularly attractive to you, in landscapes, fabrics, any natural object, be sure to consider the colors around it. "I once had a student who painted a big room a brilliant blue because her favorite color was the chest of a bluebird," continues Mr. Larsen. "It didn't work too well and I had to point out a tiny accent of blue surrounded by other colors was a different kind of situation. Backgrounds often make all the difference in the world."

Backgrounds . . . We have gathered together a tempting and very varied collection of them for you in this special color issue. Mrs. Gorham Knowles, whose house decorated brilliantly by Michael Taylor begins on page 84, lives in a background of romantic, vivid little gardens. In total contrast, Myron Goldfinger developed a clean, uncluttered nautical look for the second house on the beach shown on page 112. Utterly contemporary, utterly practical. The Feigens, page 96, live somewhere in between-they blend bold, vigorous, contemporary colors and art in an 18th-century New England village house. All these stories are fascinating personal approaches to color.
Since we're introducing our five new 1974 colors in this issue, Wild Iris, Seafoam Green, Tender Taupe, New Terracotta, and Crystal Blue, we thought it would be provocative to show what sort of background each can make in a room filled with natural, neutral furnishings, page 92 . Five very different looks. Which one is you? Well, you can find out more about the colors that suit you best by doing the intriguing test developed by an eminent psychologist on page 94. One of these five colors is bound to be more indicative of your personality than any other.

There are certain things that we need in our homes for convenience but there are other things that we have just to give us pleasure. Color is one of them. "What makes decorating so fascinating," adds Mr. Larsen, "is that because it isn't a science, absolutes can't be set up, and there are no rules that always apply. The best way to find out how to use color is to use it. Go right ahead and start to experiment. The more you look at color, the more you live with it, the more you'll enjoy it."

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## HOW TO MAKE A HOUSE COVIE ALIVE WITH COLOR

As we learn more about the psychology of color, we have come to know that we are happiest with the colors, intense, muted, somewhere in-between, that do exactly the right thing for us at the right time, and in the right place. An excellent example of this philosophy is Mr. and Mrs. Gorham Knowles's weekend-andsummer house in California. Decorated by Michael Taylor, it allows its owners to shuttle back and forth between the serenity of soft color, when they want it, and the visual excitement of vibrant color, when they want $i t$. Throughout the house, most of the backgrounds are pale and neutral. Some of the rooms are accented with nothing but flowers and greenery. Others, the bedrooms, particularly, are filled with enough color to feed the hungriest eye-when it wants to be fed. The result is a house with a series of vivid rooms grouped like little "gardens," so to speak, around a living-dining core, soft in color, beautifully calm.


e master bedroom, two intensities of House \& Garden Pink Pink are combined with white in a checked linen that covers just about everything in the room from furniture to the walls to the legs of the beds. Pink flowers fill the room most of the year, and there are always unfading varieties, along with pink seashells ee Portuguese needlepoint rug. The floor, like those of all the bedrooms and baths, is paved in white ceramic hexagonal tile. Not too far away, but certainly at other end of the spectrum, is the dining room, opposite page, a gentle blend of white and beige and greige with walls of pine siding sandblasted to the color the d had when it was a tree. Chairs are copies of one designed years ago by Syrie Maugham. As imaginative as everything she did, each chair has arms and a sawh frieze around its seat inlaid with delicate matchstick marquetry. The upholstery, however, is very much of today: white vinyl used for ladies' raincoats, thin ugh to tuft and button. The travertine-topped table was designed by Mr. Taylor, as was the centerpiece, a small reef of coral nested like exotic white flowers in exican basket. Plates are off-white, shaped like pie plates, and handmade. Even the French silver has a touch of beige-beautifully carved handles of horn.

## Come alive with color NATURALS TEXTURES FOR A LIVINGDINING CORE <br> Because the house is more often than not

 filled with guests, visiting grandchildren, and dogs, it is devoid of anything requiring more than reasonable care. Fabrics are cotton or nubbly weaves like the Oyster White and Pongee linen, right. Some of the coverings are leather (or a version of it), most of the furniture is Italian wicker, tough as a vineyard grape basket, floors are either tiled or paved with a pebble-filled aggregate, and where there is carpeting, it is made of handwoven coco fiber-not cast iron, but close to it. But since a house requires more than resistance to wear and tear, there are amusing touches and a few surprises: a giant basket masking a ceiling fixture, right, a marvelous dining-room chandelier of interlaced antlers, below, and a series of bedrooms that give the house its switch from calm to excitement. This one, below, a guest room, is dominated by a bed hung and covered in a plaid about as bold in color and scale as a plaid can be. The impact, com



## me alive with color

FLOWER ABRICS

FOR GARDE\} BEDROOMS

| Seafoam Green | Lettuce | Parrot Green | Ming Green | Green Mint |
| :---: | :---: | :---: | :---: | :---: |
| Blue Sky | * Crystal Blue | Blue Floticer | Space Blue |  |
| Shell | Creamy Apricot |  |  |  |
| Pure Cream | Sun Yellow | Bittersweet | Tangerine | Pompeiian Red |



Colors to start up your imagination, colors to help you decorate, colors to make your shopping easier -the thirty-six House d Garden Colors for 1974. Over 700 manufacturers make products in these colors-everything from typewriters and bath brushes to furniture, paints, fabrics, wallcoverings. For a directory, turn to page 195.
For the stores nearest you that carry them-there are
over 300 across the country -see page 68. For over twenty-five years House d Garden has been studying and analyzing trends in color preferences, and ever year the basic core of thirty six colors is revised in anticipation of these trends 1974 newcomers are starred, turn the page to sed how they work. To help with your planning and shopping, order a set of color chips (page 195).

Lavender
Leres


## FIVE WAYS CHANGE THE SAME ROOM WITH HOUSE \& GARDEN 1974 COLORS

Great sweeping colorwhat a wonderful way to change a room with nothing but paint. The trick is done here with the five new House \& Garden Colors for 1974; and the room, which stays exactly the same takes on new attitudes with (1) Wild Iris showing what one strong color can do to the spirits;
(2) Crystal Blue and (3)

Seafoam Green bringing on new freshness; (4) Tender Taupe and (5) New Terracotta being the new neutrals with tones of earth and leather. The furniture is all in warm neutrals and the color that sweeps walls and ceiling is the catalyst-a great way to decorate, using paint and an imaginative palette. The news is in clarity: Each
color is vivid enough to stand up to white. Even the gentle pastels are pungent and clear. The naturals, New Terracotta and Tender Taupe are smashing used with dollops of white and bright hues, great as good steady neutrals. Wild Iris is a true maverick, going everywhere, always looking young and appealing. Paints
in our own new colors were mixed by Janovic/Plaza. Your dealer can do it with any of the many fine paints matched to the House \& Garden Colors. All furniture, sisal matting, from Lord \& Taylor. (See our August issue on how to make slipcovers.) Zepel-treated fabric by Schumacher. For shopping information, see page 190.
$\square$

## BY DR. K. WARNER SCHAIE

editor's note: Dr. K. Warner Schaie is Professor of Psychology and Associate Director for Research at the Ethel Percy Andrus Geronotology Center, at the University of Southern California. He has been researching color and its psychological effects for many years and is author of important papers on the subject and co-author of the book Color and Personality (Hans Huber, Publishers, Berne 1964). In 1961, with Professor Robert Heiss, he devised the American version of the Color Pyramid Test, which has been successfully employed in psychology since then to define personality traits. This simplified version was specially adapted for House \& Garden readers, making use of the House d Garden Color Chips. Sets of chips (3 by 6 inches) together with a Product Directory (showing you who makes what in which House \& Garden Colors) may be ordered on page 195. But if you're impatient to get down to the test right away, you could cut up pieces of color from the House $d$ Garden chart on page 90.


It's no secret that color generates emotion and mood. We respond to sunlight, yellow makes us feel happy. We are refreshed by a summer's day in the country, satisfied by the greens all around us. We experience clation in winter snow, white is somehow exciting. Nature's colors provide us with a boundless kaleidoscope of visual experience, changing our moods and feelings subtly from day to day. When we come to live with color indoors, we should remember that behind four immovable walls, color changes are not so limitless. A blue room with a south-facing window may change in shade according to the light during the day, but it is always a blue room. All the more reason, then, for us to know the colors we can live with best, to realize as individuals which emotions we want to experience and derive from our background, and to put those colors around us that are appropriate to our basic needs and temperaments. Since each person's requirements are different, there are no rules to go by. This is why we suggest it may help you to learn which colors are right for you, by doing a simple character test. Your preferences indicated by the test will define your personality and lead you in turn to understand why some particular shades or com-

binations of colors are likely to enhance you life and your feelings.

The color pyramid test devised here easily done by cutting $\frac{112}{2}$-inch square pieces House \& Garden Color Chips, above, in th following ten colors:

> TANCERINE•BITTERSWEET• CHROME YELLOW• GREEN MINT• SPACE BLUE
> - WILD IRIS • SWEET CHOCOLATE OYSTER WHITE • MERCURY • CHARCOAL

You must have fifteen pieces of each differen color (The pyramid has 15 squares and yo might want to color it all one color.) Whe you have your pile of colored squares, loo at the pyramid shape on this page, put a colo square on each pyramid square and build u a pattern that looks attractive and appeals $t$ you. When you are satisfied with your pyra mid, record the number of times you hav used each color in the first column of th score chart.

Have you scored your colors? Take th squares off the pyramid and start a new ond You may be tempted to rearrange similar col ors each time. That doesn't matter. Or yo

## TANCERINE

If you peaked in Tangerine, for example, you are an outgoing rather emotional person. You get very enthused about things but sometimes very upset, too. You act on impulse; satisfying your immediate needs is all important to you. Red people sometimes "see red" as well, in other words, they tend to have a rather explosive temperament. They're strong, definite people in every way.

## BITTERSWEET

Bittersweet orange people are extroverts, too, but more people-oriented. They enjoy strong interpersonal relationships and thrive within the comfort and security of the family group. They're gregarious, rather happy characters, move toward others easily.

CHROME YELLOW
Chrome Yellow people tend to be objective and critical and pretty discriminating. They are careful analyzers, so before entering into any relationship they're likely to review exactly what it holds in store. If Chrome Yellow is your preference you're probably highly motivated, achievement-conscious, set on moving toward the good things in life, travel, owning a beautiful house, entertaining, collecting together all the things you really want to live with.

## MIINT GREEN

If you rate high in Mint Green, you're sensitive, rather creative, quiet, selfcontrolled, and civilized. One of your greatest assets is your sense of balance. You are good at making decisions. You need and enjoy relationships and like being deeply involved with other people. On the whole, you are fairly undemanding, making the best of what life brings to you.

## SPACE BLUE

If Space Blue is your top choice, there's no question about your being highly intelligent. You control you impulses and manage life very well, thinking things out carefully and rationally If you feel angry, for instance, you might let off emotional steam by playing tennis. You are basically an "inward" reflective, contented character. People admire you for your caution and steadiness.

|  | PYRAMID |  |  | $\begin{aligned} & \text { MARK } \\ & \text { YOUR } \\ & \text { TOTAL } \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 |  |
| TANGERINE |  |  |  |  |
| BITTERSWEET |  |  |  |  |
| CHROME YEL | OW |  |  |  |
| MINT GREEN |  |  |  |  |
| SPACE BLUE |  |  |  |  |
| WILD IRIS |  |  |  |  |
| SWEET CHめ | COLATE |  |  |  |
| OYSTER WHI | E |  |  |  |
| MERCURY |  |  |  |  |
| CHARCOAL |  |  |  |  |

may choose utterly different colors for each experiment. You should feel free to do whatever you want to do. Record your scores in the column designated for pyramid 2. Then once again, remove all the color chips and build a third pattern, marking your final choices in the column which is designated for pyramid 3.

When you have done your three pyramids, total the number of times you used each of the ten House \& Garden Colors in the final column.

Now check your totals with the Rating Chart and see whether your final totals fall

| YOUR RATING CHART |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | LOW | AVERAGE | HIGH | $\begin{aligned} & \text { MARK } \\ & \text { YOUR } \\ & \text { RATING } \end{aligned}$ |
| TANGERINE | 0 to 3 | 4 to 11 | $12+$ |  |
| BITTERSWEE |  | 1 to 6 | 7+ |  |
| CHROME YE | $\begin{aligned} & \text { LIOW } \\ & 0 \text { to } \end{aligned}$ | 2 to 7 | 8+ |  |
| MINT GREEN | 0 to 4 | 5 to 12 | 13+ |  |
| SPACE BLUE | $0 \text { to } 4$ | 5 to 11 | $12+$ |  |
| WILD IRIS |  | 1 to 7 | 8+ |  |
| SWEET CHO | COLATE | 1 to 6 | $7+$ |  |
| OYSTER WHI |  | 0 to 2 | $3+$ |  |
| MERCURY | 0 | 0 to 2 | $3+$ |  |
| CHARCOAL |  | 1 to 6 | 7+ |  |

into the "low," "average," or "high" categories. If you used Tangerine twice, for example, you will see that this a "low" rating for that color. So mark "low" in the Tangerine box in the last column.

Now you have your final ratings, you will probably see quite clearly which colors are your strongest preference, that is the ones you rate "high." Very likely you will have peaked "high" in more than one. These will be the ones you'll probably feel happiest living with. Ratings for each color denote certain personality characteristics. You can check yourself out in the color profiles below.

Assuming you peaked "high" in more than one color, which is quite natural, you should then interpret your personality traits by linking the color profiles together.

If you have checked yourself out and agree with the color profiles, what does all this mean in terms of the colors you're going to live with? We say the colors you peaked high in are, generally speaking, the ones you would be happiest with in your surroundings. Because they best express your personality, you are bound to feel comfortable with them. Your reaction to them is positive. They give you messages that are right for your temperament. You may have often wondered why you prefer white walls to dark ones-or vice versa. The test may have given you the answer.
One more point to consider. It is perfectly possible to use color, Dr. Schaie tells us, to emphasize how you might like to be rather than what you think you are. If you feel your personality interferes with your enjoyment of life (say you "see red" too often for your own liking), you may use cool color-a blue, green, or a gray for example-to tone down your environment and placate your personality. "A color scheme that is the opposite of your personality will have a tempering effect," says Dr. Schaie. This is something to remember when decorating children's rooms, he adds. Consider using colors which go with the expressions you like to encourage in them.

When you started out at the beginning of this test you probably anticipated which colors you were going to prefer. Whether your intuition has been confirmed, or whether the test has come up with some interesting surprises for you, why not use the information to guide you through your decorating plans? It's certainly a sure way to elicit a background that is "you" and one that will make you feel a happier person in the process.

## WILD IRIS

Wild Iris purple people are very interesting personali-ties-continually questioning, rather emotional, reviewing goals and aims, sometimes unsure of exactly where they are headed. Very often the person who turns up a high purple rating may be in some kind of transitional phase. Many qualities are wrapped up in the purple character; you are probably creative, ambitious, philosophical, and tolerant.

## SWEET CHOCOLATE

 The Sweet Chocolate preference indicates an unconventional, rather unusual person. You are in no way a conformist. You like to do as you please and dislike rules and regulations. You're probably very expressive, quite creative, but sometimes unpredictable. You are strong but flexible. Some people may envy your versatility and your ability to handle responsibility.
## OYSTER WHITE

Oyster White denotes the great individualist. You may sometimes imagine that nobody understands you because you're "so different." You think differently, you're an ideas person and an innovator, generally limitless in ambitions, expansive in every way, stimulating to be in contact with.

## MERCURY

People who select Mercury are tranquil characters. They're adaptable and may often take their inspiration and direction from others. They're marvelous compromisers, practical, prefer to agree than disagree. If you chose Mercury you probably tend to opt for the steady and the sure rather than the exciting and unpredictable.

## CHARCOAL

Charcoal as a top preference suggests a pretty strong-minded, persistent character. Your life may not be as exuberant as the red or orange person's, or as intellectual as the yellow or blue, but you will have a sense of satisfaction. You approach relationships and almost everything in life in a very dignified way. You are independent, unafraid of your own company, in fact there are often times when you welcome being alone.



There are a series of 18 th-century houses, like this one the Feigens bought, that face a town square in Westchester, New York. Built in the Federal style by prosperous local merchants, these houses with their porches painted the traditional New England Sky Blue, have high ceilings and rooms large enough to make them ideal for contemporary living and contemporary art.

## Vibrant colors, dynamic art

 A CONTEMPORARY WAY TO DECORATEUsing color-wall color, fabrics, and art -to create a contemporary interior without violating the beauty of an old building, the Richard Feigens took the most direct and authentic approach to an 18th-century house. They did little to change the shapes of the rooms even when they'd been added onto after the house was built. When they ran into charming but jerry-built moldings, ceilings, or fireplaces they unified them all with Oyster White paint, thus cleaning up the spaces without tearing them out. In the hallway and living room, below and right, the Chrome Yellow-in a matte rather than a lacquer finish-is a rich early American color that, with Oyster White sofas, moldings, and ceilings, sets off traditional art, an Oriental rug, wooden chests, chairs, and dark polished floors.

The spareness of the hallway, BELOW RIGHT, allows the goodlooking dimensions of the original space to exist almost free of furniture and therefore opening it to the atmosphere created by a Richard Smith shaped canvas called "Undercut." In the


The other end of the living room, BELOW, with a window seat and windows latticed over, a corner cupboard built-in, and doors out to an all-Blue Sky porch shows the extent to which painting details white tends to unify them.
White slipcovers and bouquets also
pick the room up while still leaving the period intact.

was a perfect barn, worn gray and russet by long intimacy with wind and rain, held firm with woodenined hickory beams, when architect Richard Kaplan and his wife Carmen found it. They peeled walls ay from its lovely skeleton, squarely visible, below, leaned low-ceilinged additions around it, used -wood tones and natural textures, with Oyster White walls to set them off, to create simple, comtable harmony. Chairs are upholstered in wool-Velvet Brown or white striped in nder Taupe and New Terracotta. Wicker covers the summer sofa that overlooks pool. In winter, conversations move to the Pongee-and-white sofa by the eplace, right. The half-acre outside received just as much delicate ention to lines, textures, and colors of brick, sand, water, d plants. They scooped out the inside of the plot, led it up between them and the road in banks at invert the barn roof angle to open
ed it up between them and the road in banks
at invert the barn roof angle to open
their private park-pool, play.
field, gardens, and
ny forest-to the
acious sky.



 necessary. BeLow: The guest room terrace; daughter Laura's room.


three great
When Kenneth Battelle decided on painted floors for his townhouse, he took the matter in hand and did the work'h The results, on these pages, show what an amateur- someone who has drive, energy, and no experience" - can do with g, patience, and drudgery." Kenneth, who happens to be The Kenneth and whe floor in his living room. "The fun pa fluential beauty houses around, took two months to complete the zigzag-patterned floor in his living room. "he ful " K figuring out the patterns on graph paper and the actual painds. + instance, a big help was having a fabric designer do the repeat of the patterns on graph paper for him. "I wanted the floors to have a faded look, with the texture of the wood showing through the paint." Floors were sanded down to raw wood, painted with casein, then steel wooled, varnished, and waxed. The floors have a softness and a patina: "Walking around barefooted is like running your hand over fine old wood that's been waxed over and over again. And the beauty of it is, the more wear, the better the floors look." Kenneth started out an amateur when he painted his living room floor, below; then he went on to paint the stair landing, bottom far right and the dining room right, ending up an expert. "It's like anything you do; after you've done something once, it's easier and quicker the second time around." Another point he makes: "This method of painting looks right on any kind of flooring, and the more wood texture that shows through the paint, the more interesting." See the following pages for more ways of painted floors, using patterns on parquet to let grain show through and on linoleum, to cover completely.

Necessary supplies include T square,
awl, and



Pattern underfoot, the design taken from an old quilt, sparks a room with soft color. The whole, inspired by the Missonis of Italy, whose ready-to-wear fabrics are seen here stretched on walls. Floor was sanded down, then bleached. Paint was then applied with mohair rollers, using stencils for pattern shapes. Room designed by Richard Knapple for Bloomingdale's. Floor design by Cile Lord. Flowers by Antonio. Below: Four squares make a repeat pattern that moves on bias across a parquet floor. Floor was scraped, sanded to natural wood; glazes of color were applied, using tapes and rollers. By Stem-pler-Cronin. As with all floors on these pages, finish is polyurethane varnish.

 preceding pages for tips from Kenneth Battelle on how to do your own.) Here, the floors look as if color was flowed on, glowing with a waxed finish. Floors on this page were stripped and sanded; one was left natural, the other was bleached before painting. The brilliant trompe l'oeil rug, right, was painted to disguise old worn linoleum, with two coats of deck enamel put on first as a base. Notes from the experts who did these floors: Plot your design on graph paper first. Decide how many repeats of your pattern you want, then scale to size of floor accordingly, and color your design on the paper. In transferring design onto floor, divide into sections. Mark off, using plumb line and T square. If you do your pattern on the bias on a parquet floor, not only will the floor seem larger, but the pattern itself will be more interesting. Using a ruler as a guide, pencil design on floor. When painting, use brushes or mohair rollers. Masking tape or an awl, dug into the lines drawn, will keep the design straight. Paint one color way. When dry, remove tapes, paint second color way.



## ACATON HOUSE SHAPED TO CATCH LIGHT, CREATE PRIVAC



Perched on the crest of the sand dune, sil very-gray, strong, and resolute, this triplewinged, cedar-timbered vacation house has all the ingredients that encourage the own-ers-a very creative couple-to change gear to the casual way of life. They enjoy a feeling of splendid isolation even though the house is built on a small 2-acre site, with close neighbors either side. Architect Myron Goldfinger gave them privacy by keeping the sides of the building solid, without glass, and directing views straight out to the empty spread of ocean. Jutting decks are screened, too, so they can live outdoors as if they were in the middle of nowhere. And they can really relax, knowing that the house takes care of itself, since it's composed of wonderfully independent materials.

T he bigger deck, above right, is a large safe space for children to romp around. Parents have their secluded sunning space away from them, above left. Pool at the back, left, provides a smooth and reflective alternative for swimming. Living room, right, is all easy care with quarry tile for the floor, leather for upholstery in Saratoga sofas by Massimo Vignelli, butcher block for a cube coffee table. The bridge, which runs along one side with a wood and metal spiral staircase at each end, connects the two upstairs wings. Parents' suite is on one side, children are on the other. The same feeling of white and natural textures flows through to the dining room, far right, with butcher-block table matched to cane and steel chairs.


7
he design of the house is a development of a modular system, which Mr. Goldfinger first thought out for his own country house (House \& Garden, June 1971). The system cuts down on construction costs, saves time, and creates a unity and order inside and out. In essence, the house has the pared-down quality of a boat-in fact, from the living room deck, which floats out to the dunss, below, you almost feel seaborne. Everything is simple, durable, and functional-important qualities for the second house. Great windows slide smoothly op:n or shut. Vertical blinds efficiently screen out the sun. Rattan furniture designed by Eero Aarnio goes out- side or stays in, little stools doubling as tables. The nautical impression is played up all the way through the house, with metal railings brightly painted primary colors and ship's ladders, which climb to upper balconies in the bedrooms. "Because of the pitch of the roof," explains Mr. Goldfinger, "I was able to create these bonus spaces over closets and bathrooms." This angling also allowed him to place windows up high in the back of the house, which looks toward the road. A neat arrangement that lets in light but gives a very impenetrable, private look to the façade, above right. The dance studio, in the third wing, above left, is a do-all creative roon for mother and daughter, the protected deck a sunny corner for a family barbecue. With children's rooms separated from the parents' master bedroom suite anc a double story living room between the two wings, the rest of the house simply fell into place. Ground floor study converts to the guest room, see plan opposite.

Shaped to catch light
PALE SHELL WITH COME-ALIVE COLORS







hecks in all sizes, three Heavenly Blues-Blue Sky, Space Blue, Ultramarine Blue-plus lots of white make this room hed and photographed by Horst bright as the sky on a sunny And you can sew all the seating yourself. Four-of-a-color es of Ultramarine Blue and white "Kaleidoscope" tiles by 0 make a giant checkerboard of the floor. Bed-sofa is two vered mattresses with pouffy underlayers of Dacron batbove it, a plywood canopy curtained in "Skylark Gingham" ter and cotton by Ameritex. Pillows and bolster, as well "Stitch 'n Sew" armchair in cotton plaid by Charles Barone he pillow chair with zip-together seat and back in Wam"Checquers" sheets, are all made from Butterick patterns. wallcoverings checker the tables: "Basics" by Tressard on "Valois Plaid" by Philip Graf on Parsons table by Hans For accessories and shopping information see page 190.




- bedroom that's a subtle blend of "Heavenly Blues" polished with white. The ceiling was painted Blue Sky, the floor is striped with a lighter value of Blue Flower and white. The quilted bedspread of giant flowers of Space Blue, Crystal Blue, Blue Sky, and Blue Flower touched with pinks and fresh green was dehed by Max Rawicz for Kirsch. White curtains, dust ruffle, and headboard are of heavy cotton faille by Spectrum. The tableskirt in Space Blue is a quilt from erica Hurrah Antiques. Silkscreen prints are by Walter Bannard at Lawrence Rubin Graphics. A blue and white faïence garden seat, made in South Vietnam is $m$ John Rosselli Antiques. 6 Five blues for fabulous floors. From bottom: True Blue, Blue Sky, a light shade of Space Blue, Space Blue full strength, and Ultraine Blue. Carpeting by Philadelphia. 7 "Cologne" rag rug of cotton pile, True Blue freshened with white. By Rosecore. $\mathbf{8}$ Branches of True Blue, Ultramarine e and Space Blue, against a wintery white on a plate that's dishwasher and oven proof. A Craftone plate by Noritake. 9 The "Coronometic 7000 " electric typeer in Ultramarine Blue and white has a snap-in cartridge ribbon that makes ribbon changing a cinch and for once clean! By Smith-Corona. 10 Chair and ottoupholstered in True Blue denim with a deep side pocket for stashing indispensables. By Flair. 11 A chair in Ultramarine Blue on a sleek chrome frame. By nmary. 12 An Electric Comb Dryer in Blue Sky with 3 snap-on hair attachments and four colored combs means one set for the whole family. "The Groomette" by nilton Beach. 13 Button-pleated love seat upholstered in Blue Sky. By Heritage. 14 A pillow made of "Rouen" flowered cotton chintz, a light True Blue and 2 Flower. By Stroheim \& Romann. 15 Indoor/ outdoor double duty vacuum has a two-stage motor that lets you clean a garage as effectively as it lets you clean edroom gently. The lightweight steel drum is Space Blue, has a 10-gallon capacity. By Sunbeam. 16 A sofa upholstered with outline quilted "Queen Anne's $\mathrm{e}^{\prime \prime}$ chintz by Cohama, treated with Scotchgard to keep the color Blue Sky. Sofa by Drexel. 17 Plastic pitcher with matching mugs in Ultramarine Blue banded bright white. At Seabon Scandinavian Imports. I8 "Extraspeakers" by Sound West are a pair of portable speakers of ABS plastic. Molded foam grille in True e lifts out to make cleaning easy. Provide a necessary addition to the new quadraphonic sound systems. For shopping information, please turn to page 190.





## $\therefore 19096$ Puts rintice Htorar spect scene

Your family and friends will see a lovelier, more thoughtful you when the soft glow of Bluegate Candles lights your home. Use them in massive clusters color coordinated to your decor for that very new look. Vary the scents to reflect and enhance every mood. See all the beautiful Bluegates at your nearest fine candle store. And if you want additional tips on how to decorate with candles, send 256 for
Bluegate's booklet, Box 476 ,
San Francisco,

## thoughts for <br> the hostess

and try plain, buttery hominy with almost anything . . . Serve fried noodles, rice noodles, and Oriental "cellophane" noodles with fish and lightly sauced dishes.

Must it always be plain peas and carrots? No. Move out with peas à la fermière, glazed carrot nuggets cooked with small onions, the peas added at the last . . . . A carrot flan or tart is unusual and very good-a lightly sugared carrot purée poured into a baked pastry shell and topped with a few thin layers of sliced cooked carrots, the mixture moistened with the carrot cooking water and baked.

Malaysia can change your feeling about eggplant, with its eggplant curry-great for lunch or supper. Cube the unpeeled vegetable, salt lightly, let stand 15 minutes. Drain, pat dry. Sauté 3 sliced onions and 2 garlic cloves until limp. Add eggplant. Stir in 1 tablespoon curry powder and fry a minute, then add 2 sliced green peppers. Moisten with coconut milk or half-and-half in which coconut has been soaked. Cover and simmer half an hour. Spice it up, if you like, with pounded chilies.

The cool cucumber is delicious hot. Peel, cut into chunks, simmer in a bit of broth and lots of butter, keeping the cover on until tender. Or, if you wish stuff parboiled cucumbers and bake.
Trigger your culinary imagination with some of the less obvious cookbooks, often put together to aid a worthy cause, filled with unusual local dishes, and usually spiralbound for easy use. For instance, send for AW ord to the Y's on Cookery (\$3.95, Christian Family Y, 21 George St., Charleston, S.C., 29401), a particularly good regional book from Charleston compiled by supporters of the "Y" there. Or The Cookbook that Counts ( $\$ 5.35$ from Box 24, Cedarhurst, L.I., N.Y. 11516), compiled for the benefit of the Lawrence Country Day School on Long Island-an interesting job, which is divided into chapters designed for feeding four, eight, twelve, sixteen, and even thirty people at a time, with preparation and cooking time included for each dish. Very helpful for the constant cook or committee chef.

To make this adventuresome cooking almost effortless and a matter of only a few minutes preparation, there is, happily, that Stradivarius of kitchen appliances, Cuisinarts' Food Processor-a rather dull name for a miraculous machine. No bigger at the base than a sheet of typing paper and only 15 inches high, it has a 500 -watt motor, which turns shredders, slicers, cutters, whatever you need, with incredible speed and zing to produce quenelles, pâte à choux, almond paste, pâtés, purées, terrines, crushed ice-all in seconds. It shreds vegetables angel-hair fine or enables you to make a piecrust with a flip of a wrist. You can chop your own steak tartare, mince a pâté of cold meat, make grated cheese, potato pancakes, duxelles, cole slaw, fancy butters, cheese spreads, sauces. This honey of an appliance will do everything for a party but set the table and your hair. And the delicious foods you can invent with it! ■

## 20 TEMPIING TOMATO RECIPES

## ALESSON

WITH SIMONE BECK
6 OFHER FAVORIIIE RECIPES

AN EASY BANANA ICE PLUS A SUPER SUCAR COOKIE

## 12 NEW COOLERS

 TO DRINK ALL YEAR INPPAISEOO VODKA by Henry McNulty"FOR MAMA. COOKING WAS AN EXPRESS, ON OF LOVE" Pearl Bailey writes about Mama's chicken and Mama's cake

## Myra Waldo asked GE some things about the countertop microwave oven



Myra Waldo's list of published cookbooks include recipes from just about every country on earth. In answering Miss Waldo's questions, General Electric hopes to provide you with a better understanding of microwave cooking.
Q. Are GE microwave ovens designed to be safe?
A. Yes. Very strict safery standards have been set by the United States Government. All General Electric microwave ovens are designed to comply with all requirements of the Federal Safety Performance Standard for Microwave Ovens, Department of Health, Education and Welfare, Rules 21 CFR , Part 278. Of course, it is important to follow the users operating instructions.
Q. Can I safely reach into the oven to turn a dish around?
A. Yes. You automatically shut off microwave energy when you open the door, even if it's in the middle of a cooking cycle. Protective switches, called "interlocks", automatically shut off power to the microwave tube when the door is opened.
Q. When I cook with microwaves will the oven stay cool?
A. Yes. The microwave energy is absorbed by the food and reflected from the oven walls so the heat in microwave cooking is confined to the food itself.
Q. DoI need special electrical installation for a countertop microwave oven?
A. No. The countertop microwave oven is designed to operate from any standard 120 volt, 15 ampere circuit, with a properly grounded and polarized 3 -prong outlet. It draws about the same amount of power as your other household appliances.
Q. Can I use the "cook-in-pouch" in a microwave oven?
A. Yes. These frozen foods sealed in plastic pouches are designed to withstand temperatures up to boiling. Follow instructions in the Users ManualCookbook.
Q. will food spills burn on the bottom of a countertop microwave oven?
A. №. The surfaces inside our countertop microwave oven remain cool enough so food soils don't bake on. You can clean them easily with a damp cloth. It is possible for food to burn on in our complete microwave cooking centers when conventional heat is used for browning. However, these centers feature the GE P-78 self-cleaning oven system which will clean any soil which bakes or burns on.
Q. DoI have tol learn to cook all over again when I cook in a microwave oven?
A. In many instances standard recipes are used and preparation of foods for cooking doesn't change. The big difference is in the times used. Instructions and recipes for many foods are in the User's Manual/Cookbook that comes with the appliance.
Q. Does a countertop microwave oven require frequent service?

## A. General Electric takes great

 pains to build quality into its products, but like every man-made product, it may require some service sometime during its useful life. You'll be getting a product backed by our pledge: Customer Care...Service Everywhere.'. Which means that wherever you are, or go in the U.S.A., there'll be a qualified General Electric serviceman nearby.

If you'd like to know more about microwave cooking, write: General Electric, Dept. M.O., AP4-206A, Appliance Park, Louisville, Kentucky 40225.

Microwave cooking... another reason why General Electric is America's \#1 Major Appliance Value.


## puse \& Garden wine \& food

# 2 Otempting tomato recipes 

# "Delicious straight from the vine, tomatoes make the loveliest salad dressed simply with oil, salt and pepper, a little basil" 

by Jane Ellis


ere's hardly a summertime dish t a touch of tomato can't enliven improve. And in September y're all around, in succulent heaps ighwayside stands, in cool corners the local market, or on the vine, warm on their ruddy sides, just ting to be picked. Here are more n twenty quick and delicious ways prepare them:
Fresh home-grown tomatoes make oderful summer salads. Simply e or cut in wedges, sprinkle with ppped fresh herbs. Basil is the classeasoning, but try sweet marjoram, amer savory, or dill for variety. ess with oil and vinegar, salt and pper. Add onion rings if you like, ite or red.
Mint your tomatees. Minted totoes, from Ritual of the Hearth facmillan) by Roberta Sickler, calls 3 large tomatoes chopped into $\frac{1}{2}-$ h cubes, and tossed with $1 / 3$ cup sh grated coconut, $1^{1 / 2}$ to 2 tableons chopped fresh mint. Mix 2 lespoons fresh lemon juice with ney and a pinch of salt and toss th tomatoes. Serve immediately.
Honey amd tomato combine deiously. A little honey or sugar on nato brings out its flavor better an salt, says Sylvia Windle Humrey in Spices, Seasonings and rebs (Macmillan). She spreads toatoes with honey and sprinkles em with freshly ground pepper.

Tomatoes surprisingly go well with bramdy. Peel the largest, ripest tomatoes you can find, slice rather thick, and arrange on a platter. Dress with minced sweet basil, olive oil and brandy ( $1 / 2$ cup oil to 3 tablespoons California brandy). Salt and pepper and serve as a first course. From Helen Brown's West Coast Cook Book (Little Brown).

Blend a nice big peeled and seeded tomato with a little heavy cream until smooth to make a delicious quick summer soup. Season to taste.

Put one or two ripe, icy cold, peeled tomatoes (or good canned ones) into an individual small soup bowl for each person. Salt and pepper to taste, add chopped fresh basil, if available. Top with finely grated onion and a heaping tablespoon sour cream or yoghurt.

For those occasions when you need just a little tomato for a sauce or soup, Mrs. Edwin Tetlow suggests putting either quartered or puréed tomatoes in an ice tray. They freeze beautifully and can be used a cube or two at a time.

Slice the tops from several tomatoes, cover with a mixture of chopped green pepper, chopped onion, salt and pepper, oregano, and butter. Bake until cooked through but still firm.

Green tomatees are delicious fried with bacon for a sumptuous breakfast.

Malve tomatoes and bake with a stuffing of pesto sauce, or broil simply with pressed garlic and herbs on top or a sprinkling of bread crumbs, salt, and freshly ground pepper.

Put a slice of Gruyère on top of a tomato half and broil.

Serve hot green beans with cold onion rings and cold sliced tomatoes.

Wrap tomatoes in foil to cook along with the barbecue; season first and add a few basil leaves.

A lovely filling for a tomato omelette, or to add to a baked or shirred egg is a quick tomato purée. Make one easily by cooking peeled and chopped tomatoes in a little butter
and oil for 5 minutes. Season with salt, sugar, and a little chopped fresh basil and parsley.

A hearty country Italian tomato
soup is made by Beppe Bellini with stale bread. Pappa of tomatoes, from Food alla Florentine (Doubleday), by Naomi Barry and Beppe Bellini, is a dish invented by talented and frugal Tuscan peasants. Sauté 1 onion, thinly sliced, in 5 tablespoons olive oil until golden. Add 1 cup peeled tomatoes and 2 tablespoons tomato paste. Stir and simmer for 20 minutes. Place stale Italian bread, broken into small pieces, 3 cloves garlic, 10 leaves sweet basil (or 1 tablespoon dry) and 7 cups water into a deep saucepan. Cook and stir over low flame until mixture becomes a thick smooth mush. Add 1 tablespoon salt, $1 / 2$ tablespoon pepper and the onion-tomato sauce to the bread mixture. Beat well with a whisk. The soup is thick and should be served individually with a little olive oil on each portion. Serves 8 .
A tangy marmallade can be made

from tomatoes and shallots. You need 4 quarts fresh peeled tomatoes, sliced, 6 lemons, sliced, 24 shallots, peeled and sliced, 1 cup seedless raisins, washed, 8 cups sugar. Layer fruit and sugar in kettle and cook over low heat until tomatoes release their juices. Bring to boil and cook until mixture thickens. Pour into sterilized jars.

## Makes 5 pints.

Tomate pie is a favorite of Sandra Oddo, from her book Home Made (Atheneum). Take ripe tomatoes, skin and slice them. Sprinkle over a little salt and let them stand a few minutes, pour off the juice and add sugar, $1 / 2$ cup cream, beaten with 1 egg, nutmeg, and cover with a rich short paste dough, and bake in a moderate oven $1 / 2$ hour. She also makes a simple tomato juice. Peel the best, ripest tomatoes. Purée them in the blender; put through a food mill to get the seeds out; add salt and pepper; bring to a boil, pour into glass jars, and to can, process 30 minutes under boiling water. For a blended juice, purée celery, carrots, parsley, onions, etc., with the tomatoes.

To cam tomatoes choose firmripe ones. Peel by dipping a few at a time in boiling water for about 30 seconds, dunking immediately in cold water and then stripping off skins. Gouge out stem end, leave whole or halve or quarter. Pack raw tomatoes in clean jars leaving $1 / 2$ inch of headroom, pressing gently to fill spaces. Do not add water. Add $1 / 2$ teaspoon salt to pint jar. Adjust lids. Process in boiling water bath 212 F for 25 min utes. Remove and complete seal. From Putting Food By (Stephen Greene Press). By Ruth Hertzberg, Beatrice Vaughan and Janet Greene.

Hot tomato bouillon makes a lovely first course. Mrs. David Sealand

Continued on page 139


## One of France's great cooks shows you how to make six of her favorite recipe

# Acooking lesson with Simone Beck 

## "Be inventive and experiment-get away from the teaspoonful-by-teaspoonful approach and cook by instinct and feel"



Simone Beck is world renowned for two books Mastering the Art of French Cooking Volumes I and II (Knopf), written in collaboration with Julia Child, and her own lovely new book, Simca's Cuisine (Knopf), which gives Simca's (her nickname) delicious menus and recipes for parties throughout the year.

Simone Beck (teaching in James Beard's Greenwich Village kitchen, opposite page, top, she is second from left) is a no-nonsense cook, who nonetheless is very flexible; she makes her pastry with margarine and defies you to tell the difference. Weaning students from the teaspoonful-by-teaspoonful approach to cooking, she urges them to experiment and cook by instinct and feel. Endlessly thrifty, she never wastes a thing and is meticulous in her final garnishing. These are some of her favorite recipes, which she shares with House \& Garden and the students who took a course from her in New York where she is a visiting teacher each year at James Beard's Cooking School.

Pastry: "The less you use your hands, the better it will be," says Madame Beck, who uses a large fork or pastry cutter to blend fat and flour. "If you blend dough with your hands, use heel of hand, not palm, as it's cooler." Pâte brisée will keep for weeks in the refrigerator if it is wrapped in wax paper, extra pieces can be used for pâtes or quiches. Madame Beck uses $\frac{1}{4}$ lard to $\frac{3}{4}$ margarine for pastry, says " 2 or 3 tablespoons of flour more or

Madame Beck, who is always invent-
less make no difference." Flour hands to remove dough easily. Never leave pastry to rest without putting some flour on top.

Sugar crust should be kneaded unlike short paste. Try substituting dry

white wine for water in mixing dough, gives a very nice flavor.

If dough is hard when you come to roll it, pound it first with rolling pin to make it more malleable.
To fill several tart tins at once, group them together and put large piece of dough over top, roll over top of tins to cut off excess. With thumb, push up pastry at flutes to make scalloped edge and push pastry out from center so bottom is thin and sides thick enough to hold filling without collapsing.
Put pastry-lined tin into freezer a few minutes before putting into hot oven then butter won't melt so quickly and pastry will stay light without falling.

Brush uncooked tart shell with strong mustard for a quiche, apricot preserve or marmalade for a dessert tart-instead of using foil weighted with beans.
Whipping Cream: "Put mixing bowls in the refrigerator at least 2 hours before whipping."
Soufflé: Souffé base should always be hot before you fold in beaten egg whites-it poaches the egg whites and therefore mixture will hold longer before cooking-up to 3 hours.
"Be inventive and experiment," says
ing interesting sauces-hollandaise with herbs, clam juice, cream or fish juice; a lovely sauce for braised pork made by whisking together Dijon mustard, olive oil, and vinegar and slowly adding a few drops of cream to bind it, salt, pepper, and lemon juice. GRATED ZUCCHINI, WITH CREAM Ingredients: $2^{1 / 2}$ pounds zucchini (about 6), $2 \frac{11}{2}$ tablespoons butter, 1 tablespoon peanut oil, $2 \frac{1 / 2}{2}$ tablespoons minced shallots or scallions, salt and

pepper to taste, 1 tablespoon Dijon mustard, 1 cup heavy cream, 1 tablespoon minced tarragon.
Method: Wash and trim the zucchini. Using a large grater, grate them over paper towels, which should give you about 2 cups. In a heavy skillet melt the butter and oil, add the shallots or scallions and cook, stirring, for 1 minute. Add the grated zucchini to the skillet, shake the pan, and stir with a wooden spatula from time to time, cooking for about 5 minutes. Check for tenderness. If tender, remove from heat and season highly. In a small bowl, mix mustard into the cream and then pour over the zucchini. Return the skillet to the heat and simmer slowly until the cream has reduced and has been absorbed by the zucchini. Correct the seasoning and serve, sprinkled with tarragon. Serves 5 to 6 .
SMALL ROLLS OF VEAL OR PORK, STUFFED WITH ONIONS AND CHEESE IN CREAM SAUCE*
Ingredients: $1 / 3$ cup vegetable or pea-
nut oil, 5 medium-sized yellow ions, chopped (about 2 cups), 6 or pork scallops ( 3 by 5 inche tablespoons Dijon mustard, 1/2 spoon dried oregano, 6 very slices imported Swiss cheese cheese may be used; if it is, omi

Step-by-step to fish mousse in timb (a drum shaped mold) from the lef Cut up cleaned fish roughly; put through a meat grinder or the medium disk of a food mill. Add ch cream by drops or spoonfuls and st incorporate into fish mixture. Fill m and place in baking pan with water $1 / 3$ level of molds. Unmold very carefully and place on warm servin dish. Coat the mousse with some of the finished Sauce Hollandaise S and send it to the table for serving.

jon mustard), 4 tablespoons bu bouquet garni of thyme, 1/2 bay oregano, salt, freshly ground b pepper.
Method: Preheat oven to $350^{\circ}$. heavy-bottomed skillet with a warm 2 or 3 tablespoons of the Add the chopped onions and them very gently, stirring occasi ly, until they are tender and lightly colored (about 15 minu Add more oil if they become dry. move them with a slotted spoon set them aside. (Do not clean skil

Flatten the veal scallops betv pieces of wax paper with a heavy tle, the side of a cleaver, or a ro pin, to make them as thin as poss Sprinkle them with salt and per Brush each scallop with a laye

nustard and sprinkle lightly with regano. Saving 1 cup of onions for ater, cover each scallop with a thin ayer of onions and a slice of cheese rimmed to fit each veal piece. Roll up he scallops and secure them with oothpicks or tie them with string. (It ; easier to brown them if you use tring.)
Place the rolled scallops in the killet in which the onions were ooked, adding more oil if necessary, nd brown them on all sides over hoderate heat (about 15 minutes). Remove rolls from the skillet and lace on a plate. Clean the skillet. Warm the butter in the skillet, put ack rolls with remaining onions and he bouquet garni. Cover with a piece f wax paper, put the lid on the skillet nd set it into the preheated oven.


Cook 35 to 40 minutes according to he tenderness of the meat. Check fter 30 minutes. (The meat will be lone when it is easily pierced with a harp knife.)
Place the rolls on a warmed serving lish, discarding the string or toothicks. Spread the onions around the neat and keep the platter warm while naking the sauce.

> CREAM SAUCE
ngredients: 2 tablespoons flour, 14 to cup heavy cream, juice of 1 lemon trained, 1 cup beef bouillon, fresh r canned (it should not be sweet), falt and freshly ground pepper to aste, $1^{112}$ tablespoons chopped parsey.
Method: In a small saucepan add lour and gradually stir in the cream
to make a smooth paste. Stir in the lemon juice and set aside. Pour the bouillon into the skillet in which the meat was cooked. Set over heat and let boil half a minute, scraping the bottom to deglaze. Pour 4 or 5 tablespoons of the bouillon into the flour mixture and mix well; then pour mixture into the skillet and simmer, stirring constantly, while the sauce thickens. Taste, and correct the seasoning. Cover the rolled scallops with the sauce and serve them sprinkled with chopped parsley. Serves 6 .

CRAB AND SHRIMP TARTLETS MADE WITH SHORT PASTE* Ingredients: $1^{1 / 3}$ cups all-purpose flour, sifted, pinch of salt, 4 ounces (1 stick) chilled butter, cut into tiny bits (butter must be hard), 1 tablespoon oil (a no-flavor oil or Crisco), 1 egg yolk beaten with 4 tablespoons cold water.
Method: In a large mixing bowl put the sifted flour, add the salt and then the butter. Using a large fork, work the butter and the flour until the mixture has the texture of oatmeal. Make

a well in the center and add the egg beaten with water and the oil. Mix with a fork to dampen the flour mixture and use your hand to form it into a ball. Wrap the dough in wax paper and refrigerate until firm, about 20 minutes. Use this dough for quiches. Short paste can be kept in the refrigerator for 3 or 4 days, or frozen. Yields x pound of dough.

CRAB AND SHRIMP FILLING Ingredients: 1 large or 2 medium
green apples ( 1 cup peeled and diced); juice of $1 / 2$ lemon, strained; 1/4 pound tiny canned shrimp, $1 / 2$ pound canned crabmeat, or ${ }^{3 / 4}$ pound either one, retain 1 cup juice drained from can, or use $\frac{1 / 4}{1}$ cup clam juice and $1 / 4$ cup water; 3 tablespoons butter; 1/2 tablespoons peanut or vegetable oil; 2 medium yellow onions, chopped (1 cup); 2 tablespoons flour, 1 teaspoon curry powder; $1 / 2$ cup heavy cream; salt, freshly ground black pepper and Tabasco to taste.
Method: Peel, core, and dice the apples and sprinkle with the lemon juice to keep them white. Drain the shrimps and crab and combine 1 cup of their juices in a bowl. Pick over the crabmeat very carefully to remove all cartilage.

Heat the butter in a skillet, add the shrimps and sauté for 2 minutes, stirring. Remove the shrimp from the skillet with a slotted spoon and set aside in a bowl. Add the oil to the skillet, heat briefly with the butter, then add the onions and cook gently until soft and very lightly colored. Add the apples and cook until tender. Sprinkle with the flour and stir for about I minute to cook the flour, then moisten with the juice from the seafood and cook, stirring, until smooth. Add the shrimps, crab meat, and the curry powder, heat through, then stir

in 4 tablespoons cream (more if not too much liquid). Correct the seasoning, and add salt and pepper to taste and a little Tabasco. Set aside to cool.
(Makes $3 / 2$ cups filling).
TO ASSEMBLE AND BAKE: Ingredients: $/ 4$ to 1 pound short paste 4 tablespoons melted butter.
Method: Preheat oven to $375^{\circ}$. Line 8 to 10 tartlet molds, $44 / 4$ inch to diameter, $3 \frac{1 / 4}{4}$ inch bottom diamete and $\frac{y}{4}$ inch deep, with the pastry dough and bake for 10 minutes.

Fill the baked tartlets with the fill ing, pouring some melted butter oves each. Finish baking in oven for abou 12-15 minutes until set.
TARTLETS WITH A SWEET FILLING OF
APPLES, ALMONDS, AND RAISINS

## SUGAR CRUST

Ingredients: $1 \% 3$ cup pastry flour (i) not available, use all-purpose flour) pinch of salt; 4 ounces, plus 1 table spoon chilled butter, cut into tiny bits; 2 tablespoons sugar; 1 egg yolk beaten with 3 or 4 tablespoons cold water.
Method: Make the dough as for shor paste, working quickly with a fork and mixing in the sugar with the but ter. The mixture should have the texture of oatmeal. When the dough has been roughly gathered into a ball, flour the heel of your hand, break off small pieces of the dough, one by one, and push them down and away from you on a pastry board with the heel of your hand to complete the blending of the flour and butter. Wrap ball of dough in foil or wax paper and re frigerate for at least 20 minutes. It will keep under refrigeration for 3 or

Continued on page 140


MCCARTNEY

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## Aneasy Bananalce plus a super Sugar Cookie

This fragrant banana ice with its full fruit flavor is perfect to serve any time of the year as a final clean cool note to a party menu. We serve it on a pretty green and white checked plate accompanied by one beautiful sugar cookie. It is also lovely served in the scoopedout shell of an orange, or piled high in a glass compote. Serve it on its own with a sugar cookie or with fresh fruits of the season. The recipe comes from Mrs. Charles Wisner, who also serves it as a refreshing ice for children, and one that is certainly pure fruit flavor. BANANA ICE
Ingredients: 2 bananas, juice of 2 oranges, juice of 2 lemons, 2 eggs, 1 cup sugar, 2 cups water.
Method: In a large bowl beat vigorously the bananas, oranges, lemon juice, eggs, sugar, and water together. Freeze in ice cube trays. When frozen, take out and beat occasionally to get froth on top. Makes 8 scoops.

## "A fresh fruit ice that's always in season"

These tender sweet cookies can be decorated as you wish with almonds, walnuts, sugars, and chocolate chips. They're straightforward to make and freeze beautifully, but eat them within two or three days of baking.

The recipe was devised by an enthusiastic and prolific cookie maker, Mrs. John Allan, who after much experimentation has come up with this delicious short and sweet cookie, that is lovely with coffee, for dessert, to accompany an ice, or at any time for a gift. And if you want to change from the classic sugar cookie round, chill the dough, roll out between two pieces of wax paper instead of a floured board to keep the cookies as light as possible. Peel off top piece of paper, flip dough onto cookie sheet, wax paper side up, peel off second piece of wax paper, and cut out on cookie sheet. Pull off excess dough and decorate.

For Christmas, sprinkle on red or green colored sugars before baking. Or use red currant jelly
glaze instead of apricot. Decorate with silver dragées.

Or for a children's party, use tiny gumdrops to make faces-two eyes, a nose, and a little smile. SUGAR COOKIES
Ingredients: 1 cup soft butter, 1\% cups sugar, 2 eggs, 3 teaspoons vanilla, $31 / 2$ cups sifted all-purpose flour, $2 \frac{1}{2}$ teaspoons baking powder 3 teaspoon salt. For decoration: nuts, raisins, chocolate bits, sugars, apricot jam, chocolate shot. Method: Beat together in a large bowl butter and sugar until light and fluffy. Add eggs and vanilla and blend well. Sift together in a separate bowl flour, baking powder, and salt and add to buttersugar mixture.

Roll balls of dough the size of walnuts between the palms of your hands and place about 2 inches apart on a Teflon cookie sheet. Buttered cookie sheet will do fine, too, but it's harder to clean when you're finished. Using any object with a round flat bottom about the size of the cookie you want, butter its round flat side, dip into granulated sugar and press down on cookie balls until about $1 / 8$ inch thick. The round does not have to be rebuttered between each pressing, but it must be dipped into sugar each time. Bake 8 to 10 minutes at $400^{\circ}$ or until lightly browned around the edges. Makes about 6 dozen cookies.
To Decorate: Before baking put a whole walnut or pecan half in the center of each cookie. Circle others with miniature chocolate bits; chop finely any nut and sprinkle on top; stand up three almond slices fanning out from the center of the cookie; make a pinwheel design of almond slivers or a rosette of raisins; sprinkle with brownulated sugar or chocolate shot. Bake some cookies plain, then sift over them confectioners sugar or spread on a glaze of apricot jam sieved and melted with a little sugar to spreading consistency.
> "Each decoration changes the sugar cookies' look, flavor, and texture"


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## 12 new coolers to drink all year

not just on a hot summer day but all year, the long cool drink is more and more the favorite. Here is a slew of tall cool drinks made with wines, spirits, or just the refreshing taste of fresh fruits, tea, or fizzy mixers.

Ginger up a cooler: Add 1 pa ginger wine to 1 part scotch, ac ice and a dash of soda. Make more gingery ginger ale by addir a few drops of essence of ginger bottled ginger ale. Add ice ar lemon slices.

## "For the best coolers, chill the glass, add plenty of ice, and a full measure of fruit juice or a carbonated mixer"

A deliciously pretty strawberry pink cooler is made with Cham-braise-strawberry vermouth. Add soda or bitter lemon to top it up. Suzanne Taylor makes it and adds a piece of lemon or lime peel, sometimes a little ice.

More pink coolers: Drop a teaspoon of any fruit liqueur-blackberry, peach, strawberry, raspberry, or apricot-in a glass with 2 ounces of dry vermouth. Add lots of ice then fill up with soda and stick in a piece of mint.

Elisabeth Ortiz soaks nectarines or strawberries overnight in any orange liqueur. Plops one piece of fruit in a glass and fills up with a chilled rosé wine.

Amourosé, a rosé from Anjou, or any rosé, makes a nice spritzer with a lovely pale color. Add soda and a strip of lemon. Make a red wine spritzer with a mellow Del Magnifico, for instance, and soda.

Then there are the rum based coolers. The Teetotaler is a gentle tasting combination of rum and iced tea. In a 12 -ounce glass put 3 teaspoons Nestea iced tea mix, $1 / 2$ ounces of light dry Puerto Rican rum. Add ice, fill up with water, and garnish with lemon slices. Or make a long cool rum and tomic and add a lump of sugar to soften it a little.

Mix ginger ale with tea an spike it if you wish. Mix bitt lemon and tonic for a more refres ing nonalcoholic combination; ad ice and lemon slices, too.
Sherry makes a wonderful lon drink. Mix 1 part Almadén Sole Cocktail Sherry with 2 parts sod Add a twist of lemon, a slice orange. Combine and pour ov ice in a tall glass.
Combine equal parts of chille cranberry juice and chilled Tay lor's Lake Country White wine a large glass. Serve with a thi lemon slice, a sprig of fresh min
For a golden Manhattan mix Cinzano Bianco with \%/3 whiske Serve on the rocks with soda.

Try a sherry milk punch. Blen 5 ounces milk with $1 / 2$ teaspod sugar, $21 / 2$ ounces Christian Brotl ers sherry, 1 small ice cube for 3 seconds. Pour into a chilled brand snifter and serve with a twist lemon, a powdering of nutmeg. 0 combine a 1 quart bottle chille apple juice or cider with 1 cu Christian Brothers Golden Sherr and ${ }^{1 / 4}$ cup lemon juice. Chill wel

Pop a lump of sugar in a glas and add a drop or two of bitter: ice, Dubonnet and fill with ice brut champagne. Serve with lemon twist.

Good first thing is the Orang

## "Chilled wine in a tall glass topped up with a sparkling soda makes the perfect light apéritif"

[^2]Flip. Blend $1 / 2$ cup Florida orang juice, 2 tablespoons lime juice, egg, 1 tablespoon honey unt smooth. Garnish with an orang slice and mint sprig.
Add 1 teaspoon raspberry syru to a glass, fill with club soda, sti and add ice.

# In praise of vodka 

by Henry McNulty

aRussian will never drink vodka by himself. The reason is that, to drink at , protocol demands he propose toast. How to do this if you are pne? So there must be a comnion to whom to make your little eech. Only then are you allowed throw your tiny ice-cold glassful wn your parched throat-in one lp, of course.
Given the companion, and toasts ing absolutely essential, the next oblem is the toast itself. Russians Il cook up almost any excuse to er one-to home and country, to cing, to the president, to a pun, love. My friend Elena Konstanovna of the Old Russia pub in pndon knew a man who lived pne but always came home needg a drink. This desperate and ly Russian solved the "you can't ink alone" problem by catching mself a June bug. He tied it to long thread. When the bug took , he had his excuse for the bon yage toast. When he pulled the Ig back, "TAM!" time for the elcome home toast. The man ed happily ever after, she says. There is no need for us, not beg Russian, to be quite so formal out it, since vodka is a beverage $r$ which it is easy to find all sorts uses. It has no taste in its prishe form, and no smell, so it will ix with anything. For instance, Iran where some of the best dka is made, they have a defously refreshing summer drink Illed "abdug" made with vodka d yoghurt. You mix about equal rantities of club soda and plain pghurt in a tumbler, adding earmint if you fancy the taste, d a jigger of vodka. Top it off ith a pinch of salt.
In Leon's grill, the only Russian staurant in Teheran, vodka is rved spectacularly encased in e. You can make this idea yours putting the spirit into a small rafe holding about half a bottle. lace the carafe in a tin large oough to hold it plus enough ater to surround the carafe. The hole business is stuck into the eezer. When the water is frozen, unk the tin in hot water for a oment, slide the iced bottle out, od what you get at the table is a andsome block of ice surround-
ing the vodka, which is at just the right temperature for imbibing. Of course this icy treat is drunk with caviar, and possibly because both the vodka and the caviar are said to be aphrodisiac, the combination enjoys an enormous success in success-minded, exotic Persia. In almost equally glamorous Paris, near the not so exotic but famous Paris Herald offices on the rue de Berri, there is a sort of Aladdin's cave presided over by a French genie, Monsieur de Lalagade. He takes an ounce of caviar every morning for his breakfast with a nip of vodka. The caviar is easy for him to get because his cave is the storehouse for all the caviar shipped from Iran to Europe for distribution. The breakfast, he claims, is the secret of his health and energy, for he says this combination "has more vitamins than most foods, and is rich in lecithin, which fortifies my nervous system."

The medical kick reminds me of a young British doctor who, using twenty willing volunteer drinkers at the Middlesex hospital and testing different types of alcoholic beverage, came to the conclusion that vodka produces the least painful morning-after side effects of any spirit. Possibly this is because vodka is very "pure." It is distilled twice and then filtered through charcoal to rid it of any unwanted taste or smell and the best of it is cut with distilled water.

As a matter of fact, the very word vodka seems to have a psychologically suggestive effect at times. A member of the Georgian princely family, Tschavtschavadze, who lives in Paris, told me that his grandfather was once promised a marvelous aged vodka just before going off on a hunting expedition. The beverage was lovingly and reverently handed to him as he sat on his horse before taking off. He tossed it back in true Russian style and fell off his horse with shock and chagrin. The "marvelous aged vodka" was nothing but water. The disillusion nearly killed the old man.

Actually, the Russians and Poles drink their vodka with such lighthearted speed because they are afraid of becoming drunk on the
fumes. They claim that by sipping you inhale more alcohol than you drink. They like it "with a tear"that is the outside of the glass frosty with cold. And they like it colored and flavored. And why not? They do this at home by putting various herbs into the original flavorless straight vodka. Saffron makes it yellow, sunflower seeds give a mauve tint, cornflowers turn it blue, and walnut shells, brown.
As to taste, you can vary that too, to suit your mood. At Nikita's Russian restaurant in London you can hold yourself a vodka tasting with twelve different types-any of which you can make at home. There is rowan berry, cherry, honey, or red pepper-to name a few. Russian vodka used to be made from potatoes. Now most of it is usually made from grain, but it can all be flavored. My favorite is the Polish version of Zubrovka (the Russians make this too), which contains a slip of the herb of that name, a grass on which the European bison feeds, it seems. This gives a nutty taste and a slightly green tinge to the alcohol.

You can make vodkas with flavors from coffee to lemon, or to your own formula, for a home vodka tasting. For a coffee vodka you need 4 cups each of sugar, water, and vodka and $1 / 2$ pound of freshly ground coffee. Pour 1 cup of vodka over the raw grounds and let sit for a week. Make sugar and water into syrup and add to it rest of vodka. Then combine coffee vodka with syrup vodka, strain, bottle, and store six months to let all blend smoothly. Depending on your intestinal fortitude, you then drink or sip.

For lemon vodka you grate the rind of 3 lemons (or you can use 2 oranges instead, if you'd rather have an orange taste). This you cover with vodka and allow to stand for four days or so. Make a syrup of 2 cups each water and sugar, strain rind out of vodka, pour both lemony vodka and rest of bottle (about 4 cups) into syrup while still hot. Strain whole thing again, bottle, and store at least a month.

Tarragon is easy-you just put some fresh tarragon into the bottle Continued on the next page

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## "You can vary the color and flavor of vodka to suit your mood...saffron makes vodka yellow, sunflower seeds give a mauve tint, cornflowers turn it blue

## VODKA continued from the preceding page

and let it sit for a week or two. Red pepper, of course, not only makes a good hot drink, but comes out satisfyingly pink as well. Vodka in Russian is a diminutive meaning "little water." This red pepper type can bring water to your eyes! If you steep a hot Mexican pepper in a bottle for a week (the longer the hotter), pour 2 fingers of it into a glass of tomato juice and ice, you've a Cooch Behar-guaranteed to keep you warm in chilly weather and a great saving in heating bills.

Kingsley Amis, the literary drinker, has a marvelous idea, which he applies to vodka's cousin, gin, but which is equally useful with vodka. The stunt is always to have a small bottle of angostura with you because with that and vodka you "can knock together some sort of drink" under almost any conditions. For instance, a quickie "Pink Vodka" is 3 drops of angostura, swirled around in a glass, ice, vodka and away. W. H. Auden, a poetic imbiber, apparently has a fairly regular schedule in that at "ten to six I start on
vodka martinis." I don't know his formula, but Vodkatini's consist of five to eighteen parts of vodka and one of dry vermouth, depending on your passion for dryness.

Vodka does not clash with wine. If you start with vodka, switch to wine during a meal, and go back to vodka, you can still hold your head high the next morning. That British doctor with his hangover tests says that a mixture of pure alcohol and orange juice is the most clear-headed alcoholic thing to drink. Anyone can make this famous beverage-a Screwdriverwhich was supposedly invented by American oil rig workmen and so named because they stirred the concoction with screwdrivers.
In Paris the other day, opposite the Caviarteria, on the Boulevard Latour-Maubourg, I got the gastronomic shock of my life. Two hard-hatted, blue-jeaned French workmen pulled caviar and a tot of vodka out of their pail and munched for lunch this one-time food of kings before whacking in the next rivet.
Paris is a great vodka city, per-
haps because so many white Russians invaded it after the First World War as taxi drivers. They not only drank it, they found it stimulating for rubdowns after a hard day fighting traffic. One beautiful Russian lady had a huge success with her own brand, bottled and labeled with a very official looking Russian double eagle, and sold in the fanciest restaurants in Paris. What she did not tell her customers was that she made it at home in the bathtub. If you want the recipe, here it is:

Take a pint of pure grain alcohol and mix it with a pint of distilled water in which you have dissolved half a lump of sugar. Bring this nearly to the boil, light a match over it, and let it burn for 5 seconds, covering it immediately. Cut the peel of 1 lemon into a bottle and pour the mixture into it. Shake vigorously so the peel permeates the whole of the liquid. Cool it and refrigerate for a week. Filter lemon out, and you have a fine "homemade" vodka ready for mixing.

In Bloody Mary's, for in-stance-basically tomato juice with
vodka, though you can add lemon juice, Worcestershire sauce, pepper, salt, and other things. Or in the Bullshot-vodka and cold bouillon poured over ice, with pepper.

More exotic ones to try are: White Shoulders-a jigger of vodka, half a jigger of curaçao, and one of heavy cream. Mix in blender, serve in large glass over ice. Black Cossack-that jigger of vodka in a tall glass filled with cold Guinness stout. Rasputina jigger of vodka in tall glass with ice, fill with clam juice, stir, add olive with anchovy stuffing.

The Russians tell a joke about recruiting for their army. The new boy is asked if he smokes. "Yes." "Then you must stop." If he likes women. "Yes." "Then you must stop." If he drinks vodka. "Yes." "Then you must stop." "Will you die for your country?" "Sure. What is there left to live for?"
EDITOR'S NOTE: If you want to make your own zubrovka, you can buy pots of Russian Buffalo Grass from White Flower Farm, Litchfield, Conn., 06759.


## "For Mama, cooking was an expression of love"

## Pearl Bailey writes about Mama's chicken and Mama's cake

ITOR S NOTE: I am not a gourmet lick. So that's it," declares Pearl ailey in her warm-hearted new pok Pearl's Kitchen (Harcourt race Javonovich) from which this cerpt is taken. ${ }^{\circ}$ But Pearlie Mae, - she is affectionately known to er millions of fans on both sides of e Atlantic, has an abiding love of pod, simple food, cooking, and he less tangible pleasures of her tchen, which she writes about ith great gusto. Superstar of telesion, supper clubs, movies, and leatre (she won the coveted Tony" for Hello, Dolly), the indetigable Miss Bailey is also the uthor of two best sellers The Raw earl and Talking to Myself. With $l$ this, she still finds time to cook he food she loves for her husband, ouis Bellson, the celebrated jazz rummer, and their two children.

mama's kitchen, the one I remember, was in Philadelphia where I id most of my growing up. Maa, who was a handsome woman fith deep dimples in her cheeks, ept our house spotlessly clean. It vas a real thing with her to have verything polished and shiny all he time. Papa was a hod carrier luring the week, and on Sunday e was a Reverend at the House of Prayer. My brother and my sisters nd I were not allowed into Mana's kitchen very much. In fact,
command in her own kitchen and she wasn't about to have her children messing something up for her. For her, cooking was an expression of love, and serving at the table was an experience in sharing her affection with us all.
Sunday mornings remain particularly vivid in my memory. Papa always gave us a certain amount of religion at the table, but on Sunday morning, since he was the Reverend, we really got it. First, we had grace. Then came Papa's speech on good behavior. Then came the Twenty-third Psalm, possibly followed by three chapters from Daniel, nine from Isaiah, and some from a few other spots in the Bible. All this had to do with living right and behaving yourself. We sat quietly and listened but our little mouths were becoming drizzly and our eyes were popping out as we looked toward the stove.

On that stove every Sunday morning was Mama's fried chicken. Mama could cook the best fried chicken in the world. Now most people think that the tradition is to have fried chicken for dinner on Sunday. Mama did it the other way. She would get up and go down to Ridge Avenue to get her chickens killed that same morning. Then come back and fry them up. She had a way of putting everything in that big skillet at once and then just moving it around so that

Now I ask you, what could there be in a chicken gizzard that would make you pretty?
I wish I could tell you how Mama fried that chicken. The best I can do is give you as much as I remember. First of all, I guess it would help to get chickens absolutely fresh. By the way, I'll tell you a story about that later. She would salt and pepper the chicken and sprinkle it with flour and then throw that boy in the skillet and cover the top. Once in a while she would take the top off and turn some pieces over and put the top back on again. Mama cooked in lard, but to make it extra special, she would put one stick of butter in there with the lard. Now I've tried it since and I can't do one chicken that way, much less three or four in the same pan the way Mama did. It had that wonderful brown crispness on the outside, but inside it was moist, so nice that three or four days later it would still be moist, but cooked well to the bone. Now, believe me, that's important to me. I absolutely can't stand to bite into a piece of chicken or fish and find it the least bit on the undercooked side.

As I said, Mama insisted on having her chickens killed fresh every Sunday morning. Recently, I passed by the place on Ridge Avenue where Mama got chickens and it is still there. I guess they
> "Mama had a way of preparing simple dishes so that the very aroma floating through the house could make our mouths water"
he didn't like to have company in here at all, but she would let us in when she was going to teach us omething. Mama was a fast cook and a good one. She had a way of oreparing those simple dishes so that the very aroma floating through the house could make our little mouths water. It meant everything to Mama just knowing that we liked the things she prepared at mealtime. It was there with Mama standing behind me that I had my first experiences with cooking. I learned mostly by watching rather than by doing because Mama was very much in
in about 20 or 25 minutes everything was perfectly done. It was a real technique, and to tell you the truth, I can't really do it yet. I loved all that chicken, but my very favorite part was wings. I could have eaten dozens of wings. I liked the necks, too, and sometimes the gizzard. Somehow, the so-called better part of the chicken seemed too rich or too filling for me. It reminds me that there was an old wives' tale that said if you ate the chicken gizzard you would become pretty. Everyone at our table certainly made a big deal about who got to eat the chicken gizzard.
passed it from father to son. Well anyway, Mama was kosher all the way; that chicken had to be fresh. One particular morning she couldn't get there for one reason or another so she sent me. Now I have to tell you that I like birds in their proper places, but I am not too much for being up close to birds and I certainly don't enjoy going where the people have birds flying loose in the house. They can be beautiful but I just don't prefer them up close. As a matter of fact, I think it is unkind to confine any animal to a place other than his

Continued on the next page

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[^3]House \& Garden wine \& food
> "Mama would get up from the table and begin throwing things into a bowl...toss it into the oven... and somehow it turned into cake"

## MAMA'S COOKING continued from the preceding page

habitat. Anyway, that has nothing to do with my feeling about birds and particularly live chickens. When she sent me to Ridge Avenue, Mama said to me, "Blow those feathers back, feel his breast." Ho! ho! ho! Blow the feathers back! I wasn't about to do that. As a matter of fact, I was scared to death the chicken would peck me. I went into the store and told the man, "Not fat, but a nice plump chicken," and then I backed up into the corner and waited. The man blew the feathers back and I guess that made it easier to tell Mama a little white lie when I got home. I never went near the bird. Sure enough when I got back to our house and stepped inside, the first thing Mama asked was "Did you blow those feathers back?" Now I disliked lying very much but I told Mama a little lie. I figured, after all, didn't I see the man blow the feathers back?

## MAMA'S CAKE

I am sure you can tell that I look back on my Mama and Papa, both gone now, with a great deal of affection. Even today I have a picture of Mama in my kitchen, looking over my shoulder, just as she did when I was eight years old. Sometimes, particularly in the night, when my thoughts and feelings run strong, I talk to that woman the same as if she were here. At those times, my memories of her, my recollections of things that happened during my childhood, come clear and vivid. On one such occasion, late at night, I sat down at my kitchen table and wrote this poem about Mama's cake.

## Mama's Cake

My kitchen seems friendly today, Warm.
Perfumed with vanilla.
Mama is making a treat-
Her cake.
It's simple,
Not a fancy one like the lady down The street-
Whe gave me a piece of hers Yesterday.
But her kitchen didn't seem to Smell as sweet-
Nor did I have the pleasure of watching her make it.

I'm watching Mama. I smell our sweet kitchen. Mama is here-
I'm near Mama, and guess whatNot only will I get some of the Finished product, She'll let me run my small Fingers
Around the bowl-
To get the leavings,
What didn't get in the pan.
I like the kitchen.
I like Mama's cake.
I honestly wish that I could make Mama's cake and could tell you how it is done. It was a kind of mystical process. We didn't eat much sweet food in our house and so it wasn't very often that Mama decided to make a cake. But then on the spur of the moment Mama would get up from the table and begin to throw things into a bowl2 to 4 cups sifted flour, 2 or 4 eggs, baking powder (about 1 teaspoon I would think), vanilla flavoring, and enough water to make it loose. Yes, I said water. We didn't drink a lot of milk in our house-it wasn't because we were poor, it is just that we didn't prefer it. Even on our cereal, we often had evaporated milk, or does that go back too far for you? Then she added 2 tablespoons of vanilla. After putting this mixture together, she would toss it into a medium oven and somehow it turned into a cake. (Now came the good part-we got to lick the bowl. We ran our fingers around the side until there was absolutely nothing left, and, believe me, it tasted good.) Mama would peek into the oven occasionally and when it looked brown on top, she would pull out the tinsshe cooked this in four or five little round pie tins. On the top of each one she would spread jelly or jam, whatever she happened to have, and slap them on top of each other like big pancakes. Whoosh! A fourlayer cake. A lot of people think that a cake has to be fancy and have icing and all of that-not so with Mama. I can't think of any cake that I would rather have at this moment.

Mama died a few years back. I tw it coming, even before she got riously ill. Actually, in order to ear my feelings, I wrote a kind tribute, you might call it an bituary, about my Mama before he died:
"I saw Mama today sitting at he kitchen table sort of there and ot there. Virgie, my oldest sister, alled this afternoon and said pick [my nickname], I want to sk you a question. What do you ink about Mama?' Virgie susected something too. I think fama sees something coming (I aw Papa at the end. I saw in his yes a look that I have seen in my wn, at the point of death with my eart. Now I know that it was that ame look that I saw in Mama's yes.) Mama's eyes see the begining of the end. The look of it rightens me a bit.
"This is the Mama I know, lookg over all four of us through the ears, each of us knows her in his $r$ her own way. To me she has een like a lioness watching over er cubs, teaching them all and ending them into the world hopng they would return to the lair
from time to time. Yet, even if they never did return, Mama felt that she had prepared them for it. I had a moment of truth recently with Mama when we had a talk about love and its meaning. Mama cried after that conversation. Do you know that may have been the only time I ever saw that woman cry? We were alone and I knew she was Love.
"In her eyes today, I saw the realization that she cannot survive much longer. She sees herself getting older and she sees us growing farther away from her loving hands of diaper days. You see, Mama never quite turned loose of life's terrific moments. Now the lioness has begun to draw away from us all. She busies herself as much as possible with her house and her goldfish. We never had a house without goldfish. Mama used to talk to those fish, and I am sure she does so more now that we are not at home.
"She looks into the distance, all too near, and saves her strength against the time when she will call all of her cubs to her side to say good-bye."

## OMATO RECIPES continued from page 129

from Bay Village Historical Cook 3ook) combines 2 cups of beef ouillon, 1 green pepper, finely hopped, 2 teaspoons lemon juice, teaspoon sugar, $1 / 2$ teaspoon salt nd $1 / 8$ teaspoon pepper, 3 cups omato juice, 1 teaspoon Worcesershire, and $1 / 8$ teaspoon powdered loves. Simmer 8 minutes until vell flavored. Strain into cups. erve with wedges of lemon. Makes $6-8$ servings.
For a herb-flavored bloody Aary from the Herbs for Gourmet ind Garden (Ulster County Garlen Club Cookbook), mix $1^{1 / 2}$ juarts tomato juice, 1 tablespoon hopped chives, 1 teaspoon soy auce, $1 / 2$ teaspoon each marjoram, pasil, savory, juice of 1 lemon and alt and pepper to taste. Chill for few hours. Strain 4 ounces over ce cubes and add 2 ounces vodka. For those times in the year when resh tomatoes are past their orime, photographer Ernst Beadle nakes a very good tomato soup with canned tomato purée. Comoine $11 / 2$ cups chopped onion and 6 ablespoons olive oil in a pan and cook over low heat, stirring frequently until onions are limp and ransparent. Add 3 cups water, 1 can (1 pound 13 ounces- $31 / 2$ cups) heavy tomato purée (not paste), fuice $1 / 2$ lemon (save rind) and bring to boil and add 1 teaspoon dried thyme, $1^{1 / 2}$ teaspoons dried
basil and then simmer for 10 min utes. Two minutes before removing from fire add lemon rind. Strain mixture and add 2 teaspoons salt, pinch of cayenne and 2 tablespoons Hungarian paprika mixed with a little water.

In a 3-quart pan mix ${ }^{1 / 4}$ cup flour and 5 tablespoons olive oil and cook gently until they foam. Add the hot tomato mixture (in case of lumps, use a hand mixer to smooth out); bring this to a simmer, add 1 pint light cream and whisk in 4 tablespoons butter. Heat until hot but not boiling. Serves 8 .

A sweet tomato sance makes a marvelous accompaniment to a cheese souffé. Ann Hare, wife of the decorator Richard V. Hare, makes it swiftly and easily with 2 cans Del Monte stewed tomatoes and about 4 tablespoons honey. Simmer gently for 1 hour until the liquid is absorbed and it's ready.

Whip up a tomato butter to dot on the top of broiled fish, add to sauces and vegetables, dress up a steak or spread on pumpernickel for a herring sandwich. Simply cream 1 tablespoon tomato paste, a pinch granulated sugar, salt and pepper with 2 tablespoons salt butter.

Give hollandaise a pink tinge with $1 / 2$ tablespoon tomato paste or sauce to give a blush to eggs Benedict; serve with cold veal.


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## A COOKING LESSON continued from page 131

4 days, or it may be kept in a freezer for a few weeks. Yields $\%$ pound dough.

## FILLING

Ingredients: $1 / 2$ cup sugar, 4 egg yolks, pinch of salt, $1 / 2$ cup ground almonds, $1 / 2$ teaspoon cinnamon, $1 / 3$ cup raisins soaked in 2 tablespoons kirsch, 2 large dry flavorful apples (not watery), juice of $1 / 2$ lemon.
Method: Beat together in a large mixing bowl the sugar, egg yolks, and salt until the mixture is pale and makes a ribbon. Add the ground almonds, cinnamon, welldrained raisins, and kirsch and set aside in a cool place.

Peel and core the apples and grate them into a mixing bowl, adding the lemon juice to prevent them from turning brown. If water comes out, drain the grated apples and squeeze them through a damp towel.

Mix the apples with the first mixture and set aside.
ASSEMBLE FILLING AND PASTRY: Ingredients: 者 to 1 pound sugar crust, 6 tablespoons melted apricot preserves, 4 tablespoons melted butter.
Method: Preheat oven to $375^{\circ}$. Line 8 to 10 tartlet molds, $4^{3 /}$ inch top diameter, $3^{1 /}$ inch bottom diameter and $\%$ inch deep, with pastry dough, brush the bottom with the melted apricot preserves and bake for 10 minutes.

Fill the baked tartlets with the apple mixture, pouring some melted butter over each. Finish in oven for about 20 minutes until set.
FISH MOUSSE IN TIMBALES AND SAUCE HOLLANDAISE SIMCA Ingredients: 2 pounds whole fish (pike, trout, or salmon), 2 cups dry white wine, bouquet garni, $1 / 2$ teaspoon salt, freshly ground white pepper, paprika, nutmeg, 1 egg, slightly beaten, $1^{1 / 2}$ cups heavy cream, Sauce Hollandaise Simca (see recipe below).

Prepare 6-8 individual molds: Butter well, and put buttered paper in bottom.

Clean fish thoroughly and remove bones and skin; reserve. You should have ${ }_{4}^{3 / 4}$ pound flesh. Put bones, skin, and fish trimmings in a large saucepan with the wine, bouquet garni, $1 / 4$ teaspoon salt, a large pinch of pepper, and water to cover. Simmer for 25 minutes, strain, and reduce to $1^{1 / 2}$ cups. Correct seasoning and set aside.

Cut the fish up roughly and put through a meat grinder or the medium disk of a food mill. Then pass fish through the fine disk of the food mill into bowl set over bowl of ice. Add the remaining salt and
pepper, paprika, and nutmeg to taste. Still working over ice, add the egg by spoonfuls, beating vigorously until firm and smooth. Add chilled cream by spoonfuls. Correct seasoning. Test the consistency by poaching a spoonful in simmering water. If the mousse keeps its shape, fill the molds and cover with a sheet of buttered paper. Put in a pan of water to the level of the molds. Heat on top of the stove until the water reaches the simmer. Bake in $375^{\circ}$ oven 10-12 minutes. Carefully unmold if to be served immediately or keep in molds to be reheated, reserving juice, and keep warm until ready to serve.
Arrange on a warm serving dish and coat with some of the sauce Serve extra sauce separately Serves 6 to 8 .

SAUCE HOLLANDAISE SIMCA Ingredients: 3 egg yolks; 10 table spoons unsalted butter; 3-4 table spoons fish fumet, (the reduced juices from the fish mousses), or clam juice; 3 tablespoons heavy cream; Salt, freshly ground pepper; $1^{1 / 2}-2$ tablespoons chopped parsley, tarragon, chervil (option al).
Method: Cook the egg yolks and fish fumet in a small saucepan over very low heat, stirring all the time, until yolks thicken and you can see the bottom of the pan between strokes. Remove from heat and add the butter 1 tablespoon at a time, stirring constantly, until it is all added and the sauce is thick and smooth. Add the cream by spoonfuls and stir until thickened. Do not let it become too hot or the egg yolks will curdle. Season to taste with salt and pepper, and stir in chopped herbs if desired.

CHERRIES IN CUSTARD
WITH MERINGUE
Ingredients: 1-pound canned cherries, pitted; $1 / 4$ cup confectioners sugar; 3 tablespoons kirsch or framboise; 3 egg yolks; /2 cup sugar plus 2 tablespoons; $2 \%$ ounces pulverized almonds; $1^{1 / 2}$ teaspoons potato starch or cornstarch; $\frac{1 / 2}{}$ cup heavy cream; 2 tablespoons butter; 4 egg whites; Salt; $2 / 1 / 2$ table spoons sliced almonds; confectioners sugar; kirsch or framboise.
Method: Drain cherries and mix with confectioners sugar and kirsch or framboise. Beat egg yolks and the $\%$ cup sugar in a saucepan until the mixture makes a ribbon on the surface. Add the pulverized almonds, potato starch or cornstarch, and cream and stir until well blended.

Cook over medium heat, stirring constantly with a wooden spoon or
spatula, until it thickens. Remove from the heat and continue to stir until slightly cool, adding the butter in small pieces.

Beat the egg whites with a pinch of salt in a copper bowl until stiff peaks form. Fold half the whites into the batter mixture. Beat the remaining 2 tablespoons sugar into the remaining egg whites a little at a time to make a meringue.

Drain the cherries and add the liquid to the batter. Arrange the fruit in 1 layer in a shallow ovenproof dish. Cover the fruit with the batter and bake in a $350^{\circ}$ oven for $18-20$ minutes. Spread the meringue on top and embed a fairly neat half egg shell in the center. Scatter the almonds on top and sprinkle on confectioners sugar through a sieve. Carefully brown the meringue under broiler for 3-4 minutes or in $425^{\circ}$ oven about 5 minutes. When it is lightly browned, fill the egg shell with kirsch or framboise, ignite, and shake the dish so that the liqueur spills out and the whole top is flambéed. Serve immediately. Serves 4 to 6.
ONION PATE WITH MUSHROOMS AND WILD RICE
Ingredients: 1 cup wild rice or uncooked brown rice, 7 cups flour, 14 tablespoons butter or margarine, 4 tablespoons lard or 8 tablespoons oil, I teaspoon salt, 3 eggs, 1 cup dry white wine, $21 / 2$ pounds sweet onions, chopped (about 10 cups), 1 , cup olive oil, 1 cup chicken bouillon, pinch saffron, salt, freshly ground pepper, nutmeg, 2 tablespoons heavy cream, 2 tablespoons flour, 3 ounces slivered almonds, 1 pound mushrooms, cleaned and quartered, 1 cup milk, 2 tablespoons cream, 6 ounces boiled ham, cut in 2 slices and then dice, 2 egg yolks, 3 tablespoons finely chopped mixed parsley, chervil, and tarragon, mace, Lemon Butter Sauce (see recipe below).
Method: Soak the rice in cold water for 3 hours, then cook in boiling salted water for 45 minutes, rinse, and drain.

Pour flour on a board or in a bowl, make a well in the center, and put in the cut up butter or margarine, lard or oil, 2 eggs and salt. Mix with the fingertips until well blended and crumbly, then add wine and a little water so that the dough will form a ball. Chill until firm.

Cook the onions in the olive oil very slowly, without browning, until they are soft, stirring occasionally. Add the bouillon, bring
to a boil, stir in the saffron and salt, pepper, and nutmeg to taste, and cook slowly, uncovered, for 35 to 40 minutes until the onions are very soft. Drain and put through a food mill. It should be a thick purée. Beat the cream with the flour and the egg together and stir into the onion purée. Heat, stirring constantly, until very thick. Correct seasoning and cool.
Bake the slivered almonds in a $375^{\circ}$ oven until brown (shaking the pan to brown evenly).
Cover the mushrooms with the milk and cream, simmer gently 25 to 30 minutes until tender and the milk has been absorbed. Season with salt, pepper, and nutmeg.

Mix together the diced ham, almonds, onion mixture, and herbs. Correct seasoning.

Roll $\% /$ of the pastry to a thickness of $1 / 4$ inch and trim into a large rectangle ( 11 by 25 inches). Put on a baking sheet. Beat egg yolks and brush on pastry. Spread $1 / 2$ of the rice in the center of the pastry in an even thickness, leaving a \% inch border of uncovered pastry. Cover the rice with all the mixture and top with the remaining rice. Fold the uncovered pastry over the rice. Lift pastry up and press corners together to form a box. Brush again with egg. Roll out remaining pastry, trim into a rectangle to fit the pâté, and cover the pâté, pressing edges to secure. If you like, decorate the top of the patté with some of the remaining pastry cut into leaves. Brush again with the egg. Make 2 slashes in the top to allow steam to escape. Put in refrigerator to chill. Preheat the oven to $375^{\circ}$. Bake the pâté just to cook the pastry, about 25 to 30 minutes. Serve warm with Lemon Butter Sauce. Serves 6 to 8 .

LEMON BUTTER SAUCE Ingredients: 14 tablespoons unsalted butter, salt, freshly ground pepper, $1 / 2$ cup lemon juice, 1 tablespoon chopped parsley.
Method: Work the butter with an electric beater until malleable and smooth. Season to taste with salt and pepper, then beat in the lemon juice by tablespoonfuls, until it has a mousse-like consistency. Correct seasoning, and stir in the chopped parsley before serving. Makes 1 cup.
SWEETBREADS AND ARTICHOKE BOTTOMS, BEARNAISE SAUCE Ingredients: 4 sweetbreads; vinegar; sprig of thyme; 1 bay leaf; tarragon; salt, freshly ground pepper; 10 large fresh artichoke bottoms, cooked in boiling salted wa-

Continued on the next page

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## A COOKING LESSON continued

ter and carefully trimmed or canned bottoms; $1 / 2$ cup flour; 1 egg white, lightly beaten with salt, pepper, and a tiny drop of oil; $3 / 3$ cup fresh bread crumbs; 8 tablespoons butter; $1 / 2$ tablespoon finely chopped shallots; lemon juice; Béarnaise Sauce (see recipe below).
Method: Soak the sweetbreads in cold water and vinegar. Rinse. Put the thyme, bay leaf, tarragon, and salt and pepper to taste in a saucepan of water and simmer for 20 minutes. Add the sweetbreads, bring just to a boil, and simmer, partly covered, for 3-4 minutes. Remove from the water and plunge into cold water to firm them. (If doing in advance, be sure to do this). Drain very well on paper towel, and cool, weighted under a board. Remove the membrane and all the fat from the sweetbreads. Slice diagonally and trim the slices so they will fit the artichoke bottoms. Reserve the trimmings and chop. You must have enough slices for the 10 artichoke bottoms with 1 or 2 escallops for each bottom.

Dip the sweetbread slices first in the flour, then in the egg white mixture and finally in the bread crumbs. Sauté in 3-4 tablespoons butter 3-4 minutes, until lightly browned, then turn carefully and brown on the other side. Baste with melted butter and keep warm.
Trim the artichoke hearts well. Melt 3-4 tablespoons butter and sauté the shallots and chopped sweetbread trimmings until the shallots are soft. Add the artichoke bottoms and a little lemon juice and cook to heat the artichoke bottoms. Put a little of the shallot and sweetbread mixture in each artichoke bottom, arrange 1-2 slices of sweetbread on top, and mask with Béarnaise sauce. Serves 6.

BEARNAISE SAUCE
Ingredients: 青 cup wine vinegar; $1 / 4$ cup dry white wine; 2 shallots, finely chopped; 2 sprigs fresh tarragon, leaves stripped from stem and chopped, or $1 / 2$ tablespoon dried tarragon; 3 tablespoons finely chopped fresh chervil; Salt, freshly ground white pepper; 3 egg yolks; 米 cup butter; lemon juice.
Method: Combine the vinegar, wine, shallots, $1 / 2$ the tarragon, 2 tablespoons chervil, and salt and pepper to taste in a small saucepan. Boil over moderate heat until the liquid has reduced to about 2 tablespoons. Cool.
Cook the egg yolks in a small
saucepan over very low heat, ring constantly all over the bott of the pan, until they thicken you can see the bottom of the through strokes. Strain the duced liquid in, pressing to tract all juices, and beat ag Add the butter in pieces, stirr constantly, moving pan to prev butter melting too quickly. W all the butter has been added sauce is thickened, add len juice to taste and the remain tarragon and chervil.
ORANGE AND LIQUEUR SOUFFL
IN ORANGES*
Ingredients: 12 very large orans \%/s cup sugar: 12 cubes and the granulated; 4 egg yolks, beat $\frac{1}{2}-1 / 3$ cup orange liqueur: Cointr or Curaçao, or, if preferred, Be dictine; 1 teaspoon vanilla; egg whites; salt; confection sugar.
Method: Wash and dry oranges. Rub each one with a s ar cube until it is completely low, to absorb the orange esse in the rind. Put these sugar cu in measuring cup, pour in gra lated sugar to ${ }_{3}^{2 / 3}$ level and ti transfer to a small saucepan a set aside.

Preheat oven to $350^{\circ}$. Cut a at least $1 / 2$-inch thick from the of each orange and peel a $v$ thin slice from the bottom so $t$ each orange sits firmly. Cut flesh quarters, being careful not pierce the skin. Scoop out all flesh, with a little spoon. Put empty orange shells in oven to for 20 minutes; they will then warm enough to receive the so flé mixture.
Add 114 cup water to the sus and boil until the syrup reacl the soft ball stage: when a lit dropped into cold water make: soft ball (about $237^{\circ}-240^{\circ}$ ). 1 mediately pour this boiling syr over the egg yolks, and beat v ourously with a whisk until co Add the liqueur and vanilla. 1 turn to saucepan and heat beati until slightly thickened. Remo and continue to beat until cool.
Beat the egg whites with a pin of salt until stiff peaks form. Fc 14 into the egg yolk mixture, th gently fold into the remaini whites using a large spatula.
Increase oven temperature $425^{\circ}$. Fill the orange shells \% $f_{i}$ with the souffle mixture and co for 8 minutes, remove from ov and dredge with confectione sugar, return to oven for 4-7 mi utes until the soufflés have risen good $1 / 2$ inch above the edges of tl oranges, and tops are browne Serve at once. Serves 6.

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## SHOPPING AROUND FOR FINE FARE



SOUP SCANDINAVIA
Fruit soups in the tradition of Scandinavian countries where the recipes originated. Serve hot or cold. And take note of their versatility. Use as a special sauce for cooking - the cherry or orange with duck, the prune with goose. Make an elegant fruit Macedoine with fresh fruit cut into the strawberry soup. Bing cherry with Burgundy, orange with apricot, prune with orange, strawberry with Sauterne wine. Eight cans, 10 to 11 oz ., two of each flavor, of many other delicacies.
$\$ 5.75$ ppd. Free catalogue Pepperidge Farm Mail Order Co., Inc., HG9, Box 7000G, Norwalk, CT 06856.

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From northern Italy come discovery for a natural, less way of cooking. The Steak Maker is produc a special, porous volcar that draws out fat, bittern acidity from steaks, chops, chicken while preserving the juices. $\$ 8.98$ plus 50 c po
for $\$ 15.98$ plus American Con

Dept. LS-
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AM OF THE CROP our pick of prized products by fruit and delicacy s, Harry and David. tly packaged fresh fruit, et preserves, fabulous Check the unique fruit-ofinth club. Colorful free nas Book of Gifts, Harry vid, Box 501P, Medford, 501.


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Turn to the art of beautiful cooking in the Chinese manner with the wok. Stainless steel pan, $12^{\prime \prime}$ dia., with stay-cool handles. Aluminum lid has deep dome for slow-simmer. Steel ring stand assures even heat. $\$ 7.98$. "The Pleasures of Chinese Cooking"


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Laminated end-grain maple on massive legs. $12^{\prime \prime}$ deep top with knife rack. $18^{\prime \prime} \mathrm{x}$
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TOTABLETABLE
The indispensable little "Capri" table that serves you beautifully indoors or on the terrace. Use it to highlight a bouquet, make it a chairside companion. Through the clear glass top you look down on a cluster of handwrought leaves in the iron frame. $18^{\prime \prime}$ high, $10^{1 / 2} 2^{\prime \prime}$ by $10^{1 / 2}$ " square. White, black, avocado. $\$ 9.95$ plus $\$ 1$ post. The Patio, HG9, 550 Powell St., San Francisco, CA 94108.

SILVERY STACKABLES Very posh, very practical. Silver-tone plastic tumblers with golden lining, nonbreakable, hand-washable, reusable. 10 oz .; 11 oz.; or 12 oz.; set of 12 for $\$ 7.50$ plus 550 post. by Cache-Cache at I. Magnin, HG9, 3240 Wilshire Blvd., Los Angeles, CA 90010.


STRIKING AE@ENT Handcrafted pine lighter fashioned like a Colonial water pump. Complete with match striking stone. $4^{1 / 4^{\prime \prime}} \mathrm{h}$., $4^{\prime \prime}$ base, $\$ 4.98$. Add 50 c post. Two for $\$ 9$ plus 75 c post. Coram Manor House, Ltd., HG9, Coram Manor Bldg., Columbia Cross Roads, PA 16914.

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COLONIAL HANG-UP
Give your spoon collection a welldeserved display. Silver will look its very best against the warm antique finish pine. You can count on this scalloped frame holder to add an eye-catching note to living room, dining room or kitchen. Small size, $14^{\prime \prime}$ by $18^{\prime \prime}$ by $134^{\prime \prime}$ d., holds 18 spoons, $\$ 7.95$; large size, $1512^{\prime \prime}$ by $29^{\prime \prime}$ by $13 / 4$ " d., displays 50 spoons, $\$ 18.50$. Ppd. Yield House, G9-3, North Conway, NH 03860.


## NFLOWER CLUSTERS

retty blue flowers at your windows. Here they border curtains isite imported Swiss Tereylene that needs no ironing and gives rvice. White with embroidered blue flowers. $72^{\prime \prime} \mathrm{w}$., $30^{\prime \prime} \mathrm{I}$. pair ; $36^{\prime \prime}, \$ 22.95 ; 45^{\prime \prime}, \$ 24.95$. Valance $\$ 10$ each. Ppd. Swatch $50 c$. catalogue, 95c. Hildegarde's, HG9, 597 Farmington Ave., d, CT 06105.


Macrame this stunning $22^{\prime \prime} \times 37^{\prime \prime}$ natural jute wall hanging using only 4 easy knots. An ancient art with the contemporary look. The kit contains all materials and easy to follow instructions and diagrams. Only \$12.95 plus $\$ .80$ postage. Send check or money order to:

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## FRENCH SEMAINER



This beautiful reproduction is perfect for a narrow wall in dining room, hall or bedroom. Originally French women used the seven drawers for lingerie for each day of the week. Carefully selected hard woods finished in a rich dark Fruitwood. Brass pulls. H 52 W 18 D 12
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STERLING IDEA
To gift a special couple, think of his-and-hers solid sterling bracelets that express your warm goodwill. Custom engraving of their initials is in block letters for him, flowing script for her. (Print initials.) His, \$13.98; hers, \$11.98; set of one each, $\$ 24.50$. Add 35c post. Lillian Vernon, G91, 510 So. Fulton Ave., Mt. Vernon, NY 10550.


TWO IN ONE
Use both appliqué and embroidery techniques with bright cotton yarns in gold, orange, white and lavender to work onto green grass ground. $16^{\prime \prime}$ by $20^{\prime \prime}$ Swedish design's stamped on jute; complete instructions. (\#1015) \$23.95 plus $\$ 1.25$ post. Catalogue, $\$ 2$. Skon, GE9, 55 Lambert Lane, New Rochelle, NY 10804.


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Park your phone on the side of a work bench or desk or right on a kitchen wall. Saves space besides looking efficient and on top of the job so to speak! Ready for instant use. Black only. \$19.95 with dial; $\$ 12.95$ without. (For external bell, add $\$ 10$ ). Add $\$ 1.50$ post. Free catalogue. Grand Com, Inc., HG9, 324 Fifth Avenue, New York, NY 10001.


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Handy Name and Address Labels We print your name, address and zip code on labels of fine white or gold gummed paper. Use them to personalize checks, envelopes, records and packages! You may have up to four lines of type in sharp black on the $1 \frac{7}{8 \prime \prime}$ long labels. Both are in pad form in a plastic box. Print clearly. RR201-6-White, 1 pack of 1000, \$1 RR212-6-Gold, 1 pack of 500, $\$ 2$


## Humorous Boat Plaque

This zany plaque echoes the opinion of many a money-conscious boat owner-the inscription reads: "A boat is a hole in the water surrounded by wood into which one pours money." Of rich goldtone metal, it is $5 \frac{1}{2} \times 3^{\prime \prime}$. Apply it simply-peel off back and mount. Great "boat-warming" wish for the new owner. 8475-6-Boat Plaque


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$\$ 1.98$


Flameproof Hearth Rugs A hearth is the heart of the home but it can cause hard-to-repair damage to carpeting or flooring by spewing glowing sparks. This gives the protection you need and it's handsome, too! The $27 \times 54^{\prime \prime}$ rug is flameproof heavy black canvas with either a gold eagle or heraldic crest.
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 Puts wasted space behind closet doors to work and clears away floor clutter once and for all! Rack holds 18 pairs on sturdy, chrome-plated tubing, $22 \frac{1}{2} \times 69 \frac{1}{2}{ }^{\prime \prime}$ and $5 \frac{1}{2}{ }^{\prime \prime}$ deep. Soft plastic tips protect the door and won't interfere with closing. Unused crossbars tilt down as shelves for purses. Installs without screws. XL156-6-Shoe Rack$\$ 9.98$


## Beverage Can Dispenser

This corrals ten beverage cans and dispenses them so that, when you reach in, you always get the coldest can! Brings good order to refrigerator and camping cooler; stores ten 12 -ounce cans in less than half the space normally needed. Rustproof vinyl-coated wire rack is $5 \frac{1}{4} \times 5 \frac{1}{2} \times 15^{\prime \prime}$. Loads on top shelf, dispenses below. 7635-6-Can Dispenser
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Exquisitely wrought 24 K gold electroplated cup, by Commonwealth Silver, stands $5 \frac{1}{4^{\prime \prime}}$ high. Its classic design is a handsome accent for your dining table, lovely as a wedding cup for bride and and groom. Perfect for aperitifs. $\$ 8.95$ each; set of $4, \$ 29.95$. Add 50 c post. each. American Consumer, GO-4, 741 Main St., Stamford, CT 06904.

SHOPPING AROUND

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Butcher block takes a beating beautifully－and works especial－ ly well as a handy work cart．For kitchen or fix－it area，it＇s $33^{\prime \prime} \mathrm{h}$ ． with $24^{\prime \prime}$ sq．top；bottom storage shelf，locking casters．$\$ 139.50$ exp．charges coll． 52 pg．cata－ logue，\＄1．J\＆D Brauner，Inc．， HG9， 1331 So．Michigan Ave．， Chicago，IL 60605.

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TWO IN ONE
Take a big step forward in foot finery in＂Froma＂．Black patent style has black Italian calf inset； copper brown with matching， gray with black．All with contrast－ ing cross－stitching，crepe sole， $15 /{ }^{\prime \prime}$ stacked heel． $4 \mathrm{~A}, 5 \mathrm{~A}$ widths， 6 to $12 ; 2 A, 3 A, A$ and $B$ widths， $91 / 2$ to 12．$\$ 28$ plus $\$ 1$ post． Mooney \＆Gilbert，Inc．，HG9， 31 W． 57 St．，New York，NY 10019.

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Untamed beauty of weeds makes a striking stitchery design．Kit to make a $14^{\prime \prime}$ sq．pillow includes natural cotton homespun，back－ ing material，wool yarns in brown and gold，welt cording，needle， easy instructions．$\$ 7.95$ plus 50 c post．The California Craft Guild， Dept．HG9，Box 15300，Santa Ana，CA 92705.

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Relaxing in a rocker is a blissful way to iron out current cares, contemplate old times. Solid oak chair with hand woven cane seat and back, $43^{\prime \prime} \mathrm{h}$., seat, $16^{1 / 2^{\prime \prime}} \mathrm{h}$. by $17^{\prime \prime} \mathrm{w}$., $22^{1 / 2} 2^{\prime \prime}$ d., finished in natural oak or the darker "ranch oak" $\$ 56$ exp. charges coll. Catalogue, \$1. Storehouse, Inc., HG9, 1721 So. Post Oak, Houston, TX 77027.

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Keep soap handy and neat in a soap holder that works its wonders magnetically. Base sticks to any clean surface; round disc held by magnet in the middle of the soap holds it to the base with ease. Soap-Mate works best with standard sized soaps. $\$ 1.98$ plus 20c post. Anthony Enterprises, HG9, 585 Market St. San Francisco, CA 94105.


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It's as smart and comfortable a shoe as you'll find. And what a color and size selection! Black, bone, beaver brown or white baby calf. Jupiter side tie saddle, crepe sole. Widths AAAA to EE; $2^{1 / 2}$ to $10, \$ 23.95 ; 101 / 2$ to $12, \$ 24.95$. Add $\$ 1$ post., 25 c each add'l pair. Free catalogue. Solby Bayes, HG9, 45 Winter St., Boston, MA 02108.

SHOPPING AROUND

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People who suffer from arthritis or rheumatism find soothing comfort in this specially-shaped pillow. Slightly arched to support shoulder and flex joints while supporting elbows, wrists and fingers. Adjustable for height, softness, fit. \$2.50; two, \$4.90; washable zipper covers, $\$ 1.39$ each. Ppd. Better Sleep, HG9, New Providence, NJ 07974

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Remember the pink celluloid doll with the topknot? Here she comes again in flesh-pink bisque. With tiny wings and big, big eyes, Cutie Doll is $41 / 4^{\prime \prime}$ tall for gifting at baby shower time, fun for a little girl. For nostalgia buffs, of course. $\$ 4.25$; two, $\$ 8.35$. Ppd Order \#8595. Downs \& Co., Dept 1409, Evanston, IL 60204.



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the latest in lamp elegance. Beautiful gleaming white ceramic lamp mounted on hand-carved teakwood base. Light glows from within through small decorative openings designed to give a soft balanced light. Adds delicate accent to any room or hall. Removable top for easy bulb replacement. Ideal for TV or night light. Lovely girtitem. Refund if $\$ 14.50$ plus delighted.
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On the floor before a door, to step on beside bed or bath, a happy machine-washable rug. Nonslip back insures safety. Owl in espresso and champagne or toad in emerald and parrot green. $36^{\prime \prime}$ by $20^{\prime \prime}$. One, $\$ 6.50$; two, $\$ 12.75$. Add 85 c post each. Catalogue, 25 c . Clymer's of Bucks County, HG9-3R, Chestnut St., Nashua, NH 03060.

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Night table with drawer, capable of holding alarm clock, lamp, books, and what not is the ticket for all who enjoy reading in bed. $28 \frac{1}{2} 2^{\prime \prime}$ h., $18 \frac{1}{2} 2^{\prime \prime}$ sq. top. Top is pine, legs, maple; glue, knobs and screws incl. Instructions. $\$ 29.95$ ppd. Color catalogue, 50c. Cohasset Colonial by Haggerty, HG9, 773 Ship St., Cohasset, MA 02025.


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No need to have ugly cracks and openings around tub, sink or ba$\sin$ marring the beauty of your bathroom. Seal them up with self-sticking tape. Merely press tape on clean, dry surface and the job is done. 11 foot roll, $\$ 1.98$ plus 35 c postage. Order from Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.


GUIDE TO BARGAINS
Find substantial savings in Consumer Gazette, a new publication full of free product samples, discount coupons, premiums, fashion booklets, recipe guides, other values given away by U.S. mfgs. to introduce their wares. One year ( 6 issues) $\$ 4.95$ plus 25 c post. Sample copy $\$ 1$. Consumer Gazette, Dept. CE-9, 466 Lexington Ave., NY 10017.


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SHOPPING AROUND

NEW ANGLE Dramatic display of geometrics is in a stunning necklace of sterling silver cut tubing that runs along a silver chain; up front are one gold and two silver beads. In $15^{\prime \prime}$ choker length; also available in other lengths. $\$ 65$ plus $\$ 1$ post. Catalogue, \$1. Amulet's \& Talismans, HG9, 33 Christopher St., New York, NY 10014

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A large four feet tall by 24 inches wide, the plant shape is hand printed in vivid colors on heavy Hamilton stock.
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SHOPPING AROUND

TEN-SCENT TREASURE Enchanting perfumes in different fragrances, bottled and sealed in France, come nested in their own beautiful display box-a perfect gift-giving thought for a friend or for yourself. Each perfume is in a sculptured designer bottle, ten in the set. Complete $\$ 4.95$ plus 50 c post. Perfume Collection, Dept. PE-9, 466 Lexington Ave., New York, NY 10017

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An authentic horsehitch suspends two original milk cans for a truly charming light fixture, with no two lamps exactly alike. $13^{\prime \prime}$ dia. by $48^{\prime \prime} \mathrm{L}$. Concord blue, federal gold, avocado green, or barn red, with black iron fittings. $\$ 99.95$. As a single fixture $\$ 39.95$ plus postage. Free brochure. Nostalgia, HG9, 4304 W. South St., McHenry, IL 60050.

## REAL CORKER

Stubborn beverage corks can put a damper on the liveliest shindig. To the rescue: "Cork Whiz," a handy gadget with gun-type handie which injects needle into cork then removes cork in seconds by hand-pumping air into the bottle. Of durable black plastic, it's $8^{\prime \prime}$ 1. $\$ 2.95$ plus 35 c post. Mirobar Sales Corp., HG9, 964 Third Ave., New York, NY 10022.

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Wicker wall shelf is a beauty. Natural, $\$ 10.95$. Painted white or black, H\&G parrot green, pineapple yellow, bittersweet, space blue, azalea, add $\$ 2$. $18^{\prime \prime}$ by $15^{\prime \prime}$ by $6^{1122^{\prime \prime}}$. Holds books, knickknacks, beauty aids on two sturdy wood sheives. Add $\$ 2$ post. Catalogue 25c. Fran's Basket House, HG9, 89 W. Main St., Rockaway, NJ 07866.

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For indoor cats, a covered litter pan that confines odors, hides waste yet allows easy access. In nonbreakable molded plastic with lift-off top for easy cleaning. Red, blue, green or white. $16^{\prime \prime}$ by $22^{\prime \prime}$ by $18^{\prime \prime}$ high to suit Tabby to a T. $\$ 14.95$ ppd. Haugen Products, HG9, 709 W. Huron, Ann Arbor, MI 48103.

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## hopping information

## All prices are approximate. *Consult your interior designer or the decorating department of your department store. Postage charges, where applicable, are indicated by ().

## COVER

Sofa: $81^{\prime \prime} \times 35^{\prime \prime} \times 33^{\prime \prime}$ high, two pillows included.
Armless chair: $24^{\prime \prime} \times 32^{\prime \prime} \times 28^{\prime \prime}$ high, loose seat and back cushion. \$239. Both by Flair Furniture. Sofa at Van Leigh Furniture.* ${ }^{*}$
Fabric on sofa: "Suzhani" cotton, $48^{\prime \prime}$ wide, $24^{\prime \prime}$ repeat. $\$ 22.25$ a $y$ d. By Connaissance.*
Coffee table: $36^{\prime \prime}$ square, orange lacquer. $\$ 1275$; armehair: $27^{\prime \prime} \times 22^{\prime \prime} \times$ $34^{\prime \prime}$ high, cane back, upholstered seat custrion. \$1850. Both at Richard V. Hare.
Garden stool: antique china, one of a pair shown. $\$ 1200$ a pair. At Stuart Greet.
Rug: Tibetan durrie, handwoven wool. $14^{\prime} \times 10^{\prime}$. By Stark Carpet.*
Accessories on coffee table: green china leaf plate from David Barrett; red and orange porcelain bowl, $\$ 200$. From Nuri Farhadi; painted green weave basket. \$36. John Rosselli Antiques; white round box from Karl Springer Ltd.*
Accessories shown on mantel: mineral from a large collection at Karl Springer ${ }^{*}$; blue and white bowl. $\$ 25$. Diane Love; blue and white plate at Garvin Mecking; Chinese brown hot water bottle from David Barrett.
Basket containing tree: from Portugal, At David Barrett.
Wieker and rattan table: shown in background with plant, at Garvin Mecking.
Bowl with flowers: $\$ 75$. Diane Love. Walls: Fir Texture siding, channel groove, $3 / 8^{\prime \prime}$ wide, $1 / 4^{\prime \prime}$ deep, $4^{\prime} \times 9^{\prime}$ panels shown. $\$ 18$ per panel.
Ceiling: Fir Ivy League Roughtex siding, shallow groove, $3 / s^{\prime \prime}$ thick, $4^{\prime} \times 8^{\prime}$ panels shown. $\$ 12$ per panel. Both by U.S. Plywood. Siding was primed before painted.
Paint: Manor Hall Latex Flat Enamel Colors by Pittsburgh Paints. Color is Space Blue.
Page 93: ONE ROOM 5 WAYS Sofa: $90^{\prime \prime} \times 34^{\prime \prime} \times 29^{\prime \prime}$ high, 19 yds. fabric required for upholstery. $\$ 1300$ COM.
Armless chair: $25^{\prime \prime} \times 28^{\prime \prime} \times 32^{\prime \prime}$ high, 5 yds , fabric required. $\$ 500 \mathrm{COM}$.
Armehair: $28^{\prime \prime} \times 38^{\prime \prime} \times 31^{\prime \prime}$ high, 8 yds. fabric required. $\$ 530 \mathrm{COM}$.
Ottoman: $31^{1 / 2^{\prime \prime}} \times 23^{\prime \prime} \times 19^{\prime \prime}$ high, 4 yds. fabric required. $\$ 290$ COM.
Bamboo chair: $23^{1 / 2^{\prime \prime}} \times 25^{\prime \prime} \times 33^{\prime \prime}$
high, $3^{11 / 2}$ yds. fabric required. $\$ 145$ without cushion.
Olive burl coffee table: $32^{\prime \prime}$ sq. 19" high. $\$ 295$.
Wicker Parsons table: shown be hind sofa, $60^{\prime \prime} \times 18^{1} 4^{\prime \prime} \times 29^{\prime \prime}$ high. $\$ 160$ Furniture from Lord \& Taylor.
Fabric on sofa: "Mainsail Cloth," color shown "Parchment."
Fabric on club chair and Baldwin chair: "Mainsail Cloth," color shown "Pumice."
Fabric on bamboo chair: "Main sail Cloth," color is white. All fabric is $54^{\prime \prime}$ wide, Zepel treated, $\$ 9$ a yd. By Schumacher.*
Fabric on ottoman: stripes of all 3 Mainsail Cloths quilted in $1 \frac{1}{2} 2^{\prime \prime}$ squares.
Venetian mirror: $311 / 2^{\prime \prime} \times 491 / 2^{\prime \prime}$ long, of white glass imported from France. $\$ 450$; coral: shown center of mantel, $10^{\prime \prime}$ long, $\$ 28$. Both from Limited Editions.
Basket boxes: made in Indonesia, $\$ 30$ as a set; African basket: $11^{\prime \prime} \times 12^{\prime \prime}$ natural with orange striping. $\$ 12$. Both at Robert Webb.
"Head-Light" clip-on lamp: swive head/neck, reflector bulb, in red, black, polar, and oyster white. $\$ 17.50$. By Luxo Lamp.
Fire equipment: brush, $\$ 4.50 ; 15^{\prime \prime}$ log cradles, $\$ 26$; brass and steel poker, \$45. From Edwin Jackson.
"Africa \#8" graphic: $403 / 4$ " x $281 / 2$ " by Robert Motherwell, in a limited edition of 150 . $\$ 250$ unframed; chrome frame, $\$ 80$. At Marlborough Graphics. "Herring Basket": 23 " diam. at top, $15^{\prime \prime}$ diam. at base, 18" high with handles. \$55. At Bonniers.
Branch and circular coral: At Karl Springer.*
Window shades: $1 / 4^{\prime \prime}$ bamboo slats. Made to order by Bronx Window Shade \& Awning.
Sisal matting: $9^{\prime} \times 12^{\prime}$, natural sisal. \$130. At Lord \& Taylor.
"HEAVENLY BLUES"
Zest Pages 120-121:

1. "Cerasarda" earthenware: chop plate, $12^{1 / 2 "}$ diam., $\$ 20$; covered casserole, $10^{\prime \prime}$ diam., $4^{1 / 2^{\prime \prime}}$ deep, $71 / 2^{\prime \prime}$ high. $\$ 34$. At Bloomingdale's.
2. "Windowpane" tablecloth: 72 " round cloth, $\$ 25 ; 90^{\prime \prime}$ round cloth, $\$ 30$; "Racing Check" napkin: 22 " square, $\$ 1.50$ each. Both of $50 \%$ rayon, $50 \%$ cotton. Designed by Diane Solomon for Diane Made This. At Saks

## Mildew-resistant

 Tub \& Tile Caulk gives a tight, long lasting seal around tubs, sinks and showers.Chinese green vase: $13^{\prime \prime} \times 6^{\prime \prime} . \$ 525$. At H. J. Kratzer.
Square faux bois bowl: $\$ 225$; faux bois rice bowl, $\$ 150$. Both at That Special Something.
Butterick patterns: "Decorator's pillows," 3 sizes that zip together to make different shapes. \#3183. $\$ 1.25$; bolster shown on bed, "Decorator's slipcover," $9^{\prime \prime} \times 36^{\prime \prime}$ long. \#3182. \$1.25; pillow on sofa and floor, \#3178.
"Kaleidoscope" Tile flooring: blue and white tiles to cover a $16^{\prime} \times 30^{\prime}$ area. By Amtico.
Zest Pages 122-123:

1. "Morning Glory" porcelain-onsteel cookware: 1 and 2 quart covered saucepan, $5 \frac{1}{2}$ qt. Dutch-oven, $93 / 4^{\prime \prime}$ open skillet. Matching tea kettle also available. $\$ 30$ for set. By West Bend.
2. "Indianapolis 500 " chest: 30 " x $19^{\prime \prime} \times 29^{\prime \prime}$ high, Dura-Tuff-N finish. \$105. By Schoolfield.
3. "Luau Set": table, 36 " diam., seats, $16^{3} 4^{\prime \prime} \times 22^{\prime \prime} \times 14^{1 / 2^{\prime \prime}}$ high. $\$ 325$ for set. By Vogue Rattan of General Housewares Corp.
4. Velvet love seat: $58^{\prime \prime} \times 34^{\prime \prime} \times 28^{\prime \prime}$ high, one seat and one back cushion. By Hickory Chair.
5. "Slant" cotton velvet fabric: 48 " wide, $211 / 2^{\prime \prime}$ repeat. $\$ 26.50$ a yd. By Knoll.*
6. Carpeting: bottom: "Envoy," nylon pile, $\$ 12$ a yd.; "Crescent Way," wool pile. $\$ 20$ a yd.; "Yardley," $70 \%$ acrylic, $30 \%$ modacrylic pile, $\$ 11$ a yd.; "Franklin Square," wool pile, $\$ 18$ a yd.; "Resplendent," wool pile, $\$ 23$ a yd. All by Philadelphia Carpet.
7. Cologne rag rug: cotton pile, $4^{\prime} \times$ $6^{\prime}, \$ 120 ; 6^{\prime} \times 9^{\prime}, \$ 270 ; 8^{\prime} \times 10^{\prime}, \$ 400$; $9^{\prime} \times 12^{\prime}, \$ 540$. From Rosecore Carpet.* 8. "Trees" Craftone plate: dishwasher and oven safe with underglaze. $\$ 9.95$ for 5 -piece place setting. By Noritake. At Macy's.
8. "Coronomatic 7000 " electric typewriter: cartridge ribbon. $\$ 330$. By Smith-Corona.
9. "Protegé" chair and ottoman: chair, $30^{\prime \prime} \times 31^{\prime \prime} \times 37^{\prime \prime}$ high, $\$ 159$; ottoman, $26^{\prime \prime} \times 20^{\prime \prime} \times 14^{3 / 4^{\prime \prime}}$ high, \$69. By Flair.
10. Armless chair: $26^{\prime \prime} \times 34^{\prime \prime} \times 30^{\prime \prime}$ high, tufted seat and back, chrome frame, suede cloth upholstery. $\$ 215$. By Hammary. At Adams Interiors.*
11. "Groomette" electric comb dryer: brush, regular comb, and teaser comb snap-on attachments, travel case. \$20. By Hamilton Beach.
12. Tufted love seat: $58^{\prime \prime} \times 31^{\prime \prime} \times$ $291 / 2^{\prime \prime}$ high. $\$ 849$. By Heritage.
13. "Rouen" cotton chintz: $291 / 2$ " repeat, $52^{\prime \prime}$ wide. By Stroheim \& Ro. mann.*

Continued on next page

Fifth Avenue.
3. Vinyl wall covering: $20^{\prime \prime}$ wide trimmed. $\$ 28.70$ per 11 yd. bolt. From The Duet Collection by Lenox Wallpaper.
4. "The Cranford" transistor radio:
\$11. By Panasonic.
5. "Antigua" handtufted rug: 5 " 6 " x $8^{\prime} 6^{\prime \prime}$ size shown. $\$ 860$. By Edward Fields.*
6. Plastic bath brushes: nylon bristles. Bath brush, long handle, $\$ 5$; bath brush, all around bristles, $\$ 5$; hand brush, $\$ 3.75$; flexible massage brush, $\$ 3.50$. By Truc. At The Face of the Earth at Bloomingdale's.
7. "Anemones" pillow: 15 " square, cotton velveteen zippered cover, polyester filling. $\$ 20$. By Nettle Creek, At Nettle Creek Shoppes.
8. "Panapet 70" AM radio: 438 " diam., battery operated, earphone jack. \$12. By Panasonic.
9. Chair: upholstered in $100 \%$ rayon, reversible seat cushion. $\$ 500 \mathrm{COM}$. By Tomlinson of High Point. At Van Leigh Furniture.
10. "Diamonds" cotton fabric: 54 " wide, $7^{\prime \prime}$ repeat. $\$ 9$ a yd. By Schumacher.*

## LIVING ROOM

"Stitch 'n Stuff" chair: 54 " x 44 " wide. Butterick pattern \#0101. $\$ 2.50$; covered with blue and white cotton
check fabric, $54^{\prime \prime}$ wide, $13^{\prime \prime}$ repeat. $\$ 15$ a yd. From Charles Barone.* At Perceptive Concepts.*
Fabric covering bed: "Vulcan Solid" heavy cotton faille, $48^{\prime \prime}$ wide, Syl-Mer finish. $\$ 5.50$ a yd. By Spectrum Fabrics. At Rich's, Atlanta.
Curtain fabric and pillow coverings: "Skylark Gingham" polyester and cotton, 45 " wide. $\$ 1.29$ a yd . By Ameritex.
Fabric on chair against wall: "Checquers" Supercale no-iron sheets. $50 \%$ cotton, $50 \%$ polyester. King sheet, $\$ 10$; pillowcases, $\$ 4$ a pair. By Wamsutta. Covering on coffee table: "Valois Plaid" vinyl wall covering, $28^{\prime \prime}$ wide, 4" repeat. \$12 a roll. At Philip Graf Wallpapers.*
Covering on square table: "Basics" vinyl wall covering, $28^{\prime \prime}$ wide, $1^{\prime \prime}$ repeat. $\$ 24.75$ a roll, 8 roll minimum. By Tressard Fabrics.*
Bull's eye mirror: $29^{\prime \prime}$ diam., red lacquer rim. $\$ 450$; plaster shell, $20^{\prime \prime}$ diam., will accept a light bulb, $\$ 750$. Both at Karl Springer Ltd.*
Chrome standing lamp: $37^{\prime \prime}$ high, adjustable to $43^{\prime \prime}$, designed by Cedric Hartman. \$339. At Luten, Clarey, Stern.*
Blane de chine bowl: shown on coffee table, $\$ 300$; blue bottle-shaped vase, $81 / 2^{\prime \prime}$ high, $\$ 125$. Both from Nuri



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15. Vacuum cleaner: two-stage motor, 10 gal . steel drum, 6 ' flexible hose, $18^{\prime}$ cord, $6^{\prime \prime}$ utility nozzle. $\$ 43$. By Sunbeam.
16. Sofa: $90^{\prime \prime} \times 31^{\prime \prime} \times 25^{\prime \prime}$ high, upholstered in "Queen Anne's Lace" cotton sateen treated with Scotchgard by Cohama. $\$ 533$. Sofa by Drexel.
17. Pitcher and 4 matching mugs: pitcher has 1 liter capacity, $8^{\prime \prime}$ high with grooved lid, $\$ 5$; mugs, $4^{1 / 2^{\prime \prime}}$ high, $\$ 1.50$ each. At Seabon Scandinavian Imports.
18. "Extraspeakers": $6^{\prime \prime} \times 6^{\prime \prime} \times 71 / 2$ " high, octagonal shaped, each weighs 2 lbs., ABS plastic, molded foam grilles. $\$ 17.95$ each. By Sound West.

## BEDROOM

"Allegro" bedspread: designed by Max Rawicz, cotton and rayon cover, Kodel polyester filling, Roc-Lon bedspread lining for backing. $\$ 92$ for queen size spread. By Kirsch. To be special ordered at W \& J Sloane.
"Vulcan Solid" cotton faille: fabric for curtains, dust ruffle and headboard. $48^{\prime \prime}$ wide, Syl-Mer finish. $\$ 5.50$ a yd. By Spectrum Fabrics. At Rich's, Atlanta.
"Salmon River," "Viola Sudan," "Pacific Glass" silk screen on arches paper prints: $22^{\prime \prime} \times 30^{\prime \prime}$, chrome framed, by Walter Darby Bannard. $\$ 225$ each. At Lawrence Rubin Graphics.
"Feathered Diamond in the Square" quilt: $84^{\prime \prime}$ x $82^{\prime \prime}$, c. 1920. \$195. At America Hurrah Antiques.
"Flair" extension lamp: 45" reach, exposed springs. \$37.50. By Luxo Lamp.
Faience garden seat: $19^{\prime \prime} \times 12^{\prime \prime}$, made in South Vietnam. $\$ 97.50$. At John Rosselli Antiques.
Clock: electric with day/date calendar, $41 / 2^{\prime \prime}$ wide face. $\$ 15.50$. From the Flair series by Bulova.

## Zest Pages 124-125:

1. "Auto Strada" cotton fabric: 48 " wide, $19^{\prime \prime}$ repeat, Scotchgard finish. $\$ 5$ a yd. By Riverdale Fabrics. At Jordan Marsh.
2. Modular units: arms and backs pushed together to form a seat. By Directional.
3. Sawhorse desk: $50^{\prime \prime} \times 24^{\prime \prime} \times 30^{\prime \prime}$ high, 3 drawers, lacquer finish, chrome hardware. \$179. By Schoolfield.
4. "Contura" wash basin: 19 " diam., $157 / 8^{\prime \prime}$ wide, $125 / 16^{\prime \prime}$ from front to back, rust proof, chip and stain resistant, available in 6 House \& Garden colors. By American Standard.
5. "Pont" cotton fabric: 48 " wide, 15 " repeat, custom color only, 10 yd . minimum. By Eaglesham Prints.*
6. "Casala" chair: $221 / 2$ " $\times 161 / 2$ " $\times$ $281 / 2^{\prime \prime}$ high, white plastic frame. $\$ 87$. By Chromeraft.
7. Pitcher and tumblers : pitcher, $10^{\prime \prime}$
high, straight sided; tumblers, $51 / 2^{\prime \prime}$ high, pieces have substantial weight. $\$ 100$ for 7 piece set. At Bergdorf-Goodman.
8. TV: black and white portable, $12^{\prime \prime}$ diagonal screen, under $11^{\prime \prime}$ high, weighs 17 lbs . $\$ 89.95$. By Zenith.

## 9. KITCHEN

Ovens by Thermador.
Four-burner electric cooktop by Jenn-
Air.
Undercounter dishwasher by Kitchen-
Aid.
Built-in trash compactor by General Electric.
Refrigerator/Freezer by Amana.
Cabinets and countertops by Formica.
"Dunley" suede finished vinyl wall covering used on walls and ceiling. By Instock Papers.*
Grill table, $30^{\prime \prime}$ high, $48^{\prime \prime}$ diam., by Rosenthal.
White lacquer stack chairs from Fritz Hansen.*
Polyester and cotton napkins from Porthault.
"Gemma" buffet platter by Royal Copenhagen. At Georg Jensen.
Four - $1 / 2$ quart round French oven by Le Creuset.
"In-keepers" glass canisters by Libbey. 10. High backed chair: $26^{\prime \prime} \times 26^{\prime \prime} / 2^{\prime \prime}$ x 49 " high. By Erwin Lambeth.
11. "Links" rug: $80 \%$ worsted wool, $20 \%$ worsted-spun nylon. $\$ 36$ a lineal yard. Designed by Julian Tomchin for Harmony Carpet.*
12. "Shelter Group" sectional units: right arm 2 -seat section, $721 / 2^{\prime \prime}$ x $37^{\prime \prime} \times 41^{1 / 2 \prime \prime}$ high; left arm 1 -seat section, $36^{\prime \prime} \times 37^{\prime \prime} \times 41^{1 / 2} 2^{\prime \prime}$ high; corner, $36^{\prime \prime}$ sq. $\times 411 / 2^{\prime \prime}$ high; ottoman, $36^{\prime \prime} \times$ $221 / 2^{\prime \prime} \times 141 / 2^{\prime \prime}$ high. Designed by Milo Baughman. By Thayer-Coggin. At Bloomingdale's.

## STUDIO-DINING ROOM

"Eighteenth Century" sterling flatware: $\$ 78.75$ per 5 -piece place setting;
"Pilgrim" sterling salt and pepper shakers : $41 / 2$ " high, $\$ 15$ a set. Both by Reed \& Barton. Flatware at Altman's. "Brantome" crystal: 8 oz wine, $\$ 11.50$ each; 10 oz . water, $\$ 11.50$ each. At Baccarat.
"Blue Flower Angular" dinner plates: $\$ 11$ each. By Royal Copenhagen.
Glass bowls: $\$ 11$ each. At Bonwit Teller. Chinese cachepot, porcelain platters, and porcelain teapot from David Barrett.
Tablecloths: "Jamuna Square" fabric, $60 \%$ jute, $40 \%$ cotton. $\$ 12$ a yd. By Patterson-Piazza.*
Straw hats and flowers from Antonio Flowers.
Fabric on ottoman: "Elephant Walk" cotton fabric, $50^{\prime \prime}$ wide, $16^{\prime \prime}$ repeat.
Fabric on sofa: "Sumatra" cotton
fabric, $49^{\prime \prime}$ wide, $121^{1 / 4^{\prime \prime}}$ repeat. Both Zepel treated, both by Brunschwig \& Fils.*

WINE \& FOOD Page 127:
Glass canning jars: $1^{11 / 2}$ pnt., $\$ 1.65$; 2 qt., $\$ 3.75$. At Bonniers.
"Caughley" oval platter: $113 / 4$ " long x $81 / 2^{\prime \prime}$ wide. $\$ 13.50$. At Tiffany.
Baskets: foreground, at Ronaldo Maia; background, at Greek Island Store. From $\$ 35$.

## ADDRESSES OF STORES MENTIONED THROUGHOUT THIS ISSUE

america hurrah antiques, 316 E. 70th St., New York, N.Y., 10022 antonio flowers, 64 E. 55 th St., New York, N.Y., 10022
baccarat, 55 E. 57th St., New York, NY., 10022
b. altman \& co., 361 Fifth Ave, New York, N.Y., 10016
bercdorf-Goodman, 754 Fifth Ave., New York, N.Y., 10019
bloomingdale's, Lexington Ave. at 59th St., New York, N.Y., 10022 bonniers, 605 Madison Ave., New York, N.Y., 10022
bonwit teller, 721 Fifth Ave., New York, N.Y., 10022
bronx window shade \& AWNing, 372 E. 162 nd St., New York, N.Y., 10451 david barrett interiors, 24 E. 54th St., New York, N.Y., 10022
diane love inc., 851 Madison Ave., New York, N.Y., 10021
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georg jensen, 601 Madison Ave., New York, N.Y., 10022
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h. J. kratzer, 1144 Second Ave., New York, N.Y., 10022
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## $\mathbf{G}_{\text {atenest }} \mathbf{N}_{\text {des }}$

byJames Fanning

blues are the most sought-after of garden colors. There is a soothing coolness in flowers that refle the color of the sky. Then too, blues are not nearly as common in the plant world as are yellows an reds. Yet it is not particularly difficult to plan a garden in which blues will hold the spotlig throughout the flowering year. To begin at the beginning, Scilla Siberica, most eye-piercing of all blue starts the season along with early crocuses. Myosotis (forget-me-nots), mertensia, and pulmonaria follo right along, leading up to the great June splash of the irises. A bit later the delphiniums take over, followe by annual China asters, bachelor buttons, ageratum, and petunias. As the nights grow cool again, Cer tostigma, sometimes called plumbago, repeats the ground-hugging blue of the early scillas, with deep indig monkshood (Aconitum) tall in the background. Even through the winter, stems of the black-cap raspbert (Rubus occidentalis) stand out in purple-lavender against the snow, brightening in color as spring a proaches and sap starts to run again. Elda Haring (see page 118) in her book Color for your Yard an Garden (Hawthorn, $\$ 12.95$ ) gives special attention to blue-flowering plants and suggests combination with other colors for the most striking effects.

The Wall Street Journal reports that a great new surge of interest in gardening is causing increased sales of equipment, fertilizer, books, and, of course, seeds and plants. Largely responsible for this activity are the groups of dedicated people who have been going all out to educate otherschildren particularly-in the joys and profits of gardening. In garden-and-nature centers across the nation, in community greenhouses and garden club-sponsored demonstration gardens the message is going out, loud and clear. One of the most active of all garden centers-and one that has served as model for a great many others-is the one in Cleveland, Ohio. The Garden Center of Greater Cleveland begins at kindergarten and

fced your trees with a hammer. This is th newest way of doing the job, and it saves th labor of punching holes in the ground with rowbar. Instead, a rocli-hard cylinder of ie tilizer, pointed at one end, is hammered down i the places you would ordinarily drill holes fo feeding. Called "Jobe's Tree Food Spilies," th compacted fertilizer has an analysis of 16-8-8 with part of the nitrogen in slow-release forn A package of five spikes is enough to feed a tre with a 20-foot spread and inctudes a rubber ca to prevent smashing the spikes as you hamme them. It's about si in garden supply shops. grammar school level with year-long programs that reach a grand finale in a late-summer flower show with prizes for the best flowers and vegetables grow by school children. Lectures and special classes for adults are held year-round, with special emphasis home gardens where do-it-yourself (with expert guidance, of course) is the rule. The herb and other den onstration gardens by themselves are worth a visit and the monthly bulletin-included in a membershiphas more solid information than many a commercial publication. The Garden Center of Greater Clevelan is at 11030 East Boulevard, Cleveland, Ohio, 44106. Membership is $\$ 10$ a year for individual or family an joiners are welcome whether they live in Cleveland, Miami Beach, or Timbuktu.

## "A green thumb is simply a positive state of mind about growing things"

Lawns get tired-looking as summer draws to a close. One reason is that sprinkling and summe rains have leached away plant nutrients, leaving lawn grasses quite literally starving. So feedin is in order, particularly with nitrogen, the element most necessary for healthy green grass leave A 20-10-10 formulation is about right, though some turf experts recommend more than 20 pe cent nitrogen. Make sure part of the nitrogen is in slow-release form and don't omit potash an phosphorus either, since both are necessary to build healthy roots that will help the grass plan withstand the rigorous winter ahead. Late summer is lawn seeding time, too, and the good new this year is that some fine new varieties of lawn grasses are now available in seed mixtures. Mar hattan, a perennial ryegrass, is making a name for itself by being tough, fine-leaved, and fa longer-lived than we expect a rye to be. Pennlawn, a fescue even more wear-and-shade-resistar than other fescues, has quickly become the standard by which varieties of this grass type ar judged. And in bluegrass, Merion still holds the lead, although newer Fylking is more vigorou and quicker germinating.

apair of lively young people have taken up plant growing with the same energy and enthusiasm that others of their age group apply to rock music. This happy couple consist of Lynn and Joel Rapp and one of the first products of their enthusiasm is a book: Mother Earth's Has-sle-Free Plant Book (Tarcher-Hawthorn, $\$ 3.95$ ). The Rapps start right off by saying that "A green thumb is simply a positive state of mind about growing things." Implemented by the sound basic information they then proceed to give, the prospective green-thumber's positive approach is certain to bring positive results. The Rapps' breezy approach is refreshing in a field where basic instruction is usually given in terms of dust-dry pedantry. They know what they're talking about and, even better, know how to make the reader enjoy listening to them. The Rapps say they like to play young Dr. Kildare at their Mother Earth Shop in West Hollywood, Cal., but no house-plant lover who takes this book to heart should need to consult them.

If you know your onions, you'll grow them for more than just eating. The ornamental onions-usually called al-liums-are ideal for growing in a perennial border or rock garden. They produce leaves in early spring, flowers in a variety of colors and sizes over a span of several months. Botanically, of course, they're all Alliums, whether leeks, garlic, chives, plain garden onions, or the fancier flowering species. Allium giganteum, for example, produces husky clumps of gray-green leaves, below right, in early spring. These disappear about the time the 4-foot-high flower heads fade, in late June, leaving space for summer-flowering annuals, which may be planted right on top of the bulbs. One of the best kinds for garden display or cut
 ting is A. Rosenbachianum, above right, with globular heads of rosy lavender flowers atop 2-to 3 -foot stems. These appear just about the time the last tulips are fading and last for two weeks or longer Except for giganteum, whose flower heads collapse when they mature, all the alliums are good for drying. A. albopilosum, above left, is a particular favorite of flower arrangers, who find in the dried seed heads a sculptural quality lacking in other plants. There are dozens of different kinds of alliums. Practically all of them are rock-hardy and will form substantial clumps if left undisturbed for a few years. They should be planted at the same time and in the same way as tulips, and the time to order bulbs is in summer or early fall. Several of the best ones are available from P. De Jager \& Sons, Inc., South Hamilton, Mass., 01982, whose catalogue is free for the asking.


Veaport, IRhode Istand, rates high among the delights of the New England coastline. A favorire summering place since Colonial times, it reacheal its height of popalarity at the turn of the century, when some of America's wealthiest families built palatial estates on the cliffs overloolsing the Athantic. Several of these, plus some fine fievolutionary buildings, have become the property of the Nerport County Preservation Society and are open to the public. Most have extensive gardens, some ranling among the best in the country. Having been Lovingly cared for, they are now at full maturity and well worth a visit by anyone with an eye for fine old trees, suceeping lawns, and bright swaths of summer flowers. Dutstanding is Miss Alice Irayton's Garden of Green Animals, opened to the public since May. This is a collection of almost 100 topiary pieces, whose shaping was begun by Miss Brayton's father some seventy years ago. These fantastic haman and animal figures are under the care of Mr. George Mendonca, son-in-law of the gardener who began the project. The garalen is open to the public every day until September 16; it is open aceekends only thereafter.

bulb ordering time should also be bulb studying time, and a good reference book is just as important as a stack of catalogues. One of the most practical is The Complete Book of Garden Bulbs by Marc Reynolds and William L. Meachem (Funk \& Wagnalls, \$10). It is divided into two parts, one for summer flowering bulbs and the second for spring bloomers. There are particularly thoroughgoing instructions for potting and forcing tulips, daffodils, and the other springtime bulbs. Long lists of varieties, with heights, flowering dates, and other pertinent information are emphasized in Bulbs, A Complete Handbook by Roy Genders (BobbsMerrill, \$19.95). The title is misleading, since some well-known bulbs (calla lilies for instance) are not included, but the instructions for both outdoor and indoor growing are exact and comprehensive

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