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THE SILVER MARTINI.
FOR PEOPLE WHO WANTA SILVER LINING WITHOUT THE CLOUD.
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Kittinger's Federal Period Sideboard, circa 1800, American. A Williamsburg ${ }^{\otimes}$ Furniture Reproduction. OIdentifies trademark of the Colonial Williamsburg Foundation. Reg. U.S. Pat. Off.

## Treasure with us a furniture tradition created by American patriots and the skill of their hands

Kittinger presents the Federal Group of WILLIAMSBURG Furniture Reproductions. They are exact replicas of rare originals created for luxurious homes in our new nation. Their light and slender style was a blend of American individuality with evolving furniture fashion of the time. Today, Kittinger has reproduced selected pieces of timeless beauty, authentic in every detail from intricate inlay to delicate handcarving. Here is a craft tradition Kittinger shares with all who appreciate the very finest. A tradition
significant to all Americans as we approach our Bicentennial year of 1976. Send $\$ 4.00$ for "Library" to Kittinger Company, 1897J Elmwood Ave., Buffalo, N.Y. 14207
Kittinger is a member of General Interiors, a united group of seven furniture manufacturers. Together they offer outstanding craftsmanship and a continuity of tasteful American styles spanning yesterday, today and tomorrow.


## THE BRASS TACKS COLLECTION. BECAUSE WHAT YOU WEAR LOOKS EVEN BETTER WHEN WHAT YOU CARRY LOOKS GREAT.



What makes accessories important, are the important things you keep in them.

That's why Princess Gardner deftly designs leather accessories to carry your cash, credit cards, photos and more. And not only to carry it all, but organize it all.

However, the best thing about what they do, is how they do it:

Beautifully. Sleekly. In great style, to keep you in style.

Above, the "Brass Tacks" Get-Away Secretary in Brown. Also, Red and Denim Blue. Matching accessories from $\$ 4.00$

Prince Gardner, St. Louis, Mo. A Division of SWANK, INC.


Quite simply, the Vellux ${ }^{\text {e }}$ blanket does everything you want a blanket to do. And none of the things you don't want a blanket to do.

It provides delicious warmth. Yet it weighs about a pound less than other blankets, so you're hardly aware of its presence.
(A pound may not sound like much, but, in a blanket, the difference is substantial.)

The Vellux blanket is incredibly plush in both appearance and feel.

Colors range from delicate to bold, with great-looking patterns added for good measure.
(We call the one you see here "On the Square.")

To the hand, the blanket is smooth and soft. These attributes are a direct result of the revolutionary way in which the Vellux blanket is made. Over 340-million

soft nylon fibers are electrically positioned onto layers of insulating foam.

This ingenious process is also the reason the Vellux blanket is free of the drawbacks that plague other blankets. It doesn't mat. Or pill. Or shed. Ever.

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Notafter more washings than most blankets go through in a lifetime. (As you can see, fifty washings couldn't change its appearance.) It can be machine washed at any temperature or cycle setting. And machine dried at any temperature or time setting.

What this means is that the Vellux blanket is not only the best blanket you can buy today. It may very well be the best blanket you can buy for a long time to come. Nixpmern

THE VELLUX BLANKET BY MARTEX.

## 票 Honse \& Giarlen <br> (INCORPORATINE LIVING FOR YOUNG HOMEMAKERS)

PERRY L. RUSTON, CHAIRMAN
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## KitchenAid Thametens syut olarosth Mam san

## The features youill like most on the newKitchenAid stainless steel disposer are the ones you'lluse least.

The new KitchenAid disposers will grind up things like rib bones, corn cobs, and stringy vegetables. Tough stuff many other disposers can't handle.

And if there should be a jam?
Only KitchenAid has the Wham Jam Breaker*. It breaks up stubborn jams with 120 jolts-persecond, at the touch of a button. (Though you won't need to use it very often.)

What's more, should the disposer fail, our new 5 -year warranty won't. During the first year, your disposer would be repaired without charge. During the next four years, you'd be charged only for labor.

To find out more, see your KitchenAid dealer (listed in the Yellow Pages, under " dish washers"). Or send the coupon.
*patent pending

## MitchemA쳘

Disposers . Hot-water Dispenser
KitchenAid, Dept. 4GA-12 Troy, Ohio 45374
Tell me about your new disposers.
Name-
Address
City
County
State


HANS NAMUTH
ON THE COVER: It was the doormouse who started it. Big, saucer-eyed and red, he sat by the door (hence "doormouse") many years ago, festive and lonely. The answer to his isolation is obvious to Mr. and Mrs. Tassos Fondaras: company and Christmas. So every year now, the doormouse and his inanimate friends-the angel with the feather wings, the brocade bull, the Santas, the elves, the birds and beasts, some of them friends for twenty years, some new acquaintances-adorn a Christmas tree that every year gets bigger to accommodate them. The tree is 12 feet tall now and chockful of family memories, personal traditions, and old-fashioned Christmas spirit. The whole family, everybody who's in the house, helps decorate, the day before Christmas, making sure to hang plenty of candy there for the children who'll come caroling later. The night before Christmas not a mouse would dream of stirring, but that doesn't stop Phillipa the cat or Lizzie her cohuntress from hoping vainly for a pre view of the good things of Christmas.

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architecture-building
WILL MEHLHORN
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ELIZABEETH SVERBEYEFF BYRON SUSAN ZEVON ASSISTANT DECORATING DESION PROJECT
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Hold Waterford to the light and you can see faintly etched the signature that identifies it as an authentic work of art Each piece of Waterford crystal is a signed original, made by hand with heart. Born in white hot heat its sheer brilliance reflects the glory of the distant past
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Write for free fullcolor booklets Waterford, 225 Fifth Ave., New York 10010 Or visit the Waterford Gallery at the important store in your area.
Isn't it time you started collecting signed originals by Waterford?
(And English bone china by Aynsley, to go with it?)




## A study in classic design.

Form and function blend beautifully in this secretary from Henredon's 18th Century Portfolio. And it is just one example of the distinctive design and up-to-the-minute usefulness that makes this collection so uniquely livable.
Dedication to quality - the best materials, the most careful craftsmanship - is evident throughout the wide variety of Henredon styles spanning every major decorative influence.
To see illustrations of the entire 18th Century Portfolio and how aptly it is complemented by Henredon's Upholstered Furniture, send $\$ 2.00$ for brochures to Henredon, Dept. HG-12-74, Morganton, North Carolina 28655.

## Henredon

## Cntiques

BY LOUISE ADE BOGER


## Americam Cups

These cups, made about 1785 1790 by Wilmington silversmith Bancroft Woodcock, are part of the loan exhibit "Two Centuries of Delaware Master Crajtsmanship" at this year's Delaware Antiques Show. Can you tell me something about their style?
J.M.-Kennett Square, Pa. Your pair of standing cups enriched only with finely cast beaded moldings represent the spirit of Adam style classicism, which flourished in our country from about 1785-1810. Their simplicity of form combined with a precision of proportion is intelligible to all.
the delaware antipues show, sponsored by the junior board of the delaware division, wilmington medical center, will be held december 5 to 7 at the wilcastle center, pennsylvania avenue, wilmington, del.

## Elizabethan Cupboard

What can you tell me about this antique piece that has been in my family for years?
M.W.-Armonk, N.Y. This distinctive type of Elizabethan, richly carved, oak cupboard consisting of a simple open superstructure of three shelves is known as a court cupboard. The cupboard was
 used only for the display of plate, such as gold and silver bowls and pitchers.


## Russian Ieon

On the back of my Russian icon are the initials M.K., St. George and the Dragon, and 1893. W hat is its history?
W.P.-Palm Beach, Fla.

Richly ornamented icons, such as yours, were first made in the 19th century. Your silver-gilt, enameled, and jeweled icon of the Virgin and Child was made in Moscow in 1893.

## Staffordshire Platter

This is the mark that's on the back of a platter that belonged to my great grandfather. What information do you have about its origin and age?
M.McM.-Brooklyn, N.Y.


The English Staffordshire potters John and Richard Riley were active at Burslem from about 1802 until 1828. Your mark is the familiar garter mark deriving from the insignia of the Order of the Garter and it was one of the basic mark forms used by Staffordshire potters.

Continued on page 10


## No other scotch makes you wonder what you did to deserve it.

Moppets. A gift to be cherished forever. From the Gift World of Gorham. Look for them at these fine stores.













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Gorham introduces a delightful new group of Moppets with happy thoughts of friendship and love. Some of these new Moppets are musical, to brighten someone's world with a song. Some spoof sports, as only the wonderful Moppets can. Irresistible and charming, their heartwarming expressions are captured in hand-painted porcelain for a gift that will be cherished forever. See all the members of the Moppets family at the stores listed on the opposite page. From the Cift World of Gorham, of course.


No other fountain pen is "built" like the magnificent MONTBLANC Diplomat! Man-size to fill a man's grip, take a man's handling. Extralarge 18 -karat gold point assures super-smooth writing action and gives a man a new "personality on paper." Giant ink capacity is a manpleasing feature too!
Many pen experts here and abroad consider the Diplomat to be the finest pen ever designed. It's Europe's most
prized pen, unmatched in writing ease. Nib sizes extra fine to triple broad - to suit every hand.
The NEW Classic 146 is an identical but slightly smaller version of the Diplomat 149 A great variety of other luxury fountain pens within the MONTBLANC assortment.

Imported by Koh-1-Noor Rapidograph, Inc., 201 North St., Bloomsbury, N. J. 08804. Beautifully gift boxed.

At fine stores, college stores, stationers and pen shops everywhere, including Abercrombie \& Fitch, NYC, Chicago \& San Francisco; Alfred Dunhill, N.YC Beverly Hills, Chicago \& San Francisco: Bloomingdale's, A. I. Friedman, N.Y.C. Siegel's Stationery, Summit, N. I.; Alko Office Supply, Berkeley, Cal.; Golden Gate Pen Co., J. D.' Browne, San Francisco; Fahrney's, Wash., D.C.; Marshall Field, Mc Lennon's, Chicago; A. Pomerantz, Phila.; Shreve Crump and Low, Mc Lennon's, Chicago; A. Pomerantz, Phila, Shreve Crump and Low, Bromfield Pen Center, Boston; The Fountain Pen Shop, The Pen
Shop, L. A.; Morrison Typewriter Co., Providence, R. I.; Sam Flax, Shop, L. A.: Morris
N.Y.C. and Atlanta.


## Philadelphia Tea Service

We inherited this tea service and would like to know as much about it as you can tell us. It bears the mark "A. C. Morin, Pure Coin, Philad." Is this enough of a clue?
C.M.-Memphis, Tenn.

Your revived or Victorian rococo style six-piece coin silver tea service with inverted pear-shaped bodies was made about the 1840s by one Alexander C. Morin, who was listed in the Philadelphia directory as "jeweller, etc." from 1813 until 1850. To the best of our knowledge this is the first time that Morin's mark has appeared.


English Vase
Is it possible to identify this vase? I have copied the mark for you.
H.R.G.-Hamden, Conn. Cos According to the manufacturer's mark and the year cipher below it, your covered bottle vase was made by the English Royal Crown Derby Porcelain Works in 1886.

French Cylinder Desk: We have a French 18th-century roll-top desk. Was this considered an important piece in its time? K.C.-Paoli,Pa. The cylinder desk was introduced in France around the mid-18th century and was a very fashionable and impor-
 tant form of writing furniture. The cylinder top was a happy invention, because at a touch it covered the writing table and concealed from view the clutter of writing papers, notes, and other writing equipment. In fact, one of the most beautiful pieces of furniture in the world is the cylinder desk that was made for the French king Louis XV. It was begun in 1760 and not finished until 1769. The straight tapering legs on your desk tell you that it is in the Louis XVI style.

## Special offer to

House \& Garden Readers:
Copies of Louise Ade Boger's new book,
House \& Garden's Antiques: Questions \& Answers are now available. A generous collection of items-over 900from past columns, and all arranged by category for easy reference. Only $\$ 9.95$ per copy, plus 45 c for postage and handling. Write to Condé Nast Books, P.O. Box 3308, Grand Central Station, New York, N.Y. 10017.



# Magnavox stereo. When it's not playing beautiful music, it's still saying beautiful things about you. 

Whichever magnificent Magnavox stereo you select, it will speak eloquently of your good taste. Even when it's silent. For Magnavox design artistry is always clear and distinct.

This richly grained Campaign Chest, with its hand-rubbed finish, is typical. No mistaking its burnished metal accents.

Or its rich, full sound. Authentic Magnavox sound, from a solid-state
stereo FM/AM tuner-amplifier, automatic record changer, 4 -channel decoder 8 -track player and six speakers in an air-suspension system.

Advanced electronics, in a cabinet of timeless elegance.

Just what you'd expect from Magnavox, the people who make Med-iterranean-styled drumtables, Venetian breakfronts, Spanish consoles and lots more.

In fact, more stereo console styles and finishes to fit your lifestyle than anyone else in the world.

No wonder a leading consumer testing magazine recently rated a Magnavox stereo console "A, Recommended.

Magnavox stereo. You can't find a more beautiful way to express yourself. See and hear for yourself at your nearest Magnavox dealer.

## What a difference living with a Magnavox.

MODEL 6460


## Slumber/Seat ${ }^{\circledR}$

Today, you as a consumer are faced with two basic problems . . . inflation and overcrowding. The economical and space-saving Slumber/Seat ${ }^{\circledR}$ will help you fight these two major problems. The Slumber/Seat ${ }^{\circledR}$ is a luxuriously upholstered club chair which, with just a flip of our patented mechanism, readily converts into a full-length bed $76^{\prime \prime}$ long with a firm, comfortable mattress and a built-in pillow head rest. Ideal for use in the home, den, children's room, apartment, office, resort or ski lodge, boat and whereever a combination of space-saving and dual-purpose sleep furniture is desired. Available at fine furniture and department stores everywhere, in a wide variety of styles and fabrics. For a free color catalog, and the name of your nearest dealer, please return the coupon below.
To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754
Please send me a free color catalog and the name
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## NOTES OF A <br> Tappy <br> 4 ouseheeper <br> BY MARY ELIZABETH FALTER

I've found it's essential to have alist of everything you'll need for the holidays that you might otherwise overlook. I make a checklist in advance and check off the items as I take care of them. Something like this:

Two rolls of fixed vinyl stick tape (such as Holdit, to anchor down decorations)
_ Wire, clippers, florist's tape, and florist's clay
Oasis (for arranging flowers and greens)
Extra lights and ornaments for the outdoor tree
Extra lights and ornaments for the house tree
Film and flash bulbs for the camera
Large supply of nuts, cheeses, candies, other nibbles
Cheesecloth (to cover the turkey while basting)
Skewers and cord (to truss the turkey)
Extra wrapping papper, ribbon, tags, and a few simple gifts for emergencies
Extra batteries for our cordless equipment (and to put in with gifts of cordless appliances)
_C_Candles, especially bayberry ones
Rock salt for icy paths and steps
Plenty of heavyweight trash bags
One of the things I'm going to give Tom for Christmas may turn out to be everybody's favorite. It's a wonderful new shower head from Water Pik called "The Shower Massage." It adjusts from a steady, even, conventional spray to a stimulating water massage, and there's also a combination setting. It's great for shampooing because it separates every hair and really stimulates the scalp. Furthermore, it's designed to work efficiently on the existing water pressure of just about any house. I'm really excited about it-the only thing I can't decide is whether to buy the standard wall-mount fixture or the hand-held model, which can also be fixed in place like the standard. There's a difference of about $\$ 15$ but I lean toward the hand-held model.

Notes on ice makers: It's a very good idea to stir up the cubes every once in a while instead of always scooping them off the top. There may be a time when you'll need the ones on the bottom, too, and they'll be firmly stuck to the bin and to each other. Trying to dislodge them, you can easily knock the wire arm that controls the production of the cubes out of place, so the cubes stop coming through. In our ice maker and I guess in most of the other makes, too, that arm should be in the down position.

I always keep an extra bag of ice cubes in a plastic bag in the freezer so we're prepared for a party-it's very easy to run out of ice when you have a number of guests and just a standard in-the-refrigerator ice maker.

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## ROSESplus．．．

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## Giant new garden catalog




This fabulous Oriental bamboo chair loses nothing in the translation. See it in person for a very special person on your gift list. In shades of glowing natural bamboo, these lacy-looking but sturdy chairs complement almost any color scheme. A pair could provide the conversation pieces in a living room. A single chair could be a stunning companion for a desk. A set could set the theme for a dining room. For the Thomasville dealer nearest you, call toll-free anytime: 800-243-6000. (In Conn.: 800-882-6500.) Be sure to ask for the Thomasville bamboo chair.


THOMASVILEE ${ }^{\text {m }}$ Armstrong


You've waited long enough for true lead crystal this good, this easy to own. Made in America and recognized by International Standards. Catching and playing with light as only deep faceted crystal can. Lead crystal. By Fostoria, of course. We've been working on your crystal since 1887. The crystal of America.

## SOME NOTES ON GOOD LOOKS AND GOOD HEALTH

## The SCEILS of Christmas-anew dimension for your seInses

Five ways to develop your semse of smell by a perfume expert

IBY CAROLINE SEEBOHM

I have been here before,
But when or how I cannot tell:
I know the grass beyond the door,
The sweet keen smell,
The sighing sound, the lights around the shore. dante gabriel rossetti

How many times have you walked into a room, past a door, or down a street, and suddenly been swept back into your memory by catching the smell of something? Often enough you cannot pinpoint what the smell is-often enough you cannot remember any connection between the smell and your memory-yet it is absolutely clear in your mind that, as Rossetti said, "I have been here before."

But now it's Christmas, the most unmistakably evocative, provocatively fragrant time of the year. Aren't there a hundred Christmasy smells that take you back into childhood, to remembered feasts, to warm memories of family and friends? We asked the House \& Garden staff to give us their special reminiscent scents of Christmas, and what they came up with may give you ideas as well as strike a chord-as you waft deliciously away on their memories.

> 66Tangerines in a Christmas stocking... Bourbon and applejack (my father's eggnog-lethal) . . . Fresh evergreen branches in the hall and on the front door. . . Clove-studded oranges for pomanders, which we made in grade school as gifits . . . Incense at Midnight Mass . . . Fresh baked gingerbread... Spice cookies and bayberry candlles... A blazing fireplace smell . . . The erisp chilly scent of snow in the air ... Roasting chestnuts on iey days in the city ... Brandy on the plum pudding and brandy smaps stuffed with eream from an English Christmas ....99

Mmmm . . . but that's only the beginning! We should be enjoying these sensations all year round. What has happened to our sense of smell? Many animals, dogs for instance, possess a much more developed sense of smell, and primitive man could smell traces of other human beings who passed by maybe many days or weeks before. Perfume expert Ernest Shiftan, senior vice president of International Flavors \& Fragrances and former president of the American Society of Perfumers, believes "our sense of smell has fallen into disuse. Pollution, air conditioning, and deodorants further diminish it." (Haven't you noticed the raw, fresh smells that assail you in a place where the air is crystal-clear and without a speck of pollution?)

Continued on page 18


## Skin Dew with visible action: The Skin Improver. Guarantees you smoother, softer, better-looking skin in 20 days.

The breakthrough news: those tiny, strawberrycolored 'isolates' we call 'ferments lactique'-our exclusive pure milk protein. Skin Dew can truly improve your skin's appearance, really protect you against the drying effects of your environment. Now here's what you can expect: A light, lotion-y cream that's absorbed almost instantly to help safeguard your skin against moisture loss from below. It will reward you with a new look of smoothness and softness. A difference you can see and feel. It is formulated to create a pH balanced environment for your skin. And it will actually help improve the texture of your skin for as long as you use it. Truth is, new Skin Dew works. Give it 20 days and your skin will look better. We guarantee it. We believe you'll see a noticeable improvement in the appearance of your skin after 20 days. If not, send unused portion and proof of purchase date to: Helena Rubinstein, 300 Park Avenue, New York, N.Y. I0022. And we'll send your money back.

## Helena Rubinstein/the science of beauty

## ${ }^{\text {ee Think }}$ of fresh baked bread, a garden after rain . . . the smells that put you in a good mood just thinking about them"

THE SCENTS OF CHRISTMAS continued from page 16
Why else do you suppose it's so hard to describe a smell? When you think of the obscure words wine experts use to describe the bouquet of a wine you realize how sadly limited scent vocabulary is. "Lack of words for smell is all the more remarkable when we consider that the sense of smell possesses greater associative power than any other sense," says Mr. Shiftan.
Sight functions only in light; taste when you eat; hearing often is nonactive. But a sensitive nose is functioning day and night. This perhaps explains its extraordinary power-for it starts working from the moment of birth and never turns off. That is why a smell can take us so far back into our dimmest recollections and stir our unconscious so profoundly. Think of fresh baked bread, a garden after rain, new-mown grass, bacon cooking; these are smells that put you in a good mood just thinking about them. How can we educate our noses to enjoy more scent experiences? How can we expand this sense, which offers so much? How can we make the scent-pleasure of Christmas last the whole year round? Jennie Sorese, vice president and director of Odor Evaluations at International Flavors \& Fragrances, thinks it's possible. "You can train yourself," she told me. "First of all, become aware-of every smell, of every taste. Analyze them. And these five exercises you can do at home can help you develop your sense of smell even more.

1 Take the rind of three citrus fruits-orange, lemon, lime-and see if you can smell the difference. Smell them with cloves and cedarwood. Can you distinguish them? Blindfolded?

- 2 Study single flowers-a carnation, a lilac, a lily. Try to analyze their fragrances. Then put a bunch of different flowers together and see whether you can pick up the different notes-the citrus note, the mossy note . . . (Fragrances are like music: There is a top note, a middle note, and a bottom note that combine in harmony.)
-3 Pay attention to the wood in your house. Analyze the smell of your different pieces of furniture. Pay a visit to your local lumberyard and study the different woods there.

4 Make a blindfold test with herbs. This is easy-you use them all the time for cooking. But can you tell oregano, tarragon, thyme, basil, just by your nose alone?
. Try various different fragrances of soap. This is a good exercise since the smell is on your skin and you can continue to study it throughout the day, live with it, learn every note it contains.
Jennie Sorese also recommends that you change your own perfume often. "One becomes 'anosmic' (over-accustomed) when wearing the same perfume constantly," she explains. "People often complain that their fragrance is getting weaker and weaker the more they wear it. This is not true. In fact the wearer can no longer smell the perfume as well as she used to-but other people still can." She also suggests that when you try a new smell, see if you can blank out any preconceived notions about that smell, either good or bad. Be objective. (Ernest Shiftan points out that "a typical case of taste being prejudged is that a great many Europeans do not like wintergreen because as children they smelled it in pharmaceutical preparations,

Continued on page 20


The Danish way to sleep tight, as you sleep light.

The Danes know that for warmth without weight, nothing beats Nature's own insulation - feathers and down. So that's what they used to fill The Body Comfort. It's a comforter so light, it settles around every curve of your body. And then, inside, it expands deliciously with your body's own natural warmth.
To keep the feathers and down from bunching, The Body Comfort is divided into lengthwise channels. They also keep it from slipping off the bed. And speaking of beds, The Body Comfort comes in twin, double/queen, and king sizes. And it comes
 As for care, The Body Comfort is completely machine washable and dryable. And that's a comfort in itself.

THE DANSH FEATHER AND DONN COMFORIER

## WHAT'S GOING ON: REVENESCENCE EYESHADOW

Powder eyeshadow. Unpressed. Not just revised, refined, or refashioned. Reborn. New.

Revenescence Eyeshadow is loose powder loaded with liquid. A union of opposites. Not mixed. Mated. One surrounding the other. Miltions of micro-capsules of fluid moisturizer.
What comes of this union of wet and dry? Our most accomplished shadows. A little bit nicer, we think, in every way.

First, the colors. All very definite.

Intense. Unfogged by frost.
Second, application. More precise. Different. Not just because you stroke it on with a miniature nibshaped sponge, But also because the color takes so well to you. Encapsuled moisturizer smoothes and sets the color so it stays where you put it. Even when you open your eyes.

Third, the feeling. What's smoother than silk? Froth? Fluff? The old words don't serve. It feels buoyant, weightless. Wispy? You decide.

Fourth, the look. What you had in mind in the first place. A soft-edged accent of unabashed color, buffed and inviting as new suede.

Fifth, the last. Longer than the bubbles in a glass of champagne.

Reveriescence Eyeshadow $\$ 5.50$. Other, equally newsworthy cosmetics, all with encapsuled moisturizer: Revenescence Lipstick $\$ 5.00$; Revenescence Cheekglow $\$ 5.00$; Revenescence Powderglow (loose $\$ 7.00$, pressed $\$ 5.50$ ).

Available at very tine stores.

## Silver Cachepot

The ultimate in flower pot holders ... in gleaming silverplated basketweave design to transform your standard red clay pots into a decorator's dream. A new Gorham Original. These flower pot holders are available in three sizes $-4^{33 / 4^{\prime \prime}}$ round, $\$ 18.50 ; 6^{\prime \prime}, \$ 24.50 ; 7^{11 / 2^{\prime \prime}, ~ \$ 27.50 .}$ Cachepots double as gourmet servers for a variety of tasty nibbles or hearty rolls. At finest jewelry stores and silverware departments.

Prices subject to change without notice.

## THE SCENTS OF CHRISTMAS

continued from page 18
nor sassafras because they smelled it only in a certain well-known glue and never in candies or drinks. Many Americans, on the other hand, like these odors and tastes because they were exposed to them from childhood in sweets or drinks.")
Just think of it-what better time than now-our sense of smell can offer us a whole new dimension in enjoyment and sense-experience, heightening our awareness of life around us. People are wearing more perfume-they are experimenting, changing fragrances as they change their clothes, according to moods, to seasons, to celebrations. As we work to clean up the air around us, new fresh smells will stimulate us. Even rooms, like people, are being given fragrances (Bloomingdale's model rooms are all scented by Amelia Bassin's collection, Chromessences, to evoke the part of the country that inspired the decoration-a smell of the desert for Santa Fe, gardenias and camellias for Atlanta, tropical plants for Hawaii.) Now is the time, for Christmas gives us the go-ahead, with its feast of fragrant delights, to start us on our path into a new year filled with new tastes, new smells, new feelings-and new memories.

[^1]
## HBEAUTY ANID HEALTH PIRODUCTS NEW THIS M@NTH IN THE STDIBES

givenchy . . . Eau de Cologne in three sophisticated scents from the great Parisian designer makes one really super present or splits three ways for beautiful, fragrant stocking stuffers. One-ounce miniatures of Le De, L'Interdit, and Givenchy III make up The Royal Box... a lovely way to try or to give new fragrance experiences. $\$ 10$.
fabercé... New-perfumed little spheres to tuck at the bottom of an overnight bag, the toe of a Christmas stocking, scattered in drawers, closets, wherever. Fragrance Balls of Aphrodisia, Tigress, or Woodhue freshen everything. About twenty of them come in neat, cork topped bottles for gift-giving. $\$ 3.75$. (And they also come in a spiced-up Brut for men.)
revlon ... Has come up with a jewel of an idea. Charlie Sugar Bear, designed by David Webb, is a 3 -inch "golden" bear with the bluest jewel eyes and he's filled with Charlie Concentrated Solid Perfume, Revlon's new, young, zippy fragrance. $\$ 12.50$.
niNa ricci $\ldots$ Has a striking new perfume-"Farouche"-wild, yet shy, light yet convincing. It's jasmine and roses with tones of Oriental fruits and woods. The perfect gift to greet the new year. 1 ounce, $\$ 75$. Or try Eau de Toilette spray, refillable 2 ounces, $\$ 8.50$; refill, $\$ 6.50$.
helena rubinstein . . . For the Don in your life, a new men's fra-grance-Cervantes. Let him try the soap on a sisal rope, handsome and practical. Cervantes Soap-On-A-Rope, $\$ 5$.
aramis . . . has a special treat, Aramis Soap, shaped and wrapped like a giant chocolate bar. Or you can cut it into six blocks for guests. Good fun and nonfattening. \$6.25.
all these products available at fine drug and department stores.

## TheCrystal Bowl.LookIntoIt.

This new Gorham Original is the ultimate in full-lead crystal. Exquisitely hand-blown. Deeply hand-cut for diamond brilliance in Gorham's famous Fairfax design. A magnificent centerpiece. For flowers, fruits, anything. A sparkling gift. $734^{\prime \prime}$ diameter. $\$ 40$. At finest jewelry-gift stores and crystal departments. corham owision of terroon, provioence, r.



## The eyes of Remedios can't see beyond the next scrap of food

## Father dead... mother blind

It's a hungry world that Remedios Guanzon has seen during the short five years of his life. His father is dead, his mother is blind. Remedios sometimes can earn a few pennies begging -his older brother has become a proficient scavenger. Remedios and his family find it hard to see beyond today's paralyzing hunger toward a better tomorrow.
BUT - with your help there is hope for a needy child like this. If you join in the rewarding work of Foster Parents Plan, your modest monthly contribution can literally reshape the future for someone like Remedios, for his family and better the community in which he lives.
Through PLAN you help make possible programs that provide your foster child and his family with food, clothing, medical care. Children are aided in securing education or training to give them a chance to become self-supporting citizens. You come to know your foster child through photographs, monthly letters and progress reports compiled by PLAN social workers in the field. It is a very warm, satisfying way to give.

## There is a hungry little child waiting, praying for your help. Don't keep him waiting any longer. Please join...

## FOSTER PARENTS PLAN, INC.

Box 400, Warwick, Rhode Island 02886
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| country $\qquad$ Where the need is greatest $\square$ I enclose my first payment of $\$ 16.00$ Monthly $\square \$ 48.00$ Quarterly $\square$ $\$ 96.00$ Semi-Annually $\square \quad \$ 192.00$ Annually $\square$ I can't become a I Foster Parent right now, however I enclose my contribution of | \$ $\qquad$ Please send me more information $\square$ Tel. No.

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| Address
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| PLAN operates in Bolivia, Brazil, Colombia, Ecuador, Peru, Haiti, Indonesia, Republic of Korea, the Philippines, and Viet Nam. PLAN I is registered with the U.S. State Department Advisory Committee I on Voluntary Foreign Aid. Contributions are tax deductible. HG-4A-D000

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Continued on page 46


## FROM CYANAMD

mericans are the st" people in the orld. At any time, give anything and ig that we are perwill help to make o better at home ad. Dollars, tracs, food and medijust some of the gs that Americans en to other people need. We give thwart diseases t spell or proand our charitable ce even stretches us to buy cookies es can sometimes and lightbulbs we need. As a nation, o almost anything helping hand. For e generosity, we deserve a large
pat on the back.
But now and then, when you've been asked to donate money, haven't you felt that reaching for your checkbook was satisfying, but perhaps just a little impersonal? And haven't you sometimes realized that you seem always to be giving to help feed, clothe and shelter people thousands. of miles away? Because when we Americans spring into action, we don't give distance a second thought.

Yet what about the people right around us? Our own families. Friends who live just blocks away. Neighbors, whose lives touch ours every day. Pressured as we are, are we truly giving them our best gifts this Christmas season

lustrating the beauty of Christmas shared-the John N . ly of Cheyenne, Wyoming, shown here and on our cover.
-the personal commitment and involvement that will make whatever presents we give the happiest choices?

Let's make this holiday time a beautiful beginning by re-evaluating the many wonderful ways we can reach out and connect with one another. Let's take a good long look at what's happening right in our own communities. Let's look even closer at the people who are closest to us. They may well need us the most ... shouldn't we all be a little bit near-sighted at times?

There's no better time than at Christmas, the glowiest season of all, to give the most important thing any of us can ever give... ourselves. And wouldn't it be wonderful if this joy of giving our best becomes a natural way of life, all the year through.

All of us at Cyanamid want to help. We hope this portfolio, our Christmas gift to you, will plant some giving seeds in your mind, and that they will continue to grow, and grow and grow.

Like charity . . . sharing begins at home. It's important to have great concern for the future of our total environment, but how much do we identify daily with the problem as it concerns our lives as individuals? What we're saying, is that our homes are our own personal "inner environments." In the home, we are all forced to accept a strong sense of responsibility. And perhaps the most difficult single responsibility is learning to accept and re-
spect the individual character of each member of the family. As a nation, we have always fought to preserve the rights of the individual; now may be just the time to concentrate on the rights of those within our own family unit.

How much of ourselves do we really share with them? How much time do we spend in any normal day communicating with the people we're supposed to be closest to in every way? We may be driven up
the wall by someone's odd personal habits. But how often do we make the simple effort of calmly sitting down and asking for a "truce." Let's rethink our own contributions to the happiness of the family as a whole.

Now that we all seem to be spending more time at home; we can try to go back to the best of an oldfashioned sense of family life. Shortages, fuel crises and inflation are knitting us together again, so we can devote more time to making home more of a fun place to be. We can work at creating more warmth, comfort and serenity within our own four walls. Maybe this is what we mean by old-fashioned . . . the kind of giving that's just a recharge of our real values.

Let's look at the pleasures a little thoughtful attention can effect for everyone in the family. Start with mother, the much overburdened lady of the house. Since she's usually home the most, it figures that she might need help a little more than most. Not only does she make her family's wheels spin, as a rule . . . she is the wheels! So, here's an example of super thoughtful giving in her area: how about someone else playing chauffeur for the holiday week? Like the family's newly licensed Junior Miss, who might offer "a week without wheels" - a practically breathtaking bonus to the recipient! Then there's father. While he's hard at work all week, what looms large in his mind? All those wonderful things he's going to do on the weekend
painting, fixing, wiring, plumbing and other exciting tasks. How about one or all of us giving him "a week-end without work." Think of the new talents you may discover! All it takes is willingness, dressed up with handmade gift certificates, and for
both parents, gifts like these are like a month in the country! Now what about some "Specials" for the children? Don't begin by thinking that they get off lightly enough as it is. Food, shelter, clothing and education are musts, but how about some extra thoughtfulness to feed small souls. What about making your youngest feel very grand indeed, by having a "best friend" over for a pre-Holiday dinner? What matter, if that's the night you have meat loaf! Or inviting all your children's
"Let's make our houses truly 'open," the kinds of houses that ... if we

## were given a million dollars tomorrow. we just wouldn't want to leave.

friends over for eggnog, marzipan confections and your own family tree trim. Granted, it may be a little more work for you, and the tree may look a little hodge-podge, but you'll have a lot of fun, and you may turn out to be the most popular parents on the block. Does one child have homework problems? A tutorial that includes an equally needful friend may be just the ticket. So your Latin is rusty, your math old hat, and you have to check those historical dates
fear not. If your shaky Shakespeare is found out, you'll still get " $A$ " for effort. It's really the dreary responsibilities we all tend to ignore. But since they won't go away-why not try to package them a little more attractively? So, before a tribesman at your house utters the age old plaint, "why do I always have to walk the dogs," let's consider the individual, and give a lift where the load is not always light.

If we're all together at home so much more now, what can we do together to make it more fun? One thing, certainly, is to make the house . . ."home."
family room? With perhaps a little rearranging or some simple remodeling - you could start a beautiful present for all the family-a local "kitchen cabinet." If you have the space for one, you might even build a kitchen island, large enough for everyone to "hang around." Make it an easy-care center for cooking as well as talking. For that matter, make all your counter space quick-clean places, so that crayons, chalk, pen-marks and spilled drinks aren't going to send you into orbit. If you encourage small children, and the animals who invariably follow them, to come into your domain, then make them welcome. That's what we mean by a casual atmosphere. And if your teen-agers use it as club headquarters, at least you'll be able to keep track of where they are! Even a large table near enough to the central kitchen draws people naturally together, and still keeps the family cook in on everything. If you feel your kitchen is too shy on looks to become the center of attention, then shine it up in time for the holidays, with a whole-
family project. M decorating chores basis of individual ity. True, it may not looking as thou town's leading de has just left, but the be saving money complishing somet gether that's gay warding.

If yours is lik American families, have more offspri available bedrooms the course . . . at le shared bedroo houses two childr squabble constant who's responsible perennial disorder. declare a family div promote family pea can or two of doselves paint, a seedivider to mark bou and bright, easy-c bedspreads and ca will make the she proud of their "nev it will become the Face-lift their ba with wipe-clean pa match the new scheme . . . they'l suite they really d and you'll get to us ing room to entert own friends again!

Let's open up to ple dearest to us. sense of individual sibility in maintai the family's effor make our house "open" to friend ages. Make them t of houses that were given a millio tomorrow wouldn't want to le



# ching 

Hopefully, the resemblance between you and your daughter is not only physical, but emotional as well. We hope that you're generally on the same wave length, even though she may suffer from hostile growing pains from time to time. We also hope that you're taking full advantage of that very special relationship that a close mother and daughter share. The really with-it mother of today can learn a lot from her daughter, who's been exposed to much more in her young life than mother ever was at her age. And by the same token, if mother's current wisdom and experience can be imparted without preaching, then daughter benefits in the happiest possible way. Remember that most of her good habits and traditions are taught by you. You didn't learn how to set a table, to appreciate the value of a dollar, or how to apply lipstick
. all by yourself! And she can't either, unless you lead the way. Besides the routine day-to-day basics, there are so many interesting, informative things you two can do together. Perhaps the two of you are already sharing some of our ideas, but maybe you'll find an extra dimension here that will spark some interest for you both.

Every woman, regardless of age, wants to look simply terrific. But there isn't a woman on the face of the earth who doesn't think she needs help somewhere! Don't neglect to keep passing along good solid beauty and health information, even though
your daughter may be momentarily sure her liberated attitudes are all she really needs! No matter "where we're at," we all still have enormous self-esteem and pride. So start out by taking a good long look in that mirror yourself-and see if the example you're setting is șnappy or just plain sad.

Do you exercise, and keep fit in general? Obviously, the younger you are when you start any regimen
the better. But a healthy body can be maintained at any age, so if yours needs work... start now and show daughter that it's never too late. Is there an exercise salon in your town? If there

is, enroll in a class. If once-a-week sessions are all your time and pocketbook will handle, that's fine. And in-between, just face up to at-home practice. Get your daughter going with you if you can. She may feel that her young lifestyle activities give her all the exercise she needs. But since most of us can't swim all year round, for example, and that's one of the most effective forms of exercise there is, then whatever
she's doing may be a lot of fun, but not wholly beneficial. Since misery loves company, you can groan together! Remember that you will be stretching muscles that "haven't" for a long time. If going to an exercise salon is totally out of the question for you, a good alternative might be to buy one of the many great books on the subject that zeroes in on your body's specific problems. Please browse before buying! Some books show exercises you can do without using any kind of exercise tools. Others will suggest simple mechanical aids, easy to find in any of the large chain stores right in your own area. There are inexpensive contraptions that tone, stretch and give you a good overall workout, even if it's just for twenty minutes a day. And as far as working out at home is concerned, nothing beats old standby touching your toes ten times. Don't forget brisk walking, either -an extra mile a day can drop a pound a month, and while you're firming up, your heart and lungs are all the happier for it. It's not just whipping your body back into shape that's the major problem-it's keeping it there.

Not every mother and daughter duo can afford weekly trips to the hairdresser. If you can ... great.

There is nothing quit the luxury and relax that comes from b fussed over and pamp But all this costs $m$ and time, so save Pierre for the times you and your daughter ply can't live without And we don't mean jus frothy hairdos. They're Go when you both that important blunt tri snappy, youthful short cut, or occasional hair oring that involves a do chemical process. step at-home color tr are great. And today or the best shampoo-in o brands even comes wi double dose of protei keep your hair shiny natural looking. So y color is cared for, yo both at home, and your needs perking up; r what? Begin by using right shampoos and cor tioners, and use them ten. No matter what type hair you both have, a $n$ shampoo is always be Research has come upv others that appear to wonderful instant things hair-but for simple, $f$ quent cleansing . . . milc marvelous. And wh you've scrubbed until yo scalp tingles, then rin: rinse, and rinse aga Now, add shine, body a health to your hair with conditioner... at least on a week. Pick a creme rin if you need some shine al smoothness-and that sp cifically adds body if tha a problem. Body builde are really created with th or baby fine hair in min they help to make hair loo fuller, more luxuriant. If yo feel you never get your ha squeaky clean on you own, then ask your daugh ter to help you. Young gir are really experts at th kind of thing and you ca return the favor! Of course when it comes to scissors they panic. A smidge take off their waist-length lock looms as a major disaster But do pass this along to

## Fieldcrest Blankets and Karastan Carpets of Creslan.



## They make it a very special room to share.

hese are the blankets and carpets that make a room a very cial room to share. These are the blankets and carpets of slan ${ }^{\circledR}$ acrylic fiber.
he easy-to-care for blankets are Patience Rose, part of Fieldcrest American Treasures Collection. These Ameria designs were inspired by handcrafted quilts on display he Smithsonian Institution. Because they so uniquely blend American past with modern accents, these Fieldcrest akets always lend the finishing touch to any room.

Of course, a carpet special enough to go in this room has to be Karastan. This bulky loop textured Berbereau collection comes in fascinating natural yarn colors. You can see the strong Berber influence in its earth-tone look and subtle, geometric pattern. The home-spun, hand loomed feeling makes any room a very warm, inviting one to share.

Rooms to share. Rooms of Fieldcrest blankets and Karastan carpets of Creslan
acrylic fiber. Creslan is the registered trademark of American Cyanamid Company for acrylic fiber.


# Give them gifts of Acrylite for a Merry Christmas... 

Home furnishings fashioned in ACRYLITE* acrylic sheet. Beautiful. Contemporary. Perfectly at home in today's decorator houses.
Consider the material. ACRYLITE. For years it's been the preferred safety glazing for storm windows and doors.
Now, ACRYLITE comes in from the cold. With all the beauty of glass and none of the drawbacks. ACRYLITE won't break, shatter or crack like glass does. It's far easier to work with, cuts easily with a fine tooth saw, lends itself handsomely to a whole world of fascinating designs. Remember-ACRYLITE is safer than glass because it won't break, shatter or crack under most circumstances. Little wonder that manufacturers of fine furniture (and do-ityourselfers) are increasingly using ACRYLITE to expand the beauty and safety of home furnishings. In chairs, tables, food servers, Nine racks, flower pedestals, lamps, bookcases, picture frames, lower vases, magazine racks. In all the pieces shown here and nany others.
f you'd like to know where to buy furniture and accessories of CRYLITE, write to: American Cyanamid Company, Acrylite Sheet Dept., Wayne, N. J. 07470 . Or, if you're the handyman (or Ms.) in he family, your nearest ACRYLITE distributor (see list below), vill be glad to tell you where you can buy ACRYLITE acrylic sheet. 3e sure to request a copy of our brochure, "Working with Acrylite".

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# and a safer New Year. 

your daughter for the sake of her hair's well-being: hair grows about half an inch a month, and a little more in the summer; if you don't trim tired old hair off, you wind up with damaged hair that's brittle and sports split ends. So every six to eight weeks, go off together, for a good trim or cut.

If hair is universally women's biggest problem, then skin is number two. Having lovely skin and keeping it that way couldn't be more simple. There are two magic words that work miracles. Cleansing and moisturizing. It doesn't matter a whit if you're proor anti-soap. Just use whatever agent you like . . . and use it often. If you and your daughter keep pores unclogged, by constant, thorough cleansing, you won't have blemishes, and she'll
hair. A natural bristle brush, for deep-cleansing face scrubbing. Plastic covered rubber bands that won't tear hair that's ponytailed. Pocket or paperback books on beauty tips-she may read them in private, but she'll read them! One more thought-don't forget to give her the confidence of feeling beautiful-tuck in cologne, bath crystals, dusting powder. You can find them all in a fresh and pretty scent even you will love!

Should both you and your daughter be pretty savvy in the health and beauty field, then ask for her expert and alwayshonest eye in the fashion field. She can be your best critic-and save you dollars. If you just love the way you look in the plaid pants suit you're considering . . . have

> You can teach your daughter the responsibility of sharing good fortune with those who have less.'
get rid of the excess oil so many younger women generate. Apply moisturizer as often as you think you need it. Women in hot, dry climates should re-apply a rich moisturizer throughout the day. And everyone needs a good lubricant around the tender eye area. Think in terms of your skin being thirsty, and a moisturizer as the watering agent. Use a cream, an oil, or a lotion. It doesn't matter which, as long as your favorite works for you. If your daughter has average or dry skin, pass along your choice of beauty aids to her so that she will get into the habit now. Help her preserve that "once only" young, natural loveliness. Stuff her stocking this Christmas with inexpensive grooming helps that she might not think of buying herself. Vitamins A, D, and E-all good for the skin and
her take a peek. She might suggest a vertical stripe that's newsier, and really slims you down. Your best friend might not tell you, but your daughter will. The same holds true in the field

> "Enjoy every minute of your daughter right now. usually she will turn out to be your best friend."

of the arts. Not only is it fun to make a trip to your local museum with her, but here again, that natural, truly open young eye can spot things we so-called sophisticates often miss. And don't ever buy crafts without her being there. She can tell you what you should buy versus what you can make yourself.

Having a party? Plan the menu together, and share the cooking, decorating, and, by all means . . . the clean-up! Recently, one young miss we know created envy among her mother's friends by making simple but innovative party favors. And they doubled in brass as flowers too! She bought small, inexpensive clay pots and sprayed them with red lacquer. Each pot had an individual arrangement of parsley, herbs and dried wild flowers. Every guest hungrily eyed them, and loved discovering they were theirs for the taking home, after the party.

Do you have one favorite charity you devote yourself to? That's where you can teach your daughter the responsibility of sharing good fortune with those who have less. Take her with you to as many charitable functions as you can. The spirit can be infectious after a while. Let her work behind the scenes at your next fashion show. Let her work with you at the hospital when you're holding down the fort at its library. Let her bake her favorite cookies for the next church food sale. She'll love it, you'll see.

She'll be learning, too, about the kind of inner beauty that comes from thoughtfulness and consideration of others. En-

courage her to recognize parental sacrifice right at home-and make her own effort to ease the burden. Like working to help contribute towards some of the things she wants mosteven in small portion! There's everything from baby-sitting to Saturday clerking for her small wants -and then there are the big opportunities that abound, if you encourage her to look around. Case in point: scholarship grants, like the marvelous one the winner of the annual Junior Miss Pageant gets-not to mention all the wonderful experiences she'll benefit from as an entrant, on her way to the top.

Teach your beautiful daughter how to become a beautiful woman. And enjoy every minute of her right now. It can be joyous time spent . . . because, usually, she will turn out to be your best friend.


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"Beautiful Ftair Breck CremeRinse.

## Monatí

A whole lot. And it involves us all. So how about expanding your family's strong sense of commitment to include others. Starting right now, while the beauty of Christmas shared with your own can spread to the habit of growing all around. First, you have to begin with ideas. Then you have to know how to follow through. Finally, you and your own personal task force have to roll up your sleeves . . . and just do it!

More than ever, we're all sensing the urgency of getting involved. People are plunging into action everywhere. Small town, suburb or big city, there's much that takes doing. And what's more, you, plus a lot more of you, can do an incredible amount of good. So don't wait for "the others" to take care of your community problems. Join them-and let's all come up with some action-filled ideas so that we can "give where we live."

Haven't you ever raged over a story in your local newspaper? Been frustrated becausesomething's happening that you really care a lot about, but don't know how to deal with? Well, get into the habit right now of writing. The power of pen to paper is really awesome. It may be exasperating to constantly write to your newspaper editor, Mayor, Congressman, Senator or whomever. You may feel like a voice in the wilderness. But not if you get your family, your neighbors, and your friends to help. Get on the telephone and ask everyone you know
to write and express their views. Remember that the same thing that's going to cause an intrusion in your life, is certainly going to affect others. If you're not happy with plans for the new freeway, write! If your favorite park is being encroached upon, write. Are your ancient shade trees coming down for any reason other than ill health?
the block or neighborhood association. This kind of organized effort has worked wonders in, of all places, New York City. Although you might consider New York the last place in the world for people-topeople movements . . . not so. Small block associations abound in the city, particularly because of its massive urban renewal programs that bring troops of young, aware families into areas ripe for renovation. And block groups can move mountains. They have street fairs, musicals, and open-house block parties in order to raise money to beautify their blocks. Shade trees get planted, sidewalk boxes filled with ivy, City Hall even gets pe-

## 'Don't wait for 'the others' to take care of your community problems."

That's worth a picture sent to your paper. Don't forget, too, that you can "fight city hall!" The people you elect are swayed by your mail: lots of quotes from important people in Washington prove the point. And with the fresh spirit of openness engendered by our new President, now more than ever you can count on your voice being heard.

A really strong collective force making itself felt is
titioned for new, modern street lights. To insure safety, dialogues are set up with local police precincts that really want and need to know more about individual problems. It all works -and it can work in a small community as well as in a large one.

Are you proud of the way Main Street in your town looks? The one that not only you always see, but that visitors are most often

exposed to. Sit up, take notice, and decide right now if you like what meets the eye. If not, enlist volunteers to handsome it up. The local Garden Club can ask their favorite nursery to donate trees or shrubs. The Girl and Boy Scouts can run a clean-up campaign. Have a "paint-out" and get local food shops to supply refreshments. Have teenagers wash cars one Saturday to raise money for shiny new "rest-awhile" benches. Brightening up is good for the spirit any time of the year.

Many of you already give valued time to one of your local hospitals. But more often than not, the veterans' hospital gets overlooked. Some of the patients there have been confined for years. Some have families who for one reason or another may be able to make only rare visits. Why don't you.... armed with old books, that second Monopoly set, up-to-date magazines . . . visit there as regularly as you can. Bringing things that will help patients pass the time away is marvelous, but don't forget the fresh garden flowers, home baked treats, and hand-crafted gifts that will showyourgenuine concern.

Are there some once-well-loved, but now forlorn, toys and games hidden away in your attic? Don't throw them away without checking with your fire department. Usually, they'll be patched, painted, and mended into top shape there. Come Christmas they'll be distributed to needy children. If your gifts are almost perfect, you can wrap and tag them yourself. Just specify which sex each gift is right for, and which age group. Do call first to find out where and when they should be delivered.

Naturally, Christmas is the most special time of the year where children are concerned. They're more

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Vanitory: Fire Agate, 820, and Gunstock Walnut, 492. Walls: Spring Pastorale, 697.

delightful to watch than ever, and they seem to spread their infectious holiday joy to all of us. If there is an orphanage in your area, why don't you form a choral group, visit, and serenade with carols. We all know the old Christmas favorites, and it's not the quality . . . but the heart you put into them that counts.
P.A.L.-the Police Athletic League, always needs men to spend time with fatherless boys. This can be a delight for the father blessed only with daughters, who's just itching for an enthusiastic companion for a Sunday football game. Time spent like this with an understanding man can make a world of difference to an adolescent boy going through difficult years without solid male guidance. Call your local police station to see if they have a P.A.L. chapter.

How about enriching your family by inviting a
foreign student to visit for a month? We know one woman with five sons of her own who's doing just that over the holidays, on the theory of "what possible difference could one more make?" Heroic indeed, but there is a mutual plus here. The young gentleman is from Spain, and hopefully, language lessons will work both ways! Your local schools and colleges can direct you-and you'll get a picture and profile of your guest in advance, so you won't be welcoming a total stranger.

However we choose to reach out to others, for each of us it will be an enormously personal decision. But for all of us together, it will awaken our awareness that what's going on out there is our responsibilityand our great opportunity to contribute towards a better, broader life for ourselves and our children.


What with thinking and planning for others, have you saved any time to satisfy your own yearning for a relaxed yet elegant Christmas? Year after year, we tell ourselves that advance preparation is the key, but an unharried Christmas seems always to become the impossible dream.

Not this year, though. Not if you start right now, and carry through with the "early organized list"' method. And "list" is the key-for everything from Christmas cards to marvelous party planning. Begin with a pair of helpers that will see you through to the best of Christmases
big blackboard and a little black book.

Get your blackboard up somewhere in the kitchen, where you can't miss seeing it every time you make a move. List everything from reminders to appointments on it-it'll save you from the wear and tear of much of the family watchdogging! Rule out erasures except upon completion of each task; space alone will spark you to the finish line.

Outside of the kitchen, it's the little black book. Crammed with names, addresses, telephone numbers and vital statistics, it's your Christmas card list, your insurance against forgetting that nice lady who

returned your wandering Siamese, and your saviour when you see just the right present that you could snap up in a minute for cousin Charles-if only you could remember his size! Keep it updated, and keep it with you wherever you go-it'll help you make every spare minute count.

Christmas cards and presents out of the way? Zoom in on what's going to go on at home, and get everything lined up and at the ready. Remember, you can't expect your florist to have every fresh flower you need if you frantically call on December 23rd. Pick your holiday color scheme in advance-make a thorough list, too much rather than too little, and phone in your order by the middle of

## December.

If you have lots of entertaining to do over the holidays, buy your spirits well in advance . . . and buy by the case if possible. Check with your wine shop specialist to see what fine wines he may have specially priced for the holidays. And don't overlook a special bottle of fine brandy, that traditional after-Christmas-dinner treat.

Hopefully, you can buy the ingredients for freezable food right after you plan your menus-and the earlier the better on that score. Gingerbread dough, hors d'oeuvres, casseroles and sauces all take well to your freezer. Buy all your bottled and canned goods
early and tuck them away. Leave an order for your big bird, and that special ham that's your claim to fame. Investigate your friendly bakery-however well organized, you may not be able to get to the cream cakes!

Don't wait till the last minute to pick out your tree. You know as well as we do that the full, perfectly shaped trees are gobbled up first. Buy yours early and preserve its natural moisture by terrace or back yard means, or a bucket of sugared water. And do check in advance to see if you'll have to replace any of last year's ornaments; pay particular attention to your tree lights.

If you don't have cleaning help ordinarily, treat yourself at this time of year. Call an agency and cheerily pay the piper to make your house gleam. You may be in control of the everyday chores, but polishing silver, handwashing fine china and crystal, are definitely time and energy consumers that add nothing but exhaustion to your efforts.

Now-how about you? You've been so cleverly organized, you deserve the very best. We wish you pampering, naps, facials, clouds of perfume, the chicest makeup, the snappiest hairdo, the shinies manicure, the smoothest body, and above all... your most beautiful Christmas.

## Long before Wild Meadow was a cologne it was my farorite fragrance.



## BRECK GIRL

Karen Morris is 1974's Junior Miss.
The "Beauty of Christmas Shared" booklet has featured Karen and her family.
They, and we at Breck, wish you a beautiful Christmas


## A great 4mericam ilea

Situated on Ocean Drive at King's Beach, on a point just beyond public fishing grounds, is Alexander Liberman "Argo," 1974, of painted steel, lent by the Andre Emmerich Gallery, New York.

## Sculpture out in the open

## A WHOLE TOWN USES

 ITS SPACES FOR AN EXHIBITION OF 54 SCULPTURES, "MONUMENTA," AN INSPIRATION foi cities
## across america

## BY PATRICIA CORBIN

Beautiful Newport, traditionally steeped in the 18th- and 19th-century heritage, might seem to be one of the last places to sponsor a sizable exhibition of 20th-century monumental outdoor sculpture. Yet the elegant New England Colonial houses, bustling harbors, formal mansions, and wild rocky shores are visually compatible, and quite fittingly, the city leaders felt it was time to add modern art to Newport's already unique ensemble of architecture and scenic land areas.
When the large-scale sculptures, stamped with the look of the industrial age, were uncrated on Newport's shores and sites, a lot of the townspeople flamed with indignation. ("How long is this going to spoil the view?") But, characteristically, as time went by, they became proud of having an
international show as part of their environment. For the future, Newport is planning another outdoor art exhibition for the Bicentennial birthday, and even talking of commissioning artists to do new works for the celebration.
William A. Crimmins, president of the Monumenta project, began his idea with a strong conviction: that sculpture in public places, free and open to all, encourages the sensibilities. "All during the show, all over town, people came to see, to touch, to take pictures, and they went away with a new perspective and a new thought." The art-in-depth scene included fifty-four pieces by forty artists. It was a concert experience, allowing the young, not-so-wellknown artists to exhibit along with the established stars.
How did a whole town open its spaces to Monumenta? Mr. Crimmins says, "First, there had to be permission to use the territories needed for sites. We asked the Department of Natural Resources for the state's properties, The Preservation Society of Newport County for the use of its lawns, the Mayor for the downtown plazas and malls. Everyone was immediately enthusiastic about the proj-ect-having 20 th-century sculp-
ture in old Newport was a great idea for boosting the town, and coming at the end of summer, a great way to extend the tourist season.
After securing a grant from the Visual Arts Program of the National Endowment of the Arts, and soliciting private monies, Mr. Crimmins contacted Professor Sam Hunter of Princeton University, well-known art critic and former


Above: Placed on a spacious lawn off Bellevue Avenue, with the
Preservation Society's mansion, The Elms, in the background, is David Smith's "Windtotem," 1962, in stainless steel, lent by the Estate of the artist, courtesy of Knoedler Contemporary Art, and Lawrence Rubin, New York. Left: Just on the curve as Ocean Drive sweeps around to Brenton Point is Claes Oldenburg's "Geometric Mouse, Scale X," 1971, of painted
Cor-ten steel, lent by the artist and Lippincott Inc.; North Haven, Conn.

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SCULPTURE continued from page 39
museum director, to guide the project. Professor Hunter conceived the exhibition with two primary objectives in mind, "to match sculpture and site and to provide a balanced reading of large-scale sculpture today in a variety of mediums." Because of the nature of the show, artists, galleries, and private owners were happy to cooperate in lending their works. The major costs for the exhibition were the transportation, installation, insurance, and security charges.
Six months after inception of the idea, the exhibition opened. The colossi were placed in the bigger spaces around Ocean Drive; smaller works went into the town's malls and plazas, harbors and wharf sites, and onto the manicured gardens of The Elms and Château-Sur-Mer, two of The Preservation Society's mansions.

Many of the artists came themselves to Newport to work assembling their pieces, to see that their art "sat right" with the earth and sky, "felt right" with the surrounding air. And their helpers, who were the truckers, the cement makers, the landscape men, crane operators, and laborers, were perhaps the first townspeople to appreciate Monumenta. The exhibition ended as a community involvement that resulted in a new public park on the ocean, a project for a permanent sculpture garden, and a future plan for the bicentennial celebration. There is a handsome Monumenta catalogue on the event, edited by Professor Hunter, that includes an introduction by W. A. Crimmins, along with pictures of the works as well as interviews with the artists; $\$ 4.60$ from Monumenta, Box 163, Newport, R.I. 02840 .


## Artists participating in Monumenta

Karel Appel Alexander Calder Anthony Caro John Chamberlain Christo<br>Willem de Kooning Kosso Eloul Herbert Ferber Richard Fleischner Peter Gourfain Robert Grosvenor Brower Hatcher Anne Healy Barbara Hepworth Robert Indiana Lila Katzen William King Lyman Kipp George Kuchn Alexander Liberman<br>Clement Meadmore<br>Henry Moore<br>Robert Murray<br>Barnett Newman<br>Louise Nevelson<br>Claes Oldenburg Jules Olitski<br>Arnaldo Pomodoro<br>Salvatore Romano<br>James Rosati<br>Bernard Rosenthal<br>George Rickey<br>Lucas Samaras<br>David Smith<br>Tony Smith<br>George Sugarman<br>Hugh Townley<br>Paul von Ringelheim<br>Isaac Witkin<br>James Wolfe



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# Goebel 

A superb evocation of the true spirit of Christmas, this exquisite porcelain figurine group of the Holy Family and its companion Pewter plaque are creations of one of collectors' favored artists, Janet Robson

## Flight Into Egypt




1 The "Minipimer"-a hand-held, three-speed versatile appliance that mixes, blends, chops, purées. Comes with three attachments,
three plastic cups; mounts on wall for easy storage. By Braun, about $\$ 48$ at Bloomingdale's. 2 Five-foot-high étagère with three adjustable shelves, two 20 -watt VitaLite lamps for each. In walnut woodgrain, white, yellow, burnt orange. By Fleco, $\$ 110$ at Bloomingdale's. $\mathbf{3}$ Another étagère, this time of glistening chrome steel. 54 inches high, pyramid-shaped with bottom tier 12 inches wide, top 6 . $\$ 35$ at Hammacher Schlemmer. 4 Nostalgia in the form of an oldfashioned schoolroom slate. It's usable on both sides; $8 \frac{1}{2}$ by 11 bordered with wood and hangable. $\$ 1.50$ at Lawrence Maloney. 5 Cordless drill powered with overnight-rechargeable batteries.

Plenty powerful but weighs less than 2 pounds for easy maneuverability. By Rockwell International, $\$ 27$ at hardware stores. 6 Glass wine funnel with curved spout so wine pours down sides of decanter, allowing more oxygen to come in contact with wine and thus releasing full aroma and flavor. 6 inches long, $3 \%$-inch diameter. \$6 at Williams-Sonoma. 7 To get your catch quickly into the frying pan-knives for cleaning, boning, filleting fish. Stainless steel with nonslip Armorhide surface on handles. Complete with leather scabbard to slip onto a belt. By Gerber, $\$ 9.95$ to $\$ 13.95$ at Marshall Field. 8 A real tottickler, roller skates adorned with

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## STORE DIRECTORY

## continued from page 22

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\& vice versa, 929 Third Ave., New York, N.Y. 10022
valley crafts, 168 Rainbow Lane, P.O. Box 99, Cary, Ill. 60013
williams-sonoma, 576 Sutter St., San Francisco, Cal. 94102
woodward \& lothrop, 11 \& F Sts., Washington, D.C. 20013 포


In this special House Gift section, you'll find many practical, sure-toplease ideas for a gift for your house, most of them on display at your local hardware/housewares store.
Your hardware/housewares NRHA merchant is ready to help you with your Christmas shopping. Because he's a neighbor, an independent businessman and a member of the National Retail Hardware Association, you know that he stands behind the merchandise he sells.

In addition to the suggestions shown here, you'll find hundreds of other gift ideas-toys and games, lawn and garden equipment, sporting goods, glassware, dinnerware, stainless steel flatware, vases and accessories, tools, candlesticks-all kinds of ideas.

## Let your local hardware/housewares store help you make your Christmas even more exciting.

# Bring Home A Holiday House Gift <br> for everyone on your shopping list from one of 

these fine hardware/ housewares stores right in your own area. They are headquarters for all the famous
brands gift merchandise shown in the preceding booklet, prepared for your shopping convenience by the National Retail Hardware Association.

## 

ARIZONA

## ARKANSAS <br> Apache Benton Bradley Camden ..... Clinton Conway El Dorado Lillet

 Gillett. Hot Springs .......Oaklawn True Hardware CoHitte Rock
 Pine Bluff ...... Matthews Ace Hardware
Searce Sheridan … Smith Vaughan TV Hardw Warren ......... Hurley Hardware \& Furniture

Wynne CALIFORNIA (NORTH) | Alamo |
| :--- |
| Castro Vatley |
| Ci...............emp Hardware | Cupertino .... Timberjack's TV Hame Center

Davis
Davis Ace Hardware \& Lumber Davis ..... Davis Ace Hardware \& Lumber
Dublin .......The Workbench TV Hardware
Esparte



 North Shore Hardware
Lindsay
Lodi
Menlo Park
 M. Shasta
Nevada City Newman
Oakland ............. Cobb
Oroville
 Sacramento ..
St. Helena ....
Salinas .......
St.
Salin
Sin
 San Leandro ......... San Martin Country Store
San Martin
San Rafael .................. Burt Capel Co. Santa Cruz .... Santa Cruz Lumber, Home \&
Garden Certers
Santa Cruz Hardware Sonora .................................................err's
Stockton ........... Mendo Mill \& Lumber Co.
Ukiah ......... CALIFORNIA (SOUTH) Bakersfield ............................... Hostetler's Banning .....................anning Hardware
Bellflower ..... DeJong \& Sons TV Hardware Bell Gardens.. Eastern True Value Hardware Glendale ....... Virgil's Glendale Hardware Hawthorne ..............United Hardware Inc.
Hermosa Beach Hermosa Beach ..Arnold's Hardware \& Gift
Inglewood ............. Brizzolara Hardware La Habre ................ Bre True Value Hardware Loma Linda ............ Loma Linda Hardware Lompoc Angeles................ Maore's Dept. Store
Rafts Ace Hardware
Maywood Needies .............Claypool TV Hardware
Newhatl ... Anawalt Lumber North Holiywood ......... Anawalt Lumber \& Norwaik ..... Harold \& Chucks MV Hardware Ontario ........................ Armew \& H Hardware
Orange
0xnard
Parderd Palos Verdes .... Rea's True Value Hardware
Riverside San Clemente
San Fernando ..... Denault's TV Hardware
Santa Anan Fernando Hardware Santa Ana ............. Griffin TV Hardware
South Gate ...... ABC True Value Hardware
Tehachapi Yorba Linda ................ Arrow TV Hardware COLORADO
Aurora ....... Big Tool Box TV Home Center
Cedaredge ........ Thunder Mt. Hardware Colorado Springs .... Brookhart TV Hardware Cortez...............................$~ S l a v e n s ~ T r u e ~ V a l u e ~$
 Eads
Fort Collins .. Tolivers True Value Hardware

Grand Junction_...The Denning Lumber Co.
Lilltrest Plaza Hardware \& Gifts
Loveland



Hampton ........ Hampton Dist. \& Hardware Hawkeye ............. Bobie Hdwe. \& Electric
Humboldt......... Humboldt OK Hardware
Ida Grove Indianola ............... McCoy Hardware Inc.
Iowa City ..... Lenoch \& Cilek TV Hardware Jefferson ................. Dick \& Jims Hardware
Jewell
 Logan
Lowden ............. Olsen Appliance \& Hardware
Madrid ..................... Lucad Hardware
 Maquoketa $\quad$ Ringlep Hardware Co
Marion ............ True Value Farm \& Home Stores Marnego ................... Brown TV Hardware
Mason City
Mechatien Ace Hardware Mechanicsville........................ Hardware
Mediapolis ..... Kines True Value Hardware Mediapolis ...... Klines True Value Hardware
Monona
Muscatine ....................... Evans Hardware Nevada .................... Reentholm Hardware
New Hampton ....... Schueth Ace Hardware New Hampton ........ Schueth Ace Hardware
New Hartford Oelturin
Petry
Pe................ O'Hara TV Hardware
 Reinbeck
Rock Rapids..........leys True Value Hardware
Vans OK Hardware Rowley ..... Boelters Appliance \& Hardware
Sioux City ................nnson Hardware Inc. Swabedale ......... Eddy True Value Hardware
 Wapello ..................Patricks TV Hardware Washington Connelly True Value Hardware
Webster City...... Parkhurst Hardware Co.
Woodward

## KANSAS


Great Bend ................. Martin Jaeger, Inc.
TV Hardware
Sentry Hardware
A. C. Electric

| Hutchinson... | A. \& M. Hardware Davis Lumber \& Building Center |
| :---: | :---: |
|  | Renos Ace Hardware |
|  |  |
| Independence ....... Sayers Ace Hardware Inc.Tola ................... Shannon Hardware |  |
| Larned ..................... A. A. Doerr Merc. Co. |  |
|  |  |
| Lawrence ................. Ernst \& Son Hardware |  |
|  |  |
| Leawood ......... Ranch Mart Ace Hardware |  |
|  |  |
| Liberal ................... Chaffin TV Hardware |  |
| Mentor ...................... Johnsons Hardware |  |
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| Newtone .......- Lars Grbers Ace Hamber |  |
| Brownback Hardwar |  |


| Fiorissant Fulton |  |
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|  | Gambles |
| Gladstone Kramer HWI Hardware \#10181 |  |
| Grandview | y ................... Pugh Hardware |
|  | .............. Midland TV Hardware |
| Hermann | Hermann Lumber Co. 636T |
| 111 mo | Ace Home Center |
| Independence | ice ......... Midland TV Hardware |
|  | Plaza Hardware, Inc. |
|  | Raveill TV Hardware |
| Jasper | Webb Hardware |
| Jefferson City | City ....... Eikens Sentry Hardware |
|  | Walz TV Hardware |
| Joplin... | , .a.... Carisons TV Hardware |
|  | Pearl Bros. True Value Hardware |
|  | Farm Supply Co. Inc. |
| Lebanon <br> Linn | Knollmeyer, Inc. |
| Lockwood | Otasco Lockwood Hardwa |
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|  | Home Improvement Center |
| :---: | :---: |
| Coos Bay | Farr's |
| Coquille | Farr's |
| Dallas | Guy's TV Hardware |
| Enterprise | Weaver Hardware |
| Forest Grove | Millers Ace Hardware |
| Grants Pass | Rogue River TV Hardware |
| Independence | Town \& Country True Value |
| Medford | Acme True Vatue Hardware Hubbard's Ace Hardware |
| Ontario | Kinney Brothers \& Keele TV |
|  | Hardware |
| endieton |  |
| Roseburg | Farm Bureau TV Exchange |
| St. Helens |  |
| The Dalles | Mauser's |
| Waldport | 's TV |
| Woodburn | odburn TV Hardware |
|  | \& Home Cer |

SOUTH DAKOTA Barber Hardware


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| :---: | :---: |
| Gretna ............. | ................ Ace Hardware |
| Houma ..................... Davidson Hardware |  |
| Lecompte .... Lecompte True Value Hardware |  |
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| Many -..................eorg Boyens |  |
| Minden ............ Temple Hardware Co. |  |
|  |  |
| New Orleans ........ Harry Ace Hardware |  |
| Oak Grove .............. Thompson Hardware \& |  |
| Furniture Inc. |  |
| Plaquemine | A. Witert Sons |
| Ruston ........... Ruston Hardware Co., Inc. |  |
| St. Francisville .......... Rinaudo TV Family |  |
| Winnsboro ...... | Home Center |


| Sullivan | Wallys True Value Hardware |
| :---: | :---: |
| Thayer | Ace Hardware |
| University City | Smith Hardware |
| Warson Woods. | .. True Value Hardware Mart |
| Washington | -.... Wehmueller Hardware |
| Waverly | Frank Riley \& Son |


| Bellaire | Kelly's Ace Hardware |
| :---: | :---: |
| Brenham Canton | E. A. Mickan Hardware |
|  | Eubank Brothers True Value |
|  |  |
| Center Clarendon | Payne-Payne |
| Clarendon .............................. Henson's |  |
|  |  |
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| Cushing Cushing Hardware \& Furniture Co. |  |
| Daingerfield .................. Invin Hardware |  |
| Dallas .............. C \& S TV Hardware |  |
|  |  |
|  | Elliott's TV Hardware |
|  | dop True Va |
|  | L. J. Sharp TV Hardware |
| Decatur | Western Auto Store |

## Kahului Wahiawa W................................ \& Hardware

MINNESOTA True Value Hardware

\section*{| Bagley | ......... H. Peterson Hardware Co, |
| :--- | :--- |
| Blaine |  |
| Bloomington | Hardware Hank |}




## Jasper Lakeville...............................ehn OK Hardware Hardware



Gordys Hardware
Horner TV Hardware Harris OK Hardware
Settergren Hardware \& Variety Settergren Hardware \& Variety
Minnetonka .... Kremers True Value Hardware
Mitchell ..................enune TV Hardware
Mora
Morris ................... Varnume Ace Hardware
Mardware


St. Cloud .... St. Cloud True Value Hardware
St. Paul .............. Cliffs Hardware Hank
Hegerle OK Hardware

| J. |  |
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| Theif River Falls .............. Ace Hardw |  |
|  | Rignell Ace |
| Waconia ................ Waconia OK Ha |  |
| White Bear Lake .... Wildwood OK HardwareWindom ................. Wynne Hardware |  |
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| Winona -............ R. D. Cone Ace Hardwar |  |
| Worthington ....................... Rickbeils, Inc. |  |
| MISSOURI |  |
| Campbell $\qquad$ Rice Hardware \& Furniture Cape Girardeau Ueleke True Value Hdwe. Cassville$\qquad$$\qquad$ Lecompte Building Center Columbia .... Schaperkotter True Value Hdwe. Crystal City $\qquad$ Tri-City True Value |  |
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## FOR THE HOUSE

 Tortoise-patterned wicker trays that deserve to be hung on the wall when not being usedround with two handholds flush with the rim, they make light trays or the best-looking "in" and "out" boxes yet. With an inside diameter of 15 inches, $\$ 18$ each; 17 inches, $\$ 19$. The same tortoisy wicker comes in a six-sectioned carrier that packs picnics, stores magazines, organizes half a dozen needlepoint canvases, or delivers six bottles of wine in style. Rectangular, about 13 inches tall with handle. $\$ 27.50$. At Jenny B. Goode.Exquisite miniature presents, handmade paper pillboxes with ribboned sides and lids of pastel grosgrain ribbon, each minutely painted with a single insect like a little jewel. About $1 \mathbb{K}$ inches in diameter, $y_{4}^{3 /}$ tall. All handmade by Carl Federer. $\$ 21.25$ each at Soupçon.

- Candles are Christmasy, seashells summery. Now there's a candle imbedded with seashells that combines both, called "The Sea Lamp." Too pretty to burn-and you don't-it comes with a glass tumbler about 1 inch high and a votive candle inside, that lights up the shells when it burns. Sea blue or sea green, circular or hexagonal. 6 inches tall, 5 across. By Elizabeth Squier. $\$ 17.75$ from The Queen's Museum.

Another shell beauty-a butane lighter that's a Conus Leopardus shell-in various shades from white to dark brown. About $4 \frac{1}{2}$ inches long. From Italy. $\$ 39.25$ from The Horchow Collection.

Perfect for a Victorian love seat, country-in-the-city pillows in maroon and white documentary prints of historic American buildings with a "Log Cabin" patchwork border. Cotton, 16 inches square. $\$ 37$ each, The Gazebo.

More nostalgia, the "Windsor Tea Kettle," of copper lined with tin, with a charming squat shape and wood and copper handle. It whistles and holds 12 cups. From England. $\$ 31$ from Taylor \& Ng.

Crowning touches for a sandwich supper, handpainted china markers for beef, tongue, shrimps, chicken, turkey, pâté, tuna, cheese, egg, ham, tomato, caviar. $\$ 4.75$ for any three from La Cuisinière.
And the tray to serve it ona Michelin map of Paris and environs laminated in water- and al-
cohol-proof plastic. Pale green and white with a red and yellow road network. 14 by 18 inches. $\$ 20$ from Williams-Sonoma.

To give with or without a bottle of wine, a silver-plated winepourer that makes dripless pouring easy. With Neoprene stopper. From Sweden. $\$ 7.40$ from The Horchow Collection.

To help you "wrap up Christmas," a string and tape holder of natural pine that lets you whirl off as much string as you need, turn and tie packages with both hands. From England. 7 inches tall. $\$ 9.75$ from Williams-Sonoma.

## FOIE CHILDIREN

A rocking horse right out of a fairy tale-of cotton stuffed with straw, mounted on a wooden rocker, elaborately embroidered and mirrored with sequins. With beaded bridle and harness with bell. Various combinations of yellow, red, and blue. About 35 inches high. $\$ 65$ plus shipping freight col-lect-about $\$ 10$ east and $\$ 20$ west of the Mississippi. From Sona of India.
"Gorgeous George" just might antiquate the teddy bear-he's a smiling black gorilla with the most furlike "fur" ever, who rests on the backs of his "hands." 25 inches tall. $\$ 32.25$ from Abercrombie \& Fitch.

Imagine plates imprinted with your child's-or your own-art work. Here's a dish-designing kit to take you from start to finish: You draw your designs with the ten special sheets of paper and yellow, blue, red, and green felt tip pens, choose your two favorite designs, and mail them with the certificate for having the plates imprinted and the prepaid envelope. In return you get two imprinted, 10 -inch, dishwasher-safe melamine dishes. Only one dish can be printed from one drawing, and the process can be done only from the paper and pens provided. To receive the finished dishes by December 25 , your two drawings must be postmarked by December 6. The finished dishes can be mailed anywhere in the U.S. "KidDish Originals," $\$ 7.49$ plus postage ( 12 ounces) from Sears. As it's a special Christmas catalogue item (please give \#21N37556 when ordering), it's available only until August 15, 1975.

## An international cookbook

 for children with recipes from forty countries. A winning intro-duction to cooking with instructions on safety, cooking terms, and utensils. Most recipes are very easy -marked with one hand, some just easy (two hands), and a few fullfledged (three hands). Called Many Hands Cooking, by Terry Touff Cooper and Marilyn Ratner, with delightful illustrations by Tony Chen. Spiral bound across the top so it stands up for reading while you're cooking. $\$ 3.75$. For the child who's always making things, Folk Toys Around the World and How to Make Them by Joan Joseph. Instructions for making over twenty toys from an African thumb piano to an intricate Finnish ring puzzle. $\$ 3.75$. "Lingo," a trilingual bingo set marked with delectable-looking foods named in English, French, and Spanish. With four playing boards. \$3. All great-looking and from the United States Committee for UNICEF.

A school lunch pail that takes the cake . . . of white metal appli-quéd-some with patchwork, some with calicos and rickrack, all very pretty. $\$ 17$ from The Gazebo.

When you were six remember putting your tooth under the pillow and finding a shiny coin in the morning? Now there's a little tooth pillow with a pocket painted "My Tooth" in gold. In charming small-scale prints and edged in white eyelet. $31 / 2$ by 6 inches. $\$ 4$ from The Elder Craftsmen.

Or, for the younger still, a turtle footstool of white wood with the child's name painted on the side and a quilted ginghamchecked seat (in red, blue, pink, yellow, or green-please give two choices). Mr. Turtle wears a jaunty beret. It takes 2 weeks to have the name painted on. $\$ 30$. For a baby's first stocking, quilted gingham bibs appliquéd with adorable animals-a cat romping with a ball, a dog jumping through a hoop, a monkey swinging on a ring, a stern lion, a smiling alligator, and two giraffes with woolly necks. $\$ 7.75$ each. All from The Gazebo.

## FOR MIND AND BOIDY

An Elysian cypress-scented candle for Christmas-the famous Rigaud candle, hunter green in a glass cylinder with silvery chrome coaster and lid. 5 inches tall. $\$ 30.75$ (refill only, $\$ 20.75$ ) from Diane Love.
A Christmas work of art to lift your spirits all year long-a Ma-
donna and Child reproduced from an original in the St. Louis Art Museum. 14th-century French simple and naturalistic. Mary looks not more than sixteen, holds a standing Christ child on her knee with great grace. 10 inches tall including wooden base. $\$ 43.50$ from the St. Louis Art Museum.

For the needlepoint person, needlepoint yarn organizer of blue and white batiks in five co ordinating patterns, from Java With four channels to draw you yarns through, pockets for you needles and scissors, navy gros grain ties. $19 / 2$ by $14 / 2$ inches $\$ 21.50$ from Cherchez!.
Christmas sugarplums from Plumbridge Confections \& Gifts a deep rectangular pail, of meta covered in white, pink, and green calico, stocked with three pound of chocolates, spiced pecans French mocha nuts, pastel anc cream mints, and candied fruits 7 by 9 by 5 inches. $\$ 35$ plus post age (5 pounds).

Keep score of time's divers paces with a brass pegboard per petual calendar-a circle of 3 . days and two rows of Roman num erals for the month. With tw jeweled pegs, one red and one green, fixed easel back. $5^{1 / 4}$ by $4^{3}$ inches, $\$ 12.50$ from Diane Love.
A really roomy calendar booh designed for architects and design ers, with information for them, bu that's so well organized you may want one for yourself. Covered in oatmeal fabric, with brown print ing and a brown ribbon to kee! your place. $8 \frac{1}{2}$ by 12 , and it give each week two facing pages. Mad in England. The A4 Architects anc Designers Diary 1975, \$9.95 from Inter/Graph.

Southpaw presents-kitcher utensils, scissors, even needleworl instructions for the left-handed and, to keep in mind for spring and summer, left-handed gol clubs, baseball gloves, and fishins reels. There's a Steam, Spray, anc Dry Iron that's ambidextrous be cause the cord snaps into eithe the right or left side. With see through water gauge, Teflon-coat ed soleplate. By Proctor-Silex $\$ 29.70$ from The Left Hand (cata logue $\$ 1$ creditable on an order)

For men, buttery smooth leath er wallets you couldn't go wrong with-an "index billfold and secre tary," with twelve credit card slot on the inside covers, two inside

Continued on page 6

The perfect gift Christmas after Christmas after Christmas Don Shula says, "I give La-Z-Boy the super-chair award." And La-Z-Boy is ready with a
super Holiday sale for your arm-chair quarterback.Depending on the style you choose, it rocks him, relaxes him, eases him and pleases him with built-in foot rest.See the La-Z-Boy store nearest you and make this Holiday a super La-Z-Boy season at your house

Ny yoon

pockets, a deep currency pocket across the entire width, plus removable vinyl windows for photos. In antiqued lambskin it's $\$ 7$; in calf $\$ 15$ or, lined in leather, $\$ 17$; both in black or brown. By Prince Gardner. For women there's a su-per-looking "Milano" continental clutch in forest green that can take the place of a purse when you go to the store. You can get five other accessories to match, and they also come in saddle tan. By Pierre Cardin for Princess Gardner, $\$ 21$. All at department stores across the country.

Make light work-a canvas briefcase in a zippy geometric print. 16 by 11 inches, it holds file folders and standard legal pads. In red, blue, or green on off-white. With sturdy handles, zipper closure, and inside divider pocket. $\$ 16.50$ from Marblehead Handprints (catalogue 25c).

For backgammon buffs, a classic published by Vanity Fair in 1930: Vanity Fair's Backgammon to Win by Georges Mabardi with Clare Boothe Luce. Terms, opening moves, four basic strategies, odds, "bearing off," and, of course, etiquette. Very readable and practically pocketsize. $\$ 5.50$ from Condé Nast Books. To teach yourself backgammon there's "Autobackgammon" by world champion Tim Holland. Sixty move-by-move games with a special holder that you second-guess with the cardboard board and chips provided (or your own). By Reiss Games. $\$ 15$ at Lord \& Taylor, Burdine's, Robinson's.

A personal present-much appreciated after a long day-"Kingsley" bath brushes in snazzy red and white or red and black stripes. Part forties-back-in-style, part opart. Bath brush ( $\$ 8.50$ ); manicure brush ( $\$ 3.50$ ); and toothbrush, medium or hard bristle ( $\$ 1.50$ ). All with natural boar bristles. By Harry D. Koenig. If your pharmacy doesn't have them, write Harry D. Koenig for stores.

## FOR LDVEIES OF

 THE DUTDDORS A windowsill bird feeder that lets you watch birds without frightening them away-the "Observabird Feeder" with "magic back" of one-way glass, by day a mirror to birds outside, a window to people inside. Adjusts to fit windows 23 to 32 inches wide, and you can clean and refill it from indoors. Of redwood-stained pine, Masonite, fiberglass, and aluminum. $\$ 24.15$ from the Audubon Workshop.An easy-to-assemble lowcost greenhouse for someone just starting out. With fitted cover of vinyl plastic with an ultraviolet inhibitor, a nonrusting aluminum frame. It's just 6 by 4 feet in area and 6 feet, 8 inches tall, has two wooden shelves. Door has a handle and lock. With 4 earth anchors, vinyl screen air vent, assembly hardware, wrench. The Model 1150 is $\$ 139.95$ including United Parcel shipping. An add-on unit (Model 1155) of the same dimensions is available at $\$ 139.95$. By Sun/America and available directly from them.

Greenthumb stocking (or shall I say glove) stuffers-a very Victorian card with five heart-shaped "windows," each with seeds of a different flower-Love-in-a-Mist, Heart's Ease, Forget-me-Not, Love-Lies-Bleeding, and Bachelor's Button. A "sprig" of poetry under each on the front, planting instructions on the back. Called "The Seeds of Love," it's $\$ 3.50$ from Diane Love. An easy way to grow herbs indoors-a hydroponic "Sponge Garden"-you sprinkle the seeds on top of the sponge, keep moist. With sponge and thin plastic planter 5 inches in diameter, seed packet (mustard seed, dill, sweet basil, summer savory, or parsley). About $\$ 1$ each at garden supply departments. Or write Ruskin Sponge for stores near you.
A thoughtful, long-lasting present for a gardener, a year's membership in a plant society. Some possibilities-The American Ivy Society (new this year), $\$ 5$ for an individual; The American Rose Society, $\$ 10.50$ for an individual; The American Iris Society, $\$ 7.50$ for an individual, $\$ 9$ for a family; The Indoor Light Gardening Society of America, $\$ 5$ for an individual; The American Rock Garden Society (for alpines and wildflowers), $\$ 5$ for an individual, $\$ 7$ for a couple; The American Bonsai Society, $\$ 10$ for an individual, $\$ 12$ for a couple; The American Orchid Society, $\$ 15$ for an individual, $\$ 17.50$ for a couple. There's a list of over forty plant societies, plus a great "where to buy it" list and bibliography in the 1974 edition of The Green Thumbook, $\$ 2.95$ from Valley Crafts.

To begin ecology at home, "The Concern Calendar 1975," with tips on conserving energy, choosing the most nutritious foods, even on how to start a recycling center. In brown and blue on recycled paper. $\$ 3.50$ from Concern.

Herschede here

Royal Oak-Dobie Jewelry Traditional Traditional
Warren-George Omelenchuk Sport \& Time Shop
MINN. Arlington - Chime Clock Jewelers
Minneapolis-Dayton's Inc.
St. Paul-Dayton's Inc.
Rochester-Dayton's Inc.
MISS. Jackson-Hardin-Furr Furniture Co.
Southhaven - Eubanks Furniture Co.
MO. Joplin-Newton Jewelers
Kansas City - Thompsons Watch \& Clocks
Kirkwood-Al R Hoemann \& Sons
St. Louis-B-K Furniture Wick Furniture Co.
MONT. Billings-Montague Jewelers Missoula-Wagner's Home Furniture
NEB. Crete-Wanek Furniture Co.
Grand Island-Miller \& Paine Inc.
Lincoln-Miller \& Paine Inc.
Omaha-Chimes In Time
NEV. Las Vegas - Christensen Jewelers Reno-Reno Furniture
N.H. Merrimack-Pilgrim Village

Portsmouth-Margesons
N.J. Camden-J. B. Van Sciver Co,

Glassboro-Massos' Gift \& Clock Shop
Keyport - Kerchners Accent Home Accessories
Maple Shade-Barrons Fine Furniture Northfield-Kensington Furniture \& Carpet Co.
Oradell-Old Timers Clocks \& Watches
Point Pleasant Beach - Johnson's Furn. Mart
Trenton-J. B. Van Sciver Co.
Washington-Fliegaufs Jewelers
N.Y. Hicksville-Clock Craft

Rochester-Monroe Cherry House Furniture
carsdale-Country Manor
Westbury - Fortunoff Inc.
N.D. Fargo-Crescent Jewelers

Minot-I. Keating Inc.
OHIO Cincinnati-The Clock Gallery
Cleveland-John P. Sedlak
Dayton-Rikes
OKLA. Muskogee - Ricketts Piano Co. Oklahoma City - Swiss Clock Shop Tulsa-Royal Lamp
ORE. Medford - Weeks \& Orr Furniture Portland-Alder Street Clock Shop
PENN. Allentown-J. B. Van Sciver Co.
Jenkintown-John Wanamaker
McMurray - House of Robert Hammel Inc.
Philadelphia-John Wanamaker
Pittsburgh - Finleyville Furniture
Sharon-Bolotins
R.I. Providence-Page-Walker Co.
S.D. Hot Springs - Midwest Furniture

Rapid City-Midwest Furniture
Sioux Falls-J. H. Bechtold Inc. Jewelers
TENN. Memphis - Time Square
Nashville-Phillips \& Buttorff
TEX. Beaumont-Georgetown Manor
Dallas - Homestead House Weirs Furniture Village
Houston - Alberto's Watch \& Clock Hospital
Blacks Carriage House
Finkenbiner Clock Haus, Inc.
Midland-Cristianis
San Antonio - Leonard's Colonial Shoppe
Ye Olde Clock Shoppe
UTAH Salt Lake City-Southeast Furniture Mt. Olympus Service Co.
VT. Bennington-Haynes \& Kane Inc.
East Barre-Whitcombs
S. Burlington-Town \& Country Furn.

VA. Fairfax-Miller \& Wrenn
Richmond-Virginia Wayside Furniture
Roanoke - Colony Manor Furniture
Salem-Colony Manor Furniture
Staunton-Herndon House Inc.
WASH.Bellevue - Coopers Maple Shop
Lynnwood-House of Clocks
Spakie-Frederick \& Nelso
Tacoms-Schoenfeld's Fu
W. VA. Bluefield-McQuails Inc.

Wheeling - Posins Jewelers Inc.
WIS. Eau Claire - Baker Jewelry
Fond du Lac-Krail Jewelers
Green Bay - Snider \& Daanen
Kenosha-Pendulum Shop
LASKA
Anchorage - Wolfs Home Furnishings
CAN. Montreal-J. Pascal Hardware Lid.

## Bertha's eyes aren't what they used to be, but she still has the best ear in the clock industry.



An indifferent worker never crafted a masterpiece. That's why Herschede cherishes Bertha Rago. For 32 years now, she has been responsible for the final tuning of the chimes on our grandfather clocks.

The state says her eyes are no longer good enough to drive a car. But listening to the chimes in our test room, she can take pliers in hand and adjust the 99 pins just so.

When she's finished, the tempo and melody of the Herschede chime train are part of the centuries-old tradition of fine timepieces.

Frankly, we trust Bertha's
ear more than we would a computer. You just don't push a $\$ 2700$ clock off an assembly line like a toaster.

Bertha's skill is the final step in the manufacture of the world's finest tubular bell movements. Herschede is still the only American clockmaker which manufactures its movements for tubular bell clocks. While others were


importing their movements from Germany, we grew our own Bertha. Wouldn't you rather own a clock made by a clockmaker than a cabinetmaker?

You can see all of the Herschede clocks, from $\$ 4400$ on down, by sending 50 cents for a color catalogue to the Herschede Hall Clock Company, Starkville, Mississippi 39759. A division of Arnold Industries.


Gold medal winning clocks since 1885

# Spectacular and beautiful DDD to give for Christmas 



It's fun to be chic... and especially in furnishing your home. Nettle Creek color coordinated fabrics simplify decorating, helps you choose custom bedspreads, draperies, boudoir furniture and accessories at prices little more than ready-mades. And they are all so chic.
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If someone told us the Statue of Liberty would be dismantled tomorrow, it wouldn't be much more shocking than what's already happening to other American landmarks. They're
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Join the national organization
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Write: James Biddle,
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740 Jackson Place, N.W.
Washington, D.C. 20006.

This year's large, lavishly illustrated, handsomely bound books are unusually beautiful-in some cases spectacularly so-and their subject matter is fresh, informative, and occasionally delightfully unexpected. They will make wonderful gifts to cherish and to dip into again and again.

An absolute dazzler is The Popular Arts of Mexico (Weatherhill, $\$ 45$ to Dec. 31, then $\$ 55)$ by Kojin Toneyama. In astonishingly vivid colors it displays the exuberant arts and crafts, some familiar, many not so, from all parts of Mexico. The accompanying text provides insights into the customs and environment of the people who create them. It is certainly one of this year's handsomest books!

Perhaps no other country excites our curiosity nowadays as much as China. China Today and Her Ancient Treasures (Abrams, $\$ 25$ ), by Joan Lebold Cohen and Jerome Alan Cohen, explores every facet of life in the People's Republic and reveals many of the glories of its ancient past, including relics recently excavated from a $6000-$ year-old prehistoric village.
A Connoisseur's Guide to Chinese Ceramics (Harper \& Row, $\$ 60$ ) by Michel and Cécile Beurdeley should be essential for collectors and will entrance anyone interested at all in Orientalia. It traces the progress of Chinese ceramics from the neolithic age through the 19th century.

In Italy (Harper \& Row, \$40), designed and photographed by Roloff Beny, has exceptionally lovely photographs (can you take a bad picture of the Italian countryside?) covering the landscape, people, arts, and artifacts of the entire country. The text is by poets Anthony Thwaite and Peter Porter, who include excerpts from writers fom Vergil to E. M. Forster. As Gore Vidal says in his epilogue, written to an android from outer space, "Study these pictures and see what we were, what we built, and . . . note for the universal record what a lovely earth we had." . . . London (Macmillan, $\$ 27.50$ ), by Felix Barker and Peter Jackson, in a book rich with paintings, woodcuts, photographs, and maps, gives a sweeping view of this peerless city and its people

## throughout the ages.

For nostalgia buffs: The Way Life Was (Praeger, \$19.95) compiled and written by Jeffrey Simpson is a starkly realistic look, through photographs, at American life between 1800 and 1915-the high life and the low, across the country. The "good old days" just may not have been all that good.

A W orld of Movies (Delacorte, $\$ 19.95$ to Dec. 31, then \$25) by Richard Lawton offers great moments from the golden "oldies" right up to present-day cinema, with hundreds of delicious stills, many unfamiliar and offbeat.

The esthete, the medievalist, or any bibliophile will cherish The Belles Heures of Jean, Duke of Berry (Braziller, $\$ 45$ to Dec. 31, then $\$ 50$ ), a meticulous reproduction of the original created in the early 15 th century. In exquisite color, on paper made to look like old parchment, it reproduces 127 miniatures in actual size.

Anatomist, architect, painter, botanist, musician, inventor. Who else? Leonardo da Vinci. The Unknown Leonardo (McGrawHill, $\$ 34.95$ to Dec. 31, then $\$ 39.95$ ) edited by Ladislao Reti makes full use of the recently rediscovered da Vinci notebooksthe so called Madrid Codices-to examine this remarkable man, graphically depicting his genius in every field. (McGraw-Hill also offers an exact reproduction of the Madrid Codices in 5 volumes, $\$ 400$; deluxe edition, limited to 1000 copies, $\$ 750!$ ) . . . But Leonardo didn't invent everything, although sometimes it seems he did. A delightful book, Eureka! An Illustrated History of Inventions from the Wheel to the Computer (Holt, Rinehart and Winston, $\$ 25$ ) edited by Edward de Bono, tells who, when, where, why, and how.

Photographs, taken by a topnotch photographer with insight and compassion, can tell you more about a country and its people than dozens of learned treatises. A case in point: About Russia (Viking, $\$ 18.95$ ) by the renowned Henri Cartier-Bresson. . . . Slim Aarons has spent most of his career photographing the rich, the famous, and the beautiful in their regular haunts-Newport, Acapulco, Palm Beach, New York, San Francisco

HY JEREOME DENNEIR
-and in A Wonderful Time (Harper \& Row, \$35) you can see them at home and at play.
Photography in America (Random House, \$25) records the work of eighty-six outstanding artists of the camera from 1841 to the present, chosen by the Whitney Museum of American Art. Edited by Robert Doty.

Fauna fun: Animals and Their Colors (Crown, $\$ 9.95$ ) by Michael and Patricia Fogden, examines the various ways animals use color-for camouflage, for territorial display, courtship. . . . Cat people will revel in The Cat and Man (Putnam, $\$ 27.50$ ) by Gillette Grilhé-a glorious paean to that favorite household pet-its history, how it has appeared in literature, and everything you may want to know about today's breeds. For those who prefer creatures winged: The Dictionary of Birds in Color (Viking, \$22.50) by Bruce Campbell or The W orld Atlas of Birds (Random House, \$29.95) edited by Sir Peter Scott. . . . Equal time for the flora: The Dictionary of House Plants (McGraw-Hill, \$17.95) with over 500 plants (both familiar and exotic) illustrated in color and descriptions of more than 1000 species.

The year's most interesting book of needlecraft may well be $\boldsymbol{A}$ Treasury of Needle Arts (Drake, $\$ 19.95$ ) by Giuliana Ramelli Dieci, which consists of an 180-page book describing and giving instructions for just about every kind of needlecraft plus a package of seven giant-sized pattern sheets, each containing numerous projects, which can be directly traced to fabric. Both slip into an attractive red-and-white checked box.
For the gourmet and-why not? -the gourmand too (everybody likes a really good book about food): The World Atlas of Food (Simon and Schuster, $\$ 29.95$ ) with contributions by many food experts. The first part describes and illustrates just about everything that has ever been used as food; the second discusses regional cuisines and offers hundreds of recipes from all over the world.

For the experienced cook, Secrets of the Great French

Continued on page 68

## conserve.

Smith's colorful responses to shortages, outages, and an emergency now and then: candlepowered romance lights stemmed candle lamps and courting lamps, plus oldfangled oil lamps. Who has a match?


At your nearby store

## ecBooks about houses and how to beautify them by inventive decorating make great gifts"

BOOKS FOR CHRISTMAS continued from page 66

Restaurants (Macmillan, \$10), by Louisette Bertholle, presents more than 400 recipes from $1-, 2$-, and 3 -star inns and restaurants.

A foodbook that has an unusual gimmick: Correspondents' Choice (Quadrangle, \$9.95) describes the favorite restaurants around the world of New York Times's foreign correspondents and gives a sampling of recipes from each place.

Books about houses and how to beautify them by inventive decorating make great gifts. The Place of Houses (Holt, Rinehart and Winston, $\$ 17.95$ ) by architects Charles Moore, Gerald Allen, Donlyn Lyndon is "a book for people who want a house but may not know what they really need, and who probably don't know what they have a right to expect." The stimulating text, suggesting ways to build and inhabit houses, is accompanied by many illustrations and drawings. . . . For an architecture enthusiast: The Architecture of Europe (Hastings House, $\$ 18.95$ ) by Doreen Yar-
wood-the history of European building from the ancient Minoan to the 1970s with almost 1000 excellent drawings and many photographs.

Everyone who wants to make his house more beautiful (and everyone who enjoys a peppery, witty, informative memoir) will gobble up Billy Baldwin Remembers (Harcourt Brace Jovanovich, \$19.95) in which America's best known interior designer reminisces about his work, spanning more than 40 years and including such notable clients as Garbo, Jacqueline Onassis, Mrs. William Paley. He also gives a wry portrait of the dark side of decorat-ing-the impossible clients (you'll have fun trying to identify them). Illustrated with more than 100 photographs of some of the world's most beautifully decorated rooms.

Another book to help in your decorating is Style for Living (Doubleday, $\$ 12.50$ ) subtitled "How to make where you live you," by Alexandra Stoddard. This readable book is full of ideas to


## It's a matter of life and breath!


make your rooms reflect your personality and to create rooms that you will be happy in. . . . To see rooms other people are happy in (and that may give you ideas for your own) try 1601 Decorating Ideas for Modern Living (Abrams, $\$ 35$ ) by Gerd Hatje and Peter Kaspar. These are contemporary, trendy, sometimes far-out rooms. . . . For a solid background in the history of furnishings and decoration-Interior Design and Decoration (Lippincott, $\$ 24.95$ to March 15 , then $\$ 29.95$ ) by Sherrill Whiton covers everything from cave-wall decorations up to contemporary furniture and artifacts.

If you prefer your houses in miniature, Dolls' Houses in America (Scribners, $\$ 30$ ) by Flora Gill Jacobs, shows over 100 houses, each unique, having been built by an individual craftsman. It also includes commercially made dollhouses, shops, and other buildings, and dollhouse furnishings.

A fine background to the many forthcoming Bicentennial events and for anyone fascinated with American history: 200 Years, A Bicentennial Illustrated History of the United States (U.S. News \& World Report, $\$ 32.95-2$ volumes, boxed)-From 1776 to the present in words and lavish illustrations. Atlas of the American Revolution (Rand MeNally, $\$ 35$ ), edited by Kenneth Nebenzahl. Reproductions of 200 -yearold maps, from the opening skirmish at Lexington to the surrender at Yorktown with text describing the progress of the war and illustrations of its major sites and participants. Reflections of $\mathbf{1 7 7 6}$ -The Colonies Revisited (Viking, \$16.95). Nancy Sirkis photographed houses that still survive from the 17 th century and their furnishings making them look as much as possible as they did in their time, even emphasizing the weather as part of the atmosphere surrounding the buildings.

Still haven't found the right book? Well, try these: Water-A View from Japan (Weatherhill, $\$ 27.50$ to Dec. 31, then $\$ 30$ ) with photographs, and sensational ones, by Dana Levy and text by Bernard Barber is really a hauntingly lovely ode to water-natural water, ritual water, water in gardens, water in art, even sensual water. . . . The English Country House (Put-
nam, $\$ 14.95$ ) by Olive Cookgreat manor houses built from the Middle Ages to the Edwardian era, with their gardens and richly furnished interiors-good reading and lovely to look through.
Crafts of Israel (Macmillan, $\$ 16.95$ ) by Ruth Dayan with Wilburt Feinberg. Crafts of the past, crafts of the present, and a remarkably varied and beautiful selection. . . . Bridges-the Spans of North America (Viking, $\$ 27.50$ ) by David Plowden-stone, brick, steel, concrete. How, when, where, and by whom the most important spans in North America have been built. .

The Art of the Japanese Kite (Weatherhill, $\$ 17.50$ to Dec. 31, then $\$ 20$ ) by Tal Streeter. Many a Japanese kite is an exquisite work of art in addition to being fun to fly, as the brilliant photographs in this book testify. The text tells the history of the kite in the Orient, shows how kites are constructed step by step, and offers tips on making your own kite.... Rugs \& Wall Hangings (Dial, $\$ 14.95$ ) by Joan Scobey is a history of rugs throughout the world and a primer on contemporary rugmaking techniques. Following step-by-step instructions you can learn latch hooking, needlepoint, punch hooking, rya, and how to use portable rugmaking implements. . . . For the "deep" one on your list: Dictionary of the History of Ideas (Scribners, $\$ 175)$. Edited by Philip P. Wiener, the 4 volumes plus index volume deal with pivotal and recurrent ideas in the development of Western thought. . . . For plant, art, or Shakespeare devotees: Plant Lore of Shakespeare (Frame House Gallery, \$750), a recreation of the collection of original watercolors by Rosa M. Towne, depicting in 73 lithographs, 181 trees, plants, and flowers mentioned in the works of Shakespeare. Bound in handtooled calfskin, the edition is limited to 2500 . . The Maxfield Parrish Poster Book (Harmony, \$9.95), introduction by Maurice Sendak-twenty-three posters by one of America's most popular post-World War I artists.

For travelers seeking new worlds to conquer: Fodor's Islamic Asia (McKay, \$12.95) tells everything you must know to enjoy the exotic lands of Afghanistan, Iran, and Pakistan. Fun for the armchair traveler, too.


## Bayain of the month

e
Deluxe 5-pc. Tray Set

Reg. 25.00 value now only
9.99

Handsome Quaker trays are yours for the giving! Gift-giving, party-giving, giving extra table space whenever you need it. And it takes so little to own them now at this low bargain price! Four walnut-grained trays in elegant Spanish tile design, on brass-finished folding frames of sturdy tubular metal. They all stack neatly out of the way on a roll-around storage rack. An outstanding value!

## Get this "Bargain of the

Month" now while supplies
last at your participating True Value Hardware Store.


There are over 4500 True Value Hardware Stores in 50 states. For one near you look under "Hardware" in the Yellow
Pages classified phone directory.

DHID HOUSE GUIDE, a 4-page brochure illustrating seventeen historic house styles in the United States is offered free by The Old House Journal. A line alraucing illustrates each period house, naming the style and citing characteristic details. The houses range from Salt Hox to Georgian, Greek Itevival to Mansard, plus thirteen additional arehitectural styles.

## BY WILL MOREI

SMOKE DETECTOR for fire protection in the home senses smoke and sounds a steady, loud alarm. Two models, one to plug in an electric outlet, another to locate permanently, are manufactured and instructions are supplied for do-ityourself installation. The detector goes into action when smoke enters a smoke chamber of the unit; this disperses light within range of a photo-conductive cell. The photocell alerts a solid-state electrical circuit that sets off an immediate shrill signal from the alarm horn. Priced at $\$ 100$, the detector has a five-year warranty during which any defective parts may be repaired or replaced free. Install-ityourself instructions are provided, too. Westinghouse Security Systems, Inc.

"-IIIDE-A-CDIBID" stores the surplus electrical cor that often alangles from a lamp, Isitchen appliance, cloc radio, record player, telephome. As mueh as 7 feet of ext, cord can be wound into the compact, box-like rectangl which is $41 / 2$ inches long: the cord winds around two insia pegs and eliminates the danger of anyone tripping ov, tangled wires on the floor. In ivory, black, or brown st rene with a snap-on lid, the container has a foam adhesit strip to anchor it to a wall, furniture, or baseboaral and nail or serew hole from which it can be hung. Three f $\$ 2.95$, six for $\$ 5.95$, postpaid. Hide-A-Cord.

EATHROOM COUNTEIRTOP by DuPont of "Corian" a new methacrylate
material is jointless, seamless, has no trim or moldings, can be cleaned instantly. Molded in one piece, 49 inches long, 22 inches wide, it includes two lavatories and matching backsplash in white or in variegated color (dawn beige or olive mist), which is integral and won't wear through. If the surface is damaged it can be restored by light sanding. This unit is for smaller bathrooms and $61-, 73$-, and 102 -inch-long countertops are also stocked by plumbing and building supply distributors.

HOUSE SIIDING ESTIMATOIR, a handy aid with which home remode
 ers can figure how much aluminum siding it will take to cover the exteric walls and trim of a house is offered by Modern Materials Corp-, a subsidia, of Bendix Corp. A four-page brochure Instrates the basic shapes of hou structures; straight front and sid walls, gable end walls, walls brols by windours, bays and dorme are shourn and houv to estima the siding they require is e plained. How to figure windo trim, corner posts, moldings also covered. The estimato Bendix publication \#110, is fr from Iumber dealers and home improv ment centers handling the company, aluminum siding.

CARPET INSTALLATION KIT for the hon handyman includes tape, seam knife, blade, cutting guid seam sealer, solvent, chalk, chalk line, and complete instru tions. With it, a do-it-yourselfer can install about 64 squa feet ( 8 by 8 feet) of cushion-backed or indoor-outdoor ca peting. To install carpeting in larger areas he will need add tional rolls of Kinkead double face tape. Kinkead Industrie Inc., subsidiary of U.S. Gypsum Co.
(Sing it our way. And make your Christmas merrier.)

handcrafted heritage collection



The 20-foot tree of angels hovering over an 18th-century crèche at the Metropolitan Museum of Art is the creation and gift of one woman. Loretta Hines Howard collects the antique figures and arranges them to delight over a quarter of a million people who see the tree every year.

$ף$o give your thought, to give your time, the fruit of your skill, the objects of your knowledge and passion. To give to those you love, but perhaps also to strangers; to individuals but perhaps also to multitudes.

To give, not for a return in kind but for the eyes lighted in surprise, for the indrawn breath of pleasure, for the smile welcoming the gift, which you the giver may never see. To give, because, well, it's Christmas. That's Christmas.











## MAY SARTON

## shares some beautiful Christmas

experiences
editor's note: May Sarton is a poet who has written almost thirty books, fiction and nonfiction. She will celebrate Christmas in Maine with her two cats and a dog at her house by the water which she describes as "the most beautiful place I have ever seen." Daughter of a noted Harvard historian, George Sarton, and an English mother who was a painter, she came from Belgium to live in America at the age of four. She started writing at nineteen and has been a poetry lecturer at numerous universities and colleges, including Harvard and Wellesley. At sixty-two, she is gaining a firm place among the most celebrated contributors to American literature. Her themes are sensitive and contemporary. Journal of a Solitude explores the need for aloneness. As We Are Now devotes attention to old age. The Magic Moment, written especially for House \& Garden, beautifully defines Christmas, the magic annual melting of an approaching ordeal into the mystery of renewal. Gather nostalgia, hope, inspiration, warmth, and strength from these tender observations. And take a Sarton saying with you into the New Year. "You stay alive," she asserts, "by living."
n November I am weighted down by the approaching ordeal of Christmas, deafened by canned carols in department stores, and appalled by the lemming-race toward ruin as more and more people rush around buying more and more things in a compulsive frenzy. How did we ever get into this, I wonder, and why can't it be stopped? But by mid-December the old magic begins to work. Mysterious packages arrive. The first snow falls. And one day the first trees appear on the streets, tall strangers from the North, still bundled together, but spreading a pungent smell of pine on the air. Naked, undecorated, the trees spring the unconscious open. They are atavistic, and some druid buried deep, wakes and demands that I choose one at once and bring it home. Two years ago on a country road in New Hampshire after a heavy snowfall, I met what looked like a prehistoric animal walking toward me-it turned out to be a native druid carrying a large tree, which he held like a giant porcupine facing backward! Whatever the reason, the appearance of Christmas trees starts a momentum there is no gainsaying toward the magic moment we cannot quite believe in yet, but that always happens.
Last year, feeling my way into a house by the sea where I had never celebrated Christmas, I was seized by the need to make cookies, dozens of cookies of several kinds, to put in round shiny boxes for my friends. Many people do this every year, but for me it was the celebration of a new life and made the new house "homely."



## The verypersonal garden of theHenry Moores

## $A$ <br> $g$ oreach a vivid understanding of Henry Moore's sculp-

 re, see it in a rural landscape. Huge abstract shapes st peacefully against nature, because nature is often e root of their beginning. Henry Moore has always en excited by all natural forms. "Landscape for me lands is been a source of energy," he says. "Cloud formations, birds, the texture of grasses, trees and eir roots, branches, mountains, natural strata like the Grand Canyon, pebbles, flintstones, shells id driftwood, even bones dug up from the garden have all helped me to start off eas." It's not surprising then, that he prefers nature to any other place as a setting $r$ his work. And around his English cottage in the Hertfordshire countryside, he as established, little by little, a series of placid landscapes as background for a ntinually changing parade of work. The garden is actually the creation of his ife Irina. "She works as hard in it as I do in the studio," remarks Mr. Moore. "She as changed 5 acres of grounds, of barbed wire, chicken runs, rhubarb patches, ggeries, and so on into a simple and excellent setting for my sculpture. I give er practically no help except perhaps now and then wheeling a heavy barrow.' is a garden of undulating, manicured lawns, sheltering trees, and flowering rrubs, traversed by gravel paths, bounded by sheep meadows. A panorama of eatness and order reflecting the spirit of an artist devoted to meticulous precision.

The Moores, 3, bought Hoglands, at Much Hadham, during World War II when their London studio had been bombed, paying the necessary deposit with $\$ 1200$ from the sale of the big 1939 "Elmwood Reclining Figure." They have lived there ever since, extending the grounds as property became available. Freddie, the gardener, lives in the picturesque blue and white cottage, 1, with roses round the door, close by the sheep meadow. $\mathbf{2}$. Here Mr. Moore has placed a monumental bronze, often nuzzled by a cluster of sheep. called "Shcep Piece." One of this edition is now in Kansas City. Towering "Locking Piece," a model of white fiberglass "certainly the largest of my fitting together sculptures, which came about from two pebbles I was playing with,"
ests on a shallow grassy slope, framed by a hawthorn hedge, 4, which will ultimately grow up to be 4 or 5 feet. 'I'm not so keen on flowers, though they make a garden very nice. We have some flowering shrubs and beds of herbaceous plants, but what matters more are the different kinds of greens, and the trees and the height of things. My wife is very concerned with the spatial arrangement, a kind of landscaping. This is so important with the sculpture, to have form, rather than a background of color.







Color excitement-
big blods of pattern stimulate carvas-colored tooms. full of windows and plañts.
here William Pettet canvas above the bed has all the color. dside tables take their colors from the painting. Another ning room with a radiant Morris Louis. The table came


## Color excitement- <br> big-scale art and objects $z$ over the decorating





0series of connecting sunporch－garden rooms wrap around the back of this California house that＇s two stories in front， opposite page，bottom far left，and three in back，below right．Overlooking a garden and pool，and one level above them these latticed rooms follow the no－color theme．A kilim rug and a Chinese wedding chest and pots of flowers provide the color，below．Walls are upholstered in canvas；the round table，opposite page，bottom middle，is covered in an over－sized canvas ，opposite page，above：A tiny two－person nest relies on big canvas－covered places to sit，Indian tables


## Color excitement-big-scale art and objects take over the decorating


e house nestles snugly on a small point, with water on two sides. The surrounding nd is a wildlife refuge near Boston, a forest of red and white pine, maple and oak, nctuated by a sprawl of peaceful ponds. This is the paradise where architect ter Chermayeff (a principal of Cambridge Seven Associates) and his painter fe, Jane, decided to build, and where they now live with their three children. e house, built by Reginald Nichols, is a salute to nature-every angle, every II, every window is designed to make best use of the incomparable setting. The ermayeffs swore not to cut down one tree when they started to build and, in ct, moved the house a foot to avoid destroying an oak. "We were lucky," Jane and ter Chermayeff say. "Usually a new house cannot be surrounded by old trees."

Raised 17 feet above the water on cement pillars, the wooden deck invites you into a panorama of wildlife. If you sit here toward evening a gentle orchestra strikes up-crickets, frogs, the plopping of fish in the pond, and the haunting call of wild geese. "It's like a tree house," Jane Chermayeff says, adding, "and we have a passion for ponds." On one tree, above, white nails are perches for birds as they queue up for the feeder-"but the squirrels get there first." The front of the house is white stucco, with a cement apple to greet you by Costantino Nivola, above, left. Other side of the house is umber-colored, far left, with a mural by Claire Nivola. Throughout the house, you feel that art and nature have combined to create a limitless world of enchantment.



## amily living, <br> amily living urrounded by

 nature4
487




Lock up secret ingredients in a painted spice chest, 6. Choose your color, hardware, trim, and base. By Erwin Lambeth. \$484. At Lou Regester. 7 Handwoven, tiedyed Indian wool throws. Red and pink double bed throw, $\$ 80$; blue and turquoise table cover, $\$ 40$. At Henri Bendel. 8 Handy and handsome, sterling silver tape measure. $\$ 27.50$. At Tiffany. 9 Suit your fancy-automatic place mats are plastic sleeves to fill. By Matmakers. $\$ 3$ each. At Pequod Emporium. 10 Graceful American pewter reproductions. One quart pitcher, $\$ 60$; ladle, $\$ 27.50$. At the Museum of Fine Arts, Boston. 11 Project for the New Yearcrewel a jewelry box. Instructions, box, yarns. \$35. From Erica Wilson Needle Works. 12 For hobbyists with high ex-pectations-"The Music Tape," professional grade blank recording tapes. By Capitol Magnetic Products. Cassettes from $\$ 2.69$; cartridges from $\$ 2.98$. At Sam Goody. 13 Boxes of porcelain-like tin patterned with field flowers. Small box, $\$ 4$; large, $\$ 4.75$; 6 -inch canister, $\$ 4.75$ postpaid. At Pequod Emporium. 14 Beehive lamp in enamel and chrome. \$125. From Robert Sonneman. 15 Clams and snails transformed to create pots for plants. From 4 inches in diameter to 20 inches or special order a
huge one. $\$ 20$ and up. At She Sells Sea Shells. 16 Gardens under foot-Lierka rug, 4 by 5 feet. $\$ 1,300$. From Harmony Carpet. 17 Planes of brushed chrome and black vinyl laminate intersect in a dressing table and seat. $\$ 350$. From Hammacher Schlemmer. 18 Looks like the actual animal but he's a snail made of silver and shell. Limited edition of ten. \$250. From Marguerite Stix. 19 Kiloptic scale reads out your weight in luminous digitals. Designed by Marco Zanuso. By Terraillon. \$30. At Bullocks. 20 Billiards or bumper pool, covered with vinyl top-a serving or dining table. By Brunswick. \$319; top, \$40. At Brunswick Billiard Mart. 21 Coiled organizers: for letters, \$18; records, $\$ 35$; pencils, $\$ 12$. At Maple Walnut Studio. 22 Fear no frosty night-goose down comforter in Jack Lenor Larsen "Tribute Silk" fabric. \$395 to \$625. At Bloomingdale's and Frederick \& Nelson. 23 Delicious holiday desserts! Dacquoise, Pithiviers, or Chocolate Cake-sweet encores! To order from Gino Cofacci or to make from recipes, page 123. 24 Shell-encrusted flowerpots. $\$ 50$ plus shipping. From She Sells Sea Shells. 25 Dolls and bears take their ease in 19th-century American miniature wicker furniture. $\$ 125$ for the set shown. At Frank Milton.




At Ste. Pierre Smirnoff Fils., we've been making vodka for 150 years. Tava is the only liqueur which bears our name.


JAVA BY STE. PIERRE SMIRNOFF FLS.

## Young cooks share their Christmas recipes foreasy bread, cookies, fudge, mince pies, and a party



katie Locke, above, ten, got the baking bug when she received Beard on Bread (Knopf) by James Beard. "I love playing with dough and I discovered bread is not hard to make-anyone can make it." Her favorite-this Challah and Monkey Bread, a kind of coffee cake. "The braiding is the only tricky part, if it breaks you must start all over again!" Katie likes to tie her loaves with a fat red ribbon and present them to the hostess of a holiday party. She likes her loaves to be very fresh and is in a flurry of activity just before the holidays baking and packing her loaves in individual baskets give special friends.

## CHALLAH

This recipe is from the book Beard on Bread by James Beard. Ingredients: 3 packages active dry yeast; $11 / 3$ cups warm water ( $100^{\circ}$ $115^{\circ}$, approximately); 1 tablespoon granulated sugar; 1 tablespoon coarse salt; 3 tablespoons softened butter; 3 eggs; $5-5 \frac{1 / 2}{2}$ cups Continued on next page

Katie braids her bread, presses into a circle


Children love cooking, from early pretend mud pies to headier thrills of kneading bread, formimg eookies. With all the fum of baking, wrapping, and giving away home-baked goodies, the excitement of this speciall time will mount in the nicest possible way.


mark Somnenfeld, above, fifteen, has been making soufflés ever since he discovered souffé omelette on a London holiday two years ago. He now whips up hot Grand Marnier, strawberry, and lemon soufflés for his parents' dinner parties and for their friends. At Christmas, Mark and his twelve-year-old sister, Carole, top, plan Christmas lunch menu and do everything themselves except the washing up. Carole prepares the salad and a great juniper sauce for venison steaks-the main course. Mark concentrates on his dessert, Soufflé au Grand Marnier. His tips: Check that the oven temperature is accurate or your souffé might rise too quickly and fall. "The longer it is in the oven the crustier it gets on the outside and the more I like it," he says. "The nicest thing about making a soufflé is getting to eat it yourself; the only problem, you have to eat it the moment it comes out of the oven-the person who serves it has to hurry!"

Continued on next page


Eennifer Hand, above, a nine-year-old, makes delicious, melt in your mouth, pecan cookies both for presents and personal munching. "Cookies are the easiest things to make although rolling them into half moons is a bit sticky." Jennifer likes to make the pecan cookies best of all though she sometimes bakes chocolate chip or oatmeal ones for variety, "They go very quickly once they're baked," says Jennifer of these tender morsels. Stashed in colorful tins or in tissue-lined baskets these pecan cookies make super presents.

## CHRISTMAS CRESCENTS

Ingredients: 1/2 pound sweet butter; 4 tablespoons superfine sugar; 2 cups flour; 1 tablespoon cold water; 1 teaspoon vanilla; 1 cup finely chopped pecans; $1 / 2$ teaspoon salt.
Method: Preheat oven to $375^{\circ}$. On a flat board combine butter, sugar, flour, water, vanilla, pecans, and salt and mix with your hands. Roll dough into thin strips, $\quad 1 / 2$ inches long, and form into crescent shapes. Bake on an ungreased cookie tin until lightly Continued on next page


Clare and Kate Ellis, above, nine and seven, cook every weekend but especially love the excitement of Christmas baking. Pastry tarts, pies, and fudge are favorites and for seasonal presents they love to make mince pies. "It is so much nicer to give something you've made yourself, and besides it's so much fum to do." The mince pies can be made in stages, the mince-meat way ahead and stored in the refrigerator, the pastry wrapped well and refrigerated for a day or two, and the finished tarts can be frozen or kept in a covered tin for a week or so.

## MINI MINCE PIES

Ingredients for pastry: 2 cups sifted all-purpose flour; I teaspoon salt; 2 pinches sugar; 10 tablespoons chilled butter cut into $\frac{1 / 2}{2}$ inch bits; 4 tablespoons chilled vegetable shortening; cold water. Method for pastry: Place flour, salt, sugar, butter, and vegetable shortening in a big mixing bowl. Rub the flour and fat together between the tips of your fingers until it forms crumbs. Add a little water and blend quickly with a fork. Sprinkle up to 1 tablespoon more water by droplets over any unused remains and add them to the Continued on next page

# "The longer your souffle is in the oven, the crustier it gets on the outside" 

## RECIPES FROM CHILDREN WHO COOK continued from preceding page

## Katie Locke continued

all-purpose flour; 1 egg yolk mixed with 1 teaspoon cold water; a handful of poppy seeds.
Method: In a large bowl proof the yeast in the water. Add the sugar, salt, butter, eggs, and 5 cups flour, a cup at a time. Beat thoroughly with a wooden spoon or with the hands. Gradually add more flour until the dough is very stiff. Turn the dough out on a board sprinkled with flour. Knead until the dough is smooth and elastic, approximately 10 minutes.

Place the dough in a very large buttered bowl, and turn to coat the surface with butter. Cover and let rise in a warm, draft-free place until doubled in bulk, about $1 \frac{1}{2}-2$ hours. Punch the dough down and divide into 6 equal parts. Roll each portion into a rope about 1 inch in diameter on a lightly floured board. Braid 3 ropes together to make 2 loaves. Place the breads about 6 inches apart on a buttered baking sheet. Cover and let rise in a warm place until almost doubled
in bulk. Brush the tops of the loaves with the egg wash and sprinkle with poppy seeds. Bake in a preheated $400^{\circ}$ oven for $35-45$ minutes, or until the loaves sound hollow when tapped with the knuckles. Cool on racks.

## The Sonnenfields

 continued
## JUNIPER BERRY SAUCE

Ingredients: 100 juniper berries; 1/2 cup sugar; 1 pound cranberries; 2 tablespoons mild molasses; peel of 1 orange, grated.
Method: In a mortar and pestle crush juniper berries.

In a large saucepan add sugar, cranberries, molasses, and crushed berries and bring to a boil; when the cranberries start to pop, turn the flame down and simmer 5-7 minutes or until the desired texture is reached (if you want, you can run it through food mill). Pour the sauce into a serving dish and sprinkle the top with orange peel. Serve warm or cold.


Kahlúa 53 Proot Coffee Liqueur from Sunny Mexico.
Maidstone Importers, 116 No. Robertson Blvd. Los Angeles, Calif. 90048.

## SOUFFLE AU GRAND MARNIER

Ingredients: 2 tablespoons butter; 3 cup sugar; 5 egg yolks; 有 cup Grand Marnier; about 4 tablespoons freshly grated orange peel; 7 egg whites; ${ }^{1 / 2}$ teaspoon cream of tartar (if a copper bowl is not used); powdered sugar. Method: Preheat oven to $425^{\circ}$. Butter a 2 -quart souffé dish and coat the dish with $1 / 4$ cup sugar and set aside.

In a double boiler beat the egg yolks with the remaining sugar over hot water until the mixture makes a ribbon when spoon is held up. Add the Grand Marnier and 3 tablespoons orange peel and transfer mixture to a bowl. Mix carefully and place in the refrigerator, covered, to cool.

In a separate bowl beat the egg whites until firm but not dry and add cream of tartar (if copper bowl is not used). Fold whites into egg yolk mixture and blend thoroughly. Pour mixture into prepared soufflé dish and bake 25 minutes turning down to $400^{\circ}$ after 2 minutes. Sprinkle top of soufflé with powdered sugar and remaining orange peel. Serves 4 to 5 .

## Jemnifer Hand

continued
browned. Remove from tin and cool on a rack. Roll in superfine sugar or dust with confectioners sugar. Makes about 60 cookies.

## LEMON SQUARES

Ingredients: 1 cup butter, melted; 2 cups plus 4 tablespoons flour; 1 scant cup confectioners sugar; 4 eggs; 2 cups sugar; 1 teaspoon baking powder; 6 tablespoons lemon juice; confectioners sugar.
Method: Combine butter, 2 cups flour and 1 cup confectioners sugar. Pat into a buttered 9-by-13inch pan and bake 20 minutes at $350^{\circ}$. While crust is baking, beat together 4 eggs, 2 cups sugar, baking powder, remaining flour and lemon juice. Pour over the baked crust and bake for 30 to 35 minutes more. Let cool, then sprinkle with confectioners sugar. Cut in squares.

## The EIlises

## continued

main body of the dough. With your hands form the dough firmly into a ball. It should just hold to-
gether. Refrigerate wrapped in wax paper until firm.
Ingredients for mincemeat: $11 / 2$ pounds raisins; 1 pound candied (citron, lemon, and orange) peel; 2 pounds apples, peeled and cored; 1 pound white raisins; 1 pound currants; 1 pound suet, finely chopped; $1^{1 \%}$ pounds brown sugar; grated rind of 1 lemon and 1 orange; juice of $1 / 2$ lemon; juice of $1 / 2$ orange; 1 teaspoon cloves; 1 teaspoon allspice; 1 teaspoon cinnamon; half a grated nutmeg; 1/3/ cups brandy, rum, or beer (optional).
Method for mincemeat: Put raisins, peel, apples, half the white raisins and half the currants through a meat grinder twice. Then add the remainder of the fruit, the suet, sugar, rind, juice, spices, and brandy. Mix well and leave in covered bowl for several hours. Mix well again. Put into jars leaving 1 -inch space at the top. Cover with a circle of wax paper dipped in brandy or rum. Keep a few weeks before using. Method for mince pies: Butter two tiny-sized muffin pans well. Roll dough out to $1 / 4$ inch thickness on floured surface with floured rolling pin. Cut circles with a glass or cup and press into muffin pans. Top with a heaping tablespoonful of mincemeat and cover with second round of dough. Pinch edges of pastry together; pierce with a fork to allow steam to escape. Brush with cream or milk and bake in a $375^{\circ}$ oven for about $30 \mathrm{~min}-$ utes or until golden brown. With a knive unmold onto rack to cool. Mince pies can be frozen or stored in covered container for several days. Warm in the oven before serving with whipped cream if you wish.

## CREAMY NO-COOK FUDGE

Ingredients: 1 3-ounce package cream cheese, softened; 1 tablespoon milk; 1 cup unsifted confectioners sugar; 4 squares unsweetened chocolate, melted; 1/2 teaspoon vanilla; 1/8 teaspoon salt; 1 cup pecans, chopped.
Method: Combine cheese and milk; beat until smooth. Gradually beat in sugar; then blend in melted chocolate. Stir in vanilla, salt, and nuts. Press in a lightly buttered 8-inch square pan. Mark in squares. Refrigerate until firm, cut in squares.


# 15 chistmas treats-cookes breads, and confections 

here are 15 cookie and bread recipes with the taste of the holidays to add to your collection of Christmas specialties. All can be made ahead to give away or make a delicious display for Christmas parties. Tie the breads in ribbons and bows, heap them in baskets and bowls, or leave them in their own baking pan for a double present. The cookies would look festive in clear glass jars tied with ribbons, or decorate old tins, pad them with colorful tissue paper, and let the treat speak for itself.

## SCOTCH TOFFY <br> from Deborah Brown

Ingredients: $1 / 2$ cup butter; 2 cups oatmeal, uncooked; $1 / 2$ cup brown sugar; 应 cup corn syrup; $1 / 2$ teaspoon salt; $1 / 2$ teaspoons vanilla. Ingredients for topping: 2 cups confectioners sugar; 4 tablespoons powdered cocoa; 4 tablespoons melted butter; 3 teaspoons vanilla; 2-3 tablespoons hot coffee infusion; $1 / 2$ cup chopped nuts.
Method: Mix all ingredients for bottom layer of toffy and pat into a greased 8 -by-8-by-2-inch pan. Bake at $400^{\circ}$ for 20 minutes. Method for topping: mix sugar, cocoa, butter, vanilla. Add enough coffee infusion to make spreadable consistency. Spread on toffy, then sprinkle with nuts.

## GRAHAM CRACKER HOUSES from Linda and John Cross authors of Kitchen Crafts

 (Macmillan)Ingredients for house: granulated sugar; graham crackers, 7 for each house; assorted candies; gumdrops; sprinkles.
Ingredients for royal frosting: $11 / 2$ cups sifted confectioners sugar; 1 egg white; pinch of salt; 1 teaspoon lemon juice; food coloring. Method for house: In a heavy skil. let melt $1 / 2$ inch layer of sugar over low heat. Dip graham cracker ends in syrup and assemble 4 to form walls of house. Two more crackers set at an angle form the peaked roof, and two triangles cut from graham crackers fill the gap between roof and house box.
Method for frosting: Combine confectioners sugar, egg white, salt, and lemon juice in a bowl and beat
until light and fluffy and mixture stands in peaks. The more this is beaten, the better. When ready to decorate the houses, divide the icing and add the food coloring for the colors you want. Outline doors and windows and maybe a nameplate over the door with the frosting. Attach gum drops, candies, and sprinkles for decorations with more frosting. Icing will dry and become hard in a few minutes but can be kept moist if covered with a damp cloth at room temperature.

## MOCHA NUT BREAD

## from Penni Wisner

Ingredients: $1 / 1 / 2$ cups bleached flour, sifted twice; $11 / 2$ teaspoons baking soda; $1 / 2$ cup cocoa; 3 tablespoons (heaping) instant coffee; 1. cup sugar; 1 teaspoon salt; 1 egg, 1 $1 / 4$ cups sour cream; $1 / 3$ cup melted butter; 1 cup chopped pecans or almonds.
Method: Combine the sifted flour, baking soda, cocoa, coffee, sugar, and salt, and sift. Beat the egg and blend it into the sour cream with the butter. Add the dry ingredients to the wet and stir until smooth. Add the nuts. Put in greased pans -any size or shape to $\frac{23}{3}$ full-and bake until done, about 50 minutes, in a $350^{\circ}$ oven.

## SKILLET COOKIES

from Mrs. Kenneth Knapp Ingredients: 1 -ounce package dates, diced; $1 / 2$ stick butter or margarine, melted; 1 egg, well beaten; 1 cup sugar; 1 cup chopped pecans; 1 teaspoon vanilla; 2 cups Rice Krispies; finely chopped coconut.
Method: Mix together the dates, butter, egg, and sugar in a heavy skillet and cook slowly. Bring to a boil and allow to simmer until dates dissolve. Remove from stove and add pecans, vanilla, and Rice Krispies. Allow to cool and roll into balls. Roll balls in coconut.

## DARK SECRETS

from The Front Porch Restaurant in New York
Ingredients: $2 \%$ cups sugar; 8 eggs; 5 tablespoons melted butter; 2 $2 / 2$ cups chopped dates; 21/2 cups chopped pecans; $1^{1 / 3}$ teaspoons vanilla; $z_{4}^{2}$ cup flour; $2 / 2$ teaspoons baking powder; $1 / 2$ teaspoon salt or to taste; confectioners sugar.

Method: Thoroughly mix sugar and eggs and add butter, dates, pecans and vanilla. Set aside. Sift together flour, baking powder, and salt. Add to wet mixture. Batter should be fairly stiff, so add more flour if needed. Spread mixture in a greased shallow pan and bake at $350^{\circ}$ for about 20 minutes. Do not overbake as these should be chewy. When cooled cut into squares and roll the squares in confectioners sugar. Makes about

## 60 squares. <br> CHINESE PEAR POUND CAKE <br> from Emerick Bronson

Ingredients: 1 cup sweet butter, room temperature; $21 / 2$ cups sugar; 1 teaspoon salt; 9 eggs; $1 / \frac{1}{2}$ teaspoons vanilla; $1 / 2$ teaspoon almond extract; $31 / 2$ cups flour plus 3 tablespoons ; $31 / 2$ teaspoons baking powder; 1/2 cups candied Chinese pears available in Oriental markets; 4 cups walnut meats, broken.
Method: Whip butter, sugar, salt, 2 eggs, vanilla, and almond extract on high speed of mixer for 10 min utes until sugar is almost completely dissolved. Sift $31 / 2$ cups flour with baking powder and beat 7 eggs until frothy. Add the flour and whipped eggs alternately to butter mixture, End with flour. Be careful not to overbeat. Toss the candied pears in the remaining flour; shake off excess. Fold in the fruit and nuts. Turn into buttered and floured loaf tins and bake at $375^{\circ}$ 1 hour and 15 minutes or until done. Cake should spring back from pressure of finger. Makes 3 generous loaves.

## MALIBU CARROT CAKE

 from Jane Beirn Ingredients: 1 cup sugar; 2 eggs; 3 cup vegetable oil; 1 cup flour; 1 teaspoon baking soda; 1 teaspoon cinnamon; 11/2 cups grated carrots; 1 cup raisins; 1 cup chopped nuts. Method: Thoroughly mix sugar, eggs, and oil. When smooth add flour sifted with baking soda. Blend, then add cinnamon, carrots, raisins, and nuts. Amounts of raisins and nuts can be increased according to taste. Bake at $325^{\circ}$ for one hour in a well-greased loaf pan. Test; since it is a very moist cake, it will often need more time. Keeps well in refrigerator.
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# Make the mostof Vandermint, the great Dutch after-dinner liqueur. 

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1. VANDERMINT CHOCOLATE CHEESE PIE: Cream $3 / 4$ cup Vandermint. 8 oz . cream cheese. Add $1 / 2$ cup milk, 1 pkg. (4-1/2 oz.) instant chocolate pudding; beat smooth. Spoon into $8^{\circ}$ choc olate crumb crust: 1-1/4 cup chocolate snap crumbs; $1 / 3$ cup soft butter. 2. Vandermist: Pour 2 oz . Vandermint over crushed ice in champagne glass. 3. VANDERMINT AIEXANDER: Shake 1 oz . Vandermint, 1 oz. gin and 1 oz . cream with cracked ice. Strain into cocktail glass. 4. VANDERMINT \& ICE CREAM: Pile scoop of ice cream into dessert dish. Top with Vandermint. 5.VANDERNINT\& VODKA (V\&V): Pour 1 part Vandermint and 2 parts vodka over
cubes in a "rocks" glass. 6. VANDERMINT PARFAIT: Alternate Vandermint and scoops of pistachio, chocolate, coffee ice cream in parfait glass. Top with whipped cream, splash Vandermint. 7. VANDERMINT MOUSSE: Mix
in blender 6 oz . semi-sweet chocolate pieces, $1 / 2$ cup Vandermint. Blend. Add $1 / 4 \mathrm{lb}$. soft butter (in pieces), 4 egg yolks. Blend. Beat 4 egg whites, 2 Tbsps. confectioners sugar till stiff. Fold into Vandermint mixture. Pour into dish lined with Vandermint-dipped ladyfingers. Chill. 8.VANDERMINT FONDUE: Melt 6 oz . semi-sweet chocolate pieces. Stir in 1 cup sour cream, $1 / 2$ cup Vandermint. Serve warm. Dip strawberries, cookies. 9. DUTCH COFFEE: Pour jigger of Vandermint into a cup. Add hot coffee and top off with whipped cream. 10. VANDERMINT STRAIGHT.

2. 

IMPORTED AND BOTTLED BY PARK AVENUE IMPORTS, 375 PARK AVENUE, N, Y C C, 60 PROOF

CHRISTMAS TREATS continued from page 120
then beat in eggs, one at a time. Stir baking soda and vanilla into date-water mixture. Alternately add flour and date-water mixture to creamed mixture in about 4 additions. Stir in raisins and walnuts. Spoon batter into 6 10\%-ounce, well-greased soup cans until about $2 / 3$ full. Bake in preheated $300^{\circ}$ oven about 60 or 70 minutes until a deep brown color. Put cans on wire racks for 10 minutes to cool. Run a knife around inside to loosen bread and shake lightly. Turn out on a wire rack.

## ALMOND BREAD <br> from Malvina Kinard,

 Cook's Corners, Westport, Conn. Ingredients for bread: $1 / 2$ cup but ter; 1 cup sugar; 2 eggs; $1 \%$ cups flour; $1 / 2$ cup milk; 1 teaspoon baking powder; $1 / 2$ teaspoon salt; $1 / 2$ tea spoon almond extract; 2 tablespoons slivered almonds.Ingredients for icing: 4 tablespoons confectioners sugar; $1 / 2$ to 1 tablespoon cream; almond extract. Method for bread: Cream butter, add sugar gradually. When light and fluffy, add the eggs, one at a time, beating well. Sift flour with baking powder and salt and add alternately with milk and almond extract. Butter 2 small loaf pans well and fill them 3 full. Sprinkle tops with slivered almonds. Bake at $350^{\circ}$ for $50-60$ minutes, until loaves are light and delicately brown. Cool slightly on rack.
Method for icing: Combine all ingredients for the icing and brush on tops of loaves while they are still warm.

## SAND TARTS from Lou Neff

Ingredients: 1 pound butter; 8 heaping tablespoons powdered sugar; 4 cups flour; 1 tablespoon cold water; $1^{1 / 2}$ teaspoons vanilla; 2 cups chopped pecans; confectioners sugar.
Method: Cream butter and sugar together. Add flour and cold water and blend well. Add vanilla and nuts. Roll into small balls or different shapes with your hands and place on ungreased cookie sheet. Bake at $325^{\circ}$ for about 15 minutes. Roll in confectioners sugar while still warm. Makes 16 dozen balls.

## CHEESE STICKS <br> from Denise Otis

Ingredients: $1 / 2$ cup butter; 1 pound sharp Cheddar cheese, grated; 1/2 teaspoon salt; $1 / 2$ teaspoon paprika; 2 cups flour.
Method: Cream butter and cheese until smooth, add salt, paprika, and flour gradually. The dough should be quite stiff. Force through a pastry tube making 2 -inch Sshaped strips onto lightly oiled
cookie sheets and bake for about 20 minutes in a $325^{\circ}$ oven. Watch carefully as they scorch easily.

## GIFT BOX BAUBLES

Ingredients: 1 cup slivered almonds; 3 cups crushed round, buttery crackers; 6 tablespoons cocoa; $1 / 2$ cup granulated sugar; $1 / 2$ teaspoon almond extract; 1 can ( 6 ounces) frozen orange juice concentrate, thawed; confectioners sugar.
Method: Grind almonds in blender or chop very fine by hand. Mix almonds, crackers, cocoa, granulated sugar, almond extract. Add orange juice concentrate; work mixture together until moist and soft. Let stand 10 minutes; shape into 1 -inch diameter balls. Gently turn balls in confectioners sugar to coat. Makes about 4 dozen.

## ALMOND CHICHI

A Central American confection Ingredients: 1 cup granulated sugar; 1 cup honey; $1 / 2$ cup water, 4 cups fine bread crumbs, toasted; $1 / 2$ cup ground, unblanched almonds; 1 teaspoon ground ginger.
Method: Stir sugar with honey and water to blend. Bring to a boil and cook, stirring continuously, to $238^{\circ}$ or the soft-ball stage. Remove from heat, then stir in bread crumbs, almonds, and ginger. Press into buttered pan about 8 by 12 by 2 inches. When almost cold, cut in diamond-shaped pieces. Makes about 40 pieces.

## SESAME PENNIES <br> from Maida Heatter's

Book of Great Desserts (Knopf) Ingredients: $2 \frac{1}{2}$ ounces ( $1 / 2$ cup) sesame seeds; 2 tablespoons butter; 1 cup light brown sugar, loosely packed; 2 egg yolks; 2 teaspoons vanilla; $1 / 2$ teaspoon salt; $1 / 4$ cup plus 2 tablespoons sifted all-purpose flour.
Method: In a heavy 8 -to-10-inch skillet, stir seeds over moderate heat with a wooden spatula to toast to a golden brown. Remove from heat and set aside. In a medium saucepan, melt butter over low heat. Remove from heat and, with a wooden spatula, stir in the brown sugar, then the yolks, vanilla, and salt. Stir in the toasted seeds and then the flour. Divide dough into 36 mounds using 1 teaspoonful of dough for each and place them on a big piece of foil or wax paper. With very wet hands, roll each piece into a ball and place them at least 2 inches apart on a piece of aluminum foil to fit a cookie sheet. Slide a cookie sheet under the foil and place in preheated $350^{\circ}$ oven on the top rack. Bake 12 minutes or until well-browned. Bake only I sheet at a time. Slide foil off cookie sheet and let cool completely.

# 3dazzling desserts cakes of almonds, meringue, or chocolate 

## An almond meringue layer cake adapted from the classic Daequoise, which can keep a week refrigerated; an almond cake in puff pastry, Pithiviers, which can be made ahead and frozen; a delicious moist chocolate cakethree great cakes from Gino Cofacei (see them in color on page 111)

aperfectionist and great pastry cook, Gino Cofacci adapts his recipes from the classic French to suit American kitchens and ingredients. A Cordon Bleu graduate, he studied pastry making under Le Nôtre and plans to teach, too, from his new specially equipped kitchen, above the James Beard Cooking School. He bakes and sells his cakes for parties (order in advance) or try them from these recipes.

## ALMOND MERINGUE CAKE (Dacquoise)

Meringue ingredients: $1^{13 / 4}$ cups nuts, half almond, half filbert, toasted and ground; ${ }^{3}$ cup plus $2 / 2$ tablespoons sugar; 1 tablespoon cornstarch; 6 egg whites; pinch of salt; 存 teaspoon cream of tartar; 1 teaspoon vanilla extract; 1/8 teaspoon almond extract.
Method: On parchment paper draw 3 separate circles, each 10 inches in diameter, and set them on individual cookie sheets. Set aside. Preheat oven to $275^{\circ}$.
In a bowl mix nuts and $\$$ cup sugar and sieve the cornstarch over them. Mix ingredients together and remove any lumps. Pour mixture on wax paper and set aside.


In a large bowl whip egg whites until foamy. Beat in salt and cream of tartar and gradually increase beating until soft peaks form. Beat remaining sugar, vanilla, and almond into mixture. Fold in nuts and sugar mixture, 1.

Scoop mixture into a pastry bag with a plain \#5 tube, 2. Using parchment rounds, form a couple of outer circles with the mixture, then start from center, $\mathbf{3}$, and fill in until circle is complete. Use same process for other parchment rounds. 4 Smooth before baking.

Bake for 1 hour or until meringue is firm to finger touch. Allow to cool for a few minutes and peel off parchment paper.
Mocha Butter Cream ingredients: \%/3 cup sugar; \% $1 / 8$ teaspoon cream of tartar; $1 / 3$ cup water; $1 / \frac{112}{2}$ tablespoons instant espresso; 6 egg yolks; 2 sticks sweet butter, softened. Method: Wash, but do not dry, a small, heavy saucepan and add sugar, cream of tartar, water, and coffee. Over moderate heat stir mixture until the sugar at the bottom of the pan has dissolved. Cover pan and bring mixture to boil. Remove cover and allow mixture to reach $236^{\circ}$ on a candy ther-
mometer
In a bowl beat egg yolks and add the syrup, in a thin stream, while constantly beating. Continue beating mixture until completely cool. Beat in butter, 1 tablespoon at a time. Cover bowl and refrigerate for 30 minutes before using. Ingredients for assembling cake: 3 meringue rounds; mocha butter cream; $/ 13$ cup confectioners sugar. Method: Spread butter cream between layers, 5; trim edges with scissors, 6, for neat, round cake. 7 Cover sides with more butter cream. 8 Sieve confectioners sugar over the top, refrigerate. Serves 10-12.

## ALMOND CAKE IN PUFF PASTRY <br> (Pithiviers)

Ingredients: $2^{1 / 2}$ pounds puff paste; almond cake (recipe below); ice water; 1 egg mixed with 1 teaspoon water; confectioners sugar. Method: Cut puff paste in half and refrigerate unused portion. Invert a 10 -inch cake pan and form a round disk of puff paste 10 in ches in diameter and $1 / 8$ inch thick (this is the bottom layer). Roll paste up on a rolling pin and unroll topside down on a moistened bak-

ing sheet. Refrigerate 30 minutes or more.

Remove the other portion of puff paste from the refrigerator and form another round disk 10 inches in diameter and $1 / 4$ inch thick. Cover a baking sheet with wax paper and unroll the disk on to it. Refrigerate 30 minutes or more.

Remove the bottom layer from the refrigerator and place the almond cake in the center, and flatten it out to measure 5 inches in diameter. Brush free area with ice water.

Remove the other disk from the refrigerator and quickly, with the palm of the hands, extend the paste all around the surface in order to enlarge it to $10 \frac{1}{2}$ inches diameter. Unroll it over the almond cake and press lightly with floured fingers all around the edges. Invert a 9 -inch cake pan and press paste down on center of cake. Make scallops $1^{1 / 2}$ inches apart, with the back of a small knife. Refrigerate for 20 minutes.

Preheat oven to $425^{\circ}$. Remove cake from refrigerator, and with a small knife, perforate a small hole in the center and insert a buttered aluminum foil chimney. Brush cake with egg and water mixture, being careful not to brush vertical edges. Reduce oven to $400^{\circ}$ and bake for 50 minutes, or until sides are lightly brown. Remove cake from oven. Sift confectioners sugar over it and, using the broiler for a few minutes, let the sugar melt to a glossy sheen. Slide cake onto a rack to cool. Serves 8-12.

## ALMOND CAKE

Ingredients: $31 / 2$ ounces butter, softened; 3/2 ounces sugar; 3/2/2 ounces finely ground almonds; 1 egg plus 1 egg yolk; 1 1/2 tablespoons kirsch.
Method: In a large mixing bowl beat butter and sugar until fluffy. Add almonds, egg and yolk, and kirsch and mix together. Set mixture in refrigerator until hard (freezer may be used). Form mixture into a cake 5 inches in diameter and replace in refrigerator until ready to use.

Continued on page 125

# Wines and Spirits for presents and parries 

## HOLIDAY DRINKS

Christmas, 1974, rooted in time-honored traditionsthe heady wassail bowl, the nutmeg-flecked eggnog, the sensuous smoothness of hot buttered rums and mulled wines-is tuned in to today's lifestyles, too.

This year there are the wider resources of a narrowing world to draw upon-a profusion of excellent wines from France, Italy, Spain, and Portugal; from Australia, South Africa, and the plains of Mendoza in Argentina; from our own West Coast and other fine domestic wine areas.

Here are wines and spirits and recipes to add to the warmth of the season and make holiday entertaining joyous and creative, and wonderfully easy on the timebound holiday schedule.

It is a good idea to have on hand a variety of red and white wines in half-gallon and gallon sizes, such as Almadén Mountain Red Burgundy; Gallo Hearty Burgundy and Chablis, Inglenook Chablis or Rhine, and Ecu Royal French Country White; or other California or imported half-gallons priced from $\$ 3$ or $\$ 4$. You might even pick up a gallon of Gallo Paisano or Hearty Burgundy for perhaps a dollar more. In any case, these make excellent drinking simply poured into wine glasses, and provide good mates for mixed drinks -nogs, grogs, and punches.

For festive uncorkings stock a group of sparkling wines-inexpensive domestic champagnes, sparkling burgundy, or French vin mousseux such as Kriter, dry French sparkling white wine that sells at about $\$ 11$ for a magnum.

$\dagger$here are various views on how to achieve the perfect eggnog -whether to use the whole egg or just the yolks or just the whites whipped to glistening peaks -and which spirits make the best nogs, can be argued the twelve days of Christmas. Here are two sure-fire, exciting versions.
Opulent egignog. Scoop 2 quarts rich vanilla ice cream into a crystal punch bowl and let melt in the refrigerator or at room temperature, if you want to hurry
the melting. Stir in 1 cup Myers's Jamaica rum, 2 cups bourbon or other whiskey and $1 / 2$ cup peach or other fruit-flavored brandy (Leroux's peach- or apple-flavored brandy would be good). Fold in 1 pint heavy sweet cream, whipped until it stands in soft peaks, and chill until ready to serve. Pour into stemmed wine glasses. Dust each gently with powdered mace. Serves about 20.

## Beekman Place eggnog.

 Beat 8 egg yolks until light and lemon-colored, using wire whisk or an electric beater. Continue to beat while adding $\%$ cup granulated sugar until blended. Stir into mixture 1 bottle bourbon or other whiskey and $1 / 2$ cup Jamaica rum. Pour into a covered container and let stand overnight or until ready to serve, at which point fold in 1 pint heavy sweet cream whipped to soft peaks and 8 egg whites, beaten with a pinch of salt until peaked and glistening. Serve inthinly sliced lemon and a defrosted package of quick-thaw mixed fruits and 2 quart bottles carbonated water. Serve in stemmed wine glasses with a bit of fruit in each glass. note: Purists may use fresh strawberries and cubes of fresh pineapple instead of the frozen fruits, if at all available. Makes about 20 servings.

## Wine punch zingara. Mix

 together in a large bowl or pitcher the following: 1 pint orange sherbet, melted; 1 pint lemon or pineapple sherbet, melted; $1 / 2$ gallon any dry red wine. Stir. When ready to serve add a fresh orange, thinly sliced and seeded; 1 small apple, peeled, cored, and seeded; 1 small lemon, thinly sliced. Serve chilled or over ice block. Ladle into Old Fashioned glasses and hang a tiny cluster of green finger grapes over the rims. Makes about 30 servings.
## Pamplemousse pumeh.

 Float a block of ice in a holiday
## "Tie a trio of apéritif wines together with a small tin of cheese sticks"

glass mugs. Garnish tops with a few curls of chocolate shaved with a vegetable peeler from a semisweet bar. Serves about 15 .

punches can be potent or gentle, depending on the amount of wines and spirits used, and they may be extended by increasing fruit juices and sparkling sodas. Here are some ways with holiday punch to fit in with your palate and the occasion.

To give your yuletide punch the right look and effect, make your own ice block. Use a deep cake tin or any container that will produce a block of ice that will fit comfortably into your punch bowl. Fill with water to the desired level and freeze until ready to use.

## Gorgeous champagne puneh. Place block of ice in a

 gorgeous ceramic or china punch bowl. Pour in a fifth each dry white wine and peach or other fruit-flavored brandy and 2 fifths of an under- $\$ 5$ champagne. Add apunch bowl. Add 1 quart grapefruit juice and I quart cranberry juice, using either sweetened or unsweetened versions, according to taste. Add 1 bottle gin or vodka or whiskey. Finish punch off with 1 quart lemon- or lime-flavored carbonated soda. Pour into stemmed wine glasses; garnish each with a stick of candied orange peel. Makes about 30 servings.

## Woodeutter's warmer.

Bring 2 cups granulated sugar, 2 cups water, and the peel of 1 lemon to a boil in a small saucepan. Lower flame and simmer 5 to 6 minutes, until sugar melts. Transfer sugar syrup to a 4-quart heavy, enamel-coated pot and add $1 / 2$ gallon dry red wine. Simmer the mixture just until heated through, do not boil. Add a handful of raisins and bring the pot to the table or transfer to a fireproof casserole that may be kept warm over a small candle or burner. Ladle into ceramic mugs with a stick of cin-

## by Doris Tobias

namon in each. Serves about 20. Ski-slope punch for youngsters. This is inspired by the quick energy restorers used by athletes at the Olympic games.
Float a block of ice in a pretty green plastic punch bowl. Add 1 quart fresh or frozen orange juice, 1 quart apricot nectar, 1 quart pear nectar, 1 pint raspberry sherbet, melted. When ready to serve add 1 quart $7-\mathrm{Up}$ or ginger ale. Ladle into heavy ceramic mugs or plastic cups. Pass a bowl of cubed, glacéed mixed fruits for a do-ityourself garnish. Fills about 30 4-ounce cups.

## STPIRITEID GIFT IIDEAS

## Package together a bottle

 each of an Mlsatian Riesling, Sylvamer, and a spicy Gewiurtztraminer. These wines of Alsace, at under 85, are light, refreshing, and represent good value. Add a small tim of foie gras and tie the package with a huge blue grosgrain bow.Buy plenty of clear or softly tinted cellophane wrapping paper to package your wine bot-tles-pretty to see bottles and label through the clear wrap.

## Gromp a series of sherries

-from fino, bone dry, to
olorose, mellow-in a
good-looking handwoven
basket. Fill a tiny burlap sack with sugared almonds and another with shelled pecans. Tuck between the bottles and overwrap basket in pink-tinted cellophame.
Purchase one bottle of domestic champagne, such as Korbel from California or Great Western Brut from New York State. Plunk it into an inexpensive chilling bucket. Add a sprig or two of holly and overwrap in clear plastic. Tie with huge golden satin bow.
Pack 8 green-stemmed
Moselle glasses together
with one bottle of
Moselblümehen or
Liebfraumilch. Add a
package of homemade pfeffermuisse.
Fill a clear glass brandy snifter with your own rum or brandy balls: Mix together 2 cups pulverized cake crumbs, 2 tablespoons grated semisweet chocolate, I cup pulverized almonds, 2 tablespoons honey, and 14 cup Jamaica light rum or brandy. Form into balls by rolling between the palms of your hands. Dust with additional ground nutmeats and store in covered container until ready to package. Overwrap snifter containing brandy balls with yellowtinted cellophane and tie a miniature bottle of brandy to the footstem of the snifter.

Fill a large, shallow handwoven basket with crumpled red tissue amal stuff with 2 vase-container Sake bottles, some soy samee, preserved gimger, and a package of cellophane noodles. Tuck in several pairs of wooden chopsticks and overwrap with cellophane.
Buy a bottle of Wan Fu, a French white wine with Chinesy label, and package together with a box of fortune or almond cookies.
Pack a pienic basket with a wedge of IRoquefort cheese, a full-bodied Chat eauneuf-du-Pape, two ceramic-handled cheese knives, and 2 checkered mapkins.
Tie a trio of delicious apéritif wines-a Manzanilla sherry, Lillet, and Punt e Mes or Campari together with a small tin of cheese sticks.
Hox a bottle of fine Spanish Bioja red wime with a dozen Spamish oranges, a small bottle of Spanish olive oill, a box of rice, a vial of Spanish saffrom.
Stuff a clear plastic sack with shredded pale green cellophane and put a bottle of vodka like Smirnoff Silver in the center. Add a container of red caviar, a package of homemade Melba toast, and a tiny wooden spoon. Tie with frost-green ribbons.
Pack a bushell basket with a chnnk of Taleggio or Bel Paese cheese, six perfect Bose or other winter pears, and a bottle of Barollo wine.
Bundle together a tiny wooden cheeseboard, a small stainless cheese knife, a wedge of Brie or Belle Etoile cheese. Add a bot-
the of Moulin-à-vent or Brouilly (fine Beaujolais wines) and package in a plastic mesh bag drawn together at the neck with a red wool tie.

## For the elegant elitists on your list, a gala bottle of prestigious 12-year-old scoteh. Chivas Regal wrapped with a Tiffany silver measuring cup.

The Big Splurge-a special cuvée of Grand Fine Champagne Cognac in celebration of Remy Martin's 250th birthday. The Cognac-none younger than 50 years, the oldest laid down more than 100 years ago -comes in a handmolded bottle, in a wooden case with a signed commemorative certificate. About $\$ 250$.

## DAZZLING DESSERTS continued from page 123

## CHOCOLATE CAKE

Ingredients for chocolate mixture: 1 egg, slightly beaten; ${ }^{12}$ cup milk; 2/3 cup sugar; 4 ounces sweet chocolate.
Method: In a small, heavy saucepan combine egg, milk, and sugar. Cook and stir over low heat until mixture begins to barely coat the spoon. Add chocolate in small pieces, stirring until melted and thickened. Cool.
Ingredients for batter mixture: $1 / 2$ cup butter; $1 \%$ cups sugar; 2 eggs; 1 teaspoon vanilla; 2 K cups cake flour, sifted; 1 teaspoon baking soda; 12 teaspoon salt; 1 cup milk. Method: Preheat oven to $350^{\circ}$. Grease, flour 28 -inch cake pans.

In a bowl cream butter until fluffy. Add sugar gradually, and continue creaming until very light. Add eggs, vanilla, beat well.

In a separate bowl sift flour, soda, and salt together. Add flour mixture to the butter-sugar mixture, alternately with milk. Start and end with flour. (If using a mixer add at low speed.) Stir in chocolate mixture just to combine. Spread into pans evenly. Bake for 25 minutes or until cake springs back when pressed lightly in the center. Cool in the pans on a rack for 10 minutes. Loosen from pan and turn out on a rack to cool. Frosting and Glazing Ingredients: 6 ounces semisweet chocolate; pinch of salt; 8 ounces sour cream; almonds, ground and toasted. Method: In a saucepan melt chocolate and allow to cool. Add salt and sour cream and mix well. Frost between layers and glaze over cake and sides. Press almonds all around the sides of cake. Serves 8 .


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# Caroling in Cymru or What It's Like inWales at Christmas 

Seldom does any particular Christmas stand out in one's mind-at least not in mine. But a Christmas in Cymru, known to the majority of underpoetic, undermusical, underprivileged mortals as Wales, I shall never forget. Not that anything extraordinary happened; it was all one euphoric, carefree delight, and that haze is what I remember best.
The invitation was to a place called Rhayader in the hilly heart of Wales, and a rambling old homestead whose name was Rhydoldog (everything in Wales has either five "I"s in it or an "rh"), familiarly nicknamed "The Dog." It belonged to a lady with an apparently acidulous attitude toward Christmas, but actually one of the kindest, most generous hostesses I've known, named Oonah.
"The Frenzied Feast," she calls it-claims she'd like to go away where there is no Christmas, send no presents, hear no carols, turn Muslim and fast until the "whole ghastly affair is over and it's safe to come back." She also claims, contrarily, that she goes nowhere, spends more than she can afford, doesn't have time to become a convert, and "bastes and bakes and bickers and boozes" the holiday away, hoping for at least some measure of peace and goodwill by keeping her guests at the TV, turned up loud, for the whole dangerous three-day period.

## Chististas PUNCH

Put the rind of 2 fresh lemons, some cinnamon, nutmeg, mace, 2 cloves, 6 tablespoons sugar in $1 / 2$ pint boiling water, simmer 10 minutes. Strain. Pour into warm punch bowl and add juice of the 2 lemons, 1 bottle either cognac or rum. Stir and serve. Nice quantity for 4 to 6 congenial yule revelers.

The truth is both she and her guests love the whole performance, and their pleasure in her style of hostessing is in no degree diminished by huge and continuous helpings of food and drink. The Welsh are notorious for
smoothing the truth with just a bit of varnish, so Oonah's Welshness may account for the fact that neither of her versions accurately describes an Oonah Christmas.
On my Christmas Eve for instance, the local choir singers appeared at the door to give us a song in the snow. Oonah's husband handed out bottles of beer as their reward. The catch was she had neglected to warn him that she had filled those bottles with sloe gin. The choir sang "Bless This Home" with unusual feeling, to a very receptive audience. There was not a dry eye in the houseparty, nor a dry chorister able to wend his way back to Rhayader after.
Later a group of urchins on the same mission showed up and were given the traditional sixpence each for their pains. Possibly because inflation had already set in, they objected to this and showed their displeasure by stuffing old newspapers into the ends of the drainpipes and setting them alight. This, as the little devils knew it would, caused a great roaring in the pipes, to the consternation of the household, which, convinced that a tornado had struck, rushed out into the snow and the snickers of the young wassailers as they ran off.
It would have been hard to identify them anyway, for they were all probably surnamed "Jones." In fact, in Wales, you have to identify which Jones you mean by saying, "Jones the Alderman, Jones the Meat, Jones the Schoolmaster." If your mail did not arrive in the morning, you'd have to inquire about it from "Jones the Post."

We had reached Rhayader by train from London, a little band of houseguests and our host, including Kathy, an enthusiastic artist; Tommy, a gentle Austrian art dealer; P.O.M. (standing for Poor Old Maurice) a television writer; and assorted other adults, children, and family. We filled one compartment, and five of us spilled over into a second. Shortly after leaving London a genial gentleman popped his head in and asked if the empty seat was indeed unoccupied. Once installed, he seemed agreeably chatty, pointed
out the sights, asked and answered questions-in short an acceptable addition to our group.

## LEEK SOUP

Wash the white parts of 4 big leeks and slice them crosswise into thin rounds. Put in a
saucepan with 2 tablespoons melted butter, 1 chopped onion. Sauté slowly until they are pale golden. Add 4 peeled, diced potatoes, $21 / 2$ cups
hot water, salt, pepper.
Simmer until potatoes are tender. Add 3 cups hot milk, 1 tablespoon butter. Stir. Add 1
teaspoon sherry per portion and serve.

But our host did not join in, and gradually it became clear that he disapproved of our talking to the stranger at all, so conversation lagged and finally died.

When we arrived at Rhayader and piled out with all our luggage, we left our friend to chug on in splendid isolation. I asked our host why he'd been so incommunicative. "Oh," he replied cheerfully, "That was the Duke of ---, a bloody fool!" There we had been, rubbing elbows with our first Duke and not allowed to be sociable. The rest of the holiday was so full of communication of all kinds, that this early oasis of calm was soon forgotten.

We were met by a red-nosed gardener in the chill sunlight, his breath steaming in competition with the engine, and whisked off into the snowy, rolling countryside. At the end of a winding road, lined with trees that groaned with their load of snow, was the family mansion where we were immediately plied with large and warming libations.

British winters are mild, but since they refuse to admit that it ever gets cold, you can easily freeze to death in a country house if the temperature drops-and it did. Except for the Yellow drawing room where a crackling log fire kept things slightly above freezing, the Red, Mauve and Blue rooms, to say nothing of the bedrooms, alike suffered from the

## by Henry McNulty

fact that Grandfather had installed "central heating" so specifically central that it neglected to extend beyond or above the hall. In Yellow, the center of conviviality, Oonah's psychologically inspired décor framed the view to the valley through big bow windows with curtains fashioned from her mother's damask tablecloths-a not too useful heritage in Oonah's casual life style-dyed a warming gold.
In that bow window, we eventually planted a thick leaved Christmas tree, fresh and aromatic, hacked down on the property itself by a delegation of guests and host; spurred on by a ceremony that was half cocktail party, half pagan rite. Once installed, the tree was decorated traditionally, but gifts were handed out on Christmas Eve, leaving Christmas itself free for church and dinner.

## RDAST POTATOFATTENED GOOSE

## Young geese in Wales as

 elsewhere are tenderer, Oonah says, and weigh 8 to 10 pounds. For stuffing, she parboils 2 pounds leeks, washed and chopped. When done add 3 tablespoons chopped fresh sage, salt, pepper, 2 cups breadcrumbs, pinch of nutmeg. Stuff the goose, truss, prick its skin in several places to let fat run out. Bake in hot oven 20 minutes, then lower heat to $350^{\circ}$ and continue roasting for 20 minutes per pound. Remove fat, save it (clarified it is delicious instead of butter on toast). Mix remaining brown juice with stock for gravy. You can also add 3-4 tablespoons brandy to the juice, and flame before making into gravy.Church could be somewhat confusing, with children singing "While shepherds washed their sox by night" by mistake, but dinner was thoroughly organized. It began with leek soup, since leeks are the "official flower" of Wales. Choice of the leek may be a relic of Wales's Roman occupation armies. All Romans, it ap-
pears, thought leeks excellent for maintaining a sonorous voice. And the Welsh not only love to talk and make speeches, but seem to spend most of their time singing. So the mellifluous leek is important in their lives, and they love them. This is sometimes hard on friends, as is implied by the 16thcentury Welshman who advised, "If Leekes you like, but do their smelle dislike, eat Onyons and you shall not smell the Leeke. If you of Onyons would the scente expelle, eat Garlicke that shall drowne the Onyon's smell." The next stage could only have been suicide, I suppose.

After soup came a potato-fattened goose, baked in the old brick oven in The Dog's ancient kitchen. Logs were fired amid the bricks and the oven's heat tested by throwing in a handful of flour. When the flying flour browned as it was thrown in, the oven was cleared of wood, the bird, stuffed with sage and onion, thrust in and left to cook until ready.
Rhydoldog geese were always fed on potatoes for a week or two before they were sacrificed for the Christmas feast. The tenant farmer brought them to the house ready dressed in "waistcoats" of holly leaves, with red holly berries marching down the center of their chests like buttons. After baking they were redecorated and brought to the table resplendent
and tasting as good as they looked.
Vegetables included potato scooped out of its baked jacket, mixed with cheese and butter and replaced in the skin, and Brussels sprouts ("just a way of conveying water to the table," as one of Oonah's less complimentary guests once said).
But this gastronomic gaffe was recouped with a complicated savory-toast cut into a circle just big enough to hold a round of beetroot. On this would be curled an anchovy. In the center of the anchovy a dollop of thick cream was topped by a sprig of parsley. Dessert was traditional Christmas plum pudding with mince pies almost afloat with brandy.
The day after Christmas, Boxing Day in England and Wales, the leftover goose became a fricassee with a white sauce, and the plum pudding was fried and served with cream,
The drinks at oldtime Rhydoldog Christmas dinners were segregated. The men got whiskey served in individual decanters at each place. The ladies got wine. In our day there was such a profusion of whiskey, wine, port, and brandy that you could take your choice.

The Welsh have a formidable reputation as drinkers, a tradition some of its modern poets and movie stars are doing their best to maintain. An ancient Welsh

## GIN SORBBET A LA ANN DA CDSTA

> Lovely W elsh hostess in London, Ann Da Costa, ends her Christmas dinners with a "light" sorbet flavored with gin. She drains a 16-ounce tin of grapefruit segments, putting the juice in a saucepan with enough water to make up $11 / 2$ cups of liquid. Then add half a cup sugar and boil for 5 minutes until you get a syrup. Cool. Add the grapefruit segments and $1 / 2$ to $3 / 4$ cup gin in a blender and liquidize. Put the sorbet in the deep freeze for 1 hour. Stir it thoroughly, then put it back into the freezer to solidify. (it never gets completely solid) and keep until you are ready to use it. This also makes a good starter to a dinner if you prefer.

minstrel, Phylip Brydid, objected bitterly at the court of Prince Rhys Ieuanc one Christmas that the old generosities were dying out. Normally after a battle or during a feast, the brave and the bards were praised and rewarded with liquor. Alas, Phylip complained, for lack of the latter in modern
days, he was being forced to give up singing and become "an ermid." He needn't have worried.

Welsh Yule superstition had it that the first foot over the threshold on Christmas morning had to be that of a dark male, the Holly Boy. Elaborate precautions were taken to prevent an Ivy Girl from entering first. Being Welsh, the tradition stemmed from a singing contest, where the boys and girls tried to outdo each other with satyrical ditties.

The perfect ending to a Welsh Christmas from the point of view of us houseparty guests was that a blizzard set in, and we were snowbound for four days. No trains, no cars, no possibility of getting back to London and work.
Oonah invented ways to get food into us without seriously interfering with other activities. One method was via a sort of Welsh version of Boeuf Bourguignonne, chunks of prime beef dunked in a mixture of hot oil and butter, then dipped into various Welsh condiments. Another was Welsh Rabbit, a fine way to make a meal out of a piece of cheese and an egg, or a Swiss fondue with four mixed cheeses. All this washed down with a great deal of champagne and wine or whiskey from The Dog's copious cellar.
We staggered back to London for a rest, exhausted but unforgettably happy.

# Shopping <br> nformation 

## All prices approximate. © Consult your interior designer or store alecorating department. Postage indicated by ().

## CHRISTMAS 1974

Page 80:
"Holiday" china: $\$ 25.95$ per 3-piece place setting; "Celebration Shape/ Gala" crystal stemware: $\$ 37.50$ per 3 -piece setting. Both by Lenox.
"French Renaissance" sterling flatware: $\$ 165$ per 5 -piece setting; sterling porringer: $\$ 12.95$. By Reed \& Barton.
Green linen napkins: Designed by Rosalie Boalt. $\$ 6$ each. At J. Allen Murphy.
"Dinner Taper" candles: 10 ". 35 c . By Lenox Candles. At Lord \& Taylor. Christmas tree and reindeer wreath: by Robert Webb.
Cake: from Mary Elizabeth's Ltd. Page 83:
Decorations on Gourmet tree: from the Monmouth Museum.

Page 85:
Decorations on South American tree: available at Judith.

## holiday tables

Pages 86-87:
Silver fabric covering table: silver metallic eyelash fabric, $40^{\prime \prime}$ wide. $\$ 3.50$ a yd. By Gladstone Fabrics.
"Theme" china: $\$ 31.50$ per 5 -piece setting; "Chantilly" crystal stemware: water, wine goblets, sherbet glasses, $\$ 12.75$ each; "King Charles" sterling flatware: $\$ 125$ per 4 -piece setting; sterling tray: $12^{\prime \prime}$ diam. 824.50. All by Gorham. Crystal and tray at Altman's.
"Allegorical Animals": "Outboard," $81 / 2^{\prime \prime}$ high x 9 " long, $\$ 450$; "Peaceable Kingdom," $41 / 2^{\prime \prime}$ high x 6 ", $\$ 200$; "Giselle the Giraffe," 12 " high $\times 10^{\prime \prime}$, $\$ 350$; "Circus Ballet," 10 " high $\times 10$ ",
\$475. All silver washed bronze designed by Gant Gaither. At Bonwit Teller.
"Clare" linen fabric covering table: Irish linen, $45^{\prime \prime}$ wide. 86.50 a yd. By Moygashel. At Marshall Field. "Lotus Eaters" Italian china: dinner, $\$ 15$; salad, $\$ 12$; bread/butter, $\$ 9$; cup, saucer, $\$ 15$. Bergdorf Goodman.
"Martinique" sterling flatware: $\$ 161$ per 5 -piece setting. At Fortunoff's. "Latham" glassware: water, \$8; wine, 87. From Italy. Carole Stupell. Antique Victorian salt and pepper: silver-plated with blue liner and spoons. $\$ 100$ the pair. At James II Galleries, Ltd.
Silver-plate peach basket: $6^{\prime \prime}$ diam. $x 41 / 4$ " high. $\$ 35$. By Godinger Silver Art. At Bergdorf Goodman.
Silver-plate mushroom basket: $41 / 4^{\prime \prime}$ high, $5^{\prime \prime}$ diam., x $10^{\prime \prime}$ long, 837.50 . By Godinger Silver Art. At I. Magnin. Silver-plate wine cooler: $10^{\prime \prime}$ high x $10^{\prime \prime}$ deep, $\$ 150$; silver-plate dinner bell, 820 . Both at $S$. Wyler, Inc.
Pink linen napkins: Belgian linen and polyester, $16^{\prime \prime}$ sq., $\$ 1.25$ each. By Fallani \& Cohn.

## Pages 88-89:

"Pembroke" china: $\$ 38$. per 5 -piece place setting. By Aynsley.
"Sheila" crystal stemware: goblet, claret, champagne. $\$ 15.25$ each. By Waterford. Aynsley china and Waterford crystal stemware at Altman's.
"Hampton Court" sterling flatware: by Reed \& Barton. At Fortun. off's.
"Lemon" Belgian linen tablecloth and napkins: linen and polyester. tablecloth, $90^{\prime \prime} \times 70^{\prime \prime}$ wide, $\$ 14.50$; nap. kins, 81.25 each. By Fallani \& Cohn.
Crystal relish dishes: cat, hippo, and dog, $\$ 15$ each; silver-plate basket: $2^{1 / 2} 2^{\prime \prime}$ high, from Italy, $\$ 38$. Relish dishes and basket at Carole Stupell.
"Staccato" Temperware: freezer-to-oven-to-table, dishwasher safe. $\$ 27.50$, 5 -piece setting. By Lenox. Altman's.
"Colonial Theme" sterling flatware: $\$ 159$ per 5 -piece setting. By Lunt. At Altman's.
"Vogue" Belgian linen tablecloth: linen and polyester, $90^{\prime \prime}$ round. $\$ 19$. By Fallani \& Cohn.
African basket: $14^{\prime \prime}$ sq. x $3^{\prime \prime}$ high, with lid. $\$ 15$; African design napkin, $\$ 5$ each. Both at Henri Bendel.
"Twilight Amethyst" stemware: water, \$4; wine, \$4. At Carole Stupell. "Unscented Folding Columns" candles: shown in hot pink and red. $3^{\prime \prime}$ high, \$1.75; $6^{\prime \prime}$ high, $\$ 2.25$; $9^{\prime \prime}$ high, $\$ 2.75$; 12 " high, $\$ 3.25$. By Lenox Candles.
French salt and pepper shakers: $2^{\prime \prime}$ diam. x $31 / 4 /$ high. $\$ 72.50$. At S. Wyler. "Blossoms" china: $\$ 30,5$-piece setting; "Evora" erystalstemware: glas-

Continued on page 175

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Handsome gold-plated bracelet with your zodiac sign makes a striking fashion accent and a sure conversation starter with astrology buffs. Specify sign or birthday. $\$ 6$ plus 75 c post. Free catalogue. H. N. Drew, Ltd., HG124, 49 Mamaroneck Ave., White Plains, NY 10601.


CREWEL SUSANS
Blackeyed Susans with yellowgold petals are beauties to work on the design-stamped fabric $22^{\prime \prime}$ by $28^{\prime \prime}$. Deep brown background, green leaves. Kit includes 100\% wool yarns, needle, instructions. $\$ 11.95$ plus 50 c post. Color catalogue, 25c. Tower Crafts, HG12, Box 575, Champaign, IL 61820.


CEILING FAN
Natural air cooling. Adaptair adjusts angle of blades (on 52" only). 2 speeds. 5 yr. guarantee. $52^{\prime \prime}$ fan with adaptair lever $\$ 279$; without, \$239. $36^{\prime \prime}$ fan $\$ 159$. Light Adapter Kit \$16. F.O.B. Memphis. Free brochure. The Ceiling Fan Gallery, HG12, Indian Neck Lane, Peconic, NY 11958.


KASHMIR CREWEL
Heavenly spreads and tablecloth are hand-worked in crewel embroidery on natural hand loomed cotton. Imported from Kashmir. Twin, $\$ 70$; full, $\$ 80$; queen, $\$ 90$; king, $\$ 100.70^{\prime \prime}$ dia. cloth, $\$ 50$; $90^{\prime \prime}, \$ 60$. Ppd. Catalogue, swatch 50 c . Gurian's, HG12, 276 5th Ave., NY 10001.


HURRICANE SHAKERS
Pewter and glass combine brilliantly in salt and pepper shakers. $2^{1 / 2^{\prime \prime}} \mathrm{h}$. Lovely additions to any table setting. Pewter requires no polishing to look its best. $\$ 8.50$ a pr. gift boxed and ppd. Legacy Sterling Club, HG12, 206 Rockdale Ave., New Bedford, MA 02740.


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Take treasured snapshots out of hiding. Display them in this revolving photo file! No gluing! No mounting: Simply slip photos up to $31 / 2^{\prime \prime} \times 51 / 2^{\prime \prime}$
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FERRY HOUSE Dept, G-124 Briarcliff Manor, N.Y. 10510

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Water color animal alphabet spells names (specify) in bright colors. $9^{\prime \prime} \times 12^{\prime \prime}$, matted, up to eight letters, $\$ 4.95$; more letters, each 50c. Entire alphabet, capitals or small letters matted, $14^{\prime \prime}$ x $18^{\prime \prime}, \$ 10.95$. Add 75 c post. Lauras Loveables, Dept. 12, Box 7381, Las Vegas, NV 89101.

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Look at the legs! Unique design provides complete comfort with any chair for eating, leiter writing, cards, hobbies. Walnut grain top is stain and heat resistant. Sturdy steel tubular legs are finished in black satin enamel. Folds. $15 \times 231 / 2 \times 24^{\prime \prime}$. An appreciated gift. $\$ 25.00+$
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Expanding file has 12 sections for bills, receipts and such. Indexed for month, category or $A B C$. Design on gold leathergrain vinyl. $12^{1 / 2} \times 10^{1 / 2}$. Initials engraved on brass oval. (Please print.) $\$ 8.98$ plus 75 c post. Lillian Vernon, GD1, 510 So. Fulton Ave., Mt. Vernon, NY 10550.


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Child's tangle-free comb goes smoothly through hair, makes tangles vanish like magic and encourages good grooming. $71 / 2^{\prime \prime} \times$ $2^{\prime \prime} \times 11 / 4^{\prime \prime}$. Two-tone pink and white plastic. Uses penlite batteries (not included). $\$ 4.98$ ppd. Twin Pines, HG12, Box 14433, Philadelphia, PA 19115.


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San Francisco cable car in a colorfully romantic scene to look at every day. Screened in brown, red, blue and gold on natural linen, the 1975 towel is $17^{\prime \prime}$ by $29^{\prime \prime}$. Comes with dowel and cord, ready to hang. $\$ 2.39$ ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901 .


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CHRISTMAS WREATH $18^{\prime \prime}$ diam.
200 PEPPERS
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SHOPPING AROUND
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| :---: | :---: | :---: |
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| Name |  |  |
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| City/State |  | \$1.50* |
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FROM HOLLAND
Keepsake to treasure: child's $8^{\prime \prime}$ plate in delft blue on white. Full name, weight and birth date are painted by hand around its rim. Clock in background can show hour of birth. Allow $6-8$ weeks for delivery. $\$ 9.95$ ppd. Brookfield House, HG, Brookfield Center, CT 06805.


SLEEP-EUROPEAN
Brochure of Lekva Cloudite Continental Comforts details new line of goose down comforters in cotton cambric ticking, decorative outer coverings. Ordering information is included. $\$ 1$, refund able with first purchase. Worldwide Bedding Shop, HG-12, Box 9697, Seattle, WA 98109.

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Giant wall murals you can paint yourself, by-the-number method, shown in catalogue. 74 designs up to $12^{\prime}$ wide (up to three color schemes). Kits include patterns, brushes, paints, from $\$ 2.95$. Catalogue 35 c . Double $M$ Marketing, Dept. HG-412E, Box 8500 , Fountain Valley, CA 92708.

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Upholstered car seat lets pet look out, enjoy travel. Fits all seat types. Black or beige. Height adjusts, folds compactly. $12^{\prime \prime} \mathrm{x}$ $15^{\prime \prime}$ size $\$ 17.95$; $13^{\prime \prime} \times 17^{\prime \prime}$ size $\$ 19.95$. Add $\$ 2$ post. Catalogue 25c, free with order. Du-Say's, Dept. P-56, Box 24407. New Orleans, LA 70184.

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you might think that begonias have gone about as far as they can go, but there seems to be no end to the surprises latent in this amazing genus. The latest caper is the Rieger strain, which adds a whole new range of possibilities to our familiar house plants. The Riegers look like a cross between tuberous and fibrous rooted species, but are actually of fibrousrooted parentage. Developed by the Rieger firm in Nurtingen, Germany, about ten years ago, the first of the new begonia type was the red-flowered variety Schwabenland. This has been followed by the Aphrodite series, with rose-, pink-, and orangeflowered varieties, all with the healthy foliage, strong growth, and profuse flowering of the original Schwabenland. The Riegers have quickly picked up an American following, and Mrs. Cleve Clark is a leading enthusiast. The Clark dooryard, above, is festooned during the summer months with Riegers hanging on chains slung from tree to tree. In late summer Mrs. Clark roots cuttings from her choicest flowering plants. During the winter these grow to flowering size in her greenhouse while the older plants go on blooming and are used for indoor display wherever needed. Resistant, but not completely immune,

to the mildew and stem rot that plague all begonias, the Riegers root easily from stem or leaf cuttings, grow lustily in a potting soil composed of 60 percent sphagnum peat, 30 percent coarse perlite, and 10 percent garden loam. Light feeding is the rule, and too much fertility will produce lush green leaves, few flowers. An absolute must is free air circulation around the growing plants. This helps account for the good health and floriferousness of

Zelma Clark's Riegers, since air movement and dappled shade under her maple trees are just what they delight in. Rieger begonias are available at florists and garden shops everywhere. Please note that although they are easy to propagate and grow to flowering size, the plants come under patent regulations and may not be sold without a license from the originator. Aphrodite Pink and Schwabenland Goldorange are two of the new additions.

## "You might think begonias have gone about as far as they can go, but there seems to be no end to the surprises latent in this amazing genus"

An old farmer's trick is to store apples and potatoes together. This is done to keep the potatoes from sprouting, and generations of experience have shown that the method works. The reason is that ethylene gas given off by apples inhibits growth of the potatoes' buds or eyes. This method of storage will also prevent sprouting of onions and other root erops. By the same token, though, dahlias, camnas, gladiolus, and other things that are supposed to sprout should not be stored in the same room or compartment with apples. Most particularly, tulips, daffodils, and other bulbs being forced for early bloom should be kept away from them. Just a touch of ethylene in the air will keep the bulbs from blooming as they are supposed to.

It's good to know that the dean of rose hybridizers, R. M. Tantau of Germany, has produced yet another winner. This time it is Oregold, a real golden-yellow tea rose, slightly scented and with the vigor and floriferousness we expect of modern hybrid teas. Oregold is one of three All-America Rose Selections for 1975. Arizona, from Weeks of California, is of the grandiflora type, with flowers in a bright combination of bronzy copper and pink. Rose Parade, a
floribunda, produces huge clusters of clear rosy pink. This is the first introduction of hybridizer J. B. Williams to become an All-America selection. All are available for this year's Christmas giving. Ordered now, planted in early spring, any or all All-America Selections will turn in a great performance next summer. You can get AllAmericans wherever rose plants are sold. One of the best places to order by mail is Jackson \& Perkins, Medford, Ore. 97501.

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Madison Avenue. New York, New York, 10017 Madison Avenue, New York, New York, 10017. 2. Location of the Headquarters or General Business Offices of the Publishers is 350 Madison Ave-
nue, New York, New York, 10017 . ue, New York, New York, 10017
3. The names and addresses of the publisher,
ditor and managing editor are: Publisher, Poul editor and managing editor are: Publisher, Poul
Hornsleth, 350 Madison Avenue, New York, N.Y. 10017 ; Editor, Mary Jane Pool, 350 Madison Avenue. New York, N.Y. 10017; Manager Editor, one.
4. Owner: The Condé Nast Publications Inc., 350 Madison Avenue, New York, New York 10017 . Stockholder: Through intermediate corporations to Advance Publications, Inc., S. I. Newhouse, sole
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THE MAGIC MOMENT continued from page 93
or the star from Judy's family, or the shiny blue ball we hang in the doorway that tinkles out Silent Night much too fast when it is pulled down-and so many others that remind us of other houses and Christmases deep in the past.
Christmas draws back to itself memories of a whole life. When we came to America in 1916 as refugees from World War I, my parents and I lived for a year in Washington, D.C. I was four and have very dim memories of that time. It was not happy-in fact my chief memory is of the wolves howling at night in the zoo nearby. That haunting sound of misery is connected with the atmosphere of those days, although I was too young to know all the reasons for it. What I do remember with intense emotion even now is finding a teddy bear at the door Christmas morning left there for me by an Admiral whose name I have forgotten, but not his imaginative kindness in giving a small transplanted child something to hug. Something to hug was what I desperately needed.

Later when we lived in a small apartment in Cambridge, I was adopted by the family of Boutons across the street, and there Christmas became a prolonged feast for our dolls. The living room was converted into a doll's house, each room marked out in chalk on the floor. I brought over my dolls furniture and Betty, Miggy, and Chussy Bouton brought theirs downstairs. Half the fun was the endless preparation. But finally all the dolls were settled in and then Aunt Mary helped us make oldfashioned sweet white candies with a cherry or nut on top of each one; we made tiny cakes and tiny sandwiches; and all that week the dolls feasted, carried on long conversations that often ended in gales of laughter, and were endlessly put to bed for misdemeanors, then forgiven and allowed to get up and be
dressed again. The best of it was that my father was across the street and could not be distressed by all this "spoiling."

Even after I had grown up I always tried to come home for Christmas, but there were two memorable ones when I was far away. The first was a Christmas in Paris when I was nineteen. My friend Mary Chilton, who was to die tragically young a year later, invited me and a friend to go with her to Chartres for the midnight Mass, and to spend the night. We set out in cold and rain-the more extravagant it seemed to be driven in a limousine! Somewhere en route we stopped for dinner but that memory has been erased completely because of the overpowering beauty and strangeness of the great cathedral when we got there late at night. I had seen it before only in daylight when the stained glass and its marvelous blues, crimsons, and golds magnetized one's whole attention. Now in the dark of the night, it was the structure that dominated, the amazing thrust of the pillars, and below them, far below, hundreds of candles around the altar and along the aisles. I had never attended a Mass before and now I was there in the great cathedral of Mary among hundreds of believers, I felt both full of wonder, and lonely. We stayed till the very end, long after the congregation had hurried away for the réveillon, so we saw the acolytes in their red surplices and white lace collars, a drove of little boys, run out like schoolchildren let out of class, laughing and pushing each other toward the great doors.
Years later I spent a Christmas in Santa Fe and was again taken to midnight Mass, but this time it was in another world. We first had to drive thirty miles or more through a really frightening blizzard, along dirt roads, in total darkness, until far off, after what seemed hours, we heard the drums,
and knew we were approaching The Pueblo of Santo Domingo and had reached our destination. Because of the bad weather, we were the only Anglos there. We walked slowly into the small Adobe church smelling of piñon and incense, where Indians stood all around the sides, and six little children ringed the pulpit, their round faces just able to see over. A dance was in progress, or just ending, for the dancers in deer-masks and buffalo heads had gone to kneel at the altar, this ancient world paying courteous homage to other men's religion. The Catholic Mass followed on the dance and all seemed woven together as if we were part of something mysterious and greater than any dogma. The Mass over, we all piled out to the traditional firing off of shotguns as the procession of deer, buffalo, Indians, Franciscan priests, and we, the Anglo strangers, moved out into the silent falling snow.
At such times, in such places, we know that we are in the presence of mystery, the mystery of renewal that takes place at the darkest hour, in the winter cold, and we are given Christmas again. We are given it although we do not deserve it; we are given it in spite of wars and starvation and lack of imagination and all that has stultified love over the past year. And we are given it so that we may be brought to our knees before the power that is reborn in us at the darkest time, the power to make a new beginning, to give of ourselves more deeply in the communion of saints on earth.

## "Now lay down thirst and hunger

There in the lonely manger,
And in the desolate place
Lay the green saving grace,
The bough without a thorn,
For God in man is born;
Out of all grief and pain,
Love, be renewed again!"。
May Sarton, York, Maine

SHOPPING INFORMATION continued from page 127
ses, $\$ 9$ each; decanter, $\$ 35$. China and stemware by Block China. Altman's.
"Vision" sterling flatware: $\$ 202.50$ per 5 -piece setting. By International Silver. At Marshall Field.
"Copper" Belgian linen tablecloth: linen and polyester, $90^{\prime \prime}$ round, \$19; napkins, $\$ 1.25$ each. By Fallani \& Cohn.
"Unscented Folding Columns" candles: $3^{\prime \prime}$ high, $\$ 1.75$; $12^{\prime \prime}$ high, $\$ 3.25$. By Lenox Candles.

## Pages 90-91:

Royal Limoges "Madras" china: $\$ 28.50$ per 5 -piece setting; 6-cup coffeepot. $\$ 31.50$; "Old Masters" crystal stemware: $\$ 20$ per 3 -piece setting;
"Queen Elizabeth" sterling flatware: $\$ 177$ per 5 -piece setting. All by Towle. All at Bromberg's.
"Hot Pink" Belgian linen tablecloth: linen and polyester, $90^{\prime \prime} \times 70^{\prime \prime}$. \$28. By Fallani \& Cohn.
Silver-plate wine cooler: $\$ 220$; gilded knife rests, $4^{\prime \prime}$ long. $\$ 160$ the pair. At James II Galleries.
Pair of sterling salt and pepper shakers: $\$ 90$. At S . Wyler Inc.
Porcelain baskets: $\$ 16$ each. By Mottahedeh. At Altman's.
Linen napkins: $\$ 7.25$ each. At Léron.
"Lacy Fern" china: $\$ 35.95$ per 5 . piece setting. By Vera for Mikasa. At Bowring Brothers Ltd.
"Green Grape" linen tablecloth: $102^{\prime \prime} \times 60$ ". $\$ 24$. By Vera.
"Moonstone" stemware: $\$ 6$ each. By Fostoria; pewter salt and pepper: $\$ 14.75$ a set. At Carole Stupell.
"Queen Anne" sterling flatware: $\$ 164.25$ per 7 -piece setting. By Stieff. At Woodward \& Lothrop.
Sterling coffeepot: $81 / 4^{\prime \prime}$ high, 38 ounce. $\$ 775$. At James Robinson, Inc. "Star" moiré fabric covering dining table: cotton, $41 / 2^{\prime \prime}$ repeat. By Stroheim \& Romann.*
"Heritage" stoneware: 10 " dinner plate. $\$ 2.50$; 45 -piece service, $\$ 55$; 16 piece service, \$19. By Pfaltzgraff.

Continued on page 177


Because House \& Garden wishes to fill your booklet requests promptly, arrangements have been made for you to order directly from us. Fill in the coupon below, circling the number of each booklet desired. If remittance is required other than the 50 c charge for postage and handling that must accompany each coupon, it will be indicated next to the booklet number. Enclose your remittance in the form of coin, check, or money order only. Please do not send stamps. House \& Garden will do everything it can to see that your requests are filled as rapidly as possible.

## Building and Remodeling

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## 2. LIKE TO IMPROVE THE

 appearance of your HOME? Alcan Aluminum Corporation's booklet on aluminum siding tells you how. It gives notice on how to combine colors and styles of aluminum siding and aluminum accessories to give your home character. 35 c
## 3. PARQUET WOOD FLOOR-

ING and wall paneling. Two brochures: one illustrates parquet floor patterns available in genuine Thai-Teak and other exotic hardwoods; the other, decorative wood wall paneling. Bangkok Industries, Inc. 50c

## 4. INSTANT HERITAGE -

 comes with owning a Yankee Barn Home. Informative package includes specifications, plans, and prices on available models for those who have always longed to enjoy the freer lifestyle and rustic ambiance of a barn. $\$ 3$
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## 6. COMFORT AND BEAUTY

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10. "IDEA WINDOWS 2"-20-page, full-color brochure highlights many decorating ideas with Del Mar Woven Wood window coverings and shades in a variety of patterns, colors, and trims. Styles for every room in your house. 50c
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12. FINE EARLY AMERICAN FURNITURE COLLECTION, "Burnt Chimneys" is shown in an attractive brochure from Gravely Furniture Company. The design-
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13. "THE CORDIAL TOUCH" -24-page booklet from General Wine \& Spirits crammed with recipes for appetizers, dips, desserts, and fish, poultry, and beef dinners. The exciting ingredient in all dishes is . . . Leroux Cordials and Brandies.

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16. "SMALL WORLD OF BIG TREATS" is a collection of distinctive entertaining ideas and recipes featuring liqueurs from Holland, Switzerland, Turkey, and Israel, and Jamaica rum. Prepared in cooperation with House \& Garden from Park Avenue Imports.

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## SHOPPING INFORMATION <br> continued from page 175

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$\$ 5.95$ each. By Morgantown of West Atlanta Virginia. At Mayhew.
"Romance of the Sea" sterling flatware: $\$ 199$ per 6 -piece setting. "Bancker" coffee and teapots: by Wallace. At Fortunoff's.
White stag tureen: $12^{\prime \prime}$ long x $51 / 2^{\prime \prime}$ wide $\mathrm{x} 12^{\prime \prime}$ high. $\$ 90$; silver-plate ice bucket: $7^{\prime \prime}$ diam. x $12^{\prime \prime}$ high. $\$ 175$. Both at Carole Stupell Ltd.

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Floors: In lower living room, oak strip; in kitchen, 4-inch-square quarry tile by Shep Brown Associates, Inc.; in master bedroom, carpet by Lees Carpet Div. of Burlington Industries, Inc.; in front hall entry, carpet by Durkam Carpet Corp.; all other carpet by Commercial Carpet Corp. Lighting fixtures: Recessed fixtures by Lightolier, Inc.; wall mounted lamps by Luxo Lamps Corp.
Hardware: Brushed stainless hardware by General Lock Mfg. Co.
Kitchen and bathroom cabinets: Wood custom cabinets by Cliftondale Woodworking, Inc. painted with white semigloss.
Plumbing fixtures: Kitchen sink by Elkay Mfg. Co. with fittings by Delta Faucet Co.; bathroom lavatories by American-Standard Co.; toilets by Crane Co.

## MECHANICAL EQUIPMENT

## AND APPLIANCES

Appliances: Kitchen range, oven and food waste disposer by Thermador Div., Norris Industries; KitchenAid dishwasher by the Hobart Mfg. Co.; refrigerator and freezer by Gibson; exhaust fan by NuTone, Inc.
Incinerator: Calcinator Corp.
Water heater: Everhot All-Copper, Inc.
Heating system: Oil-fired forced warm air heating system designed by Leo Brisette; furnace by Lennox Industries, Inc.; circulating pump by Bell \& Gossett, ITT; oil heater by Westinghouse Electric Corp.

# A Doctor of OSTEOPATHY Claims He Has Perfected a PROVEN NEW HOME CURE 

 FOR ARTHRITIS!
## EXPECT A MIRACLE OF FREEDOM FROM

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Here's thrilling news about a Doctor's Proven New Home CURE FOR ARTHRITIS! Based on the result of hundreds of successfully treated cases, this cure is now available for the first time in a new book!
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cured! All types of arthritis. Complete and permanent cured! All types of arthritis. Complete and permanent cure is possible! With this method, he says, pain and swelling disappear - almost overnight! Even bone structure can be returned to normal. It's safe, easy, and ef fective!

## Expect A Miracle Of Freedom From Pain

What has this method done for Dr. Campbell's patients? He reports:
or young "not mattered whether these patients were old or young."
had arthritis." mattered in what part of the body they had arthritis."

- "It has not mattered whether the doctor who referred them to me said it was caused by an infection, or what type of arthritis they had.
- It has not mattered whether they were still getting around or whether they were bedridden.
- "It has not mattered for how long they had arthritis."
"Their arthritis was cured," he states flatly, "and yours can be, too!" There is just one exception. "I confess right here and now that I cannot help those who have had extensive gold treatments, and who have undergone blood changes because of extended drug or chemical treatment," he says.
However, while no one can guarantee relief or cure in such cases, Dr. Campbell's files are filled with case histories of people who have obtained relief even after drug therapy. In addition, he says he has achieved within the first five years - after which he can offer only relief of pain and no further damage. Still a spectacular hope for any sufferer! Even the agony of weather changes can be a thing of the past!
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Never before has a CURE been offered. Doctors could only offer partial relief. Dr. Camp-

## MEET DR. CAMPBELL

Dr. Giraud W. Campbell is a graduate of the Philadelphia College of Osteopathic Medicine, Class of 1931. Since then he has practiced for over 40 years in New York State. After World War II, Dr. Campbell commenced laboratory research and laboratory research
in arthritis. "For the past 15 years," in arthritis. "For the past 15 years," he says, "1
have been curing arthritis. Those that are bed have been curing arthritis. Those that are bedridden . . . in the acute inflammatory state show the most dramatic response. In from 3 to 10 days their pains cease, and repair sets in. I have over 1,000 successfully treated cases in my files." He was one of the founders of the Long Island Osteopathic Society and is a member of several leading professional groups.
bell says his method offers - not only reliefbut an end to the condition: Age is no barrier legs . . . backs are healed. hips . . . fingers "It's like being born again," said a 62 -year-old woman patient, "I feel like I am starting a new life." It happens to him . . . It happens to her . . . . it Campbell.
"The Seven-Day Program To End Pain And Regain Normal Use Of Joints"
"My files are filled with cases that read like miracles," says Dr. Campbell. "A mother, bedridden for months due to arthritis, does housework again.
engineer, on crutches for a year tosses them aside engineer, on crutches for a year tosses them aside $\ldots$.
A grandmother, previously crippled by arthritis, discards use of her wheelchair
"To me as a doctor it's a trite ending. I see it every day," says Dr. Campbell. "To others it's a miracle." That miracle is the 3 -part Home Cure he has perfected
"It's fast, safe, and effective. "The home arthritis
cure," says Dr. Campbell, "begins to show benefits cure," says, Dr. Campbell, "begins to show benefits immediately.

- You need not wait two or three months
weeks...two days to begin to feel the improvement, says Dr. Campbell
The results are immediate and magnificent, he states. The first step is Dr. Campbell's special Arthritis-Cure Diet. "This diet is the main factor in the cure of arthritis." In fact, he says, "You might expect a cure without doing another blessed thing!'


## Easy To Use!

Best of all, the one outstanding feature of this method is: NO PREPARATION IS NEEDED! It's "No. Cook Cooking" all the way! All you really need is a refrigerator, knife, or blender in most cases. All foods on the Arthritis-Cure Diet can be easily obtained, at no extra expense.
You can still eat many of your favorite foods (by actual count, there are 160 items that you can still eat ...and you can mix nearly endless varieties)
you can still enjoy black eye peas, green peppers, lima beans, corn, rice, turkey, duck, fish, apples, bananas,

## ASTOUNDING LEITERS FROM EX-ARTHRITIS VICTIMS RAISES ARMS IN PRAISE!

I had been in an auto accident which affecter my spine and caused chronic arthritis. I couldn't raise my arms without severe pain; combing my hair was almost impossible. Doctors gave me up to 24 aspirins per day, traction, hydrotherapy, sonic ray therapy and physiotherapy. It was at this time that I began treatment with Dr. Campbell . . . After treatment started, I felt a tremendous improvement in seven days. Within two weeks the brace was off and I felt better. I was able to raise my arms upward. It was like a miracle.-H.G.

## SPINE HEALED!

I was discharged from the Army in 1945. Shortly thereafter, I began to experience pains in my lower back and the disease became steadily worse. I became more crippled. My spine, at this time, had practically fused solid. Pain . . . by now . . . was continuous, day and night, with no relief. At this point I heard of Dr. Giraud Campbell. To my amazement within two weeks, the pain decreased at least $50 \%$. I was able to walk better. I only wish I had come under Dr. Campbell's care . . . when the disease first started. Yours truly, F.S., Roslyn, New York


Dark portions or spots of this X-ray show of this X-ray show which actually bends which actually bends - in an advanced case deemed incurable.

Six months later-with Dr. Campbell's method -X-ray shows thickening of bone (white area). Bone is now stronger and no longer bends.


Lack of joint space around knee. Bones possible.

## X-RAYS SHOW POSITIVE PROOF!

says Dr. Campbell: Look at the before-andafter X-rays shown above, and know that now, for the first time perhaps, you can enjoy an absolutely pain-free, arthritis-free tomorrow.

- "Expect a 'miracle'," says Dr. Campbell.
- "Expect your pain to start diminishing from the start."
- "Expect no need for aspirin or other pain relievers in a week to ten days."
- "Expect a continuing improvement in your joint mobility . . . X-rays will reveal progress in the restoration of damaged bone structure in three to six months."
- "Expect a normal life without arthritic pain..."
pears, figs, prunes, plums, nectarines, peaches, cherries, grapes, melons, nuts, soups, eggs, cheeses, and touch again, if you wish artain foods you hast

Complete daily menus for breakfast, lunch and supper are given for the first 7 days, with 50 more mouth watering gourmet recipes!

## Is That All There Is To It?

Just about. As for steps 2 and 3 - you may not need them. But if you do, they are simply aids to elimination (for purification and internal cleansing), and a very few other simple steps.
No gadgets or hocus pocus, no bigger and better pills, no expensive diathermy, whirlpool, or harsh exerpills, no expensive
cises of any kind.

## See For Yourself . . . At Our Risk

See for yourself. You can enjoy absolutely pain-free living, and an arthritis-free tomorrow, says Dr. Campbell. Now, for the first time, you can be free of heat, pain, swelling and deformity - no matter what your age, he says, because arthritis CAN and IS being CURED. "There is no need for anyone," he says, "to ever get an arthritis attack again."

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