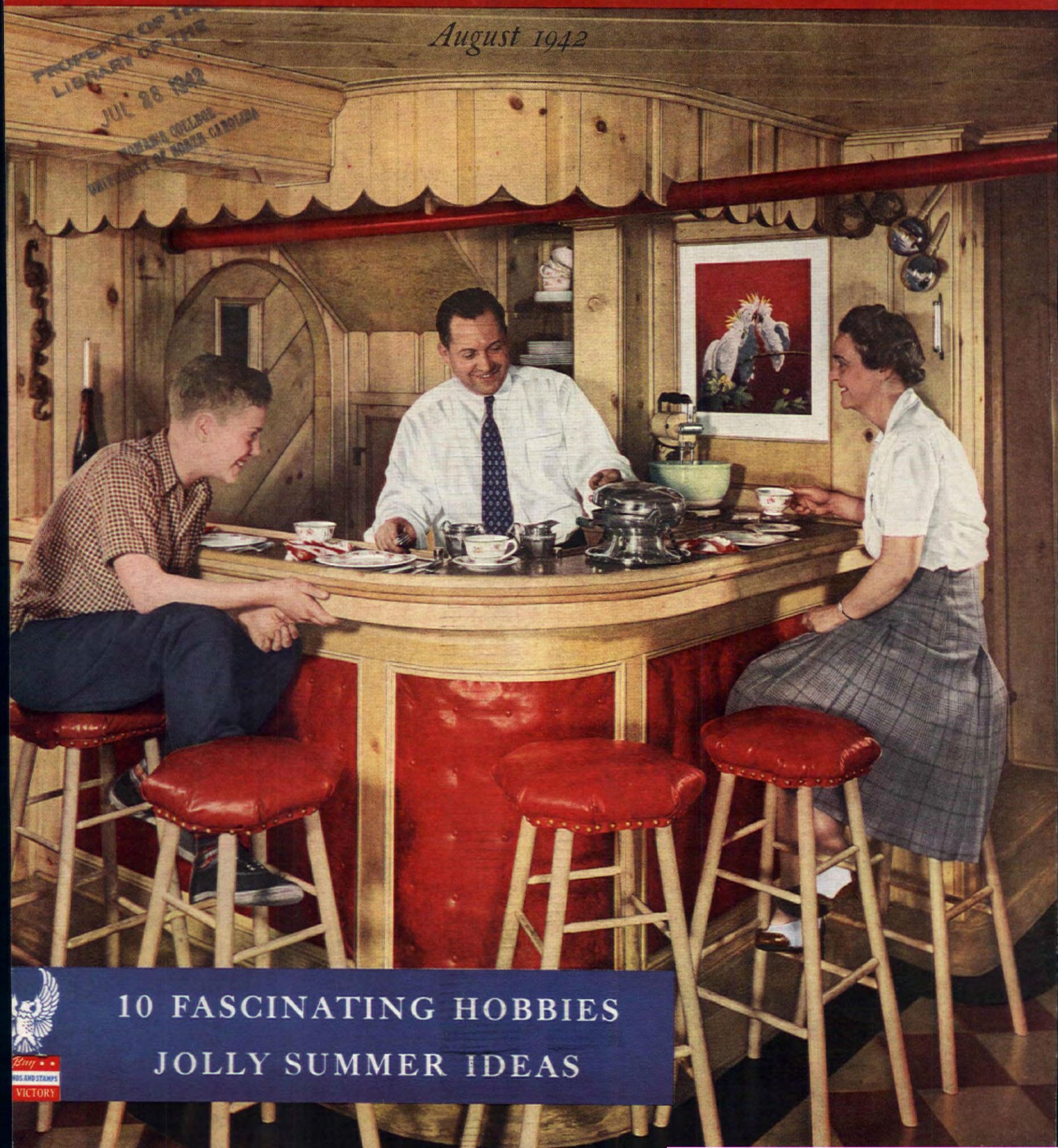


# The **A**merican **H**ome

ON GUARD ★★★

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August 1942



10 FASCINATING HOBBIES  
JOLLY SUMMER IDEAS



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FOR  
VICTORY



A salute to the first "home guard!"



BEING a successful homemaker is a full-time job, yet thousands of patriotic women today have taken on another . . . in canteens, hospitals, Red Cross, U.S.O. centers. Not the least among your new responsibilities is to make the family dollar do extra duty, too. You're saving money for taxes and for War Savings Bonds, so of course, what you buy must be bought to last. In towels, you want a thirsty terry that dries you quickly . . . and sturdy weaves for endless launderings . . . yet cheerful beauty, too, to remind you of the way of life we love. Which add up to just the reasons why the majority of American homemakers insist on famous value Cannon towels.



**Decorating note.** Cannon leads the way in styling white towels with smart new borders that will bring refreshing charm to bathrooms. You'll like their crisp new alabaster look, gay borders, exciting motifs.



**Men of the U. S. Navy** and other branches of the Armed Forces are using Cannon towels. As we supply America's fighting men we are doing our best to meet your needs, too. But we know you'll understand our war job must have first place on Cannon looms.



All America's Emblem  
... for Beauty, Quality, Value



**Cannon Towels**  
CANNON SHEETS CANNON HOSIERY



# Free!

To New Literary Guild Members  
**...THIS GREAT  
 ROMANTIC NOVEL**

Marguerite Steen's

## THE SUN IS MY UNDOING

with all the action of ANTHONY  
 ADVERSE . . . all the thrills of  
 GONE WITH THE WIND!

1176 Pages!  
 A SENSATIONAL NEW  
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**T**HE SUN IS MY UNDOING is a story on the heroic scale, a chronicle that lifts the reader out of his own world and sweeps him on breathlessly for nearly 1200 pages crowded with adventure!

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be thrilled to the very end of this exciting novel. *The Sun Is My Undoing* is the story of one undying love and a dozen interwoven tales of ambition and intrigue, of daring and adventure. Critics have showered it with adjectives like "magnificent" (N. Y. Times), "tremendous" (N. Y. Sun). "A hero to rival Anthony Adverse and Rhett Butler" (Buffalo Evening News). What a grand opportunity to start your Literary Guild membership with a gift like this! Thousands have bought and are buying this book in the publisher's edition at \$3.00 a copy, but as a new Guild member you may have a copy absolutely FREE if you act promptly! Read details of Guild membership below—then mail coupon!

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Every month the Guild manufactures for its subscribers so large an edition of the book chosen by the Editorial Staff that great savings in cost can be effected. These savings are passed on to subscribers in the form of lower prices, and in still another way: The Literary Guild gives each subscriber

a FREE book as soon as four Guild selections have been purchased at only \$2.00 each. This FREE book is always a popular title, selling at retail from \$2.50 to \$5.00!

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As a Guild member you receive FREE each month the famous Guild magazine "Wings," which contains illustrated articles about the current selection and its author, and includes a special contribution by the author.

"Wings" is sent to subscribers one month in advance so that it describes the book selected for the following month. If you feel you do not want to examine the book, merely notify the Guild not to send it when the time comes. On the other hand, if the selection sounds interesting, you may have it sent for your approval. "Wings" is also an invaluable guide to all important current reading, for each month it reviews about 30 new books, any of which may be purchased through the Guild at the established retail prices.

### Send No Money—Just Mail the Coupon

Guild service starts as soon as you accept Free membership. "The Sun Is My Undoing" will be sent you immediately absolutely FREE. But you are urged to mail the coupon at once—this offer may soon have to be withdrawn! Literary Guild of America, Publishers, Garden City, N. Y.

**MAIL THIS COUPON TODAY  
 FREE: "THE SUN IS MY UNDOING"**

LITERARY GUILD OF AMERICA, Publishers,  
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Please enroll me as a subscriber of the Literary Guild and send me "The Sun Is My Undoing" (retail price \$3.00) absolutely FREE. I am also to receive free each month the Guild magazine "Wings" and all other membership privileges. In consideration of this, I agree to purchase a minimum of four selections of my choice at only \$2.00 each (regardless of higher retail prices of the publishers' editions) within a year.

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If under 21,  
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Philip Gendreau

*Training, judgment, character, everything that makes a true American—these will determine the place of each of us in tomorrow's world. Fitting ourselves and our children for those places is both a challenge and an inspiration. As we measure up to it, so will we help to build a new and brighter era*

# ON GUARD . . . the home front

**ON GUARD  
THE HOME FRONT**

This is a 100%  
**American  
Home**

**COOPERATING  
FOR  
VICTORY**

**T**ODAY'S children are a vital part of our defense program. They are tomorrow's leaders and guardians of the better way of life which we and they must exert ourselves to preserve. The hope of America lies in their hands.

Yet what are we parents doing to them? All too many of us, instead of preparing them for the strenuous days to come, are actually handicapping them. In place of hardening our children to meet the hazards ahead, we are weakening their morale with our own defeatist attitudes, stupidly talking ourselves out of a resourceful and intrepid coming generation. We are ruining their chances of success before they even get a toe-hold in the life which lies ahead of them.

How? By allowing history to repeat itself. Shoulder-shrugging, vacillating opinions are instilling in our offspring a dread and distrust of the future, just as some of us were influenced after the first world war to question everything that had seemed worth-while.

Are we profiting by our own experience of those days and training the youth of today to know values

and meet reality head-on? Are we developing in them a long-range vision which will enable them to find contentment and satisfaction in whatever needs to be done? For there is sacrifice ahead. Portentous clouds are banking over our land of plenty. We should be preparing our children to earn their livings in different ways and times, giving them home instruction in thrift and side-training in manual trades which may be an anchor to windward in the days to come. We should speak of the probable hardships of the future in a matter-of-fact way and give our children confidence by explaining that there is always a way out of any situation for the man or woman of stamina.

But what are we doing? Again we moan over the headlines, sigh over the future, forget the past, and tell our children that "the world is a sorry mess; civilization is on the skids; poor child, there won't be any place for you in a world gone mad. Eat, drink and be merry, for tomorrow you will be saddled with debt. Who knows anything?" That's how we talk, and yet thinking parents know this much: it is against a



"And then, the lieutenant kissed me!"



**L**AST TIME Bob (my lieutenant husband) was home on leave he caught up on plenty of sleep!

He slipped blissfully between the scrumptious new Cannon Percale Sheets I'd bought, slept like a log for twelve hours, woke up pleased as a baby—and read me a lecture on making extravagant purchases in wartime!

So I gave him his breakfast in bed and a few facts.

**ONE:** He ought to know I wouldn't have bought any sheets at all now unless I really needed them ... and I did!

**TWO:** These heavenly Cannon Percale Sheets cost just about the same as heavy-duty muslin! Besides they have 25% more threads to the square inch than even the best-grade muslin!

**THREE:** Cannon Percale Sheets not only wear wonderfully well, but they'll save me as much as \$3.25 a year per bed at average pound laundry rates. That's because they're lighter.

So my lieutenant smiled as if he knew all along I wouldn't do anything dumb in times like these. And he swallowed his toast. And kissed me.

#### **How I make my sheets last longer**

**On washday.** I don't soak sheets overnight ... unnecessary ... 15 minutes before washing is plenty. I don't use a bleach if I can hang sheets in the sun to dry. When I do use a bleach, I put the bleach in the water and make sure it's mixed thoroughly before I put the sheets in. And I always rinse twice after bleaching.

I always hang sheets evenly. I never use pillow cases for laundry bags. I don't let my iron get too hot and I never press the folds of a sheet. That's harder on a sheet than actual wear!

**Enough sheets.** Sheets need a rest, too. 6 for each bed is recommended. 2 on the bed, 2 in the laundry, and 2 on the shelf. I rotate my sheets, too. I put the newly laundered sheets on top of the stack and pull from the bottom for use.

**I rely on a good name.** I know I can trust the name Cannon. And in these days, it's more important than ever to rely on a good manufacturer's name for all the things you can't see for yourself. I am as proud to own Cannon Percale Sheets as I've always been to own famous Cannon Towels.

*Your store has a real value in Cannon Muslin Sheets. High quality and fine appearance make these long-wearing sheets an excellent buy at a low, popular price. Cannon Mills, Inc., New York.*

*Cannon Percale Sheets*



Made by the makers of  
Cannon Towels and Hosiery





**ON GUARD  
THE HOME FRONT**

**This is a 100%  
American  
Home**

**COOPERATING  
FOR  
VICTORY**



*Photographs from Mrs. Josie Robbins*

the teachings of psychology to instill dread and timidity in a child. Prolonged fear of anything is worse than its realization. Anxiety cuts down driving power. Our children are going to need a good head of steam to push across the new social and economic frontiers; trails into a new future will be as difficult and necessary as those

blazed by Daniel Boone. They are going to have to fight, spiritually at least, to maintain the fundamental rights of humanity—security, freedom, and faith. Destroy those, and you destroy every strong anchor!

Why not bolster up our children's hopes? In perspective, a world of opportunity lies ahead. We can honestly tell them that they are a born-to-a-purpose youth to meet the challenge and thrill of molding a new era. The old is breaking to give way to the new—perhaps an untried international economy must be constructed by stream-lined pioneers who will find countless ways of reaching out in human helpfulness. Why not face it? There will be tremendous change—but change, we know, cannot be all bad to all men. Problems? Plenty of tough ones. Old traditions may go by the boards

but, if we are honest, we must admit that this country is over-ripe for a good spiritual house-cleaning. What looks like tragedy may be salvation to the resourceful. Hard times make strong men. For our over-softened, over-dosed Americans, this will be all to the good—if our children are prepared for these emergencies.

We must think more and listen less, and teach them that there are ideals immune to propaganda, above the pettifoggery of all "isms." Careless talk and custom may camouflage the popular conception of right and wrong, but moral principles, gleaned from trials and errors of humanity throughout the ages, do not change. We have learned that ultimately cruelty and dishonesty are always wrong; compassion and understanding are right. Courage and industry come to one who is sure of his judgment. Men of integrity persevere for an ideal and develop a way of feeling in which mind and heart equally agree.

Let us give our children those tried and trustworthy armaments for defense against an unpredictable future, conscientious home training in the virtues possessed by the men who shaped our country. By word and example we must train them in ways of kindness, cooperation, application, and responsibility, for these are the character traits which fit men to live among men harmoniously.

While we are building munitions to guard our country from without, we must encourage youth to build a better country from within. Only a disciplined, hopeful young people can meet the challenge with high resolve and purpose and carry on in the pioneering spirit which is the rightful heritage of all Americans whether they are young or old.—BEATRICE GRAY COOK

## IN *Your* TOWN

maybe there's a place for an "Odd Job Club," just as there is in Tacoma, Washington, where Mrs. Josie Robbins originated the idea nearly four

years ago. Today it is serving a genuine neighborhood need for the hundred or more girls who have gone into it, to say nothing of the several hundred housewives for whom they are working. And all are mutually satisfied.

It all started when Mrs. Robbins set up a plan for teen-age girls to get "jobs" taking care of children, doing part-time housework, serving, and so on. For these services their rates range from twenty-five cents for two hours to the same amount for one hour, depending on what kind of work it is. A girl wishing to join the group first receives two hours' training by Mrs. Robbins on the rules of the Club, instruction in child care, etc. Then, with parents' consent, she makes out Club cards for herself, giving personal information, the kind of work desired, Mrs. Robbins' name and telephone number, and other details, to distribute among good prospective customers. She is also provided with contracts and instruction sheets to be signed by her and by the employer. Once a month she reports all results to Mrs. Robbins, who acts as a sort of volunteer clearinghouse for both sides.

Yes, it's a truly worth-while plan, for it teaches young girls the value of money, makes them self-reliant and industrious. From the customer's viewpoint, it enables her to get a good, dependable girl in her own neighborhood whenever one is needed. Here, indeed, are two goals which every community can be proud to attain, in peaceful as well as in stormy times.



# Hankering for old-time hickory-smoked flavor?

## ...feast on America's Finest Bacon!



Sugar-cured in Armour's own secret way—Star Bacon is rich and mellow ...Unsurpassed for summer suppers!

They're quick and easy—these Baconburgers made with Armour's Star Bacon! Wonderfully economical, too! And this deliciously different bacon supper hits just the right spot with a hungry family!

For you're feasting on America's Finest Bacon when you serve Armour's Star! No other bacon can match all its thrilling flavor advantages:

Only the *choicest* bacon sides merit the Armour Star—bacon that gives you more flavor, *finer* flavor to begin with. Then, Armour's exclusive sugar-cure further heightens the flavor—minimizes curling and shriveling in the pan! And the last perfect touch in tender tastiness is added by slow-smoking with stop-watch control over fragrant hickory and hardwood fires!

Get Armour's Star and try this new delicious Baconburger recipe tonight!

### Recipe for Baconburgers

On hot platter, serve beef patties... plenty of Star Bacon slices... and buns that have been split, buttered and then toasted. Heat the chili sauce for extra flavor. Make beef patties with 1 lb. ground beef chuck,  $\frac{1}{2}$  cup undiluted Armour's Evaporated Milk, 2 tablespoons chopped onion, 1 teaspoon salt. For tastier bacon—place strips in *cold* pan—fry until crisp (but not brittle), turning bacon often. Pour off fat frequently—and save.

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THIS TYPE OF FOOD  
IS AMONG THOSE  
RECOMMENDED BY THE  
NUTRITION FOOD RULES  
  
**EAT NUTRITIONAL FOOD**

At your dealer's—in  $\frac{1}{2}$  lb. Cellophane and Layer Packs—also in Slabs.

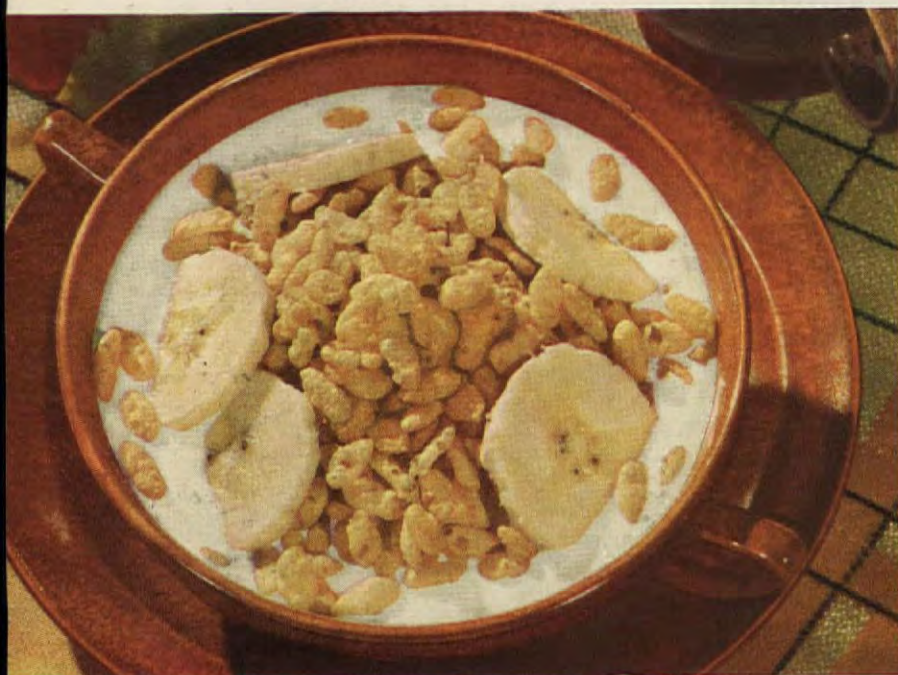


Come on and hurry—hear that bell!  
You bet we know the way  
To make vacation double swell—  
Rice Krispies every day!



catch on to

**Crispness**



● Catch on, too, to the latest big news about delicious Rice Krispies!

In keeping with Uncle Sam's nutrition program, they are restored to the Vitamin B<sub>1</sub> (thiamin), niacin and iron values of whole-grain unpolished rice. These are your assurance that Rice Krispies will aid growth, digestion and nerve tone...help make good red blood.

Crispness? It's the same you have always cheered. Just listen to that snap! crackle! pop! Flavor? It's mellow and tantalizing.

Order zesty, crunchy Rice Krispies today!

"Rice Krispies" is a trade mark (Reg. U. S. Pat. Off.) of Kellogg Co. for its oven-popped rice.



Copr. 1942 by Kellogg Company

Every Kellogg Cereal is made of **WHOLE GRAIN** or is restored to **WHOLE GRAIN** nutritive values

## SERVICE ON THE HOME FRONT

**B**OYS and girls everywhere in this land—thirteen million or more—through their own organization, the American Junior Red Cross, are partners in a great humanitarian appeal. Theirs is no puny penny-savings bank effort. In a spontaneous desire to express their love and sympathy for the tragic child victims of World War II, they have already contributed more than \$225,000 through their own relief fund. They have done it through giving, and sharing, and working.

There are the "sacrifice boxes" at school where contributions are put, the nickels and dimes that mean personal denials—candy, amusements, or small savings from little allowances. In a Kansas town, Juniors raised and sold sixty dozen chickens, seventy-three pigs, and fourteen calves. In Oklahoma, bankers made loans to the many boys and girls who have purchased and are raising pigs. In a small mountain school where means of

cial account in which the American Junior Red Cross places all contributions from children in the United States for the help of other children in the lands of our allies.

Nor is that all. Through sewing classes and knitting clubs, in school time and out, in the last six months more than 200,000 gar-

*Minneapolis, Minn.*



Photographs courtesy American Junior Red Cross



*Louisville, Ky.*

ments were made by our children—yes, boys, too—and shipped abroad. Those little dresses and suits are traveling to Chinese children now, and are being worn in English villages by bombed-out little Londoners. Many a wooden tortoise-shell cat or giraffe or elephant which came out of a school manual training shop is helping to amuse them and stiffen morale.

Our American Red Cross chapters contribute the basic materials and patterns. It is our children who are expressing their love and sympathy through individualized designs and trimmings, and through those soft, flat toys they are making to slip into apron or trousers

*Brooklyn, N.Y.*

earning money are few, Juniors gather acorns on the hillside and sell them for fodder. Every penny given or raised goes into the National Children's Fund, that spe-

## SERVICE ON THE HOME FRONT



## SERVICE ON THE HOME FRONT

pockets as a surprise gift. That spirit of good-will may some time bring about a world without war, if the little recipients have a share in making it. The two little evacuees from Lens who received their garments through the French Junior Red Cross said in their letter to the donors, "during days and days we lived in our cellars under bombardments. Then one day we had to go away within half an hour, taking with us what we could. We walked forty kilometers on foot. We have lost all our belongings. How sad it is! But since we have received your gifts we feel ourselves less unhappy . . ." And the little English eleven-year-old who wrote, "I hope the American children are all right," and in the



*Cheshire, England*

In city and country, in town and village, the children of the Junior Red Cross are playing a major humanitarian role in these difficult days and building well for the day of peace

next breath said, "The jersey I got was a blue one and I am very glad of the things you sent me" needs no one to tell him to keep chin up!

Have you odd pieces of left-over wool? They can go into afghans. Each child knits or crochets or weaves a square; they don't have to be uniform. Boys make them, too. Up at Public School 43 in New York City ninety-six crippled youngsters gave up lunch hours so each could make a square. Sewed or crocheted together, they make the regulation 4' x 6' decorative and warm cover for a child's bed or for use in army or navy hospitals. Grade-school youngsters

favors and decorated paper napkins make hospital fare seem more appetizing. Bedside bags and property bags, "housewives," arm-chair boards and writing portfolios for convalescents, lapboards and reading racks, mufflers and beanies and sweaters and robes—all these and more our children are making, in the public and the private and the parochial schools of the nation.

After guns ceased firing in the last war the substantial sums contributed by children enrolled in the American Junior Red Cross in war days were used to help thousands of boys and girls in Europe whose lives had been warped and sha-



**ON GUARD  
THE HOME FRONT**  
COOPERATING  
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can use those remnants you have of cotton cloth, either plain or printed; rolled, fringed, hemmed, or hemstitched, they make attractive, much needed handkerchiefs. Games are welcome and tray

*Washington, D.C.*

dowed. When this war is ended our children will pass on to their elders, perhaps, the immensities of rehabilitation.—JULIETTA K. ARTHUR

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## Ask the neighbors in for "Burger Barbecue"

A small party planned around this simple, extra-delicious dish involves little effort and expense



### PAN-BROILED BURGERS

On a long Vienna Loaf, drenched with a glorious, zesty sauce—these are hamburgers raised-to-glory.

● Season 1½ lbs. ground beef with 1½ tsp. salt, dash of pepper. Add 1 egg slightly beaten, ¼ cup milk. Mix, shape into 6 patties. Brown on both sides in frying pan, using little fat. Reduce heat, cook till done. Do not cover. Slice long loaf of bread lengthwise in 3 slices. Keep center slice for other uses. Brush bottom slice with melted butter. Toast lightly. Cover with hamburgers, sauce. Adjust top crust. Cut into 6 servings.

Barbecue Sauce DeLuxe—Mix ½ cup Heinz Ketchup, 1 tsp. salt, 2 tbs. Heinz Vinegar, 2 tbs. Heinz Worcestershire Sauce; ¼ cup water. Heat.



● Heinz Tomato Ketchup is a "must" for barbecue sauces—just as it is for left-overs and inexpensive cuts of meat! And a rosy dash or two perks up the flavor of hashes, stews and casserole dishes. For it's a concentrated, old-time blend of "aristocrat" tomatoes, Heinz Vinegar and rare imported spices. Have you a thrifty bottle handy?

**Heinz**  
**57** TOMATO KETCHUP

● A full-bodied relish made with "aristocrat" tomatoes, onions and Heinz Vinegar, Heinz Chili Sauce is great for sandwiches and cold cuts—wonderful on omelets and egg dishes.



**57** Heinz CHILI SAUCE





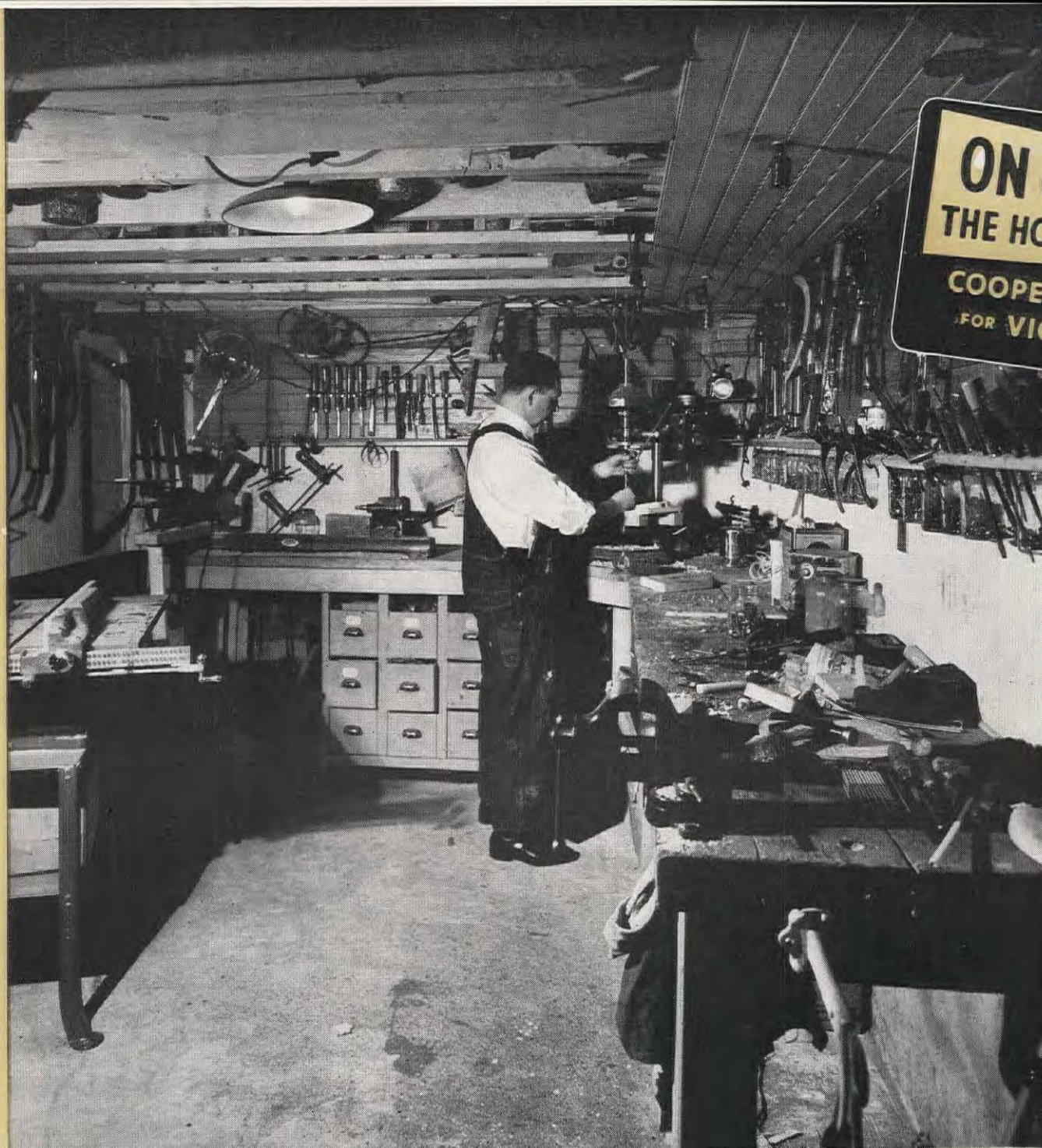
*F. M. Demarest photographs*

# What's

That everybody should have one is true as never before. The person without interests outside his work is ingrowing, irritable—a loss to his country and himself. So find yourself a hobby road that leads somewhere. Here are some guideposts in that direction



**ON GUARD  
THE HOME FRONT  
COOPERATING  
FOR VICTORY**



Here's Mr. Fuller at work in the basement-workroom of his Englewood, N. J., home. Results? Look opposite

**HOBBY  
1**

# YOUR Hobby?

**M**R. AND Mrs. G. V. Fuller and their two teen-age sons live, simply and realistically, in an unpretentious house on a typical lot in the suburbs. It is Mr. Fuller's philosophy that everyone engaged in an always demanding business such as his (especially so in wartime), needs a constructive hobby to keep his mind and body in balance. Being handy with his hands, he had already done a good deal of odd-job home carpentry when, some time ago, he decided to turn his hobby to real account by building, all by himself, a recreation room in his basement. This, he figured, would not only provide him with the relaxation and change of occupation he sought, but also lead to something of permanent value and usefulness. . . . and did it? These pictures (not forgetting the one on the cover) are the answer; they and the pleasure and satisfaction that Mr. Fuller derived during the week ends and holidays he devoted to the work over many months.

A job so professional looking, so rich in evidences of craftsmanship and good taste, was, of course, no simple task. First, it called for a lot of careful planning, the relocating of exposed heating and plumbing pipes and doors, the providing of ventilating and lighting facilities, etc. Second, it demanded a well-equipped tool room—and what he developed in that direction in another part of the basement, as shown on this page,

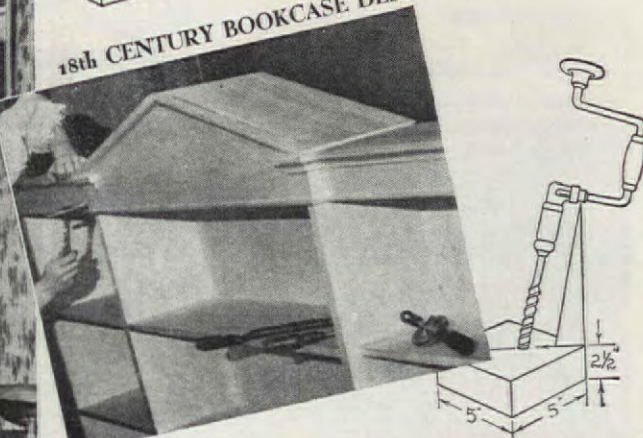


Shown in color on the cover





18th CENTURY BOOKCASE DESIGNED BY J. JULIUS FANTA



CHILD'S DESK DESIGNED BY DOUGLAS LOCKWOOD

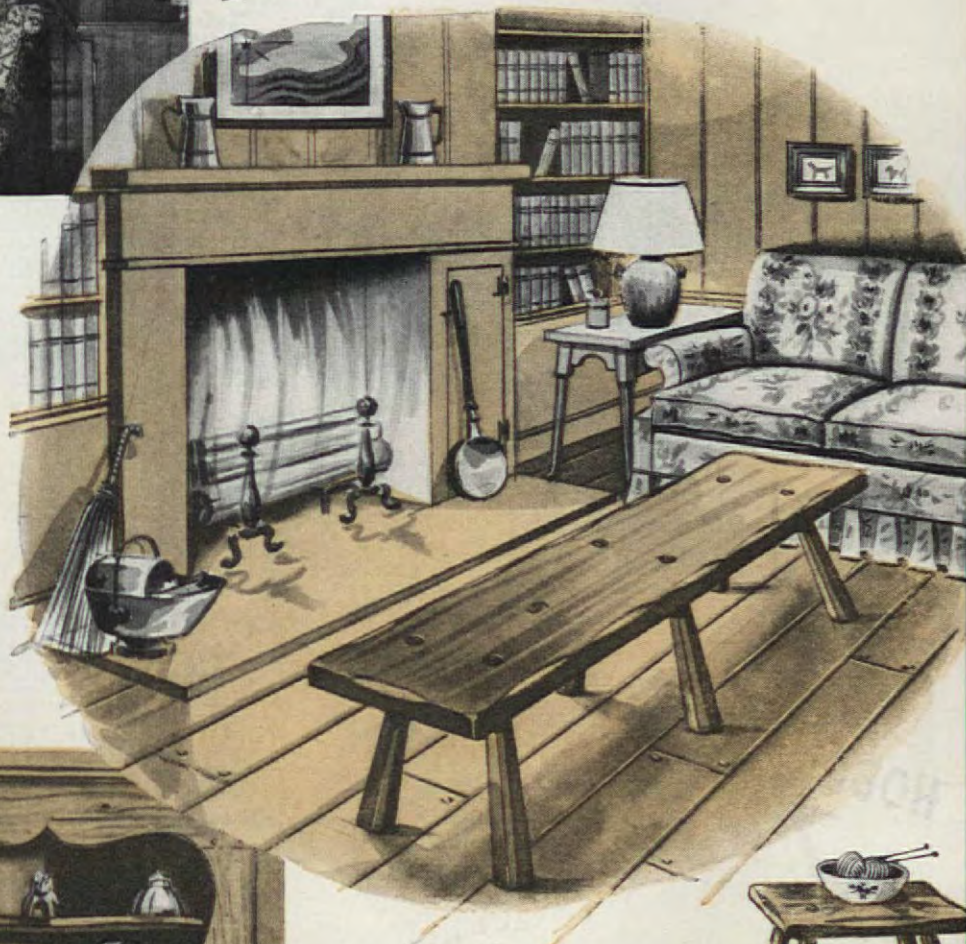


F. M. Demarest photograph

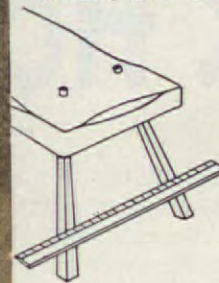
Madole sketch

is enough to make any home-owning handy man's mouth water! (Note the use of glass jars for the visible, damp-proof storage of nails, screws, hooks, etc.; the screw tops are fastened to the under side of a shelf leaving the containers accessible, out of the way and, oh, so orderly.) And now that it is finished, it is a joy for all, for he seems to have thought of—and included—everything: A food bar where coffee and toast or waffles or what have you can be prepared; built-in benches beside a table for games, eating, or what you will; another table with chairs in a rounded corner holding a striking

AMERICAN HOME CRAFT A536 includes blueprint diagrams with complete scale instructions for building the pieces of furniture shown on these two pages. For prices of American Home Crafts and how to order, please see pages 50 and 51



CORNER CUPBOARD, PEG-LEG COFFEE TABLE, AND SEWING TABLE, DESIGNED BY JOHN SHEA



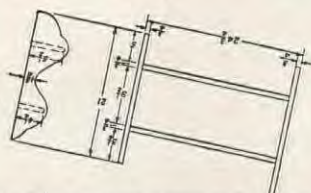
mural of the Manhattan skyline; a built-in, leather-upholstered seat, broad, wide, and comfortable, with convenient lights and bookshelves; a fireplace that really "works" to give warmth and cheer, and open spaces in the center for ping-pong. The game room is the delight of the two Fuller boys and their many friends. Here they are completely at ease, with no reason to worry about "messing up" the place, and with all the pastimes they love immediately at hand. Mr. and Mrs. Fuller also enjoy entertaining their friends in the informal atmosphere of the room which of itself seems to break the ice and make everybody feel at home from the start. In fact, this whole, typical American family seems to find it a grand place just to live in. Are they going to dread staying at home for the duration? Not a chance of it!



**W**E KNOW that if you practice what we preach on the subject of wood-working you'll reap rich rewards. Not only can you develop a hobby that is entirely worth-while for its recreational value, but you can add materially to the personality of your home, and to its comfort.

Don't feel that to undertake building furniture you must be a trained cabinet-maker. The pieces shown on these two pages prove the diversity of style and purpose which can be served, and are all possible projects for the amateur carpenter.

Mr. Fanta's bookcase was built for only \$7.60, in two sections so that the lower part may be used as a buffet or sideboard, and so that the piece is easy to move. Mr. Lockwood's desk was designed for a child's comfort, with plenty of working space on the top, a cupboard at one end, and open shelves at the other. Here an interesting



**COLONIAL BOOKCASE AND WHATNOT SHELF DESIGNED BY H. R. BATCHELOR**



*Frances Edwards photograph*

**MODERN CHAIRS DESIGNED BY BETTY VAUGHAN**

note was carried out in the original piece—the shelves were painted different colors, to teach the child to sort her belongings.

Mr. Shea's quaint "peg-leg" pieces fit perfectly into rooms furnished in Early American, and will serve myriad purposes—the coffee table can double as a fireside bench, and the little sewing table can do duty as a stool. Miss Vaughan's chairs are made on simple but not extreme modern lines, and the materials for one chair cost her well under \$10. Salvage the springs from a discarded chair and with a small amount of lumber and covering have one of these smart additions to your home. A group of three of them would go a long way

towards furnishing a living room, since they can be used separately or together, as a sofa, in the best modern manner. Mr. Batchelor designed and made his bookcase to be used with authentic heirlooms, and his results have firmly convinced us that it's perfectly feasible to make your own "antiques." Copied from a Welsh dresser top, the modified scroll side panels left enough scraps for the whatnot shelf.

Although there are restrictions on the sale of some woods now, there are probably some sturdy planks in your garage or basement. And lives there a man with soul so dead that he doesn't actually have fun when wielding a hammer? Try it and see.

**ON GUARD  
THE HOME FRONT**

**COOPERATING  
FOR VICTORY**



## HERE'S A SUMMER HOBBY

## Be Your Own Weather Forecaster

**W**ARTIME censorship has done away with the familiar and helpful weather reports, but the weather goes on just the same. No matter what your schedule of work or play, whether it involves trips to town or longer travel, hiking, fishing, sailing, or swimming, garden work or garden parties, it makes considerable difference whether tomorrow or the coming week end is going to be fair and warm, cold and stormy, windy or calm, wet or dry. It is not only logical but advantageous to know something about this thing weather (which is simply the condition of the atmosphere at a particular place for a definite time); about climate (which is an accumulation of weather for any place or region); and about meteorology (which is the name for the complex science or study of weather). Not that you need expect to become an expert meteorologist, but you *can*, within limits, foretell what the weather probably has in store within the next day or so—provided you will carefully and regularly observe these natural phenomena and their daily variations: *Temperature; wind direction and force; atmospheric pressure, and humidity.* To do this you need, as minimum equipment, only a thermometer and a weather vane (a flag or a smoking chimney will serve). Can you add a barometer? Good. A humidity gauge or psychrometer? Better still. The observance and comparison of daily conditions and variations as shown by them, and of conditions you can see—especially the clouds—will not only sharpen your powers of observation and open your eyes to new interests, but also enable you to do some fairly close forecasting, to your own satisfaction and the envy and admiration of friends who depend entirely on the abbreviated newspaper reports or colorful but all too often unfounded bits of poetical weather lore.

The moon and stars are fairly dependable as prophets of tomorrow's weather. A clear night indicates good weather *if* the light of the stars is steady and that of the moon bright and distinct. A moon halo, caused by ice crystals in the upper atmosphere, is often followed by wet weather, usually with wind. The smaller the halo, the sooner the rain is likely to fall. When the moon is bright and when it can be seen clearly during the day, there is little or no moisture in the upper atmosphere, which means good weather. But clouds are the most helpful and reliable of weather signs for amateur forecasters. Each of the types recognized, named, and classified by scientists is,



These clouds—cumulus above and stratocumulus below—mean fair weather ahead. Can you recognize and interpret these and other types?

J. JULIUS FANTA

Photographs by the author

when viewed in relation to the other conditions mentioned, the forerunner of weather to come. And of course there are intermediate formations and combinations. For reference purposes, the ten cloud types are: A or High Family—1, Cirrus; 2, Cirrocumulus; 3, Cirrostratus. B or Middle Family—4, Altopumulus; 5, Altostratus. C or Low Family—6, Stratocumulus; 7, Stratus; 8, Nimbostratus. D Family, Clouds with Vertical Development—9, Cumulus; 10, Cumulonimbus.

Easiest to identify and most beautiful are the huge, fleecy cumulus clouds, white except for soft gray shadows. As long as they remain true to type, good weather will continue; but if their bases become flattened and dark gray or blackish, they have become cumulonimbus or "thunderheads," and mean that heavy, but probably brief, rain is close at hand. Equally definite is the solid, gray heavy nimbus characteristic which, unmistakably and invariably, accompanies rain.

Another fair weather type is the lofty cirrus cloud,

loose, silky, fibrous, and thin. So long as they remain thin and wispy, good weather may be counted on for twenty-four hours at least; but if they become dense and increasingly thick, rain is probable within that time. Such a change, from a cirrus to a cirrostratus or altostratus condition—the latter marked by heavy gray, curtainlike clouds—is a good sign of change for the worse, even though for a time bits of blue can still be seen through the cloud rifts. As a matter of fact, one must watch for any changes, whether of wind direction, temperature, or cloud appearance.

While clouds usually move in one general direction—that of the prevailing wind—a high cloud mass may move in a different direction than a low-lying formation due to a high cross current. This tells of storm approaching from the quarter from which the upper wind is blowing. A sign of fair weather for at least twenty-four hours is a movement of low and intermediate level clouds from north to west; contrariwise, a cloud current from east to south will generally bring rain within a day or so. If a southwest wind shifts to the northwest during rain, clearing will occur within a few hours; but if a southeast wind "backs" to the northeast, no matter how fine the day, watch out.

The barometer is far less understood and used than the thermometer. It indicates changes in atmospheric pressure and the nature and rapidity of these changes tell the story of things to come. A rapid rise hails the approach of good weather; a sudden drop means strong winds and wet weather coming. If it falls slowly as the temperature rises, expect rain; if it stays low, even with clearing skies, expect more rain within 24 hours; if it starts a gradual ascent, even while rain is falling, pleasant weather is in the offing.

## Familiar cloud types →

1. Cumulus or cotton-head clouds, welcome fair weather harbingers
2. Cirrocumulus or "mackerel-sky" effect. A none too helpful guide
3. Altostratus clouds, lofty, curtainlike, may indicate coming rain
4. Stratocumulus, revealing patches of blue, are fair weather clouds
5. Cumulus again, bold and billowy, thrown into relief by side lighting
6. Cirrus clouds, if loose, delicate, silky, mean more good weather
7. Altopumulus and altostratus above cumulonimbus or rain clouds
8. Stratocumulus (see 4) may fuse to form nimbostratus or rain clouds

ON GUARD  
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1



2



3



4



5



6



7 ↓



8 ↓





HOBBY

4



faces, mounted on high collars. The pieces are not fired but painted with calcimine, poster paint, or rich water-color paint mixtures, not washable.

"To prepare the clay, put about fifteen pounds in a gunny sack, tie securely and immerse in water until saturated; then hang up until dripping stops and put in a covered container. When ready to work, 'wedge' the quantity of clay needed by throwing it repeatedly against a 'bat' or any smooth cement or board surface until all air bubbles are driven out and excess moisture is absorbed. Don't waste scraps and discarded pieces; save and re-soak them for future use. Modeling is fun, but who knows when it will unlock the treasure chest of a budding, undiscovered genius? One of our cleverest clay workers is also a fine mechanic. He's on his way!"

Calvin R. Williams from Dorman's Photo Shop

HOBBY

3

Even the neighbor children enjoy her husband's stamp collection, says JUNE COCHRANE ORTGIES. It's under glass, on a coffee table top

## Clay modeling: career making

"OUR MOST popular backyard activity for the last two years," writes LENNICE C. EYRAUD of Bakersfield, California, "has been clay modeling—and it's a wonderful answer to the familiar question, 'Mother, what can I do now?' For one dollar I bought at a local brick yard 100 pounds of fire clay, which I keep ready for use in a five-gallon crock with a heavy wooden cover. Table, stools, and plaster-of-Paris 'bats' (flat, square plaques moulded in pie tins on which to do the modeling) are kept under the trees for our and the neighboring children to use whenever they wish. Fruit and vegetables are easy to model into paperweights or to combine into della Robbia wreaths for lovely table decorations, but often the children prefer to make original funny



FROM PRE-SCHOOL TO HIGH-SCHOOL AGE, THE KIDS LOVE MODELING



HOBBY

5

For three years, this little girl, now eleven, has run her own children's library

Lucas photographs



## The Children's Own Library

WHEN you stop and realize the tremendous opportunities for helping guiding, and inspiring that mark the work of a librarian, doesn't it thrill you to read about a little girl of eight who set up a lending library for her neighborhood playmates and now, after three years, has a constantly growing list of some 250 "subscribers," an assistant, and a very firm place in the affection and admiration of all who know her? That's the story of Carol, out in Omaha Nebraska, whose hobby not only has a fine service record, but suggests interesting future possibilities.

When Carol was eight her Daddy (himself a confirmed bookworm) brought her a lot of books. Already she loved books, liked to handle them, enjoyed the contents and wonderful illustrations found in the modern juveniles. When some of the little girls in the neighborhood asked to borrow her books, she began by keeping notes on those lent and returned; but soon she found that she would have to have a regular file and complete record system. So, starting with about 150 volumes, she began to loan them to about thirty "subscribers." That fall she moved to a new neighborhood and entered a different school and one October day she announced the opening of her library with hours from 3:30 to 5:30 each school day except Thursday. Later, finding that schedule too confining what with music lessons and Girl Scout activities, she

*North, Stealing*  
*Discontinued*

DATE	BORROWER'S NAME	DATE
1/24/36	Douglas P	54
2/1/36	Marion H	52
2/1/36	George R	56
2/1/36	May Beal	58
2/1/36	Ray Phipps	129
2/1/36	Dale Day	81
2/1/36	Lick Davis	767
2/1/36	Marion H	45
2/1/36	Marion D	171
2/1/36	Rich Smith	45
2/1/36	James L	173
2/1/36	James L	241

MAR 25 1936



cut it down to one day a week, but, nevertheless, within a month more than 100 children had enrolled. Her mother helped write up the regulation library cards and make file lists, but Carol kept track of the books, checking them out and in and, in the evening, straightened things out and put up labels to indicate the different kinds of books and just where to find them. New subscribers come constantly, several each month, and of late Carol has enlisted a friend-assistant, Diane, to check out books, take care of returned volumes and help the little children make their selections. They all try to take good care of her books, often wrapping them in newspaper on rainy days. They appreciate the informal, homey atmosphere of the library, too. Girls often bring their knitting and sit around the fire chatting.

Why not more such libraries, run for children, by children? A group who will pool their volumes is needed unless some older person will contribute a collection to start with. A committee can be named to set up the library in the school, perhaps, or in someone's home. Another can borrow or make the necessary shelves. A card envelope is pasted inside each book and a supply of two kinds of cards obtained. One, for the subscriber, is filled out with name, serial number, address, and telephone number; the other bears the name of a book and the author. This remains in a book while it is on the shelves; when the book is borrowed, it is stamped with the date due back and the name and number of the borrower whose card, also dated, goes into the book pocket until the volume is returned. It's a simple enough system but stimulating and fine training.—MAUDE SUMNER SMITH

# HOBBY 6 SISTERS of the SKILLET



LET your man cook his way to fame, maybe not fortune, but let him have fun making dishes which he enjoys and you will surely like. Many a man has started his cooking career because of a burning desire to recreate a dish which was superlative to him. It may have been humble fare like ham and eggs, it may have been a goulash or stew, or even potato pancakes. Watch any man preside over an outdoor grill and all the young laddie on a camping trip will come out in him.

We give credit to Ed East of radio fame for the title "Sisters of the Skillet" because it was he who originated the phrase. For our "Sisters of the Skillet" we selected four men, different in their occupations, but all having the same desire to cook. And can they cook! Maybe the man of your household has his own specialty, but we present the four dishes which these featured men enjoy preparing.



• chicken fricassee



• reflector cake

2 cups flour  
3 tsp. baking powder  
1 tsp. salt  
3 tbs. shortening  
¾-1 cup milk or water

SIFT flour, baking powder, and salt together and cut in shortening until mixture has consistency of coarse corn meal. Stir in milk or water slowly to make a soft dough. Pat into an 8" x 12" pan and

Additional instructions on back recipe



• wild grape jelly

Wild grapes  
Sugar

GRAPES should not be more than three-fourths ripe (will still show green circle around stem). Wash and stem. Crush in a large kettle, then bring to a boil. Boil for 30 minutes. Strain through a jelly bag or several thicknesses of cheese cloth. Measure

Additional instructions on back recipe



• turkey pie (gourmet)



## ● English chicken fricassee

5½ lbs. chicken (fresh killed) Paprika  
Salt and pepper 2 large onions, chopped  
Garlic salt 1 leek, chopped  
Celery salt 1 small carrot, chopped

1 cup minced parsley  
4 mushrooms, sliced  
½ cup cured chicken fat  
3 tbsp. flour

**D**RESS, clean, and cut chicken into serving pieces. Remove all excess fat (cube and cure by heating until fat has melted out). Season chicken to taste. Add chopped onions, leek, carrot, parsley, and mushrooms; let stand several hours. Cover with cold water, bring to boiling point and simmer until tender (about 1½ hrs.). Meanwhile boil 6 potatoes, mash, and season. Cook 6-8 carrots in small amount of water. Drain and mash.

When chicken is done, remove. Add chicken fat to stock; allow to boil down. Flour, mixed with 1½ cups water, is added at this time; boil, stirring constantly, until consistency of gravy. Season carrots and add 3 tbsp. chicken gravy. Make a double ring of potatoes and carrots. Place whole sautéed mushrooms and sprigs of parsley on potatoes; arrange chicken in center of ring.

Made by W. ARTHUR PEDLAR

In THE AMERICAN HOME KITCHEN

## ● reflector cake

bake in reflector oven in front of a *very* hot, even fire. Test for doneness with a splinter of wood.

Here's a chance really to make use of your fire building experience and give the gang a taste of your cooking at the same time. Just be sure to serve the shortcake hot with whatever berries or fruit are in season.

Made by PERCY QUINTARD

THE AMERICAN HOME KITCHEN

Additional instructions on back of recipe



## ● wild grape jelly

juice and measure equal amount of sugar. Put sugar in heat-proof dish and place in oven so it will be thoroughly heated when it is added. Bring juice to boiling point; boil 5 minutes. Add heated sugar and boil 3 minutes longer. Skim and pour at once into sterilized jelly glasses. Cover with paraffin.

Note: Timing must be accurate throughout or jelly will be soft.

Made by ROBERT S. LEMMON

In THE AMERICAN HOME KITCHEN

Additional instructions on back of recipe



## ● turkey pie (gourmet)

1 turkey (10-12 lbs.) 2 slices lemon 2 carrots, sliced 1 tbsp. salt  
1 large onion, sliced 2 bay leaves Celery tops ½ tsp. thyme

**W**RAP turkey (may be cut in large pieces) in 3 thicknesses of cheese cloth; place in large kettle. Cover with water, add seasonings, and simmer until turkey is tender. Remove and chill. Reduce liquid to one half by boiling. Strain.

**filling:**

1 lb. fresh mushrooms 8 cups cubed turkey 2 cans (13 oz.) evaporated milk  
½ cup butter 5 tbsp. cornstarch 2 tsp. salt  
6 scallions 3 cups reduced broth ¼ tsp. celery salt  
4 tbsp. chopped parsley 5 chicken bouillon cubes ¼ tsp. black pepper

Sauté mushrooms in two-thirds of butter. Use remaining butter to cook scallions until tender but not brown. Select a large, open, baking dish and place layers of turkey, mushrooms, scallions, and parsley in it until all are used. Dissolve cornstarch in part of broth; bring rest to boiling point and dissolve bouillon cubes in it. Combine in top of large double boiler and add evaporated milk and seasonings; stir until thickened. Pour over mixture in casserole, cover with pastry, and bake in hot oven (425°F.) 30 minutes or until pastry is browned. Serves 15-20.

Made by HERMAN SMITH

In THE AMERICAN HOME KITCHEN

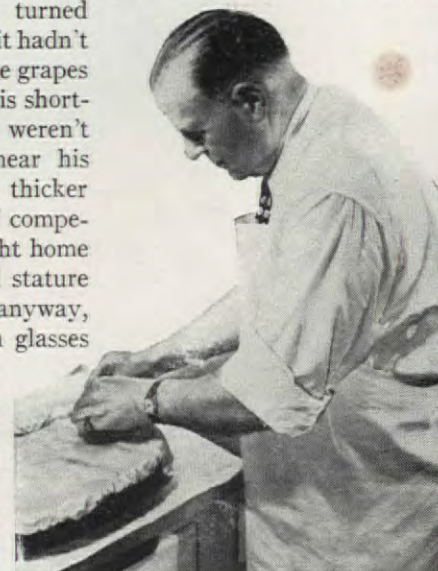
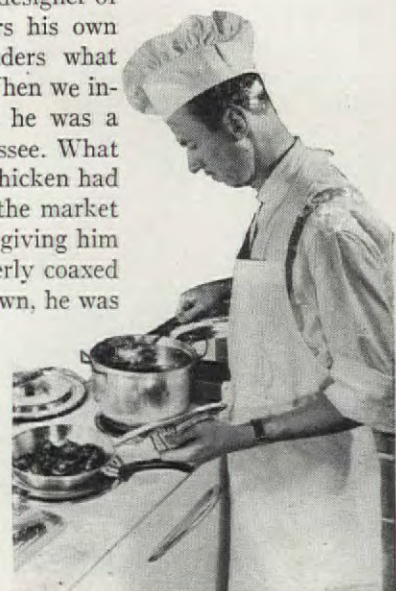
W. Arthur Pedlar is a furniture designer of great renown, but when he enters his own kitchen, his maid jealously wonders what strange dish it will be this time. When we invited Mr. Pedlar to our kitchen he was a master at preparing chicken fricassee. What precision! What technique! The chicken had to be cut just so, and he goes to the market himself to worry the butcher into giving him the bird of his choice. As he tenderly coaxed the mushrooms into a luscious brown, he was as careful as when creating a new furniture design. And the result was just as successful.

Mr. Pedlar says his real interest in food started when he was a youngster of ten years. His mother entrusted the meat purchases to him, which meant a walk of five miles round trip to the butcher. And if it wasn't right, back he would have to go. No wonder he carefully watched while the butcher cut the meat, asking too many questions. If meat required such careful purchasing, then there must be something to the cooking of it. To see the job completely done, he watched his mother cook the meat into delectable dishes to delight a boy's heart. Small wonder that Mr. Pedlar today selects his meat personally and knows how to cook it in such expert manner and make it so appetizing.

Like a good many other New Englanders, Percy Quintard was born with an unshakable love for the woods and waters of the Northeast. Naturally, he's just about the swellest camp cook you can imagine. And when we say "camp cook" we don't mean the kind who insists that the tang of the open air is ample antidote for scorched flapjacks and vile coffee. No, "Quin" is an artist at the game; his cooking fires are scientifically constructed of just the right kind of wood, his timing perfect. Lucky indeed were the dozens of Boy Scouts who got their training from him in all those years when he was a Troop Master. The day we took his picture he was turning out biscuit-cakes from that little folding reflector baker of his with amazing speed. Some of them the hungry horde pounced upon hot with gobs of butter; others he compounded into a strawberry shortcake de luxe. And the woods ants that gathered around couldn't find one crumb left over! Professionally, Quin is a kitchen designer and architect, specializing in club and other big installations. Can't get away from the good food idea, you see, much to his own enjoyment and that of his friends.

The way he tells it, Robert Lemmon, one of our associate editors, probably would never have turned into a wild-grape-jelly fiend if it hadn't been for the sport of getting the grapes for his mother away back in his short-pants days. You see, there weren't many vines in the woods near his home, but small boys were thicker than flies. That made for stiff competition, and the kid who brought home the bacon, as it were, gained stature as a sort of minor hero. Well, anyway, he still puts up several dozen glasses every September, though he admits that by the time he's finished a batch the family kitchen looks as if a murder had been going on. Awfully exact about it, too—grapes have to be just the right stage of ripeness, the various boilings precisely so many minutes each. It's almost a ritual, he says.

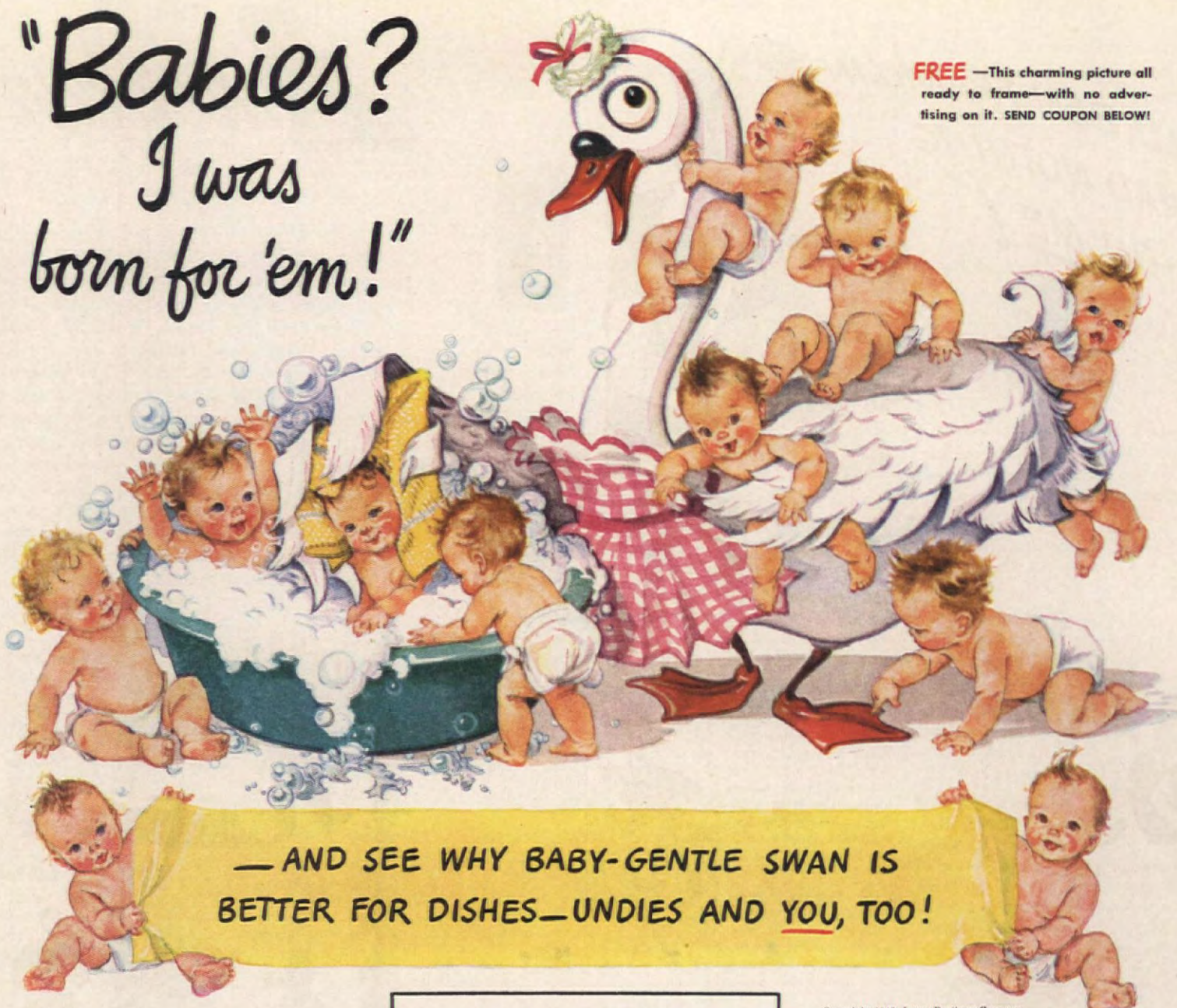
Would you like to know what started our gourmet editor on his way to cooking fame? It was turkey pie! But what turkey pie! The picture of Mr. Smith taken in our own kitchen shows him pinching the pastry carefully into scallops around the edge of his special dish. Mr. Smith's boyhood was spent on a farm in Michigan. Stina, beloved cook who ruled the kitchen, let this boy hang around to inhale the tantalizing flavors of dishes expertly prepared. Now he makes 'em!





"Babies?  
I was  
born for 'em!"

**FREE** —This charming picture all ready to frame—with no advertising on it. SEND COUPON BELOW!



— AND SEE WHY BABY-GENTLE SWAN IS  
BETTER FOR DISHES—UNDIES AND YOU, TOO!

Copyright 1942, Lever Brothers Company

**Baby-gentle? Swan's pure  
as imported castiles!**

Swan-derful for bath, hands, face. You can't buy a purer soap than baby-gentle Swan. You'll love it! Swan up and see!



**A sudsin' whiz—even  
in hard water!**

Swan-derful for dishes. Suds fast and the suds last! No need for strong, easy-to-waste package soaps now!



Two convenient sizes  
—Large and Regular

**Each bar is thrifty twins!**

Swan snaps easily into 2 swell cakes, one for kitchen, one for bath. Swan everything! It's thrifty!



**SWAN**

*The baby-gentle floating soap  
that's a sudsin' whiz!*

MADE BY LEVER BROTHERS CO., CAMBRIDGE, MASS.



**FREE! SEND FOR MY  
PICTURE—MAIL COUPON, NOW!**

• Everyone who sees this adorable swan-and-baby picture is so crazy about it that we've had it reproduced on art paper—12" x 15"—with an attractive border. No advertising on it. Just fill out coupon—paste on penny post card—and mail now!

SWAN, BOX 109, NEW YORK CITY  
Please send me the swan-and-baby picture.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_  
(Offer expires Nov. 1, 1942)



OLD BEN FRANKLIN  
HAD NOTHING  
ON ME!



MAYBE I WON'T get to be a bronzie like Ben! But I'm an inventor, too. I've dreamed up a salad. And, boy, oh, boy, this salad is as penny-conscious as a Franklin proverb!

You'll find my culinary contribution carefully recorded in the minutes of our Ladies Aid Society.

You see, we had a meeting to plan a Service Men's Social. We're patriotic, but the treasury's low. So I offer, "I can feed fifty men for six bucks!"



"On what?" asks our lady president. "Remember, our boys deserve the best!"

"They'll get it," I reply. "My Ben Franklin Salad is my own special version of a whipped potato salad. It gets its wonderful real flavor from the Real Mayonnaise in it. And Real Mayonnaise is the kind men like!"



"Really," cracks the president, "you're quite an authority on salad dressing!"

"But it's not salad dressing. That's the point! Real Mayonnaise is all mayonnaise—no starchy filler. Stays creamy even when you add milk. Makes this whipped potato salad even whippier!"

HERE ANOTHER Ladies Aider gets up. She used to be a "Home Ec" girl. "That's right," says she . . .

"Real Mayonnaise—Best Foods in the West, Hellmann's in the East—is the home kind made with only eggs, added egg yolks, salad oil, vinegar and seasonings—no starchy filler!"



"And it's really fresh—made with 'FRESH-PRESS' Salad Oil, prepared each day as it's needed. That's why this Real Mayonnaise tastes fresher even than home-made."

This "word to the wise" did it! The Ladies Aid Society voted for Real Mayonnaise—100 to 0!

SAVE JARS FOR CANNING!  
To get Preserving Seals, see directions on back of jar.



#### BEN FRANKLIN SALAD

Blend thoroughly 2 tbs. milk and 1 cup Real Mayonnaise. Mix with 4 cups mashed potato, ½ cup diced celery, 2 tbs. chopped onion, 2 tbs. chopped parsley. Season with 2 tsp. salt, ½ tsp. pepper. Then slice 3 large tomatoes and 4 cooked frankfurters. Arrange with potato salad on lettuce or salad greens as illustrated. Garnish each serving with pimiento star and sprigs of parsley. Serve with Real Mayonnaise. Serves 6.



IN THE WEST  
IN THE EAST

**BEST FOODS → HELLMANN'S**  
*Real Mayonnaise*

# American

**A** LOT of people seem to think that a hobby, to deserve the name, must be nonproductive; an activity carried on wholly and purely for fun and the pleasure of the moment, with no expectation of lasting results or reward. We don't feel that way. Never have. And we maintain that there is plenty of evidence to support our case. Some, as it relates, and will be of most interest to, men (reputedly the heads of homes and families) and to children, who are going to be such an important factor in the affairs of the nation and the world a generation hence, we have presented on the foregoing pages. And here (having "saved the best for the last," if you want to put it that way) we offer some examples of hobbies in which women have found joy, relaxation, an outlet for pent-up energy and emotion, and the various returns that hobbies are counted on to provide, but which have also yielded real treasures, home accessories, things to keep or to give—all objects that will become increasingly valuable through the years. So these, not salaried jobs, are what we mean here by "gainfully employed."

F. M. Demarest

## HOBBY 7





# Women



**HOBBY 8:** Candle-dipping, not necessary today, but lots of fun

## Fairfully Employed

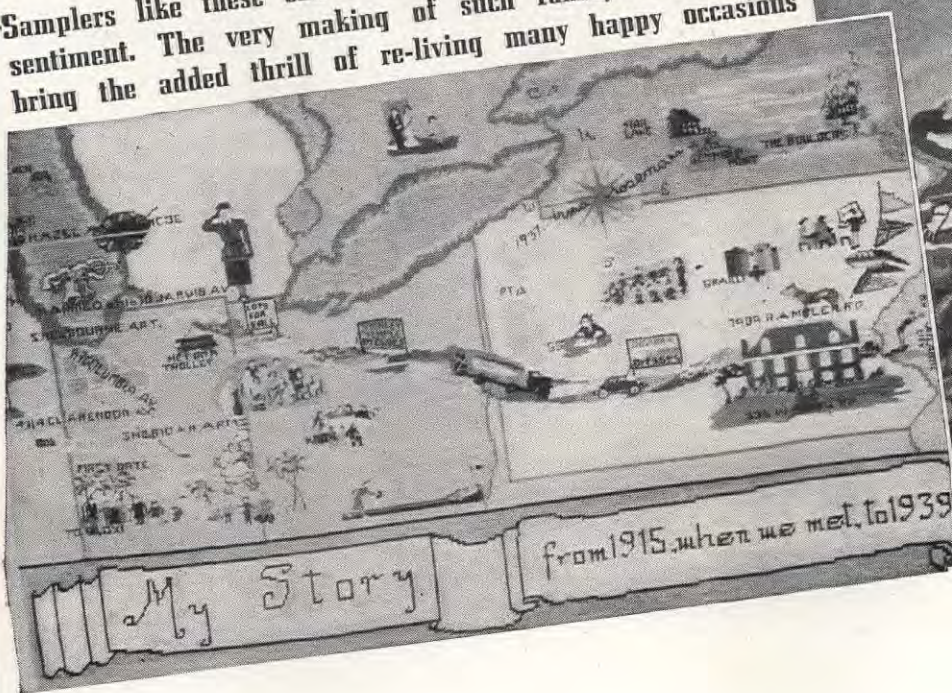
One of the charms of the textile handicraft hobbies, here illustrated, is that they follow no set pattern, as to origin, technique, or application. Take the intriguingly novel and different samplers included in HOBBY 7, all of which were designed for informational or historical as well as decorative and sentimental purposes. That of the Boatner family which, Mrs. Anne Boatner says, was inspired by an article in *THE AMERICAN HOME*, is a family portrait, with the figures lifelike even to the color of the hair and eyes, and the doorway of their Memphis, Tennessee, home. "I used a simple crewel stitch with ordinary embroidery thread on a piece of coarse, natural linen," she says. "The lettering is in rich brown letters to match my husband's suit. My dress is a bright American Beauty red to match a slipper seat in our living room, while my yellow-haired boys wear blue and white. Various shades of green were used for the house, the trees and shrubbery and the ivy leaf border, which took me more than a year to complete before I even started on the figures! Materials cost less than a dollar, except for the thin black frame with narrow gold beading, which dented the budget to the tune of nearly \$4."

Mrs. Joseph McDermott of South Amboy, New Jersey, used a frame salvaged from the attic for her family tree sampler, feather-stitched on linen. The roots, trunk, and branches are in brown, the adult names in green,

**HOBBY 9:** Block-printing (see page 23) is art with a real purpose



Samplers like these can combine information, history, and sentiment. The very making of such family records will bring the added thrill of re-living many happy occasions

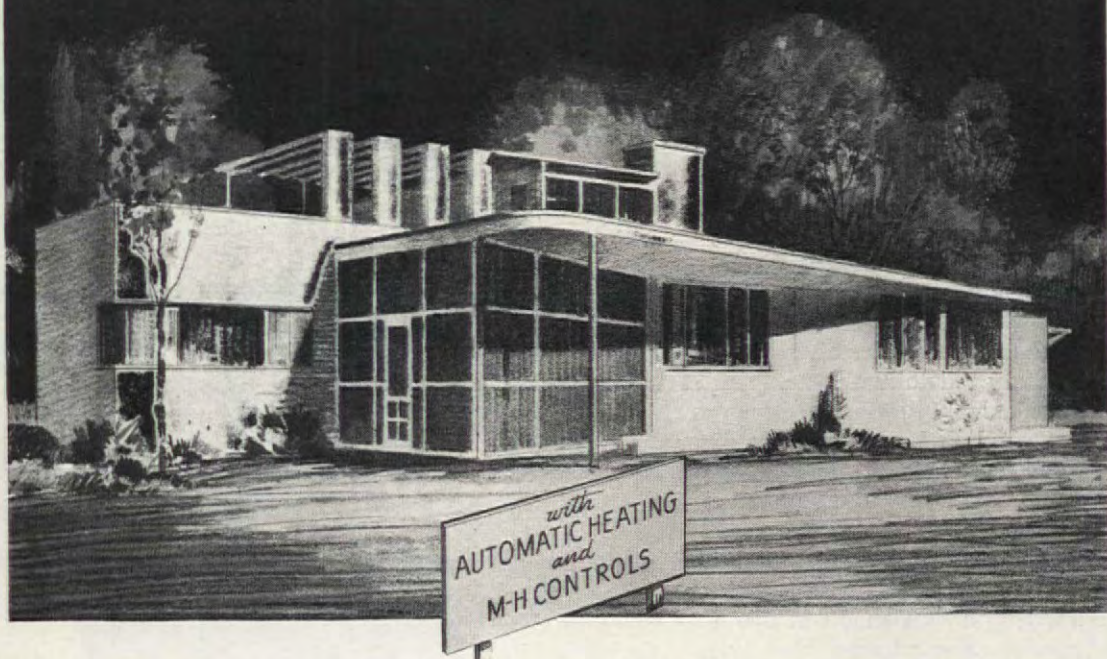


**HOBBY 10:** To many, a news picture of Bonneville Dam suggested only plentiful, cheap electricity. But Mrs. Carl Farber saw in it this pictorial hooked rug





## A Bond—A Plan— FOR POST WAR COMFORT

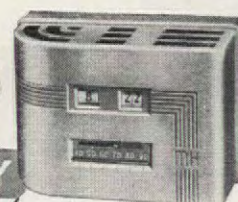


Here's a recipe for Practical Patriotism and Practical Planning for your Post-War Home . . . Buy more and more War Bonds! With the purchase of these bonds, you can start right now to plan that new home, or to modernize your present one. In doing so, your first consideration should be comfort in the modern manner . . . Automatic Heating with M-H Controls. Minneapolis-Honeywell as a result of research and experience with war-time controls for the U. S. Government will be in a better position than ever to supply the finest in Automatic Heating Control. Insist upon getting M-H Controls, whether you build a new home or modernize your present one. Send for our booklet "Contribution to Better Living." Minneapolis-Honeywell Regulator Co., 2737 Fourth Ave. S., Minneapolis, Minn. Branches in 49 cities. In Canada: Toronto, Ont.

## MINNEAPOLIS·HONEYWELL CONTROLS

IF YOU LIVE IN A DEFENSE AREA  
*Automatic Heating and M-H Controls*  
will be considered for priority rating.  
See your heating dealer now!

**First** YESTERDAY  
TODAY  
TOMORROW



*the*  
**Chronotherm**  
THE NEW CLOCK  
THERMOSTAT THAT  
SAVES FUEL.





and those of the children (also the year the grandparents were married and the states they were born in) in rose. Still another family record is the sampler on page 20, made by Winifred Lee Waye, which starts with her great-great-grandfather, Captain Eben Bradley, his clipper ship, the Sally Lee, and his bride, Patience Holden, and portrays succeeding generations down to and including her father and mother and the family cat—all in the light of bits of information dug from old letters or diaries during hours of precious research. Miss Waye appliquéd the felt figures on linen, adding details in embroidery silk, darning wool, and some hand painting.

Chapters from the life of the maker supplied the theme of Mrs. Irma Rosenau's sampler. The pictures, on a geographical background, represent important events in her life, from the time she first met her future husband on a trolley car, all arranged and balanced so as to make an harmonious unit.

Another kind of record—of current events rather than family traditions—was embodied in the unusual hooked rug made by Mrs. Carl Farber of Portland, Oregon. Clara J. Davis tells us that, "The project started when a local newspaper printed a picture of the great new Bonneville Dam on the Columbia River. To Mrs. Farber, whose hobby is rug making, it was a challenge to work the picture out on burlap in the gorgeous colors that nature spreads so lavishly over that part of the country. After mounting the burlap on the frame, she sketched the design with crayons and at a local mill bought woolen remnants by the pound and cut them into strips in lieu of the customary yarn. Thus she kept the cost of the material for the 6' by 3' rug to \$10.50, \$9.00 for the wool and \$1.50 for the heavy burlap."

Candle-making, suggested by Bab Bell at the top of page 21 as HOBBY 8, was at one time a regular household task; no longer necessary, it is now fun, easy, and costs practically nothing once you locate an old candle mold or have one made by a local tinsmith. Wicks can be cut from soft white wrapping cord, though regular cotton wicking is better, and the actual material can be either tallow, paraffin, beeswax, spermaceti, or the result of brewing bayberries, which also produces an alluring fragrance. Other odors can be produced by adding a few drops of inexpensive volatile oils to the melted wax.

And then, of course, there is the happy hobby of block printing,



### HOBBY 9: As you can see, block printing holds the joy of making lovely things by hand—and foot



And there's a real delight in choosing the designs and colors for making your own hangings

demonstrated herewith by Lenore M. Batchelor of Ontario, California. Seeking something distinctive for her new living room, she decided to act on her husband's suggestion and "make her own." Ideas for designs are everywhere at hand—but choose a simple one with bold lines to start with. First, trace it on tracing paper, then, using carbon paper, transfer it, in reverse, to the linoleum block (bought or home made) and ink it in. Cut away either design or background, depending on the effect desired, then ink the block with a roller or "brayer" and place it carefully on the fabric spread smoothly on a thick newspaper pad. Apply plenty of pressure for two minutes, as at left, then remove carefully and repeat the process until enough material is printed. Dry for a few hours, then steam and press, or use a steam iron. Of course, that's a bare outline; it's your task—and pleasure—to work out the enjoyable details of this creative artistry.





# The Memory Lingers On



**This was it... the real thing...** the night you dreamed about ever since freckles and pigtailed.

And now you re-live every precious minute...

That look in his eyes when you floated down the staircase.

The way he held you close as you danced. And how he sulked, when the stag line caught up with you!

Then like the climax to a great play... he suggested a stroll in the moonlight. You felt like a leading lady, walking with him on the terrace...

And to think you almost didn't go tonight... almost called it off!

If it hadn't been for Jane, you'd have let trying days of the month rule your life! But remember how she laughed at your worries... made you promise to switch to Kotex sanitary napkins?

As she put it—it's comfort you want most, and most everyone knows Kotex is *more comfortable!*

Because Kotex is made in soft folds, it's naturally less bulky... more comfortable... made to

stay soft while wearing.

A lot different from pads that only "feel" soft at first touch.

Then, too, Kotex has flat, pressed ends that do away with bumps and bulges. And a new moisture-resistant "safety shield" for added protection. No wonder your lingering doubts and fears vanished completely!

So you've decided that from now on Kotex is a "must".

Now you know why it's more popular than all other brands of pads *put together!*



**Be confident... comfortable... carefree**

**—with Kotex\*!**

**'TAINT IN TEXT BOOKS!** Where's a girl to learn all about her "problem"? The new free booklet, "As One Girl To Another", tells all. Mail name and address to P. O. Box 3434, Dept. AH-8, Chicago, and get copy postpaid and FREE.



(★T. M. Reg. U. S. Pat. Off.)



**ON GUARD  
THE HOME FRONT**

**COOPERATING  
FOR VICTORY**

**N**OW that all those seeds you sowed this spring—and we *don't* mean wild oats—are bearing fruit, are you a little appalled at your harvest? If you're an inexperienced gardener, you probably went all out in planting your Victory Garden, with the result that, even though you're using as much of your produce as possible in your

daily menus, and sharing with friends and neighbors, you are still faced with a surplus. Unfortunately, even Mr. Burpee hasn't been able to arrange matters so that only three tomatoes, or one head of cabbage, or a day's supply of string beans, ripen at a time. Instead, you're apt to be faced with half a bushel of home-grown something or other and not know quite what to do about it while it is at its edible best.

Well, don't let it get you. All these foods will taste mighty good, come winter, and by doing some drying, storing, and canning, you can engage in the sort of hoarding Uncle Sam encourages—which really isn't hoarding at all, but a vital part of his food distribution program.

You don't need to spend long summer and fall afternoons over a hot stove to do it, either. To get the best results, your produce should be taken care of when it's at its prime, and that means that you can put up a few jars of fruit or vegetables every few days, and without tearing your regular schedule to bits in the process.

Last month we gave you directions for the various methods of canning, both with and without sugar, so they'd be usable no matter how your sugar allotment was holding out. This month we're continuing with instructions for drying and storing of fruits and vegetables (if you've never eaten dried string beans you've something in store for you), and are including recipes for some relishes and pickles which, according to our official tasters, will be in demand long after the duration, once your family has sampled 'em. A jar of one of these would make an elegant Christmas gift, too, for that friend "who has simply everything." The manufacturers are being very helpful to



THE AMERICAN HOME, AUGUST, 1942



Preparation time: 4 hrs.

## country garden pickles

- 6 quarts sliced cucumbers (unpeeled)
- 18 small onions, sliced
- 2 green peppers, chopped
- $\frac{1}{2}$  cup salt
- 5 cups sugar
- $1\frac{1}{2}$  tsp. ground cloves
- 3 tbsps. mustard seed
- 3 tbsps. celery seed
- $\frac{1}{2}$  tsp. turmeric
- 5 cups vinegar

W

ASH cucumbers, peel onions, and slice both paper thin. Mix with chopped green peppers, add salt, and place in a large bowl. Bury in 2 dozen ice cubes or 6 cups of cracked ice and put weighted lid on top. Let stand for 3 hours; then drain thoroughly.

Mix sugar, cloves, mustard and celery seeds, turmeric, and vinegar. Place in large kettle with cucumbers, onions, and peppers, and heat to scalding point—do not boil. Pour into sterilized glasses and seal. If you have an herb garden, place a sprig of basil or tarragon in bottom of each jar. Best when served cold as the pickles are crisp and crunchy then. Makes approximately  $7\frac{1}{2}$  pints.

Recipe submitted by  
KERMAN SMITH

Tested in  
THE AMERICAN HOME KITCHEN



## drying fruit

SELECT firm, ripe fruit for drying. Before drying, immerse fruit as directed in a solution using six level tablespoons salt and one cup of sugar to each gallon of cold water. Stir fruit gently in solution. Place one layer of fruit on fine mesh racks or trays. Dry in oven temperature of  $140^{\circ}\text{F}$ , or in sun. Drying time for fruit varies but will take from 6 to 24 hours. Fruit should be dried until leathery in texture but not hard. Test slices occasionally, remembering that fruit will always seem softer when hot than when cold. When fruit is cold after drying, store in insect-proof containers in a cool dark place.

**Apples and Pears:** Peel, quarter, core, cut apples in  $\frac{1}{4}$ " slices and pear quarters in half. Immerse fruit in sugar and salt solution for 5 minutes. Dry in oven or sun.

**Apricots, Peaches, and Plums:** Cut in half and remove pits. Peel peaches. Slice fruit  $\frac{1}{8}$ " to  $\frac{1}{4}$ " thick. Immerse fruit for 5 minutes in salt and sugar solution. Dry in oven or sun.

**Cherries:** Only large cherries need to be pitted. Dip small cherries in boiling water for one minute before putting on trays to dry. Larger pitted cherries do not need to be dipped in boiling water. Do not use sugar and salt solution for cherries.

**Figs:** Cut in half and immerse in salt and sugar solution for 5 minutes. Dry on trays in oven or sun.

Use dried fruits in pies, puddings, and cookies, or as stewed fruit.

Suggested by THE AMERICAN HOME KITCHEN

Preparation time: 2 hrs.  
(must stand overnight)

## ripe tomato relish

- $\frac{1}{4}$  cup salt
- 4 tsp. mustard seed
- 2 tsp. celery seed
- 1 tsp. ground cloves
- $\frac{1}{4}$  tsp. cayenne
- $\frac{1}{4}$  tsp. pepper
- 1 pt. cider vinegar
- 3 green peppers
- 3 red peppers (sweet)
- 4 onions
- $\frac{1}{2}$  cup chopped cabbage
- $\frac{1}{2}$  peck (4 qts.) ripe red tomatoes
- 1 cup sugar



REMOVE seeds and ribs from peppers and put through the fine knife of a meat chopper with onions and cabbage. Scald and skin tomatoes, mash, and add to vegetable mixture. Mix sugar, salt, mustard and celery seeds, cloves, cayenne, pepper, and vinegar. Mix all ingredients together and let stand overnight. In the morning, bring to boiling point and simmer for 10 minutes. Pour into sterilized jars and seal. Makes approximately 6-7 pints. A good spicy relish.

Tested in  
THE AMERICAN HOME KITCHEN

but not tightly, in the stone crock. Cover with a clean cloth and on top of this put a plate, which should be weighted down (a gallon jug filled with water is good). The salt will draw out the juice and the cabbage will ferment when the jar is kept at a temperature of about  $70^{\circ}$ . During the fermentation period, which lasts about ten days, remove any scum as fast as it forms. Store filled crock in a cool place, being sure cabbage is always covered with brine, and use the kraut when desired. It'll taste mighty good on cold winter days.

**VEGETABLE STORAGE AT HOME:** In cold regions an unheated cellar or pit is unexcelled for the winter storage of beets, carrots, turnips, kohlrabi, cabbage, celery—in fact, all



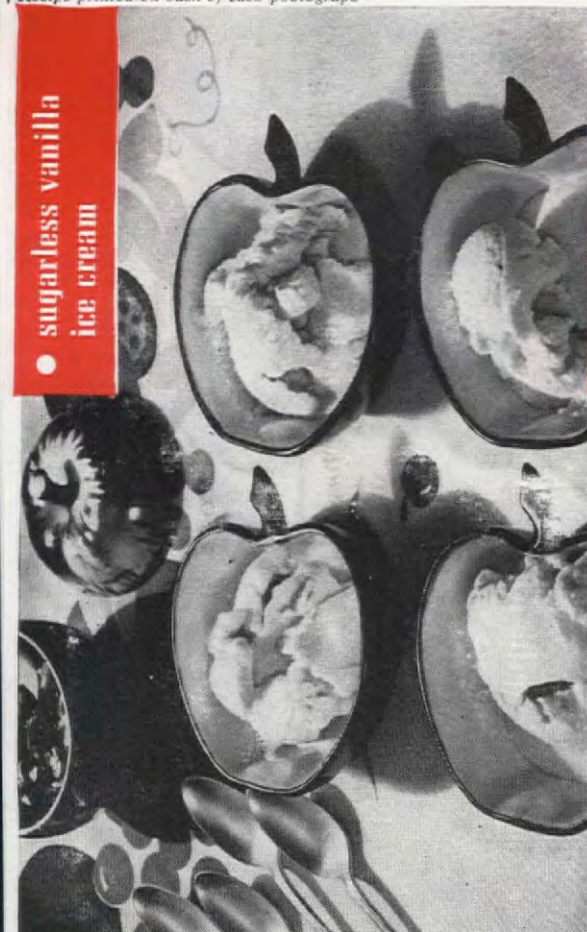
home canners and, particularly this year, food is being sold in glass jars which may be used again at home. Some jars need only new screw covers, and one firm is making arrangements to sell a special gasket lining which will go inside the regular cover and make the jar and cover usable.

If you like sauerkraut, why not make your own? According to home economics extension specialists, homemade kraut can be easily made by observing three simple rules. Shred the cabbage, and weigh it before putting it into an earthenware crock. Sprinkle salt between the layers of cabbage, using not less than 2 per cent, and not more than  $2\frac{1}{2}$  per cent of the weight of the cabbage, such as one pound of salt for every 40 pounds of cabbage. Be sure the cabbage is packed firmly,

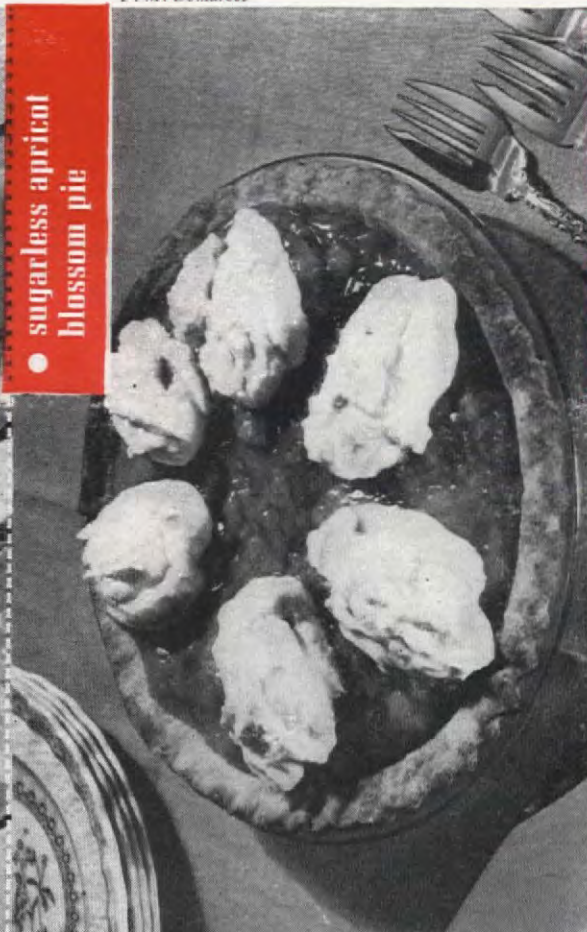
Recipe printed on back of each photograph

F. M. Demarest

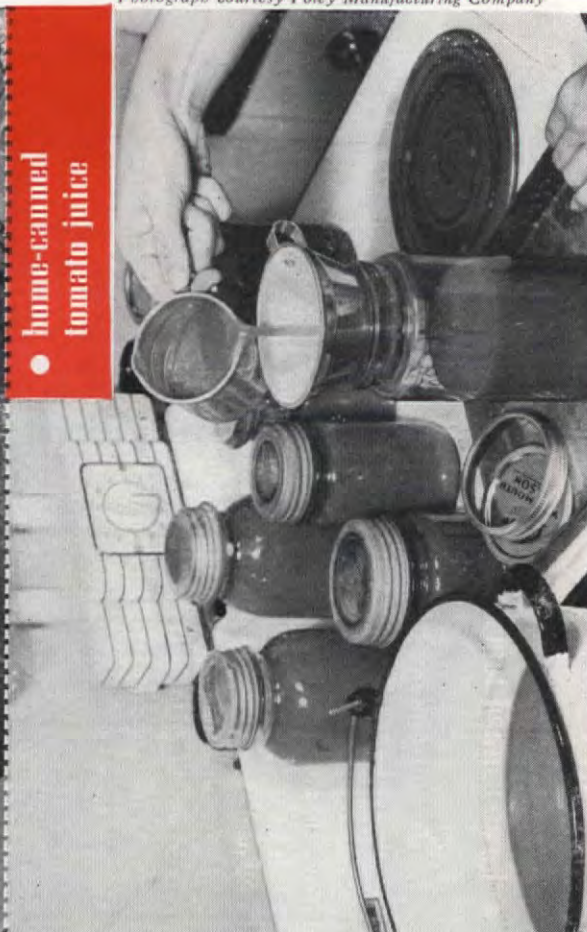
Photograph courtesy Foley Manufacturing Company



meat and  
celery relish



and meat  
apple relish



meat and  
celery relish



## • home-canned tomato juice

**S**ELECT firm ripe tomatoes and wash thoroughly. Do not use any that have decayed spots. Cut into small sections and simmer until softened, stirring occasionally to prevent burning. Put through a fine sieve or food mill to remove seeds, then bring juice to boiling point. Have jars ready which have been sterilized for 15 minutes in boiling water (allow them to stand in this water until ready to use). Pour tomato juice into sterilized jars and seal.

**Note:** Salt is omitted for infant feeding but for use in cocktails, soups, or sauces, add salt to taste. If you like, other seasonings may be added when cooking tomato sections—as celery tops, a small bay leaf, and 6-8 whole cloves.

*Source of vitamin C.*

*Tested in*

THE AMERICAN HOME KITCHEN

## • sugarless apricot blossom pie (bridge dessert)

1 pkg. vanilla pudding  
1 3/4 cups apricot juice  
1 cup chopped cooked apricots (dried)  
1 baked pie shell

*Preparation time: 15 min.  
(allow 2 1/2 hrs. for cooling)*

**topping:**  
1/2 cup cream, whipped  
3 tsp. puréed apricots  
1 tsp. honey

**M**AKE pudding, according to directions on box, substituting juice in which apricots were cooked for liquid (if liquid does not measure 1 3/4 cups, add water). When pudding is cooked, add chopped apricots and mix well. When cooled, pour into baked pie shell.

Whip cream, fold in puréed apricots and flavor with honey. Shape mounds on pie with a tablespoon, placing so each serving has its garnish. Serves 6.

*308 cal. per serving. Source of vitamin A.*

*Tested in*

THE AMERICAN HOME KITCHEN

## • sugarless vanilla ice cream

2/3 cup sweetened condensed milk  
1/3 cup (scant) cold water  
1 tsp. vanilla  
1/4 tsp. salt

*Preparation time: 3 hrs.*

1 cup whipping cream  
1/4 cup top milk  
1 egg white, beaten

**D**ILUTE condensed milk with water and stir until smooth and creamy. Add vanilla and salt. Whip cream until it starts to thicken, then add top milk and continue beating until it holds its shape. Fold in condensed milk mixture until thoroughly blended; then fold this slowly into beaten egg white. Pour into refrigerator tray and freeze at lowest temperature until firm. Reset control for storage. It is not necessary to stir this ice cream while freezing.

*hot fudge sauce:*

2 squares unsweetened chocolate  
1/2 cup water

Cook chocolate and water in top of double boiler until chocolate melts. Then beat with rotary egg beater until blended. Add sweetened condensed milk and salt and continue cooking over hot water until thickened. Serve over ice cream. Serves 6.

*591 cal. per serving. Source of vitamin A.*

*Submitted by CAROLINE KELLY*

*Tested in THE AMERICAN HOME KITCHEN*

## • favorite cucumber relish

*Preparation time: 1 hr., 20 min.  
(must stand overnight)*

12 large cucumbers  
6 green peppers  
3 onions  
1/2 cup salt  
1 cup ground horseradish

1 cup sugar  
1 tbsp. mustard seed  
1 tsp. celery seed  
Cold vinegar

**P**EEL and remove seeds from the cucumbers. Put the cucumbers, green peppers, and onions through coarse food chopper. Add salt, mix well, and let stand over night. In morning drain, add horseradish which has been put through food chopper, and sugar, mustard and celery seeds, and cold vinegar to cover. Mix thoroughly, then pack tightly in sterilized jars. Seal at once. Makes approximately 4-5 pts. This is especially good for those who prefer a more mild relish.

**Note:** If fresh horseradish is not available, use the bottled and a little less vinegar—or use 1/2 cup of dehydrated horseradish.

*Tested in THE AMERICAN HOME KITCHEN*

## • drying vegetables

**S**ELECT only fresh vegetables for drying. *Steam first.* To steam, place prepared vegetables in colander, put into kettle containing an inch of boiling water. Boil water briskly with cover on kettle. Test center vegetables to be sure they are heated. Remove from steamer, arrange one-half inch deep or less on fine mesh racks or trays. Dry in oven at 140°F. or dry in sun. When drying in sun, cover with cheese cloth. Dry until *bone dry*. After drying, vegetables may be crumbled or ground through food chopper, but this procedure is not necessary. Store dried vegetables when cold in insect-proof containers in a cool dark place.

*Green string beans:* Cut into inch lengths. Steam and dry as directed.

*Shelled green peas:* Steam and dry as directed.

*Spinach:* Clean, trim, and wash. Steam until wilted. Dry as directed.

*Sweet corn:* Use only tender, sweet corn. Husk, steam on cob until milk is set. Cut corn from cob and dry.

*Soup mixture:* Cut any assortment of vegetables which family likes in soup into thin slices (cubes take longer to dry). Steam and dry as directed.

To use dried vegetables, soak for 1 to 3 hours, using 6 to 8 times as much water as vegetable (less for corn), and cook in same water. Do not over cook.

*Suggested by THE AMERICAN HOME KITCHEN*

## • corn chowchow

1 doz. ears sweet corn  
1 very small cabbage (2 cups chopped)  
2 sweet green peppers  
2 sweet red peppers (optional)  
2 tbsp. chopped onion  
3/4 - 1 cup sugar

*Preparation time: 1 1/2 hrs.*

2 3/4 cups mild vinegar  
1/4 cup pineapple juice  
1 tbsp. mustard seed  
1 tsp. celery seed  
1 tsp. salt  
1 tsp. turmeric

**H**USK corn, scald, and leave in boiling water 5 minutes; then plunge into cold water to cool; cut from cob carefully. Chop cabbage; remove seeds and ribs from peppers and add with onion to corn and cabbage mixture. Mix sugar, vinegar, pineapple juice, mustard and celery seeds, salt and turmeric. Add to the vegetable mixture and place in large cooking pan. Simmer for 30 minutes. Pour into small sterilized jars and seal. Makes 1 1/2-2 quarts. Good served with ham or baked beans.

*Tested in THE AMERICAN HOME KITCHEN*



1 Photograph (Left), Mrs. T. D. Clark Hamilton

kinds of hardy vegetables and fruits, as well as ornamental bulbs and plants that might suffer outdoors. In Ottawa, Canada, Mrs. T. D. Clark Hamilton dug such a cellar under her concrete terrace (left) for the wintering of rose plants, making a door through the foundation wall into the house cellar and installing



tile ventilator pipes underground with metal pipe extensions above; the latter are removed during summer and the tiled ends capped over.

The above-ground method of storing sweet potatoes shown in these five photographs, as perfected at the Alabama Agricultural Experiment Station, can also be used for white po-

*Photograph printed on back of each recipe*



## ● Arnold's specialty (left-over)

Preparation time: 1 hr.

**Filling:** 1 tbsp. butter  
2 cups diced chicken  
1 cup evaporated milk  
1 tsp. salt  
1/8 tsp. pepper

**M**ELT butter; cook onion in it until tender. Add milk, salt, pepper, and curry powder to taste. Stir until it thickens slightly. Add chicken, vegetables and apple. Simmer 15 min.

**Pancakes:** 1 cup sifted flour  
1 tsp. sugar  
1/2 tsp. salt  
2 eggs  
1 cup milk

Sift together flour, sugar, and salt. Add milk; beat. Then add eggs, beating until there are no lumps in batter. To fry pancakes select smallest frying pan, use small amount of butter and measure 2 scant tablespoons of batter into pan. Tilt pan so batter will cover bottom; brown on both sides. Only one pancake is made at a time but they are easier to roll when cold.

**Cheese sauce:** 1/4 cups evaporated milk

1/2 lb. grated snappy cheese

Cook milk and cheese in top of double boiler until cheese is melted. To serve, put filling lengthwise on center of pancakes and roll tightly. Place 2 on individual heat-proof dishes, and pour sauce over them. Heat in very hot oven (450°F.) 10 minutes or until slightly browned. Serve immediately. Serves 6.

496 cal. per serving. Source of vitamins A and B complex.

Tested in THE AMERICAN HOME KITCHEN



Free photographs, Alabama Agricultural Experiment Station



tatoes, the various root crops, cabbage, celery, etc.; and over a large part of the country, as long as enough protective covering can be given to prevent them from freezing. The steps are: (1) Arrange four inverted-trough ventilators made of 1" x 4" boards on a bed of straw spread on a well-drained spot, so they

meet in the center. Here erect a 4" square ventilator shaft with holes bored in the sides as high as the vegetable pile will extend. Close the vent openings with wire netting and cover central stack to keep out rain. (2) Pile crop carefully so as to avoid bruising, then (3) cover, first with straw held in place with corn

stalks or sticks, and then (4) with soil which may be from four to twelve inches thick, depending on the winter climate. In very cold weather, plug the ventilator openings. (5) A rough shed or roof will prevent soil washing and aid in keeping the crop. Turnips stored in this way in northern Alabama in late fall

## ● old-fashioned macaroni and cheese ("quickie")

Preparation time: 45 min.

1/2 pkg. (8 oz.) macaroni  
1 1/2 qt. boiling water  
1/2 cup cracker crumbs  
1/2 lb. American cheese  
1 can (1 1/2 cup) evaporated milk  
1/2 cup cracker crumbs

**C**ook macaroni in boiling salted water for 10 minutes. Drain. Grate or dice cheese and reserve 1/2 cup for top. Oil a casserole and place alternate layers of macaroni and cheese in it until both are used. Then pour milk over both. Mix cracker crumbs and remaining cheese together and sprinkle over the top. Bake in hot oven (400°F.) 30 minutes or until brown. Serves 4-5.

455-542 cal. per serving. Source of vitamins A and B complex.

Tested in

THE AMERICAN HOME KITCHEN



## WINTER STORAGE FOR VEGETABLES:

ANN COLVIN and M. STEPHEN WARNER

**F**OR successful results, store only vegetables which hibernate successfully, and store in convenient, accessible places which will keep the vegetables properly. Whether you have a cool, dry cellar or dig a trench, rules for storing vegetables must be followed.

**Beets** cannot stand cold weather, so dig them before freezing weather and store in a cool, dry cellar, or in an outdoor pit which is covered with soil and straw.

**Cabbage** of the late variety should be used. Pull cabbage, leaving on earth which clings to roots. Break off most of the spreading leaves. Crowd cabbages together to conserve space, either all heads up or all heads down, in a long shallow trench. Pack earth over and around them. As cold weather sets in, gradually add a covering of straw. It is a *must* to locate storage place where there is no standing water. Cabbage can also be trimmed and stored in basement bins.

**Carrots** may be left in the ground until mid-winter with a protecting light straw mulch. Then dig them, cut off tops, and store in a frost-proof cool, dry cellar. In the



tubers have dried in the sun for a day, they may be taken into the house and drying continued for ten days at a temperature of 85 degrees. To prevent excessive handling, the tubers may be packed in crates with paper between them.

**Parsnips** are such a hardy vegetable that they can stay in the ground for the entire winter. To be more accessible, they may be stored in an outdoor pit.

**Rutabagas and turnips** will stand a first frost, but should be dug before the ground freezes. Store in a cool, dry cellar, or in an outdoor pit which is then covered with soil and straw.

**Squash**, only the late winter sorts, will keep all winter. Harvest when mature. Frost or bruising is injurious. Pick and store on dark, dry shelves at 55 deg. F.







**C**utting corners in your household expenses? Here's one way to be thrifty—make Arm & Hammer Baking Soda or Cow Brand Baking Soda your family's "official tooth cleanser."

Young and old will soon come to prefer our Baking Soda to any other tooth cleanser they have ever used—for its effectiveness—for the way in which it helps to restore the natural color of their teeth—and for the clean, refreshed taste it leaves in the mouth.

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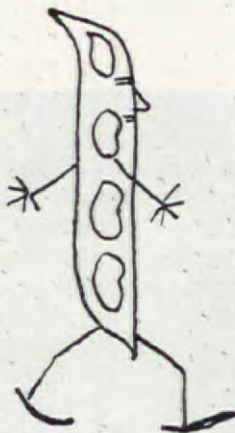
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were found to be 93 per cent sound on the following March 15. Of course, hardy vegetables, those like turnips, and parsnips, beets, carrots, salsify, etc., will not need as thick a covering of soil as will sweet-potatoes, white potatoes, cabbage, kohlrabi and others that cannot stand being frozen. In the South where this method of storing is in considerable use, it is a simple matter to burrow into the heap at any time and remove a supply of roots. Farther north, the frozen soil must be broken away and an opening made through the cornstalks and straw which must afterward be replaced carefully so as to give the needed protection.

Another simple, above-ground storage device consists of nothing more than a stout barrel laid on its side on a bed of sand or gravel (for drainage) in a scooped-out depression; you can sink it half its diameter if you like, so long as you provide some means of keeping the dirt from falling into it. After the crop has been laid in the barrel on a layer of straw (to keep it clean and prevent bruising), place a board cover snugly against the open end and brace it there with a slanting piece of 2 x 4, then heap earth over the whole thing to a depth of several inches. The covering can be increased as the weather gets colder, and if it tends to wash off during winter rains, a roof of boards, tarpaulin or roofing material can be spread over it. It might also be well to hang a burlap cover over the opening to facilitate the removal of supplies as the need for them may arise, and the replacement of the soil blanket afterward.

**DRYING** is a very satisfactory method of preserving certain fruits and vegetables. Small amounts may be dried in the oven or in the sun, according to directions given on these pages. For larger scale operations, the home-constructed type of evaporator recommended by agricultural extension workers is practical. Complete directions for making it are contained in Farmers' Bulletin #984, which can be obtained from the U. S. Department of Agriculture, Washington, D. C. No matter how you dry them, however, remember that, just as for canning, only fresh vegetables and fruits should be used. Those which are even slightly wilted or spoiled will not give satisfactory results. It is also worth noting that there are three fundamental reasons why food drying is likely to be more successful as a home operation than if done at a community food preservation center. These are: The time required—not all at once, but over a considerable period; the fuel expense—at home that used for ordinary cooking and heating can be used for the drying activities; the probable moisture in the atmosphere of a canning center which would serve to retard the drying process.



**FREEZING.** If you are fortunate enough to have access to a freezing unit and storage plant, you will probably be enjoying the advantages of consuming, not only frozen fruits and vegetables from your garden, but also frozen meats, poultry products, etc., during the winter months. Nearly a year ago, it was estimated that there were some 3,500 frozen-food locker plants in operation throughout the country; probably the number increased greatly before priority restrictions checked the construction of the refrigerating units. For more information about methods, apply to your county home demonstration agent, and for a good general publication, consult Miscellaneous Publication #472 of the U. S. Department of Agriculture.

• old-fashioned macaroni and cheese



F. M. Demarest

*If Your Copy Is Late*

**B**ECAUSE of the uncertainties of wartime transportation, many periodicals will frequently be late arriving at their destination. If your AMERICAN HOME does not reach you on time, please do not write complaining of delay. The delay is caused by conditions arising after your copy has left Chicago, beyond our control.

IF YOU CHANGE YOUR ADDRESS—please notify us a full 30 days in advance. Otherwise one or more copies will have been already addressed to your old post office and, in order to obtain them, you will be required to send forwarding postage for their delivery to your new address.

Recipe printed on back of each photograph

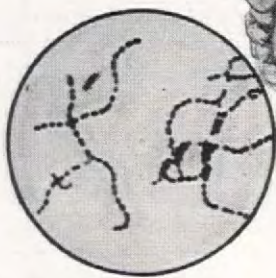
• Arnold's specialty (left-over)





# SAFE...or is she?

**1. FAR CLOSER** to your baby *right now* than gas attack is another deadly danger that can float through the air—*Infectious Disease*. Especially in wartime, epidemic germs may take a terrible toll. Fight germs on the home front *every day*. Use Lysol to *disinfect as you clean*. Uncle Sam uses Lysol to help protect the men in service. So help guard *your* household from germ contamination the same way. Clean with Lysol.



**2. THESE INVADERS** are Streptococcus germs . . . they may lurk in even a "well-kept" house. Like pneumonia, diphtheria and countless other germs, they are destroyed . . . *fast* . . . by Lysol. That's why so many hospitals disinfect with Lysol. When you clean house, don't rely on "washing compounds" alone.

## 3. HOW TO FIGHT YOUR GERM ENEMIES



**BABY'S TERRITORY, FIRST.** WASH CRIB, TOYS, WALLS, FLOORS WITH GERM-KILLING LYSOL SOLUTION. (2½ TABLESPOONFULS TO 1 GALLON OF WATER.) WON'T HARM PAINT OR VARNISH.



**ANNIHILATE GERMS AS YOU LAUNDER.** LYSOL DISINFECTS DIAPERS — DEODORIZES, TOO. (1 TABLESPOONFUL TO EACH 2 GALLONS OF WATER.)

**DANGEROUS GERMS** MAY THRIVE IN BATH-TUBS AND BASINS. SO CLEAN ALL BATHROOM SURFACES REGULARLY WITH LYSOL SOLUTION (2½ TABLESPOONFULS TO 1 GALLON OF WATER.)



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Disinfectant

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**—SAYS "OLD SARGE"**

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The Kit packs Sergeant's famous flea-killing SKIP-FLEA Soap and Powder and Pine Oil Disinfectant. And I see that they're used regularly!

Save your pup from itches and flea-spread worms. Get the Kit—and a free Sergeant's Dog Book—at drug and pet stores.

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DOG MEDICINES**

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**If you have a  
SEPTIC TANK**



• Because of the action that takes place in septic tanks—owners are extremely careful what products are used for sanitary cleaning purposes. Here is good news for all owners of septic tanks.

It is no longer necessary to scrub and scour toilet bowls to insure complete toilet sanitation. A detailed report by eminent scientific authorities shows how quickly and thoroughly Sani-Flush cleans toilet bowls without messy work. It proves—without a shadow of doubt—that Sani-Flush is one toilet cleaner which is perfectly safe in all types of septic tanks, used according to the simple directions on the can.

**FREE FACTS:** This authoritative report is available for use by septic tank owners. It's free. For complete information just address a post-card to The Hygienic Products Company, Dept. N, Canton, Ohio.

**Sani-Flush**

**CLEANS TOILET BOWLS WITHOUT SCOURING**

Sketches by Robert McQuinn



**O**F COURSE dogs may need first aid, for accidents happen and ailments develop even in the best regulated families. A happy ending of the trouble often hinges on what you do before the doctor comes, plus your dog's own good health built up by sound food and sensible general care.

There's more to the prevention-instead-of-cure idea than you might think. A sanely balanced, non-greasy diet which includes green vegetable products as well as cereals, eggs, milk, and red meats helps tremendously in maintaining a sound, sickness-resistant health. Besides this, puppies and young dogs, especially, are often benefited by extra amounts of calcium phosphate, a form of lime. These youngsters, too—and some fully grown dogs—should be treated periodically for stomach or intestinal worms, which can wreck their digestive systems and also cause excessive scratching. Ordinary cases can be treated at home with one of the standard vermifuges, but severe ones may call for the attention of a good veterinarian.

Generally speaking, a thorough daily brushing will keep a dog's coat and skin so clean that only an occasional bath will be needed. When you do wash him, use a first-class and not too strong soap—

**In giving liquid medicines with spoon or bottle, pull loose skin**



out, pour dose into resulting pouch; hold until dog swallows



Photos courtesy Mayo Kennels by Roy Pinney from Tree Lions

**In fairness to your dog and yourself, locate a good veterinarian and consult him promptly in emergencies. In the case of a bad wound, a tourniquet can be used to check bleeding until he can take over. But, as all the Red Cross manuals say, loosen it every fifteen minutes**

preferably one made especially for dogs—and tepid water, with one teaspoonful of a standard creolin disinfectant to each gallon. If a severe infestation persists, strike at the source by cleaning up and disinfecting the dog's sleeping quarters. All these preventive measures will ordinarily keep under control the simple forms of mange and other skin irritations. If they don't, get professional advice without delay.

Whatever the emergency situation that calls for first aid, be prompt, careful, firm and confident.

Unless delirious or out of their heads with pain, dogs are usually understanding, cooperative patients and will submit to and even welcome your efforts to lessen their suffering. Of course it is poor policy to try and take away a bone, even in fun. But if a dog is in evident distress because of a bone caught in his teeth or throat, you can usually loosen or remove it by hand with little or no chance of getting bitten. Similarly, most dogs will remain perfectly quiet while a surface wound is bathed (with a disinfectant solution, of course)

**To give a dog a pill, hold his mouth open like this; drop the**



**To pick up the dog, put hands under his front and hind-quarters**

**pill far back; let mouth close; hold it so until pill is swallowed**



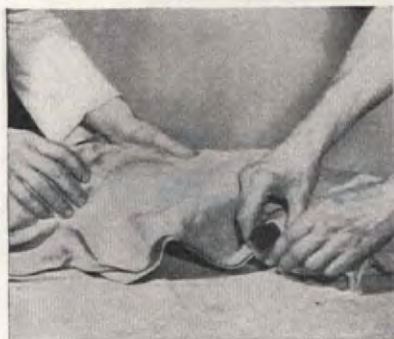


For examination or minor operation, bind jaws with a soft cloth around nose, secured behind dog's head

and temporarily banded, or while thorns and burs are removed; and display their gratitude. However, in the case of a new or unknown dog, a simple muzzle tie of soft cloth fastened at the back of the neck is a sensible precaution.

Any bad accident case, whether canine or human, should not be moved until the extent of the injury is ascertained; but if a hurt dog must be lifted, get a good grip on the muzzle and the front feet, or wrap the animal in a blanket, first. And don't forget that it will ap-

To avoid unintentional bite of a pain-crazed dog, wrap in a blanket

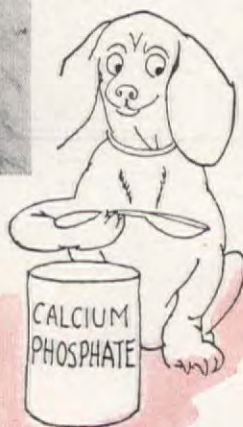


before picking him up, or grasp jaws and fore paws, as at right

preciate friendly verbal encouragement just as much as you would.

If your dog (or any dog) has a fit don't get excited or let anyone start a "mad dog" scare. If at home, throw a blanket over the patient and put him in a dark room if possible; if he's too large for that, leave him alone to recover—and, of course, summon the doctor. If out in the car or in the street, cover the dog with your coat and get him away from excitement and crowds. Especially in puppies, fits may be a sign of worms; but they may have deeper-seated causes, especially if they occur frequently.

Dogs' ears sometimes give trouble, causing them to shake their heads or even rub them along the ground. Simple, mild accumulations of wax or scurf may call for a gentle, very careful swabbing of the outer ear passage with a wisp of absorbent cotton on the end of a thin stick or "applicator" moist-



ened with a weak grain alcohol solution; this to be followed by a dusting with boric acid powder. But continued distress may indicate canker of the ear, which calls for expert attention. To lessen the chances of this trouble, always put cotton in the dog's ears when bathing him—and don't forget to remove

it afterwards. Incidentally, about this time of year, your dog may be bothered by a type of skin trouble commonly known as "summer eczema." Contrary to popular belief, this is usually caused not by dietary shortcomings or mistakes, but by external parasites, chiefly fleas. To correct the condition, rid the dog and his environment of fleas, following directions already given; a soothing ointment may then be applied to the irritated regions.



*I'm teaching Tuffy to swim!*

Good idea, Sally. And nice work on a hot day.

*Why don't you come and swim, too?*

I'd like to! But I'm busy with millions of extra telephone calls every day, due to the war, and must keep on the job so things go smoothly.

*Aw, shucks! Well, I'll go on with the lesson.*

Your dolly should be pleased. There's nothing like knowing how to do things well. Take the telephone, for instance. Remembering simple, good telephone manners helps every one get the very best service.

*You mean like answering promptly?*

Exactly. And looking up the right number in the directory. And being as friendly and courteous as you would when talking face to face. Gee, a smile in the voice is a wonderful thing! Every one feels better for it. And now I must be going, my little water bug—have fun!

Bell Telephone System







*The American Home Series of State Flower Prints*

*Lewis' Mockorange (Philadelphus lewisi), Idaho state flower since 1931*





Edith F. Johnston

*The American Home Series of State Flower Prints*  
*Indian Paintbrush (Castilleja linariaefolia), Wyoming's choice in 1917*

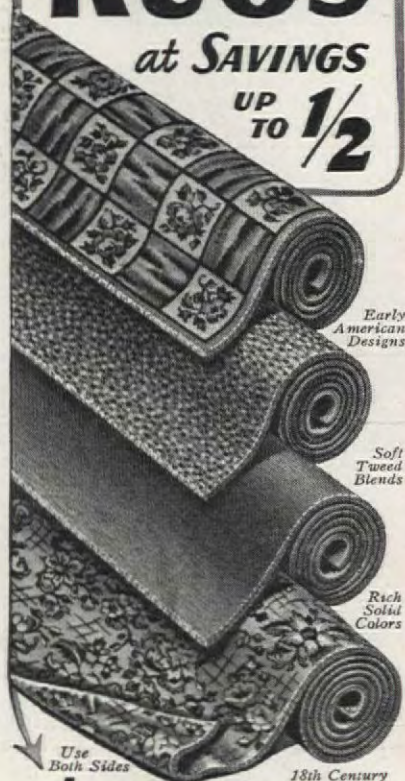


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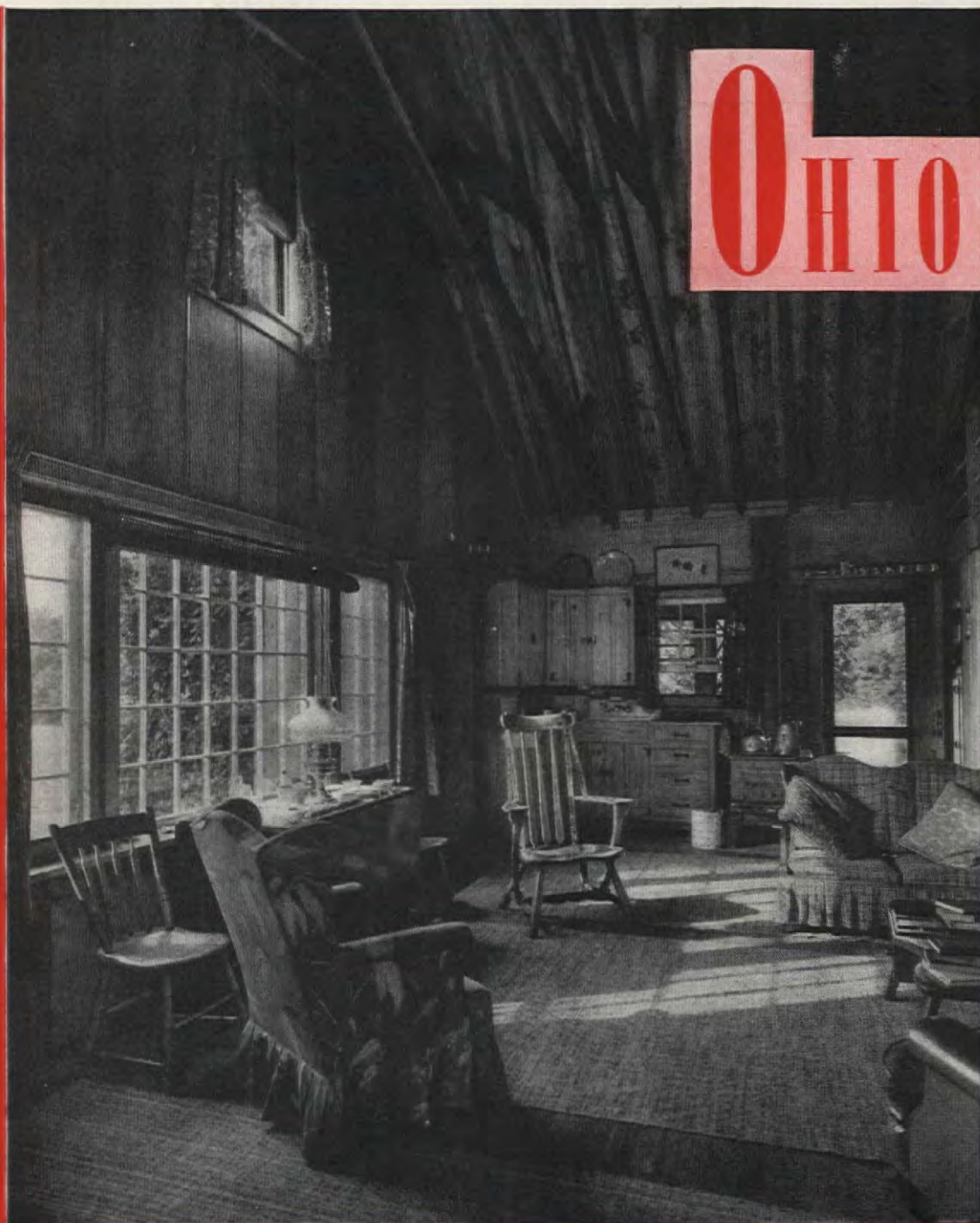
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**Answering that family prayer for happy summer months and winter week-end living**

**A** WARM-WEATHER home and a cold-weather week-end retreat—those were the requirements which Mr. and Mrs. Clark Bole set for their proposed new house in Ohio. They didn't want either a cabin or a mansion. But in between these two extremes there must be a happy medium of comfort and convenience, of soundness and simplicity, without incurring too much cost or trouble. And the outcome proved that they were right!

The architect they chose was Bascom Little, Jr., of the firm of Maier & Walsh, and with him they worked out a design which, while it contains but a little less than 11,000 cubic feet of space, gives an interior impression of a good deal more. Much of this feeling results from carrying the living room up to the roof, with a balcony running from eave to eave, reached by an end stairway and providing access to the "second-story" space, now a dormitory, which will eventually be divided into two additional bedrooms.

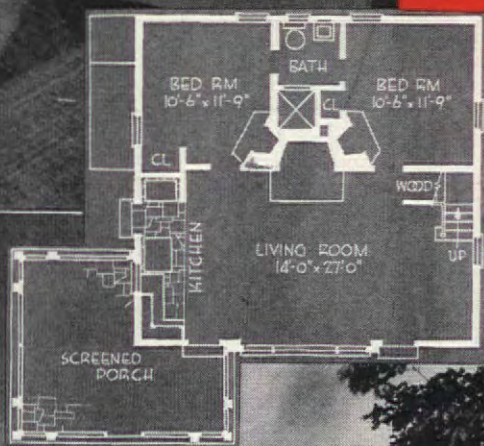
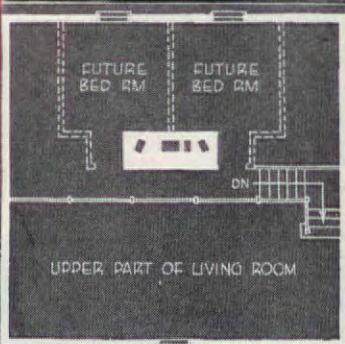
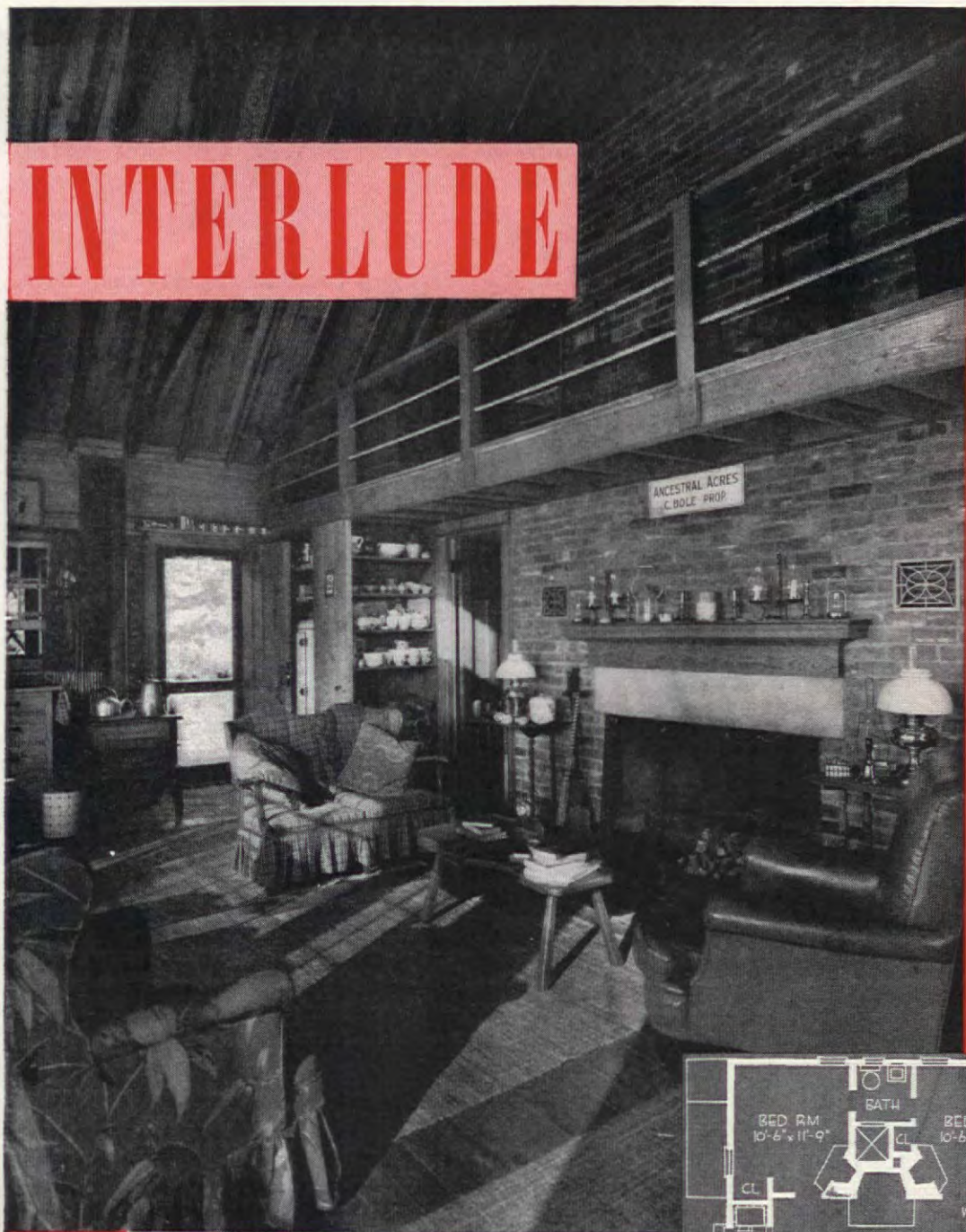
A house like this, not occupied continuously through the cold weather, doesn't call for one of the standard-

pipied heating systems. Winter week ends in Ohio, though, can be pretty frosty, so a big three-way chimney was built almost in the center, permitting a recirculating fireplace in the living room and each of the downstairs bedrooms, with ducts to distribute the heat to the bathroom and the dormitory above. And you can take it from the Boles that this arrangement keeps them plenty warm and comfortable! Not the least of its advantages is that heat begins to spread through the house practically as soon as the fire is lighted; there's no tedious, shivery waiting for the house to get warm after they arrive on Friday night or Saturday. And if you don't think that's a big boon, you've never opened a frigid house on a cold night in the middle of winter.

Structurally, the exterior walls are of wood siding with board-and-batten shutters, all stained tobacco brown, and a wood shingled roof. The windows are double-hung and painted cream color, and the porch is equipped with wooden panels so it can be converted into a winter woodshed. Feather-edge chestnut plan-



# INTERLUDE



Ernest Graham photographs

THE AMERICAN HOME, AUGUST, 1942



YOU CAN  
ADD AN

*Extra-  
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WITH INEXPENSIVE  
FIR-TEX COLOR  
PANELS AND TILE!



*Gain more  
living space*

IN YOUR PRESENT HOME!

DO you know there are two places in your home that can be changed into livable rooms without expensive alterations or additions to your present structure? The attic and basement, of course!

Fir-Tex color panels will transform these unused spaces into bright cheery rooms. This clean, easy-to-handle material requires no painting or further decoration. It is building board, insulation and interior finish all in one.

**TOUGH WOOD FIBERS.** Fir-Tex is made from natural wood fibers sterilized and felted together into firm, solid boards with marvelous insulating qualities.

**BETTER SHEATHING.** Use Fir-Tex Sheathing on roof and outer walls. Seals out summer heat—seals in furnace heat.

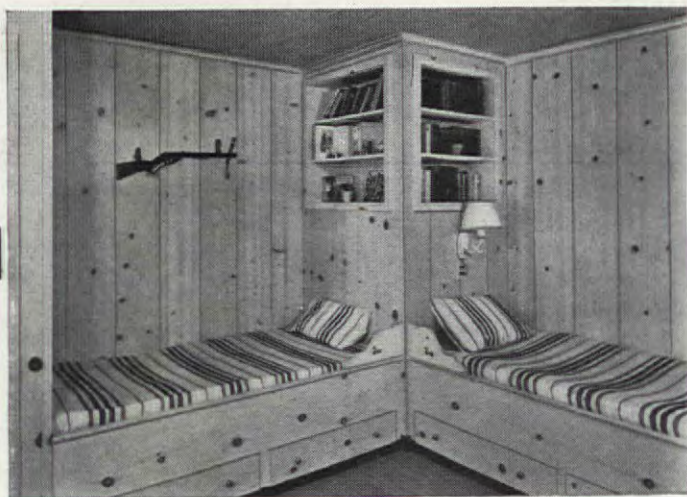
**BETTER PLASTER BASE.** The modern way to prepare walls for plaster. Prevents lath marks—greatly reduces plaster cracking to a minimum.

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INSULATING BUILDING BOARD

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Mail to: FIR-TEX, Porter Bldg., Portland, Ore.  
Free, 28-page catalog in color. Illustrates many selections for wall and ceiling finishes. Shows how you can add extra rooms within your home.

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## Dad, wouldn't you have prized a room like this?

- You know, it probably wouldn't take much remodeling to fix up Junior's room the same way.
- The charm—and the economy—of this particular scheme lie in using smooth, even-textured Western Pines.\* The beauty of these lovely woods is surpassed only by their versatility. Upstairs, downstairs, inside, outside—the surest way to build up the personality of your home is to remodel with the Western Pines.
- You'll find loads of intriguing ideas in "Western Pine Camera Views," 1942 edition. This picture album is FREE on request. Write Western Pine Association, Dept. 164-F, Yeon Bldg., Portland, Ore.

\*Idaho White Pine \*Ponderosa Pine \*Sugar Pine

THESE ARE THE WESTERN PINES



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Put on "A Convention of Vegetables"—amusing, informational one-act pageant—and help a favorite charity and also the Victory Garden and Food for Freedom programs. Do it indoors or out; 23 characters; colorful, easily made costumes (see June AMERICAN HOME, pages 34, 35). Complete text, stage business, costume directions: 15¢ per copy; 10¢ in lots of 25.

Order by name and number (#134) and remit in stamps to  
THE AMERICAN HOME, 251 Fourth Ave., N. Y. City



A "snack" served on American Airlines.

Millions are eating with O. W. D. Ritespoons in Airlines, Pullmans, offices, factories, soda bars, road, side stands, at picnics, in homes. Distinction and utility of metalware in a sanitary single service utensil.

Ask any dealer for this strong, rigid, naturally clean WOOD spoon that does not wilt, bend nor break. 5 and 10-cent packages. O. W. D. Riteforks to match. Oval Wood Dish Corp., Tupper Lake, New York.



**Easy Way to EARN MONEY** Sell 50 PERSONAL Christmas Cards WITH NAME

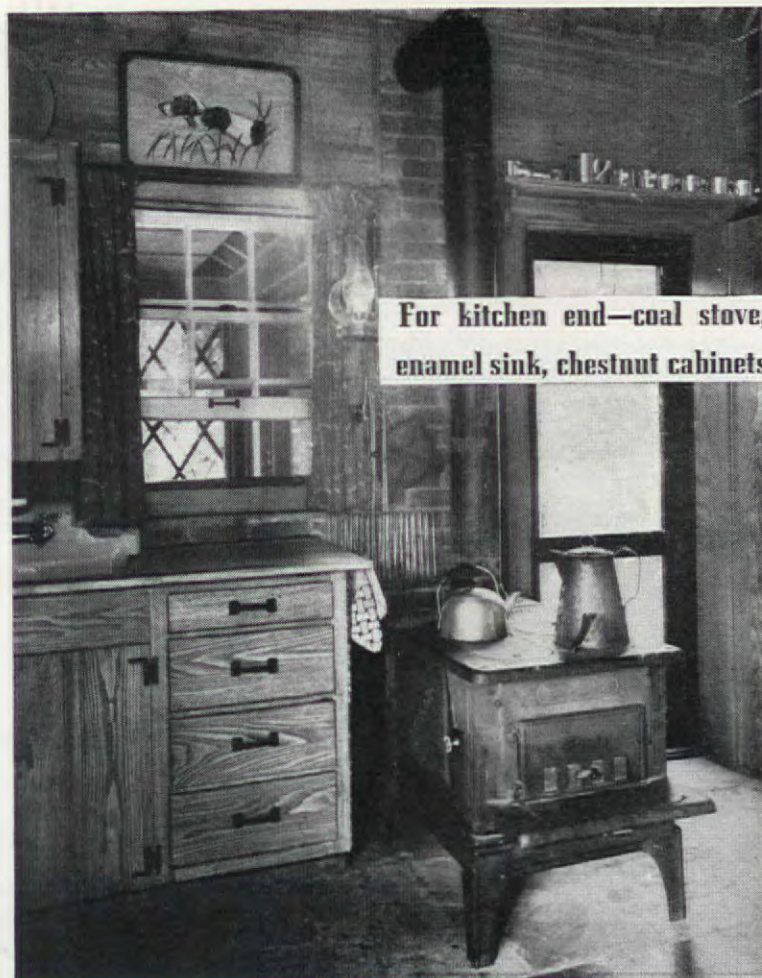
Show friends beautiful Christmas Folders with sender's name—50¢ for agent for \$1. Also fast-selling 21-card Christmas Assortment for \$1. You make up to 50¢. Nine other Ass'ts.—Etchings, Religious, Gift Wrappings, Everyday, Big line DeLuxe Personal Christmas Cards. All easy money-makers. Also special money-raising plan for clubs, church groups, etc. Write for FREE SAMPLES.

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**JAMS.. JELLIES**  
**SEALED WITHOUT WAX OR METAL**

### New Split-Second JIFFY-SEAL WAY!

NOTHING to melt or sterilize! Just moisten tough, transparent JIFFY-SEALS, press on and wrap gummed label around top—glasses are air-tight! Saves time, money—metal! Package of 25 JIFFY-SEALS with gummed labels only 10¢—at 5¢ to \$1 stores, grocers, hardware stores—everywhere. Clopay Corp., 1329 Clopay Square, Cincinnati, Ohio.



For kitchen end—coal stove, enamel sink, chestnut cabinets

stained light brown form the interior walls except in the bedrooms and bath, where white painted plywood takes their place; the ceilings in these latter rooms are also of plywood, painted white. Waxed flaggging is used to floor the kitchen area, but elsewhere the floors are of wood. All of which makes a most appropriate and natural background for the fireplaces and chimney of unfinished reclaimed brick.

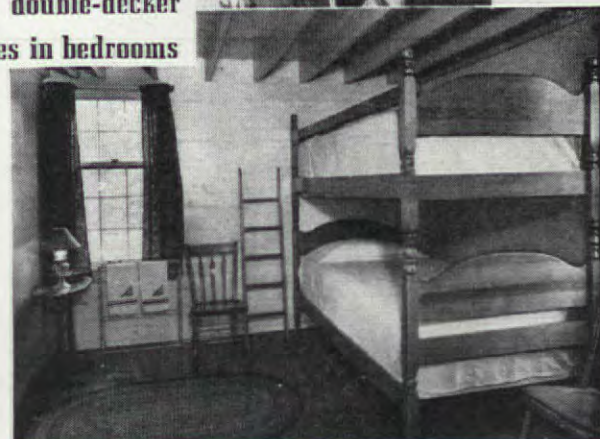
Does it look like a lot of house for \$4,500, even though it is without electricity and is not equipped with a regular furnace, but depends entirely upon fireplaces? We agree—but that's really all it cost to build out there in Ohio!

**ON GUARD**  
THE HOME FRONT  
COOPERATING  
FOR VICTORY



The dormitory is upstairs

Plywood walls, double-decker beds, are features in bedrooms







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Dull glass never looks really clean. It's just as important to *polish* your windows as it is to wash away the dirt and sticky stains. Bon Ami Cake does both jobs at the same time. It cleans glass quickly, easily . . . and leaves it *polished crystal-clear*. No "cleanser-mist" to rub dry. No oily film to pick up dust.

**Bon Ami Cake**  
POLISHES AS IT CLEANS



"hasn't scratched yet!"



**PULVEX**  
FLEA POWDER  
—also kills Lice and Ticks  
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Extra income for you weekly! Show smart Personal Christmas Cards with name—50¢ for \$1. Easy to get orders. Also glamorous box 21 assorted Christmas Folders. Sells for \$1—make 100% profit. Other fast sellers. Amazing values. Experience unnecessary. Write today! **SAMPLES ON APPROVAL**

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## Quick Relief FROM SUMMER ECZEMA

Combination treatment with Hilo Dip and Ointment removes REAL cause of this hot weather problem. Has helped thousands of dogs. At pet send, department stores. If dealer hasn't it, send \$1.00 for complete treatment with directions and photos of many actual cases to **THE HILO CO. Dept. Y, 8 South Norwalk, Conn.**



## Auriculas of the Alps

**A**URICULAS—by which gardeners mean the lovely and variable species of primroses that botanists call *Primula auricula*—are not the easiest of perennials to grow, but they well repay the special effort and attention needed to keep them happy. Natives of the Swiss Alps, they are essentially rock garden subjects, with a special taste for a sweet (limy), fertile soil, excellent drainage, and protection from excessive heat. Partial shade helps provide the last, as does an unending supply of moisture below the surface. Equal parts good garden loam, peat moss and sand, with a dash of crushed limestone and bonemeal well mixed in, are recommended by JAMES NEEMAN, who lives in Oregon. He says: "Good strains of auriculas are very beautiful. The blossoms are borne in prominent heads on stems about six inches tall, the individual flowers being of large size. In color they range from the palest cream-white to lovely blues, purples, deep reds, bronzes, and intermediate shades. The luxurious broad, leathery, olive-green foliage helps give the plants real individuality."

Of course, growers in the Pacific Northwest are especially favored by the moderate temperatures and all-year-round moisture that auriculas do best in. But in other sections as well, except where either the summers or the winters (or both) bring extremes, they are among the choicer things to be tried in the real rock garden.

## Oil for Ants:

**I**F ANTS are overrunning your lawn, why not pour warm, used, crank-case oil over the hills? We did it for several weeks, attacking each new hill that appeared and the pests no longer trouble us. It is harmless where there are small children or pets (as poisonous preparations are not); it won't kill grass, and the next irrigation washes it away after it has done its work.—MRS. W. F. BRISSENDEN.

(NOTE: That certainly sounds easy, cheap and safe for regions where irrigation is practiced. Its effect on soils where natural rainfall and sprinkling replace flooding is a question. But if poured into the nests so as to fill the deep runs without saturating the root area, it should leave the grass uninjured. It sounds worth trying.—EDITORS.



## Our neighbors ENVY our CRANE kitchen

So modern! So convenient! So time and step-saving! Many a home owner today who takes pride in the ownership of a Crane kitchen is finding that neighbors regard with envy its beauty and high quality. War time restrictions that make replacement difficult are proving the shrewd judgment of homeowners who specified Crane when they built.

Recent government rulings recognize the importance of keeping your plumbing and heating in good working order. It is good patriotism as well as good business to see that necessary small repairs are made before they develop into major troubles.

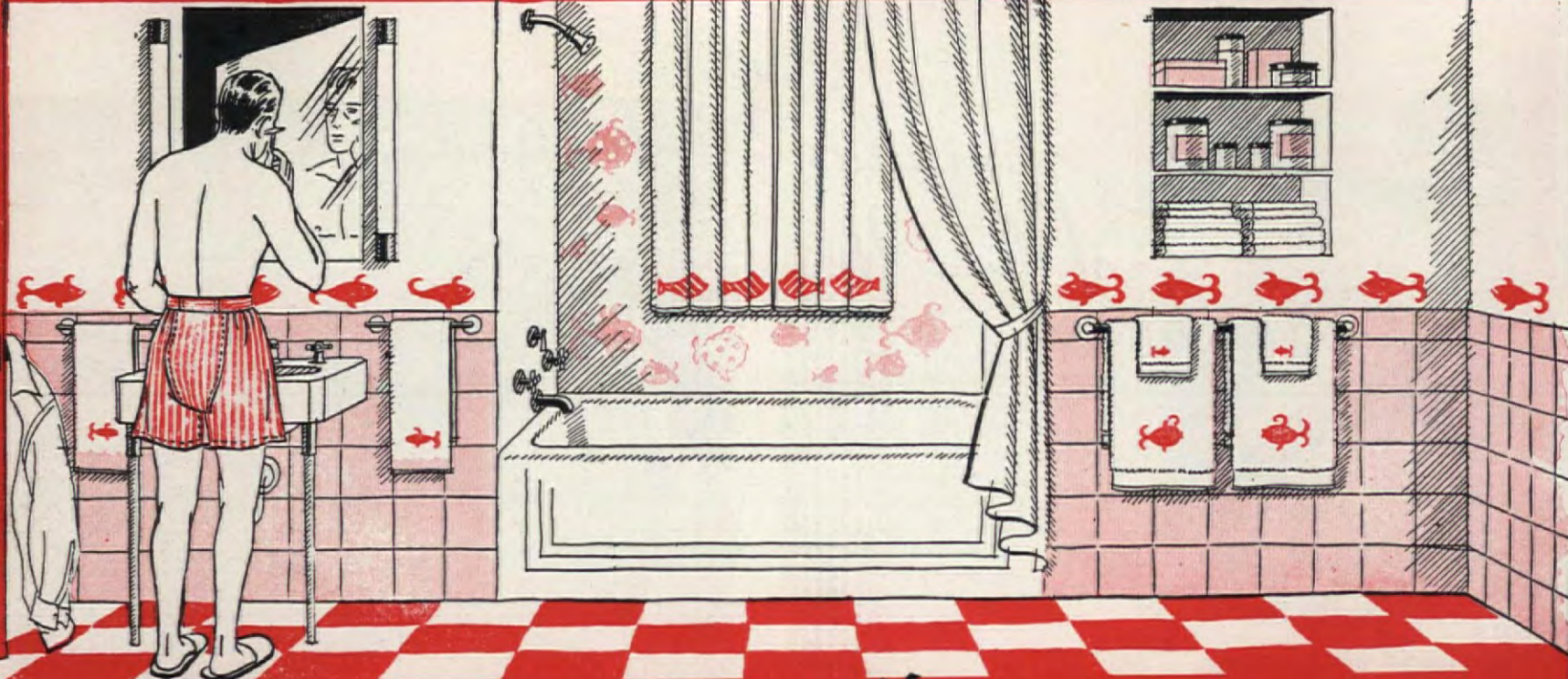
Because your health and comfort depend in a large measure

on the plumbing and heating equipment in your home, it is important that only an experienced Plumbing and Heating Contractor be allowed to make repairs. You will find that his knowledge plus his years of experience will help protect these vital services in your home. Call him today.

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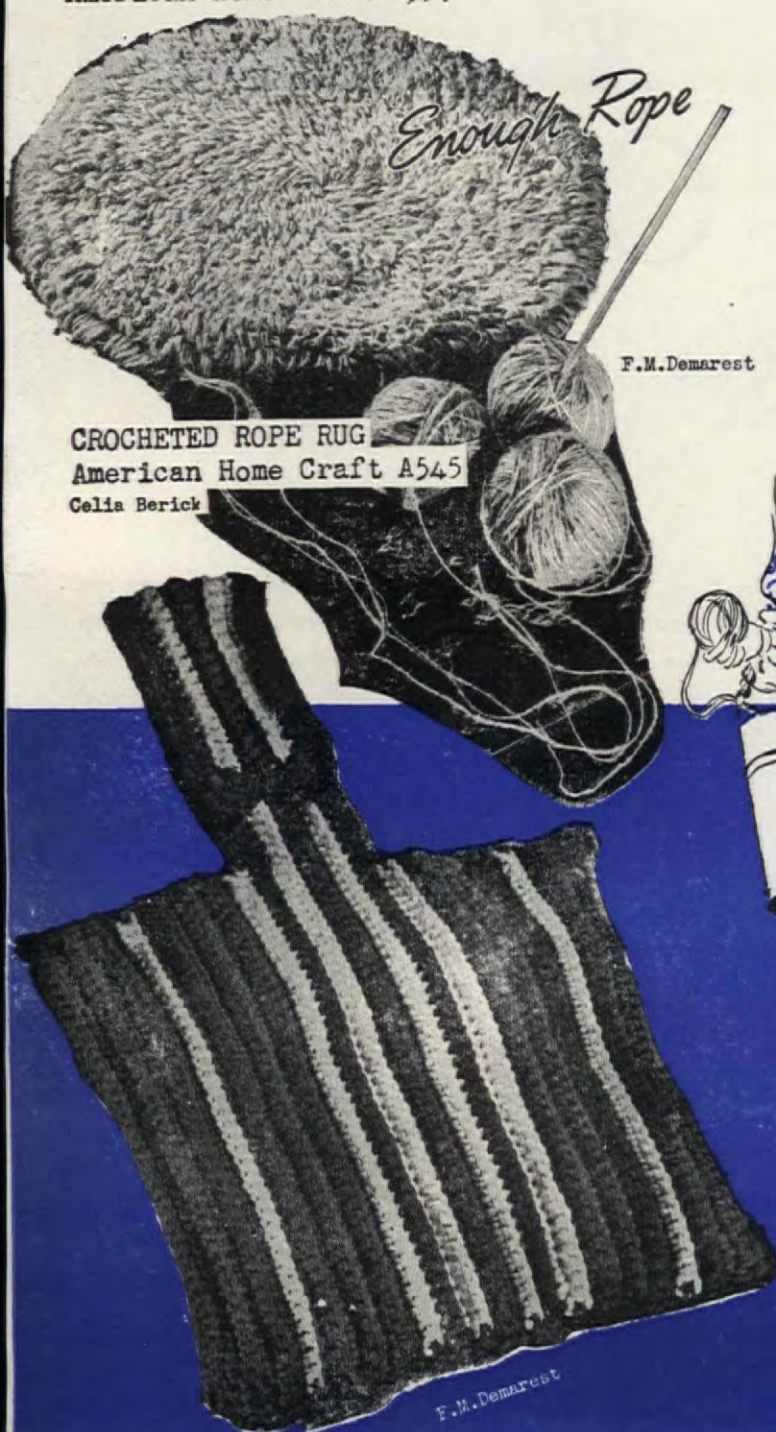
Ruth Rogers Romeiser

SHORTS FROM WORN SHIRTS  
American Home Craft A539

*Funny Friends*

June Cochrane Ortgies

STENCIL AND APPLIQUE DIRECTIONS FOR FISH MOTIF  
American Home Craft A537



*Enough Rope*

F.M. Demarest

CROCHETED ROPE RUG  
American Home Craft A545  
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CROCHETED KNITTING BAG  
American Home Craft A543

*Big Returns from*

Last year we called them waste. How times change! Gingham scraps turn up as smarty fish appliques to match home-made stencils; or as potholders symbolizing our Far East Allies. Bright little pieces go into fanciful sunsuits. Twine from your packages makes sturdy floor mats. Wallpaper remnants make handsome scrapbaskets. Dad's worn-out shirts contain good goods for shorts; even his old sweater has a rosy future — unravel the wool, wash and reknit it!



*"Hit or Miss" Rug*

Everett C. Handorf



ADVANCE SMOCK  
DESIGN 2809

HOOKED RUG  
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*Something New Under the Sun*

*Two-Way Paper Savings*



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LITTLE RED HEN SUNSUIT AND PANTIES  
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DESIGN 2859



MAGAZINE RACK  
AND WASTEBASKET  
American Home Craft A541

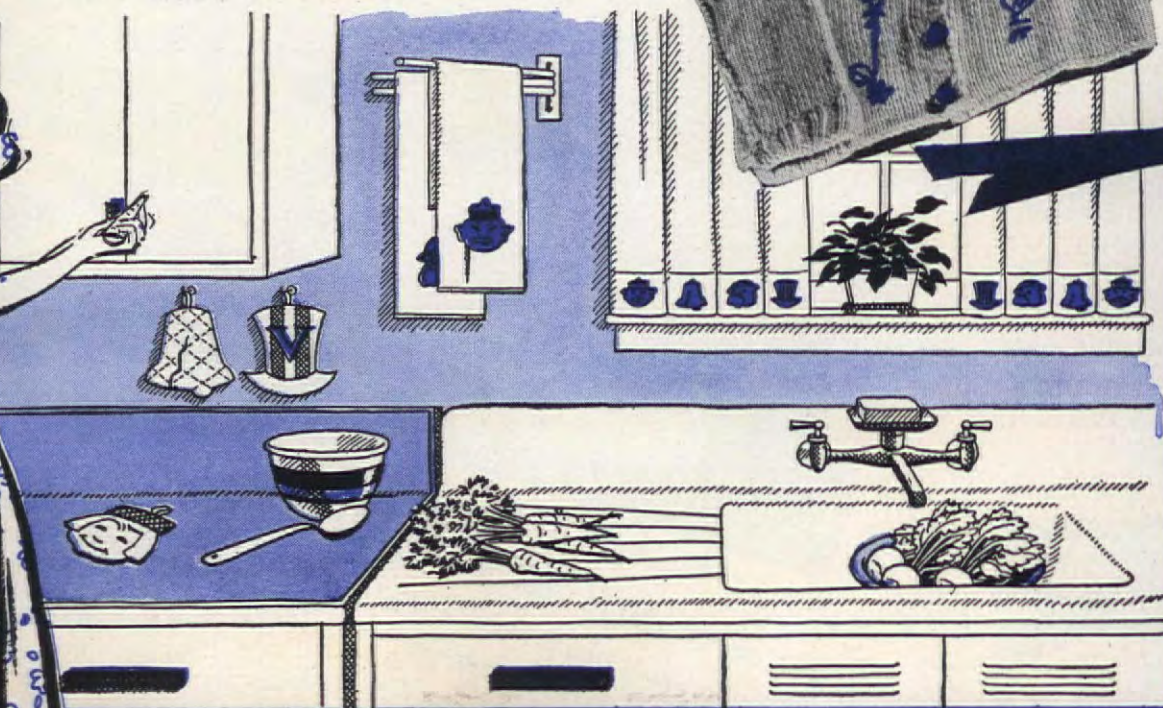


Rene Leonhardt

# Little Pieces

*Reclaimed Wool*

CHILDREN'S KNITTED SWEATERS AND CAPS  
American Home Craft A 42  
Ethel Bell



UNITED NATIONS APPLIQUE AND POT HOLDER SET  
American Home Craft A542  
May G. Griffin

ADVANCE BRUNCH COAT DESIGN 2492

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CRAFTS AND  
ADVANCE DESIGNS,  
AND HOW TO ORDER,  
PLEASE SEE PAGE 50

*"ABCD" Campaign*



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ASK  
YOUR  
DOCTOR



Don't be so  
conservative!

NO BELTS  
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NO ODOR

START USING TAMPAX NOW!

DON'T YOU FIND vacation time quite a challenge? Going off among new people and new places, you can drop your home conservatism—dress and act with more freedom . . . In a 1942 swim suit you can have truly modern sanitary protection with Tampax. Being worn internally, Tampax cannot cause a bulge or line or wrinkle. You yourself cannot even feel Tampax when it is in place!

When an ingenious doctor perfected Tampax he certainly helped millions of women to solve many annoying problems—whether with shorts, slacks or any kind of costume. You can change Tampax quickly, without pins or belts. You can wear it in shower, tub, pool or ocean.

Tampax is made of pure surgical cotton, compressed in dainty applicators. Disposal is easy. No odor. A month's supply slides into your purse. Three sizes: Regular, Super, Junior. At drug stores, notion counters. Introductory size, 20¢. Bargain Economy Package gives 4 months' supply. Tampax Incorporated, Palmer, Mass.



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# BICYCLE



# BRUNCH



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number of bike enthusiasts who've pedaled up  
an appetite so very, very early in the morning

ANY smart young woman who wants to stay fit and slim will welcome having her social life mixed in with a little fresh air and exercise. Fun, too, for this party, a bicycle brunch that takes off from any central point for a morning ride, ends up at your house over big pots of hot black coffee. Calorie conscious or not, the girls are entitled to our wonderful menu of chilled fruit juice, French toast with honey butter, crisp bacon strips, and broiled peach halves with a pickled prune in the center of each. After all, pedaling a bike, rented, borrowed, or personally owned, is bound to work off a pound or two.

Without too much urgin', you should be able to get the whole family to help make the cycle figures for the centerpiece. We experimented on cookies for the wheels, finally found that both the oatmeal and ginger varieties were sturdy enough to stand the strain. Pipe cleaners are twisted into body shapes that look at least vaguely human, and are braced to the cookie wheels via scotch tape and florists' wire. The top of a box, inverted, makes a good base for anything you can dig up in the way of sand, pebbles, and just plain dirt, to resemble a



path. It's flanked on either side by evergreen twigs that are supposed to be trees, and on each napkin is placed an extra twig—nice little outdoorish lapel ornament favors. A clean, gray linen cloth and deep green pottery dishes finish off a snappy, woodsy table that is guaranteed to cool any broap made feverish from pushing the pedals and make the whole thing even more worth while than it might have been. Biking for business as well as for pleasure is here for the duration, and probably a long time after, so any time you can combine the two, more power to you.—LENORE M. BATCHELOR

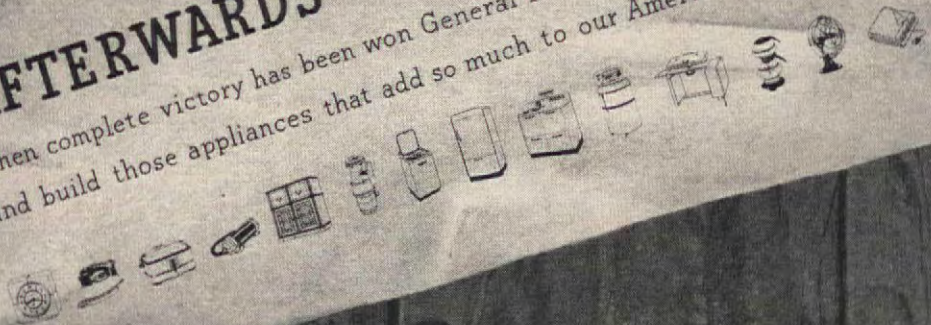


## FIRST WIN THE WAR

America must win this war. The task is great. It demands total effort. Today and as long as needed our man-power, resources and facilities must be devoted to building those implements that will help bring victory. Let's win this war as quickly as possible - *and completely!*

## AFTERWARDS

When complete victory has been won General Electric will again create and build those appliances that add so much to our American way of life.



## IN THE MEANTIME

Take good care of the electric appliances you now own. If they should need repairs call your General Electric Dealer. He will help make what you now have last until we can again build the new things you will want.

# GENERAL ELECTRIC

ASK YOUR GENERAL ELECTRIC DEALER for your copies of (1) "HOW TO GET THE MOST OUT OF THE FOOD YOU BUY." (2) "A CAPTAIN IN THE KITCHEN" (a handbook telling how to take care of your electric appliances). Or send 3¢ in stamps to cover cost of handling, to the General Electric Co., Bridgeport, Conn., Dept. ZG-822-6.





*Olive Reed piggy banks from Hudson's in Detroit*

Mama piggy holds contributions from Junior Red Cross money-raising children; baby pigs go home from the party as favors



*Fostoria Glass candlesticks, Spode's "Billingsley Rose" earthenware from Hudson's in Detroit*

Dainty sweetheart roses and lily-of-the-valley bouquets on bride's shower table. Below, rugged decoration for iron anniversary

*Wagner pre-seasoned cast iron ware from Hudson's in Detroit*



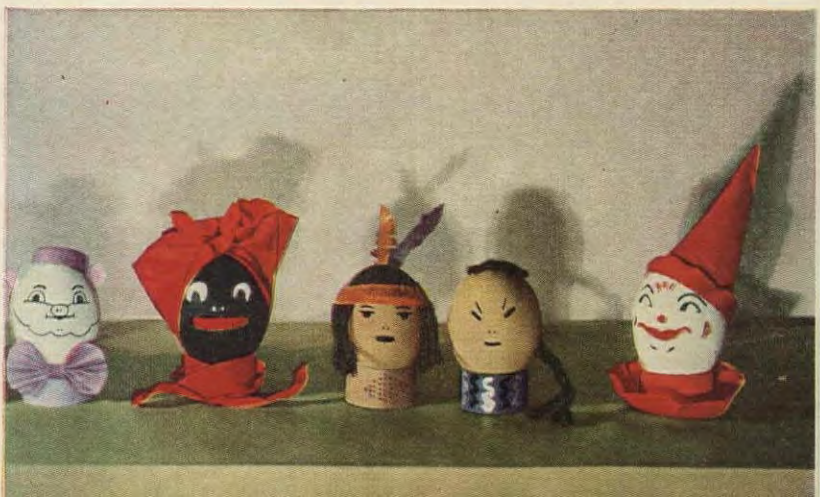
Flower-filled bells and pink frosted cake for bride's buffet



Large leghorn hat substitutes for vase in gay flower arrangement



Truly Chinese—even to chopsticks. Below, funny faces for favors





# This month it's



Directions for making this and other Flossette Bayne's vegetable figures will be sent on receipt of 3¢ in stamps. Ask for #135 and address The American Home, 251 Fourth Ave., New York City



## A WHOLE SUMMER'S WORTH OF PARTY IDEAS . . .

plus some bright and useful table linens and mats. We know perfectly well you're having your fun at home this year, and by golly we're helping things along. Top favorite, opposite, is a piggy bank party planned for children who are raising money. Contributions go in large centerpiece bank; little ones are favors. Patriotic color scheme, paper plates and cups. Next, bridal shower table, flowers arranged as bouquets, tiny bridesmaids' hats for favors. For old timers married six years, an "iron anniversary" table: flower and candle holder is a muffin tin, fried chicken in skillets, salad in grapefruit cups on bacon grill. For bridal buffet arrange-

ment, top of second row, bells filled with dainty flowers and entwined with tulle on white satin cloth. Pink frosted cake, too. And, next, flowers in a leghorn hat tied with ribbon matching the blooms. The Chinese party, complete to chopsticks, has flowers in an Oriental arrangement. These unique and colorful tables are from LEE STEPHENS, one of Michigan's best party-givers. Those amusingly decorated eggs, from RUTH DAWSON, prove that Easter isn't the only time. Paint clown faces for kids' party favors or try three little pigs. Directly above is FLOSSETTE BAYNE'S vegetable figure, fantastic dancer made of parsnips on wire frame. The place mats below range in material from oilcloth and paper to organdy and cottons, perfect for easier meals.

*Columbus Coated Fabrics Corp., oilcloth*

*Dennison's paper mats*

*Standard Coated Products Corp., Sanitas*

*Fallani & Cohn place mat (melted acetate on paper on cork backing)*

*Dinkel'spiel cloth*

*Edmond Lewin organdy place mat*

*Royal Lace Paper, background*

*Imperial heavy cotton place mat*

*Foster's "Connoisseur" tumblers, Fallani & Cohn cloth, and Canonsburg pottery, Macy's, N. Y. C.*

*(Opposite page) first and third photographs right, Don E. Knapp; lower right, F. M. Demarest*



# Are You Participating in the **BABY BOOM?**



BEULAH FRANCE, R.N.

## Personal!

**P**RIORITIES haven't hit the baby boom yet! Deliveries are being made pretty much on schedule, and lots of them. If you're one of the Blessed Eventers, what are your plans for the "duration"? If you're going in for making little garments remember that many a pretty penny can be saved at the remnant counter. You'll want flannelette for at least three dressing gowns and

three "nighties," and for a petticoat or two. You'll want batiste for little slips, light-weight wool for one or two crib blankets, and soft washable cotton for about four blankets more. For the crib, you'll need at least four muslin sheets which you can hemstitch if you're ambitious, and quilted padding to be made into two bound mattress protectors, as well as three or four small lap pads. You'll want terry cloth enough to make two 40" 40" towels. The list is long, but the savings are great, and fun!

The baby-to-be isn't the only one who needs to be clothed, though. You've yourself to think about, and planned prettiness is one of the essentials of this business. Look as lovely as you can all the time. This means glistening hair, white teeth—which the dentist is watching over closely, by the way—smooth hands, manicured nails and, most important of all, comfortable feet.

A good foundation is more essential now than any time, so get yourself a good maternity corset, with wide, stretchable shoulder straps. As your breasts prepare for nursing, protect their comfort and contour by a brassiere worn over or under the one on your corset. Have adjustable slips.

As for dresses, well, you can be pretty fetching for the first six months by a little careful thought. Any simple dress with a jacket, or a suit, for that matter, can be made becoming by simply inserting gussets in the back where the jacket will hide your engineering. If you buy a skirt, get it two or three sizes larger than you normally would, and rip the side seams down to where you will stay normal. Sew them again, shaping the skirts to your present shape and press them flat. Repeat as necessary. If you have old dresses you won't want to wear afterwards, simply cut a hole out in the front of the skirt. Your jackets and smocks will hide this operation, too. Under your head when you buy your hats. Get them snappy, and with brims. A pillbox perched on your head will make you look like a pyramid on stilts.

And there are really lots of places to go, and lots of things to do, such as the child-care classes where modern mothers learn how to raise the babies, how to care for them. Every city has its well-attended classes now days. If you feel you can afford \$15 or \$20, there are courses being given at home-making schools for adults. Here, you will meet twice a week with others whom you'll find most congenial and learn how to carry out the doctor's orders, select the finest equipment, the best diaper service, along with the modern methods of child training. Then, too, there are free classes



### For thoughtful pampering:

Elizabeth Arden's Eye Lotion, Charles of the Ritz Sensitive Skin Cleanser, Tussy's Safari Foundation, Lenthier's lipstick, Pepsodent, Phillips' tooth paste, Johnson and Johnson's Tek toothbrush and dental floss, Cutex kit, Hinds Honey and Almond, Admiracion shampoo, Prophy-lac-tic brush and comb, Batbing beauties by Hudnut, Shulton, Yardley, Dorothy Gray's spicy cologne, Arrid, and non-skid Arrid.



F. M. Demarest



connected with maternity sections of city hospitals. At any of these you will acquire knowledge and skill in bathing, dressing, preparing formulas for and giving general care to your baby. Forewarned is forearmed, you know!

You don't need to spend all your time in study, though. As long as you can bend over, you can work in the garden. As long as you feel equal to it, you can dance, too. While most doctors rule out such strenuous sports as tennis, surf bathing, horseback riding, and the like, you can play a few holes of golf, with the doctor's permission, and walk almost to your heart's content. Now's a good time to take up music or art, too, and do lots of war work. The point is: Never work until you're exhausted. Know when you've had enough.

If you are in need of advice, ask your doctor. It is much better to make certain than to run risks

in this pre-natal business, too. You should not gain more than about twenty pounds in the whole nine months. You won't either, if you eat mostly eggs, milk, fruits and vegetables. And don't forget water. You should drink at least six glasses a day. *Don't* take cathartics without the doctor's orders. That is a cardinal rule.

If morning finds you with a feeling in your stomach that is *not* seasickness but twin brother to it, try a cup of hot black coffee and stay another hour in bed. Or munch a few dry, salty crackers. If you're still prostrated by excessive nausea, tell the doctor so. Maybe you have trouble sleeping. Try a cup of warm milk before going to bed, and a warm foot bath. Tuck pillows against your back and sides when you get back into bed and the chances are you'll drift off immediately.

And when the nine months are finally over and you hold in your arms the only baby that has ever been or ever will be born that's just like yours, you can laugh at the prophet Ezekiel who, some 2600 years ago, said, "There's nothing new under the sun." You know that he never had a baby!

*Editorial note:* And "now as never before" you should give attention to your hair and nails. The little things in life take a toll that can be lessened by religious care and thoughtful pampering. Brush your hair and keep it shining and healthy. Keep it clean with shampoos that pay dividends. You'll be very glad you did. Keep your nails groomed within an inch of their lives. Keeping as beautiful as you can is as big a part of your job as taking scrupulous care of your health. Your skin needs tender care to keep it radiant and glowing. Keep it clean with gentle cleansers that lubricate and relax as they clean. Use a foundation cream that will protect your skin while making it even lovelier, and don't neglect the gentle art of the lipstick! It's a great miracle worker!

This is a time when you can and should revel to the fullest in all the luxuries of bathing that are available. Tub baths are frowned on after the seventh month, but until then, if you're afraid of skidding in the tub, there's an amazing new non-skid liquid on the market that you spray on the tub before your ablutions. It will make you sure-footed as a gazelle. After the daily bath, slather yourself with cologne, or a dash of dusting powder, and don't forget the daintiness of a deodorant before you put on one of your creations preparatory to going out.

## SUBSCRIPTION PRICES GOING UP

Increasing production costs make it necessary for us to advance the subscription prices of **THE AMERICAN HOME**. Effective with the September issue, the rates will be \$1.50 for one year, \$2.25 for two, \$5.00 for three years.

If you renew now, your subscription will be extended from present expiration, or you may send new subscriptions at existing rates, which are \$1.00, one year; \$1.50, two years; \$2.00, three years. These rates will be withdrawn August 25, 1942. The single copy price will be 15¢ beginning with September.

Send all orders to

**THE AMERICAN HOME**  
251 Fourth Avenue, N. Y. C.

And please indicate whether they are new or renewal

or worry. If you have wisely arranged with him for a fee that covers full care right through until the baby is six months old, you are entitled to "bother" him with questions, and, for both your sakes, you really should do so. He's just as anxious to bring you through with flying colors as you are to have him and, the chances are, he can if you are faithful in going to him before the second month is over, and thereafter, for regular check-ups by appointment. Food is a pretty important thing

# The outdoor girl takes it ... on the skin!



## Keep your skin from looking weather-beaten Use these special creams

*An old, weather-beaten look is a high price to pay for a summer's fun.*

Exposed to sun, wind and weather, without benefit of hat, your unprotected skin may develop a plague of blemishes which are not easily banished—a dried-up harshness or a shiny oiliness; blackheads; enlarged pore openings.

To keep your skin soft, smooth and delicately fresh, give it *special* care with two *special* creams...Phillips' Milk of Magnesia Creams.



**SKIN CREAM**  
10c, 30c, 60c



**CLEANSING CREAM**  
10c, 30c, 60c, \$1.00

### PHILLIPS' MILK OF MAGNESIA SKIN CREAM

*A night cream with double benefits.* Here's what this remarkable cream does: 1. It softens and neutralizes acid accumulations often found in the external pore openings. 2. It retains moisture in the skin (due to an ingredient, cholesterol), and so helps to keep it soft, supple and pliant, free from excessive dryness. And it's a joy to use because non-greasy.

**A flattering foundation.** By day use it as a powder base and you'll marvel at the subtle way your make-up blends. Because it *prepares* the skin properly, powder and rouge cling for hours. You'll also find it a helpful protection against sunburn and windburn.

### PHILLIPS' MILK OF MAGNESIA CLEANSING CREAM

The minute you cleanse your face with this cream you know it's different! It not only loosens and takes up surface dirt but enters outer pore openings and cleanses away accumulations which may lodge there. Cleaner, softer, smoother, more refreshed—that's the way your skin looks and feels after cleansing with this cream.

# PHILLIPS' *Milk of Magnesia* CREAMS



**SAVE FUEL  
PROTECT  
COMFORT...**



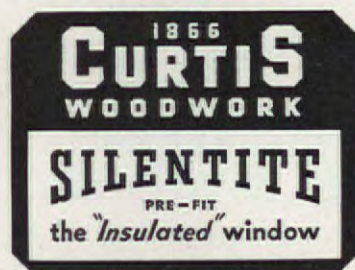
**order your Curtis  
winter windows  
and doors NOW**

● Don't wait! Right NOW is the time to order your Curtis storm sash and doors. Now—while you can be sure of getting all the fuel-saving advantages and comfort which storm sash and storm doors provide!

Fuel may be scarce next winter—the Government asks you to conserve it. Storm sash for *all* your windows—and storm doors or combination storm-and-screen doors for *all* entries—can save as much as 25% on fuel. What's more, you get a *big* increase in comfort... elimination of drafts—health-protection for every member of the family!

#### ASK FOR CURTIS

Be sure to get CURTIS storm sash, storm doors and combination doors! For here, too, Curtis gives you *extra* value—just as in Curtis Silentite windows, mantels, kitchen cabinets and other woodwork for the home. Have your Curtis dealer figure on Curtis storm sash, storm doors and combination doors in the stock sizes you need. You'll find prices surprisingly reasonable—and it's wise to buy NOW. Mail coupon for information!



CURTIS COMPANIES SERVICE BUREAU  
222 Curtis Building, Clinton, Iowa

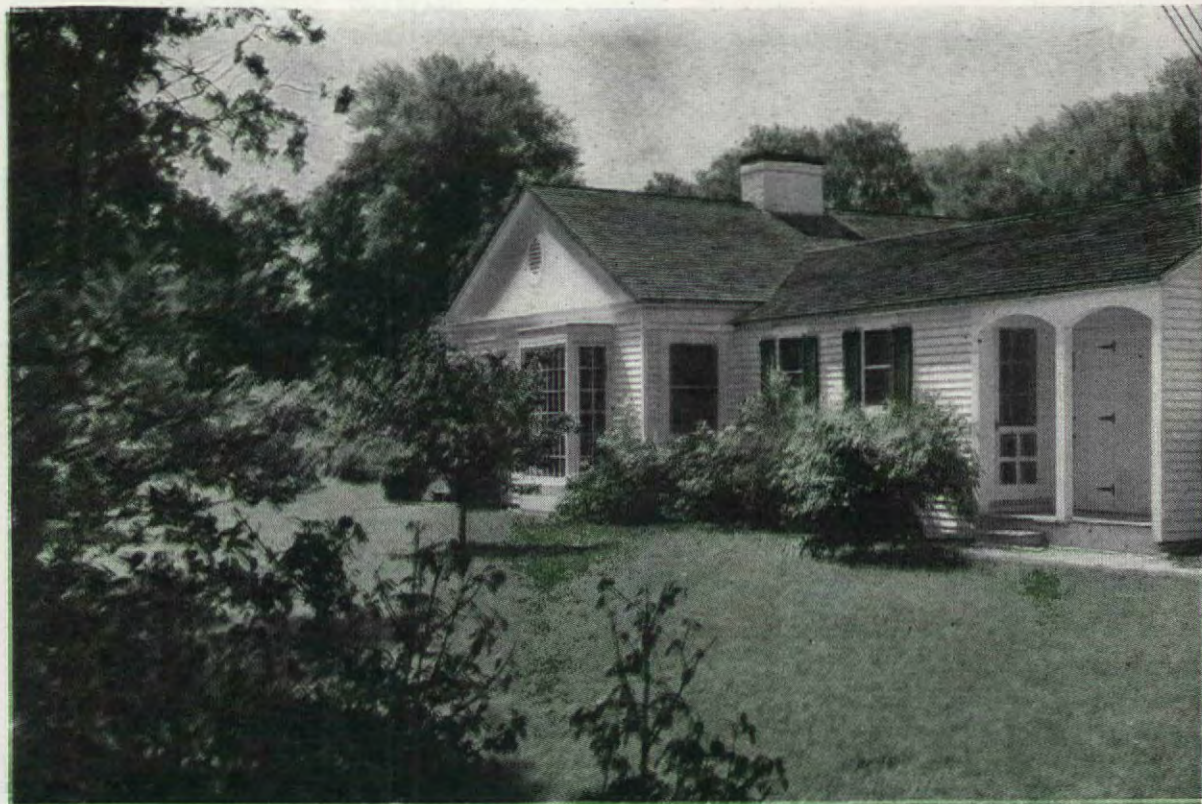
I want to know more about Curtis STOCK size storm sash, storm doors and combination doors. Please send me illustrated folder.

Name.....

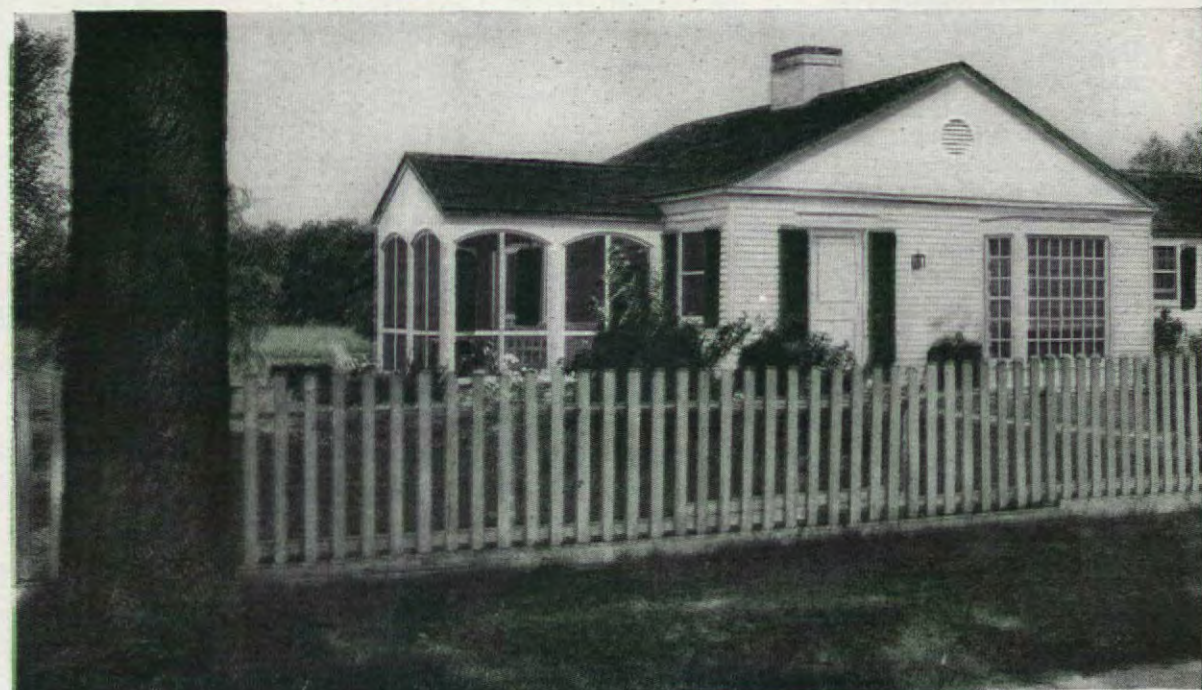
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City.....State.....

CURTIS WOODWORK IS SOLD BY  
RELIABLE DEALERS EVERYWHERE



## Trust a Man to Cut Out



George H. Van Anda photographs

**W**HEN you come right down to it, some of the conventional things that we do in house planning are more a matter of habit than of practical desirability. Besides, who wants to feel bound fast by set patterns in anything as individual and as strongly personal as the place he lives in?

Take this charming small country house by way of illustration (its cost was \$6,880 under metropolitan conditions, incidentally). You'll notice that the plan shows the living room and bedrooms forming a solid, almost square block, with the former facing the rear garden. This is made possible by complete elimination of the dining room, really a superfluity in a house of this character if the living room is large enough to take on the duties of meal-time accommodation, even without any attempt to create a separation between these two functions. Also, you see that the front vestibule, which is generally looked upon as a standard feature in this climate, just doesn't exist. It's interesting, too, that the old prejudice against utilizing living room and bedrooms for mutual through ventilation has been discarded; perhaps the disadvantage of that

The Home of  
**MR. FREDERICK J. HAMILTON**  
on Long Island, N. Y.

Fenwick W. Wall, architect

**Here's proof that good design  
and conventional plans need  
not always go hand in hand**



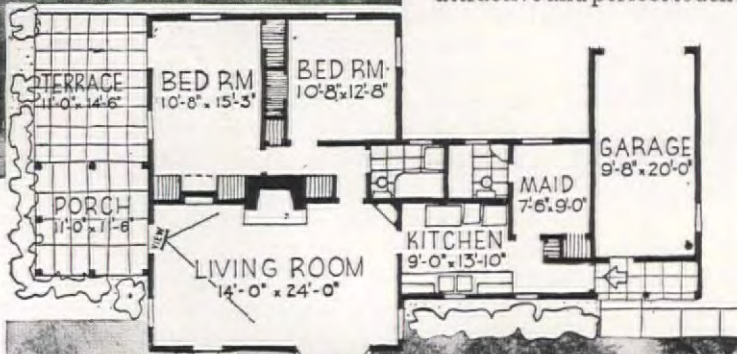


arrangement was more of a theory than a fact. Trust a man (that is, *some* men) to cut out the frills and get down to facts, especially when they have to do with the plans of a house.

There's a lot to be said for the disappearance of garage doors from the scene as you go up the entrance walk to the house; one grows so used to seeing them staring him in the face, from big houses as well as small. They're hard things to camouflage, too; the only sure way of getting them out of sight and mind is to put them at the back, as Mr. Hamilton did. Here they serve every practical function in conjunction with a turn-around of generous proportions, an arrangement that is equally good for the architectural and the landscaping appearance.

All in all, it's a forthright and thoroughly pleasant home, soundly designed and built to meet the owner's mode of life. If you ever had any doubts of masculine good taste in architecture, planning, furnishing, and decoration, they'd never get past that little entrance gate in the white picket fence that gives Mr. Hamilton's house its final attractive and perfect touch!

## the Frills!



★ Concrete for war homes  
*speeds* construction  
*conserves*  
critical materials,  
transportation



Where new war homes are needed, concrete often helps solve three of the most important war construction problems:

**TIME SAVED.** Concrete is a simple, quick type of construction. Trained concrete workers are widely available. On large projects an efficient concrete plant can be set up on the site.

**CRITICAL MATERIALS CONSERVED.** Concrete houses require minimum use of steel, lead and zinc. Portland cement water paints are used.

**TRANSPORTATION SAVED.** Concrete imposes a minimum burden on transportation facilities, since the bulk of the material is usually found locally.

**PLUS VALUES.** Concrete war homes offer vital fire protection, low annual cost and long life—qualities desirable to occupants, owners, and the community.

*Consult a Concrete Products Manufacturer  
or Concrete Contractor*

... for information on concrete homes and names of architects and builders familiar with concrete home construction.

The service of our technical staff is available to assist war construction agencies on large-scale housing and other war projects.

**PORTLAND CEMENT ASSOCIATION**

Dept. A8-5, 33 W. Grand Ave., Chicago, Ill.

★ BUY WAR SAVINGS STAMPS AND BONDS





## NEVER GIVE A TOILET GERM AN EVEN BREAK

Unsanitary film collects in toilet bowls constantly. It's a breeding place for toilet germs. Sani-Flush makes it simple and easy to keep toilets glistening-clean—without scrubbing. No unpleasant work. Use Sani-Flush at least twice a week to remove film, stains, incrustations and a cause of toilet odors.

Don't confuse Sani-Flush with ordinary cleansers. It works chemically. Even cleans the hidden trap. (Also cleans out auto radiators thoroughly.) When used according to directions on the can—Sani-Flush cannot injure septic tanks\* or their action and is absolutely safe in all toilet connections and auto cooling systems. Sold everywhere in two convenient sizes.

### \*FREE For Septic Tank Owners

Septic tank owners don't have to scrub toilets, either! Eminent research authorities have tested Sani-Flush. Their report shows how easy and safe this bowl cleaner is for toilet sanitation with septic tanks. Write for the free booklet of scientific findings. Address: The Hygienic Products Company (Dept. R), Canton, Ohio.



**Sani-Flush**

Guaranteed by  
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if defective or  
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CLEANS TOILET  
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20 strong Texas Cactus plants (not seedlings) sent postpaid for just \$1.00! Ideal for rock gardens or borders. Satisfaction guaranteed! Send \$1.00 NOW! Naughton Farms, Inc., Dept. 20-A, Waxahachie, Tex.

## KIDNEYS MUST REMOVE EXCESS ACIDS

Help 15 Miles of Kidney Tubes  
Flush Out Poisonous Waste

If you have an excess of acids in your blood, your 15 miles of kidney tubes may be overworked. These tiny filters and tubes are working day and night to help Nature rid your system of excess acids and poisonous waste.

When disorder of kidney function permits poisonous matter to remain in your blood, it may cause nagging backache, rheumatic pains, leg pains, loss of pep and energy, getting up nights, swelling, puffiness under the eyes, headaches and dizziness.

Kidneys may need help the same as bowels, so ask your druggist for Doan's Pills, used successfully by millions for over 40 years. They give happy relief and will help the 15 miles of kidney tubes flush out poisonous waste from your blood. Get Doan's Pills.

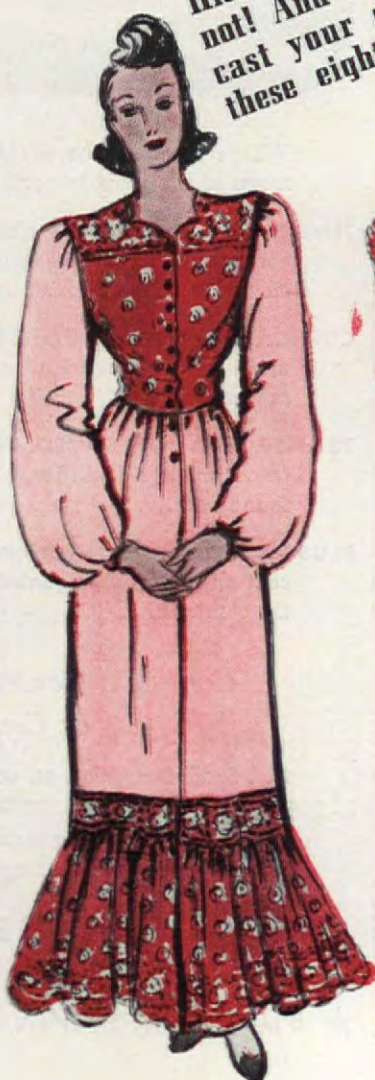


Sketches by Hermia Rogerson

# Dime Store Bandanas!



Hick stuff, you say? Definitely not! And for convincing proof, cast your city-wise eye over these eight sophisticated ideas



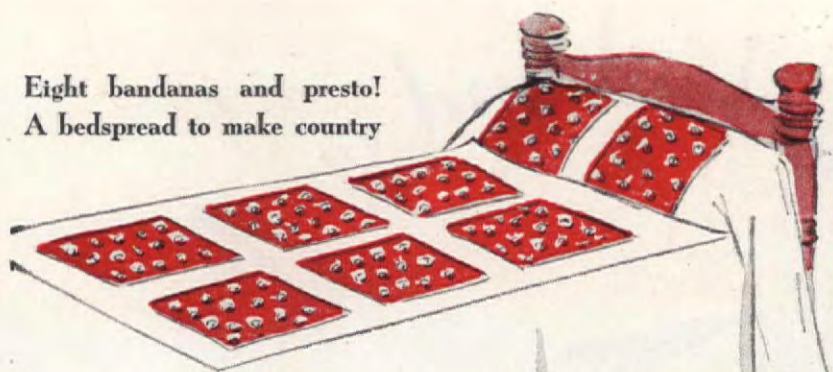
HAT smacks more of the good old summer time, and of our honest, unvarnished American heritage, than bright red bandanas? The kind you can find in every dime store and every general store the country over; the kind that hangs from the bluejean pockets of real dirt farmers. HERMIA ROGERSON points out how we can go the farmers one better by putting these once-lowly cotton squares to glamorous uses. Their brilliant red is a stunning foil for solid neutral shades, and the trimming is included in the minute initial cost. Now that making something out of nothing is the thing, here's how.

Stitch a whole handful of the squares together to form the basque-skirted hostess gown shown above, or use them as suggested in the sketch at the left, for bodice and flounce, combined with solid-colored fabric.

Let them help you achieve that riot of color at little cost which is a lifesaver for certain dull spots in the house. You can make the simplest of draperies eye-catching with the addition of two squares to each panel and a swag made by knotting two across the top of the window. Nothing could be easier than to whip up a bedspread like the one across the page with eight of the squares in bold relief on a light ground, and the border used as flounce trimming. For further evidence of their possibilities, look thoughtfully at the chair and the dressing-table group, at the little waste basket, now a piece of full-fledged finery. Proof that a little imagination will work wonders with the homeliest of props, and that beauty sometimes lurks in the most unlikely places. There's nothing expensive about the bright ideas, except the definitely elegant look of the finished product.



Eight bandanas and presto!  
A bedspread to make country



cousins green with envy. Or  
use this magic for a chair



**ON GUARD**  
**THE HOME FRONT**  
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Just see the drama you can squeeze  
out of \$1! Flounces for a dressing  
table and stool, even a mirror frame



# MRS. AMERICAN HOUSEWIFE *of You we Sing!*



1642



1842



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PEQUOT *hails the Great American Housewife—  
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ON TWO accounts, Mrs. Housewife, you deserve your nation's thanks. First, for your ideals. And second, for your calm readiness to work for them—to fight for them, when you have to.

Thanks to your energy and progressiveness, our children have grown stronger and healthier each year. Our homes are the most convenient in the world, our standard of living the highest.

Naturally, Pequot is proud to be part of your ideal of the "good life." We read with pleasure the friendly letters you write us. We glow with pride when, in nation-wide polls, you vote Pequot your favorite sheet.

Since Pequot Sheets represent years of effort to perfect the ideal combination of sturdy wear and luxury, we think your choice of Pequots is significant. We think your common sense, your keen feeling for value, have molded our national ideals more than you yourself realize.

PEQUOT MILLS, SALEM, MASSACHUSETTS



## PEQUOT SHEETS

PEQUOT...AN INDIAN NAME



PRONOUNCED PEE-KWAT





## CAN YOU KEEP WARM ON LESS FUEL THIS WINTER?

### How Much Will a Fuel Shortage Penalize You?

In these days of all-out war production and transportation bottlenecks it's a question of taking what you can get. For one thing, how will you heat your home, school or hospital on 25 to 50% less oil, gas or coal? Can you close off that many rooms or will you have to live in a 60° temperature? Can you afford to expose your family to more and severer colds, or would you prefer to permanently solve this problem like millions of others—and get your money back in 3 to 5 years?

For nearly 50 years Chamberlin weather strips have proved that they can save up to 20% in fuel by keeping out cold drafts at windows and doors. The other two great "insulators," Chamberlin rock wool insulation and storm windows, will together save an additional 30 to 40% by reducing heat leakage through windows, walls, and attics.

Always a prime investment, these fuel savers are doubly important to you and your country in time of war. Now if ever is the time to save. Think it over, and ask for a FREE ESTIMATE on the "insulator" that you need now. Nationwide branch outlets and services.

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I'm interested in the following:

Saving fuel with ☐ rock wool insulation, ☐ weather strips, ☐ caulking, ☐ storm windows; Keeping out ☐ drafts, ☐ soot, ☐ rain leakage; ☐ fireproof insulation.

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It Certainly  
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Dr. Scholl's Zino-pads instantly stop tormenting shoe friction; lift painful pressure and send pain flying. Give you glorious ease in new or tight shoes. Speedily remove corns when used with the separate Medications included. Cost only a few cents a treatment. Get a box of these thin, soft, soothing, cushioning pads today. Sold everywhere.

**Dr. Scholl's Zino-pads**

# Your husband on the



ON GUARD  
THE HOME FRONT  
COOPERATING  
FOR VICTORY

# Swing Shift?

### Is yours a 24-hour job?

Is your husband on the Swing Shift or Grave-Yard Shift? Would you like some help in working out your 24-hour schedule so every member of the family is happy? Write for our Daily Schedules #136, enclosing a three-cent stamp. The American Home, 251 Fourth Avenue, N. Y. C.

Don't let it get you. Just plan a schedule for meals, sleep, and what not, and family life can still go on

she's suddenly become the chef in a short-order restaurant. Well, the adjustment may be difficult, but this is a period when all of us must make readjustments in our way of life, and, take it from those who know, there is an answer to the problem.

Workers on the "swing shift," usually from 3 or 4 p.m. until midnight, vary in their eating habits. Some prefer a late breakfast, at about 9; the big meal of the day at noon; a snack just before going to work; and a box lunch to take with them to the job. Others prefer a snack when they get home and a later breakfast, at about 10, with the big meal of the day just before leaving for work, and a box lunch for later on. If there are children to consider, the first system will probably be most convenient, since you can all have your dinner together at noon, and their supper can be prepared, for the most part, while you're getting the pre-work snack and lunch box ready for the man of your family. If you have only yourself and your husband to consider, however, probably you will want to change your sleeping and eating habits to conform to his, and do your housework at night.

The need for housing changes is not so apparent at first as the need for sleeping and eating changes, says MARY ALICE ZEMAN, who married a newspaperman and spent the next four months working out the best meal-and-sleep schedule for what she calls her "night life."

Starting from scratch, Mrs. Zeman was able to select an apartment which best met her and her husband's needs, both as to location and as to arrangement of rooms, but her suggestions should be helpful to all swing-shifters. "My first feeling," she says, "involved the safety factor. Being alone until 1 or 2 a.m. is a happier sensation if you are on the second floor, rather than the first. A good, safe district means a good deal, too, for no matter how well you plan, there will always be time



when you run out of vanilla at 9:30 at night and have to run down to the corner store alone."

Mrs. Zeman advises an apartment with a comfortable bedroom, and says it's more satisfactory to put your money into a chaise longue and a radio, to make a cozy living room of it, than to splurge on the seldom-used living room. A dining room, too, may be dispensed with in favor of a cheerful and more convenient breakfast nook.

## PRICE LIST OF AMERICAN HOME CRAFTS and ADVANCE PATTERNS

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2492



2809



2746



2859

### Advance Apparel Patterns

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3023	12-20	25¢
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"A yard or sun deck," she says, "isn't a necessity for a swing-shifter, but any extra price you'd pay for either is more justified than it would be if your husband were away during the day. Sun-bathing and gardening are healthful and fun, as well as giving you the beautiful sensation of being on a perpetual vacation.

"Two investments in housing equipment I'd suggest are a good indirect-lighting lamp and blackout curtains. Living more hours by electric light than the ordinary person, you are going to need all the comfort you can give your eyes. Since your housework, your cooking projects, and your reading of the daily papers must be done by artificial light (so you can spend daylight hours with your husband), make it the best, and help prevent the need of glasses.

"As for blackout curtains, they're a sound investment for you. They don't have to await the arrival of the first Japanese or German bomb to pay dividends. Use them every morning to make you sleep better. They don't irritate the cheeks like eye shades and the darkness *does* make your morning sleep sounder. If you're in a good safe district where even alarmists aren't stocking up on blackout curtains, a good idea is to make your bed with the pillows at the foot so that you face the wall in your sleeping. That way the light from the bedroom windows (which are invariably directly opposite the bed) doesn't get in your eyes every morning."

Though you may not be able, as Mrs. Zeman was, to select a home and furnishings to conform to swing-shift hours, there *are* things you can do to make your new way of life more comfortable for all concerned. You can select the most quiet room in the house for your husband to sleep in, and see that his rest is not disturbed by early morning phone calls, doorbells, and the like. If your children are old enough, you can make one of them responsible for breakfast or, if not, you can go back to bed after you've got them off to school or play, and have breakfast later, with your husband. You can send him off to work with a lunch of nutritious sandwiches, fruit, salads, and milk—enough for two snacks during the night. And you can learn to sandwich your housework into the evening hours, so that you can spend your husband's leisure hours with him. It may seem odd, at first, to be vacuuming your rugs at nine o'clock at night, but it's just your bit toward our war effort.



*Here is 1942's*

## WOMAN OF THE YEAR!

Hats off to the woman of the year! For the duration, she has abandoned her typewriter to volunteer her quick hands and steady nerves where they can speed the biggest job our Uncle Sam ever had.

Mutual Life is tackling its biggest job too. The job of providing American families with the immediate protection so

urgently needed in these uncertain times. The job of providing this insurance protection at a price pinched budgets can afford. Ask your local Mutual Life representative about our 4 new policies streamlined for wartime needs. They offer you a choice of large insurance security for a small cash outlay.

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**CLOROX** Disinfects  
DEODORIZES BLEACHES  
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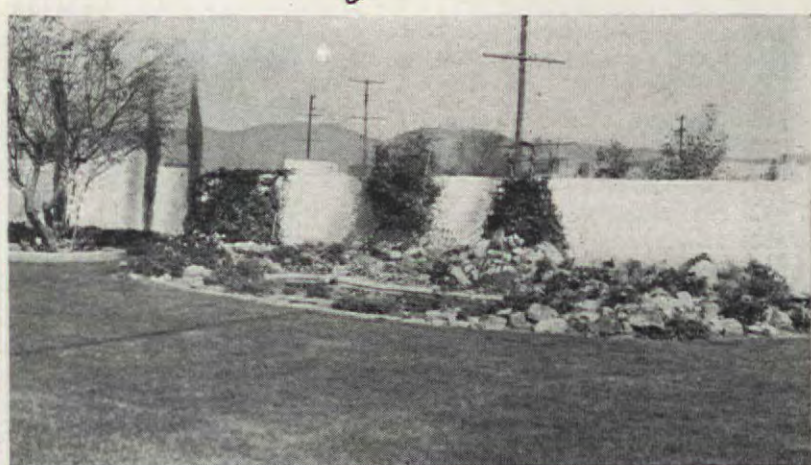
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Who Says One Can't



have a Desert Garden?

PAGE the folks who resignedly claim that "you can't raise flowers on the desert," and tell of the Ponomaroff-Link garden in Tucson, Arizona. The result of only five years of intelligent planning and work, it is a sight for flower and garden lovers to revel in; a resounding challenge not only to desert dwellers, but also to those who live in more fertile regions yet have only nondescript gardens to show for it. Five years ago, the immaculate new house stood in the midst of a barren expanse of sun-baked, caliche-type desert. But the occupants, having imagination and a dogged determination, just rolled up their sleeves and started to work. The first problem was getting rid of the limelike caliche deposit, which meant hefty work with a pickaxe. Then the soil had to be lightened and conditioned with sand, sawdust, peat moss and fertilizer. When, finally, the first planting was done, armies of red harvester ants attacked the trees and vines, calling for careful, thorough use of cyanide powder. But gradually the problems were solved, and today the garden is actually a show place,

though without any pretensions. Indeed, its charm is largely due to its homey informality, gay color, its appealing and unique layout.

Within stucco walls (which separate the garden from the still barren desert), are grown the flowers that the owners love. Each year, in addition to familiar stand-bys, the gardener in chief, Miss Helene Link, tries some new variety featured in one of her favorite catalogues. Her sister, Mrs. Ponomaroff, as executive secretary of the local Red Cross chapter, has little time these days to spend in the garden, so it is Miss Link who does the grubbing, experimenting, and everlasting watering; who solves the problems; and can convince one that it takes more than desert land to stump a true dirt gardener. She, too, is a tireless war worker, but despite the war, she keeps on gardening because, she says, "We need beauty now more than ever. Beauty such as we get from gardens to help hold us to our faith; to counteract the worrisome, depressing things we hear and see; to make us realize what Nature holds for us even in times of stress like these."—LOUISE PRICE BELL





# Slow Down Wear and Tear

## I. "SPECIAL HANDLING"

**H**OW are your silks, lady, and your special laundry pieces? It's time to check up on them now that your supply on hand is likely to be the backbone of most of your textile buying for some time to come. If a dress has a tear, mend it before laundering. If you've a new rayon blouse, save the manufacturer's directions on how to care for it. A testing laboratory is behind these directions to help you get good wear for your money. Be careful in washing all fabrics—wash only those materials definitely known to be washable. Wash before they become badly soiled—a soap and water bath will brighten them considerably and give materials longer life if you just know how to go about it. Follow our suggestions here and be on the watch for future ones to come.



Newspictures photographs

### • silk substitutes



**A**LL rayons lose some strength when wet, so treat with care. Thoroughly dissolve plenty of mild soap in lukewarm water. Then squeeze the sudsy water through the fabric, supporting it gently in your hands. Take a second sudsing if necessary and rinse in water of the same temperature. Knitted garments should be laid flat on a towel to dry slowly.



### • laces



For dainty frills, dip into jar half filled with lukewarm sudsy water. Rinse same way and pat into shape to dry



### • table mats



A brush or sponge with sudsy water helps to remove spots on fiber mats



**H**OT suds for your glass fiber mats. Dip up and down. Drain. Add two tablespoons mineral oil to rinse. Dry in the shade, no clothes pins.





Moon Flower photograph,  
- J. Horace McFarland

# Opening Performance

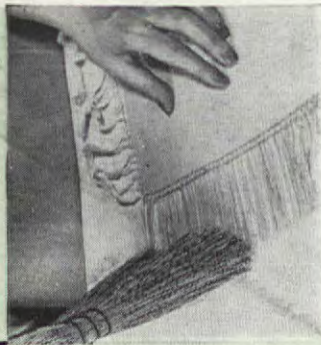
Isobel Smith Lawton suggests a Moon Flower magic party  
in your own back yard. Perfect for a summer night

**I**T COST just ten cents for tickets to a glamorous opening performance, box seats for us and the neighbors! The stage was my garden; the setting, my back fence; and the leading character, a Moon Flower vine. The curtain went up at dusk every evening from midsummer until frost, and each evening was literally an "opening performance." When we realized what drama we had in our garden, of course we called in the neighbors one night and had an open-air theater party and after-theater refreshments by way of tall glasses of iced and minty punch and chicken salad served in wonderful hot biscuits, all in honor of the Moon Flower that I had casually planted and then forgotten until it burst into bloom.

This fabulous vine flourishes in any mild climate, without benefit of fertilizer or fancy care. Its only requisite is lots of sunshine. You simply plant your dime-sized packet of seeds and let Nature take her course. The green foliage is luxuriant at all times, and every night during its blossoming period, the Moon Flowers unfold their starry petals, slowly at first, and then with a final dramatic burst that's as breathtaking in sheer loveliness as anything dreamed up behind the footlights. Nor is sight the only sense that is thrilled, for an exquisite fragrance accompanies each opening.

There is no one cynical enough not to be moved by this performance, especially if it is accompanied with old sentimental songs. I have a small portable organ which I moved into the garden and a friend played old favorites "during the performance." As my guests left the "theater," I gave each a blossom that would live through the night, and at Christmas, instead of the usual card, I sent those who had come to our party a brown seedpod from the vine so each could start a Moon Flower theater

## • table mats



Keep fringe straight by  
brushing with whisk broom  
that won't break threads

## • laces

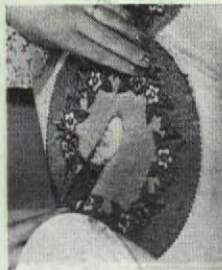
**L**ACE cloths come clean in a jiffy when you use enough mild soap to make a two-inch standing suds and have more than enough tepid water to cover the cloth. Squeeze the suds through and through and rinse thoroughly in clear lukewarm water. Be careful not to catch the lace on your fingernails and don't wring or twist the article. When almost dry, place over a towel and press with warm iron on wrong side to raise design.

## • silk substitutes

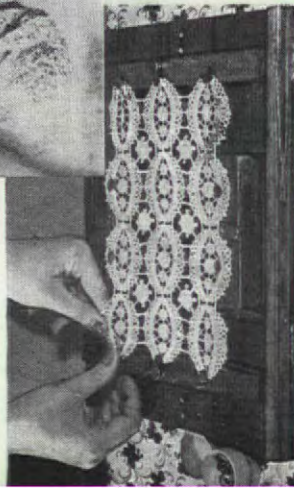


Do away with clothespins by use of  
parallel lines. Keep in the shade, too

**T**o remove candlewax, scrape off surplus first with spatula or dull-edged knife. Place blotting paper over and under spot, press with warm iron, wash as usual.



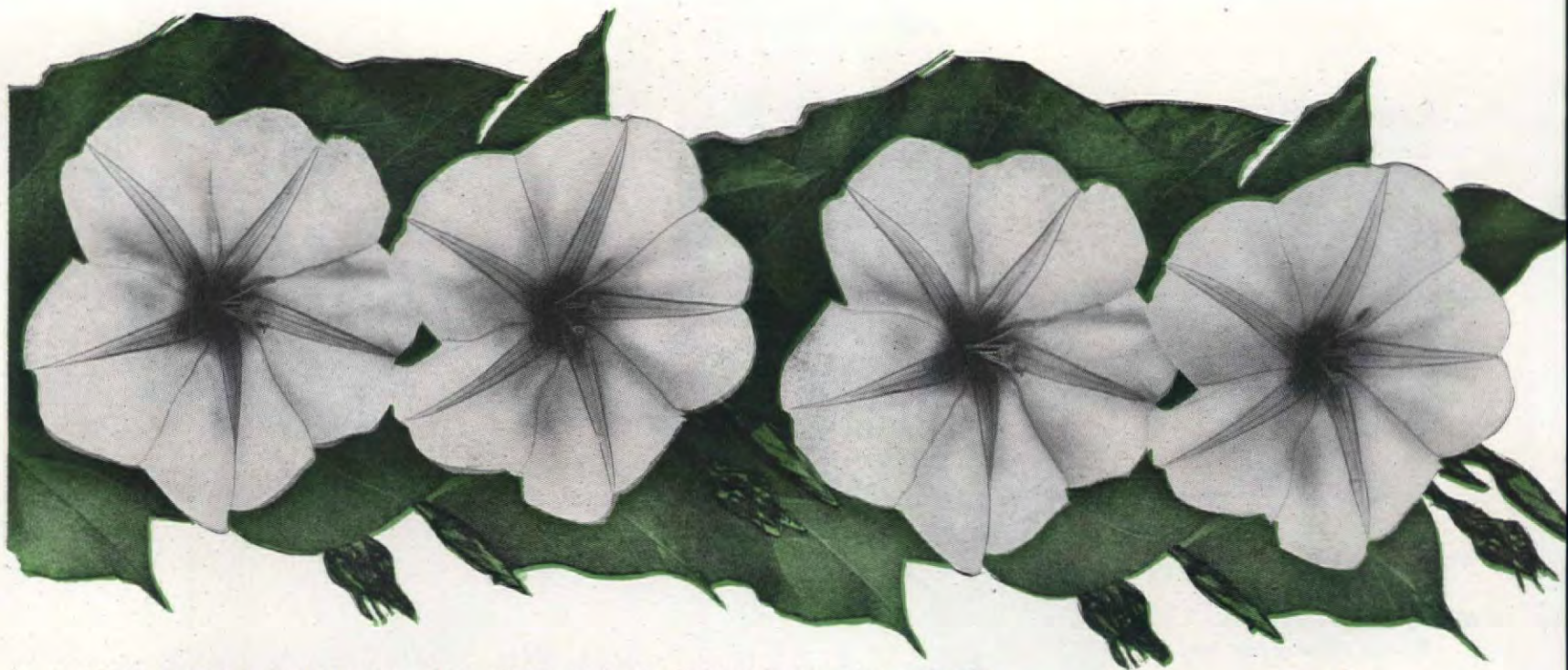
**U**SE curtain stretchers to dry large cloths or small racks for stretching lace place mats into shape. Or fold cloths and hang on two parallel lines.



Many rayons are dried best by rolling  
in a turkish towel. Iron on wrong side  
while slightly damp, using warm iron







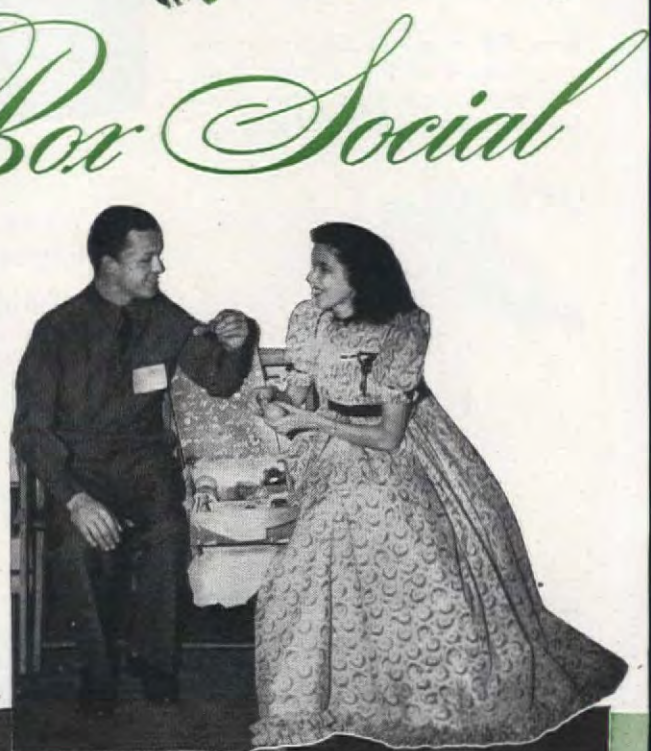
“AND to the highest bidder goes this supper box, plus the name of a fair Junior Clubber, his partner for the evening! Going—going—gone”! That’s how the evening’s fun started at a party given by the Junior Woman’s Club of East Point, Georgia, for the soldiers. The gals, wanting the party to be a congenial affair, decided the old Box Social magic would break any ice there might be among a group of perfect strangers. It did. It brought on a terrific thaw that swept all personality problems along with it.

The boys may have been twenty-one-dollar-a-monthers from Ft. McPherson when they entered the room, but each was handed forty dollars in play money when he arrived. The boxes, packed by the girls, each with a number on the outside, name on the inside, were raffled off. The bidding ran high, wide, and handsome, and the gallery of Junior

Clubbers was far from disinterested in the outcome. They were just as anxious to get the handsomest soldier as the boys were to get the prettiest girl for their partner of the evening. Suspense for everybody!

Finally the bidding was over and the great matching of numbers began. Each girl had a number pinned to her dress that corresponded with the one on her box. When her khaki-clad Destiny came striding to claim her, the box, bulging with fried chicken, coconut cake, stuffed eggs, and so on, was opened to please the Army, which is said to travel on its stomach. Picnic-fashion, the guests sat around their individual source of supply and got acquainted with their respective supper dates. This part was the best of all the evening’s fun, the boys admitted. The fun didn’t stop after the last swallow, either. There was square dancing, plenty peppy, to help work off the lusty suppers, and the Army swings a wicked partner!

Photographs by Edith Hills Coogler



SUSAN  
JONES  
MEDLOCK

**ON GUARD**  
THE HOME FRONT  
COOPERATING  
FOR VICTORY







What is the matter  
With gadabout Gwen?  
Moping in bed  
Though it's way past ten!

Even if it is one of those "certain days," don't waste it moping. Take a tip about keeping comfortable from that amazing 3-out-of-4 verdict . . .



Gwen be clever  
Gwen be wise!  
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Open your eyes!

"Modess is softer!" voted 3 out of every 4 women in a nationwide test.\* So try Modess, Regular or Junior sizes. You'll like the new Boudoir Box, too. No tell-tale name need show on your closet shelf.

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**Modess  
softer**

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Proper position and treatment for sunstroke

F. M. Demarest

A little goes a long, long way  
in the good old summer time and  
don't let anyone fool you that  
only good can come from the sun

BEULAH FRANCE, R.N.

ON GUARD  
THE HOME FRONT  
COOPERATING  
FOR VICTORY



Raise the feet and keep the patient warm in heat exhaustion

OLD King Sol is a merry old soul when he's treated with due respect. But familiarity with this ancient health giver can breed not only contempt but other things of a physical nature, such as sunburn, sunstroke, and heat exhaustion. All of them are different, and each dangerous in its own way. So take your sunshine easy.

Should you get sunburned by too long an exposure, you can relieve the resultant discomfort by applying a paste of baking soda, or a clean cloth, kept wet with a baking soda solution, to the burned area. Unguents are also helpful in mild cases where the blisters caused by the burn have *not* broken. Remember, however, that a whole skin is the only safe skin. If the blisters break, don't monkey with the problem yourself, but go to a doctor. He can prevent possible infection.

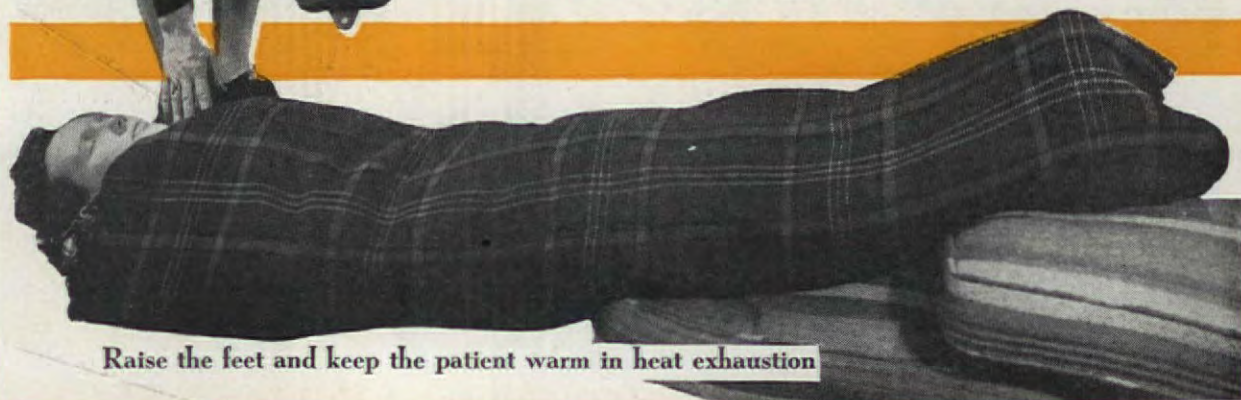
Sunstroke and heat exhaustion are both likely to occur during hot, humid summer days such as we get

in July and August. There's a big difference between them and their respective treatments. You must recognize the symptoms at once in order to know what to do. Here's a picture of a *sunstroke* victim:

Hot, dry skin, rapidly rising fever, flushed face. The pulse will be powerful and pounding, victim will complain of headache. At first he may seem excited, then go into a stupor, and finally may lapse into unconsciousness.

This is how the victim looks who's suffering from *heat exhaustion*: Skin will be cool and soaked with perspiration, temperature normal or sub-normal. The face will be pallid, pulse feeble and weak. He will complain of nausea, dizziness and faintness, and that "all gone" feeling, although he will probably not lose consciousness.

The treatment for each is as different as the physical manifestations. They do have the first step in common, however. Move the victim out of the sun and lay him





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**The AMERICAN HOME**  
251 Fourth Ave. New York, N. Y.



down, and this is the difference: If it is a *sunstroke*, elevate the head and shoulders, and there's a very good reason why. The blood has rushed to the brain, as indicated by the color of the face, and it's up to you to make it withdraw to proper distribution. To assist in doing this, apply cold compresses to the victim's head, take off his clothes, wrap him in a sheet wrung out of cold water, so that each limb is separated from the body and wrapped, too. With the aid of anything that will dispense water, keep the sheet wet! If the patient is a child, he can be put in a tub of cold water, but keep the compresses on his forehead.

If and when the victim is conscious, give small amounts of fluid, every ten or fifteen minutes. But DON'T GIVE STIMULANTS! The body is burning up with excessive stimulation already, and any artificial additions would be adding fuel to the fire. As soon as possible, call a doctor, give him the details of what happened and the patient's temperature.

Now, if it's *heat exhaustion*, which can come from any extreme heat as well as sun, place the victim's head *lower* than the feet. The blood this time has centered in the abdomen and is needed in the brain. That's why he's so pale, cold, and clammy. Wrap him in blankets, making certain that they go underneath him. Pack hot water bottles around the outside of the blankets and apply heat to his feet. Give strong coffee, tea, or other stimulants and, most important, give him water to drink in which salt has been dissolved—a teaspoonful to a quart. There's a very good reason for the salt water. Heat prostration is partially caused by the depletion of the body's salt supply, through perspiration. A recognized physician tells us that people who work in intense heat may well drink from twelve to fifteen glasses of water a day, taking salt tablets with it, in order to provide perspiration. He also advocates the liberal use of fruit juices.

And that's the story in a nutshell of what Old Sol can do to you if you're not careful, and what can be done should the emergency arise.

## FALSE TEETH

### And True Love

(OR) HOW GERTRUDE GOT HER MAN

Although Miss Gertrude Gaines had planned To wed within the year, Her gay romance was nearly wrecked. The reason? Lend an ear:



1. Her false teeth, scrub them as she might, Got dingy, dull and dirty; Twixt "Denture Breath" and ruined smile, They made her "old" at thirty.

2. "Get POLIDENT!" her dentist said, "Its no-brush, no scrub action Makes plates and bridges 'look like new,' Gives instant satisfaction."

So straightway Gert got POLIDENT. Her wedding? Very nice!

THE MORAL:

All who wear false teeth Should take the same advice!



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**POLIDENT**  
ALL DRUG STORES, ONLY 30¢



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MATTER  
OF  
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Shampoo with  
**PACKERS TAR SOAP**





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**FREE BOOKS** To solve your color problem: Clara Dudley's "Colorama Guide to Rug Buying." To get 20% more wear from your Alexander Smith Rug: Clara Dudley's "How to Make Your Rugs Last Longer."

her "Colorama Guide to Rug Buying." Send also for her helpful book, "How to Make Your Rugs Last Longer." It's also good sense and good patriotism today to make things last.

The Alexander Smith mills are now largely engaged in war work but most stores still have Alexander Smith Rugs, although not in every color and pattern. Look for the Alexander Smith label. It assures you a rug you will enjoy living with for years... woven of fine quality, pre-tested materials, as well-made as modern methods can make it.



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THE AMERICAN HOME, 251 Fourth Ave., New York City.

# More Fun

# Less Effort

neck and protects it against that friend and enemy of gardeners the world over—the sun.

Our man may or may not go for gloves, but you'll find that he almost invariably tapes his tools to ease the grip. And the tools themselves—not for him a miscellaneous assortment of dull hoes, shovels, etc. He'll have



HOWARD H. EDGERTON

**F**IND an experienced gardener, and you'll find somebody who knows the short cuts that lead to effort saving, and, by the same token, somebody who gets a lot of fun out of the hours given over to the job of making plants grow.

Take clothes, for instance. The average man comes home from work, decides to do some gardening before dinner, and either (1) hangs up coat and hat and starts right in, only to get his good shoes and trousers dusty and himself hot and sticky; (2) changes

to unsuitable, light-colored slacks and sport shoes that soil quickly; or (3) dons ancient, nondescript garments that make him look—and feel—like a tramp. Not so the experienced gardener. You'll find him in dark-colored polo or sport shirt with short or rolled-up sleeves; loose trousers of khaki, cravenette, or light-weight mohair; roomy, high-topped shoes with stout soles; and, in hot weather,

a light hat that shields the back of his

his personal preferences, of course, but he will have the right tool for the job—a scuffle-type hoe for shallow cultivation and weeding; an irrigating shovel with long handle and long, pointed, scoop-shaped blade for digging; a light garden mattock which has prongs

and a sharp blade for deep cultivating and some root and sod chopping; a heavier field mattock or grub-hoe for stubborn soil or rough sod. He'll have a place for them, too, that isn't ten minutes' walk from the garden,

and a place where he can change his clothes and get cleaned up

before he goes into the house.

You won't find him lugging pails of water all the way from the house faucet, come a dry spell. If the hose won't reach all the way, he'll lay it as far as it will go and fill the containers from its nozzle for the short carry to the plants. And if the hose is long enough, he won't stand around holding it all the time. A simple metal crotch stuck in the ground will tilt the nozzle so it can give the plants a thorough soaking while our experienced gardener enjoys the view. If he has window or porch boxes, he won't try to keep them in shape by watering them by hand, in the usual way. He'll have one of the various kinds of self-watering flower boxes that do a job with weekly refilling.

He has other tricks up his sleeve, too, for lightening his labors, and by taking a lesson from his book all of us can have more fun in our gardens—and less hard work, too.



Sketches by Arthur Shaffert

THE AMERICAN HOME, AUGUST, 1942

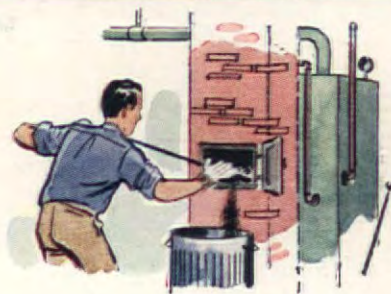
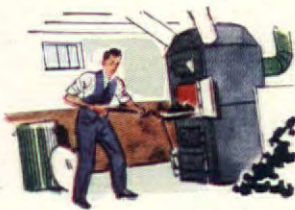
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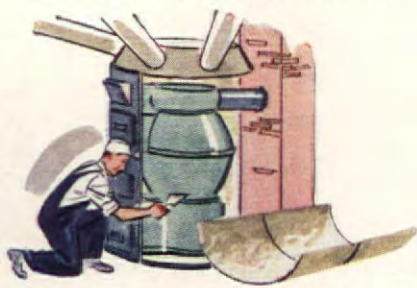
## How to care for your heating system in wartime

YOU CAN CONTRIBUTE to America's war effort by keeping your home heating system in top-notch condition. You can help to conserve precious fuel, desperately needed in war industries. You can make your heating equipment last longer, saving vital steel for war. And right now... before cold weather arrives... is the time to make sure your heating plant is ready for efficient wartime action this winter.

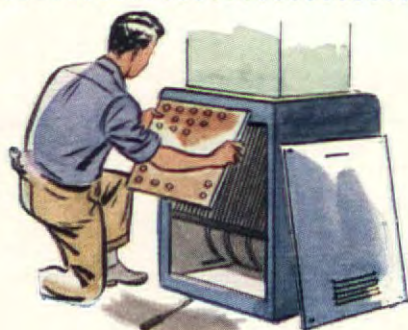
**BE GLAD IT'S STEEL...IT LASTS LONGER**



**KEEP FLUES AND FURNACE CLEAN.** Soot deposits in flue or smoke-pipe are not only a fire risk but cut down heating efficiency, waste fuel. Soot in the furnace itself prevents proper heating, too. Periodic cleaning of flues and furnace is essential.



**CHECK FURNACE JOINTS, PIPE CONNECTIONS.** Have the jacket of your furnace removed occasionally and make sure all joints are tight. If they are not, heat and fuel are wasted, dirt can permeate your home, dangerous fumes may escape and cause tragedy.



**IF YOURS IS A MOTOR-DRIVEN** air-conditioning system, these simple precautions will help you keep it in good condition: Be sure to clean or replace filters frequently. Check the motor belt regularly. And keep the motor oiled.



**PAINT ALL PARTS THAT RUST.** The best way to prevent corrosion of your furnace, pipes and radiators is to keep them painted with a good metallic paint. Of course, if your furnace casing or ductwork is U-S-S Galvanized Copper Steel, it is already rust-resistant and needs little care.

### REMEMBER THESE THINGS, TOO!

1. Check asbestos insulation of warm-air pipes on gravity-type furnaces. If this insulation is imperfect, heat-loss and fuel-loss result.
2. Keep seams of ductwork tight.
3. Keep ash pit clean to avoid burnt-out grates.
4. Turn off close to the furnace the heat supply to rooms you are not using this winter.
5. Don't waste fuel by overheating your garage.
6. See that furnace has adequate cold-air returns.
7. Inspect air-vents and valves on radiators.
8. If your furnace has no humidifying arrangement, pans of water set throughout the house assure fuel-saving and more healthful heating.
9. Consult your heating man on the proper type of fuel to burn in your furnace.
10. Call in a heating contractor to make a check-up.

*and stock up **NOW** with coal to free Transportation facilities for WAR!*

### BUY WAR BONDS NOW AND PLAN FOR YOUR FUTURE HEATING

Buying War Bonds is not only a patriot's privilege... it is also an investment for the future. For those War Bonds you purchase now can some day be your new heating plant. And what a heating plant it will be! A modern air-conditioning system with furnace, ducts and pipes of U-S-S Steels, back from the wars and working for your peacetime comfort again. They'll be better steels, too, improved by wartime research.

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**Appetizers**—Arrange Shredded Ralston and cubes of ready-to-eat sausage alternately on toothpicks, topping each one with a pickled onion. Delicious appetizers.

**Party Pick-Up**—Melt  $\frac{1}{2}$  cup butter in skillet. Add package Shredded Ralston. Sprinkle with  $1\frac{1}{2}$  tsp. salt. Stir while heating about 5 minutes. Serve as nuts, croutons in soup or with tomato juice.

**Sugarless Candy**—Sweet-tooth thrill for young and old. Easy. Thrifty. Wholesome.

**Just do this:** Put 2 cups Shredded Ralston in pan over medium heat. Cover with mixture of  $\frac{1}{4}$  cup strained honey and 1 tsp. grated lemon or orange rind. Fold over gently until glazed—about 3 minutes.



# All this AND BREAKFAST, TOO !

Yes... and *what* a breakfast! One look and eyes brighten. One taste and smiles appear. Here's nourishing whole wheat in crisp, tempting bite size form—with an unforgettable flavor that takes the "ho hum" out of breakfast. A cereal so just-right in taste, size and crispness it comes in handy from morning to night. It's thrifty, too! Costs less per ounce than most nationally advertised ready-to-eat cereals, only half as much as some. Ask your grocer for Shredded Ralston. Enjoy this whole wheat cereal regularly. Remember Uncle Sam says—eat whole grains every day!

