ON GUARD ... The MERICAN OME November 1943

15¢



40 GIFTS TO MAKE FOR CHRISTMAS **GAY PARTIES** VOTE for Your Favorite House - 28 to Choose From!

Let's fix up that closet someday right now

Here are quick, simple changes so easy you can make them yourself!

Some of those ideas for fixing up your home may have to wait -but there's no reason why you can't do something about your closets right now. Start with a few yards of Armstrong's Linoleum or Linoflor. Then use your ingenuity to plan every closet to fit your needs.

Coax dad into building those extra shelves you've always wanted. Let the whole family pitch in to help. You'll be amazed at how much you can accomplish . . . and the fun you'll have doing it. Smart-looking closets give your whole home a lift. And orderly, easy-to-clean closets make housework so much easier!



SWEETLY FEMININE . . . embroidered edgings and yellow satin bows against a background of sky blue make this closet the envy of every visitor. The U-shaped shelves, pull-out board for sorting, sliding vertical drawers, handy inventory card, and roomy compartment for bathroom necessities are all luxuriously practical. Shelves are covered with easy-to-clean Armstrong's Linowall, and the smart floor is Style 1908 Marbelle Linoflor, with inexpensive inset stars.



A PLACE FOR EVERYTHING . . . and everything easy to keep in place. Let that be your guide, too, in planning your own utility closet. Here, the vacuum cleaner, ironing board, brooms, mops, dust cloths, and buckets all have compartments tailored to fit them. Neat little shelves keep cleaning accessories in order. And for lasting neatness, shelves and walls are covered with washable Armstrong's Linowall-the floor with Style 5531 in Armstrong's Embossed Inlaid Linoleum.

MORE IDEAS FOR FIXING your home are yours if you write for "New Ideas for Old Rooms." Every suggestion in this new book, illustrated in full color, is from Hazel Dell Brown's own scrapbook. It's yours for 10¢ (outside U. S. A., 40¢). Address Armstrong Cork Company, Floor Division, 4311 Pine Street, Lancaster, Pa.

A FAMILY AFFAIR . . . even the doors of this hall closet help encourage neater habits. One holds a miniature post office, glove box, keys, and stepladder—the other a handy make-up drawer and a full length mirror to check peeking petticoats. Inside there's a shelf for robes, compartments for sweaters, game bins, card table rack, umbrella stand, and box for rubbers. The floor is Armstrong's Embossed Inlaid Linoleum, Style No. 5352, with Armstrong's Linowall on the walls.

ARMSTRONG'S LINOLEUM and LINOFLOR

for every room (A) in the house



"Why can't we wash dishes by pushing a button?"

When you see push buttons and levers moving mountains in war plants, you may ask yourself this question:

"Why can't electricity do more of the drudgery of housework—washing dishes, for example?"

And General Electric's answer is this: if you can't have an electric sink with dishwasher and garbage disposall in your home today, it's because G-E—like you—has given up peacetime work for war.

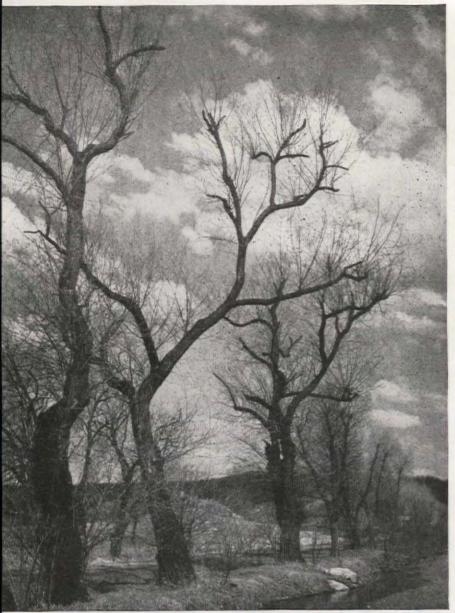
But peace will come again and with it still greater General Electric skills developed by the precision manufacture of wartime.

Thus, when you're ready for that wonderful after-victory home or kitchen you're planning now, General Electric will also be ready with the electric sink you dream about—a G-E sink with a dishwasher that requires only a turn of the wrist to wash, rinse and dry your dishes. And a disposall that shreds all garbage and washes it down the drain without fuss or bother.

So buy War Bonds today—and keep on buying to hasten Victory—and for better living electrically in your after-Victory home!



Hear the General Electric radio programs: "The Hour of Charm" Sunday 10 P.M.-E. W. T. NBC. "The World Today" news every weekday 6:45 P.M.-E. W. T. CBS.



This Was HOME

EVELYN ARDIS WHITMAN

N A NIGHT last October, I opened a door, walked out, and locked it behind me. It was the door of what had been home to me. Within its four walls it looked—and may still look—as it always did, with the pictures hanging in their accustomed places, the books neat on their shelves, the flowered cups on their hooks in the closet. But those who made it the home I knew are gone. . . . There existed within that home a way of looking at life, a kind of faith and permanence, which we need now more than ever before. If I have had the temerity to put these recollections on paper, it is because I was a child of the parsonage; because, somewhere in the unique flavor of the parsonage home, there seems to lie a special formula for success in living as well as in homemaking. I wish it were possible to pass on to my children the rich and meaningful background that was mine. If I try here to put down the formula for you, it is a kind of thinking out loud, for I, too, need so much the sustaining power of its strength and inspiration.

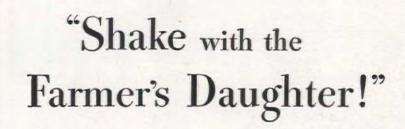
No contractor builds a home. It is made of the personalities of those who live in it; the way they look on life, the way they talk at the table, the friends they invite, the books they read. The kind of job father has matters greatly, for it decides where emphasis shall be placed. The minister's children know human beings best of all. There are the exciting, unending, and ever varied streams of guests. On Monday, we might hurry through the washing to prepare dinner for the president of our denominational college, and on Tuesday seat at our table, with

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"Mm-hmm-I'm a U. S. Crop Corps gal now!

"I pick apples on the Ives farm-where Jim and I used to fill our apple barrel every fall, before he joined the Navy.

"You'd think I was one of the Ives family-to hear Ma Ives and me swap wartime tips on everything from canning to sheets!

"Just last night, after the chores, we got talking about ironing. Then and there, I picked up some slick new ironing tricks for my lovely Cannon Percale Sheets at home.

"And even if Ma has been keeping house thirty years longer than I have, I knew a couple of tricks that she didn't.

"Sure—I'll pass 'em on. They'll help you make your sheets last longer, too. Just stay tuned in!"

Try this sprinkler system

Don't sprinkle your sheets till the day you plan to iron them. That's so they won't mildew. Use warm water for sprinkling—spreads faster. Roll your sheets up separately and neatly.

These folding hints are worth folding money

Fold each sheet lengthwise, selvages together. Iron on the right side. Never press directly on the folds—makes 'em crack and wear thin. Smooth the folds in with your hand.

3 Hot tips for hot irons

Never leave an iron when the heat's on—not even for a teeny phone call. Beware of "hidden scorch"—comes from letting your iron get a trifle too hot; doesn't show—but it's weakening.

4 Is your linen closet bare?

Nobody should buy anything she doesn't have to have—but if you're really desperate for sheets—just see what Cannon has to offer! Cannon Percales, the smooth, sweet-sleeping things, cost just about the same as heavy-

duty muslin. And they're wonderful for wear because they're woven with 25% more threads than the best-grade muslin sheets!

5 If this should happen to you...

Maybe you can't always find the exact size you want in Cannon Percales. The war, you know. Then ask to see Cannon's well-constructed, long-wearing economy muslin sheets. It's all one big Cannon family—including those grand Cannon Towels!

Cannon Mills, Inc., New York, N. Y.



Cannon Percale Sheets

Made by the makers of Cannon Towels and Hosiery



Right, Judy, it's the things folks don't say over the Long Distance telephone that can do a lot of good these days.

You mean we should keep secrets?

Well, that's always a good idea. But most of all it helps when you talk about only important things . . . and save the rest to say in person.

I know . . . like when Auntie comes to visit.

Exactly. That way you keep lines clear for the Long Distance calls to places where planes and ammunition are made. And if you'll keep off the wires from 7 to 10 at night, some soldier . . . maybe your uncle . . . has a better chance to speak to his folks from camp.

Golly, count on me!

I knew we could. Like all Americans, you want to do your part. And if it means making only the calls you absolutely must, you'll do it with a smile.

BELL TELEPHONE SYSTEM



equal ceremony, old Joey Teed who lived in the shack down the road. People came who were going to be married, or were arranging for the funeral of a loved one; people in trouble to confess to my father or weep on my mother's shoulder. Children, young people, and grown-ups came for parties and to sing around the piano on Sunday evenings. The dinner table talk was often about people-what made them as they were and what could be done for them. We children learned easily that hospitality does not depend on food or service. It was obviously impossible to prepare elaborate meals for so many guests; they dropped in, sure of a welcome, and shared what we had, salting it with good conversation.

Human beings are a source of joy and unfailing interest to the adult who, in childhood, has come to know the intricacy and excitement of the lives of common people. Soberly, I ask myself, "How do I want my children to think of people." And soberly I answer, "As my parents thought of them -with realism, tolerance, and compassion." Here is a strange thing: A home, shared, never seems to crowd out the family. There was love enough for us and to spare-and it was always articulate, put into words and actions. Looking back, I wonder if it is not a mother's biggest task to give her children this certainty that love surrounds them. For the adults who have it retain their sense of the goodness and security of life. Of course, it is easier for a minister's family to live in understanding intimacy; unusual companionship is possible in the hours spent together, the opportunity to get acquainted. Our meals could be long and leisurely, which is a strong cornerstone in the building of family life. We had time to sing around the piano, to read aloud, to play games before the fire. And of course we really knew our father. He was at home more than most fathers are, there to answer questions, fix broken toys, listen to long stories. Often when he went to his work we went, too,-to church service or social, Sunday School or choir practice.

Sometimes the parsonage child learns the lesson of "putting first things first" by discovering early in life which things are to be put second. The minister and his family are rich in everything but money. My mother made most of our clothes at night after she had finished her round of church duties. Our weekly allowance was three cents, of which we put one or two cents (depending on our



HELP UNCLE SAM!

Hundreds of thousands of Victory Gardeners will again be using Vigoro Victory Garden Fertilizer to help them enjoy peak success with their vegetables next spring. By ordering your supply now, ahead of time, you'll be sure of having it on hand when you want to use it. Transportation problems, labor shortage, delay in delivery of manufacturing supplies . . . none of these will prevent you from giving your garden a square meal if you order early and have VIGORO VICTORY GARDEN FERTILIZER on hand.

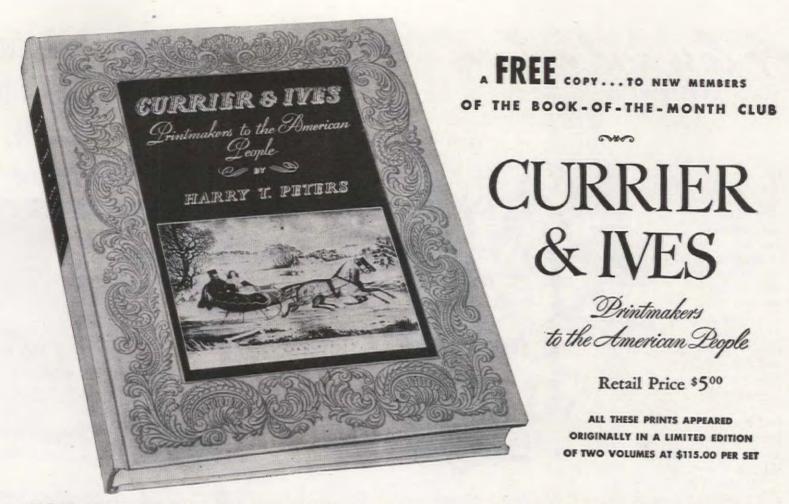
HELP YOUR DEALER!

Garden supply dealers and seedsmen will be up against it for sales help during the peak Spring season. Order all your gardening needs right now.

HELP YOUR GARDEN!

Vigoro Victory Garden Fertilizer produces such amazing results on vegetables because it supplies not just three or four, but all the food elements they need from soil. It helps them grow bigger, improves yield, gives more nutritional value, too. Plan on giving your garden the benefits of this complete plant food. But order it early!





HOW THIS BOOK AND OTHERS LIKE IT CAN BE GIVEN TO CLUB MEMBERS

Begin Your Subscription to the Book-of-the-Month Club with the SEPTEMBER SELECTION

So Little Time

by John P. Marquand

—or you may begin with any other of the recent selections pictured below WHAT A SUBSCRIPTION INVOLVES: Over 500,000 families now belong to the Book-of-the-Month Club. They do so in order to keep themselves from missing the new books they are really interested in.

As a Club member, you receive an advance publication report about the judges' choice—and also reports about all other important coming books. If you decide you want the book-of-themonth, you let it come. If not (on a blank always provided) you can specify some other book you want, or simply say: "Send me nothing."

For every two books-of-the-month you do buy, you receive one of the Club's book-dividends free. Last year the retail value of free books given to Club members was over \$7,000,000—given, not sold! These book-dividends could be

distributed free because so many subscribers ordinarily want the book-of-the-month that an enormous edition can be printed. The saving on this quantity-production enables the Club to buy the right to print other fine library volumes. These are then manufactured and distributed free among subscribers.

Your obligation is simple. You pay no yearly fee. You merely agree to buy no fewer than four books-of-the-month in any twelve-month period. Your subscription is not for one year, but as long as you decide; you can end it at any time after taking four books-of-the-month. You pay for the books as you get them—the regular retail price (frequently less) plus a small charge to cover postage and other mailing expenses. (Prices slightly higher in Canada.)

ALL BOOK-OF-THE-MONTH CLUB SELECTIONS

Why keep on missing important books like these?



A COLOR COLO

A Lass and a Lack

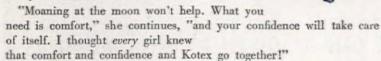
Woe is you! Dressed up to go to the most-fun party of the year . . . and what happens? Your calendar tells you to call things off . . . for you just can't mask your feelings, can you?

(... OF CONFIDENCE)

This was the night you'd waited for; planned on, weeks ago! And now you're

blithely bowing out, with a lame, last-minute alibi. Or are you?

For in pops Sue for a final dress preview—and speaks her mind, but plenty! "It's murder", she says. "Why kill your chances for future dates?"



Perk up and Play!

Then she explains that Kotex stays soft . . . doesn't just feel soft at first touch. That's why Kotex Sanitary

Napkins are more comfortable.

And that's why your confidence takes a sky-ride! For Kotex helps you to keep in the fun . . . with that special 4-ply safety center to protect you like a guardian angel. And flat pressed ends that don't cause tell-tale lines. (Remember this patented Kotex "extra", next time—when you want to wear your smooth new formal!) You see, it just makes sense that more girls are choosing Kotex than all other brands of pads put together!

Keep going in comfort WITH KOTEX*!

BE IN THE KNOW...learn what to do—what's taboo on "those" days, in the free booklet, "As One Girl To Another." Get in the groove about grooming, sports, social contacts. There's a special calendar provided, too, for your personal use, Send your name and address to P. O. Box 3434, Dept. AH-11, Chicago 54, Ill., for copy FREE!



Dainty is as dainty does—so to guard your daintiness, do this: Just sprinkle QUEST, the Kotex Deodorant Powder, on your sanitary pad, QUEST was especially created for this use. An unscented powder, it destroys all napkin odor quickly, completely—without retarding napkin absorbency.

**T. M. Reg. U. S. Pat. Off.

spiritual condition at the moment) into the mite box. It would be untrue to say we didn't mind those things. We did. But financial adversity and spiritual prosperity are part of the parsonage formula.

Physically, the parsonage home is apt to be different, providing a lot of empty spaciousness in proportion to income. But it wasn't so with us. There were books enough to overflow the cases and spare corners, thus emphasizing their importance. We knew why they were there-because my mother, especially, had a burning thirst for knowledge. Every day of her life was too short to absorb the color and richness around her. For that feeling of the varied magic of life I am deeply grateful. Also the corners of our home were filled with the paraphernalia of living, and a house full of sunlight and living is bound to be a happy one. Certainly, of all the spiritual qualities in our home none was so solid and actual as happiness. It was born, I think, of my father's serene faith, my mother's passion for living, their mutual joy in a loved task well done and, most of all, their love for each other.

There are many traditions (which, of course, make for permanence) in the minister's family. For me, the most unforgettable, I think, is music. We had an old, soft-toned piano and could play it, my mother beautifully, the rest of us a little. As a child, I used to think that the angels sang just as Mother and Father did, together, catching each other up from room to room. I will always hear them in my heart.

People think, naturally, of the parsonage as a "religious home" and dismiss as impractical the possibility of making their homes equally so. But there is a much deeper reason for a strong religious sense than much Church going and Bible reading. To the little child, "God is our Father" is the first and basic religion. I wish I could give my children the idea of God that I, as a child, saw in, or through, my parents. I wish I could give them the kind of faith in humanity my mother and father had; could make for them a home as happy, sane, and full of companionship as mine was. For home is our bulwark, our last stand against the calamity outside. Morale is a woman's business, and the future is woman's business. If each of us can give our family courage, faith, and happiness in living together, we shall have earned the right to say, "Here is the inner defense of a nation at war for peace and righteousness."

Amazing Professional Mothproofing Method now available for home use



Just a few minutes spraying with LARVEX—and Mrs. Neal has saved her husband's new suit frommothholes for a wholeyear.

WHY? Moths will actually starve to death before they will eat LARVEXED clothes, sofas or rugs!

This is the professional mothproofing method used by leading woolen mills, laundries and dry cleaners.

And, LARVEX is inexpensive—only 79¢ per pint, \$1.19 per quart. Dry-cleaning won't impair its year-long protection. Use LARVEX—be safe!

LARVEX IS DIFFERENT



QUICK! A few minutes with LARVEX will mothproof a woman's coat for 12 months!

... CHEAP! Just one LARVEXING will mothproof this \$89 upholstered chair for a year!





SURE! See this spectacular display at your Larvex dealer's. A covered dish showing treated and untreated cloth with live moth worms. Proof right before your eyes that moth worms will not eat Larvexed fabrics!

At all Drug and Dept. Stores Larvex, New Brunswick, N. J.

ONE SPRAYING MOTHPROOFS FOR A WHOLE YEAR..





Tonight * * * AFTER YOU SHOO THEM OFF TO BED

Sit back in that big, soft, easy chair of yours and think...think about your home. Look around the house for a moment, and live again its life.

Remember the day you bought your first furniture? It was a thrill, wasn't it? You didn't even mind the cost. And think of all you've added since that first eventful day...the silverware, rugs, curtains, kitchen equipment...the linens, books, radio and records. And don't forget your closet full of clothes...and your wife's clothes...and the children's...

Gee! You've got more than you thought you had . . . and it cost you plenty of money.

Now...an important thought...are all those things that make your house a home insured? You think so. You have fire insurance on your

house. But think again. Does it cover the contents of your home? Many, many persons either forget to buy fire insurance for the contents or fail to adjust such insurance to the growing value of their homes year after year.

These are no times to feed dollars to a fire. In addition to buying War Bonds, invest in sound insurance...to "freeze" the security of your home...to protect your savings...to give yourself freedom from worry over loss.

See The Man with the Plan, your local Employers' Group Agent. Let him show you how inexpensive sound insurance is. Let him make a free analysis of all your protection and give you a guiding plan for the fire and casualty insurance you need in trying times like these.

The Man with the Plan brings you News by Cedric Foster Friday Evenings over a national hook-up. Consult your radio page for time and station.

Employers' Group

Fire and Casualty Insurance, Including Surety and Fidelity Bonds



THE EMPLOYERS' LIABILITY ASSURANCE CORP., LTD.
THE EMPLOYERS' FIRE INSURANCE CO.
AMERICAN EMPLOYERS' INSURANCE CO.

One Liberty Square, Boston, Mass.

The Employers' Group Man is The Man with the Plan

MEMO to the WIFE

of the man with a SOCIAL SECURITY CARD



Your Social Security income, though usually less than comfort requires, does provide a foundation on which to build personal and family security, with the help of life insurance.

Begin by understanding clearly just how much Social Security income you stand to receive, and under what conditions.

A MONTHLY CHECK AFTER 65

At 65 you may qualify for a monthly check equal to half of your husband's benefit. Thus, if he is entitled to \$40 a month Social Security income, your "wife's allowance" increases it to \$60. If you become a widow you receive three fourths of his benefit. Remember, acceptance of a regular commercial job suspends Social Security payments, but a private income or receipt of benefits from life insurance policies does NOT.

BENEFITS IF YOUR HUSBAND DIES

As a widow, regardless of age, you receive a monthly Social Security check while your children are under 18 (16 if not in school). With two children, it might amount to as much as \$70. (\$85 is the largest monthly benefit paid by Social Security.)

Bear in mind that Social Security provides NO INCOME for a widow between the time her youngest child becomes 18 and she reaches 65, possibly a 15 to 20 year period, when self-support is not easy.

> Life insurance, in moderate amounts, can accomplish wonders when building on a Social Security founda-tion, or when bridging the "no income" gaps in the Social Security picture.

> > Your Mutual Life representative is qualified and willing to show you how Social Security and Life Insurance can work together to give you the utmost for your premium money. Call on him, without obligation.

Write for FREE Social Security FILE

It lists the seven types of official records needed to collect Social Security benefits and provides for their convenient safekeeping. Foresighted planning will help to obtain benefits without delay when due. You and your husband will also be sent a special chart on which to record future Social Security benefits for every member of the family. Just mail this coupon today to Department AS-4.

NAME	AGE
ADDRESS	***************************************
OCCUPATION	

THE MUTUAL LIFE

INSURANCE COMPANY of NEW YORK

Lewis W. Douglas, President

843. OUR 100th ANNIVERSARY YEAR.. 194

NASSAU STREET - NEW YORK CITY



to plan for

HRISTMAS 1943 will call for more ingenuity than ever before, but there is no excuse for not having an appropriate amount of gaiety in decorations for the tree and the house. With so many additional important duties to consume one's time this year, it is advisable to get an early start with your Christmas plans. To help you, we have a collection of 30 ideas for decorations to make for the house or tree and a few additional ideas for cards-all for 15 cents. Ask for leaflet #144 and send stamps or money order. We have only a total of 2500 of these. so the early bird, you know . . . !

. HEAR YE, all ye winter sportsmen and women! We still have a limited supply of our list of the National Parks which offer winter sports. Ask for #119 and send a 3-cent stamp to cover postage.

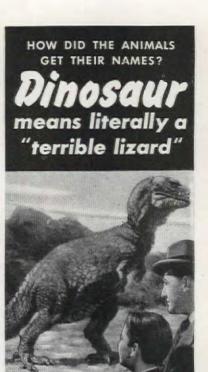
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MENUS FOR NOVEMBER now ready. Send 10 cents in stamps and ask for "November #150." These menus have been worked out for the entire month and include market orders and time schedules.

THE AMERICAN HOME 251 Fourth Avenue, N. Y. C., N. Y.

BACK THE ATTACK WITH WAR BONDS!

Important: Letters requesting information should be accompanied by a stamped, completely addressed envelope. Manuscripts and illustrations will not be returned unless accompanied by the necessary postage. They will be handled with care, but we cannot possibly assume responsibility for their safety.



HE name dinosaur comes from the Greek words deinos, "terrible," and sauros, "lizard." A serpent is a "creeping" thing, the word being derived from Latin serpere, "to creep." The lemur, from its habit of going abroad at night, got its name from the Latin lemures, meaning "ghosts." You will find hundreds of interesting word origins in

WEBSTER'S NEW INTERNATIONAL DICTIONARY, Second Edition The Merriam-Webster

Word histories are only one feature of this greatest of all knowledge books. Its completeness makes it truly the foundation book for home education! The more questions you and your children bring to it, the more you will be amazed at the range and scope of the information furnished by its hundreds of encyclopedic articles, the work of over 200 outstanding authorities. Many subjects are covered in greater detail than in any other reference book. It contains 600,000 entries, 122,000 more than in any other dictionary. 12,000 illustrations. All this makes it truly "the Supreme Authority"—on every branch of thought and activity. WARNING: The genuine series of Webster

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Try The NEWEST Thing in CLEANERS
COLDFOAM Without Soar
WASHES PAINT, CARS, DISHES, FLOORS, CLOTHES— 1-lb. can makes 40 gallons 25° At Hardware, Paint, Dept. Stores - Savogran Co., Boston

First in America"



Armour recipes for ration-stretching

Stuffed Meats

grand for Thanksgiving and all occasions

What about company dinners? Must your family get along without meat for days...if you are planning on guests for Thanksgiving or the holidays? Not if you

do a little scheming! Choose dishes that spread de-licious meat flavor for the greatest number of servings . . . such as the Armour suggestions here. All pro-vide full, rich flavor . . . and that well-fed feeling that makes folks say: "My! That was a fine dinner."

Stuffed meats are your best ration-stretchers. Because the stuffings are baked right along with the meat, the juices go through and through . . . extending the taste enjoyment of just a little meat. And stuffed meats are so good warmed over! When you erve them you'll be helping America's war campaign to stop food waste . . . to make Food Fight for Freedom.

These point thrifty recipes were developed and tested in Armour kitchens by food economists who specialize in meat cook-ery. They help you "make the most of meat." Save them and watch for more to come.



Roast Cloverbloom Chicken with Celery Giblet Dressing

4-5 lb. Cloverbloom Roaster (drawn

weight)
2 tsps. salt
Dressing Ingredients:
Giblets

Giblets
4 cup melted Cloverbloom butter
or margarine
2 tbsps, chopped onion
44 cup chopped celery
1 qt. lightly toasted bread cubes

Wash drawn bird well. Dry. Rub inside with salt. Stuff and tie bird.

Place breast down on a rack in un-

covered baking pan. Brush entire surface with melted Cloverbloom butter or margarine and bake in 325° F. oven for 30-35 minutes per lb. stuffed weight. Turn the bird, breast up, last half of cooking time. Dressing: Cook giblets in salted water 30 min., then cut fine. Save broth for soup stock and dressing. Cook onion and celery in butter until clear, pour over bread cubes. Add parsley, seasonings, then giblets and broth to moisten.



Star Pork Chops with Apple Stuffing

4 rib or loin pork chops (1¼ lbs.) Cloverbloom butter or margarine ¼ cup chopped onion ¾ tsp. salt 2 tbsps. sugar ¼ cup raisins 1½ cups chopped tart apples 1 qt. soft bread cubes

Brown the chops slowly on both sides for 7-10 minutes. Add enough butter to the pork chop drippings to make 1/3 cup. Cook the onions in the fat until clear. Add onions,

seasonings, raisins, apples, and 14 cup water to the bread cubes. (If the apples are very tart, add one extra tablespoon of sugar.) Place dressing mixture in flat casserole. Cover with the chops. Bake covered in 350° F. oven for about 1 hour. Remove the cover from the casserole the last 10 minutes of the baking period to finish browning the chops. 4 servings.



Star Bacon Rolls

8 slices Armour's Star Bacon 1 cup chopped onions

1/2 cup chopped celery 2 theps, bacon drippings 4 cups moist or day-old bread crumbs (about 6 slices of bread)

34 tsp. salt

1/8 tsp. pepper 1/4 cup chopped parsley

Brown onions and celery in drippings. Lightly toast the bread crumbs, and add the onions, celery, seasonings, and parsley and 1/4 cup of water.

To make rolls, cross two slices of Armour's Star bacon, place dressing in middle and fold bacon slices over. Secure with toothpicks. Bake on rack in uncovered pan in 375° F. oven for 30-35 minutes or until bacon is crisped and brown. Serve with broiled tomato halves and a creamed vegetable. Makes four hearty servings.



For finest quality and flavor ask for Armour's Branded Products:

Star Ham and Bacon Star Beef Star Lamb and Veal Star Sausages Star Canned Meats Cloverbloom Poultry and Dairy Products





Contributors



ELIZABETH HILL Guest Health Editor of the Month



LT. COL. E. MANN HARTLETT



ELEANOR B. McCLURE



JANE FISHER

UR Guest Editor of the Month, ELIZABETH HILL, is a graduate of the University of California, School of Nursing, San Francisco. She has also done post-graduate work at Teachers College, Columbia University. Miss Hill has been associated with Public Health Nursing in California and New York City, and has been Nursing Consultant with the American Red Cross. At present Director of the Los Angeles Visiting Nurse Association.

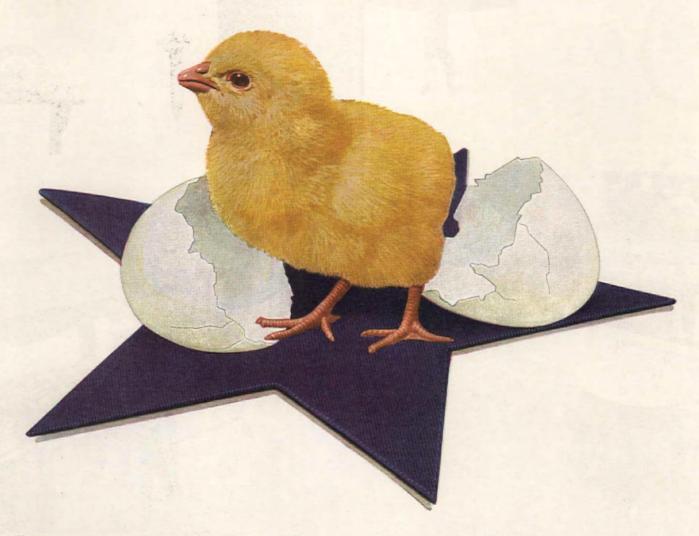
• • • LT. COL. E. MANN HARTLETT is the State Medical Officer for the Selective Service System in Illinois. He is a native of Medford, Wisconsin. Col. Hartlett enlisted in the United States Army in December of 1917, while a student at Ripon College. He was assigned to the 32nd Division and served 15 months overseas. He was wounded in action and later decorated with the Order of the Purple Heart. After returning from France, Col. Hartlett graduated from Northwestern Medical School in 1924. He took post-graduate work here and abroad and subsequently practiced in Evanston, Illinois, until he went back on active military service.

· · · ELEANOR B. McCLURE, a native Kansas Cityan, was married soon after graduation from Wellesley College. After a few years in sedate Cambridge, she and her husband went west to buy and sell small town newspapers at Clinton, Okla., and at Washington, Mo., where they are still living. Prior to Pearl Harbor, her hobbies were collecting antiques, local Missouri history, and gardening. She is still gardening, but with the emphasis on vegetables instead of iris and roses. She enjoys experimenting, and results have vindicated her scientific farming. She has also been trying to arouse enthusiasm for growing vegetables in her youngsters-two bookish boys and a younger tomboyand her husband whose interest in the family garden she describes as academic.

• • • The little hoosier town of Clermont, Indiana, was the birthplace of JANE FISHER, whose life has moved in vivid cycles. As a bride of sixteen by the side of her well-known husband, Carl Graham Fisher, she saw the beginning of Miami Beach, carved from a morass of alligator wallows and tangled wilderness. She later accompanied her husband and a caravan of automobile pathfinders over buffalo trails, mountains, and deserts to blaze the present Lincoln Highway. Seven years ago Jane bought the Catskill mountain home, "Sobre Mundo" (Portuguese for "over all the world") of Madame Galli-Curci. Here she runs a 187-acre farm, dairy, and chicken business. When the snow crusts halfway up the windows and the weather stills at 35 below zero, Jane tucks in with a typewriter, and the literary sales therefrom enable her to afford another registered Jersey cow for the herd next spring.

MRS. JEAN AUSTIN, Editor

ELEANORA SENSE, Food and Nutrition Editor Marion M. Mayer, Managing Editor Lynn Given, Style and Beauty Editor E. L. D. Seymour, Horticultural Editor William J. Hennessey, Architectural and Building Research Editor Jeannie Davidoro Willis, Party Editor Mary E. Monze, Home Decorating Consultant William H. Grove, Assistant Art Director



"Hasn't scratched yet!" means more than ever today

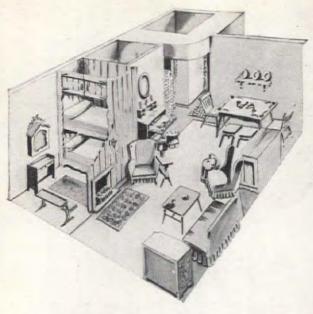
For years, this fluffy little chick has been the friendly symbol of a quick, safe cleanser...a cleanser that "hasn't scratched yet!" But now, the Bon Ami chick is doing even more than helping keep your home clean. He is helping protect your sink, your stove...your refrigerator and bathtub—costly equipment that today is impossible to replace.

For Bon Ami is free from coarse grit, from harsh alkalis. It doesn't mar or scar or dull the surface of the very things you are trying to protect. Instead, it leaves a lovely, high polish... keeps things looking their best. Why don't you—now of all times—use Bon Ami regularly?

Bon Ami for Bathtubs and Sinks



OR HOW A YOUNG COUPLE MADE A REAL HOME IN THE CITY



HERE are many one-room apartments that off-hand look delightful, but what must they be after two people have lived in such confined quarters for more than a week? My husband and I had just that problem to face, plus the even bigger one of finding a compromise between his choice of modern furnishings and my choice of more conservative and traditional design. The compromise proved to be Pennsylvania Dutch which combined the best features of each satisfactorily.

My husband built a knotty pine wall which was carried at right angles across the length of the room and extended it to frame the windows. He even cut a low fireplace into the wall. Next, to block off the kitchen and bedroom, another wall was built and instead of our original one-room apartment we now have three rooms in one. Deluxe living indeed!



Photographs by F. M. Demarest

MERRI HOPE EVANS



So much for construction. Furnishings came next. We needed much, but "so little" for our one room. Department stores supplied the small tables and easy chairs, but the rest was up to us. We sanded, stained and bleached some of the oldest relics imaginable, but when the odd little Dutch figures and designs were finally painted on and the work complete, each piece looked truly authentic. One of



the old family chests was completely disassembled and now stands as three separate units. A coat of Dutch blue paint and white leaf designs transformed the tiny hall into a foyer. Instead of bunks in our bedroom we settled for a double bed with bookshelves at one side and storage space above. The gay mural did much toward furnishing a tiny room—much too small for many pieces. What a happy compromise it has turned out to be!



Mrs. McClure's leaf-mulched perennial border in spring and later when new foliage hides the protecting cover

Story and sketches by ELEANOR B. McCLURE

DON'T spend your time digging around young trees. Mulch! BONT be eternally sprinkling or carrying water pails. Mulch!

OR streamlined, practically painless gardening, try a year-'round mulch. It eliminates hours of digging, weeding, watering, and hoeing. Cheap and easy to apply, it offers a solution for the gardener's manpower problem now when we are trying to raise all the food we can and also keep our homes attractive. It may seem harsh or careless to merely pile sawdust or straw around a rose bush, shrub, or small tree and just leave it there. Orthodox gardeners, schooled to revere clean cultivation and dust mulches, may refuse to abandon their hoes, and warn against the alleged lethal acidity of sawdust and oak leaves. But tests have shown these materials to be less acid than peat moss and more satisfactory for mulching. They can safely be used on practically all kinds of plants, except, possibly, lime-hungry sorts, such as lilacs.

At the New York State (Geneva) Experiment Station, sawdust has been used for many years around cherry trees and blueberries. Professor R. C. Collison, chief in research there, knows of commercial orchards that have used it for thirty years with good results, and believes that such a mulch would be helpful wherever sawdust is available; in the South, for example, on raspberries which require a cool soil, and in home fruit gardens anywhere to take the place of frequent, laborious cultivation.

Permanent mulching of ornamental trees and shrubs has been thoroughly tested at the Missouri Botanical Garden in St. Louis and its Arboretum at Gray's Summit, Mo., where Manager A. P. Beilmann says that sawdust-mulched plants thrive throughout the year with minimum care, that fewer are lost during summer heat and drought, and

that winter-kill (mainly winter-drying) of evergreens has been greatly reduced. Also the mulch
prevents the soil-heaving caused by alternate
freezing and thawing. At the Garden, leaves, available in large quantities as gathered from the city
streets, are allowed to partly decompose and are
then shredded before being applied. Superintendent
George H. Pring finds that mulching promotes better growth and thriftier roots than the most conscientious watering and cultivation. Most perennials
also respond well, but he advises that the mulch
be kept away from the crowns of delphiniums,
foxgloves, and others subject to crown-rot, and
used only lightly on sun-loving iris rhizomes.

As to roses, at the Blacksburg (Va.) Agricultural Experiment Station, some 5,000 of its 6,000 hybrid teas and polyanthas are grown under mulch, according to Associate Horticulturist A. G. Smith, Jr., who adds, "Some are mulched with straw and the rest with sawdust, though buckwheat hulls are considered equally satisfactory." At Blacksburg, a



DON'T bundle up your plants. Mulch!

1 to 2½ in, layer is applied to the frozen ground in January or February and left until the following fall when an application of plant food is made, to be followed by another in January and a third in early spring when growth starts. Labor and fertilizer shortages may pre-

vent home gardeners from doing all that, but at least what is virtually a year 'round mulch is both feasible and desirable. One of the largest rose-growing firms reports from New York State the use of ground tobacco stems as a mulch to do three things: supply plant food, especially nitrogen and potash; control the rose midge, and break the force of falling rain and prevent black-spot spores from being splashed up from fallen infected leaves onto healthy foliage. Here a half-inch layer is applied in early spring after hoeing and watering the beds,



A. P. Beilmann

These azaleas growing at the Missouri Arboretum are all the same age. Those in the rear have been mulched, those in front have not. How about it?

and three or four more light dressings are given during the summer, except in August.

My perennials, as the pictures show, are along and in front of a dry wall with a southern exposure. Leaves naturally accumulate there and in early spring I rake more onto the beds. At first they look a bit untidy, but the growth of the perennials and additional annuals soon hides the mulch. I usually have to pull a few weeds from time to time, but I do not have to cultivate these beds at all.

To sum up: Fall, after the ground freezes, is the time to start mulching. The material should be coarse so it will neither pack, mix with the soil, nor be washed or blown away; it should absorb water freely but also yield it up to the plants; it should not be a fire hazard, or so dark colored as to absorb excessive heat

from the sun. Except when applying a mulch on frozen ground, first cultivate the soil and dig in a little plant food; then carefully spread the mulch two, or, better, four inches deep. This will require about a bushel per 4 sq. ft. Use whatever suitable materials are easy to get and cheap. If you can't cover everything, protect first, plants normally needing the most care, the most recently planted, those in exposed beds. In using leaves, mix twiggy material in to prevent their packing into soggy mats, and in spring, don't rake them off; just clean up the plants and remove sticks, dead stalks, etc. Don't cultivate a mulch into the soil, for as materials containing cellulose decay, the soil bacteria steal nitrogen that the plants should get. And remember that a mulch rarely has fertilizing value, so your plants need food.

GARDEN PROBLEM

AND WHAT ABOUT VICTOR R. BOSWELL, of the U. S. Bureau of Plant Industry, says:

AND WHAT ABOUT THE USE OF MULCHES IN VEGETABLE GARDENS?

"The main effects of mulching garden soil with straw or other dried plant material are to conserve moisture, lower the soil temperature, and (if the mulch is heavy enough) help keep down weeds. In sections particularly subject to summer drought, a 4 to 6 in. straw mulch often gives better yields if not put on too early; but in a cool, rainy season, it may be a disadvantage. A light mulch put around tomato or other plants to keep the fruits off wet soil is usually helpful, but the common farm custom of mulching home potato patches heavily with straw is not always beneficial.

"Very fine materials that mix with the soil are undesirable since their decay may tie up available soil nitrogen needed by the plants and a straw or woody mulch should be removed before plowing again. Also, to avoid delaying vegetable development, apply it only after the soil is real warm. A mulch heavy enough to keep down weeds may aggravate a too wet soil condition. Thus the benefits of mulching are less certain on vegetables than on shrubs and trees. As a general rule, except for light mulches (about 2 in.) to protect the fruits from the soil, and which can be removed before re-fitting the land, use mulches on vegetable plots only after carefully considering local conditions. They are likely to be more advantageous in the drier, warmer parts of the country than in the rainier and cooler regions."

Here are straw and sawdust mulches in Missouri. Other materials include buckwheat hulls, ground-up shells, spent hops, tea leaves from tanneries.

17

How Good Are We at Our Own Jobs?

America is doing a fine job on the battle and production lines.

But how about the vital task inside our homes?

Well, because it is The American Home asking, "we" are all those persons, men or women, youngish or more mature, who share any of the responsibility of making and caring for homes, and of looking after the folks who live in them. As to addition the share any seem to have changed; emphasis

our jobs, values and yardsticks may seem to have changed; emphasis may appear to have shifted to industrial and technological tasks, to the activities of factory, laboratory, workroom, farm and garden, and scenes of home defense and volunteer mobilization. But don't be missenes of home defense and worthy though they may be, are led. All those duties, imperative and worthy though they may be are temporary, born of an emergency created by a war that is going to end.

Contributors: Anne Brockey, Ruth Lee

N THE other hand, the labors that go to the making of homes, the fostering of families, and the carving and moulding of the characters of tomorrow's citizens—they are as enduring as time. They will continue, come war or peace, as long as there are people on the earth. While they may not make the headlines and rotogravure supplements as often as the more spectacular kinds of ef-

fort, they are everlastingly there in the background calling insistently—even if not loudly—for attention.

Comparisons may be odious, as one of those smoothly fluent sayings has it, but they are also illuminating. So we are employing them in seeking an answer to the question this article poses. First, let's consider the problem of making home something for children to be happy, comfortable, contented in



The two pictures on page 18 were taken in the children's ward at St. Mary's Hospital in Orange, N. J., just after it had been redecorated by the Junior Auxiliary. The whole story of the transformation of a typical, high-ceilinged institutional chamber 40 ft. long and 10 ft. wide, with tall windows on three sides and seven glass-partitioned stalls along the other, into a cozy, inviting room would be well worth

whole thing is that here, in a hospital, is a room of restful cheerfulness such as might lead many a discharged convalescent youngster to cry out, "But I'd rather go back to the hospital. It is so pretty and I had a little bed of my own and I was so very comfy!" So we ask ourselves, How good are we at our job of giving our children the sort of surroundings that make them remember home and want to be and stay there rather than elsewhere?

Or, for that matter, consider grown ups-guests or even members of the family. Hotels sometimes use the inducement. "All the comforts of home." But how about the homes whose comfort ranks far below that of some present day hotels? Here are glimpses (in Washington's recently opened Hotel Statler) of the modern idea of an attractive, practical room-suit-

able for a business conference or informal entertaining by day; delightfully comfortable as a bed room by night. The spacious couches (conveniently against the two walls) become luxurious beds; the broad, well lighted desk turns into connecting dresser and vanity, with hidden mirror and internal illumination; the radio-telephonereading lamp table is most handy to both beds, and the broad mirror



soft, powder-blue shade was chosen for wall paper, woodwork and washable dado; a charming paper dotted with bunnies, large and small, plus carrots and flower pots, was found; draperies at windows, transoms, glass partitions and the double door to the hall were made of rose colored sheeting, and the creamy-white candlewick spreads (handmade by the Committee) match the shades on the two pinup lights over the white dresser. There were the usual conflicts between the feminine specifications of the Committee and the experienced, professional convictions of the painters, but all was harmony at the end. And the point of the

Recall some guest rooms you have occupied; then look at these examples of a new hotel theory: guest rooms to

live and relax in, not just sleep in



The men of our Army and Navy are getting more and better food than any armed forces ever received before. They are better fed than millions of civilians in this land of plenty. Why? Because the Army and Navy have studied and made use of the wealth of information about food and nutrition that science has for years been discovering and making available to an all too lazy or indifferent world. Taught in schools and clinics, published in books, and bulletins, offered to and even urged upon homemakers, it has been overlooked or ignored by those to whom it can mean health, efficiency, economy. Good food means good nutrition. How good are we at our own jobs?

across one wall lends both spaciousness and brightness. . . . Can hotel people actually outdo us at our own jobs of making rooms livable?

How is it in the kitchen? Oh, there, of course, we shine—or, do we? By comparison with, say, the U. S. Army? Doubtless we can turn out many a dainty dish, given the wherewithal and a generous battery of range, refrigerator, mixers, utensils, etc. But can we guarantee meals as nutritious and body-building as those that are being supplied to millions of soldiers day after day under all kinds of difficulties—in the sandy wastes of a desert, the steaming murk of a South Pacific jungle, the snowy expanse of Iceland or the Aleutians? Men fed according to today's military knowledge, systematic preparation, and thoroughness, gain weight, vigor and stamina, we are told, in the face of unbelievable hardships. Can we say as much of those "we" cater and cook for at home? How good are we at this particular job of ours?

We makers of America's homes are entrusted with the task of preparing children for the problems, emergencies, and responsibilities that await them. How well do we handle that assignment? The day before this was written, the Mayor of the country's greatest city made a plea for more attention to the teaching of everyday better manners-where? At home? No, indeed. In the public and private schools of the community. "Now may I suggest," said Mayor LaGuardia, "just about ten words to make up basic good deportment and, above all, the employment in every-day life of these words? Such words, for instance, as 'please,' 'thanks,' 'I beg your pardon,' 'excuse me,' 'I'm sorry,' 'after you, 'sir,' 'madam'-and I'm not limiting the use of these words to the primary grades by any means. . . . Proper manners of greeting parents, teachers, adults, storekeepers; proper manner of addressing strangers and proper street, classroom, home, bus, or subway behavior should be taught." . . . And why that special and emphatic admonition to schools? Was it because homes and parents have fallen short of the mark?

There are so many things—simple, yet basic and important—that can and should be taught at home, but are not! And then, when a school sets out to teach them, by stimulating juvenile independence, self help, self reliance, and initiative (perhaps by employing other than the familiar, wholly orthodox methods) it is likely to be labeled and even criticized as "too progressive" with sundry unfavorable connotations implied. We have such an institution in mind—the Winnetka (Ill.) Nursery School, where the accompanying illustrations were obtained.

It became a unit in the local school program as the result of the leadership of a forward-looking Board of Education, Superintendent of Schools Carleton Washburn, and Mrs. Rose H. Alschuler of Chicago, now National Commissioner of Child Welfare in the Office of Civilian Defense, who, with her late husband, provided the wing that houses it—offices, school-rooms, kitchen, cloak and wash rooms, etc. Fundamentally, it provides a place where children from $2\frac{1}{2}$ to $4\frac{1}{2}$ years old spend part of each day in carefully planned, completely equipped sur-

These unposed pictures show typical daily scenes in Winnetka's Nursery School. In the sun-bathed yard, a Junior High student reading aloud holds the rapt attention of her charges? Could you?





roundings engaged in pre-school occupations, learning to amuse themselves and to get along with their fellows; gaining, under expert, flexible direction and supervision, the ability to adapt themselves to their environment of people, places and things. But it goes far beyond that. For it also provides a practical training ground where, through both required and elective work, students in the Junior High School get experience in phases of homemaking, child management, applied psychology, or, to put it more simply, in the understanding and handling of younger children. (Think of the practical value of that sort of training in equipping adolescent boys and girls to cope with—and help—their little brothers and sisters!) Furthermore, the Nursery School serves as a source of information, advice, and help for any parent in the community in connection with any sort of child problem. Frequent physical and mental examinations supplement conferences with parents.

All right, you say, that's school work, as it should be; but what has it to do with me? Well, it certainly offers suggestions, sets an example, establishes standards for parents and homemakers to aim at, doesn't it? If there were enough such nursery schools for all the children in all the communities of the country, perhaps we could look to them for the developing of the minds of our youth and the building of their characters. Perhaps. But obviously there aren't that many and there never will be. And, even if there were, would we welcome or permit the abdication of homes and parenthood from that all important role of responsibility? God forbid. Then let's be grateful for, and make the most of, all the assistance that schools and teachers, laboratories and scientists can give us. Let's get behind them and help them to be continually more efficient and more useful. But meanwhile, let us prove our fitness and ability to handle our own jobs so well that comparisons will cause no regrets.

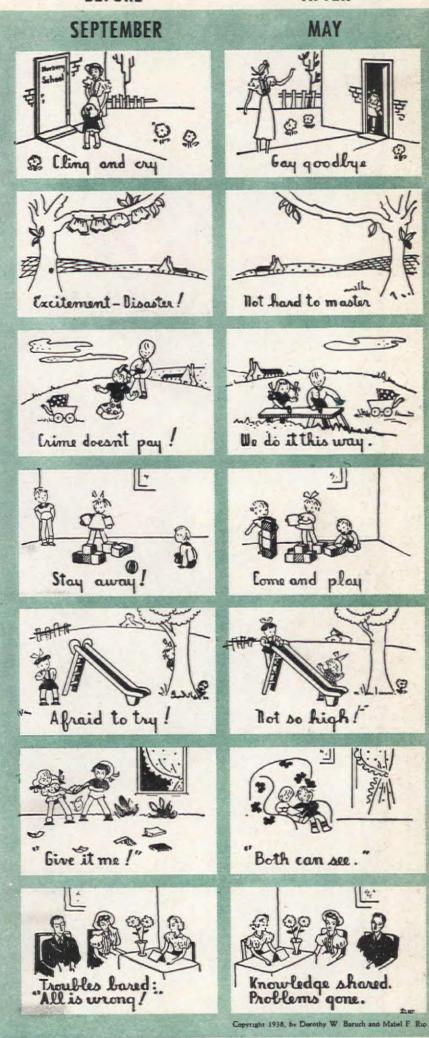
Homes are good, old-fashioned institutions, so are youngsters, and good manners, and good habits—of thrift and industry, neatness and thoroughness, integrity and reliability, unselfishness, modesty, and tolerance. Perhaps they, like some other old-fashioned things, have been "somewhat neglected in our modern times," as Mr. LaGuardia puts it. If so, now when the world is making a mighty effort to clean house and restore and preserve the best of its faiths and traditions, is a fine time to make sure that those particular virtues are no longer neglected.

But don't let the weight of the term "old-fashioned" throw us off balance. Haven't we, perhaps, in some respects, been inclined to glorify tradition at the expense of commonsense usefulness and efficiency? Of course we treasure our grandmothers' recipes—even though, in these rationed days, we may not be able to live up to them. But when endurance and stamina are the main objectives, modern nutrition knowledge and practice mean more than nuances of flavor. We can admire and enjoy antique furniture and period decorations; but well planned "functional" equipment better fits and serves these urgent, crowded, serious days. . . . And so, once again of ourselves we ask: How good are we at our own jobs?

At noon, the children serve themselves a hot lunch, scrape and stack their plates, and wait on the student teachers who share their tables. Are these school "mothers" more successful than we?



Nursery School BEFORE AFTER



Compare the results of a nursery school term as pictured in this chart with those of a full time course in the average home! Used by permission National Association for Nursery Education



From a painting by Edwyn Hunt

The original, presented by the artist to the Editor, bangs in the American Home offices Gloxinias

Chere Are All Kinds

HE secret of success with house plants is made up, to a great extent, of two factors. The first is a knowledge of the facts and requirements of plant life generally. The second may be either skillful selection of materials to fit a certain situation, or careful adaptation or modification of the situation to meet the needs of certain desired plant subjects. Fortunately, both these factors are under the indoor gardener's control. You may suspect the influence of one of those undefinable "green thumbs." But investigation will usually reveal either a deliberate, carefully planned system based on study, reading and observation, or a fortuitous, instinctive ability to "do things right"-which, come to think of it, may be an exceedingly good definition of "green thumb."

You must remember, first of all, that conditions in a dwelling (not a greenhouse) are unnatural, mostly contrary to what plants enjoy outdoors. Light, especially sunlight, is limited; the air is dry (modern air-conditioning helps here, of course); temperature is subject to wide extremes and great variation; and, wh.le there is little if any weed competition, cultivation of the soil and mulching (both important in the garden) are likely to be neglected. As to enemies, house plants are gratiivingly free from attacks by leaf-eating beeties and caterpillars, and destructive borers; but tiny sucking pests, like scale, mealy bug, red-spider, etc. are many and often abundant; moreover, indoor conditions favor their activities and multiplication. Given healthy plants to start with, you are unlikely to have much trouble with diseases; in most cases, the ills of house plants are the result of unfavorable growing conditions, such as improper watering (too much more often than too little), an arid atmosphere, insufficient ventilation and the presence of harmful gases, rather than of the fungous organisms and bacteria that plague you outdoors.

There are all kinds of house plants, but they fall into a conveniently small number of groups or categories, and one of the most important steps toward success is to classify properly those you are desirous of growing. According to one type of classification, there are: plants grown solely for their foliage; those attractive in foliage and also when they naturally and seasonably come into flower; and those which are forced into bloom, perhaps at some other time than their normal flowering season. Although a few flowering plants, such as begonias, fuchsias, etc. can be handled satisfactorily in partial shade, it is a basic truth that all of them need more direct light and sunshine than do the foliage plants-ferns, palms, Chinese evergreens (Aglaonema), and the familiar dracaena,



From a painting by Pauline W. Kruetzfeldt

of House Plants!

And here are some simple basic directions that will help you succeed with them

E. L. D. SEYMOUR, Horticultural Editor

aspidistra, etc.; an exception is coleus with its color leaves which needs lots of sun. Some succulents, cacti and other subjects, though usually treated as foliage plants, will flower under favorable conditions and should perhaps be included in all three of the above classes.

Another kind of grouping gives you: Bulbs, herbaceous plants (though indoors they do not fit the definition to the extent of dying down over winter), succulents (including cacti), vines, and woody plants or shrubs. This horticultural or botanical breakdown is especially

helpful in indicating cultural requirements, as is the separation of plants into groups according to the length of day they need in order to flower, as indicated by the season in which they normally come into bloom. Dahlias, chrysanthemums and other fall-blooming kinds, and also early spring-blooming sorts are "short-day" plants; those that brighten our midsummer gardens are "long-day" subjects. But many of our best house plants, like geraniums, African-violets, etc. are content to bloom pretty much anytime. Don't be too disappointed if lovely holi-



WINTER GARDENS are almost indifferent to their surroundings. These war workers of Baraboo (Wis.) U. S. O. Club are studying some made to rules surplied by the Sharea-Garden project of the National Catholic Community Service. All kinds of tiny woodland plants can be planted according to the plan shown in diagram: moss on bottom, stones for drainage, charcoal to sweeten, good soil or compost, more moss and plants.

WE FOILED OLD MAN WEATHER by bringing our garden in out of the rain which would be almost continuous in Florida for the next three months! I dreaded spending my days with our awful rented furniture, so I went to work on the screened sunroom. We built plant shelves across the south window; next in the southwest corner, a pool, first of coral rock and cement (which leaked) and then of an iron wash tub painted green and surrounded with rocks and soil to make a rock garden. Some ferns, cacti and a woodbine soon draped the rocks; lilies, goldfish and a little frog found by my daughter made the pool attractive and interesting, the flowering plants were bright and gay, and our garden room (for only \$7) became a heavenly spot, rain or shine.—CARLOTTA HAMILTON FISH



ARCOAL

IRIS indoors! My friend, Helen Field Fischer received a plant of I. tectorum (the roof iris of the Orient) too late one fall for garden planting, so she put it in a pot in her little cool greenhouse and forgot it, save for an occasional watering. About April 1, she was delighted to discover three gorgeous gold and lavender flowers open and lots of buds which kept the plant a thing of beauty and joy for many weeks, especially for me while I was in the hospital .- PANSY M. BARNES

day gift plants of azaleas, gardenias, roses, genistas and the like refuse to go on living in your house. Florist-grown, they are often so "greenhouse-minded" that you cannot reconcile them to such different conditions, though sometimes they prove quite adaptable.

Just as there are some almost foolproof old reliables, such as rubber plants, ferns of the Boston type, pandanus, begonias, paperwhite and other cluster-flowered narcissi, some begonias, and philodendron (well made terrariums or glass gardens also belong here), so there are not a few tricky subjects that it may be wise to leave alone until you gain experience. Yet sometimes they prove surprisingly tractable and successful. "Three years ago," writes Myrna Fisher, "knowing nothing about the care of house plants, I undertook to raise gloxinias from seed, bulbs and leaf cuttings because it has long seemed to me that the commoner plants have been overdone. Despite my ignorance, they brought me bliss from the time I transplanted my first seedling with a nail file until they rewarded me with gorgeous velvety blooms. An

array of these lovely plants on a window sill nearly takes one's breath away, and each specimen gets bigger and better as it grows older; and new plants can easily be started from the leaves. They bloom in early spring before any garden flowers appear, and for several weeks; and during the difficult days of midsummer and early winter they are resting in the basement."

As to soil, a good mixture is three fourths good loam and one fourth completely rotted manure. It can be lightened with a little sand and reinforced with a little bonemeal, but it need not be very rich; fertility can be added from time to time in the form of prepared plant food, dry or in solution. Suitable containers include old-fashioned porous clay pots; glazed, non-porous pots and jardinieres (use extra drainage material in these); tubs; window boxes, and fancy little pottery pieces for small cacti and succulents. Especially helpful, as Mrs. Josephine A. Norton reminds us, is a metal tray of pebbles or peat moss placed on radiator or table and kept partly full of water to supply moisture to the air of your heated room.

Kilmer Photos

FOR HOUSE PLANTS: Make a galvanized iron pan 4" deep to

\$mmmmmmmm fit the top of the radiator, or a table, in front of a south window. Cut it out with tinner's snips; bend and shape it over a heavy plank; rivet it and make the

corners watertight with liquid solder, and to prevent rusting, paint it inside (with asphaltum) and out. Put 2" of small stones (some growers like peat moss) in the bottom of the container to set the flower pots on, and keep enough water in the pan at all times to almost entirely cover the layer of stones.





page-the E. J. Enchelmayer home in Glenview, Illinois. Actually the design and execution of the house was a family affair. Mr. and Mrs. Enchelmayer designed the house while her father, Robert Mitchell, a builder, drew up the plan and saw to its erection. But, they modestly admit, they couldn't have done it without THE AMERICAN Home's help. We were the lone source of inspiration and are we proud to have helped!

Here's really a big, little house. Even the lot, which is just about average, has been so carefully landscaped that an air of spaciousness results. The low stone retaining yard with the clipped low hedges help a lot while the farm gates with their lamp posts

we find a play yard, garden, and fruit trees all clearly seen from the kitchen and dining alcove windows. This helps Mrs. Enchelmayer keep a constant watch on the active goings-on of her small daughter Dianne.

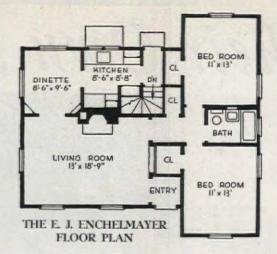
The general plan of the house itself is cleancut yet compact. Nowhere do you have a feeling of being cramped. For the well thought out arrangement, much credit goes to the owners themselves. All main rooms are on the first floor but an amplesized pine paneled rumpus room is located in the basement for play, games, and fun.

The living room walls are sand finished plaster enlivened by chintz draperies in rose and green floral patterns on a white



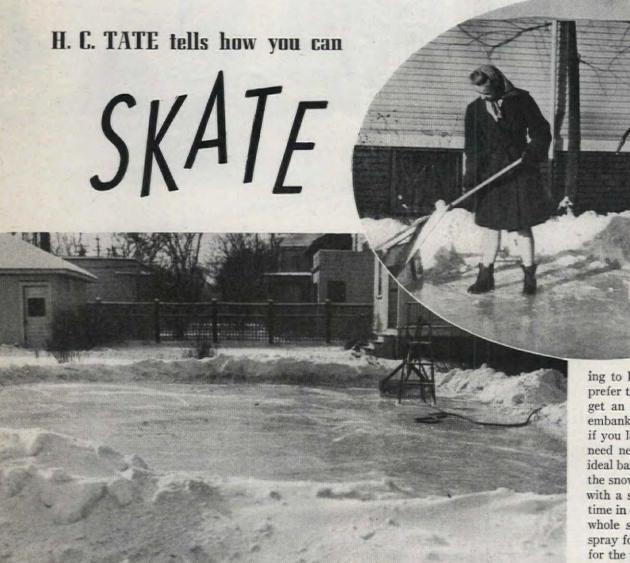
ground. This same rose tint is further used in the large broadloom rug and also in the upholstery of the various chairs and sofa forming the fireside group. Over the mantel is a huge mirror from ceiling to shelf which adds tremendous depth to the room. An atmosphere of warmth and cheer pervades the entire interior.

A small square dining room opens into the living room to the left of the fireplace. Built-in corner cupboards provide space for china and glass in two corners. These cupboards are lined in gray blue, matching the blue chintz window curtains. A small French provincial refectory with ladder back chairs form an inviting dining group. The long, narrow kitchen is completely up-to-date and efficient in layout. Steel cabinets above and below the wide double sink were furnished by the St. Charles Manufacturing Company. Here the cottage



type curtains are white with red cherry ruffles.

For the master bedroom the Enchelmayers selected blue striped wallpaper and a blue broadloom rug to match. The furniture is of blond mahogany. Across the hall is Dianne's room with its gay nursery paper and crisp white dotted swiss curtains. Dianne has her own maple toy chest, youth bed, and chest of drawers, just the kind of furniture she'll be able to use for years to come. The game room with its Ponderoso pine paneled walls is where the family gathers its friends about them for informal parties so much a part of home life today. This room boasts a fireplace, just the reason why wiener and marshmallow roasts are a MUST at all gatherings. The Enchelmayers' house may be small; its size. however, cannot be measured in feet and inches. We're happy to have been helpful.



in Your Own Back Yard!

HAT do you need for a skating rink at home? Temperatures consistently and substantially below 32 deg. F.; a water supply and garden hose; a plot of ground, and plenty of patience. The cost? Merely that of the extra water used. One family had four months of skating last winter and the water bill was only \$6 more than usual. Select for your rink a level plot

preferably on the north side of a building out of the reach of the sun on occasional warm days. It can be of any size but, as in gardening, better start on a modest scale. Water will freeze faster on concrete, but also melt faster. Ice has better quality and more endurance if the rink is made over sod, and the turf is not damaged by the winter ice coating. On grass, you will need a board curb-

ing to keep the water where you want it. If you prefer to use part of the vegetable garden, you can get an early start by throwing up a 6 in. earth embankment around it in place of the boards. But if you live where there is plenty of snow, you will need neither boards nor earth as snow makes an ideal base as well as embankment material. Moisten the snow thoroughly, level it off and pack it firmly with a shovel or the lawn roller, then-take your time in making the ice. Apply a light mist until the whole surface is well coated; a good plan is to spray for 15 or 20 minutes, then wait equally long for the water to freeze. Don't use a forceful spray hoping to do the job more quickly. It will simply melt the ice coating, let the water seep into the soil, and get you nowhere. A homemade squeegee will help smooth the freezing water and make a good skating surface, but it may take several days to get the ice in perfect shape. A winter thaw may oblige you to start all over again. But once the rink is finished, you'll agree it was well worth the effort.

With a back yard rink there is no danger of breaking through the ice. It's close at hand, where one can dash into the house to warm tingling fingers and toes or get a hot drink. There are no long trudges or tiresome bus rides; children can be tucked into bed a few minutes after the fun is over. It helps make the home the center of happy doings.



BITUMINOUS coal is America's No. 1 source of power and heat, so you can easily see how important it is to our successful conduct of the war.

You may be surprised to know that coal develops more power — pulls more trains — warms more homes—turns more wheels—generates more light than any other fuel, and does it at lower cost.

But the men who own and operate the mines are keenly aware of these facts—and of the responsibilities that go with them.

That is why, during the lean years of the thirties, they dug down in their pockets to launch a modernization program. Thanks to that job, more coal was produced in 1942 than ever before in history, despite the loss of some 70,000 trained workers to the armed forces and other war plants.

And again in the first 7 months of 1943, America's bituminous coal industry managed to beat all previous records for a like period.

Make no mistake about it, the men who made these records are working shoulder to shoulder with all American industry, keenly aware of their obligations as citizens, as employers, and as suppliers of the fuel that is "public energy No. 1."

BACK THE ATTACK . WITH WAR BONDS

BITUMINOUS COAL Institute

60 East 42nd Street

New York 17, N. Y.



A portable sewing box with drop shelf

and easy swinging drawer. It can be carried wherever you happen to need your sewing. The busy housewife will find it convenient

Adapted by Walter G. Given

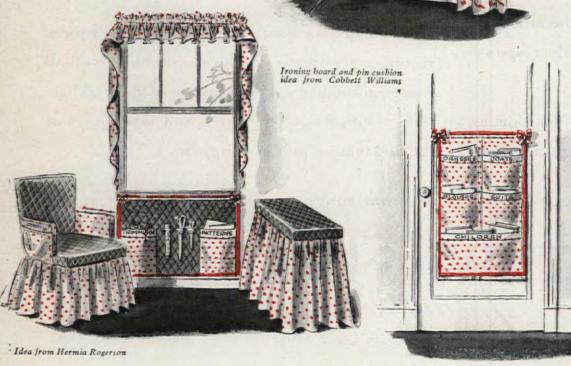


OULDN'T it be wonderful to have that sewing room you've always dreamed about? It would be sunny, and so very convenient, with everything in a special place. Yes, it's fun to plan, but space is precious these days, and that dream will have to be put off "for the duration!" Until then there are lots of things you can do to satisfy that urge to have a neat and complete sewing room. Why not take over a corner of the living room or guest room and devote it to your sewing materials? Or plan to have a sewing box that really is efficient, like the one at

seed a SEWING ROOM?

Above is a complete sewing cabinet that does triple duty. It's a sewing kit and table when open; presto it becomes a neat and compact chest. The legs fold under, the table surface drops against the side of cabinet. Underneath there is storage space. The draperies hide awkward ironing and sleeve board (right)

the top of the page. This folds up neatly and can slip in the back of closet until you're ready to use it. Then there's the larger chest with a convertible cutting table, and lots of storage room in the back. For objects that aren't so easy to put away, why not try camouflage, like hiding the ironing board behind one draperywith no one to suspect its hiding place. Or go "all-out" for a sewing corner. Make a slip cover for your sewing machine and have a chair to match with large pockets at the sides to hold patterns. Your necessary utensils go in a quilted case convenient for pins and needles. Or hang a pocketed storage unit on the back of a door. For a gay bright touch hold back your draperies with red heart pin cushions!



A sewing corner takes the place of a sewing room if you need and make it workable. The gay chintz chair has pockets as do the cases on the door and below window. Hide your sewing machine under a feminine slip cover





ALWAYS love me, they said . . . always remember. And, as time went on, the young bride became a mother, grew older, wove the fabric of her life around her husband's, cherishing with him the laughter, the tenderness, the heartaches of their devoted little family.

And when the time of fatal parting came, a sprig of fading forget-me-nots was for her a tender symbol—there was so much to remember. His goodness. His care. His loving *foresight*, which provided for her even now. A carefully planned program of Prudential life insurance eased the financial strain of doctor's bills and final expenses,

and provided, too, a steady, if modest, income for her years of adjustment . . . with enough more to help the children prepare for *their* place in life.

Life insurance is a husband's best assurance that his loved ones will be saved the difficulties of sudden want.

An important part of life insurance is the sense of security it brings. The Prudential since 1875 has become synonymous with dependable service and impregnable strength. There is a friendly Prudential representative in your neighborhood who

stands ready to help you toward a happier feeling of preparedness.

BUY WAR SAVINGS STAMPS FROM YOUR PRUDENTIAL AGENT

The PRUDENTIAL

INSURANCE COMPANY OF AMERICA

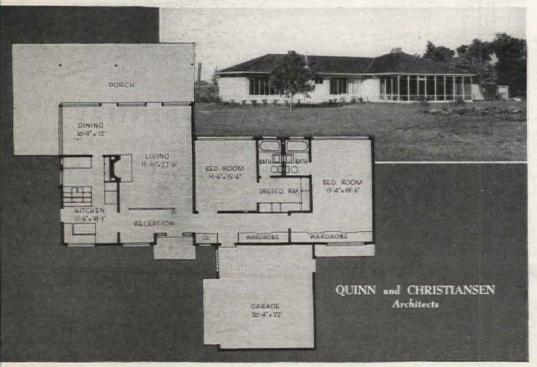


A Mutual Company

HOME OFFICE: NEWARK, NEW JERSEY



ENTRANCE COURT OF THE GLENVIEW, ILLINOIS, HOME OF LIEUTENANT COLONEL AND MRS. E. M. HARTLETT



HEN Lieutenant Colonel E. M. Hartlett returns home from his duties as
state medical officer for Selective Service,
he finds awaiting him a great deal of the discipline
and order so often associated with the military. This
is not surprising, for the Hartletts designed and
planned their house with a definite idea as to its
proper function. Having lived in old fashioned
buildings with their many irritations, they knew
exactly what they didn't want. Times were changing, methods of living were taking definite new
trends, so these intrepid folk wisely decided that their
new home should be able to meet these new challenges logically, a definite part of modern America.

So we find a house efficiently planned, clean of line, homelike and comfortable—yet as thoroughly modern as a P-38. Here is a true maidless house, built entirely on one floor—a complete joy to the woman doing her own housework. The plan is particularly intriguing. Placed on the lot at a 25° angle west of south, maximum sunlight floods the rooms during the cold winter months while welcome



ANOTHER VIEW OF THE LIVING ROOM IN OUR COVER HOUSE EXPRESSES THE SAME UP-TO-DATE WARMTH AND COMFORT

shade is available when summer arrives. Letting the warm sun's rays do their share toward heating the house has proved an important fuel saver. One wall of the spacious L-shaped living-dining room is completely of glass from floor to ceiling giving an uninterrupted view of the Hartlett garden. Again, to add to the spaciousness of these rooms, the entrance foyer has been eliminated and a glass wall of Louvrex greets you upon entering the front door. While describing the living-dining room, perhaps a word is in order concerning the colors and furnishings which add much to its comfortable, homelike atmosphere. One wall is painted a restful blue while the others are papered in oak leaf design of white and beige on a pale blue ground. Floors are of natural red oak Bruce blocks. The semi-rustic fireplace, built of flagstone, is quite reminiscent of a country lodge and does much toward giving an informal appearance to the room. The rug, large and square in shape, is of natural colored Tex-Tred. Rust and gray used as upholstery add liveliness to the general scene. Most of the furniture is modern in design and of bleached mahogany. A gold cloth curtain between the living and dining areas can be drawn



Willming photographs



SHORT SHORTENING STORY:

ONE TABLESPOON!

TENDER, golden muffins . . . crispy biscuits with fluffy insides-each batch made with just one level tablespoon of shortening.

That's a point-saving miracle you have to taste to believe. And the credit goes to Swans Down!

Ordinary flours just can't take that shortening cut and still keep you proud of your baking. Swans Down can! That's because Swans Down is a soft-gluten flour . . . silky . . . fine-milled. You've seen how much difference Swans Down makes in cakes-now see it give the same superfine texture and lightness in quick breads!

Remember - Swans Down makes these ration recipes work wonders! Be from Missouri and test Swans Down against ordinary flour in the muffin recipe given here. You'll be startled to see just how much better Swans Down results are! (It's the same with the short-shortening biscuit recipe, which you'll find in Swans Down's new booklet.)



11/2 cups sifted Swans Down Cake Flour 2 teaspoons Calumet Baking Powder 2 tablespoons sugar

½ teaspoon salt 1 egg, beaten until thick and fluffy 1/2 cup milk

1 tablespoon shortening, melted

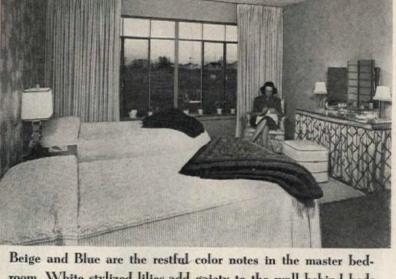
Sift flour once, measure, add baking powder, sugar, and salt, and sift again. Add egg, milk, and melted shortening; then stir only enough to dampen all

City_ Good in U.S.A. only

flour. Bake in greased muffin pans in hot oven (425° F.) 22 minutes, or until done. Makes 8 large muffins. (All measurements are level.)

Send today for Swans Down's new Ration-Recipe Booklet! Cakes! Other Desserts! Biscuits! Muffins! Waffles! Pancakes!

MAIL THIS COUPON	1
Send 6¢ for timely new wartime recipe book GENERAL FOODS, Dept. A. H. 11-43, BATTLE CREEK, MICH.	
Please send me "How to Bake by the Ration Book"—new Swans I recipes for cakes, other desserts, quick breads! I enclose 6¢ in sta	
Name	
Street	CA



room. White stylized lilies add gaiety to the wall behind beds

when complete privacy is desired.

The efficient kitchen which follows a General Electric pattern is divided into two parts. The working portion, a thoroughly built-in affair, leads into an informal dining space consisting of a long Lshaped bench in ivory leather and an oblong red topped table.

Just off the two bedrooms we find a long hallway completely lined on one side with storage closets. These are of birch with sliding doors, making every inch of the closets useful.

The dressing room is Lieutenant Colonel Hartlett's pride and joy. Here we find closets, drawers and storage space where everything can be kept in apple pie order behind birch doors. Each bedroom has its own bath. Another feature of these rooms is the same wall-towall steel Fenestra window sash which brings the garden right into the cheerful rooms themselves.

An oversize screen porch and two car garage complete the floor plan. It is a house, compact yet generous in size taking complete advantage of the most advanced. modern methods of planning today.

The exterior is low and horizontal in pattern. This effect is further emphasized by the use of clapboard on all walls. At either side of the entrance door we find vertical sections of glass brick. The low sloping, heavy overhanging roof is of cedar shingles. Insulation throughout is of balsam wool. By means of a gas fired heater, warm air is utilized for heating purposes. Foundations of poured concrete were built to extend just below frost line. RUTH W. LEE



Mrs. Hartlett prepares breakfast for her teen-age daughter Dorothy in the modern kitchen dining alcove of their home



Bill's quarter will save 2000 lives

Just a few minutes after you finish reading this, a small boy named Bill will walk into the Post Office of your home town.

He'll have a quarter clutched in his hand. He's going to put that quarter where it'll do a lot of good.

He's going to buy a War Stamp.

You say, perhaps, that 25c can't make much difference in a world-wide war. We say, little things can do a big job. Bill's quarter is going to become a tiny valve, essential to the flight of a bomber.

And that bomber, with Bill's valve pulsing away, will take off on a mission over a certain Nazi city, and drop its bombs precisely where they'll have the best effect. In fact, that single bombing mission will shorten this war by an entire day, thanks to Bill. Confidence such as his doesn't go unrewarded. 2,000 men died on the last day of World War I. Anything which brings Victory closer will save lives this time.

War Stamps, and War Bonds, in small and large denominations, save lives, win battles, and will hasten the return of Peace.

Money is a little thing beside the life of a fighting man. You can help save the life of a fighting man.

Protect what you have! Put every possible penny into War Stamps and Bonds . . . and then buy more of them.

Bill will. Will you?



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OLDEST AMERICAN FIRE AND MARINE INSURANCE COMPANY * FOUNDED 1792 * CAPITAL \$12,000,000

Combined juices of all these vegetables



Make the flavor of stimulating Hot V-8



As deliciously appetizing as Cold V-8



That's what makes V-8 so good! The fresh juices are pressed when V-8's selected vegetables are at their ripened best. The natural tang and zest of these juices are blended in inspired proportions to give V-8 its distinctive, satisfying, complete flavor—there's a mere pinch of seasoning included. V-8 is pasteurized (not cooked) and contains Vitamins A, B and C, calcium and iron. So—for a festive holiday note—for good food every day—serve V-8, hot or cold, before or with meals and remember V-8's grand with "snacks"!

Juices of Celery, Lettuce, Beets, Carrots, Tomat Spinach, Parsley and Watercress,

Deliciously Combined

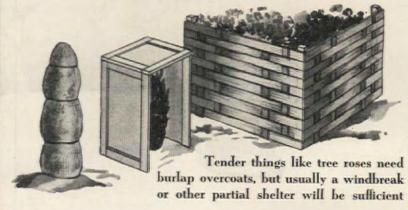
Order V-8 from your food store—enjoy V-8 at fountains and restaurants. Write for Booklet of V-8 recipes to Standard Brands Incorporated, Loudon Division, Terre Haute, Indiana.

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Put It to Bed



INTER is a trying time in almost any garden, almost anywhere. Some of the conditions that may threaten the welfare of the plant population and cause real horticultural heartbreaks are: severe cold (though this is ordinarily less injurious than many suppose); strong winds, which may do damage both by their force and by their drying effect, especially after a dry fall; brilliant sunshine acting on the bark of exposed or newly planted trees; excessive loads of snow or ice, especially the sheathing of branches during sleet storms; alternating periods of high and low temperature, with



a resulting thawing and freezing of bare soil and the "heaving" of herbaceous plants growing in it, and the washing of exposed soil on slopes during heavy rains. Since here, too, prevention is far more effective and satisfying than most attempts to remedy damage done, the wise gardener is he who prepares for what may happen before any injury occurs. Protective operations may consist mainly of providing additional shelter or covering for subjects of questionable hardiness, or they may include preliminary modification of basic conditions, such as fall irrigation to put more moisture into the soil, the sowing of cover crops to prevent erosion, or even the planting of permanent windbreaks and shelterbelts as barriers against prevailing winds.

Protection by mulching is, perhaps, the simplest and most routine method of preparing for winter. So, as soon as the ground is frozen, make it a point to cover at least your most tender and choicest perennials with several inches of straw, evergreen branches, salt-marsh hay, or leaves that are tough and enduring, such as oak and poplar. Materials definitely to avoid (but often used by ill-advised beginners because they are easily had) include maple leaves and hay. The former soon become water-soaked and form a heavy, soggy mat which not only is poor



An earth covering suits roses; lay tender climbers down first



Civil Air Patrol pilots are continually patrolling the skies, and with keen eyes are searching the earth and the waters below. They spot forest fires. They sight submarines. They locate salvage. Anything that appears strange or unusual is reported by them. Fully ten per cent of our volunteer Civil Air Patrol pilots are women, who willingly and capably perform what was once supposed to be "man's work." They are doing it because it is a vital wartime service to America, and because it releases their brother pilots for service on fighting fronts where every additional fighting unit hastens the day of victory. In this war of movement and mechanism, the women pilots of the CAP are performing a brave, patriotic duty. We at Norge, completely in war work, pay tribute to the women of the Civil Air Patrol . . . and to all other American women who are now voluntarily serving both home and country. NORGE DIVISION, BORG-WARNER CORPORATION, DETROIT 26, MICH.

NORGE HOUSEHOLD APPLIANCES

* A BORG-WARNER INDUSTRY *



The latest Norge refrigerators are equipped with an exclusive device which acts as a "night patrol" too. It is called the NIGHT WATCH and it automatically defrosts the refrigerator each night, thus eliminating work and providing maximum protection for refrigerated food.

Norge distributors and dealers carry on. If you need Norge service, see your nearest Norge dealer. He can do much toward helping your Norge give you first-class service for the duration of the war.





"For outstanding production of war materials" the men and women of Norge were awarded the Army and Navy "E" flag. This twin .50-caliber machine gun turret is one of many items produced by Norge.

NORGE-only pre-war producer of a complete line of

ROLLATOR REFRIGERATORS . . . ELECTRIC RANGES WASHERS . . . GAS RANGES . . . HOME HEATERS COMMERCIAL REFRIGERATION

WHEN IT'S OVER-SEE NORGE BEFORE YOU BUY IN THE MEANTIME BUY MORE WAR BONDS

Up to your neck in the war effort?



So is Bigelow





A soft, two-tone Bigelow rug is a lovely background for bright, modern colors

But it's fun to plan



Big plans for your future home? So has Bigelow. Simple furnishings will need important rugs... ahead luxurious textures, exciting designs, bright colors. Bigelow will have them in the fine, long-wearing grade of carpet you know as Bigelow BEAUVAIS.

Powder-ene dry-



cleans rugs at home Now you can dry-clean your rugs at home. Simply brush on rugs at home. Let stand. Vacuum Powder-ene. Let stand. Vacuum off. No liquid. No suds. It's easy, economical and safe. For FREE booklet on rug care, write Bigelow Weavers, care, write Bigelow Ave., Dept. 113A, 140 Madison Ave., New York 16, N. Y.

Copr. 1943, Bigelow-Sanford Carpet Co., Inc. BIGELOW WEAVERS Fine rugs and carpets since 1825

insulation but also tends to cause heating and rotting of the plants beneath. Hay is almost certain to contain weed seeds (even good grass is a weed in a garden bed or border) that will lead to seemingly endless hours of weeding later on; salt hay is not open to this objection. When leaves are used, whatever the kind, it is advisable to mix brush or twigs in among them to keep them loose and open and permit some circulation of air.

Glass wool has been tried and found very satisfactory, especially for perennials in which a leafy crown persists over winter, and for young plants in coldframes; it does not pack down, it permits moisture and air to pass through it and also a certain amount of light which prevents that pale, drawn appearance often observed in perennials when uncovered in the spring. For the duration, however, this product will not be available in quantity. Another good material, if you can get it, is cranberry tops which are now sold by the bale by some nurseries and garden supply houses. The tangled, wiry stems provide good insulation, keep the soil frozen and thereby prevent heaving, do not mat down, do not harbor rodents, insect pests or plant diseases, and can be picked up in the spring and saved for later use.

Roses-except native and knownto-be-hardy bush types-should be protected throughout much of the north temperate region and, of course, in localities of greater severity. Take your tender climbers down off their trellises, lay them on the ground and cover them with earth. Bank up your hybrid teas and other bedding roses with eight or ten inches of soil and, when it is frozen over, cover it with several inches of manure or one of the mulching materials already mentioned. If they are left uncovered, injury will commence when the mercury gets down around zero and become progressively worse as it drops lower, with even the hardier varieties, like Radiance and Frau Karl Druschki, likely to suffer. Also, in the case of climbers, evidence of winter injury may not become apparent until several weeks after growth starts, when it is likely to be mistaken for some other trouble. In recent years, many gardeners have been turning to the old practice of digging up and burying their hybrid teas over winter. If you want to try this effective but rather laborious method, dig the plants out entirely, tie their branches together and place them closely together, upright or nearly so, in a hole dug in a well-drained



IF you've never been dive-bombed, then you don't know how your nose and your trigger finger itch-when some peanut-face in a Zero starts huntin' you upan' he can't find you through the phoney foliage!

"And all the while, like a magic veil, there's only lace net camouflage protecting our position... Making us look like just another piece of a South Pacific Isle.

"This lace net we have out here isn't like the curtains Mom used to have . . . 'Member how proud she always was every time she bought new Scranton Craftspuns*? No matter how often they were washed, they always looked new to methat tied-in-place weave or something held them together . . . strong as steel. But those new Scranton patterns, they used to get her.

"Guess Mom wouldn't have much use for our net 'curtains.' But since, most likely, she can't have new ones this year, I'll bet she's glad in her heart . . . glad she's helpin' us do our disappearing actright under Tojo's nose!"

Today, the same looms that created lovely Scranton Craftspun Curtains and Lace Dinner Cloths are weaving "maps"—camouflage nets—to help keep our fighting men safe. Today, Scranton's skilled craftsmen are also making parachutes—products of war! Why not help, too? Buy War Bonds if you can't get the curtains you want. War Bonds are changing lots of maps, too, these days!

Reg. U. S. Pat. Off.

Craftspun Curtains "The NET of them ALL"



much care are you giving your rugs now, to be sure they'll last? Remember, they're precious—good rugs and carpets are worth protecting.

save rugs, turn them around every 3 to 6 months to distribute the wear. Change furniture, too, so lines of "traffic" are changed. Be sure your rugs are clean...and watch for moths.

care for

even your oldest rugs before it is too late. Circle Tread Ozite Cushions will make them feel luxuriously new... prolonging their life amazingly. And the Circle Tread Ozite will still be good for new rugs later.

rugs

worth using are worth

Circle Tread Ozite. The cost is more than repaid by extra wear plus a softness that enriches your entire home. Look now—have you any unprotected rugs? Then order Circle Tread Ozite today. Be sure you get the genuine.



CIRCLE TREAD

OZITERUG CUSHION



spot. Fill soil in around them, and for a foot or so over them, and leave them until early spring, when you dig them up again and set them out as if they were new plants. Many feel that this saves more roses than the hilling-up method and, though it does delay flowering for a week or so, it allows you to work additional manure or fertilizer deep into the soil where it is of most value before replanting in the spring.

Rhododendrons, mountain-laurel and other broad-leaved evergreens in exposed situations, and choice conifers, too, especially if planted late in the season, deserve protection. In their case it is less the cold that may injure them than the sun and wind which often draw moisture from the leaves faster than the roots can take it up; the result is a "burning" of the foliage, even if nothing worse. This is where screens or shields come in handy, the best style and material depending largely on local conditions. Evergreen boughs (pine, spruce, or hemlock) propped on the windward side and braced or tied in place are good, but the suburban dweller usually finds boards or burlap tacked or tied to simple supports much easier to provide. Old packing cases, crates, or fruit boxes with one or two sides and one end knocked out make excellent shelters for small plants. Commercially made screens, some of burlap and others of broad wooden strips woven into uprights to make a sort of checkerboard pattern, are seen in some gardens.

Fall-planted deciduous shade trees are sometimes injured by winter sun or wind, especially when taken from thickly grown nursery rows. To prevent this, wind strips of burlap, heavy paper or similar material around the trunks in a spiral fashion, starting at the top so that the overlaps will permit moisture to seep in to the bark. Be sure that such trees are properly staked or otherwise supported with wires (run through pieces of old hose where they circle trunk or branches) so they will not sway in the wind and break or pull loose the newly formed roots.

If water tends to settle in your perennial border and around your plants it is almost sure to cause rotting, so dig shallow ditches to carry it off. These can empty into rough ground or into a "blind well" (a hole containing a keg or barrel filled with stones). We used to be told to mulch the strawberry bed after the ground froze. Recent investigations indicate that this may lead to much root damage, so cover the bed lightly before frost.



A few luxury features—some extra colors, wide bindings, oversizes—have been discontinued. But you can still buy fine quality. Chatham's Airloom, for instance, is exactly the same quality—at the same price—as it was two years ago!

Can I get new blankets now? Yes. You can get fine new Chathams in four lovely shades: Rose, Blue, Green, Cedar. And all Chathams are the maximum size allowed by W. P. B.—72" x 84". But because making blankets for the armed forces must always come first, civilian supplies will continue to be limited.

How can I be sure I'm getting good value? Get Chatham and be guided by the famous Chatham Informative Label. It gives you the facts about size, weight, durability, warmth, colorfastness, shrinkage and proper care. See Chatham's Sutton, Airloom, Woolwich—each your best blanket buy for what you pay. From around \$6.00 to \$12.00.





gayly rimmed jelly labels told me that the package was from my little eighty-year-old Aunt Sally.

Unearthing from its nest of carefully balled-up and wadded newspapers was the ecstatic dream of my childhood, Aunt Sally's "Moon-and-Star" berry bowl. With childish nostalgia I was carried back to Aunt Sally's quaint old kitchen-press, where I had so wonderingly watched the sunbeams tangling and gleaming in its planes and prisms, with sometimes miniature rainbows scurrying through a crystal moon into a star.

"Land sakes, it's as old as the hills now," Aunt Sally would elucidate to my utter delight, telling the neverold story of the swarthy peddler who spoke broken English and of his white horse who wore a tinkling bell

Forgetting to take off her cook-apron she would rush out to the crimson and silver peddler's wagon chuck full of sparkling glass and flower-sprigged china.

"It was quite a decision to make," Aunt Sally would say with an even yet seriousness, "as in those days the tone of one's table established one's social standing or betrayed one's lack of raising." The dark peddler, Aunt Sally would tell me, looked wearily off as far as Spain, as she took her time, fingering over her choice, determined for all her admitted "glassy weakness" not to be tricked-out into patterns that were all-show, flash and garnish. She would not be beguiled by rick-rack and picot edgings, scallops and crimpings, no more practical than fancy icing on a cake, fairy flutings of glass that only rested like sand in the bottom of the dish-pan.

"So I chose the 'Moon-and-Star' for its 'quiet glitter'," sighed Aunt Sally, somewhat regretfully, "as it was the kind of glass that kept its complexion. It never accumulated mist, tinge or grayness, no matter how long it was in-between dustings." And here Aunt Sally told me that any woman worth her salt knew that glass must be polished to a burnish with a soft lintless cloth kept as a special "glass shammy." This, mind you, after it had already been twice-dried with utmost care.

Tenderly placing the treasure on the table, remembering Aunt Sally's admonishments that it was "slippery as an eel," I was again captivated with the serene splendor of its design. I was again asking Aunt Sally questions, "was it a dog-star that had been captured in the deep crystal, a shooting star or a morning star?" To which Aunt Sally replied without hesitation, "No, it's a pure American star."

The symbolic beauty, as pure American as the stars on our flag, determined me to seek and collect the illusive "Moon-and-Star." I had never expected to become a collector. Pawing over grimy old knick-knacks in some dimlighted attic or barn was not to my streamlined way of thinking, but the thought of clutching more stars to my breast thereon made me an inveterate and high-hearted collector.

The "Moon-and-Star" pattern, of pressed

Fat-bellied cruet, spiral handled cream and water pitchers vie with unusual lamps in being rare discoveries





glass was originally called the "Palace" pattern, made by only one firm, Adams & Co. of Pittsburgh. The classical smooth moulding of this glass, its full-size and lusty English massiveness made it of great demand. Because of its quality and durability it was shipped all over the United States as well as to South America and Cuba. I was not surprised, as it happened, when I found reposing in a fashionable Prado shop in Havana a great resplendent

covered compote. The lids of the "Moonand-Star" particularly appeal to me. There is no awkward, cumbersome inside rim, but all covers become part of the running design of the bowl, as carefully fitting as the interlocking of jeweled brooches.

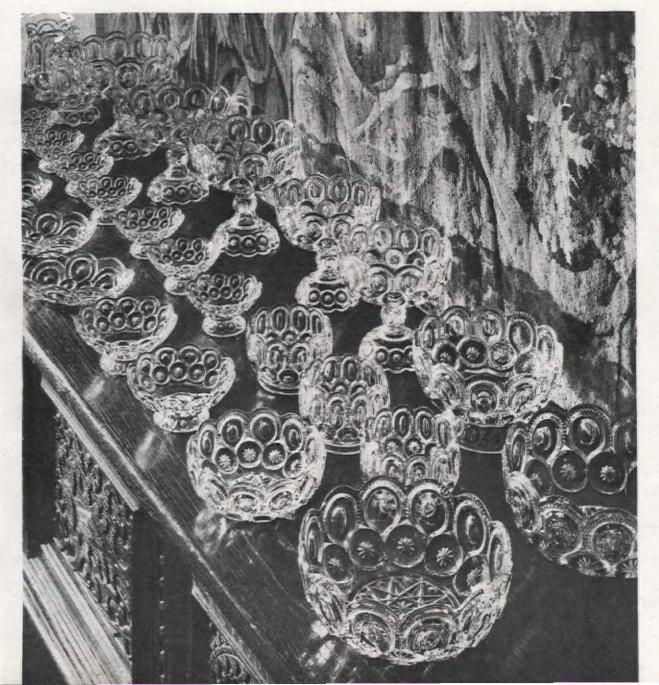
The fact that Abraham Lincoln used a complete set of "Moon-and-Star" as his favorite White House table service appealed

to my enthusiasm as a collector. As far as my research extends the largest privately owned collection of "Moon-and-Star" is that of band-leader, Franco Goldman. It was with a twitch of collector's envy that I viewed such extinct pieces as egg-cups, of which he possesses a full dozen, as well as a brace of salt and pepper shakers.

Another reverent collector of "Moon-and-Star" is Kate Smith, who says she can never resist, when drinking free water from the capacious bowl of a starencrusted goblet, of saying, "God Bless America."

As an inexperienced collector I scorned all pieces that were not of perfection. This I learned from a reputable dealer was a mistake, as an age crack, or chip does not devaluate a piece which may never be found again. It is with a painful twinge that I now pass gift-window cottages with shelves of old American glass sparkling in the sunshine, as my reputable dealer gave me the sage advice that the sun and light is ruinous to precious old glass as are also moisture and

No simple service this! Well might a bewigged Colonial host have ladled brandy sillybub from the tall covered "Moon-and-Star" punch bowl while white-haired Negro butlers passed sugared pound cake on gleaming cake plates



DON'T WASH FORKS AND SPOONS WHERE

SEWER GERMS

ARE THRIVING ONLY TWO INCHES AWAY



2 INCHES FROM WHERE YOUR FORK DROPS IN THE SINK — YOUR DRAIN IS ALIVE WITH SEWER GERMS!





NEW SINK? OLD SINK? BOTH ARE FAVORITE BREEDING PLACES FOR THE KIND OF GERMS THAT LIVE IN SEWERS, TESTS SHOW *



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SAVE YOUR WASTE KITCHEN GREASE
It's needed to make explosives!

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NEVER OVER 25 4 AT ANY DRUG, GROCERY, OR HARDWARE STORE.

OPENS CLOGGED DRAINS-KEEPS DRAINS CLEAN

opr. 1943 The Drackett

check, lose its luster by turning a slight purplish tinge.

If you are modern-minded as far as decoration goes and want no affectation, "no prunes and prisms" as was Aunt Sally's word for it, then the polish and the gloss, the velvet softness of the sturdy old "Moon-and-Star" will be right down your alley. It has the unaffected solidness of our modern-day crystal and is ideally suited to any scale of decoration in any home.

I recently discovered that a reproduction of the "Moon-and-Star" was being manufactured. To my now trained collector's eye the copy was obvious. The swell of the fullbellied goblets, lusty old compotes and broad cake-stands was not so generous in proportion, nor so lushly over-sized, nor did the glass itself have quite "the complexion" of the original. But there was the great big star and the dazzle of the deep moons and I thought of how good it was for more American "Moon-and-Stars" to be finding their way over mountains and prairies, to perhaps be shipped again to other deplenished homes, its old design to again grace the table of other young American families in every state.

I glow with pride when I think that seven states and two foreign countries have yielded the beautiful specimens of my hundred and fifty pieces of "Moon-and-Star." Between the lid and the bowl there would sometimes be the vain wait of five years. Sometimes from the auction of a sad old farm house I would redeem one of my glittering treasures and carry it off.

Information on "Moon-and-Star" is scanty. One authority on early American pressed glass devotes in her book a mere page to the telling of a few meager details. Searching for data I wrote the Metropolitan and Henry Ford Museums with little or no results. Glassblowing, one of America's first industries, was established under great difficulties in 1608 in Jamestown, Va., by our English forefathers. This art, handed down from father to son, is fast disappearing and likely to become extinct. Few records were kept in those early days, which probably accounts now for the dearth of information. Today the same methods and the same tools are used as in the early manufacturing of glass. Besides essential ingredients, the requirements are a pot in which to melt raw materials, fuel for the necessary heat, a furnace to concentrate this heat, tools to remove the glass and form the desired

Will your car limp through the war



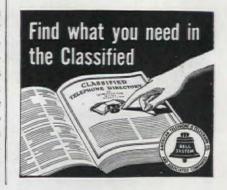
Or come through with flying colors?



The Classified

section of the telephone book can help your car. It tells where to go for service — motor upkeep, lubrication, brake adjustment, tire retreading, body and fender repairs.

"Look it up in the Classified" is a good rule for keeping your electrical appliances and your heating plant, too, in good shape for the duration.



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1. WHEN JOHNNY comes marching home for one of mom's swell Thanksgiving dinners he'll find plenty of fresh food that's plenty fresh in this new kind of refrigerator! For Coolerator preserves the natural goodness and flavor of perishable foods.

2. AND HERE'S WHY
—Washed, humidified, constantly cold
air circulates through
the food chamber.
Using ice in a new
way, Coolerator
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3. NOW SEE how roomy this beautiful new Coolerator is! It's full family size—and you always have plenty of pure, crystal-clear, tasteree ice for beverages and salads.



4. BEST SURPRISE of all is the price—only \$72.75 f. o. b. Duluth. Coolerator's lustrous white cabinet is easy to keep clean—a wipe with a damp cloth does the trick. And, because there's nothing to get out of order, you never have repair bills! Although busy with war work, Coolerator has additional capacity for making this new refrigerator which fully meets

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WPB requirements.
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dealer, or ice company, or write the
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shapes. The first glass was made under the supervision of Christopher Newport, secondly under the ever-watchful eye of that old hero, Captain John Smith!

Streamlined, as heavy as modern-day crystal, the sheer beauty of "Moon-and-Star" has withstood the vagaries of time. The large geometric star in the bottom of the berry bowl with its interspersing smaller stars in large moons, the edge finishing in over-size plain scallops, is a never-tiring design. Its strong appeal which lasted throughout my childhood has grown, down through the years.

Goblets and champagne glasses are singularly plain around their tops, the classic design beginning half-way down the bowl of the glass with small moonless stars scattered over the firm round base. The water-set consists of the generous sized pitcher and a bowl which rest on a flaring plate.

If a desire to collect "Moon-and-Star" glass comes over you, do not be discouraged as there still remains many desirable examples waiting to be "picked up." Perhaps a complete table service would be difficult to obtain and take too many years, but a compote or cakestand or a few of the many different sized bowls would give the pleasure of possession, of owning something of beauty and distinction as well as conversational value. Men seem especially interested and captivated by the handsomeness of "Moon-and-Star" glass and will invariably pick up a goblet when at my table and discuss its origin and comment on its lustrousness.

Embryo Collector, my advice to you is to place yourself in the hands of one or two reputable dealers in old glass who know the field and market. They have their scouts who know the good from the spurious, who, like the "drummers" of old, travel round the country bringing their "finds" to the dealers to pass upon, who in turn will get in touch with you. This method uniquely simplifies collecting in this day when the joy of hunting funny little antique shops tucked away in barns and garages round the country-side, is restricted. Early in my collecting, I was fortunate in having Gertrude Speenburgh, an up-state antique dealer, who also is a collector of "Moonand-Star" help me. Her untiring aid, careful guidance and diligent search have enabled me to add many rare specimens to my collection. It was Mrs. Speenburgh who furnished more pieces for the Franco Goldman collection than

ONE WAY TO KEEP YOUR FURNACE FROM WASTING FUEL



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★ Home owners! If you act quickly, there's still time to insulate your attic with KIMSUL* before cold weather sets in. Cooperate with Uncle Sam in his fuel conservation program. Keep warm next winter, too, in spite of fuel rationing. Ask your KIMSUL dealer how you can get an F. H. A. loan to finance the low cost of insulating your attic with KIMSUL Insulation.

Here's how to insulate your attic yourself!



1. To determine quantity of KIMSUL needed to insulate your attic floor, measure space between two joists to get width of KIMSUL blanket. Then multiply attic width by its length to get total square feet of insulation needed to cover the entire floor.



2. Leading building supply dealers, department and hardware stores carry KIMSUL or can get it for you, KIMSUL comes in handy rolls in 3 widths to fit all standard attic construction. Complete instructions for installing are printed on package.



3. This man is holding enough KIMSUL to insulate 200 square feet of attic space. KIMSUL is so light and compact that you can carry 200 square feet of KIMSUL to the attic in one trip. Also, KIMSUL is treated to resist moisture, fire and mold.



4. Kimsul comes compressed to 1/5th its installed length in rolls 16", 20" and 24" wide. A roll contains 100 sq. ft. of insulation! Simply cut off required lengths of Kimsul with knife or shears. It's an easy, one-man job to install Kimsul Insulation.



5. To install KIMSUL in unfloored attic, use one of the cleats that come with each roll. Fasten one end of blanket at junction of floor and eave, stretch blanket across attic floor, and fasten to opposite eave. Repeat this operation for each section.



6. If your attic is floored, insulate attic roof. Cut lengths of KIMSUL long enough to reach from eave up to collar beam, across beam and down to opposite eave. Use cleats that come with every roll to fasten KIMSUL as you go. See illustration above.

*KIMPAK (trade-mark) means Kimberly-Clark Insulation

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I want to be warm next winter in spite of fuel rationing, Please rush Free Folder,
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KIMSUL IS A KIMBERLY-CLARK CORPORATION PRODUCT | worlds exist." How true her words.

any other single dealer in glass.

Several variants of the "Moonand-Star" pattern exist. Two of mine are identical replicas in shape and size of the modern old-fashioned-cocktail glass, their moons and stars more crudely cut and smaller than on other pieces and one glass has a slightly greenish tinge. The story, told me that these glasses are the original "Moon-and-Star" design which later was changed to the now existing pattern, I have not, to date, been able to verify absolutely. My other variant is the delicate, finely made cake stand. The slightly shorter base has daintily cut stars encircling it. In the Goldman collection there are two lamps of a variant pattern, which is different from those that I have. Franco Goldman is uninterested in the few colored examples of "Moonand-Star" that exist, preferring the crystal clear loveliness of the pattern he so extravagantly admires.

Unusual pieces, such as the vinegar cruet, champagne glasses, finger-bowls and water-set are practically extinct or command such exhorbitant prices as to make them prohibitive; but if one wishes one of the compotes or bowls they are still to be found. Footed sauces, egg-cups, salt dips and shakers persistently elude one. For four years I have been unable to locate another lamp to complete my pair!

JEALOUSLY guarding my "Moonand-Star" glass treasures no one is permitted to use even on the company table, I—tenderly, almost with reverence—polish each piece . . . taking especial loving care with Aunt Sally's old berry bowl. With bated breath lifting the tall covered-punch-bowl, gently placing it in the middle of the table, again I hear Aunt Sally, as she admonishes, "Be gentle with beauty to make it last."

I can remember Aunt Sally in the small dank kitchen, two high-chair babies, the washing steaming on the stove, the mending basket posed like a still-life beside the potatoes to be peeled, of how by dusk or sunlight the "Moon-and-Star" seemed to hold the very tincture of sunshine, of how its light emitting quality, always inspired my work-worn Aunt Sally, as it did my small self and still does today, with somehow an odd Scripture of the skies in it.

"I'm glad it's an American star,"
Aunt Sally would say as she took
up her berry bowl tenderly and lovingly, "it kinda catches the orbs diferent from other stars I have seen,
reminding a body that other lovely
worlds exist." How true her words.



This is an American fighting man setting foot on foreign soil—for the first time in his life. How many *miles* from home? Until officially released, that information is a military secret—is governed by military strategy. How many *months* from home? More than any of us realize, this depends on how hard we of the home front *work* and *save* for Victory.

This American fighting man goes to meet the enemy with boundless faith in you and me and every American on the home front. No Axis lies can undermine that faith. Even the heat of battle will not weaken it. Because we—his own people—are the only ones in the world who can disillusion this American fighting man.

Wars are never won by merely equaling the enemy's efforts. We must exceed them! We must build more and still more of the weapons of Victory. We must buy more and still more War Bonds—to buy the weapons of Victory, to win our war against inflation. Remembering always that every minute on the job, every War Bond we buy, are part of the price of his return ticket.

Williams Oil-O-Matic works to speed the day of Victory—his homecoming. When all of us can return to the ways of better living.



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100	Prizes				5.00 each
400	Prizes				2.00 each
500	Prizes				1.00 each

DEALER PRIZES IN U. S. WAR BONDS

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	Prize					
	Prize					
	Prize					

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25	Prizes				\$25.00	each
100	Prizes				10.00	each
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> "I LIKE JAH-VAH BECAUSE IT'S SUCH A SWELL 'MIXER' WITH MILK"

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It's easy! Just finish this sentence in 25 words or less: "I like JAH-VAH Beverage Cereal because "

Purpose of contest: To get more people to try JAH-VAH Beverage Cereal and enjoy the stimulating, delicious good-ness of many hot and cold drinks you make with JAH-VAH.

Big prizes and lots of 'em! Over one thousand prizes! Think of getting U.S. War Bonds and Stamps for your very own-the best investment in the world!

Simple, easy to enter. It takes just a few minutes to write your opinion of the wonderful new JAH-VAH Beverage Cereal and you might win U. S. War Bonds worth thousands of dollars!

You'll find many things to say about JAH-VAH. Children as well as adults love the delicious flavor of JAH-VAH straight or with milk, hot or cold-at mealtime or bedtime. Try the recipes below and decide your favorite way of enjoying JAH-VÁH.

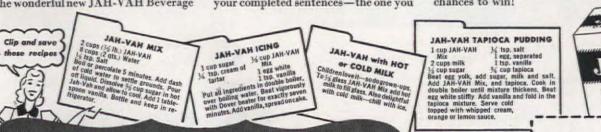
Enter contest now! Enter as many times as you wish. Don't fail to send in all your completed sentences-the one you

think isn't good enough to win may be the prize winner! Remember, the more entries you send in the more chances you have of winning.

Get JAH-VAH today and get in the contest! If your grocer has not yet stocked JAH-VAH, ask him to get it for you. 5 minutes' time may win you what every real American wants-extra U.S. Bonds that back the attack on the fighting fronts! Clip the entry blank below-get a package of JAH-VAH from your grocer—mail your first entry with the JAH-VAH box top—then enter again and again to give you more chances to win!

Read this for more tips on how to win!

JAH-VAH's rich, mellow goodness is unlike anything you've ever tasted before—a glorious blend of sun-ripened grains and flavorings! With JAH-VAH you can make many thrillingly new drinks for meals, snack-times, parties! And still another surprise . . . enjoy JAH-VAH's marvelous flavor in cakes, puddings and other desserts, tool Ask your grocer for the big 10-recipe folder.



RULES: 1. Write 25 words or less to finish the sentence "I like JAH-VAH Beverage Cereal because . . ." Use Cereal because . . . any sheet of paper.

2. Mail your entry to HOLSUM PRODUCTS, P. O. Box D, Chicago 90, Ill., together with a box top from a package of JAH-YAH Brand Beverage Cereal, your name and address, and the name and address of the grocer from

whom you purchased JAH-VAH. Be sure to use sufficient postage. Send as many en-tries as you like, but each must be accompanied by a JAH-VAH box top. Each entry must be in the mail and post-marked not later than mid-night, December 7, 1943.

3. Entries will be judged on the basis of sincerity, aptness and originality. Decisions of judges will be final. In case of ties, duplicate prizes will

be awarded.

4. Any man, woman or child living in the United States is eligible to enter, excepting employees of Holsum Products, their advertising agency, and their families. The contest is restricted to the United States.

5. All entries and ideas become the property of Holsum Products, and will be retained by them.



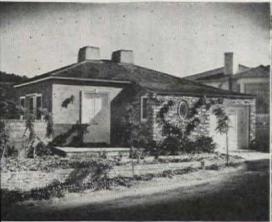
"I like JAH-VAH Beverage Cereal because . . . " (Finish this sentence in 25 words or less on a separate sheet of

HOLSUM PRODUCTS, P.O. Box D, Chicago 90, III. Here is my entry. I am enclosing one box top from a package of JAH-VAH Beverage Cereal.
Print Name
Print Address
City State
District County for Store Managed Name and Address

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Every dealer who displays JAH-VAH Beverage Cereal in his store can also enter the contest. The dealer simply finishes the followsentence in 25 words less: "I like to sell JAH-VAH Beverage Cereal because . . . " There are 429 separate dealer prizes (see list above).

It's Entirely



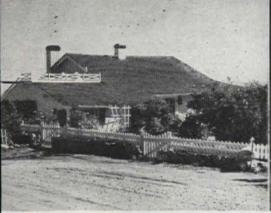
Robert Seiter Home, Hollywood, Calif. John Woolf, Designer



Roy A. Carlson House, Decorah, Iowa Charles Altfillisch, Architect



J. S. Mahler Home, Highland Park, Ill. Robert Seyfarth, Architect



Bertha O. Klug Alteration, Colorado Owner designer



B. A. Sugarman Home, Mass. Eleanor Raymond, Architect



Harry Ziemer House, Wisconsin Ebling and Plunkett, Architects



D. L. Samuels Home, Palo Alto, Cal. Stedman & Stedman, Architects



Jean de Jen Home, Fairfield, Conn. Victor Civkin, Architect



Thomas A. Rogers Home, Michigan Walter Dole, Architect



C. E. Davis Home, Birmingham, Ala. Owner Architect



Bronson Williams Alteration, N. J. Antonin Raymond, Architect



Dr. F. A. Kretlow Home, Wisconsin Edward Meyer, Architect

John Endres Home, Brarwood, Oregon Wade Pipes, Architect



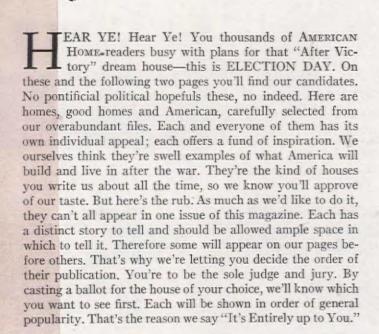
8 Mathew Baird House, Tucson, Ariz. Richard A. Morse, Architect



H. Mitchell Meyer Home, Virginia C. W. Huff, Jr., Architect



Stanley Greer Home, Glenview, Ill. Remodeled by Owners



WE'RE pretty sure that our selection of a jury is a wise one. The interest you've shown in our postwar building program attests to that. We know, too, that most of you have a fairly good idea of what your future Dream House will look like. So study these houses carefully. You may not find the exact house you're going to build but we'll bet dollars to doughnuts that you'll meet its first cousin among them. Gather the family around you; hold a private election of your own. Then send us the number of the one pictured that meets with your collective approval. Perhaps of late you've been confused by fantasy sketches of what our after war homes will look like. Don't let this lead you astray. No matter how these new homes are built, the style of house still remains a matter of individual taste. You, homebuilders, will really decide that. You alone will set the style. So let's lay the groundwork right now. Send us the house of your choice by number ONLY on penny postcard. Address it to THE AMERICAN HOME BALLOT BOX, 444 MADISON AVENUE, NEW YORK CITY 22, N. Y. Do this right away, but remember, vote by number ONLY and please do not include any other building inquiries on the penny postcard. Election Day's Here.

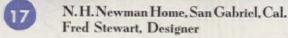
Cast Your Ballot

NOVEMBER AND ELECTION DAY ARE WITH US ONCE MORE, HERE ARE THE CANDIDATES. THEY'RE HOUSES WE PLAN TO PUBLISH IN FUTURE ISSUES OF THE AMERICAN HOME, WHICH ONES DO YOU MOST WANT TO SEE FIRST?

THAT, AND THAT ALONE IS ALL WE ASK. WE LIKE EACH AND EVERYONE OF THEM. THEY WERE SELECTED FROM ALL PARTS OF THE COUNTRY. THEY'RE TYPICAL AMERICAN HOMES, AND QUITE LIKELY, AMONG THEM IS ONE PRETTY MUCH LIKE THAT DREAM HOUSE YOU INTEND BUILDING

WE INTEND PUBLISHING THEM IN ORDER OF THEIR POPULARITY. WE'VE TAGGED EACH WITH A NUMBER FOR YOUR CONVENIENCE. JUST JOT DOWN THE NUMBER OF YOUR CHOICE AND MAIL IT TO US RIGHT AWAY ON A PENNY POST CARD. YOUR VOTE WILL BE OUR GUIDE







Ernest L. Barnes Home, Medford, Ore. Owners Designers



Milo Folley Home, Syracuse, N. Y. D. Kenneth Sargent, Architect



A. D. Chilgren Home, Winnetka, Ill. Ralph D. Huszagh, Architect



Prefabricated House, S. Bend, Ind. South Bend Lumber Co., Designers



A. J. Alley Home, California Ralph C. Flewelling, Architect



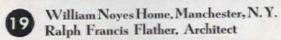
Mrs. W. C. Lea Home, Richmond, Va. Leonard Moore, Architect



7 H. Lloyd Ulrich Home, Seattle, Wash. Owner Architect

Early!!!







Don Lewis Home, Portland, Oregon Wade Pipes, Architect



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After the war thousands will want to build new homes. By planning now, you can get ahead of the rush and be among the first to build the home you want, with the beauty, firesafety, long life, and low annual cost that are so vitally important.

The necessary steps are easy!

To help finance the cost, buy and save all the War Bonds your budget will allow. And while you're saving, consult a concrete products manufacturer for the names of experienced architects and concrete builders. Have plans and specifications prepared, and tell a concrete builder to put you on his postwar preferred list. We'll gladly send you helpful free literature, on request.

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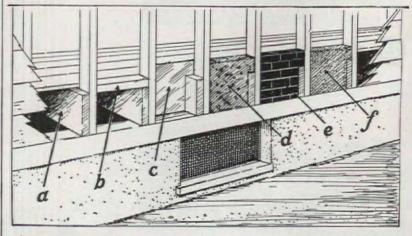
THE DIRTY RAT"

JOHN J. O'ROURKE

IGHT NOW we are intently concerned with the extermination of certain "rats" who have brought down upon the world a holocaust of destruction, suffering, and misery. But in our determination to see that job well done, we should not lessen our efforts totally to defeat another public enemy which also is responsible for a tragic record of loss, destruction, and diseasenot in distant foreign countries alone, but in the very midst of our home front as well. A European immigrant now generally distributed over the United States, the common brown house rat-Rattus norvegicus in the scientists' rogues gallery-causes an estimated annual loss here of \$189,000,000, of which more than two-thirds occurs in cities, towns and suburbs. Furthermore, it menaces public health

Too many uncovered garbage cans feed our rat enemies which eat and despoil vast supplies of unprotected food and garden crops





Insist on ratproof construction; (a) a common type, is not. Effective devices are firestops (b), sheet of metal (c), a fill of cement and cinders (d), bricks (e), or, best of all, rich concrete (f)



YOUR HOMASOTE HOME

Today, we're filling war orders. To-morrow—we'll have an important announcement for home owners. May we put you on our mailing list?

HOMASOTE COMPANY TRENTON, N. J.



by carrying bacteria and parasites and transmitting various diseases among its own kind, to livestock, and even to human beings. This past year it has done its best to sabotage our Victory Gardens.

No part of the country is free from rats. Although the rat population in large cities has been reduced to about one to every two persons in the last 25 years, the ratio in small towns is still estimated as one rat per capita!

The first community step in getting rid of rats should be a campaign by local officials to clear them out of sewers and public property. Since warehouses are notorious rat refuges, business firms should, and usually will, cooperate. Clubs and other organizations can add their influence. In clearing your own premises, enlist the whole family. First, eliminate all possible shelters, which are as necessary to the existence of rats as are food and water. To do this, start in the basement, patching up possible entrances, clearing out rubbish and getting piles of wood off the ground and out from under benches, etc. Leave nothing less than 18 in. above floor level. Repair outbuildings and, if you think of installing chicken coops or rabbit hutches, keep them 18 in. off the ground. Don't leave food and water for pets around; Junior can look after that, and also see that the garbage can is kept tightly covered at all times. Someone should frequently compost or remove lawn clippings and burn woody plant refuse.

Having "closed the gates," next get rid of the rats on hand, usually by trapping or poisoning. Large spring traps are easier to use and more effective than wire-cage traps that capture but do not kill, but which are less of a danger to pets. However, spring traps can be partially covered with a box to make them safer; also they should be anchored in some way. The best baits are bacon, cheese, nut meats, chocolates, dried figs and bread, and to tempt the enemy's variable appetite different ones should be used-and fastened with wire or string to the trap trigger. Place traps in or near runways.

Poisoning in urban areas is best done with materials containing red squill which does not harm pets; these and other poisons can be bought at drug stores. In setting poison, or traps, wear gloves or use tongs as rats are warv of any human scent. Terriers and rat hunts may be used. Every rat killed or dead rat found should be promptly buried or burned after having been well dusted with a flea powder to kill the parasites that carry germs.

Don't live in an Igloo again



KEEP WARM WITH BALSAM-WOOL ATTIC INSULATION

Did your home have the chill of an arctic igloo last winter? You don't have to let it happen again. For right now, quickly

and inexpensively you can assure yourself of greater comfort with less fuel with Balsam-Wool Attic Insulation.

Balsam-Wool, highest efficiency insulation, is guaranteed to give you complete satisfaction or your money back. It is tailor-made to your attic -easy to apply. Hundreds of thousands of pleased home owners can testify to the lasting comfort and fuel savings that go on year after year as a result of the outstanding performance of this product.

Balsam-Wool is the original sealed Attic Insulation-windproof, moistureproof and fire resistant. Its quality is fully proved by twenty years of usage in the most frigid of markets. Don't wait. Buy now while materials are available.

See your lumber dealer about easy monthly payments or mail the coupon below.

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Gentlemen: I want to know more about Double Value Attic Insulation.

To assist us in giving you special information, please check: I am a home owner , renter , architect , student , contractor .

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COOKING UP A BIG SURPRISE FOR THE CAPTAIN



- · While Captain Allen is helping to make the world a better place to live in, his wife at home is considering some remodeling plans that will make their home a better place to live in.
- · She's making particular plans about the kitchen. She wants it to be convenient and efficient, but she also wants it to be attractive. That's why she's decided upon Western Pines*—for cabinets, wall paneling, windows and doors—all enameled smooth and white.
- Thanks to the sparkling beauty of these fine woods, Captain Allen will be coming back to a real "Officer's Mess"! If you'd like to know more about Western Pines, write today for your FREE copy of "Western Pine Camera Views"—a book of distinctive interiors. Western Pine Association, Dept. 179-F, Yeon Building, Portland, Oregon.

*Idaho White Pine *Ponderosa Pine *Sugar Pine

THESE ARE THE WESTERN PINES



A suit of armor WEIGHS 91/2 OUNCES

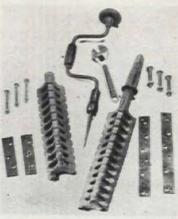
Transparent . . . feather-light . . . yet this gas-proof cover will be a veritable suit of armor should desperate dictators dare to use the infamous "blister gases". Folded into a "Reader's Digest" size packet, this life-saver is now standard equipment of American troops in action. Railley is proud that these covers are pouring by the thousands out of the plant that once gave you Pin-It-Up Lamps,

attractive shades and lighting accessories. But soon after the war is won, your favorite department stores will once again offer you these famed Railley products, as well as other, new products we are now planning for peacetime living.



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EMERGENCY REPAIRS:



furnace V plumbing V



The finished job

LIONEL WURTS

An accident to your furnace in cold weather is an emergency that must be met promptly; these days you may have to do the job yourself. Last winter two of our furnace grate bars broke in half. Fortunately it was Saturday, when we could buy some repair materials. The hardware clerk advised what he called metal repair plates, about 11/4" wide, 12" long and 3/16" thick, at 12 cents each. Some 3/8" bolts with nuts (obtainable at a "five-and-ten") were two for a nickel. We also bought a cheap reamer to fit our brace, and with it enlarged the holes in the plates to take the bolts which fitted snugly through the grids in the grate bars. We laid a plate on each side of one of the grate bar flanges to cover the break, ran bolts through the four holes and by gradually tightening up on the nuts, drew the plates into the shape of the grate bar. Then we similarly put two more plates on the adjoining fin of each broken bar. Neatness isn't essential in such a job, but be sure that the nuts are tightened to the limit; if you can get lock nuts, use them. Our supposedly temporary patch has proved stronger than a previous weld in one of the same grate bars.

Check a small leak in a water pipe by tying a rag around it, letting one end drip into a pail; then buy at a hardware store a hinged iron clamp with rubber pad and



MONEY-BACK GUARANTEE

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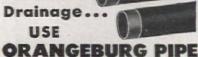
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Lightweight. Non-metallic. Easy to handle.
Can be cut with saw. Does not chip or break easily like clay tile pipe. Repels root growth. Durable. Economical. Write for circular.

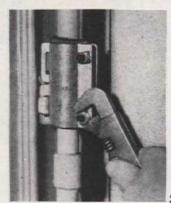
The FIBRE CONDUIT COMPANY, Dept. A ORANGEBURG, N. Y.

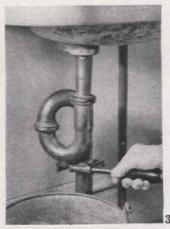
ORANGEBURG FIBRE PIPE

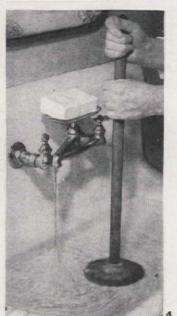


bolts. It will serve until the pipe can be replaced. For a bad leak, shut off the water-having previously labeled all the shut-off valves plainly. For clogged waste pipes, first try the measures illustrated below.









Plumbing pointers: 1. Label all shut-off valves; 2. Patch pipe temporarily with hinged, bolted iron clamp: 3. Remove plug at base of trap to get at obstruc-tion if use of rubber plunger (4) in sink doesn't do the job



Warming-up a Fighter

"Putting on the heat" is nothing new for us. Twenty-five years ago, York Oil Burners were heating buildings, plants, and homes. Little did we suspect then, the day would come when York Heat would be warming-up Uncle Sam's airplane motors in sub-zero temperatures across the top of the world.

For the present, all our plant-facilities are devoted to the war-effort. Much of this work is producing York Burners, for operation under all sorts of complex war-time conditions.

This vast source of experience, crowded into a few years' time, can't help but influence the oil burners of tomorrow. And when the war is won and we can again concentrate on the production of industrial and domestic units, you will find York heating equipment offering unequaled advantages in performance and economy.

The more Bonds you buy now, the more you will be able to enjoy the new things to come.

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BATH





Back the Attack Buy War Bonds

MUSETTE was the most talked of musical instrument in the piano field. Then came the war, and piano construction ceased. The makers of Musette turned all their skill and experience to the task of making vital war equipment. F Through Musette, the world had already been given Resotonic construction. This new idea resulted in richly melodious tonal effects never before possible in a small piano. The Practicano, too, was a Musette contribution. With the coming of peace, you are going to want a new piano. Watch, and wait, and save for a Musette. The peacetime models will embody those ideas that were being tested, when war intervened, by the ingenious musical researchers of Winter & Company (est. 1899), pioneers in development of the modern piano.

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A long history of pioneering, embracing every major development in American brewing, is thrillingly climaxed in the Schlitz you drink today. Brewed with just the kiss of the hops, none of the bitterness, Schlitz brings you that famous flavor found only in this

great brew. *Schlitz pioneered Pure Culture Yeast; famous Brown Bottle; Precise Control; exclusion of air from bottle: Just the Kiss of the Hops. Copyright 1943, Jos. Schlitte Brewing Co., Milwaukee, Wis. JUST THE KISS OF THE HOPS .. none of the bitterness

THE BEER THAT MADE MILWAUKEE FAMOUS



SCRIPT GIRL: (to cameraman) Gee!—how does she do it? Always looks like a million! Wish I . . .

GODDARD: (overhears) Sleep nights, honey—and make it eight hours . . . every night.

DIRECTOR: Aha! How to be young and beautiful—the secret's out!...



GODDARD: Secret indeed! Anybody knows you can't look your best without rest. Or act either. And by the way, you don't look so lively today. DIRECTOR: Had a bad night. Dreamt I was buried under a collapsed tent. GODDARD: Maybe your blankets are too heavy. You need fine, all wool blankets if you want to stay warm and comfortable yet avoid that smothered feeling. Now, my blankets are really light and downy and soft . . . DIRECTOR: North Stars, I'll bet. But you can't buy those blankets today. SCRIPT GIRL: Yes you can. North Stars are back again—I saw 'em advertised. DIRECTOR: Recess, everybody! Call my car!

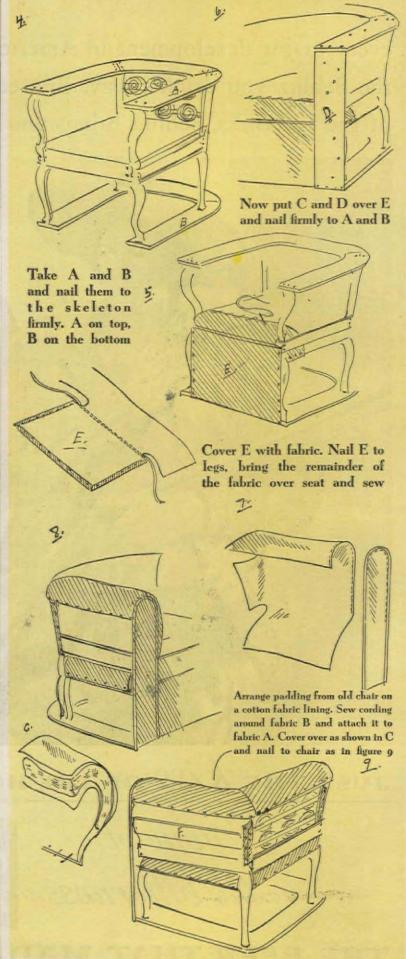
* North Star

ALL WOOL DEAUTY OR BEST BEAUTY TREATMENT

BERUTYDAP BLANKETS

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new chairs without the help of a professional upholsterer. First, study the instructions given with the diagrams. Don't begin ripping and sawing until you have "gone into" the history of your old chair. You'll be surprised how much you can learn about how to and how not to upholster by merely reviewing your chair's past. Next, decide what new figure you want your chair to cut. Will it be curved, or squared to modern design? Now take your chair to your workshop. You can make all these alterations yourself.





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So much Treet goes to our fighting men, your dealer may be out of it. You can get it again in a few days, so keep asking!

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Have you tried VITALOX?

on water and and an remaining ingredients except Treet. Place in baking dish with 1½ to 2 cups of water. Cover and bake until very tender (about 1½ to 2 hours). Uncover during last 30 minutes and top with Treet slices.

Watch the smiles when you bring in this meat feast...it's just one of many ways to serve Treet, Armour's readyto-eat meat. Remember, Treet is a rich

blend of ham and pork shoulder meat,

both high-vitamin meats!

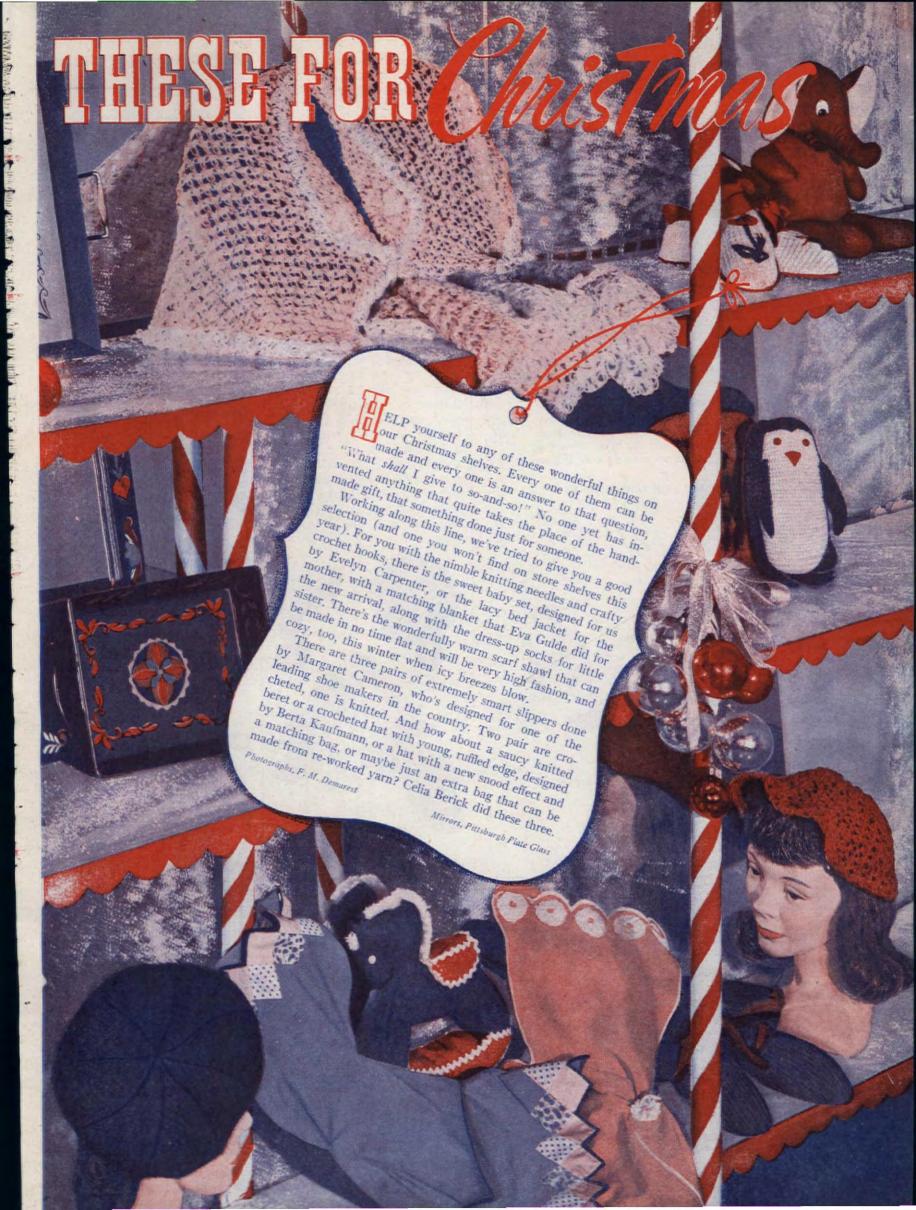
Armour's New Meat-flavor Discovery spreads meat flavor further in stews, gravies, sauces, soups... without a ration stamp!

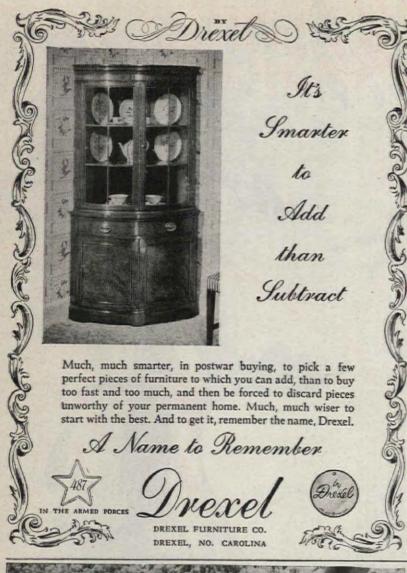
For finest quality and flavor ask for Star Canned Meats, Star Ham and Bacon, Star Beef, Veal and Lamb, Star Sausages, Cloverbloom Poultry and Dairy Products.

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> Made by Ben Greenberg & Brother New York Los Angele





We're pretty proud of the Pennsylvania Dutch designs Amelia Maxey did especially for us (she shows you how to use them, too). Almost any of the articles she decorated can be duplicated in anyone's attic, from the wash basin, to the tray that once had a glass top, or you probably have some ideas of your own on which to use these wonderful Pennsylvania designs.

For the Young of our readers, we offer a pensive penguin and cheeky chick, right off the crochet hook, with the rollicking rocking horse and eloquent elephant, from Réné Leonhardt, that are made from whatever material suits your fancy.

To help you do your Christmas shopping early, here's the pattern story in words and pictures.

There's some Christmas apron news, too, that Amelia Rogers thought up. She applies the old patch work design in a new and fetching way as a trim on the dainty apron. Or you can use the always pleasing rick-rack braid in a new manner to make your working hours gayer and make you better to look at, even when you're whipping up a cake or pudding.



631

AMERICAN HOME PATTERN 631:

Crochet instructions for three hats and two bags, plus knitting directions for the wonderful warm scarf. What a bargain! The saucy little red hat is made from felt cord. The beret has an interesting swirl pattern, and the hat with the snood is very new and smart. All this, 10¢

AMERICAN HOME PATTERN 633:

Eighteen Pennsylvania Dutch designs and nine borders and corners with which you can beautify boxes, trays, tins, tables, old coffee pots, furniture and almost anything else you can think of for Christmas. The designs are done in such a way that they can be added to or sub-



standard and available

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Unsanitary film collects constantly in toilet bowls. Toilet germs may lurk there. But don't worry. You can clean away both film and germs quickly and easily—without rubbing or scrubbing. Use Sani-Flush at least twice a week. Removes stains, incrustations and a cause of toilet odors. No need for a cleanser plus a disinfectant when you use Sani-Flush for toilet sanitation.

Don't confuse Sani-Flush with ordinary cleansers. It works chemically. Even cleans the hidden trap. Used according to directions on the can, Sani-Flush cannot injure septic tanks* or their action and is safe in toilet connections. Sold everywhere. Two handy sizes.

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LULLABYE FURNITURE CORP.

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RUBBARUB



tracted from, according to your space needs, or combined to suit your fancy. Included are special paint mixing tips, and full instruc-



633

tions for the application of these "real McCoy" designs to be traced or stenciled on your Christmas gifts that won't be forgotten. 20¢



AMERICAN HOME PATTERN 629:

Here are the four animals that will be loved. Pattern contains full size tracing design and instructions for cutting and making Elephant and Horse. Then there are crochet instructions for Penquin and Chicken, with tracing patterns for feet, wings, beak, and eyes. All this livestock and lots of fun for 25¢



632

AMERICAN HOME PATTERN 632:

This is the answer to a baby's prayer, with a bow to the mother, too. Pattern includes crochet instructions for the set of booties, sacque and bonnet, instructions for the mother's bed jacket and the matching blanket for the off-spring and for little sister's party sox. A big baby bargain! All yours for 10¢

AMERICAN HOME PATTERN 634:
Three pairs of smart, smart slippers to do the soles of your friends good! The blue ones are knitted and the yellow and white ones are



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Perhaps you haven't met the Hammond Organ . . . haven't touched its keys and heard it respond with a glorious outpouring of rich, satisfying chords . . . haven't made the thrilling discovery that all the beautiful music you've always dreamed of playing is right there at your fingertips. Some day you will—and that day can be soon.

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SimPleat is easy to attach, invisible from the front. Sew to back of curtain or drapery and crease into perfect french pleats with your fingers. Can be used on any weight material. Made of durable fabric that retains stiffness after washing or cleaning. Your curtains and draperies will look better, hang better with SimPleat.

Made in three widths, 2" at 10¢ a yard, 2½" at 15¢ and 3" at 19¢. Sold in the drapery section of department, variety and specialty stores. If not available, order direct, send check or M. O.



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questions. It spells out

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answers.

An attrac-

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stock temporarily. We are supply-

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with us, war work comes first ...

That's the way you want it. So

... keep on asking for 'em. They're

well worth it! ... And mighty

easy on your budget too.

crocheted. Pattern tells you how to do it, and gives cut-out pattern for felt flower applique for the toe of the white ones. Soles can either be hard, or crocheted, we tell you



634

about both. Ankle strap or ribbon can be threaded through top of slipper to make for snug fitting. In the face of ration tickets, we can't think of anything that would make a more welcome gift. They're good for after skiing or skating, or for just plain cold feet when winter comes howling down. All this 10¢



630

AMERICAN HOME PATTERN 630:

This is for the sweet aprons by Amelia Rogers, complete with tissue patterns and instructions. As an added interest, you get crochet instructions for the two pot holders. A Christmas bargain at 20¢

Order American Home Patterns from AMERICAN HOME, 251 Fourth Avenue, New York 10, New York

SPECIAL FOR THE SERVICE

JERE'S the makings for a won-Herful Christmas package for the boys, and the gals in service. Everyone of the things shown can be made. They're simple and easy, and we'll bet they will be the most popular gifts you can send.

The photographic pocket album is a very happy presentation of your very own pictures complete with story, written in your own hand. The pictures are pasted on an accordion folded lightweight cardboard, with every other space left free for writing the little story of that particular picture, or it can be one continued story.

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Many sufferers relieve nagging backache
quickly, once they discover that the real
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blood. They help most people pass about 3
pints a day.

When disorder of kidney function permits
poisonous matter to remain in your blood, it
may cause nagging backache, rheumatic pains,
leg pains, loss of pep and energy, getting up
nights, swelling, puffiness under the eyes,
headaches and dizziness.
Don't wait! Ask your druggist for Doan's
Pills, used successfully by millions for over 40
years. They give happy relief and will help
the 15 miles of kidney tubes flush out poisonous waste from your blood, Get Doan's Pills.



SICKNESS or ACCIDENT

Don't allow Hospitalization expense to ruin your life sav-ings. Insure NOW...BEFORE IT'S TOO LATE! In case of IT'S TOO LATE! In case of unexpected sickness or accident you may go to any Hospital in the U.S. or Canada, under any Doctor's care. Your expenses will be poid in strict accordance with Policy provisions. Individual or entire family eligible (to age 70). No agent will call.

MAIL COUPON AT ONCE

Hospital Expenses for Sickness or Accident \$540.00

Doctor Expense up to \$135.00

Loss of Time from Work \$300.00

Loss of Life \$1000.00

NORTH AMERICAN MUTUAL INSURANCE CO.
Dept. AH3-11, Wilmington, Del.
Please send me, without obligation, details about
your "3c A Day Hospitalization Insurance Plan".

CityState.....

from an old leather pocket book or from some sturdy fabric. A piece of isinglass in the front protects whichever picture the lucky receiver wants to feature that day.

Then there are the two pocket game boards, one for checkers, the other for Nine Men's Morris, Each board has its own case, with pockets for "men." The checkers are played with golf tees, in two colors, with two other colors added for Kings. Little pegs are the Nine Men's Morris men. The point being that none of these "men" can slide off, even in heavy seas!

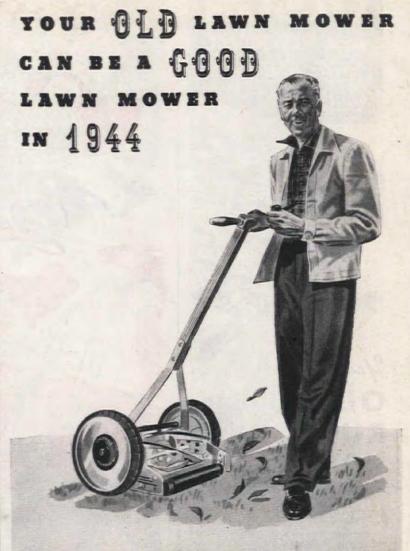
The other picture is a bag of tricks . . . ten of 'em that will oc-





cupy many an empty hour. All of these are easy to make, but not too easy to solve! They would make a grand gift for anyone who is laid up temporarily and who loves puzzles.

The directions for making all these things, plus the solution of all the puzzles are combined in a booklet, Fun In The Service #154. Send 15¢ in stamps, please order by name and number from THE AMER-ICAN HOME, 251 Fourth Avenue, New York City 10, New York.



Your Coldwell Lawn Mower has earned a rest . . . but not a rust. And you can be sure your Coldwell will be fit and ready next Spring if you look after it now. Look for the Coldwell Dealer Sign . . . then ask him for the free Coldwell booklet which will help you to make your lawn mower last for the "duration"

The skill, patience and manufacturing ability which has made "Coldwell" the outstanding name in lawn mowers is now devoted to all-out war production. Your Coldwell will be ready by having a Coldwell dealer look it over and replacing worn parts (1272) (yes, spares are still available) *. Look for the Coldwell Service . Dealer's seal and he will look after your Coldwell as

only an expert can.

HOW TO ORDER YOUR LAWN MOWER SPARE PARTS

Please order your spare parts now instead of next spring and help the war program as well as yourself. Delivery on most parts will take longer in Spring 1944 than now. War material comes first!





Learn How materials are picked up at your door by Freight or Express at our ex-pense—how we shred, merge and reclaim valuable materials of all kinds; picker, bleach, card, spin, redye and weave into lovely, new, deep-textured

BROADLOOM RUGS

woven Reversible for double wear and luxury. Sizes to fit all rooms in solid colors, tweed blends, 18th Century floral, Early American and Oriental patterns.

FACTORY-TO-YOU!

Our 69th year: Over two million customers. We do not employ agents or sell through stores. *Sorry if War Work causes delays, but Olson Rugs are next, wasting for worth waiting for.

FREE BOOK IN COLORS

Mail coupon below or 1c Post Card for beautiful OLSON Catalog and Decorating Guide-26 model rooms-full information.





ORDER ADVANCE PATTERNS FROM THE AMERICAN HOME PATTERN SERVICE.



E'VE tried to include the whole family in our selection of things for you to make with your needle. With the bumper crop of babies this year, you won't have to worry about what to do for the new mother. The layette is such a wonderful start in life for a baby. It may be the last time he or she will have as well matched a wardrobe! We think you should fancy it up with embroidery, too, all in the spirit of Christmas and babyhood, so we've provided for that with a transfer pattern, filled with little bows, flowers, knots too numerous to mention.

Then there's an elegant necktie pattern with which you can please Dad or Brother with a custom-made tie. Mother rates a little lingerie by way of a slip. We think you should monogram this, too, so we offer

transfers for any initial combination you can think of, as well as the alphabet in four sizes and "Mr" and "Mrs," "His" and "Hers," to use on towels and such.

The sweet bed jacket comes in the yoke version or with a pleated front. You can have long or short sleeves in either. You will find it all in the pattern.

Little Sister gets a rag doll that will probably be an heirloom. She comes to your sewing table, with a potential wardrobe of a dress and bonnet, petticoat, quaint pantaloons and apron.

For the young lady of the house, make her matching closet accessories that will compliment her room. Or for her very own dressing table, there's nothing smarter than a gay matched set of pin cushion, tray, frame and box. She'll ring the Christmas bells for sure.



ARM & HAMMER BAKING SODA reliable first aid and household REMEDY

whenever bicarbonate
of soda is prescribed
for hyperacid types
of indigestion..as a
gargle..or for any other
condition..you can use
our baking soda with
complete confidence.





AYBE we can't all be beautiful, but there's no reason we can think of off-hand why we can't all be neat. It takes a little time and thought, but it's worth it. The nice part of it is that being neat as a pin doesn't entail any major operations as a rule. It's more a state of mind and routine that results in this to-be-desired state. If you're skeptical, try it.

And this doesn't apply just to the business gal who has to watch her grooming to get and keep a job. It's just as important to be neat at home. It gives the youngsters of the family something to think about. If Mother is always running around in a bungalow apron that has the record of the week's events visibly displayed down the front, if she doesn't take time to comb her hair until after lunch, and little things like that, the young'uns are either going to grow up in the same casual manner, or they're going to be a little distressed about the whole matter. If there aren't any offspring to be adversely affected, there's the man of the house. Love is blind for a while, they say, but after a time, there comes a rude awakening!

One thing that puzzles us is the ungirdled state



Don't appear in public or anywhere with foreign matter such as dandruff, ravellings, dust, and the like in evidence on your clothes. Nothing shatters neatness so fast.



Don't have your coiffure bristling with very evident bobbie pins! And unless you can keep straggly ends of hair in place, don't attempt to wear an upswept hair-do!



Do use a good stiff brush, slightly dampened, to remove any such. If you keep your scalp clean and free from dandruff, that's one thing you won't have to brush off.



Do tuck your bobbie pins out of sight under your roll of curls. They are more effective this way anyway. Use a good pomade or lacquer to anchor stray wisps.



Don't do a sloppy job of eye make-up. Don't put mascara on in globs or eye shadow on in streaks. The hard, penciled eyebrow is very much frowned upon, too.



Do apply eyebrow pencil gently to hair of brow, never the skin. Put on mascara with up and out strokes, full length of lashes. Before dry, go over with clean brush.



Don't apply your rouge so it looks as though you'd use a stencil, nor should it be as obvious as a stop light as to intensity, either.



Do apply rouge lightly. Follow cheekbone and face contour. Blend up and out and in to point parallel with pupil of the eye.



Don't succumb to wandering lipstick that's smeared all over the mouth instead of being applied to the lips where it belongs. The teeth aren't the place for it either!



Do apply your lipstick carefully. Be sure the lips are dry before lip-sticking, keep color sharp and clean in line. Blot on tissue when finished. Renew when necessary.

that lots of women go about in when they're at home. We are reminded of the wonderful observation of the daughter of one of our acquaint-ances when she said with mixed wonder and reproach, "Gee, mother, it must be wonderful to take off your girdle and let your stomach bulge!" We'll admit that is a moment toward which we often yearn, after a hard day's work, but it's definitely a state that shouldn't be encouraged, if you're going to establish a very good basis for neatness. The back droop and the front protrusion do not make for trimness! You don't have to wear your Sunday best foundation, but there are garments on the market that are gentle but firm. And then there are all the little things that make the big difference. They've been talked about before, but there are some women still immune, so we repeat.



Don't go about with a broken and cracked polish job. If you won't take the few minutes it needs to redo the polish, don't use it! Use a good cuticle ointment or cream to counteract hangnails and messy cuticle. Give yourself a manicure every week and you'll always be neat and hand-happy.



Don't let perspiration rear its ugly head under your arms! There's no reason for it any more, with all the excellent anti-perspirants and deodorants on the market. If you prefer to use shields in your clothes, wash them out every time after wearing, and use an underarm deodorant too.



Don't wear spotted clothes if you would be neat! Fresh grease spots come clean with a good cleaning fluid, water-borne ones, such as ink or mud, with plain water. Don't rub hard! If you're not sure, take your dress to the cleaner, but he's a busy man now, and you can de-spot at home.



Don't go batting about with your slip showing, even if it's just a little! Either do some shoulder strap sewing and adjustment or be sure that the hem of your skirt or dress is even . . . uneven hem is as bad an offense as the peeping slip, anyway.



Don't wear dirty gloves. Just because you're wearing white ones, doesn't mean you're well dressed. If they're dirty you're not! It's easiest these days to get washable ones that you can take care of instead of those that have to be cleaned.



Don't go about with splits in your dress seams with your underpinnings showing through. Take off an hour or even less, and pull yourself together. If you do it when you first notice it, it's easier, and less to do in the long run since one good split deserves another, and so on *infinitum*.



Don't parade collars and cuffs that are dirty, even "just around the edges." And if they're the sew-on type, be sure, after you've laundered them to a snowy whiteness, that you get them sewed on straight and true. A dash of starch is a wonderful pick-me-up for them after tubbing. No wrinkles!



Don't think that just because your stocking seams are behind you that they can be crooked and no one will know the difference! A straight line is the smoothest one between two points, and you do want to be smooth! Not only must your seams be straight, but so should your heels on your shoes. You can't be run down at the heel and be neat, too. Nor can you if your shoes are dingy and unshined and the laces tied in knots.

Sketches by Clare McCanna

be the one whose Personal appearance is an event!



PEOPLE were talking...about how young Mrs. Smith had changed! In fact, how the Smith marriage had changed!

Those two had been the town's gayest, most devoted young couple. But now you seldom saw them together—and she went about with smiling lips but tragic eyes.

The truth was that lovely young Mrs. Smith was losing her husband's love... the tragic part was she didn't know why!

Doctors know that too many women still do not have up-to-date information about certain physical facts. And too many, who think they know, have only half-knowledge. So, they still rely on ineffective or dangerous preparations.

You have a right to know about the important medical advances made during recent years in connection with this intimate problem. They affect every woman's health and happiness.

And so, with the cooperation of doctors who specialize in women's medical problems, the makers of Zonite have just published an authoritative new book, which clearly explains the facts. (See offer below.)

You should, however, be warned here about two definite threats to happiness. First, the danger of infection present every day in every woman's life. Second, the most serious deodorization problem any woman has... one which you may not suspect. And what to use is so important. That's why you ought to know about Zonite antiseptic.

USED IN THE DOUCHE (as well as for a simple every-day routine of external protection) Zonite is both antiseptic and deodorant. Zonite deodorizes, not by just masking, but by actually destroying odors. Leaves no lasting odor of its own.

Zonite also kills immediately all germs and bacteria on contact. Yet contains no poisons or acids. No other type of liquid antiseptic-germicide is more powerful, yet so safe. Your druggist has Zonite.



For Every Woman's Most Serious Deodorant Problem



FREE

Just Published Reveals new findings every woman should know about! This new, frankly-written book reveals up-to-date findings about an intimate problem every woman should understand. Sent in plain envelope. Mail coupon to Dept. 881-C, Zonite Products Corporation, 370 Lexington Avenue, New York 17, N. Y.

Name	
Street	
City St	nte



Ishut my mouth on a KLEENEX Tissue to give my lipstick that neat, natural look. These days it's a crime to stain a towel! (from a letter by D. B., Detroit, Mich.)



Regardless of what others do, We Kleenex people aim To maintain Kleenex quality And keep it just the same. Now if your dealer should be out Of Kleenex, don't dismay— He'll get more soon, we're making tons Of Kleenex every day!



Working Girl's Friend!

> How's a girl to work hard all day—then wash dozens of hankies during colds? (You know about laundries these days!) Thank heavens for Kleenex!

(from a letter by A. G., Indianapolis, Ind.)

Reduce Absenteeism - EVERY MINUTE COUNTS!



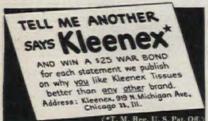
Authorities say that ½ of all work-time lost in war industries from illness is due to the common cold.

So use Kleenex at the first sign of a sniffle to help keep your cold from spreading to others!

Drool Days!

Kleenex for bibs protects dresses from "drools"—saves laundrygives mother more time for Red Cross!

(from a letter by E. A. H.,





ELEVENTH IN OUR SERIES OF ARTICLES ON FAMILY HEALTH

HOW many times do you hear: "It is only a cold"? Right then let us hoist the warning flag for the alert signal is flashed on. We all have too much work to do to take time out for any illness that can be prevented. And neither do we want to take the time unnecessarily for doctors and nurses or use hospital beds if we can help it, to say nothing of the needless discomfort, suffering, or loss of life from the various communicable diseases.

The warning signals for which we can all be on the alert, especially when colds, influenza or other diseases we call "catching" are round about, may seem very trivial, but watch these early symptoms and much serious illness will be avoided. "Just a cold" with running nose, sneezing, perhaps a cough or sore throat, dull eyes or a headache, flash a yellow alert. The enemy is not yet identified because there are too many communicable diseases that start just this way. Or approaching from another direction the signal goes on because of feverishness as shown by a dry and hot skin, a dry throat, aching bones, or drowsiness, irritability, loss of appetite. It may be noticed just as over-fatigue, or pallor, perhaps with constipation or diarrhea, or vomiting. These signals seldom appear alone, and they often gang up in different combinations of symptoms. The same illness may present different symptoms with different people. So we cannot disregard any illness as "just a cold" because Susie Jones had just the same thing last week, and she got over it all right. But to whom did she give this cold and did she have "just a cold"? We are well aware that many communicable diseases

occur at times in such mild form that the specific disease is not recognized, yet these mild or "missed" cases spread their germs to unknown victims who may incur very serious forms of the same disease. Serious communicable diseases such as scarlet fever, influenza, pneumonia, in their early stages or yellow alert, often present the identical symptoms of "just a cold," so what to do—take care of it the first day—

- 1. Get as much rest as you can. Staying in bed the first day or so is very desirable.
- 2. Drink water, fruit juices, milk, and eat light meals.
- Keep your cold to yourself. Stay away from other people. Cough or sneeze into paper handkerchiefs that can be burned.
- 4. Call your doctor if you have a fever or severe cough or aches or pains.
- Ventilate your room indirectly so that you do not breathe cold, damp air.

This means Johnnie should be kept at home from school the *first day* the cold starts and not wait until the next day to see how he feels, for it will mean that more children will catch his cold, and certainly no person with a cold and fever is wanted on the job where other workers will be exposed. "Wearing it off" may later result in bronchitis, pneumonia, or sinus infections. "Family epidemics" of colds are difficult to prevent unless the sick member can be kept away from the well ones.

The blue alert goes on when these warning symptoms even in a mild form last more than a day or two. The red alert is "call your doctor" and instructions for this signal follow through with "do as he says."

Communicable diseases cause serious illness, disability and death far more than need be. By the immunization of babies against diphtheria when they are between 6 and 9 months old and by vaccination against small-pox by one year, some communities have practically eliminated these two diseases. The treatment is very simple and usually causes little discomfort. Vaccination to prevent whooping cough which is a serious disease in babies and small children is being used increasingly. In some communities, immunization against typhoid fever is recommended. The practical thing to do is to prevent as many preventable diseases as possible and then safeguard against the rest. Measles is a very serious disease in a baby or young child. When a child is known to have been exposed to it, he should be taken at once to the doctor. If the doctor wishes to give him parents' blood in order to prevent or modify the severity of the anticipated disease, it will be necessary for him to see the child within 4 days after exposure. Never expose a baby or small child to measles, or any other disease, with the notion that he has to get it sometime and you will have it over with. The younger the child, the more serious is the dis-

ease. The watchword is prevention.

Communicable diseases are generally contracted from other people and are most contagious before the disease is recognized. When influenza, for example, is known to be prevalent, there are a few precautions, as listed in the box below, that help in this prevention campaign on the home front.

Cooperation in preventing the spread of communicable diseases indicates a real social interest. Cooperate toward keeping the community healthful and you will best be assured of health in your home.

Suggested Reading

INFANT CARE

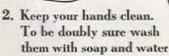
Publication #8 of Children's Bureau-Washington, D. C. THE CHILD FROM 1-6

Publication #30 of Children's Bureau-Washington, D. C. RED CROSS HOME NURSING

American Red Cross EVERYDAY NURSING IN THE EVERYDAY HOME

Elinor Norlin & Bessie Donaldson







3. Handle your baby only when your hands are clean



4. Get enough rest, sleep, and recreation



6. Eat nourishing food regularly

7. Live and work in well ventilated rooms







RASHES ARE DANGER SIGNALS: BELOW, READ DOCTORS SAY ABOUT

How good a Wartime Mother are you?

These vital questions about baby care were asked of 6,000 physicians, including most of America's baby specialists, by a leading medical journal. Here are their answers:



QUESTION: "Do you favor the use of oil on baby's skin?"

ANSWER: Over 95% of physicians said yes. Hospitals advise the same (almost all hospitals use Mennen Oil—because it's antiseptic).



QUESTION: "Should oil be used after every diaper change?

ANSWER: 3 out of 4 physicians said yes. (Antiseptic oil helps prevent diaper rash caused by action of germs in contact with wet diapers).



QUESTION: "Should oil be used all over baby's body daily?"

ANSWER: 3 out of 4 physicians said yes helps prevent dryness, chafing. (Most important-antiseptic oil helps protect skin against germs).



QUESTION: "Up to what age should oil be used on baby?"

ANSWER: Physicians said, on average, "Continue using oil until baby is over 6 months old." Many advised using oil up to 18 months.



ANSWER: 4 out of 5 physicians said baby oil should be antiseptic. Only one widely-sold baby oil is antiseptic-Mennen Antiseptic Oil. It helps check harmful germs, hence helps prevent prickly heat, diaper rash, impetigo and other skin irritations. Hospitals find that Mennen is also gentlest, keeps skin smoothest. Special ingredient soothes itching, smarting. Use the best for your baby-Mennen Antiseptic Oil.

WHY RISK THESE 2 DANGERS BY **BRUSHING WITH MAKESHIFT CLEANERS**



Beware of DENTURE BREATH and LOOSENED PLATES

pastes, tooth powders or soap, may scratch the denture material which is 60 times softer than natural teeth. These scratches cause odorous film, food particles, and stains to collect faster and cling tighter . . . resulting in Denture Breath. Remember, you

Brushing your plates with tooth may not know you have it, but others Besides, brushing and scrubbing your denture with makeshift cleaners often wears down the delicate fitting ridges designed to hold your dental plate in place. With worn-down ridges, of course, your plate loosens.



A safe, modern way to clean dental plates, partial plates and removable bridges is to soak them clean in Polident every day. Polident is approved by many leading dentists and the leading makers of modern

denture materials. No brushing, no danger, yet the daily Polident bath works into the corners and crevices no amount of brushing seems to reach-leaves your denture sparkling clean, odor-free.



"NOW I'M REALLY LIVING...GO EVERYWHERE...HAVE FUN"

Millions call Polident a blessing. No Polident at drug, department or fear of Denture Breath—no risk of wearing down and loosening the plate due to brushing. Polident used daily helps maintain the original. natural appearance of your dental plate for less than 1¢ a day. Get

variety stores. 3 oz. - 30¢; 7 oz. - 60¢. FREE-Booklet on Care

of Dentures. Send post card: Hudson Products, Inc., Dept. J-11, 8 High Street, Jersey City, N. J.

BACK THE ATTACKand that boy you know. In-vest in one extra \$100

The Safe, Modern Way to Clean Plates and Bridges

Total Score:	OFTEN	RARELY	NEVE
1. Do you tend to take sides with your child against the teacher?			
2. Do you ever feel that the teacher "has it in" for your child?			the t
 Do you ever go over the teacher's head to the principal without first giving her a chance to straighten out the problem? 			
4. Do you feel that the teacher exists for the purpose of teaching your child the things you don't know, or can't be bothered to learn?			
5. Do you ever criticize the teacher in your child's presence?			
6 Are you on the defensive when you go to see the teacher—full of alibis for your child?			
7. Do you do most of your child's home-work to help boost his marks?			
8. Do you refuse to help him with home-work at all?			E I
9. Do you feel secretly that the teacher doesn't really appreciate your child's abilities?			
10. Do you figure that inviting her to dinner or sending her gifts will put her under obligation to you, resulting in easier sledding for your child?			
Total			

REPORT CARD

CONSTANCE FOSTER

HAT marks would you get if teachers issued report cards to parents? Would it be an "A" for tact, cooperation, and constructive social attitudes? Or do you rate failing grades in all of these subjects?

Are you an isolationist or an interventionist on the school front? Then go to the foot of the class. Can the teacher count on you as her partner in allied strategy on Johnny's or Susy's battle with fractions? Three cheers and a big red apple for you. You're teacher's Pet Parent if you cooperate!

You are scheduled to have personal dealings with at least thirty different teachers during the twelve years of your child's progress from first grade to a High School diploma. It will pay you to know how to get the most out of the relationship. All too often home and school are the opposite ends of a see-saw in the child's experience. Don't let this happen.

"Don't bother me with grammar, that's the teacher's job," is

the isolationist parent's reaction. It works to the detriment of the child's best educational interests for he is always off the ground with his feet hanging in mid-air. stranded at one end of the seesaw or the other with no balance.

Mrs. John Doe

Interventionism in school affairs is an equally disastrous parental attitude. The mother who bursts noisily into the classroom, her sense of injured justice bristling like porcupine quills, is teacher's Number One Problem Parent-the "interventionist."

"I understand that you've been unfair to Mary. It seems queer that you always have to pick on her! It isn't fair at all."

An approach of this sort is a dead give-away. It merely helps the teacher to understand Mary's difficulty better. For here's a secret known to every experienced principal. Behind every problem child, there lurks a problem parent!

When your child whines that teacher is an old meanie, it's your signal to Stop, Look and Listen

THERE'S A Problem Parent



FOR EVERY Problem Child



SPECIAL INGREDIENTS

that <u>do</u> something for your skin!

YOU can only get out of a cream what the maker puts into it. Today most women need more than the casual help of the usual type of cream, no matter how luxurious and expensive it may be.

They need specific help to give specific results.

That's just what Phillips' Milk of Magnesia Skin Cream offers. It contains special beneficial ingredients which do special constructive work for your skin—(1) softening and neutralizing any acid accumulations often found in the external pore openings; (2) helping to retain moisture in the skin and thus helping to keep it soft, supple, free from dryness.

What are these ingredients? First, something no other cream contains—genuine Phillips' Milk of Magnesia. Then there is cholesterol to hold moisture in the skin. And there are finest oils to soften and supple.

A Cream to Use at Night. Let these beneficial beautifying ingredients work at night—to soften, to neutralize any acid accumulations in the outer pore openings, to supply moisture and oils.

A Cream to Use by Day. Women love the way Phillips' Skin Cream readies the skin for make-up. It takes powder and rouge so evenly and holds that freshly made-up look so long!

Phillips' Milk of Magnesia Skin Cream benefits uncomfortable skins. Give its *special* ingredients a chance to work on *your* skin.

PHILLIPS'
Milk of Magnesia
SKIN CREAM

PHILLIPS' MILK OF MAGNESIA CLEANSING CREAM

A cleansing with this cream and you will know it is different! It loosens and absorbs surface grime from the outer pore openings and floats away any accumulations. See how clean, soft and refreshed your skin looks and feels after a cleansing with this cream.

LINNY Serves at the Canteen BY Polse



constant the strain of strenuous days your clothes need Linit. This modern starch penetrates the fabric—protects the fibres. Makes anything washable look better—longer.



ALL GROCERS SELL LINIT if you are an intelligent parent—and of course you are! The chances are that Mary is slipping up on her decimals. It's much easier to call Miss White an old crab than to buckle down and learn how to divide fractions!

Would you like to know just how you stack up as a parent in the average teacher's opinion? Take this test before you read any farther and make up your own report card. Give yourself 0 for every "often"; 5 for every "rarely"; and 10 for every question you can honestly answer "never". This is the honor system so play fair and answer honestly.

Chalk up an "A" for yourself if your total score is 90 or above; B for 80-90; C for 70-80; D for 60-70; and F for any mark below 60. Is it necessary to remind you that F stands for Failure?

If you scored lower than 70 on your report card, you will need to do a little home-work! Brush up on your psychology by reading the following list of Do's.

DO stand together with the teacher in matters of discipline and principle. Divided authority is confusing to the child's sense of security, and unfair to what the teacher is trying to do.

DO discuss your child's strengths and weaknesses with her. She needs to know your private blueprints for him so that you can work on him together instead of pulling him in opposite directions. Do this objectively.

DO look on home and school as the two halves of a perfect whole. They should complete, not compete with each other.

DO remember that teachers are human, too. Right now they are carrying a big extra wartime load of chores and duties.

DO realize that teachers are eminently fair. They are tremendously interested in doing a good job on every child for whom they are responsible.

DO look on the teacher as your friend and ally. Together you are building the character and training the intelligence of a future citizen of the community.

DO answer questions, stimulate intellectual curiosity, encourage reading, and supervise homework in the interest of a we'll-rounded education. Schools can't do it all! You must help.

DO make a point of visiting the school regularly for a check-up on your child's progress there.

DO ascertain the most convenient time for your call. You make an appointment with the dentist or the beauty parlor. Teachers are very busy people, too.



AND ONLY A Penny

Shampoos with Packers Tar Soap average less than a penny—about one-fourth the cost of bottled shampoos. No wonder Packers has been a favorite of careful and thrifty mothers for 74 years!

You and your family will delight in Packers' rich pine-cone color...its fragrant pine-woods smell...its rich, creamy lather that cleanses so gently, and rinses so easily!

Get a large 25¢ or 10¢ cake of Packers today.

PACKERS TAR SOAP

MOSE AND THROAT HYGIENE

Many doctors recommend MU-COL.
in nasal spray or gargle to cleanse
irritated, tender and sensitive memibranes in nose and throat. It is
ceffective, cooling, comforting, nonpoisonous, safe for children.
Discontinuous, safe for children.
THE MU-COL TO.

Depl. AH-113, Buffale-3, N. Y.



Now to get all the benefits of this combined PENETRATING-STIMULATING action as shown above, just rub throat, chest and back with Vicks VapoRub at bedtime. Then...see how this family standby goes to work instantly -2 ways at once—to relieve coughing spasms, ease muscular soreness or tightness—bring grand relief from distress! Its soothing medication invites restful, comforting sleep—and often by morning most of the misery of the cold is gone. Try it tonight.



Long will it wave, young mother, if you'll do it yourself!



What to do about baby laundry in these days? The answer may be—do it yourself, but if you know a few rundamentals, Mrs. back at you in pristine glory.

Instead of long, fussy dresses have very simple things in the layette: garments with smooth, flat necklines, plenty of front fullness and roomy raglan sleeves that permit leg-kicking and arm-waving. Be sure that baby clothing is ample for daily changes.

In the daily washing chore diapers
In the daily washing chore baby's
will comprise the bulk of baby's
will comprise the bulk of being
laundry. They should be rinsed in
cold water immediately after being



removed, and put to soak in a covered solution of borax. Next morning give them a ten-minute whirl with rich suds in the washing machine. Follow with hot water rinses. Courtesy, Cleanliness Bureau

and hang outdoors. Bands, shirts and wrappers are easy to wash daily by hand, using lukewarm suds. Rinse and dry outdoors. Examine little dresses before ironing. Remove oil stains in warm suds or, if set, use hydrogen peroxide followed by light sudsing; wash

orange juice stains immediately; sponge egg stains with cold water; wash and rinse. Bedding linen can be popped into a tub of suds, and washed and dried in no time

Sheets need not be ironed it hung evenly and smoothed when folded. Do not soak rub or twist woolens, but wash gently in lukewarm water with mild suds and rinse and dry in mild air. Measure garments first; dry to shape and size



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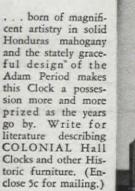




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Mother



Now is the time to repair baby's toys, and put some away until Christmas when they can come

out all shiny and like new again. It's amazing what a little paste or glue and some paint or enamel will do to a slightly broken toy. If your baby is tired of a specific toy, put it away for several months. Later on it will seem like a new plaything. If he receives gifts of books, shellac the covers or protect them with transparent coverings.



Time certainly does not hang heavy on your hands when you have a baby's feeding and

bathing schedule to follow. Maybe you experience the same problems some other mothers have and wonder how you are going to get everything done with the new baby in the home dominating every situation. The first thing to do is make out your baby's schedule. Take pencil and paper to do this. Then list the daily household chores which need to be done and do them when baby is resting or playing. List your weekly and monthly duties the same way. It all seems more systematic and simpler once you have thought it out with pencil and paper. Working schedules are individual affairs. A good rule is to have schedules so flexible that you won't tie yourself into a knot if everything doesn't get done.

Mothers tell me that it is much easier to wean from a bottle if the baby has already started to learn to drink from a cup. Start the drinking-from-a-cup habit very early and the weaning problem will seem like nothing at all. In other words, get baby weaned from the suckling habit as quickly as possible and you won't have any stubborn feeding problems. No doubt you have already learned this from your own experience but a rested and relaxed baby will eat much better than a



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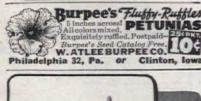
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A clean aluminum pan, one ounce of Amron, some hot water - and without rubbing or polishing your flat silverware will be glistening and bright within ten minutes. Amron is harmless to the hands. Makes glassware sparkle, ideal for washing windows or walls. 4-lb. container \$1.25 postpaid. \$1.50 west of Rockies. Satisfaction guaranteed or money back. Norma Chemical Company, Box 11, Mount Vernon, New York.

LEPAGE'S PAPERHANGER'S PASTE EPAGE'S PAPERHANGER'S WALL SIZE









tired baby. Also, try to keep yourself rested too, and your baby will be a pleasure to care for.



THEN your baby starts to eat semi-solid food.

serve the food in very small servings and be extremely patient without coaxing and urging. After all, the experience of eating solid food is new and the feel of solid food in the mouth is different than liquids. It's advisable to introduce many new foods so there will be a varied diet. And under no circumstance allow your baby to fill up on bread, crackers, or milk alone after solid food is introduced into the diet. Variety is necessary in a baby's diet, Establishing good food habits in the first few months will be a blessing when the baby is older. You won't have a finicky eater.

Babies like simple food that is appetizingly warm but not highly seasoned. Save the gourmet dishes for your child when he or she is old enough to appreciate and enjoy them. Do not automatically sprinkle sugar or salt and pepper over everything just because you happen to like it that way. A baby does not have any distinctive food tastes and too easily can acquire bad habits along with good eating habits. Usually the fault is the mother's and not always the baby's. Maybe you disagree with me on that statement. Well, of course it could be relatives' faults or dad's fault, too. Just listen to yourself sometime while you coax baby to eat and see if you aren't making more of an issue of eating than you should for the good of both.



A RE you proany accidents at meal time by providing bibs

and table protectors? Of course babies are not as skilled as adults in their table manners. First of all babies must learn to eat and later on they can pick up the niceties of good table maners. So, if the fingers are used instead of a spoon, don't scold. Gradually a spoon will be used. If the milk drips or gets spilled, don't scold but treat it as an accident of an unsteady hand which will soon develop control.

Every day is a Food for Freedom day. Feeding your baby properly and wisely today is good insurance for the future. We must all do our part. Won't you tell me of some of the things you are doing?

aunt Sue

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many developments in "Heating of the fu-like a small "space heater"—works like a ture" will allow any home-rural or city! - big furnace, heating several rooms with to use the equipment and fuel that's cheapamazing fuel economy. Tomorrow, these est, easiest, most convenient—oil or gas! "magic heat-plants" will work for you!

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Would we go back to



being sloppy at the edges?

HELEN CROSBY McCABE

F PEACE were declared tomorrow would we go back to being sloppy at the edges?" my husband queried.

"I should say not," I answered. "We have gotten so accustomed to wartime order and precision that we'll never return to the old inefficiencies."

The war indeed was an impetus in bringing order to our household. Right after Pearl Harbor my husband said, "Why don't we declare war on our own home? Have you a list of what should be done?"

As it happened I did have a long list of little disorders that would take a solid three weeks of work.

"Why don't we hire some help for three weeks and do without something next spring?" he suggested. "Let's get straightened out now!"

Needless to say, he had complete agreement. Encouraged by his interest I searched out a young girl who was looking for "coat money." After a day or two of practice she took over the children in the daytime. I disappeared into the attic, the cellar, the closets, and the garage. At the end of three weeks I emerged feeling that our own chaos had been licked.

When I started, I was in anything but a Pollyanna mood. There was too much to do. The medicine chest was first on the list. Out came the ancient bottles, and in went a fresh supply of first aid materials. Any bottles that could be cleaned were washed and put in the cellar. The cellar in turn was made into a kind of reception room. We made shelves by alternating bricks and planking. Onto the shelves went every kind of jar, from empty jam to pickle. Also various places were allotted to usable but cracked china, flower pots, fruit baskets and

Watch Out for these Symptoms!

If you-like so many women between the ages of 38 and 52-suffer from hot flashes, weak, nervous feelings, are blue at times—due to the functional middle-age period peculiar to women —try Lydia E. Pinkham's Vegetable Compound—to relieve such symptoms.

Taken regularly — Lydia Pinkham's Compound helps build up resistance against such distress. Thousands upon thousands of grateful women have reported remarkable benefits. It also is a fine stomachic tonic. Follow label directions. Pinkham's Compound is well worth trying!

LYDIA E. PINKHAM'S COMPOUND

Brenda — Will You Step Out With Me Tonight?

I know I've been an awful grouch not taking you any place lately. But after standing all day at my new job, my feet darn near killed me with callouses and burning. Now I've reformed—or rather my feet have—thanks to the Ice-Mint you advised. Never tried anything that seemed to draw the pain and fire right out so fast—and the way it helps soften callouses is nobody's business! Been able to get some extra overtime money—so what do you say, let's go dancing tonight. You can step on my Ice-Mint feet all you want.

Kidneys Must Clean Out Acids

Excess acids, poisons and wastes in your blood are removed chiefly by your kidneys. Getting up Nights, Burning Passages, Backache, Swollen Ankles, Nervousness, Rheumatic Pains, Dizziness, Circles Under Eyes, and feeling worn out, often are caused by non-organic and non-systemic Kidney and Bladder troubles, Usually in such cases, the very first dose of Cystex goes right to work helping the Kidneys flush out excess acids and wastes. And this cleansing, purifying Kidney action, in just a day or so, may easily make you feel younger, stronger and better than in years. An iron clad guarantee insures an immediate refund of the full cost unless you are completely satisfied. You have everything to gain and nothing to lose under this positive money back guarantee so get Cystex from your druggist today for only 35c.

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If your feet hurt, ache, or are just "fldgety", roll them on the Bremdun Foot-Flexer for a minute or two, morning and night. It massages gently but makes disculation, makes goothes nerves, stimulates disculation, makes feet happy again. Strengthens arches through proper exercise with effective device made of 3 different porosities of live, sponge rubber, chemically treaded. Sales limited to supply on hand, until new rubber is released.

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Place Setting



Puzzled over what to feed your dog? Make it Milk-Bone Tiny-Bits and see how he enjoys it. The best part is that it's so good for him, too. Con-

tains five vital vita-mins, A, B₁, D, E, and G, plus high protein beef meat meal, fish liver oil, yeast, whole wheat flour, and necessary minerals. Just add warm water, soup or broth, plus bits of meat and vegetables you wish. Ask for Milk-Bone Tiny-Bits at your dealer.



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National Biscuit Company, Dept. G-11 449 W. 14th St., N. Y. C. Send me FREE SAMPLE MILK-BONE TINY-BITS (Please print, Paste coupon on penny postcard if you wish.)

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Send 10c today for 64 page book & Press-On sample! 100 ideas to style up old garments with appli-ques; 35 Victory mending ideas. PRESS-OR.INC., Dept.AM-2, 16 W.61st St., N.Y. 23 p.

glass. Scrap metal and tin were saved to be donated to the war collection.

The attic was emptied of surplus contents. Every snapshot in the house went into one large drawer along with photographs and letters. A variety of broken clocks went to the jewelers. A cardboard closet was reassembled and became the home of all costume possibilities, such as evening dresses, hats, and grandfather's uniforms.

In the kitchen every corner was cleaned out. Candle-ends, string, and wrapping paper were given a drawer. The vacuum cleaner was given its own wide berth. The refrigerator was checked, the doors restripped and a new thermostat was put in. Brushes and clothes went into labeled drawers and a third was cleaned out in which to save cans and boxes for the nursery school. Next, in each room a shelf or small chest was set aside for the children's toys, which helped to rotate them in use and saved steps in putting them away. All the keys were reidentified, labeled, and put away in the front hall. Best of all, an endless hoard of clippings and recipes were sorted into big manila envelopes, each marked according to interest.

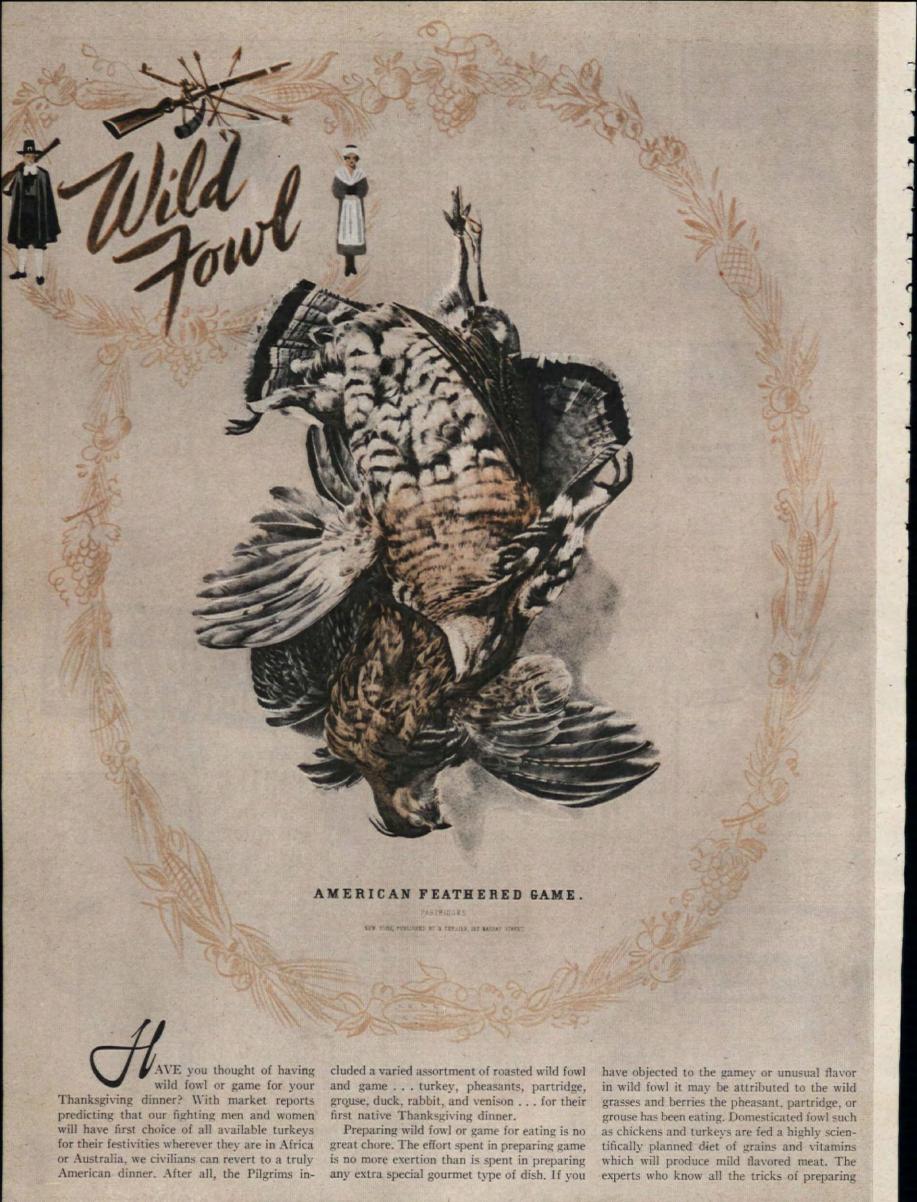
Minor changes included the removal of our pet exasperations. The table by the front door was moved to a better location. Weatherstripping was tacked against the children's door from under which a stream of fresh air had chilled us every evening. Dining-room and bedroom shades which stuck were replaced by dark blue ones, a thought for the "blackout."

And that reminded us that we had often thought of, but had never planned what we would do in case of fire. The attic was a trap, there was no rope, so at least a rope went in. The garden hose was hung convenient to the garage faucet. The fire extinguishers were checked and made ready for use. An old but still solid ladder was painted the color of the porch roof and laid where it was not noticeable. We checked our flashlights and all electric fixture cords that needed rethreading. Then drawing a breath of relief, I turned to mending and ourselves.

A full supply of sewing cottons and silks went into a drawer within reach of our breakfast table where it would be handy for incipient tears. Buttons were sorted into a little metal file box. Mending was gathered on a large tray which even in our three weeks' turmoil was diminished by half. For ten cents I found a surprisingly easy "Learn How" book for knitting and after some practice and with the forbearance of a neighbor I produced a sock that looked quite respectable. For this I received a rather simple and old-fashioned reward. For five years of matrimony we had read separately in the evening; now my husband reads to me while I sew or knit, and we both like it better. It puts an end to a certain amount of disparity in bedtimes. He no longer wants to finish a book in the wee hours, and I really accomplish wonders.









golden fried rabbit

Preparation time: 11/2 hours

UT dressed rabbit or hare into six pieces. Put in china or enamel bowl and marinate overnight in:

> 1 cup cider vinegar cup water teaspoons salt

teaspoon whole cloves 2 teaspoons sugar

6 bay leaves 1 cup sliced onions

teaspoon pepper Remove rabbit from liquid, drain, and dry. Roll pieces in flour mixture and brown on both sides using any available fat.

1/4 cup flour 1/2 teaspoon teaspoon celery salt teaspoon pepper

1/4 teaspoon paprika 1 teaspoon salt Few specks of garlic salt

teaspoon poultry seasoning When rabbit is nicely browned add 1/2 cup water. Transfer rabbit to baking dish and put into a moderately hot oven (375° F.) and bake for 30 minutes. Fifteen minutes before serving pour 1/2 pint of sour cream over browned rabbit pieces. Gravy may be made from the liquid. Serve very hot with or without gravy.

Serves 4 to 6 Recipe submitted by JULIETTA K. ARTHUR

Source of vitamin B complex Calories 330 per serving Tested in

THE AMERICAN HOME KITCHEN

pilgrim roast wild duck

Preparation time: 2 hours

LEAN duck, put in large china or enamel bowl and marinate over night in: cup vinegar 1 teaspoon salt 1/8 teaspoon pepper Garni of herbs (bay leaves, marjoram, teaspoon sugar

thyme) Before stuffing duck, rinse and dry it thoroughly. Then stuff with:

1 cup apple, chopped fine 1 teaspoon salt 1/2 cup cranberry relish

½ cup cranberry relish

Sew openings. Dust celery salt and garlic salt over duck. Roast duck for an hour or more depending upon size, in a moderate oven (350° F.) Serve hot and garnish with molds of cranberry relish. Cranberry relish molded

11/2 cups cranberry relish (made from cups fresh cranberries, 1 orange,

1 package cherry gelatin 1 cup boiling water

1/2 lemon, 1 cup sugar, all chopped) 3/4 cup cider Dissolve gelatin in boiling water and add cider. Chill and add cranberry relish.

Fill molds. Chill and unmold when firm. Source of vitamin A, B complex, C

Calories 840 per serving

Tested in

THE AMERICAN HOME KITCHEN

hunter partridge

Preparation time: 11/4 hours

LEAN partridge, split into halves and marinate overnight in wine or vinegar and herbs. Use china or enamel bowl.

1 cup vinegar 1 cup water

1 teaspoon salt 2 teaspoon sugar

Garni of herbs (basil and tarragon)

1/8 teaspoon pepper and paprika

The next day remove partridge from liquid, rinse, and wipe dry. Put into moderately hot skillet which has a tablespoon of fat. Brown both sides of partridge. Or if desired, grill the halves. Mix up a bouillon cube with one quarter cup of water, a speck of garlic salt and celery salt. Brush partridge with the liquid until all is used. Continue to simmer partridge for 45 minutes. Fifteen minutes before serving, slice oranges and brown in the same skillet. Serve partridge very hot and garnish with orange slices.

Source of vitamin B complex, C

Calories 500 per serving

Tested in THE AMERICAN HOME KITCHEN

western roast grouse

Preparation time: 11/2 hours

LEAN grouse and dress but leave whole. Place in china or enamel bowl and marinate over night in sour milk using 1 pint or more. The next day drain grouse and wipe dry. Fill with following stuffing:

11/2 cups cooked wild rice

1 teaspoon salt

4 cup raisins

1/4 teaspoon each: pepper, celery salt,

paprika

Sew opening together and place stuffed grouse in baking pan which has a tablespoon of bacon fat. Roast in moderate oven (350° F.) for 1 hour or more until tender. In roasting pan put liquor made from 1/2 cup hot water and 1 bouillon cube. Add two carrots which have been split lengthwise and one large onion cut into quarters. During the roasting baste the grouse occasionally. Fifteen minutes before serving pour 1/2 cup of sour cream over the grouse. Make a gravy sauce of the vegetables and liquid left in pan adding a little water and thickening if necessary. Season to taste. Serve grouse very hot and garnish platter with additional mounds of dressing . . . wild rice, raisins, and pecans.

Source of vitamin B complex

Calories 420 per serving

Tested in THE AMERICAN HOME KITCHEN marinated a day or two in wine, sour milk, or vinegar and herbs. This marinating miraculously removes some of the gamey flavor besides tenderizing the meat. Furthermore wild fowl should stand for a day or two before cooking. Marinating enhances the flavor.

Wives of our pioneers depended upon wild fowl and game for their sole source of meat. Nutritionally this wild game provided adequate protein in the daily meals. Venison roasts or steaks, rabbit stew, fried pheasant or partridge, roast duck, or turkey were some of the tempting dishes included at the noon and evening meal. Frequently two or more meat dishes were served at the same meal, including wild fowl and venison. In addition to being an excellent source of the necessary animal protein, wild fowl and game are also rich in the essential vitamin B complex. No wonder our ancestors were well; at least they did not suffer from a lack of protein or the necessary vitamin B complex. It is often in the highly refined diet of modern civilization that these are deficient.

The selection of meat available to our early settlers included deer, elk, bear, partridges, grouse, pheasants, ducks, guinea hens, turkeys, raccoons, and rabbits. Every house no matter how large or small had wild game and fowl stored away. Today with available freezer lockers many efficient and thrifty housewives are following their pioneer sisters' example. Game brought home by the hunter may be stored in the freezer locker for future use. Another advantage of acquiring wild fowl or game for a meat source is that no ration coupons are surrendered. Experts are constantly searching for new untapped meat sources to supplement the available supply. Animal protein is a must in the daily meals. Proteins are also found in food from vegetable sources, but man cannot live on vegetable protein alone. The ideal balance is to select fifty per cent of the protein required from animal sources (meat, fish, poultry, eggs, milk, cheese) and fifty per cent from vegetable sources (grains, cereals, nuts, legumes, beans). Wild fowl and game which roam the country side, and the fish in creeks, rivers, lakes, or oceans will be sought to supplement the available present-day protein sources. While the meat shortage is not acute, the demands and hazards of war make an extra source decidedly attractive.

Here are some helpful hints to tell the condition and age of wild fowl or game. Rabbits are smaller than hares; both are very good eating. Cooked rabbit or hare meat resembles chicken in flavor and texture. The rabbit breeds at the age of six months and thereafter will have a litter four to eight times a year. Wild hare or rabbit should have soft pads on their feet which is a telltale sign they are still young and will be tender when cooked. The grandpas have tough pads after seasons of running. There are six servings to a rabbit, the front and rear haunches and the two breast pieces.

Of the wild fowl available under the restricted game laws, the duck, partridge, grouse, and pheasant are most popular. Wild fowl is smaller than the domesticated variety. If the bird has done a great amount of flying or walking and is no longer young, the wings and legs are toughened and fibrous. Young ducks will have soft webbing on their feet and a soft underbill. The breast meat, which is considered the best of partridge, grouse, and pheasants, should be pliable as in young chicken. Duck is usually roasted and the grouse or pheasant may likewise be roasted, although pheasant is often broiled or prepared en casserole. The smaller wild birds may be stuffed and roasted or split and broiled. Since the flavor of wild game is pronounced it is advisable to serve some sort of relish with it such as cranberry, grape, or sliced oranges. The piquant, tart flavor of these fruits blends particularly well

with wild fowl. For stuffing use wild rice, or apples and cranberries.

Wild fowl utilizes supplies of wild game which would eventually perish of malnutrition or become destructive to farm crops. Game conservation laws have been established to protect and regulate the supplies of game which may be hunted only in certain seasons and in limited numbers. Your state game commissioner has information on the duration of seasons when certain kinds of game may be hunted on surplus stocked hunting grounds.



TO SPEED

OUR BOYS HOME!

A quick way to better refrigeration!

FRIGIDAIRE

here tells you how to defrost your refrigerator in 15 minutes



Strange as it seems a thick coating of frost on the freezer does not make your refrigerator "cold." Actually it cuts down efficiency. For frost acts as a blanket, choking off the refrigeration you need to protect your food!

Many women don't know that frost should always be removed before it builds up to ¼ inch, or about the thickness of an ordinary lead pencil. Watch the frost line! Defrost as often as necessary, winter and summer. Whatever you do, don't use an ice pick or other sharp instrument; you may puncture the freezer and cause other damage. To defrost in a hurry, try the easy 15-minute method pictured here. It is especially recommended when you are storing frozen foods and don't want them to thaw during the defrosting operation.



You don't have to clean the food compartment when you defrost but it is a good time to do it. Use a solution of baking soda and water, I teaspoonful to a quart. It counteracts food odors, leaves a refrigerator "sweet." Don't use hot water on cold glass dishes or glass shelves.

Try this trick. If you use the 15-minute defrosting method and want to save some of the old ice cubes until a new supply can be frozen, wrap the entire tray of ice cubes in several thicknesses of paper and store on a refrigerator shelf.



Don't be rough. Clean ice trays with baking soda and water solution or with mild soap and water. Never use hot water or an abrasive. For easier ice removal some trays have a wax coating that may

For ice in a hurry spill a little water on the bottom freezer shelf and slide in the tray. Turn temperature control to its coldest setting, but remember to turn it back to normal position when freezing is completed.

Next Month:

"Get a Head Start on Your Holiday Dinner"

DEFROSTING IN A HURRY!



Make sure that the defrosting tray is empty, uncovered, and in proper position to catch frost as it melts and prevent it from falling in the refrigerator. Then disconnect refrigerator by removing plug from the wall outlet or socket.



3. Fill a metal baking dish or pan with hot water and place on bottom shelf in freezer. If you can use a larger dish by removing a freezer shelf, so much the better. But never use an ice tray—see reason given in first column.



2. Remove all food and ice trays from the freezer. Put frozen foods on refrigerator shelves. They will not thaw in short time it takes to defrost. Wrap any ice cubes you want to save—see the suggestion, "Try This Trick" in first column.



When all of the frost is gone, empty defrosting tray, clean freezer with solution of baking soda and water which helps get rid of food odors—leaves it "sweet." Then refill ice trays with fresh water and start the refrigerator.

Food Fights for Freedom!

- 1. Store foods properly as soon as you get them home.
- 2. Prepare food carefully-cook and serve no more than is needed.
- 3. Use all of your leftovers-throw nothing away.

Help yourself-help your country!



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today's food and refer answer man

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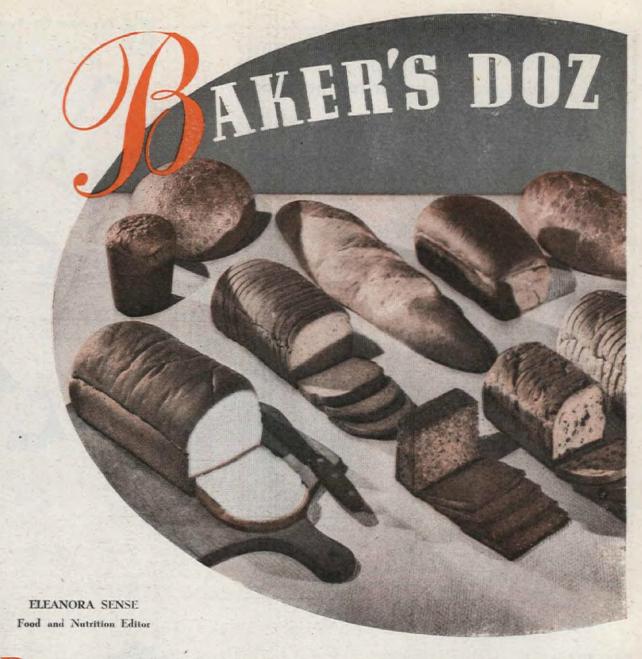
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☆ WRITING IS FIGHTING, too

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READ, the staff of life, has been the mainstay of our daily meals since Biblical times. But now according to nutrition statistics bread can be a hindrance to a healthy life. This alarming fact jolted scientists into taking drastic measures. Wheat when processed is voided of its protective bran which contains essential vitamins and minerals. Pure white flour is not rich in vitamins and minerals. So, the solution was to enrich flour and thereby enrich bread.

The Fcod and Nutrition Committee of the National Research Council recommended standards for enriched bread to the Food and Drug Administration. At first only a couple of vitamins and a mineral were added to white bread or flour. However, now the ruling is that all enriched bread should be enriched with additional thiamin, riboflavin, niacin, and iron. Calcium and vitamin D are optional additions which will enhance the enriched bread. This makes enriched white bread more valuable and almost on an equal par in nutrition value with other breads.

Four methods of enriching bread have been utilized by commercial bakers. One method was to use additional skim milk. Another method was to use vitaminrich yeast. A third method was to use flour which had the wheat germ retained or to add wheat germ to the dough. A fourth method was to add vitamin and mineral concentrates to increase nutritional volume.

When milk is used in making bread the protein value of bread is enhanced. In comparison to water made bread, milk made bread has more nutritional value. If bread is made from milk and enriched with vitamin and minerals, it is much more important and makes a real contribution to our daily meals. Then truly it is our daily bread which gives us our health.

Are you in a bread rut and buy or make the same kind day in and day out? Then glance at the thirteen different kinds of commercial breads and the eleven home made breads. The recipes for the ten home made breads were taken from our Basic Recipe File. Let's look at the picture of commercial breads. Starting clockwise with the loaf of enriched white bread on the bread board, the next loaf is Boston brown bread, then the round crusty loaf of dark rye, in front of it is a loaf of whole wheat bread already sliced, then a crusty loaf of French bread, graham bread, sour rye, protein bread, and a whole grain wheat bread. The round crusty loaf is another French type called galette, next on the bottom row is a loaf of sliced cracked wheat bread, then sliced English raisin bread and the thirteenth loaf whole grain rye bread.

The eleven homemade breads include 1. corn bread, 2. graham, 3. molasses nut, 4. Jule Kake (Norwegian bread), 5. oatmeal, 6. Swedish limpe, 7. orange nut, 8. black walnut, 9. keep-a-week bran, 10. whole wheat bread, and 11. Boston brown bread.

Two dozen different kinds of bread is a better repertoire than one or two varieties. And your family will appreciate the variety, too! If packing lunches is your job for school children or a hard working husband or even for yourself, the same kind of bread to When the American public decided that white bread was good eating, a major nutrition trouble developed

F. M. Demarest

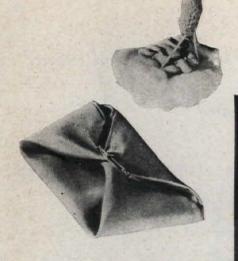
make the same kind of sandwiches can become very monotonous. Not only should the filling for sandwiches vary but also the type of bread used. For instance, cottage cheese between slices of enriched white bread not only has a sameness in color, but even the taste is very bland. Instead put some cottage cheese between slices of raisin wheat bread and you not only have a pleasing contrast of flavor, but also an appetizing color contrast.

Starting with breakfast, different breads toasted adds a spice and liveliness to the first meal of the day instead of the drab feeling of the same kind of food which makes the same kind of day. We have already discussed breads for lunches when packed, but lunches at home may include warmed French bread, or thin slices of pumpernickel or rye bread. For dinner thin slices of protein or whole grain bread adds a stimulating change. If bread is to be the staff of life, it can be a morale builder, too.

Whether used as sandwiches for lunch boxes or parties, or bread and butter for tea, let bread play its intended vitally important role.



"Pin-Ups" for an Unusual



ON'T cudgel your brain for an unusual baby shower idea; choose the most obvious one-that perpetual white triangle! For the invitations fold triangles the three corner way and pin them with a small safety pin. Make these any size to fit those eternal left-over envelopes which everyone has, and send them off to the prospective mother and guests. To keep the party from being pretty but useless, ask each person to bring a gift that the baby can use daily. This way gifts range from precious safety pins to more diapers-real ones, this time. The pretty dresses and innumerable sweaters that baby never gets around to wearing will be avoided. Place all the gifts in a huge flan-



F. M. Demarest

sandwiches with salads

Mix 1 cup chopped shrimp with 1/4 cup grated 2 tbs. chopped celery, 1 tbs. chopped 2 tbs. mayonnaise. raw carrot.

with 1/4 cup chopped sweet pickle, 2 tbs. mayongreen pepper, and 2 tbs. mayonnaise.

egg fillings: Mix 3 hard cooked eggs (chopped) naise, 1/2 tsp. salt, and 1/4 tsp. onion salt.

Mix 1 cup chopped cooked vegetable (aspara-2 tbs. chopped celery,

cup cottage cheese with 1/4 cup unpeeled cucumber or pickle,

cup cream cheese with 3 tbs. chopped olive, and 1 tbs. grated onion.

nelette diaper and present it to the mother. If the group wants to buy one large gift, the mother will be delighted, for baby essentials are getting scarce and expensive. Someone may have a baby buggy to donate, refurbished with new paint and lining, ready for its new occupant. A baby's crib, second hand, freshly painted and trimmed, would be a desirable present. Stop to think of the multitude of things a baby needs to start out in life; the possibilities for just the necessities are unlimited.

For a breath-taking table, use a pastel cloth, with a centerpiece of the gorgeous bassinette cake dessert. Flowers for the table may be in shades of pink with clouds of feathery white blooms. If you prefer to use another centerpiece than the cake, a child's small doll carriage completely covered with flowers, or a doll cradle filled with flowers and surrounded with pink and white flower nosegays would be equally effective. Make enough of the tiny, delicate nosegavs tied with blue baby ribbon for each guest to have one. Or you can have individual favors of peanut storks, balanced on tufts of cotton, with rolled paper beaks and cotton tipped swabs



Mix 1 cup chopped corn beef with 2 tbs. horse-

diced celery, 2 tsp. chopped dill pickles, 1 grated onion, and 2 the

Mix 1 cup ground bologna with 2 tbs, chopped

radish and 1 tbs. mayonnaise.

ated raw carrot, ¼ cup mint jelly, ¼ tsp. salt. Mix 1 cup left-over meat loaf with ½ cup

Mix 1 cup chopped left-over lamb with 2 tbs.

dill pickles, 1 tsp. mustard,

Tested in THE AMERICAN HOME KITCHEN

sandwiches with soup

season with 2 tbs. mayonnaise, 1/2 tsp salt

Baby Shower! ELINOR SCOVILLE and MARCELLA RYSOR



Old Colony Sterling Flatware, Spode Gossamer Earthenware, Dover Engraved Crystal—All from Black, Starr & Gorbam Inc.

for legs, to properly feature this very important bird. Fold napkins in the traditional triangle shape and fasten with pins. This safety pin theme can be used throughout, and if all of the guests cooperate to the extent of two or three pins each, the collected result would help the young mother to prepare for the baby's need of them. Perhaps your group will want to provide their own entertainment, but one good guessing game is to secure a baby picture of each guest, and let the others guess who it is. If the party is large, this can give hours of fun while each picture is scanned. War stamps make a good prize for this winner, who may donate them to the unborn guest of honor.

Baby Shower

Hot vegetable bouillon in cups Tray of crackers, celery curls, carrot sticks Chicken and garden sauce in wheat nests Medley of vegetables Jellied cranberry salad Cornsticks Decorated baby cradle cake Ice bouquet Coffee

KNOW YOUR VITAMINS









Measure the Potency *(V. U.) in a One-A-Day (brand) Vitamin Tablet, and you would hardly believe it!

Of course you can't actually see V.U.'s (Vitamin Units), but you can read the potency story of One-A-Day Vitamin Tablets on the label of every package. Read it carefully . . . then compare it with others.

You Will See why One-A-Day Vitamin Tablets are so economical to use . . . so convenient to take. Because each little One-A-Day Vitamin A and D Tablet, and each One-A-Day Vitamin B-Complex Tablet is two to three times as potent as those brands where you must take two to three tablets or capsules daily to get your minimum requirements.

As a result, you take only a single tablet daily, pay only for one-no mat-

ter which group of Vitamins you use. You Will See also why One-A-Day Vitamin A and D Tablets can be such a help in keeping up normal resistance to colds. Each tablet equals in A and D vitamins 11/2 teaspoonfuls of Cod Liver Oil, meeting U. S. P. Minimum Standards, yet they have no oily or fish liver taste.

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For Clear-Eyed MORNING SPARKLE



Try This Tonight

IF YOU wake up tired and listless—if your freshness and "sparkle" are slip-ping away in the stress of these strenuous times—you should know this!

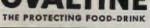
Thousands are drinking a cup of Oval-tine night and morning—for radiant morning freshness and vigorous days.

For Ovaltine is a scientific food-concentrate designed to do two important things.

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YULECARDS, Box 310-6, Quincy 69, Mass.

Inducing Friends



to say Goodnight"

HAYDN S. PEARSON

oes it happen in your house? You have friends in for the evening. At 11 P. M. one says. "We must be going." At 11:30 P. M. the same one or another repeats it. You listen to it at 11:45 and 12 midnight. It's low twelve and you're low too. Then about 12:15 or 12:30 A. M. the friends finally get through the front door. Usually they shout a few extra "Goodnights!" as they get to the street. You're glad to hear it, but you just know that Mrs. Boomboom next door, a light sleeper, as she's told you 1749 times, has had to turn over in bed and is now muttering, "Why can't the Pearson friends go home before daylight." And the following morning other neighbors glare in a very unfriendly fashion.

That's what it used to be-but no more! Brothers, we've worked out some how-to-get-rid-of-'em rules. They get results-and no hard feelings. To give you the formula in six. sweet, short installments, here's the way we do it. There's an art and technique to getting rid of your friends at a decent hour. I'm still learning and am open to suggestions.

First, if you're having an evening during the week, say to your friends, "Will you come over until 10:30?" Sure-just like that. Be definite. At 10:30, when your friends jokingly say, "Well, it's time to go; Haydn's got to get his beauty sleep," here's your answer. "Yes, that's it. No sense in having an evening of fun if you have a dud of a day next day." And act as if the evening were over. It doesn't leave guests anything to do except go home. So don't be afraid to set the time. It's not only foolishit's unpatriotic to stay up late, and give a poor day's work because of it. Some of us realize this is total war. It's taken a spell, but we're learning.

Second, develop the snap-'em-up technique. When folks say, "Well, we must be going" don't be half-wits and think you have to urge them to stay!



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A new fully-prepared mix you can use with confidence because it bears the name "Duff's"—like those other famous mixes, Duff's Gingerbread Mix and Waffle Mix!



APPLE SAUCE

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Save WAR STAMPS for a

COFFEE MILL

THE HOBART MANUFACTURING CO.

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Make it a rule to add Lea & Perrins Sauce to all meat-saving dishes. For this unrationed Sauce gives stews, hash and meat loaf a finer, more piquant flavor. Turns even a budget cut of meat into something special!



Be smart. Act as if you're going to rise. Push things aside. Act as if you believed your friends were actually telling the truth! Don't make liars of them. It isn't polite to rise before your guests do, but you can make it awfully easy for them to do so.

Third. If your friends are as intelligent as you are, the Psychological Neuronic Synapsic method is efficient. I learned those words at Harvard, and twenty years after, they're coming in handy. (Aunt Minnie used to say, "Never throw away anything. It will come in handy some day.") This P. N. S. method is a delicate one, but it has proved its worth to us. Here's a case history. The Jones' are good friends; we like them and they like us. Lots of times we'd like to have them in, but they belong to the late-stayer-uppers. So when we did have them in one evening, we made it a point to discuss the Smiths.

"One nice thing about the Smiths is that they go home at a decent hour," I said. Yes—just like that. It's what my wife calls my indirect, mysterious approach. Hard to get my meaning, you know. Bob Jones said, "Just what do you call a decent hour, Professor?"

"I call 11 P. M. decent during the week, and midnight on a week-end, Bob. What's your idea?"

"By Gad, I believe you," he agreed, and we quit around 10:30. Two hours and a half is enough, and we're really having grand times together. If it were 11:30, it would take away the pleasure of the evening. So try the psychological suggestive approach. Another method is the eyestrain ejector program. At 11 P.M. I put my hand over my eyes for a few seconds. Five minutes later I repeat. Then my wife says, "Are your eyes bothering you again, dear?" I say, "Yes, I guess I worked too hard to-day." The guests usually respond and we go through the technique of Point Two. Let your friends know (you'll find diplomacy works) that you like to get to bed before midnight.

Finally, how do you get guests out of the house? Do you have 'em? The kind who stand and talk in the hall for ten to twenty minutes? You can't be too drastic, but here are the two ways I've worked out. First, as soon as the guests have their coats on, edge to the front door and be about to open it, then if necessary step outside and view the sky. It's so obvious that most people will take the hint. Or, if that doesn't work, try the crowding method. Get the guest between you and the door. Take a step toward the guest; the guest backs up a foot or two. In five minutes, by actual experimentation, you can encourage him through the door without undue haste.

Friends are wonderful, but sometimes they're a problem. And conversely, let's be sure we're the welcome specie to our friends. The least we can do is come home at night before our welcome has expired and our hosts are about to do likewise.



A NEW DRINK! Milk with Brer Rabbit Molasses added. Most children just love it—even those who dislike plain milk. And it adds extra iron to their

Brer Rabbit is second only to liver as a rich food source of iron the kind of iron the body can use. Iron helps build good red blood.

Three tablespoons of Brer Rabbit Molasses will supply about one-third of a child's minimum daily iron requirement based on government standards.

Start your children on Brer Rabbit Milk Shake—today! Hot or cold—it's easy to mix.

TWO FLAVORS:

GOLD LABEL

light, sweet, mild New Orleans molasses; delicious on bread, pancakes, waffles and for a delicately flavored milk shake. MOTHERS, HERE'S THE

Why do children need Extra Iron?

To meet the demands of growth. Also, many of the foods in the average child's diet contain very little iron, or supply it in a form the body cannot use fully.

How much Extra Iron do children need?

The average diet supplies only about two-thirds of the minimum amount of iron children need for good health.

How much Extra Iron can they get from Brer Rabbit Milk Shake?

Three glasses of milk shake will supply about one-third of a child's minimum daily iron requirement based on government standards. This makes up the deficiency of iron in the average diet.

AMERICAN

GREEN LABEL

dark and full-flavored New Orleans molasses; recammended for cooking and a richly flavored milk shake.

FREE

Brer Rabbit's 52-page cook book, "Modern Recipes for Modern Living," containing 116 fine molasses recipes. Also pamphlet on children's iron needs. Write to: PENICK & FORD, LTD., INC., New Orleans, La., Dept. AF 11-3.

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but don't forget the greatest help in keeping those shelves spotless and sanitary... Royledge Paper Shelving! Trouble-proof and time-saving, it keeps shelves clean and dustfree until you open the last yummy iar!

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consult your doctor regularly. And ask him about the advantages of Hygeia Equipment. Improved Hygeia Bottle has easy-to-clean wide mouth, wide base to prevent tipping, and scale applied in color for easy reading. Famous breast-shaped Nipple has patented air vent to help reduce "wind-sucking". Ask your druggist for Hygeia today!



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DUANE BRADLEY

Penny postals to tell them they have been drafted for a party will set the military tone and with an honorable discharge they will go home tired but happy

DUTY—AND FUN!



Photographs, F. M. Demarest

HIS is for you who have been frantically searching for a party that will be a hit with your son, and still be smiled upon by the most ardent patriots. First, mobilize troops by sending make-believe draft notices on postal cards to the invited boys. When the number of "selectees" is determined, provide equipment for two armies. It may sound overwhelming but you will find it about the simplest party you ever gave! And it will go over with a bang.

Twelve boys can be supplied with plenty of toys for about two dollars -all -sorts of guns, tanks, jeeps, planes, boats and landing material. (Our ocean was a piece of blue oilcloth with cotton strips for white caps.) We managed by buying those envelopes of cardboard toys that you assemble yourself. Don't worry about getting the toys put together-the whole family will vie for the task. You will want to make army caps, either triangular folded brown paper ones, or regulation field style caps. To make the latter, cut two strips ten inches by four, and an elongated oval for the top. Sew top in first, all edges outside, then the

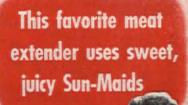
Selectees, junior style, get together for a party packed with fun and excitement for the combatants and one not too hard on the civilians

two ends. Arm bands also are made of paper with pins to fasten them.

Food? Children will never miss the fancy party foods if you offer them Field Ration K which might include any simple combination of light food. Be sure to mark each box with a government specification number, and that it is for combat troops only. It will please the lads enormously.

Start the party off by inducting each boy into the air corps with proper tests. Here are a few easy ones. Have each child stand on one foot with eyes closed, arms outstretched, and check their times. Then have each one advance to the center of the room, close his eyes, extend his right arm and quickly try to touch his nose. For the first real game, have a tank race. The winner earns a stripe and promotion in rank,

promptly indicated in black crayon on his arm band. Keep track of the losers, for they must do K.P. duty later. A short and very funny game is to see who can keep a plane propeller-a pinwheel-revolving longest by blowing on it. More winners, more stripes. By now you should have a few officers to take charge of manoeuvres on an obstruction course. When the battle is on the wane, summon your kitchen police. While they are performing their chores, ranking non-coms put their armies through marching drills and such. The K.P.'s distribute the box lunches, with an impressive roll call, Field Ration K must be eaten on the field, sitting on the floor, and being careful about crumbs which might expose their position to the enemy. When the meal is finished all waste must be returned to the commissary. Your armies will be weary by now, ready for taps. Dismiss them singly, presenting each with an honorable discharge. With mighty little trouble you will have staged a party long and dearly remembered by them all, and your own little soldier will feel proud and happy as he heads for his quarters.



says Marie Gifford

This delightful meat course has been home-tested in kitchens just like your own. Notice how the sweet, juicy Sun-Maids both extend and perk up this main meat course—just as they add zesty flavor to most wartime meals. And because Sun-Maid raisins are high in food energy calories they provide you with extra energy. Mail in the coupon below for lots more tasty recipes.



MEAT BALLS with Raisin Sauce

Make this rich, chutney-like sauce first: Cook 1/3 cup each chopped onion, green pepper, and celery, and a minced small clove of garlic in 3 tablespoons bacon drippings until soft. Acd 1/2 cup Sun-Maid Seedless Raisins, 1/3 cup catsup, 1 tablespoon vinegar, 1 cup water, and salt and pepper to taste. Let simmer 20 to 30 minutes while you make these meat balls:

1 lb. ground lean beef, yeal or lamb

1 cup bread crumbs 1 tsp. salt 1/4 tsp. pepper

1 medium onion, 1 egg, beaten minced

1/2 cup top milk

Mix thoroughly, shape into balls, brown in a little hot drippings in a skillet. Serve topped with the Raisin Sauce. Serves 6.



FREE! 2 new recipe books SUN-MAID'S & MARIE GIFFORD'S for this one coupon:

Sun-Maid Raisin Growers of Colifornia 2864 Hamilton Street, Fresno, California Please send me these FREE new recipe booklets: Sun-Maid's "Wartime Recipes That Taste Good" Marie Gifford's "69 Ration Recipes For Meat"

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UNLESS YOUR DOG EATS HIS

KEN-L-BISKIT INSTANTLY and Begs for More!



A Dish Without Sniff Appeal Leaves Fido "Cold"! If your dog refuses his "new" food it probably hasn't "Sniff Appeal."



The "Sniff's" the Thing! It's sniff and sniff alone that invites dogs to eat!





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When making tea
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extra water for
Ken-L-Biskit.
Pour ½ package
of Ken-L-Biskit
in dog's dish—
then add ½ pint
of boiling water.
Cool, then serve!



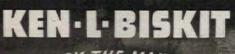
It's Got Real *Meat Sniff Appeal! Boiling water brings out the real *meat aroma dogs love. One sniff and your dog eats his Ken-L-Biskit IN-STANTLY-or Double Your Money Back!

DOG FEEDING PROBLEMS FOR GOOD!

*This sensational offer wouldn't dare be made if we didn't have facts! Yes! Ken-L-Biskit has been used for years! Over 100,000,000 pounds fed in leading kennels from coast to coast. Proof that dogs love it! And naturally—because Ken-L-Biskit has pure, wholesome, nutritious U. S. Govt. Inspected horse meat baked in! Also contains all vitamins proved essential to dog health—vitamins A, B₁, B₂ (G), B₆ and D.

A, B₁, B₂ (G), B₆ and D.

Get famous Ken-L-Biskit with real *meat sniff appeal today without risking one penny! Double Your Money Back if your dog doesn't eat it IN-STANTLY when served the boiling water way! Send carton with unused portion to: The Quaker Oats Company, Rockford, Ill.



MADE BY THE MAKERS OF KEN-L-RATION

Dear Working Wife:



With your b u s y schedule of working and keeping house which you find

can be done by careful planning and eliminating any fussy details, I thought you would like some hints which are thrifty and short cuts too. Have you been saving all your stale bread? Just let it dry and then grate or grind and store in a covered jar. You will find dozens of uses for bread crumbs but here are a few I like. Sprinkle crumbs over any casserole or au gratin dishes to give a finished look. Bread croquettes or meat balls with bread crumbs and put some of the crumbs in the mixture, too. Put some crumbs in scrambled eggs or any pudding. You can save stale cake or cookie crumbs and do many things with them too.



D^{ID} you ever try sprinkling salt on fruit, apples,

grapefruit, or melon to bring out the flavor? If you live in the goiter belt, particularly central and northwestern states, use iodized salt; it helps prevent simple goiter.



Does your sink begin to look a little dowdy?

Clean up the rust spots with a cut slice of lemon in places where the water drips. Better yet, repair the dripping faucet yourself. You can do it. If any part of the sink has chipped, repair with porcelain cement or glaze. It's so very important to keep everything in order so it will last for the duration.

All the wise planning of meals and the food you save in careful buying is Food for Freedom. It's the most important role you have in this war, to save food and use wisely. Write me the short cuts you have learned and how you are saving Food for Freedom?

Molly Fixit

No odor...no dirt remain after this quick bubbling action. Cleans quickly without scrubbing. Leaves a fresh minty fragrance. Costs no more than ordinary cleaners.





"Good Pictures" bring you together

Send your soldier "Good Pictures"...
of the old familiar scenes... the home
place, the best girl, the old fishin' hole,
sister Mary's new baby... all the happy
scenes of home sweet home.

Make the most of your present camera. Take good care of it, and conserve vital film by making each picture a good picture.



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PRECISION OPTICAL INSTRUMENTS
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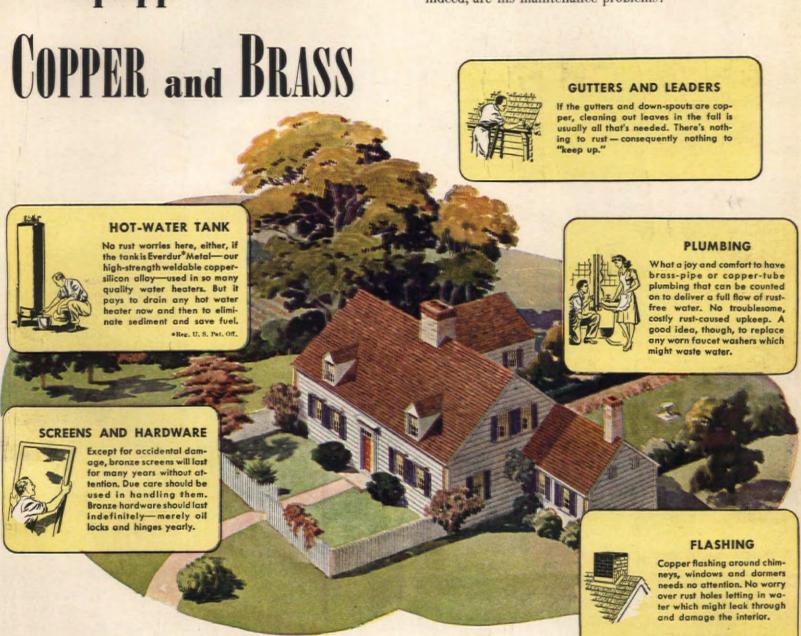


How easy it is

to take care of a home

equipped with

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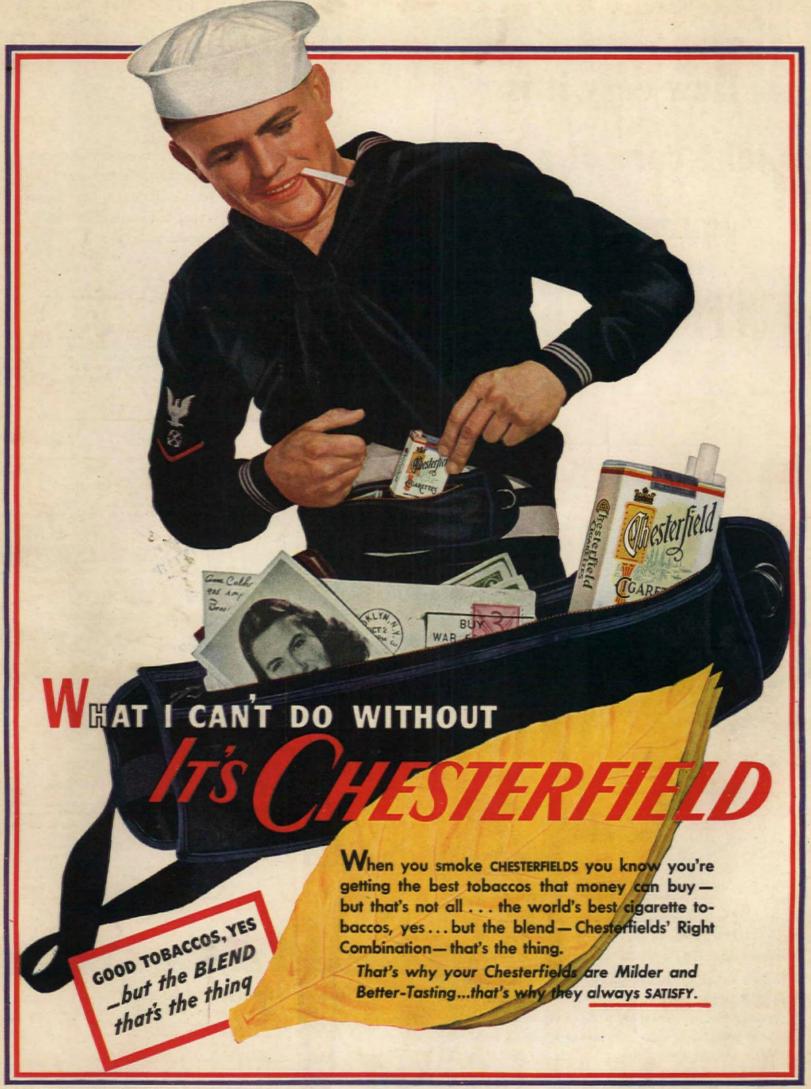
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