A MERCANTMOME
15
February 1944


## your family will love

When you have found just the right combination of ingredients, there's nothing more appealing and satisfying than a rich, hearty meat loaf. Made with ground meat, they're grand ration stretchers; you don't have an ounce of waste. Here are three new, deliciously different loaves from the Armour kitchens. Each is made with a dif-ferentkindofmeat-beef, hamand lamb. And the extender in each is different, chosen to contribute delicious flavors of its own, while spreading the flavor of the meat.

The chopped raw vegetables give the beef loaf a moist, tender texture. The cornflakes add a rich, nutty flavor to the ham and pork loaves. And the snowy-white topping of mashed potatoes gives eye-appeal as well as taste-appeal to the richly-seasoned lamb loaf. They're grand for entertaining or a simple family meal. And equally delicious served hot or cold.
Armour and Company suggests these recipes to help you make the most of meat and to make every ration point count.

1 lb. uncooked Star Ham shank ground fine with
$1 / 4 \mathrm{lb}$. lean pork
1 cup crushed cornflakes or other crisp cereal
$1 / 2$ cup milk
1 Cloverbloom Egg
2 tbsps. brown sugar
1/4 tsp. ground cloves
$1 / 2$ cup crushed cornflakes mixed with
1 tbsp. Cloverbloom Butter or margarine
Place 1 cup crushed cereal in milk
and beaten egg mixture until soft. Add seasonings and the ground meat. Make into 5 small individual loaves. Roll each in additional buttered cornflakes. Bake in $325^{\circ} \mathrm{F}$. oven for 45 minutes. Serve hot or cold with orange slices which have been sprinkled with brown sugar and broiled until heated through. Makes five hearty servings.


Star Beef Vegetable Loaf
1 lb . ground Star Beef chuck, flank, round or neck
$1 / 2$ cup dry bread crumbs
$1 / 2$ cup dry b
$3 / 4$ cup milk
$3 / 4$ cup milk
1 Cloverbloom Egg
1 Cloverbloom
$1 / 4$ cup chopped green pepper
$1 / 4$ cup chopped green
$1 / 2$ cup chopped onion
$1 / 2$ cup chopped onion
1/3 cup catsup
Combine bre
Combine bread crumbs, milk, egg and seasonings. Add green pepper, onions, carrots and ground beef
and blend well. Place in an oiled 8 -inch ring mold and bake 50 min utes in $350^{\circ} \mathrm{F}$. oven. Turn loaf out into flat pan and spread with catsup which has been diluted with 2 tbsps. water. Place under broiler for 10-15 minutes. To serve, place on chop plate and fill center of ring mold with a vegetable. Garnish with parsley. A regular loaf pan may also be used. 6 servings.


Snowy Star Lamb Loat
$11 / 2 \mathrm{lbs}$. ground Star Lamb shoulder orleg
2 tsps. salt
$1 / 4$ clove garlic, minced fine, or $1 / 3$ cup chopped onion
1 cup milk
$3 / 4$ cup cracker crumbs
1 Cloverbloom Egg
3 cups seasoned mashed potatoes
Combine the lamb, salt, garlic or onion, milk, cracker crumbs and egg. Pack in loaf pan and bake in
$325^{\circ} \mathrm{F}$. oven for 1 hour and 20 minutes. When the loaf is baked, turn out onto a cookie sheet or flat pan and frost with hot mashed potatoes. A pastry tube may be used to ruffle the mashed potatoes over the top. Place under the broiler long enough to brown the potatoes. The loaf may also be left in the loaf pan and potatoes piled on top. 6-7 servings.

(c) armour and company


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Star Lamb and Veal Star Sausages


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children's iron needs. children's iron needs.

Name (Print Name and Address)

City.

## Dear Mother:

I'm going to war tomorrow, and I'm leaving this letter pinned to my pillow to tell you the things I haven't been able to tell you personally.
Of course, there is-"I love you," and "You're the best mother in the world," and "I'll be back," but that's not what I mean. The things I want to tell you are serious, Mother. More serious than you or I. I'm going to scold you some, and warn you, too. And maybe I'm not just talking for myself. I don't think or believe I am.
It's this way: down there at the station tomorrow the high school band will be playing-what's left of it. There'll be gaps in the heavy brasses. My old trumpet will be missing-and Pee Wee's bass horn-and some others. And there'll be a speech by the mayor. (Confidentially, it'll be lousy, Mother. I can hear it now! "Our brave young men . . . hrumph . . . clean young manhood . . . hrumph . . . save the world for democracy . . . hrumph . . . preserve freedom . . . hrumph . . .")
We'll be looking very brave and confident. And that's the point. I may as well jump in with both feet right now: we won't be confident. At least I won't. Daddy fought in the Argonne to make the world safe for democracy, and here we go again. It was tough on Daddy's generation, but it's tougher on ours, because we aren't going filled with the faith his crowd felt. We've seen how you older people can lose the peace after we've won the war. We're going with our fingers crossed, and it's hard to fire a gun with your fingers crossed, Mother.
We don't doubt denocracy is worth fighting for, and we're not afraid to go. I don't think I'm a coward. You made me dive off high diving boards and go to the dentist alone. I'm not afraid to die, but I'm afraid of dying for nothing. You see, we're afraid of the old shell game. You won't know what that means, or maybe you will. I hear that you were a knowing young flapper before you married Dad and settled down to bring me up so well.

And that brings me to another point: did you bring me up well? You kept me clean and taught me to be honest. (That's why I'm trying to be honest now.) And you held the highest ideals before me. But did you teach me the truth about the world, and life, and men? You didn't, Mother, or we would not be going to war tomorrow.

You taught me that there would never be another war. You took away my toy soldiers. You brought me up to think all we had to do was mind our own business, and be good boys, and we'd live in peace and prosperity forever. I believed it. We all believed it. Every boy in my class at school signed pacifist pledges. We were still signing them when Hitler marched into Austria. We were signing after Czechoslovakia, Poland, after the invasion

Ellen Osgood
Virginia Skinner 79
83

Little Ladies Aid

Readin' Writin' \& Seein'

## Decorating

## Cross Country Collector's Item

This Saving Grace . . . Louis Goodenough
"Tables" Are Turned at the Dexters'
Martha B. Darbyshire Oh Glamorous Washroom

Luby Pollack

## Gardening

Garden Primer-I. Soil
E. L. D. Seymour

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No Room for Food Crops? . . . Nonsense!
Don't Wait for Spring . . . Rush It!
We Asked You-You Told Us
Beauty in the Bad Lands of Dakota
Inga Norstog

## Handicrafts

They Are Furniture Fanciers - Lynn Given Patterns for Your Escape House Basement Hobby de Luxe Model . Ruth W. Lee
Homes and Maintenance
The Hut Sut
Jean Austin

## 3 More Little Escape Houses

Florence B. Lincoln, Karl Ohm, Allen P. Cowgill "Blue Haven"-a Mississippi Shack . Alice Blue Illinois Ski Hut on Hill 57

Ruth W. Lee
The Too-Big House. William J. Hennessey The Winners!-House Election Returns

## Parties, Food, Housekeeping

Cupid Takes On Another Duty . Jeannie Willis Sugar and Sweetenings-XV. Food Monograph

Eleanora Sense
Recipes
He's the Problem
Joe Etta Clark
Little Ladies Aid
76
Inspirational
Dear Mother
Helen Sloan Stetson
War Hysteria
Ellen Osgood
A Blow-Not Without Its Blessing . C. Parcher

## BUY MORE WAR BONDS!

[^0]
using your sheets. Don't use either sheets or cases for laundry bags. Be gentle about bedmakingnever yank sheets off the bed.

## -Sometimes Switch 'em!

Now and then, put the top hem at the bottom of the bed-helps distribute wear. Use all your sheets in rotation-makes 'em last longer!

## -Keep 'em Clean!

Don't let your sheets get too dirty. (Hard scrübbing shortens their lives.) F'rinstance-make sure your youngsters go to bed well-washed!

## -Buy 'em with Care!

When there's no staving off the day you must get
sheets, look at Cannon Percale Sheets. So soft and smooth-yet they cost about the same as heavyduty muslin. Grand for wear-because they're woven with $25 \%$ more threads than the bestgrade muslin!

## - Take 'em at Name Value!

If you can't find just the size you want in Cannon Percales, keep your eye on the Cannon label and ask to see Cannon economy Muslin Sheets-wellconstructed, long-wearing. They're a grand value! (And if you need towels, don't forget Cannon Towels are super!)

Cannon Mills, Inc., New York 13, N. Y.
For Victory Buy U. S. War Bonds and Stamps ng with what I have-and am I glad they're nnon Sheets! Can't beat 'em for good quality sound construction . . . long wear.
That's the story, gals. Don't buy sheets unless have to. If you do, bank on the Cannon name. d take the world's best care of your Cannon uties when you get 'em!''
Treat 'em Tenderly!
at goes whether you're washing, ironing, or

## They both look alike, but one is BAD INSIDE



# With home insulation too, there's more than 

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Every contractor for JohnsManville "Blown" Home Insulation is carefully selected on the basis of his integrity, experience and reputation. In addition, his work is rigidly supervised by Johns-Manville until he can satisfactorily meet the high standard of J-M specifications for the scientific Insulation of homes.

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of the Low Countries and the fall of France. And there are some of my classmates in conscientious objectors' camps today because they don't know what to believe. It was potent stuff you handed us, Mother.
The world isn't all sweetness and light. There are such things as cruelty and evil and greed, and we must be ever ready to do battle against it. Since the beginning of time, the human race has moved fcrward by fighting the forces which threatened to hold back its progress. Peace and all the good things man wants are not won once and held forever free as a gift. You taught me they were my privileges; you didn't teach me they were my responsibilities, to be defended to the death. You didn't tell me because you didn't know.
I see the truth now, Mother, but it was hard to come by-"I am my brother's keeper." And the irony of it is you grown people let things slip along so far that I must kill some of my brothers to protect others. We let the gangsters reach our very doorsteps. But you could have stopped them, Mother. In the Ruhr. In Austria. Before they ever started. It's too late to brood over past mistakes, but what about next time? Is it going to happen again? Am I going to die for nothing? Is this just a dress rehearsal? Are you going to keep it up until the last human being is left moaning alone on this earth?
If when we come back you are so happy, or when we don't come back you are so sad that you never want to think of war again, you'll be laying down a crimson carpet for it to walk in upon, quietly. You must think of war. You must remember how it happened before and watch. But will you? Or will you lay down the burden and try to forget?

That is the cross I'm carrying on my back these days: I don't quite believe you. I've listened to your fine phrases before and they didn't prove a thing. Daddy listened to them when he lay dying in Veterans' Hospital fifteen years after it was "over."
I' $m$ uneasy, Mother. This time you must see clearly and work unceasingly. Maybe you'll turn your back on the League again. Maybe you'll forget the needs of the little black and yellow brothers. Maybe you'll fear Russia and leave her out of the peace. Maybe you'll let Germany re-arm again. Maybe-oh, you can so easily muff it in a million ways.

You'll have to have a hundred eyes and ears to avoid muffing it. You'll have to watch for the veriest shadow of the wolf across the sheep yard. You'll have to leave the ninety and nine to go after the one. It's brotherhood this time-or else.

Sorry I had to scold, but it's time you older people grew up. You've been the loveliest of mothers. The point is the world is not made only of lovely people like you. I wonder if just being a lovely person is enough any more?

Your loving son,
John


COMFORTABLE LIVING ASSURED

0NE hundred powerful, new Diesel tow-boats are now af work bringing oil up the Mississippi and through the inland waterways along the Atlantic Coast. That's cemforting news to many homes and plants that have been worried about getting through this Winter.

Comfortable living is assured for the crews of these barge-pulling tugs, too. The speciffcations as laid down by the U. S. Engineers Department call for York automatic oilburners to keep the quarfers on board warm and comfortable . . . to save space, reduce weight, and deliver more heat.

Years of experience in designing and installing oil-heating equipment are behind York Heat. To this back-log has been added the further experience of applying York Heat to all kinds of war-time uses. You can be sure that when York Heat is again available for the homes of tomorrow, it will offer new economies, new conveniences, and new living comfort.

## YORK

YORK-SHIPLEY, INC. York, Pe.


## A Bright Idea that Flopped

POP NEEDED a new suit of clothes. But like all men, he kept putting it off... until finally the family had a bright idea.
They decided to give him a suit for his birthday. Mom bought the coat downtown. Sister got the vest at some men's store. And Junior added a humdinger of a pair of slacks from some local sporting goods store.
Can you imagine Pop in that suit? . . . how it fitted and looked? Can you imagine anyone buying a suit of clothes that way?

Yet . . . the funny thing is . . . millions do. They buy their clothes of protection, their insurance, in just that way... a fire policy from one agent, an accident policy from another, a liability policy from some friend, and so on. With the result, that their protection fits their needs like a hand-me-down suit of clothes.

Don't buy insurance that way. Go to one man . . . The Man with the Plan ... your local Employers' Group agent. He's the man that does a thorough job of protecting homes and businesses. He checks over all your insurance policies ... looks for their weak spots, the errors of omission that expose you to serious financial
loss. He asks questions . . . studies your needs ... analyzes the facts ... and then outlines a complete, foolproof protection plan that helps you to buy insurance properly.

For protection that gives freedom from worry over financial loss, call The Man with the Plan. Ask him to make a complete analysis of your insurance, free.

The Man with the Plan brings you news by Cedric Foster . . . Sunday evenings
over a national radio book-up. Consult your radio page for time and station.

## The Employers' Group <br> INSURANCE

Surety and Fidelity Bonds-Fire and Casualty Insurance
THE EMPLOYERS' LIABILITY ASSURANCE CORP., LTD. THE EMPLOYERS' FIRE INSURANCE CO. american employers' insurance co.
One Liberty Square, Boston 7, Mass.

# HOW I RETIRED ON A LIFE INCOME OF \$150 A MONTH 

## To men and women who want to retire at 60

"TWENTY years ago I made a discovery that changed my life. I believe it will interest you.
"At that time, I was worried about myself and my future. I seemed to be living in a circle. I used to dream of being able to relax and enjoy life, without money worries. I longed for security. Yet it seemed hopeless.
"But that was 20 years ago. Now I have retired on a life income. I have no business worries-my security is guaranteed. Each month the postman hands me a check for $\$ 150$ and I know that I will receive another $\$ 150$ every month as long as I live.

## Here's What Happened

"When I was 40, I discovered the Phoenix Mutual Retirement Income Plan.
"The minute I read about this Plan I realized it was just what I needed. It showed me how to get an income for life beginning in 20 years. It showed me how to get immediate protection for my family in case I did not live until then. It even included a disability income for me if, before age 55, total disability stopped my earning power for six months or more.
"Today, at 60, I have the things I want-lifelong security and freedom to do as I please. I can be sure of comfort and happiness in the years ahead."

This story is typical. Wouldn't you like to make sure of your own future-to find out for yourself how the Phoenix Mutual Plan works? You can, by sending for the free booklet offered below.

What's more, you know that your money is safe. Behind

wellington, new zealand I had the pleasure of receiving The American Home you sent . . I I find it hard to express how thrilled I am with the Ranch House. . . . I am already picturing myself keeping "our home" clean as a new pin and what fun it will be getting furnishings to match your pictures.-N. M. Ockender.

JUNEAU, ALASKA Many people outside are not aware of the wonderful beauty of Alaska and I have appreciated the chance to tell the world about it. . . . I think I stated once that printing the "Summer Home" story (August, 1943, issue) would ease the minds of parents of soldiers who are stationed up here. It did; I had letters from mothers in many States asking about their boys.-

Bess Winn
And from Mr. Paul Stark, Pres. Nat'l. Victory Garden Institute: It is a great pleasure to inform you that your publication was unanimously chosen by the judges to receive the certificate award of the National Victory Garden Institute for the very real contribution to the Victory Garden Program in 1943.

Please accept our heartiest congratulations and best wishes. It is generally agreed that the Victory Garden effort this year was a great success, and we are planning now for even bigger and better gardens next season. No doubt your magazine will wish to continue its efforts along this line.
[We are very proud of our award and have extensive plans started for a 1944 garden program.-ED.

.. my soiled things are kept fresh, odor-and-damp-free bewoven fibre permits air circulation at all times.
SO CONVENIENT $\ldots$ and sensible, too, to have a large, yet ways at hand whenever and wherever you need it.

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By Stuart Cloefe


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THE STRANGE WOMAN


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- When we have the urge to get the convenient kitchen we really need but can't buy now, let's put that money into the uniform of fighting dollarsWar Bonds-and let it help speed Victory.

In the meantime, let's put whatever time we can spare from our war work into planning the kitchen we want when the war is over, so that we can be sure it will be perfect in convenience and appearance.

Youngstown Pressed Steel will send a beautiful new booklet, brimful of helpful ideas for planning new kitchens or remodeling old ones.

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Please send Loose Leaf Scrap Book, "Practical Ideas for Kitchen Con-venience"-Price 35 c

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© Youngstown Pressed Steel Division, Mullins Mfg. Corp., February, 1944


-     - JOHN SCOTT TROTTER is one winner Bing Crosby picked! Bing chose him personally as conductor of his radio show, and he's been musical director of Kraft Music Hall for the past seven years. He met Bing when he wrote the music for Pennies From Heaven, one of his first movies.

-     - luby pollack, responsible for Oh! Glamorous Washroom, is thirty-four and "struggling only a little to look twenty-four." She has an A.B. from University of Wiscon$\sin$, two children, John, four, Rosemary, eight, a physician husband, and a full life. Only regret: epitaph never'll read, "She was beautiful!"

-     - ELSIE EAVEs, B.S. (C.E.) first woman elected to corporate membership in the American Society of Civil Engineers, is a transplanted Coloradan. Now busy in New York reporting for engineering publications, she thinks Long Island Sound has as much personality as the Colorado Rockies, her "hills" of home.

-     - C. e. waltman, whose hobbies are sailing, hunting, and winter sports is an industrial designer by profession, and one who has contributed to the development of the Modern Movement in this country. He goes in for designing mechanical equipment, and decorative products as well as furniture, his first love.



## IN GOOD HOUSEKEEPING

It's never too soon to learn that toilet bowls should be immaculate, and that Sani-Flush makes them gleaming white the quick, easy, sanitary way. Use SaniFlush at least twice a week to remove unsightly stains and discolorations without scrubbing.

Sani-Flush is not like ordinary soaps and cleansers. It works chemicallyeven cleans the hidden trap. Cleans away many recurring toilet germs and a cause of toilet odors. No messy scrub bing or special disinfectants. Safe with septic tanks and in toilet connections (See directions on the can.) Sold everywhere-in two con-

ient sizes


## SAFE-IN SEPTIC TANKS!

Don't scrub toilet bowls just because you fea trouble with your septic tank. Eminent re safe Sauthorities have prove sanitation with septic tanks is for a free copy of thei scientific report. Simply write The Hygieni Products Co., Dept. I-2, Canton, Ohio.

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DECORATIVE ART POTTERY


Beautiful new art forms combined with exquisite raised floral design and rich color tones distinguish this charming new "Magnolia" pattern by Roseville. 65 items-handpainted Tan, Blue, Green At department stores and gift shops everywhere.

Send for free Magnolia folde: ROSEVILLE POTTERY. INC. Dept. A-24, Zanesville, Ohio


HUBBY'S BIG PROBLEM right now-he's a factory foreman-is man power. "We're getting men about as fast as a baby gets teeth." Susan wonders . . . could women do the work, untrained women like her? "Sure they could," says Hubby. "But what'd you do with the kids? Put 'em in a zoo?"'


RUNNING A POWER LOADER is the job Susan and Mrs. Allen divide between them. "Some fun," says Susan." "I drive around all day in my little car and power does all the work." "Some gal," says Hubby. "Her idea's caught on with lots of other women $\ldots$ we're getting plenty of help since they heard about her."


SUSAN'S A GAL WITH IDEAS. As she slices delicious ready-to-eat Prem for dinner she thinks, "Experts at Swift's prepare and cook this meat for me. A fine time-saving idea. Can't I get a big idea, too? C'mon, brain ... how can I help out at the factory without neglecting the children?"


FORTUNATELY BOTH FAMILIES are mighty fond of Prem. (But then, who isn't? Prem is Swift's Premium meat, sugar-cured the exclusive Swift's Premium way for finer flavor.) Ready to chill and slice or just heat through. Prem saves lots and lots of time. All solid meat, Prem saves ration points, too.


TURNABOUT WILL DO IT! Susan comes through with a swell idea. Neighbor, Mrs. Allen, also has children, also wants to earn extra money doing essential factory work. Three days a week she'll work, while Susan looks after all the children and does the marketing. Then it's turnabout for the next 3 days.


OH, BOY! WHAT A MEAL! Pan browned Prem and mush with green beans. Quick to get, grand to eat, well-balanced for nutrition. Susan learned in her Nutrition Class about the important food values of meat ... knows that Prem supplies complete protein, B complex vitamins, and important minerals.

## Meat <br>  <br> Prem <br> Mrom Neat Suifts Premium Neat

Prem, sugar-cured the exclusive Swift's Premium way, comes in oblongandroundtins andinglassjars.

## Nowaste wibl TRET ius Allurich meat!

 delicious Treet slices. You'll like it all the more because it's so point-thrifty!
$\begin{array}{ll}1 \mathrm{crn} \text { Armour's Treet } & 4 \mathrm{tsps} \text {. sugar } \\ 1 \text { tbsp. Cloverbloom Butter } & 1 \text { tsp. mustard }\end{array}$
$\begin{array}{ll}1 \text { tbsp. Cloverbloom Butter } & 1 \mathrm{tsp} \text {. mustard } \\ \text { or margarine } & 1 \text { tbsp. Worcestershire }\end{array}$ $1 / 2$ cup chopped onion
1 tsp. paprika
$1 / 4$ cup catsup
Melt butter, add chopped onion and cook until clear. Add dry seasonings, sauce, catsup and vinegar. Cut
Treet into 8 slices and bake in barbecue sauce in $350^{\circ} \mathrm{F}$. Treet into 8 slices and bake in brectice sauce in 30 minutes. Place 2 Treet slices on halves of buttered, toasted buns and garnish other halves with dill pickles.
There's plenty for 4 and solid nourishment in every bite. For high-vitamin Treet is made of chopped pork shoulder meat, tender ham and other selected pork cuts.

Remember, Treet's all meat . . . no bone, no waste! It tastes grand baked, fried or simply sliced cold. So, serve Treet often!

Want Unrationed Meat Flavor?

## Try VITALOX 1

Armour's new meat-flavor discovery makes a rich brown gravy or a tasty hot beverage...peps up stews, sauces, soups-without points!


-     - stevens and amelia maxey, who did our Pennsylvania Dutch designs, come by it rightly. Steve, who loves painting most of all, is a product of the National Academy of Design. Amelia (Miki) studied at the Art Students League and "on her own mostly." They have a 32 -acre farm in Kintnersville, Pa., where they have two pigs, Heloise and Abelard; Timoshenko, the dog, and Melisande, the cat. Miki wants to raise Angus Aberdeens. Steve just wants to find the time to paint.

-     - helen sloan stetson's story is typically Americana. Born in California of southern ancestry, she married a New England architect at the age of sixteen. They live in a house in the country, have a six-teen-year-old, poetry-writing daughter and a seventeen-year-old son whose views on the future inspired Dear Mother. Home and family come first in the heart of this countrywoman, then come play and magazine writing.

-     - LouIs goodenough, editor of that impossible-to-do-businesswithout trade paper Retailing-Home Furnishings, thinks of himself as a native New Yorker. He went native, after being born in New Jersey, however! First job out of Colgate was on the then newly born New Yorker. In the years preceding his present position, he was "successively and sometimes successfully" a trade journal editor, manager in a Childs' restaurant in Washington, and a free lance writer, "living on his earnings!"

[^1]
$T_{\text {HERE }}$ can be no greater joy for your fighting man than the pictured scenes of the things he is fighting for from the candles on the dining table, lighted to speed his return, to all the familiar memories of the country he calls home. Send him Pictures.
"Good Pletares"
This 56-page bookawarded to mant 2
optical oivision let is published by Argus to help solve
the problems of the problems of
exposures, lens, films, ete. Get your copy by sending
25 c to Argus, Ann 25 c to Argus, Ann
Arbor, Miehigan. Arbor,
Dept.
H.

## Some say "dyne" Some say "deen"... Your Druggist knows Sust what you mean



## QUICK... THE IODINE BOTTLE

- Whether you say "Iodyne" "Iodeen" your druggist will ha you the little brown bottle wh first-aid authorities recommend cuts, scrapes and scratches.


## IODINE Poe of Anfection



# This Low-Cost Floor Makes Basement Rooms Proctical 

MOISTURE RESISTANT. ..EASY TO CLEAN

HAVE DAMP OR DUSTY FLOORS
kept you from making your basement an attractive and livable part of your home? Then you'll want to know about a wonderful new flooring mate-rial-Armstrong's Asphalt Tile. It re sists the moisture that is always found in basements, and it has a smooth, lustrous surface that's easy to clean and keep clean. And asphalt tile is not expensive!

This new floor material comes in tile form and in a wide range of plain colors and marble effects. By arranging the tiles to form a pattern, you can easily work out an original design to suit your own basement and your own plans for decoration.
Armstrong's Asphalt Tile goes down right over your present floor
without fuss or bother. It's long wearing and will keep its full beauty through many years of service.

You'll be amazed at how easilyand how economically - you can transform a drab, uninviting basement into a thoroughly practical and comfortable room with Armstrong's Asphalt Tile.

WRITE FOR YOUR FREE COPY of "LowCost Floors for Modern Basements." Illustrated in full color, it gives many practical ideas to help you get started on your basement room. If you're interested in business floors, request "Low-Cost Floors with a Luxury Look." Address Armstrong Cork Company, Resilient Tile Floors Department, 4402 Plum Street, Lancaster, Pa.


THIS IS THE SAME ROOM before it was transformedwhen it was just waste space in the basement. Now it's a gay, attractive "Summer Terrace" for wintertime fun. Instead of the porch furniture just being stored, it's put to use. The lawn table with its umbrella adds a festive touch for evening snacks served from the charcoal grill. The old walls are hidden by a design that's easy to paint. But the big difference, of course, is the new floor of Armstrong's Asphalt Tile-Spanish Red with Buff and White feature strips. List of furnishings and floor plan sent free on request.

## ARMSTHRONG'S ASPHAMT TVITE The low cost floor (A) with the luxury look MADE BY THE MAKERS OF

Aemstrones hinotemm ano ammstrones ouaxir ruos

wanted that first summer. Being "soft" we made allsummer arrangements with a near-by tourist home for rooms and a big country breakfast. We put up our friends there exactly as though we'd had our own house. After a good night's sleep and breakfast, off we'd go up the road in the station wagon not to return until late evening. First we'd set up house in the open meadows or down beside the river. Out would come the officer's chairs, in the center of our "living room" a folding bridge table and folding deck chairs. Off side, our portable charcoal grill and hamper of food and beetle ware. Blankets for sun bathing and a portable "ice box" completed our housekeeping arrangements. Off the top of the station wagon would come the dinghy and on would go the outboard motor. Luncheon was rarely served in the same place. There were two little streams, deep ravines, and cool woods to explore -or perhaps lunch on the sand spit after a swim. Badminton or croquet (both neatly packed in same wagon!) was as much fun as it's ever been on perfect court or velvet lawns. It is impossible to say what we did all day except that always we were surprised to find night upon us before we'd gotten the coals perfect for our steak or water boiled for corn just picked. Dinner was eaten invariably on the top of
our hill. Our household goods as neatly packed as a ship, wrapped up in warm coats, comfortably slouched down in officer's chairs, we'd watch the moon come up in New Hampshire and see it on its way far over the mountains of Vermont.

Sound simple? It was simple in its essentials but, like all simplicity, entailed much planning and sophisticated comforts. The very best portable furniture, the very best portable charcoal stove, a dinghy entirely of plywood for easy handling, luxuriously light woolens in clothes and blankets, thick steaks, good burgundy, and beautiful cheese. Simple? Yes and no. Simple in that there were no schedules, minimum "household" chores, no fussing or entertaining anxieties. Not simple as is that hunting or fishing trip one remembers as being so marvelously simple-forgetting that a bedroll, fried bacon and eggs, fried fish, and warm beans are fun for exactly three or four days. And a guide at that, remember?
No, we've not fooled ourselves into thinking that simplicity is the same thing as the simple life. We've spent too many backbreaking "vacations" in simple $\log$ cabins to be fooled about that. Nor would we wish to go on forever leading that first summer's gypsy life. Undoubtedly a great part of that sum-


The first summer, a lot of cleaning and a little paint. Since the terrace has heen aidded, trees moved until the Hut Sut is now camterrace has heen added, trees moved umit ont Hut Sut is now
pletely screened frum the road, and the ariginal
just a living raum. All of it near the road for the same reasun all farms are near the rual-the easier to dig one's self nut in the snow. The "frout" of the Hut Sut, unlike farms, is in the hack!
 purtion of the phatagraph ahove. Ilid basement, floured, includes hedrumm with hath and private terrace, utility and storage rooms
Perhaps we should have sold these "befure" and "after" views for some fahulous price to a paint mairant-up. Latera fireplace and large

for they have earned their way many times over. We'll have again the best beds money can buy. Bedrooms will be for single occupancy, pullman style but no bunks-we HATE bunks! Well have even more glass walls and terraces on all sides of the house. We'll have the kitchen put back into our hew living room, because we know now what to do about the "after-dining" clutter which so offended us in the tiny Hut Sut. It was fun rolling out the pie and missing pary a word of those around the fire.
staking off the Hut Sut to he. Just "under the wire" the little shack acquired hasty thaugh adequate "appendaqes" and the "duratiun view" includes a victory garden at one's feet

A hit of the view served with every meal ore of of using the
dours or out. Driginally there was mo thought of une-roum shack and many were the hours spent that firsis summer,

millwork was done in Syracuse and when needed carted to the site. In this way no delays were caused on the actual erection by disagreeable weather.

The cabin was well anchored and braced against the high winds prevalent in this locality. Another precaution taken by the farsighted owners was to have as much painting and staining as possible done under cover in Syracuse before shipment to the lake site. Both exterior siding and flooring were just about complete. when arriving at the site. Mr. Cowgill was happily surprised at the ease with which the prefabricated sash with fitted weatherstripping could be installed. Every detail, even the erection of a brick chimney was executed by these amateur owners. Solid shut-

A "Cabin on Stilts" they call it and rightly so. This is the product of designers Paul Steinert and Joseph Amisano of Pratt Institute and may well give us a picture of what many of our escape houses of the future will look like. Since he intended doing most of the work himself, Mr . Ohm's only requirements were that it be simple. The site is in the heart of Connecticut farm country directly on the Housatonic River. Because of the impressive view, walls are almost entirely of glass. The concrete platform below the cabin answers for food preparation, eating, discussions, and stray guests. Twenty by twenty in size, it contains a complete unit for stove, dishes, and cooking utensils. The cabin itself is used only for sleeping in the summer time. Except for the glass areas, all exterior walls are of wall-

## (we do mean little) <br> Houses


ters painted bright green give accent to the white horizontal clapboards. Of course, in a house as small as this, great ingenuity had to be exercised in the interior arrangements. Across one end we find an indirect kitchen heater, the chimney with an electric plate mounted on brackets, a kitchen cabinet complete with sink and an ample refrigerator with cupboards above. In winter the refrigerator is moved to the city and firewood stored in the space left vacant. A foldaway bed takes care of the sleeping accommodations and slips into a closet equipped with shelves and clothes rod. Shoes are placed on boards, fitted into the bottom of the bed frame, and so roll up when the bed is shut into place. Knotty Ponderoso pine doors hide the bed during the daytime. In another corner a dinette storage table with drop leaves takes care of mealtime necessities. Plumbing is the only item awaiting the end of the war.

STudying the vacation house of Mr . and Mrs. Carl Ohm, we realize that here something new has been added.


THE COWGILL BUILT-INS NAKE ONE SMALL ROOM REALLY ACT LIKE THREE
board. Furnishings are few and simple. A sixteen-foot unit, three feet deep along one wall, contains shelves for storage and books. Opposite we find the kitchen facilities, stove, sink, food storage, and an attached kidney-shaped table, all stained blue and red on plywood. Ceiling is a canary yellow, side walls a light Indian red, while the floor is gray blue. A modern color scheme to satisfy indeed even a left wing Picasso. These three escape cabins show what truly can be accomplished on less than that proverbial shoestring. As you can see, a lot of preliminary planning is required plus an overdose of good hard muscle work. Lazybones need not apply. Peace and comfort is the reward awaiting those willing and ready to make the effort. But is it worth the candle-well ask these contributors. They know.

THE CARL OHM "HOUSE ON STILTS"
SPACIOUSNESS, LIVABILITY, AND WHAT A VIEW!


Neat storage trick hides bed and bedding during daytime


## ALICE BLUE

## "Blue Haven"-a Mississippi Shack with a Future

TO HAVE my own roof overhead, some land to grow food on-all set among peaceful and beautiful surroundings has been a lifelong obsession with me. For years I've gotten a tremendous kick out of magazine articles entitled "What I did for so-and-so many dollars." How I envied these writers their ability, their ingenuity, the final arrival at their heart's desire. Now it's my turn to tell a story. My little home in the woods hits a new low in cost, I believe, with a minimum sacrifice of space and beauty. For a long time, however, due to a very small pocketbook, the situation looked bleak indeed. To reach my goal, the job had to be cut down to my own size with plans for enlarging later.

I now have a place to live in, to keep my belongings in-but best of all, a home to come back to after my frequent travels. There are inconveniences, to be sure, but these will be easily overcome by the addition of a little more hard work. However, this will be good for me and, in truth, for any other healthy woman. The location in Hattiesburg, Mississippi, was a thing of rural beauty, completely covered by giant pines. In fact, the growth is so thick that getting photographs was nigh on impossible. The house plans are my own; its erection, the work of a local contractor aided by two helpers and yours truly now and then.

At present it's a home in miniature-really nothing more than a shack to the passing eye-but I have plans. Later on there'll be a garage, a fence and another bedroom. I really am in love with the place just as is,
and I work like a beaver inventing substitutes for the many things I can't have now. For instance, mosquito netting, sliding on taut wires across the bed alcove, covers the two windows at the side of the bed. It works fine, and I really don't miss the window screens I can't afford. I carry water, nice cool, clear water from the neighbor's well, just like my pioneering grandmother did-and I don't mind the hard work at all. There's no bathroom, so bathing becomes quite a ritual. But somehow it gets done, and when my bathroom is finally installed, I'll appreciate it all the more. The things you'll put up with in your own home are funny to somebody else-but to you they're just fun! Because there's no electricity, my beautiful electric iron has given place to a gasoline one. My neighbors get along very well with theirs; so I'm sure that after awhile I'll get used to mine. Candles and kerosene lamps somehow fit in naturally with my new form of life while I've really become quite attached to my little kerosene stove; it cooks surprisingly well with a blue flame.
Of course, at first I'd dreamed of a much finer house, but, then, I could never afford one. I realize now that it's better to take what you can have and like it. And it's really easy to love almost anything that's your very own. On rainy nights the roof drips music; when the cold winter winds blow, a big fireplace keeps me nice and cozy. My days are filled with work. I am surrounded by peace, quiet, and beauty; I'm now in a home of my very own. Who, during these times, could ask for more?



IT IS comforting to one's ego to feel that one is contributing a pair of socks, so many bandages, having fewer auto rides, using less sugar and meat, and performing a few hours of war work a week for the war effort. But there is a more important job for mothers, and that is to remain calm and sane in a world which is rapidly losing those attributes.

Child psychologists, in studying the children living under war conditions in Europe during the past three and a half years, point out that the most important finding is that children do not like change. - They point out that children were not hurt by bombs as much as by the psychological effect of the fear their parents had for their safety. Children fear their parents' fear.

Children depend upon the adults with whom they associate for their security. When they see adults become worried and fearful, and obviously insecure, children cannot help picking up the same characteristics although they may not even understand the reasons for them. We have all seen a baby's turned down mouth, just ready to weep, change into a smile when his mother smiled at just that moment. Children are such good mimics that we parents must be models of sane and intelligent behavior in these complicated times. If we wish to give security to our offspring, we must first possess it.
One is constantly meeting parents who are suffering from the malady of the moment: war hysteria. They talk, talk, talk about war, war, war. These people are not secure enough within themselves to cope with the additional emotional problems that war creates. Some are frightened about the future, either because of financial affairs, or because they cannot adjust to a new way of life. They are anxious about blackouts, gas rationing, food shortages, rising prices, and higher income taxes. In fact some of them are so afraid that they are really ill from their fears.

Because I think this illness is highly contagious, I would like to protect others from it, particularly children. For this quarantine procedure, I would hang a red card on the door of these insecure people, which would read: War Hysteria, A Contagious Disease, Children Keep Out. Such a card would have to go on a local kindergarten teacher's door. One of her pupils was telling of the first air raid practice in her school. She liked the way they had to go into the dressing room, standing close against

This is little Sue Dusinberre of Forest Hills, Long Island. The christening dress Sue wears was made by Sue's great-great grandmother, and has been worn by succeeding generations of Ortgies. She's her father's pin-up girl and, no matter how tough the going, Lt. Commander Dusinberre has to smile when he Iooks at Sue

## ELLEN OSGOOD

the wall opposite from the windows, but she did not like the rule of no talking while standing there. Her mother asked why they had to keep quiet. " ' Cuz we must hear the bomb hit. Then we would go to the library-that's the safest place."

An old lady neighbor would need a red card, too. When she saw my two small daughters eating ice cream cones, she said in a pitying voice: "You two little dears, in just a short time there won't be any more ice cream cones." Of course, the children were disturbed, for an ice cream cone is one of their symbols of the good life. But they were content enough when they were reassured there would be other good things to eat, like maple sugar, covered apples on sticks, homemade popcorn.

Children who are less than three years can be more or less isolated from war and war conversation. The parents need not listen to excited news commentators when the child is about. Magazines filled with war pictures can be put away. Toys, in spite of the manufacturers' desire to have them reflect the latest world events, need not be war-like. Older brothers and sisters can be cautioned not to talk
about war in front of the small child, for they can add little but undue confusion, anxiety, and fear.

A happy, busy routine with special emphasis on motor activities leaves less spare time for worries or anxieties. Allow children more responsibilities and duties. Let them dry dishes and make their beds. Little girls are good at washing gloves and brushes and combs. Give the children some real participation in your world. Children not only like to be busy, but they want to please in the things they do.

For children three years older, war can be somewhat less fearful, for it can be explained in terms that children understand. Understanding always helps to remove the unknown, and it is the unknown which is feared. Children have met contemporaries who are bullies; they know that some of their acquaintances refuse to "take turns" and want to be boss all of the time. They have met "hit and run" antagonists, and others who attempt to prove by physical force that they are the stronger and thus better. These characteristics transferred to adults and adult actions make the complicated picture of war more understandable to them.

The collecting of newspapers, scrap metal, old rubber articles, bottle caps, is an active contribution to the war effort. Knitting and bandage folding for young girls, and first aid for both boys and girls will not only be beneficial now, but for the rest of their lives. The tire and gas shortage is actually a healthy thing for both you and your children. Children can carry a lot of bundles, if you make the game a social and fun experience, without tiring them.

Little children are disturbed by the cross and worried voices of their parents, the anxious expressions on their faces. We want our children to be able to adjust to the changes of the world, for that is one of the main requirements of a healthy, normal person, but we must give them time and security for the change to take place. It will not come about abruptly.

Although it may be a far quieter, less exciting war program than many are following, thoughtful mothers will make a great effort to be as calm, sane and secure as is possible in these turbulent times. We must not only be prepared to give our children in the defense of civilization, but we must also be prepared to safeguard their mental health in order that they may be effective when called upon to serve. So, for them, beware of war hysteria.



PREPARING. You can start this year's garden in midwinter (fall is even better) by burying nonwoody vegetable refuse in trenches dug in unfrozen soil

FEEDING. Plant food can be supplied in solution too, as here done by the junior McClures. Jimmy opens furrow, Dick soaks it with solution. Mary Lou plants

CULTIVATING can be done with a wheel-hoe (like this), a hand hoe of the chopping or the scuflle type, or a hand cultivator (below) in any of a variety of styles


Knell from U.S. Dept. of Agriculture then rake in complete plant food (4 lis. per 100 sq . ft.) several days before time to plant or sow seed

The aims are: to keep the soil loose and aerated, conserve moisture, and destroy young weeds: but authorities disagree as to how much soil-stirring is economical

${ }^{6}$ Th Eleanor B. McClure
The basic solution used was: victory garden fertilizer 1 Ih.; lime or household ammonia ths.; water 1 gal Diluted with 2 to 5 parts water, 5 gals. did 50 ft .


## Frum Hollywoud, an archestra leader's

antiques find their proper setting

The collection of fine pewter that "rotates"being changed reesularly to alt Care Carton Howse better display space. is spacions without bulk


## Stan

 sighteenth century

A prize, indeed, is this English break-front bookcase-circa $\mathbf{1 7 6 5}^{7}$-of mahogany with Gothic tracery doors. Twin Bristol vases are a gift from Bing Crosby pedestal Duncan Phyfe dining room table with its orignal brass feet. This holds a favored spot in its owner's ffections. Perhaps the most unusual piece in the collecion is the Queen Anne drop-leaf table-circa 1760-of nahogany which acts as a focal point in the attractive paneled study. The walls of this study of selected North Sarolina hardwood act as a perfect background for the nany unusual brass pieces accenting the room. A student loor stand lamp with Bristol glass shades is rare indeed nsofar as this type of lamp was seldom made in any but able-type. Why elaborate further-the pictures speak or themselves and most eloquently, to our way of thinking.

# No Room for Food Crops?... 

In Hubbard Woods, III., Dean Hole (descendant and namesake of England's famous rosarian) squeczes food crops against his garage between two drives



WITHOUT MODUFLOW-heat is intermittently supplied, with periods of heat and no beat. Result-drafts, floors too cold, ceilings too hot, with fuel waste.


WITH MODUFLOW - heat is evenly distributed and continuously supplied at the desired temperature. Result-solid, smoo:h comfort with fuel economy.

## POSTWAR CONTROLS WILL revolutionize home heating

New MODUFLOW Control System Provides Continuous Heat Flow at Exact Temperature Needed... Eliminates Drafts and Saves Fuel

MODUFLOW is the name of a unique, continuous-flow heat control system just announced by Minneapolis-Honeywell. It means heat modulated to just the desired degree with a uniform, continuous flow. It is the exact opposite of the ordinary "on and off" or intermittent heat supply that prevails today, and which authorities predict will be obsolete in the better homes of tomorrow.

With MODUFLOW you can maintain a uniform no-gap temperature in your home with your present automatic heating system. Or, with MODUFLOW Sectional Control in your new postwar home, you can keep your living room at 72 degrees, for example, your bedrooms at 65 degrees, your built-in garage at 50 degrees, and so on.

The MODUFLOW system is not an experiment. For more than a decade it has been successfully used in large public buildings. Now M-H engineers have perfected it for application to the home.

## FOR EXISTING HOMES

MODUFLOW can be installed in many present heating systems by the simple addition of a few ingenious controls. The cost of installation is low-no more than you would pay for a modern washing machine. It will pay for itself in fuel saving.

## FOR NEW HOMES

With present heating equipment, all rooms in a home are heated alike. However, areas seldom occupied do not need the same volume of heat as areas in constant use. Bedrooms, store

[^2]

EMPERATURECONTROLS
rooms, recreation or rumpus rooms, your built-in garage, all these require less heat than living rooms, dining rooms, nurseries, etc.

MODUELOW Sectional Heating Control for new homes will provide a heat supply for each space or area in your home according to the temperature required for that space or area. Saving heat in little used rooms and applying it where it is necessary
for comfort is the great improvement which MODUFLOW Sectional Heating Control will offer all planners of new homes, after the war.

## DO NOT BE CONFUSED

MODUFLOW is a system of controls to be applied to your heating plant. It must not be confused with heating equipment and does not take its place.

> MAIL THE COUPON NOW!

Get the whole story of MODUFLOW Control. Send the coupon for new, graphically illustrated booklet, "Heating and Air Conditioning the Postwar Home," free to all home owners and home pianners.


## 2 inches from where you washed that fork

## your sink drain is alive with active SEWER GERMS

Survey by Molnar Laboratories,
New York City

## Sink-scrubbing won't touch these dangerous "beasties"

Actual sewer germs magnified approximately 20,000 times
but Drāno boils SEWER GERMS out in no time!

Keep your sink safe, sanitary. Drāno opens clogged drains

Why take healthchances? Get Drāno now-use regularly


Drāno banishes Sewer Germs!


Shetcbes by Natalie H. Davis RUSH IT!


YOU'RE already hungering for the sweetness and happy promise of another spring, you say? Fine. Then don't try to stifle and ignore that yearning, like a boil under a bandage, but satisfy it by enjoying some of the pre-season activities open to the resourceful gardeners. Perhaps you laid plans last fall, by potting up some bulbs-which is the first sign of progress beyond the mere forcing of Paperwhite and other tender narcissus varieties in bowls of pebbles or fibre. Tulips, hyacinths and various hardy narcissus are usually thought of in that connection. But right now you can pot


Even before you plant a hotbed, you can be enjoying a cellar food garden harvest


T
$\mathrm{T}_{\text {he convenience of the can is no secret }}$ to housewives. They know a good thing when they see it, from their own daily housekeeping experience.

And now from every warfront come urgent calls for a bewildering variety of items packed in cans. For no other container provides such convenience . . . and protection . . . as the can.

Naturally, our Army and Navy get first call on the millions of cans made today. Rations, first-aid kits, anti-tank mines, aircraft signals, fishing tackle for life rafts, gasoline, blood plasma . . . these are but a few of the items packed in cans. Many others are military secrets.

The can gets supplies where they're needed . . . and it gets them there safely. That is why the can is America's numberone wartime container. No other container could stand up under hazards of crash landings, temperature extremes, repercussions from shell fire. It would be hard to exaggerate the part the can plays in helping to win this war.

To ease the tremendous demand for cans, many familiar civilian products such as tooth and talcum powders, tobacco, beer,
paints, oils, anti-freeze have been taken out of cans for the duration. But they'll all be back-after victory.

On the homefront, millions of cans are still used every day in the year. Remember to turn in your empty cans for salvage. The familiar "tin" can is actually more than $98 \%$ steel . . . less than $2 \% \mathrm{tin}$. Both of these metals are vital war material. Don't keep them out of the fight.
Can Manufacturers' Institute, Inc., New York


1. convenience: Cans don't break. They're easy to carry, easy to store, easy to open, quick and easy to chill, and easy to dispose of.
2. AIR-AND-LIGHT-TIGHTI Cans are non-porous-can be hermetically sealed-give lasting protection against the loss of flavor, color, vitamins and
 minerals.

3. safity: Canned food is sterilized against spoilage; kept safe from germs, dirt, gas, moisture, and tampering; withstands heat and cold.
4. Low cosit Your money goes for what's in the can! Because the can itself is easy to make, label, ship, handle, and display.

5. VARIETY FOR GOOD NUTRITION All the year round . . . wherever you live . . . cans help you to keep your meals tasty and wholesome.
6. qualityi Due to modern canning methods, canned foods retain more minerals, and more vitamins, than many home-cooked "fresh" foods.


## NO OTHER CONTAINER




ONE of life's most difficult decisions to make-for me, at leastis what to save, what to discard. For years, as a result, bure drawers and closets have bulged with bits of bric-a-brac, fra ments of fabrics, remnants of ribbons, and other oddities and entiti hoarded in the hopes that on some not too far distant day they cou be turned advantageously to some practical or decorative use.

Today the score stands in favor of this saving grace. The majority this accumulation-uxorially and frequently referred to as "that jun! -has found its way into some scheme instead of the ash can. Old lan shades have been completely refurbished, a picture frame has be Cinderella'd into a cocktail table, draperies given a new lease on life, maple clover leaf table metamorphosed into a Victorian one and

But let's start with that picture frame. It was a bit too scrolled as ornate for anything except a really robust picture. From a hiding pla
behind evening dresses in the closet, it was unearthed one day to become the useful little cocktail table you see at the bottom of the page.
The first step towards this was buying four legs at the lumber store, after irately realizing that two years before I had given away one seemingly useless coffee table whose legs might now have been amputated for just this purpose. The newly acquired legs, however, were set into a base whose measurement was exactly that of the picture frame. In the meantime the frame was having a mirror set into it. When the entire thing was assembled, it was given a coat of black lacquer and the gold scrolls were touched up with gilt for a little extra glamor.
Then there's a bookcase which almost went to the junk man who, after gazing at it, intimated that if you gave him a quarter he might consider favoring you with its removal. Only a sudden inspiration to make a curio cabinet out of it saved it for photographing on these pages.

This particular bookcase was lined with Chinese tea paper after being painted the same color as the wall. Decorative wrapping paper, wallpaper or dress or drapery fabrics could have been used also. Even sheets of tinfoil saved from cigarette wrappers make an effective block pattern. To make these adhere, use a common paste made from flour and water.

The floor of a small guest room presented itself as a problem to be solved without too much expense. The general decoration of the room with its plain walls, couch cover, and draperies called for a splash of pattern on the floor. Besides, liberties could be taken with such a room.

The solution came one day when chintz draperies were being cut on this floor. The idea of a chintz floor somehow filtered through a mind which wasn't exactly on the match-making problem of lining up one selvage with another. The idea was almost discarded as ridiculous and impractical, but a bolt of chintz tucked away thriftily in the back of the closet, for that moment of great need, saved the day.
Heavy cardboard was first laid on the floor to give a smooth base and a slight amount of springiness to the chintz. A rug pad would be even better . . . or an old rug. The chintz was then matched up and a complete piece made by seaming the edges with any of these new types of liquid cement or liquid thread. The chintz was then stretched out on the floor, tacked tightly along the edge of the walls, and three coats of a good battleship deck varnish were applied for durable protection.

After a few weeks of walking over this floor, buckles and bubbles naturally develop here and there. In this case all you have to do is pull up one of the seams--these new pastes let you do this- -and repaste after smoothing out the imperfections with something straight like a ruler.


Victorian touches for the foyer: checked taffeta swag and lampshade, candle mold, dried flowers, mauve stripe floor, garnet string rug


Chintz floor for the guest room, mauve walls, violet cotton draperies with purple and blue plaid swag held by artificial grapes


## SIT STILL AND DREAM

## SIT DOWN AND DIREAM . . .

Of a world where housekeeping is made so much easier your whole life will change for the better . . . where you'll have more time for your children . . . more zest for fun.

SIT DOWN AND DIEEAM . . .
Of a day when the things you work with-your stove, your refrigerator, your washing machineand dozens of wonderful new gadgets-will help run your house with unbelievable efficiency . . . Will last longer . . . need less attention . . . cost less to operate.

This day is coming-is really here behind the veil of war. Right now, in every plant of The Aviation Corporation, thousands of men and women are working to the incredibly high standards that aircraft production demands. In fact, nothing you now own is made with such high precision and skill.

Tomorrow, these wonderful skills, these marvelous new machines will be turned to making-not only planes for you to fly-but also better tools for you to work with in your home.

Look forward to this day . . . and to the products bearing the "AVCO" name. They'll be worth the wait!

Manufacfuring Units
IYCOMING DIVISION
SPENCER HEATER DIVISION

AMERICAN PROPEILER CORPORATION REPUBLIC AIRCRAFT PRODUCTS DIVISION NORTHERN AIRCRAFT PRODUCTS DIVISION

Subsidiary and Associated Companies
AMERICAN. CENTRAL NANUFACTURING CORPORATION NEW YORK SHIPBUILDING CORPORATION

## Msuo Rayou affeta Showers of evening dress quality ---window curtains to match

DRESS UP YOUR BATH with a Textron Rayon "Taffeta Shower"lush as your favorite waltz dress! Pretty enough to step out in! Water-repellent and mildew-resistant, with a reverse hem to let the water roll off!

Wash and iron as easily as your slips. The embroidered eyelets won't rust. The center seam is practically invisible. All thisand a rainbow-range of 12 colors: Peachbloom, Pink, Winter Rose, Horizon Blue, Sea Blue, Daffodil Yellow, Dahlia Red, Leaf Green, Old Gold, London Grey, Blackout Black and Snow White.

Size: $6 \times 6 \mathrm{ft}$. In the Shower Curtain Shops of leading stores.
Shower curtains and matching window curtains- $\$ 5$ each.
TEXIB SNowert
found crepe paper an excellent guinea pig. For example, if you are planning to reupholster a love seat, you will find that cooperative as stores are their generosity does not extend so far as to lend you eight yards of a fabric to try out at home. Buy a roll of crepe paper. Using this in place of material, you can get the effect of completely covered furniture.
Accessories can do so much to enliven a room. And what a lift a little change can make! Pictures regrouped, reframed, or rematted
. . draperies given a new life . . . table tops made into a stage for a still life . . . slip covers zipped on or off. Here are a few of the things I have done as a tonic for a slightly tired apartment:

A pair of draperies through a period of years had lost their glaze, colors had been dry cleaned out, and the ground had yellowed down to an antique patina.
For the winter these draperies were perked up with a satin swag and jabot which picked up the rug color. For the summer a striped swag and jabot which matches the wall stripes has been used. Incidentally the draperies are 72 inches wide and, during the winter, are hung in one wide piece, caught up in a deep fold over a tieback. For the summer the center seam is ripped out, and they hang as two side panels. I've always thought of running a zipper down the center for convenience but just haven't gotten around to that yet.

Pictures, too, have a way of getting tiresome. Give them a tonic with a freshly painted or pickled frame. Or take out the little nails in back and with the old mat as a pattern make a new one. For this try one of the decorative wrapping papers which so intrigue you at Christmas time. Or a striped wallpaper, even a gayly colored blotting paper, can be used.
Did you ever get tired of your table top with its current and not too contemporary magazines, its ash tray, and table lamp? I did and now, as you can see in the photograph, I have turned it into a stage for still life groupings. The current "show" consists of an opened silk fan, unearthed from a bureau drawer which also yielded a long forgotten bunch of artificial violets. These were bunched together into a corsage with a paper doily as a background. An old cotton glove was dyed and filled with clay to give it shape. The hand in turn holds a pair of beads.
The "show" is just about due for a change. From the recesses of some drawer or back of a closet, I'll probably find some new actors.


You have probably asked yourself that quesmany hidden qualities in chairs, and so many excuses nowadays for compromises in quality.
A good share of Sheboygan Chair Company's production is now for Military service. Uncle Sam demands high quality, and the publicdeservesit.So, when you buyasured that the design, the wood, the craftsmanship, the he dhe finish, are all of the traditional quality thathas madeour chairs famous for 76 years.

Over 6,000 dealers can show you chairs bearing our Diamond Trade-mark. It is a symbol of quality. If your favorite dealer can't show you Sheboygan Chairs,


Designers and builders of good chairs since 1868 - for homes. offices, schools, and institutions: SHEBOYGAN • WISCONSIN


PAPER shelving


Saves More Essential War Material

Big needs are fats, fuel, metal, labor...none consumed when you use this modern shelving. Never sees a washtub; lies flat without tacks. Trouble free, curl-proof, thrifty.

## 9 feer $6^{c}$

${ }^{*}$ Reg. U. S. Pat. Off.


NO...YOU'RE NOT LOST
All about you are decent, kindly people eager to help you. They'll nneel down to your level and smile and talk pleasant nonsense. They'll feed you if you're hungry and carry you if you're tired.
You can be of any race or any faith. They won't care, laddie. They're Americans. They're fighting a war to the death to keep he souls and the bodies of children alive.

Lost, little boy? No, you could never be lost unless the war were lost. And now victory is sure. The job is to speed it up.

That, little boy, is why we at home buy nothing unless we really have to. We're saving materials for the fighting fronts. We're investing in war bonds.

We're doing everything we can possibly do to help end the war fast and bring our big boys back.


Today it is especially important, when you buy sheets, to buy good ones. Pacific Skeets are balanced: all the desired qualities - whiteness, softness, smoothness, strength and firmness-are present in proper degree. Identified by the

Pacific Facbook label, which tells you the size, quality of cotton, type of weave, thread count, breaking strength, weight, finish, and shrinkage. Pacific Mills, 214 Church Street, New York, makers of Pacific Factag Fabrics.

antee you're getting the finest hamper your dollar can buy. A hamper that has many superior construction features that make for long life and durability.

So look for the label and be sure it's a Whitney. Whitney hampers are still available in limited quantities at Department and Hardware Stores everywhere!

## Whitner BLEND-TONED



## Pbotograpbs by Maynard L. Parker

## "Tahles" are turned at the Iexters

THAT the sleeping and living quarters - transposed in the charming ranch ho of the Raymond C. Dexters, near San I nando, Calif., may not be to the owners most important feature, but we think it r resents individual thinking to use a house a way to give most pleasure and comf Why not plan to take full advantage o breath-taking view-acres of citrus and trees with the Santa Monica mountains a backdrop. The interior details and furn ings indicate Southern Colonial influer


Soft blue carpet, dusty rose walls, garnet and white fabrics. Yellow beige, peasant design on cornice, gingham on ice cream stools


## Mid-winter hint for saving furnace fuel


2. . . the chances are the filters through which your furnace grime.

3.

Perhaps you're using too much fuel. The house is chilly. You're wondering what to do about it.
4. Take this mid-winter hint and change thosedirty filters. Get clean Dust-Stops*-THE BEST! Let plenty of warm air circulate throughout your home, and . . .

6. Act today. Look in the classified telephone directory for Dust-Stop dealers or ask for Dust-Stops at your department or hardware store. Most sizes cost only $\$ 1.50$ each.
5. ...you'll also be saving fuel... keeping the walls and furnishings of your home cleaner . . . and enjoying lots of warmth!

FIBERGLAS*


AIR FILTERS


OPEN UP BLOWER
CABINET-
FILTERS ARE
INSIDE.


Pequot's job is twins, too, these days. First, we're making tremendous quantities of sturdy Pequot sheets and other special fabrics for our armed forces. On the home front, too, the call for Conservation has brought increased calls for Pequot quality.

We're making every effort to meet this double wartime demand. Pequot production has been increased till we're making more than we thought possible a year or so ago. Including some for civilians. So now, when you need sheets, crib or regular size, look for sturdy Pequots, as always.Pequot Mills,Salem,Mass.


Pequot House in Salem, famous reproduction of a 17th century New England home, is now affiliated with the U.S.O. as a recreation center for service men and women. BUY WAR BONDS



Tr was when my friend asked to use my main floor washroom remarking, "I promise not to look," that I decided to do something about it! Such a washroom . . . tan walls, $31 / 2^{\prime} \times 41 / 2^{\prime}$ area, jutting-out radiator, a medicine cabinet with hinges, and a single, narrow window. It was such a horror room that, when cleaning it, I'd scour, scrub, and scoot.
Inspired by eight small pictures of camellias, I promptly started work on "The Camellia House." First I painted everything a soft pink. Next my camellia pictures got pasted up. The question of the window was solved by a piece of wallboard, scalloped on one side. I cut this board in three pieces to fit around the window, and covered them with rose and white striped chintz. With the pasting of extra pieces of striped chintz around the mirror of the cabinet, I achieved a sophisticated look. But I wanted one more touch camellias painted on the walls and door. I traced the camellia pictures and transferred them to the wall. By painting show card color over these outlines, I actually painted camellias!

LUBY POLLACK


The finishing touch was to Ietter the words "The Camellia House" on the door. Impudent Iittle pictures and framed window add sophistication


## It's Lovely! It's Different! It's New!



WALL FINISH


Quick Facts about

1. ONE COAT COVERS most wallpapers, painted walls and ceilings, wallboard, basement walls!
2. APPLIES LIKE MAGIC!

3. DRIES IN 1 HOUR!
4. MIXES WITH WATER!
5. NO "PAINTY" ODOR!
6. WASHES EASILY!
7. LOVELIEST COLORS!

ALWAYS ASK FOR GENUINE KEM-TONE AT YOUR NEAREST DEALER'S!

## 3 HINTS FOR HOME-LOVERS



Never mind! That forgotten cigarette can't ruin his bedroom chest (and your disposition!) if there's a handsome Plate Glass top to protect the finish. You'll find glass tops on bedroom furniture are truly practical. They add life and sparkle to the room's appearance, too. You can buy mirrors and table tops made from Pittsburgh Plate Glass in many places right in your own community, including your favorite department or furniture store.


First aid for a tired living room: finish walls and ceiling in cheerful tones of Pittsburgh Live Paint. Then hang a smart, framed Plate Glass mirror over the mantel to complete the effect of brightness and spaciousness.


Every home should have at least one full-length Plate Glass door mirror. Most homes need more than one. So you-and your family-can check your appearance from top to toe. Easy to install. Sizes to fit any door.


The majority of mirror manufacturers use Pittsburgh Plate Glass because of its beauty and accurate reflections. So the Pittsburgh Label on a mirror or top is your assurance of good plate glass, no matter who makes the product. Remember, if you want the best, be sure your mirror or top is made of plate glass.


IF YOU were to pull up to what looked like a garage in Ferndale, in the midst of the Pennsylvania Dutch country, you wouldn't get your windshield washed or your radiator filled. What you'd probably get would be a Pennsylvania Dutch design job done on your fenders that you'd cherish as an heirloom! You see, Amelia (Miki) and Stevens Maxey have taken over the old garage as their studio, and they paint designs on everything that comes along! Take a look at the picture. All that sad and weary collection of unrelated furniture will be revived under the magic of their imagination, artistry, and industry, let us add.
Two years ago, these two young painters left New York for the peace and quiet of the country where they could pursue their main interest in life, the perpetuation of the rich, but too often neglected, heritage of American design. They chose the Pennsylvania Dutch country that is full of colorful tradition and material. Here, in the crowded little garage, motifs that have been out of circulation for centuries, come to life again



## Are you a hetter shopper thon you were one year and four ration books ago?

You almost have to be to get by! Because this war certainly has brought you plenty of new problems.

Can't you remember those hectic days before rationing started? Many a time you couldn't find your favorite brands at all. So you had to take a second or third choice-or even a total stranger. As a result, didn't you gain new respect for the Del Monte label? Thousands of women did!

And even now-with rationing in full swing-you'll still not find all the Del Monte varieties you would like. Remember the time you wanted Del Monte Apricots and couldn't get them? Your grocer did have Del Monte Fruit Cocktail though. So you bought it. Because you knew it was in the same food group-and you knew in advance how good it would taste!

And here's one other thing smart shoppers have learned. If you spread your point shopping over the whole ration period, you should be able to get a better selection of whatever Del Monte varieties your grocer does have.

## FULL VALUE FOR EVERY POINT <br> Del monte

CANS OR GLASS -
Enjoy the ones
your grocer has!

# Foodt 



## ABOVE ALL - BE SURE YOU'RE NOT WASTING FOOD!

CHECK YOURSELF AGAINST THESE 9 POINTS. "Enough food is wasted anolnually in the home to feed the 9 POINTS larger part of our armed forces at at home the home to feed the
what the War isn't left uneaten, of Administration some and abroad." All this wats's isn't stored or prepared right-some isn't All this wasted food To be sure you're not wasting foode just isn't used upht-some $\square D_{0}$ you plan

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foods carefully?
Save fin cans! The need is $\begin{aligned} & \text { Wo you turn in } \\ & \text { Waste fats? }\end{aligned}$



## WHEN HE COMES HOME AGAIN

HAVE YOUR PLANS ready for your dream home. The Home that combines beauty with long life, economy and negligible upkeep . . . the home that will be warm in winter and cool in summer because cedar shingles insulate . . . the all-shingle home that holds paint and stain to perfection. For illustrated home-planning booklet, write Red Cedar Shingle Bureau, Seattle 1, Wash., or Vancouver, B. C., Canada.

keeps rugs clean


## Powderene

 no liquids! no suds! Smply vacuum rugs as usual. Shake on Powder-ene. Brush it in. Let it stand And powder-ene. Then vacuum it oft bright. hour or ! your rugs are clean and bright. Use on any rug or carpet, includl areas or colors and twist pile. Keep. entire room like new.VON SCHRADER MFG. VON SCHRADER MFG.
CO., Racine, Wisconsin. Powder-ene is endorsed by Bigelow-Sanford
Carpet Co. Inc.


Makers of fine rugs carpets since 1825

potty chair, one desk of questionable parentage, and one dejected umbrella stand. (Who knows what treasures are hiding in your attic?)

Anyway, it's Steve's job to turn all these things into presentable and useful pieces of furniture. He rehabilitates, tears down, or builds up, and prepares the various things for Miki's magic brush. Right before your eyes, she takes a piece of chalk, lays on the proper design, and paints it, in the wonderful colors that are typical of the Pennsylvania Dutch homemakers who painted their furniture, too.
We have heard that there is no true altruism, but we found the Maxeys the rule-proving exception when it comes to sharing some of their designs and tricks of their trade. Here's some painting information that makes life much simpler for the doer-over of furniture. After the piece has been prepared for the ground coats by filling all cracks with crack filler, touching them up with shellac and sanding the whole thing down, they recommend that you use a flat oil paint, tinted to the desired shade with tube oils, and mixed with clear varnish, up to one fifth of the paint. This makes for smooth brushing, and any number of coats can be applied (use at least two). You don't have to wear your elbows down to your shoulders with rubbing, either, for you just automatically get that much-to-be-desired mat finish that looks so mellow and old. For a not garish effect, paint the object either black, deep green, deep blue, or light gray, beige, and so on. Then you can get the color in the design.
When it comes to applying the design, it's good to transfer it by merely going over the lines of the design on the back with chalk and tracing it with pencil where you want it. If you would rather, cut yourself a stencil of the design and then apply it (the pattern includes directions). The designs should be painted with tube oil colors, slightly thinned with $2 / 3$ turpentine and $1 / 3$ varnish with a dash of dryer.

The brushes you use should be good. Two flat, red sable brushes, one No. 6 and one No. 8, one round, sable water color brush for fine lining should make a good brush kit for most purposes.
After the design is on and dry, then comes the varnishing. If you can get the mat or flat finish varnish at your paint store, use that by all means and you'll save yoursclf hours of rubbing down, and your job will be a symphony of muted, hand-rubbed finish and color . . . a tribute to you and to the art of the Pennsylvania Dutch.


## - TO SOLVE YOUR FUEL SHORTAGE PROBLEM

"Insulation," says the U. S. Bureau of Mines, "is no better than the man who installs it." It's sound judgment therefore to insist on the insulation job lation is sold only by authorized Eagle Contractors, who will insulate your property according to sound engineering principles, and give you a written certificate covering the work.

## WHAT IS AN EAGLE CERTIFIED JOB?

1. A Certified job is carefully planned and based on an accurate survey of your property. Insulation is applied in accordance with factory-engineered specifications. It is applied every place necessary for a thorough job - not a half, nor a two-thirds job.
2. Only genuine Eagle Mineral Wool Insulation is used. This material is fireproof, water-repellent, and does not lose efficiency by "settling." It lasts a house-time. It is chemically and physically stable.
3. Material is pneumatically blown to the correct thickness into sidewalls and ceilings, without mess or trouble. Eagle workmen are thorough, cut no corners.
4. Proper ventilation wherever necessary (without which, troublefree results cannot be certain).
5. Benefits: fuel savings up to $40 \%$ in winter; temperatures as
much as $15^{\circ}$ cooler in summer. Added fire much as $15^{\circ}$ cooler in summer. Added fire protection. A more dust-free house. Maximum comfort all year 'round.


"A fellow here in the plant says he's worked all his life, with nothin' to show for it. That burns me up.
"Not counting his home, his family and what he should have saved but maybe didn't, he's got plenty . . . freedom to plan his own future.
"I remember my father talking about his 'old country.' Well, I'm thankful he raised his family in America, where everyone is free to get along according to his ability. And, I want this country kept free for my kids. I don't want it bossed from outside, and I don't want it undermined from within.
"I'm all for the American idea of letting a man go as far as he can by his owń efforts . . . free enterprise, I believe they call it. So, I'm working to help win this war, and I think everybody should be on guard against any monkeyin' with our way of life while we're winning it. I say 'Protect What You Have!'"

Your Insurance Agent or Broker will gladly tell you how little it costs for North America Companies' protection against financial losses resulting from: 1 Damage to your home, car or personal possessions by fire, explosion or windstorm; or losses from theft. 2 Loss of what you own or will own through claims for injuries to other persons or damage to their property. 3 Loss of income through personal accident. This service is yours for the asking-without any obligation. North America Agents are listed in local Classified Telephone Directories.

# Insurance Company of NORTH AMERICA COMPANIES 



American Home Pattern A648
TERE are lots of things to make,
and the patterns with which to make them, for that $\log$ cabin, chalet or week-end shack that "doubles in brass" for winter or summer escaping. None of them is hard to do, and all of them are useful as well as being most ornamental. They don't take very much of that precious material, lumber, either. In fact, most of these smart gadgets can be made from pieces of scrap lumber you have around.

If you go in for the rustic way of life, then the fireside bench, and/or the cobbler's bench will be irresistible. The commodious woodbox, the just-right little rustic footstool and the magazine racks will make your country life a very neat and a very comfortable one.

A648: Has construction details, material specifications, and tracing pattern for all six items shown pattern for all six brackets, two magazine racks, wood box and footstool for the house. All for 25 ¢


Order Your American Home Patterns From American Home Pattern Service
$\mathbf{2 5 1}$ Fourth Avenue, New York City 10, New York
The American Home, February, 1944

War has PROVED the Value of this .


## FIREPLACE

that CIRCULATES Heat
Never before has the value of the Heatilator Fireplace been proved so convincingly to owners all over America. The Heatilator has meant comfort and warmth to thousands who otherwise would have felt the pinch of wartime fuel shortages.
Heatilator's circulated heat warms every corner of the room, and even adjoining rooms. It eliminates the need of wasteful furnace fires on cool spring and fall days. And it's always ready to take over in case of fuel shortages caused by strikes, floods, storms or in case of emergency repairs to the cen-
tral heating system. tral heating system.

## Plan Your Future Fireplace Now

 For the duration, the manufacture of Heatilators has given way to vital war production. But Heatilator Fireplace units will be available as soon as other building maing materials dealer, wanm IT wanem ing materials dealer,or write to HEATILATOR, INC. 722 E. Brighton Ave. Syracuse 5, N. Y.

## Fild

## THAT SMALL <br> THAT SMPORTANT BUT IMPOR <br> HOLE IN THE WALL

When your dream home of the Post War begins to become a reality, be sure your builder leaves that small but vitally important opening in the wall to accommodate the most important of all kitchen appliances a VICTOR electric VENTILATOR. Keeps the air in your kitchen always fresh; insures instant freedom from odors that would otherwise linger, and stray thru the house. Write now for informative literature on modern home ventilation, facts that every home planner will want to know. Sent FREE on request. Write
today. Victor Electric Products, Inc. Dept. AH 244. 2950 Robertson Av.,


We think the two versions of lamp brackets for those backwoods oil lamps are pretty smart, too! They can double for candle brackets or can be wired, if you're very chi-chi and have electricity in your "escape house." The ski-top one is especially smart for the house of winter sports. The other, a copy of an old metal candle holder, is at home in almost any atmosphere.
For the peasant cottage, or just for the fun of it anywhere else, there are the gay peasant things. A set of square wooden canisters for your kitchen shelf will take the place of metal ones that are hard to come by. (They are just as smart done in the modern mood, too.) We like the salt-box plant holder and the bookrack that gaily do their work of upholding things.


AMERICAN HOME PATTERN A646: Included are directions for doing these gay things; with the construction drawings and the complete assembly instructions for salt-box plant holder, the canisters, and bookrack. There are tracing patterns for these designs, too, and directions for painting. A lot of gaiety for $20 \phi$



A tree's strength is limited by its grain and rate of growth and porous structure . . . yet hardboards many times stronger, and
easily workable, are made from its basic materials alone! The easily workable, are made from its basic materials alone! The extraordinary Masonite* hardboard process "remakes" wood by first reducing it to its cellulose fiber and cement-like lignin.


The ingenious Masonite "gun" produces these basic materials by literally exploding wood. Then, under different heats and pressures, fibers of varying degrees of plasticity are recombined and bonded with the lignin to form Masonite Presdwoods.* Grainless and smooth-surfaced, Presdwoods will not split, chip, crack or warp when properly used.
 Masonite Presdwoods resist fire, take many finishes, do not conduct electricity. In more than 500 war jobs, they are replacing critical metals, rubber and other materials. After Victory they'll be ready for your home, for wall surfaces, cabinets, furniture - a hundred possibilities. Masonite Corporation, 111 West Washington Street, Chicago 2, Illinois.

YOUR HOME after the war will take advantage of new materials and new ideas, "OUR HOME" magazine will help you plan yours, show you whet's new. Write to the address above for your free copy.

## CLOSE-UP OF A SOLDIER'S DREAM



IN a fox hole far away, he's thinking about his post-war world-for two! Right from the start, he'll want to be sure of the same livable warmth and charm he's known at home for years. A friendly fireplace graced with a mantel of Western Pines.* Lovely paneled walls of these same distinguished woods.

If you, too, are thinking ahead to the day when you'll build or
remodel a home of your own, right now is a good time to consider the pleasing and distinctive effects that can be achieved with the Western Pines. The FREE picture book, "Western Pine Camera Views," will give you a whole host of attractive ideas. Send for your copy today. Address: Western Pine Association, Dept. 182-F, Yeon Building, Portland 4, Oregon.

## *Idaho White Pine *Ponderosa Pine *Sugar Pine

 these are the western pines


Pbotograpbs by Charles H. Keller

## Basemenent Hobhy

THHE day we stopped at Mr. A. Ballard Bradley's home in Winnetke, Illinois, he was leaving to play in a golf tournament, so his wife showed us his basement workshop. Perhaps it was as well; had he been there to demonstrate and explain, we might never have gotten away! The shop is the result of twenty-five years of collecting, planning, and perfecting; in completeness of equipment, in arrangement, convenience, and
efficiency, it is enough to make any man with interest in craftsmanship and a feel for tools weep with joy. Its best known products are Mr. Bradley's beautiful scale racing yacht models, which have taken part in international regattas. But he also turns out handsome luggage stands of mahogany or hard maple, and copies of antique hanging shelves or plate racks which delight the friends and relatives to whom he presents them. He can


to look at home accesseful, good With his children accessories. away from home and his up and ardent a gardener as his wife as artisan, he considers as he is an to have an absorbing himself lucky never grows heavy on his. Time and many a winter on high hands mar week end finds limit or sumWorkshop with Rajah, busy in his his silent and admiring companion dog, as
twenty hours, or rack in about of one winter but he spent most deep-cushioned on a solid walnut, study. In fact, chair for his own,
cludes all cludes all kinds of repertory inMr. Bradley has made 3 model
yachts. yachts for international model
clear understanding of how the government's cards . . . have money re questions about Socing how Social Security works. Hot Many lack a knowledge of this important y. If you can answer ell are five simple .

1. Who pays the cost of Social Security?
2. Would a private income of 8100 a mont
a Social Security check at 65 ?
3. Do children ever revert
4. Can a married couple nt on the death of their father? alone? $\quad 65$ live comfortably on Social Security
5. Does Social Security make ownership of Life Insurater desirable
desirable . . and why?
work to ty you like to learn how Life Insurance
five in your comm your family welfare? The and Social Security can you what Social Secty knows the Social Securitual Life represent. may be needed if yourity will do for you Security rules. Let him showSecurity and still live in reary-or yourself at 65 -are much other income


## THE INSURANCE COMPANY of NEW YORK 34 NAsa" <br> Lewis Wi Doh <br> Lewis W. Douglas, Antiar <br> correct

Federal tax. ANSWERS:
Social Security Possession of Employers and implores
can receive a social stents. But, as a rule as from investmontribute equally the cont receives benefits so security check. serves couple will long as such child Yes, until nee 16 engaged in cormmer does not affect

 1944
he has turned out, as gifts for fortunate relatives, 9 mahogany plate racks, 24 luggage stands The american Home, february

# 䆓in ON YOUR <br> HOUSE PLANTS 

 NOEV!AND YOU'LL USE

## IT ALL YEAR ROUND

INDOORS AND OUT!

Any plant thrives on Kem because it contains all the vital food elements plants need for healthy growth. And these 11 elements are in liquid formall ready for the plant to use. That's why KEM gives such good results in any kind of soil. In fact-and here's dramatic proof of its effectiveness! KEM will even grow plants without soil.

## There's a Job for KEM Every Month of the Year!

## USE IT INDOORS FOR

HOUSE PLANTS | Regardless of the condi- |
| :--- |
| tion of the soil in the |
| pot, they'II grow and |

flourish on KEM feeding alone. \begin{tabular}{l}

CUT FLOWERS | Keep them in a dilute |
| :--- |
| KEM solution, They'11 |
| stay beautifully fresh 2 | <br>

to 4 times longer than in plain water.
\end{tabular}

## USE IT OUTDOORS FOR



Right through the growing season from spring sowing to fall transplant-
ing-feed KEM regularly. Both your Victory vegetables and your prize blooms will thrive on this treatment.

## LAWNS

Try Kzm feeding on those
bare and shady places... bare and shady places ...
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## UIST'S SEPDAM <br> VEGETABLES AND FIOWERS

## MORE AMEHILAN HOME

## VICTOHY GARIIENERS'

EXCHANEE
$\mathrm{F}^{\text {Lorids: }}$ Here are some "do's" from the experience of a "farmer" who was a New York City cliff-dweller in 1942: Plan garden and order enough seed, early. Start with a garden free from weeds. Work a good fertilizer into the soil a week or so before you plant; have soil slightly moist at planting time. Follow directions on seed packets, and, if you fasten the latter to the row markers, protect them from rain with a jar or something.-MRS. caroline vogt, Gainesville.
KANSAS: In past years, my potato vines always turned yellow and died too soon. Last summer, after spraying my early tomatoes for leaf spot, I had some bordeaux mixture left; rather than throw it away, I used it on part of a potato row-which stayed green some weeks longer than the rest and yielded more and larger tubers. So I shall start spraying (7 level tbsps. of bordeaux per gal. of water) as soon as plants are $4^{\prime \prime}$ tall and repeat every 15 days of the growing season.-D. A. CARLson, Overland Park. . . . massaCHUSETTS: Gardens and budgets have been my hobbies for years. In 1944 I will combine them and plan carefully in advance on the basis of just what and how much I will need for my preserve closet next fall, plus what the family will eat during the summer. Then I will reckon the space needed to grow enough of each vegetable, and layout my garden, and buy jars, tops, rubbers, etc. accord-ingly.-susannah blair, Medford. . . . We have learned from two years of Victory gardening: (1) how to get the most from a $24^{\prime}$ plot $18^{\prime}$ wide at one end and only 7 ' wide at the other; my husband combined companion- with suc-cession-cropping and interplanting, running the tall, large crops parallel to the long side of the plot Important: Letters requesting information should be aceomp addressed envelope. Manuseripts and illustrations will not be returned unless accompanied by the necessary postage. They will be handled with care, but we

## WATERLILIES <br> For Your Enjoyment With little troublo you can have fragrant If that "garden" is no more than a terrace or roof-top. All they akk is a litule soil in a tub of water. No weedink, no cultivating-and that means a lot these busy days! OUR NEW 1944 CATALOGUE $\left.\begin{array}{l}\text { of choice Waterillies, Interesting aquatic plants, } \\ \text { and colorful tish, wili be sent FREE on roquest, }\end{array}\right)$ THREE SPRINGS FISHERIES  <br>  <br> SPECIAL OFFER Colorado Blue Spruce, 4 yr. transplanted 4 to 8 in. tal - anly $\$ 1$ only $\$ 1$ postpaid. 22 only $\$ 2$ postaid! Another Bargain: 50 Everareens postpaid: Another Bargain: 50 Evergreens $\$ 3$ postuaid; all 4 and 5 year transplanted, $5^{\prime \prime}$ to to tall. Ten each Ameriean Arborvita, Mugho Pine, Nor- way Spruce, Red Pine, White Spruce, all 50 for 5 , of Mississippi River add 15 ch .) Frae 50 for $\$ 3$, (West WESTERN MAINE FOREST NURSERY <br> BEARING-AGE GRAPES

last year, and they are likely to bear for you this summer.
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## 

# D) PIDum <br> ETTER ERRIEs 


院


The American Home, February, 1944

and the others at right angles so as to get maximum sunlight, with all vine crops on the surrounding fence. (2) How to outwit cats, dogs and malicious vandalism by supporting chicken wire $6^{\prime}$ above the fence (it provides extra vine support, too). (3) That the lessened spraying of street trees by city and state resulted in much garden damage by red spider, brown-tailed moth caterpillars, etc., not previously suffered.MRS. GOODWIN PRENTISS, Somer-
ville. . . OKI efforts . . Ouaght OKLOMA: My 1943 trash, after me that trash isn't be-mulch. It made the or should between life and death fifference strawberries in last death for my rible drought. About ammer's terplants (which I neglect of the mulch) I lost completely; from the others I hope to get enough to reset the patch. The few grape vines mulched were all leaved out when the rest were just starting. Lots of things are good for mulch-ing-weeds, grass, vegetable tops, small sticks, etc. Don't burn them, use them.-constance wolcott, all new gardexAs: Please tell wood ashes for the save their contain-excellent for potash they vegetables. I have a good neighbor who is going to share hers with me.-Mrs. Norman belcher, San Antonio. . . WASHINGTON: My ideas for next year are: (1) Be
more careful in vegetables that in separating the mal moisture froed scant to norchard, etc.) that need (celery, avoid waste in need a lot; thus cooperatively with neig. (2) Plant needs are similar to neighbors whose should each plant to ours. Why squash, for plant cucumber and squash, for instance, when a joint planting will supply us both and leave room for other things? (3) Don't try to save space by crowding small crops: my rows of radishes, lettuce, carrots, etc. were so close that I couldn't use my long-handled cultivator and had to do a lot of weeding and cul-
tivating the tivating the hard way, on my knees. (4) Since I don't care much for green beans, why did I plant So many?-mrs. w. g. peterson, Seattle. . . . wIsconsin: We usually have dry weather about the time the cucumbers need lots of water, so last year I sank large (grape-fruit juice) cans, with nail holes punched in the bottom, beside the hills. Mornings and eve-
nings I filled them nings I filled them with water, the
plants thrived and I had plants thrived and I had an abun-
dance of cucumbers dance of cucumbers.-Mrs. w. A.
MUENSTER, New Holstein. Last year, realizing holstein. year, realizing how much val-


## AMERICAS BIG WARTIME BOOKOF <br> GUARANTEED

## SEEDS and NURSERYSTOGK

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out the needed "extras" of complete plant food.

Vigoro Victory GardenFertilizer is a complete plant food supplying not just three or four . . . but all the food elements growing things need from soil. It can help you have unprecedented success with your vegetable crops, as it has hundreds of thousands of other Victory Gardeners. Order today.

uable space was taken by the melon and cucumber vines, I decided to guide them out onto the grass around the garden and even up over the fence. Also, following a neighbor's example, I am going to sow some tomato seed when I set out my plants; I was surprised to note that with her the two kinds matured about the same time. However, my tomatoes, set close together, shaded the ground, prevented it from baking and, in spite of a very dry summer, came through and bore better than others in the vicinity. - mrs. charles wasilawski, Milwaukee.
minnesota: We spent many winter nights planning our garden so as to make the space do double duty. Results: from 50 by $100^{\prime}$ we obtained $\$ 150$ worth of vegetables consumed, $\$ 22$ cash from surplus sold, and $\$ 28$ prize money ( 4 firsts, 2 seconds) at our local victory garden harvest show. Discoveries: as a double cropping plan try spinach, sown March 15 to April 15, followed by lima beans. Don't fail to sow Chinese cabbage seed in vacant spots about mid August; we ate it as crisp, gardenfresh salad on Thanksgiving Day. Remember that broccoli grows into a veritable "tree" and give it room; we advise $3^{\prime}$ each way. Don't crowd lima beans, either; sow $9^{\prime \prime}$ apart in rows $3^{\prime}$ apart. To grow onion sets for next year, sow seed in rows or broadcast and don't thin the plants.-John W. Frazier (and wife), Pittsburgh.

Paper is needed desperately by your government. Do not waste it!



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The biggest catalog you'll find - 1528 x $101 / 2$ poges 1 Crammed with information of value to Victory Gardeners and veterans alike...Numerous colored plates, and all the information you must have on varieties to make the best selection for your garden
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If success is measured hy olstactes avercome, then our homemaking venture has succeeded

IN MY childhood I learned that "to create" means "to make something out of nothing, or out of unlikely material." By that definition, we, the Jon Norstog family-father, mother, and two boysare creators, creators of beauty out of ugliness. In 1936 after a series of crop failures, we moved from our homestead shack into Watford City, a small town near the Bad Lands of North Dakota, so our sons could attend high school. Our new home, a little plot notched out of a parched, grasshopper-eaten wheat field, reflected our low financial status. Because of the slope of the land and the laziness of the original owner, one wing was lower than the rest of the high-foundationed house, which stuck up from the plain like a sore thumb. However, it was shelter-of a kind-so our main problem was food and clothing. We had no money to spend on the place, but, loving beauty, we set out to make it beautiful-or bust! Our only allies were the colorful rocks and chunks of lava with which the region abounds. I had been collecting specimens for years and with these, and others we gathered, we built a 17 -foot-wide terrace along two sides of the house, hooking the jagged chunks together for the foundation and carefully laying polychrome flags for the floor. It really unifies the building and ties it to the ground. The next step was to plant things and make them grow. Ten woodbine roots (at 25 cents) set along the sides now cover the black roofing paper walls. With many replacements and much lugging of water, we pulled the native trees and the many shrubs and perennials we planted through three years of drought. Then came three "wet years," when everything grew apace. Prosperity came with them, making longed-for improvements a possibility. The house is a bower; it seems to us as though we were living in a Garden of Eden-two of us at least, for our boys are now in the Armed Service.-INGA norstog



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This complete plant food, famous product of Swift \& Company, supplies not just three or four, but all the food elements growing things need from soil. Supplies them in scientifically balanced proportions.
Fed now, it will do much to help your lawn come in thicker, healthier and freer from weeds. You see, melting
snow and Spring rains take the Vigoro right down to the grass roots, where it can go to work faster and more effectively.

If you want to enjoy the thrill of a really lovely lawn this year, get Vigoro, and get it on! You'll be tickled with the lasting results you get! Ask your dealer today!



If you hattle ahounil iv an olid overlarbe house-nove iespair THERES HOPE FOR YUU-ANI DIVIDENIS TI BUIT

WILLIAM J. HENNESSEY

WELL, the question of that overlarge house of yours looms up again this month. In our January issue, we showed the wonders accomplished by bringing three of these outmoded buildings up to date, ready to meet the challenges of an afterwar world. We consider the fate of these step-children of the residential field of tremendous importance. Many of you, owners of homes now, will not be in a position to build come Armistice Day. The reasons are many and obvious. Renovation as such will not entirely answer your problem. Altered or not, the fact remains that your house is just too big for the family's living requirements. This is not an uncommon experience. Children have a habit of growing up, marrying and starting nests of their own. This leaves mother and father rattling around in a house not only too large but difficult to keep up.
Now, just what can be done about this type of situation? Well, as we explained last month, the house could be sold, and smaller quarters found. But, in many cases, this means a financial loss. Also, sentiment rears its head; we become attached to a house. Our lives become an inherent part of its plaster and timber. Well, for those with a little courage and imagination, there's a very happy solution to this situation. Really, you can have your cake and eat it at the same time. Live in your old house but make it work for you. There's always a demand for small apartments. After the war, due to the growing shortage of domestic help, this demand should increase. Miss Elsie Eaves of Port Washington, New York, bought an oversized, ramshackle affair with this idea in mind. A challenge of this sort appealed to the logical business instincts of this

That's what we asked you. Here are our answers to a few of your questions.

An accountant in Boston asks: Are miners paid all they deserve considering the
hazards of their work?

## What kind of homes do miners live in today?

 American coal mines are the safest in Ame world, and Americall co. Moreover, are the best paid in the earnings are higher coal minersthan the average for all manuf mines than the Fatal accidents approximately have been reduced by years, while the
$40 \%$ in the past fifeen yore than doubled. $40 \%$ in the past mas more than and inpay of min the development inguards stallation of new meching miners them-
stops. Teachinever stopse careful is part of a
selves to be cistent, well organized

For the most part, miners live in homes as attractive and comfortable as those of any other well-paid workers. Washing machines, radios, refrigerators and other home appliances are commonly found in miners' homes. A miner is just 'as free to choose where or how he will live as anyone else. The automobile makes it possible for him to ride or drive to and from his place of employment like a worker in any other industry. When a miner lives in a company home, it is because he wants to. Today company homes on company property are usually better than the average home in the sections where they are located. Rents average around $\$ 15$ a month.

I n war and in peace America depends on bituminous coal for most of its warmth, most of its electricity, most of its industrial power.

That makes it important for the public to know the real facts about this fuel, and about the people who mine it.

So we take this method of reporting to you.
And to make sure that we cover the subjects of greatest interest we have asked thousands of people what they most want to know about the coal industry and the way it is run.

On this page we present three questions asked over and over fgain. Next month we will present further questions and mswers.

We are fully conscious of our responsibility as good citizens and good employers in the course of supplying America with its No. 1 fuel - and we consider answering your questions a part of that responsibility.

## BUY MORE WAR BONDS

## Bituhnois Coal nostitule

 in need of repair. But she was made to order for self-contained, independent apartments-combining the best features of a house in the country and apartment compactness and efficiency.
"The town building code and multi-family dwelling law had sensible ideas on fireproofing, on the ratio of building area to land area, on cross ventilation and other fundamentals. With the proposed addition of fireproofing, the house passed examination with flying colors. Essential work was completed before priorities were required. First we tackled the before mentioned fireproofing. The furnace room now has three masonry walls and one metal clad. Walls of stairways and the undersides of steps were treated with metal lath and Portland Cement plaster. Ceilings throughout the house were metal lath, and the attic floor was insulated with rock wool batts.
"Structural, mechanical and electrical decisions always involve future administrative policies. Is the
house to be owner or cooperative management in the matter of hall lights and thermostat location? Should you squander money on wallpaper and waxed floors? I still had a tenant's-eye view of landlords; also a theory that an apartment you liked yourself would attract the kind of people you'd want for neighbors. I realized that a generous sprinkling of electrical outlets would mean a minimum of makeshift cords creating fire hazards; that well painted or waxed woodwork and floors, easy to care for, would be well treated. Having lived on a houseboat, I realized the importance of well planned locker space; this makes for easy tidy housekeeping. Built-in-plywood wardrobes with sliding doors provided maximum storage shelf area. Even the luxury of a builtin ironing board was placed in one apartment. The location of baths and kitchen sinks made for economy. My house is paying taxes, insurance, operating expenses and interest on the first mortgage and reconstruction loans and is making sufficient return on my investment to be classified as a really sound and worth-while business venture."

Well, perhaps this will give you an idea of what we mean by giving that old-fashioned house of yours some pretty honest consideration. If an apartment is not up your alley, perhaps converting into a tearoom similar to that designed by Harold O. Sexsmith, Hollywood architect for Mr. and Mrs. Elmer Wilkie, will be your goal. It's a perfect solution if your property has become more commercial than residential. Certainly if such an ugly duckling can be transformed into a decorative, useful citizen, then there's hope for all other Plain Janes in the building world
attractive te


# How to insulate your attic yourself 

## with $1 / 5$ the leg work



Here's why KIMSUL* saves extra work - saves extra fuel


LIGHT AND COMPACT - Like a closed accor. dion, KIMSUL comes to you compact and convenient -compressed to $1 / 5$ th its installed length. That means $1 / 5$ th the bulk, $1 / 5$ th the number of rolls needed to insulate your attic. Add to this the advantage of light weight . . . and KIMSUL saves you as many as 32 tiring trips to the attic.


FITS LIKE A GLOVE-KIMSUL fits snugly between the joists in your unfloored attic. Simply fasten one end of the blanket at junction of floor and eave. Stretch it taut and fasten to opposite eave. Repeat for each open section of the floor. That's all! If your attic is floored, apply kimsUL between, the rafters of your sloping roof.


NO FUSS . . . NO MUSS - You don't have a house-cleaning job on your hands after kimsul is installed. There are no siftings, no dust or dirt. KIMSUL is clean . . . so is your attic and the rest of the house. Best of all, your insulated attic saves up to $30 \%$ on fuel. Order kimste from your lumber or building supply dealer, department or hardware store.

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Helps Keep Your Home Warm-kimsul blanket is one of the most efficient insulations ever developed. Keeps the heat in during winter ... keeps the heat out during summer.
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Lasting Protection-kimsul is long-lived because of the materials from which it is made; wood fibers impregnated with asphalt.
Economical-Pays for itself in fuel savings, reduced housecleaning expense and added comfort.
Made by Kimberly-Clark - kimsul is a development of Kim-berly-Clark research and manufactured under strict scientific controls to meet the most rigid insulation tests.


IM GOING GUNNING FOR THE MAN WHO TOLD ME OTHER KINDS OF TISSUES WERE "JUST LIKE KLEENEX! (from a letter by A. W. C., *Copyright 1948, Edwin H. Morris \& Co., Ine


## One and Only

THERE'S ONLY ONE KLEENEX! AND I'VE LEARNED THAT THE BEST THINGS IN LIFE COME IN THE BEST PACKAGES, TOO! (from a letter by K. W., Highland Park. Ill.)



1. CLEANSING. A clean skin is a good skin, and vice versa, at any age, so that's the first thing to do, dear lady. Smooth on cleansing cream with an upward, outward motion, and work in gently. The point is to remove every trace of grime and make-up before you do anything else to your face and neck. Then remove the cleansing cream with tissue, and follow with a pad of cotton, saturated either in lotion or lukewarm water.
2. LUBRICATING. This is very important for the over-thirty skin, especially during the winter months. Exposure and steam heat have a tendency to dry up the natural oils of the skin which have lessened naturally at this age. Apply lubricating cream or liquid with the finger tips and leave it on for at least a half an hour and preferably over night. While you're tubbing is a good time since the heat opens pores.
3. CHIN AND THROAT. The chin and throat are two very vulnerable spots when you aren't sixteen any more and places that show up this fact first. By good, consistent care, you can keep your face and throaf looking as though they belonged together in the same age group. Smooth on a super-rich lubricating cream over throat and chin, and don't forget the back of your neck, too. That's part of you, after all, even if you cannot see it! Do this with good upward strokes that mean business.
4. AS AN ADDED TOUCH to throat and neck treatment, here's a good stunt. Remove lubricating cream with tissue. Make a pad of cottor about nine inches long and three wide, saturate in water and strap under chin and over throat as in picture with a bandage or elastic (if you can get it). Make it comfortably tight. Now, rub ice over outside o tie-up along the contour of the chin and over throat for five or ter minutes. The ice has an astringent and stimulating effect on the skin
5. EYES are another danger spot for the mature lady to watch! Finger print, and we do mean lightly, your lubricating cream on the area fron nose to temple, up to lower lid, and also on the upper. Do this at nigh and every night. If puffiness should result, it means that your skin absorbing too much oil, so simply decrease the time from overnigh application to that of a half hour. To relax tension, if you can, rest fi teen minutes a day with pads, soaked in hot or cold water, on your eye
6. PROTECTION. One of the most important things to do is to prote your skin by using the best liquid or cream base you can get. Not on will this protect, but it will prepare the skin for the application of you rouge and powder. Use this preparation sparingly, applying in the fi important spots, forehead, nose, chin, and cheeks, with a touch und the chin. The type of protective cream or liquid that leaves the sk slightly moist is much kinder to the mature face than the opaque type

WHEN St. Valentine's Day, say in your fortieth year, comes around, are you still the inspiration for an Ode To Beauty, or do you have to take life on the double chin? Has your face and neck that "alive look," or do you give that let down impression? These are pretty grim questions, but ones that can have a happy answer if you're willing to take a little time to yourself. Of course, we all grow older, if we're fortunate enough to live that long, but it needn't be a crepe-hanging experience. There's one guiding and unshakable principle about getting older gracefully, and that is the longer you live the more natural you must be in your appearance. There's a time in life when a little artifice now and then is relished by most of the men, but not after That Certain Age! For then it is artifice without the glamor.
Here's what happens, among other things, around forty. Our circulation, that underlying soul of beauty, gets a little casual. The oils of the skin that make the younger years things to sigh over are not so plentiful. Result: sallow or parched skin that wrinkles easily and stays that way. So, it's up to you to whip up the circulation and furnish a little lubrication to keep up with life. It's a wonderful way to save face and neck.
After the thorough cleansing we talked about on the other page, and before you use a lubricating preparation, try a good circulation cream or
liquid. Smooth it on for a minute or two; then whisk it off and go on with liquid. Smooth it on for a minute or two; then whisk it off and go on with

the routine outlined. If you have a naturally high color, or if you happen to have broken blood vessels on your face or throat, don't use a circulation stimulator, just concentrate on cleansing, lubricating, and protecting.
It's in the matter of make-up that most women in this age group offend. In the anxiety not to look their age (though Heaven knows why they shouldn't want to and be proud of it!) some of the strangest things happen. Take rouge for instance, it's almost safe to say that you see more so-called older women looking like stop lights than not. The thinking process seems to be something like the argument that if one pill can make you feel a little better, two or more should make you feel wonderful! In other words, if a little rouge can enhance a younger face, a little more will make a Venus of Milo out of an older one. What happens is just the opposite. The Woman of Forty and thereabouts should use, preferably, a cream rouge, applied over a foundation that supplies moisture to the face, and she should stop putting it on just before she thinks she has enough. She must remember that her powder will emphasize her rouge rather than hide it. Generally speaking, too, the rouge should be applied high on the face. It attracts the eye and therefore should be placed strategically.

When it comes to powder, this lady in question should use a light textured one, in a shade that harmonizes with her natural skin tone. Not for her are the trick sun-tan jobs. She should definitely avoid the white as well as the dark shades to look her own sweet natural self.
It's no longer a sign of depravity for lipstick to grace the older lips either. But, the lighter, softer shades are the ones that should do the gracing. Dark, exotic tones tend to make the mature face look old and hard. Follow the natural outline of the mouth you were given and don't try improving on nature! Apply lipstick generously and rub it in well with the finger or brush, then blot. Your lipstick will stay on then. And no eyebrow plucking to extreme, please-that will harden any face as quickly as anything we know about. If the brows need to be darkened, brushing them lightly with mascara gives them a more natural look than penciling (which should be done only to change the shape or lengthen the erring brow). Another trick, after powdering, is to finger print eye cream instead of eye shadow on the upper lid.
To grow older gracefully, you don't have to spend the rest of your life n expensive salons, being carried about on perfumed pillows by whisperng attendants. You do need to give a little more thought and care to ourself, however, and we have tried to furnish food for that thought. The moral of our little tale is this: Be natural, sweet matron, and let who vill be clever and you'll live a long life beautifully, we're convinced.


A revealing story of an unhappy wife . . . probably not as wise as you . . . nevertheless you may ask yourself, "Could I be Ellen?"

IHEY had started marriage with such high hopes . . pretty Ellen and her handsome Don! They had known that love is as fragile as it is precious. They had promised that even the slightest misunderstanding would be frankly talked over and cleared up. And they had kept that promise until now!
But now, here was Ellen, in misery and despair . . . Here was Don, aloof and silent . . . Something she couldn't even understand had come between . . . Something Don stubbornly refused to discuss...

Doctors know that too many women still do not have up-to-date information about certain physical facts. And too many who think they know have only half-knowledge. So, they still rely on ineffective or dangerous preparations.
You have a right to know about the important medical advances made during recent years in connection with this intimate problem. They affect every woman's health and happiness.
And so, with the cooperation of doctors who specialize in women's medical problems, the makers of Zonite have just published an authoritative new book, which
clearly explains the facts. (See free book offer below.)
You should, however, be warned here about two definite threats to happiness. First, the danger of infection present every day in every woman's life. Second, the most serious deodorization problem any woman has . . . one which you may not suspect. And what to use is so important. That's why you ought to know about Zonite antiseptic.
USED in the douche (as well as for a simple every-day routine of external protection) Zonite is both antiseptic and deodorant. Zonite deodorizes, not by just masking, but by actually destroying odors. Leaves no lasting odor of its own.
Zonite also kills immediately all germs and bacteria on contact. Yet contains no poisons or acids. No other type of liquid antisepticgermicide is more powerful, yet so safe. Your druggist has Zonite.




Chocolatey Cocomalt and milk, hooray! We get Vitamins $A$, $B_{1}$ and $D$ this way


Plus ion that's good for us, too


We like thotor cold. So will you!



# Safety in Your Medicine Chest 

FOURTEENTH IN OUR<br>FAMILY HEALTH SERIES

ELISABETH C. PHILLIPS
Guest Health Editor of the Month

HOW long is it since you made that resolve to "clean out" the medicine closet? Goodness, how cluttered it is with all those partly filled bottles and moth-eaten pill boxes! Is this Johnny's cough syrup after all these months? And what on earth is this white liquid? Oh, yes, that was left from Grandfather's visit; but wait, isn't it the last of the tonic the doctor gave you when your hair was falling out after you had the "flu"?
Medicines do change and deteriorate with age, and they may not be safe to use. Iodine, for example, grows stronger, even when kept in a well-corked, dark bottle, and may cause severe burns if used when it is over a year old. Argyrol changes chemically, and it must be fresh when used, especially when it is dropped into the eyes; in fact, many eye specialists believe that more harm than good may result if it is used when more than two or three days old. Other medicines lose their potency with age.
Last year 1,550 persons in the United States died because they were accidentally poisoned. Be sure that this does not happen in your family. Prevent this happening by observing the rules for a safe medicine chest.

1. Be sure that every bottle and every box is well labeled with: (a) Name of the person for whom intended. (b) Date purchased. (c) Name of the doctor prescribing it. Many druggists now mark in this manner all medications they have made up following a doctor's prescription.
2. The directions for taking the medicine must be plainly written on the label. There are few druggists nowadays who omit this important precaution, but sometimes abbreviations are used which are not easily understood. Read it in the store to be sure, and, if not clear, ask the druggist to write it over in "plain English."
3. Never, never change the medicine from its original bottle to another nor mix medicines even if you think that the two are the same. Chemical changes may occur.
4. Be sure all poisons are plainly marked "POISON." In some states it is required by law that the label on poisons be identified by a skull and crossbones. Better still, a bottle of distinctive color and texture will attract the attention easily; then you will know when you pick
up a blue glass bottle with a pebbled surface that it i "different." A stopper of an odd, irregular shape wi serve the same purpose. Be sure to have the druggist pu the medicine into the new bottle and label it. Anothe safeguard is to put all poisons on the top shelf away from "exploring" hands. Better still, have the closet locked 5. To be able to read the marked labels it is necessar that they be kept clean. Pour the medicine out of th


The American Home, February, 19

## A GLORIOUS PETROUCHKA, DANCED ANEW IN LIVING, ELECTRONIC TONE

The clown, the ballerina, and the Moor, triangle in pantomime. Vividly the Musaphonic reproduces the famous ballet by Stravinsky. With incredible realism, this instrument's electrome tone captures the very breath and color of the gay Russian carnival, the puppet show, the holiday sounds and scenes. Petrouchka is danced anew, in your own home, so faithfully is the colorful music reproduced! . . . This superb radio-phonograph is a product of General Electric electronic research. It springs from the desire of General Electric to build the finest possible radio and phonograph in combination. . . . Today General Electric is engaged in war production, and only present owners can enjoy the Musaphonic. But after Victory, following advances in electronics, the Musaphonic with FM (Frequency Modulation) will be a finer instrument than ever.

Lucia Chase as the Ballerina, and Simon Semenoff as the Charlaten, in the Ballet Theatre's
production of "Petrouchka" by Straeinskip.
Chareography by Foloine. Costumes by Benoie


The Sheraton is a Musaphonic cabinet of distinguished appearance, adapted from an 18th century piece. Musaphonic prices range upward from $\$ 300$. Authorized Musaphonic representatives are located in principal cities. ... Hear the General Electric radio programs : "The World Today," every evening except Sunday at 6:45 E.W.T. CBS. On Sunday listen to "The G-E All-Girl Orchestra" at 10 P. M. E.W.T. NBC. Each week 192,000 General Electric employees purchase over a million dollars in War Bonds.



## Get

## Window Efficiency as well as Beauty When you build

POST-WAR WINDOWS will be larger as the popularity of picture, corner and circuar bay windows increases. This trend $\ldots$. or heating, air conditioning and window maintenance costs will soar. When you can build, compare these Pella stock-size Casement features with the field for beauty and efficiency: DUAL GLAZING - Single glass panel that mounts on inside of sash year
round. Protects against winter cold and summer heat. Inconspicuous.
WOOD and STEEL-Both are used in Pella Casement frames to combine beauty and strength.
DRAFT TIGHT-Compression type weather stripping seals all 4 sides of sash. Exclusive design.
EASY TO CLEAN - Patented design enables washing both sides of Pella Case-
ments from inside of room ments from inside of room.
ROLSCREENS-The original inside screens that roll up and down like win CUP THIS AD NOW N-MEAK GUARANTEE. CIIP THIS AD NOW ... place it in your postwar home file as a reminder to investiTHE ROISCREN COMPANY You build THE ROLSCREEN COMPANY, Pella, low


CASEMENT AND DOUBLE-HUNG WINDOWS
On Feet For Over 30 Years
Allen's Foot-Ease has been bringing relief and comfort to tired, burning feet for into your shoes, and enjoy the refreshing comfort it brings while you stand long hours at your work. Even stiff, heavy, new or tight-fitting shoes lose their terror when Allen's does even more. It acts to absorb excessive perspiration and prevents offensive foot odors. Helps keep feet, socks and stockings dry and sweet. For real foot comfort, remember it's Allen's Foot-Ease you
EUROPPEAN FILBERT NUTS
Produce nutritious Food for Table and STERN'S NURSERIES, Dept. A, GENEVA, N. Y.

Send 15 c for your copy of Ot Sketchbook of
Cthd Ftow عo Use Chem

nificently made, beautifully finished Brandt Occasional Table for every use in your home. BRANDT CABINET WORKS INC-HAGERSTOWN, MD.
bottle on the side away from the label; to do this, hold the labeled side next to your palm as you pour.
6. Have a good light shining into your medicine chest. How often we read or hear of people who took the wrong medicine in the dark!
7. Read the label three times-this is the rule of rules for the professional nurse. (a) Read it while the container is on the shelf. (b) Read it after you have removed the stopper but before you pour out the dose. (c) Read it as you replace it.
8. Clean out the dead wood, keeping only what you are actually using and a few others for emergencies.
emergency medications. And what of those? Yes, there must be a few, but not as many as you probably think! They will be for emergency use only. Recently the retail drug trade released figures indicating that the general public is buying about


QUESTION: "Do you favor the use of oil on baby's skin?" ANSWER: Over $95 \%$ of physicians said yes. Hospitals advise the same (almost all hospitals use Mennen Oil-because it's antiseptic).


QUESTION: "Should oil be used after every diaper change?" ANSWER: 3 out of 4 physicians said yes. (Antiseptic oil helps prevent diaper rash caused by action of germs in contact with wet diapers).


QUESTION: "Should oil be used
all over baby's body daily?"
ANSWER: 3 out of 4 physicians said yeshelps prevent dryness, chafing. (Most important-antiseptic oil helps protect skin against germs).


QUESTION: "Up to what age should oil be used on baby?"
ANSWER: Physicians said, on average, "Continue using oil until baby is over 6 months old". Many advised using oil up to 18 months.


ANSWER: 4 out of 5 physicians said baby oil should be antiseptic. Only one widely-sold baby oil is antiseptic-Mennen. Helps check harmful germs, thus helps prevent prickly heat, diaper rash, impetigo, other irritations. Hospitals find Mennen is mildest, safest, keeps baby's skin smoothest. Special ingredient soothes itching, smarting. Use the best for your baby-Mennen Antiseptic Oil.

# OUT OF THINGS! <br> (because your hair is gray?) 

## *Clairol banishes every trace of gray or graying hair ... swiftly, surely, beautifully

Plans and parties going on without you? Nobody bothering to call you up any more? And yet you haven't changed... inside. Must a woman always be "out of things" because her gray hair makes her look so much older?
Don't let gray hair do this to you! There's a pleasant way of giving your hair new, young-looking color radiance . . . "naturally, with Clairol." clairol is delightful-Your hair luxuriates in a froth of iridescent bubbles. And quickly-almost before you know it -it's clean, silky soft and permanently colored. CLAIROL is dependable - Each of Clairol's 23 natural-looking shades is laboratory-controlled, produced under the supervision of skilled specialists. Clairol shades are uniform, always assuring a perfect match. Clairol keeps your secret - because it completely avoids that brassy look of old-fashioned dyes. NO OTHER PRODUCT gives such naturalPRODUCT gi
looking results.
refuse substitutes that can't give you Clairol's beautiful results. Better Beauty Shops feature genuine Clairol. A Clairol treatment costs you no more!
FREE "11 Secrets for Beautiful Hair."This hair radiant beauty ...scientifically, Just write Clairol, Inc., Dept. H-1, P.O. Box 1455, Stamford, Conn. *Caution: Use only as directed on the label

## New Magic for Dull Kitchens! readr-pasted 7 RIMZ borders



-


| en |
| :---: |
| on |
| on | one to the cleansed wound. A supply of both should be in your medicine chest. If these are not available you can do up pieces of clean linen or cotton cloth in ordinary wrapping paper making individual packages and tie them with string. Then, when you next bake potatoes, do the several packages up in one big sheet of heavy paper, put this package into the oven when you light the fire and leave it until the smaller potatoes are done (do not have the fire too hot). The cloths are then sterile and may be put safely away for the emergency. Adhesive tape is very helpful to hold bandages in place, but if you have none, you can use a gauze bandage or tear strips of sheet into $1 / 2$ inch or 2 inch pieces about a yard long. These can be rolled up and applied spirally. Hold them in place with a safety pin or sew together with a needle and thread. If you have taken a Red Cross First Aid course, you will remember how well the triangular bandage serves many a purpose and will have a supply of these.

sprains and bruises. There are two classic treatments for these. One is to apply heat and the other to apply cold. Ask your doctor which he wants you to use and whether he advises Epsom salts in the water or not. If he does you will want to keep a small supply in the medicine chest. He may also suggest dry mustard; if so, that can come from the kitchen.
sore throat and colds. Com-

## MISERIES OF Bahys Cold Relieved As <br> 

Now . . . here's wonderful homeproved nedication that works 2 ways at once to relieve distress of child's cold-even while he sleeps!
Just rub throat, chest and back with Vicks VapoRub at bedtime. Instantly VapoRub starts to relieve coughing spasms, ease muscular soreness or tightness, and invite restful, comforting sleep. Often by morning, most of the misery is gone.

For your baby's sake . . . try Vicks VapoRub tonight. It must be good, because when colds strike, most modern
young mothers use young mothers use vaporub

puIV NoI FOR
Post-Wl


Yes-"for afterwards" high-light your home with charming, quality Zangerle Tables-you'n be furnishing for a life-time if you do. Aubined with today's best in construction and hand-rubbed finished. Popularly priced at leading stores everywhere.


ZANGERLE \& PETERSON CO. Dept. 9, 2164 Clybourn Ave.. Chicago 14

"...and you'll just wave your band and make any climate you wish"


American Home, February, 1944

TVT OuldnTT it be heavenly to live in a house that makes its own weather...that's balmy in January, cool as a mountain top in July... regardless of what the thermometer says outdoors?
all this will be a reality for tomorrow your new Gas air-conditioning system will give you "weather as you want it" at the flip of a finger.
But climate control is just one of the wonders of comfort being developed in the laboratories of the Gas industry today. Here are some of the other things in store for you.
tomorrow's miracie kitchen. . . so cool, so clean, you'll love every minute you're in it . . . where a new Certified Performance Gas range gives you speed in precision cooking-saves food values and hours of work!
new magic in refrigeration...a silent Gas refrigerator with cooling units that will keep all kinds of food fresh longer-meats, vegetables, even frozen foods. Will save you hours of marketing time!

A "HOT SPRING" ON TAP...an automatic Gas waterheating system that will provide hot water galore ...effortlessly, economically ... make all housekeeping easier.

These are just a few of the wonders that will be brought to you tomorrow by the tiny blue Gas flame . . . the flame that cools as well as heats.
You can speed that day by using Gas wisely ... by conserving it for vital war production...and by saving for that magic home of the future with every war bond you can buy.


MORAL: When you suddenly need glass for a window, a windshield, a desk top or picture frame - look in the Classified!

The Classified section of your telephone directory quickly gives you useful information . "Where to Buy It," who fixes what, who repairs the products you have.

Don't shop aimlessly. Turn to the Classified. It's a timesaving, step-saving habit.

mon salt, sugar, and baking soda make an excellent and inexpensive gargle. Put one teaspoonful of each into a pint of hot water and gargle while it is as hot as you can use it. Honey, heated in a spoon and held in the back of the throat is very soothing. Ask your physician if he advises aspirin for colds and what the dose should be for each member of your family, for the best results.
cathartics. The wise family will not take cathartics frequently nor indiscriminately. Physicians have decided views on this subject and you would do well to be guided by yours. Of course you are doing everything you can to keep your family well. You arrange for periodic health examinations and you follow the medical recommendations given at these times; you are serving food that provides the necessary calories, vifamins, and other musts; you see that the members of your family get their proper rest. But emergencies do come. So be prepared. Know what to do.

## Our Department Services

parties: Tell us the occasion, number of guests, color of your accessories and we'll plan a party for you with menu, games, decorations. Charge: fifty cents. decorating: Send a simple floor plan of room with list of furnishings you have and $\$ 1.00$ and we'll suggest color scheme and ideas for redecorating and bringing the room up to date. dream house: We'll check over your plans, criticize, and send you suggestions for improvement. Our charge: $\$ 1.00$.
Send stamps or money order Dept. S, The american Home 444 Madison Ave., N. Y. 22, N. Y.

Transportation facilities today are overloaded and subject to frequent and lengthy delays. Thousands and thousands of experienced post office employees are in the armed services. The mails are heavier than ever before. The post office is doing a really wonderful job with much inexperienced help, but still your copy may be late. If it is, please be patient.

Take a critical look today behind the gleaming exterior of your medicine chest. It's an easy wager that you'll find the worst-medicines belonging to two or three generations ! What is there about bits of medicine that make us treasure them as we do? True they may have been expensive so was the steak you had last year, but do you still have bits of it in the refrigerator? And ought you to use them, months or even years later, for another person than the one for whom they were originally prescribed, or even for the same person at an entirely different time? You know the answer; and you will be afraid to use them, yet you will keep obsolete medicines which are truly dangerous. Throw them out now!


HERE they are - the three most popular houses in our November Ballot Box Election! They're your favorites, the houses you want first to see described in greater detail in The American Home. Well, you'll get your wish and right away, too. In our March issue, you'll find all three of them with their plans and lots of swell descriptive photographs.

Your response to our call for assistance in making this selection was overwhelming. Thousands upon thousands of ballots were received. Every house had its quota of staunch supporters. You'll be seeing them all later on these pages. They're all good houses, each with its own special appeal. Thanks a lot for your splendid cooperation.


Ist choice~
N. H. NEWMAN Hom San Gabriel, California


2nd choice-
T. A. ROGERS Hom
Detroit, Michigan


## 3rd choice-

## H. J. ALLEY Home West Los Angeles, C

## More than 250 ways from soup to dessent to use point-saving More than 250 ways from soup to dessent to use point-saving More than 250 ways from soup to dessent to use point-saving Salad Oil Salaa Oin

## "AND HEREARE JUSTA FEW OF THEM..."

## CREAM OF BROWN ONION SOUP

2 medium onions, minced 2 cups bouillon S tbsp. Mazola 1 cup milk
S tbsp. flour
$1 / 2$ tsp. salt
Cook onions in Mazola until brown-in top of double boiler over direct heat. Remove from heat, add flour, blend thoroughly. Add bouillon and milk and place over boiling water. Cook until thickened, stirring often.


CURRIED CHICKEN FRICASSEE
$1-4 \mathrm{lb}$. chicken, cut-up 1/2 cup Mazola $3 / 4$ cup flour 1 tsp. curry powder $11 / 2$ tsp. salt $11 / 2$ cups milk $11 / 2$ cups water
Roll chicken in 6 thsp. of flour, $1 / 2$ tsp. salt, and the pepper, combined. Brown quickly in Mazola in skillet; remove to Dutch oven. In drippings left in skillet, blend rest of flour, salt and curry powder, add milk and water gradually, stirring smooth; cook until thickened. Pour gravy over chicken. Cover; simmer $11 / 2$ hours or until tender. Serves 5 .

## PIE CRUST (LEMON MERINGUE PIE

2 cups sifted flour $1 / 2$ cup Mazola
$1 / 2$ tsp. salt Cold water to moisten (about $1 / 4$ cup) Sift together flour and salt. Mix in Mazola lightly with fork or pastry blender. Add water, a little at a time, and work lightly with a fork. (The dough should be soft.) work light at once on floured board. Makes top and bottom crust for one $9^{\prime \prime}$ pie, or two $9^{\prime \prime}$ pastry shells. (Use Lemon Flavor Kre-Mel Pie Filling to make this delicious favorite.)

[^3][^4]
## "PILOT TO WIFE..."

## Hello . .

Hello . . . back there . . .
I know you won't get this message. It's only in my mind.... but I've got to talk to you because there isn't much time. Here they come.

## "Squadyon leader to Fighting 4! Sixteen Zeros at 12 o'clock! Come on, you Hellcats! Here's what we've been looking for!"

Hello . . . back there . . .
We're out-numbered four to one today. Anything can happen. I know that. But this is our job, and it's got to be done.
I'm on my own and that's the way I like it . . . but I'm not alone . . . we're all on the same team. Flying together, fighting together to win . . . not for ourselves but for each other...
For you . . . for home.
"Squadron leader to Fighting 4! All right, you guys . . . the sun's at our backs . . . let's get upstairs!'"
Hello . . . back there . . .

Got to hurry now. But I want to tell you what I'm thinking about. I want to tell you what I'm fighting for ... it's you and our little house and the job I had before . . . and the chance I had, the fighting chance, to go ahead on my own.

That's what all of us want out here . . . to win this war . . . to get home . . . to go back to being mechanics and storekeepers and salesmen and lawyers . . . and husbands and brothers and sons. To go back to living our lives in a land, and a world, where every man can be free to be somebody . . . where every man is free to grow as great as he's a mind to be ... where every man has an unlimited opportunity to be useful to himself and to his fellow men.

## "Squadron leader to Fighting 4!

Okay! Let 'em have it!'"
Hello . . . back there . . .
This is the payoff. Tell everybody . . . tell everybody back there . . . hello for me . . .

Tell 'em we'll be back . . . nothing can stop us . . . And tell 'em no matter what they say
...no matter what they do...to stay fre to keep America a land of individua freedom!
That's what we're fighting for . . .
That's what we're willing to die for . . .
That's the America we want when we come home.

Here at Nash-Kelvinator we're building Pratt \& Whitney engines for the Navy's Vought Corsairs and Grumman Hellcats . . . Hamilton Standard propellers for United Nations bombers . . . governors, binoculars, parts for ships, jeeps, tanks and trucks . . . readying production lines for Sikorsky helicopters. All of us devoted to winning this war. to speeding the peace when our men will come back to their jobs and homes and even better futures than they had before
 the day when together we'll build an even finer Kelvinator, an even greater Nash!

## NASH-KELVINATOR CORPORATION

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LET'S ALL BACK THE ATTACK! BUY EXTRA WAR BONDS.

## CUPID PAKRE OIM cantion DUYY



Pbotograpbs by F. M. Demarest
and Mary Brandel Hopkins

JEANNIE WILLIS

## A shower fur the muther-to-he that is as glamorous

and sweet as St. Valentine's Ilay itself

0ES, even Cupid has taken on some additional duties! For we decided that it was not enough to bring together all the new couples in the world, he should also herald the stork. Really, what more fitting time could there be than St. Valentine's Day for a baby shower? No party theme could lend itself more beautifully than little Dan, so, here is our interpretation:
Our purchases were few. First we found the bassinet frame-one of those soap baubles that abound in gift shops and stores. Next, some red construction paper, some white paper doilies, and some red, red roses. Then we went to work (if you could call it work when the fact is it was fun all the way through). Unstintingly, we cut out paper hearts and on them pasted pleated edging made from doilies. By pasting another heart of the same size on the back, the rough edges were concealed, leaving just a pert bit of ruffing all around. A large ruffled heart made the head of the bassinet; two small ones, the pillows. Standing the crib on end, we
traced its shape, then cut out a piece of red to follow this outline. We pasted hearts, the size of the pillows, on each side and tucked in a scrap of embroidered organdy from our sewing basket for a luscious covering. Heartened by this success, we ventured to make the figures. The construction paper was strong enough to stand; so no forms or bases were needed. Experimentation developed the costumes, paper doilies decorated them, and rolled pieces of cleansing tissue, with tiny hats set atop, made the heads. A remnant of rollicking red ribbon around the whole group was the perfect finishing touch. A few extra hearts made mats for under ash trays, nut dishes, etc., thus unifying the entire table into the mood set by the red and white heart centerpiece arrangement.
Instead of the ordinary paper hats, we created our own, more fash. ionable numbers. These too were made out of red paper and doilies. All styles and types were represented, from sophisticated turbans and forward tilted pompadour hats, to quaint, old-fashioned poke bonnets.

As each guest arrived, she was directed to place her gift for the mother-to-be in a hatbox in the dining room. This box was trimmed with the same construction sheets and doilies. After luncheon we presented it to our guest of honor meekly suggesting that she might like a hatbox in which to take home her party hat. Completely unsuspecting, she opened it to find the presents. Her surprise was all that could be desired.

After admiring the gifts, we had a short time to play some paper and pencil games. Before we could believe it our time had sped-all had to hurry to their respective duties-so, regretfully, we broke up a gay and thoroughly enjoyed party on the most romantic of all occasions.



# New! A Wonderful Taste Thrill for Pancakes- 



## when you use Grandma's

 Sweeter, Mellower Molasses !"Folks, you've got a real treat coming when you taste my molasses on a batch of pancakes. Grandma's Molasses is so different from any you've ever tried. . so much sweeter and mellower, you'll want to use it on the table as well as in your favorite recipes. Grandma's Molasses is made the old fashioned way and without sulphur dioxide or other preservatives. Just try it, and see what I mean."


GRANDMA'S OLD-TIME PANCAKES
 2 tbsps. Grandma's Molasses 2 tbsps. melted shortening

2 tbsps. melied solasses and milk Sift together dry ingredients. Add Grandma and beat until smooth. to beaten egg yolk, pour into dry Stir in shortening and folh plenty of Grandma's wonderful-tanth. hot griddle. Serve the grandest treat you've had enjoy try adding 2 Molasses and encake mix, try adding 2 When using a regular prepared pashioned Molasses to a batter tbsps. Grandmaps of the mix to give your 2 cups made with 2 , turn them a more golden brown.
sweeter flavor, turn

## ERBNMMS <br> OLD FASHIONED <br> MOLASSES

American Molasses Co., Dept. AH-2 120 Wall Street, New York 5, N. Y. Please send me FREE Grandma's 91 delicious Molasses recipes.
(Please print plainly)
Name.
Address.
City. .

The craving for something sweet has so dominated our American diet that nutritionists look with alarm at the way per capita consumption of sugar has increased in the past fifty years. Sugar has a bodily function of furnishing heat and energy. But, modern manufacturing methods have depleted sugar of all vitamins and minerals. So, sugar must depend upon the ingredients it accompanies in a recipe if it is to have any nutional value besides furnishing energy. Sugar chemists are now perfecting a method whereby some vitamins and minerals will be retained, and the day will come when sugar will no longer be deprived of its own vitamins and minerals.
Instead of delving into the complexity of how sugars are digested, it will suffice to say that all sugars break down through body metabolism into simple sugars. That's why baby's milk formula calls for dextrose-one of the simple sugars -because it is so easily digested.
But man has not always been
south west and south where the sorghum, a type of corn stalk, grows. Corn is also crushed to make syrup. Because it has not crystallized, corn syrup is a valuable ingredient for the chemistry of candy manufacturing.

Maple syrup and sugar are native American products. When the sap starts running at the first spring thaw, the trees are tapped with spikes, and buckets hung to catch the flow. But the steps of catching sap, collecting it and pouring it into large barrels on horsedrawn sleds, and sugaring it down over a roaring fire in the special hut in the woods, are just a few of the rituals which convert the colorless liquid into a syrup which is ambrosia for morning waffles. When the sugarin' continues and crystallization forms, then maple sugar is made. The output of maple syrup and sugar is still too small to meet consumer demands. Where maple trees flourish in the north, with contrast of seasonal freeze and thaw, the sap flows best to
 finished syrup should be light or heavy in color, but according to government standards, the weight is eleven pounds to the gallon.

Another home produced sweetening is honey. Here the bee is the manufacturer or converter of flower nectar into honey. The honey is deposited on combs and is sold that way or extracted from the comb and sold in liquid form. Honey flavor and color depends upon the flower nectar. Some nectars, such as white clover, give a delicate flavor and light co.or, others, such as buckwheat, a stronger flavor and darker color.
Any of the syrups, molasses and honey are useful for sweetening cakes, cookies, pies, or beverages. Recipes cannot be used interchangeably without some mathematical adjustments since syrups, honey, and molasses are in a semiliquid form. Honey, because of its sweeter taste, is used in the proportion of $3 / 4$ cup honey to 1 cup sugar






 Valentine frosting:

## 1 egg white unbeaten $1 / 2$ cup light corn syrup <br> $1 / 4 \mathrm{tsp}$. cream of tartar $1 / 8$ tsp. salt <br> 

## $1 / 2$ tsp. vanilla

 Serves 8 Tested in 200 cal. per servingThe American Home Kitchen
Preparation time: 45 min . $1 / 2$ cup all purpose flour
2 unbeaten eggs
Pbotograph printed on back of each recipe

minus $1 / 4$ cup liquid. The same proportions are used for molasses and syrup with the exception that a quarter teaspoon of soda is added to molasses to neutralize it. For accurate results it is wiser to use tested recipes, the kind included in this issue.

Fruits, too, have a natural source of sugar, and this should not be spoiled by the addition of too much sugar. Sugar and sweetening have a nutrition role to play in a well-balanced diet, but proteins and fats are also needed as are the many vitamins and minerals found in less fancied food.

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The American Home, February, 1944

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## -a really different child's party

THIS party is based upon two observations-that the two things most appealing to little girls are firstly, dress-ups, as they call them, and secondly, dolls-still, yet, and always. About this age here is another factor to be considered in planning a party. This is the ctive finger and agile mind combination that lies behind all the twitters nd giggles. With these things in mind, we evolved the Little Ladies Aid arty, in reality, a miniature version of that renowned sewing circle. The morning of the big day was partially spent making sandwiches nd cakes. These were sliced and cut and arranged on trays. The inredients for a vat of hot chocolate were lined up, and thus refreshments ere taken care of. Small celluloid dolls were bought for each child that e expected. A remnant sale very inexpensively provided several diferent materials and trimmings in the form of old garments. Some rickack and edging, needles, threads, pins, and tiny dress patterns-and he party equipment was ready with very little effort or expense.
Our last minute qualms-that this would never be a success-were ficiently squelched with the first arrivals. They pounced on the big wing basket in the middle of the floor and lost no time in exploring its easures. With vast pinning and changing of mind, there finally nerged some mighty cute dresses. One had made a ballerina skating stume, one a darling gingham housedress with red rick-rack edging, nother an elegant lace evening dress and mantilla. A fourth, in what as a desperate attempt to evade as much sewing as possible, had ripped cuff off one of the blouses in the sewing basket and used it for a alo hat. The collar of the blouse was draped from shoulder to toe à la hiaparelli-at the least. Time whizzed by, while they chattered and ssiped to their hearts' content. When later the hot cocoa and trays of ndwiches and cakes were served-truly, they would hardly stop to eat. What thrilled us most was their own resolve to have a weekly sewing eeting. Thus our party, that we had rather jestingly entitled the Little dies Aid Society, actually came into being. Each little lass took home r trophy, and for several weeks the meetings were devoted to dressing d redressing these dolls. Each ended with a complete wardrobe. Then young ladies progressed to making themselves aprons, and they can w be heard hatching grandiose plans for future ventures. Our party has come a truly educational affair, and one of which we are very proud.

|  |  |  |
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| $3 \cap M 1115$ |  |  |
|  |  |  |
| the food | the complaint | the remeay |
| SALALS | "No oomphl" "I don't like salad dressings." | French dressing made with lemon brings out salad flavors. Try the juice alone to dress plain salad greens. |
| FISH | "Same old thing over and over." | A garnish of easy-to-squeeze quarters-with color to catch the eye and juice to capture the full savory taste. |
| LUNCH BOXES | "The sandwiches need somethingl" | Fresh lemon juice sparks up meat, cheese, egg, fish, avocado and peanut butter spreads. Adds health, too! |
| VEGETABIES | "Oh, that again!" "Hasn't any taste!" | Serve with a gay garnish of lemon quarters. The fresh juice peps up flavors, restores vitamin C lost in the cooking. |
| STEWED FRUITS | "-nothing like the fresh fruit." | To keep the orchard taste of fresh or dried fruit add lemon juice, grated peel, tool |
| BEVERAGES | "Can't you give it zip?" | Tea takes on a clear, amber color and extra flavor with lemon. Tomato juice needs lemon's wake-up tang! |
| DESSERTS | "T'm tired of ..." "Not like mother used to make."* | Best bet: lemon meringue piel Good bets: lemon puddings, cakes, gelatines. Special bet: lemon clear sauce for cobblers, baked apples. |

HEALTH is another reason for using lemons liberally. They are a rich source of vitamin C, a good source of $B_{1}$, the only known source of vitamin P. They aid digestion, alkalinize. Lemons are included in the "Basic 7" food groups, recommended for better wartime nutrition. Probably no other food helps
you in so many ways. So buy them by the dozen and never be without
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## For Clear-Eyed MORNING FRESHNESS



## Try This Tonight

TF YOU wake up tired and listless-if 1 your freshness and "sparkle" are slipping away in the stress of these strenuous times-you should know this!
Thousands are drinking a cup of Oval tine night and morning-for radiant morning freshness and vigorous days.
For Ovaltine is a scientific food-concentrate designed to do two important things.
First, taken warm at bedtime, it fosters sound sleep, without drugs. Second, it helps to build you up while you sleep. According to experts, two glasses daily made with milk as directed, supply all the extra vitamins and minerals you need for utmost vitality-provided you just eat 3 average-good meals a day, including 3 average-good meals a day, including
citrus fruit or tomatoes. In addition Ovalcine also provides the basic food elements absolutely necessary to rebuild muscle, absolutely necessary to rebuild muscle,
nerve and body cells, and for vitality and nerve and bor
endurance.
So why not turn to Ovaltine tonight, for better sleep and for morning freshness?

## OVALTINE




## NOT WITHOUT ITS BLESSING!

-ur how to get along without Mahel and like it CLIFFORD PARCHER

MABEL, our maid, is now making holes in nuts-not doughnuts, either! Of course, it's a big help to the war effort, and we're glad to let her go. But when the nuts are licked and the boys come marching home, we'll be delighted to see Mabel marching right back into our home, too.
But we didn't start out to tell you about Mabel's problems. The idea was to discuss your problems, blessings in disguise if you're cheery enough to see it that way. There's no getting away from it; there are advantages in not having Mabel underfoot week in and week out!
It's bad enough to think of getting along without Mabel under normal conditions-but now! There's Red Cross, salvage committee, ration bookkeeping, and dozens of other extras. But tackle the problem in the right spirit, and it can even be fun.

In the beginning of your Mabelless" household, some plan or program must be thought out and put in "motion." The organization of your time and work must be considered first. The next step might be called


The male member might come to the aid of his party by picking up his clothes and making his bed
the delegation of duties. Then there preparation, part of which is ment and part physical. Finally, there's sin plification of procedure. You'll soo wonder why you were so disturbe when Mabel broke the news to you
Your own time! Are you playin bridge too many afternoons? Mayl you've been going to market eve day instead of every other day twice a week. Or perhaps it's fun dawdle over coffee and newspaper the morning. With a little caref thinking, you can find the weak spo a lot faster than I can find them.

Organize your household dut just as efficiently as you did yo own time. Don't let a task esca you; write them all down. Deci first how often each duty must attended to and the best time to it. The hard jobs should be schedul for morning when you're still fre and ambitious. Meal planning come later in the morning when good to have a legitimate excuse sink into a soft, comfortable cha

Now that Mabel's gone, the "de gation of duties" might sound si to you. But it isn't. If you're lucl there's the cleaning woman who come in one day each week. Pick the things you want her to do, a put them down in black and whi Then, there's the family. Take easy, men! But maybe you'd $j$ as soon make a practice of pick up your clothes when you get and possibly you'd be willing to m: the bed every other morning! It wo be a bad thing, either, for the c dren to pitch in and do a little $m$ work. Make out a list for them c sistent with their ages and abilit They can give you a lot of $h$ around the house without undue terference with their own activit Now we're all ready for pract
 CONSULT YOUR DOCTOR REGULARLY. Ask Nursing Bottle with easy-to-clean wide mouth, wide base to prevent tipping, scale applied in color for easy reading. Famous breast-shaped Nipple has patented air-vent to reduce "wind-sucking.
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## HYGEIA

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preparation. First, dig out all the direction books that came with your appliances-washing machine, ironer, sewing machine, waffle iron, refrigerator, range, etc. You'll be surprised at the extra things they can be made to do to help. In addition, you'll be reminded how to take care of appliances in these can't-be-replaced-days.

The second item of preparation is stripping. The idea is to go over your whole house and put away all the odds and ends that serve no important purposes; bric-a-brac from the


The children will prove to be willing little helpers if made to feel responsible for definite chores
mantel, books on the end tables that are kept there only for decoration, and all the other gew-gaws that you never use. Just think of the dusting and adjusting that will be saved.
A good ally in your preparation program is wax. Besides using it on your floors, it can be applied to woodwork, brick hearths, metal ash trays and andirons-even parchment lamp shades. This protective coating will facilitate dusting and thereby save you a lot of work. You might eliminate some of your draperies, substitute plain, tailored curtains for fancy, ruffled ones. And don't forget to use paper products ás long as they are available. This will cut down your laundry work considerably.
Now look in the top of your closet for some large trays. They're grand to take food and dishes to and from the dining room table, back to the dish closet, into the living room when you're serving refreshments, or other small objects to wherever they're going. Keep a basket handy, too, to serve the same purpose for items that are going down to the basement.

Another preparation idea is to keep things in more than one place. Find an out-of-sight place for some dusters in each room where you do frequent dusting. Likewise, keep as much of a duplicate supply of cleaning tools as possible on the sleeping floor.
No doubt you've already thought of having two meals a day in the conveniently located breakfast alcove, but has it occurred to you that you can keep up your entertaining by doubling up? Have friends in for dinner on two successive nights. Or have a couple for dinner and then arrange a little luncheon for the following day. All the special cleaning up will do for both occasions; flowers that

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 a

you get for decorations will take care of both affairs; the hot roast of the first meal (if you're lucky enough to find one) can be served cold the next day. You'll cut expenses, too.
There are other little tricks, too You can speed up the dusting by using both hands, as long as you don't let your left hand know what your right is doing. Desserts for two meals can be made at the same time a lot easier than at two separate times. Spots are removed quicker right after they are made. Special brushes are available for cleaning venetian blinds, radiators, and other queerly shaped objects; and a paint brush provides an easy way for dusting the tops of books. Liquid glass cleaners are available with spray attachment; there are dust resistant fabrics, washable wallpapers, and all sorts of things to ease your tasks and allow more leisure.
Before we leave the subject of simplification, there's one more idea that will prove welcome. After an evening of entertainment at home, spend a few minutes straightening up the living room. It is so much easier then than in the morning. And as you take the soiled glasses to the kitchen, take another minute or two to start breakfast preparations, at least to the ex tent of setting the table and getting the orange juice squeezer out. You'll be thankful the next morning.
Just a word about the financial changes of losing Mabel, and then you can jump into your program. There are no two ways about itMabel's departure will mean extra money in the family pocketbook


After entertaining, spend a few minutes straightening up. It's easier then than in the morning

You can do what you want with these funds, but don't say we didn't help you spend them! The money saved on Mabel's food will be needed to cover increased prices. Then, of course, the cleaning woman will have to be paid from this source. From here on it's optional, but how about putting half the amount into War Stamps and using the balance for hobbies or recreational equipment voted upon by the whole family!
You'll be working hard when this program gets into high. But, shades of Mabel, you'll find that the house is running smoother than ever and (you won't have to admit it to a soul) you're actually enjoying the experience! But all this isn't to say that "our" Mabel can't hang her hat in the back hall any time she wants to!

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VIRGINIA SKINNER
TORE than ever before, Americans are conscious of the need of a Wh home health program. Emphasis has been placed upon nutritional meals, exercise and recreation, and we hope that parents will place the same emphasis on their children's eyesight. To do this they must adopt an eye health program, and a good start for such a program is a comfortable, well equipped study with a big desk and a good lamp to see by.

A desk lamp, to be good, should meet the following requirements: (1) white lined, flaring shade to reflect light; (2) sufficient height to spread light over desk area; (3) diffusing bowl to prevent glare and diffuse light; (4) large enough bulb ( 75 to 100 watt).

In the last few years I have talked to hundreds of boys and girls about study and reading habits. The errors they make when reading may be


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Advance Notice to American Home Readers

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unanimous-"on the floor." Reading on the floor is ERROR No. 1. It has been proven that there will never be enough light on the floor unless a lamp is placed there beside them. The place to read is sitting in a chair beside the lamp. When reading on the floor, a child frequently cups his chin on his hand, bringing his eyes too close to the reading material (less than $\left.14^{\prime \prime}\right)$. Hence, there is a strain on the eye muscles in attempting to focus. Holding reading material too close to eyes is ERROR No. 2. Remember that light magnifies. Grandma took her needle to the window to thread it. There, powerful daylight made seeing easier and the eye of the needle appeared larger. In exactly the same manner newsprint or bookprint appears larger with plenty of light. In adequate light, if a child finds it necessary to hold a book closer than $14^{\prime \prime}$, his eyes should be examined by a responsible eye doctor.

Because their eyes are young and healthy, children pay little attention to the location of the light, and frequently read or play with their bodies casting shadows on objects they want to see, ERROR no. 3: Propinquity is important if you want full value from your light. Light falls off rapidly and loses its strength. We can be much more sure of getting sufficient light when lamps are close to the reading material. Light is rarely strong enough when lamps are two or three feet from the reader.

ERROR NO. 4 is glare, a bugaboo which children should be taught to avoid. Unshaded light is uncomfortable, causes jagged nerves, and never helped us to see. A child who must study with glaring light will go to bed nervous with irritated or badly strained eyes.

Nutrition experts have taught us to be on guard for error no. 5-improper diet for eyes. Vita$\min \mathrm{A}$ as found in leafy, green vegetables, milk, yellow colored foods, gives us visual acuity. Many an 18 -year-old has been rejected from the Air Force because his eyes could not meet the rigid requirements for precision seeing. Girls have been turned down for certain defense jobs because their vision was not keen enough. If you are a mother of growing children, watch their habits of seeing. The time to safeguard eyesight is when children are young. With the appalling percentages of eye defects among our armed forces, higher than in the first World War, definite attention to seeing habits, and adequate lighting in schools and in homes is in order.


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