Easy Armour Recipes for
3 New Meat Loaves
your family will love

When you have found just the right combination of ingredients, there's nothing more appealing and satisfying than a rich, hearty meat loaf. Made with ground meat, they're grand ration stretchers; you don't have an ounce of waste.

Here are three new, deliciously different loaves from the Armour kitchens. Each is made with a different kind of meat—beef, ham, and lamb. And the extender in each is different, chosen to contribute delicious flavors of its own, while spreading the flavor of the meat.

The chopped raw vegetables give the beef loaf a moist, tender texture. The cornflakes add a rich, nutty flavor to the ham and pork loaves. And the snowy-white topping of mashed potatoes gives eye-appeal as well as taste-appeal to the richly-seasoned lamb loaf. They're grand for entertaining or a simple family meal. And equally delicious served hot or cold.

Armour and Company suggests these recipes to help you make the most of meat and to make every ration point count.

**Individual Star Ham Loaves**

1 lb. uncooked Star Ham Shank
ground fine with
1/2 lb. lean pork
1 cup crushed cornflakes or other
crisp cereal
1/4 cup milk
1 Cloverbloom Egg
2 tbsps. brown sugar
1/2 tsp. ground cloves
1/4 cup crushed cornflakes mixed with
1 tbsp. Cloverbloom Butter or
margarine

Place 1 cup crushed cereal in milk
and beaten egg mixture until soft.
Add seasonings and the ground
meat. Make into 5 small individual
loaves. Roll each in additional
buttered cornflakes. Bake in 325°F.
even for 45 minutes. Serve hot or
cold with orange slices which have
been sprinkled with brown sugar
and broiled until heated through.
Makes five hearty servings.

**Star Beef Vegetable Loaf**

1 lb. ground Star Beef chuck, flank,
round or neck
1/2 cup dry bread crumbs
1/4 cup milk
1 Cloverbloom Egg
1/4 tbsps. salt
1/4 cup chopped green pepper
1/2 cup chopped onion
1/2 cup grated raw carrot
1/2 cup catsup

Combine bread crumbs, milk, egg
and seasonings. Add green pepper,
onions, carrots and ground beef
and blend well. Place in an oiled
8-inch ring mold and bake 50 min­
dutes in 350°F. oven. Turn loaf
out into flat pan and spread with
catsup which has been diluted with
2 tbsps. water. Place under broiler
for 10-15 minutes. To serve, place
on chop plate and fill center of
ring mold with a vegetable. Gar­
nish with parsley. A regular loaf
pan may also be used. 6 servings.

**Snowy Star Lamb Loaf**

1 1/2 lbs. ground Star Lamb shoulder
or leg
2 tbsps. salt
1/4 clove garlic, minced fine, or 1/4
cup chopped onion
1 cup milk
3/4 cup cracker crumbs
1 Cloverbloom Egg
3 cups seasoned mashed potatoes

Combine the lamb, salt, garlic or
onion, milk, cracker crumbs and
egg. Pack in loaf pan and bake in
325°F. oven for 1 hour and 20
minutes. When the loaf is baked,
turn out onto a cookie sheet or
flat pan and frost with hot mashed
potatoes. A pastry tube may be
used to ruffle the mashed potatoes
over the top. Place under the
broiler long enough to brown the
potatoes. The loaf may also be
left in the loaf pan and potatoes
piled on top. 6-7 servings.

---

For finest quality and
flavor ask for Armour's
Branded Products:
Star Ham and Bacon
Star Beef
Star Lamb and Veal
Star Smoked Sausages
Star Canned Meats
Cloverbloom Poultry
and Dairy Products

Armour and Company
The Hurry Calls of War

War needs Long Distance more and more every day — and night. More calls are in a hurry than ever before. When you must talk over crowded circuits, the Long Distance operator will say — “Please limit your call to 5 minutes.” That’s to help everybody get better service.
Dear Mother:

I'm going to war tomorrow, and I'm leaving this letter pinned to my pillow to tell you the things I wasn't able to tell you personally.

Of course, there is—"I love you," and "You're the best mother in the world," and "I'll be back," but that's not what I mean. The things I want to tell you are serious, Mother. More serious than you or I. I'm going to scold you some, and warn you, too. And maybe I'm just not talking for myself. I don't think or believe I am.

It's this way: down there at the station tomorrow the high school band will be playing—what's left of it. There'll be gaps in the heavy brasses. My old trumpet will be missing—and Pee Wee's bass horn—and some others. And there'll be a speech by the mayor. (Confidentially, it'll be lousy, Mother. I can hear it now! "Our brave young men ... our triumph ... clean young manhood ... hurrah ... save the world for democracy ... hurrah ... preserve freedom ... hurrah ..."

We'll be looking very brave and confident. And that's the point. I may as well jump in with both feet right now: we won't be confident. At least I won't. Daddy fought in the Argonne to make the world safe for democracy, and here we go again. It was tough on Daddy's generation, but it's tougher on ours, because we aren't going filled with the faith his crowd felt. We've seen how you older people can lose the peace after we've won the war. We're going with our fingers crossed, and it's hard to fire a gun with your fingers crossed, Mother.

We don't doubt democracy is worth fighting for, and we're not afraid to go. I don't think I'm a coward. You made me dive off high diving boards and go to the dentist alone. I'm not afraid to die, but I am afraid of dying for nothing. You see, we're afraid of the old shell game. You keep me clean and taught me to be honest. That's why I'm trying to be honest now. And you hold the highest ideals before me. But did you teach me the truth about the world, and life, and men? You didn't, Mother, or we would not be going to war tomorrow.

You taught me that there would never be another war.

You took away my toy soldiers. You brought me up to the point. I may as well jump in with both feet right now; I won't be confident. At least I won't. Daddy

At least I won't. Daddy didn't, Mother, or we would not be going to war tomorrow.

We were signing after Czecho-Slovakia, Poland, after the invasion of

Put extra iron in your child's school lunch with Brer Rabbit Gingerbread.

Youngsters love the tempting flavor of Brer Rabbit Molasses in gingerbread, cookies, on cereals, as a spread for bread. And one tablespoon of Brer Rabbit added to a glass of cold or warm milk makes a delicious milk shake rich in iron and calcium.

Texts have shown Brer Rabbit Molasses is second only to liver as a rich food source of iron. Iron helps build good red blood! Three tablespoons of Brer Rabbit Molasses supply about one-third of minimum daily iron requirements.

Two flavors: Gold Label—highest quality, dainty, light molasses, Delicious on pancakes, waffles, bread, and cereals, and for a delicately flavored milk shake. Fine for baking, too.

Green Label—dark and full-flavored. Recommended for cooking and a richly flavored milk shake.

FREE

New Orleans, La.
Dept. A-2-4

Send me—free—Brer Rabbit's "Modern Recipes for Modern Living," containing 16 new molasses recipes. Also pamphlet on children's iron needs.

Name

Address

City State

 Braun Bros. & Ford, Inc.

Buy More War Bonds!

February, 1944
Vol. XXXI, No. 3

Cover Design: See Page 15

Special Monthly Features

Crafts—Patterns for Your Escape House 46
Personal—Are You Still Their Valentine? 58
Family Health—XIV. Safety in Your Medicine Chest 60
Recipes—73

Children

War Hysteria Ellen Osgood 23
Little Ladies Aid 79
Readin' Writin' & Seein' Virginia Skinner 83

Decorating

Cross Country Collector's Item 26
This Saving Grace 32
Louis Goodenough Martha B. Darbyshire 38
"Tables" Are Turned at the Dexters
Oh Glamorous Washroom! Luby Pollack 40

Gardening

Garden Primer—I. Soil E. L. D. Seymour 24
No Room for Food Crops? ... Nonsense! 28
Don't Wait for Spring Rush It! 30
We Asked You—You Told Us 50
Beauty in the Bad Lands of Dakota Inga Norstog 53

Handicrafts

They Are Furniture Fanatics Lynn Given 42
Patterns for Your Escape House 46
Basement Hobby de Luxe Model Ruth W. Lee 48

Homes and Maintenance

The Hut Suit Jean Austin 15
3 More Little Escape Houses Florence B. Lincoln, Karl Ohm, Allen P. Coaviguard 18
"Blue Haven"—a Mississippi Shack Alice Blue 20
Illinois Ski Hut on Hill 57 Ruth W. Lee 21
The Too-Big House William J. Hennessey 54
The Winners!—House Election Returns 60

Parties, Food, Housekeeping

Cupid Takes On Another Duty Jeanine Willis 69
Sugar and Sweetenings—XV. Food Monograph Eleanora Sense 70
Recipes 73
He's the Problem Joe Etta Clark 76
Little Ladies Aid 79

Inspirational

Dear Mother Helen Sloan Stetson 4
War Hysteria Ellen Osgood 23
A Blow—Without Its Blessing C. Parcker 80

Buying More War Bonds

The American Home, February, 1944

"Oooh—what I caught you doing!"

ike off that hat, you bad girl!
(co— I mean me. Rushing off to buy sheets as if as were any January! (It's not being done, this ar.) Caught myself just in time!

"I know better. So now I'm going to do what I could have done at first—go through my linen set and see how many sheets I don't need!"

"Hmm—let's see. A nice healthy patch'll fix one. Here's another I can trim down for senor's bed. And this worn-thin one will do if I slit it down the middle... flat-seam the selvages together... hem the edges!

"Sort of cuts my sheet list to zero! I can get along with what I have—and am I glad they're Cannon Sheets! Can't beat 'em for good quality sound construction... long wear.

"That's the story, gals. Don't buy sheets unless you have to. If you do, bank on the Cannon name. It take the world's best care of your Cannon clothes when you get 'em!"

Treat 'em Tenderly!

It goes whether you're washing, ironing, or using your sheets. Don't use either sheets or cases for laundry bags. Be gentle about bedmaking—never yank sheets off the bed.

► Sometimes Switch 'em!
Now and then, put the top hem at the bottom of the bed—helps distribute wear. Use all your sheets in rotation—makes 'em last longer!

► Keep 'em Clean!
Don't let your sheets get too dirty. (Hard scrubbing shortens their lives.) Frinstance—make sure your youngsters go to bed well-washed!

► Buy 'em with Care!
When there's no staying off the day you must get sheets, look at Cannon Percale Sheets. So soft and smooth—yet they cost about the same as heavy-duty muslin. Grand for wear—because they're woven with 25% more threads than the best-grade muslin!

► Take 'em at Name Value!
If you can't find just the size you want in Cannon Percales, keep your eye on the Cannon label and ask to see Cannon economy Muslin Sheets—well-constructed, long-wearing. They're a grand value! (And if you need towels, don't forget Cannon Towels are super!)

Cannon Mills, Inc., New York 13, N. Y.

► For Victory Buy U. S. War Bonds and Stamps

Cannon Percale Sheets

Made by the Makers of Cannon Towels and Hosiery
With home insulation too, there's more than meets the eye

You can rely on your Johns-Manville Home Insulation Contractor for a job that is sound throughout

Every contractor for Johns-Manville "Blown" Home Insulation is carefully selected on the basis of his integrity, experience and reputation. In addition, his work is rigidly supervised by Johns-Manville until he can satisfactorily meet the high standard of J-M specifications for the scientific Insulation of homes.

Why is this important to you? Because the finest insulating material anybody can make won't be effective if it's installed in your home in a slipshod, careless or shifty manner. You can't see the difference, but only the right kind of a job results in maximum comfort and fuel savings.

Remember you buy Home Insulation only once. It pays for itself when done properly. Why not take the first step by sending for the free J-M Home Insulation book which gives you the full story.

MAIL COUPON...NOW!


Without obligation I would like a free copy of your Home Insulation Book, "Comfort that Pays for Itself."

Name__________________________

Address________________________

City__________State__________

JOHNS-MANVILLE "BLOWN" HOME INSULATION

They both look alike, but one is BAD INSIDE

of the Low Countries and the fall of France. And there are some of my classmates in conscientious objectors' camps today because they don't know what to believe. It was potent stuff you handed us, Mother.

The world isn't all sweetness and light. There are such things as cruelty and evil and greed, and we must be ever ready to do battle against it. Since the beginning of time, the human race has moved forward by fighting the forces which threatened to hold back its progress. Peace and all the good things man wants are not won once and held forever free as a gift. You taught me they were my privileges; you didn't teach me they were my responsibilities, to be defended to the death. You didn't tell me because you didn't know.

I see the truth now, Mother, but it was hard to come by—"I am my brother's keeper." And the irony of it is you grew people like my parents. No one could ever have stopped them, Mother. In the Ruhr. In Austria, before they ever started. It's too late to brood over past mistakes, but what about next time? Is it going to happen again? Am I going to die for nothing? Is this just a dress rehearsal? Are you going to keep it up until the last human being is left moaning alone on this earth?

If we come back you are so happy, or when we don't come back you are so sad that you never want to think of war again, you'll be laying down a crimson carpet for it to walk in upon, quietly. You must think of war. You must remember how it happened before and watch. But will you? Or will you lay down the burden and try to forget?

That is the cross I'm carrying on my back these days: I don't quite believe you. I've listened to your fine phrases before and they didn't prove a thing. Daddy listened to them when he was dying in Veterans' Hospital fifteen years after it was "over."

I'm uneasy, Mother. This time you must see clearly and work unceasingly. Maybe you'll turn your back on the League again. Maybe you'll forget the needs of the little black and yellow brothers. Maybe you'll fear Russia and leave her out of the peace. Maybe you'll let Germany re-arm again. Maybe—oh, you can so easily muf it in a million ways.

You'll have to have a hundred eyes and ears to avoid muf it. You'll have to watch for the veriest shadow of the wolf across the sheep yard. You'll have to leave the ninety and nine to go after the one. It's brotherhood this time—or else.

Sorry I had to scold, but it's time you older people grew up. You've been the loveliest of mothers. The point is the world is not made only of lovely people like you. I wonder if just being a lovely person is enough any more?

Your loving son,

JOHN
A Bright Idea that Flopped

POP NEEDED a new suit of clothes. But like all men, he kept putting it off... until finally the family had a bright idea.

They decided to give him a suit for his birthday. Mom bought the coat downtown. Sister got the vest at some men's store. And Junior added a humdinger of a pair of slacks from some local sporting goods store.

Can you imagine Pop in that suit?... how it fitted and looked?

Can you imagine anyone buying a suit of clothes that way?

Yet... the funny thing is... millions do. They buy their clothes of protection, their insurance, in just that way... a fire policy from one agent, an accident policy from another, a liability policy from some friend, and so on. With the result, that their protection fits their needs like a hand-me-down suit of clothes.

Don't buy insurance that way. Go to one man... The Man with the Plan... your local Employers' Group agent. He's the man that does a thorough job of protecting homes and businesses. He checks over all your insurance policies... looks for their weak spots, the errors of omission that expose you to serious financial loss. He asks questions... studies your needs... analyzes the facts... and then outlines a complete, foolproof protection plan that helps you to buy insurance properly.

For protection that gives freedom from worry over financial loss, call The Man with the Plan. Ask him to make a complete analysis of your insurance, free.

The Man with the Plan brings you wise by Cedric Fetter... every Sunday evening over a national radio hookup. Consult your radio page for time and station.

The Employers' Group

INSURANCE

Surety and Fidelity Bonds—Fire and Casualty Insurance

THE EMPLOYERS' LIABILITY ASSURANCE CORP., LTD.

THE EMPLOYERS' FIRE INSURANCE CO.

THE EMPLOYERS' INSURANCE CO.

AMERICAN EMPLOYERS' INSURANCE CO.

One Liberty Square, Boston 7, Mass.

The Employers' Group Man is the Man with the Plan
HOW I RETIRED ON A LIFE INCOME OF $150 A MONTH

To men and women who want to retire at 60

"TEN YEARS ago I made a discovery that changed my life. I believe it will interest you.

"At that time, I was worried about myself and my future. I seemed to be living in a circle. I used to dream of being able to relax and enjoy life, without money worries. I longed for security. Yet it seemed hopeless.

"But that was 20 years ago. Now I have retired on a life income. I have no business worries—my security is guaranteed. Each month I receive another $150 every month as long as I live.

Here's What Happened

"When I was 40, I discovered the Phoenix Mutual Retirement Income Plan.

"The minute I read about this Plan I realized it was just what I needed. It showed me how to get an income for life beginning in 20 years. It showed me how to get immediate protection for my family in case I did not live until then. It even included a disability income for me if, before age 55, total disability stopped my earning power for six months or more.

"Today, at 60, I have the things I want—lifelong security and freedom to do as I please. I can be sure of comfort and happiness in the years ahead.

This story is typical. Wouldn't you like to make sure of your own future—to find out for yourself how the Phoenix Mutual Plan works? You can, by sending for the free booklet offered below.

What's more, you know that your money is safe. Behind every Phoenix Mutual Retirement Income Plan are the substantial investments which the company has made throughout America, including Government Bonds and many other investments which directly help our country's war effort.

Send for Free Booklet

Send the coupon and you will receive, by mail and without charge, a booklet which tells how men or women who qualify for Phoenix Mutual Plans can get a life income of $10 to $200 a month or more, starting at age 55, 60, 65, or 70. Don't put it off. Send the coupon for your copy now.

JUNEAU, ALASKA

Many people outside are not aware of the wonderful beauty of Alaska and I have appreciated the chance to tell the world about it. . . I think I stated once that printing the "Summer Home" story (August, 1943, issue) would ease the minds of parents of soldiers who are stationed up here. It did; I had letters from mothers in many States asking about their boys.—BESS WINN

And from Mr. Paul Stark, Pres. Nat'l. Victory Garden Institute:

It is a great pleasure to inform you that your publication was unanimously chosen by the judges to receive the certificate award of the National Victory Garden Institute for the very real contribution to the Victory Garden Program in 1943.

Please accept our heartiest congratulations and best wishes. It is generally agreed that the Victory Garden effort this year was a great success, and we are planning now for even bigger and better gardens next season. No doubt your magazine will wish to continue its efforts along this line.

[We are very proud of our award and have extensive plans started for a 1944 garden program.—ED.]

PHOENIX MUTUAL LIFE INSURANCE COMPANY

WELLINGTON, NEW ZEALAND

I had the pleasure of receiving THE AMERICAN HOME you sent . . . I find it hard to express how thrilled I am with the Ranch House. . . . I am already picturing myself keeping "our home" clean as a new pin and what fun it will be getting furnishings to match your pictures.—N. M. OCKENDER.

P.E.A.R.L.-W.I.C.K.

hampers, of course!

SO CONVENIENT

... and sensible, too, to have a large, yet compact Hamper always at hand whenever and wherever you need it.

BEAUTIFUL IN ANY ROOM

Thank Pearl-Wick for these superb finishes and colors that fit into bedrooms, guest rooms and nurseries as well as in bathrooms.

AND LONG-LASTING

... it's the built-in mailies that keep Pearl-Wick serving successfully for many, many years.

WRITE FOR FREE BOOKLET "STORAGE POINTERS"

THE AMERICAN HOME, FEBRUARY, 1944
This is the First Time The Book League of America has made this Great Offer to New Members Only

Absolutely FREE

And ALSO FREE

—Your Choice of these Best-Sellers

THE BEST OF THE NEW

THE PRODIGAL WOMEN
By Nancy Hale

THE SUN IS MY UNDOING
By Marguerite Sten

CONGO SONG
By Stuart Cloate

THE STRANGE WOMAN
By Ben Ames Williams

JANE EYRE
By Charlotte Brontë

THE BEST OF THE OLD

GIFT CERTIFICATE GOOD FOR 2 FREE BOOKS

BOOK LEAGUE OF AMERICA
Dept. A.H.2, Garden City, N. Y.

Send me—FREE—these two books: (write TITLES below): 

5-DAY TRIAL—No Obligation
Send the coupon without money. Simply write on the coupon your choice from EACH of the two groups of books shown above. Read the modern BEST-SELLER you have chosen AND read the CLASSIC; you have chosen—but for five days. If these two books do not convince you that this IS "America's Biggest Bargain Book Club," simply return them; pay nothing. But if these volumes DO demonstrate that subscribing to the Book League is the wisest move a reader can make today, then keep them as a gift. Your subscription will begin with next month's double-selection. Mail coupon for your TWO FREE BOOKS NOW. Address coupon to

GIFT CERTIFICATE GOOD FOR 2 FREE BOOKS

BOOK LEAGUE OF AMERICA
Dept. A.H.2, Garden City, N. Y.

Send me—FREE—these two books: (write TITLES below):

Choose one (from best-sellers at left above)

(must be on both lists)

A handsome, lifetime library. The great authors in this series include Shakespeare, Poe, Oscar Wilde, etc. (Since they are great classics which you will always cherish in your lifetime library, you may prefer the beautiful De Luxe Edition bound in simulated leather with silver stamping. Just take your choice.)

This is the ONLY club that builds for you a library containing the best of the new best-sellers AND the best of the older masterpieces. The TWO books sent you each month are valued at $3.50 to $4 in the publisher's edition. But you can get BOTH for only $1.39!

GIFT CERTIFICATE GOOD FOR 2 FREE BOOKS

BOOK LEAGUE OF AMERICA
Dept. A.H.2, Garden City, N. Y.

Send me—FREE—these two books: (write TITLES below):

Choose one (from best-sellers at left above)

(must be on both lists)

A handsome, lifetime library. The great authors in this series include Shakespeare, Poe, Oscar Wilde, etc. (Since they are great classics which you will always cherish in your lifetime library, you may prefer the beautiful De Luxe Edition bound in simulated leather with silver stamping. Just take your choice.)

This is the ONLY club that builds for you a library containing the best of the new best-sellers AND the best of the older masterpieces. The TWO books sent you each month are valued at $3.50 to $4 in the publisher's edition. But you can get BOTH for only $1.39!

GIFT CERTIFICATE GOOD FOR 2 FREE BOOKS

BOOK LEAGUE OF AMERICA
Dept. A.H.2, Garden City, N. Y.

Send me—FREE—these two books: (write TITLES below):

Choose one (from best-sellers at left above)

(must be on both lists)

A handsome, lifetime library. The great authors in this series include Shakespeare, Poe, Oscar Wilde, etc. (Since they are great classics which you will always cherish in your lifetime library, you may prefer the beautiful De Luxe Edition bound in simulated leather with silver stamping. Just take your choice.)

This is the ONLY club that builds for you a library containing the best of the new best-sellers AND the best of the older masterpieces. The TWO books sent you each month are valued at $3.50 to $4 in the publisher's edition. But you can get BOTH for only $1.39!

GIFT CERTIFICATE GOOD FOR 2 FREE BOOKS

BOOK LEAGUE OF AMERICA
Dept. A.H.2, Garden City, N. Y.

Send me—FREE—these two books: (write TITLES below):

Choose one (from best-sellers at left above)

(must be on both lists)

A handsome, lifetime library. The great authors in this series include Shakespeare, Poe, Oscar Wilde, etc. (Since they are great classics which you will always cherish in your lifetime library, you may prefer the beautiful De Luxe Edition bound in simulated leather with silver stamping. Just take your choice.)

This is the ONLY club that builds for you a library containing the best of the new best-sellers AND the best of the older masterpieces. The TWO books sent you each month are valued at $3.50 to $4 in the publisher's edition. But you can get BOTH for only $1.39!

GIFT CERTIFICATE GOOD FOR 2 FREE BOOKS

BOOK LEAGUE OF AMERICA
Dept. A.H.2, Garden City, N. Y.

Send me—FREE—these two books: (write TITLES below):

Choose one (from best-sellers at left above)

(must be on both lists)

A handsome, lifetime library. The great authors in this series include Shakespeare, Poe, Oscar Wilde, etc. (Since they are great classics which you will always cherish in your lifetime library, you may prefer the beautiful De Luxe Edition bound in simulated leather with silver stamping. Just take your choice.)

This is the ONLY club that builds for you a library containing the best of the new best-sellers AND the best of the older masterpieces. The TWO books sent you each month are valued at $3.50 to $4 in the publisher's edition. But you can get BOTH for only $1.39!
**First Lesson**

---

**CONTRIBUTORS**

---

**JOHN SCOTT TROTTER** is one winner Bing Crosby picked! Bing chose him personally as conductor of his radio show, and he's been musical director of Kraft Music Hall for the past seven years. He met Bing when he wrote the music for *Pennies From Heaven*, one of his first movies.

**LUBY POLLACK**, responsible for Oh! Glamarous Washroom, is thirty-four and "struggling only a little to look twenty-four." She has an A.B. from University of Wisconsin, two children, John, four, Rosemary, eight, a physician husband, and a full life. Only regret: epitaph never’ll read, "She was beautiful!"

**ELSIE EAVES**, B.S. (C.E.), first woman elected to corporate membership in the American Society of Civil Engineers, is a transplanted Coloradan. Now busy in New York reporting for engineering publications, she thinks Long Island Sound has as much personality as the Colorado Rockies, her "hills" of home.

**C. E. WALTMAN**, whose hobbies are sailing, hunting, and winter sports is an industrial designer by profession, and one who has contributed to the development of the Modern Movement in this country. He goes in for designing mechanical equipment, and decorative products as well as furniture, his first love.

---

**IN GOOD HOUSEKEEPING**

It's never too soon to learn that toilet bowls should be immaculate, and that Sani-Flush makes them gleaming white the quick, easy, sanitary way. Use Sani-Flush at least twice a week to remove unsightly stains and discolorations without scrubbing.

Sani-Flush is not like ordinary soaps and cleansers. It works chemically—even cleans the hidden trap. Cleans away any recurring toilet germs and a cause of toilet odors. No messy scrubbing or special disinfectants. Safe with septic tanks and in toilet connections. (See directions on the can.) Sold everywhere—in two convenient sizes.

---

**SAFE—IN SEPTIC TANKS!**

Don't scrub toilet bowls just because you fear trouble with your septic tank. Recent research shows Sani-Flush is for toilet sanitation with septic tanks. Send for a free copy of their scientific report. Simply write The Hygienic Products Co., Dept. E-2, Canton, Ohio.

---

**ROSEVILLE DECORATIVE ART POTTERY**

Beautiful new art forms combined with exquisite raised floral design and rich color tones distinguish this charming new "Magnolia" pattern by Roseville, 55 items—hand-pointed Tan, Blue, Green. At department stores and gift shops everywhere. Send for free Magnolia folder ROSEVILLE POTTERY, INC., Dept. A-24, Zanesville, Ohio.

---

**THE AMERICAN HOME, FEBRUARY, 1944**

---

© Youngstown Pressed Steel Division, Mullins Mfg. Corp., February, 1944

---

**Youngstown Kitchens**

---

**TOTAL WAR NEEDS YOUR TOTAL EFFORT**

**TOTAL PEACE WILL NEED IT TOO**

Plan Now to give every man a job—put every dollar to work; safeguard your freedom of choice.

---

**Get acquainted.**

---

**with your kitchen**

---

• When we have the urge to get the convenient kitchen we really need but can't buy now, let's put that money into the uniform of fighting dollars—War Bonds—and let it help speed Victory.

In the meantime, let's put whatever time we can spare from our war work into planning the kitchen we want when the war is over, so that we can be sure it will be perfect in convenience and appearance.

Youngstown Pressed Steel will send a beautiful new booklet, brimful of helpful ideas for planning new kitchens or remodeling old ones.

---

**Magnolia**

---

Beautiful new art forms combined with exquisite raised floral design and rich color tones distinguish this charming new "Magnolia" pattern by Roseville, 55 items—hand-pointed Tan, Blue, Green. At department stores and gift shops everywhere. Send for free Magnolia folder ROSEVILLE POTTERY, INC., Dept. A-24, Zanesville, Ohio.

---

© Youngstown Pressed Steel Division, Mullins Mfg. Corp., February, 1944
**HUBBY'S BIG PROBLEM** Right now—he's a factory foreman—is man power. "We're getting men about as fast as a baby gets teeth." Susan wonders ... could women do the work, untrained women like her? "Sure they could," says Hubby. "But what'd you do with the kids? Put 'em in a zoo?"

**SUSAN'S A GAL WITH IDEAS.** As she slices delicious ready-to-eat Prem for dinner she thinks, "Experts at Swift's prepare and cook this meat for me. A fine time-saving idea. Can't I get a big idea, too? C'mon, brain ... how can I help out at the factory without neglecting the children?"

**TURNABOUT WILL DO IT!** Susan comes through with a swell idea. Neighbor, Mrs. Allen, also has children, also wants to earn extra money doing essential factory work. Three days a week she'll work, while Susan looks after all the children and does the marketing. Then it's turnabout for the next 3 days.

**RUNNING A POWER LOADER** is the job Susan and Mrs. Allen divide between them. "Some fun," says Susan. "I drive around all day in my little car and power does all the work." "Some gal," says Hubby. "Her idea's caught on with lots of other women ... we're getting plenty of help since they heard about her."

**FORTUNATELY BOTH FAMILIES** are mighty fond of Prem. (But then, who isn't? Prem is Swift's Premium meat, sugar-cured the exclusive Swift's Premium way for finer flavor.) Ready to chill and slice or just heat through. Prem saves lots and lots of time. All solid meat, Prem saves ration points, too.

**OH, BOY! WHAT A MEAL!** Pan browned Prem and mush with green beans. Quick to get, grand to eat, well-balanced for nutrition. Susan learned in her Nutrition Class about the important food values of meat ... knows that Prem supplies complete protein, B complex vitamins, and important minerals.

---

Prem, sugar-cured the exclusive Swift's Premium way, comes in oblong and round tins and in glass jars.
No waste with TREET
it's ALL rich meat!

Recipe

Barbecued Treet on Buns
A Tangy Feast of Good Meat Flavor

Nothing tastes quite so grand as good meat cooked with a tangy, flavorful sauce. So, try Barbecued Treet on Buns. The tasty sauce points up the rich, meaty flavor of those delicious Treet slices. You'll like it. It tastes

1 clove Armour's Treet
1 tsp. Cloverbloom Butter or margarine
1/2 cup chopped onion
1 tsp. paprika
1/2 tsp. pepper
3 tbsp. vinegar

Melt butter, add chopped onion and cook until clear. Add dry seasonings, sauce and vinegar. Cut Treet into 8 slices and bake in barbecue sauce in 300°F oven for 30 minutes. Place 2 Treet slices on halves of buttered, toasted buns and garnish other halves with dill pickles.

There's plenty for 4 and solid nourishment in every bite. For high-vitamin Treet is made of chopped pork shoulder meat, tender ham and other selected pork cuts.

Remember, Treet's all meat... no bone, no waste! It tastes grand baked, fried or simply sliced cold. So, serve Treet often!

Want Unrationed Meat Flavor?
Try VITALOX!

Armour's new meat-flavor discovery makes a rich brown gravy or a tasty hot beverage... peps up stews, sauces, soups—without points!

Contributors

- • • • STEVENS AND AMELIA MAXEY, who did our Pennsylvania Dutch designs, come by it rightly. Steve, who loves painting most of all, is a product of the National Academy of Design. Amelia (Miki) studied at the Art Students League and "on her own mostly." They have a 32-acre farm in Kintnersville, Pa., where they have two pigs, Heloise and Abelard; Timoshenko, the dog, and Melisande, the cat. Miki wants to raise Angus Aberdeen cows. Steve just wants to find the time to paint.

- • • • HELEN SLOAN STETSON'S story is typically Americana. Born in California of southern ancestry, she married a New England architect at the age of sixteen. They live in a house in the country, have a sixteen-year-old, poetry-writing daughter and a seventeen-year-old son whose views on the future inspired Dear Mother. Home and family come first in the heart of this countrywoman, then come play and magazine writing.

- • • • LOUIS GOODENOUGH, editor of that impossible-to-do-business-without trade paper Retailing—Home Furnishings, thinks of himself as a New Yorker. He went native, after being born in New Jersey, however! First job out of Colgate was on the then newly born New Yorker. In the years preceding his present position, he was "successively and sometimes successfully" a trade journal editor, manager in a Childs' restaurant in Washington, and a free lance writer, "living on his earnings!"

MRS. JEAN AUSTIN, Editor
E. L. D. SEYMOUR, Horticultural Editor
WILLIAM J. HENNESSY, Architectural and Building Research Editor
ELEANOR SEYMOUR, Food and Nutrition Editor
MARION M. MAYER, Managing Editor
LYNN GIVIN, Style and Beauty Editor
JEANNE DAVISSON WILLIS, Party Editor
MARY E. MUIZEL, Home Decorating Consultant
WILLIAM H. GROVE, Assistant Art Director

Some say "dyne" Your Druggist knows
some say "dean"... Just what you mean

There can be no greater joy for your fighting man than the pictured scenes of the things he is fighting for... from the candles on the dining table, lighted to speed his return, to all the familiar memories of the country he calls home. Send him Pictures.

Quick... the Iodine Bottle

- Whether you say "Iodyne" or "Iodeen" your druggist will have you the little brown bottle which first-aid authorities recommend cuts, scrapes and scratches.

Iodine

Mrs. Jean Austin, Editor,
E. L. D. Seymour, Horticultural Editor,
This Low-Cost Floor Makes Basement Rooms Practical

MOISTURE RESISTANT...EASY TO CLEAN

HAVE DAMP OR DUSTY FLOORS kept you from making your basement an attractive and livable part of your home? Then you'll want to know about a wonderful new flooring material—Armstrong's Asphalt Tile. It resists the moisture that is always found in basements, and it has a smooth, lustrous surface that's easy to clean and keep clean. And asphalt tile is not expensive!

This new floor material comes in tile form and in a wide range of plain colors and marble effects. By arranging the tiles to form a pattern, you can easily work out an original design to suit your own basement and your own plans for decoration.

Armstrong's Asphalt Tile goes down right over your present floor without fuss or bother. It's long wearing and will keep its full beauty through many years of service.

You'll be amazed at how easily—and how economically—you can transform a drab, uninviting basement into a thoroughly practical and comfortable room with Armstrong's Asphalt Tile.

WRITE FOR YOUR FREE COPY of "Low-Cost Floors for Modern Basements." Illustrated in full color, it gives many practical ideas to help you get started on your basement room. If you're interested in business floors, request "Low-Cost Floors with a Luxury Look." Address Armstrong Cork Company, Resilient Tile Floors Department, 4402 Plum Street, Lancaster, Pa.

THIS IS THE SAME ROOM before it was transformed—when it was just waste space in the basement. Now it's a gay, attractive "Summer Terrace" for wintertime fun. Instead of the porch furniture just being stored, it's put to use. The lawn table with its umbrella adds a festive touch for evening snacks served from the charcoal grill. The old walls are hidden by a design that's easy to paint. But the big difference, of course, is the new floor of Armstrong's Asphalt Tile—Spanish Red with Buff and White feature strips. List of furnishings and floor plan sent free on request.

ARMSTRONG'S ASPHALT TILE
The low-cost floor with the luxury look

MADE BY THE MAKERS OF
ARMSTRONG'S LINDLEUM AND ARMSTRONG'S QUAKER RUGS
A SKI HUT IN<br>NEW HAMPSHIRE
JEAN AUSTIN

WHEN we bought "sixty-five acres more or less" we believed we wanted only a site for a ski house, the acreage to assure privacy from week-end skiers in ensembled costumes that infest "sports centers" the world around. Now, three years later, we have the "sixty-five acres more or less," a little duration house we call the "Hut Sut" (that was the year we were all singing the "hut sut" song) and a deep understanding of how complicated and sophisticated a thing is this simple life!

The priorities on building materials almost on the heels of our buying the property seemed an unbearable disappointment. It proved to be a colossal Messing, for while waiting to build our "dream" house we have acquired a deep understanding of just what meant for us and a certain knowledge that for us, at least, simplicity must be compatible with comfort but that comfort is not to be confused with possessions. Once we've won our war, we'll build our perfect "escape" house wiser for our experiment in the little Hut Sut, but how many expensive theories the war has saved us from and how many theories have exploded in the living of them, despite their pure logic!

To go back to the beginning. With our deed we acquired a twenty-mile view and a one-room shack. Into the one-room shack our hill. Our household goods as neatly packed as a ship, wrapped up in warm coats, comfortably slouched down in officer's chairs, we'd watch the moon come up in New Hampshire and see it on its way far over the mountains of Vermont.

Sound simple? It was simple in its essentials but, like all simplicity, entailed much planning and sophisticated comforts. The very best portable furniture, the very best portable charcoal stove, a dinghy entirely of plywood for easy handling, luxuriously light woollens in clothes and blankets, thick steaks, good burgundy, and beautiful cheese. Simple? Yes and no. Simple in that there were no schedules, minimum "household" chores, no fussing or entertaining anxieties. Not simple as is that hunting or fishing trip one remembers being so marvelously simple—forgetting that a bedroll, fried bacon and eggs, fried fish, and warm beans are fun for exactly three or four days. And a guide at that, remember?

No, we've not fooled ourselves into thinking that simplicity is the same thing as the simple life. We've spent too many backbreaking "vacations" in simple log cabins to be fooled about that. Nor would we wish to go on forever leading that first summer's gypsy life. Undoubtedly a great part of that sum-
mer's charm was its novelty. Now the Hut Sut is definitely not elaborate, far from it. It is, in fact, too small. It has been, all in all, a great success as a first try. However, while we can't put our finger on it quite, somehow we are left with a feeling that we've lost something fundamental. In spite of our high resolves we find ourselves taking on a bit of "front" now and then. It may be too elaborate a meal, or that we have asked too many people for a house planned for six only. But there's something more . . . how to recapture some of the utter simplicity of that first summer when we build that dream house? What to retain, what to discard? What has our wartime experiment in the simple life taught us? What would we do over again, what would we avoid? Well, against our will, we have grown to actually prefer a servantless house. It is an expensive kind of house to build and equip—and worth it. We'll spend all over again the same percentage on super-duper equipment and electrical accessories. We have two refrigerators in the little Hut Sut and both are crammed to capacity over week ends. There is always enough ice, always ice cold drinks on hand, frosty fruit, and cooked poultry for a lazy cook. We don't think half a morning in the grocery store is fun; we don't like hand-to-mouth living. So it's two refrigerators and a root cellar in our new house as it is in the Hut Sut. A great abundance of bathrooms. We tried "divided plumbing" but somehow it didn't work out "like the book." For us, there are easier ways to economize than on bathrooms. Super-electric accessories again will be "musts."
The first summer, a lot of cleaning and a little paint. Since the
terrace has been added, trees moved until the Hut Sut is now com-
pletely screened from the road, and the original Hut Sut is now
just a living room. All of it near the road for the same reason
all farms are near the road—the easier to dig one's self out in
the snow. The “front” of the Hut Sut, unlike farms, is in the back!

Perhaps we should have sold these “before” and “after” views for
some fabulous price to a paint manufacturer—for that's all it is,
the miracle of clean-up-and-paint-up. Later a fireplace and large
corner windows were added and it is now the living room or center
portion of the photograph above. Old basement, floored, includes
bedroom with bath and private terrace, utility and storage rooms
staking off the Hut Sut to be. Just “under the wire” the
little shack acquired hasty though adequate “appendages” and
the “duration view” includes a victory garden at one’s feet

A bit of the view served with every meal at the Hut Sut, in-
doors or out. Originally there was no thought of using the
one-room shack and many were the hours spent that first summer,
for they have earned their way many times
over. We'll have again the best beds money
can buy. Bedrooms will be for single oc-
cupancy, pullman style but no bunks—we
HAPE bunks! We'll have even more glass
walls and terraces on all sides of the house.
We'll have the kitchen put back into our
new living room, because we know now
what to do about the “after-dining” clutter
which so offended us in the tiny Hut Sut.
It was fun rolling out the pie and missing
ary a word of those around the fire...
The H. S. Lincoln cabin in Maryland has two compact rooms and twenty-one mountain peaks to look at!

Here we show you three more ways to "get away from it all"—that good old panacea for all our worldly ills. They're tiny, to be sure, but like the preceding "Hut Sut" they serve their "escape" purpose well because they are small, efficient, and cut housework and outdoor chores to a much desired minimum.

Fifty miles from Silver Spring, Maryland, you'll find the week-end cabin of the H. S. Lincolns. Short though it be on size, before it lies a magnificent panorama of twenty-one mountain peaks. Like the other owners noted on these pages, the Lincolns did most of the building themselves. Rough wood battens cover the wood sheathed exterior walls. Stock design windows were used throughout. Stone gathered on the property was utilized for both foundations and chimney. The hardware for the carpenter-made doors are of black wrought iron in colonial patterns. An early American design crane is of the same material and was welded to the fireplace Heat-lator unit before being erected.

The Lincolns wanted a gay, colorful house, so the exterior walls were painted white accented by barn red doors, windows, and roof. Though this sixteen by twenty-five foot house boasts of but two rooms, the loft is also used. This can be reached by a swinging ladder and takes care of the ever welcome guests who somehow or other always keep popping in.

When it comes to tiny houses, the ten by twelve cabin belonging to Allen P. Cowgill of Syracuse, New York, really takes the prize. Here is living in the proverbial nutshell. Both Mr. and Mrs. Cowgill like camping and their retreat is really just a camp. Situated on Lake Ontario, its three acres are within easy access to their home town. The whole project from bottom to top was completed during one summer vacation. Most of the preliminary work, such as cutting the lumber and ordering the stock...
A "Cabin on Stilts" they call it and rightly so. This is the product of designers Paul Steinert and Joseph Amisano of Pratt Institute and may well give us a picture of what many of our escape houses of the future will look like. Since he intended doing most of the work himself, Mr. Ohm's only requirements were that it be simple. The site is in the heart of Connecticut farm country directly on the Housatonic River. Because of the impressive view, walls are almost entirely of glass. The concrete platform below the cabin answers for food preparation, eating, discussions, and stray guests. Twenty by twenty in size, it contains a complete unit for stove, dishes, and cooking utensils. The cabin itself is used only for sleeping in the summer time. Except for the glass areas, all exterior walls are of wall-millwork was done in Syracuse and when needed carted to the site. In this way no delays were caused on the actual erection by disagreeable weather.

The cabin was well anchored and braced against the high winds prevalent in this locality. Another precaution taken by the farsighted owners was to have as much painting and staining as possible done under cover in Syracuse before shipment to the lake site. Both exterior siding and flooring were just about complete when arriving at the site. Mr. Cowgill was happily surprised at the ease with which the prefabricated sash with fitted weatherstripping could be installed. Every detail, even the erection of a brick chimney was executed by these amateur owners. Solid shutters painted bright green give accent to the white horizontal clapboards. Of course, in a house as small as this, great ingenuity had to be exercised in the interior arrangements. Across one end we find an indirect kitchen heater, the chimney with an electric plate mounted on brackets, a kitchen cabinet complete with sink and an ample refrigerator with cupboards above. In winter the refrigerator is moved to the city and firewood stored in the space left vacant. A foldaway bed takes care of the sleeping accommodations and slips into a closet equipped with shelves and clothes rod. Shoes are placed on boards, fitted into the bottom of the bed frame, and so roll up when the bed is shut into place. Knotty Ponderosa pine doors hide the bed during the daytime. In another corner a dinette storage table with drop leaves takes care of mealtime necessities. Plumbing is the only item awaiting the end of the war.

STUDYING the vacation house of Mr. and Mrs. Carl Ohm, we realize that something new has been added.

THE COWGILL BUILT-INS MAKE ONE SMALL ROOM REALLY ACT LIKE THREE

THE CARL OHM "HOUSE ON STILTS" SPACIOUSNESS, LIVABILITY, AND WHAT A VIEW!

On this page:

- "A Cabin on Stilts" designed by Paul Steinert and Joseph Amisano of Pratt Institute, showcasing prefabricated components and simple design.
- The cabin's exterior is primarily glass, with an emphasis on simplicity and efficiency in construction.
- Details of the site and its construction, highlighting the farsighted planning and execution.
- A comparison to another escape house in Ontario, showing the variety of designs and approaches.

TO HAVE my own roof overhead, some land to grow food on—all set among peaceful and beautiful surroundings has been a lifelong obsession with me. For years I’ve gotten a tremendous kick out of magazine articles entitled “What I did for so-and-so many dollars.” How I envied these writers their ability, their ingenuity, the final arrival at their heart’s desire. Now it’s my turn to tell a story. My little home in the woods hits a new low in cost, I believe, with a minimum sacrifice of space and beauty. For a long time, however, due to a very small pocket-book, the situation looked bleak indeed. To reach my goal, the job had to be cut down to my own size with plans for enlarging later.

I now have a place to live in, to keep my belongings in—but best of all, a home to come back to after my frequent travels. There are inconveniences, to be sure, but these will be easily overcome by the addition of a little more hard work. However, this will be good for me and, in truth, for any other healthy woman. The location in Hattiesburg, Mississippi, was a thing of rural beauty, completely covered by giant pines. In fact, the growth is so thick that getting photographs was nigh on impossible. The house plans are my own; its erection, the work of a local contractor aided by two helpers and yours truly now and then.

At present it’s a home in miniature—really nothing more than a shack to the passing eye—but I have plans. Later on there’ll be a garage, a fence and another bedroom. I really am in love with the place just as is, and I work like a beaver inventing substitutes for the many things I can’t have now. For instance, mosquito netting, sliding on taut wires across the bed alcove, covers the two windows at the side of the bed. It works fine, and I really don’t miss the window screens I can’t afford. I carry water, nice cool, clear water from the neighbor’s well, just like my pioneering grandmother did—and I don’t mind the hard work at all.

There’s no bathroom, so bathing becomes quite a ritual. But somehow it gets done, and when my bathroom is finally installed, I’ll appreciate it all the more. The things you’ll put up with in your own home are funny to somebody else—but to you they’re just fun! Because there’s no electricity, my beautiful electric iron has given place to a gasoline one. My neighbors get along very well with theirs; so I’m sure that after awhile I’ll get used to mine. Candles and kerosene lamps somehow fit in naturally with my new form of life while I’ve really become quite attached to my little kerosene stove; it cooks surprisingly well with a blue flame.

Of course, at first I’d dreamed of a much finer house, but, then, I could never afford one. I realize now that it’s better to take what you have and like it. And it’s really easy to love almost anything that’s your very own. Winter winds blow, a big fireplace keeps me nice and cozy. My days are filled with work. I am surrounded by peace, quiet, and beauty; I’m now in a home of my very own. Who, during these times, could ask for more?
MEMORIES of grandfather’s farm-

house perched high on an Indiana

hilltop played a pretty important

part in the selection of Hill 57 as the site for

Charles E. Waltman’s week-end cabin. In the

first place it was the highest bit of land in Mc-

Henry County, Illinois; then, too, the view it

commanded of surrounding farmlands was

magnificent—but, best of all, the location was

right in the heart of skiing and hunting coun-

try. And, to put it mildly, winter sports and

hunting are Mr. Waltman’s favorite sports.

It’s a house for good living, this cabin on

the hilltop, overflowing with good cheer and

warm hospitality. This was the original aim of

its industrial designer owner. A place to gather

one’s friends for those escape hours so neces-

sary in these troubled times. The plan was his

own; the erection was done under his careful

supervision. The unusual L-shaped plan just
didn’t happen—it was selected and oriented in

order to catch the maximum precious winter

sunshine; in summer refreshing breezes bring

continuous relief. Actually the walls are of

steel casement windows combined with nat-

ural cypress boards and battens. Trim and

porch are of outside cuts of logs. The Wiscon-
sin lannon stone chimney with its inside and

outside fireplaces proves a great boon during

all seasons; it’s especially useful for brewing

those hot lifesaving drinks so dear to the

hearts of a gay winter sport crowd.

Mr. Waltman feels that the house itself

really comes into its own during the winter

months. In the summertime, most of his en-

ergies go into a most successful victory garden.

With the first fall of snow, however, things

really start humming. Due to the circuitous

steep ascent, most guests arrive either by

sleigh or foot. Only the most courageous

would hazard those steep icy driveways with a

car. There’s usually an excited gathering

around the huge sunken flagstone hearth.

The house really boasts of but one room,
yet the interiors have a spaciousness that

belies the fact. Ceilings are of heavy pine

beams; the corner windows are trimmed with

oak bark. Canvas curtains and bamboo shades

protect each window while winter rock gardens

of plants and gourds sprout from every sill. A

tiny built-in kitchen has been placed at the

east end of the cabin. Behind a pair of knotty

pine doors is a cupboard for dishes, pots and

pans all stored above an oil stove, one of
Heart warming drinks around the open fire are the order of the day after a hard workout on skis down Hill 57

Mr. Waltman's designs. The insides of these doors are fitted with wall shelves for glasses and dishes. Next to the kitchen is an antique rolling hickory butter chest, which often doubles as buffet serving table and kitchen table.

Against the north wall, Mr. Waltman built a pair of bunk beds. The upper bunk, suspended by chains, can be lowered to form the back of a bench and is used with its lower companion as a dining seat. Ingenious touches are everywhere. In fact, without too much magic, eight overnight guests can be accommodated with ease. A pair of rust covered sofas, facing the fireplace often double as guest beds. A ceiling to floor drapery serves to separate these from the rest of the cabin for privacy.

This is really a he-man's house, designed and built without any assistance from the so-called weaker sex. Decorations are rustic and hearty, focusing on a huge pair of moose antlers over the fireplace. Rugs are jute beige while there's an ample sprinkling of bear rugs. Housekeeping is simplified by merely sweeping floor dust and crumbs into the sunken fireplace. Even an old pickle jar has been transformed into a sturdy washstand. A man's house, indeed, radiating good cheer and hospitality. A man's house—but do the girls love it—well look at our pictures!

Plan drawn by the owner

Photographs, Charles H. Keller

Privacy behind the floor-to-ceiling curtain

Old wagon wheels and axle support this plank top table

At work in his tiny kitchen
IT IS comforting to one's ego to feel that one is contributing a pair of socks, so many bandages, having fewer auto rides, using less sugar and meat, and performing a few hours of war work a week for the war effort. But there is a more important job for mothers, and that is to remain calm and sane in a world which is rapidly losing those attributes.

Child psychologists, in studying the children living under war conditions in Europe during the past three and a half years, point out that the most important finding is that children do not like change. They point out that children were not hurt by bombs as much as by the psychological effect of the fear their parents had for their safety. Children fear their parents' fear.

Children depend upon the adults with whom they associate for their security. When they see adults become worried and fearful, and obviously insecure, children cannot help picking up the same characteristics although they may not even understand the reasons for them. We have all seen a baby's turned down mouth, just ready to weep, change into a smile when his mother smiled at just that moment. Children are such good mimics that we parents must be models of sane and intelligent behavior in these complicated times. If we wish to give security to our offspring, we must first possess it.

One is constantly meeting enemies who are suffering from the malady of the moment: war hysteria. They talk, talk about war, war, war. These people are not secure enough within themselves to cope with the additional emotional problems that war creates. Some are frightened about the future, either because of financial affairs, or because they cannot adjust to a new way of life. They are anxious about blackouts, gas rationing, food shortages, rising prices, and higher income taxes. In fact some of them are so afraid that they are really ill from their fears.

Because I think this illness is highly contagious, I would like to protect others from it, particularly children. For this quarantine procedure, I would hang a red card on the door of these insecure people, with which would read: War Hysteria, A Contagious Disease, Children Keep Out. Such a card would have to go on a local kindergarten teacher's door. One of her pupils was telling of the first air raid practice in her school. She liked the way they had to go into the dressing room, standing close against the wall opposite from the windows, but she did not like the rule of no talking while standing there. Her mother asked why they had to keep quiet. "Cuz we must hear the bomb hit. Then we would go to the library—that's the safest place."

An old lady neighbor would need a red card, too. When she saw my two small daughters eating ice cream cones, she said in a pitying voice: "You two little dears, in just a short time there won't be any more ice cream cones."

For children three years older, war can be somewhat less fearful, for it can be explained in terms that children understand. Understanding always helps to remove the unknown, and it is the unknown which is feared. Children have met contemporaries who are bullies; they know that some of their acquaintances refuse to "take turns" and want to be boss all of the time. They have met "hit and run" antagonists, and others who attempt to prove by physical force that they are the stronger and thus better. These characteristics transferred to adults and adult actions make the complicated picture of war more understandable to them.

The collecting of newspapers, scrap metal, old rubber articles, bottle caps, is an active contribution to the war effort. Knitting and handiwork folding for young girls, and first aid for both boys and girls will not only be beneficial now, but for the rest of their lives. The tire and gas shortage is actually a healthy thing for both you and your children. Children can carry a lot of bundles, if you make the game a social and fun experience, without tiring them.

Little children are disturbed by the cross and worried voices of their parents, the anxious expressions on their faces. We want our children to be able to adjust to the changes of the world, for that is one of the main requirements of a healthy, normal person, but we must give them time and security for the change to take place. It will not come about abruptly.

Although it may be a far quieter, less exciting war program than many are following, thoughtful mothers will make a great effort to be as calm, sane and secure as is possible in these turbulent times. We must not only be prepared to give our children in the defense of civilization, but we must also be prepared to safeguard their mental health in order that they may be effective when called upon to serve. So, for them, beware of war hysteria.

This is little Sue Dusinberre of Forest Hills, Long Island. The christening dress Sue wears was made by Sue's great-great-grandmother, and has been worn by succeeding generations of Ortgies. She's her father's pin-up girl and, no matter how tough the going, Lt. Commander Dusinberre has to smile when he looks at Sue.
Lesson 1 - Soil and How to Handle It

E. L. D. Seymour

1. Have soil appraised as to type, quality, and condition, by a practical expert if possible, and secure a reliable test for acidity and available supplies of the principal food elements.

2. Well in advance of planting time, incorporate as much organic matter (humus) as possible by plowing, digging or trenching, add lime every few years, provide plant food to maintain fertility (fertilizer may be applied dry and raked in, or as a nutrient solution at seeding or planting time as graphically shown in Mrs. McClure's pictures in the center column); finally rake or smooth to a good seed bed.

3. Sow and plant at the proper time, when the soil is in the right condition and the weather favors growth. (This applies, of course, to all operations.) During growth season, conserve moisture and keep weeds down by cultivating frequently, or by mulching with such materials (and precautions) as best fit the locality, soil type, and other conditions.

4. Keep the soil, when not growing crops, covered and protected with a green manure crop or a mulch that will prevent the washing, blowing, or other loss of valuable humus, all-soluble plant food, etc. Wherever the soil structure needs improving, use the between-crop periods to work in sand, sifted cinders, humus, lime, etc., to install drains, correct grade inequalities, remove stones, and roots.

Endeavor in every possible way to maintain and promote the normal, continuous, soil-building cycle illustrated diagrammatically at the top of this page, in which all that is taken from the soil by plants is constantly being returned to it in some form or other. Under Nature's system, soils never "run down." Try always to be as good a gardener as Nature is.
PREPARING. You can start this year's garden in midwinter (fall is even better) by burying nonwoody vegetable refuse in trenches dug in unfrozen soil.

FEEDING. Plant food can be supplied in solution too, as here done by the junior McClure. Jimmy opens furrow, Dick soaks it with solution, Mary Lou plants.

CULTIVATING can be done with a wheel-hoe (like this), a hand hoe of the chopping or the scuffle type, or a hand cultivator (below) in any of a variety of styles.

As the ground dries out in a ring, plow or spade it to good depth turning under rotted manure or compost if available. Dust rough surface with lime or woodashes.

Next Jimmy covers seed and Lou firms the soil, then (below) rakes it lightly to check loss of moisture by evaporation. Beans so planted were up in six days.

The aims are to keep the soil loose and aerated, conserve moisture, and destroy young weeds; but authorities disagree as to how much soil-stirring is economical.

Work lime in with potato hoe (shown) or iron rake, then rake in complete plant food (4 lbs. per 100 sq. ft.) several days before time to plant or sow seed.

To gain those ends mulching with straw, sawdust, etc. (or in some circumstances paper, as seen here) offers another effective method. See evidence on facing page.

The basic solution used was victory garden fertilizer 1 lb. lime or household ammonia 1 tbs.; water 1 gal. Diluted with 2 to 5 parts water, 5 gals. did 50 ft.
From Hollywood, an orchestra leader's antiques find their proper setting

The world's just full of pleasant surprises. Take John Scott Trotter's case for instance. Of course, we've always admired his expert musical accompaniment on the Bing Crosby radio hour. We knew, too, that he was one of Hollywood's most expert composers. But, John Scott Trotter, private collector of fine Eighteenth Century antiques—well, that was news to us. Of course, when you examine Mr. Trotter's background, it's easy to realize this inherent love for fine old things. While majoring in Architecture at the University of North Carolina, he became intensely interested in Eighteenth Century houses and their proper place in our present-day American way of life.

Then and there, he vowed that his future home would be of this style, complete to the last authentic detail. From then on, every spare moment stolen from his musical world has been a quest for furniture and accessories to fit into this future Dream House. The rewards have been many and worth while.

While in Hollywood, all available pamphlets and brochures were meticulously surveyed in this treasure hunt. Hundreds of auction sales were attended in the hope of finding some hidden gem. Chippendale, Sheraton, Hepplewhite, and Duncan Phyfe constantly bobbed up in the Trotter conversation. The collection grew and grew—what to do with it became a vital question. Why hide such beauty between the stark walls of some warehouse? Why indeed, when the Trotter genius for house design was busy drawing plans for a homestead in his native state. So by remote control, across the continent, a fitting background for a precious cargo was planned. Every detail

Focal point in this entrance hall group is the Duncan Phyfe rosewood card table with its metal fleur-de-lis inlay. Sheffield silver wine cooler, acting as vase, is reflected in the parcel gilt and mahogany mirror. Hepplewhite tambour-front sideboard, in dining room, is of mahogany inlaid with satinwood. Knife boxes are also of satinwood with shell design.
A prize, indeed, is this English break-front bookcase—circa 1765—of mahogany with Gothic tracery doors. Twin Bristol vases are a gift from Bing Crosby.
No Room For Food Crops?... Nonsense!

Of course a good big garden beats a good little one, but even tiny areas richly reward intelligent, determined care and effort.

The success of the 1943 Victory Garden Program not only proved the practicability of economical home food production, but revealed unrealized production possibilities of limited areas. While Program leaders still urge gardens “as large as the owner can care for effectively,” they no longer underestimate or minimize the value of using any bit of suitably located, moderately fertile soil, no matter how small. Even roof gardens did their bit, though few as efficiently as that of Dr. William Johnston of Bronxville, N. Y., pictured at the right. Here everything was grown in butter tubs of soil well supplied with humus and commercial fertilizer and watered weekly with a nutrient solution. Tomatoes and peppers were grown from plants and 17 of the former bore nearly 700 fruits; lettuce, beans, okra, cucumbers, cantaloupes (40 from four tubs) and Hubbard squash (18 from four tubs) were raised from seed.

The decorative quality of many vegetables such as lettuce, carrots, beets, chard, cabbage, etc. makes them doubly useful in front yard settings that never before grew anything but ornamentals. Mr. Hole’s combination of tomatoes, beans, and other crops, with phlox, marigolds, larkspur, etc. shown above and Benjamin Goodman’s salad border along the drive of his Glencoe, Ill., home are excellent examples of this.

As to concentrated gardening, perhaps Connecticut’s report should get the prize. A gardener in Hamden picked 897 tomatoes—the equivalent of 50 to 60 pounds of fresh food from 5 plants.

Is this border planting any less attractive because it is edible?

On Long Island, one family had to clear a woodland plot for a garden.
POSTWAR CONTROLS WILL REVOLUTIONIZE HOME HEATING

New MODUFLOW Control System Provides Continuous Heat Flow at Exact Temperature Needed... Eliminates Drafts and Saves Fuel

MODUFLOW is the name of a unique, continuous-flow heat control system just announced by Minneapolis-Honeywell. It means heat modulated to just the desired degree with a uniform, continuous flow. It is the exact opposite of the ordinary "on and off" or intermittent heat supply that prevails today, and which authorities predict will be obsolete in the better homes of tomorrow.

With MODUFLOW you can maintain a uniform no-gap temperature in your home with your present automatic heating system. Or, with MODUFLOW Sectional Control in your new postwar home, you can keep your living room at 72 degrees, for example, your bedrooms at 65 degrees, your built-in garage at 50 degrees, and so on.

The MODUFLOW system is not an experiment. For more than a decade it has been successfully used in large public buildings. Now M-H engineers have perfected it for application to the home.

FOR EXISTING HOMES

MODUFLOW can be installed in many present heating systems by the simple addition of a few ingenious controls. The cost of installation is low—no more than you would pay for a modern washing machine. It will pay for itself in fuel saving.

FOR NEW HOMES

With present heating equipment, all rooms in a home are heated alike. However, areas seldom occupied do not need the same volume of heat as areas in constant use. Bedrooms, store rooms, recreation or rumpus rooms, your built-in garage, all these require less heat than living rooms, dining rooms, nurseries, etc.

MODUELLOW Sectional Heating Control for new homes will provide a heat supply for each space or area in your home according to the temperature required for that space or area. Saving heat in little used rooms and applying it where it is necessary for comfort is the great improvement which MODUELLOW Sectional Heating Control will offer all planners of new homes, after the war.

DO NOT BE CONFUSED

MODUELLOW is a system of controls to be applied to your heating plant. It must not be confused with heating equipment and does not take its place.

MAIL THE COUPON NOW!

Get the whole story of MODUELLOW Control. Send the coupon for new, graphically illustrated booklet, "Heating and Air Conditioning the Postwar Home," free to all home owners and home planners.
2 inches from where you washed that fork

your sink drain is alive with active SEWER GERMS
Survey by Moiner Laboratories, New York City

Sink-scrubbing won't touch these dangerous "beasties"
Actual sewer germs magnified approximately 20,000 times

but Drano boils SEWER GERMS out in no time!

Keep your sink safe, sanitary. Drano opens clogged drains

Why take health-chances? Get Drano now-use regularly

Drano banishes Sewer Germs!

Drano Drano

Don't Wait for Spring...
RUSH IT!

You're already hungering for the sweetness and happy promise of another spring, you say? Fine. Then don't try to stifle and ignore that yearning, like a boil under a bandage, but satisfy it by enjoying some of the pre-season activities open to the resourceful gardeners. Perhaps you laid plans last fall, by potting up some bulbs—which is the sign of progress beyond the mere forcing of Paperwhite and other tender narcissus varieties in bowls of pebbles or fibre. Tulips, hyacinths and various hardy narcissus are usually thought of in that connection. But right now you can pot bulbs of crested iris and corms of gladiolus and other tender things for extra early spring bloom. See what your bulb dealer still has in stock and recommends for forcing.

Conditions are prime, too, for committing petty larceny in the garden to the extent of cutting some branches of spring-blooming shrubs and trees and forcing them into flower. Forsythia, silver-bell, flowering quince and all kinds of fruits can be used, the essential need being that they have experienced at least one good freeze. Otherwise they won't play ball.

If you have beds or clumps of violets, lily-of-the-valley and other spring-flowering perennials that you can invade, dig up a few plants from beneath the snow, pot the frozen chunks in soil that you have thawed out or kept indoors since fall, bring them gradually into light and warmth, and see what happens. And of course, as a good victory gardener, give a zip to your diet by digging some roots of rhubarb, dandelion, chicory, or any other perennial greens available, plant them in a bed or box of soil in a warm part of the cellar, keep them moist, and enjoy some delicious, tender blanched shoots.

Even before you plant a hotbed, you can be enjoying a cellar food garden harvest

The American Home, February, 1944
THE CONVENIENCE of the can is no secret to housewives. They know a good thing when they see it, from their own daily housekeeping experience.

And now from every warfront come urgent calls for a bewildering variety of items packed in cans. For no other container provides such convenience . . . and protection . . . as the can.

Naturally, our Army and Navy get first call on the millions of cans made today. Rations, first-aid kits, anti-tank mines, aircraft signals, fishing tackle for life rafts, gasoline, blood plasma . . . these are but a few of the items packed in cans. Many others are military secrets.

The can gets supplies where they’re needed . . . and it gets them there safely. That is why the can is America’s number-one wartime container. No other container could stand up under hazards of crash landings, temperature extremes, repercussions from shell fire. It would be hard to exaggerate the part the can plays in helping to win this war.

To ease the tremendous demand for cans, many familiar civilian products such as tooth and talcum powders, tobacco, beer, paints, oils, anti-freeze have been taken out of cans for the duration. But they’ll all be back—after victory.

On the homefront, millions of cans are still used every day in the year. Remember to turn in your empty cans for salvage. The familiar “tin” can is actually more than 98% steel . . . less than 2% tin. Both of these metals are vital war material. Don’t keep them out of the fight.

**CAN MANUFACTURERS’ INSTITUTE, INC., NEW YORK**

1. **CONVENIENCE!** Cans don’t break. They’re easy to carry, easy to store, easy to open, quick and easy to chill, and easy to dispose of.

2. **AIR-AND-LIGHT-TIGHT!** Cans are non-porous—can be hermetically sealed—give lasting protection against the loss of flavor, color, vitamins and minerals.

3. **SAFETY!** Canned food is sterilized against spoilage; kept safe from germs, dirt, gas, moisture, and tampering; withstands heat and cold.

4. **LOW COST!** Your money goes for what’s in the can! Because the can itself is easy to make, label, ship, handle, and display.

5. **VARIETY FOR GOOD NUTRITION** All the year round . . . wherever you live . . . cans help you to keep your meals tasty and wholesome.

6. **QUALITY!** Due to modern canning methods, canned foods retain more minerals, and more vitamins, than many home-cooked “fresh” foods.

*OKAY—I’LL BE CHEERFUL ABOUT THE CANS I HAVE TO DO WITHOUT UNTIL THE WAR IS OVER. AND I’LL USE WISELY ALL THE THINGS THAT COME IN CANS FOR ME!*
One of life's most difficult decisions to make—for me, at least—is what to save, what to discard. For years, as a result, bureaus, drawers and closets have bulged with bits of bric-a-brac, fragments of fabrics, remnants of ribbons, and other oddities and entities hoarded in the hopes that on some not too far distant day they could be turned advantageously to some practical or decorative use.

Today the score stands in favor of this saving grace. The majority of this accumulation—uxorially and frequently referred to as "that junk"—has found its way into some scheme instead of the ash can. Old lamp shades have been completely refurbished, a picture frame has been Cinderella'd into a cocktail table, draperies given a new lease on life, maple clover leaf table metamorphosed into a Victorian one and .

But let's start with that picture frame. It was a bit too scrolled to ornate for anything except a really robust picture. From a bidgin pl
behind evening dresses in the closet, it was unearthed one day to become the useful little cocktail table you see at the bottom of the page.

The first step towards this was buying four legs at the lumber store, after irately realizing that two years before I had given away one seemingly useless coffee table whose legs might now have been amputated for just this purpose. The newly acquired legs, however, were set into a base whose measurement was exactly that of the picture frame. In the meantime the frame was having a mirror set into it. When the entire thing was assembled, it was given a coat of black lacquer and the gold scrolls were touched up with gilt for a little extra glamor.

Then there's a bookcase which almost went to the junk man who, after gazing at it, intimated that if you gave him a quarter he might consider favoring you with its removal. Only a sudden inspiration to make a curio cabinet out of it saved it for photographing on these pages.

This particular bookcase was lined with Chinese tea paper after being painted the same color as the wall. Decorative wrapping paper, wallpaper or dress or drapery fabrics could have been used also. Even sheets of tinfoil saved from cigarette wrappers make an effective block pattern. To make these adhere, use a common paste made from flour and water.

The floor of a small guest room presented itself as a problem to be solved without too much expense. The general decoration of the room with its plain walls, couch cover, and draperies called for a splash of pattern on the floor. Besides, liberties could be taken with such a room.

The solution came one day when chintz draperies were being cut on this floor. The idea of a chintz floor somehow filtered through a mind which wasn't exactly on the match-making problem of lining up one selvage with another. The idea was almost discarded as ridiculous and impractical, but a bolt of chintz tucked away thriftily in the back of the closet, for that moment of great need, saved the day.

Heavy cardboard was first laid on the floor to give a smooth base and a slight amount of springiness to the chintz. A rug pad would be even better . . . or an old rug. The chintz was then matched up and a complete piece made by seaming the edges with any of these new types of liquid cement or liquid thread. The chintz was then stretched out on the floor, tacked tightly along the edge of the walls, and three coats of a good battleship deck varnish were applied for durable protection.

After a few weeks of walking over this floor, buckles and bubbles naturally develop here and there. In this case all you have to do is pull up one of the seams—these new pastes let you do this—and repaste after smoothing out the imperfections with something straight like a ruler.

A floor such as this is not recommended for a much trafficked room although ours has been down eight months now without a sign of wearing or ripping and with reasonable care will prove satisfactory.

A maple clover leaf table seemed to have no place in a living room which was gradually going backward into Victorianism. Yet a table its size was needed . . . and now it stands completely draped in a cotton gabardine dress fabric with a glass top resting on it. An old barrel, incidentally, would have been just as good as the table, provided it had a solid top, and no one would have been the wiser.

Then there was that cedar chest with its ornate front. The scrollwork was easily hidden by turning the chest around after reversing the lid. Next, to disguise the shiny walnut, the entire chest was pickled. Pickling's pretty easy . . . at least this unorthodox method is, and it does use up
Who's going to put it all together?

There's a house somewhere in that pile of clippings—in fact, several houses. That's the difficulty; can you sift out all those ideas, weigh their merits, and decide just which ones belong in that house you're going to build when the war's over? Better plan now to get the expert help and advice of an architect. It pays off in lasting satisfaction... and headaches avoided.

Sure, some mistakes can be fixed up after you've built, but then again, some can't. For example, you can re-hang a door that swings the wrong way, but what's to be done with cellar steps that menace the safety of the whole family? Haven't we all known of a house that looked charming in the plans, but which wouldn't accommodate the furniture? Then there's the house that's ideal in dry weather, but always has a big leaky spot on the living room ceiling when the rain blows from a certain direction. A trained mind could have forestalled all these troubles, and in addition assured the homeowner of good taste in design, adequate resale value, and low maintenance cost.

You wouldn't think of building a hospital or school without an Architect—Engineer. Your house is just as important—protect your investment by employing an architect. In most cases you save at least his fee in the many wise economies he'll suggest.

Plan your house now!

START RIGHT—

WITH AN

ARCHITECT.

EDWARDS

ELECTRICAL SIGNALING

RELIABLE, CHEAP, MOVABLE, ALARM FOR HOMES, OFFICES, SCHOOLS, MANUFACTURING STUDIOS.

EDWARDS AND COMPANY, NORWALK, CONN.

Please send copy of booklet "How to Plan Your New Home."

Name ________________________________

Street ________________________________

City ________________________________ State ________________________________

Page 34

Cultivate the
Healthful Habit of
Clorox-Cleanliness in
Laundering!

YOUR HEALTH—everybody's—
is an important factor in America's tremendous production program. You can help protect health by making laundry Clorox-Clean, hygienically clean. Not only does Clorox Disinfect, it gently bleaches whites, removes the chlorine smell from fabrics, makes them fresh-smelling.

And, too, Clorox lessens rubbing, prolonging life of fabrics. Clorox is extra-refined...it's fresh from caustic, on exclusive quality, high concentration. Let Clorox provide added health protection in laundering and in routine cleansing of kitchen and bathroom in your home. Simple, follow directions on the label.

Clorox, America's Favorite Bleach and Households Disinfectant

A Sign of Good Cooking

GRAY MASTER

BETWEEN YOU AND THE COLD

New pliable plastic Stop looks, saves fuel, Weatherstrip windows, doors, baseboards—waals—trim—makes packing, packing, packing.

Easy to apply. Unrolls like ribbon, just press into place and it stays put. Does not crack, chip, dry out or shrink.

About 50 ft. to roll. At stores or post office (10 ft. west of Beacon)

EDWARDS

J. W. MORTELL CO. INC., NEW YORK

THE AMERICAN HOME, FEBRUARY, 1944
SIT STILL AND DREAM

A MINUTE!

Of a world where housekeeping is made so much easier your whole life will change for the better . . . where you'll have more time for your children . . . more zest for fun.

SIT DOWN AND DREAM . . .

Of a day when the things you work with—your stove, your refrigerator, your washing machine—and dozens of wonderful new gadgets—will help run your house with unbelievable efficiency . . .

Will last longer . . . need less attention . . . cost less to operate.

This day is coming— is really here behind the veil of war. Right now, in every plant of The Aviation Corporation, thousands of men and women are working to the incredibly high standards that aircraft production demands. In fact, nothing you now own is made with such high precision and skill.

Tomorrow, these wonderful skills, these marvelous new machines will be turned to making—not only planes for you to fly—but also better tools for you to work with in your home.

Look forward to this day . . . and to the products bearing the "AVCO" name. They'll be worth the wait!

THE AVIATION CORPORATION

Manufacturing Units
LYCOMING DIVISION
SPENCER HEATER DIVISION

AMERICAN PROPELLER CORPORATION
REPUBLIC AIRCRAFT PRODUCTS DIVISION
NORTHERN AIRCRAFT PRODUCTS DIVISION

Subsidiary and Associated Companies
AMERICAN-CENTRAL MANUFACTURING CORPORATION
NEW YORK SHIPSBUILDING CORPORATION
CONSOLIDATED VULTEE AIRCRAFT CORPORATION
found crepe paper an excellent guinea pig. For example, if you are planning to reupholster a love seat, you will find that cooperative as stores are their generosity does not extend so far as to lend you eight yards of a fabric to try out at home. Buy a roll of crepe paper. Using this in place of material, you can get the effect of completely covered furniture.

Accessories can do so much to enliven a room. And what a lift a little change can make! Pictures regrouped, reframed, or rematted . . . draperies given a new life . . . table tops made into a stage for a still life . . . slip covers zipped on or off. Here are a few of the things I have done as a tonic for a slightly tired apartment:

A pair of draperies through a period of years had lost their glaze, colors had been dry cleaned out, and the ground had yellowed down to an antique patina. For the winter these draperies were perked up with a satin swag and jabot which picked up the rug color. For the summer a striped swag and jabot which matches the wall stripes has been used. Incidentally the draperies are 72 inches wide and, during the winter, are hung in one wide piece, caught up in a deep fold over a tieback. For the summer the center scam is ripped out, and they hang as two side panels. I've always thought of putting a zipper down the center for convenience but just haven't gotten around to that yet.

Pictures, too, have a way of getting tiresome. Give them a tonic with a freshly painted or pickled frame. Or take out the little nails in back and with the old mat as a pattern make a new one. For this try one of the decorative wrapping papers which so intrigue you at Christmas time. Or a striped wall-paper, even a gayly colored blotting paper, can be used.

Did you ever get tired of your table top with its current and not too contemporary magazines, its ash tray, and table lamp? I did and now, as you can see in the photograph, I have turned it into a stage for a still life groupings. The current opened silk fan, unearthed from a bureau drawer which also yielded a long forgotten bunch of artificial violets. These were bunched together into a corsage with a paper doily as a background. An old cotton glove was dyed and filled with clay to give it shape. The hand in turn holds a pair of beads.

The "show" is just about due for a change. From the recesses of some drawer or back of a closet, I'll probably find some new actors.
Lost, little boy? No, you could never be lost unless the war were lost. And now victory is sure. The job is to speed it up.

That, little boy, is why we at home buy nothing unless we really have to. We're saving materials for the fighting fronts. We're investing in war bonds.

We're doing everything we can possibly do to help end the war fast and bring our big boys back.

NO...YOU'RE NOT LOST

All about you are decent, kindly people eager to help you. They'll kneel down to your level and smile and talk pleasant nonsense. They'll feed you if you're hungry and carry you if you're tired.

You can be of any race or any faith. They won't care, laddie. They're Americans. They're fighting a war to the death to keep the souls and the bodies of children alive.

Lost, little boy? No, you could never be lost unless the war were lost. And now victory is sure. The job is to speed it up.

That, little boy, is why we at home buy nothing unless we really have to. We're saving materials for the fighting fronts. We're investing in war bonds.

We're doing everything we can possibly do to help end the war fast and bring our big boys back.

Pacific Balanced Sheets

Today it is especially important, when you buy sheets, to buy good ones. Pacific Sheets are balanced: all the desired qualities — whiteness, softness, smoothness, strength and firmness — are present in proper degree. Identified by the Pacific Facebook label, which tells you the size, quality of cotton, type of weave, thread count, breaking strength, weight, finish, and shrinkage. Pacific Mills, 214 Church Street, New York, makers of Pacific Factag Fabrics.
It's your guarantee you're getting the finest hamper your dollar can buy. A hamper that has many superior construction features that make for long life and durability.

So look for the label and be sure it's a Whitney. Whitney hampers are still available in limited quantities at Department and Hardware Stores everywhere!

Whitney
BLEND-TONED
CLOTHES HAMPERS
F. A. WHITNEY CARRIAGE CO.
Leominster, Massachusetts

“Tables” are turned at the Dexters

TREAT the sleeping and living quarters transposed in the charming ranch home of the Raymond C. Dexters, near San Fernando, Calif., may not be to the owners most important feature, but we think it represents individual thinking to use a house a way to give most pleasure and comfort. Why not plan to take full advantage of breath-taking view—acres of citrus and trees with the Santa Monica mountains in the background. The interior details and furnishings indicate Southern Colonial influences.

Tongue and groove paneling and wainscot painted citron yellow, green carpet and hooked rugs, citron and red paper in a stunning hall. Master bedroom is done in beige, rose and green.
Mid-winter hint for saving furnace fuel

1. All fall and winter your forced-warm-air furnace has been giving you lots of clean heat. But now ...

2. ... the chances are the filters through which your furnace breathes are clogged with dirt and grime.

3. Perhaps you're using too much fuel. The house is chilly. You're wondering what to do about it.

4. Take this mid-winter hint and change those dirty filters. Get clean Dust-Stops*—THE BEST! Let plenty of warm air circulate throughout your home, and ... 

5. ... you'll also be saving fuel... keeping the walls and furnishings of your home cleaner... and enjoying lots of warmth!

6. Act today. Look in the classified telephone directory for Dust-Stop dealers or ask for Dust-Stops at your department or hardware store. Most sizes cost only $1.30 each.

FIBERGLAS* DUSTOP AIR FILTERS

*Trademark of Owens-Corning Fiberglas Corporation, Toledo, O., Fiberglas Canada, Ltd., Oshawa, Ont.
To Pequot Mills:

September 7, 1943

When my twins were born, I purchased some crib size Pequot sheets. After 14 months of hard wear, these sheets are just as good looking as new!

The twins play in their cribs with all sorts of toys, so I change the sheets every other day and they are washed hard. Of course I know that Pequot quality is for adult bedding, but I truthfully didn't believe even a time-tested product like yours could stand up under such conditions and come out looking so new.

Sincerely,

Mrs. William Lawrenz
Birmingham, Michigan

Pequot's job is twins, too, these days. First, we're making tremendous quantities of sturdy Pequot sheets and other special fabrics for our armed forces. On the home front, too, the call for Conservation has brought increased calls for Pequot quality.

We're making every effort to meet this double wartime demand. Pequot production has been increased till we're making more than we thought possible a year or so ago. Including some for civilians. So now, when you need sheets, crib or regular size, look for sturdy Pequots, as always. Pequot Mills, Salem, Mass.

Pequot House in Salem, famous reproduction of a 17th century New England home, is now affiliated with the U.S.O. as a recreation center for service men and women.

BUY WAR BONDS

Pequot Sheets

The finishing touch was to letter the words "The Camellia House" on the door. Impudent little pictures and framed window add sophistication.
It's Lovely! It's Different! It's New!

Kem-Tone

MIRACLE WALL FINISH

ONE GALLON (288) DOES AN AVERAGE ROOM!

Quick Facts about Kem-Tone

1. ONE COAT COVERS most wall-papers, painted walls and ceilings, wallboard, basement walls!
2. APPLIES LIKE MAGIC!
3. DRIES IN 1 HOUR!
4. MIXES WITH WATER!
5. NO "PAINTY" ODOR!
6. WASHES EASILY!
7. LOVELIEST COLORS!

COVERS MOST SURFACES ...WITH ONE COAT!

REPAIR CRACKS!
Plastic Patch, the new plastic compound, quickly, easily fills cracks, holes in walls, woodwork!

ROLL IT ON!
Brush on Kem-Tone or roll it on with the new Kem-Tone Roller-Koater.

TRIM IT!
Smart, new Kem-Tone border trims are gummed, ready-to-apply. Color-fast. Washable! Kem-Tone TRIMS

ALWAYS ASK FOR GENUINE KEM-TONE AT YOUR NEAREST DEALER'S!
3 HINTS FOR HOME-LOVERS

PLATE GLASS TOP

Never mind! That forgotten cigarette can’t ruin his bedroom chest (and your disposition) if there’s a handsome Plate Glass top to protect the finish. You’ll find glass tops on bedroom furniture are truly practical. They add life and sparkle to the room’s appearance, too. You can buy mirrors and table tops made from Pittsburgh Plate Glass in many places right in your own community, including your favorite department or furniture store.

MAINTL MIRROR

First aid for a tired living room: finish walls and ceiling in cheerful tones of Pittsburgh Live Paint. Then hang a smart, framed Plate Glass mirror over the mantel to complete the effect of brightness and spaciousness.

DOOR MIRROR

Every home should have at least one full-length Plate Glass door mirror. Most homes need more than one. So you—and your family—can check your appearance from top to toe. Easy to install. Sizes to fit any door.

THE MARK OF GOOD GLASS—WHOEVER MAKES THE MIRROR

The majority of mirror manufacturers use Pittsburgh Plate Glass because of its beauty and accurate reflections. So the Pittsburgh Label on a mirror or top is your assurance of good plate glass, no matter who makes the product. Remember, if you want the best, be sure your mirror or top is made of plate glass.

Free booklet

 Tells how to be your own home decorator...how to wake up rooms with mirrors and plate glass quickly and inexpensively, illustrated in full color. Free, Send for your copy.

"PITTSBURGH" stands for Quality Glass and Paint

Pittsburgh Plate Glass Company
2009-4 Grant Bldg., Pittsburgh, Pa.

Please send me, without obligation, your new, free booklet, entitled "Decorating Your Home with Glass."

Name__________________________

Address________________________

City_ State________________________

AMERICAN HOME PATTERN A645: Here’s a wonderful chance to get more of the real Pennsylvania Dutch designs. Pattern includes tracing patterns for the panel and drawer of the commode, coffee table top, side motifs and border, chair back design shown above. All the favorite themes: the tulip, the heart, the quaint birds, designs for extra borders and motifs. Full instructions for applying, and color chart, 25c.
new adaptations. The lovely old *sgraffito* pottery with its traditional designs is one of their sources. The decoration on the rehabilitated commode in the right-hand corner is adapted from a slip-decorated pottery dish, from a drawing in the Index of American Design at the Metropolitan Museum of Art. The very beautiful decoration on the top of the coffee table (cut down from a “library” horror) is taken from an old design from the house of the miller at Millbach, Lebanon Co. Two rooms of this house are preserved at the Pennsylvania Museum of Art. As we said, everything and anything is grist for the Maxey painting mill. When we went down to take the pictures, Steve had just driven up in the Ford touring car of the back, just to give you an idea of what can be used for working miracles in paint and design: two soda fountain chairs, one large brass jardiniere with two of the three brass legs missing, two battered, plated vegetable dishes, one...
Are you a better shopper than you were one year and four ration books ago?

You almost have to be to get by! Because this war certainly has brought you plenty of new problems.

Can't you remember those hectic days before rationing started? Many a time you couldn't find your favorite brands at all. So you had to take a second or third choice—or even a total stranger. As a result, didn't you gain new respect for the Del Monte label? Thousands of women did!

And even now—with rationing in full swing—you'll still not find all the Del Monte varieties you would like. Remember the time you wanted Del Monte Apricots and couldn't get them? Your grocer did have Del Monte Fruit Cocktail though. So you bought it. Because you knew it was in the same food group—and you knew in advance how good it would taste!

And here's one other thing smart shoppers have learned. If you spread your point shopping over the whole ration period, you should be able to get a better selection of whatever Del Monte varieties your grocer does have.

FULL VALUE FOR EVERY POINT

Del Monte Foods

CANS OR GLASS—Enjoy the ones your grocer has!

ABOVE ALL—BE SURE YOU'RE NOT WASTING FOOD!
CHECK YOURSELF AGAINST THESE 9 POINTS.

"Enough food is wasted annually in the home to feed the larger part of our armed forces at home and abroad." That's what the War Food Administration says. All this wasted food isn't left uneaten, of course. Some isn't bought right—some isn't stored or prepared right—some just isn't used up.

To be sure you're not wasting food, check below:

☐ Do you plan your buying ahead?
☐ Do you buy only what you need?
☐ Do you buy brands you know?
☐ Do you store foods correctly?
☐ Do you serve healthful meals?
☐ Do you prepare foods carefully?
☐ Do you "lick the platter clean"?
☐ Do you use up all leftovers?
☐ Do you turn in waste cans?

Save tin cans! The need is more urgent than ever before!
potty chair, one desk of questionable parentage, and one dejected umbrella stand. (Who knows what treasures are hiding in your attic?)

Anyway, it's Steve's job to turn all these things into presentable and useful pieces of furniture. He rehabilitates, tears down, or builds up, and prepares the various things for Miki's magic brush. Right before your eyes, she takes a piece of chalk, lays on the proper design, and paints it, in the wonderful colors that are typical of the Pennsylvania Dutch home makers who painted their furniture, too.

We have heard that there is no true altruism, but we found the Maxeys the rule-proving exception when it comes to sharing some of their designs and tricks of their trade. Here's some painting information that makes life much simpler for the doer-over of furniture.

After the piece has been prepared for the ground coats by filling all cracks with crack filler, touching them up with shellac and sanding the whole thing down, they recommend that you use a flat oil paint, tinted to the desired shade with tube oils, and mixed with clear varnish, up to one fifth of the paint. This makes for smooth brushing, and any number of coats can be applied (use at least two). You don't have to wear your elbows down to your shoulders with rubbing, either, for you just automatically get that much-to-be-desired mat finish that looks so mellow and old.

For illustrated home-planning booklet, write Red Cedar Shingle Bureau, Seattle 1, Wash., or Vancouver, B. C., Canada.

**When He Comes Home Again**

**Have your plans ready for your dream home. The Home that combines beauty with long life, economy and negligible upkeep...the home that will be warm in winter and cool in summer because cedar shingles insulate...the all-shingle home that holds long life, economy and negligible upkeep...the home that combines beauty with your dream home. The Home**

**White Powder Magic**

**Keep rugs clean**

**Sprinkle on**

**Brush in**

**Vacuum off**

**Wash**

**Pwdr-tne ft entf»ntJ**

**VacuMON IN OFF**

**Red Cedar SHINGLES**

**EAGLE INSULATION**

**Conserves Vital Funds for Freedom's Forge!**

**Don't accept less than a Certified Insulation job!**

**- TO SOLVE YOUR FUEL SHORTAGE PROBLEM**

"Insulation," says the U. S. Bureau of Mines, "is no better than the man who installs it."

It's sound judgment therefore to insist on the insulation job for your home that gives maximum efficiency. Eagle Home Insulation is sold only by authorized Eagle Contractors, who will insulate your property according to sound engineering principles, and give you a written certificate covering the work.

**WHAT IS AN EAGLE CERTIFIED JOB?**

1. A Certified job is carefully planned and based on an accurate survey of your property. Insulation is applied in accordance with factory-engineered specifications. It is applied every place necessary for a thorough job — not a half, nor a two-thirds job.
2. Only genuine Eagle Mineral Wool Insulation is used. This material is fireproof, water-repellent, and does not lose efficiency by "settling." It lasts a house-time. It is chemically and physically stable.
3. Material is pneumatically blown to the correct thickness into sidewalls and ceilings, without mess or trouble. Eagle workmen are thorough, cur no corners.
4. Proper ventilation wherever necessary (without which, trouble-free results cannot be certain).
5. Benefits: fuel savings up to 40% in winter; temperatures as much as 15° cooler in summer. Added fire protection. A more dust-free house. Maximum comfort all year round.

**The Eagle Contractor Near You...**

will gladly furnish fullest particulars on your Eagle Certified Insulation job.
Here are lots of things to make, and the patterns with which to make them, for that log cabin, chalet or week-end shack that "doubles in brass" for winter or summer escaping. None of them is hard to do, and all of them are useful as well as being most ornamental. They don't take very much of that precious material, lumber, either. In fact, most of these smart gadgets can be made from pieces of scrap lumber you have around.

If you go in for the rustic way of life, then the fireside bench, and/or the cobbler's bench will be irresistible. The commodious wood-box, the just-right little rustic footstool and the magazine racks will make your country life a very neat and a very comfortable one.

"A fellow here in the plant says he's worked all his life, with nothin' to show for it. That burns me up.

"Not counting his home, his family and what he should have saved but maybe didn't, he's got plenty . . . freedom to plan his own future.

"I remember my father talking about his 'old country.' Well, I'm thankful he raised his family in America, where everyone is free to get along according to his ability. And, I want this country kept free for my kids. I don't want it hossed from outside, and I don't want it undermined from within.

"I'm all for the American idea of letting a man go as far as he can by his own efforts . . . free enterprise, I believe they call it. So, I'm working to help win this war, and I think everybody should be on guard against any monkeyin' with our way of life while we're winning it. I say 'Protect What You Have!'"

Your Insurance Agent or Broker will gladly tell you how little it costs for North America Companies' protection against financial losses resulting from: 1 Damage to your home, car or personal possessions by fire, explosion or windstorm; or losses from theft. 2 Loss of what you own or will own through claims for injuries to other persons or damage to their property. 3 Loss of income through personal accident. This service is yours for the asking—without any obligation. North America Agents are listed in local Classified Telephone Directories.

Insurance Company of
NORTH AMERICA
COMPANIES
We think the two versions of lamp brackets for those backwoods oil lamps are pretty smart, too! They can double for candle brackets or can be wired, if you're very chi-chi and have electricity in your "escape house." The ski-top one is especially smart for the house of winter sports. The other, a copy of an old metal candle holder, is at home in almost any atmosphere.

For the peasant cottage, or just for the fun of it anywhere else, there are the gay peasant things. A set of square wooden canisters for your kitchen shelf will take the place of metal ones that are hard to come by. (They are just as smart done in the modern mood, too.) We like the salt-box plant holder and the bookrack that gaily do their work of upholding things.

War has PROVED the Value of this...

A tree is stronger EXPLODED!

The ingenious Masonite "gun" produces these basic materials by literally exploding wood. Then, under different heats and pressures, fibers of varying degrees of plasticity are recombined and bonded with the lignin to form Masonite Presdwoods. Grainless and smooth-surfaced, Presdwoods will not split, chip, crack or warp when properly used.

MASONITE PRESDWOODS
THE LIGNO-CELULOSE HARDBOARDS

The bonds you buy today will buy a better tomorrow.

*VICTOR ELECTRIC PRODUCTS

AMERICAN HOME PATTERN
A646: Included are directions for doing these gay things; with the construction drawings and the complete assembly instructions for salt-box plant holder, the canisters, and bookrack. There are tracing patterns for these designs, too, and directions for painting. A lot of gaiety for 20¢

Designed by Cobbett Williams

Masonite Presdwoods resist fire, take many finishes, do not conduct electricity. In more than 500 war jobs, they are replacing critical metals, rubber and other materials. After Victory they'll be ready for your home, for wall surfaces, cabinets, furniture—a hundred possibilities. Masonite Corporation, 111 West Washington Street, Chicago 2, Illinois.

YOUR HOME after the war will take advantages of new materials and new ideas. "OUR HOME" magazine will help you plan your's, show you what's new. Write to the address above for your free copy.
CLOSE-UP OF A SOLDIER’S DREAM

In a fox hole far away, he's thinking about his post-war world—for two! Right from the start, he’ll want to be sure of the same livable warmth and charm he’s known at home for years. A friendly fireplace graced with a mantel of Western Pines. *Lovely paneled walls of these same distinguished woods.

If you, too, are thinking ahead to the day when you'll build or remodel a home of your own, right now is a good time to consider the pleasing and distinctive effects that can be achieved with the Western Pines. The FREE picture book, “Western Pine Camera Views,” will give you a whole host of attractive ideas. Send for your copy today. Address: Western Pine Association, Dept. 182-F, Yeon Building, Portland 4, Oregon.

*Idaho White Pine  *Ponderosa Pine  *Sugar Pine

THESE ARE THE WESTERN PINES

---

In a fox hole far away, he's thinking about his post-war world—for two! Right from the start, he’ll want to be sure of the same livable warmth and charm he’s known at home for years. A friendly fireplace graced with a mantel of Western Pines. *Lovely paneled walls of these same distinguished woods.

If you, too, are thinking ahead to the day when you'll build or remodel a home of your own, right now is a good time to consider the pleasing and distinctive effects that can be achieved with the Western Pines. The FREE picture book, “Western Pine Camera Views,” will give you a whole host of attractive ideas. Send for your copy today. Address: Western Pine Association, Dept. 182-F, Yeon Building, Portland 4, Oregon.

*Idaho White Pine  *Ponderosa Pine  *Sugar Pine

THESE ARE THE WESTERN PINES

---

THE day we stopped at Mr. A. Ballard Bradley's home in Winnetka, Illinois, he was leaving to play in a golf tournament, so his wife showed us his basement workshop. Perhaps it was as well; had he been there to demonstrate and explain, we might never have gotten away! The shop is the result of twenty-five years of collecting, planning, and perfecting; in completeness of equipment, in arrangement, convenience, and efficiency, it is enough to make any man with interest in craftsmanship and a feel for tools weep with joy. Its best known products are Mr. Bradley's beautiful scale racing yacht models, which have taken part in international regattas. But he also turns out handsome luggage stands of mahogany or hard maple, and copies of antique hanging shelves or plate racks which delight the friends and relatives to whom he presents them. He can

---

RUTH W. LEE

THE AMERICAN HOME, FEBRUARY, 1944
**de Luxe Model**

Mr. Bradley has made 5 model yachts for international races.

make a stand or rack in about twenty hours, but he spent most of one winter on a solid walnut, deep-cushioned chair for his own study. In fact, his repertory includes all kinds of useful, good to look at home accessories.

With his children grown up and away from home and his wife as ardent a gardener as he is an artisan, he considers himself lucky to have an absorbing hobby. Time never grows heavy on his hands and many a winter night or summer week end finds him busy in his workshop with Rajah, his dog, as his silent and admiring companion.

This walnut chair he made for himself, but—

he has turned out, as gifts for fortunate relatives, 9 mahogany plate racks, 24 luggage stands.

**What's your Social Security?**

60,000,000 Americans own Social Security cards . . . have money recorded in their accounts on the government's books. Yet many lack a clear understanding of how Social Security works. Here are five simple questions about Social Security. If you can answer all correctly, your knowledge of this important subject is probably "above average".

1. Who pays the cost of Social Security?
2. Would a private income of $100 a month prevent you from accepting a Social Security check at 65?
3. Do children ever receive benefits on the death of their father?
4. Can a married couple over 65 live comfortably on Social Security alone?
5. Does Social Security make ownership of Life Insurance less or more desirable . . . and why?

Wouldn't you like to learn how Life Insurance and Social Security can work together for your family welfare? The Mutual Life representative in your community knows the Social Security rules. Let him show you what Social Security will do for you . . . how much other income may be needed if your family—or yourself at 65—are to accept Social Security and still live in reasonable comfort.

**FREE Social Security HELPS**

1. This special FOLDER lists the 7 types of official records required to collect Social Security benefits and also provides a place for their safe keeping. 2. This handy FOLDER gives help in estimating your future benefits from Social Security and your life insurance policies. Take both, just mail this coupon today to department 44-5.

**THE MUTUAL LIFE INSURANCE COMPANY of NEW YORK**

Lewis W. Douglas, President

24 MANSFIELD STREET NEW YORK CITY
Any plant thrives on KEM because it contains all the vital food elements plants need for healthy growth. And these 11 elements are in Timiirk, Peteati Pd —

There's a Job for KEM Every Month of the Year!

USE IT INDOORS FOR

HOUSE PLANTS
Regardless of the condition of the soil in the pot, it will grow and flourish on KEM feeding alone.

<table>
<thead>
<tr>
<th>CUT FLOWERS</th>
</tr>
</thead>
</table>
| Keep them in a dilute KEM solution. They'll grow beautifully 2 to 4 times longer than in plain water.

<table>
<thead>
<tr>
<th>SEEDLINGS</th>
</tr>
</thead>
</table>
| Soak seeds in KEM before planting — they'll grow faster and stronger.

USE IT OUTDOORS FOR

<table>
<thead>
<tr>
<th>VEGETABLES &amp; FLOWERS</th>
</tr>
</thead>
</table>
| Right through the growing season from spring sowing to fall transplanting — feed KEM regularly.

<table>
<thead>
<tr>
<th>LAWN</th>
</tr>
</thead>
</table>
| Try KEM feeding on those bare and shabby places — it produces a greener, healthier lawn, whether it's newly-seeded or well-established.

<table>
<thead>
<tr>
<th>SHRUBS &amp; TREES</th>
</tr>
</thead>
</table>
| Often a sly-looking shrub or tree simply needs more nourishment. KEM helps roots and trees of all kinds thrive on KEM feeding.

ODORLESS! Easy to Use! Economical!

Diluted, the 25¢ size of KEM makes 5 gallons of nutritious liquid plant food. A 50¢ size makes 8 gallons. It lasts indefinitely — never goes out of solution.

BUY KEM at 5 c. & 10¢ sizes, hardware, department and seed stores. If your local dealer has not yet stocked KEM, a 12-cent bottle will be sent postpaid on receipt of 25¢.

MEME FED PLANTS ALWAYS THRIVE!

Condon's Jumbo ZINNIA

Buist's SEEDS

FAMOUS FOR VEGETABLES AND FLOWERS

PLANT YOUR VICTORY GARDEN EARLY

BREATHE COLD AIR AND FIELDS READY

WRITE FOR YOUR FREE COPY TODAY.

ASK YOUR DEALER FOR BUIST'S SEEDS,
ROBERT BUIST CO., Dept. B. PHILA. 6, PA.

SEEDSMEN FOR OVER A CENTURY

MAGNOLIA TREES

Garden guide in VAUGHAN'S

Gardening Illustrated

MOST BEAUTIFUL SEED CATALOG

- Tells now to plan your Victory Garden to plant and nursery catalog of annuals and perennials, roses, blies, dahlias, chrysanthemums, carnations, camellias, azaleas, hostas, lilies, stocks, and our Bur lllustrated Seed, plant and Nurses Calais, or aend Postal for Catalog Only.

WATERLILIES

Climbing Cucumber

Ornamental Climbing Cucumber

Gives such good results in every Garden.

SPEED KING" EARLY TOMATOES

CONDON BREEDERS

Bears 25c—Or 25—Or 5c Seed—Curled Free

 doesn’t "Tan" from sun or soil damage.

Lose 25¢—Or 5¢—Or 5c Seed—Curled Free

 היו גוזר בלוז ומן, מים של חום.

S 

STRAIGHT PLANTS

- With Flower Buds to clown for you year-round. Hundreds of varieties — 10¢ or 12¢ each.

VICTORY GARDEN

Condon's Vegetable Collection for Your Victory Garden

THE FULL SIZE PACKET EACH

Betty Carree's Succession of Moss違著

Our FREE Book Tells about the 43 Families of the World To Grow Them. 10c. ALLENN COMPANY, Bowling Green, Ky.

Flower and Veggie Catalog, or order extra tender, table quality, vitamins-and other specialties, 173 pp., 112 color. Also over 2000 annuals and perennials, roses, lilies, dahlias, and other flowers.

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.

VAUGHAN'S SEED STORE, Dept. 133.

R. H. SHUMWAY SEEDSMAN

123 N. Main St., Rockford, 111.

10¢ to 25¢

100¢ to 5.00

FREE ON REQUEST

10¢ to 25¢

REGULAR 50¢ VALUE ONLY 10¢

SPECIAL OFFER

Colorado Blue Spruce, 4 y. transplant, 3 ft., 75c; 5 ft., $1.75

For Your Enjoyment

We asked you — You told us —

More American Home Victory Gardeners' Exchange

Florida: Here are some "do's" from the experiences of a "farmer" who was a New York City cliff-dweller in 1942: Plan garden and order enough seed, early. Start with a garden freed from weeds. Work a good fertilizer into the soil a week or so before you plant; have soil slightly moist at planting time. Follow directions on seed packets, and, if you fasten the latter to the row markers, protect them from rain with a jar or something.


Ask your Dealer for Free Copy Today.

Condon's Combination Potting Mix

POTTY PROOF

Vegetable plants, transplanted in early April, do better now than with any other soil medium, regardless of the coolant.

Our NEW 1944 CATALOGUE of electric Waterlilies: trouver plants, and essential info, will be sent FREE on request.

THREE SPRINGS FISHERIES

STRAWBERRY PLANTS

Our FREE Berry-Book Tells about the 43 Families of the World To Grow Them. 10c. ALLENN COMPANY, Bowling Green, Ky.

MAGNOLIA TREES

GARDENING FOR YOUR FAMILY

WHOLESALE SEEDS

A SPECIAL OFFER

Huge 25¢ Special Offer — Thousands of Delicious, Juicy Berries To Pick. 10c. plant to give you larger, more productive plants. 

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.

Notes requesting Information should be accompanied by a stamped, self-addressed envelope. Illustrations will not be returned unless accompanied by the necessary postage. They will be handled with care, but we cannot assume responsibility for their safety.

For Your Information

10 ROYAL SERVICE

100¢ to 25¢

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.

10 ROYAL SERVICE

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.

To Grow Plants, Burying directions on each packet.

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.

SPECIAL—Giant Waterlilies in our new 1944 Catalogue of over 100 varieties — our largest list ever. Send for your copy today.
and the others at right angles so as to get maximum sunlight, with all vine crops on the surrounding fence. (2) How to outwit cats, dogs and malicious vandalism by supporting chicken wire 6' above the fence (it provides extra vine support, too). (3) That the lessen sprayed trees in city and state are much garden damage by red spider, brown-tailed moth caterpillars, etc., not previously suffered...

GOODWIN PRENTISS, Somerville, OKLAHOMA: My 1943 efforts taught me that trash isn't after all, it is—or should be—mulch. It made the difference between life and death for my strawberries in last summer's terrible drought. About a third of the plants (which I neglected to mulch) died completely; from the others I hope to get enough to rest the patch. The few grape vines mulched were all left out when the rest were just starting. Lots of things are good for mulching—weeds, grass, vegetable tops, small sticks, etc. Don't burn them, use them—CONSTANCE WOLCOTT, Chandler...

TEXAS: Please tell all new gardeners to save their wood ashes for the potash they contain—excellent for roses and vegetables. Who has a good neighbor who is going to share hers with us?—MRS. NORMAN BELCHER, San Antonio...

WASHINGTON: My ideas for next year are: (1) Be more careful in separating the vegetables that need scant to normal moisture from those (celery, chard, etc.) that need a liberal amount. Avoid waste in watering. (2) Plant cooperatively with neighbors whose needs are similar to ours. Why should each plant cucumber and squash, for instance, when a joint planting will supply us both and leave room for other things? (3) Don't try to save space by crowding small crops: my rows of radishes, lettuce, carrots, etc. were so close that I couldn't use my long-handled cultivator and had to do a lot of weeding and cultivating the hard way, on my knees. (4) Since I don't care much for green beans, why did I plant so many?—MRS. W. G. PETERSON, Seattle...

WISCONSIN: We too supervise daily the weather about the time cucumbers need lots of water, so last year I sank large (grape-fruit juice) cans, with nail holes punched in the bottom, beside the hills. Mornings and evenings I filled them with water, the plants thrived and I had an abundance of cucumbers.—MRS. W. A. MURRAY, New Holstein...

Last year, realizing how much val...
Vigoro Victory Garden Fertilizer is a complete plant food... order your seeds now. It can help you plant... or four... but and make sure of your supply elements growing things need and where you're going to... supplying not just three tables if you plan your garden you'll take no chances... Victory Gardeners, You'll save yourself time and with your vegetable crops, as you'll enjoy a bigger, better... out the needed “extras” of complete plant food.

Vigoro Victory Garden Fertilizer is a complete plant food... supplying not just three or four... but all the food elements growing things need from soil. It can help you have unprecedented success with your vegetable crops, as it has hundreds of thousands of other Victory Gardeners. Order today.

A Product of Swift & Company
If success is measured by obstacles overcome, then our homemaking venture has succeeded.

In my childhood I learned that "to create" means "to make something out of nothing, or out of unlikely material." By that definition, we, the Jon Norstog family—father, mother, and two boys—are creators, creators of beauty out of ugliness. In 1936 after a series of crop failures, we moved from our homestead shack into Watford City, a small town near the Bad Lands of North Dakota, so our sons could attend high school. Our new home, a little plot notched out of a parched, grasshopper-eaten wheat field, reflected our low financial status. Because of the slope of the land and the laziness of the original owner, one wing was lower than the rest of the high-foundationed house, which stuck up from the plain like a sore thumb. However, it was shelter—of a kind—so our main problem was food and clothing. We had no money to spend on the place, but loving beauty, we set out to make it beautiful—or bust! Our only allies were the colorful rocks and chunks of lava with which the region abounds. I had been collecting specimens for years and with these, and others we gathered, we built a 17-foot-wide terrace along two sides of the house, hooking the jagged chunks together for the foundation and carefully laying polychrome flags for the floor. It really unifies the building and ties it to the ground. The next step was to plant things and make them grow. Ten woodbine roots (at 25 cents) set along the sides now cover the black roofing paper walls. With many replacements and much lugging of water, we pulled the native trees and the many shrubs and perennials we planted through three years of drought. Then came three "wet years," when everything grew apace. Prosperity came with them, making longed-for improvements a possibility. The house is a bower; it seems to us as though we were living in a Garden of Eden—two of us at least, for our boys are now in the Armed Service.—Inga Norstog

Early Feeding will make a big difference in your lawn

This complete plant food can give your lawn a headstart on weeds, help it come in rich, green, luxuriant!

- Right now, give your grass the benefit of Vigoro-feeding!
- This complete plant food, famous product of Swift & Company, supplies not just three or four, but all the food elements growing things need from soil. Supplies them in scientifically balanced proportions.
- Fed now, it will do much to help your lawn come in thicker, healthier and freer from weeds. You see, melting snow and spring rains take the Vigoro right down to the grass roots, where it can go to work faster and more effectively.
- If you want to enjoy the thrill of a really lovely lawn this year, get Vigoro, and get it on! You'll be tickled with the lasting results you get! Ask your dealer today!

Vigoro comes in bags of 100, 50, 25, 10, and 5 lbs., and in 1-lb. cartons. It is safe, sanitary, odorless and easy to apply. Vigoro is the square meal for lawns, flowers, shrubs and trees.
Too-Big House

IF YOU RATTLE AROUND IN AN OLD OVERLARGE HOUSE—DON'T DESPAIR
THERE'S HOPE FOR YOU—AND DIVIDENDS TO BOOT

WILLIAM I. HENNESSEY

WELL, the question of that overlarge house of yours looms up
again this month. In our January
issue, we showed the wonders accom­
plished by bringing three of these
outmoded buildings up to date, ready
to meet the challenges of an after­
war world. We consider the fate of
these step-children of the residen­
tial field of tremendous importance.
Many of you, owners of homes now,
will not be in a position to build
Armistice Day. The reasons are
obvious, many and obvious. Renovation as
such will not entirely answer your
problem. Altered or not, the fact remains that your house is just
too big for the family's living requirements. This is not an uncom­
mon experience. Children have a habit of growing up, marrying
and starting nests of their own. This leaves mother and father rat­
tling around in a house not only too large but difficult to keep up.

Now, just what can be done about this type of situation? Well, ^
as we explained last month, the house could be sold, and smaller
quarters found. But, in many cases, this means a financial loss.
Also, sentiment rears its head; we become attached to a house. Our
lives become an inherent part of its plaster and timber. Well, for
those with a little courage and imagination, there's a very happy
solution to this situation. Really, you can have your cake and eat it
at the same time. Live in your old house but make it work for you.
There's always a demand for small apartments. After the war, due
to the growing shortage of domestic help, this demand should in­
crease. Miss Elsie Eaves of Port Washington, New York, bought an
oversized, ramshackle affair with this idea in mind. A challenge
of this sort appealed to the logical business instincts of this
In war and in peace America depends on bituminous coal for most of its warmth, most of its electricity, most of its industrial power. That makes it important for the public to know the real facts about this fuel, and about the people who mine it. So we take this method of reporting to you.

And to make sure that we cover the subjects of greatest interest we have asked thousands of people what they most want to know about the coal industry and the way it is run.

On this page we present three questions asked over and over again. Next month we will present further questions and answers.

We are fully conscious of our responsibility as good citizens and good employers in the course of supplying America with its No. 1 fuel — and we consider answering your questions a part of that responsibility.

BUY MORE WAR BONDS

Bituminous Coal Institute

60 East 42nd Street New York 17, N.Y.
house to be owner or cooperative management in the matter of hall lights and thermostat location? Should you squander money on wallpaper and waxed floors? I still had a tenant's-eye view of landlords; also a theory that an apartment you liked yourself would attract the kind of people you'd want for neighbors. I realized that a generous sprinkling of electrical outlets would mean a minimum of makeshift cords creating fire hazards; that well painted or waxed woodwork and floors, easy to care for, would be well treated. Having lived on a houseboat, I realized the importance of well planned locker space; this makes for easy tidy housekeeping. Built-in-plywood wardrobes with sliding doors provided maximum storage shelf area. Even the luxury of a built-in ironing board was placed in one apartment. The location of baths and kitchen sinks made for economy. My house is paying taxes, insurance, operating expenses and interest on the first mortgage and reconstruction loans and is making ratb of building area to land area, sufficient return on my investment on cross ventilation and other fundamentals. With the proposed addition of fireproofing, the house passed examination with flying colors. Essential work was completed before priorities were required. First we tackled the before mentioned fireproofing. The furnace room now has three masonry walls and one metal clad. Walls of stairways and the undersides of steps were treated with metal lath and Portland Cement plaster. Ceilings throughout the house were metal lath, and the attic floor was insulated with rock wool batts.

"Structural, mechanical and electrical decisions always involve future administrative policies, Is the house to be owner or cooperative management in the matter of hall lights and thermostat location? Should you squander money on wallpaper and waxed floors? I still had a tenant's-eye view of landlords; also a theory that an apartment you liked yourself would attract the kind of people you'd want for neighbors. I realized that a generous sprinkling of electrical outlets would mean a minimum of makeshift cords creating fire hazards; that well painted or waxed woodwork and floors, easy to care for, would be well treated. Having lived on a houseboat, I realized the importance of well planned locker space; this makes for easy tidy housekeeping. Built-in-plywood wardrobes with sliding doors provided maximum storage shelf area. Even the luxury of a built-in ironing board was placed in one apartment. The location of baths and kitchen sinks made for economy. My house is paying taxes, insurance, operating expenses and interest on the first mortgage and reconstruction loans and is making ratb of building area to land area, sufficient return on my investment on cross ventilation and other fundamentals. With the proposed addition of fireproofing, the house passed examination with flying colors. Essential work was completed before priorities were required. First we tackled the before mentioned fireproofing. The furnace room now has three masonry walls and one metal clad. Walls of stairways and the undersides of steps were treated with metal lath and Portland Cement plaster. Ceilings throughout the house were metal lath, and the attic floor was insulated with rock wool batts.

"Structural, mechanical and electrical decisions always involve future administrative policies, Is the
How to insulate your attic yourself

with 1/5 the leg work

Here's why KIMSUL* saves extra work — saves extra fuel

LIGHT AND COMPACT—Like a closed accordion, KIMSUL comes to you compact and convenient — compressed to 1/5th its installed length. That means 1/5th the bulk, 1/5th the number of rolls needed to insulate your attic. Add to this the advantage of light weight . . . and KIMSUL saves you as many as 32 tiring trips to the attic.

FITS LIKE A GLOVE—KIMSUL fits snugly between the joists in your unfloored attic. Simply fasten one end of the blanket at junction of floor and eave. Stretch it taut and fasten to opposite eave. Repeat for each open section of the floor. That's all! If your attic is floored, apply KIMSUL between the rafters of your sloping roof.

NO FUSS . . . NO MUSS — You don't have a house-cleaning job on your hands after KIMSUL is installed. There are no siftings, no dust or dirt. KIMSUL is clean . . . so is your attic and the rest of the house. Best of all, your insulated attic saves up to 30% on fuel. Order KIMSUL from your lumber or building supply dealer, department or hardware store.

7 More Reasons for Insisting on KIMSUL

Helps Keep Your Home Warm—KIMSUL blanket is one of the most efficient insulations ever developed. Keeps the heat in during winter . . . keeps the heat out during summer.

Moisture-Resistant—KIMSUL will float indefinitely on water.

Stays Put—Once installed, KIMSUL does not sag, sift or settle.

Fire-Resistant—KIMSUL is chemically treated to resist fire.

Lasting Protection—KIMSUL is long-lived because of the materials from which it is made; wood fibers impregnated with asphalt.

Economical—Pays for itself in fuel savings, reduced house-cleaning expense and added comfort.

Made by Kimberly-Clark—KIMSUL is a development of Kimberly-Clark research and manufactured under strict scientific controls to meet the most rigid insulation tests.

*KIMSUL (trade mark) means Kimberly-Clark Insulation

MAIL COUPON TODAY FOR FREE FOLDER —
KIMBERLY-CLARK CORPORATION
Building Insulation Division,
Neenah, Wisconsin
I want to have a warm home in spite of fuel rationing.
Please rush new Free illustrated book with full information about easy-to-install KIMSUL.

Name
Address
City State

Wrap Your Postwar Home in a Blanket of KIMSUL

A PRODUCT OF KIMBERLY-CLARK RESEARCH

THE AMERICAN HOME, FEBRUARY, 1944
For the Man Who Told Me Other Kinds of Tissues Were "Just Like Kleenex!"
(from a letter by A. W. C., Atlanta, Ga.)

One and Only
There's Only One Kleenex! And I've Learned That the Best Things in Life Come in the Best Packages, Too!
(from a letter by K. W., Highland Park, Ill.)

1. Cleansing. A clean skin is a good skin, and vice versa, at any age, so that's the first thing to do, dear lady. Smooth on cleansing cream with an upward, outward motion, and work in gently. The point is to remove every trace of grime and make-up before you do anything else to your face and neck. Then remove the cleansing cream with tissue, and follow with a pad of cotton, saturated either in lotion or lukewarm water.

2. Lubricating. This is very important for the over-thirty skin, especially during the winter months. Exposure and steam heat have a tendency to dry up the natural oils of the skin which have lessened naturally at this age. Apply lubricating cream or liquid with the finger tips and leave it on for at least a half an hour and preferably over night. While you're tubbing is a good time since the heat opens pores.

3. Chin and Throat. The chin and throat are two very vulnerable spots when you aren't sixteen any more and places that show up this fact first. By good, consistent care, you can keep your face and throat looking as though they belonged together in the same age group. Smooth on a super-rich lubricating cream over throat and chin, and don't forget the back of your neck, too. That's part of you, after all, even if you cannot see it! Do this with good upward strokes that mean business.

4. As an Added Touch to throat and neck treatment, here's a good stunt. Remove lubricating cream with tissue. Make a pad of cotton about nine inches long and three wide, saturate in water and strap it under chin and over throat as in picture with a bandage or elastic (if you can get it). Make it comfortably tight. Now, rub ice over outside of tie-up along the contour of the chin and over throat for five or ten minutes. The Ice has an astringent and stimulating effect on the skin.

5. Eyes are another danger spot for the mature lady to watch! Finger print, and we do mean lightly, your lubricating cream on the area from nose to temple, up to lower lid, and also on the upper. Do this at night and every night. If puffiness should result, it means that your skin is absorbing too much oil, so simply decrease the time from overnight application to that of a half hour. To relax tension, if you can, rest fifteen minutes a day with pads, soaked in hot or cold water, on your eyes.

6. Protection. One of the most important things to do is to protect your skin by using the best liquid or cream base you can get. Not only will this protect, but it will prepare the skin for the application of your rouge and powder. Use this preparation sparingly, applying in the five most important spots, forehead, nose, chin, and cheeks, with a touch under the chin. The type of protective cream or liquid that leaves the skin slightly moist is much kinder to the mature face than the opaque type.
WHEN St. Valentine’s Day, say in your fortieth year, comes around, are you still the inspiration for an Ode To Beauty, or do you have to take life on the double chin? Has your face and neck that “alive look,” or do you give that let down impression? These are pretty grim questions, but ones that can have a happy answer if you’re willing to take a little time to yourself. Of course, we all grow older, if we’re fortunate enough to live that long, but it needn’t be a crepe-hanging experience. There’s one guiding and unshakable principle about getting older gracefully, and that is the longer you live the more natural you must be in your appearance. There’s a time in life when a little artifice now and then is relished by most of the men, but not after That Certain Age! For then it is artifice without the glamor.

Here’s what happens, among other things, around forty. Our circulation, that underlying soul of beauty, gets a little casual. The oils of the skin that make the younger years things to sigh over are not so plentiful. Result: sallow or parched skin that wrinkles easily and stays that way. So, it’s up to you to whip up the circulation and furnish a little lubrication to keep up with life. It’s a wonderful way to save face and neck.

After the thorough cleansing we talked about on the other page, and before you use a lubricating preparation, try a good circulation cream or liquid. Smooth it on for a minute or two; then whisk it off and go on with the routine outlined. If you have a naturally high color, or if you happen to have broken blood vessels on your face or throat, don’t use a circulation stimulator, just concentrate on cleansing, lubricating, and protecting.

It’s in the matter of make-up that most women in this age group offend. In the anxiety not to look their age (though Heaven knows why they shouldn’t want to and be proud of it!) some of the strangest things happen. Take rouge for instance, it’s almost safe to say that you see more so-called older women looking like stop lights than not. The thinking process seems to be something like the argument that if one pill can make you feel a little better, two or more should make you feel wonderful! In other words, if a little rouge can enhance a younger face, a little more will make a Venus of Milo out of an older one. What happens is just the opposite. The Woman of Forty and thereabouts should use, preferably, a cream rouge, applied over a foundation that supplies moisture to the face, and she should stop putting it on just before she thinks she has enough. She must remember that her powder will emphasize her rouge rather than hide it. Generally speaking, too, the rouge should be applied high on the face. It attracts the eye and therefore should be placed strategically.

When it comes to powder, this lady in question should use a light textured one, in a shade that harmonizes with her natural skin tone. Not for her are the trick sun-tan jobs. She should definitely avoid the white as well as the dark shades to look her own sweet natural self. It’s no longer a sign of depravity for lipstick to grace the older lips either. But, the lighter, softer shades are the ones that should do the gracing. Dark, exotic tones tend to make the mature face look old and opposite. The Woman of Forty and thereabouts should use, preferably, a textured one, in a shade that harmonizes with her natural skin tone.

To grow older gracefully, you don’t have to spend the rest of your life in expensive salons, being carried about on perfumed pillows by whispering attendants, you do need to give a little more thought and care to yourself, however, you do need to furnish food for that thought. The moral of our little tale is this: Be natural, sweet matron, and let who will be clever and you’ll live a long life beautifully, we’re convinced.
Chocolate Cocomalt and milk, hooray! We get Vitamins A, B1 and D this way. Plus iron that's good for us, too. We like it hot or cold. So will you!

Safetv in Your Medicine Chest

FOURTEENTH IN OUR FAMILY HEALTH SERIES

HOW long is it since you made that resolve to "clean out" the medicine closet? Goodness, how cluttered it is with all those partly filled bottles and moth-eaten pill boxes! Is this Johnny's cough syrup after all these months? And what on earth is that white liquid? Oh, yes, that was left from Grandfather's visit; but wait, isn't it the last of the tonic the doctor gave you when your hair was falling out after you had the "flu"?

Medicines do change and deteriorate with age, and they may not be safe to use. Iodine, for example, grows stronger, even when kept in a well-corked, dark bottle, and may cause severe burns if used when it is over a year old. Argyrol changes chemically, and it must be fresh when used, especially when it is dropped into the eyes; in fact, many eye specialists believe that more harm than good may result if it is used when more than two or three days old. Other medicines lose their potency with age.

Last year, 1,350 persons in the United States died because they were accidentally poisoned. Be sure that this does not happen in your family. Prevent this happening by observing the rules for a safe medicine chest.

1. Be sure that every bottle and every box is well labeled with: (a) Name of the person for whom intended, (b) Date purchased, (c) Name of the doctor prescribing it. Many druggists now mark in this manner all medications they have made up following a doctor's prescription.

2. The directions for taking the medicine must be plainly written on the label. There are few druggists nowadays who omit this important precaution, but sometimes abbreviations are used which are not easily understood. Read it in the store to be sure, and, if not clear, ask the druggist to write it over in "plain English."

3. Never, never change the medicine from its original bottle to another nor mix medicines even if you think that the two are the same. Chemical changes may occur.

4. Be sure all poisons are plainly marked "POISON." In some states it is required by law that the label on poisons be identified by a skull and crossbones. Better still, a bottle of distinctive color and texture will attract the attention easily; then you will know when you pick up a blue glass bottle with a pebbled surface that it is "different." A stopper of an odd, irregular shape will serve the same purpose. Be sure to have the druggist put the medicine into the new bottle and label it. Another safeguard is to put all poisons on the top shelf away from "exploring" hands. Better still, have the closet locked.

5. To be able to read the marked labels it is necessary that they be kept clean.
A GLORIOUS PETROUCHKA, DANCED ANEW IN LIVING, ELECTRONIC TONE

The clown, the ballerina, and the Moor, triangle in pantomime. Vividly the Musaphonic reproduces the famous ballet by Stravinsky. With incredible realism, this instrument's electronic tone captures the very breath and color of the gay Russian carnival, the puppet show, the holiday sounds and scenes. Petrouchka is danced anew, in your own home, so faithfully is the colorful music reproduced! . . . This superb radio-phonograph is a product of General Electric electronic research. It springs from the desire of General Electric to build the finest possible radio and phonograph in combination. . . . Today General Electric is engaged in war production, and only present owners can enjoy the Musaphonic. But after Victory, following advances in electronics, the Musaphonic with FM (Frequency Modulation) will be a finer instrument than ever.

Lucia Chase as the Ballerina, and Sisson Rosenberg as the Cuckold, in the Ballet Theatre's production of "Petrouchka" by Stravinsky.
Choreography by Fokine. Costume by Benois.

MUSAPHONIC

BY GENERAL ELECTRIC
In 1493, Christopher Columbus found pineapple growing in the West Indies Island of Guadeloupe, according to Peter Martyr (1455-1526), New World historian. But that pineapple was quite different from the cultivated fruit grown in Hawaii today.

Because of the nutritive values, keeping qualities, convenience and popularity of Dole Pineapple and Dole Pineapple Juice, generous quantities are going to our Armed Forces all over the world. But there are still Dole Pineapple Products left to bring a taste of Hawaiian delight to you.

The Hawaiian Island of Lanai is the home of one of the largest of the Dole Pineapple plantations. The planting, cultivating and harvesting of Dole Pineapples is the sole industry of the island. From its miles of sea-green fields come millions of Dole Pineapples every year to grace American tables.

Because of the nutritive values, keeping qualities, convenience and popularity of Dole Pineapple and Dole Pineapple Juice, generous quantities are going to our Armed Forces all over the world. But there are still Dole Pineapple Products left to bring a taste of Hawaiian delight to you.

Today your ration stamps entitle you to your share of Hawaiian Pineapple Products. If your grocer doesn't happen to have Dole Pineapple Products on his shelves today—ask for them again tomorrow.
POST-WAR WINDOWS will be larger as the popularity of window dressing increases. This trend makes WINDOW EFFICIENCY a "must"—...or , heating, air conditioning and window maintenance costs will rise. When you can save, compare those Pella stock-size Casement features with the field for BEAUTY and EFFICIENCY:

DUAL GLAZING—Single pane glass that mounts on inside of sash year round. Protects against winter cold and summer heat. Inconspicuous.

WOOD and STEEL—Both are used in Pella Casement frames to combine beauty and strength.

DRAFT TIGHT—Compression type weather stripping seals all 4 sides of sash. Exclusive design.

EASY TO CLEAN—Patented design enables washing both sides of Pella Casements from inside of room.

ROLScreens—The original inside screen that roll up and down like windows. TEN-YEAR GUARANTEED.

Clip this ad now...place it in your post-war home file as a reminder to investigate Pella Windows prior to build.

THE ROLSCREEN COMPANY, Pella, Iowa
Also makers of famous Pella Venetian Blinds

American Window Efficiency as well as Beauty
WHEN YOU BUILD

What doctors say about baby skin

Important to every mother: A leading medical journal asked 6,000 physicians, including most U. S. baby specialists, these vital questions about baby care. Read answers below:

QUESTION: "Do you favor the use of oil on baby's skin?"

ANSWER: Over 90% of physicians said yes. Hospitals advise the same (almost all hospitals use Mennen Oil—because it's antiseptic).

QUESTION: "Should oil be used after every diaper change?"

ANSWER: 8 out of 4 physicians said yes—helps prevent dryness, chafing. (Most important—antiseptic oil helps protect skin against germs.)

QUESTION: "Should oil be used all over baby's body daily?"

ANSWER: Physicians said, on average, "Continue using oil until baby is over 6 months old." Many advised using oil up to 18 months.

QUESTION: "Should oil be used daily?"

ANSWER: 6 out of 4 physicians said yes—helps prevent diaper rash caused by action of germs in contact with wet diapers.

QUESTION: "Should baby oil be antiseptic?"

ANSWER: Only one widely-used baby oil is antiseptic—Mennen. Helps check harmful germs, thus helps prevent prickly heat, diaper rash, impetigo, other irritations. Hospitals find Mennen is mildest, safest, keeps baby's skin smooth and soft. Special ingredient soothes itching, smarting. Use the best for your baby—Mennen Antiseptic Oil.
OUT OF THINGS! (because your hair is gray?)

*Clairol banishes every trace of gray or graying hair... swiftly, surely, beautifully.

Plans and parties go on without you? Nobody bothering to call you up any more? And yet you haven't changed... inside. Must a woman be "out of things" because her gray hair makes her look so much older? Don't let gray hair do this to you! There's a pleasant way of giving your hair new, young-looking color radiance... "naturally, with Clairol!"

Clairol is delightful—Your hair luxuriates in a froth of iridescent bubbles. And quickly—almost before you know it—it's clean, silky soft and permanently colored.

Clairol is dependable—Each of Clairol's 23 natural-locking shades is laboratory-controlled, produced under the supervision of skilled specialists. Clairol shades are uniform, always assuring a perfect match.

Clairol keeps your secret—because it completely avoids that brassy look of old-fashioned dyes. No other product gives such natural-looking results.

Clairol banishes every trace of gray or graying hair... swiftly, surely, beautifully.

Burns are common emergencies. At the present time there is a variety of methods for treating them. Perhaps the three most common are to use an oily cream, or tannic acid, or a powder. Perhaps your first impulse will be to apply butter as a first aid measure before going to have it cared for by your physician. If he then decides to use tannic acid the tannic acid can sink into the skin and do its work. You can well imagine what a difficult and painful process this will be. Why not ask him in advance what he would use and he prepared to do the thing in line with his own treatment?

Foreign bodies in the eye.

Here again it is wise to ask the doctor what he would advise you to do. Would he think it best to remove the cinder with a cotton swab or wash it out by using an eye cup; if the latter, what solution would be best to use?

Cuts. Always remember that soap and water are essential to remove the dirt, especially in small cuts on the hands. Most physicians recommend that you decide a solution to kill the bacteria—he be used as well. Ask your doctor which one he thinks is best for you. He is sure to want you to use a clean dressing. The small, specially prepared type that has the gauge attached to the adhesive plaster is good when the area involved is small. For the larger ones get the sterile gauze squares in the glassine envelopes that will not need to be opened until the time comes to apply one to the cleansed wound. A supply of both should be in your medicine chest. If these are not available you can do up pieces of clean linen or cotton cloth in ordinary wrapping paper making individual packages and tie them with string. Then, when you next bake potatoes, do the several packages up in one big sheet of heavy paper, put this package into the oven when you light the fire and leave it until the smaller potatoes are done (do not have the fire too hot). The cloths are then sterile and may be put safely away for the emergency. Adhesive tape is very helpful to hold bandages in place, but if you have none, you can use a gauze bandage or tear strips of sheet into ½ inch or 2 inch pieces about a yard long. These can be rolled up and applied spirally. Hold them in place with a safety pin or sew together with a needle and thread. If you have taken a Red Cross First Aid course, you will remember how well the triangular bandage serves many a purpose and will have a supply of these.

Sprains and bruises. There are two classic treatments for these. One is to apply heat and the other to apply cold. Ask your doctor which one he would advise you to use and whether he advises Epsom salts in the water or not. If he does you will want to keep a small supply in the medicine chest. If so, that can come from the kitchen.

New Magic for Dull Kitchens!

Ready-pasted TRIMZ Borders

Before

Amazing! Just Dip in Water and Apply!

After

For Any Plain or Painted Wall

Scores of Smart Patterns make it easy—and fun—to match any color scheme. And these magic borders are washable... sunfast... guaranteed to stick or your money back!

Use them around doors, windows, mirrors, on cabinets, furniture, waste baskets, too!

No mistery here! Just dip, apply, press in place, do up pieces of clean linen or cotton cloth in ordinary wrapping paper making individual packages and tie them with string. Then, when you next bake potatoes, do the several packages up in one big sheet of heavy paper, put this package into the oven when you light the fire and leave it until the smaller potatoes are done (do not have the fire too hot). The cloths are then sterile and may be put safely away for the emergency. Adhesive tape is very helpful to hold bandages in place, but if you have none, you can use a gauze bandage or tear strips of sheet into ½ inch or 2 inch pieces about a yard long. These can be rolled up and applied spirally. Hold them in place with a safety pin or sew together with a needle and thread. If you have taken a Red Cross First Aid course, you will remember how well the triangular bandage serves many a purpose and will have a supply of these.

Sprains and bruises. There are two classic treatments for these. One is to apply heat and the other to apply cold. Ask your doctor which one he would advise you to use and whether he advises Epsom salts in the water or not. If he does you will want to keep a small supply in the medicine chest. If so, that can come from the kitchen.

BURNS ARE COMMON EMERGENCIES. At the present time there is a variety of methods for treating them. Perhaps the three most common are to use an oily cream, or tannic acid, or a powder. Perhaps your first impulse will be to apply butter as a first aid measure before going to have it cared for by your physician. If he then decides to use tannic acid the tannic acid can sink into the skin and do its work. You can well imagine what a difficult and painful process this will be. Why not ask him in advance what he would use and he prepared to do the thing in line with his own treatment?
WOULDN'T it be heavenly to live in a house that makes its own weather...that's balmy in January, cool as a mountain top in July...regardless of what the thermometer says outdoors?

ALL THIS WILL BE A REALITY! For tomorrow your new Gas air-conditioning system will give you "weather as you want it" at the flip of a finger.

But climate control is just one of the wonders of comfort being developed in the laboratories of the Gas industry today. Here are some of the other things in store for you.

TOMORROW'S MIRACLE KITCHEN...so cool, so clean, you'll love every minute you're in it...where a new Certified Performance Gas range gives you speed in precision cooking—saves food values and hours of work!

NEW MAGIC IN REFRIGERATION...a silent Gas refrigerator with cooling units that will keep all kinds of food fresh longer—meats, vegetables, even frozen foods. Will save you hours of marketing time!

A "HOT SPRING" ON TAP...an automatic Gas water-heating system that will provide hot water galore...effortlessly, economically...make all housekeeping easier.

These are just a few of the wonders that will be brought to you tomorrow by the tiny blue Gas flame...the flame that cools as well as heats.

You can speed that day by using Gas wisely...by conserving it for vital war production...and by saving for that magic home of the future with every war bond you can buy.

THE MAGIC FLAME THAT WILL BRIGHTEN YOUR FUTURE

An advertisement of the American Gas Association
mon salt, sugar, and baking soda
make an excellent and inexpensive
gargle. Put one teaspoonful of each
into a pint of hot water and gargle
while it is as hot as you can use it.
Honey, heated in a spoon and held
in the back of the throat is very
soothing. Ask your physician if he
advises aspirin for colds and what the
dose should be for each member of
your family, for the best results.

CATHARTICS. The wise family will
not take cathartics frequently nor in
discriminately. Physicians have de­
cided views on this subject and you
would do well to be guided by yours.
Of course you are doing everything
you can to keep your family well.
You arrange for periodic health ex­
aminations and you follow the med­
ical recommendations given at these
times; you are serving food that pro­
vides the necessary calories, vitamins,
and other musts; you see that the members of your family get their
proper rest. But emergencies do come.
So be prepared. Know what to do.

MORAL: When you suddenly
need glass for a window, a
windshield, a desk top or
picture frame - look in the
Classified!

The Classified section of your
telephone directory quickly
gives you useful information
... "Where to Buy It," who
fixes what, who repairs the
products you have.
Don't shop aimlessly. Turn
to the Classified. It's a time­
saving, step-saving habit.

Our Department Services

PARTIES: Tell us the occasion,
number of guests, color of your
accessories and we'll plan a
party for you with menu, games,
decorations. Charge: fifty cents.

DECORATING: Send a simple
floor plan of room with list of
furnishings you have and $1.00
and we'll suggest color scheme
and ideas for redecorating and
bring the room up to date.

DREAM HOUSE: We'll check
over your plans, criticize, and
send you suggestions for
improvement. Our charge: $1.00.

Send stamps or money order
Dept. S, THE AMERICAN HOME
444 Madison Ave., N. Y. 22, N. Y.

Transportation facilities today are
overloaded and subject to
frequent and lengthy delays. Thousands and thousands of
experienced post office em­
ployees are in the armed ser­
vices. The mails are heavier than
ever before. The post office is
doing a really wonderful job
with much inexperienced help,
but still your copy may be late.
If it is, please be patient.

Take a critical look today be­
hind the gleaming exterior of your
medicine chest. It's an easy wager
that you'll find the worst—medicines
belonging to two or three generations!
What is there about bits of medicine
that makes us treasure them as we do?
True they may have been expensive
... so was the steak you had last
year, but do you still have bits of it
in the refrigerator? And ought you
to use them, months or even years
later, for another person than the one
for whom they were originally pre­
scribed, or even for the same person
at an entirely different time? You
know the answer; and you will be
afraid to use them, yet you will keep
obsolete medicines which are truly
dangerous. Throw them out now!
More than 250 ways from soup to dessert to use point-saving Salad Oil

AND HERE ARE JUST A FEW OF THEM...

CREAM OF BROWN ONION SOUP

2 medium onions, minced
3 tbsp. Mazola
3 tbsp. flour


BROILED FISH FILLETS

Use fish fillets or steaks about ½" thick. Place on oiled broiler rack with top of food 9" below flame. Sprinkle with salt and pepper. Brush with Mazola. Broil 5 mins. or until brown; carefully turn. Spread with 1 tsp. mayonnaise made with Mazola. Sprinkle with flour, salt and pepper. Broil 10 mins. or until tender and brown. (½ lbs. serves 4.)

CURRIED CHICKEN FRICASSÉE

1–1 ½ lb. chicken, cut-up
¾ cup Mazola
1 cup flour
1 tsp. curry powder
¾ cup milk
1 ½ tsp. salt
¾ tsp. pepper

Roll chicken in 6 tbsp. flour, ½ tsp. salt, and the pepper, combined. Brown quickly in Mazola in skillet; remove to Dutch oven. In drippings left in skillet, blend rest of flour, salt and curry powder, add milk and water gradually, stirring smooth; cook until thickened. Pour gravy over chicken. Cover; simmer 1½ hours or until tender. Serves 5.

OLIVE COLE SLAW

with FRENCH DRESSING

¾ tsp. salt
¾ tsp. paprika
¾ cup Mazola
¼ cup vinegar
¼ tsp. dry mustard

Measure all ingredients into mixing bowl or glass jar. Blend with rotary beater or shake to mix thoroughly. Shake or beat just before serving. Makes 1 cup.

Mix ½ cup sliced, stuffed olives with 2 cups shredded, raw cabbage. Toss with salad dressing until well mixed. (1 tsp. minced onion and green pepper may be added, if desired.)

PIE CRUST (LEMON MERINGUE PIE)

8 cups sifted flour
½ cup Mazola
¼ tsp. cold water to moisten (about ¼ cup)

Sift together flour and salt. Mix in Mazola lightly with fork or pastry blender. Add water, a little at a time, and work lightly with a fork. (The dough should be soft.) Roll out at once on floured board. Makes top and bottom crust for one 9" pie, or two 9" pastry shells. (Use Lemon Flavor Kre-Mel Pie Filling to make this delicious favorite.)

HELPFUL HINTS

Baste roasting chicken with Mazola to keep skin tender and delicious.

Use Mazola for greasing muffin and cake tins; oil broiler racks with Mazola to prevent meat from sticking.

Before baking, brush potatoes with Mazola to keep skins soft.

MAZOLA makes so many good things

Think twice before you use that precious butter! Many modern cooks prefer MAZOLA's delicate flavor, as well as MAZOLA's economy, in Muffins—Quick Breads—Sauces—Stuffings—Desserts—Cookies—Casseroles—Sandwich Fillings—Chowders—Vegetables—Pastry.
Got to hurry now. But I want to tell you what I'm thinking about. I want to tell you what I'm fighting for... it's you and our little house and the job I had before... and the chance I had, the fighting chance, to go ahead on my own.

That's what all of us want out here... to win this war... to go back to being mechanics and storekeepers and salesmen and lawyers... and husbands and brothers and sons. To go back to living our lives in a land, and a world, where every man can be free to be somebody... where every man is free to grow as great as he's a mind to be... where every man has an unlimited opportunity to be useful to himself and to his fellow men.

"Squadron leader to Fighting 4! Sixteen Zeros at 12 o'clock! Come on, you Hellcats! Here's what we've been looking for!"

Hello... back there...

We're out-numbered four to one today. Anything can happen. I know that. But this is our job, and it's got to be done.

I'm on my own and that's the way I like it... but I'm not alone... we're all on the same team. Flying together, fighting together to win... not for ourselves but for each other...

For you... for home.

"Squadron leader to Fighting 4! All right, you guys... the sun's at our backs... let's get upstairs!"

Hello... back there...

This is the payoff. Tell everybody... tell everybody back there... hello for me...

Tell 'em we'll be back... nothing can stop us... And tell 'em no matter what they say... no matter what they do... to stay free... to keep America a land of individual freedom!

That's what we're fighting for...

That's what we're willing to die for...

That's the America we want when we come home.

Here at Nash-Kelvinator we're building Pratt & Whitney engines for the Navy's Vought Corsairs and Grumman Hellcats... Hamilton Standard propellers for United Nations bombers... governors, binoculars, parts for ships, jeeps, tanks and trucks... readying production lines for Sikorsky helicopters. All of us dedicated to winning this war... to speeding the peace when our men will come back to their jobs and homes and even better futures than they had before... to the day when together we'll build an even finer Kelvinator, an even greater Nash!

NASH-KELVINATOR CORPORATION
Kenosha - Milwaukee - DETROIT - Grand Rapids - Lansing
Heartened by this success, we ventured to make the figures. The construction paper was strong enough to stand; so no forms or bases were needed. Experimentation developed the costumes, paper doilies decorated them, and rolled pieces of cleansing tissue, with tiny hats set atop, made the heads. A remnant of rollicking red ribbon around the whole group was the perfect finishing touch. A few extra hearts made mats for under ash trays, nut dishes, etc., thus unifying the entire table into the mood set by the red and white heart centerpiece arrangement.

Instead of the ordinary paper hats, we created our own, more fashionable numbers. These were made out of red paper and doilies. All styles and types were represented, from sophisticated turbans and forward tilted pompadour hats, to quaint, old-fashioned poke bonnets.

As each guest arrived, she was directed to place her gift for the mother-to-be in a hatbox in the dining room. This box was trimmed with the same construction sheets and doilies. After luncheon we presented it to our guest of honor meekly suggesting that she might like a hatbox in which to take home her party hat. Completely unsuspecting, she opened it to find the presents. Her surprise was all that could be desired.

After admiring the gifts, we had a short time to play some paper and pencil games. Before we could believe it our time had sped—all had to hurry to their respective duties—so, regretfully, we broke up a gay and thoroughly enjoyed party on the most romantic of all occasions.

A shower for the mother-to-be that is as glamorous and sweet as St. Valentine’s Day itself

ES, even Cupid has taken on some additional duties! For we decided that it was not enough to bring together all the new couples in the world, he should also herald the stork. Really, what more fitting time could there be than St. Valentine’s Day for a baby shower? No party theme could lend itself more beautifully than little Dan, so, here is our interpretation:

Our purchases were few. First we found the bassinet frame—one of those soap baubles that abound in gift shops and stores. Next, some red construction paper, some white paper doilies, and some red, red roses. Then we went to work (if you could call it work when the fact is it was fun all the way through). Unstintingly, we cut out paper hearts and on them pasted pleated edging made from doilies. By pasting another heart of the same size on the back, the rough edges were concealed, leaving just a part bit of ruffling all around. A large ruffled heart made the head of the bassinet; two small ones, the pillows. Standing the crib on end, we traced its shape, then cut out a piece of red to follow this outline. We pasted hearts, the size of the pillows, on each side and tucked in a scrap of embroidered organdy from our sewing basket for a luscious covering.

Heartened by this success, we ventured to make the figures. The construction paper was strong enough to stand; so no forms or bases were needed. Experimentation developed the costumes, paper doilies decorated them, and rolled pieces of cleansing tissue, with tiny hats set atop, made the heads. A remnant of rollicking red ribbon around the whole group was the perfect finishing touch. A few extra hearts made mats for under ash trays, nut dishes, etc., thus unifying the entire table into the mood set by the red and white heart centerpiece arrangement.

Instead of the ordinary paper hats, we created our own, more fashionable numbers. These too were made out of red paper and doilies. All styles and types were represented, from sophisticated turbans and forward tilted pompadour hats, to quaint, old-fashioned poke bonnets.

As each guest arrived, she was directed to place her gift for the mother-to-be in a hatbox in the dining room. This box was trimmed with the same construction sheets and doilies. After luncheon we presented it to our guest of honor meekly suggesting that she might like a hatbox in which to take home her party hat. Completely unsuspecting, she opened it to find the presents. Her surprise was all that could be desired.

After admiring the gifts, we had a short time to play some paper and pencil games. Before we could believe it our time had sped—all had to hurry to their respective duties—so, regretfully, we broke up a gay and thoroughly enjoyed party on the most romantic of all occasions.
SINCE the familiar line "sugar is sweet and so are you" from the sentimental little quatrain has always blessed valentines, February seems a most appropriate month for our monograph on sweetenings and the romantic story of sugar... When Marco Polo adventured into China, among the new food delicacies he tucked under his arm was sugar. When Columbus soiled to the New World, he brought along some plants of sugar cane which thrived on the sun-soaked islands of the Caribbean. Sugar is processed from either the sugar cane or the sugar beet. The southern islands of Cuba, Puerto Rico, and others have as their principal industry the raising of sugar cane; Hawaii and the Philippines also produce the succulent cane. The only two states in our country which grow sufficient sugar cane for industry are Florida and Louisiana. Sugar beets thrive in most of the European countries, and now grow abundantly in Colorado, California, Montana, Idaho, and other western and middle western states. Almost two million tons of sugar from beets are produced annually in this country. This home production has relieved the tense and serious sugar situation.

The prewar per capita consumption of sugar averaged about 104 pounds, but with sugar rationing this amount has naturally been reduced. Sugar is present though invisible in fruits and vegetables, the percentage varying from a high sugar content in tomatoes and oranges to a low sugar content in melons. However, sugar is not the only source of sweetening. Honey, syrups (both from corn and maple sap), sorghum, and molasses are other forms used by the housewife for culinary artistry.

What about the nutritional importance of sugar and sweetenings? Sugar is a form of carbohydrate needed by the body for heat and energy. The growing baby, child, and adult need sugar each day, the amount varying to age and size. If all the sugar is not utilized by the body—that is, if not enough work or exercise is done for the amount of sugar consumed, the excess or leftover is stored in layers of fat.

To stay on the thin side of life, it's wise to guard against overeating of sweets.
New! A Wonderful Taste
Thrill for Pancakes-

WHEN YOU USE GRANDMA’S
SWEETER, MELLOWER MOLASSES!

"Folks, you’ve got a real treat coming when you taste my molasses on a batch of pancakes. Grandma’s Molasses is so different from any you’ve ever tried... so much sweeter and mellower, you’ll want to use it on the table as well as in your favorite recipes. Grandma’s Molasses is made the old fashioned way and without sulphur dioxide or other preservatives. Just try it, and see what I mean."

GRANDMA’S
OLD-TIME PANCAKES

2 cups sifted flour • 2 tsp. baking powder • 1 tsp. salt • 1 egg
2 tsp. Grandma’s Molasses
2 tbsp. melted shortening

Sift together dry ingredients. Add Grandma’s Molasses and milk to beaten egg yolk. Pour into dry ingredients and beat until smooth. Stir in shortening and fold in beaten egg white. Bake on ungreased hot griddle. Serve with plenty of Grandma’s wonderful-tasting Molasses and enjoy the grandest treat you’ve had in many a month.

When using a regular prepared pancake mix, try adding 2 tbsp. Grandma’s Old Fashioned Molasses to a batter made with 2 cups of the mix to give your cakes a mellow, sweeter flavor, turn them a more golden brown.

GRANDMA’S
OLD FASHIONED
MOLASSES

The craving for something sweet has so dominated our American diet that nutritionists look with alarm at the way per capita consumption of sugar has increased in the past fifty years. Sugar has a bodily function of furnishing heat and energy. But, modern manufacturing methods have depleted sugar of all vitamins and minerals. So, sugar must depend upon the ingredients it accompanies in a recipe if it is to have any nutritional value besides furnishing energy. Sugar chemists are now perfecting a method whereby some vitamins and minerals will be retained, and the day will come when sugar will no longer be deprived of its own vitamins and minerals.

Instead of delving into the complexity of how sugars are digested, it will suffice to say that all sugars break down through body metabolism into simple sugars. That’s why baby’s milk formula calls for dextrose—one of the simple sugars—because it is so easily digested.

But man has not always been spoiled with a variety of refined sugars... lumps for coffee, superfine for berries, 4X or confectioners’ for icings, regular white granulated sugar, besides any shade of brown to suit his fancy and honey... and you have used them.

Molasses is an early product of crushed sugar cane. The succulent brown syrup, sometimes dubbed “mother syrup,” is the liquid sugar juice just before crystallization takes place. As the crystallization progresses, brown sugar stages develop into white sugar. Molasses is more fortunate nutritionally than table sugar, having iron and calcium as its valuable constituents.

Sorghum is another type of syrup, similar to molasses in color, but with a more distinctive flavor. Sorghum is popular in the middle south west and south where the sorghum, a type of corn stalk, grows. Corn is also crushed to make syrup. Because it has not crystallized, corn syrup is a valuable ingredient for the chemistry of candy manufacturing.

Maple syrup and sugar are native American products. When the sap starts running at the first spring thaw, the trees are tapped with spikes, and buckets hung to catch the flow. But the steps of catching sap, collecting it and pouring it into large barrels on horse-drawn sleds, and sugaring it down over a roaring fire in the special hut in the woods, are just a few of the rituals which convert the colorless liquid into a syrup which is ambrosia for morning waffles.

Another home produced sweetening is honey. Here the bee is the manufacturer or converter of flower nectar into honey. The honey is deposited on combs and is sold that way or extracted from the comb and sold in liquid form. Honey flavor and color depends upon the flower nectar. Some nectars, such as white clover, give a delicate flavor and light color; others, such as buckwheat, a stronger flavor and darker color.

Any of the syrups, molasses and honey are useful for sweetening cakes, cookies, pies, or beverages. Recipes cannot be used interchangeably without some mathematical adjustments since syrups, honey, and molasses are in a semi-liquid form. Honey, because of its sweeter taste, is used in the proportion of 3/4 cup honey to 1 cup sugar
decorating icings

marble molasses cake

honey rosebud cupcakes

sweetheart tartes

profitroles

angel hearts
- angel hearts
  Preparation time: 1½ hrs.
  1½ cups light corn syrup
  1 tsp. vanilla
  5 egg whites
  1 cup all purpose flour

  Boil syrup until it forms a soft ball (240°F) when tested in cold water. Beat egg whites until stiff but not dry, pour syrup over them slowly, continue beating. Add lemon juice and vanilla. Beat this mixture until it holds its shape. Fold in egg yolks, beaten until thick and light colored. Next fold in sifted dry ingredients. Bake in a large ungreased tube pan or in a heart mold in a slow (300°F) oven for 60 minutes or until done. Invert pan on a wire rack until cake cools and loosens from pan. Cover with valentine frosting.

Valentine frosting:
  1 egg white unbeaten
  ⅔ tsp. cream of tartar
  ½ tsp. vanilla

  Combine ingredients in top of double boiler; beat with a rotary egg beater until mixture is thick enough to stand in peaks (7-10 minutes). Spread on cake.

Serves 8

Tested in The American Home Kitchen

- Profiteroles
  Preparation time: 45 min.
  ¼ cup butter or margarine
  ½ cup hot water
  2 unbeaten eggs

  Heat butter and water in a saucepan. When butter is melted, add flour all at once, stirring vigorously until a ball forms in center of pan. Remove from fire, add the eggs one at a time and beat after the addition of each egg. The mixture should be very stiff. Measure one level teaspoon of the mixture and with the aid of another teaspoon drop onto a greased baking sheet, continue until all the dough is used. Bake in a moderate (375°F) oven for 30 minutes. Profiteroles should be light in color and free from beads of moisture. Cool, fill with vanilla or chocolate custard filling and serve with a hot chocolate sauce. Makes 45-50 small profiteroles.

Chocolate sauce:
  2 sq. bitter chocolate
  2 lbs. water
  ½ tsp. vanilla
  ⅔ cup sugar
  ⅔ tsp. salt

A no chocolate to water and place over low flame, stirring until blended. Add sugar and salt. Cook until mixture thickens, stirring constantly. Remove from fire, add butter and vanilla.

Tested in The American Home Kitchen

- sweetheart torte
  Preparation time: 1 hr. 15 min.
  2 cups sugar
  ⅔ cup butter or shortening
  ½ cup milk (separated)

  Cream shortening with only 1 cup sugar (reserve 1 cup). Separate eggs, beating yolks until thick and creamy; reserve whites. Add egg yolks to butter and sugar mixture. Add sifted dry ingredients (flour, baking powder, ⅔ tsp. salt) alternately with milk, having added vanilla to milk. Batter should be smooth. Divide batter into 2 oiled 8-inch layers (the bottoms should be covered with oiled wax paper). Now beat egg whites until frothy and then add cream of tartar and remaining ⅔ tsp. of salt. Continue beating until stiff. Fold in remaining cup of sugar and continue to beat. Divide this mixture over batter in each layer pan and spread evenly. Over top sprinkle 1 lbs. sugar and ⅔ tsp. cinnamon blended, and ⅜ cup shredded almonds. Bake at 350°F for about 40 minutes. Cool layers in pans before removing. Put together with a vanilla or chocolate custard filling.

Serves 8

Tested in The American Home Kitchen

- honey rosebud cupcakes
  Preparation time: 45 min.
  ⅔ cup butter or margarine
  ⅔ cup brown sugar
  1 egg unbeaten
  1 cup honey
  2½ cups sifted cake flour

  Cream butter, add sugar slowly and cream together until light and fluffy. Add egg and continue beating, then add honey, blending well. Add flour (sifted with soda, baking powder and salt and spices) alternately with sour milk, beating after each addition, until batter is smooth. Bake in greased muffin tins for 30 minutes in (350°F) oven.

Easy honey frosting:
  1 egg white
  ⅔ tsp. salt
  ⅔ tsp. vanilla

Add salt to egg white and beat until stiff, not dry. Pour warm honey in a thin stream over egg white while beating continuously until stiff and ready to spread. Add flavoring and spread on cupcakes.

294 cal. per serving

Tested in The American Home Kitchen

- marble molasses cake
  Preparation time: 1½ hrs.
  ⅔ cup butter or shortening
  1 cup sugar
  2 eggs beaten
  2 cups sifted cake flour
  3 lbs. molasses

  Cream shortening, add sugar gradually, and beat until light and fluffy. Add beaten eggs and continue to cream. Next add flour, which has been sifted together with baking powder and salt, alternately with the milk. Beat after each addition. Then remove ⅞ of the batter from bowl, add allspice and molasses to the remaining batter and beat well. Drop by tablespoons into greased loaf pan, alternating light and dark mixture. Bake in a moderate (350°F) oven for 1 hour. Serve plain or frost with your favorite icing.

Serves 6-8

Tested in The American Home Kitchen

- decorating icings
  For spreading:
  3 egg whites
  ⅔ tsp. vanilla
  2 cups sifted confectioners' sugar

  Beat egg whites until stiff, but not dry. Gradually sift confectioners' sugar into beaten egg whites, beating constantly. Add flavoring and continue to beat until icing is fluffy and stands firmly in peaks. This makes enough icing to spread generously on a 8 inch layer cake. May be colored and used in pastry tube to decorate edges and leaves on cake.

Sugar flowers:
  1 egg white
  1-3 ⅔ cups sifted confectioners' sugar

  Egg white should be beaten until stiff and enough confectioners' sugar added to make a pliable but not a sticky mixture. Test mixture by rolling in the palm of hand before starting to make flower petals.

Tested in The American Home Kitchen
**Sunday night special**

Preparation time: 1 hour

1 lb. frankfurters
1 large onion sliced thin
1 large green pepper, sliced thin

4 medium sized tomatoes, sliced
1 can kernel corn
⅛ tsp. pepper

In a greased low casserole arrange layers of sliced onion, sliced pepper, sliced tomatoes and niblet corn, seasoning with salt and pepper. Top with frankfurters that have been cut in quarters. Bake in a medium (375°F) oven for 45 minutes. Serve hot.

Serves 4

400 cal. per serving. Source of vitamins A, C, B complex

Tested in The American Home Kitchen

---

**bologna jamboree**

Preparation time: 45 min.

1 cup bologna diced
3 cups hot cooked noodles
1 cup evaporated milk
⅛ tsp. salt
⅛ tsp. pepper
2 tbsp. bread crumbs
1 lb. butter or margarine

Place diced bologna and cooked noodles in alternate layers in a greased casserole. Season with salt and pepper. Add 1 cup of evaporated milk and sprinkle bread crumbs over top. Dot with butter and heat in a hot (400°F) oven for 30 minutes until topping is brown.

Serves 6

566 cal. per serving. Source of vitamins A, B complex

Tested in The American Home Kitchen

---

**Texas fare**

Preparation time: 1 hr.

1 lb. frankfurters
1 large onion sliced thin
1 large green pepper, sliced thin

4 medium sized tomatoes, sliced
1 can kernel corn
⅛ tsp. pepper

In a greased low casserole place a layer of beans, a layer of hash and a layer of tomatoes, alternating until casserole is filled. Bake in a moderate (375°F) oven until it begins to brown (45 minutes). Poach eggs and place on top of the casserole just before serving. Or make 4 holes on top of hash, slide in raw eggs removed from shells and bake for 15 to 20 minutes longer, until eggs are firm.

Serves 4-6

437 cal. per serving. Source of vitamins A, C, B complex

Tested in The American Home Kitchen

---

**overstuffed onions**

Preparation time: 50 min.

8-10 medium sized onions
3 lbs. leftover meat
2 lbs. finely chopped mushrooms
2 lbs. bread crumbs
3 lbs. chopped onion (removed from centers)

Parboil onions for 10 minutes. Remove enough of the centers to form adequate hole for stuffing. Mix meat, mushrooms, bread crumbs, nuts, and onion in a bowl, seasoning with salt and pepper. Moisten with melted butter. Fill centers of onions with stuffing, arrange in a low casserole, pour stock or bouillon over onions and bake in (350°F) oven for 30-35 minutes.

Serves 4-6

152 cal. per serving. Source of vitamins A, B complex

Tested in The American Home Kitchen
When the man of the house pushes away his plate, don't weep! Instead, make up with he-man dish appeal! Serve him the food he likes best, combined subtly with the kind of food good health requires. Here are some alluring tricks: flavor vegetables generously with meat, have food he recognizes—mysterious dishes befuddle men, and top it off with a hot bread, a chocolate dessert and a hot cup of coffee!

3 teasers—meal-in-one dishes—for the problem husband who refuses to eat anything but the proverbial you know what!

Men like hash; they like eggs; wieners are favorites, too. Combine and you'll have two main dishes that no man can refuse! Like Jack Sprat he's sure to lick these platters clean.
Quick as a wink... and just as easy!

A teaspoonful in a cup
Add hot water
It's ready

A quick cup of
FULL FLAVORED COFFEE
—that's Nescafé

FULL FLAVORED, because in Nescafé all the aroma and flavor of freshly roasted coffee are "sealed in" by added carbohydrates, a distinctive process developed by Nestlé’s. In Nescafé, all the fragrance, goodness and stimulation of fine coffee are preserved for you, roasted fresh, until released in your cup.

And Nescafé is so easy to prepare... a coffee extract, powdered for your convenience, it saves so much time and work. There's no coffee maker to get ready or clean, no grounds to dispose of. Each cup is made to individual taste, always delicious, always the same.

Nescafé is economical, too, especially so as you make only the amount you want... you get all the advantages of Nescafé for about 1¢ per cup.

NESTLÉ'S MILK PRODUCTS, INC. - NEW YORK, U.S.A.
The American Home, February, 1944
LITTLE LADIES AID

— a really different child's party

THIS party is based upon two observations—that the two things most appealing to little girls are firstly, dress-ups, as they call them, and secondly, dolls—still, yet, and always. About this age there is another factor to be considered in planning a party. This is the active finger and agile mind combination that lies behind all the twitters and giggles. With these things in mind, we evolved the Little Ladies Aid party, in reality, a miniature version of that renowned sewing circle.

The morning of the big day was partially spent making sandwiches and cakes. These were sliced and cut and arranged on trays. The ingredients for a vat of hot chocolate were lined up, and thus refreshments were taken care of. Small celluloid dolls were bought for each child that was expected. A remnant sale very inexpensively provided several different materials and trimmings in the form of old garments. Some rickrack and edging, needles, threads, pins, and tiny dress patterns—and the party equipment was ready with very little effort or expense.

Our last minute qualms—that this would never be a success—were sufficiently squelched with the first arrivals. They pounced on the big sewing basket in the middle of the floor and lost no time in exploring its treasures. With vast pinning and changing of mind, there finally emerged some mighty cute dresses. One had made a ballerina skating costume, one a darling gingham housedress with red rick-rack edging, another an elegant lace evening dress and mantilla. A fourth, in what was perhaps a desperate attempt to evade as much sewing as possible, had ripped the collar of the blouse and draped it over her hat. The collar of the blouse was draped over her shoulder to toe à la chiaparelli—at the least. Time whizzed by, while they chattered and sipped to their hearts' content. When later the hot cocoa and trays of sandwiches and cakes were served—truly, they would hardly stop to eat.

What thrilled us most was their own resolve to have a weekly sewing meeting. Thus our party, that we had rather jestingly entitled the Little Ladies Aid Society, actually came into being. Each little lass took home her trophy, and for several weeks the meetings were devoted to dressing up these dolls. Each ended with a complete wardrobe. Then the young ladies progressed to making themselves aprons, and they can now be heard hatching grandiose plans for future ventures. Our party has become a truly educational affair, and one of which we are very proud.
No lunch-box meal is quite complete
Without Heinz Mustard
for the meat!
On hamburgers and hot dogs as well
Its racy tang tastes simply swell!

**For Clear-Eyed**
**MORNING**
**FRESHNESS**

**Try This Tonight**

**IF YOU** wake up tired and listless—if your freshness and "sparkle" are slipping away in the stress of these strenuous times—you should know this!

Thousands are drinking a cup of Ovaltine night and morning—for radiant morning freshness and vigorous days.

For Ovaltine is a scientific food-concentrate designed to do two important things.

First, taken warm at bedtime, it fosters sound sleep, without drugs. Second, it helps to build you up while you sleep. According to experts, two glasses daily, made with milk as directed, supply all the extra vitamins and minerals you need for utmost vitality—provided you just eat 3 average-good meals a day, including citrus fruit or tomatoes. In addition Ovaltine also provides the basic food elements absolutely necessary to rebuild muscle, nerve and body cells, and for vitality and endurance.

So why not turn to Ovaltine tonight, for better sleep and for morning freshness? **OVALTINE**

---

**CLIFFORD PARCHER**

MABEL, our maid, is now making holes in nuts—not doughnuts, either! Of course, it's a big help to the war effort, and we're glad to let her go. But when the nuts are licked and the boys come marching home, we'll be delighted to see Mabel marching right back into our home, too.

But we didn't start out to tell you about Mabel's problems. The idea was to discuss your problems, blessings in disguise if you're cheery enough to see it that way. There's no getting away from it; there are advantages in not having Mabel under foot. Week in and week out it's bad enough to think of getting back to the aiJ of his party or coming later in the morning when it's good to have a legitimate excuse to make a practice of picking up his clothes and making his bed.

The male member might come to the aid of his party by picking up his clothes and making his bed in the delegation of duties. Then there's preparation, part of which is mental and part physical. Finally, there's simplification of procedure. You'll soon wonder why you were so disturbed when Mabel broke the news to you.

Your own time! Are you playing bridge too many afternoons? Maybe you've been going to market every day instead of every other day or twice a week. Or perhaps it's fun dawdle over coffee and newspaper in the morning. With a little careful thinking, you can find the weak spot a lot faster than I can find them.

Organize your household duties just as efficiently as you did your own time. Don't let a task escape you; write them all down. Decide first how often each duty must be attended to and the best time to do it. The hard jobs should be scheduled for morning when you're still fresh and ambitious. Meal planning comes earlier in the morning when you have a legitimate excuse to sink into a soft, comfortable chair.

Now that Mabel's gone, the "delegation of duties" might sound silly to you. But it isn't. If you're lucky there's the cleaning woman who you come in one day each week. Pick the things you want her to do, and put them down in black and white. Then, there's the family. Take easy, men! But maybe you'd find as soon make a practice of picking up your clothes when you get home and possibly you'd be willing to make the bed every other morning! It might even be fun!

In the beginning of your Mabel-less household, some plan or program must be thought out and put in "motion." The organization of your time and work must be considered first. The next step might be called...
CONSULT YOUR DOCTOR REGULARLY. Ask him about the advantages of improved Hygeia Nursing Bottle with easy-to-clean wide mouth, wide base to prevent tipping, scale applied in color for easy reading. Famous breast-shaped Nipple has patented air-vent to reduce 'wind-sucking.'

HYGEIA "STERI-SEAL" CAP—Another important improvement. Prepare formula and fill bottles for day's feeding. Then attach Hygeia 'Steri-Seal' Cap (see arrow in picture) and formula are kept germ-proof until feeding time. Ask your druggist for Hygeia equipment today.

HELP WIN THE WAR by conserving rubber. Use a separate nipple for each feeding. Clean immediately after use. Avoid excessive boiling.

The children will prove to be willing little helpers if made to feel responsible for definite chores.

No doubt you've already thought of having two meals a day in the convenient located breakfast alcove, into the living room when you're serving refreshments, or other small objects to wherever they're going. Keep a basket bandy, too, to serve the same purpose for items that are going down to the basement.

Another preparation idea is to keep a duplicate supply of cleaning tools—rubbing cloths, sponges and scrubbing brushes. This will cut down your laundry work considerably. The idea is to go over your floors, it can be applied to work, brick hearths, metal ash trays and andirons—even parchment lamp shades. This protective coating will facilitate dusting and thereby save you a lot of work. You might eliminate some of your draperies, substitute plain, tailored curtains for fancy, ruffled ones. And don't forget to use plain, tailored curtains for fancy, ruffled ones. And don't forget to use.

No doubt you've already thought about the extra things they can be made to do to help. In addition, you'll be reminded how to take care of appliances in these can't-be-replaced-days.

The second item of preparation is striping. The idea is to go over your whole house and put away all the odds and ends that serve no important purposes; bric-a-brac from the mantel, books on the end tables that are kept there only for decoration, and all the other gew-gaws that you never use. Just think of the dusting and adjusting that will be saved.

A good ally in your preparation program is wax. Besides using it on your floors, it can be applied to woodwork, brick hearths, metal ash trays and andirons—even parchment lamp shades. This protective coating will facilitate dusting and thereby save you a lot of work. You might eliminate some of your draperies, substitute plain, tailored curtains for fancy, ruffled ones. And don't forget to use paper products as long as they are available. This will cut down your laundry work considerably.

Now look in the top of your closet for some large trays. They're grand to take food and dishes to and from the dining room table, into the living room when you're serving refreshments, or other small objects to wherever they're going. Keep a basket bandy, too, to serve the same purpose for items that are going down to the basement.

Another preparation idea is to keep things in more than one place. Find an out-of-sight place for some dusters in each room where you do frequent dusting. Likewise, keep as much of the other gew-gaws that you never use. Just think of the dusting and adjusting that will be saved.

No doubt you've already thought of having two meals a day in the conveniently located breakfast alcove, but has it occurred to you that you can keep up your entertaining by doubling up? Have friends in for dinner on two successive nights. Or have a couple for dinner and then arrange a little luncheon for the following day. All the special cleaning up will do for both occasions; flowers that
Special Offer—All 4 for Only 10c

Peach Vine
Blue fruit in 80 days. Recommended for cold climate, color, slips, and bloom. Grow on trellis. Plant for two years, space plants 12 ft. apart. Just a few cents each. Shipped free for 5 or more.

New Climbing Cucumber

Yd. Long

An excellent variety and a very interesting novelty. Vines are prostrate. Flowers orange yellow. Fruit long, shining, large, delicious. Good for canning. Large bunches of semi-finger tips to 4 ft. long. A very fine variety.

E. J. MURVON SEED CO., Dept. B-39, NORWALK, CONN.

Lavender Lady
CHRYSANTHEMUM

Loveliest lavender, exquisitely formed, fully double flowers 4 inches across, from end of Sept. all fall. For home, office, plants postpaid, 50c each.

Special 3 for $1 (Value $1.50)

FREE Catalog The Parade of NURSERIES and Perennials—all in color. Write for a copy, best of the season's. Postpaid postpaid.

KRIDER NURSERIES
Box 8, Middlebury, Ind.

Red Flowering 4 Leaf Clover

OXALIS OR AMERICAN SHAMROCK

One of the earliest of all bulbs to plant and grow. Produces a succession of lovely rose red blooms from early summer until late fall. Plant in a sunny location. Dig bulbs in fall. Blooming size bulbs, 40 for $1, postpaid.

FREE BOOK "Glories of the Garden"—America's Most Helpful Garden Book. Write for a copy today.

KRIDER NURSERIES
Box 8, Middlebury, Ind.

Maule's Giant Aster

QUINTUPLE APPLE TREES

A NEW type of tree that produces 5 certified varieties on a single rootstock. Home Orchardists, nurseries, etc., often order 5, 10, and more. Stark's Nurseries, Dept. A, Geneva, N. Y.

DELPHINIUM

THE FAMOUS VIPPERLE & REDDY GIANT PACIFIC HYBRIDS

WILL BLOOM THIS SUMMER

3 MONTHS' GORGEOUS BLOOMING AFTER YEAR

Azaleas

AZALEAUM

FIRST YEAR—1500 2ND YEAR

KELLOGG'S SENSATIONAL FLOWER GARDEN NOVELTY!

you get for decorations will take care of both affairs; the hot roast of the first meal (if you're lucky enough to find one) can be served cold the next day. You'll cut expenses, too.

There are other little tricks, too. You can speed up the dusting by using both hands, as long as you don't let your left hand know what your right is doing. Desserts for two meals can be made at the same time a lot easier than at two separate times. Spots are removed quicker right after they are made. Special brushes are available for cleaning venetian blinds, radiators, and other queerly shaped objects; and a paint brush provides an easy way for dusting the tops of books. Liquid glass cleaners are available with spray attachment; there are dust resistant fabrics, washable wallpapers, and all sorts of things to ease your tasks and allow more leisure.

Before we leave the subject of simplification, there's one more idea that will prove welcome. After an evening of entertainment at home, spend a few minutes straightening up the living room. It is so much easier then than in the morning. And as you take the soiled glasses to the kitchen, take another minute or two to start breakfast preparations, at least to the extent of setting the table and getting the orange juice squeezed out. You'll be thankful the next morning.

Just a word about the financial changes of losing Mabel, and then when you jump into your program. There are no two ways about it—Mabel's departure will mean extra money in the family pocketbook.

After entertaining, spend a few minutes straightening up. It's easier then than in the morning.

You can do what you want with these funds, but don't say we didn't help you spend them! The money spent on Mabel's food will be needed to cover increased prices. Then, of course, the cleaning woman will have to be paid from this source. From here one's a jump, but he or she is putting half the amount into War Stamps and using the balance for hobbies or recreational equipment voted upon by the whole family.

You'll be working hard while this program gets into high. But, shades of Mabel's departure will mean extra money in the family pocketbook.
Don’t economize on your child’s eyesight!

VIRGINIA SKINNER

MORE than ever before, Americans are conscious of the need of a home health program. Emphasis has been placed upon nutritional meals, exercise and recreation, and we hope that parents will place the same emphasis upon their children’s eyesight. To do this they must adopt an eye health program, and a good start for such a program is a comfortable, well-equipped study with a big desk and a good lamp to see by.

A desk lamp, to be good, should meet the following requirements: (1) white lined, flaring shade to reflect light; (2) sufficient height to spread light over desk area; (3) diffusing bowl to prevent glare and diffuse light; (4) large enough bulb (75 to 100 watt).

In the last few years I have talked to hundreds of boys and girls about study and reading habits. The errors they make when reading may be easily corrected with a little insistence and warning from parents. I frequently ask children how many of them read the funny paper. The answer is a unanimous raising of hands. When I ask them where they read it, the answer is again 'light shines directly below light from stamp book. The right way is shown below—'

At left, the children block off light from stamp book. The right way is shown below—light shines directly on book.

Ferry’s Seeds to yield big returns and produce vegetables chock-full of nutrition and flavor.

PLANT FERRY’S SEEDS

Twenty-one million garden plots will soon be growing nutritious, healthful food for the home front—food vital to Victory. But whether you get the yield you should depends in large measure upon the quality of the garden seeds you plant. Ferry’s Seeds have been planted by successful gardeners for 87 years. They depend on Ferry’s Seeds to yield big returns and produce vegetables chock-full of nutrition and flavor.

Plant your vacant garden plot with Ferry’s Seeds—it’s vital ground—and “Let the Good Earth Produce.”

On Display At Your Local Dealer’s.

FERRY-MORSE SEED CO.

FERRYS SEEDS

GUARANTEED TO BLOOM

At left, the child blocks off light from stamp book. The right way is shown below—light shines directly on book.

Ferry’s Seeds to yield big returns and produce vegetables chock-full of nutrition and flavor.

PLANT FERRY’S SEEDS

Twenty-one million garden plots will soon be growing nutritious, healthful food for the home front—food vital to Victory. But whether you get the yield you should depends in large measure upon the quality of the garden seeds you plant. Ferry’s Seeds have been planted by successful gardeners for 87 years. They depend on Ferry’s Seeds to yield big returns and produce vegetables chock-full of nutrition and flavor.

Plant your vacant garden plot with Ferry’s Seeds—it’s vital ground—and “Let the Good Earth Produce.”

On Display At Your Local Dealer’s.

FERRY-MORSE SEED CO.

FERRYS SEEDS

GUARANTEED TO BLOOM

At left, the child blocks off light from stamp book. The right way is shown below—light shines directly on book.

Published in The American Home, February 1944.
**Advance Notice to American Home Readers**

**Now for the first time**

**ONE A DAY**

**BRAND**

*MULTIPLE VITAMIN CAPSULES*

You Get These '8 Vitamins in One Tiny, Low-Cost Capsule Daily!

**A**

**YOU WANT TO TAKE VITAMINS** to help prevent or correct a deficiency which may result in loss of energy or mental ability, or to help your diet when you are sick or growing... (NOTE: For specific information see pages 9, 10, 11, 12, 13).

**B1**

**YOU WHO TAKE VIITAMINS**, but stopped because you found it too costly to take 3 or 4 capsules or tablets daily...

**B2**

**YOU WHO ARE TAKING VITAMINS** and want to continue getting the protection of quality Vitamins but at a low cost...

**B6**

... here are the Multiple Vitamin Capsules you've been waiting for, hoping for. Here, in a single, tiny capsule, is the Natural Vitamin E, and the Natural Vitamin K, in each capsule that you take no less than 3 or 4 daily, but only one. And you pay for only one.

**This is why One-A-Day (brand) Multiple Vitamin Capsules cost so little to use and are so much easier to remember to take regularly. Go to your druggist today. Tell him you want the NEW One-A-Day (brand) Multiple Vitamin Capsules. The coat?... only 6c per day in the family size!**

Whether you want A and D Vitamins to help keep up normal resistance to colds—or 8 Complex Vitamins to prevent a 8 Complex deficiency which can result in loss of energy—or the new 8 Vitamin Multiple Capsules—ask your druggist for ONE A DAY (brand) Vitamins. "ONE-A-DAY" (brand) is the registered trademark of MIKES LABORATORIES, INC.

**MILES LABORATORIES, INC. • Makers of Alka-Seltzer**

**Advance Notice to American Home Readers**

**Now for the first time**

**ONE A DAY**

**BRAND**

*MULTIPLE VITAMIN CAPSULES*

You Get These '8 Vitamins in One Tiny, Low-Cost Capsule Daily!

**A**

**YOU WHO WANT TO TAKE VITAMINS** to help prevent or correct a deficiency which may result in loss of energy or mental ability, or to help your diet when you are sick or growing... (NOTE: For specific information see pages 9, 10, 11, 12, 13).

**B1**

**YOU WHO TAKE VIITAMINS**, but stopped because you found it too costly to take 3 or 4 capsules or tablets daily...

**B2**

**YOU WHO ARE TAKING VITAMINS** and want to continue getting the protection of quality Vitamins but at a low cost...

**B6**

... here are the Multiple Vitamin Capsules you've been waiting for, hoping for. Here, in a single, tiny capsule, is the Natural Vitamin E, and the Natural Vitamin K, in each capsule that you take no less than 3 or 4 daily, but only one. And you pay for only one.

**This is why One-A-Day (brand) Multiple Vitamin Capsules cost so little to use and are so much easier to remember to take regularly. Go to your druggist today. Tell him you want the NEW One-A-Day (brand) Multiple Vitamin Capsules. The coat?... only 6c per day in the family size!**

Whether you want A and D Vitamins to help keep up normal resistance to colds—or 8 Complex Vitamins to prevent a 8 Complex deficiency which can result in loss of energy—or the new 8 Vitamin Multiple Capsules—ask your druggist for ONE A DAY (brand) Vitamins. "ONE-A-DAY" (brand) is the registered trademark of MIKES LABORATORIES, INC.

**MILES LABORATORIES, INC. • Makers of Alka-Seltzer**

unanimous—"on the floor." Reading on the floor is ERROR NO. 1. It has been proven that there will never be enough light on the floor unless a lamp is placed there beside them. The place to read is sitting in a chair beside the lamp.

When reading on the floor, a child frequently cups his chin on his hand, bringing his eyes too close to the reading material (less than 14") Hence, there is a strain on the eye muscles in attempting to focus, Holding reading material too close to eyes is ERROR NO. 2. Remember that light magnifies. Grandma took her needle to the window to thread it. There, power­ful daylight made seeing easier and the eye of the needle appeared larger. In exactly the same manner newsprint or bookprint appears larger with plenty of light. In ade­quate light, if a child finds it necessary to hold a book closer than 14", his eyes should be examined by a responsible eye doctor.

Because their eyes are young and healthy, children pay little at­tention to the location of the light, and frequently read or play with their bodies casting shadows on objects they want to see. ERROR NO. 3: Propinquity is important if you want full value from your light. Light falls off rapidly and loses its strength. We can be much more sure of getting sufficient light when lamps are close to the reading material. Light is rarely strong enough when lamps are two or three feet from the reader.

ERROR NO. 4 is glare, a bugaboo which children should be taught to avoid. Unshaded light is uncomfort­able, causes jagged nerves, and never helped us to see. A child who must study with glaring light will go to bed nervous with irritated or badly strained eyes.

Nutrition experts have taught us to be on guard for ERROR NO. 5—improper diet for eyes. Vitamin A as found in leafy, green vegetables, milk, yellow colored foods, gives us visual acuity. Many an 18-year-old has been rejected from the Air Force because his eyes could not meet the rigid re­quirements for precision seeing. Girls have been turned down for certain defense jobs because their vision was not keen enough. If you are a mother of growing chil­dren, watch their habits of see­ing. The time to safeguard eyesight is when children are young. With the appalling percentages of eye defects among our armed forces, higher than in the first World War, definite attention to seeing habits, and adequate lighting in schools and in homes is in order.
Olson works "Rug Magic" with Old Rugs, Clothing!

An Exquisite Wine Red. Like all Olson Rugs, it brings rich, modern broadloom beauty at small cost.

Early American. Two of our many rich, authentic designs that have won wide praise and popularity.

Modern Tone-on-Tone Leaf Designs in soft Greens, Wine Reds, Blues, Woodtone Browns, Rose Quartz.

Charming 18th Century Florals. Like all Olson Rugs they're Reversible for extra wear and luxury.

Pastel Blue for modern loveliness. Color is the secret of beautiful rooms. See catalog for other blues.

Charming 18th Century Florals. Like all Olson Rugs they're Reversible for extra wear and luxury.

Grey Green, one of our most appealing greens. Has depth, richness of tone—luxuriousness underfoot.

Learn How
YOUR VALUABLE MATERIAL - Can Save up to 1/2

Start Easy! Write for beautiful FREE Catalog in colors that tells how—

Material is picked up at Our Expense at your home, or by Freight or Express and shipped direct Olson Rug Factory. Catalog shows how—

Famous Olson Re-Waving Process we are hired, sterilize, sort, merge and reclaim the good wool and other valuable materials in old carpets, blankets of all kinds; then steam, pick, comb, bleach, spin, redye and weave beautiful, deep-textured . . .

Broadloom Rugs that will be woven Seamless for double the wear and luxury.

Tone Leaf designs, colorful Early American and Oriental patterns, popular Solid Colors, soft Tweed Blends, dainty Ovals. Sizes For All Needs up to 16 feet wide, seamless, by any length.

Look Ahead. Save old materials of all kinds and colors. They are more valuable to you today than ever.

Over 2 Million Customers. Read praise from editors, radio home experts, women everywhere.

Our 70th Year. We guarantee to please you, or pay for your materials. We never employ agents or sell through stores. [Sorry, if War Work sometimes causes delays but Olson Rugs are worth waiting for].

Largest Makers of Rugs Dealing Direct With Home.

Mail this COUPON or 1c Post Card

FREE
RUG BOOK in COLORS


Gentlemen: Please mail, FREE and without obligation, the big money-saving Olson Rug & Decorating Book to:

Name............................
Address..........................
Town............................State......
Bill got a germ and made the honor roll *

the protective wheat germ
in hot Ralston cereal

No Diet Complete Without Whole Grain

Delicious Hot Ralston is Whole Grain Plus Extra Amounts of Protective Wheat Germ

Just a bowlful
Of nourishing hot Ralston each day
May mean the difference
Between the child who leads the class
And one who lags behind
Because this natural whole wheat cereal
Has an extra amount
Of the natural protective wheat germ
The rich golden heart of wheat
That releases new energy, strengthens nerves,
Promotes growth, aids appetite and digestion
Serve this grand build-up breakfast
To your family regularly
Ask for hot Ralston... thrifty, not rationed.

Ralston makes wonderful Scrapple!
Mock Scrapple: Cook 1/4 lb. ground veal or beef in 2tbls. shortening until brown. Add 2/3 cup milk, heat to boiling. Stir in 1/2 cup Ralston cereal so slowly mixture does not stop boiling. Add 1 tsp. salt and 1/4 tsp. pepper. Roll 5 min., stir frequently. Pour at once into well oiled pan. Chill until firm. Unmold and cut into 1/2-inch slices. Roll in 1/4 cup uncooked Ralston and brown in hot shortening. Serve plain or with fried apples. Serves 6.

FREE TESTED LOW-POINT RECIPES
Save points and pennies—add new interest to wartime meals with Ralston meat-stretching dishes, custards, pancakes, dumpings. For 10 free recipes, write Ralston. 49 Checkerdboard Square, St. Louis 2, Mo.