The On Guard ... I OME AMERICAN TOME

DIRT GARDENING • 5 POSTWAR HOMES • DECORATING IDEAS GALORE



"Look what

PIN STRIPES PIN MONEY

did to our old bathroom"



AT FIRST it looked so hopeless. I didn't see how we could ever fix up that awful old bathroom without buying all new things. The worst eyesore was that old-fashioned bathtub. But where could we get a new one these days, even if we had the money?

If I could only do something to camouflage that tub. Maybe painting the outside of it to blend in with the floor would help. But first I'd have to have the right floor.

Then I decided to do something quite daring. With the help of my Armstrong's Linoleum merchant I designed a floor I knew would give my room a lift-Black Marbelle with white pin stripes-a color scheme that would let me paint the outside of my tub black. It worked like magic. The whole ugly bottom part of the tub just seemed to disappear.

But that was only the beginning. We painted the walls to match the floor-with pin stripes, too. Jack did that part of the job and built the dressing table. That's one luxury I've always longed to have in my bathroom. He made it of wood, with a plain black linoleum top, so smart and so very easy to keep clean.



With just a few yards of inexpensive white muslin and some black braid for the pin stripes, I made the draperies and the skirts for the lavatory and dressing table.

And how do you like my idea for disguising the old ceiling light? It's really a discarded bird cage, painted black—then hung right over the old fixture and filled with artificial flowers just like the ones around the mirror and in the vases over the tub.

Proud of my new bathroom? Why shouldn't I be, when my own pin money paid for it, even to the Armstrong Floor that started it all!

These "before and after" pictures show what can be done right now to transform an out-of-date bathroom. No change in fixtures, but a big change in appearance. It started with an Armstrong Floor-Black Marbelle, Style 021, with stripes of plain white. Dressing table is covered with Armstrong's Plain Black Linoleum. Complete list of furnishings and sketch of room plan will be sent free if you write.

Do-it-yourself ideas are yours if you write for "Ideas for Old Rooms and New," by Hazel Dell Brown-a book of practical suggestions for every room in your house. All ideas shown in full color. Just 10¢ (40¢ outside U. S. A.). Armstrong Cork Company, Floor Division, 4405 Pine St., Lancaster, Pa.

ARMSTRONG'S LINOLEUM FLOORS

for every room (A) in the house





"I'M SICK OF LEADING THIS KIND OF A CLEAN LIFE!"

"MAYBE YOU THINK it's a cinch, keeping our clothes spick and span, with a broken-down bathroom for a laundry! But I could yell!"

Jim was giving me his please-we're-in-the-Army look, and right away I felt contrite.

"Never mind, darling," I told him. "After the war, our Washday's going to be a joy! And if you think that sounds like a dream, you're right! Only it makes more sense than any dream I ever had!"

"I'm listening . . ." said Jim.



"Y'know, that home we're planning to own when the war's over—Jim, let's have a General Electric laundry in it! "I can see it now! There'll be a G-E water heater, giving simply scads of hot, hot water, automatically . . . And a sparkly-white G-E washer that's practically human! I'll just pop in the clothes, and it'll wash them without my dipping a finger in the water . . . and rinse them—and damp-dry them, all by itself!



"And the most amazing ironer! Works as easy as pushing a feather! It'll iron everything, all crisp and beautiful—and won't even let me mention the word 'backache."

Jim grinned. "Anything that'll save you a lot of work is okay, honey. But—have you dreamed up who's going to pay for this? Sounds 'big-money' to me."

Well, I had him there. You see, I happen

to know that, after victory, G.E. will have wonderful home-laundry equipment priced so people like us can afford it. "Couldn't we just start planning now—for the 'G-E kind of clean living'?"

"You bet we can," Jim said. "And say— I'll even do the first week's wash myself!"



"Everything Electrical for After-Victory Homes"

GENERAL @ ELECTRIC

TUNE IN: "The G-E All Girl Orchestra," Sunday, 10 p. m., E.W.T., NBC. "The World Today"—news every week-day, 6:45 p. m., E.W.T., CBS.

FOR VICTORY I Today, General Electric is working full speed to hasten the day of Victory. You can help, too, by buying War Bonds NOW I



F THINGS have been dull for you lately and a great deal of controversial gabbing is what you long for—toss in two words—"war" and "mother" and then roll up your mental sleeves and prepare for action.

That's what we did. We published Helen Sloan Stetson's article, "Dear Mother," presumably a son's letter to his mother before going to war. Some of our readers liked it, some didn't. Everyone's blood pressure seems to have returned to normal now but maybe you'd like a little stimulation. Oh, come on now—be fair. If you didn't like the article read the comments of the readers who did, and if you did like it, why not stir up the brain cells and see how the other half thinks?

"Can't you give us a series of 'lovely ladies' articles? The 'Dear Mother' article is a real contribution toward saner feminine attitudes and activities. Because lovely ladies oh-so-charming and oh-so-gracious couldn't bear to hear about ugly life happenings, we are now face to face with the most awful ugliness that can befall mankind. Realists' voices were silenced. Hushhush words held full sway. Less loveliness and more mental honesty might have saved the nation from such slaughterings and cruel sufferings as we're now getting in this war. . . . Of course, our males back the women up, encourage them, are part of all practices of shrinking from the truth. The schools of mental dishonesty are many and big-also, coeducational. However, this can't excuse the female sex for having mental delinquency habits.-Mrs. A. Lyon, Pennsylvania.

And here is another reader who liked it. "I have just read 'Dear Mother' and I do feel we should all thank you and Mrs. Stetson for it. A homemaker's first instinct so fatally often is to try to shut out the world and its problems, to wall out the confusion, the terror and hurt of today's great disaster, and to pretend fiercely that it isn't there. If we are allowed to do it again, we'll bring another generation cown in ruins, ten or twenty years from now. Soplease give us more articles to keep us on guard, awake to our tremendous responsibilities."—Monica Hobbs, North Carolina.

Now that you've read some "pros" here we go for some "cons." Ready? "Poor selecting when you publish such trash as 'Dear Mother.' No doubt he is one in a million that inspired mother to write such junk. My boy went away without a sneer on his face, without blaming his mother or his veteran dad for what he has to face. My boy went away to fight for America, mistakes or no mistakes. He figured that when trouble arose ten blocks away there was no use in calling a cop ten miles away to settle things but it looks like that's what happened."—A. J. Freeman, California.

"That special little article 'Dear Mother,' instead of being listed under 'Inspirational' should have been listed under 'Propaganda.' 'John' seems to think he has found the solution to the problem of war but if his ideas are followed we shall be involved in more wars-not less wars. Let 'John' and his parents probe, study and dig for the truthhow we became involved in World War I. Much sand (propaganda) will be thrown in their eyes to try to prevent them from finding the truth but persistence will win. The first casualty of war is Truth and as George Washington said, 'eternal vigilance is the price of Liberty.' Half-truths uttered by John' are more vicious than outright lies. Unless you wish to get into a real discussion of our involvement in foreign wars (which would have to be postponed until this war is over), please confine your articles to home decorations, gardens, etc."-Mrs. J. A. Boersig, Ohio.

One more on "Dear Mother" and then we get to other article discussions. "Is it necessary to sugar-coat truth to make it digestible for adult readers? And isn't it even more shocking to feel impelled to offer truth dished out as a sort of super-wisdom of modern youth-youth, if one were to take the letter signed 'John' as a sample, that plainly shows it has no clear understanding of the past, is badly muddled on today, and has little or no perspective on the future? The small part of truth that comes through to any of us should be shucked of all moth-eaten sentimentality: it should be stripped of all peeling gilt, and above all it should be saved from the cornsyrup dippings it so often gets when being handled by self-righteous youth. . . . The most that any parent can do for children is to assure them that, though they should

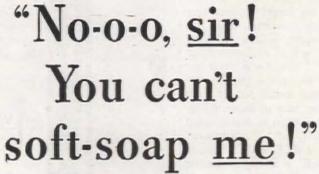
CONTENTS

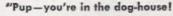
May, 1944 Vol. XXXI, N	0.6
Cover Design: See Page 44	
Special Monthly Features	
Patterns—Get the House Ready	
for Your Summer Life—II	74
Personal—Gardening Do's and Don't's	
Phoebe Radcliffe	76
American Institutions—II Salads	86
Recipes—	0,
Children	
Whose Apronstrings? Rachel Rubin	28
It's a Pin-up for Sonny	36
Attic Space for a Boy and a Girl Edna Ebmeyer	54 84
Children's Party Ideas Ellen Osgood Dear New Mother Aunt Sue	92
•	-
Decorating	
Touches!	26
Collectors Turn to Tables Ruth W. Lee	30
The Blossoming of Apple Tree House—Clement F. Theisen Home	40
F. Theisen Home	44
Starched with American Stamina	
Martha B. Darbyshire	48
Attic Space for a Boy and a Girl Edna Ebmeyer One Room Home for a War-working Army Wife	54
Ruth W. Lee	62
Gardening	
A Day with the Edson Rices Ruth W. Lee	24
We Need Flowers in Wartime, Too	66
Any Gardener Can Have a Humus Factory	
Nancy Richey Ranson	69 70
Garden Stakes from the Wild . Gertrude Selby	10
Handicrafts	
Need More Tables!	
Cobbett Williams, June Ortgies, K. Louis	52
Get the House Ready for our Summer Life-II .	74
Homes and Maintenance	*
They Have Postwar Homes Now—Homes of Milford	
Zornes, Lewis M. Abrahms, Saville R. Davis, W. R. Coates, David B. Hill	14
Make Things Last! R. W. Sexton	
Parties, Food and Housekeeping	
Knots for the Bride-to-Be . Louise Price Bell	80
Children's Party Ideas Ellen Osgood	84
American Institutions—II Salads	86
Recipes	87 92
Blanket Care	
Blanket Care Catherine Blondin Kill Him Constance Holland	98
The Housewife Gets a Raise! . E. L. Schweiger	102
15 Wrong Pictures	106
Inspirational	
Dear American Home	4
Train Your New Dog J. Julius Fanta	78

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BUY MORE WAR BONDS





"You've no business hopping on the bed when my back's turned. With those muddy

"M-m-m-I know those Cannon Sheets of mine feel lo-o-vely and smooth and soft. But look, pooch-I'm trying to take super care of 'em, so they'll wear and wear, the way Uncle Sam wants. And you're no help!

"It's this way, pup. If gals like me make their sheets last longer-and don't buy any unless they really need them-that'll be one more little way to 'save and conserve' for the war effort. Your master'll be home that much sooner to rumple your ears!

"Okay-I accept your apology. See that you co-operate from now on-so I can get along with the sheets I have till it's all right to stock up on new ones. They'll be Cannon Sheets, too-can't beat 'em for looks and

"Now-off to the washtubs. (Not youthe sheets you walked on.) Sit down and watch all the sheet-saving tricks your smart mistress knows!"

Cannon Percale Sheets



Made by the makers of **Cannon Towels and Hosiery**



- 1. I soak my sheets only 15 minutes, in clear, cool water.
- 2. I swish up lots of suds with hot water and a good soap.
- 3. I lift the sheets out before I empty the tub.
- 4. I rinse and rinse and rinse till the water's ab-so-lutely clear.
- 5. I fold my sheets right side out, hem to hem, and hang 'em with the hems hanging over the line about a foot. The sun does my bleaching!
- 6. I thank my stars for Cannon Percale Sheets! Listen, anybody who must buy sheets: Cannon Percales, the dreamy things, cost just about the same as heavy-duty muslins! Although they're wonderfully soft and light, they're Methuselahs for wear. And they're so finely woven-with 25% more threads than the best-grade muslins!
- 7. I hear you can't always find the exact sizes you want in Cannon Percale Sheets. (The war, again.) Then ask to see Cannon economy Muslin Sheets - wellconstructed, long-wearing, a dandy value! (And, P.S., if your "must" list says towels, Cannon Towels are whizzes!)

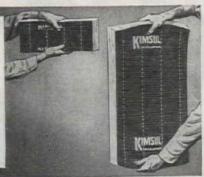
Cannon Mills, Inc., New York 13, N. Y.



Here's why it's so easy to install KIMSUL yourself

Light and Compact

Like a closed accordion, KIMSUL comes to you compact and convenient—compressed to 1/5th its installed length. That means 1/5th the bulk, 1/5th the number of rolls needed to insulate your attic. Add to this the advantage of light weight... and KIMSUL saves you as many as 32 tiring trips up and down the attic stairs.



Fits Like a Glove

Kimsul fits snugly between the joists in your unfloored attic. Simply fasten one end of the blanket at junction of floor and eave. Stretch it taut and fasten to opposite eave. Repeat for each open section of the floor. That's all! If your attic is floored, apply kimsul between the rafters of your sloping roof.



No Fuss ... No Muss

You don't have a house-cleaning job on your hands after KIMSUL is installed. There are no siftings, no dust or dirt. Order KIMSUL today from your lumber or building supply dealer, department or hardware store. Kimsulate your attic and enjoy a cooler home during the summer; save up to 30% on fuel during the winter.



*KIMSUL (trade-mark) means Kimberly-Clark Insulation

KIMSULATION INSULATION

Fire-Resistant There is no insulation known that will make your home fire-proof. But the insulation must not clark

Clark

BESSARCH

Fire-Resistant There is no insulation when the insulation must not fire-proof. But the insulation must not add to the fire hazard of a wood frame structure. KIMSUL meets this requirement because it is chemically treated to resist fire.

KIMBERLY-CLARK CORP., Building Insulation Division, Neenah, Wis.

Please rush NEW FREE BOOKLET with full information about easy-to-install KIMSUL insulation.

We now live in: ☐ Our Own Home ☐ Rented House ☐ Apartment

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give their best to life, not even their very best will be good enough to last-thank God for that. There is a lot of tosh being babbled about how we fought to make the world safe for democracy in the last war. We fought because we were driven to it by a lot of power-crazed people. . . . The slogan 'safe for democracy' was not a popular one with our troops abroad, nor did many of them ever hear of it until long after the war when it was dragged out and dusted off . . . besides all that, this is a REPUBLIC. Sneering at the 'oldfolk' is a very disgusting habit in this country which has made a shrine of youth and worships it foolishly and with devastating effect for all concerned. Every age has its use and its field for effort in the common cause of human progress and happiness. . . . Tossing the whole mess of mistakes into the laps of a few American mothers is cowardly and stupid. While it is quite obvious that women must educate themselves to take their rightful amount of responsibility toward life in general, that should not upset the balance of power nor lessen the responsibility of men. Yours for more common sense and less drivel about our place and purpose at the Peace Table."-Mrs. J. C. Sturgis, California.

And now would you like to hear what a couple of readers think about one of our men writers? Next on the agenda is "A Blow—Not Without Its Blessing," by Clifford Parcher.

This reader points out "I could not let the article go by unchallenged. Of course, written by mere man, allowances should be made but wellhere is my reaction. Our home is 'Mabel-less,' always was and probably always will be. We have six youngsters ranging in age from four months to eleven years and have been and are doing nicely without any help outside ourselves. No, not even part-time help for anything. Daddy does his share as a well driller and as for even suggesting that he help make the beds-oh, Mr. Parcher! No, you can't play bridge and be a Bridget, too, so for me that is out. My marketing is done once a week and was long before we were asked to spare gas and tires. Imagine a mother of six 'dawdling over coffee and the morning paper.' As for daily meal planning, my meals are planned a week in advance with alternates in accordance with the 'specials' the stores may have. Suppose I were to put away all odds and ends, bric-abrac, etc. . . . that's what makes a house a home, or part of it anyway. . . . I'm not a slave to my home by any means, either. I read, knit, sew, try contests, and have won a few, and try to keep up with the news. I have time-or rather make timeto enjoy my family, and our kitten, two dogs and the chickens. I enjoy life and without a Mabel too. It does kind of irk me though when I read of how well people are doing now that their maid is doing war work. There are many mothers with



Did you write him today?

Home-front hint: When you put down this magazine, pick up a pen and write your

service man a letter right away! Be chatty, optimistic. It's all-important for his morale! Perhaps you will write with a Wearever Zenith Pen—rubytopped, beautiful, an efficient writing tool. But whatever pen you use, write him today if you can. Wearever Zenith is made in limited quantities for civilian needs by DAVID KAHN, Inc. (established 1896)

Wearever Zenith Pen and Pencil Set \$275 in attractive gift box





F YOU are one of the millions who still believe that you must have a priority for needed home repairs, it is important for you to know that a new roof is available to you right now . . . made by the company whose products have roofed America's mightiest buildings, both in war and in peace.

Today's Barrett Shingles are the result of 90 years of roofing experience. Made of the finest roofing stock thoroughly impregnated with life-giving waterproofing saturant, they are attractive, enduring and fire-safe.

Just as it was sound business to provide

top protection for the billions of dollars' worth of war materials produced in the world's largest war plants, so too is it a matter of simple wisdom to protect the investment your home represents. Why not ask your local Barrett dealer or Barrett Certified Shingle Applicator for details?

He'll explain to you how Barrett Shingles may be applied right over your old roof, saving time and money. And he'll tell you, too, how you can enjoy the protection of a genuine Barrett Roof today and pay for it in monthly installments.

THE BARRETT DIVISION

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2800 So. Sacramento Ave. Chicago 23, III. Birmingham Alabama



HOME OWNERS' HANDY GUIDE

A 12-month calendar of helpful reminders—things to do to protect your home investment. It's free. Just send us your name and address,

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Address



"Twice as important...now that I'm working twice as hard!"

No wonder busy women turn to Bon Ami when they clean sinks and stoves, bathtubs and refrigerators. It's so quick, convenient, easy to use. Wipes away dirt and grease in a jiffy... But there's another important reason why Bon Ami is such a favorite today. It doesn't rely on coarse grit or strong alkalis for its quick-cleaning qualities. Instead of making tiny scratches that catch and hold the dirt—Bon Ami polishes as it cleans! To keep your hard-to-replace kitchen and bathroom equipment always looking its best—use Bon Ami regularly!



"So pleasant to use ..."

You don't "ruin your hands" when you use Bon Ami. Because Bon Ami is soft and fine—free from the grit and strong alkalis that redden and roughen hands. In fact, you couldn't ask for a purer, safer cleanser—or one that's more pleasant to use. It's even odorless!

Bon Ami for all your cleaning



Important: Letters requesting information should be accompanied by a stamped, completely addressed envelope. Manuscripts and illustrations will not be returned unless accompanied by the necessary postage. They will be handled with care, but we cannot possibly assume responsibility for their safety.

large families who do all their own work without even the conveniences I am fortunate to have plenty of hot water, a washing machine and the strength and patience needed for it all. I use oilcloth on the table, we have no dining room, and you would too if you had to stand up and iron the tablecloths that take a good twenty minutes to do, so I leave that just for special occasions. We sleep on unironed sheets, and sleep well, towels are folded right from the line and put away without ironing. I have already discovered that blessing in disguise, mending tape you iron on, so mending is cut way down. Say Mr. Parcher, be honest now . . . do you follow your suggestion that husbands make their beds every other day? If so, congratulations. If not, don't feel too badly. You have lots of company."—Mrs. Raymond Alsop, California.

And one more comment. "I had just come off the graveyard shift when I read your article. I burst out laughing but somehow it struck me as exquisitely comic to find a grownup man in wartime writing a sissy article on how to rough it without a maid and only one cleaning woman. I would write an article myself if I had a little more time. I would write on how to run a house, work a rotating shift in a war plant and bring up my three children. I am an inspector of cables in an aircraft plant, the shifts change every four weeks. While I rotate, my family keeps to a fixed routine. There is a series of charts thumbtacked to our kitchen bulletin board, assigning a fair share of work. My children do their jobs and are strictly accountable for them. I love my odds and ends and wouldn't think of putting my brass and copper out of sight or scrapping my floor length ruffled curtains, because beautiful things rest me. Once a week I plan the meals and make a list. My husband, who works a split shift at a war plant after office hours, juggles the rations books and does the shopping, once a week. . . . "-Marguerite Bartley, New Jersey.

Other comments that we have from our mail men include bouquets (pun) on the March cover. "The cover is just adorable. Please give us some more same size. I cannot make up my mind whether to frame mine or use it on a tray, or lamp shade. Guess I'll have to get another copy, because I like that picture so much."

—Mrs. A. F. Rendler, New York.

"Could not get enough of the front cover. It is the most beautiful arrangement of flowers I have ever seen. I have two old oval frames and I have been saving them for just such a picture. I have framed the March cover. Couldn't you give us another so I can use the other frame. I will be forever grateful."—Mrs. Jennie Trill, New York.

NOW HE CAN DRINK SEA WATER... and live /



Forced down at sea, this flyer will live to fight again, because thirst—age-old enemy of shipwrecked men—has been conquered. Packed with his life-raft he carries a compact Permutit Sea-water Desalting Kit. He simply scoops up sea water and in a few minutes it's fresh, clear, ready to drink!

This newest magic was developed by Permutit, maker of the famous home water conditioner. Before the war it brought soft, clear, iron-free water to thousands of families. Right now our armed forces and war industries need all the equipment Permutit can turn out. But new designs for home owners are already on the drawing boards of Permutit engineers. They'll make good water more practical than ever after V-Day.

Plan now to enjoy the low-cost luxury of soft water. For free booklet, write The Permutit Co., Dept. AH, 330 West 42nd St., New York 18, N.Y.

To dealers - Some attractive territories are available. Write for details.

*Trademark Reg. U. S. Pat. Off.

PERMUTIT

the home appliance that makes





How long or a wartime **Long Distance** call?

A Long Distance call may be long in miles, but we hope you will try to keep it short in minutes. War

When you are calling on crowded circuits, the Long Distance operator may say-"Please limit your call to 5 minutes."

That's a good suggestion. It helps more calls get through during rush periods.

BELL TELEPHONE SYSTE





Household kitchen control problems will be almost as simple as a twist of the wrist -when post-war kitchen equipment is released. Adequate, proper cabinet space, providing three control locations will be assured. Storage equipment will eliminate unnecessary steps . . . pots and pans will be at your fingertips . . . the snowy white cabinet sink will be quickly accessible from both storage and cooking centers. Remember that control mark-A-C. American Central products will be yours just as soon as victory is ours.

AMERICAN CENTRAL

MANUFACTURING CORPORATION CONNERSVILLE MANUFACTURERS TO INDUSTRY AND THE AMERICAN HOME

CONTRIBUTORS



. . CONSTANCE HOLLAND admits her interest in moths arose when they ruined her blankets. Her article in this issue is a revenge, she says. Two daughters, grandchildren, a Victory garden, and a passion for cooking are her main interests. She was formerly an associate editor for a national woman's magazine, then child editor for a publishing house. Now she is doing war work, and now and then, articles in her spare time. Source of great pride is her Angel Cake!



· · ELIZABETH LEE SCHWEIGER. whose article discussing raises for the housewife appears in this issue, is a Californian. Married and the mother of two boys, aged four and two, she finds time to be a volunteer playground instructor and nursery school worker in addition to her free-lance writing, "I find that I have to cram my writing into niches and crannies of time that are really stolen from other activities such as button sewing for the family," she explained.



• • J. JULIUS FANTA, who wrote about training dogs in this issue, says he is fond of dogs from toy terriers to Great Danes. Formerly a newspaper reporter covering beats in Chicago and Milwaukee, he now lives in New York City where he is a magazine writer, photographer, and he points out, a bachelor. This, he explains, is why he's never in the doghouse. His hobbies are listed as sailing, fishing, and dogs, dogs, and DOGS!



"MY HEART WAS IN MY MOUTH

. when plaster fell right where Joan was sitting. I pulled her away in the nick of time, but she might have been badly hurt."

Beware of neglected ceiling cracks! They may indicate that the plaster is already sagging -may fall at the slightest jar. Luckily, after the war you won't have to put up with dangerous, unsightly cracked plaster. Upson Panels will take care of that once and for all.



Handsomely pebbled Upson Panels make quick work of crackproofing your

walls and ceilings. Any good carpenter can apply them right over the old plaster. And you'll escape the gritty mess which accompanies a plastering job. Learn all about crackproof ceilings from our new 16-page booklet. It's a treasure house of ideas for postwar modernization. Suggestions for attics, basements, kitchens, baths, extra closets, Free, Send coupon,

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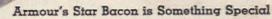
Make these 2 rationstretching dishes with

America's Finest Bacon

· Buy the best ... Cook it right ... Use it all

Can you think of any meat that serves more people per pound than fine bacon like Armour's Star? Just a little Star Bacon adds so much richness of flavor to any dish. And that's why it's a marvelous meat course for hearty dinners in these days of rationing.

Here are two grand new meal ideas that bring the inviting flavor of America's Finest Bacon to your table. One's a really different dinner . . . the other turns just a couple of Star Bacon slices into a main dish for four. Both these meal ideas come from the Armour kitchens ... and are planned for you by experts on downright fine eating.



With rationing, you want to be sure to get the finest bacon you can for your points. To get the best quality, just say: "Armour's Star Bacon please." It's the bacon that gives you three real advantages:

One, slices from the choicest bacon sides. Only the best bacon is selected to bear the Armour's Star label.

Two, rich, fine flavor. Because Armour's Star Bacon is sugarcured . . . then slowly smoked over fragrant hickory and hardwood fires to heighten its goodness.

Three, bigger slices of bacon on the platter! Star Bacon is cured by a method that minimizes shrivelling and curling in cooking. Cook Bacon This Way: To broil bacon, place slices on broiler rack, 4 to 5 inches under heat unit. Broil about 3 minutes to the side or until crisp but not brittle. For pan frying, lay slices in cold frying pan, and cook slowly over low heat. Pour off fat as it accumulates. Cook 7-8 minutes.



Armour's Star Bacon and Hot Stuffed Eggs

1/4 cup chopped

8 slices Armour's Star Bacon 4 hard cooked

onion 1 tbsp. flour Cloverbloom Eggs 2 tbsps. Cloverbloom ½ cup milk ½ tsp. salt 1/8 tsp. pepper 1/4 tsp. mustard Buttered bread Butter or Mayflower Margarine
1/4 cup chopped fresh mushrooms crumbs

Simmer eggs in water to cover for 20 minutes. Cool in cold water. Brown mush-

rooms and onions in butter. Add flour and blend. Add milk gradually and stir until thick. Remove shell from eggs and cut lengthwise. Remove yolk centers and mash. Add cream sauce and seasonings mash. Add cream sauce and seasonings to yolks and mix thoroughly. Stuff egg whites. Sprinkle buttered bread crumbs over the top. Broil 5 minutes or until brown. Serve eggs on toast squares with plain cream sauce. Serve with crisp Star Bacon. 4 servings.



Armour's Star Bacon Potato Puffs

Pepper

Salt

Hot milk

4 large baking potatoes 1/2 cup bacon drippings 2 or 3 leftover bacon strips (cooked)

Bake well scrubbed potatoes for 1 hour or until tender in 350° F. oven. Cut a slice from the top of each, scoop out contents into bowl and mash, as for mashed potatoes, adding bacon fat instead of butter and enough hot milk to whip them into a light, fluffy mass. Seawith salt and pepper to taste and refill the shells, heaping them high. Cut left-over strips of bacon into cubes and sprinkle over the top of the puffs. Return to oven or broiler long enough to brown edges of the potatoes. Garnish with radishes. A delicious hot luncheon. 4

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For finest quality and flavor ask for Armour's Branded Products:

Armours

Star Ham and Bacon Star Lamb and Veal Star Sausages Star Canned Meats Cloverbloom Poultry and Dairy Products



EVERYBODY LIKES SALAD WHEN IT'S IN A SANDWICH!



HOW TO MAKE SIX

Bread-12 slices . . . 6 enriched white, 6 whole-grain.

Real Mayonnaise-Use instead of rationed butter. Spread on one side of each white-bread slice.

3 Hard-Cooked Eggs-Chop and mix with I tablespoon chopped parsley, 1/2 cup chopped celery, 3/8 teaspoon salt, 1/4 teaspoon pepper, 1/2 tablespoon Prepared Mustard, 2 tablespoons Real Mayonnaise. Spread on whole-grain slices. Cover with white slices, mayonnaise side up.

"Garden Sass" - Cover top of each sandwich with chopped cucumber and tomato (1 cupful for six). Garnish with Real Mayonnaise and a sprig of parsley. Serve with lettuce, olives, radishes and carrot balls, as illustrated.

NOTE: The children can get their own nourishing lunch if you leave these sandwiches in the refrigerator and cocoa in the double boiler.

USE REAL MAYONNAISE FOR REAL NUTRITION!

... provides Protein, Vitamins, Minerals,

Food Energy...for a well-rounded meal!

Wholesome Ingredients-Now that many foods are limited, you want full value in nourishment from everything you serve. Remember, only Real Mayonnaise can be so labelled. It contains nothing but eggs freshly broken from the shell, added egg yolks, "Fresh-Press" Salad Oil, vinegar, seasonings. It's all luscious mayonnaise. Stretched with milk or fruit juices, it's still creamy-rich.

Rich in Food Energy-This Real Mayonnaise provides almost exactly the same amount, spoonful for spoonful, as vitaminized margarine, or butter! Good for many of the same uses. Write to The Best Foods, Inc., 88 Lexington Ave., New York 16, Dept. 21, for FREE BOOKLET-"22 Ways to Make It with Mayonnaise."

A Product of The BEST FOODS, Inc.



LEFT-OVERS MADE LUSCIOUS!

You are too patriotic to waste a morsel of good food today. And isn't this salad sandwich an idea for using

up bits of this and that! Left-over baked beans, cooked fish, or meat may be substituted for the chopped egg to make tasty variations.



Real Mayonnaise





. TECH. SGT. MILFORD ZORNES. whose most attractive modern house in Claremont, Calif., is shown in this issue, is now serving as an Army staff artist in India. Prior to his overseas service, Sgt. Zornes was one of the country's most outstanding water colorists and has received many national awards for his work. He has exhibited widely and many of his canvases are in permanent museum collections. In addition to his painting, he has been a free-lance writer, cartoonist, sailor, mural painter, illustrator of a botany text book, and a teacher of various art classes.



. . Working on plans for a nature house and bird sanctuary for children is a project of MRS. JAMES A. SELBY of Long Island, whose article on garden stakes appears in this issue. She has been interested in nature since childhood, birds holding first place. A source of pride is her lılac bush, slipped from a bush her ancestors planted in 1786 at the Canadian homesite settled on a land grant from the British Crown



Lyman W. Fisher

• • • H. WHITTEMORE BROWN of Concord, Mass., after 30 years of traditional building, points out that he has discovered "something appealing and downright practical about modernistic dwellings that may revolutionize building even in conservative New England." Story of his first modern house appears in this issue.



FOR a product like Tampax to succeed, it really must bring

about an important change in the user's established personal habits. This is not easy, but when it does happen it is a first-class proof of the product's merit . . . The loyalty of Tampax "converts" is best expressed in the continued demand for this form of sanitary protection in cities, towns, farmlands and villages from Oregon to Florida; also in other countries from Sweden to Uruguay and from Scotland to Palestine.

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Tampax is "different"—it is worn internally. Small in size, it is made of surgical cotton compressed into a dainty throwaway applicator . No pins or belts. No odor, no chafing, no bulges beneath the slacks or skirt. Easily "changed"-and no embarrassing disposal problem. Perfected by a doctor, Tampax is sold at drug and notion counters in three absorbencies-Regular, Super, Junior. Millions of women use Tampax now. Join them this month! Introductory package for 20 cents-or 4 months' supply (average) for 98 cents. Tampax Incorporated, Palmer, Mass.







 In an hour the pie is done and the living room beautifying job with SPRED is well along.



5. By evening, a completely transformed room . . . colorful, stimulating, more joyful to live in.

COMPARE SPRED'S 11 DISTINCTIVE COLORS

Glidden's own color-manufacturing facilities permit the development of special colors for SPRED—the most complete and outstanding of any water-mixed paint. Large swatches showing complete range of 11 beautiful colors FREE to you —fill in and mail coupon now!

Made from Soy Beans

Alpha Protein*, derived from soy beans by a patented Glidden process, gives SPRED special smoothness, toughness, durability. Can be washed repeatedly, resists scratching and scuffing, stays bright and attractive for many seasons. Covers wallpaper, wall board, paint, plaster, etc., in one opaque coat. One gallon of SPRED mixed with ½ gallon of water does average room. Never any unpleasant "painty" odor. Can be applied at any time, winter or summer. Brushes or rollers can be washed clean with water.

298 GALLON

in Rocky Mountain Area



A Soy Bean Paint Invented by THE GLIDDEN COMPANY





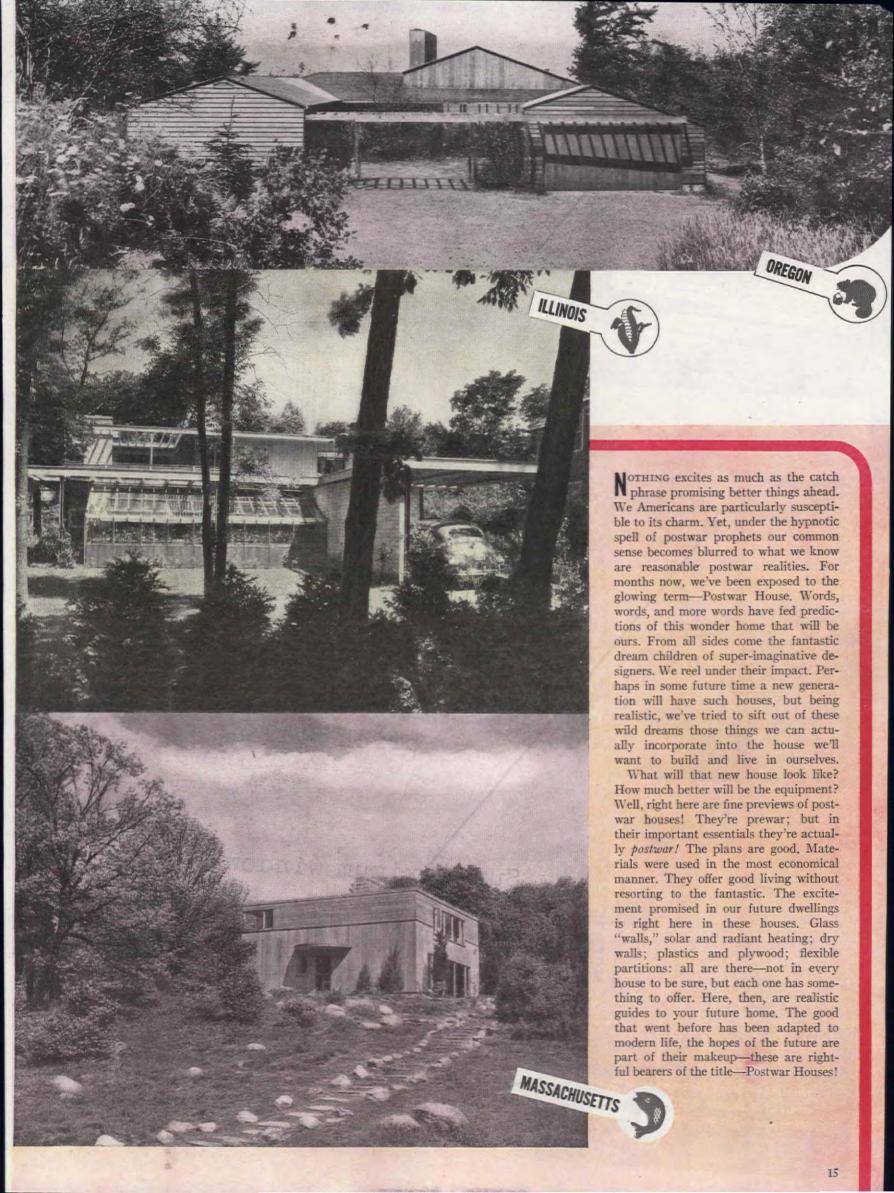


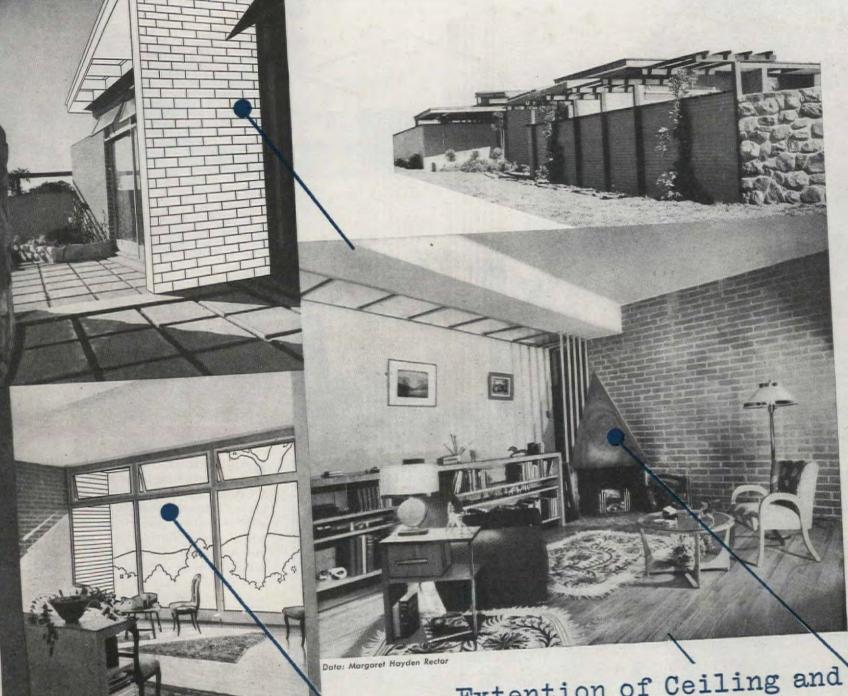
PHOTOGRAPHS:

Pages 16-17: Quintard White Fred Dapprich Page 18: Hedrich-Blessing Charles H. Keller Page 19: Lyman W. Fisher Pages 20-21: Leonard Delano Pages 22-23: A. L. Francis



CALIFORNIA

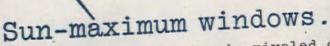




Extention of Ceiling and

brick wall beyond windows gives pleasing effect of passing from interior

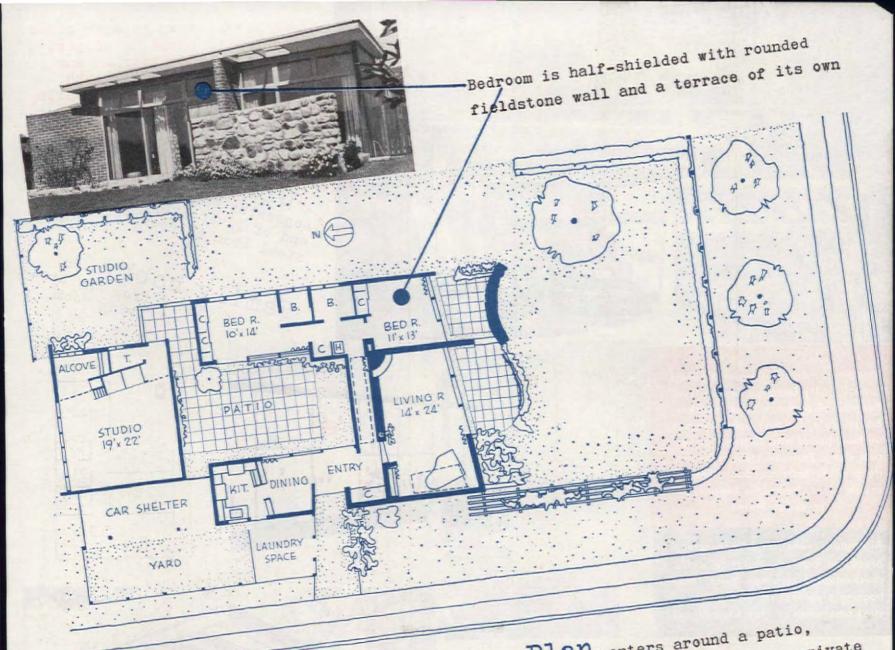
to exterior without interruption



The room on a sunny day is rivaled only by its converse, the fascination of a rainy day ... the water beats across the high windows and offers the titillating thrill of being in a rain storm and yet not getting wet

\$6,000

Natural plywood contrasts smartly with deep blue cement floor of dining area. Note one-step proximity to the palio



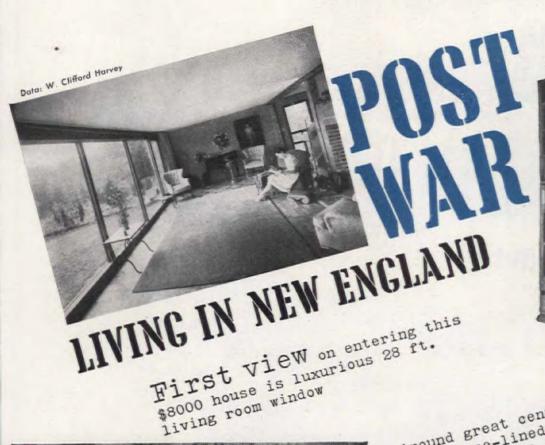
Plan centers around a patio, easily accessible from every room and a private enclosure for year-round outdoor living

Copper hood over fireplace, hand hammered to

minimize buckling. Smallness of rooms overcome by glass "walls" and floor color extending to outdoor patio. Earthy materials, earthy colors harmonize with sage chaparral of California mountains

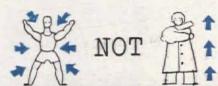
WORTH OF SUNSHINE FOR CARL B. TROEDSSON, ARCHITECT . . . CALIFORNIA





Around great central preplace
bookcase-lined stairway entrance hall and library wall serves dual purpose as

Floors become radiators, transmit neat to you, not ceiling, with radiant



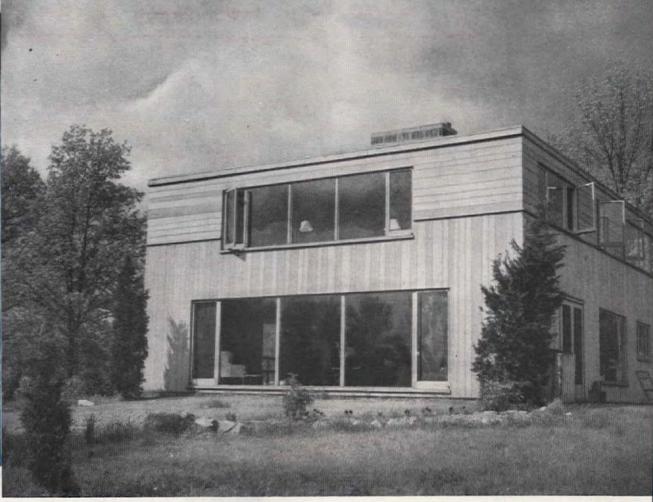


Coiled heating pipes in concrete slab under parquet floors and between ceiling joists





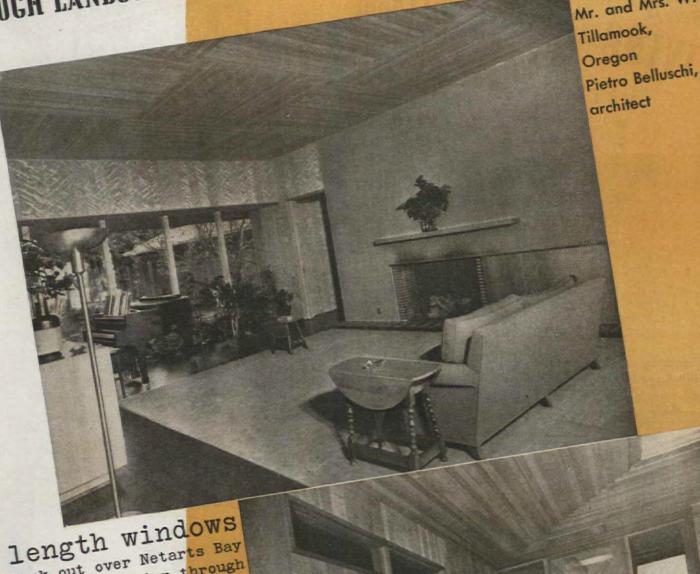
HOME OF MR. & MRS. SAVILLE R. DAVIS LINCOLN, MASSACHUSETTS





POSTWAR LIVING IN OREGON NOW

THOUGH LANDSCAPING AND FURNITURE MUST AWAIT WAR'S END Mr. and Mrs. W. R. Coates,



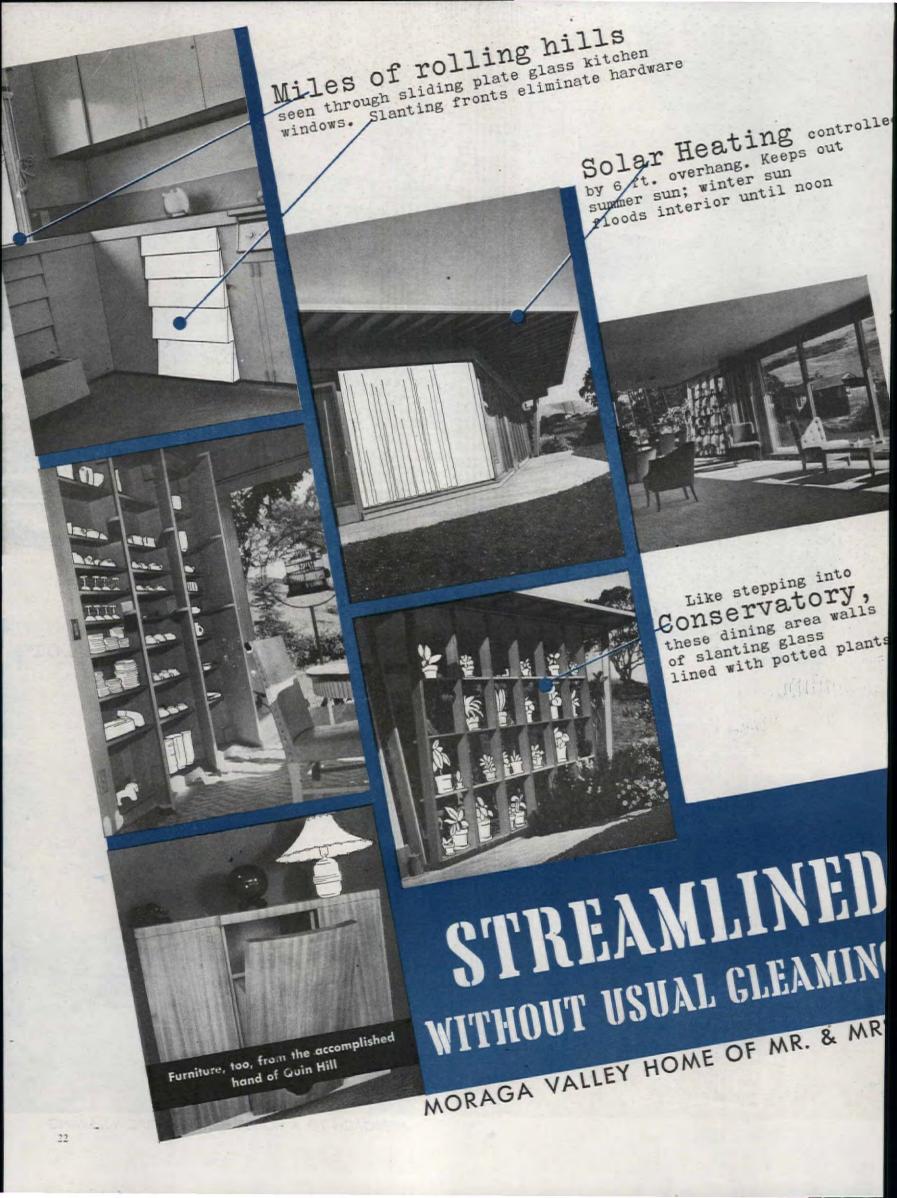
Full length windows

look out over Netarts Bay ...ventilation through louvres above and at sides ...interiors of natural spruce...living room ceiling hemlock

Court entrance

flanked by full length plate glass windows... heavy overhang at eaves takes place of porch roof









A day with the EDSON RICES

RUTH W. LEE and E. L. D. SEYMOUR GARDEN CLUBS CAN BE PROUD OF SUCH MEMBERS WHO ARE SHOWING HOW TO LIVE OFF THEIR LAND

The Men's Garden Clubs of America, the feeling is pretty general that Edson K. Rice of Highland Park, Illinois, is a top notch, representative member; and that Gladys, his wife, is just the right sort of helpmeet for that kind of "reg'lar feller." They were such fine hosts when the 1942 convention of the M.G.C.A. visited their place, and the activities of their almost self-supporting home were so interesting and efficient, that we welcomed a chance to pay another informal call last summer, to accompany them through one of their typical, busy, resultful days, and to learn a little of "how they do it," and have a grand time in the doing.

The property—just outside Cook County because of lower taxes—was bought in 1937, that is, all but two small pieces which, added later, made it just an acre (and suggested the latter half of the name "Glad-acre" since given it.) The landscaping and all the buildings (except the house) they have done themselves, "they" meaning "Mr. and Mrs." and her father, Mr. Bond, who takes particular joy in building operations and the management of the compact, conveniently arranged, efficiently equipped little greenhouse. Mr. Rice's experience in the chemical business has been a good foundation for the scientific aspects of all-round gardening, small scale poultry raising and the varied responsibilities involved in running a suburban home. But he also has the true gardener's unwearving enthusiasm and resourcefulness. And as for Mrs. Rice-well, since they settled in Highland Park, she has twice sacrificed opportunities to buy a new car. The first time, the money saved for it went into finishing the house; the second time, it bought the extra land. Now she says she wishes they had twelve acres!

From the time when, fresh from the flower garden, she welcomed us, until, late in the afternoon, we left them entertaining some friends in the cool shade of their oak grove, they were systematically, happily, enviably busy. There were the New Hampshire Red chickens to look after. They started with 200.











Photograph by Curtis Lindsey

Ever hear a child say "parental love is a burden"? They do! A mother should be a beacon, not a barnacle RACHEL RUBIN

RE you tied to your children's apronstrings? Sounds silly, doesn't it?-like the man-bites-dog story that cub reporters cut their teeth on. For years we've been so busy developing self-reliance in children that we've forgotten mothers need it too. Everybody knows you can toss off a

perfect dinner for seven on a half hour's notice, and your miracles with the budget would make Houdini look like small potatoes. But can you stand on your own feet emotionally? When families could look forward to a comfortable future together, this might have been considered an academic question. Today, with farewells being

said on every station platform, it has become a crucial one.

"Parental love is a burden," said one young man of my acquaintance, whose mother was so devoted to him that when he went away to college she broke up her home and followed him. His opinion is shared by nineteen-year-old Bobby Kelton, who has never spent a night away from his parents. Bobby is due for a letter from his draft board, and Mrs. Kelton is on the verge of a nervous breakdown. In addition to the problems of adjustment to army life, Bobby will be weighted down by the shackles of mother love.

Nor is the mother-and-son relationship the only one which contains the seeds of disaster. We all know women like Mrs. Lacey, who gently but effectively dissuaded Martha's suitors one by one until Martha succumbed to her mother's dominance and subsided into genteel spinsterhood. "You've plenty of time for marriage," Mrs. Lacey always said, and Martha foolishly believed her.

> HEN Jim sheds his tweeds for a handsome but strangelooking uniform, and the days stretch to twice their normal length, it is a natural temptation to pour all your extra energy and affection into Peter and Polly. After all, you rationalize, I have to take the place of two parents

now. Like most half truths, this is a dangerous assumption. Peter and Polly aren't going to feel half as tragic about Daddy's absence as you think. The glamor and importance of having a daddy in uniform is a social asset among today's children, and will go far toward helping them make a successful adjustment. Increased doses of maternal anxiety and sentimentality will not give them the sense of security they need, but will merely serve as an additional irritant. What they need is a mother who is self-confident and calm, a mother whose life as an individual is full enough so that she need not become an emotional parasite on her children. If you keep your poise and serenity, Peter and Polly will sail through the period of adjustment with flying colors.

There's the hitch-if you keep your poise and serenity. To this end there is no golden road. It is long and tortuous-and lonely. For each of us the signposts may be different—a verse from Isaiah, a paragraph from Thomas Paine, perhaps even a homely proverb, dimly remembered from childhood, like the fragrance of lavender. It doesn't matter. It only matters that at the end you will have worked out a personal philosophy, one that works for you. It is an absolute essential if you are to survive the stress and strain.

> EEP up your social contacts while your husband is away, the professional advisers cheerfully chirp. "Entertain and be entertained." Sounds very gay, doesn't it? Little wife gallantly carries on. Let's be honest about it. Just how popular do you think you'll be without Jim's sleek black

head towering over yours, Jim's wisecracks covering up embarrassing moments, Jim's deft touch with the cocktails? When beautiful young girls languish manless on every street corner, no matron past her first bloom is going to get a tumble. You might be included in someone's guest list once or twice (she's just lost without Jim, poor thing). But this doesn't mean you have to sit in a corner and brood. You can still do your Red Cross work (if Janey next door will keep an eye on the children), you can visit your friends, and go to the movies or the theatre. But you might as well get used to the idea that your social life will be predominantly female, willy-nilly. Some women find salvation in weaving rugs or refinishing secondhand tables. Handwork has its undeniable merits, but women under stress also need food for the spirit.

This would be a good time to get the piano tuned up and really start using it the way you used to before Peter was born. When you go to the library, don't forget to cart home a couple of biographies of composers, so that they will become more than names.

Brushing the cobwebs out of your brain is just as important as brushing your hair, and a hobby will do more to put a sparkle in your eye than any brand of eyewash. Come war or peace, it never hurt any woman to be interesting. Whatever you do, don't "throw yourself" into the children. A mother should be a beacon, not a barnacle.



You Said a Mouthful!

Positively!...you can eat your way around the world, but you'll never find pie like Mom's. She's the "champ." And why not? Mom knows her boy. She knows to a grain of sugar just the way he likes pie.

Yes, the good old *personal* touch...that knack of knowing the wants of the individual...is the key to satisfaction. And that goes for everything. It is certainly true when it comes to getting insurance...the protection you need for your home or business.

Buy insurance without the help of a man who knows your personal requirements, and you get protection that is either too sweet or too sour. Buy it, on the other hand, from a man who thoroughly analyzes your needs and you get insurance that

really hits the spot.

In your community, the man who adds the personal touch to insurance is The Employers' Group Man... The Man with the Plan. He is the good neighbor who sits down with you and studies your insurance problems. He goes over all your policies... picks them apart, clause by clause...and shows you how they stack up against the hazards

to which you are exposed. He finds the weak spots in your protection and tells you how to correct them. He gives you a complete plan which guides you in buying the newest and best kinds of insurance at the lowest possible cost.

of insurance at the lowest possible cost.

Call The Man with the Plan...your local Employers' Group agent... and let him help you. Let him give you free your plan for freedom from worry over financial loss.

The Man with the Plan brings you news by Cedric Foster . . . Sunday evenings over a national radio book-up. Consult your radio page for time and station.



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THE EMPLOYERS' GROUP MAN IS THE MAN WITH THE PLAN



COLLECTORS TURN TO TABLES

A MUSING and interesting tables, which have been accumulated by the family during many generations, today grace the Joseph Felsenhelds' home in Evanston, Ill. Experiences proved for the family that it was not so much "collector's instinct" but the foresight of Mrs. Felsenheld's grand-aunt, Mrs. Dunbar Dyson of Middletown, Conn., that saved the collection from being disposed of when people were discarding "old things" for heavy Victorian black walnut, the "modern" of that period.

Family experiences also showed that the collection not only came from the saving of

For generations the Felsenhelds have collected tables—here are a few of their great collection

ancestors' prized pieces, but from a healthy interest in junk dealers. For instance, a tipleaf table now placed in the entrance hall, is not a family piece but was bought from a junk dealer for the staggering sum of a dollar and a half. Mrs. Felsenheld happened to see it going down the street tied to the back of a junk dealer's wagon. She ran out of the house

and followed him, to purchase the table. Made of beautifully marked mahogany veneer, the table was probably designed, if not made, by John Belter, the famous craftsman of the Duncan Phyfe era. The scalloped edges and the modified lyre base were characteristic of Belter's work, which was highly prized by the early Victorians. Probably made about 1840, the tip-leaf tables of this type were frequently used for card tables, the tops being constructed so that they would swing around.

Opposite the tip-leaf table is a converted Colonial wash stand. The hole has been filled

REVOLUTIONARY NEW FACTORY-BUILT **GLASS UNIT FOR WINDOWS**

WINDOWPANE THAT INSULATES

with the BONDERMETIC SEAL

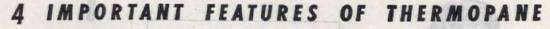
THERMOPANE, a patented, factory-built transparent glass insulating unit for homes and other buildings, is announced by Libbey Owens Ford after fourteen years of research.

Here's the first successful windowpane ever made with permanent built-in insulation. It's made of two panes of glass, separated by an insulating layer of air, sealed around the edges with a metal-to-glass bond. This Bondermetic Seal

has been tested up to 4,000 pounds per square inch without failure . . . its enduring qualities have been proved both in the laboratory and in hundreds of installations in the coldest climates. You install THERMOPANE in a modi-

fied single sash, just like ordinary glass. And what a difference it makes! Keeps your home warmer with less fuel. Cuts heating costs amazingly. Deadens street noises.

When peace comes, and you build your new home, THERMOPANE will make it possible to enjoy all the benefits of double-glass insulation without the seasonal problems of putting up and taking down extra sash. You'll have no extra glass to keep clean. And at last, you'll be able to enjoy those larger windows you've always wanted without sacrificing heating economy. For a descriptive booklet just write to Libbey Owens Ford Glass Company, 154 Nicholas Building, Toledo 3, Ohio.



- INSULATING AIR SPACE. The air inside the Thermopane units is scientifically cleaned, dried and hermetically scaled. This layer of air gives Thermopane its high insulating efficiency.
- BONDERMETIC SEAL. This remarkable metal-to-glass seal permanently bonds the two panes of glass into a single unit. Strong and weatherproof, it seals the insulating air space from dirt and moisture.
- NO FOGGING UP. Because of the patented Bondermetic Seal, and the insulation afforded by the sealed-in air, frosting up and condensation are eliminated on the two inner surfaces.
- ONLY TWO SURFACES TO CLEAN. The inner glass surfaces are specially cleaned at the factory . . . always stay clean.

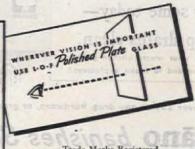
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WAIT! 2 inches from where you washed that spoon –

your sink drain is breeding Live Sewer Germs.

Actual sewer germs magnified approximately 20,000 times



Don't imagine scrubbing your sink helps – it doesn't touch them.

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It takes **Drāno** to boil these dangerous creatures out.





Drāno opens clogged drains too-keeps them open, free-running.

Use Drāno <u>regularly</u>.

Get some today—

keep drains clean.

Save your waste kitchen grease It's needed to make explosives!



OPENS CLOGGED DRAINS



Never over 25¢ at any drug, hardware, or grocery store

Drāno banishes Sewer Germs!

in, and now instead of holding a bowl and pitcher, it has an electrified Victorian oil lamp to support. Proof of the fine art craft of early French cabinet makers is a French powder table or poudreuse, which



Bought at a rummage sale for twentyfive cents was this two-drawer early American pine table. Wooden pegs are used exclusively to hold it together



Wood top covered baby's bath table serves as a flower or nursery bench. The old china tub is on view in the lower photograph. Like bathinettes?

was the property of Mr. Felsenheld's mother, who was French. The table is probably of the Empress Eugenie period and of the type highly prized by ladies of the Second Empire of France. Today it is notable for the satinwood interiors and partitioned drawers.

Early in the 19th century, Mrs. Dyson's father made a tour, and brought back with him from Honduras, mahogany to make a table and various other pieces of furniture. From France, he brought a Napoleonic table, which is a desk, fire-screen, work table and dressing table all in one. It is a handsome example of the Napoleonic period



Create a stunning living room quickly with SURE-FIT SLIP COVERS

Hollywood's great movies have vast sums at their disposal—but prefer the economical way with SURE-FIT SLIP COVERS. "Why bother with expensive custom-mades," is the idea, "when you can get such a beautiful effect in a few minutes with SURE-FIT." Behind that beauty lie many hidden features — better yarns, fabrics washed before sewing so that the covers will fit even after cleaning . . famous patented non-slip "Sta-Fast" Feature . . . stylist designs. And SURE-FIT plans for tomorrow, tool Watch for amazing new patented "Girdl-Bak" that will finally give custom fit even to ready-made cretonnes!

> Uncle Sam insists on perfection of workmanship — and Sure-Fit can give it! Among other things.



SURE-FIT IS MAKING BOMB PARACHUTES. Here precision sewing is a vital "must". Such sewing carries over into SURE-FIT SLIP COVERS.



SURE-FIT IS MAKING FIELD JACKETS & TROUS-ERS. Precision cutting insures ease of action for our boys. It also insures fit in SURE-FIT SLIP COVERS.

Make SURE it's SURE-FIT
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Ready to full on SLIP COVERS

America's Choice to Decorate and Preserve

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Hubby coming? why no humming?





With word that your husband is getting a leave, Oh what, pretty lass, could be making you grieve?



"It's just that there's ever so much to be done— There's housework—and baby—and errands to run!



"But those jobs are nothing—
I've windows to clean!
And that always makes me
feel grumpy and mean!"



But not if you WINDEX those windows, my sweet. For WINDEX is easy and WINDEX is neat.



You just spray it on, wipe it off, with no mess, And each window costs not a penny—but less!

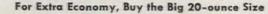


Get WINDEX (the 20-ounce bottle) today And polish all glass in this thrifty-smart way!

GET BRIGHTER WINDOWS QUICKER WITH-

WINDEX

DON'T TRUST cheap substitutes, There's no streaking, no film, when you insist on this noninflammable, oil-free cleaner that costs less than a penny per window.





following the Egyptian campaign, and the brass lion's head and feet, acanthus leaf carving, as well as its elaborate interior construction attest to its authenticity.

Dating back to the American Revolution is the fire-screen stand which was a part of the wedding furniture of an ancestor who was married at the end of the war in 1781. This was made in Middletown, Conn., probably by the village undertaker, who made many of the family pieces. The candle stand was used for many years but was finally thrown out as junk. It was rescued from the trash pile by Mrs. Dyson, who was a granddaughter. It is fortunate that she saved the piece because it is said to be most unusual and the drop leaf rare in stands of this type. Also from the trash pile was rescued another piece in the collection. Purchased for a quarter at a rummage sale, the table is early American, two drawer pine and is made entirely with wooden pegs.

Possibly Mrs. Dyson inherited her "saving things" ideas from a grandmother, who on discovering that her husband, a manufacturer of firearms, was preparing to burn a number of bayonet handles left from the war of 1812, promptly took possession of them and had a picket fence made around the house. The fence was still standing in the "fifties." It was the fence building grandmother who used the Pembroke drop-leaf table in her home that now is the serving table in the Felsenheld home. Its short mahogany drop sides identify it as a late 18th century piece. Of all the tables in the house, none has more charm nor sentiment than the basket work table. This too comes from Middletown and is of Victorian origin, about 1860.

Family freak is the baby's bath table. No one knows its exact origin except that it has always been in the family and came from Middletown. Neither has anyone been able to figure out how a baby could be bathed in it if the baby and the water were in the tub at the same time. No one has ever tried to use it to the Felsenhelds' memory; it holds flower jars now.

The Middletown undertaker and furniture maker married the lady whose fire-screen stand he made. A letter he left his bride-to-be is a source of family amusement. On leaving for what he termed "the seat of battle" in 1776, he addressed his fiancee as "Honoured Madame," and ended his note with "my tender regards with unshaken fidelity to all the fair sex." Modern warriors, please copy!

Amazing Professional Mothproofing Method now available for home use



Just a few minutes spraying with LARVEX—and Mrs. Neal has saved her husband's new suit from moth holes for a whole year.

WHY? Moths will actually starve to death before they will eat LARVEXED clothes, sofas or rugs!

This is the professional mothproofing method used by leading woolen mills, laundries and dry cleaners.

And, LARVEX is inexpensive—only 79¢ per pint, \$1.19 per quart. Dry-cleaning won't impair its year-long protection. Use LARVEX—be safe!

LARVEX IS DIFFERENT



QUICKI A few minutes with LARVEX will mothproof a woman's coat for 12 months!

... CHEAPI Just one LARVEXING will mothproof this \$89 upholstered chair for a year!





SURE! See this spectacular display at your Larvex dealer's. A covered dishshowing treated and untreated cloth with live moth worms. Proof right before your eyes that moth worms will not eat Larvexed fabrics

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Isn't this the Best Post-War Plan?...

This man is selling an idea—the hard way . . . He is convincing the world of America's right to live in the American way . . . When he has done this—then the American way of life will go on trial again, right here in our own country.

The first thing that must be done then is to see that this man gets a good job and a good home.

Making things you use in your home is one way to make jobs. So our plan at Avco is simply to put our present aviation knowhow and ingenuity to work later on making new and better household products.

Nothing you now own was made with such skills as we use today in building engines, propellers and precision parts for modern warplanes. Think, for a minute — what such skills could do for kitchen stoves, or lawnmowers, or other household goods!

We can't spare time now from war production to blueprint just what these post-war avco products will be. But we do know, now, that they will mean better living—more and better jobs—greater security—for all America.

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NEW YORK, N. Y.



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REPUBLIC AIRCRAFT PRODUCTS DIVISION
SPENCER HEATER DIVISION
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AMERICAN CENTRAL MANUFACTURING CORP.

NEW YORK SHIPBUILDING CORP.

CONSOLIDATED VULTEE AIRCRAFT CORP.

All The Aviation Corporation Divisions, Subsidiaries and Associated Companies are 100% on War Work



TO BEGIN WITH

- 1. The bathrobe goes in the closet.
- 2. The ink in a drawer.
- 3. Old newspaper into the basket.
- 4. The scattered magazines go in a neat pile on the table.
- 5. Desk chair shoves under the desk.
- 6. The cover goes on typewriter.

LT. EMBREY OF THE ARMY AIR FORCE TAKING OVER



"Tchk, tchk, look at that top dresser drawer!" Two soiled shirts, a camera, a tennis ball (bounce well gone), two sweaters, and a book on skiing have all got to come out. Top drawers of dressers are reserved for toilet articles



Slippers under the bureau, galoshes in the closet, sports shoes over in the corner by the golf clubs—whoever heard of a system! When the Lieutenant gets through, they are all lined up under bed, toes in, shoe laces out of way



Photographs by William J. Pritchard

Now the bed! Words fail here, and the lieutenant has to pass out a mimeographed blueprint. Fortunately, the Hamilton students got started in the summer when there was only one blanket so by winter they were well in their stride Pin-up girls?

YOU'RE WRONG

The pin-up girls stay. "They're okay with the Army as long as they're good clean pin-up girls, says the understanding lieutenant. The freshman just sighs...



Listen, Chipper ...

This is your old man talking.

We've got big plans for you, son. Nothing's going to stop you from being a big man in life . . . not if I can help it.

Oh, you'll get a few bumps along the way—everyone does—a black eye from some husky playmate, a scolding from the teacher, a reprimand now and then for the way you scuff your shoes. But if lots of love, a happy home, and a good education can develop a fine boy like you into a healthy, well-adjusted man who's going places . . . then, little man, that's your future.

Just to be sure that nothing prevents your getting this good start in life, today I've taken enough life insurance to protect you and your mother in case anything happens to me. Now I know you'll both be

taken care of. You see what I mean, son? . . . I'm not taking any chances on your future.

It is a prime purpose of The Prudential to provide protection such as this father wants for his son—such as you want for your loved ones in time of emergency. Not only does Prudential Life Insurance provide a safe future...it also provides it at low cost. For 68 years there has been no safer way of protecting your family.

Buy War Savings Stamps from your Prudential Agent



THE PRUDENTIAL

INSURANCE COMPANY OF AMERICA

A mutual life insurance company

HOME OFFICE: NEWARK, NEW JERSEY



THE FUTURE BELONGS TO THOSE WHO PREPARE FOR IT



Designed by World's Leading Artists! Enchanting "Unitized" patterns are created by master artists, who combine as many as 28 colors to attain beauty supreme for your walls.

2 Style-Tested by Experts!
Fastidious interior decorators certify the style, pattern and coloring of every "Unitized" Wallpaper ... assure you that it is the essence of good taste.

3 Pre-Proved on the Wall!

'Unitized" Wallpapers are proved by wall test to match and hang beautifully.

4 Guaranteed Fade-proof ... and Washable if Marked So! All "Unitized" Wallpapers must pass the strictest tests for sunfastness. Those marked washable are guaranteed to keep their radiant, new look through repeated washings.

Don't risk making an unfortunate choice when you're buying wallpaper. Be Wallpaper-Wise and look for the "Unitized" Seal on the back of the samples your dealer shows you. This seal enables you to choose confidently, easily, quickly . . . it's your assurance of satisfaction. United Wallpaper Factories, Inc., Chicago 24, Ill.

LOOK FOR "UNITIZED" WHEN YOU BUY WALLPAPER

IT'S A PIN-UP FOR SONNY!

OUPPOSE you climbed the stairs to Sonny's room one morning Jand, instead of finding the door jammed by an errant tennis shoe, the bed like a foxhole, pajamas scarecrow-like over the back of the chair-instead of all this sad tale of fish hooks, mush balls, knee pads, and all things not so nice, Sonny's room was all G I orderliness! It would be like a dream-it would be so much nicer than coming out of the stars after a flying tackle with his football.

It was not just "supposing" at Hamilton College. The College interested Lieut. Jacob G. Embrey of the Army Air Force's Technical Training Command in changing over the average college freshman's room according to Army specifications. It took the Lieutenant about forty-five minutes and there weren't any pajamas slung over chairs or books tilting crazily from the mantels when the Lieutenant strode out. Hamilton freshman looked on and said: "Gee."

All freshmen at Hamilton College have been put on a semimilitary schedule, the better to prepare them for the Army. They're all doing their own rooms over the military way. Meanwhile, the College's janitors and cleaning women have never seen anything like it since the world began. Peace. It's wonderful!

It seems impossible and improbable to suppose that your Sonny will ever learn the strategy of neatness and orderliness, but somehow the Army has been able to whip a good many Sonnys into shape. Before the year's out, quite a few more Sonnys will come to grip and gripes, with the homely task of bed making and "putting away."

Lieutenant Embrey's six essential steps for making and keeping the room GI are listed on page 36. You might type these up and "pin them up" in Sonny's room. Impress on him that barracks' discipline comes first-first in the Army and first at home. Let this "pin-up" list be the order of every day-and keep up the discipline!

AMAZING! Wood Made into Wallpaper for Your Has Rich Cedar Grain ... Real Cedar Odor!



YOU'LL love the look of your closets - and the aroma of them -when you've done them with this marvelous new wallpaper! Not only do you get the rich appearance of cedar, with a real cedar grain pattern, but you also actually get the fresh, clean odor of genuine cedar wood.

This new wonder paper goes up without fuss or muss, without paste or tools. Just dip it in water—and hang it! Thousands of women have proved that anyone can do it! Use it in all your closets, including ceilings. closets, including ceilings. Also for lining dresser drawers, hatboxes, trunks, and storage chests. It's washable, and guaranteed to stick or your money back! Costs only \$1.98 a box, and two boxes are enough for an average closet. On sale at chain, department, hardware, and wallpaper stores.

A Product of

TRIMZ COMPANY, Inc. Chicago 24, III.

Makers of Famous TRIMZ Ready-Pasted Wallpaper



Dramatically today's events are proving that no other container has so many advantages as the familiar "tin can"—which, by the way, is a *tinplate* can . . . more than 98% steel, less than 2% tin.

The convenience and complete protection which make cans popular in civilian life make them absolute necessities in war. No other container could stand up under the terrific punishment of combat supply. No other container could withstand the varied climatic conditions encountered in a global war.

It is no military secret that most of the foods that go to war go in cans—with their flavor and nutritive values sealed in and protected just like the canned foods on your own pantry shelf. But many other things go to war in cans, some of which may surprise you—shells, bomb fuses, blankets, fishing tackle for life rafts, bandages, sulfa, ether. Some of the supplies that go in cans are military secrets.

More for us - after Victory!

No wonder—with all these war demands—that some civilian uses must be sacri-

ficed! Baking powder, tobacco, shortening, coffee — many things we like in cans — are temporarily in substitute containers. They'll all be back in cans—after Victory.

Meanwhile, quantities of cans are still made to help supply the home front. If they are on our dealers' shelves, they are there with Uncle Sam's blessing. Let's use them wisely, without waste, and be sure to turn empty cans in for salvage. (P. S. Fat salvage, too, begins with a can!)

CAN MANUFACTURERS' INSTITUTE, INC., NEW YORK

THE CANS WE SEE IN STORES
ARE THERE FOR US TO BUY
AND WE'LL
BE CHEERFUL
ABOUT WAITING
FOR THE
OTHERS TO
COME BACK!

NO OTHER CONTAINER COMBINES ALL THESE ADVANTAGES:



1. RUGGED. Cans don't break. Moreover, they're easy to carry, to store, to open, quick and easy to chill, easy to dispose of. What other container is so convenient?

2. SAFE. Canned food is sterilized against spoilage; kept safe from germs, dirt, gas, moisture, tampering; withstands heat and cold.





3. THRIFTY. Your money goes for what's *in* the can! The can itself is inexpensive because it is easy to make, to label, to ship, to handle and to store.

4. GOOD PROVIDERS.

All year round, wherever you live, cans bring you foods in nutritious variety —easy to serve at your convenience.





5. PROTECTORS. Cans are non-porous—can be hermetically sealed, air-and-lightight, to give lasting protection against loss of flavor and color. And due to modern canning methods, canned foods actually retain more minerals, more vitamins, than do many home-cooked "fresh" foods.



PROTECTS LIKE THE CAN

AFTER VICTORY - THEY'LL ALL BE BACK!

BIGELOW WEAVERS

ROSY FUTURE

STARRING





ENSIGN JAMES DAY

MRS. JAMES DAY

TIME: AFTER THE WAR

PLOT: Anne, over her drugstore lunch,
Jim, in his ship's wardroom,
re-read each other's letters.
Oceans apart, for a time
they are together,
living in the future.
They see the lovely living room
of their new home...
wedding-present lamp, old print.

It's their rosy future...
so, of course, a rosy rug
to set the happy color scheme.
Anne knows a rug
can make or break a room.
She wants a Bigelow rug.
Maybe BEAUVAIS for long wear.
But Anne is sure that any rug
that Bigelow makes will give her
beauty that will last.



* BUY MORE WAR BONDS

BIGELOW WEAVERS

tine rugs and carpets since 1825

Copr. 1944, Bigelow-Sanford Carpet Co., Inc.

The Blossoming of Apple Tree House





Surrounded by five acres with a hill—before it, the Mohawk valley and river, Apple Tree House was just one of those bargains that could not be resisted. In the words of the new owners, Mr. and Mrs. Clement F. Theisen, Jr., "the last thing we wanted to do was buy a house, but the irresistible step was taken, and the house was ours."

Apple Tree House as Mr. and Mrs. Theisen saw it was well built, but it lacked those necessary finishing touches. It needed clothes and a good beauty treatment. The good features were that the house was built on simple, colonial lines, and the rooms were large and comfortable. On the debit side, there were no doors on the closets, no laundry, one bathroom, and a rather unimaginative fireplace.

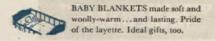
It is the inside story of the Theisen home that is most inter-

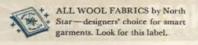
THE AMERICAN HOME, MAY, 1944





". . . and in Nocturnes I've discovered an ideal sleepmaker for summer nights. Nocturne, you know, is North Star's exquisite all wool summer-weight blanket - actually as light as a sheet, yet protectingly snug against sudden cool drafts...When nights turn warm, put your heavy winter blankets safely away-and all summer long sleep serenely under Nocturnes!"





esting. Their living room was to double for a library. The small, inadequate bookcases were torn out and, in one end of the room, bookcases reaching to the ceiling were put in. A large French door leading to an enclosed porch was replaced by a single six-panel door. Four inches were taken off the width of the fireplace. A simple colonial mantel replaced the homethe walls. Another chair was covered in green and salmon striped material. The background of the 18th Century needlepoint chair was a pleasant soft beige.

The hall and dining room remained much the same. New doors and side lights at the front door were the only changes. A calenderfinished paper was put on the walls of hall. The new wallpaper had a





ing to the hall were wood trimmed. pattern in several shades of gray.

The decorating had to be planned around furniture, late 18th Century in character, that had belonged to the Theisen family for some time. In the living room, the color scheme was worked out and built around the antique oriental rug with a salmon background. The walls were painted an off white, trim antique white. The sofa was covered in plain salmon to match the background in the rug. Two wing chairs were done in dull yellow linen brocade. One club chair matched the hangings that were of Glosheen with a floral design shading from deep tangerine down to yellow on a background that blended with

ly brick fireplace. The arches lead- white background with a floral

The dining room used for its decorating keynote two old blue candle lamps. These were placed on either end of a Sheraton hunting board. The wallpaper was an old French wallpaper, a copy of "The Creamer," popular in the late 1700's. This paper had a white background with a good deal of gray in it-the stripes of gray, and the flowers of soft blue shading into deep blues and reds. The rug was ruby red in color; curtains, full white batiste with wide hamburg ruffles. A deep blue haircloth covered the dining chair seats.

To finish the downstairs, a piece of the large kitchen was taken to make a laundry. The kitchen was then modernized for efficiency.

Upstairs the Theisens were able to cut one large bedroom in half. By adding an unnecessary jog in the hall and using an old linen closet for a closet, a maid's room became possible. The other half was use. I to make a bath, wardrobe, and linen closets off the master bedroom. The master bedroom They listed the good and bad points of the house; finally purchased it because it could be repaired, remodeled, decorated tastefully.

A new roof, service yard, and stone steps were the only changes made on the outside. Of course, white paint and a coat of dark green on the blinds went along with the general beauty treatment. Inside there was more remodeling, but on



Totally lacking distinction this room blossomed into the one on the facing page by means of fresh paint and fabrics



was also made larger by removing an old clothes closet and the attic stairs, which were installed in hall ceiling as disappearing stairs.

Similar to most old houses, the clothes closets were the old-fashioned kind—deep and dark. By partitioning one of these dark closets, two could be made with shelves for linens in one end. In half of the other, was built a cedar closet large enough to store approximately twenty heavy garments; shelves gave room for storing blankets. In place of five awkward closets, the Theisens now have eight very efficient ones.

Shortage and restrictions on building materials led the Theisens to consider Apple Tree House. the whole, the interior of Apple Tree House is a story of wise use of what was on hand. The Theisens built their living room around their oriental rug with a salmon background, their dining room around two old blue glass candle lamps. Using a keynote color, each room took on new life with little more than new paint, tasteful choice of contrasting and blending colors in the wallpaper and materials for furniture covers and draperies.

Apple Tree House is just one chapter in the long story of what can be done to "bargain houses." It is just one of the many examples of imagination turning an old house into a wise bargain—and a comfortable home for the occupants.



COLORFUL new bathrooms—charming, efficient kitchens like these suggest what the future may hold for the home you are planning to build or remodel.

And already the Crane plumbing fixtures for your future home are well past the experimental stage. They will be ready for you as soon as war conditions permit their manufacture.

Crane plumbing of the future promises, besides a new conception in design, the same high quality—the same regard for sanitation that has characterized Crane quality equipment in the past.

Why not start your planning right now? You will have a lot of fun doing it and you can be one of the first to place your order for the new equipment as soon as it becomes available.



CRANE CO., 836 S. MICHIGAN AVE., CHICAGO 5, ILL.
NATION-WIDE SERVICE THROUGH BRANCHES, WHOLESALERS. PLUMBING AND HEATING CONTRACTORS

PLUMBING . HEATING . PIPE . FITTINGS . VALVES



Searn Laugh.

Data from MARTHA B. DARBYSHIRE

REATHES there a woman with soul so dead who never to herself has said "when I plan my home I'll try this," or "I wonder if I move the sofa I could get that effect?" Who has never had a quiver at the thought of finding an antique and adapting it to a modern setting? If there is, we don't want to hear about her!

But for the woman who still breathes, we drop the hint that "Up in Mabel's Room," a forthcoming Edward Small production, is mighty likely to be just what she's waiting for. Furthermore, she won't have any trouble persuading the male element to take her, if our spies are getting the right information to us, because the comedy situations, the cast, and the story are slanted to appeal to him.

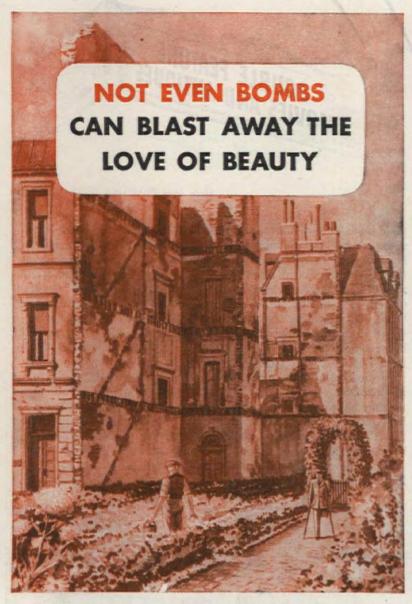
To get back to the breather, she'll laugh too, but if she has half an eye, she'll be enjoying the charming background for Mabel's room, a remodeled old house at the edge of a small Connecticut village.

Glance at our front cover for a view of the combination room. This end of the room is furnished in pine except for two chairs. The old pine settle has a seat pad of the curtain English print. Family portraits are seen above the grandmother's spinning wheel. The oak

table holds an old student lamp, while the center table is decorated with pedestal bowl holding fruit, a family Bible, papier mache sewing box, tole tea caddy and a stereoscope set. Hooked rugs are used throughout the entire living room. Walls are wood paneled while the side curtains are English print in red, gray, and beige. On the modern side are the lamps, the only ones of this kind used in the house. They have light gray bases with pale linen gray shades designed in red and are placed on antique pine tables. Taste differences between a brother and sister in the film story gave set decorator Edward Boyle a chance to explain his theory that in using things that were the choice of two very different people, the home creator may in wartime (or anytime for that matter), use good antiques although they are more elegant than articles in general use. The average person, he explained, can't discard some pieces, and the set will illustrate that things which are not quite right for that particular room can be used in a beautiful background and not really spoil anything.

Some things you might like to know about the dining room are that the walls above the dado have document print wallpaper in blue,





Their homes bombed to destruction, Londoners still grew lovely flower gardens... noble contributions to beauty... and morale

Cherish your Garden!

Keep it lovely with Vigoro—for your own satisfaction and the inspiration of your neighbors.

Busy as never before, with war work, and with growing your Victory Garden, you might be inclined to give your lawn and flower garden the "once over lightly" this year.

Don't do it! In the first place a

Don't do it! In the first place a lovely lawn and beautiful, fragrant flowers can contribute immeasurably to community morale, help you gain needed relaxation. In the second place, once you neglect your grass and garden you'll find it takes a tremendous amount of extra work to get it back in shape again.

So order Vigoro from your dealer

Comes in bags of 100, 50, 25, 10, 5 lbs. and in 1 lb. cartons.

 Your Victory Garden needs the benefits of Vigoro Victory Garden Fertilizer. Get it on now! right now. Vigoro is the complete plant food, the square meal for lawns, flowers, shrubs and trees. It supplies all the food elements growing things need from soil in scientifically balanced proportions. Fed now, it can do wonders to help you enjoy a lawn of velvety smoothness, richer, greener and healthier . . . and to mature your flowers to the peak of breathtaking beauty. Remember . . . Vigoro . . . and get it today.



gray and red. The twelve-foot window is treated with collapsible wooden shutters, decorated with fine Audubon prints. The curtains are of red sateen bound in a border of the living room English print curtains, while the valance is also of chintz. The room-size oval hooked rug is in dark red, gray, beige and blue. A pine Welsh dresser, pine corner cupboard, pine dining table chairs painted turquoise blue, with host and hostess chairs upholstered in a country wool check, same as is used on the Victorian sofa in the living room, make up the room's furnishings.

Cranberry hurricanes, seen on the table, have Waterford crystal drops. The dresser is decorated with Staffordshire dishes, tureen, and a Sheffield coffeemaker. Cranberry in a color scheme planned to include it makes these elegant possessions blend into a home which is otherwise furnished simply.

Old penny banks in a hanging wall shelf will catch the collector's eye when the story action carries into the living room. This corner has been arranged for the sister's possessions which include a slant top pine desk, a papier mache ink well, a Victorian chair, bouquets under globes, and an attractive Rennick cobbler bench coffee table.

Ah-but up in Mabel's room. this is the room that our hero has had redecorated in anticipation of the day he marries. Since he expects to occupy this room with his wife, there cannot be too many frills. The bed he has made into the size he has always wanted, using the bedposts of his parent's maple bed. Cream sateen forms the back drop while the shallow canopy is made of curtain organdy and finished with shell pink ruffles over white ruffles. The bed is trimmed with a short flounce fashioned of beige and pink calico print percale.

Highlights of the room are the wood-paneled fireplace wall; old flower prints, lacquered, used as tile to face the firebox; Dresden displays on the mantel shelf, and, in their original frames, a series of paintings on glass over the mantel.

Shell pink is the tone of the early reproduction wallpaper. Recessed shelves are attractively softened with organdy ruffles and a pleating of shell pink chintz.

Are we breathing? Well, we are practically panting to get our hands on some of these wonderful fabrics and fancy bric-a-brac and try some of the "mix 'em" and "match 'em" ideas in our own houses. If you are an upholder of things traditional, you can certainly look on and learn while you laugh!



BACKGROUND means experience. And Oil-O-Matic precision production experience dates back to World War I. Oil-O-Matic pioneered automatic oil heating for the home . . . Oil-O-Matic pioneered precision mass production in the oil heating industry . . . Oil-O-Matic installations out-number those of any other oil-burner by far

As a result of overwhelming preference for Oil-O-Matic products by American householders, Williams quickly built up manufacturing facilities unequaled in the oil heating industry in completeness . . . in productive capacity . . . in precision craftsmanship . . . in experience.

Add wartime know-how to this background of more than twenty pre-war years of leadership in the automatic oil heating field and you have the experience to which you can entrust the designing and building of your post-Victory heating unit.



ILLIAMS OIL - O - MATIC

HEATING CORPORATION

BLOOMINGTON, ILLINOIS



The Story of a Boy Who's Fighting on Every Front . . .

"I'm the Dutch Boy. And I'm a pretty busy boy, these days ...

"You see, my folks, the National Lead people, have lots of jobs for me to do besides making paint mate-rials to protect military buildings, factories and

"For example, we're helping Uncle Sam's scrap metal drive . . . acting as a government agent for salvaging tons and tons of those vital metals you hear so much about . . . lead, tin, zinc and antimony.

"But come on . . . let's hop over to the battle front and go along on a bomber raid . . .

"There's our plane now. My folks turn out acid handling equipment that helps make that high-powered aviation gas these big bombers thrive on ...

"Contact! Listen to those motors take hold. Mister, she's sure got lead in her batteries!

"Now she's rolling — and rolling on synthetic rubber. Our acid equipment helps make that too.

"We're over the Channel, with everything clicking ...

... See that instrument board and all that equip-ment? Thousands of wires connected with lead-andtin solders made by National Lead . . .

"Here come the Jerries! Look at our gunners' tracer bullets finding their marks! They contain magnesium. More of it's in the flares and incendiaries being dropped. We put up a special plant to increase the supply of magnesium.

"Look-there's the target now! Watch the bombardier at his bombsight. Lead oxides help give his lenses the extra magnifying power they need.

"There go the block busters! That noise you hear is TNT. You can't produce that stuff without concentrated sulfuric acid. "Oleum", as it's called by the boys at National Lead who make it . . .

"Wish they could have come along. But they're busy on everything from lead for anchoring submarine nets to bearing metals for tank engines . . . doing everything they can to help bring our fighting men back sooner." National Lead Company, 111 Broadway, New York 6, N. Y.



units: AMERICAN BEARING CORP. (公公) and MAGNESIUM REDUCTION CO.

National Lead Company

Miners, smelters and refiners of: Lead, zinc and other ores. Manufacturers of: Lead, titanium, barium and calcium pigments; linseed and castor oils; brass, bronze and babbitt bearings; sheet lead, lead pipe, solder, printers' metals and other lead products; magnesium; non-ferrous alloys; acid manufacturing equipment.



Tomorrow...early sunshine slanting through the windows. A soft wind, scented with spring, ruffling the curtains. A bird's merry greeting. A bright world...a world at last at peace...tomorrow...

This is your dream today. May the dawn come quickly and your days be rich in all the good things of life...a happy family, friends, gracious living. These are the things we keep in mind as we work for the tomorrow when we can again devote all our energies to making beautiful maple finished furniture to go into American homes. For our inspiration is your delight in the enduring charm of Cushman Colonial Creations.

You may find a few Cushman Creations in your dealer's present stock. If so, just touch the beautiful maple finish, the result of nine separate hand operations. Note the sturdy mortise-and-tenon construction, the softly rounded edges. Try the true-fitting doors and smooth-sliding drawers... Such qualities can be achieved only by patient, painstaking craftsmanship, but only thus can you be assured that Cushman Creations are among the finest in the world.

Tomorrow, as yesterday, we will lavish on our work the infinite care which has made the Cushman name a by-word to those who know fine maple finish furniture.

For your dream of tomorrow, make your home lovelier and more livable by thinking about Cushman Colonial Creations today.



The intriguing, decorative Cobbler's Bench



The interesting Cushman corner cupboard



The comfortable, homey, Forest Hall Chair

FURNITURE FOR EVERY ROOM IN YOUR HOME

SPECIAL only \$2.00 (For a limited time)

To show you the beautiful finish and craftsmanship of Cushman Colonial Creations, we will send this hand-pegged Colonial Footstool (13" x 8" x 7%") for about one-half its regular retail price. Only \$2.00, postage prepaid. Add 25 cents for shipment West of Mississippi.

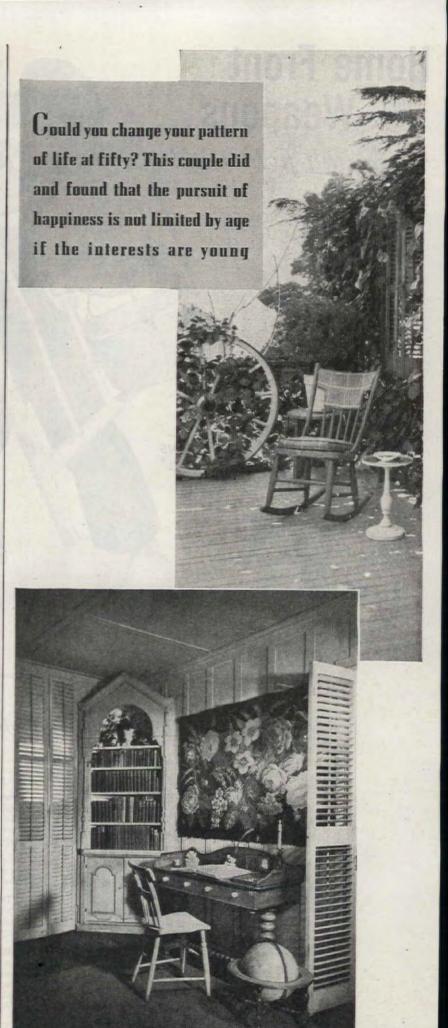
With Footstool, we will include free the valuable 32-page illustrated booklet, "Suggestions for Decorating a Colonial House."

For Book Only, send 10c for mailing cost. No stamps, please!

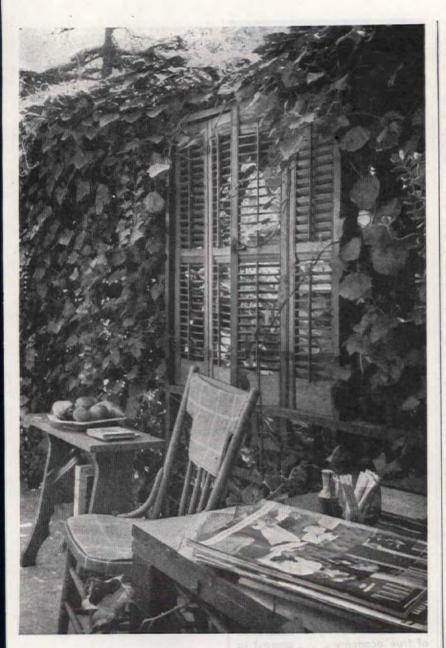


BUY
WAR BONDS
TODAY
FOR YOUR HOME
OF TOMORROW

H. T. CUSHMAN MFG. COMPANY, BOX 166, NORTH BENNINGTON, VERMONT



Starched



ORNAMENTAL GRAPEVINE AND BLUE MORNING GLORIES GIVE PROTECTIVE COLORATION TO THE SIDE PORCH AND COMPLE-MENT THE BLUE AND GREEN GINGHAM PADS ON THE CHAIRS

To a couple of oldsters of the old school, it was a rude awakening the morning they came down to breakfast and found the wolf had had pups in their vestibule! Both Mr. and Mrs. Frederick Burrows of Los Angeles had been born into old and honored families and had continued according to this pattern after marriage. But around the fifty-year mark, the pursuit of life, liberty, and happiness began to look like a paper chase with their banker holding the paper.



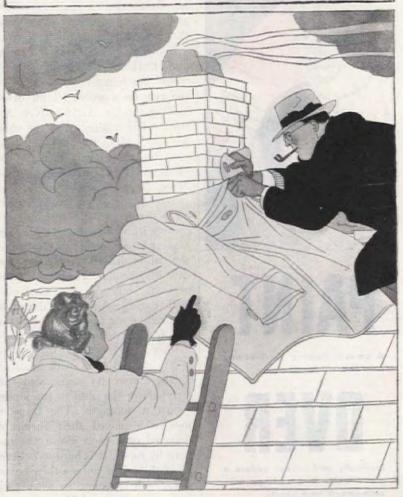
The non-functional marbleized fireplace almost comes to life when the white Franklin stove glows with pride and efficiency

MARTHA B. DARBYSHIRE

American Stamina

THE BAXTERS MAKE THE BEST OF IT

The adventures of the family next door.



"BUTTON IT UP, THERE'S A NOR'EASTER ON THE WAY!"

While Chuck Baxter clung to the roof, Alice wondered how much damage the rain might do.

"It's this darn flashing," her husband explained. "It's all rusted, and the water leaks right through it."

"Your raincoat may help," said Alice cheerfully.

"We really ought to get a roofer," said Chuck, "to tear out this old flashing and put in something that'll stand up, like copper."

"They say you can't buy copper now," said Alice. "We'll have to wait until after the war."

* * * *

Chase copper is now being used in ships, planes, munitions and other war materials, and here's luck to it.



To Chuck Baxter, and others who have to put up with rusted products, we say: let's hope it won't be long before Chase Copper Roofing Products, Chase Brass Pipe and other Chase copper and brass building products will be on the market again, for the better days of peace to come.

CHASE BRASS & COPPER CO. INCORPORATED, WATERBURY, CONN.

(SUBSIDIARY OF KENNECOTT COPPER CORPORATION)

To firms doing vital war work: If you need brass or copper, you'll find Chase Sales Service and Warehouse Stocks in 19 key cities. Call Chase first.



A smooth flowing, work-saving paint that mixes with water.

gives walls and ceilings with

Most wallpaper can be painted over in one coat without the muss or bother of removing the old paper.

TEXOLITE* goes on quickly and easily with either brush or roller. Dries in an hour so you can use the room the same day. Leaves no disagreeable paint odor.

The modern way to paint that saves time and labor and cuts decorating cost 'way



MAGIC

Trademark Reg. U.S. Pat. Off.

WATER-THINNED PAINTS

S UNITED STATES GYPSUM ADAMS STREET, CHICAGO, ILLINOIS

The first thing to do was to move from their home. Instead of saying "we'll find a house that is less expensive to live in," they said, "we'll get the cheapest house we can find and make it our castle." The house they rented had just three roomsa living room, bedroom and bath, and kitchen. They found their "new" home in a remote section of the city on a wooded bluff overlooking the Los Angeles river, Arroyo. "The wildness and the view got us," Mrs. Burrows confides, "but oh, the gloomy dark brown inside walls and the run-down condition! It was appalling."

But digging in on Landa Street, on a dime, as Mrs. Burrows expresses it, amused her. It was her pioneer blood, but it was no joke to the white haired gentleman she calls "Deacon." To him it was necessary business. But what else could one expect from the daughter of a native son of Early California and from a woman with a grandmother who traveled from Vermont, back in 1853, with a baby?

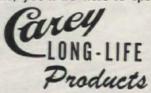
There were no steps from the street down the bluff to the house -just a footpath. The transfer men who moved their furniture dropped each piece down the incline by ropes. It is hard to believe all of this when you see their home today-all the more so when you know that Mr. and Mrs. Burrows have made all the improvements with their own capable hands. It is fantastic to look from the road through a rustic, vine-covered arch down stepping stones edged with a rustic handrail to an arched trellis which leads into a secluded patio at the back of the shingled cottage -really fantastic. Those stepping stones, eighty of them, meant blisters, calluses, and aching muscles. But the stepping stones were child's play (they packed them from a distant city dump) compared to the work of building the paved patio with built-in stone benches and a barbecue grill set back into the hillside and protected by a glassed-over trellis, or to digging out a storage room under the house.

The outside work was plainly a problem of hard physical labor, but fixing up the interior of the house was as perplexing as a jammed zipper. Even Mrs. Burrows, whose professional knowledge of interior decoration generally works with the dexterity of a ripcord on a parachute, was non-plussed. She had never in her time, nor on her time, faced a more discouraging task. But paint is a wonderful thing. It covers a multitude of sins, and today there is nothing left of the dismal interiors except her



for your-

For building your post-war home, and for necessary repairs and maintenance of your present home, you'll be wise to specify



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RENI A ROOM

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one large room into
two smaller ones,
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Wallboard. Ideal also
for ceilings, basements, etc. Smoothsurfaced — can be
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Wear-proof, verminproof, cannot burn.

THE PHILIP CAREY MFG. CO. Lockland, Cincinnati 15, Ohio Dependable Products Since 1873 In Canada: The Philip Carey Co., Ltd. Office and Factory: Lennoxville, P. Q. story of how many coats of celadon green paint went on. Old indoor shutters, painted the color of the wall, were used at all doors and windows, and a pair of old Victorian corner cupboards, also painted the celadon green, add to the structural part of the room.

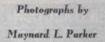
There was no fireplace nor chimney, but rather than use an uninteresting gas radiator, Mrs. Burrows moved in an iron mantel which she marbleized white, and, in front of its firebox, placed the old Franklin stove painted white to match. With curtains made of colorful but inexpensive print which is repeated on a lounge chair and with the sofa covered in plain celadon green, the nondescript four walls became a room of tailormade modesty and charm.

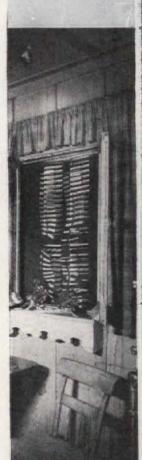
Blending the "old with the new" is one of the features of the house. Fencing foils, hung at the right of the simulated mantel, are used as fire tools. The mantel shelf is decorated with an alabaster urn, milk glass and a pair of old cottage vases. A beadwork foot stool, gold pan and brass trivet, and an old gold-leaf mirror highlight the room.

Lemon yellow and lettuce green in the kitchen. Gingham for draperies, utensils for decoration as well as utility. Old indoor shutters used at windows throughout













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Another special piece is a handsome old maple butler's serving table used as a desk. Over it hangs a piece of gros point made by Mrs. Burrows' grandmother.

Plainness of the original cottage is now erased by a "grown" protective coloring of trained ornamental grapevines and blue morning glories which hug a rail and trellis to give privacy and seclusion. Against the trellis are blue and green Anderson plaid gingham chair pads.

When the weather is bad enough to prevent their eating outside, the Burrows enjoy their breakfast corner in the kitchen. Lemon yellow and lettuce green are the shades used. The walls are yellow, furniture green, while the gingham curtains feature the color scheme.

The Burrows have cleaned off the spindle of their home project. It was merely a small down payment on staunch and sturdy American heritage. We hear of the same down payment being made on every side. Everywhere American homes are functioning simply. Men and women are doing amazing new tasks. Things they hired done before, they are doing with a certain pride in accomplishment. The room a woman papered, the yard furniture her husband built, the vegetable garden, her preserves—these are only a repetition of marginal notes on their grandmother's or grandfather's journal.

Mr. and Mrs. Burrows had a head start on some of us in learning how to meet an emergency. They obtained their degree in the art of simplifying living about the year that Victory gardens came into vogue. But all of the other capable Americans who have by now sharpened their ingenuity on the present emergency whetstone will agree that this double feature of garden and house, projected now against a war background, pretty well fits the present specifications, "make it do or fix it yourself."

The inspiration Mrs. Burrows drew from her father and grandparents was undoubtedly one of stamina. It is reasonable, then, that her pioneer blood, combined with the double yoke of determination and intellectual ingredients in the "Deacon's" makeup, put the starch in the Burrows' Herculean homemaking project.

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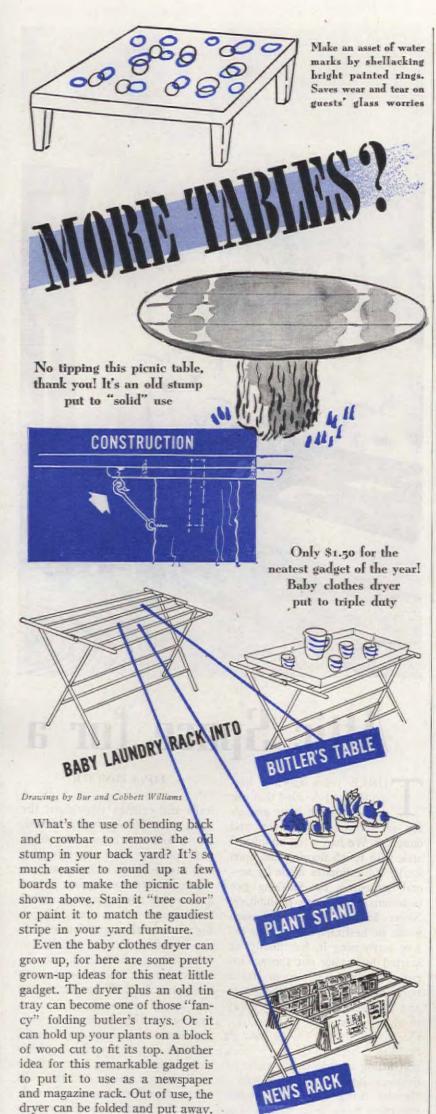
CONSTRUCTION

Contributors-JUNE C. ORTGIES K. LOUIS COBBETT WILLIAMS

W HEN you come right down to them, these tables are made from almost everything! That stool that Aunt Susie wouldn't sit on long enough to learn the left hand to the "Blue Danube" carries on in the lazy tradition as a Lazy Susan table. The evolving table top replaces the green plush seat—and a flick of the wrist brings the tea cup right there in front of you.

A sight for even poor eyes, that old coffee table of yours marred beyond polish by those whitish rings, but these rings can be the motif for a tricky job. Rings of different sizes painted different colors, finished off shiny all over with shellac, makes a brand-new table for onc. nu | your porch or in your playroom.

THE AMERICAN HOME, MAY, 1944



Are You in the Know?



You hear it on which radio program? Beat the Band

Red Skelton Fibber McGee and Molly

You ought to "det a whippin'" if you don't guess this! Yes, it's the Red Skelton program. And for you, perhaps the fun takes on a special glow, tonight. Because the crowd's at your house and the party's been swell. You're thankful you didn't call things off . . . on account of that "certain" time. You found you needn't, for the flat. found you needn't, for the flat, pressed ends of Kotex show no telltale outlines. And that special Kotex safety center never betrays

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In all of its many years of leadership in home heating, Holland has never before seen anything like the praise which delighted customers are pouring upon the new Holland Furnace. From them are received the most enthusiastic reports, — of how this new engineering achievement responds like a pursuit plane when speedy heat is wanted, of how it holds the house to a warm-as-toast comfort. Thrilling, too, are the tributes to its ease of operation, its more efficient combustion, and the sizeable saving on fuel.

There are sound, scientific reasons for all these new benefits and advantages, — reasons which the Holland man in your community will be happy to demonstrate and explain. Of

course, at present you must qualify under government regulations before you can buy, — but there is no priority against your taking a look at the world's newest, most advanced development in basic home heating.

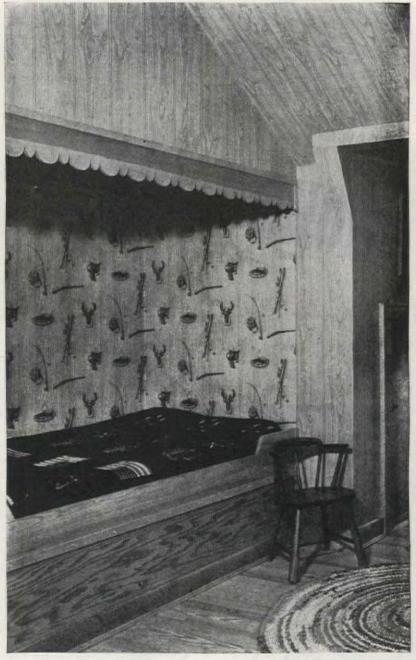
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Attic Space for a

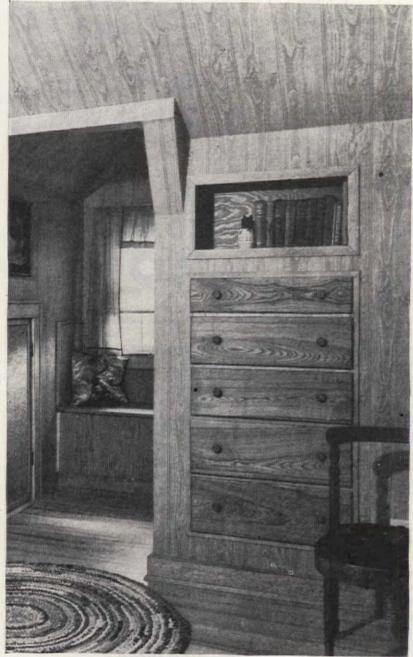
EDNA EBMEYER

HREE years ago my husband and I decided that our home was not large enough for us and our young son and daughter. We had a big unfinished attic with rough flooring and open studs, but estimates made by several carpenters for finishing two bedrooms there were prohibitive. Never having tackled any such work, we hesitated a long time before attempting it, but finally we started by laying out the accompanying plan. Each room has a dormer window facing the street and a double one at the side. So as to give our daughter an especially nice room, we hit on the idea of building a bunk in the boy's room and fitting his homemade chest of drawers into one of the eaves. thereby using space that would otherwise have been wasted. The

walls and ceilings throughout the attic were made of wall board, cracks and nail holes being filled with plaster filler; then ceiling and inside closet walls were covered with cold water paint. Laying a new pine floor over the original rough boards was a pretty big job for a man with no previous experience in that kind of work, but it was finally completed, and the doors, frames, and base molding were installed. Then came the problem of decorating.

After getting some more estimates we decided that we would have to do the papering, too. We ordered knotty pine paper from a mail order catalogue and two rolls of an attractive hunting lodge pattern thinking that it might work in

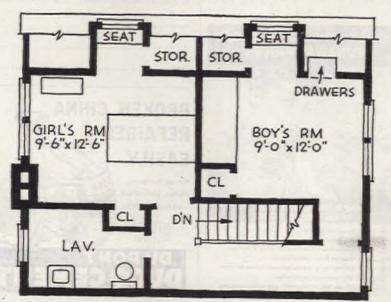
THE AMERICAN HOME, MAY, 1944



Photograph by Wurts Bros.

Boy and a Girl

We solved a familiar third-floor problem and surprised ourselves with our skill as amateurs



THE AMERICAN HOME, MAY, 1944



Remedy for "ragged nerves"

Ever find yourself not-the-best company...maybe even on the blue side, jittery? War-time worries, business problems? Then you should know about the best pickup in the world, one that never lets you down! It's the thrill and satisfaction of creating music yourself.

Perhaps you wonder how you can play beautiful music if, like many others, you have had no training, or have "let your music go." Here's the answer! Organ music, as you know, is orchestra-rich, vividly expressive, dramatic. Well, it's those very qualities of the organ which, even in the hands of an amateur, make the simplest music rich and satisfying. The vibrant, sustained notes of the organ make beautiful music easy to play.

Also, the Hammond Organ brings you these rich, colorful organ tones in modern, compact form, styled to fit into your living room no matter what its size. Because the Hammond Organ creates musical tones the marvelous electronic way, it requires a space only four feet square.

Hammond Organs aren't available now, of course, we are busy with war work. But you can hear and try this fine instrument now . . . many Hammond dealers have reserved one for this purpose. Come on, try it—and plan for yours when Victory is won.

FREE—Write for your subscription to HAMMOND TIMES, monthly magazine about organ music for the home. Hammond Instrument Company, 2941 N. Western Ave., Chicago 18, Illinois

HAMMOND ORGAN



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"Mom didn't figure I'd make it home so quick after I got in port. There she was, hanging out the 'camouflage.' Funny, isn't it, how clean lace net curtains give a house that special feeling of home?

"I allowed as how they reminded me of the camouflage nets we used to keep the Japs from spotting us. Just joking, I asked if hers were also made by Scranton.

"'Course,' she says. 'That's why they're still just as good as new. And they've been keeping my neighbors from peeking in, too—since long before Pearl Harbor.'"

Many of the great looms which once made exquisite Scranton Craftspun* Curtains are weaving camouflage Won't you see if those you have won't last another season? With

won't last another season? With their strong fied-in-place weave they launder beautifully, and they're still in perfect style.

If you really need new ones, you'll find a few at your favorite store. But why not hang up War Bonds, instead, until Victory comes.

Scranton *Reg. U.S. Pat. Off.
CRAFTSPUN CURTAINS
"THE NET OF THEM ALL"

somewhere. As it happened, just as we got around to the bunk, we remembered it and, luckily, had just enough of the hunting pattern, with a scant ten inches left over. The drawer fronts and bunk are finished in white ash lightly stained to blend with the pine wallpaper.

Our daughter's room was done in a peach paper with an all-over rosebud pattern; it, too, has a built-in window seat (which provides space for storing blankets) and is finished with a maple bedroom set. We used silver and white paper in the hall, and aqua and white in the lavatory; all the woodwork is stained except in the bathroom. We were surprised to find how well two amateurs could do at papering, especially in view of such difficulties as the dormer windows, the sloping ceiling, the bunk, etc. Finally we rented an electric sanding machine to finish the floors, after which we waxed and buffed them about four times before permitting the children to move in. This they did on Washington's Birthday, 1943, when some of our neighbors, who, incidentally, were as enthusiastic as we over the wholly homemade improvement, helped them install their belongings upstairs. My contributions to the room shown-besides whatever help I could give in the building-were the afghan on the bunk and the rag rug; the needlepoint tapestry picture over the cupboard is an heirloom done by the children's grandmother.

Those who know say that one way to prevent family friction and juvenile unrest and discontent is to give youngsters interests, things, and rooms of their own, so they can learn both the pleasures and the responsibilities of ownership. We feel that, whether they planned to or not, Mr. and Mrs. Ebmeyer have shown how that theory can be carried out.—Editors.





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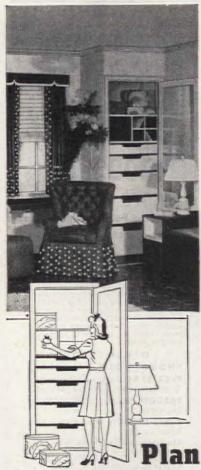
Naturally thousands of families will build such homes, as soon as building restrictions are lifted. So no matter where you now live, send for the new free book that tells the whole story of tomorrow's homes. Discover how easily you, too, can design, plan and finance your ideal home of tomorrow.

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THE BEST IS YOURS—WITH PINE

MARE THINGS



What are you doing for the morale of your house? Deterioration does set inwar or no war!

R. W. SEXTON

O PROLONG the life of materials by caring for them, is a part that we all on the home front can play in the war effort. Preservation of beauty and maintenance of maximum service for the things we have should be the aim of every home owner.

There is probably no way an old house may be so readily, easily and economically freshened up in appearance as by a coat of paint. A change in the color scheme made at the same time, even without making changes in structure, will often effect a transformation.

Many of us forget that in addition to color, paint is primarily a preservative, affording a protective coating for the material from action of the elements, gases in the air, and changes of temperature.

Repainting of the woodwork on the exterior of a house should not be postponed until there is evidence of paint failure, such as cracks or blisters in the film that indicate moisture is being admitted inside the walls of the house.

A good paint job may be expected to last several years. Defects, which often appear in a painted surface, are in many cases not due to paint failure. Various causes such as moisture within a wall, poor carpentry work in fitting the siding to window and door casings may cause leaks. Moisture reduces the adhesion of the paint,



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War has been claiming materials that formerly went into Kohler bath and kitchen installations. And that means that such things as gleaming new Kohler sinks and fittings may continue unobtainable for a long time.

Certain necessary fixtures and fittings for replacement and maintenance are being made, but on a limited basis and of non-critical materials.

But Kohler's main job today is war - the production of implements to arm our forces on the ground, in the air, on and under the sea. Kohler Co. Established 1873. Kohler, Wis.

Make your plumbing last by taking good care of it.

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YOUR after-victory windows can bring the glorious outdoors into every room, flood interiors with golden sunlight. Kirsch drapery hardware will enable you to control that light, regulate ventilation, preserve privacy. And with it all, Kirsch equipment will make it truer than ever that beauty in the room begins at the windows! As you plan for aftervictory rooms, remember the name Kirsch for better control of light and ventilation.

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creating a small pressure which is sufficient to lift the paint film and form blisters. When the blisters are ruptured, they curl back from the wood and the paint peels. This in turn causes more wood to be exposed to the action of moisture.

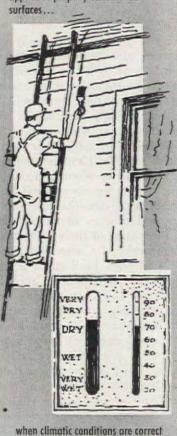
Before repainting, it is important to make all necessary repairs to assure that the wall is dry and the surface firmly sealed against the penetration of moisture. All loose paint caused by cracks and blisters should be removed by scraping. Sometimes it may even be necessary to use a blow torch. If the surfaces are sanded, the paint will adhere and flow better,



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The simplest suggestion may bring the postman to your door with that first prize of \$200 in War Bonds or with one of the other 42 prizes. Maybe it's an idea for a new color or pattern, a new way of drawing shades or reversing them, or making them wear better. Or a suggestion that will make Venetian Blinds more attractive, more convenient, or easier to clean.

Remember, Clopay has become the world's largest maker of window shades because we've given people the kind of improvements people wanted. So your idea may be the very one we're looking for ... the very one that will win.



CLOPAY

WINDOW SHADES AND VENETIAN BLINDS

On sale at 5-&-10c and neighborhood stores everywhere

and thus less paint will be required. All imperfections in the structure, such as a split, decayed or badly worn woodwork, should also be repaired before painting.

Repaint only during fair, dry weather is the experienced man's advice. Spring, early summer and early fall are the best seasons. Be sure that the surface to be painted is thoroughly dry after a rain, and allow ample time between coats so that each may dry thoroughly.

It is generally recommended to use three coats of paint for new construction, unpainted surfaces and for repaint work that has been largely scraped. Two coats are sufficient for repaint work that is in fair condition. The first coat in either case acts as a primer and sealer, although the primer for a two-coat job is more highly pigmented than that used when three coats are going to be applied.

Use a good grade of paint. Criterion by which a paint may be judged is its service record. A good grade paint will adhere well, present sufficient tooth to anchor the repaint coat to the existing paint coat; will be sufficiently elastic to contract and expand, as the wood does to temperature and moisture changes, and will still be in condition to afford some protection at the time of repainting.

Although paint protects from the weather the support to which it is applied such as wood clapboards or shingles, and thus tends to retard the penetration of moisture, it cannot be considered a waterproofing agent. Because damp rooms are conducive to unwholesome living conditions and are also hard to heat, don't forget the importance of coating the wall, whether of clapboards, shingles, brick or stone, with some waterproofing compound to seal it from the penetration of moisture. Previous to the application of the material, all visible cracks and joints around windows and doors should be filled with a caulking compound which is applied like putty. The waterproofing compound itself will seal minute seams and, by soaking into the pores, will seal the porosity of the brick or stone of which the wall is constructed, the deep penetration assuring lasting results. Detailed instructions for applying these compounds are on each package and should be followed accurately. Whether for wood or for masonry, some may be applied to both, these compounds form a permanent coating which is from ten to twenty times thicker than paint, not only making the wall waterproof but serving as an

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TEACHER, is little Janie difficult, inattentive, stand-offish? Maybe it's your . . . Denture Breath! Of course you think that brushing and scrubbing your dentures keep them wholesome as can be. Watch out! It is difficult to reach all the

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produce and
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Use POLIDENT Daily TO KEEP PLATES AND BRIDGES CLEAN ... AND ODOR-FREE!





Yes! In addition to all the practical features shown above, Ultra Luminall gives you the "wanted" colors—a wide assort-ment from delicate ivory to the deeper tints and shades. And all are distinguished by their remarkable purity. It's easy, inexpensive, and a joy to renew rooms with Ultra Luminall! Luminall (casein binder) has the same qualities as Ultra Luminall except it features light-improvement instead of extra washability. Ultra Luminall and Luminall are sold by authorized paint dealers.

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insulating agent, and providing a high degree of fire protection.

When the wood facing on a wall has deteriorated badly and a waterproof coating would be inadvisable due to the cost of making the necessary repairs to the old surface to condition it for application of a waterproofing compound, asbestos siding shingles are recommended. They may be applied directly over any old wall by simply covering the old surface with a building paper before the new shingles are applied. Advantages of the shingles are that they make the wall waterproof, reduce the fire hazard of a wall of wood construc-



Avoid leaks which damage walls and ceilings. Watch these critical areas ...

- A. Flashings (wood walls)
- B. Valleys
- C. Cap flashing (masonry walls)
- D. Open joints
- E. Cracks between mortar & brick or stone
- F. Gutters
- G. Leaders

tion, have a permanent factory finish which requires no periodical painting, seal the wall against moisture and act as insulation.

Some seventy-five per cent of roof leaks are traced to imperfections in flashings and valleys, the technical names given to the pieces of metal which are laid under the shingles at breaks in the roof or at points where the roof meets an upright wall. Waterproof felt is being used during wartime in place of metal base or counter flashing. Two sheets of mineral surface asphalt roll roofing is often used for valleys. Plastic industries have developed products which may be applied to structural details to keep these sections waterproof. Keep gutters clean so there is no overflow caused by rubbish accumulation.

Do you know that there will be no more canvas available for awnings until the war is won? Better take care of the old ones. There is a new paint on the market which has been especially prepared for canvas. It not only makes the fabric waterproof and sun-resistant but leaves it soft and pliable. Painting the awnings when you take them down for the winter will prevent them from mildew which rots the canvas when the awnings are stored. The paint is easily applied with an ordinary paint brush or spray and is available in several practical shades.



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wash them carefully with plenty of good sudsy water. For rayon and rayon mixtures, starch with 1 part *basic LINIT mixture to 5 parts water.



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*EVERY BOX OF LINIT tells you three quick ways to prepare the basic LINIT mixture.

YOU'LL FIND LINIT at all grocers. It's the modern starch that thoroughly penetrates; protects and lengthens the life of fabrics hard to replace.



THEN OPEN WIDE YOUR WINDOWS, and while your snowy curtains sway in the soft spring breeze, you'll sing, "Let me tell you, friends and neighbors, LINIT Lightens Laundry Labors."



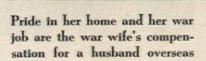
ONE ROOM HOME for a War-working Army Wife



DETERMINED to have a home of her own, one within her means, and a war job was the personal campaign launched by Mrs. Harry Gottlieb, Jr. Skillful and concentrated effort have resulted in both home and job for this Army wife.

Mrs. Gottlieb was a freshman in college when she married the Army Signal Corps officer. During his training she was a "camp follower" and lived in rented rooms. When he was sent to the South Pacific, the bride came home.

A one-room apartment on the third floor of an old building in



Frigidaire again reminds you

HOW TO KEEP YOUR REFRIGERATOR HAPPY



If you know the answers to these ten questions your refrigerator can give you better wartime service!

Q. Do I ever have to oil and clean the motor?

A. No, if it is a sealed mechanism. Yes, if it is an "Open type" mechanism (usually belt driven). Ask your dealer what kind of oil to use, where to use it and how often. When oiling, clean and check the belt. See page 27 of 101 Refrigerator Helps.*

Q. Does the condenser ever need attention?

A. The condenser is to your refrigerator what the radiator is to your automobile. Dirt and dust interfere with its cooling efficiency and increase the running of the motor. Clean with a long handle brush or vacuum cleaner attachment. Before cleaning, turn refrigerator off by pulling plug from outlet. See page 26 of 101 Refrigerator Helps.*

If it sulks



Q. What do I do if it won't run?

A. 1. Be sure "on and off" switch (if any) is "ON," defroster switch is "OFF," and plug is in wall outlet.
2. If so, check outlet with a floor or table lamp to see if current is on here. 3. If not, check for blown fuse in distribution panel at meter. 4. If current is on at outlet, insert refrigerator plug again and try moving temperature control to the coldest position. If trouble persists, call a service man.

Q. Why shouldn't bot dishes go in the refrigerator?

A. They may raise the temperature of the food compartment. Wastes current, too. Hot dishes may be cooled before storing in pan of ice water. See page 24 of 101 Refrigerator Helps.*

Q. Does it matter bow I open and close the door?

A. Yes. Always use the handle or opener. Perspiration from hands causes the rubber seal and cabinet finish, if non-porcelain, to deteriorate. See page 25 of 101 Refrigerator Helps.*

Food Fights for Freedom!

Grow more in '44! Avoid all waste; share and play square with food.

Q. What do I do if it runs too much?

A. 1. Clean the condenser, 2. Are you cooling a big food load or large quantities of warm food? Or freezing a large supply of ice cubes? 3. Try turning temperature control to its warmest position before calling in the service man.

If it loafs on the job



Q. What do I do if it runs but won't refrigerate?

A. 1. Remove plug from wall receptacle. 2. Defrost completely. 3. Start mechanism and check to see if freezer gets cold. 4. Repeat if necessary before calling service man.

Q. How often should I defrost my refrigerator?

A. When freezer frost gets too thick it can choke off refrigeration, cause the mechanism to run more frequently, or raise food compartment temperatures to the danger point. Always defrost before the frost builds up to ¼" (about the thickness of a lead pencil). For an easy way to defrost your refrigerator in just 15 minutes, see page 27 of 101 Refrigerator Helps.*

Q. What is the door seal and what does it do?

A. The door seal is the rubber gasket on the inside of the door. When the door is closed it keeps heat out of the refrigerator. The seal should be tight at all times. Check it by closing the door on a narrow slip of paper. If you can slip the paper up and down, the seal is imperfect. If the gasket is worn out, soft, and sticky, have it replaced. Having the latch tightened or the hinges reversed may also help. See page 26 of 101 Refrigerator Helps.*

If it mopes



Q. What do I do if ice freezing is too slow?

A. 1. The temperature control may be improperly set. 2. Ice trays may not be resting flat on freezer shelf. 3. Some trays freeze naturally faster than others. Metal trays, for example, freeze much faster than rubber. 4. Trays will freeze faster in some parts of the freezer than in others.

If any trouble persists, call a service man

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Just off press! "101 Refrigerator Helps" for all refrigerator users! New tips on care and use of your refrigerator. Rules for freezing desserts, how to keep dairy products; many other helpful facts. Get your free copy from any Frigidaire dealer. Or write Frigidaire, 464 Taylor St., Davton 1, Ohio. In Canada, address 57 Commercial St., Leaside, Ont.

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How to make magic with mirrors



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The problem of large, empty expanses of wall space. First, cheer up the walls with Pittsburgh Live Paint. Then hang three unframed Plate Glass mirrors on the wall like this. They break up the dull expanse, add light and charm.

You can get these items at your favorite department or furniture store.



The majority of mirror manufacturers use Pittsburgh Plate Glass because of its beauty and accurate reflections. So the Pittsburgh Label on a mirror or top is your assurance of good plate glass, no matter who makes the product. Remember, if you want the best, be sure your mirror or top is made of plate glass.



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Chicago's near North side, was the site selected by Mrs. Gottlieb. The room is about 22x21 and boasts a completely equipped electric pullman kitchen, 8x12; a real fireplace, two windows, two large closets and a bath. An inoffensive mouse colored carpet was on the floor.

Drab oatmeal papered walls she painted a forest green to match the tiles of the fireplace. White paint brightened the mantel and woodwork. For the windows, for a long curtain to conceal the kitchenette, and for her studio couch cover, Mrs. Gottlieb purchased inexpensive natural cotton fabric in a nubby texture and did the work herself. Because it had real springs, she bought the second hand studio couch, double bed size.

To bring color to the fireplace group, which was formed by four comfortable chairs, she selected a gay, red shaggy cotton rug. The chairs are sectional pieces, two with side arms and two without, which, when Harry comes marching home, can be used to form a sofa. Now two chairs face the fireplace and two flank it. Slip covers are of red and green chintz on a natural background. At the group corners, she placed two square blond wood lamp tables holding two white plaster lamps with white paper shades edged in red.

A pair of red Mexican painted chairs, a blond wood square table is next to one long window. This group she uses for double duty as a desk and dining unit.

Her "masterpiece" is on the long unbroken wall opposite the fireplace. Out of her mother-in-law's basement came this old kitchen cabinet of by-gone days. Mrs. Gottlieb scraped it, removed the doors and painted it black with yellow shelves. This is now her "breakfront" accommodating her books and pet pewter. Flanking the "breakfront" are two carpenter made shelves for more books. These also are black with yellow shelves. For hurricane lamps the war wife utilized some large brandy inhalers and placed fat, stubby candles inside. On the outside of the glass bowls, she painted colorful Pennsylvania Dutch designs.

Another family castoff, an antique Victorian chest, is placed next to the entrance door. From this she removed seven coats of paint, added new glass knob pulls, and painted it black. Personal lingerie and clothing are kept here.

With little expense and great ingenuity, Mrs. Gottlieb has fashioned a home which she looks forward to showing her husband. In the meantime, she has a war job in a local airplane plant.





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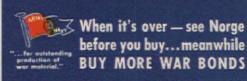
This girl and her sisters—millions of them—are now veterans of the war plants and factories, their efficiency equal to that of the men they replaced, and their output an increasingly important factor in the drive for victory. Enthusiastically and steadfastly they work at their appointed tasks, winning the plaudits and the gratitude of a nation still at war.

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Here at Norge we, too, are working for victory, with our facilities devoted to the production of more than forty items for war. And Norge refrigerators and other appliances in millions of American homes are contributing their bit by conserving and preserving foods, lightening household labors and otherwise adding to the efficiency of war-busy people. But as we work for war today we look ahead and think and plan for peace tomorrow. The Norge postwar products -Rollator refrigerators, gas and electric ranges, washers and home heaterswill be better designed, better engineered and better built because of new lessons learned and new skills developed. They will be, even more so than formerly, products of experience-better products for the better world to come. Norge Division, Borg-Warner Corporation, Detroit 26, Michigan.

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May we at home remember that upon the support we give them depends the future of this—Our America.



We Need



Maynard L. Parker

In a few short months annual flowers grown from seed made Mr. and Mrs. J. J. Murray's Beverly Hills dooryard garden bright and gay. More lasting effects can be had with perennials; for example, the popular azaleamum



This perennial border in the Claude B. Aniol garden in Texas shows what flowers can do for a home setting and reminds us that one of the richest fields in which to start them is the hearts of children

Flowers in Wartime, too



Jackson & Perkins Co.

There are grand old varieties of flowers and many even finer modern ones—phloxes in many delicate shades, for instance, or the striking new American-made hybrid scabiosa Blue Lady

THEY TAKE LITTLE TIME AND LITTLE MONEY FOR THE JOY THEY BRING IN A WAR WEARY WORLD

We are hearing so much about the grimly vital necessities of war—food, manpower, blood plasma and such things—that it would be easy to overlook the fact that there is a real need for flowers, too. But don't do it! Don't lose your grip on the gratifying truth that beauty, which nourishes the spirit, is as essential to a rich and fully rounded life as is the food that sustains the body. And that the beauty of flowers is one of the most satisfying and effectively beneficial of all the kinds there are.

And don't forget the pleasure, pride, and solace that come from growing them.

That being true in the case of people living a normal existence, think how much more the benign influence of flowers can mean to a life that has been warped, wounded, or battered physically or mentally. That, as we all know, is what has happened and is happening to thousands of men, women, and children both directly, through actual participation in or contact with warfare, and indirectly, as a result of the hardships, and worries that extend back from the



Typical of tall, stately flowers that symbolize courage and aspiration is the foxglove (Digitalis)

whose graceful spires are fine in woodland nooks

If, loving windflowers, you find this St. Brigid type too fussy for your skill and site, Anemone japonica is amenable and hardy





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How to Improve YOUR VICTORY GAPDEN

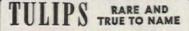
Guaranteed to make you a better gardener, Step-by-step photos show you the correct techniques; 1944 planting

tables, lists of varieties and cultural directions tell you all you want to know. Sure to be voted the war's best garden book. Write for free copy today.









This year the scarcity of good Tulips will be more acute than ever, but of one thing you may be sure: Nelis Tulips will continue to uphold their famous reputation for being the most distinctive. A new, complete color catalog of these exceptionally fine offerings may be had for the writing—probably the

the most distinctive. A new, catalog of these exceptionally may be had for the writinsmost comprehensive Tulips listing published. The edition is limited, so you must act quickly. Early ordering of bulbs is particularly recommended. NELIS TULIPS from TULIP TOWN

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fighting zones to the most distant home front. If you don't know but would learn what flowers - the flowers YOU grow-can do for members of the armed forces, ask the Red Cross or any service organization; ask any army or navy officer concerned with the welfare of fighting men immobilized in camps or barracks with only a recreation hut to represent the background of home and peace for which they have taken up arms; ask any medical man or nurse engaged in the work of healing and rehabilitating the unhappy casualties of war.

And if you want evidence of the worthwhileness of giving time and attention to the growing of flowers, you can find it on every hand. In the enthusiastic letters written by last year's successful victory gardeners, for example, many of whom never knew until 1943 the abundant delights of eating fresh vegetables of their own growing. You would find a surprising number of interpolated comments about the pleasure gained from a row or two of marigolds, zinnias, or other flowers included with the idea of merely bordering or brightening up the plots. One clearthinking community victory garden leader last year made it a requirement for the cultivation of plots of land secured from or with the help of her local committee that a three-foot grass strip be maintained in good condition along the sidewalk, and that a row of flowers be grown between it and the vegetables. As a result, many novice gardeners were introduced to the fun of growing flowers who might not have attempted it on their own initiative. And the appearance of the community-an attractive suburb-was not jeopardized but appreciably enhanced by the utilization of its vacant lots for the growing of food crops.

Happily there are flowers for all sorts of conditions, localities, tastes, and skills. There are annuals, easily grown from seed sown in the open ground, or available as young plants started early so as to permit a full season of growth and flowering; bulbs to be planted in spring for summer and fall bloom, or in fall to brighten the early spring picture; perennials which, started one year, will carry on for season after season, and, of course, the flowering shrubs and trees of still greater stature and permanence. Some or all of these can be part of every home setting, an adjunct of every effort to increase the supply of home grown vegetables and dooryard fruits.



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LOOK FOR THE LEAF ON THE PACKAGE

ANY GARDENER CAN HAVE A HUMUS FACTORY

NANCY RICHEY RANSON

TIME was when we could toss a few tubs and boxes into the flivver and buzz off to the woods for a picnic and a supply of leaf mold to spread on the lawn, dig into the flower beds and vegetable garden, and mix into the potting soil for our house plants. It was fun and good exercise as well as hard work collecting it and putting it where its rich humus would do the most good. Those were the days when we kept our lawns raked clean and burned the leaves when they fell in autumn or piled up in the fence corners over winter. We burned the grass clippings, too, or put them out with the weeds and other garden refuse for the trash wagon to take away; the garbage man took the corn husks, bean and pea pods, discarded cabbage leaves and other vegetable waste.

Well, we've learned better-and we don't give all the credit to gasoline rationing, either. Now we make our own leaf mold because someone wiser than we taught us how. We see the fallen leaves in a new light, and all the rakings and trimmings have taken on new and increased value as potential fertility

and loveliness for our garden.

The transformation of this once-wasted vegetable matter into leaf mold doesn't happen over night or at the wave of a magic wand. It requires a year, more or less, and some work: but there's enormous satisfaction in achieving in our own back vard in twelve months what grand old forest trees have spent untold seasons accomplishing. The method we follow and find exceedingly efficient was worked out after careful experimenting by Mr. and Mrs. Edward Belsterling, of Dallas, Texas, who have given me permission to pass it on to other gardeners. Their back yard humus factory-which turns out seven 55-gallon barrels of leafmold every year-is a compost bin 10' long, 5' wide and 5' high divided by a cross wall into two 5 x 5 x 5 ft. boxes. It is made of rough redwood, the 1" x 6" boards being nailed horizontally to 2 x 4 uprights with 3/8" spaces between them to let in the air. To further ventilate the contents and promote the action of



Three steps in the Belsterling humusmaking process: Filling the compost bin with vegetable waste; wetting it down, and screening the finished product through the sliding sifter (left)

the decomposition bacteria, each bin has in the center a chimney made of 1" x 6" boards with oneinch holes bored in them a foot apart. The chimney was an improvement added after Mr. Belsterling found that in his first compost bin the vegetable matter, although it decomposed satisfactorily around the sides, rotted down very slowly in the center.

Practically everything in the way of vegetable waste that accumulates about the garden and in the kitchen goes into the bin, except woody and thorny twigs and diseased plants. The heat generated by the decaying matter, especially





3/4"x 3/4" TRACK MESH SCREEN BOTTOM NAILED TO SCREENING 3/4" THICK 15/8"THICK Sigman-Ward "a" IS 15/8" THICK DUCK CURTAIN EACH LEG IS FASTENED WITH 3-3/16" STOVE BOLTS

VICTORY GARDENERS All Gardeners! Here's why regular feeding is essential to healthy plant growth It has been scientifically proved that plants—in order to attain maximum growth—need specific amounts of 11 different mineral elements. Plants and these sections of the plants are the plants of the plants are the plants. Plants get these elements only by absorbing them through their roots in the form of moisture. to attain maximum effective-ss, a plant food must supply all ose vital elements—and must be liquid form. Here's why KEM* provides the easiest, most effective way to grow plants! KEM contains all eleven essen-tial elements in exactly the right proportions. proportions. KEM is in liquid form—all ready for the plant roots to absorb, for the plant roots to absorb, lt's stabilized, too—never goes out of solution. out of solution. KEM-fed plants always grow in correct proportion—no 'freak' growth; no excessive foliage or root structure. root structure. So KEM, when applied, is 100% efficient! It's complete—it's immediately available—it comprises all the food a plant can use! Effectiveness for Yourself! Compare Its Results with Any Other Method of Growing Plants . . . VICTORY GARDENS Get the most out of your garden this year. For a "bumper" crop of vegeta-bles, KEM-feed them all through the growing season. FLOWERS, LAWNS, SHRUBS AND TREES For larger blooms, greener lawns, sturdier shrubs—use KEM regularly. HOUSE PLANTS, AND CUT FLOWERS KEM is ideal for indoor use-odorless, harmless, all ready to use! ACCEPT NO SUBSTITUTE FOR KEM! It's THE ready-prepared, complete liquid plant food. KEM IS ECONOMICAL, TOO! Diluted, the 25¢ size makes 3 gallons of ready-prepared plant food; the 50¢ size 8 gallons. BUY KEM NOW at 5¢ and 10¢ stores, hardware, department or seed stores. If your local dealer has not yet stocked

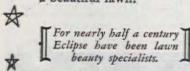
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pleasure to every keeper of
a beautiful lawn.



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when grass clippings are included, is sufficient to kill weed seeds if any are present. Briefly, then, the system consists simply of piling the vegetable matter into one of the compartments as fast as it accumulates, and watering it moderately once a week, or oftener in dry weather if necessary to keep the mass damp but not soggy. If the pile grows too high for the box, he climbs in and tramples it. Gradually it loses its identity as vegetable matter and becomes a rich. loose black compost with a lightness and absorbent quality that so many soils do not possess.

In about six months - which means in midwinter in Mr. Belsterling's locality but which could be in spring or fall in other regions. according to when the compostmaking was begun-he starts to fork the accumulated compost from the full bin into the empty one. The material is removed down to the point where decomposition is complete; the raw and partly decayed upper layers rot down more rapidly as the bottom of a new lot, and also supply a "leaven" of the all-important bacteria to start action in the next batch.

The completely rotted matter uncovered in the first bin is now ready to be sifted. First, however, it is thrown out and allowed to dry somewhat for a day or two, being turned over two or three times to hasten the process. At this point Mr. Belsterling's ingenuity and handiness with tools again become evident, for he designed and built the sifting stand and the sliding sieves shown in the photographs and the diagram on page 69. He has several sieves made with different grades of hardware cloth ranging from 1/16" to 3/4" mesh. Those used for sifting the leaf mold are the ½ and ½" sieves; the others are used for sand and gravel, and for screening special soil mixtures, etc. Ordinarily, sifting through the 1/4" sieve gives a compost suitable for top-dressing a lawn or improving the condition of a soil for any average outdoor crop. If an especially fine leaf mold is wanted, it can be rubbed through one with the finer mesh.

We asked him how he happened to work out his simple but effective and systematic method and his reply was, "Well, the boss said she wanted more compost, and that was that. But," he added, as he let a handful of the fine, black leaf mold run through his fingers, "no matter how much we make, somehow it's never enough." We expect that all real gardeners who can get excited about a fine, fertile, productive soil know just what he means.



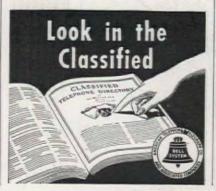
Quoth the Robin:

"It's time to look in the Classified for Spring repairs"

Where's a roofer? Where's a house painter? Who makes screens? Who cleans carpets... and drapes?

Your spring cleaning and repairing questions are quickly answered by the Classified section of your telephone book.

Local people who perform all kinds of services, as well as dealers in many branded products, are listed in this handy reference guide. Whichever you need...

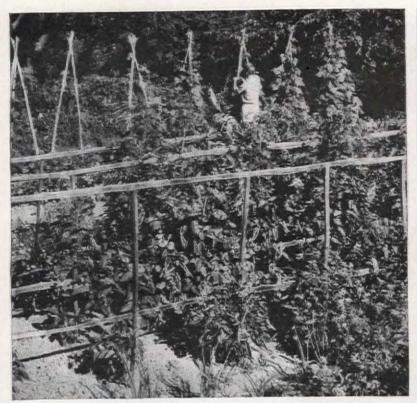




Garden Story and photographs by

HAT about stakes in your garden this year? Perhaps you are lucky enough to have some prewar metal supports for your lowergrowing flowers, but what are you planning to do for the tomatoes, pole beans, dahlias and other things that need real assistance and encouragement? Dressed lumber, even if it weren't expensive, ought to be saved for more vital uses. You may, as we do, dislike to cut woodland saplings. It's quite possible that any rough stakes that survived last year found their way into the fireplace during the winter -they have a way of doing that. And if you left them out in the garden, you may have been deservedly punished by having them break off when you tried to pull them out of the still frozen ground.

Well, our garden stake problem was solved by the wild reed (botanically Phragmites phragmites), and maybe it can solve yours, too. This plant is native from Nova Scotia, to Delaware, in the Midwest, along the Gulf, and in California. It grows ten or more feet tall in dense clumps along marshes, lakes, and streams, often appearing on land pumped up in dredging operations, and lasting over from one season to the next. A bundle of eight reeds tied tightly every two or three feet makes a sturdy, good looking bean pole. usable for two seasons (as we have



Stakes from the Wild

GERTRUDE SELBY

proved) and perhaps more (as we hope to prove this year); three such poles tied together tripodfashion are, of course, stronger yet.

Tied horizontally to uprights, they make a good trellis for tomatoes, gourds, or other annual climbers, and single reeds tied to, or threaded through holes bored in, short stakes placed on either side of bush bean and dwarf pea rows keep the plants off the ground. which is an advantage both when you cultivate and when you harvest. Furthermore, a matting easily woven of single reeds makes a fine screen to protect tender plants or a cold frame from hot sunshine, while a heavier one made of reed bundles and heavy tarred twine is a good windbreak for evergreens and also a useful hotbed mat.



Better look about and see if the wild reed doesn't grow in your locality. The owner of the land (if any) will probably be glad to have you cut and haul away all you will need for the garden



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LION'S

Today Sergeant Sellers is busy showing Japs that the American doughboy - like the lion - knows plenty about jungle fighting. But some day he's going to settle down to some well-earned comfort . . . in a den of his own design.

There'll be paneling of the Western Pines,* of course, for the warmth and friendliness of these distinguished woods are a "must" with the Sergeant.

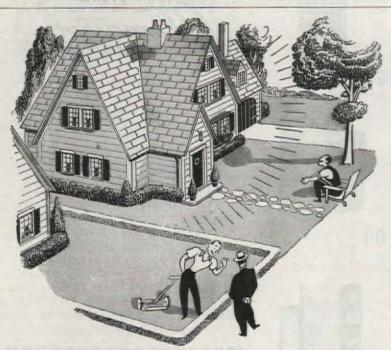
Right now, most Western Pines are in the thick of battle around the world. But tomorrow they'll be back - as lovely and lustrous as ever. If you're thinking about some building or remodeling "some day," let "Western Pine Camera Views" give you ideas for your scrapbook. This picture book is free. Just write: Western Pine Association, Dept. 186-F, Yeon Building, Portland, Oregon.

*Idaho White Pine

*Ponderosa Pine

*Sugar Pine

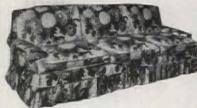
THESE ARE THE WESTERN PINES



EVER SINCE HE HAD IT PAINTED -HE'S BEEN OUT THERE EVERY DAY ADMIRING



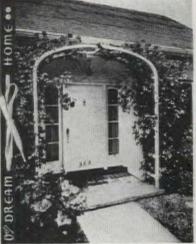
Manufactured by BOSTON VARNISH COMPANY Everett 49, Mass.



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WANT TO BUY A Farm WANT TO REMODEL AN OLD House

If you think you would like to live on a farm, read first the coming personal experience story of the Turners—two city people who bought a farm, and whose story is full of helpful and useful do's and don't's.

Dorothy B. Porter

"Stonewalls" was a sorry sight to behold in mid-summer of 1940 when the Halls took it over. But a charming farm it is now, in spite of having to put off many improvements until after the war. A fine, inspiring story—COMING!

Margretta Fort calls her delightful remodeled Cape Cod cottage a "pin-up" house, because that's exactly what it is. Put together entirely with wooden pins, they "unpinned the house, moved it, and pinned it up again! Fun to do and a joy to live in;" also fun to read and a joy to look at—COMING!

All practical, common sense articles that will help you decide, help you plan, if you're old house or farm minded this year.

COMING!



Iron Fireman stoker firing provides healthful, automatic heat in low-cost abundance

THE war has demonstrated two important things to American home owners. First, that coal is our basic fuel. Automatically fired, it is the plentiful source of abundant uniform, low-cost warmth. Second, it has shown the hundreds of thousands of families who now enjoy Iron Fireman automatic firing the extreme dependability and reliability of Iron Fireman stokers, regardless of age, and the good service always available, even under trying wartime conditions.

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not at present manufactured, owners of all heating and power plants burning 25 tons or more of coal per year are now eligible to apply for immediate stoker installations. Every Iron Fireman conserves vital coal and manpower for war. Write for free illustrated literature. Our nationwide staff of qualified factory representatives and dealers is at your service. Buy more war bonds for victory. Iron Fireman Mfg. Company, Portland, Cleveland, Toronto. Write or wire 3232 W. 106th St., Cleveland 11, Ohio.







Get the House Ready for PART II— Don't spend one unnecessary minute doing dining room chores this summer. P

HOW TO SPEND LESS TIME DOING TABLE LAUNDRY

A661

We offer, in the same pattern (A661) a choice of glass panty, the lace-like one above, guaranteed to please the daintiest of hostesses on't spend one unnecessary minute doing dining room chores this summer. Put away the fancy tablecloths, wrap up the silver, keep in sight only the china you really use every day. Make your summer eating easy for you. That's the idea as you will have grasped. Not for a moment do we mean that you have to get "slack" about appearance, however. You can set as bright-eyed a table as you've accustomed your family to with the smart ideas we've worked up for your summer life.

For months now we've been working up the smart ideas you see here, for we know full well how very difficult it is to buy, ready-made, the gay mats once available for a song. But so long as you've a crochet hook or a bit of gingham and can sew a flat seam, there's no need to give up, madame. We have actual patterns for everything

ORDER AMERICAN HOME PATTERNS FROM AMERICAN HOME

you see here, except Mrs. Evans' original stepladder turned serving-table idea. All you need to turn that trick is a stepladder, a board, a can of paint.

It has been a consuming passion with us to prove that handicrafts and homemade articles need not have the curse of "loving hands at home" upon 'em. We loathe that kind of tid-bit as much as you do. Therefore, we've set ourselves up as America's first mass-designers, aiming to give style and cachet for those who are talented but cannot design. We believe that any set-up here is smart enough for the most sophisticated diner and they can, of course, be done in any color scheme dear to your heart or complementary to your china. They have "body" so that they won't muss up after one use. They allow a variety of napkins so that you don't have to keep track of matching "sets." In fact, the more "mixed-up" they get, the gayer it is.

Be ruthless, then, and determine that this summer you'll spend the absolute minimum time laundering table linens, dusting china closets and worrying over your "best" goblets. Any glass looks smart in our special summer panties!



Unless your pride in your china exceeds your dislike of dusting, heed our stern edict and put on the top shelf, under dust covers, all those dishes you don't use every day!

MAKE YOUR PLAYROOM BRIGHT, JUST PLACE A BOARD AT ELBOW HEIGHT! MERRI HOPE EVANS

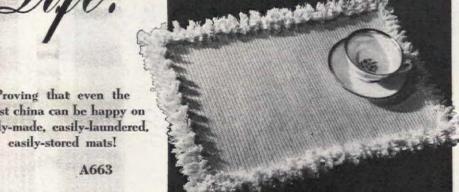
Lenox china courtesy of Wm. H. Plummer & Co.

American Home Pattern A661-15 cents-includes crochet instructions for two kinds of glass panties and mats on opposite page. Use any napkins; not in pattern.

American Home Pattern A662-15 cents-includes complete instructions for dish covers with crochet trimming and place mats plus an alphabet for tracing names on napkin straps. Designed by Amelia Rogers.

American Home Pattern A663-10 cents-includes complete crochet instructions for mat with fluffy edging.

Proving that even the finest china can be happy on easily-made, easily-laundered, easily-stored mats!



ersonal. RIGHT

GOING to plant a Victory Garden? Line up for the Land Army! Remember, flowers and vegetables are not the only things that come out of gardens. They can raise a fine crop of aches and pains, too! If you will spend a little time preparing your body as well as your soil, you'll save yourself a lot of unnecessary fatigue, gain a lot of fun. Here's what PHOEBE RAD-

CLIFFE has to say about it.

"Bear a few of these principles in mind. Keep your body straight at all times. If you're tempted to droop when tired—resist—because when the body's lined up it supports itself. Any lop-sided position is bound to be tiring. Don't be tense, either. If you grit your teeth, hunch up your shoulders and go at your work with hammer and tongs, you'll waste half your energy. Look out for that weak spot in the small of your back. Round it out, don't let it cave in. For that ideal stance, hold your body erect but relaxed, keep your back bowed out, your hip section forward and in under you, your knees flexible. Make your leg muscles take the strain off your back. Work with an easy flowing rhythm. Take time out occasionally for short rests and change of position, to be fresh at the end of your day. "It's not too soon to start your favorite exercises now for strengthening your knees, back, and abdominal muscles. Brush up on 'how to relax'.'

RIGHT: Keep both your knees bent and make the knee of the leg standing on the ground act as a lever that in turn pushes your body up and down while you are forking or spading. WRONG: Here is a bad position for your body when doing the strenuous work, using a fork or spade. Don't work with your knees straight

especially for The American Home by Richard Hudnut Success School
under supervision of Ann Delafield



RIGHT: Remember that you were given "knee action" before automobiles were. Be sure to use it. Bend your knees and with relaxed knees, move your weight from one leg to the other as you rake back and forth. WRONG: Don't make your back tired by keeping feet too close together, making all movements in spine



Photographs by F. M. Demarest Sketches by Clare McCanna

RIGHT: Be sure, when lifting heavy objects, to hold the pelvis straight and the abdominal organs tucked in. Lift with your knees instead of your back. WRONG:

If you lift with a hyperextended knee and a sway back, you might suffer abdominal rupture or strain, or back strain. Three possibilities to be avoided



RIGHT: While weeding, kneel with the weight of your hips above the knees. Push your back up high toward the sky. Pull your tummy in tight. Stretch as far as you can in this position. WRONG: When on your hands and knees, don't let your back fall hollow, your tummy sag groundward



RIGHT: A full bushel basket? Use the tummy grip! Carry the basket immediately in front of you, knees relaxed, stretch your arms around the basket, brace it against your tummy, keep chest high. WRONG: Don't carry it on one hip. It results in "S" spine curves, one hip too high



RIGHT: Push a lawn mower with your knees bent, coccyx well under you, a high chest, elbows near body. Push with small of your back. WRONG: Don't push too far ahead of yourself with hyperextended knee, sway back



The first time you saw our Baby

She was 6 months old already. You'd been away so long, dear.

I could hardly bear to have you miss so much of our baby.

You said you could hardly bear to miss so much of me. The touch of my hands, you said. Softer even than you remembered.

I could have cried, dear, with joy and pride. And I silently thanked Jergens Lotion. The jobs I do for our baby had roughened my hands for a while; had taken the natural softeners from my skin. But Jergens Lotion, in no time, gave my hands back the softness and smoothness you love. From now on—I promise—I'll faithfully use Jergens Lotion.



Oh, yes—mothers of young babies use Jergens Lotion; nearly 50% more than any other hand care. Jergens Lotion tends roughened skin to delightful smoothness with 2 ingredients many doctors prescribe for this very purpose. So simple and quick. No sticky feeling. Pity the girl with rough hands and, for yourself, always use Jergens Lotion.

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Train your new Dog!



W HO'S on the end of the leash, you or your dog?" Your dog may be almost old dog Tray, all of a year or two old, but he's not too old to learn that he can't take you for a walk! In puppyhood, six weeks to six months, he'll learn the A B C's of dog etiquette even more quickly.

You must begin to teach your new dog the sound of his master's voice as soon as you get him. First you must show your dog what you want him to do by helping him perform your command. Your dog is an accommodating pet and will do whatever you show him. Remember that patience and appreciation of his intelligence are always important.

To prevent your dog from tugging you along on the end of the leash, teach him to "heel" on command by holding the leash tautly as illustrated above. Hold the leash short, slightly in back of you as you walk along. You will have to jerk him back until he learns his place. But "Spunky" will soon know it's his place to be on the end of the leash, not yours!



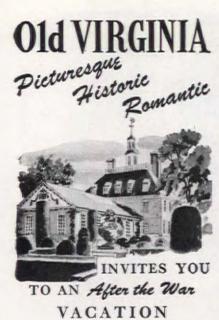


Sergeant's





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"Lie down" is taught by pressing the dog down with both hands. Repeat command until learned



During training, reward your dog for proficiency with a tid-bit, kind word. Never mistreat him



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NOW, with One-A-Day (brand) Multiple Vitamins, you can give your whole family Vitamin protection for scarcelymore than you may have been spending for one person. Here is why: Each One-A-Day (brand) Multiple Vitamin Capsule is so rich in 8 different vitamins that you use not 3 or 4 capsules daily, but just one; and you pay for just one.

You can't buy Multiple Vitamins more accurately compounded, more painstakingly tested and retested for purity and full potency.

Get these new Multiple Vitamin Capsules. Say "One-A-Day" to your druggist. They come in a blue package with a big "1" on the front.

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Family size, A and D Vitamin Tablets (yellow package) cost less than 14c per day; B-Complex Vitamin Tablets (gray package) as little as 2½c per day; the new MultipleVitamin Capsules (blue package) as little as 3½c per day (60 capsules \$2.00; small size, 24 capsules \$1.00.)



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You should, however, be warned here about two definite threats to happiness. First, the danger of infection present every day in every woman's life. Second, the most serious deodorization problem any woman has...one which you may not suspect. And what to use is so important. That's why you ought to know about Zonite antiseptic.

Used in the douche (as well as for a simple every-day routine of external protection), Zonite is both antiseptic and deodorant. Zonite deodorizes, not by just masking, but by actually destroying odors. Leaves no lasting odor of its own.

Zonite also kills immediately all germs and bacteria on contact. Yet contains no poisons or acids. No other type of liquid antisepticgermicide is more powerful, yet so safe. Your druggist has Zonite.



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REMEMBER when you said that when it came your turn to give a shower, you were going to be that original about the whole thing? You've probably read "do's" for the bride but here are some "knots" that may interest her. Take your choice of correspondence cards, or just a penny postal card for that matter, and sketch a sizable bow-knot. Inside the loops or across the face of the card write the following verse or your own version:

The preacher's going to tie the knot Joining Betsy to her Jim; So let's give her a "knotty shower" With lots of fun and vim.

Be sure to sign your name and give a telephone or address for replies. When your guests phone and ask "what is a knotty shower?" you can enlighten them in either of two ways. Tell them that you have found a gorgeous nightie or bed jacket with a bowknot design and that the allotment for each girl invited to the party is the same, or tell them to use their ingenuity and bring what they think is apropos. This can include knotty bath towels and wash-cloths; guest and finger-tip towels with bowknot designs; small bathroom string rugs, cook books to untie culinary knots; a budget book to unravel financial knots, subscriptions to style or home magazines to help untie those knots. It will add to the amusement if the gifts are wrapped in bowknot paper



If you are busy with wedding plans, if not for yourself for your closest gal friends, here are some shower hints, and games for pre-nuptial parties

Photographs, F. M. Demarest Sketches by Ruth Wood

AMERICAN HOME, MAY, 1944



LOUISE BELL PRICE

and the ribbons are tied in tricky bows that require knotknowledge to untie them. Since a "fourth" meal isn't patriotic in wartime, invite your guests for either lunch or a simple supper. Have card tables set up on their arrival, use bowknot damask if you have it or paper cloths and napkins that carry out the idea. Serve two ring mold salads, such as a salad mold of fresh fruit and the other of cottage cheese in lemon gelatine, but both should be tied together with a dramatic knot of green pepper, orange peel or other similar linking devices. Homemade rolls may be made in knot designs, or with hot tea or coffee, shortbread cleverly twisted in tiny knots may be served to carry out the motif.

The honoree may be invited to unwrap her gifts after refreshments. Suggest that she remove her engagement ring and using that as a nucleus, tie the ribbon from the first package to it and wind it on the ring as she would on a spool. She should knot the ribbon from the second package to the first and so on until every gift is unwrapped and she holds a plump ball of multi-colored ribbons. If any ribbon breaks, she must knot it together

knot determines the number of months or years before the girls are to be married, and the second knots represent the number of children they are going to have.

If your group isn't playing bridge, this knotty game will fit in nicely. Give the players papers on which are written the following list and tell them the answers are names of different kinds of knots. Ten questions and their answers include: a style of hair-do, popular a decade or so ago, a figure eight knot; found on ships and a curve, anchor bend knot; seen on many lakes in certain seasons, fisherman's knot; Betsy gave her other boy-friends the first party, then put her neck in the second part, slip noose knot; 3 method of sewing, overhand knot; both the first and second part may be associated with Buckingham palace, wall and crown knots; opposite to complex and a well-known Chicago spot, simple loop knot; a spice and what the minister will do at the wedding, clove hitch knot; a piece of bedclothing and part of a reducing exercise, sheet bend knot.

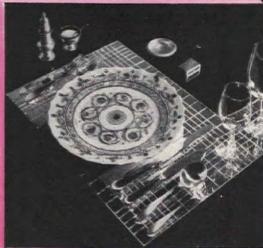
If you are viewing wedding gifts with someone in mind or an eye to the future, don't overlook these.



again and then tie to the rest so every piece is used. After all the gifts are unwrapped, ask the girls to stand in a circle with their hands outstretched in front of them. Give the ribbon end to the bride-elect, then walk about the circle, unwinding as you go and stringing the ribbon through the fingers of the guests' hands until the ball is entirely unwound. The girl who gets the ring is the next to be married, or if she is already married, the next to have an offspring. Ask each girl to count the number of knots between her outstretched hands and announce that this number is a forecast of the number of children she is to have. Or you may say that the first



A preview on some lush wedding presents that you can't afford to miss. No matter whether it's wartime or not, her wedding is paramount to a bride





MISUNDERSTOOD! (because your hair is gray?)

*Clairol banishes every trace of gray or graying hair . . . swiftly, surely, beautifully

The world doesn't understand how a The world doesn't understand now a woman with gray hair can still feel young. To the world, gray hair means "old," and many a sparkling personality is buried beneath this dull, drab color.

is buried beneath this dull, drab color.

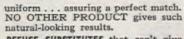
The pity of it is that you can't change the world's opinion. But you can change the color of your hair! You can make it young-looking . . . alive . . . a glorious tribute to your beauty. You can actually build a whole new, exciting life for yourself . . . "naturally, with Clairol."

CLAIROL IS DELIGHTFUL - Your hair luxuriates in a froth of iridescent bubbles. And quickly – almost before you know it – it's clean, silky soft and permanently colored. Every trace of gray hair has vanished!

CLAIROL IS DEPENDABLE - You don't have to be afraid when you use Clairol. It is made from the purest, most expensive ingredients obtainable. Each of Clairol's 23 natural-looking shades is laboratory controlled under skilled specialists.

CLAIROL KEEPS YOUR SECRET - It completely avoids that brassy, ugly look of old-fashioned dyes. Clairol shades are

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FREE ..."11 Secrets for Beautiful Hair."
This booklet tells you how to give your hair radiant beauty...scientifically. Just write-CLAIROL, INC., Dept. H-4, P.O. Box 1455, Stamford, Conn.

Caution, Use only as directed on the label







13

1. Two ruby and crystal urns, Paul A. Straub; a Westemoreland hobnail bowl. Centerpiece on a pink cloth. 2. Kensington low pitcher. 3. Cracker jar by the Burkharts. 4. Decorative Trends breakfast tray and same tray with white organdie cloth and napkins, Imperial "Candlewick" breakfast set, and the silver, "Georgian Rose" by Reed and Barton. 5. Duncan and Miller's hurricane candelabra. 6. An Appelman silk screen plate. 7. Formal dinner plan on Flexible Glass place mat with Coaster. China is Spode "Florence" pattern while glass and silver are by Gorham. 8. Informal dinner set on dark green cloth. "Kenmore" china by Haviland, Lunt's "Victorian" silver, goblet and wine glass, Gold Band No. 6 pattern of the U. S. Glass Co. 9. Formal dinner after meal set up features Gorham glass dessert plate and finger bowl. 10. Kensington hemisphere plates. 11. Luncheon set on turquoise cloth, with mesh on top. Onondaga "Shelledge" china with Towle "Candlelight" silver. 12. Array of Haviland's "Clinton" pattern. 13. Emkay wedding candles set on mat.



Charming ruffled curtains that keep their dainty newness twice as long...with curtain expense halved...yours if you're lucky enough to find Double Life Curtains. But even if their popularity plus war-time production difficulties means that you must wait for them, it's worth it!

Due to a patented feature, Double Life Curtains can be reversed, end for end, after each laundering. Thus, the wear is equalized and their dainty durability doubled. Ask for Double Life Curtains at your favorite department or curtain store. They'll gladly supply you, either now or when available. Fairclough & Gold, when available. Boston 10, Mass.





KNAPE & VOGT MFG. CO. Grand Rapids 4, Mi



Nonspill Beverage Tray

and strongly made. When Straw color, Size 37x20x3 inches, \$37.50 complete. Sent express charge collect. Money refunded if not pleased Home Equipment Co., Dept. V-1 350 N. Michigan Ave., Chicago 1

Headquarters for game room equipment, accessories for the home. Unusual games, nov-barbecue supplies, etc. Write for coessful Entertaining At Home." es refreshment ideas and party tips.

New Glamor for Gloomy Halls

AMAZING TRIMZ READY-PASTED BORDERS

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sparkling borders give your hallways when you put them around mirrors, pictures, doorways, along walls and ceilings. They work magic on kitchen, bathroom, bedroom and living room ... any room with plain or painted walls. Just dip Trimz Borders in water and apply! So quick, clean, easy!

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One tin of TREET makes a Big Springtime Supper for 4



Treet and Asparagus

Very tasty ... high in nutrition ... low in ration points!

This inviting dish combines the richness of fried Treet slices with the spring-fresh flavor of asparagus spears. It serves four hungry people amply . . . yet it's easy on your ration stamps. Here's the way to

Treet and Asparagus Spears

Look for

the familiar

blue and yellow Treet label at your favorite food store.

Treet comes in

both rectang-

ular and round

tin, and glass. Whichever way

you buy it, it's

the same deli-

cious meat.

1 can Armour's Treet
1 lb. fresh or 10 oz.
frozen asparagus
2 tbsps. Cloverbloom Butter
or Mayflower Margarine
2 tbsps. flour

1 cup milk
½ tsp. salt
¼ tsp. Worcestershire Sauce
4 thin strips of
pimiento

Slice Treet and fry on each side about 11/2 minutes or until brown. Cook asparagus, arrange in individual servings and pour cream sauce over top with thin slices of pimiento. Make cream sauce by melting butter, blending in flour and stirring in milk and seasonings. Cook and stir until thickened. 4 servings.

Of course that's just one of scores of tasty ways to serve Treet. Baked, fried, or simply sliced cold, Treet is always fine eating. That's because it's a rich blend of ham and tender, juicy pork shoulder meat with not an ounce of waste. There's

lots of vital Vitamin B1 and plenty of high-quality complete proteins in every tin of Treet, too. Serve Treet soon . . . serve it often.

Your dealer has

VITALOX

Armour's Meat Flavor Discovery that adds true beef goodness to all kinds of dishes . . . without a ration stamp. Try it!



C ARMOUR AND COMPANY

Armour and Company

for finest quality and flavor ask for

Star Canned Meats, Star Ham and Bacon, Star Beef, Veal and Lamb, Star Sausages,



Children adore parties and thrill to helping with the planning and preparation. Bright colors, gay decorations, entertainment, and food - these make the successful party in the small fry world. Here are a few helpful suggestions.

Anything from newspapers, discarded summer draperies, bright oilcloth, to the new plaid gingham for Jill's dress can make a table cover. One little hostess put the funnies to party use. She made the table cover by pasting funnies together. Pop Eye, Li'l Abner, Dick Tracy, Superman, were used to deck out napkins, nut cups, glasses . . .

All little girls seem to like paper dolls; so what could be more fun than this paper doll party! Cut-out dolls were used for place cards, with each little girl's name printed on the base. Cut-out clothes for the place card



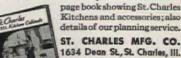


What will Postwar Kitchens be like?

This free book shows you what smart, modern kitchens of tomorrow will be like. It will help you plan your postwar kitchen the right way. Scores of women are planning now-ordering now, so that they can be among the first to get a new steel kitchen as soon as Uncle Sam no longer needs our production facilities.

St. Charles Custom-Built Steel Kitchens of tomorrow will be finer, more beautiful than ever. They will have many new improvements conveniences that will make your work lighter and more pleasant. Let us help you plan your kitchen now. Then place your order and receive a Certificate of Delivery Preference.

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Today more than ever, gravy makes the meal. And Kitchen Bouquet makes the gravy—by enhancing and bringing out true meat flavor-NOT by substituting imitation flavor. Only Kitchen Bouquet gives you these results.





MIXED VEGETABLES

Just heat, season and serve Veg-All Mixed Vegetables. A tasty combination of green and yellow vegetables in every can. Fine with frankfurters, sausage, hamburger or left-overs. Saves time...work!

						-
FREE!	TIM	F-S	AVE	D D	CIDE	ı

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dolls were given to the guests to "take home." Plain white shelf paper covered this party table-scattered over it were paper doll hats and doll accessories. A large paper doll served as a centerpiece. After food was served, paper, pencils, and crayons were passed out so that each little girl could design clothes for her model.



Another "fun" afternoon for boys and girls is a "newspaper party." Little houses, airplane factories, churches, can be made by cutting and pasting square and rectangular pieces of newspapers. At this party an entire village can be planned. And each child can "take home" his special creation.

Parties should be fun for everyone, including mother. Today's hostesses are being careful not to invite more guests than they can handle easily, are keeping food and fun very simple.





gether...the church, charity, or war relief benefit.

And when we make a cake, we

Swans Down Measure-for-Measure Cake will surely be the cake of the year!

SWANS DOWN MEASURE-FOR-MEASURE CAKE

2, 3, 4, or 5 eggs Sifted Swans Down Cake Flour-same measure as eggs Sugar—same measure as eggs
A dash of salt for each egg
1/8 teaspoon cream of tartar for each egg
1/4 teaspoon grated lemon rind or vanilla for each egg

Remove eggs from refrigerator several hours before using. Break into a glass number of eggs desired. Into another glass measure an equal amount of sifted flour and sift four times. Measure equal amount of sugar. Place eggs in mixing bowl, add salt, cream of tartar, lemon rind (or vanilla), and about 1/4 of sugar. Beat with rotary beater, adding rest of sugar gradually. Beat until light-colored and very thick as mixture falls from beater. (Beat at least 1 full minute per egg.) Add flour all at once and stir in quickly and thoroughly. Turn into pan* greased on bottom only, lined (on bot-tom) with waxed paper to within 1 inch of edge, and greased lightly again. Bake in moderate oven (350° F.) 20 to 30 minutes, or until done.

(All measurements are level.)

*For 2-egg cake ... 8x8x2-inch pan 3-egg cake ... 9x9x2-inch pan 4-egg cake . . . 10x10x2-inch pan (or two 8-in. layers)

5-egg cake . . . 13x9x2-inch pan (or two 9-in. layers)





Don't fold flour in stir it very thoroughly, though quickly, into the egg mixture. And remember: first give your egg mixture at least 1 full minute of beating per egg.

Follow the Swans Down Way!

Naturally, this miraculously quick and easy cake must have the soft fineness of Swans Down Cake Flour. Just follow the Swans Down way - don't take chances by using some other flour-and you and your Swans Down Measurefor-Measure Cake will be a wartime marvel to all your friends!

FREE -Complete directions for making Measure-for-Measure Cake in various sizes and shapes, together with frosting and dress-up suggestions. Also-one more of Swans Down's remarkable new "Speed-Way" recipes. Write to Frances Lee Barton, Department A.H. 5-44 General Foods, Battle Creek, Michigan.

Swans Down makes wonderful cakes - even with ration recipes!







SALADS CAN BE GOOD TO LOOK AT

AND BE GOOD TO EAT!

THESE SALADS QUALIFY ON BOTH COUNTS

A SALAD WITH HOT ROLLS

2 IN A SERIES ON GOOD FOOD

EN overseas point up the traditions in American cooking many of us have overlooked. We have accepted, but never considered as a part of American life, the serviceman's yearning for pumpkin pie, a coke and a sandwich, and oh-for a salad. Yes this is the same son or husband that you simply couldn't bring to "eat his vegetables" a short time ago. Since his overseas duty, he has become strangely aware of the lack of salads on his food chart and has learned that salads are as American as the "Star Spangled Banner."

In a sense it's for the American institutions of ice cream, corn on the cob, and pie, the memories of childhood, that our men are fighting. And it was to foster these cookery institutions that are so essentially ours that this series of articles on American institutions was begun in the April issue. Servicemen's letters, we've noted, contain many paragraphs on food. The men aren't "beefing" mind you, they are simply writing of the things they'll order first when they get home.

Belonging exclusively to Americans is the combination of a "whole meal" salad and a hot bread to serve with it. And salads, the men overseas are learning, as complete meals in themselves have developed into a form of high perfection in our country. What a pleasant way to get vitamins!

Varied as the weather and suitable for any occasion are the six salads discussed here. To enhance the salads further, recipes are also included for the "melt in your mouth" kind of hot rolls-the sort that will make you the reigning queen in your family when the men get back home.

Of course you know that potatoes make a good basic salad but what you don't know is that this Country Potato Salad is out of the "run-of-the-mill" bracket. Nutritiously it is perfectly balanced with proteins and B vitamins (chipped beef and cheese), vegetables for other vitamins, cheese checked this time for calcium, and well, how can you lose? Cook potatoes in their "jackets" and peel while warm. Peeled cooked potatoes retain the food value close to the skin which otherwise is lost. Cut the potatoes in pieces, not skimpy little dice either, and saturate with vinegar and seasoning, which you'll find, makes all the difference in the world to the final flavor. When the potatoes are cold, letting them stand for an hour or two will attend to this, continue with blending of ingredients. This is a super-du-salad for home or picnics.

No matter what you name it, the next salad is something that you'll find fits into that "what shall I plan for Tuesday?" classification. We dabbled with names like Sal-roni or Mac Mon since the two principal ingredients are salmon and cooked macaroni, but since it tastes "ummm" we have decided the name is unimportant. The something special that has been added in this case, is diced apple. No, no, leave that red skin on. Lightly tossed together with a home style salad dressing you have that "reserve dish" to solve your frustrations.

Summer days demand picnics whether at the beach, mountains, terrace or back lawn. The menu generally includes baked beans, frankfurters and cole slaw. Why not combine all together for a Picnic Salad? The idea we find worthy and the taste buds respond to it. Try pickle relish as the base for a



QUICK SALADS

ABUNDANT IN NUTRITION

ARE THE IDEAL MEAL-IN-ONE

FOR SUMMER MENUS

min.

Preparation time: 15

tsp. salt s tsp. pepper, celery s paprika 6 cup mayonnaise

18 12

Arrance shredded lettuce on plates. Place four slices of avocado so that be formed in the bow put section of orange and slices of strawberries cheese for ribbons and cottage cheese in between avocado for dressing, cheese to taste with herbs, if desired. In individual salad bowls arrange nests of lettuce leaves. Then in layers arrange grape-fruit sections, orange sections and slaces of apple (with red skin latt on). Put slices of banana in between. Mix lemon juice and crushed strawberries with cottage cheese and

cado so that two bows will strawberries. Put strips of or dressing. Season cottage

Source of vitamins A, C, B complex

chicken victory salad

mim.

Preparation time: 15

M tsp. pepper and paprika Pinch of tarragon 2 tablespoons vinegar

nayonnaise salt

escarole l

2 cups (15 oz. can) salmon 2 cups diced eating apples, unpeeled 3 cups cooked and cooled elbow macaroni

250 cal, per serving

Source of vitamins A, C, B complex

put between the sections of fruit.

175 cal. per serving sal-roni salad 1 cup cooked or canned string beans water cress for garnishing 1 tbs. vinegar cup chicken, pork or veal (diced) cup cooked beets, sliced

> Source of vitamins A, C, B complex Tested in THE AMERICAN HOME KITCHEN 220 cal. per serving

(flaked), diced apples, and cooked macaroni with mayonnaise, Chill and then arrange in salad bowl garnishing with escarole

Chill

Serves 4-6

together salmon seasonings.

BLEND vinegar, a leaves.

bowknot salad shredded lettuce slices of avocado

min.

Preparation time: 10 2 tbs. lemon juice lettuce leaves

slices of unpeeled apple strawberries, crushed cottage cheese

grapefruit sections orange sections slices of banana

rainbow fruit salad

orange sections fresh strawberries

Preparation time: 10

strips of Cheddar cheese cottage cheese for dressing

BLEND together diced chicken and string beans with mayonnaise, vinegar, and seasonings. Chill and arrange in salad bowl. Before serving garnish with water cress around edge of bowl and arrange slices of beets down the middle of the salad.

Serves 4-6

266 eal, per serving

Source of vitamins 4, C. B complex

Source of vitamins A, C, B complex 266 cal, per serving

Tested in The American Home Kitchen

victory chicken salad

FOLLOW DIRECTION OF ARROW FOR RECIPE



RECIPE FOR ABOVE SALAD IS TO THE LEFT

Kolaches are buns of dough with an indentation and then the hole is filled in with a prune-apple mix. Waffle bread is accomplished by the weaving in and out of dough strips.

salad dressing and you'll have that

spicy tang that's so very necessary.

books. O.K. Give up? Call this one a Chicken Victory Salad and utilize

vegetables from your own victory garden. Mix the string beans with the chicken and arrange slices of

cooked beets atop as a decoration or garnish. For variation mix the beets in the salad and you'll have a beet-colored effect which will be commemorative, shall we say, for Decoration Day or Fourth of July.

Lest you forget, a salad should be

nutritiously adequate and that means

it should contain some protein along with vegetables or fruit. This can be balanced easily by using cheese

salad dressing or strips of cheese as a garnish. Snuggle a Rainbow Fruit salad in its own wooden bowl or on

a salad plate, as you prefer, but try the cottage cheese salad dressing,

part of the rainbow arrangement, for the protein balance. Or try the Bowknot fruit salad. Here the avocado is sliced and forms the basis for bowknots. Sections of orange, slices of

strawberries complete the illusion; cheese strips make the ribbon ties.

And the hot rolls as the affinity with salads? One of the ways to become a popular hostess in a flash is

to be deft with Sour Cream Twists. Mix the dough the day before you

plan to serve the rolls. Store the

dough overnight in the refrigerator.

You'll discover that the flakiness comes from sprinkling sugar between each layer as the dough is rolled out, just before baking. Sweet, gourmets will acclaim the flavor that, sh!, comes from the sour cream!

Also sweet rolls, the Bowknots pictured are just the thing to accompany the Bowknot Salad. Pencil thin

strips of dough, twisted and twirled

about in the shape of a bow, are the

secret. The process demands little

extra time and the results are more

than gratifying. Try it to prove it.

There must always be a chicken salad, if you've wondered why consult those red stamps in your ration

And why not a centerpiece that is both decorative and eatable? Like the Maypole idea? Bake a big bun and a long stick of dough separately and then put them together. Remember to make a hole in the bun before baking and to facilitate this it's wise to keep a small cookie cutter or a large thimble in the hole while the baking takes place. Pictured around the Maypole are seals made from bananas. Each has fins made of wooden spoons and balances a red cherry on its nose. Red and green ribbons attached to each seal are also fastened to the pole top.

For the perfect setting for salads and hot rolls, don't fail to order a red checked table cloth and a sunny day. Honestly, since you haven't a personal genii, what more could you wish for that you could attain?

HOT ROLLS

SWEET, PUNGENT, AND FLAKY

POP OUT OF OVEN TO ACCOMPANY SALADS









Time Savers

1 When planning menus, include dishes which will be done at the same time, such as a casserole, baked vegetable and pudding. Prepare a tossed salad and coffee while the food bakes in the oven.

2 If you want to hurry baked potatoes, boil for 10 minutes before putting in the oven.

3 After cooking a pudding or sauce in a double boiler, pour the boiling water from the bottom into the top part so it will soak.

4 Cut string beans with kitchen scissors instead of paring knife. To save time, use kitchen scissors for shredding lettuce.

5 Make up double batches of pie crust and store in refrigerator. You will always have handy crust for pie, or a crust for a meat-vegetable pie. Use the leftover dough for dumplings.

sour cream twists

Preparation time: mixing-15 minutes; overnight standing, rising and baking: 1½ hours

½ cake compressed yeast 1 cup thick sour cream ½ cup butter or shortening

13/4 cups sifted flour 1 egg yolk 1/2 teaspoon salt

1/2 teaspoon vanilla extract 1/2 cup sugar

CRUMBLE yeast cake and dissolve in sour cream. Meanwhile, cut butter or shortening into the flour with a pastry blender or knives. To the coarse crumbs add the dissolved yeast, egg yolk, salt, and flavoring and beat all together very thoroughly. Grease a bowl and put the dough into it; cover and store in refrigerator overnight. The next day take out the dough and roll thin on a lightly sugared bread board (no flour!). Divide the half cup of sugar into three parts and sprinkle one part over the dough. Fold dough into thirds and roll thin. Again sprinkle with sugar and fold into thirds. Roll out and sprinkle with sugar and fold into thirds. You have done this three times and used all the sugar. Now roll dough into a rectangle, 8 by 14 inches. Cut strips of dough one inch wide and 8 inches long and then cut in half which will give strips 1 by 4 inches. Twist and arrange on an ungreased cookie sheet. Allow to rise about 45 minutes or until dough is doubled in bulk and bake in a moderate oven (400° F.) for 18 minutes. When slightly cool remove from pan onto cooling rack. Serve when warm or cold.

Makes 28 twists

103 cal. per serving

Tested in The American Home Kitchen

knlaches

Preparation time: 4 hours

1 recipe of dough used for bowknot rolls or waffle bread 1/2 cup cooked and pitted prunes

1/4 cup apples, diced 2 tablespoons orange marmalade

JOOK prunes, apples, and marmalade together until a smooth consistency. Make up one recipe of sweet dough as used for bowknot rolls or waffle bread. When dough is ready to shape, take out pieces of dough about the size of an egg. Smooth into a round, bun shape. Make a hole or indentation in center. Arrange buns on greased baking sheet. Allow buns to rise until almost double in bulk. Brush with melted shortening and fill center with prune, apple and marmalade mixture. Bake in a 400° F. oven for about 20 minutes or until light brown. Serve kolaches warm with a salad.

Makes about 3 dozen kolaches

20 cal. per kolache

Tested in THE AMERICAN HOME KITCHEN

• howknots

honey

Preparation time: 4 hours

3 cakes compressed yeast 2 cups milk, warm 1/2 cup sugar, syrup or

3 teaspoons salt 4 eggs, well beaten 7 to 71/2 cups sifted flour 1/2 cup shortening, melted

RUMBLE yeast into large mixing bowl and add lukewarm milk (80° F.). Add sugar and salt and stir until dissolved. Add well beaten eggs and then one-half of the flour and beat with a spoon until dough is smooth and sounds snappy. Beat in melted shortening. Then add remaining flour and work it in with the hand until dough is manageable. Put dough on lightly floured board, cover with cloth and let it stand for 10 minutes. Then knead until smooth and elastic. Put into greased bowl, cover with a damp cloth and allow to rise until double in bulk, about 2 hours. Keep dough out of drafts in a warm temperature (80 to 85° F.). After two hours, punch down dough letting it stay in bowl, cover again and let it rise for about 45 minutes. Take out small amounts of dough and roll pencil thin on floured board until 12 inches long. Twirl into the shape of a bowknot and place on greased baking sheet. Place pans in warm place to rise and then bake in a 400° F. oven for about 20 minutes or until brown.

Makes about 6 dozen bowknots depending upon size

15 cal. per bowknot

Tested in THE AMERICAN HOME KITCHEN Photograph printed on back of each recipe



fond savers

- Chili sauce or catsup bottles make wonderful containers for shaking a salad dressing. When the bottle is almost empty, add vinegar, oil and seasonings to the remaining chili sauce or catsup, shake well and you have a dressing for any garden greens.
- Save orange skins for making marmalade. A teaspoonful of marmalade added to each muffin before baking makes a treat.
- 3 Use leftover pancake batter for cutlets or croquettes. Or thin the batter with milk and use for dipping bread to make French toast.
- 4 Leftover cooked custard is the best base for a cream type of frosting. Add sifted confectioners' sugar and beat until fluffy.
- 5 For a luscious dessert, use slices of leftover cake and cover with fresh strawberries or peaches. Then ice completely with a cream type of frosting (described under No. 4) that has been made fluffier with an egg white beaten stiff and folded in carefully. Pop into a moderate oven, brown lightly and serve.

waffle bread

Or 2 cakes compressed year cups milk, warmed 1/2 cup sugar, syrup or honey

eggs, reserve 1 w

teaspoons salt

1 cup shredded cabbage 11% cups baked beans Blend together

> per Cal.

e. Pour over want and seasonings celery, olives, b. Arrange in salah lettuce.

C,

Tested in The American Home Kitchen

WAFFLE BREAD WITH ITS BASKET PATTERN

BREAKS UP INTO INDIVIDUAL BUNS

WHICH MEN AND CHILDREN RELISH



country potato salad

Preparation time: 4 hours

cups sifted flour shortening, melted

71/2

to

CRUMBLE yeast into large mixing bowl and add lukewarm milk (80° F.). Add sugar and salt and stir until dissolved. Add well beaten eggs and then one-half of the flour and beat with a spoon until dough is smooth and sounds snappy and elastic. Bert in melted shortening. Then add remaining flour and work it in with the hand until dough is manutes. Then knead until smooth and elastic. Put into greased bowl, cover with a damp cloth and allow to rise until double in bulk, about 2 hours. Keep dough out of drafts in a warm temperature (80 to 86° F.). After two hours, punch down dough letting it stay in bowl. Cover again and let it rise for about 45 minutes. Roll out dough on floured board into 8 inch squares. Cut into 8 strips, each one inch wide. Arrange to weave in and out like a basket, putting the strips in an 8 inch square greased pan, flour on one side and flour on the other side to do the weaving. Allow dough to tise, brush with slightly beaten egg white before baking in a 400° F. oven for 20 minutes or until brown.

"BEAR DOWN, MISTER ... BEAR DOWN!"

I don't have to look at her...
I don't have to watch my ship die...
All my life long I'll see her in my
mind's eye...

And always I'll hear the high, faint roar of planes circling . . . circling . . . circling . . . circling . . . as their gas runs low and they've nowhere to go and the guys at the sticks look down and tears spill over the lids of their eyes and they stiffen their lips.

Ever lose your ship, Mister?

Ever lose your mother?

Ever lose your girl?

Your heart cracks and the weight on your back seems to push you under and you think you'll drown, but you don't.

You carry on, not for yourself but for the rest of the folks . . . for the family . . . the kids . . . for guys like these swimming around, circling around with night coming on and no ship to come home to and around and below only the empty sea.

But we don't want pity!

We'll come through! . . . We'll find another ship! . . . We'll get back! . . . because we're *free* men, born to be on our own . . . brought up to fight on a team or alone . . . trained to *live* for our country, not to give up and die!

So, bear down, Mister . . . bear down . . .

For every drop of blood they spill...
for every heart they break... for
every tear that's shed... for every
ship that's sunk... for every plane
it costs... for every man of ours
who's lost... they'll pay with ten
of their own!

Bear down, Mister . . . bear down . . .

So the freedom we want . . .

So the futures we want . . .

Will be there when we get back!

Here at Nash-Kelvinator we're building Pratt & Whitney engines for the Navy's Vought Corsairs and Grumman Hellcats... Hamilton Standard propellers for United Nations bombers... governors, binoculars, parts for ships, jeeps, tanks and trucks... readying production lines for Sikorsky helicopters. All of us devoted 100% to winning this war... to speeding the peace when our men will come

back to their jobs and homes and even better futures than they had before . . . to the day when we'll build for you an even finer Kelvinator, an even greater Nash!

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Molasses

This highest quality, fancy, light-colored New Orleans molasses is a delicious treat on pancakes and waffles . . . on cereal . . . as a spread for bread.

Try this sweet and mild table molasses-in the Brer Rabbit bottle with the goldcolored label. Or if you wish a dark, full-flavored type, try Brer Rabbit Green Label Molasses, which is recommended for cooking.



PREE Penick & Ford, Ltd., Inc., New Orleans, La., Dept. A5-4.
Send me—free—Brer Robbit's "Moderr Recipes for Modern Living," containing 116 fine recipes for using either Gold Lobel or Green Lobel Brer Robbit Molessee.

- Northe	(Print Name and Address)	

nutrition

HERE TO STAY?

S NUTRITION here to stay or is it just one of those things that gained impetus because of the war? The answer is that the urgency of war has stimulated an interest in nutrition because of the need to teach people the health obtained by right eating. And, after the

war, nutrition will not disappear. Will nutrition influence designers in manufacturing new equipment? Yes, the principle that vegetables should cook quickly in a small amount of water will bring out more small pressure cookers. Range manufacturers will have thermostat control so meat may cook properly without shrinkage and loss of food values. Refrigerators will have storage compartments where quantities of food may be kept at freezing temperature, or a separate unit will be available where surplus home products can be quickly frozen for storage.

All this new equipment will be gradually available during the years that follow the war. But how foolish to expect that as soon as the radio and newspapers carry the good news that war is over we can all rush out to the stores and make our purchases. Months and possibly years will intervene before manufacturing of home supplies will be resumed to meet all our needs adequately.

New containers have made their appearance during the emergency of war and many new foods have come on the market. One of the debatable questions among the food trade is whether women will wholeheartedly accept dehydrated food. Except for the soups, they have not been given an opportunity to try dehydrated products because the entire quantity has been used by the fighting forces. Will baked beans be dehydrated instead of canned? In some sections of the country frozen baked beans are available. Another product that may find acceptance by the housewife is dehydrated hamburgers. Maybe our grocery stores will eliminate the fresh vegetable section when these products may be purchased either frozen, dehydrated, or processed in cans or glass. Predictions are difficult to make, but the rules of good nutrition should be followed-that is, eating three good substantial meals every day with their full allotment of eggs, meat, milk, butter, vegetables, fruit, and whole grain or enriched cereals and bread. This is the best assurance of getting an adequate supply of vitamins with the least amount of thought. Accent on nutrition, a product of the war, is actually here to stay!

COOKING MAGIC

Eggless, Milkless And SUGARLESS

CUPCAKES

CUPCAKES

- 1 cup water
- 2 cups raisins, or 1 cup raisins and 1 cup chopped dried prunes
- 11/2 teaspoons ginger
- 3/4 teaspoon cinnamon
- 1/2 teaspoon cloves
- 2 cups all-purpose flour 1½ teaspoons Arm & Hammer Brand or Cow Brand Baking Soda
- 1/2 teaspoon salt
- 1/3 cup shortening
- 3/4 cup molasses
- 1/4 cup boiling water
- 1. Combine one cup water, raisins and spices, boil slowly until water is absorbed. Cool.
- 2. Sift, then measure flour. Sift three times with baking soda and salt.
- 3. Cream shortening, add molasses, cream thoroughly. Add sifted dry ingredients alternately with boiling water.
- 4. Fold in raisin mixture. Fill greased cupcake pans 2/3 full. Bake in moderate oven (375° F.), 20-25 minutes. While warm, dust with confectioners sugar, if desired.

18-2 inch cupcakes



New Mother



Photograph, Mary Brandel Hopkins

IF you have the sniffles, do you Luse a gauze or tissue mask when taking care of baby? Such a mask prevents your exhaling harmful germs into baby's face. Hospital attendants use masks. Merely tie the gauze or paper tissue over the face to cover the tip of the nose and the mouth for protection.



Another good idea, which is adopted from Army camps, is to put a durable curtain between

beds. The curtains may be of the same material as shower curtains, washable, non-transparent, and may be pushed back when not in use. Sometimes when space is cramped and crowded, a curtain will give desired privacy between the beds of children and adults.

WE ARE swarming with all kinds of learned people these days who are willing to classify us all into types, and like to use the word predictability in child psychology. We can see their point and would like to carry it one step further. Since the mother plans for her anticipated baby, she should continue to study and plan what can be expected of her six months' old baby, or when the baby is a year old, and so on. Instead of surprises, she can be prepared and



CARRIAGE

IS HERE

A TRIUMPH IN

BEAUTY AND

CONSTRUCTION

WITH THESE

STORKLINE

FEATURES

or SHORT

SEMI-AUTOMATIC FOLDING DEVICE

See the New Storkline Baby

Carriages and Nursery Furniture

at Department Stores, Furniture

Stores and Juvenile Shops,

WRITE FOR NAME OF YOUR NEAREST DEALER

STORKLINE FURNITURE CORPORATION

Everywhere . . .

4406 W. 26th ST.

FOR MOTHERS WHO ARE . . .

MEDIUM

THREE POSITION PUSHER HANDLE

EW Patented

will know what to expect in behavior. That is predictability! Instead of the unknown, it is being prepared for any outbursts.



Many carrying devices have been conceived in which to carry baby around

from place to place. The war has created ingenious contrivances which are adaptations of the kangaroo's pouch or the papoose rack the Indian mother carries. One we have seen lately is like an open satchel and baby is put in it, blankets and all, and blithely carried about as if the cherub were in a miniature hammock!

Even the tiny baby is learning habits from adults. For a feeling of security give the baby confidence with a smile instead of a scowl. Be happy at feeding and bathing time. Babies are such little imitators. They learn everything from adults who surround them. Good habits are learned from you. Watching every move mother or father makes, the baby learns. And if you want a child with a good disposition, then have a good disposition yourself. Temperament is contagious! If you are tense, then your little cherub will be anxious and tense, too. And so it goes with these young imitators of yours.



THE toy makers are showing their new creations at a toy fair assembled in New York, Wood, fiber,

and paper are the materials used; and the designers have been really ingenious in making toys that are genuine and real for all our children. Here is a note toward conserving toys. Teach the young one to take care of his or her doll or wagon because a new one may not be available for some time!

CUDDLING babies seems to be an old-fashioned idea, but again it is the latest theory in baby training. The idea is that if a baby is held affectionately, the young one will feel that he or she belongs and is part of the family. It all makes good sense because the heartless act of letting a baby cry it out must certainly give an alone feeling in this big massive world. Babies should be loved!

aunt Sue

Even Sunday mornings ... when time doesn't count ... Nescafe does. A glorious cup of coffee ... made right at the table ... no muss, no fuss, no work.



A quick cup of

FULL FLAVORED COFFEE

-that's Nescafé

FULL FLAVORED, because in Nescafé all the aroma and flavor of freshly roasted coffee are "sealed in" by added carbohydrates, a distinctive process developed by Nestlé's. In Nescafé, all the fragrance, goodness and stimulation of fine coffee are preserved for you, roaster fresh, until released in your cup.

And Nescafé is so easy to prepare... a coffee extract, powdered for your convenience, it saves so much time

and work. There's no coffee maker to get ready or clean, no grounds to dispose of. Each cup is made to individual taste, always delicious, always the same.

Nescafé is economical, too, especially so as you make only the amount you want... you get all the advantages of Nescafé for about 1¢ per cup.

THE ARMED FORCES
CONTINUE TO TAKE
NEARLY ALL
THE NESCAFÉ WE
MANUFACTURE.
Small quantities are
available forces.

small quantities are available for civilians ... and grocers have Nescafé occasionally.



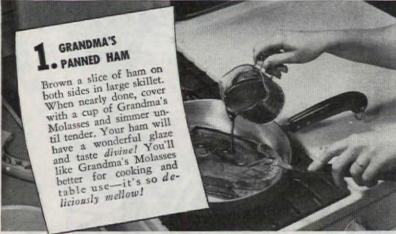
NESTLÉ'S MILK PRODUCTS, INC. . NEW YORK, U. S. A.

CHICAGO 23, ILL.

"I'M LETTING YOU IN ON

3 Prize Flavor Secrets











FREE!

American Molasses Co., Dept. AH-5 120 Wall Street, New York 5, N. Y. Please send me FREE Grandma's 91 deli-cious Molasses recipes.

(Please print plainly)

City..... State.....

Blanket

CATHERINE BLONDIN

OUR family heirlooms now number wool blankets high on the list and their life may very well be doubled or even tripled, if you are impressed with their value and give some extra thought to their care. Here are three don't's that may help you as a starter on that save program: Don't iron your blankets (except the bindings): Don't try to remove stains; wash the blanket. Don't redye blankets.



Soller blanket binding? No trouble if you wet it and rub with a thick, mild soap lather. Use soft brush but avoid scrubbing - then rinse



B inding pulled straight before pressing it. Press with a moderately warm iron. In the case of acetate rayon, be sure to use a moderately cool iron



Underwear, like so many other things, is scarce. You may not be able to get as varied a selection as usual. But E-Zquality is as excellent as ever! You'll still get

- · Sturdy fabric, to stand the daily tubbing, to resist safety-pin holes and codliver oil stains.
- Full size, so that there's no binding
- Pull-over or tie-around styles, with no buttons to come off.

E-Z MILLS, INC. . NEW YORK 13



New Wartime Contains



OULD VICTORY MAKE THE

 Wars get started by people who believe in enforcing their wills on other people, willy-nilly.

We in America don't stand for that, nationally. If war is forced, our will, first, is to win. No effort is too much. In our own case, our task was to outproduce the enemy. We have, with a deluge of aluminum he never dreamed was possible.

The victory of arms in the hands of gallant men is beginning to take shape. May the voices of some plain people be raised in some questions about the victory, also, of some old-fashioned American beliefs?

If the other fellow were to win, we'd have to change our beliefs, and like it. Shall we then let basic beliefs go by default, in the sheer ecstasy of winning?

The Four Freedoms are on record as beliefs we stand for. But there are others, more homely, more intimate.

The right of a man to place his opinions in open competition is Freedom of Speech. What then of a man's right to place his product in open competition?

What of the day coming when there may be more men than jobs? Shall it be possible then to place a man's hands or his talents in open competition?

Freedom of Choice is a precious freedom... the choice of simple things like the brand you like best, for *your* reasons; the choice of the job you like best, without hindrance; of the road you choose to take to fortune as a free individual, win or lose according to your service to your fellow man.

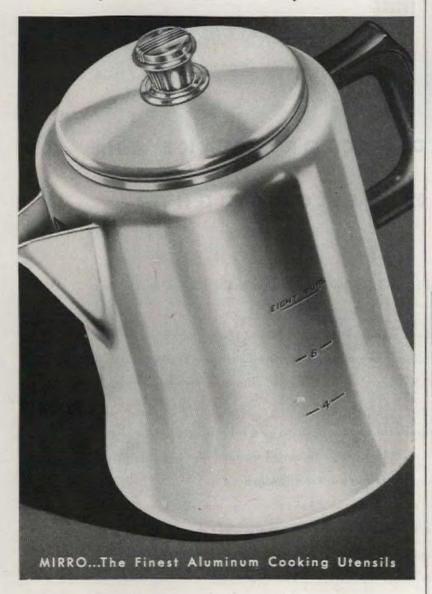
The victory which you and we are hastening with our purchase of War Bonds can assure us all these freedoms, if we will it.

THE MEN AND WOMEN OF



ALCOA ALUMINUM

COMING TO YOUR KITCHEN...



Delightful to see and to use will be all the sparkling new MIRRO aluminum ware that will be yours to enjoy when Peace on Earth becomes a reality.

Tomorrow...when our 100% war work is finished...look to MIRRO for the finest aluminum cooking utensils that ever graced your kitchen!

SAVE FOOD...SAVE MONEY Cook only what you need and eat everything you cook. That's good sense, good patriotism today!

MIRRO

ALUMINUM GOODS
MANITOWOC Manufacturing Company WISCONSIN

WORLD'S LARGEST MANUFACTURER OF ALUMINUM COOKING UTENSILS



B INDING material of even the best grade cannot be expected to last the long lifetime of good blankets. Jot down not only a note, but make it a practice to replace bindings and keep your blankets with that brand-new and shiny look



EXTRA - CURRICULAR duty?

Sick bed tip! Tack on a strip of washable material for cleanliness. Then add pockets in order that the invalid may keep all necessities at hand



B LANKETS keep YOU warm —but THEY keep in a cool, dry place. No-no-don't pile sheets or other items on top of them. It crushes the nap. Top positions for heirlooms always—will you remember?

A hearty welcome-40-Fathom!



Lucky is the man whose Mrs.

Plans each evening meal with

care.

Wars aren't won on love and kisses—

Workers need the best of fare.

And where can you find better fare for a hungry man than the tasty, tangy sea foods brought to you by 40-Fathom!

Boned, waste-free fillets of haddock and cod from Northern waters . . . such Southern favorites as snapper and grouper . . . shrimp from the Gulf...fishcakes from New England . . . shellfish delicacies from the Bahama Islands. They're all delicious, all rich in protein, vitamins and minerals.

Wartime conditions may limit the variety offered by your local dealer, but never the quality. To be sure of *Fresh-Caught Flavor* in the sea foods you buy—whether quick-frozen, canned or fresh look for the big "40" on the label.





Portrait of a lady



discovering how dee-licious Vitamins* and iron can be



in frothy, chocolatey Cocomalt and milk. Hot or cold!



*VITAMINS B1, and D



Photographs courtesy St. Mary's Blankets

Vital to sleeping comfort! First, place blanket so as to allow ample tuck-in; mitre bottom corners, tuck them in securely. Let the blanket hang loosely or tuck in at ends and sides. If tucking, make secure



Avoir twisting and hard pulling as you remove blankets from the bed. Loosen tucked-in corners. Fold blankets, keeping edges from floor



Brushing your blankets between launderings removes all dust and dirt, and fluffs up the nap, giving better insulation and greater warmth. Learn to brush toward the binding-ooh-never across



"Please note special values contained herein to make meals flavorful, healthful and glamorous!"



"It wakes up flavors!"

Use lemon juice liberally to bring out flavors. You know how it improves tea and fish. It can do as much for fruits and vegetables (juices, too!), for meats, clear soups, salad dressings and beverages!

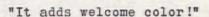
"It helps family health!"

Add lemon juice to vegetables to restore vitamins lost in cooking. Serve asparagus, beets, broccoli, cabbage, cauliflower, spinach and other greens with handy lemon quarters for extra flavor, color and health!



"It perks up beverages!"

You can see lemon work in tea! Gives it a clear, amber color and a stimulating fragrance. Try a teaspoon of grated peel added while brewing. Remember, too, lemon lends extra enjoyment to party punches.



Good meals often look dull. Yellow is a bright, lively color and it's quickly supplied with a gay lemon garnish. Use novel cuts, sprinkle slices with paprika or chopped parsley. Quarters are best for juice!





"It dresses up drab dishes!"

Lemon juice gives stewed fruits a fresher, livelier flavor. Sparks up sandwich spreads. Try grated peel on puddings and cobblers. Cook apple sauce with lemon strips. Bread pudding is new with a lemon clear sauce.

"It keeps husbands happy!"

Happy? He'll be out of this world when he spies that lemon pie banked high with snowy meringue. Use fresh juice and grated peel for that fragrant tang and have his checkbook handy! That new hat is yours!





Lemons build health! They are a rich source of vitamin C, a good source of B₁, the only known source of vitamin P. They aid digestion, alkalinize. Lemons are included in the "Basic 7" food groups, recommended for better nutrition. Probably no

other food helps you in so many ways. Sunkist's free booklet offers over 100 interesting recipes. Write Sunkist, Sec. 2105, Los Angeles, 55, California.



Sunkist Lemons in trademarked tissue wrappers are the finest and juiciest from 14,500 cooperating California growers.

FOR GOOD HEALTH AND GOOD FLAVOR

Sunkist

California Lemons

BUY MORE WAR BONDS AND STAMPS

YOU CAN GET A COOLERATOR NOW



L OH HAPPY DAY! You became Mrs. Johnny on 36 hours notice. Many of the things you want for that new home of yours will, of course, have to wait until our enemies are licked -but you don't have to wait to get fine refrigeration.

2. NO SIR; didn't your family give you a Coolerator for a wedding gift? And the name Coolerator means fine refrigeration. Fresh foods stay fresh longer in this new family size refrigerator and there's no need for covered dishes.



3. YOU'LL always have plenty of pure, taste-free ice for salads and beverages, thanks to Coolerator's 4-way circulation of washed air. Vitamins are protected, food odors disappear. Coolerator's handsome cabinet is so easy to keep clean and shining with a damp cloth. And because there are no moving parts to get out of order, you never have repair bills!

4. THE PRICE is only \$72.75*! Although busy with war work, Coolerator has additional capacity for making this new refrigerator which fully meets WPB requirements. See your furniture dealer, department store, hardware store, or ice company or write The Coolerator

Company, Dept. 15, Duluth 1, Minnesota. *F. O. B. DULUTH

SAVE WITH COOLERATOR AND BUY WAR BONDS AND STAMPS



IN WAR OR PEACE... NO FINER REFRIGERATION



-and HER! They are not the villains that do the eating, but are responsible for the larvae which do

CONSTANCE HOLLAND

Sketches by Dorothy B. Porter



What are the figures on moth damage a year? Some \$100,000,000 and in wartime, it's a crime



Where are moth eggs? In dark quiet placesin dress folds-pleatsin soft fur pieces or in Dad's pants cuffs!



Preliminary cleaning for vulnerable fabric is a protection. Rich, strong suds for those washable woolens. See?

"I used to be a GLAMOUR GIRL"



WELL, you can go right on being all that's lovely. And don't do that offensive task by hand, for Sani-Flush makes toilet bowls sparkling white the quick, easy, sanitary way. Use it at least twice a week to remove unsightly stains and discolorations without scrubbing.

Don't confuse Sani-Flush with ordinary cleansers. It works chemicallyeven cleans the hidden trap. Each application cleans away many recurring toilet germs and a cause of toilet odors. No special disinfectants are needed. Doesn't injure septic tanks or their action nor harm toilet connections. (See directions on the can.) Sold every-

where-two handy sizes.



SAFE FOR SEPTIC TANKS

Don't scrub toilet bowls just because you fear trouble with your septic tank. Eminent re-search authorities have proven how easy and safe Sani-Flush is for toilet sanitation with septic tanks. Write for your free copy of their scientific report. Simply address The Hygienia Products Co., Dept. 1-2, Canton, Ohio.





... and another thing... we're going to get one of those Coffee Mills"

More than one family is making this resolution right now. They've visited friends who own KitchenAid Coffee Mills. They've watched the hostess flip a switch on a KitchenAid-watched coffee ground instantly into the measuring glass-watched this fresher, finer coffee being brewed. And then they've tasted the delicious difference that is found only in coffee that is freshground for perfect flavor and aroma. Any wonder they go home determined to own a KitchenAid themselves?

Someday they will-and so will you! Because, just as soon as we can make them again, you'll certainly want to own a KitchenAid Coffee Mill-the purchase that you'll bless with every steaming cup of fresher, finer coffee!



KITCHENAID

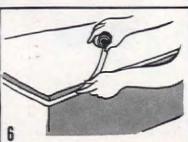
The Hobart Manufacturing Co. KitchenAid Division • Troy, Ohio



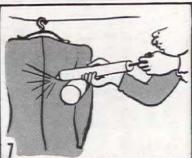
If you plan to use a fumigant gas or moth balls, be sure to read directions-don't skimp!



Put things in a chest one at a time. Sprinkle fumigant thickly atop and in tucks, pockets, pleats, in each layer



Close the lid, seal if possible. Don't open it again unless it is absolutely necessary



Moth - proofing liquid is effective for at least a year. It does not spot, stain, damage



Moth - proofing rinses for washable woolens give protection until the next laundering. Then simply use again Of the things you'll want when they are again available

here's Mumber ONE on

your SHOPPING LIST



place the

coveron the cooker

2. Then bring the handles together

- 1. Saves up to 75% cooking time
- 2. Saves precious vitamins and minerals
- 3. Saves natural food flavors and colors
- 4. Saves money by saving fuel

A Presto COOKER First on everyone's wishing list these days is the hope for peace. But there is another wishing list . . . it's made up of home appliances which contribute to the health, convenience and comfort of family life. Number one on the shopping list of thousands of women everywhere . . . and rightly so . . . is a PRESTO Cooker because a PRESTO provides the fastest, most scientific method for cooking fresh vegetables, retaining more vitamins and minerals and preserving garden-fresh colors and flavor. Less expensive cuts of meat are cooked to delicious tenderness in an amazingly short time. A PRESTO Cooker saves cooking fuel costs, saves energy, and makes cooking a pleasure. Put PRESTO first on your will-buy-when-available-shopping-list.



The skill and craftsmanship which has won the Army Navy "E" and Star for efficient war production will go into the making of PRESTO Cookers and NATIONAL PRESSURE COOKERS—your assurance of first quality products.

Write for interesting booklet . . . "Presto Cooking Why and How." Send 6c, coin or stamps, to PRESTO, Dept. 47, Eau Claire, Wis.

The famous NATIONAL PRESSURE COOKER, which provides the most modern and scientific method for home canning of foods, is also manufactured by: NATIONAL PRESSURE COOKER CO., Eau Claire, Wisconsin.









You'll get a big kick out of the meanings of some people's names, Look them up in "WHAT'S IN A NAME?" We'd like to send you this booklet free because we think it will help you remember what our name means:

"ETHYL is a trade mark name. It stands for antiknock fluid made only by the Ethyl Corporation. Our war job is making this fluid for

improving fighting gasoline."

Send the coupon below for free book-let that tells the meaning of nearly 1000 names.

"WHAT'S IN A NAME?"
Dept.AH10, Box 53, NewYork 8, N.Y. Please send me a free copy of "What's in a Name?" Name(PLEASE PRINT)

Address City & State.....



Poor Jim broke his Ma's best umbreller

But, being a clever young feller, He alved it again.

Next day in the rain It all came apart. Should he tell'er?

No NEED to spoil Ma's day, if he had used Casco Glue. Casco really sticks, does a lasting job. It sets chemically . . . hardens permanently. It's water-resistant and economical . . . mix only the amount you need. Use Casco to repair furniture and household articles. Sold at all hardware stores.

Send post card for free Gluing Guide: CASEIN COMPANY OF AMERICA 350 Madison Ave., New York 17, N. Y.



"Sets chemically...hardens permanently."



DON'T LET THIS HAPPEN TO YOUR HOME /

The Smiths had a very fine home, modern in every respect . . . but one. It had K. H.* which means that kitchen odors outstayed their welcome, walls became grease grimed. And all because the Smiths forgot the one vitally important appliance that would have solved their K. H.* problem - a VICTOR electric kitchen VENTILATOR. Don't let this happen in the home you are planning. VICTOR VENTILATORS will be available after the war at such low cost no modern home can afford to be without one. Write for FREE book on home ventilation.

Victor Electric Products, Inc., Dept. AH 544, 2950 Robertson Avenue, Cincinnati 9, Ohio. *Kitchen Halitosis





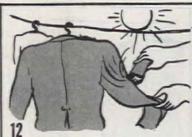
sprays do a good Oil job in actual contact with moth life. Spray on infested garments



Containers are useful provided garments are moth free, but be very sure that there is no tiny hole nor opening



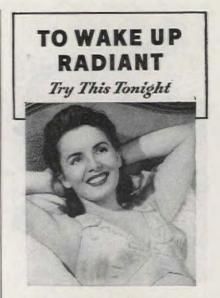
In using paper garment bags, it is advisable to hang a cheesecloth bag of moth balls or crystals from a hanger



Protect woolens aren't stored by "sun Hang them treatment." outdoors frequently and brush thoroughly



Cold storage vault is the spot for fur coats and such protection is well worth the charge. No moth bothers there!



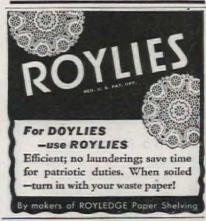
IF YOU wake up tired and listless-if your freshness and "sparkle" are slipping away in the stress of these strenuous times-you should know this!

Thousands are drinking a cup of Ovaltine night and morning-for radiant morning freshness and vigorous days.

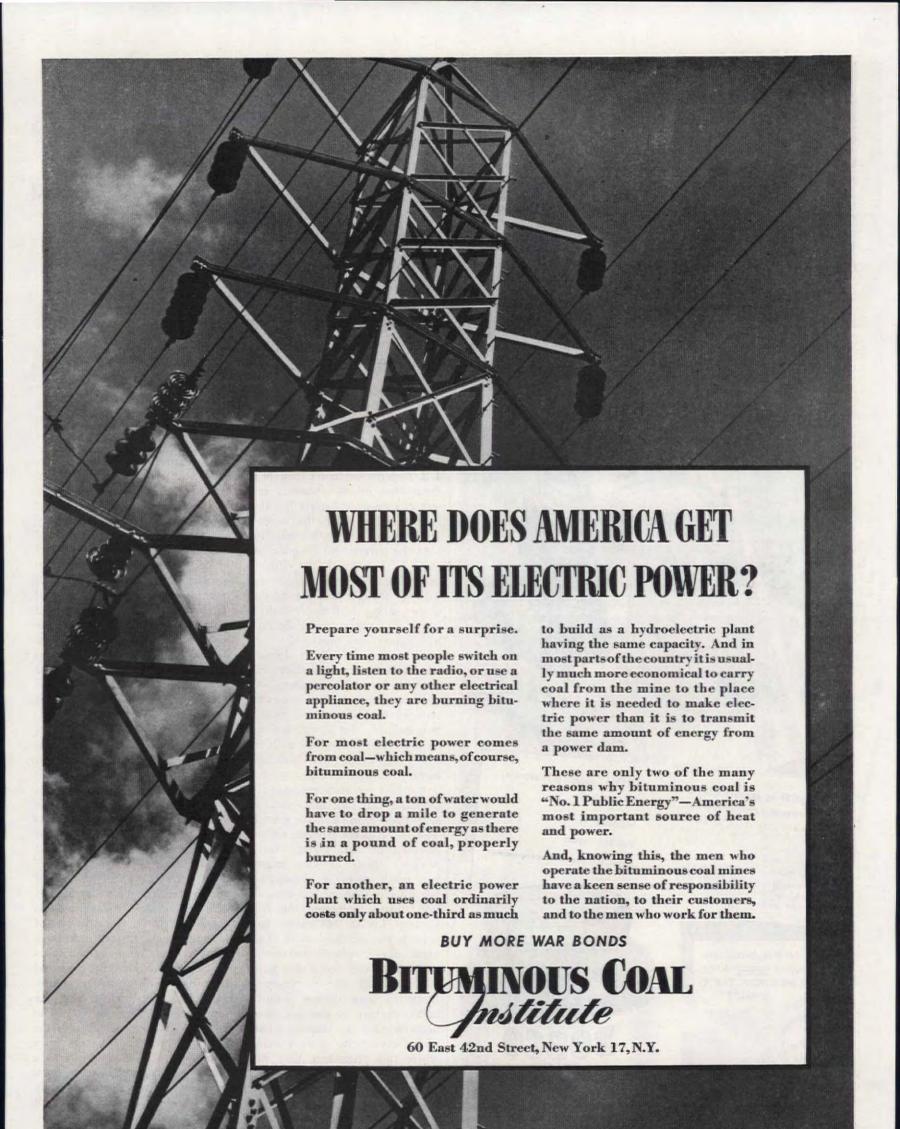
For Ovaltine is a scientific food-concentrate designed to do two important things.

First, taken warm at bedtime, it fosters sound sleep, without drugs. Second, it helps to build you up while you sleep. According to experts, two glasses daily, made with milk as directed, supply all the extra vitamins and minerals you need for utmost vitality-provided you just eat 3 average-good meals a day, including citrus fruit or tomatoes. In addition Ovaltine also provides the basic food elements absolutely necessary to rebuild muscle, nerve and body cells, and for vitality and endurance.

So why not turn to Ovaltine tonight, for better sleep and for morning freshness?











ELIZABETH LEE SCHWEIGER

Has Mrs. Housewife had a raise? Perhaps she hasn't thought of the increase in cost of various services as a raise for herself, but that is just exactly what the increase amounts to. The mother who follows the government's advice and stays at home with her children under fourteen, can console herself with the thought that the increase in her wages is large enough to count . . . "yessir—we've the facts and figgers," to prove it!

Estimates of the U. S. Department of Labor counted thirty millon housewives in November, 1942. This number has been somewhat reduced by the entry of women into industry, but it still leaves a large number of workers with the same wage that they had been earning before the war started.

We have to work entirely with the basic fact that tasks done by some one else in the home must be paid for. It is not possible without research detailed enough for a Master's thesis to show exactly how much more the housewife is worth today than she was when the war started or before the High Cost of Living, but many facts point to the increased worth of the homemaker in spite of your doubts.

Get out your pencil and paper and let's start with the everyday tasks. In some defense industry areas, workers by the day, doing housecleaning and laundry get sixty to seventy-five cents an hour, where two years ago, they were paid forty to fifty cents an hour. Care of children has bounced from fifteen cents an hour to thirty-five cents an hour as the usual thing, with a zoom up to sixty cents an hour in some communities. The

figures are not the same everywhere, but the amount of increase exists in many places in the country, especially in defense plant areas. The cost of sending laundry out has gone up too, in spite of OPA ceilings. Totaled this up yet?

Alright, now add the raise you get when you eat at home. It should be a pleasure to you to set a meal on the table, a good, simple meal with a moderate priced meat, the whole meal costing a dollar and a quarter for a family of four, when you stop to think that the same meal would cost a dollar and a quarter per person at a restaurant and still not be as tasty and nutritious as the one you set at your table. As you swing your hips from table to stove and back again, you can check up your rating from sixty to seventy cents an hour as a waitress where two years ago the best hip swinging waitress was worth but forty cents an hour and tips. There's a thought for you!

Like desserts in your family? Then put this on the plus side of your ledger. The cake Mrs. Housewife makes for the family could not be bought for twice the cost of her ingredients. In fact, some large manufacturers put out small cakes for twenty-five cents that chew and taste like cardboard. Mrs. Housewife can make a good cake, the same size for the same cost. The demand for bakery goods plus the increased wages of bakers have combined to raise your pay as a baker of cakes. However, you might just as well continue to buy your bread at the store because it hasn't gone up in price.

Because fresh foods have gone up faster than canned goods, gar-









8 Ways to Get a Raise

For chalking up on the debit or credit side of your "salary," Mrs. Housewife, you may find these pictures help:

Do you stay at home and tend to your children or do you hire someone?

Do you bake your own desserts, pies? Does it pay you not to?

Are you growing your own vegetables?

Do you visit a beauty parlor or do your own? Here's a real saving!

What about "spotting" your own clothes?

What do you pay your cleaning woman?

Do your own "canned goods"?

What do you save on home sewing?

Photographers: Ewing Gallaway, Free Lance Photographers Guild, Anton Kamp from Frederic Lewis, Harold M. Lambert from Frederic Lewis



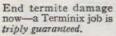






Win Your War on

When your property is threatened by termites it will pay you well to call on Terminix, a nation-wide organization with 16 years of successful experience in termite control.





See your classified telephone directory for name of your local Terminix Company. Call them for prompt, courteous and ca-pable service. For interesting free literature on termites, write Terminix Division, E. L. Bruce Co., Memphis, Tennessee

ASK FOR FREE INSPECTION OF YOUR PROPERTY



A BAKER'S DOZEN, 13 OF THEM, S PREPAID Generous in size (6 x 2 ins.) highly glazed and deco rated in yellows, greens and purples, these bowls, fror our good neighbor Mexico, beautify any table. The look like the five dellar bracket but cost only \$3.00 We can ship immediately! For 35c additional we will

OLD MEXICO SHOP NEW MEXICO







If you have a lawn or garden, keep a can of Cyanogas on hand. This gas-producing powder olve your ant prob-



m. The spouted can is ecially designed for treating ant nests. A nch will kill all ants in nest—*Instantly!* SPECTACULARLY EFFECTIVE! Easy to apply. A little goes a long way. Drug, hardware, seed stores carry Cyanogas or can get it for you.

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hen copper's METAL TEXTILE CORPORATION Orange, N.J., U.S.A





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QUILT PATTERNS

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Make Your Own Heirlaom Quilts With Lockport Cotton Batting

A complete line of fluffier and stronger batting in wide range of sizes. Needles easily, han-dles like cloth, unrolls without clinging or tearing. Sold at leading dry goods stores.

LOCKPORT COTTON BATTING CO., Lockport, N.Y.

dening is more profitable than canning. If you are a suburbanite with a Victory garden, you are getting a much better return on your investment this year than two or three years ago. If you want a further raise in wages, you may try your hand in this field.

On the debit side of the ledger this season is canning unless you have been smart enough to grow your own fruit and vegetables, have them given to you by a friend, go to the country to buy, or are able to pick them up for a certain price per pound. If you have been able to get your food for canning in any way except at the retail market, your pay has gone up.

Tangled indeed is the clothing situation. If you go out to buy cotton clothes you may find, as some have, that ready-made garments are not color fast nor pre-shrunk, in many cases. This is no doubt one of those things uncovered by Department of Labor observers when they reported that there was a definite decrease in the quality of merchandise in the lower priced lines and poorer workmanship on many articles. Actually, statistics show that the seamstress has had a cut in her wages when it comes to buying cotton yard goods and making it up herself. From 1939 to 1941 there was a 71.6 per cent rise in the cost of cotton goods while clothing rose 31.3 per cent for the same period. From 1941 to 1942, clothing rose a little faster than cotton goods. A government bulletin stated that it would pay the housewife to make cotton clothes for herself since the quality of cotton ready-made garments usually declines in wartime. This did not seem to be true in 1942, but it appears that it will probably be a raise in wages if you make your own cotton clothes now. Rayon yard goods have gone up very little so you'll be way ahead when you make rayon garments. Your wages will remain about the same in the making of woolen goods, although here too, yard goods will probably be more dependable as the war goes on, than garments purchased ready made. How is your score coming?

Occasionally the family needs a practical nurse, and if it turns out to be you, well there may be some comfort in knowing that in this field, you are now worth twice as much as you were two years ago. Advances in beauty shop services are also reported by the Department of Labor, so if you do your own hair, and are we griped because our locks aren't naturally curly, you can chalk up fifty cents worth more per hairdo than the



Protect your clothing, rugs, furniture from moths with odorless, stainless, inexpensive Berlou. Will not harm fine fabrics. Stands repeated dry cleanings.

Berlou is easy to apply with hand sprayer or vacuum sweeper sprayer. If Berlou fails, we repair, replace, or pay value of article. You get written 5-year guarantee.

Berlou is sold by department, furniture, drug, hardware stores. If dealer can't supply, stores. If we will.

Better Cleaners Offer Berlou Service Write for Free Moth Control Booklet BERLOU MFG. Co., Dept. 93, Marion, Ohio



KILLS INSECTS IN VICTORY GARDENS

Use Red Arrow Garden Spray—"the Victory Garden Insecticide." Quick, easy, inexpensive. 55c bottle makes several gallons. Safe to humans, birds and pets when sprayed. Buy Red Arrow Spray where you buy garden supplies.

FREE For chart, "How to Identify and Control Victory Garden Insects," write to: McCormick & Co., Dept. 1A5, Baltimore-2, Md.



New, easy method to add VITAMINS to your Victory Carden and stimulate plant growth. Simply insert a

VITAMIST Cartridge

In garden hose and sprinkle. One Cartridg Vitamize 1500 sq. ft. Full season supply for \$ average lawn and garden (30 Cartridges) . At better Hardwara and Social Section 1 BURGESS SEED & PLANT CO., 418 V.M. Galeshu

PERENNIAL PLANTS ONLY \$4.35 Stream, field-grown I and 2 year old, blooming size plants, II mostpopularyarioties including: gia Dobbie's Hybrids, Canterbury Bells, De ms, Platycodon, Dianthus Barbatus, Deltoide is, etc. 3 Penstemon Grandiflorus selling at 30 phiniums, Plantage of the Lychnis, etc. 3 Penstemon Grandiflorus selling Lychnis, etc. 3 Penstemon Grandiflorus selling each FREE, if you order Now. Satisfaction Guarach FREE, if you order Now. Satisfaction Guarach Novotny Gardens, OSAGE, JOWA



Write for Circular L THE SAVOGRAN COMPANY, BOSTON IO, MASS.

STOP LEAKS IN BASEMENT

Stop those leaks! End that seepage!



NEW! FOR BEST WASHING RESULTS



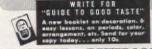
Contains no soap, oil or fat. Leaves sweaters, socks, blankets, baby's things soft, fluffy, really clean. Made for wool by a wool firm. At art needlework, notion and other departments of leading department and chain stores

Woolfoam Corp., 10 W. 20, N.Y. C.





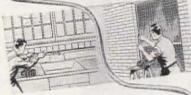
Yes—the peace of mind and con-tentment that seem to go with a room that is furnished with charming, tasteful Zangerle Ta-bles! Their authentic 18th Century designs—combined with today's best in construction and hand-rubbed finishes will make your home more beautiful. Popularly pricedatleadingstoreseverywhere.



ZANGERLE & PETERSON CO. Dept. 19, 2164 Clybourn Ave., Chicago 14.







- A good plugger-
- Seals cracks in plaster and wood-work, around screens, windows, casements, tran-soms, baseboards.
- Makes good pack-ing and gaskets
- Permanent glaz-ing for wood or metal sash • Plugs leaks around bathtubs, toi-lets, sinks, laundry tubs, etc.
- About 80 feet of 1/4" Mortite to a roll.
 At your Dealer's or \$1.25 postpaid.

Send for Circular

J. W. MORTELL CO. Technical Coatings since 1895 524 BURCH ST., KANKAKEE, ILL



• Keeps out dirt, dust and vermin. Stops rattles

cost of two years ago, or if you want to be technical, an advance of thirty-three and a third per cent!

To sum this up, well it makes sense to us, every service to you, the housewife, that costs you more, means that you have had your wages raised that much more. You can even figure out how much more you are worth for any one day now, and approximately how much more you are worth than for the same type of day two years ago. Or you can look at it this way. The industrious woman who does all her own work, makes her own and her children's clothes, takes care of her hair, bakes, gardens and cans, need not envy too much the woman who leaves her home to work. The housewife has added to her pay of two years ago, what the woman who goes to work must subtract from her present income.

YOUR CHECK LIST

- Our AMERICAN HOME GARDENER contains in its 432 pages everything you need to know about raising vegetables, fruits and flowers—lawns, landscaping, etc.....\$1.00
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Send check or money order and order by title (the last five by number also)

THE AMERICAN HOME 55 Fifth Avenue, New York 3, N. Y.





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THE clever hostess welcomes this with open orms...so do guests when served from smartly practical THERMO-SERVER. Large 2-quart crocks, of special stoneware, retain heat and cold. Dishes may be prepared in them, baked in oven or chilled in refrigerator. Beans and such kept piping hot, salads crisp and cold. Crocks have Turned-Wood Lids and Serving Ladles. Separate carrier (size 8 by 28 inches) finished in Wheat-Straw Tone with decorative motif in deep brown. It's the perfect wedding or anniversary gift. Sent Prepaid, Only \$12.50.

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Care of the hair should begin in babyhood to get your child's hair off to a good start . . . help assure lovely hair later in life.

You can't use a finer, safer, more gentle soap than Packer's Tar Soap. Its pine-cone color, piney odor and creamy lather have made it a family favorite for three generations.

And shampoos with Packer's average only about one-fourth the cost of bottled shampoos. Get a large 25¢ or 10¢ cake today.

Shampoos for less than a penny

PACKER'S TAR SOAP



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Don't allow Hospitalization expense to ruin your life sav-ings. Insure NOW ... BEFORE IT'S TOO LATE! In case of unexpected sickness or accident you may go to any Hospital in the U.S. or Canada, under any Doctor's care. Your expenses will be paid in strict accordance with Policy provisions. Indi-vidual or entire family eligible (to age 70). The Company is under the super-vision of the Insurance De-partment. No agent will call.

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POLICY PAYS Hospital Expenses for Accident up to \$540.00

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NORTH AMERICAN MUTUAL INSURANCE CO. Dept. AH4-5, Wilmington, Del. Please send me, without obligation, details about your "3c A Day Hospitalization Insurance Plan". Name.

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My son calls at "DOG-BITE" INSURANCE



My son Bill was playing out on the lawn with his dog the other day, when a new delivery boy came up the drive. The terrier frisked over for a romp, and somehow toppled the boy off his bike.



4 "How'd you know a thing like this might happen, Dad?" he asked. "Well, Son, I didn't. But, my insurance Agent knows there's always a dog around the house. So, he figured we might need that 'dog bite' insurance some day. We did!"



2 In a jiffy groceries were all over the place, the boy was on the ground, pants torn and his leg scratched and bleeding. Maybe the dog accidentally nipped him... maybe the fall caused it.



BUY WAR BONDS

You may not own a dog. But, there are other ways in which you may need protection against serious financial loss. Ask your Agent or Broker if your present insurance is sufficiently broad to cover your loss in the event of:

1. Fire, theft or damage to your home, car or personal property.

2. Loss of what you own through claims for injuries to other persons or damage to their property.

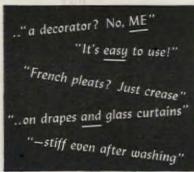
3. Loss of income through personal accident on land, in the air, or at sea.

You can easily get insurance against these and other hazards through your local Agent or Broker. Let him tell you how little it costs for "North America" protection. North America Agents are Listed in local Classified Telephone Directories. Insurance Company of North America, founded 1792, oldest American fire and marine insurance company heads the group of North America Companies which write practically all types of Fire, Marine and Casualty insurance, through your own Agent.

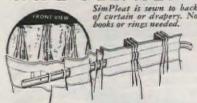


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Made in three widths, 2" at 10¢ a yard, 2½" at 15¢ and 3" at 19¢. Sold in the drapery section of department, variety and specialty stores. If not available, order direct, send check or money order.

Send for

"1001 Decorative Ideas"
Forty pages packed with helpful information, profusely illustrated. How to cut, fit, sew
slipcovers, draperies, valances, dressing table skirts,
etc. Sold in drapery departments or by mail 15 cents,
stamps or coin.



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PLASTIC WOOD fills old nail and screw holes fast, for secure hang-ing of doors, curtain rods, window Handles like putty; hardens into wood



WOOD

Extraordinarios!



the gayest SHOPPING BAG in the world

A dash of color in your daily life, imported from the beautiful Isthmus of Tehauntepec. These gay carriers will make your load seem lighter. They're strong and durable and about 14 x 14 inches in size. Woven from palm leaf in a never-ending variety of color with sturdy handles.



USE owder-ene to keep rugs new-looking





BE PROUD of the beauty of your rugs and carpets. Keep them clean and bright, including light colors and twists. Care for them as usual, but once or twice a month shake on Powder-ene. Brush it in. Wait an hour or longer, then vacuum it off. No liquids. No suds. Clean small areas or vivon Schrader Manu-pacturing Co., Racine,

FACTURING CO., Racine, Wisconsin.

Powder-ene is endorsed by Bigelow-Sanford Carpet Co., Inc.





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Try Dr. Scholl's KUROTEX —soft, flesh color foot plaster. Gives quick relief when used on corns, callouses, bunions and tender toes. Cushions sensitive spots. Prevents blisters, instep ridges, chafed heels. Economicall At Drug, Shoe, Dept. and 10c Stores.







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Bath makes the difference. Restores old brushes. Saves new brushes. Buy 5¢ package, 10¢ box ... at PAINT – HARD-WARE – FIVE & TEN CENT STORES. The Patent Cereals Co.

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makers of Dic-A-Doo Paint Cleaners

DIC-A-DOO **Paint Brush** Bath





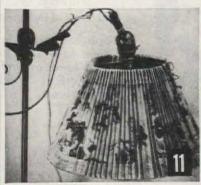
Dangerous medicines, poisons, and sleeping pills should be put out of reach. Children are curious



His last smoke for the night may be his last smoke for life. Look at the reports at the hospitals



Slicing cabbage or your fingers? Hold vegetable firmly behind the part to be cut-or get a band-aid



This lamp, in bad repair, is one reason that electricity leads the field as the cause of fire. Tsk!









Get SOILAX at Hardware, Paint, Variety and Department Stores Economics Laboratory, Inc., St. Paul, Minn.

FURNITURE STAYS BEAUTIFUL

when you use VERNAX - the greaseless beauty cream. A few drops produce a lovely dry sheen. Get the economical pint size bottle. \$1.00 at your department store or dealer.

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One Best Home Way To



To Get More Strength If You Lack Blood Iron!

You girls who suffer from simple anemia or who lose so much during monthly periods that you are pale, feel tired, weak, "dragged out"—due to low blood-iron—try Lydia Pinkham's TABLETS at once!

ry Lydia Pinkham's Tablets are one of the great-est blood-iron tonics you can buy to help build up red blood to give more strength and energy—in such cases. Just try them for 30 days—then see if you, too, don't remarkably benefit, Follow label directions. Well worth trying!

Lydia Pinkham's TABLETS

Now She Shops "Cash and Carry

Many sufferers relieve nagging backache quickly, once they discover that the real cause of their trouble may be tired kidneys. The kidneys are Nature's chief way of taking the excess acids and waste out of the blood. They help most people pass about 3 wirts day.

blood. They help most people pass about 3 pints a day.
When disorder of kidney function permits poisonous matter to remain in your blood, it may cause nagging backache, rheumatic pains, leg pains, loss of pep and energy, getting up nights, swelling, puffiness under the eyes, headaches and dizziness.

Don't wait! Ask your druggist for Doan's Pills, used successfully by millions for over 40 years. They give happy relief and will help the 15 miles of kidney tubes flush out poisonous waste from your blood. Get Doan's Pills.

Get More Comfort For Standing Feet

With A Daily Ice-Mint Treat

With A Daily Ice-Mint I reat

Don't let tired, burning sensitive feet
steal energy and make the hours seem
longer. Just massage frosty white Ice-Mint
on your feet and ankles before work to help
keep them cool and comfortable...and after
work to help perk them up for an evening
of fun. No greasy feeling --won't stain socks
or stockings. Grand, too, to help soften corns
and callouses. Get Ice-Mint from your druggist today and get foot happy this easy way.





Relieve Pinch And Torture Of Tight Shoes

When burning feet cry out with agony from all-day standing—when shoes that pinch nearly drive you crazy—try this wonderful, soothing powder that works like magic to bring blissful foot relief. Just sprinkle Allen's Foot-Ease in your shoes and sing with joy when tired, burning feet lose their sting and pain. For over 50 years, millions of people have found happy relief and real foot comfort with Allen's Foot-Ease. Don't wait! Get a package today. Try this easy, simple way to all-day stand-Try this easy, simple way to all-day stand-ing and walking comfort. At all druggists.



Lay that butcher knife down, babe! It was never meant to open cans. Quick way to get a serious cut



Any broken bones today? Scatter rugs at head or foot of stairs may scatter you in all directions



Many kitchen drawers look like this. Result: too many homemakers suffer serious cuts or scratches



Somebody's carelessness may mean a badly injured foot. Garden tools strewn about invite hurts

Why my wife made me get a RETIREMENT INCOME PLAN

SHE was sort of cute about it. She didn't say, "John, you ought to get a Retirement Income Plan." She knew I'd just argue with her.

Instead she said, "John, how much money do you expect to earn in the next 15 years?" I did a little figuring, tossed in a raise or two, and came out with a total that impressed even me. (Try it yourself-you'll be amazed.)

When I told her, she said, "How much of that do you suppose we'll have left at the end of 15 years?" I'm not very good at saving, so when tried to be honest about that, the results

hurt a little. "We'll probably have a better house," I said. "The children will be educated, and we'll probably have a couple thousand in the bank." Then I added, "What's more, we'll have had 15 years of fun," and kissed her.

But she was serious.

"John, don't you think we ought to have more than that? In 15 years, you'll be 60. Good heavens, imagine you 60! (She giggled at that.) Anyway, you will be-and maybe you won't want to work so hard. Maybe times will be bad. Maybe-oh, you know-

I did know. I have an Uncle Frank who earned a lot of money in his day, but now, at 62, he hasn't any more to show for it than a medal from his office.

"Yes, I know," I said.

"John, let's decide right now that we're going to do differently. Let's be sure of our future. Let's start using one of these Retirement Income Plans."

That's all we said about it, but the next day I started digging into the subject of Retirement Incomes. I learned that, using a Phoenix Mutual Retirement Income Plan, I could get a retirement income for life beginning when I reached 60. And it wasn't just an income for me alone. The Plan actu-

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ally guaranteed an in-



come for both my wife and myself as long as either of us lived!

So I qualified for a Phoenix Mutual Plan. Here's what my Plan guarantees:

1. When I reach 60, I will receive a check for \$150, and I will get another check for \$150 every month as long as both my wife and I live.

2. If, after 125 monthly checks have been paid, only one of us is living, a monthly income of \$100 will be paid for life to the one still living.

3. If I should die before reaching retirement age, my wife will receive \$3,000 in cash, and an income for life.

4. If, before age 55, total disability stops my earning power for six months or more, I will receive a monthly disability income.

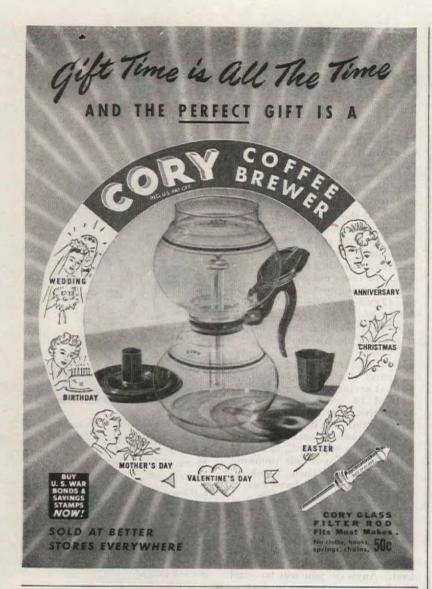
This story is typical. Wouldn't you like to find out how you can get a guaranteed income for life?

Send for Free Booklet

Send the coupon and receive, by mail, a free booklet which tells about Phoenix Mutual Retirement Income Plans and how to fit them to your own needs. This booklet explains how to get the life income you want-from \$10 to \$200 a month or more-starting at age 55, 60, 65 or 70. Similar Plans are available to women. Don't delay. Don't put it off. Send

for your copy now.

PLAN FOR Retirement	Income Plan YOUR FUTURE PLAN FOR MEN
PHOENIX MUTUAL LIFE INSURANCE CO. 600 Elm Street, Hartford, Conn. Please mail me, without cost or obligation, your illustrated booklet describing Retirement Income Plans for women. Name	PHOENIX MUTUAL LIFE INSURANCE CO. 600 Elm Street, Hartford, Conn Please mail me, without cost or obligation, your illustrated booklet showing how to get a guaranteed income for life Name.
Date of Birth	Date of Birth



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The future of the Musette* Piano is in the capable hands of the Musical Engineering Laboratory experts of Winter & Company. After the war, they will again concentrate their efforts on producing a Musette as musically perfect, as structurally beautiful, as ingenuity and skill can make it. You will want the new Musette for your home; start saving for it, now.



Professional Advice FOR A Minimum Charge



DOING some spring decorating? Need any help? Our Decorating Staff will suggest new schemes for bringing a dreary room up to date, Send us your problem and a

simple floor plan of the room showing doors, windows, exposures as well as list of present furnishings, and we will advise you on rearrangement and send samples whenever possible of wallpaper, paint, floor coverings, and draperies. The charge per room is \$1.00. Minor decorating questions will still be answered for the usual 3-cent stamp to cover postage.



PLANNING your postwar dream house or remodeling your present home? Send us the floor plans. And we'll

criticize them for you and make any suggestions we think would improve them. We cannot design a house for you... our service consists of professional criticism and analysis of your plans. The charge per house is \$1.00. Minor building questions will still be answered for the usual 3-cent stamp required to cover postage.



E'LL help you make your party a big success—and individual. Tell us the kind of party you wish to give, number of guests desired, time, place, description of your table appointments, and we'll suggest color scheme, centerpiece, favors, menu, costumes, and games. A party schedule from invitation to farewell will be yours upon receipt of 50 cents.

Send stamps or money order

Dept. S, THE AMERICAN HOME 444 Madison Ave., N.Y.C. 22, N. Y.



Junior's right! Dogs like hearty Milk-Bone dog food. For it is a skillful blend of nourishing whole wheat flour, high protein meat meal, milk, yeast and fish liver oil, plus important minerals and vitamins A, B₁, D, E, and G.

Start your dog on a
Milk-Bone diet today.
For breakfast give him
crunchy Milk-Bone
Biscuit. For supper
feed him Milk-Bone
Tiny-Bits... just add
warm water, soup,
broth or vegetables,
and bits of meat if
you wish. Ask your
dealer for Milk-Bone
dog food today.



NATIONAL BISCUIT COMPANY

National Biscuit Co., Dept. G-5
449 West 14th St., New York 11, N. Y.
Send me Free Sample Milk-Bone Biscuit
and Tiny-Bits. Also Booklet: "How To Care
For And Feed Your Dog." (Please print.
Paste coupon on postcard if you wish.)

Paste coupon or	n postcard if you wish.)
Name	
Address	
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FALSE TEETH

KLUTCH holds them tighter

KLUTCH forms a comfort cushion; holds dental plates so much firmer and snugger that one can eat and talk with greater comfort and security; in many cases almost as well as with natural teeth. Klutch lessens the constant fear of a dropping, rocking, chafing plate. 25c and 50c at druggists.

If your druggist hasn't it, don't waste money on substitutes, but send us 10c and we will mail you a generous trial box.

KLUTCH CO., Box 3159-E, ELMIRA, N.Y.

AMAZING NEW RUG CLEANING POWDER	Works	Like Iagic
Just sprinkle TAM-KLEEN on rug, brush in, then let vacuum cleaner remove all dirrt in a juffy! Will not injure, shrink or fade rugs. At your dealer or write is direct. Send for free TAMMS booklet. "Household Manager" limes in War Time."		
TAMMS SILICA CO., 228 -CV., N. La Sa	lle St., Chicago	1, Illinois

The Dennison Handy Helper says: Gas Is Used for Chasing Zeros Save It for Our Flying Heroes



SAVE TORN PAGES WITH

TRANSPARENT MENDING TAPE

At Stationery Departments Everywhere

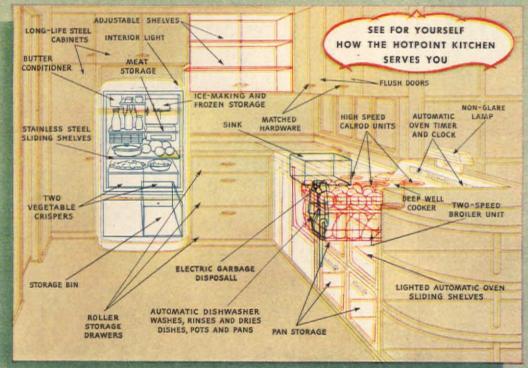
Your next kitchen will be easy on the eyes . . .



You'll get a great big surprise when you behold your postwar kitchen for the first time! You see, that Hotpoint Electric Kitchen you've been putting War Bonds aside for is not only mighty easy to look at . . . it's easy to work in! The entire room has been carefully planned with an eye to beauty and to convenience and economy as well. There's an attractive Hotpoint Electric Kitchen that's specially designed to fit the budget and homemanagement needs of every family.



and Hotpoint will save you time on All these tasks!



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Refrigeration Center—Hotpoint Electric Refrigerator keeps foods fresh provides fast, thrifty freezing and better arrangement of storage space.

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Equipment Storage—Electrically lighted Hotpoint Steel Cabinets afford abundant space for dishes, utensils and dry foods.

Hotpoint ELECTRIC KITCHENS



Edison	General	Electric	Appliance	Co., Inc.
5659 W	est Tay	lor Street	Chicago	44, Illinois

Enclosed please find ten cents in coin or war stamp for which send me your new kitchen planning guide entitled, "Your Next Kitchen by Hotpoint."

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AMERICAN HOME

Vol. XXXIII

December, 1944, to May, 1945

INDEX TO The AMERICAN HOME

Volume XXXIII - December, 1944, to May, 1945

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A Is For Annuals, Jan. 26 Adams, Myrtle, article by, Jan. 41 Aging Begins Insidiously, Dec. 65 Aitken, Ruby, idea by, Apr. 45 Allen, Gracie, Mar. 65 Achievement Medals Awarded in

Achievement Medals Awarded in 1944 by American Home, Apr. 65

Ames, Dorothy, decorated by, Feb. 16 Andreson, Laura, design by, Feb. 55

Anita Louise, idea by, Apr. 43

Bachelor Apartment, Apr. 41 Apartment Kitchen White, Suffering from, May

Appleton, Artie E., article by, Mar. 21
Arizona Homestead House, Mar. 25
Arthur, Julietta K., article by, Jan. 30
Austin, Jean, article by, Jan. 21, May 72
Austin, Mr. and Mrs. Richard B., home of, Dec. 50
Axelson, Alfhild, article by, Jan. 68

Baby Clothes, Apr. 54 Back Strain, article on, Feb. 26 Talk, Feb. 26

Baird, Mr. and Mrs. Mathew, home of, Mar. 25 Baird, Thomas J., article by, Dec. 18, Feb. 22 Bank, Hold that!, Feb. 15 Barienbrock, Frederic, home of, May 50 Barnes, Mary H., idea by, Apr. 44 Barton's, Mrs. Robert, garden chapel, May 18 Bayes, Georgia, Feb. 92 Beach House, Feb. 42 Beaded Grape Glass, collection of, Jan. 37 Beauchamp, Elise, article by, Feb. 4 Beckey, Ruth E., article by, Mar. 31 Beds and Borders, Feb. 20 Beeson, Bess Huff, collection of, Jan. 37 Behr, Mr. and Mrs. Louis, home of, Feb. 15 Belcher, Frank, home of, Jan. 20 Belcher, Inc., of Los Angeles, chests by, Apr. 27 Bell, Louise Price, article by, Jan. 66, idea by, Mar. Belluschi, Pietro, house designed by, Jan. 16, Feb.

Blackstone, Arthur, contrib. by, Feb. 62 Blankets, care of, Apr. 94 Blondin, Catherine, article by, Apr. 94 Blue Willow Ware, collection of, May 43 Bolen, Mary Connell, idea by, Apr. 43 Books for a Child's Christmas, Dec. 6 Brand, J. A., home of, Apr. 20 Brass, Lord & Taylor collection of, Apr. 22 Breakfast, A Good, Jan. 57 Brick Wall, Damp Spots on, Mar. 62 Bridge Table and Chair, plans for, Apr. 61 Brodinsky, B. P., and Raymond Nathan, article by, Jan. 62 Broken Relations . . . with everything but the past, Mar. 49 Bronson, Barbara, and Elinor Scoville, article by, Dec. 6 Brown, Seletha A., article by, Jan. 36 Brownold, Bertram, idea by, Apr. 45 Building on a Hillside, May 60 Bulkley, Sally, article by, 96 But Get It For Yourself, May 87 Buying The Family Food, Apr. 102

The AMERICAN HOME MAGAZINE CORPORATION

Benton, Janet Suzanne, article by, May 15

Better Care for Longer Wear, Apr. 94

Birthdays Must Be Celebrated, Mar. 100

Birren, Feber, ideas by, Jan. 31

Editorial Offices 444 Madison Ave., New York 22, N. Y.

1945

Subscription Dept.
55 Fifth Ave., New York 3, N. Y.

Camp, Ideas for Summer, Feb. 48 Campbell, Kay, articles by, Mar. 74, Dec. 68, May 43, Jan. 72 Car, Housecleaning the, May 49 Cavanaugh, James B., idea by, Feb. 52 Ceramics, collection of, Feb. 55 Chapel, Garden, May 18 Check Your Cake Technique, Feb. 89 Child Have Nervous Speech, Does Your?, Mar. 31 Children, article on, Dec. 91 Books for, Dec. 6 health of school, Jan. 68 praising of, Feb. 64 Seen-And Heard, Mar. 71 You're Proud of Your, Jan. 48 Chintz, American Home, use of, May 30 Christmas, Books for a Child's, Dec. 6 Carol, Dec. 74 Fixin's, Dec. 27 Home, Dec. 30 in Texas, Dec. 17 menus, Dec. 74 Our first, without you, Dec. 26 Table, Dec. 84 Toys, home-made, Dec. 37 Cleaning Tips for Long Life, Mar. 94 Clock Decorations, Mar. 47 Collecting Brass in the Whole U.S.A., Apr. 22 Collector, Why Not Be A Modern?, Feb. 55 Color, For Safety In The Home, Jan. 30 Coover, F. G., idea by, Dec. 20 Corn Yellow, Tomato Red and Pine, May 106 Corrigill, Mr. and Mrs. Alex S., home of, Feb. 46 Cottage, "Escape", Feb. 34 Picnic, Feb. 38 Country, A Place In The, Mar. 40 Craddock, Laura, idea by, Mar. 96 Craig, Marie E., article by, Apr. 87 Croy, Mr. and Mrs., ideas by, Apr. 45 Croy, Mrs. E. R., home of, Mar. 22 Cummings, James C., article by, May 60 Curley, Mrs. M. B., idea by, Apr. 43

Cake Technique, Check Your, Feb. 89

Darbyshire, Martha B., article by, Mar. 22 Darbyshire, Martha B., and James M. Wiley, article by, Feb. 16 Dark, Fear Of, Dec. 91 Davenport, Marianna B., idea by, Apr. 44, Feb. 50 Davidson, J. A., article by, May 105 Davis, Gail, article by, Feb. 92 De Armas, Dede, article by, Dec. 91 Dear Mary, Feb. 91 Decorate It - Make It Count As A Decoration, Mar. 47 Decorating Dreams That Will Come True Are Practical Dreams!, Jan. 21 Illustrating One of the Cardinal Rules of Good, Mar. 33 Decoration, Rule of, Mar. 26 Deon, Nancy, letter by, April 8 Designed For His Babyship, Apr. 54

Devlin, Jane, photos of, Dec. 60

Dickens, Mrs. Geo. E., letter by, May 8

Dinner Drama, Mar. 88
Dinwiddie & Hill, house designed by, Apr. 19
Doll rooms, collection of, Dec. 32
Domestic Judgment Day, Apr. 31
Don't Wait For Beauty, Jan. 54
Doyne, Edna G., article by, Feb. 38
Doyne, Mr. and Mrs. J., home of, Feb. 38
Drake, Florence C., idea by, Dec. 30
Draper, Laura A., article by, Dec. 65
Dreams That Will Come True!, Jan. 15
Dressing Tables and Valances, May 35
Dugan, Mr. and Mrs., duplex of, May 28
Duncomb, Mrs. R. J., suggestion by, Dec. 22
Dye, Mary Elizabeth, quilt designed by, Jan. 28
Dyeing, home, article on, Jan. 54

Easter table, Apr. 107 8 Teen-Age Rules From Hollywood, Jan. 72 Eisfeller, Pine L., article by, Mar. 52 Etiquette For Teen Agers, Apr. 90 Eye Hazards In The Home, Apr. 87

Fabrics, Now You Can Paint On, Jan. 52
Farrington, Wm. G., Co., house designed and built by, Dec. 54
February Parties, Feb. 80
Takes The Cake!, Feb. 86
Firecrackers and Christmas, Dec. 17
Fisher, Mrs. Louis, idea by, Mar. 96
Fleury, Paulo, letter by, May 8
Flower Shows, Of What Use Your, May 27
Flowers From A Christmas Sky, Dec. 23
For A Beautiful Linen Trousseau, Feb. 28
She's To Be Queen Of The May, May 82
Formal Tradition—Down in Texas, The, Dec. 50
Freezing Spring Fruits and Vegetables, May 88

Garden, For A Real, June 28 That Can "Wait" A While, Then You'll Want Gardening, Modern Way To Look At, Jan. 18 Gardens, Family, "Can Take" Children In Their Stride, Apr. 28 That Extend The House and Hospitality, May 22 Gift Plants Plus, Dec. 20 Girl Rates A Pretty Room, A Pretty, Apr. 33 Give Them A Good Lunch, Feb. 73 Glamor With Sense, Apr. 19 God The First Garden Made, May 18 Good Modern, May 50 Modern in Colorado, Apr. 20 Gordon, Earl E., May 20, design by, Feb. 55 Graham, Lillian S., and Wackerbarth, Marjorie, article by, Mar. 100 Guide, for Buying Fruits and Vegetables, Apr. 104 Gunderman, Helen, idea by, Feb. 84

Hamilton, Joseph, house remodelled by, Feb. 34
Hammond, Charles Herrick, garden of, Apr. 30
Hanle, Frances L., ideas by, Dec. 28
Harbeck, Marie M., article by, Mar. 17
Hartman, Virginia, idea by, Dec. 30
Head, Ethel McCall, article by, Feb. 55, Mar. 27,
May 27, 50

Health of School Child, article on, Jan. 68
Hearts Entwined, Mar. 39
Hedges For Shelter And Privacy, Apr. 24
Heirlooms For Tomorrow, Mar. 52
Hennessey, Wm. J., article by, Jan. 23, Apr. 17
Henry, Mrs. Betty, recipe by, Feb. 88
Herrod, Virginia, article by, Dec. 26, Apr. 90
Hill, Chance, garden plan by, Apr. 30
Hillside, Building On A?, May 60
Hochman, Louis, article by, May 20
Hold That Bank!, Feb. 15
Home And The Health Of Your School Child,
Jan. 68
Take Inventory On The State Of The Dec. 58

Take Inventory On The State Of The, Dec. 58
Home-made Toys This Xmas, Dec. 37
Hornbein, Victor, house designed by, Apr. 20
Horses Got The New House, The, May 57
Hot Spots, Mar. 62
Housecleaning Your Car, May 49
Household Helps, Dec. 58, 90
How To Be Pretty When Photographed, Mar. 74
How To Begin

- 1. Homemaking Means Gardening, Feb. 22
- Garden that can "wait" a while, Mar. 21
 Family Gardens, Apr. 28
- 4. Gardens That Extend the House and Hospitality, May 22
- 5. Time Never Hangs Heavy, June 28 How You Can Use It!, A. H. Chintz, May 30 Humiliate Him, Don't Publicly, Apr. 46

I Can Dream, Can't I?, Mar. 45
I Hope It Doesn't Happen Here!, May 24
Ideas, Some Swell, Apr. 42
If You Can't Have "New", You've Got To Know Some Rules, Feb. 16
Illustrating One Of The Cardinal Rules Of Good Decorating, Mar. 33
Indian Quilt, Jan. 28
Industry Makes Color Work, Jan. 30

Jensen, Eileen, article by, Feb. 24 Jewel-Box Home, Dec. 60 Johnson, Cy, home of, Jan. 20 Joyner, Julia Bliss, article by, Dec. 74, Jan. 57, Feb. 86, Mar. 87, Apr. 102, May 93, June 82 Junior Mess, Feb. 92

Kendall, Helen L., collection of, Dec. 32 Kerr, Peter, home of, Feb. 42 Killian, Jeanette, idea by, Mar. 97 Kitchen Keyed To Cat, Mar. 96 Remodeled, May 106 Kleinberg, John E., idea by, Dec. 38 Knagge, Ruth K., idea by, Feb. 48 Konzelman, Kay, idea by, Dec. 30

Lacey, Ethel K., article by, Mar. 49
Lamson, Mary Deputy, Mar. 30
Lebo, Nelson F., article by, Apr. 22
Lee, Ruth, article by, Mar. 33
Let Them Be Seen—And Heard, Mar. 71
Let's Face It, May 81
Lights Out!, Dec. 91

Linen, Care Of, Apr. 94
Requirements, Feb. 30
Trousseau, For A Beautiful, Feb. 28
Lingerie Shower, Apr. 100
Lippincott, J. Gordon, article by, Jan. 4
Lloyd, Mrs. Lynn, home of, Apr. 27
Lockhart, June, May 80
Lord & Taylor, collection of brass, Apr. 22
Lukens, Glen, design by, Feb. 55
Luks, Gertrude, article by, Mar. 43
Lunch, Give Them A Good, Feb. 73

Magnon, Mrs. W. H., idea by, Feb. 50 Make It Easy, May 93 Malone, Mrs. Chas. E., idea by, Dec. 30 Manning, Maybelle, article by, Dec. 17, 32, May 18 Marks On Wall, Those Telltale, Mar. 62 Maxey, Stevens and Amelia, article by, Jan. 52, Maxon, Hazel Carter, article by, Jan. 64 Maypole Party Table, May 82 McGlone, Clifford, idea by, Apr. 43 McLean, Melisse, article by, Mar. 97 McPherson, Dr. and Mrs. James L., home of, Mar. Mellick, Dorothy, article by, Dec. 60 Memorials That Live and Serve, Mar. 17 Menu Planning, Feb. 70 Miles, Allie Lowe, idea by, Mar. 80 Milk Glass, Plates of, Jan. 37 Miller, Mr. and Mrs. Louis H., garden of, Mar. 21 Miniature doll rooms, collection of, Dec. 32 Mitchell, Lillian M., article by, Mar. 21

Monogramming Linen, Feb. 28

Mossman, Ruth J., idea by, Mar. 97

Moss Rose China, Jan. 37

My Son ..., Feb. 4

Moodey, Marion McCook, article by, Apr. 50

Morse, Richard A., house designed by, Mar. 26

Moore, Helen C., suggestion by, Dec. 20

Nathan, Raymond, and B. P. Brodinsky, article by, Jan. 62

Natzler, Gertrud and Otto, design by, Feb. 55

Neal, Robert M., article by, May 68

Nelson, Ruth E., article by, Jan. 48

Nelson, Violet, ideas by, Feb. 84, Mar. 82

Nervous Speech, Does Your Child Have?, Mar. 31

New Orleans in Texas, Apr. 17

New Year's Party, Jan. 64

Nielsen, Mrs. Benjamin, idea by, Dec. 27, Mar. 81

1945 Resolution—A Good Breakfast, Jan. 51

No Focal Point? Build One!, Apr. 26

Now You Can Paint On Fabrics, Jan. 52

Of What Use Your Flower Shows?, May 72
Old Age, Dec. 65
Old Dogs With New Tricks, Apr. 39
One-Room Home, Dec. 60
Ortgies, June Cochrane, article by, Feb. 82, Mar. 45, Apr. 42, 100, Dec. 21, 30
Orth, Mrs. Gilbert, idea by, Mar. 96
Our First Christmas Without You, Dec. 26

Painting About The House, Apr. 68 Paint-Up Time Again, It's, Apr. 74 Parcher, Clifford, article by, Dec. 70 Parramore, Catherine, article by, Jan. 57, recipe by, Party For A Dreary February Day, Feb. 82 Ideas, Mar. 81 Poinsettia, Dec. 86 Pennington, Ruth, design by, Feb. 56 Pfeiffer, Sarah Shields, article by, Mar. 65, 71 Pet dishes, Mar. 48 Phinney, Eloise M., article by, Feb. 73 Photographed, How To Be Pretty When, Mar. 74 Picnic, Winter, Jan. 66 Pills Begin At 40!, May 76 Piper, Mr. and Mrs., duplex of, May 28 Piper, Mr. and Mrs. George, garden of, May 22 Platt, Lt. and Mrs. John, home of, Jan. 16 Poinsettia Party, Dec. 86 Postbaloney . . . True or False?, Jan. 4 Postwar Home Contest, Jan. 21 Potter, E. D., article by, Feb. 91 Pottery, collection of, Feb. 55 Predilection For "Rustic", Apr. 82 Preston, William S., garden of, Apr. 29 Primer for the American Home Gardener, Lesson 9. A Is for Annuals, Jan. 26 Lesson 10. Beds and Borders, Feb. 20 Lesson 11. Shrubs For Garden Effects, Mar. 18 Lesson 12. Hedges for Shelter and Privacy, Apr. Lesson 13. Vines For The Garden, May 65 Lesson 14. Summer Upkeep Of Your Garden, June 76 Pussywillow Shower, Mar. 79

Quilts, Indian, Jan. 28 Quilts, Mar. 52 Quinn, T. F., home of, Apr. 19

Raabe, Martha, article by, Feb. 64 Radcliffe, Phoebe, article by, Feb. 26, May 76 Read, LeNeve N., article by, May 57 Really Small!, Feb. 46 Refinishing, We Do Our Own, Jan. 41 Reid, Mr. and Mrs. Stanley J., garden of, May 23 Rennes, Mrs. Mike, idea by, Feb. 52 Reynolds, Felicite, home of, Mar. 33 Richardson, Lou, idea by, Feb. 48 Ring in the New Year, Jan. 64 Rippey, Thomas M., article by, Mar. 62 Rogers, Vivian, letter by, May 6 Room For A Girl, Apr. 33 For a Young Indian, Jan. 28 Rosewood sofa, Jan. 37 Rucker, Ned S., landscaped by, Jan. 20 Rules, You've Got To Know Some, Feb. 16 Ryser, Marcella, and Elinor Scoville, idea by, Mar.

Sad Beginning . . . Happy Ending!, Feb. 34
Samuels, Mr. and Mrs. David, home of, Apr. 82
Samuels, Robert P., house designed by, Dec. 52

Sansing, Dr. and Mrs. C. O., home of, Dec. 50 Saving Pays, Mar. 22 Scheduled Baking, Mar. 91 Scholey, Mrs. Edith, article by, Mar. 101 School Lunch or Lunch Box?, Jan. 62 of Living, May 20 Schulte, Wilhelmina L., idea by, Mar. 97 Schumacher, Frank J., bridge table designed by, rumpus room, Apr. 61 Schweiger, Helen Lee, article by, Dec. 37 Scofield, C. Edward, article by, Feb. 22 Scott, Wilma, article by, Mar. 91 Scoville, Elinor, Apr. 46 Scoville, Elinor, and Barbara Bronson, article by, Dec. 6 Scoville, Elinor, and Marcella Ryser, idea by, Mar. 81 Seitz, Willa Blake, article by, Jan. 54 Self-Sufficient Gordons, The, May 20 Serving Spring, Apr. 107 Seymour, E. L. D., article by, Jan. 26, Feb. 20, Mar. 18, Apr. 24, May 64 Sherman, Mr. and Mrs. George, home of, Feb. 16 Short Cuts, Dec. 80 Shower, a Lingerie, Apr. 100 Pussywillow, Mar. 79 Shrubs for Garden Effects, Mar. 18 Silver Dunes and the Pacific at its Front Door!, Feb. 42 Simms, Jane, idea by, Mar. 97 Skinner, Virginia, article by, May 49 Smith, Alexander, and Sons Carpet Co., Contest of, Jan. 21 Snow Can Be Beautiful, Dec. 23 So You Want To Do It Over!, Apr. 50 Some Swell Ideas, Apr. 42 Spatter Painting For Xmas Wrappings, Dec. 27 Stable Converted Into House, May 57 Stafford, Mrs. Mabel, letter by, Apr. 6 Stanley, Helen D., letter by, Apr. 8 Starr, Sylvia, article by, May 107 Stewart, Charles T., article by, Mar. 6 Stewart, Paul, home of, Feb. 34 Stumbought, Virginia Carter, idea by, Feb. 52 Sturtevant, Roger, article by, Apr. 82 Sub-Debs Are Nice People, Dec. 68 Suffering From Apartment Kitchen White?, May

Take Care!, Dec. 90
Inventory on the State of the House, Dec. 58
Taxes, Low, And All City Conveniences, Mar. 6
Taylor, Ralph, home of, May 57
Tea Dance, Teen-Age, Dec. 70
Teen-Age Adults, Our Number 1 Problem, May 15
Do's and Don't's for, Dec. 68
Rules From Hollywood, Jan. 72
Tea Dance, Dec. 70
Teen-Agers, Etiquette For, Apr. 90
Temple, Shirley, Apr. 90

Summer Camp Ideas, Feb. 48

Swallow, William, idea by, Dec. 90

Sydnor, Earl, apartment of, May 36

Sylvester, Elfrieda M., idea by, Feb. 48

There Is A Modern Way To Look At Gardening, Jan. 18

They Grow Best Facing The Sun, Feb. 64
Put The Difference In War Bonds, May 36
Three Generations Under One Roof, May 27
Three Lions, idea by, Dec. 90

Through The Kitchen Window, Mar. 96

Tools, You Can't Do A Good Job Without Good, May 69

Toys, Home-Made, Dec. 37

Tricks Of The Trade, Feb. 88, Mar. 92, Apr. 114, May 102

Tressler, Donald K., article by, May 88 Trotter, John Scott, collection of, May 43 Trousseau, For a Beautiful Linen, Feb. 28 Turner, J., ideas by, Feb. 72

25 American Home Achievement Medals Awarded in 1944, Apr. 65

Valances And Dressing Tables, May 35 Valentine Party, Feb. 84 Valley Forge, Feb. 4 Vaughan, Elizabeth, idea by, Feb. 48, 52 Victory Garden, Your, is Needed, Apr. 68 Vines For The Garden, May 64 Visiting, New Styles In, Mar. 65

Wackerbarth, Marjorie, and Lillian S. Graham, article by, Mar. 100 Walker, Robert Sparks, article by, Dec. 23 Waring, Mr. and Mrs. Fred, home of, Jan. 23 Waring's Pennsylvanians, Jan. 23 We Do Our Own Refinishing, Jan. 41 Like Our Picnics Private and So-o-!, Feb. 38 Like Practical Ideas, April 61 Webster, Helen Emily, Dec. 86, Mar. 79, May 82 Week-End Cottage, Feb. 46 Welch, Daisy, idea by, Mar. 80 Well Planned, Well Fed, Feb. 70 Well-You've Trapped Me!, Feb. 24 When All The World Was Young, Dec. 32 Only Memories Spoke of Home!, Jan. 36 Why Not Be A Modern Collector?, Feb. 55

Wibel, Nola E., article by, May 24

by, Feb. 16

Wildenhaim, Marguerite, design by, Feb. 55

Wiley, James M., and Martha B. Darbyshire, article

Wiley, James M., and Ruth Lee, article by, Mar. 33 Wiley, James M., article by, home of, Apr. 39 Willard, Adelaide, article by, May 86 Williams, H. Corbett, idea by, Dec. 36 Williams, Dr. Harold Hamilton, article by, Feb. 22 Winter Picnic, Jan. 66 With An Eye To The Future, Mar. 27 Woestemeyer, Mr. and Mrs. Otto, home of, Apr. 17 Wood, Beatrice, design by, Feb. 55 Wood, Refinishing, Jan. 41 Woodard, Mrs. Lucy Taylor, letter by, Apr. 8 Work bench, Apr. 61 Worn Cords Are Hazards, May 48 Wurster, Wm., house designed by, Jan. 20 Wurtz, Lionel, article by, Apr. 74 Wyatt, Anabel M., article by, Dec. 27

Yerkes, Helen B., Apr. 31
You Can't Do A Good Job Without Good Tools!,
May 68
You Forget . . . But They Remember, Apr. 46
Your Christmas Table, Dec. 84
You're Proud of Your Children, Jan. 48