

On Guard ... H MERICAN ___OME



150

OFFERING FOOLPROOF PATTERNS FOR YOUR SPRING DECORATING



TEEN-AGE ADULTS, OUR NO. I PROBLEM Freezing Early Crops • Smart Tricks with Prepared Foods

A kitchen that's planned for modern living

O NE KEY NOTE of the modern house is the idea of using walls of glass to fill rooms with sunlight—bring the outdoors in. It's almost invariably a feature of the modern living room and dining room. Why not the kitchen, too?

The picture above demonstrates how simply a typical rectangular room can be transformed into a kitchen that's really planned for modern living. A solid wall at the end of the room was traded for a diagonal line of tall glass doors that can be thrown wide to make the kitchen stretch right out into the garden. In warm weather, with all the glass doors open to the air, it's like working out of doors with the breeze blowing in to waft away the heat of the stove and cooking odors.

Arranged along the glass doors, adjustable-top tables provide a delightful breakfast spot facing the garden. Handy in many ways, they can be raised to the height of the sink to serve as extra counter space, wheeled out on to the screened-in porch, or even into the yard for impromptu picnic suppers.

The unique layout of the room suggested the design for the individually styled Armstrong Floor. Following the diagonal line of the glass

Send for "Ideas for Old Rooms and New"-32-page book filled with practical home planning suggestions taken from the personal scrapbook of Hazel Dell Brown, famous interior decorator. It's beautifully illustrated in full color. For your copy, send 10¢ (outside U. S. A., 40¢) to Armstrong Cork Company, Floor Division, 4305 Pine Street, Lancaster, Pennsylvania. doors, the broad band of light-toned Marbelle Linoleum sets off the breakfast corner, makes it seem larger. The bright, crisp inlaid figures in the patterned section of the floor set the dramatic color scheme of brilliant

Every detail of this kitchen is modern-planned for practical con-

red and shining black.

Out with the wall...in with the garden! Cut across one end of your kitchen with a row of glass doors, and you fill the room with sunlight and create a handy porch, also a pleasant breakfast corner that overlooks the garden. Then install a bright, colorful Armstrong Floor, and you'll put a quick end to cleaning cares. The floor in this unique kitchen consists of two fields of Armstrong's Linoleum—a brightly figured pattern, Style 18210, and plain Marbelle, Style 1913 joined by a strip of Plain Chinese Red Linoleum, Style 39. For list of furnishings and detailed floor plan free, just write us.

1 1 1

venience, planned to save time and energy. That is why the usual hardto-get-at cupboard shelves have been replaced with large drawers for pots, pans, and other cooking utensils. It's the reason, too, why the Armstrong Floor is bordered with a rounded cove base that eliminates dust-catching corners, why the counter tops are all covered with quiet, splashproof, easy-to-clean Armstrong's Linoleum.

ARMSTRONG'S LINOLEUM FLOORS for every room in the house

THE RAINBOLTS OF NEW CANAAN PREVIEW THE NEW G-E "ELECTRIC SINK"!



"It's right out of this world!" chorus the Mac Rainbolts after a visit to General Electric's All-Electric Kitchen. "The new *completely automatic* G-E Dishwasher washes and dries a whole day's dishes—even pots and pans—in only a few minutes!" marvels

Mrs. Rainbolt. "And the new G-E Disposall disposes of garbage *electrically!*" adds Father Mac. After the war, the G-E Dishwasher and Disposall may be bought separately or as a complete electric sink. But the Rainbolts want the ultimate in time-saving,



work-saving—the complete G-E Electric Sink! "Look, Mom!" says young Windy Rainbolt. "It grinds up *bones!*" It's true! A load of food waste, bones and all, can be tossed down the Disposall the electric drain that fits into most any kitchen sink.



"Let me scrape the dishes!" begs 5-year-old Ellen. After all the food waste is scraped off the plates and down the self-cleaning Disposall, you just place the cover on with a twist of the wrist. Turn on the cold water. Zingo! No sign of garbage at all!



"It's so clean!" thrills Mrs. Rainbolt. "I can hardly wait to have up-to-date sanitation like that in my kitchen!" No more dirty garbage cans for the Rainbolts, after the war. No more tramping to the backyard with sloppy food waste.



"This G-E Dishwasher appeals to me!" says Mac. "No more K. P.!" Small families will wash dishes just once a day. Families as big as the Rainbolts", probably twice a day. And watch the dish-breakage rate go down with no soapy, slippery dishes to handle!

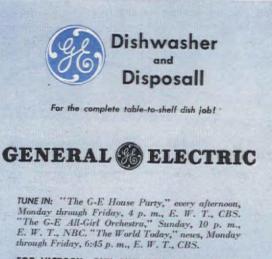


"Ar goo!" Even Baby Faith knows a good thing when she sees it. Racks for dishes and glassware, a basket for the silver. Put the dishes in, turn the switch, and let it go. In no time, dishes are automatically washed and dried for you—more brilliant and cleaner than by hand!



"Gee whillikers, Mom! It washes itself!" says Windy. Mrs. Rainbolt dreams of the day when she can keep her hands out of dishwater. "Yes," sigh the Rainbolts, "The Electric Sink is the first thing on our postwar list!" General Electric Co., Bridgeport, Conn.

- 26



FOR VICTORY-BUY AND HOLD WAR BONDS

HOW I RETIRED ON A LIFE INCOME OF \$150 A MONTH

To men and women who want to retire at 60

"Twenty years ago I made a discovery that changed my life. I believe it will interest you.

"At that time, I was worried about myself and my future. I seemed to be living in a circle. I used to dream of being able to relax and enjoy life, without money worries. I longed for security. Yet it seemed hopeless.

"But that was 20 years ago. Now I have retired on a life income. I have no business worries—my security is guaranteed. Each month the postman hands me a check for \$150 and I know that I will receive another \$150 every month as long as I live.

Here's What Happened

"When I was 40, I discovered the Phoenix Mutual Retirement Income Plan.

"The minute I read about this Plan I realized it was just what I needed. It showed me how to get an income for life beginning in 20 years. It showed me how to get immediate protection for my family in case I did not live until then. It even included a disability income for me if, before age 55, total disability stopped my earning power for six months or more.

"Today, at 60, I have the things I want-lifelong security and freedom to do as I please. I can be sure of comfort and happiness in the years ahead."

This story is typical. Wouldn't you like to make sure of your own future—to find out for yourself how the Phoenix Mutual Plan works? You can, by sending for the free booklet offered below.

What's more, you know that your money is safe. Behind



every Phoenix Mutual Retirement Income Plan are the substantial investments which the company has made throughout America, including Government Bonds and many other investments which directly help our country's war effort.

Send for Free Booklet

Send the coupon and you will receive, by mail and without charge, a booklet which tells about Phoenix Mutual Plans. Assuming you qualify at a young enough age, you can get a life income of \$10 to \$200 a month or more, starting at age 55, 60, 65, or 70. Don't put it off. Send for your copy now.

PLAN FOR WOMEN	
PHOENIX MUTUAL LIFE INSURANCE CO. 624 Elm Street, Hartford 15, Conn. Please mail me, without cost or obli- gation, your illustrated booklet describ- ing Retirement Income Plans for women.	PHOENIX MUTUAL LIFE INSURANCE Co. .624 Elm Street, Hartford 15, Conn. Please mail me, without cost or obli- gation, your illustrated booklet showing how to get a guaranteed income for life Name.
Name Date of Birth	Date of Birth Business Address

MAY, 1945 Vol. XXX

Vol. XXXIII, No. 6

Cover: Photograph by F. M. Demarest. See page 30.

Special Monthly Features

Potterns						. 3	0, 31, 32,	35
Gardener's Primer-Lesson	13.	Vin	es		E. 1	D.	Seymour	64
Health—Pills Begin at 40!					Pho	bebe	Radcliffe	76
Personal-Let's Face It! .								80
Recipes							96, 98,	100

Children

Teen-Age Adults . . . Our Number 1 Problem

Janet Suzanne Benton 15

Decorating

Gardening

"God the First Garden Made"		. Mo	ybelle Manning	18
The Self-Sufficient Gordons .			Louis Hochman	20
How to Begin-4. Gardens that	Extend	House	and Hospitality	22
Gardener's Primer—Lesson 13. V	ines .	. 1	E. L. D. Seymour	64
Of What Use, Your Flower Show	ws .		. Jean Austin	72

Handicrafts

How You Can Use	It! 1945 Am	erican l	Home	Chintz			•	30
Patterns-Bedroom You Can't Do a Go			· · ·	 Robert	м.	Neo	i	35 68

Homes and Maintenance

Worn Cords Are Hazards Virginia Skinner	48
Good Modern-Frederic Barienbrock Home	
Ethel McCall Head	50
The Horses Got the New House LeNeve N. Read	57
Building on a Hillside James C. Cumming	60

Parties, Food and Housekeeping

House Cleaning Your Car For She's to Be Queen of the May . Helen Emily Webster	49 82 86
But Get It for Yourself Adelaide Willard	
Freezing Spring Fruits and Vegetables . Donald K. Tressler Make It Easy—Part 1. Appetizers, Soups, Main Dishes, Breads	88
Julia Bliss Joyner	
Recipes	100
Tricks of the Trade	102

Inspirational

I Hope It Doesn't Happen Here! . . . Nola E. Wibel 24
BUY MORE WAR BONDS!

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4



"I've got the House ... I'm getting the Man!"

"Four months of looking - and I rented a dream-bungalow!

"Two years of waiting-and Jim's been reassigned back here to teach *other* men about combat flying. We're setting up *real* housekeeping for the first time since our wedding bells rang!

"Yep-the works. Welcome mat. Frying pan. Lamp shades. And smooth, wonderful Cannon Percale Sheets-not as many as I'd *like*, but my share for these don't-grab days!

"You gals whose turn is coming up - write down that name Cannon where you won't forget! And see for yourself why lovely Cannon Sheets are top favorites with the smart young-married crowd!"



A-a-a-ah-So Nice and Light Yep-Cannon Percale Sheets are lightweights.

They'll save you around \$3.25 per year per bed at average pound laundry rates. Easier to handle if you tub your own! All this-though they're woven with 25% more threads than the best-grade muslins!



Hey!

Don't buy more Cannon Percales than you really *need*—at least for now. If you can't find just the size you want, ask to see Cannon Muslin Sheets—well-made, long-wearing, a real value!

Really need towels? See Cannon's!

M-mm — So Smooth! Just *feel* a Cannon Percale Sheet! Dreamysoft . . . made for the sweetest sleeping you ever closed your eyes to!



Whee-So Easy on the Pocketbook!

If you thought owning real percale was heiress stuff-forget it! Cannon Percale Sheets give you up-in-the-clouds luxury at down-to-earth prices. And they're real wearwonders!



Cannon Mills, Inc., New York 13, N. Y.

FOR VICTORY, BUY U. S. WAR BONDS AND STAMPS



There's only ONE PRESTO COOKER and PRESTO is the only pressure soucepon with the patented HOMEC seal

Wanted most by millions of homemakers, everywhere (and extremely worthwhile waiting for) are PRESTO COOKERS. For, PRESTO Cooking is the most modern method ever discovered for the preparation of more nourishing and appetizing foods.

ATIONA

PRESTO Cooking saves up to 300 kitchen hours in a single year. For instance: vegetables are cooked in 1 to 5 minutes, with garden-fresh colors and flavors, and the greatest possible amount of natural vitamin and mineral content, retained. Pot roast is cooked to delicious tenderness in 30 minutes; fried chicken in 15 minutes; date pudding in 10 minutes, etc.

PRESTO COOKERS are of superior, heavy construction, cast of a special, easy-to-clean, alloy, which provides an even distribution of heat, best suited for greatest cooking efficiency. A mere turn of the handle closes the cover and forms the exclusive, pressure-tight HOMEC seal. The clever indicator weight shows and controls the pressure, and tells when to start counting cooking time.

PRESTO Cooking saves money by saving fuel. It relieves kitchen drudgery and makes cooking a pleasure. ASK YOUR DEALER. (Meanwhile, buy War Bonds.)

FOR EFFICIENCY IN WAR PRODUCTION

NATIONAL PRESSURE COOKER COMPANY Eau Claire, Wisconsin (Canadian Factory: Wallaceburg, Ontario)

tee Write for Paralle Hlustrated booklet, "Your Best Kitchen Helper ... A PRESTO COOKER." Address Addre PRESTO, Dept. 83, u Claire, Wis



PRESSURE COOKER The U. S. Department of Agriculture, and all other leading food authorities, recommend pressure cook-ing as the ONLY safe meth-od for processing non-acid foods. For home canning success, (and for cooking, too) use the scientifical-ly designed, perfectly constructed NATIONAL PRESSURE COOKER.

NORLD'S LAROL PRESSURE cO



WHAT is most desired in a postwar kitchen is a controversial subject that will go on we hope until the dreams of all are realized. Two schools of thought have already gone on record on our pages and now comes a third-a practical housewife's plea . . .

"I read Jean Austin's 'Postbaloney' with much amusement and some agreement. And I read J. Gordon Lippincott's interesting reply with a feeling of eager anticipation. Now I want to air my pet desire.

"We have had discussions pro and con as to the value of dining rooms, and we have had disappearing bedrooms. I should like a really practical plan for a house without a kitchen! Surely, with modern appliances, fans that draw smoke out, and other gadgets that absorb odors, a separate kitchen is an archaic appendage.

"I am eagerly awaiting Mr. Lippincott's sink-refrigerator-stove unit, especially if he will make the back look nice, even decorated like a Nuremberg stove, so that it can jut out into the room, its back toward the dining table, and not too high for me to look over it. Then place it at right angles to a disappearing pantry about six or eight feet from the back wall. On that back wall place a glass-doored china closet to display my best china, the pots and pans to be kept below the level of the stove unit. The automatic washer and ironer could be screened decoratively by doors or ruffled curtains. The rest of the room is to be a cosy and beautiful dining area, no Pullman quick-lunch effect, but a comfortable space for leisurely eating."-VIVIAN ROGERS

The fundamental yearning for a comfortable, pleasant home is universal and it is gratifying to play a part in carrying the torch that lights the way. We were flattered to have one of our South American neighbors from Sao Paulo appeal to us for ideas in planning his new Brazilian home . . .

"I know how much your magazine helps build friendship, and, since I, too, want to help build friendly relations, I decided to write to you. "I read many magazines, and I

know how many things the Americans know about building. Your AMERICAN HOME has taught me so much about home things.

Important: Letters requesting information should be accompanied by a stamped, com-pletely addressed envelope. Manuscripts and illustrations will not be returned unless ac-companied by the necessary postage. They will be handled with care, but we cannot pos-sibly assume responsibility for their safety.



ARM & HAMMER or COW BRAND BAKING SODA

Our Baking Soda, which is pure Bicarbonate of Soda, is an effective dentifrice. Used regularly, it not only cleans teeth well but quickly brightens them to their natural color. It has a delightfully refreshing after-taste which we believe you'll like after you have used it for just a short time. Economize by making our Baking Soda your family dentifrice. A package, which will last for weeks, costs just a few cents.



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THE AMERICAN HOME, MAY, 1945

Why do they make the "hook" out of STEEL?

Because you can't beat STEEL for strength!

For rugged, sturdy strength, you can't beat steel. For the huge anchors of fighting ships or the tiny hooks of the trout fisherman; for farm machinery or automobiles, refrigerators or stoves. Today there are better steels than ever before . . . many of them developed in United States Steel laboratories. After the war, you'll get these better steels in scores of peacetime products. But be sure you look for the U·S·S Label on them. It's the mark of quality steel.

UNITED STATES STEEL

AMERICAN BRIDGE COMPANY • AMERICAN STEEL & WIRE COMPANY CARNECIE-ILLINOIS STEEL CORPORATION • COLUMEIA STEEL COMPANY CYCLONE FENCE DIVISION • FEDERAL SHIPBUILDING & DRY DOCK COMPANY NATIONAL TUBE COMPANY • OIL WELL SUPPLY COMPANY • TENNESSEE COAL, IRON & RAILROAD COMPANY • UNITED STATES STEEL EXPORT COMPANY UNITED STATES STEEL PRODUCTS COMPANY • UNITED STATES STEEL SUPPLY COMPANY • UNIVERSAL ATLAS CEMENT COMPANY • VIRGINIA BRIDGE COMPANY

MY DOCTOR Disclosed

.that Nutrition is the foundation of Health. But it is most difficult to get from food alone all the vitamins needed each day for proper Nutrition. That is why millions of people are now adding supplementary vitamins to their meals, and consequently leading healthier, more active lives. My doctor suggested we take vitamins, and I find it pays to follow his advice.

MY DRUGGIST Proposed ..

... One-A-Day (brand) Multiple Vitamin Capsules. He explained that One-A-Day (brand) Multiple Capsules contain the right combination of vitamins needed each day to help replace the vitamins lacking in many foods. They are easy to take, low in cost and contain the basic daily requirements needed by the average person for normal good health. And just think! A 60-capsule package of One-A-Day (brand) Multiple Vitamins costs only \$2.00. Now, thanks to my doctor and my druggist, the folks in my family

are getting this important vitamin health aid.

Buy War Bonds and Keep 'em

Start EVERY Day with

MILES LABORATORIES, INC. (Established) Makers of Alka-Seltzer

"Last month I was married. At present I am living in my father's home, but I'm thinking of building and making a good home, a real sweet home like the Americans. Of course in Brazil we have good types of homes, but I'll be glad if I can have one like the Americans have, something nice, with beautiful decorations, everything for a good place to live in. I am sure you can help me.

"Thanks for the attention, and as a good Brazilian friend, for Victory and Democracy."

-PAULO PACHECO FLEURY

As long as there are parents and children there will be lively controversy as to the most successful training for both. Herewith a grandmother explodes some so-called theories . . .

"I am the mother of three children. One of my worst problems was this mother-visiting-school business. All three of my children were definitely 'agin it'. The few times I felt it necessary to consult the teacher personally, my youngster's face would be red with embarrassment until I left the room. The same thing went for the school programs. They begged me not to come. Naturally I stayed at home. The point being, youngsters are self-conscious and would rather their parents stayed away than run the risk of ridicule from schoolmates.

"I now have a 16 months' old granddaughter living with me, and the wild articles on baby rearing are always good for a laugh. I am a little tired of psychologists suggestions, for if the child is as well-behaved as the poor little things must be to react to said suggestions so promptly, why train it at all? Just let Nature take its course. If one of these writers once admitted she had a tough problem on her hands in little Paul or Joan who would not respond to scientific treatment, then I would be more likely to concede she knew what she was writing about. But no, little Paul responds immediately and little Joan would be a perfect model of behavior if it weren't for her ghastly parents who are always morons of the first degree! Do have a few articles about non-perfect children for a change." —MRS. GEORGE E. DICKENS

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CHANGE OF ADDRESS

Our subscriptions are filed geo-graphically by city and state. Ac-cordingly, when you change your address, please be sure to give us the old address as well as the new. Also please advise us at least thirty days in advance of any change of address. It requires twenty-two working days to run our huge sub-scription list and no changes can be made while it is being run.

Remember ...

YOUR DRUGGIST

ALSO HAS

ALSU MAS One-A-Day (brand) A A D Vitamin Tablets. These are packed in a yellow package in sizes of 30, 90 and 180 tab-lets each. Available at all druggists.

*

One-A-Day (brand) B-Complex Vitamin Tab-lets. These are packed in gray packages insizes of 24, 90 and 180 tab-lets each. Available at all druggists.

Transportation facilities today are overloaded and subject to frequent and lengthy delays. Thousands and and lengthy densys. Infousantia and thousands of experienced post of-fice employees are in the armed services. The mails are heavier than ever before. The post office is doing a wonderful job with inexperienced help, but still your copy may be late. If it is, please be patient.



TELESCOPE PRECISION sets this pen apart!

Sleek, trim, tailored, the new 1945 Wearever Zenith introduces new beauty in appearance and performance. Designed and built with a precision worthy of a fine telescope. Precision that distinguishes the ingenious "C-Flow" feed, the 14carat gold point, the very design of this handsome pen. See, try, buy the ruby-topped Wearever Zenith. Made by David Kahn, Inc. wright and patented 1945-David Kahn





The woman who had the courage to shock the town

The evidence was in the paper bag she carried.

"Any woman who would buy a loaf of bread instead of making it herself was just plain good-for-nothing."

Prim-faced citizens said that for years. Yet, more and more women had the courage to buy their bread . . . and time proved that they were pioneers in the development of a better, more economical "Staff of Life."

America has grown that way. New and improved methods of doing things have led us all to a better way of life.

And you can say that again for insurance . . . the protection you need for your home or business.

Remember when the only way to get insurance was to buy a lot of different policies from a lot of different agents?

That way is rapidly passing out. The new and better way is to

have your needs analyzed and a complete protection plan made by one agent. . . a man who knows his business.

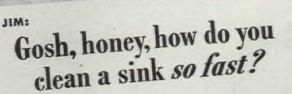
And even the need of buying a lot of different insurance policies for your home is now no longer necessary. For today, in most states, you can get such coverages as theft, person..l property, liability, automobile and many others all in one single policy, the new *Employers' Group Family Insurance Policy*.

That is why we repeat and repeat, "See The Man with the Plan, your local Employers' Group Agent, whenever you want the newest, best and most economical protection for your home or business ... protection that gives *freedom from worry over financial loss*."

The Man with the Plan brings you news by Cedric Foster . . . Sunday evenings over a national radio book-up. Consult your radio page for time and station.



THE EMPLOYERS' GROUP MAN IS THE MAN WITH THE PLAN



SUE: It's simple! My cleanser never leaves any dirt-catching scratches!

Wise women don't take chances with harsh, gritty cleansers. They know that Bon Ami is speedy because it doesn't leave those tiny scratches that dull porcelain-make you scrub harder to dig out dirt. Instead, Bon Ami polishes as it cleans-leaves a smooth-as-satin surface that's easy to keep clean. And, because it's free from grit and harsh alkalis, Bon Ami never roughens pretty hands. For time's sake and beauty's sake—stick to Bon Ami!

P.S. Bon Ami Powder is a favorite for sinks, bathtubs, pots and pans, general cleaning; Bon Ami Cake for windows, mirrors, windshields, metal fixtures. **Bon Ami**

d Cleaning

THE SPEEDY CLEANSER that 'hasn't scratched yet!

CONTRIBUTORS



• • • DONALD K. TRESSLER, PH.D., manager of the General Electric Consumers Institute at Bridgeport, Connecticut, pioneered the frozen food industry back in 1929 and is recognized as one of the country's foremost authorities on this subject. Dr. Tressler has written several books and numerous magazine articles during his career in this field. He is well-equipped to tell you how to freeze your spring fruits and vegetables and get good results. What's more, he does it with a photo-story showing detailed preparation steps. See page 88.



• • • MRS. ROBERT BARTON'S beautiful and unique Bethany Chapel Garden (page 18) has been the inspiration for a Special Award from the National Council of State Garden Clubs. Her most recent honor is election to vice-presidency of the Massachusetts Federation of Garden Clubs. During the winter she is booked solid for her lectures on flower arrangements. With her husband, Bob, she is a member of the notable Barton clan-the Fred Bartons, the Stillwells, and the Bruce Bartons.

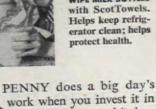


• • • JAMES C. CUMMING is a New York advertising executive who feels qualified to write about houses because he has lived in so many of them. He has made his home in Philadelphia, Long Island, Chicago, Indianapolis and finally built a hillside house in South Orange, N. J., where he has stayed put. He lists three leading hobbies-a son and two daughters.

Kitchen Help for7¢a Week!







DRAIN BACON on clean, absorbent ScotTowels-it's crisper, and easier to digest.

WIPE GREASE from

pans-no messy cloth to wash. And

ScotTowels to cut down laundering.

WIPE MILK BOTTLES

dry pots with

A work when you invest it in ScotTowels. A dozen kitchen chores are made quick and easy. When your dealer is temporarily

out of ScotTowels, remember it's because large quantities of Scott paper products go to our armed forces and war industries.

After Victory, there'll be more ScotTowels. If your dealer is out of stock today, please

try again tomorrow.





"THE MEAT OF MANY USES"

That's what Martha Logan, Swift's chief Home Economist, calls Swift's Premium Bacon. Its sweet smoke taste works magic in extender dishes-just two or three slices give zip to spaghetti, rice, baked limas. It's grand in lunch-box sandwiches. And here are other ways Miss Logan uses it.



FOR SUBSTANTIAL BREAKFASTS. The fine energy value of Swift's Premium Bacon gives you "ammunition" for a morning of hard work. Spe-cially delicious with French Toast, or fried mush, and jam.



FOR THE CHILDREN'S LUNCH. Vegetables topped with Swift's Premium Bacon get eaten double-quick. A good, nourishing lunch: green beans and carrots with bacon; baked potato; milk; custard.



FOR THRIFTY DINNERS. Wash 1 lb. dried lima beans and soak overnight in cold water to cover. Drain; add 3 cups fresh water and 1 tbsp. solt; simmer gently until soft (about ½ hr.). Then add ½ cup chili sauce, ¼ cup chopped green pepper, 2 tbsp. minced onion. Pour into a casserole, or individ-ual baking dishes, top with Swift's Premium Bacon and help. Premium Bacon, and bake in a mod. hot oven (425°F.) until ba-con is cooked (about 25 minutes), turning once. (Serves 4)

And some Swift's Premium Bacon. Mr. Storekeeper. It's my family's favorite

* America's favorite, too! That's why—when all bacon is in short supply as at present— Swift's Premium is sometimes hard to find.

Your first duty to your a



Meat

Wow em with this solid salad ... delicious with Real Mayonnaise

Ham Salad-23/4 cups cooked chopped ham, 1 cup grated carrots, 1/2 cup chopped celery, 1/2 tsp. salt, 1/4 tsp. pepper. Mix with 1/3 cup Real Mayonnaise.

Here's what-

- Potato Salad-5 cupfuls of your favorite recipe made with Real Mayonnaise.
- 6 Tomato Cups filled with chopped cucumber mixed with delicious Real Mayonnaise.

Your choice of salad greens.

CHI

IN THE WEST

IN THE EAST

BP

HELLMANNS

AYONNALS

BEST FOODS = HELLMANN'S

Real Mayonnaise

Tow. Mix ham salad ingredients together and press into half of an 8-inch ring mold. Place potato salad in remaining half of mold. Scoop out tomatoes, fill with chopped cucumber mixture. Chill. This is a grand company salad, because it can be prepared beforehand. When you're ready to serve, just unmold on bed of salad greens. Next, arrange tomatoes and sandwiches around salad, as illustrated. Those thin, company sandwiches taste wonderfully exciting when spread with Real Mayonnaise. And Real Mayonnaise spreads so evenly and so fast.

Way to a Man's Heart

Best Foods or Hellmann's Real Mayonnaise makes a real contribution to the flavor of any salad. Men love the taste of it, and because it's so rich and pure-you can stretch it with milk or fruit juice and it's still creamyrich in texture. Use Real Mayonnaise as a sauce for hot vegetables, and in sandwich fillings, too. Real Mayonnaise provides almost the same amount of food energy, spoonful for spoonful, as vitaminized margarine, or butter.





. . . NOLA E. WIBEL lives on an old New Hampshire farm and insists there is nothing "quiet" about country life. She divides her time between her four girls, ranging in age from 12 to 4, and says the two youngest have practically been brought up in flower beds. Mrs. Wibel studied art at the University of Kansas and the Art Students League of New York but farming was her first love-she was born and brought up on a Kansas farm-and she knows whereof she writes. Her article, "I Hope It Doesn't Happen Here" is on page 24.



• • • ADELAIDE E. WILLARD'S delightful brand of humor in "But Get It Yourself" on page 86 will be relished by every homemaker whose husband declines to eat her own favorite dish. Her home, except for four years at Oberlin College and one at New England Conservatory, had always been Wisconsin. At the time she wrote the article for us, however, she was living in Chicago. Like so many of our contributors, she is married and has a two-year-old daughter.



• • • JANET SUZANNE BENTON'S VERY pertinent "Teen-Age Adults," page 15, reflects her intense interest in and liking for teen agers. She elaborates the truism "necessity is a great teacher" with "confront our young people with the necessities of life and they will learn!" Many of her practical ideas and suggestions for young people have been acted upon with gratifying results. A Pennsylvania homemaker, she combines the first names of her three children for a pen name.





It makes superb sandwiches! It's simply grand for canapes!

- and luncheon snacks!
- and for blending with scrambled eggs!
- and for stuffed tomatoes, stuffed potatoes, stuffed celery!
- ✓ and for adding zest to casserole dishes!

Underwood's sure hits the spot. It has what other spreads have not: Distinctive flavor, tang and zest That's why housewives like it best !!!



Then you can be SURE you have the Original All-Ham Deviled Ham Spiced Just Right!

We'll do our best to distribute available Underwood Deviled Ham fairly and evenly. You do your part to make it last longer!

Just Grin and spread it thin!

YOU'LL TAKE YOUR EASE IN STYLE-

There's a *Joned* in your future!

Some day—when America's biggest job is done—peace will return. And with it will come a new Ford car that's big, roomy and sturdy. ... Then you'll have the kind of gentle ride you've always hoped for. It will be so smooth. So packed with comfort. In front seat or back, you'll find yourself at ease, completely relaxed.

... But that's not all! Many other refinements will be found in this new Ford. Smart, improved styling that will have a youthful air. A new richness, both inside and out. And, of course, you'll enjoy in full measure the thrift and reliability that have always been traditional with Ford cars. ...When the time comes, we'll be ready

to start production plans. Meanwhile, the full Ford resources are being used to help bring Victory closer.

FORD MOTOR COMPANY



Del Monte – remember the name – you can't forget the flavor

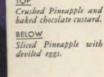
Haven't you yourself enjoyed - many a time -the golden goodness, tempting sparkle and zesty freshness of Del Monte Pineapple?

And just name a fruit that could outdo this bright tropical favorite for year-around help in meal-getting!

You still can get some pineapple under the Del Monte label. Not as much as you'd like, of course. All pineapple is very scarce, and your grocer's supply of Del Monte is certain to sell in a hurry.

So, for now, enjoy Del Monte Pineapple when your grocer does have it. You get the same delightful flavor in all three styles -Sliced, Crushed, Juice.

And some of these days the whole Del Monte Pineapple family will be back again. Then you'll want to make it your rule again to insist on Del Monte - the brand you've always counted on for genuinely fine quality in so many foods. Yes-Del Monte flavor first foods-with the green and red labels.



TOP

In Growing. Del Monte quality in Pineapple starts with our own pedigreed stock, famous for flavor and produced by Del Monte under constant supervision, from planting on through harvesting. In Picking. Our own men say when the fruit has reached its ideal balance of tart-sweetness.

Remember: Del Monte puts

In Packing. Speed guards the goodness. For example, within about 20 minutes, fruit is inspected many times, peeled, cored, washed, sliced. **In Testing.** Each style must finally be checked and re-checked to qualify for the Del Monte label first at the cannery, then at central Del Monte headquarters.



SLICED PINEAPPLE

DelMonte

PINEAPPLE JUICE

JUICE SLICED CRUSHED

Janet Suzanne Benton

You've seen Tommy Brown-probably met him - because there's a boy just like him in every neighborhood or block. He's a healthy, clean-cut, young American-full of growing pains, zest for life-and confusion over a world that to him has suddenly become adult. He does all the wrong things at all the wrong times; he can't seem to adjust himself no matter how hard he tries. He is a problem child! But why, you ask, when he has such good parents. Well, maybe that is the answer. What makes good parents, and can good parents be better? Where does the blame lie?

Tom Brown, Sr. thought he was a good father. He had a responsible position; his bills were paid on time; he belonged to several clubs, attended church regularly, gave his son a substantial allowance, never complained around the house. All in all, he was a good father. But was he? True, he gave Tommy an allowance, but did he know how the boy spent it? "Well, n-o-o, I'm too busy to keep track of where he puts every penny." It was a fact that he had many nice tools Tommy would like to use but, "The kid doesn't know how to use them yet." But did Mr. Brown SHOW Tommy



r Number 1 Proble

How to work with fine tools? "W-e-l-l, n-o-o, but I'll teach him one of these days." Did he back up Mrs. Brown when she laid down the law? "W-e-l-l, n-o-o, if it's not too much, give the kid what he wants and let's have a little peace around here." He wanted Tommy to associate with the right people but what happened when the nice Jones boy was brought home? "If you fellows can't find something quiet to do, go outside. I have work on my mind." Yes, Mr. Brown just *thought* he was a good father. He could be a much better parent to Tommy!

Mrs. Brown thought she was a good mother. She kept the house spotless; her cooking was tops; their clothes were always clean and mended; she saw to it that her child didn't run the streets until all hours of the night; she planned nice parties for her son. She, too, was a good parent. But was she? She kept Tommy's room in perfect order. But could he take the boys up to show them his latest model plane, or just to 'chew the rag?' "Why no, I spend hours up there every Thursday, changing the linens, washing furniture, putting up clean curtains. He can take that gang up there and undo everything in two minutes." Eating between meals and at bedtime wasn't good for Tommy. Didn't she put plenty on the table at mealtimes? If it did her it could do him. There were mornings when Tommy went to school with eyes half-closed with





If your teen ager has to be called numerous times in the morning give him an alarm clock and leave him on his own. If he doesn't get up—a few times late—and he will jump up at the first ring Your teen ager is naturally disorderly. Teach him how to straighten his room, then state that this must be done every morning. A little military? The boys in the Army do likewise and are better men for having to do it







Teach your teen ager to put away his clothes. Penalty—"lay arounds" to be sent to the Salvation Army

Give your teen ager a snack shelf of his own—a break by always paying for half his eats



Give your teen ager and his gang a place to congregate at home. The dining room table is a grand spot for them to gather round. Cover it with a few yards of inexpensive, plain linoleum to eliminate scratches, then let the boys dream up their own amusement. When the evening's fun is over, serve them a simple treat —and plenty of it! You'll earn their unlimited gratitude if you do

Photographs by F. M. Demarest; all properties courtesy L. Bamberger & Co., Newark, N. I.

sleep. His room was left in shambles. She threatened and scolded but it still took at least twelve calls to get the boy out of bed. "Well, what can I do? You just can't whip a boy his size." Yes, Mrs. Brown just *thought* she was a good mother. She could be better!

What about Tommy? He wasn't perfect, but he certainly wasn't a problem child. His parents just didn't realize that he was a teenaged adult. He was too young to work with good tools, yet he was "old enough to know better." He was too old to be chastised but they certainly did enough scolding to make up for it. He was young enough to be questioned about every move he made yet, "For heavens sake, son, you're not a kid anymore." Jeepers, creepers, what did that make him anyway? Sure, Mum kept his room fixed up nice but, "hang it all, a guy has to tiptoe around in it or everything seems to get all mussed up." He often thought of bringing in some fellows but, "Mum said my bedroom was no place 'for the whole town' and the dining room table would get scratched if we sat around there." Sure he ate scads of hot dogs, some of them awful, too, but, "For cryin' in a bucket, when a guy gets that empty spot ya just gotta fill it up. And Mum doesn't believe in snacks."

Yes, Tommy was supposed to be a good boy because he was well taken care of. No one realized that the little nothings in the boy's life would gradually turn him into a problem child. The solution? Give Tommy a little rope but TEACH him not to hang himself. Impress upon him that one must learn to become an adult just as one learns a trade, and that it takes practice!

Remember, he's naturally disorderly. Get him up twenty minutes ahead of his usual time. One call should suffice. Otherwise, let him be late for school; let him do his own explaining. Two or three mornings of being late generally clears up this situation. Show him how to make his bed and tidy the room—then state that this must be done even before he comes



If your teen ager leaves tracks all over the house, place mats at outside entrances. Cleaning up once or twice is a "cure-all" for muddy footmarks



Give your teen ager a break in his own room by letting him fix it up his way. Tailored accessories not frills—please male hearts, are easily cared for



Teach your teen ager to make use of a barracks bag. Wash its contents only, and your hunting days are over

downstairs. His clothes must be put in their place, otherwise, anything found laying around will be turned over to the Salvation Army. The absence of a sweater with a treasured school letter on it will mean the end of this problem. Give Tommy his own snack shelf. Let him decide how much he wishes to spend for goodies, then match it with an equal sum. You will then know what he's eating, he can treat the gang whenever he wishes, and he'll slowly learn the cost of living in a pleasant manner.

You, Mr. Brown, teach Tommy to work with good tools then have an understanding that you replace anything you break and he'll be expected to do likewise. And remember, too, unless your son is ACTUALLY WRECKING the house, that you were once a boy. Also, cover the dining room table with a few cents worth of linoleum, then let the boys do what they wish around it. Finally, place mats at all outside entrances and explain what they are for. Tommy may have to get down on his knees once or twice to wipe up tracks and then you'll never have to worry on that score again.

Now give the young gent a break where his own room is concerned. Ask him for assistance in doing his room as he likes it. Remove fussy curtains and window shades. Make draperies and hang them on rings. Make a tailored spread of the same material, then let him loll all he wants on the made up bed. The chances are, Tommy will wear out long before his spread does. Make a barracks bag and hang on the cupboard door. Then, wash ONLY the con-

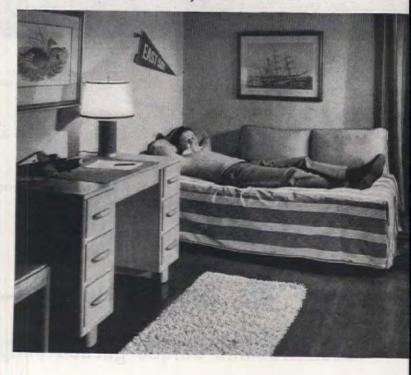


tents of the bag. Tommy may go without clean socks and shorts a few times but your closet searching days are over. Get steamer chairs, paint them, and use them in Tommy's room instead of the "mustn't put your feet on" dirt catchers he has there now. Give Tommy the choice of scrubbing and waxing the floor or of paying to have it done with his own money. Remind him that there are many sailor boys not much older than he scrubbing their floors clean and they have no alternative.

You will be surprised how quickly Tommy will learn that all these "have to's" is the discipline necessary to become a good adult. In no time at all this understood TEEN-AGE ADULT will say, "My dad? Gee, he's swell. Mum? She's really on the beam. They've made me one of them and when anything comes up at our house, we all take a hunk of the worry. That way, problems can't last long."



Give your teen ager the choice of scrubbing and waxing the floor of his room or of paying to have it done out of his funds. The reward for his and your labors? Just see below





To my knowledge there is no other garden chapel created for actual out-of-doors services. On the first lovely Sunday in April, Sunday School benches and organ are moved out. For the benefit of golfers and victory gardeners (who may come in informal attire) church services are held at nine-thirty, with Sunday School later on. Outdoor weddings are a dramatic June feature, and through the lacy foliage of the trees, the sun bestows, like a christening gift, the first freckle on a new baby's nose

THERE were many things that the Congregational Church of Foxboro, Massachusetts, needed more than a garden chapel, but the garden-clear eyes of Mrs. Robert Barton saw no reason for not transforming the unsightly poison ivy thicket in back of the church into a green miracle. Fortified with no more assistance than her own valiant determination, a few good garden implements and a pair of sturdy denim gloves, Mrs. Barton gallantly tackled the reclaiming of the gnarled old thicket; and with that light in her eyes and her clever way of knowing how to "get work out of boys," she granted to eager aids the fascinating business of eradicating the poison ivy. By means of such small-boy thrillers as kerosene torches and poison spray guns, the plot was quickly cleared of all such pestilent growth. The uprooting of scrub pines and wild cherry trees, together with the replanting of fresh trees presented a problem in which nonexistent financing was involved. But as in all good word-of-mouth undertakings, the news got around and the first "miracle," as Mrs. Barton terms it, happened when the Foxboro Women's Union gave the exact sum needed to clear and rement), she ingeniously processed the green wooden slabs with a tinted creosote-base mixture, and achieved the unbelievable beauty of ancient crumbling wood, as soft as the bleached driftwood found on a wave-beaten beach.

As for the planting, Mrs. Barton laughs and tells of how she decided to go in for "melancholy things which grow beautiful with neglect." Around the fence blooms pink Carolina rhododendron-so effective against the gray. Bordering the grass carpet is blue myrtle, adding a note of almost studied decor! Like an escape of spring, Dorothy Perkins roses loop and festoon, and Persian lilac perfumes the air. Over the old horse-andbuggy shed, now a tidy tool house, clambers an ancient wisteria. The door of the tool house is made a part of the spiritual atmosphere of the sanctuary garden by its plaque of St. John the Evangelist, made and donated by the local iron foundry. The plaque is skillfully adorned with symbols of the chalice, eagle, scroll, and serpent. At its foot effectively marking the entrance is a handsome old circular stone, marbleized with age, on which Mrs. Barton has graven this most fitting quotation,

"God the First Garden Made"

Maybelle Manning

The story of

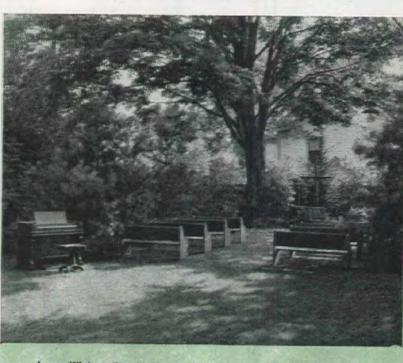
Mrs. Robert Barton's beautiful and unique garden chapel plant the plot. To keep all surrounding woodlands from creeping in, a garden fence was needed. Out of all chaos it seems that something good is always born. Came the hurricane and the big trees fell. A Foxboro box factory offered to saw the hurricane-uprooted pines into fence-slabs. To disguise the raw newness of the lumber (and because Mrs. Barton is of the opinion that gray and not brown is the more effective garden comple"God the first garden made." . . . The garden is rich with ingenious details such as the pulpit, its base from an old sewing machine and its top an ancient gray tombstone disguised wih dark green ivy. Surrounding the pulpit is a flooring of age-worn stones and soft-colored bricks collected from the ruins of old chimneys. When a local nurseryman (and a nonchurch goer at that!) made the gracious gift of a rare old yew



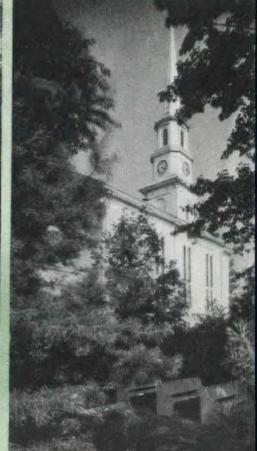
Photographs by George H. Davis Studio

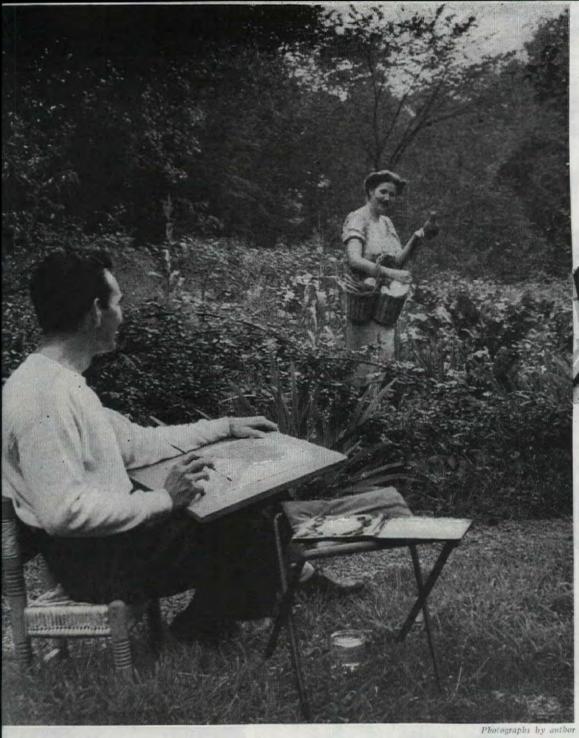
hedge, Mrs. Barton felt that it called for a formal touch. Miss Elizabeth Dickerman, a visiting landscape architect, thereupon donated her professionalism and planned an exquisite terracing of old bricks pleasingly laid, winding in a miniature design.

The greatest "miracle" of all, says Mrs. Barton, has been the ardent response of non-church supporters. Here on sun-warmed rocks and sun-bathed benches, the old love to come in early flowering spring to renew their dreams of the past and think on loved ones long since gone, and the young to tarry awhile in the quiet greenness and dream of the new things to come. When of a Sunday morning there rises the sound of hosannas on the early air, followed by that most mighty of hymns to the organ's roll of "Onward Christian Soldiers," it is my reflection that heaven is under our feet as well as over our heads, and I thank Mrs. Barton for giving us the beauty and inspiration of her chapel garden.



James Winters, the church organist, carved the beautiful little shrine of St. Francis from old apple wood. Here children sit enthralled with nature lectures accompanied by the merry twitter of birds which swoop down, unafraid, to the food spread at St. Francis' feet





WITH A THREE-ACRE HOME THAT PROVIDES MOST OF THEIR FOOD, AND A MODEST INCOME

FROM THEIR ARTISTIC SKILLS, THEY KNOW REAL INDEPENDENCE AND SECURITY

The Self-

Louis Hochman



ARL E. GORDON and his wife, Eleanora, are not only graduates of the School of Living but, with their 18 months old son, Blake, are a convincing demonstration of the soundness of its philosophy. Started in 1935 by the economist, Ralph Borsodi, in Rockland County, New York, this cooperatively operated school for homesteaders aims to show that normal, creative life on the land can be efficient and profitable, and also free from drudgery. It functions by teaching people how to become selfsufficient on small farms run by hand, with the assistance of modern labor-saving equipment.

Today, after fifteen years of small-scale family farming, the Gordons have a cosy little cottage and an adequate barn on three acres of land; a 50' by 75' kitchen garden (not, she says, a "victory garden" but a regular and important phase of their activities ever since they started) from which they get generous supplies of all kinds of vegetables,



The community-owned power mill grinds their meal and feed for their hens



Their flock supplies eggs and meat a-plenty. In the rear, Director Templin of the School



Having a plentiful supply of rich milk, the Gordons are able to churn their own butter

Sufficient Gordons

strawberries and raspberries; a grape arbor that is picturesque as well as productive, and a number of bearing cherry, peach, and apple trees. Two goats supply them with milk the year around and occasionally with meat when a natural increase in their small flock threatens to make it unnecessarily arge. Ten hens provide the daily quota of eggs and also some meat when, from time to time, a layer that has passed her prime is replaced with a younger, more productive bird. By canning their surplus products or freezing them in the locker operated by the community of which they are a part, they take care of more than two thirds of their winter food requirements in addition to living enviably well all the rest of the year.

Mr. Gordon formerly commuted to a regular job in order to provide the "cash money" that is an essential element in even the simplest sort of homesteading in these modern days. For electricity bills, taxes, and like expenses cannot be met on the barter basis which is a feature of the School for Living scheme of things. Recently, however, he gave it up to devote himself to painting and sculpture which he is finding equally profitable. His specialty is decorative ceramics for which he has a good market, and for which he is going to build a kiln so he can do his own firing. Meanwhile, in addition to doing her share of the home and farm management, Mrs. Gordon weaves cloth, rugs, and upholstery materials both for use in their home and for sale. All their rugs and the upholstery on their furniture are her handiwork, just as much of their attractive tableware is the product of her husband's artistry. And-listen, men-a shirt-made from cloth she wove held a proud place in his wardrobe for ten years!



THESE AND OTHER GRADUATES OF THE SCHOOL FOR LIVING ENJOY THE REWARDS OF BEING CLOSE TO NATURE AND TO THE REAL SOURCES OF HAPPINESS AND SATISFACTION



Vegetables and fruits for winter use are pressure-canned at home, or locker-frozen



Home-garden fruits are a pleasure to grow and likewise to consume



In the Gordon barn, another family activity turns out rugs, cloth, and upholstery on a hand loom



Sunday breakfast in the Piper garden. Story from Ruth W. Lee; photographs by Nowell Ward

F YOU were to list your assets and facilities for entertaining at home, where would your garden fit in? Or, if you are still planning that "home of tomorrow," how much thought have you given to really using that valuable space outdoors to enhance the good times that you will want your family and their guests to enjoy? Here, perhaps, is one respect in which the past can teach us something about common sense "functionalism." Certainly history, art, and literature tell us much about garden parties, games, and frolics and the part they played in the pleasures of the olden times. Granting that means for getting away from home were relatively lacking in those days, and that mosquitoes and other modern nuisances may have been fewer or less active, nevertheless it seems as though we had failed inexcusably to make the most of some of the opportunities that lie just outside our front, back, and side doorsteps. That is, many of us, for now and again we find lucky people (or perhaps they are just wiser and farther-sighted than the average) who can demonstrate what we mean by "hospitable gardens" that extend the walls of the house and broaden the welcome it offers.

In Highland Park, Illinois, for instance, Mr. and Mrs. George Piper do all their summer entertaining in the garden, which she cares for during the week. Their specialty is Sunday breakfasts for anywhere from twelve to twenty guests at a time. Blue morning glories against the garage wall and the rustic fence, petunias and marigolds in front of them, and colorful zinnias along the graveled drive supply a brilliant setting for tables gay with peasant cloths and pottery and bowls of fruit and flowers. With the men in mind, Mrs. Piper plans a hearty meal of fruit or tomato juice, scrambled eggs and sausages, hot rolls and coffee. Some of her neighbors come early to help arrange things and as the guests arrive, all pitch in to keep the party informal and jolly. After the men leave for golf, victory gardening, or other activities, the girls clear away, then

GARDENS IN WHICH FRIENDS GAN BE ENTERTAINED AND HOURS SPENT IN RELAXATION AS WELL AS IN PRODUCTIVE GARDENING, SERVE A MULTIPLE PURPOSE

How to Begin

22 art efficient - lime I william ante la marine al manufer a ver - and

GARDENS THAT EXTEND

linger over their coffee and knitting. Can you think of a better way to share the pleasures of a garden.

In Monroe, Louisiana, Mr. and Mrs. Stanley J. Reid have made the garden on their 75' x 150' corner plot so hospitable that it provides comfortable outdoor living space for three families (including their own) that occupy the two apartments in the attractive one-story "duplex" building and the single apartment above the two-car garage. When, six years ago, they decided to build a home, they selected the corner plot and Mr. Reid designed the building to look like a home rather than an apartment house. As a result of a mutually advantageous arrangement with the leading local lumber dealer, its construction and furnishing received generous newspaper publicity, and during a two-weeks inspection period after it was finished, more than 5,000 people visited and admired the modern, convenient, economical living quarters before the Reids moved into one of the twin apartments and two other families, from among the host of eager applicants, into the others.

Then the plans for the garden were gradually developed and its construction and planting-except for some large pecan trees already therewere begun. From late December until July, the whole garden is bright with carefully arranged color provided by such features as the crimson climbing roses along two sides of the house, azaleas in various shades, the dwarf borders in a veritable rainbow of colors, the lily, rose, and canna beds, and the many other subjects distributed about the area. A recent development is the tiled patio or garden kitchen north of the house. A tall hedge gives it seclusion, flowers in built-up beds surround it, a large weeping willow and some of the pecans provide shade and make it a delightful place for one or another of the families to entertain in. The barbecue, table, and benches permit outdoor cooking and eating, and a 60" electric fan, unobtrusive in its wire netting frame, creates a gentle breeze to stir the willow branches and keep the occupants comfortable. The other patio, surrounded by potted azaleas and camellias, tree

roses, and other plants, is fitted with yellow metal garden furniture. In the carefully planned and tastefully decorated workshop in the far corner of the garden, tools and equipment are kept in orderly safety, and there Mr. Reid spends happy hours at his lathe, drill press, band- and tablesaws, and work bench, doing odd repair jobs and building furniture or equipment for indoors and out. Aside from their business hours in the offices of a local newspaper, Mr. and Mrs. Reid devote practically all their time to the happy occupation of making and maintaining their home and thoroughly enjoying it. Two days a week a yard boy does the routine clean up work; other than that, the garden tasks are shared. The result is that the Reids get maximum enjoyment from the property they have planned and built, the occupants of their apartments-at present two army officers and their wives-take full and appreciative ad-vantage of the pleasures of their "homes away from home," and the community enjoys and benefits by the beauty of the garden season after season.

Key to Mr. and Mrs. Reid's Garden Plan

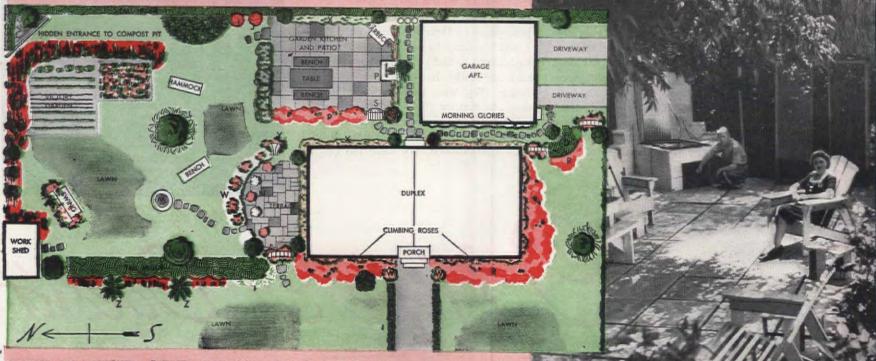
A	Pecan frees
B	Walnut trees
	Compost pit and frames
D	
	Cannas
	Weeping elm
	Iris bed
	Dwarf flower borders
	Redbud trees
K	Tree wisteria
L	Wild ferns around trees
	Bird bath
	Camellias and azaleas in
	pots plunged
0	pots, plunged
	Purple althea
P	Purple althea
P	Purple althea Concealed electric fan Gardenia border
P Q R	Purple althea Concealed electric fan Gardenia border Azaleas
P Q R S	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate
P Q R S	Purple althea Concealed electric fan Gardenia border Azaleas
P Q R S T	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate
P Q R S T U	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate Crepe myrtle tree
P Q R S T U V	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate Crepe myrtle tree Refuse cans Sweet olive trees
P Q R S T U V W	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate Crepe myrtle tree Refuse cans Sweet olive trees Tree roses and lilies
P Q R S T U V W X	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate Crepe myrtle tree Refuse cans Sweet olive trees Tree roses and lilies Hydrangeas
P Q R S T U V W Y	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate Crepe myrtle tree Refuse cans Sweet olive trees Tree roses and lilies Hydrangeas Rose-covered arches
P Q R S T U V W Y	Purple althea Concealed electric fan Gardenia border Azaleas Wrought iron gate Crepe myrtle tree Refuse cans Sweet olive trees Tree roses and lilies Hydrangeas

Rendering by H. McClelland



The Pipers, with plenty of room, entertain from 12 to 20 guests at a time. The Reids, on a 75'x150' lot, provide outdoor living space for themselves and two other families





THE HOUSE AND HOSPITALITY

Dean Smith from Griffin Studio

THEY'RE like spark-

ling soap bubbles-those dreams of a postwar world-beautiful, fantastic, streamlined, smooth, and polished. In their shining depths we see a future given over to a new world of simplicity and comfort. There will be houses stripped so thoroughly of non-essentials that not even a dust-collecting windowsill will exist, streamlined cars so lavishly equipped and endowed that great-granddad will turn uneasily in his grave, and a new era of speed and efficiency in general that will surpass anything we've known before. We'll travel by plane, if we choose, for postwar rates, according to airline authorities will be within the reach of everyone. We're even destined to commute to work in helicoptors, a time-saving measure that will permit us to sleep an extra forty minutes every morning. These are only a few of the advantages that science is unfolding for us. We're going to be very lucky people indeed. No generation before will have enjoyed such pampering as we will receive when the postwar world really gets to rolling. For we're going to have more of that something we all desire-TIME-time to do all the things we've wanted to do, time galore for just living.

With less housework and upkeep, we can play bridge to our heart's content, morning, noon, and night. We can go golfing or fishing whenever we choose, although our favorite fishing hole may be two hundred miles away (we'll get there in less than an hour). We won't have to miss a cocktail party, or a country club dance because there are housekeeping tasks to do. We can get our books read, take up all our hobbies again, join every club in town, do all the things we never had time to do before. If we feel we'd like to spend the week end in London, we may do that, too, and be back at the office bright and early Monday morning. Of course, chances are, that we'll only be working four days a week, which will mean three days for relaxation. As for being tied down with children, we won't let that worry us. They'll improve that thinga-ma-jig that we can carry with us, plug into the light socket of our friend's house, and be able to hear everything that goes on at home. Maybe we'll be able to pick up a microphone, and tell Sis to turn that radio off and go to bed—school tomorrow. (They'll still have schools . . . I think!). Poor Alice-in-Wonderland didn't see anything, compared with what we're going to have. It's all very exciting and fascinating. Or *is* it?

It seems to me that we were living very "modernly" before the war, at a slower tempo, of course. We really only existed at a snail's pace, in comparison with what's "going" to happen. Our home life was something like this (and quite a few million others conducted themselves in the same fashion): we lived a life of reasonable ease-that is, we had enough electrical appliances for heavy work to be reduced to a minimum. We had a car and used it at every opportunity. We belonged to the country club and attended the Saturday night dances. We also bowled, went to the movies, played bridge, went swimming in summer, entertained, and were entertained. We belonged to a club or two and had time enough to enjoy many of our hobbies. But what we really did, was hurry! We hurried with a meal so that we could make the first movie or an evening of bridge. We rushed madly to catch the morning commuters' train. We rushed to get back to the house at night, too, just out of habit. The babies were fed and bathed and whisked to bed with a speed I considered remarkable. And it was. There was no time for bedtime stories, or to sit and take note of the funny things that babies do. Babies were confined to the nursery for their waking hours, where they'd be out of trouble, giving me freedom for doing my housework. (I was also depriving myself of the best years of their life and mine. But I was too busy to notice that-for we had things to do!) As they grew older and naturally had the run of the house, they were usually shooed outdoors to play or off to bed when company came. And company came almost every day. There was never time to be with the children. We were too busy

Nola E. Wibel



Photograph by Karger-Pix

n Here

living life to the fullest, so we thought It wasn't exactly our fault. We were caught in an age of speed and restlessness, and our nervous systems were keyed to the highest pitch.

Then 1941 came to a close with a sudden jolt and our little world toppled, along with 134,000,000 others. One year saw a change from one extreme to another. No more of social activities or entertaining. It was first aid classes and Nurse's Aid Work, instead. With gasoline rationing, frozen tires and a husband in the service, my four children and I were "marooned" in the country. We seldom went visiting. We didn't have the gasoline. Even though I happened to be in town, I couldn't go calling, for my time was spent at the hospital. I've only seen one movie since the war began. Likewise, no one can come to visit us. Having company is so rare that when we do, we forget to offer them a chair or take their coats. We're more inclined to stand and stare-amazed. The driveway now supports a growth of weeds and grass, instead of a car or two. My own car is still there, but it is rapidly falling apart, leaving a definite possibility of horse and carriage. It sounds as though I've ceased to live, that I'm just existing until that day of Victory when people may again assume a normal life. Only, it's not that way at all!

You see, I've discovered my home, and more important, my children. They were here all the time, but I was too busy "living" to see it. It took a war. and its results of my being confined with my children twenty-four hours a day, seven days a week, to show me that their companionship is something more than parental duty. Duty has nothing to do with it at all. You have no duty towards your children. You have instead, when you become a parent a privilege, the privilege of motherhood. The entire world of your childhood is again unfolded before your eyes. Offered to you, in that bundle of pink or blue, is a greater love, companionship, excitement, and "pleasure" than you'll ever find in a bridge game or on the golf course. But you won't find it unless you try. A few million wise parents have known that all the time. They fall into the class I once felt "sorry for," because they so seldom went anywhere. The pity should have been cast in the opposite direction, to those of us who lacked the intelligence and common sense of stopping to relax and look around us, to see what we were really missing. But we didn't have time to relax before the war, and the postwar world

of all that is good in both the old and the new ...

a stable American home built on the family life within it"

will surely be worse. It's going to be a world built for speed, as it must be I suppose, for progress is as natural as spring and fall. Yet progress is capable of wrecking civilizations, as it did in the fall of Rome, unless the people have the foresight to accept it sensibly. The reactions of the nervous system must certainly be stepped up to a higher degree when you see a train roar past at a hundred miles an hour, than when you sit in the twilight of a summer evening and hear the call of the whippoorwill. And the whippoorwill is not strong enough to be heard above the roar of trains and airplanes. With speed existing not only in the material things, but also within ourselves, what then, are we going to do with all of that extra time we'll have? People naturally inclined towards quiet living, a genuine interest in their homes, or absorbing hobbies, are going to use the time to advantage. But a far greater percentage will sit and twiddle their thumbs, looking for something "exciting" to do. Then the world starts off once more on it's carefree, impatient, hurry-scurry existence. The really worth-while experiences of life will again be crowded out and the lovely soap bubbles will burst into nothingness.

New World progress is an exciting study to watch, and I have a deep respect for the men who blaze the trail. I'm one of the first to admire inventions which serve mankind honestly. I have, however, a feeling of panic when I see those which would divert us, in their camouflaged way, from the things of life which are real, the things we carry within our hearts and minds. I don't want to be a puppet of science. I want science to work for me.

What use have I for an automatic dish washer when it would mean the loss of those confidences which my children exchange with me over the humble dishpan? Many a problem has been explained and settled, only during the unrestraint of sharing a task together. If I had a houseful of timesaving, labor-saving equipment, I'd find my girls with idle hands, wondering what to do with themselves. Idle hands of restless minds that could find not enough excitement in creative hobbies, good books, or good music.

I don't want my girls to grow up in

a world so modern that they forget those immaterial "little" things which affect our lives more than we can realize. If they learn to cook with a can opener, they'll miss the smell of golden onions being carefully fried for the spaghetti sauce, the scent of the fields that steams from the kettle of grape jelly bubbling merrily on the kitchen stove, the fragrance of the simmering East India Chutney, bringing the romance of the Indies right into our home, and the yeasty smell of homemade rolls just out of the oven. If we had a dirt-proof, chip-proof house, we'd miss the clean smell of fresh paint when we redecorated. I don't want streamlined beds. I want my snowywhite canopies with the little blue tassels all the way around the edges. What if they do have to be washed and ironed twice a year, requiring one whole day of my life each time? Out on the line they whip in the breeze with the gracefulness of the ballet dancer, and when I iron them, they smell of fresh air and starch and sunshine.

No COLD, gleaming metal kitchen for me. I like the warmth of the pine panelling that covers the four walls of mine, the open fireplace with its hanging copper skillet and tracery of Indian corn, the mugs hanging from the beams, and the flowers that bloom on the blue ground of my painted kitchen floor. But I do want the gas stove, the electric mixer, and the electric iron, I don't want a glass house heated by sunshine, but I do want a coal stoker. And I want a new car with a good dependable motor and seats with the comfort of the arm chair, but not one which will go eighty or ninety miles an hour with the slightest of pressure on the accelerator, so that I may have to pick up a mangled child from its wreckage someday.

I don't want the tempo of my life speeded up so that my house is filled with company every day as it was before the war. I want to renew the old friendships, but I don't want them to force my children into the background again. I want to be a combination of hard-working woman, and lady of leisure. I don't want so much time on my hands that I can work in my garden to my heart's content. I think that I must appreciate it more when there's but an hour or two each day to weed, and clip, and hoe, and spray and admire. I don't want my four daughters racing off to a dance fifty miles distant because it's "easy" to get there. I'd much rather put new beams under my living room floor (and I won't need steel oak would do as well) and let them do their jitterbugging right here to the tune of the automatic record changer. Let them dance until dawn then, if they must, for they'll be home, and so will I.

I KNOW what I want in the postwar world. I want a fifty-fifty compromise of all that is good in both old and new, not too much of either. I want a modern outlook on my children and the rest of the world, with a dash of old-fashioned common sense for holding myself in check. I want a stable American home built on the family life within it, not on the material possessions which protect us from the elements of weather and time. It's on homes such as this, that the foundations of America have been built and her strength and leadership will continue to depend upon them. I'm helping to win a war because democracy is precious to me, but the fight won't be over when the boys come home. I'll need more strength of purpose, greater vision, determination and tactful diplomacy then, than I need now. My only hoperis that I may have it, and keep it. I do not think I am alone in this. I believe there are millions of American housewives who feel the same way. It isn't that we are "old-fashioned," or desirous of holding back the world's natural progress. It's simply that there are certain time-tested values that no amount of machination or speeding-up can improve. And we do not care to see these deep-rooted standards of basic "good living" leveled by the shinier, speedier trends of postwar efficiency. We like leisure, comfort, and ease as much as anyone, but we don't want to be dazzled into losing sight of the more important aspects of living. We don't want our children to grow up thinking everything can be done by pushing buttons. We want them to appreciate honest effort and work, and we want to continue in that appreciation ourselves. I think we are right.



3 Generations Under One Roof

Ethel McCall Head



FATHER . . . MOTHER . . . GRANDSON . . . MARRIED DAUGHTER . . . HER HUSBAND

LIVE TOGETHER WITHOUT THE IRRITATIONS OF FAMILY CLOSENESS

PUT me down as a cynic if you like, but I have yet to see related families, no matter how devoted they may be to each other, who can live together in sweetness and light permanently under the same roof! So it happened that when a friend told me of a "charming little house just off Sunset Boulevard where the father, mother, a married daughter, her husband and son live together," I confess I was at that moment less interested in the architecture than in the human interest story I scented! It sounded almost too good to be true.

Quite frankly, I wanted to know the people who could maintain that delicate balance of three generations and also their diverse interests. Even a cynic is happy to have faith in human nature restored by such a miracle of domestic felicity. As I parked the car I admitted the house was charming—small, colorful, no pretensions at traditional style, but settled down comfortably with its face to the street and its back to the garden and hills. I liked it immediately, but couldn't see how three generations of one family lived harmoniously—all under one roof!

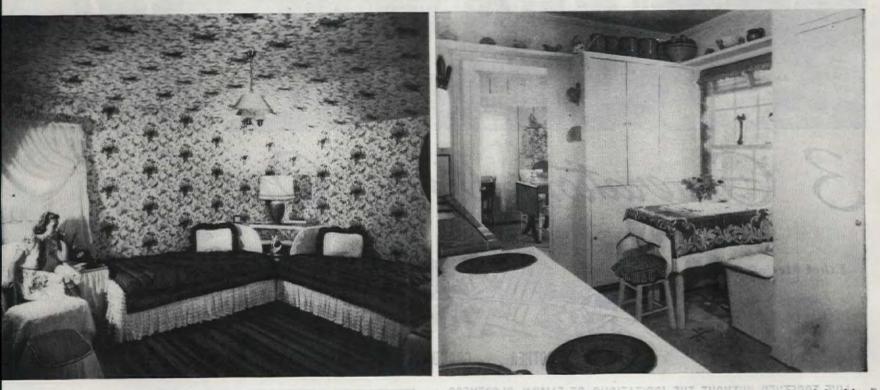


Mrs. Dugan's living room has crisp organdie curtains with growing plants at the windows. Dining end has built-in bench. Duncan Phyfe drop-leaf table. Room is carpeted wall-to-wall in rose beige, with a large hooked rug before the brick-faced fireplace

Bedroom in the Dugan house is gay with rose-patterned wallpaper on walls and ceiling. Beds are right-angled in the corner with taffeta comforters doubling as spreads. Below at right is the kitchen; checked gingham ruffles surround the garden window



Photographs by Everit A. Herter



And then I learned that here is that gem which gives full expression . to family affection without the irritations of family closeness—the double house! You would never dream on seeing the little house that belongs to Mr. and Mrs. Piper that behind it and still "under one roof" is a separate and larger house for Mr. and Mrs. Dugan (the Piper's daughter and son-in-law) and young Dugan, the third generation, who is now a naval officer away on duty in the Pacific.

It took a long search to find it, but at long last Mrs. Dugan came upon the pleasant little house on a quiet dead-end street. It was perfect for her father and mother because up front there was a little house a living-dining room, a sunny kitchen, one bedroom and bath—just what the Piper's wanted. The one in back had a much larger livingdining room, an equally attractive kitchen, two bedrooms and a bath, as well as a study-guest room with a fireplace and bath! Mrs. Dugan sighed with relief. "It was the perfect solution to our problem. We (the Dugans) needed more space than mother and dad. Our son was in the service, but we still wanted room for him when he came home, and the study with its adjoining bath could always become a guest room if needed. The small house was perfect in space for mom and dad, and was so convenient and near to us. And so we bought the double house!" Mrs. Piper, Mrs. Dugan's mother, laughs when she tells of the frience who suggested they have a door cut through to the daughter's home. "'Heavens, no!' I told my friend. 'The fact that we are not connected is what makes this work so well. We're absolutely private and when we want to see each other we have to go *outside* to get to the other house. It's the best way to live alone and like it!'"

Let's take a tour of inspection of this two-family house. Both houses are built on a fifty foot lot. Ivy ground cover, graceful sycamore trees and climbing vines at Mrs. Piper's entrance provide a setting for the delicate yellow-green color of the house. The two-car garage has been placed right in front so that the back area may be saved for outdoor living. The garage at the front of the house serves both families.

"Step into my parlor," says Mrs. Piper, opening the door on one of the most cozy comfortable rooms I have seen in a long time. It has a homey cheeriness about it with the sun streaming through the corner windows on potted plants, a singing canary, and the bright reds, yellows and browns of the braided rugs made by Mrs. Piper herself. Pine walls at two ends of the room form a warm background to the "crazyquilt" upholstered armchair, the sofa-couch done in a gay print with pillows at its back, which can serve as an extra bed if the need arises.

Mrs. Piper's living room is homey and comfortable, with braided rugs, two walls in knotty pine, two walls and the ceiling in a provincial patterned paper. Rugs and patch-work slip cover on the chair are her very own handwork

The dining end of the Piper's living room is convenient to the kitchen to make the preparation and the serving of meals less of a chore in a compact space. Recessed shelves hold china collection and books. Below is the plan of this versatile house

SERVICE

OFTAB

ARDEN

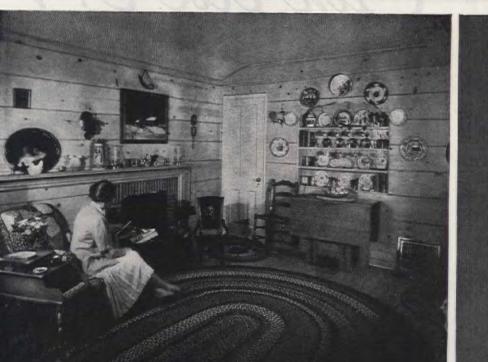
The "dining room" is but a few steps from the fireplace and close to the kitchen for easy serving. Step from the living room into the tiny hall—there is a bright red chair with a yellow calico print cushion, a mirror over it, and a pot of ivy hanging on the wall. The bedroom has twin beds and a deep window ledge filled with green plants. The kitchen has a large window looking out over the garden and a small alcove seating four persons for those meals when it might be easier to be in the bright kitchen with its crisp red gingham ruffles.

"That's all there is," says Mrs. Piper. "You've seen it all, and it's exactly what I want after being tied to a big house all my life!" It strikes me that this little home is just about what many older couples want after the years of raising their families are over. That is the time for leisure and minimum housekeeping, rest and well-deserved relaxation.

To get to Mrs. Dugan's house we go down a bricked path between lovely flowering shrubs along the side of the house. We come to a small grassy court with a fountain in the center and a pleasant roofed porch with comfortable chairs. The entrance is at one side On either side of the living room fireplace are windows, and there are more at each end of the well-planned room, curtained in spotless ruffled organdie. The rose-beige carpet is enlivened by a large hooked rug in rose and green. Both the Pipers and Dugans heartily approve of the combination living-dining areas in their homes as it simplifies housekeeping. Mrs. Dugan's bedroom is a riot of color with huge red roses climbing over the walls and ceiling. Blue taffeta comforters are made big enough to serve as bedspreads in the daytime. The study is a masculine, comfortable room with a big couch, a desk, easy chairs and a radio built into a small table. Here the Dugans sit on rainy nights to read, and many times even have dinner on a card table before the fire.

One Sunday morning I talked to the Pipers and Dugans after they had shared a waffle breakfast together. "This way it's fun to ask my daughter and her husband to a meal," said Mrs. Piper. "No worry about enough gas to get to see us, yet when they go home we may not see them again for the day. We believe it is an ideal way to enjoy each other without being in each other's houses every minute."

And when you see the perky Mrs. Piper puttering in her garden and the young Mrs. Dugan pondering on some new decorating scheme, it's easy to know that here are very happy people, who love each other very much but respect the other person's privacy. Wise, the parents and fortunate the daughter who can so well balance the problems of living all together under one roof—but each in their own separate homes!





Chintz upholstered off-center for effect on chair at far right, or with border of leaves box in dining room chair seat



How You Can Use 9t!

CUT OUT

motif and applique on pillows and canopy of tester bed with plain spread and gathered skirt. Applique and quilt leaf stripe down center of back and seat

Horizontal motif may be cut out and appliqued in center of headboard or window valance. You can get same effect on wood headboard by using painting pattern No. A-736. Chest sketched on facing page has painted design

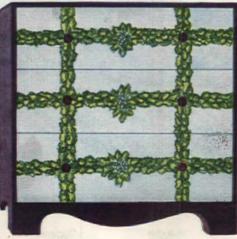
"Everglaze" chintz by Cyrus Clark Furniture shown on cover from Ray See Furniture Co.

UNE day last winter we got our editorial heads together to talk over prospects for the American Home Chintz design for 1945. We had a number of ideas about what we thought you wanted, and we were filled with enthusiasm over the project, but our specifications were exacting. Primarily we wanted a chintz that would satisfy the young modern's demand for a well-styled, cleanly colored fabric, without any of the banality of the usual floral bouquets marching along in their evenly spaced rows. We wanted, really, a splashy, expensive "decorator's chintz" that could sell in the neighborhood of \$1.25 a yard. We wanted, and we knew you wanted, a pattern that had a fresh and contemporary look about it to combine with modern things, but one that would be equally at home with eighteenth century mahogany. It must be particularly designed with upholstery and slip-cover uses in mind so that it would tailor well on chairs and sofas with the pattern falling in the right places on backs and arms. It must look well as draperies, be versatile enough for cutting, appliqueing and quilting. Government restrictions on copper rollers for printing allowed a maximum 18 inch repeat. We present the results. Did we say "splashy"?





American Home Pattern No. A-738-40c



American Home Pattern No. A-736-15c



American Home Pattern No. A-737-40c

The added touch that means so much



IN YOUR ENTRANCE HALL, a smart unframed mirror like this is the last word. In charm as well as usefulness. It brightens the hall, especially when the walls are finished with Pittsburgh Live Paint. Expensive? Not a bit.



IN YOUR BEDROOM, a full-length Plate Glass door mirror is a friend indeed. Helps you check all the little details so important to neat grooming. Makes the room seem bigger, too. Sizes to fit any door. Easy to install.



ON YOUR FURNITURE (in *any* room) smart Plate Glass tops protect the finish against glass rings, stains, or cigarette burns. These tops also lend extra sparkle and liveliness to the room's appearance.

You can get these items at your favorite department or furniture store.



ACCEPTED AS THE MARK OF GOOD GLASS. The Pittsburgh Label on any mirror or article made of Plate Glass, no matter who sells it, is your assurance of good Plate Glass. Remember, if you want the best, insist on *Plate Glass*.

"PITTSBURGH" stands for Quality Glass and Paint

FREE BOOKS. For practical ideas on how to decorate your present home with glass and mirrors, send for our Home-Decorating Book. If you're planning to build, buy, or modernize, send for our Home-Building Book of smart suggestions on how to "build-in" glass. Send for the book which fits your needs.

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A large order? Rather! We got out our paint pots and our brushes, worked furiously for three days, sketched and discarded again and again, and finally emergedsmeared with paint, weary but triumphant, for we really think we have something here. We feel that this chintz comes up to the standards we set for it. Because of the motif, a simple combination of acorns and oak leaves-somehow typically American to our way of thinking-the color palette is low in key and subtly limited to only four colors, which holds down the cost of production. One coloring has an autumnal feel, the other reminiscent of spring. The beige background cloth with the pattern printed in two shades of brown and a bright turquoise is excellent with modern furnishings, deep walls. Handsome with traditional mahogany is the blue background printed in three shades of green. The pattern cuts well for upholstery and slip covers, framing cushions and backs with a border of oak leaves. When several widths are hung together as draperies, the pattern resolves into a large scale over-plaid effect. It adapts well to quilting and also to appliquéing.

The sketches on page 30 show you how you can use the pattern in decorative touches throughout your house. Upholster it off-center on chair backs and seats, slipcover dining room chairs in oak leaf borders, or cut it out and quilt it down the center of an upholstered chair. The center motif is cut and appliqued on a bed tester, a headboard and a curtain valance. All furniture in the photographs is from R. H. Macy Co., and the actual use of The American Home 1945 chintz may be seen on display there during May.

No. A-737—40¢. Lawson chair slip cover pattern with illustrated step-by-step instructions and all necessary tissue pieces.

No. A-738—40¢. Bedroom chair slip cover pattern with illustrated step-by-step instructions and all necessary tissue pieces.

No. A-736—15¢. Contains tracing of chintz motif with directions for painting on wood.

No. A-658—75¢. Master sofa slip cover pattern with variations for different types of sofas. Fully illustrated step-by-step instructions, all necessary tissue pieces.

Send money order or check — no stamps please. Print name and address and include zone number.

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When it comes to minding your PEAS and their Q's*

... no other container protects like the CAN

The *qualities you want most —in a dulcet dish of plump peas are full-bodied *flavor*, gay green color, and toothsome tenderness.

And those are the very qualities so ideally preserved for you when you buy peas in cans!

That's because the lightproof, airtight steel-and-tin can is such a lasting protector of food flavors, colors, and wholesomeness.

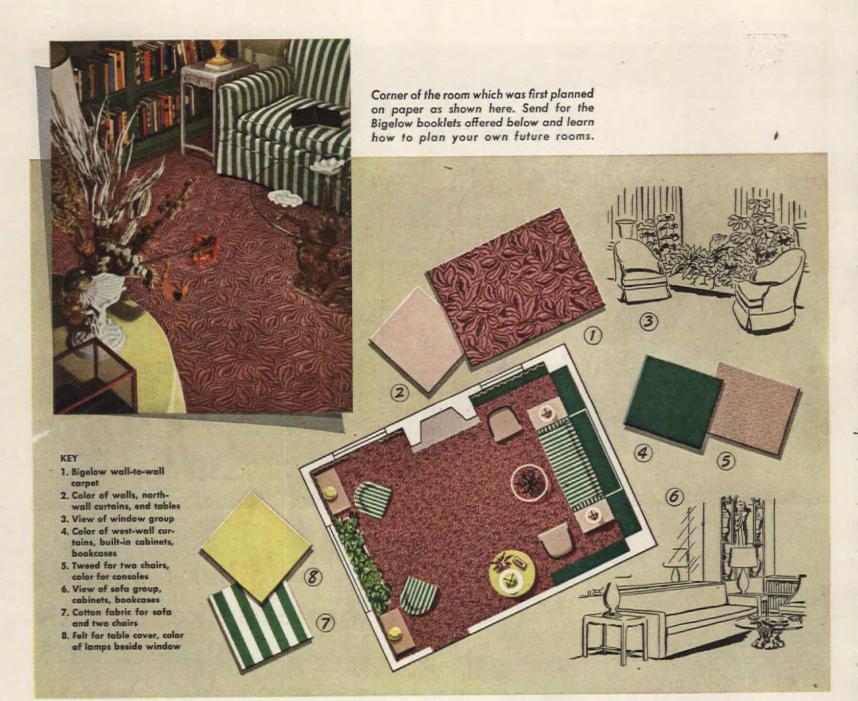
Not only that, but because modern canning methods are so jiffy-quick, these vine-ripened peas often reach your table actually higher in vitamin and mineral content than peas bought in city markets and cooked at home! This same sure protection also

applies, of course, to the many vegetables, fruits, juices, meats, and other fine foods that come to you in cans—as well as to hundreds of additional things that go to make up the more than 2,500 products normally packed in cans by over 135 different industries.

And cans are so convenient. They don't break, crack, tear, or split. They're easy to carry, store, open, and dispose of. Truly, no other container combines so many advantages!

Can Manufacturers' Institute, Inc. New York

OUR FIGHTING FRONTS need thousands of things packed in billions of cans. This means certain civilian products must come to you in substitute containers for the duration. But your Government has wisely provided for home-front nutritional protection by permitting adequate supplies of *foods* to be packed in cans. Stocks on dealer's shelves are yours to buy freely. Remember to turn empty cans in for salvage.

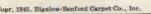


See how easy it is! Plan your room from the floor up

It's fun now. It will be useful later. So plan your room for tomorrow today. Learn how to do it the easy way, starting from the floor. Send for Bigelow's new Thumbnail Decorator and Room Planner offered below.

Using this guide book and handy planner you can make a work sheet just like the one you see here. You can test color schemes and try out furniture arrangements. The finished plan will serve as a valuable shopping and decorating guide when you can buy again.

At that time, remember the Floor-up Formula and make your first purchase a beautiful rug or carpet. You will find it at your Bigelow Dealer. After war work, Bigelow Weavers again will make rugs and carpets of lasting beauty. You'll find the patterns and colors you want marked by the blue and gold label.





CAST an eye about that bedroom of yours. How long since you've done anything about new curtains or a new skirt for the dressing table? Just to show that you can do a distinctly original glamour job on your bedroom without much outlay of precious money, we've prepared these dressing table skirts and valances, all inspired by rare, old-fashioned prints, to give a lift to your room, and provided patterns to make the work easier for you! A simple little ruffled valance is one thing, but to achieve that smartly tailored finish with all details and folds correctly placed is another, and only by following these patterns can you accomplish this. They have been designed by professionals for a professional effect. Each pattern includes tissue pieces, cutting guide, sewing directions, and full instructions for making the valance, dressing table skirt, and bedspread. No loving-hands-at-home look here!

35

American Home Pattern A-702, 40¢

Taffeta with white tassel fringe makes the skirt and valance above. Note the effective detail in trimming. Rayon satin or cotton could be substituted

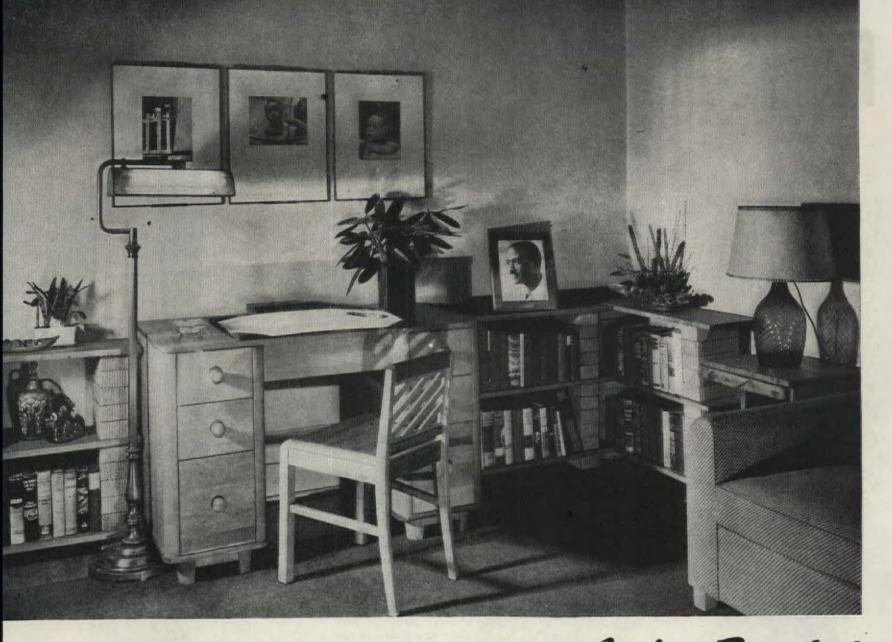
American Home Pattern A-699, 40¢

Rickrack, laced with ribbon in a contrasting color combine with tucking for a very feminine duo

American Home Pattern A-701, 40¢

Brocaded satin with contrasting trimming and bows are used in a set inspired by an old print

Send check or money order (no stamps) The American Home, 55 Fifth Ave., New York 3, N. Y.



THEY PUT THE DIFFERENCE INTO War Bonds!



F. M. Demarest



PROVING THAT SHORTAGES DID NOT STYMIE THIS RESOURCEFUL YOUNG COUPLE WHO without special training produced results worthy of professionals and at small cost

Earl Sydnor



"A TIRED old man with wobbly legs" aptly describes the first end-table I tried to make. It was a very unhappy occasion, for just two days previously I had convinced my bride with much talk that the war shortage should and would not stymie a resourceful guy. Moreover, I had added, it was our patriotic duty to make all the furnishings we could and put the difference in the cost of the shiny store things into War Bonds.

It was that argument that had clinched the deal, and I was given a rather apprehensive consent to try my hand at making things.

Not since grade school carpentry classes had I tried. And on this tearful day we stood viewing my first attempt—a tired old man, not with two, but with three wobbly legs that hardly supported it.

"It's ... it's nice," Virginia said, "Kinda quaint." Then the tears came streaming down her face. Tears! I was desperate.

"Say, it looks kinda like Pops!" I said jokingly.

She saw at once what I meant,

MODUFLOW

save Snace for

Szeines?

MODUFLOW is Honeywell's newest development in heating control systems for the home. It means heat *modulated* to just the comfort temperature required, with a uniform continuous *flow*. In the modern home it will take the place of ordinary "on and off"heat control. It is an exclusive development of Minneapolis-Honeywell.

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your sink drain is alive with loathsome SEWER GERMS!

Survey by Molnar Laboratories, New York City

you could scrub all day and these filthy germs would continue to multiplydown in the drain!

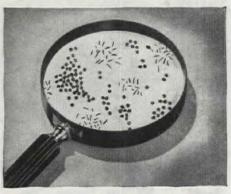
Actual sewer germs magnified approximately 20,000 times

but **Drāno** boils <u>SEWER GERMS</u> out in a flash ! Makes your sink safe, sanitary!

Yes, and **Drāno** opens clogged drainsdrains so stopped up that even water can't trickle through!











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smiled through her tears, then laughed. We laughed together. I had been granted a reprieve.

My obvious mistake had been in devising a plan too elaborate for my ability and tools. I immediately resolved on a cardinal rule for future guidance. If you can't duplicate exactly what you see at the store—don't try! Be original!

Thus released from the confines that resulted in the first ridiculous end table, we ventured into several new and satisfying concepts of home furnishings and designs.

Four things formed the theme around which we planned our small apartment: an oil painting, a winter woodland scene by a littleknown American artist, C. H. Shearer; a sculptured piece by Gaudez; an exquisite piece of Kaga ware (all these family heirlooms); and finally, a deep admiration for the Chinese in their long, desperate struggle against aggression.

We decided on a home combining a Chinese influence and our own idea of Modern. Because our apartment is small we had all the walls painted pale blue and the ceilings were done in off-white.

We evolved a design for end tables from knotty pine boards—a simple and functional piece. A board was cut to the desired height and another vertical board joined to it at the middle, forming a large T. (One board is flush with the wall, the other juts out at right angles parallel with the arm of the sofa.) Another pine board makes the top of the practical table.

The coffee table became a variation of this design. Here the top was supported by a pine board running down the center with another board cutting through the middle at right angles like a plus sign. The plate glass on the coffee table top cost only \$5.50—more than the entire cost of the end tables and coffee table combined!

Perhaps as a reaction to store things, when I had assembled the three tables, I took a hot piece of iron and branded circular and other markings of no distinct pattern on the tops and sides, then sanded and stained them a dark pine wood finish. When we waxed and polished them we were delighted with their rich tones. The over-all effect was like mellow and well-worn wood cut to a modern pattern. Now our War Bond drive had started with a real bang.

Lamp bases made from cider bottles with parchment paper shades, bookcases made of tan bricks and stained boards added three more War Bonds. The bookcases are simple, modern, and very



THE AMERICAN HOME, MAY, 1945

"BILL SAYS MY HALO'S BECOMING ...



"BILL'S SWEET generally, but when we'd been arried a month, he simply exploded about my coffee! He said it never was right . . . either too strong and bitter, or too dishwater weak.

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cious coffee. The scientific results of that research-in coffee measurement and rate of flavor extraction-are incorporated in Wear-Ever designs. Science has found, too, that Wear-Ever Aluminum, pure as silver, protects the fresh flavor of coffee. Triple-tested Wear-Ever Aluminum coffee makers are strong and durable, yet light to handle and easy to clean. They'll be back to assure you good coffee every time-when our war job is done, and Wear-Ever can once again make cooking utensils.

Genuine Wear-Ever is worth waiting for



UTENSILS



effective. Stack five bricks, one on top of the other, with about 36 inches between the stacks, then lay boards across the top of the stacks. You can safely build up to three book shelves by this method.

An old combination record player and radio was retrieved, its tall cabinet discarded and in its place we designed and made a low armchair model of plywood to fit between sectional chairs. Over the plywood we glued sheets of pressed cork and trimmed the edges in a dark brown rug tape which stays in place when applied with a hot iron. The top folds back twice and is braced at a 45 degree angle by a short bamboo pole anchored on a swinging metal drapery arm.

Chinese grass cloth of green and brown fibers, making an interesting contrast to the cork, was glued to the front. Over the speaker opening we placed a slip cover fabric which is also used to cover a large corner arm chair. The green and brown tropical leaves in this fabric blend well with the cork and bamboo. The fabric's cedar rose background is again repeated in the living room rug and sectional chairs.

One would think bamboo from China a wartime casualty. But no! Your own janitor more than likely has a good collection of it discarded by tenants who for years have received the poles in new and cleaned rugs. We found many uses for bamboo, among them being curtain poles for our living room draperies of light blue denim.

We wanted a kitchen with a distinct personality, not too identified with pots and pans, but rather a retreat where, when friends come to visit, coffee and a snack can be whipped up in an atmosphere conducive to good conversation.

So the room is alive with color. Walls are a bright yellow and the woodwork is green. Chinese war posters deck the walls in their multi-colors, singing their slogans in bold characters. Fish net draped on bamboo poles, Chinese woven trays and coolie hats round out the atmosphere of the room.

Our bedroom headboard was made of plywood on which was glued a grass-like matting which the Chinese use in shipping tea to this country. The shipping information in Chinese characters was carefully preserved with a coat of shellac. The whole piece was then edged with rug tape and bamboo. Two night tables in the shape of an S are treated the same as were end tables in the living room.

Our apartment is newly finished, and we have invested our savings from the project in War Bonds.

BEAUTIFIES OLD AWNINGS

-prolongs their life with single application



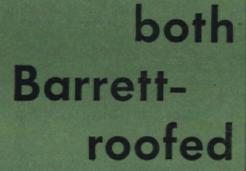
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THE AMERICAN HOME, MAY, 1945



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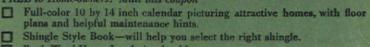
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ROOFINGS

A DESCRIPTION OF A DESC

inter a

Covered vegetable dish with cedar cone knob and wide-flanged rim used regularly in the Trotter home

Photographs by Gene Lester

Rare are these leaf-shaped Willow ware relish servers, covered cups and deep sancers. The teacups hear the jade mark of the workman, indicating perfection



Large turkey platter with pierced, inset drip tray (circa 1780)



Oval plate and fruit dish featuring delicate punch work, an art now obsolete because of difficulty of piercing hard clay

These sweetmeat dishes feature boar's head handles; lotus bud knob atop the cover of one and boar's tail knob on the other. Workmen, employed in the hand-fashioning of individual pieces used their own ingenuity, which accounts for variance in detail

John Scott Trotter

Collects Blue Willow Ware

Bing Crosby's favorite leader also an enthusiastic collector

JOHN SCOTT TROTTER'S acquisitive feeling for blue Willow ware came out of a search for Early American furniture. He went to the little windswept desert town of Lancaster, California, to see about a signed maple desk, mahogany highboy and other pieces that had been saved from the fire in a crumbling old adobe house—and caught sight of a piece of blue china almost buried in the sand in the yard.

"I don't collect porcelains, I collect furniture," he explains, "but when you collect as intensely as I do, you get that certain hunch. You know 'this is it.' " And so it was with the Willow ware. He didn't know its origin or value and wasn't sure that it belonged with his Sheraton, Hepplewhite, and Chippendale (some of which were illustrated in the February, 1944, AMERICAN HOME). He simply knew when he saw the one piece of Willow ware that he had to have a complete set of it.

From the yard where a huge soup tureen was serving as a chicken trough, from a partially burned sideboard and from under the kitchen sink, Johnny and the owner, who was decidedly indifferent to antiques, unearthed 138 pieces of Canton blue Willow porcelain. This is one of the largest and rarest collections in America. His first plan was to send the lot home to Charlotte, North Carolina. "But after we had washed it, we couldn't bear to part with it," he says, half-apologetically, "so we took off the doors of the china closet and arranged it there. Even in an apartment furnished in the French manner it looked good to us." Of his 138 pieces Mr. Trotter is especially proud of his warming plates and teacups having "blowing and sipping" saucers and "resting" plates

Since then the Trotters have purchased a ranch house out in the Valley and the collection is arrayed in the dining room where it has become not only a focal point but a topic for conversation. The Trotters began discovering the story behind the blue Willow pattern which was created in Canton, the nerve center of China trade, was adopted by Lowestoft, Staffordshire, and other English pottery marts associated with colonial history. As Mr. Trotter traced the career of his dishes, he learned that the complete set of 150 pieces was brought by clipper ship to a Boston family

For Bill and me (WHEN BILL COMES BACK FROM OVERSEAS) - Here's a honey for our mantel s "Sharon Seth Thomas "Sharo strikes delightfully ...to help me get Bill's meals on time "Spray"—a streamlined SethThomasforthekitchen I'd love this one anywhere in our home The Seth Thomas "Boler and lucite d in ony?



CLEVER GIRL, Sergeant Bill's wife. She's making a scrapbook of swell home-making ideas clipped from the magazines. It's fun.

Bill's going to be mighty proud of her when he gets home from the wars. He'll approve her wise choice of electric clocks, too . . . every one a Seth Thomas.

Bill knows Seth Thomas..."the finest name in clocks." Knows they're traditionally famed for accuracy and that they continue to tell dependable time for years. Why? Because fine quality and smart appearance are a happy team in all Seth Thomas self-starting electric clocks.

Right now Bill's wife is buying War Bonds... saving for their home. And at Seth Thomas, all our facilities are turning out precision instruments and intricate timing devices to help win the war. So Seth Thomas clocks are not now available. But perhaps before long you'll see beautiful Seth Thomas self-starting electric and springwound clocks in better stores everywhere. Look for them.

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in late 18th century. It was part of some china serving as ballast on the sea voyage from Canton by way of Guam, Samoa, and Tahiti. During the latter half of the 18th Century, China's tastes were spread about the world via the holds bearing her cargoes. English potters sent designs of Occidental dishes back to Canton for copving. Much of the original china was returned, undecorated, to the English factories such as Lowestoft. Some was finished in China and shipped directly to America and other far-flung parts of the world.

"My blue Willow ware seems to be the 'common' or 'second best' variety," this collector concedes. "There is a banquet design with armorial bearings, coats of arms or family crests in heraldic colors and bordered in blue. These were ordered from China by the individual customers but I understand there are very few examples of this type in existence today."

His collection differs also from the often-copied English pattern, although the general idea is the same. In that pattern there are three figures on the bridge, two turtledoves hovering over the scene, and much lush vegetation around the pagoda. If you look closely at the pictures, you will note that there are no figures on the bridge, no doves, and less vegetation than in the other pattern. While some authorities seem to connect this with an earlier date, the probability is that the Chinese artist merely indulged himself in a fancy for varying the scene. The irregularity in the shape and form of each dish-there are no two exactly alike-may well have been carried over into the design.

These dishes were passed along from one generation to another in the Boston family until they were brought to California by a surgeon and his wife who arrived in the state about fifty years ago. The "blue china" dishes were part of their household goods. Through constant use, a few pieces of the china were broken. A few years ago they decided to return to Massachusetts and the house remained empty for a while. Then, about the time a new owner took possession, the house caught fire inside and some of the furniture was burned. Later, the "old stuff" was shifted outside to make room for new furnishings-and that is how John Scott acquired his collection. Included are ten platters of various sizes, four warming plates with spouts, a teapot, a helmet pitcher (which is very rare), three tureens, several open vegetable dishes, four



department or curtain store. Though most stores carry them, war conditions limit stocks. They're worth waiting for. FAIRCLOUGH & GOLD, Boston 10, Mass.





Here's a smart, new thought: Keep a Pearl-Wick Hamper in the kitchen. It's right at handto toss in messy tablecloths and soiled dish-towels - keep them away from intimate apparel and save yourself steps! Yes enough hampers in the home make easier, daintier living!

Pearl-Wick Hampers are Self-Ventilating ... help keep soiled things free of odor and damp. Decorator Designed ... they're styled and built like fine furniture. Colorfully Finished ... to match the color schemes of your bathroom, bedroom, nursery and kitchen.

Temporarily, not all Pearl-Wick styles are available. But you can find one to suit your needs. Pearl-Wick Corp., L. I. City 2, N.Y.

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kinds of cups and saucers, sweetmeat dishes, several leaf-shaped flat dishes for preserved kumquats or relish, and several dozen plates of various sizes. Among the last mentioned are the tiny cup plates into which the cups were fitted while tea cooled. Outstanding are four covered cups and saucers bearing the jade symbol of perfection and two punchwork or pierced fruit bowls. This punchwork often required as many as fifty attempts before a perfect dish was produced. The punching was done with a small stiletto after the clay had hardened sufficiently and was a very delicate and difficult art.

As fascinating as blue Willow ware is the Chinese legend related to it. There is an elaborate account of this legend in "Outlines of Chinese Symbolism; an Alphabetical Compendium of Antique Legends and Beliefs as Reflected in the Manners and Customs of the Chinese," by C. A. S. Williams, printed at the Customs College Press, Peiping, China, 1931. To borrow from his explanation . . .

The willow is the Buddhist symbol of meekness. It is generally regarded as a sign of spring and provided the famous poets of the T'ang and the painters of the Sung dynasties with a never-failing motif. Owing to its beauty, suppleness and frailty, it has become the emblem of the fair sex. The female waist is often compared to the willow. Hsiao Man, one of the beautiful concubines of the celebrated poet, Po Chu-I, was noted for her small, willow-like waist.

The tree, moreover, is believed to possess power over demons to the extent of exorcising them as occasion demands. Bunches of willow branches are used to sweep out the tombs at the Ch'ing Ming festival and the spiritualistic medium makes use of images carved of willow wood to communicate with the other world. The Buddhists consider that water sprinkled by means of a willow branch has a purifying effect. A branch of the tree is sometimes suspended over the front door of a Chinese dwelling as an omen of good to the family. Women wear sprigs of it in their hair; they believe that by so doing they will keep their eyes clear and ward off blindness. The 24th constellation of the zodiac is named after the willow.

... And now for the legend of Willow ware porcelain! On the right hand side is pictured a twostory house, which is very unusual in China. Its extent and magnificence and the rare trees about the grounds denote the wealth of the



That's right—you can be so good that the music you play will thrill you—bring you deeper satisfaction than you have ever felt before. There's no catch in this promise, either; it doesn't even depend upon your present ability to play. If you feel music within you—and can play just a little—then you should try the Hammond Organ.

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"None today, Ma'am—that's just to remind us what they look like—but try, TRY again!"

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So make the Craftspuns you have do another season. They were so well designed, they're still right in style. And that sturdy, tied-in-place weave will see them through washing after washing. Meantime we're blue-printing the finest Craftspuns ever. As soon as we can, we'll put our yarn-hungry looms to work on new, smarter-than-ever Craftspuns for you.





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OCCASIONAL

URNITURE

Designed to be treasured...tomorrow's "Tables by Weiman" will bring enduring warmth and richness into your home which will bespeak you and good taste...down through the years. left lived Chang, the secretary to the Mandarin, who had accumulated considerable wealth in serving the Emperor in the excise department. The work was performed by Chang and the business of his master consisted in receiving bribes from the merchants -- at whose smuggling and other illegal traffic he winked in exact proportion to the gratuity. The wife of the Mandarin having died suddenly, he requested the Emperor's permission to retire from his arduous duties. The merchants had begun to talk loudly of the unfairness and dishonesty of the Chinese manager of the customs and this made him particularly urgent in his request. In accordance with his petition, an order signed by the vermilion pencil of the Emperor was issued to a merchant who paid a handsome sum to his predecessor. The Mandarin then retired to the house represented on the Willow ware. With him he took his only daughter, Koong-see, and Chang, the secretary, whose services he was retaining for a few months to put his accounts in such array as to bear scrutiny should he be called upon to produce them. As soon as this duty was completed, the faithful Chang was discharged. But, too late! The youth had seen and fallen in love with the beautiful Koong-see. At sunset it was observed that she lingered on the steps leading to the banquet room and, as twilight came on, she stole away down a path to a distant part of the grounds. There the young lovers, on the last evening of Chang's employment, vowed mutual promises of love and constancy. And on many an evening afterward, when Chang was supposed to be miles away, lovers' voices could be heard among the orange trees. As darkness mantled the garden, the huge pecnies growing on the fantastic wall had their petals shaken off as Chang scrambled through their crimson blossoms. With the connivance of the lady's handmaid, these interviews were managed without the knowledge of the old Mandarin. The lovers well knew the harsh fashion of their country. Their stations in life were unequal and the father would never consent to the union. Chang's merit, however, was known and they pictured a time when that obstacle would be removed by his success. By some means, the story of

Mandarin who lived there. In the small house across the river at the

By some means, the story of these meetings finally came to the ears of the old man. He instantly forbade Koong-see to go beyond



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4. BAND-AID comes sterile in individual envelopes. Costs less than a penny stamp. Keep BAND-AID on hand at all times.

When advising a readymade adhesive bandage Bout of 10 Doctors recommend Band Adid Formend Band Adid Commend Band Adid Commend Band Adid Commend Band Adid Commend Commend Commend Band Adid Commend the walls of the house. The youth was commanded to discontinue his visits on pain of death. A high wall was built across the pathway from the extremity of the old wall to the water's edge. The sympathetic handmaid was dismissed and another domestic with a heart as shriveled as her old, withered face, was placed in charge of Koong-see.

To complete the disappointment of the lovers, the Mandarin betrothed his daughter to a wealthy friend, a Ta-jen, a duke of high degree, whom she had never seen! The nuptials were determined upon without consulting the lady and the wedding was to take place "at the fortunate age of the moon, when the peach tree should blossom in the spring." The willow tree was then in blossom but the peach tree had scarcely formed its buds. Poor Koong-see shuddered.

One day as she sat on the terrace her abstractions were interrupted by the arrival of a half coconut shell fitted with a tiny sail. The miniature ship floated gently to her feet. On a piece of bamboo paper, Chang had written his beloved some charming verses. He had launched the little boat from the other side of the water. (You will notice the miniature sailboat in the pattern.)

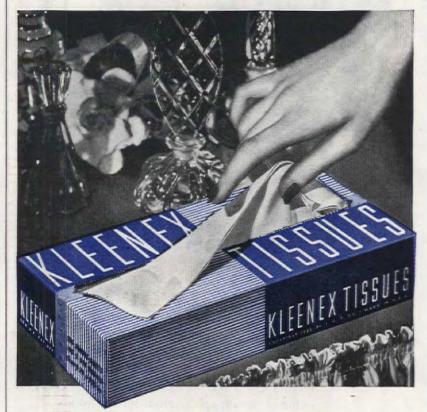
Came the time for the wedding. The Ta-jen loaded his bride-to-be with precious king-feather headdresses and fabulous jewels. According to the old custom, the Mandarin had invited the duke and all the male friends of the couple to a banquet lasting far into the night. Toward morning the company became very sleepy and dozed off on the cushions wherever they happened to fall.

At that point, who should appear, on a mettlesome horse, but the hero Chang! He made his presence known to Koong-see and, taking sufficient clothes for a long journey and the gorgeous jewels given her by the Ta-jen, she sprang up back of her beloved and they hastened away into the night.

With the jewels the lovers bought an enchanting island some distance away. Koong-see, wearing her crimson wedding robe, became the bride of her true love and they settled down to a life of peace and happiness. The natives of the island became their loyal friends and Chang concentrated on a book he was writing, his beautifully formed characters filling page after page of bamboo paper. At last the book of poems was finished and sent out into the world where it created a great furor among the scholars of that

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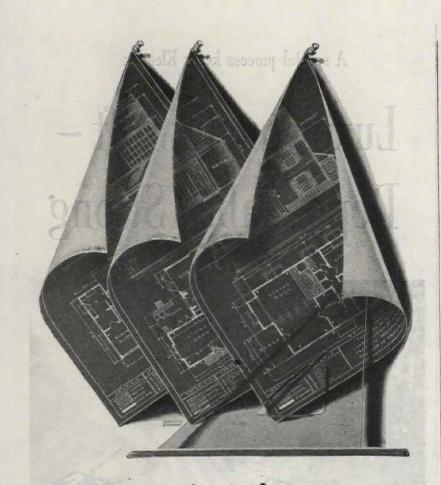


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One important specification for any house is metal. If the plans call for Chase Copper Flashing, Gutters and Downspouts, you may be sure the roof will have good weather protection.

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day. But there was one reader of Chang's odes who thought he recognized the author even though his name was not signed to them. This was the Ta-jen, still angry at the slight. He surrounded himself with a guard and succeeded in following Chang and Koongsee to their home. Although loyal friends tried to give warning of the approach of the terrible Ta-jen and his warriors, they were too late. Chang, mortally wounded by the spears of his enemies, fell beneath a willow tree. Koong-see witnessed the scene from her windows and set fire to her apartment and perished in the flames.

The Chinese legend goes that the two lovers were reunited in the Upper Spaces and have since been seen in the form of a pair of turtledoves flying over their island and the mansion of the Mandarin.

When the three figures are shown on the bridge, they are supposed to be Koong-see, Chang, and the Mandarin following with a whip in his hand. An explanation of the absence of the figures in the Canton Willow ware is-so one story goes-that this decoration was reserved for the family of the Emperor, with one, two, or three figures being included as befitted the rank of the person for whom the pattern was intended. The sailboat is one of the fine points of the decoration, as are the willow branches extending over the water and giving the porcelain its very famous name.

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THE AMERICAN HOME, MAY, 1945



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HOUSE CLEANING YOUR CAR

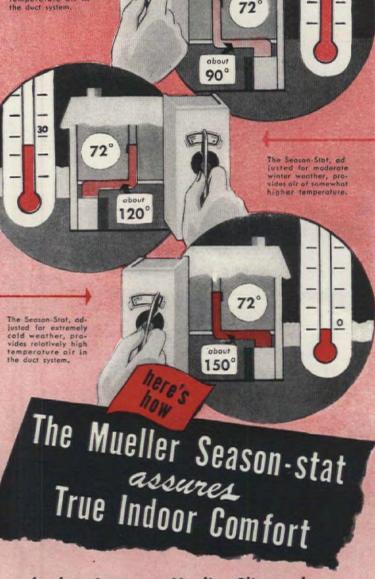
MANY a month will still glide past before the old faithful car of today will bow out gracefully to new products of reconverted assembly lines. And each month of added use will bring added abuse not only to the mechanical functions of your car, but also to the interior appointments as well. So just as you house clean your home, so should you house clean your car. Here are some pertinent and helpful hints for making the job easy to do—and easy on you, too.

About once a month—or oftener if you think necessary—it is a good idea to take the dust out of the upholstery with a whisk broom, a carpet beater, or a vacuum cleaner. The seats should be removed for general cleaning and dusting so that the dirt along the sides and rear of the sea's can fall to the bottom and be easil, wiped off.

If spots or stains get on the upholstery, they should be removed as soon as possible before they have a chance to soak in and dry. If they are allowed to remain on the fabric for some time, they very often become oxidized and removal is difficult, if not impossible. There are two basic types of popular cleaners available to car owners: (1) Alkaline cleaners which have a soap base and (2) Volatile cleaners, colorless liquids, generally having carbon-tetrachloride or naphtha as a base. Both of these cleaners are effective spot removers. However, do not use a volatile cleaner on arm rests or seat cushions that are padded with "foam rubber" as this material is injured by solvents. These cleaners are recommended in other instances because they have great solvent powers for grease, oil, and road grime. Alkaline cleaners generally emulsify stains satisfactorily but at possible risk to the removal of the color or the finish of the fabric.

Since most floor coverings in cars are either cemented or tacked down securely into place, they should not be removed unless it is definitely necessary to do so. To clean these floor coverings, first brush them very thoroughly. If soil remains, a volatile type cleaner should be used. Extreme care should be taken to make certain that the carpets are not "soaked" with the cleaner. The cleaning operation should be repeated for heavily embedded stains. Neutral soap and water may also be used, at risk of color removal, but be sure to make certain that the carpets are thoroughly dry before closing window and door openings.

Caring for the upholstery in your car is like caring for the upholstery on the furniture in your own home. Treat it the same way and it will last just as long—if you are careful!



. . . by keeping your Mueller Climatrol system in step with the weather

As winter weather conditions change, the amount of heat delivered by the heating plant should be changed. By controlling the air temperature in the duct system, the amount of heat *can be changed*. In order to provide true indoor comfort, it is essential to have continuous movement of properly heated air. The continuous delivery of air, heated to a temperature in keeping with the outdoor temperature, is attained

The Season Stat, ad justed for mild spring or fall weather, provides relatively low temperature als in

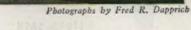
with the Mueller Season-stat. . . . This is just one of the many benefits you gain with a *basically* correct heating system — one that treats and handles *air*, and can be equipped for purification, cooling, and other features. . . Plan now on installing a Climatrol system in your home, old or new, when progress of the war permits.

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	Please send me your free book, "The New Trend," also literature describing furnaces and winter air conditioners for:
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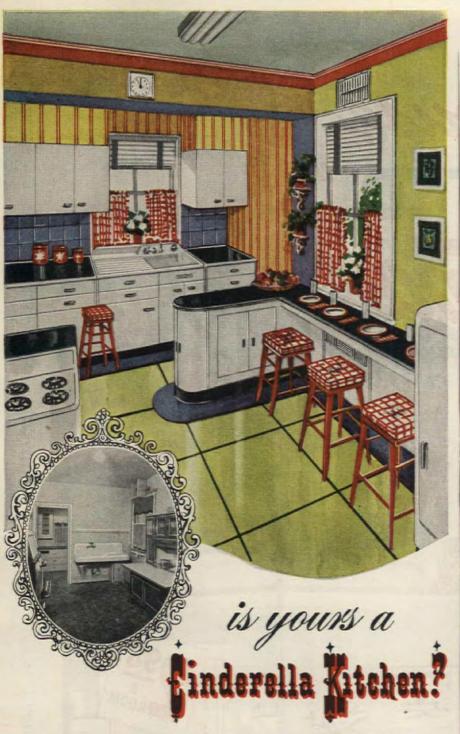
STICKS and stones alone don't make a house. No, there's more to it than that! To be thoroughly successful a house should be a complete reflection of the personalities and habits of those living under its roof. That's why the Barienbrock house is so outstanding-it IS the Barienbrocks. Located within easy commuting distance from Santa Monica, it satisfies the great love of outdoor life shared by the three members of the household. There's a glimpse of the sea for good measure. Behind the garage is a guest suite that spends a great deal of time doubling as a drafting room. This wing is connected to the main L-shaped house by an open passage. A flat roof makes the transition not only convenient but adds to the attractiveness of the entrance. The passage leads also to the outdoor patio, saving much wear and tear on the principal rooms. It also helps keep groceries dry when bringing them from garage to kitchen. Living room and dining space are one and add much to the stature of the plan. A free standing partition with low cupboards and obscure glass panels above gives privacy to the dining end and forms convenient vestibule. Two bedrooms complete the house plan. They are both near a common bath and arranged with minimum hall area. In most rooms,



GARAGI



* Ask the Kem-Tone Dealer Near You for a FREE Demonstration *



The time is coming when you can do wonderful things to your old cinderella kitchen. With a little imagination—a little planning—you will be able to transform it into a gleaming, modern room that exactly expresses your ideas of charm, comfort and convenience.

You'll be surprised at the enjoyment derived from putting your dreams on paper—deciding on the arrangement—the location of equipment—the decorating scheme—all the magic touches that you can have in your kitchen of the future.

And, of course, you'll want a modern sink and storage cabinets selected from the Crane line of tomorrow. This line—which promises the last word in styling and stepsaving efficiency—will be available as soon as regulations permit its manufacture. When that time comes, your plumbing contractor will gladly advise you on your plan, and provide and install your beautiful new Crane fixtures.

CRANE CO., 836 S. Michigan Ave., Chicago 5, Illinois



PUMPS . VALVES . FITTINGS . PIPE



Simple floor-to-ceiling brick fireplace accents pale green wall tones in living room . . . end cabinets open between the kitchen and dining area



Beach chairs add feeling of informality to three sided brick patio, screened opening frames the living room which is seen beyond trellised porch



Built-in bunks with end closet save space for floor play area in son Robert's room . . . corner window on opposite wall gives ocean and cliff view

THE AMERICAN HOME, MAY, 1945

Two's company! And jolly company they are, tucked away beneath their brother and sister North Stars. There's a pink one for sister, a blue one for brother ... and twin bathrobes made of North Star Nocturne fabric.

SHE

North Star baby blankets, like the grownups in their family, are allwool to the last fluff. They wash and wear, stay soft and snuggle-y. Attention: Grandmas, aunts, and fond uncles! It's a lucky, lucky baby who finds North Stars waiting in his hope chest! And lucky Daddy and Mommy, too, who know the solid satisfaction of a whole wardrobe of North Stars for every bed in the house ... an investment that gives years and years of pleasure and comfort.

by Lord & Taylor

NORTH STAR Allurool Beautymap

BLANKETS

Iris (*pictured*) is a "pocket edition" of your standard-size North Star...made of the same fine fleece wool. Soft shades of pink and blue or white.

"Ladies Love Me!"

"Oh, I'm hot stuff for dresses, these ladies all say and it's thanks just to *me* they look pretty today!" Sunny Monday and Linit can wink at this smarty, 'cause *they* know they made him the hit of the party!



Last Monday-

Master Linit, the starch that is quick, slick and glossy, promised *each* frock and ruffle the finish that's flossy!

Was Fun Day-

He stood by for duty while Miss Sunny Monday sudsed out little duds made 'em brighter than Sunday!



With Minute Linit!

Then Linit mixed half cups of water and Linit boiling water was added t'was done in a minute!



Now Ladies, if you want to iron with ease— Be sure to ask grocers for "Linit, please!" Sad Iron hoorayed— "Linit's so slick and glidy— I'll soon have these frillies crisp, perky and tidy!"





Porch seen through entrance trellis. Below: kitchen-dining storage wall with a serving door connecting

ceiling beams have been left exposed. An economical gesture, this actually adds great charm to each interior. Large glass sliding doors in the living room can be pushed aside and dramatically bring the gardens inside. A full length screen keeps insects out of the room without obstructing the view. Cottons in gay colors add much to the cheer of interiors while straw matting helps keep the living room floor looking spick-and-span even though traffic from patio be heavy.

54

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These Stores have

everglaze Finish

Akron, O. – M.-O'Neil Co. Asheville, N. C. – Viey's, Inc. Arianta, Ga. – Rich's, Inc. Austin, Tex. – E. M. Scarbrough & Sons Baltimore, M. J. – Huits, McLean & Haskins Birningham, Ala. – Burger, Jhillip Co. Bridghamton, N.Y. – Hills, McLean & Haskins Birningham, Ala. – Burger, Jhillip Co. Bridgham, Ala. – Burger, Janes, Janes Burger, N.Y. – Abraham & Strins, Inc. Burger, N.Y. – Abraham, Strins, Inc. Cataton, O. – Thurin Carpet & Rud Co. Cataton, O. – Thurin Carpet & Rud Co. Charleston, W. Y. – Abraham, Strins, Inc. Charloste, N. C. – J. B. Ivey & Co. Cataton, J. – Hillip Pros. Co. Cinctinneti, O. – H. & S. Pogue Co. Cinctinneti, O. – H. & S. Pogue Co. Columbus, Ga. – J. & Kirver Co. Dallas, Fez. – Sanger Bros, Inc. Dayton, O. – Flike-Kumler Co. Brever, Colo, – Durver Dry Goods Co. Derver, Colo, – Durver Dry Goods Co. Derver, Colo, – Durver Dry Goods Co. Derver, Colo, – Bartis, Strinschwig & Co., Inc. F. Wayne, Ind. – Wult & Dessauer F. Worth, Tex. – W. C. Strilling Co. Harrisburg, Pa. – Bowman Zo. Harrisburg, Pa. – Housen Go. Harrisburg, Pa. – Housen Go. Harrisburg, Pa. – Housen Jo. Harrisburg, M. – L. S. Aynes & Co. Harrisburg, M. – L. S. Aynes & Co. Harrisburg, M. – Harry S. Manchester, Inc. Macon, Miss. – H. E. Kennington & Co. Harrisburg, M. – Harry S. Manchester, Inc. Manne, Neb. – Orehard & Wilhelm Co. Macon, Ma. – Harrisburg, Co. Mandison, Wiss. – H. H. Barberg

The 1945

CLARK

CYRUS



Don't be ashamed when company comes!



In the SPRED-painted room at the right the walls are done in Wedgwood Blue SPRED-the ceiling in Ivory SPRED.

SPRED is the easy-to-use wall paint

A GLIDDEN Time-Tested Wall Paint

... Beautiful, Durable, Washable!

• Walls painted with SPRED are beautiful because SPRED colors have unusual depth and richness. Scientifically formulated in accordance with principles of the famous Munsell Color System, they pick up and enhance the color and beauty of *everything* in the room.

SPRED Wall Colors Preferred 3 to 1 by Leading Decorators

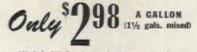
In a recent opinion poll conducted in 10 of America's style centers, leading professional decorators were shown the colors of five best known water-mix wall paints. They were asked which group has the best, richest, most modern colors. Their votes were 3 to 1 for SPRED colors. See these superb colors at your nearest SPRED dealer. (To locate him look in the Classified Section of your phone book under "Paints"... or watch for the SPRED sign on his store.) SPRED is sold only by quality paint dealers.

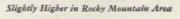
FREE! Send for free set of 11 large sample swatches of SPRED "Decorator-Preferred" Colors and handy Color Harmony Chart. Just write The Glidden Company, Dept. B-5, Cleveland 2, Ohio.



SPRED is Guaranteed by GOOD HOUSEKEEPING

- A regular oil-emulsion paint that mixes
- with water
- Is easy to apply with brush or roller
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- Is durable and washable
- One coat covers most surfaces, including wallpaper
- No unpleasant "painty" odor
- One galton does an average 10 x 14 room
- 11 beautiful colors to choose from







The Horses Got the New House!



AN OLD STABLE CASTS ITS MAGIC SPELL AND UPSETS A CALIFURNIA FAMILY'S WELL-LAID PLANS

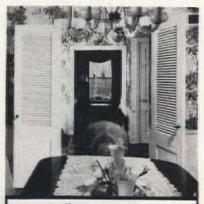
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LeNeve N. Read

THERE are, of course, stables and stables! The one found by the Ralph Taylors on their newly acquired property near Sacramento, California, was one of the "special" kind. In the first place, a magnificent view of the distant Sierras lay before it. There was eye appeal galore in its setting midst a grove of weathered oaks. Best of all, after thirty odd years of service, it was still straight of line and in perfect physical condition. The Taylors decided from the very start that here were temporary quarters in which to live while building that new ranch house. But once inside its four walls the idea of permanently living in a stable became daily more fascinating. Old plans were thrown out and three years later the transformation was completely finished. New buildings housed the five prize horses; the Tay-lors were "at home" in their converted stable.



Forged by one of California's oldest blacksmiths, the ranch bell peals welcome "Come and Get It"



New Happy Thoughta on Dining Rooms in this New Idea (CD), Book!



• Planning to build or remodel? Then here's a whole hatful of brand new "happy thoughts"

on creating new beauty and livability with doors, windows and woodwork of Ponderosa Pine! They're in a new, 32-page idea book—"Today's Idea House"—crammed full of interesting illustrations of living rooms—dining rooms—kitchens—bedrooms;



Use casements to create a restful sun room like this! You can have such effects —at low cost—with stock styles and designs of Ponderosa Pine windows.



Solve storage problems by having two closets in your entrance hall instead of one! Stock Ponderosa Pine doors like this will be available in many charming, authentic designs.



1	
	Ponderosa Pine Woodwork Dept. MA-5, 111 West Washington Street Chicago 2, Illinois
	Please send me a copy of "Today's Idea House." I enclose 10 cents.
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Fancy plates displayed on open cupboard shelves above kitchen stove can be seen from dining end of simply furnished living room

The original plan included eight square stalls. Two of these were thrown together for the living-dining room and the rest retained as separate rooms. A cement floor was laid for the porch and extended the entire ninety-six feet of the building. The porch really acts as outdoor living room and playroom now. At times Mrs. Taylor has entertained more than forty people at dinner under its wide hospitable roof. There's plenty of room to spare, too, for teen age daughter and her active friends. The outside walls have been painted green with white trim. Electrified farm lanterns add the proper touch of authenticity. To further maintain the original appearance, double opening stall doors have been retained. Where a door was not necessary, the bottom part has been fastened tight and the upper part made into a window. The interiors have been purposely kept simple and homelike. Mrs. Taylor arranged her antique furniture in the living room into small conversation groups placing the dining table and chairs at the far end. There are two charming corner cup-

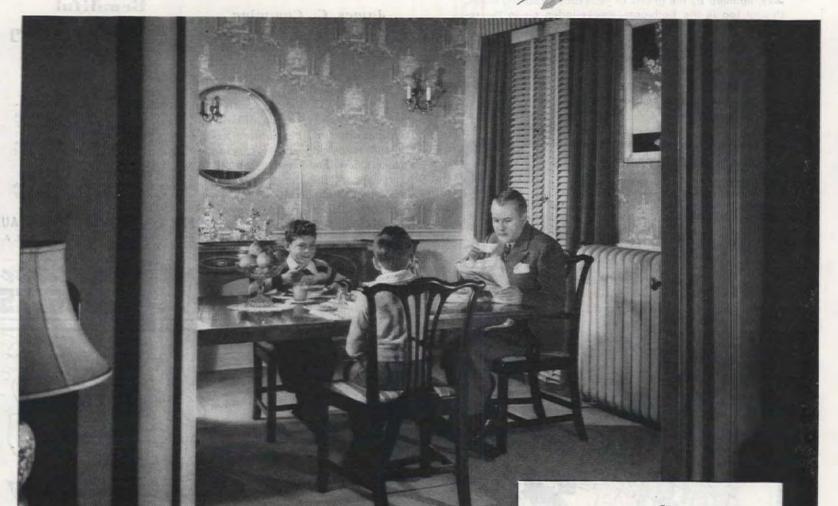
boards which hold antique porcelain and glass. In the large and airy kitchen, sink and drainboards cover twelve feet with cupboards above and below. Both bedrooms are conveniently located near the one bath. Miss Taylor's is finished in warm knotty ponderosa pine. The last room in line is as yet unfinished and is used for storage. The near-by tank house has been transformed into a two-car garage and the fine, beautiful Taylor horses are stabled in the most modern of barns about one hundred and fifty feet from the house. The property also boasts a fine riding ring. On the whole the atmosphere throughout is most informal. A recall of the old carriage days is seen in two Dalmatian dogs that follow the modern station wagon with the same fervor once displayed by their forbears over the old fringe-topped surrey.



Station wagon or fringe-topped buggy seem to have same appeal for pet Dalmatians



... then here's a money-saving tip



• Any home-owner whose house costs too much to heat may find himself "out on a limb" when he tries to rent or sell.

One of the best ways to guard against that, when you build, is to make sure you get an *adequate* chimney. This means a chimney big enough to handle *all* heating fuels equally well. Why? Because then you'll *always* be free to switch to any fuel you ever might choose—including the most economical and dependable of them all—Bituminous Coal.

That's an important point because today's expensive fuels may become even more costly in the years ahead—and America's 3000-year supply of Bituminous Coal means this fuel will *always* be plentiful and economical.

The extra cost of a chimney big enough to supply the natural draft needed for Bituminous Coal is only about \$16 for the average 7-room house.

About 4 out of every 7 homes in the U. S. burn coal for steady, uniform, dependable heat. And your architect or builder will tell you that a chimney adequate for Bituminous Coal is also efficient for any other fuel. Talk it over with him—it will pay you to do so!

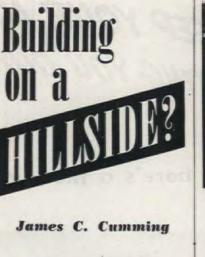


AN ADEQUATE CHIMNEY lets you heat with Bituminous Coal—which can save you enough hard dollars to pay a good share of your taxes or mortgage interest! And, when used with a modern coal stoker, this most economical fuel is not only "automatic," but also clean and odorless in operation.

BITUMINOUS COAL INSTITUTE, 60 EAST 42ND STREET, NEW YORK 17, N.Y.

THE AMERICAN HOME, MAY, 1945





We selected our lot on top of a so-called mountain in suburban New Jersey. We did it because we like a house with a view. Yet friends foresaw all kinds of hazards in the future—icebound roads and stalled cars, to name a few. For a while they felt sorry for us, thinking that the lot was chosen only because we'd been unable to find a suitable flat one. None of our well-meaning advisers put their fingers on the real problem that besets a house built on a hill. We soon found that out.

For the real menace to any steep property is-water! Even our architect underestimated this hazard. The drains he planned were only suited to level ground building. The contractor, too, assured us that every basement he'd built had remained stone dry. His arguments were indeed logical. On a hillside where water has a fine chance of running off, wet basements were no danger whatever. Only after we had moved into our new home were we to discover the destructive force of water. After we'd seen its erosive action, we could well understand what a dangerous enemy every rainfall brought to our property. A dry gully behind the house was turned into a raging torrent by each summer thunderstorm. In spite of our little daughter's glee as she waded knee deep, we just couldn't appreciate the gushing streams in the driveway. Basement walls had been waterproofed but not sufficiently to withstand the force of the underground water pressure. It took very little rainfall to create springs in the basement window areas, resulting in veritable floods in the cellar rooms plus miniature Niagaras.

Our lessons were learned early. The first heavy rain arrived less than two weeks after we'd enthusiastically moved into the new home. A storm it was—umbrellas were of no earthly use, pavements were

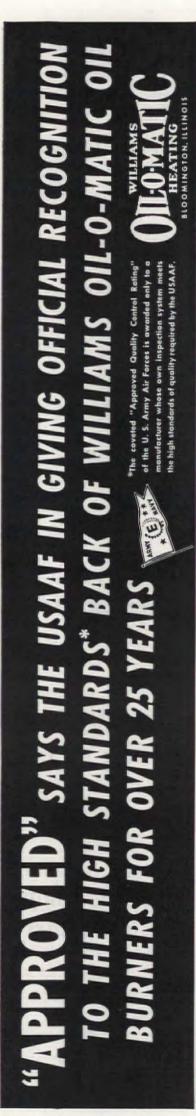


SIDEWALLS covered with doublecoursed Cedar Shingles and given a wide exposure create a most charming appearance and with added insulation ... the deep shadow lines are most attractive and give the appearance of more expensive construction. SEND FOR IDEA BOOK

Contains 12 up-to-date homes, with floor plans and specifications. For your copy write . . .

RED CEDAR SHINGLE BUREAU 5508 White Bidg., Seattle 1, Wash., U. S. A.





hit with thunderous spatters, wind saw that not an inch of exposed area remained dry. Next morning the cellar was a calm lake all of six inches deep. We were amazed that a greater depth hadn't been reached since the rain had seeped in through the foundations like a sieve. While we bailed, our thoughts became quite objective. What in the world had been omitted? The foundations were covered outside with waterproof cement and tar. Drain tile had been installed inside the walls under the level of the footings. That, we thought, should have taken care of the sub-surface water nicely.

Something was wrong and we immediately set about with a few remedies. The grading on the uphill side of the house was changed to create a slope down away from the house and against the hill. This diverted the water flow away from the window areas and around the house down the hill. We broke into the drain tile under the cellar floor so that water coming through would stay below the floor and would be led right off again. Fortunately these two operations were enough to care for the next rains until a real plan could be devised. Meanwhile the grass and shrubbery were growing-both invaluable in lessening water drainage. However, they, themselves weren't quite enough. For example, each and every downspout fed into dry wells. We improved this system by diverting most of the downspouts into a line of tile leading directly into the street gutter. The others were fed into two larger dry wells on the down slope of the property located farther away from the house itself. Many of these changes affected the landscaping about the house walls but they were well worth it. Now after each rainfall, water has a chance to run off before sinking in too deeply. To be sure, our basement is not entirely dry; after a very heavy storm, a slight bit of moisture may be found on the floor if one searches carefully enough, but, on the whole, our foe has been licked. No longer do we shudder when dark storm clouds appear on the horizon.

Backed by experience, here's a little advice that we'd like to pass along to those contemplating building on a hillside: First of all, it's most important that drain tile be laid at the base of the footings. Lead this tile to the street gutter, if possible, otherwise feed it into an ample dry well at a low point on the property, well away from the house. This precaution is very necessary because foundation walls



NOT INSULATED. Poor Mr. Ames has "zebra" ceilings—ugly lath marks showing through in every room. Had he only installed KIMSUL, he wouldn't be looking for decorators—his family would have been much warmer all winter, the way the Allens were across the street...

KIMSULATED. "Mary, look at those ceilings. Not a lath streak in sight. Sure glad we 'astalled KIMSUL—it saves decorator bills and cuts fuel costs; keeps our house warmer in winter, cooler in summer." Right ! KIMSUL pays for itself. Why not Kimsulate your house now?

Spring Housecleaners! Now's the Time to Install Low-Cost KIMSUL^{*}!

KIMSUL is the only insulation with *many-layer* construction. Unlike loose, bulk insulation, KIMSUL is prefabricated. Stitched together, the *many layers* form a blanket of uniform thickness from end to end. Thus, KIMSUL assures you the same uniform insulation over every inch . . . today, and years from now.

If you can handle a hammer, you can easily install KIMSUL. And the best time to do it is during spring "clean up." Do it now—have a cooler house all summer.

Selection of KIMSUL for the U. S. Navy Quonset Huts—world's largest prefabricated housing project—is your assurance of quality. Order KIMSUL from your lumber or building supply dealer, hardware or department store —do it now.

WRAP YOUR POST-WAR HOME

*KIMSUL (trade-mark) means Kimberly-Clark Insulation



State.



Home begins here

The simple dignity of the Western Pines* means "home" to many Americans. Walls paneled with these deep-toned, soft-textured woods make a perfect setting for gracious living.

To future home builders and remodelers, the Western Pines combine structural soundness with ingrained beauty. Quality and economy recommend them for your building needs.

You're not sure how to finish the guest room? You can't visualize the attic as an attractive, livable bedroom? All these and more are shown in the FREE picture book, "Western Pine Camera Views." Send for it today. Western Pine Association, Dept. 199-F, Yeon Building, Portland 4, Oregon.

*IDAHO WHITE PINE these are the WESTERN PINES *PONDEROSA PINE ***SUGAR PINE**



Heatilator units will be available when building starts. Ask your building material dealer, or write

HEATILATOR Fireplace

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America's finest anthracite stoker. (Consult classified section of your telephone directory.) You can now order Motorstokor, which saves up to 1/3 on your fuel bills by efficiently burning lowest - cost



the whole Motorstokor story. HERSHEY MACHINE & FOUNDRY CO. 605 Pitt St., Manheim, Pa.

act like a dam, water accumulates behind them and will eventually come through unless piped off. Secondly, waterproof the exterior of all walls with a thick coat of waterproof cement and two coats of tar. This is really necessary for all walls, even though only one gets the full force of the water pressure.

Six inches of cinders or crushed stone should be placed beneath all concrete floors. This makes an easy channel for sub-surface water under the floor on its way down hill. A dry basement floor will be your reward. A one-inch coating of waterproof cement is an added precaution as surfacing for the floor also. After laying, it might be wise to test your floor by putting down a small rug or large piece of paper. If the concrete sweats, it will be possible to seek better moisture prevention inasmuch as the builder will still be on the job and can be readily called into action. Provide all basement window areas, sometimes called light wells, with drains leading into the footing drainage tile. A wise precaution might be to lay wire screening over the mouth of these drains in order to prevent their choking on leaves and other debris. Gratings over the wells themselves will help.

Downspouts should be connected with drains leading directly to the street gutter, otherwise roof drainage will raise havoc with your wall planting. Now for grading your lot. A high point should be made at middle of the uphill side of the house. Grading should be arranged so that water will always run away from the house itself, perhaps to the sides and thence downhill. For effect, a stone retaining wall might be built some distance back of the house to hold the cut-away soil. By doing this a livable terrace is automatically created at a generally useless part of the lot. It's not usually realized but many so-called drawbacks on a plot of land can really be converted into assets. Of course problems vary. If you're cramped for land this artificially created terrace may take on the appearance of a narrow passage. But what a place for a strip of grass and colorful edging beds of perennials. Even a confined garden strip of this type will give your land a greater feeling of openness when viewed from inside. And if your fortunate enough to have some land to spare, there's a chance for that outdoor living room you've longed for. Build it of either flagstone or grass; its attractions will be many. Flower borders will give it some natural color; gayly painted garden furniture will add zest.



Amazing Professional Mothproofing Method now available for home use



NO ODOR • NO WRAPPING • NO STORING AWAY

Just a few minutes spraying with LARVEX-and Mrs. Neal has saved her husband's new suit from moth holes for a whole year.

WHY? Moths will actually starve to death before they will eat LARVEXED clothes, sofas or rugs!

This is the professional mothproofing method used by leading woolen mills, laundries and dry cleaners.

And, LARVEX is inexpensive -only 79c per pint, \$1.19 per quart. Dry-cleaning won't impair its year-long protection. Washing removes LARVEX but dry-cleaning does not. Use LARVEX-be safe!

ARVEX IS DIFFERENT



QUICKI A few minutes with LARVEX will mothproof a woman's coat for 12 months!

... CHEAPI Just one LARVEXING will mothproof this \$89 upholstered chair for a vear!



SURE! See this spectacular display at your Larvex dealer's. A covered dish showing treated nd untreated cloth with live moth worms. Proof right before your eyes that moth worms will not eat LARVEXED

An outdoor entertaining area will extend the living space, and because of its sheltered position, privacy and shade will be yours. However, don't let us allow our enthusiasm to carry us too far from the real matter to be solved. A dry basement is really our goal. The owner of a hillside plot must be constantly on the alert. Don't allow the builder to fill in the trench around the house foundations with rubbish. Well tamped solid earth is much better under these conditions and will prevent water from building up pressure against the walls and so cause leaks. We pass these basic precautions along because we know that others like ourselves want to build on hilly property. A dry basement is a joy forever and the initial cost should not be great and will be nothing compared to the expense of later damage, not counting the irritations and discouragement. We're sold on our hillside lot. It's many advantages plus a magnificent view more than offset the early days of disappointments. But take a word of advice from those who have learned the hard way-by all means respect the destructive power of flowing water-act early and

, YOUR ATTENTION IS REQUESTED!

be prepared for its onslaught.

BABIES FIRST ON MAY FIRST-Every mother should make sure her child has a registered birth certificate. It is his "first citizenship paper" and will be needed throughout his entire life to establish identity in connection with school, voting, marriage, travel, parentage, etc. Consult your doctor about this or write to the Bureau of Vital Statistics of the State Department of Health in the State in which the baby was born to find out the correct procedure to register the birth.

SAVE WASTE PAPER-it is still one of our most critical shortages. Separate and tie in bundles: 1. waste-basket scraps, 2. corrugated boxes, brown paper and bags, 3. magazines and books, 4. newspapers.

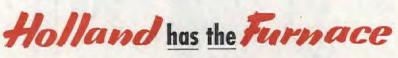
VACATION AT HOME this summer to facilitate military travel. Every civilian whose contemplated train or bus trip will not qualify as essential to the war effort should stay at home and thus help relieve seriously overburdened transportation facilities.

USE V-MAIL when writing to men in the armed forces and write frequently.

CONQUER CANCER-another insidious foe we must attack vigorously and without let up until it is checked. Research is progressing but funds are needed. The American Cancer Society appeals for your support of its current campaign. The address is Empire State Building, New York 1, N.Y.

VISIONARIES HAVE THEIR DREAMS FOR POST-WAR HEATING

but







When you hear or read about any of the fanciful ideas for revolutionizing our postwar heating methods, remember this: The most advanced heating unit on the post-war horizon in terms of practicality, efficiency, and economy is the present Holland furnace.

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THE AMERICAN HOME, MAY, 1945

Registered Trade Mark

A MONG the vines that can be used to add to the beauty. and charm of the garden are representatives of all the categories of plants that have been discussed in previous lessons of this seriesfrom flowering annuals to woody shrubs. The common quality that brings them together here is the ability to climb, twine, or cling, and thereby drape some other object. This may be an existing feature in the landscape, inviting or needing a covering of foliage, such as the trunk of a dead tree, the stark wall or corner of a building, or a bare wall, fence, or other structure; or it may be a trellis or other support especially provided for the vine to grow on. Basically, then, vines serve the gardener in two ways: first, by masking or hiding ugly objects or views, providing protection against sun or wind or a screen for privacy, framing a pleasing vista, or otherwise contributing to the general landscape effect; and, second, by supplying in themselves a feature of outstanding beauty.

There is such a wealth of vines available that it is possible here to suggest only a few. In making up accompanying table of suggestions, we have drawn largely on a recent issue (Vol. 4, Nos. 9-11, Dec. 8, 1944) of "Arnoldia," the Bulletin of the Arnold Arboretum of Harvard University. In preparing it, Dr. Donald Wyman canvassed horticultural authorities in all parts of the country as to subjects especially valuable for different purposes in eleven geographical regions. The recommendations, therefore, indicate recognized usefulness in certain areas, but do not mean that the plants are not satisfactory over a considerably wider range. For those who want to pursue the subject further, another useful reference work is Alfred C. Hottes' "Book of Climbing Plants," (De La Mare, 1933).

In selecting vines for use around the home, the first step is to determine what they are wanted for; and in what situations and under what conditions they are to be used. If, for example, a brick wall

THEIR VARIED USES, CHARACTERS PRIMER FOR THE AMERICAN

53 VINES FOR VARIOUS REGIONS

/ines g

Fiveleaf Akebia (A. quinata)—All temperate, humid zones: E, PacNW Cal Pepper-vine (Ampelopsis arborea)-All S zones, including semi-arid Cross-vine (Bignonia capreolata)-PacNW, Cal and S, except semi-arid Madeira-vine (Boussingaultia baselloides)—S, SW, including semi-arid Trumpet-vine (Campsis radicans)-All sections except coldest (Gt Pls) Bittersweet, Oriental (Celastrus orbiculata)—E to Cal; not South Bittersweet, American (C. scandens)-Same distribution, adaptability Autumn Clematis (C. paniculata)-All sections, except semi-arid SW Virgin's Bower (Clematis virginiana)—E to Cal incl Gt Pls; not S Climbing Fig (Ficus pumila)-Entire South, E to W, incl semi-arid English Ivy (Hedera helix)-All sections, except coldest and semi-arid Hall's Honeysuckle (Lonicera japonica halliana)-Same as preceding Trumpet Honeysuckle (L. sempervirens)-All sections, no exceptions Virginia Creeper (Parthenocissus quinquefolia)-Same as preceding Boston Ivy (Parthenocissus tricuspidata)-All, except Gt Pls and SW Fleece-vine (Polygonum auberti)-All sections except coldest (Gt Pls) Kudzu-vine (Pueraria thunbergiana)—All, exc N.Cent, Gt Pls, 5 Cal Bristly Greenbrier (Smilax hispida)—E to PacNW; S exc Cal and SW Fox Grape (Vitis labrusca)-E to PacNW; not SW or semi-arid zone Japanese Wisteria (W. floribunda)-All sections, exc. Gt Pls, S, SW Chinese Wisteria (W. sinensis)-Same as preceding

For the Humid South—Middle, Gulf and Semi-tropical Allamanda (A. cathartica)-Southern Florida-frost-free zone

Allamanda (A. cathartica)—Southern Florida—frost-free zone Confederate-vine (Antigonon leptopus)—South Texas and Florida Brazil Bougainvillea (B. spectabilis)—S Cal, S Texas, Florida Cat-claw-vine (Doxantha unguis-cati)—Same as preceding Jacquemontia pentantha—Extreme S. Florida—tropical zone Ceriman (Monstera deliciosa)—Same as preceding; indoors in N Passion-flower (Passiflora species)—All South, except semi-arid SW Cup-of-gold (Solandra guttata)—S Cal and humid, subtropical S Madagascar-jasmine (Stephanotis floribunda)—S Fla, tropical zone

Dutchman's Pipe (Aristolochia durior)—Also good for E and S Amur Grape (Vitis amurensis)—Less valuable for milder zones Frost Grape (Vitis vulpina)—Suitable also for E and Cent zones

Recommended for the Semi-arid Southwest Ivy Treebine (Cissus incisa)—Also good for all S and mild zones Curly Clematis (C. crispa)—Same as preceding Scarlet Clematis (C. texensis)—Same as preceding Seven-leaf Creeper (Parthenocissus heptaphylla)—Same Serjania brachycarpa—Same Black-eyed-susan-vine (Thunbergia alata)—Same; greenhouses in N Mustang Grape (Vitis candicans)—Also good for all S and mild zones

unnual Vines—Or Usually Grown as Such

Moonflower (Calonyction aculeatum)—All mild zones (inc semi-arid) Balloon-vine (Cardiospermum halicacabum)—All sections Cup-and-saucer Vine (Cobaea scandens)—All sections; Cal especially Gourds (Cucurbita species)—All sections; like heat and sun Air-potato (Dioscorea bulbifera)—All sections; greenhouses in N Wild-cucumber (Echinocystis lobata)—Same as preceding Hop-vine (Humulus lupulus and H. japonicus)—N and temperate zones Morning-glory (Ipomoea species)—All sections Sweet-peas (Lathyrus species)—Cool, humid zones (one perennial species) Ornamental Beans (Phaseolus species)—All sections Star-glory (Quamoclit species)—All medium and long season zones Block-eyed-susan-vine (Thunbergia species)—Mild zones; perennial in S Nasturtium (Tropaeolum species)—All sections exc perhaps semi-arid

AND CULTURAL REQUIREMENTS Home Gardener—Lesson 13

THEIR TYPES, HABITS, CHARACTERS

the Garden

Woody; twining, med tall; fol medium dense, lvs small 5-parted; br fis May Woody, slender, graceful; tendrils; fol dense, lvs finely cut; purple frt Half-hardy; tendrils; tall everygrlings, trailing in N; good on walls; yel fis Tender; tall, quick-growing; tendrils; dense, clean fol; wh fis late sum Woody, very tall, rampant; clinging rootlets; toothed lvs; orange fis Hardy, woody, vigorous, twining; red and orange frts; lvs rounded Native; quite similar, smaller; good on walls, trees, etc. Keep off roofs Woody, tall; tendrils; effective foliage and fluffy wh fis late sum Native; like last but smaller; common along roads, good for wild effects Tender, woody; clinging rootlets; dense small evergr fol, flat on walls Hardy, evergr; dark gr lvs; rootlets; fine for walls, trees, ground cover Woody, evergr; twining, free-rooting; wh and yel fragrant fls; may be pest Native; evergr in 5; like last but fls coral-red; lvs dark, bluish below Native, tall; tendrils and rootlets; 5-part lys, brilliant fall colors Tall, close-clinging by rootlets; 3-lobed lvs; fall color; fine on brick Woody, tall, twining, fast grower; small lvs; foamy masses wh fis Root hardy, top herbaceous; very vigorous, dense; pur fis; soil binder Native, woody, prickly stems; tendrils; open, shiny foliage; black frts Native; strong grower; tendrils; brown hairy lvs; large edible frt Woody hardy; tall; twining; open fol; huge fl clusters, bl, wh, pink Similar, but with fewer leaflets; fls in smaller clusters, violet-bl

Woody, tall, twining; dense fol; profuse yel fls; greenhouses in N Med tall; herbaceous, tuberous root; tendrils; dense fol; fls wh, pink Woody, tall, twining, hooked spines; dark fol; showy rose-pink bracts Woody, tall; evergr (in S); clawlike tendrils; bright yel fls; leathery frts Herbaceous, tall, twining; open fol; blue fls in clusters Tall, rambling, succulent; fleshy rootlets; large ragged lvs; edible frt Med tall; tendrils; odd fls wh, bl, red; some species have edible frts Woody, tall, twining; dense fol; large cup-shaped fragrant, gold-yel fls Woody, med tall, twining; leathery lvs; starry fragrant waxy wh fls

Woody, twining, fast growing; large lvs; brownish fis, fine for screen Woody, strong grower; tendrils; 3-lobed lvs brilliant in fall; ornamental Woody, rampant; tendrils; native; bright gr lvs; small sour frts

Woody, tall; tendrils; fleshy, 3-part lvs; open fol; called marine-ivy Woody, to 10'; tendrils; urn-shaped nodding bluish-purple fls Woody, to 6'; tendrils; thicker lvs; fls similar but scarlet Woody; tendrils; resembling other species but lvs 7-parted; black frt Woody, twining or tendrils; divided lvs; yellow fls; winged frts Herbaceous, twining to 8'; lobed lvs; fls buff and purple in late summer Woody, tall, strong grower; tendrils; lvs hairy beneath; purple frt

Tender, twining; large wh fls at night. Notch seed, start indoors Half-hardy, graceful; wh fls; odd inflated frts with heart-shaped seeds Tender, graceful quick grower; lvs with tendrils; violet fls; large calyx Tender, rampant; tendrils; large lvs; yel fls; frts in many forms Tender, vigorous twining; stem tubers. Related to cinnamon-vine Hardy, fast grower; lobed lvs; wh fls; spiny frts; good screen on arbor Tender, tall grower; ornamental deeply cut lvs; odd papery pods Tender; twining; round, overlapping lvs; many colored fls; fine screen Hardy; to 6'; tendrils; fls in many colors; needs moisture, deep soil Tender; casily grown; twining; fls wh to red; fruits decorative or edible Tender; rapid grower; twining; fls wh to red; delicate lacy fol Tender, to 8'; fls buff and purple; good for baskets and window boxes Tender; quick, profuse grower; tendrils; fls red, yel, orange; quaint pods

E. L. D. Seymour

Decoration by Else Bostelman

is to be clothed, a vine that will cling to the masonry, such as English ivy or Boston ivy, is first choice, although a non-clinging type could be held in place with wires and staples, or flexible wallnails. If an eyesore that cannot conveniently be removed is to be screened off, or an outdoor living nook enclosed, a tall-growing subject with large leaves or dense foliage, such as dutchman's pipe, trumpet-creeper, or morning glory will do the job; but it will require a framework of lattice, rustic woodwork, or wire netting. For a wall of brick, stone, or stucco, reached perhaps by only limited sunlight, English ivy or a climbing strain of euonymus is effective in northern sections; or, in the South, the neat, small-leaved, close-clinging climbing fig. If a rough, rocky slope or a steep bank is to be held in place and covered with plants that will not need much attention, a ground cover, such as Hall's honeysuckle, Virginia-creeper, or native bittersweet, or a sprawling rose of the wichuraiana type, will be attractive and easy to maintain.

The various means employed by vines in climbing should be considered whenever selecting subjects for different purposes. Some merely grow up among supporting objects and "weave" themselves into a trellis, as climbing roses, wisteria. etc. Others deliberately circle their support and gradually tighten their hold as their stems grow and become woody. Highly efficient where a permanent grip is desired, this can prove a' disadvantage; for a vigorous honeysuckle can strangle a sturdy sapling tree in a few years if not controlled. The movement of a shoot in circling an object is slow, of course, but careful watching will reveal its amazing persistence and ingenuity. It will also be seen that, while some plants, as honevsuckle, hop, and the majority of Japanese wisterias, twine clockwise (that is, from right to left), others, including actinidia, akebia, bittersweet, dutchman's-pipe, and scarlet-runner bean, move counter-clockwise; and still others seem able to circle in

either direction with equal facility. A third, equally astonishing,

method of climbing is by means of long, slender tendrils which exhibit an almost human ability to reach out for an object, grasp it firmly and then tighten so as to bring the stem closer to the anchor. In grapes, sweet peas, melons and some others, the tendrils reverse direction in twisting, thus forming veritable coil springs with plenty of "give" as well as remarkable strength. Yet another method of climbing makes use of short, usually branching stem-rootlets which fasten themselves to the flat surfaces of stone, brick, etc. The ivies already mentioned (English and Boston) demonstrate this device and also the fact that if an old, woody stem is pulled loose from a wall, it cannot grow more rootlets and re-attach itself. If the wall is to be re-covered, either the old stems must be fastened to it, or the vine must be cut back to the ground; the new growth can and will develop more clinging rootlets.

The chief value of a vine, as indicated in the table, may lie in the density of its foliage, the shape, pattern, and texture of its leaves, their evergreen nature, or their rich fall coloring, well illustrated in the familiar woodbine or virginia-creeper. It may depend upon the abundance and size of the flower clusters, as in wisteria, or the spectacular color of the blossoms, as in bougainvillea or the "cup-of-gold" of Southern California; their interesting form, as in trumpet-creeper or passion-vine, or some intriguing habit, such as that of the moonflower whose huge, white disks open, as if by magic, in the early evening. And far from least among the attractions of vines are the fruits of many of them, ranging from the bright red and yellow of bittersweet, the pastel berries of the porcelain vine, and the rich purple of grapes, to the spiny, green fruits of the wildcucumber, the pungent, papery husks of the hop-vine and the varied, often grotesque, yellow, green, or variegated gourds.

Happily, most vines are highly tolerant and easily satisfied as to soil, exposure, etc. As with shrubs, the less a vine has to be pruned to keep it within bounds, the more graceful and effective it will be. Cutting back is often necessary, however, to keep rampant growers like bittersweet and trumpet-creeper from ripping off shingles and piling up on low roofs in such dense masses as to prevent normal drying out and induce premature rotting of the roof surface.



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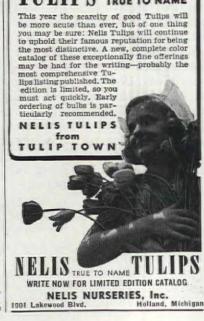
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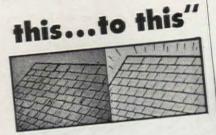
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CAN'T DO A THOUT GOOD

Robert M. Neal

WITH the ownership of a home comes the discovery that the usual renter's tool kit is not adequate. The minute the deed is passed, repair jobs of all kinds gain new importance and urgency, and over the years the cash value of an ability to do them becomes surprisingly large. Left to the plumber (when you can get him!), the fiveminute, three-cent task of putting a new washer in a kitchen faucet may mean a bill of \$1.50 or more. The trouble and expense of getting a carpenter to replace a broken board in the porch or a worn out sash cord may lead to undesirable and even dangerous delay. If you have the skill, gumption, and equipment to do it yourself, there will be economy all along the line, and satisfaction, too. The home owner who does much of his own repairing saves money, discovers a new independence and satisfaction, and, as a result, enjoys his home the more. So, in your budgeting, provide for a collection of

tools that will measure up to man-size work, not a hit-and-miss assortment bought (usually in a hurry) to take care of sudden, trivial emergencies. What you will need will cost from \$20 to \$40 or more, but the investment will pay real dividends; and it

need not be made all at once. However, whenever you find yourself repeatedly in need of some tool you haven't got, buy one-a good one. As you gain experience, you will add other tools to the basic collection discussed here and illustrated above. Topping the "must" list is an honest-to-goodness

hammer with 16 oz. head and good long claws for nail-pulling (No. 1 in those shown above); for real construction work, a heavier (20 oz.) head will drive big nails faster. A first quality hammer costing \$2 or more is the best buy, but for most indoor jobs an intermediate grade at about \$1.25 will probably do. If you have one of those dainty little things often found in a tenant's kit (1a), keep it for tacks and brads. You'll want a saw, of course, and for anything more than doll's furniture be economically extravagant. That is, buy a 24" or 26" crosscut (2) of the highest quality; it will cost \$4 or so, but it will handle better and stay sharp longer than one from the bargain counter. For general use I like one with 8 points per inch; one with 12 or 14 will cut more smoothly, but take longer. Such a saw will cut with the grain as well as across it, but for any considerable board-splitting a ripsaw is a great time

There's one right way to use tools. Here matching corners are cut (1) with back-saw and miter-box: drawn together (2) with corrugated clamp-nails, and (3) secured with a nail counter-sunk with nail set







and labor saver. For fine work, you will need a clean-cutting backsaw (2a) reinforced along the top of the blade; and a keyhole or compass saw (2b) is fine for narrow places. A hacksaw (2c) for cutting metal can be had in several styles for from half a dollar up, and additional blades cost 35 cents a dozen or more according to quality. Get some with 32 teeth per inch for tubing and sheet metal and some with fewer, larger teeth for iron pipe and other coarse work.

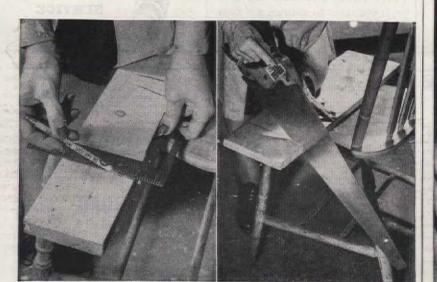
Of the many types of plane, an 8'' or 9'' smoothing plane (3) with a 2'' wide blade costing \$2 or \$3 will be most generally useful. A longer (15'') jack plane is better for truing up long boards, and a small block plane for working across the grain. Useful for trimming and shaping, though hardly essential, is a draw-knife (7) with a blade about a foot long and two handles with which it can be pulled along a board or beam and tipped

much or little so as to cut deep or shallow as may be desired.

A good half-inch chisel (4) is almost indispensable for cutting notches, mortises, etc., and a set of four, ranging from $\frac{1}{8}$ " to 1" or $1\frac{1}{4}$ ", is better. The kind with the handle driven into a socket is much stronger than that in which the stem of the blade is inserted into the handle and held with a metal ferrule. Don't use a hammer on your chisel handles; get a mallet (4a) with a head of hard wood or some composition material.

You may never put a square (5) to all the uses a carpenter finds for it, but you should have one to insure straight cuts across boards, 2x4's, and the like. One with an 8" to 12" metal arm and the other, shorter, of wood will probably serve, but a regulation 2' all-metal square will be much more generally useful. You won't be using a brace (6) every day, so it need not be of the costliest; but let the

To square the end of a board, draw guide line with a square, then follow it with cross-cut saw, with board firmly supported and held



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bits (6a) you buy be of the very best. How many? That's for you to say, but three to start with, cer-tainly, in 11/4", 1/2", and 1" sizes. For larger holes, one adjustable or expansion bit will take the place of several; for shallow holes 1/8" or less in diameter, the bits that come with a rotary hand or breast drill (9) or one of the popular and convenient automatic ratchet hand drills (9a) will do nicely. From \$1.25 to \$3 or more should get you a satisfactory drill, but when you buy new bits, get only the finest. You will, of course, need different bits for wood and metal. The hand drill equipment usually includes a screwdriver bit, but you will probably want (and need) a good set of screwdrivers of different sizes (8). For small, light work, almost anything with a fine enough blade will do, but for heavy duty driving get one that will not bend under pressure, lose its edge, or suddenly pull loose from its handle.

Even if the auto kit includes a sturdy pair of snub-nosed pliers (10) it is well to have another with a long, slim nose (10a) for awkward places; and one made especially for wire-cutting. To restore damaged edges of cutting tools and to shape small metal objects, a grinding wheel (11) is mighty useful; but you will need an oilstone or abrasive sharpener (11a) to put the final edge on keen blades. A strong monkey or auto wrench (12a) opening up to 21/2" is needed for nuts, radiator valves, faucets, etc., but for pipes, a 14" Stillson wrench (12) with serrated jaws is essential. Also you will find plenty of use for a vise. One of the garage or machinist's type (13) in a small \$3 or \$4 size is best for the home work shop; removable pipe-gripping jaws can be had to increase its usefulness.

Among the miscellaneous minor accessories are: a stout oil can (14); folding 2' wooden rule (15) or, if you want to splurge, a 6' flexible metal one; several good files in several sizes, including strap. (16a) and three-cornered, and rat-tail styles (16) with wooden handles to fit: a medium size hatchet of good steel (17), and a nail set (18) for sinking the heads of finishing nails. Most construction work requires a spirit level (19), and a few screw clamps (20) are invaluable for holding glued objects together while drying. Metal-working and masonry are special fields, but tinner's snips (21) often come in handy; and with a pointed mason's trowel (23) and a square smoother (22), simple concrete work, bricklaying, and plastering become real fun.



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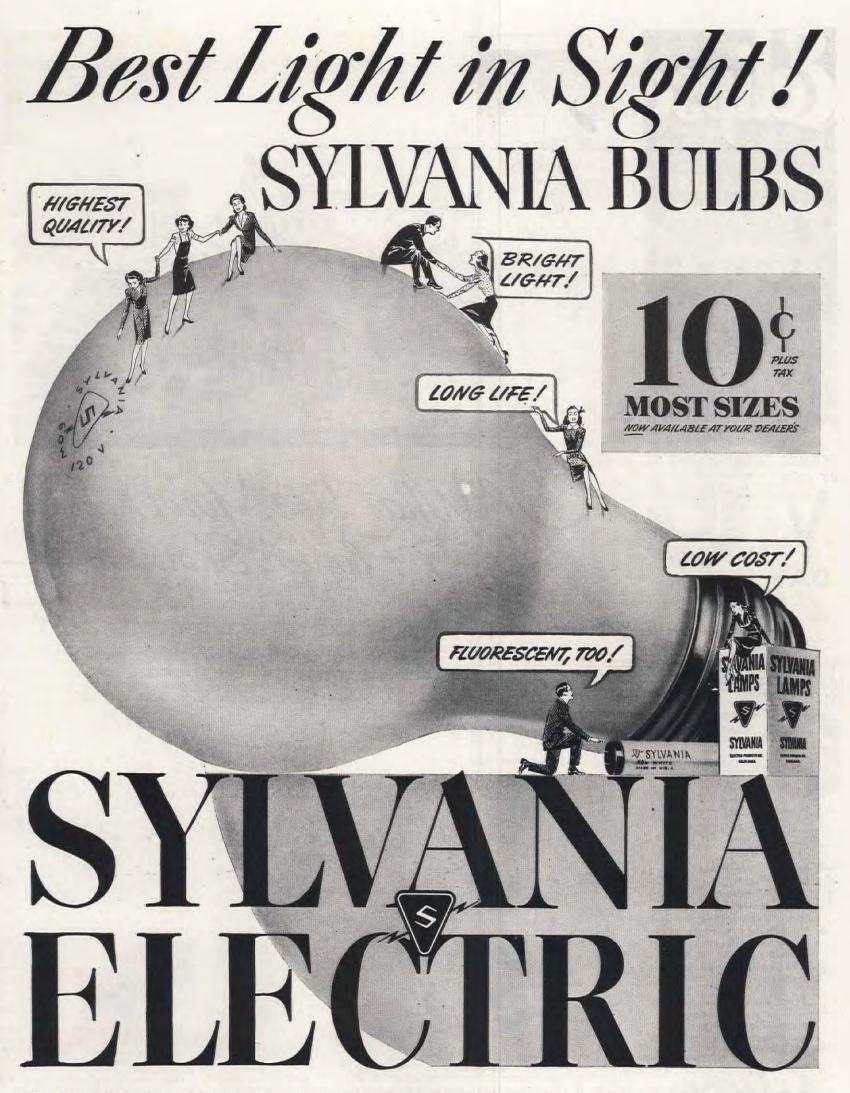




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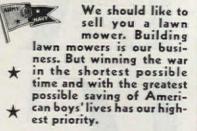
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f What Use, Your Flower Shows?

That flower arrangements are generally hadly done—inexcusably so— I readily admit. But that years of flower show exhibits have failed to educate the average woman in the proper use of cut flowers—that YOU must admit

Jean Austin

THAT nothing is easier than destructive criticism I readily admit. That education is a slow and, at times, discouraging process I as readily admit. But that after years and years of flower shows, with the greatest crowds usually found around the flower arrangement exhibits of these shows, flower arrangements in the average American home remain execrable and the word is not too strong. I find that a bitter but inescapable fact. And I find the answer as inescapable as it is bitter-it must be the method, not lack of interest or a desire to learn the right way.

Personally I cannot imagine a beautiful room without flowers. Yet—in this country are millions of women who love flowers as much as I, who grow them, cut

Three flower arrangements sent us by an artist. We thought them reasonable facsimiles of flower show exhibits, wondered what average woman would do Sketches, Stella M. Perkins

with approximately same flowers and containers, then asked three women of taste, long "exposed" to flower show exhibits to arrange them.

FAR GREATER FOOD VALUE! BIGGER YIELD. FINER FLAVOR! for vegetables grown with

THE COMPLETE PLANT FOOD

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Carefully controlled growing tests have conclusively proved that vegetables are produced in vastly greater

Comes in bags of 100, 50, 25, 10, and 5 lbs., and 1 lb. Feed according to directions.

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abundance when fed Vigoro.

That's because Vigoro is a *complete* plant food. It supplies—not just three or four... but *all* the food elements growing things need from the soil ... *all* the elements for greater yield, finer flavor. Be sure to have plenty on hand at planting time. Order Vigoro *now* from your garden supply dealer.

THRILL, TOO, AT THE WONDERS THIS COMPLETE PLANT FOOD WORKS ON YOUR LAWN, FLOWERS!

Velvety smooth, deep green grass...luxurious, beautiful flowers, fragrant and appealing...Vigoro makes them bigger, stronger, healthier.

Vigoro helps produce more beautiful lawns and flowers the same way it helps make bigger crops of vegetables. It supplies all the elements growing things need from the soil. In vegetables this means greater food yield —in lawns and flowers—extra beauty.

THE SOUARE MEAL FOR ALL PLANTS

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"Derby's flavorful, ready-to-serve Foods take the short cut to a man's heart! With a few Derby items on hand, you can make a meal to bring him running—and wooing —but fast! Quality Derby Foods are thrifty, too, there's no waste motion, fuel... or *time*, girls. No food waste either...So I make the most of every bit of meat I get these days! And when I get Derby ... I get my man!"

Pig's Foot Tid-Bits in mild vinegar. Each baneless Tid-Bit is a pink-and-white morsel of savory goodness...expertly cured and cooked...mildly flavored with choice spices! You'll find every bit wonderfully edible!

DERBY

TAMALES

Chicken with Egg Noodles. Savory chicken cubes — both white and dark meat are added to perfection-cooked golden egg noodles, and then permeated with tich chicken broth to make this coming Derby dish a real delight!



Meaty Tamales with Sauce. Extra-generous meat content! Just temove from jar, heat slowly in a saucepan. Remove wrappers, cut Tamales lengthwise, and pour a tablespoon of sauce over each half. They're deliciously different!



Chili Con Carne • Lambs' Tongues · Ox Tongue • Pigs Feet • Sausage • Frankfurters Tid-Bits • Spaghetti with Meat and Sauce • Lunch Tongue • Egg Noodles and Chicken Dried Beef • Chicken Broth • Chicken • Tamales • Chicken à la King • Corned Beef Hash



Sketches were not seen by "arrangers." Selection of flowers and containers were voluntary choice, no limitations put on amount to be used. Two results you see above-one better than other, yet neither remotely approximates a flower show "exhibit"



Two more arrangements. In judging, remember all three women have excellent taste, have always been exposed to flower shows, expended far more time than average woman has to give flower arranging

Photographs, F. M. Demarest



them—and are unable to use them either correctly as flowers or effectively as decoration. They are the women who faithfully attend every local flower show, are found carefully studying each exhibit. At home, their living rooms are in perfectly good taste. They obviously have a sense of scale and balance and a good color sense. Why then are these same women unable to apply the same basic principles when they arrange flowers?

I do not know the whole answer but I think I know one answer-flower show exhibitors have not been honest in their exhibits. The woman who sits



Put the blame where you will-results speak for themselves. Shudder as you will, they ARE better than arrangements seen in MOST homes! Of what use, I ask, your Flower Shows?



THE AMERICAN HOME, MAY, 1945

up half the night bending a poppy to fit her composition is not arranging poppies-she is remaking poppies. No harm, you say? Not if it were so presented-but great care is taken to put her completely artificial result in a home environment, as though it were really an everyday "home" arrangement. Just so with that garden club member who presents it as a home "table arrangement" or she who seeks for months for exactly the right vase or container. What she presents is a lovely, perfect work of art-but in no sense is it flower arrangement as those onlookers think of it. But, you say, it is not to be copied literally but meant as inspiration? Well, can it be justified as "inspirational" if year after year the average flower show goer cannot remotely approximate it with her own flowers in her own home-unless she is to sit up half a night adjusting and readjusting her flowers or actually spend months seeking the "right" container?

Or is that not the purpose of flower arrangements, to inspire and instruct? If it is not, then why not? Why not hold these exhibits by members for members-why expect the public to support them if they come away with only beautiful memories and fragrance-and cannot carry it into their daily lives? I am willing to be corrected if I've been too harsh in my judgment-but because we, as editors, devote so much space, so much effort to propagating the love of flowers it is disheartening indeed to find so little practical good to have come out of the thousands of flower shows held every year in this country. Before the great onrush of new home building and new gardens in our postwar era, is it too much to ask that when flower arrangement exhibits are held that they give these new homemakers and new gardeners something that they can use? True, they may well get their full money's worth viewing so much beauty but is that enough for garden clubs of the future to contribute? Personally, I don't think so and am both saddened and discouraged. Saddened that so many have seen beauty and so few can use it or have it. Discouraged because garden clubs themselves have cared so little that this situation is so.





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Phoebe Radcliffe

Sketches by Clare McCanna

OUR system is slowing down," warns the voice on the radio. "After thirty-five, take Whoosis' Pills for Constipation!" At any intimate tea where middleaged matrons gather, it is likely to be revealed that three-quarters of them are undergoing treatment for some ailment and most of them are on a diet to improve body functioning. A member of the medical profession recently declared: "Eighty-five per cent of American women suffer from poor elimination."

If poor elimination is Public Health Enemy Number One, why is it so prevalent in middle life? Is its fundamental cause advancing years and the unavoidable "slowing-up" of the whole system? Or is it a habitual wrong use of the body that usually brings it on?

We inherit our bodies from our prehistoric ancestors. When they were hungry they went out and hunted for food. They were constantly attacking or fleeing from their enemies. They had plenty of fresh air and exercise. The "pleasures of the table" were unknown to them. Their stomachs were not burdened by rich, over-refined or highly seasoned foods. Civilized man, on the other hand, leads a very different kind of life-one which is not conducive to perfect health. If we lived like savages we should probably be free of digestive disturbances. Oscar Wilde once said: "How happy we should be were it not for our pleasures!" We might paraphrase that by saying: "How healthy we should be were it not for civilization!" However, civilization has its compensations, for we have developed brains with which to meet and overcome our problems quite adequately.

To understand the effect of modern living upon the body, let us examine the hypothetical case of Miss A. She is a handsome girl of twenty. Her posture is good, her back straight, and her muscles elastic. She often goes to dances and participates actively in sports. She uses her body with freedom and skill. But as time goes on, the pattern of her life changes. At thirty, she has a lively family to care for and is weighed down by responsibility. Or she may be tied to a desk many hours a day, harassed by various business problems. She uses her body differently now. Her muscles are less flexible and she has begun to settle. Her head and shoulders droop and there is a perceptible thickening below the waist. If no steps are taken to counteract her tendency to let the upper part of the body sink down into the lower and to put on weight, we shall find our young lady at forty a heavy woman, with head pushed forward, a roll of fat at the back of her neck, a large diaphragm and even larger abdomen and hips. She will probably be fully an inch shorter than she was as a girl. The curve at the small of her back has become more pronounced and her pelvis is definitely tilted forward. What has happened to the abdominal organs? They are out of position, sagging, "Quick, Watson the little pink pill!"

and too cramped to function very effectively.

At this stage she begins to feel a distinct lack of vitality. She is continually below par. "I must be getting old," she thinks apprehensively. She may experience depressing symptoms such as headaches, indigestion or sinus attacks. So she joins the little band of hopeful matrons who sit patiently in doctors' crowded waiting rooms anticipating comfort.

Many people, confronted by the problem of poor elimination, do not consult a doctor at all, but dash to the corner drug store for a laxative. "Quick, Watson, the little pink pill!"-is their motto. But constipation is not ordinarily an emergency and cannot be successfully treated as one. It is generally chronic, having crept up on its victim unawares. It probably took a long time to develop and will take some time to correct. It is no respecter of persons, insidiously attacking strong men as well as frail women and, in some cases, innocent children. It appears to assail us most often in middle life because Nature, who has been fighting to keep us healthy in spite of our neglect, begins to tire of the struggle. Then the chickens come home to roost and penalties start.

A stove, as everyone knows, will not function properly when clogged with ashes. Neither will the body function well if its waste products are not removed. Thoroughness, as well as regularity, is essential. If a residue is habitually left in the intestines, it becomes poisonous to a shocking degree. Impurities seep into the blood stream, lower resistance and spread infection. Fatigue, frequent colds, sinusitis, arthritis, and many other ills, not excepting heart ailments and cancer, may trace their origin to this sinister saboteur of health that works so insidiously.

Those people who recognize that faulty elimination is primarily a mechanical problem, habitually take some mechanical remedy such as bran, agar, or psylla seed. The bulk needed to keep things moving along the intestinal tract is thus supplied. This practice is not to be decried, but it does not go far enough . . . not by a long shot. The mechanics of the whole body should also be taken into consideration in battling faulty elimination.

The problem of constipation is not a new one. It is as old as Methuselah. But we find that primitive peoples had a solution for it. Their remedy consisted of "massaging" the in-

GREAT DECISION...

A MAN THINKS deeply before he asks the one he loves to share his future for better or for worse. For no decision he can ever make will more completely affect his life and another's than to become engaged and to marry.

A man wants everything in the world for his beloved wife, and means to have it. And yet he knows that many unexpected things may happen. So he makes another important decision to protect her for always with insurance on his life. He knows that through Prudential life insurance, her whole future can be made more secure. And, if there are children, their lives as well as hers will be more free from the possibility of hardship and want.

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Prudential policies have been especially designed for family needs. He will help you decide which kind of protection you should have, and which payment plan is best suited to your circumstances. Call this Prudential representative today, and have a friendly talk with him.

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THE FUTURE BELONGS TO THOSE WHO PREPARE FOR IT THE AMERICAN HOME, MAY, 1945

Sleep tight SET MUUR, INUTANA Summer nights ... Lady Seymour Jummer Lights

Lady Seymour all wool "Summer Lights" are made for those midsummer nights that so often turn capriciously chill. Your choice of delicate dream pastels, rayon satin bound. Quantities are limited in your favorite store, so until you can buy them to your heart's content once more, give your Lady Seymours very loving care.

Here's Natural Beauty For Your Home

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ALL WOOL BLANKETS

SET NOUR WOOLEN MILLS

Wse Cabot's Shingle Stains to bring out the natural beauty of wood and preserve its loveliness for years! Cabot's Stains won't peel or blister-cost less than paint-give maximum protection-come in a variety of colors from clear, brilliant hues to weathering grays and browns!

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Cabot's SHINGLE STAINS Heavy-Bodied Creosote Ernest Gunnar Peterson, Architect



testines by special exercises. We should be wise to adopt this method. The exercises are simplicity itself and bear fascinating resemblance to the a "danse a ventre"-the hoochi-koochi -which so shocked our grandmothers when first it broke upon the western world some few generations ago.

Not all cases of poor elimination can be cured by exercise, but it is safe to say that a large percentage of them will be benefited. The intestines will be kneaded, abdominal muscles strengthened and their muscular tone greatly improved. If deep breathing exercises are added to the abdominal, the body will come into better alignment, and the abdominal organs gradually regain their normal position. Deep breathing also promotes circulation and the movement of the diaphragm gently massages the digestive system. Muscular tension in the abdomen is relaxed, the diaphragm no longer bears down unduly on the abdominal organs and they have space in which to act. It is only common sense to take advantage of Nature's own laws to accomplish our ends. The chances of success are great, for she is ever glad to assist, her erring children when they cooperate with her. And if you will think back, you will have to confess that we don't give her really full cooperation very often!

To be effective, exercises should be performed regularly over a considerable period of time. Posture, too, needs to be constantly checked as poor body alignment handicaps one's efforts. Most women already spend much time on the care of skin and hair. If they would devote five minutes a day to abdominal exercise, and five to deep breathing, they might find they had discovered the secret of a clear complexion, a bright eye, and the irresistible beauty which is founded upon radiant health. Trite as the expression may be, there is no gainsaying the fact that you must feel well to look well and sparkling.

If you contemplate a campaign to improve elimination through exercise, there are a few things to bear in mind. First, as a precaution, consult your physician in case (heaven forbid!) there should be something organically wrong. Remember that what you eat is most important. Nutritionists recommend for laxative purposes a diet full of vegetables, especially those which have a soft woody fiber-for roughage-and much fruit both raw and cooked. Some foods are more laxative than others-such as figs, prunes, grapes, apples, buttermilk, and so on. Whole grained cereals are preferable to the refined variety. It is also essential that you drink eight glasses of water a day, beginning with two before breakfast. The digestive tract needs a large quantity of water to do its job properly. Be wary of sugar and starch unless you are very active physically. Whenever you are out of doors, breathe deeply. The habit of deep breathing will not only improve posture and digestion but the oxygen taken into the lungs will help purify the blood. Many basic





for women who get impatient

with belts, pins and pads!

THE ANSWER IS TAMPAX — whether you're impatient because you're busy and active, or careful and fastidious, or just plain *vain*.... When you wear Tampax, the difference is amazing. For this newer method of monthly sanitary protection is based on the principle of internal absorption—and discards belts, pins, external pads or any outside bulk whatsoever!

TAMPAX IS INVISIBLE when it is in place and it *does not remind you* of its presence. No odor with Tampax, no chafing, no bulges or "edge-lines" to show under skirt, shorts or slacks. ... Tampax is dainty to wear in tub or shower and when summer comes it can be worn in swimming.

PERFECTED BY A DOCTOR, Tampax is made of pure surgical cotton compressed into ingenious applicators. Your hands need never touch the Tampax. Changing is quick and disposal easy.... Sold in 3 *absorbencysizes* (Regular, Super, Junior) at drug stores and notion counters. A whole month's supply (average) will go into your purse. Tampax Incorporated, Palmer, Mass.



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exercises given in schools, gymnasiums and in the magazines, are of great value in strengthening the abdominal muscles. For instance, there is one in which you lie flat on the back, then rise to a sitting position without help from the arms. In another, while lying on the back, you raise the legs to a perpendicular position. Then there are the familiar knee-chest, cat and bicycle exercises. Some of these could be added with profit to your daily program. It is better, however, to attempt little and keep it up than to try to do too much, become overtired, and give up in disgust. The exercises listed here are designed to hit the crucial spots in the most effective way without too much labor for you!

On the mental side it is important to think constructively, as nothing affects posture more adversely than discouragement and depression. Anxiety and worry are equally undesirable as they cause nervous and muscular tensions. Enjoy your exercise period, be faithful to your regime, and visualize the triumphant results of your efforts. For what satisfaction is there in life comparable to the possession of robust health? Remember: "An exercise a day keeps the doctor away!"

Exercises

1. Stand erect, relaxing all tensions, feet together, arms hanging at sides. Take a deep breath. Contract the abdomen, as though pulling it up under the ribs. Then extend it as far as possible. Do as many contractions and extensions on one breath as you can, then take another breath and repeat. Begin by doing 8 and work up to 25 or more, in about three months.

2. Stand with feet about 16 inches apart, knees slightly bent, arms held easily out to the side. Rotate the hips, extending them to the side, front, other side and back in a smooth, even circle. Keep the heels down and avoid tensing any part of the body. Begin with 8 in each direction and increase gradually to 25.

3. Stand erect, feet together, arms out to the side. Place weight on one leg and rotate the other hip, up in front and down in back, allowing the heel to come off the floor as the hip draws it up. Do with alternate hips. Begin with 8 circles with each hip and increase to 25. Wait an hour or more after eating or drinking before doing the exercises above.

4. Stand easily in good posture by an open window and take a deep breath on 8 slow counts. At the start of the breath extend the abdomen, next widen the ribs, then lift the chest, allowing the abdomen to be drawn in and up at the end of the breath. Contract the abdomen as you breathe out on 8 counts, leaving the chest high. Inhale through the nose and exhale through the mouth. If you become dizzy or fatigued, stop and rest. Begin with 8 breaths and work up to 16 or more, gradually increasing the number of counts upon which you inhale and exhale. Think constructively to help avoid nervous tension. Your daughter wants to know but hates to ask...

> about these intimate physical facts

It's your sacred duty to instruct your daughter how important douching often is to womanly charm, health and happiness. It may spare her years of unhappiness in her married life ahead.

But first—make sure your own information is just as modern, up-to-date as it can be! And it will be if you tell her how important Zonite is for the douche—how no other type of liquid antiseptic-germicide of all those tested is so powerful yet so safe to delicate tissues.

Smart Young Brides No Longer Use Weak Or Harmful Preparations

Certainly no well informed mother would think of telling her daughter to use weak, old-fashioned, homemade mixtures. Because these DO NOT and CAN NOT offer the great germicidal and deodorant action of *modern* Zonite.

On the other hand don't go to the other extreme and use overstrong solu-

Lonite

feminine hygiene

tions of harmful poisons which may burn, severely irritate, harden or damage delicate tissues. With Zonite you take no such risk!

Discovery Of A World-Famous Surgeon and Renowned Chemist

Zonite *instantly* destroys and removes odor-causing waste substances. Helps guard against infection. It is so *powerfully effective* that no germs of any kind tested have ever been found that it will not kill on contact. Of course it's not always possible to contact all the germs in the tract. BUT YOU CAN BE SURE OF THIS! No other germicide kills germs *faster* or *more thoroughly*. Zonite kills all *reachable* living germs and keeps them from multiplying.

Despite its great strength—Zonite is so safe to delicate tissues you can use it as directed as often as you wish without risk of danger. All drugstores.

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Choose a powder base to blend with your skin—a powder ever-so-slightly darker. For best results, use the base sparingly

s face it? Set's face it? let's face

F you have finally decided that now is the time to come to the aid of your face with some of Mother's best and most fascinating make-up, then hold everything! There are a few things that you really need to know before going into the matter pell-mell and shocking the entire family into a state of speechlessness. First of all, remember that the keynote to beauty is naturalness . . naturalness of line, naturalness of color. You just can't hide the face you were born with under a bushel of artificialty no matter how hard you try. So why try? Instead, follow the timely tips of make-up expert Jack Dawn from Metro-Goldwyn-Mayer. In the illustrations below he shows you how to study your own face and further your looks with make-up. Result: a face as perfect as any you'll see at your neighborhood theater. Moral: If you watch your make-up very carefully you'll be one of the few in the gang who knows how to force cosmetics to do a full job for you.



Apply powder with a fluffy puff, then dust it off again. Make sure no glaring particles are left to displease the eye



When applying rouge, note your particular defect. Then experiment with correct application until you know where to place rouge



In applying lipstick, dry lips and outline shape with brush. Fill in area with lipstick and go over it several times



Let lipstick set before placing tissue on mouth to make edges firm. For glossy effect powder lips and reapply lipstick

80



Keep a natural eyebrow line. If your eyebrows need to be thinned or pencilled in, use perspective in your method



Use mascara carefully on a not-too-wet brush. Point bristles down, then draw upward. Apply lightly on lower lashes

111



Stamp Champ! He's sold more War Stamps than any boy in school. Now he's drifting into the sleep of the just—on the heavenly-soft luxury of Beautyrest, made by Simmons.

If you own a Beautyrest today, you're lucky. For Beautyrest has 837 individually pocketed coils, and a sagproof border. Guard your Beautyrest well! No telling when you can buy another! We're still neck-deep in war work. If you feel that you *absolutely* must have a new mattress now, we suggest our WHITE KNIGHT. The "mattress-within-amattress"—soft, durable, with layer upon layer of fine, resilient cotton. It's *really* comfortable! \$39.50. GREAT NEWS! The Government has allowed us to make a limited number of Beautyrest Box Springs at \$39.50 each.

BEAUTYREST—The World's Most Comfortable Mattress!



For She's to Be Queen of the May

Helen Emily Webster

Maypole centerpiece, favors, etc., executed by Dennison Mig. Co.—Tablecloth, courtesy of Irish Linens-Glassware, "Canterbury" by Duncan-China, Syracuse China, Briarchiff pattern, m/g. by Onondaga Pottery, Inc., Flatware: "Stradivari", R. Wallace & Son-Silver tea service, I. Freeman & Son, Inc.—Furniture, Charak Furniture Company-Candles, Will & Baumer

Photographs by F. M. Demarest

UF ALL the showers that bloom in the spring, tra-la—to steal a note from the delightful operetta-that which is most in tune with the essential party spirit of frivolity is the one you give of a May Day. Have your guests come early, for luncheon, and make it a royal occasion with the honoree crowned Queen of the May and enthroned at the head of the table. Make her crown a light one of flowers and her scepter a miniature Maypole. You might like to move the table out on the terrace or lawn. If this does not fit in with your plans or the weather, place it close to a sunny window and fill every available vase with flower sprays. The centerpiece shown is a really elaborate but easily constructed Maypole with alternating short and long streamers extending to the nosegays at its base and to May baskets at spaced intervals farther out. Pink and green, the party colors, are carried out in the first course, the avocado basket, shown in the photograph. The avocado is cut in half lengthwise and a narrow strip which forms the handle is attached with toothpicks to the "basket" at either side. The avocado should be peeled. Decorate the basket with several maraschino cherries or strawberries at one handle juncture and fill the seed hollow with sections of pink grapefruit. Melba toast goes well with this appetite teaser-and nicely dodges the butter problem. For the balance of the menu you might like to serve tongue rarebit



on toasted English muffins with asparagus tips, and, for dessert, Angel food squares frosted in pink. When the coffee is served your guests will dip into the May baskets for gumdrops or pink-andgreen mints for the finishing touch.

Before we go any further with our party plans, you will want somewhat more detailed instructions for the decorations. That elegant Maypole centerpiece is merely a mailing tube wrapped with a ribbon of Nile green crepe paper. Its prop is literally an 18-inch tall candle, in a glass or cardboard holder, over which the tube is slipped. The top of the tube is notched and a wire ring suspended from two finer wires which fit into the notches. Just follow the sketch. To make the streamers cut (across the



The Invitation

For she's to be Queen of the May, you know, For she's to be Queen of the May. At a May Day Shower for the Girl of the Hour We'll crown Amy our Queen of the May.

> One o'clock is the hour for lunch, you know Of course, Tuesday, the first is the day. If the weather is pleasant, come at noon with your present, And we'll then crown our Queen of the Mayree

1. Join ends of 36" long wire to form Maypole ring. Wrap wire with narrow strip of Nile green paper. Suspend with two line crossed wires

FOLD

2. Fold petal in half. Shirr folded edge over knitting needle and slip on spool wire. Remaxe needle. Twist-wire to hold petal base from m place

3. Separate two halves of the flower, place thumbs near the center of one petal and forelingers close to the edges, as shown, to flare into shape

GRAIN OF CREPE PAPER

5. Wrap hinged strip 2" x-18" around flowers. Push through center 4" doily

5

4. To make the leaves, wrap stem with $\frac{1}{2}$ crepe paper strip. Then wrap in 2 leaves 1" down the stem



"Send for booklet "Don't Let the Scales Scare You"

VITAMIN CAPSULES (VITAPETS)



grain) an equal number of pink and

green strips of crepe paper, one of each color for every guest. Each strip

tom of hanging May baskets. One way in which it might be done effectively is to ask all guests to bring their gift in a decorated little basket. All together they will proceed to the home of the honoree, ring her doorbell, run to hide, leaving their May basket gifts on the doorstep. It is up to the honoree to find each giver before she may explore the contents of the basket which has her name on its tag. The surprise packages opened, she will be crowned and escorted with all due ceremony to the home where the party is to be held. This and any games you can think of will be appropriate. If you don't arrange for your guests to present their gifts in small May baskets, then have the honoree discover the "loot" in a huge May

basket-any you have on hand or can borrow which has been decorated for this purpose. This is not an ordinary shower, so carry your May theme right through to the happy end.



Your child's lovely hair will be

your reward for the care you give it. And for the finest care, shampoo it regularly with Packer's Tar Soap.

Three generations of mothers have depended on Packer's to care for children's hair and scalp. No soap is safer or more gentle. And its quick, thick lather cleanses so thoroughly ... rinses so easily.

What's more, your child will like its rich pine-cone color . . . its fragrant pine-woods smell. And remember, shampoos with Packer's average only about one-fourth the cost of bottled shampoos. Get a large 25¢ or 10¢ cake today.

Shampoor for less than a penny





INDIVIDUAL or FAMILY You are eligible for this low cost Protection from birth to age 70..., without medical examination. The famous North American Plan is sold direct at a saving to you. The Com-pany is under the super-vision of the Insurance De-partment. BE PREPAREDI Sickness and accident strike suddenly. Insure now. Send for free details at once. No Agent will call.

FREE! MAIL COUPON NORTH AMERICAN MUTUAL INSURANCE COMPANY Dept. AH5-5 Wilmington, Del.

TIME LOST from WORK

LOSS OF LIFE

WAR COVERAGE and other valuable benefits

Please send me, without obligation, details about our "3c A Day Hospitalization Insurance Plan". Your Name..... Address..... City.....State....





To quickly relieve corns; sore toes, callouses, tender spots, bunions, instepridges, chafed heels—use this su-perior type, fiesh color mole-skim—Dr. Scholl's Kurotex. Prevents blisters. Stays on in bath. Economicall At Drug, Shoe, Department and 10¢ Stores.

Dr Scholl's

KUROIEX



S.I.A.E.I.G.H Our Pages But...

WE CAN supply you with mighty helpful information in booklet form. These booklets and leaflets supplement many of the valuable articles already published on our pages and are useful sources of information to have in your home reference file.

Gives the answers to planning your canning, many favorite recipes for pickles and relishes, directions for home dehydrating and brining.

HOME STORAGE OF YOUR FOOD CROPS #165 20¢ Tells what crops can be stored, gives the basic rules for storing them, and the modern methods of storage plus constructive data.

12 of them chosen for their special merit, like tomato soup spice cake and that stand-by chocolate cake.

THE KITCHEN KETTLE #1226¢ What to look for in buying pots and pans-how to care for them to prolong their valuable lives.

VITAMIN HEALTH PARADE #103...6¢ Why you need an adequate supply of vitamins in the daily diet and how you can get it. Outlined in brief.

THERE'S LIFE IN THE OLD Helpful hints for turning the old into something new and different.

FAIR AT FORTY #159 10¢ Tells what to do for face, neck, hands. and hair to keep young and pretty.

Analysis of your type and colors you should wear and use for make-up.

GASLESS VACATION #132 6¢ Uncle Sam has asked us to avoid unessential travel this summer but those who are near scenic waterways are lucky, for they can paddle their own canoe. Where to go and how by canoe.

OUTDOORS ON YOUR

OWN #164 Reveals and describes the sources of pleasure and recreation and warns against the dangers that lurk along the highways and byways a free people should explore, employ and enjoy.

Order by number and send remittance (no stamps please) to: The American Home

55 Fifth Ave., New York 3, New York





Don't blame your son, mister, if he shies away! Even his little nose can't take your... Denture Breath. Avoid offending this way. Don't trust brushing your denture

with ordinary cleansers that scratch plate material. Such scratches help food particles and film to collect faster, cling tighter, causing offen-sive Denture Breath.

PLAY SAFE - SOAK DENTURES IN POLIDENT DAILY

It's Easy! It's Quick! Soak your plate or bridge in

Polident fifteen minutes or overnight . . . rinse . . . and it's ready to use. A daily Polident bath gets into tiny crevices brushing never seems to reach-keeps your plate sparkling clean and odor-free.



What's more...your plate mate-rial is 60 times softer than natural teeth, and brushing with ordinary tooth pastes, tooth powders and soaps often wears down the delicate fitting ridges designed to hold

your plate in place. With worn-down ridges, of course, your plate loosens. But, since there is no need for brushing when using Polident, there's no danger. Besides, the safe Polident way is so easy and sure!



Later-Now it's real fun-for Dad and son! No offen-**Later** Now it's real tun—for Dad and son! No offen-sive Denture Breath to spoil that precious partnership. He's one of the delighted millions who have found Polident the new, easy way to keep dental plates and bridges sparkling clean, odor-free. If you wear a re-movable bridge, a partial or complete dental plate, play safe. Use Polident every day to help maintain the original natural appearance of your dental plate. Costs less than $1 \notin$ a day. All drug counters; $30 \notin$, $60 \notin$.



Use POLIDENT Paily TO KEEP PLATES AND BRIDGES CLEAN ... AND ODOR-FREE!







YOU'RE right when you decide that postwar window treatments for homes will be different. It's smart to plan for window decoration that gives you both beauty and usefulness . . .

Glass curtains on smooth-working Kirsch traverse (draw cord) rods to control light... draperies hung from faultless Kirsch traverse equipment to regulate ventilation ... easily drawn draperies that overlap to insure snug privacy.

Go ahead, plan and dream. We're planning too, planning to help you make your windows a joy forever when drapery hardware can again be made available.



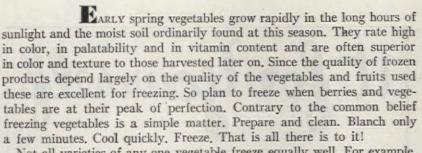
SOLD IN PEACETIME BY 30,000 STORES FROM COAST TO COAST

REELING Spring Fruits and Vegetables... Now is the time to store them in their young and tender perfection **Donald K. Tressler**

Photographs courtesy of General Electric Company

in boiling water 45-60 sec. depending on the size of pea

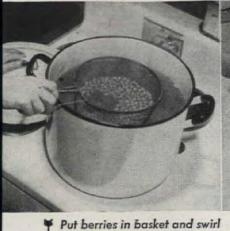
Blanch small amounts of peas Chill peas quickly (about 5 minutes) in cold running or ice water to conserve nutrients, flavor and vitamins



Not all varieties of any one vegetable freeze equally well. For example, Mary Washington and Martha Washington asparagus are superior to other kinds. In peas, Thomas Laxton, Dark Podded Thomas Laxton, Telephone or Alderman, Miracle, Teton, Glacier, and Gradus make an especially fine frozen product, though all the dark green varieties give good results. Hollandia, King of Denmark, Viking, Virginia Savoy, and Nobel are considered the best spinach varieties although others are acceptable. MacDonald, Ruby, and Linnaeus rhubarb are somewhat superior to others; however, any red-stemmed variety is excellent. Choose a firm, dark red, tart variety of strawberry for freezing. Klondike, Missionary, and Blakemore are favorites in the South and Dunlap in the Midwest; Vanrouge and July Morn are recent varieties especially adapted to the East, and Redheart, Marshall, and Corvallis are leaders in the Pacific Northwest. Always plan to use freshly picked, fully ripe strawberries.

Rectangular end-opening cartons equipped with moisture-proof bags are good for this type of vegetable

Vegetables should be packaged vapor-proof by heat sealing. Note the cheesecloth-covered sealing block here



vigorously in ice water. Then

hull, pick over, and sort



container leaving 1 inch of head room

Place whole berries or sliced fruit in Pour chilled syrup (41/2 cups sugar to 1 pint boiling water) over the strawfor the expansion in freezing berries berries so that they are barely covered

With china marking pencil or crayon indicate contents, date packed, and the name and locker number if stored



One pound of spinach is enough to prepare at one time. Wash and cut off stems

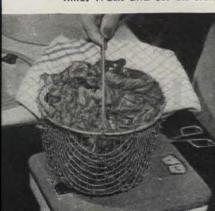




minutes to reduce the temperature Tamp lightly so greens are compact freezer tight; allow air circulation



Blanch in boiling water 150 seconds Drain a few seconds, squeeze gently For rapid freezing, place warm pack-and plunge in cold running water 5 and package, filling carton full. ages against walls. Do not pack









"I <u>shouldn't</u> let you look yet, but...

NCC

"This will be the new post-war AVCO kitchen range.

"Right now nobody owns one. Right now, all our AVCO plants, like other companies. are full up with war production, including the famous Lycoming Airplane Engines, American Propellers and precision aircraft engine parts.

0 33330

"But to keep our plants and workers employed after the war, we'll need to make something else besides. So this AVCO range is one of a whole line of wonderful new AVCO household appliances, ranging from electronic AVCO Automatic Door Operators to great new home heaters by our Spencer Heater Division.*

KITCHLN

"Now as to this AVCO range. It isn't just another good range. It's a new kind of range. Underneath that good-looking finish is a new structural idea in ranges that makes a stronger range, and at the same time permits more luxury features at a whole lot less than a luxury price.

"As we say, we aren't producing these new AVCO ranges yet. Can't, until Uncle Sam is ready to say go ahead. Then we're all set—all set to make some post-war jobs in AVCO home appliance plants—all set to help make better post-war homes thanks to AVCO appliances themselves!"

Copr. 1945, The Aviation Corp.

AVCO

AAKERS

OF

THE AVIATION CORPORATION

NEW YORK 17, N. Y.

Manufacturing Units LYCOMING DIVISION AMERICAN PROPELLER CORPORATION REPUBLIC AIRCRAFT PRODUCTS DIVISION SPENCER HEATER DIVISION NORTHERN AIRCRAFT PRODUCTS DIVISION

Subsidiary and Associated Companies

AMERICAN CENTRAL MANUFACTURING CORPORATION NEW YORK SHIPBUILDING CORPORATION CONSOLIDATED VULTEE AIRCRAFT CORPORATION

* * * All The Aviation Corporation Divisions, Subsidiaries and Associated Companies are 100% on War Work



TODAY she's on active duty all over the world TOMORROW she'll bring you amazing new appliances for better cooking and heating

•Of course war work continues to come FIRST for Florence. But as rapidity as the war permits, Florence will again produce all of these types of appliances.

Take a

peek:

UNTIL final Victory on all fronts, Florence is proud of the opportunity to help arm our fighting men everywhere. Men and women in uniform throughout the

world have written "love letters" to Florence saying how much they look forward to coming back to their jobs. Florence will welcome them and *thousands* of their comrades. Florence will need them to help make new production records. As new FLORENCE ranges and heaters once

As new FLORENCE ranges and heaters once more become available we believe you owe it to yourself to "meet FLORENCE."





Wash asparagus, cut in lengths to fit the cartons compactly, put in basket and steam in improvised steamer for 3¹/₂ to 4¹/₂ minutes



Thorough and quick chilling is an important step. A good rule is to allow 1½ times more chilling than blanching time for asparagus



For packaging use rectangular carton with moisture-proof lining and fit asparagus neatly into carton. Cover with cellophane and seal



Freeze products as soon as possible; any delay is dangerous and may often be the basic cause of spoilage, deterioration, poor color, or an unappetizing or off-flavor

New Orleans Molasses Milk Shake



Brer Rabbit GOLD LABEL Molasses

Light colored, sweet, mild... has the flavor children go for

No need for Commando tactics to get your youngsters to drink their milk. Just add delicious, iron-rich Brer Rabbit Molasses! Children love its flavor.

Gold Label Brer Rabbit Molasses is the highest quality, fancy, light colored New Orleans Molasses—sweet and mild. Full of the luscious flavor of Louisiana sugar cane. A delicious table treat—on pancakes, waffles, French toast, cereal... and as a spread for bread.

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60

If you prefer a dark molasses, get Brer Rabbit

Green Label Molasses, especially recommended for

and for a full flavored,ironrich milk shake.



THE AMERICAN HOME, MAY, 1945

War-Busy Homemakers agree **"THERE'S A LIFT TO LIVING** ELECTRICALLY"



"What a timesaver my electric Refrigerator is ... I only market once a week and buy everything we need," says a busy War Bond volunteer.

"Often I'm gone all afternoon, and my automatic electric Range has dinner ready when I get back," says a canteen worker.



"I'm much too tired to do dishes after my job at the war plant, but my electric Dishwasher takes over . . . pans and all," writes another.

"I can cook anything in my electric Roaster," says a war bride living under handicaps near her husband's army camp.

"I'd never be able to keep the house clean without my Vacuum," says a 6-day a week worker in a war plant.

and the set

A crew of electrical servants like these gives any woman a "lift" with her housework. A lift *doubly* appreciated these days when homemakers are busy with so many extra tasks.

"We've more time for our war activities, more time for the family, more time to relax," they exclaim. "To say nothing of more energy for the dozens of things we want to do. All this, thanks to the wonderworking magic of our electric appliances!" Someday... these "home front helpers" that banish the grief in

housekeeping will again be available. They'll add hours more free time to a woman's day...do all manner of household tasks with a mere flip of a switch.

But at Westinghouse, war work comes first ... and must, as long as it's necessary. Meanwhile we dream ... along with you ... of the day when all America will know "the Lift of Living Electrically!" WESTINGHOUSE ELECTRIC & MANUFACTURING COMPANY Plants in 25 Cities • MANSFIELD, OHIO • Offices Everywhere

Tune in: John Charles Thomas • Sunday 2:30 EWT., N.B.C. Hear Ted Malone • Mon. Tues. Wed. Evenings, 3lue Network "Breakfast takes half the work and half the time with my electric Toaster and my Coffee Maker," says the wife of an essential warworker.

30 MILLION PRE-WAR

Westinghouse

ELECTRIC HOME APPLIANCES

YOUR PROMISE OF STILL FINER ONES TO COME



MAKEITEASY!

PART 1 APPETIZERS, SOUPS, MAIN DISHES, BREADS

Julia Bliss Joyner

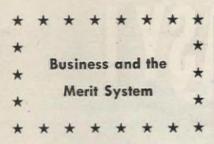
EVERY housewife can be an enchantress, a Lady Aladdin. One visible sign of her magic may be found in the array of canned, frozen, packaged, and other foods now available in spite of the war or maybe because of it. When tin cans cease to go to the front combat zone, more witchery can be expected, adding to the kind we know already and practice almost daily.

We are now only opening the door upon a new quickmeal era. The possibilities that lie ahead are endless. The day of the domestic drudge is doomed. We believe that housekeeping can be and should be fun, that it should grow

easier and easier, better and better, more scientific and less accidental. We believe that the preparation of three meals a day need not be routine but may become adventure. Of course, that may put it squarely up to you. But everybody can who will.

Let's look at two pictures. We have all heard of the delicatessen wife of other and fatter days and maybe have met one or two versions of her. Though warm-hearted enough in other respects no doubt, she was too fond of cold food bought in a hurry at the corner along with a mound of potato salad and a can or two of something or other, which took only five minutes to heat

Photographs by F. M. Demarest



American business is more than bricks, mortar and equipment. It is above all a philosophy of life.

Its fundamental credo is the merit

system. The task of the supervisory forces in any business is to ferret out merit, and to reward ability.

Merit has two aspects, first the quality of work done and secondly, the quantity. Management encourages workers to excel in both respects, and superior tools and mechanical energy, provided out of the savings made availby stockholders, help the human worker to become more productive.



Under the American system, the alert office boy can well hope to rise as high on the business ladder as merit can take him.

He is not handicapped by his father's status, or by other extraneous factors, which restrain an ambitious person

where the caste system prevails. In judging merit, the business execu-tive acts as a middleman.

He must submit his decision to the customer for ratification.

It is the customer's judgment as to whether the end product is meritorious which counts. If the customer approves the price, quality, design, and taste, he expresses his approbation by making a purchase.

Thus the large and successful enter-prise is the one with a big following of pleased customers.

But bigness provides no exemption from the obligation to continue to make good under the discipline of the merit system.

In the 76 years of its existence, Armour and Company has observed many large and small business institutions come and go.

The rate of mortality among business enterprises is high.



Hitherto successful business houses tend to wither and fade away once they become complacent, and cease everlastingly to produce more and better things at the lowest possible cost.

But there is zest in the competitive struggle.

It keeps the fit on their toes

And the reward of continuing confidence from a vast array of customers through the long years is indeed a bountiful stimulant.

Cabastwood

President, Armour and Company

Last of a series of ten statements on the American system of free enterprise which makes possible such institutions for service as Armour and Company. For the complete series, write Armour and Company, Union Stock Yards, Chicago 9, Illinois.

How to make two new dinners with one slice of tender, sweet **Armour's Star Ham**

Here's a trick that doubles your enjoyment of a single slice of Armour's Star Ham. And it's a good trick to know now, when so many of these famous hams are needed for our armed forces and the civilian supply is limited.

For the first meal, broil a thick slice of Armour's Star Ham and serve with banana scallops. For the second, use the recipe given here to turn the leftover ham into a wonderful-tasting

mousse. It's the kind of filling main-dish salad men really go for!

When you get a slice of Armour's Star Ham, you know you are getting the best in flavor and tenderness. Each Armour's Star Ham is carefully selected ... then sugar-cured and slow-smoked over hickory and hardwood fires to bring out all its special goodness.

Watch for more recipes from Armour's kitchen next month.

Broiled Armour's Star Ham Slice with

Banana Scallops

11/2 inch thick slice Armour's Star Ham Scallops:

3 bananas, not too ripe 1 Cloverbloom egg Star Lard

Armour's

TAR

LAM

Smoked

Cook before Eating!

11/2 tsps. salt 1 cup finely crushed cornflake crumbs

To broil Armour's Star Ham: Score fat edges. Lay on broiler rack set 4 inches under moderate heat and broil 25 minutes, turning once.

Scallops: Peel bananas and cut into 1 inch lengths. Beat egg and add salt. Dip banana pieces first in egg, then in cornflake crumbs. Fry in deep Star Lard heated to 375°F.for 11/2 to 2 minutes. Serve hot with ham. Serves 4 and provides enough leftover ham for the mousse recipe.

Listen to Hedda Hopper's Hollywood, Every Monday Night over CBS, See Local Paper for Time.



C ARMOUR AND COMPANY

Armour's Star Ham Mousse

2 cups cooked Armour's Star	1/4 cup thin cream
Ham, ground	1 tbsp. prepared
l thep. plain gelatin	mustard
2 cup cold water	1 tbsp. lemon juic
1/2 cups boiling water	1/2 cup mayonnais
3 oz. package Cloverbloo	m cream cheese

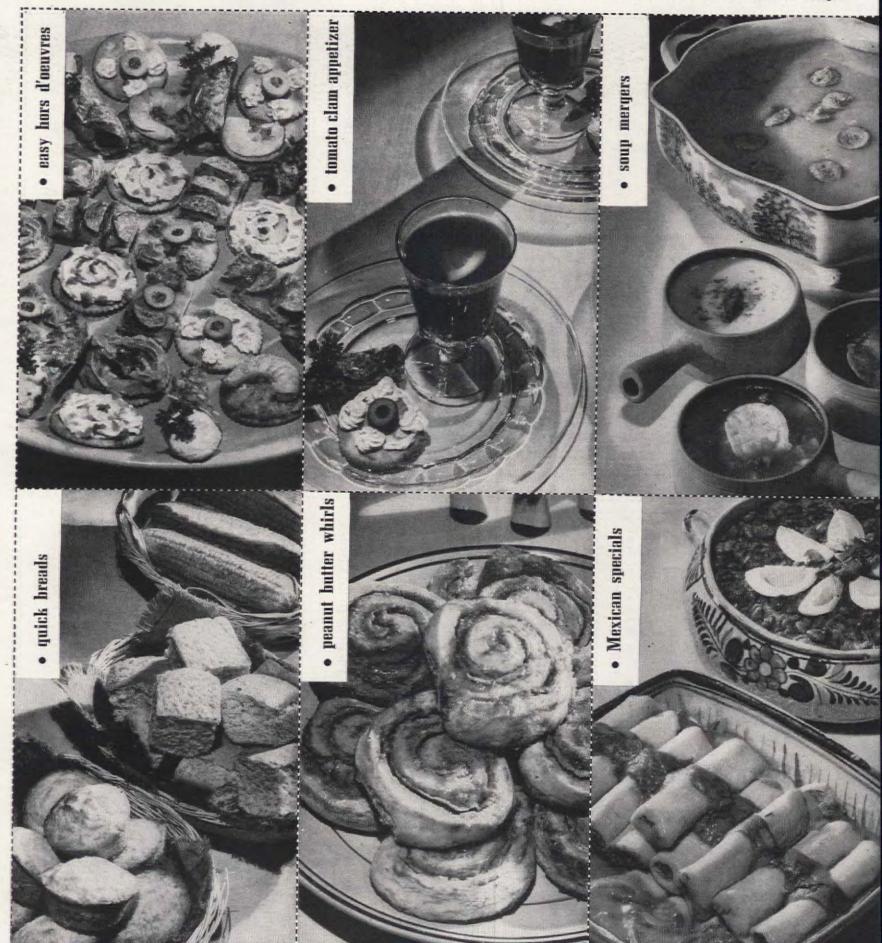
Soften gelatin in 1/2 cup cold water. Then add 11/2 cups boiling water and stir until dissolved. Mash cream cheese and blend with cream, mustard, lemon juice and mayonnaise. Slowly add gelatin mixture. Add ground Armour's Star Ham and place in ring mold. Chill 3 hours or until set. Unmold and garnish as shown in picture. Serves 6-7.

up, slung upon the table and called dinner. Her husband grinned and gulped in silence before he was forced to tell his indigestion to either the doctor or the judge. The other end of the limit is the fussy housewife who out-Marthas Martha, stewing and steaming mentally and physically while she devotes almost all of her waking hours to complicated meals.

Let's follow the golden mean, the wise middle road. We need interest, imagination, and bard horse sense to manage this food wealth that is to develop for us more and more. Our American women deserve this reward. Millions of them are holding hard jobs, then coming home to cook the evening meal. Others are keeping to their regular duties while substituting for one or two men who are away.

Canned Foods. For easy housekeeping make the most of food in cans—commercially tinned or canned at home. These include vegetables, vegetable juices, pastes, soups, fruits, fruit juices, meat, fish, special products such as baked beans, chili con carne, hot tamales, noodle and chicken dinner, chicken a la king, spaghetti in tomato sauce. Although all these products may not be available constantly, you should be able to find most of them.

It is better to remove food from cans before heating. Unopened cans may be heated in boiling water but be sure that the water does not boil away because the dry heat (as in an oven or dry pan) may then produce such pressure in the can as to cause it to burst. If you prefer to heat food in the can, puncture the top of the can before heating.



Is It Safe to Leave Foods in the **Opened Can?** Canning sterilizes both the food and the can itself, while a jar or container used for storing the leftover canned food is likely to have on it bacteria that may cause the food to spoil. No other container that has not been sterilized can be so safe as the can. Acid foods such as grapefruit and tomatoes may discolor and develop an astringent flavor if left in the can more than a day. Hence, it is more desirable to store this type of food in jars or bowls. In any case where

it is more convenient to transfer the unused portions to a dish or bowl, by all means do so. Remember and abide by the Department of Agriculture's ruling for keeping food: "Keep it cool and keep it covered."

Using Canned Vegetables. Vegetables prepared by modern canning may be used just as they come from the can. If you are serving hot vegetables, the flavor will be better if they are drained, the liquid boiled down in a saucepan until reduced in quantity and the vegetables added and heated in the reduced liquid. The liquid contains minerals and vitamins from the vegetables themselves and should never be thrown away. If it is not boiled down and used as directed above, save it for sauces, soups and casseroles, use it to dilute canned condensed soups, or combine with tomato or canned vegetable juice for a refreshing before-dinner cocktail.

Keep vegetables in high favor with the family by serving them in different and unusual ways. Dress them up. One of the easiest changes

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ire

exican specials	• soup mergers
uce: Sauté 1 medium onion sliced tbs. salad oil until tender. Add 2 cups i, 1 tsp. salt, dash of pepper and 1 tsp Mix 3 tbs. flour and ½ cup water to a ure. Cook 5 minutes longer. Remov with sauce. with sauce. i. Pour in serving dish and garnish wit four meal mush, add canned chili con c hot chili con carne on slices of cor <i>Tested in</i> THE AMERICAN HO	 I—Combine 1 can condensed pea soup, 1 can condensed tomato soup and 1¼ cups cold water in the top of a double boiler over boiling water. Add 1 tsp. lemon juice, ½ tsp. salt, and a dash of pepper. Just before serving mix in ¼ cup sour cream and 1 cup canned lobster cut in small pieces and heat thoroughly. If desired garnish with potato chips or toasted shredded almonds. Serves 6 110 cal. per serving Source of vitumins A, B complex Submitted by W.K. Denham II—Combine 1 can condensed pea soup and 1 can condensed spinach soup in the top of a double boiler over boiling water. Add slices of broiled frankfurters and heat thoroughly. II—Combine 1 can condensed pas soup and 1 can condensed spinach soup in the top of a double boiler over boiling water. If desired add fresh cooked asparagus cut in pieces and serve piping hot. II—Combine 1 can condensed asparagus soup and 1 can consommé in the top of a double boiler over boiling water. If desired add fresh cooked asparagus cut in pieces and serve piping hot.
eanut butter whirls Preparation time: 25 min.	• tomato clam appetizer Preparation time: 10 min. (2.3 hrs. chilling time)
p milk iscuit mix 1 tsp. lemon juice s prepared biscuit mix 7, cup honey 2 tbs. melted shortening	2 cups tomato juice 34 tsp. lemon juice dash of pepper dash of pepper dam juice dam
the multiple of the multiple o	mato juice, lemon juice, ttor tray and freeze un thes in a glass of clam j varied by adding ¼ t nd freeze. Cut in cubes
Tested in The American Home Kirchen	Tested in THE AMERICAN HOME KITCHEN
 nick hreads mer Muffins: Mix contents of 1 pkg. prepared muffin mix according to the tions given on package. Add ½ cup canned spiced meat loaf that has been diced sautéed. Bake in greased muffin pans as directed. advinst Coffee Gake: Mix contents of 1 pkg. of prepared muffin mix acrime to the directions given on package. Pour into a greased 8-inch square pan sprinkle top with mixture made as follows: Cream 2 ths. butter or vitaminized garine, gradually add ¼ cup sugar which has been mixed with ½ tsp. ginger mix thoroughly. Bake in : moderate oven 350°F for 30 minutes. mut Corn Sticks: Mix contents of 1 pkg. of com mufin mix according to the backage. Add ½ cup chopped peanuts and fill well-greased direction given on the backage. Add ½ cup theoped peanuts and fill well-greased direction given on the backage. Add ½ cup theoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased direction given on the backage. Add ½ cup thoped peanuts and fill well-greased to the stick pans about ¾ full. Bake in a moderately hot oven 400°F for 25 minutes. Tested in The Amencon Home Kirchen 	 casy hurs d'ueuvres tasy hurs d'ueuvres Arocado and Shrimp: Mash 1 small avocado and mix 1 tsp. minced onion. tsp. lemon juice and a dash of salt. Spread on crackers and garnish with whole shrimp. Tomato Cheese Rounds: Mix 1 package of cream cheese with 2 tsp. tomato paste. Spread on toast rounds and garnish with strips of pimento and sprinkle with chopped parsley. Frankfurters and Beims: Mash beans and spread on toasted bread squares. Garnish with slices of frankfurters and olives. Peanut Butter and Chopped Pickle: Mix equal proportions of peanut butter and chopped pickle. Spread on crisp wafers. Salami Cornucopia: Have salami or bologna sliced thin. Spread with cream cheese and roll in cornucopia shape. Fasten with toothpick and garnish with a sprig of parsley or water cres.

is to combine two or more vegetables. Green beans and tomatoes, corn and tomatoes, spinach and tomatoes or tomato paste, carrots and tomatoes, green peas and asparagus, corn and green pepper, green beans and corn or carrots with a dash of curry powder. Another change may be made by the sauce in which vegetables are served. Have asparagus with egg sauce or melted processed cheese. Add curry powder, prepared horse-radish or horseradish-mustard or plain mustard to cream sauce for vegetables. Thicken the liquid on beets and add orange and lemon juice and grated orange rind instead of vinegar to give it a different flavor. Add lemon juice to melted fat used on vegetables. Heat green beans, peas or asparagus in sour cream. Add basil or savory to canned condensed tomato soup; heat and serve on green or lima beans. To pep up tomato juice, add additional seasoning and herbs such as celery seed, horseradish sauce, lemon juice, tarragon, basil, chopped parsley, or Worcestershire sauce. Combine fruit juices for variety and add fresh mint.

Canned Soups. Canned soups are varied by the addition of other foods such as frankfurter slices, ham loaf cubes, lobster or fish, chicken, noodles, grated cheese, shredded almonds, cubes of canned or cooked tongue, minced parsley and croutons marinated in garlic oil. Besides their usual place in the menu, canned soups are a definite convenience in the preparation of easy meals. They make an excellent basis for meat, fish and vegetable sauces and are used in casseroles, in stews, in meat pies and on spaghetti.



quick macaroni dinner

pkg. quickly prepared macaroni and cheese

ths. butter or vitaminized margarine ths. enriched flour 13/3 cups milk **P**REPARE macaroni and cheese according to the directions on the pack-Press into a greased $6\frac{1}{2}$ inch ring mold and keep warm over hot water. Melt butter in the top of a double boiler over boiling water. Add the flour and Add the asparagus. Unmold ring and fill the center with creamed asparagus. If mix well. Add the milk gradually and cook, stirring constantly until thickened lesired garnish with the asparagus tips. Other creamed vegetables may be used. Source of vitamins A, B complex Serves 6 age.

278 cal, per serving

Tested in THE AMERICAN HOME KITCHEN

haked bean variations

Beam Stuffed Peppers: Wash 6 peppers; cut a thin slice from stem end and remove seed pod. Cover with boiling salted water and simmer for 5 minutes. Drain. Melt 2 ths. butter or margarine in a skillet; add 1 cup canned tongue diced, $\frac{1}{16}$ cup minced onion, $\frac{1}{16}$ cup chopped celery and cook for 5 minutes or until vegetables are tender. Add salt and pepper to taste. Place a layer of this mixture in each green pepper and alternate with a layer of baked beans until peppers are filled. Arrange peppers upright in a greased casserole and pour 1 cup canned tomatoes over them. Bake in a moderately hot oven 375° F for 35 minutes.

Source of vitamins C, B complex 261 cal. per serving Serves 6

Baked Beans With Apple: To a 1 lb. can baked beans with tomato sauce, add 1 cup chopped apple, 2 tbs. brown sugar or molasses. Cook 10 minutes or until apple is tender. Place in a bean pot, top with frankfurters or sliced luncheon loaf. If desired add apples to the beans and bake in bean pot until tender. Serve with brown bread.

Source of vitamins C, B complex 200 cal. per serving Serves 4

Tested in THE AMERICAN HOME KITCHEN

chicken noodle platter

3 ths, butter, vitaminized margarine or shortening 3 ths. enriched flour 12 cup milk 34 cup milk made with cubes)

salt dash of pepper 1 egg yolk well-beaten 1 1,1b. jar chicken and noodles 35 cup toasted shredded almonds canned corn and green beans

 \mathbf{M}_{ELT} butter in the top of a double boiler over boiling water, add flour and stir until well blended. Add milk and bouillon gradually and stir until thickened. Add salt and pepper to taste. Remove from heat and pour slowly over egg yolk, stirring constantly. Add the sauce to the chicken noodle mixture and heat thoroughly. Pour onto serving platter and sprinkle with almonds. Arrange corn and beans alternately around noodles.

232 cal. per serving Serves 4

1 tsp. salt dash of pepper 2 7-oz. cans shrimp 2 cups cooked rice cups water or shortening 3, cup chopped celery 2, cup chopped green pepper 1, cup chopped green pepper 2 tbs. enriched flour

Stata 4

Preparation time: 30 min.

ths. tomato paste

ths. butter, vitaminized margarine

2

Preparation time: 35 min.

cooked or canned asparagus cups cooked or canned asparagus cut in 1-inch pieces cooked asparagus tips for garnish

00 2

shrimp jambalaya

MELT butter in a skillet, add celery, onion and green pepper and cook until tender. Stir in the flour and gradually pour in the tomato paste and water mixed together. Add seasoning and cook 5 minutes longer, stirring constantly. Add shrimp and heat thoroughly. Serve over rice.

Canned Meat, Fish and Poultry.

Little meat and no poultry at all is being

canned at present for civilian use. Moreover,

the amount of canned fish has been reduced.

The food value of meat, poultry and fish

canned does not differ from the food value

of the same products freshly cooked. These

proteins retain full value under processing;

the minerals are not lost; and vitamin G of

which meat is an excellent source is not af-

fected by the heat of processing. Since these

canned foods are sterile, they will keep in-

-Source of vitamins A. 400 cal. per serving Serves 6

complex

Tested in THE AMERICAN HOME KITCHEN

1 can condensed tomato soup $\frac{1}{\sqrt{2}}$ tsp. salt dash of pepper 214 cups canned string beans (No. 2 can) 1 medium onion sliced thin 6 frankfurters

min.

Preparation time: 30

baked green beans

and frankfurters

MLx together beans, onion, 2 of the frankfurters sliced thin, pepper, salt and soup. Pour into a casserole; quarter remaining frankfurters and arrange on top. Cover and bake in a casserole in a moderate oven 350°F for 10 minutes. Remove cover and bake 15 minutes longer.

definitely in a cool storage place without fear

of spoilage unless rust or accident makes the can leak. Never use food from a can that

leaks whether it is canned commercially or at

home. Use the liquid and oil from canned

meat and fish in baked dishes, croquettes,

loaves or in the sauce if they are served creamed on toast, waffles, croutons or on fried

noodles. Some of the commercially canned

meats and combinations of meat with other

foods are: corned beef, tongue, corned beef

or roast beef hash, pork and ham loaf, deviled

Source of vitamins A, C, B complex 180 cal. per serving Serves 6

Tested in THE AMERICAN HOME KITCHEN

seafood entrees

min.

Preparation time: 30

Tunafish Casserole: Put 2 ths. melted butter or vitaminized margarine in the top of a double boiler over boiling water. Add 2 ths. flour and mix well. Add 1% cups milk gradually and cook, stirring constantly until thickened. Season and add V_4 cup chopped pickle and V_6 cup mayonnaise. Place layers of about 1/2 cups diced cooked potatoes, 1 cup cooked peas and 2 cups tunafish in a greased 1/2 quart casserole. Pour sauce over mixture and top with conflakes. Dot with butter or margarine and bake in a moderately hot oven 375°F for 30 minutes.

Source of vitamins A, B complex 355 cal. per serving Serves 6

Lobster and Rice: Mix 2 cups cooked rice, 1 cup canned lobster, $\frac{1}{2}$ cup cooked celery in the top of a double boiler over boiling water. Add 1 can condensed mushroom or asparagus soup, diluted with $\frac{1}{2}$ cup milk, $\frac{3}{4}$ tsp. salt and a dash of pepper. Heat thoroughly. If desired serve in fish shells.

Source of vitamins A, B 132 cal. per serving

Serves 6

Tested in THE AMERICAN HOME KITCHEN

complex

ham, canned frankfurters, hot tamales, chili con carne, and baked beans with pork.

Ready to Use Meats. These are frankfurters, bologna, liverwurst, savory loaves, and salami. (Recipes and suggestions for the use of these meats will be given in our next issue.) These meats are high in food value; though they can be served cold, they are easily used in hot dishes also. They are economical, timesaving and versatile. Meat extract in paste

or cubes adds flavor to gravies and sauces.

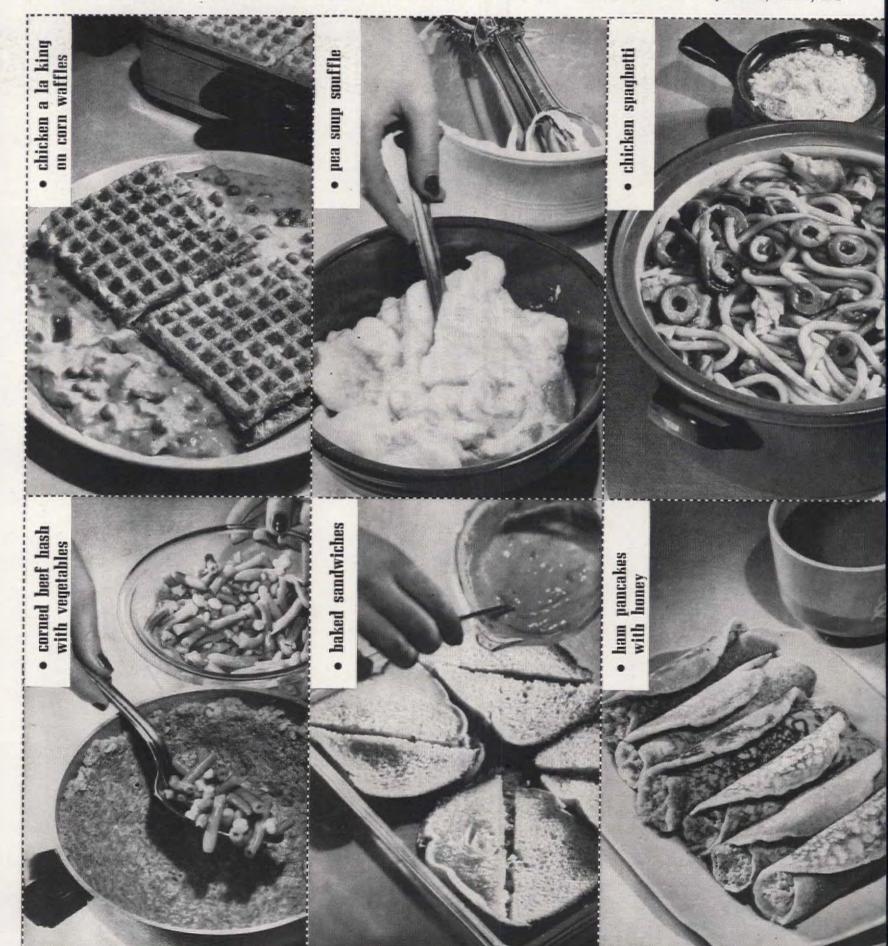
Tested in THE AMERICAN HOME KITCHEN

Source of vitamins A, B complex

Frozen Foods. Today, food markets contain more and more quick frozen foods which make menu planning and meal getting easy. Bean stringing, pea shelling, and spinach washing are eliminated when these foods are used. They are waste-free, ready to cook and serve. The vegetables take only one-half to two-thirds as long to cook as fresh vegetables and the ready-made foods such as baked beans and chicken a la king (when it is available) need only to be heated. They have the appearance, the flavor, the adaptability to all

cookery purposes of foods that are fresh from garden, orchard market, and the sea itself.

Packaged Foods. The packaged foods are biscuit, pancake and muffin mixes, cake mixes, combination dinners, desserts, pie crust and puddings. The modern cook can stir up a batch of muffins, pancakes or waffles by simply adding water or milk (as indicated on the package) to a prepared mix. The muffins are varied by adding blueberries, raisins, chopped nut meats, ground ham or canned ham loaf grated cheese, grated rind of lemon or orange, chopped figs, dates, prunes or apricots and herbs. Cornmuffin mix can be baked in cornstick pans, and chopped cooked or canned corn, peanuts or ham loaf may be added for variation. Finely chopped apples and a sprinkling of cinnamon are delicious in waffles. Chopped corn or cooked rice may be used also. Most of the mixes with a little change can be used for other hot breads. For instance, pancake mix is used for waffles, muffins or bread, muffin mix for pancakes, waffles, and



shortcakes, biscuit mix for waffles, muffins, dumplings, shortcakes, topping for fruit cobblers and yeast rolls. In fact, you will be delighted with this easy way to make yeast rolls. Dissolve one-half compressed yeast cake in five-eighths cup lukewarm milk. Add two to two and one-fourth cups biscuit mix (enough to make the dough easy to handle). Mix well and turn dough over three or four times on a lightly floured board. Knead lightly and make rolls. Let rise in a warm place until light. Bake in moderate hot oven 400°F Quickly prepared macaroni or spaghetti and cheese dinner comes in a package with enough to serve four. The macaroni is cooked and drained, and the grated cheese added while it is piping hot. Left-over ham, lamb, beef or canned ham loaf may be added to the macaroni and cheese and this, by the way, is an excellent way to make these leftovers serve another meal. Chopped sautéed mushroom and green peppers give variety to its flavor and creamed fish, meat, poultry and vegetables may be served as a sauce over the macaroni and cheese. Another way is to press the mixture into a ring mold, take out, and fill the center of the ring with creamed fish, or eggs.

Dehydrated Foods. Dehydrated vegetables and soups save kitchen working time, but practically all of these products are now being used by the Army, Navy and Lend-Lease. The great saving in weight and space make dehydrated foods important in wartime shipping. Some soups and vegetables are available now for civilian consumption.

 Chicken spatiation Perturbation <li< th=""><th> pea soup souffle pea soup soup for a soup draw a soup draw drumbs 1 can condensed paa soup draw drumbs 1 can condensed paa soup draw drumbs 1 can condensed paa soup draw draw draw draw draw draw draw draw</th><th> chicken a la king on corn waffles <i>Preparation time: 20 min.</i> page, waffle mix[*] page, waffle mix[*] page, staff on the second problem of the second problem of the second problem of the second problem. Mark waffles according to the directions on the package. Add corn to or the batter and bake as directed. Heat chicken a la king in the top of a double poiler, add peas and serve over the hot waffles. Mark to parcake mix may be used. Follow directions for waffles given on yorked. Serve 6. Source of the directions of the top of a double poiler. Mark to parcake mix may be used. Follow directions for waffles given on yorked. Serve 6. Source of the directions for the directions of the directions direct</th></li<>	 pea soup souffle pea soup soup for a soup draw a soup draw drumbs 1 can condensed paa soup draw drumbs 1 can condensed paa soup draw drumbs 1 can condensed paa soup draw draw draw draw draw draw draw draw	 chicken a la king on corn waffles <i>Preparation time: 20 min.</i> page, waffle mix[*] page, waffle mix[*] page, staff on the second problem of the second problem of the second problem of the second problem. Mark waffles according to the directions on the package. Add corn to or the batter and bake as directed. Heat chicken a la king in the top of a double poiler, add peas and serve over the hot waffles. Mark to parcake mix may be used. Follow directions for waffles given on yorked. Serve 6. Source of the directions of the top of a double poiler. Mark to parcake mix may be used. Follow directions for waffles given on yorked. Serve 6. Source of the directions for the directions of the directions direct
ham pancakes with honeyPreparation time: 25 min.ups prepared pancake flour ups prepared pancake flour k or water (amount given on pkg.)1 3-oz. can ham.spread 1 2-oz. can ham.spread to phot honeyups prepared pancake flour the or water (amount given on pkg.)1 3-oz. can ham.spread 1 cup hot honey 1 cup hot honeyMr x pancakes according to the directions on package. Drop batter onto not griddle. Cook on one side until puffed full of bubbles and cooked on ted with ham and roll up like a jelly roll. Place the rolls in rows on a hot ttter. Pour hot honey over them and serve at once.res 6Source of vitamin B complex Tested in THE AMERICAN HOME KITCHEN	Darked sandwiches Preparation time: 40 min. 5-ox, cans ham or liver spread bread bread bread bread bread bread 1 can condensed mushroom soup or 1 can condensed tomato soup yield bread or 1 can condensed tomato soup yield bread bread or 1 can condensed tomato soup yield bread bread or 1 can condensed tomato soup yield bread bread or 1 can condensed tomato soup yield bread bread or 1 can condensed tomato soup yield bread bread bread or 1 can condensed tomato soup yield bread bread or 1 can condensed tomato soup yield bread bread or 1 can condensed tomato soup yield bread bread or 1 can condensed tomato soup which has been diluted with the milk over the sandwiches and bake in moderate oven 350°F for 30 minutes. stress d 342 cal. per serving Source of vitamins A, B complex ress dimenses di	Currnel heef hash with vergetables Preparation time: 30 min. ends and 214 cups canned string beans (No. 2 can) salt and ondensed spinach or pea soup ends 214 cups canned string beans (No. 2 can) salt and ondensed spinach or pea soup 214 cups canned string beans (No. 2 can) salt and ondensed spinach or pea soup 2-oz. can whole kernel corn 214 cups canned string beans (No. 2 can) salt and ondensed spinach or pea soup I2-oz. can whole kernel corn and ondensed spinach or pea soup I2-oz. can whole kernel corn and performation of a double boiler over and on the top of a double boiler over onter thoroughly. Pour into the lined casserole and serve at once. erves 4 248 cal. per serving Source of vitamins A, B complex to taste. erves 4 248 cal. per serving Source of vitamins A, B complex to taste.

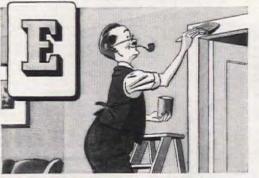




"Floors run down at the heels...scuffed, scarred, traffictired? Let the white magic of **DOUBLE X** bring back their beauty. Makes varnish vanish, makes old floors new.Double-action, too. Bleaches as it removes!"



"Kitchen walls getting grimy? Enameled woodwork need freshening? Two teaspoons of Double X in quart of warm water will do a spark-up job. Simply apply with sponge; wash with clear, warm water; wipe dry."



"What if the war has made good paint brushes scarce? You can still do those long-needed paint jobs 'round the house. A 10c or 25c carton of Savabrush will work wonders with all those caked-up brushes!"



"That tile-crack in the bathroom isn't nearly as serious as it looks," says Peter Putter. "Not when SCHALK'S CRACK FILLER is on tap! All you add to this plasticpowder is water. Works like a charm every time!"



"Now let's go after those old paint brushes of yours. You say they're hopeless ... just because they're clogged with paint, varnish, shellac, enamel? Not at all! An overnight-bath of SAVABRUSH will save 'em!"



"And there's nothing like Schalk's Crack Filler to fix seams in wallboard before painting or papering. Hardens fast and stays hard; won't shrink, crack or crumble. Use it every time something cracks!"



"Here's another handy use for Schalk's Crack Filler: when it comes to resetting tile in bathroom, kitchen, laundry, you'll find it's 'tops.' Try it and surprise your friends (and yourself) by proving you're an expert."



"Any casters, knobs, etc. on the loose? Any knot holes in woodwork or paneling that need plugging? They're 'all set' when SCHALK'S WOOD PUTTY gets on the job. Easy to work; contains real wood; stays put!"



"Kitchen linoleum look faded and frazzled? The cure is simple: give it a WAXOFF bath. It's the best thing I know to get the wax off. Soap and water won't do the trick. Waxoff will! And you can do it for a dime."



"For wobbly chairs; broken toys; nicked furniture; cracked picture frames; and a-hundred-and-one other jobs...put it up to Schalk's Wood Putty. It's a magic repair-kit, all-in-one! All you add is water."



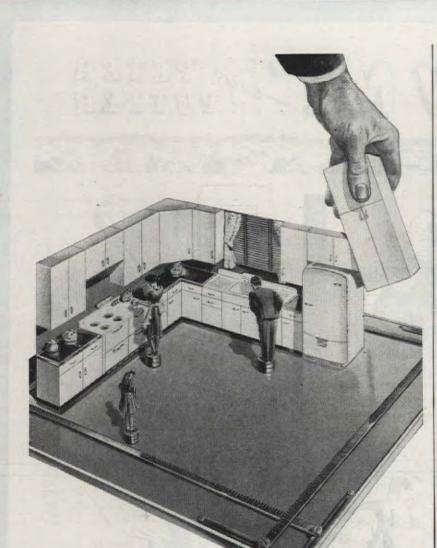
"Take a tip from an old hand," warns Peter Putter. "Don't revarnish or rewax anything before you remove the wax with Waxoff. Only then will you be sure the surface won't 'stick' and the varnish will dry."



REPAIR! No matter what the fix-up job 'round the house, there's a Schalk do-it-yourself item that does it. With speed, ease, thrift! You will find these expert "handyman" items in 10c, 25c and 75c sizes at paint, hardware, lumber dealers. Mean-

while Peter Putter would like you to have, with his compliments, a fullcolor folder that gives you the ABC of Home Repair. Tells you what to use and how to do it. And it's free. This coupon will bring it fast!

NAME_	-	-	-	-	-	-	-	-	-	-		_	_		_	_	_		_	_	_		
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A "Tailor-Made" kitchen at a "Ready-Made" price

Kitchen morale lifted to the skies by the eye-filling beauty of an all-steel kitchen . . . routine cut to the bone by the step-saving arrangement of new conveniences creating happiness for you.

Yes, you'll want to "whistle while you work" in a sparkling spot like this AMERICAN KITCHEN.

After the war American Central will have these kitchen units-storage cabinets, work surfaces, sinks and other utilities-in happy combinations to modernize any kitchen of any size or shape, new or old.

Always the hub of the house, your kitchen will be the heart of your happiness with ...



American Central Manufacturing Corp., Connersville, Indiana



Photographs by F. M. Demarest

Mexican Stuffed Peppers: Cut the tops from green peppers, remove seeds and parboil until tender. Cut canned hot tamales in small pieces and use to fill peppers. Add liquid. Heat in oven.



Chicken Pie à la King: Heat a can or package of frozen chicken à la king in a double boiler and pour into a hot baked pie shell or baked individual shells. Cut in wedges. Serve at once.



French Ham Sandwiches: Make sandwiches of whole wheat bread spread with canned deviled ham and horse-radish mustard. Dip in mixture: 1 cup milk, 2 eggs. Brown both sides on griddle.



SCIENCE has proved there are certain food elements everyone needs for health. If there aren't enough of them in a child's food, serious things happensuch as stunted growth, soft bones, poor teeth, faulty nerves, loss of appetite, defective eyesight.

fective eyesight. Ovaltine supplements the diet with elements frequently deficient in ordinary foods. Three glasses daily, made with milk as directed, provide a child's full minimum requirement of Vitamins A, B₁, D and G, and Minerals Calcium, Phosphorus and Iron-also supply niacin, pantothenic acid, pyridoxine. In addition it provides the basic food substances -complete proteins to build muscle, nerve and body cells-high-energy foods for vitality and endurance. It thus acts as an insurance against food deficiencies that retard normal growth. So-if your child is thin and nervous or

So-if your child is thin and nervous or eats poorly, why not turn to Ovaltine?

OVALTINE







Vegetable Meringue: Beat the white of two eggs until stiff but not dry and fold into 1 cup mayonnaise. Spread on hot cooked green beans, spinach, peas, carrots. Brown lightly under broiler,



Soup Sorcery: Add diced avocado to clear or creamed soup and serve at once. Beat egg lightly into hot consomme instead of noodles. Add vegetable liquor to condensed soup instead of water.



Two-in-one Entree: Make nests of mashed potatoes on a greased baking sheet. Fill with canned chili con carne. Place in moderate oven 550°F., bake until potatoes are lightly browned.

Click! AND 3-LB. LOW-COST BEEF BECOMES DELICIOUSLY TENDER IN JUST 35 MINUTES!



MIRRO=MATIC PRESSURE PAN SAVES TIME, MONEY, FOOD!

Mouth-watering meals, brimming with colorful flavor and health, can be merely a matter of minutes—with the new, amazing MIRRO-MATIC Pressure Pan... The Finest Aluminum.

Click!—that's how fast the correct cooking pressure is set! Never before so simple, easy and sure! Tough meats are tender, in as little as 35 minutes cooking time. Fresh green peas and asparagus are appetizingly cooked in 60 seconds! In fact, nearly *all* cookery becomes speedier, easier, more flavorful.

And the new MIRRO-MATIC Pressure Pan makes short work of small-quantity canning, too. Capacity: 3 pint jars. Order from house furnishing, hardware or department stores.





When iron-rich BOSCO is added, youngsters like milk

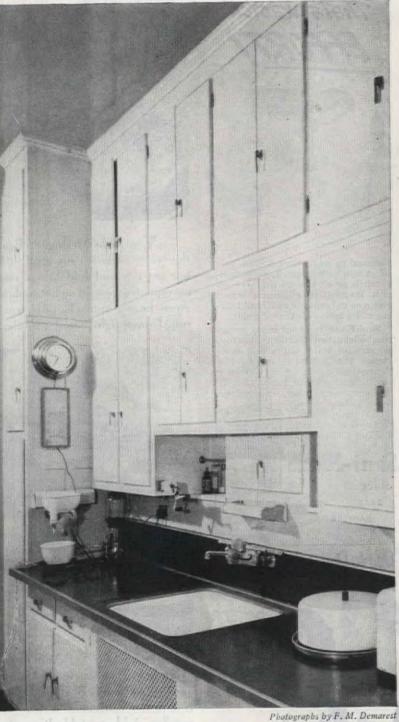
Why coax your youngsters to drink milk? Just add wonderful-tasting, chocolate-flavored Bosco and see them drink their quota of milk with gusto. And remember, Bosco is so rich in Iron and Vitamin D that four teaspoonfuls supply the full

SEE HOW MUCH MILK I DRINK WHEN YOU ADD CHOCOLATE-FLAVORED BOSCO

minimum daily requirement of these two important elements. * Because of war conditions,

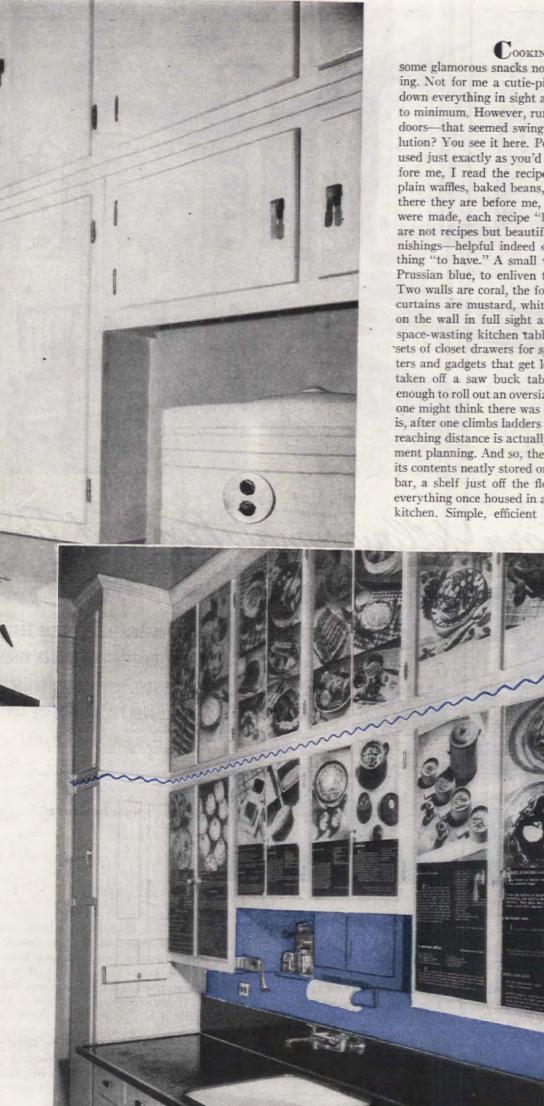
your grocer may not always have Bosco in stock. But you can be sure that the Bosco you do purchase is the same high quality product that it was before the war.





Suffering from Suffering from Apartment-Kitchen White?

MY SOLUTION WAS FOOD-BEAUTIFUL FOOD ALL OVER THE WALLS!



J. A. Davidson

COOKING is my hobby. Not messing around making up some glamorous snacks now and then, but honest-to-goodness family cooking. Not for me a cutie-pie kitchen with cute little ruffles running up and down everything in sight and impedimenta carefully concealed and reduced to minimum. However, running miles of bleak white walls and blank white doors-that seemed swinging the pendulum too far the other way. My solution? You see it here. Pet recipes (AMERCIAN HOME recipes, of course!) used just exactly as you'd use wallpaper. Now, spoon in hand and bowl before me, I read the recipe right off the wall. Never-fail pie crust, crispy plain waffles, baked beans, sauces and dressings, Betty's Chocolate Cakethere they are before me, large as life and twice as handsome. Photostats were made, each recipe "blown up" to door size. The upper tier of doors are not recipes but beautiful ideas for menu planning, combinations or garnishings-helpful indeed on those days when you can't think of a single thing "to have." A small wavy border and a portion under the doors are Prussian blue, to enliven the black and white effect on the "recipe wall." Two walls are coral, the fourth wall mustard, as is the ceiling. Double sash curtains are mustard, white and coral striped ticking. Pots and pans hang on the wall in full sight and easy reaching distance. Instead of the usual space-wasting kitchen table, mine is one I made myself. Underneath, two sets of closet drawers for spices, herbs, ice bag, rolling pin and all the cutters and gadgets that get lost in large drawers. The top, a solid maple one taken off a saw buck table that takes strong-armed scrubbing, is wide enough to roll out an oversized pie. Looking at the running miles of cupboards one might think there was more than sufficient storage space-and so there is, after one climbs ladders and reaches mightily. However, the space within reaching distance is actually very little-as it manages to be in most apartment planning. And so, the broom closet was converted to food storage and its contents neatly stored on or behind the kitchen door. An oversized towel bar, a shelf just off the floor and hooks on the door itself takes care of everything once housed in an accessible, much-needed closet. And that's my kitchen. Simple, efficient but definitely an inspiring place to cook in.

"If you think <u>that's</u> good—wait till we get our KITCHENAID!"



"That KitchenAid mixer is Number One on my post-war shopping list, pet—and just wait till I get it in action!"

Ask any lucky friend who's owned one since pre-war. KitchenAid mixes, beats, whips, chops and grinds. It's powered for jobs like kneading bread dough or freezing ice cream. Altogether, with its attachments, KitchenAid takes over the muscle-work of dozens of kitchen tasks. And that's not all!

KitchenAid has won its envied place in America's kitchens because of its exclusive, effortless Planetary mixing action . . . because of its honest allotment of full power that handles all jobs without "power-boosters" . . . because of the reliability and sturdiness which have made it the mixer stand-out for years and years.

You're going to want a gleaming, allpurpose KitchenAid for yourself, after the war. Why not make a date with your dealer now?

> WHICH MODEL WHEN? There'll be a complete line of KitchenAid food mixers—with a full range of attachments. And there will also be KitchenAid coffee mills to give you freshly-ground coffee at the flip of a switch. They'll all be ready when Hobart facilities are no longer needed for war work. Seeing your dealer now will shorten your wait then.







Corn Yellow, Tomato Red and Pine



AN UNUSUAL REDECORATING FEAT! A BLEAK UNATTRACTIVE KITCHEN BEFORE— Now A Bright, Homey, Space-Saving Room Designed for Convenience and Efficiency of the Family

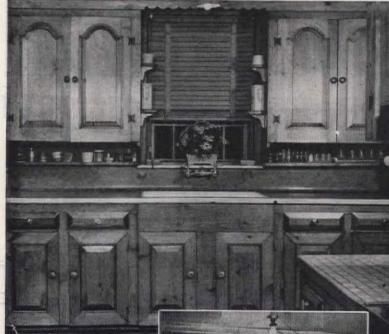
> Sylvia Starr Photographs by John Alexander

Joseph B. Wertz, Architect for the Remodeling

SINCE we have done over our kitchen, I don't spend much time in the living room. Even guests seem to congregate, sooner or later, in our rejuvenated kitchen. And after all, if you are maidless—as who isn't these days—some of your friends are bound to insist on helping with the food and even with the dishes afterward, bless their hearts! It really isn't so bad when everyone is in the same fix and I must say, I get a kick out of seeing how many short cuts there are when I use my brains and imagination. For instance, it gave me quite a sense of achievement to realize that all those yards of trailing, dust-gathering lamp cords on the floor could be looped into a neat bundle and fastened with a rubber band to save time and trouble. Besides, I am finding out that it is infinitely more economical to run my own kitchen.

The room is modern but doesn't look it and although actually it is a laboratory, it doesn't shout "I'm antiseptic!" We wanted to have it look warm, homey, and inviting so that when we dined there we wouldn't feel we were having makeshift meals and, therefore, hurry through them a bit furtively, as if being caught in the act by callers constituted





Top, cupboard holds canned goods, broom. Ice box under arch. Doors under sink for garbage. The cupboard brackets hold scouring utensils

Before re-do-a colorless. dreary kitchen minus new Venetian blinds, new jelly mould fixtures, and the additional cupboards



a lowering of standards. I am glad that we made the cupboards of natural white pine, painted turquoise inside and honey-brown outside. Spatters and smears on the doors don't cry out for immediate attention so I don't have to wash them until I get around to it. For the same reason, the linoleum on the floor and the sink drain is marbleized. It is sufficient to sweep every other night and to dust-mop or wet-mop once a week and to give the floor a good soaping and waxing once a month. The ceiling has been painted a soft, warm yellow and the sink is pale yellow. This color gives the room a sunny disposition which I like. The sink is big and undivided because I like the long, rectangular space for washing huge platters, rag rugs, and wire fox terriers. The window sill is painted yellow, too, and covered with a slab of glass to fit. Sometimes THE AMERICAN HOME, MAY, 1945

only will bring you the MAGIC FLAVOR-SAVER

> NEW PRINCIPLE RIGERATION-

> > TASTYI

YOU'VE ALWAYS NEEDED_

OZEN STORAGE OMPARIMENT

OLD FASHIONED DEFROSTING PROBLEMS

ARE GONE FOR GOOD THANKS TO THE NEW COOLERATOR

No

AVOR-SAVER FOODS FRESH

Only Coolerator has the exclusive rights to the MAGIC FLAVOR-SAVER! This exciting new principle of refrigeration controls humidity, odors and temperature!



Big 40-lb. Freezer within a refrigerator! Plenty of room for a week's supply of meats, for frozen desserts and frozen foods. Extra trays of icecubes ... that pop-up quick!

Yes, defrosting problems are now banished in the New Coolerator Electric! Imagine, no more muss 'n fuss . . . no trouble of any kind!

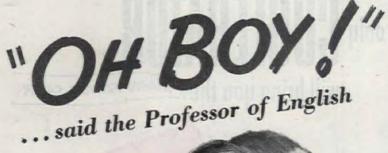
BUY MORE

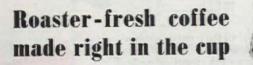
WAIT FOR COOLERATOR!

Because Coolerator is a specialist in fine refrigeration (almost 1,000,000 now in American homes). Also, because the New Coolerator Electric has all 17 things women want most in a postwar refrigerator-including extra space for oversized jugs and bottles. Wait for Coolerator-it won't be long!

Coolerator

THE COOLERATOR COMPANY, DULUTH 1, MINN.





Roaster-fresh because in Nescafe' all the fresh flavor of newly-roasted coffee is sealed in by added carbohydrates.

THE PROFESSOR is as fussy about coffee as he is about grammar. Been looking everywhere for *full-flavored* coffee. One day the Dean said ... "Try Nescafé! It's great! ... and it's made instantly!" The Professor tried it ... and shouted, "Oh Boy!"

So will you! For here's how Nescafé brings you a real high in coffee enjoyment. In a way that only Nestle's knows, an extract is made from fine coffees fresh from the roaster ... then instantly its flavor is sealed in! You release this locked-in freshness by just adding hot water.



Easy to prepare ... no coffee maker to get ready or clean up...no grounds. A teaspoonful of Nescafé makes a cupful-for only about 1¢. No waste ... you make exactly the amount you need-and the strength you like best,

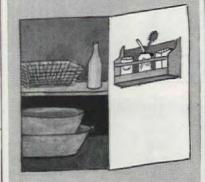
The only Army-Navy "E" award in (E) the soluble coffee field is held by the Nescafé plant at Sunbury, Ohio. Temporarily the Armed Forces are taking all the Nescafé we make. Soon, we hope, Nescafé will again be available at your grocer's.

> A teaspoonful sin a cup Add hot water ai's ready 2

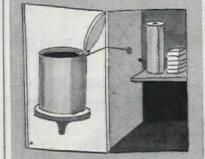
NESCAFE (PRONOUNCED NES-CAFAY) IS & NESTLE PRODUCT, COMPOSED OF EQUAL PARTS OF SKILLFULLY BREWED SOLUBLE COFFEE AND ADDED CARBOHYDRATES (DEXTRINS, MALTOSE AND DEXTROSE) ADDED SOLELY TO PROTECT THE FLAVOR * NESTLE'S MILK PRODUCTS, INC., NEW YORK, U. S. A. * * * *



Bread board fits into slot under sink and unfolds like piano top



On cupboard door underneath is simple rack for scouring powders



Other door boasts circular shell for garbage can screwed in place



Cupboard-stove air space is used for storage of pans and pot lids

there are potted plants on it, sometimes an all-glass fish aquarium. Fish are fun to watch while you work. Under the sink we have installed some gadgets which I find very useful. On the back of one of the cupboard doors is a shelf to which the sanitary garbage can is fastened. When you open the door, the can comes out with it and the



DRESS IT UP WITH DURKEES

DRESSING

Mix enough Durkee's Dressing with a little hot water and minced onion

to cover split hot dogs; let stand 15 minutes; bake in moderate oven.

Scratches Vanish! Old English Scratch Removing Polish shines treasured pieces to radi-ant new beauty - and beauty - and ant new as you polish, even ugly scratches disappear! Use it regularly to help preserve your furniture's original appearance !





Milk, which is nothing but a combination of full cream milk and cereals-man's most staple foods. So, in Horlick's, you quickly get the concentrated nourishment and energy of these basic foods in a handy form. They can be eaten any time of day or night without spoiling appetites because they are processed for fast, easy digestion. Tuck a 10¢ or 25¢ bottle—chocolate or natural flavors—in your pocket or purse. And save with the 43¢ size for desk,



pantry or work-bench."

lid lifts without touching because a stout cord is fastened from the hinge to a hook on the wall. Under the other door is a shallow shelf that holds cans of scouring powder, soap, brushes, etc. Under the sink there is also a shelf for bottles of bleaching agents, boxes of soap flakes, rolls of paper towels, and all the other bulky things needed near the sink. Linoleum on the floor of this undersink cupboard permits storage of dishpans and drain baskets. The drawer for dish towels and the rack that holds them are to the right of the sink. We wanted the glint of copper

pans and pots to go with the pine paneling, yellow ceiling, and the lapis blue linoleum floor with its turquoise accents. The room is not large enough for ceiling beams with high-hanging copper skillets, so we covered the top of the square electric stove with a sheet of copper (cutting out holes for the burners) and set the stove between cabinets built flush with its top and front so that only the top and front of the stove are visible. The cabinets are far enough from the stove to allow for air circulation and those few inches are bridged by the copper sheetwhich makes an ideal place to set racks and pans. The cabinet tops are squares of green and blue tile.

On the wall above are several electric outlets for the waffle iron. coffee pot, toaster, and separate electric roaster. I can use these without blocking the way to the stove. On the back of one of the cabinet doors is another enclosed shelf, really a rack, for pan lids. Stored on the edge they are easy to grab and take up little space. Just under the cupboards and under the stove runs a shallow shelf for a row of spice containers and the like. Since our stove had no built-in

warming rack, we made one over the cooking area by nailing unobtrusive wooden bars on the sides of the cupboards above the stove and laying a spare wire rack from the refrigerator across the bars. This rack does not protrude enough to interfere with the cooking.

Directly facing the stove is another grouping of cabinets with working space underneath and two narrow, ceiling-high cupboards on either side. These are the broom and ironing closets and the working space between is where I use the mixer and make pastries. Up above are canned foods and supplies for quick delicatessen meals. as well as a row of fruit jars filled with dried foods. The working space can be doubled to take a big pastry board, kept in a special slit above the deep drawer for rolling





YOUR FAVORITE FOODS, TOO, deserve a bright new dress these cheerful spring days. See how easily lemons add a dash of color and sparkling flavor to any spring menu.

APPETIZER-Tomato Juice

Any appetizer responds to the wake-up zip of fresh lemon. Easy-to-squeeze quarters are a "must" with tomato and other vegetable juices.

MAIN DISH-Lamb Shanks with Lemon*

For something different in an economy dish try this tempting lamb recipe: insert slivers of garlic in 4 lamb shanks...dust with flour, salt, pepper and paprika. Brown slowly in melted fat for 10-15 minutes. Add 1 bay leaf, ¹/₂ cup fresh lemon juice, 2 ths. grated lemon peel and simmer slowly 1¹/₂ to 2 hours. Add water if necessary. There's a dish the whole family will cheer. Lemons do wonders for many main dish stand-bys... especially fish and veal.



VEGETABLE-Buttered Carrots*

Lots of vegetables aren't complete without the tang of lemon. Carrots, for example, are wonderful when you thicken the cooking liquid with flour, add a dash of lemon, a pat of butter and a sprinkling of nutmeg. Drench carrots just before serving.

SALAD-Mixed Greens Salad*

For extra crispness try adding a bit of fresh lemon juice to the ice water when freshening up salad greens. And for the dressing use straight lemon juice with a little sugar added to bring out hidden flavors in the firm, tender greens when served.

DESSERT-Lemon Snow*

Prepare unflavored gelatine (according to directions) with fresh lemon juice. Just before it sets whip vigorously. Serve with a luscious thin custard sauce. Mmm! And don't overlook lemon as a favorite flavoring for pies, cakes, puddings and other dessert treats.

There's another reason for using lemons liberally-HEALTH. Lemons are a rich source of vitamins C and P, a good source of B₁. They aid digestion, alkalinize. Sunkist's famous Lemon Recipe Book has over 100 recipes. It's free. Write Sunkist, Sec. 2105, Los Angeles 55, California.



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LET'S FINISH THE JOB-BUY WAR BONDS

pin and measuring spoons, because the working area consists of two boards folded back, one on top of the other, like a piano top. In fact, it is hinged with a long piano hinge. Simple wooden arms slide out of the slots on either end of the drawer to support the extension. Here, also, is an electric outlet for the mixer and the iron.

The icebox stands in a small alcove under the stairs. We managed a shelf just above it for small cans and jars of jelly. Opposite the icebox and under a window is a vegetable bin. A gadget I couldn't live without is a child's slate hanging beside the icebox. On this I list what's on ice, or write out the menus. Of course, there is a calendar and an engagement pad beside the kitchen telephone, too, and there is a drawer for the screwdriver, hammer, nails and tacks, and another for first aid bandages.

Still another help is the old bathroom cabinet we set into the wall in an inconspicuous corner. Here I can keep powder and a comb for a quick rejuvenation.

On the wall opposite the sink and under a window is a pine table with one end fastened to the wall so that only one leg is needed for support. One of the two very old chairs is a rocker. In the two recessed bookcases on each side of the window are kept the cookbooks covered in gaily colored oilcloth. I also find that it saves time to devote one small cupboard, which could just as well be a drawer, to the paper supplies we are using more and more. We worked in a vertical space behind one of the pan cupboards for tray storage and it is so useful that we built vertical partitions in one of the china cupboards for standing platters.

We had fun making lamp shades of bright tin jelly moulds. If coated with the lacquer jewelers use on silver, they retain their brightness indefinitely. Another amusing light we want to work out with a fluorescent tube makes use of a partly hollowed-out rolling pin hung horizontally from the ceiling. Before we put in the Venetian blinds we caught back tye curtains with old pewter-colored kitchen spoons bent double to act as tiebacks.

An Englishman once said the reason American hospitality is so warm and appealing can be explained, to a degree, by the proximity of our kitchens to our drawing rooms. That was somewhat of a revelation to me. I'd like to have a kitchen supper party—if only we had a little more space—because we really have fun in our kitchen. It is as cozy as it is convenient.



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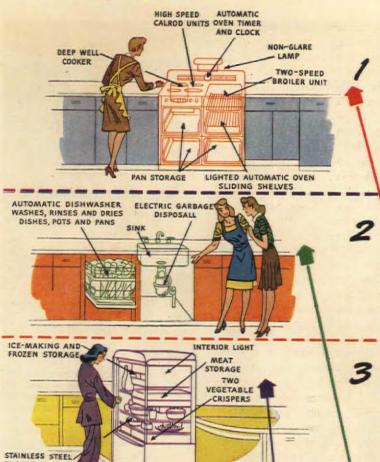
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AMERICAN HOME

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INDEX TO The AMERICAN HOME

Volume XXXIII - December, 1944, to May, 1945

Copyright, 1945, by The AMERICAN HOME MAGAZINE CORPORATION, New York 22, N.Y.

A Is For Annuals, Jan. 26 Adams, Myrtle, article by, Jan. 41 Aging Begins Insidiously, Dec. 65 Aitken, Ruby, idea by, Apr. 45 Allen, Gracie, Mar. 65 Achievement Medals Awarded in 1944 by American Home, Apr. 65 Ames, Dorothy, decorated by, Feb. 16 Andreson, Laura, design by, Feb. 55 Anita Louise, idea by, Apr. 43 Bachelor Apartment, Apr. 41 Apartment Kitchen White, Suffering from, May 105 Appleton, Artie E., article by, Mar. 21 Arizona Homestead House, Mar. 25 Arthur, Julietta K., article by, Jan. 30 Austin, Jean, article by, Jan. 21, May 72 Austin, Mr. and Mrs. Richard B., home of, Dec. 50 Axelson, Alfhild, article by, Jan. 68

Baby Clothes, Apr. 54 Back Strain, article on, Feb. 26 Talk, Feb. 26

Baird, Mr. and Mrs. Mathew, home of, Mar. 25 Baird, Thomas J., article by, Dec. 18, Feb. 22 Bank, Hold that !, Feb. 15 Barienbrock, Frederic, home of, May 50 Barnes, Mary H., idea by, Apr. 44 Barton's, Mrs. Robert, garden chapel, May 18 Bayes, Georgia, Feb. 92 Beach House, Feb. 42 Beaded Grape Glass, collection of, Jan. 37 Beauchamp, Elise, article by, Feb. 4 Beckey, Ruth E., article by, Mar. 31 Beds and Borders, Feb. 20 Beeson, Bess Huff, collection of, Jan. 37 Behr, Mr. and Mrs. Louis, home of, Feb. 15 Belcher, Frank, home of, Jan. 20 Belcher, Inc., of Los Angeles, chests by, Apr. 27 Bell, Louise Price, article by, Jan. 66, idea by, Mar. 81 Belluschi, Pietro, house designed by, Jan. 16, Feb. 42 Benton, Janet Suzanne, article by, May 15 Better Care for Longer Wear, Apr. 94 Birren, Feber, ideas by, Jan. 31 Birthdays Must Be Celebrated, Mar. 100

Blackstone, Arthur, contrib. by, Feb. 62 Blankets, care of, Apr. 94 Blondin, Catherine, article by, Apr. 94 Blue Willow Ware, collection of, May 43 Bolen, Mary Connell, idea by, Apr. 43 Books for a Child's Christmas, Dec. 6 Brand, J. A., home of, Apr. 20 Brass, Lord & Taylor collection of, Apr. 22 Breakfast, A Good, Jan. 57 Brick Wall, Damp Spots on, Mar. 62 Bridge Table and Chair, plans for, Apr. 61 Brodinsky, B. P., and Raymond Nathan, article by, Jan. 62 Broken Relations . . . with everything but the past, Mar. 49 Bronson, Barbara, and Elinor Scoville, article by, Dec. 6 Brown, Seletha A., article by, Jan. 36 Brownold, Bertram, idea by, Apr. 45 Building on a Hillside, May 60 Bulkley, Sally, article by, 96 But Get It For Yourself, May 87 Buying The Family Food, Apr. 102

The AMERICAN HOME MAGAZINE CORPORATION

Editorial Offices 444 Madison Ave., New York 22, N. Y. 1945

55 Fifth Ave., New York 3, N.Y.

Cake Technique, Check Your, Feb. 89 Camp, Ideas for Summer, Feb. 48 Campbell, Kay, articles by, Mar. 74, Dec. 68, May 43, Jan. 72 Car, Housecleaning the, May 49 Cavanaugh, James B., idea by, Feb. 52 Ceramics, collection of, Feb. 55 Chapel, Garden, May 18 Check Your Cake Technique, Feb. 89 Child Have Nervous Speech, Does Your?, Mar. 31 Children, article on, Dec. 91 Books for, Dec. 6 health of school, Jan. 68 praising of, Feb. 64 Seen-And Heard, Mar. 71 You're Proud of Your, Jan. 48 Chintz, American Home, use of, May 30 Christmas, Books for a Child's, Dec. 6 Carol, Dec. 74 Fixin's, Dec. 27 Home, Dec. 30 in Texas, Dec. 17 menus, Dec. 74 Our first, without you, Dec. 26 Table, Dec. 84 Toys, home-made, Dec. 37 Cleaning Tips for Long Life, Mar. 94 Clock Decorations, Mar. 47 Collecting Brass in the Whole U.S.A., Apr. 22 Collector, Why Not Be A Modern?, Feb. 55 Color, For Safety In The Home, Jan. 30 Coover, F. G., idea by, Dec. 20 Corn Yellow, Tomato Red and Pine, May 106 Corrigill, Mr. and Mrs. Alex S., home of, Feb. 46 Cottage, "Escape", Feb. 34 Picnic, Feb. 38 Country, A Place In The, Mar. 40 Craddock, Laura, idea by, Mar. 96 Craig, Marie E., article by, Apr. 87 Croy, Mr. and Mrs., ideas by, Apr. 45 Croy, Mrs. E. R., home of, Mar. 22 Cummings, James C., article by, May 60 Curley, Mrs. M. B., idea by, Apr. 43

- Darbyshire, Martha B., article by, Mar. 22
 Darbyshire, Martha B., and James M. Wiley, article by, Feb. 16
 Dark, Fear Of, Dec. 91
 Davenport, Marianna B., idea by, Apr. 44, Feb. 50
 Davidson, J. A., article by, May 105
 Davis, Gail, article by, Feb. 92
 De Armas, Dede, article by, Dec. 91
 Decorate It Make It Count As A Decoration, Mar. 47
 Decorating Dreams That Will Come True Are
- Practical Dreams!, Jan. 21 Illustrating One of the Cardinal Rules of Good,
- Mar. 33
- Decoration, Rule of, Mar. 26 Deon, Nancy, letter by, April 8
- Designed For His Babyship, Apr. 54
- Devlin, Jane, photos of, Dec. 60
- Dickens, Mrs. Geo. E., letter by, May 8

Dinner Drama, Mar. 88 Dinwiddie & Hill, house designed by, Apr. 19 Doll rooms, collection of, Dec. 32 Domestic Judgment Day, Apr. 31 Don't Wait For Beauty, Jan. 54 Doyne, Edna G., article by, Feb. 38 Doyne, Mr. and Mrs. J., home of, Feb. 38 Drake, Florence C., idea by, Dec. 30 Draper, Laura A., article by, Dec. 65 Dreams That Will Come True!, Jan. 15 Dressing Tables and Valances, May 35 Dugan, Mr. and Mrs., duplex of, May 28 Duncomb, Mrs. R. J., suggestion by, Dec. 22 Dye, Mary Elizabeth, quilt designed by, Jan. 28 Dyeing, home, article on, Jan. 54

Easter table, Apr. 107 8 Teen-Age Rules From Hollywood, Jan. 72 Eisfeller, Pine L., article by, Mar. 52 Etiquette For Teen Agers, Apr. 90 Eye Hazards In The Home, Apr. 87

Fabrics, Now You Can Paint On, Jan. 52
Farrington, Wm. G., Co., house designed and built by, Dec. 54
February Parties, Feb. 80
Takes The Cake!, Feb. 86
Firecrackers and Christmas, Dec. 17
Fisher, Mrs. Louis, idea by, Mar. 96
Fleury, Paulo, letter by, May 8
Flower Shows, Of What Use Your, May 27
Flowers From A Christmas Sky, Dec. 23
For A Beautiful Linen Trousseau, Feb. 28
She's To Be Queen Of The May, May 82
Formal Tradition—Down in Texas, The, Dec. 50
Freezing Spring Fruits and Vegetables, May 88

- Garden, For A Real, June 28 That Can "Wait" A While, Then You'll Want A, Mar. 21
- Gardening, Modern Way To Look At, Jan. 18 Gardens, Family, "Can Take" Children In Their Stride, Apr. 28

That Extend The House and Hospitality, May 22 Gift Plants Plus, Dec. 20

- Girl Rates A Pretty Room, A Pretty, Apr. 33
- Give Them A Good Lunch, Feb. 73

Glamor With Sense, Apr. 19

God The First Garden Made, May 18

- Good Modern, May 50
- Modern in Colorado, Apr. 20

Gordon, Earl E., May 20, design by, Feb. 55 Graham, Lillian S., and Wackerbarth, Marjorie, article by, Mar. 100 Guide, for Buying Fruits and Vegetables, Apr. 104

Gunderman, Helen, idea by, Feb. 84

Hamilton, Joseph, house remodelled by, Feb. 34
Hammond, Charles Herrick, garden of, Apr. 30
Hanle, Frances L., ideas by, Dec. 28
Harbeck, Marie M., article by, Mar. 17
Hartman, Virginia, idea by, Dec. 30
Head, Ethel McCall, article by, Feb. 55, Mar. 27, May 27, 50

Health of School Child, article on, Jan. 68 Hearts Entwined, Mar. 39 Hedges For Shelter And Privacy, Apr. 24 Heirlooms For Tomorrow, Mar. 52 Hennessey, Wm. J., article by, Jan. 23, Apr. 17 Henry, Mrs. Betty, recipe by, Feb. 88 Herrod, Virginia, article by, Dec. 26, Apr. 90 Hill, Chance, garden plan by, Apr. 30 Hillside, Building On A?, May 60 Hochman, Louis, article by, May 20 Hold That Bank!, Feb. 15 Home And The Health Of Your School Child, Jan. 68 Take Inventory On The State Of The, Dec. 58 Home-made Toys This Xmas, Dec. 37 Hornbein, Victor, house designed by, Apr. 20 Horses Got The New House, The, May 57 Hot Spots, Mar. 62 Housecleaning Your Car, May 49 Household Helps, Dec. 58, 90 How To Be Pretty When Photographed, Mar. 74 How To Begin 1. Homemaking Means Gardening, Feb. 22 2. Garden that can "wait" a while, Mar. 21 3. Family Gardens, Apr. 28 4. Gardens That Extend the House and Hospitality, May 22 5. Time Never Hangs Heavy, June 28 How You Can Use It!, A. H. Chintz, May 30 Humiliate Him, Don't Publicly, Apr. 46 I Can Dream, Can't I?, Mar. 45 I Hope It Doesn't Happen Here!, May 24 Ideas, Some Swell, Apr. 42 If You Can't Have "New", You've Got To Know Some Rules, Feb. 16 Illustrating One Of The Cardinal Rules Of Good Decorating, Mar. 33 Indian Quilt, Jan. 28 Industry Makes Color Work, Jan. 30 Jensen, Eileen, article by, Feb. 24 Jewel-Box Home, Dec. 60 Johnson, Cy, home of, Jan. 20 Joyner, Julia Bliss, article by, Dec. 74, Jan. 57, Feb. 86, Mar. 87, Apr. 102, May 93, June 82 Junior Mess, Feb. 92 Kendall, Helen L., collection of, Dec. 32 Kerr, Peter, home of, Feb. 42 Killian, Jeanette, idea by, Mar. 97 Kitchen Keyed To Cat, Mar. 96 Remodeled, May 106 Kleinberg, John E., idea by, Dec. 38 Knagge, Ruth K., idea by, Feb. 48 Konzelman, Kay, idea by, Dec. 30

Lacey, Ethel K., article by, Mar. 49 Lamson, Mary Deputy, Mar. 30 Lebo, Nelson F., article by, Apr. 22 Lee, Ruth, article by, Mar. 33 Let Them Be Seen—And Heard, Mar. 71 Let's Face It, May 81 Lights Out!, Dec. 91

Linen, Care Of, Apr. 94 Requirements, Feb. 30 Trousseau, For A Beautiful, Feb. 28 Lingerie Shower, Apr. 100 Lippincott, J. Gordon, article by, Jan. 4 Lloyd, Mrs. Lynn, home of, Apr. 27 Lockhart, June, May 80 Lord & Taylor, collection of brass, Apr. 22 Lukens, Glen, design by, Feb. 55 Luks, Gertrude, article by, Mar. 43 Lunch, Give Them A Good, Feb. 73 Magnon, Mrs. W. H., idea by, Feb. 50 Make It Easy, May 93 Malone, Mrs. Chas. E., idea by, Dec. 30 Manning, Maybelle, article by, Dec. 17, 32, May 18 Marks On Wall, Those Telltale, Mar. 62 Maxey, Stevens and Amelia, article by, Jan. 52, Mar. 47 Maxon, Hazel Carter, article by, Jan. 64 Maypole Party Table, May 82 McGlone, Clifford, idea by, Apr. 43 McLean, Melisse, article by, Mar. 97 McPherson, Dr. and Mrs. James L., home of, Mar. 27 Mellick, Dorothy, article by, Dec. 60 Memorials That Live and Serve, Mar. 17 Menu Planning, Feb. 70 Miles, Allie Lowe, idea by, Mar. 80 Milk Glass, Plates of, Jan. 37 Miller, Mr. and Mrs. Louis H., garden of, Mar. 21 Miniature doll rooms, collection of, Dec. 32 Mitchell, Lillian M., article by, Mar. 21 Monogramming Linen, Feb. 28 Moodey, Marion McCook, article by, Apr. 50 Moore, Helen C., suggestion by, Dec. 20 Morse, Richard A., house designed by, Mar. 26 Moss Rose China, Jan. 37 Mossman, Ruth J., idea by, Mar. 97 My Son ..., Feb. 4

Nathan, Raymond, and B. P. Brodinsky, article by, Jan. 62
Natzler, Gertrud and Otto, design by, Feb. 55
Neal, Robert M., article by, May 68
Nelson, Ruth E., article by, Jan. 48
Nelson, Violet, ideas by, Feb. 84, Mar. 82
Nervous Speech, Does Your Child Have?, Mar. 31
New Orleans in Texas, Apr. 17
New Year's Party, Jan. 64
Nielsen, Mrs. Benjamin, idea by, Dec. 27, Mar. 81
1945 Resolution—A Good Breakfast, Jan. 51
No Focal Point? Build One!, Apr. 26
Now You Can Paint On Fabrics, Jan. 52

Of What Use Your Flower Shows?, May 72 Old Age, Dec. 65 Old Dogs With New Tricks, Apr. 39 One-Room Home, Dec. 60 Ortgies, June Cochrane, article by, Feb. 82, Mar. 45, Apr. 42, 100, Dec. 21, 30 Orth, Mrs. Gilbert, idea by, Mar. 96 Our First Christmas Without You, Dec. 26 Painting About The House, Apr. 68 Paint-Up Time Again, It's, Apr. 74 Parcher, Clifford, article by, Dec. 70 Parramore, Catherine, article by, Jan. 57, recipe by, Feb. 88 Party For A Dreary February Day, Feb. 82 Ideas, Mar. 81 Poinsettia, Dec. 86 Pennington, Ruth, design by, Feb. 56 Pfeiffer, Sarah Shields, article by, Mar. 65, 71 Pet dishes, Mar. 48 Phinney, Eloise M., article by, Feb. 73 Photographed, How To Be Pretty When, Mar. 74 Picnic, Winter, Jan. 66 Pills Begin At 40!, May 76 Piper, Mr. and Mrs., duplex of, May 28 Piper, Mr. and Mrs. George, garden of, May 22 Platt, Lt. and Mrs. John, home of, Jan. 16 Poinsettia Party, Dec. 86 Postbaloney . . . True or False?, Jan. 4 Postwar Home Contest, Jan. 21 Potter, E. D., article by, Feb. 91 Pottery, collection of, Feb. 55 Predilection For "Rustic", Apr. 82 Preston, William S., garden of, Apr. 29 Primer for the American Home Gardener, Lesson 9. A Is for Annuals, Jan. 26 Lesson 10. Beds and Borders, Feb. 20 Lesson 11. Shrubs For Garden Effects, Mar. 18 Lesson 12. Hedges for Shelter and Privacy, Apr. 24 Lesson 13. Vines For The Garden, May 65 Lesson 14. Summer Upkeep Of Your Garden, June 76 Pussywillow Shower, Mar. 79

Quilt, Indian, Jan. 28 Quilts, Mar. 52 Quinn, T. F., home of, Apr. 19

Raabe, Martha, article by, Feb. 64 Radcliffe, Phoebe, article by, Feb. 26, May 76 Read, LeNeve N., article by, May 57 Really Small!, Feb. 46 Refinishing, We Do Our Own, Jan. 41 Reid, Mr. and Mrs. Stanley J., garden of, May 23 Rennes, Mrs. Mike, idea by, Feb. 52 Reynolds, Felicite, home of, Mar. 33 Richardson, Lou, idea by, Feb. 48 Ring in the New Year, Jan. 64 Rippey, Thomas M., article by, Mar. 62 Rogers, Vivian, letter by, May 6 Room For A Girl, Apr. 33 For a Young Indian, Jan. 28 Rosewood sofa, Jan. 37 Rucker, Ned S., landscaped by, Jan. 20 Rules, You've Got To Know Some, Feb. 16 Ryser, Marcella, and Elinor Scoville, idea by, Mar. 81

Sad Beginning . . . Happy Ending!, Feb. 34 Samuels, Mr. and Mrs. David, home of, Apr. 82 Samuels, Robert P., house designed by, Dec. 52

138877

Sansing, Dr. and Mrs. C. O., home of, Dec. 50 Saving Pays, Mar. 22 Scheduled Baking, Mar. 91 Scholey, Mrs. Edith, article by, Mar. 101 School Lunch or Lunch Box?, Jan. 62 of Living, May 20 Schulte, Wilhelmina L., idea by, Mar. 97 Schumacher, Frank J., bridge table designed by, rumpus room, Apr. 61 Schweiger, Helen Lee, article by, Dec. 37 Scofield, C. Edward, article by, Feb. 22 Scott, Wilma, article by, Mar. 91 Scoville, Elinor, Apr. 46 Scoville, Elinor, and Barbara Bronson, article by, Dec. 6 Scoville, Elinor, and Marcella Ryser, idea by, Mar. 81 Seitz, Willa Blake, article by, Jan. 54 Self-Sufficient Gordons, The, May 20 Serving Spring, Apr. 107 Seymour, E. L. D., article by, Jan. 26, Feb. 20, Mar. 18, Apr. 24, May 64 Sherman, Mr. and Mrs. George, home of, Feb. 16 Short Cuts, Dec. 80 Shower, a Lingerie, Apr. 100 Pussywillow, Mar. 79 Shrubs for Garden Effects, Mar. 18 Silver Dunes and the Pacific at its Front Door!, Feb. 42 Simms, Jane, idea by, Mar. 97 Skinner, Virginia, article by, May 49 Smith, Alexander, and Sons Carpet Co., Contest of, Jan. 21 Snow Can Be Beautiful, Dec. 23 So You Want To Do It Over!, Apr. 50 Some Swell Ideas, Apr. 42 Spatter Painting For Xmas Wrappings, Dec. 27 Stable Converted Into House, May 57 Stafford, Mrs. Mabel, letter by, Apr. 6 Stanley, Helen D., letter by, Apr. 8 Starr, Sylvia, article by, May 107 Stewart, Charles T., article by, Mar. 6 Stewart, Paul, home of, Feb. 34 Stumbought, Virginia Carter, idea by, Feb. 52 Sturtevant, Roger, article by, Apr. 82 Sub-Debs Are Nice People, Dec. 68 Suffering From Apartment Kitchen White?, May 104 Summer Camp Ideas, Feb. 48 Swallow, William, idea by, Dec. 90 Sydnor, Earl, apartment of, May 36 Sylvester, Elfrieda M., idea by, Feb. 48 Take Care!, Dec. 90 Inventory on the State of the House, Dec. 58 Taxes, Low, And All City Conveniences, Mar. 6 Taylor, Ralph, home of, May 57 Tea Dance, Teen-Age, Dec. 70 Teen-Age Adults, Our Number 1 Problem, May 15 Do's and Don't's for, Dec. 68 Rules From Hollywood, Jan. 72

Tea Dance, Dec. 70

Temple, Shirley, Apr. 90

Teen-Agers, Etiquette For, Apr. 90

There Is A Modern Way To Look At Gardening, Jan. 18 They Grow Best Facing The Sun, Feb. 64 Put The Difference In War Bonds, May 36 Three Generations Under One Roof, May 27 Three Lions, idea by, Dec. 90 Through The Kitchen Window, Mar. 96 Tools, You Can't Do A Good Job Without Good, May 69 Toys, Home-Made, Dec. 37 Tricks Of The Trade, Feb. 88, Mar. 92, Apr. 114, May 102 Tressler, Donald K., article by, May 88 Trotter, John Scott, collection of, May 43 Trousseau, For a Beautiful Linen, Feb. 28 Turner, J., ideas by, Feb. 72 25 American Home Achievement Medals Awarded in 1944, Apr. 65 Valances And Dressing Tables, May 35 Valentine Party, Feb. 84 Valley Forge, Feb. 4

Vaughan, Elizabeth, idea by, Feb. 48, 52 Victory Garden, Your, is Needed, Apr. 68

Vines For The Garden, May 64 Visiting, New Styles In, Mar. 65 Wackerbarth, Marjorie, and Lillian S. Graham, article by, Mar. 100 Walker, Robert Sparks, article by, Dec. 23 Waring, Mr. and Mrs. Fred, home of, Jan. 23 Waring's Pennsylvanians, Jan. 23 We Do Our Own Refinishing, Jan. 41 Like Our Picnics Private and So-o-!, Feb. 38 Like Practical Ideas, April 61 Webster, Helen Emily, Dec. 86, Mar. 79, May 82 Week-End Cottage, Feb. 46 Welch, Daisy, idea by, Mar. 80 Well Planned, Well Fed, Feb. 70 Well-You've Trapped Me!, Feb. 24 When All The World Was Young, Dec. 32 Only Memories Spoke of Home!, Jan. 36 Why Not Be A Modern Collector?, Feb. 55 Wibel, Nola E., article by, May 24 Wildenhaim, Marguerite, design by, Feb. 55 Wiley, James M., and Martha B. Darbyshire, article by, Feb. 16

Wiley, James M., and Ruth Lee, article by, Mar. 33 Wiley, James M., article by, home of, Apr. 39 Willard, Adelaide, article by, May 86 Williams, H. Corbett, idea by, Dec. 36 Williams, Dr. Harold Hamilton, article by, Feb. 22 Winter Picnic, Jan. 66 With An Eye To The Future, Mar. 27 Woestemeyer, Mr. and Mrs. Otto, home of, Apr. 17 Wood, Beatrice, design by, Feb. 55 Wood, Refinishing, Jan. 41 Woodard, Mrs. Lucy Taylor, letter by, Apr. 8 Work bench, Apr. 61 Worn Cords Are Hazards, May 48 Wurster, Wm., house designed by, Jan. 20 Wurtz, Lionel, article by, Apr. 74 Wyatt, Anabel M., article by, Dec. 27 Yerkes, Helen B., Apr. 31 You Can't Do A Good Job Without Good Tools!, May 68

You Forget . . . But They Remember, Apr. 46 Your Christmas Table, Dec. 84 You're Proud of Your Children, Jan. 48