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Cooking Lesson No. 41
How to make Crusty French Bread

Exclusive new craft: PAINT A QUILT IN A WEEKEND

SUNNY DECORATING: More color than cost

25 GRAND DISHES FROM SUPERMARKET SPECIALS
Applesunae Recipe

Peel 6 red baking apples about 3/4 way down. Core. Place each apple on a 12” x 12” piece of Reynolds Wrap. Brush cut surfaces of apples with lemon juice. Fill center of each apple with 2 tablespoons currant jelly and 2 tablespoons of cinnamon red hots. Sprinkle cut surfaces with red sugar. Bring foil up over individual apples. Pinch ends together to close. Place in shallow baking pan. Bake in a preheated oven (350°) for 45-60 minutes, or until apple is easily pierced with fork. Turn back foil and crimp edges. Top each hot apple with small scoop of vanilla ice cream and 1 tablespoon of melted currant jelly.

Reynolds Wrap. Oven-tempered for flexible strength.
DORAL MAKES THE SCENE

CUE THE 1,000 WARRIORS...
CUE THE RED SEA...
CUE THE...
TASTE ME TASTE ME

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The filter system you'd need a scientist to explain... but Doral says it in two words, "Taste me!"

WARNING: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health
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COVER: Old and new combine in a young couple’s “Sunny Decorating,” starting on page 47. Typifying the elements are bright flowers, a cherished afghan and a 19th-century English drabware dish. Photographer: William Maris
Gerber prepares junior foods for the most important person in the world...your baby.

About the time your baby gets a tooth or two, he's ready for bigger portions, like Gerber Junior Foods. The vegetable and meat combinations are perfect for older babies because they have tasty, tender food particles to encourage chewing. Gerber Junior Foods... good things for your baby's growing appetite.

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American ingenuity, that native talent for making things that was so characteristic of our pioneer forebears, is once again alive and well, we are happy to report. We have often commended the renewed awareness that money can be saved and spirits lifted by making things of lasting beauty and practicality with one’s own hands. This month we salute a group of unusually inventive people.

Joyce Hartwell is a lady carpenter and a darn good one at that, as you will see on page 14. She developed her skills with hammer, nail and saber saw while working as a photographer’s prop girl, and now designs and makes architectural interiors. She will soon have her own syndicated TV show, “Lady Carpenter.”

Debby Schmitz has used her considerable sewing and needlework talents to furnish a first home with a blend of old, new, bought, begged, found, given—all of it on a newlywed’s budget—producing the houseful of sunny, ingenious ideas you will find on pages 47 through 53.

Nina Pellegrini wanted to make a quilt, so she sat down and “painted” one, translating an old craft into a new one that you can copy in a weekend. See the results on pages 58 and 59.

Marda and Eli Post and Linda and Larry Routh may be the most ambitious of all. These two couples built their own vacation homes, the Posts in the woods of southern Vermont, the Rouths in the woods of northern California. Their houses are on pages 54 through 57.

How about you and your neighbors? What are you making these days—new craft or your own home? We’d like to hear about your American ingenuity and perhaps share it with the rest of our readers.

FREE BOOKLET: “Answers to Questions Women Ask.”
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By Dorothy Lambert Brightbill

Grace your walls with the brightness and sweetness of spring—with pansies and hyacinths that bring you needlework pleasure. Barbara Sparre’s spring-flower designs, stamped on parchment homespun, are embroidered with colorful wool yarns to make a generous (12-by-24-inch) splash of yellows, pinks, blues, purples. The yarn is included in each kit, along with easy-to-follow instructions, stitch charts and color guides. The green-and-gold frames, which are shipped unassembled, have special corner braces that make putting them together a simple and speedy task.

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You will find that family and friends are amazed at your new-found abilities to plan purchases; get value at auction; use fabrics with authority; disguise architectural faults; achieve window glamour; make, remake, select, hang curtains, draperies, cornices, valances; create and care for the perfect floor for all rooms; use wallpaper, paint, wood paneling; embellish your bathroom!
If your No. 1 resolution for '72 is to keep your days and dates straight, take a cue from the new calendar crop—all eye-catching and artful additions to kitchen, office or den. Some are perpetual, with movable parts that indicate the day, month and year. Others, flashier versions of the traditional wall calendar, have colorful tear-off pages that are much too pretty to throw away. They're fun as birthday-gift wraps, and it's one way to remember the date. Or give a calendar as a present so you'll be remembered all year.
BIG NEW GARDEN CATALOG from Jackson & Perkins

NEW ROSES! See Golden Gate, the 1972 Rose of the Year, a brilliant intense yellow — outstanding for cutting! Plus White Masterpiece, a brand new J&P exclusive with huge 6-inch blooms specially bred for disease resistance. Here’s Heirloom — exquisitely fragrant, pure lilac — one of the rarest colors in the rose world. And two fabulous new Floribundas — Faberge, with blooms that look like costly florist roses, and Apéritif — its strawberry-and-cream-colored petals are stiff like heavy taffeta, so blooms last longer in arrangements. All these plus the new All-America Winners and famous favorites... including First Prize, the hybrid tea rated as top exhibition rose in the nation by The American Rose Society.

AND MANY OTHER FLOWERS! New tigridias, ranunculus, gladiolas and anemones. FLOWERING TREES... decorative Thundercloud Flowering Plum, Saucer Magnolia, Crab Apple — and the world’s only known fragrant dogwood!

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Jackson & Perkins, Medford, Oregon 97501
A trial lawyer and his wife work to take the dangers out of children’s playthings.

Lawyer/safe-toy crusader Ed Swartz helps Joan, 5, and James, 6, turn play into do-it-yourself art. Next to their own creations, the kids favor soft, squishy, stuffed animals.

While parents relax, Joan and James enjoy two lightweight go-anywhere, fiber-glass favorites—a one-passenger seesaw and a low gentle slide.

Linda and Edward Swartz of Boston have learned that toyland is not necessarily joyland. Ed, a personal-injury trial lawyer, first became aware of “the death trap lurking in the toy box” when several clients came to him seeking compensation for injuries to their children caused by hazardous toys. The Swartzes looked at the playthings of their own children, James and Joan; many labels carried the reassuring words “safe” and “nontoxic,” but close examination revealed the opposite. Now, after much research, the Swartzes are toy-safety experts and encourage their youngsters to make their own. “The kids really enjoy it,” says Linda. “When they tire of a paper-bag puppet or a milk-carton boat, they can make something else.”

Among the hundreds of losers Ed and Linda have examined (from top-rated toy shops as well as dime stores) are crawling-tunnels made of flammable cloth and hollow teething rings filled with impure water. Equally disturbing are toys that inflict psychological damage—toy torture chambers, games that include bloody human “parts,” miniature crash cars for simulating collisions. Ed has put the results of this study into Toys That Don’t Care (Gambit, $6.95), a new book that mentions more than 1,000 harmful toys, with guidelines on what and what not to buy. Both Ed and Linda hope their toy crusade will reach all interested parents.

Susan Wood
It's all the care your wood paneling should ever need.

Johnson Wax made new Regard specially for wood paneling. Made it with a versatile combination of cleaners to remove dirt, grime, grease, stains, even crayon marks. Made it with a blend of conditioners found only in Regard to give your paneling beauty that lasts.

Great on kitchen cabinets, too. New Regard.
A clever lady carpenter believes any woman can wield a hammer and saw with success.

Joyce Hartwell sees no reason why a carpenter must be a man. "If a woman can handle an electric carving knife, she can manage a drill and a saber saw," says this busy young entrepreneur, head of her own woodwork-design firm in New York City. Joyce's facility with hammer and nails came to light on her first job, prop girl for a photographer. Rather than search out many hard-to-find items, she decided to build them, learning carpentry skills on her own. Four years ago she opened a small gift and antiques shop, and without planning it that way, saw her back room fast become a carpentry shop. Between rebuilding old furniture and creating new unique pieces of her own, she was spending more time in the back room than she was up front. So the gift shop was abandoned, and Joyce started the woodwork-design business and called it Lady Carpenter Enterprises. She revamped an old New York loft building, turning the top floor into a home for herself and her husband (Rick's on the administrative staff of a Manhattan hospital) and the lower floors into workshops.

Talented Joyce, who has encountered as much prejudice as praise for being a "lady" carpenter, believes in fair employment practices: Her assistants are four men and four women. Soon she will teach woodworking and other skills via a syndicated TV show that she hopes will interest women. "A housewife who takes care of children does as much physical labor as I do," she says, "and is certainly capable of becoming a good carpenter." Craft unions, beware: The women are coming, the women are coming!
The End of The Naked Bathroom.
It begins with Sears washable bath carpet.

If Sears has its way, no bathroom in America will ever go bare. Because a naked bathroom isn’t very nice to step into. But Sears Cloud Supreme Carpeting is.

Soft, deep, fluffy as a cloud, it’s made of long-wearing 100% DuPont nylon pile. So it’s 100% machine washable and dryable. It’s even backed with a thick foam cushion for extra softness underfoot. And Cloud Supreme is so easy to install yourself. All you need is an ordinary pair of scissors.


Sears Bath, Slumber and Linen Shop.
**THE GOOD-LOOKING HOMEMAKER**

# PRE-BABY FIGURE FIRMERS

Jill Flynn (right) is the personification of a radiant expectant mother. Her secret? She's as active and energetic now as she was before her pregnancy. "I've slowed down a little," she says, "but John and I still do most of the same things." An athletic couple, the Flynn's play tennis and golf on weekends and are busily decorating their new apartment overlooking New York's Central Park. Through it all, Jill has continued her work at a public-relations firm. Together, the Flynn's attend natural-childbirth classes, and Jill practices the recommended breathing lessons. In addition, for figure insurance, she exercises regularly.

Exercise during pregnancy is important if you want to be your slender self after the baby arrives. For your stretched abdominal muscles must be resilient to get back into shape quickly, and this requires exercise. So take a few minutes each day, as Jill does, to do the following routines (from Dodi Schultz's book *Have Your Baby—and Your Figure, Too!* Pyramid paperback, $9.50).

But remember: Before you start exercising, make sure each routine and the number of times it is to be performed meet with your obstetrician's approval.

Your slim, trim figure won't be just a memory if you exercise regularly while pregnant. But check with your doctor first!

(continued on page 20)

Start your session with this very basic limbering-up exercise: Stand perfectly straight, and reach way, way up, until you feel a tingling in your fingertips. Then let your body fall forward from the waist, hands dangling (don't try to touch your toes; that's not important). Relax that way for a few seconds.

Lie on one side, resting your head on your arm, the other arm stretched out in front to brace you. Now raise your leg as high as you can (the trick is to be sure you're raising it straight up, neither forward nor back) and then lower it, five times. Then turn over on the other side and repeat with your other leg. (continued on page 20)

Illustrations by Tonia Hampson

Virginia Slims are slimmer than the fat cigarettes men smoke. And rightly so.

Virginia Slims is the only slim cigarette made just for women. They’re tailored slim to fit your hands and your lips. With rich Virginia flavor women like.

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You’ve come a long way, baby.
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By Dorothy Lambert Brightbill

The delicate laciness of this afghan works up quickly, and it's so simple to do! The Orion acrylic yarn has all the wonderful softness, texture and warmth of wool, yet it is less expensive and completely machine washable (use the gentle cycle). And you'll have more than just an afghan—its 45 by 65 inches make it a generous shawl for you to cuddle in. Kit includes yarn and "hairpin" loom with complete instructions.

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*4
ANNOUNCING—An exciting new way to lose weight with

‘Miracle FAT-BURNING Foods’

Now—see how the high-powered nutrients in these delicious foods CHASE FAT OUT OF THE BODY quickly... easily... painlessly... permanently!

Dear Friend:

This may well be the greatest weight-loss breakthrough of the century!

Sidney Petrie, a clinical obesistologist, has now completed his report on MIRACLE FAT-BURNING FOODS—foods packed with high-powered nutrients and the ability to chase fat out of the body like magic!

He states in no uncertain terms that you can lose 20... 50... 100 lbs, and more by eating these foods—and they're delicious!

You can eat them as supplements to your regular meals—and enjoy more variety than you have been gaining weight on. ONLY NOW YOU WILL LOSE WEIGHT!

How can this be? Petrie explains it this way:

"Fat is lost when energy is being produced by the body's cells. Fat can be lost only if the process which burns fat is increased.... Fat needs energy to be burned, a process requiring many vital nutrients."

"This is the secret," says Petrie.

The nutrients in these foods are, in his words, "high-powered... bursting with vitality." They "nourish the cell structure of the body without adding to blood sugar."

Fat-Burning... Safe, Easy, Fast!

Petrie uses the phrase "FAT-BURNING" to illustrate how these nutrients turn fat into energy.

Rest assured that this method will never cause you the slightest discomfort whatsoever... because it's exactly the same kind of energy-burning process that takes place when you lift your arm, or blink your eyes!

The only way you'll know it's working is when you look in the mirror and see pounds and inches gone all over your body!

Yes, it sounds incredible—that you can lose 100 lbs, and more by such food intake—but this is no miracle promise to you. And he backs it up with proof!

Many So-Called "Hopeless" Cases Helped!

Sidney Petrie's practice consists of so-called "hopeless" obesity cases referred to him by physicians and other medical specialists. Most of them had practically given up hope of ever being able to lose weight.

They had known only failure with every "diet"... even though they had started eating the MIRACLE FAT-BURNING FOODS plan.

The only kind of energy-burning process that takes place when you lift your arm, or blink your eyes!

Petrie reports how one woman was unable to lose weight until she started consuming the MIRACLE FAT-BURNING FOODS plan! The pounds simply fell off from her body without the slightest discomfort whatsoever...

But Here's What Happened! Even though they had known only failure with every diet, they had been unable to lose weight on any diet that they had ever been able to lose was 6 lbs.

The Result: 35 lbs. lost the very first month! 101 total lbs. gone just 6 months after that!

Mrs. M.—who would go on a "sweets kick" two or three times a week. She simply had no resistance against rich, creamy cakes and pastries! In desperation, she turned to Petrie and immediately put on the MIRACLE FAT-BURNING FOODS plan.

The Result: 62 lbs. quickly BURNED OFF, and the craving for cakes and pastries completely eliminated!

Mrs. G.—a diabetic, who (because of her condition) found it extremely difficult to diet. She always had to suffer nagging hunger throughout the evening. After her doctor had recommended her to Petrie, she started her on MIRACLE FAT-BURNING FOODS.

The Result: 5 lbs. lost the first week, remarkable for a person. She immediately wrote back, saying she was recommending this method to other diabetics!

Mrs. M.—who put on weight after giving birth, and found herself 32 lbs. too heavy. She had never tried to lose weight before, and felt tense and uneasy about having to do it. With the MIRACLE FAT-BURNING FOODS plan, however, those feelings were immediately calmed.

The Result: all 32 lbs. vanished in 11 short weeks! "It was a breeze!" she said.

Mr. R.—who had to eat and drink heavily at business lunches, because his job depended on it. At 250 lbs, he looked 15 years older than he was!

The Result: 5 lbs. lost the first week, remarkable for a person. She immediately wrote back, saying she was recommending this method to other diabetics!

Mrs. M.—who entertained at home a lot, and ate so much of the sweets served to guests that she ended up 40 lbs. overweight. The idea of MIRACLE FAT-BURNING FOODS seemed incredible to her, but she agreed to try them.

The Result: 40 lbs. BURNED OFF in just 16 weeks!

Letters From Former Patients Keep Pouring In!

Day after day, letters come pouring into Petrie's office from former patients, expressing their joy and gratitude to him for his help. One writes:

"I've been on and off diets for 20 years... this is a miracle!"

Another says:

"I find (eating these foods) one of the easiest ways to lose weight. There is no battling."

Send for 30-Day No-Risk Trial Right Away!

There's no better way to see how it works than this—use the amazing MIRACLE FAT-BURNING FOODS plan at your risk for 30 full days!

Here's all you have to do—fill out and mail the coupon together with your remittance for $6.98, and Sidney Petrie's "Miracle Diet for Fast Weight Loss" will be sent to you for 30 days! No-Risk use. You either get the results you want in vanishing pounds and inches—or simply return the book for a full refund.

It is never too late to become what you might have been. The opportunity is here, on this page, in the Coupon below. Why not send it in—at your risk—today?

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Stone! I enclose $6.98 in full payment. I may examine it a full 30 days at your risk or money back.

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Exercises are a boon to the pregnant woman: The three routines below should help abdominal muscle tone and make for an easier delivery.

**FIGURE FIRMERS continued from page 16**

**PLUMB LINE**

News from an architecture and environment editor's desk

A penetrating look at trash was presented recently in an exhibit—called "Garbage: the Need to Recycle"—at New York's Hallmark Gallery. Visitors were greeted by two enormous rubbish piles that threatened to engulf the display area. Though the impulse was to turn away, the problem illustrated is one we can no longer hide from: four billion tons of solid waste generated daily by American industry, agriculture, mining and individual households. Our resources are shrinking, our waterways are becoming polluted, and open dumps are overflowing. Our nation may be a vast garbage heap by the year 2000, unless we take action.

**Hallmark kitchen (above) is filled with recycled items. Inset below shows dried food in sawed-off bottles, spices in baby-food jars, utensils in cardboard tubes, string in plastic pig faces, baling-wire trivet and can warmer.**

---

Sit with your legs straight out in front of you, toes pointed. Put your arms up straight. Take a deep breath (the "normal" kind). Reach toward your toes, breathing out as you do so; it's not important to touch your toes, and in your later months, of course, you'll be unable to do so. Now swing your arms behind you, lean back, head back and chest up and out, and breathe in deeply. Repeat about five times, exhaling each time you reach forward, inhaling each time you lean back.

This routine promotes tummy-muscle strength as well as flexibility. Lie on your back on a mat, carpet or other soft but firm surface, arms straight out at either side. Draw your knees up toward your chest. Now twist from the waist to roll your hips toward one side, so that your knee touches the floor; keep your hands, arms and shoulders down. Roll your hips over to touch your knee to the floor at the other side; arms and shoulders are still down. Roll back and forth three to five times.

This "rocker" routine may feel a bit silly, but it's really a very helpful pelvic flexer, and good for back strains as well. Lie on your back with your knees bent, feet on the floor. Arch your back up (you can feel the space underneath with your hand) to "rock" your hips forward, then press your spine down to the floor to rock your hips back. Do this 10 or 12 times.
Recycling is one way to reverse the trend, and various new methods were described in the show. For example, a strain of bacteria is being developed to transform solid waste into protein-rich feed for animals. Also under development is an ingenious three-layer bottle that will disintegrate after use—one need only peel off the outer, film-thin layer and the other two will dissolve in water. These and other new procedures are still experimental, and all are costly. Moreover, collecting and separating refuse continue to account for 90 percent of all recycling expenses—which is why individual concern and initiative are vital. And here the show was at its best.

Among the exhibits were examples of the imaginative reuse of refuse by artists, designers and craftsmen. There were wall ornaments cut (and fringed) from tin cans, collages made of painted egg cartons, a good-looking light fixture assembled from broken egg shells and a towering sculpture made of old doorknobs, glass fragments and marbles reclaimed at a dump. Junk sculpture made by children enlivened the interesting display.

The hit of the show was a model kitchen equipped entirely with recycled junk (opposite). A chandelier consisted of the sawed-off top halves of bottles dangling from a colander. The bottle bottoms were also used—as drinking glasses and as pots for growing herbs. (Glass-cutting tools were suggested as everyday kitchen equipment.) Drawers were made from wine crates, utensil holders from sawed-off cardboard mailing tubes, elegant candle holders from old tin cans. The upper portions of plastic bottles became clever pig faces holding sjrands from sawed-off cardboard mailing tubes, made from wine crates, utensil holders from sawed-off tin cans, cut into shape, and assembled from broken egg shells and a towering sculpture made of old doorknobs. Glass magazines from a colander. The bottle bot­tom and the other two will dissolve in water. These and other new procedures are still experimental, and all are costly. Moreover, collecting and separating refuse continue to account for 90 percent of all recycling expenses—which is why individual concern and initiative are vital. And here the show was at its best.
ONCE UPON

A surprising variety of mattress-pad quilted patterns is available, from diamonds and squares to graceful serpentine shapes. Then let the design spirit move you—to motifs like these simple geometrics or others you may devise. How-to's are on page 75. For another exclusive quilting technique, see “Paint a Quick Quilt,” pages 58-59.

Whether you're wildly creative or still in the “paint-by-numbers” stage, designer Jean-Pierre Durante has the perfect craft for you. The curtains, headboard, coverlet and pillows seen above are white-cotton quilted mattress pads on which you paint “instant” graphics with acrylics straight from a tube. Search the stores: A
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## Albums

- **The Johnny Cash Collection**
  - His Greatest Hits — Vol. 2
  - The Taker
  - The Purple Sage

- **Jimi Hendrix**
  - Rainbow Bridge
  - Band of Gypsys

- **Bobby Sherman**
  - The 5th Dimension
  - Live!!

- **The Beach Boys**
  - Good Vibrations
  - Surfin' USA

- **The Beach Boys Surf's Up**
  - Plus Don't Go Near The Water

- **Mark Lindsay**
  - You're a Friend

- **Johnnie Horton**
  - The Battle of New Orleans
  - Ragtime Cowboy Blues

- **Kris Kristofferson**
  - The Silver Tongued Devil and I

### More Best-Sellers

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### Additional Information

- **More best-sellers to choose from on preceding page**
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32 IDEAS FOR COZYING UP YOUR HOME

By Helene Brown

A winter wardrobe for your home? Not a far-fetched idea at all and certainly worth the effort when your results produce a home that becomes a cozy haven during the blustery months. Warming up for winter can involve major redecorating or just some quick and easy additions to your present scheme. The recipe for decorating a warm and intimate room has many ingredients: deep, fall colors; lots of pattern; a pretty clutter of favorite things; fabrics in rich textures; subtle lighting; closely grouped furniture. All these encourage a snug atmosphere.

THE PILLOW PLOY

1. Deep, squooshy furniture with loose pillow backs invites you to curl up.
2. Puffy pillows heaped on sofas, chairs and beds give a special warmth.
3. A stack of oversized floor pillows entices even the up-tight to stretch out and relax.
4. For unusual pillow covers, knit an argyle pattern as you would for a sweater. Or cut up children's outgrown sweaters to make woolly covers.

FIRESIDE CHAT

5. If you're lucky enough to have a fireplace, make it your winter focal point. Cluster your living-room furniture in front of it, so you can feel the warmth.
6. Have lots of wood handy in large Irish fisherman's baskets or in a big, old, open trunk. A wooden bucket full of long matches, kindling and newspaper tied in Nantucket knots (folded into strips and then pretzel-twisted) can help keep those home fires burning.
7. Save up the stalks from dried herbs to toss on your fire for a delightful aroma. Orange peels waft an appealing scent.
8. On the mantel, a ready basket of nuts and fruit can keep the nibbler happy as he warms his toes.

CLOSENESS

10. Rearrange your furniture so it is closer together. Move the sofa and easy chairs toward the center of the room to create an intimate conversational island. Place an upholstered screen behind a grouping of pieces to cut out drafts. Use your coffee table for informal suppers.

IMAGINATION PLUS

11. For the ultimate in easy-to-make window luxury, gather cotton velveteen on a wooden pole, tie it back on each side, and let it fall to the floor. Make it extra long so that it ripples slightly where it touches. Summer sheers left drawn beneath it filter a dreary view.

12. Slipcover a wing chair with denim plaid. Make curtains to match to warm up shuttered window areas.
13. Use a crocheted bedspread or old quilt as a tablecloth. Skirt a table to the floor and top it with a smaller cloth in a different pattern but in a similar coloring.

14. A woolly shawl thrown over a desk chair might just get those letters written and the bills paid sooner.

15. Soften your lighting. Use pink bulbs in a lower wattage than usual. Put tiny paper shades over the bare bulbs of wall sconces and chandeliers.

16. Slipcover your lampshades. Consider red batiste printed with a tiny white pattern. You can find it in the dress-goods department of your local store. It should be self-lined, shirred with a simple basting stitch top and bottom, then fastened with double-faced tape to the outside of the shade. Turn on the light and the room glows. You needn't stay with red and white—use any dark, patterned semisheer fabric.

17. Changing your lampshades completely can also change a room. Get all new, shiny paper ones in dark colors such as brown, black or navy. These give a rich, subdued look.

HOT PAINTS

18. Walls painted in deep colors seem to insulate a room. Plum, brown, midnight blue, red, burnt orange and forest green all make a room look instantly more inviting.

19. With the right colors added, the palest and coolest room can be warmed. Add bittersweet and plum to a pale blue room, camel and rust to a soft green, beige and chocolate brown to an all-white room. Chrome yellow brightens beige; deep pink and cranberry perk up the most somber gray.

TEXTURE

20. If you’re in the mood for a major overhaul, consider upholstering the walls of your room. Do it yourself with a staple-gun or double-faced tape. Use men’s wear-suiting fabrics such as gray flannel, glen plaid or herringbone. Or put up felt, which is warm and fuzzy-looking and a cinch to work with.

Gingham plaids, checks and tiny overall flower prints are other good choices.

21. Now is the time to carpet your walls if you have been considering this new decorative approach. It’s easy to do with self-sticking carpet tiles, and the result is not only a warm and inviting room but a well-insulated one as well.

22. In the living room and/or bedroom, top your wall-to-wall carpeting with deep, shaggy area rugs: sheepskin, Greek fokati or wool Rya rugs.

23. Texture can spell warmth. Think of the appeal of glove leather, suede, velvet or heavy wool used as upholstery fabric and pillow covers. Mohair lap robes are so soft and snuggly you’ll want a couple—one to drape over a sofa, another to cover the foot of your bed.

DELICIOUS DINING

24. Deep-colored tablecloths in new non-iron linen draped to the floor, or long underskirts with squares of gingham on top, add up to the layered look.

25. Slipcover the wooden backs of chairs in quilted cotton to make them more comfortable. Add seat cushions of the same material.

BEDROOM LUXURY

26. Buy a down comforter—a real splurge, it’s true, but worth the investment. It lasts a lifetime.

27. For some reason, dark-colored sheets make the bed seem warmer.

28. Put up a hanging or a canopy around your bed. It can be suspended from rods fixed to the ceiling. Make it in felt for quick results.

29. Set a table next to a chaise longue or an easy chair for Sunday breakfasts.

30. If your bedroom is small, you might think of tenting it in a dark, printed fabric and pillow covers. Mohair lap robes are so soft and snuggly you’ll want a couple—one to drape over a sofa, another to cover the foot of your bed.

HAPPY CLUTTER

31. Warm up your mud room. Paint the walls orange and hang lots of navy-blue hooks for coats and hats. Put up extra, smaller hooks at logical heights for children to hang mittens and scarves.

32. Baskets and cachepots brimming over with winter plants and greenery enliven any room. Pile books on the floor or on tabletops instead of lining them up neatly in the bookcase. Leave your sewing box or workbasket out, heaped with knitting or needlework.

33. Baskets and cachepots brimming over with winter plants and greenery enliven any room. Pile books on the floor or on tabletops instead of lining them up neatly in the bookcase. Leave your sewing box or workbasket out, heaped with knitting or needlework. Hang robes and shawls on a clothes tree in the bedroom, jackets and coats on another tree in the front hall. It's convenient and brings a touch of family closeness to winter living.

These arc some simple things that will make your winter home warmly inviting.

18. BRACING DISHES AND DRINKS

By Frances M. Crawford

FOR STARTERS

This is the time of year to make those great under-cover dishes—stews, pot roasts, homemade soups, baked beans, etc. They're the ones that cook long and lazily, fill the house with tantalizing aromas and are great stick-to-the-ribs foods for snow-filled days.

33. Baked apples right from the oven, when served for breakfast, can help take the nip out of a cold morning.

34. Bring back thoughts of summer with this cobbler: Empty 1 can (1 pound, 5 ounces) blueberry pie filling into a 9-inch pie plate. Separate and cut in half the rolls from 1 can refrigerated orange-Danish rolls with icing. Place on pie filling. Bake at 350° for 20 to 25 minutes or until golden brown. Spread icing over rolls.

35. Get a chilly day off to a warm start by serving mugs of hot consommé for breakfast.

36. Give popcorn new (continued)
appeal with seasoned salt instead of regular. Or combine 3 quarts of unsalted popped corn with 1/2 cup melted butter or margarine and sprinkle with 1/2 cup grated Parmesan cheese. Salt to taste.

SUAVE AND SAVVY

37. Make sandwiches of ham and Swiss cheese on buttered bread. Dip into beaten egg seasoned with salt and pepper. Fry in skillet until golden brown on both sides.


39. Looking for something for lunch that is sophisticated enough for special guests? Sauté 1/2 cup diced celery and 2 tablespoons butter or margarine in a large saucepan just until tender. Add 1 can condensed tomato bisque and 1 can split-pea soup. Stir in 1 1/2 cans water and 1/4 cup dry sherry gradually. Heat almost to boiling. Serve piping hot.

40. Give pancake fans a treat with this warm topping: Heat 1 cup maple-blended syrup, 1 tablespoon butter or margarine and 1/2 teaspoon ground cinnamon, stirring occasionally.

41. Split 6 small French or Italian loaves and remove some of each soft center. Toast lightly. Heat together a 1-pound can of pork and beans and a 15-ounce can of spaghetti sauce with meat. Spoon onto loaves.

42. Hot breads and rolls go with any meal of the day. For breakfast, whip up a batch of biscuits or muffins. For dinner, turn store-bought rolls into something special: Slash hard or French rolls 2 or 3 times, almost through to the bottom. Spread crusts with softened butter or margarine combined with chopped chives and parsley or with celery and caraway seeds. Bake at 425° for 10 minutes.

CHILL CHASERS

43. Our forefathers knew well how to counter winter’s icy blasts, as evidenced by their invention of this now venerable chill-chaser: For each drink, stir 1 tablespoon molasses, 1 tablespoon lemon juice and a jigger of dark rum in an 8-ounce mug. Fill the mug with hot water or, better still, hot tea. Sprinkle lightly with ground nutmeg.

44. For more continental tastes, borrow from French soccer players. Win or lose, they always thaw out with vin chaud (hot wine). Bring 1 cup boiling water, 1/2 cup sugar, 1 lemon and 1 orange sliced, 6 whole allspice, 12 whole cloves and a 4-inch piece of stick cinnamon to boiling in a saucepan. Reduce heat. Simmer 5 minutes. Add 1/2 quart of Burgundy. Simmer 10 minutes. Serve in mugs with a slice of orange and lemon in each.

JUST DESSERTS

45. Curried Fruit is a superb go-along with meats, but have you ever thought of it as a zesty dessert on a cold night? Drain a 1-pound can each of: pineapple chunks (save 1/4 cup syrup), pear halves and peach halves. Put into 1 1/2-quart baking dish. Melt 1/2 cup butter or margarine in skillet. Add 3/4 cup light-brown sugar, firmly packed, 4 teaspoons curry powder and the 1/4 cup reserved pineapple syrup. Simmer until sugar melts. Pour over fruit. Bake at 325° for 1 hour. Serve warm with plain cake or cookies.

46. Entertain with Chocolate Fondue in front of a glowing fire. Break three 3-ounce milk-chocolate bars into a fondue pot. Stir in 1/2 cup light or heavy cream and 2 tablespoons brandy or rum. Heat over very low heat until chocolate melts and mixture is smooth. Set over fondue burner and for dunkables serve pieces of angel-food cake, marshmallows, macaroons, strawberries, grapes, pineapple chunks or banana slices.

Skaters, skiers—in fact anyone who comes in from the cold—enjoy being welcomed with warm drinks. Here are some ideas:

47. Coffee: Lovers of the brew will settle for a steaming cup any time, but for something different, try Caffè Borgia. Combine equal parts of hot coffee and hot chocolate, and top each cup with sweetened whipped cream dusted with a sprinkling of cinnamon or grated orange rind.

48. Tea: Don’t forget this great pick-me-up on a brisk afternoon or evening. A slice of orange with a clove stick is a perfect plus for orange pekoe; India or Ceylon call for milk. For tea-with-lemon lovers try this: Bring a 6-ounce can of frozen lemonade concentrate to boiling. Add to 3 cups of brewed hot tea. Garnish with a twist of lemon peel.

49. Cocoa: A favorite with all ages, it’s especially inviting topped with a marshmallow or a heaping spoonful of marshmallow crème or whipped cream. For an extra touch, sprinkle the latter with grated orange rind. Since mint and chocolate are so compatible, add a peppermint stick to each cup to be used as a stirrer. Or put a mint wafer into each cup and pour cocoa over it.

50. Some frigid evening, roast nuts in the fireplace. Just put the unshelled walnuts or peanuts in a wire com and popper and shake it over the fire to heat evenly. Serve hot with salt and crisp, cold apples.
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18 HELPS FOR THE GREENING OF A WINTER HOME

By Lawrence V. Power

It’s delightfully civilized to defy the elements. What could be more 20th century than sitting warm and snug behind your Thermopaned windows smack-dab in the middle of lush flowers and foliage? Queen Amytis, Nebuchadnezzar’s wife, may have persuaded her man to build the Hanging Gardens of Babylon, but today any homemaker can have a winter plant display that would put the wonders of the ancient world to shame. Here’s a potpourri of ideas to convert winter-dreary rooms into off-season Edens.

INDOOR HERB GARDENS

51. For the pleasure of watching greens grow and to add flavor to winter salads, try planting an indoor herb garden. Cress, the old English favorite, is probably the easiest to grow. Flourishing in a long windowsill tray, it looks like a spring-green blanket and tastes just great. Plant seeds in vermiculite or potting soil. Place in a warm sunny location and keep moist. In a month you can invite friends to share the harvest.

52. If you grow herbs such as oregano, marjoram, thyme or parsley in pots outside in the summer, you can bring them indoors before frost. Cut them back severely, and they’ll produce all winter. Hang the pots on a wall in the kitchen, and you can snip off fresh herbs as you need them.

SUCCELENTS AND OTHER SUCCESSES

53. A garden of succulents will thrive in the dry atmosphere of a winter-heated room. Try varieties such as crassulas, kalanchoe or rhipsalis. The hybrid Christmas cactus is a particularly good choice since it will bloom all winter. Contrary to popular opinion, succulents do like watering. They grow faster and flower more readily if they are kept slightly moist but never wet.

54. Avocado seeds can be grown into friendly plants without much work. Forget the toothpick-and-water-glass method. Instead, plant two seeds in a pot, three inches beneath the soil. Put another mature plant in the same pot (any smallish house plant will do). It will remind you to water it and also make the pot attractive while the avocado roots are forming. When the avocado shoots appear above the soil (it takes six to nine weeks), transfer the cover plant to another pot. When the third set of avocado leaves appears, pinch them so the plant spreads. If you don’t continually pinch avocado plants, they shoot for the ceiling like a plant version of a giraffe’s neck.

55. Dwarf citrus such as calmondia (dwarf orange) will bear fruit all year. Averaging 18 to 36 inches in height, they’re a delight to see. But don’t taste—the fruit isn’t edible. These plants require only normal care but do need several hours of sun a day.

56. The crossandra should get top billing among winter-blooming plants. Its shiny, dark-green leaves would be enough to make it the star of your off-season garden, but it also produces brilliant orange flowers that are surely the envy of its fellow houseplants. The crossandra is not really difficult to grow, but since it was originally a tropical plant, it cannot tolerate cold and should be kept moist. It’s a must-have for the winter plant devotee.

FOR BLOOM

57. Spring bulbs, like the scented narcissus, can be forced into premature bloom indoors. The technique is simple. Plant six or eight bulbs in a shallow container filled with potting soil or pebbles. Keep in a dark place at room temperature. Water regularly. In about two to four weeks, when the roots have formed, move to a warm, sunny location. Green shoots will begin appearing immediately and within another two to four weeks you’ll have blossoms that fill the room with both the look and the fragrance of spring.

58. Gesnerads, like columneas, gloxinias and African violets, which bloom in winter naturally, will brighten your winter garden. The columnea flowers are brilliant reds and yellows. The gloxinia’s bell-shaped blossoms are vibrant blue or red. The African violets range from subtle pastels to deep purples. Gesnerads require moist soil and several hours of sunlight each day, preferably morning sun. Keep them out of cold drafts and feed them every two or three weeks with African-violet food, which has been specially formulated to make them bloom.

59. Bromeliads, members of the pineapple family, come in a variety of leaf and flower shapes and textures. They are truly no-care plants. Even if left untended in the worst of environments, they may well survive. If you have a mature plant that refuses to bloom, enclose it in a plastic bag with a ripe apple. Keep it there a whole weekend. The apple gives off ethylene gas, which stimulates bloom. Once the flower appears, it will remain blooming until spring.

60. By this time of year, you can buy Christmas begonias in bloom. They will remain covered with pink and white flowers till March. Cut them back to four or five inches in April to encourage growth and, if you wish, move them outdoors for the warm weather.

61. Standard azaleas can be bought from florists or nurseries. Pick a plant that is in bud, and it will flower for several weeks. Once the bloom is gone, the foliage will (continued on page 40)
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1 cup flour
1 teaspoon baking powder
1/2 teaspoon salt
1 egg
1/3 cup milk

Combine flour, baking powder and salt. Mix together egg, milk and corn oil; add to flour mixture. Stir until smooth. Dip shrimp into batter; drain well. Pour corn oil into heavy, sturdy, flat-bottomed 3-quart saucepan, filling utensil no more than 1/4 full. Heat over medium heat to 375°F. Carefully add shrimp, a few at a time. Fry 2 to 3 minutes or until golden brown. Serves 6.

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TODAY

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Yes, it’s true! — If you join right now, you may have ANY 8 of these stereo tapes for only $2.86. Just mail the postpaid application (be sure to indicate whether you want cartridges, cassettes or reel-to-reel tapes). In exchange:...

You agree to buy just seven tapes (at regular Club prices) in the coming year — and you may cancel membership at any time after doing so.

Your own charge account will be opened upon enrollment... and the selections you order as a member will be mailed and billed at the regular Club prices: cartridges and cassettes: $6.96; reel tapes, $7.88... plus a processing and postage charge. (Occasional special selections may be somewhat higher.)

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... if you do not want any tape in any month, just return the selection card always provided by the date specified

... if you do not want the regular selection for your musical interest, you need do nothing — it will be shipped to you automatically

... if you want any of the other tapes offered, just order them on the selection card and return it by the date specified

... and from time to time we will offer some special selections, which you may reject by returning the special dated form provided... or accept by simply doing nothing.

You’ll be eligible for our bonus plan upon completing your enrollment agreement — a plan which enables you to save at least 33% on all your future purchases! Act now — mail the postpaid application card today!

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* Selections marked with a star are not available in reel tapes
still add a touch of summer. A pair of standard azaleas gives a welcome if placed indoors near your front door. Don't let them dry out, and keep them away from hot drafts. When warm weather comes, move them outdoors.

62. For quick color, try an amaryllis. It will shoot up to two feet and produce flowers within a few weeks. The blossoms can be brilliant red, white, pink or salmon. You can buy an amaryllis already planted in a special container from most seed companies. All you have to do is add water, warmth and light.

63. Geraniums that have become gangly can be given new life as standards (tree forms) during winter months. Prune them back to one strong, upright stem. Transplant into a slightly larger pot, and stake and tie them.

64. Fluorescent lights, particularly those designed to stimulate plant growth, will definitely make the garden on your side of the Thermopane greener. Light must be no higher than 12 inches above the leaves and should be left on 14 to 16 hours a day. A section of bookcase is an excellent place to experiment with growing under lights. To conceal the fluorescent fixture, run a strip of molding across top of shelf.

65. Plant seeds for annuals such as impatiens, petunias, lobelia or browallia under lights, and you can have blooms within two months. Follow the planting instructions on the package.

Note: If you have a window that receives four hours of sun a day, you can make a happy and successful indoor home for your seedbed without artificial light. Keep the soil moist and warm.

WINDOW GREENHOUSES

66. Fill a window full of summer by installing a small greenhouse. Any window that gets at least three hours of sun will do, but eastern or southern exposures are best. Pre-engineered units, ready to assemble and install, make an ideal home for temperamental plants and seedbeds. Packaged greenhouses come in sizes to fit most standard-size windows. If you are interested, write for a descriptive catalog to greenhouse manufacturers Lord & Burnham, Dept. 7010, Irvington, N.Y. 10533.

GROUPING PLANTS

67. For best results with a winter garden, group your plants together in a sunny location, preferably away from heating units. This gives them more visual impact and provides a humid microclimate that helps them thrive. Place the pots on a shallow tray full of vermiculite, pebbles, small rocks or even marbles. The tray will handle the water run-off problem and contribute to the humidity surrounding the plants.

68. Your bathroom can be an ideal room for growing plants in winter—provided, of course, that it has a window. The humidity produced from the tub or shower will counteract all the drying evils of central heating. Line the bathroom window with glass shelves and display your plants against a backdrop of snow.

When you need more than a cold capsule can give.

When you’ve got a cold, you need relief. And you need a good solid night’s rest.
If you take the leading cold capsule, you’ll get relief. But only from sneezes, sniffles, and a stuffy nose. However, you may need more relief than that.
When you do, take NyQuil instead. NyQuil not only relieves sneezes, sniffles, and a stuffy nose, it also relieves aches and pains, coughs, and a scratchy throat. And because NyQuil relieves all these cold symptoms for hours, it lets you get the rest you need.
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By Dorothy Lambert Brightbill

Winter is the best time for making things. Now you can curl up warmly in the house with a clear conscience, as you enjoy the satisfaction that comes from true accomplishment. Here are a dozen handmades for your home that you can choose from.

**CROCHETED GRANNY AFGHAN**

69. This multicolored traditional square-at-a-time design, worked in crochet, can't be beat for old-fashioned good looks and charm. (For a typical example, now used as a table cover, see page 49.) Afghan measures 52 by 65 inches. You will need Coats & Clark's "Red Heart" Knitting Worsted, 4-ply ("Tangle-Proof" Pull-Out Skeins); 8 ounces each of No. 903 Devil Red, No. 253 Tangerine, No. 243 Mid. Orange, No. 648 Apple Green, No. 850 Cobalt Blue and No. 588 Amethyst; crochet hook, size H.

**Gauge:** Each motif measures 6½ inches square. Be sure to check your gauge before starting. Use any size hook that will obtain the gauge measurement given above.

**Squares** (make 80): Starting at center with Red, ch 4. Join with sl st to form ring. 1st rnd: Ch 3, make 3 dc in ring, ch 1* 4 dc in ring, ch 1, repeat from * twice more. Join with sl st to top of ch-3. Break off and fasten. 2nd rnd: Attach Tangerine to any ch-1 sp, ch 3, in same sp make 1 dc, ch 2 for corner sp and 2 dc; * ch 1, skip next 2 dc, make 2 dc in next dc, ch 1, in next ch-1 sp make 2 dc, ch 2, 2 dc; (ch 1, * 2 dc in next ch-1 sp, ch 1. Repeat from * to next corner sp, in corner sp make 2 dc, ch 2, 2 dc) 3 times; ch 1, make 2 dc and ch 1 in each remaining sp. Join. Break off and fasten. 4th rnd: With Apple Green repeat 3rd rnd. 5th rnd: With Cobalt Blue repeat 3rd rnd. 6th rnd: With Amethyst repeat 3rd rnd.

**Finishing:** Block each motif to measure 6½ inches square. Using Amethyst, and working through back loop only of each dc and ch, sew squares together into 10 rows of 8 squares on each row.

**Edging:** With right side facing, attach Amethyst to any ch-2 sp. Rnd 1: * 2 sc in ch-2 sp, sc in back loop of each dc and each ch to within ch-2 on next corner; repeat from * around and join with sl st to first sc. Break off and fasten.

**KNITTED CABLE-PATTERN AFGHAN**

70. This handsome design in three shades of rose, or any other monochromatic color scheme you prefer, is knitted in strips, each strip measuring 9 by 64 inches. The finished afghan measures 46 by 65 inches. You will need Coats & Clark's "Red Heart" Knitting Worsted, 4-ply ("Tangle-Proof" Pull-Out Skeins); 19 ounces of No. 760 Wild Rose, 18 ounces of No. 759 Deep Rose and 9 ounces of No. 757 Wine Rose; knitting needles, 1 pair No. 8; crochet hook, size G.

**Gauge:** Pattern stitch: 5 sts=1 inch; 8 rows=1½ inches. Cable panel: 9 sts=1¾ inches; 8 rows=1¼ inches. Be sure to check your gauge before starting. Use any size needles that will obtain the stitch gauge given above.

**Note:** When changing colors, always twist the unused color around the other to prevent making holes. Leave the color not in use on wrong side of work.

**Strips** (make 5): Starting at narrow edge, cast on as follows: With Deep Rose 19 sts, with Wild Rose 9 sts, with Wine Rose 19 sts. 1st row—right side: With Wine Rose, k1 (p1, k1) 9 times; with Wild Rose k9; with Deep Rose k1 (p1, k1) 9 times. 2nd row: Using colors as established, p1, (k1, p1) 9 times, p9; (p1, k1) 9 times. 3rd row: P1 (p1, k1) 9 times; k3, sl p next 3 sts onto a double-pointed needle and hold in front of work, k next 3 sts from double-pointed needle—a front cable made; k3, p1 (k1, p1) 9 times. 4th row: K1 (p1, k1) 9 times; k3, sl p next 3 sts onto a double-pointed needle—a front cable made; k3, p1 (k1, p1) 9 times. 5th row: P1 (k1, p1) 9 times; k3, sl p next 3sts onto a double-pointed needle and hold in front of work, k next 3 sts from double-pointed needle—a front cable made; k3, p1 (k1, p1) 9 times. 6th row: k1
SNUGGLY COMFORTS continued

74. Use a heavy, old blanket as the basis for a bedside rug. Cut out the least-worn area. Then cut this section into two equal-size pieces. Dye them a bright color. Place one on top of the other. Bind them together on all the edges with bias binding made of wool jersey in a contrasting color. To make bias binding, fold one yard of jersey diagonally like a scarf or a shawl. Press along the fold line. Then, beginning at the fold line, mark off lines with a pencil, across the fabric, using a yardstick as a guide. Pencil both top and bottom of the yardstick—this will give you the width of the strip. Cut along the pencil lines. To hold the rug layers together, use the zigzag attachment of your sewing machine, creating at the same time an abstract pattern of stitchery on the surface of the rug.

75. Another rug-from-a-blanket idea: Cut out the best area of a heavy blanket. Dye it bright red or black. Blanket stitch all the edges with black or red yarn. Embroider zodiac symbols, or any colorful pattern that pleases you, onto colored felt that previously has been cut into interesting geometric shapes. Attach these shapes to the rug surface with yarn, using the blanket stitch.

CRAZY-QUILT TEA COZY

76. Keep your teapot hot with a tea cozy. Nostalgic yet functional, it’s also pretty to look at. Make it from sections cut from an old crazy quilt. You can buy unassembled quilt sections at many antique shops. Or you can salvage the best parts of a worn quilt.

THREE GREAT THROWS

77. Make a soft, lightweight throw of 6-inch jersey squares, choosing bright, off-beat colors. Sew all the squares together and then line the throw with one of the jersey colors. Feather-stitch around each square with black Pearl cotton to anchor the top to the lining.

78. Stitch up a tailored throw of gray flannel. Line it with red wool jersey. For a posh effect, add a red jersey monogram.

79. Create a luxurious lap robe of synthetic fur and line it with richly patterned wool or wool-like challis. You can also make synthetic-fur pillows to match.

ONE MORE FOR FUR

80. Tailor synthetic-fur pads to line the back, seat and armrests of an easy chair. The pads should be completely removable and of a color that either harmonizes or contrasts with the chair.

20 EQUIPMENT PLEASURES

By Jeanne M. Bauer

A home that’s well equipped has a lot going for it on a cold winter day. Here are some appliance ideas for adding to that sense of well-being.

IN THE KITCHEN

81. The undisputed all-time favorite kitchen aroma is that of bread being baked. Bread making’s easier if you have a mixer with a heavy-duty motor and a dough hook to handle that arm-wearying task of beating yeast doughs.

82. Start the day with crispy waffles; bring the clan home for lunch on the double with hot toasted sandwiches. Both are done with a dual-purpose waffle maker/griddle. Reversible grids make it easy to change from grill to waffle maker. Many models have no-stick finishes for easy cleaning.

83. Extend the serviceability of your coffee maker by using it for other hot drinks like cocoa or mulled cider.

84. Heated dinner plates are a welcome winter nicety. Ever think of using the dry cycle of your dishwasher to do the warming? It works!

85. Add heat and light to your kitchen with a built-in quartz lamp that acts as both a food warmer and an under-counter light. The appliance defrosts frozen food in a hurry, keeps all food warm until served, and at the flip of a switch fills the counter area with incandescent light.

86. Cook soups, stews, chowders and pot roasts in new low-temperature cookers. The slow-simmering process tenderizes cheaper, less tender cuts of meat, and cooking can go on while you’re off on your rounds—there’s no need for pot-watching.

87. If you’ve ever struggled to remove English muffins from the toaster, you’ll give a cheer for the toasters with wider slots. They easily accommodate breakfast pastries, homemade bread and those pesky muffins.

88. There’s a new popcorn popper that pops and butters com at the same time. It also has a handy device for editing out unpopped com. Lid doubles as a server.

FOR THE BATHROOM

89. Warm up the bathroom on a chilly morning with a pole heater. Pole-mounted, it adjusts up and down and can also be rotated, so you can direct its warmth wherever you wish.

90. Some of the finest hotels in Europe provide a special little extra—heated towels. Bring the same luxury into your own bathroom with an electrically heated towel stand.

91. Give your face a beautifying cleansing with a facial sauna. It opens up the pores, stimulates circulation—and some say it relieves congested sinuses.
92. For truly cozy bathroom comfort, install a recessed heat lamp in the ceiling. The bulb gives off light as well as heat. It's a simple and inexpensive addition for do-it-yourselfers.

93. Want to make shaving for him almost a pleasure? There's a hot-lather dispenser that gives instant warm, creamy lather from whatever type of soap he uses. (It's also great for your hot facials!)

94. Treat winter-harshened skin with a cordless home beauty kit. Complexion-care attachments provide deep-cleansing, facial massage—altogether a stimulating experience.

95. Central heating can be less than kind to your hair. But help is available in grooming and conditioning appliances. For him, a steam comb to condition, style and dry. For you, steam hair setter-conditioners.

MIDWINTER MISCELLANY

96. Even in well-heated houses, there may be areas where dampness is a problem, especially in closets placed against uninsulated outside walls or in the basement. An electric closet dehumidifier continuously warms, dries and circulates the air to eliminate rust, mildew and musty smells.

97. With furnaces turned on and windows closed, the relative humidity in the home often dips to a level that's unsatisfactory both for your family's health and for the preservation of furniture. A simple solution to the problem is a console or tabletop humidifier.

98. Snow and ice can turn the countryside into a winter fairyland, but scraping the stuff off car windows can bring you right down to earth. Simplify the chore with a car defroster gun that plugs into the cigarette lighter on your dashboard and has a cord long enough to reach the rear window.

99. After defrosting car windows, why not take the chill off your hands? A tiny, cigarette-lighter-size hand warmer is a coat-pocket accessory that makes the cold outdoors more endurable.

100. A tip-proof hot-drink dispenser for people on the go is designed to fit over the front- or back-seat floor hump of a car. The top of this one-gallon container has four recessed cup-holders to secure cups firmly.
Let LIFE's masters of photography help you see the great picture possibilities all around you

Each volume is designed to develop your skill and knowledge in a particular area of photography. The photos are among hundreds used in the series.

So many of the world's great photographs—the ones that hang in museums and galleries, that win prizes, that are sold for large sums of money—are of subjects you see or pass by every day. A pensive young girl peering shyly through a window. A crowded downtown street with hundreds of activities going on at once. An abandoned automobile, stripped clean.

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And by examining a magnificent gallery of some of the greatest photographs of all time—and seeing why they succeeded so brilliantly—you'll be encouraged to develop your own sense of what makes an unforgettable picture. Whether you're a working photographer, an advanced amateur or a beginner, the LIFE Library of Photography can't help but bring you closer and closer to the kinds of photographs you've always dreamed of creating.

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Just as a picture is worth a thousand words, you must see the LIFE Library of Photography yourself—try some of its suggestions—to appreciate what it can mean to your picture-taking. We invite you to send for this Volume for a 10-day free trial without obligation. Just mail the order form.
What is the difference between enriched and fortified foods?

P. Ford
Oakdale, Tex.

Enriching is a method used to restore nutrients that are lost in processing. Enriched bread is an example. Foods such as iodized salt are said to be fortified because nutrients have been added that were not there originally.

What is meant by "à la Bourguignonne"?

Mrs. C. Spencer
Chicago, Ill.

The term refers to food prepared in the style of Burgundy, a province of France. One of the region's best-known dishes, Boeuf Bourguignonne, is characterized by a red wine sauce and a garnish of mushrooms, onions and small pieces of sautéed salt pork.

After I chop an onion, how can I remove the odor from my hands?

B. Simmons
Denver, Colo.

Rubbing your hands with lemon juice should do the trick. If you have no lemons, run your hands under cold water and rub them with salt. Rinse.

What is "freezer burn"?

Mrs. E. Small
Tarrytown, N.Y.

If you put meat into your freezer that is inadequately wrapped or has punctures in the wrapping, air will enter and cause the surface tissues to dry out. A whiteness called "freezer burn" will develop. It is not harmful, but the affected area will be tough and tasteless.

Do the years seem to pass too fast?

If you are like most women, there comes a day when a long, close look in the mirror makes you wish the years wouldn't pass quite so quickly. You really notice the complexion dryness that emphasizes wrinkles, the little lines that make you look older than you want to. Older than you need to.

Happily, beauty researchers have uncovered the mysteries of an unusual moisturizing beauty blend that can help maintain a younger-looking skin bloom. This beautifying liquid is used by lovely and youthful-looking women throughout the world.

The remarkable blend is available from beauty counters and druggists in the United States as Oil of Olay moisturizing fluid. With its natural ingredients, Oil of Olay penetrates the important surface layer of the skin, helping to maintain the delicate balance of oil and moisture that is vital if your skin is to look as young and radiant and glowing as possible.

The ingredients in Oil of Olay are nature's own, compatible with the skin. These natural substances set up an efficient barrier that helps retain the skin's own moisture, an added beauty benefit essential if the complexion is to be dewy-fresh and younger-looking.

You will very quickly notice the difference in your complexion after only a few applications, especially if you use Oil of Olay faithfully in a twice-daily beauty ritual. Gently stroke the moisturizing fluid over your face and throat before bedtime, so it may do its beautiful work as you sleep. Again in the morning, before making up, soothe the remarkable beauty blend.

As you apply Oil of Olay, you will notice that it penetrates quickly and spreads evenly, making it an ideal base for makeup. It prevents your cosmetics from streaking, separating or changing color, while constantly protecting and treasuring your skin.

What does it mean when the word "dietetic" appears on the label of a food product?

Mrs. T. Christus
Ayer, Mass.

This term means that the product may be sugar- or salt-free or lower in sugar, fat or calories. Check the ingredients listed on the label if you are on a special diet, as these foods may not be suitable.

Direct any questions you have about food, food products or food preparation to: Food Questions You Ask, American Home, 641 Lexington Ave., New York, N.Y. 10022.
LENGTH AND COOLNESS COME TOGETHER

Come all the way up to Kool Filter Longs. Stylishly long, tastefully cool.

LADY BE COOL

American creativity in the home has long been a happy national characteristic. Today that same constructive spirit applies to millions of young Americans who prefer doing things themselves—like newlyweds Debby and Jay Schmitz, shown above in their living room. Their first home is a charming five-room cottage they decorated over a six-month period. The house is traditional, as are most of the furnishings. But with the addition of modern art and a few contemporary pieces, the overall look of the place is very much today, alive with exuberant colors. "Jay and I love antiques," says Debby. "We received several lovely pieces of furniture and many accessories from our families as wedding gifts. We hope to fill our home with beautiful old furniture some day, but now we're letting color and pattern fill in for what we don't have." The results of Debby and Jay's ingenuity are shown here and following.
Debby and Jay's New Jersey stone cottage is just minutes away from Manhattan.

**SUNNY DECORATING continued**

**Much more color than cost**

The Schmitzes fell in love with this five-room house with its high-ceilinged living room and paneled fireplace wall. But a small budget made them keep purchases to a minimum. Furnishings range from gifts of antiques and paintings to junk-store finds. All fabrics are inexpensive cottons, many of them dress fabrics. Debby and Jay did most of the work themselves. Debby, skilled at needlework, made the curtains, valances, tablecloths, and crocheted and appliquéd pillow covers. (continued)

Living room (opposite and below) is a daring mix of pattern and color. White canvas sofa, coffee table and chrome yellow flokati rug were the only major purchases. Wicker porch chair found in the garage was painted and upholstered by Debby. Folding screen is covered in $2.98-a-yard plaid denim that's also used for shirred valance. Victorian love seat (below), covered in cotton, came from Jay's grandmother.
A bedroom in the romantic style of days long past

The cozy bedroom, its windows heavily shaded by trees, was given the sunniest decorating scheme in the house. Bright yellow walls, bamboo blinds and felt table cover provide a lively background for a splash of flowers on dust ruffle, shirred curtains and rods—in an inexpensive polished cotton. Raspberry gingham curtain ruffles and leafy rug are June-in-January accents.
SUNNY DECORATING
continued

Stylish saving ways that make for elegance and comfort

Debby and Jay (right) stapled fabric on walls of their dining room and library. They chose $3.50-a-yard Indian print to cover library walls and make tieback draperies (opposite). Grass matting over badly worn floors cost only $8 for each 5-by-7-foot mat and is a marvelous foil for brilliantly colored Moroccan rug.

Coffee table, bought unfinished for $30, was painted a shiny burnt orange. Sleep-sofa covered in wide-wale corduroy is plumped with pillows made from remnants. Brass accessories and natural straw baskets and blinds add a light, bright note to this dark and intimate color scheme.

In tiny dining room (below) Debby used rust-and-white gingham dress fabric, costing only $2.49 a yard, to cover walls, skirt a table and border white draperies. Narrow white lacquer Parsons table against wall takes up little space and is a useful server. Rush-seated dining chairs ($49.95 each) were left unfinished to add to the room's country look.
Focus of airy, open living-dining room (right) is black galvanized metal stove on a raised platform.

The Posts cut costs by making some furniture themselves. At far right they relax on a sofa Eli built from wood remnants. Marda made the red duck cushion covers.

By Barbara Plumb

PREFAB COST CUTTER

When Eli and Marda Post paid $5,000 for a 3¼-acre site in Vermont ski country at Mt. Snow, they wanted to build something special on it—but at a reasonable price. Through his work with the New York City Housing and Development Administration, Eli learned of architect Richard Dattner and a remarkable new system of modular home-building by which modules are not factory built but assembled from prefab elements on site. The prime advantage is flexibility—the modules need not conform to trucking height and width limits (see "The Many Moods of Modular," AH, October, 1971). First to try Dattner's system, the Posts were intrigued with the idea that by arranging the modules, they could "design" a house themselves the way a child constructs a castle from building blocks. They also realized that the system was simple enough for them to build a house themselves. "By acting as contractors and doing much of our own work," they say, "we saved between $6,000 and $8,000." Their two-bedroom, 960-square-foot home (with 600-square-foot unfinished basement) cost them $22,500. (continued on page 77)

The Post house, during construction and after: At left, modules that form the frame are in place. At left, below, the outer walls, made of rough-cut pine board, have been hammered on, and the exterior of the house is finished.

Inside the living-dining room (opposite) the predominance of natural plywood is complemented by spruce flooring and white painted walls. Paper lamp hung low over Post-made dining table lends intimacy; pine shelf behind table can be used to display objects or for buffet serving.
THE HIDEAWAY THAT $5,000 BUILT

Warmth and intimacy are built-in keynotes, for the house abounds in cozy nooks such as seen above; far and is step down sleeping area. Windows edit views; lower ones look out on tree trunks and brush, skylights frame the treetops. All glass is fixed—an economy move—with small screened openings for ventilation.
Sunken area (above) is turned into a bedroom at night, and a white canvas shade can be lowered to screen it off. Bed is a bright-print sleeping bag unrolled on a gym mat.

Exterior of house (above, right) is at one with the wooded site. “We have seclusion,” says Larry, “but we still relate to what’s around us.”

Splashy prints on bed pillows make sleeping area an inviting place to lounge in, daytimes, as Linda is doing here (right). Sliding closet door is hung on tracks, barn-door style.

Galley (below, right) is lit by strip of lights above laminated-oak counter top; they can be seen dimly reflected in ceiling supergraphic.

By Nancy C. Gray

At Sea Ranch, Calif., deep in coastal woods 130 miles north of San Francisco, Larry and Linda Routh have built a remarkable weekend hideaway. It’s a tiny box of a place from the outside. But once you are part of it, lunching on the deck, relaxing by the fireplace or cooking in the superbly designed galley, space mysteriously grows, and 365 square feet seem like 1,000—the result of ingenious planning by the couple themselves. After some initial head-scratching they built this house from their own design for only $5,000. “We knew what we wanted,” Larry recalls. “But when we started to lay it out on paper, it got so complicated we had to ask ourselves what a true weekender is. For us it’s minimum plush and just enough space for ourselves, our daughter, Kimberly, who’s 12, and occasional guests.” (continued on page 74)
Using her original sketch (left) as a guide, Nina paints in the spaces of design she has drawn on a white sheet. Acrylic paints come in a wide color range, can be used right from the tube or mixed, for more color variety.

Nina Pellegrini, a young New York artist, has combined old-fashioned American ingenuity with modern materials and given the venerable art of quilting a new twist. Last year, while attending art school, Nina decided to create a quilted landscape design. At first she planned to use pieces of colored fabric...
There's more than just convenience in today's package of cake mix. With a few simple additions from other items on your shelf, you can create one of these grand desserts—and at modest cost. That fluffy dream of an angel cake, the most expensive of the lot, is less than 30 cents a serving and the chocolate squares are only 3 cents each. Recipes for these and other shelf-game desserts begin on page 68.
MAIN DISHES continued from page 63

MUSTARD MEATBALLS (pictured)
1 1/2 pounds ground beef
1 1/2 teaspoons salt
1/2 teaspoon pepper
3 tablespoons chopped parsley
3 tablespoons minced onion
1/4 cup packaged bread crumbs
1 egg
2 tablespoons olive or pure vegetable oil
1/4 cup grated cheddar cheese
1/4 cup light cream
1/2 cup prepared mustard
Chopped parsley
Cooked noodles

Combine beef, salt, pepper, parsley, onion, bread crumbs and egg; blend lightly and thoroughly. Shape into about 2 dozen meatballs. Brown meatballs in oil in heavy skillet; pour off fat. Add broth or consommé; simmer meatballs, covered, 15 minutes or until tender. Remove meatballs to serving dish; keep warm. Cook pan juices over high heat until reduced to about 2 tablespoons. Stir in cream and mustard; heat just to boiling. Arrange meatballs on noodles in serving dish. Spoon some sauce over meatballs. Serve the rest separately. Makes 4 to 6 servings.

SAUCY SPAGHETTI SUPPER (pictured)
1/4 pound (about 7 slices) bacon
1 tablespoon olive or pure vegetable oil
2 cups (about 1/2 pound) cooked ham, cut in julienne strips
1 clove of garlic, pressed
1 package (8 ounces) thin spaghetti, cooked and drained
1/4 cup grated Parmesan cheese
1/4 teaspoon salt
1/4 teaspoon pepper
3 eggs, slightly beaten
1/4 cup chopped parsley
1/4 cup sliced ripe olives
2 pimientos, sliced (1/2 cup)

Cook bacon in large heavy frypan or Dutch oven until browned and crisp. Drain; crumble bacon; reserve. Pour off bacon fat from pan. Heat oil in same pan; add ham and garlic; brown lightly. Add spaghetti; stir well. Add bacon, cheese, salt and pepper; toss well. Pour in eggs quickly; toss well to coat spaghetti evenly. Add remaining ingredients; toss. Makes 4 to 6 servings.

CRANBERRY-ORANGE-GLAZED HAM (pictured)
5-pound canned ham
1/2 cup orange marmalade
1/2 cup cranberry-orange relish

Bake ham according to label directions. Brush frequently with marmalade during last 20 minutes of baking. Remove from oven. Blend any remaining marmalade with cranberry-orange relish. Brush over top of ham. Makes 12 to 15 servings.

SWEET-AND-SOUR SHRIMP (pictured)
1 green pepper, seeded and diced
1 cup cut celery
1/2 cup coarsely chopped onion (1 medium)
1 clove of garlic, crushed
2 tablespoons pure vegetable oil
1/2 pounds frozen, shelled and deveined shrimp, thawed
1 can (5 ounces) water chestnuts, drained and sliced
1 can (1 pound, 4 ounces) pineapple chunks
1 cup canned chicken broth
2 1/2 tablespoons mild vinegar
1/2 teaspoon salt
1/4 teaspoon pepper
1 tablespoon brown sugar
1/4 cup cornstarch
1/2 cup water
1/4 cup soy sauce

Hot cooked rice

Sauté green pepper, celery, onion and garlic in oil in a very large frypan or Dutch oven until soft. Add shrimp, chestnuts, pineapple, chicken broth, vinegar, salt, pepper and brown sugar. Bring to boiling; reduce heat; simmer 2 minutes. Blend cornstarch and water to smooth paste; stir into shrimp mixture. Bring to boiling, stirring constantly, until sauce thickens and clears and shrimp is tender. Blend in soy sauce. Serve over rice. Makes 6 servings.

TUNA CROCLE
1 cup chopped onion (1 large)
1 clove of garlic, pressed
1 green pepper, seeded and cut in strips
1/2 pound (2 cups) cooked ham, cut in thin strips
1 can (1 pound, 13 ounces) tomatoes with tomato puree
1 tablespoon Worcestershire sauce
1 teaspoon salt
1/2 teaspoon pepper
1/2 teaspoon basil, crumbled
1/2 teaspoon oregano, crumbled
1 tablespoon lemon juice
1 can (10 1/2 ounces) chicken broth
2 cups water
2 cups rice
2 cans (7 ounces each) tuna, drained and flaked
1 can (4 ounces) pimiento, sliced

Sauté onion, garlic, green pepper and ham in butter or margarine in heavy Dutch oven. Add tomatoes, breaking up whole tomatoes with a fork. Add Worchester- shire, salt, pepper, basil, oregano, lemon juice, chicken broth and water. Bring to boiling. Stir in rice. Simmer, covered, 15 minutes, stirring occasionally. Add tuna and pimiento; simmer 10 minutes or until most of the liquid is absorbed and rice is tender. Makes 6 to 8 servings.

PASTA WITH ANCHOVY SAUCE
1 cup olive oil
2 cloves of garlic, minced
1 can (2 ounces) flat fillets of anchovy, drained
1/2 cup chopped parsley
1/2 cup water
1/4 cup butter or margarine
Salt
Pepper
1 pound spaghetti, cooked and drained

Heat 1/4 cup olive oil in large skillet. Sauté garlic 3 minutes. Add anchovies; stir until anchovies are pureed; simmer 5 minutes. Add parsley, water, butter or margarine and remaining 1/4 cup olive oil. Heat until butter or margarine is melted. Season to taste with salt and pepper. Serve over hot, cooked spaghetti. Makes 6 servings.

CHICKEN CASSEROLE
1 broiler-fryer (3 pounds), cut up
3/4 cup flour
2 tablespoons butter or margarine
2 tablespoons olive or pure vegetable oil
2 tablespoons butter or margarine
1 can (6 ounces) button mushrooms
1 clove of garlic, mashed
3 tablespoons chopped parsley
1/2 cup dry white wine
1 can (15 1/2 ounces) spaghetti sauce
1 bay leaf
1 teaspoon salt
1/2 teaspoon pepper

Hot buttered noodles

Shake chicken pieces, 2 or 3 at a time, in bag with flour. Heat oil and butter or margarine in heavy frypan or Dutch oven. Add chicken; brown on all sides. Add remaining ingredients. Simmer, covered, 35 to 45 minutes or until chicken is tender. Serve with hot, buttered noodles. Makes 4 servings.

SAUSAGES AND SAUERKRAUT
1 package (1 pound) link sausages
1 large onion, chopped (1 cup)
1 envelope granulated beef or chicken bouillon
1/4 cup hot water
1 can (1 pound, 11 ounces) sauerkraut, drained
1 can (1 pound, 4 ounces) unsweetened apple slices, drained
3 to 4 tablespoons brown sugar
1 teaspoon caraway seeds
1/2 teaspoon salt
1/2 teaspoon freshly ground pepper

Heat oven to 350°. Fry sausages until very lightly browned; drain on paper towels. Sauté onion in 1 tablespoon sausage fat until golden. Dissolve bouillon in hot water; combine bouillon, sauerkraut, apples, onion, sugar, caraway, salt and pepper. Layer half the sauerkraut mixture in 2-quart casserole; top with half the sausages. Repeat layers. Bake, covered, 45 minutes. Makes 6 servings.

continued
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MAIN DISHES continued

HURRY-UP CHILI CASSEROLE
1/2 package (8 ounces) lasagna noodles
2 cans (15 ounces each) chili con carne without beans
1/4 cup dry red wine
1/4 cup chili sauce
1/4 teaspoon pepper
1 package (8 ounces) mozzarella cheese, sliced
1 cup (8 ounces) cream-style cottage cheese
1/2 cup grated Parmesan cheese

Heat oven to 350°. Cook lasagna noodles according to package directions; drain. Combine chili, wine, chili sauce and pepper in saucepan; heat. Layer 1/2 of the noodles into shallow baking pan. Add layers of 1/2 chili mixture and 1/2 each kind of cheese. Repeat layers twice. Bake, covered, 25 minutes. Uncover; bake 5 minutes. Makes 6 servings.

3-BEAN-AND-FRANKFURTER CASSEROLE
2 tablespoons chopped onion
2 tablespoons butter or margarine
1 pound frankfurters, cut in 1-inch pieces
1 can (1 pound) kidney beans, drained
1 can (1 pound) cut green beans, drained
1 can (1 pound) cut wax beans, drained
2 cans (10 1/2 ounces each) cream of mushroom, celery or chicken soup
1/2 cup water
1 teaspoon curry powder

Packaged onion-flavored instant potatoes


DESSERTS
continued from page 65

PIÑA COLADA ANGEL CAKE
(pictured)
1 package (14 1/2 ounces) angel cake mix
2 envelopes (% ounces each) dry pina colada mix
1 can (1 pound, 4 ounces) crushed pineapple
1 1/2 tablespoons cornstarch
1/2 cup light rum
1 package (9 1/2 ounces) vanilla-flavored whipped frosting mix
3 tablespoons water
1 cup coconut, toasted

Heat oven to 375°. Prepare angel cake according to package directions; fold in dry pina colada mix. Pour into 10-inch tube pan; bake 30 to 40 minutes or until golden. Turn cake pan upside down; cool cake completely. Combine pineapple, cornstarch and 1/4 cup rum in small saucepan. Cook, stirring constantly, until mixture thickens and clears; cool. Split angel cake horizontally into 3 layers; fill with pineapple-rum filling. Prepare whipped frosting mix according to package directions, using the remaining rum and 3 tablespoons water for liquid. Frost top and sides of cake with rum frosting. Decorate sides with toasted coconut. Makes 10 to 12 servings.

PECAN CAKE (pictured)
1 package (2-layer) butter-pecan cake mix
1 cup ground pecans
3/4 teaspoon ground cinnamon
3/4 cup golden or dark raisins
1/4 cup corn syrup
2 tablespoons brown sugar
2 tablespoons water

Granulated sugar

Heat oven to 350°. Grease and flour 2-quart bundt pan or 10-inch tube pan. Prepare cake mix according to package directions, reducing water by 2 tablespoons. Stir in pecans, cinnamon and raisins. Pour into pan. Bake 45 to 55 minutes or until cake springs back when lightly touched with fingertip. Cool in pan 10 minutes; remove from pan and set on wire rack. Heat corn syrup, brown sugar and water to boiling; boil 1 minute; brush slowly over cake. Cool cake completely; sprinkle lightly with granulated sugar. Makes 10 to 12 servings.

MILK CHOCOLATE TORTE ( pictured)
1 package (2-layer) milk chocolate cake mix
1 teaspoon vanilla
1 package (14 ounces) chocolate fudge frosting mix
1 pint (2 cups) heavy cream
2 teaspoons vanilla
2 squares (1 ounce each) semi-sweet chocolate
2 tablespoons light corn syrup

Granulated sugar

Heat oven to 375°. Grease and flour 2 ungreased 8x8-inch cake pans. Prepare cake mix according to package directions, adding 1 1/2 teaspoons vanilla to batter. Remove from pans; cool on wire racks. Split layers in half horizontally to make 4 layers. Combine frosting mix, cream and 2 teaspoons vanilla in large mixer bowl; blend until smooth. Beat on mixer until stiff. Fill layers and frost top of cake with mixture; chill well. Melt chocolate and corn syrup; cool; drizzle around edge of cake. Keep refrigerated until serving. Makes 10 to 12 servings.

STRAWBERRY-LEMON ROLL
(pictured)
1 package (18 1/2 ounces) lemon-flavored chiffon cake mix
1 tablespoon grated lemon peel
1 cup (1/2 pint) heavy cream
1 pint strawberries, washed, hulled and sliced
2 tablespoons confectioners' sugar
2 tablespoons Cointreau or sweet sherry

Confectioners' sugar

Heat oven to 350°. Prepare chiffon cake mix according to package directions; fold in lemon peel. Spread batter in 2 ungreased 9x13x2-inch jelly-roll pans, or 1 jelly-roll pan and 1 ungreased 9x3x2-inch loaf pan. Bake jelly rolls 25 minutes or until just set; bake loaf 45 to 50 minutes. Loosen jelly rolls from pans; turn out carefully onto towel well dusted with confectioners' sugar. Roll up jelly roll and towel, starting at narrow end. Cool completely. Whip cream until stiff; fold in strawberries, sugar and Cointreau or sherry. Unroll 1 jelly roll; spread with whipped-cream mixture; roll up; dust with additional confectioners' sugar. You may freeze or store second roll or loaf cake for use another time. Makes 8 to 10 servings.

CHOCOLATE MALTED SQUARES
(pictured)
1 package (2-layer) devil's food cake mix
1/4 cup water
2 eggs
1/4 cup softened butter or margarine
1/4 cup brown sugar, firmly packed
1/4 cup chopped walnuts
1 package (about 15 ounces) creamy white frosting mix
1/2 cup malted milk powder
1/4 cup softened butter or margarine
1/4 cup hot water
1 to 2 tablespoons cream
3 squares (1 ounce each) unsweetened chocolate, melted and cooled slightly

Heat oven to 375°. Grease and flour 15x10x1-inch jelly-roll pan. Combine about half the dry cake mix with water, eggs, 1/4 cup butter or margarine and brown sugar; blend thoroughly. Add remaining dry cake mix; blend well. Stir in nuts. Spread in prepared pan. Bake 20 to 25 minutes; cool. Combine frosting mix and malted milk powder in small mixer bowl; add 1/4 cup butter or margarine and hot water; beat 2 minutes; stir in cream to make proper spreading consistency. Spread evenly over cooled cake. Spread chocolate smoothly over frosting layer; chill. Cut in 1 1/4-inch squares before chocolate is completely firm. Makes about 5 dozen.

continued on page 71
NUT RING (pictured)

Vi cup butter or margarine, melted
2 teaspoons heavy or light cream
Vi cup brown sugar, firmly packed
Vi cup chopped walnuts
1 package (2-layer) yellow cake mix
Whipped cream or whipped cream cheese

Heat oven to 350°. Grease and flour 6-cup ring mold and 71/2-inch layer pan. Combine butter or margarine, cream and brown sugar; blend until smooth. Spoon into bottom of ring mold; sprinkle with nuts. Prepare cake mix as directed on package. Bake 30 to 35 minutes or until cake tests done. Cool cake slightly. Serve with whipped cream or whipped cream cheese. Makes 8 servings.

QUICK ENGLISH TRIFLE

1 package (2-layer) lemon, orange or yellow cake mix
2 tablespoons grated orange peel
1 can (1 pound, 2 ounces) vanilla instant pudding
1 can (1 pound, 4 ounces) pineapple chunks
1 cup dairy sour cream
1 egg
1/2 cup sugar
2 tablespoons endless nutmeg
1/2 cup ground nutmeg
1/2 cup heavy cream
1/2 cup toasted, sliced almonds

Prepare cake mix according to package directions. Fold in orange peel. Bake and cool cake. Cut cake in half crosswise; split each half in half horizontally. Spread pudding over cake. Cover; chill 8 hours or overnight. Whip cream and sugar until stiff; spread over trifle. Sprinkle with almonds. Refrigerate. Makes 8 servings.

PINEAPPLE-APRICOT KUCHEN

1/2 cup softened butter or margarine
1 package (2-layer) white or yellow cake mix
1/2 cup flaked coconut
1 can (1 pound, 4 ounces) pineapple chunks
1 can (1 pound) apricot halves
1/2 cup sugar
1/2 teaspoon ground nutmeg
1 cup dairy sour cream
1 egg
1/2 cup brown sugar, firmly packed
1/2 cup chopped nuts
1/2 teaspoon finely ground cinnamon
1/2 teaspoon instant coffee

Heat oven to 350°. Cut butter or margarine into dry cake mix with pastry blender until crumbly. Stir in coconut. Turn mixture into 13x9x2-inch pan. Pat evenly over bottom, building sides up slightly. Bake 12 minutes. Drain fruits; set on paper towels to dry. Arrange fruits over baked crust. Combine sugar and nutmeg; sprinkle evenly over fruits. Blend sour cream and egg; spoon unevenly over fruits. Return to oven. Bake 25 minutes. Serve warm. Makes 12 servings.

QUICK COMPANY CAKE

1 package (2-layer) yellow or spice cake mix
1/2 cup brown sugar, firmly packed
1/2 cup chopped nuts
1 1/2 teaspoons cinnamon
1 teaspoon instant coffee
1/2 cup heavy cream
1/2 cup toasted, sliced almonds

Heat oven to 350°. Grease and flour two 8x8x2-inch pans or two 8-inch layer-cake pans. Pre-
BUILD YOUR OWN $5,000 HIDEAWAY

Although it nestles in the coastal woods of northern California, this "$5,000 Hideaway" (pictured above and on pages 56-57) would suit any setting and adapt to almost any second-home use. Larry and Linda Routh designed the house and built it with the help of weekend drop-ins. From the outside it resembles a mass of angled shed roofs interrupted by glass; inside its openness belies its intimacy, and the natural-wood finish provides inviting warmth. Construction is simplicity itself: 2-by-6-inch tongue-and-groove redwood on outside, 1-by-6-inch tongue-and-groove inside, with %-inch builder's felt in between. Floors are the same tongue-and-groove redwood, sandwiched and sealed. To order plans, see the coupon below.

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BUNK
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SINK

GALLEY

SLEEPING LIVING-DINING

U'x12' GAaEY

6'x9'

Position of house in floor plan is the same as rear view pictured here (top). Though compartmented, the house is basically one room. Bath and galley are at right; step-down sleeping area is at left; living-dining area opens to deck.

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$5,000 HIDEAWAY

continued from page 57

Deciding where to build their weekender was no problem. Oakland based, the Rouths both love the wilderness areas of northern California. When they learned that a developer was creating a second-home community at Sea Ranch, it took little persuasion for them to become landowners.

Sea Ranch occupies 5,500 acres along seven miles of rocky California coastline. The site the Rouths selected is a small grass-padded meadow ringed by tall redwoods, Douglas fir, tanbark oaks and tree-size rhododendrons. Some 200 yards westward through woods is the Pacific, rolling against the base of high, jagged cliffs.

Larry and Linda paid $7,900 for their single acre back in 1967, less a 10 percent incentive to start their house within a year. And, according to their purchase agreement, they had to complete their house within a year of its starting date. It took every bit of that time to do so, for construction was slowed by one of the wettest winters in northern California history. "We didn't know what a dry piece of wood was," says Linda.

Both Rouths have time-consuming, responsible jobs—he as an industrial designer for a lighting firm, she as display manager for a department store in Hayward—so they only worked weekends. But they did have help. In addition to Kim, their work force at times included Larry's parents, brother and sister-in-law, all camped in a tiny tent city.

The brass-tacks result of their effort is an unusual shed-roof structure whose interior is essentially a single room divided functionally. Besides the living/sleeping areas, there is a compact galley, a compartmented bath, a center core for service and storage—and a wide deck that extends the house's inner limits. The fireplace and two electric wall units provide heat.

Except for boring holes for the foundation and installing the plumbing, the Rouths and their "work crew" handled every detail of construction themselves. "I'll never forget the plumber's remark when he finished," says Larry. "He just shook his head and muttered, 'First time I ever plumbed a tent.' "

Although more innovative than a tent, the Rouths' house is certainly as simple in concept. It was designed for relaxing, reading and just getting away from it all—any time of year and in any kind of weather. "During a storm," says Linda, "we know what's going on, but we feel safe and protected."
PAINTED QUILTING continued from pages 22 and 58

MATTRESS-PAD QUILTING
(pictured on page 22)

2-ounce tubes of acrylic polymer emulsion paints; as a rule of thumb, 1 tube per color would more than suffice for curtains shown. (Use Liquitex or Aquatex; priced from about 80¢ to $2 a tube, they are available in most art-supply stores.)

One 1/2-inch and one 1/2-inch pig-bristle brushes

White-cotton quilted mattress pad, king size for a double-bed coverlet

Plan a design, following quilted pattern of mattress pad, or dream up your own and draw it on. Use the pad as a coverlet or cut it up to make into pillow covers, headboard or curtains (also great for chair seats and backs).

Brush on paint right from tube; paint is thick, so work carefully between lines of stitching. Lift off spilled drops with a damp rag, but do it quickly and don't rub. Clean brushes in water.

Fancy-up edges by cutting them along the quilted design, then rebind. Acrylic-painted quilting can be hand-washed or dry-cleaned.

PAINT A QUICK QUILT
(pictured on pages 58-59)

Two 2-ounce tubes each of orange, red, yellow, blue and green acrylic polymer emulsion paints. (Use Liquitex or Aquatex, priced from about 80¢ to $2 a tube.)

One 1-inch and one 2-inch pig-bristle brushes

White muslin or percale sheet, double-bed size

Cotton batting

Solid-color cotton-backing fabric, heavier than sheet, which will thicken when painted

#50 black cotton thread

This painted quilt will cover a standard double bed with 6-inch overhang at sides and bottom. (Dimensions are approximate because sheet size shrinks when you sew sheet to batting and backing.) Finished design can also be a wall hanging, and you can paint and quilt pillows as well. All can be hand-washed or dry-cleaned.

To begin, wash sheet for possible shrinkage; let dry. Stretch it on wall or floor, anchoring with pushpins or staples. Pencil in design. (To create your own design, work it out first on paper.)

The quilt on pages 58-59 is very easy to duplicate. Draw, centered on sheet, a 64-by-75-inch rectangle. Since your design will be a series of pencil-drawn arcs with a 32-inch radius, make a kid's old-fashioned com-

continued

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Please complete:

□ Male □ Female Age
I am ______ feet, ______ inches tall. 1 now weigh ______ pounds. I would like to weigh ______ pounds.

Name ________________________________
Address ________________________________
City ______ State ______ Zip ______

RESULTS GUARANTEED

These excerpts from actual letters were unsolicited. Your degree of success with the Slim-Pak Plan obviously depends on YOU, but remember:

WEIGHT LESS—
OR PAY NOTHING!

Lose 6 to 16 pounds in the next 30 days—without ever going hungry—or money back!

Thousands Do! You Can Too!

You can get slim and stay slim while you enjoy your favorite foods: waffles or pancakes with maple syrup! Chili! Hot muffins! Turkey with dressing! Goulash! Beef Stroganoff! Ice cream sundaes! Pot roasts! Mashed potatoes and gravy! Pie with whipped cream topping!

The Dime-a-Day Diet!

And the Slim-Pak Plan is not only safe, easy, and effective, it costs you just a dime a day! Even less when you buy the 60 or 90 day Plan! For a Dime-a-Day, you can have the figure you love, be able to wear the clothes everyone will admire!

Lose Weight—Without Starving!

The Slim-Pak Plan is not a fad or crash diet; contains no dangerous drugs. Especially formulated for the dieter who has "tried everything"—and failed!

Slim-Pak is Personalized!

Slim-Pak can work for you where other diets have failed because only your Slim-Pak Plan takes into account the foods you like to eat, your sex, your age, your height, your present weight, and what you'd like to weigh!

Calis Slim-Pak 'A Blessing'

"Never found a diet so easy to stick with, nor a plan that really worked for me as Slim-Pak does. What a blessing it is to be able to lose weight without starving. God bless you and the medical scientists."

WEIGHT LOSS GUIDE

How much weight would you like to take off—and how fast? Our records show:

People who Usually
want to lose: order:
1-11 pounds 30-day Plan
12-19 pounds 60-day Plan
Over 20 pounds 90-day Plan

Ask your doctor about the Slim-Pak Plan first! Your Personalized Plan includes tablets that supplement food but play no role in weight loss! Registered by name, U.S. Patent Office 771541.

© 1970—Northwestern Pharmaceuticals, 466 North Western, Los Angeles, Calif. 90004

MAIL NO-RISK COUPON NOW!

NORTHEASTERN
466 No. Western Ave., Dept. 90-B, Los Angeles, Calif. 90004

YES, I'd like to try Slim-Pak at your risk! I would like to lose 6 to 16 pounds in the next 30 days. I understand that there is a money-back guarantee that I must lose those unwanted pounds without starving, reduce calorie counting, or giving up many of my favorite foods!

Please rush my Personalized Slim-Pak Kit! It contains everything I need to take, everything I need to know, to lose weight while I enjoy three big, satisfying, vitamin-rich meals—plus snacks—every day! Please include the tablets indicated:

□ 30-day supply—$3
□ 60-day supply—$5 (save $1)
□ 90-day supply—$7 (save $2)

Please add extra 50¢ for postage and handling!

□ Send C.O.D., I enclose $1 deposit

Please complete:

□ Male □ Female Age
I am ____ feet, ____ inches tall. I now weigh ____ pounds. I would like to weigh ____ pounds.

Name ________________________________
Address ________________________________
City ______ State ______ Zip ______
I am a healthy dog with sound teeth, but... I had dingy teeth. And doggy breath. Nobody kissed me twice.

Even my best friend wouldn't tell me why. Then I discovered MILK-BONE® Dog Biscuits.

Hard, crunchy, nourishing biscuits that scraped away unsightly stains and tartar. Removed particles of soft food. Actually helped strengthen my gums. And made my breath almost human again.

And best of all, with Milk-Bone Dog Biscuits, I got cleaner, whiter teeth in just three weeks!

“How I got cleaner whiter teeth in just three weeks...”

PAINTED QUILTING continued

To draw basic painted-quilt design, hold string end of your pencil-on-a-string compass at points marked by dots.

pass by tying a pencil to a 32-inch length of string. Hold down end of string: a) at dead center of rectangle and draw a full circle; b) at centers of rectangle's two short sides and draw half circles; c) at centers of rectangle's long sides and draw half circles; d) at each corner of rectangle and draw quarter circles; e) at points on rectangle's long sides 32 inches from each corner and draw half circles; f) at points on rectangle's long sides 32 inches out from centers and draw half circles. After design is complete, trace a six-inch border around it, as shown in diagram at left.

Paint in design sections and border, using pictures on pages 58-59 as a color guide. There is no need to dilute paint. To prevent wet colors from running together, don't paint adjacent areas at the same time. When sheet is dry, lay it face down; cover it with batting, then with backing, right side up. Smoothing the layers, pin them together at 6-inch intervals. Machine-sew along design lines, flattening material to distribute it evenly within each design section. Cut around edge of design, leaving enough for a hem; then fold under extra sheet and backing, right sides together. Hem close to edge.

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Address all inquiries to:
American Home, Flushing, N.Y. 11357

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U.S. and Possessions and Canada: One year $4.00. Pan American: $5.50. All other countries: One year $6.00.
The Posts had never built anything before, but the architect said, “My system takes little skill, mainly muscle power.” The Dattner system consists mainly of L-shaped units assembled to form 16-by-16-foot modules, 12 units to a module. There are also triangular units that create modules for loft sections. All units—and each ceiling and floor—are made of stressed-skin plywood: wood frame containing insulation heat-sandwiched between two plywood sheets. Once connected each unit has integral strength; floors and ceilings are not just spans to be supported but are strong enough to be part of the structure.

All components the Posts needed to build their house stacked neatly on the back of one truck. Before it arrived, Eli did his own siting (the architect never had to view the site), a mason laid the concrete foundation and a crane was brought in to lift the 400-pound L units into place. As for the rest of basic work, says Marda, “We knocked on doors and asked some of the local young people to help—and paid $3 an hour.” If they wish, the Posts can assemble additional sections—up to three modules high and any number horizontally.

The Post house comprises four modules: lower part of living area, kitchen and dining area, first-floor bedroom and bath, second-floor bedroom. Three pitch-roof additions accommodate the upper part of living area, the upper part of second-floor bedroom (not shown in floor plan—it will be an enclosed loft someday) and a second-floor sleeping/storage loft. Living-dining room will eventually open onto a deck across front of house.

How does she love me?
Let me count the ways:
1 2 3 4 5 6
Flavor Snacks. In six delicious, nutritious flavors.
If you want to tell your dog you love him—say it with Flavor Snacks. Now you’re talking his language.
YOU DON'T HAVE TO GET A JOB TO GET THE MONEY YOU WANT.

If you want some money you can call your own but would rather not go outside your home to work — maybe we can help.

We've put together a book which describes the 101 best ways that women are making money at home today, including scores of ideas which our own readers are using.

It shows how, using your talents and interests, working only as many hours or days as you can spare, you could earn a little or a lot of money.

Each of the 101 ideas in this book is spelled out in detail, with almost step-by-step instructions. More important, each is a proved, practical idea that is working for other women.

You'll know what you need to get started, where to go for help, how to drum up business, and how much to charge.

There's a chapter on choosing the money-making ideas that would be best for you. Another on things like saving money by asking for the wholesale price and taking advantage of special tax deductions you'll be entitled to when you're making money at home. And vital information on how to avoid the hundreds of fraudulent "work-at-home" schemes.

We're so sure this book can be of help to you, we'll let you use it for 10 days. If you're not convinced, send it back and we'll refund your money promptly. Make your first good business decision today, examine our 101 ways to get the money you want.

---

TRY BOOK FOR 10 DAYS

Good Housekeeping Book Div., Dept. D222, Box 2316, FDR Station, New York, N.Y. 10022

Please send my copy of 101 Practical Ways to Make Money at Home. Enclosed is my check for $5.95 plus applicable local and state tax. (Publisher will pay shipping charges.) If I'm not delighted I may return the book in 10 days for a full and prompt refund.

Print name

Address

City State Zip

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SHOPPING INFORMATION

Merchandise listed is available in leading department and specialty stores. If you cannot find it, write to American Home, Reader Service, 641 Lexington Ave., New York, N.Y. 10022. Items not listed may be custom-made or privately owned.

SUNNY DECORATING


PREFAB COST CUTTER


NEW SHELF GAME—MAIN DISHES

All sources, N.Y.C. Pages 62-63: Salt and pepper shakers, rectangular dish, Paulette's Place; round brown dish, Greek Island, Ltd.; oval casserole, Hubert des Forges.
Americans today are a rootless, nomadic lot, pulling up stakes and relocating with unprecedented frequency. Recent statistics indicate that most of us will occupy 12 or more homes during our lifetimes. This mobility presents the gypsy generation with many problems, not least among them: How do you decorate a short-term home?

Moving is always a difficult process, but establishing a new home shouldn’t mean a sweeping abandonment of the contents of the old one; the secret of a successful move lies in knowing what to take along and what to leave behind. Cherished possessions carried from one home to the next give continuity to life and help dispel the displaced-person doldrums.

Family heirlooms, curio collections, artworks and accessories reflecting the uniqueness of their owners spell the difference between an impersonal short-term dwelling and an individualized home. Take them along on all your wanderings, but select them, initially, with future moves in mind. Collect pieces made of durable, transportable wood, pewter, brass, silver; steer clear of fragile pottery, porcelains and glass.

And, speaking of your treasured artworks, remember how long you labored composing the picture grouping above the living-room sofa? Before you dismantle it for moving, draw an in-scale diagram of the arrangement. Then, as you remove each picture from the wall, fasten its hook to the frame with masking tape so they’ll be packed, and later unpacked, together—all set for instant rehanging in the new living room. When you’re ready, simply follow your diagram for proper placement.

CARPETING FOR THE WANDERER

If your household is prone to periodic packings-up andmovings-on, costly wall-to-wall carpeting may be one of the first items you should eliminate from decorating plans. To move carpeting from one home to another is often impractical because of high labor costs. Each time it’s picked up (and this should be done by professionals, as improper handling can ruin some types of carpet backing), carpeting should be cleaned. Since there is always some shrinkage, you won’t know how much yardage you’ll have left until the work is finished. So, unless you sell your wall-to-wall carpeting along with the house—or have it cleaned, then cut and bound into room-size rugs—consider alternatives.

You can plan your decorating around various-size area rugs, all of which can be adapted easily to another home. Indoor-outdoor carpeting by the yard is another answer for transitory households. It’s inexpensive, easy to move and install without expert assistance, and it can be cut to fit without need of binding or special tools. Or consider self-stick carpeting tiles. Now available in patterns and luxurious weaves, they can be lifted off your old floor, transferred to your new home and there arranged in any old or new combination you like. (For moving, stack tiles with wax paper between each. If repeated moves make the backing too unsticky to adhere, use double-face tape. And be sure to save surplus squares for replacing worn and damaged areas later.)

COLOR AND ACCESSORIES

Color is the foundation of your portable decorating scheme. It’s a simple and inexpensive matter of paint, and today’s paints are all quick and easy. To give a room a specially custom look, combine painted walls with one wall of a color-compatible texture—burlap, cork, fabric—and you can take it with you if you hang it with double-face tape, rather than paste. Consider using adhesive-backed curtain trims (flocked fabric that comes in various widths, bought by the yard) or architectural-motif wallpaper borders as substitutes for the more permanent wood moldings (often prohibited in rental quarters) that give a custom-decorated look to walls, doors and windows. And explore the potential of self-stick mirror tiles wherever higher-priced mirror installations are indicated.

Made-to-measure window treatments are a poor investment when you’re not sure how long you’re staying. Many custom treatments may be duplicated with ready-made curtains and shades hung with imagination and originality. Shop the notions department for stitch-on trimmings to coordinate ready-mades to your color scheme, for press-on hem bindings to adjust old curtains to new window lengths, even for a mechanical stitcher to hem curtains after they’re hung. And how about using Velcro as a stand-in for curtain rods? Stitch one strip to heading of curtain; glue or tack receiving strip across top window trim—and your window is fully dressed, with no rods, rings, hooks or holes.

ADAPTABLE FURNITURE

Whether decorating the first of many homes or shopping for furniture replacements, stay away from matched suites. They’re too limited, too specific to be flexible; besides, they’re just plain dull. Go-anywhere furniture that’s handsome in itself is much more practical for a traveling household. A good-looking storage cabinet no longer needed for bedroom use could carry on as a dining-room server at the new address; patio pieces from a suburban home could give an alfresco atmosphere to the breakfast area of the new city apartment. An armless sectional sofa would be a smart buy than a not-so-adaptable, long sofa; the two pieces could be used as one long couch, placed at right angles to turn a corner, or faced opposite one another to flank a fireplace, doorway or picture window.

The multipurpose tables that are available today adjust to meet a host of needs: Some expand from bridge to banquet size; some flip up or fold down to become slender foyer consoles. Their versatility and that of other multipurpose pieces is made to order for families shifting back and forth from suburban homes to city apartments, from large houses to small.

Classic chairs, regardless of period, have a chameleonlike quality of adapting to any setting. A Louis XVI bergère moves easily from bedroom to living room; a bentwood armchair makes its own striking statement whether pulled up to a desk or a dinner table; a director’s chair in chrome and leather adds elegance to living room or den, while its earthy counterpart in wood and interchangeable canvases contributes color and comfort to porch or playroom.

And to pull things together in all your different, happy homes, plan a progressive color scheme. Relate each room to the next one through the addition and/or subtraction of colors, repeating some, but not all, of the colors used in other rooms. This will assure you of a high degree of interchangeability among the furnishings of all the rooms—a valuable decorating aid for a free-wheeling family of this gypsy generation.
Our Federal Eagle is one of the most distinguished pieces of needlework we have ever offered. The original of our proud bird, derived from the Great Seal, is inlaid on a 1790 New York State linen-press cupboard in the James Monroe Reception Room of the State Department in Washington, D.C. Since the eagle first became our national emblem, it has been used in many decorative ways. This design is stamped on creamy-white 100 percent linen to be embroidered with crewel yarn. The finished size is 13½ by 16½ inches (Kit 61278). The painted frame, also available, is copied from an 18th-century molding (usually painted black) which we updated with red paint to match the stripe on the shield (Kit 61279).
HELP ABOUT THE HOUSE

NAIL DOWN FLOOR SQUEAKS

Our house has a concrete-slab foundation. The floorboards are nailed to screeds (strips of wood regularly spaced) set in tar. In the 15 years of use, our house has developed squeaky floors in every room. Neighboring houses the same age and with identical floors don't have this problem. Is there an inexpensive way to solve it?

Mrs. C. P. Capell
Montgomery, Ala.

Renailing should solve the problem. Use ring-shank or threaded nails for extra holding power. The heads should be small, and the length sufficient to penetrate into the screeds about an inch. To learn what this length is, find a rarely seen corner and drill a narrow hole in the floor. When the drill hits concrete, you can then determine the thickness of your flooring and screeds. Subtract ¼ to ½ inch from this and you'll know what length nail to use.

Locate the screeds by tapping the floor with a hammer. A hollow sound will indicate empty space underneath, while a solid sound will indicate a screed. Drive nails (in rows of three) into the screeds through the boards that squeak. The procedure is time-consuming, but worthwhile.

STALL SHOWER TAKES A LOW-COST LINING

I'm building a vacation house—nothing fancy, just a modest house that's functional. Can you suggest a material to line the shower stall? I'd like one that's inexpensive, requires no finish and is as easy as possible to maintain.

F. T. McGovern
Lehigh, Pa.

We've seen shower stalls with asbestos-cement walls that meet your requirements. This material is available in a variety of sizes (like sheets of plywood) at most lumberyards. Cut sheets to measure; they are easily sawn. Apply over wood framing with rustproof nails and wallboard adhesive. Calk seams with silicone sealer. It comes in a cardboard tube that fits in a cartridge-type caulk gun.

When dry, the asbestos-cement resembles very smooth concrete. When wet, it appears to be absorbing gallons of water (it isn't!) but soon dries to its original appearance. To complete your shower stall, buy a floor of precast stone.

LINOLEUM CAN BE PATCHED

How can I repair a hole in my kitchen linoleum?

Mrs. C Elwood
Moline Ill.

Chop a piece of cork into tiny pieces; then pulverize it with a mortar and pestle, or by rubbing between two pieces of wood. Mix the powder with shellac and make a thick paste. Fill the hole with this paste. Allow to dry, then sand smooth and paint to blend with the linoleum.

For help with a home-maintenance or repair job, write to Dept. HAH, American Home, 641 Lexington Ave., New York, N.Y. 10022. All letters will be answered promptly; letters published will be selected on the basis of broad, general interest.
Eat Well & Sleep Tight

**FROM HOME BASE**

**Thermometers—low-cost assets for the well-run kitchen**

How do you tell when the leg of lamb is rosy pink, the fudge the right consistency and the frozen mousse firm? The only reliable way is with a kitchen thermometer. Available in most department, hardware and gourmet stores, it may range in price from $1 to $5, depending on make and quality. The wise woman has at least four basic thermometers on hand. Here’s why:

*A meat thermometer* tells you the desired temperature for different meats and indicates when that temperature is reached. There are so many variables in the cooking of meat—size and shape of the cut, proportion of fat to lean, degree of aging—that the only really accurate gauge of doneness is a meat thermometer. Some versions have sharp, pointed probes and can be inserted easily; others come with a separate metal skewer, so you can simply skewer a hole in the meat for the thermometer. Insert about two inches deep in the thickest part. Be sure the point does not touch bone, fat or gristle and that the dial is turned toward the oven door for easier checking. When using a meat thermometer for spit or rotisserie roasting, insert it into end of meat, parallel with the spit or at such an angle that it does not hit anything as the spit turns. Remember not to stop the spit with the thermometer near the heat source.

*A candy thermometer* and a reliable recipe are the two major requirements for good homemade candy. Cooking the mixture to just the right temperature is vital for candy to be of the proper consistency. A candy thermometer will also help in making jellies and deep-fat frying. Simply attach it to the side of the pan, using the clip on back, and your hands will be free for stirring. The thermometer should be immersed at least two inches and should not touch the bottom or sides of pan.

*An oven thermometer* is another kitchen asset. Correct oven temperature is imperative for good results, especially in baking, so check your oven periodically. If it’s off even 10 or 15 degrees, it can cause improper browning, rising and consistency. Since temperatures vary from the top to the bottom of the oven, place the thermometer close to where you normally put food. If the temperature it registers is too high or too low, adjust the oven dial to compensate.

*A refrigerator/freezer thermometer* will monitor the efficiency of these essential appliances. Refrigerator temperatures should be 35° to 40°F, freezers around 0°F. Check a new refrigerator with the thermometer to determine how to set coldness control for optimum food storage. Remember, safe storage time declines, sometimes drastically, as temperatures increase. But keeping freezers lower than zero is unnecessary.

—Jeanne M. Bauer

**Wilson Certified-famous Cannon Products offer!**

Save up to 20% on Cannon blankets, sheets, pillowcases and towels from Wilson Certified Foods.

All we want to do is make you happy. Just make you happy and pleased you did business with Wilson.

For every 2 labels from Wilson Certified’s Beef Stew, Chili, Corned Beef Hash, Bake-Rite Shortening or Golden Margarine you may purchase—at very special prices—Cannon’s Traditional Monticello Blanket or 5-piece towel sets in Venetian Green, or Old Gold, or Cannon’s Monticello sheets and pillowcases in white, no-iron muslin.

You’ll find all details on appropriately labeled Wilson Certified products at your supermarket... use Ideal Dog Food labels for this offer, too.

Wilson Certified Foods, Inc.,
Oklahoma City, Oklahoma 73105. A subsidiary of Wilson & Co., Inc.
DEAR AMERICAN HOME

MODULAR PLAUIT AND PAN

Your October issue featuring the modular "House of the Year" is a welcome one.

I am the owner of a brand-new modular house—it was delivered on Monday, and I was able to entertain 15 guests on Friday evening!

Mrs. George Hurst
Pine, Colo.

I was very surprised by the kitchen in the year-round version of the "House of the Year." How could anyone with any experience in homemaking and cooking let a mirrored backsplash slip by? It will certainly be a display case for "the natural look," as the caption states—natural grime, spots, splatters!

Mrs. John A. Dukes, II
Pasadena, Calif.

A mirrored backsplash is really not that hard to keep clean. A quick wipe with window spray leaves the mirror spotless.

CAN-CAN

We enjoyed the October Lifestyle story on the Robert Redfords. However, you should be aware of the fact that the initials C.A.N. also stand for Citizens Against Noise.

C.A.N. is supported by the public and we welcome contributions at our national headquarters, 2729 W. Lunt Ave., Chicago, Ill. 60645.

Theodore Berland, President
Citizens Against Noise
Chicago, Ill.

LIQUOR LICENSE

Thanks for your article on Lake Mohonk. We've been going for years, and I'd like to pass on an amusing anecdote regarding the unspoken "No Liquor Served" rule.

Many years ago when my mother-in-law was a young woman and on her first visit to Mohonk, she asked one of the Messrs. Smiley, "Where can you get a drink around here, Mr. Smiley?" His answer—"Just knock on any door, my dear."

(Mrs.) Bertrice W. Small
New York City

Address letters to the editors to Dear American Home, 641 Lexington Ave., New York, N.Y. 10022.

A pair of pretty slimmers... from FASHIONTIME PRINTED PATTERN

PATTERN F-575

You'll love the sleeveless, slimming, flaring line... the high tabbed, curbed collar... the smart yoke bodice... the back zipper assuring trim fit. Truly a slimmer to flatter every figure.

Size 14 takes 2½ yards of 44-inch fabric.

PATTERN F-1000

Slimming, with flair. Inverted pleats fall below attached belt that buttons over zipper at back. High roll collar and short sleeves complete a crisply feminine look.

Size 14 takes 3½ yards of 44-inch fabric.

Why not order your patterns for both of these charming dresses. They're easy to make, easy to wear. Just mail the coupon today.

FASHIONTIME PATTERN
129 W. 29TH ST., NEW YORK, N.Y. 10001

Send $1.00 plus 25¢ for postage and handling in cash, check or money order for each pattern ordered.

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☐ Yes, I'd also like to have your selection book of 60 latest patterns for which I enclose $1.00.

Name ____________________________  Please print—it prevents errors

Street Address __________________

City ____________________________  State ____________  Zip ________

Be sure to include your Zip Code—it means faster delivery of your pattern.

Address letters to the editors to Dear American Home, 641 Lexington Ave., New York, N.Y. 10022.
Pattern files
If you sew, you’ll love these tiles to keep your patterns neat, organized and protected. Cardboard boxes are indexed for easy viewing. Attractive in avocado, gold and white stripes. 9x5x7 in. Easy to assemble. $1 each plus 35¢ postage. Send your order to Holiday Gifts, Dept. 601-D, 7047 Pecos St., Denver, Colo. 80221.

Candle holder ‘n snuffer
This enchanting ensemble is richly silver-plated with fine detail and cleverly crafted. Conjugates visions of the mistress of a mansion lighting her way through mysterious dark halls! 6½ in. wide. A delightful gift. Set, $4.98 plus 25¢ postage. 2 for $8.98. Colonial Studios, Dept. CHS-8, White Plains, N.Y. 10630.

Hmmm, a pretty pillow
You’ll sing a song of creative satisfaction over Humming Bird and Hibiscus pillow kit for beginners. Kit: easy-to-stitch design on natural linen; heavy embroidery yarns in greens, yellow, red, white; cording; zipper, instructions. 12x12 in. $2.95 plus 35¢ shipping. The Stitchery, AH-1, Wellesley Hills, Mass. 02181.

Red checked gingham
Little lasses of all ages adore red and white check curtains to perk up a window. Even men appreciate these country charmers! Of drip-dry colorfast cotton for easy care. 74 in. wide per pair. With 2-in. ruffles. 45, 54, 63, 72 in. long. $6 per pair. Order from Country Curtains, Dept. AH-1, Stockbridge, Mass. 01262.

Window dressing

Crispy delicacies
Festive rosettes are fun to make. Fit handles to patterned irons and dip from batter to fryer. Crispy good, sprinkle with powdered sugar. With recipes, instructions. Cookie Mold Set, $6.49. 72-page gift catalog, 25¢. Suburbia Mail Shopping Service, Dept. 110, 366 Wacouta St., St. Paul, Minn. 55101.

Country charm
Imagine! A Little Red Barn in your back yard to use for stash space or a quaint club house. Quick to build; no expensive tools. 8x12x9 ft. with 4-ft. sliding door. Simple plans and material list, $2.50. Petite 6x8x8 ft. with dutch doors, $2.50. Both plans, $4. Hammond Barns, AH-1, Box 39027, Indianapolis, Ind. 46239.

Convenient sewing center
Why use your dining-room table when this chic tailor cabinet fits snugly into a room, yet opens to 12 sq. ft. of work space! Drawers, stash bins keep supplies ready-handly. On casters. 37 3/4 x 24 x 30 in. Pine in maple or walnut finish. $79.95; Kit, $59.95. Exp. chg. col. Yield House, AH-1, No. Conway, N.H. 03860.
Esclusivo – from Italy!

The Delizioso way to pan broil and tenderize without fat, grease water or softeners
Free Gourmet Recipes Included

La Bisquera

BROILS
STEAK FOR TWO!

TESTS PROVE FOOD
ACIDITY REDUCED
*Independent Laboratory reports “the foods cooked in La Bisquera show a substantial reduction in acidity compared to conventional utensils.” Bitterness, fats are drawn out: meat, fish, poultry stay moist, succulent — in their own juices. No basting!

Now treat family, guests to the kind of gourmet dinner they’d expect if they were guests in a fabulous Italian Palazzo! Accept the applause graciously… then tell admirers that for hundreds of years, the method of porous earthenware cookery you have just used has been a carefully-guarded Italian secret… that even now, it is zealously guarded by gourmet cooks. It’s all amazingly true. What they do not have to know is that you have utilized a

Fantastic “No-Recipe” Recipe — no ingredients except your meat — and you don’t even bother to baste!

La Bisquera does your flavoring, your tenderizing for you nature’s way… draws out bitterness, acids, fats, lets taste you never dreamed was there come through unmasked, undiluted. Steaks, chops, meat loaf, hamburgers, fish, chicken taste sinfully rich (yet you add no fat)… zesty (yet you add no spice)… succulent (yet you add no water)… tender (yet you add no softeners). No basting needed, not even for meat loaf! See box above for tests by an independent testing Laboratory — then

Achieve Your Own Fabulous Results on Top of Any Stove… Prevent Meat Shrinkage!

No more messy oven clean-ups — your kitchen stays cool. And where ordinary broiling must utilize high heat, shriveling meat before your very eyes, La Bisquera broils to perfection over medium heat on any stove — gas or electric. Result — less shrinkage… with La Bisquera paying for itself in no time flat! Attached cover prevents messy, dangerous splattering. Handles are heat-resistant. Serves up a generous meal for two. Cleans easily in hot water.

Free 10-Day Home TRIAL

Try La Bisquera for your morning bacon or ham … for luncheon hamburgers … for whatever the butcher has on sale for dinner! If you don’t lick your chops (and everything else you broil), your purchase price will be promptly refunded, or charges cancelled.

OVER 200,000 SOLD AT $9.98
LA BISQUERA: Complete with simple instructions and FREE: Continental Recipes

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MAIL NO-RISK COUPON TODAY

COLONIAL STUDIOS, DEPT. LB-83
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Please rush ______ La Bisquera[s] @ 7.95 each (plus 75¢ postage and handling). If I am not delighted, I may return for refund.

I enclose [ ] check or [ ] money order for $____________ N.Y. residents add Sales Tax. [No C.O.D.’s].

Name________________________
Address_______________________Apt. #________
City_________________________State_________Zip________

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Tee hee!

Watch your gleeful golfer glow as he writes his name on this "Special Award Plaque For The Golfer Who Hits A Long Ball." Mounted on natural wood-finish frame. 5½x7 in. A wow award. $1.98 plus 30¢ postage. Anthony Enterprises, Dept. AH-1, 505 Market St., San Francisco, Calif. 94105.

The watchman weighteth

Build a working Watchman’s Clock, an exact replica of a 14th century masterpiece. Driven by weights suspended over rollers, 10 in. high. Kit/E-152 has 30 prepared metal components, all with selection and buy nothing. Cancel approval service we’ll include 10 add’l items or slide (returned). Gold finish China and signed for authenticity. Impeccable collectors! Thimble scene is hand-painted in blue delft on pastel blue. When you wear a lovely picture-watch, you need for this elegant beauty! $56. And 30 prepared metal components, all with selection and buy nothing. Casecraft, Dept. X85, 210 Lakeview Dr., Farmington, Conn. 06032.

Watch the compliments

When you wear a lovely picture-watch showing your favorite picture! Send any black and white, color photo, negative or slide (returned). Gold finish metal case. Swiss movement. $14.95. Photo Poster, Dept. X85, 230 E. 23rd St., New York, N.Y. 10010.

Genuine Delft thimble

Here’s a handy, tiny treat for sewing or stitching ladies or a Dutch treat for collectors! Thimble scene is hand-painted in blue delft on pastel blue china and signed for authenticity. Imported from Holland. ½ in. $1.50; 2 for $2.75. Add 25¢ post. Ferry House, Dept. A-H, Briarcliff Manor, N.Y. 10510.

A day for each child

Children-of-the-week charms are inscribed with proper phrase for each. "Friday’s Child is Loving and Giving." etc. State name, birth date to be engraved. 14K gold, 1-in., $14.50; 3½-in., $10.50. Sterling, $5.50; $4.50. Jamaican Silversmith, AH-1, 407 Rockaway Ave., Valley Stream, N.Y. 11581.
Fun in your future

Place this fascinating "crystal" ball on a desk or table. There's no guarantee that it foretells the future, but it does promise to be a great conversation piece. On a hardwood pedestal, it's 3" in diameter. $6.95 plus 50¢ postage, World Arts, Dept. AH-1, Box 577-A, Wilmington, Calif. 90744.

Spring post bookends

"Tapestry" storage chests

Stash your put-a-aways in elegant chests with lush pretend tapestry motif in deep tone colors. Made of heavy cardboard for strong, clean-keeping. Nice enough to display in your home or office. 25¼x13½x11 in or 32⅝x17½x6 in. $3.95 each. Free catalog. Graham's, AH-1, 3273 N. Dixie, Ft. Lauderdale, Fla. 33308.

Personalized welcome sign

Say goodbye to evil spirits and hello to friends with a solid wood welcome sign hand-painted. 9½x3½ in. $1.98 plus 35¢ postage. Vernon, Dept. All, 560 N. Dixie, Ft. Lauderdale, Fla. 33308.

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This colorful owl is a delight to embroider for a picture or pillow top. His body is worked in bittersweet and yellow. Yellow daisies are perched on his head and held in his claws. His big black eyes are circled with white flowers. Kit includes design on 15" x 17" natural Belgian linen, crewel yarns, needle and full directions. Only $3.95 plus 35¢ postage. Send 25¢ for next 3 issues of our exciting Art Needlecraft Catalog. The Stitchery Dept. AH-1, 204 Worcester Turnpike Wellesley Hills, Mass. 02181

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PACK-O-FUN is the only Scrapcraft magazine. Each of its ten exciting issues a year is crammed with nearly a hundred fantastic ideas for turning throwaways like Christmas cards into baskets, favors and decorations...for converting odds and ends like plastic bottles, spoons, newspapers, milk cartons, etc., into Gifts, Toys, Games, Bazaar items, Knickknacks, Place Cards, household items...plus Skits and Stunts.

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tor, safety strap. Of plastic. $3.98 plus 95¢ postage. Holiday Gifts, 612-F, 7047 Pecos St., Denver, Colo. 80221.

Crystal butter dish

This lovely antique reproduction with a dome cover that glitters with light reflected from its faceted surface is perfect for dinner parties, yet butter dish is inexpensive enough for everyday use. 7 in. in diameter. $4.98 plus 85¢ postage. Harriet Carter, Dept. AH-1, Plymouth Meeting, Pa. 19462.

Raising money?

Your group can serve profits at its treasury table by selling lovely lunch-napkins of fine quality 2- and 3-ply paper in colorful fund-raising-appearances. Earn $40 to $100 or more. 40 days free credit to groups. For free samples, details: Holiday Co., Dept. BA-161, Bedford, Va. 24523.

When it's roundup time

Cute little cowhands will go for this western-motif saddle seat that makes a nifty toilet trainer. Fun for tiny tots and makes training a lot easier for parents. Adjustable stirrups, deflector, safety strap, of plastic. $3.98 plus 95¢ postage. Holly House, AH-1, 9924 Edgecove, Dallas, Tex. 75238.

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Why not present this reclining beauty right where to hang them! Drip-Dri Bar hooks over shower rod; locks in place. Let the drips fall where they should - in the tub! Adjusts 25 in. to 31 in. No adhesive. No screws. $3.98 plus 35¢ postage. Anthony Enter., AH-1, 585 Market St., San Francisco, Calif. 94105.

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Wallet photos make nice gifts for friends and family. 16 color photos for $1.98; 32 for $2.98. Send color negative, photo or slide. 36 black and white photos for $1; 76 for $2. Send photo or negative. Add 30¢ to each order for shipping. Philips Foto Co., Dept. AW-1, Elmsford, N.Y. 10523.

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Why not present this reclining beauty to show 'em "Fat Is Beautiful!" An inspiration to reducers who find "taking it off" a weighty subject, or consolation to the chubby set who like it as it is! 3½x1½ in. $2.98 plus 35¢ postage. Franzen Gifts, AH-1, 110 Franzen Bldg., Flanagan, Ill. 61740.

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This lovely antique reproduction with a dome cover that glitters with light reflected from its faceted surface is perfect for dinner parties, yet butter dish is inexpensive enough for everyday use. 7 in. in diameter. $4.98 plus 85¢ postage. Harriet Carter, Dept. AH-1, Plymouth Meeting, Pa. 19462.

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Tortellini (pasta rings stuffed with chicken and cheese) are easy to make with step-by-step pictures to guide you.
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Candelabrum Tryon-1 looks like a cascading fountain with pear shaped crystals flowing gracefully from its crystal spire and 6 lights. Imported marble base. Arms and rosette at bottom of brass or silvery metal (specify). $300.

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A biogenic, all natural method aims for a flawless complexion and changes acne-blemish skin to glowing clear. This home program is completely safe and works for every skin, every age. For free illustrated information, write: Christine Valmy, Dept. AH1-A, 143 E. 49th St., New York, N.Y. 10017.

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Magnetic E-Z Reach with non-slip ends has giant scissor-like action for easy access to hard-to-reach spots. Ideal for high shelves, corners, etc., its magnetic tip picks up pins, curlers, etc. 5-ply birch. 27-in. reach. $4.29. From Better Sleep, Dept. AH1, New Providence, N.J. 07974.

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Roll-about end table-desk; drop leaf holds adding machine, etc.; roll out-up top drawer stores any standard portable typewriter; filing and storage drawers. 29x23½x18½ in. Pine in maple or walnut finish. $74. Kit form, $55. Exp. chgs. col. Yield House, Dept. AH-1, No. Conway, N.H. 03860.

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To display your treasures of shells, minerals, etc., that is! Collector's solid brass stand shows off item from any angle. 5½x3 in. Strategically placed holders adjust to size and shape of what it holds. $1.98. 2 for $3.85. Add 35¢ postage. Harriet Carter, Dept. AH-1, Plymouth Meeting, Pa. 19462.

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Your name and social security number can be engraved on a wafer-thin card of solid brass or aluminum. No worry about tear 'n wear. 3x1¾ in., “card” is handy for reference or identification. Please print clearly. $1. Legal Forms Co., Dept. 345, 1830 Guardian Bldg., Detroit, Mich. 48226.

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