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**Cover: A beloved, old-fashioned crochet motif takes on young freshness and charm with "Granny-Square Beauty in String," pages 58-59. Directions for making all these decorative assets—and many others—are complete in this issue. Photographer: Irwin Horowitz.**

# American Home

FOR FAMILIES WHO KNOW HOW TO

## BUILDING AND ARCHITECTURE

- 6 Late Report on the Guaranteed House
- 12 Vacation House of the Month: Sculpted Geometric Stack-Up
- 28 The Character Builders

## DECORATING AND CRAFTS

- 30 Table Toppers
- 31 Inventive Framework
- 51 Making an Art of Living
- 55 At Home with the Joy of Handwork
- 57 New Simple-Sew Decorating
- 59 Granny-Square Beauty in String
- 60 Quick-Stitch Standouts in Bargello
- 62 Fantasy Furniture Finishes
- 65 Modern Art at Under \$20

## FOOD

- 66 Desserts from Summer Fruits
- 68 Cooking Lesson No. 57: Chicken in Aspic
- 70 Cool Skillet Cooking

## EQUIPMENT

- 76 Kitchen Question Box

## KNOW HOW: 8-Page Special

- 27 Where the Crafts Are
- 28 The Character Builders
- 30 Table Toppers
- 31 Inventive Framework
- 32 Cactus—A Growing Family
- 33 An Open & Shut Case
- 34 The Good Life

## FEATURES

- 9 Lifestyle: The Steven Caneys of Carlisle, Massachusetts
- 20 The Woman Driver: How to Save \$ and Conserve Gasoline
- 24 Shopping Information
- 37 Pets: The City Dog on Vacation
- 78 Dear American Home

## HOME PROJECTS

- 16 Quick "Waffle" Stitch Needlepoint
- 38 8 Kits Our Readers Love Best

## SHOP BY MAIL

- 82 American Home Market Place

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## late report on **THE GUARANTEED HOUSE**

As this issue goes to press, the subject of consumer protection for home buyers is being acted on in various quarters—government, trade association, private industry. Some plans are still in development; others are in operation, but only in certain areas of the country. In this fourth report in *AH's* campaign to achieve better quality in housing, we summarize much of what's happening.—The Editors

**NAHB GIVES "FULL SPEED AHEAD"** Acting swiftly at its spring meeting late in May, the board of directors of the National Association of Home Builders unanimously endorsed the principle of an insured home-warranty program and gave a go-ahead for the development of such a plan. The program, described and strongly supported by *AH* in our May issue (for reader response, see "Dear American Home," page 78), would provide a 10-year warranty against structural defects in a new house. The final proposal will be presented in September, and if approved, will go into effect as soon as practicable. "We hope to offer the warranty program by early 1974," NAHB president George C. Martin told *AH*.

**FHA MAY GET NEW TEETH** Introducing a bill he has called the "Home Buyer and Home Owner Protection Act of 1973," Sen. Charles H. Percy of Illinois called for the FHA to require three-year builder warranties on new houses and annual reinspections of all FHA-insured houses for five years. In addition, the Percy Bill would also provide funds to compensate homeowners for repairs due to shoddy construction, poor inspection of existing houses or code violations; establish an Office of Consumer Assistance with branches at every FHA area office; and, through these offices, provide pre- and post-purchase counseling for home buyers and mediation between builders and buyers. "Our goal is to assure the home buyer or renter that he is obtaining a quality product and to assist the homeowner or tenant in maintaining the product," said Sen. Percy. His bill is clearly an attempt to use the leverage of the FHA mortgage-insuring program to put the federal housing agencies on the consumer's side. It would fit well with Sen. Philip Hart's truth-in-housing bill, described by the Senator in our July issue.

**GUARANTEES, GUARANTEES** Several private companies in the field of home inspection and servicing have broadened their activities to include guarantee programs. Readers interested in any of these specific services should write to the companies for details and then consider the plans carefully. *National Home Inspection Service* (1629 K St., N.W., Washington D.C. 20006), whose business has been inspecting homes for prospective buyers, is now offering to guarantee for one year the major structural and mechanical components of houses they inspect. This adds about \$50 to their current inspection fee, which averages \$75. The program began in Washington, D.C., in June. Later this year it will be extended to company branches in 40 cities from New York to Seattle. *American Homeowners Association, Inc.* (5301 W. Burleigh St., Milwaukee, Wis. 53210), which has for some years been offering home-repair and maintenance services to owners, has set up "Palace Guard," a plan that offers buyers of existing homes a one-year, no-cost repair and replacement service contract for the basic systems of a house—heating, plumbing, electricity, hot water, etc. Fees are based on purchase price—for example, a \$40,000 home is covered for about \$220. The contract can also be bought by the seller of a house—to lessen the buyer's risk and his own liability. "Palace Guard" is now being sold through real-estate firms in some 20 states coast to coast. *American Home Shield* (221 East Route 4, Paramus, N.J. 07652), operating primarily in New Jersey, offers a somewhat similar service contract. Some major builders are putting themselves on the line, with stronger guarantees. One firm, *NEI Corporation* (838 Canal St., New Orleans, La. 70112), which builds in Chicago, Houston, Atlanta and New Orleans, issues a five-year warranty against defective materials and workmanship.



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# LIFESTYLE

## The Steven Caneys of Carlisle, Massachusetts



Out in the Caney backyard, toy-designer Steve and young Noah and Jennifer put their heads together over the kids' imaginative design—a play structure made of old boxes, crates, cardboard, wood scraps, string.

Steve Caney insists that he is not a child who never grew up. "It's just that I *become* a child," he says. "I think his thoughts and talk his talk." Steve is a toy designer and educational consultant, and because of this he happily shares with his wife, Shelley, the day-to-day business of bringing up their children. So, almost any warm day he can be found in the backyard of their Carlisle, Mass., home, playing with Jennifer, 7, Noah, 4, and neighborhood youngsters.

Together, the kids and Steve build fantasy worlds out of old boxes, scraps of paper,

rubber bands and milk cartons. Much of what they have invented together is the basis of Steve's recently published *Toy Book* (Workman Publishing Co.; hardcover, \$8.95; paperback, \$3.95), a fascinating manual for creating simple homemade toys. Illustrated with Steve's warm, candid photographs, it tells how to make things like corrugated-paper sun goggles, tube telephones of funnels and garden hose, and rolled-paper pottery.

"A toy should be many different things," says Steve. "A store-bought, child-sized log cabin is only *that* to (continued)



Shelley Caney tends to her indoor garden, set in a nook high over the front door. There's not much room outdoors for gardening, since most of the big yard is given over to Steve, the kids and their toy-experimenting.



**In designing toys or building a home, the Caneys like things simple, imaginative, open to change**

a child. But a used refrigerator carton can be a house, fire station, train—anything a child's imagination will let it be." Good homemade toys, he thinks, have just such open-ended spirit and simplicity of design, and they allow the child creative participation—in both making and playing with them. All the toys in his book are made with simple materials and were tested by Jennifer, Noah and their friends.

Typically, when Steve and Shelley had their house built two years ago, they gave special thought to the imaginative world of their children. Jennifer and Noah's territory is most of the lower level of the house—two bedrooms and a playroom that they can rearrange according to their fancy. "It's their free place," remarks Shelley. "They've got plenty of room to play and invent new toys of their own." The idea of a children's section ties in with Steve's latest interest—space, and how children relate to their environment. A second Caney book will soon deal with unexpected play "arenas," like the back of a station wagon or the supermarket.

Most of the Caney house is accented with homemade whimsical treasures, such as the sculpture Steve and the kids made out of a coat hanger and paper clips. The dining-room table is often covered with their works-in-progress.

And while they play, lucky Shelley has some extra time for her own special interests—local politics and Carlisle's small, biweekly newspaper, which she helped found. She's also fascinated by the history of the area: Carlisle is next to old Concord, and shares much of its traditional heritage. That's one reason the Caneys chose it for their home. Besides, its quiet streets are perfect for family biking, and its peaceful backyards and friendly kids are just what's needed to help create new and wonderful toys.

**Father and daughter (below) conduct a test run of one of his *Toy Book* "Discovery" ideas—homemade curds and whey, or cottage cheese. "It's great for learning to cook," says Steve.**



**While Shelley prepares lunch (above), Steve and the children busy themselves with "Building Circles," a modular construction toy. With some rubber bands, crayons and a batch of folded paper plates, it is possible to make hundreds of different forms.**

**The Caneys relax in their spacious living room (below)—a break in the day's "play productivity." The house, which offers views of surrounding woods, was built with change in mind. "Like Tinkertoys," says Shelley "our house is open-ended and adaptable."**







## Works of art from Italy. Sears Bellissimo bedsprads.

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# VACATION HOUSE OF THE MONTH

Set like a geometric sculpture beside a beach on the northeast Florida coast, this vacation retreat was designed for a family of five by architect William Morgan of Jacksonville. Its 2,075 square feet are contained in eight identical rectangular boxes, each 12 by 25 feet, 4 inches, and 8 feet high. Made of plywood with a fiber-glass coating, the

boxes are stacked in an alternating pattern two levels high, supported by 16 pilings. A stairwell joins the boxes at the center; they are actually pinwheeled around it. Tie beams outside unify the construction for wind loads. A double carport on the ground floor flanks both the entry and a large storage closet for beach paraphernalia. (continued)

Inset: G. Wade Swicord

Alexandre Georges

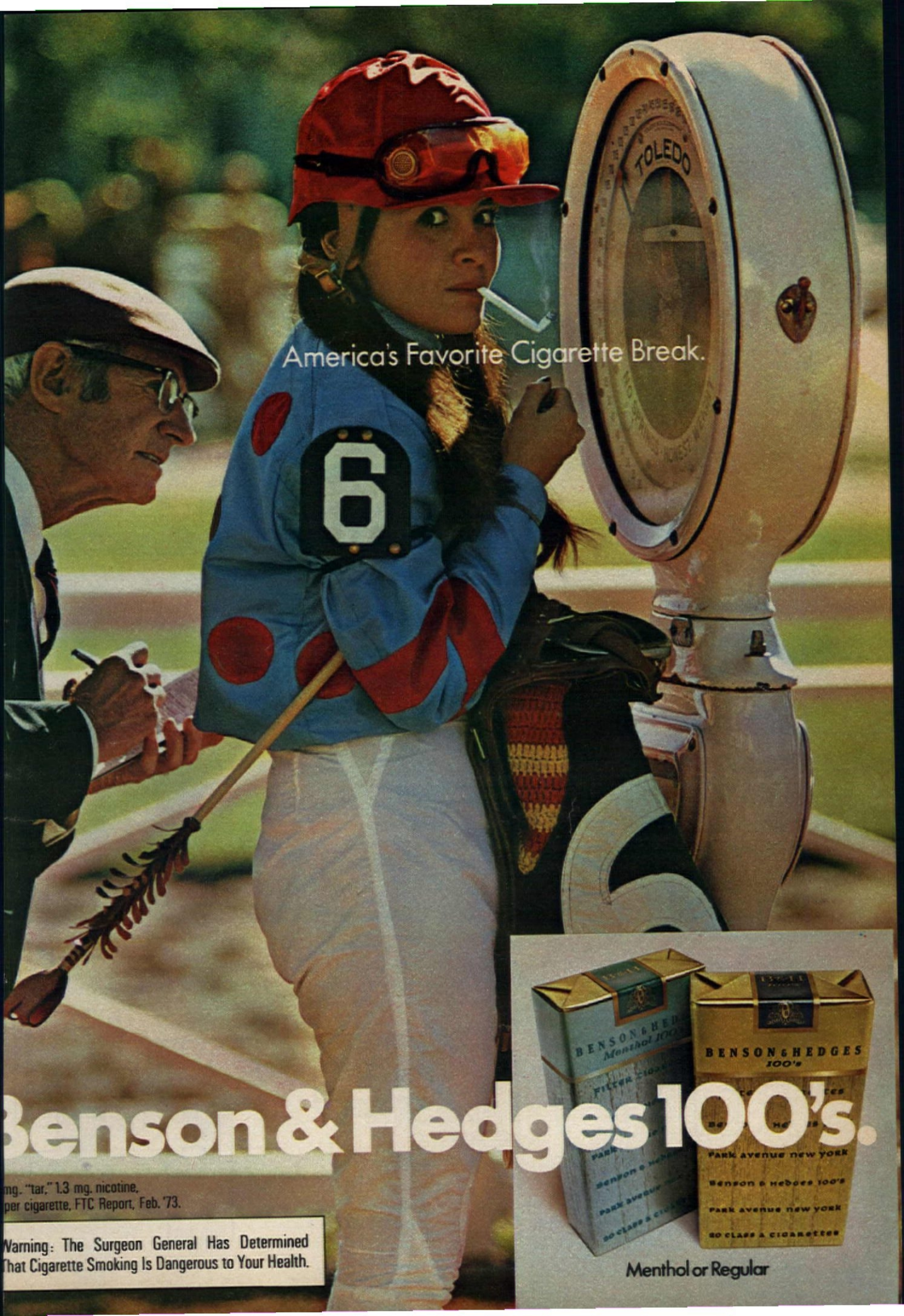


## SCULPTED GEOMETRIC STACK-UP

Play of overlapping rectangular boxes makes this Florida beach house a geometric tour de force. Design, inspired by architect Le Corbusier's Villa Savoie in France, incorporates eight modules positioned so sunlight continually floods interior. Front of house is at right, facing sea. Above are rear (left) and side.







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**This design, like most modulars, offers flexibility and adaptability: Add or subtract boxes for either a larger or smaller unit. Says the architect, "It's a house anyone would enjoy."**

**Below: Partly enclosed deck on upper floor has a long ocean view through open northeast corner. Below, right: Living room on main floor is expanded by adjacent deck, reached through sliding glass door. Furnishings are spare; most seating is built in. Glass on two sides takes in panorama of ocean.**

Because of its super seaside location, the Florida house was oriented eastward, facing the water and shielding the owners from a road at rear and neighbors on either side. The boxes that comprise the two living levels are perpendicular to each other, with windowed 5½-foot extensions that give each room an ocean view. Tinted glass cuts down heat and glare.

Alternating the arrangement of boxes (see broken-line projections in floor plans, bottom), the architect was able to create a partly covered deck on the main floor. Upper-level deck is open to the sky (see photo, left). Two shallow balconies outside living-room and southeast-bedroom windows, accessible by ladder, are primarily for window washing.

The house's plywood walls, insulated with 4-inch fiber-glass batts, are encapsulated by fiber-glass-reinforced resin sprayed on in strands—with crushed marble added for a sandlike finish. Fiber glass, used in the boating industry because it resists the corrosive effects of saltwater, acts as additional bonding for hurricane protection. Says Morgan, "The future of this and other plastics in housing is now well accepted." The Florida stack-up house, with central heating/air conditioning, was \$37,000. For architect Morgan it is an innovation with long-range potential. Though conventionally built on a 2-by-4 frame, it was designed to be manufactured—and trucked to a site for assembly. He plans to adapt this modular system to other types of housing.

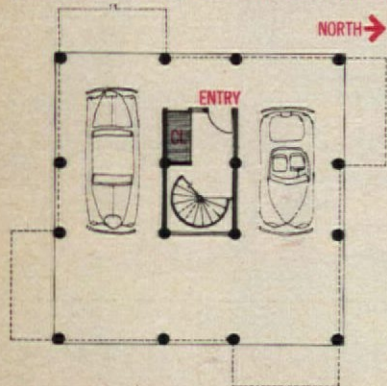
—Jane Levy

G. Wade Swicord



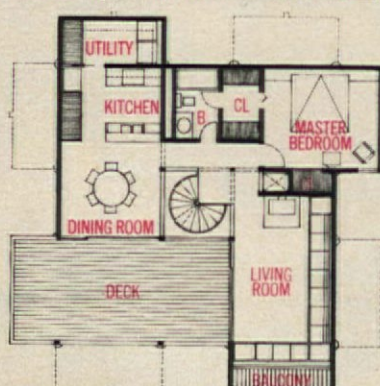
Hedrich-Blessing

Ground floor is mostly open; concrete pilings are heavy dots on floor plan.



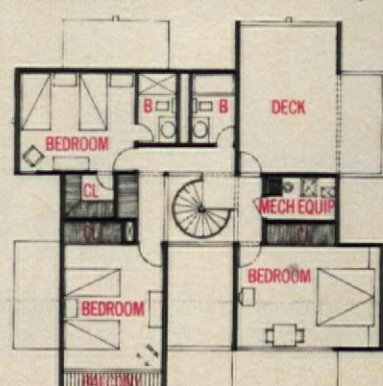
GROUND FLOOR

Main floor (four boxes) is center of activities; deck looks toward ocean.



MAIN FLOOR

Upper floor (four boxes) has children's rooms; deck looks two ways.



UPPER FLOOR





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By Dorothy Lambert Brightbill

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# DRY AGING SKIN



Mrs. G.C. (Five weeks later!) \*

## WHAT YOU CAN DO ABOUT IT

[Exclusive Beauty Report by EDITH SEREI]

It's agreed! Tiny wrinkles, crowsfeet, superficial lines and sagging skin are today's big business beauty targets. The market is flooded with "ultra" skin care products with fancy names and amazing claims. What's more, the skin of millions of women is flooded with creams, lotions, toners and elixirs that promise you everything you've always wanted: youth, beauty and a radiant June bride complexion. This ridiculous approach to skin care is making fools out of millions of women because there is something you can do to turn back the clock on aging skin...and it doesn't begin with "ultra".

But first, don't fool yourself another minute. Today, beauty is not a luxury; it's a necessity! Take a good look at your skin without make-up in fluorescent light! Better than that, pretend the face in the mirror is another woman. What do you really think about "her" skin? Are crowsfeet taking hold? Is skin texture flaky and drab? Is the look lifeless and lined? Is there too much cover-up, not enough glow?

Rest assured, after twenty years of battling this universal problem at my professional skin care institute (my own skin being the prime target), I know that the treatment you need for dry, aging skin will never be the over-the-counter promise-in-a-bottle so freely dispensed at chic stores and "beauty centres".

Today, as a result of some very extraordinary scientific discoveries, a totally new approach to skin beauty care has been created. The discoverers come from the new breed of super-specialists whom we call Estheticians Visagiste\*. These skin beauty/make-up experts study nothing but the

skin and how to overcome common and not-so-common skin problems. They are true professionals. In their hands, the art of the beautiful visage reaches perfection. Best of all, you can now revitalize your complexion—as you never dreamed possible—with a unique crash course to beauty that can give you a new, young and beautiful look that is super-easy to maintain!

Why the fuss? Not only is this program totally unique, but nothing else works as well to effect the youthful transformation most women desire. Before this announcement, there was little you could do to take advantage of the professional treatments offered by Estheticians Visagiste\*, unless you personally visited certain Salons in Paris or select Beauty Institutes in Canada. But now, the experts have come to you. For the first time in the U.S., the Esthetician Visagiste\* offers a complete, professional home program designed specifically to beautify dry, aging skin.

Because so many women want to know the facts about this unique program, we have prepared a special, illustrated booklet to explain all the details. To find out what you can do about premature, dry/aging skin, at home, just clip and mail the coupon below. We'll send you this free beauty care information right away. We'll show you how improper care—even with the "right" products—can actually make complexion problems worse! We'll also include actual testimonials sent in from our thousands of at-home clients who find this program to be the successful answer to beautifying skin to the younger, more natural glow they've always wanted. You can, too. Just mail the coupon. We'll send you some very good news about proper skin beauty care. It's free!

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### \* WHEN SKIN LOOKS YOUNG, THE REST IS EASY!

Believe it or not, that's the same woman above. Mrs. G. C. carefully followed Edith Serei's magical 12-point home skin care beauty program and achieved such "unexpected results" that she lightened and re-styled her hair, too! "My final result was so good, it seemed I had a new skin... Everybody found me rejuvenated... I am very grateful to Edith Serei, who gave my beauty problem a happy ending, with really spectacular results." When you try something new that turns out to be "spectacular", that's beautiful! Send for free details!

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### FREE INFORMATION



40

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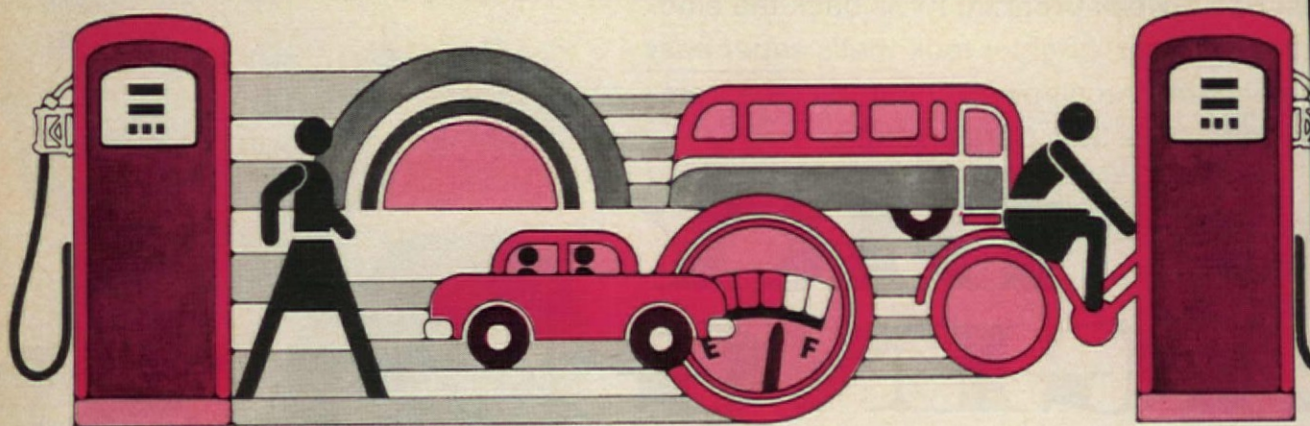
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# HOW TO SAVE \$ AND CONSERVE GASOLINE



For the first time since the demise of gasoline ration cards, all is eerily quiet on the gas-war front. There are fewer cut-rate stations and fewer trading stamps, free-mug and steak-knife offers. What's left is a man at your car window saying, "Sorry, lady, only 10 gallons to a customer." Your car needs more gasoline than ever, there is less of it and it's costing you more and more. Sorry, lady, indeed!

With even major oil companies suggesting ways to use less of their product and help ease the shortage, it has become patriotic to conserve gasoline. And saving gasoline dollars has become a personal financial necessity.

In late spring of this year, the average gallon-price across the country was still 37 cents. That's cheaper by nearly two-thirds than a European pays. Nowhere else in the world has the consumer traditionally paid less for gasoline than in the United States. But that bargain has turned out to be a mixed blessing. While Americans are accustomed to paying less per gallon than the rest of the world, we have been paying as much or more *per mile*. The engines most of us herd around are notoriously thirsty. With fuel so cheap, there was little pressure on Detroit to build a car for gas economy. We wanted bigger cars, quicker pickups, automatic transmissions, air conditioning—all sloshingly extravagant users of gas.

Then came yet another straw—emission controls. To lessen the automobile engine's alarming capacity for fouling the air we breathe, devices have been mandated for automobiles to limit these noxious emissions. By their very nature, however, the devices happen to play hob with gas mileage. The Environmental Protection Agency claims that emission controls are responsible for 8 percent "loss of economy," something more than the loss from automatic transmissions (6 percent) and less than air conditioning (9 to 20 percent, the higher figure being the cost of keeping cool in

hot city traffic). But as the real culprit in this theft of economy, the agency fingers *weight*. If a 5,000-pound car gets 10 miles to the gallon, a 2,500-pound car under comparable circumstances will get 20.

Think of gasoline as calories (it's all energy, after all). A heavier person uses more calories to climb a flight of stairs, struggle out of an armchair or walk to the corner. A heavier car uses more gasoline to climb a hill, pull away from a stop sign or drive to the shopping center. How much weight has the fattest person you know gained in the past 15 years? Well, one popular, medium-priced car has put on 1,500 pounds between 1958 and 1973.

Do not wonder, then, that you can watch your fuel-gauge needle drop as you skim along at turnpike speeds in air-cooled, stereo comfort in your automatic-everything, emission-controlled mammoth. Do not wonder that with more and more just like you on the road—and supplies of gasoline limited by too few refineries, politically sensitive import quotas and just plain poor planning—gas "allocation," another euphemism of the '70s, is upon us.

But let's leave the general for the specific: How can *you* save money on gas and also improve your gas mileage?

**Use your car less.** That's like telling a problem dieter simply to eat less, isn't it? But just as losing weight takes planning, so does reducing the use of your car. This week, start keeping a log of every mile you drive and why. You're likely to find a lot of fat in the list that you can trim easily.

**Pool people.** Ask a neighbor to go shopping with you. Next week, share *her* car. That's half as much use right there. When invited to a party, ask if someone else near you is also going and arrange to ride together. A date for lunch or tennis? Don't automatically say, "Meet you there." Pick up someone, or arrange to be picked up yourself. Not as convenient? Of course not, but to really save money, you will have to be

willing to put yourself out a little.

**Pool errands.** Those shoes that need repairing can be dropped off when you pick up the kids (if you *must* pick them up). Can a trip today be consolidated with one tomorrow? A little thought can keep you from tracking back and forth across the same territory. According to recent government estimates, it costs at least 12 cents a mile to drive your car and that was at lower gasoline prices.

**Discover your neighborhood.** Do you drive past one shopping center to get another—for no real reason except habit? Investigate your nearer neighborhood. The prices and the quality may be on par with what you've been driving several miles farther for. And remember that 12 cents-a-mile figure.

**Buy a different car.** Next time you're in the market for a set of wheels, put gas mileage high on your list of considerations. Your most productive shopping will be among the imported and domestic lightweight sedans, each with manual transmission and manual choke, four or six cylinders, single carburetor, radial-ply tires and an absence of power equipment and air conditioning. (You may not find everything in one package, however.) If you have more than one gas hog in the family sty, you might consider trade right now. For if gas prices continue in their threatened direction, the resale value of your dinosaur-in-the-driveway will shrink rapidly.

**Use alternate transportation.** Buses, trains—check them out. Don't automatically plan to drive wherever you go. Consider other means—and let your children discover public transport (which is *not* to say hitchhiking; that's another matter and never recommended). Don't overlook the bicycle. It's quiet, efficient of energy and in general good grace with environmentalists and health nuts (if less than loved by truck drivers and big dogs). If a bicycle appeals to you, you can save money, tone up some flesh, strike a blow for clean air and have some fun all at the same time. (continued)



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## HOW TO SAVE \$ AND CONSERVE GASOLINE continued

Another alternative: that incredibly healthful form of locomotion you mastered as a child—walking.

But if drive you must, here are some ideas for diminishing gas demands and keeping cash in your pocket. First are things to check—or check out—on your car:

**Wheel alignment.** Just as it takes more energy to push a shopping cart with a cockeyed wheel, it takes more energy (fuel) to push a car with wheels out of whack. Poor alignment also costs in badly worn tires. Have wheels checked periodically. Chuckholes, rough streets or hitting a curb while parking can knock a wheel slightly cattywampus.

**Tires.** Always inflate in the upper ranges of the recommended pressures. Check your owners manual.

**Engine tune.** Especially critical is the timing. The sparking of plugs and the opening of valves must be exactly right for full engine efficiency. If gasoline vapor isn't ignited—and exhausted—at just the right time, gasoline is literally pumped unused through your engine. That's wasteful. And have your mechanic

make sure your car is running on as lean a fuel mixture as it safely can.

**Automatic choke.** This is a notorious gas thief. Have a mechanic check yours. If the engine seems to idle extremely fast when cold, or if you find yourself doing a lot of braking to keep the car under control when first starting out in the morning, the automatic choke is probably culpable.

**Premium versus regular gasoline.** These terms are not like "prime" and "choice" in grading beef. You are not giving your car a treat by feeding it premium when it does not actually need it. Look in your owners manual and see what fuel is recommended. Or try a tank of regular and see if your engine complains by pinging or knocking. A pinging engine is an inefficient engine. You aren't saving anything with the cheaper regular and may actually be doing some damage. Conversely, if regular is recommended for your car and you consistently serve it premium, you are a spendthrift—and may be risking a burnt valve to boot.

**Brand versus "off-brand" gasoline.** Most independent gas stations get their

fuel as surplus from the same source the advertised brands. They are simply able to sell it for less. But now that surplus is disappearing, many independent stations are curtailing their hours closing down completely. If you can't find "off-brand" gas, buy it.

**The full tank.** Keeping your gas tank as full as possible is economical for two reasons: 1) Gas evaporates faster in a near-empty tank, and 2) moisture condenses on the inside of a near-empty tank, thus getting water—which does not burn—in the gas and causing rough-running and possible vapor or ice locks.

Your car is only one factor in using and saving—fuel. Your driving is the other. Consider these tips:

**Use your right foot smoothly.** Treat the gas pedal with delicacy. Don't stomp on it. Let your throttlemanship be guided by this image: You are *feeding* gas to the engine, and the carburetor can take on so much liquid at a time. The rest is lost in runoff. When you pull away from a stop, apply steadily increasing pressure to the pedal. Similarly, when you want to speed up to pass a car, (continue



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## HOW TO SAVE \$ AND CONSERVE GASOLINE continued

gentle pressure (sensitively measuring out only as much fuel as the engine can use) will result in the same pickup as flooring it—and will save the big squirt of expensive fuel that is, in effect, runoff.

**Avoid using your brakes.** That's right. You use them more than you need to, you know. And each time you brake you are "wasting" gas, because you are wiping out the momentum you spent gas to achieve. The moral is clear: Drive in such a way that you do not have to slow down so much so often. Lessen your top speed. Anticipate traffic flow, thus avoid getting boxed in. Feed less gas now to avoid having to brake later. Look ahead. That light has been red since you could see it—obviously, it will change soon. Feed less gas now and you may avoid a stop altogether.

Probably nothing in all driving uses more gas than getting a car rolling from a dead stop. Just try pushing your car by hand for a notion of how much energy it takes merely to budge it. (Remember, energy equals gasoline.) It takes five to 10 times *less* energy (gasoline) to keep it rolling. Does that give you a hint? You can save buckets of fuel this year by finding a route to the supermarket that has fewer traffic lights or stop signs, by doing most of your driving in slack periods when traffic is relatively light and by moving your car less.

**Minimize idling.** Starting your engine is really expensive, especially in cold weather. But once started, an engine that idles is also costly. If you have to wait for someone, should you turn the engine off or leave it running? A good rule of thumb is that about a minute of idling is equal to one start. If the wait is going to be longer than a minute, turn off the engine. And don't make the mistake of letting a cold car idle to warm up. This is not only wasteful of gasoline, it doesn't do the warm-up job as well as going on your way at a moderate speed. And of course, never race a cold engine. That's a sure way to distort engine parts and head for expensive ring jobs—as well as being a sinful waste of gas.

**Practice moderation.** No drag-racer starts, no darting in and out, no abrupt stops. OK? And no ultrahigh speeds on the highway. What makes higher speeds costly is simply air. As speed increases, it takes more and more energy to shove that block of a car you're driving through the resistance of the air. Let's say that at 30 miles per hour your car gets 15 miles to the gallon. At 40 it would get about 13½ miles, at 60 little more than 10—and at 80 slightly more than 7. Translated into coin of the realm, if you paid 40 cents a gallon for gas, fuel for 150 miles would cost you \$2.60 *more* if you drove 80 miles per hour than if you covered the same distance at 60. And 60 isn't exactly dawdling!

If you are driving long distances on your vacation this summer, plan to cut 10 to 15 miles an hour off your usual superhighway speed. The reduced speed alone will save enough travel money to pay for your dinner that night, and there are other advantages. For one, you'll find it easier to maintain a steady pace at a slower speed—which means still more economy. For another, you'll find that the hurry-hurry atmosphere is greatly reduced by only a slight drop in speed, and that pays for itself in reduced tension. Your average speed won't suffer as much as you might expect, by the way. Finally, at under 60 your chances of being involved in a fatal accident are reduced greatly.

To keep track of your savings, keep track of your mileage. Every time you buy gas—filling the tank each time, they'll let you—jot down the exact amount of gas you bought, how much you paid for it and the odometer reading (the mileage-counter part of your speedometer). To calculate miles per gallon, divide the miles driven by the gas used. To get the gas cost per mile, divide the miles by the amount spent. Those figures will provide a graphic record of how you are driving fewer miles, paying less for each mile and enjoying it more.

A final word: Don't let your enthusiasm for saving gas let you fall victim to the lure of additives and mechanical devices for economizing on fuel. All cost money and are of dubious achievement. *You*, not a gadget or a gimmick, are the gas-saver.

*Ms. McCluggage is a 1973 recipient of the Alfred P. Sloan Award from the Highway Users Federation—for "distinguished public service to highway safety" provided by her column, "The Woman Driver," which appears regularly in AH.*

## SHOPPING INFORMATION

Merchandise listed here is available in leading department and specialty stores. If you cannot find it, write to *American Home*, 641 Lexington Ave., New York, N.Y. 10022. Items not listed may be privately owned or custom made.

### GRANNY-SQUARE BEAUTY IN STRING

Pages 58-59: Bed, Knights In Brass Beds, N.Y.C.; wicker rocker, patchwork quilt, Richard Kaufmann's Full Sun Antiques, Brooklyn, N.Y.; baskets, The Gazebo, N.Y.C.; bedspread fabric, Roc-Ion Kassha Cloth from Pastad Mills, Inc., Brooklandville, Md.

### COOL SKILLET COOKING

Page 70. Skillets, clockwise from top, center: 10-inch Gourmet aluminum by Wear-Ever, Chillicothe, Ohio, \$5; 8½-inch stainless steel with copper base, Revere Copper and Brass, Inc., Clinton, Ill., \$20; 12-inch Mat Finish cast iron, Copco, Inc., N.Y.C. \$19; 8-inch Magnalite, \$9.50, and 10½-inch Wagner cast iron, \$5, both General Housewares Corp., Indianapolis, Ind.; 10-inch Registered polished aluminum, Wear-Ever, \$16; 10-inch cast iron with porcelain-enamel coating, Copco, Inc., \$19; 10-inch Registered polished aluminum, \$16, and 7-inch Registered polished aluminum, \$10, both Wear-Ever; 10½-inch stainless steel with copper base, Revere Copper and Brass, Inc., \$25.



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Crafts east, crafts west, crafts north and south—

America's in the middle of a hand-making renaissance, and this summer and fall, you'll find craft shows and fairs everywhere to prove it. Below, we give a sampling of the larger shows.

The weathervane at right highlights many of the riches you can expect to find.

You'll also see craftsmen at work and in many cases enjoy special entertainment and good, home-cooked food.

Most of these fairs and shows are free, except where noted, and many are outdoors.

**Arizona:** "Arizona Designer Craftsmen Juried Show" in Flagstaff at Northern Arizona University Art Gallery, July 10–August 11. Show is part of the annual Flagstaff Summer Arts Festival, which includes indoor and outdoor art exhibits, plays and concerts.

**California:** "Art Fair" in Mendocino at the Art Center, August 18–19. Theater performances, too. Highlight: wooden rocking horses by local craftsman. Many "art-in-action" demonstrations. Donation, 50¢.

"Renaissance Pleasure Faire" near Novato in Marin County, Labor Day and following six weekends.

Re-creation of an earlier era, with all craftsmen in costume. Renaissance music, dancing, food and games. Supervised "Children's Dell," where kids can make things. Adults, \$3.75; children under 12, \$1.50.

**Colorado:** "Arts and Crafts Exhibition" in Central City at Gilpin County Arts Association, now through Labor Day. Central City is an old gold-mining camp high in the mountains near Denver.

**Georgia:** "Georgia Craftsmen '73" in Albany at Banks Haley Art Gallery, July 26–August 26.

**Idaho:** "Annual Arts and Crafts Festival" in Coeur

d'Alene at North Idaho College, August 4–5.

**Maine:** "United Maine Craftsmen Fair" in Cumberland at Fairgrounds, August 10–12. Local Indian crafts, too. Adults, \$1.

**New Hampshire:** "League of New Hampshire Craftsmen's Fair" in Newbury at Mt. Sunapee State Park fairgrounds, August 7–12.

Demonstrations include artisans making pitchforks and simple furniture, etc., using centuries-old techniques. Camping and hiking are pluses. Adults, \$1; children over 6, 50¢.

**New Jersey:** Crafts on view all summer and fall in the Craft Shop at Peters Valley Craft Village, near Layton. Craftsmen's studios open to the public, too.

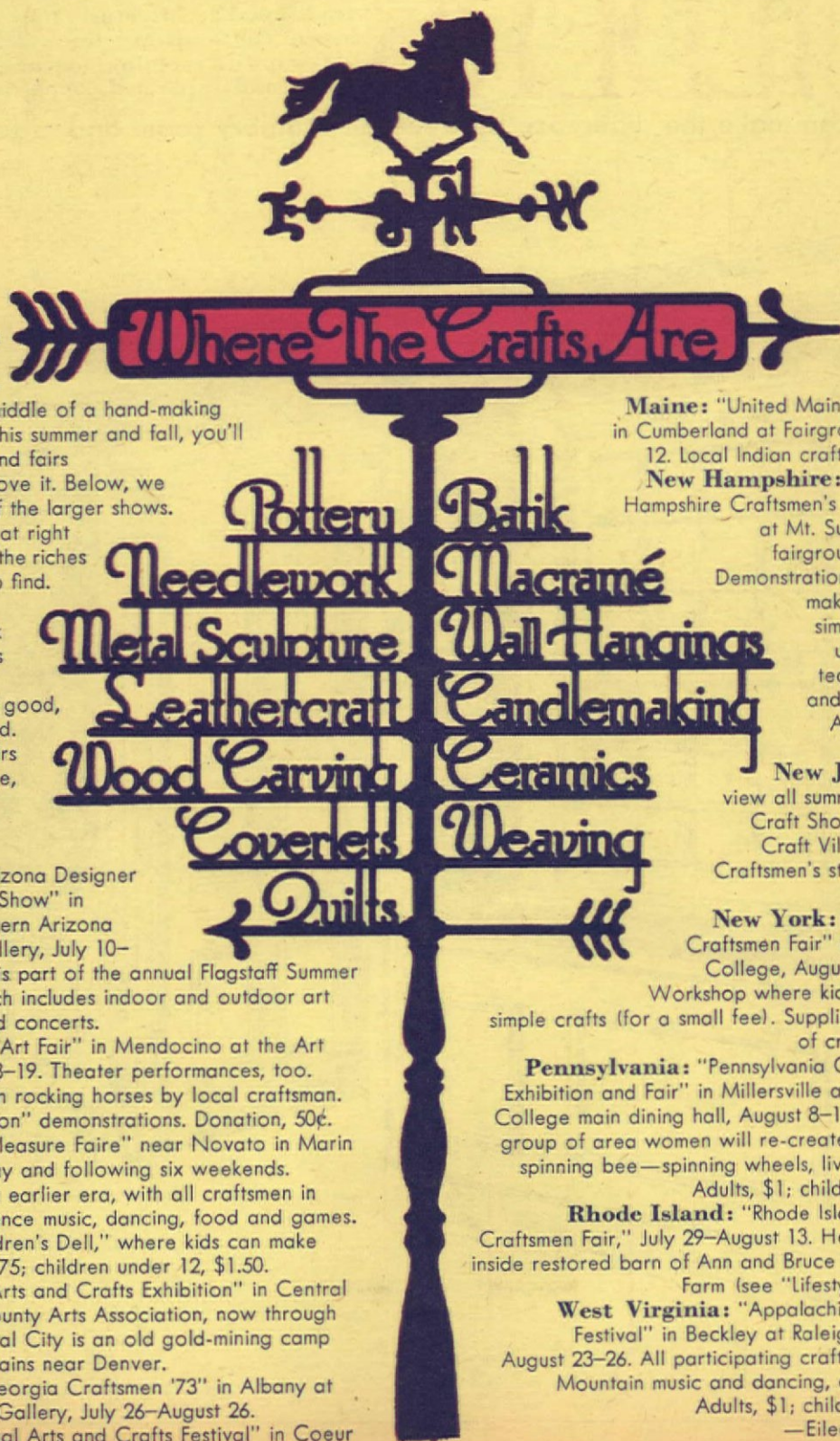
**New York:** "New York State Craftsmen Fair" in Ithaca at Ithaca College, August 4–10. Children's Workshop where kids can learn a few simple crafts (for a small fee). Supplies and a selection of craft books on sale.

**Pennsylvania:** "Pennsylvania Guild of Craftsmen Exhibition and Fair" in Millersville at Millersville State College main dining hall, August 8–11. Each evening, a group of area women will re-create an old-fashioned spinning bee—spinning wheels, lively gossip and all. Adults, \$1; children under 12 free.

**Rhode Island:** "Rhode Island Association of Craftsmen Fair," July 29–August 13. Held in Charlestown inside restored barn of Ann and Bruce Glen's Windswept Farm (see "Lifestyle," May '72 AH).

**West Virginia:** "Appalachian Arts and Crafts Festival" in Beckley at Raleigh County Armory, August 23–26. All participating craftsmen demonstrate. Mountain music and dancing, country-style food. Adults, \$1; children under 12, 50¢.

—Eileen Denver Mimoso

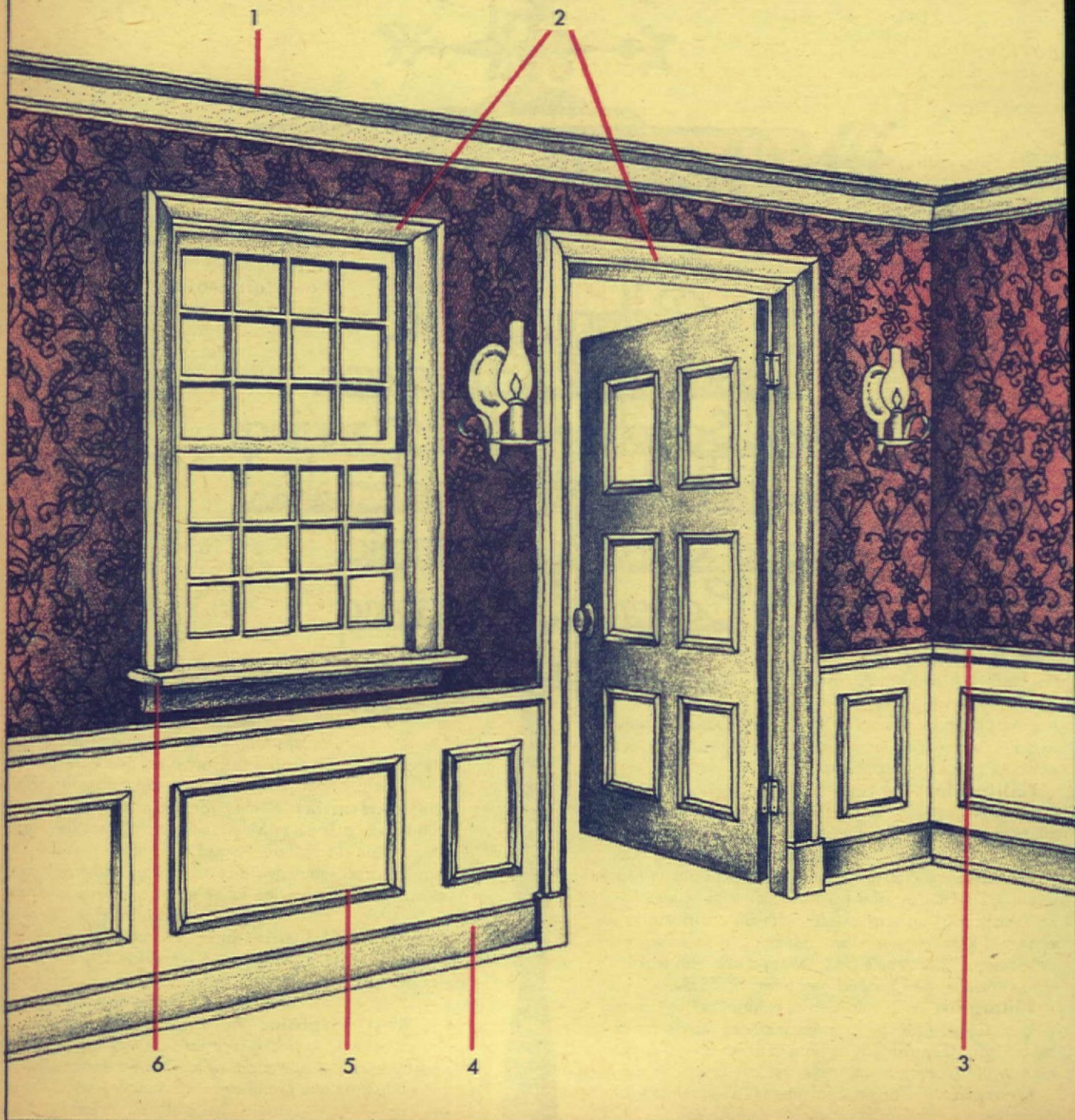




# THE CHARACTER BUILDERS

Like special touches on a couturier dress, moldings provide enriching details that finish a room handsomely. The crisp edges, neatly mitered joints, gentle curves—all outlined by the play of light—give dimension to plain walls, ceilings, panelings, windows, doors. Many of today's molding patterns have a long heritage, deriving in part from the column details, friezes and cornices of ancient Greek design. Though moldings are associated with traditional architecture, they can be used to accent contemporary lines. Below is a colonial room with moldings for each location numbered and explained, opposite.—Guy Henle

Moldings can make the difference between an ordinary room and a distinctive one.







### CEILING MOLDING

Often called the "cornice," it can by itself add great character to a room. *Crown molding* (left, above) comes in various sizes and is angle-cut to fit snugly where wall and ceiling meet. Two-piece version (left, below) is a *crown-base combination* that is suitable to larger rooms with higher ceilings.



### DOOR AND WINDOW CASING

Trim for doors and windows comes in a variety of configurations. Most are one-piece designs, such as at left, above. L-shaped molding that builds up two-piece unit at left is a "back band." Door casing can extend to floor or rest on a plinth block, as in drawing, opposite.



### CHAIR RAIL

Originally designed to protect walls from furniture damage, the chair rail has become a decorative element, often separating two wall treatments. A typical chair rail is shown at left, above; a two-piece version is below it.



### BASE MOLDING

Referred to as "baseboard" today, the combination is more correctly called "base and shoe." Two-piece unit (left, above) has the traditional base molding with added "shoe" to ease the joint at the floor line. Three-piece base (left) is topped by a separate and more ornate molding called a "base cap."



### PANEL MOLDING

Raised molding (two versions shown) gives the effect of inset panels. Full-height molding rectangles, without chair rail, create formal look.



### WINDOWSILL

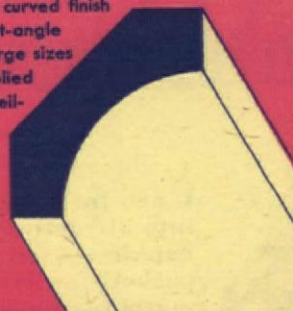
Though windows are occasionally framed with casing on four sides, the bottom is more often finished by a "stool"—the sill—with an "apron" beneath. The apron can be made from casings, as seen in two versions here, or from crown moldings (see ceiling, top).

# OTHER COMMON MOLDINGS

Though many molding patterns were designed for a particular purpose, they are often just as applicable—and handsome—in other uses. For example, the screen moldings below once covered the raw edge of metal mesh in old-fashioned wood screens. These are not so common today, but the moldings survive and are ideal for embellishing cabinet doors, paneling and other expanses of plain wood. Think of all the different shapes and sizes of moldings as inexpensive design tools; you'll soon find your own imaginative ways to put them to work.

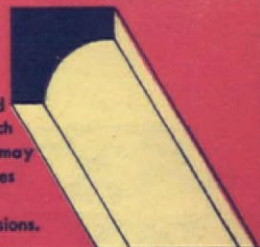
### LARGE COVE

Cove moldings add a concave curved finish to a right-angle joint. Large sizes are applied where ceilings and walls meet.



### SMALL COVE

This is one of the most useful moldings, because of its simplicity and relatively small size. It can soften many a right-angle joint—in walls, cabinets, paneling. When abutting it, end to end lengthwise or at mitered corners, match faces. There may be differences in side and edge dimensions.



### QUARTER ROUND

This also effectively finishes off right angles, but unlike small cove, flat edges should be equal. Quarter round comes in a variety of sizes, as do most other moldings.



### HALF ROUND

Small size is a full half circle; large size (shown) is not. Use to cover joints or as cabinet decoration.



### SCREEN MOLDING

Lightweight and decorative, these strips cleverly highlight cabinet doors or frame fabric panels. Corner joints of these (and all moldings) should be mitered carefully.



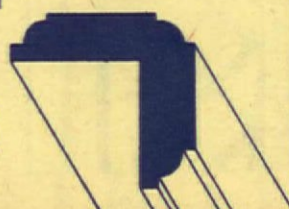
### ASTRAGAL

A heavier, carved molding, the astragal is a decorative means to cover joints in solid wood paneling.



### CORNER GUARD

An inverted L-shaped molding, it protects outside corners of plaster or paneled walls. Small sizes are for cabinet corners.



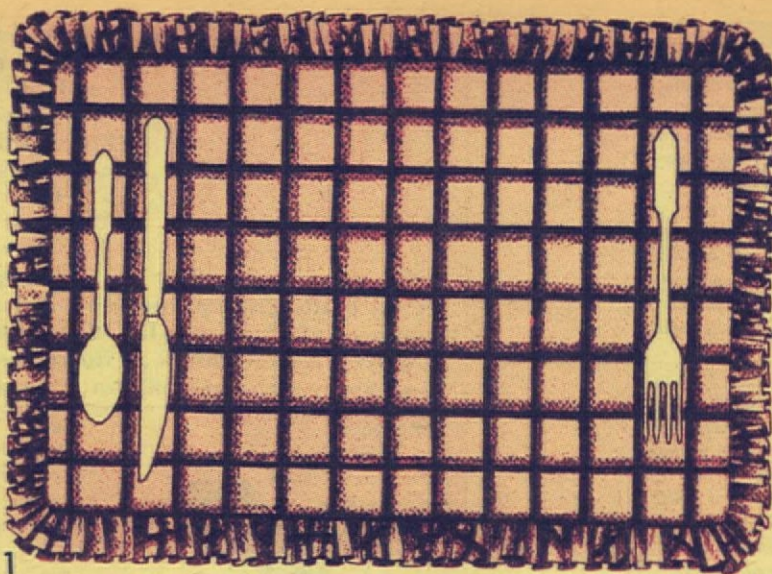
### PICTURE MOLDING

In years past, these wide strips, applied to walls just below the ceiling line, would have supported paintings hung on wire—from brackets slipped over the molding's round top. Today, such strips are used mainly to provide bold surface decoration.

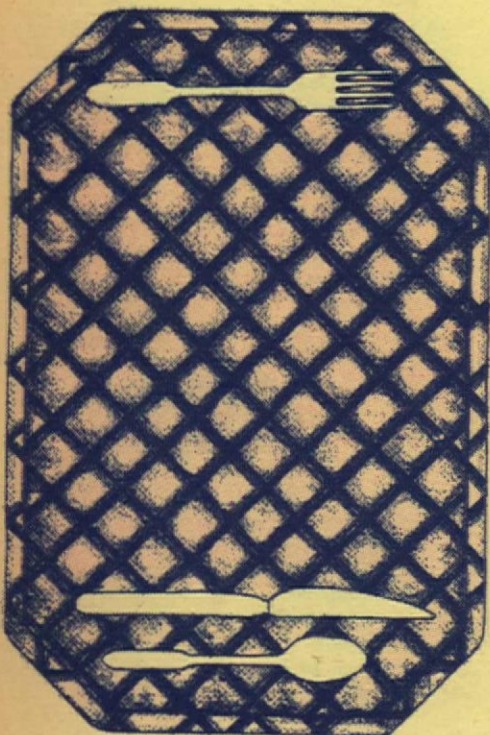




1 Ruffled mat requires 2½ yards plaid toweling. Cut border strips on bias, 3 inches wide; sew strips together at ends, making one strip 4 yards long. Fold strip in half lengthwise and gather to make a ruffle 1½ yards long. Cut two 13-by-19-inch pieces for front and back of mat. Pin ruffle to front, edge to edge, tips of ruffle pointing in. Place back face down on front. Sew front, back and ruffle together, leaving 4 inches of seam open. Turn mat right side out and blindstitch opening. *Finished mat is 14 by 20 inches.*



2 Fringed mat needs ¾ yard striped toweling, if double thickness is desired). Cut toweling 16 by 19 inch. Fringe 1 inch at each end. Prevent further unraveling with zigzag stitching ¼ inch from each fringe. Turn unfringed side edges under ½ inch and press. Then turn each an additional ¼ inch and sew to back of mat. *Finished mat is 12 by 18 inches.* For heavier fringe to give mat more body, use two layers of fabric. Sew second layer is 11½ by 19 inch, slightly narrower than first. Fringe both ends. Add to first fringed mat when turning side edges; sew layers of toweling together.

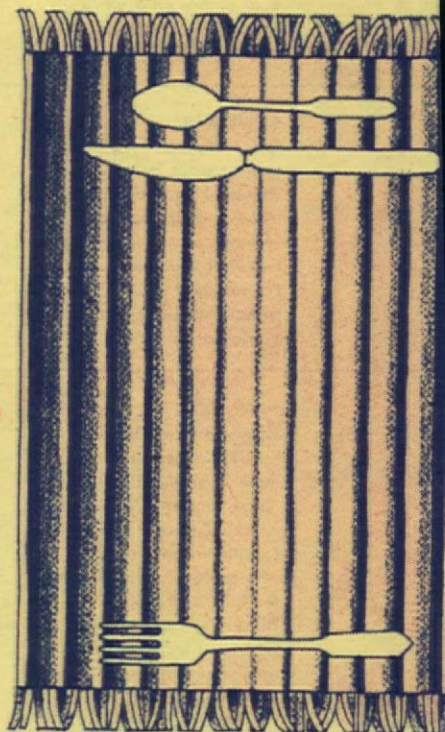


Linen toweling can be turned into attractive place mats, napkins—even lapkins, with pockets for flatware and matching napkin. Toweling, easy to care for and budget priced, fits in agreeably with today's casual lifestyles.

## Table Toppers

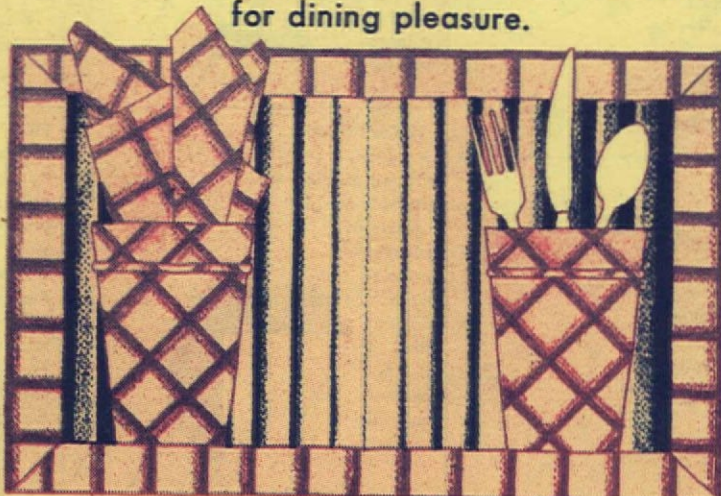
We bought it in 16-inch widths for just 60 cents a yard and stitched the designs you see.

Toweling is available at most fabric and department stores. If you can't find it, Fourteenth Street Store (132 W. 14th St., New York N.Y. 10011) is able to fill mail orders nationwide.—Sara Beaudry



4 Quilted mat calls for 2 yards plaid toweling, ½ yard polyester filling. For front, cut two pieces of toweling on the bias (triangles: 23 by 23 by 33 inches, 16 by 16 by 22 inches). Seam together and trim to form a 14-by-20-inch rectangle. For back, cut 14-by-20 toweling on straight of fabric. Cut filling same size and sandwich between front and back. Quilt, following plaid on front. Trim. *Finished mat is 12 by 18 inches.* Cut corners to form 3-inch diagonals. Cut 2-inch-wide border strips on bias; sew ends together. Sew strips to front; fold over edge; blindstitch to back.

Look what's happened to kitchen toweling for dining pleasure.



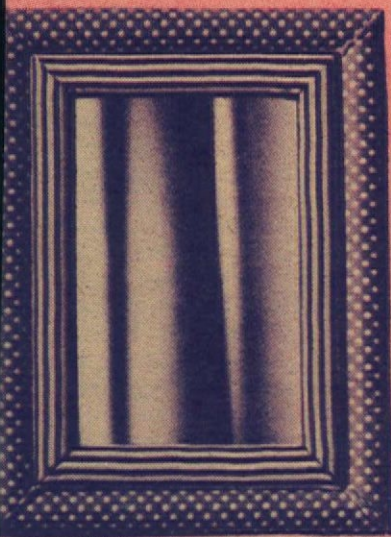
3 Lapkin uses ½ yard striped toweling, 1½ yards plaid toweling. Cut plaid pockets on bias 4 by 7 inches. Cut two plaid fabric strips 1 by 6 inches. Cut striped fabric 11¾ by 16 inches for front. Fold pocket edges under 1 inch on top, ½ inch on side and bottom. Sew pockets and rolled bias strips to mat. Cut plaid for back 15½ by 21½ inches. Center front on back; join. Fold edge of back over ¼ inch; press. Fold 1½ inch border from back to front; sew. *Finished lapkin is 12 by 18 inches.* Cut plaid napkin, 14½ inches square.



Enhance your mirror image with striking frames you turn out yourself.

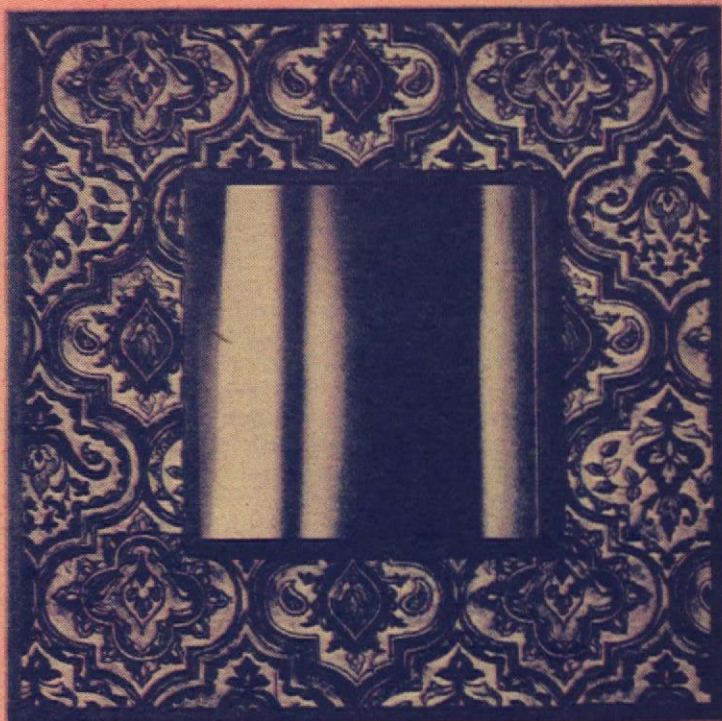
# INVENTIVE FRAMEWORK

For double  
me (below) goes  
rimery with cottons  
two patterns.  
e cut and mitered  
f-round molding,  
ed fabrics and  
ached to  
wood base.



For a truly sparkling effect (right), we glued four 12-inch precut mirror squares to a Foam-Core backing, then added a border of tiny mirror squares in rows to form the frame.

The warmth of old tile is easily achieved, using self-stick paper in a trompe l'oeil pattern. Our mirror (below) is set on a plywood base, finished with a pair of ready-made wood frames in two sizes.



The secret behind this elegant look (left) is Ultrasuede, a washable, durable, suedelike fabric. We attached it with decorative upholstery tacks to a Foam-Core base cut to frame size, and mounted a mirror behind it.



# CACTUS- A GROWING FAMILY

Camels of the plant world, they thrive on adversity and produce exotic, colorful blooms.

There's hope for the indoor gardener weary of playing host to a parade of houseplants that arrive all dewy-green and ingenue-perfect, only to sicken and die from the dryness of central heating. Cactus plants are reliably long-lived under such adverse circumstances because they are succulents, which through the ages have adapted themselves to withstand drought. Moreover, their forms are so extraordinary as to resemble relics of a primitive age, and their flowers are uniquely beautiful. Most are fascinatingly different from the symmetrically branched and leafed houseplants usually found in indoor gardens.

**WATER STORAGE.** Among many exceptional attributes, cacti and other succulents have developed special cells for storing water. These enable the plants to survive periods when air and soil are hot and dry. Like the humped camel at the end of a long drought, cacti may be shriveled and thin. But when rains come, they plump out overnight, and in their native habitat burst into brilliant bloom in just hours. One of the most beautiful sights in desert country is the aftermath of a rainstorm. Suddenly there's a greening, and the whole desert floor bursts forth in reds and corals and brilliant golds. It is during the rainy season that cacti grow, bloom and store water for the dry months to come.

Choosing a cactus collection can be more difficult than maintaining it. Hybridizers and enthusiasts add new varieties at such a swift rate that naming and classifying are never up to date. The collector should be wary of more than prickles when selecting a new plant. A florist or nursery tray labeled cacti may not have a genuine cactus in the lot, only spiny succulents. Experts identify true cacti by looking for *areoles*—small cushion-like structures found on their stems. From these areoles grow the spines, leaves and flowers.

**DESERT AND JUNGLE.** Cacti divide into two large groups. The first includes desert cacti, which can live in direct sunlight under extremely dry conditions. Transplanted to an indoor garden, they need a minimum of six hours direct sunlight each day to develop their full potential bloom. Under sun-starved indoor conditions, desert cacti may not bloom at all unless set under fluorescent lighting. But their shape and texture still make them fascinating houseplants that will survive considerable neglect. Among the most interesting desert cacti for a basic collection are pincushion cactus, Gherkin, Golden Ball, Prickly Pear or Notocactus. All are easygoing, easy-growing types.

The second group of cacti comes from jungle areas where, like orchids, bromeliads and tropical ferns, they grow on trees.

They attach themselves to bark or grow in pockets of leafmold that form among twigs and branches. Although prevailing conditions are humid, jungle cacti grow in very shallow compost that dries out so quickly they have developed the water-retaining characteristics of desert cacti.

The jungle type is more easily brought into bloom in indoor gardens. They like sun, but will flower under diffused bright light. Strong sunlight in late spring and summer can actually scorch these fleshy plants. An east window is ideal for them; it provides early morning sun and cool, shady conditions the rest of the day—approximately what they experience in their native habitat. An occasional misting during the spring and summer growing periods reminds them of home and urges them to top performance. Jungle types are easy to spot because they have flattened leaflike stems with areoles set along notched edges. Included in this group are some of the best-known and most beautifully flowered cacti: the Christmas cactus for instance, Easter and crab cactus.

**BETTER BLOOMS.** Although it is true that cacti survive the dryness of overheated homes and withstand much neglect, it is also true that to bring them into top blooming form requires some effort. You should, for example, learn the flowering period of each species you've selected. For the three months before its flowering period begins a cactus should be allowed to "rest" in a room whose temperature is no more than 60 degrees. While resting, cacti need light, but the soil should be fairly dry. When new growth is evident, the temperature can be raised to normal and the plants given regular watering and feeding. This means a thorough soaking about once a week and feeding with all-purpose plant food once a month.

Even without the cooling cycles, cacti will thrive if kept in the same temperature year round. However, they do require a yearly drying-out period during which they are watered only once every three or four weeks. November through February or March is "drought" time.

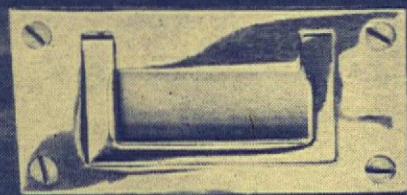
**DISH GARDENS.** One of the most popular and effective ways to grow and display cacti is to group them in a bowl or dish. It needn't have a drainage hole as long as a thick layer of pebbles is poured along the bottom and the growing medium is allowed to dry between waterings. The container should be at least three inches deep—to hold sufficient amounts of pebbles and soil.

Plant stores sell prepackaged cactus soil mixtures, but an easily mixed type consists of eight parts sand, two parts peat moss, one part dried manure, one part vermiculite. For jungle species, use four parts sand in the same mixture.—Lawrence V. Power





# An Open & Shut Case



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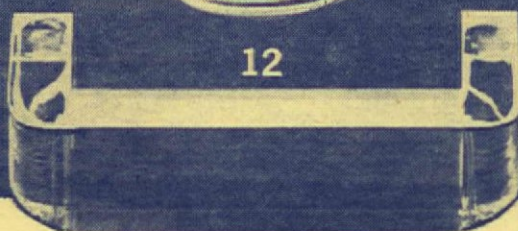
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10



11



12

Giving a chest or cabinet a face-lift is often as easy as changing its hardware. So check out today's knobs and pulls, which come in a variety of materials, designs and sizes. The hardware shown is available nationally from 40¢ to \$4.—Jane Levy

**1** Brass campaign hardware originated in the late 18th century, but its clean, trim look is perfect for today. Order from M. Wolchonok & Son, 155 East 52nd St., New York, N.Y. 10022.

**2** Heavy wrought-iron drop pull and carved backplate work well on a wood chest or dresser. Your dealer can order from Simon's Hardware, Inc., N.Y.C.

**3** Graceful reproduction of popular Chippendale design is in polished brass. Order from M. Wolchonok (see No. 1).

**4** Daring circle-in-a-square makes a bold, contemporary statement in chrome. Your dealer can order this from Simon's Hardware, Inc., N.Y.C.

**5** The once-popular white porcelain knob is enjoying a new vogue now, especially when used on wood chests and cabinets. Made by Eaton Corp.

**6** Slender, shining chrome pull looks best on furniture with simple architectural lines. Made by Colonial Bronze Co.

**7** Gilt fleur-de-lis motifs at ends of white ceramic handle introduces a subtle French accent. Made by Eaton Corp.

**8** Simple, classic brass knob can beautify a chest of almost any period. Made by Baldwin Hardware Mfg. Corp.

**9** Scandinavian-influenced walnut pull gives a flush, contemporary look. It requires making a round recess in

drawer front. Your dealer can order from Simon's Hardware, Inc., N.Y.C.

**10** Brass plate with hanging pull fits in with the timeless popularity of Chinese design. Order from William Hunrath Co., 153 East 57th St., New York, N.Y. 10002.

**11** Clear plastic ball with brass collar can neatly modernize an otherwise unadorned wooden chest. Order from William Hunrath Co. (see No. 10).

**12** The transparency of this bold, clear acrylic handle keeps it looking light; simplicity makes it suit any room. Order from Kraft Cabinet Hardware, Inc., 300 East 64th St., New York, N.Y. 10021.



# The GOOD LIFE

Carry a fold-up, family-size boat under your arm, discover a no-cook dessert with a difference, or enjoy fun and games in a big wire box.

## HAVE BOAT, WILL TRAVEL



For portaging or carrying atop your car, Porta-Boat can fold into a neat, 10-foot-long surfboard shape only 4 inches thick and 45 pounds light. Yet it opens into a beamy 53-inch-by-9-foot dory that will safely launch a 650-pound family of four and can be propelled by an outboard motor weighing up to 35 pounds. With basic seats and hull of virtually indestructible white or dark-green polypropylene, it costs about \$229 plus shipping charges from Land N' Sea Craft, Inc., 1813 S. 10th St., San Jose, Calif. 95112. Oars, motor, motor mount, car rack and full sailboat rig are optional extras. A regular sailboat model is available for about \$418.

## TWO FOR THE ROAD



For motoring families, the new edition of *Touring with Towser* pairs good-sense tips for traveling pets and their people with a list of more than 4,000 motels and hotels that welcome same. Write to Gaines TWT, Box 1007, Kankakee, Ill. 60901 for the book. Price is 50 cents, but two 25-cent coupons for guess-who's dog food are bound in.

For humans only, HELPS—the Highway Emergency Locating Paging Service—relays mes-

sages from home folks to travelers via its computerized heart in Eastman, Ga. At-homes dial 912 374-5531 and leave a number. Wanderers get the message by punching in on TV terminals in 350 Stuckey's roadside stops in Eastern, Gulf, Middle Atlantic and Midwestern states.

## DYE JOB

Day lilies, dahlias and marigolds could be a summer bouquet. But they could also be such stuff as fabrics are colored with. And Seonaid Robertson's *Dyes from Plants* (Van Nostrand Reinhold, \$8.95) tells how. You can, of course, start with sheep, shears and a hank of ragwort. But, the author admits, her students usually begin on raveled yarn from an old white mitten, plus onion skins and walnuts. The 127-page book with lovely, herby illustrations gives basics plus sections on historic dyes, seasonal recipes and dye gardens.

## PICNIC WRAP-UP

Here's a new solution to two old outdoor eating problems: 1) wind, and 2) the after-party mess. New Hefty plastic throw-away tablecloths come with four ready-stick plastic tabs for anchoring corners. Tabs also seal the disposable bag you make by gathering the cloth's edges around paper plates, cups and other debris. They're available at supermarkets for 25 cents.

## COURT FOR ALL SEASONS

For summer places, suburban homesites, even for city rooftops or backyards, Sport Court from Sportatron offers all sorts of active fun-and-games possibilities—variations on baseball, basketball, volleyball, squash, soccer and hockey as well as golf-driving and tennis practice. A rebound net, basketball hoop and movable volleyball net work all the magic. No balls to chase since the court is essentially a closed "box" of weatherproof chain-link fencing, 12 by 24 feet and 10 feet, 8 inches high. Super for keeping juniors out of the petuniers, it will "contain" up to 12 kids or a smaller number of energetic grown-ups. With all-weather asphaltic tennis-court floor and installation, Sport Court is priced about \$3,200 up, plus moderate shipping charges. (The least expensive paddle-tennis court we've heard of lately cost about \$9,000.) With the court comes a booklet that tells all the great game variations. If you wish more details, write to Sportatron, Old Lyme, Conn. 06371.

## RUM GO



For a lovely no-cook summer dessert, try German *rumtopf* (rum crock). Just fill a large lidded crock with: 3 pears, cored and chopped; 3 oranges, peeled and chopped; 1 cup strawberries. (You can use any fresh or dried fruits, really.) Stir in 1 cup sugar, 1 cup dark rum. Cover; refrigerate about two weeks. Serve over ice cream or cake. As crock empties, refill and let stand, then enjoy *rumtopf* again.

## SHAPELY HOBBY

How about a new line of easy-use tools that can make sculptors of the whole family? "Surform" surface-forming tools from the Stanley Works operate much like your kitchen grater, with multiple cutting surfaces that shape wood, plastics and other art materials without any chiseling or chipping. A starter kit of coping saw, round file, general file and wood block with traced-on form retails in hardware and building-supply stores for about \$12. Add 10 cents and you get a handsome booklet called *Sculpture with Surform Tools* that explains it all.





# Spend a milder moment with Raleigh.

A special treatment softens the tobaccos for a milder taste.

Outdoor fans like the convenience of this Thermo-Serv Picnic Set: insulated vinyl bag, vacuum bottle and mugs. Yours for free B&W coupons, the valuable extra on every pack of Raleigh.

To see over 1000 gifts, write for your free Gift Catalog: Box 12, Louisville, Ky. 40201.



**Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.**

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 Filter Kings, 16 mg. "tar," 1.2 mg. nicotine; Longs, 18 mg. "tar," 1.3 mg. nicotine, av. per cigarette, FTC Report February '73



# The Amateur's Guide to Love.

Everybody knows there are lots of kinds of love.

If you're a dog, love comes in cans, cellophane bags, sacks and boxes.

Because, if you're a dog, food is love.

What nobody ever told you (or your dog) is there's a lot of difference between all those different kinds of food.

We think you ought to know the facts of life. And love.

## Love In Cans.

Of all canned dog foods, the most expensive is 95% meat and meat by-products.

Expensive canned dog foods "without a speck of cereal" sound good to you. But they may not be so good for your dog. Because most of them contain a lot of fat. And feeding your dog a lot of fat at every meal can be as bad for his health as it could be for yours.

What about the cheaper canned dog foods, that are only part meat or meat by-products? The fact is, they're mostly water. 75% water with a can around it that you have to pay for and lug home.

## Love In Cellophane Bags.

The dog food that looks "just like hamburger" is that way for a reason. If it looks appetizing to people, maybe people will think it's appetizing to a dog.

It may very well be. But not just because of the look. It takes up to 30% water, preservatives



and other expensive ingredients to achieve the look that costs you more.

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More often than anything else, the dog food we recommend is dry dog food.

And the one they usually suggest is a sack or box of Purina® Dog Chow®.

Professionals know that Dog Chow contains protei

in fact, nearly 75% more protein, per pound, than the leading canned meat product does. And it contains more kinds of protein than just meat or meat by-product can provide.

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What you pay for is concentrated food with 43 nutrients. And these 43 nutrients are what every dog needs every day.

We've been raising dogs ourselves for nearly half a century. We ought to know more about what they need than anybody does.

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Checkerboard Square  
St. Louis, Mo. 63188

We answer every letter. And we'll answer yours. We know that nobody would bother to write us a letter, unless they've got a dog they love.



For your pet's health...  
see your veterinarian annually.





# THE CITY DOG ON VACATION

By James R. Kinney, V.M.D.

The city dog on vacation in the country leads a hazardous life. Away from the safe and familiar lampposts and pavements, freed from the restraining influence of the leash, the city dog is a complete fool. And we must reckon with some of the pitfalls he is bound to fall into the moment he sets foot outside the city limits.

**Bee or hornet stings:** Apply a heavy paste of bicarbonate of soda or plain starch, or a solution of Zonite: one part Zonite to 20 parts water.

**Chiggers:** Chiggers are reddish mites that burrow into the skins of dogs and produce an itching which, if the dog scratches himself constantly, may result in sores. They are easiest to see on the dog's abdomen—with a magnifying glass you should be able to make an accurate diagnosis. The treatment is a Creolin bath (use two or three teaspoonfuls of Creolin to a gallon of water; sponge the dog all over with it, but don't get it in his eyes; leave it on half an hour, then give him a soap-and-water bath). Another remedy is pyrethrum powder, and any of the commercial powders are good. Any of these treatments will have to be repeated as new infestations appear.

**Snake bites:** Quick action is needed in dealing with bites from poisonous snakes. Make incisions in and around the swelling and try to press the poison out; then put any mild antiseptic into the openings—peroxide, iodine or straight whiskey.

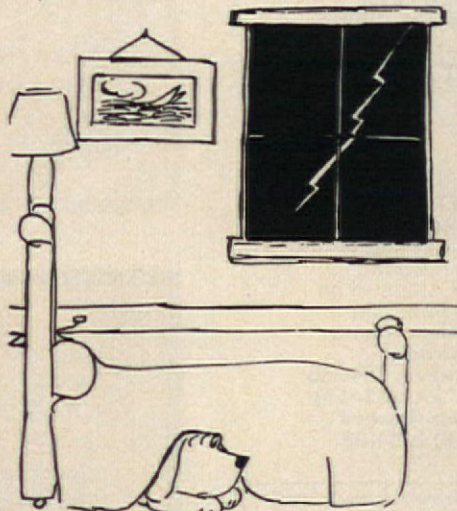
**Sand and saltwater troubles:** Until they've learned better, dogs will eat sand and drink saltwater. They'll invariably vomit up saltwater and usually they'll vomit up sand. If they don't, and get sick, give them doses of mineral oil and a warm soap-and-water enema. Take them off food for 24 hours, but give them plenty of water.

**Drowning:** Most dogs, of course, can swim. Put a two-month-old puppy in a bathtub and he thinks he's Johnny Weissmuller. Occasionally, though, a dog will suffer cramps or exhaustion and have to be resuscitated. Hold the dog up by his hind legs and let the water run out. Then press his ribs in and out slowly. If he is unconscious, try to revive him with aromatic spirits of ammonia. If he is conscious, give him whiskey. Afterward,

wrap him in blankets and put hot-water bottles around him.

**Hysteria:** Thunderstorms have driven more than one dog into hysterics. If a dog is hysterical, give him a sedative—a barbiturate, a tranquilizer or Dramamine. There is no point in allowing him to suffer.

**Garbage:** The smell alone of some of the objects a dog will ferret out of a garbage heap or dig up on a beach should by rights gas him. The most fastidious dogs will act like scavengers—and sometimes they have to pay for their low tastes. Cramps, fever, diarrhea, hives and sometimes convulsions are symptoms of food poisoning. Induce vomiting by a teaspoonful or two of salt put on the back of the dog's tongue. Give him



Thunderstorms have driven more than one dog into hysterics.

an enema, then a dose of castor oil—a teaspoonful for small dogs, a tablespoonful for large dogs. Don't feed him for 24 hours.

**Rabies:** Rabies is chiefly a country problem, found in animals, birds and fowl in the wild state. Few dogs in their city homes run into foxes, bats or raccoons. Rabies belongs to the group of virus diseases; the virus is present in the saliva of the dog and the usual method of transmission is through a bite wound. Infection is possible also if the saliva comes into contact with already-broken skin, not possible if the virus enters the mouth unless there are lesions present.

If a human has been bitten, a physician should be consulted at once for proper antirabic treatment. If another dog is bitten, the wound should be opened immediately in several places and any strong antiseptic applied heavily to the wound until a veterinarian can be found and antirabic treatment administered.

Like the antirabic treatments, preventive inoculations have been developed and almost perfected; have your dog inoculated before you take him to the country. Or, if he has been previously inoculated, ask your veterinarian about inoculating him again.

**Travel problems:** If you plan to take a trip with a dog anywhere at all, the first thing to do is get from your veterinarian: 1) a health certificate with statements of inoculations for distemper, infectious hepatitis and leptospirosis and 2) a rabies certificate with a tag to put on the dog's collar. Because it is so easy to get the certificates and because you just might be asked for one while crossing some state line by car, or at an airport or railroad station, get them and keep them right along with your traveler's checks.

A dog can travel with his owner on most trains, if the owner buys enclosed space (drawing room, bedroom); otherwise, he must travel in the baggage car. He can travel on most ships in the kennels or, on some ships, in the owner's stateroom. On most planes the dog must be crated. Dogs are not allowed on cruise ships or on the major cross-country buses. As for shipping by rail or air, call the lines about their regulations. Some furnish crates for your use; there are rules about feeding, about health certificates and about a lot of other things, all varying. There are kennels that will take on the job of crating and shipping for you.

I have never taken a major trip with a dog, but I have been told over the years by many globe-trotting owners that dogs are excellent and enthusiastic travelers. New sights and scents are interesting and exciting to them.

Excerpted from "How to Raise a Dog in the City and in the Suburbs" by James R. Kinney, V.M.D., with Ann Honeycutt. Illustrated by James Thurber. Copyright © 1938, 1953, 1969 by Ann Honeycutt. Copyright renewed © 1966 by Ann Honeycutt. Illustrations copyright © 1938, 1966 by Helen Thurber. Reprinted by permission of Simon and Schuster, Inc., New York. Completely revised, the book is in its first paperback printing.



# 8 KITS OUR READERS LOVE BEST (You will, too)

Here's a selection of fine kits you'll enjoy making and displaying in your home. Some will be future heirlooms. All come with simple instructions, color guide and stitch chart. Frames are available.



**"MOM'S GIRL"** is nostalgia at its prettiest: a prim young miss in her Sunday best seated in a spine-straightening chair. It's fun to embroider, makes an ideal gift, will fit a 15-by-19-inch frame. Kit includes all embroidery thread needed. "Mom's Girl" kit (#66894) is \$5.98. Frame (#66267) is \$6.98. Special price for both: \$11.98.



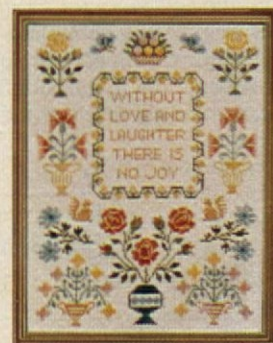
**"BIRTH RECORD"** is an actual copy of an antique Pennsylvania German fraktur. Design, stamped on creamy white 100 percent linen, will fit an 11-by-14-inch frame. Kit includes Peri Lusta embroidery thread. "Birth Record" kit (#61211) is \$2.50. Pine-finished frame (#61224) is \$2.98.



**"HOME SWEET HOME"** are three sweet words to embroider in a wreath of exquisite cross-stitch roses. Design, stamped on creamy white linen, fits a 14½-by-17½-inch frame. Kit includes colorful embroidery thread. "Home Sweet Home" kit (#61417) is \$1.98; maple-finished frame (#61418) is \$4.98.



**"GAME BIRDS"** (top) and **"Wild Ducks"** are a pair of "prints" to delight the sportsman in your family. Both designs are stamped on off-white cotton to be embroidered in fast cross-stitch (thread included in each kit). Designs will fit frames 11 by 14 inches. "Game Birds" kit (#66915) and "Wild Ducks" kit (#66914) are each \$5.98. Frames in walnut-finished flat wood molding (#61224) are \$2.98 each.



**"WITHOUT LOVE"** is a charming but simple and fast-to-work-up cross-stitch sampler. Design is stamped on off-white linen to fit an 11-by-14-inch frame. Kit includes all embroidery thread required. "Without Love" sampler kit (#66816) is \$3.98. Frame for sampler (#61224) is priced at \$2.98.



**"COOPER-HEWITT"** is one of our famous Museum Samplers—and one of the loveliest. Antique samplers are rare and costly finds—so why not make your own heirloom? Design, stamped on creamy white linen, will fit a frame 16½ by 21½ inches. Kit includes Peri Lusta embroidery thread. "Cooper-Hewitt" sampler kit (#61160) is \$8.98. Frame in black-finished wood molding (#61161) is \$9.98.



**"CHILD'S PRAYER,"** in a new kind of cross-stitch, is easy and quick to embroider. Slanted and tilted stitches are completely in tune with the engaging mother creatures and their young. Designs are stamped on creamy-white 100 percent linen, 17 by 20 inches. Kit includes Peri Lusta embroidery thread. "Child's Prayer" kit (#61015) is \$2.50. Orange-red frame (#61135) is \$3.

Fill out coupon and enclose check or money order. Sorry, we are unable to handle Canadian or foreign orders.

**American Home Dept. 3716**  
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Please send the following kits (print your choices below):

Quantity	Kit #	Item	Unit Price \$	Total \$

Please add postage/handling: .50 per kit and .75 per frame...  
#61014 Colorful catalog of other kits @.35 each.....

Sales tax, if applicable.....  
Total enclosed.....\$

You may use your charge card for any purchase over \$4.98.

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Dry-hards are tough-to-clean foods—like macaroni and cheese, eggs, oatmeal, sauces—that dry and cake and stick. And stick. On plates. On forks. Filming glasses. But Electrasol, with its special formula, gets rid of dry-hards. Lets your dishwasher give you cleaner, brighter, film-free dishes.





## NEW SIMPLE-SEW DECORATING (see pages 56-57)

Most materials used to decorate the room on page 56 are from Bailey/Huebner. Shopping list and ordering addresses appear at the end of this article. If you do not own a sewing machine, you can rent—or buy—one at any Singer Sewing Center.

### PATCHWORK QUILT

**Materials:** Fabric scraps, 5 inches wide and of varying lengths (finished quilt size is up to you); 1 piece of backing fabric and 1 layer of polyester batting, each 1 inch larger overall (for seam allowance) than finished size of quilt.

**Procedure:** Machine-stitch patches into 5-inch-wide rows until you have the length of your quilt. (All seams are  $\frac{1}{2}$  inch.) Then sew all rows together. Put the finished quilt on the backing, right sides together. Put batting on top. Pin. Sew around all 4 sides, leaving a 20-inch-long opening on 1 side. Turn right side out. Turn under raw edges and hand-stitch quilt closed. With button-hole twist thread, tack quilt top to backing at 1-square-foot intervals, tying small knots at the back.

### STATIONARY DRAPERY PANELS

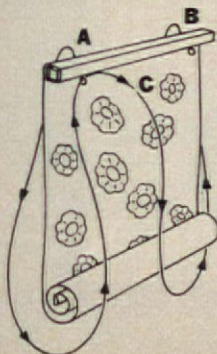
**Materials:** 2 widths of canvas or other heavy fabric measuring the length from floor to ceiling plus 9 inches; 1 drapery pole,  $1\frac{1}{8}$  inches in diameter; 2 brackets.

**Procedure:** For canvas, leave side selvages unhemmed; for other fabric, turn sides under  $\frac{1}{2}$  inch, turn again  $\frac{1}{2}$  inch and stitch. For top hem, turn under  $\frac{1}{2}$  inch of fabric, then  $4\frac{1}{2}$  inches; stitch. Stitch 2 parallel rows, the first  $\frac{1}{2}$  inch from the top, the second  $3\frac{1}{2}$  inches below it. Install brackets so they are at the very ends of the pole, as close to the ceiling as possible. Slide fabric panels onto ends of pole, gathering fabric tightly. To hang pole, slip one end into bracket from inside; then slip other end in. Let draperies hang for a few hours until folds settle; take up hem, turning under  $\frac{1}{2}$  inch, then as much of remainder as necessary to achieve desired length.

### ROLL-UP SHADE

**Materials:** 2 pieces of sturdy fabric 2 inches wider and 6 inches longer than your window (1 piece is the backing, the other the face); 14 yards of cord; 2 large screw eyes; 1 piece of wood 1 inch by 1 inch by the window width; piece of  $\frac{1}{2}$ -inch galvanized pipe 1 inch shorter than window width; staple gun; 1 cleat to anchor cord to window frame.

**Procedure:** Anchor both fabric pieces together, right sides facing, with a 1-inch

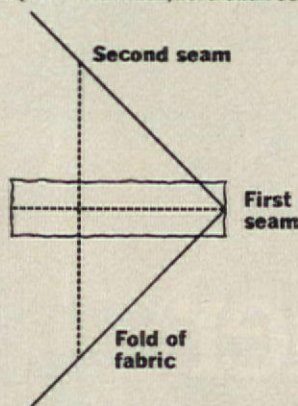


seam. Trim corners, turn inside out and press. Drop pipe in from open end; it will weight the shade and keep the bottom rigid. Staple the shade's open end to the piece of wood; roll piece of wood one complete turn, lining side out, so it is covered with fabric. Then staple again on the back. Screw the 2 eyes through fabric into bottom edge of wood, 6 inches in from each end. Staple one end of cord to back of wood, 6 inches in from the end (see A in drawing, below, left). Pass cord around and up through eye on left side. Then bring cord around to the back and staple other end to back of wood (see B in drawing), 6 inches in from the end. Now take cord at a point near where it leaves the eye (C in drawing) and, doubling it, pull it through second eye. Pull doubled cord to the side and adjust it until tension is equal on both sides of shade. Roll shade to the desired position; secure cord to cleat.

### THROW PILLOW

**Materials:** 2 pieces of fabric 18 inches square; 8 ounces polyester fiber filling.

**Procedure:** Right sides of fabric together, sew around all sides (with  $\frac{1}{2}$ -inch seams), leaving an 8-inch opening. Press seams open. To make corner darts that give pillow fullness, fold each corner



so that seam goes up the middle of the fold (see drawing above). Now stitch  $2\frac{1}{2}$ -inch seam to cross the first one at a right angle (see drawing). Clip excess fabric from corner, leaving a  $\frac{1}{2}$ -inch seam allowance. Turn pillowcase right side out and press. Stuff with filling and hand-stitch closed.

### MATTRESS COVER FOR DAYBED

**Materials:** Mattress or piece of 4-inch-thick polyurethane foam to fit your daybed; piece of fabric 1 inch bigger overall than top of your mattress; 2 strips of fabric the width of mattress plus 1 inch by its depth plus 7 inches; 2 strips of fabric the length of mattress plus 1 inch by its depth plus 7 inches; piece of  $\frac{3}{8}$ -inch-wide elastic twice the length and width of mattress less 22 inches.

**Procedure:** Pin and sew the 4 strips to corresponding edges of center piece, right sides facing, with  $\frac{1}{2}$ -inch seams. Pin and sew box corners, including  $6\frac{1}{2}$ -inch overhang, allowing  $\frac{1}{2}$ -inch seam. To make casing for elastic, turn under 4 edges  $\frac{1}{2}$  inch, then 1 inch; stitch, leaving 1 small section open. Run elastic through casing and sew ends of elastic to-

gether. Stitch opening in casing closed.

### 4-PANEL, 8-FOOT-HIGH FOLDING SCREEN

**Materials:** 4-by-8-foot piece of rough grade,  $\frac{3}{4}$ -inch plywood sawn into 8-foot pieces; 4 pieces of fabric and pieces of polyester bonded batting, each  $26\frac{1}{4}$  by 97 $\frac{1}{2}$  inches; staple gun and staples; 25 yards of fabric tape to match fabric; 9 double-acting hinges.

**Procedure:** Wrap batting around panel, covering both sides, with edges meeting along top, bottom and 1 side. Do the same with fabric. Staple fabric and batting to wood. Cover all edges with fabric tape. Repeat with other panel. Attach hinges—1 at center of panel, a foot from top, 1 a foot from bottom

These ingredients make a hit of the room on page 56, and the you-do-it projects in it. Everything except the frame maps is from Bailey/Huebner, Inc., 9 Main St., Southampton, N.Y. 11968. Canvas folding chairs, \$48 each; wicker daybed frame, \$375; rug, 6 by 9 feet, \$75; plug-in track for track lighting, 10 feet long, \$44.50 plus can fixtures, \$4 each; clamp-on desk lamp, \$45; can hamper between chairs, \$25; large basket on end table, \$30; plastic frames for maps, \$22 each; painted box on coffee table, \$28; Marimekko fabrics, 54 inches wide, \$9.75 a yard ("Nekku" on shades, pillows and tablecloth; "Kumiseva" on floor cushions); canvas for draperies, shade linings, daybed cover, pillows, 36 inches wide, \$3.50 a yard; set of 4 15-inch-high Tablemaker legs in white black or red epoxy finish, \$85.

### GRANNY-SQUARE BEAUTY IN STRING (see pages 58-59)

Crochet combinations galore are possible with the versatile granny square. Our project prices range from \$1.25 (plant holder) to just under \$17 (rug).

Below, along with instructions for making each item, we list specific string materials, but you can change them as your imagination suggests. Materials are widely available; where they are not, we give manufacturers' addresses.

For the handsome pillows, we covered pillow forms with a soft, medium-weight Dacron/cotton in shades that subtly contrast with the crocheted squares. Piping for the pillows is bias tape in the same color as the crochet string.

**Crochet abbreviations:** ch—chain; sc—single crochet; dc—double crochet; sl st—slip stitch; sp—space; \*—indicates instructions that are to be repeated.

**Note:** The following joining and blocking steps apply to all three crochet-square motifs.

### JOINING SQUARES

**Materials:** Large-eyed needle; crochet string to match squares.

**Procedure:** Thread needle with length of string. Secure end of string under and around several corner stitches on wrong side of a square. Holding 2 squares together, with right sides (continued)



# THINK THINS

Think Silva Thins 100's. They have less "tar" than most Kings, 100's, menthols, non-filters.\*

Menthol too.



Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.



## GRANNY-SQUARE BEAUTY continued

facing, whipstitch through the loops of both squares along one edge. Do not pull tightly as seams should be flat and elastic. End off and secure end. Attach strips of squares in the same manner.

### BLOCKING SQUARES

**Materials:** brown wrapping paper, rustproof pushpins, hard lead pencil, ruler, drawing board, iron.

**Procedure:** Pin wrapping paper to board. On paper, draw given crochet measurements, making sure that corners are square. Following the outline, pin corners of square (you can do each individually, as you finish crocheting it) or joined squares, and then center the sides. Shape crochet to outline, gently stretching it if necessary; tack with pushpins at 1/2-inch intervals. Dampen and steam, holding iron slightly above the piece. Leave in position until dry.

### "OLD-FASHIONED GRANNY" SQUARE

Ch 4. Join with sl st to form ring. Do not turn work. **Round 1:** Ch 3; working over yarn end, 2 dc in ring, (ch 2, 3 dc in ring) 3 times; ch 2, sl st in top of ch-3, 3 sl st to ch-2 sp. **Round 2:** Ch 3, (2 dc, ch 2, 3 dc) in ch-2 sp, \* ch 1, (3 dc, ch 2, 3 dc) in next ch-2 sp, repeat from \* 2 times; ch 1, sl st in top of ch-3, 3 sl st to ch-2 sp. **Round 3:** Ch 3, (2 dc, ch 2, 3 dc) in ch-2 sp, \* ch 1, 3 dc in ch-1 sp, ch 1, (3 dc, ch 2, 3 dc) in next ch-2 sp, repeat from \* 2 times; ch 1, sl st in top of ch-3, 3 sl st to ch-2 sp. **Round 4:** Ch 3, (2 dc, ch 2, 3 dc) in ch-2 sp, \* ch 1, 3 dc in ch-1 sp, ch 1, 3 dc in next ch-1 sp, ch 1, (3 dc, ch 2, 3 dc) in ch-2 sp, repeat from \* 2 times; ch 1, 3 dc in ch-1 sp, ch 1, 3 dc in next ch-1 sp, ch 1, sl st in top of ch-3. End off and secure.

**"Old-Fashioned Granny" Plant Holder**  
(Hanging holder is for a 6-inch flowerpot with saucer.)

**Materials:** 4-ounce tube Jute Tone, Article 47 (\$1.25) in white or natural, by Lily Mills Co., Shelby, N.C. 28150; Boye crochet hook size I; utility hook.

**Procedure:** Crochet 5 "Old-Fashioned Granny" squares of 3 rounds each. Blocking is unnecessary. Sew 1 edge of each of 4 squares to all 4 sides of the fifth square. Sew side seams together, forming an open cube. For hanging, secure desired lengths of jute to seams with a few very firm knots. Fasten 4 top ends together with an overhand knot and hang from utility hook. Slip in flowerpot and saucer.

### "Old-Fashioned Granny" Pillow

(This is shown on rocker seat, page 59; finished size is 18 inches square.)

**Materials:** 2 200-yard balls Home-Ties No. 200 4-ply Household Twine (35¢ each) by January and Wood Co.; Boye crochet hook size D; covered pillow form; polyester sewing thread.

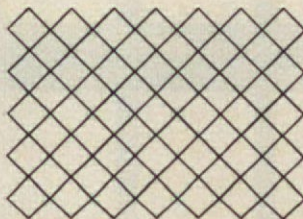
**Procedure:** Do 1 square, but don't end off after round 4; continue working in pattern until 26 rounds have been completed or square measures 18 inches. Secure end. Block and whipstitch to top, using polyester sewing thread.

### "Old-Fashioned Granny" Rug

(Approximate size is 44 by 62 inches.)

**Materials:** 17 100-yard balls Home-Ties No. 156 24-ply Wrapping Twine (about 98¢ each) by January and Wood Co.; Boye crochet hook size J.

**Procedure:** Complete 59 squares of 4 rounds each. Each should be just a bit under 9 inches square. Make strips from following number of squares: 1, 3, 5, 7, 9, 9, 9, 7, 5, 3, 1. Then join as in drawing, below. Rug may be machine-laundered, then partially dried in automatic dryer to remove most excess water. Remove from dryer when still damp, stretch to shape and allow to air-dry. There will be some slight shrinkage the first laundering. Rug can be tacked to the floor to keep it in position.



### "PINWHEEL" SQUARE

Ch 8. Join with sl st to form ring. Do not turn work. **Round 1:** Ch 3; working over yarn end, 2 dc in ring, (ch 2, 3 dc, ch 1, 3 dc) in ring, 3 times; ch 2, 3 dc, ch 1, sl st in top of ch-3, 3 sl st to ch-2 sp. **Round 2:** Ch 3, (2 dc, ch 2, 3 dc) in ch-2 sp, \* ch 2, 3 dc in ch-1 sp, ch 2, (3 dc, ch 2, 3 dc) in ch-2 sp, repeat from \* 2 times; ch 2, 3 dc in ch-1 sp, ch 2, sl st in top of ch-3, 3 sl st to ch-2 corner sp. **Round 3:** Ch 3, (2 dc, ch 2, 3 dc) in ch-2 sp, \* ch 2, 1 dc in ch-2 sp, 1 dc in each of next 3 dc, 1 dc in ch-2 sp, ch 2, (3 dc, ch 2, 3 dc) in next ch-2 sp, repeat from \* 2 times; ch 2, 1 dc in ch-2 sp, 1 dc in each of next 3 dc, 1 dc in ch-2 sp, ch-2, sl st in top of ch-3, 3 sl st to ch-2 corner sp. **Round 4:** Ch 3, (2 dc, ch 2, 3 dc) in ch-2 sp, \* ch 2, 1 dc in ch-2 sp, 1 dc in each of next 5 dc, 1 dc in ch-2 sp, ch 2, (3 dc, ch 2, 3 dc) in next ch-2 sp, repeat from \* 2 times; ch 2, 1 dc in ch-2 sp, 1 dc in each of next 5 dc, 1 dc in ch-2 sp, ch-2, sl st in top of ch-3, 3 sl st to ch-2 corner sp. End off and secure.

### Nine-Square "Pinwheel" Pillow

(Find at lower right on bed, page 58; size is 18 inches square.)

**Materials:** 2 150-yard balls Home-Ties #207 wrapping twine (79¢ each) by January and Wood Co.; Boye crochet hook size G; covered pillow form; polyester sewing thread.

**Procedure:** Complete 9 squares of 4 rounds each. Sew 3 strips of 3 squares together. Block to 18 inches square and whipstitch to top, using polyester thread.

### One-Square "Pinwheel" Pillow

(You will find at lower left on bed, page 58; pillow size is 16 inches square.)

**Materials:** 8-ounce tube All Linen Rug Warp, Article 107-A, Size 8/5

(\$3.15) by Lily Mills Co., Shelby, N.C. 28150; Boye crochet hook size H; covered pillow form; polyester thread.

**Procedure:** Make square, but do not end off after round 4; continue working in pattern until you complete 15 rounds or until the square measures 16 inches. Secure end to wrong side. Block and whipstitch to top, using polyester thread.

### "Pinwheel" Window Screen

(Size is 30 inches square; the diagonal measures 42 inches.)

**Materials:** 9 100-yard balls Coats & Clark's Speed-Cro-Sheen (45¢ each); Boye crochet hook size F; 2 29-inch and 2 30-inch lengths of 1-by-1/2-inch lumber; 8 1 1/4-inch brads; pushpins; staple gun; 2 small screw-eye hooks; mono-filament line; 2 utility hooks; 11 feet of beige 1-inch-wide grosgrain ribbon; all purpose white glue.

**Procedure:** Crochet 9 squares. Do not end off after round 4; continue working in pattern until you complete 12 rounds or until each square reaches 10 inches. Secure end to wrong side. As you complete each unit, block it to 10 inches square. Sew together 3 strips of 3 squares each. With brads, nail lumber strips together at right angles to form a 30-inch square (1/2-inch sides are facing up). Stretch crochet slightly over edge of frame and fasten, temporarily, with pushpins. Check placement. Tack with staple gun. Apply small amounts of glue to secure ribbon to wood frame so that it covers stapled crochet edge. Attach screw-eye hooks to wood frame through ribbon and hang with utility hooks and desired lengths of monofilament line.

### "WINDOWPANE" SQUARE

Ch 10. Join with sl st to form ring. Do not turn work. **Round 1:** Ch 3; working over yarn end, 6 dc in ring, (ch 4, 7 dc in ring) 3 times; ch 4, sl st in top of ch-3. **Round 2:** Ch 1 (serves as first sc), 1 sc in each of next 6 dc, \* 3 sc in ch-4 sp, 1 sc in each of next 7 dc, repeat from \* 2 times; 3 sc in ch-4 sp, sl st in ch-1 to join. **Round 3:** Ch 5, (skip 1 sc, 1 dc in next sc, ch 2) 4 times; \* 1 dc in same corner sc, ch 2, (skip 1 sc, 1 dc in next sc, ch 2) 5 times, repeat from \* 2 times; 1 dc in same corner sc, ch 2, sl st in third ch of ch-5. **Round 4:** Ch 5, (dc in top loops of dc of previous round, ch 2) 4 times; \* (1 dc, ch 2, 1 dc) in corner ch-2 sp, ch 2, (dc in next dc, ch 2) 6 times, repeat from \* 2 times; (1 dc, ch 2, 1 dc) in corner ch-2 sp, ch 2, dc in dc, ch 2, sl st in third ch of ch-5. End off and secure on wrong side.

### Nine-Square "Windowpane" Pillow

(Find at upper left on bed, page 58; size is 15 inches square.)

**Materials:** 160-yard ball Home-Ties No. 206 Parcel Post Twine (59¢) by January and Wood Co.; Boye crochet hook size G; covered pillow form; polyester sewing thread.

**Procedure:** Complete 9 squares of 4 rounds each. Sew 3 strips of 3 squares together. Block to 15 inches square and whipstitch to top using polyester thread.

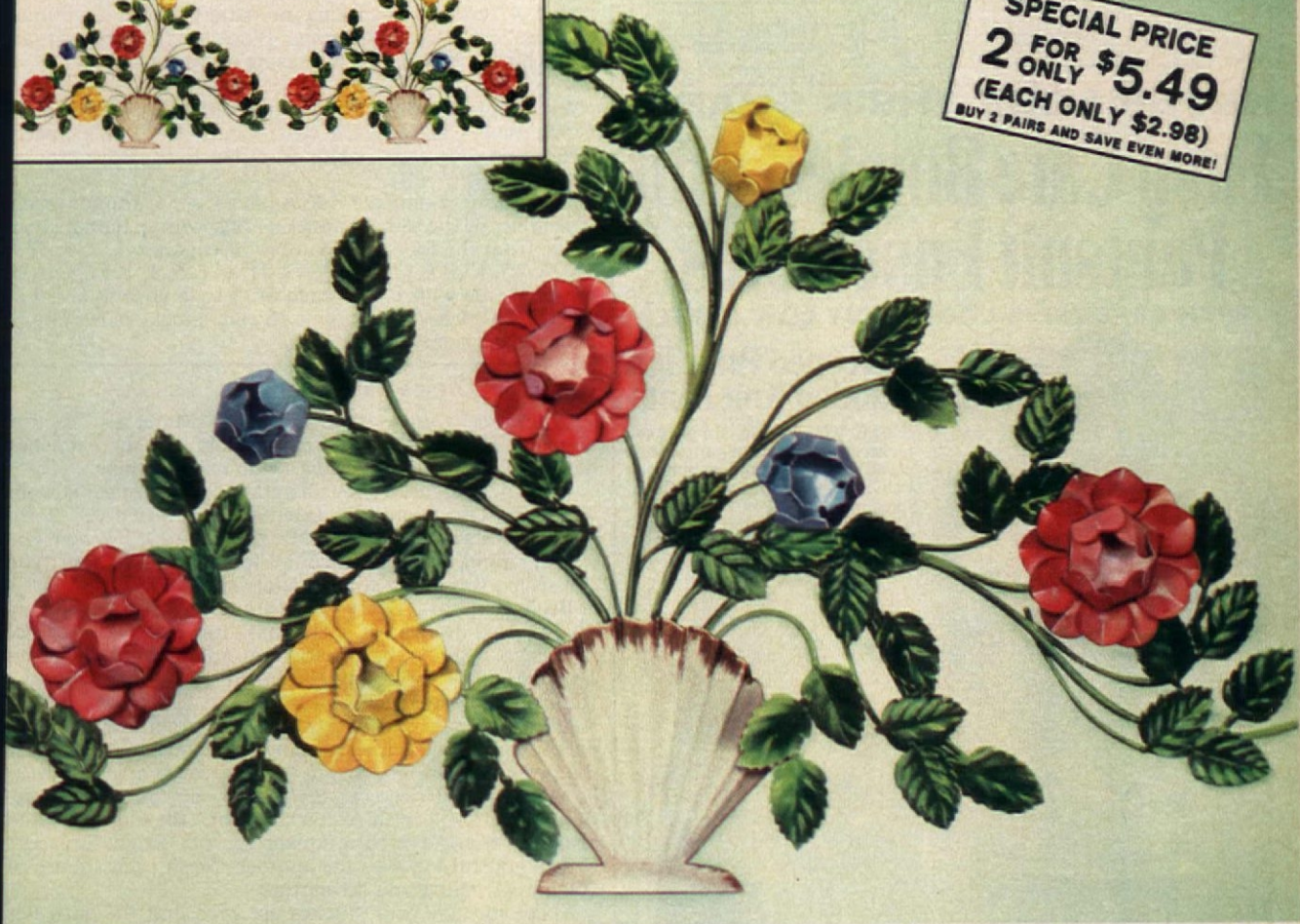
(continued on page 46)



Pair Decorates a Four Foot Width of Wall Space in Hammered Metal  
 All in Full Color Glorious Pink, Blue and Brilliant Yellow Roses



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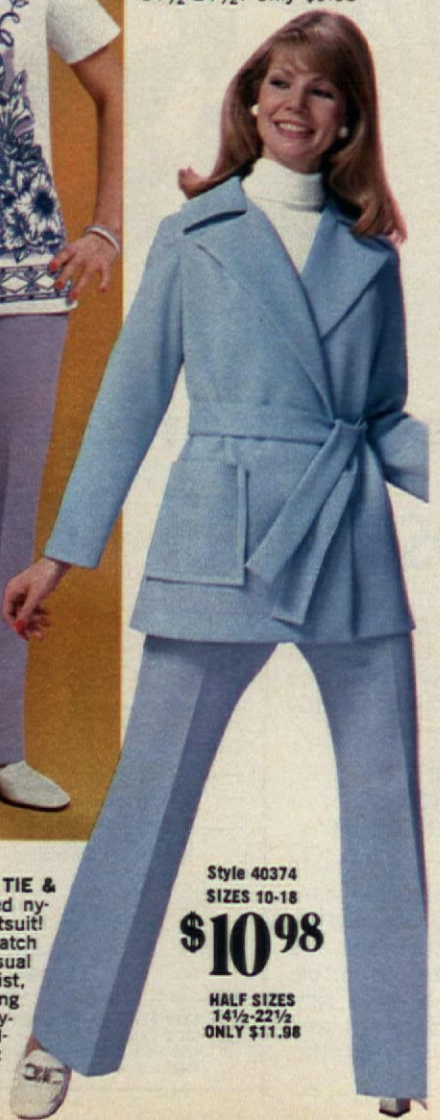
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SIZES 10-18  
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## GRANNY-SQUARE BEAUTY

continued from page 42

### Four-Square "Windowpane" Pillow

(Find at upper right on bed, page 58; 16 inches square.)  
**Materials:** 8-ounce tube Cotton Rug Warp (\$1.95), color 118 Fawn, by P.C. Herwig Co., Inc., Route 2, Box 140 Milaca, Minn. 56353; Boye crochet hook size H; covered pillow form; polyester sewing thread.  
**Procedure:** Work 4 squares; don't end each off after round 4; continue working in pattern for 3 additional rounds. Sew squares together. Block to 16 inches square and whipstitch to pillow top, using polyester thread.

### "Windowpane" Afghan (Size is about 44 by 62 inches.)

**Materials:** 30 100-yard balls Coats & Clark's Speed Cro-Sheen (45¢ each), color 61-D Nu-Ecru; Boye crochet hook size F.  
**Procedure:** Complete 196 squares of 4 rounds each. Assemble, in the same manner as rug, with diagonal strip made from the following number of squares: 1, 3, 5, 7, 9, 11, 13, 15, 17, 17, 17, 15, 13, 11, 9, 7, 5, 3, 1. Edge from the right side with 1 sc in each dc, 2 sc in ch-2 sp and 1 sc in ch-2 sp at inverted points. Steam block, if necessary from wrong side.

## BARGELLO (see pages 60-61)

**Procedure:** Canvas sizes given in "Materials" section on page 61 are 4 inches wider and longer than finished designs will be. Bind raw edges with masking tape.  
For stitching, use 18-inch lengths of yarn; longer strands will fray. Use 4 strands together for "Squares," 2 for "Blazing Star" and 3 for "Bright Squares." When you start a strand, allow a 3-inch tail to hang free at back; you can secure this under stitches later.  
Begin first row: Draw yarn through to front; count up the required number of horizontal threads for your choice of design. (Study the photograph and pattern drawings on pages 60-61 for color, placement and size of stitches.) Return needle to back of canvas and come up for next stitch. Repeat to end of row, following pattern drawings on page 61. For each succeeding row, start stitches where the preceding row ended—in the very same holes—so that no canvas shows between stitches. (Work your design section by section: Finish each triangle of "Blazing Star" and also each triangle of basic square unit of "Bright Squares" before you turn canvas for another; finish each square of "Squares" before you do another.)  
Make sure all your stitches are even and the yarn lies flat. Adjust yarn with fingers and needle; to untwist it, hold canvas upright, let needle fall.  
We backed our 3 bargello pillows with velvet. For "Bright Squares" and "Blazing Star," whose designs are smaller than finished pillow size, we edged with velvet ribbons, neatly mitered and stitched close to needlework.

## FANTASY FURNITURE FINISHES

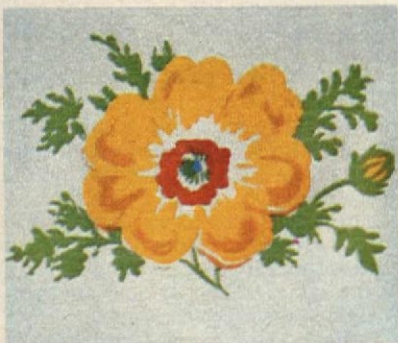
(see pages 62-63)

You may already own wood furniture in need of reviving. If not, check out nearby junk, thrift or second-hand stores. Make sure what you buy is in reasonably sound condition. Then find a large open area, spread out plenty of newspaper, and forge ahead.  
**Materials:** Acrylic paints are your best bet. These synthetic resin colors come in tubes or jars sold at art-supply stores. They are water-base paints, thus clean up quickly. They dry quickly, too, so you'll have to work fast. Other essentials: newspaper, sandpaper, wood filler, 2- or 3-inch nylon paintbrush, paint sealer, low-gloss enamel (any color) for base coats, masking tape, pencil, ruler, two coins, cans to hold paint, waterproof felt-tip pens, semigloss varnish. Depending upon which techniques you use, you will also need a spatter stick, wooden block (optional) and paper towels; sponges and a pie plate or flat dish for dipping; scissors and cardboard sheets.  
**Prepare the surface:** If old paint is blistered, cracked or badly scratched, apply a chemical paint remover, following manufacturer's instructions. If surface condition is generally good, there's no need to strip it. (continued)



THERE'S AN ART TO ARRANGING FLOWERS.  
LADY PEPPERELL HAS SPENT 125 YEARS PERFECTING IT.

A flower arrangement isn't perfect until every flower is. We've had enough time to make sure every petal is.



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A soft, thick towel can make getting out of a hot shower feel almost as good as staying in.



Our flowers and our checkerboard pattern go beautifully together. What's even nicer, our towels and sheets help your bedroom and bath go beautifully together.



But a pretty pattern that lacks quality and performance is just another pretty pattern. So our sheets and pillowcases of 50% Dacron® polyester and 50% cotton are treated with our exclusive no-iron finish that lasts and lasts. And our towels are made of 12% Dacron® polyester, 88% cotton. So they'll live a longer life with less shrinkage and more durability. Lady Pepperell. Being around for 125 years isn't what makes us the finest. Being the finest is what kept us around that long.

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And they come with their own umbrella-shaped mug tree, smartly styled in wrought iron.



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Please send me \_\_\_\_\_ set(s) of four Morton mugs and mug tree. I have enclosed a check or money order for \$3.75 and the spout seal from a 26 oz. package of Morton table salt for each set.

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Offer expires June 30, 1974. Limited to continental U.S.A. Void where prohibited or restricted by law. Allow 4 weeks for delivery.

## FANTASY FURNITURE FINISHES continued

Just sand and clean thoroughly, then apply a sealer to the entire piece so the new paint will bond. If there is trim you want removed, pry or pull it off carefully; fill any holes with wood filler and sand the area smooth.

**Apply base coat:** Brush on enamel base paint; let dry and apply a second coat. When it dries, outline your design in pencil—choose simple geometrics. Use one or more of the techniques described, but work with only one at a time. Masking tape and newspaper will separate color areas while paint goes on.

**Spatter:** Dip paintbrush into paint so the tip is wet. Hold brush away from surface and spray paint on at an angle. To do this, hold brush upright; pull a stick across the bristles so they throw a fine spray. (You don't want large drops.) Experiment first on old newspaper until you get an even covering. For a loose spray, strike the brush against a wooden block. Blot up mistakes.

**Sponge:** Pour paint into a pie plate or flat dish. Let sponge just touch paint and dab color on lightly. Repeat with same color—or use another color altogether—to heighten the marbled look.

**Comb:** Cut a piece of cardboard about 3 by 4 inches; cut teeth into short side. Using a brush and thinned paint, apply color to surface; then comb in a circular design, crisscross, "S" motif, whatever pattern appeals to you.

**To finish:** When paint is dry, remove masking tape and newspaper; frame off areas of your design with a waterproof felt-tip pen, as Bill Goldsmith did (pages 62-63). Use a ruler for straight lines, but tape a coin under each end so ruler won't smear the lines as you draw. Add a coat of semigloss varnish—to protect both surface and design.

## MODERN ART AT UNDER \$20 (see pages 64-65)

What could be more fun—and less costly—than creating your own modern art? All our materials come from toy and novelty stores, art shops and the five and dime.

### PLASTIC GEOMETRICS

**Materials:** 14-by-17-by-1-inch plastic box frame; Octons and Play Squares geometric shapes at Childcraft Centers, 150 E. 58th St., New York, N.Y. 10022; transparent tape. (Cost: about \$19.)

**Procedure:** Arrange selected Octons and Play Squares in clear plastic frame front. Slip in cardboard back to hold firm; seal with transparent tape. Hang.

### TOY-BLOCK RELIEF

**Materials:** 16-inch square of 3/4-inch plywood; orange enamel spray paint; Parquetry Blocks at Childcraft Centers, Inc., 150 East 58th St., N.Y., N.Y. 10022; large wooden beads; wooden alphabet figures; 160 2-inch-long, thin wooden pegs; contact cement; 2 screw eyes; picture wire; 100-pound picture hanger. (Cost: under \$20.)

**Procedure:** Apply 3 light coats of orange enamel to front and sides of plywood. Allow drying time between coats. Arrange blocks, beads and letters as you like. Attach each block to plywood by applying contact cement to both surfaces. Cover plywood edge with wooden pegs, using cement.

To hang, attach screw eyes to sides of back, one-third down from top edge. Cut picture wire 8 inches longer than width of relief. Loop wire ends through each screw eye twice, leaving a slight slack in center section.

### TISSUE-PAPER COLLAGE

**Materials:** 24-by-30-inch piece of heavy white illustration board; colored tissue papers; spray adhesive; scissors; 25-by-32-inch lightweight acetate sheet; masking tape, adhesive-cloth picture hanger. (Cost: about \$6.)

**Procedure:** Tear tissue paper into desired shapes, then arrange on board. When you have planned your design, remove tissue papers. Apply a coat of spray adhesive to surface. Gently smooth on tissue shapes. Cut away excess tissue at board edges. Place collage, face down, on acetate. Snip off acetate corners, fold edges to back of board; tape. Frame or hang with cloth picture hanger.

### WHITE WOOD-BLOCK RELIEF

**Materials:** 13 1/2-by-21 1/2-inch piece of 1/4-inch plywood; Unit Blocks at Childcraft

(continued on page 81)





For people who can't leave well enough alone,  
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Fried chicken dinner. Banquet makes it good and Banquet makes it best and if you want it fancier, Banquet can help out there too with this easy, delicious recipe:

Take one Banquet Fried Chicken Dinner from your freezer. Sprinkle chicken with paprika, thyme, grated Parmesan. Heat for 25 minutes in a foil sealed pan. Then combine peas with fresh sautéed mushrooms and onions. Add butter and parsley to potatoes. Remove foil, heat additional 5 minutes, then serve with fresh fruit. Banquet. Great food, plain or fancy.

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Only True is lowest in both tar and nicotine of the 20 best-selling brands. True is America's leading low tar and nicotine cigarette.

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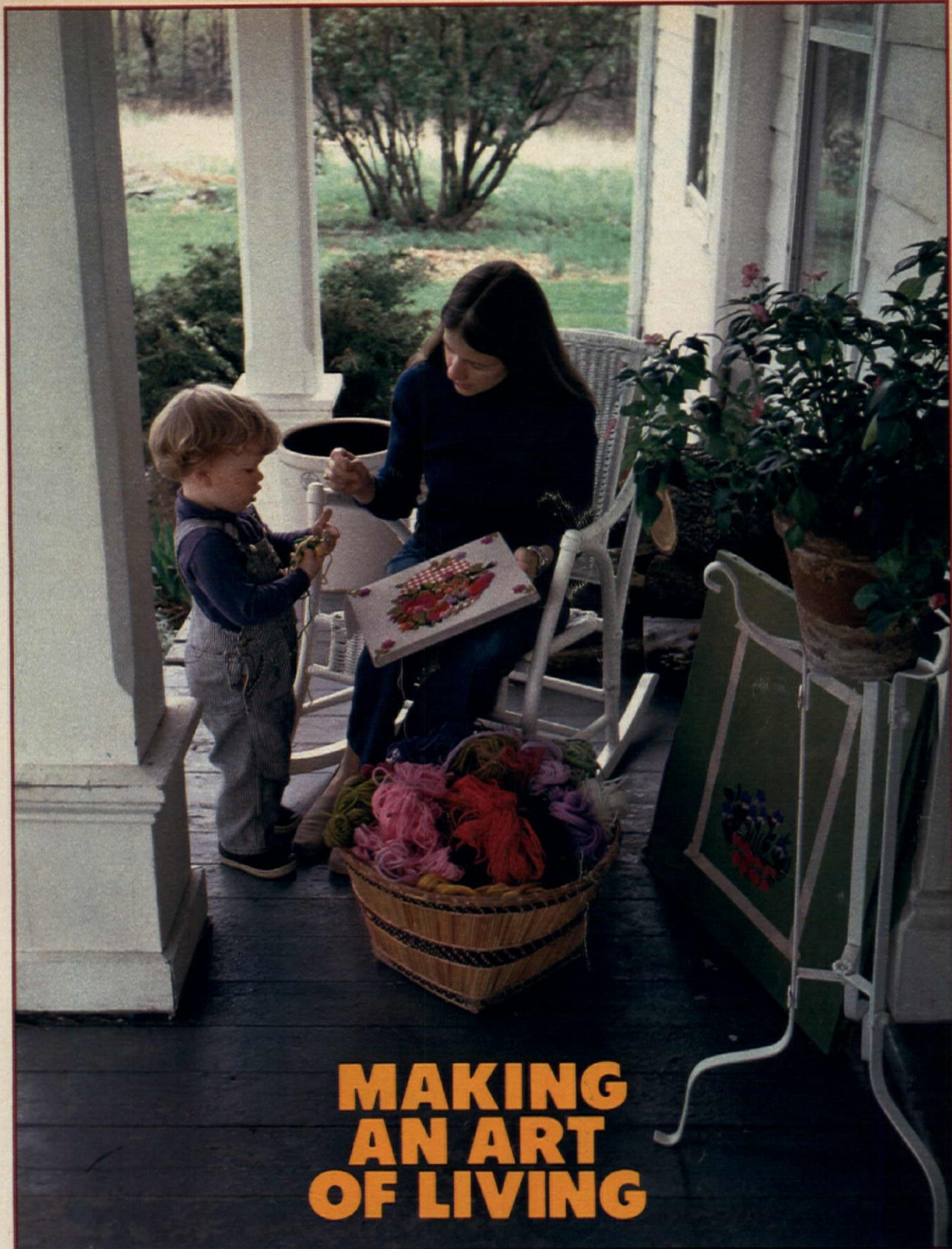
Shouldn't your next cigarette be True?

Regular: 12 mg. "tar", 0.7 mg. nicotine,  
Menthol: 12 mg. "tar", 0.8 mg. nicotine, av. per cigarette, FTC Report Feb. '73.

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## MAKING AN ART OF LIVING

Crafting is a simple, old-fashioned art that slows the pace of today. It recalls the pleasures of personal achievement in satisfying the necessities and niceties of life in an earlier, less frenetic time—and reacquaints us with the beauty that can be wrought from basic materials. Here, Linda Cross shares her latest embroidered handwork with son Peter, 2. She and her

husband, John, an advertising copywriter, divide their time between a New York City apartment and a rambling old farm upstate (pictured), where crafting is part of their lives. Like many young families, the Crosses delight in new ways to express their creativity. More about Linda and John—and also about an imaginative West Coast craftswoman—is on the following pages.



By Helene Brown

**"A project should make you happy."**

For Linda and John Cross, the crafting process provides as much pleasure as the finished effort. Sometimes they work alone, sometimes together. Either way, their goal is to use simple materials with freshness and originality. For example, a mutual interest in cooking, enjoyed on farm weekends, made them aware that most early American crafts originated in the kitchen. This notion led to a book project for them, *Kitchen Crafts*, to be published next spring by Macmillan (\$6.95, tentative). A cook-book of crafting, it contains more than 100 "recipes," involving materials found in the kitchen or on the pantry shelf—among them dishcloths, baskets and trays, seeds, herbs, spices, flour, pasta.



Linda makes a colorful wool belt (above) by finger-weaving, an Indian braiding technique.



Glued inside a shadow box (above) is a three-dimensional basket of flowers Linda made with stuffed fabric scraps.

Young Peter likes joining in the fun and, using left-overs, can assemble a creditable collage. He has good models—his parents do wonders with scrap. Footstool at right is covered in patchwork felt and mounted on plywood; newel-post knobs are feet.

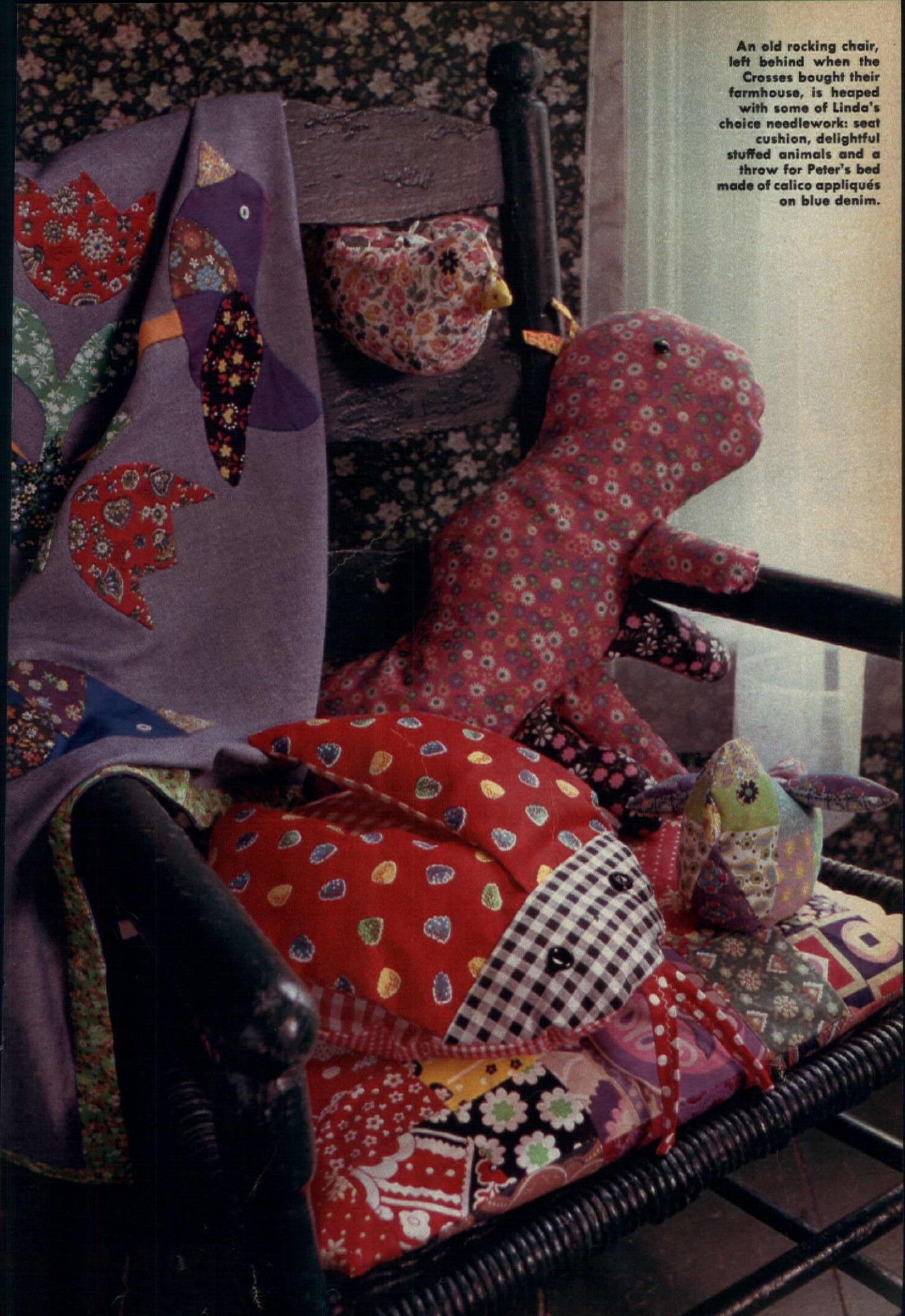


The whole family helps add to this papier-mâché menagerie (above). Young Peter is in his element working in paste (right).





An old rocking chair, left behind when the Crosses bought their farmhouse, is heaped with some of Linda's choice needlework: seat cushion, delightful stuffed animals and a throw for Peter's bed made of calico appliques.







At her loom (above, left), a Navajo copy that Albert made, Bette weaves a rug from hand-spun Mexican wool. Another ongoing project is adding new patches to old quilts (above, right). "Quilting's a craft I enjoy when I have spare time."



Many of Bette's projects are inspired by her textile collection, which includes two wall hangings from Guatemala. Shown above is a *huipil*, at right (detail) a backstrap loom with the weaving still in place on it.



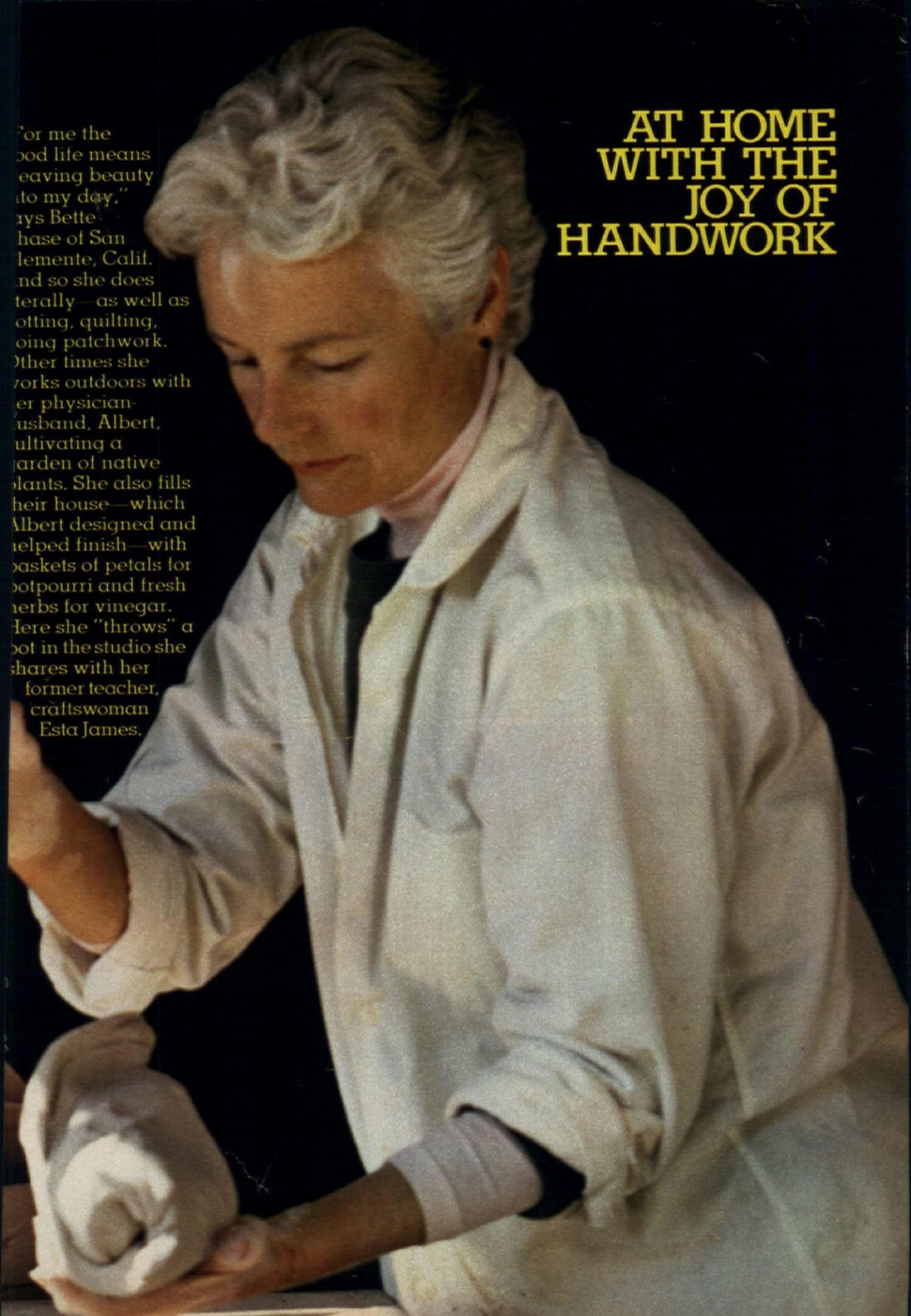
A still life in the potting studio (above): These bowls and vases have been molded and detailed, but have yet to be glazed and fired. "Potting is a very demanding craft," says Bette. "A new entity with depth and contours forms in your very hands, so you must work intensely—but sensitively. Potting is also enormously satisfying. It has a rhythm that brings the whole body into play—and a texture that awakens the senses." For her the quest for beauty through her own handwork is continually changing.

Robert Stein



## AT HOME WITH THE JOY OF HANDWORK

For me the good life means weaving beauty into my day," says Bette Chase of San Clemente, Calif. And so she does literally—as well as knitting, quilting, and doing patchwork. Other times she works outdoors with her physician-husband, Albert, cultivating a garden of native plants. She also fills their house—which Albert designed and helped finish—with baskets of petals for potpourri and fresh herbs for vinegar. Here she "throws" a pot in the studio she shares with her former teacher, craftswoman Esta James.









# NEW SIMPLE-SEW DECORATING

By Alexandra Walker

Today, the fastest, least-expensive way to decorate is to sew your own, and the room opposite, by designer Lee Bailey, shows why: The ottoman, quilt, draperies, shades, pillows, tablecloth and daybed cover are all do-yourself projects. So are the coffee table and folding screen (behind daybed)—two easy instant makes. The room is a happy combination of materials from the newest Bailey/Huebner store (in Southampton, N.Y.), which stocks the elements for on-your-own decorating—plus such ready-mades as the track lighting, lamp and daybed frame shown. Instructions for some of the items are below; additional instructions, plus ordering information, begin on page 40.



**Square tablecloth:** To create this pretty patterned "end table," you'll need a square of plywood and a piece of fabric. Put plywood atop an old table or ancient console TV. Anchor with screws. Cut fabric to size of plywood top plus 1 inch. Cut 4 side pieces table height plus 4 inches by table width plus 7 inches. Machine-stitch all sides together with  $\frac{1}{2}$ -inch seams. Press open. At corners, make  $1\frac{1}{2}$ -inch inside tucks to each side; pin. Press pleats; stitch top inch of each. Right sides together, pin top to sides so corners meet. Stitch, with  $\frac{1}{2}$ -inch seam. Turn the hem  $\frac{1}{2}$  inch, then 3 inches. Stitch.



**A stacking-pillow ottoman:** You'll need 3 pieces of polyurethane foam 22 inches square, 3 inches thick; 1 polyester bonded batting 81 by 96 inches; 6 23-inch-square and 12 4-by-23-inch fabric pieces; 2 strips 64-inch belting; 2 buckles. (*All seams are  $\frac{1}{2}$  inch.*) Cut batt in 3 equal parts; wrap around cushions; baste ends. For each pillow, sew together 3 strips of boxing. Right sides facing, sew boxing to top, then bottom squares. Sew last strip to edge of the top square. Press; turn case right side out. Stuff in the foam. Turn under edges; hand-sew closed. Stitch buckle to belting; belt the cushions.



**Coffee table:** To make this almost-instant coffee table, you'll need: a piece of  $\frac{3}{4}$ -inch, inexpensive-grade plywood, any size; a piece of shiny upholstery vinyl, oilcloth or vinyl-coated printed fabric 1 foot bigger overall than plywood piece; four clamp-on metal legs (from Bailey/Huebner; to order, see page 40). Take piece of vinyl or fabric and stretch it tautly over plywood. Staple it to back, carefully folding down corners so they'll look trim. Clamp on legs. Easy alternatives: Cover plywood with any fabric; then polyurethane it for a lacquered look that will add an elegant touch. 57







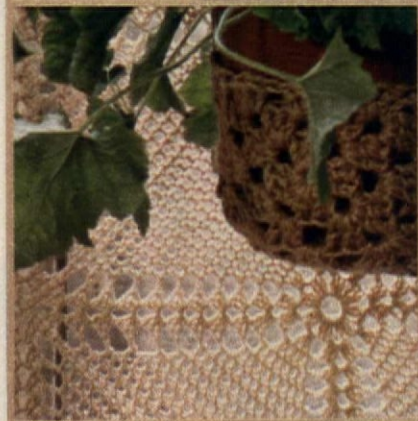
By Phoebe Fox

# GRANNY-SQUARE BEAUTY IN STRING

The traditional granny square grows young when crocheted in the new naturals—giving the bedroom below a fresh, clean look. The magic materials are inexpensive string, twine, jute, rug warps and crochet cotton, available at hardware, craft, stationery and variety stores. The method is simple: The afghan, pillows, hanging plant holders, window screen and rug each use one of three square motifs—“Pinwheel,” “Windowpane” or basic “Old-Fashioned Granny.” Instructions begin on page 40.



1



2



3

**1** Pillow tops made from two variations on the granny square are ideal for a beginner. Clockwise from the one at top, right, each comprises: nine “Pinwheel” squares of creamy wrapping twine; one large “Pinwheel” of linen rug warping thread; nine “Windowpane” squares in twine; four “Windowpanes” in cotton rug warp.

**2** Sunlight filters through a window screen made from nine “Pinwheel” squares of ecru crochet cotton. Plant holders are made from five “Old-Fashioned Granny” squares of jute.

**3** Area rug is made from heavy butcher’s twine in the “Old-Fashioned Granny” motif. Pillow on rocker uses the same square done super-size in lightweight household string. Basket holds string and twine that create these decorative assets.



By Dorothy Lambert Brightbill  
QUICK-STITCH STANDOUTS IN

# bargello

The secret of these bold pillow beauties is bargello—No. 1 stitch on today's needlework popularity poll. Amazingly speedy and simple to master, bargello is almost always worked vertically over two or more threads in the canvas, with a consistently striking effect. Below, are: "Squares" (center), a

22¼-by-22¼-inch design by Bud Holman;

16-by-16-inch "Blazing Star" (right) and 12-by-12-inch "Bright Squares" (left), both by Mira Silverstein

and featured in her book,

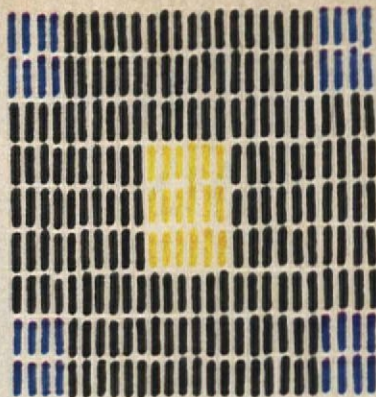
*Bargello Plus*

(Scribner's, \$9.95)\*.

Instructions begin opposite.

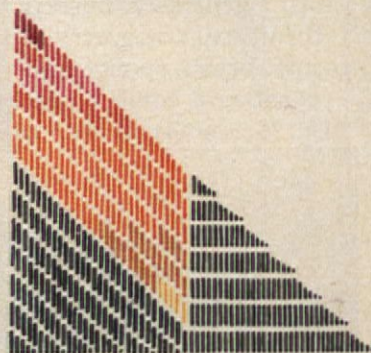






#### SQUARES

This is 1 square (9 26-stitch rows) of many possible colors, variations (see photo). Use canvas #10, 1 stitch over 3 horizontal threads.



#### BLAZING STAR

This is  $\frac{1}{8}$  of design; turn canvas and repeat for each segment. Use canvas #14, 1 stitch over 6 horizontal threads. Color placement is above.



#### BRIGHT SQUARES

This is  $\frac{1}{4}$  of 1 square; turn canvas and repeat for each segment. See photo for colors. Use canvas #12. *Color:* Center 11 stitches, each over 8 horizontal threads; then diminish right and left over 7 threads, 6, 5, 4, 3, 2, 1. *Black:* Center 1 stitch over 5 horizontal threads; diminish over 4, 3, 2, 1.

#### MATERIALS

Masking tape; tapestry needle; Mono canvas ("Squares" #10 mesh,  $26\frac{1}{4}$  by  $26\frac{1}{4}$  inches; "Blazing Star," #14 mesh,  $13\frac{1}{2}$  by  $13\frac{1}{2}$  inches; "Bright Squares," #12 mesh,  $9\frac{3}{4}$  by  $9\frac{3}{4}$  inches); Persian yarn ("Squares" uses 4-ply—57 yards black, 45 red, 17 plum, 31 melon, 31 old rose, 19 green, 25 blue, 39 cream; "Blazing Star," 2-ply—5 10-yard skeins black, 1 10-yard skein pale orange, 1 yard each of other colors; "Bright Squares" uses 3-ply yarn—2 10-yard skeins black, 2 yards each of other colors).

For procedure, see page 46



# FANTASY FURNITURE FINISHES

By Barbara Weinfuss

Fantasy need not imply mere wishful thinking. Not when you can turn attic discards and thrift-shop finds, as below, into ingeniously finished furniture. Using acrylic paints, brush, sponge and cardboard comb, artist Bill Goldsmith achieved



To get a fanciful grain on this bench, Bill Goldsmith applied brown paint to white-enameled base coat—and combed over it while glaze was still wet. Trim picks up color in new seat fabric.



these transformations easily and economically. So can you. Three basic techniques, used alone or in combination—all simple to duplicate—can make a quick change of finish from drab to delightful. No special skills are needed—only a few tools, a little effort and a free-wheeling imagination. A brush spatters paint for a pebbly look; a sponge creates a marbled effect; a cardboard comb gives a striated look. Directions for fantasy finishing begin on page 46.

Circular drop-leaf table that resembles thousands just like it was sponge-painted—and wound up with a personality uniquely its own. Bill sectioned off tabletop with masking tape and sponged green on blue and blue on green to create an iridescent look. Tape removed, he filled in dividing lines, using felt-tip pens.







**R**ectangular drop-leaf table was spruced up with white and tones of heery pink, using all three techniques. Geometric design was laid out with masking tape, removed when paint had dried.



**E**asy comb method gave this chest its undulating lines and crisscrosses. Trim colors were sponged on, and new knobs were added.



**O**ld dry-bar won new life when combed and sponged in three colors, and detailed in felt-tip pen.







# MODERN ART AT UNDER \$20



Child's play becomes modern art with these six smashing ideas from designer Nina Pellegrini. Pictured, fittingly, outside New York's Metropolitan Museum of Art, all six are made with inexpensive, basic ingredients from toy and novelty stores (left to right): plastic geometrics; wooden beads, letters and shapes; tissue paper; white wood blocks; mirrored squares; bright bubble-gum balls. Easy how-to's start on page 48. —Phoebe Fox



# DESSERTS FROM SUMMER FRUITS

By Lucy Wing

Summer is a season of rare delights—of long dreamy days, warm sunshine and fruits in wondrous variety and abundance. Though delicious to eat by themselves, fruits of the season also inspire glorious desserts such as those shown here.

Clockwise from top, left: a layered mold of blue cheese and pears, a delectable variation on the cheese-and-fruit theme; an elegant frozen cake featuring tropical papaya, sliced as well as pureed; a refreshing honeydew fluff, light as frothy soufflé; that perennial favorite, peaches and cream, paired in a heavenly torte; blueberry cake filled with ice cream and topped with berries, syrup and rosettes of whipped cream and grated lemon peel. Recipes for these and more, with many time-saving packaged ingredients, begin on page 72.











1. Put chickens, chicken broth, water, onion, carrots, bay leaf, peppercorns and salt in large kettle. Cover. Bring to boiling. Simmer 45 minutes or until chickens are tender. Remove chickens; reserve. Strain broth; discard vegetables. Rinse kettle with cold water. Beat egg whites and gelatin in kettle until frothy. Stir in broth gradually. Bring to boiling over medium heat, stirring often. Reduce heat to low. Simmer 30 minutes; do not stir. Ladle gelatin mixture (aspic) through wet napkin or double thickness of cheesecloth. Do not disturb cooked egg whites while ladling. Chill aspic until it is just set.

2. Set 6- to 8-cup mold in bowl half filled with ice cubes and cold water. Spoon  $\frac{1}{4}$ -inch-thick layer of aspic into mold. Let set. Add about  $\frac{1}{2}$  cup aspic to mold. Rotate mold so aspic coats sides thinly. Repeat if layer on the sides of the mold is too thin. Chill until well set.

COOKING LESSON NUMBER 57

Serve this  
glittering  
glamour dish  
at your next party  
for the coolest  
compliments of  
the season.





5

**CHICKEN IN ASPIC**  
2 broiler-fryers (2½ pounds each)  
2 cans (13¾ ounces each)  
chicken broth  
1½ quarts cold water  
2 cups diced onion (2 large)  
2 cups, diced pared carrots  
1 bay leaf  
6 peppercorns  
1 teaspoon salt  
3 egg whites  
3 envelopes unflavored gelatin  
1 jar (4 ounces) pimientos,  
well drained  
3 or 4 large ripe olives  
½ cup heavy cream, whipped

3. Cut out pieces of pimiento and olive with hors d'oeuvre cutters or sharp knife. Arrange in pattern on bottom of mold. Spoon a thin layer of aspic over cutouts, working gently and carefully to keep them in place. Chill until aspic is just set.

4. Skin and bone chickens. Grind or finely chop dark meat. Mix with 1 cup aspic in bowl. Fold in whipped cream. Correct seasoning to taste. Spoon into mold. Chill until set. Dice white meat and pimiento trimmings; toss together. Spoon over cream mixture in mold. Pour in enough aspic to cover meat. Chill several hours or until firm. Pour the remaining aspic into 9x9x2-inch baking pan or other shallow pan. Chill until set.

5. Unmold chicken in aspic onto large plate rinsed in cold water (to let you move it if needed). Cut aspic in pan into triangles. Place around mold. Makes 6 to 8 servings.



CHICKEN IN ASPIC by Jacques Jaffry



By Frances M. Crawford

# COOL SKILLET COOKING

When it's a choice between a restful hammock and a hot oven, you know which will win every time. Why not compromise—and enjoy more summer leisure without lessening meal appeal? Reach for that kitchen standby, the skillet, and make cooking cool and easy. We've dreamed up main dishes to make with little effort—three are pictured. Cook accompaniments separately—and presto, dinner's ready. Recipes for these and more begin on page 74.



Clockwise from top: Cornish hens cooked with onions, which create an irresistible sauce, and served with peas; Italian sausages simmered in a subtly flavored sauce and arranged on spaghetti; shrimp and vegetables done perfectly the Oriental way.

Shopping Information, page  
Irwin Horowitz





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**PEACHES-AND-CREAM TORTE**

(pictured on page 67)

- 2 packages pie-crust mix
- $\frac{1}{3}$  cup sugar
- 1 teaspoon grated lemon peel
- 5 tablespoons cold water
- 3 tablespoons lemon juice
- 1 package (8 ounces) cream cheese
- 1 can (9 $\frac{1}{4}$  ounces) peach dessert mix
- 2 teaspoons packaged ascorbic acid mixture for fruit
- 3 tablespoons water
- 4 peaches, peeled, pitted and sliced or 2 packages (10 ounces each) frozen sliced peaches, thawed and drained
- 2 tablespoons apple jelly
- 1 cup ( $\frac{1}{2}$  pint) heavy cream

Heat oven to 400°. Combine pie-crust mix, sugar and lemon peel in large bowl. Sprinkle 5 tablespoons water and lemon juice over surface; stir with fork until particles are moistened and pastry clings together. Shape into ball; divide in half. Roll one half between 2 sheets of wax paper to 12-inch square. Remove top sheet of paper; invert pastry onto cookie sheet; remove paper. Trim edges of pastry with knife or pastry wheel for even sides. Cut square in half to form two 6x12-inch rectangles. Prick dough well with fork. Bake 10 to 12 minutes or until golden. Cool completely on cookie sheet. Repeat with other half of dough.

Beat cream cheese in small bowl until fluffy. Beat in dessert mix gradually. Chill. Dissolve ascorbic acid mixture in 3 tablespoons water. Add peaches; toss gently; drain well on paper towels. Heat jelly in small saucepan until just melted; keep warm.

Transfer 1 pastry rectangle to serving plate with 2 broad spatulas. Spread with  $\frac{1}{3}$  dessert mixture. Top with second pastry rectangle. Repeat layering, ending with pastry. Arrange peach slices on top. Brush with warm apple jelly. Whip cream. Frost sides; spoon remaining cream into pastry bag with star tip. Pipe border along top edge. Cut into squares to serve. Makes 8 servings.

**NECTARINE-RICE SQUARE**

- 2 envelopes unflavored gelatin
- $\frac{1}{2}$  cup water
- 2 cans (about 1 pound each) ready-to-serve rice pudding
- 9 maraschino cherries, drained
- 5 nectarines, halved and pitted
- 1 cup ( $\frac{1}{2}$  pint) heavy cream, whipped
- 1 teaspoon almond extract

Sprinkle gelatin over water in small saucepan. Place over low heat; stir constantly, until dissolved. Combine pudding and gelatin in large bowl. Chill until mixture mounds when spooned. Line bottom of 8x8x2-inch pan with wax paper. Press a cherry into center of 9 nectarine halves. Place halves, cut side down, in pan. Dice remaining nectarine half. Fold whipped cream, diced nectarine and almond extract into thickened pudding. Spoon mixture carefully over nectarines in pan. Cover. Chill several hours or overnight. To serve, run knife around edge of pan. Place serving plate over pan; invert; remove pan and wax paper. Makes 9 servings.

**FRUIT WITH EMERALD SAUCE**

- 1 package (8 ounces) cream cheese
- 3 tablespoons sugar
- 3 tablespoons light rum
- 1 tablespoon milk
- 2 envelopes ( $\frac{1}{2}$  ounce each) grass-hopper cocktail mix
- 1 cantaloupe
- 1 small pineapple
- $\frac{1}{2}$  pound seedless grapes

Beat cream cheese in small bowl until fluffy. Beat in sugar, rum and milk gradually. Blend in cocktail mix. Spoon into small serving bowl. Halve cantaloupe; remove seeds and rind. Cut cantaloupe into thin wedges. Cut off top of pineapple. Quarter pineapple; core; remove rind; cut fruit into spears. Wash grapes; separate into small clusters. Arrange fruits on platter around bowl of sauce. Cover with plastic wrap; chill until serving time. Makes 6 to 8 servings.

**FROZEN PAPAYA CAKE**

(pictured on page 67)

- 1 can (13 ounces) evaporated milk
- 3 tablespoons orange-flavored liqueur
- 1 package (7 ounces) orange toaster cakes
- 1 ripe papaya
- 1 can (6 ounces) frozen orange-juice concentrate, thawed
- $\frac{1}{2}$  cup sugar

Pour milk into shallow pan; chill in freezer 15 to 20 minutes or until firm 1 inch around sides but still liquid in center. Sprinkle orange liqueur over bottom or flat sides of toaster cakes. Cut 4 cakes in half; fit halves, rounded sides out, around edge of 9-inch spring-form pan. Crumble remaining 2 whole cakes; press onto bottom of pan. Peel papaya. Cut 3 crosswise slices for garnish; remove seeds. Cut remainder into chunks; puree in blender. Set aside.

Pour chilled milk into large bowl. Beat on high speed of mixer until stiff peaks form. Beat in undiluted orange juice and sugar slowly. Fold in papaya puree gently. Pour into cake-lined pan. Freeze just until firm on top. Garnish with papaya slices. Cover with plastic wrap. Freeze until firm. To serve, remove plastic wrap and sides of pan. Place on serving dish. Let stand 5 minutes for easier cutting. Makes 8 servings.

**BLUEBERRY ICE CREAM CAKE**

(pictured on page 66)

- 1 package (16 or 17 ounces) pound-cake mix
- 4 cups (1 quart) blueberries
- $\frac{3}{4}$  cup sugar
- 1 tablespoon cornstarch
- $\frac{1}{4}$  cup water
- 1 quart vanilla ice cream
- 1 tablespoon lemon juice
- $\frac{1}{2}$  cup heavy cream, whipped
- 1 teaspoon grated lemon peel

Grease 10-inch quiche dish; line bottom with wax paper. Heat oven and prepare pound-cake mix according to package directions. Measure 1 cup batter into small bowl. Stir in 1 cup blueberries and  $\frac{1}{4}$  cup sugar. Pour plain batter into prepared dish; swirl blueberry batter into plain batter. Bake 45 minutes or until cake springs back when

lightly touched with fingertip. Cool dish on wire rack 10 minutes. Remove cake from dish; discard wax paper. Cut cake completely.

Crush 1 cup blueberries in saucepan. Add  $\frac{1}{2}$  cup sugar. Bring to boil stirring constantly. Press through sieve to discard residue. Return syrup to saucepan. Mix cornstarch and water; stir in syrup. Bring to boiling, stirring constantly. Chill.

Soften ice cream slightly. Cut cake half horizontally. Fill with ice cream. Freeze until firm. Just before serving place cake on serving plate. Combine blueberry syrup, remaining 2 cups berries and lemon juice. Spoon over cake. Pipe whipped-cream rosettes on top. Sprinkle with lemon peel. Make 8 servings.

**BLUE CHEESE AND PEAR MOLD**

(pictured on page 66)

- 2 packages (3 ounces each) lemon-flavored gelatin
- $\frac{1}{2}$  cups boiling water
- $1\frac{1}{2}$  cups cold water
- 4 firm, ripe pears
- Lemon juice
- 1 envelope unflavored gelatin
- $\frac{1}{4}$  cup water
- 1 package (8 ounces) cream cheese
- 1 cup ( $\frac{1}{2}$  pint) heavy cream
- 1 package (4 ounces) blue cheese, crumbled (1 cup)

Dissolve lemon gelatin in boiling water. Stir in  $1\frac{1}{2}$  cups cold water. Chill in refrigerator or over ice water until gelatin mounds slightly when spooned. Oil 6-cup mold lightly. Core and dice 1 pear; toss with lemon juice; drain on paper towels. Fold into 2 cups chilled gelatin; pour into mold. Chill.

Sprinkle unflavored gelatin over cup water in small saucepan. Heat over low heat, stirring constantly, until dissolved. Set aside. Beat cream cheese in large bowl until fluffy. Beat in unflavored gelatin and remaining 1 cup lemon gelatin gradually. Chill until slightly thickened. Beat cream until soft peaks form. Fold cream and blue cheese in cream-cheese mixture. Pour into mold on top of pear-gelatin layer. Chill 3 to 4 hours or overnight or until firm. Unmold onto serving plate. Core and slice 3 remaining pears. Toss with lemon juice; drain. Arrange around mold. Makes 8 servings.

**CALIFORNIA GRAPE PIE**

- 8- or 9-inch frozen unbaked pastry shell
- 1 cup milk
- 1 container (8 ounces) orange-flavored yogurt
- 1 package (3 $\frac{1}{8}$  or 3 $\frac{3}{4}$  ounces) instant vanilla-pudding mix
- 1 pound seedless grapes, stemmed

Bake pastry shell according to package directions; cool. Pour milk and yogurt into blender container. Add pudding mix. Cover; blend 2 seconds. Scrape down sides of container with rubber spatula; blend 1 more second. Sprinkle half the grapes into baked crust. Spread pudding mixture over; top with remaining grapes. Chill until serving time. Makes 6 to 8 servings.





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 FILTER: 15 mg. "tar", 1.0 mg. nicotine, MENTHOL: 15 mg. "tar", 1.1 mg. nicotine, av. per cigarette, FTC Report FEB. '73.



**HONEYDEW FLUFF**

(pictured on page 67)

- 1 honeydew melon (about 4 pounds)
- 2 packages (3½ ounces each) vanilla-flavored whipped dessert mix
- Green food coloring
- 1 cup (½ pint) heavy cream
- 2 tablespoons lime juice
- Grated lime peel (2 to 3 limes)

Cut honeydew in half; remove seeds. Scoop out center with melon-ball cutter. Cut out leftover irregular pieces of honeydew; puree in blender. Add water or any honeydew juice to puree to make 2 cups. Combine dessert mix and 1 cup puree in large bowl of mixer; blend. Add remaining puree. Beat on high speed until thick and fluffy. Beat in green food coloring to tint desired color. Chill 15 minutes.

Fold 24-inch-long piece of wax paper or aluminum foil in half lengthwise. Tie or tape securely around 1-quart soufflé dish to form collar 3 inches above rim of dish. Whip cream; fold into chilled dessert mixture. Drain honeydew balls on paper towels. Fold honeydew and lime juice into dessert mixture. Spoon into soufflé dish. Score or swirl surface with knife. Refrigerate 3 to 4 hours or until firm. Remove collar carefully. Dust sides with peel. Makes 8 servings.

**SKILLET COOKING**

continued from page 70

**ITALIAN SAUSAGE STEW**

(pictured on page 70)

- 1 tablespoon pure vegetable oil
- 1½ pounds sweet or hot Italian sausages
- 1 cup chopped onion (1 large)
- 2 cups chopped celery
- 2 cloves of garlic, minced
- 1 can (1 pound, 12 ounces) tomatoes, coarsely chopped
- ½ teaspoon salt
- 1 teaspoon dried basil, crumbled
- Spaghetti or linguini, cooked and drained

Heat oil in skillet over medium heat. Brown sausages on all sides. Remove. Reserve. Discard all but 2 tablespoons of fat from skillet. Add onion and celery. Cook 5 minutes, stirring occasionally. Add garlic. Cook 1 minute. Return sausages to skillet. Add tomatoes, salt and basil. Cover. Simmer 30 minutes. Correct seasoning of sauce to taste. Serve with spaghetti or linguini. Makes 4 servings.

**ROCK CORNISH HENS WITH ONION SAUCE**

(pictured on page 70)

- 4 Rock Cornish hens (about 1 pound each), thawed

- Salt
- Pepper
- 2 tablespoons butter or margarine
- 2 tablespoons pure vegetable oil
- 4 cups finely sliced onion (4 large)
- 1 cup heavy cream

Wash hens. Pat dry. Sprinkle cavities with salt and pepper. Heat butter or margarine and oil in large skillet over medium heat. Brown birds on all sides.

Add onions to skillet; place hens, breast side up, over onions. Cover. Reduce heat to low. Cook 30 minutes, basting birds with pan juices occasionally. Transfer birds to serving platter. Keep warm. Add cream to onions in skillet. Bring to boiling. Simmer 2 or 3 minutes. Correct seasoning to taste. Serve sauce separately. Arrange vegetables of your choice—we show peas—around hens. Makes 4 servings.

**ORIENTAL SHRIMP**

(pictured on page 70)

- 2 pounds shrimp, shelled
- Salt
- ¼ cup pure vegetable oil
- 4 green onions, cut in ½-inch pieces
- 1 cup sliced celery
- 2 packages (7 ounces each) frozen snow peas, thawed and well drained
- ½ teaspoon salt
- 1 can (10½ ounces) condensed chicken broth
- 2 tablespoons cornstarch
- 2 tablespoons sherry
- 2 eggs, slightly beaten

Devein shrimp, if desired. Sprinkle shrimp with salt. Heat 2 tablespoons oil in large skillet over high heat. Add shrimp. Cook 2 to 3 minutes, stirring frequently. Remove with slotted spoon. Reserve. Add remaining oil to skillet. Add green onions, celery and snow peas. Sprinkle with ½ teaspoon salt. Cook 2 minutes, stirring frequently. Remove. Reserve. Add chicken broth to skillet. Bring to boiling. Blend cornstarch and sherry to smooth paste. Add to broth; cook, stirring constantly, until thickened and smooth. Remove from heat. Add eggs gradually, stirring constantly with wooden spoon. (Eggs will cook in hot broth and form medium-size pieces.) Return shrimp and vegetables to sauce. Mix well. Makes 6 servings.

**CHICKEN SAUTÉ WITH CUCUMBERS**

- 1 broiler-fryer (3 pounds), cut up
- Salt
- Pepper
- 2 tablespoons butter or margarine
- 2 tablespoons minced shallots or green onions
- 3 to 4 cucumbers, pared, seeded and cut in 1-inch sticks
- ½ cup water
- 1 envelope granulated chicken broth
- 1 tablespoon melted butter or margarine
- 1 tablespoon flour

Sprinkle chicken pieces with salt and pepper. Melt butter or margarine in large skillet over medium heat. Brown chicken pieces on all sides. Remove. Reserve. Add shallots or green onions to fat left in skillet. Cook 2 minutes. Add cucumbers. Return chicken pieces to skillet. Cover partially. Reduce heat to low. Cook 20 to 25 minutes. Transfer chicken and cucumbers to serving dish. Keep warm. Add water and granulated chicken broth to juices left in skillet. Bring to boiling. Blend melted butter or margarine and flour until smooth. Add to sauce. Stir until thickened and smooth. Correct seasoning to taste. Pour sauce over chicken. Makes 4 servings.

**SPICY PORK CHOPS**

- 6 loin or shoulder pork chops, each 1 inch thick

- Salt
- Pepper
- 1 tablespoon butter or margarine
- 2 cups diced onion (2 large)
- 1 cup diced celery
- 1 cup diced, pared carrots
- 1 clove of garlic, minced
- ½ cup bottled barbecue sauce
- 1 can (10½ ounces) condensed chicken broth

Sprinkle pork chops with salt and pepper. Melt butter or margarine in large skillet over medium heat. Broil chops on both sides. Remove; reserve. Add onion, celery, carrots and garlic fat left in skillet. Cook 3 to 4 minutes, stirring occasionally. Arrange chops over vegetables. Add barbecue sauce and broth. Cover. Bring to boiling. Simmer about 45 minutes or until chops are tender. Correct seasoning to taste. Makes 6 servings.

**LAMB STROGANOFF**

- 2 pounds boneless lamb shoulder, cut in ½-inch pieces

- Salt
- Pepper
- ¼ cup butter or margarine
- 1 cup minced onion (1 large)
- 1 pound mushrooms, sliced
- ½ teaspoon salt
- ¼ teaspoon pepper
- 2 tablespoons lemon juice
- ½ cup dry sherry
- 1 cup dairy sour cream

Sprinkle lamb with salt and pepper. Melt butter or margarine in large skillet over high heat. Brown lamb well on all sides, in two batches. Remove pieces with slotted spoon as soon as browned. Reserve. Reduce heat to medium. Add onion to fat left in skillet. Cook 2 to 3 minutes, stirring occasionally. Add mushrooms, ½ teaspoon salt, ¼ teaspoon pepper and lemon juice. Cook 5 minutes or until mushrooms are tender. Add sherry and sour cream. Mix thoroughly. Correct seasoning to taste. Return lamb to sauce. Mix well. Heat slowly until hot. Makes 6 servings.

**VEAL KIDNEYS MADEIRA**

- 3 veal kidneys (about 1 pound each)
- ¼ cup butter or margarine
- ½ pound mushrooms, sliced
- ¼ cup minced shallots or green onions
- ¾ cup Madeira or dry sherry
- 1 can (10¾ ounces) condensed golden mushroom soup

Remove fat and heavy veins from kidneys. Cut into ½- to ¾-inch cubes. Melt 3 tablespoons butter or margarine in large skillet over high heat. Add kidneys. Cook 3 to 4 minutes, stirring or tossing occasionally. Remove with slotted spoon. Reserve. Add remaining butter or margarine, mushrooms and shallots or green onions to fat left in skillet. Cook 5 minutes, stirring occasionally. Add wine and soup. Bring to boiling. Return kidneys to sauce. Bring back to boiling. Simmer 1 minute. Makes 6 servings.

continued





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COOKING WITH *Kellogg's*

**MALLOW-CRUNCH TARTS**

In 2-quart saucepan, melt 2 tablespoons regular margarine, or butter, and 20 regular marshmallows (fresh) over low heat, stirring constantly until mixture is smooth and syrupy. Remove from heat. Stir in 2½ cups KELLOGG'S RICE KRISPIES cereal, mixing until well coated.

Portion mixture into 8 buttered 6-ounce custard cups or 3-inch muffin-pan cups. With buttered spatula form into tart shells. Let stand until firm.

Whip 1 cup whipping cream and 2 tablespoons sugar until soft peaks form; fold in well-drained, 10-ounce package thawed frozen raspberries.\* Just before serving, remove tart shells from cups; fill with whipped cream mixture. Garnish with additional fruit.

YIELD: 8 servings

\*Other sweetened fruits, fresh, frozen or canned, may be used in place of raspberries.

**PEANUTTY-CRUNCH PIE**

In bowl, mix ⅓ cup peanut butter and ⅓ cup corn syrup until thoroughly combined. Add 2 cups KELLOGG'S RICE KRISPIES cereal; mix until well coated. Press mixture evenly and firmly around sides and in bottom of buttered 9-inch pie pan. Chill until firm.

Spread 1 quart slightly softened vanilla ice cream evenly in pie shell. Freeze until firm. Cut into wedges to serve; top with peach slices or other fresh fruit.

YIELD: 8 servings

**TEENY-POPPER PARFAITS**

1 cup KELLOGG'S RICE KRISPIES cereal, 1 pint French vanilla ice cream, slightly softened.

Starting with Rice Krispies, alternate layers of Rice Krispies and ice cream in parfait glasses. Top each parfait with sweetened whipped topping and a cherry. Serve immediately.

YIELD: 4 Teeny-Popper Parfaits



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## SKILLET COOKING continued

### BEEF LIVER SAUTÉ CREOLE

- 6 slices baby beef liver (each ¼ inch thick)
- ½ cup milk
- ¼ cup butter or margarine
- 2 cups finely sliced onion (2 large)
- 1 green pepper, seeded and cut in thin strips
- 1 clove of garlic, minced
- 1 can (1 pound) tomatoes
- 1 can (8 ounces) tomato sauce
- 1 teaspoon salt
- ¼ teaspoon pepper
- ½ teaspoon leaf oregano, crumbled
- Salt
- Pepper
- Flour
- 2 tablespoons chopped parsley

Place liver slices in bowl. Add milk. Let stand about 30 minutes. Melt 2 tablespoons butter or margarine in skillet over medium heat. Add onion and green pepper. Cook 3 to 4 minutes, stirring occasionally. Add garlic. Cook 1 minute. Add tomatoes, tomato sauce, 1 teaspoon salt, ¼ teaspoon pepper and oregano. Simmer 10 to 15 minutes. Remove liver from milk. Wipe dry with paper towels. Sprinkle with salt and pepper. Dredge liver slices lightly in flour. Melt remaining butter or margarine in second large skillet over high heat. Add liver slices. Cook about 2 minutes on each side. Arrange liver in serving dish. Pour hot sauce over liver. Sprinkle with parsley. Makes 6 servings.

## KITCHEN QUESTION BOX

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Mrs. G. Rot  
Salina, K

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### EASY SILVER CLEANING

*I love my silver pieces, but using those paste cleaners is such a mess! Is there anything simpler?*

Alice  
Clifton, I

Yes. Check out the new silver cleaner that comes as a glove impregnated with dry polish. It's made by W. J. Hagerty & Sons, Inc., of South Bend, Ind., and you can find it in most housewares departments or hardware stores.

### SPOILED SAUCEPAN

*What caused the inside of my good aluminum saucepan to discolor when I boiled eggs in it? Can I get rid of this discoloration?*

Mrs. J. C. Nicol  
Orangeburg, N

Boiling any foods—even water—that have a high alkaline content can cause discoloration. To remove, boil a solution of 1 to 2 tablespoons cream of tartar and 1 quart water in your pan for about 10 minutes. Rinse and dry.

### IRONING SNAGS

*I snagged a new polyester blouse while ironing it, although I thought I was being careful. What do you suppose happened?*

Mrs. D. R.  
Dallas, Te

Rough scratches on your iron's aluminum soleplate (caused by ironing over hooks and snaps) can snag sheer or loosely woven fabrics. Smooth the scratches with fine sandpaper.

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# Limited Edition Collector Plates:

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Well-known fact that some limited collector's plates are great investments but you have to know which ones to buy. We suggested the purchase of the 1969 B & G Mother's Day Plate at \$9.00 and today, it is worth up to \$250.00. We also sold the 1970 Haviland Christmas Plate at \$25.00 which sells for \$125.00 and the Goebel Hummel 1971 annual plate for \$25.00 and now brings up to \$100.00. each.

Plate collecting isn't a new hobby, either. Bing & Grondahl mark produced their first dated Christmas Plate in 1895 and have produced one every year since. The 1895 B & G Christmas Plate, by the way, sold for 50¢ and is currently worth \$2700. We are proud to be one of the oldest and largest companies specializing in limited edition items, and our subscribers receive a monthly newsletter describing all the fine quality collectibles available. More and more Americans are starting plate collecting not only because they make great wall decorations but because they are good investments and future antiques.

**Special Bonus:** As an incentive for you to buy a collector's plate from Joy's this month, we want to offer the following bonus: if you order any item from this ad, you may also order one Bing & Grondahl Mother's Day Plate at only \$3.95. This famous original B & G "Pussycat" plate that sells for \$20 and they are hard to find. We're offering this rare plate to you at less than wholesale because we want you to see beautiful limited edition items. Offer good for 30 days and subject to previous sale, so please order today.

**Extra Special Bonus: ABSOLUTELY FREE** one-year subscription to our renowned Joy's letter showing pictures of quality items available and lots of pertinent information about the hobby. Joy's also covers all postage, handling and shipping charges for any order. If you'd like to try a sample letter, please send 25¢ and we will send you one immediately.

Note our special on the hand-carved, painted, music boxes with Swiss movements. They are 6 inches high and are less than wholesale this month. Limited to one per collector and subject to limited supply.

**Tax-deduction:** We often help good medical research causes through Joy's. This month, if you'd like, you may deduct \$1 from any order you send us if you send it to Scheie Eye Institute, North 39th Street, Philadelphia, Pennsylvania 19104. Dr. Harold Scheie has restored sight to thousands of blind people and you can even deduct this donation from your income tax. Please use coupon and send either check or M.O. and join the growing crowd who are joining in the plate collecting hobby.



1972 Goebel Hummel Annual Plate \$27.50



1973 Goebel Hummel Annual Plate \$32.50



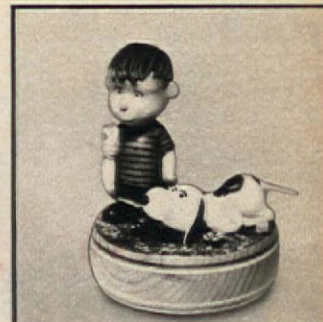
1971 B & G Mothers Day Plate \$20.00 (see special offer)



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## DEAR American Home

"The Guaranteed House," in our May issue, is proving a subject of keen interest to officials and readers alike. Excerpted below is a sampling of the concerned response we have received: I greatly enjoyed reading your proposals with regard to "The Guaranteed House." It strikes me as an exciting concept and a good idea. I hope you will continue to pursue it with vigor.

Hon. William E. Brock III  
U.S. Senate, Tennessee

"The Guaranteed House," as editorially supported and explained in your May issue, is at least a refreshing concept in view of the problems and complaints we have experienced in the home-building industry. It deserves sincere consideration. I anxiously await the report on the feasibility of the program and an opportunity to review its recommendations.

Hon. Garry Brown  
House of Representatives  
3rd Dist., Michigan

I believe that the warranty of new housing against structural defects will protect some home buyers against some risks to which they are now exposed. I suspect that many of our troubles with shoddy materials and inferior workmanship result from unsophisticated housing purchasers.

Anything you can do to stimulate interest in the quality and soundness of housing will be a significant public service.

Roger Starr, Executive Director  
Citizens Housing & Planning Council  
New York, N.Y.

I should like to take this opportunity to commend you on your recent editorial "The Guaranteed House." This is indeed a timely and sorely needed system in this country. Non-quality builders must somehow be made to stand behind their work. I do hope that the current investigation by the NAHB will come up with some plan similar to the British system.

(Mrs.) Dolores S. Keenan  
Tenafly, N.J.

I certainly agree that this is an area which deserves study. It is time we begin anew to stress the quality of housing in America as well as the quantity. Too often, it seems our federal government's efforts in the housing production system have been overweight on the side of quantity. As a result, many of the HUD projects that offered so much help have long since fallen into state of disrepair. I would hope that as part of our overall review of the HUD housing programs, we would include serious consideration of guaranteed housing as a firm policy.

Hon. William Frenzel  
House of Representatives  
3rd Dist., Minnesota

On behalf of new home buyers, I want to commend you for the editorial statesmanship you displayed in your May issue in supporting NAHB's endeavor to develop an insured home warranty program. We appreciate American Home's taking the lead in supporting NAHB's efforts to ensure quality home building for consumers. We will apprise you of progress so that you can continue your responsible coverage of this major voluntary effort by home builders to protect consumers.

George C. Martin, President  
National Association of Home Builders

We know quality builders stand behind the homes they build—it's about time that the non-quality builders be put out of business. I would pay \$100 extra to have my home guaranteed for 10 years.

Mr. Joseph Pasowicz, Jr.  
Corpus Christi, Tex.

Address all letters to the editors  
to Dear American Home, 641  
Lexington Ave., New York, N.Y.  
10022.

Coffee Time...

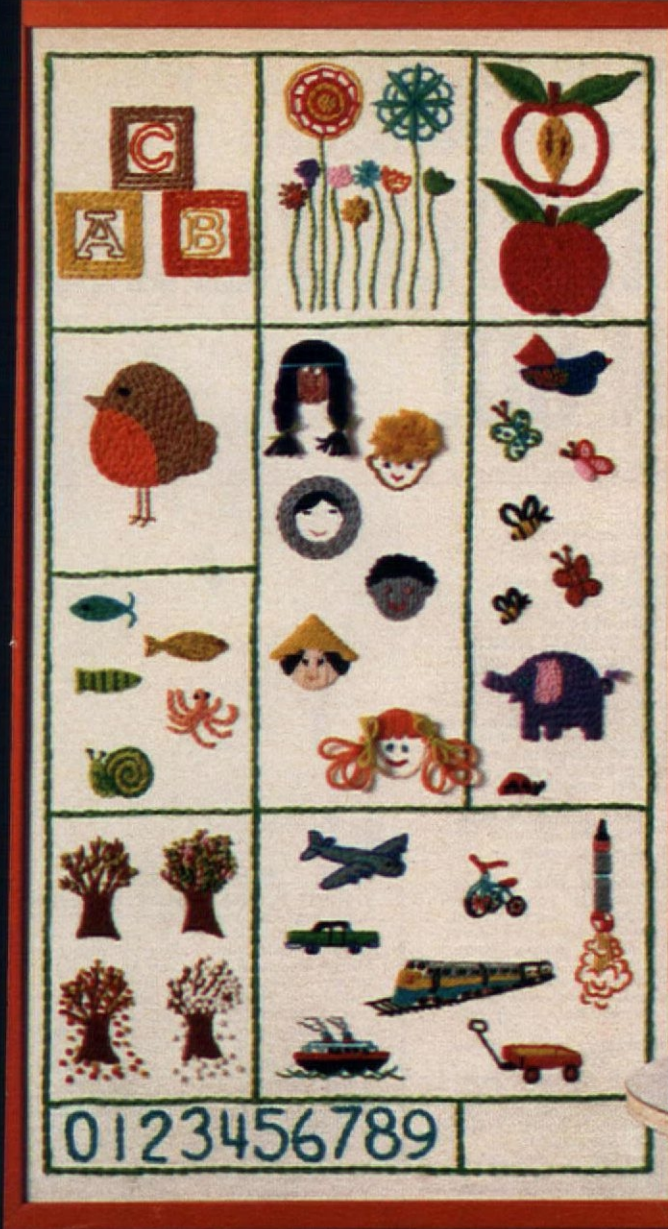
"I'd love  
a little snack  
too."



When you have coffee, when the kids wangle cookies, how about a snack for me too? French's Doggie Do-Nuts, made just for dogs, like tiny bakery-fresh doughnuts—yet crisp and crunchy.

P.S. I also love French's® People Crackers. Regular or Liver-flavored.





# COUNTING CHART AND BIRTH RECORD KITS

We are pleased to be offering this handsome, colorful and most unusual counting chart you see above. It teaches a small child not only to count but to recognize and become familiar with everyday objects, means of transport, animal life, even people. The size is an impressive 18 by 32 inches (without frame). The two birth records (above, right) are as original as they are charming. The busy stork measures 10 by 12 inches, the elephant 9 by 11 (both without frames). All three embroidery designs, by Gail and Jim Emerson, are stamped on homespun. Kits include easy-to-follow instructions, color guide and stitch chart. The bright-colored frames are also available (see coupon).

Embroidered pillow, also on high chair, looks like a giant apple slice. Back is red calico.



Fill out coupon and enclose check or money order. Sorry, we are unable to handle Canadian or foreign orders.

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For other exciting American Home crafts, order catalog #61014 (see coupon).



# Now, medical science has the *power* to say to you: Follow these 3 simple steps, and **BEGIN YOUR "MIDDLE YEARS" AT 70, 80, EVEN 90!**

Announcing—an incredibly simple, medically proven, overwhelmingly documented ANTI-AGING program that is designed to:

give you the lean, glowing look of a youngster past sixty...retain the strength and grace and power of a trained athlete in your body beyond your seventies...and keep you in vibrant good health till ninety or more...even if you feel "rotten" today...even if your mother or father died far too young of diseases that are STILL carried in your bloodstream!

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It is so strong, in fact, that it may actually make you look twenty or more years younger than your parents did at the same age...at the same exact time that it enables you to live thirty or forty years longer than they did!

We realize, of course, that these facts may seem virtually impossible to you at this moment...until you are shown the new medical techniques by which these goals are attained! They are:

1. The most powerful "age-reversing mechanism" known to man...which takes exactly six minutes per day...may be done by any man or woman, no matter how poor their health today...and which is bluntly recognized by one of the leading physicians in this book to give far better "youthifying" results—far faster—than even "cell therapy" treatments costing hundreds of dollars!

2. A direct attack on the stored-up emotional poisons in your body that eat away strength and youth like internal acid, and replace them with never-flagging fatigue! This incredibly simple technique drains out those poisons, and that deadly fatigue, in approximately ten of the most revivifying minutes you have ever spent!

And, finally—

3. A new way to lose weight—not a diet—designed to change your present suicidal eating habits in exactly 48 hours! And, to break at last the vicious fat-multiplying cycle inside your body, that causes you to put on more weight, from less food, than your thin friends.

**Let Us Repeat Again: These Medical Techniques Are So Powerful That They Actually REVERSE THE AGING PROCESS— WITHOUT DRUGS!**

They cause you, quite simply, to grow stronger and not weaker, as you grow older; And here is the medical documentation to prove it:

In tests conducted at a leading University and Medical School in Southern California, it was discovered that life-prolongation, accomplished this way, not only added decades to potential human life spans, but—even more important—also produced vastly increased vitality and vigor, as well as startlingly heightened resistance to dread "senile decline!" (Reported on page 129 of this thrilling new book.)

As a result of scientific observations and experiments conducted in several different locations in the United States (as well as in Europe and Soviet Russia), it was definitely established that these techniques will enable almost any individual to live beyond 90...and even beyond 100 healthy, productive, thoroughly enjoyable years—even if he or she had tragically short-lived parents or grandparents! In other words, disastrous heredity can now be overcome! (See page 36.)

At a leading Gerontology Research Center on the Pacific Coast, its' president bluntly stated that a single one of the techniques given to you here had (in essence): "...reversed the aging process and over a period of time restored the characteristics of youth to the bodies of middle-aged men!" (See Page 129.)

And one of his colleagues, discussing the same simple procedure, went so far as to state that it: "...relieves joint stiffness, lowers the blood pressure, and reduces the amount of fat in the body tissues. It acts like a miracle drug, and it's free

for the doing!" (Italics ours—see page 130.)

**But All This Research Documentation Is Only The PROLOGUE To The Real Meat Of This Revolutionary New Book! FOR NOW THE YOUTH-RESTORING PRINCIPLES LEARNED ALL OVER THE WORLD ARE PUT TO WORK—INSTANTLY—FOR YOU!**

How to lose weight without counting calories —by harnessing the same exact forces which made you overweight in the first place! (It is not unusual, with these methods, to lose 15 and more pounds the first week—up to 10 pounds the second week—and a good hundred pounds or more, in as little as 15 weeks. And the weight stays off—for decades!)

How to add 10...20...perhaps even 30 glowing years to your life, simply by avoiding the everyday "Life-Traps" that make you grow old too fast!

How a careful examination of your eye can tell you, with unerring accuracy, if you've eaten the wrong foods that night for dinner...and therefore have to give them up for a few days till your body's digestive powers restore themselves to the correct balance!

Little-known-stress-on-the-heart Number 1... that kills unwary thousands every year...and can be prevented simply by reading a single sentence on page 70!

When you must eat...and eat...and eat if you really want to lose weight!

"Hungry enzymes" that now infest your body! They are the real reason all past attempts to peel off ugly fat have been such torture for you! And you can "command" your body to destroy them—for good—as simply as this! (See page 82.)

Why most people's muscles simply "melt away" as they grow older! (No wonder "old age" to them means ever-growing weakness!) And how you can stop that muscle-melting process overnight...and replace it with vibrant new strength!

**And More! And More! And More! Like This—**

What really causes vigor to drain out of the "aging" body! A simple fluid that if the body gives up too much of, it then dies of old age! And how you can "pump that vital cell-nourishing fluid" right back into your body...actually increase your body capacity to utilize by as much as 133%...in just a few minutes every day!

How to exercise your heart! Anyone—no matter what age—can do it! And prevent the greatest tragedy of all—premature heart attack!

World's easiest exercise program—for men and women who are pitifully out of shape!

How to avoid the man-made diseases! And save your body, and your nerves, at exactly the same time!

What your sleep, or lack of it, is really telling you! And how to ease yourself into a good night's rest again!

What your fingers tell you that can save your life! Listen to them...obey their command...and you may be able to out-run your own youngster!

If your blood pressure is soaring, you must do this, right now!

World's most effective weapon against demolished nerves! Gets you back to loving life, instead of hating it, in just about ten minutes!

No more nervous breakdowns! And no more un-necessary heart attacks (or strokes!) The

## SPECIAL ADDED BONUS SECTION

How to survive a heart attack! Why so many heart attacks are the "silent" type, that kill without the victim even being aware he has been seriously ill before! The one warning signal you simply CAN'T ignore! Why HALF of all heart attack victims KILL THEMSELVES because they don't know what to do!



### About the Author

**JOSEF P. HRACHOVEC, M.D., D.Sc.** holds medical degrees from noted European Universities. He is currently Professor of Molecular Biology of Aging and also a Research Associate at the Gerontology Center of the University of So. California. For the past seven years, he was a Researcher in Biochemistry and Public Health Nutrition at the University of California School of Public Health.

He held previous research posts at New York University School of Medicine, Columbia University College of Physicians and Surgeons, and the Sorbonne University, Paris. Widely published in medical and scholarly journals on gerontology, Dr. Hrachovec is a fellow of the Gerontological Society, a member of the New York Academy of Sciences, the American Physiological Society, the American Public Health Association, the Association for the Advancement of Science, and is currently Advisor to the Association for Advancement of Aging Research.

technique shown to you on page 197 may banish them from your life—for good!

How to add ten years to your life, by avoiding one little fatal mistake—at night! Before you go to sleep!

How to laugh at old age—at least till you're ninety! A simple program so effective that it may actually cause strangers to think that you are your best friends' grown children! Yours to prove for 30 days, entirely at OUR risk!

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### MODERN ART AT UNDER \$20

Continued from page 48

Painters, Inc., 150 East 58th St., N.Y., N.Y. 10022; white enamel spray paint; contact cement; 2 screw eyes; picture hanger; 100-pound picture hanger. (Cost: under \$20.)

**Procedure:** Arrange your design of painted blocks; arrangement should extend past plywood slightly. Attach each block to plywood by applying contact cement to both surfaces. Let dry. Apply thin coats spray paint; dry between coats. Hang as in "Toy-Block Relief."

### MIRRORED SQUARES

**Materials:** 2 plain, mirrored-square place mats 9¾ by 15½ inches; 1-inch-wide masking tape; all-purpose white glue; 13¾-by-17½-inch piece of ¾-inch plywood; Magic Marker "Spray Mark" in your color choices; clear acrylic spray paint; mat knife; wax paper. (Cost: under \$20.)

**Procedure:** On 1 long side of 1 place mat, cut off each corner square with mat knife; repeat with second place mat. Position both place mats on plywood, cutting uncut long edges at center. This leaves one row of overhanging mirrored squares all around. Apply a thin coat of glue to half of plywood surface and secure one place mat. Let dry. Repeat for second place mat. Apply glue to plywood edges and press down overhanging squares to cover. Let dry.

To paint, work out a color design. Put masking tape over the mirrored squares you want to leave unpainted. While spraying on 1 color, protect with large squares of wax paper the areas you plan to spray with another color. When paint is dry, remove tape. Apply 2 light coats of acrylic spray to seal. Hang.

### BUBBLE-GUM BOX

**Materials:** 8-by-10-by-1-inch plastic box frame; about 160 bubble-gum balls of ¾-inch diameter; transparent tape. (Cost: about \$7.)

**Procedure:** Arrange gum balls in plastic frame front. Slip in cardboard back to hold them firm; seal with tape.

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Please send items checked. I understand if not delighted, I may return any item for a complete refund. Enclosed check or m.o. for \$\_\_\_\_\_

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Large 9x12" heavy art paper pads of 25 sheets (#11488) @ \$1. per pad or 3 pads for \$2. ppd.

SAVE \$1. Enclose only \$7.96 for 2 Acrylic Color Sets and we pay postage. Extra set makes wonderful gift.

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### Extra Quick-Drying Paints That Have All the Brilliance and Beauty of Oils—With All the Ease of Water Colors!



A huge assortment of acrylics, 20 tubes, including 18 different colors. These modern resin-based paints have revolutionized the art world. They make painting easier, enable you to create landscapes, portraits, still lifes and sea scapes with quick drying bold, rich colors that have all the richness of oil paints. But acrylics are water soluble so they have all the ease of working with water color.

Experienced painters have acclaimed this remarkable new discovery. If Rembrandt, Van Gogh, Goya and other giants

of the art world were alive today they would surely paint with acrylics!

You can paint on paper, canvas, board, cloth, anything and with a brush or knife or even your fingers. Set includes 2 tubes of "medium" for mixing and setting.

**OFFER WILL NOT BE REPEATED THIS SEASON**

Supplies are limited and orders will be filled first come, first served so we urge you to order right now to avoid disappointment. Offer will not be repeated this season.





TAICHUNG, FORMOSA—Two-year-old Su Ying, her parents dead, waits for her brother who will never return.

### "Please take care of my sister..."

Little Su Ying was abandoned in the alley behind our Babies' Home in Formosa. She was frightened, cold and hungry.

But as you can see in the picture, someone had tried to make her look pretty. Her hair was combed and her dress, even though torn, was clean.

In her hand she clutched a note written by her brother:

"Please take care of my sister. Our parents are dead for many weeks. I am twelve and can no longer find food for this small sister. To my ears came news of your House, so I bring Su Ying to you."

Will you help us give Su Ying—and youngsters equally as needy—a chance to grow up in an atmosphere of love?

For only \$12 a month you can sponsor such a child and receive his or her photograph, personal history, and the opportunity to write letters.

Your child will know who you are and will answer your letters. Correspondence is translated at our overseas offices.

(And if you want your child to have a special gift—a pair of shoes, a warm jacket, a fuzzy bear—you can send your check to our office, and the entire amount will be forwarded, along with your instructions.)

Since 1938, thousands of American sponsors have found this to be an intimate, person-to-person way of sharing their blessings with youngsters around the world.

And your help is desperately needed. Overseas, our staff reports boys and girls still search garbage dumps for food . . . babies abandoned in the streets . . . blind children locked in cellars . . .

Little Su Ying and children like her need your love. Won't you help? Today? Thank you.

Sponsors urgently needed this month for children in: India, Brazil, Taiwan (Formosa), Mexico and Philippines. (Or let us select a child for you from our emergency list.)

Write today: Verent J. Mills

**CHRISTIAN CHILDREN'S FUND, Inc.** Box 26511 Richmond, Va. 23261

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Please send me more information.

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"If"

Kipling's inspired poem is a precious and ever-timely reminder. "If you can keep your head when all about you are losing theirs" climaxes with "you'll be a man, my son!" In gold on wood plaque. 8x 11". \$2.98 plus 35¢ hdlg. Cadlyn's, AHE-8, 2077 New York Ave., Huntington Sta., NY 11746.



### Golfers' Range Finder

Great woods but shy on the short game? Finder gives exact yardage from ball to hole! No more, "Uh, how far to the green?" Look thru; line up; read scale. Pick your club and hit! 2 oz. \$6.95 plus 50¢ hdlg. Catalog, 25¢. House of Minnel, 183E Deerpath, Batavia, IL 60510.



### Bates beauty

Early 19th century trapunto design delightfully dominates this lovely Bates heirloom coverlet edged with pretty puffs of giant ball fringe. Antique or white. Single, \$40. Double, \$40. Add \$1.50 hdlg. Country Curta, AHS, Stockbridge, MA 01262.



### Women's Cavalier pant boot

"Glove" your feet in a beauty boot of genuine glove leather. Smooth, no-seam vamp; strap adjusts. 1-in. heel. Ribbed sole. Red, navy, black, brown, white. Sizes 5-10 M. \$15 plus 80¢ hdlg. Old Pueblo Traders, 600-ABC-S. Country Club Road, Tucson, AZ 85716.



### It's copper!

Yes, this pretty lacy bracelet is solid copper. Delightfully delicate feminine and flexible to circle a pretty wrist! 3/4" wide. Magic curlicues? Who knows, but it sure is what the fashion-doctor ordered! \$1.98; 2 for \$3.50. Ferry House, AHS, Briarcliff Manor, NY 10510.



### Birth date tree twinkles

Festive tree twinkles turn into a family tradition! "Merry Christmas" bells are engraved with child's name and year of birth. 3". Gold- or silver-plated. \$1 each. Order 12 or more, 79¢ each. Add 25¢ for hdlg. Lillian Vernon, Dept. A81, 510 So. Fulton Ave., Mt. Vernon, NY 10550.



### Red 'n green time ahead

Bright Christmas labels "trim" your holiday mail in festive colors. Saves writing your return address. Message up to 4 lines in red on 1 1/2" gummed paper; tree is green. Pretty for parcels, too! 500 in plastic box, \$2. Via air, \$2.33. Boling, AHS, Boulder, CO 80302.



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I want to make extra money. Please rush me immediately your Christmas Greeting Card box assortments on approval for 30-day free trial plus FREE 80-page Full-Color Catalog of money-making Gifts and Cards, and everything I need to start making money the day my sales kit arrives. Sales kit may be returned without cost or obligation.

Check Here

I would also like to continue to receive additional FREE money-making catalogs, literature, special offers PLUS Seasonal Samples on approval. I understand samples may be returned without cost or obligation.

**Fill in your name and address below—No stamp necessary**

Mr.  Mrs.  Miss \_\_\_\_\_ Please Print \_\_\_\_\_ APT. NO. \_\_\_\_\_

Address \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

City \_\_\_\_\_

If writing for an organization, give its name here \_\_\_\_\_

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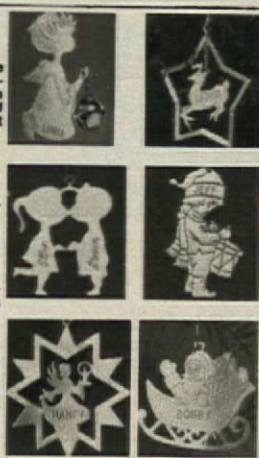
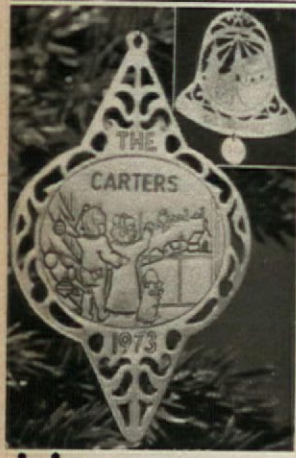
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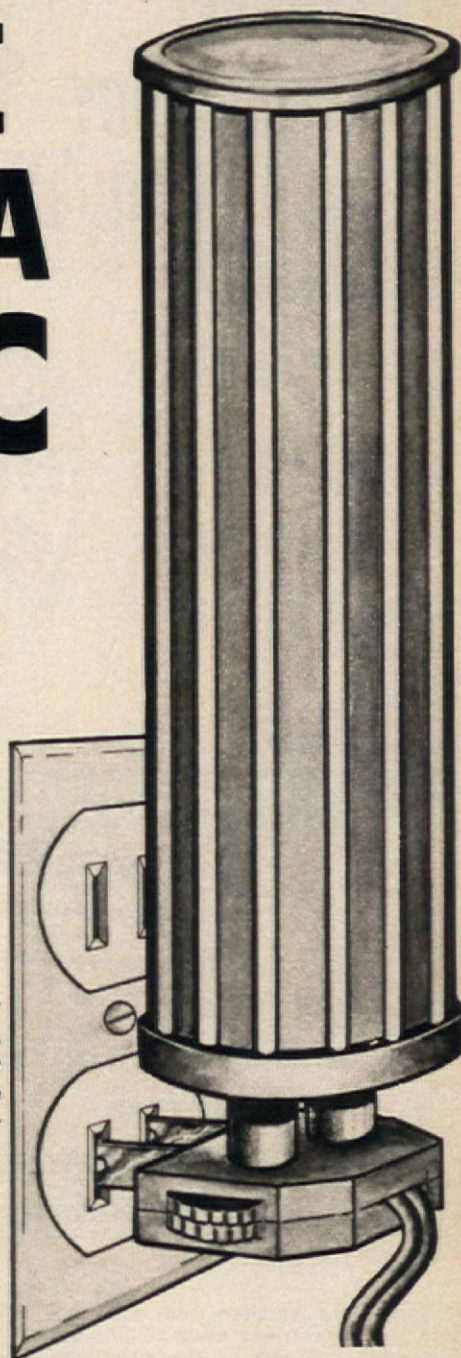
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✓ CHECK THESE SUPER FEATURES:

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**198**  
PLUS POST.



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and thrilled to see the sensational difference. Gone are the TV jitters . . . the annoying snow and dull, muddy color so often caused by old, malfunctioning antennas. Suddenly the pictures are clearer and sharper, free of flutter and fade-out. Even black and white reception is clearer, stronger! Color takes on more brilliance and life. It's almost as though you had purchased a new TV.

#### PROVE IT YOURSELF IN FREE HOME TRIAL

Rush coupon today for a home trial of this simple, ingenious invention! See for yourself how it puts your entire electrical system to work for you. And no more funny looking rabbit ears! No more outdoor TV antennas so difficult and risky to maintain! You must be thrilled and satisfied with the new reception—even under difficult conditions. Otherwise return it and get your money back—no questions asked. Get one for each TV and radio in your home at our low, low price of 1.98. Address:

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Imagine hundreds of scintillating fiber tips producing a breathtaking vision of soft reds, white and blues. NOW...darken the room... little...and behold a banquet for the eye as the wispy wands dance inside the lucid sphere of crystal and smoke. Amazing light transmitting fibers actually bend light rays to illuminate only the fiber ends. You've seen expensive versions of this type lamp all over now at special purchase prices it's low enough for everyone to enjoy a thrilling light show. Operates on 2 "C" batteries (not inc.). A full half-foot tall, 5" wide.

**LIMITED SUPPLY—OFFER CANNOT POSSIBLY BE REPEATED THIS SEASON!** Frankly we expect our supply to go really fast and we urge you to order now. Orders for this lamp will be filled on a first come, first served basis and offer won't be repeated this season.

**MAIL 10 DAY NO RISK COUPON TODAY!**

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# NEW! 15 Minute Beauty Renewal Plan

Unique 3-Way Facial Rejuvenating Beauty System Guarantees remarkable results with one "15" Minute Treatment. You must see and feel results within 15 Minutes—your Chinline and Neckline will firm and shape, Facial Tissue and Muscles will come alive—prematurely dry skin will be re-hydrated...or the Beauty Renewal Plan costs you nothing—  
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10 YEARS AGO: "I felt my beauty was at its peak, and that I would not retain my youthfulness for long."

1972  
TODAY: "I must keep my facial beauty for my work, and I have. The '15-Minute Beauty Renewal Plan helps."

## "I look younger than 10 years ago!"

...says Elly May of the famed "Beverly Hillbillies" TV show.

"I saw results instantly. The 15-Minute Beauty Renewal Plan helped."

And here's how you can test FREE—and see for yourself within "15 MINUTES" how our "BEAUTY RENEWAL PLAN" can preserve your natural beauty of face and skin—as well as help roll back your years to new facial beauty!

oils and moisturizers, all whipped to sheer weightlessness. Its job: to instantly sweep away tiny skin imperfections and work tirelessly to help clean up dull, pebbly and dehydrated aging skin.

2) **NATURAL Facial Shaper/Relaxer**—The instant you wear it—you'll feel a face lift. It eases your face into a natural state of smoothness and relaxation, relieving stress and tension, relaxing frown lines and forehead wrinkles. Automatically teaches you to hold head high, realigning your neck and chinline to help avoid further sagging and wrinkling which lead to facial disaster. It's featherlight, a joy to wear, feels and acts like a "second skin"—for a lifetime of serene and radiant loveliness.

3) **NATURAL "15-Minute" Facial Rejuvenation Booklet**—A scientifically documented, fully copyrighted booklet of original home beauty renewal tips, techniques and procedures. Special massage brings new color to your face... Simple exercises firm, uplift and reshape facial, neck, chinline and throatline muscles... Your key to totally "Renewed Facial Beauty!"

### "15" MINUTES—COMPLETES THE PLEASANT TREATMENT! YOU ENJOY 24-HOUR-A-DAY BENEFITS

That's all it takes... 15 minutes, you're done! Your face is moisturized, tissues firmed, skin moisturized, tension and stress lines relaxed—your natural beauty starts returning. And this pleasant pampering treatment activity works its magic twenty-four hours a day.

### OUR GUARANTEE TO YOU!

One "15" Minute Treatment... whether you're 20 or 80—you must see and feel these positive results—**Or Money Back!**

- Sagging chinline and neckline starts firming
- Skin creases, dry skin lines, blemishes, start disappearing
- Damage due to air, sun and cosmetic pollution repaired
- Stress, tension leaves your face
- Frownline, forehead wrinkles relax
- Chinline and neckline are realigned, avoiding further sagging and wrinkling of facial tissue

### SOUNDS TOO GOOD TO BE TRUE?

IT IS TRUE! Discover Today at Our Expense, What Our "15" Minute Beauty Renewal Plan Can Do For You In The Privacy Of Your Own Home. A regular \$19.98 value, for a limited time only, the entire 3-Way Plan is yours for just \$9.98 with this coupon.

**RESULTS GUARANTEED!  
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## "15-Minute" Beauty Renewal Plan

P.O. Box 3725, Beverly Hills, Ca. 90212

I hate to admit it but MY FACE NEEDS A RENEWAL! I'm going to do something about it! Please send me your totally new home care program as described in this ad at your introductory price of just \$9.95, plus \$1.00 for shipping and handling. I understand if I'm not 100% pleased with my first "15-Minute" treatment, I can return the total plan the same day for a full cash refund.

I enclose \$9.95 plus \$1.00 for handling and shipping.  SAVE nearly \$2.00! Order TWO Plans (one for you and one for your best friend!) for just \$17.98, plus \$1.00 for shipping and handling. (No C.O.D.'S please!)

Enclosed is  check  money order for \$ \_\_\_\_\_ total. (California residents add 5% sales tax)

PRINT NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Canadian residents ONLY: Send orders to "15-Minute" Beauty Renewal Plan, 2875 Bates Road, Montreal, P.Q.

### WHAT WILL YOUR PLAN DO FOR MY FACE?

Just what the name says: **Renew** it! In 15 minutes you'll see proof that your sagging chinline and neckline start firming up. See tension, strain, "frown-lines" and "laugh lines" start disappearing from your face. You'll marvel at how fine lines, creases, blemishes, begin improving. You'll witness your facial roughness, flaking, and sun and wind damage disappear, and your face becoming satiny soft as a new born baby, as though by some miracle of youth.

### HOW DOES THE PLAN WORK?

It works by giving your face the **trio of treatments** that it so desperately needs (one without the other will not do to maintain and help renew facial beauty).

1. **NATURAL Moisturization** from our Natural "Skin Food" Creme.
2. **NATURAL Facial Shaper**, helping

you to relax your face and realign your neckline, chinline and total face.

3. **NATURAL Exercise** for firming facial and chinline tissue. The Key Word is "NATURAL" because there isn't one element of the "15-Minute" Beauty Home Renewal Plan that's not 100% Natural. All these 3 Beauty Aids working together are in harmony with Mother Nature and her Natural way of helping create facial beauty.

### THESE ARE THE NATURAL ELEMENTS OF OUR PLAN THAT HELP PRESERVE AND RESTORE YOUR FACIAL BEAUTY

1) **NATURAL Avocado Complexion Renewal Creme**—The richest skin moisturizer ever created, then made RICHER with Vitamin E, Vitamin A, Aloe Vera Gel, plus Amino Acids for skin penetration and much, much more. The base is a custom formulation of avocado, wheat germ and other natural





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Shade is 10" dia. x 9". Painted in white, yellow, green, pink, orange, blue or black add \$2.00. Use up to 100 watt bulb.  
 VISIT OUR WAREHOUSE SHOWROOM  
**FRAN'S BASKET HOUSE** Dept. A88  
 83 W. Main St., Rockaway, N.J. 07866

**To Other Women Hard-to-Shoe Sizes**

Marcia Hill I wear size 11 I know what it means to find shoes that fit. Before I met my husband who is President of Hill Brothers, trouble finding my correct size shoes carried shoes to fit me and I found them I paid more than my fair share. Hill Brothers treats us all the same. My shoe size needs gave my shoe man a turning husband an idea for a mail shoe company, now the world's largest specialist in sizes 2 to 14, widths to EEE.

**FREE SUBSCRIPTION**  
 One year subscription (four big issues) our catalog of the latest shoe fashions Fall issue now ready, showing 1 color the 185 brand new fall fashions can buy in Hard-to-Get sizes. Price \$14.99 to \$19.99 with no extra charge for large sizes. Money refunded satisfied.

**HILL BROTHERS** Dept. 322  
 241 Crescent Street, Waltham, Mass.



# "I lost 6½ inches off my waistline, 4½ inches off my hipline, 23 pounds... and shaped up...in just 21 days!"

One 5-minute exercise, twice daily, lying on my back without giving up the foods I love.... **DID IT!**



Before  
DEC. 7

Joanne before starting our "5" Minute Body Shaper.  
December 7: Weight 167, Waist 33½, Hips 44.



After  
DEC. 28  
21 DAYS

As she looked after 21 days.  
December 28: Weight 144, Waist 27, Hips 39½.



AFTER  
35 DAYS  
LOST  
Weight ... 33 lbs.  
Waist ... 7½ in.  
Hips ... 6 in.

A proud Joanne, slimmed, shaped up after 35 days.  
January 11: Weight 134, Waist 26, Hips 38.

## SEE AND FEEL RESULTS IN JUST THREE DAYS

### What Is This Ingenious Plan?

The Weider "5 Minute Body Shaper" plan is based on doing ONE CONTINUOUS RHYTHMIC CO-ORDINATED EXERCISE while still eating the foods you like. **That's all you do!** This one five-minute exercise is designed to attack the Waistline and Hipline (where fat accumulates quickest, giving your body a flabby, weak and distorted look) — as well as burn off excess body fat fast by speeding up your metabolism, burning up stored calories and releasing excess water — while reshaping your bustline, hipline, firming up your legs and arms — YOUR TOTAL FIGURE!

It's safer than strenuous gym workouts, beats the time consumption and dangers of gym workouts ... or any other vigorous sport.

The unit weighs about 16 oz. and fits any wallet-size case. You can carry it and use it wherever there's floor space — anytime. Even while watching television.

### What Comes Off In 14 Days?

Individual results vary, but during an average 14 day period, you can expect to lose up to four inches from your waistline and up to ten pounds off your present weight. It strengthens your heart and lungs, increases stamina and endurance, improves your digestive function and general health. **IT TOUGHENS YOU UP.** For a "5-Minute Exerciser" — it sure does a lot!

### What The Experts Say:

Medical Doctors, Chiropractors, Osteopaths, Athletic Coaches ... agree it's the most successful Waistline-Weight Reducer and Shaping Up Plan ever invented!

"Doctors have always known, exercise done while lying on the back virtually eliminates strains while slimming and reshaping the body. Yours is the finest Body Shaper Program on the market."

— RICHARD TYLER, D.C. North Hollywood, Calif.

"Beats jogging and working out in gyms — and much safer. I lost 4½ inches off my waist in 14 days." — JIM HANLEY, famous athletic coach

"Miraculous! Weighs less than a pound, is simple to use and beats working out in a gym with 30 different exercisers."

— TOM MINOCHELLO, famous gym owner  
Patent Pending. © Copyright Joe Weider, 1973

"Based on sound physiological & medical knowledge, it burns fat and shapes the body without strain to the heart or other organs. I lost 12 pounds of excess weight using it."

— DR. ANITA D. SANTANGELO, Chiropractic Orthopedics, West Los Angeles, Calif.

### What Satisfied Customers Say:

Results vary depending on how much overweight each of our students is. Nevertheless, this is a sampling from the impressive letters we receive.

Janette Coupar: "I lost five inches off my waistline in seven days." Eve Harden: "I lost three inches off my waistline in 12 days." Sandy Dixon: "I lost five inches off my waistline in seven days." Mildred Schmidt: "I lost four inches off my waistline in ten days."

### Exposing Effortless Exercisers

Reader's Digest (September, 1971), New York Times and Good Housekeeping, among others, exposed sauna wraps, inflated belts, weighted belts and effortless exercisers as frauds. Scientific researchers, medical and fitness experts all agree ... there is only one way to firm, shape and trim up your body ... **you must work the inches off!**

DISCOVER A NEW  
JOY IN YOUR BODY  
GIVE IT SEX APPEAL!

# '5' MINUTE BODY SHAPER

We Care About The Shape  
You're In — Don't You?

### NO GIMMICKS, NO CATCHES Money Back Guarantee Offer

Because this isn't a "gimmick" plan — and you have been fooled in the past by "effortless exercisers" — I make you this UNCONDITIONAL GUARANTEE: "GET IT OFF FAST" — and see measurable and firming results in three days or return the exerciser for a full 100% refund!

Proven results are already verified. The guarantee is in writing. Now, can you think of a reason for not ordering your "5-Minute Total Body Shaper"?

### Free Trial Offer!

See your exciting new body begin to take shape in 3 days or return lightweight Body Shaper (small enough to fit into pouch shown) for a full 100% refund!

Weight Just  
16 oz.



COMPLETE KIT ONLY \$9.95

BE MORE OF A WOMAN  
IN JUST 3 DAYS

Joseph Weider Dept. CC/H  
"5" MINUTE BODY SHAPER PLAN  
21100 ERWIN STREET  
WOODLAND HILLS, CA. 91364

I love being a woman and want to show it! Prove it to me at your expense that in just 3 days I can feel glorious all over, and start seeing my figure-shaping up. Rush me the "5" Minute Total Body Shaper and Slimming Course that does it — in plain wrapper!

I enclose \$9.95 for the above, plus \$1.00 for shipping and handling.  SAVE! Order TWO for only \$17.95 plus \$1.00 for shipping and handling. (No. C.O.D.'s please) Enclosed is  check or  money order for \$..... California residents add 5% sales tax

NAME .....  
ADDRESS .....  
CITY .....  
STATE ..... ZIP .....

IN CANADA: "5" Minute Body Shaper Plan, 2875 Bates Road, Montreal, Quebec





## SEND ME—FREE

- The 196-page Gift Catalog with thousands of new, unusual Gifts, Gadgets and Toys under \$5 available August 25.
- The 40-page Miles Kimball special Catalog of unique new Christmas card ideas . . . available now.

Mail this coupon to:  
Miles Kimball, 74 Bond St.,  
Oshkosh, Wisconsin 54901

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
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### VICTORIAN SLIDE NECKLACE

only  
\$6.90

Beautiful reproduction of an heirloom piece. Link chain has genuine cameo slide. Remove spinning fob and wear Grandpa's old watch on chain. Antique finish gold plate. 28" long.

**\$6.90**  
plus 40¢  
postage

Satisf. guaranteed

### OLD PUEBLO TRADERS

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Rd., Tucson, Arizona 85716

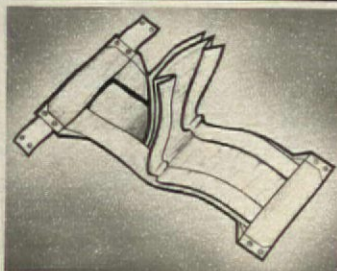


**1000 RETURN ADDRESS LABELS \$1**  
Quick, easy way to put your name and return address on letters, books, records, etc. ANY name, address and zip code up to 4 lines beautifully printed in black on crisp white gummed labels. Rich gold trim. 2" long. Just \$1 ppd. Money back if not pleased. Free decorative box for purse or desk. Order from WALTER DRAKE, 3048 Drake Bldg., Colorado Springs, Colorado 80940.

An Attorney tells:

### HOW TO PLAN YOUR OWN WILL.

Why delay? Receive 4 WILL FORMS plus a 64-page book "What Everyone Should Know About Wills," written by a prominent attorney. FREE—Personal Assets Record, Duties of Executor and Valuable Papers Folder. Complete kit \$2.00, 2 for \$3.75. Add 25¢ for postage and handling. HANLEY'S, Dept. A-108, P. O. Box 554, 22502 Orchard Lake Road, Farmington, Michigan 48024.



### Play it safe

"Ever-Safe" is for embarrassing "lack of control." Go anywhere, and be assured of protection. Soft vinyl. Order by waist size. With washable liners, \$6.95. Extra liners, \$2.95. 50 disposable liners, \$6.95. Ralco, Dept. 147, 1534 E. Edinger, Santa Ana, CA 92705.



### PRETTY TOSS-ON BOLERO

A lovely cardigan of washable orlon acrylic with a hand-crocheted look. Light in weight, yet comfortably warm on chilly evenings. Has pretty shell stitch; scalloped ribbed trim; easy shoulder; ¾ sleeve. Your choice of white, black, beige, pink or light blue. Sizes 32 to 46. \$5.99 plus 50¢ postage  
FERRY HOUSE, Dept. H-8, Briarcliff Manor, N.Y. 10510

# WIN A ZIG-ZAG SEWING MACHINE



**1st PRIZE**  
\$189.95 COMPARABLE VALUE DRESSMAKER  
ZIG-ZAG SEWING MACHINES

**2nd PRIZES**  
(15) PAIRS ELECTRIC SCISSORS

### SIMPLY UNSCRAMBLE WORDS AND MAIL NOW

#### CONTEST RULES

1. Any resident of the United States may enter except employees and suppliers of CITY SEWING MACHINE CO., Marysville, Ks., and their immediate families. Void where prohibited or restricted by Federal, state or local laws.
2. Simply unscramble the words below. All entries become the property of CITY SEWING MACHINE CO., Marysville, Kansas.
3. Hurry, mail the entry form or a reasonable facsimile today! Winners of the Sewing Machine and Electric Scissors will be selected by drawing from among all correct entries.

4. All prize winners will be notified by mail; entering this contest will be issued a coupon by which they can purchase a New Deluxe Made Dressmaker Zig Zag Sewing Machine comparable value for \$179.95.
5. Only one entry permitted from each contestant.
6. Decision of the judges is final.
7. No representative will call or come to you.
8. Entries must be postmarked no later than 1973 to be eligible for drawing to be held 1973 at City Sewing Machine Co., 818 Broadway, Kansas City, Mo.

### IT'S EASY—IT'S FUN! NO PURCHASE REQUIRED!

Mail Entry to CITY SEWING MACHINE CO., 818 Broadway, Marysville, Kansas

AH-85

### WORK THIS CONTEST

### ENTRY FORM YOU MAY WIN A PRIZE

DON'T WAIT! ENTER TODAY!

Unscramble These Words—  
They All Pertain to Sewing

WESNGI

AMSE

MHE

LENEDE

EMDN

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

Mail Entry to CITY SEWING MACHINE CO., 818 Broadway, Marysville, Kansas 66406

### Sweet 'n Soft sandal

"Heather" in glove-soft leather is so-o-o comfy with cushioned insole. A sure-foot hit for casual or dress wear. 1" heel. Black, white, or beige. 4-12, N, M, W. \$10.95 plus 75¢ hdlg. Sizes over 10, add \$1. Sofwear Shoes, AHB, 1711 Main, Houston, TX 77002.



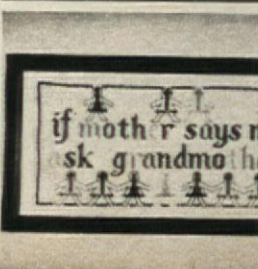
### China postage stamps

You receive 75 all-different stamps from pre-1950 China; Nationalist China (Taiwan); plus Communist China. All for 10¢. Also, other stamps to examine. Buy any or none; return balance; cancel service anytime. With catalog, H. E. Harris, A-53, Boston, MA 02117.



### Stitchery delight

Grandmother's Sampler (shown) or Grandfather's "if all else fails, ask grandpa" to colorfully cross-stitch on stamped oyster linen. Each kit has all you need plus 8½x15-in. wood frame. \$3.75 each kit. Add 45¢ post. Victoria Gifts, 12A Water St., Bryn Mawr, PA 19010.





3 Documented, Notarized Medical and Fitness Tests Prove You Can...



Meet Mrs. Pamela Olson, Medical Test Subject.



BEFORE: October 14th  
Bustline: 35"



AFTER: October 28th  
Bustline: 38"

# GAIN UP TO 3 BUSTLINE INCHES IN 14 DAYS!

**A Happy Pam Olson Writes:** "Frankly, I was skeptical, when asked to participate in testing for the Beauti-Breast plan. I had tried other products, and they were totally worthless. But since the Beauti-Breast test cost me nothing, I decided to make one more try. The results were amazing! Three full inches to my bustline in only 14 days. (Fuller, higher, firmer!) I'd recommend it to every woman who wants to improve her bustline."  
— Mrs. Pamela Olson

**Medical Doctor, Physical Therapist, Athletic Coach in three independent, DOCUMENTED, NOTARIZED tests confirms Beauty-Breast of Paris is...**

## Why Did We Test Beauti-Breast So Intensively?

BEAUTI-BREAST is not the first to claim dramatic bustline improvement in a short time. But only BEAUTI-BREAST gives you documented proof of its results. We want you to see for yourself that where other products have failed you, where others have been exposed as frauds—BEAUTI-BREAST works on REAL women just like yourself. And that is why we asked three groups of women ages 19 to 58 to participate in three different tests, conducted by eminent medical and fitness authorities. Check their results for yourself. You'll be as impressed as our experts were! Our plan actually works in minutes.

## Our Plan Produces Startling Results Because...

Once the jealously guarded secret of exclusive European health and beauty spas, this three-point Beauti-Breast Plan is scientifically designed to compensate for Nature not supplying your breasts with strong muscle tissue, and also to make up for your daily lack of bustline stimulation, the major cause of premature sagging, aging or not reaching your fullest bustline potential. Our plan stimulates, invigorates, and massages the delicate breast tissue as well as the lax bustline muscles, helping to rejuvenate skin tone and make your total bustline "COME ALIVE."

**RESULTS:**  
A higher, fuller, firmer bustline.

## How the Beauti-Breast Plan Works

**Step No. 1**  
THE HYDROTHERAPY CONTOUR CUP  
Use this revolutionary device whenever you bathe. Instantly, mini-jets of pleasurable pulsating water help firm and tone your delicate breast tissue and complete chest area.

**Step No. 2**  
THE BUSTLINE INCREASER GUIDE  
A systematic bustline developing technique strengthens, shapes, firms and up-lifts the entire bustline.

**Step No. 3** BEAUTI-BREAST CRÈMES  
A trio of specially formulated cremes help the breast skin gain its youthful suppleness, as they help prevent ugly stretch marks!

THE COMPLETE BEAUTY SESSION TAKES ONLY 15 DELIGHTFUL MINUTES — AND YOU CAN GAIN UP TO 1/2 INCH.

## Test No. 1

14-Day BEAUTI-BREAST Results conducted by famous Los Angeles physician, associated with four Los Angeles hospital staffs, practicing in both General Medicine and Surgery.

Subject	Initial MEASUREMENTS	After first 15-minute treatment	After 14 15-minute treatments
K.S.	33 1/2	34	34 1/2
P.O.	35	36	38
M.B.	34 1/2	—	36
S.D.	35	—	38
L.L.	35	35 1/4	36 1/4
D.R.	34	35	37
D.T.	32	32 1/2	34
B.H.	32	32 1/2	34 1/2

PARTICIPANTS ALL AGREED: "I wish I had used BEAUTI-BREAST before."  
"Results made me feel like a new woman."  
"The BEAUTI-BREAST program is terrific!"

## Test No. 2

21-Day BEAUTI-BREAST Results conducted by JAMES HANLEY, prominent fitness expert and fitness coach.

Subject	MEASUREMENTS				Final
	Pre-test	After 1 treatment	After 7 treatments	After 14 treatments	
1	36 1/4	36 3/4	36 3/4	36 3/4	37 1/4
2	35 1/2	37 1/2	37	37 1/2	37 1/2
3	37 1/4	38 1/2	38 1/2	39	39 1/4
4	32	32 3/4	33	34	34
5	33 1/2	33 3/4	34	34 1/2	35 1/2
6	34 3/4	34 3/4	34 3/4	35	36 1/2
7	34	34	34 1/2	34 1/2	34 1/2
8	35	35 1/2	35 1/2	35 3/4	36 1/2
9	33 3/4	34	34 1/4	34 1/2	35 1/4

## Test No. 3

BEAUTI-BREAST Results—Four treatments conducted by RALPH P. JOHNSON, Philadelphia, Pennsylvania, physical therapist with 32 years experience, including ten as Chief Physical Therapist, U.S. Navy.

Lack of space prevents a complete description of complete results. However, Mr. Johnson's affidavit, sworn to and signed before a NOTARY, attests that after four sessions lasting 15 minutes each, gains from 1/4" to 1" were recorded. He states "each of the subjects were well pleased, and as a therapist I was more than pleased with the tests conducted."

## The Fastest, Safest, Most Successful Bustline Increaser!

### Who Needs Beauti-Breast?

Women of all ages who desire fuller, more feminine curves. Even if you have neglected your bustline for years, you can still be assured measurable gains. Results show up to three full inches in the first two weeks, depending on your body type. Send \$19.98 today for your Beauti-Breast, sent in plain wrapper.

### Test It — You'll Love It!

It's the easiest, safest, most pleasurable way to add inches to your bustline!



## Beauti-Breast

The only documented and proven bustline enhancement plan in the world.

Have the beautiful bustline you've always wanted—mail coupon today!

Betty Weider Dept. CC/H  
BEAUTI-BREAST OF PARIS, P.O. Box 3725, Beverly Hills, Ca. 90212

I am enclosing \$19.98 for the complete Beauti-Breast Plan, including hydrotherapy cup, bustline increase guide and Beauti-Breast cremes.

Enclosed is (check one):  
Cash  Check  Money Order  (No COD's, please!)  
California residents add 5% sales tax (\$20.98) Complete plan mailed postpaid!

Name .....  
Address .....  
City .....  
State ..... Zip .....

(Please print clearly)

YOU MAY CHARGE YOUR ORDER:  
Master Charge  BANKAMERICARD  MASTERCARD   
Acct. No. .... Acct. No. ....  
Good thru ..... Good thru .....

IN CANADA: Beauti-Breast of Paris, 2875 Bates Road, Montreal, Quebec



# Executive Bathroom

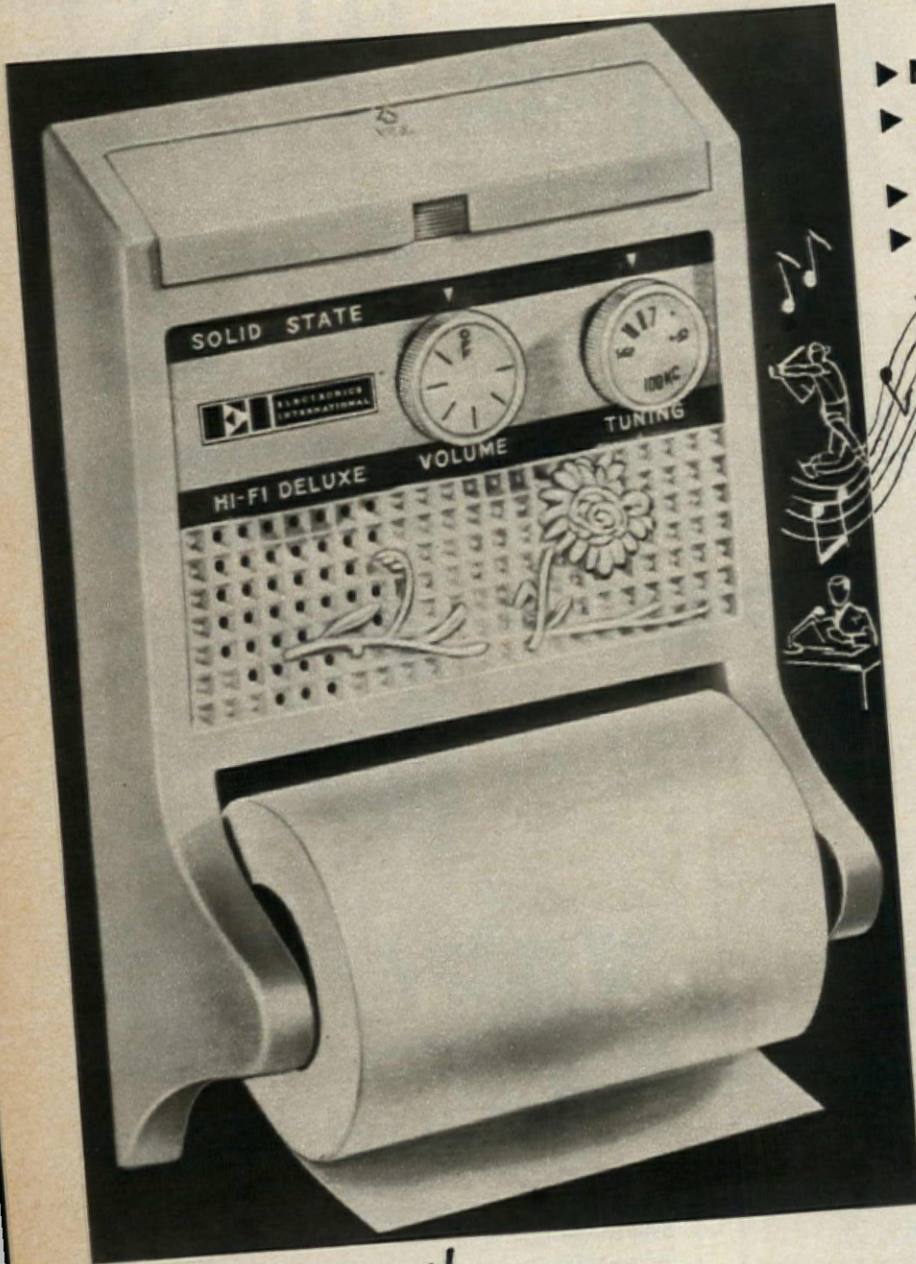
Solid State  
All Transistor

# RADIO

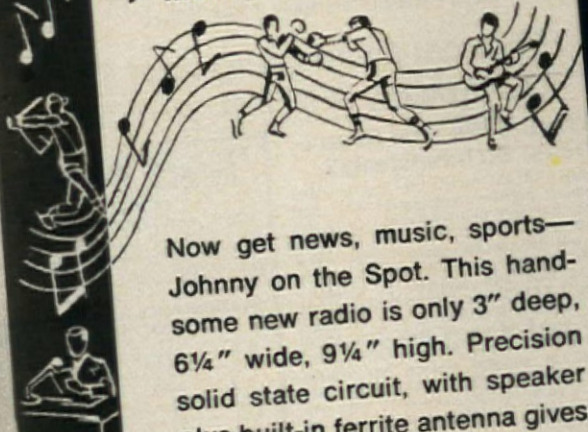


**NATIONALLY ADVERTISED AT \$19.95**

**\$9.95 SALE PRICE**



- ▶ No outside wiring
- ▶ Attaches in seconds without nails or screws
- ▶ Battery operated
- ▶ Money Back Guarantee



Now get news, music, sports—Johnny on the Spot. This handsome new radio is only 3" deep, 6¼" wide, 9¼" high. Precision solid state circuit, with speaker plus built-in ferrite antenna gives amazing fidelity on all A.M. stations. Attaches anywhere in seconds with adhesive strips furnished. Weighs only 15 oz. Handsome new high impact molded case in choice of colors. 9v battery (included). Full refund if not perfectly delighted.

## MONEY BACK GUARANTEE!

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Chicago, Ill. 60600

Please rush on money-back guarantee the following Executive Bathroom Radios at \$9.95 each, plus \$1.00 each to cover postage, handling and insurance.  
Color:  White  Blue  Pink  Yellow

NAME \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

Ship C.O.D. I enclose \$1.00 deposit.  
(Ill. residents add 5% Sales Tax)  
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Your choice of modern decorator colors—

- Snow White
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- Canary Yellow
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**ELECTRONICS INTERNATIONAL**  
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A kid in the cavity-prone  
ars can wind up with a  
outhful of cavities. 11 is av-  
age between the ages of 5

and 15. But a Colgate fluoride  
treatment every day can help  
prevent some of those cavities.

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helps strengthen teeth against  
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dentist can give teeth a better  
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SEE YOUR DENTIST. LIMIT SNACKS. BRUSH REGULARLY WITH COLGATE.

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"Colgate with MFP fluoride has been shown to be an effective decay-preventive dentifrice that can be of significant value when used in a conscientiously applied program of oral hygiene and regular professional care." Council on Dental Therapeutics, American Dental Association

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The extra length of ordinary lo  
can taste extra hot. Extra lengt  
calls for extra coolness. And  
Kool Longs are the only ones wi  
the taste of extra coolness.  
Come all the way up to Kool.

## Lady be cool.



17 mg. "tar," 1.3 mg. nicotine av. per cigarette, FTC Report Feb. 73.

Warning: The Surgeon General Has Determined  
That Cigarette Smoking Is Dangerous to Your Health.