Ore-Ida suggests four easy ways to be nice to your family.
And to your budget.

**SKILLET MEDLEY**

- 2 tablespoons butter or margarine
- 1/4 cup dairy sour cream
- 1/2 package (4 cups) frozen Ore-Ida Golden Crinkles®
- 1/2 cup Ore-Ida fresh frozen Chopped Onions
- 1 can (10 1/2 ounces) condensed cream of celery soup
- 1/2 cup water
- 1 teaspoon parsley flakes

1. In large skillet, over medium heat (350°), melt butter; add frozen potatoes, then onions; cook, stirring frequently, for 10-12 minutes until lightly browned.

2. In small mixing bowl, combine undiluted soup, water, mayonnaise, parsley flakes, mustard and pepper, blending until smooth. Pour sauce over the hot potatoes and onions; add the separated peas and ham strips, stirring carefully. Bring to a boil and simmer 5 minutes or until peas are cooked.

YIELD: 4-5 servings.

*May also be prepared with Ore-Ida Cottage Fries.

**CHICKEN BAKE**

- 1 can (4 ounces) mushrooms
- 1/4 cup flour
- 1/2 teaspoon salt
- 2 cups cut-up chunks of cooked or canned chicken or turkey

1. Preheat oven to 400°F. Grease a 2-quart baking dish.

2. In 2 1/2-quart saucepan, stir flour, salt, liquid and milk until blended; add bouillon cubes and cook over medium heat, stirring constantly, until mixture is thickened and bouillon cubes are dissolved. Remove from heat; stir in sour cream until smooth.

3. Combine mushrooms, chicken pieces and frozen Ore-Ida Potatoes O'Brien with sour cream sauce; spoon into baking dish.

4. For topping: In small saucepan over medium heat, melt butter; stir in corn flakes. Sprinkle topping over mixture. Bake 45 minutes or until piping hot and bubbly in the center. Garnish with parsley.

YIELD: 4-6 servings.

*May also be prepared with Ore-Ida Southern Style Hash Browns.
CREAMY AU GRATIN POTATOES

1/2 cup Ore-Ida fresh frozen Chopped Onions
1 package (3 ounces) cream cheese, cut in cubes
1 package (12 ounces) frozen Ore-Ida Southern Style Hash Browns*

1. Preheat oven to 400° F. Grease a 1-quart casserole.
2. In 1-quart saucepan, over medium heat, cook frozen onions until tender. Stir in undiluted soup and cream cheese cubes; cook, stirring constantly, until smooth and hot.
3. In casserole, alternately layer frozen potatoes and hot cream sauce ending with a sauce layer.
4. Cover and bake 45 minutes or until sauce is bubbly and potatoes are tender. Remove from oven and sprinkle with shredded cheese.

YIELD: 4-5 servings.

*May also be prepared with the following Ore-Ida products: Country Style Dinner Fries®, Potatoes O'Brien, Cottage Fries.

TATERS ITALIA

2 cans (16 ounces each) stewed tomatoes
1/2 tablespoons sugar
1/2 teaspoon salt
1/4 teaspoon basil leaves, crushed
1/4 teaspoon pepper
Pinch oregano

1 package (16 ounces) frozen Ore-Ida Tater Tots®

1. Preheat oven to 425° F. Grease a 2-quart casserole.
2. In large skillet over high heat, combine tomatoes and seasonings until well mixed and heat to a full, rolling boil.
3. Pour into casserole and arrange frozen Tater Tots® in a single layer on top. Bake 30 minutes or until bubbly in the center. Remove from oven and sprinkle with shredded cheese.

YIELD: 6 servings.

*May also be prepared with the following Ore-Ida products: Tater Tots® with onions, Tater Tots® with bacon flavored vegetable protein.

For dozens more Ore-Ida recipes, send 25¢ with your name and address to Recipes, Box 28, D-89, Pittsburgh, Pa. 15230.
Micronite filter.
Mild, smooth taste.
America's quality cigarette.
Kent.

Appliances are machines, and machines will break down. You can minimize the cost of repairs if you face this fact unemotionally and prepare intelligently to deal with it. By following a few simple guidelines, you can protect yourself against both unnecessary service calls and dishonest repairmen. Here are ways to go about it. This is another in our continuing consumer-information series. —The Editors.

When a home appliance breaks down—and it’s bound to, at some point—don’t panic. Needless service calls can be avoided by calmly reading the appliance use-and-care booklet. You’ll find a checklist that asks, among other questions, “Is the appliance plugged in properly? Do the controls need resetting? Has a fuse blown?” It’s a good idea to keep all your appliance use-and-care booklets in one place, and to relieve the strain at “crisis time,” note the repairman’s telephone number on each one. Only after determining that an appliance is truly ailing should you call a repairman.

Choosing a repairman is probably the most important aspect of solving an appliance repair problem, and it’s wise to make the choice before the breakdown. Here are some points to keep in mind:

Choose an authorized service representative, not the jack-of-all trades down the street. A qualified, specially trained repairman is an expert on one make of appliance (or, in some instances, a group of makes). Your use-and-care booklet should contain a list of authorized service centers or provide a toll-free number to call for information or service. If not, check your Yellow Pages under the specific type of appliance needing repair, and then under the brand name. If you still can’t locate an authorized service center near you, call your local appliance dealer and ask for his recommendations.

If an appliance breakdown occurs within the warranty period, make sure the repairman you call does “warranty repairs.” Not all do.

Be sure you understand the charges before authorizing the repair. Have them itemized and get them in writing. Always get a receipt after a repair is made; keep it to substantiate the service that was performed in case further problems arise. If the cost of the repair includes a guarantee on new parts or workmanship, make sure the receipt so indicates—and specifies for how long. The receipt is also important if, at some later date, you should make a claim against the manufacturer that the product was defective from the start.

Major appliances, by their size and bulk, require in-home servicing. When calling a repairman, do the following:

1. Give the year, make and model number of the appliance, and describe as accurately as you can what is wrong.
2. Be prepared to enumerate previous service problems.
3. Set a date and time for the service call (be sure to be home). If it’s an emergency, say so. If it can wait, accept a reasonable delay.
4. Ask what the service charge will be and whether payment is required on completion of the work, or if a bill will be sent later. There usually is a flat rate for the trip (or for the trip and the first half-hour of labor), and parts and labor are extra. When you call, you’ll normally be told the flat rate per hour for labor. When the repairman determines what the problem is, what parts are needed and how long he’ll need to make the repair, he will give a specific estimate.
5. When the repairman arrives, show him the appliance; then don’t bother him with questions unless absolutely necessary. Also, have the appliance as accessible as possible.
6. If the repairman lacks an essential part and must make a second trip to your home, make sure you are not charged another flat-rate travel fee.
7. If you have any questions about the charges, call the service company for clarification. If you remain unsatisfied or if repairs are incomplete, write or call the appliance manufacturer. (This is one reason for using an authorized service company.) If the manufacturer does not resolve the problem satisfactorily, you can refer it to MACAP (Major Appliance Consumer Action Panel), 20 N. Wacker Dr., Chicago, Ill. 60606.

Portable appliances are most often small and lightweight enough to carry to a convenient service center. That eliminates the travel fee, but some service centers charge what is called a “bench fee” for examining an appliance and estimating the repair. Inquire first before giving them the appliance. Here are some other tips:

If the appliance breaks down within the warranty period, check the use-and-care booklet to see if you are to take the appliance to an authorized service center or return it to the manufacturer. If you must send the appliance, be sure to pack it well and include a letter explaining the problem—and also detailing the date and place of purchase, your full name, address and phone number. Keep a copy of the letter, and be sure to insure the package for its full value.

If you’re in a hurry to get the appliance back, say so—and ask for a specific date for completion of the work. Ask to be notified of delays.

To prevent an expensive repair of an appliance that may not be worth it, ask the repairman to call you if the repair will exceed a stated amount, say $8 on a $16 item.

Occasionally you can be your own repairman by replacing simple parts yourself—mixer beaters, refrigerator shelf, blender jar. Consult the use-and-care booklet for sources. Most authorized service centers sell parts over the counter; if not, they can refer you to a source. In either case, know the model number of the appliance and the part description. The part number would also be useful if it’s listed in the use-and-care booklet. If not, describe the part just as the booklet does.

If all else fails and you can’t locate a parts or service company in your area, write or call the manufacturer. Ask for the Consumer Relations Dept. They will either handle the request directly or put you in touch with the nearest source for parts or service.
You can still take "pleasure trips" on the weekend, even though there's a fuel shortage. You can go by Long Distance—this way you save fuel and money too. Dial-direct rates are especially low all day Saturday...and Sunday until 5 p.m.

So, pick a place and take a spin this weekend.

Long Distance is the next best thing to being there.
Yes, there is a dishwasher that scrubs pots clean.

We know you're not going to believe any dishwasher can scour pots, pans and casseroles clean. Especially baked-on macaroni and cheese.

So buy a Whirlpool dishwasher with the Super Scour cycle for a lot of other good reasons. Two spray arms that reach into every nook of the wash chamber. And exclusive silverware basket in the door. And cutlery basket. And porcelain enameled interior.

And just be pleasantly surprised that your pots, pans and casseroles, when loaded according to instructions, come gleaming clean.

Super Scour cycle also available in portable/convertible models.
See.

Whirlpool
Home Appliances

We believe quality can be beautiful.
My most back-breaking job as stockboy was getting the store cat to eat... till he discovered Tender Vittles.

He could have had anchovies or tuna fish or canned cat food. Nothing worked.

Then I opened a package of Tender Vittles – liver, I think it was. It's the moist cat food that comes in a foil pouch – in six delicious flavors.

He didn't know Tender Vittles gave him all the nutrition his body needed. All he knew was Tender Vittles tasted great. He ate the food so fast I think he broke a record.

And from then on, it's been Tender Vittles all the way.

Tear off the coupon, give it to your cat, send him to the store—and see what he brings back.

I'm betting it's Tender Vittles.

Purina® Tender Vittles®
You'll both love it.
The Peter Lathams of Newburyport, Mass., believe in renewal and restoration—for both their seaport city and fine old home.

The Lathams gather in their library (above), a wonderful, dark-paneled place that's a sort of family room. Most other rooms in the huge old house are painted oyster white “to bring out the fine detailing,” Sue explains.

Sue and young Shelley Latham (right) enjoy walking in the Parker River Wildlife Refuge a few miles from Newburyport. “We're an outdoor family,” says Sue. “We love walking, skiing, sailing, playing tennis.”

The Peter Lathams of Newburyport, Mass., believe in renewal and restoration—for both their seaport city and fine old home.

Many years ago, Newburyport, Mass., was a bustling ship-building center. But by the middle of this century, it had faded: Its 18th-century homes and fine old waterfront commercial buildings were still intact, but in very poor condition. The small city seemed to need a spark to make it come alive again. Help came in the guise of Sue and Peter Latham—and other young families like them. Several years ago the Lathams, having outgrown the old farmhouse they'd restored in Massachusetts farm country, were seeking a new home. “We wanted to live in a town that was growing and changing,” says Sue, “a place with possibilities.”

In a Boston newspaper, she read a story about Newburyport and about the beginnings of the “renaissance” there. The Lathams went to take a look. Peter, an industrial designer responsible for the first aluminum tennis racket, and Sue, an occupational therapist working part-time as a consultant, liked what they saw. All around the old city, young families were buying up 18th-century houses and working to restore them. Among the houses for sale was the 1774 Lord Timothy Dexter mansion, a 19-room Georgian-Federal home in sad condition: Its paint was peeling, its shutters sagged, it had a field of weeds for a front lawn. “In spite of the low asking price,” Sue remembers, “other home-buyers had been afraid of the place; restoration was clearly an enormous undertaking. But it just rang a bell with us.” They bought the house. “It seemed to need us,” Peter, “and we weren’t buying just the house; we were buying Newburyport, too.”

The old mansion itself had a special meaning for the city. The self-titled Lord Dexter was a rich, 18th-century eccentric celebrated by John Marquand in two novels. Thus the old Dexter house was somewhat famous, its dilapidation a haunting local symbol.

The Lathams and their children—Christopher (Kit) and Shelley, now 14 and 11—moved in and launched their restoration. (continued)
America’s Favorite Cigarette Break

Benson & Hedges 100’s.


The Latham family has turned a historic mansion into a cozy, comfortable home.

The house also has a music room where Sue plays the guitar and sings folk songs (left) and Peter plays the piano. Besides loving music, Sue enjoys sewing, painting, photography and creating silver jewelry. Right now she is studying for a master's in art education.

Peter and Kit work on wooden models at the kitchen table (below). As Peter points out, "The kitchen is the busiest room in our house; we all love sitting by the fire, working, eating, just chatting." Around the fireplace are some of the antiques Sue and Shelley have collected on their jaunts.

Sue and Peter Latham are committed to life in their small seaport. "It's a community that is saving itself," says Sue. "And it's a total urban community," adds Peter, "with many of the worries and woes of a big city. But because we're small, we have a better chance of solving them. On this scale, an individual matters. I think Sue and I were wooed by the importance of the experiment here. If Newburyport can't solve its problems—and they are similar to those that beset places like New York and Boston—then no city can."
“It’s a shame more women don’t take up Interior Decorating.”

Why should any woman today allow herself to get trapped under a pile of boring household chores or in some dull, underpaid job?

Carin Baugh, of Kennewick, Wash., escaped that trap by becoming an interior decorator. She actually earns as much money as most men do. And she has more fun doing it.

She doesn’t have to hassle with commuting; she’s only five minutes from the department store where she works.

She sets her own hours; so she can always manage to be on hand if her kids are in a school play or some other event a mother wouldn’t want to miss.

And she seldom gets bored because each day is different. One day she’s re-decorating a basically fine but run-down old “mansion;” on another she’s helping a local business plan their new offices, etc.

When Carin talks about being an interior decorator, she almost sings.

“Every time I meet an unhappy woman I say to myself, ‘Isn’t it a shame more women don’t take up interior decorating as a career?’ ”

There’s room for many more Carin Baughs. Forbes magazine calls home furnishings “perhaps the hottest growth field of the 1970’s.” And the way things are going, having an interior decorator might soon be as usual as buying a second car.

Interior Decorating can be almost anything you want it to be. You don’t have to take a job. You can start a business in your own home—using part of it as both office and “showroom.” You can furnish it at special decorator discounts. And your accountant can show you how much you can legitimately deduct from your income tax—including all necessary expenses of an office or home workroom.

But, to be successful, you need training. Now you can get the same well-rounded training as Carin Baugh—right in your own home—through the ICS School of Interior Design.

The entire program is based on the professional experience of John Gerald, founder of one of America’s top-flight decorating firms.

You get and work with top professional equipment. Templates, architect’s scale, folding rules, T-square, triangle, fabric swatches and color charts, etc. (The basis for your business workshop later on.)

Ways to make learning easier

You also receive: a viewer and 130 slides that put you “inside” rooms; and a cassette tape recorder with tapes—modern audio-visual learning aids that bring your lessons dramatically to life.

Each lesson takes you one step closer to your goal—the confidence and knowledge you need to be a well-paid interior decorator.

Your home as a showplace

Your friends will first notice the difference in your own home. And your advice will be sought.

At this point your lessons change from the principles of decorating to the practice of making money.

You’ll learn how to get assignments. How to charge. How to set up your own business. Even what to say to clients who want to bring friends on shopping trips (never)—or to those who want you to talk budgets with their husbands (always).

You will be asked to complete assignments, and return them to ICS. Skillful, interested instructors will review your work. Suggest new ideas or alternate solutions.

Help is as near as your telephone

Although you work at home, you’re never alone. You can call ICS—Dial-a-Question—toll-free—any time of day or night—to ask any questions you may have about your studies.

Send coupon for free information

To find out whether you’d enjoy being an interior decorator, simply mail the coupon for our booklet, “Should I Become an Interior Decorator?” It contains answers to the questions you probably have on your mind right now.

We’ll also include a demonstration lesson so that you can see how you can develop your skill in interior decorating at home on your own time schedule. There is no obligation whatsoever.

ICS School of Interior Design
International Correspondence Schools
Scranton, Pa. 18515

Send me your free booklet, “Should I Become an Interior Decorator?” plus a demonstration lesson and other information about your training in Interior Decorating. I understand there is no obligation whatsoever.

Name
Address
City
State
Zip
☐ Check here for special information if under 17.
SAVING MONEY AND BE IN LATEST FASHION

GOOD RIDDANCE

Two mechanical workhorses—the disposer and compactor—take the mess and bulky leavings out of every-day kitchen cleanup.

Cleaning up the kitchen invariably means getting rid of trash and all unusable leftovers. Naturally you want to dispose of food waste and empty cans and cartons as soon as possible. Two appliances that make swift work of these jobs are the food waste disposer and the trash compactor. Each performs a different function that measurably—and hygienically—speeds kitchen cleanup with relatively little expenditure of energy.

FOOD WASTE DISPOSER

Installed in the sink, this hard worker grinds up food waste to the accompaniment of running tap water, then whisks it all down the drain. Two types of disposers are manufactured: the continuous-feed, which is activated by a separate switch and can be added to at any time, even while in operation; and the batch-feed, whose cover must be put in place and twisted or turned to operate. A splash guard at the opening of the continuous-feed type helps prevent waste from backing up out of the machine; a regular cover is not needed when using this disposer. The batch-feed type usually has a larger capacity, but is a little less convenient to use because it must be stopped and the cover removed before additional waste can be put in. This operational disadvantage can be a safety plus, however, since foreign objects are less likely to be ground up in the unit by accident.

Continuous-feed disposers cost from $28 to $130, slightly less than the batch-feed types, priced from $95 to $150. Installation costs are the same for each type: $25 to $50. Disposers are available from Frigidaire, GE, Hotpoint, In-Sink-Erator, KitchenAid, Maytag, Montgomery Ward, National, Sears, Waste King, Westinghouse, Whirlpool and Tappan. Whether type or brand name you prefer, here are some important points to consider before and after making your choice.

DISPOSER GUIDELINES

Disposers can be installed in most homes unless restricted by building codes. If you're served by a municipal sewer system or have a septic system sufficient to accommodate the added waste, there's normally no problem. But a disposer is usually not recommended for homeowners served by a cesspool.

Before installing a disposer, have your plumbing checked to make sure it's adequate in size and pitch; otherwise you risk waste accumulating in the pipes—and the exasperation of a clogged sink. If there is a grease trap between sink and sewer, it must be removed or the ground-up waste will also be trapped. Be sure, too, when the disposer is installed, that it is properly grounded.

Make sure the appliance you consider is corrosion-resistant; some disposer parts come into contact daily with a variety of chemical agents—food acids, detergents, plus water itself—that can result in corrosion.

To avoid jamming, which can be an irritating problem with some models, look for the style that has swivel impellers. Or if the impellers are fixed, the disposer should have reversible action so grinder direction can be changed to free a jam-up. Look, too, for an overload switch that cuts off the power (continued)
GOOD RIDDANCE

continued

automatically if the unit should jam.

Most of today's disposers are designed to cope with just about any food waste, including bones, fruit pits and rinds, plus the ordinary accumulation of fats and oils. Check your instruction book for precautions. A disposer works best if you use only cold water when operating it. This congeals grease that is then flushed readily through the pipes. Always turn on the tap a few seconds before switching on the unit, and let it continue running a full minute after shutting it off.

TRASH COMPACTORS

All the cans, bottles, cartons and paper you usually toss—and press—into a trash can can be placed instead into an appliance that squashes them into one-fourth their original volume in anywhere from 15 seconds to two minutes. The machine that performs this mighty feat is the compactor, the first all-new kitchen appliance to be introduced in more than 30 years. Compactors are about 15 inches wide, 35 inches high and 25 inches deep. They may be built-in or free-standing, and are available from Amana, Caloric, Frigidaire, GE, Hotpoint, In-Sink-Erator, Kitchen Aid, Montgomery Ward, Sears, Tappan and Whirlpool. Prices are $200 to $280; installation, if needed, is inexpensive.

To use a compactor, open the door at the front of the unit and toss in the trash. Then close the door and press the switch. A ram lowers and puts about 2,000 pounds of force on the trash inside, squashing it into a compact little bundle. The inside of the compactor is usually lined with either a plastic-coated paper or heavy-duty plastic bag. When the compactor has done its work, the bag is removed and tied shut.

COMPACTOR CAPABILITY

Compactors can take most kinds of trash, but aerosol cans, toxic or highly combustible items should not be tossed in, nor should odoriferous food wastes such as raw fish, poultry leavings and citrus rinds. A good general rule: Don't put in anything that you wouldn't put in your wastebasket.

The ease of removing and replacing the liner bags and cleaning the inside of the compactor should be compared before purchase. Some bags must be shaped and their tops folded down to fit the compactor interior. Some insert easily, but a separate metal section must be carefully placed inside the bag before the machine can be used. Still others come with a plastic strap that fits into the unit and becomes a handy sling to grasp when removing the bag. And, of course, the more accessible the compactor's interior portions are—and the smoother and more crevice-free—the easier they'll be to clean.

Compactors may not be indispensable appliances, but they do keep kitchens neater and reduce the number of trips to the trash can. They offer a distinct advantage to families that accumulate an inordinate amount of weekly trash—and are truly a boon to those living in areas that lack local trash and garbage pickup. Ecological studies being conducted in various parts of the country show that compacted trash has many advantages over uncompacted trash. For one, it burns better. Still other studies indicate that the combination of food waste disposers and trash compactors can cut down considerably the cost of municipal garbage collection.

—Jeanne M. Bauer

IT'S SO EASY TO DECORATE WITH FABRIC AND THE EASY SQUEEZE DECORATOR 101 STAPLE GUN.

Even if you can't sew—even if you're all thumbs—even if you don't think you're a creative wonder. Now you can perform decorating miracles fast in your own home.

You'll come up with hundreds of ideas. The Swingline Easy-Squeeze Staple Gun is designed for a woman's use. Fits your hand perfectly. Squeezes easily. Let's you do the kind of jobs decorators charge hundreds of dollars to do for you. Best of all—you can do it! Send for the Swingline "how-to-do-it" Staple Gun Decorating booklet. Lots of full color illustrations and how-to-do-it sketches. Beautiful ideas! Send only $.25 to Swingline, L.I.C., N.Y. 11101. Offer expires January 1, 1975.

Swingline
Division of Swingline Inc., 32-00 Skillman Avenue, Long Island City, N.Y. 11101
LESS "TAR" THAN MOST KINGS, 100'S, MENTHOLS, NON-FILTERS.*

MENTHOL TOO.

THINK SILVA THINS 100'S


How does an architect design a weekend vacation house intended for eventual full-time retirement living? New Yorker Herbert August's solution for his client, a single woman, is pictured above: a handsome home with a lot of living space in just a few rooms.

Set beside a secluded, peaceful pond in Southampton, N.Y., the structure is simple, open, in harmony with its wooded surroundings. The architect was able to keep within the $28,000 budget by economizing on space—the house has 1,200 square feet in all. But the effect of his design is roomy and comfortable because its focal point, the living room, rises two stories high, with windows, sliding glass doors and outside decks that open it up wide to a vista of woods and nearby water. The two second-floor bedrooms are small, but connect via shuttered openings with living room. (continued)
The leading independent paint testing laboratory has judged Glidden Spred Satin flat latex wall paint best overall.

They compared six leading latex wall paints for what you want in wall paint: Ease of application, Washability and durability, Ability to cover old colors, Best looking finished appearance. Total them up and Spred Satin ranks best overall.

Send for your copy of the results.
Write: Glidden, Spred Test, 900 Union Commerce Building, Cleveland OH 44115.
We want everybody to know.
Low-ceilinged kitchen and dining area (above) opens into soaring living room. Spare furnishings add to interior sweep. Sliding glass doors at left lead to deck. Fireplace was designed by architect.

Shuttered openings into bedrooms on second floor (right) improve ventilation on hot summer days, allow bedrooms to share in the roominess of the two-story space. Kitchen at left opens off living room.

The openings enlarge the bedrooms; each room has a window wall and view, to add to the sense of space. August's client wanted to keep housekeeping at a minimum, so the architect used low-maintenance materials: outside, red cedar siding with weathering gray stain; inside, Douglas fir and waxed red cedar for the walls and ceilings, quarry tile flooring throughout the first level and an oak floor on the second.

For summertime convenience, he gave her an outdoor-opening shower plus closets for stashing beach equipment and gardening gear; indoors, he provided plenty of storage space—especially important later, when she will use the house year-round. Finally, this trim vacation home is heated and fully insulated, ready and willing to take on winters.

—Jane L. Lawrence

Each of the bedrooms has an expanded view, created by extending windowed bays beyond the side walls (see plan). Seat under window is built in.

Because of its open design, house gives the impression of being larger than its 1,200 square feet (floor plans, left). Yet there is privacy as well as openness: Bedrooms, which normally overlook living room, can be closed off handily. Interior space is limited, but first-floor living area is expanded by decks on two sides.

Robert P.
Announcing the lazy man's cultivator.

The Multi-Vator™ from Black & Decker.

Cultivating by hand used to be one of the hardest jobs in the garden. No more.

With the new Black & Decker hand-held power cultivator, the Multi-Vator™ you just flick on the switch, and 1,750 back-and-forth strokes per minute do the work for you. All you do is guide it, and it cultivates, pulverizes and aerates your soil, churning up weeds and stones. It turns hours of backbreaking hand cultivating into minutes of easy work.

The Multi-Vator™ has a powerful, burnout-protected motor, housed in a tough plastic casing. And since it's double-insulated, it requires no grounding.

The Multi-Vator™ also comes with an assortment of optional attachments, making it one of the most versatile power tools you can own.

It can be a spade edger, for edging along walks and gardens. Or a sander. Or a scraper.

And when you put on the wire brush head, it becomes an excellent tool for removing rust and paint from wrought-iron railings and outdoor furniture.

The Black & Decker Multi-Vator™ The cultivator that does a multitude of jobs.

Black & Decker. For the cuttin' of the green.

For your nearest Black & Decker Dealer, call 800-243-6000 FREE, day or night. In Connecticut, call 1-800-882-6500.
Get this exclusive 8-piece place setting by Oneida for only $1 with coupon

Exclusively from Homeward House—DISTINCTION® by ONEIDA

Significant savings on stainless place settings! An exciting new way to get Distinction® Stainless by Oneida!

Here's the beautiful stainless you've dreamed of owning—8 magnificent pieces—all yours for just $1. Don't confuse this with off-brand, lightweight stainless. This is exquisite quality stainless, made by Oneida Ltd. Silversmiths—America's largest producer of fine stainless.

Why this fabulous $1 introductory offer? We want to send this magnificent stainless direct to your home—so you can appreciate the exquisite craftsmanship and unique value you get through the exclusive Homeward House Plan. For just $1, you get: 1 Deluxe Dinner Knife, 1 Dinner Fork, 1 Salad Fork, 1 Soup Spoon, 2 Teaspoons, 1 Iced Drink Spoon, 1 Seafood Fork...a full 8-piece place setting, not just 5 as in most sets.

Even the finest stores do not offer this elegant Distinction® Stainless. These place settings—and the matching serving pieces—are created by the same artisans who design Oneida's finest sterling. Knives are heavyweight yet perfectly balanced, with hollow handles and serrated blades...forks and spoons have perfectly finished edges. Luxurious enough for formal dining, yet practical enough for everyday use—and dishwasher safe!

Just the start of significant savings! When your introductory place setting arrives, compare it with settings of similar fine quality and check your savings! You'll receive another identical 8-piece place setting automatically, about once a month. Each shipment is sent on approval! You pay only after you decide you want to keep it. Cancel any time after examining your introductory setting. Best of all, each additional 8-piece place setting is yours for only $5.98 plus shipping and handling (plus sales tax, if applicable). In addition, I will receive bonus offers plus information on completing my set sooner. I may cancel at any time after examining my introductory setting.

Complete your set as fast as you want—choose from two exclusive patterns...

No fixed number of settings to buy—you alone decide how many you want, and how fast you want them.

Choose Lisbon—romantically Latin, with raised floral motif highlighting antiqued center panel Stainless by Oneida...

...or Mansion Park—luxuriously traditional with a graceful floral arabesque design.

Mail the coupon today with just $1 to start your set of Stainless by Oneida.

'1 Introductory Offer

Homeward House, 623 South Wabash Avenue, Chicago, Illinois 60605

☐ Here's my $1.00. Please enroll me and send postpaid my first 8-piece place setting in the pattern I have checked at right. I understand that I will receive—on approval—an identical 8-piece place setting about once a month. I may keep each additional shipment for the low Homeward House price of just $5.98 plus 98c shipping and handling (plus sales tax, if applicable). In addition, I will receive bonus offers plus information on completing my set sooner. I may cancel at any time after examining my introductory setting.

CHECK PATTERN DESIRED:☐ Lisbon ☐ Mansion Park

☐ Mrs. Miss (PLEASE PRINT) FIRST LAST

Address Apt.

City State Zip.

Limit—one introductory place setting per family

@ G.R.I. Corp.
Plastic is perfect for so many uses, as every consumer today knows. But not every consumer is aware of the widely varied kinds of plastics, each with special qualities. ABS plastic is extremely tough, for instance; acrylics are sparkling clear; nylon and polystyrene, very hard. On this page we show 11 examples of plastic at its best—casual, smart, colorful and durable. All of our items are available nationally; prices are approximate.

—J.M.B.

BABY WALKER
Here's a marvelous helper for a toddler just learning to walk. Made of ABS plastic in zingy yellow/orange, the unit is propelled by casters. Inside seat adjusts up as baby grows. By Fein Sales, it is $25.

CLASSIC POT RACK
This 10-inch half-circle of lightweight Lucite attaches to the wall, holds 3 to 6 pots. In smoke, white, yellow or clear, it's $8 by Thermalene.

ALUMINUM POTS
These feature two plastics: Teflon nonstick interior in new "classic white"—plus handles of black, heat-resistant phenolic plastic. Wear-Ever's 8-piece set is $50.

BLENDER
It has a base of ABS plastic in white, avocado or harvest gold. Half-pint blend-and-store jars are of clear Lexan—glasslike but shatterproof and dishwasher/freezer-proof. Waring blender with regular-size glass jar is $35; the plastic jars are $1 each.

CEILING TILES
These, for kitchens, are vinyl coated. Armstrong's white acoustical "Gourmet" tiles are 58¢ a square foot.

FLOORING
With "Mirabond" no-wax surface, this flooring wears well. Armstrong makes it in 4- or 12-foot widths for $6 a square yard.

SHOWER CADDY
Strong, water-resistant Lucite hang-all comes in clear, white, blue, brown, black or yellow. It is 20 inches high; $10 from Martin S. Garment.

WALL TILES
These are self-adhesive, made of high-impact polystyrene, in "Renaissance Marble" pattern: beige or green. Tiles, 12 inches square, are 6 for $3.50 from Lustro Tile Corp.

BATHROOM SINK

"DEDA" VASE
Beautifully sculptured in ABS plastic, this Italian import makes a large (14% by 8% inches), dramatic accent piece. In white, yellow, green or black, it's $12.50 from Heller Designs.

Ben Swedowsky
A Great Buy for Collectors and Investors!

A New Limited Edition of
Proof Finish Pure Silver Ingots
ONLY $7.95 EACH

THE EVERGLADES
THE AMERICAN FARM
GRAND CANYON
THE AMERICAN EAGLE
A MAINE SEAPORT

CHOOSE ANY ONE OR ALL FIVE—BUT EDITION IS LIMITED TO ONLY 10,000 IN SILVER—WHEN THESE ARE GONE, THERE’LL BE NO MORE!

Come. Rediscover America with this NEW series “America the Beautiful.” Choose from five fine art ingots minted in 999 Pure Silver. Take: The American Farm; Grand Canyon; The Everglades; A Maine Seaport or The American Eagle. Each ingot contains 480 grains of Pure Silver, all five ingots contain 2400 grains of Pure Silver.

A TREASURY OF FINE ART
Five flawless, gleaming mirror-like proof finish ingots will be issued, each quarter year, until late 1976 . . . ideal to display individually or as a group during our country’s bicentennial celebration in 1976. Future ingots will commemorate the most outstanding discoveries and events in our country’s history.

A STRICTLY LIMITED OFFER
The Hamilton Mint, known for its magnificent relief sculpture and craftsmanship will strike this series in an extremely limited edition of 10,000 proof finish sets in Pure Silver. To protect the integrity of this edition, only one complete “proof” set will be minted for each subscriber and the dies will be destroyed after all editions are completed. Proof sets are usually reserved only for masterworks of medallic art.

GUARANTEED PRICE PROTECTION!
If you purchase all five now. The Hamilton Mint will guarantee this remarkable low purchase price for future purchases in this series should you choose to make them. Although the price of Silver and Gold have almost doubled this past year, The Mint will commit for a sufficient quantity of Silver and Gold at current market prices to fully cover your future orders. (No matter how high the price of silver and gold may rise while the collection is being minted.)

YOUR PERSONAL SERIAL NUMBER
Your individual proof finish ingots will be minted expressly for you and each ingot will carry your personal matching serial number along with The Hamilton Mint Hallmark and certification of Silver and Gold content. If you purchase all five in this initial group, your same serial number will be reserved for you for all future ingots in this collection.

Each group of five will come smartly packaged in clear lucite display case along with fascinating historical background of each subject . . . details worth preserving together with your valuable ingot collection.

REMARKABLE INVESTMENT POTENTIAL!
This remarkable opportunity to acquire ingots of artistic and historical significance in Silver and Gold is at a time when leading economists and investment advisors are predicting silver and gold will continue to become even more valuable in the years to come. Collectors have already realized bonanzas. A 1970 Christmas Ingot, for example, was issued for $12.00 and is now being re-sold for $185. A 1972 Thanksgiving Ingot containing 1 oz. of silver originally sold for $4.50 and is now trading at about $22. So please act promptly to share in the excitement of building a magnificent collection in silver and gold at a guaranteed cost. Your order can only be accepted if it is received in time, to be included within the edition limits. Order yours today!

Deluxe Version: 24KT Gold on Pure Silver
The beauty of these silver ingots is made even more exquisite and the ingots made more valuable with gold layered on pure silver. Only 5,000 of each will be minted. Each will also be individually serially numbered and each will cost just $12.50.

Examine Your First Ingot (or all 5) for 10 Full Days with No Risk!

OFFICIAL ORDER FORM
— AMERICA THE BEAUTIFUL —
LIMIT: ONE PROOF COLLECTION PER SUBSCRIBER

THE HAMILTON MINT
48 E. University Dr. Arlington Heights, Ill. 60004
Please send me individual ingots checked below. I understand if I order all five, that my personal serial number will be reserved for all future ingots in this series and at the guaranteed price. I enclose my check or m.o. for $—

□ Single Ingot(s) @ $7.95 ea. in 999 Pure Silver as indicated.  □ Single Ingot(s) @ $12.50 ea. in 24KT Gold on Silver as indicated.

□ Grand Canyon — The Everglades □ A Maine Seaport — The American Eagle

Please add 50c postage and handling per order. (Illinois resident please add 5% sales tax.)

Name ________________________________
Address ______________________________
City __________________ State __ Zip ___

I A UNIQUE OPPORTUNITY TO BUY SILVER AND GOLD SAVE!
[ ] Send me all 5 Pure Silver Ingots (a full 2,400 grains) for only $34.50 plus $1.00 for postage and handling.
[ ] Send me all 5 with gold layered on 2,400 grains Silver Ingots for only $69.75 plus $1.00 for postage and handling.

I WANT TO CHARGE ORDER TO MY: 
BankAmericard  □ Master Charge Acct. # ______
[ ] Interbank (Find above your name) 

Acct. # ____________________________ 
Good Thru __________________________ 

AH3-74
SHORTCUT GUIDE TO
SCISSORS AND SHEARS

Check this catalog of cutters—from diminutive egg scissors to the toughest garden pruners.

Long or short, curved or straight, pretty or plain—household scissors and shears take on a different look depending on the job they're cut out for. By the way, scissors are smaller than shears, with blades 3 to 6 inches long; shears are heavier, with blades 6 inches or more.

Below is a rundown of some of the best of both types, from companies including Clauss, Disston, Griffon, Hoffritz, White and Wiss. (Note: Our drawings, for simplified recognition, are not in exact scale.)

KITCHEN CUTLERY
1. Kitchen or utility shears ($6 to $8) snip herbs, cut sticky foods. Styles range from single-purpose shears to one real zinger that's also a bottle opener, screwdriver, nutcracker and hammer. With these shears, as with any for kitchen use, look for rustproof stainless-steel blades.
2. Poultry shears ($8 to $35) cut and disjoint fowl, usually have a curved blade and spring or lever action. Swing-action types should lock closed for safe storing.
3. Lobster shears ($5 to $7) have thin, pointed blades for cutting shells.
4. Egg scissors ($10 to $12), small and decorative, neatly nip off the ends of soft-cooked eggs.
5. Grape shears ($10 to $17), also small and pretty, will cut and hold a bunch of grapes. They're nice to use when serving grapes with cheese.

SEWING CUTLERY
6. Dressmakers' shears ($6 to $12) cut fabric and have a bent handle that lets the lower blade rest on the table as you cut. Some come with one especially sharp blade to keep synthetics from shifting.
7. Sewing scissors ($5 to $10) are excellent for most small jobs. Some, for trimming, have one sharp and one blunt point to prevent snagging; others have two sharp points for cutting close to the stitch line.
8. Lingerie shears ($8 to $14) are lightweight and usually have a finger guide for control and accuracy. One blade is serrated for cutting sheer fabrics without stretching or slipping.
9. Pinking shears ($8 to $15) give a ravel-resistant sawtooth edge. (Some variations create a ravel-resistant, scalloped edge.)
10. Embroidery scissors ($3 to $7)

are small, with slender blades and sharp points that are ideal for use in fine needlework.
11. Buttonhole scissors ($5 to $10) have a notched blade, plus a setscrew and locknut that adjust to desired buttonhole sizes.
12. Thread clippers ($5 to $7) are lightweight and fit in the palm—ideal to keep by the sewing machine.
13. Electric shears ($6 to $20) are good when you do a lot of fabric cutting. They're either electric or battery-run; some may be used either way. The more versatile adjust to fabric thicknesses.

MISCELLANEOUS CUTLERY
14. Pocket scissors ($4 to $14) are tiny, perfect for all kinds of useful jobs. Some are blunt tipped; pointed ones come with a sheath. One handy version (shown folded and unfolded) has a carrying case.
15. Paper shears ($5 to $15) have especially long blades for cutting a good, straight edge.
16. Flower shears ($4 to $9) are made to cut and hold flowers.
17. Grass shears or edgers ($3 to $27) are big and heavy-duty, often with Teflon-coated blades to prevent sticking or rusting. Those with contoured handles and vinyl grips are most comfortable to use. Some (not shown) come with long handles and roll on wheels for easy trimming.
18. Pruning shears ($3 to $13) have a snub nose for tough cutting jobs. The best come with vinyl handles and Teflon-coated blades.

TIPS ON USE AND CARE
Use scissors and shears to do the particular cutting job they were meant for. Don't cut cardboard with sewing shears or parsley with paper shears.
Treat scissors and shears with respect. Don't chomp your shears into the straight pins when you're cutting out a pattern, for instance.
Occasionally, oil the screw joint where scissors blades meet.
Wash and dry kitchen shears after each use.
To protect them and you, store with points sheathed.
Be sure garden shears are clean and dry before storing.
Take scissors and shears to a professional for sharpening; some manufacturers do it. —Jeanne M. Bauer
The True Theory:

Formulate a cigarette so low in tar and nicotine it could become America's best-selling low tar and nicotine cigarette. It worked. Shouldn't your next cigarette be True?

The plain old hamburger may soon be extinct—it's replacement the soybean/beef burger. Every bit as tasty and nutritious as ground beef, the blended burger is most available in many supermarkets is 10 to 30 cents a pound cheaper. Nutrition experts are saying it's the food of the future.

But why? And what exactly is the soybean/beef burger? For that matter, what is a soybean?

Grown in Eastern Asia for 4,000 years and now our own country's third largest crop, the humble soybean is one of nature's richest sources of protein, rivaling meat, fish and cheese. It is chock full of vitamins and minerals, is low in saturated fats and has virtually no cholesterol. Nutrition-wise, there's nothing better than the little tan bean; as far as taste goes, however, it's a washout—bland and just the slightest bit bitter.

But that blandness is its big secret—the bean is very adaptable. It can be processed into soy meal, soy flour (used in commercial bakery products, cereals, prepared mixes, baby foods, diet foods), or into soy oil (used in margarine, mayonnaise, salad dressings, cooking and salad oils). And finally, it can be made into "textured vegetable protein," the colorless, tasteless, high-protein meat stretcher that turns plain ground beef into the soybean/beef blend.

**MEAT EXTENDERS**

Textured vegetable protein has been around for years; it is made by extracting the basic proteins from the soybeans and spinning them into fibers that are cut and dried into flakes. These are used plain as a meat extender, or can be perked up with artificial flavorings, colorings and extra nutrients to make meat substitutes.

The meat extender is a much longer history than most people realize. Soon, millions of school lunches featured main dishes—Sloppy Joes, stewed tuna salads, chicken pies, meatballs—that were stretched as much as 30 percent by the addition of textured vegetable protein flakes.

The stretchers hit the supermarkets after the meat boycott last spring and they've been selling well ever since. The supermarkets buy them from companies like Ralston, Archer-Daniels-Midland or General Mills. They hydrate the flakes, mix them in a 25/75 percent ratio with ground beef and market the mix under such names as "Burger Blend" or "Burger Plus."

Once you get the blend home, you store and use it just like ground beef. You can make it into meat loaf or meatballs, or use it with ground-beef convenience dishes. Not only do you get more hamburgers per dollar, but you also get another bonus: The hydrated flakes absorb the juices of the cooking meat, so there's less shrinkage and your burger is very juicy.

Soon a cheaper alternative to the supermarket blend will be available. A number of major manufacturers plan to introduce packaged textured vegetable protein flakes, so you can do your own stretching at home. One brand will sell for 49 cents a box and stretch 4 pounds of ground beef into 5 1/4 pounds of burger blend—that's 11/2 pounds of nourishment for only 49 cents—quite a bargain! Now the packaged flakes, which can be stored on a pantry shelf, are made only for mixing with beef. But as demand grows, manufacturers expect to come out with extenders tailor-made for chicken, ham and pork.

All the blends are nutritious, of course. But how about taste? The supermarket blend is quite good, we found, especially when spiced and served with a sauce or an added attraction like cheese, sliced tomato or lettuce. The home blend tastes fine, too, as long as the proportions are used and the ingredients are mixed thoroughly.

**MEAT SUBSTITUTES**

Textured vegetable protein can also be made into meat substitutes, as mentioned earlier. These have been around for years and at least one—bacon bits—is probably at home in your kitchen. Health-food stores have long stocked Worthington Foods' "meatless meats"—chicken, beef, ham, pork—made from textured vegetable protein or other soy derivatives. The meat substitutes are quite good, we found, although they do not exactly duplicate the flavor of the meats. Used with a sauce, or in dishes like chicken pot pie, beef stew or ham salad, they are excellent.

Consumers, a bit wary of the magic meat extenders at first, have been coaxed by high nutritional value and low prices. Now they're buying—and enjoying—they. And the demand will probably grow: A Cornell University study predicts that meat extenders and substitutes may represent 10 percent of our domestic meat consumption by 1980.

Come meat shortages or come higher prices, it looks as if the nutrition experts are right: The soybean/beef burger is the food of the future. —Eileen Denver Mimoso

**BEAUTIFUL BURGERS**

For making and freezing shapely hamburgers, Tupperware now has the Hamburger Press Freezer Set (about $2). You put ground meat into the round plastic keeper, apply the press and presto! You perfect patty. Then you snap on a second keeper and press again. Five in all stack up in your freezer.
Even the most stylish custom-look tables are easy to make.

A custom-look table can begin as a cube, an unfinished piece, a worn reject or something you make yourself. Decorating it is as easy as stapling, painting or gluing—and you can use almost anything: patchwork, wood veneers, rich-looking fabric, colored paper or self-stick, as shown on pages 48-51. There, you'll find decorating tips for four of our tables; these remaining two are somewhat complicated, calling for more patience than skill for a smashing effect.

**SUDE COVE**

To make the side table pictured on page 50 (top, left), we started with an unpainted Parsons table (18 inches by 48 inches, 30 inches high) in knockdown form. Here's how to cover it, using 4 yards of cotton suede in 36-inch wide. First, staple fabric along the side of leg, wrap around tightly and slipstitch to attach. Next, cover tabletop, stapling fabric under one end and stretching it along the top until taut; then staple under other end. You can mitre the corners, as we did, for a professional look.

Once the legs and top are covered, assemble the table according to manufacturer's instructions. Plot a design for upholstery tacks onto table edge and down each leg. (We used sparkles with a series of interwoven stars.) Sand plywood table, smoothing any rough edges. Brush on paint; let dry. Apply a second coat. When surface dries, outline the design—copy ours or create one of your own—in hard pencil on the painted top. Now you must transfer this design to the veneer sections that will decorate the tabletop.

Make a tracing of the design with soft pencil. Turn tracing over and tape to veneers. Using a hard pencil, carefully trace the reverse side of your traced pattern and the design will transfer onto the veneer pieces; use veneer saw for straight lines, a sharp X-acto knife for curves. Place all pieces on tabletop to make sure you have cut them correctly to form the complete design. Now cut inlay borders to frame your design; use thin inlay along the edge and thin inlay inside the design.

Apply veneer glue to the tabletop according to can instructions. Let dry. Put glue on veneer pieces, with wax paper underneath to prevent sticking. When glue dries, apply veneers, starting at one corner of tabletop and progressing by area, not by color, over entire surface. Position each piece precisely, following the penciled lines of design. Caution: Veneer glue holds fast; once the pieces adhere, they will be very difficult to move. Use veneer roller to press the pieces in place evenly. Remove excess glue with a cloth dampened with benzine, and fill any crevices that remain with wood filler. Sandpaper veneered sections of tabletop until smooth; use medium-grade sandpaper first, then very fine. Remove sandpaper dust with cloth and benzine. Apply three coats of varnish; let dry and sandpaper between coats. To finish, we applied leatherlook self-stick vinyl to the center of each square. —Barbara Weinfuss
Here's wall-hanging hardware to use if there's no wood to fasten to.

Unit shown comes with center screw that is removed while pins are driven into the wall, then reinserted afterward. Hangers are made in many conformations: hooks, loops, holders for wire, etc.

Drill clean pilot hole the same thickness as anchor, but slightly longer. Tap anchor in until flush with wall. Screw must be sized to fit anchor. As screw is driven in, the anchor splits and grips the sides of pilot hole.

Fiber plug should fit neatly into pilot hole and set in just below face of wall. Screw will seat itself firmly into jute and metal strands. (L-shaped brackets shown hung in each sequence of chart are for example only.)

Use star drill or masonry bit in power drill to make clean hole same size as plug. Tap in plug flush with wall and drive in screw. Plan placement carefully for this (and two above) so the screw can remain once it's put in.

Installation similar to lead plug, above. Hinged unit divides; grooves grip sides as screw is driven in. Unlike above, screw can normally be removed from shield and reinserted. Larger shields call for "lag" screw with bolt head.

Anchor shown here being applied to paneling. Drill hole slightly smaller than full diameter of anchor (it will compress). Hold lip against face of paneling as screw is driven in. An alternative version takes screw-type nail.

Drill hole exact size of jack nut. Insert bolt (without object to be hung) and drive in until wings of nut are brought firmly against back of paneling. Remove bolt, pass through object to be hung and reinsert into threaded hole.

Drill hole exact size of Molly. Pull wings up tight, as above (without object to be hung). Use wrench, if necessary, to keep frame from turning. Molly, which makes fixed bolt-hole, must be knocked out to be removed.

Drill hole for wing nut to pass through. Put bolt through object to be fastened, screw on wing nut, insert. After wings open, pull back on bolt to hold wings as you tighten. Wings are lost if bolt is removed.

—Stanley Schuler
Color-finished wood furniture can produce some dazzling decorative effects:

When you’re contemplating a decorating project, whether it’s furnishing an entire house or refreshing a single room, color is probably one of the first considerations: color for walls, upholstery, curtains, floor coverings. But you’re missing out on a lot of decorating drama if you overlook the potential of color for wood furniture as well.

Color finishes have been around almost as long as furniture itself. Court and peasant styles, alike, dating back to ancient civilizations, established the precedents. The materials and techniques of earlier eras have all but disappeared, preserved and perpetuated only by a handful of dedicated craftsmen, and today’s color finishes, like today’s furniture, are mechanically produced with modern materials and methods. But now as in the past, color-finished furniture remains unparalleled in its capacity to fire double-barreled decorating excitement into interiors.

VARIED FINISHES

Color finishes on currently manufactured traditional pieces are usually mat or dull surfaced, sometimes antiqued and frequently distressed as well. Some pieces also are embellished with scenic designs, floral motifs and striping. Color finishes applied to modern furniture are almost invariably shiny, lacquerlike, highly reflective. In addition to these surface treatments, there are penetrating high-pigment stains that impart color to wood while letting the grain show through; these are associated with colonial and some provincial styles. Fool-the-eye paint finishes used in modern reproductions of period designs are created to imitate other materials: marble, malachite, tortoiseshell, lapis lazuli, bamboo, even highly grained or inlaid woods.

Why choose a painted finish? Few specific circumstances favor the choice:

1. When period authenticity calls for color: French Louis XV and XVI, Italian 17th and 18th century, Windover, Hitchcock, Sheraton, Pennsylvania Dutch and the various provincial styles are examples. Fool-the-eye paint finishes used in modern reproductions of period designs are created to imitate other materials: marble, malachite, tortoiseshell, lapis lazuli, bamboo, even highly grained or inlaid woods.

2. When period authenticity does not: When modern reproduction furniture looks better than its original finish. For example, a colored finish can be most flattering to furniture with style-matched, finish-matched furniture, can be revitalized by re-finishing the most important piece of the group in an eye-catching color. When a large piece of antique furniture is refinished in an offbeat, untraditional color, reupholstered in a related modern plaid or a geometric. And the effect? A complete transformation, without adding a single new item of furniture.

COLOR IMPACT

Within the context of an overall decorating scheme, colored furniture can have a remarkable effect. It can warm up or cool off a room, make an area either tranquilizing or stimulating, elongate a space or reduce it in scale. Furniture finished in the same color or value as the wall behind it becomes smaller, less important in appearance, while several pieces when color-contracted with the background color come on strong, dramatic, exciting. Some decorating situations call for color in small doses, spotlighting one piece, for example, to make a bold statement in a setting of neutral colors and natural wood tones. Style enters the picture here, too. One ornate period piece in living color can be eloquently effective in a starkly modern setting, and vice versa.

On the other hand, the decorating problem may call for color saturation: For instance, finishing a roomful of disparate pieces all in the same color can establish a unifying relationship among them, pulling the whole scene together. Suitability should play a part in your choice of color: A lacquer-red wall-to-wall storage unit may be a tour de force in a den or family room, but a disturbing distraction in a bedroom, a delicate pale color more appropriate. A deadly dull room, furnished from stem to stern with style-matched, finish-matched furniture, can be revitalized by re-finishing the most important piece of the group in an eye-catching color. Some decorating situations call for color

FUNCTION AND STYLE

Picture, for example, a sedate Chippendale dining room, prim and proper in dark wood finishes and correctly traditional fabrics. Now picture the same room with chairs alone refinished in an offbeat, untraditional color, reupholstered in a related modern plaid or a geometric. And the effect? A complete transformation, without adding a single new item of furniture.

Incidentally, we think of 18th-century colors as grayed or subdued in value, as in antiques of the period, when in actuality the colors were originally fresh and bright, but have been softened by the passage of time. So there’s your license to go bold. Paint-finished furniture can be used decoratively to spotlight a collection: Coalport china, for example, shows off to perfection in a formal 18th-century English breakfast, color-keyed in

Achieve impact with PAINTED
flowers, stripes, scencis or fool-the-eye imitations of wood, marble, stone.

is as near as the public library or neighborhood bookstore, and may also be forthcoming from classes offered by art schools, college extension courses and adult education programs. Here are three recent volumes on the subject that might be worth adding to your home library: All About Antiquing and Restoring Furniture by Robert Berger (Hawthorn, $6.95), The Complete Book of Furniture Repair and Refinishing by Ralph Parsons Kinney (Scribner's, $8.95), How To Paint Anything by Hubbard H. Cobb (Macmillan, $5.95). An indispensable manual for the serious craft student is The Art of the Painted Finish for Furniture and Decoration by Isabel O'Neil (Morrow, $19.95). Materials lists, tool requirements, techniques and procedures are spelled out fully—and are as easy to read and follow as any recipe. The book would be well

standing feature. Most require little more than dusting and time-to-time wiping with a damp cloth. However, it's important to follow the manufacturer's maintenance recommendations, as finishing materials and their upkeep vary from one company to another. Many furniture makers give special attention to the tops of chests and tables, treating them for extra resistance to stains and scratches; others provide kits for touching up occasional nicks.

BUYER CHOICES

Recognizing the growing demand for color, manufacturers are expanding their offerings in color-finish lines, and enlarging the range of colors that is available. Matched suites still prevail, especially in the area of youth furniture—scaled-down, pieces featuring childproof plasticized finishes and mar-resis-

IN-THE-RAW REWARDS

Unfinished-furniture stores have begun upgrading the quality of their merchandise, increasing the range of design selections and expanding customer services to meet growing demands. Some have their own finishing shops and will custom-color purchases to order; others will make pieces to customers' specifications as well. Herein lies one distinct advantage of buying in-the-raw furniture: Finish colors, whether applied professionally or by loving hands at home, can be matched exactly to samples, providing greater choice than available in ready-made, already-finished furniture and more opportunity for developing and reiterating a color scheme throughout a room—in painted-to-match curtain poles or window shutters, on mirror frames, wastebaskets and other decorating accessories.

A RAINBOW OF OPTIONS

Today's bumper crop of color-finish furniture offers something for every room in the house, for every taste, for every budget... as elegant as an antiqued lacquered Chinese cabinet or as casual as a rush-seated Italian cafe chair... as angular as a super-striped Parsons table or as curvaceous as a lipstick-red bentwood rocker... as bold as a wall-to-wall storage unit or as delicate as a cane-seated Di-rectoire bench... as costly as a Queen Anne chest-on-legs reproduction for $6,000 or as inexpensive as a $16.95 paint-it-yourself provincial footstool... as modern as a burnt-orange grandmother clock or as traditional as a blue-handed bergere. Why search for the pot of gold at the end of the rainbow when the rainbow itself will add to your decorating?—Carol L. Crane

WHAT'S NEW IN COLOR FINISHES

Furniture makers and retailers around the country have become attuned to the trend toward painted pieces. Here are some of the distinctive pieces you're likely to find in stores now: a small-scale spinet piano in a choice of six paint-pot colors, by Everett; a full-length divan mirror... as costly as a corner-seat Venetian console, from Magnavox; an Oriental-flavored chest framed with bamboo turnings and trimmed with silk-screen sprays of flowering bamboo, by Basic-Witz; storage units designed for bunching, colored in way-out neon shades, by Drexel; similar units, emblazoned with red/white racing stripes or with wicker-pattern door/drawer detailing, from Schoolfield.
HOW TO SPEAK "HOME-BUYING"

House-hunting? Check this A to Z list of the many words you must know.

ABSTRACT OF TITLE Summarized history of the legal title to property; shows changes of title, records of liens and encumbrances.

ACCELERATION CLAUSE Condition in a mortgage that may require the balance of the loan to become due immediately, if regular payment is not made.

AMORTIZATION Systematic payments to reduce the loan principal of a mortgage, along with each payment of interest. Amortized payments are usually the same each month, but during the early years the portion for interest is higher. In the later years the portion for principal is higher.

APPURTENANCES The easements or other rights considered part of a property, which pass to the purchaser.

ASSUMPTION OF A MORTGAGE Agreement by a buyer to pay remaining payments on an existing mortgage. The seller remains obligated if the buyer fails to pay, unless the lender agrees to release him.

BINDER An advance agreement to purchase property on terms usually involving earnest money.

BUILDING LINE Distances in from the ends and/or sides of a lot beyond which construction may not extend. The building line is determined by zoning law.

CC AND R's Abbreviation for "conditions, covenants and restrictions" relating to property. These define limitations and rights agreed to for the protection of all owners in a subdivision or community.

CLOSING COSTS One-time costs paid at the closing day, usually paid by the buyer. Closing costs may include charges for title insurance, title search, attorney's fees, credit report, preparation of documents, property survey, loan origination service and either closing service or escrow.

COMMISSION Money paid to a real estate agent (usually by seller) as compensation for finding a buyer and completing the sale. Usually a percentage of the sale price—6 to 7 percent on houses, 10 percent on land.

CONDEMNATION Taking of private property for public use by a government unit, with compensation to owner.

CONDOMINIUM An individually owned unit within a multi-unit structure or community that carries with it a share of ownership in common areas and facilities. Individual units may be mortgaged separately.

COOPERATIVE A multiple dwelling, usually an apartment building, belonging to residents through their ownership of shares in a corporation. Residents occupy but do not own individual units and cannot mortgage them separately.

COVENANT An agreement restricting the owner's rights in using his property, generally within a subdivision or community.

DEFAULT Failure to make payments as agreed; may lead to penalty assessments or foreclosure.

DEPRECIATION Decline in value of a house due to wear and tear, adverse changes in the neighborhood or factors beyond the control of owners.

EARNEST MONEY Money paid to a seller by a potential buyer as a binder to demonstrate serious interest in a property. If the deal goes through, earnest money applies on down payment. If the deal fails, money may or may not be forfeited, depending on the terms of purchase agreement.

EASEMENT Rights of a person or company to make use of the land of another for limited purpose.

ENCROACHMENT An obstruction, building or part of a building that intrudes beyond a legal boundary onto neighboring private or public land; or a building extending beyond the building line as defined in codes.

ENCUMBRANCE Claim or liability (such as lien, a judgment or unpaid taxes) that affects title to property.

EQUITY Value of property less remaining principal of mortgage and any other loan against it.

ESCROW Holding of money and/or documents by a neutral party while conditions of intended contract are met.

FHA Federal Housing Administration, an agency of the Department of Housing and Urban Development. It insures home mortgage loans, sets minimum standards for insured homes, administers other federal housing-related programs.

FIXTURE Equipment or furnishing that is permanently attached to a building and thus becomes part of the property when it is sold.

FORECLOSURE Act of depriving a trustor or mortgagor of the right to redeem a property, primarily because of failure to make payments as agreed.

GRACE PERIOD A period after due date for mortgage payments during which payment may still be made without penalty.

INTEREST Payment for the use of money, usually expressed as an annual percentage rate.

JOINT TENANTS Persons sharing ownership of a property in such a way that on the death of one tenant, the property goes to the surviving tenant (or tenants).

LAND CONTRACT Agreement to purchase real estate on an installment basis with title remaining in the original owner's name until buyer completes all payments.

LIEN A claim by one person on the property of another as security for money owed, usually for materials or labor.

METES AND BOUNDS A system of describing the boundaries of property by starting at a known point and measuring in specified directions.

MORTGAGE A lien or claim against property given by the buy-
er to a lender as security for money borrowed. The buyer, in a mortgage agreement, is the mortgagor; the lender is the mortgagee.

**MORTGAGE, CONVENTIONAL** A mortgage loan not guaranteed by the FHA or VA, thus with no restriction on the rate of interest.

**MORTGAGE, OPEN-END** A mortgage with a provision that permits borrowing additional money in the future without refinancing a loan or paying additional financing charges. Open-end provisions often limit such borrowing to no more than would raise the balance to the original loan figure.

**MORTGAGE, SECOND** A claim or lien on property to secure a loan beyond an original mortgage. Since it offers the lender less security than a first mortgage, it usually calls for a higher interest rate and a shorter repayment period.

**NOTE** Document signed by borrower stating terms of the loan—amount, time for repayment, interest rate.

**OPTION** Contract providing a right to buy or lease property at a specified price for a limited period.

**PITI** Abbreviation for “principal, interest, taxes and insurance,” the four basic house expenses involved in negotiations for a mortgage.

**PLAT** Map or chart of a lot, subdivision or community.

**POINTS** A point, sometimes called a “discount point,” is 1 percent of the amount of the mortgage loan. For example, if a loan is $25,000, one point is $250. Points are charged by a lender to raise the yield on his loan at a time when money is tight and interest rates are high but there is a legal limit to the interest rate that can be charged on a mortgage. Buyers are prohibited from paying points on FHA- or VA-insured mortgages (sellers can pay, however), but on conventional mortgages points may be paid by either buyer or seller—or split between them.

**PREPAYMENT** Payment of mortgage loan (or part of it) before due date. Mortgage agreements often restrict the right of prepayment either by limiting the amount that can be prepaid in any one year or charging a penalty for prepayment.

**REAL PROPERTY** Land plus improvements—anything built on it, affixed to it or growing in it.

**REFINANCING** Process of paying off one loan with the proceeds from another loan. Refinancing may be desirable if interest rates fall or property has increased in value enough so that more of the equity can be taken out in cash. But paying off the loan may involve a prepayment penalty.

**RIparian Rights** Privileges (such as fishing and boating) that go along with land bordering a lake, stream or other body of water.

**SALES CONTRACT** Basic legal agreement between buyer and seller. It should present exact list of items included with the house; make provisions for paying hazard insurance, taxes and utilities; enumerate closing costs; define the conditions of sale and the provisions for releasing each party from the agreement if contingencies are not met; set a date for the closing. The sales contract is the prime agreement; the final closing merely confirms the original agreement reached in the sales contract.

**SETBACK** Distance from the property line, usually along the front or sides of a lot, which limits the positioning of a building on the lot.

**SETTLEMENT COSTS** An all-inclusive term for costs paid by both seller and buyer in the transfer of property. In addition to closing costs paid by buyer, settlement costs include real estate agent’s fee, prepayment penalty, and points, if any, paid by seller.

**SPECIAL ASSESSMENT** Tax levied against real property for a specific purpose, such as providing sewers or paved streets.

**SURVEY** On-site measurement of lot lines, dimensions and position of house on lot, including determination of possible encroachments or existing easements. A survey is often required by the lender to assure him that a house is actually sited on the land according to its legal description.

**TITLE** Evidence in the form of a deed or other certificate of a person’s legal right to ownership of property.

**TITLE INSURANCE** A contract to make good a property owner’s loss resulting from defects in a title. Title insurance usually calls for the insurer to defend the property owner’s title at no cost if the title is challenged in court.

**TITLE SEARCH** Detailed review of title records, generally at the local courthouse, to assure that the property is bought from the legal owner and to determine if any liens, special assessments, other claims or outstanding restrictive covenants are on record.

**TRUTH-IN-LENDING ACT** Title I of the Consumer Credit Protection Act is known as the Truth-in-Lending Act and became effective July 1, 1969. It requires a lender to state the finance charge as an Annual Percentage Rate, comparable to simple or bank interest, so it can be more easily understood. Finance charges include interest, loan fee, amount paid as discount points, and service or carrying charges. Other important information that must be disclosed under the law includes the amount of each periodic payment, the date payments are due and the conditions under which late charges or other penalties will be imposed. The law also provides that a credit transaction involving a share in real property may be rescinded in writing within three days.

**VA** Veterans Administration, which operates a loan guarantee program (GI loans). This permits honorably discharged veterans (and their spouses) to obtain low down payment loans at controlled interest rates.

**WARRANTY** The seller’s limited-time guarantee of the quality of the house—usually a new house.

**WARRANTY DEED** Deed guaranteed by the seller that the title conveyed is as represented by the deed. A general warranty deed includes a covenant whereby the seller protects the buyer against faults in the title. In a special warranty deed the seller agrees only to protect the buyer against claims made by the seller.

**ZONING** Procedure for classifying real property for various uses usually in accordance with a land-use plan that has been approved by a governing body for a sizable area.

—Merle Dowd
While March winds blow, you can see a soup-er movie, sip a glass of champagne, become a "sprouter"—and conserve heat in clever new ways.

GOOD SPROUTS
They're delicious, nutritious, nonfattening and cheap (how does 2 cents a serving strike you?). And you can grow them at home in a crockery casserole or cookie jar. Gay Courter's The Bean-sprout Book (Simon and Schuster, $2.95) gives the why's and how's of sprouting beans, seeds or grains, plus dozens of recipes, some of which (a Rock Cornish-hen stuffing, for instance) sound so tasty they make it hard to stay patient through the three to five days it takes for that first crop to sprout.

TOP TUREENS
Museums all over the country have shared the beauties of the fascinating Campbell Museum collection of antique tureens, bowls and serving utensils since its inception by the soup folks in 1966. The tureens are truly special—fabulous pieces that were, in the 18th and 19th centuries, one measure of a family's wealth. Now a new color film, Artistry in Tureens, details the reproducing of two of the collection's finest—one in English silver, the other in German porcelain. Prints for showing at meetings, classes and exhibits are free from Modern Talking Picture Service, 1212 Ave. of the Americas, New York, N.Y. 10016. Meanwhile, the real things keep a date this month at the Seattle Museum of Fine Arts, move on to the Los Angeles County Museum for April and May, then home to Camden, N.J. The Campbell Museum is open Monday to Friday, year round. Admission is free.

THE BUBBLY
Americans too often save champagne for state occasions, says the Baroness Madeleine de Mumm, whose very name means fine champagne. "Actually," she explains, "champagne helps make ordinary times special." It's easy to serve, she points out ("chilled in ice, but not icy"), and it looks beautiful in a flute or tulip glass ("they keep the bubbles"). Before dinner, she says, it goes superbly with any hors d'oeuvre that has a "quiet" flavor: caviar, crabmeat on toast, scallop quiche, chicken terrine, even geléé fish "if it is delicate." A dry champagne ("our Cordon Rouge or one of your good California ones") is perfect with seafood, too.

GREENHOUSING
Steal a March on spring? You can if you have a greenhouse. If you haven't, and want one, Building Hobby Greenhouses, U.S. Department of Agriculture Bulletin No. 357, should get you started. It covers the pre-construction ground thoroughly, tells all about sizes (from window types to giant free-standers), placement, materials, costs, design, climate and light control and more. Cold frame and hotbed facts, too. It's 25 cents from U.S. Government Printing Office, Washington, D.C. 20402.

PRETTY PAYMENT
A clearly gifted hand-blown glass pig (he comes in a can) will happily turn terrarium or penny bank. And he looks especially winsome as a candy jar stuffed with gumdrops or with striped peppermints. His corked snout makes simple, nondestructive work of role changes. Pig-in-a-Can, imported from Finland by Synergistics Research Corp., comes in clear, blue or green; he's $10 at department stores.

WARM THOUGHTS
To help stretch your fuel through still chill days, here are three inventive new heat conservers: In your fireplace, a "Thermogrote" of welded hollow pipes cradles the fire, circulates warm air to double the normal heat output. In regular ($99.50) and small ($69.50) sizes, it's from Thermograte Enterprises, 51 Iona Lane, St. Paul, Minn. $5117. ... If yours is a forced-air furnace, clear-plastic deflectors for floor and wall registers can steer warmth into rooms, away from windows. They're from deflect-o, about $2 each at hardware stores. ... And to install over basement window wells, there are ABC's domed Plexiglas Cov'-Liters that keep out dirt, hold in heat, can even be used as miniature greenhouses. One size fits all standard area walls and wells; each is about $20 from hardware or garden-supply stores.
Introducing Raleigh Extra Milds
lowered tar mild natural flavor

New Raleigh Extra Milds joins Raleigh Filter Kings and Longs in offering free B&W coupons. These coupons add up fast for valuable gifts like this sterling silver Duchin table lighter.

For your free Gift Catalog showing over 1000 gifts, write: Box 12, Louisville, Ky. 40201.


Extra Milds, 14 mg. "tar," 1.0 mg. nicotine, av. per cigarette, by FTC method; Filter Kings, 16 mg. "tar," 1.2 mg. nicotine; Longs, 18 mg. "tar," 1.3 mg. nicotine, av. per cigarette, FTC Report Sept. '73.
Sears Cloud Supreme Bath Carpets.

Beautiful bathroom floors you can throw in a washer.

Splendor in the bath. It starts with Sears Cloud Supreme Carpeting. A fluffy, deep plush that comes in 15 luxurious colors. (It's even backed with a thick polyurethane foam cushion for extra softness underfoot.)

And what a joy to keep clean! Cloud Supreme Carpeting is 100% DuPont® nylon—machine-washable, machine-dryable.*

It costs under $30 for an average 5 foot by 6 foot bath floor. And you can install it yourself. All you need is an ordinary pair of scissors.

You can choose color-coordinated accessories too. All at most larger Sears, Roebuck and Co. stores and by catalog.

*Cloud Supreme 5 by 6 foot carpet samples have been machine washed and dried in home laundry equipment by and to the satisfaction of the Good Housekeeping Institute.
DECORATING NEWSLETTER

This year's furniture story features simplicity and flexibility: Look for natural woods, seating that's plump, soft and low—and upholstery in unexpected places.

Lucky you, if this is your year to shop for living, dining or family room furniture! The styles debuting now in stores across the nation are a pleasure to look at and will be a delight to live with. Everything is toned down, cleaner, more functional. Flexibility is the keynote throughout: Upholstered sectional units and ottomans, for example, can be combined in various wonderful ways, and the pieces are simple and casual enough for family rooms as well as living rooms.

The overall feeling is neat and sophisticated rather than wildly different. At the high end of the new pared-down look are Selig's bentwood glass-topped dining table and covered dining chair (below, left). Beautifully functional, they exemplify today's simplicity. Besides the table ($155) and chair ($110 up), Selig's collection includes four cocktail-size tables ($165 to $176) and another dining chair with tufted seat and back ($187 up).

THE FAT LOOK

The trend in upholstery is to the soft and curvy. Sofas and chairs are lower, with fat arms, plump cushions and backs. For comfort, the new designs are unbeatable. One of the manufacturers who wants you to sink into that comfort is Directional Industries, whose two-cushion sofa (below, right) is just a happy collection of cushy pillows mounted on an upholstered base. The sofa is $585 up. Directional has another one that achieves the soft look by gathering the fabric luxurious-ly. It goes for $565 up.

Thayer Coggin's approach to soft and curly is to upholster everything in their sectional seating grouping—even the legs. A bit more tailored than Directional's sofas, these totally upholstered pieces ($210 to $320 up) are so neatly designed and scaled that they can adapt to any setting.

Founders has introduced two plump, low-slung beauties. One sofa is a version of the Chesterfield with a tufted back ($750 up); the other has a curved back that wraps right around into plump arms ($850 up). Both sit on bun feet for added roundness.

AND THE NATURALS

The new softness has teamed up with the evolving "natural" look, and the two mesh beautifully, as several of the latest designs show. Kroehler has partnered "butcher block" (a tough, high-pressure plastic laminate) with vinyl in a handsome seating collection. On the sofa ($549 up), love seat ($299 up) and chair ($199 up), the sides are "butcher block," the seats and backs button tufted. For a really clean, total effect, Kroehler also has a coordinating group of tables and storage pieces ($30 to $120) that handsomely combine "butcher block" with chrome. Directional's contribution to the trend is a soft and sumptuous sofa ($650 up). It has a single cushion, low curved back and curvy arms that wrap over and (continued on page 90)

The two-cushion sofa by Directional epitomizes the trend toward the soft and plump.

Selig's dining table is molded oak with a glass top; the coordinating chairs are covered in vinyl or a choice of fabrics.

The electrifying bestseller about a subway hijacking is now a Dell paperback!

- 15 weeks on the bestseller lists
- A selection of four book clubs
- A forthcoming major motion picture

"Reads faster than the speed of light."

—Saturday Review

DELL $1.75

Finally, realistic help for parents.

After two bestsellers directed to adolescents, Girls and Sex and Boys and Sex, the co-author of the Kinsey Reports turns to the people most in need of help: parents. Dr. Pomeroy recognizes that the sexual revolution has made communication between parent and child more difficult than ever. YOUR CHILD AND SEX is thus the first truly modern approach to an all-time problem: how parents can help their children (and in the process, themselves) achieve happier, better sexual adjustment. $6.95 at all bookstores

DELL PUBLISHING CO., INC.
DECORATING Q's & A's

How can I perk up my kitchen? The wallpaper (which must stay) is light blue, gray and white, the curtains are blue, and the cabinets are varnished in a yellow tone.

Mrs. T. Dobson
Burlington, Vt.

Add cheer to your kitchen by picking up the blue and white in the wallpaper: Paint your cabinets blue, hang curtains of white polished cotton with blue trim, and cover your floor with no-wax sheet vinyl in a white-brick pattern.

Can you offer some alternatives for redoing my wood living and dining room floors? I don't care for the color that shellac gives.

Mary T. Callahan
Seattle, Wash.

How can I change the dusty rose counter tops and flooring in the kitchen of my new home? I don't really like the color. My appliances are white, the cabinets light wood.

Mrs. J. Jones
New York, N.Y.

Make a change by covering your counter tops with a self-adhesive plastic in a solid color like green. Paper two walls with a green-and-white print.

How can we give some contrast to the interior of our newly bought, 20-year-old home? We have wood furniture and early American accessories, and the walls are knotty pine.

Nancy Sarkisian
San Francisco, Calif.

Be bold and paint over the knotty pine, using a light, bright color scheme (buttercup yellow and white, perhaps, or apple green and peach). Use lots of fabrics to soften the impact of all that wood furniture. For example, you can skirt a table, chair or sofa. Colorful pillows, green plants and some flowers will add further contrast.

What colors will coordinate with my zingy new pinkish-plum bedroom rug?

(Mrs.) R.J. Terrana
North Bellmore, N.Y.

For impact, decorate in plum and white. Against white walls, use a large-scale plum-and-white check for curtains and bedspread; cover a round table or dressing table with a plum-and-white floral fabric; repeat on throw pillows. Add white accessories and a touch of lime green.

How can we brighten up the bathroom in our new apartment? There are black tiles on floor and walls; both sink and tub-shower are green.

Mrs. Daniel Conroy
Chicago, Ill.

Apartment bathrooms are rarely a decorator's dream come true, but transforming them can be easy. Cover your walls with a yellow gingham vinyl paper and put down wall-to-wall carpeting in lemon yellow. Buy or make an outside shower curtain in a yellow floral pattern and use floral towels to match.

Direct your decorating questions to: Decorating Q's & A's, American Home, 641 Lexington Ave., New York, N.Y. 10022. Letters will be published on the basis of broad general appeal. Sorry, we are unable to send personal replies.
Once turkey was just for holidays and special occasions. Now, because of its price, availability and exceptional versatility, the traditional American bird is showing up at everyday meals. Sometimes it's a whole roast, sometimes a breast of turkey or a light-meat/dark-meat roll. Other times, turkey steaks, slices or parts are the main attraction. Here is a rundown of turkey buys at your supermarket, some of which are pictured in our food pages, beginning on page 66.

First, of course, there are whole turkeys—fresh, chilled and ready to stuff, or frozen and either stuffed or unstuffable when thawed. Both types come basted or unbasted, the first in sizes from 6 to 24 pounds, the second from 5 to 16 pounds. You can also buy whole birds that have been fully cooked and smoked. Sold frozen, smoked turkeys usually weigh 6 to 12 pounds, are ready to thaw and eat cold—or heat and serve. (Smoked entire breasts are also available.)

If yours is a family of white-meat lovers, you might choose breasts of turkey, which are normally frozen and may be basted or unbasted. Closely trimmed entire breasts (with bones), they weigh 2 to 8 pounds.

Then there are the turkey roasts—boned, rolled white and dark meat that is usually frozen. These roasts may be sold plain (3 to 5 pounds) or with a separate packet for making giblet gravy (about 3 pounds). You can also buy pan roasts—white or white and dark meat packed in disposable aluminum-foil pans for roasting. These come either basted or unbasted and weigh about 21/2 pounds. Or you might prefer the butter-basted pan roasts (about 2 pounds), which are boneless breast or breast and thigh layered with butter.

For even more particular family palates, you can buy turkey parts. Frozen and ready to cook, there are drumsticks (2 to 2½ pounds), wings (2 to 2½ pounds), thighs (about 1½ pounds) and hindquarters (2 to 6 pounds), including drumstick, thigh and oyster. Quick and easy cooking needs suggest turkey steaks, cutlets and fillets all frozen and ready to cook. The steaks are cross cut from the breast; the cutlets are boned and skinned ¼- to ½-inch-thick pieces of breast meat; the fillets are the natural ones found under breast meat. Also quick are the heat-and-serve frozen turkey slices—12 ounces of breast and thigh pieces packed in gravy.

Or you might want to try the very newest of all turkey products—ground turkey. This is dark meat ground with proportions of skin and fat. Last and simplest of all are the ready-to-serve turkeys, which are precooked and need only be heated and served. They come in 2- to 5-pound rolls of white or dark meat or both.

When you choose turkey, you can be sure you're getting a good-nutrition buy. Turkey contains more protein than all other cooked meats. It is rich in niacin and good in riboflavin and a source of iron and phosphorous. Turkey is also low in calories.

As for storing and thawing frozen turkeys or parts, there's one rule to remember: Check the package label and follow directions. Frozen birds should be kept in the freezer at 0° until ready to thaw. Thawing is best done in the refrigerator section, slowly—allow about 24 hours for each five pounds of turkey. If you don't have time for this, place the meat (in its original wrap) on a rack in a shallow pan and let it stand in a cool room, away from heat, until thawed.

—Frances M. Crawford
We know how cats feel about milk, so we've made the only cat food with the taste of milk.

SPECIAL DINNERS™ cat food from Purina®.
Four delicious varieties, each coated with the taste of nutritious milk. Sea Nip Dinner®; Dairy Dinner®; Gravy Dinner® and à la Sea Dinner™

SAVING WAYS TO LIGHT YOUR HOME

You spend an average $32 a year for lights. Think of saving some of that—and increasing efficiency in the process.

When you burn a 100-watt bulb for 10 hours, you consume 1 kilowatt-hour of electricity for which the utility charges you roughly 3 cents. To produce that kilowatt, they have burned roughly 1 cup of oil.

An impressive statistic? Not really. But it helps to clarify how a little thing like a light bulb contributes to the energy crisis and adds to the average homeowner's $32 annual bill for lights alone. Happily, the steps you can take to lower the bill involve little or no sacrifice. On the contrary, some will even give you more light than you presently have.

Start with the easiest step of all: Turn off lights when you leave a room. This used to be done uniformly, when a kilowatt-hour cost a lot more than 3 cents. But it still saves more light (and money) than anything, and is an easy habit to get into. After all, why should you burn a light that isn't doing any good?

Keep lamps and light fixtures clean. When diffusers, shades, reflectors or even bulbs themselves become coated with dirt and dust, you get less light than you're paying for. And you may be tempted to turn on another light.

Outdoors, remove or prune back foundation plantings that block windows and necessitate lighting up even on sunny days. This will also improve the appearance of your home, and may let in winter sun to help reduce your heating bill. True, it may raise indoor temperatures in summer, depending on the direction you face, but so do lights.

LIGHTEN INTERIORS
Consider redoing your interiors in lighter colors. Without changing a single light source, you can greatly increase the light level in a room just by changing the color. The amount of light a surface reflects is called its "reflectance value." This is stated in percentages and depends on the color of the surface. Ceilings, for example, should have reflectance values of 60 to 90 percent; walls in living areas, 35 to 60 percent; floors in living areas, 15 to 35 percent. In work areas, minimum wall reflectance should be 40 percent; floors, 25 percent.

To help you judge, the reflectance values of a few sample colors are: white, if new and clean, 90 percent; lemon yellow, 65 percent; peach, 53 percent; apple green, 51 percent; sky blue, 42 percent; brown, 24 percent.

LOOK TO EFFICIENCY

Use more efficient fixtures and lamps. For example, if you mount a fixture on a ceiling or suspend it below, light is directed up, down and to the sides. As a result, you need bulbs that use only about 1 watt of electricity for each square foot of floor space. On the other hand, if you recess fixtures into the ceiling, the wattage of bulbs must be doubled or even tripled to give you the equivalent amount of light.

There are similar differences in the amount of light that lamps give, depending on the design and translucency of their shades. One lamp has been designed for maximum efficiency—the Better Light Better Sight desk lamp, which uses a 200-watt incandescent bulb.
From Land O' Lakes
Karen Engle's oatmeal blueberry pancakes.

Karen's easy recipe starts with pancake mix and America's No. 1 butter. The naturally delicate sweet cream flavor of Land O Lakes brings out the oatmeal-goodness of this country style recipe. Look for it and other butter-good pancake recipes inside specially marked Land O Lakes Butter cartons.

A taste of the Country.

Preheat griddle. In medium bowl combine all ingredients; mix well. (Batter will be thick.) Fold in blueberries. Pour batter onto hot, lightly greased griddle using about ¼ cup per pancake. Spread batter to ¼-inch thickness. Bake until bubbles break and edges are cooked. Turn and bake on other side.

Yield: 8 to 10 pancakes

OATMEAL BLUEBERRY PANCAKES

1 c. pancake mix
1 c. quick-cooking oats
2 tbsp. firmly packed brown sugar
3/4 c. milk
2 eggs
2 tbsp. melted Land O Lakes Sweet Cream Butter
1/2 c. fresh or well-drained frozen blueberries, thawed

Lightly Salted,
Unsalted or
Whipped.
Here's a truly beautiful offer!

Take a lavish $12* Beauty Kit for only $1 with coupon

$1 lets you enter the World of Beauty and here's what you get...

A Fabulous $12.00* Beauty Kit, brimming with fine famous-name cosmetics and beauty aids—products you've always wanted to try—from companies you know and trust. $12.00 worth of luxury cosmetics for just $1. At least seven prestige cosmetics in your first Beauty Kit...and not just sample sizes!

Plus A Beauty Guide Magazine packed with "how-to" articles by renowned beauty experts to help you make yourself even more attractive!

Plus A Bonus Coupon entitling you to extra beauty products at significant savings.

How Can We Make This Fabulous $1 Offer? Because the world's great cosmetics makers want you to discover and try their finest creations, they make them available to you at far less than their value through the World of Beauty Club. And That's Just The Beginning! After your Introductory Beauty Kit, you'll go on getting similar kits of prestige cosmetics and beauty products about every two months, automatically, for as long as you want...plus, once a year, a deluxe men's kit of famous grooming aids and an exclusive Springtime Fragrance Kit, ideal for gift giving—all on approval—for about half their value.

At the very least, the value of each Beauty Kit will be $12.00—some as high as $15.00. But you pay only $4.98 per kit plus shipping and handling for those you choose to keep. No obligation to continue. If you don't find your Introductory Kit or any other Beauty Kit completely irresistible, you may cancel your membership at any time. Yet your $12.00 Introductory Kit for just $1 is yours regardless.

$12.00 Worth of Famous-Name Cosmetics...Beauty Guide Magazine...Bonus Offer. mail the coupon today and see what a dollar can do for you!

Mail Coupon Today for $1 Introductory Offer

You get all this!

$12.00* worth of famous-name cosmetics—at least seven prestige cosmetics in your very first Kit.

Beauty Guide Magazine

Beautiful $1 Offer

World of Beauty® Club
623 S. Wabash Ave., Chicago, Illinois 60605

□ $1.00 enclosed. I save 98¢ shipping and handling on my introductory Kit.
□ Bill me later for $1.00 plus 98¢ shipping and handling on my introductory Kit.

To help you serve my needs personally, I am checking:

□ MRS. □ MISS

□ Hair Group
□ 16-19
□ 20-25
□ 26-32
□ 33-39

□ Skin Group
□ Oily
□ Normal
□ Dry

□ Eye Group
□ Blondes
□ Brunettes
□ Redhead

□ Skin Tone
□ Light
□ Medium
□ Dark

□ Hair Color
□ Brown
□ Black

□ 40 plus

□ MRS. □ MISS

□ Hair Group
□ 16-19
□ 20-25
□ 26-32
□ 33-39

□ Skin Group
□ Oily
□ Normal
□ Dry

□ Eye Group
□ Blondes
□ Brunettes
□ Redhead

□ Skin Tone
□ Light
□ Medium
□ Dark

□ Hair Color
□ Brown
□ Black

□ 40 plus

□ Address...

□ City...

□ State...

□ Zip...

Canadians: Mail coupon with $1 in envelope to U.S.A. address. Future Beauty somewhat higher than U.S.A. Shipment and service from Canada.

Limit: One Introductory Beauty Kit Per Family

*Based on manufacturers' suggested retail prices.
SAVING WAYS
continued from page 40

It gives the most usable, glare-free light per watt and is ideal for anyone doing desk work.

WARM UP TO FLUORESCENTS

Switch to fluorescent lights wherever possible. They're about four times as efficient as incandescent, give off much less heat and last seven to 10 times longer. The objection to fluorescent's cold white light isn't as valid as it used to be. Light from Warm White and Deluxe Warm White tubes comes close to incandescent light.

Another problem with fluorescents is the size and shape of the tubes. But this doesn't prevent the installation of many attractive types of fixtures, such as valance lights over windows, wall brackets and cove lights over unbroken walls, soft lights over vanities and counters, and luminous ceilings to light entire rooms. General Electric has begun production of a new 40-watt fluorescent called the Mod-U-Line. Because it is bent into a narrow U shape, you can squeeze two tubes into a 2-foot-long space between joists, studs, and thus create a compact fixture producing as much light as two 150-watt incandescent bulbs. Power consumption is 75 percent lower.

Furniture for lovers

We have no quarrel with modern technology. But we think people will always love the beauty of real wood. Compare the color and grain character of veneers on these "Novacraft" tables, for example, with the plastic or printed finishes being used today.

CONSIDER LONG-LIFE LAMPS

But experts can be wrong. If you want maximum light at minimum operating costs and don't object to the long warm-up period, you can easily convert a conventional incandescent floor or table lamp to a high-efficiency, long-life mercury-vapor lamp. Here's how: Attach an H-38 mercury ballast, available at lighting-supply stores, to the base of the lamp. Then connect a two-wire cord with a plug to the input side of the ballast. (It has two wire leads, one marked "120," the other marked "common.") Use plastic wire nuts to make the connection.

Then connect the output side of the ballast to the lamp socket. You can use the existing cord or a new one. Simply make sure the wire from the lead marked "lamp" goes to the gold screw on the socket and the one from the lead marked "common" goes to the silver screw. Screw in the mercury vapor bulb. Use either an H38MP-100/N or an H38MP-100/R. The latter gives off a slightly cooler colored light. Cost of bulb and ballast is approximately $30. —Stanley Schuler
Start fresh with Belair.
Just the right touch of menthol.

Worth looking into. These 8 power, 30mm EXPO thumb focus binoculars by Bushnell. Field: 394' at 1000 yards. Yours for free B&W coupons, the valuable extra on every pack of Belair.

To see over 1000 gifts, write for your free Gift Catalog: Box 12, Louisville, Ky. 40201.

The blown and pressed glass popular in early America has long been prized by collectors. Happily, today's glassworks are turning out exquisite—and modestly priced—reproductions. The handsome pieces we have brought together are available at better stores, or may be ordered from museum sources.

Clockwise from top: hurricane shade ($21.50), Williamsburg Moon and Star basket ($12), L. E. Smith Glass Co., handled "spider" ($3.75), Imperial Glass Corp., baroque-pattern tumbler (four for $12.50) and decanter ($15), Metropolitan Museum of Art.
By Christine B. Roth

Our collection reproduces fine designs that were favorites in the 18th and 19th centuries. Many of the pieces are crafted using the old techniques, tools and materials, and their colors are true to the jewel-like originals. In each photograph, clockwise from top, we show them with reproductions of old fabrics, but they are certain to be at home on your 20th-century American table.

1. Canary-yellow Sandwich glass Dolphin candlestick ($15), Halley’s Comet bowl ($18.50), Thistle plates (four for $24) and Bellflower pitcher ($48), all Metropolitan Museum of Art.

2. Amethyst “flip” glass ($20), Metropolitan Museum of Art; amethyst water jug ($24.85), Williamsburg; green Argus goblet ($6), Fostoria.

3. Square crystal decanter ($28.85), Williamsburg; crystal bowl with cobalt rim ($14), Liberty Village; small sapphire pitcher ($7.95), Metropolitan Museum of Art; blue Argus dessert dish ($5), lead crystal Panned Diamond Point plate and goblet ($6 each), all Fostoria; sapphire Magnet and Grape covered sugar bowl ($16), Metropolitan Museum of Art.

4. Amber Moon and Star pitcher ($6.50), L. E. Smith Glass Co.; amber Manhattan plate (80¢) and small serving bowl (50¢), both Bartlett-Collins at Turco’s Color Cupboard; amber Old Williamsburg goblet ($4.75), Imperial; trumpet-shaped amber wineglass ($7.50), Liberty Village; lipped sapphire finger bowl ($9.80), Williamsburg.

5. Sapphire decanter ($26.50), amethyst flask ($10), both Williamsburg; South Jersey green decanter ($22), medicine bottle ($5.50), small and medium Lily Pad bowls ($14, $22), all Liberty Village.

6. Crystal Cape Cod ice pitcher ($10), Imperial; pale amethyst Lily Pad pitcher ($35), South Jersey green threaded-neck pitcher ($28), both Liberty Village; amber Sunbursts and Quilted Diamonds pitcher ($8.75), crystal pitcher with cobalt rim ($6.50), both Metropolitan Museum of Art; amethyst ($11.30) and light sapphire ($9.30) pitchers, both Williamsburg; sapphire Magnet and Grape creamer ($14), Metropolitan Museum of Art.
With a little flair and some unusual materials, you can design one-of-a-kind tables that look like costly custom pieces. To inspire you, we used unpainted tables and cubes, an attic discard, even a cardboard container, and created the unique items shown. — Helene Brown

CUSTOM TABLES TO MAKE

To make this elegant dining table, we glued strips of bamboo molding around a reinforced drum carton (the kind movers use) and topped it with three-quarter-inch plate glass. Cheaper but no less attractive than bamboo is half-round molding from a lumberyard. Using the latter, total cost is about $175.
We turned an unpainted table into an "heirloom" desk by topping with old patchwork. You can use printed fabric cut to fit or fashion your own patchwork by gluing squares of scrap fabric and ribbon to table. Cover with quarter-inch plate glass. Total cost, fabric version: about $120.
For this coffee-table trio (above), unpainted cubes are covered in gift wrap of various patterns and finished with three coats of varnish. Total cost: about $25 each.

Unfinished Parsons table (above, left) is covered in cotton suede and decorated in a design of upholstery tacks. Fabric staples on easily (for materials list and directions, see “Table Talk,” page 28). Total cost: about $8.

An old cocktail table gets a new look (left) with a coat of paint and a pretty scarf. We placed center of scarf on table center and folded edges under. Topping the scarf is quarter-inch plate glass that has been cut to measure. Total cost: about $35.

Decorative originals from various materials can be yours at do-it-yourself prices.
Three-quarter-inch plywood is the basis of this marquetry table. After constructing table, we marked out design. Wood veneers and self-stick paper were applied, accented by inlay strips also used as table edging. Instructions are in "Table Talk," page 28. Total cost: about $40.
As the crafts movement soars in popularity, more and more people are molding a way of life around the handmade and the beautiful. For some, it means creating their own furniture or pottery. For Carol and Peter Schwartzott, it means a flair for design—plus Carol’s magnificent weaving and the work of craftsmen friends—that has turned their home in Niagara Falls, N.Y., into a fascinating treasure. (continued)
The Schwartzotts (below)—Peter, Carol, Gretel, 3, and Jennifer, 4—curl up with Carol’s woven pillows. Peter, an artist and college teacher of design, is also the driver in an auto-racing team.

HANDMADE BEAUTY

The Schwartzott living room (above) is a showcase for crafts. Most fabulous are Carol’s woven pieces—the pillows and the two “forest forms” set into pedestals at far left. Her work is sold to craft shops and has been featured in many shows.

On living-room shelves (above) and throughout the house are pieces by other craftsmen. “We love trading,” says Carol, “a woven pillow for a pot, a wall hanging for a fantasy ceramic.”
A craft-minded family loves living with the ancient—and very modern—art of weaving.

Gretel watches her mother work at the big loom (opposite). “I find my craft wonderfully relaxing and rewarding,” Carol explains. She spins much of her own yarn, coloring some of it with natural dyes. Most of her work is in neutrals—grays, beiges, browns. Summers, she’s often joined in her workshop by apprentice weavers learning the craft. “My girls are learning, too,” says Carol. “They should grow up with an appreciation for things that people can make.”

Recessed cabinet (above) shows off some of the colorful Americana that Peter and Carol also collect. “We really enjoy living with the crafts and artifacts of yesterday—and of today,” says Carol. Drawing displayed on the middle shelf is one of Peter’s—part of what he calls his “Egg Man” series. He has won many awards for his original drawings and designs.

Schwartzott kitchen (left) is warmed by the glow of old wood and wicker furniture that Peter and Carol have bought and restored. Here, as everywhere in the house, are the plants that Carol prizes and carefully tends.

At craft shows Carol often gives loom demonstrations. “People are fascinated by craft techniques,” she points out, “and are learning to love beautiful handmade things.” Carol also weaves wall hangings, which are being snapped up by designers. They’ve discovered, she adds, that “the clean, solid lines of contemporary design find their perfect counterpoint in the warmth of weaving.”—Eileen Denver Mimoso

PHOTOGRAPHS BY LARRY COUZENS
Today’s changing lifestyles are clearly reflected in custom-design houses whose owner preferences determine the specific types and sizes of rooms. This four-bedroom lakeside home in Tacoma, Wash., shows how a young couple has provided for a life of their own within a basically child-centered plan. Suzy and Jurgen Huck asked architect Alan Liddle to minimize formal living areas and give extra space to a playroom for sons Jay, 5, and Brandy, 3—and to large kitchen, breakfast and family rooms where all the Hucks can come together. The parents have a separate master suite with its own deck and nearby study.

Family, dining and living rooms on lower floor of plan (above) all have lake view, as do master bedroom and study. Spiral stairway connects playroom and boys’ bedrooms. “Parent country” on upper level is set by baths and stairwell. Future apartment will house visiting family.
With frontage on American Lake, the Hudcs have their own dock (opposite), where sailboat is moored. Brandy and Jay also do a lot of dock fishing. Here they are joined by their father and by Onde, the family pointer.

Even in childproof playroom (left), the boys are within easy call of their parents in kitchen or family room. Up the spiral stairs are their bedrooms. Outside is a walled-in play area/garden, which Susy can see from kitchen, to keep an eye on the boys.

Dramatic profile of cedar-shingled house (above), with its deep overhangs, results from a Huck restriction—no gutters that would collect falling leaves and fir needles. Deck outside master bedroom appears a deep cavity in roof. Picture window in dormer brings natural light into study.

The open kitchen (above) has an efficient, step-saving U-shaped design, plus an abundance of counter space and cabinets. At far right is a built-in desk, in foreground a comfortable breakfast nook that opens into spacious family room, three steps down, as seen in floor plan, opposite.
BABA AU RHUM
2 cups all-purpose flour
1/4 cup warm water (105° to 110°)
1 package active dry yeast
1/4 teaspoon salt
2 eggs
1/4 cup melted butter or margarine
2 tablespoons sugar
1 cup water
1 cup sugar
1 teaspoon lemon juice
1/4 cup dark rum
Strawberries
Whipped cream
COOKING LESSON NO. 64
By Jacques Jaffry

BABA AU RHUM

This delicate, melt-in-the-mouth cake, made with yeast and richly redolent of rum, is a dessert fit for a king. And it is said that a king did invent it—and name it for one of his heroes, the legendary Ali Baba. Whatever its origin, Baba au Rhum has been a popular dessert in many parts of the world since the early 19th century. It is quite easy to make and well worth the step-by-step preparation set forth at right.

Perfect when served plain, it becomes superlative when embellished with fruit and cream.

1. Sift flour into a warm mixing bowl. Make a well in the center. Put warm water, yeast and salt in well. Stir to dissolve yeast. Add eggs, butter or margarine and 2 tablespoons sugar. Mix thoroughly.

2. Knead dough by lifting and slapping it back into bowl. Dough will be sticky at first, but will become smooth gradually.

3. Knead until dough detaches from sides of bowl. Shape into ball. Place in bowl; cover with towel. Let rise in warm place (85°), free from draft, about 45 minutes or until doubled in bulk. Punch down.

TURKEY—A MULTIPLE CHOICE
By Lucy Wing

If turkey is a favorite at your house, the varied and conveniently packaged parts now in markets are your best buys for enjoying it, multiple-choice fashion, anytime. Choose the cuts you prefer and create great dishes like these.
Clockwise from top, center: Turkey wings, barbecue sauced; boned drumsticks Americana, baked with stuffing and gravy; batter-coated turkey cutlets with a Mandarin Chinese touch; tournedos from a boned breast, poached and laced with Marsala; frozen turkey roll with vegetables, Nicoise style. These and more recipes calling for turkey parts begin on page 69.
Consider the versatile potato. It combines well with many foods, can be prepared in various ways and is always available — frozen, packaged or fresh. It’s fat-free, has only about 100 calories — ounce for ounce no more than an apple — and offers vitamins B-1 and C, niacin and iron. Serve potatoes often and as creatively as shown, left to right: packaged au gratins in a colorful medley; frozen hash browns, ham and cheese as a super baked supper; fresh potatoes in a hearty main-dish salad. Recipes for these and more begin on page 66.
For people who can’t leave well enough alone, look what you can do with a Banquet Salisbury Steak.

Salisbury steak. Great as it comes from the Banquet package and maybe even greater when you fancy it up. All you need are a few minutes and this easy recipe:

Take one Banquet Salisbury Steak Dinner from your freezer. Heat 25 minutes, then add ½ crushed garlic clove to gravy. Add orange juice to potatoes, top with grated orange rind. Add a pinch of thyme to peas and carrots, top with butter. Saute Salisbury Steak in Worcestershire sauce, butter and oregano, then heat dinner for additional 10 minutes. Banquet. When you start with great food you end with a great meal.

Banquet Foods Corporation, St. Louis, Missouri 63101
Braising, cooking in moist heat, is the ideal way to cook the less tender meat cuts—and even some of the tender ones. Just brown meat in a little fat, coating with seasoned flour first or simply seasoning afterward. Then add a small amount of liquid, cover kettle or Dutch oven tightly and simmer slowly (or cook in a slow oven) until meat is tender. It’s this long, slow cooking that allows steam to tenderize the meat, as in the following recipe.

**POT ROAST. ITALIAN STYLE**

- 1/4 cup fat or pure vegetable oil
- 5 pounds boneless pot roast (chuck, rump or round)
- 2 stalks celery, finely chopped
- 1 cup finely chopped, pared carrot
- 2 cups chopped onion (2 large)
- 1 clove garlic, halved
- 1/2 teaspoon leaf basil, crumbled
- 1 teaspoon leaf oregano, crumbled
- 1/4 teaspoon salt
- 1/4 teaspoon pepper
- 1 can (1 pint 2 ounces) tomato juice
- 2 cups water
- 8 carrots, pared
- 8 potatoes, pared and halved
- 2 cups celery pieces

1. Heat fat or oil in large heavy kettle or Dutch oven.
3. Add chopped vegetables. Sauté for 5 minutes.
4. Thread garlic on wooden pick.
5. Add bay leaves, basil, oregano, salt, pepper, tomato juice, water.
6. Cover pan tightly. Boil; reduce heat so liquid only simmers.
7. Simmer 2 1/2 to 3 hours or until meat is almost tender when tested with a 2-tine fork.
8. Add whole carrots, halved potatoes and celery pieces.
9. Cook 30 minutes or until meat and vegetables are tender.

10. Remove meat and vegetables to heated platter. Keep warm.
11. Remove and discard garlic and bay leaves from gravy in pan.
12. Skim fat from surface of gravy. Spoon some gravy over meat and vegetables, if desired, and serve the rest separately. Or pour all gravy into a sauceboat.

**HERE’S A TIMETABLE TO GUIDE YOU IN BRAISING BASIC CUTS OF MEAT**

<table>
<thead>
<tr>
<th>CUT</th>
<th>AVERAGE WEIGHT OR THICKNESS</th>
<th>APPROXIMATE TOTAL COOKING TIME</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BEEF</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pot roast</td>
<td>3-4 pounds</td>
<td>2 1/2-3 1/2 hours</td>
</tr>
<tr>
<td>Arm or blade</td>
<td>3-5 pounds</td>
<td>3-4 hours</td>
</tr>
<tr>
<td>Boneless cubes</td>
<td>1-1 1/2 inches</td>
<td>1 1/2-2 1/2 hours</td>
</tr>
<tr>
<td>Short ribs</td>
<td>Pieces (2 by 2 by 4 inches)</td>
<td>1 1/2-2 1/2 hours</td>
</tr>
<tr>
<td>Round steak</td>
<td>3/4-1 inch</td>
<td>1 1/2 hours</td>
</tr>
<tr>
<td>Stuffed steak</td>
<td>3/4-7/8 inch</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td><strong>LAMB</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breast, stuffed</td>
<td>2-3 pounds</td>
<td>1 1/2-2 pounds</td>
</tr>
<tr>
<td>Breast, boneless</td>
<td>1 1/2-2 pounds</td>
<td>1 1/2-2 1/2 hours</td>
</tr>
<tr>
<td>Riblets</td>
<td>3/4 inch</td>
<td>1 hour</td>
</tr>
<tr>
<td>Neck slices</td>
<td>3/4-1 pound each</td>
<td>3-4 hours</td>
</tr>
<tr>
<td>Shanks</td>
<td>3/4-1 inch</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td>Shoulder chops</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>PORK</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Chops</td>
<td>3/4 to 1 1/2 inches</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td>Spareribs</td>
<td>2-3 pounds</td>
<td>1 1/2 hours</td>
</tr>
<tr>
<td>Tenderloin</td>
<td>3/4-1 pound</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td>Whole</td>
<td>1/2 inch</td>
<td>30 minutes</td>
</tr>
<tr>
<td>Filets</td>
<td>3/4 inch</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td>Shoulder steaks</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>VEAL</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Breast, stuffed</td>
<td>3-4 pounds</td>
<td>1 1/2-2 1/2 hours</td>
</tr>
<tr>
<td>Breast, boneless</td>
<td>2-3 pounds</td>
<td>2-3 hours</td>
</tr>
<tr>
<td>Riblets</td>
<td>1 1/2-2 1/2 hours</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td>Chops</td>
<td>1/4-1/2 inch</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td>Steaks or cutlets</td>
<td>1/2-3/4 inch</td>
<td>45-60 minutes</td>
</tr>
<tr>
<td>Cubes</td>
<td>1-2 inches</td>
<td>45-60 minutes</td>
</tr>
</tbody>
</table>

Illustrations by Robert Frost
Blue Bonnet or B_ _ _ _ _?

European cooking experts can't tell the difference.

Here's a money-saving coupon to help you do your own tests.

We sent Blue Bonnet® Margarine to Europe where chefs, food editors and gourmets tested it against their best high-priced spread in exacting, side-by-side tests. In sauces, in cooking, in baking, the experts almost unanimously agreed: "No difference."

We don't think you'll be able to tell the difference, either. Use this money-saving coupon to get yourself a pound of Blue Bonnet. And prove to yourself, in any test you can devise, that Blue Bonnet truly tastes like the best high-priced spread. We know that once you try Blue Bonnet, you'll want to keep using it.

You're in good company testing Blue Bonnet. And if you'd like the names of our European experts just drop a line to EXPERTS, Blue Bonnet Margarine, c/o Standard Brands, 625 Madison Avenue, New York, N.Y. 10022.

In Sauces... "NO DIFFERENCE."

In Cooking... "NO DIFFERENCE."

In Baking... "NO DIFFERENCE."

Save 10¢ on any Blue Bonnet® Margarine

TO DEALER: Standard Brands will pay the face value plus usual handling charges, provided you and your customer have complied with the terms of this offer; any other application constitutes fraud. Invoices showing your purchase of sufficient stock to cover all coupons redeemed must be shown upon request. Void if prohibited, taxed or restricted. Your customer must pay any sales tax. Cash value 1/20th of 1¢. Coupon will not be honored if presented through outside agencies, brokers or others who are not retail distributors of our merchandise or specifically authorized by us to present coupons for redemption. Redeem only through our representatives or by mailing to Standard Brands Incorporated at P.O. Box 2002, Birmingham, Alabama 35201. Offer good only in U.S.A. This coupon expires on March 31, 1975. Offer limited to one coupon per pound.

TO HOMEMAKER: This coupon is good only on the product indicated. Any other use constitutes fraud.
CHICKEN-POTATO CASSEROLE

Makes 6 servings.


1/2 cup flour
2 cans (10 1/4 ounces each) chicken broth
1/2 cup dairy sour cream
1 can (4 ounces) sliced mushrooms
1 can (6 to 8 ounces) water chestnuts, drained and sliced
2 pimientos, diced
3 1/2 cups diced, cooked chicken
1 package (1 pound) or 1/2 of 2-pound bag frozen Southern-style hash-brown potatoes (4 cups)
1 cup frozen peas, thawed
1 tablespoon soy sauce
1 teaspoon salt
1/2 teaspoon pepper
2 tablespoons chopped parsley
1 can (3 ounces) Chinese noodles

Heat oven to 400°. Blend flour to smooth paste with a little chicken broth in large saucepan. Stir in remaining broth. Cook, stirring constantly, until mixture thickens and boils 1 minute. Blend in sour cream. Add mushrooms, water chestnuts, pimientos and chicken; heat. Stir in potatoes, peas and seasonings. Turn into 2-quart casserole. Bake 45 minutes or until potatoes are tender. Top with parsley and noodles. Bake to 5 minutes longer or until noodles are hot and crisp.

COUNTRY SCALLOPED HAM AND POTATOES

(pictured on page 62)

Makes 6 servings.

Each serving: 178 cal.; 6 gms. P.; 23.3 gms. F.; 23.3 gms. C. Source of vitamin A.

1 package (5.5 ounces) au gratin potatoes
2 tablespoons butter or margarine
2/3 cup milk
1/2 teaspoons Worcestershire sauce
2/3 teaspoon pepper
1 package (10 ounces) frozen mixed vegetables
2 tablespoons chopped parsley

Empty potato slices into large skillet; sprinkle with packet of cheese mix from package. Add butter or margarine, water and milk; stir to blend. Heat to boiling, stirring often. Simmer, covered, 25 minutes or until potatoes are almost tender, stirring often. Add remaining ingredients; simmer, covered, 5 minutes longer.

SCALLOPED POTATOES FRANCAIS

Makes 6 servings.


4 cups very thinly sliced potatoes* (about 1 1/2 pounds)
1 clove of garlic, minced
1 1/2 cups shredded Gruyere cheese
1/2 pound ground beef
1/2 teaspoon salt
1/2 teaspoon ground nutmeg
1 1/4 cups grated Parmesan cheese

Heat oven to 300°. Butter shallow 1 1/2-quart casserole or baking pan (about 1 1/2 inches deep). Drop potato slices into boiling water; boil 3 minutes; drain well. Arrange half the potato slices, garlic and shredded Gruyere cheese in casserole. Dot with 1 tablespoon butter or margarine; repeat layers. Combine remaining ingredients, except Parmesan cheese. Pour over potatoes. Sprinkle with cheese. Bake, covered, 50 to 60 minutes or until potatoes are tender and custard is set.

NOTE: It is easiest to slice potatoes on slicer or slicing blade of a grater.

BEEF-POTATO SCALLOP

Makes 6 servings.


1 1/2 pounds ground beef
1 tablespoon pure vegetable oil
1 1/2 cups chopped fresh or frozen onion
1 package (about 5.5 ounces) scalloped potatoes
1 1/2 cups hot water
1 1/2 cups hot milk
1 can (8 ounces) tomato sauce
1 1/2 tablespoons dried parsley flakes
1 teaspoon salt
1/2 teaspoon black pepper
1/2 cup grated Parmesan cheese

Heat oven to 325°. Brown beef in oil in large skillet. Add onion; cook until tender. Spoon off any drippings. Remove from heat; sprinkle contents of seasoned sauce mix from package potatoes over meat; stir in hot water and milk gradually. Heat to boiling, stirring constantly. Add tomato sauce, parsley flakes, salt, pepper and garlic powder. Grease 2-quart casserole generously. Spread half the potato slices in casserole. Top with half the mixture; sprinkle with half the cheese. Repeat layers. Bake, uncovered, 50 minutes or until well browned and bubbling.
“This time, I’m gonna make it!”

“Nobody pressures me at a Weight Watchers® class.”

“I joined last week, and I feel better already! Because I’m learning new eating habits with friendly people who know exactly how I feel... they’re all so understanding and gentle. Join us... it’s wonderful.”

WEIGHT WATCHERS®

You don’t have to be alone anymore.

There are classes throughout the U.S., Canada and around the world. Consult your local phone directory for the class nearest you.
Heat oven to 350°F. Heat oil in large skillet with ovenproof handle. Add beef and onion; cook until meat loses its pink color. Spoon off any drippings. Add potatoes, chili sauce, salt and pepper. Bake, covered, 45 minutes. Press back of spoon or small ladle into hash to make 6 depressions. Slip 1 egg into each hollow. Pour a little milk over each egg. Bake, uncovered, 20 minutes. Place one slice of cheese over each egg. Bake 5 to 8 minutes or until cheese melts and potatoes are tender.

Baked Hash with Eggs

Makes 6 servings.

4 large potatoes, pared
% cup catsup
1 tablespoon brown sugar
1 teaspoon prepared mustard
1 teaspoon paprika
% teaspoon salt
% teaspoon pepper
Heat oven to 425°F. Scrub potatoes well, slice into % inch slices. Line jelly-roll pan with aluminum foil; grease foil. Place potato slices on foil in single layer. Combine remaining ingredients. Brush mixture generously over potato slices. Bake 45 to 50 minutes or until potatoes are tender. Serve hot. Good with grilled steak, barbecued pork chops or spareribs, hamburgers or frankfurters.
TURKEY AMERICANA

(pictured on page 61)

Makes 8 servings.

4 frozen or fresh turkey drumsticks (about 1 1/2 pounds each), thawed if frozen
1 cup cut-up celery
1 cup cut-up pared carrots
1 tablespoon salt
2 packages (6 ounces each) chicken-flavor stuffing mix or 2 packages (7 or 8 ounces each) herb-seasoned stuffing croutons or mix
1 can (10 1/4 ounces) condensed cream of chicken soup

Rinse turkey; pat dry with paper towels. Place turkey, celery, carrots and salt in kettle. Add enough cold water to cover. Bring to boiling. Cover. Cook over low heat 1 hour or until turkey is tender. Prepare stuffing mix according to package directions. Grease a 2-quart shallow oval or 13x9x2-inch baking dish. Line dish with stuffing. Heat oven to 350°.

Lift turkey from broth with slotted spoon to cutting board. Cool until easy to handle. Cut each drumstick in half in same direction as the bone. Remove bone; pull out long, bone-like tendons from meat. Arrange boned turkey over stuffing in dish. Strain broth through fine sieve or cheesecloth. Reserve cup broth; use remainder in another recipe. Combine reserved broth and undiluted soup. Spoon mixture over turkey. Cover dish with foil. Bake 20 minutes or until heated. Garnish with celery leaves, if desired.

TURKEY VEGETABLE LOAF

Makes 8 servings.

1 package (8 ounces) frozen mixed vegetables with onion sauce
3 slices bread, diced (about 2 cups)
2 pounds frozen or fresh ground turkey, thawed if frozen
1/2 cup soft bread crumbs (4 slices)
1/2 cup minced onion (1 medium)
2 teaspoons salt
1/4 teaspoon pepper
2 eggs, slightly beaten

Prepare vegetables according to package directions; add diced bread. Toss well until mixed. Heat oven to 375°. Combine turkey, crumbs, onion, salt, pepper and eggs in large bowl with fork. Pat mixture evenly into a 12x14-inch rectangle on aluminum foil. Spread vegetable mixture over turkey surface, leaving a 1-inch edge free of filling all around. Roll up, beginning with short side, pressing firmly at each turn and lifting off foil. Leave in foil after rolling; lift with foil onto shallow baking pan. Make sure seam side is down. Bake 1 hour.

Fill up the family cooky jar!

Crunchy Jumble Cookies

So good n so easy to make with Kellogg's Rice Krispies and Nestlé's Semi-Sweet Chocolate Morsels.

1 1/4 cups regular all-purpose flour
1/2 teaspoon baking soda
1/4 teaspoon salt
1/2 cup regular margarine or butter, softened
1 cup sugar
1 egg
1 teaspoon vanilla extract
2 cups KELLOGG'S® RICE KRISPIES® cereal
1 6-oz. pkg. (1 cup) NESTLE'S® SEMI-SWEET CHOCOLATE MORSELS
1 cup seedless raisins (optional)

1. Sift together flour, soda, and salt. Set aside.
2. Measure margarine and sugar into large mixing bowl; beat until well-blended and smooth. Add egg and vanilla; beat well. Add sifted dry ingredients; mix until combined. Stir in Rice Krispies cereal, Semi-Sweet Chocolate Morsels and raisins. Drop by level measuring-tablespoon onto lightly greased baking sheets.
3. Bake in moderate oven (350° F.) about 12 minutes or until lightly browned. Remove immediately from baking sheets; cool on wire racks.
Yield: about 3 1/2 dozen Crunchy Jumble Cookies, 2 1/2" in diameter.
THE HITCHCOCK CHAIR COMPANY
Riverton (Hitchcocks-Ville) Connecticut announces the “MOUNT VERNON” In Limited Edition

The first of four chairs in the Great American Homes Collection

The “Mount Vernon” is exquisitely stencilled in glowing summer colors against soft Bayberry Green, skillfully antiqued to bring out the pastoral charm of George and Martha Washington’s famous home- stead on the Potomac. The intricate stencilling, hand-painted artistry and simple elegance of the Hitchcock Chair design have never been combined in a more beautiful rendering than in this first chair of the Great American Homes Collection. Each chair in this limited edition carries its own “series” number as well as the artist’s signature.

The “Mount Vernon” is available now and during the rest of the 1974 season. Three additional chairs to complete the group will be available before the 1976 Bicentennial Celebration.

Available at:
Woodward & Lothrop, Washington, D.C.
B. Altman & Co., New York
J. H. Biggar, Pasadena, Cal.
Davis & Shaw, Denver; Col.
Davison’s, Atlanta, Georgia

TURKEY continued

TURKEY A LA NIÇOISE
(pictured on page 60)
Makes 8 servings.

4½ to 5-pound frozen boneless, rolled and tied turkey roast, thawed
2 tablespoons pure vegetable oil
1 cup dry white wine
1 can (133/4 ounces) chicken broth
1 clove of garlic, crushed
1 bay leaf
1/2 teaspoon leaf thyme
2 packages (9 ounces each) frozen whole green beans, thawed
1 can (1 pound) whole tomatoes
1 can (53/4 to 6 ounces) pitted ripe olives, drained
1 teaspoon sugar


TURKEY MANDARIN
(pictured on page 61)
Makes 8 servings.

1 1/2 cups unsifted all-purpose flour
2 teaspoons baking powder
1 teaspoon salt
1/2 teaspoon monosodium glutamate
1 1/2 cups cold water
2 pounds frozen or fresh turkey cutlets, cut about 1/4 inch thick

Fat or oil for frying
1/4 cup sugar
3 tablespoons cornstarch
1/2 teaspoon ground cinnamon
1 can (11 ounces) mandarin oranges
1 1/2 cups orange juice
2 tablespoons sliced almonds

Combine flour, baking powder, salt and monosodium glutamate in large bowl. Stir in water gradually until smooth. Add more water, a teaspoon at a time, if batter is too thick for dipping. Dip turkey if frozen; pan dry with paper towels. Heat 1 inch fat or oil to 375° in electric skillet or large skillet over medium heat. Dip turkey into batter, one piece at a time. Lower into hot fat or oil. Fry several pieces at a time until golden, turning once. Drain. Keep warm in oven. Repeat until all pieces are fried.

Combine sugar, cornstarch and cinnamon in saucepan. Drain oranges; reserve 1/2 cup syrup. Stir syrup and orange juice into sugar mixture. Cook over medium heat, stirring constantly, until sauce thickens and boils 1 minute. Add orange juice. Arrange cutlets on platter. Spoon on some sauce; sprinkle with almonds. Pour remaining sauce into sauceboat.

CHILI BARBECUED WINGS
(pictured on pages 60-61)
Makes 6 servings.

6 frozen or fresh turkey wings (about 1 pound each), thawed if frozen
1/4 cup pure vegetable oil or liquid margarine
1 bottle (12 ounces) chili sauce
1 cup frozen chopped onion or 1 large onion, chopped
1/2 cup chicken or turkey broth
1/2 teaspoon salt
1/4 teaspoon hot-pepper sauce

Heat oven to 325°. Rinse turkey; pat dry with paper towels. Separate wings at joints. Place in foil-lined, large roasting pan or 2 small baking pans. Brush wings with 2 tablespoons oil or margarine. Bake 1 1/2 hours. Turn. Brush with remaining oil or margarine. Bake 30 minutes more. Combine remaining ingredients. Brush on wings. Bake 30 minutes or until tender, brushing and turning wings frequently. Arrange on platter. Garnish with parsley, if desired.

TURKEY STEW
Makes 8 servings.

2 frozen or fresh turkey thighs (about 2 pounds each), thawed if frozen
4 tablespoons pure vegetable oil
3 cups water
1 bay leaf
2 teaspoons salt
1/2 teaspoon pepper
1 package (1 pound 8 ounces) frozen vegetables for stew
1 teaspoon rubbed sage
1/4 cup all-purpose flour
1/4 cup chicken or turkey broth

Rinse turkey; pat dry with paper towels. Remove bone and skin of turkey. Cut into 1 1/2-inch chunks. Heat 2 tablespoons oil in kettle or Dutch oven over medium heat. Brown half the turkey chunks. Remove. Add remaining oil; brown remaining chunks. Return turkey to kettle. Add 3 cups water, bay leaf, salt, pepper. Bring to boiling. Cover. Simmer 1 hour or until chunks are tender. Add water to keep chunks almost submerged.

Skim residue and fat from surface. Discard bay leaf. Add vegetables, sage, 20 minutes or until tender. Blend flour and 1/4 cup water; stir into stew. Cook, stirring, until thickened.
**TURKEY TOURNEOS IN MARSAAL (pictured on page 60)**

Makes 6 servings.

4-pound frozen or fresh turkey breast, thawed if frozen
3 tablespoons butter or margarine
6 slices bacon
1/2 cup chicken or turkey broth
Flour
Salt
Pepper
1 tablespoon cornstarch

Rinse turkey; pat dry with paper towels. Remove bones carefully from turkey so skin and flesh remain intact. Use bones in making soup or broth, if desired. Place boned turkey, skin side down, on cutting board. With very sharp knife, cut into 6 crosswise slices, about 1 inch thick. Since the slices will vary in size, remove some meat from larger slices and add to smaller slices. Shape into uniform steaks. Wrap 1 slice of bacon around each; secure with wooden picks or string. Sprinkle steaks with flour, salt and pepper.

Heat butter or margarine in large skillet over medium heat. Brown steaks on both sides. Add broth. Cover. Cook over low heat about 15 minutes or until fork tender. Transfer to warm platter; remove picks or string. Keep warm. Blend Marsala and cornstarch. Stir into liquid in skillet. Cook, stirring constantly, until mixture thickens and boils 1 minute. Skim fat from surface. Strain sauce over steaks. Garnish with watercress, if desired.

**CABBAGE ROLLS**

Makes 6 servings.

1 frozen or fresh turkey thigh (about 2 pounds), thawed if frozen
2 tablespoons pure vegetable oil
1 cup water
1 chicken bouillon cube or 1 envelope instant chicken broth mix
1 head of cabbage (about 1 pound)
1 package (12 ounces) frozen rice medley or 1 package (7 ounces) frozen rice and peas with mushrooms
2 packages (% to 1 1/2 ounces each) chicken or turkey gravy mix

Rinse turkey; pat dry with paper towels. Remove skin and bone. Dice turkey. Heat oil in large skillet over medium-high heat. Add diced turkey. Cook, stirring occasionally, until all pan juices evaporate and turkey browns. Add water and bouillon cube or instant broth mix; stir until dissolved. Cover. Cook over low heat about 20 minutes or until turkey is tender. Place enough water in kettle to cover cabbage. Bring water to boiling, remove core of cabbage. Add to turkey in skillet. Cook until cabbage is tender. Remove from heat. Spoon off all liquid from skillet. Lower cabbage into boiling water. Simmer gently until leaves separate easily. Remove from water with slotted spoon. Cool. Cook rice according to package directions.

Trim thick center vein from 12 large cabbage leaves. Chop remaining cabbage. Add to turkey in skillet. Cook until cabbage is tender. Remove from heat. Spoon off all liquid from skillet. Add rice mixture to cabbage and turkey. Toss gently. Place a mound of turkey mixture in center of each leaf. Roll each into a tight roll. Fold ends under to enclose filling. Place rolls, seam side down, in greased 13x9x2-inch baking dish. Heat oven to 350°. Prepare gravy mix according to package directions. Pour over rolls. Cover dish with foil. Bake 20 minutes or until heated.
HUNDREDS OF CASCADING RED, GREEN AND GOLD BEADS OF LIGHT SHOWER YOUR HOME IN DAZZLING BEAUTY!

Exquisite Rainbow “Fountain of Light” DECORATOR LAMP

• Battery operated—no ugly dangerous cords!
• Over 14” tall, 15” wide!
• Spectacular even when off!

No doubt about it — it’s the making of a room! Breath-takingly beautiful lamp sends up sprays of brightly colored cascading lights on two separate tiers. Dramatic mood lighting at its best! The lovely result of space age “cold light.” Miracle fibers conduct light, yet beads remain cool to the touch, safe for curious little fingers. Turn it on and hundreds of red, green and gold jewels of light bathe your room in dazzling brilliance that rivals a moonlit “Fourth of July” fireworks display! Softer, more romantic than candlelight. Absolutely spectacular as a centerpiece. Uses 2 ordinary “C” batteries (not provided). Bound to sell out fast — order at once!

SEE OUR DELIGHTFUL low, low price
only $5.98
(lamps not half as lovely cost up to twice as much!)

MAIL 10 DAY NO-RISK COUPON TODAY!
GREENLAND STUDIOS
5241 Greenland Bldg., Miami, Fla. 33059
Enclosed is check or m.o. for $ ______
"Fountain of Light" Lamp(s) #13784 @ $5.98 each plus 75¢ postage & handling.
(Florida residents, add 4% sales tax)

NAME ____________________________
ADDRESS ____________________________
CITY ____________ STATE ____________
ZIP ______
CREAMED TURKEY SOUP

Makes 8 servings.

2 pounds frozen or fresh turkey parts, thawed if frozen
Leftover turkey bones (optional)
1/4 cup butter or margarine
1 1/2 cups sliced celery
1 cup frozen chopped onion or 1 large onion, chopped
4 cups frozen chopped hash brown potatoes (1/2 of a 2-pound package)
2 teaspoons salt
1 teaspoon poultry seasoning
1/4 teaspoon pepper
1 pint light cream

Rinse turkey; pat dry with paper towels. Place turkey and bones in large kettle. Add water just to cover. Bring to boiling. Cover. Cook over low heat 1 1/2 hours or until turkey is tender. Remove turkey and bones with slotted spoon to cutting board. Cool until easy to handle. Remove skin and bones; dice meat. Strain broth into large bowl. Skim fat from surface.

Melt butter or margarine in same kettle over medium heat. Add celery, carrots and onion. Cook 5 minutes, stirring often. Measure 8 cups broth (if needed add chicken broth to get 8 cups); return to kettle. Add potatoes and seasonings. Bring to boiling. Cover. Cook until vegetables are tender. Add diced turkey and cream. Heat through.

TURKEY WITH SPICE SAUCE

Makes 6 servings.

1/2 cup white or red wine vinegar
1/2 cup dark corn syrup
1/2 cup water
1/2 teaspoon ground cloves
1/2 teaspoon ground nutmeg
1/2 teaspoon ground allspice
2 bay leaves, finely crumbled
1 envelope (1/5 ounce) meat marinade mix

3 small frozen or fresh turkey hindquarters, thawed if frozen
1 can (10 1/2 ounces) condensed chicken broth

Combine all ingredients except turkey and broth in large shallow dish or bowl. Rinse turkey; pat dry with paper towels. Separate drumsticks from hindquarters. Place in spice mixture. Pierce pieces with 2-tine fork. Marinate 30 minutes, turning often.


Do You Love Everyone But Yourself?

Everyone seems to have a claim on your time and affection. When you’re not mothering the children (no matter what their ages), there’s the many-faceted role of wife. Perhaps you must please an employer as well. No wonder it sometimes seems there’s no care and attention left for you. So you may feel, forlornly, a little less lovable than you’d like.

Now welcome to the cult of knowledgable women round the world, who enjoy the secret benefits of a unique beauty blend developed to ease away dryness and so help women look their young. Share the secret of this complexion-cherishing liquid, available in the United States as Oil of Olay beauty lotion.

A wealth of natural moisture, tropical oils and other emollients soon soothes away complexion dryness. The very dryness that accentuates little age lines that can make you look older. Sometimes older than you actually are. And almost surely older than you need to look. The blend quickly penetrates the significant surface layer of the skin, easing the dryness that accentuates wrinkles and bringing renewed radiance and suppleness.

The treasured liquid works hand-in-hand with nature to maintain the delicate oil-moisture balance essential for your most youthful look. Remarkable Oil of Olay also helps retain nature’s own moisture, particularly important as years pass.

For the most beneficial, quickly-apparent results, devoted users apply Oil of Olay twice each day. In the morning, as a non-greasy makeup base that lets cosmetics stay fresh for hours, until providing a moist, misty complexion climate. Again at night, to allow the beauty blend to work its near-magic during the secret hours of sleep.

Discover Oil of Olay and give yourself some well-deserved attention. Don’t be surprised if such pampering makes you seem more lovable, first to yourself and then, very quickly, to those you care about most.

Beauty Hints

For a special private time in the morning, get up a little earlier than the family. Smooth Oil of Olay onto your face, then savor a quiet cup of coffee while you read the paper. This ritual may do more to start your day off beautifully than extra drowsing ever could.

After applying Oil of Olay® to your face and throat, use the droplets left on your fingertips to stroke each eyelid for a few moments. Use delicate strokes from the bridge of the nose outward. Skin-soothing and deliciously relaxing too.
NEW FANTASTIC OFFER FROM AMERICAN HOME
ALL 16 PRODUCTS...WORTH $18.25...now Only...

$3.95

ALBERTO VO5
LEMON YELLOW CREME RINSE
Contains five entanglers to leave hair soft and tangle free. It's rain water pure. $0.69 value.

JERGENS CLEAR COMPLEXION BAR
Transparent, medicated for problem skin. Helps clear complexion as it cleans. $0.59 size.

GILLETTE LADY TRAC 11™
Demonstrator razor. Shave closer with more safety than with any one blade razor.

SEA & SKOK MEDICATED LIPSAVER®
Helps heal dry cracked lips. $0.59

NESTEA® ICE TEA MIX
America's number one refresher. Quench your thirst the whole year round. 6 generous packs.

DIUREX®
The amazing waterpill to help you lose excess body water. $1.00 size.

DuBARRY®
EYE CREME STICK
Extra rich emollients for delicate eye area. Easy to apply. $2.50 Plus...

ALBERTO® BALSAM SHAMPOO
Conditions as it cleans to leave hair fresh, clean and healthy looking. $0.69.

CORYBAN®-NEW NASAL SPRAY
The Pharmacists most recommended cough-cold products with Vitamin C $1.29

EMPIR® COMPOUND
When colds and flu cause aches and pain, count on Empir® Compounded to relieve pain. 50¢. Tamper-proof top.

LANACANE®
CREME
Scientifically medicated to relieve itching in seconds...even personal membrane itching.

SWEET®
CONCENTRATED SWEETENER
Liquid makes your world a sweeter place, without calories. 0.8 fl. oz. $0.79 size.

ORDER PROMPTLY
SUPPLIES ARE LIMITED

USE THIS COUPON FOR A FRIEND

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.

NAME
ADDRESS
CITY STATE ZIP

EXTRA!
Amazing new LINDY® W-2 BALL PEN
Exclusive patent. Permanent on paper yet guaranteed to wash out in water.

WORLD FAMOUS BEAUTY CLUB PERFUMES IMPORTED FROM FRANCE. Retail for $5.00

ORDER PROMPTLY
SUPPLIES ARE LIMITED
PLEASE PRINT CLEARLY

Mail to:
FANTASTIC OFFER, BOX 390A
RADIO CITY STATION
NEW YORK, N.Y. 10019
Please send me ALL 16 PRODUCTS ILLUSTRATED. I enclose check or money order for $3.95 plus 75¢ postage. 100% money back guarantee.
Now—for the first time—an international Jet-Setter reveals the "inside" story:

**How The Beautiful People Get Rid Of Both Cellulite And Ordinary Fat—Without Dieting!**

Yes, the Beautiful People cannot afford to be fat! Those stunning, sleekly-slim couples who grace the pages of the fashion magazines and society columns... who spread each new Season in New York and Cannes and Saint Moritz... who live surrounded by a harem of admirers and photographers must remain youthful and slim right up to 50... 60... 70!

And yet they eat lavishly, feasting on exotic cuisines as they travel the globe, but always retaining their fantastic figures.

And yet, you want to ask them what they do to maintain their Beautiful People Bodies, the answer would always be the same: "I don't do ANYTHING; I don't diet!"

That's right! The Beautiful People Don't Diet! The only diet they ever do is the one they never go on and yet the needle on the scale barely moves! How do they do it?

For the first time, Luciana Avedon (former Princess Pignatelli and now the wife of the European Prince so famous for his beautiful People) reveals the **BEAUTIFUL PEOPLE MIRACLE FORMULA** responsible for all those lucrously swelle figure on the society pages. How they NEVER go on fad diets, NEVER take dangerous amphetamines, diuretics or diet pills, and NEVER give up their favorite foods either! How they simply go right on eating the foods they like—but in a special way that keeps them always fashionably slim, without their having to jump off and on the diet merry-go-round. To give just a few examples: One California socialite says: "I always keep my weight fluctuation within two pounds. It's a food kick, you eat it up and down." Another stunning fashion leader says: "I weighed more at age 25 than I do now." (She's now 37!) Another says: "Sitting down to nothing but clear soup or health food depresses me; it makes me feel like an invalid!"

And another Italian beauty confesses: "Take away pasta and I would die! Yet they know how to gorg on these without incurring health damage on the scale! They get their food kicks—constantly—but their figures never show it!

They eat the finest food in the world (even the delectable mince pies they'd be horrified to touch), but they do it in a way that never lets their weight slip out of their control. They can simply "peel off" in a few days any time they decide to! (In fact, these Beautiful People secrets of delicious eating are so powerful that, when one young, overweight model was introduced to them, she lost 13 pounds in one month and stayed at that weight from then on! And another young woman, who shows how, lost 20 "impregnable pounds" in the first month, and then still lost 18 pounds in 3 months.)

For the American Prince, Luciana Ava- don (former Princess Pignatelli) reveals the "Secret Elimina-tion Diet" that disintoxicates your system... drains out internal poisons... at exactly the same time that you are painlessly losing weight!

The Beautiful People "Easy-Diet Plan," a perma-nent part of your life, so that you continue to lose for as long as you wish, and yet never feel deprived!

How to prevent your body from automatically "adapting" to your first massive weight loss, so that it actually prevents you from taking even more pounds off in the following months!

What to do if you are a "sandwich fiend" and don't want to cut them out of your diet. Why they don't do it, and how real it is that they never lose more than 18 pounds at a time.

How they painlessly "retrain" their nervous sys-tem so they don't go on eating binges during an "attack..."

The most carefully guarded Beautiful People secret: how to lose weight super-fast, purify your body, and heighten your senses to a new state of awareness and feeling of self-same time! The hypnotherapy approach to weight loss!

How the Beautiful People lose weight while they are traveling!

How the Beautiful People keep their children from developing unhealthy and fattening eating habits.

What the European Beautiful People do at once when they see their skin looks bad, they have trouble sleeping, or just feel dreadful. Why the Beautiful People feel that American men are "over-dressed." And, what Beautiful People Males "over 30," do to retain their very special attributes!

The Beautiful People "cure" for sporadic over- eating... in other words, how to eat your cake, and have it too... without guilt or stress—without dieting...

Yes, The Beautiful People have been looking fabulous for years this way, now you'll learn how, without risking a penny!

You are just as capable of keeping younger, prettier, slimmer, sleeker and more fabulous than any of the Beautiful People! You'll read about this in the book. And once you know their "secrets," you'll be well on your way to joining the ranks of all the Beautiful People all over the world, who realize that being beautiful also means being slender.

Return the No-Risk Coupon today!
No matter what your repair needs are, somewhere there's a glue right for you.

With today's technology, it is possible to stick almost anything to almost anything. What's important is to choose exactly the right glue for the right material. Unfortunately, glue labels are not always specific enough to be helpful.

Glues—or more appropriately, adhesives—have their specialties. Some do a limited job excellently. Others do a wide variety of things quite satisfactorily. Here is an elementary look at an assortment of glues that can help you get things together around the house. All are available in hardware or stationery stores.

**Cellulose cement:** That's what is in those tubes of so-called household glue, such as Duco, which are used for many of those little fix-it jobs of everyday living: the lid of the sugar bowl, the legs or tails of the ill-fated glass menagerie. This glue dries quickly, and as it is transparent, a little sloppiness hardly counts. Its hold will be less than tenacious on anything subjected to high heat or very much moisture, however. Don't expect the sugar bowl mend to survive a dishwasher splashdown, for example. Another caveat: Cellulose cement has a sharp nail-polish smell. That's its acetone content, which can harm the finish on furniture, so use with care.

**Epoxy:** Widely available in varying strengths and drying times, this twin-tubed glue is comparatively expensive, but it can do more things better than many other glues. It joins such items as large areas of metal to metal, towel racks to tile and hardwoods to each other. That sugar bowl lid, for instance, will sail through the dishwasher in one piece when properly epoxied. And broken ovenware can go back to the oven after an epoxy repair. To use, squeeze equal amounts from Tubes A and B, mix and apply according to label directions, making sure the broken parts are held together properly for about two hours.

**Fabric menders:** These mend cotton, wool, canvas, leatherette and some upholstery. (Some users say they also work effectively on sheer fabrics.) Devcon Patch is such a glue. You can use fabric menders to put on patches, put up hems, do appliqué and various other avoidance-of-sewing jobs. These glues are both water- and heat-resistant, but a dry-cleaning machine might be their nemesis.

---

**FROM GH: MAKE A DAZZLING SET OF JEWELRY**

For only $6.95 you get a lot of fashion when you make this beautiful beaded jewelry, which is patterned after the traditional American Indian "Squash Blossom" design. And you'll be surprised how easy it is to make. You just slip the beads onto safety pins, then attach the pins to each other. The pins are cleverly incorporated into the design of the jewelry. Everything you need for the pendant, bracelet and earrings is in a kit. It includes turquoise-colored and silver-colored beads, safety pins, clasps, earring backs and easy-to-follow instructions. The complete kit: $6.95, including postage and handling. Use coupon to order.

Enclosed is my check or money order for $______, payable to Good Housekeeping. Please send me ___ Squash Blossom Jewelry kit(s) at $6.95 each.

Name__________________________
Street__________________________
City___________________________
State_______ZIP________________
Allow 3 to 4 weeks for delivery.

H.M. SPECIALTIES
Plastic mendes and cements: Not all plastic mendes work on all plastics. Devon claims their Plastic Mender to be all-purpose, however, mending the gum from vinyl, acrylic, phenolic—to styrene. Other plastic mendes are limited to the vinyls—the plastics of beach balls, shower curtains, rainwear, inflatable toys and the like, leaving you to buy a special polystyrene cement for the hard plastic common in toy models and refrigerator containers. To glue styrene, you use a material that actually welds it (Styroweld is one brand name). The cement softens the plastic, and you simply join the broken pieces for a strong joint.

Resorcinol resin glue: Considering its waterproof strength when hardened, this two-part glue has a handy feature while still liquid. As with latex paint, the brushes and mixing container you use can be washed out with plain cold water. This glue (Borden's calls theirs Elmer's Waterproof Glue) comes in a two-can combination. One has a dark reddish liquid, the other a fine powder. (In mixing, be careful not to puff the powder into your eyes.) Developed for taxiing marine use, this is the glue you want for the back gate, the porch swing or any other wood item that must withstand weather. Neatness counts; this glue leaves dark red stains.

Rubber cements: These range from the familiar office variety to heavier-duty types used for patching holes in rubber articles, attaching metal letters to stone storefronts, etc. There are two major types. The synthetic-base adhesive dries flexible and strong (Goodyear's Pliobond is one) and is good for mending ripped rugs, attaching rubber weatherstripping to the car door or even putting a patch on workclothes. The rubber-base adhesive sets hard. One such brand, Miracle Adhesive, works well on metal, concrete, brick, tile and glass.

White glue: This is polyvinyl resin glue, the commonest wood glue (Elmer's Glue-All is one). Chalk-white as a liquid, it dries perfectly clear. It is used best on porous materials—such as fabric, softwood, paper, cork and leather. White glue is relatively inexpensive and easy to use. No household is complete without a squeeze-bottle of this standby stickum. Caution: It should not be placed in contact with metals because it has a corrosive effect; excess heat weakens it, and it is not waterproof.

Other glues: There are dozens upon dozens of specific glues for specific repairs. If your hardware dealer doesn't stock a glue for your particular need, ask to see his catalog—or shop elsewhere. Remember, if at first you don't find it, stick to it . . . or something like that. —Denise McCluggage
NEEDLEWORKER’S DELIGHT

8 OF OUR MOST POPULAR KITS

If you’re like so many of our needleworking readers, these kits will strike your fancy. Each includes yarn or floss, needle, stitch chart, instructions. Frames and stretchers assemble easily.

“CHURCH IN THE WILLOW” is a crewel portrait of “The Little Brown Church in the Vale.” Immortalized in song, the church still stands near Nashua, Iowa. The 16-by-20-inch design is stamped on homespun. “Church in the Wildwood” kit (♯61717) is $3.98; wood-brown and gray frame (♯61718) is $6.98. Save! Order kit and frame for only $14.98. (Stretchers (♯63023) is $1.98. Bonus: A picture of the church and a copy of the song are in each kit.

“PASTEL FLORAL” needlepoint pillow has white continental-stitch background. Flowers are in canvas stitch with crewel centers. The colorful design, 14 inches square, works up quickly. Pillow backing is not included in kit. “Pastel Floral” kit (♯66906) is $13.98; pillow form (♯66341) is $1.98.

“GAME BIRDS” (top) and “Wild Ducks” are a handsome pair of designs to delight the sports-minded or your family. Both 11-by-14-inch “prints” are stamped on cotton to be embroidered in fast cross-stitch. “Game Birds” kit (♯66915) and “Wild Ducks” kit (♯66914) are each $5.98. Frames in walnut-finished flat wood molding (♯61224) are $2.98 each.

“TO LOVE AND BE LOVED” cross-stitch sampler is as beautiful as the message it bears. Cheery flowers and birds surround the loving adage. The 16-by-20-inch design is stamped on cotton. “To Love and Be Loved” kit (♯66947) is $5.98; frame in walnut-finish with gold trim (♯66331) is $5.98 and the stretcher (♯63023) is $1.98.

“ABC FLORAL” is a charming, easy-to-do cross-stitch design you’ll love to hang anywhere in your home. The 14-by-18-inch alphabet and flowers picture is stamped on cotton. “ABC Floral” kit (♯66911) is $4.98; blue and gold frame (♯61620) is $5.98.

“COOPER-Hewitt” is one of our most famous museum samplers—and one of the loveliest. Antique samplers are rare and costly finds—so why not make your own heirloom? The beautiful design, 16½ by 21½ inches, is stamped on creamy white linen. “Cooper-Hewitt” kit (♯61160) is $8.98. Frame in black-finished wood molding (♯61161) is $9.98.

“MOTHER AND CHILD” is an expressive picture of a mère and her foal in a quiet meadow. The design is an innovation in simple cross-stitchery: Instead of filling in the entire subject, you leave blank spots that become part of the unusual effect. The 11-by-14-inch design is stamped on cotton and works up quickly. “Mother and Child” kit (♯66976) is $5.98; the walnut-finished frame (♯61224) is $2.98.

Fill out coupon and enclose check or money order. Sorry, we are unable to handle Canadian or foreign orders.

American Home
Dept. 5147
4500 N.W. 135th Street, Miami, Florida 33059

Quantity Kit #: Item Unit Price $ Total $ 

Please add postage/handling: 50¢ per kit, $1 per frame, 35¢ per stretcher. If ordering #61014 Colorful catalog, other kits @ 50¢ ea.

Sales tax, if applicable

Total enclosed $ 

You may use your charge card for any purchase over $4.98.

□ Bank Americard

Acct. No.

□ Diner’s Club

□ Master Charge

□ Good thru

□ American Express

□ Good thru

□ Interbank No. (Find above your name)

Address

city state zip code

For other American Home crafts, order #61014 (see coupon).
Thirty years before we developed new Peak Toothpaste, you probably used our secret ingredient.

It's baking soda.

Baking soda: the natural cleanser and sweetener that people used to brush with, and that dentists still recommend. Both for cleaning teeth and as a soothing rinse for mouth and gums.

Be prepared. Peak is 97% natural ingredients, principally pure baking soda. It tastes pleasant, but different. Be prepared. Peak leaves your whole mouth—not just teeth and breath, but even mouth tissues and gums—feeling different. Feeling naturally cleansed and sweetened. Naturally refreshed.

Uncomplicate. Try new Peak: the first modern toothpaste with the natural goodness of baking soda.

15¢ off on any size package of new Peak Toothpaste.

NOTICE TO DEALER: You are authorized to act as our agent for the redemption of this coupon in accordance with the terms thereof. We will reimburse you for the face amount of the coupon, or if the coupon calls for free goods, we will reimburse you for such free goods, plus 3¢ per coupon for handling; provided you and the consumer have complied with the terms of this offer. Presentation for redemption without such compliance constitutes fraud. Invoices proving purchase of sufficient stock of our brand(s) to cover coupons presented for redemption must be shown upon request and failure to do so will at our option void all coupons submitted for redemption for which such proof is not shown. This coupon is non-transferable and good only on brand(s) specified. Coupons will not be honored and will be void if presented through outside agencies, brokers or others who are not retail distributors of our merchandise, unless specifically authorized by us to present coupons for redemption. Consumer must pay any sales tax. Coupon void if use is prohibited, restricted or taxed. Coupons may be presented to our salesmen for redemption or mailed to:
COLGATE-PALMOLIVE COMPANY
P.O. Box 1792, Louisville, Ky. 40201
Offer expires March 31, 1976.
Cash value 1/20 of 1¢.
“It’s 2 A.M. and I feel rotten. Who has time to read medicine labels?”

When it comes to reading medicine labels, it’s easy to make excuses. And that’s too bad. Because the label information is there to help you.

The medicine label tells you what it’s for, how much to take, and how often to take it. It’s important information.

Fact is, there’s no excuse for ignoring the information on your medicine labels. It’s there for your health. Just like the medicine.

READ LABEL DIRECTIONS.
Medicines can’t help you if you don’t take them right.

COUNCIL ON FAMILY HEALTH. A public service of the manufacturers of medicine.
HELP ABOUT THE HOUSE

PARQUET NEEDS PREPARATION
Can we put down new parquet directly over resilient tile now on our basement floor? The basement tends to be damp.

David F. Depcik
Chicago, Ill.

It's ill-advised to lay any kind of flooring directly over resilient tile. In your case it would be a disaster because of the moisture that's likely to be permeating the concrete-slab floor below.

First, remove the baseboards, if any. Then rip up the resilient tile. A square-edged garden spade will do the job. Clean the concrete floor, then coat with unfibered asphalt roofing cement, available at building-supply stores. When cement dries, lay parallel rows of 1-by-2- or 1-by-3-inch wood furring strips across the floor. Spacing from the center of one strip to the center of the next one should be 16 inches. Strips should be treated with wood preservative and stuck down in ribbons of asphalt cement.

Over the strips stretch a continuous sheet of heavy polyethylene film, sold at lumberyards. Trim sheet so it extends up the wall a few inches on all sides as super moisture protection that will eventually be covered by baseboards. Sandwich the sheet by nailing a second layer of furring strips right over the first. Nail down subfloor of 1/2-inch exterior-grade plywood, and lay parquet blocks on it. When floor is in, restore baseboards.

HALT ROOF LEAKS EASILY
A recent storm tore several asphalt shingle tabs on my roof. Must I replace them to prevent leaks?

Albert Pearson
Salt Lake City, Utah

Probably not. Under each tear, spread a layer of fibered asphalt roofing cement, available at building-supply stores. Cut pieces of aluminum flashing metal a bit smaller than a shingle tab and push them up under each torn tab. The top edge should extend an inch or more above the butt of the tab in the next row above. Press the flashing into the roofing cement and spread more cement on top to hold down the torn tab.

END SQUEAKS UNDER CARPETING
How do we eliminate squeaks from wood subfloors that lie directly under wall-to-wall carpeting?

Mrs. J. E. Allbritton
Huntsville, Ala.

In most instances you'll have to take up the carpeting and drive screw nails through subfloors into the joists. But where floors extend over a basement or crawl space, you can stop squeaks simply by driving wood shingles between the joists and the subfloors.

BRIGHTEN ACOUSTICAL TILE
What type of paint should we use on our acoustical ceiling?

Mrs. H. J. Graham
Newark, N.J.

You can paint an acoustical ceiling with any kind of interior paint. Alkyd and casein are particularly good, latex a little less so, as it tends to clog the holes and pores in the tiles. (However, if you're mindful of this, you can clear the holes with a toothpick before paint hardens.)

Clean ceiling thoroughly before painting. Then brush or roll on the thinnest coat that still gives adequate coverage.

WARPED DOOR IS LATCHABLE
How can we fix a closet door that is warped so badly it won't latch?

R. P. Jonson
Houston, Tex.

There is no way of correcting the warp, but you can make the door latch. You'll have to move the stop that is nailed to the latch side of the doorjamb.

Work from inside the closet, so the marks you make with screwdriver or chisel won't show. After the stop has been removed, pull the door until it latches (make sure you have a "partner" to let you out, unless the door has an inside knob). Then draw a pencil line along the edge of the jamb. Re-nail the stop along this line.

THAT RADIATOR CAN BE SILENCED
How do we stop a steam radiator from "hammering" when the heat comes up?

Mrs. L. Mullaney
Boston, Mass.

Such noises are usually caused by condensing water that accumulates in the radiator. Slip blocks of wood under legs at one end of the radiator to tilt it toward the control valve, so water can drain back to the boiler. If this doesn't eliminate the hammering, your problem is more serious and a plumber should be called.

For help with a home-maintenance or repair job, write to: Dept. HAH, American Home, 641 Lexington Ave., New York, New York 10022. Letters are answered promptly; those published are selected for their broad general interest.

ORDER FORM

The Franklin Mint
Franklin Center, Pennsylvania 19003

Please send the following Jonathan Livingston Seagull pendants, complete with neckchains:

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>073</td>
<td>Solid sterling silver pendants</td>
<td>$7.50 each</td>
</tr>
<tr>
<td>204</td>
<td>24kt gold on sterling pendants</td>
<td>$30.00 each</td>
</tr>
</tbody>
</table>

Total of order $                        
Remittance enclosed $                        

Please add your State sales tax $                        

State, Zip

Please allow 4 to 6 weeks for delivery.

The Franklin Mint is the world's largest and foremost private mint. It is not affiliated with the U.S. Mint or any other government agency.
Elegant black
Shows hours in
Hand-crafted and
Commanding size-
Elegantly hand-weathered in:
Arabic numerals!
(Actually works
full-foot tall—over
both Roman &
wrought iron base
black
CURSIVE FAX

3/4 foot wide!
3/4 foot tall—over
Arabic numerals!

FULL FOOT TALL—OVER
3/4 FOOT WIDE!
$7.98

Here is an exciting conversation piece and rich decorative accent for your home or office! Used throughout the middle ages by the Nordic and Anglo-Saxon countries. Its invention is credited to Alfred the Great. The principle seems primitive, but it worked then and it WORKS now. As "time candle" burns, it casts an ever-changing shadow on the plaque behind it; telling the hour of the day! Ancient parchment look achieved on the time plaque adds to the authenticity of this exceptional piece destined to be a provocative focal point wherever it is placed. Includes both candle and instructions!

Limited supply, so order now.

PLANNING YOUR NEW HOME

Dreams of building a new home are best fulfilled when they are based on real considerations. For example: Is the new house for a growing family or an adult household? Is it a place to relax on weekends and vacations or a place for year-round living?

While some design problems can be corrected inexpensively, many others unfortunately cannot. They can be avoided, however, if you anticipate your needs before you buy a site or sign a contract.

Here are some points to consider seriously. If yours is an active family, the traffic pattern will be important—to avoid congestion, or having to troop through the living room to reach other rooms in the house. Zoning, too, will be important—having a physical separation of areas, such as sleeping and living, so that one zone can be private and quiet while activity hums elsewhere. Consider grouping rooms that have associated functions. Are there possibilities for expansion if you have a growing family? Is storage space sufficient for present and projected future needs? Here are more hints for the new-house builder:

Building site. If the site you've chosen is sloped or has other special physical characteristics, the house must fit, or you must pay an architect to adapt its design. Watch for problems with rock formations, sewage or easements, for example. Check trees you may want saved—drive stakes around them as protection from overly enthusiastic bulldozer operators.

Architect and/or builder. Building a house has many technical ramifications and involves large expenditures of money. An architect can relieve you of much of the responsibility of the undertaking. He will be glad to discuss his fees and services with you. Certainly, if you are designing your own home, an architect's services will be necessary to prepare plans and materials lists.

If you choose to deal directly with a builder, however, make sure the firm you select is reliable and well-recommended. As prices vary, it would be wise to have two builders give firm estimates. Before giving plans and materials list to a builder for estimates, go over them carefully to try and anticipate any changes. Be sure you tell the builder the type and quality of plumbing fixtures, hardware and roofing you want. Ask to see brochures or samples of what he proposes to use. Changes later can mean extra cost.

Financing. Before signing a contract with your builder, discuss his bid with your lending agency to make sure the terms are acceptable. Also, to avoid surprises later, discuss closing costs and lawyer's fees with the agency. The usual contract is a lump sum to which later changes or extras are added separately. The builder will expect payment on a periodic basis, according to a fixed schedule.

Records. It's a good idea to set up a permanent file folder in which to keep a plot plan, set of house plans and cost records. All will be needed in future alterations or for tax records, should you ever sell your house.

These and other home-building guidelines can be found in the American Home house-plans book, which also includes a catalog of 52 AH house plans—contemporary designs, colonials, vacation homes, award winners. For a copy, send 50¢ to: American Home House Plans, Dept. 2923, 4500 N.W. 135th St., Miami, Fla. 33059. Ask for catalog #31000.
How to collect from Social Security at any age!

Would you like to know how much money you have invested in Social Security right to the penny? Then would you like to know how to get the most from that investment including all the brand new Social Security benefits? Now you can do both by using the short easy coupon at the bottom of this page. Here is the way it works. The left half of the coupon will be sent to the proper government office. They will run a check on your account and then send you a report in a confidential sealed envelope. This report will tell you how much of your earnings have been recorded in your Social Security account year by year. There is no charge for this service, not even postage.

The right half of the coupon will be used as a shipping label to send you a copy of a new book entitled, "How to collect from Social Security at any age." If you think that you have to wait until retirement age to start collecting your Social Security benefits, this book will really open your eyes. Here are some of the little-known facts about Social Security you will find out about in this book:

- How to increase the amount of your payment if you are already on Social Security.
- How to collect your share of the brand new Social Security benefits just passed by Congress.
- How to qualify for Social Security disability pensions at any age.
- How to increase your Social Security benefits.
- How to report your Farm income for Social Security.
- How to make your whole family eligible for Social Security benefits, even your youngest children.
- How to replace a lost Social Security card.
- How to replace a lost Social Security check.
- How to get a refund if you have overpaid your Social Security taxes. (Studies show that two out of three people overpay.)
- How to figure out what your Social Security retirement payments should be.
- Should you tattoo your Social Security number on your body?
- What papers do you need in order to file a Social Security claim?
- How ten million people who are only 30 years old, on the average, collect Social Security.
- Should you get a divorce in order to get more Social Security? (a lot of people already have.)
- Should you have two Social Security cards?
- How to get free services which are available from Social Security.
- How to make sure your employer is not cheating you on your Social Security.
- How you may be cheating yourself out of your Social Security benefits.
- When are the five times you should get in touch with your Social Security office?
- How to work and still get Social Security benefits.
- How to cash in on Social Security even if you've never paid a penny into it.
- How to get hospital and medical insurance for the aged.
- How students between the ages of 18 and 22 can get Social Security cash benefits.
- How to get the special Social Security benefits that are only for veterans.

Although this book can mean hundreds and perhaps thousands of dollars to you, it is priced at only $3.00. Remember, it is not enough to qualify for your Social Security benefits. To get your benefits you must know how to apply for them. The book tells you how to qualify, who to contact—including all necessary addresses, and what to say. This is a 100% no risk offer. If you do not like the book, return it and your $3.00 will be immediately refunded. You will still get the confidential report on your Social Security account.

If you do not take advantage of your new Social Security benefits, you are only cheating yourself, after all, you have already paid for them. It is easy to start getting your new Social Security benefits. Just fill out both parts of the coupon below. Mail the coupon and $3.00 in cash, check or money order to The Good News Publishing Co., 7576 Freedom Ave., North Canton, Ohio 44720. The book will be sent to you immediately by return mail. Your confidential Social Security report will be mailed to you separately as soon as the government has finished checking on your account. Checks and money orders should be made payable to The Good News Publishing Company.
exciting news for thimble collectors!

SIX AROUND-THE-WORLD BEAUTIES—CRYSTAL CLEAR HOLDER IN 2 SIZES!

THE HOLDER — Lilian Vernon design, American-made. Solid 1/4" plastic with beveled edge, anti-tarnished finish. #7354—With 5 pegs. 2½x3½" $2.99 #7355—With 11 pegs (not shown). Same design but 2½x8" $5.99.

THIMBLES SHOWN ON HOLDER:
#7291—From Holland. Genuine Delft in traditional blue-on-white design $1.99
#7566—From France. Real Limoges china, in assorted floral designs $4.99
#7356—From Austria. Multicolor petit-point on gold-plated metal $3.99
#7357—From West Germany. Brilliant translucent stone atop silver. Ass’t. color stones $5.99.

THIMBLES AT RIGHT — sterling silver from Mexico!
#7338—With sterling scrollwork $2.98
#7339—With genuine turquoise $3.98

Please add 50¢ postage & handling.

N.Y. residents add applicable taxes.

LILIAN VERNON
Dept. A31, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

EARLY AMERICAN SCENES come to life in easy-to-do cross-stitch samplers. Each kit includes stamped natural Belgian linen, bright colored threads, and simple instructions. Framed size 10" x 15". Allow 3 weeks for delivery.

Red Barn Kit (shown) $1.25
Little Red Schoolhouse Kit $1.25
Covered Bridge Kit $1.25
Old Mill Kit $1.25
Lighthouse Kit $1.25
Spirit of '76 Kit $1.25
Minute Man Kit $1.25
Wool frame, 10"x15", mahag. finish $1.50
Wood frame, 10"x15", maple finish $1.50

PLUS 50¢ POSTAGE & HANDLING
Pay Res. Add 6% Sales Tax.

Sorry No CoD's.

VICTORIA GIFTS
12-A Water St., Bryn Mawr, Pa. 19010

Just tell people Yours is a Nor-Wes Chalet!

Town & Country Model by Nor-Wes
15 original architect designed luxury chalets customized to your wishes in super-quality Western Red Cedar. Engineered components pre-cut, numbered for fast erection. Shipped anywhere.

Send $3 for Information Package
24-page color brochure, floor plans, prices; a cut-out models for table-top assembly; color photos of furnished interiors.

Send $1 for Information Package
24-page brochure only — $1.50 airmail.

1075 MARINE, NORTH VANCOUVER, DEPT. A-4, B.C., CANADA (TEL. 604-988-5221)

World's Fairest CEDAR CHALETS LTD
IN THE HEART OF THE WESTERN RED-CEDAR COUNTRY

BLOW YOURSELF UP IN B&W OR IN COLOR
Full color posters from any color photo or slide, a great gift, or gay, or room decoration.
1½x2½ ft. — $7.50
2½x3½ ft. — $14.50

B&W POSTERS from any b&w or color photo, Pen and Ink, cartoon or magazine photo for slides and negatives, add $1.00 per poster. Better originals produce better posters.
1½x2½ ft. — $12.50, 2½x3½ ft. — $17.50

RUSH SERVICE! Shipped 1st class in one day. Add $2 per poster. Not available for color.

Your original returned unamaged. Add 90¢ for postage and handling for EACH item ordered. N.Y. residents add sales tax. Send check, cash or M.O. (No COD's.) by:

PHOTO POSTER, INC.
Dept. A3, 210 E. 23 St., New York, N.Y. 10010

MODERN PAINTING KIT
Genuine oil on canvas, paint-by-number kits.
24" x 48" and larger, $36.00 up. Frame and hardware not included. Free catalog.

HOMART STUDIO, INC.
BOX 35947, HOUSTON, TEXAS 77035

AMERICAN HOME MARKET PLACE

Beautiful browsing! The Yield House catalog, itself, is a gorgeous masterpiece, and their magnificent country pine furniture, china, crystal, etc., plus gift items housed in the colorful catalog, will send you to their order page quicker than you can say "Country Browsing Catalog and Gift Guide, 25c. Yield House, Dept. A43, No. Conway, N. H. 03860.

Victorian clothes rack
Stunning cast-iron rack sparks a friendly, attractive touch to hallway, bathroom, kitchen, or bedroom. Reproduced from the colorful Victorian era, it has 5 large swing-away arms with 3 hooks on each for hats, coats, towels, etc. Extends 7½" from wall. 14" wide. $3.98 plus 75½ hdlg. Holiday Gifts. 603-B, Wheatridge, CO 80033.

Armchair artistry
Visit "The Magnificent World of Art" via this beautiful 20-page full color catalog offering over 200 reproductions of the world's most famous paintings. Offerings all reproduced on textured artist canvas and available in many colors. Catalog, 35c. Lambert Studios, Dept. AM10, 910 N. La Cienega Blvd., Los Angeles, CA 90069.

Art nouveau bracelet
Nostalgic bracelet cast in Paris from authentic 19th century molds, brings the world of Aubrey Beardsley's gorgeous women into glorious manifestation! 24k antiqued gold-plated, it becomes a treasured heirloom of the future. Delightful to give or get! $7.50 plus 35¢ hdlg. each. Art Nouveau Workshop, Dept. AH-30143, Plymouth Meeting, PA 19462.

Crystal cheese dish
Add nostalgic elegance to your table with this dazzling dish in a pretty sunburst design of 100 years ago. Snug-fitting domed lid makes it ideal for butter, candy, etc., as well 6¾" x 4", $4.50 plus 75¢ hdlg. Early American catalog with order, or 25c. Order from Sturbridge Yankee Workshop, Dept. AH1, Sturbridge, MA 01566.

Chef's wooden tools
Cook up a succulent storm with these natural wood wonders to add a b-l-g helping hand to kitchen time and cooking! Each different—spoons for corners, slots for draining, holes for mixing, paddles, etc. 8½" to 15½", $3.75 plus 35¢ hdlg. The Country Gourmet, Dept. A3, 512 S. Fulton Ave., Mt. Vernon, NY 10550.
A magazine which offers instructions and guidance to those interested in spare time, full time money making projects at home.

YOU may be able to join others now successfully making money at their home projects.

Successful home moneymakers will show you how they are doing it!

Do you know that there are literally thousands of women, (including housewives and mothers) who are successfully making money at home -- and on a regular basis? Many are making enough money to successfully carry the household expenses -- many just make enough to supplement the household budget. And of course, there are a lot of women who have achieved such success that they are able to live comfortably and put away money in the bank.

Today when the dollar buys so little --and when expenses are so high-- many women want to work at home either full time or part time -- but don't know what to do, how to do it.

"Women's Circle Homeworker" magazine is the first magazine, we believe, which will show you how to make money at home on a regular basis. Not only will you be shown various ways to make money -- but you will meet women who are already doing this and who will give you valuable tips on how you can do this too. Various other columnists, authorities, will help in many ways. More important, you will be warned of many pitfalls which befal the ambitious homeworker. There are countless rackets which prey on women; you will find out what they are.

If you are looking for homework -- part time or full time -- you need "Women's Circle Homeworker". Just $3.00 will buy a full year's subscription. Published bi-monthly it will bring joy to all those who need help.

There are no overnight formulas to making money at home -- no easy 'get rich quick' schemes --but there are literally dozens and dozens of successful methods of part time or full time home work that are now being employment by other men and women and now YOU may be able to follow suit. "Women's Circle Homeworker" will give you valuable information on all aspects of home work.

Just 50¢ a month will bring you this great magazine. Do you dare deprive yourself of this great help?

YOUR MONEY BACK IF THE 1ST ISSUE YOU RECEIVE DOESN'T PLEASE YOU

Homeworker Box 428-O Tower Press, Inc., Seabrook, N.H.03874

Here's my $3.00. Put me down for a full 1 year subscription. (Bi Monthly)

NAME ____________________________

ADDRESS ____________________________

CITY _______ STATE ______ ZIP _______
Lined willow planters
Three handwoven, lined willow baskets in-the-half-round make ideal wall planters, unique mail holders, or even bath beauties to keep guest soap handy! A handsome gift set, too! $10.79 x 6"h, $9.65 x 6"h, $8.49 x 5½"h. Set, $5.95 plus $1.15 hdlg. Catalog, 25¢. Order from Fran’s Basket House, Dept. AH-3, Route 10, Succasunna, NJ 07876.

“II”
Kipling’s inspired poem is a precious and ever-timely reminder. “If you can keep your head when all about you are losing theirs” climaxes with “you’ll be a man, my son!” A gift to treasure in word and deed. In gold on wood plaque. 8" x 11". $2.98 plus 35¢ hdlg. From Cadillac’s, AH-3, 2077 New York Ave., Huntington Sta., NY 11746.

Bouncy beauty

Easy-make candy molds
Pure rubber candy molds are not only easy to use, but they make professional-looking candy mints. Make ‘em in minutes and inexpensively! With free no-cook recipes. Order daisy, rose, heart & arrow, leaf, bunny, or chick. $1.25 each mold. 3, $3.25; 6, $5.10. Judy’s of California, Dept. 334, Box 728, Lompoc, CA 93436.

Travel w-i-d-e slipper
Wide-size men’s slippers is a stunning Travel Sbuff of soft genuine deerskin for men who require EE-EEEE widths. 5-13. With zippered plaid carrying case. State shoe size, please, $10 plus 50¢ hdlg. Send for free color catalog of 100 shoe styles for wide-feet men. Hitchcock Shoes, Inc., Dept. 25-C, Hingham, MA 02043.

Pounds of U.S. coins
Rather than sort overflowing vaults, these coins are sold by the pound! A gold piece of the world comes with orders 1 lb. or more. 30-150 yrs. old, coins may include Indian, Lincoln cents; silver dollars, etc. With powdered packing. By weight, 1 lb., $60; 10 (2 gold pieces), $99. Add 1 lb. hdlg. Centre Coin Co., Dept. A-3, Box 1, Sherman Oaks, CA 91413.

Any anniversary medal
More than 65,000 men and women have used Megavitamin-Reducing Plan tablets to lose weight and reverse weight regain from every state in the U.S. and Canada have enjoyed fantastic success with this outstanding weight loss plan.

NO WAITING! TRIPLE TABLET PLAN WORKS QUICKLY!

You lose weight fast... and permanently because you tailor the Mega-Vitamin Plan to fit your body thus maximizing your weight loss within the briefest possible time.

YOUR COMPLETE MEGA-VITAMIN PLAN LEAVES NOTHING TO CHANCE!

Among the many who require a great deal of energy or nutrients. And, as important, helping to prevent the speed of your weight loss. After all, you may be trying to lose, regulate or maintain it. Your Mega-Vitamin Plan encourages you to keep your appetite in check and avoid overeating.

MEGA-VITAMIN FORMULA HELPS THE CELLS OF YOUR BODY WORK EFFICIENTLY IN THE DIGESTION AND METABOLISM OF YOUR FOOD!

These newly developed Mega-Vitamins are not anorexiant but appease your appetite and counteract hunger. Your Mega-Vitamin tablets contain the most important Ingredients contained in the Mega-Vitamin Plan. Doctors know that the Mega-Vitamin Plan has been formulated to satisfy the demands of many weight-loss patients without sacrificing nutritional benefit. Example: Sample Diet Regimen will be sent to you, without charge, when requested on your stationery.

A SPECIAL MESSAGE FOR PHYSICIANS:

The Mega-Vitamin Reducing Plan has been formulated to satisfy the demands of many weight-loss patients without sacrificing nutritional benefit. Example: Sample Diet Regimen will be sent to you, without charge, when requested on your stationery.

LUCY YOUNG, RALEIGH, CAL.

Lost 5 pounds. My daughter wants to try it.

Evelyn Davis, Newberry, Fl.

Lost 10 pounds and new husband loves it.

Dorothy Wilkey, Idaho Falls, Idaho

Lost 10 pounds and went down to Size 8.

Marilyn Clark, Salicy, Ca.

Lost 10 pounds and went down to Size 6.

Dorothy Wilkey, Idaho Falls, Idaho

You may inspect the Mega-Vitamin Plan at your leisure. If, for any reason, you are not satisfied, return the empty package for a full refund. Twice the amount you pay.

100% MONEY BACK GUARANTEE

If after trying the Mega-Vitamin Plan, you do not lose weight, return the empty package for a double your money back refund. That's right, the Mega-Vitamin Plan works. And if you lose weight, take 50% the money you pay.

100% MONEY BACK GUARANTEE

If you lose weight, take 50% the money you pay.

POSTAGE FREE RETURN SERVICE

MAIL TO: Vitamin Education Institute Inc.
P.O. Box 5879, Dept. AH-5
Sherman Oaks, Calif. 91413

Please rush MEGA-VITAMIN Plan checked below:

Enclosed is $4.95 for 10 day supply.

Enclosed is $9.90 for 30 day supply.

(I have $4.95.)

Name:

Address:

State:

City:

85
The complete 1974 guide for browsing and buying from Colonial Williamsburg

“Williamsburg Reproductions” is much, much more than a catalog for the Craft House at Williamsburg. It is a decorating guide, an art book, a reference manual. It’s beautiful for browsing and essential for serious decorators. Everything from paint chips to wallpaper, furniture to decorative accessories. Newly revised, 232 pages, full-color illustrations throughout.

Please send “Williamsburg Reproductions” Reference Book(s) at $2.95 each. Check enclosed for $ . . . 

NAME

ADDRESS

CITY & STATE ZIP

STAMP COILACTING

Follow their footsteps

RC-576.

Mail Coupon Today for Your Copy of Herrschners Colorful Catalog of Needle-craft Kits. See Afghans, Tablecloths, Quilts, Stitchery Pictures and Pillows Plus Much More . . . the Very Finest in Quality Since 1899.

Dove planter

“In flight” plant-loving dove holds your favorite greens in natural earthenware with glazed designs in assorted colors. With 15” natural fiber hang-cords to suspend where you wish. Drainage hole with snug plastic stopper to use either way. 7¼"x3¼"x3¼". $4.98 plus 50¢ hdg. Lilly’s Garden, Dept. A34, 510 S. Fulton, Mt. Vernon, NY 10550.

Grandmother’s sampler

Or Grandmother’s sampler, “if mother says no, ask grandmother,” are marvelous to colorfully cross-stitch on stamped oyster linen. Each kit has all you need plus 8½”x15” wood frame in maple or mahogany finish. $3.75 plus 45¢ hdg. for each kit. Send your order to Victoria Gifts, 12A Water St., Bryn Mawr, PA 19010.

Curtain call

Wide ruffles on these fluffy curtains of bleached preshrunk muslin create window flair all season. Generous 4½” wide ruffles give a lush full look to any window! 84” wide per pair. 45”, 54”, 63”, 72” long. $8.75 per pair. 81” and 90”; $9.75 per pair. Add $1.50 hdg. Order from Country Curtains, Dept. AH3, Stockbridge, MA 01262.

Super big posters

Big in color or black and white! Send color print or slide (no negs.), 11x14½ ft., $4.95; 11½x2 ft., $7.95; 2x3, $14.95. Black and white poster, send b&w or color photo, or Polaroid. 1½x2 ft., $2.95; 2x3, $3.95; 3x4, $7.95. Bundle 3 or more from neg or slide, add $1. Rush on B&W, add $2. Photo Poster, X547, 210 E. 23rd St., New York, NY 10010.

Enamede sterling thimble

Charming Delft pattern of Dutch windmills, serene lakes and flowers in soft shades of blue adorn this darling sewer’s delight! Sturdy silver thimble is overlayed with a permanent enamel. “Betcha” keep it on a shelf for showing off! $9; 2 for $17.50. Add 50¢ hdg.

Let’s face it

Unsightly hair on arms, legs and face can be downright embarrassing. Perma Tweez, an easy do-it-yourself electrolysis device, safely and permanently removes unwanted hair, and does it without puncturing the skin! Appears in various medical journals. $16.95. General Medical Co., AH-14, 5701 W. Adams Blvd., Los Angeles, CA 90016.

Hill Brothers offers this free Guide To Hard to Find Sizes that not only lists 185 of the latest women’s shoe fashions, but in sizes for those who “need” special fit. Sizes 2-14 and widths AAA to EEE. Now the folks who size-seek can partake and enjoy style as well! Write Hill Brothers, Dept. AH-3, 241 Crescent St., Waltham, MA 02154.
In midsummer, this breathtaking, "color-changing" Hydrangea Tree (H. P.") is covered with masses of white flowers. In August, they turn a beautiful bluish pink and finally in the fall, to a royal purple. An excellent tree for specimen or ornamental planting. Especially nice in groups of three. Easy to grow. Fast growing, hole* 1^-3' nursery grown trees.

HYDRANGEA TREE

For Spring Planting

ORDER NOW AND SAVE UP TO 50% ON THIS CHOICE NURSERY STOCK!

Sensational
"Color-Changing"
Variety

(Reg. $2.00)

$1.00 ea.

(3 for $2.50)

(6 for $4.50)

GIANT HYBRID CLEMATIS

Towering Masses of Lush Flowers and Foliage All Summer!

$2.00
each

(2 for $3.75)

(3 for $5.00)

For vines and bright greenery, the kind that grow fast and thrive where other trees are drab—white birch are at their best: graceful glinting white trunks and branches. Hardy, fast growing, need little care. Look best in clumps of three. You get nicely branched 2 to 4 trees.

BIRCH

White Birch

(Reg. $1.50)

$1.00 each

(3 for $2.50)

(6 for $4.50)

FULL PROTECTION GUARANTEE

All stock guaranteed to be of high quality, exactly as advertised, and to arrive in good healthy condition, or purchase price will be refunded. Return postage and handling FREE with all orders. Items clearly and fully labeled. Orders for $2.50 or more will get 2 free Rose of Sharon trees; Orders for $5.00 or more, in addition, will receive 3 Red Twig Dogwood FREE! And all orders—regardless of size, will include an amazing Air Plant Leaf FREE! Order now!
**MUSHROOMS FRESH DAILY**

Grow Your Own Mushrooms At Home

New discovery grows mushrooms in any room in your home. Complete Magic Kit includes: TV-size heavy plastic Mushroom House, simple directions, everything needed to produce mushrooms within 3 weeks. Pick mushrooms for 3 months. Guaranteed or replace growing materials free. Refills available.

**$12.95 plus $2.00 postage.** No C.O.D.'s please.

**the MAGIC MUSHROOM HOUSE**

Wilmington, Del. 19807

Mrs. Frederick Johnson
2216 South 32nd Ave.
Highland Park
Anytown, Kansas 66018

A perfect way to put your name and return address on letters, books, records, etc. ANY name, address and zip code up to 4 lines beautifully printed in rich black on crisp white gummed labels. Rich gold trim. 2" long. Just $1 ppd. Money back if not pleased. Free decorative box for purse or desk. Order from WALTER DRAKE, 3043 Drake Bldg., Colorado Springs, Colorado 80940.

**1000 RETURN ADDRESS LABELS $1**

**CANADIAN HEMLOCK**

These are heavy, well-rooted, branched 4 yr. transplants, 10-15 in. Not to be confused with seedlings. Ideal for screen or hedge. Ample sun or shade. Trim to desired height. Postpaid. No C.O.D. Write for FREE ILLUSTRATED CATALOG. Pa. destinations add 6% tax.

**TREES**

for only $9.95

3-4 yr. select trees; 6'-16'. For each address.$3.00. Norway Spruce, Austrian Pine, Colorado Blue Spruce, Douglas Fir.

**SUITE BOX 1C**

15 for $9.95

25 for $15.95

99 for $99.95

**WESTERN MAINE FOREST NURSERY CO.**

Dept. AH34-A Freyeburg, Me 04037

Planning a home?

Home Planners 260 One-Story Homes with designs by Richard B. Pollman match your dreams and your purse All under 2,000 sq. ft. French, Tudor, Colonial adaptations, Contemporary, etc. Special low-cost section, too. Blue prints available. 176-pg. book, $2. Home Planners, Inc., Dept. AH33Y, 16310 Grand River, Detroit, MI 48227.

**KEEP DRY**

**BARGAIN FROM LON**

A Persian Lion, Ind. sculpture. Cubic design unusual stamps for collection! Iris, Turkey and a long set of Hung. and telecommunication Space satellite, Apollo, Cuba, India, flowers. All new fascinating designs! 151-stamp offer for only $20. Sent to you with a selection of Bangor Approvals (if you want, return the rest) in unused stamps---one to two square foot. 30 days. Comes in plain envelope.

**PIPECRA**

**MALE-DRI' & FEMALE-DRI'**

For Men & Women (For Women)

Here's the easy, sanitary way to stop embarrassment of wet garments and bedding. Day and night protection of private parts. High quality because it is guaranteed. Quality stamp in holder. Quick, easy application. Never needs wash. Ideal for easy washing. Do not add soda or water. Bring and return balance. Guaranteed-money back if returned postpaid in 30 days. Comes in plain envelope.

**BROADWAY APP'**

50 DENMARK Hill LONDON SE1

**TEXWATER GARDENS**

**COLOR CATALOGUE-10¢**

RT. 1 UPLAND, CALIF. 92376

**WATER LILIES**

**THE MERICAN HOME MAG AZINE**

**GARDEN CENTER**

**LIKE WALKING ON VELVET. " PLUG IN ZOYSIA GRASS**

By Mike Sentik

It's true the things we shop for and use in the Amazon Meyer 2-52 Silver Grove (4 ft. T.M.)

Leaves so thick and luxurious that walking on it is unfortifying. Your Zoysia lawn drives out crabgrass and weeds all summer long. It stays green and beautiful in stifling heat. When other grass burns out. It cuts mowing by 2/3. It's perfect for summer homes and problem areas. There's no need to rip out your old grass. Plug in Amazon Zoysia Grass and let it spread into beautiful turf that never needs replacement. It will neither heat kill or winter kill. . . Mowely goes off its green color after heavy frosts and re­takes fresh new beauty every Spring - a true perennial! Every plug fully guaranteed to grow in any soil in your area.

To end lawn problems, send for Free interesting facts and low prices of Amazon Unstuffled Pre­season Bonus Offer. No obligation. Mail coupon to 5-EPN, 1974.

Dept. 239 Zoysia Farms
2111 YO. NY Spruce, Office & Store 6414 Reisterstown Rd.
Baltimore, Md. 21215

NAME
ADDRESS
CITY
STATE
ZIP

**CAUTION**

3251 11th St. NW, Washington, D. C. 20007

**THE AMERICAN HOME MAGAZINE**

506 South Broadway, Chicago 30, Ill. 60606

**WRITTEN APPROVAL**

It's our policy to supply you with the highest grade quality products available, and live up to our promise of satisfactory service. We do not accept returns on any items, but once you have received your order, you may send it back to us for replacement or credit. If you are not completely satisfied with your purchase, please let us know as soon as possible so that we can make the necessary adjustments or make an adjustment for you. We guarantee our products and service to be the best, and we promise you a hassle-free shopping experience. If you have any questions or concerns about your order, please feel free to contact us at our customer service department. We will do our best to help you in any way we can. Thank you for choosing The American Home Magazine as your source for home decor and garden products. We look forward to serving you again in the future.
Silver-plating offer
If you're ready to toss out worn silver pieces, you'll be interested in this extraordinary silverplating sale. You can have your items replated and at sale prices! Your worn antique heirlooms can be quadruple silverplated. Work guaranteed. For free price list, write to: Senti-Metal, Dept. AH-3, 1319 Memory Lane, Columbus, OH 43209.

Name for "the game"
Personalized golf balls lift any buff's ego in the man-made torture game ("But I'll be back") of golf! Easy to identify, especially in tough-searching rough. Solid state design for accurate performance. Print name (up to 18 letters and spaces), 6 for $5.98; 12 for $9.98. Walter Drake, AH47 Drake Bldg., Colorado Springs, CO 80940.

Straight from the shoulder
PiPeer Shoulder Brace(R) corrects posture instantly and gives even shoulder support. Arm bands softly padded! Lightweight, ventilated-for-comfort 3-ply material. Can't be detected under light clothing. State measurement below bust (men, around chest). $6.95 plus 45¢ hdig. Piper Brace, Dept. AH-345H, 811 Wyandotte, Kansas City, MO 64105.

"Debby"
A darling is this apron, a complete wrap around fashion that ties at the waist and buttons behind the neck. One size adjusts to fit all. Washable cotton. White, red and white checks, or patch-work print. Washable cotton. Adjustable to fit all. One size $14.95 plus 75¢.

AUTHENTIC REPRODUCTIONS
from Shaker Workshops, Inc.

We offer accurate reproductions of Shaker furniture and accessories including three-slat side chairs, "elders" arm chairs, shaving-hand and trestle tables, candle tables, sconces, hanging mirrors, hanging cupboards and many other Shaker items. Available completely finished or in easily assembled and finished kits, every piece is authentically copied from Shaker furniture in museums or private collections.

AUTHENTIC REPRODUCTIONS

Shaker Workshops, Inc.
Box AH-1 Concord, Mass. 01742

434 Brimfield Turnpike, Sturbridge, Mass. 01566

ADJUSTABLE
T.V. POLES
Hold your portable T.V. right where you want it without awkward tables or stands. Takes any width, up to 14" deep. 17' high. Black decorator pole has spring tension rod to adjust just to 3'1/2 to 8'3/4 ft. ceiling heights. Can be set up in Hi or Low position. Hi position is great for reclining watchers! Made in U.S.A.

$12.95 plus $1 postage if out of 48 states. Makes your TV poles higher than original, $2.00 ceiling, and $2.00. Write for FREE catalog.

AMERICAN MOST POPULAR
CATALOGUE of
EARLY AMERICAN
FURNITURE & ACCESSORIES

Send 25¢ for our Famous Sturbridge Catalogue

Over 1,000 items for furnishing your home in Early American—always in style, mixes and matches with any decor. To see how easy it is to enjoy the warmth, always-in-style beauty of Early American, send for our catalogue today. All items ordered from our catalogue are backed by a unique Money-Back Guarantee—it even includes free shipping charges both ways.

our famous ACTION-BACK STATION WAGON CLASSIC!


VICKI WAYNE

PRETTY TOSS-ON BOLERO
A lovely cardigan of washable acrylic with a hand crocheted look. Light in weight, yet comfortably warm on chilly evenings. Has pretty shell stitch; scalloped ribbed trim; easy shoulder; 3/4 sleeve. Your choice of white, black, beige, pink or light blue. Sizes 32 to 46. $5.98 plus 75¢ postage. FERRY HOUSE, Dept. H-3, Briarcliff Manor, N.Y. 10510

HYPOPLANT FOOD
Grow better plants, indoors or outdoors. Clean & soluble. 10¢ = $1.50. Write for book.

HYPO-4321

Winner of the 1947 Women's Day Cover Contest.

AMERICAN HOME MAGAZINE, DEPT. MP
641 Lexington Ave., New York, N.Y. 10022
SNAP-APART ANIMALS SPEL THERMS

Six domestic, farm and ocean animals in bright snap-apart, unbreakable plastic. The seven different snap together, and out the name of each animal. A duck, dog, fish, cat and rooster. Teachet the association and color, Educational Snap 'n Spell fun for the younger set. 20 pieces.

111171 Animal Set $3.50 (Add 35¢ postage)

DESKTOP LOCKING-HYPONOTISM

Learn to do Locking Amaze
t the blind. Details: Send stamp; cloak, 215 PINE, N.Y. 10013.

SLEEP LEARNING—HYPNOTISM

Learn to be hypnotized while asleep, Free Autoguided. Box 24-B, Alexandria, Va.

NEED MONEY—Don't Ask Consolidated Bills, Secret Emergency Loan. Write Interstates, 82 E. Jackson, Suite 422, Chicago, Ill.

CLASSIFIEDS GUARANTEE

Classified ads: No mind of initial money sent in direct response to the above advertisements.

A Special Offer for Only $1.00

The Pillowry; barnwood circulars. Stained and stained-address envelope, Tayon, Box 80102, A-3, stockton, California 90200.

SPECIAL OFFER for

Bassett's chair and ottoman have no springs or wooden frames. and according to Bassett and Dow, extremely durable.

MORPH SOURCES

Seems as though everything's being wrapped in fabric: Selig, known for their well-tailored upholstery, is now upholstering Parsons tables in all sizes ($110 to $198). With glass tops added the results are practical as well as handsome.

-Christine B. Roth
Why Viceroy Longs?
Because I've tried a lot of long size cigarettes and I won't smoke anything I can't taste. 
Taste it all in Viceroy Longs.

ONLY A DENTIST CAN GIVE HER A BETTER FLUORIDE TREATMENT!