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Do You Know the Secret of Looking Younger?

You may think you do. You watch your diet. You try to get enough sleep. You've even started an exercise program and wouldn't dream of going to bed until you've done your fifteen minutes of calisthenics. Good for you. Yet all these efforts to keep you looking on your young side can be inadequate if you don't take proper care of your complexion.

Why wait another moment to join the knowledgeable, younger-looking women from many parts of the world who share the secret benefits of a



unique beauty fluid. From Paris to Australia, these women enjoy the rewards of a skin-loving lotion that helps them to look their youngest by soothing away the dryness that

makes aging fittle lines and wrinkles too noticeable. The remarkable fluid is found in drugstores in the United States, where it is known as Oil of Olay beauty lotion.

Beauty connoisseurs discovered Oil of Olay and its myriad benefits. Notice for yourself the way your skin virtually drinks in Oil of Olay as you gently smooth it on. You will be astonished at how quickly and completely Oil of Olay penetrates. And it never leaves a greasy feeling on your skin. Within days there will be a clearly discernible difference

in your looks, as your skin begins to grow softer, smoother and more supple.

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Beauty Secrets

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American Home

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Bargain of the month

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Cover photograph by Ben Swedowsky

Planters Planting Season



Plant some Planters in a bowl of raisins.

Combine one 8 oz. jar Planters® Dry Roasted Peanuts with 1 cup dark seedless raisins. Mix well.

Plant some Planters in a cream cheesed celery stick.

Blend together one 3 oz. package cream cheese, 1 tablespoon chopped parsley, and ½ teaspoon grated onion. Use to fill 5 celery stalks. Sprinkle with chopped Planters Cocktail Peanuts.



Plant some Planters in some Cheddar cheese.

Crumble 4 oz. blue cheese, and mix well with 4 oz. finely grated Cheddar cheese, 3 oz. cream cheese, 2 tablespoons chopped parsley, and ½ teaspoon grated onion. Shape into a ball, wrap, and refrigerate until firm. Reshape ball and roll in chopped Planters Dry Roasted Peanuts.

Plant some Planters on your favorite cake.

Right after frosting a cake liberally sprinkle Planters Cocktail Peanuts over the top of the cake.



Anytime and everytime you want a nutritious mouth-watering snack Plant some Planters.

Another fine product of **Standard Brands**



Quick stitchery in festive felt

Christmas is only a few weeks away, but you still have plenty of time to sew up these inexpensive felt delights from Simplicity. For just \$1 you get easy-to-follow patterns for eight merry ornaments, a demure tree-top angel and lavish tree skirt.

The colorful ornaments are per-

fect for hanging on a tree or a wreath, or for embellishing a gift package.

You embroider angel and ornaments front and back with metallic thread or buttonhole twist, stuff with polyester fill, slip-stitch closed. Look for these patterns at Simplicity counters.

—Eileen Denver







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Sound crazy? Maybe it is.

But a short time ago I had an opportunity to get a sneak preview of Britannica's brand-new encyclopaedia and, believe me, it's nothing like the old one that my family cherished for years. In fact, this one is in three parts, and—hold your hat—the part I like most is called the Micropaedia!

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Lucille Ball

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The season's tidings and tips from southern California

By Muriel Davidson



Christmas in the California sun has one distinct advantage: The urge to beat the cold by ducking into the nearest department store is absent. As a result, we do less impulse buying and turn our giftgiving ideas to

making thoughtfully creative things. For example, on a recent trip I was poking in a most unusual shop called Cardiff Sea Shells, located in a tiny coastal community, Cardiff-By-The-Sea, near San Diego. Most people put shells on tables or in baskets and just look at them. I bought some, intending to do the same. Then I decided to put my shells to work. I turned them

into Christmas gifts-beautiful windchime mobiles-with the aid of driftwood, dental floss, lacquer, small red beads, a tapestry needle, my husband and his power tools.

I used Assinina abalone shells, which sold for 35 cents each and have natural holes in them. They are about 2 inches long and an inch wide, with a lovely tortoise shell-like color. First, I lacquered them. Then I strung floss through the holes with the needle. I knotted the shells about 2 inches apart. Next, Bill drilled tiny holes in the driftwood. As I drew the floss through these holes, I fastened beads to the top ends to hold the strings of shells in place. To hang, I screwed a simple cup hook to the driftwood. Outdoors, my creation is a wind-chime that sounds like distant castanets. Indoors, it's an elegant, distinctive mobile.

Drapery rings have a holiday purpose. I mean the wooden kind, about 2 inches in diameter, you can find in hardware stores for about 30 cents

each. They make terrific mini picture frames, which make thoughtful Christmas gifts. For a sentimental aunt, get out that dust-covered photo album no one looks at anymore. Cut out some of the faces she loves, grab the glue pot, some cardboard and some felt.

Start making what is bound to be her everlastingly favorite Yuletide gift. Cut a piece of cardboard the exact outside circumference of the ring, and glue one of the faces to the cardboard. When it's dry, glue the cardboard to one side of the ring. To finish the

back, cut out a circle of felt and glue it on. You can affix six or eight of these framed miniatures to wide velvet ribbon, and they'll hang like a minigallery. Or buy tiny gilt easels for each. For a favorite child, paint the rings a cheery bright enamel. Then cut out and glue on cartoon faces from the Sunday comics. Finish as before. Shellac each 'portrait" to protect its surface.

Candle-torches are a novel and decorative way to use your fireplace at Christmas-

time without chopping down a tree or paying outrageous prices for a quarter-cord of wood. A candle-torch has its wick wrapped around the outside of the wax, the full length of the candle. Attached to its base is a long stick that can be pushed into the ground, so that when lit, the candletorch can illuminate outdoor evening parties (in warm climates). It will burn stead-

ily more than three hours,

As I watched several of

sending up an 8-inch flame.

these candles burning one evening, I wondered aloud if they could be used indoors. No, I was told; the huge flame would blacken the ceiling. But I figured I could put them in my fireplace, and the draft would cope with the smoke as well as the flame. All I had to do was devise a way to get them to stand up by themselves.

Solution: I got a clay flowerpot. Then, from my gracious cat, I borrowed some of the litter he uses, filled the flowerpot, broke off part of the candle-torch's stick, stuck the candle in the pot and lit it in the fireplace. When we wassail this Christmas, three of these beauties, at \$1.50 each, will enhance our hearth. The only thing I wouldn't advise is using them to burn

discarded Christmas wrap.



I'm just completing a present for me. I'm needlepointing a big cushion cover for the seat of an old bench that now sits bare in our fover. And I'm using my own foyer wallpaper for my pattern. Here's how: I bought the canvas, which was cut the right size. Then I bought the yarn, an indelible pencil and went into business for myself.

I had some scraps of the wallpaper, so I cut out the leafy patterns I wanted to use and stuck them on a window with transparent tape. Then with masking tape I stuck the canvas to the window, over the wallpaper cutouts, after which I traced the designs with an indelible pencil. The latter is a must, by the way. If you use an ordinary ball-point pen, the steam might make the ink "bleed" onto your yarn when you block your finished work.

Try this technique if you know someone very special to whom you'd like to give an original "instant heirloom." Of course, you can't go around

tearing away pieces of your friend's wallpaper. But you can produce a portrait-in-stitchery of, say, their pet dog or cat just by looking through magazines. When you find the right breed, cut it out, do the window routine and start stitching. You can easily colorcode your work by marking on the canvas "W" for white, "DB" for dark brown, and so on. If you know you can't finish your gift by Christmas, just work a border, wrap and deliver it, then take it back to complete-say, by Valentine's Day. And who knows? You might get away giving the same gift twice-for the price of one.



Magnavox stereo. When it's not playing beautiful music, it's still saying beautiful things about you.

Whichever magnificent Magnavox stereo you select, it will speak eloquently of your good taste. Even when it's silent. For Magnavox design artistry is always clear and distinct.

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What's new



Power extenders

Eveready's "Heavy-Duty" batteries cost 50 percent more than flashlight batteries, yet last up to three times longer—in toys and small appliances. They come in all standard sizes.



Kid's car safety vest

"Little Rider" holds a child securely when attached to existing seat or shoulder belt. It enables the young-ster to sit or lie down comfortably and, with special tether strap, can also be used for strolling. In two sizes, from Sears, Roebuck. Price: \$10.



Cozy fireplace cooking

"Swinging Fire-Grill" equips a fireplace for open-flame cooking. Unit swings out for serving. From Up Front Promoters, 330 High St., Eugene, Ore. 97401. Price: \$32.95.



Cordless tool system

One handle, with built-in, rechargeable-battery power pack, fits any of six different electric tools and supplies power for each in Black & Decker's MOD 4 line of power tools. You can recharge battery pack (about \$12) in 16 hours, or keep it fully charged by plugging into electric socket when it is not being used. Available cordless-tool attachments include: grass shear, \$10; shrub trimmer, \$15; ¼-inch drill (shown), \$15; lantern, \$7; quart-size sprayer, \$10; gallon-size sprayer, \$17



Grain grinder

Designed to fit two currently available KitchenAid food mixers, grain mill attachment lets natural-food buffs grind their own flour from whole-grain rye, wheat, corn or rice. Adjusts from coarse to fine. Price: about \$45. —Bernard Gladstone

From reader letters grand stories grow

In the past few months, your wonderful letters to us have resulted in five najor features, with more planned. You've written about building your own homes, adding rooms and working on crafts projects. We enjoy hearing from you, and love turning your letters into exciting stories. Keep it up, won't you?

st spring, J. Jack Mullen, an archit from Chatham, Mass., wrote to I us how he beat the high cost of use-building, suggesting that other



aders might be interested in how he d it. We were intrigued, and the relt was August's "How \$15,000 Built is-7-Room House." We featured Mr. ullen's superbly detailed Cape Cod/nch (above), plus his cost-cutting tips, price chart and a house-plans coupon. any readers have already ordered e plans, making Mr. Mullen—and—feel pleased and proud.

A letter from Mrs. Carole Luckett, then of Maryville, Tenn., detailed how she and her husband built their own home. With our encouragement, Mrs. Luckett wrote the July story, "My Husband and I Built an 11-Room



House in 10 Months," and showed just how much a woman can contribute toward building a home.

The incredible tale of how Scott Briggs, an ex-pilot from Hobble Creek Canyon, Utah, built a magnificent Aframe (center, left) by himself came



in a letter from his wife, Betty. Result: November's "How One Man Built this Spectacular Home."

A marvelous craft story, "'Painting' with Calico" (October) began when Mrs. Norma Gatje Smith of St. Joseph, Mich., sent us photos of her collages (one is above). This month's appealing "Our Gingham Christmas" (page 30) started with a note from Mrs. Nancy Judd, of Rochester, Minn.

Coming: a Connecticut couple who built their own barn! If you have a tale to tell, drop us a line.—The Editors



"Six big reasons I'm sold on Westinghouse and Clorox!"

Lisible Savidson

The new Westinghouse washer and Clorox® liquid bleach make an unbeatable washday team. The washer's bleach dispenser releases Clorox into the wash at just the right time. And Clorox gets out the stains, dirt and germs your detergent alone can't.

Clorox—it's automatic with Westinghouse.

Westinghouse combines heavy-duty construction with all the latest features: exclusive hand-wash agitator, knit fabrics setting, water-saver control, lint filter, bleach dispenser, extra 18-lb. capacity, five water temperature selections, and complete soak, wash and rinse cycles.

Clorox has agreed to supply Westinghouse with a Stain-Removal Guide, to be packed in each washer; and to feature Westinghouse appliances in Clorox advertising.

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A Christmas pup needs special handling



A puppy makes a perfect Christmas gift. And this year, about 2 million purebred pups—representing better than 30 percent of all 1974 canine sales—will show up, beribboned and bewildered, under our living room Christmas trees.

But things won't be easy: Even if the pup is the right age (eight to 10 weeks), he's only just starting to function on his senses and his stilldeveloping instincts. He's confused by the giants and the strange noises and scents around him.

On any day of the year, acclimating himself can be a scary business for a pup; but amidst the hubbub of Christmas, it can really knock him on his ear. During his first few days, the newcomer needs human companionship, but that doesn't mean crowds of visiting friends and relatives. The members of his permanent family are quite enough for him; he needs time to settle in and become familiar with these important giants. The more excitement around the house, the longer it will take the pup to adjust.

Ideally, if the kids (and you) can stand it, that pup under the tree should be a toy one with an attached card explaining that the real McCoy will be along in a few days, after the household has settled down to normal. Your children will understand that the delay is in the pup's best interests. And the breeder shouldn't mind if you ask him to hold your puppy for those extra few days.

Often, of course, there are impelling reasons for wanting the pup himself there on the big day—as when your youngsters have been waiting many breathless months for the promised pet, and have fulfilled their part of the contract by faithfully performing their daily chores. If that's the case with your family, then you should take some steps to soothe the pup's way into your holiday home.

First, try to understand his basic needs, which amount pretty much to those of a three-month-old infant. The pup sleeps or naps just as much as a baby does, eats as often and answers nature's calls with the same frequency and casualness. The big difference is in canine mobility, and because of it the pup requires about 50 percent more supervision than a baby. Keep in mind that he considers everything-lamp cords, pins, toys, chess pieces, chemical sets-to be edible. For his own safety, watch him carefully whenever you allow him the freedom of the house. Soft gift wrappings and small cardboard boxes make safe Christmas toys for him.

The fewer visitors, the better. It's natural for your kids to want to show off their new pet, but too much handling and excitement isn't good for

How to help your furry, foolish newcomer adjust to the holiday hubbub.

him, as he tires easily. And when canine-owning friends come to visit, ask them to leave their dogs home: An adult dog requires careful watching when he's around a strange, playful pup. Your new pet may also pick up canine diseases from another dog—remember, he hasn't been given his adult shots yet. (He gets those when he is 10 to 12 weeks old.)

Be especially careful if your family celebrates Christmas in a big way, with a houseful of relatives and special friends, a constantly refilled punch bowl and the continuous din of merry voices. The chances of your pup's getting through such a day without some damage are small, but they improve greatly with a little planning.

Make up a few rules and regulations, enforceable by every member of the family. Because so many people seem to equate love of dogs with love of Mom and apple pie, keep an eye on well-meaning guests when your puppy is within their reach. More so than with children, adults assume an expertise with dogs. Be tactful but firm: That little pup can't take too much "expertise"—or love.

Don't let people handle him im-

properly. Mishandling could mea lifting a pup by his tail ("It doesn hurt him at this age,") or lifting hir by the handful of loose skin on hi back ("Very good for his circulation,") or by his forelegs ("I know how to handle pups"). All thes methods are bad but the last one if the worst, because a pup's bones ar soft, and the set of his shoulders if still not firm. Pulling him up by hi forelegs can do permanent damage. The only way to lift a pup is to put one hand under his rump, and the other hand under his chest.

Try to keep your guests from feed ing him. Slipping tidbits to a new put is always a favorite sport—and he can be adorable as he tries to eat that bit of cheese. A very little of this won't hurt him, but too much of it can throw off his meal schedule and bring on diarrhea for the next day of two. A pup's digestive tract cannot handle a sudden change in diet Sweets, raw starches and cocktait canapes are no-nos; so are all liquid other than fresh water and milk, both served at room temperature.

Beware the instant trainer. It's no unusual for a guest to try and demonstrate how easy it is to train a pup. When you hear "I can teach this little fellow how to shake hands in three minutes!," then it's time to inform the guest that your family plan calls for teaching the pup basic commands before any tricks. And the pup isn' ready for either, in any case. If this doesn't work with your guest, tell him that it's time for the pup's nap. Training advice from outsiders can't be prevented, but improper training can only confuse the pup. And he must learn who his real boss is, or you'll never be able to train him later.

You can avoid all these pup/guest problems by parking the newcomer in an out-of-the-way room that is not convenient to guest traffic. Then you've got some control over guest antics, the pup will get the sleep he needs and his first-day confusion will be minimal. Your pup can take about as much excitement as a baby can.

Speaking of babies, a wooden playpen makes the perfect first-day parking lot for a pup. To prevent him from crawling out through the bars, wrap the inside of the playpen with 1-inch chicken wire or with hardware cloth. When the pup isn't asleep, such toys as empty egg cartons or papertowel rolls will keep him amused.

Merry Christmas to your family and your new puppy. This is the time for extending affection and care to all living things—including delicate, cuddly little puppies. Remember that, and your Christmas will be all the merrier.

—Kurt Unkelbach



PALLMALLGOLD

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Warning: The Surgeon General Has Determined That Cigarette Smoking Is Dangerous to Your Health.

21 mg. "tar", 1.5 mg. nicotine av. per cigarette, FTC Report March'74.

Ask us about your antiques

As this ivory object rare or of high value? The ball that normally rests atop the figurine is said to have been carved from a solid piece of ivory: a ball within a ball. Any information you can give will be most appreciated.

E.S.—Meridian, Miss.

A We avoid making appraisals in this column because the matter of value is tricky, especially when items are seen only in photographs. Ivory objects made in the Orient have great



appeal. Both old and new are collected zealously. While there is an appealing intricacy in the ivory you own, it is not as delicate as finer early ones. Dating is difficult,

other than to say the piece was made within the past 60 years.

Or this pale green stein has been in our family a long time, but none of us knows anything about it. The decoration shows a king and his courtiers, each with a scroll. Robes are red with white ermine collars.

L.R.—New Bern, N.C.

A The object you call a stein looks like a pokal to me. A stein is a

handled stoneware mug; a pokal, a covered goblet often made of metal or glass. Your piece is made of glass decorated with enamel, a form associated with fine German glasshouses from the 16th to 20th centuries. Because its border decoration appears plain in contrast to the intricacy of the figures, your pokal appears to have been made in the 19th-century.

Can you tell me the origin of this 3½-inch-high brass bowl? The piece is cast, with four different handcut panels. Floral patterns separate the panels and appear on bands around the top and bottom. Figures look Syrian or Persian. Rims are bent from use over the years.

E.W.-Houston, Tex.

A The interlacing and the flowers, as well as the character of the figures, reflect Middle Eastern design. The images relate to Iranian legend, though we're unable to pinpoint exactly which legend or legends. This

kind of work was made for export starting in the late 1800s. Your bowl is probably of late 19th- or early 20th - century origin.



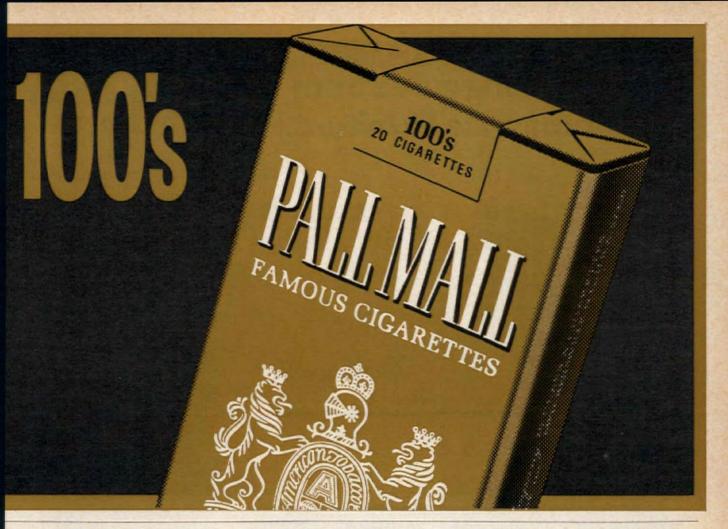
Q Can you tell me the age of this pewter goblet? The mark on the bottom is circular. "Pewter" is lettered; "Made In USA" is below it.

M.M.—North Hollywood, Calif.

A "Made In USA" means the piece was manufactured after 1891,

when U.S. Customs began requiring all goods made for export—or import—to show country of origin. Circular marks in plain lettering usually appear on recently made objects. Your goblet is probably 40 years old—which means it results from a stamping process.





O This Victorian chair was a gift to my late grandmother, but I don't know when. It seems of superior quality. Can you tell me its probable origin and approximate age? The casters are original; the imitation needlepoint upholstery is not.

M.T.-Omaha, Neb.

A Your chair is American, made about 1840. It is in the rococo revival style that was fashionable throughout the country from about



1830 to 1860. This style was derived from the French rococo, or Louis XV, design of the 18th century. Where the originals were elaborately carved with floral and leaf patterns, the 19th-century American manufacturers altered

the style by eliminating some of the carving and exaggerating the curves.

These glasses are said to be antique Bohemian crystal, but how old are they? The hand-etched pattern is of cornucopias and flowers.

M.H.-Nanuet, N.Y.

A The pattern is neoclassical, a style that first came into fashion in the



late 18th century but was also popular in the early 1900s. The design's flatness, plus the extent of the detailing, suggests the later origin. Earlier examples tend to be faceted—cut in a reflective design—and less intricate. Having the glasses in hand, you can tell if the pattern is truly as intricate as it seems in the picture. Also, you can look to see if there is a pontil mark—a cut-off glob of glass on the bottom—which would *not* be found on a piece made as late as 1900.

Q Can you tell me anything about this tapestry picture, and any suggestions for safe cleaning? It has only black, white and gray thread, and the name "Fred Morgan" is on the bottom, left.

B.C.—Abingdon, Va.

A Yours is one of the many types of pictures made on cloth that were mass-produced in the late 19th century. Some were woven; others, printed. The playful scene you own is



probably based on a picture by the English painter Frederick Morgan, active from about 1880 to 1920. If you are absolutely certain no repairs have been made, wash your picture in mild soap and lukewarm water.

To learn the real story behind a family treasure, send letters and clear black-and-white photographs to: Ask Us About Your Antiques, American Home, 641 Lexington Ave., New York, N.Y. 10022. Include complete descriptions, plus any details the pictures don't show. Questions of general interest will be published. We are unable to return photos or send personal replies. —Marvin D. Schwartz

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Our food editor reports

EASY-READ LABELS

More and more, we shoppers have to know how to read labels. But that's good: Labels help us shop wisely, if we can interpret them. Some extra help in that direction comes this month as a new Department of Agriculture ruling goes into effect. It requires processors of meat and poultry products who label with calendar dates instead of coded dates to explain these dates.

Thus you can now expect to see meat and poultry packages labeled "Packed Before December 10" or "Sell Before December 10" or "Use Before December 10." Labeling is voluntary, but it's expected that more and more processors will participate.

The new open-dating regulation will help you shop more knowledgeably, and aid your supermarket in keeping its stock up to date. As a consumer, you will be able to determine which products are freshest and which you can store the longest time after purchase. Open dating won't guarantee quality or wholesomeness—that depends on proper handling and storage from the time the product leaves the processor until it reaches you.

NEW RIGHT NOW

• Thin-Stor from Tupperware is a great way to store fresh vegetables in the refrigerator. The colorful plastic container is long, low and thin. It fits easily into a small refrigerator; in a large one, three or four can stack up to create a "filing system" for cucumbers, celery, peppers, carrots.

• Kraft is introducing two tempters for the young crowd. One is a flavored peanut spread called Koogle that comes in chocolate, vanilla, cinnamon and banana. Not only can it be used as a spread; it also does well as a frosting, a melted ice-cream coating or a flavoring for milk shakes. The second tempter is Maxi-Mallows, jumbo-length marshmallows in chocolate, banana and cherry flavors.

• Gifts from your kitchen—at Christmas or any other time—will be prettier than ever when wrapped in Reynold's color-printed Fanci-foil. A 20-foot roll sells for 39 cents, and you have a choice of wintergreen, buttercup, strawberry or blueberry floral designs. Look for it in non-food discount and mass merchandise stores.

—Frances M. Crawford



"That's a beautiful picture, Peter."

When children go to visit grandma's house, they take the things they've made especially for her. A three-legged clay cow, painted red. Or a crayon drawing of a green sky and blue grass.

And they're always full of things to tell her. Things that happened since the last time they were together.

Your children don't have to wait for holidays or summer vacations to have happy talks with grandma. They can, any time, by Long Distance.

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Embroider America's Favorite Rag Dolls to hang on your walls..

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4"x 5" mini-crewel kit
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alcove, rable rag certain to

Children's room, den, kitchen, dining alcove, wherever there's wall space—these adorable rag dolls (yes, the faces are familiar!) are certain to add a bright and charming accent! Or you can

turn the finished picture into a cuddly pillow every child will cherish... especially when he knows you've made it yourself!

And it's so easy to do with our exclusive Rag Dolls Stitchery Kit! You get the design screened on 100% Linen fabric, more than enough 100% Dupont Acrylic yarns to finish the picture, illustrated stitch chart, color-guide, easy-to-follow instructions, even a crewel needle... all for just \$6.95 plus postage and handling! Custom designed frame to fit 14" square finished size also available for just \$9.00.

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CityN.Y. resi	Statedents please add local and st	

[continued from page 12]

Dime stores are your gift-buying paradise.

Oven cookware. This is the perfect starter-set gift for someone's kitchen: 12 pieces for just \$11.97! Made of white ovenproof glass with fresh flower design in green, the set includes four small casseroles, one large covered casserole, a loaf pan, mixing bowl, cake dish, clear-glass pie plate and measuring cup, and a wire whisk. It all looks good enough to serve from, too!

Hot/cold server. The shapely "Tasty Temp" food server (below) keeps food hot or cold, can go on the most sophisticated buffet table. Insulated server made of smoky plastic has a white



plastic liner. There is also a matching ice bucket, with high domed lid. Each piece is \$5.47.

Kitchen scale. A nice gift for the gourmet cook, it comes in bright turquoise or red, with a white top plate. The scale stands 7 inches high, registers up to five pounds. Price is \$7.77.

Terrariums. You'll find an incredible assortment of these popular gift items at Woolworth. There are small containers in novelty shapes for \$2.99 to \$5.99, and hefty, large jugs (15 inches high) from \$8.99. Libbey has its "Hanging Crystal Bubbles," a marvelous idea: Clear glass bubbles with open tops hang one atop another, strung in a long, clear plastic netting. You can get just one, or two or three in a set, in graduated sizes from \$4.99 to \$9.99. Then there's the "Florisphere," a halfbubble in plastic that clamps onto wall or window. It has an open circle at the top for reaching in. The 8-inch size is \$6.59; the 12-inch, \$10.99.

Wicker hamper. A useful and handsome gift, this hamper is actually made of plastic, but it's a dead-ringer for wicker. In white, with a padded, whiteplastic covered top, it is 26 inches high, costs \$13.99.

Kerosene lamp. Give someone this classic, country-style lamp that comes in handy when the electricity gives out and is also a pretty table-topper. It has a wick and is made of clear glass with a folk-art design stamped on the bottom section. Price is \$6.79.



Antique toys are double-barreled delights. They arouse pleasant remembrances and reflect good design. If you're Christmas-gift shopping and are willing to spend \$10 to \$95, the choices are rich. Look for toys made between 1860 and 1920. Earlier ones are too hard to find; later ones, less appealing. The examples we show are from the antique toy department of F.A.O. Schwarz, New York.

The monkey above, a mechanical bank, tips its hat when a coin is dropped into the slot. The bank, made sometime after 1880, is of stamped iron—a budget substitute for heavier cast iron. You should be able to find a bank like this one for about \$30.

\$10 buys this toy soldier dressed in 18th-century uniform, though he's probably a product of the 19th century, when historical models



became very popular. He could as easily be a drummer in the French and Indian Wars as in the American Revolution. Aside from rare earlier examples, toy soldiers are part of a tradition begun in the 1700s. Germany made flat models; France, dimensional ones. Tin

and lead alloys were used until recently. The hollow-casting technique, which made metal figures lighter and less costly, was introduced by an English manufacturer about 1890. \$30 is what you'll pay for Auto-graph Authors, one of innumerable card and board games introduced after 1860. For this price you'll receive an impressive supply of por-

traits of significant American authors of the 1880s. All are sure to be as enjoyable to look at now as the game was once to play. They are done in a realistic style



typical of magazines of the period. An old game may not be practical for playing, but owning it provides an appealing—and amusing—interpretation of the styles of yesterday.

\$70 is the price of this set of mini "bentwood" furniture. It was designed for a child to use when



playing with dolls and is beautifully inconsistent in detail—a refreshing contrast to the more sophisticated work intended for adult appreciation. Besides using wood, turn-of-the-century toy furniture craftsmen occasionally used paper and metal. This set reflects the charm of life-size designs that were fashionable in rustic country cabins.

\$70 is not unreasonable for a realistic ceramic baby doll from the period just after World War I. The idea of making children's dolls dates from about 1850, but first efforts



were simply smallscale versions of adult figures, extremely welldressed. About 50 years ago, a number of sculptors took pains to determine what was characteristic of

babies physically, and dolls like this one were the result. Early examples of doll figures are rarer and more costly.

would be a good buy for this barnyard scene in miniature, because it shows off the wood-carver's skills so beautifully. We picture only a portion of the set, which includes other trees and people and many more pairs of farm animals, all of which

have the charm of folk art. These wood figures were a specialty of German carvers of the late 19th century.



but American and Scandinavian craftsmen did similar work on occasion.

is a fair price for a set of picture blocks that children played with as puzzles and also as building blocks in the 1880s. Each wood square is covered with six different picture pieces, which when put together create six city scenes. New York, Venice, London and Paris are readily identifiable, but others from the Near and Far East are not easy to



recognize—or put together. The scenes—lithographs done in the spirit of such printmakers as Currier and Ives—appealed to the public's expanding interest in color.

\$95 will purchase this particularly attractive mini tea set from the mid-19th century. It duplicates both a shape and a pattern that were popular in the 1790s. The wide interest in doll houses, beginning in the late 18th century, inspired potters



everywhere to produce small-scale wares. If there is a collector on your Christmas list and you have time to shop widely, you will find antique miniatures of just about every type of pottery made. —Marvin D. Schwartz

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Needlepoint an heirloom rose to top this footstool. Kit is complete with easy instructions.

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#66331 Frame for Love sampler
@ \$6.98 ea. plus .75 post. & hdlg.
#63023 Stretcher for Love sampler
@ \$1.98 ea. plus .35 post. & hdlg.
#67058 Homes sampler
@ \$3.98 ea. plus .45 post. & hdlg.

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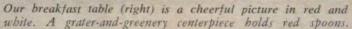


"Our Gingham Christmas"

By Nancy Judd

In our home in Rochester, Minn., Christmas decorations mean gingham. I use it to make tree ornaments and throw pillows (above), dresses for our four daughters (Karen and Elaine are at right), vests for my husband and young son.









A Christmas "tree" we built of dowels is decorated with bows, apples, gingerbread cookies.



For our holiday buffet, I made napkins and the tablecloth swag and trim out of gingham.



We hang ropes of holly accentuated with crisp gingham bows above a copy of our favorite old painting—American Gothic by Grant Wood.

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Susan) FOR ONLY \$16.95 (plus \$2.75 for postage &

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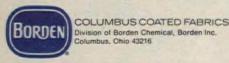
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od Glory 32344 Open House Collecti





[continued]

"My family and I cherish our homemade gingham Christmas."

Our special Christmas tradition began from one small idea. In the fall of 1973, while shopping in a local department store, I spotted a red-and-white gingham Christmas ornament. "Nice," I thought. "But I can make nicer-and cheaper, too." I began to think about all the holiday delights that could be made with gingham. My mind went wild with the possibilities, and I bought up just about every yard of red-and-white gingham in town.

Soon, with the encouragement of my husband, Val, and cheered on by our children-McKay, 10, Heidi, 8, Karen, 5, Elaine, 3, and Kristi, 1—I plunged in, literally wrapping our household in gingham to give us a homemade Christmas to remember.

First came the tree ornaments-little hearts, candy canes, trees, snow people, rag dolls, red velvet balls. The happiest ornament of all was the turtle (you can see it at the bottom of the large photo on page 30), which was dreamed up, drawn and cut out by McKay. I sewed the turtle's seams, then McKay stuffed it, hand-sewed it closed and put on the "googlie eyes." I think the older girls are planning to do their own gingham-ornament creations this Christmas.

With the children as stuffers, I made a bunch of wonderful throw pillows-candy canes, hearts, Christmas trees (some are pictured along with the little turtle)to brighten up our sofa, chairs and wooden rocker. Yards upon yards of red-and-white checks were turned into tableclothes, napkins, place mats, swags and plump bows topping off the greenery we'd looped everywhere down the stair banister, along the walls, above a picture. And of course, I made us all gingham holiday outfits. The total effect was heart-warming, and we all loved our colorful fantasy. Our Yuletide guests did. too! Some of them told us we should take pictures of our Christmas and send them in to a magazine-which is just what I did, and that's why we're here.

The most important thing about our gingham extravaganza was that we put it all together as a family. My husband and I believe in being active in the community (Val, a systems analyst, and I are both involved in church and community affairs, and for quite a while I was also busy with my own local TV program and weekly newspaper column on homemaking), but home and family come first, for both of us.

Things we make at home seem to mean so much. I grind most of my own whole-wheat flour and make a lot of my own bread. Down in our basement are rows upon rows of foods I've canned myself, and jars of the applesauce my husband has made.

For Christmas, with the children's help, I put together gingham-wrapped packages for family and friends, containing home-ground flour and cereal, homemade cheese and rhubarb jam, home-dried apples and a number of my favorite recipes. We've also devised another homemade gift: It's a gingerbread house kit of our own design, and it contains gingerbread mix, decorative candies and complete instructions for putting the whole thing together. We're giving it because we think other families, too, should have the joy of working together on something special for the holidays.

A dear friend who visited us last Christmas remarked to Val and me: "Your children will never forget all of this; it will give them a memory of home and family that they'll always treasure." Our friend said it allthat's exactly why we love our gingham Christmas.

Hows-tos for Mrs. Judd's gingham crafts are on page 75.



Rediscover the Joy of Cooking"

ABOUT CUSTARDS

or a baked custard, pour ingredients to custard cups, set them on a rack r on a folded towel in a pan in which ou have poured an inch of hot, but ot boiling, water. Bake at low heat or 20 to 30 minutes. If you have

used homogenized milk, allow about 10 minutes longer. To test for doneness, insert a knife near the edge of the cup. If the blade comes out clean, the custard will be solid all the way through, when cooled. There is sufficient heat in the cups to finish the cooking. Remove and cool on a rack. However, should you test the custard at the center and find it as well done as at the edge, set the cups in ice water to arrest cooking.

Custard

About 21/2 cups

This confection must not be permitted to boil at any time. Very slow cooking will help deter curdling: Beat slightly:

3 or 4 egg yolks

Add:

1/4 cup sugar

1/s teaspoon salt

Scald and stir in slowly in a double boiler:

2 cups milk

Place the custard over—not in—hot water. Stir it constantly until it begins to thicken. Cool. Add:

1 teaspoon vanilla, rum or dry sherry, or a little grated lemon rind

Chill thoroughly. This is not as firm as baked custard, because stirring disturbs the thickening. It is really more like a custard sauce.

Baked or Cup Custard

5 servings

Preheat oven to 300° to 325°.

Delicious as is, but better served over unsweetened dry cereal with fresh berries, or molded over cored pear halves, fresh or stewed, sprinkled with rum, the centers filled with a stewed pitted prune dusted in cinnamon. If you want to unmold the custard, use the larger quantity of egg. Blend together:

2 cups pasteurized milk

1/4 to 1/2 cup sugar or 1/3 cup honey

1/8 teaspoon salt

Add and beat well:

2 to 3 beaten whole eggs or 4 egg yolks

The greater the proportion of yolk, the tenderer the custard will be. You may even use 2 egg whites to 1 yolk for a quite stiff custard. Add:

½ to 1 teaspoon vanilla (1/8 teaspoon nutmeg)

When all is well beaten, pour it into a baker or into individual custard cups. Place the molds in a pan of water in the oven for an hour or moré.

From "Joy of Cooking" by Irma S. Rombauer and Marion Rombauer Becker.
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15 high-style gift wraps for pennies

A pretty wrapping makes a gift special. But when you suddenly realize that some of your Christmas presents are costing almost as much to wrap as they did to buy, then it's high time for ingenuity and originality.

Utilize cleverness for big packages, instead of sheets and sheets of gift wrap and yards of ribbon. Usually the fancy papers are your greatest cash outlay, so choose a less lavish wrapping and make it look festive.



Newspaper can make a very impressive Christmas wrapping, with a little effort on your part: First, neatness counts; the corners must be crisp. The ribbon—or at least the bow—must be a little more extravagant, and the paper should be more than just a regular inside page of the local daily. Perhaps a foreign-language newspaper? For children's presents, use colored Sunday comics.

That sturdy green paper your florist uses is an utterly traditional Christmas color, especially when tied up with red ribbon. Maybe you can buy a few yards from him, or ask him to throw some extra paper in with your order of mistletoe and holly.

The color of grocery-store paper bags is immensely chic this year. Split the bags on the fold, iron them carefully and you're ready to wrap. This "plain brown wrapper" is particularly effective paired with an orange or brown tie-up.

Discontinued wallpaper sample books from the paint store provide a wealth of stunning wrapping papers for small or medium-size presents. The wallpaper is a little stiff to work with, so crease it firmly with a ruler as you fold it around a box.

When you've got a really big box to wrap, paint it instead! Using poster paints in bright colors, slap on a giant, festive design, making sure your paint covers any printed advertising if you're using the manufacturer's box.



Black or green plastic trash bags can make the slickest-looking wrap, and the price can't be beat. Cut the bags to size, wrap them tautly transparent tape holds the corners tight—and tie with silvery string.

How about that raft of fabric remnants you've put away over the years? Use them to wrap special presents. (If the gift recipient is a member of the family, you'll get the remnant back anyway.) To wrap, fold material to size; baste corners. Tie on a pretty bow. (continued)





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[continued]

Aluminum foil goes a long way toward turning small presents into silvery baubles. Gold cord makes an elegant tie, or skip the ribbon and tuck the name tag under a glued-on gold-wrapped chocolate coin.

Most important, don't forget tissue paper. Though cheap to buy, it comes in marvelous colors, and you can use layers and layers of it to make a package look rich. Be lavish



with it as an inner lining.

Your next most costly item in wrapping presents is ribbon. It's hard enough to find good, pretty ribbon, let alone good, pretty, cheap ribbon. But there are some corners to be cut.

First, try to buy your ribbon in bulk. This means you have to decide on one ribbon color for your presents, but then you can vary their look by using different gift wrappings.

A prime cheap ribbon source is a wholesale florist supply house. Their colors tend toward the pastel, except for red and green. But pastel pink paired with paper-bag brown or trash-bag black can be really striking. Ask your florist if he can order an extra roll of the stuff for you.

How about yarn? Fat yarn in brilliant colors has been popular as a gift tie for a number of years, but did you know that you can buy a whole skein of bright stuff in the yarn or hobby department for the same amount you spend on a couple of those bitty 59-cent cards at the giftwrap counter? Or, if you're a knitter, use leftover yarns. For a rich effect, braid them into thick strands.

Don't turn up your nose at colored string. It comes in heavenly hues and is quite inexpensive when you buy enough of it. A package can be tied up with, say, green string and topped with a bow or ribbon, if using all string seems too skimpy to you. But for packages plastered with stickers, string is often a welcome respite.

Silver or gold fine metallic cord is an old Christmastime favorite because it goes so far. Used with solid-colored paper and tied into a small bow, it's marvelously effective.

You can perk up a plainly wrapped package by adding a sprig of holly, a spray of fir, a pinecone, dried flowers, small toys, even unshelled walnuts.

If you start collecting and planning now, you'll not only produce prettier presents, but almost all the cost will be where it belongs-in the -Diana Walton

Tool library: heaven for do-it-yourselfers

It's no doubt happened to youat least once. You decide to tackle a project, figure out the cost of materials and calculate how much money you will save by doing it yourself—only to discover that you need a special tool to get the job done. And the tool could cost so much that you either abandon the project or get it done professionally.

Do-it-yourselfers in Cohoes, N.Y., a small town, 18,000 strong, several miles north of Albany, are never daunted by this problem. They have an alternative: the Cohoes Tool Library, where any resident over 21 may borrow from the 250 tools on hand-free.

"The idea was to instill pride in home ownership by providing tools to help our citizens maintain and improve their houses,' explains Robert J. Pawley, an official of the city's Office of Planning and Development. "The results have all been positive. I think any community could benefit from a program like this." The Cohoes library was begun in 1970. Since then, as demand has increased, the collection of tools has grown. "We don't have any trouble with tools being stolen," reports Kenneth Green. a retired postal worker who serves as "librarian" of this unique lending institution. "In a town of this size, everybody knows everybody." And everybody knows about the tool library.

"It's the first place I check when I need an item I don't have," says homemaker Joanne Staples. "It's great to be able to find what I need at the library instead of buying expensive equipment I'd use only once

or twice a year."

The library has an impressive collection of tools to choose from: hammers, pliers, carpenter's squares, sawhorses, plumb lines, levels, power saws, planes, drills, wallpaper steamers, power sanders, carpet shampooers, gardening tools, lawn tools-even a cement mixer for the truly ambitious homeowner.

Any tool may be checked out for up to five days, with a \$1-a-day fine charged for late returns to keep tools in circulation and prevent long waiting lists. Before a tool is taken out,

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librarian Green makes sure the borrower knows how to use the tool properly-and, if not, offers on-thespot instruction.

"Sometimes they just come in with a problem, something that they want to do but don't know how," Green relates. "I tell them what tools they need, give any advice I can-and sometimes I go out to the house to have a look." Besides a handymanin-residence in the person of Kenneth Green, the library also has a big collection of instructional bookson basic carpentry, electricity and plumbing, for example-for first-time do-it-vourselfers who need to bone up on technique.

When Cohoes was designated a Model City in 1970, the tool library was one of the ways the Office of

Planning and Development decided to use the funds provided by the federal program. About \$7,000 has been invested in the tool collection-not a great deal of money considering all the use that is made of the tools. The Model Cities Program no longer funds the project, but another federal program, Operation Mainstream, has taken over the salaries of librarian Green and his part-time assistant.

"Any community our size could operate something like this," says town planner Pawley. "The idea is workable and also a direct service a town can provide to its residents. I don't know why other communities haven't done it- unless they've never thought of it." Imitation being the sincerest form of flattery, Cohoes hopes they will. -Robin Snelson











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"People Will
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Soft and safe on shiny button wheels, Lee Lindeman's stuffed needlepoint train chugs along cheerily to gladden the heart.

Here's a merry mix of joys to make

Lots of love, but little time or money, is what it takes to create these easy holiday whimsies. Put your fingers to work right now on our enchanting needlepoint, all made with the basic continental stitch. Then involve your whole family in whipping up tree brighteners from play dough. How-to section begins on page 75.—Ann B. Bradley

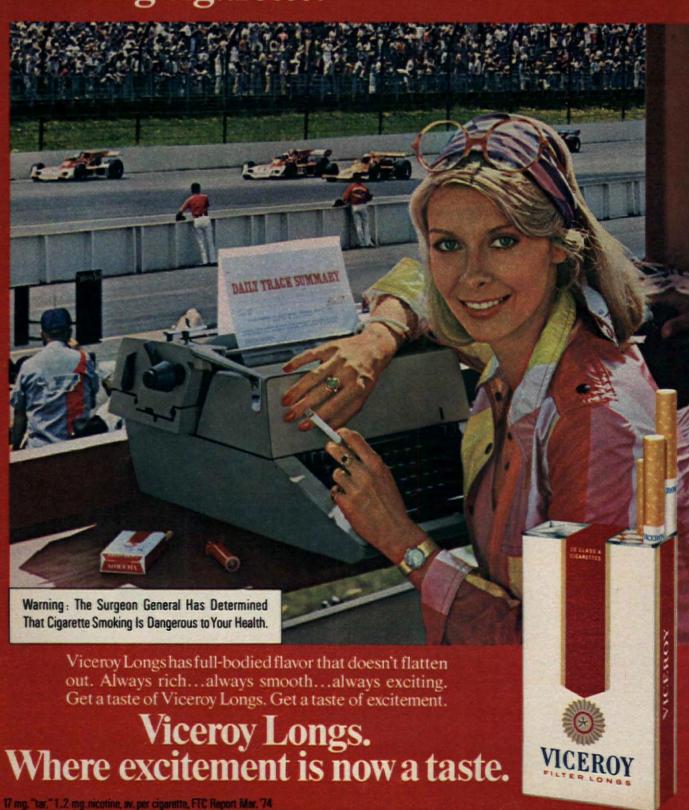




Shape and bake these tree trimmers from play dough. Toy shapes you can make (top), plus storybook characters are designed by Janet Nine. "Peanuts" family, Santa, Raggedy Ann and Andy (above) are made with little fuss, using Hallmark cookie cutters.



Stitch a little feline fun for the favorite child on your Christmas list. Lee Lindeman's stuffed needlepoint kitten with legs that move is certain to become a cherished toy. Or capture the ingenuous appeal of this bewhiskered creature in needlepoint, 13½ by 12½ inches. She covers the fastest men on wheels, tours the world throughout the year. She's not about to smoke a boring cigarette.



Revive the magic of Christmas

By Catherine Marshall

And our children were to save or earn

It was our concern about the Stowes (not their real name) that inspired our family to a new kind of Christmas, some years ago. Not that the Stowes were poverty-stricken. Mr. Stowe was a schoolteacher who gave himself to his profession. As such he symbolized to us those respected citizens who serve selflessly and often with little pay. The Stowes had five children and lived in a house that was too small. We knew they never had any of those extras most of us take for granted.

One evening, shortly before Thanksgiving, the idea came to us: This year, why not take Christmas to the Stowes as a family project? There was instant excitement at the idea. "Could we take a present to each one?" 13-year-old Chester asked. "Oh, at least," our 16-year-old, enthused. "And lots of toys and good food," Jeffrey, our youngest, added, his eyes sparkling.

But it was my husband, Len, who

made the best suggestion of all:

"Wouldn't it be fun to keep the Stowes

in the dark about who gave them a

surprise Christmas?" All of us

were enthusiastic; the secrecy

added a spicy dimension.

That first day, we gave

ourselves research assign-

ments. Detective work

would be required on

clothing sizes, special

needs and tastes.

Other ground rules

were laid down:

We were to make

as many of the

gifts as possible.

the money for at least one gift from each of them.

We set up a large carton in the family room, and gradually, as Christmas neared, the box began to fill with gifts. Linda and I went through my recipe cards and dug out some favorites. After evenings of baking fun, the goodies were stored in airtight tins before being deposited in the big carton.

There was another evening of making ornaments for the Stowes' Christmas tree. Later, we made a Della Robbia wreath for their front door. Wired into the greens was real fruit.

For Mrs. Stowe I bought a silk slip lavish with lace, the kind of lingerie I imagined she would never treat herself to. Len had a similar idea for Mr. Stowe-a handsome sports shirt. Chester and Jeffrey each decided to give one of their cherished possessions: baseballs autographed by their particular major-league idols.

So it went: clothes and games, some special books and records, toys and eats, personal treasures right up to the top of the carton. Last of all came one of the few anonymous letters I have ever written. In it I explained to the Stowes that these gifts were to try to say to them how much their continual unselfish giving had meant to our family and others in the community.

Then, early on Christmas Eve, came the time we had anticipated so long. Our whole family climbed into the station wagon and drove to within a block of the Stowes'. Len sent the two boys ahead to see whether the family was at home. "No, nobody there," they reported a few minutes later. So we drove on to the house, then furtively left the box just outside the Stowes' door and cut out-fast-for home.

During the next weeks, Chester and Jeffrey kept bringing home scraps of conversation they had overheard at school about the Stowes' excitement over their mysterious Christmas box.





Illustration by David McCall Johnston



Create a party setting in the holiday spirit

By Helene Brown

"Our holiday season means all-out entertaining," says Carla Rasten, a young Californian shown here with her husband, Kjell, and two children. "To welcome family and friends, every room extends Christmas greetings."



Beribboned tree and greenery highlight festive mood in living room (above). Centerpiece in dining room (opposite) blends greenery, wheat, breads, flowers. Los Angeles designers Bartoli/Berry decked the Rastens' holiday home.





Christmas Day begins with a traditional family breakfast for the Rastens. Their patchwork-draped table is graced with a mini topiary tree of walnuts, lemons and wheat—all repeated in baskets on wrought-iron baker's rack. Garlands swag white-shuttered windows and entwine around painted chandelier. Red-and-green tartan ribbon adds a seasonal touch to sunny room decor.



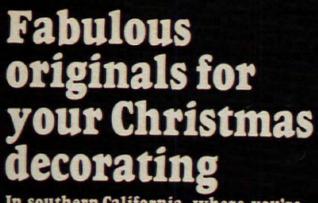


Magnificent wood-paneled dining room (above) is set for a lavish Christmas party.

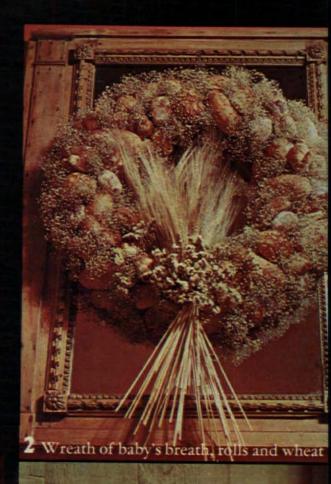
Pewter, silver and red-and-white floral napkins repeat holiday theme. Rich dessert buffet (left), the evening's climax, includes cherry-studded gingerbread, cookies and sugar-sprinkled brownies, spiced pears, mince pie, trifte and croquembouche, that towering delicacy of cream puffs and frosting.



The Rastens' entertaining varies from an informal weekend open house that starts off with mugs of hot mulled cider and delicious homemade cookies to an elaborate sit-down dinner that ends with a towering dessert spectacular. But the gathering the Rastens enjoy most is one that is just for them: On Christmas morning they share a family breakfast in a beautiful intimate setting. To make your own versions of holiday decorations that fill this splendid house, turn to our how-to section beginning on page 75.



In southern California, where you're more likely to spend the holidays lolling beside a backyard pool than dashing through the snow, there's still bountiful evidence of traditional American spirit. The festive potpourri shown here and following is the work of leading designers who have embellished simple, basic materials in original ways. Their emphasis is on decorations you can adapt prettily from finds at the local boutique, bakery or supermarket or in your own backyard.





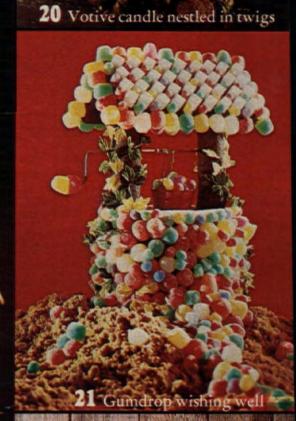
3 Wreath of silk flowers and bleached ferns

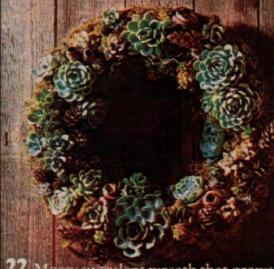
1 Greens and flowers encircling candlelight



Decorations you can make as lovely gifts

Tabletop trims, centerpieces, wreaths, gift boxes for display-all add flavor and flair to your holiday home. And when made as gifts, you know they'll be received with joy because they bear the stamp of your handiwork. You can turn bags of gumdrops into a fairy-tale wishing well to delight a child, sculpt cookie dough into an enchanted cottage to place under a tree. Or make a fragrant culinary wreath to enliven a kitchen; the elements can be used in post-holiday soups and stews. Their fresh look and natural fragrance give your decorations and gifts seasonal appeal.





22 Mossy succulent wreath that grows

-Helene Brown

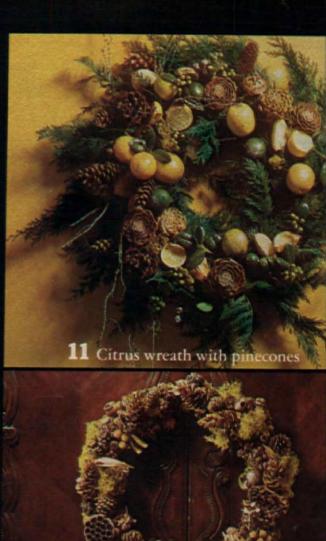


1, 15, 25-Jacob Maarse, Pasadena, Calif. 2, 4, 5, 8, 11, 12, 19, 22-Eschbach's, Laguna Beach, Calif. 3, 7, 9, 10, 13, 16, 18, 21, 24-The Flower Basket, Studio City, Calif. 6, 14, 20, 27, 29-David Jones, Los Angeles, Calif.

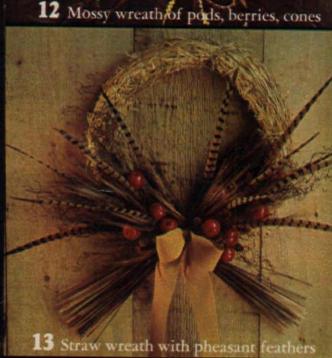
Natural materials at their holiday best

The best of Christmas decorating is what you make yourself-from materials you find at hand. Take a cue from our design wizards, who have done wonders with naturals: holly leaves and pinecones, sprinklings of flowers_both fresh and dried_fruits, vegetables, nuts and berries, spices, breads and twigs. They have added ribbons and bows-and worked sweet miracles with candy.





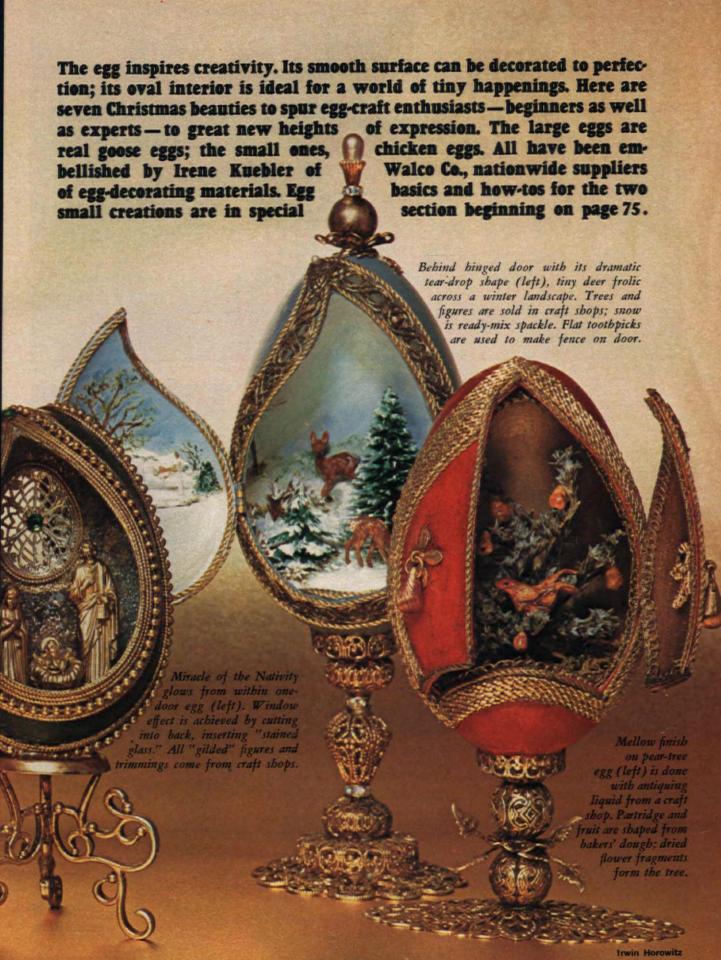




10 Shock of oats with ribbons, nuts, pinecones









Debbie Roth beckons from doorway of her home. Tammy looks out through candle glow of diamond-paned window.

By Dorothy Lambert Brightbill

Step into the warmth of Christmas



Cranberry/evergreen garlanded copper post lantern is Nick's crafted gift to bouse.

For Debbie and Nick Roth, Christmas is as traditional as their handsome Maine garrison house. Color, charm and fragrant home-grown greenery make it a real New England holiday, in which everyone joins. Nick's contributions are shown, as is Debbie's flair for gift- and ornament-making. Mark, 13, is adept at string art. Tammy, 10, coats shingle scraps with painted cheer. Try your hand at some of these Christmas notions; see how-tos beginning on page 75.



Cones, pods, acorns form wreath.



Copper chandelier and decorative "pole" tree are Nick's handiwork.



Debbie's tips: Turn potato-chip drum into sewing box by covering with pocketed gingham; put pet's gift in sack (top is slit for ribbon), tuck greens under bow.



Wrap a cookbook in linen kitchen towel; top with wood utensils, ribbon.





Front door gets inviting touch with fragrant evergreen wreath that is trimmed with tiny apples (left). Even a cutting board (right) gets into shape for Christmas.



Mark's string-art sailboat is a gift be made for his boatbuilder father.

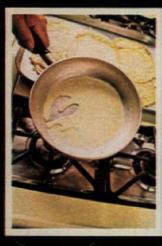




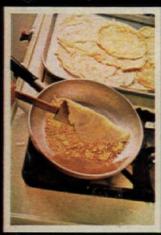


"Kissing Ball" (above) is mistletoe, holly leaves and berries tied up with bells and Straw star set in an evergreen garland ribbon. Stockings are hunting socks trimmed with doll (center) and boat (right). gives stair post a seasonal touch.

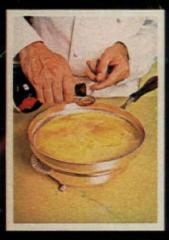




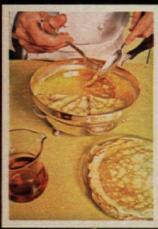
Sift flour, salt and 2 tables poons granulated sugar into bowl. Stir in eggs and milk. Beat until smooth. Stir in melted butter or margarine. For each crepe, put 2 tables poons batter into a warm, lightly greased 6- to 7-inch aluminum skillet, tilting pan to spread batter evenly and make a very thin crepe.



When crepe is delicately brown on underside, turn and brown other side. Set crepe on cookie sheet to cool. Repeat with remaining batter. For Crepes Suzette we recommend making crepes a few hours before serving and keeping them, wrapped, at room temperature. For other desserts, crepes may be made ahead, stacked and wrapped in transparent plastic wrap or aluminum foil and kept several days in the refrigerator.



At dessert time, combine ½ cup butter or margarine, ¼ cup granulated sugar and orange peel and juice in a chafing dish or skillet. Heat, stirring constantly, until sugar dissolves. Add liqueur. Mix by rotating pan gently over the heat.



Dip a crepe into sauce. Fold crepe in four with a fork or spoon to form a wedge. Place it at side of pan. Repeat with rest of crepes. Pour the warm brandy over crepes. Sprinkle with superfine sugar. Ignite brandy. Baste with flaming brandy until flames die down. Serve at once. Makes 6 servings.

No. 73 Cooking Lesson By Jacques Jaffry

Crepes Suzette

Pancakes, tissue-thin and delicate, are called crepes in France. Laced with a butter-rich, orange-flavored sauce and given a final flourish of flaming brandy, they become famous Crepes Suzette, a dessert with drama.

Crepes Suzette

1 cup all-purpose flour 1/4 teaspoon salt 2 tablespoons granulated sugar 3 eggs, beaten 11/4 cups milk 2 tablespoons melted butter or margarine 1/2-cup butter or margarine

1/4 cup granulated sugar 1 teaspoon grated orange peel

1/3 cup orange juice

1/4 cup orange liqueur 4 cup warm brandy

1/4 cup superfine sugar





Take a little

Citrus

By Frances M. Crawford
Years ago, finding an orange in your
Christmas stocking was a rare treat. Today,
oranges are available year-round, and all the jewellike citrus fruits can sparkle on your holiday table
in a variety of tempting creations. Recipes for
those pictured, and more, each with the zest of
orange, lemon, tangerine, grapefruit or
lime, begin on page 72.

Baked Citrus Squash

Grapefruit Salad Orientale

Steamed Orange Pudding

Lemon Butter

California Wine Jelly

Chicken Piccate

Ben Swedowsky



Of all the snacks children love, one is now a natural cereal.

No artificial colors, flavors, or preservatives. Just a mixture of nine*
fresh fruits, nuts and grains sweetened with honey and
brown sugar and toasted in a warm, Quaker oven.

The No. 1 natural cereal.



Decorating Cookies

The Christmas season seems the ideal time for you to perfect the cookie-making art, for now is when giving—and eating—cookies is most enjoyed. Decorating your cookies with frosting makes them festive and special, and there are several ways to do it. You can use any of a number of decorating tips with a commercially made metal tube (or bag of plastic or cloth) available from housewares shops. Or you can buy tubes or pressurized cans of frosting in the supermarket, or even fashion a cone yourself from paper or parchment.

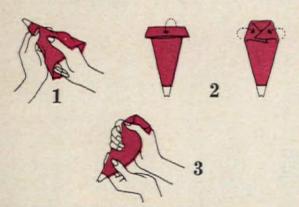
Learning to decorate with frosting takes time and a little patience. Try it first on an inverted cake or pie pan. Don't be discouraged if your initial attempt is not a work of art—subsequent ones will be better.

THE FROSTING

Frosting for the tube, bag or cone should be soft enough so it can be forced or pressed through, yet stiff enough to hold the design. Make it with packaged frosting as in the Golden Spice Cookie Kids recipe on page 70 or, if you prefer, with this simple recipe:

Decorator frosting:

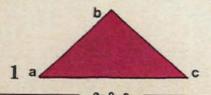
Beat 1 egg white slightly. Add 2 to 2½ cups sifted confectioners' sugar gradually. Beat until stiff.

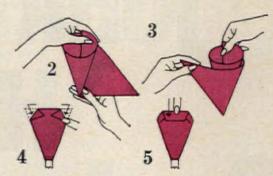


THE DECORATING TOOLS

To use a decorating or pastry bag:

- Insert metal tip into bag from top and fit it tightly into place with your finger.
- Fill a bag about half full with frosting. Fold top of bag down, then fold sides in as shown.
- 3. Hold bag with one hand near the top and the other one lower down to guide the tip. For most decorating, hold the bag at a 45° angle. Press gently but firmly with the upper hand. It will take practice for you to learn just how much pressure to apply.





To make and use a paper cone:

- 1. Fold a 12-inch square of wax paper on the diagonal to form a triangle, as shown (bottom, left).
- Hold the triangle in one hand with the long side at the bottom and your thumb at the center. Bring corner A up to point B. Hold points A and B together.
- Bring corner C around cone until it meets points A and B. Fasten at seam with tape.
- 4. Half-fill cone with frosting. Fold corners in.
- Fold top down. Snip off tip end in a straight or notched line. Hold top of cone in one hand and put other hand near tip to guide it. Press frosting in design.



To use a decorating tube:

Insert desired tip and secure with its screw ring. Fill tube with frosting and screw on top.

Put your thumb through the ring of the plunger and your index and middle fingers under the curved guard pieces on top of tube. Place other hand on tube to act as a guide for tip. Depress plunger to force frosting through tube and tip.



Decorating a cookie:

Decoration may be put on a plain or frosted cookie. For cookie decorations like those on pages 62-63, use a plain or writing tip, or cut paper cone in straight line. Hold tool at a 45° angle and press the frosting out in straight lines for sleeves, sweaters, collars and other details. Thin curved lines make mouths and eyebrows. Press a little firmer and with a slight twist to make the hair. For the tiny dots you see on some cookies, hold tool straight up and press gently. Add your own touch with colored decors to finish cookies.

The original play dough.

Nothing's more creative, more rewarding, or more basic than baking. And baking's both fun and an economical way to feed your family. Fleischmann's Basic Oatmeal Dough is a whole new way of baking that starts

with just one simple, nutritious recipe.

Follow it exactly and you've got old-fashioned oatmeal bread. Give the dough a twist and you'll get rolls. Add walnuts, and pretty

soon you'll be serving your family walnut bread.

It's that simple. Why not open a package of Fleischmann's® Yeast and start with the basic recipe. Then, divide it up to make one or more of these tempting ideas. But don't stop there. Because creativity's the whole idea behind this basic recipe: Experiment. Design. Let your imagination go wild. And pretty soon you'll find there's no more fun than baking, especially if you're baking with Fleischmann's Yeast.

In a large bowl thoroughly mix 1 c. flour, 11/2 tsp. salt and 1 package

undissolved Fleischmann's Active Dry Yeast.

Combine 11/3 c. water, 1/4 c. milk, 1/4 c. molasses and 1/4 c. margarine in a saucepan. Heat over low heat until liquids are very warm (120°F.-130°F.). Add to dry ingredients and beat 2 minutes at medium speed of electric mixer, scraping bowl occasionally. Add 1 egg, 1 c. steel cut or old-fashioned oatmeal, and 1/2 c. flour. Beat at high speed 2 minutes, scraping bowl occasionally. Stir in enough flour ($3\frac{1}{2}$ 4 c.) to make a stiff dough. Turn out onto lightly floured board; knead until smooth and elastic, about 8 to 10 minutes. Place in greased bowl, turning to grease top. Cover, let rise in warm place, free from draft, until doubled in bulk, about I hour. Punch dough down. Proceed according to directions below for desired shape

Round loaves: Divide dough in half. Shape each half into a smooth round ball. Place on a greased baking sheet. Flatten slightly. Cover; let rise until doubled, about 1 hour. Bake at 400°F, about 30 minutes, or until done. Remove from

baking sheet and place on wire racks to cool.

Rolls: Divide dough in half; divide each half into 12 equal pieces. Form each piece into a pencil-shaped 9-inch roll. Hold one end of dough firmly and wind dough loosely around; tuck end underneath. Place on a greased baking sheet. Cover, let rise until doubled, about 1 hour. Bake at 375°F, about 15 minutes, or until done. Remove from baking sheet and cool on wire racks.

Walnut bread: Divide dough in half. Knead 1/3 c. chopped walnuts into each half. Roll each half to a 8×12 -inch rectangle. Shape into loaves. Place in 2 greased $8\frac{1}{2} \times 4\frac{1}{2} \times 2\frac{1}{2}$ -inch loaf pans. Cover; let rise until doubled in bulk, about 1 hour 15 minutes. Bake at 400°F. about 30 minutes, or until done. Remove from pans and place on wire racks to cool.

For more tempting baking ideas, send your name and address plus 50¢ (no stamps please) for a copy of Fleischmann's Bake it Easy Yeast Book to: Fleischmann's Yeast, Box 1396, Elm City, North Carolina 27898. Allow 4-6 weeks for delivery. No orders accepted without Zip Code. Offer good only in U.S.A. while supply lasts. Void where prohibited or restricted.

Fleischmann's Yeast. Bake someone happy.

FOR TRADITIONAL and NEW RAPIDMIX BAKING! OFFER THE









Another fine product of Plandard Brands

Cookies

[continued from page 62]

KEY TO NUTRITION RATINGS

To assist you in meal planning, each of our recipes lists not only the number of servings, but also the calorie (cal.), protein (P.), fat (F.) and carbohydrate (C.) content one serving provides. A recipe will also be designated a vitamin source if a serving supplies 20 percent or more of the recommended daily allowance.

(All recipes are pictured in color on pages 62-63.)

Strawberry Squares

Makes 70 cookies. Each cookie: 46 cal.; .6 gm. P.; 2.7 gms. F.; 5 gms. C.

1 cup butter or margarine 1/2 cup sugar

1 package (3 ounces) strawberryflavored gelatin

1 egg yolk

1 teaspoon almond extract

1/2 teaspoon baking powder 11/2 to 2 cups unsifted all-purpose flour

1 egg white Red sugar crystals

Beat butter or margarine in large bowl until fluffy. Add sugar and gelatin gradually. Add yolk and extract: beat well. Stir in baking powder and 11/2 cups flour or enough to make a soft dough. Spread or pat dough evenly in buttered 151/2 x101/2 -inch jellyroll pan. Heat oven to 300°. Beat egg white with fork until foamy. Brush over dough. Sprinkle top with sugar crystals. Bake 1 hour or until firm on top. Remove from oven; set pan on wire rack. Cut into about 11/2-inch squares (7 long strips, 10 crosswise) while still warm. Cool cookies completely in pan.

Cereal Macaroons

Makes 31/2 dozen. Each cookie: 71 cal.; 1.5 gms. P.; 3 gms. F.; 7.7 gms. C.

1 can (14 ounces) sweetened condensed milk

can (31/2 ounces) flaked coconut (11/3 cups)

2 cups crisp rice cereal 1 cup finely chopped

walnuts

2 teaspoons vanilla 1/8 teaspoon salt

1 package (15% ounces) candy-coated chocolate candies

Heat oven to 350°. Combine milk, coconut, cereal, walnuts, vanilla and salt in bowl until well mixed. Shape cookies with 2 teaspoons: Scoop up mixture with one spoon and press firmly into round mound with bowl of other spoon. Push mound off spoon onto well-greased and floured cookie sheets, placing cookies 2 inches apart. Press a candy in center of each. Bake 15 minutes or until cookies are firm. Transfer immediately to wire racks with broad spatula. Cool.

Swirled Lemon Cookies

Makes 41/2 dozen. Each cookie: 72 cal.; .9 gm. P.; 4 gms. F.; 8 gms. C.

1 cup butter or margarine

package (3 ounces) cream cheese

1 cup sugar 1 egg, beaten

tablespoon finely grated lemon peel

tablespoon lemon juice

1 teaspoon baking powder 21/2 to 23/4 cups unsifted all-purpose

About 6 maraschino cherries

Beat butter or margarine and cheese in bowl until fluffy. Add sugar grad-ually; beat well. Add egg, lemon peel and juice. Tint dough with yellow food coloring, if desired. Mix in baking powder. Stir in 2½ cups flour or enough to make a soft dough. Pat cherries dry with paper towels; cut into 1/4-inch pieces.

Heat oven to 375°. Spoon small amount of dough into pastry bag fitted with a large star tip. Pipe swirls of dough into paper-lined 134-inch muffin-pan cups. Put a piece of cherry in center of each. Bake 15 minutes or un-til light golden brown. Remove from pans; transfer to wire racks. Cool.

Chocolate-Edged Mint Wafers

Makes 5 dozen. Each wafer: 59 cal.; 1 gm. P.; 3 gms. F.; 10 gms. C.

1/2 cup butter or margarine

1 cup sugar 1 large egg

1 teaspoon mint extract

1/4 teaspoon green food coloring

11/2 to 2 cups unsifted all-purpose flour

1 package (10 ounces) sugar-cookie mix

1 large egg

2 squares (1 ounce each) unsweetened chocolate, melted and cooled

Beat butter or margarine, sugar, 1 egg, extract and food coloring in large bowl until fluffy. Stir in 11/2 cups flour until soft dough forms. Stir in enough remaining flour with spoon until dough is stiff and holds its shape. Shape dough into 2 rolls, each about 11/2 inches in diameter and 8 inches

long. Set aside.

Combine sugar-cookie mix, 1 egg and chocolate in bowl until soft dough forms. Turn dough out on lightly floured surface; knead until chocolate is blended in and dough is smooth. Divide dough in half. Roll 1 half between 2 sheets wax paper into a 61/2 x8inch rectangle. Remove top sheet of paper. Place mint roll along long edge of chocolate dough. Roll up, lifting away paper, to enclose mint dough in chocolate dough. Press firmly after each turn; seal seam. Wrap roll in wax paper; press into square-shaped roll. Repeat with other half of dough. Chill.

Heat oven to 400°. Cut dough into 1/4-inch slices with sharp knife. Reshape slices into perfect squares, if necessary. Place 1 inch apart on ungreased cookie sheets. Bake 10 minutes. Transfer cookies to wire racks with broad spatula. Cool completely.

Festive Fruitcake Cups

Makes 5 dozen. Each one: 94 cal.; 1 gm. P.; 3.6 gms. F.; 14 gms. C.

1/2 cup diced candied orange peel

1/2 cup candied red cherries 1/2 cup candied green cherries

1 cup golden raisins

1 cup currants

1/2 cup brandy 5 egg yolks

1/2 cup sugar 1 cup butter

or margarine 1/2 cup sugar

1 teaspoon lemon juice

2 cups unsifted all-purpose flour

1 teaspoon ground nutmeg

5 egg whites

Finely chop candied peel and cherries. Put into bowl; add raisins, currants and brandy. Toss. Cover with plastic wrap. Let stand 24 hours in cool place or refrigerator until fruit

absorbs all of the liquid.

Beat yolks in small bowl until foamy. Add ½ cup sugar gradually. Beat until thick and pale yellow; set aside. Beat butter or margarine with ½ cup sugar until fluffy. Stir in yolk mixture and lemon juice. Add flour and nutmeg; stir until blended. Stir in fruit mixture. Beat egg whites until stiff but not dry. Fold whites into batter. Heat oven to 325°. Spoon batter into paper-lined 134-inch muffin-pan cups, filling them two-thirds full.

Bake 30 minutes or until top springs back when lightly touched. Transfer to wire racks. Cool completely. Store in single layer in airtight container. Garnish with green candied pineapple cut into holly-leaf shapes and red candied cherries cut into the shape of small

berries, if desired.

Pistachio Almond Logs

Makes 3 dozen. Each one: 87 cal.; 1.8 gms. P.; 5.6 gms. F.; 7.7 gms. C.

1 package (11 ounces) pie-crust mix or pie-crust mix for 2-crust pie

1/2 cup ground almonds

1/2 cup confectioners' sugar 2 egg yolks

1 teaspoon almond extract

2 egg whites

3/4 cup finely chopped shelled pistachio nuts

cup sugar

Combine pie-crust mix, almonds and confectioners' sugar in bowl. Add egg yolks and extract; toss with fork until well mixed. Gather mixture into ball. If mixture is too dry to cling together, add water, a teaspoon at a time. Knead dough a few times on lightly floured surface until smooth. Heat oven to 400°

Divide dough into 12 pieces. Shape each piece into a 12-inch-long roll. Cut each roll into thirds crosswise. Beat egg whites until foamy in shallow dish. Combine pistachio nuts and sugar in another shallow dish. Dip logs into whites; coat with sugared nuts. Place 1 inch apart on greased baking sheet. Bake 12 minutes or until golden. Transfer to wire racks with broad spatula; cool.

(continued)



Holiday Cookies

Makes 6 dozen. Each unfrosted cookie (amounts of frosting and decors are variables, thus difficult to calculate): 61 cal.; .8 gm. P.; 2.7 gms, F.; 11 gms. C.

1 cup butter or margarine

2 cups sifted confectioners' sugar

2 large eggs, beaten

2 teaspoons baking powder

1 teaspoon vanilla

1/2 teaspoon almond extract

3½ to 3¾ cups unsifted all-purpose flour

Pressurized 4½-ounce cans cake and cookie decorator icing or 4½-ounce tubes decorating icing in green, pink, red, yellow or blue Assorted candy decors

Beat butter or margarine and sugar in large bowl until fluffy. Add eggs, baking powder, vanilla and almond extract; beat well. Stir in 3 cups flour. Stir in enough remaining flour with spoon until dough is stiff and holds its shape. Cover. Chill 2 hours or freeze 20 minutes.

Heat oven to 375°. Divide dough in half. Roll out one half (keep other half chilled) on floured surface to ½-inch thickness. Cut into any of the shapes suggested below with floured cutters or by tracing with a sharp knife around a cardboard pattern you've made. Place, 1 inch apart, on greased cookie sheets. Bake 7 to 8 minutes or until golden. Transfer to wire racks with broad spatula; cool. Save dough trimmings and reroll all at one time. Repeat with other half of dough. Decorate or ice the cookies as desired.

WREATHS: Cut dough with 2½-inch doughnut cutter or round cutter. Using green icing with leaf-shaped tip, pipe icing on cookies in overlapping leaves. Add clusters of berries made of red cinnamon candies.

BELLS: Cut dough with bell-shaped cutter. Using blue icing with plain tip, outline cookies or make curls on cookies. Decorate with silver dragées.

CHRISTMAS TREES: Cut dough with tree-shaped cutter. Using green icing with leaf-shaped tip, pipe overlapping leaves on cookie until covered. Sprinkle tree with multicolored nonpareils. Make star with yellow icing.

GIFT BOXES: Make a cardboard pattern of a box. Place on dough; cut around pattern with sharp knife. Cover cookie with icing; dip in colored sugar crystals. Pipe a ribbon and bow of icing around box.

ORNAMENTS: Cut dough with round or marquise-shaped cutters. Or cut dough with round, scalloped cutter; cut out center with smaller, fancyshaped cutter. Using icing with plain tip, outline cookies or spread icing in certain areas and dip in colored sugar crystals. Decorate with silver dragées.

70

Peppermint-Chocolate Sandwiches

Makes 5 dozen. Each cookie: 83 cal.; 77 gm. P.; 4 gms. F.; 10.8 gms. C.

1 cup butter or margarine 3/4 cup sugar

2 squares (1 ounce each) unsweetened chocolate, melted and cooled

3 egg yolks

11/2 teaspoons vanilla

2 to 21/4 cups unsifted all-purpose flour

1 can (16.5 ounces) ready-to-spread vanilla frosting

1/2 cup finely crushed hard red-striped peppermint candies

Beat butter or margarine and sugar in large bowl until fluffy. Add chocolate, egg yolks and vanilla; beat well. Stir in 2 cups flour or enough to make a soft dough. Heat oven to 400°.

Spoon some dough into cookie press fitted with leaf-shaped disc. Press dough, 1 inch apart, onto ungreased cookie sheets. Bake 7 to 10 minutes or until cookies are firm. Transfer to wire rack with broad spatula. Cool.

Measure 1 cup frosting; place in bowl. Use leftover frosting for cupcakes or other cookies. Add crushed candies to frosting in bowl; stir until well mixed. Spread frosting on half the cookies. Sandwich with remaining cookies.

Orange Bonbon Cookies

Makes 4 dozen. Each cookie: 97 cal.; .66 gm. P.; 3.8 gms. F.; 15 gms. C.

1 cup butter or margarine

½ cup confectioners' sugar

1/4 teaspoon salt 1/2 teaspoon vanilla

2 to 21/4 cups unsifted all-purpose

1 tablespoon grated orange peel

package (1 pound) confectioners' sugar, sifted

1/3 cup orange juice

1 teaspoon orange extract

2 drops red food coloring

6 drops yellow food coloring

Beat butter or margarine, ½ cup confectioners' sugar, salt and vanilla in large bowl until light and fluffy. Stir in 2 cups flour and orange peel with spoon. Add enough remaining flour, if necessary, to make dough firm and not sticky to the touch. Shape dough into 6x8-inch rectangle; wrap in wax paper. Chill dough 3 hours or freeze ½ hour.

Heat oven to 400°. Cut dough into 6 strips lengthwise; then cut across into 8 strips. Roll pieces of dough gently between palms of hands to form balls about 1 inch in diameter. Place about 1 inch apart on ungreased cookie sheet. Bake 10 to 12 minutes or until light golden. Transfer to wire racks with spatula; cool.

Combine 1 package sugar, orange juice, extract and food coloring in bowl; beat until smooth. If icing is too thick for dipping cookies, add water, ½ teaspoon at a time, until icing is spoonable. Put cookies, about 6 at a

time, in icing. Toss gently with for until coated. Lift out cookies and place, rounded side up, on wire rac over wax paper or flat pan. Let exces icing drip onto paper or pan. If need ed, scrape up icing and return to bow to use, stirring until smooth. Let icing set; trim icing at base of cookies. Dec orate top with silver dragée in cente and cherry slices around, if desired.

Golden Spice Cookie Kids

Makes 2 dozen. Each unfrosted cookid (amounts of frosting and decors are variables, thus difficult to calculate): 99 cal.; 1.35 gms. P.; 4 gms. F.; 14.2 gms. C.

1/2 cup butter or margarine

½ cup light brown sugar, firmly packed

1/4 cup sugar

1 large egg, beaten

13/4 to 2 cups unsifted all-purpose flour

1/2 teaspoon baking powder

1 teaspoon ground cinnamon

1/2 teaspoon ground nutmeg

1/2 teaspoon ground cloves

1 teaspoon vanilla 1 package (15.4 ounces) vanilla frosting mix

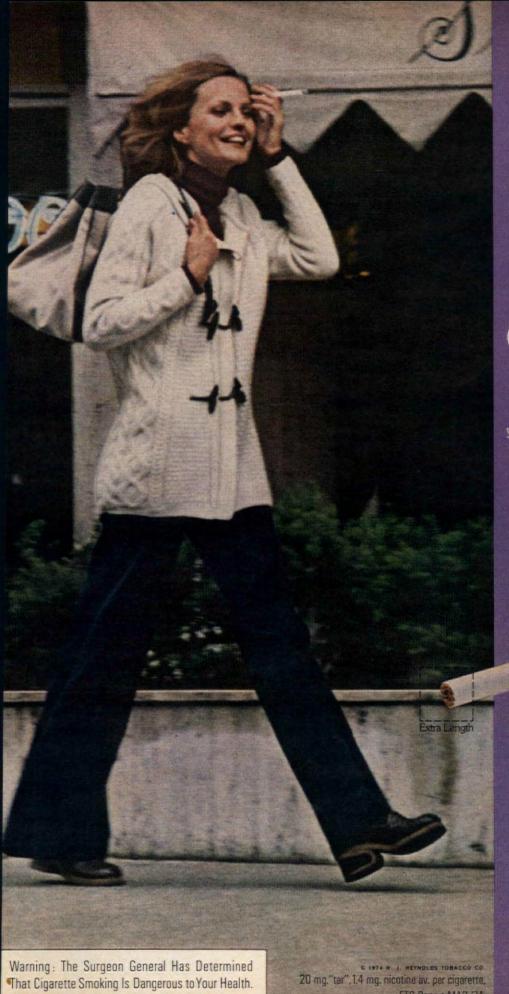
Assorted food coloring Assorted candy decors

Beat butter or margarine in large bowl until fluffy. Add sugars gradually. Add egg; beat well. Add 134 cups flour, baking powder, spices and vanilla; beat until blended. Stir in enough remaining flour with spoon until dough is stiff. Wrap in wax paper. Chill at least 3 hours or freeze ½ hour.

Heat oven to 350°. Divide dough in half. Roll out one half (keep other half chilled until ready to use) on well-floured surface to ½s-inch thickness. Cut out with floured, kid-shaped cookie cutter. Transfer with broad spatula to lightly greased cookie sheets, placing cookies about 1 inch apart. Bake 15 minutes or until golden. Transfer to wire racks; cool. Save all dough trimmings; reroll all at one time.

Prepare frosting mix according to package directions. Divide frosting among 5 small bowls. Tint 1 each with red, yellow, green and blue coloring, leaving 1 bowl of frosting white. Make 5 paper decorating cones, 1 for each color. To make a cone, fold a 12-inch square of wax paper on the diagonal to form a triangle. Hold in right hand with long side of triangle at bottom and thumb at center. Bring left corner up to center point to shape cone. Hold left corner and center corner together. Bring right corner around cone to meet 2 other corners. Fasten outside seam with tape. If you have small decorating tips, snip off ends of cones and insert here. Fill cone with frosting. Fold top down. Without tips, snip off end in straight or notched line after filling. Decorate cookie kids with frosting and colored candy decors or chocolate sprinkles.

(continued)



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FTC Report MAR. '74.

Cherry-Apple Bars

Makes 3 dozen. Each one: 145 cal.; 2 gms. P.; 6.6 gms. F.; 20 gms. C. 1 package (20.5 ounces) honey spice

nut cookie mix

1/4 cup melted butter or margarine

2 large eggs, beaten 1 cup wheat germ

11/2 pounds green cooking apples, pared, cored and thinly sliced

1 can (4 ounces) shredded coconut

1 jar (8 ounces) red maraschino cherries, well drained and cut into halves

1/4 cup sugar

3 tablespoons cornstarch

Flour

Combine cookie mix, butter or margarine, eggs and wheat germ in bowl until well mixed. Spread half of mixture in well-greased 13x9x2-inch baking pan. Combine apples, coconut, cherries, sugar and cornstarch in another bowl. Press apple mixture over cookie layer in pan. Heat oven to 350°. Sprinkle flour lightly on other half of cookie dough. Roll dough between 2 sheets of wax paper to 13x9inch rectangle. Remove top sheet of paper. Invert dough over apple layer in pan. Seal dough along sides of pan. Remove paper. Bake 40 minutes or until top springs back when lightly touched with fingertip. Set pan on wire rack; cool. Cut cookies into 4 long strips, then crosswise into 9 sections to form bars.

Apricot Cornucopias

Makes 33 cookies. Each cookie: 80 cal.; 1 gm. P.; 2.7 gms. F.; 12.8 gms. C. 21/2 cups sifted cake flour

1/3 cup sugar

1/3 cup pure vegetable oil 1 teaspoon baking powder

1/2 teaspoon salt

1 tablespoon grated lemon peel

2 large eggs

3/4 cup apricot preserves

1 egg yolk

2 teaspoons water

Combine flour, sugar, oil, baking powder, salt, peel and eggs in large bowl; mix well. Gather dough into ball; sprinkle with flour. Wrap in wax pa-per. Chill 1 hour or until dough is firm enough to handle. Heat oven to 350°. Divide dough in half. Roll one half (keep other half chilled) on floured surface to 1/8-inch thickness. Cut into circles with floured 3-inch scalloped cookie cutter. Place circles, about 1/2 inch apart, on aluminum foil-lined cookie sheets. Spoon about 1 teaspoon preserves into center of circle; spread toward one edge. Bring one-third of circle over preserves, exposing edge. Bring other third of circle over first fold to form cornucopia. Beat yolk and water in bowl; brush on each cornucopia. Bake 15 minutes or until golden. Transfer to wire rack with broad spatula. Cool. Reroll trimmings and repeat with other half of dough.

Citrus

[continued from page 64]

Fresh California Wine Jelly

(pictured on page 64)
Makes 5 glasses. Each glass: 598 cal.; .37 gm. P.; .1 gm. F.; 147 gms. C. Source of vitamin C.

2 tablespoons very thin slivered

orange peel

1/2 cup orange juice 3/4 cup grapefruit juice

3/4 cup port wine

31/2 cups sugar 1/2 of 6-ounce bottle

liquid pectin Paraffin

Combine all ingredients except pectin and paraffin in heavy saucepan; stir over low heat until blended. Bring to boiling over high heat; boil 1 minute, stirring constantly. Remove from heat. Immediately stir in liquid pectin; skim off foam, if necessary. Ladle into five 8-ounce sterilized jelly glasses. (For gift giving, you can use fancy glass containers.) Cover at once with 1/8-inch thickness hot paraffin.

Lemon Butter

(pictured on page 64) Makes 21/2 cups. Each tablespoon: 56 cal.; .5 gm. P.; 1.6 gms. F.; 10.4 gms.

3 medium-size lemons

3 eggs

1/4 cup butter or margarine

2 cups sugar

1/8 teaspoon salt

Grate peel of lemons; squeeze to make 1/2 cup juice. Beat eggs in top of double boiler. Add lemon peel and juice, butter or margarine, sugar and salt. Cook over boiling water, stirring constantly, about 15 minutes or until thick and smooth. Keep refrigerated. Spread on hot biscuits, muffins, nut bread or toast.

Holiday Punch Bowl

Makes 28 ½-cup servings. Each serving: 102 cal.; .58 gm. P.; .28 gm. F.; 20.7 gms. C. Source of vitamin C.

1 cup sugar cup water

1 teaspoon whole cloves (about 22)

3 pieces stick cinnamon, each about 2 inches long

2 quarts orange juice

1 bottle (1 quart) cranberry juice cocktail

1/4 cup lemon juice

1 to 11/2 cups light rum,

if desired

Combine sugar, water, cloves and cinnamon sticks in large saucepan. Simmer 15 minutes; remove spices. Add orange, cranberry and lemon juices; heat, but do not boil. Add rum. Pour into heatproof punch bowl. Float thin slices of orange and lemon on top of punch to garnish, if desired. Serve

ALL RECIPES TASTE-TESTED IN AMERICAN HOME KITCHENS

Grapefruit Salad Orientale

(pictured on page 64) Makes 8 servings. Each serving mad with oranges—209 cal.; 5 gms. P.; 12., gms. F.; 23 gms. C. Source of thi amine, vitamins A and C. Made with tangerines—205 cal.; 5 gms. P.; 12., gms. F.; 22 gms. C. Source of vita mins A and C.

1/3 cup pure vegetable oil

3 tablespoons grapefruit juice 2 tablespoons wine vinegar

1 tablespoon soy sauce

1/2 teaspoon salt

1/8 teaspoon hot-pepper sauce

1 package (10 ounces) fresh spinach

3 large grapefruit, peeled and sectioned

3 large oranges, peeled and sectioned, or 4 large tangerines, peeled and

1 can (6 ounces) water chestnuts, drained and thinly sliced

1/4 pound fresh mushrooms, sliced

6 slices bacon, cooked, drained and crumbled

Combine oil, grapefruit juice, vinegar, soy sauce, salt and hot-pepper sauce. Chill. Wash spinach thoroughly; dry; break into bite-size pieces. Arrange bed of spinach in large salad bowl; arrange grapefruit and orange or tangerine sections and water chestnuts over spinach. Cover and chill. To serve, add mushrooms and bacon. Pour on chilled dressing. Toss well.

Baked Citrus Squash

(pictured on page 64) Makes 6 servings. Each serving: 292 cal.; 3.6 gms. P.; 12 gms. F.; 49 gms. C. Source of vitamins A and C.

3 acorn squash

6 tablespoons butter or margarine

6 tablespoons brown sugar

1 tablespoon grated orange peel

1/2 teaspoon salt

3 oranges, peeled and sectioned (about 1½ cups)

1 grapefruit, peeled and sectioned

1/4 cup golden raisins

Heat oven to 375°. Wash squash. Place whole in baking pan; add 1/4inch depth of water to pan. Bake 40 to 45 minutes or until almost tender. Remove from oven; halve squash; scoop out seeds. Return squash to baking pan, cut sides up. Fill center of each half with 1 tablespoon butter or margarine, 1 tablespoon brown sugar and 1/2 teaspoon orange peel; sprinkle with salt; divide fruits among squash. Bake 15 to 25 minutes or until tender.

Chicken Piccate

(pictured on page 64) Makes 6 servings. Each serving: 270 cal.; 33.5 gms. P.; 11.4 gms. F.; 7 gms. C. Source of niacin and vitamin C. 3 whole chicken breasts, skinned and

boned

1/3 cup flour 11/2 teaspoons salt

1/4 teaspoon pepper

1/4 cup butter or margarine

1/4 cup lemon juice 1 lemon, thinly sliced

2 tablespoons chopped parsley

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Cut boned chicken breasts in half lengthwise down the center to make 6 pieces. Pound them between pieces of wax paper and flatten to cutlets. Combine flour, salt and pepper. Press chicken cutlets into flour mixture, coating well; chill on flat tray. Heat butter or margarine in large skillet. Sauté cutlets 9 to 10 minutes on each side or until well browned and cooked through. Drain cutlets; keep warm. Stir lemon juice and slices into pan drippings; heat, but do not boil. Spoon juices and lemon slices over chicken. Sprinkle with parsley. Serve with hot, but-tered noodles, if desired.

Fruited Lamb Shanks

Makes 6 servings. Each serving: 1,163 cal.; 59.6 gms. P.; 96.5 gms. F.; 11 gms. C. Source of thiamine, riboflavin, niacin and vitamin C.

6 small lamb shanks

2 teaspoons salt 1/4 teaspoon pepper

1 teaspoon curry powder 1/2 teaspoon paprika

2 tablespoons pure vegetable oil

clove of garlic, minced onion, thinly sliced

1 tablespoon grated orange peel

1 cup orange juice 1/4 cup lemon juice

3 tablespoons cornstarch 3 tablespoons water

Wipe lamb shanks. Combine salt, pepper, curry powder and paprika; press shanks into mixture, coating

evenly. Brown shanks well in hot oil in large Dutch oven. Add garlic and onion; brown lightly. Add orange peel and orange and lemon juices. Simmer, covered, 11/2 to 2 hours or until lamb is tender. Blend cornstarch and water to a smooth paste. Remove lamb shanks to serving dish; keep warm. Blend cornstarch mixture gradually into cooking liquid, stirring constantly. Cook 1 minute, stirring constantly. Pour hot gravy over shanks. Serve with hot fluffy rice and chutney, if

Glazed Lemon Spareribs

Makes 4 servings. Each serving: 1,122 cal.; 40.6 gms. P.; 89.7 gms. F.; 37.4 gms. C. Source of riboflavin, niacin and vitamin C.

2 teaspoons grated lemon peel

1/2 cup brown sugar, firmly packed

3/4 cup lemon juice

3 tablespoons soy sauce 1/4 cup catsup

1 teaspoon salt

2 cloves of garlic, crushed

1/2 cup fresh or frozen chopped onion pounds spareribs

Combine all ingredients except spareribs in large, shallow glass dish; blend well. Cut spareribs into servingsize portions; place in marinade, turning to coat well. Cover and chill ribs several hours, turning ribs occasionally. Heat oven to 400°. Place ribs single layer in shallow pan. Reserve marinade; cover pan with aluminum foil.

Bake, covered, 1 hour; drain off all fat. Spoon reserved marinade over ribs. Reduce oven heat to 325°; continue baking 40 minutes or until ribs are tender and glazed, basting often with marinade in pan. Garnish with thin slices of lemon, if desired.

Lime-Stuffed Pork Chops

Makes 4 servings. Each serving: 679 cal.; 35.4 gms. P.; 48 gms. F.; 23.5 gms. C. Source of thiamine, riboflavin and niacin.

4 double-rib loin pork chops

1/4 cup chopped fresh or frozen onion 1/4 cup chopped celery

2 tablespoons butter or margarine

tablespoon water

teaspoon grated lime peel

tablespoon lime juice

cup packaged herb-seasoned stuffing mix

Salt

Heat oven to 350°. Trim fat from pork chops, if necessary. Cut a pocket in each chop for stuffing. Sauté onion and celery in butter or margarine. Add water, lime peel and juice; mix well. Stir in stuffing mix; toss lightly until stuffing is evenly moistened. Stuff each chop loosely with stuffing mixture. Fasten pockets with wooden picks to hold stuffing. Sprinkle chops with salt and pepper. Place in shallow baking dish. Cover tightly. Bake 30 minutes. Uncover, bake 30 minutes.

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Deluxe Lime Pie

Makes 8 servings. Each serving: 308 cal.; 5.5 gms. P.; 16 gms. F.; 36.5 gms.

1 envelope unflavored gelatin

²/₃ cup sugar

3/4 cup water 1/2 cup lime juice

4 egg yolks

1 tablespoon grated lime peel Green food coloring

4 egg whites

1/4 teaspoon cream of tartar

1/3 cup sugar

1/2 cup heavy cream, whipped

1 baked 9-inch pastry shell
Combine gelatin, 2/3 cup sugar, water lime inice and eag valle in sauce

ter, lime juice and egg yolks in saucepan. Cook over medium heat, stirring constantly, until mixture comes to boiling. Remove from heat; cool. Add lime peel and enough food coloring to tint lime green. Chill until mixture mounds slightly when dropped from spoon. Beat egg whites and cream of tartar until foamy. Beat in ½ cup sugar gradually; continue beating until meringue is glossy. Fold into gelatin mixture; fold in whipped cream. Pile into baked pie shell. Chill several hours or until set. Garnish with whipped cream and lime slices, if desired.

Steamed Orange Pudding

(pictured on page 64)

Makes 8 servings. Each serving: 541 cal.; 5.6 gms. P.; 17.5 gms. F.; 94 gms. C. Source of thiamine and vitamin C. 1/2 cup shortening

1 cup light brown sugar, firmly packed

Green Peas

and Potatoes

2 eggs

2 tablespoons grated orange peel

2 cups sifted all-purpose flour

1½ teaspoons baking powder ½ teaspoon baking soda

1/2 teaspoon ground cinnamon

1/2 teaspoon ground ginger

½ teaspoon salt

1/3 cup orange juice 1 cup finely cut-up, pitted dates

Orange Sauce (recipe follows)

Grease 6-cup mold well; dust with sugar. Beat shortening, brown sugar, eggs and orange peel in large bowl until fluffy. Sift flour, baking powder, baking soda, spices and salt together. Add alternately with orange juice to shortening-sugar mixture. Fold dates into batter; spoon into prepared mold. Cover with lightly greased aluminum foil, leaving a loose pouch on top to allow pudding to expand. Tie foil around mold. Place on rack in deep kettle half full of boiling water. Steam 2 hours over medium heat (keep just

enough heat to allow water to bubble gently) or until done. Remove from kettle; let stand 5 minutes; unmold. Serve warm

with Orange Sauce.

Orange Sauce

3/4 cup sugar

1/4 teaspoon salt

2 tablespoons cornstarch

cup orange juice

3 tablespoons lemon juice

3/4 cup water

2 tablespoons butter or margarine

2 teaspoons grated orange peel

2 large oranges, peeled and sectioned (about 2 cups)

Blend sugar, salt and cornstarch in saucepan. Stir in orange and lemon juices and water. Bring to boiling; boil 1 minute, stirring constantly. Stir in butter or margarine, orange peel and sections. Serve warm over Steamed Orange Pudding.

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How-tos to make your Christmas merry

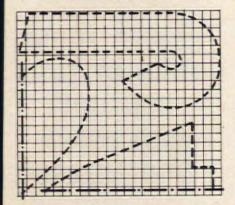
"Gingham Christmas"

[pictured on page 30] THROW PILLOWS

Materials:

Red-and-white checked gingham Polyester fiber-fill stuffing Tree: large red ball fringe, 1/2"-wide red satin ribbon Cane: 11/2"-wide red grosgrain

Heart: large red rickrack, 11/3 yards 11/2"-wide white eyelet ruffling, 1"-wide red satin ribbon



Enlarge squares of diagram (above) to 1"; draw patterns (heart and tree are each half patterns with a center folding line; draw them whole). Use 1/2" seams on all throw pillows.

Cane. Cut two canes; sew together, right sides facing, leaving bottom edge open. Clip seam allowance around inside curve. Turn right side out; stuff. Blindstitch opening closed; tie on rib-

Tree. Cut two trees. Around sides of one, pin and sew ball fringe. Turn fringe toward center. Place second piece on top, right sides together. Sew, leaving bottom of trunk open. Turn right side out; sew ribbon bows and ball-fringe trim in place. Stuff; blind-

stitch opening closed.

Heart. Cut two hearts. Around one, pin and sew rickrack 11/2" in from edge. On same piece, place inside edge of eyelet ruffling around heart edge, ruffles toward center. Put second heart over ruffling. Stitch, right sides facing, following stitching line of ruffling and leaving a 3" opening on one side. Clip seam allowance at inside top curves; turn right side out. Stuff; blindstitch opening closed. Sew red bow in place. TREE ORNAMENTS

Materials:

Red-and-white checked gingham Polyester fiber-fill stuffing Small red rickrack 1/4"-wide red satin ribbon 16" of 1"-wide white eyelet ruffling for heart White yarn for doll, trees 6 "googlie" eyes* for snowpeople,

Small red ball fringe White felt for tree star, snowpeople Black felt for snowman

Red felt for turtle

Red, black felt-tip markers 9" of 1/2"-wide gingham ribbon for snowpeople

White, all-purpose glue

Doll: white cotton fabric remnant, black felt, white felt, 16" of 1/4"-wide white satin ribbon, 6" of 11/2"-wide white evelet ruffling, 3" of 1/8"-wide elastic, 1/2"-wide red heart button, rag doll head "pick"*, white yarn * Available at craft shops

Enlarge squares of diagram (right) to ½". Draw all patterns (A, B, C, D, E, G and J are half-patterns with a center folding line; draw them whole). Use 1/8" seams on all ornaments.

Tree. Cut two A. Sew, right sides together, leaving a 2" opening on one side; turn right side out. Sew rickrack around edge, leaving piece to go over opening later; sew on three fringe balls with yarn bows. Stuff; blindstitch opening closed; sew rickrack over opening. Cut star (pattern on diagram) from white felt; outline with red marker. Attach.

Heart. Cut two B. Follow directions for heart toss pillow, stitching rickrack 1/2" in from edge and using 1/4" ribbon

Doll. Cut two C from white fabric. Sew, right sides together, leaving 2 opening at top; reinforce by sewing again. Clip seam allowance on inside curves; turn right side out. Stuff; blindstitch opening closed, leaving 1/4" open to stick in head pick. Cut two D for dress, two E for sleeves. Match armhole curves on one D with two E. Sew. Repeat on other D, joining to E. Both D/E are joined at top to form dress. Turn 1/4" under along bottom of E sleeves; stitch for elastic casing. Insert 1/8"-wide elastic in casing; sew up side seams, catching in elastic. Hem bottom edge. Put dress on doll; gather neck with white yarn and running stitch, starting at front and tying into bow to pull up gathers. Cut small white felt circle; scallop edges and cut 1/4" hole in center. Sew as bib to neck of dress. Insert head pick into top opening and glue in place. Glue 12" of 1/4" white ribbon to top of eyelet for apron; glue small shoulder straps of ribbon in place. Tie on apron to cover ends. Sew red heart button in place. Draw red lines on legs like striped stockings. Cut four F from black felt; glue to feet back and front to form shoes.

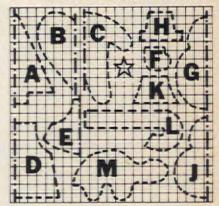
Mr. Snowman. Cut two G from white felt; cut two H from black felt. Sew G together, right sides facing, leaving opening at top. Turn right side out. Sew on two fringe balls for buttons. Glue on "googlie" eyes; draw on red nose and dotted black mouth with markers. Stuff; blindstitch closed. Sew H together at top and sides. Place on head and sew. Trim with thin strip of gingham ribbon. Tie more ribbon around neck; clip ends to look like

Mrs. Snowman. Cut two J from

white felt, two K from gingham. Sew, attach buttons and draw and finish face as for Mr. Snowman. Sew K together at top and sides. Turn under bottom edge of hat and hem; place on head and sew. Trim with rickrack.

Cane. Cut two L. Sew, right sides together, leaving 2" opening at top. Reinforce by stitching again. Turn right side out. Stuff; blindstitch opening closed. Tie on gingham ribbon bow.

Turtle. Cut two M. Sew, right sides together, leaving opening at top. Clip inside curves. Turn right side out. Stuff; blindstitch opening closed. Glue on "googlie" eyes; cut and glue small red felt circle to back and draw lines to simulate "shell," using black marker.



Merry Mix of Joys

(pictured on page 43)
NEEDLEPOINT TRAIN Materials:

3/4 yard needlepoint canvas, 10mesh-to-an-inch

3-ply Persian needlepoint yarn:

21/2 oz. black 11/8 oz. yellow

3/4 oz. red

5/8 oz. light blue

2 yds. each, assorted colors for details, people and gumball coal car

Sixteen 1"-diameter shiny flat black buttons

Two 11/2"-diameter shiny flat black buttons

Small piece red calico 1½" length of ¾" dowel Three covered hooks and eyes Black carpet thread Cardboard and foam rubber for

stuffing

Tapestry needle, masking tape Board, tacks

Bind edges of canvas with masking tape. Diagram squares (see next page) equal 5 stitches or 5 rows. Using canvas as a guide for size, draw general shape of pattern for each car; cut two patterns of each. Boxing strips for all cars are 15 stitches across; approximate lengths are 12" for coal car and 16" for others. Space patterns evenly on canvas with about 2" between; mark outlines. Work designs in continued

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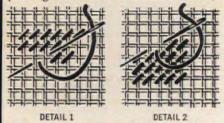
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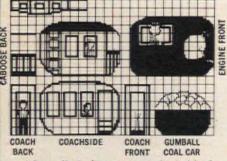
colors in photo, using continental stitch (see below) and three strands of yarn. Pattern should be reversed for second side of each car so engineer and coach passengers face forward on both sides;



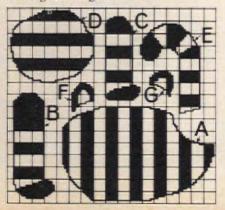
Detail 1 shows starting a new row below finished portion. Detail 2 shows starting a new row above the finished portion of the work.

trainman in caboose faces backwards on both sides. Details of boxing strips: engine, work two red rows across front to line up with mouth on sides and a yellow circle for headlight; caboose, work rail on back edge to line up with sides; coal car, continue gumball design across top; coach has door at each end to line up with bottom, one with man and one with a dog. Engine stack is dowel covered with needlepoint; calico circle covers top. Flat roof on caboose is cardboard covered with needlepoint on both sides.

TOP ON CABOOSE



After all designs are worked, block canvas by wetting; tack to board so it is pulled tight and lines of mesh are straight; dry thoroughly. Cut ½" outside of each part; turn ½" to wrong side so only one thread of canvas shows. With matching yarn, whipstitch boxing strip around one side. Stuff firmly with layers of cardboard and foam rubber cut to size; attach other side. Sew stack to engine; attach fringe cowcatcher to front; sew one 1½" button and two 1" buttons to each side. Finish other cars in same manner; sew hooks and eyes for attaching cars together.



NEEDLEPOINT CAT TOY Materials:

3/4 yd. needlepoint canvas, 10-meshto-an-inch

3-ply Persian needlepoint yarn: 23/8 oz. each, rust, peach

3/4 oz. black

1/8 oz. pink

small amount of white, purple, yellow

Four flat ½"-diameter shiny black buttons

Cotton, Dacron or foam-rubber stuffing

1/2 yd. lavender gingham ribbon Black carpet thread Tapestry needle, masking tape Board, tacks

Bind edges of canvas with masking tape. Diagram squares (below, left) equal 6 stitches or 6 rows. Using canvas as a guide for size; draw general shape patterns for A, B and C, D, E, F and G. Cut two patterns for A, D, E, F, G; four patterns for B and C. Space patterns on canvas evenly with about 2" between pieces, reversing two of B and C and one of the rest for back of toy; mark outlines. Work designs in colors in photo, using continental stitch (top, left) with three strands of yarn. Follow Cat Picture diagram for face. Block canvas by wetting and tacking up to board so it is pulled tight and lines of mesh are straight; let dry thoroughly. Cut pieces apart, 1/2" outside of each; turn 1/2" to wrong side so only one thread of canvas shows. With matching yarn, whipstitch parts together, adding stuffing in legs before closing completely. Stuff tail and ears through bottom edge. In body, leave opening for tail and stuff through edge to go under head. Close head, leaving holes for ears, except edges which will overlap body. Sew tail in place; sew ears on head; sew head to body. Attach legs with carpet thread through legs and body, with a button on outside of front and back. Tie bow to tail; add four strands of varn to face for whiskers.

NEEDLEPOINT CAT PICTURE Materials:

17"x18" needlepoint canvas, 10mesh-to-an-inch

3-ply Persian needlepoint yarn:

1¹/₄ oz. each, grass green, sky blue, rust

1 oz. peach ½ oz. white

1/4 oz. each, black, lavender

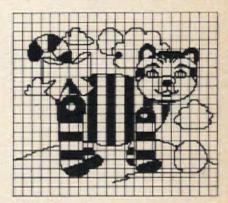
1/8 oz. each yellow, pale pink, dark purple, gray, fuchsia, bright pink

Tapestry needle, masking tape Board, tacks, wood staples

Bind edges of canvas with masking tape to prevent fraying. Use three strands of yarn and work in continental stitch (top, left) throughout. Follow colors in photo; each square on diagram equals 6 rows or 6 stitches. Work a row of gray around front and back legs, under chin. Work lavender and fuchsia stitches on ball and under foot to give effect of wound yarn. Bow is worked in dark purple with 4-stitch

squares of lavender; interior of bow loops is medium purple. Eyes have yellow centers, I row of medium purple and white at each side. Attach four strands of black for whiskers.

Continental Stitch: See details 1 and 2 for how-to (far left). Start at upper right-hand corner. Work each color from right to left. To begin, hold 1" of wool at back of canvas, work over this end as you do your needlepoint. All other strands may be started and finished by weaving in and out on wrong side of finished work. Details 1 and 2 show placement and direction of needle. Work back and forth, turning work upside down to return; always work from right to left.



Blocking: Cover an old table or drawing board with brown paper; mark on paper the size of canvas, 17"x 18", being sure corners are square. Place needlepoint, right side down over this guide and fasten with thumbtacks placed about ½" apart, 1" away from needlepoint. Wet thoroughly with cold water; let dry. If work is badly warped, restretch, wet again, and let dry.

Mounting: Stretch canvas over plywood, keeping lines of needlepoint stitches straight. Fasten temporarily with thumbtacks pushed into edges of plywood. Begin tacking at center of each side and at corners. Continue stretching and tacking along each side. When needlepoint piece is stretched straight, staple canvas to edges of plywood securely and remove tacks. Staple excess canvas on back neatly. Frame sampler as desired.

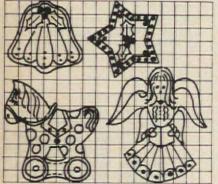
DOUGH ORNAMENTS

Mix 4 cups presifted all-purpose flour and 1 cup iodized salt; add 1½ cups warm water; knead in bowl about 2 minutes. On lightly floured pastry cloth, knead half of mixture until smooth; repeat for other half; use a quarter of mixture at a time, keeping rest in plastic bag (may be refrigerated for a week, or frozen); return to room temperature and knead before use.

Roll dough on floured pastry cloth to ½"-3%" thick. For these four easy Janet Nine designs, enlarge squares of diagram (next page) to ½"; draw patterns and cut out carefully; place patterns on dough and cut with sharp, pointed knife. Or use floured cookie

[continued]

cutters for the Hallmark group. Immediately insert Christmas tree hook down into top center of each ornament; press in place so hook is not seen on either side. Save leftover dough for trimming. Follow suggestions below for each design, using small watercolor brush to moisten back of trim slightly (too much water will cause swelling); press trim firmly in place. Caution: any water standing on ornament must be toweled off and dried 1 hour before baking.



Preheat oven to 250°; bake on foil-lined cookie sheet 2 hours or until cookie does not give when pressed, is slightly brown and completely dry; cool on wire rack. To paint, use fine watercolor brushes with acrylic, oil or tempera; allow to dry thoroughly; spray with clear acrylic fixative (very lightly so paint won't run); dry. Repeat two or three times so all sides and edges are covered to seal out mois-

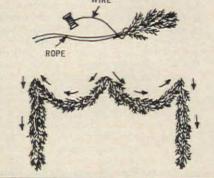
ture. Store in dry place or tissue-wrap in tin box for safety. If broken, mend with white all-purpose glue.

Trimming: Hair is made with garlic press, potato ricer or strainer; balls are rolled gently between hands. Star and bell: Cut holly leaves and roll berries. Angel: Cut book and apply; cut hands and apply; cut sleeves and wings and glue in place; roll balls at bottom of gown; add hair. Horse: Cut saddle and apply; roll balls for saddle and wheels; roll thin "snake" for reins; add mane and tail. Paint on other details after baking. Once you become expert at this technique, try Mrs. Nine's delightful storybook ornaments.

Party Setting

(pictured on pages 46-49)
HANGING GARLAND

Use thin, clothesline-type rope as a foundation. Choose 6" to 8" lengths of mixed greens without large wood stems



so garland will be flexible. Wrap green tightly to rope with fine spool wire so they overlap (see sketch, below). Add sprigs of holly about every 12" fo variety. Hanging garland should be made in two pieces and joined at center, so branches move out from center and branch ends hang down sides (see arrows in sketch). Cover joints and corners with bows or other ornaments

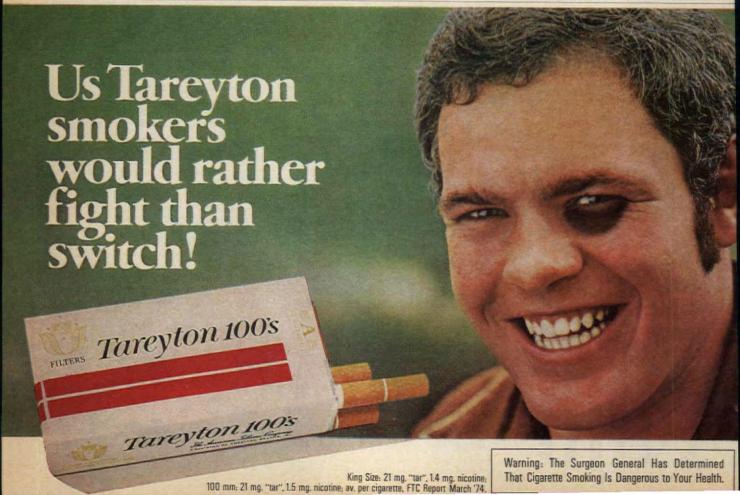
Fabulous Originals

[pictured on pages 50-55]
1. CANDLE IN GREENS AND FLOWERS

Place a layer of Oasis (water-absorbing rigid foam used in flower arrangements) in bottom of deep bowl, can or basket (line basket with heavy plastic to make it waterproof). Place candle and glass in position and stuff chunks of Oasis around it for stability. Insert stems of greens and flowers into Oasis; follow with cedar and pine greens, red-edged succulent plants and flowers, bouvardia and tuberoses or other fresh flowers.

2. BABY'S BREATH-AND-ROLLS WREATH

Join a wire wreath frame to front of a Styrofoam frame with wire. Make a wire loop at top for hanging. Wire a variety of rolls to frame with individual lengths of wire. Fill in between rolls by thrusting stems of baby's breath into foam frame. Wire a neatly tied bunch of wheat to center of base; cover wire with dried statice flowers or a big gingham bow. (continued)



continued] 3. WREATH WITH SILK FLOWERS

Make a hanging loop at top of Styrofoam wreath frame with several strands of flexible wire. Poke wire through frame; wrap around two toothpicks or beheaded matchsticks; put back through frame and wrap around more toothpicks so wire will not pull through foam. Pad front of frame with cotton or kapok to give rounded appearance; cover with sphagnum moss, holding moss in place with fern pins or hairpins. Cover thickly with bleached ferns, gray leaves, silk flowers and dried curly pods by inserting stems into backing. Attach bow of velvet and gingham.

4. PINECONE OWL

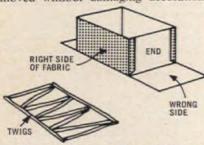
An inexpensive owl shape of ceramic or wood is needed and a variety of sizes of pinecones and colored seeds. Using linoleum glue, attach separated pieces of pinecones and seeds in place as shown. Owl perches on a branch decorated with cotton pods and green holly.

5. YULE LOG

Glue or nail Oasis (see #1, above) to top of log. Decorate with cedar greens, holly, pinecones, pods and long rolls of cinnamon bark stuck into Oasis. Be sure log sits without rolling before and during decorating.

6. GIFT BOXES

Cut closely woven fabric to size to fit over box, including sides and ends. Spray flat part of box with glue. Beginning at center of box with center of fabric, place fabric in position, lining it up with edges of box. Spray sides and ends with glue; smooth fabric in place down sides; cut at corner so fabric will go 1" onto ends as in sketch, below. Smooth fabric down ends, trimming evenly at corners; trim fabric along bottom edge or turn to inside and glue if cover is loose enough to fit on box with fabric inside. Decorate top with moss, ripe grains, nuts, twigs, berries and ribbon so top may be removed without damaging decoration.



Glue boxlike cage of twigs together with hot glue gun or other quick-setting glue. Lay out rectangle of twigs for bottom and glue together (see sketch); make second rectangle the same size for top. Glue uprights at corners of bottom, then glue twigs across tops and fill in sides. Spray box with glossy wood-tone finish. Wire top to one side so it will open and close. Wrap gift in plaid fabric; place inside; tie closed with bow.

7. STRAWFLOWER WREATH

Begin with two Styrofoam wreath forms, one large enough to extend beyond edge of smaller one. Attach continued AMERICAN HOME READERS SAVE \$1.50

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hanging loop to large one. Glue sphagnum moss to forms to cover. Divide flowers into small, even clusters; attach clusters around outside edge of large form and inside edge of small form with fern pins or hairpins, (stems on small one cross form diagonally, as in photo). Fasten small ring to large one with toothpicks. Glue on small pinecones, macadamia nuts, etc. Spray with clear lacquer to weatherproof, if desired; tie on bow.

8. TWIGS AND SPICES IN BREADS

Glue nutmegs to twigs. Stick twigs, holly, rosemary into top of loaf; braid a ribbon of corn husks for bow. Splint basket is filled with packing straw, bread loaves, potatoes, mushrooms and cotton pods. A tailored corn-husk bow is tucked into side of basket.

9. CINNAMON BUNCHES

Cinnamon bark exudes a spicy fragrance and lasts for years refreshed with a few drops of oil of cinnamon. For each stack, use two small flowerpots with bottoms glued together. Use hot glue gun or other quick-setting glue. Stuff top pot with Styrofoam; fill with short lengths of bark. Glue bark around outsides of both pots, covering completely. Tie ribbons around centers, holding in clusters of cones, holly and berries.

10. SHOCK OF OATS

Bundle together a bunch of oats; tie just below the feathery heads with string; trim ends of stems with sharp knife. Apply glue to outside of 4 terra-cotta flowerpot. Split shafts apart and gently work pot into center; temporarily tie cord around stems to hold against pot; dry thoroughly. Paint whole length of stems with glue; tie on bow, covering tie at top; press streamers against stems and dry. Decorate with nuts, little cones, velvet leaves.

11. CITRUS WREATH

Attach hanging loop to top of frame (for details, see #3). Using flexible spool wire, wrap greens on wire or Styrofoam wreath frame to cover completely (we used cedar). Use lemons, limes, pinecones; leave some whole, slice the rest. (Slice cones horizontally.) Put wires through each for attaching: coat all cut parts and sections of whole items with glue and dip in diamond dust for sparkle. Attach fruit and cones to wreath, inserting bare tree twigs as desired.

12. MOSSY WREATH
Wrap and fill wire wreath form with sphagnum moss; attach hanging loop at top. To attach pinecones, dried berries, lotus, liquidambar and eucalyptus pods to wreath, wrap very fine wire around each item; poke wire through moss; tie in back. Bow is made of stems of banksia foliage.

13. STRAW WREATH

Attach hanging loop at top of Styrofoam wreath form (for details, see #3). Put a handful of straw on form; wrap in place with #20 wire; continue until form is completely covered. Arrange a crisscross of dried grains; wire to wreath; add pheasant feathers, lifelike glazed crab apples and gold velvet

14. TWIG BASKET, HEARTH BROOM

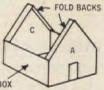
Fill twig basket with artificial or dried flowers, lacquered strawberries, seed pods, velvety ivy. Encase broom handle in velvet tubing. Checked bow holds cluster of waxed red flowers, a white blossom and lacquered strawberries around straws.

15. SUCCULENTS AND CEDAR

Fill a white porcelain cachepot with Oasis (see #1). Cut obelisk shape twice as high as side of base from Oasis. Reinforce by wrapping in fine wire florists' screen; fasten to inner base with toothpicks or skewers. Dampen and cover with cedar greens, inserting stems in foam and wiring succulents in position.

16. GUMDROP TREE

Scoop out bottom of 12"-high Styrofoam cone to receive 6" flowerpot; fill pot half full of plaster of paris; put wood skewers with points up in it while damp; let dry. Turn pot upside down on Styrofoam circular base so skewers go into it. Place cone over pot; attach to base with toothpicks and skewers. Cut 1/4 yd. of velvet into 6"wide strips; swirl strips around cone, poking the velvet into cone with dull pencil until cone is almost covered. Place gumdrops on toothpicks and insert in cone, overlapping edges of velvet. Add ivy leaves and miniature mushrooms for good luck, if desired. 17. COOKIE COTTAGE



Using a cardboard box as base (see sketch, above), cut front A and back C of cottage from cardboard; form points at top with 1" fold-back along each sloping edge. Cut door opening in box and A. Save cutout for door. Shape chimney from cardboard scrap. Cut roof to overhang all around; glue in place to A and C. Glue chimney in place. Cover cottage with various sizes and shapes of cookies, holding in place with glue and frosting. Roof shingles are painted with frosting. Place door at opening; cover with

18. CRECHE WITH PLANTINGS

Base is bark or bark-covered wood. Or glue moss or wood chips to Styrofoam. Using crèche figures you have, select small materials so that figures will seem, proportionately, life size. Here, cinnamon bark is used for tree trunks, fences, etc. German statice and miniature ferns are also included.

19. BASKETS WITH FLOWERS, FRUIT

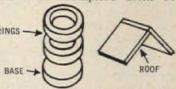
Stuff straw basket with sphagnum moss; arrange with red pears or apples and holly. Form wire basket over a tin can or pall with rubber mallet; turn ragged edges of wire to inside. Form handle over rod or pipe and wire to basket. Place Spanish moss around rim and stuff into handle. Glue or wire baby's breath, pepper tree berries, dried flowers, small red peppers and twigs in place.

20. VOTIVE CANDLE IN TWIGS

Glue small twigs and glazed straw-berries together around candle cup with hot glue gun or other quicksetting glue. Twigs should branch away from rising heat of candle; use as many as needed for strength and visual appeal.

21. GUMDROP WISHING WELL

Use three 2"-thick Styrofoam discs. Cut out centers of two; place on base, using toothpicks to hold layers together. Two rectangles of Styrofoam joined with toothpicks form roof,



which extends past base (see sketch, above); two Styrofoam poles support roof. Using paint recommended for Styrofoam, paint in and outside of all parts. Join parts to form well, using toothpicks; dust with cinnamon for spicy aroma and to soften paint color. Cover base with various sizes of gumdrops on toothpicks. Edge roof with large-size gumdrops; then cover top with small gumdrops and cubes of sugar glued on. Form handle and rod from coat hanger; place on well. Add gumdrop knob; decorate supports with velvet leaves; tie small bucket to rod and fill with gumdrops

22. WREATH THAT GROWS

Make hanging loop on top of wire wreath frame; wrap frame with sphagnum moss, wiring it in place and putting planting mix inside as you go. Dampen; place succulent plants in place; push roots into moss with fingers; hold in place with fern pins or hairpins. Plants such as henand-chickens, baby's tears, etc. soon take root and are established in wreath. Start wreath early, then decorate with cones, pods, berries.

23. HEN AND CHICKS

IN BASKET

Fill a basket with excelsior, then position hen, chicks or whatever ceramic, porcelain or dough figures you choose; decorate with large bow.

24. SPRAY

Tie a bundle of pine greens together slightly above center with fine wire, making a hanging loop on back. Put wood skewer through orange; wrap wire around skewer on one side, across orange, around skewer on other side; wire to pine. Wire around ends of cones, attach to pine to cover skewers that may show. Glue small cones and nuts to satin and velvet bow; attach to spray.

25. BASKET OF AZALEAS, CONES

Line inside of attractive and durable basket with heavy-duty plastic; carefully turn plants out of pots and set in basket in a bed of moist peat or sphaghum moss. Finish with green cedar, pinecones, bright ribbon.

continued

[continued]

26. RIBBON WREATH

Stuff tissue paper inside 12" wire wreath frame, then wrap outside with strips of paper. Wrap 31/2 yds. emerald moire ribbon around wreath diagonally. From 2 yds. 21/2"-wide plaid taffeta ribbon, make bow at top with two 3" loops and two 21/2" loops on each side. Gather at center; wire to wreath. Leaves are 11/2 yds. each 1"and 11/2"-wide apple green picot ribbon; same amount and sizes of emerald green picot ribbon. Cut 11/2" ribbon into 3" lengths with 45° angle at each end; fold in half, then open one flap to form triangle. Next, tack together at center, gathering raw edges; pull tightly and secure to form leaf. Make leaves of 1" ribbon in same way, cutting 21/2" long instead of 3". Make berries from 1/2 yd. each of 11/2", 2" and 3"-wide red satin ribbon. Cut ribbon to form a square; fold square diagonally to form a triangle; turn bottom corner back; sew two edges together. Turn right side out; stuff with Dacron; gather top opening, pulling tight to form berry. Sew on tiny crystal beads to simulate seeds. Place leaves and berries on wreath, as in photo, pinning in place with straight pins hidden in folds of leaves. Tie ribbon loop at top for hanging.

27. FLOWERS ON TWIG WREATH

Wire 6"-long twigs to wire frame by wrapping with flexible spool wire so it is round and full. Make hanging loop atop and spray with glossy wood tone to even out color of bark and conceal frame; dry. Fill with silk or paper flowers and leaves as in photo. 28. CULINARY WREATH Wire greens to wreath frame with

Wire greens to wreath frame with flexible spool wire. Attach clusters of decorative herbs around circle, such as small dried onions, small red peppers, shallots, white blossoms of Oriental garlic, yellow buttons of tansy, bay leaves, golden sage, nutmeg and lemon geranium leaves, winter savory, English thyme and rosemary. Attach hanging loop at top.

29. IVY TOPIARY TREE

Begin with a basket made of twigs glued together; fill with sphagnum moss and a papier-mâché plant liner (available at floral supply shops). Topiary ball, which rests on sturdy twigs, is shaped chicken wire filled with moss. Train English ivy to grow around ball (ivy in photo is two years old). Mount red African daisy and carnation blossoms in individual Aqua-Piks (from floral supply stores) and poke into moss of ball. Mushrooms grow along with ivy in basket.

Egg Treasures [pictured on pages 56-57]

Materials:

Eggs
White, all-purpose glue
Water-base acrylic paint
Design elements, trim, stand
Long hatpin, pencil, manicure
scissors, cotton swab, toothpicks,
piece of Styrofoam, tweezers

Wash and dry room-temperature egg. Pierce shell center top and bottom with long pin. Wriggle pin to enlarge holes, making bottom hole larger than top one, but neither larger than 1/9". Push pin in and stir to break up yolk. Hold egg bottom over bowl, place mouth over top hole and blow hard to force contents out through bottom hole. An alternative: Pierce side of egg where opening is to be, using manicure scissors. Cut a nickelsized hole and shake out contents.

Cut opening before inside of egg dries: First, trace opening onto egg surface with light pencil line. If you wish, apply coat of white, all-purpose glue around penciled line; this will dry quickly to support shell as you cut. With point of manicure scissors, pierce shell inside penciled line. Insert scissors blade and cut around line. (For smooth cut, keep points of scissors turned in and cut with blades fully inserted; do not snip with points of scissors, as this tends to crack shell.) Wash inside of egg, removing loose membrane with cotton swab. Let egg dry thoroughly. To make lovely egg treasures like the two small ones in photo, work out your design beforehand. For background, cut out a section from a greeting card or inex-pensive print. Tiny trees in foreground are sold in craft shops.

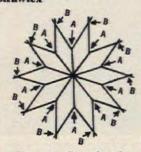
Stuff egg with tissue paper, then paint the outside. To dry it prop egg on toothpicks inserted in Styrofoam. Glue in background print when egg dries, diluting glue with a few drops of water and applying it gently with a toothpick. Glue central figure in place. Trim opening with beads, sequins, gold paper, ribbon or metallic braid, apply-

ing glue to shell.

Warmth of Christmas [pictured on pages 58-59] CHRISTMAS STARS

Materials:

One pkg. natural straw, corn husks or Strawtex in desired color Heavy red thread Water, container, drying board Pushpins, 4"x9" cardboard for Strawtex



Directions are for 10-point star, as in sketch (above). Straw and strawtex stars are 8"; corn-husk stars can be no larger than 6".

Straw: Cut 20 stars 8½" long; lay on flat surface in 2 stacks of 10 each.

Husks: Cut 10 strips 3/8" wide. Soak straw or husks in very warm water 10 minutes to make pliable; shake off surplus water; work while damp. Fold each strip in half lengthwise; finger-press firmly; lay side by side, all folds facing up.

Tie straw/husk bundles firmly at exact center with double thread; knot three times; trim thread.

Strawtex: Do not remove from package; cut ½" slit in one end of cardboard; slip end of Strawtex in slit, allow a little extra at top; wrap around cardboard 10 times so there are 10 strands on each side; cut off, pin end in place. Tie strands on each side with small piece of Strawtex at point just above exact center; remove from cardboard. Tie both groups of strands together at exact center with double red thread; remove first ties.

Straw or Strawtex: Tie four strands together at points A (halfway from center to ends); then tie two of each group together at B.

Husks: Tie two strands together at points A, then one of each together

at B (see diagram).

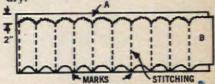
Place on board; shape with fingers into equal points; hold in shape with push pins until thoroughly dry. Strawtex only: Sponge lightly over star until thoroughly wet; smooth again, pushing strands together; dry.

SEWING BOX

Materials:

1 yd. checked gingham 1 yd. satin ribbon 4 yds. rickrack One "tomato" pincushion White spray paint White all-purpose glue

One potato-chip drum or other box
Spray box to cover dark letters.
Place box cover at corner of fabric;
mark outline; cut ½" outside of
marks. Brush glue thinly over top of
cover; smooth fabric in place with
½" overhang all around; dry. Brush
glue on edge of top; smooth fabric
down; tie string around edge until
dry.



Cut A to fit around box (see sketch, above), plus ½" overlap with height from bottom edge of cover to bottom of box plus ½". Cut B to 2" shorter in height than A and twice as long (piece, if necessary).

Turn narrow hem along top of B; cover with rickrack; stitch. Mark bottom edge of A into 10 or 12 equal parts; do same on B. Place B on A, side and bottom edges flush and marks matching; stitch at each mark from bottom edge to top of B; stitch ½"

from one end only.

Pin pleats to form pockets; press to hold in place. Brush glue lightly half-way around side of box; turn ¼" to wrong side on top edge of A; smooth A in place with fold edge along bottom edge of cover and 1" overlap at bottom. Glue around other half; turn under end of B and glue fold edge along stitching at start. Turn under along bottom; glue in place. Glue red ribbon around box cover; glue pincushion to top.

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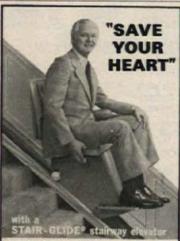




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Lynn Headley-Editor



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The art of loving and the importance of how a couple must understand and care for each other's needs (pp. 129).

Understanding sexual inhibitions and their effect upon the relationship between a man and woman (pp. 224).

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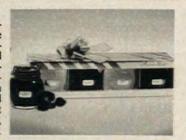
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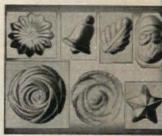
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Cover and page 10. All sources N.Y.C.: Quilt from a collection of one-of-a-kind antiques, America Hurrah Antiques; wreath (cover), pinecone/berry arrangement, Ray Kohn of George Cothran Flowers; Windsor chair, painted blanket chest (both, cover), Dorothy Schlesinger Antiques; pine chest, Isabel Worsley, Inc.

CREATE A PARTY SETTING IN THE HOLIDAY SPIRIT

Pages 46-49. Living room: Area rug. "Custom Needle Point," Stark Carpet Co., N.Y.C.; wing-chair fabric, Greef Fabrics, Inc., N.Y.C. All sources Los Angeles, Calif.: Sofa fabric, "Fraises de Bois," Brunschwig & Fils, Inc.; wing

chairs, Minton/Spidell, Inc.; coffee table, basket lamp, Quackenbush & Winkler; painting over fireplace, Charles Pollack; knit pillows, Snyder Brunet; end tables, baskets, accessories, Charles Gill, Inc.

Dining room: Wallpaper, "Gingham," Hannett Morrow Fischer, Inc., N.Y.C. (through Snyder Brunet, Los Angeles, Calif.); chair-seat fabric, "Tybernia,"
Quadrille Wallpapers, Inc., N.Y.C. All
sources Los Angeles Calif.: Table,
Quackenbush & Winkler; chairs, Martin
of London; chandelier, Smith & Houtchins Antiques.

Breakfast room: Wallpaper, "Springtime, Hannett Morrow Fischer, Inc., N.Y.C. (through Snyder Brunet, Los Angeles, Calif.) All sources Los Angeles, Calif.: Chandelier, Gerald Murray Designs, Inc.; chairs, Spencer & Co.; chair seat fabric, Kneedler-Fauchère; patchwork tablecloth, Bartoli/Berry.

STEP INTO THE WARMTH OF CHRISTMAS

Page 58. Bottom, right: Shaker table, spindle-back bench, Tom Mosher, New Gloucester, Me.

STATEMENT OF OWNERSHIP, MANAGEMENT AND CIRCULATION

(Act of August 12, 1970: Section 3685. Title 39. United States Code)

(Act of August 12, 1970: Section

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Editor: John Mack Carter, New York, New York 10022.
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7. Owner (If owned by a corporation, its name and address must be stated and also immediately thereunder the names and addresses of stockholders owning or holding I percent or more of total amount of stock. If not owned by a corporation, the names and addresses of the individual owners must be given. If owned by a partnership or other

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securities: None.

9. For optional completion by publishers mailing at the regular rates (Section 132.121, Postal Service Manual): 39 U.S.C. 3626 provides in pertinent part: "No person who would have been entitled to mail matter under former section 4359 of this title shall mail such matter at the rates provided under this subsection unless he files annually with the Postal Service a written request for permission to mail matter at such rates." In hereby request permission to mail the publication named in Item 1 at the reduced postage rates presently authorized by 39 U.S.C. 3626. Warren R. Erhardt, Publisher.

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