You can turn your unadventurous attic into a Tom Sawyer boys' room.

Start with Armstrong and say, "I-Did-It-Myself."
unfinished, unused attic was all the challenge the Armstrong Interior Designers needed. With a budget in mind, they've turned that attic into a practical, idea-packed boys' bedroom/study that makes every day an adventure. And almost every item in the room, from hanging raft to built-in bunk beds, is easy to do, so the whole family can pitch in and say, "I-Did-It-Myself!" The rugged floor is Armstrong Place 'n Press' Tile in the tonelike Omega design. The splash-of-color carpet in the study area is Montpelier, one of the many Armstrong do-it-yourself carpets. And the rustic ceiling is Armstrong Wood Grain Plank, also simple to install yourself. And don't miss the other fun-loving touches: the painted-plywood trees, comfy chairs upholstered in blue-jean denim, whimsical fish pillows made from felt. They're all designed with easy-to-find, easy-to-work-with materials, so that you can say, "I-Did-It-Myself!"

Want to see more imaginative rooms like this? Send for this free "I-Did-It-Myself" Idea Book, with ten other fun-to-do rooms from the Armstrong Interior Designers. We'll also include plans and instructions for the Tom Sawyer room featured here. Write Armstrong, 7503 Pine Street, Lancaster, Pa. 17604.
(Super Scour cycle also available in portable convertible models)
Yes, there is a dishwasher that scours pots clean.

We know you're not going to believe any dishwasher can scour pots, pans and casseroles clean. Especially baked-on macaroni and cheese.

So, buy a Whirlpool dishwasher with the Super Scour cycle for a lot of other reasons. Two spray arms that reach into every nook of the dishwasher. A porcelain enameled interior. And exclusive silverware and cutlery baskets in the door.

That's right. Only Whirlpool offers a special silverware stash in the door. It means the basket's out of your way. Easy to remove and load. Safe, too. With knives in the Whirlpool cutlery basket, your invading hands will never chance meeting the sharp end of an upright knife.

See a Whirlpool dishwasher with Super Scour cycle at your nearby dealer. You'll like it. And you'll be pleasantly surprised that your pots, pans and casseroles, when loaded according to instructions, come out gleaming clean.

Our major competitors have silverware and cutlery in the lower rack.

A Whirlpool dishwasher gives you that little extra.

We believe quality can be beautiful.
Cowboys have ambushed your Broyhill end table.

Woodcrafter's child-proof shine to the rescue.

A simple wipe brings back the shine... no need to re-apply.

When you invest in fine, hand-finished Broyhill furniture, you should protect its beauty from fingerprints, smudges and water rings.

That's why Broyhill recommends Woodcrafter Furniture Polish, with its rich blend of imported Carnauba and Montan waxes.

Woodcrafter gives all your Broyhill furniture paste wax protection and child-proof shine.

Brodyll, maker of fine furniture, recommends Woodcrafter Furniture Polish.

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Quality.
The endangered species.

This country may be in danger. We could be losing something we can’t afford to lose.

Once, when a man produced a product it was the best he could possibly make. He stood behind it with pride. He lived a simple idea: Do it right or don’t do it at all. Nobody told him that. No government agency dictated it. And it built a standard of living for all the world to aim at.

Now that idea is threatened. Today that pride in workmanship, in the quality of things, is in danger of slowly slipping away.

However, there are companies, actually many companies, that are working harder today than ever before to preserve quality in everything they make.

We feel that Whirlpool Corporation is such a company. And we feel it so strongly that we have dedicated our entire company to the preservation of quality. And that means more than just making quality dishwashers, dryers, automatic washers, refrigerators, freezers, ranges, compactors and air conditioners. We mean quality in everything we do.

That’s why in 1967 we initiated our Cool Line service. Toll-free help that’s available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan, 800-632-2243.

That’s why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That’s why we have a simplified letter warranty that’s easy to understand, easy to use.

That’s why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won’t let it die. It’s too important.

And it means too much to all of us.

Whirlpool
Home Appliances

We believe quality can be beautiful.
Your chance to own a professional quality hammer for about one-half of what you'd expect to pay. Whether you use a hammer full-time or only occasionally you'll appreciate the balance, swing, grip, the feel of this hammer every time you use it. The head is precision machined and properly crowned for full, direct driving power. Hollow fiberglass handle provides finer balance, absorbs more shock. So this Tru-Test Hammer won't wear out . . . or wear you out.

Get this "Bargain of the Month" now while supplies last at your participating True Value Hardware Store.
If it wasn’t for Winston, I wouldn’t smoke.

Taste isn’t everything. It’s the only thing. I smoke for pleasure. That’s spelled T-A-S-T-E.

That means Winston. Winston won’t give you a new image. All Winston will ever give me is taste.

A taste that’s very real. If a cigarette isn’t real, it isn’t anything. Winston is for real.

Collectible syrup jugs and sugar shakers

Clockwise from top, our collection of 19th-century pieces includes: opalescent “Big Daisy” syrup jug; vaseline glass opalescent “Spanish Lace” sugar shaker; blue opalescent spot-columned syrup jug; cranberry glass opalescent coin-spot sugar shaker with nine panels.

Your great-grandma probably used pretty pieces like these: jugs for pouring maple syrup on pancakes; shakers for dusting sugar on toast or muffins. Found in many American homes from the 1870s until World War I, these lacy glass containers are now popular collectors' items.—Rosemary L. Klein
THE BEST ADVERTISING FOR NEW MEOW MIX IS WORD OF MOUTH.

An ad can't tell you what a cat can.
And cats who've tasted Meow Mix™ have had one word for it. “Meow”. (See above.)

You see, Meow Mix is a whole new way to feed a cat. More than just a new variety of cat food, it's a cat food with real variety.

For the first time, a cat can get his three favorite flavors, tuna, liver and chicken, in one package. They're in separate bite-size morsels. The tuna is red, the liver is brown, the chicken is yellow. So they look as different as they taste.

And not only does a cat get the variety he craves, he also gets the nourishment he needs. Because Meow Mix contains all the protein, vitamins and minerals cats are known to need.

So now your cat doesn't have to wait till his next meal or change of taste, he can get it in his next bite. Which should keep him biting all day long.

But don't take our word for it, we'd rather you get it right from the cat's mouth.
Enjoy the old-time goodness of herbs

By Dorothy Lambert Brightbill

There's something especially rewarding about growing your own herbs: The tidy patches of green have a delicate beauty and fragrance you'll treasure. And more—your garden can yield a precious harvest of fresh chives and dill for cooking, dried sweet-smelling lavender and rosemary for making potpourri. My own garden, which you can see on the next page, was simple to grow, yet it's a never-ending source of pleasure to me. The chart below tells you how to grow and use my six favorite herbs.

For more about my garden, plus herb recipes, see page 86.

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Our bedroom coordinates bring indoors the joy, the vibrant color, the freshness of outdoors. Without making you pay dearly for it. Because at Pacific we take the high out of cost and put it back into living. “Paper Rose” sheets, ruffled or plain pillowcases to match. “Lauri” bedspread and matching drapes. In yellow and four other colors. Sheer curtains, full 5” bottom hem. In white and six other colors. Pacific Mills, (a division of M. Lowenstein & Sons), New York, N.Y.

Pacific®
THERE’S A WHOLE NEW WORLD OUT THERE.
My herb garden has a culinary area (above and below, left) and fragrance area (above and below, right).


Sequence of photographs, from left, first shows border of fragrance area with its artemisias, pinks and geraniums. Next, we look across garden from culinary area; I keep rosemary in pot so it can be brought indoors. Third, wild strawberries form border; fourth, fragrance area features lady's-mantle, geraniums.
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Q This buggy, which belongs to my father, is made mostly of wicker. The handle is brass and porcelain, with a bracket that holds an umbrella. There do not seem to be any markings on it—can you tell its age or origin?

M.J.—Sarcoxie, Mo.

A Not much has been written about carriages. Wicker examples like yours are generally from the late 19th or early 20th centuries. The interesting pattern on the wicker sides suggests that your carriage was very likely made before 1900. You might look carefully at the axle and wheels to see if there is a dated patent mark that will indicate to you the earliest possible date of the carriage’s manufacture.

Q Among the antiques I’m giving to my grandchildren is this unmarked earthenware teapot with “Rebecca at the Well” embossed on it. What can I tell them about the piece?

C.H.—Brazoria, Tex.

A “Rebecca at the Well” was widely used by American potters to ornament pitchers and teapots in the mid-1800s. Your example has the dark, mottled-glaze characteristic of Bennington Rockingham ware—named after two of its best-known centers of manufacture. This teapot could have been made by any of a number of potters active in the 19th century.

Q We believe the light fixtures in our house were made by Tiffany. Can you confirm from this example?

E.S.—Weehawken, N.J.

A The small, translucent glass pieces set in lead make your fixture resemble work by the Tiffany Studios. But they are generally associated with glass shades of more elaborate design—florals or geometries. Although it is known that Tiffany occasionally produced simple work, your piece was very likely produced by a contemporary competitor who was active about 1900—unless you can find a Tiffany mark on the metal.

(continued)
Oh, the disadvantages of our longer cigarette.

Benson & Hedges 100's


17 mg. "tar," 1.1 mg. nicotine, av per cigarette, FTC Report, Oct. 74.

Regular and Menthol
Don't you wait for septic tank or cesspool trouble to start. Use Rid-X now. 50¢ worth once a month can save you hundreds of dollars.

The Bodens are real people. Their cesspool really needed work. This picture was taken as it was being done. The job really cost $550.

It could happen to you! For years the Bodens were like most home owners. Their sewage system worked fine, so they ignored it. Meanwhile, trouble built underneath their feet until one day, it surfaced. They learned the hard way—when you see septic tank cesspool trouble, it may be too late.

That's why you should start using Rid-X now, before trouble starts. Today's modern detergents, bleaches and lyes can destroy the active bacteria your sewage system needs to work efficiently. Rid-X is a beneficial bacteria additive made to help reactivate that essential bacteria action; to help liquefy waste matter, oils and fats. Rid-X works to keep septic tanks and cesspools trouble-free.

Don't confuse Rid-X with liquid and caustic products to simply unclog drains. Rid-X is specially made to work inside septic tanks and cesspools. Just 5¢ worth, flushed down the toilet bowl once a month, can save you hundreds of dollars! Buy Rid-X today, at your hardware or food store.

SPECIAL COUPON OFFER.
Get a discount coupon worth 50¢ towards your purchase of Rid-X (it's like getting the first month's supply free) plus a free 16-page booklet on septic tank cesspool maintenance. Send name and address to Rid-X, P.O. Box 225, White Plains, N.Y. 10606.
19 ways
McCall's helps you be all
the women you are.

Here's just a sampling from recent issues of McCall's:
1. Sophia Loren tells why she's not afraid of aging
2. The revolt of the company wife
3. Marriages that make their own rules
4. New pregnancy test works just 6 to 8 days after conception—takes less than an hour to give results
5. Ten interesting jobs that don't require a degree
6. An expert solves "hopeless" skin problems
7. The real meaning of women's sexual fantasies
8. Rx for parents whose children take drugs
9. Marital infidelity: people who cheat, and people who don't, defend their positions
10. How parents can beat the high cost of college
11. What every woman should know about woman's most common operation
12. How Caroline Kennedy manages to lead a normal life
13. "Will my children still love me after the divorce?"
14. The 30-minute dinner that tastes like it took you all day to make
15. How to train yourself to spend less
16. Time-saving tips for working wives
17. Problems that sex in movies may be causing your teenagers—and how to clarify things for them
18. Low-calorie recipes for gourmets
19. Good Looks—a monthly column on what to do to look your best—gives you simple beauty aids which have worked for generations and still work today

Today's woman has so many sides to her personality, and is committed to so many activities, that she's often unable to deal with them all as well as she would like. That's why it's such a rewarding experience—and so helpful in the practical sense—to find your needs so beautifully answered in McCall's.

Every issue brings you the kind of expert opinion and assistance you can depend on—pages and pages on food, fashion, cosmetics, decorating, all of it beautifully illustrated. McCall's Cooking School gives step-by-step directions and photographs that turn even complicated recipes into "easy-as-pie" dishes. And, in addition, there's Julia Child's delightful blend of cooking advice and recipes. Fashion and beauty sections show you how to use the latest styles and cosmetics to enhance your own best features. And home decorating pages offer imaginative, professional ideas and suggestions for every room of the house.

Plus...there's Thalassa Cruso on gardening. Dr. Lee Salk's responses to readers' problems. Dorothy and Mary Rodgers: a mother's and daughter's points of view on everyday situations. Dr. William Nolen's Medicine and Health column. A lively newsletter full of current happenings on both the urban and suburban scenes. Plus aids for do-it-yourselfers...crafts for the hobbyist...tips for the careful shopper...and movie guides for the whole family. And when you just want to relax and enjoy some good reading, you'll turn to McCall's for some of the most interesting articles, interviews and fiction published today.

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Ingenuity by the sea in a beautiful California setting

By Muriel Davidson

There may be another store like The Carmel Bay Company, but if so, I haven't found it. Located in Carmel-by-the-sea, Calif., a hundred-odd miles south of San Francisco, the store is the absolute epicenter of an already fantastic shopping area set amid the rugged, incomparable scenery of the Pacific Ocean.

Owners Courtney and Howard Brunn sell such offbeat items as woven hats from The People's Republic of China, hand-crocheted hammocks from Nova Scotia, British railway signs (bearing messages like "Engines must not pass this point!"), Kurdish wedding rugs handmade by the bride and the groom, one-of-a-kind kitchen or bathroom cabinets handmade from almost-petritied Ponderosa pines that have lain on the forest floor in Oregon for up to 400 years.

The wares are so splendid that it's hard to pick a favorite. However, the Carmel Bay Company's most famous specialty is its wooden foundry forms. In their previous lives, these forms were used to pour molten steel. The Carmel Bay Company found them for sale for $5 when they were in Carmel, a world-famous center of art and artists, and who had painted it.

"patterns," as they are called, in warehouses, where they are usually about to be destroyed. He cleans them up, often by having them sandblasted, and sells them for $12 to $800. The smaller ones make intriguing wall sculptures. The larger, circular ones, ranging in diameter from two to nine feet, make smashing cocktail tables when mounted on sturdy pedestals and surmounted with glass tops.

If you're ever driving through beautiful Carmel-by-the-sea, pay a visit to the Brunns' store. And if you want to write them, they'll give special attention to all American Home readers. Address your letters to: Dept. AH, Carmel Bay Co., Corner of Ocean and Lincoln, Carmel, Calif. 93921.

Still in Carmel, my husband Bill and I went to have lunch at actor Clint Eastwood's restaurant, The Hog's Breath. I have to tell you that their Dirty Harryburger makes all other hamburgers taste like wood shavings.

The restaurant itself is full of nifty decorating ideas. Our favorites were the hanging-lamp creations of Joyce Kutchins, one of the restaurant's "waitperson." Joyce makes each of these out of a large clay flowerpot, strands of macramé and an extension cord with a light socket at one end. She threads the cord through the hole in the bottom of the pot, leaving the light socket inside. She then inverts the pot so it hangs upside down and works macramé in streamers down its sides, up the inside and up along the extension cord to help support the pot and conceal the cord. The cord then twists around a hook in the ceiling, and droops gracefully to an outlet. Some of Joyce's most exciting creations suspend a second flowerpot via macramé. The lower pot holds a plant, which basks in the light from above.

The beautiful Peruvian and African and Italian baskets I saw at The Carmel Bay Company gave me an idea for rectifying a long-neglected eyesore in our home—an ugly light fixture in the ceiling of the bedroom. I had been planning to have it ripped out and replaced with something very tasteful and very expensive—until I realized that you can use a really lovely basket for something other than displaying fruit or seashells or storing sewing necessities: You can make a lampshade.

It was simple work. Using a nail, I punched a tiny hole in the bottom of a shallow red/green/beige 25-inch-wide Nigerian basket. I then unscrewed the cap holding the existing white glass ceiling fixture in place and, holding the glass, attached the basket beneath it by slipping it up onto the screw, then putting the little cap back on. The basket curves upward, successfully and attractively hiding the ugly glass globe—and transforming the whole room.

My next basket project will be in the kitchen. I've found a deep Bolivian basket, loosely woven so that it will let more light shine through. I'm going to spray it a dark brown to match the wood cabinets and enjoy my neighbors' wonder when they see it—unique and warmly glowing—up on the ceiling.
I lost half of myself without taking diet pills.

By Donna Walker — as told to Ruth L. McCarthy

When I was 66 inches around, and 65 inches tall, even my favorite fat lady's store had a problem. I know, because at 278 pounds I wore the largest bloomers they had. And that's the only word for them - bloomers - even though I'm of the generation that usually refers to ladies' panties as briefs.

Fact is, the thought of having nothing to wear made me so panicky, I said to myself: "This is it! You've got to lose weight. Donna." Not that I was unaware of my size before. There were too many embarrassing reminders in my life for me to ignore my weight. For instance, at my fullest figure, I fit so snugly into a tub that the water was dammed up behind me when I pulled the plug out in front of me. And when I stood up in a shower stall, I couldn't even bend over to pick up a bar of soap. I was trapped by my appetite.

As for dresses, I had one - to go to work in. I washed it every night and every day for one whole year because it was the only dress that fit.

I think I ought to mention that chocolate and sweets were my undoing. But ironically, candy is what really helped me lose weight. Ayds® Reducing Plan Candy. I'd read ads about it in magazines and when I learned that Ayds contains vitamins and minerals, but no drugs, I thought maybe, at last, I'd found what I needed. I knew from past experience that diet pills, weekly reducing sessions and even a psychiatrist were not the answer for me. I needed something to help curb my appetite and my eternal craving for sweets.

So, I bought a box of chocolate fudge Ayds at the drug store and started on the plan in the fall. I took one or two Ayds about 15 minutes before each meal with a hot drink and it really helped me cut down on what I ate. And I ate regular meals, nothing special.

Right from the start, I had such a positive feeling about the Ayds plan. I took on a $50 bet from my friend's husband. He'd heard me talk about losing weight for 10 years, but never saw me do anything about it. So he figured it was going to be an easy win. Was he wrong! In the end, he had to pay up, because the weight came off.

Nobody really noticed it until I'd lost more than 50 pounds. You see, I hadn't bought any new clothes, so I was hidden under a lot of baggy pants and sacky tops. Then at Easter, when I'd taken off 78 pounds on the Ayds plan, I turned out in a new lavender pantsuit and everybody was amazed. I was thrilled, and more determined than ever to stick to the Ayds plan.

I guess, though, we never see ourselves as others do. Let me tell you about a remark my nephew made while I was still losing weight. He'd seen me at his sister's wedding, wearing a size 52 beige tent. Months after I'd been on the Ayds plan, I appeared at his wedding in a size 18 dress. He was so shocked, he said: "What were you wearing the last time I saw you - your beige Volkswagen?" Funny. I knew I was fat, but not that fat.

How long did it take me to lose 142 pounds on the Ayds plan? Just about a year, and now I can do things I never could before. For the first time, believe it or not, I can cross my legs - like a lady. I can also see all of me in a mirror. And I can even climb up a pool ladder without fear of breaking it.

On the serious side, my teenage nieces and nephews are now proud to introduce me as their aunt. In fact, everybody is a lot happier with me, now that I'm only $7½ inches around. Which makes me forever grateful for the Ayds plan.

### BEFORE AND AFTER MEASUREMENTS

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Inflation is upon us; but while Americans are spending less money on cars and traveling, and new-home building has screeched to a virtual halt, there has been an unprecedented upsurge in spending on redecorating and remodeling. Why this growing interest in our homes? *American Home* editors see it as a turning-inward toward the family, a rejection of the problems of modern living. No question; home is the place to be in 1975!

And as families remodel and redecorate, they’re showing their true colors: more sophisticated than ever before—less bound by tradition and archaic decorating rules. After meeting at length with a group of industry leaders (see below), our editors concluded that these are today’s furnishings trends:

1. **More and more women are demanding home furnishings** that are easy to care for. This doesn’t mean gracious living is on the way out. We can have it both ways with items like:
   - Lush velvet upholstery in indestructible Herculon fiber (Collins and Aikman);
   - Romantic, traditional flatware patterns in practical stainless steel (Oneida, Supreme, Northland);
   - Crystal-look serving bowls and platters that go from freezer to oven to table (Pyrex by Corning);
   - Period patterns, usually found on delicate china, now appearing on new miracle materials (Corning’s Corelle, Oneida’s Melamine);
   - Washable suedes, available for upholstering and slip-covering (Contemporary Hides, Costa Mesa, Calif.).

2. **Busy women want furnishings** that are uncluttered and simple. Opting for things that would once have been considered “masculine,” they are putting the emphasis on practicality, clear colors and clean lines, as in their choice of fabrics:
   - J.P. Stevens’ “Century 20,” a hard-edge geometric in pastels;
   - Wamsutta’s “Turtle Flowers,” a floral with a neat, win...
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On those occasional nights when you have trouble falling asleep, try Comp'oz and wake up more relaxed and refreshed the next morning.

Comp'oz isn't an ordinary sleeping pill. Comp'oz has no barbiturates. It is not habit forming. So with Comp'oz you wake up more refreshed without that groggy feeling.

Most important, Comp'oz is famous for relieving the simple nervous tension that can keep you from falling asleep. It simply relaxes and unwinds you, so your body is able to fall asleep as naturally as possible.

And the more naturally you sleep, the better you feel the next morning.

No matter what sleeping pills you may have tried in the past, see how the Comp'oz way may help you wake up more relaxed and refreshed tomorrow.

Sleep relaxed
Wake refreshed
Take Comp'oz®

1. Do relaxing exercises starting with your toes.
2. Drink warm milk.
3. Sleep at the other end of the bed.
4. Take Comp'oz.

On those occasional nights when you have trouble falling asleep, try Comp'oz and wake up more relaxed and refreshed the next morning.

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No matter what sleeping pills you may have tried in the past, see how the Comp'oz way may help you wake up more relaxed and refreshed tomorrow.
Look over our white-wine choices for your everyday enjoyment.

California's white wines, which sing with the glowing charms of youth, are ideal accompaniments to the cheese and dairy menus featured on our food pages this month. Unlike some red wines, most whites do not need much bottle age to show off their winning traits, and many are delightful to drink without any bottle aging. Some do acquire a finesse worthy of special occasions when given another year or so of bottle age, but these are not the wines we'll discuss. Our choices are pleasant wines for your everyday table. They spark the appetite before a meal and complement a luncheon, dinner or Sunday-night supper featuring any of our cheese or other dairy-case inspired dishes.

Remember that white wines should be served chilled, and the wines that are light in body often taste better if they are chilled well. Many of these wines are blends—or generics, as they are known in the wine-lover's world; others are varietals. The wines we have selected are sensibly priced; the figures indicated are the fair-trade prices when last checked in California.

Notable among the non-vintage Chablis blends is the Almadén Mountain White Chablis, which has a soft color, is dryish and crisp ($1.67 a fifth, $3.34 a half-gallon, $5.91 a gallon). Another good buy is the Della Casa Chablis ($2.85 a half-gallon, $5.25 a gallon), which has a pleasant nose and taste. Cribari Chablis ($2.09 a half-gallon, $3.59 a gallon) offers a clean dry wine. CK Mondavi Chablis is excellent ($3.18 a half-gallon, $5.50 a gallon), delicately gold in color, sprightly on the palate. The Paul Masson Chablis ($2.15 a fifth, $3.75 a half-gallon) is truly dependable, with fresh nose and zestful taste. Good for lunch is the Christian Brothers' Chablis ($4.79 a half-gallon), flowery in fragrance and mellow in body. Weibel's Classic Chablis ($2.79 a magnum, the equivalent of two fifths) offers a pale yellow color, an unusual nutlike nose, and a delightfully bouncy taste. Kobel's Mountain Chablis ($3.85 a half-gallon) has a rich moon-glow hue, bright nose and good body. E & J Gallo's Chablis Blanc ($1.39 a fifth, $2.79 a half-gallon, $4.99 a gallon) is consistently pleasant, and has a mellowness that is reminiscent of a Chenin Blanc.

For those of you who enjoy a mellow wine, the Rhine wine of Christian Brothers ($2.15 a fifth, $4.79 a half-gallon) offers a deep color, head fragrance and fruity mellowness.

Quite recently, Winemaker's Guild marketed a group of fairly priced wines that you'd be wise to befriend. Some are generics, others are varietals—and all are impressive in their quality and value. They are available in many areas of the country, but if you cannot find them at your wine shop or market, you're do well, in terms of budget, to ask your wine merchant to order them especially for you.

The Winemaker's Guild Chenin Blanc ($2.15 a fifth) has a lovely aroma, is soft and easy to drink—a good buy. The Winemaker's Guild Rhine wine ($1.49 a fifth) has a nose that recalls blossoms in spring; it is pale in color, drier than most California Rhine wines with a crisply aftertaste. The Winemaker's Guild Mountain Chablis ($1.49) is also pleasant, as is the French Colombard ($2.15), which offers an attractive fruitiness.

From Wente Brothers, Le Blanc ($2.50 a fifth) is medium-dry and fruity. And the Inglenook Navaill French Colombard ($1.89) has a lightly mellow taste. Concannon Chablis ($2.50) is always right there, dependable as the sunrise: lovely color, round body, suave aftertaste.

If you enjoy wine with dessert, the Christian Brothers Sauterne ($2.15 a fifth, $4.79 a half-gallon) makes sweet finish to a meal. Deep gold, with a rich nose and body, it may also be poured over fresh fruit or ice-cream.

White wines offer beguiling refreshment all through a meal; they can also be sipable aperitifs as well as spritzers which are popular in Europe. To make a spritzer, pour equal parts white wine and club soda over ice—this is especially refreshing when you crave something light to drink.

—George Crist
Save on the prettiest, cutest planters ever! Each is whimsically detailed and handsomely crafted of brilliantly colored, high-gloss glazed ceramic. There's an adorable pink elephant to brighten table, shelf or mantle and four delightful "animal friends" complete with sisal cords for your hanging plants: a honey of a gray-and-pink bunny...a 2-toned green turtle...a wise 'n wonderful brown owl with huge white-rimmed eyes...and a frisky green frog handsome enough to turn into a prince! Each planter is approximately 3½” deep and 5” long and is both leakproof and rustproof.

**LIMITED SUPPLIES—SALE ENDS SOON**
We urge that you order at once before sale ends. No limit on quantities while supplies last, so stock up now for gifts and to beautify every room in your home.

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8118 Greenland Building, Miami, Florida 33059

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**MAIL MONEY-BACK-GUARANTEE COUPON TODAY**

**GREENLAND STUDIOS**
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Rush Animal Planters indicated below @ only $2.49 each or all 5 for $9.99. Enclosed is check or m.o. for $ ____________

- 14078 Owl
- 16301 Bunny
- 16303 Elephant
- 16302 Turtle
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Add $1.50 postage & handling for 2 or more planters, (when you order all 5, you save $2.46 on planters and $2.25 on postage for a total of $4.71)

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26

America's canine population explosion is almost out of control. In the next 24 hours alone, a minimum of 60,000 new pups will be born. About 36,000 of them will be whelped under normal conditions—meaning they'll have some creature comforts and humane care—and will augment the ranks of our pet dogs, estimated at 36 million strong. The other 24,000 pups will be whelped under abnormal conditions, meaning that their parents are unwanted strays or feral dogs. The grand total of ownerless, adult canines is about 15 million. Of the pups that survive, the strays may or may not make good pets; the feral pups are hopeless.

Today, one out of every four American families owns at least one pet dog. The only real hope of controlling the canine population rests with these owners, but the great majority of them are not particularly interested in curbing the breeding activities of their pets, even when the alternative is unwanted pups. We would be overrun by dogs right now were it not for certain sad facts: About 10 million dogs a year die of natural causes or highway accidents; and civic and private animal shelters, unable to find homes for more than 10 percent of their unwanted pups and adults, must destroy an additional 12 million dogs each year.

Companies and foundations have been devoting increasingly more time and money to the search for simpler ways of controlling accidental and unwanted breeding. To date, surgery remains the most accepted method. A spayed bitch cannot conceive pups, and a castrated male can never sire them. But the trouble with surgery is that, once accomplished, there is no reversible or corrective surgery. This fact, combined with the bitter truth that surgery costs money, has spelled discouragement for many dog owners, no matter how enlightened.

Depending on where the owner lives and the age and condition of the bitch, spaying runs from about $50 to $100 or more—often in excess of the purchase price of the bitch as a pup. Castration is a simpler matter, and veterinarians charge less. Still, even a low $25 would be an inhibiting factor for millions of dog owners. Recognizing this, and in the hope of encouraging owners who have no desire or reason to breed their pets, some communities have already launched low-cost, spay/neuter clinics—and more are in the works. To date, the Los Angeles clinic has been the most successful, because it is partially underwritten by tax dollars. But the clinics have not caused rejoicing in veterinary circles. The vets point out that most of the owners taking advantage of budget-priced offers can afford standard fees, and that thus far none of the clinics is located in gheto areas, where they are needed.

A great number of owners object to surgery for reasons other than its finality and cost. An army of dog lovers believes in the myth that a spayed bitch will become fat and lazy and not enjoy longevity. Some owners hold that spaying is immoral, or that it is against their religion, as if the bitch attended church on a regular basis. And many owners argue that every dog has a right to lead a full, normal life. A full life for the bitch, of course, includes the right to run free, even when she is in season; and when the unwanted pups come along, there's no one to blame but the male dogs who have also been leading a full life.

If allowed to roam, males should be castrated. But the owner of a male is usually proud of his dog's virility, doesn't feel at all responsible about the pups and often argues—with justification—that castration, to be effective in a given locale, must be universal. Ten males can get 10 bitches in season into domestic trouble; but if nine were castrated, the one whole male might well have the stamina to take care of all the "ladies."

Surgery as a means of controlling breeding has been around for a long time. It has never been proven enough to prove totally effective, and there is no hope that it will ever be. What is needed is a means to control canine births that is low in cost, reversible and easy to use. (continued on page 70)

Official Rules for the Prime Is Meaty Sweepstakes

1. All entries must be accompanied by the starred (★) price area from a box of Gaines Prime or Prime Variety, OR the word PRIME printed in block letters on a 3" x 5" card. Print your name and address on entry blank or card and mail to: PRIME IS MEATY SWEEPSTAKES, P.O. BOX 5013, Kankakee, Illinois 60901.

2. No purchase is required.


4. Winners will be determined in one random blindfold drawing from all entries received prior to deadline. In the event any winner or winners decline winning prizes, or if for any other reason all prizes cannot be awarded after the initial drawing, a supplemental drawing or drawings will be held to award all remaining prizes. Drawing will be conducted by independent judges...Schneider & Associates whose decision is final. Each entry has an equal chance of winning...there are no predetermined winners.

5. Your chances of winning are dependent on, and will vary with the actual number of entries received. Entry blanks will be distributed to a maximum of 110,000,000 households. The geographic area of this sweepstakes is nationwide, with exceptions noted below. All prizes will be awarded; only one prize will be awarded to any one person or household. List of winners will be available on request to: Winners' List, P.O. Box 3139, Kankakee, Illinois 60901.

6. The Prime Is Meaty Sweepstakes drawing will be held on September 16, 1975. Prizes will be awarded as soon as compliance of winning entries with these rules is verified. In order to be awarded a prize, winning participants must be available at the addresses shown on their entry blanks; or they must furnish a proper forwarding address to sweepstakes officials prior to the date of the drawing.

7. No substitution of prizes will be permitted. In the event a prize winner declines to accept a listed prize, winning participants must be available at the addresses shown on their entry blanks, or they must furnish a proper forwarding address to sweepstakes officials prior to the date of the drawing.

8. This sweepstakes is not open to the employees (or their families) of General Foods Corporation, its advertising agencies, subsidiaries or affiliates, or Schneider & Associates.

9. Federal, state, and local regulations, if any, apply. Sweepstakes not open to residents of Georgia, Idaho, Missouri, and the state of Washington and not available in any locality where taxed, restricted or prohibited by law.

Mail to:
Prime Is Meaty Sweepstakes
P.O. Box 5013
Kankakee, Illinois 60901

I've enclosed the starred (★) price area from a box of Gaines Prime® or Prime Variety dog food OR I've enclosed the word PRIME printed in block letters on a 3" x 5" card.

Address:

State ZIP

Official Entry Blank
The Prime Is Meaty Sweepstakes. It's our way of telling you Gaines Prime* and Prime Variety* dog foods are made with real meat plus meaty by-products, vegetables and other nutrients.

The Prime Is Meaty Sweepstakes is our way of telling you Gaines Prime and Prime Variety are meaty and delicious.

The Beef flavor contains real red meat. The Chicken flavor, real tasty chicken. The Liver flavor, real hearty liver.

The Prime Is Meaty Sweepstakes. Enter today. The prizes are listed below:

1 First Prize. We will pay your meat bills and your dog food bills for 5 years. At a bank of your choice, we will open a trust account for $7080 which will pay you $118.00 a month for 5 years, enough, we project, to buy meat for a family of four* and Gaines Prime and Prime Variety for a 40-lb. dog for 5 years.

50 Second Prizes. We will give you a check for $118.00, enough to buy meat for a family of four* and Gaines Prime and Prime Variety for a 40-lb. dog for a month.

500 Third Prizes. We will give you a check for $29.50, enough to buy meat for a family of four* and Gaines Prime and Prime Variety for a 40-lb. dog for a week.

(See rules on opposite page.)
More than 100 women inspired our "100-Plus Idea House"

By Jane Randolph Cary

The house, completed a few months ago, is in Irving, Tex., part of metropolitan Dallas.

The best way to learn what women want—and don't want—in a house is to ask them. American Home did just that at a home-planning seminar held in Washington, D.C., last spring. Our "consultants" were members of the National Association of Home Builders Women's Auxiliary who are not only homemakers but wives of builders and, in many instances, builders themselves. Their objective and ours was to develop ideas for a livable, enjoyable home that would not only save energy in the form of fuel, but would also conserve the energy of the housewife and the family. Their suggestions led to our "100-Plus Idea House," which you see here and in colorful detail on pages 41-49. It was built by the Home & Apartment Builders Association of Metropolitan Dallas.

"In designing this house," a spokes­woman said, "we are aware of the changing lifestyle of today's homeowner. While we stress energy conservation, we don't mean to eliminate the conveniences we all enjoy. Rather, we hope to show that with proper building techniques and homeowner use, these luxuries can be energy-saving."

Our consultants reasoned, for example, that a fluorescent lighting system would be more economical than a conventional incandescent one. They were right. The savings for this house will amount to 45 percent annually (based on the national average of 3 cents a kilowatt hour). This was computed by the experts at General Electric's lighting division who planned the system. Deluxe color fluorescent tubes with special shields and diffusers were suggested for eight major locations in the house. (Watt for watt, these tubes produce four times more light than incandescents.) Deluxe warm white was advised for all areas except the kitchen. Here the choice was deluxe cool white because it is particularly effective with cool colors such as blue—the kitchen's dominant color.

How can a family save fuel and still have an adequate supply of hot water? Our consultants knew the answer to that, too. They recommended the Ultraflo system. It centrally pre-mixes and delivers water to the faucet at just the right temperature, eliminating the need to keep water running until it's hot, or cool, enough. Furthermore, this system uses half the usual amount of copper tubing—a plus on the side of metal conservation.

Still more practical ideas flowed from the group. They, more than the average homeowner, know the true value of proper insulation as a fuel-saver. As a result, this house has six inches of insulation in the ceilings and four inches in the walls. The women wanted, and got, Andersen's high-quality vinyl-clad wood gliding doors and windows with double-glazed insulating glass.

Judicious structural details can also cut fuel costs, they noted. For that reason, the house is designed with wide roof overhangs for shading against strong sunlight. And because the house is in Texas where sunlight is especially brilliant, they asked the builders to avoid reflective concrete patios or walk-ways on the south, east and west sides of the house.

Although they left basic design to the architect and builders, our planners did indicate that a contemporary one-level house of three or four bedrooms and two-and-a-half baths would be an acceptable choice for the Texas location. Within these fairly flexible guidelines, the designers created an attractive nine-room, 2,600-square-foot house comprising two rectangular wings with individual roof lines, and a separate carport. To save ground space, the builders mounted the air-conditioning system on the roof of the house, concealing it within two boxlike structures. A similar enclosure sits atop the carport for visual balance and consistency.

Since our homemaker-planners wanted natural materials used on the exterior, the designers opted for light-reflecting pale brick with inserts of grooved exterior siding set on the diagonal. They balanced this smoothness with textured low-profile hipped roofs of cedar shingles.

Giving the design a going-over

"This will be a house by and for women who spend much of their time homemaking," So proclaimed our planning experts, members of the NAHB Women's Auxiliary. Meeting in May '74, they gave us the benefit of their knowledge and experience to help create the "100-Plus Idea House" we feature in this issue.
Lifestyle ’76. An elegant island bath dramatically interpreted in our richest, warmest, bathroom fixture color yet—Americana Brown. This easy-to-live-with new earthtone takes to almost any accent color. Makes perfect harmony with bone or beige. And it’s beautifully at home in an apartment, country retreat or anywhere in between. The look is total elegance. You can have it now. Each fixture and fitting shown is available from your American-Standard plumbing contractor. You’ll find him in the Yellow Pages. Whatever your lifestyle, we’ve got great ideas for you.

Please send me your complete Bathroom Planning Kit including the 192-page Homemaker’s Guide. I enclose $2.00.

Name
Address
City
State Zip

Mail to: American-Standard, P.O. Box 2019
New Brunswick, New Jersey 08903
Our panel of experts gave us some excellent advice about details and features inside the house, too. “Most homes don’t have enough space for sewing and doing the laundry,” they said, and requested a room big enough for both. This set off a flurry of suggestions that led to the spacious laundry/sewing room you see at right, a cheerful, well-lighted and ventilated housekeeping center complete with automatic washer and dryer, cabinets, counters, open shelves, a closet and a built-in ironing board.

Being family-oriented, our advisers recognized the importance of an attractive and well-planned kitchen for every American home. This one (pages 44-45) follows the flowing line of a rounded U-shape with appliances selected and strategically located to save steps and time. You’ll note the frost-free refrigerator-freezer with ice-maker; built-in food preparation center; double-bowl stainless-steel sink with food-waste disposer; trash compactor; automatic dishwasher; glass-ceramic cooktop range; built-in microwave oven and self-cleaning wall ovens. All cabinets and counters are surfaced in durable wipe-clean plastic laminate. One corner of the kitchen, on the side adjacent to the family room, is entirely open from counter to ceiling. A handy breakfast bar is another step-saving plus.


When you add it all up, GE's fluorescent lighting really looks beautiful.

General Electric has helped the Women's Auxiliary of the National Association of Home Builders take the first step in changing the way Americans light their homes.

Because the main source of lighting in the Dallas demonstration house, shown above, is GE fluorescent.

"Wait a minute," you might say; "fluorescent lighting may be more efficient, but it's not very homey."

Well, look at those pictures and captions again. Not only are the money savings nice to see. We think the rooms are nice to see, too.

Indeed, fluorescent lighting can save you money on electricity. In fact, in this home it is 45% less expensive to operate than comparable incandescent lighting.

How did we get this home to look so homey? Three ways. By using fluorescent as the main light source and filling in with incandescent lamps where needed. By placing the fluorescent fixtures discreetly. And by using two different kinds of GE fluorescent. Deluxe Warm White and Deluxe Cool White. Whichever went best with the room color or function.

So if you're thinking of building a new home or want to improve your present one, consider GE fluorescent. It will make you feel smart. *And* comfortable.

GENERAL ELECTRIC
You can order plans for our "Idea House"

Complete working drawings of this house, described on the preceding pages and pictured on pages 41-49, are available to AH readers. Or, if you prefer, you can order plans for just the kitchen and laundry/sewing room. All drawings are packed with ideas to use or adapt, no matter what size your home—or future home—is.

Plans for our kitchen-in-the-round have sections showing how corner spaces are utilized, plus details of wet-bar cabinetry, equipment placement.

Laundry/sewing room plans are fully detailed, with sections and elevations of wall and counter units, sewing table, open shelves and closet.

Nine rooms, comprising 2,600 square feet, plus separate carport add up to our unique, one-level "100-Plus Idea House". Among its energy-savers are two individual heating and cooling zones that operate only when needed.
Our classic 1890 Rocker in Antique Brass and button-tufted vinyls. It's part of an exclusive collection you can see in Arnold Palmer's home. And fine stores everywhere.

Woodard

It's more than furniture, it's a way of life.

"Let's see you get out of this trap, Mr. Palmer."

For color catalogs, decorating ideas and the name of the store near you that carries Woodard indoor and outdoor furniture, send $1.00 to Woodard, Dept. HG-25, Owosso, Michigan 48867.
Easy cross-stitch sampler kits

Garden-fresh mottoes combine with old-fashioned charm

Our cheerful “All the Flowers” sampler will make the perfect decorative accent for your home. The design measures 14 by 18 inches and is stamped on 100-percent linen; kit includes embroidery thread and complete, simple instructions. Handmade, hand-finished bronze-edged frame is available.

A.H. Specialties—American Home Kits
Dept. 3-375, P.O. Box 1400, West Englewood, N.J. 07666

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<th>Item Number</th>
<th>Description</th>
<th>Quantity</th>
<th>Price (excluding tax)</th>
<th>Postage and Handling (excluding tax)</th>
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<td>#0969/F0</td>
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<td>“Yours is the earth” kit(s)</td>
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<td>$ .60</td>
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Please make check or money order payable to A.H. Specialties—American Home Kits. Items shipped to Canada are subject to Canadian tariff. Allow up to four weeks for delivery.

A.F. Specialties—American Home Kits
Dept. 3-375, Vendor: A.H. Specialties, 689 Front St., Teaneck, N.J. 07666

Cross-stitch this pretty pair of samplers. “Reap Rich Harvests” features fruits; “Yours is the earth,” vegetables. Both are 11 by 14 inches; kits have materials, instructions. Frames are available.
Those Dallas Idea House cabinets... here's the inside story.

Athena hardwood cabinet interiors were used throughout the Dallas Idea House.

Because Athena excellence is more than skin deep.

And since they are the top of our line, all sorts of luxury features are included.

Such as pull-out cutting tables made of thick edge grain Maple, after the fashion of a chopping block.

Like huge lazy susan storage units where contents are within easy reach at all times.

And fine furniture construction with hand fitted doors and drawers that open and close smoothly.

Since we expect our cabinets to be used, our beautiful finishes resist water, food, alcohol, grease, soap and detergent spills.

Your choice of Black Walnut, Cherry, Chestnut, Poppy, Harvest Gold, Avocado or Antique Imperial White, inside and out.

Because of its versatility, Athena fits well in family rooms, dining rooms, baths and laundry rooms, too.

For still more information about Athena... or any of our less expensive lines... contact your Yorktowne distributor.

Or, write Yorktowne, Red Lion, Pennsylvania 17356. Makers of fine kitchen cabinets since 1936.
THE KITCHEN IS IN THE FUTURE.
THE GE APPLIANCES CAN BE YOURS NOW.

In the future, you may have curved ceilings in your kitchen, walls that play music, a closed-circuit TV picture of the nursery, lights that turn off when you leave the kitchen, an intercom system to the family car, and a communication center control panel.

But the GE kitchen and laundry appliances you buy today will continue to be a source of pride to you because these GE appliances have exciting, advanced features.

Outstanding Service. Every GE major appliance is backed by General Electric Customer Care... Service Everywhere." This means that wherever your home is located in the continental U.S.A., there’ll be a qualified GE serviceman nearby. America's #1 major appliance value.

New Trash Compactor Saves You Time and Work. With a GE Compactor and disposer, you won't have messy trash cans to clean, and a week's trash accumulation (for the average family of 4) is reduced to one neat disposable bag.

A Quiet Disposal® Food Waste Disposer. The entire unit literally floats in synthetic rubber to reduce noise and vibration. All parts exposed to water are made of stainless steel or corrosion-resistant material.

Two Built-In Ovens. You get two built-in, big-window ovens, both with P-78® self-cleaning systems. The upper oven has an electronic meat thermometer and rotisserie with spit and rack. Heavy insulation provides better efficiency and helps keep the kitchen cool.
The Load-it-Once and Forget-It Washer. GE's Dispensall® Washer releases pre-wash, detergent, bleach and fabric softener automatically, at the right time with no messy dilution. There's a Mini-Basket® too, for your fragile things.

A Dryer That Lets Clothes Iron Out Wrinkles. Extra-large capacity can mean fewer wrinkles. And there's a special fabric selector and permanent press cycle to match fabrics with the right temperature.

The Range Hood With A Night-Light. Featuring a dimmer night-light and 2-speed fan, GE hoods come in an array of colors to match GE ranges or cooktops.

Cooktop In The Counter. The sleek Cleanline™ built-in cooktop is a smooth, glass-ceramic cooking panel that adds glamor to any kitchen. Spills are easy to clean up. And it becomes extra counter space when cool.

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The Range Hood With A Night-Light. Featuring a dimmer night-light and 2-speed fan, GE hoods come in an array of colors to match GE ranges or cooktops.

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Enclosed is $2.00 for your 64-page book, Creative Kitchens & Laundry.

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Antiques stores offer a wide assortment of animals and birds done in ceramics, metal, wood or glass. And while pieces such as the German porcelain dogs of the 1740s sell for $30,000 and more, you'll find many mini creatures—dating from about 1840—that cost much less. The cast-metal camel inkwell above, for instance, is about 100 years old and sells for $100. You'll also find very old Mexican pottery animals selling at affordable prices.

If you care about quality, avoid the copy and look for a piece that was modern when new. You can tell: Copies are made quickly, with details omitted and colors applied sparingly. Translucent porcelain and opaque pottery are popular media for antique animals and birds. You'll find many more reproductions than you will in other media, but still, opportunities for amusing unsigned renderings—of dogs and other animals—done by the lesser-known sculptors. You may also come across bronze dogs of the 1920s and '30s that are highly stylized in the Art Deco fashion; these make interesting buys. Sculptors in bronze sometimes colored their work; this little hound has been painted brown and adorned with a cheerful red-and-green collar. You'll see other examples that have been given a green patina to make them seem more like ancient bronzes. Look for some realism in the bronze dogs you consider, but do not expect to find the strength and character of major realistic sculptures. These have been known to sell for hundreds—even thousands—of dollars.

$25 is a bargain price for this miniature bronze dachshund. Many bronze dogs by well-known 19th-century sculptors were strongly realistic, unlike this delightful late, turn-of-the-century example. Actually, to find a bargain, you'll have to look among the many amusing unsigned renderings—of dogs and other animals—done by the lesser-known sculptors. You may also come across bronze dogs of the 1920s and '30s that are highly stylized in the Art Deco fashion; these make interesting buys. Sculptors in bronze sometimes colored their work; this little hound has been painted brown and adorned with a cheerful red-and-green collar. You'll see other examples that have been given a green patina to make them seem more like ancient bronzes. Look for some realism in the bronze dogs you consider, but do not expect to find the strength and character of major realistic sculptures. These have been known to sell for hundreds—even thousands—of dollars.

$30 is a fair price for this pressed-glass lion, the kind of animal glass manufacturers produced in great variety in the 19th century. Some of the animals, like this one, were made of solid glass and were purely decorative. Others were hollow and invariably made as covers for bowls or tureens. Pieces like the lion were mass-produced, but are still reminiscent of the work of folk artists. This particular fellow was made approximately in the 1860s or a bit later.

$40 is what you'd pay for this lovely wooden decoy of a long-billed roadrunner. Wooden decoys of the 19th and early 20th centuries range from very simple and practical to relatively lifelike versions of the hunter's prey. While there is some discussion as to what best lures ducks and other hunted fowl, it's apparent that people are attracted to the more fanciful decoy versions. Works by famous carvers are priced at hundreds of dollars, but those by unknown makers can cost as little as $20. This decoy, made about 1900, has enough style to command more than the minimum price.

$50 is the price tag on this spaniel doorstop. Spaniels that looked "human" enough to talk were made popular by illustrators in the 1880s, and this annoyed-looking pet, made about that time, certainly has personality appeal. He's cast iron, heavy enough to hold back a door, yet small enough (about 11 inches high) to sit on a shelf. Cast-iron animals proliferated between the 1850s and the 1920s; you should find plenty to select from in antiques stores. This example is quite flat; many similar creatures were more rounded; some, even close to life size, were used as garden decorations.

$60 is a good price for this terracotta turtle whistle, made in Mexico about A.D. 700. Just three inches long, it is one of the many forms to be used as whistles, and very likely it had a ritual significance, although we can't be sure. Even without knowing just how the whistle was used, we can see that it is appealing as an example of simple but strongly schematic sculptural pottery. Its big head is rendered convincingly with few lines. Ancient Mexican dog whistles were the more common form, but they are also a breed for the buyer to be wary of, since many have been reproduced, and the one you find just may be a fake.

—Marvin D. Schwartz
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BY LADY SCOTT.

IT'S ONE WHITE NICER.

LADY SCOTT.
Design bonanza: "100-Plus Idea House"

By Helene Brown

Here's your dream house come true. Inspired by the Women's Auxiliary of the National Association of Home Builders and AH, this Dallas beauty was built and decorated to suit what women want in a home—with energy-saving ideas and conveniences for you.

Living room creates a magnificent setting, a medley of cream and white, pale woods, brass accents.
Beautiful, practical—a house any family would love living in

By design, this spacious one-level house opens graciously from a center hall that links two carefully planned rectangular living areas. One wing comprises living room, master bedroom and bath, study/guest room; the other houses all the daytime living spaces plus two children’s bedrooms.

Dining room is patterned with an overscaled paisley wallpaper and matching fabric that have just enough color and impact to complement the wood tones of table and chairs and the rustic ceramic-tile floor.
Family room, hub of home life, has a relaxed atmosphere. Dark paneled walls and warm brick fireplace wall create an inviting background for traditional furnishings updated with lively plaids and prints. Orange polished-cotton draperies, pretty needlepoint, afghans and patchwork add bright accents. Bookcase wall is a splendid entertainment center—for TV and stereo as well as books.

Because of the house's well-defined traffic patterns, our decorating begins with the floors. Handsome hexagonal ceramic tile floors flow from foyer into dining room and down a hall toward other rooms in "daytime wing." Rooms in "nighttime wing" are carpeted. Beige-and-brown theme, repeating exterior scheme, unifies both areas.

continued
Curving idea-packed family kitchen

Spectacular kitchen-in-the-round was the brainchild of William J. Ketcham of General Electric's Kitchen and Design Department, who packed the utmost into 12-by-12-foot 8-inch space. Two wall ovens and a built-in microwave oven ease the pressure of entertaining. Cooking surface is a quick-cleaning cooktop. GE's newest dishwasher is soundproof—and even does pots and pans. Other kitchen marvels include trash compactor, disposer and a refrigerator with a door dispenser for crushed ice and cubes.

Large pass-through connects one end of the kitchen to the family room (right). White brick-patterned vinyl flooring banded with bright blue strips echoes vivacious flowered wallpaper (above). Country-look ladder-back chairs surround GE's Textolite “washable” butcher-block tabletop, which doubles as extra work surface and setup for family dining.
In spacious master bedroom (above and right) ripe peach is the luscious color that envelopes the setting. Behind seating area sliding glass doors that open to patio provide a sunny daytime view. For privacy woven wood shades, framed by brown-and-peach polished-cotton draperies, are rolled down. Headboard is gilt-covered metal with antique-brass look.

Lush master bath (below) is a shimmery room that's almost all mirrored. Ceiling is a lacy pattern of leaves and flowers on silver foil to further the open feeling. Lacquered cabinets and carpeting carry out color theme of bedroom. Double sinks and sunken tub, by American Standard, are gracious modern conveniences.
Separate master bedroom wing to give the grown-ups a place of their own

The master bedroom and bath, plus adjoining study/guest room, create a separate wing designed to give the adults in the family a private domain. And the rooms are multipurpose. The bedroom has a Parsons table that's both night table and desk, with comfortable seating for two tucked cozily in one corner. In the study/guest room a luxurious L-shaped sofa opens to sleep two. The wall unit has storage space as well as a drop-down desk for correspondence and family bookkeeping.

Inviting wood-paneled study/guest room is a serene monochromatic retreat for relaxing or reading. Sectional sofa lining two walls is covered in lush wide-wale chocolate-brown corduroy. Pale woods of knotty pecan and burl, rough-textured natural wicker and shiny steel add light, contemporary touches.
Making the most of spaces

Using every area of the house to its fullest, outside and in, was one requirement of the Women's Auxiliary. For details about our space-conscious design, plus how to order house plans, see page 28.

Plaid and flowered sheets are used in girl's room—on walls and laminated window shade, and also on bed.
Easy care is important in areas subject to wear and tear.
In boy's room (right) special-finish furnishings and flooring require almost no maintenance, and bunk beds free the room for play. Laundry/ Sewing room (right, center) has a niche for every necessity—plus a desk surface that's perfect for flower arranging. Outdoor furniture (right, bottom) has weather-resistant finish.

Complete list of "100-Plus Idea House" furnishings, building materials and sources begins on page 30.
Photographs by Meris/Semel
Stitch a pillow

Make this plump, dreamy quilt in a twinkling, using the colors and patterns that strike your own special fancy. All you do is fill and sew a collection of soft pillow puffs, then
assemble them into a colorful patchwork. Choose inexpensive, washable fabrics like the solid-color polished cottons and cotton prints used here. You'll find easy directions on page 76. —Ann B. Bradley
Meet the Michael Landons

By Muriel Davidson

Michael Landon's "Big House in Beverly Hills" is a far cry from the "Little House on the Prairie" featured in his hit TV series. But, says the former "Bonanza" star, he and Lynn and their six lively children "really live in this house—we don't just look at it."

The Landons' house of contrasts: stained-glass window over stairway (above); marble fireplace in living room (left); crystal, gilt and velvet in dining room (bottom, left); old wood privy (below) built into "Bonanza Room" (opposite). There, John, 15, and Leslie, 12, flank Lynn; Mike and Shawna, 3, share a chair made from old horseshoes.
More about the Landons and their home, page 73
From the dairy case...

Take a package of

Refrigerated Biscuits

Pick them plain or buttermilk-flavored, round or crescent-shaped, regular or extra-large size. Refrigerator biscuits deliver enough versatility to make them a worthwhile buy.

Refrigerated biscuits continue to be the miracle in the dairy case. With a surprising "pop," the cardboard tube twists open to reveal a soft, creamy dough, and the promise, scent and taste of fresh-baked joys are just minutes away. You can roll, pat, turn or cut the dough into myriad shapes and sizes. Spicy dumpling, simple dinner roll, sophisticated dessert—all spring from this high-powered product that's the realization of modern food technology. To make the dishes shown, plus more, turn to our recipe section, beginning on page 60.

Crescent crust is crimped to contain Taco Casserole.
Buttermilk biscuits become melt-in-your-mouth Pecan Coffee Cake.

Crescent rolls gently shape into Honey Walnut Ring.

Crisp crescent dough and preserves are Viennese Cookies.

Baking-powder biscuits surround sherry-filled garlic filling for Chicken Dumplings.
**Blinntzes**

*Crepes*
- 1 cup unsifted all-purpose flour
- \(\frac{1}{4}\) teaspoon salt
- 3 eggs, beaten
- 1\(\frac{1}{4}\) cups milk
- \(\frac{3}{4}\) cup butter or margarine

*Filling*
- 1\(\frac{1}{2}\) cup finely chopped green onions
- 2 cartons (8 ounces each) small-curd cottage cheese
- \(\frac{1}{2}\) cup fresh fine bread crumbs
- 1 egg, separated
- \(\frac{1}{4}\) teaspoon salt
- \(\frac{1}{4}\) teaspoon pepper
- 1 carton (8 ounces) dairy sour cream
- 1 jar (4 ounces) red caviar
From the dairy case...

**Blinitzes**

Serve one as an appetizer, two as a perfect luncheon dish, three as an elegant dinner entrée. Such are blintzes. Rich in appearance and taste, they are created mostly from penny-wise dairy-case ingredients. Make a batch of thin crepes, roll each one around a savory cheese filling, smother in sour cream and top lightly with red caviar—for a very practical luxury.

Make crepes: Sift flour and salt into bowl. Beat in eggs and milk until smooth. Add 2 tablespoons butter or margarine, melted. Make each crepe from 2 tablespoons batter in buttered, heated skillet. Cook one side until golden brown; barely cook second side.

Make filling: Sauté green onions in 2 tablespoons butter or margarine. Drain; cool; beat into cheese with bread crumbs, egg yolk, salt and pepper. Place 2 to 3 tablespoons on golden brown side of crepe, one-third the way toward center (1). Shape filling into 3-inch oblong.

Fold up nearest edge of crepe to cover filling (2). Fold sides of crepe in toward center to depth of 1 inch. Roll up crepe, jelly-roll fashion (3), brushing farthest edge well with egg white. The rolled crepe (blintz) should be 3½ inches long, with the pale surface outside.

Place each blintz seam side down on cookie sheet. Cover with plastic wrap; chill 1 hour. Heat remaining butter or margarine in skillet until foaming. Place blintz seam side down in hot fat to seal (4). Cook until golden brown. Cook only 3 blintzes at one time.

Turn cooking blintzes with rubber spatulas or wooden spoons to avoid breaking thin crepe covering (5). Total cooking time is 4 to 5 minutes. Remove; drain on paper towels. Keep blintzes warm while cooking rest. Serve with sour cream, caviar. Makes 12 blintzes.
From the dairy case...

Sweets with a plus

Try one of these meal-ending delicacies, from left: Yogurt Cream Pie, Caribbean Milk, Jellied Cranapple with French Cream. Each of these milk-based sweets is as wholesome as it is delicious, adding a protein boost to any diet. To make this trio, and more, see our recipe section beginning on page 60.

Your supermarket dairy case brims with the traditional bounty of milk, eggs and cheese; heavy, light and sour cream; buttermilk and yogurt; cream and cottage cheese; butter and margarine—products you use every day and, with little effort, can turn into delectable sweets, such as we show here. Nowadays, you're likely to give the most tempting dishes "what-good-does-it-do-me?" scrutiny. So remember, these luscious sweets are not just frills; they do provide a nutritional bonus. As meat continues to play a less important role in our diet, the vitamins, proteins and minerals in dairy fare become more significant. Don't hope to get iron or vitamin C from milk, but do expect other valuable nutrients from our rich collection of dairy-case sweets.
Is New True 100 lower in tar* than your 100?

Tests for tar and nicotine by U.S. Gov't. Method prove it. New True 100mm is lowest in both tar and nicotine of all these leading 100mm cigarettes.

Refrigerated Biscuits
continued from page 54

KEY TO NUTRITION RATINGS
To assist you in meal planning, each of our recipes lists not only the number of servings, but also the calorie (cal.), protein (P.), fat (F.) and carbohydrate (C.) content one serving provides. A recipe will also be designated vitamin source if a serving supplies 20 percent or more of the recommended daily allowance.

THE SMART SHOPPER SAYS:
• Do not buy refrigerated crescent dinner rolls or refrigerated buttermilk biscuits after expiration date stamped on end of package or if package has split open.
• Keep cool on the way home from market. Store in the refrigerator, never in the freezer.
• Though refrigerated biscuits are carbohydrate, a very necessary element in our diet, we prefer combine with ingredients that have a protein/vitamin/mineral value.
• To prevent surface of crescent dinner rolls or buttermilk biscuits from drying after you’ve opened them, place in small bowl and cover with damp cloth until ready to use.

Pecan Coffee Cake
(pictured on page 55)
Makes 8 servings. Each serving made with pecans—372.5 cal.; 4.4 gms. P.; 17.6 gms. F.; 50.5 gms. C. Made with walnuts—374 cal.; 4.9 gms. P.; 17.4 gms. F.; 50.8 gms. C. Both are sources of niacin.
2 tablespoons butter or margarine
3/4 cup light brown sugar, firmly packed
1 tablespoon light corn syrup
1/4 cup chopped pecans or walnuts
2 packages (8 ounces each) refrigerated buttermilk biscuits
20 pecan or walnut halves, each cut crosswise in half (about 1 can—3 ounces)
1/2 teaspoon ground cinnamon
1/2 cup sugar
5 tablespoons melted butter or margarine
5 candied red cherries, quartered
1. Heat oven to 375°. Melt 2 tablespoons butter or margarine in saucepan; add brown sugar and corn syrup. Bring to boiling; cook 1 minute. Pour syrup into bottom of 41/2-cup ring mold. Sprinkle with chopped nuts.
2. Separate biscuits; cut each in half. Place nut quarter in center of each half and shape into ball, enclosing nut. Mix in 1 teaspoon cinnamon and sugar in small bowl. Dip balls in 5 tablespoons melted butter or margarine; coat with cinnamon-sugar. Drop coated balls into ring mold.
3. Bake 25 minutes. Place inverted wire rack over cake in pan. Invert pan with rack over aluminum foil. Leave pan on cake a few minutes to allow syrup to drip over cake. Remove pan.
4. American Home’s Suggested Menu:
Honey Walnut Ring
(pictured on page 55)
1 cup ground walnuts
1/2 cup honey
3 tablespoons milk
2 eggs
1/4 cup butter or margarine
2 packages (8 ounces each) refrigerated crescent dinner rolls
2 tablespoons sugar
1 egg
1 tablespoon water
1 teaspoon sugar
1. Heat oven to 375°. Combine nuts, honey, milk, eggs and butter or margarine in saucepan. Cook over medium heat, stirring constantly, until mixture thickens. Remove from heat and cool.
2. On floured pastry cloth, unwind one package of rolls, retaining its rectangular shape. Unwind second package as above; carefully place on top of first. Roll out to a 1 inch to 1 1/2-inch rectangle.
3. Spread nut filling on dough. Sprinkle with 2 tablespoons sugar. Roll up, jelly-roll fashion, starting from long side. Pinch edges firmly to seal. Place on cookie sheet, seam side down; shape into circle. With kitchen shears, cut along overlap and perforations to form a smooth rectangle. Roll out to 12 1/2 x 8 1/2-inch rectangle. Ease into lightly greased 10x4-inch baking dish. Do not stretch dough. Fold under excess pastry; secure to outer edge of dish. Flute edge and prick bottom with fork. Bake 15 minutes or until golden brown. Cool on wire rack.
4. Prepare filling: Heat oil in large skillet over medium heat. Add beef and onion; cook until browned, stirring frequently. Stir in tomatoes, green pepper, 5 tablespoons chopped green chilies, (reserved rest for sauce), salt, oregano, cumin, pepper, garlic powder and wine vinegar. Cook until green pepper is tender-crisp.
5. Prepare sauce: Combine all ingredients including reserved green chilies for sauce in saucepan. Heat over low heat. Serve warm or at room temperature.
6. American Home’s Suggested Menu:
HONEY WALNUT RING
Taco Casserole
(pictured on page 54)
1 pound ground beef
Meat Filling:
1 tablespoon pure vegetable oil
1 pound ground beef
2 tablespoons chopped onion
2 cups coarsely chopped tomatoes
1/2 cup coarsely chopped green pepper
1 can (4 ounces) green chilies
1 teaspoon salt
1/2 teaspoon leaf oregano, crumbled
1/2 teaspoon ground cumin
1/2 teaspoon pepper
1/2 teaspoon garlic powder
1 teaspoon thyme
1/2 cup strawberry jam or orange marmalade
2 egg whites, slightly beaten
1 cup regular or flavored wheat germ
1 tablespoon sugar
Transfer cake to serving plate. Garnish with candied red cherries. Serve warm.

1 teaspoon wine vinegar
1 cup (8 ounces) tomato sauce
1/2 teaspoons pure vegetable oil
1/2 teaspoons wine vinegar
1/2 teaspoon leaf oregano, crumbled
1/2 teaspoon ground cumin
1/2 teaspoon salt
1/4 teaspoon pepper
1/4 teaspoon garlic powder
1/4 teaspoon onion powder
Dash of hot-pepper sauce (optional)
Topping:
1 cup shredded iceberg lettuce
1/2 cup shredded Cheddar cheese
1. Heat oven to 375°. Prepare crust: Unroll dinner rolls on floured pastry cloth. Do not separate dough along perforations. Overlap dough rectangles about 1/4 inch along long sides. Pat along overlap and perforations to form a smooth rectangle. Roll out to 12 1/2 x 8 1/2-inch rectangle. Ease into lightly greased 10x4-inch baking dish. Do not stretch dough. Fold under excess pastry; secure to outer edge of dish. Flute edge and prick bottom with fork. Bake 15 minutes or until golden brown. Cool on wire rack.
2. Prepare filling: Heat oil in large skillet over medium heat. Add beef and onion; cook until browned, stirring frequently. Stir in tomatoes, green pepper, 5 tablespoons chopped green chilies, (reserve rest for sauce), salt, oregano, cumin, pepper, garlic powder and wine vinegar. Cook until green pepper is tender-crisp.
3. Prepare sauce: Combine all ingredients including reserved green chilies for sauce in saucepan. Heat over low heat. Serve warm or at room temperature.
4. To assemble casserole: Spoon meat filling into baked crust. Top with lettuce and cheese. Garnish with 4 avocado slices, if desired. Spoon some sauce in center; pass remainder.
5. American Home’s Suggested Menu:
HOT CHICKEN BOUILLON
TACO CASSEROLE
Refried Beans • Sautéed Zucchini
Fresh Fruit Sundae
Viennese Cookies
(pictured on page 55)
Makes 26 cookies. Each cookie made with strawberry jam and regular wheat germ—43 cal.; 1.62 gms. P.; .6 gms. F.; 8 gms. C. Made with strawberry jam and flavored wheat germ—43 cal.; 1.2 gms. P.; .5 gms. F.; 8.4 gms. C. Made with orange marmalade and regular wheat germ—43.5 cal.; 1.65 gms. P.; .6 gms. F.; 7.9 gms. C. Made with orange marmalade and flavored wheat germ—43.5 cal.; 1.3 gms. P.; .5 gms. F.; 8.4 gms. C.
1 package (8 ounces) refrigerated crescent dinner rolls
1/2 cup strawberry jam or orange marmalade
2 egg whites, slightly beaten
1 cup regular or flavored wheat germ
1 tablespoon sugar
continued
Robust flavor. That’s what the English like about their cheddar cheese. And that’s the kind of cheddar flavor you get in Kraft Macaroni and Cheese Dinner. The good kind you cook up fresh.
2. Spread jam or marmalade over baked layer. Combine egg whites, wheat germ and sugar in bowl. Sprinkle over jam.
3. Bake 10 minutes more. Cool in pan on wire rack; cut into bars.

5. American Home’s Suggested Menu:

**HAM AND CHEESE BAKE**

1 package (8 ounces) refrigerated crescent dinner rolls
1/2 cup chopped cooked ham
1/4 cup grated Parmesan cheese
2 cups (1 pint) half-and-half
2 eggs, beaten
1/2 teaspoon salt
1/4 teaspoon ground nutmeg

2. Combine cream cheese and nutmeg; mix thoroughly. Set aside remaining sauce for topping.
3. Place ham over crust. Combine cream cheese sauce with turkey; mix thoroughly. Set aside remaining sauce for topping.
4. Remove from oven and cool 10 minutes before serving. Top with reserved triangles and serve.

6. American Home’s Suggested Menu:

**CHICKEN DUMPLINGS**

Makes 10 dumplings or 5 servings.

2 tablespoons butter or margarine
2 tablespoons all-purpose flour
1 3/4 cups milk
1/4 cup dry sherry
1/4 teaspoon salt
1/4 teaspoon pepper
2 tablespoons pure vegetable oil
3 tablespoons chopped celery
3 tablespoons chopped onion
2 1/4 cups chopped cooked chicken
1/4 cup chopped almonds
2 tablespoons chopped parsley
1/4 teaspoon salt
2 packages (11 ounces each) refrigerated baking powder biscuits
1 egg
1 tablespoon water
Paprika

1. Heat oven to 375°. Melt butter or margarine in saucepan; stir in flour. Add milk gradually. Cook over medium heat, stirring constantly, until mixture bubbles for about 3 minutes. Remove from heat. Gradually add milk, sherry, 1/2 teaspoon salt and pepper; stir with a wooden spoon. Cook over medium heat, stirring constantly, until sauce thickens.
3. Separate biscuits. On floured pastry cloth, place one biscuit on top of another; roll until 5 inches in diameter. Heat oil in saucepan over medium heat. Add onion and celery. Gradually add milk, sherry, 1/2 teaspoon salt and pepper; stir with a wooden spoon. Cook over medium heat, stirring constantly, until sauce thickens.
4. Roll out to 16-inch square. Place dough, leaving 1-inch dough overlapping edges. Pinch edges of dough together and join at top. Firmly pinch together resulting folds to form a square dumpling. Place them on cookie sheet.
6. American Home’s Suggested Menu:

**CHICKEN DUMPLINGS**

Broccoli in Butter Sauce

**Lamb a Indienne starts with San Francisco’s Rice-A-Roni**

Saute 2 strips bacon, diced. Cube meat from 2 shoulder lamb chops, fry with bacon. Stir in 1 pkg. Chicken Rice-A-Roni. Cook until vermicelli is light brown. Pour in 2 1/4 cups hot water, contents of Chicken flavor packet, 1/2 to 1 tsp. curry powder, 1/4 cup raisins and 1/4 cup chopped green onions. Cover, bring to boil, reduce heat and simmer 15 min. Sprinkle with 1/4 cup chopped peanuts.

**Open-Face Cheese Sandwich**

Sources of riboflavin and niacin.
2 cups (1 pint) half and half
2 eggs, beaten
1/2 teaspoon salt
1/4 teaspoon ground nutmeg

1. Heat oven to 375°. Melt butter or margarine in saucepan; stir in flour. Add milk gradually. Cook over medium heat, stirring constantly, until mixture bubbles for about 3 minutes. Remove from heat. Gradually add milk, sherry, 1/2 teaspoon salt and pepper; stir with a wooden spoon. Cook over medium heat, stirring constantly, until sauce thickens.
2. Separate biscuits. On floured pastry cloth, place one biscuit on top of another; roll until 5 inches in diameter. Heat oil in saucepan over medium heat. Add onion and celery. Sauté until transparent but not brown. Add celery. Remove from heat. Gradually add milk, sherry, 1/2 teaspoon salt and pepper; stir with a wooden spoon. Cook over medium heat, stirring constantly, until sauce thickens.
4. Roll out to 16-inch square. Place dough, leaving 1-inch dough overlapping edges. Pinch edges of dough together and join at top. Firmly pinch together resulting folds to form a square dumpling. Place them on cookie sheet.
6. American Home’s Suggested Menu:

**CHICKEN DUMPLINGS**

Broccoli in Butter Sauce

**Amish spoonbread**


1 package (11 ounces) refrigerated baking powder biscuits
2 eggs, beaten
1 tablespoon water
Paprika

2. Combine cream cheese and nutmeg; mix thoroughly. Set aside remaining sauce for topping.
3. Place ham over crust. Combine cream cheese sauce with turkey; mix thoroughly. Set aside remaining sauce for topping.
4. Remove from oven and cool 10 minutes before serving. Top with reserved triangles and serve.

6. American Home’s Suggested Menu:

**CHICKEN DUMPLINGS**

Broccoli in Butter Sauce

**Lamb a Indienne starts with San Francisco’s Rice-A-Roni**

Saute 2 strips bacon, diced. Cube meat from 2 shoulder lamb chops, fry with bacon. Stir in 1 pkg. Chicken Rice-A-Roni. Cook until vermicelli is light brown. Pour in 2 1/4 cups hot water, contents of Chicken flavor packet, 1/2 to 1 tsp. curry powder, 1/4 cup raisins and 1/4 cup chopped green onions. Cover, bring to boil, reduce heat and simmer 15 min. Sprinkle with 1/4 cup chopped peanuts.
Planters Oil brings harmony to a garden medley like Ratatouille.

Ratatouille is an unusually exciting French vegetable stew that's easy enough to make every day. All you need is Planters® Oil, 45 minutes, and a slow cooking Pot O' Plenty by Regal®. Peanut oil is one ingredient French gourmets count on. Because peanut oil brings out the natural flavor of foods cooked in it. And Planters is 100% pure peanut oil.

And to make your ratatouille even easier, you can get a 5½ quart TEFLOM® lined Mardi Gras Pot O’ Plenty by Regal for only $17.95. This $29.00 value both slow cooks and deep fries, so it's bound to be a welcome addition to any kitchen. For yours just clip the coupon below.

You don't have to be a gourmet chef to cook authentic ratatouille. Just use a slow cooker and Planters Oil. And try a ratatouille that will taste the way it was meant to.

Heat ½ c. Planters Peanut Oil in Regal Pot O’ Plenty on #4 setting. Saute 2 large onions, sliced and 2 cloves garlic, minced, in oil until tender, about 5 minutes. Add 2 green peppers, seeded and cut into strips, 1 pound (about 1 qt.) sliced zucchini squash, 1 pound (about 1 qt.) diced eggplant, 4 large tomatoes, skinned and cut into wedges, 3 tbsp. chopped parsley, 1 tbsp. salt, 1 tsp. sugar, ⅛ tsp. oregano and ⅛ tsp. pepper. Bring to a boil. Reduce heat; cover and simmer for 45 minutes on #2 setting or until vegetables are tender. Serve hot or cold. Makes 8 to 10 servings.

Planters Oil makes cooking...cuisine.

Save plenty on Regal's Pot O' Plenty.

I enclose $17.95 (check or money order, no cash please, payable to Planters Oil Pot Offer), plus the cap liner from one bottle of Planters Oil for each pot. Allow 4 to 6 weeks for delivery. Offer good only in U.S.A. while supply lasts. Void where prohibited or restricted. Check color desired. Parsley (Green)__________ Hot Pepper (Red)__________ Sun Gold (Yellow)__________

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SEND TO: Planters Oil Pot Offer, Dept. 396 a.m., Neenah, Wisconsin 54956. Orders without expiration date cannot be accepted.
Betty Crocker's Ready-to-Spread frosting is as smooth and creamy as homemade buttercream frosting. And it's always there when you need it. Ready when you are, and when you are still hungry.

[continued]

2. To prepare Curried Poultry Filling:
   Melt 1/2 teaspoons butter or margarine in small saucepan. Stir in 1 1/2 teaspoons all-purpose flour and 1 teaspoon curry powder. Cook over low heat, stirring constantly, until mixture bubbles for about 1 minute. Remove from heat. Gradually add 1/4 cup milk, stirring rapidly with a wooden spoon. Cook over medium heat, stirring constantly, until sauce thickens. Remove from heat. Add 1/2 cup chopped cooked chicken or turkey, 1 tablespoon chopped almonds and 1 teaspoon dried chives. Mix well to combine ingredients.

3. Heat oven to 375°. Separate biscuits. On floured pastry cloth, roll each biscuit until it measures 3 1/2 inches in diameter.

4. Beat egg and water together in small bowl. Place 1 tablespoon Tuna or Curried Poultry Filling in center of each biscuit. Moisten edges of biscuit with egg mixture. Fold in half; press with fork to seal.

5. Brush top of turnovers with egg mixture. Sprinkle with sesame seeds, if desired. Place on cookie sheet. Bake 10 to 15 minutes or until golden brown. Remove with wide spatula to wire rack. Serve warm as a soup accompaniment or appetizer.

6. American Home's Suggested Menu:
   - Cream of Celery Soup
   - TUNA OR CURRIED POULTRY TURNOVERS
   - Braised Beef with Carrots and Onions
   - Baked Apples • Brownies

Sweets

continued from page 58

THE SMART SHOPPER SAYS:
- Milk and dairy products are perishable. Buy only in quantities you know you will use. Store in your refrigerator. Milk will keep 3 to 5 days; cultured milk products keep 10 days.
- Normally, light and heavy cream keep 7 to 10 days. If sterilized and unopened, they will keep 6 weeks. Sterilized heavy cream takes longer to whip.
- In many areas, dairy products are stamped with the last date on which they may be sold. This does not mean you must throw them away then.
- The following dairy products can be frozen at 0°F. (there will be some change in flavor and appearance, so use these only when cooking and baking):
  - Milk and cream freeze for 2 months; cream cheese, if well wrapped, 1 month. Heavy cream will not whip after freezing. Do not freeze buttermilk, sour cream, yogurt or cottage cheese.
- Dairy products, particularly milk, has no season. It is available year-round, and prices do not reflect seasonality.
- Milk products scorch, burn or separate if cooked at too high a temperature. Cook over low heat.

**Yogurt Cream Pie**

(pictured on page 58)


1 1/4 cup butter or margarine

- 24 gingersnap cookies, finely crushed (1 1/2 cups crumbs)
- 2 tablespoons sugar
- 2 envelopes unflavored gelatin
- 1/2 cup cold water
- 3/4 cup sugar
- 1/4 cup cornstarch
- 1/4 teaspoon salt
- 2 cups (1 pint) half-and-half
- 3 large eggs, separated
- 1 tablespoon almond extract
- 2 cartons (8 ounces each) vanilla yogurt


3. Remove custard from heat. Stir in almond extract. Set pan into bowl of ice water or refrigerate until mixture is cool and thick.

4. Stir yogurt into cooled custard. Beat egg whites until stiff peaks form; fold into mixture. Pour into crust. Chill until firm.

5. Before serving, garnish top with...
Caribbean Milk
(pictured on page 58)
Makes 6 servings. Each serving: 266 cal.; 6.5 gms. P.; 8.6 gms. F.; 34 gms. C.
3 medium-size ripe bananas (1 pound)
2 tablespoons lime juice
2 cups milk
1 large egg
1⁄2 cup dark rum
1⁄4 cup light rum
1⁄4 cup sugar
1 pint vanilla ice cream
Dash of ground nutmeg

1. Peel bananas and cut into 1-inch chunks. Toss with lime juice in blender container. Add milk, egg, rum and sugar. (If serving to children, omit rum; substitute 1⁄4 cup more milk.) Cover. Blend until smooth and frothy. Refrigerate until well chilled, about 2 hours.

3. American Home's Suggested Menu:
CARIBBEAN MILK
Broiled Ham with Pineapple
Mashed Yams • Tiny Okra
Lime Sherbet

Jellied Cranapple with French Cream
(pictured on page 58)
2 cups cranberry juice cocktail
1⁄2 cup sugar
1 cinnamon stick, 3 inches long
1 strip (3x1⁄2-inch) lemon peel
3 medium-size cooking apples (1 pound)
1 tablespoon lemon juice
1 envelope unflavored gelatin
2 cups water
1⁄2 cup dairy sour cream
2 tablespoons heavy cream
1⁄4 teaspoon vanilla

1. Combine cranberry juice, sugar, cinnamon stick and lemon peel in saucepan. Bring to boiling over medium heat. Meanwhile, pare apples. Cut into julienne strips. Discard core. Toss apples with lemon juice to prevent darkening. Add apples to cranberry liquid. Cook over low heat until apples are just tender.
2. Sprinkle gelatin over water in cup. Let stand 5 minutes to soften. Stir into cranberry-apple mixture. Cook only until gelatin is dissolved. Remove from heat. Discard cinnamon stick and lemon peel. Add red food coloring to cranberry-apple mixture to tint a deep rosy red color, if desired.
3. Place pan in bowl of ice water or refrigerate until mixture is slightly thickened. Spoon into 4 individual serving dishes. Cover with plastic wrap.

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5. American Home’s Suggested Menu: Boiled Smoked Pork Butt

Chilled, if desired.

6. American Home’s Suggested Menu: Fresh Fruit Compote

Chicken in Red Wine Sauce

Crisp Spinach Salad

CHOCOLATE CINNAMON CAKE

Lemon Cheese Tart


1 package (10 or 11 ounces) pie-crust mix

1 cup sugar

1 carton (1/2 pint) dairy sour cream (1 cup)

3 large eggs

2 packages (8 ounces each) Neufchâtel or cream cheese

3/4 cup sugar

2 teaspoons grated lemon peel

2 tablespoons lemon juice

1 teaspoon vanilla

1. Combine pie-crust mix and 1/4 cup sugar in bowl. Stir in 1 cup cream with fork until blended. Gather dough into ball; knead gently until dough is smooth and holds together. Wrap in wax paper. Chill 1 hour.

2. Roll dough into a rectangle on lightly floured surface to fit bottom and sides of a 12x8x1½-inch baking dish and allowing 1 inch overhang. Fit rolled dough into dish. Fold pastry overhang under, even with edge of dish. Flute edge to form high collar; crimp edge. Bake 10 minutes. Bake until lightly browned.


5. Finely grate peel of oranges. Add peel to reserved pineapple syrup. Open ladjfingers into halves, but do not separate into pieces. Brush inside surfaces with syrup mixture. Arrange 20 halves upright, brushed surfaces toward center, around sides of 9-inch springform pan. Separate and press remaining halves into bottom of pan to form compact layer. Cover with plastic wrap to keep moist.


4. Before serving, let cake stand 30 minutes at cool room temperature for easier cutting. Remove sides of pan. Cut into wedges.

5. American Home’s Suggested Menu: Boiled Smoked Pork Butt

PINEAPPLE-ORANGE ICE CREAM CAKE

Chocolate Cinnamon Cake


21/2 cups heavy cream

1 package (6 ounces) semi-sweet chocolate pieces, or 1/2 of a 12-ounce package chocolate-flavor baking chips

1 cup (16 or 17 ounces) pound cake mix

4 teaspoons ground cinnamon

1/2 cup sugar

2 tablespoons confectioners’ sugar

1/2 teaspoon vanilla

1. Combine 1 cup cream and chocolate in heavy saucepan. Cook over medium heat, stirring constantly, until chocolate melts. Reduce heat to low. Continue to cook and stir until mixture is creamily smooth, or a thin pudding. Pour into medium-size bowl. Cover. Chill until cold and thick.

2. Meanwhile, heat oven to 375°. Prepare pound cake mix according to package directions, but stir cinnamon into batter. Grease 15½-x-10½-x-1-inch jelly-roll pan; line bottom with wax paper. Spread batter evenly in pan. Bake 20 minutes or until wooden pick inserted into center comes out clean. Cool cake completely. Cut crosswise into quarters, forming 4 rectangles.

3. Remove cold chocolate mixture from refrigerator. Add 1 cup cream and 1/2 cup sugar, stirring until smooth. Beat mixture on medium-high speed of mixer, scraping bowl frequently with rubber spatula until mixture is stiff enough to spread. (Do not overbeat; it will curdle.)

4. To assemble cake, place 1 cake rectangle on serving plate. Spread with about 1/2 cup chocolate mixture. Repeate layering and filling. Frost sides and top evenly with the remaining chocolate mixture.

5. Beat 1/4 cup cream with confectioners’ sugar and vanilla until stiff. Spoon into pastry bag; fit with star tip. Pipe whipped cream attractively at base, top and sides of cake. Chill until ready to serve. Garnish with candied violets, if desired.

6. American Home’s Suggested Menu: Fresh Fruit Compote

Chicken in Red Wine Sauce

Crisp Spinach Salad

LEMON CHEESE TART

ALL RECIPES TASTE-TESTED

IN AMERICAN HOME KITCHENS
Do you know you're sleeping on buried treasure?

Would you like to have money to fix up your home, educate your children, consolidate debts or any other worthwhile purpose?

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For more information without obligation, call or stop in and talk to a C.I.T. Real Estate manager soon. Your buried treasure is worth digging into!

*This offer not applicable in the following States: Michigan, Missouri, Montana, New York, North Dakota, Texas and Vermont.
"Our $1,500 bought this $30,000 home"

Last December, soon after we showed how some of our grandest stories grow out of your letters, Mrs. John Markl wrote to tell us about the 56-year-old lakeside house she and her husband are remodeling in Spring Valley, Mich.

"We’re doing the work gradually—to do the best we can," writes Deborah Markl. "The house [above] nestles among towering oak trees, giving us a feeling of tranquility."

"Soon after we began house-hunting in this beautiful small town, we became very discouraged. The houses shown to us were either too small or too expensive. My husband and I decided to look for ourselves. Our efforts proved fruitless until one day, driving up a narrow road we assumed led to the lake, we spotted a stately white stucco house with a sign in front that read, ‘For Sale By Owner.’ We immediately stopped to investigate. As soon as we stepped through the door, we realized that this was a magnificent one-of-a-kind home that was badly in need of remodeling. But in spite of its condition and decor, the house breathed a warmth that made us feel it was truly ‘our home.’ We bought it for $3,000.

"Details of the purchase are similarly unusual. We borrowed $1,500 for the down payment, and negotiated a contract for deed with the owner. [For the pluses and minuses of this type of mortgage alternative, see “How To Get Around Today’s Mortgage Drought” in the November ‘74 A.H.] How lucky we were! Not many people would have been able to buy a $30,000 home with a borrowed $1,500. Adding to our good fortune, my husband had just taken a position with a local bank. They gave us a $20,000 credit line for our remodeling.

"We contracted local builders for our new kitchen, new windows and storm windows, new upstairs bath—and complete rewiring. My husband and I did a lot of the work ourselves: John did the kitchen plumbing and the gas hook-up; I stained all the wood for the kitchen—we have tongue-and-groove pine on the walls and ceiling.

"Our ‘beautiful giant,’ set on a wooded acre, has 12 rooms on three levels. The master bedroom is the entire third floor, with a view of the lake from every window. Our living room has a massive brick fireplace with oak beams that fortunately have been preserved.

"As can be imagined, my family loves this house. It’s old, but its design and layout are extremely contemporary—and functional. We are at peace on Longview Lane and would enjoy sharing our ‘labor of love’ with A.H. readers."

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ASTONISHING TREE TOMATO is now available in the U.S.A. And in a newly-developed super-hybrid variety that harvests up to 40 lbs. (hundreds of tomatoes) a year — thousands up to 10 years — FROM ONE TOMATO TREE!

An astonishing South American tomato fruiting tree that gives stunning blossoms for months, blooms yearly even in the North, grows as a tree outdoors and with tropic ease indoors.

Who Put All Those Tomatoes In That Itty Bitty Seed

Imagine one seed does produce over 400 lbs. of tomatoes in one lifetime. And New Zealand’s super Tree Tomato is so easy to raise that 80% of normally-planted seeds take. So easy it will grow inside anyplace—a phlendron will grow! So easy that outside in actual tests seeds thrown at random in plowed fields, grew naturally with no human care.

Each seedling grows to 3 or 4 ft. indoors or up to 8 ft. outdoors or you can stop the growth of the tree at any height you wish between 3 and 8 feet. It is super disease-resistant.

A Family Delight

Enjoy delicious, mouth-watering salads, freshest sauces, special jams and desserts — all winter long. See huge hanging clusters of succulent red and plump and juicy tree tomatoes in successive waves month after month.

It’s first come, first served. Rush your order and receive a FREE gift special recipe booklet, yours to keep FREE even if you return seeds,
Effective ways exist to control the canine population explosion—but dog owners must cooperate.

One birth-control device for dogs already exists: a comparatively inexpensive diaphragm made of medical-grade plastic available from veterinarians. When properly fitted, it effectively prevents conception in a healthy, mature bitch. The device is fairly easy to insert and fit, but most dog owners seem to feel otherwise; most of those willing to use it prefer to call upon the services of a vet. Thus it appears that the canine diaphragm has not been accepted as the solution to canine overpopulation. A big promotion effort might help, but that hasn’t happened yet.

Elsewhere, a great deal of research and testing has been done with steroids (hormones). One way or another, researchers are determined to create sterility in bitches for prolonged periods of time. With one exception, safe and effective dosages have yet to be perfected, and the chances of their appearing on the market this side of 1980 appear slim.

That exception appears to be the best contraceptive bet for the near future. It was developed by a major pharmaceutical company and a large pet-food manufacturer. What they have come up with is a chemical compound known as Mibolerone, really a progestational steroid. As an additive in a completely balanced, meaty dog food, this steroid has already been tested for various lengths of time on more than 600 bitches in a dozen breeds. Started early (at least 30 days before her season) and fed to the bitch on a daily basis, the special diet prevents onset of the season. The bitch can be kept on this food any length of time—for a year or two, or for her entire life.

A new dog food could defer your female’s season until you decide that she is ready for breeding.

In these controlled tests, there have been no harmful side effects; the health of the bitches has not been impaired. The beauty of the diet is that when the bitch is taken off it and fed a standard food, she soon resumes her natural heat cycle and is ready for breeding (which, of course, can only happen during the season). The resultant pups will be healthy and normal.

This dramatic development in contraceptive methods is now being field-tested with bitches volunteered by owners in eight municipalities: Boston, Atlanta, Chicago, Indianapolis, Philadelphia, Memphis, San Francisco and San Diego. The tests involve about 1,000 bitches of various ages, breeds and weights. Owners, in return for their cooperation, are receiving a year’s supply of the special food, plus free veterinary service, if and when needed.

Humanitarians and others concerned with the booming canine population hope that the new dog food will be available at supermarkets by mid-1976. That’s about the earliest possible date, and it depends on fast approval by the U.S. Food and Drug Administration. When the food appears on the market, it will be packed in cans, and priced just a few cents above noncontraceptive foods. Whatever the cost, it should not stand in the way of responsible owners who don’t want their bitches burdened with unwanted pups.

By late 1976, Mibolerone in liquid form will probably be available through veterinarians. This should keep everybody happy: owners, retailers and veterinarians. And in the long run, it will mean fewer dogs—by the millions.

—Kurt Unkelbach
Purina knows what cats love most and it comes in a little blue can.

OK, cat...we get the message. We know you love "meat." That's why every little blue can is 95%—95% tuna, 95% chicken, 95% whatever—with 5% special Purina nutrients that make it all the better. Purina in the little blue can...it's something to write home about.
Country crewelwork

Stitch a still life with one of our creative kits!

What could be more appealing than our roadside vignette and its colorful springtime flowers? "Along the Way," created by Georgia Ball, measures 18 by 24 inches and is done in easy crewel stitchery. Design is stamped on homespun; kit includes needle, all yarn and complete instructions. The frame, trimmed with gold metal-leaf, is also available.

A.H. Specialties–American Home Kits
Dept. 2-375, P.O. Box 1400, West Englewood, N.J. 07666

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<td>&quot;Along the Way&quot; kit(s)</td>
<td>1</td>
<td>$9.98</td>
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<td>#0117</td>
<td>&quot;Taste of Life&quot; kit(s)</td>
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A.H. Specialties–American Home Kits
Dept. 2-375, Vendor: A.H. Specialties, 689 Front St., Teaneck, N.J. 07666

Stitch a homey kitchen scene: a loaf of fresh bread, flowers, spices, a pot of coffee. "Taste of Life," designed by Carol and Don Henning, measures 18 by 24 inches. It is stamped on homespun; kit includes needle, yarn, instructions.

Frame is available.
Mike Landon turned Hollywood flamboyance into homey elegance.

When I drove into the used-brick courtyard of Michael Landon’s magnificent home in Beverly Hills, there he was, blue-jeaned, curly hair mussed, looking nothing at all like a TV star, sitting on the steps in front of the handsome oak double front doors. He couldn’t wait to show me the house, of which he is as proud as he is of his new series, NBC’s Little House on the Prairie. Joined by his wife and three of their six children, we took a joyous tour of the place.

They showed me the living room, where 10 layers of paint in various hues had been painstakingly removed to reveal the original wood glowing underneath. Three couches dominate; two of them are covered in a delicate-looking pale beige velvet. They are not there for show; they are used, I can tell you. While I sat looking horrified, 12-year-old Leslie, in sneakers and tennis dress, threw herself over the top of one and landed shoes first right on the velvet. Then 3-year-old Shawna couldn’t resist hurling herself on top of her sister. Mike was right when he said the Landon’s really live in their house!

The billiard room is one of his favorites, despite the fact that it once caused the household considerable trauma. A house painter went berserk in it and did the whole room in black—even the windows. More laborious paint scraping followed. But as though making up for this upheaval, Mike discovered a true delight in the room. In Prohibition times, when consuming alcoholic beverages was technically forbidden even in private homes, the original owner of the Landon house had a secret bar constructed behind the oak panels. Today, the bar is stocked with legal liquor, but mostly it is the source of great fun for Mike and the younger kids. They play hide-and-seek in it.

At the head of the magnificent winding wood-carved staircase leading to the bedrooms upstairs is a contemporary stained-glass window so striking I had to study it to take it all in. Lynn told me she’d had it made to order for Mike’s last birthday. Glass fragments at the bottom spell out Lynn’s avowal that she loves Mike “More than yesterday, Less than tomorrow.”

The Landon kitchen is cozily small, but utilitarian, much reduced in size from its grand scale in the 1920s when servants were plentiful and great Gatsby-type dinner parties were the fashion. Today, the kitchen features a center island range, double wall ovens, lots of natural wood cabinets—and everything within easy reach. I suggested to Lynn that it must be a pleasure for her to cook up a storm in such efficient surroundings. “Unfortunately, I am not the cook in this house,” she reported. “Mike is—and he’s good. He and our son Josh can whip up the best Texas chili I’ve ever eaten.” He picked up the recipe from an old horse wrangler on Bonanza.

By far the most exceptional spot in the house is the “Bonanza Room,” filled with mementoes from the 14 years Mike played Little Joe in that top-rated series. “I really think that those were some of the finest years of my life,” he says. “Quite literally, I grew up on that show.”

When Bonanza finally ended, in January 1973, Mike insisted on taking home with him the two-hole wooden privy that was one of the studio sets. He had it installed, along with modern plumbing, in a corner of the “Bonanza Room.” The room also contains overtones of his new hit series, Little House on the Prairie—a huge, wood-burning fireplace. Here, just as it is in his television Little House, Mike Landon believes, “The fireplace is the gathering spot for a family of people who truly love each other.”
Make a bedroom come alive with a patchwork quilt in the old-fashioned "Rail-Fence" pattern. Available in two color schemes—the smashing red/white/blue above or the warm green/white/yellow below—the quilt can be twin size (65 by 91 inches), double (78 by 91 inches), or queen (91 x 104 inches). To complete the patchwork picture: 14- or 21-inch-square pillows or a 21-by-28-inch case for a bed pillow. Pillow backing is included. Patches are precut and work up quickly.

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You see, itching causes scratching, which causes more itching. That’s the misery of what Doctors recognize as the “itch-scratch-itch cycle.”

LANACANE works because it breaks the itch-scratch-itch cycle. LANACANE relieves itching fast, quiets the urge to scratch. Then LANACANE soothes irritated skin, checks bacteria growth, speeds healing. And it’s so pleasant to use—it’s greaseless, has no unpleasant odor.

Stop being tortured by vicious itching. Let LANACANE help solve your itching problems today. For big trial tube, send 25¢ to LANACANE, Box 328 AH, White Plains, N.Y. 10604. Also try LANACANE SPRAY. At all drug counters.

Ceramic Tile Picturebook-25¢
(A lot of ideas for a little.)

Ceramic tile can turn anyplace into a showplace. And we’ve got a great book to prove it. It’s filled with ideas and photos to help you create stunning visual effects all over your house.

Decorative tile floor inlays, unusual window treatments, fireplaces, foyers, patios, dining rooms, bedrooms, and the most beautiful kitchens and baths you have ever laid your eyes on. It’s only 25¢ with this coupon.

P.O. Box 2222 Room 506, Princeton, New Jersey 08540.
Name________________________________________________________
Address_____________________________________________________
City________________State______________Zip_____________________

Tile Council of America, Inc.

How to do our pillow patchwork

The fluffy pillow patchwork quilt, pictured on pages 50-51, fits a 36-inch wide bed. The quilt itself consists of 35 12-inch pillow puffs arranged so it is 5 puffs wide and 6 long, with 3 puffs for overhang at bottom, as in diagram (below). Add more puffs to adjust for different bed sizes.

Materials: Washable cottons (quilt top uses 16 solid-color squares, 17 printed; backing uses 33 solid-color squares or 4 yards of 36-inch fabric); polyester quilt batt to fill puffs.

Procedure: Plan your design. Cut all pieces 13 inches square. For each puff place a top square and a backing square right sides together. Leaving an opening of 4 inches, baste, then machine-stitch ½ inch from edge around square. Trim seam. Turn right side out and point corners well. Fill to desired plumpness with batt. Close opening with overcast stitch. Repeat for each puff. Assemble puffs to fit your design. Sew all puffs together with small, even, running hand stitch.

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TV safety tips

• DON’T push the set so close to a wall, radiator or piece of furniture that you cover ventilation openings. Heat buildup in the set could start a fire.
• DON’T keep your favorite plant on the TV. Spills from watering could seep into the cabinet, cause a short circuit.
• DON’T wash the face of the picture tube while the set is on. The liquid could get inside, causing shock hazard.
• DON’T leave the set on when you go out. Also, turn off the set when you leave the room for a long time.
Imagine your children's wonder and delight when they see their name on a real printed picture! It's as if they were so important the picture was printed just for them! Yes, we'll inscribe any child's first name in rich gold finish letters in the sampler above the bed so the message reads: GOD LOVES (YOUR CHILD'S NAME). It will be all part of a magnificent painting by one of America's most famous children's artists, reproduced in glorious full color in a full 16" x 20" size. Sure to become an heirloom piece you'll treasure for years to come. Order now, indicate the name you want in the picture. Only $3 or any two for just $5. (Please add 25¢ postage and handling with each order and allow 4 to 6 weeks delivery.)
VICKI WAYNE
Satisf. Guar. $10 dap.
Add $1 for COD

CLASSIC WAGON
in White. Cotton. CADET gora skirt. Easy STATION BLUE stitchad cara Polyastar & ACTION-BACK Easy snap-on front, cracaful 7-
our famous Collins-HannaIronCo.,Inc.

STATION WAGON CLASSIC

for Personalized Stationery
Emboss your own personal stationery for a lifetime for just peeling a handle. Makes expensive looking raised letter impressions of any 3 line name and address on PAPER & ENVELOPES (for maximum to lines, accessories, service can be added by order of regular.) No more than 24 characters per line. 1 to 3 lines $1.95 plus 85c postage. For 4 lines add $1.

HAND EMBOSSER


Heart thimbles
Lavishly silver-plated thimbles from Portugal are lovingly adorned with tiny embossed snowflakes, and joined hearts pierced by Cupid's arrow. Bright red enamelled hearts or plain gleaming silver hearts (specify). Heart divided? Why not order both! $3.50 each; 2 for $6.50. Add $1.50 hdlg. Vicky Wayne, 610-A3V-S0. Country Club, Tucson, Az 85716.

Picasso
Les Petites Fleurs lithograph on canvas in red, blue, green and black on white is 20"x26". $2.50 plus 95c hdlg. Also, stretched on wooden artist stretcher bars, $9.95 plus $1.95. Or, framed in ebony with chromeline trim, $24.95 plus $1.95. Catalog with order; or 504 Lambert Studios, AM17, 910 N. La Cienega Blvd., Los Angeles, CA 90069.

Good-bye tarnish
Gorham silverware drawer pads of Pacific Silvercloth will keep your silverware neat, clean, and handy. And, you'll always be ready for last-minute company! Standard size (14x12x21/2") holds 108 pieces, $10.98. The jumbo size (17x14x21/2") holds 120 pieces, $11.98. Add 95c hdlg. each. Holiday Gifts, Dept. 603-B, Wheatridge, CO 80033.

Pretty foot note
"Pamela" pampers your pretty foot because she's made of lovely, soft leather with cushioned insoles to add extra comfort. 1" wedge. Crepe soles. In white, tan, or dark brown. Whole sizes only, 4 through 12. Medium width (adjusts to fit all widths). $11.95 plus 90c hdlg. Sizes over 10, add $1. Softwear Shoes, Dept. AH3, 1711 Main, Houston, TX 77002.


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Rattan wall rack
Interesting and attractive handcrafted solid rattan wall ornament provides six strong rattan hooks for towels, clothing, etc. Useful in many areas of your home, rack adds handsome wall interest as well. 16" wide and 17" high. $6.95 plus $1 for hdlg. Send 25¢ for catalog. Order from Fran's Basket House, Dept. AH3, Route 10, Succasunna, NJ 07876.

Buckle beauty!
Indian Head Penny Belt Buckle is a recreation of famous American coin in heavy metal, copper plated for authenticity. 2%" diameter. Coin in heavy metal, copper plated, of course! "Buckle beauty!"

Revere mini saucepan
Measure, beat, or serve in this Revere Ware miniature, a convenient one-cup size. Just like the famous big pans, it's stainless steel with cool plastic handle, hanging ring and copper-clad, of course! Marked 1/4's and 1/2's to 1 cup. Revere Ware Saucepan, $3.49. Walter Drake, Dept. AH99, Drake Building, Colorado Springs, CO 80940.

A dream come true

Pierced earring case
Sleek brass case will keep your pear, pairs of drops and studs together and untangled. Has 8 velvety compartments in two sizes, plus tiny tongs to pick up your earrings. Comes with box, love letter, charming 2¾"x2½"x¾", case comes engraved with 3 initials. Specify, please. A thoughtful gift, too! $4.50. Bruce Bolind, Dept. AH3, Boulder, CO 80302 continued
Where Rheumatism Pain Strikes

Rheumatic and Arthritic Pain can strike the joints in any of the indicated areas. (see arrow on chart)

Puts Pain To SLEEP

Now for the first time, overnight blessed temporary relief from the pain of arthritis, bursitis, rheumatism, soreness, stiffness. Just rub Icy-Hot's creamy balm over the affected joints or muscles, and you can actually feel the pain start lessening. Begin to sleep peacefully again. If you don't have relief in 24 hours we'll refund your money. Not available in stores. Send $3.00 for 3 1/2 oz. jar or $5.00 for 7 oz. jar.

SEND ME ICY-HOT QUICK!

J. W. Gibson Co., Dept. A13
2000 N. Illinois St., Indianapolis, Ind. 46202

Please rush ICY-HOT to me. I must be completely satisfied with the results or I will send you a note for a full refund. (I won't bother returning the unused portion.)

☐ I enclose $3.00 for the 3 1/2 oz. jar.
☐ I enclose $5.00 for the 7 oz. jar.
☐ Cash ☐ Check ☐ Money Order

NAME
ADDRESS
CITY STATE ZIP

© J. W. GIBSON CO., 1974

For recipe clippers

Magic Grip Recipe Book has clinging, clear cover sheets in which to put recipes you clip from magazines and newspapers. No glue or tape needed. Just slip cut sheets: 5 1/2”x8” pages have 20 recipes under the Magic-Grip edges to store recipes for quick, clean use. $3.50; 2, $6.50 Add 90¢ hdlg. Lillian Vernon, Dept. A3E, 510 S. Fulton Ave., Mt. Vernon, NY 10550.

Bouncy beauty


Yellow Spanish onion

This enormous yielder, the largest and sweetest of all onions, can produce as much as 1200 bushels per acre, single specimens often weighing more than 2 pounds. Under the yellow skin is the pure white flesh, so sweet, mild and tasty. Pkt, 50¢; oz, $2.25; 1 lb., $4; 1/2 lb, $7; lb., $11. R.H. Shumway Seedsmen, Dept. F, 628 Cedar St., Rockford IL 61101.
Grass Seed Is For The Birds
Zoysia Saves Time, Work, Money

SPECIAL INTRODUCTORY OFFER! OFFER NOW, GET UP TO 200 ZOYSIA PLUGS FREE!

By Mike Senkew

Every year I see people pour more and more money into their lawns. They dig, fertilize and lime. They water it all in. They scatter their seed and roll and water it. Birds love it! Seeds which aren't washed away by rain give them the feast. But some seed grows, and soon it's time to weed, water and mow... until summer comes to burn the lawn into hay, or crabgrass and diseases infest it. That's what happens to ordinary grass, but not to Zoysia.

"MOVED IT 2 TIMES," WRITES WOMAN

For example, Mrs. M. R. Mitter writes me how her lawn... is the envy of all who see it. When everybody's lawns around here are brown from drought ours just stays as green as ever. After we never watered it, only when I put the plugs in. Last summer we had it mowed (2) times. Another thing, we never have to pull any weeds—it's just wonderful!!

And from Iowa came word that the state's largest Men's Garden Club picked a Zoysia lawn as the "top lawn—nearly perfect" in its area. Yet this lawn had been watered only once all summer up to August!

These represent but 2 of thousands of happy Zoysia owners. Their experiences show that you, too, can have a lawn that stays green and beautiful thru blistering heat, water-bans—even drought!

CUTS YOUR WORK, SAVES YOU MONEY

Your deep-rooted, established Amazoy lawn saves you time and money in many ways. It never needs replacement... and won't re-seeding forever. Fertilizing and watering (water costs money, too) are rarely if ever needed. It ends the need for expensive greens killers and permanently cuts pushing a noisy mower in the blistering sun by %.

CHOKES OUT CRABGRASS

Thick rich, luxurious Amazoy grows into a carpet of grass that chokes out crabgrass and weeds all summer long. It will NOT winter kill. Goes off its green color after frosting, regains fresh new beauty every Spring—a true perennial!!

FOR SLOPES

If slopes are a problem, just plug in Amazoy. When established, it ends erosion—also plug into hard-to-cover spots, play-worn areas, etc.

ORDER now for Bonus Plugs and prompt delivery for fastest growing seasons. Orders are shipped same day taken from soil, shipping charge collect, via most economical means. EPV, 1975.

100 plugs, plus bonus of 25, TOTAL $13.75
200 plugs, plus bonus of 50, TOTAL $22.55
500 plugs, plus bonus of 150, TOTAL $39.95
1000 plugs & bonus of 300 TOTAL $72.75

100 plugs plus bonus of 10, TOTAL $6.95
200 plugs, plus bonus of 50, TOTAL $18.75
500 plugs, plus bonus of 150, TOTAL $57.75
1000 plugs & bonus of 300 TOTAL $110.95

"Dutch" greenhouse

All-aluminum and glass Luminair greenhouse in Dutch style has sloping sides and glass-to-ground design. Easy-slide sliding door. Quickly assembled with simple hand tools. Clip-in glazing system. No messy putting. Model shown, 8½' long. $479.95 f.o.b. Free catalog. Peter Reimuller—The Greenhouse Trends, Box 2757, EP3, Santa Cruz, CA 95063

Cook's helpers

Rack of deep-toned pine adorned with antique brass eagle sports six handy stainless steel utensils with white handles delightfully decorated with a colorful harvest pattern. Brassed hooks. When not in use, each utensil enhances any kitchen, 18½"x3"x1½". $13.50. Catalog free with order; or, 50c. Sturbridge Yankee Workshop, AH3, Sturbridge, MA 01566.

Block initial bookends

Put your precious books between your initials made of solid metal. Each initial is gold plated with a Florentine texture and mounted on matching beveled bases. Long tuck-unders hold books securely. Have identical first or last initials or one of each (please print). 4" tall. Pair, $2.98 plus 50c hdlg. Vernon, A3E, 510 So. Fulton, Mt. Vernon, NY 10550.

Artfully yours

Simple, paint-by-the-number method turns you into a creative mural artist. 74 designs/subjects up to 12" wide; up to 3 color schemes. Every kit is complete with pattern, brushes, paints, $2.95 up. Color catalog with decorator guide, color chart, instructions, 25¢. From Double M Marketing, AH-503E, Box 8500, Fountain Valley, CA 92708.

Pet on roamin' holidays?

There's no worry about wondering sides and glass-to-ground from Holiday Gifts. Dept. 603-C, easy attachment to collar. Please return. Pet's name, your name, identification tag. With hook for play-worn areas, etc.

PLUG AMAZOY INTO OLD LAWN, NEW GROUND OR NURSERY AREA

Just set Amazoy plugs into holes in ground like a cork in a bottle. Plant 1 foot apart, checkerboard style. Every plug 3 sq. inches.

When planted in existing lawn areas plugs will spread to drive out old, unwanted growth, including weeds. Easy planting instructions with order.

NO NEED TO RIP OUT PRESENT GRASS

Now's the time to order your Zoysia plugs—to get started on a lawn that will choke out crabgrass and weeds all summer long and year after year.

Plug it into an entire lawn or limited "problem areas." Plug it into poor soil, "bulider's soil," clay or sandy soils—even salty, beach areas, and—

FREE

Patented Step-On Pluggers Comes Free with Order of 200 Plugs or more

A growth-producing 2-way plugger that saves bending and kneeling. Cuts away competing growth at same time it digs holes for plugs. Invaluable for transplanting. Rugged yet so light a woman can use it.

FREE UP 200 TO PLUGS

Millions of Amazoy plugs are sold every year in nationally advertised plugs or plugs from represent false savings.

This special offer will not be repeated here this year, so order and save now! Mayor Z-82 Zoysia Grass was protected by U.S. Gov't. for 20 years in cooperation with U.S. Golf Assn. as superior grass.

To: Mr. Mike Senkew, Zoysia Farms Dept. 441, Box 1204, General Delivery, Reisterstown Rd., Baltimore, Md. 21125

Demi Tasse Spoon Ring $2.98

SOLID STERLING SILVER—PERSONALIZED!

The dainty demi-tasse spoon becomes a ring—
personalized just for you, with one script initial! Floral motif, lightly antiqued.

#1015—Spoon Ring. Adjusts to fit

$2.98

PRINT initial, add 35¢ post. & hdge.

LILIAN VERON
Dept. A31
162 S. Patton Ave.
Mt. Vernon, N.Y. 10550

$12.95

plus $1.50 postage

SEND 25¢ FOR CATALOG

Tiffany Lamp

Beautifully hand-woven of natural raffia. Complete-
ly wired with on/off switch, 9 ft. rattan chain & bracket.

Shade is 10" dia. x 9". Painted in white, yellow, green, pink, orange, blue or black and add $2.00. Use up to 100 watt bulb.

VISIT OUR WAREHOUSE SHOWROOM
FRANK'S BASKET HOUSE Dept. A35
225 Route 10, Succasunna, N. J. 07876

BUILD A GENUINE ANTIQUE
HEIRLOOM TRUNK
FOR LESS THAN $90.

FACTORY DIRECT PRICES
• Do-it-yourself kit, all parts pre-cut
• Solid brass exterior sheeting, lid and tray bottom vel-
vet lined, tray and interior aromatic cedar, solid hard-
wood exterior banding
• Easily assembled
• Finished models available
• Money back guarantee

FREE COLOR BROCHURE
Master Charge
BankAmericard
Southern Mobile Industries
Dept. 21
P. O. Box 360
Bay Minette, Al. 36507

Demolition darlings

If wee folk traffic is damaging your paperyed corners, chipping paint, or doing dented paneled walls! "Tri-Gards" will protect vulner-
able corners. Of sturdy "invisible" pleixiglas, it lets colors and pat-
terns through. Wipe clean with damp cloth. 4' lengths. $3.98, 2 for $7.50. Add 95¢ hdg. Ken-
Mart Prods., A3H, Box 348, Northfield, Ill 60093.

Cornered by cupboards?

This Corner Rack adds extra shelves for needed storage. It utilizes otherwise wasted space! Narrows in front for easy access. Heavy steel wire with white plastic cushion-coating. 10" deep, 7¼" high. Width, 10¼" at back, 7½" in front. $3.98, 2 for $7.50. Add 40¢ hdg. The Country Gour-

A sure thing!

"Women's Circle Cookbook," with over 1,000 recipes tested by Wom-
en's Circle Readers, is a kitchen delight with 168 large 8½ x 11" pages of carefully selected recipes. Covers every category, too, so you'll never "run out" of ideas for delicious dishes for your demanding family or friends. $2. Tower Press, Inc., POB 428-CCX, Sea-
brook, NH 03874.

Just like other clocks selling for $34.95 and $39.95, this unit projects the time in digital numbers on your ceiling. Invisible beam—no glare to keep you awake. Clock has a gentle alarm, a brass top and a black face with white numerals. Full one year factory warranty. Ill. residents add 5% sales tax. Satisfac-
tion guaranteed or money back. MOST ORDERS SHIPPED IN 24 HOURS.

Sweet sleepin’

"Sweet Dreams" with its soft, swooshy skirt is ideal for loung-
ing, too. Machine washable. Opaque nylon tricot. Sexy satin piping trims the lavish inset of satin-backed ec-
rue lace. Self-button closing. Pink or blue, S, M, L, Lilac or beige, XL only. $11 plus 90¢ hdg. Vicki Wayne, 510-
A3G-SO, Country Club, Tuc-
son, Az 85716.

Light walking

"Heather" is an angel comes to winging along fort in this sweet 'n soft Glowe-soften leather with cushioned insoles, it’s a sure-foot hit and or dress wear. 1" heel beige, or black. Sizes 4-12, N, M, W, $11.95 hdg. Sizes over 10, add wear Shoes, Dept. AH-
Main, Houston, TX 7700

High Time

CEILING ALARM CLOCK

$25.95

plus $2 postage
& handling

Just like other clocks selling for $34.95 and $39.95, this unit projects the time in digital numbers on your ceiling. Invisible beam—no glare to keep you awake. Clock has a gentle alarm, a brass top and a black face with white numerals. Full one year factory warranty. Ill. residents add 5% sales tax. Satisfac-
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Main, Houston, TX 7700
UNQUESTIONABLY THE MOST
BEAUTIFUL
FAST GROWING
SHADE TREE
IN AMERICA TODAY

• This gorgeous tree is known as the scarlet maple, the red maple, or the EVER CHANGING MAPLE.
• Beautiful Red Scarlet leaves in the fall of the year, and beautiful deep dark green leaves in the spring of the year.
• Grows approximately 25-30 feet over a five year period, which makes it one of the fastest growing shade trees in America today.
• Many landscape architects, nursery men, and gardening experts refer to this tree as the "2 in 1" tree, because of its dual qualities of beauty and speed.
• Now is the ideal time to plant this tree.
• Shipped at 5 to 7 feet—all shipping cost paid.
• Due to the tremendous demand for this tree please allow two weeks for delivery.

Actual photograph of a five year scarlet maple.

LESS THAN $2.00 each
(in lots of 16 or more)
Shipped at 5 to 7 feet
(all shipping cost paid)

Adaptability—"The scarlet maple has one of the widest ranges of our native trees, growing from eastern central Canada to Florida, and because of its ease of transplanting it adapts to any type of soil." (From All About Trees by E. Johnson). The one tree experts agree will grow anywhere in the U.S.A.

TO BEAUTIFY YOUR HOME NOW ORDER TODAY ON A TWO WAY GUARANTEE

Imagine! This beautiful tree shading your front yard and the looks of admiration and words of praise it will bring to your house and home. You'll agree it lends lovely contrasts to its surroundings. Now the retail price of this tree is $4.98, but during this planting season our price is only $4.49. Yes, just a mere $4.49 for this beautiful shade tree. ORDER TODAY—YOU WILL BE PLEASED.

TWO WAY GUARANTEE

We are so sure that this is the most incredible shade tree that you’ve ever seen, here is our 2-way, ironclad guarantee: (1) If, upon arrival, you are not completely satisfied, then return for a full refund: (2) Free replacement, for any reason, up to one full year. When have you ever seen a stronger guarantee?

NURSERY BARN
P.O. Box 712—BA
McMinnville, Tenn. 37110

Please send us these beautiful shade trees, on a two-way guarantee, the trees indicated below.

1 Shade Tree $4.49
2 Shade Trees $7.98
4 Shade Trees $12.98
8 Shade Trees $22.98
16 Shade Trees $31.98

I enclose $________ in □ cash □ check □ money order

Name:
Address:
City: State: Zip:

83
**BLUE BIRD OF HAPPINESS**

Enchanting solid crystal Lovebird is a rich deep blue in color and delicately detailed. It is signed by the famous Swedish artist "Tyke", who designed it. A masterpiece in crystal for those who enjoy and love fine quality. Truly a collector's item. Order several to give as gifts. We will ship at once.

Price: $5.98 each; 2 for $10.98. Add 95c postage.

**WATER LILIES**

Color Catalogue-10:

**JANESS WOOD PARK**

RT. 1 UPLAND, CALIF. 91706

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**MARSHMALLOWS SOFT!**

"MARGIE"—Patient sandals to go with everything, sporty to dressy. Wonderfully comfortable with foam cushioned insoles. Elasticized back straps for great fit. 1½ inch heels. Colors: White, Black, Navy, Bone or Red. $12.95. Sizes 4 through 12. Narrow, Medium or Wide widths. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Order in multiples of 2 to get a refund if not delighted. Free catalog.

**SWAP PHOTOS**

All Silk Finish Paper

24 for $1.99 = 1 for $2.99

Send any size photo (Black & White or color, Requested untrimmed). Perfect for collage applications, pins and postcards. A MARY KAYSER, Chicago.

**NEW GROUND COVER**

COLORADO BLUE SPRUCE

Select 3 yr. strong plants, 6-12 in. Ideal screens or individual specimens. From Black Hills to Shining Blue. Prefer Sun. $12.95 100 Covers—$100

**SWAP PHOTOS**

FULL COLOR 17 for $2.22

Send any color picture or color negative. Returned uncharged.

**MONEY BACK GUARANTEE**

Add 15c postage & handling plus 5%. N. J. sales tax on a hi. Address add 50% for extra first class post.

**WALLETT PHOTO CO.**

175 Fifth Ave., New York, NY 10110

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**Bamboo orchid, a beauty**

Breathtaking, it blooms all year in your home. Grows with artificial or natural light. Flown direct from Hawaii, you receive plant 15" to 18". Soon, flower appears, white with purple lips. $2 plus 50c hdgd. 2 plants for $4 plus 75c; 4 for $7 plus $1. Gary Evan Hawaii Nursery, Dept. AH3, 175 Fifth Ave., New York, NY 10010.

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**Silver-plating offer**

If you're ready to toss out worn silver pieces, then you'll be very interested in this extraordinary silver-plating sale. You can have your own items replated at a sale price! Your worn antique heirlooms can be quadruple silver-plated. Work is guaranteed. For their free price list, write: Semi-Metal, AH 3, 1919 Memory Lane, Columbus, OH 43209.

---

**Baby's first shoes?**

Why not have them bronze-plated in solid metal as a forever memory! An ideal gift for parents or grandparents, too. $3.99 a pair. Also portrait stands (shown), TV lamps, bookends at big savings. Send no money. For details, money-saving certificate and postpaid mailer, write to the American Replating Co., Box 6504-C, Bexley, OH 43209.

---

**The "scarlet maple"**

This magnificent red-leafed shade tree has been hailed by experts as the "2-in-1" tree because of its great beauty and speed of growth. Its leaves are a brilliant red in the autumn and it grows up to 30' over a 5-year period. 2 trees, $7.98; 4 for $12.98; 8 for $22.98. From the Nursery Barn, P.O. Box 712BA, McMinnville, TN 37110.

---

**Instant green thumb!**

Pick Strawberries In 90 Days

GIANT EASY TO TRAIN

CLIMBING STRAWBERRIES

Everbearing.
Produce all Summer Until Frost.

$1.98

5 PLANTS Only

★ Ever-bearing Perennials
  Grow Year After Year!
★ Can Be Trained on Any Trellis, Fence or Pole!
★ Produces Berries From Bottom To Top!
★ Easy To Grow — Simple To Plant!
★ Large Juicy Berries!
★ Bears Fruit First Year!

It’s true! A beautiful climbing strawberry. A strawberry plant that produces delicious, honey-sweet red strawberries the whole way up! Read these facts and learn how you can grow these beautiful ornamental plants that produces berries that you can pick from the vine.

Imagine the curiosity, the envy of your neighbors as they watch you grow strawberries on a pole, trellis or fence. Imagine the interest and excitement as they watch this richly foliaged plant reaching vigorously upward. Imagine your own delight as you watch enticing bright red strawberries appear. Just picture yourself leisurely walking through your garden picking real red strawberries from your own exotic climbing strawberry plants... picking delightful tasting strawberries right off the vine... without having to wash off the dirt... and popping them into your mouth to enjoy their vine-fresh flavor!

CLIMBING STRAWBERRIES ARE PERENNIALS

Ever-Bearing — Produce All Summer Until Frost

You don’t have to buy and plant these Climbing Strawberries every year! Because they are hardy perennials, they’ll grow year after year. And each spring they’ll produce even more lustily, increasing in length quickly and forming 5 to 6 rosettes at intervals. These rosettes produce clusters of flowers from which the berries fruit profusely this year. In turn, the rosettes produce more runners which bear more flowers and fruit. A prolific, splendid plant to enjoy for years and years. It is truly everbearing.

EASY TO GROW

These plants have proven their ability to thrive and produce and withstand severe winters. And you don’t need a lot of space to grow them in... only a couple of square feet of ground per plant! Imagine—a climbing strawberry plant from only 2 square feet of ground! Amazing, but true. Planting and care are simple and full directions come with your order.

© Climbing Strawberries 1975

If ordering from Canada, plants will be shipped by our Canadian Office.

3-MONTH WRITTEN GUARANTEE

Climbing Strawberry plants are shipped to arrive in perfect condition for planting— to grow and produce berries or plants will be replaced absolutely FREE anytime within 3 months!

CLIMBING STRAWBERRIES

PHILADELPHIA, PA.

★ STRAWBERRIES FROM SPRING UNTIL FROST ★

Offer Will Not Be Repeated This Year.

Climbing strawberries grow and bear succulent berries until killing frost. Planted in early spring, these climbing strawberry plants start producing berries around July and continue to produce week after week, until frost. You can enjoy the firm texture, tempting fragrance and delightful taste of these magnificent strawberries for months. But that’s not all! These plants are as beautiful as they are practical. Not only do they produce delicious fruit, but they also help to dress up your garden with beautiful greenery decked generously with bright red berries. A splendid ornamental plant with luxurious wax-green foliage. Act today!

The Climbing Strawberries offered in this ad are cultivated exclusively for us and are available only through this advertisement and cannot be purchased anywhere else in the United States.

PLANTS WILL BE SHIPPED IN TIME FOR PROPER PLANTING IN YOUR AREA. YOU WILL BE PICKING BERRIES 90 DAYS AFTER YOU PLANT THEM.

RUSH ORDER TODAY

CLIMBING STRAWBERRIES — Dept. CT-120

Phone: (215) 597-2200

Caroline Road

Philadelphia, PA. 19176

5 Plants Only $1.98

10 Plants Only $2.98

Please rush me my CLIMBING STRAWBERRY PLANTS. 5 for $1.98 or 10 for $2.98.

SEND Climbing Strawberry Plants. (Add 35c for postage and handling).

Enclosed is $...

Name

Address

City State Zip

(Add Sales Tax Where Applicable)
Growing—and cooking with your own herbs is richly rewarding.

Once you've had the pleasure of growing and using—and especially looking at—an herb garden, you won't want to live without one. During my years as crafts editor of American Home, I always had a lovely herb garden to tend. It was my haven of relaxation and a perfect font of information. For you don't just grow herbs; you read about them. And though they are as old as man, you learn many fascinating things—facts and fancies, as well as a surprising amount of history.

When I retired and bought my saltbox house in Maine, I was happy to find I had the perfect site for a new herb garden: up close to the southern side of the house, with plenty of sun and just enough shade to keep the plants from wilting. I planned to grow my garden following old-fashioned precepts: The 12- by 24-foot space was to be laid out in trim, tidy lines and was to have an enclosing, protective wall. I chose one of massive weathered-spruce timbers. These would blend in with the wooded landscape and also be easy to maintain. I had a nearby nursery lay them for me according to my plan. Inside the wall, once winter had passed, I would fill and level the soil for the paths and plant beds.

My soil was a kind of clay—not really good enough for herbs. In a rare burst of warm December weather, I turned the soil with a pitchfork and sprinkled it with garden lime so that, by spring, it would become a bit sweeter. Once spring came, I raked it smooth. For drainage and paths and plant beds.

One of the craft editors of American Home, I always had a lovely herb garden to tend. It was my haven of relaxation and a perfect font of information. For you don't just grow herbs; you read about them. And though they are as old as man, you learn many fascinating things—facts and fancies, as well as a surprising amount of history.

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Herb Salad

Take two or three sprigs of every edible herb you have, plus a handful (about 1 cup) of parsley and another of basil. Snip all finely with scissors. Add to 4 cups fresh, washed and dried garden lettuce and 1 cup halved cherry tomatoes. Mix in bowl. Pour 1 tablespoon olive oil over all. Toss lightly. Mix 3 tablespoons olive oil with 1 tablespoon wine vinegar. Season with salt and freshly ground pepper. Add thin slices of cucumber, then pour on dressing and toss all together thoroughly.

Herb Mayonnaise

1 cup basil leaves
4 big parsley leaf clusters
3 or 4 chive leaves
2 sprigs sweet marjoram
2 sprigs thyme
2 sprigs chervil
1 sage leaf

Chop all herbs very fine. Mix into 1/2 cup prepared or homemade mayonnaise thinned with lime juice to a creamy consistency. For special occasions, add 1/2 teaspoon of extra-fine curry powder. This mayonnaise is very good and will keep in the refrigerator indefinitely if it is well covered.

PEERLESS

Rattan and Reed Co.
Dest. R.A.H.
97 Washington St., New York, N.Y. 10006

[continued from page 12]
A funny thing happened on the way to the perfect paint

...Tru-Test found it!

New E-Z Kare latex flat enamel keeps stains from penetrating. Wipes clean in a jiffy...even withstands heavy scrubbing and scouring. E-Z Kare combines the flat finish of latex with the scrubbability of enamel.*

Introducing super scrubbable
E-Z Kare latex flat enamel
...perfect for both walls and woodwork.

ow you can do a whole room with the same paint. And keep it clean and beautiful. Reason: the E-Z Kare enamel-hard finish has strong stain resistance which makes it ideal for both walls and woodwork. Ugly spots, smudges wipe right off. And creamy smooth, dripfree E-Z Kare dries latex flat in 30 minutes. Wide color choice in white or custom colors, value priced at your True Value Hardware Store.

Tru-Test paint, professional decorators' choice for American Home's 100 Plus Ideas House.*

*Unretouched photos

LET'S LIVE COLOR, page decorating idea book, free at participating True Value Hardware Stores.

Tru-Test Paints are sold exclusively by participating True Value Hardware Stores who own their own paint factories. Look under "Paint—Tru-Test" in the classified phone directory.
THE LONGER YOU SMOKE, THE MORE YOU'LL LIKE KOOL LONGS.

Those extra puffs in long-size cigarettes can taste extra hot. But Kool Longs are refreshing for all their length. They're the only ones with the taste of extra coolness.

LADY BE COOL.