ROMANTIC LIVING

HOW TO ADD CHARM WITH A PERSONAL TOUCH TO EVERY ROOM IN YOUR HOUSE

ENJOYING THE COUNTRY STYLE IN A CITY LOFT

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POISON: KEEP OUT OF REACH OF CHILDREN. CAUSES SEVERE BURNS ON CONTACT. READ LABEL CAREFULLY.
COVER: In this month of lacy valentines, we've an issue full of romantic ideas in decorating, food, crafts, and beauty. On our cover is artist Marlaina Deppe who has created a romantic oasis in a remodeled New York City loft. She is surrounded by some of her original pillow designs that were spray-dyed with Rit Dyes and an easy-to-do stencil technique. For more about the loft and pillows, see page 40. Makeup by Almay; Nice'N Easy Hair Color by Clairol. Styling: makeup by Polly Yau; hair by Ricardo, both of Cinandre. Photographed by Michael Dunne.

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Extra-strength means good-bye headache.

Excedrin. With more pain reliever, more total strength than regular strength aspirin and non-aspirin tablets. Extra-strength means Excedrin.
Low tar is important to me.
But so is taste.

I won’t sacrifice taste for low numbers.
With Winston Lights, I don’t sacrifice anything.
I get low tar, but I also get the taste I like. Only Winston Lights give me both.

How hard it is for all of us to understand why some good things must come to an end. That's what keeps going through my head as I try to find the words to tell you that this is the last issue of American Home Magazine.

After fifty years of riding the ups and downs of the publishing business, American Home must now say farewell. Many of you will remember the shock we all felt when Life magazine's last issue arrived with a similar announcement. There is no simple way to tell you about the combination of circumstances that has contributed to the decision to cease publication, but we have had to bow to the same economic facts that have led to the closing of many other well-loved magazines. We can no longer afford to bring you American Home in its present form every month.

For you, our readers, many of whom have been reading American Home for many years, it will mean the absence of a familiar face. You have told us how much the magazine has meant to you; we have been cheered when you found us stimulating and exciting, and we have taken heed when you thought we were wrong.

The closing also affects the talented and creative people who have produced the magazine for you. They came to American Home because they felt that here, in a magazine that was striving to be better, they would be able to make a difference. Their loyalty, dedication, and unqualified devotion have made American Home very special to me.

Since the name, American Home, has meant so much to so many, we cannot let it disappear. You will continue to see it incorporated in our sister publication, Redbook, and as a banner on our special publications, such as the American Home Treasury of Americana, American Home Crafts, and American Home's Beautiful Food. Also watch for American Home's special decorating issues: The first of these, entitled American Home's Decorating With Style, will be on sale shortly.

And so, although this magazine, this particular good thing must end, it will find a new life in fresher forms. Look for us, we'll be around.
What makes a drink romantic? Must it have a rosy glow which makes some of us consider pink champagne far more romantic than the classic pale gold one? Is it the shape of the glass—subly curved for sherry, elegantly tulip-shaped for champagne, or the voluptuous swell of a balloon bur­gundy glass? Perhaps it’s the stimulating and exotic flavors of heady brandies, eaux de vie, and liqueurs. Really, it’s all of these elements. And, just as important, the mood you bring to the moment can make even an unpre­tentious, everyday drink glimmer with sentimental portent.

A romantic occasion, no matter where, calls for an appropriate drink. In Spain, the traditional drink of romance is sherry with its many gradations of color and taste. Romance, Russian style, could be tiny glasses filled with icy cold vodka and served with little­mounds of caviar, chopped onion, hard­cooked eggs, and lemon, or thin slices of smoked salmon dotted with freshly ground pepper.

Champagne is the universal romantic drink—whether you choose an elegant French brut or a delightfully fresh and fragrant bubbly from the States such as Almaden champagne, blanc de blancs, brut, pink champagne, or Domaine Chandon Brut.

**ROMANTIC CLASSICS REVISTED:**
Throughout the years, there have been cocktails with captivating names. Once popular in the twenties, and surfacing once reserved for the silver screen can be duplicated in your own home with these few components—an after-dinner (or after-theater) brandy, sipped by the light of a flickering fire with soft music playing. Or, those who adore the caress­ingly sweet flavors of cordials and liq­ueurs will warm to amber­tinted, al­mond­scented Amaretto di Saronno poured into small elegant glasses. Serve with a plate of amaretto, those crisp Italian almond cookies, to further intensify the liqueur’s flavor. Perhaps you’ll want to try rich, dark, coffee­flavored Kah­ku, or fresh­tasting, green­hued creme de menthe; or the brilliant red glow and surprising taste of a cranberry cordial.

**ROMANTIC MIXERS:**

A romantic ambience once reserved for the silver screen can be duplicated in your own home with these few components—an after-dinner (or after-theater) brandy, sipped by the light of a flickering fire with soft music playing. Or, those who adore the caress­ingly sweet flavors of cordials and liq­ueurs will warm to amber­tinted, al­mond­scented Amaretto di Saronno poured into small elegant glasses. Serve with a plate of amaretto, those crisp Italian almond cookies, to further intensify the liqueur’s flavor. Perhaps you’ll want to try rich, dark, coffee­flavored Kah­ku, or fresh­tasting, green­hued creme de menthe; or the brilliant red glow and surprising taste of a cranberry cordial.

**THE SENSUOUS SIP:**

Frost the rims of two stemmed cocktail glasses by wetting the rims, then dipping them into a plate of super-fine granulated sugar. Chill for at least 15 minutes to set the sugar. Pour 1/4 cup of pineapple juice, 1/4 cup of apricot nectar, 2 jiggers (3 oz.) white rum, and 2 teaspoons of Arrow peach brandy into a small pitcher or jug. Add plenty of ice cubes and stir briskly. Pour into chilled glasses. Garnish each with a thick wedge of fresh pineapple.

**THE SNUGGLER:**
Fill two highball glasses with crushed ice up to within 1 inch from the tops. Pour into each glass (in this order): 1 oz. of black currant liqueur, such as Arrow Creme de Cassis, 4 oz. of Christian Brothers Vin Rosé, and a splash or so of ginger ale. Stir gently. Garnish each with a whole unstemmed strawberry.

**TEA-TOTALLER'S BLISS:**

Pour 3 to 4 oz. of dry white wine, such as Inglenook Chablis, into two tall highball glasses. Add 3 to 4 oz. of strong tea, ice cubes, and a splash of club soda. Garnish with a sprig of fresh mint.

There are moments, or moods, when you much prefer ready-made cocktails or mixes to which you can add your own spirits. Heublein, for example, has a line of full-strength cocktails that ranges from an extra-dry martini to the exot­tasting Mai Tai. Then there are the fruit and milk-based Malcolm Hereford Cows that need only the addition of ice cubes. Holland House prepared cock­tail bases are handy to have around, as are Club Cocktails that come in cans.

Whichever one you choose, you’ll be mixing a surefire mood-maker.
Like to add a rich, warm glow to your living room...a touch of class to your bedroom? Then treat yourself to a piece of fine art for your floor with a Kismet decorator rug.

Woven from a luxurious 50 oz. per sq. yd. of 100% virgin worsted wool, they have a beautiful, mellow lustre.

Select your Kismet Classic from an extravagant assortment of 11 patterns in 8 sizes. Each handsome pattern has up to 23 colors woven into its design.

Kismet rugs are backed by the Sears Label of Confidence, the label that backs every piece of Sears floor covering. It reveals important information like fiber content, construction and cleanability...and most everything else you need to know before making that all important purchase.

Start your treasure collection today, with a Kismet decorator rug. They're available, right now, in most larger Sears retail stores.

Prices higher in Alaska and Hawaii.

Only at Sears

PLANT WATCH

PLANNING YOUR SUMMER GARDEN

Let your green thumb do the walking through catalogs to get you thinking now for a garden of flowers or vegetables.

BY BILL MULLIGAN

Want to have a lush, blooming beautiful garden or a bounty of vegetables this summer? Make your dreams flower with some careful preseason planning. These general guidelines will help you decide what flowers, shrubs, trees, or vegetables you might enjoy, where to get them, and when to plant each for best results.

PLANT TIMETABLE

ANNUALS: Start the seeds of the following annual flowers in flats indoors eight to twelve weeks before the last likely frost date (check with your local USDA county agent for the frost-free date in your area): impatiens, browalia, lobelia, nicotiana, petunia, ageratum, dianthus, verbena, heliotrope, phlox, salvia, cockscomb, and snapdragon. Sow the seeds of the following cold-hardy annuals outdoors as soon as the soil is workable in your area: coreopsis, godetia, forget-me-not (anchusa), stock, iceland poppy, mignonette, bachelor’s button, larkspur, gloriosa daisy, sweet pea, lupine, and sunflower.

PERENNIALS: Set out started plants of the following perennial flowers as soon as the soil can be worked: Shasta daisy, achillea, columbine, armeria, hardy asters (for fall bloom), campanula, clematis, hardy chrysanthemums, dianthus, delphinium, bleeding heart, foxglove, coralbells, hollyhock, liriope, lavendar, summer phlox, sedums and sempervivums, hosta, hardy ferns, and primroses.

ROSES, SHADE AND FRUIT TREES, SHRUBS, AND EVERGREENS: If purchased bare root, plant as soon as ground can be worked. If purchased container grown, plant as soon as possible after the first frost, or any time throughout the summer as long as they’re kept well watered.

VEGETABLES: Some vegetables prefer the cool temperatures of early spring and early fall, while others grow best in the hot weather of midsummer. These general cool- and hot-weather preferences can be further divided into the following six categories:

Very hardy (plant four to six weeks before frost-free date): broccoli, cabbage, lettuce, onions, peas, potatoes, spinach, and turnips.

Hardy (plant two to four weeks before frost-free date): beets, carrots, chard, mustard, parsnips, and radishes.

Not cold-hardy (plant on frost-free date): snap beans, sweet corn, okra, squash, and tomatoes.

Requiring hot weather (plant one week or more after frost-free date): lima beans, cucumbers, eggplant, melons, peppers, sweet potatoes.

Medium heat-tolerant (good for summer planting): all beans, chard, sweet corn, and squash.

Hardy, southern states only (plant six to eight weeks before first fall freeze): beets, collards, kale, lettuce, mustard, spinach, and turnips.

PLANT CATALOGS

Every year at this time, seed and nursery mail-order catalogs feature enticing previews of the newest plant hybrids and the latest in gardening accessories. Almost as much fun as actually working the garden, relaxing with several of these full-color booklets is the perfect way to brighten a bleak winter day. Order a selection for yourself right now. Generally, flowers and vegetables are shipped as seeds; trees, shrubs, and houseplants already started. The catalogs that have always been among my favorites are:

W. Atlee Burpee Co., 1107 Burpee Building, Warminster, PA 18974; catalog free. Burpee is unsurpassed in the diversity of annual flowers and fool-proof, disease-resistant vegetables.

Henry Field Seed and Nursery Co., 407 Sycamore St., Shendoah, IA 51602; catalog free. The emphasis in this giant collection is on fruit trees, shrubs, and other nursery stock. Of special interest is Toy Boy tomato, an ideal small grower.

Nichol's Garden Nursery, North Pacific Hwy., Albany, OR 97321; catalog $25. This is a delightful compendium of unusual vegetable and herb seeds, and lots more.

George W. Park Seed Co., Inc., Greenwood, SC 29647; catalog free. An enormous range of plant materials of every kind.

Sunnybrook Farms, 9448 Mayfield Rd., Chesterland, OH 44026; catalog free. The started plants offered include a surprising variety of herbs, ivies, begonias, cacti and succulents.


White Flower Farm, Litchfield, CT 06759; $4 per year entitles you to the spring and fall editions of "The Garden Book" plus three issues of "Notes." Definitely for the connoisseur.

Jackson and Perkins, Medford, OR 97501, and Star Roses, West Grove, PA 19390; catalogs free. The best roses.
SCENTIMENTALLY YOURS

A drop of Environmental Perfume on a light bulb will fill the air with the aroma of Patchouli Chypre, or 16th-century Rondelitia. 1/4-ounce bottles in lace-and-ribbon bags, $5.50 ppd., from Cherchez.

Open a door (or drawer) to fresh, clean scents of potpourri in Old English Rose or Golden Lemon Verbena wrapped in sachets of antique French ribbon, $7.50 ppd., from Cherchez.

Keep an air of sweet romance about you with a neck ornament of piped cord and two lacy-white flower sachets scented with special Field Flower Bouquet. $8 ppd., from Cherchez.

Heavenly scents float through the house with a cherub-nestled-on-a-cloud sachet. Give your heart away with a five-inch pillow sachet embroidered with flowers and edged in lace. Cherub $25; heart $12, by Maureen Elizabeth; for stores, write Mary Brooks, 225 Fifth Ave., Room 804, New York, NY 10010.

Keep up the clove-scented warmth of Twinings Spiced tea or Bigelow's Constant Comment, brewed lovingly this red ceramic teapot circled with white hearts. 19.95 ppd., from Jenny B. Goode, 1194 Lexington Ave., New York, Y 10028

Pick up a potpourri of my totes filled with one of five fragrances such as Golden Lemon Verbena or Old English Rose. 3½" by 5½", $5.50; 5½" by 8¾", $8.50 ppd., from Cherchez, 664 Lexington Ave., New York, Y 10021.

Keep the clove-scented warmth of Twinings Spiced tea or Bigelow's Constant Comment, brewed lovingly this red ceramic teapot circled with white hearts. 19.95 ppd., from Jenny B. Goode, 1194 Lexington Ave., New York, Y 10028.
LACE HITS HOME

Lace says romance, and oh, so well. For your home, all-lace and lace-trimmed items abound. There are ready-made tablecloths, napkins, placemats, curtains, and pillows. Lace is also sold by the yard at fabric shops in a huge range of delicate tracery designs. With the renewed interest in antiques (home furnishings and clothes), old lace has become more readily available, too—by the yard, or in one-of-a-kind pieces.

How to decorate with lace: Our "home sweet home" setting (sketch 1) features a lace-edged pillow on a Victorian-style chair, and a circular table covered with a square lace cloth. Windows are hung with lace curtains. All these items can be bought ready-made (Sears Roebuck stores stock two styles of floor-to-ceiling lace panels), or easily sewn at home. To make a lace tablecloth, simply sew a 1/2- to 3/4"-wide lace edging around all four sides of a square piece of lace fabric. (Generally, cotton or cotton-blend laces run 36" to 45" wide.) And, for beautiful lace pillows or pillow shams, a good source is your local antique shop.

BEDTOP RIBBONING

The well-dressed bed does not necessarily mean a cover-all bedspread. Try a quick-change look that's easy to do: Use a topsheet of any size trimmed with ribbon (sketch 2). Here's how: Take an eyelet-edged flat sheet (this one, "Petticoat Lane" by Wamsutta), and measure in 3" from the sewn edge of the eyelet across the width of the sheet; mark with pins placed horizontally, or draw a line with a washable marker. Make a mark every 3" along this line. Make a buttonhole 1¼" long on every 3" mark, and cut them open. Purchase 1½"-wide satin ribbon to measure two yards longer than the width of the sheet; cut the ribbon in half. Stitch one end of the ribbon down at either side of the sheet, then weave the ribbons through the button-holes from the outside edges toward the center. Tie the ribbon ends together in a large bow at the side of the sheet. Make the bed with the sheet turned down over a blanket. Cover pillows with matching eyelet-trimmed pillow shams.

A RUN ON TUNICS

Old dresser runners, those fabric rectangles usually of embroidered linen or crocheted cotton, easily convert to a stylish tunic. Dena Carlson designed this clever way to recycle a runner into a one-size-fits-all tunic or tabard (sketch 3). To make: Fold the runner in half crosswise to get the shoulder fold. Keep the runner folded in half and cut out a 12" U-shape for the head opening. Bind the opening with a matching double-fold bias tape. Cut four 12"-long pieces of 1/2"-wide satin or grosgrain ribbon. Sew one end of each ribbon on the side edges 9½" down from the shoulder fold. Wear over a blouse or turtleneck with sides tied closed.
The folk art basket is at home in any decor. Weaves, shapes, and colors vary widely, and depending upon size, they can be put to use as:

- wastebaskets, holders for plants, letters, bread, napkins, hairbrushes and combs, firewood, thread, sachets, and yarn.
- wall decorations—hang them upside down and right side up for a unique wall arrangement.
- a breakfast tray, as shown on page 36.
- bathroom accessories—store soaps, rolled up towels, washcloths, guest towels, and more.
- a hanging lamp—to make this one (sketch 6), take a 10"-wide basket, and turn it upside down. Carefully open the weave with a pencil at the center point and run an electrical cord, with a light bulb socket attached to one end, through the opening. Cut a small hole in the center of two 13"-square, bandana-print cotton scarves; these from Echo; $5 each. Pull the electrical cord through the hole in each of the scarves and arrange them so that they lie over the basket with the eight corner points extending slightly below the bottom edge of the basket. Complete the wiring.

Other ideas to try: sew two triangular shawls together to make one large square. Place right sides together and stitch on the longest side. Open flat and press. Use shawls of the same print or contrast the colors or prints. For solid color shawls, you can add your own decorative touch by embroidering a border of small flowers or leaves in a variety of stitches.

Put a pretty shawl on a bare tabletop or over a tablecloth (sketch 5). The perfect choice is a 54"-square wool-challis fringed shawl with a large pink cabbage rose design on burgundy ground by Echo Scarf Co., $40; available at Bloomingdale’s, Lord and Taylor, Bonwit Teller, and I. Magnin. For another tabletop look, see page 40 for the cotton-crocheted shawl draped over a dark wood side table.
BOOKS

LOVE: TENDER, SAD, AND STORMY

It may sound a bit odd to begin a column on romantic books with one entitled *My Mother/My Self* (Delacorte Press, $9.95), but this one is uniquely appropriate. Nancy Friday's ground-breaking study of a daughter's search for identity has at its core the contention that most of a woman's emotional and sexual attitudes about herself, her husband, lovers, and others is determined by the childhood relationship she had with her mother. This primal bond is responsible for our very notion of love. Friday warns: "Oh, I know all about my mother and me, 'you may say.' All that business with my mother was over years ago.'

You don't and it wasn't."
This work is neither a dry, clinical treatise, nor a simplistic piece of pop psychology, but an intense, compelling book based on extensive subjective research (four years of interviews with hundreds of women and psychiatrists) and some subjective soul-searching. For Friday, like all women, is someone's daughter, and she comes to personal terms with this situation as we all eventually must—with much sadness and much joy.

Hilma Wolitzer writes with beautiful clarity about another kind of ambiguous relationship, marriage, in her short but perfect novel, *In The Flesh* (William Morrow, $8.95). Protagonists Paulette and Howard have to get married ("In 1957, in those dark days before legalized abortions, I know that's no excuse."). and they seem happily entrenched until the day he leaves her for someone slight, ethereal creature named Bunny. Left to her own devices, which are both pathetic and funny, Paulette tries astrology, grass, nude modeling for an art school, and taking a lover; it is this most unexpected act of the flesh that wins Howard back. Wolitzer shows us that there may be ordinary people, but there is no average marriage. Her touch is light, but the truths she is probing are not. If you are trying to woo someone with words, for inspiration or blatantly plagiaristic purposes, try *Love Letters*, selected by English biographer Antonia Fraser (Alfred Knopf, $8.95). Gathered in this book are 135 torrential outpourings of the heart written by or sent to some famous people over the past few centuries. Among them are letters from Napoleon to Josephine, Zelda to Scott Fitzgerald, Henry VIII to Anne Boleyn, and Oscar Wilde to Lord Alfred Douglas. There are brief but telling biographical notes at the back of the book.

—Catherine Bigwood

MOVIES

FALLING IN LOVE AGAIN

Films about falling in love are slowly trickling back. And it's been a long time since a movie heroine has been the love object of two rivals. In *Semi-Tough*, football super-jocks Burt Reynolds and Kris Kristofferson make mellow bids for lovely-but-confused Jill Clayburgh, a twice-divorced woman in her thirties. She shares a house with the guys in Miami, and though Clayburgh and Reynolds grew up and went to college together, she temporarily decides on Kristofferson, only to have him jilt her at the altar due to Reynolds' scheming.

Dr. Mervyn Goetz, director of the department of psychiatry at the University of Miami School of Medicine, is quoted as saying: "Burt Reynolds and Jill Clayburgh in *Semi-Tough* have the perfect "meaningful" relationship until he learns of her continuing affair with an older, married man. Instead of dissolving into adolescent mush, the movie parts the lovers, who are forced to separate the myths from realities of true love. Unfortunately, the attempt is executed in the bland style of sit-com emotionalism, which foils First Love's good intentions.

—Daphne Davis
Dear Subscriber:

This message will come as a terrible and unexpected shock to you. It comes as a devastating blow to us.

The simple truth is, this is your very last issue of AMERICAN HOME magazine. Extraordinary financial problems, heightened by constantly-increasing postage, paper and printing costs, leave us no choice.

The February, 1978 issue is the last we can send to loyal subscribers and friends like you.

As a subscriber, you still may have one or more issues due you. Be assured that we will not leave you in the lurch. Several attractive options are available to you, as explained in the postpaid card opposite this page.

For example, several leading publisher friends have expressed an interest in helping us and you, by sending you issues of their magazines to replace the value of those still due you from AMERICAN HOME. The card asks you to select three magazines, in order of preference. We will do all we can to get you your first choice. Or, if you prefer, we will arrange to reimburse you for the undelivered portion of your AMERICAN HOME subscription.

Or, if you can find it in your heart to say: "Considering your financial predicament, let's just forget about my few remaining issues," we will be forever grateful to you for your gesture of friendship and sensitivity.

But please, let us know your decision via the postpaid card opposite, today, if at all possible.

Whether you wish issues of another magazine, a refund, or nothing at all, we regret having to ask you to make this decision. There is really no way to thank you enough for the wonderful support you've given us as a valued reader and friend.

We've loved serving you, and we'll miss you terribly.

With great affection,
The Editors
and the entire staff of
AMERICAN HOME Magazine
SPACE SAVERS
MAKING THE MOST OF WASTED SPACES

To find neglected space, conduct a thorough search of the house. Look up; look down; look all around. Don't rule anything out.

Wallpaper, paint, and carpentry can work wonders with even the most inconsequential and unattractive area.

• **Down hallways:** Make your hallway into more than a passageway. In wide halls, storage units such as cabinets, shelves, and closets can be constructed wall-to-wall and floor-to-ceiling. Even if the hallway is narrow, storage units can be installed high enough on the wall (about 6½ feet above the floor) to permit a tall person walking by to clear them.

• **Around windows:** All too often, the area around a window is overlooked. Why not use the space below the sill and build a window seat with storage space inside and pillows for sitting on top? If built-ins are beyond your budget, one or more low

chests or hassocks would be a less expensive alternative. Shelves, cabinets, and cubes can be hung on the wall surrounding the window; the shelves can be attached to the window frame itself. Clear plastic or glass shelf units with plants are particularly attractive when hung in front of a window that does not have to be opened frequently.

• **On walls:** Now, if you are still unsure about where to put other possessions, do as the Shakers did: hang them up. Frequently ignored as a place to put furniture, walls can support practically anything legless—such as chests and desks—provided they are properly installed. Why not also hang chairs to make an interesting and space-saving wall arrangement? This is a good way to gain more floor space. And if the objects are pretty as well as practical, such as an unusual assortment of kitchen tools, plates, baskets, or trays, a decorative wall treatment will be an extra dividend.—Ellen Liman

*Excerpted from The Spacemaker Book by Ellen Liman. Copyright © Ellen Liman, 1977 All rights reserved. Reprinted by arrangement with The Viking Press.*
MS. FIX-IT
UNDER LOCK AND KEY

It's a simple job to install a secure door lock on an outside door. For the greatest safety, install a rim lock with a dead bolt, available at most hardware stores or from a locksmith. You'll need the following tools:

• An electric drill and a hole saw 1 3/8” in diameter with a depth of at least 3 1/8” for a 1 3/8” thick door; or 1” in diameter for a 1 1/2” door; use a 1 1/4” high-speed bit for softwood doors; or a 1/2” bit for hardwood doors.
• A hammer and nail.
• Two pairs of pliers or one pair of pliers and a hacksaw.
• A screwdriver.
• A wood chisel if your door frame is wooden.

If your door opens in, measure about 4 feet up from the floor and exactly 2 3/8” from the door edge; make a mark where these points intersect. For either a sliding door or a door that opens out, close the door, then measure about 4 feet up from the floor and exactly 2 3/8” from the inside edge of the door frame. Mark the point. Make a puncture mark at this point with the nail.

Attach the bit and hole saw (see drawing) to the drill. Place the drill-bit on the puncture mark (now the center point to guide the hole saw), and drill a 1” or 1 1/4” hole. Hold the drill straight and drill as far as you can, then drill from the other side of the door so that the bit will have penetrated the door.

To assemble the lock, slip the cylinder (see drawing) into the cylinder collar and place both of them in the hole from the outside. Be sure the brand name of the lock is at the top. Place the steel backplate on the inside of the door. Fasten it securely to the cylinder with the two bolts. (These can be shortened with pliers or a hacksaw to correspond to the thickness of the door.) Place the lockcase over the backplate, slipping the connecting bar from the cylinder into the corresponding slot in the lockcase. If the connecting bar is too long, it can be broken off along the grooves. Now try the key to see if the bolt operates freely. If it does, secure the lockcase to the door with wood screws. For soft or hardwood doors, drill pilot holes for the screws. Do not hammer in any screws.

Mark the placement of the strike on the door frame. The ears of the strike (see drawing) should fall in the center of the bolt openings on the lockcase. Use an angle strike if you have a wooden door frame and your door opens in. Chisel out the wood on the door frame until the strike is flush with the side of the frame. Use a flat strike for a metal frame, or if the door opens out or slides shut. Then simply mount the strike on the edge of the frame.

—Joyce Roy

CONSUMER MONITOR
HEALTH CLUB RACKET

Want to lose weight? Get into good physical condition? At this time of year, (when many of us have turned to flab during the winter), private health clubs often start their hard sell. Since the Federal Trade Commission has received hundreds of complaints about health club practices, it has proposed rules to make the clubs themselves shape up. According to federal investigators, the following abuses are most common.

Sales gimmicks: These include offers such as “free” visits, “10 days for $10,” special monthly or weekly rates, reduced prices, and “imminent” price increases. The most common promise is a “cut rate” if you join immediately. Such price reductions are often phony, designed to pressure you with a sense of urgency. Authorities advise you to shun health clubs that have high-pressure tactics or refuse to let you take advantage of no-strings-attached free offers. Of course, there are clubs that stick to their prices and post them for everyone to see.

Uncancellable contracts: Many health club members think that if they drop out of the club after going a few times, they don’t have to pay the full amount, or can get their money refunded. Sometimes, there’s a grace period for cancellation, but after that specific time is up, the contract becomes legally binding. Health clubs have been known to coerce people who no longer use their facilities to pay off the amount agreed to in the contracts. Most contracts have clauses allowing you to cancel for “medical reasons,” but the procedure for cancellation is often complicated and full of loopholes. A note from your doctor, as many people have found out, is usually not enough. Some contracts release you only if you are “totally and permanently disabled.” Look for a provision that lets you “freeze” membership. This means you can discontinue classes for an agreed period of time, then pick up again later on. Also, some clubs will let you cancel and give you a pro-rated refund.

Know what you’re joining: Inspect the facilities thoroughly, and use them at least once before signing up. Don’t take out a cash charter membership in a club that’s not yet operating. It may or may not open for business, and you could lose your money. This has happened numerous times.

Carefully consider whether you truly want to join a club. Figures show that after the initial enthusiasm wears off, about 70 percent of the membership uses a club only a few times. It’s often advisable to get a short-term trial membership at a club that applies some or all of your money to a longer-term membership plan. Though some private health clubs are excellent, look for alternatives. You may find that your local “Y” or community center provides well-designed and supervised exercise facilities at lower prices. —Jean Carper

For other information about consumer protection, write to the Consumer Information Center, Washington, DC 20405. The following free booklets are available:

• Consumer Guide for Older People
• Equal Credit Opportunity Act
The big news about vacuum cleaners is convertibility and easy handling.

Selecting a new vacuum cleaner is like picking a car. Each type (canister or upright) offers something a little different. The upright vacuum cleaner is designed for thorough rug and carpet cleaning by suction, agitation, and brushing (avoid using on long shag, hooked, or braided rugs). The canister type has high suction power and is best for cleaning furniture, window sills, etc. as well as hard-surfaced floors. It is lighter in weight and thus easier to carry around. To produce an all-purpose machine, vacuum manufacturers are adding new features to both models. Some canisters now have special beater-bar attachments that improve rug cleaning; there are also uprights with powerful motors that provide greater suction for above-the-floor cleaning. Don’t overlook lightweight vacuum cleaners as a supplement for heavier models. They’re very convenient for quick, daily use.

1. **A NEW NAME IN UPRIGHTS:** Electrolux, known for canister cleaners, introduces its first upright vacuum, which has an easy-to-wind 25-foot cord. Clean air fan system doesn’t allow dirt to pass through fan on its way to filter bag. If brush agitator jams, automatic shut-off prevents damage to motor and breaking of drive belt. Model #1363, $199.75. Electrolux, 2777 Summer St., Stamford, CT 06905.

2. **LIGHTWEIGHT WINNER** is Bissell’s Sweep Master Dual Powered Lite-Vac. It weighs only 10 pounds but has two motors for increased cleaning efficiency: One loosens ground-in dirt; the other, a suction motor, prevents debris from blocking motor or fan. Designed for both carpeting and bare floors, its protective cushion bumper and side air passages allow easy cleaning next to baseboards and in corners. Model #3046-1, $79.95. Bissell Inc., P.O. Box 1888, Grand Rapids, MI 49501.

3. **CLEAN IS EASY** now that Eureka has added Vibra-Groomer, the powerful beater brush roll, to wine-colored canister models. For better carpet cleaning, Power Team Model #1289 comes with two-speed motor, a headlight to spot dirt, and Edge Kleener to pick up dirt right up to baseboard. Also included are a complete set of cleaning tools and an automatic cord reel. A gauge even tells when disposable bag is full and needs changing, $299.95. The Eureka Company, 1201 East Bell St., Bloomington, IL 61701.

4. **DOES DOUBLE DUTY:** Hoover’s Convertible Cleaner combines the assets of an upright’s carpet-cleaning power with the flexibility of canister’s additional attachments. Power seal increases the suction, and front conversion feature makes it easier to tow. Don’t overlook its giant 13½-quart disposable bag, largest ever in an upright. Model U4109, $99.95. Optional eight-piece attachment set, $20.10. Hoover Company, 101 East Maple St., North Canton, OH 44720.

5. **THE BIG CLEAN-UP** starts with Sears’ Kenmore brand home power-spray carpet cleaner that can clean a 9-by-12 foot carpet without refilling the two-gallon tank. It weighs half of a typical rental unit and is easier to handle. The cleaner sprays hot solution under pressure, and vacuums dirty liquid up from carpet. If you remove top unit, cleaner can double as an indoor-outdoor vacuum. Model #20-8899, $130. Sears Roebuck and Co., Sears Tower, Chicago, IL 60684.
"Why should our birth control method control us?"

"I want birth control that works...without the risk of Pill side effects."

Emko Foam Contraceptives are highly effective methods of birth control. They contain no hormones, so there's no danger of the side effects which concern many people about the Pill.

The first foam and the most widely tested in medical research studies, the Emko brand of contraceptive foam has been used successfully by millions to prevent unwanted pregnancy. Today, many sensible couples find Emko Foam Contraceptives more natural and less hazardous than the Pill or IUD.

"It should protect us, but only when we need it."

You control Emko Foam Contraceptives. Unlike some prescription methods, foam is used only when needed—it doesn't affect you 24 hours daily in order to work. Although no contraceptive provides 100% protection, the most recent and largest medical studies showed Emko Contraceptive Foam to be 96% effective per 100 couples per year—even allowing for those couples who may have sometimes misused or failed to use the method.

To obtain maximum effectiveness, Emko Foam Contraceptives should be used correctly and consistently.

"...without the hassle of a diaphragm."

Emko Foam Contraceptives require half the equipment of a diaphragm with cream or jelly. Since there's nothing to fit or remove afterward, Emko Foam Contraceptives also require less time to use.

Emko Foam Contraceptives need not be interruptive or interfere with natural sensations—the foam is a pleasingly delicate substance that may be applied up to one hour beforehand.

"Because we care about the future, as well as the present."

Emko Foam Contraceptives can help you face the future without fear of Pill risks or diaphragm hassle. To meet the needs of the present, Emko Foam Contraceptives are available in three convenient forms of application. Each delivers one of the most powerful spermicides available with or without a doctor's prescription.

**EMKO® Contraceptive Foam**

The most popular and economical form of Emko foam contraception. A self-weighing cap signals when a new supply is needed.

**PRE-FIL® Contraceptive Foam**

Its uniquely convenient applicator may be filled well in advance of use, thus eliminating the interruption required by other foam contraceptives.

**BECAUSE CONTRACEPTOR®**

Today's ultimate in contraceptive foam convenience. Six applications are supplied in a single, disposable tampon-sized unit.

For additional information, write for the free Emko booklet, *A Well-Balanced Approach to Birth Control*, or ask your doctor.

**EMKO FOAM CONTRACEPTIVES**

*Birth Control You Control*

The Emko Company (Dept. F), 411 E. Sanu, St. Louis, Mo. 63147

Available without prescription at drug counters everywhere.
SWEET DREAMS

Time was when the patchwork coverlet dressed the dreamiest beds. Make your own coverlet by sewing together lace-edged handkerchiefs or napkins. For a custom-made look, cut squares from fabric and trim with lace that coordinates with your bedroom.

For a true patchwork, stitch together squares of different fabrics, edge them with a variety of laces. If some of the squares or laces are old or antiques, so much the better.

HANDKERCHIEF COVERLET SEWING INSTRUCTIONS

Note: Placement diagram (right) shows a spread for a single bed. To enlarge to a double or queen size, make the spread 5 handkerchiefs wide at outer edges; the length as shown. For a king-size bed, make the spread 6 handkerchiefs wide at outer edges; the same length.

MATERIALS: 39 white lace-edged 11” square handkerchiefs, 100% cotton, by Fruit of the Loom (Lehigh Handkerchief Co., 350 Fifth Ave., New York, NY 10001). (You’ll need 49 for double/queen, 59 for king.) 19 1/2 yds. white 1 1/2-wide satin ribbon (26 1/2 yds. double/queen, 33 1/2 yds. king). White thread.

TOMAKE: Iron all handkerchiefs flat. On a large working surface, arrange the squares according to the placement diagram. Cut 30 strips of satin ribbon, each 11” long (40 strips for double/queen, 50 for king). These strips are to be used to sew one handkerchief to another to form rows. To sew the handkerchiefs to the strips, lap one scalloped lace edge of a handkerchief ¼” over the edge of the ribbon. Stitch a straight line along the lace edge, beginning and ending ¼” from the ends of the ribbons. Sew a second handkerchief to the opposite edge of the ribbon. Continue this procedure to form rows of squares.

To determine how many squares per row, follow the placement diagram, beginning at the lower right-hand corner. The first square, marked A, stands alone; the second row, marked B contains three squares, and so on across the spread diagonally.

Rows of A and B squares must now be connected together. Begin with first row of 3 B squares and next row of 5 A squares. Turn under ½” of the remaining length of ribbon. Pin this ribbon along the lace sides of B handkerchiefs where they will join the next row of A squares. As you pin, slip the ¼” ends of 11” ribbon strips between B squares under long connecting ribbon. Cut ribbon at end of B row, turning under ½” hem. Sew. Repeat on other edge of connecting ribbon to join A and B rows. Always be sure that the raw ends of short ribbons are slipped under the long ribbon. Continue across entire spread. Join the lone A square at the lower right corner of diagram to finish the spread.
BUSY BUSY
BUSY

BY MARGARET DRABBLE

LONDON—Like many working wives and mothers, I often wonder how women who stay at home all day manage to fill in their time. I don't, of course, mean mothers of small children; I can remember all too well how the time used to disappear in those days, between the washing machine, the ducks in the park, the endless clearing up of endless piles of plastic toys; I can remember the constant craving for sleep, the interrupted nights, the dazed stagger to the shops in the morning.

But even then there was time to do things. I was writing my fourth novel by the time I had three children of preschool age, partly because I had to communicate with the world somehow, partly because I am no good at doing nothing. It has always seemed to me that there is a great deal of spare time in a day waiting to be used properly, and as children grow older there is more and more of it.

I can't understand people who say they have no time to read, for example; I read on buses, in the bath, in the greengrocery queue, while waiting for British Rail to answer the telephone. I can even read while ironing, and find it essential to have a book in hand while making cheese sauce, as it's the only way I can find the patience to go on stirring the stuff slowly enough.

No, what people mean when they say they haven't time to read is what I mean when I say I haven't time to write personal letters—they mean they don't want to any more, that life has knocked the desire out of them, that they can't quite face the effort. I don't write letters these days because I write too much else. But there is always time, even in the busiest lives, for the things one really wants to get done.

In fact, the busier a life, the more time there seems to be in it, by some curious paradox. It is disingenuous of me to ask what women do at home all day, because I know perfectly well what happens when I am kept at home.

The time whizzes by, in a welter of trivialities: telephone calls that it wouldn't have mattered if one had never received, second thoughts about supper, cups of coffee, taking three journeys to empty the wastepaper baskets instead of the usual breathless one. . . . A day off like this, far from recharging energy, saps it; by the evening I am tired and irritable, and the house rarely looks any better for my having been in it either—it responds much more willingly to the usual Saturday morning whole-hearted attack.

I suspect that many women who claim they are exhausted by housework are really suffering from a kind of pointless hyperactivity. I was interested to read the other day of a woman seriously afflicted by an overcleaning neurosis which has made her life and her family's a misery, even though she recognizes she is ill. There must be many others who are getting on that way, without knowing it. And isn't it revealing that it is often the most overworked woman on the street who finds time for that extra committee, that extra voluntary visit? . . . In my view, all housework should be done by 9 A.M. and I'd do the shopping too if only the shops opened on time. This is my aim, though I admit I rarely achieve it. And I make one large exception. Nothing impresses me more than . . . men and women I know who . . . cook a dinner for eight after a day's work.

Family cooking is easy, but a dinner party costs at least a day off work, preceded by several days of sickening anxiety, and the results aren't usually up to much, either.

Maybe I should take a leaf out of my own book, and apply the quicker-the-better principle to cooking as well as cleaning? But the very thought makes my blood run cold, you will be pleased to hear...
True slashes tar in half!

Only 5 MGS. TAR

And a taste worth smoking.
When artist Marlaina Deppe first found her New York City loft, a former garment factory (shown on pages 40-43), the space was a warren of office partitions and grimy worktables, with a row of six toilets and one sink at the end. Marlaina saw the possibilities of making the loft "livable," though family and friends tried to talk her out of doing so.

The loft was leased for a monthly rent with a provision from the landlord that Marlaina would own and could sell all her improvements to the next tenant. She had very definite ideas about the way she wanted to live, and how she wanted the loft to look. At first, she asked an architect to draw up plans, but decided she could get exactly what she wanted only by working directly with a general contractor. From that point on, she was in charge, and had to make all the decisions about construction, plumbing, and electrical work. Fortunately, in a situation full of potential headaches, she had a great working relationship with the contractor she had chosen.

The rough drawings that had been submitted by the architect were redesigned to make a strong visual statement, and at the same time, take care of practical needs. For example, where should the dining area go? What kind of circulation pattern should be set up—hallways or open plan? How many closets, and where? During the next seven months, a swarm of subcontractors and tradesmen demolished and rebuilt from wall to wall, from floor to ceiling. The plumbing was relocated to create four separate bathrooms. The labyrinth of office partitions was torn down, and new walls were erected to enclose three bedrooms. All walls were Sheetrocked, stuccoed, or stripped down to expose the brick. Radiators were moved and new pipes and water valves installed. Since the windows and skylights were inlaid with chicken wire, they had to be knocked out and replaced with new glass. The floor was rebuilt and reanchored. These are not normally tasks for the novice, and, naturally, a do-it-yourselfer working with a contractor has more "homework" than someone who delegates the supervision of a job to an architect. But Marlaina insists it can be done as long as you have a great deal of resilience and can find the right contractor.

To get advice about contractors, contact the National Home Improvement Council, 11 E. 44th St., New York, NY 10017—a valuable source of information since its membership includes many home builders. Or, as the American Institute of Architects in New York suggests, consult local architects for advice. They will help compile lists of good contractors for very reasonable fees. When you have collected several names, get each contractor's bid on the cost of your project. Pin them down to a starting work date, and to an estimate of the length of time they'll need to complete the job. For your safety, check a few of your choices with the Better Business Bureau, local consumer boards, and ask for references from previous customers. (Also a must: Check zoning regulations and building codes that are enforced by your local building and health departments and make sure the contractor knows how to conform to them.) Once you've decided on a contractor and the project is under way, be sure to keep a sharp eye on the daily activity and billing. When it's all done, you'll know exactly what went into every nook and cranny.
**QUESTIONS AND ANSWERS**

**BY SARA STEIN**

**Q.** My husband has started to jog and thought it would be good exercise for our 10-year-old dog, too. However, the dog seems to tire and get more out of breath than my husband does. I wonder if all this exercise is a good idea for a dog that age. —M.G.M., Scarsdale, NY

**A.** Dogs, young or old, can benefit from jogging, but like humans, they should get accustomed to exercise gradually, and preferably under medical supervision. Even the healthiest of dogs should start at a slow pace and run short distances only. Cut down on his running time even more if your dog shows signs of early fatigue.

Before launching your dog on a new exercise routine—even if it’s only for a city dog that will run loose in the country for a few weeks—first have your vet check your dog’s health. If your pet is overweight, has parasites or any other condition, take a go-slow approach. The check-up should also include any booster shots your dog is due for. Diseases your dog might not have been exposed to within the confines of home or yard may be picked up from other dogs with whom he now comes in contact.

With your dog outside more frequently, you will have to be more vigilant for ticks and fleas, and minor foot injuries often caused by broken glass. Salt that’s used to melt ice and snow in the winter will hurt your dog’s feet, so don’t take him for the morning run when roads are freshly salted.

**Q.** How can I tell if my canary is a male or a female? —T.J., Plainfield, NJ

**A.** Determining the sex of canaries is simple: If it sings, it’s a male. Reputable canary breeders do not release young birds to the pet market until they can be sexed by their ability to sing. Usually the cocks are sold as pets, while the hens go to other breeders. Occasionally, though, you will find young, unsexed canaries for sale as “bargain” birds. Most, if not all, of these birds will turn out to be hens. If you thought you’d be buying a male and wound up with a female instead, you’ve still got a perfectly good pet. But the most you can expect to hear from her is a pleasant twitter.

**Q.** How do I go about finding a Scotty? It’s not a popular breed of dog anymore, and I never see them advertised for sale. —J.J., Provo, UT

**A.** The best way to get a good specimen of any dog breed is to write or telephone the secretary of the club that represents the breed. Secretar­ships tend to rotate rather frequently among club memberships, so for the most up-to-date information, write to the secretary of the Scottish Terrier Club of America.

When you write or call the club’s secretary, be sure to specify whether you’re interested in a male or female, the preferred age, and whether you want the dog as a pet or for show. The secretary will give you a list of breeders who have puppies available in an area as near your home as possible.

**Q.** I would like to get my cat declawed, but I’m worried that it would hurt her ability to run or jump. When would be the best time to get it done? —H.S., Winnetka, IL

**A.** Many people get their cats declawed, both to prevent damage to furniture and to discourage hunting. You can have a cat declawed at any time, but because the operation requires anesthesia, it’s safest to wait until the cat is nearly an adult. Before you decide to declaw or not, realize that your cat will have to remain an indoor pet for the rest of her life. Without claws, there’s no way for a cat to defend herself, or escape from dogs by climbing a tree.

**Q.** Have we a problem with our pet mice when the female breeds—either the male or the female eats the babies. My children have sometimes shared their lunch with the mice, and we’ve been told that the meat may have made our mice cannibalistic. If we stop feeding them meat, will their behavior change? —T. O’M., Jacksonville, FL

**A.** Meat, a normal part of a rat’s or mouse’s diet, does not cause cannibalism, but malnutrition does. If you wish to breed mice successfully, add liquid vitamins (sold in pet stores) to their drinking water, and be sure the mice get supplements of raw green vegetables, cheese, and meat along with their basic seed or pellet diet.

It is also possible that the male is the culprit. Remove him from the cage because the female will undoubtedly be pregnant again. See that the mother-to-be has everything she needs to lead a normal, stress-free life. This would include large quarters, nest-building supplies, and a minimum of handling. Good nesting materials are cotton batting, facial tissues, and soft fabric scraps.

Once the babies are born, don’t clean the cage for the first few weeks, and resist the temptation to open the nest quarters to look at them. Under these calm, healthy circumstances, nature should take over and allow the mother to use her best instincts. Good luck.

We invite readers to send their questions about pets to: Pet Show, American Home, 641 Lexington Ave., New York, NY 10022. Sorry, we can’t promise personal replies.
A Spoonlickin’ Good Offer!

Right now you can save 15¢ on three cans of Lovin’ Spoonfuls cat food. Save on both the regular 12½ oz. cans and the new 6½ oz. size which offers you rich, meaty gourmet flavors.

Like Seafare Supper, Tuna, Fisherman’s Platter and New Orleans Supper. Either way, you’ll get spoonlickin’ good flavor for your cat. At a price you’ll love.

Save 15¢ On Three Cans
Of New 6¼ Oz. Lovin’ Spoonfuls Cat Food

DEALER: For payment of face value, plus 6% handling, send to Ralston Purina Company, P.O. Box 1107, St. Louis, Missouri 63166. Coupon will be honored only if it was honored by retailer consistent with the terms herein and submitted by a retailer of our merchandise or a cleaning house approved by us and acting for and on all of the persons entitled to the benefit hereof. This coupon is not transferable, nonassessable and redemption is limited to one coupon per specified product and size. Any sales tax must be paid by customer. Offer not where prohibited, taxed or otherwise restricted. One coupon per purchase of any flavor 8-1/2 oz. Lovin’ Spoonfuls. Any other use constitutes fraud.

Coupon Expires March 1, 1979.

15¢

Save 15¢ On Three Cans
Of Regular 12½ Oz. Lovin’ Spoonfuls Cat Food

DEALER: For payment of face value, plus 6% handling, send to Ralston Purina Company, P.O. Box 1107, St. Louis, Missouri 63166. Coupon will be honored only if it was honored by retailer consistent with the terms herein and submitted by a retailer of our merchandise or a cleaning house approved by us and acting for and on all of the persons entitled to the benefit hereof. This coupon is not transferable, nonassessable and redemption is limited to one coupon per specified product and size. Any sales tax must be paid by customer. Offer not where prohibited, taxed or otherwise restricted. One coupon per purchase of any flavor 8-1/2 oz. Lovin’ Spoonfuls. Any other use constitutes fraud.

Coupon Expires March 1, 1979.

15¢
Ben quality is a bargain!
Shop the Ben family for the best values in time...
starting at less than $10.*

The Ben family of keywound alarms includes Big Ben and Little Ben clocks; in traditional, contemporary, and futuristic styling. And they’re all made with the built-in precision and quality that makes any Ben a bargain. See them at your favorite dealer.

**Westclox**
By Talley Industries

**Little Ben**
Color-coordinated case and dial. Bamboo Gold, Pink, or Blue . . . all with luminous dials.

**Big Ben**
Traditional styling and dependability set the standard by which keywound alarms are measured.

**Baby Ben**
Little brother to Big Ben. The same styling and dependability offered in a smaller case.

**Big Ben Futura**
Traditional quality for today’s decor.

**Big Ben Sculptura**
Gleaming chrome and high gloss colors. Look-ahead pedestal styling.

“Based on manufacturer’s suggested retail prices.
Why your gas bill has gone up:

It costs much more to get natural gas now.

There are three basic operating units in the gas industry: 1. The producers who explore and drill for gas. 2. The pipeline companies that transport gas. 3. Gas companies that distribute the gas to customers like you. All three have been hit by sharp cost increases during the 1970s. Take producers. For every inch deeper they have to drill to find gas, the costs go up. For every yard farther off-shore, the costs increase. And for drilling under Arctic ice, the expense is tremendous.

These costs are necessary to keep the gas coming.

There’s no way your gas company can bring you today’s gas at the old prices. The increase is partly caused by inflation. But it’s mainly because gas is harder and more expensive to get now.

All these costs must be met if America is to have enough energy. Getting more gas is vital, because no other energy is available in large enough quantities to do all the jobs gas does.

Remember to conserve.

Wasted gas costs you money.

You’ll save heat and save gas if you insulate, use storm windows, make your whole house as weatherproof as you can.

With all energies facing increased costs, gas will continue to be your best energy value.
IT'S PERFECTLY CLEAR

Give yourself or someone special a shining gift of decorative glass. Place it on a chest, étagère, or tabletop for sparkling accent.

Forever Fresh: A fragile anemone blossom (right) is preserved forever in etched Lalique crystal. An exquisite keepsake, "Motif Anemone Ouverte" is approximately $40, Cardel Ltd. Bells Are Ringing: Summon family and friends to dinner with handmade "Fabergé Bell" (below), $10.50, from the Crystal Velvet collection, Fenton Art Glass Co.

Lilies of the Field: Any woman will treasure this Lalique perfume flagon (right) crowned with a shimmering crystal spray of lily of the valley. "Clairefontaine," about $67, at Cardel Ltd. Clearly Delicious: (left) Serve up luscious sundaes in Anchor Hocking "Fountainware" soda glasses. Set of four, $4.29. See page 74 for Shopping Guide Address Directory.

Glass is truly a man-made miracle. Fashioned from natural materials into a substance as transparent as rock crystal, glass has been highly prized for several thousand years. At one time, glass beads were valued enough to use as currency. Today, there are innumerable designs to choose from—some for pure aesthetic enjoyment, many with practical purposes including tempered teapots, cookware, candlesticks, lamps, vases, paperweights, ashtrays, decanters, and bowls. And the simplest and most functional objects, like old-fashioned milk bottles and apothecary jars, have become collectors' items. Glass jewelry in the form of "faux" beads, cameos, brilliant rhinestones, and paste "fakes" continues to follow design trends and is appealing at any price. Antique necklaces with glass carved in the form of "frozen" flowers can still be found in specialty stores. Because glass is so adaptable in form and function, it is often treated to duplicate the appearance of materials like jade, quartz, marble, porcelain, precious gems, or even lace. One thing is clear though. Whether it is tinted, textured, frosted, engraved, faceted, enameled, gilded, or simply transparent, glass artistry makes a gift of love for any decorating taste. Here are a few of our suggestions for giving on birthdays, anniversaries, for charming a special valentine, or expressing your appreciation to a friend at any time of the year.
Enjoy Salem Lights

The only low tar menthol cigarette with Salem satisfaction.

Enjoy the satisfying cool taste you expect from Salem. Salem Lights and Lights 100's, the Lights that say enjoy.

ANNOUNCING

The Grimm's Fairy Tales

PORCELAIN PLATE COLLECTION

HANSEL AND GRETEL
A single, limited edition of twelve exquisite collector's plates, crafted of Bavarian porcelain and depicting the best-loved tales of the Brothers Grimm.

Each porcelain plate will bear an original work of art, created exclusively for this collection and hand-decorated with pure 24 karat gold.


Among life's most cherished memories are the timeless tales recorded for posterity over 150 years ago, in the legendary forests of Germany, by the Brothers Grimm. Enchanting tales that enthralled us in childhood . . . remained shining memories as we grew . . . and continue to enrich our lives as we share them today with our own children and grandchildren.

An unprecedented official tribute

Now, The Brothers Grimm Society—of Kassel, Germany—is pleased to announce an unprecedented official tribute to the literary legacy of the Brothers Grimm: a limited edition of twelve exquisite collector's plates, superbly handcrafted in the beauty of fine Bavarian porcelain.

Twelve original works of art

In all, The Grimm's Fairy Tales Porcelain Plate Collection will bear twelve gloriously beautiful, original works of art—portraying scenes from the twelve most beloved tales of the Brothers Grimm.

The twelve paintings that will adorn the plates have been executed by the eminent contemporary European artist Carol Lawson—whose ebullient, lyrical style and vivid sense of color are virtually unmatched in her field.

Each of these original paintings has been created by Miss Lawson exclusively and expressly for this collection. None has ever been seen before, and none will ever be issued again in any form.

Hand-decorated in pure 24 karat gold

Moreover, Miss Lawson has also designed the lavishly beautiful circular border which frames each painting—and which will be applied by hand to every plate in pure 24 karat gold.

By authorization of The Brothers Grimm Society, these exquisite porcelain plates will be made available to collectors by Franklin Porcelain, a division of the world-renowned Franklin Mint.

A strictly limited edition

The Grimm's Fairy Tales Porcelain Plate Collection will be issued in strictly limited edition—with a firm limit of one set per subscriber. And the total number of sets that comprise the issue will forever equal the exact number of subscriptions entered by the closing date of February 28, 1978.

To ensure the absolute integrity of the edition, the Society has authorized the entry of subscriptions only by direct application to Franklin Porcelain. The plates will not be made available through even the most exclusive shops or dealers. Indeed, any dealer who later wishes to obtain the plates may hope to do so only by purchasing them from an original collector—at a privately negotiated price.

A beautiful heirloom collection

As the only official collection of its kind ever issued, The Grimm's Fairy Tales Porcelain Plate Collection is likely to be eagerly sought by discerning collectors the world over. It is hoped, however, that subscribers will regard these plates not only as collector's items, but as a source of rich and enduring pleasure. The incomparable pleasure to be derived from owning and displaying exquisitely beautiful art . . . crafted by hand and issued in limited edition . . . created in magnificent Bavarian porcelain . . . and commemorating literary treasures whose magic will live forever in the hearts of young and old alike.
Show off your plants in a unique way with this sturdy, solid redwood seven-step ladder. There’s enough space to display more than 20 plants in a small area. An unusual house gift, it blends well with any decor or setting, indoors or out. Easily assembled with complete instructions. Size 151/4"W x 401/2"H.

New Natural Wood Plant Ladder

Fill out coupon, enclose check or money order. Sorry, no C.O.D. or foreign orders. Allow 4 to 6 weeks for delivery.

American Home General Store
Dept. PL, 641 Lexington Ave.
New York, NY 10022

Plant Ladder(s) $21.95
plus $2.75 post & hg. ea. $
N.Y. residents add sales tax
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Address_________________________
City_________State_________Zip_____

Canadian & foreign orders not accepted.
Open your home to the warmth and tender sentiments of an old-fashioned valentine. Give way to your instincts for nostalgia, your yearning for lace and flowers. Keep a fire burning in the hearth, not only for its warmth, but also for the pleasure of watching the flames while tempting aromas waft from the kitchen. Now is the time to bring back this well-loved romantic feeling. Share its warm-and-wonderful ways with us, and see how to put it together for city or country living. Indulge in pastels, pretty floral prints, sheer whites, delicate china, intricate lace, rich woods, and elegant party foods. Refresh a room—cover a wall with sheets, or redo your favorite chair with floral slipcovers. Fill your home with the fragrances, the softness, the patina of the past. It’s a rediscovered way to decorate, a whole new way to be. Turn the page and let romance begin.
ROMANCE:
SAY IT WITH FLOWERS

Where does romance flower best? In sweetly wild bouquets or scatterings of tropical palm fronds; in peachy pales that wrap your home in warm, fragile color. Create your own flower show and stencil a chest, make a flower arrangement, serve breakfast with artistry.

Flowers, the language of romance, cascade on fabric-covered walls and bloom in naive nosegays on an attic-rescued chest you stain and stencil yourself. (To order Stencil-Magic's special kit, see page 92.) Set the chest on a soft-tint rag rug with antique-look ladderbacks standing by. Our old-fashioned pine hutch displays a mixture of accessories that add up to charm—a sweet-faced pansy plate, flowers tucked into a simple pottery pitcher, a single pretty dish, and apples in bamboo and china. Remembrance of time past: a round, pine-framed battery-operated clock. Below left, the throwaway gesture that says it all: casually arrange a crown of carefree silk flowers for a hatless teapot (arranged by Renny). See Shopping Guide, page 74.
Peachy living is an isn't-it-romantic four-poster retreat all wrapped up in wall-to-wall sheeting in a room designed by Stanley Hurst and Beau Maas. Lovely tropical motifs flow on the "Island Palm" bed ensemble and lush towels, Unica by J.P. Stevens. Sewing ideas include throw pillows, shams, skirted tablecloth, and slipcovers, too. Pretty bibelots and baskets accent the look. Tray chic, left: Pretty one up with a sheet liner you can make in seconds. Right: Open-doored armoire offers generous stacks of bed and bath needs for guests. Shopping Guide, page 74. How-to details, page 70.
ROMANCE:
SAY IT WITH A POTPOURRI OF PASTELS
Tabletop and guest accessories in baby-soft colors stack up neatly in open-storage trays for all on-the-spot needs.

Romantic living now thrives on gentle colors, fanciful shapes, and sometimes a touch of whimsy. And modern-day romantics love old-time ideas like the lace-border curtain (it’s really a sheet!), linen dish towels for placemats, a ribbon-wrapped stack of pretty towels. Finnish pine trays are ready to go with lots of towels in muted pastels all worked into sprightly miniprints and fresh checks. Pamper guests with a plump little bedside lamp, baby pillows, even a glass bell. Bring charm to the table with pansy-print plates, square Liberty-print earthenware, ceramic-handled cutlery. Roses-and-cream English dinnerware, innocently scattered with tiny flowers, is nostalgic as grandmother’s summer dress. For all details, see Shopping Guide, page 74.
ROMANCE:
SAY IT WITH A COUNTRY LOOK

When Marlaina Deppe took over this two-story loft a couple of years ago, it was a garment factory equipped with rows of sewing machines, worktables, and institutional-type plumbing. Since Marlaina is an artist involved in textile design and painting, it was important that the loft provide space for her creative work and also house her extensive collection of antique furnishings and art. An incurable collector, Marlaina found most of her furnishings at auctions and estate sales. The living-room coffee table, for example, was originally a French dough table (the top is removable and covers a trough used for holding rising dough). Other special finds include two Italian Renaissance chairs, an Early American gateleg table, and an Indian chain-stitched rug. Marlaina has also acquired a collection of Lalique crystal and many Art Nouveau objects.

How does an artist unify the vast, overscaled spaces of a New York City loft? Marlaina Deppe did it with romantic flair, creating the look of a house in the country with a warm, personal mix of one-of-a-kind antiques and unusual handcrafted objects.

The sofas, covered in antique velvet, were custom-made to showcase Marlaina’s pillow designs. She spray-dyed the cotton velveteen fabric with Rit Dyes using an easy cut or torn paper stenciling technique to create both clean geometric and misty ombre effects. (For dyeing instructions, see page 70.)
THE ROMANCE

What makes a charming curio chest, painted porcelain box romantic?

These days, Americans are having a love affair with their homes, serving more gourmet food, drinking more wine, and spending more money on their homes than ever before. For example, figures for 1976 showed a 135 percent increase in wine consumption in the United States, and Americans spent $3 billion last year just to enlarge their kitchens. The back-to-home trend is in full swing.

Most of us insist that our homes reflect individual tastes, and this shift to personal philosophies of interior design has resulted in eclectic decorating trends. Americans are living in homes that are informally elegant or rustically sophisticated. The feeling is comfortable, romantic, natural, and sensuous. And while Americans ride the crest of the nostalgia wave in home furnishings, they're looking for practicality as well. They are filling grandma's Victorian, heavily carved oak armoire with glassware and dinnerware that are dishwasher-safe.

The designs most Americans are looking for are the perennial favorites in china, silver, crystal, and textiles, "romantically" designed because they carry those favorite icons of sentiment—hearts, flowers, lace—either decoratively or simply done. What's selling best are the classic designs, either elaborate or simple, which suit the informality of today. Romance is definitely in the eyes of the beholder. What grandma found romantic, granddaughter may find campy. Or vice versa. Here, then from some of the most established names in the home furnishings industry, is the news in china, silver, crystal, furniture, and textiles.

DINNERWARE: DINING WITH THE FINEST

The majority of American women, whether serving chicken soup or chicken a la king, believes in serving food appetizingly presented on floral-patterned dishes. "First of all," says Robert J. Sulli-

(1, 2, 3) Tiffany porcelain boxes; (4) Tiffany crystal candlestick; (5) Pulaski display curio; (6) Fenton student lamp; (7) Cyrus Clark's "Piccadilly"; (8) "Allure" by Lenox; (9, 10, 11) Franciscan's "Desert Rose"; (12) "Chantilly" teaspoon by Gorham; (13, 14) "Trousseau Lace" pillow sham and neck roll from Fieldcrest. For more information, see Shopping Guide, page 74.
elegant silver spoon, or hand-
van, vice president of advertis-
ing for Lenox, "fifty percent of
all dinnerware sold has a floral
pattern. Second, women
choose all-white dishes. Third,
they like white with a touch of
blue or green."

"Mothers of brides-to-be of-
ten convince their daughters to
buy very traditional and very
expensive dinnerware," says
George O'Brien, Tiffany's
vice president and design di-
rector. "Daughters don't nec-
essarily like the design mother
has chosen. And if she really
dislikes her dinnerware, she
waits until after the wedding
to return or exchange it." At this
time, O'Brien continues, women are gravitating toward
Wedgwood's very simple,
graceful "Drabware." "This
nineteenth-century style,
which I asked Wedgwood to
revive eight years ago, and
which I use myself, is the most
popular pattern ever in the his-
tory of Tiffany," says
O'Brien. "Drabware" is the
dish of the moment because it
fits into the eclectic informal-
ity of today. As O'Brien com-
ments, "It mixes with any-
thing, and can be modern,
formal, or informal."

As "Drabware" makes its
re-entry into American homes,
Franciscan's "Desert Rose"
(see items 9, 10, 11) continues
its long-time hold as the larg-
est-selling dinnerware
pattern in the world.
The pattern originated
when the designer was tak-
ing a solitary walk through a
desert during a rainstorm.
Just as the storm abated, one
little desert rose opened its
petals. From this inspiring
event sprang a simple pink and
green floral design that became
"Desert Rose."

"Since 1941 'Desert Rose'
has sold over 100 million
pieces," says Judy Claymont.
Those who like it are either
grandmothers, who buy it as
replacement dishes, or, cu-
riously, today's generation-
"young people," says
Claymont, "who are in-
volved in the trend to nos-
talgia and the return
to lace, flowers, and
antiques."

(continued on page 68)
ROMANCE: SAY IT WITH THE WONDER OF WHITE

Which white shall it be? The range of tones stretches from dazzling to serene. With its classic kind of purity, white easily blends in with a variety of decorating styles. Design a room with white using hue, texture, and shape. Whitewash a room with one or several of its many shades: snow white, pure cream, vanilla, eggshell, blonde, or ivory. It's the color that refreshes, dazzles, and adds a pristine quality like no other. For a warm, subtle effect, mix with the honeyed hues of natural straw, rattan, sisal, and wood.

11. Queen Anne side chair, Paul Hanson. Wool Malaga "Boodilla" area rug, Stark.

Shopping Guide begins on page 74.
THE WONDER OF WHITE

What goes with white? Anything! White, lustrous and reflective, gleams on polished wood and shines on chrome, lacquer, porcelain, and freshly painted surfaces. Opaque, transparent, or textured, white will light up any room. This is white and how it can express an entire mood.

13. Table, stickback chairs, Conran's. Egg plate, glass, Sigma. Carton, American Apple Pie Co.
17. Glass display dome with wooden base, West Virginia Glass Co. Tile, American Olean.
23. Coeur à la Crème, or heart of cheese, is a mixture of cottage and cream cheeses with heavy cream to give it a rich, smooth taste. It's a perfect dessert for someone special. See page 63 for the recipe. Coeur à la crème dishes. Bazaar de la Cuisine. Fluted-edge porcelain plate, Haviland. Sterling fork, "18th Century," Reed and Barton.
ROMANCE:
SAY IT WITH A DELICIOUS DESSERT

The Vacherin Box Tree is simply the most elegant dessert you may ever serve. Layers of heavenly hazelnut meringue melt in your mouth.

The pièce de résistance of a wonderful meal . . . Serve this with your best china and silver plus a tiny demitasse cup of coffee for a perfect finale.
Every once in a while, a dessert that is a memorable extravaganza may come your way. To say that the Vacherin Box Tree is delicious is an understatement: it's a dessert to dream about at night. Layers of brittle hazelnut meringue are topped with slightly sweetened whipped cream and heaps of fresh berries. One tastes four distinctly different flavors... the sweet crunch of meringue, the smoothness of whipped cream, the tartness of raspberries, and finally the richness of the nuts. The meringue layers are baked in a low oven to dry them to a perfect crispness. For best results the rest of the dessert should be prepared at the last minute. Any leftovers can be frozen, but the consistency of the filling is then like iced cream. Traditionally, a vacherin (va-sh-rh-en) is layers of meringue with a cream filling. Chef du cuisine and owner Augustin Paige created his own version, the pride of his Box Tree Restaurant in New York. Bruce Deshung, his sous-chef, is shown below going through the step-by-step process involved in making this dessert. He warns that the addition of ground nuts to the meringue is very tricky; please read the directions carefully. Also don’t make this on humid days because the results will not be the same.

Bruce Deshung demonstrates each step in the construction of this luscious cake.

VACHERIN BOX TREE

Working time: 30 minutes
Baking time: 1 hour
Standing time: 30 minutes

5 egg whites (use large eggs)
1/16 teaspoon salt
1 cup regular granulated sugar, divided
3 ounces (about 1/2 cup) shelled, hulled, and toasted hazelnuts, finely ground
3 cups heavy cream
2 teaspoons superfine sugar
1 teaspoon vanilla extract
1 tablespoon Grand Marnier
1 pint fresh raspberries, blueberries, or hulled strawberries
Confectioners' sugar
Ground hazelnuts

1. On three separate pieces of parchment paper (see editor's note), each cut to fit a cookie sheet, mark a 9-inch circle using an inverted 9-inch pie plate or cake pan as your pattern. (It is necessary to use three baking levels of your oven at once; you can improvise a third level by setting two bricks on the bottom of your oven.) Beat egg whites and salt until they form soft peaks. Add 1/2 cup granulated sugar, and continue beating until whites form peaks that are stiff but not dry. Toss nuts with remaining 1/2 cup sugar. Fold hazelnuts very gently into meringue mixture. Too much movement will make nuts release their oil and spoil meringue. With a spatula, spread one third of the meringue onto each of the three circles. Use as few spatula movements as possible.
2. Preheat oven to 250°F. Bake meringues about 1 hour, or until dry. Turn off heat and let meringues remain in oven an additional 1/2 hour. Strip paper off meringues and invert to allow them to dry further. In a chilled bowl, beat heavy cream until soft peaks form. Add superfine sugar, vanilla, and Grand Marnier. Continue whisking until stiff. Place one meringue on cake plate or serving platter you intend to use. (Platter must be perfectly flat or meringue will crack.)
3. Spread raspberries evenly over top of first layer and over a second. Working carefully with rubber scraper or spatula, cover fruit with sweetened whipped cream. Use about one third of the cream for each of two layers.
4. Smooth off top of cream on both layers. Stack second layer on top of one on platter. Place third bare layer on top of two stacked layers. Spread remaining cream evenly around side of cake.
5. Dust top heavily with confectioners' sugar and (continued on page 63)
When it comes to hair coloring, you can be creative, bold, subtle, or daring. When you color hair, more happens than just a change of shade—the multitudes of formulations also solve a myriad of problems. As good as fine, glowing color is for your psyche, today's products are even better for your hair. Most preparations condition as they color, guaranteeing results both believably natural-looking and healthy to the touch. But before you go ahead and choose a hair-coloring product, first things first. If you're doing it yourself, you'll want to know about the three basic types of hair colorings—temporary, semi-permanent, and permanent. They work like this: Temporary rinses provide a subtle color change which will wash out with the first shampoo. They neither lighten hair nor contain bleach, but coat the outside of the hair shaft so that tresses are slightly highlighted, brightened, toned down, or deepened, depending upon the shade used. Although rinses won't cover gray, they do help to blend it in by adding just enough color. Semi-permanent colorings promise longer-wearing, more intense color that lasts up to six shampoos. Free of bleaching agents, they won't lighten hair but will enhance natural color, add highlights and shine, cover grey, or darken hair. Since hair (continued on page 66)
Have a very special party coming up that calls for a spectacular menu? A perfectly elegant way to start the dinner would be with a delectable pâté.

To prepare this light and creamy pâté (shown on page 55) in the classic French style requires a true gourmet’s love of fine food, as well as time and TLC. It was created by Francine Scherer, chef at the Soho Charcuterie and Restaurant in New York who calls it a mouseline, or a preparation to which heavy cream is added. Today’s kitchen miracle, the food processor, or even our old friend, the blender, cuts the time and effort in half. Here, Francine leads us by the hand through recipe steps 1, 2, and 3 as she grinds, sieves, mixes, bakes, and glazes. Whether served warm or cold, the pâté is sliced thin because it’s incredibly rich. When you serve it as the first course, keep the rest of the menu very simple. Make sure there’s a crunchy salad for a change of texture. And at dessert time, the tartness of a fruit dish, such as poached pears, would be most welcome.

PÂTE DE POISSON À LA SOHO CHARCUTERIE

Working time: 30 minutes
Baking time: 1½ to 2 hours
Standing time: 3 hours

2 pounds fresh salmon, boned, skinned, and cut into 1-inch cubes
6 cups heavy cream, divided
4 teaspoons salt, divided
½ teaspoon cayenne pepper, divided
7 egg whites, divided (save egg yolks for another purpose)
¾ teaspoon ground white pepper, divided
¾ teaspoon grated nutmeg, divided
1 pound striped bass fillets, skinned and cut into 1-inch cubes
¾ pound sea scallops, coarsely chopped
1 bag Belgian carrots (about 1 dozen miniature carrots) cooked and cut in chunks

½ cup finely chopped parsley
Fresh fennel or dill and lemon (garnish)
Mayonnaise Chaud-Froid (recipe follows)

1. In a food processor, place 1 pound salmon cubes, ½ cup heavy cream, 2 teaspoons salt, and ¼ teaspoon cayenne pepper. Process with steel knife blade until salmon is smooth. (Watch carefully—do not overprocess.) Place pureed fish in mixing bowl and set aside. Do same with remaining 1 pound salmon cubes, 4 egg whites, ¼ teaspoon ground white pepper, and ¼ teaspoon nutmeg, processing until smooth. (If using a blender, mix cup fish cubes at a time, adding cream or egg whites, so motor does not strain. Blend until fish is completely smooth.) Set pureed salmon aside. Repeat grinding process with striped bass cubes in either food processor, grinder, or electric blender. Grind bass with ½ cup heavy cream, 2 egg whites, 1½ teaspoons salt, ¼ teaspoon cayenne pepper, ¼ teaspoon ground white pepper, and ¾ teaspoon nutmeg until smooth. Set aside. In another mixing bowl, combine chopped scallops, carrots, parsley, 1 remaining egg white, 1½ teaspoons salt, and ¾ teaspoon ground white pepper, tossing gently until mixed. Force salmon puree through fine sieve into another mixing bowl. Set bowl in another bowl filled with cracked ice to keep fish mixture very cold. Gradually stir ¾ cups heavy cream, a little at a time, into salmon puree, using wire whisk or wooden spoon. Make certain cream is absorbed after each addition. Repeat sieving and cream addition processes with bass puree, adding remaining 1½ cups heavy cream. Lightly butter 13x4x5-inch pâté mold.

2. Spread half of salmon puree evenly into mold, using rubber scraper to push puree into corners and smooth out across the top. Spread half of bass puree over the salmon, carefully covering salmon evenly without disturbing or mixing layers together. Spoon scallop mixture over the bass layer. Press scallops gently into the bass puree to anchor them. Spread remaining bass puree over scallops, carefully trying to avoid disturbing scallops. Spoon remaining salmon puree over (continued on page 63)
“See how Shake ‘n Bake® keeps chicken more moist and tender.”

Fried chicken can be dry. Baked chicken can be dry. But chicken made with Shake ‘n Bake® coating mix comes out more moist and tender—because the crispy coating seals in the juices.

“With Shake ‘n Bake® coating mix you get crispy chicken at its tender best.”
QUALITY AND VALUE, TOASTED OPEN-FACE.

If it’s topped with KRAFT Singles you’ve got something pretty close to a Quality & Value Sandwich. KRAFT Singles are the ones you count on for quality every time, and the KRAFT name assures you you’re getting good value for your money. Toasted with hot dogs or on any other sandwich, KRAFT Singles always taste great. That’s why they’re America’s favorite slices.

YOU PUT US ON TOP, AMERICA.
America spells cheese Kraft.
FOR THE PUREHEARTED...A DELICIOUS
CHEESE SPREAD. *COEUR A LA CREME*
MEANS "HEART OF CHEESE." THE
MIXTURE OF COTTAGE AND CREAM CHEESES
WITH HEAVY CREAM RESULTS IN A RICH,
SMOOTH TASTE. SERVED WITH FRESH STRAW-
BERRIES, IT'S A PERFECT DESSERT FOR
SOMEONE SPECIAL. SHOWN ON PAGE 55.

COEUR A LA CREME
(CHEESE AND CREAM HEART)
**Working time:** 10 minutes
**Standing time:** 8 hours
1 pound small-curd creamed cottage cheese
2 packages (8 ounces each) cream cheese, softened
2 cups heavy cream
1/4 teaspoon salt
1 quart strawberries

In a medium-sized bowl, combine cheeses. Beat well. Gradually add cream and salt, beating constantly until mixture is smooth. Line an 8-inch heart-shaped straw basket or 3-inch individual porcelain cœur à la crème dishes with cheesecloth. Pack cheese mixture into basket. For cheese to be the proper consistency, drainage is essential. Place on a plate, covered, in the refrigerator for 8 hours or overnight to drain off the liquid ( whey). When ready to serve, unmold cheese heart onto serving platter and remove the cheesecloth. Decorate the cœur with halved fresh strawberries. Serve with French bread. Makes 6 servings (677 calories per serving).

**Editor's note:** If a heart-shaped basket is not available, let the cheese mixture drain in a colander overnight. Mold the mixture into a heart-shaped metal baking dish lined with cheesecloth.

CREAMY PÂTÉ
*Continued from page 60*

3. If serving cold (as pictured), let cooked pâté set at room temperature for 3 hours and then refrigerate for 6 to 8 hours or overnight before unmoiling. Carefully transfer chilled pâté to large wire cooling rack placed over metal baking pan. Spoon Mayonnaise Chauff-Froid in thin layer over top and sides of pâté. Chill until set. Repeat two more times until pâté is evenly coated with Chauff-Froid. (The aspic that has fallen through rack onto baking pan may be reused, after straining, for second and third coats). Chill to set. Using two large spatulas, transfer coated pâté to serving platter. Garnish with sprigs of fresh fennel or dill and lemon slices. Slice into even portions. **Makes 12 servings (858 calories per serving).**

Editor's note: Fresh salmon, striped bass, and scallops may not be available in your area. Fresh or frozen shrimp, shelled and deveined, may be substituted for salmon. Red snapper, sole, or whitefish may be used as a bass substitute. Use crabmeat, fresh or frozen, and thoroughly drained, as an alternative.

MAYONNAISE CHAUD-FROID
**Working time:** 10 minutes
1 envelope unflavored gelatin
1/4 cup fish stock or clam juice
1/2 cups mayonnaise
3 tablespoons fresh parsley
1 tablespoon freshly squeezed lemon juice
1/4 teaspoon salt
1/4 teaspoon ground black pepper

Soak gelatin in 1 tablespoon fish stock or clam juice. Heat remaining fish stock or clam juice, then add gelatin, stirring until it is dissolved. Slowly add mayonnaise, parsley, lemon juice, and seasonings, stirring until well mixed. Chill until cool enough to lightly coat spoon. Spoon over pâté as directed above. **Makes 2 cups.**

Editor's note: Any mixture equal to 3 tablespoons of fresh parsley—fresh dill, basil, rosemary, tarragon, watercress, or any other available fresh herbs—would be preferable to dried herbs.

SOHO CHARCUTERIE AND
RESTAURANT
is located in Manhattan's Soho area. It
is the result of the imaginative and crea-
tive collaboration of Madelene Poley
and Francine Scherer.

In the most classic sense, the word
charcuterie means a store where pork
products of all varieties are sold.
Today's charcuteries have evolved into
haute-cuisine delicatessens where
pâtés, unusual meat and vegetable sal-
ads, and interesting collections of baked
goods and cheeses abound. If you can
walk past Soho Charcuterie and Restau-
rant's up-front retail shop without stop-
ing, you are in for a dining treat.
Beyond lies a scrubbed-down, neat as-
a-pin dining room in wood and white.
The menu is innovative and definitely
French. Lunch is limited to quiches,
omlets, salads, and cold cuts lovingly prepared. (Try the incredible aspic of roast duck and fruit.) At dinner (and you'll wish that you never ate lunch that day), you may find such things as slices of rare duck breast gar-
nished with cassis-poached pear, or red
snapper baked with cider and apples,
or loin of veal stuffed with spinach, water-
cress, and cheese. Brunch is served on
Sunday for gallery or boutique strollers.

Soho Charcuterie. 195 Spring Street,
New York, NY 10012 (212) 226-3545.
Lunch: Tuesday—Friday, 12:00—3:00 PM.
Saturday, 12:00—4:00 PM.
Sunday Brunch, 11:00 AM—4:30 PM.
Dinner: Tuesday—Sunday, 6:00 PM—
11:00 PM. Closed Mondays.
Charcuerie (retail section) open 3:00 PM—
10:00 PM for a lighter meal. Diners'
Club, Bank Americard, and personal
checks accepted. Reservations recom-
ended for dinner and Sunday brunch.

DELICIOUS DESSERT
*Continued from page 57*

Sprinkle with nuts. If possible, serve immediately. If you have to wait, re-
frigerate up to one hour. To serve, use a long, sharp serrated knife and a gentle
sawing motion. Be careful to steady cake as you cut. **Makes 12 servings
(346 calories per serving).**

Editor's note: Baking parchment paper
is available from Bazaar De La Cui-
sine, 1003 Second Avenue, New York,
NY 10022. One box containing 20
square feet (5 yards) of paper is $2.25
postpaid. Whole toasted hazelnuts are
available from Maison Glass, 52 East
58th Street, New York, NY 10022. One
pound costs $5.50. Minimum order
$15.00, postage additional. Or you can
toast shelled hazelnuts in 400°F oven un-
til they start to deepen in color, about
10 minutes. Then rub off hulls. In either
case, do not grind nuts in blender be-
cause doing so releases too much of
the nut oil. A nut grinder or Mouli grater is
preferred. The Mouli grater, $2.98
postpaid, is also available at Bazaar De
La Cuisine.

BOX TREE RESTAURANT
Nestled quietly on a tree-lined side
street in midtown Manhattan, sits the
Box Tree, a treasure of a restaurant.
The restaurant seats only 20, giving one
the feeling of being a cherished guest in
a private dining room. Augustine
Paoge, chef du cuisine and owner,
takes great pride in creating his own
personal "Haute Cuisine New York."
His menus are innovative and sophis-
ticated, but he is careful not to over-
whelm his guests with too much food.
After an elegant six-course meal, one
leaves the Box Tree Restaurant (named
for the famous Box Tree Restaurant in
Yorkshire, England) floating on gour-
mant air! From its apartment-sized kitchen comes an amazing array of deli-
cacies; duck with green peppercorns,
striped bass in sorrel sauce, and vach-
erin Box Tree, to name just a few.

Box Tree Restaurant. 242 East 50th
Street, New York, NY (212) 758-8320
Lunch: Monday—Friday, 12:30 PM—
1:30 PM. Dinner: Monday—Saturday,
two sittings at 6:30 and 9:30 PM.
Sunday, one sitting between 6:00 and 9:00
PM. No credit cards; personal checks
accepted; reservations necessary.
The goodness nature gives long grain rice is on the outside and most rice you buy has that goodness stripped away. But Uncle Ben's found a way no one else found to seal that goodness inside every grain. Beautiful, separate and naturally delicious, every time. And there's only one Uncle Ben's Converted® Brand Rice.

**Apricot Glazed Ribs with Almond Raisin Rice**

Combine raisins with UNCLE BEN'S® CONVERTED® Brand Rice and prepare according to package directions. At end of cooking time, stir in slivered almonds. Serve with spareribs baked until tender and glazed with sieved apricot preserves.
HEART WARMERS

When a hot drink is on tap, make something special from old favorites.

COFFEE PLUS...
Pour hot coffee into cups. Stir in one or more of the following flavor-mates, according to taste. Add cream and/or milk and sugar, if desired.

- Almond extract
- Brown sugar
- Butterscotch sundae sauce
- Cardamon seed
- Chocolate chips
- Chocolate sundae sauce
- Chopped candied ginger
- Grated orange rind
- Ground nutmeg
- Honey
- Maple syrup
- Mint jelly
- Orange-flavored instant breakfast drink
- Red cinnamon candies
- Thin lemon slices
- Vanilla extract

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S
BEAUTIFUL HAIR
continued from page 58.

strands are not significantly penetrated, color fades away gradually with each shampoo. Semi-permanent colorings are available in lotion, a more concentrated formula to effect a better color change, and in shampoo-in form, which is easier and more convenient to use.

Permanent colorings offer a complete hair-color change to brighten, lighten, darken, and cover or even out gray. Permanent colorings penetrate the hair shaft and last until hair grows out, which means that new growth has to be retouched. You'll find permanent hair colorings in:
• The single-step process. This allows you to lighten or darken hair by several shades, and comes in both cream and shampoo-in forms. With either one, color is mixed with the accompanying developer, then applied to hair.
• The double-step process. Here, you can get the most dramatic color change—from brunette to blond. With this method, the lightening and coloring are performed in two separate steps. The pre-lightener strips the natural color, then the toner penetrates hair with whatever pale shade is used. Timing is crucial to get the right color shade, and retouching is absolutely essential.

Special effects: Frosting, Tipping, and Streaking. For special effects in color, selected hair strands are lightened to contrast with natural color and give an overall look of blonding. Frosting, tipping, or streaking is achieved by pulling hair strands through a specially designed cap with a crochet hook-type needle; then dye is applied. Everything you need for these processes is available in kit form.

Hair Painting: With this technique, selected strands of hair are subtly lightened so that soft, natural-looking highlights are scattered throughout the top layer of hair. Brush-on or "fingerpaint" formulas are available in kit forms.

Henna: This vegetable coloring made from the dried and powdered leaves of the henna plant is available in natural (which provides a colorless patina) or variations of red, brown, and black. Colors are often mixed together to create varying intensities of hue. The longer henna is left on hair, the more intense the color change. Results, however, are unstable and henna mixes are often better left in the hands of experts.

Tests and Tips: The color you see on the box (it's the color that's applied to white hair) won't necessarily be the color you wind up with. Always consult the manufacturer's color-result charts or a trained colorist to learn how the shade will turn out on your hair.

Remember to read the directions on the package. If a strand and/or patch test is called for, don't leave them out. The strand test shows how the shade works on your hair. Following directions, simply apply the color on an inconspicuous lock of hair behind your ear. The patch test indicates whether or not you'll have an allergic reaction to the product. Wash a small area at the inner bend of your elbow with soap and water. Pat dry, and apply a dab of the dye with a cotton swab. Leave it alone for 24 hours. If your skin does not react, it will be safe to do your hair without any trouble.

Solving Hair-color Crises: Of course, the color you select should depend on the look you most want to achieve. Consider, too, the amount of time and effort you care to expend. Most professional colorists suggest that you stay within your natural color range if you're doing it yourself. And, should your hair color (or quality) have any of the following characteristics, heed these expert answers for:
• Gray hair. Constance, the colorist at New York's Louis Guy D Salon, and consultant to major hair-product companies explains, "Gray hair suffers a loss of quality when it loses pigment. Coloring adds shine and conditioners to make it look better." Another point: When hair goes gray, your complexion will also pale, so don't use a color that will be too bright or dark by contrast. Most flattering is a single-process or semi-permanent color to cover gray that's a few shades lighter than your natural shade. Constance advises against frosting here, because hair will look much grayer, and cause an even older look. An alternative to total coverage would be to bring up the glow of gray with a specially designed "silvering" product.
• Thick, coarse hair. Conditioners added to permanent colorings can make hair more manageable, and lustrous—both sorely needed by coarser hair textures.
• Fine hair. If hair is fine, limp or thin, coloring which contains body-building ingredients will add volume and bounce with the very first application.
• Oiliness. The best routine for keeping oiliness in check, says Constance, is an every-day shampoo. Bacteria and oiliness start to build up again several hours after washing hair. She finds, too, that single-process colorings and henna are helpful in cutting down oily residue.
• Dryness. Coloring's lavish with conditioners are especially gentle to hair and leave it easy to manage. Also, deep-condition hair about a week before coloring and continue on a regular basis to give hair the special care it needs.
• Damaged hair. Damaged hair won't take color evenly, and worse, it indicates a serious problem. One reason could be misuse or too frequent applications of the products you're already using. Constance advises that you have a consultation at a salon to learn what mistakes you're making and how to get your hair back to a healthy state before coloring your hair again.

If you need a hair-care question answered, call the Hair-Care Hotline. A Clairol beauty consultant will be available from 8:30 AM to 6 PM on weekdays. New York state residents call, 212-644-2990; all others call toll free, 1-800-223-5800.
Now. Only 1 mg ‘tar.’

This is more than just low ‘tar.’ This is ultra-low ‘tar.’ This is Now, a cigarette with only 1 mg ‘tar.’ If you want to be sure you’re getting ultra-low ‘tar,’ count all the way down to Now’s number 1.

ROMANCE MAKERS
Continued from page 51

CRYSTAL: MAKING IT PERFECTLY CLEAR

As more Americans drink wine, they are giving more attention to crystal. There are two trends in crystal: one purist, the other eccentric. The first trend is toward the all-purpose wineglass. The Lenox glass is tulip-shaped, becoming slender toward the stem. Tiffany’s $6 all-purpose, dishwasher-safe wineglass is a balloon shape. (Over 30,000 of these popular glasses were sold last year.) Both shapes are considered classics, since they offer room for the wine to breathe, arc suitable for red or white wines, and are perfectly clear to enhance the color of the wine. “Drinking a red wine in a green glass is a little odd,” says Lenox’s Robert J. Sullivan. “but 30 percent of all crystal sold is colored.” Lenox now offers its number-one best seller, tulip-shaped “Dimension,” in clear as well as blue, amber, and green. However, in the area of clear wineglasses, a style like “Allure” by Lenox (item 8) holds its own.

SILVER: A STERLING EXAMPLE

When it comes to sterling silver, the trend is toward informality. The best-selling sterling-silver patterns at Tiffany’s are the simple, curved, plain-surrounded ones, such as “Faneuil.”

Gorham’s best-selling flatware is the venerable, gracefully curved “Chantilly,” (item 12) a pattern that was taken from the era of Louis XV and introduced to America in 1895. In volume sold, year after year, it remains the world’s leading silver-flatware pattern.

Both Gorham and Tiffany’s stress that silverware need not be polished more than twice a year, if it’s used regularly. “The more scratched it is, the better, because then you see the glowing beauty of silver,” says Tiffany’s O’Brien. Gorham’s public relations officer, Ted Materna, is so at ease with his sterling that he even puts it in the dishwasher. What they’re both saying is that we should use sterling silver regularly.

ACCESSORIES: BELLS, BOXES, AND CANDLES

Since many of us don’t have fireplaces, candlelight is a substitute for the glowing warmth of an open fire. It is also intimate and flattering. No longer used only for the most formal of occasions, candlelight is now being used for informal entertaining. Both Gorham and Tiffany’s report that more hurricane lamps are being sold than ever before, as well as candelabra and candlesticks, like the classic crystal one (item 4). Lamps with Victorian styling continue to be popular. Fenton’s “Rose Burmese” student lamp (item 6), a reproduction of an 1880’s design in blown glass, has been well received since they first introduced it about eight years ago.

A gentle, romantic way to summon someone is to ring a bell—hence the success of Fenton’s “Faberge” bell of crystal velvet, a matte finish imitative of Lalique. The bell is also a great gift item, as are Tiffany’s beautiful porcelain boxes (items 1, 2, 3), which “sell by the millions.”

FURNITURE: MIXING THE OLD WITH THE NEW

Americans are looking to the past to add a feeling of warmth to their homes. Pulaski’s designer Leonard Eisen correctly anticipated the resurgence of Victorian and in 1975 created his “Keep-sakes” line, an adaptation of Victorian farm furniture made of golden oak. Sales have reached $20.5 million.

This year, Pulaski is moving toward Edwardian styling. Says Eisen, “Edward VII, Victoria’s son, ruled from 1901 to 1910. He was a ladies’ man—frivolous—so the feeling of the times was lighter.” With wormy maple, “a southern wood that used to be thrown out, but whose defects add character,” Eisen uses faceted crystal knobs, etched and mirrored glass, and nameplates on a line of furniture he calls “Apothecary.”

Like the original Edwardian apothecary cabinets, these adaptations have labeled compartments for herbs, but can be used for clothes, papers, and books. The “Apothecary” style is carried out in dressers, bookcases, washstands, and curio cabinets (item 5), many with casters added for easy mobility. Sold as separate items rather than matched sets, they contribute to the eclectic feeling of the mix—but-don’t-match idea. Wicker, fancifully scrolled and curved, is also an Eisen adaptation.

PRINTS: THE VERY FABRIC OF LIFE

“Our customers still love daisies,” says Doris Duffee, stylist for Cyrus Clark’s line of textiles, 75% of which are flowered chintzes, the company’s stock-in-trade since the early thirties. An immensely popular print is “Piccadilly,” (see item 7) a fresh floral that shows a repeat of a random bouquet of wild flowers. “The perennial favorites are wild flowers, irises, poppies, daisies, peonies, and lilies,” says Duffee.

Lace is just as romantic as flowers, and “Trousseau Lace” (item 13), with its frilly, ruffled eyelet borders, is one of Fieldcrest’s multimillion-dollar sellers. In sheets and other fabrics, in china, silver, furniture, and glassware, today’s designers and manufacturers have romance on their minds.
"I lost over 13 inches from my waist, tummy, hips and thighs in just 25 minutes with Slim-Skins." says Sandra Martin

THE MOST PHENOMENAL SLENDERIZER EVER CONCEIVED

FOR MEN OR WOMEN

GUARANTEED TO REDUCE YOUR WAIST, ABDOMEN, HIPS AND THIGHS A TOTAL OF 9 TO 15 INCHES IN JUST 3 DAYS OR YOUR MONEY REFUNDED!

Sandra Martin: "The very first time I used the Slim-Skins I lost over 13 inches—and in just 3 days I lost every excess inch I owned. Those stubborn inches from my waist, tummy, hips and thighs simply vanished—and have never come back. For me this is the world's most totally effective reducer!"

THE SLIM-SKINS EXPERIENCE:

BEFORE
Sandra Martin contemplates her figure problem. At a health spa she was told it would require 3 months to take off all of her excess inches. She decided to try Slim-Skins. Starting measurements:
- Waist: 27";
- Abdomen: 35.5";
- Hips: 38-1/2";
- Thighs: 23-1/4".

AFTER
Sandra takes off her Slim-Skins and checks her results. Totally mind-bending!

Sandra’s results from her first Slim-Skins experience:
- Waist: 24-3/2"
- Hips: 36"
- Thighs: 21"

Saixiraslips on her Slim-Skins—snaps the universal adapter to her vacuum cleaner and turns it on. Just 15 minutes of the rhythmic motions of the Slim-Skins' "Per- manent Inch Reduction" program and 15 minutes of pure relaxation—as the excess inches disappear like magic.

TOTAL INCH LOSS: 13 1/4"  TOTAL TIME: 25 MINUTES

Developed in Europe—an absolute sensation—the Slim-Skins have burst upon the slenderizing world like a time bomb; they can take off more inches, more easily in minutes—than other reducers can take off in weeks or months! In one day, two days, three days, women and men alike are achieving inch losses that have simply never happened before—results like these:

Allegra Ward: "This is the most amazing thing I have ever seen. The Slim-Skins way is so delightfully easy and did the inches ever disappear! I wore the Slim-Skins just a few minutes a day and in just 3 days lost 3" from my waist, 4" from my tummy, 3-1/2" from my hips and 3" from each thigh. A brand new figure in just 3 days!"

Susie Richards: "It took me months to accumulate all the inches I had, but the Slim-Skins got rid of most of them in just one day and all of them in just 3 days. I still can't believe it. I lost over 3" from my hips, over 3" from my waist, over 3" from my tummy, and over 2-1/2" from each thigh. I didn't have to diet and my figure has never looked better."

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Craft Instructions

Spray-Dyed Pillows
(Shown on page 40)

Note: Finished sizes of pillows shown are 17" x 17" and 14" x 19".


For more information see Shopping Guide, page 74.

Note: There are two spray-dyed designs shown. The "torn-paper" technique (Fig. 1) produces the free-formed patterns. The "cut-paper" technique (Fig. 2) makes more definite edges or zig-zags. Before dye is shown. The "tom-peiper" technique (Fig. 1) produces the ombred free-form patterns. The "tom-peiper" technique (Fig. 1) produces the ombred free-form patterns. The "tom-peiper" technique (Fig. 1) produces the ombred free-form patterns.

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Only one offer per household. Valid in continental U.S.A. only.
People are often astonished to learn of heroic and courageous acts that dogs perform. Each year, countless numbers of canines are responsible for saving life and property.

The Quaker Oats Company annually honors such brave and outstanding animals through its Ken-L-Ration Dog Hero of the Year Award program. Some of the feats performed by the winning dogs are truly incredible—proving that dogs really are “everyone’s best friend.”

The most recent Dog Hero was Zorro, a German shepherd/wolf, who saved the life of his owner, Mark Cooper of Orangeville, California. Cooper was backpacking in the Sierra Nevada range when he lost his balance and fell 85 feet into a ravine. Zorro pulled him out onto a rocky slab, but Cooper, unconscious, slid back into the water. Zorro pulled him out again, and then stretched out on Cooper’s legs to keep him on the boulder. The heroic dog lay across his master all night to keep him warm until help arrived.

The first Dog Hero to be honored by Quaker was in 1954. The winner was Tang, a collie, who had saved the lives of five children by leaping four times in front of automobiles to push the children out of their paths. On another occasion, Tang planted himself in front of a truck, howling and barking, until the driver discovered a two-year-old stowaway who, had she not been found, would have fallen to the pavement the moment the truck began to move.

Since 1954, countless numbers of dogs have performed brave and heroic acts that led to the saving of life or property. Fawn, America’s Dog Hero of 1975, was a German shepherd who saved a three-year-old child from a four-foot diamondback rattlesnake. The dog repeatedly pushed the young boy away from the snake, and then turned to grab the rattler. The dog was bitten on the lip by the snake, and his recovery took four weeks.

In 1964, a collie named Buddy barked to awaken his owners during a fire in their dairy goat barn. The owners ran out of bed toward their barn, thinking that the livestock would perish. Outside the barn was Buddy, nipping at the goats’ heels and herding them to safety.

Perhaps the most outstanding Dog Hero was Grizzly Bear, a gentle Saint Bernard from Alaska. He saved the life of his mistress in 1970 by battling and finally routing a real grizzly bear that had attacked and was mauling his mistress. While the bear was upon the woman, the young heroic dog crashed into the bear and slashed at it with his teeth and paws, managing to stay between the bear and his mistress, until the grizzly finally fled.

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mine body of slipcover measure from front edge of seat toward back of seat, up over top of back and down to floor. Add 3”. Measure width of chair at widest point. Add 2”. Cut a rectangular piece of sheet the width and length measured. Pin to chair leaving ½” seam allowance at front edge of seat. Trim along sides to ½” seam allowance. Trim at edge to fold in back to form 1” hem with ¼” turned under. For sides, cut 2 rectangles 2½” longer than height of chair and 2” wider than side sections. Pin rectangles to either side of chair and trim (with ½” seam allowances) to follow curves of chair. For chair skirt measure height from floor to seat. Add 3”. Measure around both sides and front of seat, adding 13” for corner pleats and seams. Cut out a rectangle to fit these measurements.

Sew piece of piping to either short end of skirt. Sew piping to each side of skirt about 1” from raw edges of skirt. Turn piping to wrong side, then press. Sew piping in place. Trim around piping. Pin loose piping to wrong side of skirt. Sew piping in place. Trim piping to ¼” seam allowances. (These are front and back panels.) Cut 2 more rectangles the depth of ottoman plus 1 ½”. Sew 4 pieces together with ¼” seam allowances at corners. Press seams to one side. Pin piping to cover, trim, and sides to ½” seam allowances. Pin piping on seam line all around top edge of slipcover. Turn piping to wrong side, then press. Sew piping in place. Trim piping to ¼” seam allowances. (On the double bed we gathered side panels to measure 16” long, then 1”. Turn piping toward edge, then press. Sew piping in place. Trim piping to ¼” seam allowances.)

To cover cushion measure width of cushion plus 1”. Measure across seat from top back edge, down front thickness, and across to bottom back edge plus 1”. Cut piece to these measurements. For side boxings, cut 2 rectangles the height plus 1” and width plus 1” of sides. For back zipper boxing section, measure width of cushion plus 1”. Measure height and divide in half plus ¼”. Cut 2 pieces.

Turn ½” under on long edge of each back box piece. Sew piping to these edges. Sew one short end of either side boxings to ends of back boxing. Pin piping on seam line around cushion cover. Pin boxing to cover, right sides together. Open zipper a little before sewing all sides of boxing to cover. Trim corners. Turn right-side out and put on cushion.

OTTOMAN SLIPCOVER

MATERIALS: 1 twin flat sheet covers an ottoman plus 1” by depth of ottoman plus 10”. Cut 2 sides half height of ottoman plus 1½” by width of ottoman plus 10”. Cut 2 sides half height of ottoman plus 1½” by depth of ottoman plus 4”. Sew 4 pieces together with ½” seam. Along one edge of pleated skirt section, turn under ½” and sew in place. Pin pleated skirt right sides together to fitted skirt, forming 3” inverted pleats at each corner. Sew top of cover to fitted skirt. Trim corners. Slip over ottoman.

TESTER BED

The tie-back curtains for the Ethan Allen tester bed shown on page 52 were made from 45-” wide panels. White batiste from White Rose Fabrics by A.E. Nathan. A total of 14 yards was used. One panel was hung from either side of the bed, beginning at the corner of the headboard. Two panels were hung at either corner around the footposts. To determine length to cut panels, measure height of bed from inside top edge of canopy frame to floor. Add 6½” for hems. Cut 6 panels. Sew ¾” hems down sides of panels if you prefer hems, or use selvages. Iron up ½” on bottom edge, then 4½” for hem. Stitch. On top edge iron 1½” then 1½” “Stitch. Sew 3 rows of gathers in top hem allowance. Gather panels to desired width. (On the double bed shown, we gathered side panels to measure 22” wide, foot panels to measure 18”.) To hang curtains on your bed, we recommend applying sash rods inside of the top of the canopy frame. Tie the 4 rods along side canopy frames at head and foot of bed should be 22” long and be fixed from the corners toward center of sides. The length of the 2 rods at the ends of the bed should range anywhere from 14” to 22”, depending on width of bed. Apply these 2 rods from corners of foot canopy frame toward center. Tie back curtains with 2” wide ribbon, if desired.

SHOPPING GUIDE

Merchandise shown in the magazine is available nationally at leading department, specialty and furniture stores.

All prices quoted are approximate at time of publication and are slightly higher west of the Rockies and in Canada. To obtain purchasing information on merchandise listed, write to manufacturer or store, complete address is provided. All manufacturers or showrooms listed will include. All manufacturers or showrooms listed will include additional postage, if any, is indicated within parentheses. (continued on page 88)
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Patterns:完, 19", $75. from the "Super Sheen" collection of 3, and medium "Morning Glory" vase (on back table) #9579, $27.50, both from Paul Hanson.

"Fiorello" china (303/p. setting, and tea pot #34, from Villeroy & Boch. Celery colored napkin-

Ullman, "Cafe Au Lait" napkins, Trevisa polyester/ rayon, #324/Heather, about $2 ea, from Fallani & Cohn. Goose shaped bamboo basket (on side table) #324-329-101 (about $150), round bamboo basket (on coffee table), about $22/set of 6, both from

Bozler & Ashfield. Assortment of sponges, sponges and brushes, from Caswell-Massey. For information on picture frames, see above. Lace pillow on chair from Peacock Alley. Ovaval bamboo picnic basket #610 C88, $20, square laced bamboo baskets #385 C82B, $12/set, and round bamboo baskets #623251891, $15/set, all from Boxer & Ashfield.

Bozler & Ashfield. Crystal candlesticks, from

"Sea Foam" and "Apricot" by Fieldcrest. On counter behind sink: Light green porcelain pitcher #17354, $12 with bowl, toothbrush holder #17353, $4, oval soap dish #17352, $4, and toothbrush #325-1671, round bamboo basket #385 C82B, about $15/set of 2, bamboo apple containers #223-325-886, $5 ea., all from Boxer & Ashley.

Insert: China (middle shelves), "Fiorello" $30/p. setting, from Villeroy & Boch.

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$3.98

FREE! A rustic wood & rope plant hanger!

THE EVER-BLOOMING GOLDEN CANDLE

Yes, these glorious flaming golden candles will bloom perpetually from each single shoot. Adding their romantic enchantment to shady corners or perfect table settings. Picture long, narrow beautiful green leaves framing exotically showy golden blooms. The flowers rise upright like golden candles crowned with graceful petals which resemble flickering flames.

And this romantic plant will add its beauty and charm to your home all year!

GROUP NURSERY SALES
380 Madison Avenue, New York, NY 10017

HANGING RED ROSES

Bring the charm and aroma of a summer rose garden into your home!

Imagine cascades of miniature red roses hanging in any window of your home. This hybrid of the traditional garden rose boasts shiny-green leaves and jeweled-like blossoms of incredible delicacy and beauty.

Easily cared for, your roses will thrive indoors or out.

So bring the charm and aroma of a summer rose garden into your home . . . all year round.

Take advantage of this introductory offer and order today while supplies last!

$3.98

Please bill to my:

[ ] Master Charge
A/C No.
Expiration Date

[ ] American Express
Account No.

[ ] Diner's Club
Account No.

[ ] Visa
Account No.

Mail to: GROUP NURSERY SALES
380 Madison Avenue
New York, NY 10017

THE ROMANTIC "CANDLE-GLOW" HOUSEPLANT THAT . . . NEEDS NO SUN!

$2.98

CANDLELIGHT BEAUTY FOR 365 DAYS A YEAR!

THE EVER-BLOOMING GOLDEN CANDLE

Yes, these glorious flaming golden candles will bloom perpetually from each single shoot. Adding their romantic enchantment to shady corners or perfect table settings. Picture long, narrow beautiful green leaves framing exotically showy golden blooms. The flowers rise upright like golden candles crowned with graceful petals which resemble flickering flames.

And this romantic plant will add its beauty and charm to your home all year!

GROUP NURSERY SALES
380 Madison Avenue, New York, NY 10017
INCREDBLE PLAN FOR AUTOMATIC WEIGHT-LOSS!

Now! Lifetime Freedom From Fat
WITH DOCTOR'S AMAZING "COFFEE-OFF" PROGRAM
FOR CUP-TO-CUP WEIGHT-LOSS!

Think of it! You actually sip your appetite to sleep for hours at a time — sip yourself slimmer cupful to cupful — take your weight away in an INSTANT! People who dislike coffee or tea suddenly turn it into a fantastic body-slimming aid that not only helps you meet as much as 12 pounds the first 2 weeks — but even more amazing, helps you...

LOSE up to 4 inches off your waist
LOSE up to 2 inches off your hips
LOSE up to 3 inches off your thighs
LOSE up to 4 inches off your buttocks

all without a moment of torturous diet — without a moment of brutal, punishing exercise — without battling your willpower or fighting off gnawing hunger!

LIKE TURNING UP AN INNER FurnACE THAT SHRINKS YOUR BODY'S FAT CELLS — STARTING THE VERY FIRST DAY!

Just 60 seconds from now you are going to discover how to turn your morning cup of coffee or tea into an ordinary sugar-cube — and launch yourself on the most incredible FIGHT AGAINST HUNGER you've ever heard of. Yes, a journey to lifetime slimness so fantastic, that just a few short weeks after using this doctor's amazing "Coffee-Off" weight-loss program you'll suddenly find yourself 5 — 10 — 15 pounds lighter, your belt size 1 — 2 — 3 notch's tighter! Because for the first time in your life you are going to win INSTANT CONTROL over your appetite become its master instead of its slave — actually switch off that munching urge for food for hours at a time, as you watch your weight slip down as much as half a size in just a single week!

LIKE 4 HOURS OF WILDER-POWER IN ONE TINY, TASTELESS CUBE!

AMAZING "WILLPOWER-IN-A-CUBE" MAKES YOU master of your appetite instead of its slave — gives you INSTANT CONTROL TO SLIMNESS INCLUDING LIFE-TIME VICTORY OVER HUNGER!

Most significant of all, as long as you follow this medically proven "Coffee-Off" lifetime slimness program, you actually become fat-proof for the rest of your life — even if you've been hopelessly overweight for all your adult life.

NOW A LIFETIME OF SLIMNESS WITHOUT A THOUGHT OF GROWING HUNGER!

How can medical science make this lifetime dream come true? It's simple. Because one of America's leading weight-loss specialists has finally found a way to take ordinary coffee or tea and convert it into a wondrous new kind of fat-fighting aid that SHUTS OFF EVEN A RUNAWAY APPETITE ON COMMAND! Yes, medically proven way to take ordinary coffee or tea and actually force hunger to stop on the spot — and keep your weight from rising up from sight so fast... that in just 10 days time you will simply refuse to believe your bathroom scale — and stop in matter of weeks you may actually need a brand new wardrobe!

VITAL NOTICE:
Before starting this program, consult with your physician to be sure you are in normal health and your only problem is obesity. Individuals with high blood pressure, heart disease, diabetes, or thyroid disease should use only as directed by your physician. As a matter of fact, we use to show this entire program to your own personal physician and see if he doesn't agree that this Lifetime Road To Slimmest includes the few minutes of nightly tonup the doctor highly recommends is by far one of the most medically sound, fully sen-

ABLES to approach the problem of obesity.
$7.50 from West Virginia Glass. Student oz. $27.50 from Paul Hanson. Crystal continued from page 88 burgundy shape crystal 2". glass, yellow ground with blue and red bouquets. $760/ (right), both from the Soovla Janla Collection. 120 en Ross" 6" by 14", pillow included, $25, (14) "Trousseau $11.76; $3.10; (10) "Deert Rose" 92 while, from Fieidcrest. from a combination of polyester and cotton, in ciscan. (12) "Chantilly" sterling silver $114.50, both in oak, from The Royal Charter and bowback Windsor side Pages 52-53: full rayon, from Offr'sy, Ribbon Co. "Petticoat Lace" Whit's Rose Fabrics. Fabric how-tos. page 70. Tie ton batiste. 45"W. about $2/yd, by A.E. Nathan for headboard and posts. "Imperior' 4: "Perfect Setting," $6.25 ea., by China Seas, Inc. 21: Vinyl asbestos tile, 12" by 12". $10.95; with wood roller, #4922, $4.65, available from the Professional Kitchen. Omnichef food processor with 3 stainless steel blades (shred- der, cutter, and slicer), $121.95, about $120; 3-piece thiefless, stainless steel mixing bowl set with covers, #734, about $99.99, by Farberware. Le Creuset Toque Blanche, white-enameled cast iron pate terrine mold #0524-32, 1 1/2 quarts, $22.95, Christofle (Girino), English Nottingham earl, cotton/polyester, $42, The Ulster Weaving Co. Glass, $5, Tiffany. A BEAUTIFUL HEAD OF HAIR Page 59: Satin pajama set in ivory damask trim printed with ecru lace #866/863, sizes: PS,M, jacket, $44; tapp pants, $22, CaraFeder Peach bath towel, 100%, cotton face, $7.99, J.P. Stevens. Pink sweet and demure, by J. & P. Coats. Page 58: Bamboo baskets (far left) #581-325-1679, 4", (5" not shown), $9/set of 2; round container (middle) #222-PB802, 8", (far right) #120-BK482, 8", all by Boxer & Ashfield.

A CREAMY, LIGHT PATE Page 60: Waterer: Aluminum China cap stainer on white with 9"0. (far left) #561-829-004, $15, from Conran's.

THE WONDER OF WHITE Pages 52-53: 1: "Testor Bed" #15-6601, $939, and bowback Windsor side chair #16-6000, $114.50, both in oak, from The Royal Charter Collection by Ethan Allen. Fabric draped on bed headboard is "Imperial" by Conran, 90% cotton, 10% wool; batiste, 45"W, about $2/yd, by A.E. Nathan for White Rose Fabrics. Fabric how-tos, page 70. Tie backs, picot edge taffeta ribbon #500 100% rayon, from Offray Ribbon Co. "Petitcoat Lace" full flat sheet, $19.95, and through designers. Malaga lace, "Boodili", 4" by 6", pillow included, $25; (14) "Trousseau Lace" pillow sham, 20" by 26", $15, both made from a combination of polyester and cotton, in white, from Fieldcrest.

THE STENCIL KIT The stencil decoration on the hatch shown on page 36 was done with a combination of two American Home stencils from Stencil-Magic: Spring Bouquet (left) and Vine (right). The 2-inch stencil, clear plastic stencils are flexible and may be cleaned for years of continued use. Stencils come with completely illustrated step-by-step instruction booklets. Save color pictures for reference when doing project. The cost of each stencil is $2.50 plus 75c postage and handling. Also available is a special stencil pack, the 6" x 12" inch Stencil Brush, 100% plus 25c postage and handling. To order stencils, send your name and address, a list of the stencils you wish to order, and a check or money order to Stencil-Magic, Dept. B, 1 Union Plaza, New York, NY 10011. New York residents must include sales tax. Orders cannot be processed without zip code. Allow 5-6 weeks for delivery. PLEASE NOTE: Stencil "Stenc" was previously offered in the October 1977 issue of American Home.
You've come a long way, baby.

VIRGINIA SLIMS
Slimmer than the fat cigarettes men smoke.

ALASKAN TOWN ALLOWS WOMAN TO SMOKE!
BROKEN NECK, ALASKA, NOV 5 — By unanimous decision the citizens of Broken Neck voted to allow female smoking within city limits. Mayor Robert Sherman explained the vote by saying, "When you got only one woman in town you lets her smoke."


16 mg "tar," 0.9 mg nicotine av. per cigarette, FTC Report Aug'77
Maybelline brings you a new kind of long for your lashes. The 24-hour long. It’s yours with Fresh Lash.

The never-before formula smooths on fresh.

It’s smearproof. It’s sleep-proof.

Stays on all day. Stays on all night.

Conditions your lashes every minute you wear it.

Nobody out-lashes Maybelline.