MORE COMFORT AT HOME

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• warmth
• convenience
• storage
• parties
• quiet
• quiet

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One of the active rooms.

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Are you one of many who admire the Mona Lisa for the wrong reasons?

Perhaps, like so many people, you attribute the Mona Lisa’s greatness to her enigmatic expression—to the fact that she “begins to smile,” if looked at long enough. Or perhaps you are intrigued because her eyes seem to “follow you around the room” through some technique known only to Leonardo.

Both of these common reactions are discussed in the very first portfolio of the Metropolitan Museum’s Seminars in Art as prime examples of the superficial reaction in which most people look at paintings. As the portfolio points out, anyone who admires a painting solely because of its technical competence or the subject matter is probably missing what the artist is really trying to say. A surprising number of otherwise cultivated persons have this blind spot, and the work is the slightest bit “abstract,” they are completely baffled.

Those who suffer from this form of bafflement probably have never had the opportunity to take a good art-appreciation course at a university or attend a flying series of lectures at a museum. It was to remedy this situation that the Metropolitan Museum of Art in New York devised an unusual program of self-education in the understanding and appreciation of art. The section below is made to acquaint you with the thoroughness of the program and its unique method of learning by comparison among great paintings.

The Metropolitan Museum of Art invites you to accept FOR TWO WEEKS’ EXAMINATION THE FIRST PORTFOLIO OF ART SEMINARS IN THE HOME PUBLISHED AND ADMINISTERED BY BOOK-OF-THE-MONTH CLUB, INC.

IDEA: A well-rounded and comprehensive series of lectures in the appreciation of art in which the whole family can participate. You can compare among paintings, utilizing fewer than 144 large full-color prints of great works. It is like being conducted over a period of time through all the world’s museums by experienced lecturers who make clear the fundamental things to look for in whatever paintings you may ever see.

Each lesson comes in the form of a portfolio, the core of which is the lecture. But in each portfolio a pocket containing twelve large full-color reproductions. These pictures are provided separately so that they can be compared side by side with one another to clarify whatever points the lecture aims to illuminate. They have a great advantage, however, over reproductions thrown upon a screen in a lecture hall. They can be more faithful to the originals, can be studied for as long as one wants and can be referred to again and again. Another advantage is that members of a family can “take the course” either separately or simultaneously—husband and wife, parent and teen-age child. Reading each portfolio aloud, and examining the reproductions together, is like visiting a museum together, pointing out to one another something to be appreciated and enjoyed.

HOW THE COURSE OPERATES: One can enroll in this program of twelve portfolios just as one would enroll in a semester course in art at a university—with one important difference: You may, if you wish, drop out of the program at any point without proceeding with the complete course. The portfolios are sent consecutively—one every thirty days—but you may, of course, proceed at whatever rate you choose. The price of each portfolio is $3.75 (plus a small charge for mailing expense). This cost includes the twelve separate full-color reproductions, mat size 9½ by 12½”, which come with each portfolio. In most retail stores each set of twelve would sell by itself, in comparable reproductions, for from $6 to $7.50.

WHAT IS A PAINTING?

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Pictures as Patterns • Pictures as Structures
Arrangement as Expression
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The Artist as a Social Critic
The Artist as a Visionary

ART SEMINARS IN THE HOME, c/o Book-of-the-Month Club, Inc., 345 Hudson Street, New York, N. Y. 10014

Please enroll me as a subscriber to ART SEMINARS IN THE HOME and send me Portfolio No. 1: What Is a Painting? for a two-week trial examination. If at the end of that time I decide not to continue the course, I may return the portfolio, canceling the subscription. If I retain it, you will bill me $3.75 (plus a small charge for mailing expense) for it and for each of the remaining portfolios in the Seminars as it is received. I may cancel this subscription at any time.

PLEASE NOTE: In Canada, the price of each portfolio is $4.25 (plus a small charge for mailing expense)

ART SEMINARS IN THE HOME, c/o Book-of-the-Month Club, Inc., 345 Hudson Street, New York, N. Y. 10014
On the cover: A platter of doves, those delectable morsels available to the islanders for three measured months of the year, is about to leave the kitchen of Mr. and Mrs. Wendy Hilty’s house in the Virgin Islands’ St. Croix. Part of the Mount Royal Estates, the Hilty house began life as a rum factory and is ending it in respectability and a blaze of color—much of that due to ceramic tiles from Florence, used as prodigally as wallpaper in dazzling contrast to the old stone wall and pristine white tile flooring. At the business end of the kitchen, the chief work counter is a peninsula topped with an enormous chopping block (hotel-type) for a collection of copper pans, some old, some new, all brought back from Portugal. The breakfast table is lighted by an Italian lantern, and the room is partially open to the living room, and a plastic top. None are needed. The room is partially topped with an enormous chopping block

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January, 1967
One thing I admired and coveted tremendously when I was in Greece was the copper cookware I saw in almost every taverna. It is quite different from its French or Italian counterpart. The pieces are tin-lined, hand-hammered, and of unusual shapes. Because of its bulk and weight, it wasn’t feasible for me to bring any back, but now I’ve discovered that Madame Sotos is importing them for her shop “Greek Island Ltd.” in New York. In this treasure trove of Greek handcrafts, I found a 2½ quart tureen which is handsome enough to double as a table decoration when not in use for cooking and serving.

In this same enthralling Greek shop, I couldn’t resist buying several jars of Hymentus honey charmingly put up in Rhodes pottery jars that will have a life of their own long after the deliciously smoky honey has been consumed. Marvelous for hostess presents.

Often a traveler returning from exotic lands suffers a big letdown when, after an exciting time abroad, he comes home to the same old routine. So instead of giving the Rigbys a Bon Voyage party before they left for the Far East, we decided to give them a Welcome Home party. Just to emphasize the “back to the good old U.S.A.” theme, we decked the living room with U.S. travel posters and played American show tunes as background music during cocktails.

Instead of trying to compete with the foreign cuisine the Rigbys had just been enjoying, we decided they might like a switch back to favorite American dishes: fricassee chicken and dumplings, Hubbard squash baked with brown sugar and nutmeg, Brussels sprouts and chestnuts, Bibb lettuce with dressing, brown Betty.

Then having convinced the Rigbys in no unsubtle terms that the U.S. has its good points, we magnanimously let them overwhelm us with what seemed like a million slides of their trip.

Very often after a dinner party, almost without thinking, I blow out the candles and thereby spray the tablecloth with drops of wax. I do have a beautiful silver candle snuffer, but for an informal party it doesn’t always seem to go with the rest of the setting. Last time I was in the Mayhew Shop in New York, however, I came across a snuffer made of polychromed wrought iron trimmed with a true-to-life butterfly. It occurred to me that a pair of these suffers laid on the center of the table alongside the candlesicks would be decoration in itself, as well as insur against spilled wax. They have napkin rings to match.

A good cold-weather centerpiece, when the choice of flowers is limited, is a pyramid of hands of oranges. You can pile it up on a large plate, a tray, or in a footed compote, then sprig it with greenery—pachysandra, ivy, or holly—and red berries. Sometimes with gumnuts, I build one on a silver tray for a black-tie setting.

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Toothpicks are useful to keep the pyramid from toppling.

FOR STORE ADDRESSES, SEE PAGE 16.
Discover the secrets of gift decoration!

It's easy to learn how to turn everyday household objects into collector's treasures. Make up to $50.00 a week in your spare time decorating gifts like these.

Discover how you can transform ordinary objects into glamorous gifts—even if you've never held a brush before. In your hands a battered old coffee pot, once a $50 work of art, can now become a charming gift planter. An empty camel-back trunk can become a beautiful hand-painted hope chest.

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Earn while you learn at home. Even as a beginner you may find interior decorators eagerly bidding for your unusual one-of-a-kind creations—sometimes offering $10, $15, even $25 for one. Soon after starting, Mrs. Eileen Bauer of Hot Springs, Arkansas wrote: "I know my work isn't real great yet, but my things are being grabbed before they're dry."

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They recommend:

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**WOVEN NEEDLEPOINT** looks like the best handwoven, machine-made fabric can. Gros Point is woven in the color patterns traditional to the needlepoint craft which is now enjoying a revival. Two of these fabrics are being used to cover pillows, left, Nettle Creek. Le Fleur, $10; Flat Stitch, $8. You will also find Gros Point covers on luggage by Samsonite and handbags by Mr. Chips. Gros Point is made by The Quaker Fabrics Corp., 205 Lexington Ave., New York N. Y., 10016.

**FOR SPREAD-EAGLE ENTHUSIASTS.** Macy's New York store recently opened an Ethan Allen Gallery where furnishings as traditionally American as the Green Mountain Boys are displayed in some thirty room settings. You can buy not only furniture, but accessories, curtains, bedspreads, and rugs in a range of styles from Salem townhouse to backwoods homespun—and without having to traipse from floor to floor and department to department. Every salesman, thanks to a training program supervised by Mary and Baunritter, manufacturer of the Ethan Allen Collection, has become an American expert, happy to help you with selection and decorating scheme.

**RUGS INSPIRED BY PAINTINGS.** To raise funds for its charitable work, Synanon, the famous foundation for the aid of drug addicts, has commissioned a group of highly individual modern rugs, 4 by 6 feet in size, to be handmade of wool in India. They will soon be for sale in department stores throughout the U.S. Designer Harry Fitterman named the twelve rug patterns for the painters whose work he says inspired the colors of each rug (including Miró, Cezanne, Monet, Van Gogh, Renoir, Klee). Proceeds from their sale will aid the worthy and essential work of rehabilitating former addicts and alcoholics. For additional information, write to the Synanon Foundation, Inc., 1351 Pacific Coast Highway, Santa Monica, Calif., 90401.

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**Manuscripts**

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For this free booklet at your Everett Piano Showroom. Is your child ready for piano? Will he enjoy taking lessons? What do you need to know before you buy or rent a piano? Your Everett piano dealer has a new free booklet which answers many of your questions. Available for girls, too. Ask for your copy where you see the Everett Piano Showroom sign. Everett Piano Co., South Haven, Michigan—manufacturers of Cable-Nelson and Dyna-Tension Everett Pianos.
A message from U.N.C.L.E.

(UNCLE SAM, that is)

David McCallum, enigmatic agent from U.N.C.L.E. on the popular television series, is doing something for the future every payday, by putting part of his pay into U.S. Savings Bonds.

Millions of young people like David McCallum are tucking away their spare dollars into this secure method of saving. Saving for things in the near future, like homes and babies; and things in the distant future like education and retirement. And saving the effortless, automatic way: a few dollars, every payday on Payroll Savings.

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Hunger is one meal a day

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Foster Parents' Plan, Inc.
352 PARK AVENUE SOUTH, NEW YORK, N. Y. 10010 • Founded 1937

ANTIOQUES continued from page 12

We recently bought this lamp in the top line: Tiffany Studios, New York. Can you tell me more about E.G.—Musburger.

Your table lamp with a Tiffany glass shade was made around 1920. Louis Comfort Tiffany opened studios in 1878 to make stained-glass windows. Later they produced a variety of decorative objects like your lamp which are greatly in vogue today.

How old is my brass scale mounted on a beveled wooden base? The balance is stamped "Young & Son, New Brunswick, to weigh 2 lb."—E. McC.—Long Beach, Calif.

Your 2-pound balance scale dates 1870. The Young firm, located in New Brunswick, England, specialized in manufacturing fine scales. These were used in candy stores and drugstores.

I would appreciate any information you could supply concerning our bird's-eye maple chest-on-chest. It has been called a linen press. Is this name correct?—E.R.M.—Media, Pa.

Yes, linen chest is the correct term for your cabinet-on-chest. It was probably made by a rural cabinetmaker in New England, very likely New Hampshire, around 1800-1810. The ogive bracket feet and the brasses are details of the American Chippendale style, which by that date had passed the peak of its popularity.

On the frame of my kaleidoscope states "C.C. Bush & Co., Prov., R. Pat. reissued Nov. 11, 1873." How is it?—B.L.G.—Indianapolis, Ind.

Since patents are issued for periods ranging from three to fourteen years your kaleidoscope would date somewhere between 1873 and 1887. After S. David Brewster invented the kaleidoscope in 1817, it became a very popular optical toy all over Europe and America. Some had stands like yours.
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Get one or several Softee tissue dispensers for $1.00 each (or 2 for $1.75), PLUS one Premium Seal from box of Kleenex tissues and one front panel from a Bufferin package. These nationally advertised dispensers, made of washable Du Pont Orion, retail for $1.79 each and are available in 8 decorator colors.

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HOW TO ORDER: Just fill in this order form and mail to SNEEZIN’ SEASON, BOX 9818, ST. PAUL, MINN. 55177. Please send $1.00 for one dispenser or $1.75 for two, and the Premium Seal from any Kleenex tissue box, PLUS one front panel from a Bufferin package. Be sure to indicate your choice of color and quantity desired.

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Bufferin relieves the aches and pains of a cold faster, more effectively than simple aspirin tablets. With Bufferin, you’ve got more going for you against the pain of a cold than with simple aspirin tablets.

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Make checks or money orders payable to "SNEEZIN’ SEASON". Allow 3 or 4 weeks for delivery. (Offer void where taxed or prohibited by law. Good only in U.S.A. and Puerto Rico.)

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(Please print)
The islands, large and small, that border the Caribbean like a curving golden chain have been invaded many times in their checkered history, but never more sweepingly, successfully, and felicitously than today. First those migratory birds, the winter tourists, fleeing the cold embrace of northern latitudes, discovered their dolce far niente delights. Now a more permanent migration is taking place. People from all over the U.S. and Europe are building, buying, and restoring houses on the islands for their own pleasure and that of others. Many of the small, highly individual guest houses favored by so many travelers are owned and operated by escapees from city life turned amateur hoteliers. Both residents and visitors find here, as nowhere else in the world, an amazing diversity within a relatively small area.

Although the islands share a perpetually caressing climate, blue water, and an abundance of beaches, in all other respects they are wildly dissimilar, thanks to a mixed heritage of colonization—Spanish, French, English, Dutch, Danish, and Swedish—that has left its mark in language, architecture, dress, food, and customs. These provide the many small but subtle distinctions that make it possible for a traveler to fall in love with and return to one island and no other, for each has an ineffable spirit of its own. A sampling of seven islands, close enough geographically to be visited in a three-weeks’ trip, but different enough to seem worlds apart, will give some idea of the complex charm of the Caribbean.

St. Croix—a much-owned island

Largest of the United States’ three Virgin Islands, St. Croix was traditionally the focus of a colonial tug-of-war and in the course of 477 years knew seven flags. Discovered by Columbus, dubbed Santa Cruz, to its early inhabitants, the Carib Indians, the island was subsequently claimed by the English, Dutch, Spanish, French, the Knights of the Danes, and finally, the United States, which in 1917 bought St. Thomas, and St. John from Denmark. It is the peaceful periods—the almost 200 years of Danish rule and the fifty of U.S. rule—that have given the island its engaging dual personality. Danish sugar planters and their British overseers and managers of stately colonial architecture, such place names as Christ and Frederiksted, the English language, and an un-American pattern (here, unlike the rest of the U.S., cars keep to the left).

The peaceful, pastoral landscape is (Continued on page...
About time.
For the last few thousand years, China has been thought of as necessarily pale, frail and fragile. Delicate eggshell stuff that you could see a candle's light through. Refined. Overly refined.
So much for the past.
Today we appreciate objects for the natural quality of their materials. We see beauty in the grain of oiled teak, the unbroken curve of a steel or silver spoon, the accidental texture of handwoven linen.
Now, to match this mood, Dansk commissioned famed designer Niels Refsgaard to create unaffected China.
The material itself makes its own surprises. Those specks, for instance, are left by minerals that kiln-firing burned from the clay. The irregular surface that catches the play of light is the mark of handthrowing, hand-glazing. No two pieces can ever be identical.
This is the China that goes with the life you lead, from Saturday night to Sunday morning. And on through the week. China that can glamorize a knockwurst or understate caviar.
We call it Generation, because we think it might start something. Most Dansk Designs do. It costs $18.95 for a five-piece place setting. Also comes in four patterns, slightly higher in cost. We make all the serving pieces you could want. (When you see them you'll want them all.)
To start your own tabletop revolution, send 25¢ for our 96-page catalog of 493 ideas. Write to Dansk Designs Ltd, Department BH, Mt. Kisco, N.Y. ® REG. TM DANSK DESIGNS LTD
Shvitz ... that's the Turkish bath aficionado's word for escape... unwind...hide in a cloud of steam and let your woes ooze out through your pores!

Now you can own a Turkish bath in your own shower stall or tub enclosure. The thing is simply done with Thermasol, a little box of electronic magic. It generates steam just like the big boiler at the health club, yet it helps neatly away in your vanity, closet, cellar or attic. The steam is piped into your bathing enclosure. The flick of a timer dial starts your Turkish bath. The rest is automatic.

"In" plumbers are installing Thermasol for people who like to shvitz. If your plumber isn't, write us.

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Tell me more about the joys of shvitzing. Send me colorful illustrated brochures on the Thermasol Steam Bath. Its operation and installation.

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Punctuated by old mills, rum factories, and plantation houses, relics of the days of sugar-cane prosperity. Many are in ruins, others have been restored or converted into guest houses, and now some of the estates are being developed for housing. One of these estates, the Mount Royal property of ex-New Yorker Mr. Wendy Hilty, whose own house you see on page 120, is an attractive colony of Mediterranean-style villas, built and sold fully decorated by Mr. Hilty. An estate house that can be seen in all its original grandeur is Whim Greathouse, about two miles east of Frederiksted. Restored and furnished by the St. Croix Landmarks Society, it is open Tuesday through Saturday from 10 A.M. to noon and 2 to 5 P.M., and on Sunday from 2 to 5 P.M. In February and March the Society sponsors tours of privately owned houses and gardens on the island, both historic and new. Dates and details can be obtained by writing the St. Croix Landmarks Society, Box 242, Christiansted, St. Croix or, on the spot, at Whim Greathouse or The Gallery, King Street, Christiansted.

Christiansted, the capital, has its fair share of eighteenth- and nineteenth-century architecture—dignified stone buildings that overlap the sidewalks with shady, arched arcades, town houses built by planters for their mistresses. Solhoff Street claims two particularly fine examples, one now owned by pianist Victor Borge, the other by Mrs. George Hall Burritt, a transplanted Bostonian (see the interior on page 120). In the wharf area, there is a particularly felicitous piece of preservation. The six old buildings designated as an Historical Site include the Fort, Government House, and the Steeple Building, once a church, now the St. Croix Museum.

The cuisine in Christiansted is even more mixed than its heritage, ranging from Danish smørrebrød, through Indonesian nasi goreng, Swiss fondue bourguignonne and Spanish gazpacho, to barbecued spareribs. But for my money, any place in the Caribbean it is most gastronomically rewarding to stick to the local foods and dishes: lobster, tropical fruits, ice creams made from sorcup and guava, callaloo soup.

One of the conditions of sale stipulated by the Dunes in 1917 was that St. Croix continue to be a free port, a farsighted hit of diplomacy that has certainly benefited the island's economy. The shops on Christiansted's Company Street, King Street, and King's Alley are bursting with everything from liquor, perfume, and watches to Thai silks and Guatemalan cocktail napkins—and bursting with shoppers, too. A must is The Little Guard House on Campus Street, a shop owned by Mr. and Mrs. Michael Svender that plays art and decorative objects from all over the world, a wonderful collection of santos and antique carvings and some modern sculptures in native woods.

Like the other United States Virgin Islands, St. Croix enjoys preferential status when it comes to purchases. You are allowed take back $200-worth of art and a gallon of liquor (if over 21). every thirty days, duty-free, a stead of being limited to the 1- and 1-quart quota that applies foreign countries. As a further incentive to buy, all Virgin Island products are duty-free.

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SEVEN CARIBBEAN ISLANDS continued from page 18

crafts and furniture from Mexico and Haiti, and some good-looking clothes designed by one of the owners, Kit Osborn.

From Sint Maarten, a plane or boat will land you in one of the most overlooked and intriguing of the Caribbean's paradisical islands: tiny, pastoral French St. Barths, or more properly, St. Barthélemy. Driving through the countryside to the village of Grandfond (where you can buy broad-brimmed, high-crowned Panama hats of seventeenth-century design) is to be transported to La Vieille France, for the people speak an old-fashioned Breton dialect and the women wear the provincial dress—high, starched headdresses and big-collared gowns. But in the capital, Gustavia, it is the vestiges of Swedish colonization in the years from 1784 to 1887 that catch the eye: around the harbor, the ruins of an old stone music hall; houses of brick and stone; hand-carved, hand-painted wood balustrades decorated with Swedish colors and patterns. Good buys in St. Barts, if you can find the means to transport them, are the huge pottery jars used to collect water run-off from the roofs, and furniture made by local artisans. At the Yacht Club, a small charming inn in an old house in Gustavia, I spotted this furniture effectively combined with island antiques. Out of town there are two tiny guest houses, Autour du Rocher and Eden Rock, each with a spectacular location perched high on a rock overlooking the sea and a French chef who can whip up a delicious meal at the drop of a toque blanche.

St. Kitts, the third island, wears its cross-colonization lightly. Only a few place names like Basseterre, the capital, and Dieppe Bay bear witness to the fact that this was once a joint English-French possession. Now English is the only language you hear in bustling Basseterre's Saturday morning market when vendors string their trays of herbs and spices, vegetables and fruits along the seawall of the waterfront. Here for pennies you can pick up pottery brought over from the neighboring island of Nevis, and big handmade tin graters that, sprayed with paint, will make unusual and colorful candle shields.

The two inescapable sights of St. Kitts (inescapable because they dominate the landscape) are an extinct volcano, aptly named Mount Misery, and the ruins of an impressive eighteenth-century hilltop fort, Brimstone Hill, said to be the inspiration for Henri-Christophe's Citadel in Haiti. It is a long, hot, and not very rewarding climb up the slopes of the volcano, but I highly recommend a visit to Brimstone Hill, accessible by car and well worth seeing, especially if you combine the trip with a breeder-cooled picnic lunch on the mountain top.

Like many another Caribbean island, St. Kitts owes its black sand beaches and fertile sugar cane and cotton sprouting soil to its volcanic origins, but here extra dividend has been added: a spectacular formation of jagged black volcanic rocks that strike from the ocean floor like a nest of angry serpents. To see Blowing Rocks, as they are called, take the road that curves through fields of sugar cane from Bassetterre to Dieppe Bay. They are just a little way offshore, on the grounds of Bellevue plantation, one of the many estates on St. Kitts and not one, it seems, minds your stroll over to take a look.

Dieppe Bay can claim the island's most inviting guest house, the Golden Lemon (see page 127), a converted plantation house in the typical, airy colonial style with louvered shutters and jalousies instead of windows, rooms opening to a sea-gazing veranda, and a central dining room with a high tray ceiling to help air circulate. The decoration is a carefree, eclectic mixture of contemporary colors and materials with some fine old antiques, many discovered in island homes. And in the high-walled garden there is an eighteenth-century"plunge," a deep sunken stone pool once intended for bathing, but now equipped for an after-sunbathing dip.

Anyone who feels as I do that too many island hotels are virtually tourist enclaves will appreciate one of the chief charms of The Golden Lemon—its location. Instead of being cut off from the little village of Dieppe Bay, the house is smack at the end of the main street. You can sit on the veranda and watch everyone going about his or her business—the men mostly sitting under trees and talking, the women shopping or showering. And when the fishermen land the morning's catch, you can stroll onto the beach to watch The Golden Lemon's cook pick out a kingfish or lobsters for lunch.

Continued on page 22
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SEVEN CARIBBEAN ISLANDS continued from page 20

Antigua—sailors’ haven

BWIA flies straight as an arrow from St. Kitts to Antigua, which within the last few years has become one of the most popular islands in the Caribbean and correspondingly well equipped with hotels both large and small. The accent here is bluffy British, as befits a island that once harbored Nelson’s fleet, and a must for any visitor is a visit to the restored buildings of Nelson’s Dockyard, now given a new lease on life as a headquarters for harboring and outfitting the many yachts that cruise the Caribbean. One of the buildings, an old stoorhouse, has been turned into a very pleasant guest house, the Admiral’s Inn, and another, once the powder magazine, is being converted by Commander Nicholson, who runs a yacht-chartering service, into a house for himself and his family. See a few of the details on page 124.

The Caribbean offers only a limited selection of crafts, apart from the simple, unglazed pottery the islanders make for their own use, but I did find some attractive art in Antigua’s capital, St. John’s. An upstairs gallery on High Street called Lafaurie shows work by local artists—oils, watercolors, pen-and-ink drawings, sculpture, and shell mobiles, including amusing and detailed drawings of old Antiguan houses. If you have a taste for games of skill and memory, buy a warri board and get someone to teach you how to play. I never did master this game, so I never did master this game, which seems to consist of swiftly moving beans from one hollow in the board to another in some arcane sequence, but it’s a great local sport and you can see all the cab drivers playing it while away time between fares.

Dominica—a sleeping island

Mountaneous and verdant, carpeted with bamboo forests, canopied with tree ferns, and bathed in the spray of innumerable waterfalls, Dominica seems more like a Hawaiian than a Caribbean island, especially in the wild grandeur of the scenery—dark, deep valleys, surging rivers, tremendous peaks, black and white sand beaches. Dominica is not for the fun-loving vacationer—of the few places to stay, the Castaways, which has an excellent West Indian cook, and the Fort Young, a modern hotel built on the ruins of an old fort, are the best bets. It is the adventurer with a yen to see

Carib canoe that dates back to pre-Columbian days. Made from the trunk of the saman tree, it is expanded and shaped with a cargo of heavy stones and heated water.

Black-and-white tiled graves in the churchyard of St. Joseph’s, Dominica—one of the many visible surprises on this little-known Caribbean island.

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Barbados—
Britain with a tropical bent

By common consent, newly independent Barbados, the easternmost of the Caribbean islands and about the only one that Columbus overlooked, is the most English in ambiance, for it has known no other language since it was settled in 1627. In the capital, Bridgetown, a statue of Lord Nelson dominates Trafalgar (what else?) Square and the harbor police still wear the sailor's gear of his day—straw boater, bell-bottomed trousers, white jerkin. But it is the countryside with its neatly cultivated gardens and tiny parish churches that shows most clearly the taming influence of the mother country on the tropics.

Like St. Croix, Barbados is equally favored by latter-day settlers, and has its quota of converted sugar mills and estate houses and such resort-home developments as Sandy Lane, a charming colony of houses with walls of native coral rock and roofs of wallaba shingles. Of the eighteenth- and nineteenth-century houses on the island, one on the south coast, now a hotel, is noted both for its superb plasterwork ceilings and dubious history. Sam Lord's Castle, as it is called, was the home of a notorious rogue whose specialty was luring ships to destruction on the rocks and "liberating" the cargoes. It has to be admitted, though, that seldom were ill-gotten gains so well spent, for the ceilings, executed by craftsmen brought from England and Italy, are unique in the islands, and the antiques with which the house is now furnished do them full justice.

From this monument to rationality, the coastal road winds north to Bathsheba. A stop here is mandatory—for a full-course meal of West Indian foods at the King's Club (it is advisable to make reservation). Flying fish is on the local delicacies—filleted, smoked, and cooked Bajan style is really superb. Not far from King'sley Club are the Andromeda Gardens (privately owned, open to the public for an admission fee) where every possible tropical plant and shrub has been skillfully disposed in settings that follow the course of a meandering stream downhill to the sea. Each area has been planted to convey different mood—cactus and cacti gardens, a lily pond, begonia garden, groves of frangipani and gardenia, and a rock garden fragrant with ginger. There is even a bearded banana tree from which the island takes its name—Barbados (the bearded ones), and it was dubbed by the Portuguese mariner who set foot here briefly 1536.

North of the gardens Chalky Mount is one of the last surviving communities of native potters. They fashion the local chalky-white clay into simple traditional shapes—pots, goblet plates, jugs—but unfortunately, the most interesting pieces are large, fragile, hard to transport. Among the better local clay are the rush-seated unpainted pine Bajan chairs, which sell for a couple of dollars and can be bought in Bridgetown at the Handicrafts Shop. The new Craft Center of Pelican Village, a bazaar like cluster of African-style thatched huts on Princess Alice Highway, has local straw wood and leather goods, in addition to rather high-priced antiques and such Bajan delicacies as guava cheese, hot sauce, and per wine.

Barbados is by no means the last of the Caribbean islands stretching south are the tiny, idyllic Grenadines, Grenada, Tobago, Trinidad, and, swinging westward to the northern coast of Venezuela, the Dutch ABC group—Aruba, Bonaire, and Curacao. It is though, a good departure point on the main jet routes for the traveler with a limited amount of time to spend and a desire to see, but not be satiated by the varieties and vagaries of island life. There is always another season, another chance to return.

* * *

For additional information on St. Croix, write to the Virgin Island Tourist Office, 16 W. 49th Street, New York, N. Y., 10020; on Barbados, to the Barbados Tourist Board, 355 Lexington Avenue, New York, N. Y., 10016; on other islands, to the Caribbean Travel Association, 20 East 46th Street, New York, N. Y., 10017.
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Notes for January gardeners
Like the month’s two-faced patron saint, you look forward to both the year’s end and beginning

First weekend
Conversation plants. Gardening is a gabby game, and gardeners set as much store by conversational gambits as does any other readily classifiable group. But since there is a limit to the amount of personal bragging that the practitioner can do and still retain a modest mien, the plants themselves are required to keep the conversation flowing. This sense of them can do admirably. One of the best to point to with pride—or view with alarm, depending on the circumstances—is the Bonavia robusta (once more dramatically known as shizasopsis), the climbing onion. No onion, it produces a globular rootstock almost as big as a grapefruit, from which long, almost leafless green tendrils twine upward in tangled profusion. (This singularly spectacular plant was illustrated and described by James Fanning in H&G, October, 1960.) In temperate climates it is a tender plant, suitable for indoor culture only.

Similarly the beautica pro- duces a fleshy (the name means beautiful flesh) globular rootstock, this time as big as a basketball. From the top of this globe rises a tapering palmlike stem, and from the top of the stem erupts a fountain of narrow (½-inch) arching leaves. How “beautiful” this plant may be debatable, but it is a fine conversation piece. In a warm living room or a greenhouse it may spout 6 feet tall. In the warmest parts of the U. S. it may reach 20 feet or more in outdoor plantings—where much of its special charm is lost.

The old man cactus (Cereus peruvianus) is a favorite window sill succulent—a venerable beatnik, but winsome. Saxifraga sarmentosa is an amusing house plant and also a pretty rock plant, as are so many of the saxifrages. You may know it by the name of s. berry begonia—a double-barrel misnomer. Mother-of-thousands more apt. Outdoors, we list one—a truly handsome variety the familiar flowering dogwood Cornus florida welchii, which leaves that contain margins of white and red as the basic green.

If talk is to be a conceit of good gardening, it might as be good talk.

Second weekend
Antidesicant. A great deal to-do is made about the necessity for painting the wounds left by removal of branches from trees and shrubs. The rule of thumb seems to have gained credence largely because it has been beaten into so many years, calls the application of some form of tree-wound paint to any cut more than a half-inch in diameter. Supposedly such paint, packed with sanitary ingredients, prevents infection, promotes healing, reduces sap ooze to safe minimum. Well the paint were to stay in place any great length of time (which won’t), it would seal in any stagnant infections rather than excrete them. Healing is fostered by unimpeded development of cambium at the edges of the wound. And sap ooze as a result of pruning seldom fazes the plant.

But there is this to be said: you are pruning in winter (as you should to repair damage after storm breakage, for example), as if the wound is greater than inches, on trees, and half-an-inch on most shrubs, tree wound preparations may help to prevent drying out of heartwood, whilst...
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Under the standard homeowner's policy, your personal property is usually insured for 40 per cent of the coverage of the house itself. Thus, if your house is insured for $40,000, your possessions would be automatically insured for $16,000. This may or may not be adequate. The only way you can be sure is to make a meticulous survey of all personal property and place a realistic value on each item. Some insurance companies provide comprehensive check lists to simplify this task. And some especially well-organized families even take snapshots of major possessions. Once you have documented your contents, you should place your lists, and pictures if any, in a safety deposit box (or at least, a fireproof metal container) along with your other valuable papers.

Should you find that your personal property exceeds the amount of your policy, you will want to take out additional insurance. The cost is about $7 per $1,000 in the usual three-year contract.

Certain types of possessions require protection beyond that offered in the basic policy. For example, coverage against loss or damage is limited to only $500 on securities, tickets, and stamp collections. Fine paintings, musical instruments, jewelry, furs, and other precious objects should be protected by personal property "floaters" which insure to full value, or by having an endorsement added to the homeowner's policy describing the items and their individual values.

Personal liability

It requires no imagination at all to sense the importance of protecting your family against possible claims by persons who may hold you responsible for injuries sustained on your property. Insurance company files contain an over-abundance of unlikely but too-true stories of personal injury claims. As, for example, the case of the Mississippi postman who entered a claim against a homeowner after he had been stung while depositing letters in the mailbox. He had aroused a swarm of bees that considered the box their territorial imperative. The owner's own aversion to the bees made him no less responsible for their unfriendly behavior.

On the case of the neighborhood nemesis, a youngster who wandered uninvited into a backyard. Attracted by a hammock, he attempted the impossible by swinging in it, was flipped out of hand, and sustained a concussive injury. His parents sued the property owner, who learned to his dismay that a hammock in legal parlance can be characterized as an "attractive nuisance."

Another kind of lawsuit can be subjected to is for damage accidentally caused by you or someone in your family to another person's property. Personal liability coverage, and validity of it, is almost essential in day's accident-prone and litigious-minded society. This insurance provides for your legal defense in a lawsuit is brought against member of your family (or your pet) involving bodily injury to others or damage to property; and it indemnifies through the payment of damages. The basic amount of personal liability coverage in homeowner's policies is $25,000. Consider the enormous personal injury elements that have been won in recent years, most insurance companies recommend that you increase this amount substantially. The additional cost of coverage to as much as $100,000 for bodily injury to one person and $300,000 for more than one person in accident is comparatively inexpensive and great bargain in terms of your sense of security.

Medical payments

While personal liability is your best protection against lawsuits for major injury or property damage, homeowner's policy offers the added comfort of insuring the payment of a friend's medical expenses if he slips on a throw rug and breaks a leg in your home. Like personal liability insurance the coverage applies not only to your property, but to those occurring elsewhere if they were caused by you, a member of your family, your dog, Bozo. And what makes this provision even more attractive is the insurance company's obligation to foot the bill (up to $50 per case) even if another person is also at fault. Thus, without the need to establish liability, medical expenses are specifically paid.

Physical damage to the property of others

A remarkable cornucopia of insurance, the homeowner's policy also covers the cost of the next window your son may break while playing baseball. In fact, if an injury to a person on your property is caused by an insured peril, the homeowner's policy will be of help.
What can Relax-A-cizor do for YOU? Well, take a look at your figure. If you’re a little on the “hippy” side, if your waistline, tummy and thighs need the control of a tight girdle to stay in line — then Relax-A-cizor’s for you. Why? Because Relax-A-cizor reduces the size of these figure areas. (Does it while you REST ... at home! No effort!)

How does it work? Your hips, waist, abdomen and thighs are “held-in” by muscles that form a sort of “natural girdle.” As we grow older and exercise less, this girdle “stretches out of shape”. Relax-A-cizor’s effortless beauty exercise tones these muscles — causing this “natural girdle” to hold-you-in more. It’s as simple as that!

• NO WEIGHT LOSS!
Not weight loss ... it's effortless muscle-toning that does it!
Many women lack good muscle tone because they don't get enough exercise. Relax-A-cizor, while you rest, gives effortless, concentrated exercise to such figure areas as hips, waistline, abdomen and thighs. Regular use causes measurable size loss of these areas to the extent these muscles lack tone because of insufficient exercise. And the less the muscle tone the greater the degree of size reduction.

• FREE! Send for your FREE copy of “Your Figure” by Burton Skiles. Colorfully illustrated brochure tells more about Relax-A-cizor and what it can do for YOU.
No cost. No obligation.

Relax-A-cizor

NATIONWIDE NEW YORK CITY,
575 Madison Ave., MU 6-1600 / CHICAGO, ILL., 29 East Madison St., ST 2-5480 / LOS ANGELES, CALIF.,
980 No. La Cienega Blvd., OL 5-8000
©1966

Free!
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980 No. La Cienega Blvd.
Los Angeles, California 90034
Please rush my free copy of “Your Figure”, by Burton Skiles. No cost. No obligation.

☑ MRS. ☐ MISS ☐ MR.

NAME _____________________________

ADDRESS ____________________________

CITY ________ STATE __________

ZIP ________ PHONE ________

☑ I am under 18. ☐ I am over 18.
☐ I am also interested in a selling career with Relax-A-cizor.
FOR YOUR FIRESIDE

10 scatters in a set, earth tone, blooming chenille, 36" x 72" by 22" high, hand tied coil springs. W. 30 X 52 X 43 inches. No C.O.D. Shipping chan-
nell. As shown $199.95 each. Custom covered (send your measurements and descriptions) $30.00 additional. Custom covered (sent your measurements and descriptions) $199.95 each. If your measurements are different, please send your instructions and dimensions. Catalog $1.

Robert Mazaltov & Son, Inc.
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756 Madison Ave., New York 10021

For Your Collection . . .

PEANUTS AND HIS FRIENDS
Collectors who are Charlie Brown, Snoopy, Lucy—all looking like they just stepped out of your favorite comic strip. Snoopy and Lucy—all looking like they just stepped out of your favorite comic strip.

SNOOPY AND HIS FRIENDS
For Your Collection . . .
Collectors—young and old! The foremost selection of needlework patterns in the country for chairs, pillows, slipcovers, samplers, rugs and more. Conventional and modern designs or your own design made to order. Specify background color. Wools, needles and instructions included. Mounting and finishing service available. Catalog $1.

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Colorful butterflies designed in natural colors for a small rectangular rug. 21/2" x 4' $36.00

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Robert Mazaltov & Son, Inc.
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Dept. HG1
756 Madison Ave., New York 10021

Order merchandise by writing directly to shops. Enclose check or money order. Any unused item (not personalized) may be returned by insured mail for refund.

NEW GLEAM—OLD SILVER
Precious wedding silver and antique hollow ware can be restored to original beauty by Simmie craftsmen. They've been repairing and restoring heirlooms for years. They will give a heavy plating of pure silver; repair if needed. Free booklet and price list 

S. Simmons Plating Works, Inc.
HG1, 409 Whitehall St. S.W.
Atlanta, Ga. 30303

MUSIC MINDED?
Music master shelf is beautiful reproduced from an heirloom, solid cherry. Dark Forest cherry or light buckwheat horn finish. Perfect for displaying your prized possessions, busts or china figurines 4" Royal Doulton Monica figure $18.50. Shell is 3 1/2" h. 7 3/4" w. 5" d. $9.85. PPD. Color catalog $1. Carl Forslund, HG1, Grand Rapids, Mich. 49502

BRANDY BONANZAS
We've found that brandy seems to taste just that extra bit better when served in snifters. Every collection needs several of the pewter beauties imported from Holland. They're mailed in a gift box; hold 1 1/2 oz. $16.50 for two.

Pewter catalogue showing more than 150 pieces, $5. Hildegards of the World, HG1, 597 Farmington Ave., Hartford, Conn. 06105.

TREASURE IN TIME
You'll cherish this Empire mantle clock as much as did Madame de Pompadour, who is said to have received the original music sum piece from Louis XV. Cast metal antiqued in gold. 10" 1/2" w. 8 1/2" d. Two-year movement guaranteed. Electric. $29.95; battery, $34.95. PPD. Harriet Carter HG1, Plymouth Meeting, Pa. 19462.
Dazzling Genuine Gem Look

New Guard Rings with fiery brilliance in faceted amethyst, aquamarine, topaz, emeralds, rubies, sapphires & diamonds, coordinated for a fabulous look. In Gold-plate or Sterling Silver mountings.

1 for $3.25 2 for $5.50 3 for $8.25

Genuine Turquoise, 2 for $7.75

Wide Baguette Band, in Sterling, $5.95

Beau. Ovov. Band size

Old Pueblo Traders
622 GRM-Sa. Country Club Blvd., Tucson, Ariz. 85716

ELITE MEAT

That's Pfalzer's Prime Filet Mignons. So elite they aren't sold in ordinary markets. They're the steaks served in America's finest clubs and restaurants. Each one is aged for flavor and fork-tender. Now, you can have them at home or send them as a gift... shipped to your mantle, buffet, dining table or occasional table. Of Hydrocol. 10" high, 61/2" diameter. Babies $29.95. Exp. Chqs. Col.

COMPLETE OR IN KIT

Holds About 60 Books

BOOK END TABLE

SUSAN

ALL BOOKS ON DISPLAY

FIELD HOUSE

Insurance: A friendly union of charm and function distinguishes our lovely Susan Book End Table. Holds large reference books or novelties. Glass is securely fastened to a strong maple or oak base by 7/8" solid brass ball bearing swivel to all books are accessible. An ideal end occasional or bed table. 21"H, 111/2"W. Beautiful hand-crafted of lovely pine in yellow tray top size or maple finish. Only $29.95. Exp. Chqs. Col.


BEAUTIFUL NEW FREE CATALOG—170 PIECES. Finished and Kit Furniture in Friendly Pine

Occasional Table

with hand-rubbed Salem maple finish is unbeatable in this price range. We've listed a haphazard like this: solid wood, two-tier, three-legged table which looks like an antique, and will please the most discriminating person fond of fine things! 24" high. 14" diam. will fit right in beside a favorite chair, for fine coffee or cocktails. Only $9.95.

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box of 12. 6 oz. $26

each, 1¼" thick $2.00

Write for free catalog listing over 100 gift items.

PFAELZER BROTHERS

(pronounced Feller)

P.O. Box 114-Dept. HC17—Niiles, Ill. 60648

41-1/2 X 6 X 4" paper towels, knickknacks...12 X 6 X 3"... SHELF N TOOTHBRUSH COMBO... paper, towels, toothbrush, etc. 12 X 8 X 4"... HOUSE LIBRARY

New Guard Rings with fiery brilliance in faceted amethyst, aquamarine, topaz, emeralds, rubies, sapphires & diamonds, coordinated for a fabulous look. In Gold-plate or Sterling Silver mountings.

1 for $3.25 2 for $5.50 3 for $8.25

Genuine Turquoise, 2 for $7.75

Wide Baguette Band, in Sterling, $5.95

Beau. Ovov. Band size

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ELITE MEAT

That's Pfalzer's Prime Filet Mignons. So elite they aren't sold in ordinary markets. They're the steaks served in America's finest clubs and restaurants. Each one is aged for flavor and fork-tender. Now, you can have them at home or send them as a gift... shipped to your mantle, buffet, dining table or occasional table. Of Hydrocol. 10" high, 61/2" diameter.

In the Continental fashion... Antiqued Gold Finished Cherub Compote

$5.95 ea. ppd.

Delicate French styling in an antique gold finished compote that adds charm to any motif. Filled with flowing greenery, flowers or fruit, to embellish the beauty of your mantle, buffet, dining table or occasional table. Of Hydrocol. 10" high, 61/2" diameter.

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(Barons of Feller)

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ARL, 1967
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**DOES HUNDREDS OF SEWING JOBS in Jiffy Time!**

Sews blind or regular stitches, sews on buttons, zig-zags or bastes. Does many jobs an ordinary electric machine cannot do—hemming, darning, mending, zipper insertion—where precision is important. Precision gears operate in durable styrene case. Uses standard spool and needles. Also includes artist’s palette, paint brushes, bristle cleaner. Please include hair and nail clippers. All photographs returned unharmed.

Send Only $9.95

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Box M77

Wilmington 44, Calif.

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Use this versatile spin-dryer for either! But for salons, laundries, collapsible wire frames are a must. Detach from wash greens. Then pump to whirl. Whirling action makes mud disappear. Grease is removed, basting, for tossing. Stainless steel plastic 9" h, 10" dia. $2.95

**ARTISAN GALLERIES, HGI, 210 Haskell Ave., Dallas, Tex. 75204**

**MITE-Y PROTECTOR**

Some umbrella this thumbble folds into compact 10", but dry you'll be under the 10-inch 32" shield when it's opened. No sudden collapses with rib-sticks. For men or women in beige, black or red. Telecosm chrome shaft, saddle-stitch leatherette handle, matching hard. $7.95 ppd. Hobi. Dept. F-2, Flushings, N. Y. 11352.

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Have you been weary of starting afghan? This kit features an authentic Scandinavian design that's easier than you think. Includes Nantucket sports yarn and simple directions. Choose elf, gold, heather and white or lime green and white. 46" by 56". Chime washable and dryable $15.95 plus $1 post. The Stitch, Wellesley, Mass. 02181.

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Illustrated Book...on home upholstery course for upholsterers, sofas, chairs, beds, etc. Beautiful black & white photos, built-ins. New methods, styles including fabulous new Nau (below). Free special upholsterer's tools. Fine spare time income high paying job opportunities all over. Earn while you learn in spare time. Fascinating. Write or free book, sample lesson to Modern Upholstery Institute Box 899-KO, Orange, California 92668.
Shoppi* Around

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Pressure sensitive—needs no moistening. No more tucking tape. Extra wide, heavy-duty package type. No twine needed. Self dispense. Tear off and stick on. For mailing, storing, mending, shipping. $0.022 roll 2" wide. $1.00

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Handy income tax ledger file. 12 big pockets hold receipts. Deductible items, salary, other data are entered monthly. Everything you need for your tax return in ONE time-saving file! Heavy cover. 7½" x 11". $2.98

BILL PAYING ENVELOPES
7½" white 6½" personalization spaces just for bill paying, ordering, etc. No need to break up stationery sets. Your name, address, and ZIP code left hand corner. 500. Print. 48 hour service. $3.98

REST—WARM YOUR FEET
Keep feet and ankles comfy on cold days with this electric warmer stool. Built-in temperature control provides soothing heat for tired, cold feet. Beautiful tapestry covering. 110 volts. AC-DC. 15" x 11" x 9". $9.98

BUNKY BEAR CUT OUTS
Perfect playroom or nursery decoration—3 ft. trees, 20" Bunky Bear, cute animals, cover up to 100 sq. ft. Heavy stock. Cut, mount on tallest wall, frame! $2.98

2 IN 1 CHECKBOOK WALLET
Now, checks and wallet are combined in one stylish, slim, textured vinyl duo for the ladies. Holds checkbook, side or top perforated, pen (included), credit card holders, coin purse, 2 bill pockets. 7½" x 3½". $2.98

Electric BLANKET SAVER
Keep electric blankets clean! No more washing. Handy cover keeps out dirt—adds years of life. Unzip and wash cover! Cotton pillow, non-wrinkle. One size fits full or twin. 72" x 96". $29.58 Pink, $29.59 Yellow. $7.98

NEW MEDIEVAL DESIGN SWITCHPLATES

<table>
<thead>
<tr>
<th>DESCRIPTION</th>
<th>BRASS</th>
<th>W.</th>
</tr>
</thead>
<tbody>
<tr>
<td>SINGLE SWITCHPLATE</td>
<td>3.75</td>
<td>2.75</td>
</tr>
<tr>
<td>DOUBLE SWITCHPLATE</td>
<td>4.90</td>
<td>3.90</td>
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<tr>
<td>TRIPLE SWITCHPLATE</td>
<td>6.00</td>
<td>4.00</td>
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<tr>
<td>DOUBLE OUTLET</td>
<td>4.90</td>
<td>3.90</td>
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<tr>
<td>COMBINATION (1 sw, 2 outlets)</td>
<td>5.50</td>
<td>4.50</td>
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Great for envelopes, stationery, checks. Crisp black ink, rich gold stripe on the side. 2" long, padded. 3 or 4 lines, up to 25 letters and spaces per line. America's biggest label bargain. $1.74 50c

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ZIPS OVER ELECTRIC BLANKET

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OLD-TIME AIR, MODERN KNOW-HOW!
Replica of country-store wrapping-paper dispenser cradles standard or jumbo rolls—neatly shears them off with sharp cutting edge—no rips, tears, waste! Serves kitchen counter, table-top—totes to any room for wipe-up jobs! Walnut finish wood; wrought-iron black accents. 88963 Country Kitchen™ Rack. $4.98

Musical Multiplication Records

Get these new Musical Multiplication Records—and see his marks in arithmetic go up, quickly! All the Multiplication Tables from 2's through 12's have been set to music on 5 records. Each table has its own catchy tune and quick, easy! Records—and kids learn multiplication as you enter a new world of egg cookery with the new egg chef. Cooks 4 large eggs on your table to your liking. Ex-

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Perfect Reproduction Of An Italian Renaissance Masterpiece
This imported cherub wall planter will bring many admiring glances as it adorns your living room, dining room, bedroom, soc-

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Cheerful chef when elegance is the keynote. A handsome plank for cutting cheese, square, slice with the teak-I

Eyes right

If your arm's not long enough to read your HOUSE & GAR collecting catalogs, newspa-

Shopping Around

A Covey to Covet

Quails to cluster in the kitchen—on the dining table heavily guard salt, pepper and silver-plated birds each have their own duties. Sugar holder, 3½" h. $3.95. Salt and pepper each 2¾" by 2" square. $4.95. Post. Camailer & Buckley, 1141 Connecticut Ave., Washington, D. C. 20036.

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Incredible head start! Improvement in children's ability to master multiplication tables from 2's to 12's has been noted. Children learn multiplication faster, easier; parents and teachers report wonderful results. Write for free folder to:
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Get these new Musical Multiplication Records—and see his marks in arithmetic go up, quickly! All the Multiplication Tables from 2's through 12's have been set to music on 5 records. Each table has its own catchy tune and musical quiz. Children love to play them. Used in thousands of schools. Parents and teachers report wonderful results. Write for free folder to:
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**t-size velour**
cotton velour knit pullover
designed to fit active tall and large men. Choose skipper blue, navy, evergreen or tan. Zip to turtle neck warmth or pull casually. Sleeves: 34 to 36; M, XL. XXL. $14.95 each. 72-page color catalogue. Size, Inc., 2920 Forest St., Boston, Mass. 02402.

**Fish it**
re's set for savoring—a
watering blend of white
dates, herbs, spices, hot
pers. A particularly flavorsome
eye; great for any meat, fish
owl. Comes with a relish of
pickled onion rings. Each in

**Empress**
I is the name of this elegant
so let it give a royal wel-
in your entrance hall, at the
doors of the guest room. Ma-
ny, fruitwood or antique
finish frame. Fabric samples
40" by 16" by 20" h. $52.50; 00. Exp. charges coll. Cata-
log, 50c. Hunt Galleries, HG1,
892, Hickory, N. C. 28601.

**Which is which?**
the queen of the kitchen, a
native white switch plate with
e, cook book and pineapple in
and gold. Personalized with
first name. For the bath, a
naical white one with black
gold design and a single
il. Either single switch plate,
5 postpaid. Wales, HG17.
isdale, N. Y. 10530.

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the floor that makes Portsmouth
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So now you can save 15% more. But only until February 28, 1967.

Send for FREE Bedspread & Drapery Catalog. Hurry, before Feb. 28th.
Discover the newest thing in coffee by adding 1 1/2 ozs. of Benedictine D.O.M, La Grande Liqueur Francaise, to a cup of strong hot coffee, topped off with whipped cream.

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For Personalized Stationery

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**TIME IS MORE PRECIOUS SINCE I HAVE YOU TO LOVE.** Precious moments, exquisitely designed, to create beauty and sentiment, inscribed in French with the powers translated above. A raised heart at the center and the hands of a clock set at a quarter to midnight.

**A lasting expression of your love for someone special**. In Sterling $9.50; in 14K $9.75. Engraving on back $1.00 a letter.

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A woman to wear as wedding & friendship ring. In Sterling 10 oz. 14K Gold 14 oz. Send ring size.

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**First rate mate**

Handy and helpful: a desk that minimizes that jumping from the desk just when you settled, to get a stapler, a rub band. These items plus pen, Key tape, letter opener, ruler, pen, and more in a heavy black plastic case with green or gold plash. 10 1/2" by 6 1/2" by 5 1/2". $7.50. 

**Oriental charm**

So graceful of line, you’ll want at least a pair of these mandarin ginger jars to display. Or use them as canisters. Birds of Paradise, a floral design are in predominating colors of coral, jade green or a burnt orange. White porcela in split wood black stand. 8" high $4.95; 10" high $10.95. Ppd. $7.50. 

**For square shoulders**

Posture correction doesn’t have to be uncomfortable. Evenly distributed support made of lightweight fabric not detected under clothing. Men, measuring chest; women, measure bust. Order in size or $4.95. Ppd. $7.50. 

**For a set of four unique Coffee D.O.M ceramic mugs send $5.00 to: Dept. G, Benedictine, Box 341, Old Chelsea Station, New York, N.Y. 10011.**
Shopping Around

ke cool

The secret: it holds those

inches. The tube in the

hand-made stand of

wrought iron, imported

Austria. $32.50 ppd. 41

Sunset House, 81 Sunset

g., Beverly Hills, Cal. 90213.

Back of the PACKS

these packs for all your knits,

s, sweaters, jackets, sleeves,

envelopes of

heavy plastic hold aplenty

by 16", protect things from

ture; bonus is the

snag zipper fastener, 90c each

ock of three; two packs, $1.59.

1. Sunset House, 81 Sunset
g., Beverly Hills, Cal. 90213.

stitches

ster is no laughing matter.

e the drear out and put cheer

This sampler brings smiles. Kit

cludes picturesque farm scene

oyster Belgian linen, colored

structions, 11 1/2" by 14"

hogany frame, $2.95. Matching

dge sampler has old-fashioned

enth too, $2.95. Add 35c post.

th. Victoria Gifts, HGl. 12H

eter St., Bryn Mawr, Pa. 19010.

ang it all

ich cliff dweller won't be very

much taken with our indoor drip

ter? Made of steel coated with

vinyl, convenient contrap-

n straddles the bathtub; con-

utes 10 1/2 feet of space for dry-

ling, lingerie and the like. Light-

ight, won't rust or snag, folds

to store. $3.98 ppd. Breck's,

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Sure n' you needn' t be from the ould sod
to have the luck of the Irish—just hang
this beautiful plaque in your home! Hand-
screened original is gold and green on
natural oil-rubbed mahogany and begins
"May the road rise to meet you and the
wind be at your back." 5% x 7 1/2". Order
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This beautiful needlework in CREWEL can be magnificently reproduced in your home. Value of Garden Flowers design is priced at 26" x 26". Belgian linen for you to work in your choice of stitches. Kits are available without yarn or with Palette of Yarn to complete the painting in 40 shades of red, orange, yellow, blue, purple, brown and gray. Design on linen, $4.95. Designs on linen with Palette of Yarns included, $11.95. Add 50c post.

NEEDLEPOINT PANSIES

Colorful pansies are already worked for you in needlepoint by the skilled needlewomen of Madeira. You will fill in the background in the color of your choice. Handsome for a chair seat, fiKidmil, handbag, pillow or to work background is available in ivory, canvas with 10 inches per inch, only $15.95 for 15" x 19" design on 27" x 27" gross iwj paint canvas with 10 same colors as above. Design is 15" x 19" on 24" x 24" gross point canvas with 10 mesh per inch. $27.95 plus 75c postage. Matched dry lot tapestry yarn in every color to work background, $3.50 post.

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The perfect way to assure perfect fit of eyeglasses is with these fort pads. Apply them to the piece or stems. Pads keep glass in place. You know how annoying it is when glasses keep slipping down on your nose. Ends pressure marks, too. Great for glasses, $2 for 81 p.p. New Products, HNG-1E, 811 W. dotte, Kansas City, Mo. 6.

Post master
Sending mail is a snap with kit. Includes marking era labels, gunned tape, rat gold-plated scissors. 5” sq. Letterer: turquoise, shocking pink, yellow, orange, green, black & Leather; tortoise brown, olive, black $9.25. Ppd. State 2nd or Gift boxed. Ashley Co., HG-17, W. 35th St., New York 10001.

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To really grace a bedroom in it with the “Honeyncomb” patt Masterfully reproduced from ditonal design in creamy whi preshrunk cotton. Dos or single spread, $35. Pure creamy white canopy, 87½” $62.50; $2.50; $47. Extra large, $47 Ppd. Send 10c for literature. ginia Goodwin, HNG-7, Dilw Station, Charlotte, N. C. 28203.

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Cold feet are a thing of the past! This 16" x 24" heated mat will be a most welcome winter’s night companion. Put one by the door, one where you relax, and help ward off discomfort and colds this year. Uses 75 watts; 115 V.A.C., plugs in anywhere. UL approved.

$4.95

New York

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Keep your faithful doggie warm in winter, cool in summer, and free of fleas. Foam mastic Flea Kill Bed has multi-cushioned interior; washable, too! Cedar scent keeps him on his toes; prevents scratching, 15" by 27" $4.95 by 33", $6.95; 33" by 47", $8.00. Ppd. Sudbury Laboratory, Box 2356, Sudbury, Mass.

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And you’ll be positively proofed all winter. Double-knit cozy helmet designed like a winter hood is soft and full fabulously flattering. And it squashes your New Year’s Eve do! Fold it to store or put it on like a beret. Royal blue or red, plus 30c postage. Here’s How Inc., HG1, 50 Tec St., Hick N. Y. 11801.

Lap luxury

At long last, a mat that lets you cope practically, prettily wintry suppers, breakfast in bed. Slicky vinyl shaped to fit; foam lined; slip-proof; drop pockets take kins and silver. Red, green or in early American tavern design; 12" by 17". 4 for $8.05. $16.95. Ppd. Seth & Edel, 11 New Marlborough, Mass. 01225.

Heel heal-strap

Couldn’t you do nicely without louses? Here’s a tip that does double duty: apply cream (very effective) to tough and denuded heels. Then slip on pink cotton Heel-Healers that the cosmetic working while you sleep. Plastic interlining prevents sheets. One size fits all. $1.50 plus 20c postage. Ferry House, 10 Dobbs Ferry, N. Y. 10522.
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WHAT IS COMFORT?

Comfort is shelter—from wind, rain, sun, snow.

Comfort is being warm enough, cool enough, and staying that way.

Comfort is a good bed, big, smooth, compliant as a cloud, firm as a rock.

Comfort is being able to see where you are going and what you are doing.

Comfort, when you are looking for a place to put something, is an empty shelf.

Comfort is seeing all around you the colors you love.

Comfort is the absence of dirt.

Comfort is being able to relax at a party, without feeling you should offer to help out.

Comfort is breathing air that does not suggest the Sahara.

Comfort is hearing only what you want to hear when you want to hear it.

Comfort is a garden you don't have to jackknife your backbone to tend.

Comfort is a relic from the past, reminding you of life's continuity.

Comfort is having a not-too-high table at arm's reach.

Comfort is silent resiliency underfoot.

Comfort is a kitchen where you don't have to walk a mile to make bacon and eggs.

Comfort is having a tablecloth always fresh for a party.

Comfort is a room where the young can make as much noise as they please.

Comfort is a house that always smells sweet.

Comfort is privacy.

Comfort is having a little table to eat your buffet dinner from.

Comfort is lolling with your feet up.

Comfort is sitting up straight without trying.

Comfort is a massage.

Comfort is having something at hand to throw over you when you take a nap.

Comfort is that blissful state when you forget that you have arms, legs, and a backbone—remembering only that you are.

Comfort is home.
IN HER OWN HOME, A PERCEPTIVE WOMAN AND TALENTED DECORATOR PROVES HER CREDO

Comfort is a whole way of life

The children's hour: Mrs. Parrish and six of her seven grandchildren. The seventh lunches in a high chair, solo

To Mrs. Henry Parrish II, a versatile decorator as well known for what she calls her "old-fashioned" rooms as for her contemporary ones, comfort is not only "a compulsion, but a way of life equally concerned with the human frame and that curious being we call the inner man. Both must be satisfied." Every room, consequently, that Mrs. Parrish has ever designed, whether simple or grand, extends an immediate invitation to sit down and put your feet up. Always, there is a wonderful melding of color and pattern and ornament that bewitches the eye, but never awes it. Less obvious, but injected with infinite care, are the delights and solaces of friendly warmth, a feeling of fitness, a sense of humor, and a reassuring remembrance of things past—components, every one of them, of comfort. Seeing such a room for the first time, quite empty except for its furnishings, you feel inexplicably certain that someone has just walked out of it—or is about to come in the door.

This breathing of life into the confines of four walls does not, of course, just happen. It begins with meeting the exigencies of physical comfort and ends with visual pleasure. And the pleasure is heart-warming. A paradox among interior designers, Mrs. Parrish believes in the un-decorated look. She also believes in touching all bases. To her, the downiest, plushiest room in the world is a dud "if it is built around nothing but cushioning the backbone." At the same time, she sees no point at all in a room so elegantly refined that it refuses to be sat in.

A shy woman, she never preaches her credo. She is a practitioner, and nowhere has she practiced so earnestly as in her summer home in Dark Harbor, Maine. A 150-year-old rambler, the house was her grandfather's. She spent summers there as a child, and spends them there now her grandchildren, of which there are seven. Because her own house rather than a client's, she is free to do thing with it she likes, and she does. Deeply cushioned, can sit or lie almost anywhere in blessed ease. You can sit up, comfortably supported, straight as a poker, or in a child's rocker (if you can fit into it), or stretch on the floor in front of any number of fireplaces. How oriented, you will always have something to look at.

Parrish does not believe in wasted space, barren corners, or lonely, unadorned tables. She does not call herself a collector—in the sense of collecting Bristol glass or silver, but, rather, "an acquirer." She has been acquiring things in her life, refuses to stop, and somehow finds a place for everything. Although she has certain fondnesses—pictures of dogs, almost any kind of needlework, flowers, vegetables—she is remarkably catholic in her acquisitiveness and she puts the whole whirlpool together with a broad and cavalier disregard for genre.

Cushioned ease is everywhere, even outdoors

For sybaritic lounging, canvas-cushioned banquets on the deck-like porch of Mrs. Parrish's house in Maine heaped with pillows covered in a riot of fabrics designed by Albert Hadley, a partner in her firm. Applying a fave yardstick she calls "no rhyme nor reason," she lets colors fall where they may, and they always seem fresh. Here, on balmy nights, the family dines surrounded by the greenery of an old grove of apple trees—their branches hung, bauble-like, with baskets of white tuberous begonias.
An island of fireside comfort: a curved-corner sofa, an embracing armchair, a rocker, and ottomans for children or feet.

Cushions are huge, never stop, and are often to

To smile at, atop a cabinet: a basket of eggs, a plate, and a portrait of both

Arranging furniture for easy, comfortable conversation is one of Mrs. Parrish's strictest tenets. If there is one thing she cannot bear, it is the "shouted bon mot", and she has designed her living room so everyone can be snugly close to the audience of his choice. The chairs and sofas, a typical Parrish mélange including her childhood rocking chair, she chose and placed with enormous care—both for nicety of balance and to provide a gamut of comfortable seating (sofas, lounge chairs, straight chairs, ottomans) for both guests and children. Visually, the room is a delight because she has indulged her fondness for pattern with four different floral motifs—one for overcurtains and slipcovers, two for upholstery and pillows (pillows are a passion), another for a draped table—then underscored them all with a vividly flowered rug. There is no sense at all of misalliance: the patterns are as closely related as the Parrish grandchildren. Asked how she puts this amalgam together, she explains the trick as simply "feeling your way." Staying pretty much within a chosen palette, she combines and rejects until instinct and eye tell her to stop. Then she uses an anchor or two—in this instance, a solid blue chintz for the largest sofa, a painted floor echoing the green of the leaves in the fabrics' foliage. (Continued)
Mrs. Parrish makes equally comfortable provisions for relaxed conversation in the dining room as in her lavishly cushioned living and sitting rooms. Tie-on seat cushions and antimacassar-like back pads—the entire lot peppered with rosebuds—not only pretty up the chairs, but keep guests gently moored. With the exception of a fine old Hepplewhite sideboard, the dining room is almost entirely furnished with salvage from a nearby farmhouse from which Mrs. Parrish marched off with 100 pieces of furniture for the appropriately round sum of $100. Much of it was golden oak; today, refreshed with white enamel, it is as snowy as a winter drift. This country-cousin furniture has the endearing qualities of nostalgia, familiarity, and, somehow, security—assets that can sometimes spell more comfort than dorsal ease. In any event, Mrs. Parrish extends to the old table and chairs the same courtesy she might give Chippendale—part of the secret of her “undecorated” look. This mien she intensifies by occasionally propping paintings instead of hanging them, perching them on window sills, and mixing (rather than matching) anything with everything as in the blaze of fireworks she has kindled with fabric and color in the sitting room, opposite page. (Continued)

The sitting room is supplied with an afghan for naps, a delicious scoo

COMFORT:  A WAY OF  continued
In her own bedroom, Mrs. Parrish surrounds herself with old favorites: a collection of framed needlework, a child’s sofa, a faience Pekingese four-poster, a brace of old-fashioned quilts.

Upstairs, as well as downstairs, Mrs. Parrish traps comfort in every snare she can devise. In the bedrooms, the mattresses, box springs, and their respective trappings are never allowed to age beyond their prime. Once tired, they are put out to pasture. The bathrooms are full of towels an inch thick, luscious sponges, dressing gowns for guests, and one of the greatest solaces ever to come out of England—electric towel warmers.

For inner-man warmers, there is other fuel. Since Mrs. Parrish believes that “a static house soon becomes tiresome,” she changes something every day—usually by rearrangement, occasionally, when something wears out, by a switch in fabrics. She rarely duplicates a pattern, preferring instead to play her “mixing game” until she finds a tonic to keep the over-all setup in harmony in a new way. The house, consequently, is a bit like a kaleidoscope that is constantly given gentle little shakes to keep it on its toes. Even architectural oddities do not daunt her. In her own bedroom, for example, instead of disguising the complexity of the ceiling, she underscores it with a bold wallpaper border. As with the trees in the forest, you can’t see the eaves for the roses.
The delicious feeling of being cared for that has made the spa a refuge and restorer of body and spirit since the time of ancient Rome is a super comfort you can luxuriate in today without going outside your front door. H&G has devised a new kind of room that offers, in microcosm, all the facilities of the modern health and beauty farm, but is every bit as pretty and inviting as your own bedroom or sitting room. Essentially, our Pampering Room is a place to feel good in, a place where you can be scrubbed and groomed, muscle-toned and figure-trimmed, and also retire for a quiet hour of reading, napping, letter-writing, or simply enjoying the incomparable comfort of quiet contemplation. The facilities might be planned especially for a man (see our compact adaptation, page 93), or more impartially for a couple. But our first edition was specifically designed as the personal spa of a feminine sybarite.

The most felicitous space to convert to a Pampering Room would be a spare bedroom or study with an adjoining bath. Ours was designed for a 12-by-15-foot room with an alcove created by removing the double doors to the closet (see plan, below). We painted the walls H&G’s Peppermint Pink, covered the floor with foot-pampering cushion-back vinyl, and hung gaily flowered sheer curtains at the bay window. The ceiling of the bay and walls of the alcove opposite we covered with the same printed fabric.

All the exercise, massage, and other physical fitness equipment is concentrated in and around the alcove. Here on the massage-and-exercise table you can use the muscle-toning machine, bask under the sun or heat lamp, rest while a beauty mask does its work, or exercise on the floor mat that hangs for storage in the alcove’s shallow closet. We mirrored the stretch of wall between the door to the hall and the door to the bathroom, and installed a ballet barre there. (Continued)
Beauty-treatment area is a comfortable spot for reading and resting. Chaise and chair, slipcovered in bath sheets by Martex; curtains of Dacron print by Cohama; Ronson salon dryer.

Saug in the chaise, you can enjoy an electric manicure.

...or use the electric comb and lighted mirror.

Comfortable partners: tub chair and salon dryer.
beauty treatments are pleasant not only because of their results, because they involve a certain hypnotic ritual—a pleasure that increased tenfold when the ritual can be carried out in solitude, at your convenience, in a pretty setting that reflects your personal style. In the beauty center of our Pampering Room, you can coif and secure your hair, concentrate on skin cleaning and toning, experiment with make-up, or be soothed and cosseted by a variety of little luxuries. We slipcovered the upholstered tub chair and tempting came as we did the massage table and exercise mat—with terry bath towels, soft and plushy to the touch and wonderfully washable. The lighted make-up table in the bay, with its generous drawer space for beauty sessions. And the roll-around table that fits over the bay can be used for anything from manicuring to drawing up a guest list.

In the bathroom adjoining the Pampering Room are two hydro devices that complete the facilities of this personal spa. One is a little generator that converts your stall shower into a steam room. 8-by-20-by-11 inches, the electronic generator stands outside the shower, is easily connected to the water system by a plumber, and the other device turns a tub bath into a whirlpool bath for blissful hydrotherapy. (It comes in both a plug-in model and one that can be nanently installed by a plumber.)

Lacking a whole room to convert to a health and beauty center, you can turn a bedroom or sitting room into a part-time Pampering Room by assembling all the essential treatment and exercise devices into a well-organized storage center. H&G has designed two of these—for a woman, one for a man.

(Continued)

1. Infrared heat massager to place in the back of chair or chaise. By Pollenex.
2. Spot massager with two heat settings that gives massage, or heat, or both. By Songrand.
3. Ladies electric shaver designed for the legs, with extra attachment for underarms. By Hamilton Beach.
4. Electric hair comb with heat that dries, combs, styles, or teases in one motion. By Songrand.
5. Electrical facial kit including devices for gentle stimulation and circulation. By Zeigler.
6. Foot massager that also relieves tired feet with infrared heat. By Songrand.
7. Electric facial pater that stimulates local circulation with 1,800 strokes a minute. By Songrand.
8. Strap-on chin massager to use with or without heat. Also adaptable for spot massage. By Songrand.
10. Compact steam generator that connects to water supply and pipes steam into stall shower. By Thermasol.

For shopping information, see page 145.

For small-space adaptations turn the page

GARDEN, JANUARY, 1967
PAMPERING ARMOIRE FOR A WOMAN

For the space shy, H&G has packed into an armoire all the essential facilities that can turn a bedroom, dressing room, or family room into a Pampering Room on a part-time basis. The rest of the time the armoire is a decorative addition to the room, occupying only 20 by 42 inches of floor space. We managed to include almost all the essentials of a full-scale, full-time Pampering Room in this 34-inch-high storage center by choosing smaller models and folding models that would fit easily onto the shelves and into the drawers. The lightest items were placed on the top shelf, and when you open the doors, everything is immediately visible and accessible except for the folding exercise table which is tucked at the back of the bottom shelf. One of the drawers is for towels and exercise clothes, the other has compartments for cosmetics and small devices. As an extra fillip, we lined the inside of the armoire with peacock-patterned paper.

PAMPERING CLOSET FOR A MAN

In a 2-by-3-foot closet that might adjoin a man’s bedroom or study we assembled almost all the exercise, massage, and grooming equipment that might be offered in a home gym. (For H&G’s own plan for a “Slim Gym,” see July, 1961.) Since many of the devices included in an exercise set—chinning bar, bicyclist, chest pulls—are designed to be used in an open doorway, we decorated the closet interior to match the room—plaid vinyl walls, vinyl floor. On one side of the closet we built shelves that are deeper at the back wall than at the front in order to provide easily accessible space for large items as well as small. On the opposite side we built a countertop cabinet for towels and exercise clothes. Components of the exercise set and the legs of the exercise table hang on clips on the back wall, the inframed back massager on the side wall over the counter. The exercise table itself, slipcovered to match the walls, hangs on the door.

Doors of armoire are wire grilles backed by sheer curtains. By Youngsville Star.
IN THE CLOSET:
- EXERCISE-MASSAGE TABLE
- EXERCISE SET
- RULAMP
- SWEDISH-TYPE MASSAGER
- FOOT MASSAGER
- ELECTRIC RAZOR
- ED VIBRATOR
- FOOT HYDROTHERAPY SET
- MUSCLE-TONING MACHINE
- EXERCISE AND DIET LIBRARY
- WHIRLPOOL ATTACHMENT FOR TUB
- SCALE
- INFRARED BACK MASSAGER

The gym set includes bicycle exerciser.
From Battle Creek Equipment Co.

Chest pulls with weights and doorway chinning bar come with set.

Colors and patterns in closet match those in bedroom.
Vinyl floor by Goodyear.

For close-ups of equipment in armoire and closet, see page 149.
For shopping information, turn to page 145.
Party planning:

How to put your guests at ease

The art of making guests comfortable demands foresight—the imagination to predict in advance the needs of other people and the self-discipline to plan accordingly. Once the party starts, only the delightful results of the planning should show, never the effort behind it. This is not too difficult to achieve if you have plenty of help. For a party of any appreciable size, most hostesses arrange to have some help, but for a small dinner for six or eight, extra help is not always feasible. On such occasions, a hostess’s imagination and tact are put to the real test. For an oversolicitous hostess or one who abdicates her role to become a dutiful waitress-cum-barmaid makes everyone uncomfortable. If someone says, “Don’t work so hard,” you can be sure he is not enjoying himself. Yet lacking help in either kitchen or dining room, you can put your guests wholly at ease—which is the true essence of hospitality. Here are plans for two small maidless parties—a seated dinner for six and a buffet for the same number—designed to clear the most frequent obstacles to easy congeniality.

At a seated dinner: a hostess who stays seated, too

Even with no maid you can serve a small seated dinner without discomforting your guests by repeatedly jumping up from the table. This feat will be easier to bring off if host and hostess work together, unobtrusively taking turns with whatever fetching and carrying must be done. It is also vital to the guests’ serenity that host and hostess sit down to the table at the same time as everyone else, which means the food must be already at hand, and still piping. The opening gambit in this plan for a small seated dinner for six is to serve the first course in the living room. During cocktails, consommé can be kept simmering in a samovar on a living room table, and at the appointed moment you can invite the guests to help themselves. Once they are comfortably settled with their soup in the living room, they are not likely to notice your departure to the kitchen where everything for the main course waits on a mobile hot table, ready to be wheeled into position beside the dining table. When the main course is finished, empty plates can be passed along to the hot table and stacked on a tray on the bottom shelf. One more trip to the kitchen should be enough to dispose of first course remains, whisk a mousse from the refrigerator and bring it on a tray, together with plates and coffeepot, back to the dining room. Cups, saucers, and brandy have already been set out conveniently on the dining room’s permanent serving table long before the first guests arrived.
First course, opposite page, is set out in living room before party starts—consommé in faience samovar, tea glasses with pewter holders that need no saucers.

Main course, above, is served from mobile hot table, which also returns empty plates to kitchen. Finger bowls, containing daisies anchored in lemon slices, start as part of centerpiece. On table, Block china and crystal; Gorham's “Hacienda” stainless steel.

Mobile hot table, right, has a heatless side tray where wine can cool; dinner plates warm in plate warmer on shelf. Salton Hotable.

Shopping information, page 145
At a buffet party: twin buffet tables that never lose their looks

One happy advantage of a serve-yourself party is the opportunity it offers to delight your guests with an enticing array of food, china, crystal, and silver prettily arranged on a buffet table. But if the guests are to remain delighted, the arrangement must also be designed for easy self-service. Each diner must have a secure little table to eat from comfortably, and both empty plates and untidy, near-empty serving dishes should disappear on cue. A three-pronged plan for achieving this involves arranging two buffets instead of one; using a festive lightweight cart to speed clearing and replenishment; and providing each guest with a gaily painted table, high enough to give knee room and portable enough for conviviality. The two buffets work in tandem.

You set up one for cocktails and hors d'oeuvres, giving everyone his own little tray. The second is set for the main course, and each place setting is assembled so that no one has to fumble around for his plate, silver, and napkin. After beginning the evening as an auxiliary bar, the little cart, when dinner is served, whisks away the empty glasses and whatever remains on the first buffet. There is no fuss about setting up the individual tables: their flower-painted tops are quite self-sufficient without cloths or mats. The first course finished, the cart makes a dashing reappearance bearing dessert which can be quickly arranged on buffet table number one. Another round trip clears away the first course and brings back to table number two everything needed for coffee.

PUT YOUR GUESTS AT EASE continued

Gala party tables, above, easy to make from 18-in.-square squares of plywood, ready-made screw-on legs (that screw off for simple storage), and vivid glo paints. Designed by Ren Rattan cart, left, rolls so easily guests won’t feel they must he Alternate buffet tables, oppos page, entire guests with a free setting for each course. Integrate pattern of cloths is achieved by laying sheer cloths with white-on-white motifs over printed cotton with smashingly different motifs. Twin centerpiece cuts of Colorado Carnations mass in tall-stemmed hurricane candle-holders with tapers inserted between the crisscrossed stems. Wrinkle-resistant tablecloths by Ottavia Originals; Pickard china; sterling silver by Lunt. Shopping information, page 14. HOUSE & GARDEN, JANU
At the south end of the house, opposite page, there is a rock-bordered pond for ducks, and on the bay side, above, a swimming pool built around five palm trees that "float" on little tile-walled islands. The landscaping, all of it planned by Mrs. Pagliai, was woven around the existing trees.

In the ancient Tzotzil language of Mayan Mexico, the verb "to love" is *ghalal*, a word that was borrowed quite appropriately as the name for Mr. and Mrs. Bruno Pagliai's beloved seaside pavilion on the Playa Guitarrón outside Acapulco. Although the Pagliais—in the cinematic world, Mrs. Pagliai is Merle Oberon—have three other houses, this one, the newest, is Mrs. Pagliai's favorite because it is so much her creation that, had she been able, she might very well have built it with her own hands. After architect Juan Sordo Madeleno had submitted a series of designs ("all beautiful, but too indigenous, which I am not"), her fondness for arches—and her eagerness that he create a pattern with them that would be entirely his own—inspired an exotically romantic Islamic-Moorish house with some of the best down-to-earth planning for comfort in Mexico. As visiting Americans have learned, Acapulco—with no violent storms, no break in balminess—has one of the most idyllic climates in the world. But Mexico is a tropical country, and it is an unwritten local law that no house be built facing into the afternoon sun. This law Mrs. Pagliai (to whom Mexico means possessing the sun) promptly and very carefully broke, and she has never regretted it. (Continued)
PAVILION BY THE SEA
You approach "Ghalai" by a drive into a hilltop courtyard, then descend past the children's house to the main house by two flights of stairs. Main house is built on two levels with principal rooms above, kitchen and bathroom's dressing rooms below. There is no dining room. Dinner is served on the loggia, lunch on a great stone terrace suspended between the swimming pool and the lower of two ornamental ponds—both artificial.

so that the house could be oriented to enjoy the spectacular sunsets, face-on, bulldozers worked for six months to carve out a great nestlike plateau in the rock of the sloping site. "Ghalai" was then completely air-conditioned (most Acapulco houses are not), and a loggia cavernous that only the most venturesome sun could plumb its shadows was designed for the seaside façade. Thus, the Paglias can drink up the fiery sunsets and still stay blissfully cool in their snow-white, heat-deflecting pavilion. Its outer shell is concrete enveloped with powdered marble—architectural armor that will remain coolly white, without paint, almost indefinitely.

Mrs. Pagliai had a very personal reason for insisting on the Islamic arches that crown the two-level structure. "What," she asks, "is prettier?" The walls of the upper level consist of nothing but arches that extend straight through the house in a series of barrel-vault ceilings. All the seaside arches are filled in with glass and, at the top, bronze-colored, light-filtering metal grilles wrought in an old Moorish pattern. Since the house was designed for year-round living, it is furnished with an eye to permanence without any of the casualness so often found in purely seasonal hideaways. (Continued)
The luncheon terrace is shaded by palms, their fronds trained into a green umbrella. Along with the coolness, there are two kinds of music: one from speakers hidden in the trees, another from twin cascades and, between them, a jet of water forced through one of the great boulders that cup the upper pond (the ducks' bailiwick) in their hollowed-out crests.

A PAVILION BY THE SEA continued

The furniture is a fascinating hybrid—part Chinese, part English. Some of the pieces are antique and came from the ends of the earth. The rest, made in Mexico photographs and drawings as a guide, are faithful replicas of the work of Ming craftsmen. It is difficult to tell the old and the new apart. The English furniture is luxuriously cushioned sofas and chairs of the lounge type—was chosen as a warm, comfortable complement to the cool formality of the Chinese cabinetry. And East-meets-West mélange are Mrs. Pagliai's proudest possessions, the rugs. She designed them ("I don't draw very well, but I managed"), chose the wools, had them woven in Coco City. The motifs are fantasies of flowers and birds, animals and foliage that no glove the white Carrara marble floors in mouth-watering colors, but bring the outdoor
All the furniture in Mrs. Paglia's bedroom, above, is antique — its patina set off by various shades of pink in the rug, the draperies, and the chiffon bed hangings. Her two favorite pieces are the little Siamese dressing table (seated on a cushion, she really uses it), and the old opium bed. Sometimes, during the day, right, she has a section of the mattress removed, and the bed assembled in the manner of 400 years ago when elegant Ming ladies courted the poppy.

In Mr. Paglia's bedroom, left, a Chinese bed of vermilion lacquer stands below a fantastic painting found in Ethiopia and composed of more than seventy little scenes depicting highlights in the life of the Queen of Sheba. Rug is the second drama in Mrs. Paglia's design-trilogy.
WHERE COMFORT STARTS

THE AIR AROUND YOU

By Elisabeth Stevens

In 1797 Samuel Taylor Coleridge fantasied "a sunny pleasure-dome with caves of ice." To him, this paradoxical imaginary castle of Kubla Khan's was "a miracle of rare device." Yet, today the luxury of varied but controlled indoor climate can be an everyday experience for anyone. Even the most pampered eastern potentate would be astounded by the delightful atmosphere created by the latest method of treating the air around us. For it is based on a brand new concept: the coordination of heating, cooling, cleaning, humidity- and odor-control into a single system that will provide total comfort.

A pleasure dome is a personal thing. I don't think I could take Coleridge's caves of ice even in summer. They sound dark, damp, and depressing. A consistently tropical climate would be my choice. Give me Antigua, Acapulco, or Montego Bay—the brightness, the warmth, the deliciously overwhelming lushness. Yet, my dream jungle edged with green pastures is not what my husband wants at all. Winter is invigorating, he says, and while I shiver, he opens the windows.

Tastes in air comfort differ, but in a house where the air is controlled according to today's newest ideas, the atmosphere can be adjusted to please the whole family. Every room can be pleasantly warm in winter without being stuffy. The air can be clean, salubriously moist, and odor free. It can be pretty much whatever you like.

Have you ever stopped to consider your own personal pleasure dome requirements? Some people are Puritans, anachronistically demanding only the bare minimum, counting it enough to avoid chill in winter and enervating heat in summer. Others ask for a consistently ideal indoor climate, and if they insist, they can have it.

But to most people, the modern devices that treat the air, unlike the numerous super-servants that do the work in the kitchen, are totally unfamiliar. Air-treatment equipment is long on performance and short on looks. Heaters and air coolers have not been expected to be miserably cold in winter.

In seventeenth century England, chimneys came into use, but open hearth fires required huge amounts of air: heat scorches your face while draft chill the back of your neck. Iron stoves such as Ben Franklin designed in 1750 were an improvement, but the evenly heated rooms where you can examine any of them. But now that the major manufacturers have revised their approach, it might be well worth finding out what these various devices can do for you.

Heating

What does it take to keep warm? Although heat is always escaping through our skin and clothing, our bodies marvelously manage to keep their constant inner temperatures of 98.6 degrees. But a house lacks the warmth of life. Its inner temperature—and comfort—depends on the degree to which we can control its natural tendency to lose heat in winter, gain heat in summer. Like our bodies, the house "sweats" and "breathes." Walls and windows sweat in winter when the inside moisture is greater than that of the dry, wintry air. The house breathes all-year-round as air enters at one side and flows out the other. Since heat naturally moves from a warm place to a cold one, it is impossible to keep the heat indoors. Even a snugly constructed house has all its warm air replaced by colder outdoor air every two hours. In one that is loosely constructed the process takes only one hour. The fight against cold is never decisively won, it is a continuing battle. The inner temperature of a house must be constantly controlled by its heart—the heating system.

The history of heating began when men learned to kindle fire. Ancient peoples sometimes worshiped fire, and many maintain sacred perpetual flames tended by faithful acolytes. Later, the precious commodity of fire was preserved by each family in its own dwelling, and women were given the vital responsibility of "keeping the home fires burning." Only after 1827 and the invention of the first practical friction matches was fire no longer precious.

But mere possession of fire did not guarantee personal winter comfort. As far back as Roman times, rooms had been warmed by fire pans in the center, but the smoke was often stifling. In sixteenth century England, chimneys came into use, but open hearth fires require huge amounts of air: heat scorches your face while draft chill the back of your neck. Iron stoves such as Ben Franklin designed in 1750 were an improvement, but the evenly heated house was still unknown. Less than a hundred years ago, most people expected to be miserably cold in winter.

My mother remembers wearing her galoshes to breakfast when she was a child in upstate New York. The rambling, high-ceilinged Victorian house on a snow-whipped hill was heated only by fireplaces and a Franklin stove, she says, and the oatmeal came to the table so cold that it was molded to the shape of the dish.

We would not tolerate such bitter cold in our dining rooms today, but many families stoically put up with other discomforts—heaters, for instance, that pant like wounded dragons, emitting sporadic blasts of warmth, so that you shiver when they turn on and shiver when they shut off. In some houses, living space is drastically reduced in winter by rooms that never warm up. Footstools are the only protection from along-the-floor drafts and children are constantly urged to remove themselves and their toys to a higher, warmer level. Yet you always know the heater is working, for better or for worse, because of the noise it makes.

Today all these discomforts are as anachronistic as my mother's breakfast galoshes.
Cooling

Intense cold can numb you to sleep, I have read, but heat keeps most people awake. Heat can follow you home at night like a cling­ ing, unwelcome companion—filling your rooms with its overwhelming presence. But today you can take the oppressiveness out of sum­ mer once and for all. With cool air constantly circulating, you can avert a June evening without worrying about rain-soaked draperies or bloodthirsty mosquitoes. The windows are shut; your house is quiet and private. You don’t have to drag yourself out to a movie to bol off. And when bedtime comes, crisp, cool sheets instead of a puggy bed await you.

Cleaning

Cleanliness is a comfort, too. I can still remember how my mother ried one day when I was a child, because a roast caught fire andusted the house with a thin, greasy layer of ash just after she had completed her fall cleaning. Yet if you live in a big industrial city, ou have to cope daily with similar dirt. One cubic foot of city airmay contain over 400 million unseen dirt particles. Slowly, un­ mitttingly, the film of dirt settles softly on tabletops, carpets, cur­ tains, upholstery, walls. The most conscientious housekeeper never wins the battle with dust. And in addition to dust, the air probably contains pollen, tobacco smoke, animal hair, feathers—the list of irritants is endless!

Now you can be done with dust—at least inside the house. By harging dirt particles with electricity, then trapping them the wayvon filings are held by a magnet, it is possible to remove from their 95 per cent of the airborne dust and 99 per cent of the pollen.

Odor control

While the air is being rid of dirt, it can also be rid of smells. No more reminders of the chop you had for lunch, the bottle of ammoniapilled in the bathroom, the paint job just completed in the cellar. You may imagine, if you wish, that you are spending a spring day at a Swiss mountain lake, and no mere odor is going to spoil theillusion. Current deodorizing devices effectively mask smells, but eventually it may be possible actually to remove odors from the air electronically.

Humidity control

Once when one of my winter colds hung on for weeks, I visited a doctor. Smack in the center of his office was a strange brown ma­ chine that looked like a huge hookah pipe. I was disappointed when he didn’t ask me to sit down with my legs crossed and smoke it, but interested when he explained that it was a humidifier. Air without enough moisture, he said, dried out your nose and throat, and made you more susceptible to respiratory infections such as mine. Shortly after leaving his office I began to feel better. Maybe it was because New York was at last warming up for spring, or maybe it was the “magic” of the humidifier.

They say the average house can lose so much moisture in winter that it becomes drier than the Sahara desert. But today you can prevent this without cluttering up your rooms with strange contrivances. Modern air treatment will provide enough moisture to assure the good health of both antiques and your nasal passages.

The mechanics of total comfort

The blissful indoor environment that is warm enough, cool enough, properly moist, clean, and odor free is not produced by a single miracle machine, but by several machines working together as a coordinated team. It is the coordination, in fact, rather than any of the separate components that constitutes today’s new concept of air treatment. Here is the roster:

1. THE HEATER that warms the air—a self-contained device which is also the heart of the whole system.
2. THE COOLER that cools the air—not a self-contained unit, but by all the remaining members of the team, an adjunct of the heater designed to use the heater’s air-moving machinery.
3. THE CLEANER that cleans the air electronically.
4. THE HUMIDIFIER that adds controlled amounts of moisture to the air.
5. THE DEODORIZER that masks unpleasant smells.
6. THE THERMOSTAT that calls the team’s plays, setting tempera­ tures, timing, and cutoffs.

Two other things are necessary to make the team work—fuel and a distribution system. The fuel can be anything—electricity, gas, or oil. The distribution system is the network of ducts that carries the treated air to the grilles or outlets in the various rooms and returns the room air to the system’s center for retreatment. To make the team of machines work as it should, the distribution sys­ tem must be meticulously tailored to the size and plan of your house. The air must be expertly channeled so that in winter, warmth will be forced to the perimeter of the house and people will not be chilled by exposure to cold walls and windows. There must be enough out­ lets in each room and properly placed. And the individual com­ ponents must be carefully selected so they will be large enough to do their respective jobs effectively and quietly.

The man who can do all this tailoring is your heating contractor. A good contractor makes all the difference between a system that is consistently comfortable and one that is a constant annoyance. But you must let him know what you want. If you’re building a new house, you will be building in early obsolescence if you settle for anything less than total air comfort. But unless you bring the point up, your architect and builder may think you are not interested.

If you are buying a ready-built house, be sure to find out what kind of air-treatment equipment it has and whether or not it can be amplified if necessary. (Too few buyers ask any question other than what kind of fuel is burned—the least important point.) Be sure also to ask the name of the contractor who installed the equipment and try to find out whether his work has satisfied other buyers.

It is also possible, although not quite as easy, to obtain total air comfort through remodeling. Antiquated systems can be re­ placed or improved, but the work is likely to be more complicated and more expensive than it is with new construction. If your house has hot-water heating—and 10 per cent of American houses still do—you would have to install a separate self-contained air-condition­ ing system with its own ducts.

What is the cost?

To nail down the cost of an air-treatment system designed to pro­ vide total comfort is not easy. You could tote up the prices of the six essential components (provided you knew what sizes you needed for the size of your house), but that would not include the cost of the distribution system which, being of necessity tailor-made, is always variable. If you happened to have already an up-to-date heating system, perfectly sized, perfectly installed, and adaptable to the addition of cooling, cleaning, humidifying, and odor-control devices, the cost of the additional equipment might amount to about 75 per cent of the original cost of the heating system—but that would not include the cost of installing them. Or, if you are building a new house, the cost of all the air-treatment equipment needed for total comfort should run about 5 per cent of the total cost of the house—a small enough sum it would seem, to pay for being more comfortable than Kubla Khan.

EDITOR’S NOTE: Elisabeth Stevens is a former Washington newsp­ per woman who lives with her management consultant husband in Larchmont, N. Y., in a house she likes to keep snugly warm at night for sleeping, stimulatingly cool in the daytime when she is writing.
The phrase "sit down and make yourself comfortable," up to a few centuries ago, could create a diplomatic crisis. The question was, who sat on which chair? The answer was rigid: Princes used armchairs; other nobles were relegated to stools; commoners huddled on benches. The etiquette of seating was as unbending as the garments, the seats, and the posture of the times. Two prominent people seldom met without a preliminary skirmish as to which seat each would take. Consider the case of the Duke of Lorraine, who claimed the right to sit in an armchair during his mother-in-law's forthcoming visit. The mother-in-law was a niece of Louis XIV and she challenged the Duke's privilege. The armchair would be hers, she wrote back, because of her higher rank of birth: the Duke had right to a backrest on his seat, but not to arms! Long negotiations were held between the France and Lorraine foreign offices. A deadlock was reached. The visit was canceled. For better or worse, our etiquette and our standards of comfort have become too democratic to dispose so neatly of an in-law's visit.

No one has ever argued with such vigor about tables, wardrobes, chests, or desks, or with such cool method about beds. The history of the chair impersonates more vividly than any other furnishing man's quest for comfort. It is also the commodity most charged in the past with symbols of power, wisdom, kingship, and sanctity. Our language and our manners still reflect this. The word "chair" stems from the Greek cathedra, chair or seat. The principal church of a diocese was called a "cathedral" because it contained the bishop's throne. We speak of a political capital as a "seat of power," of a college town as a "seat of learning," of the Deity's throne as the "judgment seat." Professors are given the "chair" of history or science at universities, chieftains of business are "chairmen" of their boards. We censure modern men for not giving their seats to ladies on crowded buses and (O tempora, O mores!) we scold our teen-agers increasingly for failing to rise to honor their elders.

Like contemporary manners, contemporary chairs have gained in comfort and versatility what they have lost in dignity. The relaxing process began in the eighteenth century, a generation or so after the Duke of Lorraine's family vendetta, when thousands of padded, comfortable armchairs were made available to the rising middle classes. The armchair of the seventeen twenties was the first seat since Greek times designed with a concern for the contour of man's body. It gave a support to its owner's muscles such as he had never dreamed of, and it must have given him moral support as well: he had a new place in the social hierarchy, he could sit like a prince! The myriad forms of the eighteenth-century chair express the delight with which men looked upon this new furniture. Specific chairs were assigned to each member of the household. Specific chairs marked every event of the day from the levee to the evening reception. There were, among many others, Bedroom chairs, Dressing chairs, Chamber chairs, Confidante chairs, Nursing chairs, Knitting chairs, Conversation chairs, Courting chairs, Ballroom chairs, Sleeping chairs. (Continued)
CHAIRS FOR EVERY PURPOSE, EVERY PERSON

FOR CONVERSATION, a leather-covered mini-chair, easy to pull about on its front-leg casters and as comfortable, even for a long-limbed man, as many larger counterparts. Henredon.

FOR A SMALL-SCALED WOMAN, a small-scale modern adaptation of a wing chair that has a comfortably high back. Shaw Mfg. Co.

FOR A BRIEF CHAT, a comfortably contoured occasional chair of ebony stained hardwood with caning and a glove leather pad. Heritage.

FOR DINING OR DESK WORK, a country French chair of walnut and cane. Back pad is attached, seat pad ties on. Milling Road.

FOR MOTHER AND DAUGHTER, a chair-and-a-half more than 3 feet wide, to snuggle into for a bedtime story. Globe Furniture.

FOR READING, a chair and an ottoman, partly tufted and covered in Naugahyde, that promises hours of feet-up comfort. There are casters on chair's front legs and ottoman. Hickory Chair.

FOR SNOOZING, a chair that tilts back with a mere shift in body weight. Footrest operates separately with a hand control. La-Z-Boy.

FOR SITTING UP STRAIGHT, comfortably supported, a modern version of the prestigious wing chair that made ordinary men in Queen Anne's day feel like kings. Hickory Chair.

FOR CONVIVIALITY, a low-slung "grog" chair with a comfortably sloping back, adapted from a Jacobean tavern chair and as conducive to good cheer now as it was then. Globe Furniture.

FOR A HEFTY MAN, right, a lounge chair engineered for comfort with a complex system of springs with varying tensions. By Dunbar.

FOR ROCKING, far right, a letter-day teak-and-cane rocker with a foam-rubber seat cushion and foam-rubber pillow for your head. Dux.

For shopping information, turn to page 145.

For shopping information, turn to page 145.
SEATED
continued

Mortuary chairs, Drunkard's chairs, Gouty chairs, Grandfather's chairs, and the uncomfortable Hall chair which Sheraton assigns, with a nostalgic sense of rank, "for the use of servants or strangers waiting on business." The ancient etiquette of seated rank had been replaced by an etiquette of functions which defined chairs until our own century.

Versatility, informality, and a growing concern with the contour of man's body—these are the most striking features of contemporary seating. Some chairs are triumphantly all-purpose, designed to adapt to all occasions of the day, set on casters to change their habitat swiftly, swiveling, rotating, and reclining to suit a gamut of moods. Some chairs are also convertible into other household objects. Other chairs can be stacked or collapsed and made invisible. Still others are built of such cheap material as to be disposable. A collapsible cardboard chair is currently being made which, when knocked flat, creates a bold edifice design and can hang on the wall for decoration. Some chairs turn into tables by being turned end up, others become tables by the addition of a marble slab. Storability and impermanence are the keynotes. Chairs can be inflated from pocket-size pieces of vinyl; a child's chair is praised by its manufacturer as being "exceptionally light, washable, bouncy, chewable." And one designer says that he draws inspiration from the collapsible chairs made for nineteenth-century military campaigns in the colonies. One needs to seek no further for what is "camp" in modern seating.

Such condensable furnishings have a tribal character. They are a throwback to the nomadic furniture of ancient tribesmen or of those medieval warlords who were forced to carry their household objects about with them. They reflect the fluidity and mobility of our society as vividly as the seventeenth-century chair reflected an obsession for rank; as the eighteenth-century bergère expressed an awakening interest in bodily comfort; and as the elephantine upholstered seats of the Victorians expressed their preoccupation for permanence and stability. Today's versatile chairs describe the needs of a restless generation frequently forced to change its surroundings, impatient with its cramped living quarters, quick to feel monotony, eager to rearrange or discard its possessions often, increasingly informal in its social patterns.

The trouble, though, with collapsible, portable, or disposable furniture is that it is apt to be less comfortable than the stolid, immobile kind. As if to compensate for the discomfort of mobility, the other trend in chair design is towards immense, abundantly upholstered, squarish, globous, cavelike seats that envelop the body as well as support it. These chairs, increasingly low-level in suspension, sinuous in line, ovoid, visceral (anyway, organic) in inspiration, relaxing to the point of oblivion, make an interesting demand for a new posture. They invite their users to crouch, squat, recline, lounge, and wallow. They inspire a feline, languid position very foreign to the pose required by conventional, vertical Western chairs. The new posture, rather than belonging to the conventional, vertical Western house, partakes more of the Oriental hamman, of the cave, or of the tent. In this sense, our immobile, substantial, intrasportable lounging chair is as tentlike and tribal in atmosphere as its less comfortable, collapsible contemporaries.

The vogue is for a Neo-Nomadic style. As surely as the joined and turned maple leg has been replaced by steel tubing, fiber-glass shells, laminated fibers, aluminum alloys, and injection-molded plastics, so the chair has come to symbolize, instead of rank, a fluid, supine, democratic informality.
LaSCALONA CHAIR designed by Mies van der Rohe for the Barcelona Exposition of 1929. It is one of the classic designs of contemporary classics. Knoll.

THE WIRE BASKET CHAIR designed by Warren Platner. Its bouncy frame of resilient steel wire is padded with a foam-rubber arm roll and cushion floated on a platform. Knoll.

THE ELSA CHAIR by the Italian designer Joe Colombo. The molded plastic shell, heavily padded and tufted and covered with leather, is as soothing as a cradle, and spins as easily as a weather vane on its swivel platform. D/R International.

THE DEAN'S DINING CHAIR designed by Arne Jacobsen of Denmark for St. Catherine's College in Oxford. Its tall back, molded of plywood, padded with foam rubber, and covered with leather, provides both head support and deanly dignity. (Students sit on backless benches.) Made by Fritz Hansen.
In a bedroom, comfort is being able to read when someone else is asleep.

A small high-intensity lamp directs its beam straight to your book without disturbing the sleeper in the next bed.

In the kitchen, comfort is being able to see exactly what you are doing.

A double row of fluorescent lights above an opaque plastic panel throws light directly on the work surface of a kitchen countertop, eliminating both glare and your own shadow.

In the dead of the night, comfort is a reassuring glow.

Small wall-mounted lights, diffused by pierced metal screens, make decorative night lights along a hallway, are particularly comforting to children since they dispel midnight shadows.
When you are relaxing, comfort is being able to see dials and labels

A floor-to-ceiling strip of miniature fluorescents, below, outlines a music system, bar, and television set recessed in the wall behind a sliding panel, makes up for the fact that light from other sources in the room, right, is blocked by anyone at the bar.

Whenever you need light, comfort is a good working lamp

Whether a lamp is handsomely decorative or austerely simple, it will give you more comfort if it has: a sturdy hard-to-tip base; a switch located in the base; two sockets (two small bulbs are more flexible, produce less glare than a large one); a translucent shade.

On an inside stairway, comfort is safety night and day

Two rows of fluorescent lights shielded by a plastic panel, below, are mounted under a step-down shelf to illuminate the stairs to the basement in designer Kenn Reisdorff's house in New York City. (Fluorescents also encourage growth of plants hanging from shelf.) The stairway to the second floor is well endowed with natural light from windows and ceiling lamps.
Mrs. Arthur E. Laskin, who has spent a lifetime compiling a personal encyclopedia of comfort, believes that it means anything that saves steps, saves work, or eliminates complexities in running a household. Mr. and Mrs. Laskin’s house at Greenwich, Conn., with its flexible plan, abundant point-of-use storage, versatile furniture, and expertly engineered equipment is one she describes as a “lazy woman’s paradise.” Such comfort is a bonanza in a house equally notable for expert planning and a superb setting on Long Island Sound.

Planning the two-story brick-and-glass house culminated for the Laskins some thirty years of bustling family life during which they raised their children—twin sons and a daughter, now grown—while shuttling between a large traditional New York City apartment and a self-sufficient working farm. Having become all too familiar with the discomforts of outmoded materials and methods, Mrs. Laskin had very definite ideas of what she wanted. Although the new house was to be hospitably large, she was determined to be able to bypass and forget some of the rooms when no children, guests, or servants were present. She specified numerous labor- and step-savers: housewide air conditioning to keep out dirt as well as weather; large panels of insulating glass in windows and doors (“liberation” from the chores of cleaning countless small panes and fussing with storm windows); an indoor-outdoor intercom system with a station at the front door so that even from poolside she could ask “Who’s there?”; storage, storage, and more storage. And knowing that careful coordination of details is the key to a successful house, the Laskins arranged for several round-table preliminary conferences with architect Philip Ives, interior designer Mary Hood, and kitchen designer Bette Sanford Roby. As a result, windows were placed with a view to furniture arrangement; cornices to conceal curtain headings were designed along with the house; flooring materials were selected with due thought for color schemes. (Continued)
Walls open up; furniture expands; tablecloths stay wrinkle free

In fair weather, the northeast terrace, convenient to the kitchen, becomes an outdoor dining room.

The essence of the Laskins' easy-to-live-in house is flexibility. During the winter when they are often alone, they can snugly confine themselves to three of the first-floor rooms—library, hall, and kitchen—plus their bedrooms upstairs. Yet the house is always ready to fling open its arms to a party, and in the summer it welcomes visiting children or house guests, live-in servants, cocktail and dinner guests. The kitchen is just as comfortable for Mrs. Laskin working alone as it is for a team of party helpers. The library turns guest room in the time it takes to make up a sleep sofa. And the bedrooms are as comfortable for private daytime pursuits as for sleeping.

Most flexible of all are the provisions for dining. When they are alone Mr. and Mrs. Laskin often eat in the library or the kitchen's breakfast area, as well as in the dining room. A large dinner party can spread out from the dining room to the living room. And these varied spots to eat and/or entertain are supplemented by three terraces.

The northeast terrace, above, adjoins the dining room, is easily accessible from the kitchen and just large enough for Mr. and Mrs. Laskin to entertain a few guests at a dinner cooked on the gas-fired barbecue. The southeast terrace, convenient to the bar near the library (see plan, page 112), is a gathering place for cocktails. And on the long terrace at the back of the house overlooking the harbor, Mrs. Laskin can set up her folding tables for fair-weather dinner parties. Tucked under the cushion of each of the large terrace chairs is an accordion-pleated plastic cover that can be whisked over it in case of heavy rain. These marvels of efficiency seem to symbolize the dedication to step-saving comfort that pervades the whole house.
que Chinese mural on silk centered in the long dining room is surrounded by plain panels of red silk that bring out the reds in the painting the room with warmth. (Two center panels of one real pass-through; plain panel at right masks kitchen.) Intimate enough to be comfortable for dining alone, the room can easily accommodate a seated dinner for twelve. The dining table's round top, consisting of eight pie-shaped wedges, expanded to 84 inches (see sketch) by the insertion of eight arrow-like leaves. As in the living and bedrooms, cylinder lights are recessed in perforated ceiling directly above windows so night light comes from same direction as natural light does day. Curtains throughout house draw all the way from windows to flanking sections of opaque wall the massed fabric is not visible from outdoors.

yet has a long leaf at each end that lifts up to serving space for parties. Behind the doors is a shelf for napkins, and five big rollers that keep them uncreased, eliminate last-minute ironing.
Bedrooms are comfortable around the clock

The library, too, was planned as a part-time guest room, especially for sons John and James. One section of the bookcase, right, swings back on a pivot, below, revealing the doorway to the bathroom.

The entire south wing of the house was designed for guests, either visiting friends or the Laskins' grown children. This bedroom, reserved for daughter Sallie, has its own little private terrace and along with its bathroom can be shut off from the rest of the house by a hall door. Wicker trunks at the foot of each bed hold extra blankets and pillows, but they have drop fronts instead of lids, so the tops can be used as luggage racks.

Both the bath for this room and the library-guest bath next to it open to the outdoors so they can double as dressing rooms for guest swimmers.

The library serves as a sitting room for the Laskins when they are alone or entertaining a few guests, and it is one of their favorite places for tray lunches. The sofas covered in easy-upkeep horsehair, open up into two beds (see sketch, left), and a sliding door to the hall ensures privacy.
Mrs. Laskin’s own room-with-a-view gives her the ultimate in personal comforts. One end of her bed, left, lifts at the touch of a button to provide support for breakfasting, reading, television viewing. The intercom is connected with the telephone, so she can use the same apparatus to speak to the kitchen or the electronic interviewers at front and kitchen doors. (“If it’s the delivery boy, I can simply say ‘Leave it,’” she explains.) In a white lacquered cabinet near her marble-topped desk is a tier of commercial file drawers that bring office efficiency to her desk work. Opposite the beds is an inviting sofa for relaxing.

The upper floor—directly above kitchen, dining, living room, and hall—gives Mr. and Mrs. Laskin comfortable privacy and bountiful storage (indicated by shading). Mrs. Laskin asked for door from hallway to her dressing room so clean clothes could be put away without disturbing bedroom or bathroom.
COMFORT FOR A TRIPLE LIFE

THE KITCHEN COOK EASILY FOR TWENTY-FOUR AS FOR TWO

To Mrs. Laskin, comfort in the kitchen means being able to stand in one spot and make lunch for two and having plenty of room for servants to work together efficiently when preparing for a party. The kitchen was carefully organized to accommodate both extremes, and everything in between. When cooking for two, she has equipment she needs in the galley-like section opposite page, and the counter below which is flanked by a sink and the refrigerator and ovens. From the breakfast table in the corner of the room, she can whisk dishes to the dishwasher opposite the island pass-through (see plan, below). At party time, the island with its warming drawers facing the dining room pass-through becomes the center smooth serving plan. By day the whole is filled with comfortable natural light windows facing three points of the compass.

Part of the well-organized cooking area, above left, is a small plug-in appliance center recessed so that appliances, while available, do not usurp work space. Spice shelves at front of cabinets swing back to reveal more storage below.

The huge hood over the work island has extra fan power to add olfactory fort to the kitchen's easy ways. Pass-through to dining room when open brings view of harbor to the kitchen. Cabinets by Charles. For details of other kitchen laundry equipment, please see page 147.

For building information, see page 147.
A happy amalgam of old, new, exotic, and serene ideas from the Caribbean

Although Christopher Columbus did not enjoy a notably felicitous stay in the Caribbean, he did put its islands on the map, and subsequent callers, more hospitably received, were enticed to return and put down roots. For life in the Caribbean has come to mean that rare kind of enchantment known as living exactly as you please. If you like, you can bring your chattels with you and set up housekeeping almost as you did, say, in Peoria, Illinois. Or, you can go as native as a character in a Maugham novel, surround yourself with the arts and crafts of the islands, and eat the local lotus. Or, taking only what you like, you can sample the cultures and customs of earlier settlers—French, Dutch, English—and be a tropical cosmopolite. Some transplanters weave the whole skein of traditions into whatever garments best suit them, then settle down in houses made as open as possible to the prevailing breezes: houses that court the sun when it is wanted, mask it out when it is not, and—in sunlight or shadow—are as effortfully maintained as a self-winding watch. On the following pages you will see how a cross-section of island families like to live—a report interspersed with any number of little ideas that reflect, even today, colonial settlers’ tastes and foibles. For an account of the delights that the islands offer shorter-term visitors, please turn to page

In St. Croix, an ancient rum distillery, reform

The volcanic Eden the French named St. Croix has had any number of tenants—the Arawaks, the Caribs, the Spanish, Dutch, English, French, Danes. Except for the Indians, who were content with water, all these occupants were fond of their rum, and fond of the money to be made from distilling it for their cold-climate cousins. Out of one of these old distilleries Mr. and Mrs. Wendy Hilty have carved—via remodeling—their island home. For them, island living means a European ambiance nicely tempered with American practicality. Picturesque, Mediterranean in style, the house is graced by a loggia, left, and two great front doors that slide apart, in style. Snuggled under a hillock and the distiller’s old mill, opposite page, new dressing room-guest bedrooms flank a deck and swimming pool, a high interspersed with any number of little ideas that reflect, even today, colonial settlers’ tastes and foibles. For an account of the delights that the islands offer shorter-term visitors, please turn to page

PHOTOGRAPHS BY TOM LEONARD
Iry as aviaries, island houses are carpeted in ceramic tile

metamorphosis of the old rum factory into a charming house was entirely the work of Mr. Hilty, who is one of the busiest designer-builders in St. Croix. Built within and around the shell of the old distillery, house is so Italianate in the pastoral style that, with a shift of mountains, it could be a villa in Amalfi. Fond as he is of Mediterranean architecture, Mr. Hilty felt it only polite to make a bow or two to St. x’s Scandinavian forebears, so he modeled the fireplace-sitting area with its built-in sofas, after an old Danish inglenook-kitchen. Surrounding this snug area is a sweep of white-tiled floor keptifully bare—except for one zebra rug and the dining furniture: a wrought-iron, marble-topped table contemporary Danish chairs. Light for dining is shed by a gilt and crystal Florentine chandelier, aly sophisticated contrast to the old ship’s figurehead bedded down in greenery in one corner. At the r end of the room, above, louvered screens and a partial wall mask the kitchen—the pretty skylighted you see on our cover—as well as the pantry, closets, and a powder room. The wall also forms a bulk- for a splendid hold-all, hold-anything counter brilliantly faced with a façade of Florentine tiles.
Wherever you go, you find ideas sparked by colonial forebear.

The islands are full of charming quirks and touches, many adaptable to frontier climates.

1. A "curtain" of elegant old oil lamp fonts strung on wires to form a divider, adds a fillip to the cheer dispensed in the bar of the Caravanserai, David Crane's and Henry Drazenovich's inn on half-Dutch, half-French, wholly hospitable island of Sint Maarten.

2. On St. Bart's, the Yacht Club, once a privy house of some stature, boasts a bar with a fine view of the harbor. Chairs, made locally, have a Swedish air, and with reason; St. Bart's was once owned by Sweden. The bar stools, however, are antique; once ecclesiastic, now secular, they were once-Dutch, now-English.

3. Ferns and begonias are part of the lusher Renault's Andromeda Gardens at Bathsheba in Barbados. Although the land was named for its bearded banyans, the tree in the rock garden is a devil—a devil in a tree, corkscrew seed pods for a beard.

4. Conchology is one of the islands' fun-science. These rarities were collected by Commander and Mrs. Nicholson, who live in a converted powder magazine in Antigua where Lord Nelson first sharpened his sword. Mrs. Nicholson's arrangement, a marine still life, fills the top of a cofthetable-vitrine.

5. Part of the dining room in the Nicholsons' powder leg is open to the sunny sky. Instead of Nelson's shot and shell, one wall now harbors a blanket of greenery that races up from a planting of flowering ferns and begonias. Hand-carved and hand-painted, the balustrade is as exquisitely worked as a piece of scrimshaw.

6. A veranda next to the Yacht Club in St. Bart's is typical of the wonderful architectural gingerbread the old Swedish settlers were so fond of. This one, an eighteenth-century specimen, plays the role of gazebo in the garden of HilderMill, Mr. and Mrs. Hugh Hilder's house outside Christiansted.

7. Painted carpets (instead of the plushy varieties) are a cool and gay island conceit—easily frescoed. Like an enormous Delft tile, this one is painted on the veranda floor of "Mary's Fancy," once a plantation house, now a Sint Maarten guest house.

8. Not all Caribbeans live in powder magazines and rum factories: a pineapple-finialed courtyard screens Mr. and Mrs. Newman's house of coral rock in Sandy Lane Estates on Barbados. Its roof is shingled with wallaba, a tough-as-shoe-leather wood from a tree native to the Guianas and Brazil.
An actress lives in Barbados just as she did in Beverly Hills

Opposite page: Miss Claudette Colbert, who spends much of her time in Barbados, lives there almost exactly as she used to live in California. She brought all her furniture with her, then—a born romanticist—she named her house “Bellerive” after Blanche DuBois’ figment-of-fancy plantation in A Streetcar Named Desire. Miss Colbert’s “Bellerive,” anything but a figment of fancy, has the air of an English country house transported to a rain forest—or a pukka sahib gone adventuring. For example: 1. The living room, a chintz-lover’s dream, has not a trace of the tropics except for the windows. Enlarged and augmented with window seats, they are quite glassless, and their folding shutters accordion into the wall to give every passing zephyr full play. Even the paintings over the bookcase are cool: a Monet and an Utrillo, they are old and very dear companions. 2. The balcony end of the living room sparkles with a mirrored screen designed by Adrian, the great couturier, and a portrait of Deborah Kerr’s daughter painted by Miss Colbert herself. 3. In the bedroom that Miss Colbert designed for her husband, Dr. Joel Jay Pressman, she found a place for a desk from Dr. Pressman’s office and arabesque-back chairs from their California dining room. Easel shelves of bookcase hold paintings by friends—a wide gamut ranging from Noel Coward to the Martiniquais, Alafredo. 4. The guest bedroom is a delicate flurry of embroidered muslin, bits of the ubiquitous chintz, and scalloped sheets made of lawn from Liberty’s of London—a charming custom as old as that inimitable establishment’s justly famous prints.

Others prefer the old order—and gentle ghosts

This page: People who live in the islands’ old houses learn to dwell with their ghosts in style and serenity. Here are five such haunt: 1. The courtyard and carriage houses of Fairview, an eighteenth-century plantation house in St. Kitts. In contrast to the rambling, almost higgledy-piggledy architecture of the house, the surrounding gardens are as formal as a tailcoat. 2. The study in Mullins Mill, an eighteenth-century landmark on Barbados. This was once the old kitchen with the customary cavernous fireplace—quite roomy enough to roast an ox. 3. In Mr. and Mrs. Michael Swender’s old Danish house on St. Croix, the kitchen has remained a kitchen. Its fireplace makes a hospitable niche for a modern cooking-preparation counter. 4. The Golden Lemon, a seaside house on St. Kitts and a very old party, was built by the French in the late seventeenth century. The upper story was restored by the English a century or so later. In its checkered career, the house has been a private dwelling, a warehouse, a smugglers’ rendezvous. It is now an elegant guest house, aglitter with Baccarat chandeliers. 5. Mullins Mill on Barbados has a new (relatively) balcony, but the house itself and adjacent, fortress-like mill with its graceful minaret top (a curiously oriental topknot) are almost as old as Barbados sugar and rum.
A proper Bostonian lives like a proper islander

This page: Mrs. Georgia Burnett, a Bostonian born and bred, sees no reason why a shift of residence of well over seventeen hundred miles should make any difference at all in the way she lives. With her furniture in tow, she arrived in Christiansted, St. Croix, and established herself in an eighteenth-century town house. Like other dwellings of its ilk, it very likely was built by a local planter for his city-mouse lady love—a thoughtful custom of the period, and one Mrs. Burnett condones because the house is so pretty. Except for the absence of rugs and curtains, her dining room, above left, might still be in Back Bay. The eighteenth-century refectory table and old Portuguese chairs sit as sedately on Caribbean white tile as they did, no doubt, on a Brussels carpet. The tea service and table are tucked neatly away in a corner, and the chandelier—a Venetian gondola lantern—hangs, as it has always hung, upside-down. The living room, left, is formal, unfussy, and French. Its furniture—most of it Louis Quinze and Louis Seize—was years in the collecting, but it took to its new setting like Josephine to Malmaison. And like most islanders, Mrs. Burnett learned to welcome the balmy Caribbean breezes with louvered doors instead of stopping them with glass, and to grow masses of orchids in her back garden—something no one has ever quite managed to do in Boston or any of its purlieus.

The old houses sometimes spread their wings

Opposite page: One of the new additions to Mullins Mill on Barbados is a terrace dining room built in the lower half of a widened wing that branches out from the old mill. Since the kitchen is next door in the mill itself, the location is practical, and a series of doored arches on the courtyard side make the new dining room architecturally engaging as well. Because it is new, it is furnished in contemporary style: the rocker in the corner was locally crafted, the dining furniture and console are of metal fresh from the States. China and crystal are English, the mats, Caribbean—delicate traceries of straw woven in the islands’ celebrated weaving Helicon, Dominica.
The raised plant bed—comfort for plants, comfort for the gardener

There are three good reasons for building a raised plant bed (which are two more than you need). First, a raised bed lessens the amount of stooping you must do to care for it. Second, it adds the dimension of height to what is often but a two-dimensional landscape pattern. Third, a raised bed makes possible the creation of a custom-tailored soil mixture—a matter of considerable importance if the bed is built on unfriendly ground or if special growing requirements must be met. In designing the raised bed on the opposite page, H&G combined and extended these reasons to include the persuasive element of comfort: comfort for the gardener in tending his mini-collection of roses; comfort for the roses themselves, in their hand-mixed soil: comfort for the garden guests who would find a pleasant place to sit.

Our raised bed, roughly 7 by 6 feet in interior dimensions, was planned to fill an orphan corner (there is one in every garden) that had neither charm nor meaning. The spot we chose, beside an otherwise agreeable brick terrace behind an old frame house on New York’s Long Island, was originally just a tangle of weary flowers, flanked by a superannuated climbing rose and a floriferous but overgrown lilac (see page 151). The new bed is as simple as good construction can be—seven courses of (Continued on page 154)

Roses thrive in the made-to-order world this raised bed in a sun-dappled corner of the double-grafted tree rose, opposite page, is the great bonus ‘Fashion.’ It is surrounded by three plants each ‘Fashion’ and ‘Pink Chiffon,’ and ten plants of the recently introduced low-growing ‘Sea Foam,’ which comes close to being the perfect informal edging rose. Its froth of constant bloom is not pure white but pale blush. The single plant against necessary downspout, far left, is the taller hybrid tea rose ‘Elizabeth.’ Raised bed itself is of blended Glen-Gery; banquette beneath cotton-and-foam-rubber cushions supported on angle irons set in the brick wall.

A raised bed makes a showcase for many kinds of plants

Evergreen shrubs, left, exploit varied textures of holly species. Asymmetrical arrangement is dominated by red-berried ilex pernyi, informally and selectively pruned to remain about 5 feet high. Next largest is black-berried I. crenata, surrounded by glossy convex-leaf form, I. c. convexus. Plants around bird bath and in rear corner are dwarf Heller variety of crenata. Knot garden, below, for a sunny location sets off traditional herbs. Entire edging is germander (Teucrium chamaedrys). The crossed ribbons are santolina, the silvery lavender-cotton (S. chamaeyparisus), and the darker is evergreen S. virens. Silvery edged euonymus ‘Gaiety’ and common boxwood fill remainder of bed.
How to furnish your rooms for quiet

You can measure the decibels of sound inside a room at any given moment, but they will give you no clue whatsoever to its aural comfort. For our reaction to what we hear, like our reaction to light and to color, is partly physical, partly emotional. If we like it, we call it sound. If we dislike it, or do not expect it, or cannot identify it, or prefer not to hear it at that particular moment, we call it noise—whether it is minute as the buzzing of a fly or thundering as the final movement of Beethoven's Ninth Symphony (for a detailed analysis, see "It's not the noise, it's the annoyance," HaG, April, 1965). Noise is one of the most pervasive discomforts that plague man. Yet absolute silence, significantly called "dead," is not very comfortable either. Aural comfort—the blissful state we mean when we say quiet—depends on the person, the place, the hour, the circumstance.

In order to get rid of unwanted sounds you have to know what kind of sounds they are and how they are reaching your ears. To begin with, there is the noise you make yourself, which is apt to bother you far less than it bothers other people. If this direct, airborne noise becomes too much for you, you can always control it by simple expedients like turning down the radio, ceasing to type, disconnecting the noisy appliance. But you cannot so easily turn off reflected noise. If you are at a cocktail party in full swing in a marble hall where sounds bounce from wall to wall like Ping-Pong balls, you can only grin and put up with the roar. A third kind of noise you have to cope with are the sounds that come from beyond the wall of the room where you are. And a fourth is the thump, thump or rumble, rumble that travels to your ears via the structure of the building, much as electrical current travels along a wire.

There is no magic material, no single method for hushing all four kinds of noise. Effective sound control is made up of countless small measures, some of them so obvious they are often overlooked. Many apply to the plan and construction of the house. (See "How to plan a sound-conditioned house," HaG, April, 1965). But ill-considered furnishings can easily ruin the effectiveness of thoughtful construction and planning, whereas well-chosen furnishings can often compensate for built-in noise problems.

It is important to remember, however, that an "aural feel" which is delightfully comfortable in one room, can be most uncomfortable in another. In a bedroom, for instance, the primary, obviously reasonable goal is to keep out, by one means or another, all noise originating outside the room. Not much noise originates inside a bedroom; nevertheless, for purely psychological reasons, we also relish there an ambiance so sound-muffling that if a pin—or a shoe—dropped, we would not hear it. But it is impossible to imagine a gay party or even a lively conversation taking place in a living room so thoroughly padded with sound-absorbent material that every word, every ripple of laughter is extinguished within seconds. Comfortable conviviality demands a carefully plotted mean between too raucous a noise and too deadening a quiet.

With other rooms, the problem is one of insulation. In a study, you ask only that distracting noises be kept out. In a workshop or playroom, where one of the conditions of comfort is that the occupants be free to make as much noise as they please, the object is to keep the noise in.

Possibly our ears are growing more sensitive. It is easy to believe this of audiophiles constantly striving for more satisfactory sound reproduction. But apart from their hi-fi, even they are not likely to insist upon aural comfort at the sacrifice of visual or other pleasures. In any case it is not necessary. You can easily have glass walls, mirrored walls, bare floors, slim, light furniture, and quiet, too, if you select your other furnishings to compensate for the noise encouragers. In some of the rooms on the next three pages you will see a number of ways in which this can be done. All the rooms illustrate the many and varied devices you can use to create aural comfort.
Keeping noise in its place

Freedom to make a racket is as much of a comfort to the young as quiet is to their elders, and the two are by no means incompatible. In the playroom in the Donald Sargents' house in Connecticut the six young Sargents, aged four to fifteen, and their numerous friends make all the racket they like. But the room can take it—and even more important, can keep the noise penned in. Part of this feat is due to the house plan and construction. The room is on the ground floor, adjoining only the kitchen (which competes with noisemakers of its own). The floor is vinyl tile laid over a concrete slab (the quietest kind of floor you can have, because it doesn't vibrate), and the ceiling is acoustical plaster, which, by absorbing some of the noise, leaves less to be transmitted to the rest of the house. Rough-sawn pine paneling also tends to reflect somewhat less noise than a smooth plaster wall. Other sound absorbers include the bookshelves, the sleep sofas (for teen-age guests), the profusion of pillows, and the wicker chairs. And the TV and the record player are wisely placed against the outside wall of the room. Interior designer: Joan Carrillo.

Creating a happy blend

Oppoiste page, upper left:
Heavily upholstered furniture and curtains are not the only way to keep noise in its place. An alternative would be a wall treatment as handsome as the handsome wood screen that architect Henri V. Jova devised to cover the wall of the living room in his apartment. Composed of boards set in an irregular pattern and finished in gothic copper in a fascinating gamut of tones and intensities, the screen is intended primarily for decoration. But its dimensional surface also tends to reflect and absorb noise. Sheer wool curtains, when pulled across the window on the right, are all that would be needed to kill the sound-reflective quality of this upper right:
A mirrored wall, so useful for making a small room look larger, can reflect noise as it reflects space. But this aural comfort is not hard to come by. In the game room of Mrs. Hart finkle's New York apartment, some noise is absorbed by the wool-upholstered screenette—an excellent sound conditioner for a room too small for many upholstered chairs. Even more sound is absorbed by the wool-covered ceiling-to-floor screens that line the long wall. Such screens, and the carpet, and the wool-covered ceiling-to-floor screens that line the long wall. Such screens, and the carpet, also tend to reflect sound from entering a quiet room or study. Interior design: Joseph Braswell Associates.

Below:
Many people prefer not to have a dining room, thus eliminating a device for tempering the noise of clattering dishes and spirited conversations. Andre Emmerichs, the New York gallery directors, chose other means: wall curtains of heavy velvet and a seventeenth-century French dining table that have upholstered backs as seats. The two large canvases by Louis, obviously intended to give pleasure, incidentally add to the aural comfort as well (by breaking up the sound-reflective potential of plaster wall). Ceiling is acoustical.
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**COMFORTING WINES FOR COLD WEATHER**

BY HUGH JOHNSON

Winter wine drinking has one great advantage over wine drinking in summer: it never turns into a losing battle against thirst. There are moments on sweltering hot days when we don't really care what the wine is so long as it is cold and there is plenty of it. In contrast, winter's more deliberate meals and evenings spent by the fireside provide the opportunity to drink wine for wine's sake rather than for its refreshing power.

Consider the dishes on the winter menu and it is clear that in cold weather we eat not only heavier, heartier food, but more of it. Winter dishes are those that finish up, French style, with a thorough wipe round the plate with a piece of fresh bread. Good-hearted gluttony is rampant.

As meat is the first food to regain favor when the weather gets colder, the full-bodied, more savory red wines are in demand. Next to meat come cream and egg yolks for the thickening and enriching of sauces that require the headier, more scented wines. And the pastry of pies brings forth the luscious, sweet, golden wines, chilled and carried sweating to the table.

Wine and soup

Perhaps the wintriest of all dishes is soup. If any dish is associated with comforting, warming, and reviving, it is a steaming soup bowl. Most comforting and warming of all is French soupe à l'oeignon gratinée in whose brown depths soft snakes of onions lie, covered with a most savory canopy of toast and melting cheese.

The question of whether to serve wine with soup worries writers on gastronomy. They don't like the idea of drinking two liquids in alternate sips. There is a lot to be said for this point of view. The way around it is to drink the wine not with the soup, but in it.

If there are any traditional wines to drink with soup, they are sherry and Madeira. A glass of either is certainly good with a bowl of almost any soup, thick or clear. Having a higher alcoholic strength and a more powerful flavor than ordinary table wines, they act almost as an added seasoning.

The driest sherries and Madeiras can taste a little meager and thin with a good, full-flavored soup. Amontillado, rather fino, among sherries, and Verdelho or Rainwater, rather than Serce among Madeiras, are the wines with enough pungency and body to hold up against a real savory broth or cream soup. Try an amontillado, at room temperature slightly below, with a fresh milkroom soup, or a Rainwater with Billi-Bl or clam chowder. In England, Marsala from Sicily is used, particularly with soups that have a great deal of seasoning, strong flavor.

In London clubs, where drinking of soup is reckoned a serious matter, a little cruet bowl of the kind that usually contains vinegar, is put on the table as the soup. It contains a mixture of sherrys—leftovers from the bottom of many bottles. The cust is to shake a few drops into a bowl of soup as a seasoning, and very effective it is, too. (On occasion we have seen members shaking more than a few drops.)

The even more serious soup eaters who can be seen in a French workmen's café, like to make what they call a chutie. Starting with a big bowl of soup from the rich, inexhaustible stop pot, heavy with vegetables—if eat half, then pour a big glass of their ordinary red wine into it, producing a pink-tinted mixture, sharp and appetizing.

Red wine and meat

In winter, roast meat comes in its own. Historically, this is a time when the livestock could longer be fed. All animals, save a few for breeding, were slaughtered for the Christmas feast, and for few weeks there was a glut of beef, pork, and lamb.

There is a tradition, original French, that connects beef with Burgundy and lamb with Bordeaux. It may only stem from the fact that the Charolais, the leopards above Burgundy, a France's most famous cattle country, and the salt marshes below Bordeaux are renowned for the lamb. As a principle for choosing wine, it certainly works. The difference between beef and lamb gives a rough idea of the differences between the wines that go with them. If you say that Bu...
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like the Caribbean islands themselves, the Caribbean kitchen is, above all, eclectic, gathering its ingredients and cooking methods from three continents—Europe, Asia, and Africa—and joining them in a happy association with the indigenous foods. Ever since 1492, when Christopher Columbus discovered the West Indies—the sparring chain of islands that runs from Florida in the north to Venezuela in the south—the peoples of Africa, Spain, Britain, France, the Netherlands, Scandinavia, China, India, and the U.S. have all played a part in the development of a cuisine that has no parallel anywhere in the world. Although each island claims its specialties, these inevitably migrate to other islands where they appear in slightly different variations or under different names. Many dishes, such as the ubiquitous banana-and-coconut desserts, are island-wide.

The lushness of the volcanic soil brings forth an abundance of fruits and vegetables, some as familiar to us as pineapples, bananas, and avocados, others strikingly strange in color, shape, and flavor. Many of these exotics, either canned or fresh, are now turning up in U.S. markets that sell tropical produce, in foreign food stores, and wherever a lively colony of West Indians has taken root. As the names of many of these vegetables and fruits vary from island to island and may be sold under any of their pseudonyms, it is a good idea to familiarize yourself with the names and descriptions in the list of ingredients for Caribbean cooking, below. While you may not be able to find such typical but elusive delicacies as conch (pronounced conk), turtle steaks, crawfish, flying fish, or otahiti apples, this should not cramp your cooking style. Just about everything else you need to reproduce the authentic Caribbean flavor is available, even such rarities as breadfruit and ackee, now imported in cans from Jamaica, W. I.

West Indians are noted for their sweet tooth. They enjoy the islands’ luscious fresh fruits, also ice creams and sherbets, sweet-breads, frozen desserts, and all kinds of pies and puddings, many enlivened with rum, the standard tipple of the islands. When a recipe calls for rum, you will always get a better result if you use the rum of that island, rather than relying on an all-purpose type.

No special cooking equipment is needed, although a heavy, lidded casserole comes in handy since some main dishes are one-pot meals, a reminder that in the past food was cooked over an open fire.

**INGREDIENTS FOR CARIBBEAN COOKING**

There are few difficulties facing a determined shopper planning to cook Caribbean. Most of the meats and poultry used in the islands can be found in our supermarkets, the exceptions being kid, which is mainly sold here in specialty butcher shops or Italian meat stores, and pork tripe, obtainable from pork stores. Fish and shellfish vary a little, but where a specific tropical fish is not available, a similar fish can serve as a substitute. The salt fish of Jamaica is merely another name for dried cod, sold as bacalao, its Spanish name, in Puerto Rican, Mexican, and Spanish-American markets, but also readily available in fish stores in large cities.

Many Caribbean vegetables and fruits are now imported, either fresh or canned. Stores or markets specializing in Puerto Rican and West Indian foods are the best places to find them, although the food departments of many big department stores now stock some of the canned goods. A partial list is given on page 144.

**Herbs, spices, and seasonings**

Nearly all the herbs and spices used in the Caribbean kitchen can be found on any supermarket shelf. Exceptions are cilantro (or calantro), the fresh green leaves of coriander that may be bought in Puerto Rican and Chinese markets, and achioti (or annatto), available in specialty food shops, Puerto Rican markets, and stores where Indian foods are sold. Fresh ginger root can be bought in Chinese, Japanese, and tropical food markets. Hot chili peppers, both red and green, are sold in many vegetable markets. Pickapeppa hot pepper sauce, the Jamaican equivalent of Tabasco, is carried by supermarkets and specialty food stores, and the latter also stock lime pickle.

**Vegetables and fruits**

In looking for vegetables and fruits (some of which, in their unripe state, are cooked and served as vegetables), it is helpful to know the different names by which they are called in the English, French, and Spanish-speaking islands.

**Ackee**, sold here in cans, is the fruit of an evergreen tree that grows throughout Jamaica. The scarlet flesh and black seeds are inedible. The yellow flesh, which looks like scrambled eggs and has a delicate flavor, is used as a vegetable.

**Bananas and plantains** (the latter are large members of the banana family and inedible until cooked) are used both ripe and green, as a fruit or a vegetable. Plantains (in Spanish plátano mucho) are harder to get than bananas. Ask for them in tropical food stores; if they are not available, you can use green bananas as a substitute. Green bananas make an excellent vegetable when boiled in their skins for about 20 minutes or baked in a 350° oven for half an hour. Ripe plantains and bananas may be baked in their skins or peeled, split, and fried and served as a vegetable with a meat dish and rice or—with sugar, nutmeg, and cinnamon—as a dessert.

**Breadfruit** are large green fruit about 10 inches around which hang lantern-like from handsome trees. They have a bland flavor and texture and make an interesting substitute for starchy root vegetables. Fresh breadfruit can sometimes be found in markets selling tropical produce, but the more readily available canned breadfruit is excellent and easier to use.

**Chayote** (Spanish), and **christophene** (French) are the two most common names for a pear-shaped, prickly, squash-like vegetable ranging in color from green to white. In English-speaking West Indian islands it is also known as cho-cho. Its Spanish name is derived from the pre-Columbian Mexican word chayotl. This vegetable can be served like squash, plainly boiled with a sauce or stuffed, as a luncheon or supper dish.

**Papaya** (called paw paw in many of the islands) is a common Caribbean fruit that does double duty as a vegetable when green. Unripe papaya, often found in markets selling tropical produce, is peeled, sliced, and cooked, covered, in boiling salted water until tender, about 15 minutes. Prepared in this manner and served with melted butter and a sprinkling of freshly ground pepper, it tastes rather like squash.
Pigeon peas, also known as *gandules* and, in Jamaica, gongo peas, are readily available dried. Fresh canned pigeon peas, often labeled *gandules verdes* on one side and fresh pigeon peas on the other, can be bought in tropical food stores.

The Caribbean islands have many starchy root vegetables of pleasant texture and delicate flavor that can be cooked like potatoes. Here again the names vary a great deal:

Cassava, also called yuca, *manioc*, or *mandioca*, has long brown roots and comes in two varieties, sweet and bitter. The bitter kind is poisonous until cooked and is used throughout the Caribbean to make starch. Sweet cassava is the only type used in cooking.

*Yuca* (Spanish) is the most common name in the U.S. and Puerto Rico for the large edible tuber, 3 to 6 inches round with a rough brown skin, that the Polynesians call taro. In Jamaica it is known as *dasheen*, in Barbados as *eddo*, and in other islands as *tannia*, *tyne*, and *tine*. The tender young leaves of this plant resemble spinach and are variously called *dasheen* or *callaloo*.

*Yam* (from the Spanish *yambe*) is often confused with sweet potato, to which it is not even botanically related. This large tuber has a hairy skin and must be peeled quite deeply. There are three main types of yam—white, yellow, and red.

Among the Caribbean fruits too familiar to need a description are avocados, coconuts, guavas (fresh and canned), grapefruit, oranges, mangoes, pineapples and pomegranate (*Chinese apple*). Less well known here but occasionally to be found in markets selling tropical produce are custard apples and their relative, the soursop or guanabana, pomelo (*shaddock*), Seville oranges (*naranja grande* in Spanish), and kumquats.

Coconut milk is a liquid relied on in the Caribbean where fresh milk is scarce. It is made there from fresh grated coconut and strained coconut water, but two acceptable substitutes for the fresh product are coconut milk, sold by health food stores, and Bakers’ Southern-style coconut. Canned coconut milk is also available in stores selling tropical foods. For those who would like to make their own, here is a basic recipe:

Pierce the 3 eyes of a dried coconut and drain out the water. Strain and set aside. Put the coconut, eyes down, on a very hard surface and bash away until it gushes with a hammer. It will crack into small enough pieces to make it easy to remove the meat with a knife, levering the pieces out. Do not bother to remove the brown skin. Put the pieces through the food mill, grate, or whirl for a few seconds in an electric blender with the strained coconut water.

Pour over the coconut enough hot water to cover and soak for an hour. Strain through a sieve or whirl for a few seconds in an electric blender until the breadfruit is tender and smooth. Put the onion, pumpkin, and chicken stock in a saucepan and simmer, covered, until the breadfruit is tender. Cool. Put the breadfruit, onion, garlic, and chicken stock in an electric blender and blend until smooth, adding the cream while blending. Season with salt and pepper and chill thoroughly. If soup is too thick, thin with a little milk. Serve soup sprinkled with chopped chives. Serves 6.

**SOUPS**

### Callaloo

The tender young leaves of *dasheen*, a starchy root vegetable, are the “callaloo” of this recipe. In Jamaica, a type of English spinach with a larger leaf is also called “callaloo,” and our spinach makes an excellent substitute. Sometimes okra are added—12 small ones for soup for 6. Trinidad is most often credited with this dish, but it occurs with slight variations throughout the Caribbean islands.

1 pound spinach, washed and coarsely chopped
3 pints chicken stock
1 onion, finely chopped
1 clove garlic, chopped
1/2 cup coconut milk
6 ounces lump crab meat, trimmed
Salt, freshly ground black pepper
Dash Pickapeppa hot pepper sauce or Tabasco

Add the chopped spinach to the chicken stock with the onion and garlic. Cook until tender. Add the coconut milk and crab meat and simmer until the crab meat is heated through. Season to taste with salt, pepper, and Pickapeppa or Tabasco sauce. Serve with Foo-Foo, if green plantains are available. Serves 6.

**Foo-Foo**

1 green plantain, unpeeled
Salt, pepper to taste

Cook the plantain in water until tender, about 1/2 hour. Peel, chop coarsely, and pound in a mortar until smooth, moistening the pestle with water from time to time as it gets sticky. Season with salt and pepper and form into small balls. Warm in a 325° oven for a few minutes and flout a few of the balls in Callaloo or any Creole soup. Serves 6.

### Breadfruit Vichysoise

(Recipe is based on the delicious, velvet soup served at Spice Island Inn, Grenada.)

2 tablespoons butter
2 onions, finely chopped
1 clove garlic, chopped
1/2 pound fresh breadfruit or 1/2 can (1 pound, 10 ounces) breadfruit
2 pints chicken stock
1/2 pint light cream
Salt, pepper to taste
Chopped chives

Heat the butter and sauté the onions and garlic until transparent. If using fresh breadfruit, peel the breadfruit, remove core, and dice. If using canned breadfruit, chop coarsely. Combine the breadfruit, onion, garlic, and chicken stock in a saucepan and cook until the breadfruit is tender. Cool. Put into an electric blender and blend until smooth, adding the cream while blending. Season with salt and pepper and chill thoroughly. If soup is too thick, thin with a little milk. Serve soup sprinkled with chopped chives. Serves 6.

### Cream of Pumpkin Soup

(Jamaica)

2 tablespoons butter
2 large onions, finely chopped
2 pounds pumpkin, peeled and cut in chunks
4 cups chicken stock
Salt, pepper to taste
1 cup light cream
Dash Pickapeppa hot pepper sauce or Tabasco

Heat the butter and sauté the onion until transparent. Put the onion, pumpkin, and chicken stock in a saucepan and simmer, covered, until the pumpkin is tender. Cool slightly and put through a sieve or whisk for a few seconds in an electric blender. Return to saucepan, season with salt and pepper. Add the cream and Pickapeppa sauce. Reheat gently. Serves 6.
Baked Papaya

1 medium ripe papaya
Butter
1 large onion, finely chopped
2 tomatoes, peeled and chopped
Salt, freshly ground pepper to taste
Bread crumbs, grated cheese

Cut the papaya in half lengthwise and scoop out the seeds. Drop into boiling water and cook until tender, about 15 minutes. Drain. Carefully scoop out flesh and mash. Reserve shells. Heat 2 tablespoons butter in a skillet and sauté the onion until transparent. Add the tomatoes, salt, pepper, and the mashed papaya. Mix well. Stuff the shells with the mixture, sprinkle with bread crumbs and cheese, and dot with butter. Bake in a 400° oven until top is browned. Serves 4-6.

Rice with Mushrooms

1 pound salt-fish (dried salt cod fillet)
2 dozen fresh ackees, or 19-ounce can ackees
4 ounces salt pork, cut in cubes
1 large onion, finely chopped
1 breadfruit, peeled, or 1-pound, 10-ounce can breadfruit, mashed
Butter

Soak the fish in cold water; the length of time will depend on the hardness and saltiness of fish. Drain, and cook in fresh cold water. Simmer until tender, adding fresh ackees 15 minutes before the fish is done. Drain. Fry the salt pork in a large skillet until all the fat is rendered out. Add the onion and sauté until tender. Flake the salt fish and add to the skillet with the cooked ackees. If using canned ackees, drain and add them at this point. Cook until heated through.

If using fresh breadfruit, rub the breadfruit with butter and wrap in aluminum foil. While fish is cooking, bake breadfruit in a 350° oven until tender, about 45 minutes. Allow to cool a little. Remove the core and, if necessary, a little of the flesh from the stem end. Stuff with the salt fish-ackee mixture. Rub more butter on the outside and return to the oven for about 15 minutes, or until heated through. If using canned breadfruit, line a buttered casserole with the mashed breadfruit, fill with the salt fish-ackee mixture, and top with more breadfruit. Dot with butter and bake in a 350° oven for 15 minutes. Serves 6.

Note: Salt Fish and Ackee can be varied, if it is served alone, by cooking a chopped hot red pepper and 1-2 chopped tomatoes with the onion.
If using dried pigeon peas, soak them overnight with the pig's knuckles. Drain, cover with fresh water, add the beef, and cook until almost tender. Remove the knuckles, cut up the meat, discard bones, and return to the saucepan.

Heat the oil in a skillet and sauté the onion and garlic until golden brown. Add to the meats with the hot peppers, tomatoes, and thyme. If using canned pigeon peas, this is the time to add them to the meat. Season with salt and pepper, add the rice and enough water to bring the quantity of liquid up to 4 cups. Cover and bring to a boil, lower heat and cook gently until the rice is tender and all the liquid is absorbed. Serves 6.

**FISH AND SHELLFISH**

**Crab Créole**  
(Guadeloupe and Martinique)

- 6 small crabs
- Bread crumbs
- 3 canned pimientos, chopped fine
- Pinch of mace
- 1 hot red pepper, chopped, or cayenne pepper to taste
- 2 tablespoons chopped chervil
- ½ tablespoons lime juice
- 3 tablespoons sherry
- Salt, freshly ground pepper to taste
- 2 cloves garlic, crushed
- Butter

Carefully remove the crab meat from the shells and chop fine. Scrub the empty shells and reserve. Mash ½ cups bread crumbs into the crab meat until the mixture is quite smooth. Add all the other ingredients except the butter, mixing thoroughly. Stuff the reserved crab shells with the mixture. Sprinkle lightly with bread crumbs, dot with butter, and bake in a preheated 350° oven for 1½ hour, or until nicely browned. Serves 6 as an appetizer or 2-3 as a luncheon entrée.

**Fish in Coconut Milk**

- 3 cloves garlic
- 2 teaspoons salt
- 3 tablespoons lime juice
- 1 teaspoon oregano
- ½ teaspoon freshly ground pepper
- 2½ pounds white fish filets
- Flour
- ⅛ cup peanut oil
- 1 onion, chopped
- 1 hot green chili pepper, sliced
- Bay leaf
- 2 cups coconut milk
- 5 tablespoons tomato paste

Crush 1 clove garlic and mix with the salt, 2 tablespoons of the lime juice, ½ teaspoon of the oregano, and the freshly ground pepper. Strain and pour over the fish fillets. Allow to stand for 1 hour. Dry the fish and dust with flour. Heat the oil in a skillet and fry the fish until tender and golden brown. Keep warm.

Chop the remaining 2 cloves garlic and sauté with the onion and hot pepper in the oil remaining in the skillet until the onion is tender. Add the bay leaf, remaining ½ teaspoon oregano, coconut milk, and tomato paste. Cook, stirring, for 5 minutes. Add the remaining 1 tablespoon lime juice and cook for 2 minutes longer. Pour over fish. Serves 6.

**Shrimp Curry**  
(Trinidad)

1½ teaspoons each of turmeric, coriander, and cumin seeds
1 teaspoon mustard seed
2 bay leaves
1½ teaspoons black peppercorns
½ teaspoon hot dried peppers
3 tablespoons each oil and butter
2 pounds large, raw shrimp, shelled
2 large onions, finely chopped
1 clove garlic, crushed
4 tomatoes, peeled and chopped
1 teaspoon lime juice
½ teaspoon sugar
Salt to taste
1 tablespoon chopped lime pickle (optional)

Cooked white rice

Grind the turmeric, coriander, cumin, and mustard seeds with the bay leaves, peppercorns, and dried hot peppers in a mortar. Set aside. Heat 1 tablespoon each of the oil and butter in a skillet and cook the shrimp until they are pink all over, about 5 minutes. Remove the shrimp and keep warm.

Add the remaining oil and butter to the skillet and sauté the onion until tender and lightly browned. Add the garlic and the ground spices, and cook, stirring, for 2 or 3 minutes longer. Add the tomatoes, lime juice, sugar, salt, and the chopped lime pickle, if desired. (This is very hot.) Cover and cook for ½ hour over very low heat, adding a little stock or water if necessary. The sauce should be quite thick. Add the shrimp and cook for 5 minutes longer without allowing the sauce to do more than barely simmer. Serve Shrimp Curry surrounded by plain white rice. Serves 6.

**Caribbean buffet party sets off an array of dishes, LEFT TO RIGHT: on free-form wood base with Dijon-Dijon; Rice and Peas; Stuffed Escovitch Fish**

**Escovitch Fish**  
(Jamaica)

The name of this dish is taken from the Spanish escobetera, which means pickled.

4 green peppers, hot or mild, sliced lengthwise into thin strips
2 onions, thinly sliced
4 carrots, thinly sliced
2 bay leaves, crumbled
6 tablespoons olive oil
⅛ cup vinegar
Salt, freshly ground pepper to taste
2 pounds snapper or other white fish fillets

Put the sliced peppers, onion, carrots, bay leaves, 2 tablespoons olive oil, vinegar, 2 cups water, salt, and pepper into a saucepan. Cover and simmer for about 20 minutes. Meanwhile heat the remaining 4 tablespoons olive oil in a skillet and sauté the fish fillets until they are golden brown. Drain and put into a serving dish. Pour the hot sauce over the fish. Serve hot or cold. Serves 6.

**MEATS, POULTRY**

**Curried Kid**  
(Jamaica)

The Jamaicans in a fine frenzy of honesty call this curried goat, which is enough to put anyone off what is an excellent dish. It is best to use kid. Lamb is sometimes substituted, but in my view this is one step too far from the original.

2 tablespoons vegetable shortening
3 pounds kid, cut into small serving pieces
2 large onions, finely chopped
3 tablespoons curry powder
1 fresh hot red pepper, chopped
Bay leaf
⅛ teaspoon allspice
1 cup coconut milk
Stock
Salt, freshly ground pepper to taste

Juice of ½ lime

Melt the shortening in a skillet and brown the meat all over. Remove meat to a covered casserole. Sauté the onion in the fat remaining in the skillet until transparent. Add the curry powder and hot pepper and sauté, stirring, for a few minutes. Add to the casserole with the bay leaf, allspice, coconut milk, and enough stock to cover the meat. Season with salt and pepper, cover and simmer gently until meat is tender, about 2 hours. Just before serving, add the lime juice, and cook 2 or 3 minutes longer. Serves 6.
Chicken Calypso
(Dominica)

3 tablespoons olive oil
3/4-1 pound fryer, cut into serving pieces
2 cups rice
1 medium onion, finely chopped
1 clove garlic, chopped
1 bell pepper, seeded and chopped
1 small hot green pepper, seeded and chopped
1/2 pound mushrooms, sliced
1/2 teaspoon saffron
2-3" piece of lime peel
1 teaspoon lime juice
1/4 teaspoon Angostura bitters
4 cups chicken stock
Salt, freshly ground pepper to taste
1/4 cup light rum

Heat 3 tablespoons of the olive oil in a skillet and sauté the chicken pieces until brown all over. Remove to a casserole. Add the rice, onion, garlic, bell pepper, and hot pepper to the oil remaining in the skillet, and sauté, stirring, until the oil is absorbed, being careful not to let the rice scorch. Add the chicken to the casserole. Add the remaining 2 tablespoons of oil to the skillet and sauté the mushrooms over fairly high heat for 5 minutes. Add to the casserole with the saffron, lime peel, lime juice, bitters, chicken stock, salt and pepper. Cover and simmer gently until rice and chicken are tender and the liquid is absorbed, about 1/2 hour. Add the rum and cook, uncovered, for 5 minutes longer. Serves 6.

Pollo con Piña a la Antigua
Chicken with Pineapple, in the Old Style
(Cuba)

Juice and grated rind of 1 large lime
3/4-1 pound fryer, cut into serving pieces
Salt, freshly ground pepper to taste
4 tablespoons olive oil
1 onion, chopped
1 clove garlic, chopped
2 very ripe tomatoes, peeled, seeded, and mashed
3 tablespoons seedless raisins
1/2 teaspoon oregano
1 medium pineapple, peeled and coarsely grated,
or 2 cups crushed pineapple
3 tablespoons light Bacardi rum

Rub the lime juice into the chicken pieces, season with salt and pepper, and let stand a few minutes. Heat the oil in a skillet and fry the chicken pieces until golden brown. Transfer them to a casserole with the pan juices and oil. Cover and cook over very low heat until barely tender. Push aside one or two pieces of chicken and add the onion and garlic. Cook uncovered until browned, then add the tomatoes, raisins, grated lime rind, and oregano. Cover and cook very gently for 10 minutes longer. Simmer the grated or crushed pineapple in a saucepan over low heat until reduced to half. Add the rum. Pour the pineapple-rum mixture over the chicken. Serves 6.
Desserts

Ice Creams

Ice cream is extremely popular throughout the islands, and good one is made of the fruits that grow in lavish profusion.

Basic Custard for Ice Cream

1 cup milk
2 eggs
1/2 cup sugar
1/2 teaspoon vanilla

Beat the eggs lightly with the 1/2 cup of sugar. Scald the milk. Cook the egg mixture and milk in the top of a double boiler, stirring constantly until the mixture coats the spoon. Cool. Add the vanilla. With the addition of fruit pulp, this makes enough for 6-8 servings.

Avocado

Mash 2 medium-sized avocado pears with 1/2 cup of sugar and a squeeze of lime juice. Mix with the custard, turn into a freezing tray and freeze to a mush. Remove from refrigerator, beat well and return to freezing compartment.

Mango

Mix 1 cup of mango pulp with 1/2 cup of sugar. Mix thoroughly with custard. Freeze as above.

Guava

Mix 1/2 cup sugar with 1/4 cup stewed guava purée. Mix with custard. Freeze as above.

Curried Watermelon

(Caribbean Cookbook continued)

1 small watermelon
1 tablespoon curry powder
Juice of 2 limes
1 cup light cream
Sugar to taste

Cut watermelon in the shape of a basket. Remove seeds and cut the meat into balls or 1" squares. Mix the curry powder with the lime juice. Strain into the light cream and add sugar. Pour over watermelon cubes and chill. Serve immediately as watermelon tends to get mushy.

Baked Bananas Flambe

(Antigua)

4 large bananas, peeled
1/2 cup brown sugar
3 tablespoons lime juice
1/2 cup light rum
1 teaspoon ground allspice
Butter

Cut the bananas lengthwise, then in half across. Arrange in a well-buttered baking dish. Sprinkle with the sugar, lime juice, 1/4 cup of the rum, and the allspice. Dot with butter. Bake in a 350° oven for 30 minutes, basting two or three times during cooking. Just before serving, beat the remaining 1/2 cup rum, pour over the bananas, and set afame. Serves 4.

Mrs. Roy Lyons’ Mango Cheese

Jamaicans insist that you must use a type of very juicy mango called No. 11 for this recipe to succeed. I have tried it with very fleshy mangos and with mangos that yield a thick juice and little meat, like No. 11’s, and can report success in both cases.

Peeled ripe mangos and grate or cut the meat off the seeds. Strain to remove any stringy. To each cup of puree add 1 cup of sugar. Cook over medium heat stirring with a wooden spoon quite rapidly as the mixture will burn. The mixture will spit as it boils. When the bubbles grow smaller and when the spoon drawn across the bottom of the saucepan leaves a clear wake, test the mango cheese by dropping a small spoonful onto an ice cube. If it sets, turn the mango cheese immediately into a damp mold. Speed is important as the cheese sets very quickly. When cool, unmold and serve with cream cheese and crackers.

SOURCES FOR CARIBBEAN FOODS

New York

Joe’s Grocery, 320 East 14th Street, New York, 10003. This small grocery store sells canned breadfruit, ackees, pigeon peas (both green and ripe), also dried pigeon peas by the pound, annatto in grain, powder or paste form, coconut milk, coconut powder, coconut oil, coconut cream, and Pickapeppa sauces. It also has fresh produce such as cassava, chayote, hot chili peppers, yams, coriander, yuca, plantains, mangoes, and papayas.

Charles & Co., 340 Madison Avenue, New York, 10017. This specialty food shop sells direct and by mail order canned breadfruit, ackees, yams, mango slices, also fresh casavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconut milk, grated coconut, Pickapeppa sauces, and mango slices; also fresh casavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconut milk, grated coconut, Pickapeppa sauces, and mango slices; also fresh cassavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconut milk, grated coconut, Pickapeppa sauces, and mango slices; also fresh cassavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconut milk, grated coconut, Pickapeppa sauces, and mango slices.

La Marqueta (Park Avenue enclosed market), 110th Street and Park Avenue, New York, 10029. The vegetable stands in this Puerto Rican neighborhood market sell fresh cassavas, hot chili peppers, plantains, yams, yuca, breadfruit, chayote, coconut milk, grated coconut, Pickapeppa sauces, and mango slices; also fresh cassavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconut milk, grated coconut, Pickapeppa sauces, and mango slices; also fresh cassavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconut milk, grated coconut, Pickapeppa sauces, and mango slices; also fresh cassavas, yams, taro, coriander, guavas, pomegranates, Seville oranges, coconut milk, grated coconut, Pickapeppa sauces, and mango slices.

Florida

Burdine’s, 22 E. Flagler St., Miami, Fla., 33101. The fruit department of this store sells direct or by mail order some canned Caribbean foods and fresh tropical fruits.

Cooking Demonstrations

Recipes from this cook book will be demonstrated in the following stores during January, 1967.

Burdine’s, Miami, Fla., store, Jan. 16; Dadeland, Fla., store, Jan. 17; The Hipee Co. Public Square store, Cleveland, Ohio, Jan. 17; Woodward & Lothrop, Wheaton, Md., Jan. 25.

Washington, D.C.

La Scovilla, Inc., 2469 18th Street, N.W., 20009. This is a specialty store that sells—direct or by mail order—canned breadfruit, ackees, pigeon peas (both green and ripe), also dried pigeon peas by the pound, annatto in grain, powder or paste form, coconut milk, coconut powder, coconut oil, coconut cream, and Pickapeppa sauces. It also has fresh produce such as cassava, chayote, hot chili peppers, yams, coriander, yuca, plantains, mangoes, and papayas.

Ginger Mousse

(Trinidad)

4 eggs, separated
5 tablespoons sugar
1 envelope (1 tablespoon) unflavored gelatin
2 cups evaporated milk
Pinch salt
1/2 cup light rum
1/2 cup preserved ginger, finely chopped

Beat the egg yolks with 4 tablespoons of the sugar. Soak the gelatin in 1/4 cup water. Heat the milk almost to boiling point, stir in the softened gelatin until it is dissolved. Add the egg yolk-sugar mixture and stir over very low heat until the mixture coats the spoon. Remove from heat. Beat the egg whites with a pinch of salt and remaining tablespoon of sugar until they stand in peaks. Add the rum and preserved ginger to the cooled custard, mixing well. Fold in the egg whites, pour into a soufflé dish or mold and refrigerate until set. Serves 6.
HOPPING INFORMATION
PRICES APPROXIMATE. THROUGH DECORATORS OR STORE DECORATING DEPARTMENTS.

BATHROOMS

Glass, "Custom" tones and firms nipples, 10 dials for selective ex. AM/FM radio, timer alarm cosmetic drawer, beauty belts, and straps, cord sets, and tape are, walnut with gold swivel.

$79.00, Relax-A-cisor. Cosmetics are, Ladera.

Table, 4 chrome-plated quick set legs and cotton foot strap, 3/4" base reinforced with plywood 4 1/2" w, 1/2" polyfoam pad-

$59.50, Battle Creek Equipment.

O-Meter Doctor/Doctoric scale, lbs. capacity, 361/2" h, rugged bruise-resistant enamel finish, rubber platform pad, measured graduated from 30" to 70".

Continental Scale.

Sunlamp, sunlamp, oscillates, ultraviolet rays, built-in timer, double-units, gogglers, pivots 180 degrees, arms and legs fold for storage.

95, Hanovia Lamp.

sheets (used to cover Trim- in and exercise pad), "Terri- in, 80 ea., Martex.

Table and exercise pad covered Al'\Mar Workroom.

in on walls and shelves, "Summer- in 48" w. Dacron.$22.50 yd., Cohn.

ating, inlaid cushion vinyl Corlon, strong Cork Co.

ight-iron mirror: ash semainier:

Dessauer.*

90, top:

Toilet, 28" w., 28" d., 30" h., in muslin:

$37.72, lounge chair, on casters, 27" w., 27" h., in muslin, $210, in Lambeth.

lle on casters, three-position ad-

Matic controlled, 8" x 11" x

1.5" h., 802, Hickory Chair Co.

ile pedestal desk, 43" w., 17" d., finished, $49.75, Furniture-in-tha-

10, Second Ave., New York, N.Y., 10022

x bo\ finish on desk by Marty's

iture Finishing Co., 416 E. 59th

ew York, N.Y., 10022

ice, "Summerlin" 48" w. Dacron, 55 yd., Cohnab.

erry Down" by Martex.

x VI Armourchair: wrought-iron

er: lamp; mirror, ashrays, and

er tray table from Doris Des-

e, 125 E. 57th St., New York, N.Y., 10022

ning, "Chantal aux deux Bou-

by André Braschler, David B.

ley Galleries.

oring, inlaid cushion vinyl Corlon, strong Cork Co.

row and pillows made by Jo

Mar Workroom.

Page 90, bottom left:

Low silhouette manicurist, 5 power at-

ments for shaping, buffing, brush-

ing and trimming, 4 1/2" h, 8" diam.,

has built-in, forced-air nail dryer, $23, Sunbeam.

Bottom center:

Dry and Style electric hair comb, white, heat-resistant nylon handle, re-

movable comb head, for drying or combing hair, $5.95, Songrand Corp.

Make-up mirror, 2-way reversible mir-

r, regular and magnified, $12, Beauty Bright Products.

Bottom right:

Salon Mode hair dryer with reading light and automatic timer. Solid-state electronic heat control settings, ad-

justable heights, removable hood, $79.95, Ronson. Will be available in early 1967.

Page 91:

1. Deep heat chair massager, infrared heat, 8 controls, 15" x 28", vinyl cover, $39.95, Pollexen.

2. Massage-O-Matic penetrating heat vibro massager, infrared heat, 4 controls, $9.95, Songrand Corp.

3. Two flow motion razors, with case, $17.95, Hamilton Beach.

4. "Dry & Style" electric hair comb, removable comb head, white heat-resistant nylon handle, $5.95, Song-

rand Corp.

5. Facial care unit, helps the shape of facial contours, scientifically correct combination of gentle facial exercise and deeper stimulation of facial circulation, designed under medical super-

vision, Zeigler Facial Care.


7. Electric facial pitter, 1,800 strokes of gentle patting per minute, $9.95, Songrand.


10. Electronic steam generator, ther-

matically controlled, 8" x 21", $29.00, Thermasol Ltd.

Page 92:

Top shelf, left to right:

Curlatron instant curl kit, includes curlers and setting tubes, including carry-

age, $39.95, Songrand.

Cordless electric massager, uses flash-

light batteries, polyform pad for facials and body massaging, polypropin

shrink for hair and scalp, $5, Empire Brushes.

Massage-O-Matic electric hair brush, reusable brush with boar's hair bristles, $11.50, Songrand Corp.

Low silhouette manicurist, 5 power at-

ments, built-in, forced air nail dryer, $23, Sunbeam Corp.

Continued on the next page

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ECONOMICS LABORATORY, INC. St. Paul, Minnesota

"No spots, no film!" reported women from coast to coast. New fortified Electrasol was tested under varying degrees of water hardness, in homes throughout the country. Results proved that Electrasol, now fortified with special water softeners, is the most effective dishwasher detergent you can buy! No wonder it's recommended by every leading dishwasher manufacturer. Try new Electrasol—by the world's largest maker of dishwasher detergents.

Get all you want out of your dishwasher... put fortified Electrasol into it!
BUDGET INFORMATION

Materials and equipment used in the house planned for a triple life

(see pages 112-127)

Structure

Foundation: Concrete block.

Framing: Standard wood frame wall and roof construction.

Exterior of house

Walls: Red brick veneer in Flemish bond pattern.

Roof: Heavy slates on all pitched roofs by Rising and Nelson Slate Co. Layers of asphalt and bituminous coating topped by slag on all flat roofs.


Windows: Aluminum frame sliding glass by Arcadia Metal Products, Inc., and made-to-order sliding and fixed glass panels in wood frames.

Doors: Aluminum frame sliding glass by Arcadia Metal Products, Inc., and solid wood core panel doors by Eero Saarinen for Knoll Associates.


Lighting fixtures: In major rooms, recessed fixtures by Harry Gitlin. In bathrooms and entrance foyer, hanging fixtures.

Hardware: Brass and ebony finishes by Elmer T. Hebert, Inc.

Kitchen cabinets: Enamelled steel by St. Charles Manufacturing Co.

Countertops: White plastic laminate of "Formica" by American Cyanamid Co.

Plumbing fixtures: In bathrooms, lavatories and tubs by Crane Co., and water closets by Case Manufacturing Corp. In kitchen, stainless steel sinks by Elkay Manufacturing Co.

Mechanical equipment and appliances


Mechanical equipment and appliances

Mechanical equipment and appliances


Music system and intercom: "Master Music Programmer" with control boxes in major rooms by Columbia Electronics Industries.


CONTRACTOR: E. W. Howell Co.

Undercounter refrigerator, Revo Co.

Cooking top, Wedgewood Holly.

Stainless-steel sink, Elkay Mfg. Co.

Thrust power hood and fan, Trade Wind by Thermador.

Built-in warming drawer; toaster, Toastmaster.

Ceramic tiles (behind countertops), Stonelight Tile Co.

Flooring, "Marliege" French quarry tile, Vanderlaan Tile Co.

Settee, aluminum finish frame, vinyl upholstery, Stendig Inc.
Inside story about an exciting new window!

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COMFORTING WINES continued from page 136

gundy, like beef, is more savory, rich in flavor, something to chew, you would not be far wrong. Bordeaux, like lamb, has a lighter texture and a more delicate—though just as appetizing—savor. To carry such distinctions much further would be absurd. To say that Gevrey-Chambertin would be the Burgundy for braised short ribs, for areas with a rolled stuffed flank steak the only wine would be a Vosne-Romanée is to court ridicule. (Yet are there French gastronomic magazines that offer prizes for choosing a wine to go with a given dish, reading the suggestions I sometimes think the one that gets the prize is simply the most offbeat, however farfetched. If you suggested Scotch for breakfast, they would acclaim it as a great gastronomic breakthrough.)

Rather than specifying a wine for each of the dishes of winter, I prefer simply to suggest the wines with the greatest body and warming power. Some Burgundies are heavier than others; some Bordeaux are heavier than others. They are not thereby better or worse—they just have a different style.

From the northern half of Burgundy, the Côte de Nuits, comes the deep-colored, deep-flavored wine that remains in everyone's mind as the archetypal Burgundy. Whoever described Burgundy as "the wine for black frosts and the smell of wood fires" was thinking of one of these wines—Gevrey-Chambertin, Morey-St.-Denis, Chambolle-Musigny, Clos de Vougeot, Vosne-Romanée, Nuits-St.-Georges. Of these communes or villages, the finest wines are those of a general rule, with the shortest and simplest names. The best Gevrey-Chambertin is called just Chambertin; the best Chambolle-Musigny just Musigny, for these superlative vineyards (Chambertin, Musigny) gave their names to their whole areas. While Gevrey-Chambertin is a good wine, with the true Burgundian characteristics, it does not have anything like the strength of character, flavor, and scent of Chambertin. The top wines are Chambertin and Clos de Beze: Clos St.-Denis and Clos de Tart; Musigny and Bonnes Mares; Clos de Vougeot—a huge vineyard, only its best wines belonging in this list—and Grands Echézeaux; La Romanée and Romanée Conti, La Tâche, and Richebourg; and Les St.-Georges.

Chambertin has the reputation of being one of the most important with which you can be confident about any of them. The vintage that produced the heaviest, most winter-worthy wine of recent years in Burgundy was 1959. If it has a successor, it is 1961 (and will be 1964, when these splendid wines are ready to drink, which will not be for some time). The in-between vintages are all comparatively speaking, lightweight: 1962 is the best of them.

If Bordeaux has a region equivalent to the Côte de Nuits, an area where the wines are warm and round, comforting and sustaining, it is St. Emilion. The light, typical claret of Bordeaux comes from the low seaside vineyards of the Mèdoc, where it acquires its astonishing perfume from stony soil and misty sea air. In this sense St. Emilion wines are untypical. They are grown on an inland hill, all of thirty miles from the Mèdoc, tilted toward the sun in a comparatively hothouse cultivation. The predictable result is wine with a riper taste and more of the soft sweetness of fruit about it. Not sweet, mark you, but certainly less dry.

The claret named simply St. Emilion makes no great claims for itself. It is usually reliable, but is unlikely to answer any very glowing description. For this you must find a château wine, the equivalent of one of the vineyard wines of Burgundy, Château Cheval Blanc is the most famous, by quite a margin—not necessarily enough of a margin, though, to justify its price compared with the others. Any name from this rather formidable list is that of a very fine wine, always assuming that you find a good vintage: Châteaux Ausone, Figeac, Beauséjour, La Gaffelière-Naudes, Canon, Bel air, Clos Fourtet, Pavie, Trottevîelle, Magdeleine. Besides these there are a good forty more châteaux whose wines are fine, reliable, and characteristic of the area. The words Grand Cru Classé and Grand Cru are the legal designations of the two ranks of châteaux immediately below the top few I have named.

Any of these wines would be a suitable succulent winter partner for a lamb roast, cutlets or chops, or any roast bird. The vines that made fine strong wines in St. Emilion and are now at their best are 1955 and 1959. Another excellent year is 1961, but it is less ready to drink than 1962.

For winter drinking, the Rhône red wines—Château-Neuf-du-Pape, Hermitage, and Côte Rôtie—are excellent value. Cold weather is the time when they really come into their own, for their high strength can be overpowering in summer heat, more important with these than with Burgundy. The 1960's are good now (not as good as they probably will be); 1962 is a vintage to comparatively soon; 1963 is to avoid altogether; and 1964 to keep corked up for at least another three years. Château-Pape Clément and Pécheur are the favorite of the sharpers as wine merchant. Less well-known but worth looking for are the estate names, such as Château Vaudieu, Château de la Loi, Domaine de Mont-Redon, Cl. Portia, and Château Rayas. These are the wines for highly seasoned winter food: peppers, liver and onions, chili con carne, Italian Barolo falls in much the same bracket. The choice for Barolo would probably be deeply offended if he heard comparing his wine with the Rhône, but the fact remains that only the rare bottle of Barolo is a suitable partner for Piedmont—ever reaches the easy and develops the ambience that is latent in it. For most part the Barolo bought abroad is a sound, strong red wine enough scented to be interesting and thoroughly Italian.

Winter-weight white wine

I have a fully fledged preference when it comes to white wine. I refuse to consider fish, as most people do, and it with veal, pork, and chicken, just as I would in winter. One often-forgotten country makes what seems to be the perfect cold-weather wine. I am speaking of Hungary. The Hungarian word of power for a wine is "fierce." By this do not mean rough and immediate but hooch is fiery. They mean wetting, generously full of flavor. Hungarian wines are like the south coast of the most of the great Rhine wine Germany, Palatinate wines, more so. They tend to be sweet to taste of the grape and the earth. More peculiarly, they have unique aromatic characteristics making to me the very essence of —something golden and lingering.

The best of these wines come from the shores of Lake Balaton in western Hungary, and the wines of the Balatoni wines are grown on the slopes of a lake, Lake Balaton. Being still produced they are not sold in every variety like the wines France and Germany, but blend to produce consistency.Broad speaking the wines range from a familiar taste is Balatoni (or better)
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*Pros and cons of rubber flooring, see page 145.*
Bronze medal for big marigold

'Golden Jubilee' is a sunny starter in the seasonal race for favorite border annual. "Knee-high by the Fourth of July" (if you treat it like corn), it promises to justify the faith of All-America Selection judges, who knew we needed a big sunburst.

FIRST PLACE FOXGLOVE

Missing a gold medal in AAS trials by only a few points, a new digitalis, grown for general garden use from a seed packet, will flower in five months—in autumn of its first year or spring of its second. Christened 'Foxy' (what else?), it is, of course, a true biennial, but a quick-growing one. This silver medalist produces flowers in colors ranging from white to yellows and purples.

SUNLIGHT FROM COLEUS LIGHTS GARDEN SHADOWS

Bearing across the Pacific from Japan the improbably pindicuous name of 'Superfine Rainbow Salmon Flame' (honest), this new version of an unfailing shade-favorite makes a dramatic show from seed sown in late winter indoors. When plants are small, pinch out the growing tips for bushiness.

Newest sweet pea variety on upright stems

Resistance to summer heat is the secret of success for any new sweet pea variety. Salmon-cream 'San Francisco' won an AAS medal (bronze) as much for this attribute as for its semidwarf (knee-high) upstanding form. In regions where summer nights are cool, the plants may reach a 40-inch height, with big trusses of frilly florets.
SUNBURSTS FOR TWO

A renaissance of the China-aster assured less than a generation ago. Development of wilt-resistant varieties, this stately late summer has returned to its own. 'Fluffy blue,' above left, produces huge on 2-foot stems. Anaphalis triplinervis, above right, is a not-so-member of the dwarf tribe of everlasting. Its silvery green foliage tall greenish white flowers from August on dry well for vase use.

NEW GRANDIFLORA ROSE
TYPICAL OF AARS CHOICES

‘Lucky Lady’ seems a slightly informal name for a rose that is so strongly reminiscent of ‘Countess Vandal,’ one of the loveliest although surely not the luckiest ladies in the realm of splendid roses. This new one, among four All America Rose selections for 1967, is classed as a grandiflora—which means it is a cross between a very tall hybrid tea that produces some of its flowers in clusters, some singly, and a floribunda, which is a medium-sized polyantha that produces hybrid-tea-size flowers mostly in clusters—but some singly. Whatever it is called, ‘Lucky Lady’ is a magnificent rose and a fine plant. Its running mates this year include: ‘Roman Holiday,’ a brilliant orange-scarlet floribunda; ‘Gay Princess,’ with shrimp pink flowers on a typical floribunda plant; ‘Bewitched,’ a traditional hybrid tea, in a classic shade of pink with slightly fringed petals on its tall straight stems.

NEW CATALOGUES:
INSOMNIACS’ JOY

What will become a river of seed and nursery catalogues by the New Year is, at press time, only a trickle. But the advance notices, of which the foregoing news items are but a sampling, promise the customary absorbing bedtime reading for garden devotees and tyro householders alike. Among the more conspicuous trends of recent years, the further adventures of seedsmen in the world of petunias continue unabated. The real news in petunias lies in the development of a whole series of handsome new purple blends, all deriving from the perky ‘Sugar Plum’ of a few seasons ago, and in the (Continued on page 155)
There's no Garden Catalog

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It is not surprising that Wayside's wonderful catalog is the overwhelming choice of gardeners everywhere. This rare masterpiece contains all the things that make a garden catalog wonderful. Certainly it has no equal insofar as beauty, wealth of selection and unbeatable quality are concerned. In its mammoth 224 pages, you will find items that are not for Spring planting...the non-stop "buximing", producing thousands of newets. Here is a really choice vine you will find equally beautiful, glossy, deep green foliage. Remarkably beautiful stamens that radiate from the center of each flower. Each, $2.00; Three, $5.70.

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As you spend the long winter's evenings thumbing through a p

of garden catalogues. The discoveries you can make shoppi

THE GARDEN MART

Nothing could be more enjoyable to a home gardener than spending the long winter's evenings thumbing through a p

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Nothing could be more enjoyable to a home gardener than spending the long winter's evenings thumbing through a p

of garden catalogues. The discoveries you can make shoppi
mail are infinite—those treasures of newly introduced plants it won't be widely available in garden centers for another ar the old-fashioned plants of your grandmother's garden if you had thought no longer on the market—and the true stocrats of gardening, the unusual plant or species that can be had by going through first class mail order nurseries. With snow flying outside, you sit cozily at ease sketching, at least in your mind, the surprises your garden will hold next summer—d it all can be conjured up by filling out an order blank and filling in your check!

One of the great advantages of shopping by mail is that you can order all your garden seeds at once and have them on and when it's time to plant, like money in the bank. Another is the fact that the instructions for planting come right on the package and there is no guesswork about it. Also when you order actual plants from the catalogues, you will receive them then it is time to plant in your area. And when they are shipped, the plants come quickly, usually polyethylene rapped, by air freight and so are in prime planting condition when they arrive.

Magazines like ours can help you plan your landscape and suggest the kinds of plants that go well in borders, rock gardens, wild gardens, etc. But the catalogues have the real horse's mouth information on how to plant anything you buy from them and this expert advice comes from men who hybridize and grow the plants you want.

Since 1968, the Geo. W. Park Seed Company has been offering seeds, bulbs, and plants of flowers hard to find elsewhere—many exclusive with Park. In addition to the rare items, are all the old time favorites, including a complete line of the world's finest vegetables. Each year these are shown in Park's Free Flower Book ... a beautiful picture-packed catalog used by thousands of gardeners to help them grow the finest flowers and vegetables. If you love flowers and gardening, we want you to have one of these valuable reference catalogues. It will help you make your garden a showplace.

This year have a vegetable garden and beat the high cost of living, plus enjoying the "gourmet eating" that you get with vegetables fresh from the garden.

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THE RAISED PLANT BED
continued from page 131

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Also seed of house and win-
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cultivar directions, pro-
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GEORGE W. PARK SEED Co., INC.
Greenwood 113, S. C. 29647

Since the downspout was necessary, it was simply extended across the
through the bottom of the brick wall, and into a rock dry well beneath the
area. Bricks surrounding the bed were laid, seven courses deep, on concrete
ings to frost depth and were provided with drainage weep holes. Angle irons
inserted in the wall to support the wood 2 by 4's of the sitting-kneeling be

THE RAISED PLANT BED
continued from page 131

brick, the top ones on edge, crowning
the pouring concrete footing. Any
competent mason could build it
without further instructions, in-
cluding setting in the angle irons
that support the banquette of
common two-by-fours, the weep-
holes for underdrainage, the dry
wells below the big white pebbles
that are under the banquette, also
the bypass for a downspout such as
we had to cope with.

The cushions offer kneelers
with their seatcates and trowels as
much comfort as they offer sitters
with their teacups. To plant the
roses (or other plants—see page
131) requires that you as
climb into the bed, but after
you merely need to lean in
dinary care. Of course in
spots in the garden, the same
of structure could be freestal
with easy access from all
sides. The banquette are optional.
The bed's depth is also
optional. In this instance,
turned over and added dri
g material to the original soil.
to a spade's depth from the
final level. Then we added
mixed in place, roughly the
amount of the nondescript
that was displaced by the lo
plus four full hales of peat
plus 10 pounds of superphos-
plus 50 pounds of dried, shi
cattle manure. The roses, at
son's end, were growing their
off, and with a minimum of pa
execel and polyethy
plastic for the head of the
rose tree, winter on Lo
land will hold no terrutors for
These are but two of many
abilities. The simplest of all
be merely a raised bed of
perennials and colorul anna
in produce cracks permitting ection to enter later on. Any end paint will have done its k and he rendered harmless by ng. So, yes, apply protective aerial (shellac will do, applied r a rag; or use one of the sim- neater aerosol materials).

If the dressing weatherings, skis, or falls off in a month or dren’t renew it and don’t worry.

dancing notice, Dr. Bertel Bag- Nature as Designer (Reinhold, 50) will extend and reinforce delight in the forms, textures, patterns of seeds and seed con-

For those who have not taken time to look, the author’s esses will be a strong incentive a lot of detecting. Dr. Bag’s writings are elegant. His sub-

Is usually from common usually ignored plants to ex-

third weekend

pointed rounds. Gardeners r postmen are stayed not by rain hail nor snow nor sleet nor at nor cold. Weatherproof, they h complete their rounds in the den, the rounds are most im-

tant just after storms—to see if matches are in place, that pro-

tive warping and shingles still detect, that bracing wires sup-

porting newly set trees are still iing, and that heavy snows or storms are perpetuating no mage that can be prevented or inted.

Tops of evergreens that have
growed half way up the trunk my be especially vulnerable to re-loading with ice or wet snow, the tops bend more than gently high—there is a sharp

kink above the top of the guy— move in quickly. Unless the top has been actually broken (in which case the damage is done), remove the weighting snow or ice gently and, if necessary, by careful hand-

work. Never whack the plant with a stick, never shake it except to remove the fluffy dry snow that sometimes falls in a cold, windless, storm. Don’t worry unduly if the top does not spring erect the moment the overload is removed. If the truck fibers are not broken, it may take its time standing straight again.

If the only observable prob-

lem is loosening of guy wires, tight-

en them—either by driving the stakes deeper or, if frozen ground prevents, by resetting the twists that adjust tension around the truck. Loose guys may sometimes be more dangerous to a tree’s well-

being than no guys at all.

Reading notice. Three to

bracelet, simply for the sake of brevity: Zenia Field’s Growing Bulbs in the House (St. Martin’s Press, $3.95), which, although Britain-based, is a fine vide me-

cum for winter gardeners; Ralph S. Moore’s All About Miniature Roses (Diversity Books, $5.95), a so-so guide to culture and use; and George M. Darrow’s The Straw-

nell (Holt, Rinehart, Winston, $15), the Works on the subject by a major authority and a beautifully produced reference volume as well. The late Henry Wallace, him-

self a strawberry specialist, among other things, wrote an historically helpful introduction.

Fourth weekend

Pot prattle. We have several times recommended that indoor gardeners maintain a triple supply of pots rather than wash and re-

wash a limited supply to accom-

modate the winter’s roster of plants. Such counsel is still valid: One set of pots filled with plants; another set stacked outdoors up-

side down so that winter can elimi-

nate insects and algae, and rain, snow, and frost can loosen dirt; a third set, cleaned last winter, and ready for use as needed now. But assuming you simply do not have or cannot store that many pots, or that you have no space to indulge in such luxurious procedures, then you just have to wash. For a small number at a time (two dozen or so), a laundry tray or an old-

fashioned washtub will serve as a receptacle in which to soak pots for about two days. This will loosen everything but lime incrusta-

tion, and the soaking will soften even that. A small steel brush or steel wool will take care of the rest. If time or hardened salts are no problem, a stiff vegetable cleaning brush or a coarse rag will suffice.

For small indoor gardens (windowsills, even small green-
houses) new pots may be not too good a luxury. Three dozen new 5-inch clay pots will cost you less than one meal at a decent restau-

rant or less than a good book. May-

be you need to reduce—or see what your local library has to offer.

Book note. Even if it were not the fine book it is, Isobel Zucker’s Flowering Shrubs (Van Nostrand, $17.50) would merit high marks for loving and patient effort. As it is, it fills a ready gap on the re-

ference shelf that nothing more recent than Donald Wyman’s standard texts have come close to filling. This new book will not, of course, displace Rehder’s Manual (still standard after forty years), and it is in no sense a botanical work. It is a gardener’s com-

pendium, and a very good one at that. The photographic illu-

strations are many and good (mostly by Mrs. Zucker and her husband). The tables are almost bewildering-

ly complete, but both the reading text and the reference text are di-

rect and helpful.

BACKYARD BULLETIN continued from page 515

When you give the United Way you give to

Red Cross
SHOPPING INFORMATION

Soy sauce tub, wooden with bamboo stripping, 14" diam., 12" h., $3.90.
Azuma, 666 Lexington Ave., New York, N. Y., 10022

Page 141:
Porcelain coconut shells, 4" diam., 2½" h., $2.50 ea., Ed Langhein Originais,
45 Washington St., Brooklyn, N. Y., 11201

STORE ADDRESSES

R. ALTMAN & COMPANY
Fifth Avenue at 34th Street
New York, N. Y., 10016

BONNERS
605 Madison Avenue
New York, N. Y., 10022

GINORI FIFTH AVENUE
711 Fifth Avenue
New York, N. Y., 10022

THE GREEK ISLANDS LTD.
215 East 49th Street
New York, N. Y., 10022

HAMMACHER SCHLEMMER
145 East 57th Street
New York, N. Y., 10022

GEORG JENSEN
667 Fifth Avenue
New York, N. Y., 10022

LORD & TAYLOR
Fifth Avenue at 36th Street
New York, N. Y., 10016

MAYHEW'S
603 Madison Avenue
New York, N. Y., 10022

S. P. SKINNER
225 Fifth Avenue
New York, N. Y., 10016

TEIFFANY & COMPANY
Fifth Avenue at 75th Street
New York, N. Y., 10022

brazier table. Cookout recipes are included.

FOR YOUR COMFORT

8. WHEN AND HOW TO BUILD A POOL

This is only one of the questions covered in an informative booklet on humidification by Research Products Corp. In addition to checking points you should spend, how to care for your mattress, what size sheets to buy.

9. YOUR OWN FAMILY SPA

a booklet from the Jacuzzi Corporation. Complete specifications are included.

10. FOR PROPER INDOOR AIR Humidity control system. The booklet features a humidity chart and illustrations of domestic power humidifiers with finger-tip humidity control.

11. WHEN IS YOUR HOUSE DRY

This is one of the questions covered in an informative booklet on humidification by Research Products Corp. In addition to checking points you should use in buying a humidifier, there's outdoor-indoor relative humidity version chart.

12. THE HUMIDITY PROBLEM

is discussed fully from the standpoint of health, household damage, and the correct amount of moisture needed in a booklet called "Humidity and Heat in Household Heating" by the Auto-Clor Corp.

DECORATING

13. HOW TO CHOOSE A CHAIR

That's Colonial in style and rich tradition is the subject of a 36-page booklet...
Nichols & Stone. It shows American classics as Boston Ilchcocks, laililerhacks, and an appmpriati- scctiiijis.

2. CARTER PAKE OVER in your house is the sugg-

2ntiklet from Mohawk that Ismg hut sound reasons for

kitchen, bathroom, play-

ling room, nursery, closets, around a pool.

ERTAINING

CAT DANE ENTERTAIN-

tives food, flowers and drinks

Cherry Herring—and tips on

be included in a booklet from

7ler. Recipes for the famous

pen-face sandwich are fea-

ing with dinner and buffet

GOUMTE RECIPES of

safs are given in a booklet

illon Importers that features

ier used in such delicacies

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MILY FINANCE

IDE TO INSURANCE for

use, your car, your household

s, and other personal pro-
pertied by the Insurance Infor-
institute in a 24-page booklet,
as a section on family liability

AT YOU CAN EXPECT an

e agent to do is described in a
from Mutual Benefit Life In-
Co. It outlines the areas an
ll discuss with you: savings

and protection, planning and program-
sing services, wills, tax benefits.

19. TO MAKE AN INVENTORY

of your household goods and personal

roperty, the Hartford Insurance Group

d has a folder for listing what

ou own via a room-by-room break-
down, plus what it's worth.

20. A GUARANTEED INCOME

for the man planning ahead for retirement is

orribly discussed in a booklet from

Phoenix Mutual. Several plans to

accomplish different objectives are out-

lined.

21. FOR 101 WAYS TO SAVE

money, time, and work, there's an 18-

age booklet prepared by the Pruden-
tial Insurance Co. It has tips ranging

from how to stretch your food dollars
to cutting costs on home maintenance.

22. A SAFETY CHECK LIST is

feated in an information-packed

ooklet from Metropolitan Life that
discusses the prevention and care of

ergencies. Among the topics covered

e: falls, fires, accidental poisonings,

first aid, and community services.

MISCELLANEOUS

23. TWO FACES OF A WOMAN—

the outer and the inner—are the sub-

jects of a booklet from Zeigler Facial

Exerciser. It discusses the workings of

acial muscles and the circu-
edation; describes the benefits of the

exerciser.

24. A HOME STUDY COURSE

that could enable you to start an an-
tique business in your home is outlined

in a booklet from the American Insti-
tute of Antiques. It lists the subjects

covered in the course; discusses the

aching materials used. $1.

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COMFORTING WINES
continued from page 148

ter, Badacsonyi) Riesling, made of the famous German grape. Less familiar are Furmint, Keknyelu, and Szurkebarat. They are all strong-flavored, fragrant, and frankly sweet—wines of tremendous character. Like the pepper-hot goulash that is the heart of Hungarian cooking, they are eminently keepers-out of the cold. If you want a special and different white for winter drinking and can find it in your local store, Hungarian fits the role perfectly.

This is not to say that other white wines are not appropriate to winter dinners. The brilliant, brittle quality of young Muscadet or Gros Plant is perfect with oysters, clams, mussels, and other fruits of mer, while the scented dryness of a fine Pouilly-Fume or Sancerre tastes especially good with crab or lobster. Rich chicken and sweet-bread dishes call for the suavity of the great white Burgundies. The softness of a good Traminer or Gewurztraminer from Alsace or California is a delicious accompaniment to pork or veal and to a choucroute. Recently I discovered some superb California whites from Stony Hill Vineyards. The proprietor limits his output to about 375 cases a year, and unless the wine reaches his standards, it is not marketed. Both the Riesling and the Traminer are extraordinarily good—equal to any of the best California whites.

INSURANCE continued from page 32

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