HOW TO MAKE YOUR HOUSE EASY TO RUN, EASY TO RELAX IN, EASY TO ENTERTAIN IN

Great ideas from seven houses

HOW TO MAKE YOUR BATH THE PRETTIEST ROOM IN THE HOUSE

HOW TO PLAN AHEAD, COOK AHEAD AND BE A GUEST AT YOUR OWN WEEKEND PARTY

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Henredon goes to many lengths to please you.

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the beautiful homemaker
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Worth up to $18.84 at regular Music Service prices!

You merely agree to select as few as 8 more hits at regular Music Service prices in the next three years.

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Please accept my membership application in the RCA Music Service and send me the 8 hits I have chosen for 99c. I agree to buy as few as eight more at regular Music Service prices in the next three years, after which I may cancel my membership. I understand I may refuse the automatic shipment of each "Selection of the Month," order other selections, or none, by returning the dated card always provided; (Small shipping-service charge added to each order.)

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I am most interested in the following type of music—but I am always free to choose from every category (check one only):  

- Popular (Instrumental/Vocal Moods)  
- Country & Western  
- Classical  
- Today's Sound (Rock/Soul/Folk)  
- Broadway-Hollywood TV

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First Annual Kroehler Citation Sale!

Introducing dramatic new Kroehler Citation styles at sale prices.
Featuring DuPont fibers and DuPont Zepel® protected fabrics.

Kroehler starts the new year with five new Citation room styles at special prices.
Exceptional styling—the comfort engineering—the durable kiln-dried hardwood frames—extra arm caps—the upholstered seat decks—in short, all the features that give Kroehler Citation furniture its name for long wear and outstanding quality are now yours at these low introductory prices.

Especially noteworthy in this event are the beautiful, Performance-Tested upholstery fabrics of DuPont nylon, protected against soil with DuPont Zepel®.

If you've looked you know. Values like these are getting harder and harder to find. The five shown are just an example of the many distinguished buys you'll find this month at your Kroehler dealer.

Kroehler Citation upholstered furniture shown features DuPont fibers and finishes.

Prices are manufacturer's suggested retail prices in most areas. They also vary for fabrics other than shown.
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Neatest way yet
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It crunches boxes, cans, bottles and paper to 1/4 their original volume.
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See it at your KitchenAid dealer (he's in the Yellow Pages under Dishwashers). Or send coupon for more information.

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A tent-full of rich velour jacquard towels by Burlington House... in the most seductive colors and designs since Rudolph Valentino. And draped on the lovely maiden is "Shadows" with an appliqued embroidered border, and it's by Vera® from the luxurious Burlington Presidential Collection. Stay dry and beautiful in magnificent fashion with Burlington.
We didn’t start out trying to make the most expensive dishwasher. But when we finished the best dishwasher we could make, it cost a few dollars more. Twenty-five years experience in building kitchen appliances proved to us that stainless steel is the only material to use in a dishwasher. It’s more sanitary, more permanent; anything else may chip, flake, peel away and then rust. (A good reason why all commercial dishwashers are made with stainless steel.) Two stainless steel H-arms super scrub pots and pans with a 3-way washing action. You can put bowls and pans over dishes and utensils for more capacity. We even put our Waterford crystal and Limoges china into a Waste King Universal stainless steel dishwasher. Peace of mind is worth a few dollars more.

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A DECORATOR SPEAKS HIS MIND

How to choose furniture to live with

BY BILLY BALDWIN

The quality that makes furniture design durable, whether you're talking about a Louis XV armoire or a modern upholstered chair, is its absolute suitability. It must do its job effectively, comfortably, and beautifully. Sometimes the piece of furniture that would be exactly suitable just doesn't exist. To fill these voids is the reason most good furniture is designed.

The open tubular-brass bookshelves I designed for Cole Porter's library—a room that has since become famous—were born out of just such a need. To begin with, in that room, the vast collection of books was so outstanding that it outshone everything else. There were books on art and architecture and rare volumes on Chinese porcelains, sculpture, and painting. Books by Maugham, D. H. Lawrence, and other contemporaries of the Porters were each charmingly inscribed. There were beautiful travel books, and a dictionary in every conceivable language, which Cole used when he was composing the lyrics to his songs. There in the library Cole would sit, literally surrounded by books, quietly notating his melodies before taking them to the piano in the next room (he preferred this commuting arrangement to composing at the keyboard).

My problem, then, was what to do with all those books. I thought at first of installing old wood paneling, with sections devoted to the books. But that just seemed too simple for a vital and creative man like Cole. Then my eyes fell on a simple brass Directoire étagère that I had brought in for his sheet music. How wonderful that would be as a bookcase, I thought aloud. Cole’s response stunned me: “Why don’t you build a whole room out of it?” We did, and it turned out to be a perfect setting for Cole as well as a personal thrill for me.

Movable, variable, less expensive

Continued on page 12
Ceramic tile makes a lot of sense in a lot of rooms besides the bath.

A lot of people wouldn't think of a bathroom without ceramic tile. And yet the same people have never thought of using it anywhere else. But, as you can see, ceramic tile is very practical for other rooms. And much too beautiful to be hidden in a place few people ever see. Just consider your living room. You probably think of a carpet when you think of the floor. But think about this a moment. The best carpet money can buy will wear out eventually. But ceramic tile will last longer than a lifetime. Every year or so, carpet needs a professional cleaning. But all tile ever needs is a little soap and water. Carpet gives rooms wall-to-wall sameness in both color and texture. But with ceramic tile floors, you can have a mixture of patterns, colors, textures and designs. Just think of the spectacular effect you could get by using ceramic tile on your living room floor. Or think of the dramatic look you can get in a hallway or in your foyer. And you'll never have to worry about the heavy traffic in these areas, because the natural finish of ceramic tile never has to be polished. And, as strange as it may seem, the older it gets, the better it looks.

Now, if ceramic tile makes a lot of sense on floors, just consider it for the kitchen. On the walls. Countertops. And on splash backs. Not only are they a lot easier to clean, but they're virtually waterproof. Fireproof. Stainproof. And cutproof. Yet with all of these advantages, ceramic tile is sensibly priced.

The glazed decorator tiles used to remodel the fireplace shown above cost just $149.40. Which shows what a little tile and a little money can do to warm up a room.

But these ideas don't have to be just pretty pictures in a magazine. You can create the same kind of excitement right in your own home.

In your dining room, with one accent wall of sculptured tile.

In a family room, with an inlaid game board on the floor.

Or in the bedroom, with a wall mural from floor to ceiling instead of a headboard for your bed.

And, of course, in the bathroom.

With tiled vanity tops and cabinet tops, a tub alcove, walls and floors.

As you can see from our picture, the most beautiful bathrooms are still made with ceramic tile.

Because all of the materials that try to look like ours, end up looking like what they are: cheap imitations.

But there is still another place for ceramic tile: the great outdoors.

When it comes to exterior walls, patios, porches and pool areas, it works better and looks better than any other material under the sun.

And every penny you put into it is really a good investment.

Because if you ever have to sell, ceramic tile can make your home look like it's worth more than other houses in the same price range.

There are still lots of other ways you can use ceramic tile. On the inside. And the outside.

And we'd like to tell you about them in our new book.

It's filled with color pictures to show you the stunning effects you can create with ceramic tile. Effects that can turn your home into a showplace.

You'll also learn where to find ceramic tile, and what it costs.

And we'll bring you up to date on the new joint filler: mastic grout, a special formula that resists mildewing, staining and chipping.

Just send twenty-five cents and this coupon, and our book is yours.
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Our new Edison Built-In Bread and Food Toaster helps clear clutter from your kitchen. Conventional toasters can get in the way but the Edison Built-In simply slides into the wall — in the kitchen, breakfast area or wherever toast is made. Crumbs, frostings and fillings from bread and toaster foods drop straight onto the easily removed crumb tray. And it doesn't need special controls for toaster foods — just follow instructions.

Edison Hot Food Servers have kept food hot and ready to serve in thousands of modem homes. Both drawers have controls for Moist, Crisp or Medium foods. Cook at your convenience — serve delicious hot meals hours later. Great for parties; ideal every day for busy families. See your builder, kitchen dealer or write.

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Please send more information on:

- Edison Built-In Bread and Food Toaster
- Edison Built-In Hot Food Server

Name

Address

City State Zip

McGRAW-EDISON COMPANY
Edison Building Products Division
333 West River Road • Elgin, Illinois 60120

When it comes to upholstered furniture, I have always preferred big, modern, fully upholstered sofas, love seats, and chairs to the wood-framed and leggy period ones, simply because they give the room muscle and character and are infinitely more comfortable. Of course there are degrees of comfort even in upholstered furniture. For instance, the most comfortable love seats never measure less than 4½ feet between the arms. Otherwise you find yourself sitting as if you were in a last-class airplane seat, knees straight ahead of you. The most comfortable filling for loose sofa cushions is not exclusively down, as has long been held, but a core of foam rubber sandwiched between two outer layers of down. The foam gives the cushion bounce and body, so as you sit you don't get that uneasy, characteristic-of-down sensation that you might go all the way to the floor. And having the foam in the middle makes the cushion reversible.

When I moved into my studio apartment, I had to think of some kind of bed that would serve equally comfortably and beautifully as a sofa. First, I got myself a very good standard twin sized mattress and put it on a frame. Then I added upholstered head- and footboards that became high arms with fat loose cushions, slipcovered with upholstery fabric, leaning against them. To reduce the depth of the bed by day and make it look and "sit" more like a sofa, three more down-filled cushions were placed against the wall. I made absolutely certain the design would enable me to keep the bed perpetually made up with sheets and blankets. The bedspread is nothing
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262. The Defense Never Rests
by F. Lee Bailey with Harvey Aronson.
(Pub price $7.95)

596. Understanding Human Sexual Inadequacy
by William H. Masters, M.D., and Virginia E. Johnson.
(Pub price $6.95)

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House & Garden who may have considered membership in the
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Name
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City __________ State __________ Zip __________

South Carolina Gardens
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CHOOSE FURNITURE continued from page 12

more elaborate than upholstery fabric stitched up like a slipcover with a flap that tucks under the mattress.

In all the time I have been planning rooms with lots of modern upholstered furniture, only one annoyance has cropped up: Inevitably, especially with white or pale-colored upholstery, a line of dark scuff marks appears about 2 inches from the floor. This is unavoidable even when yours are the most considerate of guests. One way to prevent the unsightly marks is to sew a broad strip of dark braid all around the furniture 2 inches from the bottom.

Although a period settee can never replace an upholstered sofa or love seat as the foundation of a room, please don’t outlaw them. A beautiful thing of the past, or even a good reproduction, seems to complement a room with modern furniture, giving it a sense of warmth and establishment as well as charming and often necessary visual variety.

No two tables exactly the same

The same kind of visual variety can also be achieved in another way—by not having any two tables in a room, unless they’re a pair, exactly the same height.

In my apartment, I have a very old Portuguese table 30 inches high, another table 28 inches high that I use as a bar, a very big writing table, and for contrast, two coffee tables. The coffee tables are unusually low, and some people find them inconvenient, but that’s the way they came, and I think they fit the room perfectly. In general, however, 15 inches is the best coffee-table height.

Some years back it occurred to me that it might be a good idea to try to combine into one design the comfort of a fully upholstered chair with the portability of a stool or lightweight wooden side chair. In the nineteen thirties, when I was working for Ruby Ross Wood, we developed from the popular long-armed Lawson sofa a big armless chair, so massive that one person could relax on it quite luxuriously and it could easily seat two at a cocktail party. Using this armless Lawson as a jumping-off point, I pared it down, experimented by trial and error with the pitch of the back, and finally produced what is now known as the Lawson slipper chair. It is a small, low, armless chair, but with remarkable versatility. Small women and football linebackers find it equally comfortable. It can be covered in anything from leather for a man’s study to pink flowered chintz for a lady’s bathroom and still look good. Several of them can be used in one room and not make it look the least bit like a movie house. In my own tiny living room I have no fewer than four, all slipcovered to the floor with perfectly flat, fitted, pleatless skirts. I think they are my favorite chairs of all. They are light as a feather, and people find it easy to drag them about. Those little chairs have a way of making everyone feel at home.

This is an excerpt from the new House & Garden book Billy Baldwin Decorates published by Holt, Rinehart and Winston.
1. The Truth About Weight Control
   By Dr. Neil Simons
   (Pub price $6.95)

2. The Terminal Man
   By Michael Crichton
   (Pub price $6.95)

3. The Rise and Fall of the Third Reich
   By William L. Shirer
   (Pub price $15)

4. The Playboy's Host & Bar Book
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Paint

For more ideas on how you can incorporate new concepts into your own remodeling or rebuilding plans, we invite you to see the advertisements of the following companies participating in this issue.

Andersen Corp.
E. L. Bruce Flooring Co., Inc.
Samuel Cabot, Inc.
Caloric Corp.
Cotter & Co.
Delta Faucet Co.
Edison Building Products
Georgia-Pacific Corp.
H-P Products, Inc.
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Rheem Manufacturing Co.
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Sub-Zero Freezer Co., Inc.
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Tile Council of America
Waste King Universal
Water Refining Co., Inc.

For further details about other products featured in Super Kitchen and Super Bath, check the Shopping Information pages.
Betty told Marilyn, Marilyn told Vickie, Vickie told Kathy, Kathy told Pat. And we sold four dishwashers.

The best salesmen we have are KitchenAid dishwasher owners. People who know from experience that KitchenAid is reliable, hard-working, and does a beautiful job on all their dishes. People who, when they find out how good their KitchenAid really is, tell their friends about it. And it's interesting what they say.

"Never, never have I enjoyed anything more than my KitchenAid."
"In 16½ years I've never had a service call."

Pretty convincing statements, aren't they? And they haven't even touched on some other good reasons for buying a KitchenAid dishwasher.

Like our motor, the most powerful in any home dishwasher. And our exclusive Flo-Thru Drying that gently dries and sanitizes dishes, instead of baking them.

Then there's our exclusive Soak Cycle, that cleans the pots and pans you used to have to scrub by hand. And our SaniCycle, that heats the final rinse water up to 180 degrees for extra health protection.

With all these reasons, doesn't it make sense to talk to your KitchenAid dealer about a KitchenAid dishwasher of your own?

Okay? Louise, Jackie, Becky, Sandra, Gloria... See your KitchenAid dealer. He's listed in the Yellow Pages. Or write KitchenAid Division, The Hobart Manufacturing Company, Dept. 3DA1, Troy, Ohio KitchenAid 45373. Dishwashers • Trash Compactors • Disposers • Hot-water Dispensers

The whole world is carpeted. Why don’t you be different.

It might surprise you to know that we agree there are lots of places where wall-to-wall carpeting is nice. But gracious, it’s awfully overdone. Apartment after apartment after subdivision after motel is carpeted. Why don’t you be different. Be yourself.

Beautiful hardwood flooring says something about its owner. Adds substance to a house. Because it’s real. Not just another designy cover-up.

There’s nothing false or showy about broad oak timbers that are the floor: not a floor covering. Bruce Old English Plank is a perfect example. Wide antiqued planks of solid oak.

With genuine wrought iron nails. You’ll swear it’s 100 years old. This is Mellow Brown shade. It also comes in Ebony shade. And it’s as easy to care for as any floor in the house. Vacuuming and occasional waxing should do it.

Old English Plank is just one of many beautiful real oak floors by Bruce. It will run about $3.10 per square foot installed. This may vary depending on location and size of the job. Bruce Floors start at about $1 a foot installed.

Bruce Flooring
Memphis, Tennessee 38101
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NOTES OF A HAPPY HOUSEKEEPER

BY MARY ELIZABETH FALTER

We’re into the heart of winter now, and all the excitement of the holidays has disappeared with the last bit of tinsel and holly. I always like the peace of the clean quiet house right after New Year’s. But after a few quiet days I get restless, and restlessness usually means a project is about to be born.

Now is a fine time to get the jump on spring cleaning by doing all the things you hate to do when the weather is good. Tom has started to prowl the house looking for things that need attention. Last Sunday he cleaned up all the porch furniture that’s stored in the basement and next Sunday we’ll paint some of the older pieces.

Besides cleaning all the drawers and closets and the attic and cellar, we re wax the furniture and check out things like the summer screens. I have time during the winter to shop for household replacements—new lampshades, sheets, towels. Later on I’ll have the curtains and slipcovers cleaned, and I certainly will not wait until late May to have the air conditioners serviced. We failed to do this early enough last year and had to wait weeks for the repairman to come.

At last there’s a new metal polish that cleans and polishes any metal. Happich Simichrome Polish is a German import that’s beginning to appear in better hardware stores and houseware departments. It’s not necessary to use very much Simichrome paste to produce sparkling results. We cleaned the brass student lamp, always a ticklish job, in record time, and it’s never looked more beautiful. Simichrome is a real cleaner, unlike many polishes that shine but do not remove streaks and mars on the metal itself. After the cleaning, Simichrome quickly comes up to a brilliant shine that also provides a protective film, so tarnishing is retarded. You can use it on chrome, copper, brass, or silver.

Most very salty foods are improved by rinsing with water. Just put anchovy fillets, green olives, or sauerkraut, for example, in a colander or strainer and slowly turn with a fork as the cool water flows through. Drain thoroughly. I pour off half the brine or juice in a bottle of green olives and replace it with water. It gives the olives a more delicate taste.

I found a great use for a lovely old penny-candy jar that I bought in an antique shop the other day. It’s in unusually good condition without a nick or a scratch, and I wanted to think of something special to use it for. At the market I saw a particularly lush display of fruit and the answer came to me. I filled the jar with shiny lemons and limes and put it on the bar where they’d be handy to use with our drinks. The ground-glass stopper and neck of the jar make it airtight and keep the fruit from drying out and losing its flavorful oils.

Continued on page 95
Still living with a Dark Age water heater?

Welcome to the Age of Saturn

Every ordinary gas water heater has a pilot light. You light it with a match and hope it stays lit. Because bad things can happen to an ordinary pilot light. A sudden bump could be fatal to its flicker. Or a gust of wind might blow it out. Or condensation could form, drowning the flame. Then, completely without warning, your house is without hot water. Maybe for hours.

But now Rheem makes an extraordinary water heater that has no pilot light. Instead, it features the exclusive new Saturn Burner. A precision stainless steel burner that uses a unique circle of fire for ignition—twenty separate flames that consume no more fuel than an ordinary pilot—but for all practical purposes they are virtually inextinguishable.

The Saturn Burner not only offers superior resistance to wind and moisture, but also has a completely enclosed safety shut-off system that can’t be jarred or accidentally moved out of position. You light it once, like your old pilot light. Then you forget it.

Ask your plumbing contractor about the new Rheem water heaters with the Saturn Burner. He’s listed in the yellow pages.

Rheem water heaters with Saturn Burners—our latest proof that all water heaters are not alike.

Rheem Manufacturing Company
Water Heating Products Division
7600 South Kedzie Avenue
Chicago, Illinois 60652

QUESTIONS & ANSWERS:

Antiques

BY LOUISE ADE BOGER

WELSH CUPBOARD

I would like any information you can supply about this Welsh dresser.
J.L.G.—South Plainfield, N.J.

Cupboards, such as yours, of the tri-darn type (three stages) were made in large numbers for all classes in British rural communities. They were often given as wedding presents. Your cupboard probably dates from the beginning of the 19th century.

CAST-IRON TOY

My father bought this piece at auction 25 years ago. It has no marks. Can you tell me what it was used for and about how old it might be?
M.B.—Van Nuys, Calif.

You have a cast-iron toy of American manufacture, dating about the latter part of the 19th century. The team of oxen, as on your toy, is relatively rare as horses or circus animals were usually favored because they were more familiar to the children.

VICTORIAN ROCKER

This sleigh rocker has been in our family for years. Can you date it?
W.P.—Santa Maria, Calif.

Your rocking chair, a remarkable example of Victorian workmanship, was probably made in America about the 1870s.

ART NOUVEAU LIGHT

We recently acquired this newel post from a friend. The figure is copper and the label reads “Abeille Par J. Causé (Statuaire).” Can you tell me more about it?
S.A.—Erie, Pa.

Your lighting device for a newel post is a fine example of Art Nouveau. The bronze figure “Abeille” or “The Bee” was cast from a work by French sculptor Julien Causé whose forte was creating mythological figures.
ROCOCO MIRROR
In what style is our carved and gilt wood English mirror? M.A.H.—Allenhurst, N.J.
The asymmetrical cartouche-shaped frame and fanciful C-scrolls and foliage indicate your mirror is an example of rococo art dating around the 1760s. Chippendale, through his publication The Director 1754, helped establish the fashion for rococo in England.

RENAISSANCE TABLE
My husband had this table for many years. Can you tell me its age and origin? E.M.R.—Oak Lawn, Ill.
The marked simplicity of your 16th-century Italian Renaissance table suggests that it may have been made in Tuscany. Do have an expert look at it to be sure of its age, as many ingenious copies were made in the 19th century to meet the demand for Renaissance furniture.

What is this silver and bone device used for? The small piece on the side screws to loosen or tighten it.
G.H.M.—Oak Park, Mich.
You have a device used to hold a leg of lamb secure while it is being carved. As it was much favored by the French, it is generally called a "gigot." Yours is probably of late 19th-century French manufacture.

FRENCH GIGOT

ENGLISH CLOCK
My grandfather clock has a steel dial with an enameled surface; the hands are brass. The name on the dial is "John Noakes" and underneath in script "Burnsak." Can you tell when and where it was made? J. McK.—Derby, Kans.
Your grandfather clock was made by the English clockmaker John Noakes who was working at Burwash, Sussex in the early 19th century. The tall case is a regional interpretation of late 18th-century classicism.

ANIMAL SCULPTURE
Can you identify my bronze statue of a stag and doe? The name "Heizler" is engraved on it.
J.D.L.—Halifax, Pa.
Your sculpture was cast from an original work by the French sculptor Hippolyte Heizler (1828-1871), who specialized in animals. For the Empress Eugénie, for instance, he modeled a group of dogs belonging to the Russian czar.

EDITORS NOTE: THE 19TH ANNUAL WINTER ANTIQUES SHOW WILL BE HELD JANUARY 19-29 AT THE 7TH REGIMENT ARMORY, PARK AVE. AT 66TH ST., NEW YORK, N.Y., 10021.

Make it feel great with Rheem central heating and cooling.

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Rheem makes heating and cooling systems for houses of all types and sizes. With a good many options available for a homeowner's special comfort concerns.

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14615 Lorain Avenue
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NOTES FOR THE HOUSE fixer

A BUILDING BULLETIN BY WILL MORRIS

Today's new epoxies, silicones, and other wonder-working adhesives make home repairs easy. A whole family of them, nonflammable, nontoxic, nonstaining includes an instant bonding contact cement, a superstrong glue that substitutes for nails or screws, a four-minute epoxy glue, a wood filler, a metal mender that fills and seals, a nondrying caulking compound for tilework and tubs. The Weldwood Home Safe Menders, Chemware Group, Champion International.

New Franklin stoves, needing only a flue and a masonry or metal base for installation, provide an instant full-fledged fireplace. Of cast iron, this Olympic Franklin model has double folding doors, a deep hearth, and brass foot rail, a vent and easily removable ash drawer below it. Available in five sizes, ranging from 30 to 15 1/2 inches wide and 20 1/2 to 27 1/2 inches deep, there are also other models with old-time charm to warm the heart as well as the body. Washington Stove Works, Everett, Wash.

The city of Nashville, Tenn., has come up with a method of turning community refuse can be converted into steam and used to heat and cool building of major buildings and eventually residential structures, increasing nationwide problems of waste accumulation, air pollution would be disposed of without land filling, air pollution incinerators, and steam would require less electrical cons

A handsome, left, provides drain, soap installation. 5 ft. inches high, in

By Universal-

The hand-held feels you can use while you are making repairs. Now you standard tub, an adaptor that attaches to the water easily handled children or the hard white vin and yields a firm

For security against intruders (and who isn't aware of this need today?) a neat little wedge and alarm siren slips under the door. It impedes forcing the door and sets off a strident alarm. Bloc-Alarm by Common Market Industries.

If you are adding air conditioning to your house, an electronic air-cleaning unit should be part of it. Installed in the ductwork of the heating-cooling system, it captures the minute particles of smoke and pollen circulating around the house through the ducts. It is operated by a simple on-off switch and the electronic cells and screens, in their drawer-like case, can be washed. By Honeywell.

ROSES plus....
BERRIES, VEGETABLES, FRUITS,
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and a FREE HOME GARDEN GUIDE with every order.

The city of Nashville, Tenn., has come up with a method of turning community refuse can be converted into steam and used to heat and cool building of major buildings and eventually residential structures, increasing nationwide problems of waste accumulation, air pollution would be disposed of without land filling, air pollution incinerators, and steam would require less electrical cons

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TO CLEAN YOUR AQUARIUM

...getting yourself dirty and filter without

BY REBECCA WARDLEY

home
good looks
how to grow

Looks & Good Health
Imagine! Paneling with an antique look, and a bargain hunter's price.

"I knew I wanted something special for my living room wall. Something with the character and charm of the funny old things I collect. But I didn't want to spend a lot of money. Wishful thinking?"

I thought so. 'Til my building materials dealer showed me Georgia-Pacific's Renaissance. It's perfect! Flecked and shadowed like a well-worn piece of furniture. And the finish! It looks almost hand-rubbed, with a deep, warm glow, just like the old bookshelves I refinished.

Renaissance is made of real hardwood, too. But I spent less than $30 to panel my whole wall.* Found just the right paint and carpeting colors to use with Renaissance, too. At Georgia-Pacific's Imagination Center, at my building materials dealer. Now my room is finished. And looks just the way I wanted it. Thanks to Renaissance. And a little imagination."

TO FIND THE NAME OF YOUR NEAREST DEALER, CALL FREE: 800-243-6000. IN CONNECTICUT, CALL 1-800-882-6500.

*Comes in six shades of real hardwood face veneer from $9.95 per 4'x8' panel.
to put over, human nature being so perverse. So parents who would like to bring up children who won’t make terrible faces at the mention of H₂O have taken to getting in bottled water, to change water’s image. Mountain Valley, from the celebrated caves and Hot Springs of Arkansas, is a handy one with offices in all fifty states. It has a grand flavor though technically tasteless and it can be brought to you in sizes from flips for the bar to gallon jugs for lapping up.

Good Table Talk, which involves putting down the fork a lot, is one of the most effective, inadvertent thinning measures. In 1597, Sir Francis Bacon laid down some suggestions for it. “It is good to vary and mix speech at the present occasion with arguments, tales with reasons, askings of questions with tellings of opinions, and jest with earnest.”

For those that have yearned for a Sauna but may not have room for one, the Luzier people have cleverly put the soul of sauna into a package. The set is called Nordenelle to suggest all those northern countries of Europe who sauna so much. There are two moves, the first a liquid, smelling like perfumed hot tar, heats up under a terry cloth bathrobe and sends you tingling, fiery warm into the bathtub. The second —after you’re through—is like a splurge of water from a cold mountain stream with the added exhilarating effect of Continental smelling salts. Call the Luzier people to bring you this interesting entertainment and pick-me-up for everyone. It’s $10.

A deeply Victorian habit The Rest is being revived —so that instead of hanging around feeling languid, people go to their rooms for a quick Forty winks—the kind of nap that has always kept cats going smoothly through their nine lives.

Instead of suffering from cracked, bleeding, and hideously unbecoming chapped lips, whole families are Sartinizing. This is as much a point of view as a product, an idea that the famous Janet Sartin who has saved so many famous faces, dreamed up to take care of the plight of her own young son. The child was in agony with an exaggerated case of split lip so serious that it kept him from eating. So Janet worked out a smoother with remarkable healers and gleamers in it too. Some of the people who send for Sartinizer use it for pure lure. It’s $?

The essential angle in this family Beauty Foundation is to dramatize it with some wonders larger than life and underline the feeling of great plenty. There should be something truly heroic like Jean Nate’s gallon-size of Friction pour le Bain. This pale green freshener is a marvelous way for anyone to smell—like a breeze that has passed through a mysterious forest where all the trees have pungent leaves. Makes a quart seem like a pygmy and is $17.50.
This remote control clock can be installed anywhere in your home. It lets you monitor and control the operation of your Waterfine water refiner. It comes in 6 house & garden colors plus standard colors of Harvest Gold, Avocado and White. It also doubles as an attractive time of day kitchen clock.

silverware, dishes and glasses are spot free!
Ice cubes become crystal clear...coffee and beverages taste better.

Clogged drains and water-stained rings eliminated!

Linen and towels...dry softer...stay brighter...last longer.
Walls shimmer, floors glow.

Chrome and porcelain gleam...no more rust stains!

Install the refiner anywhere...laundry room, basement, or garage.
Water using appliances remain scale free, reducing service calls.

Chrome and porcelain gleam...no more rust stains!

Cooked foods retain natural flavor and texture...refined water is free of tastes and odors!

This revolutionary new appliance, the Waterfine water refiner, turns ordinary tap water into clear, refreshing "Spring-like quality" refined water from every tap in your home, automatically...helps other water-using appliances work better, last longer. Find out more about this unbelievable new appliance...call your local Miracle Water or Servisoft dealer.

Waterfine is available through participating Miracle Water and Servisoft dealers.

"Another fine product from Water Refining Company, Inc."
OPEN LETTER TO THE READERS OF
HOUSE & GARDEN

Magazines are uniquely designed to provide the American people with information essential to living today. Their pages reflect the cultural and technological advances occurring in our society. Out of the articles that appear, readers can sift ideas that make them better educated, healthier, more productive, more secure. And what is more important, because of their deliberate selectivity, magazines are able to perform at an optimum service level whether their readers' focus of interest is fashion or the home, religion or the arts, the life-styles of the young or the problems of the aged.

In light of this, it is regrettable that many publications in this country are being placed in jeopardy by the action of the recently reorganized U. S. Postal Service. During a period when the President has instituted a freeze on prices in an effort to slow the inflationary spiral, the U. S. Postal Service has announced an increase in the cost of delivering magazines and newspapers amounting to 127% over the next 5 years. It is especially ironic that this action being taken by a quasi-public corporation is being directed against an industry dedicated to the widest possible dissemination of information and ideas to the public.

When the new Postal Act was passed in 1970, it was with the hope that the restructuring of the Postal Service would make it more efficient and bring into better balance its expenditures and income. Publishers expected magazine mailing costs to increase. What they were not prepared for was an increase that could prove ruinous to many of the finest and most respected magazines in this country. Furthermore, to contend that what the Postal Service is doing is wiping out massive hidden subsidies is to infer that publications are being given illicit privileges that should be done away with.

In point of fact, when two centuries ago Congress set up special second-class rates, it was with the intent that these be considered a public subsidy to extend the areas of education and cultural development throughout the country. In the years that have passed, the need to perform these services has not diminished. Rather, it has increased constantly as our society has grown ever more complex and demanded more responsible guidance and clarification.

To maintain the flow of magazine service to the American public, we, along with other publishers in this country, have little alternative except to absorb the rising mailing costs for as long as is economically possible. However, we will continue to mount an opposition to the increase via an appeal to Congress for a review of the Postal Reorganization Act of 1970. What we ask is that the 127% increase be replaced by a more realistic and reasonable schedule of second-class rate increases until the Postal Service solves its reorganization problems and is able to advance toward its promised level of operating efficiency. A bill to this effect was introduced by Congressman Morris K. Udall in the House of Representatives and by Senator Edward M. Kennedy in the Senate in the last session of Congress and is scheduled to be re-introduced early in 1973.

Since ultimately this increase in cost is directed against you, the reader, won't you join us in urging Congress to review the Postal Act of 1970. For without this review, many of the magazines you, your family and your friends value may have to reduce the scope of their services. Some may not survive at all. A note to your Representative and Senators stating your opinion, your support of this bill, or an endorsement on this very page, would be of immeasurable assistance.

Perry L. Ruston, Chairman
THE CONDE NAST PUBLICATIONS INC.

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HOUSE & GARDEN
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by Henry Gibson

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Sheets Towels Blankets
by J. P. Stevens
In our work-ethic culture, we have been conditioned to believe that relaxation always has to be earned. Now we are faced with changing times. Within ten years, economists forecast, many people will be on a twenty-two-hour week, a twenty-seven-week year, and retiring at thirty-seven, or thereabout. Modern technology is liberating us from tasks that took hours to perform—at work and at home. Life today offers a new freedom, more spare time, more leisure. Will we be able to use this freedom creatively and enjoy it fully?

Psychologists and psychiatrists have been absorbed with this question for some years, as they have observed ever-increasing numbers of people with "Sunday neurosis"—a compulsion to work rather than recreate—or psychosomatic vacationers who "fall ill" on holiday, both states being caused by fear of relaxation and leisure. One expert with extensive experience in this field is Dr. Alexander Reid Martin, former Chairman, Committee on Leisure of the American Psychiatric Association. We turned to him for clues on how to approach the changing lifestyle psychologically.

As a beginning, he suggests thinking of recreation in its original word meaning, re-create. "We overlook the indispensable and complementary part that leisure and relaxation play in the creative process," he says. "The flash of insight only occurs when conscious efforts are relaxed, when work has been abandoned and attention absorbed by some irrelevant distraction, in a completely unrelated context. You are part of some natural earthy situation—however apocryphal it may be. Newton was under the apple tree when he acquired sudden profound insight into work that had been occupying him for years. This sudden grasp, 'Oh, I've got it!' so often happens when we are not trying particularly hard and frequently when we have stopped trying. Free play of the mind, the body, and the feelings—in other words, free play of our whole being, which can only take place when we are at leisure—is an essential and natural phase of every creative process. While growth of awareness, great insight, and creativity are not achieved through leisure alone, they are impossible without it."

So we can stop feeling that we are wasting time when we enjoy ourselves. But nevertheless, as we all know, that longing for feeling of restfulness does not inevitably follow spare time, a holiday weekend, or vacation. Sometimes we are left, if not guilty about taking time out to do nothing in particular except have fun, feeling so exhausted that we talk of taking another holiday to get over the holiday. More insight from Dr. Martin on this: "It isn't what you do with your leisure, but why or how you do it. Playing golf becomes a strain if you are as tensely competitive at the game as you are on the job. You're doing the right thing but not for the right reason. Many people approach their leisure compulsively, which is another source of trouble, 'I must learn to ski because all my friends do.' 'I must spend more time with my family because we should do things together.' 'I must take a cruise because I ought to travel more, there's so much of the world to see.' Who can enjoy leisure doing things that must be done? Relaxation is defeated unless you have a feeling of being free to do exactly what you want, read a book, play a game, work a crossword puzzle, refinish a chair, plant a vegetable garden." To develop this innate capacity for healthy leisure, Dr. Martin sets down some creative guidelines:

**Peace time for happy surprises.** Don't over-organize and fill up every spare second. Allow for things to happen spontaneously, on impulse. Very often the odd, unplanned moments—listening to music, reading poetry, looking at flowers, having an absorbing discussion with a friend—will bring you the most peaceful feelings.

Being relaxed is a receptive mental state, an opening up of the personality to outward and inward thoughts and ideas. Playing with and listening to children, particularly listening to the child in oneself, develops an appreciation for the beginning of things. Delight in solitude, doing things on your own, taking time to think things out, wondering, marveling, contemplating, and meditating. Having a greater respect for the immeasurable and intangible widens the consciousness.

In this way you have a sense of enrichment and greater awareness of the potential in life. Enjoy things here and now. So many of us live our leisure in the future, the theatre tickets for next month, the party two weeks ahead, the holiday next year. Roll back your way of approaching free time—return to childhood when you had no program and enjoyed things as they came, scoop up as much pleasure as possible from the immediate present—for a sense of perpetual exhilaration.

**Why not start today?** Don't put anything off by setting artificial conditions or limits. "When I've finished landscaping the garden, I'll start learning to play the piano." Or, "I'll get down to reading all the books I want to when the children don't need so much of my time." What is to prevent you starting now—and reveling in the sense of achievement? We've put together an issue with emphasis on ways to entertain, to decorate, to build, to garden, to cook for an easy life. Whatever your leisure lifestyle, whatever activities you prefer to follow in your spare time, we hope it will be an inspiration to relax and enjoy them all the more.
The new freedom in living

How many people who long to be back in touch with themselves try to do just that only to find nobody at home. No peaceful feelings, creativity, or contentment. For many the cure lies in learning to waste time, to relax at something completely irrelevant. On the next ten pages is a series of houses built to accommodate the simple rural pleasures and priorities of a life in fresh country air where milk comes straight from the dairy, and on bright, sunny days after a big snow fall, most local people go skiing or skating instead of to work. This snow life, long the preserve of people who could afford to live in another place in the winter, is now the playground of young architects and young families and single people who, by building only to suit basic priorities and by banding together to pay for them have managed to swing into a new year-round weekend life that's just the opposite of what they do during the week.
A living tower that really works

A house that doesn't mince its priorities.

This page: A living room that falls free through three levels of a seven-level house.

Far left: The foot bridge from the mountaintop parking area that puts you on the first level of a house that forty-six steps down reaches another snowy plateau commanding a view of Vermont's snow country. The priorities: the view; the sense of vertical interior space ("You know you're in the mountains," says the architect, Drexel Rohde, who, with his friends, helps to mark the spaces, left); easy maintenance; and colorful, durable furniture.

MARIE-SEMEL
Rooms that sleep, eat, entertain easily

The new freedom in living

The event in this house is not the house but the view," says architect Drexel Rohde. "It's a house that falls away from the entrance the way a trail does from the top of the chairlift—all downhill." The only thing traditional about this snow house are the materials—traditional Vermont pine siding indoors and out, with a metal roof like neighboring barns. From a parking area on the hilltop, most of the house is still out of sight. Walking to the edge of the hill, crossing a River Kwai foot bridge, one enters the top of a house that shimmies down the hillside in a welter of levels and glass and stairs. Next in importance after the view was how the place worked—to sleep and feed fourteen people on weekends where the upstairs maid is a very pretty ski bum. In decorating for so much activity, the most important ideas were durability, color, comfort. Drexel Rohde worked to combine visual drama, natural materials, low cost while still exploring fully the psychological effects of space. "The stair tower is the only enclosed space in the house—you go into it and come out again on another of the seven levels looking at another angle of the valley." The practical aspects of a brutal Vermont winter and the desire of the owners to have a house that was ready to go on a Friday night without a full-time caretaker simplified decisions.

A LIVING TOWER THAT WORKS:
One of the oldest ski resorts in the U.S. is California's Sugar Bowl. What looks like an Austrian village has no roads, a ban on cars, and a special appeal to children. Part of the Austrian feeling are snow graphics—the chevrons on the balcony doorway of the Thomas Witters' chalets, above, and all-over fantasy, the dancing goats painted for the Howard Hickingbotham's by Franz Vanderbroek, left. A snow picnic near Stratton Mountain, below, perfect for cross-country ski lunches for the Emo Henrichs and their friends. A station wagon meets them with rugs and a lunch.

Tips for winter weekends:
How to run a WEEKEND HOUSE without having it run you

Here are some of the tips we've come across in talking to people who had to make a science of the mechanics of weekend living in order, in turn, to make the most of its pleasures. A house planned with two entrances—one, a skis, boots, and parkas entry, in addition to a conventional front door, simplifies a lot of housekeeping. All outdoor clothing and gear stays in this mud room, even to be cleaned if it's where you put the washer-dryer. When the mud stays in the mud room, many ski-house owners find it's easier to run a vacuum cleaner over wall-to-wall carpeting than it is to wax and buff bare floors. Another thing to consider is maid service—however expensive. It can make all the difference, if you've had a long trip or are arriving with a houseful of guests, to have the linen changed, the bathrooms clean, and the floors vacuumed. Local real estate agents can usually arrange anything from routine clean-up to rug shampooing, stripping and waxing floors. It's also nice to have a full refrigerator when you arrive. Lots of people at Sugar Bowl call in their grocery lists to a supermarket close to the resort in order to have them delivered before they arrive. Almost every weekend hostess we know has a great big deep freeze. Couldn't live without it. One takes a day every month to cook and lay in casseroles. Another stocks hers with an assortment of game, steaks, interesting breads she buys in town and takes to the country. All the labor-saving appliances mean a lot more in the country where it's hard to get kitchen help—large refrigerators with icemakers, self-cleaning ovens, an indoor charcoal grill, or a gas barbecue, and above all a good big washer and dryer. The sleeping bag is a one-step solution to weekend linen-laundry. In one household we know, where guest rooms for children run short, the playroom becomes a big

Snow graphics, snow picnics
What begins for many people as a weekend snow house can quickly become the year-round base for a reverse commute to the city. The view of the Mad River Plateau from the mountaintop where the Harvey Sibleys chose to build a house of juts and angles was the first consideration as the house was designed. It works like a Cinerama movie theatre where they enjoy the show year round. What's covered with snow in winter makes good terrain in summer for dirt bikes and back-packing. The Mad River, slowed to freezing sluggishness in winter, bursts out into occasional white water in spring and summer for canoeing and kayaking. Harvey Sibley also finds snow country a good place to paint, and his studio triangles out from the body of the house. His wife has impromptu entertaining down to a system of big cooked-ahead casseroles served with salad and cheese. Designed by William Rienecke and David Sellars, the house is both pared down and geared up. Affording the luxury of living in a dramatic space, they created a living place where furnishings come second and the atmosphere is picnic, not dinner party.

The fun of living in a house that's pared down and geared up

The new freedom in living
dormitory of sleeping bags all in a row—cotton ones, so that the whole "bed" simply goes from time to time into the washing machine. One family—living in a rural area where they can't get help to come in during the week to change the beds—decided that sleeping bags on top of all the beds throughout the house were better than bed pads, sheets, and blankets.

**Tips for winter weekends:**

**Bad weather**

**GAMES, good weather**

**FUN**

What to do when the weather turns bad has always provoked lots of monopoly and gin rummy and crossword puzzles. Now even the perennial picture puzzle reissues itself in more tantalizing ways—enormous Abstract Expressionist and contemporary color field paintings reproduced for putting back together on a card table in front of a fire. Knowing that it's hard for some people to watch television or listen to music without doing something with their hands, one friend of ours keeps simple needlepoint kits on hand for days when everyone's trapped.

Cooking makes a wonderful bad day project, but for many guests it's always fun. Another girl we know bought a $20 electric ice-cream freezer with a see-through plastic top and enlists everyone's help in making up fruit ice creams according to what's in season at the time—strawberries, blackberries, peaches in summer—apples or oranges in the winter. What adds to the fun is going to the local berry patches or orchards that advertise, all you can pick for 75c. For many city guests on a country weekend, there's nothing more fun than local shopping. One friend we know is amazed at the number of guests who love to run errands with her on a Saturday afternoon when the last thing they'd want to do in town is go shopping. There's something about tiny shops, a farmer's market, local crafts that's relaxing. A local art show, a barn sale, a crafts fair offer an atmosphere as well as
A HOUSE THAT'S PARED 
DOWN AND GEARED UP
Rooms where 
everything 
has a place

In sharp contrast to the landscape, the angles and peaks of the Sibleys' house seem to serve the purpose of framing views, top left. In several instances, the windows offer see-through-and-out-the-other-side shots of the countryside. When you come in the house, however, everything's business, above left and left. A big boulder is sturdy flooring for ski boots and equipment. In a rack of "open storage," all these brightly colored ski shapes find their own precise place. A half-level up is a fully appointed kitchen, top right, seen through a cut-out in the stairwell. The bathroom, above, has a sunken tub with a large skylight above—it also has a sauna. One red wall is reflected in the mirror. Pucci towel looks like a graphic.

The new freedom in living
promises of a bargain, a new bit of local lore, a story to tell at city parties. This same friend makes a point of filling her guests with maps of the area, pamphlets on historic houses close by, books on pretty villages, bird sanctuaries, and nature preserves—any of which might make an afternoon's excursion. In the fall she fills the house with things from the surrounding woods and fields—dried dock, milkweed pods, blackberries, and Susan centers. And at the end of the weekend she sends her guests home with armfuls of leaves, roses, bittersweet, or forsythia.

For winter weekends:

**CHILDREN**

What to do with children over a weekend calls for as much ingenuity as it does to keep parents entertained. Why not set up certain chores they'd like picking radishes or berries for the table, filling a bird feeder. Or looking, on winter mornings after snow fall, for tracks in the snow or deer or a raccoon or even the neighborhood dog and cat. Especially appealing to teen-agers who aren't old enough to have a driver's license is the chance to run a snow tractor mower, snowblower, or machine vaguely like an automobile. After they have a license, it will be the handyman's job again.

For Friday nights:

**FOOD AND DRINK**

A more-than-makeshift dinner for Friday nights when most people get to the country long after dinnertime takes shape with a little imagination. First of all, try an hors d'oeuvre picnic to eat in the yard and bring a casserole that only has to be heated up when you arrive. Or Friday is the perfect time to serve pasta—the makings can be on the pantry shelf since weekend before. Add salad,
wine, fruit. The best drink they've found for those late Friday night dinners is vodka on the rocks with a piece of lemon and big wedge of cucumber used as a stirrer. Or, on very cold nights, Bourbon with a big clump of applemint. For lots of people, weekend breakfasts are the most appealing meal of the week. Try bagels and cream cheese and smoked salmon with grapes or pears. Often a meal like this will hold people until dinner with a mid-afternoon trip to the refrigerator for cheese, fruit, sliced meats. It also saves the hostess from a whole day in the kitchen.

Tips for winter weekends:

Cold weather picnics, snacks for GUESTS on the go

For weekends where people are very active, experienced hostesses keep high-energy foods on hand for snacks as well as regular meals. Nuts, dried fruits, squares of chocolate, wedges of cheese are easy to zip into a parka pocket, and are often the staples of a ski picnic that veteran skiers like to keep simple. One way to do it is to take a ruck-sack to the top of the lift in the morning, pick it up at noon, and ski down to where you want to eat—sitting on skis and parkas. Steak tartare—packed in individual plastic refrigerator containers—makes another high-energy snow picnic idea. A hot drink that's popular among skaters and skiers and easy to keep in a thermos is a steamy mixture of hot chocolate and coffee. Mrs. Erna Henrich, see page 89, always includes a hot soup in her ski lunches—one because it's warm, and two because any bouillon broth is very high in protein with raw eggs and cubes of ham beaten into it. Maybe the only nonpicnic lunch of the weekend is on Sunday—a soufflé or fondue and a salad give a gala finish before everyone starts for home. Perhaps tea with scones and local honey makes a half meal for those leaving at five or six. And then there's the ultimate hostess who sends her guests home with a picnic to eat in the car.
The pleasures of a traditional chalet

Roughly it is not the whole point of winter sports. Entertaining and wonderful parties in a traditional setting are as much a part of the fun as the outdoor life. Intent on having a traditional Swiss chalet be a place with wide margins for parties, Mrs. Ernest Kanstler asked architectural designer Valerian Rybar to do something warm, deluxe but alpine, with more than a bunk room for guests. The chalet, opposite page, top left, has its own bowling alley—a feature of many Swiss restaurants that want to offer a little more than fondue. Mrs. Kanstler's lunch or teatime buffet in the bowling alley, center, left, is a mixture of hot and cold sausages, crusty bread, mulled wine, and beer.
Art can affect your environment just as much as environment can affect your art.

I wanted a place outside the city where I could work. I looked until I found it—a small house with a big barn I can use as a studio, a pond, and light that changes radically with the seasons. I fix up places and keep moving, but this place has the feeling of home.” Ten years ago artist Kenneth Noland bought a Vermont farm where Robert Frost had lived and soon joined neighbors to fend off a highway that would have cut their valley in two. They won the fight, even got a historic site marker for the house. “I like to think we’ve preserved Frost’s house as much as we’ve changed it.” Mr. Noland remodeled the barn, above, cleared pastures, placed sculpture outdoors “to look at, not to show,” and made the farm very much his children’s and his own. Right: Kenneth Noland with James Wolfe, a bearded young sculptor who is his assistant. Left: A Noland sculpture. For right: “April’s Equal,” a wall-sized painting from his most recent show at New York’s Emmerich Gallery.
In mudtime, summertime, leaf-fall or snow-fall, the flowery greenhouse, added like a back porch on the driveway side of the 1860s farmhouse, makes a welcoming entry, above, for Mr. Noland's family and friends. His favorite time is winter evenings when the lighted greenhouse tints the snow and the room is fragrant with jasmine. Next to the greenhouse is a redwood lath house to filter summer sun for plants that like an airing but do not want to bake. The greenhouse was made of painted redwood by a local carpenter, stays at about 65°; in winter an electric heater helps. Hose and drain make watering easy, and plants are fed every ten days (with Rapid-Gro). When a water softener, containing salt, was added to the new plumbing system in the house, the greenhouse was bypassed as a precautionary measure. A ready supply of potting mix is kept stashed in big plastic trash containers under the benches. Most of the house plants thrive on a formula of 1 bushel each of loam, peat moss, and perlite; 4 ounces each of superphosphate and lime. "I like growing things," Mr. Noland says, "but credit for the flowers goes to Jim Wolfe who is here all the time." Outdoor gardening is kept simple—mostly open fields of wild flowers and meadow grasses. Not at all the orderly bands of color one might have expected of this painter.

KENNETH NOLAND:
"Every room has a view—into the greenhouse or out to sculpture, fields, and mountains"
LEFT: Noland's spare, serene dining room opens to the front porch and to the greenhouse back porch. Octagonal table set with pottery from Oaxaca and a centerpiece of apples and dry sedum blossoms is on other occasions a poker table, a gift from painter and neighbor Jules Olitski.

BELOW LEFT: The inviting kitchen has a view of the greenhouse and a topiary tree of rosemary at one end; art, at the other. Metal sculpture by Anthony Caro stands near the corner cupboard. Small sculpture by Michael Fried caps a utility closet; one by David Annesley stands on oak cabinet.

ABOVE: Towering sculpture by the late David Smith gleams on a rise overlooking pond and valley. "I like having it there."
The barn's original beams frame double windows looking toward sculpture by David Smith and, below left, by James Wolfe. The wing also has superb storage ideas. Rolls of canvas are pigeonholed in Sonotubes, heavy cardboard molds used for concrete pilings and structural columns. Stretched canvases glide between rough-sawn posts sheathed on the inner surfaces with strips of soft carpeting.

Windows of barn's north-south wing provide "a marvelous natural light" for painting, and for indoor plants. One of the bracing rods, added during the remodeling, holds hanging baskets; a plank set on wood blocks at windows' base supports other plants. The comb chair with a writing arm dates from Noland's Washington, D.C., years. Below the windows is a swimming pool heated for May to October use. Nearby is the outdoor platform and hoist needed for handling heavy metal sculpture. A welding room opens onto a parking area for cars and a yellow fork-lift truck.
KENNETH NOLAND:

"The country sharpens the eye—you get a fresh feeling about color and color combinations"

We play lots of games up here, listen to a lot of music."

In the living room, above, Mr. Noland surrounds himself with paintings, much as he surrounds the house with sculpture. Paintings by Clement Greenberg and Helen Frankenthaler flank a Noland canvas above the fireplace. The painting near a favorite big chair ("the owner has priority but anyone can sit in it") is by Mark Rothko. "This room has the closed-in feeling people liked when the hearth was the only source of heat," he says. Yet here, too, are views and improvements—oil furnace heat, new wiring, hi-fi cabinet, and, for the pine plank floor, a coat of Fabulon to make polishing unnecessary. Knowledgeable about building techniques and materials, the artist also likes to select furnishings, to poke around old shops, finding a clock here, a chair there, "seeing how and why people made things the way they did." His greatest pride is his barn. It was a shell with a partially dirt floor when he came. "We jacked it up, put in new pilings, poured concrete for a new foundation and floor. We gave it good batt insulation, new siding and roof. It's four times the size of the house, but it stays warmer and uses less oil. With an old house you can't remodel as thoroughly." His greatest pleasure is "the feeling of space and distance. Vermont sharpens the eye. In winter you have a whole range of whites, and blues that are cool and intense. In spring you have mud and earthy kinds of color and a lot of gray values. In summer you get a hazy milky light and atmospheric tints. In fall, the most intense colors of all. You see color differently here."
are, calcium, magnesium, sodium, potassium, carbonate, bicarbonate, sulphate, nitrate, fluoride. But there is a long list of sometimes including arsenic, lead, mercury, zinc, copper, and toxic substances. As the water seeps underground, it picks them up from rocks, coal fields, gypsum beds, limestone deposits, and other natural sources. Are these chemicals harmful? Well—

They can form a scale in boilers; iron stains dry, plumbing fixtures, and cooking utensils; manganese deposits on food during cooking produce unpleasant tastes; copper with a high concentration of magnesium has a laxative effect on people who are not used to it; continued consumption of lead has caused decalcification of bones; lead is particularly toxic to the brain; trace amounts of organic sulphur compounds produce bad odors. Still this nothing to get uptight about because many substances that are toxic in large amounts are positively beneficial in small amounts. So you can’t divide the foreign elements in water into the good guys and the bad guys. Fluoride is a good example. In people start early in life drinking water containing a moderate amount of fluoride, the danger of dental caries is reduced by almost 60 percent. But a higher concentration of fluoride causes mottled teeth.

Recent discoveries of mercury in water started a lot of argument. But mercury has been controversial for close to 2,000 years, fluctuating in medical esteem from on to valuable medicine to poison and back again. One reason we are more aware of mercury today is that recent refinements in analytical technology have made it possible to detect mercury in tiny amounts that would have gone undiscovered as recently as ten years ago. Scientists are also concerned because of the increasing amount of organic wastes in polluted streams and rivers that can combine with inorganic mercury—generally considered harmless—to form organic compounds that are extremely dangerous. But usually the concentration of mercury in water is very low.

According to a study by the U. S. Geological Survey, the chemical constituents in natural water—including the sparkling stuff that gushes from mountain springs—vary in amount from too much for one purpose to too little for another. "As a result," it concludes, "water generally has to be treated before it can be used."

Water treatment involves the removal of harmful or nuisance elements, and it also involves additives. The most familiar are chlorine and fluoride. Chlorine is added to kill bacteria. But if you get a strong smell of chlorine when you turn on the faucet, that is not because too much has been added. It is because the process didn’t go far enough. The most sophisticated treatment includes a final step called dechlorination that neutralizes the chlorine, by combining it with other substances, after its bacteria- killing job has been done. (Actually a chemical like chlorine usually exists in combination with other chemicals and it is the particular combination that determines the taste. In Philadelphia they found out that if you drink chlorinated water from a glass that has been washed with detergent but not rinsed, the traces of chlorine will combine with the traces of detergent to produce a taste you will not care for.)

Fluoride is added today to the water consumed by 56 percent of the population. Studies comparing the health of people who have lived all their lives in places where the water contains fluoride naturally with that of people living where it contains little or none have revealed that it is not only good for children’s teeth but also for older people’s bones.

One medical researcher has suggested three other substances that might be added to water to reduce the incidence of cardiovascular disease—copper, zinc, and vanadium. Another speculates on the benefits of adding very, very small amounts of selenium, molybdenum, or even arsenic. Water additives have also been mentioned as possible ways of tranquilizing consumers, improving virility, or controlling population growth. The last two would seem to call for His and Hers faucets.

(Continued on page 92)
We had a very nice house before, but it was rather conventional with four reception rooms," Mr. and Mrs. Anthony Jacobs explained. "We found we hardly ever used the drawing room, and we felt this wasn't the way we wanted to live." To resolve the situation, the Jacobses called in interior designer François Catroux to devise a floor plan that was utterly different for their new duplex. Tearing down interior walls, Mr. Catroux created a great open plan environment, all in cream and brown, bringing together many luxurious textures. It is built around a spectacular staircase with a silver cascade of steel cables and lights, opposite page, above and lower left. Tweed seating, below, around a lacquer table. Beyond greeneries painting by Morris Louis. Carpeted platform by windows, opposite page, lower right, works as seating, hides heating and air conditioning.
NEW FREEDOM IN DECORATING

Modern, but not in the sense of hard, cold surfaces, a soft, smooth, comfortable place to be.
We love modern art, but we had nowhere suitable for it in our last house,” Mr. and Mrs. Jacobs went on. “This was another reason why we want to go modern, but not in the sense of hard, cold surfaces. It had to be a livable, comfortable place to be.” They like collecting both paintings and sculpture. A Noguchi bronze is by the windows in the living room, opposite page; a Vasarely painting near the bookshelves. In the dining room, lower left, with an extendable chrome and travertine marble table designed by Mr. Artroux and Mies van der Rohe chairs, an abstract by Kenneth Noland is set against a brown wall, a stainless steel sculpture by Erich Hauser between the windows. For a sense of separation here, and in other parts of the big, open living space, false ceilings float above, with a light pyramid shape creating a tent-like effect.

The glass-balustraded stairway, above, leads to the master bed-bath-dressing room, one continuous environment in gray, silver, and mirror. Because the Jacobses appreciate every facet of modern technology, they asked their designer to build in every possible useful invention. From consoles on each side of their bed, above right, with a gray flannel recess, they can open blinds at all six floor-to-ceiling windows, which span the distance from bed to bath, lower right. It’s so different from what we had before that we disposed of everything and started all over again. Furniture had to be large scale, even the things, like vases,” the Jacobses declared. “It was a big gamble, but it works fantastically.”
Designers of contemporary furniture, floor coverings, wall coverings enjoy a kind of freedom the traditionalists did not, and may not have wanted. When Thomas Chippendale designed a chair, it stayed that way. He made no attempt to make it simpler, more comfortable, or less expensive. He had created a style, and he stuck to it. Modernists head in exactly the opposite direction. They believe in change, and this year their work is notable for the increased attractiveness of three qualities: softness, which means greater comfort; a flowing line, as opposed to the hard edge; and the use of natural materials—actually, or as inspiration. Here, from Italy, France, Scandinavia, and America are some very good examples of how change can spur creativity.

1. The color and pattern of rock maple butcher block reproduced in Formica. Handsome natural look for wall covering and countertop surfacing. Not for cutting or chopping, but an excellent surface (lacking a marble slab) for pastry making. Available through lumberyards and building contractors.


4. From Paris, four lamps, all the same, of Styrofoam, a quite inexpensive material turned into what looks like the buds of huge exotic flowers. Cluster them, use them singly. By Design M. At Bloomingdale's.

5. "Vivaldi," an armchair of canvas and natural leather that looks and feels as though it were made of a new and enduring kind of marshmallow. Because it is sizable, it moves about on casters as smoothly as a swan. From Copenhagen, where it was designed by Gerlov-Knudsen and Torben Lind for Mogens Kold. At Maurice Villency, New York.

Free of the restrictions of its old role of sleeping chamber, the emancipated bedroom, above, has become a room to live in, to have the things you like most around you—including, if it pleases you, trees standing in for curtains. Here, the furniture is simple, new, and refreshing. Of molded fiberglass, the bed base is a rubber-edged platform in two parts, which holds a queen-sized mattress. Each section has an extension attached to one corner like a wing.
There are night tables with built-in light domes. Two small platforms with indented tops work as a table or a bench. One moves on casters, the other does not.

The window wall is filled with shelves (plywood covered in laminated plastic) clamped to wires at intervals to accommodate the various sizes of books or treasures—in this case, shells and minerals. Room and furniture designed by Marc Held. Distributed in the United States by Paris Collections, the furniture is at Jomingdale’s. Hemp matting from Bamboo & Rattan Works; Decron and cotton no-iron sheets by Martex; quilts from America Hurrah; shells and minerals from the Collector’s Cabinet. Stereo turntable by Sanyo; mattress by Simmons; baskets from Bonniers and Terrestris. For shopping information, turn to page 125.
THE NEW LUXURY: SINK-IN SOFTNESS
Environments, once established, often remain static because of the sheer strain of moving furniture. But not in this room, left (one section) and below (another), where polyurethane units from a system called “Terrace Seating” can be put together in a dozen different ways. They are unbelievably light, luxuriously comfortable and lovely to touch. Dacron coverings have the tactile sensuousness of fur. Back, arm, and lounge units are all of different heights—the makings of infinite variety. Also part of the group is a white plastic covered cube in a height that works with any arrangement. Room designed by John Saladino; furniture system designed by Milo Baughman for Thayer Coggin. All of it at Bloomingdale’s. Bessarabian rug from The Pillowry. Opposite page 1. From Italy, the “Mizar” table of crystal and chrome-finished steel. Center cone can be inverted and sunk into the base to become a flower holder. Design by Superstudio for Cristal Art. 2 “Bambangolo,” a beautifully squashy version of the Victorian sofa called a tête-à-tête. The deep softness comes from Dacron polyurethane filling; the charm from a flowered cotton covering. 3 “Bambitone” and “Bamboletto,” a double and a single bed upholstered in natural linen, tufted and buttoned. Pillow headrests are attached to the headboard.
cushion the nape of the neck if you read in bed. 7 Chaise longue with the serene look of a crouching camel. Its "hump" lifts the knees to a position good for body and soul. Adjacent chair and ottoman also make a chaise, but more conventionally. Natural canvas coverings, polyurethane filling. 2, 3, and 7 are all by C & B Italia, all available soon at Atelier International, New York. 4 "Tizio," a white-lacquered aluminum lamp that operates like a crane. Designed by Richard Sapper for Artemide. At Bloomingdale's. 5 From Italy, ceramic tiles patterned in free-form "bull's-eyes." At Hastings Gallery of Tiles. 6 Lacquered wood chest with tubular steel pilasters—effective coupling of planes and curves. Designed by Mosca for Cinova. At Euster Associates, Bedford, N.Y. 8 "Fluffy Duffy," an aptly named sofa. Its comfort is euphoric; its covering is Pompeian Red suede. At Chase Furniture. 9 Low table, very much in the round. Four polished aluminum funnels support a slate top as black as India ink. By Spiros Zographos, at Zographos Designs. For shopping information, turn to page 125.
Steel and plastic kitchen, right, is a small miracle of efficiency and a fascinating example of the circle as a design element. Operated entirely by push buttons controlled from a revolving chair, the dishwasher ascends, the oven descends; food shelves come down, refrigerator comes up. Everything tucks neatly away. From Germany, by Gruco.

THE ZEST OF NEW DESIGN

SOFT EDGES AND FLOWING LINES

1. “Prism” and “Shadow,” 4-inch-square ceramic wall tiles by Mid-State Tile. 2. “Caribbean” brick-shaped ceramic wall tiles by American Olean. These come in eight luscious colors that would do credit to zinnias. Both sets available through architects and building contractors.


For shopping information, see page 125.
ith several acres of rugged, pine-woods and 600 feet of private shoreline, the owners told the architect, "We want a house with a curve in front overlooking the ocean, and up and down the beach, so we can see in more than one direction and let nature come indoors." The great sweep of windows in the living room, below, beautifully meets this request. A curve of steps leads up to the front entrance of the year-round main house, left, linked to the guest cottage by a redwood walkway at the end of the lawn, right. Both these and the beach cabanas are cedar-shingled "for continuity, for character, and because the gray driftwood look seems appropriate to the wild scale of the landscape and the beach."
NEW FREEDOM IN LIVING
A PLACE ON THE BEACH WHERE THREE GENERATIONS CAN ENJOY FAMILY LIFE TOGETHER

When you have two married sons and four grandchildren in the family, and a host of friends visiting from all over the world, a beach house alone is not enough. An independent guest cottage with its own kitchen, a children's dorm, space for the mother's help, can make summer much more pleasurable. In this instance, architects Robert Stern and John Hagmann designed an integrated complex of three buildings, left, winding down a 60 foot cliff to a beach cabana.
aid owners to architects: "Positively no air conditioning." To cope with this ruling, four tall shafts, or light monitors, see plan below, bring light and air into the center part of the house, circulate breezes, and make it a comfortable place to live even in the midst of summer. These shafts have sliding windows easily accessible from the flat roof deck over the living room. While there are no walls or doors defining rooms on the living level, a feeling of separate spaces is created through changing floor and ceiling heights. "Two people can be alone on a winter weekend, or forty people come for a party. In each case the scale suits the occasion," explains architect Robert Stern. The dining area, right, is down two steps from the sitting area, has "a wallpaper of pine trees." The table is butcher block and most of the chairs in the living room, above, are covered in vinyl, all for minimum upkeep. Walls and ceilings are surfaced with tongue-and-groove wainscot board, often seen in late 19th-century beach cottages, brilliantly revived in this modern context. At the back, the pool, opposite page, far right, has redwood decking all around. Outside, stairs climb from here to the upper deck off the master bedroom and study, opposite page, near left. "The owner wanted to be able to get to the phone quickly without walking through the house in a wet swimsuit."
Three generation beach house
DESIGNED TO CIRCULATE SUMMER BREEZES
Full of sunshine and light, the guest cottage, designed particularly for visiting children, has a big kitchen-living room, opposite page, two bedrooms, a children's dorm with four bunk beds and AstroTurf ("fun and relatively destruction proof") on the floor, plus two bathrooms. A wooden slatted awning, below, gives the house a big scale and shades the deck in the middle of the day. Inside, wicker furniture reflects both the architects' and owners' ideas about textures and colors in a beach house. "We didn't want to transport the city to the country," said architects Robert Stern and John Hagmann, who designed all the interiors as well. "The owners tried to keep everything wood, earthy, and natural on the outside. Inside, even the painted surfaces have a sand finish to give them a beach texture."
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QUICK IDEAS FOR WINTER WEEKENDS
TO PLAN AHEAD, COOK AHEAD, OR PUT TOGETHER IN QUICK TIME

The food that is good in winter—hearty casseroles, soups, and delicious desserts—is also the kind that can be prepared in advance, often frozen, and actually improves with a day or two of ripening in the refrigerator. This kind of food is especially good for weekend houses where advance preparation, freezing ahead, and quick-to-assemble foods can save many hours in the kitchen.

A heated anchovy sauce from the Italian Piedmont region, Bagna Cauda, makes a good warm winter dip for fresh raw vegetables. Emalie Chapman, famous for her winter picnics in San Francisco, makes it by warming a half cup each of butter and olive oil with 6 thinly sliced garlic cloves for 15 minutes in a chafing dish. Adds 2 2-ounce cans of anchovy fillets, chopped, 2 drops of Tabasco, and heats for 5 minutes more. Serve warm with any eat-with-the-fingers fresh vegetables such as radishes, zucchini, cherries, tomatoes, celery, fennel, or green onions. Will keep for days in the refrigerator.

A flat wicker hamper holds the picnic. Everything is visible in glass screw-topped jars, everything edible.

For a winter lunch, Mrs. Chapman makes spinach gnocchi—small ovals of chopped and squeezed spinach, ricotta, egg, and a little flour poached in simmering water and packed in a single layer in a baking dish, then gratinéed with Parmesan and Pecorino cheeses.

For an Italian winter dessert, she makes stuffed winter pears to be served hot or cold: Peel halfway and core 4 not too ripe winter pears. Combine a generous 1/2 cup brown sugar, 6 crumbled macaroons, 1 teaspoon grated orange zest, and moisten with a little orange juice. Spoon a portion of this mixture into each cavity, packing well. Arrange pears in a casserole and pour a little orange juice around them, and some honey over them. Grate 1 teaspoon lemon or orange zest over pears. Bake in a 350° oven for 50 minutes, basting often. Add orange juice as needed, and baste also with 1/2 cup white wine if desired.

Another good wintery dessert is Charles Masson's Bread and Butter Pudding: Toast about 5 slices of white bread lightly, then remove crusts and carefully split bread in half horizontally. Cut these very thin pieces in half. Mix together 3 1/2 cups milk, the seeds scraped from 1/2 vanilla bean or 1/2 teaspoon extract (or pudding could be flavored with rum, kirsch, or cognac), 5 egg yolks, 1/2 cup sugar, and salt to taste. Pour this into an oval baking dish about 12 inches long and 2 inches deep (or any suitably sized dish). Arrange the pieces of toast, toasted side up, close together in 1 layer on the custard mixture, and sprinkle with 1/2 cup raisins. Push the pieces down into the dish until they begin to absorb custard. Cut 1/2 pound butter into small pieces and put on top. Bake in a 350° oven until just set, but not too firm—it should be creamy. Serve warm with Crème Anglaise.

Continued on page 90
Birds Eye® Hawaiian Style Vegetables. Taste our carrots, green peppers, pineapple, onion, water chestnuts and a sweet and sour sauce your husband will love.

Close your eyes. Take a bite. And you’ll think you’re on an island in the middle of the Pacific Ocean. Birds Eye® International Vegetables also come in other styles. Parisian, Danish, Bavarian, Spanish, Mexican and Japanese.

We make it here but it tastes like there.
We would need the full context of the document to accurately represent the text as natural text. However, based on the visible sections and names, it appears to be a cookbook or recipe guide. The visible text includes recipes for crepes and timbale, as well as instructions for a dish called Bolliti Misti. There is also a section that seems to advertise a product called Slumber/Seat, which is described as a solution for where to sleep an extra guest. The ad features a chair that converts into a bed and mentions it being available at fine furniture and department stores. There is also a mention of a catalog offer for a free color catalog and the name of a nearest authorized Slumber/Seat dealer. The visible part of the document includes recipes for Timbale and Baked Cherry Tomatoes.
add more lemon and parsley if necessary.

**Chestnut Soufflé**

Candied chestnuts
Butter, sugar
2 tablespoons butter
2 tablespoons flour
1 cup hot milk
1 teaspoon vanilla
5 egg yolks, well beaten
7 egg whites

Put enough drained, candied chestnuts through a fine sieve to make 1 cup purée. Butter a 2-quart soufflé dish and then coat it with sugar. Preheat oven to 400°.

Melt butter in a heavy saucepan, add flour, and mix well. Add hot milk and cook until smooth and thick, stirring constantly. Add vanilla and chestnut purée. Cool slightly, then stir in egg yolks. Beat whites until they form stiff peaks.

Stir 1/4 of the whites into the chestnut mixture, then gently fold in the remaining whites. Pour the mixture into the prepared soufflé dish and bake for about 25-30 minutes. Serve with Whipped Cream Sauce. Serves 6.

**Whipped Cream Sauce**

Flavor whipped cream with coarsely chopped candied chestnuts and their syrup.

---

**Pepperpot Soup**

1 pound shin of beef, cubed
3/4 pound corned beef or salt pork, cubed
8 cups beef stock
1 pound kale or collard greens, chopped
1 pound spinach, chopped
1 large onion, chopped
1 clove garlic, chopped
4 scallions, both white and green parts, chopped
3/4 teaspoon thyme
1 fresh hot pepper, seeded and chopped
1 pound potatoes, peeled and sliced (see note)
Salt, freshly ground pepper

Flavor whipped cream with 1/2 teaspoon vanilla

Serves 6.

NOTE: In Jamaica, 1/4 pound each of yams (the island type, not to be confused with the Louisiana yam or sweet potato) and coco, one of the taro group of root vegetables, would be used in place of potatoes.

**Carrot Dumplings**

1/2 cup all-purpose flour
1/2 teaspoon salt
1 teaspoon baking powder
3 tablespoons unsalted butter, chilled
1/2 cup finely grated carrots

Sift the flour, salt, and baking powder into a bowl. Rub in the butter with the fingertips until mixture is crumbly. Add the carrots and just enough cold water to make a fairly stiff dough. Turn out onto a floured board and knead lightly. Form into 12 small balls. Drop into the soup and simmer for 15 minutes.

---

**PICNIC IN THE SNOW ON STRATTON MOUNTAIN**

**CRUDITÉS**

* **ONION MAYONNAISE**
* HOT TOMATOED BOCILLON WITH EGG DROPS, CROUTONS
* POACHED CHICKEN WITH CURRIED SAUCE
* **HOMEMADE PÂTÉ**
* FRESHLY BAKED FRENCH BREAD
* CHEESES, FRUIT
* HOMEMADE COOKIES
* WINE: ICED HENKELL TROCKEN
  
  **(AN EXTRA DRY CHAMPAGNE)**

Mrs. Emo Henrich, whose picnic in the snow appears on page 43, prepares the crudités and puts in ice water to crisp a day in advance. Poach the chicken and clarify the stock for the soup a day in advance. The pâté may be prepared 2 days in advance. Prepare the soup just before putting in thermos.

**Onion Mayonnaise**

Puree 1 medium onion with a little water in blender, then mix with 1 cup homemade mayonnaise until smooth. Flavor with a dash of cognac.

**Homemade Pâté**

1/2 pound whole chicken livers
3/4 cup Madeira
Thin slices of bacon or pork fat
1 onion, chopped
Butter
1/2 pound each ground pork, veal, and chicken livers
1/2 pound ground pork fat
2 eggs, beaten
Salt, freshly ground pepper
Thyme, allspice
1 bay leaf

Put chicken livers in 1/2 cup Madeira to marinate. Line bottom and sides of a 6-8-cup terrine with slices of bacon or pork fat.

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WINTER WEEKENDS

COOK BOOK

Sauté onion in a little butter until soft and golden. Mix ground pork, veal, chicken livers, and pork fat, then eggs and remaining Madeira. Season to taste with salt, pepper, and pinches of thyme and allspice. Beat vigorously with onion.

Drain chicken livers and reserve marinade. Arrange layers of ground meat mixture and chicken livers. Cover with bacon or pork fat, put bay leaf on top, and finally pour the reserved Madeira over the pâté.

Cover terrine and set it in a larger pan. Pour in hot water up to the ⅔ level of the terrine. Bake in a 400° oven about 1½ hours, until the pâté shrinks slightly from the sides of terrine and juices are clear.

QUICK IDEAS continued from page 84

Kenneth Noland believes in serving a hearty breakfast late on Sunday mornings in winter. He likes topping his homemade buttermilk biscuits with creamed chopped beef and sliding a fried egg on top for "really hearty-type people." This is served with plenty of freshly squeezed orange juice.

For skiers, Mrs. Harvey Sibley likes to serve a filling breakfast, perhaps Eggs Lorraine, cooked and served in the same dish. Top a slice of French bread with a slice each of ham and Swiss cheese, then break a raw egg on top and bake in a 400° oven for 5 minutes. Top with a dab of sour cream.

Kidney Stew

is a favorite winter Sunday breakfast at the Clark Cliffords'. They serve it with fruit, cornbread, scrambled eggs, bacon, and coffee. Mrs. Clifford, who has recently written Marny Clifford's Washington Cookbook written by E. P. Dutton, makes the stew herself and freezes it in advance. To make the stew, put 8 veal kidneys in a heavy saucepan with water to cover, a peeled and quartered onion, and 4 stalks of celery, cut up. Bring to a boil and simmer until kidneys are tender. Take kidneys from pan and remove cartilage: cut into ½-inch cubes and reserve. Strain stock, return to saucepan, and boil until reduced to 2 cups. Keep warm. Melt 4 tablespoons butter in a small skillet. Remove from heat and stir in 4 tablespoons flour. Heat stock, then gradually stir butter paste into stock. Stir until thickened and smooth. Add kidneys and ½ cup sherry. Season to taste with salt and pepper. Serves 8.

A quick, warming pick-up after a winter sortie is hot honey lemonade suggests Hazel Bertio in Cooking with Honey (Crown): 2 tablespoons honey and 2 tablespoons lemon juice are mixed with a cup of water (spring preferably) and heated until boiling.

And for an old-fashioned winter soup Eleanor Lowenstein, who runs the Corner Book Shop in Manhattan and who has published a Bibliography of American Cookery Books, 1742-1960, picks this Chestnut Soup from Miss Leslie's New Cookery Book, originally published in 1857 by T. B. Peterson. "Make, in the best manner, a soup of the lean of fresh beef, mutton, or venison (seasoned with cayenne and a little salt), allowing rather less than a quart of water to each pound of meat, skimming and boiling it well, till the meat is all in rags and drops from the bone. Strain it, and put it into a clean pot. Have ready a quart or more of large chestnuts, boiled and peeled. If roasted, they will be still better. Put the chestnuts into the soup, with some small bits of fresh butter rolled in flour. Boil the soup ten minutes longer, before it goes to table."
Behind the scenes: three great appliances that help put the super in our super kitchen on pages 56 to 61.

The Waterfine Automatic Water Refiner, left, gives you the purest water possible anywhere in your house. It filters dirt, softens hard water, removes rust and iron, odor- and taste...

using elements. Handsome lock, in any of six House & Garden Colors, can be placed where you will, has colored lights that signal exact state of water, alert you to needed adjustments. By Water Refining. Gas hot-water heater, above, does away with the pilot light, uses a full "ring of fire" instead that keeps flame uniform, protects it from drafts. In 30-, 40-, or 50-gallon sizes. Apollo 200" by Rheem. Gas inverter, right, has a 2-speed turner, foot pedal door opener, dual action grate, and convenient, easily slipped out ash receiver. It measures 18-by-36-by-

4 inches deep. By Calcinator.
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WATER continued from page 67

Whether water is altered by subtraction or addition, today's goal is not pure water in the chemical sense nor pristine water in the natural sense, but water of the highest man-made "quality." For the quality of our water affects almost every part of our lives.

To begin with the most mundane: We need quality water for the care of our possessions—to assure them esthetic as well as hygienic cleanliness plus long life. For washing dishes, quality means soft water, the hotter the better. Hard water often leaves chemical deposits on the machinery of dishwashers, which considerably shortens their lives. Hard water is also responsible for the visible spots that show up on glasses, china, and silver—usually they are deposits of chemicals left after drops of water have evaporated and they make good breeding places for bacteria. Hot water is the key to thorough sanitizing—most restaurant dishwashers are designed for a final rinse of 180°F. Water that hot flowing from your kitchen faucet might be rather a problem, but some makes of dishwashers have built-in heaters that boost the water temperature higher than you would be likely to want for anything else.

The U. S. Department of Agriculture once made a series of dishwashing experiments in which the variables—degree of water hardness, temperature, and amount of detergent—were combined in several different ways. Soft water proved definitely more efficient than the hard, and when soft water was tested at five different temperatures, the dishes got cleaner as the heat went up. But when only the concentration of the detergent was varied, it turned out that doubling the amount did almost nothing to improve results (going to show that if a little is good, a lot is not necessarily better).

The same kind of water—soft and hot—is what's needed for washing clothes. Most commercial launderers, who should be experts in the matter, have their own water softeners and heat the water to 160°-180°F. For white clothes, 110°-120°F. for colored. But they admit that pampering the colors means the clothes don't get quite as clean.

You can't talk about water for washing these days without getting into the detergent-versus-soap controversy. Dr. Mary E. Purchase, associate professor at the New York State College of Human Ecology at Cornell says most nonphosphate detergents now on the market contain sodium carbonate (washing soda), which in hard water poses problems similar to those caused by soap: Dirt removed from one spot is likely to settle on another, especially on synthetic fibers like polyester and nylon, and when the fabric is dried it is stiff and harsh. But you won't have these problems with soft or softened water, she says.

A spokesman for the Maytag Company, which makes both dishwashers and clothes washers, states flatly that dishwashers will not give satisfactory results with soap. (He reminds us that although dishwashers were on the market before World War I, they were never really accepted until synthetic detergents were developed for them after World War II.) But he sees no reason why clothes washers in use today cannot work with natural soap "provided both the hot and cold water supplies are truly soft and that means less than 3 grains hardness." In many communities with softening plants, however, he claims the water comes out of the tap at from 5 to 8 grains hardness, too hard for soap unless it is further softened by home equipment.

How clean do clothes really need to be? Dr. Theodore F. Wetzler, Jr., assistant professor of microbiology at Colorado State University, gives some of the answers. Sterility, or total absence of microbes, is seldom mandatory even in hospitals, he says, although for such things as bed linens, table linens, towels, and diapers it is still a desirable goal. But hygienic cleanliness, he claims, differs only slightly from simple visual cleanliness—"we expect microscopic as well as other soil to be removed." In commercial laundering it usually is, according to research at Colorado State, but home laundering often leaves something to be desired. Most bacteria cannot thrive on damp, clean linens, Dr. Wetzler explains, but to certain species, insoluble soap residues on home laundered clothes offer "superb nutrition."

Testimony to the merits of soft water for bathing and shampooing is the centuries-old practice of collecting rain water. (Today it may not be so soft in localities where it picks up foreign elements from polluted air.) Dr. Jay G. Barnett, a dermatologist with the Orenstein Medical Group in New York City, points out that with hard water it is much harder to rinse soap completely from the skin. That slick, smooth, clean feeling rapidly changes to stickiness because of precipitated soap curds. And hard water soap curds can entrap and hold live bacteria on the skin just as they do on dishes and fabrics.

In hair care, water quality is very important, says Dr. Barnett. With soft water, hair washed with soap is cleaner, more manageable, softer, more lustrous and better looking than hair washed with detergent. But with hard water it's just the opposite—soap curds are as bad for hair as for anything else. Experienced hairdressers and hard water also creates problems with permanent wave solutions and hair coloring—makes curls look less natural and colors uneven or off key.

Water quality is even a factor in simple hygiene. Dr. William E. Homan, senior physician at White Plains, N.Y., Pediatric Center, who claims that most hand-washing is a farce ("I have often been able to culture more disease germs from a child's hands immediately after washing than before"), says that washing rids the hands of germs more by removing them than by killing them. "Thus the type of water used is significant. Soft water is far more detergent than hard, and therefore more efficient in ridding the hands of oils, dirt, dead cells, and germs."

Keeping clean is not the only reason for bathing. Hot baths increase the metabolic rate, have a definite sedative effect, diminish pain caused by disorders of the joints. Exercising under water strengthens the muscles. And splashing around in water is just plain fun. Dr. Anna Kara, assistant professor of physical medicine at Cornell Medical College, corroborates the theory that swimming is the best of all exercises. "Perhaps the reason so many people enjoy it," she adds, "is because it permits us to defy, to a certain extent, the law of gravity. Swimming is the nearest thing to flying in air, and you can do it without any machines."

HOUSE & GARDEN
cases, things that might have been done to the water supply had not been. But today we ask for—and can get—a good deal more from drinking water than safety from communicable and virus diseases. Researchers are constantly looking for ways in which water can make healthy people healthier.

Theoretically, water is a nutrient. Although it has neither calories nor vitamins, it contains trace elements essential to life. But the amounts are microscopic compared to those in food. Dr. Henry A. Schroeder, professor emeritus of physiology at Dartmouth Medical School, says water contributes only .5 to 6.5 percent of the trace elements found in food, and except in extreme cases will not make up the difference between deficiency and adequacy. Fluoride is the big exception. Zinc, according to one authority, may be another.

So why should we drink water? To replenish what the body loses. When you add up the average daily water loss in urine, perspiration, expired air, and "insensible" perspiration from your skin, then subtract the average daily input in the way of beverages and food (bread is 33 percent water; lean steak is 70 percent water; if you are left with a deficit of about a quart. That is what you need to drink, straight, to even the tally. A few extra glasses won't hurt, especially in the case of prolonged perspiration from exercise or tropical temperatures.

At such times, if you suddenly feel you are about to fall flat on your face, a glass of water will prove a quicker picker-upper than a shot of Brandy. That faint feeling is the body's way of making you restore the water balance. (It also indicates loss of salt, which likewise needs to be replenished.)

Physicians also advise that you take aspirin or any other tablet or capsule with a full glass of water—not merely enough to get the pill down. This may help to make the medicine work faster (since the water facilitates its getting into the blood stream) and also helps to avoid the stomach irritation so many medicines are guilty of.

There is lots of argument among medical researchers over the role that water quality plays in protection against non-communicable diseases like heart disease. Several studies in the U.S. and other countries have turned up statistical evidence that fewer people die from heart disease in hard water areas. One scientist actively involved in the subject—Dr. Terence W. Anderson, associate professor of epidemiology and biometrics at the University of Toronto—says, "I am 90 percent sure that there is a cause-and-effect relationship between water composition and heart disease, but I have to admit that I am not absolutely certain. And at this time I really have no idea whether it is hardness that is important, or whether it is something else in the water that happens to run parallel to hardness."

His account of the search for "factor X" reads like a whodunit. "Assuming that 'x' really exists, it follows that it is either a harmful element present in naturally soft water, or a beneficial element present in naturally hard water. If the former, then it must be a trace element, since naturally soft water almost always has a very low mineral content. If the latter, calcium and magnesium would appear to be the most obvious candidates since they are, after all, the two elements mainly responsible for the hardness of water. However, our food contains relatively large quantities of calcium. . . . Another possible explanation of the difficulty we are having in pinpointing 'x' is that the effect of water composition may be indirect rather than direct. Our factor 'x' could be either hindering or facilitating the absorption of something in our diet or it could be influencing the bacterial composition of our large bowel."

Dr. Henry Schroeder, who first drew attention to the correlation between water hardness and heart disease, recently came up with the theory that "factor X" is calcium, which naturally soft water, he says, picks up as it travels through the pipes, not only galvanized iron pipes, but copper pipes and plastic pipes. "It is clear that calcium is a factor in human high blood pressure," he reasons, "and about half the people who suffer heart attacks have high blood pressure." The chemical experts of the American Water Works Association take issue with Dr. Schroeder's hypothesis, but if you suspect you have corrosive water, you wouldn't hurt to heed his advice: Before you draw water for your morning coffee, let the water run to flash out what has been standing in the pipes overnight. And since hot water is more corrosive than cold, try not Continued on the next page
WATER continued from the preceding page

to use water from the hot faucet for preparing food or beverages.

If you are hooked in to a community water system, your first move toward getting better water is to find out how up-to-date the present treatment process is. The American Water Works Association has a questionnaire it has been sending around to the nation's water utilities. By writing to the A.W.W.A. (2 Park Avenue, New York, N.Y., 10016), you can get a copy and it will give you a good yardstick.

If your community system is municipally owned—and 90 percent of them are—your next move is political action. Candidates for office, especially mayors, often pledge themselves to keeping down the water rate, glossing over the fact that this would rule out any improvement. Even when the rate is raised, the added revenues, like sales taxes, often go into the general treasury, not for upgrading the water system.

Politics may also be a stumbling block in another way. The smaller a system is, the less likely it is to produce high quality water. Of the 30,000 water utilities in the country, 25,000 serve less than 5,000 customers each (some as few as ten), and many have only three, two, or even one-half an employee. Obviously a tiny company cannot afford top-flight engineers, trained virologists, and computer systems required to take advantage of modern water technology. One solution is for several small communities to pool their resources in a regional system, which can be more efficient and in the end less costly. But it is not always easy to persuade small-community officials to give up their autonomy.

If you draw water from your own spring or well, the first step—and the third, fourth, fifth, and sixth—is to have it tested by your local or state health authorities or a commercial laboratory. Never take for granted the safety of a spring or well, no matter how clear and sparkling the water may look. In most places, having water tested is a simple, inexpensive matter—the local drugstore often serves as a collection center. And the tests should be repeated annually. Who knows when a witch will decide to move in?

If analysis shows that your water does not meet U.S.P.H.S. Drinking Water Standards, the health authorities or your U. S. Department of Agriculture county agent will tell you what should be done to make it safe.

If your water measures up to safety standards but contains the calcium and magnesium of hardness or significant amounts of other minerals, the next step is to consult a dealer in water conditioning. He will tell you how much can be expected of a home water softener and what can be added for specific purposes. As a rule, a standard model, costing from $200 to $500 depending on the degree of automation, will filter out sediment, reduce hardness to less than 1 grain, remove metallic ions such as copper and lead, which sometimes come from piping, and most radioactive materials. If you have a very bad sulphur problem, there is a special unit that can take care of that along with an exceptionally high iron content (one so bad that it stains things brown). Another special unit—a purifier that works by reverse osmosis—can make good water out of brackish water. Usually a water softener is hooked up to treat all the water in the house except what is used for the garden hose—some of the minerals a softener removes are great for plants.

You can also treat some of your water as or after it comes out of the tap. One device, costing about $25, is designed to be hooked up to the tap and contains an activated charcoal filter that is said to remove the taste, odor, and discoloration of chlorine, sulphur, rust, scale, metallics, and algae. It stands guard over any one faucet, of course, and cannot be used for hot water. Another device, essentially a plug-in electric distiller, gives you literally pure water, up to 8 gallons a day. You pour your tap water into it, then it works automatically. The 8-gallon model costs $160 and a portable 2-gallon model about half that.

As a last resort, you can switch to bottled water. Which is what thousands of U. S. families have been doing lately, to judge from the surge in bottled water sales. Do bottles assure you of high quality water? Not necessarily. There is no federal control of bottled water although some states have regulations of their own. Recent revelations that some brands of bottled water start with ordinary tap water
have been greeted as scandalous, but that practice is not as fraudulent as it may sound as long as the products are not labeled "spring water." Different brands of water vary considerably in taste, ranging anywhere from the blandness of distilled water to the opaqueness of mineral laden spring water. Try them. You may or may not like them—or be happy to pay the price.

One whole school of water technologists today is dedicated to what they call "new" water, which may become necessary to re-congregate in metropolitan areas, as she floated down the Nile. But as more and more of us tend to congregate in metropolitan areas, it may become necessary to recycle water on a shorter term basis. Technologically, this is no problem. It has even been demonstrated that complete recycling of water at home is feasible, though not yet economical. Currently the General Dynamics Corporation is conducting, under the sponsorship of the U.S. Environmental Protection Agency, a partial recycling program in eight households. Only nonsewage waste is being reused and its uses are limited to toilet flushing and lawn irrigation. This domestic variation of the "dual" system advocated by many water experts is based on the sensible premise that you don't really need drinkable water for scrubbing the kitchen floor.

Water treatment, of course, is not a substitute for sewage treatment or any other method of preventing the pollution of lakes and rivers—the two should go hand in hand. Water treatment can give you water that will work for you, build you up, protect you from illness, improve your looks. As one scientist told a water quality symposium, "Water is a sporty, joyous source of things and it should be used in this way." Man can make it beautiful in spite of the witch.

HAPPY HOUSEKEEPER continued from page 23

Our Ping-Pong table is used for almost everything but Ping-Pong because it makes such a wonderful worktable. I use it regularly for folding the laundry and wrapping packages, and, of course, it's a busy place at Christmastime when we wrap all the presents and address cards. I keep my sewing machine in a nearby cupboard and set it up on one end of the table so I'll have plenty of room for my sewing basket and scissors and all the other things I use. Naturally the big flat table is perfect for cutting out patterns. Tom uses the table when he's paying the monthly bills, and the children use it for all their projects—painting and drawing, model making, game playing. To protect the family vision, we've had an overhead fluorescent light installed. The table may take up most of the room, but we think it's certainly worth it.

I found a handy gadget to keep fat from splattering out of a pan. Called a Splatter Screen, it's a round aluminum frame holding fine meshed aluminum screening. It lets the steam escape so sauteed foods stay crisp. You can add water or oil while you're cooking (pour it right through the screen), and you can watch the food as it cooks. The Splatter Screen becomes an efficient strainer when you want to pour off fat or cooking liquids. And if it is put over boiling water, it turns into a steamer—great for reheating vegetables or melting butter without burning it. Ronco's Splatter Screen, a cinch to clean, is about the size of an average skillet. I got mine at our hardware store.

Margaret was found in a back lane of Calcutta, lying in her doorway, unconscious from hunger. Inside, her mother had just died in childbirth. You can see from the expression on Margaret's face that she doesn't understand why her mother can't get up, or why her father doesn't come home, or why the dull throb in her stomach won't go away.

What you can't see is that Margaret is dying of malnutrition. She has periods of fainting, her eyes are strangely glazed. Next will come a bloated stomach, falling hair, parched skin. And finally, death from malnutrition, a killer that claims 10,000 lives every day.

Meanwhile, in America we eat 4.66 pounds of food a day per person, then throw away enough to feed a family of six in India.

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HOUSE & GARD
BLOCK-ON-BLOCK
Butcher block comes out of the kitchen in a circular table 30" dining height. 2" thick top of laminated maple hardwoods, base of laminated oak. 30" dia. is $100.90; 36" dia. $115.90; 42" dia. $145.90; 48" dia. $178; 54" dia. $277.70. Exp. coll. Catalogue 50c in coin. The Butcher Block People, Dept. HG1, 1500 So. Clinton, Chicago, IL 60616.

ABALONE AND STERLING
Abalone shell and sterling silver, a terrific combination, make sensational gifts. Bangle is ¾" wide, a delight to add to a collection, $4.75. Butterfly pin is 1¼" long, $3.50. Fish is a bottle opener, 7½" h., $12.95. Add 25c post. each. Free catalogue. Desert House, HG45, 4156 E. Grant Rd., Tucson, AZ 85712.

COLLECTOR'S PIECE
Decorative display for a favorite figure or special books is a captain's shelf. Original found on the Pegan, 18th century clipper ship. Railings hold logs firmly in rolling seas. Antique or provincial finish pine. 7" d. by 7½" h. by 20" l., $12.95; 28" l., $17.50; 36" l., $19.75. Ppd. Add 50c w. of Miss. YIELD House, G13, North Conway, NH 03860.

PRETTY PROTECTORS
Perfect way to protect table tops is with brocade tapestry lined with foam velvet. Protectors are made for personal letters, books, camera, briefcases, records, etc. Classic border, handsome black printing, 1¼" x 4" lines. 97 letters and spaces per line. N4010 250 Gold Foil Labels $1.99

STYLE HAIR IN MINUTES!
Electric Curler holds tremendous hours under the dryer. In minutes, you can have hairstyles that softly curl, swing straight...do whatever you choose. Controlled heat is safe for any texture hair...even bleached.

DON'T RISK INFECTION!
Get Rid of Bed Slats Post cause bed springs to sag or collapse! Fell-lined Shur-Loks support up to 3½ lb. Hock over side rails — eliminate slats completely. For coil or box springs. Heavy gauge steel, mahogany finish. Order H5082 for wood rails, H5083 for metal rails. Set of 6 Shur-Lok Supports $3.98

REST AS YOU PEDAL INCHES AWAY!
Pedal a few minutes each day to firm up your hips and thighs muscles...bunny too! Go no further than your favorite chair! Adjustable pedal regulator lets you choose from easy to more energetic pedaling. 11" H, made of tubular steel. F1108 Pedal Exerciser $6.98

Giant Photo $3.98

Any Two . . . $7.25

Any Three . . . $9.95

Clip Nose & Ear Hair Safely!
Good grooming demands that unsightly hair be removed — and now you can clip it safely! Why risk infection by plucking, or nicking with scissors? Tiny rotary shear is safe, gentle, effective. Chrome-plated surgical steel, snags nylons. 54 ft. cord. Tough white plastic. N894 Electric Callus Eraser $3.98

Don't Risk Infection!
Get Rid of Bed Slats

Adjustable Hi-Lo Table

An intriguing addition to your home! The height can vary anywhere from 18" to 30", making it a Coffee Table, Dining Table or Game Table. Top is 40" in diameter. Finish: Base, Chestnut or Pecan. Top is simulated Leather Formica. Price! $149.95 Shipping Charges collect. No C.O.D. Send 25c for catalogue

Bryan Robeson
Dept. HG-37 Box 357 Hickory, N.C. 28601
COLOR TELEPHONES

BAREFOOT BEAUTY. Glide thru happy days wearing our new see-thru sandals. Terrific with slacks, palazzo pants, the new long skirts for at home wear. Nylon mesh tops the sandals in SILVER or GOLD with a 2" high heel, leather soles. Sizes 5 thru 10. $4.95 pair, postpaid. 1916

ELIZABETH McCaffrey
Dept. HG-1
Northport, New York 11768

THE DIAMOND OF YOUR DREAMS
at a price he can afford

Buy Diamond Jewelry direct from one of America’s well known diamond cutters. Pay only actual market price. We refund all monies unless your own appraisal shows value 1/4 to 1/2 higher.

Over 5,000 styles $100 to $100,000

SEND FOR FREE CATALOG
Heraldica Imports,
P.O. Box 292, Dept. HG1, Bakersfield, Calif. 93307

FROM FACTORY TO YOU—
EARLY AMERICAN KITCHEN CHAIR!

Native Hardwood

Height 35" Weight 10 lbs.

As versatile as attractive! Shown with colonial hand-woven cane...add $1 to prices below for hand-woven fiber rush seat.

$25c for Catalogue

Unfinished $6.95 Sanded Wood finish $9.95 Walnut, Maple, In Colors $10.95 Black, Green, Red, White

Send $2 to factory for illustrated catalog.

SHIPPING AROUND

BABY SITTER’S BIBLE

Memorandum board 12" by 12" clear plastic, comes with own grease pencil. Space for phone numbers for doctor, police and fire emergencies. Top space for number where parents can be reached. Room for incoming messages. Order #842, $10 plus $1.30 post. Free 1973 catalogue. Kentrock Collection, Dept. 00271, Box 34257, Dallas, Texas 75234.

TWISTY KEY RING

Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. Has no links to loosen, no chain to break. Its intriguing twist-lock opens easily, but stays closed otherwise to resist in pocket or handbag. $1.29 plus 15c post. Anthony Enterprises, HG1, 585 market St., San Francisco, CA 94105.

WINTER STROLLER

Young sandal, "Debra," with comfortable 1/4" wedge heel, zigzag rubber sole. For widths AAAA-EE, 1/2 to 12. Grain calf with smooth trim. Beige with other, bone with malt; navy with light blue; white, black, 2 1/2-10, $22.95, 1/2-12, $23.95. Add $1 post, 25c each addl pair. Free catalogue. Solby Bayes, HG1, 45 Winter St., Boston, MA 02108.

BIRDS IN STITCHES

Embroider a colorful bird picture. Autumn leaves, red berries, red-breasted birds, with white, gray, black on beige linen. 94" by 11 1/2". Stranded cotton yarn, instructions, mounting board included. #2510. $14.75 plus $1 post. Send $2 for 73 color catalogue, refundable with $25 order. Skon, GEl, 55 Lambert Lane, New Rochelle, NY 10804.

LUIGI ELEGANCE

You don't often come across a pair of lamps such as these lovely crystaliers. All prisms, bases are hand cut, and what a lovely light they cast on all surroundings. Spring brings a spate of weddings—remember? For present-giving, the pair $29.95 exp. chgs. coll. 161/2" h., 9" dia. Luigi Crystal, HG1, 7332 Frankford Ave., Philadelphia, PA 19136.
Can your child read these words?

napkin  fuzzy  misty  chicken  puch  velvet  camel  liquid  whisper  zigzag

Your child will learn to read these and more than 300 other words after working with the very first record of The Sound Way to Easy Reading.

Try out this Phonics Course FREE FOR TWO WEEKS with your child in your own home—without risking a penny. Mail the coupon below.

If your child is a poor reader, if he has not been able to keep up with his class in school, here is a way that you can help him. Many parents have seen their poor readers gain up to a full year's grade in reading skill in just six weeks with The Sound Way to Easy Reading.

As soon as your child starts playing the records and using the charts of The Sound Way to Easy Reading you will know why it works so well. It takes the mystery out of learning to read because it teaches your child by the phonics method (the method by which most parents learned to read years ago).

Teaches with records

With this course your child discovers that letters have sounds. When he hears a sound he begins to associate a letter with the sound. By the time he completes the first record (about two weeks for the average child) he can read 300 words. After finishing all four records he has been taught 123 basic phonics sounds.

Once he knows these sounds he can drill him in the blends. By the time he completes the second record he has read over 300 other words.

HELP YOUR CHILD NOW

So don't wait for your poor reader to reach high school before coming to his aid. By starting your child on The Sound Way to Easy Reading now, you can change his entire attitude toward school—turn his sense of failure into the joy of success. Try it free for two weeks. You send no money—just mail coupon.

USED BY 150,000 PARENTS

who send many letters like these:

Better marks—"At the end of his first semester in fourth grade, Gerald's A+ average was a 12 minus. After working 6 weeks with the records his latest mark was C+.

Mrs. W., Upper Saddle River, N. J.

Four sons—"In twelve weeks, two of our boys brought up their reading grades from D to B. And our other two came up from D to C. I'll never get more for my money than I already have with your course.

Mr. John Gehrke, Jr., Cressville, Wis.

IN 20,000 SCHOOLS

Teachers are highly enthusiastic

Recommended to parents—"We are using your course for remedial work in reading and phonics instruction. The children have been greatly helped.

Mrs. E. Piazza, Principal, Augusta, Ga.

A pleasure to hear my class read—"I am just delighted. In the last twelve weeks 22 of my 29 fourth grade pupils brought up their scores in silent reading. Their oral reading is so improved it is a pleasure to hear them now.

Mary L. Henderson, Crowley, La.

FREE TRIAL Send No Money!

"I'm so delighted. In the last twelve weeks 22 of my 29 fourth grade pupils brought up their scores in silent reading. Their oral reading is so improved it is a pleasure to hear them now.

Mary L. Henderson, Crowley, La.

Don't think it's all your child's fault if he hasn't learned to read.

Many of our brightest children are not able to grasp some of the current methods taught in most schools today. Yet, many educators insist that at least 80% of our children must have formal training in phonics—that they will never master reading without it!
**Family Boot Rack $3.98**

**ORGANIZES AND SAVES SPACE—GREAT FOR FAST DRYING AND SHAPING/KEEPING!**

Handy rack holds 5 pairs of boots or galoshes. Knead them in shape—and hanging upside down, they’ll dry faster. And since they’re fully adjustable, shredded urethane foam through a zipper in the bottom, you can vary the height and fullness to suit your personal comfort. 26" x 20". Thousands have reported its soothing help in perfect alignment whether sleeping on your back; it corrects posture instantly, comfortably.

**MONEY BACK GUARANTEE**

Send for free folder.

TUREN, INC., Dept. RG-1
2 Cottage Ave.,
Dunawa, Mass. 02033

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**MINI PHONE**

Mini madness invades the communications field! Mini-phone from Italy folds in half—a complete self-contained unit. World’s smallest phone functions interchangeably with any standard instrument. Fitted with plug; ready for use. White only. $49.95 plus $1.50 post. Free catalogue. Grand Com. Inc., HG1, 324 Fifth Ave., New York, NY 10001.

**COLORFUL TABLEWARE**

The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table. The homemaker’s delight and the dishwasher’s dream is stainless steel flatware. These have bone-like handles of cobalt blue or lemon yellow plastic to set the table.

**STOP STOOPIEING**

SHOPPING AROUND

RATTAN MUSHROOM
Hand-woven natural rattan lamp; fully electrified. Adjustable from ceiling by 16' chain and hook. Up to 150 watt bulb; dimmer switch. Shade spreads 16"; 12" h. Natural, $15.95 plus $1.50 post. Add $3 for white, yellow, green, blue, pink, black or orange. Catalogue, 25c. Fran’s Basket House, HGI, 89 W. Main St., Rockaway, NJ 07866.

CREWEL HERB GARDEN
Herbs blossom as you stitch with easy embroidery kits that come with herb pattern stamped on Belgian oyster linen: Crewel wool in nature colors, needles, instructions incl. Chives, dill, rosemary, thyme, oregano or mint. 8" by 8". $1.50 ea. Maple, provincial red, or green wood frame, $1.25. Add 45c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

MERRY MEXICANS
Trio of happy musicians, each playing a different instrument, are bright notes for a show-off shelf or as a centerpiece at a chili supper. Each metal figure has a silvery-pewter finish and stands 7" high, 3 1/4" wide. The trio is $3.95 plus 50c post. Cadlyn's, HGI, 2077 New York Ave., Huntington Sta., NY 11746.

TIDY UP!
Mount a garbage bag caddy on a cabinet door under the kitchen sink for real convenience. When door closes, it's out-of-sight! Rustproof steel rods, washable cushion coating. Screws included. Great in workshop, laund­ry, too. 6" by 12" by 15 1/2" w. $3.29 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

BRIGHT NOTES
Self-stick labels with happy messages add a lift to everyday correspondence. There are 60 of each message printed in assorted, blue, red and green on white. 1 1/2" by 1 1/4". We love the Air Mail with the winged birds and the smiling flower, “You brighten my day”. $1.95 ppd. for 300. Bruce Bolind, HGI, Boulder, CO 80302.

During our between-season lull
3 kinds of discount savings for people of different speeds

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Normally, buying direct from Ronnie, you'd save up to 40% on Bedspreads and Draperies. Right now — in our between-season lull and our workrooms are at their slowest pace. By acting now you can save an additional 33 1/3%. Procrastinate a fortnight — when we start to get busy — and you earn only 20%. Stall for a whole month and you pick up a mere 15% savings. Be quick, be alert. Get that coupon in the mail now!

Send for FREE Catalog. Order before Mar. 31—save a full 33 1/3 %
Ronnie Drapery Corp., Dept. 4K-22, 145 Broad Ave., Fairview, N.J. 07022

Please rush me, absolutely FREE, the Ronnie Bedspread-Drapery Catalog that offers me additional discounts of 33 1/3 %, 20%, & 15% during your between-season lull.

NAME ____________________________________________________________
ADDRESS ____________________________ CITY __________________ STATE ______ ZIP ______

Send to: Ronnie Drapery Corp., Dept. 4K-22, 145 Broad Ave., Fairview, N.J. 07022

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U.S. STAMPS

Enjoy buying our very choice quality shoes by mail from our world-famous catalog showing huge array of smart styles for every occasion — and our vast range of sizes insure you perfect fit — or your money refunded!

3 SENSATIONAL OFFERS IN ONE-ONLY $10!

1. Genuine centennial postage stamp
   as illustrated picturing first U.S.A. stamp
   ever issued — in 1847!
   $5.00

2. Big collection of 25 all-different
   offers (plus Wonderful Illustrated Cat-
   cancel service anytime — but all 3
   free. Buy any or none, return balance,
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   $5.95

3. Collection of prized Commemora-
   tives: War of 1812, Civil War, Wild
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(County residents add 31/2 sales tax)

33x298

U.S. STAMPS

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Lady be good to your feet

Enjoy buying our very choice quality shoes by mail from our world-famous catalog showing huge array of smart styles for every occasion — and our vast range of sizes insure you perfect fit — or your money refunded!

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COIN TIE BAR

Any fellow is bound to be delighted when you gift him with a tie pin made up of real and rare coins: the Indian head penny, Buffalo nickel, Liberty quarter and Mercury dime! Designed for wide ties that guys prefer these days. $7.95. Matching cuff links, $7.95 pr. Ppd. Postamatic Co., HGl73, Lafayette Hill, PA 19444.

MARVELOUS MUSLIN

Unbleached muslin curtains with two inch knotted fringe are perennial favorites. Send for swatches. Washable with care; allow 1" per yard shrinkage: 20", 25", 30", 36", 40" tiers $80 wide per pair, $5 pair. 10" by 80" valance, $2.50 each. Add 75c per order for handling. Country Curtains, HG1, Stockbridge, MA 01262.

BLUE?

Yes, indeed, but they'll banish your winter wearies. Trio of bluebirds in brilliant blue with rhinestones and "rubies." Snap-pin backs can't mar fabrics, so scatter them smartly on any fashion. Each 312" long, $1.95 ppd. for the set of three, How's that for starting the New Year with an eye on the budget? Downs, Dept. 1401, Evanston, IL 60204.

CONVERTIBLE RACK

Indoor-outdoor black enamel log rack stacks wood neatly. Snap-lock construction. Come spring, it converts to a hot house. 4' by 8' by 15", $31.95 plus $6 post.; cover, $5.95 ppd. 4' by 4' by 15", $24.95 plus $3.75; cover, $4.95 ppd. Hot house adaptor, $3.95 ppd. Car Rack Corp., HG1, 776 Highland Rd., Macedonia, OH 44056.

GET IT ALL TOGETHER

Try a purse organizer for efficient toting and add a touch of glamour, too. Satin quilted polyester in white, black, pink, blue, orchid, red, mint, gold, bronze, olive, orange or silver acetate. $3.95; add $1 for initial. Ppd. Catalogue, 25c. Scintilla, Dept. G, 4802 No. Broadway, Chicago, IL 60640.

CHAIR CANING KITS

Now anyone can restore his favorite antique and heirloom chairs easily and inexpensively with a Newell Canning Kit; tools, natural cane, and easy-to-follow instructions, all postpaid for only $3.00; extra cane $1.50 per chair lot. (Illinois residents add 5% sales tax)

Available only from THE NEWELL WORKSHOP
Dept. S-18 Drawer Hinsdale, Illinois 60521
SILENT GARDENERS
Take the worry out of wandering with wicks that water plants while you're away. One end goes into soil, the other into water; while you're gone, the wicks slowly feed the moisture for as long as eight weeks! No rot or mildew, Set of four, $1.98 plus 20c post. Albert Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

PRIZE PEMBROKE
We find the Pembroke table one of the most graceful and useful of 18th century furniture designs. Mahogany reproduction with inlaid design has a brass pull on the single drawer. 25" h., 28" l., 20" w. (closed), open 36" w., $395, 50 exp. coll. New catalogue, 25c. Bryan Robeson, HG62, Box 757, Hickory, NC 28601.

HEALTHFUL HUMIDIFIER
Vent humidifier fits over air vents humidifying and filtering as hot air flows through. Hooks to wall or over floor register. One filling brings increased comfort for 24 hours. 1¼" by ¾" by 5½" wall vent or 14" by 7½" by 8½" floor vent. $9.95 each p.p. Eight replacement filters, 98c. Walter Drake, HG72 Drake Bldg., Colorado Springs, CO 80940.

PROVINCIAL PILLOW
Cross stitch an old world design for a 16" square knife edge pillow. Kit includes design on oyster Belgian linen, wool, linen for pillow back, cording, zipper, instructions. Choose two tone red, blue, green, gold, brown, black/gray or rose wools. $4.95 ea.; 16" form, $1.95. Add 45c for pillow back, cording, zipper, replacement filters, 98c. Walter Drake, HG72 Drake Bldg., Colorado Springs, CO 80940.

ROLLING PLANT STAND
Eliminates lifting, pulling, straining—Ball-bearings roll heavy plants with ease.

SHOPPING AROUND

A home greenhouse makes you a year-round gardener
Poinsettias at Christmas, carnations in autumn, tulips and daffodils when you want them! If you like gardening, you don't have to restrict yourself to warm weather. Instead, bring the outdoors into your home for all seasons with your own private greenhouse. Not only is a home greenhouse a fascinating fun center, but an educational experience for the entire family. And what a perfect way to get a headstart on the spring season with advance plantings and cuttings for early crops, both flower and vegetable!

Lord & Burnham is America's leading source for home greenhouses. Prefabricated for easy, inexpensive installation, these all-aluminum structures will add substantial value to your residence as well, and will last a lifetime with little maintenance or upkeep.

Dozens of styles and models in full-size houses to fit every taste and budget from as low as $495 to $2,500. Or get started with a window greenhouse from $135 and up delivered. Send today for free catalog #6.
The real beauty of Lindal Cedar Homes...

Beams that do more than look good.

Prestressed and precambered under 500,000 lbs. of pressure, our exclusive, 33%-stronger Steelan beam lends strong support to the world's largest-selling precut cedar homes. As does our extra-thick floor and roof decking. For details, prices and 82 house plans, send $1 for your 44-page Lindal Planbook.

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10411 Empire Way S.
Seattle, WA 98178
Phone (206) 725-0900 HG 31

Enclosed is $1 for my Lindal Cedar Homes Planbook.

Name
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City State Zip
Area Code Phone

The Original TWIN BED BRIDGE with patented square rib

Makes a Comfortable King-Size Bed out of Twins!

- Fills space between beds.
- Made of soft polyurethane foam.
- Fits any size twin beds.
- Uses standard size sheets.
- Rolls up for easy storage.

Own your telephone and save each month!

PRINCESS-STYLE PHONE

Beautiful fashion phone, low and sleek. Very functional on tables where space is limited. White, beige, blue, pink.

Buzzer, if needed at $10 addl.

5 FT. PHONE EXTENSION CORD

Conveniently makes phone reach all parts of room. Weeded 4-prong plug and jack. Off-white.

MAIL $1 for COMPLETE PHONE CATALOG. FULL REFUND WITH YOUR FIRST ORDER. Include appropriate state tax.

METROPOLITAN TELECOMMUNICATIONS CORP.
Burl,�D, 35 W. 33rd St., New York, N.Y. 10001

SHIPPING AROUND

SCHUSSE'S CHARMS

Delightful choice for all skiers, a skier in slalom form or a pair of skis with pole to hang on a bracelet or neck chain. Skier is 3" high and skis are 1" high. $18 in gold; $3 in sterling silver. Skis, $10 in gold; $4 in sterling. Pp. Color catalogue, $1. Charm & Treasure, HG1, 72 Bowery, New York, NY 10013.

FRENCH ELEGANCE

A hand-carved solid beech frame and hand caning of the seat and back make this version of Louis XV design a rare beauty. 37" h., 23" w., 20" d.; seat h., 17.5". $112. Matching side chair, $91. Exp. coll. New 56-page catalogue, $1. Door Store of Washington, D.C., HG1, 3140 M St., N.W., Washington, DC 20007.

COFFEE WHEREVER

Trim red or black vinyl case, 7" by 4" by 4" includes everything to make coffee, tea or soup on trips. 110/220 v. immersion heater has three adapter plugs for worldwide outlets. Two heatproof cups, two stainless steel spoons, three oz. jar. $9.98 plus 75c post. The Country Gourmet, HG1, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

ARTISTRY IN CREWEL

Vibrant colors, hand embroidery in the tracery of leaves and flowers. Natural backgrounds with multi-toned designs, hand-finished border. Single spread, 80" by 115", $50; double, 94" by 115", $60; queen, 100" by 120", $70; king, 120" by 120", $80. Pp. Catalogue, swatches, 50c. Gurian's, HG1, 276 Fifth Ave., NY 10001.

NIMBLE THIMBLE

Lovely ceramic thimble colorfully decorated in Holland with a wildflower and green leaves belongs on the finger of any dedicated stitcher. White ceramic 1" high with red rose, red and yellow asters or yellow and blue buttercups. $2 each; three for $5. Pp. The Ferry House, HG1, Briarcliff Manor, NY 10510.

COFFEE WHEREVER

Trim red or black vinyl case, 7" by 4" by 4" includes everything to make coffee, tea or soup on trips. 110/220 v. immersion heater has three adapter plugs for worldwide outlets. Two heatproof cups, two stainless steel spoons, three oz. jar. $9.98 plus 75c post. The Country Gourmet, HG1, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

SHOPPING AROUND

SCHUSSE'S CHARMS

Delightful choice for all skiers, a skier in slalom form or a pair of skis with pole to hang on a bracelet or neck chain. Skier is 3" high and skis are 1" high. $18 in gold; $3 in sterling silver. Skis, $10 in gold; $4 in sterling. Pp. Color catalogue, $1. Charm & Treasure, HG1, 72 Bowery, New York, NY 10013.

FRENCH ELEGANCE

A hand-carved solid beech frame and hand caning of the seat and back make this version of Louis XV design a rare beauty. 37" h., 23" w., 20" d.; seat h., 17.5". $112. Matching side chair, $91. Exp. coll. New 56-page catalogue, $1. Door Store of Washington, D.C., HG1, 3140 M St., N.W., Washington, DC 20007.

COFFEE WHEREVER

Trim red or black vinyl case, 7" by 4" by 4" includes everything to make coffee, tea or soup on trips. 110/220 v. immersion heater has three adapter plugs for worldwide outlets. Two heatproof cups, two stainless steel spoons, three oz. jar. $9.98 plus 75c post. The Country Gourmet, HG1, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

ARTISTRY IN CREWEL

Vibrant colors, hand embroidery in the tracery of leaves and flowers. Natural backgrounds with multi-toned designs, hand-finished border. Single spread, 80" by 115", $50; double, 94" by 115", $60; queen, 100" by 120", $70; king, 120" by 120", $80. Pp. Catalogue, swatches, 50c. Gurian's, HG1, 276 Fifth Ave., NY 10001.

NIMBLE THIMBLE

Lovely ceramic thimble colorfully decorated in Holland with a wildflower and green leaves belongs on the finger of any dedicated stitcher. White ceramic 1" high with red rose, red and yellow asters or yellow and blue buttercups. $2 each; three for $5. Pp. The Ferry House, HG1, Briarcliff Manor, NY 10510.
You can now command your body to Melt Away Fat

AND LOSE AS MUCH AS YOU WANT WHILE YOU ENJOY EATING AS MUCH AS YOU WANT!

The Famous Superdiet — Dr. Atkins' Diet Revolution reveals in full the recently discovered weight loss secret. You don't need pills — you don't count calories — you don't even need willpower (because you're never hungry)!

Yet you can lose 10-50-100 pounds or more (6 to 8 the first week!) and keep it off for the rest of your life!

It's truly a Diet Revolution!

Over 50 years we've all been brainwashed into thinking that the only way to lose weight was to cut calories. Since we were 9-year old kids, we knew that a lucky person can "eat like a horse" and never put on a pound — what has she or he got that you haven't got?

Now we know! It's FMH (the Fat Mobilizing Hormone).

FMH is a substance that signals your body to start "living on its own fat." It was isolated in pure form only a few years ago, and it was just a medical curiosity until Dr. Atkins discovered how to make his body -- your body -- produce FMH on command!

Once he discovered how to make his body -- your body -- produce FMH on command, he started and quit Weightwatchers several times. After four months of Dr. Atkins' diet, he had lost 85 pounds — yet he was never hungry. I'm losing, but I'm not on a diet. I'm eating up a storm," he says happily. "It's fantastic!"

Why the Diet Revolution works.

Dr. Atkins found a simple test that would tell him when his body engine was burning fat. And 65 employees at Atkins discovered how to make his body -- your body -- produce FMH on command!

WHICH OF THESE DIETING MISTAKES DO YOU MAKE?

1. Do you have nothing for breakfast but high protein cereal with skim milk? "WRONG," says Dr. Atkins. "Have two cheeseburgers."

2. Do you try to get by for lunch with nothing but a piece of lean ground beef with a little ketchup on it? "WRONG," says Dr. Atkins. "Have two cheeseburgers instead."

3. Do you skip lunch entirely and nibble a tiny box of "Miracle Crunch"? "WRONG," says Dr. Atkins. "Have some chicken kiev dripping with melted butter!"

4. When you eat out, do you go off your diet? "No need to," says Dr. Atkins, and tells you how to enjoy Chinese food, French food, Italian food right from the menu.

After completing his medical education at the University of Michigan and Cornell Medical School, Dr. Atkins interned at Strong Memorial Hospital, and served his residency at Columbia University Hospitals, and St. Luke's Hospital. Specializing in cardiology, he knew that obesity is one of the primary reasons for heart trouble.

You'll lose inches from your measurements ... right where you want to lose them!

If you are over your "ideal weight" (most people are) ... if you've ever tried to diet it off or exercise it off and failed ... if you've tried a "crash diet" and put weight right back on when you stopped ... if you're afraid to stop smoking for fear you'll gain weight ... if you've tried amphetamine pills, water pills and injections with out results ... this amazing book could help you change your life! The week after you get it in your hands you could be 8 pounds lighter and many times happier!

WHICH OF THESE DIETING MISTAKES DO YOU MAKE?

1. Do you have nothing for breakfast but high protein cereal with skim milk? "WRONG," says Dr. Atkins. "Have two cheeseburgers."

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4. When you eat out, do you go off your diet? "No need to," says Dr. Atkins, and tells you how to enjoy Chinese food, French food, Italian food right from the menu.

The Diet Revolution tells you everything you need to know.

Why diet pills are bad news (p. 88)

How to test yourself and regulate your rate of weight loss (p. 126-130)

How to tell if brand name foods and diet drinks are healthy (p. 163)

WHY DR. ATKINS' DIET WILL WORK FOR YOU.

1. Unlike any other diet -- you control your own body chemistry to burn off unwanted fat and keep it off. (You're different from everybody else on earth, so Dr. Atkins' simple test, which you make every day, lets you know it's working, and lets you regulate your weight precisely.)

2. Unlike other methods — there are no pills to take, no calories to count, no strenuous exercises, and not a single hunger pang to suffer through! (You'll probably eat better than you ever have — and feel better too — because you can lose while enjoying such luxuries as herring with whipped cream, bacon, cheeseburgers, butter, fried foods, all kinds of meats, poultry and seafood — even asparagus with real hollandaise sauce!)

MAIL NO RISK COUPON TODAY!

AMERICAN CONSUMER Dept. DA-21
195 Shippan Ave., Stamford, Conn. 06904

Yes, rush me . . . . copies of Dr. Atkins' Diet Revolution, 310 pages in hard cover first edition. I may read it and try the diet 30 days free. If it disappoints me in any way ... if I don't lose the weight and inches I want ... if I'm not absolutely delighted, you will refund the full purchase price.

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VIOLETS AND PANSIES TO STITCH

Here's one of the year's prettiest new crochet designs for a picture or pillow top. Kit includes design on 17" x 17" natural Belgian linen; finest crewel yarns in shades of violet, olive green, blue-lavender, old blue and gold; needle and easy instructions. Only $3.95 plus 35¢ postage.

Seeds 25c For Next Three Issues of Our Art Needlecraft Catalog

The Stitchery
Dept. HG101-A, 204 Worcester Turnpike
Wellesley Hills, Mass. 02181

POP-IT BURGER

You'll love how it shapes, stores and dispenses burgers just like an ice cube tray. No messy hands, shaping patties or individual wrapping & unwrapping. Just press ground meat into molds, smooth over, stack next tray on top, stack air-tight when stacked. Put into unwrapping. Just press ground meat into molds, smooth over, stack next tray on top. Each tray holds 4 burgers. Set of 4 trays $1.95 plus 45¢ pp.

Mini Sauce Pan

Copied exactly down to the last detail, this one-cup Revere Ware sauce pan is a measuring cup, butter melter, sauce server, food warmer, child's toy and ivy plant's warmer, too. The sauce pan is a measuring cup, plastic handle, hanging ring, graduated for 1/2 cup, stay-cool

For the homemaker who likes imported 100% Polyesters

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"Dolly" $6.95

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As a part of my diet, I'm going to lose a few of these. My doctor told me to lose on GREENS as much as possible.

LADY'S ROCKER

A most feminine mahogany reproduction is a copy of a Victorian original called Aunt Jodie's sewing rocker. The detailing is hand carved; the spring seat a comfort feature. 18¾"w., 35½”h., 29¾" overall depth, $82.95. Expand. A selection of samples plus catalogue of Victorian furniture, $1. Magnolia Hall, HG1, 726 An­ dover, Atlanta, GA 30327.

SLEEPS AND EATS GOLF?

Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 5½" by 7½" with lettuce green backing and rep­lica golf ball dear to his heart. The gag gift for every golfer! $1.99 plus 35¢ post. Order #132. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

MAREVOLUS MINIS

Scandinavian bundts turn out perfectly from mini pans made with six ¾" molds. Heavy cast aluminum enamel-coated in avo­cado or tangerine and lined with non-stick Teflon. Use for des­serts, too. Recipes included. $6.95 plus 95¢ post. Artisan Gal­leries, HG1, 2100 N. Haskell Ave., Dallas, TX 75204.

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To start a file of Christmas cards sent and received. Red, white and green file box comes with 75 3" by 5" cards printed in green on white that hold a 10 year record plus 19 index cards. $2.50 ppd. 100 extra Christmas file cards, $1.25. Makes a dandy gift, too. Bruce Bolind, HG1, Boulder, CO 80302.

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Give your child hours of pleasure with wood puzzles from one of the fine collections of European toys. Each beautifully painted puzzle (7" dia has lift-out knobs and scenery underneath. 2-6 years. Kids House, Hans & Gretel, Peek A Boo, Tom Thumb Three Brothers.

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CAVALIER PANT BOOT
Best buy for H&G readers: smooth glove leather boot with no-seam vamp, adjustable strap, Resilient ribbed sole. 1" well-balanced heel. 5 to 10 medium in brown, navy, black, red or white. A Kraus original, a boot beauty that's smart, comfortable at $15 plus 80c post. Old Pueblo Traders, 600-H13 So. Country Club Rd., Tucson, AZ 85716.

BOTTLE IT YOURSELF
Your own special salad dressing deserves its own server. We've found a charming white porcelain one, appropriately labeled to bring to the table with your secret recipe. Cork topped with multicolor label. 7/8" tall. $1.98 plus 50c post. The Country Gourmet, G1, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

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We hope you never have a fire or robbery! Take precautions and take inventory of what you own. It's invaluable for insurance claims! Your Possessions Book lists household items, jewelry, insurance. Black tooled in 24K gold with tabbed index. $11.50 plus 90c post. Sleepy Hollow Gifts, H1, 6651 Arlington Blvd., Falls Church, VA 22042.

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Compendium of unique early American housewares marks the 75th anniversary year of William Spencer's accessories trade. Inside, a copious selection of 3,000 items, lavishly illustrated and filling 200 pages for hours of browsing and gift selection. 5¼" by 8¾". Send 35c to William Spencer, H1, Rancocas Woods, NJ 08060.

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The Talbots

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Pillow cover features a rabbit, squirrel, frog, snail, butterfly, bee, ladybug and flowers. Kit includes design on natural linen for front and back of 14" x 14" knife-edge pillow; crewel yarns in soft greens, blues, yellows, reds with brown and grey, green cording, zipper, needle, instructions. $5.50 plus 50¢ postage.

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Here is a deep display case to hold treasures or awards in a handsome wall decor unit. The kit includes: a velvet-lined box (in classic red! a walnut-finished gill-edged deep frame, glass front, mounting adhesive and instructions. Priced is the 8" x 10" case, at $18.95. Also available in 16" x 20" size, at $38.95. Cases will take any item up to one inch thick. Allow 2-3 weeks for delivery. $25.00 plus 50¢ postage.

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CAROL OR CAROLINE?
Both are button-tufted and may be covered in a range of fabrics, including solids, stripes, prints, brocades, damask and cut, antique, crushed or plain velvets. 21" w., 34" h. Caroline is armless, $49.50; Carol has arms, $59.50. Exp. colt. $1 for catalogue and fabrics. Hunt Galleries, Hg731, 2920 N. Center St., Hickory, N.C. 28601.

PROUD PRIVACY
Door plaque with boy's or girl's silhouette, name and birth date marks the child's own special and private territory. Solid walnut with ring for hanging. Two lines with 18 letters and spaces one each (specify). Measures 3" by 4". $2.98 ppd. Walter Drake, HG76. Drake Bldg., P. O. Box 403 Hg. Nicholajville, Ky. 40356.

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Start now on needlepointing or- naments for Christmas '73. Enchanting angel with a holly halo ready to be stitched and backed with felt. Kit includes design on masked canvas, yarns in white, green, red and heavenly blue, backing, instructions. 3¾" dia. $5 ppd. Downs, Dept. 1401, Evanston, Ill. 60204.

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ART NEEDLECRAFT KIT

WOODLAND SCENE PILLOW

Pillow cover features a rabbit, squirrel, frog, snail, butterfly, bee, ladybug and flowers. Kit includes design on natural linen for front and back of 14" x 14" knife-edge pillow; crewel yarns in soft greens, blues, yellows, reds with brown and grey, green cording, zipper, needle, instructions. $5.50 plus 50¢ postage.

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Decor sack-like table cover is actually vinyl with an embossed floral pattern border. It measures a generous 54" by 72". Machine wash and dry and it never needs ironing. Snowy white, canary yellow, or rich avocado green as a background for elegant table set­ tings. $4.98 plus 75c post. Holi­ day Co., Dept. AC95, Bedford, VA 24523.

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Madman's Cabinet
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Now at big savings! Send just $1 for plans & instructions to build choice of: (A) Grandfather (B) Banjo (C) Steeple (D) Grandmother plus information-packed catalog of movements, dials, parts & kits to build these & 15 other fine clocks. All 4 plans $2.50. Catalog alone—50c.

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Set of 3
$2.98

LIFE LONG 10 TAG FOR PETS
Don't worry about your dog or cat getting lost. This identification tag has all the necessary information for your safe return — pet's name, address and phone number — all embossed free. Lifetime polished stainless steel, complete with collar hook. 1.00. Your order will be sent by FIRST CLASS POSTAL MAIL at no extra charge!

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Get into the joys of growing your own thing. Burpee puts out a terrific gardening catalogue, all the information you need to plan and successfully grow new hybrid flowers or organically tame a vegetable patch. Lots of illustrations! Free from W. Atlee Burpee Co., Dept. 4063, Burpee Building, Philadelphia, PA 19132.

THE BERRIES!
English ironstone in white with a wreath of ripe strawberries reproduced from a copper hand engraving. 45-pc. service includes eight dinner plates, bread and butter, soup/cereal bowls, cups, saucers plus 12" oval platter, vases, gravy boat, server, sugar and creamer. 55.95 ppd. Add $3 W. of Miss. Jenifer House, G-13, Great Barrington, MA 01230.
HOPPING AROUND LONG ISLAND

EDITOR'S FINDS

Custom, Personalized Needlepoint
A wonderful, forever lasting tribute to the family you love. Needlepoint that identifies each family member with this or her greatest hobby or interest. Absolutely personalized and custom designed in rich, warm colors of the finest Persian yarns. Suitable for framing or pillow. Each name square 6" x 6". Kit includes personalized design painted on #12 mono canvas, yarns, needle and complete instructions. Send name and hobby of each person (print clearly) and color preference of border and lettering in choice of blue, black or brown. Min. order is 4 squares at $8.50 ea. Send check or money order. Add $75c for postage and handling plus sales tax where applicable. Allow 3 weeks for delivery.

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Like to shop for island thongs in the Caribbean, muu mus in Hawaii, julep cups in Kentucky? It’s fun and it’s easy to find the unusual when you order by mail from our Special Shopping Around sections.

If you’re interested in promoting your shop in Shopping Around, write House & Garden, Dept. 5A, 420 Lexington Ave., New York, NY 10017.

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Beautiful, tall clipper ships once raced from China to Australia with exciting cargoes that brought big prices to the vessel that arrived first. Contenders were the Cutty Sark, Red Jacket, Flying Cloud and Sovereign of the Seas. Reproduced in true color from original oils, 16" by 20". Set of four with brief histories of each ship. Dark canvas, yarns, needle and complete instructions. $3.95 plus 50c post. New 144-page catalogue, 25c. Preston’s, 101 V R M St. Wharf, Greenport, NY 11914.

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Dover Scientific
displays every kind of nautical item you could desire...from genuine artifacts to nautical reproductions, from sea charts to ship models. And Dover Scientific has a complete collection of needlepoint ideas. Order by mail from our illustrated catalogue. DOVER SCIENTIFIC INC, Box 9017, Long Island City, N.Y. 11106

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You'll be amazed how quick and simple applying lashes, liners, shadow and mascara can be. The secret is in the "seeing"! EYE-SEE gives you a clear, magnified view of your eyelids, permitting you to get perfect results first time — every time!

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EYE-SEE

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Sturdy Stand.

Mirror head easily adjusted to most convenient angle.

Just the right size for home and travel.

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DOUBLE—4½" x 4½"...

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At last, America has its own up-to-date, wide-awake newspaper devoted to Antiques. Edited with skill and knowledge. This large 16-page newspaper is full of good reading, to keep you interested by the hour. Printed neat picture — with color features. Authoritative articles by experts. Collectors interested in furniture, china, glass, prints, silver, etc. See it from cover to cover. It is ideal for those who want to learn about antiques. Add $1 post. for your free sample copy right away! We have a wide selection of items to choose from. This is a good place to look for antique items.

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SHOPPING AROUND

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COUNTRY CHECK


JANUARY HELPER

Heat storage chest stows away Christmas ornaments, lights, decorations safely and conviently for next year. Lift-out trays hold 92 ornaments of three different sizes. Space for eight sets of lights, tinsel, other items. 27" by 18" by 12". Ships flat. $6.95 ea.; two, $12. Ppd. Add 50¢ W. of Miss. Parship Hollow, G-1, East Haddam, CT 06423.

TOPS IN TOTES

Sting a spacious top-zipped carry-all handbag on your arm for local shopping or a world cruise. Select leather-look vinyl in black, beige, brown, orange, ivory or tan, all with triangles of orange, rustle, beige, gold, red, ivory, black. Two inside pockets. 9½" by 13" by 5½. $5.95 ppd. Brochure 25c. Skylines Enterprises, Inc., HG5, Tupelo, MS 38801.

CARPET TAPE

Double-faced adhesive vinyl tape is ideal for rugs and carpets at the pool, on patios and porches. 1½" wide, easy to apply and removable and reusable. Prevents skids or falls. Water proof to withstand beaching around the pool. A big 12" roll $1.49 plus 20c post. Anthony Enterprises, HGI, 585 Market St., San Francisco, CA 94105.

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Adjustable money belt is worn under clothing around waist. Inner pockets hold folded bills or important papers. For men to wear under business suits, ladies might conceivle it beneath dark slacks. Slim construction makes it virtually invisible. $3.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

**PRIVATE LIBRARY**

Bathroom readers have a handy spot to stash reading material. The right rack holds small and large size publications in two handy shelves. Below are two rolls of tissue. Neat, tidy unit in a choice of honeytone or antique finished fine pine. 11 3/4" w. by 18" h. by 4 1/4" d. $10.95 ppd. Yield House, G13, North Conway, NH 03860.

**FROZEN FOOD LABELS**

No more by guess and by golly as you get frostbitten fingers searching through your freezer. Stick on these labels that need no moisturizing—peel up, press on. Space to write kind of food, weight in pounds and ounces and dates 2" by 1 1/4", 100; $1.20, $1.75; 400, $3. Add 15c postage. Handy Labels, HG1, Box 2667, Culver City, CA 90231.

**GRAND EXIT FOR PETS**

Quality-built for long service, two-way door automatically closes by patented magnetic device. Looks good, too! Has nylon locks with weathertight, either side lock-up. Easy installation with furnished kit. 11" by 13" opening, $18.95; Super, 13" by 20", $34.95. Ppd. Plaza Enterprises, P.O. Box 403 HG, Nicholasville, KY 40356.

**SHUT EYE**

Know the mystique about the unique? Sleep is king night or day that you don the mask: shuts out any flicker or slice of light that could disturb the psyche, the body's rest. Flexible foil and elastic band's so constructed that it fits any cranium. $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

**PLANNING TO BUILD?**

SHOPPING AROUND

LIVE SEAHORSES
Unique house pets fascinate the whole family. Seahorses come with shells, coral, food and instructions for helping them thrive in your fish bowl. Males give birth to young; kit incl. two mated pairs (pregnant male yields 20), $2.98 ppd. Free bonus: one sea snail. Live delivery guaranteed. Aqualand, HGl, Box 130, Shenandoah Sta., Miami, FL 33145.

STATUS SPOOF
Nothing could be more "authentic" than this coat of arms. And it applies to anyone. You don't have to know their ancestry to give it, simply print the name. Black and bright red like the traditional ones—a fun thing for den or office. 7" by 9". Unframed $2; framed $3. Ppd. Sylvan Studios, HGl, Box 59H, Sylvania, OH 43560.

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Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. $1 each plus 15c postage. Order today from Anthony Enterprises, HGl, 585 Market St., San Francisco, CA 94105.

SWIMMING SHOES
Hard-to-find, lightweight, white rubber shoes protect feet from rough surfaces in river, ocean or poolside. Sturdy grip tread guarantees sure-footedness in and out of boats, walking on decks, boardwalks. Specify shoe size and width. $5.98 pair; two pairs, $11. Add 50c each post. Dorsay Products, Dept. 128, 57 Front St., Brooklyn, NY 11201.

RICH VELLUM
Name, address and zip code are printed in rich midnight blue on envelopes and 5½" by 7" sheets of thick white vellum. Three or four lines of printing allowed. Order includes 125 sheets and 50 envelopes. Zip code looked up. $1.98, extra 100 unprinted sheets, 59c. Ppd. Walter Drake, HGl9 Drake Bldg., Colorado Springs, CO 80940.

WIG TREE
The smart solution for storage and the best way to care for your wig wardrobe is a 22" high clear plexiglass tree. Prevents stretching and is ideal for post-shampoo drying. Base 16" w. Three wig stand, $12.95; single stand, $8.95. Ppd. Deep blue or smoky topaz, $2 additional. Emy, HGl1, Box 567, Lake George, NY 12845.

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In your own home, be present at the hatching. Clear plastic dome lets you see nature's way of opening babblewhite quail eggs to produce babies. Chick incubator operates on 110 volt electricity; is 6" h., 7" dia. $5.75 with six eggs; without eggs, $3.95.


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Gold-colored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty here, or is it ego-assuaging? It'll give friends a joshing good laugh! 4" by 4" on stained wood. Engraved. $1.98 plus 25c post.

Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.

CHILD'S PLAY

Set these cubes together and you've got small chairs or tiny tables for the up-to-four-years gang. Stylish pine has just enough graphic look! Painted, découpage or let the kids go to town. Set of three cut in shapes of numbers from one to nine. 1¼" sq. $12 exp. coll. Design Dimensions, Inc., HG1, 1215 Myron Dr., Raleigh, NC 27607.

TRIM DOWN


NORMAN ROCKWELL PRINT

"First Day of School" painted in 1915, by famed artist of America. Found recently in the attic of a Collier's magazine engraver. A little dusting and a fine printer reproduced a limited number of actual size prints on heavy canvas stock. With varnish finish, 24" w. by 27" h. Without frame, $8.95 ppd. Abraham Galleries, HG, Canadian, TX 79014.

BOSOM BUDDY

Our grandmas had their own solution to purse snatchers. They stashed their cash by their bosom, and too, with this handy money cache. Snap it to your straps and relax. Plastic lining and fold-over flap keep contents safe and dry. Order #141, $1.98 plus 20c post. Anthony Enterprises, HG1, 585 Market St., San Francisco, CA 94105.
**S**hopping **i**nformation

*All prices approximate. *Consult your interior designer or store decorating department. Postage indicated by ( ).

**SUPER KITCHEN**

Page 56:

“Spectra III” kitchen cabinet modules: available mid-1973; cabinet sizes 12” x 24” to 60” x 72”. For information write to: Marketing Department, Mutschler, 382-358 South Madison, Nappanee, Ind., 46550.

**Light neutral gray and Bittersweet plastic laminate with matte finish by Formica. $1.25 per sq. ft.**

**Sofa seat: 60” wide x 34” deep x 25½” high, $732. Founders Furniture.**

**Pillow:** patchwork, 16” sq., $12; 18” sq., $16.

**Far Eastern Fabrics. Cube table:** 26” sq. x 18” high, $95. Founders Furniture.

**Laquered basket:** $4.

At **file slow. Navajo rug:** $410 x 3’7”, $490. At American Indian Arts Center.

**Lamp:** 42” chrome stem, $49. Robert Sonnenman Associates. **Dining table:** 48” diameter x 29” high. $184. Venta Contract. At Advance Design.

**Chair with rush seat:** 19” wide x 20½” deep x 32” high, $89. Founders Furniture at Bloombergdale. Quilt: one of a kind antique quilt. By appointment only at The Quilt Gallery, “Corkwood” wall covering: 12” square x ½” thick, 1¼” wide x 36” high, and a $20 garden stool or potted plant.

**Earlstone.” Alabaster white, glazed**

**ceramic tile:** 8” sq. $3-$6 sq. ft. in Florida, Tile, a member of The Tile Council of America.

**Recessed lighting:** multiground, black cone, $25; wall washers, $40. Litho.

**Glass cooktop:** four burner, satin chrome finish, $110. Caloric Corp. **Mirro-Matic pressure cannner:** $40. Mirro Aluminum Co. Canning jars: Korr Glass Manufacturing Co. Wire vegetable baskets: large, $5.50; small, $4.50. At La Cuisine.

**Shipwood baskets:** sets of 5, $3. At The Basket Station.

**2 cop measuring cup:** 1 cup from Corning. Scale: weights up to 1 lb., $15. At Seabob.

**Sinks:** stainless steel double compartment sink, $149. Elakay Manufacturing Co. **Faucet:** 8” swing spout with handle. ball spray attachment, band-lotion and soap dispenser, $40. Delta Faucet Co. **Hot-water dispenser:** 80, Kitch-Aid Division of Hobart Manufacturing Co. **Superba food-waste disposer:** $150. By Kitchen-Aid. **Securitron Co:** $218, Nia-Tone Division of Swivel. **Comfort Control Center:** $50. By Honeywell. “Corsoir” cockle:

**Cork:** 98; “Corsoir” barometer: $107, both in chrome. By Seth Thomas.

**Black and white 5 TV:** with optional battery pack, $117. Sony.

**“Char-Glo” gas grill:** $260. Waste King Universal. Plants, garden materials by Lambert Landscape Co.

**Tru-Test Paint at True Value Hardware Stores. Wall plaster:** 9½” x 4½”, $1.69. At The Basket Station.

**Page 57:**


**“Americana” dryer:** $240; “Americana” washer: $290. Both by General Electric. **Oval basket:** $36 for set of 3. At The Basket Station. **Baskets:** with lids and handles, $12 each. At The Market at Willow Creek.

**Assorted linens and kitchen towels:** by Vera. Orange and gold terrycloth: **Solid “Blaze” patterned “Noordlicht.” Hand, $1.10; bath, $1.60; washcloth, 60c. Cone Mills. **Humidity indicator:** $7. Airguide Instrument Co. At Abercombie & Fitch.

**Page 58:** upper left: **Accessories on back wall:**

Cooper At La Creme baskets: 6”, $2; 8”, $3, At Bazaar De La Cuisine.


**Spoon strainer:** 9c. To order write Harriet Amanda Chapman. Wire mesh strainers: $9c each; White porcelain grater: $1.65. Both at The Pottery Barn.

**“Taverna” crystal:** By Arabia, 24 oz., $5 each. At Bloombergdale.

**“Max 1” plastic dinner plates:** $2.25; cups; $2, bowls, $1.60. By Helter Designs, at Bloombergdale. **Tumbled cloth:** 52” square; four Napkins: each 17” sq., $10. At Henri Bendel.

**Pepper mill:** $8. At The Pottery Barn. **Oiling kit:** insulated fabric bag with two quart bottles, $17; twin pint vacuum bottles, $9.95. By Thermostor. **Large glass jars:** $1.50 each. At The Pottery Barn.

**Barongs:**

**Marble cheese tray:** $20; Plastic relish tray: $15. At Bloombergdale. **Ice bucket:** $16; Matching tray: $7. **Tumbler:** $9 for set of 6. At Bergdorf Goodman. **Squeezer:** $1; **Cocktail shaker:** $4; **Knife:** $3; **Ice tongs:** 99c. All by Ecko. **Cutting board:** $3. At The Pottery Barn. Basket (holding lines): $3, one of a set of 5. At The Basket Station.

**Page 59:** Refrigerator/freezer: stainless steel finish, 48” wide x 24” deep x 84” high, $1,421. Sub-Zero Co.

**On the table:**

Copper casseroles: $18 each. At Contended on the next page.
You've never seen anything like it! Hundreds of ideas for your spring garden all in full color — special planting tips and mouth-watering serving suggestions for your own home-grown vegetables . . . literally hundreds of vegetables, fruit and flowers.

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SHIPPING INFORMATION continued on preceding page


Page 69:


Shelf 24:

Shelf 25:
White cabbage earthenware: covered tureen, $1.50; salad bowl, $8; servers, $4.50; covered soup bowls, $4.50 each; dinner plates, $3.25 each; salad plates, $2.25 each; cups and saucers, $4.50 each. At Mayhew. Green leaf plates: $3.50 each. At Mayhew. "Deauville" coffee pot, sugar, and creamer: $30 the set. At Far Corners. Green cabbage sugar bowl and creamer: $9 each. At Mill Pond House.

Shelf 26:


Shelf 27:

Shelf 28:

Shelf 29:

Shelf 30:
Green pottery plates: $3.75 each. At Mill Pond House. On counter top:


Continued on page 132

HOUSE & GARDEN
Gardener's notes

BY JAMES FANNING

A farm at your window sill? Well, not a whole farm, but at least enough vegetables and herbs to brag about. The House & Garden super kitchen on page 56 has space for cascades of flowering plants, plus oranges and lemons and a variety of herbs. Tomatoes, lettuce, radishes, carrots, even cucumbers and squash, are also likely subjects for windows of any size. The only must is daylong sunshine. A single plant in a 10-inch pot, for instance, will produce as many as forty tomatoes in the course of an indoor growing season. Tie the stem to some kind of support as it grows, remove the side shoots, and hand-pollinate the flowers with an artist's brush. (If this operation sounds too technical, ask your local florist how to do it. It's actually very simple.) By the time the fifth cluster of fruit has ripened, the plant has done its duty and should be discarded. Lettuce and root crops like radishes may be grown in ordinary wood flats or in pots, depending on which best fits your available space. If you have a greenhouse, a tiny corner of a growing bench will produce just about all the lettuce and assorted crops you're family's table can use. Actor E.G. Marshall uses a corner of his greenhouse bench for Bibb lettuce, basil, dill, thyme, and carrots. The corner is rescaded as fast as it is cropped and the Marshalls have a winter-long supply of fresh vegetables. Above: Mr. Marshall nibbles a new radish while a tomato plant at his elbow reaches toward the roof. Worst insect enemy of the window sill vegetable garden is white fly, which particularly loves the same warm, bright conditions that favor crop plants. Frequent misting will go a long way toward keeping the pests under control and is good for the plants, too. For severe infestation of an aerosol bomb containing nicotine, rotenone, or pyrethrum will do the trick. Use it according to instructions, of course, and wait a day or two before eating whatever has been sprayed.

Every indoor gardener worthy of the name is constantly on the lookout for new kinds of plants to grow, new and, we hope, better ways of caring for them. One of the best ways of doing this is with the help of The Complete Book of Houseplants by Charles Marden Fitch (Harthorn, $8.95). Mr. Fitch's list of plants includes all the common ones plus enough unusual and rare varieties to capture your interest for many a season. The pictures are clear and make every plant easily identifiable. Growing instructions are concise and complete, with special attention for plants that need special treatment.

One of the loveliest plants to force for winter bloom is also one of the easiest. This is lily-of-the-valley, Convallaria majalis, whose sweet-scented white bells and bright green leaves, one of the delights of spring, are not as well known as they should be indoors. The tiny bulbs, usually called pips, should be planted a dozen to an 8-inch pot. Sphagnum moss is the usual growing medium, but any moisture-holding material like peatmoss or perlite serves as well. Pips, with their attached roots, may be simply jammed into a pot, making sure only that growing tips don't get broken and all stand at the same level when the pot is full. Space between roots should be packed with what you're using as a filler, the whole business thoroughly soaked and set in a dark, cool-but-not-freezing place until shoots are a couple of inches high. Then they may be set on a window sill or other spot with good light, watered liberally, and allowed to grow and bloom. This process takes almost exactly three weeks. Keeping the planted bulbs very cool slows the process down a little; too much heat won't hasten flowering, but simply grow rusty flower stalks with blossoms that do not open properly. Bulbs, once forced, are not worth saving—put them in the compost. Lily-of-the-valley pips are available all year from John Scheepers, Inc., 63 Wall St., New York, N.Y., 10005, at $6 for 12, $33 for 100, ppd. Tell Scheepers when you want bloom and they'll ship at the right time.

Snow is about to start piling up, if it hasn't already. Disposing of the white stuff after it has fallen is one of the off-season jobs that fall to the gardener's lot. So the after Christmas lull may be a good time to shop for a snowplow or its even more useful counterpart, a snow blower. Blowers, instead of pushing the snow aside, gather it up with a rotating auger and blow it out of a chute or nozzle, well away from the path you're clearing. Sno-Blitz, made by the Jacobsen Manufacturing Company of Racine, Wis., is one of the newest and most efficient blowers. It is lightweight, so may be lifted easily up and down steps, onto porches and patios, or even onto drifts, which it will proceed to chew from top to bottom. Safety is a watchword with Jacobsen, so the Sno-Blitz has a carefully shielded auger and a discharge chute that you cannot poke a hand into, even if you're foolish enough to try. It's about $135 at all franchised dealers.

When you've got a simple thing like the Pap test, it's criminal that any woman should run the risk of undetected cancer of the uterus.
Old as Adam yet newborn every spring is the gardening urge. Right now, with snow lingering on the frozen earth, imagination, sparked by books and garden catalogues, is paving the way to finer gardens in the approaching summer. Of course we’ve learned from last year’s mistakes. Of course this year’s weather can’t be as bad as last year’s was. But in any case our seedsmen, plantsmen and suppliers of tools and equipment stand ready to provide whatever we may need for a successful growing season. What we do with it is pretty much up to us. Their advice is expert and clear to be understood if we only listen. So listen and learn and follow instructions and, who knows, maybe even the weather will cooperate if you give it a chance. One thing that only experience can teach, it seems,
is how to budget your time and money. It makes no sense to buy more seeds and plants than your garden can hold or your work force—usually a single person—can look after. So plan ahead, and here again the catalogue can help you. Most of them tell how much space a packet of seed will plant. Some seedsmen go this one better by pre-spacing the seeds in soluble plastic tape, so that no counting-out or thinning is called for. All the gardener has to do is measure out an appropriate length of seed tape, cover it with soil, not forgetting to water, of course, whenever the rain is tardy. For the plants like tomatoes that need an early start indoors, peat pots are gaining favor year by year. The ones that are shipped in compressed form and expand like magic when soaked in water are wonderfully convenient. Plant 3 seeds to a pot, leave one to grow, plant-out pot and all and then water and fertilize as usual. The job of watering itself has been vastly simplified by electrically timed controls that turn on sprinklers or soaker hose during the night or at odd daytime hours when everyone is away at work. The plants, too, are being constantly improved in hardiness, floriferousness and earliness of bloom and fruiting. Not least of the improvements available for today's gardeners are the new types of packaging and shipping materials used by mail order firms. Live plants of all kinds are arriving practically field-fresh, ready to take hold in gardens everywhere.
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18. ESCAPE TO ONE OF THE ORIGINAL 13 COLONIES—THE ONE THAT LOOKS LIKE A FOREIGN COUNTRY. South Carolina has a big, beautiful, 36-page book that describes the art, architecture, customs, cuisine, and diversity of life in this wondrous state.

19. GERMINATION! That's the name of the game at George W. Park Seed Co. 116-page, full-color catalogue lists over 3,000 varieties of flowers and vegetables, plus a germination table and culture guides. New selections feature Blue Picotee Petunia with a unique white edging and a new Dianthus called Orchid Lace.

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January, 1973

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Building facts

Materials and equipment used in the three-generation beach house (pages 78-83)

ARCHITECTS, INTERIOR DESIGNERS, AND LANDSCAPE ARCHITECTS: Robert A. M. Stern and John S. Haggman.

CONTRACTOR: Edward Pospisil & Son, Inc.

SIZE OF HOUSE: Main house: 4,500 square feet; guest house: 2,300 square feet.

SIZE OF LOT: 6 acres.


EXTERIOR OF HOUSE: Exterior walls: Canadian hand-split cedar shakes.

EXTERIOR finish: Bleaching oil by Samuel Cabot, Inc.

Roof: Built-up roofing with layers of bituminous-coated building paper.

Insulation: Foil-backed glass fiber batts by Johns-Manville Corp.

Windows: Wooden awning windows by Caradeo, Inc. and Pella, a division of Rosslyn Co.

Doors: Wood frame, sliding glass doors by Andersen Corp.; glass doors by Morgan Door Co.

INTERIOR OF HOUSE: Interior walls and ceilings: In major rooms, wood wainscoting.

in kitchen, 8%-inch gypsum wallboard; in bathrooms, 1-inch gypsum wallboard.

Floors: In major rooms, 3%-inch strip oak flooring; in guest house, ceramic tile by Country Floors, Inc.; in kitchen, 6-inch square quarry tile by American Olean Tile Co.; in bathrooms, 1-inch square white matte mosaic tile by American Olean Tile Co.

Lighting fixtures: Recessed lighting fixtures, with dimmer control, by Edison Price, Inc.

Hardware: Brushed chrome by General Lock Mfg. Co.

Kitchen cabinets: Custom design by architects.

Kitchen countertops: Formica by Formica Corp.


Appliances: Electric ovens and gas ranges by Westinghouse Universal, a division of Westinghouse Corp.; refrigerator and freezer by Frigidaire Div., General Motors Corp.; "Disposal" food waste disposer by General Electric Co.; laundry washer and dryer by Westinghouse Electric Corp.

Heating system: Oil-fired forced warm air.