FEBRUARY

HOUSE & GARDEN

ON UP-TO-DATE

To decorate for
FORMAL CHARM
EASY LIVING

AMERICA'S GREATEST ROOMS

BEAUTIFUL BARN MAKE-OVER

STYLIC KITCHENS - LATEST EQUIPMENT

WINE & FOOD

James Beard's
NEW ENGLAND
OILED DINNER
DELICIOUS VARIATIONS

THE

ROBERT REDFORDS
FRONTIER LIFE
IN UTAH
Let GREAT-LASH, THE PROTEIN MASCARA, put your lashes in the thick of things.

Watch your thin, skimpy lashes turn into thick, lovely looking lashes. You can actually see this happen when you use Maybelline Great-Lash, the protein mascara.

Great-Lash builds rich, full body onto every tiny lash, the way protein formulas build body onto your hair. The special Builder-Brush applicator delivers thicker coverage, more first-stroke color. Extra whorls on the wand find and cover even hidden lashes.

No smearing, sticking, or lumping.

Easy to use. Easy to remove.

You don't even have to wait for Great-Lash Mascara to dry. Just keep brushing until your lashes are thick, thicker, thickest.

Maybelline Great-Lash Mascara was applied to upper lashes. Lashes in this photo are unretouched.

Maybelline
The finest in eye make-up, yet sensibly priced.
A Great Buy for Collectors and Investors!

A Limited Edition of Proof Finish Pure Silver Ingots
ONLY $7.95 EACH

LINCOLN
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"OUR GREATEST AMERICANS"

CHOOSE ANY ONE OR ALL FIVE — BUT EDITION IS LIMITED TO ONLY 10,000 IN SILVER—WHEN THESE ARE GONE, THERE'LL BE NO MORE!

A Limited Edition of Proof Finish Pure Silver Ingots
ONLY $7.95 EACH

A TREASURY OF FINE ART
Five flawless, gleaming mirror-like proof finish ingots will be issued, each quarter year, until late 1977...ideal to display individually or as a group ringing our country's bicentennial celebration in 1776. Future ingots will commemorate other remarkable Americans who have contributed so richly to our country's greatness.

A STRICTLY LIMITED OFFER
The Hamilton Mint, known for its magnificent relief sculpture and craftsmanship will strike this series in an extremely limited edition of 10,000 proof finish sets in Pure Silver. To protect the integrity of this edition, only one complete "proof" set will be minted for each subscriber and the dies will be destroyed after all editions are completed. Proof sets are usually reserved only for masterworks of medallic art.

GUARANTEED PRICE PROTECTION!
If you purchase all five now, The Hamilton Mint will guarantee this remarkably low purchase price for future purchases in this series. If you choose to make them. Although the price of Silver and Gold have almost doubled this year, The Mint will commit for a sufficient quantity of Silver and Gold at current market prices to fully cover your future orders. (No matter how high the price of silver and gold may rise while the collection is being minted.)

YOUR PERSONAL SERIAL NUMBER
Your individual proof finish ingots will be minted expressly for you and each ingot will carry your personal matching serial number along with The Hamilton Mint Hallmark and certification of Silver and Gold content. If you purchase all five in this initial group, your same serial number will be reserved for you for all future ingots in this collection.

Each group of five will come smartly packaged in clear bicite display case along with fascinating historical background of each subject commemorated...details worth preserving together with your valuable ingot collection.

REMARKABLE INVESTMENT POTENTIAL!
This remarkable opportunity to acquire ingots of artistic and historical significance in Silver and Gold is at a time when leading economists and investment advisors are predicting Silver and Gold will continue to become even more valuable in the years to come. Collectors have already realized bonanzas. A 1970 Christmas Ingot, for example, was issued for $12.00 and is now being re-sold for $185. A 1972 Thanksgiving Ingot containing 1 oz. of silver originally sold for $4.50 and is now trading at about $62. So please act promptly to share in the excitement of building a magnificent collection in Silver and Gold at a guaranteed price. Your order can only be accepted if it is received in time, to be included within the edition limits. Order yours today!

Deluxe Version: 24KT Gold on Pure Silver
The beauty of these silver ingots is made even more exquisite and the ingots made more valuable with gold layered on pure silver. Only 5,000 of each will be minted. Each will also be individually serially numbered and each will cost just $12.50.

Examine Your First Ingot (or all 5) for 10 Full Days with No Risk!

OFFICIAL ORDER FORM

"OUR GREATEST AMERICANS" LIMIT: ONE PROOF COLLECTION PER SUBSCRIBER

THE HAMILTON MINT
40 East Illinois Drive, Arlington Heights, Illinois 60004

Please send me individual ingots checked below. I understand if I order all five, that my personal serial number will be reserved for all future ingots in this series and at the guaranteed price. I enclose my check or m.o. for:

• Single Ingot(s) in 999 Pure Silver as indicated.
• Single Ingot(s) in 24KT Gold on Silver as indicated.

Abraham Lincoln John F. Kennedy
Douglas MacArthur Thomas A. Edison
Dwight D. Eisenhower

Please add 50c postage and handling per order. (Illinois residents please add 5% sales tax.)

Name
Address
City State Zip Code

A UNIQUE OPPORTUNITY TO BUY SILVER & SAVE:
Send me all 5 Pure Silver Ingots (a full 2,400 grains) for only $58.75 plus $1.00 for postage and handling.
Send me all 5 with gold layered on 2,400 grain Silver Ingots for only $85.75 plus $1.00 for postage and handling.

I WANT TO CHARGE ORDER TO MY:
BankAmericard Master Charge
Interbank

Acct. #

Good Thru

EBRUARY, 1974
Michelangelo was once an unknown, too.

For years, Michelangelo was turning out some of the finest pieces of art in the world—and yet, his name was not well known.

Eventually, he was recognized as a master.

For years, Hammary has been turning out some of the finest furniture on the market—and yet, the Hammary name is not well known.

Eventually, Hammary will be recognized just as Michelangelo... for like Michelangelo, Hammary has been concentrating on design and craftsmanship, resulting in superiority in its field.

If you'd like to see some further examples of Hammary artistry, send $1.00 to: Hammary, Dept. 13, Lenoir, North Carolina 28645.

HAMMARY
It's not our name that sells our furniture.
Collect limited editions of original Waterford: D. Waterford to light and you can proudly etch the guarantee that lies as an artistic work of art. Each piece of Waterford crystal is a original, made with heart. Each piece of Waterford crystal has the lead content. In white hot heat, the brilliance of the glory of the past. Every single facet is hand in Ireland, the way Waterford pieces were many years ago. Waterford gathers the of ten thousand days to illuminate the thousand portraits. An investment in that will enchant now, and reward your heirs as it in value. Write for free full booklets. Waterford, 225 Fifth New York 10010. Visit the Waterford store at the 4th floor store in area. Is it time you collecting originals by Waterford? And English bone by Aynsley, to go?
The only dishwasher that comes with a sink attached.

It's a convenient, reliable KitchenAid dishwasher. That comes with its own stainless steel sink and countertop. It's only 48" wide. And there's a roomy storage cabinet with plenty of space to add a KitchenAid disposer and dispenser for 190° hot water.

We call it a dishwasher-sink. You'll call it a good way to get half a new kitchen with just one appliance.

For details on available models and colors, talk to your KitchenAid dealer. (He's in the Yellow Pages.) Or just mail the coupon.

---

**KitchenAid**

Dishwashers • Compactors
Dispensers
KitchenAid Div., Dept. 4DA-2
The Hobart Manufacturing Co.
Troy, Ohio 45374

Name
Address
City
State
Zip

---

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Beautiful!
OP&GLO makes “no-wax” floors look their best—everytime you damp mop.

When so-called “no-wax” floors begin to lose their lustre in a short period of time, OP&Glo keeps those floors looking beautiful. And it’s quick and easy. Instead of a liquid cleaner and water, just squeeze out Mop&Glo and go over it with a damp mop. It keeps all non-wood flooring looking beautiful.

From “no-wax” floors, to linoleum, to tile. OP&GLO® cleans and shines every time you damp mop.
Remember when things were pretty much what they appeared to be? If it looked like wood, it was wood. Not plastic. If it looked like an oriental rug, it was an oriental rug. Not an imitation. Today there are so many cover-ups and fakes and phonies around, it's rare to still find something with reality and substance.

Bruce Homestead Plank oak flooring is the real McCoy. It's not an imitation. It's not a floor covering. It's actually the floor. Solid oak planks over three-quarters of an inch thick. The same strong, dependable oak planks the early American settlers laid in their homes. The edges are beveled to accentuate the reality and individual beauty and strength of each plank. And the surface is rough-hewn exactly as it was 200 years ago.

Come back to reality. Come back to beautiful, believable solid oak floors. Once more Bruce forges backward. Real Bruce oak floors start at about $1.50 a square foot including installation. Naturally, prices vary somewhat due to location, size of job and floor style.

Bruce Flooring
Memphis, Tennessee 38101
Division of E. L. Bruce Co., Inc.
I want to get back to reality.
Here's 25¢ for your color booklet.
sunshine days and summer evenings

...and the Selig seating combination of your choice. That's what makes a room where summer never ends. Yours is the choice of matching sofa and loveseat or sofa with color-related chairs. The seven foot sofa and its companion loveseat make an elegant expanse of richly figured stripe. The chairs give a room the velvet touch of deep, jewel-toned color.

All in your choice of color themes—Lime Green and Pink, blazing Coppertone or brilliant Marigold—and fabrics treated with Fabric Protector with Extra Soil Defense against every kind of spill, even oil based stains. Scotchgard keeps the summer morning freshness of your favorite fabric colors crisp, bright. Dirt brushes off, stains wipe away, colors sing out longer.

The combination of your choice, in the color theme of your choice is yours with savings for a limited time—at a store near you. Sofa and loveseat or sofa and pair of chairs, regularly well over $1,000 now yours for $699—a savings of more than $300.

And, as an extra gift, you get an additional ½ yard of each fabric for arm rests or throw pillows.

See the Selig room where summer never ends at a fine store near you, or write.

And for our Folio of Contemporary Designs, send $1.00 to Dept.G-24, Selig, Leominster, Mass. 01453.

SELIG

Prices slightly higher west of the Rockies.
Here indeed is a room to reflect in, to bask in the quiet glow of redwood and the warmth of a morning fire. It is a room created of redwood. Opening to the outdoors yet secure and intimate.

Only redwood gives so much and asks so little. Your redwood home has a life that is measured in decades. Yet it needs little care. And its beauty is timeless.

Redwood. Build with it, and you build for tomorrow.
By Louise Ade Boger

**Gothic Style Teapot**

My in-laws left me this teapot, which I once admired. I would like very much to know how old it is.

F.J.—Bolingbrook, Ill.

Your relief-decorated, perhaps white stoneware, teapot with figures in Gothic niches was made in the Staffordshire district of England in the 1840s when Gothic detail was a great favorite.

**Queen Anne Lowboy**

I inherited this lowboy. Do you know how old it is, what style, and how it was originally used?

W.J.D.—Bronx, N.Y.

Your oblong side table, known as a lowboy in America, is in the Queen Anne style and was probably made here about 1740-1750. It combined the advantages of a small chest of drawers and a table. Ladies found them useful as dressing tables and on the flat top placed a dressing mirror, mounted on a box stand.

**Coin Bank**

Can you tell the difference between my mechanical bank and the Kicking Mule Bank?

L.N.—Staten Island, N.Y.

There is no difference. J & E Stevens who first made this coin bank in 1879-80 called it The Kicking Mule Bank, even though "Always Did "Spise A Mule" is written on the base. The Montgomery Ward catalogue No. 57, 1895 listed it with illustration: "The Kicking Mule Bank. The mule and rider being brought into position, a slight touch on the knob at the base causes the mule to kick and throw the rider over his head, when the coin is thrown from the rider’s mouth into the receptacle below. Price: 88c."

**Library Reading Chair**

I have been told my English chair was used in cock-fighting. Any information you could give me would be appreciated.

L.B.—New York, N.Y.

Sheraton described the purpose of these chairs in his Cabinet Dictionary, 1803. "They are intended to make the exercise of reading easy and for the convenience of taking a note or quotation on any subject. The reader places himself with his back to the front of the chair and rests his arms on the top." Your chair dates around the 1720s.

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Continued on page 12
American classic furniture, an 18th-century style deeply influenced by English fashion of the day, is gaining importance in the world's antique market. But ownership of the finest originals is restricted by the limited number available.

Baker has re-created these timeless designs in a comprehensive new collection, the American Classics. The collection, now displayed in room settings at Baker, Knapp & Tubbs showrooms, was inspired by original documented drawings, many of which were found in Boston, Salem, Newport and the Connecticut River Valley.

Included are the unusual Windsor chair, reflecting a Shaker influence, and the Chippendale chest with serpentine front.

Like all Baker reproductions, each is made from fine woods selected for authenticity and crafted by skilled hands to be scrupulously faithful to the original.

American, Far East and European collections are displayed within professionally designed room settings in Baker, Knapp & Tubbs showrooms in the cities listed below. Your interior designer, furniture retailer or architect will introduce you to this unique source for fine furniture.

A 32-page catalog of the American Classics Collection is available for one dollar from Baker Furniture, 611 Merchandise Mart, Chicago, Illinois, 60654.
Soaring with infinite grace, this symbol of free flight has paused for a brief moment to become a lovely collection of sterling Seagull jewelry, created by International Silver, master silversmiths. There’s a gift here for anyone who likes beautiful things, including a handsome tie bar for the men. All items gift boxed.

Pendant, with chain and pin attachment, $10.

Large Barrette, $15.

Small Barrette, $10.

Ring, $7.50.

Pierced Earrings, $10.

Screw-on Earrings, $12.

Tie Bar, $9.

At fine stores, or order by mail today. Prices include postage and handling.

America's Archives, Dept. S3
P.O. Box 1776, Wallingford, Conn. 06492

Please send me the following items of “Seagull” sterling jewelry. (Indicate quantity ordered for each item.)

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<td>Pierced Earrings</td>
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<td>$10</td>
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<tr>
<td>Screw-on Earrings</td>
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<tr>
<td>Tie Bar</td>
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Total amount enclosed or charged

Name

Address

City State Zip

Charge my purchase to:

- [ ] Diners Club
- [ ] American Express
- [ ] Master Charge
- [ ] Bank Americard

Master Charge # Account #

Expiration Date Signature

No COD's. Conn. residents add sales tax. Offer good in U.S.A. only, except where prohibited or restricted by law.

MANTEL GARNITURE

My clock has a porcelain face with handpainted flowers; carved in marble is the word France. Please tell me anything you can about the origin of my clock.

L.E.L.—Blue Springs, Mo.

Your Louis XVI style mantel garniture, which bears the country of origin, France, was made sometime after 1890. The McKinley Tariff Act, which became law on March 1, 1891, states that all articles of foreign manufacture shall be plainly marked with their country of origin or shall not be admitted into the United States.

POWDER HORN

This powder horn has been passed along by family members. Do you have any idea of its age?

J.K.—Arcadia, Cal.

Your Patriotic Arms powder flask decorated with the Eagle and Coat-of-Arms pattern was made after 1857 by the American Flask and Cap Company of Waterbury, Conn. Your powder flask is listed and illustrated in The Powder Flask Book by Ray Relling, a Bonanza book.

PLATTER BACKSTAMP

I have a large white platter with these marks on the back. Can you tell how old it is?

H.H.—Dearborn, Mo.

The unusually interesting backstamp on your platter shows by its diamond-shaped mark that the pattern was registered at the London Patent Office on September 19, 1846, by the Staffordshire potters T. & R. Boote, and the words “Dealer in Queen’s Ware” (a fine lead-glazed earthenware, virtually the creation of Josiah Wedgwood) shows what was being advertised. The well-documented backstamp enhances the value of your platter considerably.

BREAD TRAY

I have a glass bread plate with “Give Us This Day Our Daily Bread,” around the edges and a raised bust of a Miss Neilson in the center. Who was Miss Neilson?

R.C.—Long Beach, Cal.

Your pressed glass bread tray portrays the English actress Adelaide Neilson (1846-1880). In 1872 she visited America, where her beauty and talent won her wide acclaim and she returned year after year.

Special offer to House & Garden Readers:

Copies of Louise Ade Boger’s new book, House & Garden’s Antiques: Questions & Answers are now available. A generous collection of items—over 900—from past columns, and all arranged by category for easy reference. Only $9.95 per copy, plus 45c for postage and handling. Write to Conde Nast Books, P.O. Box 3508, Grand Central Station, New York, N.Y. 10017.
The Literary Guild

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If card is missing, write to The Literary Guild, Dept. EP 021, Garden City, N.Y. 11530.

MARCH, 1974
LOOKING TOWARD THE 1976 BICENTENNIAL CELEBRATION

A GREAT AMERICAN IDEA

THE HITCHCOCK CHAIR: NEW ENGLAND IMMORTAL

BY KENNETH BATES

There were three kinds of seat covering—wood, handwoven rush, and cane. (The rush seat was often called a "flagseat" because in some locales it was made of iris leaves. But not in Connecticut. There, at harvest time, for reasons best known to nature, the female cattail leaves used for cushioning took to fluttering in the breeze like pennants at a regatta. They still do—hence the "flag.")

For fourteen years, Hitchcock made his chairs—but very little money, and in 1840, closed his factory. Not until 1946 was it restored and put back into operation by John Tarrant Kenney, a Hitchcock enthusiast and collector.

Today, the Hitchcock Chair Factory is again going full blast, and—making allowances for the patina of time—it isn't easy to tell a reproduction from an original. In 1972, as a tribute to Lambert Hitchcock, John Kenney established the Hitchcock Museum in the Old Union Church—a Riverton landmark—and filled it with Hitchcock originals and notable pieces of cabinetry by other furniture makers of the period.

The museum (there is no admission fee) is open from May 1 through November 30 from 10 until 5, and from December 1 through April 30 for the same span of hours—but on Saturdays only. There is a showroom at the factory nearby (a new Hitchcock chair runs from $60 to $90), an antique shop, a very good restaurant at the Old Riverton Inn (a comfortable hostelry where if you reserve rooms in advance, you may enjoy staying for a night or two), and a bakery behind the inn where $2 will still buy you enough homemade bread and cheese to tide you over on the journey home.

The Hitchcock Museum, left, in Riverton, Conn., is housed in the Old Union Church, a granite edifice whose congregation now gathers elsewhere. But were the worshippers to return, there would be no lack of chairs. All are beautiful old Hitchcocks, far more comfortable than a 19th-century pew.
Paneling carved from the past.

Introducing the hand-carved look of the past . . . The Historic Collection. Four new Masonite brand panelings that re-create the look and feel of classic hand-carved wood in durable Masonite hardboard. So deeply textured, they ask to be touched. So authentically detailed, they are reproduced down to chisel marks and pegs.

Like all Masonite brand panelings, The Historic Collection is more than just good looks. Designed for easy installation, these 4' x 8' panels are also very easy to afford.

Choose from four traditional designs . . . British Traditional, Spanish Mediterranean, French Provincial, or Early American. See the entire Historic Collection at your Masonite dealer. And see how the hand-carved look of the past can add to your home in the present.
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This beautiful Recipe File, valued at $5.00, is yours FREE with your first set of Betty Crocker Recipe Cards. It comes in your choice of four stunning decorator colors and keeps your cards clean, tidy, and ready for instant use at any time.

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To take advantage of this special offer, simply indicate your choice of decorator color on the coupon and mail it to us.

We will rush your first set of 27 Recipe Cards — SEASONAL FAVORITES — and four blank cards for your own recipe discoveries... PLUS the Recipe File and Divider Cards, for 14 days FREE examination. You may return the cards within 14 days and owe us nothing. Or you may pay only $1.00 plus a small charge for postage, handling and local tax for the set of Recipe Cards. Either way, the Recipe File, a $5.00 value, will be yours as a GIFT, without obligation.

In the following two months you will receive your second and third sets of recipe cards for the same low price of just $1.00 each plus postage, handling, and local tax. If you are completely satisfied you will thereafter receive three sets of recipe cards a month for the next seven months, until your 24-set library is complete. You will always be billed at the same low price of $1.00 per set plus postage, handling, and local tax, and the sets are in every case sent to you on approval. You may also cancel the entire arrangement at any time. When your Betty Crocker Recipe Card Library is complete, you will have more than 1,000 recipes at your fingertips to meet every home and entertainment need.

GOLDEN PRESS
Department BC-204
170 Community Drive
Lake Success Park
Great Neck, New York 11025

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From all the thousands of recipes developed and tested by the Betty Crocker Kitchens over the years, they have chosen the most popular — YOUR Favorites!

There are more than 1,000 recipes in all, many never before in print!

There are money-saving recipes galore along with helpful tips and tricks...
25% off Towle.
The more beautiful sterling.

An outstanding opportunity to start and complete your sterling. At an outstanding savings, 24 months to pay. No finance charges. Buy your Towle sterling on our Silver Club Plan. You just pay 10% down and the balance in 24 equal monthly payments. The deferred payment price is the same as the cash price. Just come in or use the coupon below.

ITEM

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SERVING PIECES

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The Emporium Silver Department 835 Market Street San Francisco, California 94103

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Pattern Name

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<th>Unit Price</th>
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<td>of</td>
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Name

Address

City

State

Zip.

Check enclosed for the full amount

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None of the foregoing will move to the garden people who want to rely on a glib answer for not gardening, but it could nudge those toward it who have been merely hesitant. Almost all of us have an aptitude for growing things, instinctive, really, going back 300,000 to 400,000 years of getting food from growing plants, instead of whacking down various four-legged animals to eat. The late Jane Grant, my wife and partner, and I found this to be true when we first started to garden in the mid-1930s. Getting seed and plants into the ground came naturally enough, for we had seen it done, but when they started to grow we scurried for help. It is sort of like babies; they seem to grow weasles to it an owner of a home finds work around it onerous, even the repetitive chores, for they look so nice when done, and certainly they try to surround themselves with as much beauty as possible, even if it takes effort.

This is the first of a series of short articles about gardening addressed to those American householders who would like to garden, but don’t—for any number of reasons. It is also addressed to the dabbler and tyro who garden from time to time as well as to those whose cultural instincts tell them that they should know more about gardening because it is a rewarding avocation. These articles are largely a report of my own experience—thirty-five years of it—showing how easy gardening can be once one passes the difficulties of beginning.

I have a customer of longstanding about the word “green thumb.” There seems to be nothing printed about its origin. If, as I was once told, it comes from a term used for workers in greenhouses where pots quickly become encrusted with algae, the workers’ thumbs turning green from the chlorophyll, a stain difficult to remove . . . well, it’s all right with me, for it presents merely an image of people acquiring green thumbs by jockeying pots around and indicating no skill in caring for what’s inside them.

I’ve looked up this compound noun and can’t find it in gardening books going back to 1870 (Nicholson’s Dictionary); poets of old wrote no odes to it; it does not appear in Bartlett’s Quotations (1924), Funk & Wagnalls (unabridged, 1931) doesn’t list it, but Webster’s Seventh Collegiate (1963) does: “an unusual ability to grow plants.” Four other dictionaries, none earlier than 1960, also list it, one relates a patent fairy story. It is my hunch that it came into the language about 1946 when a manufacturer of women’s work gloves stitched in green thumbs and called them that in hope of finding a market. The present use of this word, obviously new to gardening, does not have the simple Webster meaning to most of the gardeners I have talked to or whose letters I have read—use it defensively, negatively, helplessly, it is something they don’t have because they were not born with it. They believe a mystique surrounding gardening is impenetrable to them. They think of an attitude nature endows—or of “secrets” possessed by successful gardeners, or by nurserymen. A green thumber to me is a guy who kills plants by squeezing them to death, thereby staining his hands with chlorophyll, their lifeblood. It seems to follow that a black thumber is a fine grower of plants, for his fingers are stained with the kind of rich earth in which they thrive. But who’s proud of dirty thumbs? No one; that’s who.

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The avid young gardeners with the nice instincts who start gardening today will have to be resigned to going it alone. It is fine to have an interested mate, and many times this happens. I have friends with sons and daughters in their upper teens who are interested and sometime even dedicated gardeners.

Continued on page 22

A GARDENER SPEAKS HIS MIND

Notes to encourage the beginning gardener

BY WILLIAM B. HARRIS

This is the first of a series of short articles about gardening addressed to those American householders who would like to garden, but don’t—for any number of reasons. It is also addressed to the dabbler and tyro who garden from time to time as well as to those whose cultural instincts tell them that they should know more about gardening because it is a rewarding avocation. These articles are largely a report of my own experience—thirty-five years of it—showing how easy gardening can be once one passes the difficulties of beginning.

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Almost all of us have an aptitude for growing things, instinctive, really

TO ENCOURAGE THE BEGINNING GARDENER continued from page 20

er's, but this is not usual. As for hiring competent outside help... well, forget it, the middle-aged handyman of my mother's days, the man who could do anything in or out of the house, doesn't exist anymore. Those who are very rich hire professionals. They cost $15,000 and more a year with a house full of appliances and free services, plus the equivalent of a Buick—and his wife doesn't give a hand with parties. But there are those generally unemployed bundles of energy called high-school boys, who can be coaxed to work Saturdays in the spring and full time during a large part of the summer. They eagerly do anything they are told to do, but the telling must be step by step—or they concoct shambles. This means that one stays with them every moment they are on the job. Those boys who will come back the following year turn out to be jewels, but they age, you know, and it is necessary to start all over again at least every three years.

When you start gardening from scratch, as Miss G. and I did, you rather quickly start hunting for directions. Or call friends for help. A Litchfield friend with a very nice garden was so overcome by laughter at the thought of a couple of confirmed city-folk wanting to grow a flower garden... "It's incredible, my dear... imagine... of course, if you are really serious..." that our affection for her cooled for a time. I couldn't see anything funny about it. Grant wanted flowers to arrange in our new home made from a barn, and as the wildflowers she picked faded as soon as arranged (she used to cuss them gently for their bad manners), I volunteered, based on no knowledge other than having grown sugar beets and alfalfa hay on a Colorado ranch for a short time about twenty years before, to grow some flowers. Annuals. Because I knew a few of their names and had seen them grow: I had turned over soil close to an old stone wall the previous October to make a bed about 20 feet long and 5 feet wide. It had been part of a meadow. I raked it pretty in the spring. Planted the annuals. The packets told the depth. They also said, "... plant in a good garden loam." I thought I knew the meaning of "loam"—a soil that crumbles easily, but then I went to Webster. His first definition read, "... a mixture composed chiefly of moistened clay;" number two said, "... a friable mixture of varying parts of clay, silt, and sand." The definitions seemed to fight each other, for clay, as I knew it, certainly wasn't friable—it sticks together instead of crumbling. So much for Webster. That's also the kind of loud and clear information a beginning gardener gets from so many garden books. Their authors assume the neophyte can follow any gardening directions easily and learn by rote, without really knowing the meaning of the terms used. I shall go into this later. Here I should point out that the bed of annuals bloomed splendidly that summer. The tremendous will to live and flourish, built into the genes of the smallest seeds and plants, is a never-ending source of wonderment; to the beginner, first bloom, no matter how straggly, represents accomplishment.

The next summer the annuals did not perform as well. A neighbor next door, a real down-easter whose forebears arrived twelve years after the Mayflower, had suggested I put "a bit of potato fertilizer" on the bed when it was first dug. The potato fertilizer turned out to be 5-7-7, which I learned later was low in the major plant foods. I had no idea how much to put on, but I sure was liberal, for it took me a long time to discover that if a little fertilizer is good, more is not better. I had used fertilizer the second season, but not as much as the first. And when the plants did not improve the third summer, after a rather heavy application of the potato fertilizer, it seemed reasonable to believe that something was wrong. With the soil.

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TO ENCOURAGE THE BEGINNING GARDENER continued from page 22

have had a similar experience. It seems to prove that you can take a spadeful of unused soil and do fairly well with it the first year. But not getting even a copy of the first year's results on the third try, seems enough for a beginner to say the hell with it—let's just cut the grass.

I don't recall that I had had such a reaction. Anyway, there was a charming, 5-foot girl around the place who was downright rowdy about jobs I started and did not finish. My head-shaking evidently grated on Grant, for when I repeated one too many times that "it must be the soil," she snapped, "There's nothing like finding out." But why had the plants about a foot from the wall grown well all three years? It was the others which had not. At some point in every gardener's experience he finds out that the fertility of the soil in his carefully prepared border is not as even as he thinks it is. The reason my annuals grew well close to the wall was that the earth there was practically virgin top soil. Leaves had blown and rotted out on that strip since the land had been cleared; no plow, even one drawn by a single oxen, could have pulled that close. It took a long time for me to figure that out.

The best years of a border whose soil has been properly prepared, even those that have been double-dug, a term to be explained later, are its early ones. The careful gardener has balanced it exactly, unharpered by any plants in the area. It is all fine top soil about a foot deep (this is also referred to as "rich, garden loam"). The preparation of such a bed is a fine base for a border but to keep plants flourishing it must be regularly replenished, for fertilization gets out of balance over the years, regardless of how expertly it is done. The reasons are numerous. No gardener can be expected to do everything right. For example, in applying fertilizer, he may spill some—if it isn't picked up and distributed that square foot may be too rich for a plant like, say, tall bearded iris, which does best on fairly lean soil. So it may not do well. Or necessary additional organic matter, which under the best circumstances is not easy to apply on an established border, may go on unevenly. Some plants, such as delphinium, require lime—if a lime hating plant like heather replaces it, the heather certainly will do badly or more likely die, for it hates lime. But I hasten to point out that these are reasons—ones that can't be traced to weather—why good gardeners may lose an occasional plant. They know it. They know that if one out of six new plants fails to grow, it is because that plant didn't like its new home. They don't go running to their nurseryman—as I did once upon a time.

The something I did about the soil in the little annual garden was to take a spadeful to a nurseryman about 15 miles away. The friend who had guffawed upon hearing that we would become gardeners told me to mention her name. The nurseryman was an older man. He told about my problem. He took a handful of the damp soil and squeezed it. It crumbled upon release. "Sandy," he said, then smelled a palpable. His expression told me the soil was sour. Then he rubbed some between his thumb and forefinger and looked carefully. "I know what I'd do," he said. New Englanders are not the least glib; in about a full minute he said, "Well... after frost, I'd get an old gunny sack, put some lime in it, then dust the bed lightly with lime. I'd do this four times. Then I'd put a couple of inches of old cow manure—and fork that in. Next spring fork it again. And maybe add just a touch of super phosphate. That's what I'd do. But my son would send this out for testing. He's been around two years since finishing college. Gets good results with this testing business, too. Sometimes better than I do."

So I sent the soil to the state agricultural school to have it tested.

And as it turned out, I did just about what my nurseryman would have done.  

(To be continued in an early issue.)
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Any house repairs or remodeling you can do yourself in these days of high labor costs are worthwhile. And manufacturers are making it easier for you to be a house fixer. Georgia Pacific Corp., manufacturers of gypsum wallboard, has recently issued a Do-It-Yourself Gypsum Wallboard Application free instruction booklet (Write Georgia Pacific Corp., 900 S.W. Fifth Ave., Portland, Ore. 97204.) In fifteen illustrated steps, charts the proper procedures. How to plan the project, estimate quantity of materials, what tools to use at the starting steps. Cutting the wallboard, installing it on ceiling and walls follows. Attaching cornerbead, applying compound and tape, and detailed finishing instructions wrap up the project.

Azrock Floor Products has a how-to folder for laying vinyl asbestos tile in six steps. It explains planning the tile layout pattern, applying adhesive, laying tiles in quarter section areas of floor, cutting and fitting border tiles. A do-it-yourselfer can tile a 10-by-15-foot room in a few hours for about $35. Write Azrock Floor Products Consumer Services, P.O. Box 531, San Antonio, Tex. 78292 for the free folder, Easy Does It.

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AT BETTER INTERIOR DESIGNERS AND WALLPAPER DEALERS.

Some notes on good looks & good health

The best things in life are new—especially woman. And what is she going to want now?

BY REBECCA WARFIELD

Rebecca Warfield, our Contributing Beauty Editor since 1969, died of cancer November 13, 1973. She contributed articles on many subjects over the years to Condé Nast magazines. For House & Garden she originated this column, which reflected her enthusiasm, curiosity, insight, and passionate pursuit of perfection. "The Newwoman was her vital concern—she was always instinctively a Newwoman herself. As a tribute to her and because we feel her thoughts are more timely than ever, we are excerpting from an article she wrote in 1972.

The new woman who's around happens to be invisible. People keep telling each other that this one is totally different. Changed utterly. Upside down. Inside out. Remodeled. Where is she? No one is quite sure that they ever met her. On the other hand, they won't say she isn't so. "But she doesn't look Different." True—because unlike other Newwomen who have come down across time, you can't see this one.

You could see the 18th-century Woman clearly. And when she stepped out of her ferocious cages of silk and satin and melted into the Empress of Regency Woman, that was a visual smash no one could miss. And when the still-Edwardian, gliding World War I girl exploded into the gyrating, let-everything-go, perpetual-motion Flapper, the world got a sock in the jaw it could really feel. So what happened? Woman didn't get up abruptly from the rocking chair to rock the boat. She simply stepped quietly over an imperceptible line, pulled up alongside Man to stand even. It has been a long and anxious journey that had to bypass such hazards as the plights of Aristotle who—in 344 B.C.—decided that "Woman must be said to be an inferior man." Probably the most recent milestones as The Pill, new Abortion laws, and Women's Lib really put her across the finish line. So this time she isn't dressing up in the boat. She simply slipped imperceptibly, and the boat simply followed.

Well, now that she's here, what does she want? The very question makes many women smile and some men nervous and has sent hordes of social scientists scurrying to analyze, dissect, and decide on those wants. Of course the answers aren't all in—and those that are aren't all that alarming. She doesn't want absolute power or her husband's job or her land on the big push—but those that she wants are sometimes fairly sweeping, but frequently small and always human. As wanting itself is.

She wants one area of her own life completely her own... This pressing need, as much as the financial spur, is often why this woman works and—strangely—why a significant group of psychiatrists, gynecologists, and interests say that indeed she should, that she is and hopes one day. She wants to be the different. True—because unlike other Newwomen who have come down across time, you can't see this one.

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She wants information... on every absorbing fact, idea, and opinion around and she wants it to feed her interior life.

She wants to change her habits... She is more willing now to accept what was once outlandish and impossible.

She wants to grow away from the upright puritan ethic... and all that guilt—to live easily within the new sexuality.

She wants to be feminine rather than feminist... to be loved, living and giving, outgoing, wanted, needed, and rewarded all the time with wonderful presents... Even though she may not become involved personally in Women's Lib, she does feel obliged to them for many things (such as making the put-down of women forever untasty). She believes that Women's Lib is her Army, Navy, and Marines and is grateful.

She wants to explore new experience... She wants to become committed... to find a cause after her own heart and go whither it goes.

She wants to go to a party and be listened to with the same rapt interest and eye contact attention women have been extending to men all their lives.

She wants to be the Newwoman she is and hopes one day that her old man will become Newman someday.
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NOTES OF A

Happy Housekeeper

BY MARY ELIZABETH FALTER

I’m very enthusiastic about my new Lucite cheese boards. Ac­
tually, they’re more than cheese boards—they can be used as trivets
under hot plates and platters, and they are clean and efficient cutting
boards. They’re better than wood because there are no cracks to
catch crumbs and bits of food. Wooden boards can be a troublesome
source of bacteria and this is something the health department men­
tions regularly. Best of all, these heavy, clear boards are easy to
and store.

Sally now has her own apartment, so we’re in the process of turning
her room into a guest room. As we’ve all had our good and bad
experiences with the guest room, we decided that before we
went any further, we’d better check ours out for comfort. Tom and I
spent a night there and we did come up with a few new ideas.

First of all, the room is on the east side of the house and we defi­
ately need heavier window shades to cut down the early morning
light. And Tom has decided that the twin beds should be replaced
as they are old, slightly saggy, and too short. As he reasonably
pointed out, a short person is perfectly happy in an extra length bed,
but a tall person can be miserable in a short one.

Other nice touches I’m going to add: a pair of fluffy mohair
afghans, a new quiet clock, a small flashlight in case of an emer­
geney, and a night light. And just before a guest arrives, I’ll add
a new book or two, some recent magazines, and fresh flowers or a
plant. Of course, there’ll be basic toilettries in the bathroom and two
water glasses.

There’s a dandy new product on the market that will really help us
lighten the load when it comes to cleaning house. New, easy-to-use
Scott’s Liquid Gold is both an efficient cleaner and a fine finish
for all wood surfaces: floors, furniture, woodwork, and, most
especially, wood panels and cupboards. Our walnut stained kitchen
cupboards, which have never had anything on them except a damp
cloth, had begun to look streaked and dull so we decided to start
there with Liquid Gold. After the first application, the cupboards
weren’t streaked any more but were still a little dull. The second
cost worked wonders—it really made the wood look like new. The
best thing about Liquid Gold is that it really cleans and conditions
deep into the wood and leaves a soft glowing finish on the surface.
It also protects the wood, sealing it against moisture and keeping it
from drying out.

The Scott’s Liquid Gold company also makes a super spray
cleaner for countertops and stainless steel—those hard-work­
ing surfaces that are often difficult to keep looking nice. Scott’s
Counter Top and Stainless Steel Polish and Cleaner really lives up
to its name—it cleans efficiently and seems to keep steel and plastic
surfaces fresh longer and cuts down on finger marks. It’s also great
for the stove, the refrigerator—in fact, all the appliances.

Continued on page 80
If Colgate is just a kid's cavity fighter, how come Walt Frazier won't brush with anything else?

One-on-one, nobody gets past New York Knick star Walt Frazier. Not the biggest guy in the league, not even tomorrow's superstar. But basically Walt is a team player... a man who has the knack of getting people to work together smoothly. On the court and off. Maybe that's why Walt Frazier is a Colgate man.

Colgate is a toothpaste for people who get together with people. It freshens breath as long as a leading mouthwash, as clinical test results show. And the taste is brisk and clean.

Only your dentist can give teeth a better fluoride treatment than Colgate with MFP. But a great cavity fighter can be a powerful breath freshener, too.

If you like people, be sure you brush with Colgate. Walt Frazier wouldn't think of brushing with anything else.

Colgate with MFP... the breath-freshening cavity fighter.
In the summer of 1903, Miss Deanna Durdov hid her cigarettes in the family greenhouse, behind the Pinus Ponderosa. Or was it the Austrian fern?

You've come a long way, baby.

VIRGINIA SLIMS.

Slimmer than the fat cigarettes men smoke.

Why bring tradition up to date?

The great surge to nurture the historical wealth of our country, the interest in preserving anything from an early settler's chair to a monument like the old U.S. Mint in San Francisco is noticeably gathering intensity year by year. Most contemporary architects and city planners we observe are researching into the past, whether they are designing an individual family house or a multistory apartment building. All this looking back, even at a time of enormous technological advance, is actually perfectly logical. "We know we can learn from the patterns of the past," says environmental architect Clifford Moller, author of Architecture and Our Mental Health. "Why do people today want more pedestrian malls, town houses, pleasant open spaces to walk in, within the city? All these things existed traditionally in cities. They have a human scale, which promotes good human interaction and makes people feel comfortable."

Because many of these qualities and too many objects of the past have been disappearing rapidly in the cause of "progress" what we have left to conserve today becomes of major importance. We see in traditional things associations beneficial for our contemporary life. We sense their positive powers, the effect they exert on our consciousness and our emotions. Their very quality of endurance is evidence enough of their value to us.

No wonder then, that we should find increasing interest in making over old buildings for living now and a strong trend for returning to the simple, hardy outdoor life of the pioneer.

This special issue explores some of the ways in which people are taking up this challenge. The Carter Browns, page 36, took an old family log cabin and turned it into a marvelously comfortable house suited to living today. The Jim Christensens, page 44, decided to retrieve a magnificent old 19th-century barn that now is as modern as their life is. The Robert Redfords are retracing the pattern of the early pioneers in their community at Sundance, page 62. To give you decorating inspirations, we photographed six historic American rooms that would be a pleasure to walk right into and live in today, page 54.

To many of us, the immediate future seems unclear. That's why we asked Alistair Cooke, one of the world's most respected reporters, to draw from his knowledge of American history and sum up the national traits that will help us respond constructively at this time. His "Letter to America," page 52, is a thoughtful and inspiring message. There is a wealth of ideas to be derived from the past which will strengthen us for today and tomorrow.
The Charm of Living in an Up-to-Date Log Cabin

A contemporary cry "We wanted somewhere to get away on weekends with our children—and we wanted it to be a blue-jeans house." A traditional solution—an eighteenth-century farmer's cottage in the Pennsylvania countryside, used as a family hunting lodge since the end of the last century. Now, enlarged and newly decorated, a country cabin combining past and present, the essence of informal American living.

At Home with History

The old cabin belonged to Mrs. Carter Brown, whose husband is director of the National Gallery of Art in Washington. It became a family weekend house with the help of Mrs. Henry Parish of Parish Hadley. It all started in the oldest room in the house, the original 18th-century sitting room and kitchen, right and opposite page. Here the men played billiards (there are still four hooks in the ceiling where the table hung when not in use, the room was so small). Here they watched for Indians out of the tiny window in the wall, which still boasts the original glass. And here they cooked the day's bag in the old stone fireplace, opposite page, bottom left. Now the room is more than its history, with Indian durrie rugs, hangings from Guatemala, a quilt tablecloth and knit blanket from Maine, right, and lamp from the Far East, opposite page, top.
Up-to-date log cabin

Patterns from the past

I choose which side to sit depending on where I sat the day before,” says Connie Brown of her 30-foot living room. The eye travels ecstatically over the riot of blues, pinks, and mauves: the intricate chintz sofa and chairs, right, handquilted and made in Kentucky, with Indian silk pillows nuzzling the crocheted blanket from Maine; the decorated Welsh dresser, below, with English candlesticks and rosy apples from the orchard on the table; resting finally on the long view of this room, bottom, which, with its big brick fireplace, is an extension to the old cabin.

“This is a house where the expression “life’s rich tapestry” springs back to life. Every pattern tells a story, from the Indian basket on the window seat to the coffee table, opposite page, whose top is made of an African linen design and whose legs are specially painted to match. Yet there is no standing on ceremony. “There is no feeling when I walk into a room that my hair isn’t right or my lipstick not on properly,” Connie Brown says. “I think they took such care about this, even in the rugs. The colors are faded so that they look as if they had been here for years.” As Mrs. Parish succinctly put it, “the house was for the dogs, too. They are allowed to go where they wish.” The Browns have four dogs—but there are animals everywhere, sitting on shelves, depicted in hangings, peeping out of cupboards. (Did you see the Staffordshire squirrels and Chinese frog in the old sitting room?) You could play a wonderful game in this house—Spot The Animals. Here’s a clue—there are several to be found woven into the tops of the coffee tables in living rooms. There are animals outside, too, for the cabin was used for hunting. Where better to sit and look at the view than from the specially built Chippendale oak bench on the terrace, opposite page, right, another later addition, and one of Connie Brown’s favorite spots?

“Everything is early—Early English, Early American, Early Indian—to keep in harmony with the house.”
The dining room, right, has a calm that comes from its furniture—English oak. "I've always wanted a round, rather crude dining room table," Connie Brown admits. "This is exactly what I imagined. The chairs, too, are perfect—they come from Wales, and none of them exactly match, although we treat them as a set. Another thing I love is the heavy dresser, which can double as a sideboard. On the shelves are wonderful pieces of old—but not important—pottery." The sense of informality follows you everywhere, even up the stairs (are you still counting animals?), this carpet, a copy of a durrie design, below, and into the guest bedroom, opposite page, far right, a textured landscape with tweed carpeting, English chintz curtains, and an Early American bedspread. The English black lacquered headboards are decorated with country scenes.

"I love all the rooms," Connie Brown says, "but perhaps above all I love the little den downstairs, right and opposite page. When I am in the house and guests arrive we always seem to gravitate to this room..." It is a welcoming room, warmed by an apricot glow, a color reflected in the Guatemalan lacquered table, the English carpeting and linen curtains, and the Indian baskets. "By using artifacts and handicrafts," Mrs. Parish explains, "we were able to keep the look of what it is—a country cabin." Outside, the old part of the cabin, in darker wood, center right, looks out past orchards to some of the finest riding country in the area.
"Throughout the house the log-and-plaster walls, typical of this part of the country, are the unifying element"
"The materials, objects, and furniture come from all over America, from Maine to Kentucky—indeed, from all over the world"
You almost feel you could pick the flowers off the bed in this, the most feminine of the cabin's rooms. (What would those early, all-male hunting parties have thought of that!) The headboard, bedspread, and curtains are crewelwork, stitched wool on linen, and the delicate apricots and pinks in the embroidery are picked up in the durrie rug. The chair is painted Austrian, the corner cupboard is Early American, and the bamboo and lacquer desk used as a dressing table is English. No prizes for spotting on the wall yet another fellow, in yellow batik, called Adam—made specially in honor of his namesake, Connie Brown's favorite Peke, left. The unifying element in this, as in all the rooms, is the walls—good strong logs, stained as dark as they will go, with bright white plaster in between, just like the original walls in the old sitting room. Throughout the new extensions to the house, both upstairs and downstairs, old beams have been used for the walls to maintain the authentic log cabin feeling; and since the beams are old, they do not match. “We played it up wherever we could,” says Mrs. Parish. This is the informal approach to living with the past—the distinguishing feature of this house.
Set in a perfectly natural farm landscape, rough grass growing around its perimeter, a dramatic architectural original. A 19th-century barn clad in black asphalt shingles, with great graphic windows catching the changing scenes of nature. It is home to a creative family who love active, outdoor life.

MAKING OVER A 100-YEAR-OLD STRUCTURE

BARN ART FOR LIVING
BARN ART

SPIRALING UP THROUGH FOUR LEVELS

To the Jim Christensens, a barn house precisely matches their ideas about living. "We like openness, and we have a nostalgia for haylofts, both having been brought up on farms." For Dr. Christensen, a veterinarian full time, musician part time, its lofty cathedral-like proportions are a special joy. He plays the organ—located on the lowest level. "The great thing about this house is that you walk in and you're immediately at home," says Ann Christensen, a painter and mother of three children, two boys, John and David, far left, and baby Kate. "It's the kind of house where you can go barefoot all the time and you are completely relaxed." Chicago architect Stanley Tigerman took nothing away from the original structure but added vertical cedar siding inside, gave them four levels of living, see plan right, linked by a spiral staircase in a central shaft. Living room, 1, dining room, 2 and 3, and kitchen, 4, compose the second level. All utilities are exposed ("building on a budget we had to hang these things out in the open") and painted Mondrian colors—blue for electricity, yellow for water, red for heating and cooling.

For building materials
turn to page 141
BARN ART

SOARING SPACE WITH EVERY INCH FOR LIVING

"We live in the whole barn, that's one of the things we like, all the spaces are used," the Christensens declare. On the third level is a bridge with steps down to bedrooms, right and 2, for the two boys—"When we have guests they double up." A second bridge on the other side is Mrs. Christensen's studio, 4. She likes the sense of having a separate work space, which is still open to the house. "I can talk to anyone at any time, in my previous studios I always felt shut away and isolated." At the very top is the master bath bedroom, 6, with bath behind the headboard wall. Stanley Tigerman established color continuity with charcoal carpet that starts in the organ room, 3, and goes all through, even over a bench seat, 5, purposefully situated for nature watching. He designed black Formica cubes, which push together for the living room coffee table, 1. All lights, lots of bare bulbs, plus the giant 3-foot moon globes, are on dimmers.
BARN ART

REACHING FOR
A NEW DIMENSION
IN LIVING

"We wanted to cover the barn uniformly—we like simplicity; that's why we collect modern art, there is such beauty in simplicity," the Christensens explained. "Asphalt shingles proved more economical than wood shakes and, of course, they're so practical. Using them gave the barn a very dramatic effect." The arrow graphic windows, a master stroke by Stanley Tigerman, are totally determined by existing beams in the old barn. Yet the idea reinforces the fundamental objective, to have a completely modern building that retains the feeling of an old barn. The Christensen family, their love of nature and animals, their closeness to growing things, plus their innate visual sophistication provoked Mr. Tigerman to make "as honest a response as I ever made to any existing situation. It's probably the best thing I've ever done because of the very special communication I had with two quite wonderful, original people."
Ages a killing, a monopoly. It’s a horrible fact, but it sometimes takes a crisis to bring out the best.

That is comparatively new in the American experience is a steady devotion to comfort. We were once the great thrifty tough pioneer country, and now we’ve become the most petted nation on earth. Six percent of the world’s population using up one third of the world’s energy. A large part of our population has never known anything but total automatic comfort. It’s very hard for people to unlearn comfort. People don’t usually impose disciplines on themselves by themselves. Historically disciplines have been imposed on people by necessity or by tyranny—by an outside force of some kind.

Suppose somebody said to you, what are the elementary needs of a city? Well, what it comes down to is, of first all you have to have a pure water supply, then you must have tolerable housing, a decent hospital service, safe streets, and an honest police force. Just consider what’s being happening. All these fundamentals have been deteriorating in most cities. We have all the luxuries piled on top—TV, movies, entertainment, expensive restaurants—but when the fundamentals are being missed these luxuries amount to a very heavy icing on a very thin cake. There are in the community people who are quite prepared to ditch the whole thing, get right out of it, and return to the settlers’ way of life. But that’s no answer. They’re evading the problem, as are the wealthy and the oligarchs. It’s a horrible fact, but there has been a great surprising gain for the rich minority of American society that any leaks would disturb the public repose every twenty-four hours is a murder, a monopoly. It’s a horrible fact, but it sometimes takes a crisis to bring out the best.

We are trying to apply those institutions to forgotten corners of the world. Every other country scorns American materialism while striving in every big and little way to match it. Evey obviously has something to do with it. Yet the original institutions of this country still have great vitality and much of the social turmoil springs from the energy of people who are trying to apply those institutions to forgotten minorities. The race is on between decadence and vitality. The Republic can be kept, but only as Benjamin Franklin warned, “if we care to keep it.”
GREAT AMERICAN DECORATING

INSPIRATION FROM 6 MUSEUM HOUSES

For far too long, our great American houses, like the apostle Matthew’s prophets, were not without honor—save in their own country. People who crossed the Atlantic to see Blenheim Palace, or its like, rarely took the trouble to visit Monticello, or its like. But as the houses grew older, we have grown wiser, and the inevitable has happened: our “prophets” have come into their own. We have learned to appreciate them, the things in them, and the brilliant craftsmanship that remains so extraordinary a part of our heritage. Here are six rooms from six old American houses, each a museum, each filled with the favorite furniture and decorative elements of the time. Some of the rooms are simple, others are grand, but all of them have been so beautifully put together that they have never gone out of style—nor ever will.

BUTTOLPH-WILLIAMS HOUSE

Built in 1692, the Buttolph-Williams house is the oldest restored dwelling in Wethersfield, Conn., one of the largest, and a very pure example of late 17th-century Connecticut architecture—right down to its oak clapboard siding. This, the South Chamber, left, is an impressive bedroom with uncased beams that still retain an almost perfect coat of old whitewash. All the furniture is American. One of the banister-back armchairs has a rare “heart and crown” top rail; the other, a fanciful and beautifully carved crest. Bed trappings are English: a quilted bedspread of calamanco (wool, not glossy as chintz), wool hangings, and a scalloped flamestitch valance.

OFFATT-LADD HOUSE

Completed in 1773, the Moffatt-Ladd house in Portsmouth, N.H., differs from its neighbors in that, instead of the usual front-to-back-door shotgun passageway, it has a Great Hall, right, considered the finest in New England: Its staircase sweeps past a plastered Palladian window, and has not only one kind of baluster, but three: turned, twisted, and fluted. The room is hung in a famous French wallpaper of the time called Vues d’Italie (the “vues” include a serene Bay of Naples and Vesuvius in violent eruption) and is notable for its Chinese Chippendale settee and chairs ordered from England in about 1766 by Sir John Wentworth, the last royal governor of New Hampshire.
In 1727, when the Crowninshield-Bentley House was built in Salem, Mass., cooking a meal for a family of eleven (there were nine little Crowninshields) involved the use of an enormous number of utensils and a good strong arm. This is the original kitchen (a “new” one was added in 1794) with its Essex County furniture: a pine and maple tavern table (good catchall) against the wall, an oval maple gateleg dining table, and four black-painted dining chairs—one of them for a child. The utensils are fascinating: a hanging iron “Dutch Crown” for game; mortars and pestles; candle racks; dough scrapers; a leach barrel (for making lye for soap) carved from a single log; a turkey-wing brush, and pieces of the local red pottery—commonplace then, rare as rubies today.
Called The Ladies Parlor, this is a bedroom in the Ferry House of Van Cortlandt Manor in Croton-on-Hudson, N.Y. The furniture is unusual in that it was all made locally in the early 18th century. The two fireplace chairs are a Hudson River version of the famous Carver-Brewster chairs, so-called because Pilgrims Carver and Brewster brought them along on the first crossing of the Mayflower. The cradle was at hand for a visiting baby (the Ferry House was a traveler's rest house), and the fabric on the pencil post bed and at the windows came from France and was called "furniture check" because it was used only on the backs of chairs and sofas whose fronts and seats were covered in silk, an economical custom of the time, and still used today—but for authenticity.
In its heyday, Salem, Mass., was one of the most cosmopolitan seaports in New England. Ships sailed off to Europe, the Far and Near East, to come home laden with treasures—and inspiration. The Pingree House, designed by Samuel McIntire, a Yankee da Vinci, is full of both: embroidered mull curtains from India, Aubusson rugs and wallpaper panels from France, and from England, the elegance of the Adam style as it was reflected in the American-made Sheraton and Hepplewhite furniture, the neoclassic plasterwork and carving in the double parlors. Music sounded, parties were given. There is a piano made in Milton, Mass., about 1800, a maple and pine viol made in Concord, N.H., and since tea drinking was both fashionable and tax-free, a Sheffield tea urn 2 feet tall.
In an inventory of 1739, the “Marble Chamber” of the Isaac Royall House in Medford, Mass., was described as having crimson damask draperies, bedcovering and upholstery, green woodwork, and two walls covered in leather painted in China. The cataloguing is still apt, even though the “leather” is now a chinoiserie wallpaper. The marbleizing of the pilasters has been done in the manner of the day, and painted directly on the panel over the fireplace is a primitive scene of the estate as it would have been done by an itinerant artist. Furniture is English and American: Chippendale chairs, a bed with carved-leaf-encrusted posts, a marvelous block front desk in the style of Goddard, and a leather-covered chest that might once have held a young lady’s dowry linen.

For more details and the hours the historic houses are open to the public, see page 148.
Farmer’s market friends are cropping up with a gleam in the eye. Silver. Witty and whimsical. And practical. It’s silver—still as precious as ever—woven into baskets with new light-heartedness. 1. A miniature market basket in silver plate, with a handle that moves. 5 inches square. By F. B. Rogers. At Altman’s. 2. Fun faux boiserie: a basket that outshines its apples—woven of silver-plated slats, with a charming wooden handle. From Portugal. 6 inches in diameter, 4¾ inches high. Bloomingdale’s. 3. A Victorian flower basket—a swoop of a rim, a high, twisted handle—in sterling silver. 9½ inches long, 12 inches high with handle. At Cartier. 4. Crown a room of reflections—or of polished wood—with a silver-plated cachepot. 4½-inch diameter, 3½ inches tall. By Gorham. 5. A sterling silver berry basket bright out of the garden. To greet you, rise and shine, at the breakfast table with eggs. Or at cocktails with crudités. Or to plant with primroses. 8 inches square. At Tiffany. 6. Plant a cachepot with gleam—in silver plate. 7½-inch diameter, 4½ inches tall. By Gorham. 7. Take a butter tub and add a pat or two of whimsy—make it sterling and etch it with boards at staves. Somehow butter tastes sweeter from it. 5 inches in diameter, 7 inches high with handle. At Tiffany.
fr-plate rectangular basket from Portugal—a
and squares! 7 inches long, 8 inches tall with
the. One of a collection at Bloomingdale's.
9. Lugget last 7 inches long, in sterling silver with a twist
formell for a handle. The perfect way to serve his fa
be cigars or after dinner sweets. At Cartier.
10. A peachet in silver plate. Think of it on a mantel spilling with
or on a buffet table filled with warm French bread
way you slice it, it's a center-of-attention piece
works. A replica of its country cousin down
silver-plated staples. About 10 inches long
6 inches wide. From Portugal. Bloomingdale's.
silver to be seen and not hidden, a little colander that makes
rious bowl for nuts. 6 inches in diameter. At Cartier, it's sterling silver that
out the beauty hidden beneath familiarity. Shopping information, page 142.
THE ROBERT REDFORDS PIONEER A NEW COMMUNITY IN SUNDANCE, UTAH

A NEW FRONTIER LIFE

The more urbanized and sophisticated we become today, the more we feel a need to preserve, to turn back, to reexamine and cherish those elements of yesterday that speak of individualism. No fraction of our history, probably, means more to us than the pioneering days, when unknown lands were explored, carved out to form new states and developed from nothing into something. The discovery called for bravery, courage, tenacity, and discipline. The great qualities of men. No wonder, then, that this way of life should be capturing people’s imagination today. In Sundance, Utah, 6000 feet up in the Rocky Mountains, Robert Redford has pioneered a new community, which retraces the old pattern. His idea deserves consideration anywhere in America, where second homes or vacation homes are being established. Proper development of some of our beautiful scenic spots may involve reassessing what’s needed—or more importantly not needed—for away-from-it-all living. Sundance is only 13 miles from the nearest town of Provo, yet the environmental difference between the two points couldn’t be greater. No cars are allowed beyond the lodge at the entrance to the 4,300-acre property. Skimobiles are forbidden. Each cabin (there are about fifteen) is accessible only by foot, ski, horseback, or bumpy caterpillar machine. Most are without phone and television. There is no hotel, no handy supermarket, no hotdog or hamburger stand for hungry sportsmen. All there believe in the same basic notion. To live a quiet, fulfilling outdoor life with respect for nature and in contact with their children. Nature is their guide and is teaching them much. They find the challenge of coping with rugged conditions as pioneers did provides them with a special kind of living with more feeling. “There’s no high like a nature high, there really isn’t,” says Robert Redford, whose cabin, below, rises to a cluster of shingled peaks as sharp as the snow-capped crests around. “Sometimes I feel so great here that I just go out on the deck and yell. I feel the answer to our future may lie in our past. Those simple pioneer communities worked so well. Now may be the time to put our feet on the rug a little bit and say hold it. There’s a great deal we can absorb if we look back into our history that would help us improve the quality of life today.”
"There's a great deal we can absorb from history that would improve the quality of life today"
“There’s a tremendous satisfaction in planning and putting up your own house.”
A NEW FRONTIER LIFE

“We should be trusting nature a lot more. Nature knows better than we do.”

Just as the pioneers did, people who have put down roots in Sundance have built simple cabins from materials that were at hand, local timber and rock slabs. Most used their own hands, too, when it came to construction. Some have recycled old abandoned log cabins. Artist Frank Magelby, a close friend of the Redfords, did this, trading a painting for a cabin some distance away, which he took apart log by log and rebuilt, with additions, right and below, for his family of five children. The Magelbys, like the Redfords, found tremendous satisfaction in being personally involved in planning and putting up their house and want to live there as much as they can. “And work here, too,” Robert Redford, who made the film Jeremiah Johnson mostly at Sundance, points out. “I sometimes do the best work here in preparation for a film. It’s a good place to get awake and think things out.”

Incorporating an old log cabin from the mountains, the Frank Magelby family cabin, top (total cost $6000), has a shed roof slanting down to large deck. Mr. and Mrs. Magelby’s bedroom, above left, is on the bottom floor, below the living room. Five children share a bunk room beyond the upstairs gallery, center. Staircase was done by Mr. Magelby by hand. One of his paintings is over the stone fireplace, above.

Incorporating an old log cabin from the mountains, the Frank Magelby family cabin, top (total cost $6000), has a shed roof slanting down to large deck. Mr. and Mrs. Magelby’s bedroom, above left, is on the bottom floor, below the living room. Five children share a bunk room beyond the upstairs gallery, center. Staircase was done by Mr. Magelby by hand. One of his paintings is over the stone fireplace, above.
Sundance offers an environment that helps children develop their capabilities and special talents, their senses and emotions, to generate their own action and entertainment on their own initiative. The sort of ideas and concepts rooted in our past. "Here they feel—action, laughter, sadness," explains Redford. "They have to do things for themselves. If they want a horse they've got to bridle it, saddle it, groom it, clean it, catch it, let it go, feed it. If they're not prepared to do that, they can't have a horse. If they want to go water skiing they have to do their share on the boat, they just can't sit there." The Redfords' three, Shauna, 13, Jamie, 11, and baby Ann Hart, 3, spend at least four months of the year at Sundance. The elder two join survival camps organized for local groups of youngsters in summer, hiking, riding, and canoeing in the wilderness. "Some of it's been a little hard for them to take, they have a split upbringing living in New York the rest of the year. Usually by the end of the summer they're very hardy. Their sensitivity is developed in the raw environment. I feel this is the life they should see, going out to build a tree house, exercising their imagination, digging a hole and getting gold out of it. Learning how to survive in tough situations." These young Sundancers learn early to respect and appreciate nature. They may ride out on horseback for a day to pick wildflowers, dry them and make arrangements or collages with them. (Brent and Fae Beck's family snowpicnicking, right and left, do this often.) The Redford family is currently restoring an 88-acre meadow into pasture land, free of weeds, groundhogs, and foreign wildlife. They grow their own vegetables, catch their own fish. The business of daily living never comes canned, bottled, prepacked, precooked or deep frozen; Lola Redford, who launched Consumer Action Now, an organi-
The Sydney Pollacks' redwood cabin, this page, like all the other houses at Sundance, has a very personal feeling. Mr. Pollack and his wife Clair planned it themselves and worked with Lola Redford's brother Wayne Van Wagenen building it from standard cut lengths of timber. "All the support beams were lifted into position by hand, there was no way to get a crane up there." The main living-kitchen floor swings around a great brick fireplace. Mr. Pollack designed, built, and upholstered the curved seating in front, which has storage for ski things, suitcases, games, books and so on in the base. The table is oak, handmade, too, and was used in Bear Claw's cabin in the Jeremiah Johnson movie, which he directed. Loft space above is a good place to enjoy the view, listen to music, and adds sleeping space for guests. "Half the fun of the house is taking people there. We have a big kitchen because I love cooking up some wild invention," says Mr. Pollack. Practically resulted in a neat bathroom ski room and floors covered with indoor-outdoor carpeting "kind to bare feet and necessary for ski boots."
THE ZEST THAT'S AMERICAN—ALWAYS UP TO DATE

The red, white, and blue. The shine, above, is Formica, red against white walls, and blue-circled ceramic tiles on red walls. There's a round table, an island for family breakfasts, an adjacent island for the range and a grill disguised with a butcher-block top. Cabinets underneath for easy access to pots and pans. The prints are Heal English, from the Galeries Lafayette in Paris. Decorated by Gerome Lary, 1974.

Supper for Mrs. Herbert Haskell. Stainless steel gleams, right; olive laminated plastic cabinets and countertops glow—and architect Aldo Jacober has brought the walls and floor, terra-cotta ceramic tile, to a glitter with waterproof floor varnish. A square column, necessary to the building, has been turned into a show-off cabinet for silver and a niche for a slicer. Every inch is useful, even marble-topped window sills wide enough for tea kettles or a bulletin board.
Everyone in this family of five is involved in the garden—growing, picking, cooking, sometimes just walking to enjoy the pleasing design. What began as a salad patch in a field is now a 50-by-100 foot enclosure. The beds are flexible in use and manageable in size. So as to have small harvests and great variety, many crops are sown successively—sow a row, wait a week, sow again. Spring crops, like edible peas, spinach, Swiss chard, and scallions, give way to early summer crops like those shown here. Seed varieties are chosen for taste and texture. Some come from a local Agway familiar with their climate and soil, some from mail-order firms. Suttons in England (Gardener’s Notes, page 143) supplies a few—small Nantes carrots, witloof chicory (Belgian endive), zucchini (courgette, Sutton’s marrow), near-seedless Baton Vert cucumbers. You open the gate, and see lavender blue ageratum edging grapevines and everbearing strawberries, 2. Next, purple and white alyssum edging Opal basil, purple eggplant, flowering cabbage, and rows of beets, beets, Chinese cabbage, leeks, 3. The wide path forks at a bed of nasturtiums and the salad bowl of mixed herbs and lettuces (Oak Leaf, Bibb, Cos), 4. Marigolds edge flowering kale, carrots, okra, eggplant, 5. Basil is the border for peppers and tomatoes, 6. Red zinnias edge corn, 8, and endive, parsnips, salsify, 7, root crops that are stored in a cool cellar all winter. Rhubarb, 9, and raspberries, 10, fill the back beds. On the side are large white rutabagas, 11, Katahdin potatoes, 12, thin imported cucumbers and zucchini, 13. To reduce weeding, peat moss is soaked, added as summer mulch, turned under with manure in spring.
This weekend garden on New England farmland by the sea is protected from rabbits by aluminum mesh tucked inside Walpole cedar fencing and extended 3-inches underground. Concord grapes grow on each side of gate, above. Right: and Joe harvesting: she is 21, he is 8. Far right: ini blossoms to dip in batter and fry. For this and other Child family recipes, please turn to page 84.
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"When you’re snowed in for a few days, you appreciate having variety rather than quantity in your freezer"

NOTES OF A HAPPY HOUSEKEEPER
continued from page 32

My eyesight actually seemed to be leaving me last week—no matter how carefully and thoroughly I cleaned my new tinted glasses, everything seemed fuzzy. It wasn’t the tint because the glasses were perfect when I bought them. I went back to the optician, and he told me I’d gotten a build-up of hair spray on the lenses and to remove it completely, he would have to polish the lenses, which would remove the tint. The glasses would then have to be retinted. He also said hair spray was very hard on the frames, so now I leave eye glasses on the other side of the room whenever using hair spray.

A snowy morning is a good time to spend a couple of hours cleaning the shelves in the pantry and I recently worked on mine and discovered that my "emergency shelf" had become sadly depleted. This is no time of year to be without extra supplies to fall back on—we may need them if we have a really bad storm. Having made a list of needed pantry supplies, I then checked the freezer and made a list of things to get on the next market day. We always try to keep a well-stocked emergency food shelf of canned soups and juices, canned tomatoes, corn and beans, jams and jellies, and tinned fruits. I like to have dehydrated beef and chicken broth for cooking, and generous cans of tuna and salmon, which can be fixed so many different ways. Appetizer supplies include pâté, several kinds of olives, and some special cheese spreads that come in jars. I store rice and noodles inside sealed containers so they don’t get buggy, and buy crackers in tins whenever available. The grandchildren were here on Sunday and we had a wonderful time. We went for a walk in the snow, explored the attic, and grilled hot dogs in the fireplace. After they left and I was cleaning up the living room, I came upon a large deposit of chewing gum, which had gotten mashed into the wing chair. I used the ice cube trick with great success, however, and all was well. I just held an ice cube on the gum until it hardened. Most of it lifted right off and the rest disappeared with cleaning fluid.

One of the grubbiest places in any house is the cupboard under the sink. It’s apt to be dank unless there is a ventilating panel in the door, and to control mustiness I can’t think of anything better than an Airwick Solid. I’m careful to keep the dish cloth and the sponges that are stored there clean and wrung out as dry as possible. I keep the cupboard in good order and hang the damp things on a special little rack on the back of the cupboard door.
"It's even tougher for a piece of equipment to get into my school than it is for a student."
—James Beard: teacher, author, epicurean.

“I'm convinced Corning ranges make better cooks. Or I wouldn't be teaching with them.

To get into my cooking school, all a student has to be is patient. There's a two-year wait.

But a piece of equipment has to be good. And what's "good" to an average cook isn't always "good" to me.

Well, I can honestly say that the Corning Gourmet Range not only meets my demands, it surpasses them.

Those Corning engineers can eat at my house anytime.

I'm a cook. Not an engineer. But they came up with a cooking system that's so ridiculously accurate, they've got to be even more fanatical about cooking than I am.

First, they put in heating elements that heat up evenly. No hot spots. No cold spots. No scorching.

Then, instead of just putting a thermostat in the oven, they gave each of the four cooking areas a thermostat of its own. (The Gourmet range is the only smooth-top that has these thermostats.)

Finally, they designed special pots and pans that work perfectly with the flat cooktop.

Now, I've used my own flat-bottom cookware with excellent results. But with Corning's cookware, working together with Corning's thermostats, the cooking control is incredible. I mean, when a beginner cook can thicken a Hollandaise right on the cooktop without a double boiler—that's incredible.

It even makes better scrambled eggs.

People ask me why they need the Gourmet range if they're not gourmet cooks.

To make scrambled eggs. Very few people know how to make scrambled eggs with a consistent texture. Well, the Gourmet range knows how.

But if improperly prepared scrambled eggs is one of my pet peeves, one of my great pleasures is baking cakes and bread. And the Gourmet range has a self-cleaning oven that suits my needs perfectly.

It's big. I've had three 8-inch cakes going at the same time. On one shelf.

You know, a lot of people find cooking a chore.

But it's absurd not to enjoy something you do every day.

And with the Gourmet range, you'll experience the pleasures of cooking because you want to, not because you have to.”
James Beard’s New England boiled dinner plus five delicious variations

"Boiled dinners, including our New England boiled dinner and its variations, mean as much to American cuisine as pot-au-feu does to French cuisine and bollito misto to Italian cuisine," says James Beard who includes this traditional recipe in his marvelous anthology, American Cookery.

The New England boiled dinner has been in "continuous favor not only in New England but across the country," says James Beard in American Cookery (Little, Brown, 2.95). "To my taste it is better with most of the vegetables cooked individually—cabbage cooked by itself has a much fresher taste, and potatoes cooked separately in their jackets are more delicious than those cooked with the beef—but this is a break with tradition, and this recipe is for the standard method of preparation. Potatoes were, anyway, a later addition—about 1725 or even later.

"Serve a boiled dinner with horseradish or mustard. It is also sometimes served with a sauce made of the broth and melted butter." Beets were traditionally served with the boiled inner, cooked separately, points out Mr. Beard, who suggests that succeeding meals can be varied by making a hash, a salad or serving the cold meats with mashed leftover vegetables such as the English bubble and squeak (potatoes and cabbage sautéed in a rind of bacon and mustard)—about 1725 or even later.

One looks forward to the succeeding meals from a boiled dinner—sometimes as hash, sometimes as salad, and sometimes merely as cold meats with mashed leftover vegetables."

FRESH PORK
Fresh or smoked loin of pork. Cook with sauerkraut or fresh cabbage and potatoes, cooked separately; use beef or chicken broth with sauerkraut or cabbage, add a carrot or two for flavor. Serve a mustard sauce with the fresh pork or smoked butt variation. Make a béchamel sauce and add a little dry or homemade mustard (Dijon or your own favorite)—you want a good strong mustardy flavor.

ITALIAN "MIXED BOIL" BEEF DINNER
Boiled beef, chicken, Italian sausage, veal, or beef tongue. Personally, I like to cook the components separately. I like to cook looks with the beef; onions and carrots with chicken; nothing with the sausage, which is itself highly seasoned. I prefer to use a fresh tongue and cook garlic cloves, onion, and turnip with it. Serve onions, turnips, and leeks and potatoes with this and an herb sauce made from parsley, tarragon, basil, garlic, oil, and vinegar.

Note: Corned beef tongue and boiled beef take 25-30 minutes per pound; chicken and ham butt about 20 minutes a pound to cook.

For liquid use sauerkraut broth, water or chicken or beef broth. The stock is eminently usable for soups.

Mr. Beard, whose latest book is Beard On Bread (Knopf $7.95), suggests serving hot corned beef and pastrami perhaps for a large cocktail party for fifty people. Carve it thinly and serve with a selection of breads and rolls, sweet butter and mustards, thinly sliced pickles, fresh horseradish, and sliced onions.

CORNED BEEF HASH WITH LEFTOVERS
 Chop leftover corned beef with a knife. Combine coarsely chopped potatoes and finely chopped onions with meat and add a few grinds of black pepper and nutmeg. Blend well and refrigerate for several hours. Melt enough butter or beef drippings to just cover bottom of heavy skillet and add hash, press down. Cook slowly to develop a crust, turning often. Serve with poached eggs, toast, and chili sauce.

James Beard, succor, has tasted, cooked, and written about food from all over the world and says, "I have come to the conclusion that perhaps American cookery is one of the most fascinating culinary subjects of all."
When it comes to cooking their produce, the five members of the Child family have their own specialties. Josiah Child is called on to make a good salad dressing and sautéed green tomatoes for breakfast. Susan Child does all the main dishes and lots of cold vegetable soups—great favorites with the family during the summer. Daughter Suzy (twenty-one) is the family baker—produces masses of delicious herb breads and pies; Mars (eighteen) loves to cook with cheese and uses it for her own special ratatouille; Jo (eight) is particularly fond of picking his own tiny vegetables and washing them to be used for hors d'oeuvres with a little onion salt. Here are twenty of their favorite recipes.

**COLD TOMATO SOUP**

**Ingredients:** 12 fresh, large, very ripe tomatoes, with stems cut off; 4 large cloves garlic; 2 sprigs fresh basil; 1 quart water; 8 peppercorns; to taste: approximately 2 teaspoons each salt, sugar, ground pepper; sour cream or yoghurt; fresh dill, chopped. **Method:** In a deep kettle put tomatoes, garlic, basil, water, peppercorns. Cover and cook on low flame or simmer for 1 hour or until tomatoes are soft. Put through food mill and adjust taste with salt, sugar, and pepper. Chill thoroughly. Serve with a dollop of sour cream or yoghurt and a sprinkling of dill. Serves 6-8.

**WILD SORREL SOUP CHILLED**

**Ingredients:** 6 shallots, finely chopped; 2 tablespoons butter; 4 cups wild sorrel, clean and washed; 4 cups chicken stock; 1 tablespoon lemon juice; 1 teaspoon salt. **Method:** Place all the mixture in a blender and blend until sorrel is melted down to a puree. Strain through a coarse strainer. Add heavy cream and chill thoroughly. Adjust taste with salt, pepper, and lemon. Serves 6-8.

**SALAD NIÇOISE**

**Ingredients:** Enough Bibb lettuce to make a bed on a large, shallow, wooden salad bowl; cooked whole green beans and carrots; boiled and sliced new potatoes; baby whole beets boiled until tender, slip off skins by hand when cooled; 1 cup French dressing; hard-boiled eggs, halved; strips of anchovy; Portuguese sardines; sections of raw tomatoes; very thin sliced red onion or whole scallions; black olives; finely chopped parsley. **Method:** Place lettuce in salad bowl. In a separate bowl toss beans, carrots, new potatoes and beets lightly in French dressing (reserve remaining dressing) and make bands in pleasing color combinations on lettuce. Top egg halves with anchovy strips and add sardines, tomatoes, red onion or scallions, black olives and sprinkle whole dish with parsley. Serve extra dressing on the side. Serves 6-8.

**JOSIAH CHILD'S FRENCH DRESSING**

**Ingredients:** 1/4 cup vinegar; 1/4 cup lemon juice; 1/4 cup olive oil; 4 tablespoons either chopped onions or scallions; 2 cloves pressed garlic; 1 teaspoon salt, 1 teaspoon pepper; 2 large tomatoes, sliced thickly. **Method:** In a large bowl mix together vinegar, lemon juice, olive oil or vegetable oil; 1 tablespoon fresh tarragon or a mixture of basil, marjoram, summer savory, and chives. Makes 1 cup.

**GREEN PEPPER STRIPS**

**Ingredients:** 4 green peppers, washed, seeded, white membrane removed and cut in very fine strips; 1/2 teaspoon salt. **Method:** Sauté green pepper strips in butter for about 10 minutes or until leaves are wilted. In the meantime sauté green pepper strips in butter for a few minutes in a large frying pan, cover tightly and cook until tender when pressed with a fork. Serve with fish or broiled chicken. Serves 4-6.

**CHINESE CABBAGE**

**Ingredients:** 1/4 cup chopped onion; 2 tablespoons vegetable oil; 1 head Chinese cabbage, washed and sliced thickly (don't dry); 2 tablespoons soy sauce; 1 teaspoon ginger; 1 teaspoon sugar; 2 tablespoons water, if needed. **Method:** In a deep frying pan sauté onion in oil until soft; add cabbage, soy sauce, ginger sugar and stir. Cover and cook over low flame about 10 minutes or until leaves are wilted. If the cabbage leaves begin to stick to the pan add water.

**SPRING SPINACH SALAD**

**Ingredients:** Pick enough fresh, young spinach leaves for a salad for 6-8 people; 1 cup fresh scallions cut in strips; 1 cup fresh lemon juice; 1/4 cup olive oil or vegetable oil; 1 teaspoon powdered mustard; 1 teaspoon salt, 1 teaspoon pepper. **Method:** Thoroughly wash the spinach and pat dry. In a small bowl mix lemon juice, olive oil or vegetable oil, mustard, sugar, salt, and black pepper. Top spinach and scallions with 1 cup dressing and serve immediately.
JO'S RAW FRESH VEGETABLES

Wash freshly picked baby zucchini, 4-5 inches long, quartered lengthwise; baby whole carrots, about 1-2 inches long, small radishes; scallions, small edible pods; cherry tomatoes; new small asparagus spears; small white turnips (only vegetable that should be peeled) and arrange attractively on a large platter. Serve with onion salt, homemade mayonnaise, or oil (quickly made by adding a couple of pressed garlic cloves to homemade mayonnaise).

ZUCCHINI FLOWERS WITH TEMPUURA BATTER "OZEKI"

Ingredients: 2 eggs; 1/2 cups cold water; 2 cups flour; pinch salt; zucchini flowers; vegetable or soy oil.

Method: In a large bowl beat eggs and water lightly and sift flour into mixture. Stir mixture until well blended, disregard lumps. In a deep frying pan or deep, well enameled casserole, heat about 4 inches of vegetable or soy oil to 350°F.

Dip zucchini flowers in batter, do not overcrowt, and fry a few at a time until golden. Remove scraps of batter with slotted spoon in order to keep oil clean. Serve lightly sprinkled with dressed salad or vegetable with dinner. Serves 6-8.

TEMPURA DINNER "OZEKI" WITH GINGER SAUCE

Ingredients: Depending on the number of people to be served, prepare shrimp, cleaned, and pieces of white fish; strips of zucchini; slices of eggplant; pieces of onion; strips of carrot; white, young beans; pieces of green pepper; pieces of leek; clumps of parsley, when in season, asparagus tips; small pieces of thin sliced pumpkin.

Method for ginger sauce: Mento sauce; grated, fresh ginger; pressed garlic; sake; 15-inch piece of daikon radish or raw turnip, grated.

Note: Be sure to keep oil clean. Serve lightly sprinkled with dressed salad or vegetable with dinner. Serves 6-8.

HOT COUNTRY POTAGE

Ingredients: 4 large white leeks, 2 large white turnips, peeled and cut in pieces; 3 medium carrots, scraped and cut in pieces; 2 medium Idaho potatoes, peeled and sliced; ½ cup celery, chopped; ½ cup Italian parsley; 1 quart water; salt and pepper to taste; butter or margarine, optional.

Method: Prepare Ozeki batter and oil as for zucchini flowers and do a variety of 8-12 pieces of shrimp, fish, zucchini, eggplant, onion, carrot, bean, pepper, leek, parsley, asparagus, and pumpkin and serve immediately in a shallow basket with a paper towel or napkin. This fish cannot be cooked ahead. Method for ginger sauce: Prepare mento sauce according to directions and serve each person with a separate bowl so the ginger, garlic, sakte, daikon radish, or raw turnip can be added to taste.

ANDALUSIAN GAZPACHO

Ingredients: 3 green peppers, seeded and cut in quarters; 2 dozen large, ripe tomatoes, quartered; large Spanish onion, chopped; 6 sections garlic, or according to taste; 3 large slices Italian bread, crust removed and soaked in water, and then squeezed lightly; ¾ cup wine vinegar; 15 cups olive oil; ice water, if needed; ice cubes. Garnish: generous amounts of chopped hard-boiled egg, chopped cucumbers, chopped onion, and croutons (made by frying in oil).

Method: Divide peppers, tomatoes, onion, garlic, bread into 6 piles and blend each pile separately with a little vinegar and oil. Strain vegetable mixture through a sieve into a large soup tureen; mixture should be thick. (If mixture is too strongly flavored, add ice water.) Chill thoroughly and add several ice cubes to soup before serving with garnishes.

COLD GREEN PEA SOUP

Ingredients: 2 pounds, small young peas with pods, shelled, after tips and strings have been removed; 1 cup scallions, chopped; 1 small, young head of lettuce; 1 tablespoon mild mint, chopped; ¼ teaspoon salt; 1 teaspoon sugar; 2 cups chicken broth; 2 cups heavy cream; salt and pepper to taste; garnish: fresh chopped mint.

Method: In a large saucepan cook peas and pods with scallions, lettuce, mint, enough water to barely cover, salt and sugar until just tender, but still bright green. Drain off liquid and set aside.

Add cooked mixture with a small amount of reserved liquid to blender and blend for a few seconds (be sure not to purée, as you want to retain the texture).

In a saucepan reduce reserved cooking liquid to about 2 cups, and add to a large bowl with blended mixture, chicken broth, heavy cream, and salt and pepper to taste. Chill thoroughly. When ready to serve, sprinkle with fresh mint. Serves 8-10.

AMERICAN LAMB

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Easy-Do Leg of Lamb

(makes 6 or more servings)

Place lamb (full leg or ½ leg) on rack in shallow roasting pan. Sprinkle with salt and pepper. Roast in 325°F oven until meat is done as you like it. Lamb is well done when meat thermometer registers 170° to 175°.

For variety: glaze lamb as it roasts with currant or apple jelly or jellied cranberry, or baste with French or Italian dressing.

Garnish with grapes, spiced apples, or broiled peach or pear halves.

Note: Small families can get two extra quick and easy meals from a leg of lamb. Have your meat man cut the leg into a roast, plus quick-to-fix sirloin steaks and kebabs.

For more lamb adventures, write: American Lamb Council Dept. LC-179A, 200 Clayton St., Denver, Colo. 80206

Offer good only in U.S.A.
Try something nutty after dinner.

A crisp flaky croissant is delicious with a cup of steaming café au lait. It's the café complet, the delectable breakfast of French hotels and certainly one of France's most famous, a floating hotel—the S. S. France, that super ship Craig Claiborne calls, "the world's greatest moveable feast." On board in the streamlined stainless steel galleys with fresh sea breezes blowing through star-filled portholes, the skillful pastry cooks work through the night to make almost 2,000 croissants for a delicious start to the day for the passengers, crew, and Henri Le Huelé, above, the chef of the S. S. France, who enjoys his own coffee-and-croissant ritual, in his quarters or his office before tackling the menu planning and execution of the exciting, never repeated, menus for the day. These photographs were taken during the S. S. France's first culinary cruise, thirteen days filled with the finest food and wines; a record output from the galley, and a resounding success—and only the first of many gastronomical voyages. Here's how to make your own croissants, the proportions are scaled down to yield a more practical recipe.

**Croissants**

**Ingredients:**
- 2 envelopes or cakes yeast
- ½ cup lukewarm water
- 4 cups all-purpose flour
- ½ teaspoon salt
- 1 teaspoon sugar
- ⅓ cups milk
- ¾ pound butter
- beaten egg yolk with cold milk.

**Method:** In a mixing bowl, soften the yeast in lukewarm water. Add 1 cup flour and stir to form a smooth firm ball. Cover with a dry towel and set in a warm place to rise until double in bulk. Sift into a bowl 3 cups flour mixed with the salt and sugar. Gradually add milk, stirring to make a smooth dough. Combine this dough with the sponge (yeast mixture), beating well. Cover with a towel and let rest for 10 minutes. Then chill for ½ hour.

Roll out the dough into a long rectangle about ⅛-inch thick. Work the butter into a flat cake and place it in the center of the dough. Fold ⅓ of the dough over the center ⅛ and fold the remaining ⅛ on top to make 3 layers. Turn the folded dough so that the open ends face you. Roll out, fold over and repeat this operation, making 2 more turns. Chill the dough in the refrigerator.

"Croissants can be successfully frozen if wrapped airtight when cool!"

Patrician Amaretto is the delightful almond liqueur that brings a unique enchantment to your evening. Enjoy it with espresso, coffee or dessert. Or to your evening. Enjoy it with from Italy by Mediterranean Importing Co., Inc., New York, without shells.

**Patrician Amaretto**

with a variety of special passengers requests for a souffle praline, tarte Tatin, or a gateau St-Honoré, perhaps. Right: During the S. S. France's culinary cruise, cool refrigerated dough for croissants is cut and rolled deftly, and with amazing speed by gentle cooks.
It’s Sale Time at famous Bograd’s in Paterson, N.J.

Elegant furniture by great makers. An incredible abundance of it. That’s what makes Bograd’s so famous a store. And now you can own this great furniture at Midwinter Sale savings! You'll discover a huge selection by these great brand names: Henredon, Heritage, Founders, Drexel, Union National, Thomasville, Baker, White, And lots more, all at sale prices!

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288 Main Street, Paterson, New Jersey 07505
A famous barman shares his secret drink recipes

An interview with Henri Delaude, senior barman of the S.S. France, by Jane Ellis

esigning over the long elegant bar of the S.S. France is Henri Delaude, the ship's senior barman and a veteran of thirty-six years' service with the French Line; his charming, supremely tactful presence contributes greatly to the ambience of the ship's most famous saloon, and his skill in mixing drinks results in innumerable delicious concoctions, many of which are of his own devising.

eks the Riviera Room bar opens at noon, there is usually a cluster of the S.S. France's thoroughly pampered passengers ready to choose their first drink of another sybaritic day. Perhaps it will be a pick-me-up after a night of revelry "the best thirst reliever," insists Henri, "is to choose the last drink you had before you went to bed," but for undecided passengers, he might suggest a simple orange juice. It is a delightful light aperitif. Another favorite on the France's recent Caribbean cruise is the Bloody Mary and the Bull Shot, "the most popular morning drink of another sybaritic day." Henri also makes perhaps the best version of a bar Kir, an increasingly popular morning apéritif. It blends white wine or Champagne with cassis and is invariably too heavy on the black currant syrup. This one is not overly sweet, just right in fact. Henri simply stirs a champagne glass with cassis, swirls it around and turns it upside down leaving only the cassis that clings to the sides of a wide-brimmed glass. Fill up with a dry white wine.

For another morning favorite, the Champagne Cocktail, "try adding a spoonful of gin instead of cognac to cut the sweetness," suggests Henri. "Add a sugar lump with a drop of bitters, a cherry, slice of orange and foam up with Asti spumante or champagne."

A typical French morning drink and a favorite with Pierre Franey, the master chef and demonstrator with the France's culinary cruise, is the Peg. "Mix 2 jiggers of Picon, a French aperitif, a dash of grenadine, and 3 ounce kirsch. Serve it on ice with Perrier water or soda, a delightful light aperitif. Another French favorite: 2 jiggers of Suzette (a French aperitif made with the herb gentian and flavored with oranges and bitters) with 2 drops cassis. "Still the most popular cocktail of all is the dry Martini," says Henri, who likes to make them really dry—one case of gin to a bottle of vermouth. He uses Beefeater gin and finds the Vodka Martini increasingly popular, too.

"More and more people are drinking apéritifs like vermouth, sweet and dry, but Americans often like a good martini or a Whiskey Sour. "It's not important what liquor you use—vodka, gin, cognac, rum or Brandy or Apry can be used to make a sour. Just shake together 1 jigger whiskey (scotch, rye or bourbon, or whatever base you choose), a jigger of lemon juice, and a little sugar according to taste."

For the imperial cruise in 1967, Henri invented the Imperatrice, a combination of Grand Marnier, rum (1 jigger each), orange juice and a dash of grenadine. Shake and serve in a tall glass topped up with Champagne and decorated with a slice of orange and a cherry, as you would a sour. "After dinner choose one of the sweeter drinks, Stinger proved the out-and-out favorite on this voyage."

Craig Claiborne, stinger fancier for the late hours, started a shipboard version for Henri's combination of 2 parts cognac, 2 parts white crème de menthe shaken and served on a lot of ice.

Two more late night suggestions: Crème de Menthe on the Rocks, 2 ounces green crème de menthe filled up with Perrier water and a slice of orange and a little sugar as a reviver for a night of revelry. The Brandy Alexander is a gentler way to take your brandy," suggests Henri, who mixes one part heavy cream, one part crème de cacao, 3 parts cognac. Shake nutmeg on the top. Vary it, if you like, changing the base to gin or vodka.

As a cure for a hangover or an upset stomach from too much good food, Henri suggests, "green Crème de Menthe or Fernet Branca and Pernod half and half. Rince Cochon—cognac and cassis, half and half—is also a good reviver for gaule de bois [a hangover]."

What does Henri drink himself? "Two rum punches during the day and then scotch, but never before midnight."

The secret of a great drink is to keep it as simple and uncomplicated as possible.

"Rum Punch is good in a hot mate, and I like it better when it is simplified, served in a tall glass, just a jigger of rum, slice of orange juice, and a piece of lemon juice. It proved favorite on the France's recent Caribbean cruise through the Caribbean, and a restrained change in the overly sweet, fruit-enriched versions served so often the islands. A Ramos Fizz, is another morning recommendation: 3 ounces each gin and milk, a tea-spoon orange flower water, 1 teaspoon grenadine, 1 egg white. Shake vigorously with cracked ice and strain into a tall glass."

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New York's Finger Lakes are millennia old, the last great glacial that glaciers of the Ice Age tore from the land before they melted away toward the North Pole. Long, narrow, eerily deep (Seneca is deeper than 600 feet), the lakes dominate the heart of New York State—but perhaps the Indian explanation is more apt than the geological one: The land is so beautiful that the Great Spirit laid his hand on it in blessing and formed the lakes.

If he did, it was a real benediction. The soil is stony, volcanic, full of sand and clay, and it drains water like a sieve. The lakes retain summer heat, so autumn lasts longer. The quick winter is sharply frosty but protected from icy winds by the deep valleys. Perfect for growing grapes. And the most perfect is Keuka Lake (pronounced in two syllables, Cue-ka), the imprint of the Great Spirit's Y-shaped thumb. On its northerwestern slope, facing the sun, sharply frosty but protected from icy winds by the deep valleys.

The center of it all, Hammondsport, is an hour and a half south of Rochester on Routes 54 and 54A, or fifteen minutes north from Exit 38, Bath, of the Southern Tier Expressway. Tree-lined streets, vaguely Victorian houses set in beds of hollyhocks and snapdragons, you'd never know that this was the decanter that poured forth some 75 million bottles of wine last year. It has the slow-moving charm characteristic of old towns. Its people are friendly, pleasingly eccentric, and well-known to one another. The policeman on the Norman Rockwell-esque town square waves; if you look lost, teenagers will stop to ask if they can help.

It has a lot of history. For a brief wild moment in the early 1900s, Hammondsport was the second largest inland seaport in the country. Ships from New York could sail up the Hudson to Albany, across on the Erie Canal, then down the lake to reach the whole of inland New York and Pennsylvania. That boom ended—but in 1829 the Rev. William Bostwick planted some grape vines in his rectory garden, and later a young cooper-turned-vintner named Walter Taylor came along to found an industry. Prohibition hit, and of Hammondsport's twenty-two wineries—still there, boarded up and silent—only Taylor, Pleasant Valley, and Cold Seal survived. But they thrived. Now, nearly half of Hammondsport's 1,200 population is connected with them, or with one of the newcomers, Hammondsport, Bullly Hill, Vinifera.

There they are, six important wineries offering free tours and tastings, eager to show visitors around and tell them what they know. The scenery is lovely. And most significant, perhaps, for the amateur oenophile, is the fact that the wine world of Hammondsport is—forgive the pun—in a state of ferment. Big changes are going on. Ten years ago, as a nation, we drank about a third of a gallon of wine a year. Today the per capita consumption is closer to 3 gallons—and more and more of that is native, not imported, wine. To meet the growing demand, Hammondsport's wineries have grown—and they have also had to develop identities, to ask themselves questions about how and why they are making wine, and to begin to think seriously about quality American wines rather than imitation French ones.

Each winery is worth half a day's visit—and to do more than two a day is hard on the feet and even harder, I suspect, on the head. If you have the time, take it. If not, see a couple; pass on, refreshed.

First and biggest is the Taylor Wine Company. Turn left off 54A at the Vinehurst Motel (reasonable rates, nice rooms, set in an acre or so of Concord grape vines), and follow Old Bath Road for about a quarter of a mile. There it is, thirty-six buildings on both sides of the road housing a wine-producing operation that pours forth as much wine as all the other Finger Lakes wineries put together. And it's growing visibly at a rate of nearly two buildings a year. It is, unashamedly, a factory, its brick buildings saved from sterility by the heavy carved oak doors. The first sight the visitor sees as he follows the signs to the tour headquarters is the echoing bottling room, shining with cleanliness and smelling faintly of antiseptic, where women in pink coats and snoods pop corks and labels onto bottles and bottles into boxes that go clinking off along the soaring assembly line to be stacked and stored until shipping time. It's a little overwhelming.

Taylor hot-presses the grapes to bake the color into red wines right at the start. It ferments in stainless steel, tests, ameliorates, finally blends with other vintages and other wines—all whooshing from building to building through intricate mazes of glass or stainless steel pipes—to achieve a product that is pleasant, neither sweet nor dry, geared to a popular taste, and above all, predictable. "We want people to know, when they buy a bottle, that it will taste like the last bottle they bought," says a spokesman. "We want them to trust us." The uncertainty that may produce, say, a great vintage or a disaster is gone. The wine is dependable. And it is served in comfortable surroundings, a dark and vaulted room full of Taylor history where one can sip one of the Lake Country wines made from traditional old New York State grapes like Delaware, Concord, or Catawba, or try their Burgundy or Cheverny, Blau, or Sauterne, their Port, Sherry, or vermouth—or their champagne—while Hammondsport girls serve hors d'oeuvres made with wine.
“At the wineries, it is possible to pick and choose, to compare, to learn, to experiment with new lines”

Taylor encourages visitors—2,000 a day in the heat of summer. Guided groups of eighteen leave every seven minutes for the hour-and-ten-minute tour, weekdays from 8:30 to 11 and 1 to 3:30, closed the last two weeks of July. There’s a wineshop, though the prices are the same as they are at the Park Liquor Store on the village green, which sells all six wineries’ products.

Next on Olde Bath Road is the Pleasant Valley Wine Company. It has a terrible problem getting people to remember “Pleasant Valley” because its main product—40 percent of its output—is Great Western champagne, so-named in 1871 when an illustrious gentleman proclaimed it “the great champagne of the Western hemisphere.” Pleasant Valley shares a corporate structure with Taylor but has its own management and its own winemaking tradition as the first bonded winery in the U.S.

The tour, which starts in an old railroad car, is homier, perhaps because a lot of fermentation is still done in wood, and the huge redwood vats—with chandeliers hung here and there among them—help to preserve the atmosphere and to waft abroad the aroma of working wine. Light falls through stained glass windows onto the stainless steel tanks in the three-story pressing room. A startling sight, therefore, is the control panel in the central building, through which all wine passes in pipes on its way from one operation to another. Chrome and flashing lights, switches and levers and tubes with cryptic notations. My guide was a little embarrassed: “Everybody says it looks like science fiction. All it is, is a way to hook the pipes up to each other.”

Past the scientists and the casks, past the cool chambers where nearly 3 million bottles of champagne lie in tierage to develop sparkle, and the lines of champagne bottles on their way to dosage and corking, the tour wends to the original wine vaults, built in 1860, now tasting rooms. Hostesses serve hors d’oeuvres and—yes—champagne. There is also a growing list of Great Western varietal wines, and sherries made by a frag-year-long solera process. Tours, weekdays are 8:30 to 11, 1 to 3:30.

Up the road toward Hammondsport proper, a left and then a right following the signs for Route 54A, is the Hammondsport Wine Company, now a subsidiary of Canandaigua Industries, which produces five kinds of sparkling wines, three still wines and Golden Age Wine Dessert Toppings. It has tours only by special reservation, but its tasting rooms are open weekdays during July and August, 9 to 11:30, 1 to 4.

It is time for the vineyards. Following Route 54A out the northwest corner of the town square, past the Hammondsport Motel (right on the lake, AAA recommended), bear left up Middle Road. Taylor has a lookout up there, the top of its concrete root cellar (where prunings are rooted, then sent to nurseries across the country), from which you can see hundreds of acres of trellises running across the hill to catch and hold runoff water, a Grandma Moses painting in peaceful and homogenous green. A perfect setting for the harvest church service held annually in the vineyard.

But even there in the vineyards a slow and quiet struggle is going on that will affect the future of East Coast wines. In 1961 Greycourt C. Taylor, son of Walter Taylor, planted the first French-American hybrid grapes. Baco Noir, Chehills, Marechal Foch, Seyval Blanc, these are heavy-producing grapes that grow well here and the wine they yield has none of the fuzzy wild “foxy” tang characteristic of Concord. Farmers in Hammondsport grow virtually nothing but grapes, and a change in varieties is a heavy investment—about $300,000 and three years for 100 acres of vines—but market prices for hybrids may be somewhat higher than for American varieties, and so every year Concords are ripped out and the new varieties planted. New York State wines labeled by grape variety are appearing far more frequently in wine shops.

Continued on page 94

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EBRUARY, 1974
Eden's Note: "Cooking is an honorable way for an honest woman to get and keep admirers" advised Nika Hazeldon's old-fashioned Italian mother, and it's a sentiment her daughter has never challenged. "Why not eat to the one pleasure in life that does not pull with age—good food?" says Mrs. Hazeldon, who has contributed many articles to House & Garden, lives in New York with her husband.

It's been my experience with guests that many will tell me that they don't eat desserts. Yet even these Spartans will plunge into the best when they are confronted with a delicious concoction. Granted it must be a worthwhile dessert. Otherwise it is a waste of time to make and a waste of good calories to eat, calories that would be far more amusingly spent on liquid cheer.

Even the people who say they never eat dessert, and heaven knows, they might be truthful, feel deprived if you don't give them dessert at a dinner party, or at least, offer them the chance of turning it down. Usually, after some decorous reluctance, they will take a little piece or a spoonful of dessert at first, and then come back; I am talking of sophisticated eaters, not of gourmets. I think this shows that a dessert is a totally different eating experience—an emotional, sensuous one—since one has the freedom of choice because it is not a course of the dining life in a Cook as I Please, Mrs. Hazeldon, who has contributed many articles to House & Garden, lives in New York with her husband.

Great desserts do not have to be complicated. Some, made with fruit, are extremely simple. I am thinking of fresh pineapple sprinkled with sugar and kirsch, the perfect finale for a rich or exotic dinner, or of a dish of fresh strawberries coated with fresh or even frozen raspberries purée in a blender. Heavy unwhipped and unsweetened cream is good with this, as with a compote of fresh pears cooked in a vanilla syrup. Marvelous too are fresh dark cherries, pitted, of course (there are cherry pitters on the market, descendants of those invented by the Shakars), sprinkled with a little sugar, and brought to a quick boil to set their juices flowing. This instant way of cooking fruit is also excellent with fresh purple plums. These fruit desserts should be served ice cold, with heavy, barely sweetened cream for those who like it.

A man once knew, a true dessert lover, had an interesting theory on the subject. He said that desserts are closely linked with sex. Every good meal should be followed by a sweet and by dancing girls, the latter practice well known to the gourmets among the ancient Egyptians, Greeks, Romans and to the Persians and other bon vivants of the Near East. Now that dancing girls are not easy to come by in most households, however hospitably inclined, the stress has to be put on dessert, which should be rich and preferably chocolate, the sexiest sweet of them all. Indeed it is true that no people in the world are as preoccupied with sex as Americans, and no other country loves and makes so many chocolate desserts as the United States, where chocolate is the number one flavor for sweet layers. An American-style, many-layered, thickly frosted devil's food cake will establish one as a lovable homebody. Chocolate mouse, when the other hand, will give one the air of a cosmopolite, and so does the French chocolate cake and mouse for which recipes follow. Both are easy and nearly foolproof.

**FRENCH CHOCOLATE CAKE**

(6-8 servings)

A rich, rather flat, and dense cake

**Ingredients:** 4 ounces unsweetened chocolate; 4 tablespoons water or coffee; ⅓ cup sugar; ⅔ cup softened butter, cut into pieces; 4 eggs, separated; ⅔ cup finely ground blanched almonds. ⅓ teaspoons vanilla flavoring or 1 tablespoon brandy, rum, or kirsch; ⅓ cup sifted all-purpose flour.

**Method:** Set the oven to 350°. Grease and flour two round 8-inch cake pans. Put the chocolate in the top of a double boiler, add the water and sugar, and cook over hot, not boiling, water until the chocolate is completely melted. Stir frequently. Remove the double boiler from the heat, but keep the top over the hot water. Stir the butter, piece by piece, into the chocolate, but do not add the next piece of butter until the preceding one is totally melted. Remove the top of the double boiler from the bottom and cool the contents. Add the egg yolks, one at a time, beating well after each addition. Blend in the nuts and the flavoring. Gradually stir in the flour and mix well. Beat the egg whites until stiff and fold them gently into the batter. Spoon the batter into the prepared cake pans. Bake for about 20 minutes or until a knife inserted in the middle of the cake (or a cake tester or a skewer) comes out clean. Do not overbake; the cake should be on the moist side. Cool the layers in their pans for about 5 minutes. Turn out of the pans and cool completely.

**GLOSSY CHOCOLATE FROSTING**

(about 25 cups)

**Ingredients:** 3 tablespoons butter; 3 squares (3 ounces) unsweetened baking chocolate; 2 cups confectioners sugar; 6 teaspoons water; ⅓ cup milk; 1-2 tablespoons brandy, rum, or Kirsch.

**Method:** Combine the butter and chocolate in a saucepan. Remove heat and stir until smooth and remove from heat. Place the saucepan with the frosting into a pan filled with water ice. Beat the frosting until it becomes smooth and spreadable consistency. Stir in the liqueur. Spread over 1 layer of the cake, with the second layer, and spread over top and sides of the cake.

**Note:** The layers may also be frosted together with a butter jelly, such as red currant or apricot. Or put the layers together and frost from the sides with a whipped cream.

**DARK CHOCOLATE MOUSSE**

(6-8 servings)

To succeed, this dessert must be made and chilled at least 12 hours, but preferably twenty-four hours before it will be eaten. Otherwise it will not have the consistency.

**Ingredients:** 4 squares (4 ounces) unsweetened baking chocolate, 1 cup superfine sugar, preferably ordinary sugar; ⅔ cup water or coffee; 5 eggs, separated; ½ cup heavy cream, vanilla flavoring, or 1-2 tablespoons brandy, rum, or kirsch.

**Method:** Combine chocolate, sugar, water or coffee in top of a double boiler. Cook, stirring at a slow, steady time, over—not in—boiling water until the chocolate is melted and smooth. Remove from the heat but leave top in double boiler. Beat the egg yolks, one at a time, beating well after each addition. Remove top of double boiler. Pour in the yolks, and beat until stiff but not dry. Beat the egg whites until stiff and fold them gently into chocolate mixture. Pour into individual white small soufflé dishes (the classic way) or into a serving bowl. Cover the dishes or the bowl with plastic wrap so that the mousse won't absorb the refrigerator odors during its stay. Chill no less than 12 hours.

**Note:** The mousse may be served with a sprinkling of chopped nuts. The salt brings out the chocolate flavor. Or with a dollop of sour or sweet whipped cream. Or, best as is.

"Desserts are part of the lower and truer nature of men."
in % -inch slices; % cup olive oil; 8 tablespoons butter; 3 medium zucchini, % -inch rounds; % cup fresh parsley, % cup basil, % cup fresh oregano, all chopped; salt and freshly ground pepper; 3 large tomatoes, sliced in % -inch thickness, or 3 large green tomatoes, sautéed; 25 cups fresh onion, minced; 1 cup milk; 3 egg yolks; % pound, grated mozzarella cheese; % cup Parmesan cheese, freshly grated.

**Method:** Preheat oven to 350°. In a heavy skillet sauté eggplant slices in half the olive oil and butter. When evenly brown on both sides, remove eggplant from pan with slotted spoon and drain on paper towels. Sauté the zucchini in the remaining oil and butter until lightly browned and transfer it with a slotted spoon to paper towels to drain. Arrange eggplant on the bottom of greased oven-proof dish (8 by 12-inch dish, 3-4 inches deep) and cover with parsley, basil, oregano, salt and pepper. Add sautéed tomatoes and zucchini to dish and cover them with onions.

In a bowl beat milk and egg yolks and pour over onions. Arrange mozzarella cheese on top and sprinkle with Parmesan cheese. Bake in the top part of the oven for 30-40 minutes or until top is lightly browned. Serve with salad and French bread. Serves 6-8.

**COLD BORSCHT**

Ingredients: 6 medium-sized young beets, washed, peeled and grated; % large Spanish onion, sliced; 6 cups water; juice of % lemon; 1 tablespoon sugar; salt and white pepper to taste. Garnish: sour cream or yogurt; fresh dill, chopped.

**Method:** In a stock pot add beets, onion, water and cover tightly and simmer very gently for 2-3 hours, or until beets begin to whiten. Add lemon, sugar, salt and pepper to taste. Cover and leave on back of stove to steep overnight.

The next day strain and discard beets. Chill thoroughly. Serve in individual bowls with 1 tablespoon sour cream or yogurt and top with fresh chopped dill. Serves 6-8.

**SUZY’S HERB BREAD**

To the last addition of flour when making basic white yeast bread yielding 1 large or 2 small loaves add 2 tablespoons fresh parsley, 2 tablespoons fresh basil (green or opal), 1 tablespoon fresh thyme, 1 tablespoon fresh oregano, 1 tablespoon fresh marjoram, 1 tablespoon fresh summer savory, 1 teaspoon fresh chives, all chopped.

**HOT GREEN CORN SOUP**

Ingredients: % pound salt pork, diced; 1 medium onion, chopped; 2 cups grated and scraped corn (1 dozen ears); 1 quart milk, heated; salt, if needed; pepper and sugar to taste.

**Method:** Render pork in a deep kettle and take out pork with slotted spoon and reserve. Add onion to kettle and gently sauté until soft. Add corn to kettle and stir with a wooden spoon until mixture thickens. Very slowly add 1 quart heated milk and stir until well blended and bring to near boil. Taste, add salt if needed and pepper and sugar. Serve hot with reserved pork dice. Serves 6-8.

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Myra Waldo has written more cookbooks than any other person. Some of her most popular include: The Complete Round the World Cookbook, Myra Waldo’s Chinese Cookbook and The Complete Book of Wine Cookery.

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**What about microwave oven safety?**

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**SAUTÉED CHERRY TOMATOES**

Ingredients: % pound butter or margarine; % teaspoon garlic powder; % teaspoon dried onion powder; 2 teaspoons dried basil; % teaspoon dried parsley; 2 dozen cherry tomatoes; fresh basil, chopped.

**Method:** In a heavy iron skillet sauté over high flame butter or margarine, garlic, onion, basil, parsley for about 1 minute. Add tomatoes and shake the skillet vigorously and constantly until skin on the tomatoes starts to wrinkle. Immediately remove from heat and transfer them to a heated serving dish. Sprinkle with chopped fresh basil. Serves 6-8.

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**RECIPES FROM A VEGETABLE LOVING FAMILY**

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**GENERAL ELECTRIC**

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**EBRUARY, 1974**
WINE-TASTING TOUR continued from page 91

At the same time, farmers are finding it possible to grow some European varieties of grape—Pinot Noir, Chardonnay, Riesling, for example—that had been thought too delicate for New York winters. Should they gamble that Americans will like drier, more European wines as they drink more wine? Are the best European varieties better for you, as Dr. Konstantin Frank of Vinifera Vineyards fervently believes? As the huge blue mechanical harvesters straddle the vines in the fall, slapping the grapes loose with paddles—or as local men, women, and youngsters clip bunches and lay them in big orange plastic baskets—vintners are questioning.

Gold Seal Vineyards and Henri Marchant winery (back down Middle Road, left on 54A—and note the steep bank down to the lake on your right: once, before mechanical harvesters went to work, it was all handworked vineyard) tries to prepare for all eventualities with three ranges of wine and three ranges of price.

Its tour, which starts at the top of what seem like thousands of steps that climb the façade of the picturesque old building, opens with a clear and concise movie detailing the making of wine. When we've been told how it's done, we go on to watch them doing it, through caverns of old oak casks, alongside clinking champagne bottles on tracks, over glass-protected catwalks, to wind up in a room (where the youth of the reds offered for tasting may be a bit of a shock) to someone swimming up the hill from the bigger wineries, with their blended and smoothed-out wines) and a wine shop. There's an exhibit of Mr. Taylor's paintings and some of his writings. And the Fred C. Taylor Memorial Grape Library, a vineyard devoted to special or historical grape varieties for experimental research. And, because Mr. Taylor believes that home winemaking improves knowledge and appreciation of wine, there's a winemaker's supply shop. There is also the Great Western Wine Museum, the only wine museum in the country, the core of the Bully Hill tour. It houses old accouterments of wine making and drinking, photographs—including one of the Taylor crew sipping the first batch of Great Western champagne and looking enormously solemn—even a collection of White House wine glasses. It's all well displayed and interestingly explained.

By this time—or well before this—the traveling wine taster ought to be hungry. If a hamburger is all you want, there's the Village Tavern on the corner, which will serve splits of champagne with it. For dinner, the Snug Harbor, the Vintage, or Chateau Dugas, pronounced DOO-gus locally, where a steakhouse menu can achieve real distinction, all near Gold Seal.

The Finger Lakes' third largest and second oldest winery is Widmer, in Naples, about 25 miles away. There the quantity/quality controversy has been resolved in favor of quality. A majority of the 500,000 cases it produces each year are varietal wine. Sherries are aged four years in 50-gallon casks on the winery roof, exposed to sun and snow. Tours are Monday through Saturday, June through October 10 to 11, 1 to 3.

Neither Boordy, in Penn Yan nor O-NEH-DA in Canandaigua has a tour. Boordy, a division of Seneca Foods, has just taken over an old winery, is producing quality red, white, and rosé wines and a limited amount of Chardonnay and Cabernet Sauvignon. O-NEH-DA sells a lot of communion wine, but last year bottled its first Riesling. Canandaigua specializes in "pop" wines like Richard's Wild Irish Rose. All three sell wine at the winery.

Even in February there are things to see at the Finger Lakes wineries. Since almost all the wineries hold pressed juice under refrigeration until they are ready for it, wine-making operations are underway year round. And then there is the tasting. Finger Lakes' wineries seem to be getting ambitious—and where there is ambition, quantity, quality is likely. More and more people are buying New York State wine for something more than a predictable and inexpensive accompaniment to the barbecue or spaghetti dinner. At the wineries, with their full range spread before you, it is possible to pick and choose, to compare, to learn, to experiment with new lines like Taylor's Lake Countries or with New York State varietals, some of them unique to the East Coast, some that because of the climate, taste different from California varieties of the same name. It is possible to add a little education and experience to your judgment and then to pick a few native wines that are "you."
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These newly developed Mega-Vitamins were created especially for this reducing plan and although the formula of a dozen important ingredients contains more than the daily minimum requirement...a normal, healthy adult may enjoy them without any side effects when taken as directed because your Megavitamins are not ANOREXIGENS.

POWERFULLY POTENT FORMULA WILL MAKE YOU SLEEP!
In addition, your Mega-Vitamin Plan contains laboratory tested ingredients that will help you get the full benefit of the plan, counteract hunger. Your Mega-Vitamin formula will aid, and with one of the strongest diet aids available without a prescription.

SPEED THE SPEED OF YOUR WEIGHT LOSS!
Before starting, you will actually determine the speed of your weight loss. You can speed it up or slow it down...whichever you prefer. Because no two people are alike -- your acid weight loss will depend on your body metabolism.

EAT HEARTY! EAT WELL! NO DRASTIC CHANGES!
The Mega-Vitamin Plan encourages you to enjoy many of the same foods you like to eat. Mouthwatering meats, scrumptious desserts are definitely acceptable.

A SPECIAL MESSAGE FOR PHYSICIANS:
The Mega-Vitamin Reducing Plan has been formulated to satisfy the demands of many weight-loss patients, without sacrificing nutritional benefits. Sample Mega-Vitamins and Diet Regimen will be sent to you, when requested on your stationery.

200% MONEY BACK GUARANTEE
If, after trying the Mega-Vitamin Plan, you do not lose weight, return the empty package for a double your money back refund. That's right, the Mega-Vitamin Plan will promptly refund twice the amount you pay.

100% MONEY BACK GUARANTEE
You may stop taking the Mega-Vitamin Plan in the comfort of your own home and at your leisure. If, for any reason, you are not satisfied, return it for a full and prompt 100% refund.

Coat, New York, N.Y.
11. The Megavitamins are terrific. You may not know what a fashionista is until you are wearing Megavitamins. Mrs. S. G. Boles, Weaverville, N.C.
13. All my friends comment on how flat I look. Mrs. S. C. Cramer, Prince Albert, Saskatchewan, Canada.
14. My weight loss was very satisfying. Mrs. S. E. Johnson, Chicago, Ill.
15. Recommended your plan. Wanda Price, Fort Lauderdale, Fla.
17. Nearly lost so much weight before. Mrs. M. C. Johnson, New York, N.Y.
18. A fantastic formula. Mrs. E. C. Johnson, Columbus, Ohio.
20. I had never lost so much weight before. Olivia M. Johnson, New York, N.Y.
21. I had never lost so much weight before. Mrs. C. S. Johnson, Lake Worth, Fla.
22. Don't kick it until you try it. Mrs. C. L. Johnson, Los Angeles, Calif.
23. This morning weighted 21 pounds. Mrs. D. M. Johnson, Los Angeles, Calif.
24. Mrs. C. S. Johnson, Los Angeles, Calif.
25. Mrs. C. S. Johnson, Los Angeles, Calif.
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BRIEF, 1974

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MAIL TO: Vitamin Education Institute Inc. P.O. Box 5879, Dept. HG-5 Sherman Oaks, Calif. 91413
Please rush MEGA-VITAMIN Plan checked below:
[ ] Enclosed is $4.95 for 10 day supply.
[ ] Enclosed is $9.95 for 30 day supply (I save $4.90.)

Name Address State City Zip
NEW DELUXE HI TIME CLOCK

Imagine! Time "tip-toeing" across the ceiling over your bed. You won't have to rouse yourself into wakefulness merely to check on the nightly hour... just glance at the ceiling and there it is. Projected by an invisible beam in large clear numerals 3" in size so you won't need your glasses (when clock is placed 62" from ceiling). A warm Walnut wood and gleaming Brass finish. Electric with alarm 2¾" x 6¼" x 5½". 1 year factory warranty.

$34.95 Ppd. Ill. Res. add 5% Tax.

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ADAM AND EVE CIRCA 1974 are picking apples for the sheer joy of it. The apples are red, the children blond and dressed in green and brown. The stitches are simple on this huge 22x32 inch ivory linen ground. The price $33.95. #1334. Send $2 for new 36 page embroidery catalog. (Refundable on order of $25.)

“A GOURMET MUST!”

THE ALPINE SALAD & VEGETABLE DRYER

Just plate your washed greens or vegetables in the inner basket, gently tilt the inner and all excess water is spun away into the outer basket. Glass, quick, efficient—no splashing to be used on your counter top. Made in Switzerland of almost indestructible polyvinyl, individually boxed and guaranteed for five years.

$14.95 pdc

N.Y. residents add applicable sales tax.

Send check, money order or Master Charge or Bank Americard number to Dept. HG2-24

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“HANG-IT'S” for plants, terrariums, objects on kitchen utensile or whatever. With this almost invisible device called “Hang-it” you can suspend anything that weighs up to 25 pounds. Consists of a transparent nylon cord, a Plexiglas plate and a clear ring, completely assembled, ready for hanging. Available in 3 lengths: short (about 24’), medium (56”) and long (48’). Please be sure to specify length. $3 each; 2 for $5; 3 for $6; 4 for $7; 11 for $12; 20 for $20. Order ONE or even a DOZEN for GIFTS to Family and Friends. The more you buy, the more you SAVE! Sorry, no C.O.D.'s.

Send $1 for new color catalog of award winning designs. House of Hints, Dept. HG1, P.O. Box 730, Brooklyn, N.Y. 11202. ©house of hints company

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Boldly patterned symbols relating to the life style of western Indian tribes. Navajo type fine cotton rug in earthtones or brick red and gold. 3' by 5', $24.95; 4' by 6', $39.95; 6' by 9', $69.95; 9' by 12', $129.95. Ppd. 20 page color catalogue, $1. Peerless Imported Rugs, HG2, 3028 No. Lincoln Ave., Chicago, IL 60657.
SIGN OF THE ZODIAC
An amusing Leo is one of the 12 colorful needlepoint designs from the exciting Zodiac Gallery Collection. Each kit includes design on 17" by 22" linen, embroidery yarns, needle, instructions for personalizing with name and birthdate. Finished size: 14" by 18", $6.95 each plus 60¢ post. (Please specify Zodiac sign). The Stitchery, HG2, Wellesley Hills, Ma. 02181.

PRECIOUS BOX
An object of rare beauty to hold your jewelry and add a decorative touch. Double doors swing open to reveal velvet-lined drawers (five in all). Rosewood case with soapstone inlays, fine brass hardware. Size 8" by 6" by 12", $99.95 ppd. A. C. Gifts, HG2, 2642 Central Park Ave., Yonkers, N.Y. 10710.

WONDERFUL WRAP
It's instant success for the hostess in a "Pam" apron. Full wraparound that ties in the front becomes a complete outfit worn with a body stocking. One size adjusts to fit all. 100% cotton in red, blue or brown patchwork or blue, gold or red floral print. $14.95 plus 75¢ post. Sofwear Designs, HG2, 711 Main, Houston, TX 77002.

GATE DECOR
Ornamental iron work distinguishes garden gate that adjusts 35" to 77" wide, stands 56" h. finish hardware for attach­rick or wood. $59.95 exp. fee brochure. Collins-Han­Co., HG2, 450 No. Deca­Memphis, TN 38105.

A package of 600 handcrafted gifts imported from over 30 countries. 56 exciting pages feature new items from Europe and the Orient — fashion, crystal, jewelry, leather goods. 25¢ will bring our new spring catalog to your mailbox. Shopping International, 782 shopping international bldg, Norwich, Vermont 05055.

HAND-EMBROIDERED CREWEL DIRECT-FROM-IMPORTER

Solid Cherry Silver Chest For all your preciousflatware, this Queen Anne Silver Chest provides beautiful, convenient storage. All 4 drawers are lined with Pacific Silver cloth, and the top one has dividers. Drawers are 2 in. deep. Have solid cast brasses. Scallop shell on the shaped armoire. Finished back 24" D, 37 in. No COD. Silver not included. Brown, or red-brown cherry finish available $164.00 shipping charges collect. Send $5.00 for reproductions. Ephraim Marsh 276 Fidh Ave., Dept. HG-24, N.Y., N.Y. 10001.

Check Mate
Check into evening activities in this chic checked shirtdress of polyester/cotton pinned from Gordon of Philadelphia. Strictly shirt-shaped and self-sashed, it has bias-cut, full-length button placket, cuffed sleeves and a single inseam pocket. Black/white, navy/white or jade/white. Sizes S-XL. $45.00. Add $1.25 for postage. Please send me your New Free Full-Color Catalog of smart distinctive sportswear. Name. Address. City State Zip. THE TALBOTS DEPT. M M, HINGHAM, MASS. 02043

Pistol-Handled Stainless
in an heirloom tradition
Old Westbury - FULL DINNER SIZE
An exact replica of a famous old sterling patter­ner with impressive full dinner size, graceful style. Hand-honed handles on stainless steel flatware. 3 fork sets, 8 dinner knives, 8 dinner knives, 6 salad-dessert forks, 6 omelet-serving spoons, 3 serving spoons, 1 serving spoon, butter knife and 2 serving spoons. OPEN 52-piece service for 8 $39.95
OPEN 70-piece service for 12 $59.95 Available with a full range of matching accessories serving plates, wine and water goblets, fruit knife, cocktail and cheese knives, and more. Jemper House Dept. HG-24 GREAT BARRINGTON, MASS. 01230
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SAFE storage for valuable back-issues! Keep your favorite magazines like new, protected from dust, water, disaster. Neatly file for fast reference. Custom-made for any standard publications you name. Titles are embossed in 31K gold. Covered with rich library-colored Leather-Tex to resemble finely bound books. Each holds a year's supply of monthlies. Also medical & legal journals. 

$5.50 ea. ppp.

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BANGLE BRACELET

Cast in France from authentic 19th century molds, this handsome 24 Kt. antique gold plated bracelet lends itself to a genuine antique. A great find for that relative or friend hooked on antiques...or yourself. $7.50 plus 15c post.

HOLD EVERYTHING

Display your Collection of Spoons! A deftly designed spoon rack with shelf is pretty enough to hang alone. Spaces to hold 18 of your precious spoons from demitasse to table size. Made of yesteryear's mellow Pine. Hand-rubbed to a satin smooth finish. 12" wide. Small unit holds 30 Cassettes. 13 1/4"x5"x6 1/4". $5.50 ea. ppp.

INSTANT SEASHORE

Arrange your own scene with these graceful gulls. Aluminium, in natural colors, can be mounted on indoor or outdoor walls for an ever-fresh atmosphere. Wing-span up to 15". $2.75 each plus 90c post. $13.75 plus $1.50 post. Clymer's, HG02P, Chestnut Hill, Pa. 19023.

SPoon RACK

Display your Collection of Spoons! A deftly designed spoon rack with shelf is pretty enough to hang alone. Spaces to hold 18 of your precious spoons from demitasse to table size. Made of yesteryear's mellow Pine. Hand-rubbed to a satin smooth finish. 12" wide. Small unit holds 30 Cassettes. 13 1/4"x5"x6 1/4". Ideal solution for keeping a collection neat & orderly. Choose: Black, blue, brown, green. 30-unit, $11.95 ppp. 60-unit, $18.95 ppp.

ART GUILD enterprises

SOLVES Cartridge storage problem! Custom-made of heavy book binder board, bound in a Kid-Green Leatherette with Gold embossed design. Individual storage slots hold 60 Cartridges slightly tilted back to prevent handling spillage. 13"x9 1/2"x1 1/2" wide. Small unit holds 30 Cartridges. 13 1/4"x5"x6 1/4". Ideal solution for keeping a collection neat & orderly. Choose: Black, blue, brown, green. 30-unit, $11.95 ppp. 60-unit, $18.95 ppp.

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Learn 24 needlepoint stitches at your own pace, Unusual link chain has slide with genuine camo. Remove spinning fob and wear Grandpa's old watch on chain. Antique finish gold plate. 28" long. $6.90 plus 65c post. 

FREE sample pack with every order. Order 24 for 50c each, 25 for 40c each. 25 for 35c each. 25 for 30c each. 25 for 25c each. 25 for 20c each. 25 for 15c each. 25 for 10c each. 25 for 5c each. 25 for 0c each. 

Free shipping on orders over $100. 

THE WORLD OF STITCH & KNIT INC.

745 W. Cahuenga Blvd., Los Angeles, California 90098

(312) 520-3100

S H O P P I N G A R O U N D

NATURE SETTING

For serious collectors of rocks and shells, plexiglass holders can display them to advantage. Black base and clear pegs, are sandbox and polished to add to beauty of the firmly held objects. 2 1/2" by 2 1/2". Set of three $4.20 plus 65c post. Postamatic Co., Inc. HG274, Lafayette Hill, PA 19444.

ELEGANCE AT HAND

Purse to needlepoint on handmade design plus 3 initials for back (specify). 5"x8". Ivory, turquoise, cherry or black. 12-mon canvas, Paternayan Persian, satin in lining, $16 (with gold metallic for design, $17) ppd. Roselle Needlecraft Co., 1308 Fifth St., Santa Monica, CA 90403.

NEW WHITE LINES

Tile walls take on a clean new look when you re-line the grout lines between tiles with this efficient white chemical. It's quick to apply, One 4-oz. bottle covers two average-size bathrooms. $2.99 plus 35c post. Holly House, HG6, 9924 Edgecake, Dallas, TX 75238.

HOLD EVERYTHING

All your make-up needs fit into this one tidy carry-all. Mirror in lid tilts to any angle, pough holds lipstick, compact, comb. 5" by 2 1/2". Crinkle patent in assorted colors, but no choice of color is available. $1.29 ppd. Walter Drake, HG49 Drake Bldg., Colorado Springs, CO 80940.

INSTANT SEASHORE

Arrange your own scene with these graceful gulls. Aluminium, in natural colors, can be mounted on indoor or outdoor walls for an ever-fresh atmosphere. Wing-span up to 15". $2.75 each plus 90c post.; five $13.75 plus $1.50 post. Clymer's, HG02P, Chestnut Hill, Pa. 19023.

HOLD EVERYTHING

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ART NOUVEAU

BANGLE BRACELET

Cast in France from authentic 19th century molds, this handsome 24 Kt. antique gold plated bracelet lends itself to a genuine antique. A great find for that relative or friend hooked on antiques...or yourself. $7.50 plus 15c post.
Each month... A look into the nostalgic past through authentic photos, drawings, cartoons, comics, memories, features, songs, poems, letters, ads, etc., from the turn of the century up to a decade or so ago.

You'll relive those days and events through the pages of this one and only magazine of its kind.

For about the cost of a good movie, you can receive this big entertainment value each month for the next 12 months! We guarantee... that you will be thrilled beyond words... or you can have your money back!

Like old time comics?

You'll find complete comic pages from the past featuring such characters as:
- Barney Google
- Happy Holligan
- Bob McNutt
- Tillie the Toiler
- Little Annie Rooney
- Little Nemo — plus many, many others.

We're embarrassed by the kind words in letters such as these.

Frankly it's a good thing that "Good Old Days" is not harmful to our health because it certainly is habit-forming. It's also hard to find on newsstands, too. I'm breaking loose with the four dollars for a year's subscription. I believe anything as good as you've got deserves support. It's refreshing to see a magazine that can sell itself, without the use of sexy covers, lurid stories, and above all, a lack of violence. Honestly, reading G.O.D. gives a feeling of peace no drug can match!

M.J.P.

West New York, N.J.

JUST A FEW OF THE FEATURES PREFERRED DURING THE PAST FEW MONTHS.
- Thank heaven for Biscuits!
- Armistice Day of Long Ago!
- Remember Butchering Day
- Remember those Movie kids?
- Early 1900's Shoe Repair
- Growing Pains of a Country Boy
- My 5' Nickle
- The Old Huckster Wagon
- Dry goods store — 1910 style
- Horse Hitching Posts
- Days of the Woodshed
- Bloomer girl
- Superstitions 60 years ago
- Straw ticks & feather beds
- They danced for 20 days
- Halloween Memories
- A little red schoolhouse
- Grandma what's a coalbin?
- Glorious Fourth, family style
- Oh women of yesterday!
- Shoe factory work in the 20's
- 1st women's lib — 1910
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TI CO TUNE
A most appealing music box, sure to enchant any youngster.
Made of wood, it shows a little boy with his scooter and doggie, and it revolves as it plays "Tico Tico." Darling gift for a favorite grandchild. 4" h. $32 pd. Hildgeard's, HG2, 597 Farming-
ton Ave., Hartford, Ct 06105.

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Simulated leather pouch totes cosmetics. Five pockets keep bottles upright. 12" by 12". In 25 colors including black, brown, red, white, bone, tan, charcoal, green or red/white and blue. $5.95; two, $11 pd. Free catalogue. Tex-Made, HG2, Box 16125, Houston, TX 77022.

FLOWERING SPONGE
No long wait for this garden to grow! Natural sponge with special fast-growing seeds that flourish quickly. Place sponge in a holder, sprinkle on seeds, keep moist. 5" dia. $2.99; two extra seed packs $1. Add 35c post. Lilly's Garden, G24, 510 So. Full-	on Ave., Mt. Vernon, N.Y. 10550.

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Gold-colored metal desk plaque proclaims in black lettering: it's hard to be humble when you're as great as I am. No false modesty here, is it ego-assuaging? 4" by 4" on stained wooden stand. $1.98 plus 25c post. An-
thyra Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

LIGHT YEARS
Five year flashlight is a natural for motorists, campers, hikers, ex-urbanites and almost everyone! Chrome finish and palm-sized. There is no power drain when it is not in use. $5.95 plus 50c postage. Hans Brinker II, Dept. 20, 621 S. Beach Blvd., La Habra, Ca 90631.

LEARN FLOWER ARRANGING at home. Make professional corsages, arrange-
ments, wedding designs. Unusual spare, Full color catalogue. Tex-Made, HG2, Box

ROMERTOPF
Original Romertopf clay pot, reme-

ABLE in its utter simplicity. Gour-

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Exercise the lazy way...
Pedal off unwanted inches with famous HIP CYCLE

- Slim down hips and thighs  
- Slim down waistline

Used by Models, Executives, Housewives...  
Men and Women Who Want a New, Trim Look

The Hip Cycle lets you relax comfortably while you pedal off the inches. It's the easy way to firm up all those problem areas...waistline, hips, legs, thighs, calves.

You lie down on a cloth-backed vinyl mat that protects your entire body from the floor. You can do it at home, beside your bed...take it out on the patio or lawn, if you want to get some air and sunshine at the same time. Listen to the radio or watch TV.

You pedal away...as little or much as you want a day...pace yourself while you get all the benefits of smooth, pleasant exercise. It's good for strengthening foot muscles, too. A short, invigorating period every day and you begin to feel and look like new.

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The Hip Cycle is easy to use, easy to store. When you're through exercising, just fold it up and tuck it behind a door, under a bed, in a closet. It folds down to a compact 28" x 20" x 1¼". It's light, easy to carry, folds out and ready to use in a second. It comes with instructions to show you how easy it is to pedal those inches away.

Satisfaction Guaranteed or Money Back

Use a Hip Cycle just once and we think you'll want to use and enjoy its benefits every day. And everybody else in the family will like it, too. (It's great for teen-agers!) Try it in your home—use it for two full weeks. If you're not more than delighted you may return it for full, refund.

Mail coupon below for prompt shipment.

The Hip Cycle, complete, ready to use is only

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☐ Please rush me one Hip Cycle K0599 at $10.98, plus $2 for delivery and handling charges (8 lb. pkg.).

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Signature

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City__________________________State__________________________Zip_.

I understand that I may use the Hip Cycle for two full weeks and if I am not completely satisfied, may return it for full refund.

N.J. Residents, please add 5% sales tax

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Beautiful designs, handcrafted in gold or silver, create truly dis­tinctive rings. A variety of de­signs and all sizes. Starfish ring 6k gold on sterling silver $12.50 post. $7.50 Ppd. Carolista Jewelry De­signers, HG2, 137 E. Rosemary St., Chapel Hill, NC 27513.

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Switchplates have 3-dimensional colorful designs in adco-wood: owl, mushrooms, daisy, sunflower, fish, butterfly. Screws in­cluded. Single plate 4 1/4" by 2 1/4" $2.50, double 4 1/4" by 4 1/4" $3.50 Ppd. State size, design Catalogue 25c. Clymer's, HG200 Chestnut St., Nashua, NH 03060

ATTENTION!
"I know you believe you under­stand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pinfinish plaque. 4" by 5" $1.98 plus 25c post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94104.

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the JAGIK MUSHROOM HOUSE Dept. HG-74, 1 Gregg Avenue, Wilmington, Del. 19807

HERALDICA IMPORTS,
Famed European health and beauty authority reveals how to RIDE YOURSELF OF UGLY FAT...LOSE THOSE LUMPS, BUMPS AND BULGES YOU COULDN'T LOSE BEFORE in a startling new book that exposes CELLULITE.

In 224 revealing pages, Mme. Nicole Ronsard deals with a problem affecting 8 out of 10 women—the problem of the lumps and bulges that won’t go away, no matter how much you diet...no matter how much you exercise.

If diet doctors, pills, salons, exercise gyms, spas and steam rooms haven’t helped, chances are that you have cellulite and can be one of those fortunate women who will benefit from the secrets in this sensational new book.

WHAT IS CELLULITE?

Don’t let the word frighten you. Millions of women everywhere have cellulite and live their lives with it...simply because they have never been able to recognize it, and thus have not been able to do anything about it. Now, thanks to the efforts of Mme. Nicole Ronsard, the prayers of many can be answered.

Cellulite, which causes unsightly lumps and bulges, is more than simple fatty tissue. It is a gel-like substance made up of fat, water and wastes trapped in immovable pockets beneath the skin.

Mme. Ronsard deals with every aspect of cellulite. You quickly learn where to look for it...recognize it...and, most importantly, rid yourself of it forever.

Think what this could mean to you. Unsnugly bulges around hips, thighs and buttocks—are. Flab and pockets of fat around knees, upper arms—gone. Wear clothes you never dreamed you could wear; bathing suits you never dared to try on, gowns and evening clothes made only for others...not for you.

Yes, new life awaits you within the pages of this exciting new book. Say goodbye to "jodhpur thighs" and "saddlebag buttocks"...never again be embarrassed by "cottage cheese" textured skin.

While cellulite is recognized throughout Europe, this is the first and only book published in America that deals with this relatively unknown blight to femininity. Everyday aspect of the problem is discussed and explained in easy-to-read language. For any woman who suspects she may have a cellulite problem, no matter how slight or advanced, this book is a "must."

RECOGNIZED BY MEDICAL PROFESSION

Dr. Ian Botosan, a New York gynecologist, stated that cellulite bulges and lumps that won’t go away with ordinary diet and exercise have been gracing the increased pace and anxiety of modern living. To quote: "Women complain that most doctors have no sympathy for this condition and more often than not just tell them not to worry about it and get on with the problem of living."

PRAISE FROM THE PRESS

WHAT LEADING EDITORS SAY ABOUT MME. RONSARD'S REMARKABLE CELLULITE CONTROL METHODS:

HARPER'S BAZAAR QUOTES NICOLE RONSARD:

"Cellulite can be licked. It's knowing what the problem is and how to solve it that makes the difference."

A LEADING EDITOR SAYS:

"Mme. Ronsard is an expert in the treatment of cellulite. In her salon she uses the French treatment method; but one need not go to a salon to have it done, one woman wrote the book, "Cellulite—Those Lumps, Bulges and Bumps You Couldn't Lose Before."

VOGUE MAGAZINE:

"If you ask Nicole Ronsard about cellulite, she could write a book. And she has—Cellulite: Those Lumps, Bulges and Bumps You Couldn't Lose Before. The very first of its kind, it's devoted exclusively to cellulite—a subject Mme. Ronsard has been studying all her life."

RECOGNIZED BY MEDICAL PROFESSION

Dr. Ian Botosan, a New York gynecologist, stated that cellulite bulges and lumps that won’t go away with ordinary diet and exercise have been gracing the increased pace and anxiety of modern living. To quote: "Women complain that most doctors have no sympathy for this condition and more often than not just tell them not to worry about it and get on with the problem of living."

PRAISED BY NICOLE RONSARD'S BOOK

"I am particularly pleased that Mme. Nicole Ronsard has decided to write this book, thoroughly expounding cellulite for what it is—a very special condition that needs very special corrective measures, I highly recommend it as a tremendous help to all those women who have the problem and never knew what to do about it."

—Ian Botosan, M.D.

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Normally, buying direct from Ronnie, you'd save up to 40% on Bedspreads and Draperies. Right now — our between-season lull and our workrooms are at their slowest pace. By acting now you can save an additional 33½%. Procrastinate a fortnight — when we start to get busy — and you earn only 20%. Stall for a whole month and you pick up a mere 15% savings. Be quick, be alert. Get that coupon in the mail now!

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GOLDEN OPPORTUNITY to stock up on a supply of elegant name and address labels. The set includes 250 black on gold ½ x ¾" script initial address labels and 125 matching gold initial 1x1" envelope seals. [To 20 letters per line, 4 lines] We use them to personalize everything—stationery, checks, to identify books, $3 ppd. Via air add 44c. In gift catalog. 25c. Bruce Bolind, 22 Bolind Bldg., Boulder, Colo. 80302. Thank you kindly!

GARDEN TRIUMPH!

DWARF BANANA TREE
Start it growing in your home! A beautiful monstera deliciosa plant, rooted in peat moss and grown in 3" pots. Price includes 1 plant + 4" pot + 1" potting soil + 1" water pan. Value $12.50—Your cost $9.95. Order now while supplies last. Includes mailing.

ORDER EARLY
New Limited Original BERTA HUMMEL "Precious One"
Mother will love this 3rd issue in famous series, beautifully decorated; ready to hang; a 'must' for her collection; $17.00
(Plus $1.00 post & ins. fee.) Instructions with order indicate how to frame, mat, decoupage. FREE NEW COLLECTOR'S SHOWCASE PORTFOLIO

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A GIFT OF TIME
Beautiful antique-finish pewter clock not only tells time but is a distinctive wall decoration. Made in Germany with fascinating details, it's battery-operated so you can hang it anywhere. 9" dia. $50 plus $1.50 post. Hildegarde's, HG2, 597 Farmington Ave., Hartford, CT 06105.

CANVAS ON THE GO
Natural, tough cotton canvas with bold black accents, adjustable strap of rugged webbing and a snap closing. Roomy with zipper, tuck-away pocket, initials. 10½" by 13½" by 3¼". Print initials. $5.98 plus 35¢ post. Lillian Vernon, G21, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

EXTENSION
Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15¢ post. Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

SPORTS KNIFE
Polished stainless steel blade makes this knife fine for hunting, fishing and hiking. Opens with a finger flick and locks into position. Safety guards and push button release; pocket size. $1.98; deluxe 7" size, $3.98 ppd. Standard American, HG2, 1 Park Ave., New York, NY 10016.

SHOPPING AROUND
The tranquility and serenity of a cool forest glade is captured by Burk Sauls in these two different 10"x12" color lithographs on extra fine white paper. The set — $11.50 ppd. Send for our collection of original ideas . . . 25¢.

COUNTRY FRESH
Brighten your table with these reversible quilted placemats and colorful napkins. Placemats are red, white, and blue patchwork print. Napkins and reverse side of mats are red with white dots. Machine washable, no-iron dacron and cotton. Set has 4 mats 18" x 13" and 4 napkins 16¼" square. $11.95 plus $1 postage. Money refunded if not delighted. Free catalog.

I still can't believe I painted it myself.

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"When I saw Personal Paintings on hat's My Line," says Arlene, "I thought painting a portrait by number was a terrific idea, if it worked. So I tried one and it did work. If I can do it, anyone can."

Arlene Francis is one of the many thousands of people who have created beautiful paintings this easy new way. You can, . . . even if you've never painted before. Just send us a full color photograph, drawing, or picture of your favorite person, pet or landscape . . . anything. Wallet size larger, protected for mailing.

We'll send you a complete kit that includes 6" x 20" paint-by-number panel, over 48 artists' oil paints matched to your picture, 2 brushes, painting guidebook, and practice nel. Your picture will be returned safely.

Your satisfaction is guaranteed. If for any reason you are not delighted, Craft Master of General Mills will fully refund your money. So send your picture with check or money order today. Allow 4 weeks for delivery. Or write for a free color brochure. (Frame sold separately.) Only $19.95 postpaid. Money-back guarantee.

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SHOPPING AROUND

SMART STEPPER
You'll like the great feeling of balance and comfort you get in this low-heel (1 1/4") pump with sash and gilt buckles. Urethane patent in black, beige, white. Sizes 10 to 12 in slim, narrow, medium, and wide. $30.25 ptd. Shoecraft, Inc., HG2, 603 Fifth Ave., New York, NY 10017.

PANEL PERFECT
The design on ochre and gold linen with bird in blue, leaves in gold and metallic thread. Orange flowers. 24" by 12" complete with yarn for blue tassels, brass rod. $39.50 plus $1.50 post. #2334. Send $2 for catalogue. Skon, Dept. GC2, 95 Lambert Lane, New Rochelle, NY 10804.

CLEARLY PROTECTIVE
Sunburst design asparkle with dazzling facets graces the dome of a crystal cheese server. Ribbed edging. 6¼ dia., 5" h. Pattern is a mid 19th c. reproduction. $4.90 plus 75c post. Catalogue, 25c. Sturbridge Yankee Workshop, HG8, Brimfield Tpke, Sturbridge, MA 01566.

HEARTY MORNING
Heavy aluminum skillet has a heart shaped cover to turn eggs or pancakes into a message of love. Perfect for two eggs sunny-side up. Heat resistant bakelite handle. $6.75 each; two, $12.75 plus $1 post each. Twin Form Skillet Corp., HG2, 434 Tenafly Rd., Englewood, NJ 07631.

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Personalize luggage with custom-engraved polished brass name tags on elastic webbing, red, white and blue or beige and brown stripes (specify). Print initials. Set of three assorted sizes to fit all bags. $3.98 plus 35c post. Lilian Vernon, G21, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

FREE
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MUSICAL Alarm
CLOCK
All metal construction, combines beauty with Quality, Swiss-made 24 hour precision, Luminous Hands and Dial, wakes up to the tune of "Oh, What a Beautiful Morning," "Somewhere My Love," or "Sound of Music." Color: Ivory or Black with Gold design. 2" Sq., 3 ½" high. $4.95 plus 50c. Satisfaction guaranteed.

MUSICAL KEY RING
Goldplated case with slide cover for inserting your favorite photo. Available Tunes: "Edelweiss," or "Somewhere My Love." "4007 $23.00
Will imhho beautiful presents for Valentine's Day, and will arrive before Valentine's Day. All metal construction, combines Beauty with Quality, Swiss-made 24 hour precision, Luminous Hands and Dial, wake up to the tune of "Oh, What a Beautiful Morning," "Somewhere My Love," or "Sound of Music." Color: Ivory or Black with Gold design. 2" Sq., 3 ½" high. $4.95 plus 50c. Satisfaction guaranteed.

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Send 50c for "Old Manor House Curtain Booklet" with actual fabric samples satisfaction guaranteed. Mf. rep. and price - Sorry No COD's

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The richly grained and glowing wood of the monkeypod tree is hand carved into a bouquet 15" tall. A year round beauty to use as a centerpiece on the table or as decorative accent in any room. $6.98 plus 95c post. Harriet Carter, Dept. HG2, 709 W. Huron, Ann Arbor, Michigan 48103.

ACCORDION PLAYER


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Early American pattern reproduced in genuine embossed stoneware. Slow-cooked foods prepared in advance stay warm on Thermo-Electric base, golden legs. 1 qt. $12.95; 3 qt. $18.95. Ppd. Add $1.10 postage. The Talbots, Dept. HG-42, 1141 Commercial Drive, Evanston, Ill. 60204.

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Simple Teflon cover for steam irons is the solution for ironing without any ugly shiny areas. $1.25 post. The Talbots, Dept. HG, 709 W. Huron, Ann Arbor, Michigan 48103.

CHOICE DECOR!

This Large Drum Lamp comes fully finished or sanded satin-smooth ready to antique, depolished or stain a glowing wood tone. Carefully handcrafted from native hardwood, it stands on imposing 24" tall, fully wired, there is a 3-way switch and an E.F.L. socket. Specify your Choice of Shadewe in red or pink. Concordia, Art Galleries, 2100 B-2 No. Haskell, Dallas, Texas 75204.

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There's no need to rip out your old grass. Plug in Amazoy Zoysia Grass and let it spread into beautiful turf that never burns out. It's perfect for summer homes and "problem" areas. By Mike Sciolwi. The Sunbonnet Babies' Primer

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Bring a little country livin' into your home with this super, 100% washable patchwork print quilt! A real rural beauty completely finished in red, green and blue cotton with thermal polyester filling. Measures a big 66" x 78" to fit either a single or double bed. Perfect for home or camping.

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GLEAMING VALENTINE
Heavy polished metal reproduction of Robert Indiana's LOVE sculpture is a thought for Valentine's gift. 3¼" by 3" by 1¼", it is a natural for his bureau or her dressing table. $9.95 plus 95¢ post. Sleepy Hollow Gifts, HG2, 6651 Arlington Blvd., Falls Church, VA 22042.

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Intricate hand knotted natural macramé shows off potted flowers to perfection. Wire circles at top and bottom of pot holding portion keep pot secure. 26" long overall, pot holder 8½" h., 6½" bottom. $4.95 ppd. Elizabeth McCaffrey, HG2, North. York, NY 11768.

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Any collection will be enhanced by this touchingly lovely piece. "Mother and Child" is a Kaiser porcelain bisque figurine, made by highly skilled artisans in West Germany. 8¼" h. by 8" w. $55 plus $1.50 post. Hildegarde's, HG2, 597 Farmington Ave., Hartford, CT 06105.

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$5.95 each. Two for $11.50
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6900 Fairm., Hillside, Calif. 90069.
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"When Irish Eyes are Smiling" plays when you tilt this white porcelain mug with green shamrocks. The musical unit is easily removed for washing. Serve your Irish coffee, or a bit of stout come March 17th. 8 oz. $7.98; two, $15.75. Ppd. Downs, Dept. 1402, Evanston, IL 60204.

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STRAIGHT AND PROUD
Posture maker corrects posture as it holds body straight, shoulders back. Webbing, one size fits men and women. After wearing for a time, body assumes proper posture. $3.98 plus 50c post. American Consumer, Dept. PM-26, Caroline and Charter Rds, Philadelphia, PA 19154.

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Press indoor-outdoor thermometer on window, pressure-sensitive pad holds the unit in place. No more screws, wires, tubes, or holes in wall. Great for home or office, camper or car. $4.95 plus 50c post.; two for $9.95 pdd. J. W. Holst, Inc., HG2, 1005 E. Francisco, CA 94105, enterprises, HG2, 585 Market St., San Francisco, CA 94105.

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Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.49 plus 20c post. Order D-Fuzz-lt from Anthony Enterprises, HG2, 585 Market St., San Francisco, CA 94105.

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You'll feel happy as this playful pussycat every time you look at this big 2 x 3 ft. poster! No one who sees it can keep from smiling. Makes any wall 20 degrees warmer instantly. $2 pdd. anywhere in U.S. . . . 3 for $5.50 (to 1 address)

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Foldaway Brass-plated tubing bedsprad holder slips between mattress and box spring, folds away during the day to come out at night and hold the spread neatly at the foot of the bed. 30" wide, it requires no installation. $7.98 plus $1.25 post. Harriet Carter, HG12A42, Plymouth Meeting, PA 19462.

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For corn lovers. Handsome rosewood and stainless steelers eliminate hours to hand-earner. Towel a hostess . . . or the man of the house. Box of eight. $11.50. 2 Boxes (16) $6.50. Add 90c post for Each Box. Sorry No COD's.

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Colorful flower or bird design, hand-painted on #12 mono mesh (8" by 10") to needlepoint yourself, then apply to bag (6" by 8" by 2½"; lined; on gold-finished frame). Kit also includes yarns, needle for canvas edges. Black, white or beige. $22.95 plus $1.25 post. Catalogue 35c. Needlepointers, HG2, Box 72, Roslyn Heights, NY 11577.

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Watch with a sporting motif marks the seconds with a “floating” system: tennis style shows ball making the circle around the dial, golf, golf ball; and so on. Also available for baseball, basketball, hockey, auto racing, horse racing. Leather strap, Swiss movement. $19.95 ppd. Carol Co., HGE, 53 Lieper St., Huntington Sta., NY 11746.

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Beautiful Kosta crystal shine; in a delightful version of the owl by noted sculptor, Vicke Lindstrand. Size: 3½", 4¾", and 5¼". Write for information to Cope Ltd., HG2, P.O. Box 40, Christiansted, St. Croix, VI 00820.
SIMPLY ELEGANT
Super with turtle neck or suntan. Contemporary contour necklace by famous designer, Puig Doris of Barcelona, Spain. Weighty sterling, 12” l., $79.50 air ppd. Europa Shop, HG2, P.O. Box 3707, St. Thomas, VI 00801.

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Lush island print in 100% cotton with braided belt, fully lined. By Lee Stevens. Green, pink or blue. Give first, second choice. Sizes 8 to 20. $25 plus $1.50 air post. Sun and Moon Fashions, HG2, 40 Queen Cross St., Christiansted, St. Croix, VI 00820.

THE HORN
Italian charm, 18k gold, bright or Florentine finish (specify). 1¼”, $12.95; 1½”, $19.95 air ppd. Place Vendome, HG2, P.O. Box 2458, St. Thomas, VI 00801.

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Designed by the famous Puig Doris of Barcelona, Spain. Handsome contemporary bracelet, sterling silver with gold ball, which becomes the clasp on the hinged bracelet. Matching ring. Exclusive with the Europa Shop.

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SEVEN brilliant TRUE colors . . . white, navy, red, green, yellow, orange, black
A bit of the Caribbean . . . and, oh so feminine.

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Comfortable sandals with water-resistant cushion platform on fashionable 1¾" heel. Blue to royal ombre, bone to brown, multi-b蜀tastis, all black, white, navy or brown kid leather. For widths AAA to EE, 2½ to 10, $24.95 to 12, $25.95. Add $1 post. 25¢ each add'l. pair. Free catalogue. Solby Bayes, H12, 45 Windsor St., Boston, MA 02108.

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A FAITHFUL REPRODUCTION OF A EUROPEAN ANTIQUE IN CAST ALUMINUM. HAND-FINISHED IN WHITE, BLACK OR VERDE CAST ALUMINUM. HAND-FINISHED. $35.00.

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3" high; 2" at top; 3" at bottom

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Bright look afoot for spring is a blossom abloom in leather atop a handcrafted leather shoe. For travel—and terrific tip-toeing—half-inch heel and a hard leather sole. Black, white, navy, red, hot pink, lime or yellow; sizes 51/2 to 10 in N and M widths. $17 plus 51/2 post. Free catalogue. The Talbots, Dept. VB, Hingham, MA 02043.

PROVINCIAL PILLOW
Cross stitch an old world design for a 16" square knife edge pillow. Kit includes design on oyster Belgian linen, wool, linen for pillow back, cording, zipper, instructions. Choose two tone red, blue, green, gold, brown, black/grey or rose wools. $4.95 ea.; 16" form. $2.50. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

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Adds each item as you select it and gives a constant running total. Also subtracts returns. All metal construction 9½" by 7½". Available in black and gold satin finish. Modern instrument designed for fast, accurate work. Comes in a sturdy vinyl carrying case with own ball point pen and grocery list pad. Add 50c for postage. Guaranteed. 30 years against defects. $5.90 plus 35c post. BankAmericard or Mastercharge send orders. Texas add sales tax.

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Natural daylight is all that is needed to make an indoor garden of an African violet, fittonia and a strawberry geranium flourish in its 15" h. glass container. No watering. Kit includes: container and lid, plants, soil, sealant for lid. $24.95 plus $1 post. Romar Sales, RS-5J, 227 E. 45th St., New York, NY 10017.

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Three tier electric fountain requires no expensive plumbing. Just plug it in, add water and it cascades from tier to tier to recirculate. Marbleized white and gold styrene top and center bowls are 15" dia.; bottom bowl 20¼" dia.; 17" h. overall. $29.95 plus $1.50 post. Harriet Carter HG-12542, Plymouth Meeting, PA 19462.

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Your favorite picture blown up in color. Send color print or slide (no negative). 1' by 1½' poster, $4.95; 1½" by 2', $7.95; 2' by 3', $14.95. Also black and white posters. 1½ by 2', $2.95; 2' by 3', $3.95; 3' by 4', $7.95. Great for dorm, den or family room. Photo Poster, Dept. X527, 218 E. 23 St., New York, NY 10010.

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NEW DEMI BOOTS

Comfort's assured with 1/4" platform sole of non-skid rubber. Crinkle waterproof washable patent stretches 3" above ankle. Full and 1/2 sizes 5 to 10, one width fits all, 1/8" heel. Black, brown, navy, red, bone or white. $10 plus 80c post. Victoria, Wayne, 610-H2X So. Country Club Rd., Tucson, AZ 85716.

HISTORIC HANGER
From the gaslight days, a Victorian-style cast iron coat rack designed for top hats and pantalettes, now handy for trench coats, bubble umbrellas, scarves, hats. Five large swing arms each have three hooks. Stands 7/8" from wall, 14" w. $3.98 plus 75c post. Holiday Gifts, Inc., Dept. 302-D, 7905 W. 44 Ave., Wheat Ridge, CO 80033.

KEEP IT CLEAN
It's easy to keep your Venetian blinds free of dirt and dust with this efficient little tool. New double-duty design does two slats at a time on both sides. Simply dip in suds and foam pads do the cleaning with one wipe. Takes half the usual time. $1.98 plus 35c post. Anthony Enterprises, HC2, 585 Market St., San Francisco, CA 94105.

DOUBLE DELIGHT
A perky little Pekinese decorates a 15" by 15" pillow top in a combination of needlepoint and crewel stitches. Colors are black, brown, and white on white. $11.95 plus $1 post. Write for catalogue, 25c, The Needleworker, Dept. HGE-2, Box 488, Westport, MA 02193.

TRANSFORM YOUR WALL PHONE INTO "ANTIQUE"

Turn your wall phone into a delightful specimen of early American! This solid pine wall telephone cover is easily and quickly mounted over your present phone to change it into a charming early crank-handle "antique." This soft glow of warm pine accentuates the bell and crank handle. Compartment behind decorates the solid brass "antique." This soft glow of warm pine matches any decor—along with the solid brass accents. Sizes: AA 5 to 12

Here's special, healthful sleep comfort you can't get with your old pillows. New Relax-A-Pedic Pillow has prestretched cradle, side wings and "neck roll" scientifically designed to support your neck in your own best posture. Size: 26" x 11". Only $1.95. Pink acetate satin zipper cover for your own best pillow. Size: 26" x 11". It's easy to keep your Venetian blinds free of dirt and dust with this efficient little tool. New double-duty design does two slats at a time on both sides. Simply dip in suds and foam pads do the cleaning with one wipe. Takes half the usual time. $1.98 plus 35c post. Anthony Enterprises, HC2, 585 Market St., San Francisco, CA 94105.

REAL FORM SHOE
This world famous, scientifically designed shoe is very similar. Scientifically designed to support your neck in your own best posture. Size: 26" x 11". Only $1.95. Pink acetate satin zipper cover for

No more pains in the neck.

Here's special, healthful sleep comfort you can't get with your old pillows. New Relax-A-Pedic Pillow has prestretched cradle, side wings and "neck roll" scientifically designed to support your neck in your own best posture. Size: 26" x 11". Only $1.95. Pink acetate satin zipper cover for your own best pillow. Size: 26" x 11".
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Send us your name, and last known country of origin, dates of birth of your ancestors. We will provide you with a comprehensive coat of arms for your family tree. Complete with a description of your family's heraldry, which will give you a comprehensive understanding of your family's history.

$1.75

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IMMORTAL WORDS?

Copy of antique loaveset from the Louis XIV court has carved frame of solid mahogany, carved inset arm panels. Channel-welted back and loose cushions. Available in two styles. Tan, $995; black, $1095. Add $30 for post. The Healdsburg Furniture Company, 500 N. Highway 12, Healdsburg, CA 95448.

$7.95

ANIMAL FAIR

Whimsical ducks, rabbits, cats and elephants (worked in cross-stitch later) are all on an easy-to-crochet afghan to greet a new arrival. "Toyfair"'s background is soft yellow or white (specify). Kit to create 36" by 44" afghan includes acrylic yarn and directions. Washable! $7.95 plus 75c post. The Stitchery, H62, Wellesley Hills, MA 02181.

$3.95

PYLLEY TENDER MEnAGERIE

Designed with an heirloom touch, mite-sized pewter animals will be a pleasure for generations to come. Hand finished by New England craftsmen, choose 1½" h. pig, $10; 1½" h. textured owl, (both shown), $5; 3½" l. turtle, $7.50; ⅝" sand crab, $3.50. Add 50c post. The Ferry House, Inc., Dept. G2, Briarcliff Manor, NY 10510.
Building facts

Materials and equipment used in the barn on pages 44-51

STREETS: Stanley Tigerman & Asso's ( Associates: John T. Fleming, Tony Saifuku)

TRACTOR: Lester Krummenearl

OF HOUSE: 5,000 square feet

OF SITE: 120 acres

STRUCTURE: Existing concrete spread footings and foundation walls.

FINISH: Hand Hewn posts and beams.

Exterior walls at ground floor.

Exterior walls at roof level.

PRIOR TO USE: Asphalt shingles by Ruberoid Div. of G.A.F.

FINISH: Charcoal stain by Lin-Williams Co.

FINISH: Rock wool batts in roof by Owens-Corning Glass Corp.

FINISH: Fixed panels of tinted glass by Faw Randol

INTERIOR OF HOUSE:

doors and windows:

Cedar plywood panels by U.S. Plywood/Champion International.

Cedar plywood panels by Champion International.

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**Shopping information**

**All prices approximate. Consult your interior designer or store decorating department. Postage indicated by ( ).**

**COVER**

"Freestyle!" Collection: 50% cotton, 50% polyester no-iron percale sheets. Queen size shown. "Missoni Dot" bottom sheet, $11.20; "Missoni Floral" top sheet, $11; pillowcases, $2.85 a pr; queen comforter, $65. Designed by Missoni for Fieldcrest. "Back Supporter" mattress and box spring: 60" x 80" queen size, $290. By Spring Air. "Ontario Exchange" eba table: lacquered wood, chair and crisp resistant. $132. At Intrex. White lacquered console: 45" x 17.5" x 31.5" high, designed by Jean Michel Frank. $1380.00. At Karl Springer. "Wicker ottomans": 25" x 30" x 17" high. $225 COM, by The Wicker Works; standing reading lamp: brass and chrome, designed by Cedric Hartman, $295 and up; zigzag brass table lamp: 21" x 10" high, designed by Charles Hollis Jones for Barbara Lockhart, $300; basket with tree: 25" diam. x 20" deep, $45; basket with begonias: 20" diam. $30; smaller baskets on console: 2 tone african, 17" diam. $30; oblong with handles, $25. All from Later, Clarey, Stern.

"Boo" seating element: 23" x 28", high, polyurethane foam may be covered with a variety of materials—vinyl, suede, leather, fabric; on casters. $308 COM, by Sornani. "Ambient Yellow": painting by Jeanette Judsen, 1972. 36" x 40", $700. At The Bodley Gallery, AM/FM stereo radio and 8-track stereo tape player: 12" diam. $175. By Weltron. At Bloomington's Afghan: yarn by Buiclla, color shown is #6 Hibiscus. Made to order by The Elder Craftsmen.

**Silver Baskets**

Pages 60-61:


**AMERICAN ZEST**

Pages 68-69:

1. Lacquered trays: 12" diam., under $10 each. DD & Leslie Tillett. 2. Shadowbox: Write to Marion Granger, 6 Tod Road, Norwalk, Connecticut 06851.


**Kitchen**

Pages 72-73:


**EQUIPMENT NEWS**

Page 75: 1. "Turbio-Oven": 20" x 13" x 11" high, 2000 cu. in. interior, self-removable door, rack, drip-pan; with catalytic continuous cleaner collects fats and solids. $125. Farberware. Oven shown on "Cheeks" vinyl covering.


When planting trees in a windswept location, most of us assume that they should be guyed and braced into a rigidly upright position to resist the blast. But William Flemer III, of Princeton Nurseries, in Princeton, N.J., suggests that this idea is wrong. Rather than resisting the natural force of the wind, says he, the trees should be planted to slant away from it, just as they would grow if they had started as seedlings in the same spot. Yielding to nature in this way prevents wear and tear on the newly planted trees, starts them off in the direction they will eventually assume, anyway. This is only one of Mr. Flemer's ideas for the cooperation between man and nature that form the basis of sane living in a viable landscape. His book, Nature's Guide to Successful Gardening and Landscaping (Croccell, $8.95) is full of the wisdom earned in the course of many years of observing plants, people, and the landscape, both natural and man-made. In addition to his philosophy of gardening, Mr. Flemer presents a multitude of ways for implementing it. He lists plant varieties for every conceivable use in all parts of the U.S., tells how to look after them and, best of all, how and where to plant so that your landscape will take care of itself as much as possible.

Wildly misnamed, Mexican bamboo, right, is actually a black sheep of the respectable buckwheat family. Botanically it is Polygonum cuspidatum, comes from Japan and is in no way related to those regal grasses, the true bamboos. The jointed stems have a superficial resemblance to bamboo, to be sure, but there the similarity ends. This is a plant to be avoided like the plague that it is. The underground stolons spread with incredible rapidity, crawl under almost any kind of barrier and send up vigorous shoots everywhere—even through asphalt paving. Every other plant is crowded out by this rampant growth, which turns brown with early frosts and looks depressingly ragged throughout the winter. The herbicide Dicamba will kill the plant but must, like all chemical weed killers, be used with extreme caution. Best way to get rid of Mexican bamboo is to dig up the roots, keep a sharp eye out for stray sprouts and dig them up as soon as they appear. By contrast, the true bamboos are graceful and attractive year round. Phyllostachys aurea, left, is one of the best, since it is reliably hardy as far north as Massachusetts. The delicate-looking leaves turn pale brown during the winter, clinging to golden yellow stems that may be as much as 10 feet high. New shoots that pop out of the ground in spring may be eaten like asparagus—if you can bring yourself to cut them, that is.

Now that branches are bare and leafless, it's a good time to inspect your specimen trees. Broken or split branches, weak crotches, and spots where disease may be gaining a foothold—these are now easy to see and easy to get at. If a quick once-over shows that trees—particularly the bigger ones—do need attention, it's better to call for professional help rather than try to do the job yourself. Tree climbing can be hazardous to both climber and tree, and the average household tool rack is seldom equipped with all the light- and heavy-duty tools that may be called for. You'll find tree surgeons—sometimes listed as arborists—in the yellow pages of your telephone book, and most of them are only too glad to give free estimates. A name to look for wherever you live is Davey. Davey Tree, with headquarters in Kent, Ohio, has been in business since the turn of the century, now has offices throughout the U.S. and Canada. In addition to the pruning, feeding, spraying, and cabling done by most arborists, Davey also does transplanting, can handle the ticklish job of moving big trees.
These days, when people can travel as fast as a letter, or maybe faster, we might discount the mails as a means of getting what we want. But don't forget one important fact: It still costs less than a quarter to send a seed or plant order all the way across the country. And it usually costs little more than that to get your garden back.

Talk about supermarkets... where in the world can you get anything to beat the U.S. Mail? Most plants of suitable size and seeds that can fit into a packet can be sold by mail. You needn't go any farther than your postbox.

And there is no comparison—never has been, really—between what the seedsman can offer for mail delivery out of the pages of a catalogue and what a storekeeper can stock on his shelves to meet over-the-counter demand. Because live plants often can be left in the ground until needed, the mailorder nursery can usually send you many more and rarer varieties than you can pick up at the local garden center.

So while the snow is on the ground, plan your spring and summer garden by studying all your garden catalogues carefully. You may have the prize garden in your neighborhood!
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Bassett Mirror Company

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Like the touch of a magic wand, this magnificent mirror graces Cinderella walls with regal splendor! Its richly wrought frame has the look and artistry of antique jewelry. Its burnished old gold finish encircles a flawless reflecting surface. Its painstaking craftsmanship is traditional at the world's foremost manufacturer of decorator mirrors. Bassett mirrors... at leading furniture stores everywhere.


Best in booklets

Because House & Garden wishes to fill your booklet requests promptly, arrangements have been made for you to order directly from us. Fill in the coupon below, circling the number of each booklet desired. If remittance is required other than the 50c charge for postage and handling that must accompany each coupon, it will be indicated next to the booklet number. Enclose your remittance in the form of coin, check, or money order only. Please do not send stamps. House & Garden will do everything it can to see that your requests are filled as rapidly as possible.

BUILDING AND REMODELING

1. FASHIONS IN FLOORS. A full-color catalogue showing the complete Kentile resilient tile line—solid vinyl, vinyl asbestos, asphalt, and Touch-Down self-adhering tile—for use in every room in your house. Kentile Floors, Inc. 35c

2. WINDOW SHADES ARE ON PARADE in a 50-page booklet offered by Bremen, Inc. All types of windows and treatments you can do yourself are shown, plus today's fashions in window shades in a variety of styles, fabrics, and colors. 75c

3. “SECRETS THAT DECORATORS DON'T ALWAYS TELL YOU ABOUT WALLCOVERINGS.” This 31-page booklet lets you in on many time-saving tips that can add finished charm and theme to any size room. Also includes step-by-step instructions on how you can hang prepasted and unpasted wallcoverings yourself. Imperial Wallpaper Mill Inc. 50c

4. CLEANER AIR . . . FOR A CLEANER HOME. Two pamphlets give full details of the Space Guard High Efficiency Air Cleaner. The cleaner removes up to 90 percent of air-borne dust, pollen, smoke, allergens and other pollutants. Easily installed, this new development from Research Products requires minimum maintenance and no follow-up servicing.

5. FOR PROFESSIONAL IDEAS USING FABRICS AND RELATED WALLCOVERING . . . a 16-page, full-color brochure showing many inspiring room settings using the exciting designs and colors from Van Luit's provocative Initial Collection. 25c

DECORATING

6. THERE IS SOMETHING FOR EVERYONE in this distinctive furniture collection by Drexel Heritage. Full package of booklets describes the complete Heritage Line, all styles beautifully designed with rich woods and handsome craftsmanship. Room planner included to make your decorating that much more enjoyable. $2

7. DECORATE WITH ONE OF AMERICA'S FINEST FURNITURE MANUFACTURERS, Drexel. Eclectic decorating package includes a selection of booklets illustrating Drexel's distinguished furniture collections, plus a complete Home Planning Kit to help you finalize your schemes. $1

8. WANT TO FURNISH A BARE ROOM OR WAKE UP A TIRED ONE? Then this problem-solving, home-decorating primer is for you. 124-pages of model room settings applicable to any number of homes enables you to take ideas off the pages and decorate with them. Tell City Chair Co. $3

9. ONE OF THE MOST BEAUTIFUL THINGS YOU CAN DO FOR YOUR HOME, YOUR FAMILY, AND YOURSELF: decorate with Shaw Furniture. 36-page brochure illustrates a large sampling of their custom furniture and fine upholstery. Styles range from traditional to modern, all reflecting a classic design that is never out of date. $1

10. COMFORTABLE, DURABLE, LIVABLE. Modern design furniture from Amoco Chemicals Corp. has all these qualities plus a contemporary sophistication for today's carefree lifestyles. Two brochures winningly illustrate many uncluttered styles from cubicles to sofas. 20c

HOUSE & GA
11. "HOW TO CHOOSE THE RIGHT COLONIAL CHAIR" — a 40-page illustrated booklet by Nichols & Stone chairs shown in traditional settings. What to look for in styling and construction in Early American chairs. 50c.

12. IMPORTANT AMERICAN FURNITURE reproduced from treasured collections is illustrated in an elegant booklet from Baker, Knapp & Tubbs furniture titled "The American Classics." The collection includes a variety of styles fashioned in a number of woods representative of their periods. Brief background, dimensions for each adaptation. $1.

16. THE "EAGLET" SOARS HIGH above other models of hobby greenhouses in quality and value. Features and specifications are in National Greenhouse Co.'s catalogue.

EATING AND ENTERTAINING

13. "INTERNATIONAL COOKING SYSTEM" from Ekco. Designed to encourage creativity in the kitchen. Kit contains chart of 10 basic cooking methods with the right cuts of meat for each. Index of 350 recipes made by adapting seasonings from 16 different countries. $1.

14. BE FAMOUS FOR YOUR SALADS. You can, with a colorfully illustrated 64-page handbook from Regina Wine Vinegar, "The Sensuous Salad." Included are 47 new and exciting salad recipes ranging from Asparagus Victoria to Zucchini Caper Salad. $1.

17. HOME SWEET MOTOR HOME. The GMC Motor Home catalogue introduces you to a new mode of recreational living. Full-color interiors, floor plans, specifications ... everything to plan your own home on wheels.

POTPOURRI

18. WHETHER YOUR FURNITURE IS PRICELESS ANTIQUE OR SHOWROOM NEW it must have fine wood care to maintain its natural beauty. This informative booklet by W. J. Hagerty & Sons, Ltd. tells how, by following a few wood care tips, your furniture can become even more beautiful with the passing years. 25c.

19. ALL THE FEATURES YOU NEED FOR CAREFREE TRAVEL LIVING are built into a Midas Mini Motor Home. They are described in a colorfully illustrated brochure called "Get The Facts You'll Go Midas." Standard features and specifications are given for the Midas Mini 190 and 220 and extra options are listed.
SHOPPING INFORMATION

1. "Dispensall" Wash: 27" x 25" x 44", 2-speed wash actions, 2 spin-speed selections, 8 wash/soak temperature combinations, automatic second rinse for heavily soiled wash. $290. By General Electric. 2. Free-standing microwave oven range: self-cleaning oven, 22" x 17 1/2" x 101/4", 10 1/2" and two 6" surface units are used for conventional cooking. $600. By General Electric. 3. Electric ice cream maker: works in freezer without, ice, rock salt, 5 cord plugs into 110 outlet. $25. By SEB of France. At Bloomingdale’s. 4. Hot water dispenser: $29. By In-Sink-Erator. At True Value Hardware stores. 5. Electric coffee grinder: push button grinding operation, grinds beans for up to 8 cups at once. $25. At Arrowhead. SIX MUSEUMS continued from page 59

Buttolph-Williams House, Broad and Marsh Streets, Wethersfield, Conn. Open May 15 to October 15 daily from 10 to 5. Admission charged. Owned and maintained by the Antiquarian and Landmarks Society of Connecticut.

Ladd House, 154 Market Street, Portsmouth, N.H. Open June 1 to October 15, Monday through Friday from 10 to 5. Weekends by appointment (telephone 603-436-8221). Admission charged. Owned and maintained by the National Society of the Colonial Dames in the State of New Hampshire.

Crowninshield-Bentley House, 120 Essex Street, Salem, Mass. Open June to mid-October, Tuesday through Saturday from 10 to 4, Sunday from 2 to 4. Admission charged. Owned and maintained by the Essex Institute.

Van Cortlandt Manor, Croton-on-the-Hudson, N.Y. Open all year, daily from 10 to 5. Admission charged. Owned and maintained by the Sleepy Hollow Restora-
tions, Inc.

Pingree House, 128 Essex Street, Sa-
lem, Mass. Open all year, Tuesday through Saturday from 10 to 4, Sunday (summer only), 2 to 5. Admission charged. Owned and maintained by the Essex Institute.

Royal Hall, 26 George Street, Mount-
ford, Mass. Open May 1 to October 15 from 2 to 5. Closed Monday and Friday. Admission charged. Owned and maintained by the Royal Hall Association.
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The first shockproof informal dinnerware with innovative styling.

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*Strength as indicated by modulus of rupture, tested for Temper-ware by an independent testing laboratory and compared to published standards for other products mentioned.

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When you can't get outdoors it's nice to have World indoors.

Nature is what makes the world go round. Yours and ours. So what's more natural than World taking its colors from the world around us? Grass, sky, earth, trees, fruits—even vegetables. You'll find your favorite nature color in World's Magic World of 100% heatset, continuous filament nylon pile.