Every person who maliciously cuts, defaces, breaks or injures any book, map, chart, picture, engraving, statue, coin, model, apparatus, or other work of literature, art, mechanics or object of curiosity, deposited in any public library, gallery, museum or collection is guilty of a misdemeanor.

Penal Code of California, 1915, Section 623.
How to give your life at home more meaning

Answers to our questions, ideas you've been waiting for

baths designed for bath lovers plus doctors' new bath therapy

kitchen planned to work like a whiz

diet beautiful food that lets you reduce and rejoice

budget how a couple eats and entertains for $50 a week
The timelessness of classic design.

A look, centuries old that has never seemed newer—17th and 18th century country French bedroom, dining, and occasional design interpretations of classic elegance and contemporary adaptability. Henredon’s Four Centuries. Here, a handsomely carved armoire can accommodate TV or sound equipment, and the Louis XV-style cocktail table folds out for gracious entertaining. Companions in versatility, are beautiful upholstered pieces that can be made to a custom length to meet individual requirements and covered from a fabric selection that pleases the most particular decorating palette. See the many options of Henredon’s Four Centuries and Upholstered Furniture Collections, by sending $2.00 to Henredon, Dept. G-75, Morganton, North Carolina, 28655.
As any perfectionist knows, details are everything. Here you have a most charming example. Smocking.

It runs all around the pillowshams, ruffles the pillowslips, finishes the hemlines of the sheets, and gives the entire edition a handworked look, decidedly European in character. The naive print, on strict white or neutral candlelight grounds, accompanies the smocking and looks surprisingly worldly when in a room.

Of course, no laundress needed here. Atelier Martex® is in no-iron percale of 50% Dacron® polyester and 50% cotton. We attend to your sensible side and to your sense of elegance.
When's the last time we missed dinner at your house?

It's a rare occasion when electricity isn't there when you want it.

When you're home or at work, you count on it to be there, too. And it usually is.

But keeping electricity there in the quantities you want is costing more and more every day.

Since electricity cannot be stored in large quantities, there must always be enough generators in place to make it at a moment's notice.

We rely on you to understand why we have to build these power plants. And to realize that building them will mean higher electric bills.

Help us maintain the same electric service you've grown up with.

We rely on you as much as you rely on us.

Edison Electric Institute for the electric companies

90 Park Avenue, New York, N.Y. 10016
O.M.
DESLEAUER MANUFAKTUR
LIGHTENS THE DAY
BRIGHTENS THE NIGHT

Our line has tender grapes, around the borders, in the center, they are the design theme that makes the "Burgund" pattern such a heady and sparkling experience. O. M. ceramic glazed porcelain brightens your tabletop environment and completely lightens any load of food preparation and presentation.

Each of its dozens of pieces is guaranteed* to stand it in the oven, cool it in the freezer, heat up again and present itself nobly to the company of family or the family of friends.

Available at fine stores nationally

*Guaranteed for two years from date of purchase against any production defects.
A KITCHENAID COMPACTOR CAN GET YOU OUT OF THIS MESS.

It’s a beautiful answer to an ugly problem.

Just deposit your trash. The compactor will swallow it up, quickly, easily, neatly.

Your KitchenAid dealer will show you how it works. His address is in the Yellow Pages under “Dishwashers.” Or send us the coupon.

KitchenAid
Built better. Not cheaper.

KitchenAid
Division, Dept. SCA-7
Hobart Corporation
Troy, Ohio 45374

Tell me more about your KitchenAid Compactor. Name

Address

City

Country

State

Zip

WINE & FOOD

44 Cooking schools across America
80 Irrisistible diet food, By Helen Corbett
87 Canning! Picking! Preserving!
90 Recipes from cooking classes coast to coast

GARDENING

36 Exciting new water garden
42 We both garden, It’s our way of life indoors and out
54 Gardening together doubles the satisfaction
140 Gardener’s notes, By James Fanning

KITCHENS

74 Color-coded kitchen to make your cooking and entertaining a whiz
78 New whiz kitchen helpers

BEAUTY AND HEALTH

22 Good looks and good health: Gayelord Hauser talks about vitality foods. By Caroline Seebhmb

READER'S SERVICE

98 Shopping information
100 Shopping around with Audrey Nichols
144 Best in Booklets
MAKE A NIGHT OF IT. WAMSUTTA.

"Lily of the Valley," Designed by Marc Bolton for Christian Dior. For Wamsutta Sheets in a woven blend of 50% Percale/50% Cotton. Plain or ruffled pillowcases, comforters, dust ruffles, bedspreads and luxurious cotton towels to match. From the Wamsutta Designer Workshop.

Wamsutta Mills (a division of A.H. King & Sons, Inc.) 111 West 40th St. NYC 10018.
...the ideal way to buy your presents from The Metropolitan Museum

Every three months—four times a year—the Museum will announce by mail remarkable new replicas—exact copies of Museum originals: sculpture, decorative objects, tableware, and ornaments.

The variety will be extraordinary: ancient jewelry in gold and silver; Oriental and European porcelain; early American glass in crystal and rare colors; bronze from Egypt, Greece, China, and the medieval world; silver, pewter, brass, and pottery from Colonial America.

These copies, often produced by the same techniques used for the originals, are made by artist-craftsmen working under the Museum's direct supervision. The care taken in production frequently limits the quantity, and the majority of replicas can be bought only by mail or at the Museum.

To receive all of the advance announcements to be issued during the next year, send the coupon below with one dollar to cover mailing.

On September 1, you will receive the first of these, the 116 page Christmas Catalogue. A brilliant array of new presents includes an ancient Egyptian necklace of blue lotus flowers; golden stags, panthers, lions, and griffins from the Scythian treasure board; needlework kits of a tiger from a Chinese ceremonial banner; and puppies and kittens from a New England rug; a rose and a star in stained glass; a book of Persian miniatures in full color and gold; a bronze Etruscan acrobat; art nouveau stationery; a new cookbook. To the King's Taste, and next year's engagement calendar. In addition, there is an unparalleled selection of Christmas cards.

THE METROPOLITAN MUSEUM OF ART
255 Gracie Station, New York 10028

Please send me all advance announcements and catalogues of replicas to be issued by the Museum during the next 12 months. One dollar to cover mailing costs is enclosed.

NAME
ADDRESS
ZIP

QUESTIONS & ANSWERS

Antiques

By Louise Ade Boger

Hoop-back Windsor Chair

We have received conflicting information about this chair's origin. We believe it's 18th century, but is it English or American? How can you tell?


Your chair is English. You can tell because the two front legs of the English hoop-back Windsor chair were sometimes of cabriole form in imitation of the more costly furniture, and the stretcher uniting them was often curved. They replaced the ordinary turned and spayed legs invariably found on 18th-century American Windsors. The hoop-back came into use in England after 1750.

Sampson Vases

We think these vases were made in England in the 18th century, sent to China for decoration, then returned. Is this so?

H.B.H.—Dickson, Tenn.

No. The mark is that of Sampson and Company, a still existing manufacturer located in Paris since the early 19th century, specializing in reproductions of collectable wares of various countries and periods, such as Chelsea, Meissen, and Famille Verte. It is claimed that all Sampson's imitations bear one of several trademarks. Your rectangular pseudo-Chinese hallmark in red with a running S beside it appears on copies of Oriental Lowestoft.

Russian Icon

Can you tell me the name of the saint on my Russian icon? Is it a very old one? Are icons considered collectable?

E.P.—Boston, Mass.

The saint represented on your 18th-century Russian wooden icon is Saint Nicholas, a sacred personage in the Eastern Church, who was widely popular as he performed miracles. Icons are very collectable.

American Tea Service

From my rough sketch, are you able to identify the maker of my tea service and tell me about how old it is? What do the initials E.P.N.S. stand for?

H.M.—Cannon Air Force Base, N.M.

The mark indicates that your plated silver tea service was made by the Queen City Silver Company, which manufactured plated silver hollowware. The company was active in Cincinnati, Ohio from about 1888 to 1931. The letters E.P.N.S. (electro-plated nickel silver) tell you that your tea service is plated silver.
It goes from oven to table, table to dishwasher, dishwasher to cabinet. And back again. What's more, it's rugged enough to make the round-trip over and over again, unscathed. The place-setting patterns, clockwise from top, are Tiger Lily, Victoria, Arctic, Primrose and Iona. The shapely Arctic serving pieces—there are several others—coordinate with all patterns. Wedgwood® oven-to-tableware is not only extremely good-looking. It goes to ridiculous extremes. 45-piece service for 8, $260; 16-piece service for 4, $87; 4-piece place setting, $26.50. Wedgwood, 555 Madison Avenue, New York 10022.

Wedgwood
All you need to know is the name.
The SIMMONS Hide-A-Bed® Sofas shown on the opposite page are available at these fine stores:

**CALIFORNIA**

BERKELEY
Gorman & Sons, Inc.
Stone Pierce Interiors

CAMPBELL
Breuners

CHOWCHILLA
Dumas Furniture

CITRUS HEIGHTS
Liberty House

CONCORD
Gorman & Sons, Inc.
Liberty House
Macy’s—All Stores

CRESSENT CITY
Baker & Stanton of Crescent City

DALY CITY
Breuners
Macy’s—All Stores
Tosh & Dick

DINUBA
Mathis & Bolinger

DUBLIN
Liberty House
EUREKA
Baker & Stanton
Feuerwinker’s Furniture
Home Furniture

FORTUNA
Low’s Furniture

FRESNO
Berg Furniture
Breuners
Gottschalk’s
Liberty House
Slater’s Furniture—All Stores
Tarpins Furniture
Weinstocks
Beauty-Sleep Center
George Seeley Furniture
HANFORD
Salmon’s of Hanford

HAYWARD
Airport Appliance & Furniture
Liberty House

HOLLISTER
Black-Cooper Furniture

LAFAYETTE
Lafayette Maple Shop

LAKEPORT
Curry’s Furniture Store

LIVERMORE
Atom Appliance
Kamps Furniture

LODI
M. Neufield & Sons

LOS BANOS
Los Banos Furniture

MENLO PARK
Felger’s Home Furnishings

MERCED
Slater’s Furniture

MILLBRAE
Millbrae Furniture

MILL VALLEY
Hide Away Bed Center

MODESTO
Slater’s Furniture

MONTEREY
Forest Carpets & Home Furn.
Lighthouse Home Furnishers
Macy’s
Union Furniture

MT. VIEW
Emporium
Liberty House

OAKLAND
Bercovich & Sons

Breuners
Copwell—All Stores
Liberty House—All Stores
National Furniture Co.
Tosh & Dick Home Furniture

PACIFIC GROVE
Holman’s Department Store

PALO ALTO
Emporium

Kraft Furniture
Macy’s—All Stores

PETALUMA
Adair Sleep Shop

FITZBURG
Lanzafame Furniture

PLEASANT HILL
Breuners

Homsey Furniture

REDDING
Daniels Interiors—All Stores

SACRAMENTO
Breuners—All Stores
Crowns Furniture
Jon’s Home Furnishers
Liberty House
Macy’s
Modern Furniture Co.
Standard Furniture
Weinstocks—All Stores

SALINAS
Empire Furniture—All Stores

San Francisco
Emporium
Standard Furniture Co.
SAN BRUNO
Emporium
SAN CARLOS
Breuners
SAN FRANCISCO
B.P. Devolet & Sons
Emporium
House of Louis
Lee Home Furnishings
Louis Samuels & Company
Liberty House
Macy’s—All Stores

Mizuri Mercantile

SAN JOSE
Allen’s Furniture

Emporium
Liberty House
Macy’s—All Stores

SAN LEANDRO
Macy’s—All Stores

SAN MATEO
Emporium

Macy’s—All Stores

SAN RAFAEL
Bellach Furniture

Emporium

SANTA CLARA
Emporium

SANTA ROSA
Breuners
Emporium

SEASIDE
Empire Furniture

SONORA
Wilson’s Sonora Furniture

SOUTH SAN FRANCISCO
Plaza Furniture

STOCKTON
Breuners
Macy’s

Weinstocks—All Stores

SUSANVILLE
Christie Furniture

TULARE
Mathis & Bolinger

TURLOCK
Allen’s Home Furnishings

VALLEJO
Breuners

VISALIA
Salmon’s Fine Furnishings

**IDAHO**

BOISE
Mike’s Americana

Self Service Furniture
Warehouse Furniture

BURLEY
Wilson-Bates Appliance
Stores, Inc.—All Stores

Caldwell
Blacker’s Appliance
and Furniture

JEROME
Wilson-Bates Appliance
Stores, Inc.—All Stores

IDAHO FALLS
Park Ave Furniture

LEWISTON
Berser Mace

Sylvan Furniture

MERIDIAN
Ross Furniture

TWIN FALLS
Wilson-Bates Appliance
Stores, Inc.—All Stores

**NEVADA**

CARSON CITY
Carson Furniture

LAs VEGAS
Marions Furniture

RENO
Breuners
Reno Furniture

SPARKS
Grumet Furniture

**OREGON**

ALBANY
Rubenstein’s

ASTORIA
Hildebrand and Company

BEAVERTON
Parkers Furniture Co. Inc.

All Stores

BEND
Claypool Furniture

CAMAS
Comas Furniture

DILLARD
Struthers Furniture Showroom

EUGENE
Meier & Frank Co.
Rubenstein’s

HILLSBORO
Selfridge Furniture

HOOD RIVER
J & R Furniture

KLAMATH FALLS
Carlson’s Furniture

MEDFORD
Gates Furniture

Weeks & Orr

NORTH BEND
Engles Furniture

ONTARIO
Blacker’s Appliance and Furniture

PORTLAND
Director’s Furniture Co.
Liberty House
Meier & Frank Co.—All Stores

ROSEBURG
Carstens Furniture Co.

SALEM
Meier & Frank Co.
Rubenstein’s

SEASIDE
Bjorklund’s Furniture

THE DALLAS
Hampton Furniture

WASHINGTON

BELLEVUE
Ken’s Suburban Furniture

COLVILLE
Egger Furniture

EVERETT
Bon Marche—All Stores

ERICKSON Bros. Furniture Co.

KELSO
United Furniture

KENNEWICK
Baldwin—All Stores

KIRKLAND
Nordstroms Sleep Shop

LYNNWOOD
Meier & Frank Co.

MACLEODS Furniture

North Lynnwood Furniture

RICHLAND
Richland Bell

SEATTLE
Bon Marche—All Stores

SPOKANE
Bell Furniture

Bon Marche

Burgans Furniture

TACOMA
Bon Marche

Liberty House

TURWILA
American Home Furnishing

VANCLEVER
Fendrich’s

Koplan’s

WALLA WALLA
Allen Furniture and Carpet

Davis Kaser’s

YAKIMA
Bon Marche

HOUSE & GARDEN
LIMITED TIME OFFER!

SIMMONS BROADCASTING

Buy your Hide-A-Bed Sofa now...and get a Beautyrest mattress at no extra cost.

Choose from any of these distinctive decorator-cover Hide-A-Bed Sofas and get a special bonus from Simmons: inside you will get the world famous Beautyrest mattress at no additional cost. Take advantage of this exciting offer now, and enjoy a luxurious night's sleep—in any room of your home. Offer expires July 31, 1975.

From $499.95

Most fabrics protected by ZEPÉL

Look for this tag on every Hide-A-Bed Sofa. It's our promise to you of Simmons quality, comfort, dependability and craftsmanship.

The Hide-A-Bed Sofa made only by Simmons

All prices shown are manufacturer's suggested retail prices.
Moving?
The Thomasville Homemaker's Guide can help make it a smooth move.

Over a hundred pages—63 in color—on how to select, care for, and decorate with fine furniture. How to choose the styles that are really you. What quality features to look for. How to plan room arrangements and color schemes. Plus beautiful room settings with creative ideas you can adapt or adopt. Send today, and start planning the rooms you've always wanted with "that Thomasville look." We'll also send you the names of Thomasville dealers near your new home, whether you're moving across town or across the country.

Mail this coupon to:
THOMASVILLE FURNITURE
Dept. HG-575M
Thomasville, NC 27360

Please send me your "Homemakers Guide" and the names of local Thomasville dealers. I am enclosing $2.

Name
Street
City
State
Zip

Thomasville Furniture
FROM: A STRONG CREATOR OF THE MODERN WORLD

Cat. No. V137

Wake up a wall. Any wall.
This classic shaped mirror with its solid brass ring is one of many ways to wake up your study or den. For more suggestions send us your name and a dollar. We'll send you our full color catalog and the name of your nearest Carolina Mirror dealer.

Carolina Mirror Corporation
North Wilkesboro, North Carolina 28659

Pilgrim Flask
We found this flask tucked away in a dusty antiques shop and are curious about its origin and what it was used for. Can you help?
A.G.—San Ardo, Cal.
The form of your vessel with flattened sides derives from the distinctive pilgrim flask, generally almost circular in shape with two loops or rings on the shoulders to hold a cord, but without handles. Pottery pilgrim flasks were made in China as early as the T'ang Dynasty, 618-906, and majolica examples survive from the Renaissance. Your flask was made in Europe, perhaps England, probably about the 1880s.

Caster and Butter Dish
I inherited these two silver pieces. I've drawn the markings on each and hope that you can give me some idea of their age and any other information you may have about them.
G.N.J.—Shreveport, La.
The revolving caster of plated silver, fitted for six glass bottles, three having pierced metal caps, was made by James W. Tufts of Boston about the 1880s. It was at this time that the tall central handle, always a marked feature, attained extreme height. You are fortunate to have all six original bottles.
The butter dish was probably made about the 1880s, when for the first time they were made in considerable quantity and variety. Most had two distinguishing features: a high domed cover to conform with the "print" of butter and a pierced disk inside so melted ice could drain into the container below. The "moist" cover was often suspended from a high-arched handle while butter was being used.

German Clock Peddler
What can you tell me about this clock figure that I've had for many years? Does it represent anyone in particular? It contains a whistling mechanism and the head turns slowly from side to side as the man whistles.
L.R.—New York, N.Y.
Your clock figure represents the popular Black Forest of Germany clock peddler who, in the 19th century, traveled about the German countryside with his wares strapped to his back.

Special offer to House & Garden readers
Copies of Louise Ade Boger's book, House & Garden's Antiques: Questions & Answers—over 900 items from past columns arranged by category for easy reference. Only $9.95 per copy, plus 45c for postage and handling. Write to Condé Nast Books, P.O. Box 3308, Grand Central Station, New York, N.Y. 10017.
"After what we spent for this house, we'd be foolish to pinch pennies on the paint."


"Our house is the best investment we've got," says Stuart Cowan. "So when it comes to buying some paint to protect that investment, it doesn't make sense to pinch pennies.

"This time we bought the good stuff. Du Pont Lucite. Our house is worth it. Besides, Lucite lasts a long time, so we won't have to buy paint often."

For your nearest Lucite retailer, call this special number free anytime. 800-243-6100. Dial as you normally dial long distance. (In Connecticut call 1-800-882-6500).
There is a way to read today's best

It's called

Join The Guild. The Literary Guild Book Club.

The dollar's shrinking and the food bill's growing and sure you'd like to read the books everyone's talking about—today's most controversial novels...today's most informative political books...today's most innovative cook books—but sure, they cost money, usually a lot more money than you have to spend.

But not in The Literary Guild. When you join, you get your first four best sellers for just one dollar and look at the fascinating books you have to choose from. Then, you only have to buy four more and you have as long as you like to decide which ones. And you buy all your best sellers at big discounts.

So there is a way for you—and your family—to keep up with today's best sellers without breaking your budget.

If card is missing, write to The Literary Guild, Dept. HR 011, Garden City, N.Y. 11530.
The Literary Guild.

Get 4 for $1 now.
Buy 4 more at big discounts...anytime.

Here's how The Literary Guild works:
After you get your initial four books for $1, you only have to buy four more books during your membership. Then, you can cancel anytime you want.
So, choose four books (or sets) now, send in the coupon and pay $1 — plus shipping and handling — when your application is accepted.
If, after 10 days, you decide you don't want the books, send them back and we'll cancel your membership.
Fourteen times a year you'll get The Literary Guild magazine. You'll find dozens of best sellers in each issue...all at discounts up to 40%.
To order the Selection, do nothing: it's shipped to you automatically. If you'd like an alternate, or no book, fill in your choice on the order form. There is a charge for shipping and handling.
You have 10 days to return the order form so that we get it no later than the date specified. If you receive an unwanted selection, return it at our expense.
The Guild offers its own complete, hardbound editions, sometimes altered in size to fit special presses and save members even more.

NOTE: All prices quoted are for publishers' editions. First number listed is the order number.
what’s new for living

Designs for pleasure
Super sound, 3-in-1 furniture, earth energy, calls of the wild, and grow-your-own jungle

Tropical plants to grow from seed
Summertime is an easy time to start a garden even indoors. Penny-wise seed packets, with full instructions for growing dracaena, philodendron, phoenix palm, umbrella plant, jacaranda, and others, are 90c each at garden centers or postpaid (minimum order six packets) from Applewood Seed Co., 833 Parfet Street, Lakewood, Colo. 80215. A Shakespeare garden of herbs is available, too. After seeds germinate in shallow flats or cans in warm room then move to sun. Transplant later to small pots.

Great outdoor sounds to stretch a summer holiday
“Wind in the Trees,” “Wood Masted Sailboat,” “A Country Stream,” “Dawn and Dusk at Okefenokee Swamp,” and other recordings take you where you want to be or hype the volume of country sounds you may be enjoying right now. Records are $6.98 from Syntonic Research Inc., 175 Fifth Ave., N.Y., N.Y. 10010.

Using the earth to heat and cool a house
At New Canaan, Conn., architect Landis Gores and heating consultant and ecologist Paul Sturges have designed a geothermal house that will draw upon heat stored in the earth. It has an air-conditioning system using a heat pump that extracts heat from the ground to warm or cool the air. (Below the frost line ground temperature remains constant year round.) The constant tempered air, circulated by blower fans through a 250-foot loop, 8 feet underground, will minimize the cycling of the heat pump as it warms the air. A heat exchanger provides for household hot water. The five-level house, with two zones below ground, bands of south-facing windows on top zones to gain sun heat, while bedrooms, below grade, gain insulation from the enclosing earth. The zoned design of the house, coupled with earth heat, controls indoor climate year round at the modest cost of an electric heat pump and fan.

Breaking through the sound barrier
Sleek stereo unit with a master control panel, turntable, solid-state FM/AM radio, 4-channel 8-track cartridge player, record changer, Matrix decoder, cartridge storage well, and illuminated balance scope to determine emphasis of the sound. Four 17½ inches-wide speakers complete the set. A light pecan tambour top slides over controls and turntable to keep it dust free. $750. By Magnavox.

Pop-up furniture one bed turns into two chairs and one sofa
Three pieces of furniture that fit together make a bed 65-by-80 inches long. All the pop-up to make two chairs and a full-length sofa by a clever spring built into their bases. It’s all covered with emerald green cotton suit cloth over Dacron cubes and polyurethane give it cushiony depth. Designed by Bardi Group.
Whatever your kind of skin, there's a Coppertone for you.

**FAIR SKIN?**  
**USE COPPERTONE SHADE**  
(Green label) Burn easily? Shade was made for you. Two sunscreens let you tan gradually, not burn. Moisturizers help keep skin looking deliciously young. (Build a base tan with Shade; later, use Lotion.)

**PEACHES AND CREAM SKIN?**  
**USE COPPERTONE LOTION**  
(Orange label) For "just right" skin: Lotion or Foam... to let tanning sunshine in, help keep burning rays out. Rich in skin-softening moisturizers. (When skin's "sun-conditioned," use Oil.)

**OLIVE SKIN?**  
**USE COPPERTONE OIL**  
(Blue label) Tan easily? Oil up, for a dark, tropical looking tan... with moisturizers to help keep skin satiny soft. (Or use Coppertone Tanning Butter!) Whatever your kind of skin, get America's favorite tan: Coppertone!

Beautiful tan, beautiful skin  
Coppertone

Official Sun Care Products of Florida's Walt Disney World
She shops and cooks. He cleans up. They share the cost. Françoise Filotti shows how she and her husband, Ion, eat and entertain for less than $50 a week.

Ion and I were married last summer and live in Manhattan. We both like to eat delicious, inexpensive dishes that are quick to prepare, and to have friends for dinner once or twice a week.

We both work and contribute an equal amount to all household expenses. Household duties are divided in the most natural way: according to likes and dislikes and personal schedules. I do all the expenses. Household duties are divided in the most natural way: shopping, because it bores Ion to tears. He doesn't enjoy wandering into three supermarkets to find the best values, which, to me, is a sport.

Often, I work the menus around the sales or “specials” of the week. If there is a chicken “special,” I buy enough to cook a dish that day, plus more to keep in the freezer. I prefer some frozen foods over their fresh counterparts—spinach and baked squash, for example, because they are so easy to prepare and save a lot of time. I also make good use of some canned foods: Tomatoes are excellent value for cooking.

Cooking is my job because I love it and I leave the office first. We start the day with a good breakfast—cereal or eggs, yoghurt or cheese, fresh fruit juice, toast and jam, and coffee or tea.

We both like the idea of taking our lunch to the office. We save money time/energy/money-saving tips

### Menus for the week

#### MONDAY

<table>
<thead>
<tr>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ham and rice salad</td>
<td>Pork chops with herbs</td>
</tr>
<tr>
<td>Apples</td>
<td>Beans in tomato sauce</td>
</tr>
<tr>
<td>Yoghurt</td>
<td>Celer, lettuce, escarole, and radish salad</td>
</tr>
</tbody>
</table>

#### TUESDAY

<table>
<thead>
<tr>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poached eggs in gelatin</td>
<td>Pork chops with herbs</td>
</tr>
<tr>
<td>Bananas</td>
<td>Beans in tomato sauce</td>
</tr>
<tr>
<td>Buttered slice rye bread</td>
<td>Celer, lettuce, escarole, and radish salad</td>
</tr>
<tr>
<td>Homebaked cake</td>
<td>Fresh pineapple in kirsch</td>
</tr>
</tbody>
</table>

#### WEDNESDAY

<table>
<thead>
<tr>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Potato and bologna salad</td>
<td>Breast of veal Americaine</td>
</tr>
<tr>
<td>Yoghurt</td>
<td>Boiled rice</td>
</tr>
<tr>
<td>Fresh pears</td>
<td>Fennel salad, dressing</td>
</tr>
<tr>
<td>Homemade cake</td>
<td>Banana delicious</td>
</tr>
</tbody>
</table>

#### THURSDAY

<table>
<thead>
<tr>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salmon, celery, corn salad</td>
<td>Ham and rice salad</td>
</tr>
<tr>
<td>Tangerines</td>
<td>Bananas</td>
</tr>
<tr>
<td>1 slice buttered rye bread</td>
<td>Buttered slice rye bread</td>
</tr>
<tr>
<td>Homemade cake</td>
<td>Homebaked cake</td>
</tr>
<tr>
<td>Walnuts and currants</td>
<td>Fresh pineapple in kirsch</td>
</tr>
</tbody>
</table>

#### FRIDAY

<table>
<thead>
<tr>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Broiled chicken thigh</td>
<td>Raw salmon, lemon, mustard, salt and pepper</td>
</tr>
<tr>
<td>Lettuce, celery, radish, and tomato salad</td>
<td>Seasoned with oil-vinegar mustard dressing and salt and pepper. Put salad into individual, seal-tight containers.</td>
</tr>
<tr>
<td>Dressing</td>
<td>Russian dressing</td>
</tr>
<tr>
<td>Slice buttered rye bread</td>
<td>Parent dressing</td>
</tr>
<tr>
<td>Yoghurt, Homemade cake</td>
<td>Fresh pineapple in kirsch</td>
</tr>
</tbody>
</table>

#### SATURDAY

<table>
<thead>
<tr>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chickpea salad</td>
<td>Baked zucchini and rice</td>
</tr>
<tr>
<td>Grapes</td>
<td>Boston lettuce salad with chopped chives</td>
</tr>
</tbody>
</table>

#### SUNDAY

<table>
<thead>
<tr>
<th>LUNCH</th>
<th>DINNER</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ham and rice salad</td>
<td>Pork chops with herbs</td>
</tr>
<tr>
<td>Escarole, radish, and celery salad</td>
<td>Beans in tomato sauce</td>
</tr>
<tr>
<td>Lemon tart</td>
<td>Celer, lettuce, escarole, and radish salad</td>
</tr>
<tr>
<td>Beaujolais Primeur ’74</td>
<td>Fresh pineapple in kirsch</td>
</tr>
</tbody>
</table>

#### Total for the week

**$49.05**

### Recipes

**HAM AND RICE SALAD**

- 2 cups boiled rice
- 3 ounces ham
- 2 hard-cooked eggs
- 1 tomato
- oil
- wine vinegar
- mustard
- salt and pepper

Put rice into bowl and mix in chopped ham, egg, and tomato. Season with oil-vinegar mustard dressing and salt and pepper. Put salad into individual, seal-tight containers.

### Caramel Eggs

1 pint milk
4½ ounces sugar
dash vanilla
2 eggs
1 tablespoon cornstarch
2 ounces sugar
5 teaspoons lemon juice

Put milk, 2½ ounces of the sugar, and vanilla into saucepan. Bring slowly to a boil, turn off heat.

Separate egg yolks from whites; mix yolks and cornstarch in large, heavy saucepan. Add hot milk mixture little by little, stirring. Put over low heat, stir and let mixture thicken. It is cooked and ready when a thick film stays on wooden spoon.

Beat egg whites until stiff; continued on page 95

---

**A week’s staples**

- Bacon: 1/4 pound 80.
- Ham: 2 ounces 11
- Bread: 1 pound rye 12
- 10-ounce Italian 1/2
- 1/2 Swedish rye 1/2
- Butter: 1 1/2
- Celery, Parsley: 1/2
- Cereals: 2 1/2
- Swiss Coffee and tea 2
- Currants 2
- Eggs: 30 grade A large 1 1/2
- Flour (presifted) 2
- Grapefruit 1
- Jelly 1
- Lemons: 3 large 3
- Milk: 2 1/2 gallons 3 1/2
- (Includes amount in desserts, yoghurt) 4
- Mustard, Dijon 2
- Oil, cooking 1
- Onions: 1 pound 2
- white, Texas 3
- Oranges, Temple 3
- Prunes, canned 3
- Salad: 1 Boston: 2 pounds escarole 2 packs radishes 1
- Seasonings: 1
- Amount used in 1 week of a variety 1
- Sugar: 2 pounds 4
- Tangerines 1
- Vinegar 1
- Walnuts 1
- Whipped cream 1
- Chopping: 7-ounce can Prices reflect amount used in 1 week

**$21.10**

---

**Budget Eating**

Beet egg whites until stiff; continued on page 95

---

**MONDAY LUNCH, ABOUT:**

<table>
<thead>
<tr>
<th>Item</th>
<th>Quantity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ham</td>
<td>0.35</td>
</tr>
<tr>
<td>Tomato</td>
<td>0.60</td>
</tr>
<tr>
<td>2 cups cooked rice</td>
<td>0.11</td>
</tr>
<tr>
<td>2 apples</td>
<td>0.20</td>
</tr>
</tbody>
</table>

**$0.75**

---

**H&G time/energy/money-saving tips**

---

**HOUSE & GARDEN, JULY, 1975**
There are products designed to wear out. And there are those which endure. Kohler enameled cast iron sinks endure. Beautifully.

A Kohler enameled cast iron sink remains beautiful to look at. There's good reason. Cast iron sinks have a strength, depth of color, vividness and luster that other materials cannot match. Cannot retain.

Kohler cast iron sinks resist chipping and scratching. They will not dent. Since they're solid and heavier than steel, they dampen disposer vibration and noise. And the enamel on a Kohler sink is acid and stain resistant...is five times thicker than the enamel on a steel sink (and colorless stainless steel sinks don't even have enamel).

Kohler cast iron sinks come in a choice of 13 lovely kitchen colors, plus white. Illustrated: Trieste (43" x 22") in Antique Red, and Lakefield (33" x 22") in Tiger Lily. Both have optional cutting boards. Urbanite (25" x 22") in Sunflower. Trieste in Fresh Green. Brookfield (33" x 22") in Avocado. Mayfield (24" x 21") in Harvest Gold.

SPECIAL OFFER
$3.95 Swinger spray-control—only $2.95
Fits most spouts—aerates, swivels, sprays and rinses.
Save $1.00. Send $2.95 to Swinger, Dept. CL, Kohler Co., Kohler, WI 53044. Save $1.00. Send $1.95 to Kohler Co., Kohler, WI 53044.
A GREAT AMERICAN IDEA
looking to the 1976 Bicentennial celebration

RESTORED ADOBES IN CALIFORNIA
new museums by great architects, plus 5 supershows in museums across America

FOLLOWING THE ADOBE TRAIL THROUGH CALIFORNIA

By Dee Hardie

Born of nature, raised from the earth and baked by the sun, adobe architecture settled early and comfortably into California’s brave new world. For the first pioneers it shaped their lives, their frame of mind. Exposed to sun all year round, thick adobe walls kept the summer heat out and the winter winds cool while walled gardens and courtyards captured the winter sun.

...and so was born an architectural concept from the Southwest, the adobe wisely never left home. The sandy clay from this arid region makes the brick, and the brick is sun-bound, crumbling if exposed to the freezing and thaw of a Northern climate.

It was a Yankee merchant, however, who changed the face, indeed the whole shape of the original adobe house in California. In 1833 William Oliver Larkin arrived in Monterey, married a young widow he met en route from Boston, and in three years started building the first two-story adobe dwelling in California.

Larkin improvised, he adapted. It was New England ingenuity at work in the California sun. His walls were familiar adobe brick, the redwood frame cut from nearby forests giving a strong second floor. The classic New England floor plan called for a center hall with rooms on either side and a stairway leading to the upper floor. To add to this American melange, having spent some time in South Carolina, he included Southern touches, a balcony and a veranda. And so was born an architectural style known today as “Monterey Colonial.”

In Monterey there is an exceptional treasury of old adobes, wondrously preserved and rejuvenated, that can be seen on a route heralded as “The Path of History.” What is so very important and especially impressive is that every single house and building has definite purpose. They just don’t stand and wait to be admired. They are used, they serve.

LET ALL THE SUN SHINE IN

As long as it shines on the black panels that collect solar heat along the front of Solaria, below, photographer Bob Homan and his family will be warm inside. To show off their solar energy, they’ve opened the new house in Indian Mills, N.J., for tours on the first and third Sundays of every month until December, for $1 a tourist (less for groups). Call 609-268-0045. Plans for the house are available from the Edmund Scientific Co., 150 Edscorp Building, Barrington, N.J. 08007, for $24.55.

ONCE-IN-A-LIFE TIME SHOW


Architect Malcolm Wells, who used a solar system pioneered by Dr. Harry Thomason, is so sure of its efficiency that he has not installed a back-up system. When winter nights get cold enough, an oversized domestic water heater heats house air. The roof will soon hold a sheet of soil and a wild garden to insulate house naturally. A wind generator powers pump that circulates water-stored solar heat.

NEW BUILDING ART: MUSEUMS

Art, at Cornell University, Ithaca, N.Y., is free, open every day but Monday. The multilevel building, by architects I.M. Pei and Partners, includes a terrace sculpture court with broad views of a valley below. The Kimbell Art Museum, in Fort Worth, Texas, is architect Louis I. Kahn’s glorious breakaway from stuffy museums of the past. Ground-level vaulted galleries, with uncrowded, unobstructed displays, receive diffused natural light from overhead and open to landscaped courts. Paintings and sculpture range from prehistoric times to the 20th century. The museum is free, open every day but Monday.
The brand new drink you've always known and loved.

There's a brand new drink from Arrow, and you won't have to learn to like it. It's called Choclair, and it's a golden amber liqueur that tastes like coconut filled chocolate. Serve it by itself as an after-dinner cordial or mix it with vodka (we call it a Wooden Shoe); or with milk (that's a Dutch Sombrarrow).

Choclair is the first of our new line of premium flavors known as Arrow DeLuxe. We're searching everywhere to find them. All you have to do is look for our distinctive white bottle at your favorite liquor store.
Gayelord Hauser—
great at eighty—talks about
vitality foods

Plus some delicious easy-to-make Hauser recipes, a completely new one-day diet, and ideas for eating well inexpensively.

To learn the new lifestyle, here are seven ways Gayelord Hauser recommends as a prescription for happier, more natural living.

1 Watch your blood sugar level

"We know that physical diseases are affected by nutrition, but it is now being proved that mental health is also deeply affected by it. Hypoglycaemia, or low blood sugar, for instance, is now quickly diagnosed and helped by diet. When your blood sugar drops, you begin to get tired, forgetful, anxious, and let-down feelings. (The cause is a problem metabolizing carbohydrates. Diet can help this situation. To maintain your blood sugar level between meals, use protein foods such as a handful of sunflower seeds, high-protein tablets, milk, cottage cheese, or a hard-boiled egg."

2 Eat a good breakfast

"At the moment we are upside-down people, to get up in the morning with a full day ahead and only have coffee and a donut. No wonder morning irritability and difficulties are commonplace. If you are fortified with one or two eggs, a little cheese as in Switzerland or fish as in England, some whole wheat toast, fruit, milk—this keeps your blood sugar level up and your temper down."

3 Retrain your appetite

"People are afraid of eating a big breakfast because they are afraid of overweight. Fundamentally, reducing means to find out what your body tolerates, how much you can eat to be fit, and then retain your appetite. It's much easier to do this now with fresh and natural foods—the new lifestyle. For instance, you can hardly overeat on whole wheat bread; it's so nourishing—whereas if you eat processed white bread, you can eat six slices and still feel hungry! Undercook your vegetables, choose only fresh ones, and eat fresh fruit rather than sticky desserts."

Continued on page 28

Wheat-germ Sticks

2 cups whole-wheat flour

1/4 cup vegetable oil

2 cups fresh wheat germ

1 tablespoon honey

1 teaspoon vegetable salt

Caraway and sesame seeds

Mix and knead all ingredients, then roll dough 'A-inch thick. Cut into sticks about 3/4-inch wide and 5 inches long. Place on oiled cookie sheet. Sprinkle some of the sticks with caraway seeds and sesame seeds. Bake at 350° about 35 minutes, or until golden brown. Approximately 2 dozen.

Hyperlipidemia...

It means—there's too much fat in your blood. Your diet contains three types of fats: animal (saturates), vegetable (polyunsaturates) and a fat found in olive oil (a monounsaturate). Fats and their relation to heart disease are the subject of a booklet The Role of Fats In a Good Heart Good Health Diet from the International Olive Oil Information Bureau. It's free. Write IOOB, 30 East 42nd St., New York, NY 10017.

When the will power wilts...
technology to the rescue

On a sliding dial indicate your present weight, activity level, and the weight you'd like to be. Diet Computer shows the number of calories you're allowed, to reach that weight. Then, from the 100 food-data cards, select a menu. The cards are arranged in the 4 basic food groups and are made in various thicknesses according to their calorie content. Insert the cards into the computer to see if your calorie balance is OK or overdrawn! $19.95. Vino Corp.

Mini greenhouse—
for better nutrition

Indoor terrarium/greenhouse creates an ideal environment for germinating bean sprouts and mustard cress. Mung-beans as well as herbs for summer health salads Swing-open roof for easy watering; vent latch for adjusting humidity. $35. Master Woodcraft, Bloomingdale's.
Does she... or doesn't she?

Above: Grace Pelham in 1967. Below: Grace Pelham today. Her hair in beautiful condition, the color soft, young.

She still does!
with new improved Natural Wear™ Creme Formula.

And now to the beauty of Miss Clairol® color, we've added extra wearability and conditioning. With all the haircoloring that's come and gone since we started it all, nothing has yet been invented to give you softer, more natural color than Miss Clairol. It's still the "haircolor so natural, only her hairdresser knows for sure."®

And now, it wears that way too. The new formula keeps your hair shining with the fresh young color you love, week after week. Covers gray—completely! Leaves hair even more manageable with a lovelier, livelier touch.

Try it to see why most hairdressers and more women use Miss Clairol than any other haircoloring. Try it, for haircolor the best it can be... at any price!

© 1974 Clairol Incorporated
HOME IMPROVEMENT IDEAS FOR

The House Fixer

By Will Mc

ROOF WINDOWS \ that can be set in the sloping roofs of modern or traditional houses to open up attic or loft spaces to light and view are imports from Denmark. The pine frames are encased in aluminum lacquered gray-brown in sizes ranging from 21½ by 27½ inches to 52½ by 55 inches. In two major models, these roof windows are equipped with flashings; blue fiberglass exterior awnings, blue or gray interior roller blinds, or white Venetian blinds are available as accessories. Type GGL includes a ventilating flap and filter to admit air while the window is closed, hinges to hold the window open in any position and to reverse for easy cleaning from inside. Double pane insulating glass, and a double action lock. Type FVA can be reversed for indoor cleaning, requires installation of two glass panes, can be held open in four positions. Velux, 26 Pickett St., Beverly, Mass. 01915.

STAPLED VINYL FLOOR. New vinyl flooring, in rolls of 6- or 12-foot widths, is stapled with a staple gun to the floor around the border of a room, and can be applied to particle board, plywood, or wood floor, but not cushioned vinyl. You can cement it to concrete, terrazzo, marble, or ceramic tile masonry that won’t take staples. Cement is used where a staple gun won’t reach (under cabinet overhangs) or where staples can’t be concealed with a baseboard molding. Composed of a clear vinyl, foam inner cushion, special backing, it is flexible, so can be handled, cut, fitted easily, even carried and folded. If you should slightly undercut roll, the elasticity permits stretching it, and it also absorbs slack or wrinkles if you install it too loosely. It will bridge small underfloor irregularities, stay tight if sub-floor expands or contracts. Tredway in Villa Cortez (a terra cotta, gold, beige, green pattern) or Santa Flora (blue, gold, green, off-white) is in the medium price range. Armstrong Cork Co., Lancaster, Pa. 17604.

CORDLESS TOOL SYSTEM provides an “energy pak” handle and a recharge that accommodates seven different power tools. Instead of buying power tools of various makes and separate battery cells and chargers to operate them, this one unit will handle the following tools of the Mod-4 system: an upright grass shear, shrub trimmer, scaled beam lantern, hand grass shear, 3-inch drill, 1-quart and 1-gallon sprayer. Each tool of the system slides into the rechargeable energy pak handle and charger. The handle unit houses four nickel cadmium cells, and the charger, plugged into a 120-volt outlet, will recharge the energy pak in 16 hours. The energy pak with charger and one tool head ranges in price from $19.99 to $29.99; individual tool heads are from $6.99 to $19.99. Black & Decker Manufacturing Co., Towson, Md. 21204.
All the fuss about smoking got me thinking I'd either quit or smoke True.

I smoke True.

The low tar, low nicotine cigarette. Think about it.
Celebrate Summer... Flowers Do It!


Your nearby Teleflorist, listed on the following pages, is a full-service professional florist—and your House and Garden Local Color Center. Call or visit him soon for all your floral needs. Depend on him for the freshest cut flowers, healthy, quality plants and the finest in floral artistry. His specialized training and experience make him a reliable authority about the ways of flowers and plants. Whether you want a few seasonal blossoms to arrange yourself, a custom design of flowers or plants, a floral remembrance sent anywhere in the world, or qualified assistance in planning party or home decorations, rely on your House and Garden Local Color Center Teleflorist for friendly, dependable service.

Pick up your free copy of "Color Alive"

from your nearest House and Garden Local Color Center Teleflorist. It's an interesting booklet filled with useful information, marvelous ideas and many new ways to use flowers and plants to make your home come alive with color!
Don't Let This Summer Destroy Your Complexion

Summer may be a recreation season for you, but a near-disaster for your complexion. You could end the three-month summer season looking decidedly older.

Just one summer day can be like a whirlwind tour through the climates of the world. You swim, then bake on a beach beneath a desert-a whirlwind tour through the climates of the world. You swim, then bake on a beach beneath a desert-like sun. You step from sun-baked sidewalks into chilly air-conditioned restaurants or stores. A sudden summer storm leaves the air steaming and humid. Your complexion is exposed with shocking suddenness to a gamut of environments.

No wonder your skin becomes dryer as the summer days pass. And the dryer your skin, the more that dryness emphasizes little lines and wrinkles. And the older you look. But there's no need to fret. You may enjoy summer fun and still maintain your own youthful look.

Many younger-looking women, from Acapulco to Sydney, discovered a beautiful secret, a unique fluid known in the United States as Oil of Olay beauty lotion. This summer, share the secret of the lovely benefits of this world-renowned liquid that eases away wrinkling dryness. Complexion-cherishing Oil of Olay, discovered by beauty connoisseurs, softens and silken's a woman's complexion with a wealth of pure moisture, tropical moisturizing oils and other emollients.

Oil of Olay, available at drugstores, penetrates so quickly, so completely, it leaves no greasy after-feel on the skin so the dryness that can make you look older than you like is eased away. The beauty fluid helps maintain the oil-moisture balance, necessary if your complexion is to look as young as possible. The skin-loving liquid also helps keep nature's own moisture from evaporating into the summer air.

Your skin would welcome Oil of Olay whenever it feels dry or slightly tight or rough to the touch. Smooth on at bedtime so it can work its wonders during nocturnal hours. Again in the morning, as a misty, non-greasy base that lets cosmetics stay fresh for hours.

Summer Beauty Secrets

Gently bathe away your sun-loving protection after sunning. Pat your body not-quite-dry, then soothe your still-damp skin with Oil of Olay wherever the sun's rays have reached you.

... * * *

If you wear sunglasses, your skin can seem dry where the frames touch your nose, temples and ears. More frequent use of Oil of Olay® on these sensitive spots will be welcome and helpful.

Vitality foods

continued from page 22

way you will retain your appetite. Then if you make a mistake, as we all do occasionally, it can be rectified by what the Russians call "un-loading."*

4 Try a new elimination diet

“When you need a quick ‘unloading’ day, this diet is easy and safe for almost everyone.” (But it's wise to check with your doctor first.) It's inexpensive, too. The poorest people can do it. Have tea or coffee in the morning with fruit juice (liquid), and for lunch have two, three, or as many as you want — boiled potatoes. No butter with them — use a vegetable salt, or parsley and lemon, or herbs. Have a cup of tea in the afternoon if you want. And at night, have two baked potatoes, or peeled ones. Again, no butter. You'll find you'll feel so nourished and so full that you don't feel at all hungry. You won't get a headache as you do if you fast completely, and you lose a pound. You urinate well, you lose puffiness because of the potassium-rich content of potatoes, and it's easy.”

5 Eat well inexpensively

“If you can't afford meat and expensive proteins, a quart of skim milk with a cup of powdered skim milk (or nonfat dry milk) gives you 60 grams of protein—the daily requirement of an average person. (Try my Hi-Vi Milk Formula: combine 1 quart fresh skim milk, 1 to 1½ cups dry skim milk, and 2 tablespoons vegetable oil. Thoroughly mix in blender or with egg beater. Use this formula not only as a beverage but also for cooking purposes and for pouring over cereals.) In the vegetable world, the one vegetable that provides you with all the necessary protein is the inexpensive soybean. Eat soybeans and you will stay healthy.”

6 Enjoy your food

“This may sound simple, but so many people eat absent-mindedly or bolt their food. Eating should be a little celebration—so the digestion can go to work properly. If you choose wholesome natural foods, eat them slowly, chewing them twice as long as you now do, and thus you will feed your satisfaction center. Never eat when you are emotionally upset. Approach the table in a spirit of peace and harmony, and then the meal will replenish and nourish you without putting on weight.”

7 Learn the difference between work and play

“Don't have workitis. If you take your work home with you at night it will shorten your life. Do your best during the day, leave your cares at the office, and then go home and play with your family. Fight fatigue by exercise and relaxation, and make it easier to fall asleep by taking one gram of calcium a day. Nervousness and jangled nerves, the inability to unwind, can be due to lack of calcium and B vitamins. A good, tranquilizing nightcup is 1 tablespoon powdered skim milk, 2 teaspoons molasses or honey, and 1 teaspoon brewer's yeast. Stir into a cup of warm milk and sip slowly.”

What Gayelord Hauser has to teach us is now all in his New Treasury of Secrets (Farrar, Straus & Giroux), Mr. Hauser has been successfully teaching his three principles of nutrition, movement, and relaxation for over fifty years—what is new is that for the first time people are really becoming conscious of what they eat and how it affects the way they live.

“Nutrition is a young science,” he says. “We don’t know much yet. We have only discovered between fifteen and twenty vitamins, and just a few minerals. There is still something in fresh fruit that a chemist analyzing it cannot place. We must trust nature. It has kept us alive for many years, and people at last are beginning to know it.

“The time will come when you will go to a doctor and he will give you tests and weigh you and all this information will be fed into a computer and out will come how much Vitamin A you need, how much protein you need, and so on. We are all different. We look different. Our pulses are different. Our blood pressures are different. Why should we all follow the same diet? One day your diet will be adjusted for you and you alone. Meanwhile, you must learn to know what your body needs, and be your own nutritionist.”

Gayelord Hauser believes also that we need repose. “Privacy and peace are the most difficult things
Imagine. The first lemon-proof selection system.

Every color's arranged according to family. Blue-greens, pinks and reds, yellows, oranges and 18 others, including neutrals and soft pastels.

Meaning they're all where they ought to be at last. In easy-to-find, easy-to-compare groups instead of scattered, helter-skelter, through a thousand and one paint chips.

What's more, for once you've got a range of real choices in every family. Thirty-six of them. All the way from bright, clear colors to the deep, rich variety, both muted and otherwise.

Precisely 792 very stylish colors all told, on paint chips large enough not to leave the outcome to your imagination. Yours in an equally revolutionary paint called Microfloc™ WALLHIDE® that really brings out the color's beauty.

So naturally, picking the right color isn't a hit-or-miss proposition anymore. It's as easy as finding your nearest Pittsburgh Paints retailer in the Yellow Pages.

When you get a lemon from us, it'll be on purpose.

PPG Industries, Inc., One Gateway Center, Pittsburgh, Pa. 15222.

Unless you absolutely love lemon.
to achieve," he says. "And yet they cost nothing. You can learn serenity—just as children learn to eat from their parents. A relaxed mother and father pass it on."

We can learn, and we can pass on what we learn to our children—just as Gaylord Hauser has passed on what he has learned about a happy and healthy life. He himself summed it up best: "My philosophy is give your best and expect the best. And it works."

### Golden Carrot Sherbet
1 quart fresh carrot juice
1 can (6-ounce) frozen orange juice
3 medium bananas
3 tablespoons honey

Place all ingredients in electric blender and mix until very smooth. Pour mixture into refrigerator tray and freeze. Stir several times before serving. Serves 6.

### Vitality foods
continued from page 28

### BEAUTY AND HEALTH PRODUCTS
NEW THIS MONTH IN THE STORES

**ESTÉE LAUDER** . . . To tan or not to tan—now you have more help than ever in deciding which you'll do. Here are seven sun-skin products that range from deep bronzing to freedom from the sun altogether. New Sun Block is a total block—prevents tanning periods. In a tinted cream to apply anywhere. 7 ounces, $5. Maximum protection for slow tanning is what Ultra Violet Screening Cream is for. 2 ounces, $4. Plain or tinted Moisturizing Sun Lotion lets you tan without drying your skin. 5 ounces, $4.50. Aerosol foam Sun Souci has moisturizers, too, 6 ounces, $4.50. For those who tan quite easily there's Sun Creme with a slight hint of color in it. 3/4 ounces, $4. Sun Tanning Oil is for the serious sun lovers who need maximum lubrication. 5 ounces, $4.50. A creamy lotion to end your Sun-day, Après Sun contains aloe leaf extract—an especially soothing emollient, 5 ounces, $4.50. At Saks Fifth Avenue; I. Magnin; Neiman-Marcus.

**ULTIMA II** . . . I3right, clear, flow-ery-pretty colors for your nails and primer for Phase II, which is the polish at the surface. In Wild Romance—A Classic is re-released! It's the original 1930 Lip Gloss Stick, the clear peach-tinted glosser that goes on "natural" and soothes dry lips. $1.50 in its traditional gold-toned tube. At Macy's; Carson Pirie Scott; May D&F.

**L'ORÉAL** . . . It's the summer of the "curly-natural" head—one that needs little fussing when there's so much else to do. An Extra Body Perm is all you need to give your hair curl and body that will stay in no matter what the humidity or whatever you might do. Use big plastic rollers for body and medium or small rollers for curls—it's that simple. In two formulas for tinted or natural hair. $2.95. At drugstores everywhere.

**MAX FACTOR** . . . Just like the movies—A Classic is re-released! It's the original 1930 Lip Gloss Stick, the clear peach-tinted glosser that goes on "natural" and soothes dry lips. $1.50 in its traditional gold-toned tube. At Macy's; Carson Pirie Scott; May D&F.

**GERMAINE MONTEIL** . . . If you like the fresh, piquant zest of tangerines you'll love Régime Splash and Régime Spray Cologne. When it seems as if nothing could cool off a muggy day a splash of Splash will do it. And the Spray Cologne is an airy substitute for perfume on a hot night—it's lighter. Régime Splash, 8 ounces, $7.50; Régime Spray Cologne, 2 ounces, $6.50. At Saks Fifth Avenue; Neiman Marcus.

**LUBIN** . . . Would you believe a recipe that contained 143 ingredients? That's what it takes to produce L de Lubin, a brand-new fragrance from France. It's a clear floral scent with overtones of sandalwood and oak moss that's clean—just right for day in the eau de toilette, (especially if you keep it chilled). Perfume, 1 ounce, $45; eau de toilette, 4 ounces, $13.50. At B. Altman & Co.; Marshall Field; I. Magnin; Bullock's.
When the sun burns you up and makes you sizzle. When you’re overdone by the sun, stop sunburn pain fast with Solarcaine®, America’s number one relief from sunburn pain.

The exclusive Solarcaine formula stops the pain and itching of sunburned skin fast. And while it turns down the heat, it soothes and cools sunburned skin.

So next time you’re overdone by the sun, get the heat off your back with Solarcaine. Solarcaine stops sunburn pain and itching fast.

Official Sun Care Products of Florida’s Walt Disney World.
There's a little Eve in every woman.

Try today's Eve. Flowers on the outside. Flavor on the inside.

How to give your life at home

more meaning

From answers to our January issue questionnaire:

Are you spending more time at home?
9 out of 10 H&G readers are

Are more people coming to see you?
48% of H&G readers say yes

Are you sharing expenses more equally?
54% of H&G families have 2 incomes

Are you using your skills more?
48% of H&G readers are doing more crafts

The turning inward, the focus on home that we are observing today, the new surge to make things, to get into handicrafts, to garden and provide the family with food from natural resources, to share family activities, represents an exhilarating pattern of change across the country.

"In the face of outside pressures from work, and organizations, home is the place where you can get the most satisfaction, doing something in a way that feels more personal, more real, where you can intensify personal pleasures," explains anthropologist Dr. Rayna Reiter.

Through personal involvement in home activities, doing the things that mean most to the individual, life develops more meaning. Fifty-one percent of the readers answering House & Garden's questionnaire last January (more on this pages 41, 94) chose a craftsroom or studio as the room they would most like to have. Somewhat they could be their own person and develop their own skills.

"Because there are few enduring, satisfactory ties outside the home in our mobile, technological society," Dr. Reiter points out, "the turning inward provides a release from external tensions and home appears as a great source of strength, from which we derive trust, love, sharing, reciprocity in human relationships."

Once you can prove to yourself that you can bring out your potential successfully and have your ideas and creativity reinforced within the family, predicts Dr. Reiter, you can launch out into larger issues. You can channel personal energy into community collaboration. So a larger slice of your life has more meaning.

The starting point for it all is to work with the givens. Look at what you can do, see how you might broaden your horizon. Accept what is there now, today; in psychological terms adjust to the positives.

This issue is full of people who developed their talents positively, to live with more meaning:

The Gutcheons, page 40, who quilt together or follow individual pursuits successfully. The Koturs, page 46, who worked four years to restore an old house. The Graumsans, page 50, who gutted a gardener's cottage (for his sculpting) and remodeled a barn (for her dancing). The Kasprzeykis, page 42, who created a house around a common interest gardening. The Schlachters, page 66, who with their architect, built a new house that is sensitive to all their individual and collective needs as a family.

Aside from these very human stories, we have ideas for summer, decorating, places to go, surprises to give your rooms, ways to start celebrating the Bicentennial, plus an up-to-date report on the big boom in cooking schools.

Whatever it is that you or your family want to do to enhance living today is possible. You have the options. It's your choice to give your life more meaning.
For a great
...making the most of a summer world at home to relax, entertain, do what means most to you.

8 good reads: For suspense—The Great Train Robbery by Michael Crichton (Knopf), spell-binding 1855 crime in Victorian England. For adventure—The Gentle Tsubadai by John Nance (Harcourt Brach Jovanovich), stone-age people meet 20th century man. For emotional thrills, Judy by Gerald Frank (Harper & Row). Garland—the whole turbulent, triumphant, happy shattering life. For laughs, Without Feather by Woody Allen (Random House), Woody at his best, you'll laugh out loud. For excitement, Among The Elephants by Iain and Oria Douglas-Hamilton (Viking), a zoologist and his photographer wife reveal hidden life of the biggest land animal in the world. For high drama, Edward VIII by France Donaldson (Lippincott) surprising truths behind the myths, a warts-and-all biography. For kicks, Money Is Love by Richard Condon (Dial), a witty satirical novel on a subject that we could all use some more wit and satire about. And finally, if you're still casting about for ways to give your life at home more meaning, read Your Pet's Secret Language by Jhan Robbins (Wyden) and start a conversation with your cat or dog or bird—you'll be amazed at what they can tell you.

12 plants to plant for nighttime fragrance on your porch or terrace:
- auratum lily
- heliotrope
- honeysuckle
- jasmine
- lavender
- nicoetiana
- phlox
- rosemary
- stock
- sweet alyssum
- sweet olive
- tuberose

Comfortable porch—best summer living

"This porch means summer to us. It's a gathering place for us and our children and friends. We read the morning paper here, have a tray lunch, do needlepoint, share a drink before dinner. It is cool on hot days, pleasant even when it rains. It's our summer living room." The Richard V. Hares' porch is a semicircle shaded by magnolia and wisteria. It catches Long Island breezes from the east, south, and west. The upholstered wicker furniture has summered here eleven years, protected by plastic slipcovers popped on at bedtime. At the edge of the porch is a wall of flowers—hanging baskets of angel-wing and tuberous begonias, tubs of fuchsias and scented geraniums, impatiens in curved narrow planters. Just beyond the porch is a green wall of arborvitae and rhododendrons. More on the arborvitae in Gardener's Notes, page 140.

MARINA SCHINZ
For a great American summer... wonderful new things to see and experience, ways to start celebrating America's Bicentennial.

Exciting new water garden

Downtown in a sun-baked Texas city you are surprised by sloping shelves of cool shallow water, an upside down pyramid, a four-and-a-half block water garden with three areas to explore. Right: You walk down slab steps as city sounds fade in the rush of water. A slanting waterfall rises above you, swirls past under your feet to a place where narrow lighted waterfalls plunge into a roiling pool.

A sheet of water in another garden is so very still a leaf can startle it. It is surrounded by high walls that are veiled in falling water and have the sound of rain.

Tiny clustered fountains to the south spray like fireworks, flowers, comets, a hallelujah of jets and rainbows waking up the sky—water celebrating itself.

This extraordinary Fort Worth Water Garden, topographical sculpture, call it what you will but experience it, was designed by architects Philip Johnson and John Burgee and is a gift to the city from the Amon G. Carter Foundation. It is between Commerce and Houston Streets, near the Convention Center, and open free all year, until 10 on summer nights. Sometimes there are formal concerts.

From a garden to a city dream—the magical IDS Center, occupying a whole city block in Minneapolis, also designed by Philip Johnson and John Burgee—a glass-roofed galleria of shops, bank, restaurants, fountains around a central plaza on "Crystal Court" immune to weather all year.

In Philadelphia's Society Hill, between the Delaware River and Independence Hall, discover a feast of restored Colonial houses and gardens. The Powel Hill, Keith-Phillips, Dolley Todd Madison, Bishop White, "Man Full of Trouble Tavern" are all open as museums. So are the refurbished Independence Hall, Carpenter's Hall, 1761 St. Peter's Hall. Also public market, restaurant, shops.
For a great American summer

...things to excite, amuse, and delight you and your family and friends

New projects for dedicated needle people: Michele Neal's Texture and Color in Needlepoint (Harper & Row) is a gold mine of designs to be worked on small canvases.

Fun-to-give books for summer weekends—fascinating flavor of nostalgia: Dick's Encyclopedia of Practical Receipts and Processes (Funk & Wagnalls) — or How They Did It In The 1870s—hair curling to egg preserving: the Vogue-Faster Book (Harmony Books)—21 covers from 1911-27 when all the world was fun: Traditional English Country Crafts and How to Enjoy Them Today (Penguin) — guide to such things as animal tracks, paper making: Phyllis Pirotta's Nostalgia Crafts Book (Workman) — over 200 crafts from long ago; and Weldon and Company's Victorian Crochet Book (Dover) — a treasure-trove of ideas.

Vine and song in California this summer—spend a musical evening outdoors between now and the end of August at one of the concert-giving wineries: Charles Krug, Concannon, Robert Mondavi, Paul Masson, Sonoma, and Winemasters' Guild. Or a Napa Valley wine-tasting weekend with tours, six tasting seminars $55 per person, August 8-10, 15-17, 22-24. Reserve through Napa Valley Wine Library Assoc., c/o James E. Beard, P.O. B. 16, St. Helena, Cal. 94574.

TV for tub watching...

...or bed viewing—or to keep the cook amused. Wall-mounted, shockproof, swiveling 6-inch color set by Sony. At Hammacher Schlemmer.

Latticed hideaway
Sensational sofa-bed, designed by Lella and Massimo Vignelli, built of polished wood slats, crammed with Thai silk cushions. Due in the stores shortly.
At home on the highway

A plush environment known as the Luxury Motor Home, a name it lives up to with a bath, a kitchen, dining and lounge space, sleeping facilities for six, good storage. By General Motors.

Fold-up, put-away comfort

Body-crashing Danish chair and ottoman of beech and natural canvas fold into an easily stored pancake. Designed by Lauge Vestergaard. Through decorators at Cado/Royal System.

Unendangered species

For ecological needlepointers, a zebra rug, and a whopper, 6 by 11 feet. Draw the pattern freehand (copy this one) or trace it from a blown-up photograph on two lengths of canvas. Then splice your zebra together.

For ceramic collectors

Superb nest of bowls, earth brown, striped in creamy white. Dramatic on any table, handsome filled with summer fruits or flowers. Designed and handmade by Roy Hamilton. At the Beach Plum.

Shower anywhere...

... even in the garden. Indoors, it requires proper pipes and a drain; outdoors, just hitch it to the garden hose. Of steel and plastic, made in Sweden by Anderstors. At Seabon.

For shopping information, see page 98
Ideas to help you
live with more meaning

your Answers to our Questions

The following twenty pages draw their inspiration from the thousands of thoughtful, concerned answers we received to our questionnaire "How liberated is your household?" You will find some ideas to help you free up your time and your house for what means most to you, and you will meet some families who have worked out their own imaginative ways of doing it.

NO. 1 FAVORITE ACTIVITY

Crafts

WHAT ARE YOU DOING AT HOME NOW THAT YOU WEREN'T DOING A COUPLE OF YEARS AGO?

"More crafts! And we're organizing our rooms around them"

Jeffrey and Beth Gutcheon share the delights of sewing their own quilt designs. Architect-engineer Jeffrey plots out the patterns, writer Beth cuts and pieces them together on the quilting frame. Beth, who also teaches quilting, is the author of *The Perfect Patchwork Primer* (Penguin, $3.95), with illustrations by her husband. The Gutcheons live in one large space with areas geared to work and living. There are spaces for shared enthusiasms as well as for separate pursuits, such as Jeffrey's composing and recording and Beth's writing. There is a platform for music at one end of the living room and, elsewhere, sleeping balcony, partitions for carpentry, cooking, sewing, dining, as well as separate space for their small son.

In the living room, left, bright space alive with the color and geometric pattern of quilts. Making the frame a permanent fixture in their big living area leaves them much more time for quilting—which they can pick up whenever there's a minute to spare.
A young California couple lives among the growing things they love in a cedar-shingled house they've made into a bower of flowers, vines, and ferns, and they paint plants for a living. Sandi Tommela, designer for Denby Limoges china, works in her home studio, left. (One of her china patterns is the popular zinnia "Contrariwise" design of her coffeepot.) Her husband, Jan Kasprzycki, also works at home, painted the "Wild Hawaiian Ginger" above their flowery bed, right. Together they care for their 8-year-old daughter, Lisa, show their floral paintings at their new art gallery in Laguna, and tend their hillside garden overlooking the Pacific. Every room in the house, which they remodeled with architect Paul Johansson, is an indoor garden of pot plants paint-box fresh.

A young California couple lives among the growing things they love in a cedar-shingled house they've made into a bower of flowers, vines, and ferns, and they paint plants for a living. Sandi Tommela, designer for Denby Limoges china, works in her home studio, left. (One of her china patterns is the popular zinnia "Contrariwise" design of her coffeepot.) Her husband, Jan Kasprzycki, also works at home, painted the "Wild Hawaiian Ginger" above their flowery bed, right. Together they care for their 8-year-old daughter, Lisa, show their floral paintings at their new art gallery in Laguna, and tend their hillside garden overlooking the Pacific. Every room in the house, which they remodeled with architect Paul Johansson, is an indoor garden of pot plants paint-box fresh.

A young California couple lives among the growing things they love in a cedar-shingled house they've made into a bower of flowers, vines, and ferns, and they paint plants for a living. Sandi Tommela, designer for Denby Limoges china, works in her home studio, left. (One of her china patterns is the popular zinnia "Contrariwise" design of her coffeepot.) Her husband, Jan Kasprzycki, also works at home, painted the "Wild Hawaiian Ginger" above their flowery bed, right. Together they care for their 8-year-old daughter, Lisa, show their floral paintings at their new art gallery in Laguna, and tend their hillside garden overlooking the Pacific. Every room in the house, which they remodeled with architect Paul Johansson, is an indoor garden of pot plants paint-box fresh.

A young California couple lives among the growing things they love in a cedar-shingled house they've made into a bower of flowers, vines, and ferns, and they paint plants for a living. Sandi Tommela, designer for Denby Limoges china, works in her home studio, left. (One of her china patterns is the popular zinnia "Contrariwise" design of her coffeepot.) Her husband, Jan Kasprzycki, also works at home, painted the "Wild Hawaiian Ginger" above their flowery bed, right. Together they care for their 8-year-old daughter, Lisa, show their floral paintings at their new art gallery in Laguna, and tend their hillside garden overlooking the Pacific. Every room in the house, which they remodeled with architect Paul Johansson, is an indoor garden of pot plants paint-box fresh.

A young California couple lives among the growing things they love in a cedar-shingled house they've made into a bower of flowers, vines, and ferns, and they paint plants for a living. Sandi Tommela, designer for Denby Limoges china, works in her home studio, left. (One of her china patterns is the popular zinnia "Contrariwise" design of her coffeepot.) Her husband, Jan Kasprzycki, also works at home, painted the "Wild Hawaiian Ginger" above their flowery bed, right. Together they care for their 8-year-old daughter, Lisa, show their floral paintings at their new art gallery in Laguna, and tend their hillside garden overlooking the Pacific. Every room in the house, which they remodeled with architect Paul Johansson, is an indoor garden of pot plants paint-box fresh.

A young California couple lives among the growing things they love in a cedar-shingled house they've made into a bower of flowers, vines, and ferns, and they paint plants for a living. Sandi Tommela, designer for Denby Limoges china, works in her home studio, left. (One of her china patterns is the popular zinnia "Contrariwise" design of her coffeepot.) Her husband, Jan Kasprzycki, also works at home, painted the "Wild Hawaiian Ginger" above their flowery bed, right. Together they care for their 8-year-old daughter, Lisa, show their floral paintings at their new art gallery in Laguna, and tend their hillside garden overlooking the Pacific. Every room in the house, which they remodeled with architect Paul Johansson, is an indoor garden of pot plants paint-box fresh.
There's a cooking boom across the country; men, women, and children are taking up the whisk, and to help them there are great cooks teaching in a mushrooming roster of cooking schools from coast to coast. In New York alone the number of schools has quadrupled in the past six years. Courses in canning, pastry or bread making, Chinese and all the international cuisines take place anywhere from the cook's own kitchen to a highly organized cooking school like James Beard's in New York. Here we bring lessons from three schools across the country and our pick of the list of America's good cooking schools.

"When children start cooking they become more interested in experimenting with new foods," says Felipe Rojas-Lombardi, who teaches seven to twelve year olds at the Little Red School House in New York. Not that these children have to be coaxed to munch the breads they make in the popular baking class that includes sausage bread and a braided buttermilk bread. While they knead away, Mr. Rojas-Lombardi, author of the A to Z No Cook Cook Book, chats advice.

"I started teaching to get ideas for my books," says Texas's great cook Helen Corbitt, who dedicated her last book Helen Corbitt Cooks for Company to her classes (separate ones for men and women). Each month the men, a spirited group of doctors, lawyers, stockbrokers, architects, and jet pilots, gather to learn a whole menu; for this class crown roast of pork, corn oysters, and a marvelous Cheddar cheese apple pie (these and other recipes on page 81). Students are expected to fry the dinner themselves within a week and report back any hitches. Twice a year they throw a party themselves, invite their wives, and expect some succinct criticism from their teacher. These classes are by invitation only, however Miss Corbitt gives many classes for charity across the country (St. Louis, Atlanta, Fort Worth, Houston). In a pretty apartment in San Francisco Emalee Chapman teaches small classes of 4-6 students (larger classes take place at the Forrest Jones Kitchen Shop). Students help prepare a complete meal, usually Italian and Piedmontese or Florentine in flavor; they also pick up great tips on where to shop for the freshest most inexpensive food, how to bone a breast of veal, decorate desserts with aplomb. Everyone then sits down to lunch in a tiny garden or beside a roaring fire.

**FAVORITE ACTIVITY**

**3. Cooking**

**WHO DOES THE COOKING AT YOUR HOUSE?**

"We all do! And we're enjoying it so much we're going to cooking classes"

Q: House & Garden's pick of cooking schools across America

CALIFORNIA
Philip Brown
c/o Foundation, California State University, 5151 State University Drive, Los Angeles, Cal. 90032.
French and international cuisines, wine tasting. No definite schedule.
Gourmet School of Cooking
Bruce Timson, 12109 Hoffman St., Studio City, Cal. 91604.
International cuisine. Year round.
Lawry's Food, Inc.
568 San Fernando Rd., Los Angeles, Cal. 90065.
International cuisines. Year round.
Rita Leinwand
c/o U.C.L.A. Extension, Administration Building, 10995 Le Conte Ave., Los Angeles, Cal. 90024.
International and French Cuisine. Fall semester.
Loni Kuhn's Cooks Tour
91 Commonwealth Ave., San Francisco, Cal. 94118.
Monthly newsletter recipes and methods on international and French cuisine.

Continued on page 82
WHO DOES WHAT IN YOUR HOUSEHOLD?

“We make decisions together and together, we transformed an old inn into a weekend house”

Sheila and Robert Kotur scraped paint, stained floors, and stenciled walls to share in the restoration of their house.

The success of the Robert Koturs' partnership (she is Sheila Camera the artist and designer, he is a market research executive) and their marvelous restoration of an 18th-century New England country inn into a weekend and vacation house, has its origin in agreement. Whether it’s a matter of stripping paint off a wall or taking the children to school, they make the decision together. This kind of attitude, the drawing of double energy to any situation enables them to see through projects that might deter others. The rescuing of their house, for instance, turned out to be a four-year operation. “It was very neglected, hadn’t been lived in for five years and was empty during the Depression. It was very neglected, hadn’t been lived in for five years and was empty during the Depression. While the main structure was sound,” explained Robert, “some floors were rotting inside walls, doors and moldings were layered with paint. It had gone through a forties modernization and most of the old character had been lost.” They plunged into repair work themselves, using a local contractor for major jobs like plumbing, kitchen and bathroom installation, and rewiring. “People just couldn’t see its potential,” said Sheila. "We turned it from a two-bedroom into a four-bedroom house by breaking through into a storage space over the porch — this became a bedroom for our two daughters — and opening up the third-floor attic. We created a whole new outdoor room where the old porch had been, replacing the wooden floor with a brick terrace. Now this is where we spend most of our time in the summer.”

The house, 3, has a feeling of nature all through, to stress the romantic 18th century. No curtains to interrupt outdoor scenes. In the living room, 1 and 2, nearly everything is white. “It would have been easy to have a dark room, so much 18th-century furniture is dark wood, but I didn’t want that,” said Sheila. Hunting for white painted antiques she found three interesting chairs, one a signed Philadelphia piece, now grouped around the card table. At the fireplace, 2, the dogs and plates on the mantel are Staffordshire. Doorway behind the screen leads to brick terrace, 8. White trellis was there before, pieces numbered, taken down, and reassembled after new paving was laid. In this joint family effort, Robert prunes apple trees, 4, Sheila stencils walls, 5, father and daughter work on upstairs attic floor, 6. Mother and both daughters pick meadow flowers, 7, for wonderful indoor bouquets.

They stripped old mantel, highlighting carved details with ivory paint on white

She centered small needlepoint pieces in large pillows, made chintz table skirt

He worked on the outside, pruned trees, planted the garden, did all the heavy jobs, like sanding floors

The house, 3, has a feeling of nature all through, to stress the romantic 18th century. No curtains to interrupt outdoor scenes. In the living room, 1 and 2, nearly everything is white. “It would have been easy to have a dark room, so much 18th-century furniture is dark wood, but I didn’t want that,” said Sheila. Hunting for white painted antiques she found three interesting chairs, one a signed Philadelphia piece, now grouped around the card table. At the fireplace, 2, the dogs and plates on the mantel are Staffordshire. Doorway behind the screen leads to brick terrace, 8. White trellis was there before, pieces numbered, taken down, and reassembled after new paving was laid. In this joint family effort, Robert prunes apple trees, 4, Sheila stencils walls, 5, father and daughter work on upstairs attic floor, 6. Mother and both daughters pick meadow flowers, 7, for wonderful indoor bouquets.
She cleaned up antique black leather screen, uncovered brig Chinese bird design.

They stripped and stained modern oak floor in a natural and ebony stripe.

She washed antique needlepoint rugs and made pieces in new pillows.
"It was fun peeling away 200 years and taking the house back almost to its original state"

In their efforts to restore authentic character to the house, the Koturs talked to neighborhood people who remembered what the place had looked like fifty and sixty years ago, particularly members of the Curtiss family. "It had been a Curtiss inn, they were some of the earliest settlers in New England. We found out that what is now our bedroom was once a ballroom, and a Curtiss recalled seeing a motif over the fireplace. We got the paint remover out and took eight layers of paint away. The first thing we uncovered was a big red stenciled flower. It was so exciting I could hardly believe it," Sheila said. After reading books on historical decoration, visiting other houses with stenciled walls, and studying old colors, she decided to repaint the faded patterns herself (Robert made tracings of each design for her). Another job for him was knocking down the plasterboard ceiling in the library/dining room to expose great old beams. On the outside of the house, both scraped paint off marble steps and window decorations, returning the stone to its natural beauty. Both put individual creativity into particular aspects of the project . . . Robert gardening, Sheila needleworking all the pillows, bed curtains, tableskirts, needlepointing little cushions, making the appliquéd bed quilt. Their renovation schedule was systematic and effective and went like this: The first year, after painting the upstairs white, they lived in the two bedrooms, making the master room double as a living room. This allowed them to have major work done freely, remove an old bathroom, pull out the kitchen, put in a new one, fix up the study and living room. When downstairs was completed, they started furnishing. The study was finished first and served as a living room until the big living room was completed. The second year was spent on finishing and furnishing upstairs, making the girls' room. Then came the master bedroom stenciling. The third year was devoted to the outside and the garden, plus a start on the attic, which is still in the process of being converted to guest wing. Whatever they are involved with, their two daughters, Fiona and Alexandra join in. "We believe children should take part and help in work," added Robert. "We like to share and do everything together as a family whenever we can. We all enjoy it."

Far left, and on our cover: Tea on the terrace. Sheila made the gingham tablecloth from sheeting, the green plates are Wedgwood. In master bedroom, stenciled walls, the plant stand is back. Lowestoft china tea set once belonged to Sheila's mother. White paint antique chairs found in auction. 2. Robert's vegetable garden—sixteen railroad ties placed in a square, filled with topsoil. 3. Bricks butcher-block, and terra-cotta tile for the modern country kitchen. 4. Handwork on the walls, the quilt, done by Sheila. 5. Cozy bedroom, curtains are white linen lined with cream chintz. Rug is Chinese. 6. Study is also a dining room, winter sitting room. 7. Girl room, nosegays on walls, pillows, quilts.
They draped curtains on bed frame, secured fabric with staples.

She painted over faded stencils to brighten original early 19th-century work of Moses Eaton.

He broke through plasterboard ceiling to expose study beams.

They stripped wood mantles, doors, windows.

They converted storage space to girls' bedroom. She sewed flower pillows, quilts, tableskirt.
Philip and Martha Grausman created separate work places near the house they remodeled and enjoy together.

He's a sculptor, she's a dancer—two full-time careers—and both work at home. A six-year-old son completes the family. These are the Grausmans, who moved out of New York on her impulse soon after their son, David, was born. The house they found is an 1882 gabled New England house with a gardener's cottage and a barn, situated on a hill, with a stream and a river nearby. They spent two and a half years remodeling—doing the work themselves with the help of friends and local contractors. Much of the house was gutted—they removed a porch, for instance, to give more light in the dark downstairs rooms (her idea) and a floor upstairs to make use of attic space and reveal pretty latticed windows. He kept the old stairs up to a small room where he draws. It has perfect light. "I can watch it change throughout the year." For Martha Clarke, his dancer wife, he transformed the barn/hayloft into a dance studio. He restructured the upper floor to make it stable. He put white painted Sheetrock in the roof with the original wood and added skylights. The most dramatic part of the story, though, is that when he built it she had not been dancing for five years. "I knew she would go back to it," he says. "I didn't," she confesses, "but when I saw the studio I knew I must." Martha is now choreographer and dancer with an international group, Pilobolus, and just received a Guggenheim Grant—a personal triumph.

"Yes, we remodeled a gardener's cottage and a barn so now we each have our own studio"
Interesting angles—it is his studio, made by the attic shape of the former upstairs bedroom before the floor was removed; in her studio, by the hayloft roof—and with crossbars, added later to stabilize the roof. The big mirror reflects this crisscross behind the dancers at work.

His collection of insects—a constant feature of his work.

Her giraffe—from a carrousel.

His Chinese scroll, inherited from a grandfather.

A wonderful Victorian stove—he found—which works.
"The right house is like the right clothing— it fits comfortably"

The Grausmans' separate careers are inextricably entwined with their life together. It shows in the way they run their household. Being close to nature is essential to both of them. They grow things in the garden, constantly improvising and changing. The house inside is all white, with lots of windows and plants—almost like a greenhouse. They share the cooking. There is music all over the house for both of them—and for David, who goes on tour with his mother and works in the studio with his father. They share household expenses—even share the desk. They have enjoyed the same people—our work creates richness." Philip designed the deck himself with an architect friend's help, and built it with two young carpenters. The Grausmans do not belittle the hard slog and sometimes pain it took to work on the house. "You've heard of people remodeling houses and then getting a divorce?" laughs Martha Clarke. "We really bubbled out of the ashes of this place." Philip agrees. "The experience of the house was sometimes a nightmare, but now it's beyond dreams." "We both work very much from nature, so this place is inspiration." Martha says. "I get very homesick for this house when I'm on tour. The right house is like the right clothing—it fits comfortably."

"Our visual world is part of our careers—and our lives"
Transplanted wild laurel grows in a special planting area set into the deck.

She loves salads, so he grows them for her. They share all the cooking.

Buffet table designed by Philip and friends with leftover deck planks aligned diagonally to match the deck.
Betsy McBratney grows flowers, Greer McBratney grows vegetables, they share the relaxation and the happy results.

They garden in spare hours and "the children help, too, when they are home," says Mrs. Greer McBratney. This couple shares a big garden, an active community life, and an interest in boating with their five children now eighteen to twenty-four. Dr. McBratney "never has a full day home but takes time when he can for his vegetable garden. At harvest time I help cook, peddle, call friends." The children participate in "Sunday work detail." The flower garden is her bailiwick. "Make the garden truly yours," challenged nurseryman Allen Haskell, who excavated, laid out paths and beds, but left the choice of plants to her. (More on him in Gardener's Notes, page 140.)

Like sunny summer days, her flower beds brim with hues of yellow sun and blue sky. Among the yellow to orange to bronze perennials: achillea, butterfly weed, daylily, guillardia, oenothera, Oriental poppy, potentilla fruticosa, rudbeckia, sedum Indian Chief, senecio Desdemona, Shasta daisy, trollius. The lavender-blue perennials include: anchusa, aster Frikartii, bachelor's button, iris, lavender, plumbago capensis, polemonium, stokesia, verbena venosa. Annuals add their spark: African daisies, ageratum, calendula, cosmos, gazania, heliotrope, lantana, nicotiana, and marigolds.

For low maintenance, low ground covers and flowers that never need staking.

Flat juniper (J. procumbens nana) makes a soft mat for a big stone rabbit.

Greenhouse gives seeds an early start, provides flowers for the house all winter.
The McBratneys’ garden continued

“With our greenhouse and garden workshop we can garden all year”

“We do things from start to finish here,” Dr. McBratney says. They grow vegetables, flowers, herbs, berries and fruit—from seeds or cuttings. They harvest their crops for the table and to keep for winter. The vegetable garden was plowed first by a farmer, is now rotary-tilled every spring and fall. Some favorite crops are kohlrabi (“so good raw it rarely makes the pot”), Ruby lettuce (“good and makes a good border”), Green Mountain potatoes, and Ebenezer onions (“a good keeper”). Among the fruits they grow are peaches, plums, pears, grapes, blackberries, apples.

Many crops are stored on shelves or in a second refrigerator and freezer in the garden workshop. To start seeds the McBratneys use a sterile soilless mix. They enclose flats in plastic bags and set them to germinate in a six-tiered metal shelf in the warm 75-80 degree furnace room adjoining the workshop. They later put them under fluorescent lights or in the greenhouse. They set them outside on sunny days to harden off before planting. All plants are fed Rapid-Gro and sometimes fish emulsion. On hand for outdoor pest problems are supplies such as Isotox systemic, Bug-geta, Diazinon, Dipel, Malathion, and a favorite source, Cynthia Westcott’s The Gardener’s Bug Book. Other workshop aids: plenty of shelf space for garden gear and catalogues, a bulletin board for handy reminders, storage bins on wheels.

1. From the deck, the triumph of Dr. McBratney’s vegetable garden in late summer. Home-grown salad is served after chowder with bread, cheese, pears. 2. Dr. McBratney, a full-time surgeon, is a deft part-time pruner. 3. In the greenhouse, Mrs. McBratney uses a hose and wand attachment for flowers. 4. Spring rite: working together to start flowers and vegetables from seed. 5. Lights on adjustable chains provide artificial sunshine for seedling growth. 6. A great garden workshop for all seasons. 7. Wide counter and sink for washing pots and produce. 8. Daughter Ann’s pumpkin pies from father’s homegrown pumpkins.

An inclined trellis for cucumbers and a tepee trellis for tomatoes are both made of saplings braced and bound with garden twine. They keep crops off the ground, open to every ripening ray of sun, handy to tend or pick. The cucumber frame is 8-feet square, up 1 foot. The tepees have slanting 5½ foot poles about 2-inches thick. Inch-thick ridge poles and horizontal side poles are of varying lengths. Easily dismantled and stored at season’s end, the trellises last three years or more. Young McBratneys go on “sapling discovery missions” in the woods. Dr. McBratney adapted these ideas from techniques noticed on trips as a volunteer physician in Haiti, Vietnam, and on the Ship Hope.
Fluorescents on adjustable chains

Plastic trash cans on wheels for soil mixes to slide under workshop counter

Movable wall of rolling garage doors to open in summer. Shad spot under deck for greenhouse plants on holiday and for sorting harvest

Supplies at easy reach on nails in red-painted exterior plywood
Couples

Is too much togetherness good for you?

By Caroline Seebom

Couple, n., two persons of opposite sex considered together, as a married or an engaged pair, lovers, dance partners, etc.

This definition from the Random House Dictionary has a rather charmingly old-fashioned ring to it, in these days of same-sex couples, polygamous couples, liberated couples, just-living-together-this-week couples. Dance partners? There are more ways of becoming a couple than are dreamed of in Random House's philosophy, it seems.

Most people, however, even today, still concern themselves with the most important couple relationship in their lives—the partner they choose to make a life with. And while it would be foolish to pretend that there is a guaranteed method of making this relationship work, there are some ground rules and pointers that can help you attain this difficult ideal.

Dr. Bernice Podesta, clinical psychologist at Bronx Psychiatric Center, Albert Einstein College of Medicine, and teacher of a course on Successful Couple Relationships at New York's Womanschool, believes that there are some basic principles that all individuals should understand before they embark on a relationship of a lifetime:

1. The goal of life is self-differentiation. In other words, know thyself as separate. Until you go some way toward fulfilling yourself as an individual, you will find it almost impossible to become fulfilled in a partnership. The demands will be too great. You must know your needs, your desires, your responses, your moral values, to some extent before you can hope to share them with anyone else.

2. The goal of relationships is intimacy—and intimacy is closeness without fusion. "Fusion" means invasion of space—being inside the other person's head. An example of this is when a wife always answers for the husband, or when a husband makes a decision that involves him and his wife without consulting the wife.

The key to these principles is that you must be a complete person in your own right before joining up with another person. If your sense of yourself, of your own identity, is weak, then you will get lost in the relationship and will not be able to contribute to it. You will end up frustrated in yourself, and boring to your partner.

Philip and Martha Grausman, for instance, whose house is described on page 50, say that their marriage was vastly enriched after Martha, who had given up her career five years earlier to have a baby and remodel the house, took up dancing again. "We're both much happier when she's working," says Philip. "Every time she says she thinks she'll quit, I talk her out of it!"

Dr. Podesta points out, however, that when one person who is dissatisfied in a relationship, makes changes to try to become more fulfilled—for instance, by taking up a new hobby or going back to school—this can be very threatening to the other partner. "Unless the other partner also becomes involved in new activities and projects, or is already deeply engaged."

If you can both develop your separate interests, equally, then the relationship will grow stronger as you both bring more to it. Dr. Podesta knows a case where both partners in a couple relationship of long-standing have deliberately chosen to do more things separately. Whereas in the past they did everything together, and could even anticipate each other's thoughts, now one will go to a museum without the other, or meet a new friend without the other—and the result has been a revitalization of the relationship. (Closure without fusion.)

Dr. Podesta believes that there are two words that come close to describing a successful couple relationship: delight and care. Delight is all the things that are important for well-being—the give of gifts, the pleasure of physical contact, being able to laugh and cry together and to enjoy this together, and to communicate to joy to each other.

Care is the responsibility of the person for the other, the agreement of fidelity between them, the presence of one partner when it is important to be present, the desire to cherish. Margreeta Mead press this most poignant "Having someone wonder where you are when you don't come home at night is a very old human need. Care and delight go side by side; they complement each other.

Frankly, these are not things you can teach people. But you can teach a kind of observation, a way of looking at yourself and your partner and the relationship as a whole so that you can go some way toward developing and strengthening whatever ties bind you together. Here are six guidelines suggested by Dr. Podesta:

1. Develop a sense of humility. Being able to laugh about yourself, lives and yourselves is a great asset in a relationship. All successful couples laugh a lot.

2. Be open about what is happening between you. Discuss things before they become a problem, not after. Don't build up resentment. Continued on page 1
Children

Does your household evolve too much around our children?

By Sandra Ordo

Six years ago our cleaning woman left and we couldn’t find anyone to replace her. We decided to do the housework and pay oursevles what we had been paying for her.

We have work lists. Each child chores he must do before he go to play.

There are the standard things drucceed, table setting, keeping the rooms straight—and other that, I ask for help and usuqet it.

We used to designate chores, found that it created unnecesary discussion. Now we do a lot talking with each other but we sage the work without a set ern.

Four families, four ways of cooperation between parents and children. "There’s a kind of myth about families that can make a large contribution to family problems," says W. Keith Daugherty, director of the Family Services Association, "and that’s the expectaion that families as a system ought to be able to handle anything that comes along without training, that it’s ‘natural.’ We don’t expect that of business or educational systems. Other kinds of systems in society require training and orientation and preparation and continuing education—while we just assume that families will somehow magically work.”

But cooperation, successful living at home together, also takes planning and thought. Patterns of dealing with the sheer mechanics—keeping fed, clothed, and clean—have to be dealt with or they’ll pile up to overwhelming problems. "All too often, I guess, it’s Mother who does everything," says Mr. Daugherty. "But there’s really no common law that says Mother has to be the one who mops the floor. Sometimes Father enjoys mopping more than she does. My wife would rather do yard work, and I like what goes on inside the house better. You work out combinations with one another that each of you is comfortable with. Then everybody has to take on some tasks that aren’t very comfortable and that nobody likes, but that have to be done if the family’s going to run."

To find some successful combinations, we asked people who should know, families with children and ways of working together that keep them reasonably happy.

“Communication and democracy, those are the ground rules,” says Gail Olsher. “Who cares who cooks or loads the washing machine? Do we care about each other is the important question. When you reach that goal, when who does what always evens out in the end.” To reach it, the Olshers have a once-a-month family day. They spend it together, and they take turns planning it. Last football season, for instance, Mrs. Olsher, Cindy, Scott, and Steven, joined Harvey Olsher in watching the bowl games. Dinner was ordered in. Cindy may take them all off to the stock car races, or Scott may take them bowling. “All of us have very strong lives of our own,” says Mrs. Olsher. “We have to tend to them. But our ten-year-old has had problems. It forced us to take a long hard honest look at ourselves as a family. I think it has strengthened us.”

The Olshers handle the mechanics of the household very simply: they ask. And they expect the children to understand if parents are tired, or if there are special projects like the recent thorough garage-cleaning that demanded all day from all of them. “The children are really cooperative,” says Mrs. Olsher. “Twelve-year-old Cindy reads to five-year-old Steven, and Scott goes with his father to the office on Saturdays. He fills in as an office boy, he really earns a little money, and he’s delighted to eat lunch out with his father.”

"Children need a day to do nothing in," says Marianne Emig, Children
The bath is at last being given the room it deserves. Here are three designed to be lived in—and four specialists to tell you how and why taking a bath can do wonders for you.

Bathing for health and pleasure—new tips from doctors

"Wet heat is wonderful therapy for aching joints and muscles. The advantage of a warm bath is that the heat transfers easily and penetrates better into the body tissues than dry heat. Take warm baths, not hot. The temperature of your skin is approximately 67 degrees, so a bath of 80 or 90 degrees is quite hot enough. If you make the water too hot your body is overwhelmed and cannot accept the heat. Remember that when you sit in a bath you are sitting on the sciatic nerve. So if you are treating a lower back or sciatic disorder (and even if you’re not!), put a cushion or foam rubber pad on the bottom of the bath to protect you from the hard surface."

Joseph Kohn, Physiotherapist

"Experiment with hot and cold water in short bursts to stimulate circulation and make you feel good. Find a soap that is skin compatible—pH balanced—particularly if you are in a hard water area. Remember that a warm bath interferes with digestion so avoid eating in the bath. Your bath is a time to relax, to meditate, to invigorate, to appreciate yourself. It’s your own singular experience to enjoy."

Dr. Alan Levy, Levy Shea Exercise Studio

"Baths are especially good for aching feet. Massage your feet while you are taking your bath for quick relief. See that your bath temperature and the outside temperature do not vary too much. If you take a warm bath and then go out into the cold air you are not doing yourself any good. If the weather is very warm, make your bath water a little cooler—this is more refreshing and your body will be exhilarated. Try taking a shower first, to get clean and stimulated, and then taking a bath to relax—in clean water! For a real tone-up, after the bath take another quick cool shower to finish off."

Dr. Nathaniel Gould, Orthopedic Surgeon

"If the water is hard, use a water softener. Hard water contains minerals and salts, which, combined with ordinary alkaline toilet soaps, form an insoluble salt round the tub and prevent efficient cleansing of the skin. For dry or sensitive skin, try oiled oatmeal or cornstarch added to your bath water. It’s a fine powder available at your drug store. If you put oil in the bath, use one that is dispersible, that is, it disperses in tiny droplets through the water and penetrates dry skin rather than staying on the surface where it would simply leave dirt on the skin. Read the label to find if the oil is dispersible—it will say so."

Dr. Samuel M. Peck, Dermatologist

Space-age cylindrical shower from Italy. Designed by Fabio Lenci, it’s made of nonchip, nonflake, nonrust plastic. Interior heated towel rail protected by plastic door. Available in lots of colors from Hastings Tile and “Il Bagno” collection.

Bath oasis for a busy woman

A place to work, relax, a place for health and beauty

This multipurpose bath is divided by the sofa—one half with desk and bath, opposite page, the other for making up and relaxing, opposite page, far right. It’s a fascinating mixture of the feminine flattering warm colors, frilled curtains, pretty dressing table), and the very practical (desk, bookshelves, telephone). Here you can “write your letters, read magazines, do your needlepoint, take a bath, do your exercises, plan projects in front of the fire,” declares designer Françoise de la Renta.
Franoise de la Ren — interior designer busy international hostess, wife of dress designer, Oscar de la Renta.

"My theory of bathrooms is about privacy, about being alone. If you are married and have children, or if you live with another person, or even with a dog or cat, most of the time these people or animals have access to you. The only place where you can really close your door is in the bathroom. So instead of having an extra sitting room or dressing room, or a big bedroom and tiny bathroom, I think that one bathroom can do the job of all these. You can close your door, first of all to have privacy, but also to take off all the close fitting clothes we all wear during the day, and feel quite free. Allow yourself one hour a day of solitude. Anyone can do it — just put a little furniture in your bathroom, even a stool or a pillow, and some magazines — then, at last, you can be yourself and relax."

Fabric everywhere in this bath—a cotton floral design covers the walls, "framed" in specially strips of another pattern to look like lots of scarves. The sofa is upholstered front and back make a pretty side to the bath. There is even fabric on the ceiling—a canvas curtain pulls the skylight. Plants give an outdoors feel and last forever. Bloomcraft fabrics with melamine finish for walls, curtains, and sofa, Greek needlepoint rugs, and antique furniture—from Lord & Taylor. Mahogany cabinetwork around tub from Alter Bath and Kitchen. American Standard tub and basin. Faucets from Paul Associates. Shopping information, page 98.
John Dickinson, architect and interior designer, talks about the bathroom designed for living

'I have designed bathrooms about as big as a minute, and there is nothing wrong with them except that you hustle in and hustle out. They offer neither room nor reason to linger. But given the space, a bathroom can be as alluring, as comfortable, and as solacing as a beautiful living room or bedroom. It should be an indulgence. I like pictures in bathrooms, flowers, a carpeted floor, maybe a fireplace. If you're a tub buff, a telephone where you can get at it, a little television that will sit on the tub or a table, and a standing lamp to read by. Ideally, a dressing room and closets should be incorporated somehow, like a wing or an annex, and the water closet, as architects like to call it, should be in a cubicle of its own. Psychological privacy. The building materials can be anything at all, and the less stereotyped, the more interesting.'

The plan, below, is a complex made possible by space derived from a former bedroom—the new tub area; the original bath, now the shower, closets, toilet cubicle, dressing area, and an expanded hall, now a little study quite open to the master bedroom and the bath proper.
Designed for Dr. and Mrs. Leo Keoshian for their newly remodeled house in San Francisco, the bath is a typical example of Mr. Dickinson's use of unusual materials—or if they are not unusual, he makes them look as though they were. The walls and ceiling, for example: Plain white plaster, they are painstakingly painted to look like what he calls faux cracked marble. "Carole Lansdown did them. She can make anything look like the Parthenon." Everything is Dickinson designed—tub and washbasin console of stainless steel, "put together like jewelry," the plaster tub-side table with its hoof feet, the brass towel warmer, the stone-colored carpeting with its white and garnet border, the white-lacquered closets, the study desk of garnet lacquered wood, the chaise covered in stone-colored wool, the identical lamps, "they're plaster, but look like stone," the white-lacquered bed with carved, Etruscan claw feet.

A white-lacquered column, 1, with a "ruined" top revolves on ball bearings to reveal that it is a cabinet for toiletries. A push puts it back in place. 2. White wool curtains lined with white chintz are looped over brass grommets. Stainless steel washbasin faucet, 3, has nuggety brass handles. Little study. 4, is a greenhouse without greenery, which is all outside on a terrace. From the bath, 5, a glimpse of the bedroom with its wall-hung, bedside, plaster "stone" consoles and lamps. In one console is a telephone and controls for lighting, inside and out, and the music system. New study chair, 7, is ancient Greek in inspiration. The chaise throw is greige on one side, garnet on the other.
Bath takeover continued

Zest for a bath lover’s comfort

Brand-new bath fixtures and appliances style hair, soothe muscles, glow the skin. Their bright colors lift your spirits, too.

1. Portable whirlpool bath adapts to either right- or left-hand tubs. Force and direction of the flow are fully adjustable. There’s a 60-minute timer with it. By Jacuzzi Research.

2. Electric five-roller traveling hairsetter does its work in five minutes flat. For more than five curls, reheat and reset. “Set to Go” by Clairol.

3. Enamel and chrome bathroom fixtures in ten bright colors to choose from. Even the traps and drains are enameled for a total, one-unit look. By Zazzeri of Florence, imported by Fearless Faucets. The fixtures are completely adaptable to American plumbing outlets.


5. It’s a 3-in-1 convertible shower. “The Daisy” is a regular shower, a massager, and an aerated spray. Adaptable to any shower arm and it comes in four House & Garden colors—this one is Tangerine. By Interbath.

6. Nylon hooks that are unbreakable. Left to right: A green grab handle, large and small wall hooks, small, blue, 2-inch ceiling hook, revolving 3-pronged hook, hat and coat hook, and a single coat hook. Each is available in eight colors from The Ironmonger.

7. White vinyl covers the “Hi-Lo” recliner by La-Z-Boy. Casters make it easy to move. Combination sun/heat lamp has a programmed “tanner” so you can regulate strength of ultraviolet and infrared rays according to your skin type. By Norelco.


9. “Pro 700 Pistol Dryer” has own stand so your hands are free to style hair; detachable air concentrator. General Electric.

Shopping information, page 98.

Piero Pinto, architect and interior designer based in Milan but with clients all over the world, talks about the new concept of baths.

“I think that the two most important rooms in a house are the kitchen and the bathroom. The latter—once considered merely a hygienic and precise space—has now invaded the surrounding rooms to become large and open, more suitable to the modern way of life. Planning a bathroom is very important. After all, it is where you start your day, where you can exercise or relax, where you prepare yourself before going out. And in the evening it is a place to unwind after a busy day. I believe that as people come to accept more and more this concept that a bathroom is a live-in room, walls and divisions will no longer have reason to exist—and houses of the future will be planned with this dramatic new concept in mind. In fact, it is already happening—and it is a very exciting development in the way we live.”

Open-air bath in a city apartment

The look of a spa and a rooftop view.
nder the eaves of a city apartment, this bath feels like outdoors. Blues, greens, and turquoise everywhere; green plants and a sunken turquoise tub, like a small pool, near the window wall, which slides back, right, so you feel you are actually on the glorious terrace overlooking Milan. The adjacent wall is covered in hummery fabric, plastic-coated, and opposite it the wall is mirrored, concealing pots. In the ceiling, designer Piero Pinto installed a stainless steel shower fixture that pours down a gentle, wide-radiating spray like rain. Attic-shaped relaxing area's same fabric on ceiling and bed. Chimney is papered in a white wicker pattern.
Here is a house that expresses modern ideas about energy, the environment, marriage, family, careers, vacationing, physical health, privacy, entertaining, architecture and interior design.

Above: Front door, rough granite walls continue into foyer. Exterior is cedar horizontal board sheathing. Opposite page, far right: Cedar-decked pool for an athletic family.

"With the earth that wraps the house up to the windows and the big roof overhangs, we're protected from storms and summer sun."
A brilliant, active couple, Trudy and Marvin Schlachter (he's president of Chess Janus record company, she's a photographer) were Fire Islanders for years. ("We met there on the beach so it had special meaning for us.") But as their family grew, they began to think about building a larger house. They found land looking on to a creek, and commissioned architect Norman Jaffe to get to work. "They are modern, lively; the house had to look forward, but also to be respectful of the environment," he said. He created a low, horizontal design, which practically melts into the landscape and doesn't shout "contemporary" against the placid frame of nature. Yet it is the essence of contemporary building. By wrapping the earth around and designing big roof overhangs, he provided protection in these energy-conscious times. "Contouring the land keeps in heat in winter and cools the structure in summer."

Materials, equipment, page 138.
Easy-care stone and wood for easy living
The Schlachers care about music intensely, playing anything from Vivaldi to Elton John almost all the time. Marvin Schlacher is always bringing home new releases, so quadraphonic stereo has its place here as much as a sofa. The turntable, amplifier, tape deck, records, and cassettes are housed in a neat black Formica unit along one living room wall. Three of the speakers are built into the wall, the fourth is freestanding in a corner. The house is actually a four-part orchestration of rooms. A part for living and entertaining, one for the children, including a playroom adjoining an eat-in kitchen, and another for guests all on ground level. The fourth wing is the Schlachers' private upstairs suite, which is placed sitting room, sauna, and two baths.

“Everything goes together to make it a very pleasant and comfortable experience.”

- Built-in black slate dining table
- Recessed light fixtures
- Kilim rugs in living room
- Formica eating-counter
- Work surfaces
- Play space for children
- Furniture
- Master bedroom
- Nuvana blanket
- View from above
- Fully away from family
- Well-organized music center
Play-it-cool decorating

Natural textures create an atmosphere that flatters people.
"It is an 18th-century house that has become apartments, renovated with no imagination at all, you know, when my client bought it," says interior designer François Catroux, who turned its bland and awkward modernity into an integrated living place with soft, simple sophistication.

Doors and windows all are curtained to the ceiling, which masks the varying heights of the openings, makes the low ceilings seem higher, and "gives a feeling of French countryhouse comfort," says Mr. Catroux. Sculptured brown wall-to-wall carpeting ties together the living room, below and an adjoining informal sitting room, opposite page, where it also covers platform on which banquets sit. Fabric that covers them, a muted, deep-sky blue, ties sitting room walls in the living room above and ceiling makes them seem wide.

Deep symmetrical sofas in blue, print, end tables, antique Chinese bamboo chairs. Three slices of travertine make an angular side table. Lacquered trays on the banquettes sit on the wall.
The dining room is a small room, simply handled — a table and two sideboards with tailored cotton skirts, white painted chairs — a background designed for candlelight, for comfortable dinners and bright conversation. Walls are covered with matchstick blinds bought by the yard that also make windows seem taller than they are. They match the sisal carpet. Curtains are white canvas caught by metal clasps.

The table is covered with small-printed beige and white cotton fabric by David Hicks, complementing patterned china from Persia. Silver candleholders, baskets of daffodils. Christofle glasses, silverware.

DAVID MASSEY
Color Coded Kitchen
to make your cooking and entertaining a whiz

This is an innovative kitchen, ball-bearing smooth in performance, designed to be installed in an area roughly 15 by 20 feet in a new apartment building. Three House & Garden colors are used not only for color's sake, but also, by combining them differently in the various areas, to give each space definition, a change in character.

Where everything is
In the plan, the two red U's define three main areas. Sunlight comes from a single wall of windows shaded by aluminum louvers by Acme-Artforge. At window-sill level, planters for flowers and greenery. Cooling, heating, and a Thermador exhaust system (ventilation for cooktop) are in an overhead beam called an air bar. All ducting and wiring is in ceiling of area 2, 1 foot lower than in area 1. Difference in heights is equalized by area 1's stovepipe downlights. Area 2's ceiling lighting is recessed. All lighting by Lightolier. Running the window length of the room are out-of-the-way upper cabinets for anything not in constant use. In all areas, textured steel cabinets are by St. Charles. Specifically, in area 1:
- Thermador ceramic glass cooktop with four heating units, a griddle, a grill, a warming tray.
- Waste King dishwasher and food waste disposer, the latter in the center unit of the Kohler triple sink. Built-in toaster by Thermador. Wall pantry for canned and dry foods; storage for pots, pans, lids, bottles, and root vegetables.
In area 2:
- Side-by-side freezer-refrigerator by Sub-Zero.
- Thermador microwave, warming, and self-cleaning ovens stacked in a single unit. A fold-up hanging scale, a Thermador built-in electric can opener. Flour and sugar storage drawers, storage for a variety of baking pans, china, glass, and all electric appliances.
In area 3:
- Dining table and chairs for four. Shallow drawers for linen and silver in cooktop peninsula.
Color defines space and organizes areas

Cooking center
Kitchen color and kitchen storage can be as personal as a cook’s cooking—and as varied. But no one ever denies the step-saving blessing of convenience. For example: below, the cooking center, doors closed. Right: The same, doors open. At left, three drawers for pots and pans, grids for the cooktop grill, hot-dish trivets. At right, three tray-drawers, perforated for air circulation, for root vegetables. Top drawer holds kitchen towels, pot holders. In the counter angle, drawers for knives, spatulas, wooden spoons, whisks, and kitchen tools in general. Left: Outside looking in. Through the louvers and (at the moment) azaleas, a view of the dining area and the table set for luncheon.

Dishwasher
Untraditionally but effectively, the dishwasher has textured enameled steel front in the same red of the cabinets. Interior is stainless steel—bright idea.
Glass and china storage

A glassware cabinet is designed in two sections: one, a flexible array of shelves, flat against the wall; the other, a hinged, swing-out section, open on each side, with its shelves rimmed with protective flanges to keep glasses from sliding. Adjustable china cabinet shelves can be set at any height to accommodate various shapes with no waste space; cups are held safe and undamaged in neatly compartmented racks.

Pantry in the Wall

A miniature supermarket, pantry follows the same design principle of the glassware cabinet: four swing-out sections with see-through shelves hold practically a canned harvest. All rear shelves are adjustable to the various heights of cracker and cereal boxes, Mason jars, condiments, detergents, packaged nuts, dog food, baskets—you name it.

Cabinet with table setting makings is only a step from the dining area

Service door next to pantry for convenient deliveries

Strategic span: a pastry counter between ovens and refrigerator

The answer to every cook's dream—all the storage you need, right where you need it

The laundry, a griddle, and a wall scale

The laundry, right, is the fourth of the interlocked spaces that form the kitchen complex. The "stacked" design of the Space Mates washer and dryer is a space saver; the unit takes up only 27 square inches of floor space. Compartments above hold towels and cartons; the adjacent broom closet houses familiar helpers—vacuum cleaner, ironing board, dust pan, a pail.

Far right, top: The center portion of the cooktop goes up, the griddle is put in place, then comes breakfast. When this section of the cooktop is down, it becomes a warmer for food that must wait a while. Far right, bottom: The platform of the wall scale (a must for meticulous cooks) folds down exactly like an inner-door bed, and weighs in grams and ounces up to 7 pounds.

Shopping information, page 98
New whiz kitchen helpers

The right tool to do the job—it's a large part of what makes cooking a pleasure. Whether it's a pyramid of spices or a fully equipped range, this round-up of new gadgets and appliances will save time and improve efficiency. They're all at Great American Idea Centers across America. See page 141.

Tiles by American Olean. For shopping information, page 98.
Star" stainless vegetable mincer
Stainless "Shredmatic" to slice and chop
3-quart "Drain 'n Strain" pot—Mirro
"Jet Gas" tabletop stove—SLB

or mobile dishwasher—Whirlpool
8-cup polypropylene percolator—Mirro
Smooth Top Range, self-cleaning—Caloric
Green parsley chopper from France

izer attachment on grinder—SEB
Stainless steel steamer—Cuisinarts
Automatic drip coffee—General Electric
"Woven Cane" cooktop—Corning

counter top microwave oven—Litton
Easy grip knife for frozen meats, breads
Blender has 4 containers—Hamilton Beach
Vegetables, salad, berry washer—Mouli

ink 25 by 15 inches wide—Kohler
7-quart glass Rumpotf for summer desserts
Disposable spice mills—Internal local spice
Chop, grill—Jenn-Air
Look-good, taste-good, low-calorie

Irresistible Diet Food

Menus, recipes, tips for a delicious week by Helen Corbitt, Food Consultant to The Greenhouse spa

TIPS
It down and think about all things that go into making a attractive, and don't try to it in the supermarket.

Tip: and children respond to size and flavor, which go into of attractive food, and will be unaware of the fact they are eating a lower calorie but satisfying meal.

Follow the old-time nutrition of lean meats, poultry or fresh fruits and vegetables, milk instead of whole, little sugar (there is no biological for it), whipped vegetable margarine in place of butter if you are cholesterol, and less salt.

o snacks unless they are fresh or vegetables. Cook vegetables carefully to insure their vita-

Continued on page 93

RECIPES
PIPERADE WITH CANADIAN BACON
4 teaspoons whipped margarine
1 green pepper, thinly sliced
1 white onion, thinly sliced
2 tomatoes, peeled, seeded, sliced
cabbage, thinly sliced
2 eggs
4 tablespoons skim milk
grated Parmesan cheese
chopped parsley or chives
1 clove garlic, optional
Canadian bacon

Melt 2 teaspoons margarine, add vegetables and cook at medium heat until just tender. Season with salt and pepper. Keep warm. Melt rest of margarine. Mix the eggs and skim milk, with a pinch of salt and pepper. Add to the margarine and cook over low heat until soft

Continued on page 93
There is a story behind Almadén Gewürztraminer.

Long ago on a stony hillside of the Austrian Tyrol the subtly aromatic Traminer white wine grape came into being. From there it spread to the greatest vineyards of all Europe.

Soon wine makers discovered that under ideal conditions of soil and climate a rare strain of Traminer would be produced—one that surpassed the Traminer with a pronounced spicy flavor and a full, flowery aroma. The Germans quickly christened it "Gewürz", or spicy, Traminer.

Years later, we found the elusive growing conditions for this special breed in a tiny corner of the Almadén region of Northern California. In fact, our shy-bearing, pinkish-grey champion is one of the few grapes worthy of the name Gewürztraminer.

See for yourself. Only a fine grape can produce a fine wine. Almadén
Thermador has so many ways to make the joy of cooking add to the joy of living.

Thermador's new Thermaglas smoothtop, above, has cooking conveniences hard to match. The barbecue grill doubles as a gridile or, with the top closed, as a warming surface. Four elements provide any heat from rolling boil to slow simmer. Gives kitchens a beautiful, streamlined, uncluttered look. Model TGT45

Please turn the page
Canning! Pickling! Preserving!
Tips, techniques, unexpected recipes
by Jane Ellis

Equipment needed for pickling, preserving, and canning

- FOR PREPARING FOOD: Jar and jelly glasses—a variety of sizes made by Ball, Kerr, and Le Parfait, cutting board, paring knife, measuring cups and spoons, strainer or colander, blender, food chopper or grinder, cheesecloth and string for spice bags.
- FOR COOKING: Long-handled metal and wooden spoons, food chopper or grinder, cheesecloth and string for spice bags, or nonmetalized containers, glass or pottery or enamelware for vinegar or brine solutions. (Do not use copper, brass, iron, or galvanized utensils for pickling as it will affect taste and color.)
- FOR FILLING JARS: Rubber spatulas, jar lifters, wide-mouth funnel, ladle with a lip, potholders, and clean damp cloth.

Sterilizing Glass Jars
Be sure all jars and lids are perfect. Discard any with cracks, chips, joints, or rust. Wash jars, lids, and bands in hot soapy water and rinse well. In a deep kettle, cover jars with boiling water. Boil for 15 minutes. Leave off water until ready to use. Drain and fill at once.

Note: Water should reach 212° to sterilize. As dishwashers reach only 150°, they should just be used for cleaning.

Closing Glass Jars
There are 3 types of closures: metal screwband and flat metal lid with sealing compound. Wipe jar rim clean. Put lid on, with sealing compound next to glass. Screw metal band down tight. Do not tighten further after removing from canner. Remove metal bands as soon as jars cool. Check seal. If seal is not good, liquid will leak out without band; if band remains on jar, it may explode. Metal lids may be reused if in good condition, rubber rings should not.

Porcelain-lined zinc cap with shoulder rubber ring. Fit wet rubber ring down on jar shoulder, but don't stretch unnecessarily. Fill jar; wipe rubber ring and jar rim clean. Screw cap down firmly and turn it back 1/4 inch. As soon as you take jar from canner, tighten cap to complete seal. Porcelain caps with sealing compound may be used only once.

Glass-hinged lid with rubber ring. Fill jars up to the engraved capacity line, but make sure the rim and rubber ring remain clean. Close jars making sure the rubber ring is well fitted to inner lining of lid and fasten clamp.

Preparing Fruits and Vegetables for Canning
Choose fresh, firm, perfect, fruits and young, tender vegetables. Sort them for size and ripeness; they cook more evenly that way.

Wash small amounts of fruit and vegetables thoroughly under running water, don't soak; they'll lose flavor and nutritive value. Handle gently to avoid bruising.

Processing
Use boiling-water bath for fruits, tomatoes, and pickled vegetables. Put filled glass jars into canner containing hot or boiling water. For raw pack in glass jars have water in canner hot but not boiling; for all other packs have water boiling. Add boiling water, if needed, to bring water an inch or two over tops of containers; don't pour boiling water directly on glass jars. Put cover on canner. When water comes to a rolling boil, start to count process time according to recipe directions. Boil gently and steadily. Add boiling water during processing if needed to keep containers covered. Remove containers from canner immediately when processing time is up.

Use pressure canner for all other vegetables. It is essential to follow manufacturer's directions for your canner, and be sure it is in perfect condition before using.

Test Seal
To test a jar with flat metal lid, press center of lid, if down and will not move, jar is sealed. Or tap center of lid with spoon, if clear ringing sound, seal is good; dull note indicates poor seal. Test seal on glass jars with porcelain-lined or hinged caps by turning jar to be sure there are no leaks.

For expert advice on canning and preserving, write for:
Kerr also publishes 10 Short Lessons in Canning and Freezing (for beginners), 10c; the Kerr Guide to Home Canning and Freezing, free.
Heinz Guide to Successful Pickling, free. Write to Pickling Information Center, Heinz U.S.A., P.O. Box 20, D-17K, Pittsburgh, Pa. 15230.

Stencil your own labels
The American Stencil Kit, above, includes stencil shapes, markers, instructions, and design chart. Write Stencil-Magic, 8 W. Nineteenth Street, New York, N.Y. 10011. $5.50 postpaid.

Continued on next page.
To Store
Wipe jars with clean, damp cloth. Label with name of recipe and date. Store in a dark, dry, cool place where there's no danger of freezing. Freezing may crack the jars or break the seals allowing bacteria to enter, which may cause spoilage.

Pickles and jams are the easiest to keep, so store on high shelves.

Try to can for a year's supply. Pickles improve with age, but most other things just get dusty.

Can in season to take advantage of prices.

Check for signs of spoilage; a bulging lid, leakage, mold, off-odor, usually soft, mushy. If there is even a slight indication of spoilage.

Before Using
Put peppers through a meat grinder, using a medium blade. Cover with boiling water and let stand 5 minutes. Drain mixture and again cover with boiling water and allow to stand 10 more minutes. Drain.

In a saucepan add peppers, onions, sugar, salt, vinegar, mustard seed, and celery seed and bring to a boil and boil for 15 minutes. Put the pepper relish in jars and seal. Makes 4 pints.

CALAMONDIN ORANGE MARMALADE
from Zelma Clark
1 quart Calamondin oranges, washed
1 tablespoon baking soda
boiling water
sugar

Place fruit in a kettle and add baking soda and boiling water to cover. Cover kettle and let stand for 10 minutes. Drain. Wash fruit thoroughly several times in cold water. Cut oranges into rings or small pieces with a sharp knife and remove seeds. Measure fruit and return it to kettle. Add 1 cup water per 1 cup fruit. Bring mixture to boil and simmer until tender (about 1 hour). Cool. Measure marmalade stock and return to kettle and add 1 cup sugar to 1 cup stock, stirring until dissolved. Bring mixture to a boil and boil rapidly until jelly state is reached. To prevent marmalade from scorching, stir constantly with a wooden spoon the last 5-10 minutes. Remove kettle from heat and cool for a few minutes to expel all bubbles. Pour into sterilized jars and seal immediately. Makes about 1½ pints jelly.

ZUCCHINI PICKLES
1 quart Heinz Distilled White Vinegar
2 cups granulated sugar
½ cup salt
2 teaspoons celery seed
2 teaspoons ground turmeric
1 teaspoon dry mustard
5 pounds zucchini (5-6 inches), unpeeled, cut into ½-inch slices
1 quart onions, thinly sliced (4-5 medium)

In a large kettle add vinegar, sugar, salt, celery seed, turmeric, and mustard and bring to a boil. In a bowl place zucchini and onions and pour boiling liquid over them; let stand 1 hour, stirring mixture occasionally. In a saucepot, bring mixture to a boil and simmer for 3 minutes. Continue simmering while quickly packing 1 clean hot jar at a time. Fill to within ½ inch of top making sure vinegar solution covers vegetables. Cap each jar at once. Process 5 minutes in boiling water bath. 6-7 pints.

Continued on page 97
Isn't now the time to own the kitchen you've dreamed of all these years... one that's custom-fashioned for your way of life? Your St. Charles dealer-designer will create a fashion kitchen that is a total reflection of you, mirroring your ideas, your favorite colors, your individuality. Imaginatively coordinated. Efficiently workable. Pictured is our new Shaker kitchen, which embodies the functional purity and elegant simplicity of distinctive Shaker craftsmanship.

Let us create the one fashion kitchen that is right for you.
Cooking classes coast to coast
Yankee soul food in Dallas, Italian party food in San Francisco, easy mixed-up breads in New York

CORN OYSTERS WITH GREEN CHILIES
2 cups fresh corn, scraped off the cob and drained
2 egg yolks
1/4 cup green chilies, seeded and chopped fine
1/2 cup flour
1 teaspoon baking powder
1/2 teaspoon salt
2 egg whites, beaten stiff
flour and pepper to taste
In a separate bowl mix flour, baking powder, salt and pepper to taste. Be careful not to overcook. Mix corn, egg yolks, and chilies. Place the dough back in the mixing bowl and pat all over with butter or greased fingers to keep the surface from crusting. Cover and let rise 30 minutes or until double in size. Place in a greased pan and bake at 375° for 50 minutes. Slice and serve.
I passed up reducing sessions and lost 77 pounds.

By Jerrie Wooley — as told to Ruth L. McCarthy

Some things you can afford in life, and others you can’t. Me? I couldn’t afford to get fatter than 197 pounds. Nor did I have the money for those group sessions where they talk you into reducing. But I was determined to lose weight.

I’d been overweight for as long as I could remember. Fact is, I used to think I’d been born with a lot of “fat cells”. But the real reason was I couldn’t walk away from my mother’s cooking. So by the time I got to eighth grade, I weighed near 160 pounds.

My mother finally took me to a doctor and he gave me reducing pills. They helped me lose some, so I could graduate in a “skinny” dress. But shortly after graduation, I gave up the pills and started eating and gaining all over again.

Why, I even got married fat. Young, too. At the age of seventeen. My life from then on was one diet and reducing pill after another.

At 170 pounds, after my second child was born, I developed bulging varicose veins — which called for an operation. “But not till you lose a lot of weight,” the doctor warned. I got so discouraged at this point, I went home and eventually ate myself up to 197 pounds. It was terrible.

Even my uncle who comes to visit us only once a year noticed it. “Are you staying in the kitchen because you’re ashamed of how you look?” he yelled from the living room. That hurt.

But that’s what got me into action.

I’d been reading those ads about that reducing-plan candy, Ayds®, and when a nurse friend suggested I try them, I bought a box of the vanilla caramel kind at our local store.

I’m a great label reader. And when I read that Ayds contain vitamins and minerals, but no drugs, I started on the plan with hope. Stubbornness, too. I was determined to prove to my family I could lose weight without spending a lot of money on weekly sessions.

On the Ayds plan, I took one or two Ayds before meals with a hot drink and they really helped me cut back. However, it wasn’t until I’d taken off 19 pounds that I realized how it showed. We were at my sister-in-law’s for dinner and being from the country, she sets a big table. Well, I didn’t want to insult her by turning down seconds, so I owned up to reducing. She said: “We kind of noticed you were losing” and didn’t force me to eat after that.

Of course, my doctor was delighted. Losing over 70 pounds on the Ayds plan sure made my varicose veins operation easier. They had to wrap me in bandages from my thighs down, but at least they didn’t need a crane to get me up.

When I finally got down to 120 pounds, I could hardly believe it myself. But the biggest thrill is to walk into a store and, thanks to the Ayds plan, now find racks of clothes that’ll fit me.

Note: For a free, fact-filled 32-page booklet on overweight, its causes, and how Ayds works to help you lose weight, send 10¢ for postage/handling to Campana, Dept. HG-675, Batavia, Illinois 60510.

BEFORE AND AFTER MEASUREMENTS

<table>
<thead>
<tr>
<th>Before</th>
<th>After</th>
</tr>
</thead>
<tbody>
<tr>
<td>Height</td>
<td>5’1”</td>
</tr>
<tr>
<td>Weight</td>
<td>197 lbs</td>
</tr>
<tr>
<td>Bust</td>
<td>42”</td>
</tr>
<tr>
<td>Waist</td>
<td>34”</td>
</tr>
<tr>
<td>Hips</td>
<td>52”</td>
</tr>
<tr>
<td>Dress</td>
<td>20½”</td>
</tr>
<tr>
<td>1975</td>
<td>120 lbs</td>
</tr>
<tr>
<td>34”</td>
<td>25½”</td>
</tr>
<tr>
<td>34”</td>
<td>34”</td>
</tr>
<tr>
<td>197 lbs</td>
<td>120 lbs.</td>
</tr>
</tbody>
</table>

Note: For a free, fact-filled 32-page booklet on overweight, its causes, and how Ayds works to help you lose weight, send 10¢ for postage/handling to Campana, Dept. HG-075, Batavia, Illinois 60510.
BIBB LETTUCE MIMOSA
4 heads Bibb lettuce, washed and crisped
1 egg yolk, hard-cooked and riced
1/2 cup salad oil
2 tablespoons lemon juice
2 teaspoons salt and freshly ground white pepper
3 small avocados, halved

Toss the lettuce with egg yolk and a salad dressing made of salad oil, olive oil, lemon juice, and salt and freshly ground pepper to taste. Top the salad with small avocado halves. Serves 6.

RICE WITH PINE NUTS
1/4 cup butter
2 tablespoons onion, minced
1 cup rice
2 1/2 cups beef or chicken consomme
1/2 cup toasted pine nuts
1/4 cup parsley, chopped
1/2 cup plus 2 tablespoons flour
1/2 cup melted butter

Preheat oven to 400°. Peel, core, and slice apples thin. In a large bowl toss apples with 1 cup sugar, 2 tablespoons flour, cinnamon, lemon peel, salt and pour into pie shell. In a separate bowl mix remaining flour, sugar, cheese, butter, sprinkle over apple mixture. Bake 45 minutes. Serve warm with sour cream. Serves 6.

CHEDDAR APPLE PIE
6 large Delicious apples or enough to pile apples high
1/2 cups sugar
1/2 cup plus 2 tablespoons flour
1/2 teaspoon cinnamon
1 teaspoon lemon peel, grated
1/2 teaspoon salt
1 uncooked pie shell
1/2 cup New York State sharp Cheddar cheese, grated
1/4 cup melted butter

Preheat oven to 400°. Peel, core, and slice apples thin. In a large bowl toss apples with 1 cup sugar, 2 tablespoons flour, cinnamon, lemon peel, salt and pour into pie shell. In a separate bowl mix remaining flour, sugar, cheese, butter, sprinkle over apple mixture. Bake 40 minutes. Serve warm with sour cream. Serves 6.
**Irresistible diet foods**

*continued from page 81*

- "Anyone dieting for cosmetic reasons should accept the fact that a low-calorie diet alone will not do much for inches; just as exercise alone does not do much for weight reduction, but you do need both!"

- "Breakfast is a personal thing for most people, but I recommend fresh fruit or juice, 1 egg or 2 ounces cottage cheese, and 1 very thin slice dry toast to give a good start for the day."

- "A demitasse cup of soup is a good pick-me-up. Everyone should not do much for weight reduction, but you do need both!"

- "Any salad dressing can be cut down with water to decrease calories. It is only the flavor you want in the sauce, and a teaspoonful on a small salad is enough. Everyone has a tendency to overdress a salad."

- "Use grated citrus fruit peel to flavor vegetables. Grated vegetables such as carrots, beets and red cabbage add color and flavor to vegetable dishes."

---

**Recipes**

*continued from page 81*

<table>
<thead>
<tr>
<th>Cold Lemon Souffle</th>
<th>Tandoori Roast Chicken</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 tablespoons unflavored gelatin</td>
<td>3 cups plain yoghurt</td>
</tr>
<tr>
<td>1/2 cups cold milk</td>
<td>6 cloves garlic, crushed</td>
</tr>
<tr>
<td>2 egg yolks</td>
<td>1/2 teaspoons fresh ginger, grated</td>
</tr>
<tr>
<td>1/4 cup lemon juice</td>
<td>1/2 cup lime juice</td>
</tr>
<tr>
<td>Pinch of salt</td>
<td>2 tablespoons coriander, ground</td>
</tr>
<tr>
<td>2 teaspoons sugar substitute</td>
<td>1 teaspoon cayenne pepper</td>
</tr>
<tr>
<td>(or more)</td>
<td>1 teaspoon powdered anise</td>
</tr>
<tr>
<td>1 teaspoon grated lemon peel</td>
<td>2 1/2-pound broiler chickens lime wedges</td>
</tr>
<tr>
<td>1/2 teaspoon lemon extract</td>
<td>1 onion, sliced and steamed</td>
</tr>
<tr>
<td>2 eggs whites</td>
<td>Mix yoghurt, garlic, ginger, lime juice, and spices. Rub chicken in side and out with mixture. Place in a bowl and pour rest of marinate over. Cover and marinade in the refrigerator for 24 to 48 hours. Turn chicken if not completely covered, at least once. Preheat oven to 375°F. Remove chicken from marinade, place in a pan and roast until done, about 1 hour. Baste with the marinade. Do not serve with wedge of lime and onion. Do turkey the same way. Serves 8. Half chicken 185 calories; 8 chicken 93 calories.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Beet Yoghurt Soup</th>
<th>Eggplant Provençale</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 cup cooked beets, finely chopped</td>
<td>1 eggplant peeled and sliced in 1-inch-thick slices</td>
</tr>
<tr>
<td>1 cup hard-cooked egg white, finely chopped</td>
<td>2 cups fresh tomatoes, peeled, seeded, and chopped</td>
</tr>
<tr>
<td>1/2 cup cucumber, finely chopped</td>
<td>1 cup onion, chopped and cooked</td>
</tr>
<tr>
<td>1 green onions, finely chopped</td>
<td>1 clove garlic, minced pinch of thyme</td>
</tr>
<tr>
<td>1/2 teaspoon dill weed</td>
<td>4 tablespoons parsley, chopped salt and pepper</td>
</tr>
<tr>
<td>1 cup yoghurt</td>
<td>Parmesan cheese</td>
</tr>
<tr>
<td>1/2 cup shrimp, finely chopped</td>
<td>Put eggplant slices on a lightly oiled pan and broil about 8 minutes. Set aside. Sauté remaining vegetables and herbs and cook until thickened. Season with salt and pepper. Place on top of the eggplant. Sprinkle with cheese and bake in 350°F oven until hot and golden brown. Serves 8. 31 calories per serving.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Apricot Sponge</th>
<th>Zucchini and Cherry Tomatoes with Sesame Seeds</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 tablespoon unflavored gelatin</td>
<td>2 or 3 zucchini</td>
</tr>
<tr>
<td>1 cup skim milk</td>
<td>1 tablespoon whipped margarine</td>
</tr>
<tr>
<td>2 eggs, separated</td>
<td>2 tablespoons unflavored onion, finely chopped</td>
</tr>
<tr>
<td>1 teaspoon sugar substitute</td>
<td>1/2 clove garlic, finely chopped</td>
</tr>
<tr>
<td>1 tablespoon lemon extract</td>
<td>1/2 cup cherry tomatoes, cut in half</td>
</tr>
<tr>
<td>Optional: soft custard, pureed fruit</td>
<td>salt and freshly ground pepper</td>
</tr>
<tr>
<td>Optional: soft custard, pureed fruit</td>
<td>1 tablespoon sesame seeds, toasted</td>
</tr>
<tr>
<td>Ice cubes</td>
<td>2 tablespoons parsley, finely chopped</td>
</tr>
<tr>
<td>Dissolve gelatin in milk. Beat egg yolks until lemon yellow and add to milk. Heat over hot water until gelatin is dissolved and mixture thickens. Remove, cool and add apricot, sugar substitute and almond extract. As it begins to congeal, fold in stiffly beaten egg whites. Pour into mold and chill. Unmold and serve with soft custard or pured fresh strawberries if you wish. Serves 6. 59 calories per serving.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Cold Lemon Souffle</th>
<th>Tandoori Roast Chicken</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 tablespoons unflavored gelatin</td>
<td>3 cups plain yoghurt</td>
</tr>
<tr>
<td>1 1/2 cups cold milk</td>
<td>6 cloves garlic, crushed</td>
</tr>
<tr>
<td>2 egg yolks</td>
<td>1/2 teaspoons fresh ginger, grated</td>
</tr>
<tr>
<td>1/4 cup lemon juice</td>
<td>1/2 cup lime juice</td>
</tr>
<tr>
<td>Pinch of salt</td>
<td>2 tablespoons coriander, ground</td>
</tr>
<tr>
<td>2 teaspoons sugar substitute</td>
<td>1 teaspoon cayenne pepper</td>
</tr>
<tr>
<td>(or more)</td>
<td>1 teaspoon powdered anise</td>
</tr>
<tr>
<td>1 teaspoon grated lemon peel</td>
<td>2 1/2-pound broiler chickens lime wedges</td>
</tr>
<tr>
<td>1/2 teaspoon lemon extract</td>
<td>1 onion, sliced and steamed</td>
</tr>
<tr>
<td>2 eggs whites</td>
<td>Mix yoghurt, garlic, ginger, lime juice, and spices. Rub chicken in side and out with mixture. Place in a bowl and pour rest of marinate over. Cover and marinade in the refrigerator for 24 to 48 hours. Turn chicken if not completely covered, at least once. Preheat oven to 375°F. Remove chicken from marinade, place in a pan and roast until done, about 1 hour. Baste with the marinade. Do not serve with wedge of lime and onion. Do turkey the same way. Serves 8. Half chicken 185 calories; 8 chicken 93 calories.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Apricot Sponge</th>
<th>Zucchini and Cherry Tomatoes with Sesame Seeds</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 tablespoon unflavored gelatin</td>
<td>2 or 3 zucchini</td>
</tr>
<tr>
<td>1 cup skim milk</td>
<td>1 tablespoon whipped margarine</td>
</tr>
<tr>
<td>2 eggs, separated</td>
<td>2 tablespoons unflavored onion, finely chopped</td>
</tr>
<tr>
<td>1 teaspoon sugar substitute</td>
<td>1/2 clove garlic, finely chopped</td>
</tr>
<tr>
<td>1 tablespoon lemon extract</td>
<td>1/2 cup cherry tomatoes, cut in half</td>
</tr>
<tr>
<td>Optional: soft custard, pureed fruit</td>
<td>salt and freshly ground pepper</td>
</tr>
<tr>
<td>Optional: soft custard, pureed fruit</td>
<td>1 tablespoon sesame seeds, toasted</td>
</tr>
<tr>
<td>Ice cubes</td>
<td>2 tablespoons parsley, finely chopped</td>
</tr>
<tr>
<td>Dissolve gelatin in milk. Beat egg yolks until lemon yellow and add to milk. Heat over hot water until gelatin is dissolved and mixture thickens. Remove, cool and add apricot, sugar substitute and almond extract. As it begins to congeal, fold in stiffly beaten egg whites. Pour into mold and chill. Unmold and serve with soft custard or pured fresh strawberries if you wish. Serves 6. 59 calories per serving.</td>
<td></td>
</tr>
</tbody>
</table>
FILLET OF SOLE ROLADE

1 thin slice fresh salmon, cut in 4 pieces
4 fillets of sole, 2-to-3 ounces each
1/2 cup white wine
1/2 cup water
4 slices lemon
1 teaspoon dill weed
1/2 teaspoon salt
1/2 teaspoon white pepper
1 teaspoon cinnamon
1/4 teaspoon white pepper
1/2 cup dry white wine

Cooked veal, a little stock, and squares fish, a little stock, and vegetables

Fillet of sole, 2-to 3-ounces each, about 10 minutes or until fish cooked very

When we invited readers to reply to our questionnaire “How liberated is your household?” last January, we wanted to open up a dialogue with them. And we certainly did. Thousands answered, many with letters expressing their feelings in depth and detail. These answers told us they are adjusting to changing roles, living on the leading edge of social trends. Most—almost three-quarters—feel their households are liberated in the way they want them liberated, they are satisfied with the division of labor and responsibility. “Our household is completely liberated in that there is nothing I wish to be liberated from in my lifestyle. I enjoy our home and everything I do in it and my husband feels the same. We’re very lucky…”

“We split duties. I cook, she washes. She cooks, I wash. I do wish she would vacuum more—but then, it’s more important to me than to her so…”

“It takes a lot of learning to find out what you or your partner’s priorities are—is a clean house more important than clean clothes or good food? Be cool till you learn.”

“‘Our division’ of labor has changed back and forth depending on outside responsibilities. What is true is not necessarily unchangeable.”

“Satisfaction has evolved from years of refinement, heated discussions—and we each still reserve the right to go on strike to get our points across.”

“Being liberated is a state of mind, not an exercise in pursuing accomplishments outside the home. It’s having the option of choosing. My choice has changed and I wish those who choose to accomplish outside would appreciate those of us who choose to accomplish inside the home.”

And almost all of our readers report they are doing more at home especially—more crafts, more gardening, more cooking. A craftsroom or studio was the room most wanted by more than half, followed by a greenhouse or garden room and a home office.

Readers also report more sharing. Of financial responsibility—in more than half the households there are two incomes. Finances, credit cards, bank accounts are managed jointly in still more. Of decisions—whether it’s the color of the rug or the move to a new house, they are made jointly in half the households. Even some sharing of chores—but less and with only a third able to count on paid help, this is the major source of dissatisfaction of those dissatisfied. “I am a feminist but because we can afford paid help to do the household dirty work, we have not been forced to change roles much.”

“I wish other members of the family would do more without being asked.”

“My husband doesn’t notice what needs straightening or cleaning around the house. So although he is willing to help I always have to point out what needs to be done.”

“Having been liberated for so many years—would just love the idea of being unliberated, to be taken care of and not have to shoulder half or many times most of the responsibilities, children, and business.”

But even a great many who feel less than liberated see progress. “I want the children and my husband to participate more and am gradually training them.”

“We’re working toward a 50-50 sharing of care of children and house, and of earning the money.”

“My family doesn’t share enough chores or responsibility. We discuss it and we are slowly becoming a happier group of people.”

Most agree that, as one put it, “it’s not who does what, it’s the attitude that matters.”
sprinkle in 2 ounces sugar and come heat until stiff peaks are formed.

Pour the hot mixture into a serving bowl and put beaten egg whites on top.

Make caramel by mixing 2 ounces sugar with water and a small piece of buttered toast. Do not pour; caramel could turn into a hard, thick mass.

MONDAY DINNER

ABOUT:

- Steak ($1.59 a pound) $1.30
- Blue cheese, 3 ounces .25
- Baked squash, frozen, 1/2 lb $0.29
- Vanilla .05
- Cornstarch .02
- Sugar, eggs, milk (included in week's staples) $1.81

POACHED EGGS IN GELATIN

Eggs
tablespoons cider vinegar
beef-flavored bouillon cube
small leaf lettuce, shredded
very thin slices tomato
ham

Put 3/4 cup water in saucepan; add gelatin, previously dissolved in 3/4 cup water and bouillon cube. Divide shredded lettuce between individual souffle dishes and pour in cooled gelatin mixture until they are half filled. Refrigerate. When gelatin is starting to "jiggle," poach each egg, cover with ham and tomato and cover with gelatin to very edge of dish. Chill for 2 hours.

This poached egg can be over-topped on a bed of lettuce and served. It can be eaten with a spoon directly from the dish.

HOMEBAKED CAKE

quick to make, easy to keep in tin and use at any time.

ounces sweet butter
ounces flour, presifted
ounces sugar
ounces eggs (5 large-size eggs are just about right)
ounces dried prunes

Get butter soft in bowl and mix in flour, sugar, and eggs. When batter is smooth and creamy, set it aside while greasing (with butter) and flouring 9-inch cake pan. Pour half of batter and place dried prunes on top. Cover with the rest of the batter, and smooth with rubber spatula.

Bake at 425° for first 15 minutes, at 350° for 10 minutes, and 350° for rest of time. Total baking time: 45-50 minutes.

Take out when cake is nicely browned and when a knife inserted in center comes out dry. Unmold after 5 minutes.

Note: This cake can be baked with very different kinds of dried fruit. It also turns out very nicely with chocolate chips and walnuts.

TUESDAY LUNCH

ABOUT:

- Eggs (in week's staples)
- Cake (in week's staples)
- Ham, lettuce, and tomato trim $0.20
- Gelatin (envelope costs .04c)
- 2 bananas (21c a pound) .14

SHOULDER PORK CHOPS WITH HERBS

2 pork chops powdered herbs (oregano, marjoram, thyme)
1 teaspoon lard
1 tablespoon butter
salt and pepper

Sprinkle pork chops with herbs and press so that particles will stick. Cool for 45 minutes. Melt lard in skillet and sauté chops until browned and finish cooking in broiler. Put a dash of butter on top of each chop before serving, after seasoning them with salt and pepper.

GREAT NORTHERN WHITE BEANS IN TOMATO SAUCE

6 ounces dried Great Northern white beans
1 beef bouillon cube
1 tablespoon olive oil
1 onion, chopped
1 10 1/2-ounce can whole tomatoes
salt and pepper
1 bay leaf

go into 1 1/2 quarts boiling water with bouillon cube. If you have a leftover bone (for example, lamb shank bone) put it in the bean pot, too. Simmer for 35 minutes until the beans are tender.

While beans are boiling, heat olive oil in skillet. Cook onion until transparent, add whole tomatoes, salt, pepper, bay leaf, garlic powder, oregano. Break up tomatoes with wooden spoon and simmer for 3/4 hour.

Remove bone from beans, strain. Take bay leaf from tomato mixture, pour in beans, stir and serve.

TUESDAY DINNER

ABOUT:

- 2 shoulder pork chops $0.91
- (85c a pound)
- Lard .02
- 6 ounces white beans .17
- Tomatoes .21
- 3 pineapple .19
- Kirsch .20

$1.69

POTATO AND BOLOGNA SALAD

3 medium-sized cooked potatoes
1 small pickle

Dice potatoes and bologna. Mix in chopped pickle and dressing (2 tablespoons Dijon mustard, 1 tablespoon wine vinegar, 3 tablespoons vegetable oil).

WEDNESDAY LUNCH

ABOUT:

- Pickle $0.02
- Tomatoes .07
- Bologna (in week's staples) Fresh pears, two .22

$0.31

BEAST OF VEAU AMERICAINNE

1 1/2 pounds breast of veal, cut into long thin chops by butcher
2 tablespoons olive oil

Saute breast of veal in olive oil
jice of 1/2 lemon
1/2 bay leaf
pinch of marjoram leaves
1/4 cup beef cube

Sauté veal in olive oil over low heat; remove and replace with finely chopped onion. When transparent, add tomatoes, tomato paste, parsley, bay leaf, and marjoram tied into a bundle, dash of garlic powder. Put meat back; pour in white wine. Sprinkle salt, pepper, and cayenne to taste. Cover and cook slowly 1 hour.

WEDNESDAY DINNER

ABOUT:

- Breast of veal (90c a pound) $1.50
- Rice (2 cups cooked) .11
- Tomatoes (10-ounce can) .21
- Fennel .39
- 2 bananas .14
- Tomato paste .05
- White wine .15

$2.55

SALMON, CELERY, AND CORN SALAD

7 1/2-ounce can salmon juice of 1/2 lemon

Continued on next page

Gerber Chef Set...

Practical Elegance For Any Kitchen!

Handcrafted of extremely hard 440C stainless steel, recognized for its great edge holding, these fantastic knives make a breeze of any cutting chore. Set composed of 8 French blades makes short work of dicing or preparing vegetables... even meat. Famous Pixie with its 3" paring blade and the Durendal with its practical 6 1/2" carving and boning blade are just what the "chef" ordered. Knives are dishwasher safe and set comes with solid walnut wall shield. $40.

Write for FREE catalog of kitchen, carving and steak knives and name of store nearest you.

Gerber Legendary Blades
14200 S.W. 72nd Ave., Dept. HG-7 Portland, Oregon 97223

JULY, 1975
and put into olive oil, mustard, and vinegar dressing. Add peas and tuna. Let stand for 30 minutes, stirring occasionally. Pour into bowl that has shred-lettuce at bottom; decorate with sliced egg, tomato, and radishes (and olives). Toss with dressing and serve.

SATURDAY LUNCH, ABOUT:
10%-ounce can chickpeas .029
Tuna flakes .49
Tomato .15
Grapes (49¢ a pound) .36
$1.29

BAKED ZUCCHINI
AND RICE
1 pound zucchini
1 1/2 cup rice
6 ounces grated Swiss cheese
2 eggs
salt and pepper
Peel and cut zucchini into thick slices. Put into boiling salted water, cooking until tender. Drain and press out excess liquid with back of fork. Pour into oven dish and sprinkle with 1/2 cup rice. Handle sour cream and grated cheese into eggs and pour over zucchini mixture with a fork. Season to taste. Cook at 350° for 40 minutes until golden brown.

SLICED ORANGES
2 oranges
1 tablespoon sugar
1 tablespoon orange brandy
Add oranges into thin slices; take out seeds and pour with juice into serving dish. Mix in sugar and brandy and cool for 1 hour.

SATURDAY DINNER, ABOUT:
1 pound zucchini
$0.49
Sour cream .33
2 eggs (in week's staples) .06
1/2 cup uncooked rice
Orange brandy .15
$1.05

CHICKEN WITH NOODLES
AND GRATIN
1 carrot, chopped
1 onion, chopped
1 potato, chopped
1 stalk celery, chopped
1 turnip, chopped
3 chicken thighs
2 small onions
6 ounces mushrooms
1 tablespoon butter
1 teaspoon lemon juice
8 ounces egg noodles
3/4 ounces sour cream
salt and pepper
1/2 ounce grated Swiss cheese
Heat 1 quart sauteed mushrooms with 1/2 cup white wine, brandy, 1/2 cup water, cooking until tender. Drain and press out excess liquid with back of fork. Pour into oven dish and sprinkle with 1/2 cup rice. Handle sour cream and grated cheese into eggs and pour over zucchini mixture with a fork. Season to taste. Cook at 350° for 40 minutes until golden brown.

Breakfasts
Monday: Fresh orange juice, poached eggs on buttered toast, coffee or tea.
Tuesday: Fresh grapefruit juice, Swiss cheese on buttered toast, coffee or tea.
Wednesday: 1/2 grapefruit; soft-boiled eggs, toast, butter, jelly, coffee or tea.
Thursday: Fresh orange juice, hot oatmeal with sugar, toast, butter, jelly, coffee or tea.
Friday: prune compote; corn flakes with sugar and currants, coffee or tea.
Saturday: scrambled eggs and bacon; toast, butter, jelly, coffee or tea.
Sunday: Dry cereal with tangerine sections; toast, butter, jelly, coffee or tea.
RAISED BUTTERMILK BREAD

1/2 cups all-purpose flour, approximately
packages dry yeast
cup buttermilk
cup water
tablespoons shortening
tablespoons sugar
3 tablespoons lemon juice
3 cups milk
1 egg
teaspoon salt


CRANBERRY CATSUP

from Althea Knudloss
4 pounds cranberries
1/2 cups water
1/2 cups vinegar
2 teaspoons cloves
1/2 teaspoon allspice
1/2 teaspoon mace
1 stick cinnamon
3 cups brown sugar

Boil. Cook until cranberries are soft and mixture is syrupy. Strain. Pour into sterilized jars, seal. Makes 3 pints.

PLUM GUMBO

by Mollie E. C. Webster
3 pounds ripe plums, cleaned
1 pound seeded raisins, chopped
2 oranges, sliced thin
2 tablespoons lemon juice
3 cups vinegar
1/2 cup sugar
3 cups brown sugar, for topping

Boil. Cook until plums are soft and mixture is syrupy. Strain. Pour into sterilized jars, seal. About 2/3 pints.

CHINESE PEAR PRESERVES

3 pounds pears, peeled and quartered
1/2 cup sugar
3 cups vinegar

Boil. Cook until pears are transparent and mixture is syrupy. Strain. Pour into sterilized jars, seal. Makes 5-6 pints.

APPLE CHILI SAUCE

from Althea Knudloss
4 pounds apples, cored, peeled, and finely chopped
2 cups cider vinegar
1 cup orange juice
1/2 cup sugar
1 tablespoon dry mustard
1/2 teaspoon lemon juice

Boil. Cook until apples are soft and mixture is syrupy. Strain. Pour into sterilized jars, seal. Makes 8-ounce jars.

TOMATO SAUCE

from Peter Birnbaum
6 stalks celery, coarsely chopped
3 large carrots, coarsely chopped
2 onions, coarsely chopped
3 pounds tomatoes (Italian plum tomatoes, if possible), halved
5 tablespoons olive oil
salt, to taste
pepper, to taste
rosemary, to taste
oregano, to taste

In a large kettle add all ingredients except salt. Simmer until fruit is soft. Rub mixture through a sieve. Return mixture to kettle and add sugar and cook until thick. Seal in sterilized jars. Makes 3 pints.

CHAMPAGNE ORANGE JELLY

1 cup orange juice
1 cup Great Western New York State Extra Dry Champagne
3 cups sugar
6 ounces (1/2 bottle) fruit pectin

In a medium-sized saucepan combine orange juice, champagne, and sugar. Bring to a boil, cover, and boil for 1 minute. Add pectin and bring to a boil again. Remove the pan from heat and skimm off any foam that exists. Pour the jelly into 3 8-ounce glasses.

FRESH NECTARINE JAM

1 1/2-2 pounds fresh California nectarines
1/2 cup lime juice
1 8-ounce can applesauce
1 package powdered pectin (4 oz each)
5 1/2 cups sugar
paraffin

Rinse nectarines, remove pits and chop unpared fruit to measure 3 cups. Place fruit in a saucepan with lime juice, applesauce, and powdered pectin. Bring mixture to a boil and hold for 1/2 hours, stirring often. Add vinegar, sugar, musterd seed, and salt and cook until mixture is quite thick. Taste while cooking, and if a sharper flavor is desired, add dry mustard or pepper or both. Pour into sterilized jars, seal. Makes 5-6 pints.
**Shopping Information**

All prices approximate. *Store your interior designer or store decorating department. Postage indicated by ( ).**

---

**SUMMER DAYS**


**“scan” dented:** 397; 80, 580, 397; 80% high finish wood slats, polyurethane and molded cushions. Designed by Lella and Massimo Vignelli. Needlepoint zebra rug: handmade by Robert Taylor. $455 est. materials.

Lounge chair and ottoman: leather frame, canvas slip seat and back, canvas head pillow. Chair, $247; ottoman, $78. Designed by Laugé Vester-gaard for Cado Royal System. At Mur-ter Lipson.

“Living Red” 91" x 78" x 17" high. Jacquard wood, cushions of polyurethane covered in red and white stripes. Designed by Abi Tashkin.


**PUBLICATIONS**


2. "Go" electric hairsetter:
   - 5" Kindness"-tangle-free rollers, no water or lotion necessary, $16.50. By Clairol.

3. Enamel and chrome bathroom fixtures: faucet sets include all necessary connections, drains, traps, adapt-
THE PURCHASE OF A LIFETIME Only $22.95

50 PIECE SET... PISTOL-HANDLED FLATWARE OF 1776... Reproduced as authentic replicas in satin finish stainless
NOT $44.95! NOT $34.95! ONLY $22.95!

Your home can reflect the candlelight appeal and gracious atmosphere of Early American Colonial elegance when you grace your table with his incredibly beautiful service. Through a special purchase, we can offer you the famous Pistol-Handled Flatware with all its stunning Colonial simplicity in magnificent, satin finish stainless steel at just a fraction of what you would pay for luxurious Sterling Silver. Each and every piece is a masterpiece of authenticity—an exquisite replica of the famous Paul Revere settings that highlighted many a candlelit Colonial dinner. The knives are the genuine hollow pistol grip handles; the forks are the graceful 3-tined design. And the entire 50-Piece Set is made of modern stainless steel, to give you years of carefree service.

LIMITED SUPPLY AVAILABLE AT THIS VERY SPECIAL LOW, LOW PRICE

Don’t be disappointed! Take advantage of this amazing low price while our supplies last. Order now and we’ll send you the complete service for 8 including 8 Pistol Grip Hollow Handle Knives; 8 Dinner Forks; 8 Salad Forks; 8 Soup Spoons; 16 Teaspoons PLUS a SPECIAL FREE GIFT of a matching Butter Knife and Sugar Spoon—50 pieces in all. The entire set is yours for just $22.95 on full money back guarantee if you are not absolutely delighted. But don’t delay. Due to the rising cost of quality stainless steel, the price of this set will be increased in the very near future. Take advantage of our truly low price while current supplies last. Mail coupon today!
This "OUT-OF-SIGHT" adjustable bracket eliminates the mess and bother of taking plants down every time you water them! Its unique L shape design supports any standard size potted plant and saucer.

USE INDOORS OR OUT ... Hang your plants on window frames and doorways, decorate walls, fences or posts, use ANYWHERE! Adds beauty to your house and garden. Great Gift Idea! Made of durable steel with rust-proof finish. Mounting screws included.

MONEY BACK IF NOT DELIGHTED. Only $4.95

House of Hist, Dept 2075
106 Montague Street
Brooklyn, N.Y. 11201

SAUNA SLIM SUIT
POUNDS & INCHES MELTED AWAY

PUTTING ON THE DOG . . .

You'll enjoy making this unique needlepoint Dog Coat and Tote Bag in monogrammed Fleur de Lis or Plaid

Needlepoint Coat,
Sizes 10 & 12, $26 14 & 16, $29
Shoulder Tote to match, 11 x 13" in washable blue vinyl with zip-off needlepoint pocket... $37.50
All in brown, blue or green against white. Kits include canvas, Paternayan, Persian, needle, instructions.

COTERIE CLASSICS LTD, Dept HG-75
360 East 6th St., New York, N.Y. 10012

ADMIRAL'S LAMP
Reproduction of the oil lamp used in the Admiral's quarters on the old Man-of-War ships. Made in Denmark of solid polished and lacquered brass. Stands 14 1/2" h. with 5 1/2" base. Burns regular or odorless kerosene only. $39.98 plus $2.50 post. Send 50c for catalogue, House of Minnel, HG7, Deerpath Rd., Batavia, IL 60510.

COLLECTIBLE

SALE $1000.00 OR MORE THIS YEAR! (10% of your net income)

SALE $1000.00 OR MORE THIS YEAR!

Control Your Financial Future!
A unique money management kit with step-by-step, easy-to-understand instructions puts you in control of your financial situation. Now you can have an organized plan for saving and spending. Only 10 minutes of study and you are ready to start your own well-illustrated record keeping system. This much needed kit includes materials, a full year's supply of materials, and a simplified, efficient filing system.

$10.00 including postage and handling.

VANGUARD DISTRIBUTING CO.
1935 E. PARQUE DEPT 75
LAS VEGAS, NEVADA 89102

PUTTING ON THE DOG . . .

You'll enjoy making this unique needlepoint Dog Coat and Tote Bag in monogrammed Fleur de Lis or Plaid

Needlepoint Coat,
Sizes 10 & 12, $26 14 & 16, $29
Shoulder Tote to match, 11 x 13" in washable blue vinyl with zip-off needlepoint pocket... $37.50
All in brown, blue or green against white. Kits include canvas, Paternayan, Persian, needle, instructions.

COTERIE CLASSICS LTD, Dept HG-75
360 East 6th St., New York, N.Y. 10021

ADMIRAL'S LAMP
Reproduction of the oil lamp used in the Admiral's quarters on the old Man-of-War ships. Made in Denmark of solid polished and lacquered brass. Stands 14 1/2" h. with 5 1/2" base. Burns regular or odorless kerosene only. $39.98 plus $2.50 post. Send 50c for catalogue, House of Minnel, HG7, Deerpath Rd., Batavia, IL 60510.

COLLECTIBLE
HAPPY LION
Artist of whimsical animals, Girard Goodenow, adds a lion to his collection of pillow pets to needlepoint. Hand-painted #10 mono canvas, Persian yarn. Tawny gold, brown with hot pink flower and bow, 14" h. Front design only, $29.95; back and front, $56.50 Ppd. Suzy Girard Needlepoint, HG7, 1042 Lexington Ave., New York, NY 10021.

FREEDOM SYMBOL
Ring in the bicentennial with an authentic replica of the Liberty Bell first sounded on July 8, 1776 in Independence Hall. Cast metal with handsome antique bronze finish. Actual size shown, 2½" h. $3.95 plus 75c post; 2¾" h. $4.95 plus 85c post. Postamatic Co., HG775, Lafayette Hill, PA 19444.

BOW TIED
Delightfully different. A pretty twosome to lend enchantment to your flowers or foliage. Gleaming white ceramic is gracefully ribbed in ever-crisp, bright yellow. Vase, 3¾" h., $3.95 plus 75c post.; watering can, 7½" h., $19.95 plus $2.75 post. Elizabeth McCaffrey, HG7, Northport, NY 11768.

TOTABLE BAR
So handy and so elegant. The classic fold-up, move-about tray bar that originated in the fashionable Bombay Bicycle club is reproduced in solid mahogany with beautiful hand-rubbed dark walnut finish. 36" h. by 32" w. Removable tray, 18" by 32". $29 plus $4 post. Bombay Co., HG7, Box 52322, New Orleans, LA 70112.

CURTAIN CHARM
Ruffled Permanent Press—Natural or White
TIEBACK
45", 54"... 10.00 pr.
53", 61", 72", 81", 90"... 12.00 pr.
TIERS
25", 30", 36", 40"... 7.00 pr.
Two pairs per window as shown... 14.00
VALANCE
10" x 70"... 3.25 ea.
78" wide per pair with 2" ruffle... 14.00

The same Country Curtains New England housewives have loved for years now come in no-iron permanent press. This blend of cotton and polyester is a joy to launder! When ordering please specify natural or white. Please enclose check or money order. Sorry no COD’s. Mass. res. add 3% sales tax. Postage and handling: under $10 add $1, over $10 and under $15 add $1.75. Send for new catalog showing curtain styles, bed ensembles and tablecloths. Satisfaction guaranteed.

COUNTRY CURTAINS
At the Red Linen
Dept. H, Stockbridge, Massachusetts 01262

YOU CAN BE A MURAL ARTIST!
• Paint-by-the-numbers wall murals — fool-proof way of helping you become a mural artist, with professional results.
• Anyone can paint our designs — from mini-murals to large murals up to 12 feet wide, in 2 to 9 decorator colors.
• Subjects shown in our catalog include: Tropical, Oriental, African, Spanish and Western scenes, panoramas, race cars, animals, zodiac signs and many more.
• Murals can be painted in a few hours on any wall surface.
• Mural kits complete with pattern, brushes, paints and easy instructions, from $4.95 up.
• Add gracious beauty to any room.

Stork Scissors especially designed for your needlepoint, crewel and delicate handwork. Made in Solingen, Germany, with gold plated handles and the finest materials available. Please send:

$8.25 ppd. for 4" size
$14.95 ppd. for 6½" size

Double M Market
Dept. HG-507, P.O. Box 8500
Fountain Valley, Calif. 92708

SALE BRASS
MIST SPRAYER
$2.50

Stork Scissors especially designed for your needlepoint, crewel and delicate handwork. Made in Solingen, Germany, with gold plated handles and the finest materials available. Please send:

$8.25 ppd. for 4" size
$14.95 ppd. for 6½" size

The Importer
P.O. Box 758, Malvern, PA 19355

SALE BRASS
MIST SPRAYER
$2.50

Yes, ours is the solid brass original, so hard to find today! With a houseplant guide, too!

The professional way to pamper prized house plants and cut flowers—bathes them in the gentlest film of water. They’ll look better, grow better, last longer. Great also for touch-up pressing and ironing—dampens events without too wet or too dry areas. A beauty bonus for you, too— refreshing mist is a great way to cool off while sunbathing! Solid brass, 5" high, lacquered. Sale ends July 31, 1975.

6414 Sprayer... $2.50

N.Y. residents add taxes

Lilly’s Garden
Mt. Vernon, N.Y. 10550
TORTOISE SHELL SHADES

Add an exotic tropical slats with cord locking look to any decor with roll-up blinds. Handmade in Taiwan of bamboo.

ROUTE 70. Dept. HG7. Succa

STRAW TOTE— the status hand-woven bag from China to fill as you will. Carry swim suit, lotion and beach towel. Tote it to the office. Or use it for shopping. It's a whopping 17" in diameter and mighty handsome. Order 2436 at $6.95 postpaid.

Elizabeth McCaffrey
Dept. HG CB
Northport, New York 11768

ORIENTAL RUGS

is to examine them in your own home
Rare antique, inexpensive antique, semi-an-
tique, and new rugs in antique designs. Each
moderately priced.

SEND FOR DESCRIPTIVE LISTS and COLORED PICTURES. Include your Zip

Antique top 90c.
2,000 Oriental rugs from
1905 and up, 50 sizes
Many colors plus.

For 10 years we have been eliminating the element of gamble in buying Oriental Rugs for thousands of customers all over America.

“Oriental Rugs — A Complete Guide” by Charles W. Jacobsen. . . . . . . . . $20.50
First and only Oriental Rug encyclopedia ever published. 480 pages with 250 plates, 35 in full color.

CHAS. W. JACOBSEN, Inc.
401 S. SALINA ST., DEPT. G
SYRACUSE, N.Y. 13201

Regal Band Ring $12.98

HAND PAINTED CLOISONNE ENAMEL!
Pure elegance, every bit hand-painted in pastel cloisonne enamel! Superb in solid Sterling Silver, 18K Heavy Gold electroplated for lifetime beauty. A magnificent 1/2" at the widest. American crafted. Stunning with white or black enamel background!

-3162—White $12.98
-3203—Black $12.98

3203—Black
3162—White

Add 35c post. & handling. N.Y. residents add 8c.

LAMBERT

ART COLLECTION

Catalogue illustrates more than 200 art prints of masterpieces by the great artists in four popular series. Includes decorating hints and artists’ biographies; looks more like an art book! 50c post. Lambert Studios, Inc., HG22, 910 No. La Cienega Blvd., Los Angeles, CA 90069.

SAUCEPAN STEAMER

French cooks make vegetables taste good and stay nutritious by keeping them above boiling wa-
ter in a steamer like this. Stainless steel, 5½" dia. at bottom; expandable top opens to 9½". $3.98 plus 50c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

SHOPPING AROUND

TORTOISE SHELL SHADES

Add an exotic tropical slats with cord locking look to any decor with roll-up blinds. Handmade in Taiwan of bamboo.

ROUTE 70. Dept. HG7. Succa

STRAW TOTE— the status hand-woven bag from China to fill as you will. Carry swim suit, lotion and beach towel. Tote it to the office. Or use it for shopping. It's a whopping 17" in diameter and mighty handsome. Order 2436 at $6.95 postpaid.

Elizabeth McCaffrey
Dept. HG CB
Northport, New York 11768

SHOPPING AROUND

TEE TIME

Handsome Swiss pocket watch is emblazoned with golf scenes on both sides of hunting case. In antique yellow or pewter color metal. 17-jewel incabloc movement. A precision timepiece, gift for fathers or collectors. $65 p.pd. JFF International, Ct. 12 Dale Rd., Monsey, NY 10952.

HIS 'N HER BRACELET

We can't promise this snappy copper bracelet wards off hob-goblins or cures rheumatism. But we like its casual cachet! Chain-links gleam for both him and her. Men's, $3.98; women's, $2.98. Add 25c postage each. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

A THIRD HAND

Clever little device for home sewing. Metal 2-piece clamp-holder for yarns and fabrics fits on standard tables. Has pincushion, cord to connect clamp and holder. "3rd Hand" $1.95 p.pd. Homesewing catalogue 25c. The Sewing Corner, HG7, Box 420, White-

HIS 'N HER BRACELET

We can't promise this snappy copper bracelet wards off hob-goblins or cures rheumatism. But we like its casual cachet! Chain-links gleam for both him and her. Men's, $3.98; women's, $2.98. Add 25c postage each. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

A THIRD HAND

Clever little device for home sewing. Metal 2-piece clamp-holder for yarns and fabrics fits on standard tables. Has pincushion, cord to connect clamp and holder. "3rd Hand" $1.95 p.pd. Home-
sewing catalogue 25c. The Sewing Corner, HG7, Box 420, White-

COLONIAL LOOK

Deacon bench has handsome turnings on legs. Sanded, ready to finish, 44" l. $41.95; 60" l., $50.95. Or choose walnut, map-
ple, pine or black finish, 44" l., $50.95; 60" l., $59.95. Exp. charges coll. Catalogue, 50c. Marion Travis, HG7, Box 292, Statesville, NC 28677.

ART COLLECTION

Catalogue illustrates more than 200 art prints of masterpieces by the great artists in four popular series. Includes decorating hints and artists’ biographies; looks more like an art book! 50c p.pd. Lambert Studios, Inc., HG22, 910 No. La Cienega Blvd., Los Angeles, CA 90069.

AIRY "RIVIERA"

Leather latticework for day or evening cool comfort. Cushion sole, adjustable strap. Choose white, brown, red or multicolor leathers. Sizes: S 7-12; N 5-12, 13, M 3-12, 13; W 6-11. $14.99 p.pd. Free catalogue. Hill Brothers, Dept. 942, 241 Crescent St., Waltham, MA 02154.

SAUCEPAN STEAMER

French cooks make vegetables taste good and stay nutritious by keeping them above boiling wa-
ter in a steamer like this. Stainless steel, 5½" dia. at bottom; expandable top opens to 9½". $3.98 plus 50c post. Anthony Enter-
terprises, HG7, 585 Market St., San Francisco, CA 94105.
"I saw and felt results in the first 3 days."

NO RIGID DIETING...
NO COMPLICATED EXERCISES...
This ingenious 5’ Minute Total Body Shaper Plan, designed for busy people like you, has you starting to lose inches and pounds immediately...in the privacy of your own home. It’s Safe...Medically Approved...and Guaranteed!

Here are the 6 reasons why this plan works fast to start you looking years slimmer...in 14 days!

1. It Concentrates Its Slimming Action On Your Fatty Areas, Waist, Hips, Upper Thighs, that give you an aged look. As we age, and our muscles generally slow down, the body tends to store fat and muscle loss occurs. In just 5 minutes you can start tightening a most youthful looking figure in 3 days.

2. Simple to Use. No disrobing. Attach it to any door knob, stretch out comfortably on the floor, and start slimming down today.

3. Designed to Slim Fatty Problem Areas. Choose 4 different 5’ Minute exercises, each created to help slim down the problem fatty deposit areas of your figure in 14 days.

4. No Rigid Dieting. We suggest you temporarily cut 20% less until you reach your normal weight, without giving up any of the foods you love—such as Ice Cream, Cakes, Pasta, whatsoever! (It’s all in the guide.)

5. Faster and Saves Time. No more going to pizzys or for complicated, exhausting workouts that can strain you. This simple 5’ Minute Plan, that you do at home, leaves you refreshed.

6. Weighs Only 10 Ounces. Fits in any wallet size case. Stores anywhere. Travelers with you so you never have to miss a slimming session. Remember, it’s the daily sessions that firm, shape and fasten your waistline, with a most youthful looking figure.

It’s Fun With Results..."5’ Minutes And Out. THE SECRET WHY IT BEATS FASTING DIETING, MAKING YOUR FIGURE LOOK YEARS YOUNGER.

Fasting Programs, when causing weight loss, usually cause the body to burn off more active tissue (muscles) which can cause your skin to wrinkle, muscle tonus to drop, and fat loss by (exercise and temporary

Pat. 3,858,874, © Joe Weider 1973
This masterful production reflects our Patriotic struggle for FREEDOM. The artwork is so superb that you'll sense the spirit of this Historic time in your home, office or school. AUTHENTIC in every detail including a map of the colonies, battle sites, and vital information from purpose to resolve.

ONLY $4.95 Each
PATRIOTIC PRODUCTIONS
BOX 1777
DALLAS, PA. 18612
Make Check or Money Order Payable to
PATRIOTIC PRODUCTIONS

Please Mail .................. Copies of Trail To Freedom
Name .................................................. 
Street ..................................................
City ..................................................
State Zip ............................................

GET TO KNOW AMERICA BETTER
"BE-IN-THE KNOW" FOR THE CHALLENGE OF OUR BICENTENNIAL.

"TRAIL TO FREEDOM"
A CHRONOLOGY OF THE AMERICAN REVOLUTION.
Produced in full color and ideally suited for framing.
Easy to read, 12" x 16"

This masterful production reflects our Patriotic struggle for FREEDOM. The artwork is so superb that you'll sense the spirit of this Historic time in your home, office or school. AUTHENTIC in every detail including a map of the colonies, battle sites, and vital information from purpose to resolve.

ONLY $4.95 Each
PATRIOTIC PRODUCTIONS
BOX 1777
DALLAS, PA. 18612
Make Check or Money Order Payable to
PATRIOTIC PRODUCTIONS

Please Mail .................. Copies of Trail To Freedom
Name ..................................................
Street ..................................................
City ..................................................
State Zip ............................................

BEAUTIFUL WILDFLOWERS
Illustrated Catalogue

CHARMING WIDE-RUFFLED
"NO-IRON" MUSLIN CURTAINS

CHARMING WIDE-RUFFLED
"NO-IRON" MUSLIN CURTAINS!
Extra wide frilled unmatched muslins, $11.00

Hand tailored 16" long, $12.00

老爷子...不如我...不如我...

CHILD'S TRAVEL CHAIR


ROMANTIC LIGHT

Hanging rattan lamp with wide-wear inserts, dimmer switch, 18 ft. rattan chain, hooks, $24.95


HANDY NOTELETS

Original notes for giving and thanking come boxed 10 of one kind for $1.50. The catalogue with a sampling of 1 general note, 1 thank-you note, 1 gift enclosure, 25c. Anita Beck Cards & Such, Inc., HG7, Reindeer House at 3409 W. 44th St., Minneapolis, MN 55410.

COLLAR HIM
Sterling silver collar stays. He'll savour knowing he's well dressed down to these elegant details. 2.5" l., to engrave with three initials (specify). Pair sterling, $8.50. Or ring $9. Add 50c post. Sleepy Hollow Gifts, HG7, 6651 Arlington Blvd., Falls Church, VA 22042.
SHOPPING AROUND

HIGH-RISE SPACE
For 12 big plants. Clamps slide on pole. Holds four each 6", 9" and 12" interchangeable swinging arms with 6" white trays. 52" h., 24" by 24" base. White or black $45; chrome $50. Add $3 post. Home Plant Displayers, Inc., Dept. B205, 51 E. 42nd St., New York, NY 10017.

GINGHAM CHECKS
Vinyl shower curtain in red, gold, blue, green, pink, orchid, black, 6' by 6', tieback plastic curtains, 54" l. by 68" w; or cafe curtains with valance. $9.50 a set plus $1 post. Curtain alone $4.95 plus 85c post. Swatches, 50c, Mather's HG7, 31 E. Main St., Westminster, MD 21157.

A SHOE-IN
Wedgie with walking comfort and open-toed cool. The Edna says it in luggage tan, bone, black, white, navy, brown, low 1" wedge heel. 4 to 10, $18.95. 10 1/2 to 12, $19.95. For widths AAAA to EE. Add $1 post. 25c each add'l pair. Solvy Bayes, HG7, 45 Winter St., Boston, MA 02108.

YOU NAME IT

HOME PROTECTION
Compact unit sounds siren-like loud alarm when person or car comes within 50 feet of house. Can operate through most non-metallic walls. House current or batteries: no installation needed. $39.50 ppd. S. D. C, HG7, Box 802, 150 Amherst St., East Orange, NJ 07019.

CURTAIN CLAMPS
Shower curtains won't blow out of the tub when plastic magnetic holders are snapped on to the curtain. Permanently magnetized; won't rust or mar. Eliminate wet floors. Set of three, $1.98 plus 20c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

SPECIAL NAME
Desk plaque is special because you needlepointed it. 12" by 3" walnut-stained wood. Comes with 14-mesh canvas, needle, Persian wool yarn, choice of name color, antique white ground. Specify color, print name to (15 letters and spaces). $17.95 ppd. Bruce Boling, HG7, Boulder, CO 80302.

SUPER SCOOPER
Amazing dipper scoops ice cream like magic; Self-defrosting liquid hermetically sealed in handle, lets you cut through coldest ice cream with ease. Gives you uniform attractive scoops. Lifetime action, never loses its power. Sanitary, rust-proof. Now available in two models.
Deepe American made $5.95
Import model $1.95

REMOVE HAIR FOREVER
PERMA TWEEZ electrolysis—seen in medical journals—safety and permanently removes all unwanted hair from face, arms, legs and body. This is the only instrument with special U.S. patented safety feature that destroys the hair root without puncturing skin. Tweezer-like' action gives safe and permanent results. Clinically tested—the only instrument recommended by dermatologists. Send check or money order.
Perma Tweez unit $16.95
14 DAY MONEY BACK GUARANTEE

GENERAL MEDICAL CO., Dept. HG-119
5701 W. Adams Blvd., Los Angeles, Calif. 90016

□ I enclose $4.00 deposit and pay balance COD plus COD postage.
□ I enclose $16.95 in full payment and save extra COD postage.
□ Americard/ Master Chg. # Expiration date

City State

This is your opportunity to join Old West Traders Club, the world's largest Indian Arts collectors club. Your $10 membership fee covers part of our mailing costs for six bi-monthly catalogs featuring EXTRAORDINARY BAR GAINS on Indian Jewelry and other Indian Handcrafts. Examples: Squash Blossoms (retail to $500), only $191; Solid Sterling and Turquoise rings (retail $20 to $35), only $20; Silver Heishe (retail $25), only $31. Members are never under obligation to buy any items. Send check or money order.

Old West Traders

217 East Main St.
Santa Fe, New Mexico 87501

Enclosed is my $10. Please RUSH my free Kingman Blue Turquoise and Silver pendant, and first catalog. HG 8

Name
Address
City State Zip

Signature

Special Name

John Smith

This Indian made Silver and Turquoise Pendant

Retail Value $20

FREE when you join
OLD WEST TRADERS CLUB

This is your opportunity to join Old West Traders Club, the world's largest Indian Arts collectors club. Your $10 membership fee covers part of our mailing costs for six bi-monthly catalogs featuring EXTRAORDINARY BAR GAINS on Indian Jewelry and other Indian Handcrafts. Examples: Squash Blossoms (retail to $500), only $191; Solid Sterling and Turquoise rings (retail $20 to $35), only $20; Silver Heishe (retail $25), only $31. Members are never under obligation to buy any items. Send check or money order.

Old West Traders

217 East Main St.
Santa Fe, New Mexico 87501

Enclosed is my $10. Please RUSH my free Kingman Blue Turquoise and Silver pendant, and first catalog. HG 8

Name
Address
City State Zip

Signature

Special Name

John Smith
EYELLET BATTISTE, white on white. PERMANENT PRESS. Bedspread twin $75.60; full $84.00; queen $108.20; king $126.00. Canopy twin or full $42.00; queen or king $34.00; pillow sham $14.70. Coverlet dust ruffle vanity skirt available. Tier curtains 30" Ig. $16.80; 36" Ig. $17.85. Ruffled tie-back curtains and flat canopy made to order. Swatches 35th Catalog showing curtains, tablecloths and bedspread ensembles domestic and imported 95c.

This beautiful tablecloth was made for the White House Banquets. A Sardinien Lace pattern finest cotton and dacron in white or natural. PERMANENT PRESS. 54 x 72" $36.00; 63x83". 72" round. 72x90" (also oval) each $43.00; 72x108" (also oval) $45 plus 50c post. Catalogue $1. Ah Men, Inc., HG7, 8900 Santa Monica Blvd, Hollywood, CA 90069.

INSTALL YOUR OWN SPIRAL STAIRS!

RFST fun to put together in less than 2 hours!

COMPLETE INSTRUCTIONS INCLUDED

NO SPECIAL TOOLS OR SKILLS NEEDED

STOCK KITS AVAILABLE FROM $295.00

SEND FOR BROCHURE DESIGN SERVICES AVAILABLE

EMUR MAXI

Slip into a cool and comfortable dress block-printed by hand, all cotton from India. In raspberry, yellow and lavender. Tiers of flounces. XXP (3A) through-L (15-16). $20.60 ppd. Tantra Imports, Inc., HG7, Box 435, Free- minister St., Providence, RI 02903.

FEET TREAT


SHUT EYE

Sleep is king night or day that you don the mask: shuts out any flicker of light that could disturb the psyche, the body's rest. Fabric and elastic band's so constructed that it fits any cranium. $2.98 plus 20c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

SUN LOUNGER

Read, loaf or let polystyrene float you on the water. Easy to carry aluminum frame with long-service plastic webbing. Has adjustable back, a pocket for drink, place for ashtray. $24.95 plus $2 post. Holiday House, HG7, Broad & Commerce Sts., Portsmouth, VA 23707.

YOUNG PEN PAL

Eddie Elf will write a letter every month to the child, ages 3 to 8, of your choice. Each letter is illustrated and a small surprise enclosed. Two series now available. Send child's name and address. $7.50 per year ppd. Eddie Elf, HG7, Box 999, Palm Beach, FL 33480.

SWEET AND CLEAN AIR

Air pollution extractor fits in a window, operates without electricity and weighs under four pounds. It washes out airborne impurities, pollen, dust and insects. $24.75 for windows 28" to 36". $27.75 for up to 44" w. Ppd. Keuls Products, HG7, 205 Lexington Ave., NY, NY 10016.
SHOPPING AROUND

SITTING PRETTY
The famous butterfly chair covers in "Tuff Stuff" canvas or nylon. Canvas, 18 oz.: black, white, lemon, tangerine, marigold, royal, olive, blue, green; $15.95. Nylon: yellow, orange, white, royal, green; $16.95. Add $1.50 post. The Patio, HG7, 550 Powell, San Francisco, CA 94108.

SHIPSHPAE

NO-SHINE DISCOVERY
Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. $1.29 each plus 15c postage. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

LIMITED EDITION
The 1776 Bi-Centennial lamp, only 1,500 numbered, signed in 24k gold by Richard Gunter. Fine high-fired ceramic with brilliant eagle and flag on off-white crackle and brown glaze. Fabric on vinyl shade. 34" h. $65 ppd. Kron-Gunter Associates, HG7, Box 725, Bangs, TX 75823.

PARTY WISE
Owl cheese board made of solid thick hardwood is topped by 4" square tile insert in feather-like design. Big scooped-out eyes hold cheese bits, olives. Magnetic beak holds a serrated knife. $9.95 plus 95c postage. Concho, HG7, 416 Main St., Port Washington, NY 11050.

FUN GIFT
Dumb Things I Gotta Do pad is good for daily smile. About 35 pages, week's priorities and must-do's on each. Multicolors, vinyl case 11" by 4 1/2" closed $2.98; two $5.50; refill set $1.49. Add 40c post. Lillian Vernon, Dept. G7E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

SPARKLING SPRAY MIST
Crystal chandeliers, sconces and candelabra come bright and clear after a spray shower of silicone mist from an easy-to-handle 7 oz. can. No need to wipe, just let dry naturally. $2.98 plus 50c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.
CONTEMPERA
DIAL IN HAND SET PHONE
Fits either Wall or Table. Red, White, Blue, Green, Ivory, Purple. $49.95

SWEET SOUND
Charming love scene reproduced in delicate colors with a golden colored edge. The Norman Rockwell bell in fine china by Gorham is 9” tall with walnut handle. It’s inscribed: “Love’s Harmony” 1975. $19.50 ppd. Hildegarde’s, HG7, 597 Farmington Ave., Hartford, CT 06105.

HISTORIC MONTHLY

LONG ON FASHION
Roamer in natural tan buffalo leather with matching suede platform, is the bright solution for the long, narrow foot. Cushioned insole and adjustable instep strap. SS-S in 6-12, N & M 9½-12. $18 plus $1.25 post. Mooney & Gilbert, HG7, 31 W. 57th St., New York, NY 10019.

GOOD MIXERS
Ideal way to blend tasty pates or seasoned butter, to crush garlic or other herbs, spices. 1¾", 3¾", 4½" dia. Set $4.98 plus 80c post. The Country Gourmet, G7E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

MAGIC TOUCH
One stroke of “Almond Stick” and superficial scratches disappear from pianos, furniture, woodwork. For mahogany, walnut, oak and other finishes. Used by professionals. $1.98 plus 25c post each. Anthony Enterprises, HG7, 2908 E. Eastland, Tucson, AZ 85716.

DELIGHTFUL PATTERNS!
Paint on walls, toy chests; embroider or needlepoint on your own or as shown in instructions (number/letter method). 3 pattern set ea. 36” by 22”, transfer stick $4.75. Same, 12½” by 8”. $2.25. Catalogue 25c. Peacock Patterns, HG7, 2908 E. Eastland, Tucson, AZ 85716.
CREWEL CHICADEES
Lovely for picture or pillow. Natural blues, greens, russet and brown in stamped 12" design on 16" natural linen. Kit has wool yarns, needle, instructions. $5.95 plus 60c post. Next 3 catalogues 25c. The World of Stitch 'n Knit, HG75, Box 709, Framingham, MA 01701.

FIX-IT KIT
Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and an assortment of tiny frame screws. $1.98 plus 15c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

DREAM GREENHOUSE
Aluminum pre-cut and pre-fit glass greenhouse is one of more than 100 offered in free catalogue. It answered all our questions about home greenhouses. Shows ready-to-assemble models to fit any budget. J. A. Nearing Co. Inc., Y-7E, Box 348, 10788 Tucker St., Beltsville, MD 20705.

EARL'S TABLE
Handsome and sturdy solid oak top, legs and apron with oil finish. Easy to assemble, and very versatile. 30" wide by 60" long by 28" high. $159 exp. coll. Send for complete furniture catalogue $1. The Door Store of Washington, D.C. HG7, 3140 M St. N.W., Washington, DC 20007.

SPEED SEWING

FOR UPS AND DOWNS
These braided stair treads are durable, woven nylon traditionally styled for a hand made look in avocado green or chestnut brown. They'll blend with most decors. Each 9" by 27" $3.50 each; set of 13, $34.50 Ppd. Yield House, G57X, No. Conway, NH 03860.

HAND-CUT SPARKLE
Elegant personalized crystal pendant suspended in a ring of sterling silver and cut with a single script initial. 1 1/4" dia. 24" sterling rope chain. Makes a lovely gift for any occasion. $20 plus $1 post. The Allan Collection, HG7, Box 181, Old Chelsea Sta., New York, NY 10011.
THE DIAMOND OF YOUR DREAMS

If you could pick your favorite wildflowers and arrange them on a pillow-this would be the result! Assorted colors: blue, pink, and purple flowers accented with green leaves. $6.95 plus 50c postage.

TOWER CRAFTS
P.O. Box 575, Champaign, IL 61820

THE WORLD'S MOST COMFORTABLE SHOE

Nifty idea, legs provide comfort with any chair. Good for eating, as desk, cards. Walnut grain, stain, heat-resistant top. Black satin enamel legs. Folds. 15" by 23" by 24". $27.50 plus $2.50 post. Camalier & Buckley, HG7, 1141 Connecticut Ave., N.W., Washington, DC 20036.

COQUILLES" Elegant individual servers for seafood dishes or tasty hors d'oeuvres. Pinkish shells are perfectly shaped and perfectly safe for oven or broiler. 5½" across. Set of four $2.29; set of four rattan holders $2.69. Ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.
ULY, 1975

PATRIOT PURSE
Conversation-making handbag has a striking bicentennial motif proclaiming 1776 amid stars and flags and eagles and a Liberty bell, all on a blue background. 100% woven cotton with acetate taffeta lining, 9¾" by 13½". $10 ppd. Johnny Appleseed's, HG7, Box 707, Beverly, MA 01915.

NO MORE CURLS
Now you can have crunchy bacon—minus the curls. Bacon press keeps bacon flat while conducting heat for evenly-cooked crispy meat. Fits any round pan 9" or larger. For draining grease, too. $1.29 plus 30c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

VICTORIAN COPY
Intricate turnings and designs on wood case of 1850 Ansonia model. 30-day movement, spring wound, strikes ½-hour, counts 24, 30, 36, 72. 7½" by 9½" by 4½" d. $119.95 plus $5 post. Catalogue is $1. Magnolia Hall, HG7, 728 Andover, Atlanta, GA 30327.

MEALTIME MAT
Give your pet a foam placemat that won't skid around while he eats. Personalized with his name; center space for bowl. Black lettering and decoration on yellow. 22" by 14". Specify dog or cat. $1.69 plus 35c post. Holiday Gifts, Dept. 307-J, Wheat Ridge, CO 80033.

FINGERTIP TOUCH
Push button phone can be used on any dial system; an inner memory remembers the last number dialed. Fitted with standard cord and plug, it is ready to plug in. $119.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG7, 534 Fifth Ave., New York, N.Y. 10001.

VICTORIAN
Echo of the past century. A graceful footstool with striking floral needlepoint cover. Mahogany, fruitwood or walnut. Finished hardwood base, removable top, to change as you please. 14" by 9" by 8" h. $18.95 ppd. Free catalogue. Fiesta Arts, Inc., HG7, Greenvile, NY 11548.

KNIT VALET
Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.98 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

COUNTRY-STYLE CURTAINS
Reproduced from Prov- ince town, Cape Cod. Extra-full 3" ruffles. Extra-wide 80" to the pair. TIES
24", 30", 36", 1.70 pr.
WITH TIEBACKS
45", 54", 63" long 9.00  pr.
72", 81", 90" long 11.50  pr.
EXTRA TIEBACKS 1.00 pr.
EXTRA VALANCE 11" x 72" 3.00 ea.
STYLE CC2

From New England, country charm of country-style curtains, no longer need the drudgery of ironing. Practical, long-wearing, crisp and beautiful. Machine wash and dry with little or no ironing. 0% Polyester—50% cotton muslin (preshrunk maximum shrinkage 1%), of unsurpassed quality. We back with "satisfaction unconditionally guaranteed." Specify style and color, natural or white. Add $1.50 post & hdlg. Please enclose check or money order. Sorry no C.O.D.'s. N.Y. Res. add sales tax.

MEALTIME MAT
Give your pet a foam placemat that won’t skid around while he eats. Personalized with his name; center space for bowl. Black lettering and decoration on yellow. 22” by 14”. Specify dog or cat. $1.69 plus 35c post. Holiday Gifts, Dept. 307-J, Wheat Ridge, CO 80033.

FINGERTIP TOUCH
Push button phone can be used on any dial system; an inner memory remembers the last number dialed. Fitted with standard cord and plug, it is ready to plug in. $119.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG7, 534 Fifth Ave., New York, N.Y. 10001.

VICTORIAN
Echo of the past century. A graceful footstool with striking floral needlepoint cover. Mahogany, fruitwood or walnut. Finished hardwood base, removable top, to change as you please. 14” by 9” by 8” h. $18.95 ppd. Free catalogue. Fiesta Arts, Inc., HG7, Greenvile, NY 11548.

KNIT VALET
Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.98 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

COUNTRY-STYLE CURTAINS
Reproduced from Provincetown, Cape Cod. Extra-full 3” ruffles. Extra-wide 80” to the pair. TIES
24”, 30”, 36”, 1.70 pr.
WITH TIEBACKS
45”, 54”, 63” long 9.00 pr.
72”, 81”, 90” long 11.50 pr.
EXTRA TIEBACKS 1.00 pr.
EXTRA VALANCE 11” x 72” 3.00 ea.
STYLE CC2

From New England, country charm of country-style curtains, no longer need the drudgery of ironing. Practical, long-wearing, crisp and beautiful. Machine wash and dry with little or no ironing. 50% Polyester—50% cotton muslin (preshrunk maximum shrinkage 1%), of unsurpassed quality. We back with “satisfaction unconditionally guaranteed.” Specify style and color, natural or white. Add $1.50 post & hdlg. Please enclose check or money order. Sorry no C.O.D.’s. N.Y. Res. add sales tax.

MEALTIME MAT
Give your pet a foam placemat that won’t skid around while he eats. Personalized with his name; center space for bowl. Black lettering and decoration on yellow. 22” by 14”. Specify dog or cat. $1.69 plus 35c post. Holiday Gifts, Dept. 307-J, Wheat Ridge, CO 80033.

FINGERTIP TOUCH
Push button phone can be used on any dial system; an inner memory remembers the last number dialed. Fitted with standard cord and plug, it is ready to plug in. $119.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG7, 534 Fifth Ave., New York, N.Y. 10001.

VICTORIAN
Echo of the past century. A graceful footstool with striking floral needlepoint cover. Mahogany, fruitwood or walnut. Finished hardwood base, removable top, to change as you please. 14” by 9” by 8” h. $18.95 ppd. Free catalogue. Fiesta Arts, Inc., HG7, Greenvile, NY 11548.

KNIT VALET
Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.98 plus 20c post. Order D-Fuzz-It from Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.
CREATIVE GLASS BY CORNING

They go safely from your refrigerator to oven for soups, souffles, vegetables, anything! Sparkling-clear and so elegant for serving.

See what Corning has done for glass — these go from refrigerator to preheated oven, ideal for baking and serving! American-crafted to the superb standards of Corning Glass. 1 qt., 1 1/2 qt., and 2 qt. are 5 3/4" in diameter. Set of 3.

#8051 — Creative Glass 1 Set $14.98

Please add 95¢ post. & hdlg., NY. residents add applicable taxes.

The Country Gourmet

Forty Winks

Sit down, lie back, relax for forty winks. If this lounge could talk, that’s the command you would hear. Smartly tailored; deep channel back; reversible and zippered urethane foam and fiber-filled seat cushion. Upholstered in various grades and types of fine fabric — stripes, solids, prints, cut, antique, cruised and plain velvets; etc. You specify type and color desired.

$222.00 each as shown

$150.00 in your fabric — send 10 yds. 54" material.

Satisfaction Guaranteed; express request no COD.

Anthony Enterprises

Dept. HG-75, 585 Market St., San Francisco, Calif. 94105

CLEANS SILVER FAST

Magic Silver Leaf goes in the dishpan, or sink, and safely cleans silver as you wash dishes. No rubbing, no boiling. Keeps silver shining bright and tarnish-free. Safe for finest silverplate and sterling. Odorless and non-toxic. Lasts a lifetime, never wears out.

SILVER LEAF . . . . $3.98 + 25¢ Mailing Each

No COD’s or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

Dept. HG-75

585 Market St., San Francisco, Calif. 94105

INSTANT SPACE

Shelves stick firmly to metal, wood, plastic with foam tape. Steel filigree with satin gold finish. Long 12 1/2" by 2 1/2" by 1 1/2" h. (#K16) $4.98, corner 6" by 6" by 1 1/2" h. (#K15) $5.49. Add $1 post. Two or more ppd. Frantz Orderly Products, Dept. 13, Box 10326, Denver, CO 80210.
CLASSIC GINGHAM
Woven ½" no-iron checks: white with red, blue, lime, yellow. 76" w., pr. 3" ruffle. 24", 30", 36" $6.50; 45", 54", 63", 72" $10; shipper 10" by 54" valance $3.75, tiebacks, pr. $1. Add $1.75 post. Free brochure. Old Colony Curtains, G57GE, Box 759, Westfield, NJ 07090.

SWEDISH CHARM
Imported kit for embroidery in basic stitches. Stamped design on electric blue linen. Linen yarns, colorful in shades of magenta, white, rose, green, yellow. 11½" by 13¼". $9.150. $18.95 plus $1 post. Catalogue $1.50, 67, 55 Lambert Lane, New Rochelle, NY 10804.

TIME THIEF
Is your pool robbing you of time? Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you're away. Discourages algae. Custom made, any size. Write to Meyco, HG7, 225 Park Ave., Hicksville, NY 11801.

SELF-CLEANING BRUSH
Patented design makes it easy and speedy to clean hair brush by pressing a button. A hidden plate pushes the hair to the ends of the bristles for easy removal. Great for guys and gals. Pink, blue, ivory, black. $3 ppd. C & S Sales Co., HG7, 1821 Chalady Lane, East Meadow, NY 11554.

SEWS LOCK STITCH
Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $3.98 plus 35c post. Anthony Enterprises, HG7, 585 Lambert Lane, East Meadow, NY 11554.

SHOPPING AROUND

PORTABLE FAN
Beat the heat! You can be cucumber cool anywhere, anytime. Just flick on the portable mini fan for the freshest breeze this side of the shore. Battery operated (battery not included). Lightweight plastic with stand for desk or table use.

PORTABLE FAN ... $2.98 + 35¢ Mailing Each
No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

MONEY SAVING HINTS

MOBILE MAKEUP MIRROR
Adjusts from 41½" to 70" Tall!
At last, the perfect make-up mirror fits into your window or wherever light is right for seeing. It leaves your hands free for make-up or hair grooming. Stand adjusts from 41½" to 70" tall. Mirror is 7" in diameter, regular on one side, magnifying on the other. Men like it too (it's tall enough for a 6-footler!) in gleaming brassplated, smartly designed.

$14.95
Plus $.55 Postage

Send for Free Gift Catalog

GENUINE LEATHER CLOG SPECIAL
Never before offered at a reduced price! GENUINE LEATHER, perforated for cool comfort. Light and buoyant cork wedge is laminated to non-skid rubber sole. White. Sizes 5-12 Medium.

Reg. $13 SPECIAL PRICE $10
Add $1 postage

Satisfaction Guaranteed on COD

TERNER

OLD PUEBLO TRADERS - H7C
600 S. Country Club
Tucson, Az. 85716

478 WINE MARKET

Holiday Gifts
**Elegant Plant Pots**  
**SNOWY-WHITE OR TRANSLUCENT SMOKE-TONE!**


- 41/2" h.  
- 4 sets

**FOLDING EXTENSION MIRROR!**

This bathroom mirror comes to you for easy makeup, easy living! 7" flips from plain to magnifying, extends 4" to 20", gives best angle and light. Gives back-of-head view to style and trim hair, folds to wall when not in use. 1 Set $5.25

**Improved Model...**

**HAND EMBOSSE**

For Personalized Stationery


- Includes envelope, blank card, envelope, and letter
- 4 Sets

**Florentine Wall Piece**

Cast directly from the Ghiberti Doors in Florence, this handsome head adds dimension to wall groupings. Faithfully finished in superior detail, 51/2" h. by 6" w. Antique bronze finish. $25.00 p.p.d. M/C, B/A. Send $1.  

- For catalog of our large collection of statues and wall pieces priced from $10 to $1,500. The Second Renaissance, H-2, 2124 Union St., San Francisco, CA 94123.

**SHOPPING AROUND**

**ORIENTAL AURA**

"Bamboo" towel tree of durable metal is 50" tall, has freely moving 5" rings suspended on four gracefully curved arms 13" w. by 13"d. Koch brass plate or contemporary nickle-plated $24.95 p.p.d. St. Nicholas Boutiques, H.G. 7, Santa Claus, IN 47579.

**SH-H-H PEACE**

Silence is golden, but these daisy silencers slip into the ears, have an easy-to-grasp flange for safety. Slip in every night for refreshing sleep. $1.98 a pair plus 15c post. Anthony Enterprises, H.G. 7, 585 Market St., San Francisco, CA 94105.

**STREAM SPAN**


**DOUBLE TAKE**

See how warm or cool the room is and what to expect outside. 2 self-stick thermometers are mounted back to back on window, one inside, one out. Just read the clear dial. No screws or wires, 31/4" by 31/4", $4.79 p.d. Walter Drake, H.G. 14 Drake Bldg., Colorado Springs, CO 80940.

**FROM INDIA**

SHOPPING AROUND

FINE PEWTER
Distinctive accents. Elongated pieces have brass inlay with Chinese inscription, "Happiness and Long Life". 7½” h., $10; 9½” h., $14; 12” h., $17; 14½” h., $20. Round pitcher, 7” h., $19. Ppd. AC Gifts, HG7, 2642 Central Park Ave., Yonkers, NY 10710.

PORCELAIN ART
Rich oriental design, the Tea-Time-in-The-Garden scene is hand painted in Chinese red (accented in black) on a white background. The 8” dia. plate comes complete with an ebony stand. $3.98 each; two, $7.50. Add 75c post. Ferry House, Dept. HGP, Briarcliff Manor, NY 10510.

STOOP STOPPER
Piper shoulder brace; lightweight device puts posture on the straight and narrow. Three-ply ventilated material; padded invisible arm bands. Men measure around chest; women below bust. $6.95 plus 75c post. Piper Brace, Dept. HG65SH, 811 Wyandotte, Kansas City, MO 64105.

MODERN TIME
Free-standing clock of clear Lucite, 8” by 8”, with black face and white hands or white face and black hands. Runs 1 year on D battery (not included). $26.95 plus $1.65 post. Send for free brochure. SDA Showrooms, HG7, 3325 N.E. 32nd St., Ft. Lauderdale, FL 33308.

BARBER’S BOON

STRAIGHT AND STRONG
Spring post bookends keep bookshelves neat and orderly. Gold anodized aluminum encases a steel tension spring. Poles fit shelves 9½” to 13½” h.; slim enough to be unobtrusive. $2.98 a pair plus 40c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

ENGLISH EXQUISITE
Porcelain rose with deep pink petals on wired stems is an 11” beauty to put in a slender vase to add color. The flower looks real, but it doesn’t have fragrance or require water. $3.75 ppd. Shopping International, HG7, 923 Shopping International Bldg., Norwich, VT 05055.

Page Magnifier is handy for looking up telephone or map directory listings, stock market reports, etc. The whole page is magnified at one time. Wafer thin and measures 7” x 10”.

PAGE MAGNIFIER . . . $2.98 + 25c Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-75
585 Market St., San Francisco, Calif. 94105

LEGENDARY COMFORT
"PAMELA" — wear them once and you’ll live happily, constantly ever after in our soft, crepe soled, leather sandals that give you perfect fit with their adjustable ankle and vamp straps . . . lasting comfort with their ¾ inch arch wedge. In White, Bone or Dark Brown. Sizes: 4 through 12. No half sizes over 10. Medium width only — adjustable to all widths. Price: $11.95. $1.00 per pair extra for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog. SOFWEAR SHOES, Dept. P, 1711 Main, Houston, Texas 77002

To get big catalog G-75 and costly fabric cuttings, send just $1. We will refund with ' certificate good for $2 on your first purchase. I
Name
Address
Zip...
Magnolia Hall, 726 Andover/Atlanta, Ga. 30327

LY, 1975
WATER THIRSTY PLANTS WHILE ON A TRIP
Planning a trip but worried about your thirsty plants? Amazing wicks feed just right amount of water up to 8 weeks. Can be used all year around with all plants. Will not rot or mildew.
SET OF 4 PLANT NURSEMAIDS . . . $1.98 + 20c Mailing Each Set.
SET OF 2 EXTRA LONG PLANT NURSEMAIDS FOR LARGE PLANTS   $1.98 + 20c Mailing Each Set.
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed Or Your Money Back
Anthony Enterprises
Dept. HG-75
585 Market St., San Francisco, Calif. 94105

SHOPPING AROUND
Old Manor House
EARLY AMERICAN CURTAIN COLLECTION
Feel the material and see the actual color without leaving your home! Curtains, spreads, canopies, shams are inspired by our early American homes to capture old fashioned charm, but promise today's easy care. Calico, cotton, kodel, muslin, dacron, ninon. Matching fabric too, for your own innovation.
Catalog 50c.
MATHER’S 31 E. Main St., G7-5, Westminster, Md. 21157

JOINT THERMA PAD
$2.29 plus .35 postage
Write for FREE catalog of gifts
HOLIDAY GIFTS
Dept. 207-M, Wheat Ridge, Colorado 80033

HOW TO HOUSEBREAK YOUR PET
Train O-Mat makes it easy
No more stained carpets. When dog scents chemically odorized mat, instinct says, "Here's the spot." No fuss or bother.
 Mats are disposable; both pole and 18" square holder are washable. Kennel-tested. Satisfaction or money back.
Holder & 2 mo. supply of mats  . . . . . . . . . . . . $1.98
Holder & 6 mo. supply of mats  . . . . . . . . . . . . 3.98
Additional 18" pole for male add 50c. Envelope 75c postage.
G & G RESEARCH
Box 12274-40 Dallas, Texas 75225

LETTER PERFECT
Delight of a desk in a warm medium mahogany. This cabriole is a beauty with brass pulls on each of the three drawers. A full 45" w., 29" d., 29" h. for an executive look. $167.95 exp. chgs. coll. Catalogue, 50c. Bryan Robinson, Dept. HG136, Rte. 10, Box 793, Hickory, NC 28601.

STRAWBERRY FIELD
Crewel kit: stamped pillow top and back, 2" w. boxing strip, cordonnet for piping, needle, colorful wool yarns, zipper, instructions. Red with varied green leaves. 14". $6.95 plus 50c post. Catalogue 25c, free with order. Tower Crafts, HG7, Box 575, Champaign, Ill. 61820.

COLLAR OPEN SESAME
It's almost magical what the collar extender can do to ease any tight collars on his good shirts. Tiny hook-on gadget gives extra half-size comfort for a just right feeling! $1 for set of two. add 15c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

TEA BREWING KIT

IT'S A SNAP
Springloaded, capped towel bar snaps in easily to replace old one. Holds firmly in ceramic or metal standard brackets. Can be cut to fit. Polystyrene, white or clear. 24" $2.95; 36" $3.95 Add 35c post. each. West-Berg Enterprises, HG7, Box 4749, Colorado Springs, CO 80930.

HELPFUL HOLDER
Hinged front makes it so easy to turn pages without removing book. Keeps cookbook at reading angle, free of stains. Great for students. 12" by 5" by 10". Clear styrene. $7.98 plus $1 post. The Country Gourmet, G7E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

HOUSE & GARDEN
HANGING BEAUTY
Natural rattan cage makes a delightful planter hung with green vines. A splendid background for dried arrangements, too. 10" by 10" on a 10" rattan chain. Why not hang a pair in window. $5.95 plus $1 post. Catalogue 25c. Fran's Basket House, HG7, Rte 10, Succasunna, NJ 07876.

SLEEPS AND EATS GOLF?
Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 6½" by 9¼" with lettuce green backing, replica golf ball. $2.98 plus 40c post. Order to Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

PORTRAIT IN OIL
A true work of art painted on linen canvas from your old or new photograph. Choose from twelve portrait painters. Canvas sizes range from 12" by 16" to 30" by 40". Prices from $99.50 to $995 Catalogue, 25c. Van Dyke Oil Portraits, Ltd., HG7, 153 E. 57th St., New York, NY 10022.

MODERN SCULPTURE
Heavy gauge steel with brass accents is welded together in a variety of ways to make handsome wall sculptures. Max Levine is the sculptor of the piece shown. Prices start at $40. Free brochure. B. Levine, Dept. HG7, 19-18 Saddle River Rd., Fair Lawn, NJ 07410.

SPECIAL SPECS
Flip-up magnifying specs that make eye make-up blunders obsolete. No more squinting into mirrors! Specs come in their own plastic case complete with adjusting screwdriver. One size fits all, $6.95 plus 50c post. Herman Optical, HG-75, 164 Clymer St., Brooklyn, NY 11211.

BLANKET CONTROL
Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $1.98 plus 35c post. Herman Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

NO MORE SNACKING!
Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7½" by 9" design on canvas. Persian wools, needle, backing, magnets, instructions, $5.95 plus 50c post. 8" by 10" oak frame, $1.95. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.
**SHRINK STOMACH**

Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups. Progress Chart included.

Single Waist Wheel $7.98 + 80c Mailing Each
Dual Waist Wheel $9.98 + $1.00 Mailing Each

Satisfaction Guaranteed or your money back. California Residents add 6% Sales Tax

Anthony Enterprises 585 Market St., San Francisco, Calif. 94105

---

**SHORT TUFTED SOFA**

The city of elegance is achieved with timeless styling comfort just built in quality by skilled craftsmen. Top grain leather, hand-tufted with brass nail head trim. 28 W (150 lbs.)

Price: Peerless leather $624.95
Masterpiece leather $654.95
Vinyl $414.95

Shipping charges collect. No C.O.D.

Send 50c for catalogue
Bryan Kobesn
Dept. HG-77
Michigan St. Inc., 771
Quality. N Y 2 2 9 0 1

---

**COMPLETE-READY TO INSTALL**

**OUTDOOR GARDEN POOL**

$4.98

Burke's sunked garden pool for live goldfish and exotic water lilies. One water tight piece of aqua colored Polypropylene. Easily installed, ideal garden size 3'5" x 2'3" x 8" deep at ground level. Recessed water bay holds 1 to 3 bulbs. $4.98 complete or 2 for $9.75. Water Lily Bulb Free with each pool. Add 50c for shipping.

Michigan Bulb Co.
Dept. OS-1478
Grand Rapids, MI 49550

---

**CATNIP in Needlepoint**

Capture the penetrating, almost defiant look that has made the Siamese cat one of the most cherished of pets. Kit includes 9 inch square design on 11 inch #10 mono canvas, Persian wool yarn in browns, beige, white and black, needle and instructions.

$6.95 plus 50c postage. (Mass. ^M. add 30c tax) No C.O.D.

Send 25c for the next 3 issues of our colorful home decor/craft catalog with over 400 fascinating items.

The World of Stitch 'n Knit

Dept. HG-77
Stitch 'n Knit World, Box 790
Palo Alto, CA 94303

---

**SHOPPING AROUND**

**MIST SPRAYER**

New fast trigger type. Nozzle adjusts spray fineness: heavy for windows, medium for cleaning chores, fine for plants or hair set. Sturdy plastic, 8" h., holds 18 ozs. Assorted colors. $3.98 plus 50c post. Lilly's Garden, Dept. G7E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

**WORKING TELEPHONE**

Pay station models were in use. Taken off line, they're rebuilt as regular phones. Money goes from coin slots on to savings box, helps pay for extra calls. Finish ed black or green. $125 plus $20 post. Catalogue 50c. Grand Com Inc., HG7, 324 Fifth Ave., New York, NY 10010.

**PROTEIN POWER**

Improve your hair's condition with Crowning Glory lotion. It is absorbed by hair, can help strengthen and thicken, reduce breakage, heal split ends. No grease or alcohol. Two-months supply $3.98 plus 25c postage. Crowning Glory, HG7, 210 Fifth Ave., New York, NY 10010.

**TEL TIME**

"Heather" shows off a foot prettily in glove soft leather with 1" heel. Choose white, beige or black; sizes narrow, medium, wide. 41/2. Full cushioned insoles. Sizes 4-10, $12.95; 101/2-12, $13.95. Add 90c post. Softwear Shoes, HG7, 1711 Main, Houston, TX 77002.

**HISTORIC AMERICA**

Jumbo playing cards, 31/2" by 5" are adorned with full color reproductions of original Currier and Ives prints. There are 52 scenes of great interest for the Bicentennial year. Handsomely boxed. $5.95 a set; two sets, $10.95 ppd. Seh & J^d, HG7, Great Barrington, MA 01230.

**REEL-Y HANDY**

This very practical key holder does away with fumbling and groping. Reel clips inside purse: unreels keys, automatically re-winds into case. Clip to your bag, pocket or belt. $2.98 plus 20c post. Order from Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

**MEDICAL TRIBUTE**

Noted sculptor Laszlo lspanky interprets "The Hippocratic Oath" in porcelain. Caduceus, symbol of healing, in 1-snake (AMA) or 2-snake (AMC) staff. 15" on stand; engraved with brass plate; limited edition of 600. $750 ppd. Trein's, HG7, 201 W. 1st St., Dixon, IL 61021.
FINGER FASHION

Handcrafted rings from spoon handles of sterling silver in Kirk patterns. Size adjustable. Cheryl, Old Maryland Engraved, Repoussé; also Golden Winslow (not illustrated). $12.50 ppd. Wickford Gift Galleries, Dept. 228, 290 Westminster St., Providence, RI 02903.

TO HAVE AND TO FOLD

Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG7, Box 204, Teaneck, NJ 07666.

COASTER SET

Wise way to hold party glasses of any size. Big owl coasters crafted of hardwood are inset with cork-lined wells having a feather-like design. Good-looking, practical. An ideal hostess gift; Four with stand $6.95 plus 75c postage. Concho, HG7, 416 Main St., Port Washington, NY 11050.

ATTENTION!

"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5". $2.98 plus 25c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

CANINE CHEW BONES

Nylabones come in four sizes, petite to wolf for chihuahuas to Great Danes. Hambone scented; $3.98; 5" $2.98; 3½" $1.98. Pnd. Nylabone, HG7, Box 27, Neptune, NJ 07753.

CURTAIN CHARM

Ball Fringe On Unbleached Or White Muslin

100% Cotton

Tiers

20" x 25"  5.50
30", 36", 40"  6.00

Tiebacks

45", 54", 63"  8.00
72", 81", 90"  10.00

Valance

10" x 80"  2.50

Country Curtains add warmth to every room and are a credit to your thriftiness. Country Curtains are a lifetime friend and supply their own sunshine. . . . New England at its very best.

Burglar Proof Lock For Sliding Doors

Provide complete security against intruders. Revolutionary new "Safety Bar" fits all doors and is adjustable up to 50" long. "Safety Bar" installs easily without tools or screws (instructions included) and is self storing. Sturdily made of aluminum with anodized satin finish. You'll want one for each sliding glass door in your home.

$6.95 plus $1.00 postage

FERRY HOUSE

Dept. D-775

For a Satisfying Hobby or Rewarding Career

Famous HOME STUDY course Individual courses reserved and can be obtained by sending a deposit on briefly of long established reputable school with many graduates all over the world. Lessons cover Textiles; Furnishings; Room Arrangement; Color Harmony; Periods and Med- dle Ages; History of Art; Interior Design, Wall Treatments; Wall Finishes; Plasterwork; Lighting; Pottery; Porcelain; Glass; Accessories. Details on how to set up your own business from a catalog. Illustrated Lessons complete with samples of fabrics, colors, etc.

CERTIFICATES AWARDED

NEW YORK SCHOOL OF INTERIOR DESIGN

155 East 56th St., New York 10022

INTERIOR DECORATION

For a Satisfying Hobby or Rewarding Career

Send for FREE BROOKLET

NEW YORK SCHOOL OF INTERIOR DESIGN

155 East 56th St., New York 10022

Please send me a free obligation Catalog. 2 21

 american's favorite

ELECTRIC BUG KILLER

The modern, ecological answer to your mosquito and insect problem.

Bugs are attracted to our special black light and are immediately incinerated by an electric element.

maintenance free, weatherproof, harmless to birds and animals.

$15 - 1/4 acre $99.95
$15 - 3/4 acre $124.95
$20 - 1 acre $159.95

Please add $5.00 shipping and handling.

WARRANTY:

30 days unconditional, 1 yr. parts & labor.

comtec

120 Main Street
Greenville, NH 03048

America's favorite

ELECTRIC BUG KILLER

The modern, ecological answer to your mosquito and insect problem.

Bugs are attracted to our special black light and are immediately incinerated by an electric element.

maintenance free, weatherproof, harmless to birds and animals.

S-15 - 1/4 acre $99.95
D-15 - 3/4 acre $124.95
D-20 - 1 acre $159.95

Please add $5.00 shipping and handling.

WARRANTY:

30 days unconditional, 1 yr. parts & labor.

comtec

120 Main Street
Greenville, NH 03048

America's favorite

ELECTRIC BUG KILLER

The modern, ecological answer to your mosquito and insect problem.

Bugs are attracted to our special black light and are immediately incinerated by an electric element.

maintenance free, weatherproof, harmless to birds and animals.

S-15 - 1/4 acre $99.95
D-15 - 3/4 acre $124.95
D-20 - 1 acre $159.95

Please add $5.00 shipping and handling.

WARRANTY:

30 days unconditional, 1 yr. parts & labor.

comtec

120 Main Street
Greenville, NH 03048

America's favorite

ELECTRIC BUG KILLER

The modern, ecological answer to your mosquito and insect problem.

Bugs are attracted to our special black light and are immediately incinerated by an electric element.

maintenance free, weatherproof, harmless to birds and animals.

S-15 - 1/4 acre $99.95
D-15 - 3/4 acre $124.95
D-20 - 1 acre $159.95

Please add $5.00 shipping and handling.

WARRANTY:

30 days unconditional, 1 yr. parts & labor.

comtec

120 Main Street
Greenville, NH 03048

FINGER FASHION

Handcrafted rings from spoon handles of sterling silver in Kirk patterns. Size adjustable. Cheryl, Old Maryland Engraved, Repoussé; also Golden Winslow (not illustrated). $12.50 ppd. Wickford Gift Galleries, Dept. 228, 290 Westminster St., Providence, RI 02903.

TO HAVE AND TO FOLD

Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG7, Box 204, Teaneck, NJ 07666.

COASTER SET

Wise way to hold party glasses of any size. Big owl coasters crafted of hardwood are inset with cork-lined wells having a feather-like design. Good-looking, practical. An ideal hostess gift; Four with stand $6.95 plus 75c postage. Concho, HG7, 416 Main St., Port Washington, NY 11050.

ATTENTION!

"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5". $2.98 plus 25c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

CANINE CHEW BONES

Nylabones come in four sizes, petite to wolf for chihuahuas to Great Danes. Hambone scented; $3.98; 5" $2.98; 3½" $1.98. Pnd. Nylabone, HG7, Box 27, Neptune, NJ 07753.

CURTAIN CHARM

Ball Fringe On Unbleached Or White Muslin

100% Cotton

Tiers

20", 25"  5.50
30", 36", 40"  6.00

Tiebacks

45", 54", 63"  8.00
72", 81", 90"  10.00

Valance

10" x 80"  2.50

Country Curtains add warmth to every room and are a credit to your thriftiness. Country Curtains are a lifetime friend and supply their own sunshine. . . . New England at its very best.

Burglar Proof Lock For Sliding Doors

Provide complete security against intruders. Revolutionary new "Safety Bar" fits all doors and is adjustable up to 50" long. "Safety Bar" installs easily without tools or screws (instructions included) and is self storing. Sturdily made of aluminum with anodized satin finish. You'll want one for each sliding glass door in your home.

$6.95 plus $1.00 postage

FERRY HOUSE

Dept. D-775

For a Satisfying Hobby or Rewarding Career

Famous HOME STUDY course Individual courses reserved and can be obtained by sending a deposit on briefly of long established reputable school with many graduates all over the world. Lessons cover Textiles; Furnishings; Room Arrangement; Color Harmony; Periods and Med- dle Ages; History of Art; Interior Design, Wall Treatments; Wall Finishes; Plasterwork; Lighting; Pottery; Porcelain; Glass; Accessories. Details on how to set up your own business from a catalog. Illustrated Lessons complete with samples of fabrics, colors, etc.

CERTIFICATES AWARDED

NEW YORK SCHOOL OF INTERIOR DESIGN

155 East 56th St., New York 10022

INTERIOR DECORATION

For a Satisfying Hobby or Rewarding Career

Send for FREE BROOKLET

NEW YORK SCHOOL OF INTERIOR DESIGN

155 East 56th St., New York 10022

Please send me a free obligation Catalog. 2 21

american's favorite

ELECTRIC BUG KILLER

The modern, ecological answer to your mosquito and insect problem.

Bugs are attracted to our special black light and are immediately incinerated by an electric element.

maintenance free, weatherproof, harmless to birds and animals.

S-15 - 1/4 acre $99.95
D-15 - 3/4 acre $124.95
D-20 - 1 acre $159.95

Please add $5.00 shipping and handling.

WARRANTY:

30 days unconditional, 1 yr. parts & labor.

comtec

120 Main Street
Greenville, NH 03048
"AT THE VET’S"

Charming figurine inspired by a Norman Rockwell Saturday Evening Post cover of March 29, 1952. It touchingly depicts a little boy’s concern for his trusty pal. 6¼” high. Fine bisque in lifelike color tones by Gorham. $25 plus 50c post. Downs, Dept. 1407-Z, Evanston, IL 60104.

HANDY HANG-DRYER

For travel or home use, a sturdy dryer to hold all your washables is a great help. Hooks onto any showerhead, notched shaft holds 11 hangers. Steel construction, rustproof vinyl finish. $3.23, two $5.75. Ppd. American Century, HG7, P.O. Box 36322, Los Angeles, CA 90036.

GLASSEROLE

Use to mix, bake, serve, store hot or cold dishes, with lid or without. Protective cork base. 7¾” dia., holds 2¼ qts. Flip the lid for plate to hold circulating shrimps, dip, snacks. $9.98 plus $1 post. The Country Gourmet, G7E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

COLORFUL COVER

Plant hardy creeping red sedum on bare ground. Bronze foliage is 3” to 4” tall, spreads quickly. Star-shaped scarlet blossoms, June through August. 4 plants $1; 8 $1.75; 12 $2.50; 24 $4.75. 48 $9.25. Ppd. House of Wesley, Nursery Div., Dept. 4242-38, Bloomington, IL 61701.

BEDSPREAD CADDY

“Spread Stead” holds bedspread at night, folds flat under spread by day. Heavy-duty brass over metal; opens in seconds. 18” I. for double or queen-size, $30.45; two 34” I. units for twin, king or dual, $39. Ppd. The Spread Stead Co., Inc., HG7, Lady’s Island, Beaufort, SC 29902.

CENTURY LIGHT

Ingenious night light is said to last 36500 nights—that is, a hundred years! Stays cool, plugs into wall socket to light dim areas softly. Continuous operation costs just 2c a week. $1.98 plus 25c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

THIMBLE LOVELIES

Fine white porcelain decorated with pretty bird designs, sure to please a collector. Choice of robin, cardinal, bluebird. Also (not shown): rose, aster, buttercup, 16” Chain. 3 Strongites, $3.97; 18” Chain 4 Strongites, $4.65; $1.98 plus 25c post. Ferry House, Dept. G7, Briarcliff Manor, NY 10510.
SHOPPING AROUND

AT YOUR SERVICE

Individual coffee and tea pot in stainless steel hold 10 ozs. each. The beauty of stainless is that it stays shiny and fresh over the years. Designed for dripless pouring. Coffee, $4.98; tea, $6.98 ppd. Colonial Gardens Kitchens, HG-7, 270 W. Merrick Rd., Valley Stream, NY 11582.

FELINE HYGIENE

This litter pan confines odors, hides wastes and stops litter spills. Top removes. Molded plastic, 16" w., 22" l., 18" h. $18.95; 20" l. by 14" w. by 17" h. $16.95 Ppd. Blue, beige, yellow, brown, avocado or white. Haugen Products, HG7, 709 W. Huron, Ann Arbor, MI 48103.

HERE'S "JUDY"

Sandal with wafer-thin cushion platform 1 1/2" heel. Blue to royal ombre, bone to brown, multi-pastels, all black, white, navy or brown kid leather. AAAA to EE, 2 1/2 to 10, $27.95. 10 1/2 to 12, $28.95. Add $1 post. Free catalogue. Solby Bayes, HG7, 45 Winter St., Boston, MA 02108.

GARDENER'S DREAM

Firm redwood-framed fiberglass greenhouse is pre-cut, bolts together for portability and strength. Has broad benches, a Dutch door, large vents. 8'4" model shown $159.95 ppd. Free brochure. McGregor Greenhouses, Box 36-7-D, 1195 Thompson Ave., Santa Cruz, CA 95063.

BEAUTY PROGRAM

Kit for home use consists of bustline improvement guidebook for exercises, diet, posture; hydrotherapy massage cup for a few minutes daily use; and three special-formula cremes. $19.95 ppd. Beauty-Breast of Paris, Dept. LG/Y, Box 8072, Van Nuys, CA 91409.

POT PRETTIER

Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotisserie and grills. 7 oz. can with brush. Dissolves carbonized grease, encrusted build-up. Does not darken or pit. $2.98 plus 50c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.
GET RID OF UNWANTED HAIR

Amazing Lemos Pergamon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

LEOMOS PERMAGON $11.98 + 50c Mailing
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-75 585 Market St., San Francisco, Calif. 94105

SHOPPING AROUND

Convertible Ottoman
Handsome, compact, space-saving marvel! 33 x 28" closed. Castro’s ingenious convertible ottoman opens to full length bed in seconds with deluxe innerspring mattress. Doubles as a chair. Specify tailored cover: gold, red, brown, blue or green; floral or solid
SPECIAL $184.90, FREIGHT INCLUDED ($159.95, without cover, freight included)
Optional: matching bolster and backrest, $49.95, ppd Free fabric samples on request. Satisfaction guaranteed
Castro Convertibles 1010 N. Westshore Blvd. Tampa, Florida 33607

les parties
27 madison st.
rochester, n.y.

BUTTERFLY BATIK
Colorful prints on finely grained art paper are a nature lover’s delight: each of four 9" x 12" prints of batik works shows a butterfly and flower in full color. To hang up or decoupage! Set of four, $1 plus 35c post. Cadyn’s, HG7, 2077 New York Ave., Huntington Sta., NY 11746.

FIGURE SHAPER
For men and women, to be used while lying on floor. Attach to doorknob, exercise twice daily for 5 minutes. Slimming action concentrates on hips, waist and thighs. $9.95 plus $1 post. Joe Weider, Dept. LG/Y, 21100 Erwin St., Woodland Hills, CA 91364.

TIPS FOR GARDENERS
"201 Valuable Free Things for People Who Love Gardening" is a 48-page booklet from American Garden Guild. Includes descriptions of catalogues and gardening fact sheets for fall planting. 25c post. Free Things, c/o American Garden Guild, Dept. HE001, Garden City, NY 11530.

EARLY TRAVEL
Authentic relief replica of a 7-window trolley car once used in many American cities. Adams-Cast™ metal plaque antiqued and polished with rich pewter look 5¼" w. Hanging hooks. $7.98 plus 50c post. Lillian Vernon, Dept. G7E, 510 So. Fulton Ave., Mt. Vernon, PA 19010.

GRANDFATHER SAMPLER
"If All Else Fails Ask Grandpa." Kit with oyster. Belgian linen stamped for cross-stitch, floss in bright colors. 8½" x 16" wood frame in maple or mahogany finish. Also "If Mother Says No, Ask Grandmother." Each $3.95 plus 50c post. Anthony Enterprises, HG7, 886 Market St., San Francisco, CA 94105.

ART OF GREECE
Hand embroidery on denim. Rope-covered wedge; elastic gore in strap; crepe sole. Sunflowers on medium blue; thunderbird; beige, red apple, white or navy. 5-12 in N, M and W. $17.99 ppd. Free catalogue. Hill Brothers, Dept. 937, 241 Crescent St., Waltham, MA 02154.

DRIP-DRY ROD
Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive; garments drip in tub. $3.98 plus 60c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.
SHOPPING AROUND

HANDY MAGNIFIER

READY FOR 1976
There's sure to be a run on flags for the Bicentennial and it is best to be prepared. Set includes 3' by 5' cotton flag in cotton, two-piece 6' aluminum pole, gift eagle, halyard, metal bracket. $8.90 plus $1 post. Llewellyn Variety, HG7, 1521 Gunbar St., Marion Oaks, Ocala, FL 32670.

KEEP IT CLEAN
Intended for use on all kinds of carpet stains: coffee, ice cream, ink, shoe polish, most pet stains. Just spray spot and wipe. Effective also on colorfast fabrics. 8 ozs. $2.95 ppd. Write to Bernson's, HG7, Box 8711, Durham, NC 27707.

ANGELETT ACCENT
Easy-care curtains with 2" eyelet ruffles. 80" wide to pair. Cream or white. Machine-washable polyester. 45" $4.95; 63" $11; 72" $11.90; 90" $14; valance 10" by 72" $3.50. Add $1.75 post. Free brochure. Country Curtains, HG7, Stockbridge, MA 01262.

SONGBIRD SETS
Colorful printed place mats in easy-care quilted cotton ovals 191/2" by 13". Yellow, blue and red birds on green vines and foliage, white ground. Set of four $6.95. Ppd. Artisan Galleries, HG7, 6701 Arlington Blvd., Dallas, TX 75204.

REAL CUT-UP
If you love snipping recipes, coupons, ads and Shopping Around, clip it paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20c post from Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

HAWAIIAN BAMBOO ORCHIDS
Guaranteed to Grow! one for $1.00 plus $.40 postage. Now you can have this easy growing Bamboo Orchid fresh from Hawaii. The blossoms exotic colors of white, lavender and deep purple will remind you of our enchanted islands. The plant requires hardly any care and will be 8" to 12" tall. MAHALO!

HAPAKI OF HAWAII
P.O. Box 1535, Dept. HG7, Hilo, Hawaii 96720

WICKER WONDERLAND
Tiffany Lamp—framed glass. 12" shade. $10.00. 16" shde. $12.95. 18" shade. $14.95. 20" shade. $16.95. 24" shade. $20.95. 14" by 20" Cintiature Lamp. $10.00. 14" by 29" Cintiature Lamp. $12.95. 18" by 29" Cintiature Lamp. $14.95. 10" by 5" Wall Sconce. $3.95. 10" by 8" Wall Sconce. $4.95.

NATIONAL HARDWARE
Decorators hardware selection includes everything from massive door pulls to exquisite cabinet knobs and bath fixtures. Send $2 (handling) for 222-page Hardware & Bath Catalog.

ACME HARDWARE CO., INC.
Dept. 2, 150 S. LaBrea Ave., Los Angeles, CA 90036

BRASS MIST SPRAYER
Every home gardener needs a spray mister to pamper those favorite indoor plants! A fine mist of water养会 land cut flowers. Plants look better and grow faster! Great for seedlings—can't injure the tiniest shoots! Ideal for touch-up pressing at the ironing board! $3.02 Brass Sprayer. Savel 2 for $5.75. Add 35c each postage plus state tax.

Creative Enterprises
1732 Butler Ave., HOG, L.A., CA 90025

Talbots
Shetland Sweater
Our crew-neck Shetland pullover, imported from Hong Kong and fully fashioned, has raglan sleeves and saddle shoulders in snow, navy, brown, beige heather or gray heather. Sizes 36-40. $18.00. White or navy monogram (please specify color and underline last initial) $4.00. Add $.50 for postage.

Please send me your new free color catalog.

Talbots, Dept. DY, Hingham, Mass. 02043

Lifelong ID tag for pets
Don't worry about your dog or cat getting lost. This stainless steel lifetime identification tag displays all the necessary information for his safe return—pet's name, your name, address and phone number, all engraved free. Hook for easy attachment to collar. Specify dog or cat.

$1.00 Ppd.
Write for FREE catalog of pets.

HOLIDAY GIFTS
Dept. 307-E, Wheat Ridge, Colorado, 80033
SHOPPING AROUND

LAWN TIDY-UP
Hand-held grass clippers have built-in motor with permanent lubrication. Great for edging flower beds, walkways, around trees. Uses flashlight batteries. Has 2 steel blades. $5.98 plus 50c post. Refill blades, pair $1.

LOUD AND CLEAR
Gold-colored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty or is it ego-assuaging? 4" x 4" stained wooden stand. $2.98 plus 25c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

HAPPY HEART
New way to work in needlepoint. Kit has color chart of 12" by 12" design in blue, watermelon, net-cariine, apple green; floss; needle; 18" by 18" canvas for 16" stretcher, ecru ground. $34.95 ppd. Decorator Needlepoint, HG7, Rm. 1502, 30 E. 60th St., New York, NY 10022.

CUFF CHIC
Give her a perfect combination of new fashion and the personal touch. It's a stiff bracelet of sterling silver. $15 plus 50c post. Refill blades, pair $1. Anthony Enterprises, HG7, 1732 Butler Ave., Los Angeles, CA 90025.

NEVER TO RETURN
For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Bat-tery operated device removes the hair from the skin, without bruising or discomfort. The kit has color chart of 12" by 12" design in blue, watermelon, net-cariine; floss; needle; 18" by 18" canvas for 16" stretcher, ecru ground. $34.95 ppd. Decorator Needlepoint, HG7, Rm. 1502, 30 E. 60th St., New York, NY 10022.

WONDERFUL WOOD
Tools essential for fine cookery stow neatly in a handwoven natural wicker basket. Included are a spatula, fork, meat tenderizer and spoons for mixing, stirring, tasting and adding this and that. $16.95 ppd. General Medical Co., HG-45, 5701 W. Adams Blvd., Los Angeles, CA 90016.

CURVE COMFORT
Caressingly soft nylon stretch lace makes a bra to wear for natural ease and control. It's ideal for sleeping as well as daytime activities. $3.98 plus 25c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.
SHOPPING AROUND

Hawaiian "Good Luck" ti plant
Guaranteed to grow!

The native Hawaiians believe the Ti Plant has a mystical hoodoo power. The leaves were worn to dispel evil. It is planted to bring GOOD LUCK, LONG LIFE and LASTING LOVE. The Ti Plant has been used for medicine, candy, food, alcoholic drinks, and the sexy Hula Skirt.

The Ti Plant grows out of a log — so fast that you can almost see it grow! All you do is put the Ti log in water and watch it grow! When it sprouts, put it in a pot. The bigger the pot, the bigger it will grow from one to six feet tall. You can have the size you want. Grow it in sun or shade — it blossoms! The Hawaiian Ti Plant makes an ideal gift. Send good luck to your friends and loved ones.

Choice of red or green leaves: guaranteed to grow or free replacement!

One for $1.00 3 for $2.50
Please add twenty-five cents for postage and handling.

ROBERTA'S
P.O. BOX 630, SHELBYVILLE, INDIANA 46176

SOLID CHERRY CANOPY BED
Great-grandmother draped her bed against the winter's cold, or netted it against mosquitoes. Drape yours for beauty, any way you wish. Solid cherry with broken pediment head, reeded blanket rail on the foot and wooden rails, all beautifully finished. Queen size only. Post 701/2" high. Covers and bedding not included. No C.O.D.

Matching bedroom and dining room pieces available.

Poster Bed $233.00. Canopy Frame $40.00.

Send $1.00 for catalog of reproductions.

Paris, 317, Box 264, Concord, N. C. 28025

Ephraim Marsh

You must remember this!
The ceiling fan is suddenly the "In" way to cool a room naturally. The Adaptair lever, on 52" fans only, adjusts angle of all 4 blades to direct air flow down for regular use or up for indirect flow. All fans have two speeds and a five-year guarantee.

52" fan with Adaptair, $275
52" fan without Adaptair, $239
36" fan, $139
Light Adapter Kit, $16

DEPT. H-15

The Ceiling Fan Gallery

Indian Neck Lane, Peconic, New York 11958

CLEANS YOUR SHOWER TILE
KLENTILE SHOWER TILE CLEANER WILL CLEAN AND CONTROL SOAP SCUM, BODY OILS, STAINS, MILDEW, HARD WATER DEPOSITS AND WHITEN GROUTING. A FULL YEAR'S SUPPLY FOR TWO BATHS. MAIL CHECK OR MONEY ORDER FOR $4.95

Please add $1.00 for tax and postage.

GUARANTEE
KLENTILE does not clean your shower tile to your complete satisfaction. Full purchase price will be refunded.

Standard Laboratories
209, Box 1124
Charlotte, N. C. 28209

Luigi Crystal
7332 Frankford Ave., H.G-7, Phila., Pa. 19136

CUPID CHARMS
You will want two of these to add an elegant note to table, mantle or piano. Hand cut crystal prisms shower the Rogers gold plated twin cupids. Stand 17 1/2" high including the imported marble base. 9" wide. $34.95 Pair. Ship. charge collect. Sorry no, COD's please

Please add 6% tax. Send 25¢ for catalog.

Robert's

GARDEN SITE
Display your plants elegantly in a beautiful terrarium table. Sturdy white styrene 16" by 16" by 16" has deep planter inset, double-strength glass top. Unique piece ready to assemble in a jiffy. $3.98 plus 50¢ post.

Crown-Castle Garden, 585 Market St., San Francisco, CA 94105.

PATCHWORK PAIRS
Colorful printed place mats of quilted polyester and cotton reverse to solid sunny yellow. 17" x 17" has deep planter inset, double-strength glass top. Unique piece ready to assemble in a jiffy. $3.98 plus 50¢ post.

Crown-Castle Garden, 585 Market St., San Francisco, CA 94105.

NET EFFECT
Sweaters dry in a breeze on a fabulous frame that circulate through fine net. 24" x 24"; reinforced corners fit over metal frame that's hinged to fold flat. Ideal for stockings. $3.98 plus 50¢ post.

American Consumer, Dept. PM-34, 51 Bank St., Stamford, CT 06901.

STRAIGHT AND PROUD
Posture maker corrects posture as it holds body straight, shoulders back. Webbing, one size fits men and women. After wearing for a time, body assumes proper posture. $3.98 plus 50¢ post.

American Consumer, Dept. PM-34, 51 Bank St., Stamford, CT 06901.

CREATIVELY YOURS
There's a variety of stimulating ideas featuring maple hardwoods as country-style dining tables, work tables, mobile carts, shelving, benches, counter tops—all shown in a 44-page catalogue.


KLENTILE SHOWER TILE CLEANER
KLENTILE SHOWER TILE CLEANER will clean and control soap scum, body oils, stains, mildew, hard water deposits and whiten grouting. A full year's supply for two baths. Mail check or money order for $4.95.

Please add $1.00 for tax and postage.

GUARANTEE
KLENTILE does not clean your shower tile to your complete satisfaction. Full purchase price will be refunded.

Standard Laboratories
209, Box 1124
Charlotte, N. C. 28209

Luigi Crystal
7332 Frankford Ave., HG-7, Phila., Pa. 19136

CUPID CHARMS
You will want two of these to add an elegant note to table, mantle or piano. Hand cut crystal prisms shower the Rogers gold plated twin cupids. Stand 17 1/2" high including the imported marble base. 9" wide. $34.95 Pair. Ship. charge collect. Sorry no, COD's please

Please add 6% tax. Send 25¢ for catalog.

Robert's

GARDEN SITE
Display your plants elegantly in a beautiful terrarium table. Sturdy white styrene 16" by 16" by 16" has deep planter inset, double-strength glass top. Unique piece ready to assemble in a jiffy. $3.98 plus 50¢ post.

Crown-Castle Garden, 585 Market St., San Francisco, CA 94105.

PATCHWORK PAIRS
Colorful printed place mats of quilted polyester and cotton reverse to solid sunny yellow. 17" x 17" has deep planter inset, double-strength glass top. Unique piece ready to assemble in a jiffy. $3.98 plus 50¢ post.

Crown-Castle Garden, 585 Market St., San Francisco, CA 94105.

NET EFFECT
Sweaters dry in a breeze on a fabulous frame that circulate through fine net. 24" x 24"; reinforced corners fit over metal frame that's hinged to fold flat. Ideal for stockings. $3.98 plus 50¢ post.

American Consumer, Dept. PM-34, 51 Bank St., Stamford, CT 06901.

STRAIGHT AND PROUD
Posture maker corrects posture as it holds body straight, shoulders back. Webbing, one size fits men and women. After wearing for a time, body assumes proper posture. $3.98 plus 50¢ post.

American Consumer, Dept. PM-34, 51 Bank St., Stamford, CT 06901.

CREATIVELY YOURS
There's a variety of stimulating ideas featuring maple hardwoods as country-style dining tables, work tables, mobile carts, shelving, benches, counter tops—all shown in a 44-page catalogue.

SNORE NO MORE
Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men or women.

ANTI-SNORE MASK $3.98 + 25c Mailing
No COD or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-75 585 Market St., San Francisco, Calif. 94105

STERLING SILVER CHOKER
15" long. A masterpiece in fine jewelry artistically designed by NANCY. Optional center bead in sterling silver, tiger eye or malachite available. $37.50 plus $1.00 postage. New York residents add taxes. No C.O.D. Major credit cards acceptable.

KALPANA CRAFTS, INC.
12 W. 55 Street, New York, N.Y. 10019, 212-246-0335

SANDAL DAZZLER
Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N 5½-12; M 4-12; W 5-12. (No half sizes over 10.) $11.99 plus 75c post. Morgan's Cove, HG7, 28 W. Prospect, East Brunswick, NJ 08816.

RICH REWARDS
If you have a good offer, but limited budget, reach a highly responsive mail order market with a classified ad at nominal cost. Information including buying list of mail order publications purchased through National Mail Order Classified. Best By Mail, HG7, Box 5, Sarasota, FL 33578.

POCKET OR PENDANT
Lovely Alpine foliage design on outside of goldtone watch case, brush strokes inside. Face has tiny white Roman numerals on black ground, around sculpted sunburst. 1½” dia. (#9841). Matching 21” chain. $23.95 plus 35c post. Downs, Dept. 1407-Y, Evanston, IL 60204.

WHOLE TEETH

CREST AND MOTTO
Authentic full coat-of-arms is researched, lettered and hand-painted in its heraldic colors. Framed with mat, glass. S (5” x 7”) $42.50; M (8” x 10”) $52.50. Unframed $4.95 less. Add $1 post. The Rainaud Family, HGE, Lisle Hill, Wilmington, VT 05363.

WHALE OF AN IDEA

SHOOTING AROUND
FLIP A RECIPE
Revolving file for treasured recipes with protective see-through envelopes to keep recipes. Metal frame with inlaid wood base and knobs holds up to 500 cards, 3½" by 5". 160 envelopes, 32 index cards incl. $12.95 plus 95c post. The Ferry House, G7, Briarcliff Manor, NY 10510.

SANDAL DAZZLER
Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N 5½-12; M 4-12; W 5-12. (No half sizes over 10.) $11.99 plus 75c post. Morgan's Cove, HG7, 28 W. Prospect, East Brunswick, NJ 08816.

RICH REWARDS
If you have a good offer, but limited budget, reach a highly responsive mail order market with a classified ad at a nominal cost. Information including buying list of mail order publications purchased through National Mail Order Classified. Best By Mail, HG7, Box 5, Sarasota, FL 33578.

POCKET OR PENDANT
Lovely Alpine foliage design on outside of goldtone watch case, brush strokes inside. Face has tiny white Roman numerals on black ground, around sculpted sunburst. 1½” dia. (#9841). Matching 21” chain. $23.95 plus 35c post. Downs, Dept. 1407-Y, Evanston, IL 60204.

WHOLE TEETH

CREST AND MOTTO
Authentic full coat-of-arms is researched, lettered and hand-painted in its heraldic colors. Framed with mat, glass. S (5” x 7”) $42.50; M (8” x 10”) $52.50. Unframed $4.95 less. Add $1 post. The Rainaud Family, HGE, Lisle Hill, Wilmington, VT 05363.

WHALE OF AN IDEA
"STRawBERRIES" KIT
Padded applique, quilting for 3-dimensional picture. 11" x 15" after framing. In red/blue, red/yellow, pink/green, red/green or brown/orange. Kit (no frame) $6; pattern/instructions $2. Ppd. 25c. The Patchwork Pillow, HG7, Box 52604, Northside Sta., Atlanta, GA 30305.

FARM'S FORUM
Clear plastic dome lets you see nature's way of opening bobwhite quail eggs to produce babies. Incubator operates on 110 volt electricity, is 6" h., 7" dia. $5.98 with six eggs; without eggs, $4.25. Ppd. Catalogue, 25c. The Patchwork Pillow, HG7, Box 8152, Savannah, GA 31402.

PIECE BY PIECE
Personal jigsaw puzzle is a blow-up photo in black and white from your color or black/white original. 8" by 10", $3.99; 11" x 14", $4.99; 12" x 18", $5.99. Full color, 8" by 10", $6.99; negative, slide, $1 extra. Ppd. Photo returned. Photo Poster, Dept. HG-75, 585 Market St., San Francisco, CA 94105.

OLD WORLD LOOK
Handcrafted iron stand for terrarium. Arms hold 8" or 10" bowl. 6" size $5.95; 10" $6.95. Candle holders, also black iron, 44'. Walls, windows, doors. $8.98

DECORATING PLANS
Three-dimensional room planning kit. Styrene forms representing over 150 different pieces of furniture scaled 1/2" to a foot. Arrange up to three rooms on graph paper equivalent to 27" by 44". Walls, windows, doors. $8.98 ppd. Plan-It Kit, Inc., HG7, Box 429, Westport, CT 06880.

TWISTY KEY RING
Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.49 plus 25c postage. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

"SPIRIT OF '76"" KIT
Patriotic patchwork print in an unusual decorator table cloth. 100% cotton, permanent press. Red, white and blue colors are from a Colonial chart. Merrow hemmed, soil resistant, round, 72" $20, 90" $25. Plus $1 post. Hildegarde's, HG7, 597 Farmington Ave., Hartford, CT 06105.

SHOPPING AROUND

"ENJOY REAL EYE COMFORT"
Now you can enjoy comfortable vision in strong sunlight while playing tennis, sailing, golfing, motoring, or reading on the beach. Adjustable dark green plastic shield slips on your glasses in a jiffy. Wear the Sport Visor on regular or sun glasses.

SPORT VISOR . . . $2.98 + 25c Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
585 Market St., San Francisco, Calif. 94105

PRESS ON ADDRESS LABELS
Stick to any smooth surface. No moisture needed. Use them on letters, sports equipment, cameras, tapes, etc. Any message to 4 lines, 26 spaces each. Printed in black ink on your choice of White, Gold, Silver, . . . or Blue, Pink. Yellow pastel labels. $3.50 x 1", in handy plastic sleeve dispenser. 25s for S3; 450 [alike] 35; or 1000 [alike] for $10. All postpaid. Specify color desired. 80-page Useful Gift Catalog. 25c. From BRUCE BOLIND, 27-P BOLIND BLDG., BOULDER, COLORADO 80302. Since 1956, thanks to you!

PLANT STAND
GrunMar Floor-to-Ceiling Plant Stand—new concept in plant arrangements for home and office decor. It provides space for 12 large plants. Special clamps slide up or down to provide desired height and level and accommodates eight 6" and four 12" arms with 6" white drip proof trays. All arms are interchangeable to provide many plant arrangement possibilities. Satin finish. Easily assembled and installed in minutes. Satisfaction Guaranteed or Your Money Back.

Home Plant Displayers, Inc.
Dept. HG-75
585 Market St., San Francisco, Calif. 94105
HAWAIIAN GINGER
Exotic red plant produces long-lasting bloom. New sprouts grow continuously around main plant producing new ginger. Red or blue bloom (specify). Ginger root, $1; 6" growing plant, $3 plus 50c post. Tropical plant catalogue, 50c Aloha East, HG7, Box 12098, Seattle, WA 98112.

BUSINESS AIDE
Compact, easily portable desk set sharpens pencils and clips open mail, at home or office. Only 6" l. by 5½"w. by 4" h. Will hold two pens. Operates on batteries (not included). Ivory, $9.95 ppd. & F Distributors, Dept. 175, 1882 Elaine Way, Upland, CA 91786.

EXTENSION
Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it's easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

SEAT OF LUXURY

HISTORIC HANGER
From the gaslight days, a Victorian-style cast iron coat rack handy for trench coats, umbrellas, scarves, hats. Five large swing arms each has three hooks. 7½" from wall; 14" w. $3.98 plus 75c post. Holiday Gifts, Inc., Dept. 307-F, Wheat Ridge, CO 80033.

PORTABLE SCENERY

RYA ARTISTRY
COOL AND BOUNCY
Good-looking sandal of genuine leather has wide cross-straps, resilient crepe soles. 1 1/4" wedge heels, adjustable sling back. Choice of camel, navy or white. 2236698. Full sizes 5 to 10, medium width. $1.16 plus $1 post. Old Village Shop. Dept. M2004, Hanover, PA 17331.

EAR-MARKED FINDS

HI. BUD
A brass-plated buckle of heavy metal sports a favorite label of beer lovers. $4.50. Wear it on a black or brown belt, 1 1/2" wide, of top quality leather. In even sizes 24-42. $4.50. Add $1 postage. No Nonsense Shop. Dept. 140-HG, P.O. Box 3118, Davenport, IA 52801.

KASHMIR CREWEL
Heavenly spreads and tablecloth are hand-worked in crewel embroidery on natural hand loomed cotton. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king, $100. 70" x 90", $180. Cotton. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king, $100. 70" x 90", $180. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king, $100. 70" x 90", $180. Ppd. Catalogue, 15c. J & D#^Braunr, 1331 So, Mich. Ave., Chicago III. 60605.

ELEGANT LAMPS

SHOPPING AROUND
COOL AND BOUNCY
Good-looking sandal of genuine leather has wide cross-straps, resilient crepe soles. 1 1/4" wedge heels, adjustable sling back. Choice of camel, navy or white. 2236698. Full sizes 5 to 10, medium width. $1.16 plus $1 post. Old Village Shop. Dept. M2004, Hanover, PA 17331.

EAR-MARKED FINDS

HI. BUD
A brass-plated buckle of heavy metal sports a favorite label of beer lovers. $4.50. Wear it on a black or brown belt, 1 1/2" wide, of top quality leather. In even sizes 24-42. $4.50. Add $1 postage. No Nonsense Shop. Dept. 140-HG, P.O. Box 3118, Davenport, IA 52801.

KASHMIR CREWEL
Heavenly spreads and tablecloth are hand-worked in crewel embroidery on natural hand loomed cotton. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king, $100. 70" x 90", $180. Cotton. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king, $100. 70" x 90", $180. Imported from Kashmir. Twin, $70; full, $80; queen, $90; king, $100. 70" x 90", $180. Ppd. Catalogue, 15c. J & D#^Braunr, 1331 So, Mich. Ave., Chicago III. 60605.

ELEGANT LAMPS

EXCEEDINGLY RARE OPPORTUNITY!
From Nature's Wonder — Start Shell Collections
Your sports and hobby adventure in nature could never be complete if you are without an array of beautiful marine sea shells in your collection. It is a known fact that the Indo-Pacific area is the largest and richest shell region in the world. The Philippines is blessed with rare shells valued exceeding $2,000 each. The coconut pinnata gloria-maris (Gloria of the Sea) is considered one of the most beautiful and valuable shell in the world. All of these beauties and thousands of colorful shells; giant clams, uncommon and rare shells, abound in our Philippine seas and shores. Start! Expand! Your collection now. We will help you find thousands of species at our ocean floor. We are the Philippines largest Indo-Pacific shell producer and export serving the world's largest shell dealers in Europe and in the continental U.S.A. Therefore why pay more when you can pay less. Save! Buy direct. Shells are labeled/identified for your reference.

SEA GEMS SHELLORAMA
P.O. Box 627 HG-07 Cebu City, Philippines

rajputana kurta
from India
Cool and comfortable, it is the perfect summer put-on. Intricately detailed embroidery forms a brilliant array of colors adorns this favorite shirt dress of luxurious cotton, with bell sleeves and scoop neck. Selected from the International Fashions in our latest gift catalog.

State dress size 6-16 $22.95 ppd

SEND 25c FOR 48-PG. IMPORT CATALOG

CHOPPING! BLOCK
Solid end-grain maple on massive legs, 12" thick top with knife rack. Overall height 34" x 18" x 18" $135. $18 x 24" $165. 24" x 24" $185. Without rack, deduct $15. For Shepherd casters, add $25. Shop: Chest, Col. NO COD's. N.Y.C., N.Y., State, N.J., and Illinois residents add sales tax. 52 page catalog, 5c.

J & D BRAUNER/THE BUTCHER BLOCK

FLIPPORT

TUREN, INC., Dept. HG7
2 Cotton St., Newport, R.I. 02840

OUR CHOICES ARE YOUR CHOICES
YOU ENVY THOSEfortunate enough to own a
Our portraits in oil are TRUE WORKS OF ART.
commercial portrait services. No longer need
family oil portrait. Have you a photo of some
from old or new
American portrait
rich   oils.
color  is  executed  in
NEW   YORK   •    LONT
$10
Walter Drake

NEW YORK • LONDON • PARIS • MILAN
PORTRAIT
IN OILS
Magnificently painted, on canvas
true  life  size  by  professional
European and
American portrait
painters. A superb
living likeness in full
size  is  executed  in
rich oils.

TRULY A UNIQUE AND LASTING GIFT
Our portraits in oil are TRUE WORKS OF ART,
painted on pure linen canvas from your photo-
graph and NOT painted on top of an enlarg-
ment of your photo, as is the method of other
commercial portrait services. No longer need
you envy those fortunate enough to own a
family oil portrait. Have you a photo of some
loved one whose memory you wish to perpetu-
ate? Compare our works of art with others sell-
mg up to $300. Living Likeness Guaranteed
UNBELIEVABLE WORKS OF ART
$99.50 TO  $995.00
FROM THE
Van Dyke Oil Portraits, Ltd.
DEPT. G, 153 EAST 57 ST., N.Y., N.Y.  10022
"Largest in the field of oil portraiture"}

LIFE LONG ID TAG FOR PETS
Don't worry about your dog or cat
getting lost. This Identification Tag
has all the necessary information for
his safe return — pet's name, your
name, address and phone number —
all embossed free. Lifetime polished
stainless steel, complete with collar
hook. $1.00 ppd. Your order will be
sent by FIRST CLASS MAIL
at no extra charge!

UNIVERSAL PRODUCT
COMPANY
1894 JEFFERSON AVE., ALEXANDRIA, VA 22311

SHOPPING AROUND

CHIC ON A STRING
Drawstring handbag with the ex-
tra touch of two pockets is made of
a soft tan leather-like fabric that is resistant to stains and
scuffs and wipes clean in a jiffy.
Size 11" by 11" by 5" w. $8.25
plus 90c post. Decor and Gifts
Galerie, Dept. 271, 140 Monu-
ment Ave., Barrington, IL 60010.

OPEN SHELF STORAGE
Store china conveniently and in
full view with vinyl cushioned
metal caddy 8" high and 11 1/2"
across. Caddy holds 40 pieces
saving cupboard space, and it
prevents chipping and breakage.
$3.98 plus 75c post. Holiday
Gifts, Inc., 307-G, 7905 W. 44th
Ave., Wheat Ridge, CO 80033.

WATERING GUIDE
Automatic device indicates the
needs of plants and lawns, so they
don't get too much or too
little water. Just probe and read
dial. Sav-a-plant needs no bat-
teries or current, will last indefi-

ANIMAL FAIR
Whimsical ducks, rabbits, cats,
elephants (worked in cross-stitch
later) on easy-to-crochet Afghan.
"Toyfair's" background is yellow
or white (specify). Kit 56" x 44"
afghan includes acrylic yarns,
directions. Washable! $7.95, plus
75c post. The Stitchery, HG7,
Wellesley Hills, MA 02181.

SEAFOOD BAKER
Fish-shaped glass platter goes
into oven for baking, to table for
serving. Just place fish on it, no
need to turn. 18" by 8 3/4", big
enough for party-size tuna cas-
erole. Dishwasher safe. Free
recipe. $3.98 plus $1.25 post.
Harriet Carter, HG12356, Ply-
mouth Meeting, PA 19462.
FOR THE BIRDS
Movable pool goes from garden to lawn, wherever you like it. Two water levels for little or larger birds. Rustproof aluminum, green pebble finish, 16" dia. Wrought iron shaft painted leaf green. 32" h. $11.98 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

AT EASE
Relax in style! Your shopping weary feet deserve this hand-carved mahogany gout rest, 19 1/2" by 16" by 11/2". Large choice of fabrics and finishes, $74.95 exp. chgs. coll. Catalogue, $1, Martha M. House, HG7, 1022 So. Decatur, Montgomery, AL 36104.

GOLDEN TURTLE TAPE
He's handsome golden metal with red jewels for eyes and with in he conceals a practical 3' tape measure. Heavy enough to use as a paperweight, he's a bright addition to desk or sewing box. 24" long. $8.98 plus 50c post. The Ferry House, HG7, Briarcliff Manor, NY 10510.

CHINESE TREASURES

NATURAL

STRAW VOTE
A wicker basket, needlepointed monogram. Kit includes 10 1/2" x 6" x 5 1/2" basket, wool instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $6.95. Add 50c post. Victoria Gifts, 12th Water St., Bryn Mawr, PA 19010.

FOR THE BIRDS
Movable pool goes from garden to lawn, wherever you like it. Two water levels for little or larger birds. Rustproof aluminum, green pebble finish, 16" dia. Wrought iron shaft painted leaf green. 32" h. $11.98 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

GOLDEN TURTLE TAPE
He's handsome golden metal with red jewels for eyes and with in he conceals a practical 3' tape measure. Heavy enough to use as a paperweight, he's a bright addition to desk or sewing box. 24" long. $8.98 plus 50c post. The Ferry House, HG7, Briarcliff Manor, NY 10510.

CHINESE TREASURES

NATURAL

STRAW VOTE
A wicker basket, needlepointed monogram. Kit includes 10 1/2" x 6" x 5 1/2" basket, wool instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $6.95. Add 50c post. Victoria Gifts, 12th Water St., Bryn Mawr, PA 19010.
ELIMINATES RABBIT EARS
Secret Power Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Uses no current. For AM/FM, UHF/VHF, Black & White or Color sets.

POWER PLUG TV ANTENNA $6.98 + 45c Mailing Each California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back Anthony Enterprises 585 Market St., San Francisco, Calif. 94105

SPARKLING ACCENTS
Crystal glass magic cubes are perfect for various decorative functions. Made tough for safe handling. 5-sided, 16" by 16". "Clear" cubes, each $49.95. Also "Gray" or "Bronze" cubes, each $59.95. Pdp. Ronstan Co., HG7, 102 No. Brand, Ste 317, Glendale, CA 91203.

PAINLESS TRIMMING
Groomette is a neat little instrument of fine surgical steel to trim hairs in nostrils and ears. Insert in nostril or ear, twist knob, hair is snipped off without damage to sensitive tissues. $2.98 plus 30c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

PATIO TABLE
Sturdy steel table in white baked enamel is ideal for plants, TV, lamp or buffet use. Has airy, grill-work top. Folds flat for storage, 16" by 16" by 16", $3.95 plus $1 post; three for $11.45 plus $2.50 post. Crown-Castle, PT 510, 51 Bank St., Stamford, CT 06901.

AUTO PET-SEAT
New design! Unbreakable acrylic perch holds dogs to 40 lbs. They enjoy the view comfortably, safely, without hampering driver. Adjusts quickly to any car seat, front or back; removes instantly. 11 1/2 " X 18 1/2", $17.87 plus $1 post. Garrett's, Dept. HG7, Box 12274, Dallas, TX 75225.

THRONE PHONE
A bathroom luxury, "Throne" extension phone! L-o-n-g cord stretches; install easily—ready-to-use. Red, gray, black, green, white and beige. $19.95 plus $1.50 post., $2 post. w. of Miss. Metropolitan Teletronics Corp., HG7, 35 W. 35th St., NY 10001.
SHOPPING AROUND

WINDOW DRESSING
Polyester-cotton muslin needs no ironing. Natural or white. 2" brush fringe. 94" w. pair. 24", 30", 36", 40" long $6.50; 45", 54", 63" $9; 72", 81", 90" $11; valence $3, tiebacks, pr. $1. Add $1.50 post. Colonial Maid Curtains, HG7, Lawn Terrace, Mamaroneck, NY 10543.

THE ORGANIC WAY
New tool for the garden grinds an instant mulch from prunings, leaves, brush, roots. Composter makes a bagful of rich humus, organic plant food and natural fertilizer in minutes. No motor power. $39.95 ppd. Casaplanta, Dept. 18, 16129 Cohasset, Van Nuys, CA 91406.

CHOICE FOR CORN
Avoid burnt and buttery fingers with little rosewood and stainless steel skewers to hold the ear. Insert skewer at each end and eat away. Great hostess gift. Box of eight, $3.50 plus 50c post. Two boxes, $6.85 plus $1 post. Catalogue 25c. The Gift Tree, HG7, Kensington, MD 20795.

EASY STEPPER
Quilt-stitched casual in soft leather-like polyurethane with hidden gore, built-in arch, low heel, crepe rubber sole. Good choice of widths in half sizes 5-10, also 11; B, C, D, E, EE; EEE. Black or tan. $11 plus $1 post. Old Village Shop, Dept. M539, Hanover, PA 17331.

FOOT PAMPERER
Treatment for tender, bent toes is a self orthopedic pad that rests underneath, held securely with elastic over toe. Alleviates pain, toe tip corns. Washable. Specify shoe size. Pair, $4.98 plus 20c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

SALUTE TO US
Fine English bone china cup and saucer with 18k gold and blue decoration. Cup lettered: Let Freedom Ring 1776-1976; other side is: Bi-Centennial Of The United States 1976. Lovely to own or give. $5.50 ppd. Edd, the Florist, Inc., HG7, 823 North Court, Ottumwa, IA 52501.

ORIENTAL and NAVAJO RUGS
Give your home a fresh look with a lovely new rug. Oriental and Navajo rugs are perfect with any decor, for floor or wall. Send $1.00 for our New Color Catalog. Wide range of styles, sizes, and prices.

Cordless Massager
Battery-operated massager brings satisfying relaxation. Deep gentle penetrating vibrations soothe neck, shoulder muscles, arms, legs and tired feet. Operates on standard batteries (not included). 4 sizes.

- Mini Massager, 4 1/2" $2.98 + 30c Mailing Each
- Regular Massager, 7" $3.98 + 45c Mailing Each
- Deluxe Massager, 10" $6.98 + 50c Mailing Each
- Super Massager, 12" $8.98 + 55c Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

SATISFACTION GUARANTEED OR YOUR MONEY BACK
Anthony Enterprises
Dept. HG-75
585 Market St., San Francisco, Calif. 94105

Address Labels With Nice Designs
Any Initial, American Flag, Pine, Golf, Palm, Heart, Sunflower, Dragonfly, Rose. Also available are Texas Flag, Maple Tree, Treble Clef, or Palette. Up to 20 letters per line, 4 lines. Printed in black on white or gold gummed labels 1 1/2" long, 500 on white or 250 on gold for $2.50 ppd. Or on DELUXE SIZE, 1 3/4" long, $3.50 with design or $2.50 without, ppd. Specify Initial or Design desired. Via air, add 39c per order. Useful Gifts Catalog, 25c. Bruce Bolind, 27-L Bolind Bldg., Boulder, Colo. 80302. Since 1956, Thanks To You!

ADD THE MIDAS TOUCH TO YOUR SUMMER!
HIS MIDAS: bikini swim suit is dazzling gold and silver nylon lame with brass buckle sides (Gold or Silver) S-M-L-XL $9.95
HER MIDAS: bikini in brilliant metallic nylon lame, interlocking brass buckles on sides and bra front with adjustable ties (Gold or Silver) Bra cup sizes A, B, & C. Bikini in even sizes 6 thru 16 $7.95

ADD THE MIDAS TOUCH TO YOUR SUMMER!
HIS MIDAS: bikini swim suit is dazzling gold and silver nylon lame with brass buckle sides (Gold or Silver) S-M-L-XL $9.95
HER MIDAS: bikini in brilliant metallic nylon lame, interlocking brass buckles on sides and bra front with adjustable ties (Gold or Silver) Bra cup sizes A, B, & C. Bikini in even sizes 6 thru 16 $7.95

Ah Men
8900 Santa Monica Blvd.
Hollywood, California 90069
Send $1.00 for color catalogue
FROM FACTORY TO YOU—

MADISON LADDER BACK

High-Grade Hardwood. Stately, elegant, comfortable and built sturdy construction. Will mix well with any decor. Fiberglass, rush hand woven seat. Also available in amber, red or green coated. Valver Sesel We pass the economy on to you.

Height: 42 1/2

Weight: 11 lbs.

Price: $16.95

Maple-Pine-Walnut

$19.95 Catalogue, 50c

Matching Arm Chair

Add $3.00 to above Minimum order Two Pieces.

All Chairs Fully Assembled

Send Check or Money Order for Chairs

SHOWER SHELF

A luxurious chrome caddy for the shower. Easily snaps on shower head, and has suction cups on bottom to hold firm to wall. Features: large tray with gallery railing for bottles; a soap dish for any size bar; and large hooks for wash cloth, or wet swim suits. A necessary bathroom item. 18" X 5 1/2" X 5 1/2".

Price: $6.98 + $1.19 P&H.

ILL. Res. add 5% Tax. Gift Catalog, 50c.

HOUSE OF MINNEL

Deerpath Road DEPT. 575
Bartavia, IL 60510

MAGNIFYING

1/2 FRAME GLASSES

Half-frame design lets you see SHARP and CLEAR for reading fine print and doing detailed work, yet allows you regular non-magnified vision over the top of the lenses. New, durable impact-resistant lenses. For folks over 40 without astigmatism or eye disease who simply need magnifying lenses. $5.98 includes case. Add 75c for postage. State age. (Not sold to Minn.)

NEL KING PRODUCTS, DEPT. HG-75HG
811 Wyandotte, Kansas City, Mo. 64105

REFLECTS LIGHT FROM ANY ANGLE, up to 1/4 mile away. Powerful reflector tag attaches to pet’s collar. Warns night motorists that your valuable pet is near road. Tag dangles freely for comfort. Send $2.00 ppd. to

MICKEY INDUSTRIES

Box 325-A4
Kent, Wash. 98031

SATISFACTION GUARANTEED OR MONEY REFUNDED. ORDER FOR YOUR PET TODAY.

SHOPPING AROUND

TROPICAL SPLENDOR

Grow costly schefflera with an inexpensive kit. Lush foliage needs no direct sun, ideal for cities. Claypot, terrarium dome, seeds for 2 plants, charcoal, soil, instructions. $3.75 plus 25c post. South Pacific Imports, HG 7, 9143 W., Diverey Ave., Chicago, IL 60639.

EMERGENCY LIGHT

Chemical lightstick (cyalume-R) developed for the Navy. No flame or electricity. Lasts three hours as work light and ten as marker. Safe. Use at home, boat, car, campsite. Four $5 plus 25c post. Ellford Products Co., HG 7, 3308 Meade Ave., Las Vegas, NV 89102.

SCENT-SATIONAL

Delightful air freshener—decorative tiny-Scents wall vase turns stale room odors into sheer ambrosia. Fragrance is released continuously. Gift set: lily (shown) with supply of trefle or blue spice fragrance. $2.95 ppd. Edco Fragrance, HG 7, 1730 166 St., Whitestone, NY 11357.

SAFETY FIRST

Keeps those dangling electrical cords off the floor and out of the way with cord shortener that holds up to three feet of cord. Just wind excess cord around shortener. Only $1.49 for set of six plus 20c post. Anthony Enterprises, HG 7, 3308 Meade Ave., Las Vegas, NV 89102.

TENDER FOOT

Soft kid-glove genuine leather is gentle as it is flattering. Lattice-weave straps let feet breathe. Elasticized sling, 1" heel, cushioned insole. 4-10. Multicolor or white $14; gold or silver $15. Add $1 postage. Vicki Wayne, 610 S. Country Club, H72, Tucson, AZ 85716.

WIZARDLY WICKER

Holds books, beauty aids on two wood shelves. Natural, $12.95. Painted white or black, H&G parrot green, pineapple yellow, buttercup, space blue, azalea, add $2. 18" by 15" by 6 1/2". Add 2e postage. Catalogue 25c. Fran’s Basket House, HG 7, 295 Route 10, Succasunna, NJ 07876.

WEAR A SMILE

Round golden face pendant has dangling diamond-bright eyes and an ear-to-ear grin. Comes on a 23" double-link gold-tone chain. Safety-catch pin back. Boxed. $3.95 each; two, $6.95; three, $9.95. Ppd. Plantron, Inc., Dept. 4126-38, 2207 E. Oakland Ave., Bloomington, IL 61701.
SHOPIING AROUND

HEARTH GUARD
Friendly little cricket, long a symbol of good luck and good health, is skillfully crafted of black wrought iron. A mere 2½" long, black, he stands at your own hearth or makes a winning gift for housewarmings. $2.69 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

IRISH LACE RUFFLES
Lovely two-inch ruffles dance along the edges of curtains in white or unbleached muslin 90" w. per pair. In 45", 54" and 63" lengths $1.50. Add $1.75 post. per order. Free brochure, Country Curtains, HG71, Stockbridge, MA 01262.

POWDER HORN
Made like those used by early settlers, this decorative, genuine steer horn is a great find. Ideal for your mantle or den wall. Three sizes: 6" long, $8; 12", $15. Add 50c post. Any six, $11.95. Add 50c post. Sanderson, 11 Dogwood Lane, Miller Place, NY 11764.

WHEN MASTER'S AWAY
Three compartment feeder with timer goes off. $19.95. Also add your own slogan or special message, 14" x 18" complete alphabet available at $10.95. Specialty capitals or small letters. Postage and handling $1.00 up to 3 pieces to the same address. Orders shipped within 72 hours of receipt. Send check or money order to:

LORA'S LOVEABLES
Dept. 775, P.O. Box 7381
Las Vegas, Nevada 89101

NEEDLEPOINT ORNAMENTS
Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½" to 5" $2.25 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

PROTECTION!
Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all. Washable and reusable. $1.98 each plus 15c post. Anthony Enterprises, HG7, 585 Market St., San Francisco, CA 94105.

BLUE SPATTERWARE
The very same Blue Spatterware utensils cooking utensils that Grandma used. Equal to any modern day cooking ware, handy hanging holes for charming country display. Spoons are sized 1 tsp. (8"), 1 tbsp. (1½"), and 2 tbsp. (6½"). Crafted in Japan.

1890 Set of 3 Spoons $1.75
9991 Coffee Pot 4 cup (Also 25c, with lid) $4.75

Send 25c for your 64-page catalog of unusual items.

SLEEPY HOLLOW GIFTS

COMMMUTER COFFEE CUP
For that second cup while driving to work. Velcro plastic fastener anchors cup holder to any surface—metal, plastic or carpet. Drink thru lid prevents spill over or spashing. $3.45 each, 2 for $6.25 postpaid.

BLUE SPATTERWARE

Send 25c for your 64-page catalog of unusual items.

SLEEPY HOLLOW GIFTS

COMMUTER COFFEE CUP
For that second cup while driving to work. Velcro plastic fastener anchors cup holder to any surface—metal, plastic or carpet. Drink thru lid prevents spill over or spashing. Easy to grasp handle. $3.45 each, 2 for $6.25 postpaid.

Quality Gift Catalog... .25c

CART. Sizes 8-18 $26.00 ppo.

Send for Free Catalog
Johnny Appleseed's
6651 Arlington Blvd., G7-5
Falls Church, Va. 22042

DEPT. 1107-B
EVANSTON, ILL. 60204

unique gift
Be original—give "LOVEABLES" Custom full color, watercolor art from an original animal alphabet. Ideal for new babies, weddings, birthdays, house warmings, anniversaries—name it! 9"x12" matted in yellow, blue, pink, green or red. Up to 8 letters only $4.95 each. Additional letters 50c each and size increases to 14"x18" matted. You can also add your own slogan or special message, 14" x 18" complete alphabet available at $10.95. Specify capitals or small letters. Postage and handling $1.00 up to 3 pieces to the same address. Orders shipped within 72 hours of receipt. Send check or money order to:

LAURA'S LOVEABLES
Dept. 775, P.O. Box 7381
Las Vegas, Nevada 89101

SILVER GOLD BRASS COPPER PEWTER

Antique Restoration Plating & Refinishing
No restoration is too difficult for the skilled workers at Simmons Silver Plating Company (see unre- touched photo). For more than 80 continuous years their craftsmen have restored and repaired heirlooms and objets d'art. They duplicate missing parts, remove dents, replace knife blades, and re- finish with a heavy coating of pure silver or care- fully polish brass and other precious metals.

SIMMONS SILVER PLATING CO., INC
409 Whitehall St., S.W. Atlanta, Ga. 30303

FREE BOOKLET & PRICE LIST

Johnny Appleseed's

Whimsy
Skirloettes

Delightful prints for the sportsminded gal. Skirloettes have back zipper, pants beneath. Fish print in tan or navy blue, golf cart print in blue or yellow. Polyester-cotton. Specify FISH or GOLF CART. Sizes 5-18 $26.00 ppo.

Send for Free Catalog
Johnny Appleseed's
Dept. 707, 50 Dodge St., Beverly, Ma 01915
Order this year's 36 House & Garden Color Chips now for delivery with each set accompanied by Merchandise Directory. (Who make What in Which Color). 36 large 3" x 6" Color Chips and Directory $6.00. 36 Miniature 1" x 2" Color Chips and Directory $2.00. Checks or money orders to: House & Garden, Dept. 753 P.O. Box 1910, New York, N.Y. 10017.

Now buy a Diamond at better than wholesale prices from a national chain of jewels. The entire collection of over 3,000 genuine Diamonds are available in a wide range of styles for the discriminating buyer. Every Diamond is guaranteed by the American National Jewelry Institute at the time of purchase. The article number is marked on the diamond and in the box. Diamonds are sold in 10 point increments. Prices are subject to change. Moneyback guarantee. Sizes for all stones are marked A - Z. Order by WAIST SIZE!

THE BEDROOM
27H 1037 Laskin Rd.
Virginia Beach, VA 23451

R E S C U E  C A R P E T S  F R O M  P E T S  A C C I D E N T S

Remove stains & odors forever with our complete set of scientific, safe sprays. Guaranteed Effective. Spray "A" permanently removes all Pet Stains. Spray "B" destroys odors, even in kennel areas & litter boxes. Will not harm carpets. Satisfaction Guaranteed. Two 5-oz. cans in each Kit. 1 Kit $6.50 + $1 postage. Save $2. Order 2 Kits for $12.99 (we pay postage.)

American Century
Dept. 1078, Box 99012
Los Angeles, CA 90036

HAPPINESS PLANTS

This century-old Hawaiian Happiness Plant only has to be placed in water and it will begin to send out shoots which will develop into exotic foliage. After a period of development you can enjoy its satin green leaves, flowers & fragrance. The plant can grow up to 6 to 10 ft. in period of development you can enjoy its flowers & fragrance. The plant can grow up to 6 to 10 ft. in height. A lilac scented flower will appear from its center and small berries will appear that change from yellow to red.

2 Happiness Plants $2.00
- 50c post & hand

Gary Evan Hawaii Nursery
175 Fifth Avenue, Dept. MH16
New York, New York 10010

BLACKBERRY

Along in various sizes. Send us your catalog of decorative figures. $9.00 a 10 assorted. Traditional to contemporary. in stone, bronze, lead. Send $1.00 for catalog of decorative figures.

Erkings STUDIOS
Dept. 57, 7 N. 55 St., New York, N.Y. 10022

SHOPPING AROUND

PARENTS' AIDE

SAFE DEPOSIT
Smart dress leather belt has a practical side. Concealed zipper compartment gives you money maximum security. 1 1/8" wide. Brown or black cowhide. Waist sizes 30 to 46. $12.50 plus $1.85 post. Cable Car Clothing, HG7, 150 Post St., San Francisco, CA 94108.

ORIENTAL RUGS
Treasured old patterns, authentic reproductions. Dramatically decorative; through-the-back construction for wear. Red, ivory, or moss green ground. 4' by 6'. $24.95. 5' by 8'. $47.95. 6' by 9'. $95.95. 8' by 12'. $89.95. Ppd. International Rug Co., HG7, 360 Amsterdam Ave., New York, N.Y. 10024.

STITCH A PORTRAIT
Send color or b/w photo to be rendered on canvas by artist. Kit includes leather cloth, wood frame, needle, cotton thread, direction for hand sewing. $12.95. Ppd.

BEST BY MAIL
Rates: Write Box 5, Sarasota, Fl. 33578

SEWING THREAD Sale 2p Big Spool. 100 large spools cotton, polyester threads to pick from. All free colors of the rainbow & shades in-between. Thousands of yards of famous American, Coats & Clarks, etc. threads for machine or hand sewing. Money back guarantee. OK & Supplies, Box 4876, Sarasota, Fl. 33578

JEWELRY-GIFTS
HAWAIIAN PUKASHELL Necklaces! Save on the colors of the rainbow & shades in-between. Thousands of yards of famous American, Coats & Clarks, etc. threads for machine or hand sewing. Money back guarantee. OK & Supplies, Box 4876, Sarasota, Fl. 33578

FREE fashion jewelry catalog. Romar Sales, Box 2079, New York, N.Y. 10002

HYPNOTIS
STOP WEIGHT! Fast, easy, Inexpensive. Write Box 292, Sarasota, Fl. 33578

HEALTH & BEAUTY
WARTS Verte Crema is a perfect safe, easy, instant relief. Recommended by doctors. Used on faces, necks, arms, legs and feet. Guaranteed. Buy Verte at all better pharmacies.

HEALTH FOODS: First Quality. 100% pure, low acidic. Prized, Easy to use. 12 oz. can. $1.98. Available in over 300 stores. Write for free sample: Box 238, Cedar Rapids, Ia 52401

MONEYMAKING OPPORTUNITIES
Earn immediate $25.00 or more weekly. Write for free sample: Box 3723, Cleveland, Ohio 44102

LOOK out for our next issue.
pine Fine Arts by J.P. Stevens.

"Butik" towels: by Burlington Domestics.

Detail of countertop: "Piccalilli" Carbohydrate "cups" and "sauces": $1.50. At Altman's.

White plastic tray: part of the "Max E" line. By Design, London. $7.50.


Scale of wall: scale by Hans. $12.

Pie plates and peeler/corer: by Ecko.


Vinyl planter: medium size, $5.75. At Bloomingdale's.

WHIZ KITCHEN HELPERS

Pages 78-79:

Top row (left to right): 2-cup mayonnaise handblender: $7.95. At Bazaar Francais. Extra long acrylic mixing "Slo-Cook" and "Defrost" cycles, stainless steel, dripless rim. $20.95. By SEB of France.

"Crock-Pot" Deluxe: 5-1/2 quart stone ware cooker in a Lexan case, built-in or free standing, 2-speed wash and rinse, super-speed for harder to clean pots, 3 spray arms, 5 automatic cycles, self-cleaning filter, 5-position upper rack. $999.95. By Whirlpool.

"Circa 76" Mirro-Matic "Slo-Cook" "Defrost" microwave oven: 12-1/2" x 12-3/4" x 16-1/2" high, two 24" cooking units, self-cleaning pyrolytic oven, wide-browed high in upper part of oven, oven, wine bottle glass with cover: $39.95. By Caloric.

Turbo roaster: green plastic roaster with crank handle, stainless steel blades. $2.40. At Bazaar Francais.

Toaster Oven/Plus: 2 slices x 3 1/4" x 6" high, toasts, bakes, broils, "Selectronic" color control panel indicates temperatures, nonstick surface of broiler tray, oven tray, oven rack, broiler tray and crumb tray lift out for cleaning. $79.95. By Proctor Silex/SCM Corp.

Ice crusher: makes 8 ounces of crushed ice at one time. $24.95. At Lord & Taylor.

"Super Skewer" G acetylene "Jet Gaz" table top stove: 16" x 13" x 6" high, smooth surface with 4 cook-tops, 3 thermostatically controlled, removable controls for cleaning, patterns available. Visible Trade, Unique Line, Kitchen Potpourri, and Ticking Stripe. By Corning Glass Works.

Mint "Electric" Speed Oven: conventional oven bakes and roasts up to a third faster than conventional gas or electric ovens. Jet Fan circulates heat for even cooking. 24" x 18" x 18" high, 2 piece broiler pan, 5 position selector switch, continuous cleaning, side-swing double glass door. $109.95. By Monarch.

"Rustica" roaster: dishwasher safe, rotating handle. $10.95. At Noritake.

Minuter "Countertop" automatic microwave oven: 10" x 10" x 12" high. solid-state "Vario-Cook" oven control. $119.95. By General Electric.

Continued on next page

"A NEW EXCITEMENT TO YOUR HOME IDEAS FROM THE 1975

House & Garden Kitchen & Bath Guide"

This great guidebook from House & Garden contains ideas galore that you can use to decorate the kitchen and baths you have, or create new ones. Now you can turn wasted space into storage space or make two baths out of one. You can give your kitchen the distinction of looking like the central room of your house—the real headquarters for family living ... and entertaining.

Now at your newsstand $150
One picture is worth a thousand words.

But the words are worthless if you aren’t listening. Please don’t turn a deaf ear. Help Smokey. Help prevent forest fires. Spread the word.
Men continued from page 59

respect for the woman who does not forward her point of view—realistically, he adds, some men are quick to help change the housekeeping situation because they fear loss of masculinity, particularly if they have been brought up to vie for that domesticity is "woman's work." Dr. Weinstein, a bachelor now after eleven years' marriage, believes his partnership failed because he fell into this trap. "I was a chauvinist, if you will, but I didn't see it like that. I did all the things that she was a wife should. I think we were too tied up with each other, so when we went on we needed to see an independent course. If I cried again I certainly wouldn't want the woman I married to have independent life of her own, it's the sharing of marriage." For household chores, he insists, it's just a matter of organization and scheduling. It doesn't hurt me now if the bed is undone, though it would have before. I think if I were living with someone who is pushing her equal rights in the relationship and coming in every sense to the independence and support of the household, it simply wouldn't be an issue. You get out of the master/set-up, which is really detestive to both people, and certainly not what I would want now." Architect Russell Childs is in second marriage, after seven years of bachelor living following his divorce, and has put a totally different sort of partnership into operation. His wife, Judy, is an interior designer and share a partnership in business, too, with another architect, Philip Armstrong. "I have relaxed whole sense of priorities," he says. "I remember having a big shana about taking on the age at one time, in my first marriage, but I don't think that ever been a problem with Kirsten. It just doesn't bother me any more, I've modified my behavior around. I even take my muddy boots off before I walk on the white bedroom rug, unless it's an emergency." When they did once have a conflict, both were working at the office late and Kirsten left an hour earlier to shop the supermarket for supper. "Russell always expected at least a two course meal at 10 or 11 at night. I felt that was too much, so I said, all right, you do that and see how you manage.

Reversing the responsibility for two weeks, Russell did all shopping and cooking and Kirsten stayed on at the office. "I had a wonderful time working quietly into the late evening, and then I came home and found pizza! In two weeks we ate every supply in the house, there wasn't one we left. We ate out almost three meals a week." Added Judy: "I understood what a lot of thought went into that organization of food preparation. The Childs give a business dinner party about once a week, share the work involved in entertaining. She cooks and shops, he does last-minute pickups, and buys the liquor. They both do the dishes. Again this is a new experience for Russell. "My general philosophy is to let things pile up, but it is more effective to clear up as it happens. Now I'm very conscious of bathroom puddles and mop them up afterward."

Frank Woodard, married five years to Judy (both are in banking), reflected in a parallel way: "My attitude about keeping the apartment clean and taking care of it is that it's like taking care of yourself. It's my environment I want to keep it clean. It's like brushing my teeth every day or soaping my body. Most of my friends feel the same. This is my house and I live here, too, I want to enjoy it and take part in the upkeep of it."

However, this is relatively new thinking on his part as he is ready to admit. He adjusted when his wife got a job a year after they were married. "You've got to work out a pattern to suit your lifestyle," he added. "The big part is not to have any preconceived notions." When they first were both working, they'd come home and find nothing in the refrigerator for supper, so they decided to split up the meal responsibility. Now he cooks and shops Monday to Friday. And, she does it on weekends. Added Judy: "His cooking is more creative than mine, we eat better because there's more variety. His mother was a good cook and showed him how to make showy things, soups, casseroles, and lots of good dishes." They clean the apartment together once every two weeks. "That way it gets done quicker and we can go out and do something else. It sounds very organized, but we're not. Neither one pushes the other."

Donald MacNary is a husband who took over the total running of the house and children when his wife went back to school to study for a master's degree. He was a vice president in a big corporation, going through a midcareer crisis and decided to "fall free and see where my nose took me." The contrast in housekeeping he found "very pleasurable. I had plenty of time to myself, which I never had before. I would walk to town, browse in the library, it was absolutely delightful, a super time for me to be myself, have internal dialogues when I really needed to do that. Using my experience in general management, we started shopping against menus plotted out for the whole week, so we only had to go to the supermarket once a week. Sure I felt itchy and depressed and snapped at people at times, it was scary and I needed courage. My wife and I became different people before our own eyes, so we are essentially reconstructing our relationship and starting our second marriage. That's why the whole thing turned out to be so fascinating." Mr. MacNary looks ten years younger than his forty-five years, jogs three times a week, feels "beautiful," has set up a new business in partnership with a psychologist counseling other men who want to make midcareer changes. Ellen, his wife, now with a part-time job in education curriculum, shares the chores with him. He cooks mostly, the children clean up. She has taken over the checkbook. She'll clean the kitchen floor, he'll do the icebox, stove, and oven. I don't want to be so fussy. I don't want to be bugged by what but we have a fairly relaxed attitude about what has to be done." He says his year's spell at housekeeping vastly improved his life with his three children, "My eldest one says to me when I was doing my old job, I wasn't really with them, then. I feel the stereotyped roles are eroding for both partners. You should have seen me five years ago. Now I'm really on top of the world, and I've never had a better life."

The houseworking husband does need reinforcement and praise, Katv Becker remarked. Her husband, Philip, an advertising copywriter, pitches in at weekends. "I'm pretty busy, but I've decided to be so fussy. I don't want to spend the rest of my life just dusting. My children are secure and I would feel better if I were working. Before, when I needed help I felt I couldn't ask because that made me a nagging wife. Then I got used to saying, hey do this or would you mind vacuuming the rug?"

Philip, quite obviously respectful of her assertive ways nodded: "I shall compensate when she goes out to work. Doing the dishes is good therapy for me anyway."
An old-time bug killer has now been improved

Pyrethrum has long been acknowledged as just about the best of all insecticides. It is effective on a wide range of plant pests, yet has no effect on birds and other warm-blooded creatures. Unfortunately, pyrethrum has become increasingly scarce and expensive, since it is extracted from a kind of chrysanthemum, which severely limits the supply. However, industrial chemists have been at work on the problem of making a synthetic pyrethrum and have finally succeeded in producing one. This is known as resmethrin SBP 1382, and is now becoming available for use by home gardeners. Tests by the U.S. Department of Agriculture have shown that this synthetic pyrethrum is as good as, if not better than, the natural product. It has turned out to be particularly effective against that almost ineradicable pest, white fly. Made generally available by the B. G. Pratt Co. under the name Whizfly Spray, it may be found in garden supply shops and hardware stores throughout the United States.

The McBratneys' garden was designed by Allen Haskell of New Bedford, Mass., who has been a consistent prize winner at the Boston Flower Show. Mr. Haskell's 1975 flower-show garden made handsome use of everyday garden vegetables—lettuce, Swiss chard, and parsley—in a variety of containers. Enough salad greens for any small family could be grown in this way—good to look at and good to eat as well.

Pick vegetables when they're at their best

It's time to start cropping the vegetable garden. Carrots are sweetest and most flavorful when no more than finger size. Beets are delicious when they're no bigger than hazel nuts, cooked tops and all. Your thumbnail is the best guide for judging the edibility of summer squash, zucchini, and cucumbers. If the skin of any of these cannot be easily pierced by a thumbnail, pick them anyway but put them on the compost heap, not the dinner table. Peas are at their best when the pods are no more than half filled out. As for sweet corn, if the kernels don't spurt milky juice under nail pressure, leave them for the birds. Incidentally, corn husks may be gently split apart to check on the kernel's maturity without harm to the developing ear. Simply split the husks about a third of the way from the top, using thumbnails again, and if the ear is not mature enough to use, leave it another few days.

Tying in keeps old evergreens looking new

Rows of arborvitae frame two sides of the lawn at the Richard V. Hares' house (see page 34). They are 35 feet tall—they have grown 10 feet in the last 10 years—and, because of a wiring technique Mr. Hare devised, they are erect and dense. When the Hares bought their Long Island place eleven years ago, they found that most of the trees had developed three separate trunks. Branches were spread and separated by age and neglect. Mr. Hare, on a step ladder, above, decided to improve their contour. Starting at the bottom he tied the trunks together every 5 feet with a single knotted loop of smooth rubber-covered wire. The wire is about %4-inch thick, gray or black for camouflage. Problem limbs were treated individually and tied to the strengthened trunk. No wires show, and the trees regained their shapeliness. Mr. Hare checks the wires from time to time to be sure they do not cut into the branches or slacken, but he has not had to do top-toe tying but once, and he never prunes or thins the trees, or uses a wiring technique Mr. Hare devised, they are erect and dense.
In every issue from now through December, 1976, you'll see a special selection of things for the house that House & Garden has chosen as a salute to the bicentennial celebration, things you can buy at The House & Garden Great American Idea Centers in the following stores across America. For the second in the series, Whiz Kitchen Helpers, please turn to page 78.

You can help us explore the wonderful world of hope. Give to: PROJECT HOPE

Dept. A, Washington, D.C. 20007

Free Catalog

from Stark Bros Nurseries, 158 years of growing experience. New FREE (and Landscaping Catalog) today! Over 4000 kinds, proven-in-garden varieties of fruit, shade and nut trees, roses, shrubs, vines and berries. Full color FREE catalog, 64 pages. Stark Bros Nurseries, Box 826365, Louisiana, Mo. 63153

Getaway to Yesterday

We're the Inn with the 200-year-old Berkshire Hills tradition. Priceless antiques (including table Abe Lincoln dined at), hearty food, lively bar. Bedrooms with air conditioning, swimming pool.

Near Tanglewood, Jacob's Pillow, Berkshire Playhouse, Norman Rockwell museum, golf, tennis, fall foliage trails, ski areas.

You'll love this oldtime fun with the modern amenities. Featured in "Country Inns and Back Roads." Just off Mass. Pkce on Rte 7. Write or phone for brochure.

The Red Lion Inn

Since 1773, Box HGT, Stockbridge, Mass. 01262, (413) 298-5545

One of our customs is going through customs. Easily.

Getting to Juarez from El Paso is easy. And vice versa. You just drive or walk across a bridge.

No passports, no special papers, no hassle. But there is lots of fun, lots of excitement. Regardless of which country you're in.

If you'd like to know more about our customs, write El Paso Convention and Visitors Bureau, Ten Civic Center Plaza, Dept. L, El Paso, Texas 79944.

There's a world of leisure, elegance and charm waiting nearby with complete resort facilities.

el paso / juarez

at the corner of U.S. and Mexico.
Children

Continued from page 59

who has four and a full-time nursing job, "but I need the help. So we write weekend work lists for everybody. If a child works Saturday he doesn't have to work Sunday. I try to match the job to their interests and abilities and to their ability to do it, but it doesn't always work. Last week, for instance, Karin [thirteen] mopped the kitchen floor, Mimi [twelve] dusted the sidetable, the coffee-table and the desk—which might not seem like much, but you've got to clear off everything to dust them—Mark [ten] vacuumed the halls, and Christa [seven] cleaned the baths.

The system grew hit-or-miss as the family explored its collection of temperaments. Mark and Mimi, for instance, work well together. So do Karin and Christa—but other combinations can give rise to arguments. So each pair alternates in taking care of before and after dinner chores. Gus Emig does a lot of his shopping with either of the two older girls. On weekends when Mrs. Emig works, they help him cook one dinner. The other is doing himself. Even the horse has a rotating schedule of people to feed and exercise him. "Three things make the system work," says Mrs. Emig. "You have to make a fuss over the children when they do things—it's much better than screaming when they don't—you have to spell things out, and you can't be too meticulous."

"It's fun," says Karin. "Besides, we don't have to do the chores—the children do it. When I was younger I always liked it because sometimes I just got bored and there was something to do. When I have my own family I'm going to do the things I like, too, when I get home from work the house doesn't look like a hurricane hit it."

"The original idea was my husband's," says Gail Starkey, a teacher with two children. "At first I was opposed, but finally Stanley sat us down, and we wrote out everything the cleaning woman had done and divided it up among us. We took the money we had used to pay her and used it to pay ourselves—$4 a week each, to be used only for big things."

Continued on next page
Create and support a sense of family uniqueness, a set of family traditions.

Keep the lines of communication open.

It's been said that we're a very youth-oriented, child-oriented culture," says Keith Daugherty. "When everything's aimed at serving children, the needs of the adults become kind of incidental. I don't agree with this. I think children should fit as participating, contributing members of the family, that each individual within the family must have a separate life but that they've also got to participate, contribute, react, and enrich one another.

"Communication is the grease. People really do need to talk straight with one another about what needs to be done, and why, for the family. All too often, if you wait until the heat of battle is there and you're really upset with one another, everything explodes. But there really are opportunities to work together. A family is like any other system. It requires planning. There has to be some kind of signaling system within the family, I think, that says 'this is really important; you've got to listen.'"

**Cooking schools**

Continued from page 82

French cuisine for Americans, seasonal food. Closed summer.

Marcella Moore-Betty
The Carriage House, 162 East 92nd St., New York, N.Y. 10028.

French and international cuisine, men and children's classes. October through May.

La Bonne Cuisine
Anne Clark, Box 8013 V.T., Austin, Tex. 78712.
Regional French cooking, Christmas cooking, bread making. Year round.

Edible Arts
Judy Glazer, 7230 Mason Dells, Dallas, Tex. 75230. Bread, pastry, September to June.

Verlyn Campbell Cooking School
2520½ Westcreek, Houston, Tex. 77027.
International and Creole cuisine. Closed July and August.

Libby Hillman's Cooking School
Mt. Snow, Vt. For information: 17 Lawrence St., New Hyde Park, N.Y. 11040.
1-week, live-in course, July.

Virginia
Madame Colonna
102 North Oak St., Falls Church, Va. 22046.
Classic French and international cuisine. Year round except August.

Create and support a sense of family uniqueness, a set of family traditions.

Keep the lines of communication open.

It's been said that we're a very youth-oriented, child-oriented culture," says Keith Daugherty. "When everything's aimed at serving children, the needs of the adults become kind of incidental. I don't agree with this. I think children should fit as participating, contributing members of the family, that each individual within the family must have a separate life but that they've also got to participate, contribute, react, and enrich one another.

"Communication is the grease. People really do need to talk straight with one another about what needs to be done, and why, for the family. All too often, if you wait until the heat of battle is there and you're really upset with one another, everything explodes. But there really are opportunities to work together. A family is like any other system. It requires planning. There has to be some kind of signaling system within the family, I think, that says 'this is really important; you've got to listen.'"

**Cooking schools**

Continued from page 82

French cuisine for Americans, seasonal food. Closed summer.

Marcella Moore-Betty
The Carriage House, 162 East 92nd St., New York, N.Y. 10028.

French and international cuisine, men and children's classes. October through May.

La Bonne Cuisine
Anne Clark, Box 8013 V.T., Austin, Tex. 78712.
Regional French cooking, Christmas cooking, bread making. Year round.

Edible Arts
Judy Glazer, 7230 Mason Dells, Dallas, Tex. 75230. Bread, pastry, September to June.

Verlyn Campbell Cooking School
2520½ Westcreek, Houston, Tex. 77027.
International and Creole cuisine. Closed July and August.

Libby Hillman's Cooking School
Mt. Snow, Vt. For information: 17 Lawrence St., New Hyde Park, N.Y. 11040.
1-week, live-in course, July.

Virginia
Madame Colonna
102 North Oak St., Falls Church, Va. 22046.
Classic French and international cuisine. Year round except August.

Create and support a sense of family uniqueness, a set of family traditions.

Keep the lines of communication open.

It's been said that we're a very youth-oriented, child-oriented culture," says Keith Daugherty. "When everything's aimed at serving children, the needs of the adults become kind of incidental. I don't agree with this. I think children should fit as participating, contributing members of the family, that each individual within the family must have a separate life but that they've also got to participate, contribute, react, and enrich one another.

"Communication is the grease. People really do need to talk straight with one another about what needs to be done, and why, for the family. All too often, if you wait until the heat of battle is there and you're really upset with one another, everything explodes. But there really are opportunities to work together. A family is like any other system. It requires planning. There has to be some kind of signaling system within the family, I think, that says 'this is really important; you've got to listen.'"

**Cooking schools**

Continued from page 82

French cuisine for Americans, seasonal food. Closed summer.

Marcella Moore-Betty
The Carriage House, 162 East 92nd St., New York, N.Y. 10028.

French and international cuisine, men and children's classes. October through May.

La Bonne Cuisine
Anne Clark, Box 8013 V.T., Austin, Tex. 78712.
Regional French cooking, Christmas cooking, bread making. Year round.

Edible Arts
Judy Glazer, 7230 Mason Dells, Dallas, Tex. 75230. Bread, pastry, September to June.

Verlyn Campbell Cooking School
2520½ Westcreek, Houston, Tex. 77027.
International and Creole cuisine. Closed July and August.

Libby Hillman's Cooking School
Mt. Snow, Vt. For information: 17 Lawrence St., New Hyde Park, N.Y. 11040.
1-week, live-in course, July.

Virginia
Madame Colonna
102 North Oak St., Falls Church, Va. 22046.
Classic French and international cuisine. Year round except August.
Best in Booklets

Because House & Garden wishes to fill your booklet requests promptly, arrangements have been made for you to order directly from us. Fill-in the coupon below, circling the number of each booklet desired. If remittance is required other than the 50c charge for postage and handling that must accompany each coupon, it will be indicated next to the booklet number. Enclose remittance in the form of coin, check, or money order only. Please do not send stamps. House & Garden will do everything it can to see that your requests are filled as rapidly as possible.

Building and Remodeling


2. "...BECAUSE FURNITURE SHOULD BE AGELESS," new 30-page color brochure displays the complete Tiara II Collection of bedroom and dining room furniture. Classic styling that mixes with all decorating schemes are illustrated in room settings. White of Melamine, 50c.


4. "THE VIEW FROM THE TUB AND HOW TO CHANGE IT," a new step-by-step instruction booklet on how to decorate your bathroom with sheets, towels, and color! Plus, how to make an exercise mat, sink skirt, shower curtain, and other bathroom accessories.

5. CABINETS CAN PERFORM WONDERS, Delightful room planning package from International Paper Co. shows fresh cabinets, kitchen plans, and use of vanities; plus creative arrangements that feature wall-hung, long-wall cabinets throughout your house or apartment, $1.

6. THE SURE WAY TO add color to a home is with flowers. Teleflora's 12-page booklet, "Color Alive! Instant Decorating With Flowers," has ideas for every room. Complied with the cooperation of House & Garden, 50c.

7. DECORATING GUIDE, Color brochure shows the complete Lorraine IV Collection of French Provincial dining room and bedroom furniture, illustrated in full-page room settings—giving many decorating ideas. White of Melamine, 50c.

8. HEIRLoom QUALITY FURNITURE, that captures the spirit of Early Americana with fresh imagination; crafted of solid pine is shown in a color brochure from Vermont Furniture Brochure gives you a glimpse of the Bennington Pine collection for living room, family room, dining and bedroom, 25c.


10. "THE COMFORTABLE WORLD OF E-Z LOUNGER" is a color brochure from Pontiac Furniture Industries, Inc. Brochure illustrates their contemporary loungers with modern simplified styling and their traditional loungers with classic styling for formal and informal living. Both have multipositions for your resting comfort.

11. "HISTORIC TEXTILES REPRODUCED FOR TODAY"—an informative guide for anyone involved in a restoration project. Behr-McGraw & Fils, Inc.'s 17-page booklet illustrates a cross-section of the work this decorative fabric house has done in historic restoration.

12. "THE KING OF STEAKS" is a home-freezer catalogue from Stock Yards Packing Company offering you the same fine meats that have been served in well-known restaurants for years. These prime meats are not available in your local market. Price list included, 30c.

13. "ITALIAN INTRIGUE" and "GOURMET SECRETS"—two colorful booklets from Foreign Vintages offer many recipes for food and drinks. Amaretto di Saronno is the international flavor in each.

14. "POUR AN EASY RUM PARTY," A 16-page, color, fully illustrated cookbook-drink guide with tested food recipes and rum punches for 10 different party occasions. Also recipes for rum drinks by the glass, a checklist for setting up the bar, and a drink calculator to determine how much rum to have on hand for a party.

15. EXPRESS YOURSELF WITH DECORATIVE TABLE SETTING IDEAS shown in this booklet. Follow simple directions for creative American settings. Use them as a starting point for your own imagination. Easy, Fun. Yours from the Pfaltzgraff Co., manufacturers of stoneware and coordinating metalcrafts.

16. A FAMOUS ENGLISH POTTER, WEDGWOOD, brings you a group of six beautifully illustrated color pamphlets showing a wide selection of their giftable and dinnerware: everything from fine bone china to contemporary oven-to-tableware. There are collector's items, too.

Potpourri

17. TRAVELING TO OR FROM FLORIDA... the "Auto-Train" can take you, your car, and your family aboard the same train between suburban Washington, D.C., and Sanford, Florida, on its eastern route and between Louisville, Kentucky, and Sanford, Florida, on its midwestern route. Auto-Train's General Information brochure describes all.

18. AN ARTISTIC OFFERING... full-color brochure outlines available metal sculptures and other distinctive objects created by Artisan House, Inc.—shown at galleries and fine stores.

19. LAS VEGAS SUPER SAHARA SAFARI, This full-color brochure tells you all about Del Webb's famous Hotel Sahara in Las Vegas—outlines all details of the Super Sahara Safari package vacation plan.

20. ELEGANZA II—a new concept in motor-home living is described in a color brochure from GM Motor Homes. Illustrations of the driver environment, kitchen and dining accommodations, and lounge area are shown with standard features highlighted.

21. HOME ON THE ROAD, Delightful full-color catalogue from Holiday Rambler illustrates Travel Trailers for every lifestyle. Exterior and interior photographs of each model are shown and functional descriptions given.

22. SOME HELPFUL DOS AND DON'TS ABOUT MOVING are discussed in the Arby Mayflower Van Lines Moving Kit, from how much it will cost to what to do about storage. There is also a handy checklist to organize your move out and in.

23. "... HOW TO SELECT AND CARE FOR YOUR MATTRESS," This informative pamphlet from Serta, Inc. discusses the inside story of mattress construction, with helpful tips for buying bedding and how to care for it.

24. CONVERTIBLE COUNTER-TOP GRILL-RANGES that are self-ventilated and easily convert to char flavor grills are shown on a colorful information-reply card from the Jenn-Air Corporation. Also shown are nonconvertible grills, deluxe eye-level ovens, and grill range accessories.

Order coupon for booklets

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50c for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: HOUSE & GARDEN, Dept. 7 Box 3579, Grand Central Station New York, N.Y., 10017


Enclose:
$... for postage and handling of my request for booklets
$... for booklets ordered requiring payment

Mail July, 1975

Nature

Address

City State Zip #
The Adobe Trail

continued from page 20

The American flag first flew in California over this site. In 1900 the Native Sons of the Golden West acquired temporary control of the Customs House from the federal government. But it wasn’t until the 1930s that a group of concerned citizens raised the money, about $4,000, to prevent the government from selling it as surplus. The majority of the money came from three prominent citizens who used their bonuses saved from World War I. Today it has been restored, refurbished, and deeded to the state and is designated as State Historical Monument No. 5.

Another group, the Women’s Civic Club, purchased the adobe House of Four Winds in 1915, and it has been restored in the spirit of the 1850s. Unlike dominoes, the adobes did not fall, for Monterey citizens recognized their legacies from the past very early indeed.

The Monterey History and Art Association, the City of Monterey, the Museum Board, the Monterey Foundation, the Abrego Club, the Monterey Savings and Loan Association, and the National Trust for Historic Preservation have all helped save the adobes from destruction. Many private individuals have restored adobes, deeding them to the State of California. Funds from William Randolph Hearst saved the First Theatre. Mrs. Mayo Hayes O’Donnell has given her adobe house, Casa Soberanes, to the state as a historic monument. “Although it is owned by the state, the City of Monterey still charges me taxes for living in it,” she laughs. The sale or drawing room of the house has been copied as an example of an early adobe in the Thorne Collection of Early American Homes in the Art Institute of Chicago.

“We formed a human wall against the bulldozers,” remembers Mrs. C. Tod Singleton, a member of the Monterey History and Art Association since 1948. “We surrounded Fremont Headquarters when we heard it was to be pulled down to make a parking lot for the Post Office.” The Monterey History and Art Association received the devastating news at 8 one morning, proceeded to make a people-wall, raised $21,000 in pledges, called Washington, and the next day the bulldozers were called off. Now carefully restored, it is leased as law offices.

Seven years ago an ordinance was passed by the city that prohibits any remodeling of the inside as well as the outside of any adobe or structure within the Historic District without approval of the Architectural Council of the City of Monterey. These preservation measures have resulted in what is thought to be the largest collection of restored adobe buildings in the United States, probably the world. There are forty-two buildings on its “Path of History” and twenty-six of them are adobe. Over twenty years various groups have sought to save them. The Customs House, the oldest historic government building on the Pacific Coast, is the first in a long line of survival of the fittest.

We've prepared a handsome color brochure to introduce you to Lorraine IV.

38 pages of room scenes and ideas illustrating a classic collection of dining, bedroom and occasional furniture. For your copy send 50¢ to Dept.HG-07, White Furniture Co., Mebane, N.C. 27302. The South’s oldest maker of fine furniture.

Fine bedroom, dining room and occasional furniture

UNION-NATIONAL

REGENCE WALL CABINET

At leading stores everywhere. Permanent displays may be seen through your dealer or decorator at 964 Third Avenue, New York City, Merchandise Mart, Chicago.

Send $1.50 to Department G for Brochure, “Furniture for Gracious Living”
The Adobe Trail

continued from preceding page

organizations are highly regarded by the community. To illustrate, Mrs. Singleton explains that only a few months ago the Pacific Gas & Electric Company wanted to install some traffic signals outside the boundaries of the Historic District, but they still called the Monterey History and Art Association for approval.

To finance their projects, the Monterey History and Art Association depends on dues, bequests, and the generosity and loyalty of their members, now numbering about 2000. Every year on June 3 the association celebrates Monterey's birthday in the garden of Pacific House, once an adobe hotel for seafaring men, with a Merienda, or outdoor picnic. On June 3, 1770, Don Gasper de Portola and his men followed the Presidio through Monterey and claimed California for Spain.

Another important date is usually the last weekend in April when the Monterey History and Art Association sponsors an Adobe Tour. This year's theme, "Sailors and Shaws," with sixteen of the houses on the tour. At each house, the table was set as it might have been in the 1800s with appropriate place cards of leading citizens of the time. The tour raises up to $9,000 to aid the association's work in preserving the adobes of Monterey.

"Red Tile Tour" takes you to Santa Barbara's adobes.

Further south, along the California coast, the adobes of Santa Barbara have known not only the vicissitudes of disregard, but also the vengeance of an earthquake, which shook the city fifty years ago.

This force, in a way, started the rebirth of a once-Victorian Santa Barbara all that much sooner. There had been rumblings before from concerned citizens worrying about the disappearing adobes, the vanishing lines of their city's early Spanish character. In 1922, Mr. and Mrs. Bernhard Hoffman purchased the Lugo adobe adapting it as their office. This began the movement in Santa Barbara to preserve the old adobes in the city, and to erect new buildings that would retain the Colonial atmosphere. The same year, the Community Arts Association and Plans and Planting Committee were formed with the Lugo adobe as headquarters. The city's first Planning Commission and building ordinances arrived in 1923, followed by zoning in 1924. Santa Barbara was trying to salvage its past, finding its way step by step. And then a giant step, the earthquake of 1925.

In the weeks that followed, hope and hard work prompted a phenomenon to rise. During the first eight months, some 2000 plans passed through the newly formed Architectural Board of Review. "They were the sentinels of our architectural future, and they never let down their guard," remembers an elder native, caused to rise.

As a result of the constant care and strict but wise guidance of the Architectural Board of Review and the Plans and Planting Committee, Santa Barbara is now a splendid city in the sun, Mediterranean in architecture, colored and green as a garden. Fan palms line the streets and leafy trees umbrella public benches—a welcome accessibility as Santa Barbara is a walking city. (Nine landscaped parking lots and one tile-rooted garage offer free parking for 90 minutes.)

To walk is the best way to see the adobes that have survived, how they've spent their years, and how they function today. Not as abundant as in Monterey, an adobe culture still remains that mingles well with the planned harmony of the rebuilt Santa Barbara.

El Pueblo Viejo, or Old Town, fosters most of the adobes and helps them flourish. In 1960 an ordinance was adopted by the City Architectural Board of Review that limits buildings permitted in this area to three styles—California adobe, Monterey Colonial, and Spanish Colonial. Any new buildings must be approved by the Board and the Historical Landmarks Advisory Committee.

The "Red Tile Tour," a charming way to wander around Old Town and peek into the past, was created by Mrs. Marilyn Randle, a member of the Santa Barbara Chamber of Commerce. "I first came here as a tourist and asked myself what I wanted to see in Santa Barbara. Adobes, of course, but so many had been lost in the earthquake or fallen before the bulldozer. I wanted to encourage visitors to walk into our history, to see our adobes."

The tour covers twelve city blocks and passes by several adobes that have been preserved as private houses, and some that have new roles. From Massachusetts came Daniel Hill, building a fine adobe in 1826 with the first wooden floor for an adobe in Santa Barbara. In much later years of decline it was a Chinese laundry, but beautifully restored today it is the center of the Santa Barbara Foundation. The Lugo adobe, the first to be preserved, is now a gift shop.

Threatened with destruction, the "Historic Adobe" was moved brick by brick to its present site, and is now a man's riding club, Colonial John C. Fremont's headquarters were here after he and his troops caught in 1877. "Barbara's" Mexicans "sleeping in the sun" on Christmas Day, 1846. And while now an antiques shop spreads itself elegantly over the "Orena Adobe," this house and courtyard were once the active home of Don Gasper Orena and his wife while raising thirteen children.

The backbone or perhaps the beginning of El Paseo, a pedestrian shopping complex, is the Casa de la Guerra, the original adobe house of the Commandant General's quarters; it is now surrounded by shops. El Paseo extends from the Casa de la Guerra with open arms, rows of shops. Shops of many kinds are found under the arches of the Andalucian-inspired buildings that blend so well with the main house, the Adobe.

Offices including one of a United States congressman look down on the courtyard where you can lunch among the orange trees, or read the book you've just pursued in a tiny shop of stucco. Now owned by the Santa Barbara Trust for Historic Preservation, El Paseo was built before the earthquake by Bernhard Hoffman who was also the first chairman of the Plans and Planting Committee.

The present chairman of this prestigious committee is Dr. Pearl Chase who has been continually involved in the affairs of Santa Barbara for seventy-four years. Her accomplishments are long and legendary and she believes in the contributions of private citizens. She says, "Government officials are often really temporary—they come and go—and this constant turnover means that many citizens' organizations have far greater continuity and relative importance in community affairs. Don't assume legislation exists just because you haven't heard about it; if you don't find it there, you're to succeed, you must be loved by citizens and citizens groups with the interest and support of key public agencies."
house & garden

special issue

health & comfort

decorating to relax • 20 great beds, new sheets

• mattresses, pillows, techniques that guarantee

• vitality

• breakfasts • 15 rooms to unwind in,

• new ways to unwind • exercise, meditation, nutrition

• colorful summer

• food • 100 super recipes

• decorating discoveries to buy now
Thomasville interprets a Country French classic.

La Galerie Provençale... it's almost like dining in an 18th-century château.

Its natural country airs are so right for here and now. Note the authentic design detail: deep-relief carving, exquisite use of cane, graceful custom hardware. It's "that Thomasville look" with a charming French accent. The finish is Vintage: a rich fruitwood tone with the luster of a fine antique... or take your choice of two enchanting paint finishes... all available in an extensive collection of pieces for living room and bedroom as well as dining room. For names of Thomasville dealers who carry La Galerie Provençale, call this toll-free number anytime: 800-243-6000 (in Conn., 800-882-6500). Write for our Thomasville Homemaker's Guide. Find out how to buy, decorate with, and care for fine furniture. Send $2, and we'll send you over 150 colorful pages of helpful information and imaginative room settings. Write Thomasville Furniture, Dept. HG-475, Thomasville, N.C. 27360.
KitchenAid Disposers Can Get You Out Of This Jam.

Only the KitchenAid stainless steel disposer unjams itself at the touch of a button. The unique Wham Jam Breaker button.

But you won't have to use this unique feature very often. Because the KitchenAid disposer is very hard to jam in the first place. It has the most powerful motor in any home disposer. And it chews up things many disposer dealers.

For extra assurance, the KitchenAid disposer is warranted for five years. If it should fail during the first year, it will be repaired without charge. During the next four years, you'd be charged for labor only.

See your KitchenAid disposer dealer. He's in the Yellow Pages under "Diswashers." Or send the coupon.

KitchenAid®
Built better. Not cheaper.
KitchenAid, Dept. SGA-8
Hobart Corporation
Troy, Ohio 45374
Tell me about Wham Jam.

Name
Address
City
Country
State
Zip
Oh, the disadvantages of our longer cigarette. Benson & Hedges 100's
It's Sears Colormates!

Towels that match
Bath Carpets that match
Shower Draperies that match
Loads of Accessories!

Choose from 15 glorious colors! Whether you match them or mix them, Sears Colormates give your slightly drab bathroom an elegant new wardrobe.

Start fresh from the bath with Colormates Towels in your color. Velvety soft on one side, thick terry on the other. 100% cotton to make them soft and absorbent.

Step out warmly with matching Colormates Bath Carpeting and Scatter Rugs underfoot. Deep, luxurious 100% Du Pont nylon pile. Soft foam cushion backing. Lid and tank top covers, too. All machine wash and dry beautifully!

Dress up your bath with elegant matching Colormates Shower Draperies. They have the look of antique satin, but they’re Estron acetate. Slip Colormates matching Sanigard treated vinyl liner underneath. Even a tub can look stunning!

Now for the finishing touches. Matching Colormates Bath Accessories. Shelves, hampers, bench hamper, basket and scale. All in the same 15 great colors.

Coordinate your own beautifully dressed bath. It’s as easy as Sears Colormates. At most larger Sears, Roebuck and Co. stores and in the catalog.

only at Sears
QUESTIONS & ANSWERS

Antiques

By Louise Ade Boger

French Writing Table
We would like to know more about the style of this desk. What is its place of origin?
J.R.S.—Lincoln, III.
Your Louis XVI style writing table is a fine reproduction of a Bonheur de Jour, so called because of the speed with which it achieved success. It was introduced in France about the mid-18th century. Its distinguishing feature is a recessed superstructure.

Rococo Revival Clock
We do not know where this clock came from nor have we any idea how old it might be. Can you tell from the mark anything about it?
G.L.P.—San Gabriel, Cal.
Your Rococo Revival mantel clock of asymmetrical outline was made in France after 1889, perhaps about 1900. It was imported by the still-existing J.E. Caldwell & Co., Jewelers, Silversmiths, and Antiquarians of Philadelphia, Pa., who succeeded Bennett & Caldwell in 1848.

Photographer’s Chair
The antique dealer from whom I purchased this chair called it a “Photographer’s Chair.” What is the reason for this term?
G.G.—Saint Martinville, La.
Toward the end of the 19th century, wicker furniture intended for indoor use was usually of a “fancy” or novelty character. It was a popular prop for early photographers specializing in portraiture, particularly of children.

Russian Sculpture
I was given this bronze statue and would like to know its background.
P.D.P.—Washington, D.C.
Your bronze is the work of the Russian sculptor Ievgueni Alexandrovitch Lanceray (1848-1886), who was one of the leading bronzeurs of the 19th century. It was cast in 1874 by Chapin. Czarist Russian objects have become quite collectable.

Four Centuries...
of enduring good taste.

A collection of extraordinary taste.
Henredon’s Four Centuries Collection. Elegant in mood, yet warmly informal. Classic in design, yet uniquely contemporary.
Country French designs of the 17th and 18th century, masterfully translated and executed for twentieth century living.
Each piece fulfills today’s demand for superb style, quality, and function. Each piece is significant.
And, each is cordial with Henredon upholstered designs that can be covered in your choice of the choicest fabrics.
See the entire Four Centuries and Upholstered Furniture Collections by sending $2.00 to Henredon, Dept G-85, Morganton, North Carolina, 28655.

Henredon
"If anyone had told me a few years ago that I would be an Interior Decorator, I would have said you're crazy!"

Mrs. Faye C. Haynie
An outstanding LaSalle graduate from Madisonville, Kentucky

you have a natural love for attractive homes, why don’t you become an interior decorator? Here’s how one woman made her dream of a wonderful career come true.

It seems only yesterday that Mrs. Faye Haynie of Madisonville, Kentucky was working in a job she didn’t like, as a million other women do. Today, she enjoys a good income in an exciting career of her own . . . having the time of her life as an interior decorator.

How did Mrs. Haynie accomplish this miracle?

One day she answered an advertisement of LaSalle Extension University, a correspondence institution, describing the attractions of a career in interior decorating.

When she realized how much fun it could be to learn decorating in her spare time at home, she decided to enroll. That was the beginning of whole new life for her, and one of the reasons her happiness today.

Mrs. Faye Haynie’s true life story illustrates the opportunities that a talented woman with wiring can enjoy in a decorating career. Obviously, LaSalle cannot promise job placement or predict the degree of success that a student will achieve. But of this you can be sure—Salle training is an ideal way to prepare for decorating career. Why not send for the free booklet offered today?

LaSalle training has helped many women increase their decorating skills. LaSalle could help you do it, too. Why don’t you send for the booklet offered below?

An ideal career for women

There are few other fields to match the pleasures and rewards that a woman—whether married or single—can enjoy as an interior decorator. Consider for a moment:

Decorators can put their natural talents and creative urge to use in designing beautiful and exciting rooms for clients. Their hours are often spent shopping for the unusual. In glamorous showrooms, antique shops and galleries. Selecting whatever is lovely and unique . . . in fabrics, furniture and accessories. Applying a “decorator’s touch” to glorify a home, a suite of offices, a hotel or apartment lobby. Whatever the assignment, a decorator earns money for work she enjoys.

LaSalle Extension University

If you’re serious about Decorating... send for free booklet.
8th Century English reproductions.

The original of the japanned Queen Anne Secretary replica, shown here in one of our showrooms, was commissioned by the Duke of Marlborough in about 1700 for Blenheim Castle. Its lacquer colors are softened by skilled hands to a mellow patina.

The original of the Regency Bamboo Chair was brought to New York—to a shop on 57th Street—by a knowing connoisseur. Only by making models of its delicate original parts could the sculptural curves, sweeps and pitch be duplicated.

The Bachelor’s Chest, like much Queen Anne furniture, is enriched by rare walnut. Once called Persian, the trees which produced this wood were planted in England by the Roman conquerors. Today it can only be found near the Caucasus, where soil, wind and rain conditions remain perfect for producing its special character.

These are but three reproductions from our Baker collection with the enduring qualities which make the originals so valuable: proportion, detail, finish and authentic material.

Eighteenth Century English and other Baker collections may be seen at select stores and, through your interior designer, at Baker, Knapp & Tubbs showrooms in the cities listed below. A 400-page two volume casebound catalogue of over 1000 Baker designs is available for fifteen dollars from Baker Furniture, 401 The Merchandise Mart, Chicago, Illinois 60654.
Antiques
continued from page 6

German Silver Casket
Can you help me trace the origin of my silver casket, which is about 8 by 8 by 6 inches in size? From what period does it derive?
M.S.—Vancouver, B.C., Canada
Your silver casket that is enriched with vigorously modeled acanthus foliage, various figures from mythology, masks, and several other popular Renaissance motifs is of German origin. It dates about 1810.

Wedgwood Mark
What can you tell me about my set of dishes from this mark? Do you know anything of its history?
E.W.—Corpus Christi, Tex.
Your printed mark, first used about 1940, bears the names of Josiah Wedgwood’s former and present Staffordshire factories: Etruria, founded in 1769 and replaced by Barlaston in 1939. The mark is found on Queen’s Ware, an ivory or cream-colored earthenware perfected by Josiah Wedgwood. In 1765 he accepted an order to supply a tea service to Queen Charlotte, wife of George III. This and subsequent orders pleased her so much that she authorized him to call his cream-colored earthenware “Queen’s Ware.”

Chinese Platter
Can you tell me anything about my Canton blue china? Is it old? Where was it actually made and by whom?
D.J.S.—Stevensville, Mont.
Canton blue and white ware was not made at Canton but at potteries near Canton as well as at Ching-te-Chen, although much of the painting was done at the port of Canton, where families, including the children did the work. Your octagonal platter, or tureen stand, is of 19th century manufacture. Pieces marked China were made after 1890.

European Bed Warmer
I was told that this bed warmer is of English origin, but I’m not sure. Is it English, and can you ascertain how old it is?
S.D.P.—Myrtle Beach Air Force Base, S.C.
Your copper bed warmer is not English. It is of European manufacture and probably dates about the middle of the 18th century. Copper hot-water bottles, such as yours, were popular with the Dutch, but one that is furnished with what appears to be an original wood handle is quite rare.

Chinese Vase
My oriental vase has two narrow circles in blue across its base. What do they signify?
W.P.S.—Sunriver, Ore.
The empty double circle in blue on your Chinese vase is often found in K’ang Hsi wares (1662-1722). It is stated in the Tao Lu that in 1677 an edict was issued prohibiting the use of porcelain of the reign-name of K’ang Hsi lest the ware be broken and the Imperial name profaned in the rubbish heap—hence the empty circle where the mark should have been.
18th century Charleston. Where the elegance of cosmopolitan Europe was reborn.

Now, Cannon Royal Family brings a piece of America's past to your bed and bath. With Charleston Filagree from the American Classics Collection.

Gentle tea blossoms entwining a delicate trellis... on crisp sheets, fluffy towels... and a luxurious Permapoint® bedspread.

Charleston Filagree. Elegant, southern living brought home. Wherever your home happens to be.

American Classics

Cannon. Royal Family

Cannon Mills, Inc. 1273 Avenue of the Americas, New York, New York 10020
Electronic living with wit and comfort

Amusing mirrors, down-to-earth "how-to's," three-way recording, move-around seating, master control music, and pushbutton sewing

The art that reflects
Easy wit for walls: mirrors cut in amusing shapes—the moon and a super-star. Or a branchy tree—a standing mirror—to angle near a tree-blessed city window and catch the view. Designed by Mathias. At Rouve, 68 rue Bonaparte, Paris 6e, France. Seen at the Milan Furniture Fair.

How to find more country in the country this summer

A hand-written collection of ideas with charming illustrations, Simple Living by Jacques Massacrier (links, $7.95) is the perfect summer paperback. "For those who want to reintroduce... simplicity... into daily life." It tells you everything from how to read weather from the clouds, cure insect bites, tan leather, waterproof your own clothes, do your own carpentry and masonry, even how to repel pests from your vegetable garden with "enemy" plants. Simple Living by Jacques Massacrier. (Links, $7.95)

The endless "sofa" that arranges any way you want—even wall-to-wall
Design your own seating arrangement with modular seating with pillowy attached cushions. Pushed shoulder to shoulder here, a corner unit (about $198) plus two armless chairs (about $156 each) plus an ottoman (about $88). Upholstered in a verily cream-and-rust-colored cotton print with a Zepel finish. "Pillow Talk" seating group by Kroehler. Abraham & Straus, Brooklyn.

Pushbutton sewing with a new electronic sewing machine that "remembers" 25 different stitches
The whiz of the works is a tiny 8,000-transistor chip that eliminates over 350 mechanical parts and stores a "memory bank" of 25 different stitches, many multi-purpose. Among them—stitches for blind hemming, basting, darning, fogoting, elastic fabrics, charming decorative border stitches, even 1- and 2-step buttonholes. You just select your stitch on the illustrated pushbutton panel, and the machine delivers it automatically as you sew. Part of flatbed tilts away for free-arm surface—great for sewing sleeves and cuffs. The Athena 2000 by Singer is about $800; aluminum bone-color exterior.

Go-anywhere mini-cassette tape recorder that can work on three power sources

A sound system custom-tailored to your whole house
With this little, portable remote-control box you select whatever of your phonograph records and and whatever radio stations you wish and adjust balance, loudness, turn system on and off. The Tronic box here (model 1400) controls up to three different simultaneous programs (or the same program if you like) in up to twelve rooms. In the living room, listen to the news in the study, to Beethoven records in the living room, and the children to music tapes by the swimming pool. For use with master unit that stores and controls your records, tapes. All elements are identical and unity-designed. Cost depends on complexity. For further information and questionnaire for cost of preferences you've charted, please write Boulton Stereo System, Madison Ave., New York, N.Y. 10022.
1. Thinking it a novel way to express her affections, Miss Elizabeth Crawford gave Mr. Hamilton a bouquet of flowers. 2. Mr. Hamilton didn't get it. 3. Miss Crawford did.

Announcing the Virginia Slims Flower Offer.

Maybe it's his birthday. Maybe it's an anniversary. Maybe it's "just because." But whether you're making up or breaking up, what man could resist a lovely bouquet of Virginia Slims flowers. So give that guy in your life the surprise of his life.

Send us the coupon below and we'll send him a delightful bouquet of fresh daisies. It's only fair. After all, you've got your own cigarette. Shouldn't he have his own flowers?

You've come a long way, baby.

Mail to:
Virginia Slims Flowers
P.O. Box 25125
Cincinnati, Ohio 45225

For each bouquet ordered, I enclose $7.50 and 2 pack bottoms from Virginia Slims (regular or menthol). Flowers can be delivered no earlier than August 15, 1975, and no later than December 15, 1975 (except Sundays & holidays). Orders must be postmarked 4 weeks before the date you want the flowers delivered. Please read all instructions carefully to insure delivery of the flowers.

Please send one bouquet of daisies to:
Name (please print)
Address
City State
Name of sender
Address
Sign card from

Offer void to persons under 21 years of age. Offer good in U.S. and Canada where permitted. Offer void where prohibited, licensed or taxed.

Regular: 17 mg. tar; 1.0 mg. nicotine - Menthol: 17 mg. tar; 1.1 mg. nicotine av per cigarette. FTC Report April '75.

Warning: The Surgeon General Has Determined that Cigarette Smoking Is Dangerous to Your Health.
GOING PLACES, FINDING THINGS ALONG THE COAST OF MAINE

A highlight of a motor trip from Freeport to Mt. Desert Island—two spectacular gardens

By Nancy McCarthy Richardson

Natives of Maine see the world differently from you and me. Perhaps that's because Maine is physically very different from even the other New England states. It's simply not on the way to anywhere else. People who go to Maine don't land there by chance because it was on the way to Chicago or Houston. Habitual visitors seem to relish the fact that even after years of being summer residents they are still regarded as newcomers and city folk by the locals. This attitude may even be part of what draws people to Maine year after year in search of a simpler, more out-of-doors summer life. Visitors enjoy the local dialect and local ways, which exclude much of what is held elsewhere to be progress. The wonderful thing about Maine, however, is that one doesn't have to have spent every summer since childhood to get a feel for it and also to see, buy, and imitate some of the best there is to offer in the way of living and entertaining. These things are not hard to find because they've been the best for years, though they often have a camouflage, purposely nondescript air about them. In a several day driving trip I followed the coast from Portland to Mt. Desert Island, stopping only for the "musts" recommended for such a short trip. Here are some of the highlights. It is a trip that (Continued on page 22.)

In the late 19th century, whaling captains went to sea in style, taking their families with them. In the new Children's Museum at Mystic Seaport, Conn., a cabin has been reproduced to resemble the children's quarters aboard ship. (Adults are barred, although they may look on from a walkway above the cabin.) Youngsters are allowed to play with reproductions of toys of the period, inspect a doll house, try on replicas of 19th-century clothes, pore over a collection of scrimshaw.

FOXFIRE, THE STORY OF PLAIN LIVING

How to do all sorts of things from cooking wild greens to building a log cabin

By Kenneth Ba...
Your back wakes up feeling great...
It's a Sealy Posturepedic morning.

More than just a firm mattress, Posturepedic® is a unique back support system. It's designed in cooperation with leading orthopedic surgeons for firm, comfortable support.

Under six layers of surface cushioning, there are specially spaced "body-action" coils for lasting support. The patented torsion bar foundation provides extra firmness and durability. Posturepedic promises no morning backache from sleeping on a too-soft mattress. There's no other mattress like it.

SEALY POSTUREPEDIC
The unique back support system.
time/energy/money-saving tips

Getting energy, putting it back

A backyard fish farm on Cape Cod powered by sun and wind, estimates for our own sun-heated future, new systems for energy and waste disposal.

By Sandra

THE NEW ALCHEMY INSTITUTE FINDS
NEW SOURCE OF FOOD—THEY
RAISE FISH IN GREENHOUSE PONDS

There’s no laboratory. The research facility is an old farm and adjacent acres. Blue jeans have triumphed over lab coats. Nevertheless, the New Alchemy Institute near Hole, Mass., is an experimental station, a place where sophisticated concepts are being worked out. Technology simple enough for anyone to use, gentle enough to leave a small impact on the planet.

Marine biologist John Todd, Dr. Todd, and fish ecologist Liam O. McLarney founded a group six years ago. They set out with the idea that food self-sufficiency is good, and ought to be available to any individual small group with a small piece of land. High intensity farming—permaculture by gravity or by windmill among them. The highest holds aquatic plants, each in its own greenhouse. Water, warmed by the sun, recirculates through a small group with a small piece of land, but of low energy use, with the ecological ends tucked back in. Vegetables obviously aren’t enough, so the New Alchemists turned to fish farming as a source of small-space family’s protein.

Dr. Todd had decided some of the chemical language fish use limit their size to their habitat. He had discovered a bacteria that could neutralize the “stop growth” order, so a small pond could hold big fish. The result is New Alchemists’ mini-ark, 1, first of a planned series of experimental systems. It’s three ponds, each in its own greenhouse. Water, warmed by the sun, circulates by gravity or by windmill among them. The highest holds aquatic plants to provide oxygen for the bacteria living on the quahog clamshell bottom. From here, pond water passes through filters and compost to fall drinking-water pure and full of nitrates into the middle greenhouse, where algae feed the fish grow. The fish—tropical tilapia, chosen for taste and because they are vegetarians, low on the world’s food chain—are reared in the third greenhouse, in a 15-foot square pool, 2, so busily that the shapes look like a forest of strange under-plants. As fry, they like a little meat—midge larvae raise them on burlap sheets—but as adults they are strictly carnivorous, thriving on water so soupy with algae that the yellow disappears from sight 6 inches down. Sometimes New Alchemists toss marigold heads for dessert. From barely visible wiggler things, to dinner sizes in less than six months, Breeder winter in living room.

Around the edges, in the odd places, trays of seedlings and pots permently grown tropical plants. From the pool, water is wind-power solutions to start the cycle. New Alchemists are trying to re-volume small spaces in greenhouse ponds and cover new ones, etc., measuring and analyzing their findings are investigating energy (4, the shaped wind gen power’s radio), ways to build solar collectors and to improve soil fertility.

In scientific tradition, New Alchemists contribute research from other clients. One of the fish ponds sprung a leak, for instance. So the New Alchemists began experimenting with rice culture in the resulting puddle. Water sits out to the garden (they’re testing the differences between pond and tap water). Left another swamp where mosquitoes began to breed—so they enlarged it to try to toughen mosquito fish, another tropical species that eats midge larvae, enough to winter over in, say, New Jersey marshland.

On Saturdays, the rest of the world comes to help. Guests, bringing their own picnics, weed, harvest, count, or contribute ideas. New Alchemists have investigated and evaluated every system currently making news. Solar, wind, or methane. Facts, ideas, and prices are included. The most sophisticated systems tend to be either complicated or expensive at the moment—but it may not be long before there will be new and interesting choices to make when planning any bathroom.

The Association of Home Appliance Manufacturers has just published energy consumption figures for more than 1,150 refrigerators and freezers. With it, you can figure what a new refrigerator will cost to run before you buy it. (1975 Directory, 50c from AHAM, 20 N. Wacker Drive, Chicago, Ill. 60606.)

HERE COMES THE SUN

Dr. Charles Alexander of Youngstown State University, where he is head of the department offering the first university majors in solar energy, estimates that more than half of all new houses built to have solar heating.

It will be a $1.3 billion market, then, according to Arthur D. Little consulting firm. By A.D. 2001 it could be 25 billion installations.

Developer Terrence R. Cash built a subdivision in El Cajon, Calif., where all the hot water in heated. Solar engineer Harry Ashon is building one with solar heating near Washington, D.C.

Meantime, according to William Shurcliff’s latest survey of heated houses, 119 are already providing construction.
Presenting Snoopy and the gang.

A new blanket that'll keep you out of the doghouse with your kids. And your budget.

You're shopping for fun. You want to please . . . and stay within your budget, too. The new Determined Productions' Snoopy blanket by Esmond does both.

Young kids and old will want to wrap up with these all-time favorite Peanuts All Sports. They'll like it so much that it'll probably spend as much time off the bed as on. But you won't have to worry about all that extra wear. Because it's made of 100% polyester for convenient machine washing and drying. And the unique Fiberwoven construction means more warmth without more weight. With less pilling and shedding.

The Peanuts All Sports blanket. It'll turn you and the kids on, without turning your pocketbook off.

At your favorite budget department stores or write: "Peanuts," Chatham Mfg. Co., Elkin, N.C. 28621

Another Determined Production

Esmond Blanket by

Chatham
Why do you sometimes feel tired when you’ve been sitting down all day? Do creative people need more SLEEP than others? Why is a good SLEEP refreshing?

The secrets of a good night’s sleep

What tiredness means
“Tiredness is not easy to study,” explains Dr. Ernest Hartmann, Director of the Sleep and Dream Laboratory, Boston State Hospital, and Professor of Psychiatry, Tufts University School of Medicine. “But I feel that there are two distinct kinds of tiredness. One comes after physical activity, when you have not been very emotionally or intellectually involved, but it’s been a day of sport or physical action. This kind of tiredness feels quite pleasant, and means that you usually fall asleep quickly. In children, this simple tiredness is just a “wearing out” without mental involvement, and also means that they fall asleep quickly. The second kind of tiredness is probably much more common in our civilized world. This is a mental and emotional tiredness that usually comes after a day of stress or worry. This is characterized by a generally unpleasant feeling—you become irritable, angry, overwhelmed by things around you, depressed, and so on. There are physical manifestations, also—your muscles become tense, you have headaches. And unfortunately, this is a tiredness from which you do not necessarily fall asleep easily. You will lie in bed worrying, tense—too tired to go to sleep. This is particularly noticeable in children—this kind of tiredness makes them scream and become infantile and it’s more difficult to get them to go to sleep. This kind of tiredness also seems to make adults regress—you become childishly cross, oversensitive, like a spoilt child.”

It is Dr. Hartmann’s conclusion, after much study, that for the first kind of tiredness, the physical tiredness, you mainly need non-REM or slow-wave sleep; and for the second, you need REM or dream sleep.

This immediately leads to the next conclusion—that sleep has two different but connected restorative functions.

How sleep restores you
“The first restorative function is body sleep,” explains Dr. Hartmann. “The body having worn out its musculature, or the tissues having been burned up, slow-wave sleep may play a role in restoring these muscles and tissues as well as preparing you for dream sleep. The other kind of sleep—dream sleep—seems more to have a restorative function for the brain, for knitting up the ‘ravelled sleeve of care,’ in Shakespeare’s most apt expression—integrating material that has been left over from the day, for instance. It’s not pure memory reorganization. It’s more like this—if something happened during the day that has emotionally stirred you and brought up old memories and pulled things out of place, unfiled and a little disturbing, sleep not only restores, it also integrates the day’s happenings.

“We have noticed, for instance, that if you are particularly worried or under emotional stress, you tend to need more sleep—or at least sleep more—to integrate these difficulties. When things are going well, you sleep less. You then have less need of the restorative qualities of sleep.

How to use sleep
“Since sleep has these integrative restorative qualities, why not take advantage of it?” asks Dr. Hartmann. “If you have to write a paper, for instance, or get some complicated work done, don’t try to do it before you go to sleep, but arrange it, look over the material, and have it in your head before sleep, and you’ll find in the morning that the work comes much more easily.

“We have observed that creative people particularly tend to use sleep for these helpful, clearing-the-head qualities. Therefore certain creative people tend to need more sleep, because they use it more. Practical people are often short sleepers because they work so efficiently and organize their time so well during the day that they do not need to ‘waste time’ organizing themselves while they sleep.

How long you should sleep
The average person still tends to think of sleep in terms of how many hours he should sleep. But a man can sleep three hours a night and wake up feeling perfectly refreshed. And much sleep can be had—decompression tions the body too much. So you see it’s not the

(Continued on page 1)

WEIGH YOUR FATE

Keep track of your diet with a scale/computer system that measures daily intake. Your ability to stick with any weight-loss program can be helped when you can improve the exactness of your food intake. Calcuweighter measures grams, calories, and ounces of all foods you eat per portion. Adjustable indexes change according to the category of food. Calorie intake keeps a record of foods consumed during the day so you know your balance, too. $20. Bloomingdale’s.
My name is Liza. I've just used Nice 'n Easy for the first time. My hair looks and feels silky—and the color's so 'natural I look like myself—only better! I like it a lot.

Nice 'n Easy haircolor
It sells the most.
You are looking at a remarkable improvement.

Until now, you had to settle for an almost-beautiful bedroom. Beautiful walls, drapes, carpeting, bedding... but with an ugly, cold-looking bed frame. As out of place as tennis shoes with a classy gown.

No more. The Harvard Classic Bed Frame, with its sculptured leg design and velvet brown finish, provides the final decorator touch to your bedroom.

It's a remarkable improvement in styling. And provides remarkably strong support for your box spring and mattress. The Classic is available at better bedding departments everywhere.

Write for free folder to help you decide which Harvard Classic Bed Frame is best for your beautiful bedroom.

Harvard Manufacturing Company
A Division of Rusco Industries, Inc.
Bedford Hts., Ohio; Benicia, Calif.

A good night's sleep
continued from page 18

Ancient of sleep you should be thinking about, but the quality of it—the balance of REM and non-REM sleep banishing your two types of tiredness and integrating and restoring your mental processes.

Perhaps knowing that sleep has these restorative functions will help you if you find it difficult to fall asleep. For as Dr. Hartmann says, "If you really believe in sleep, and believe that it will help you in this way, then you won't worry but will fall asleep quite easily." (For those who do have trouble sleeping, turn to page 46 for seven ways to help you fall asleep.)

BEAUTY AND HEALTH PRODUCTS
NEW THIS MONTH IN THE STORES

ELIZABETH ARDEN... Soft, non-chalant colors in a new make-up group called Great Color. Fifteen shades of pressed eyeshadow and eight shades of lip make-up—each with its own tiny, washable, foam-tipped applicator. The lip make-up combines the qualities of gloss with the staying power of lipstick—light, sheer color. Eyeshadows and lip make-up come in small, square, art-deco-designed compacts. Silky Shadows, $3.50 each; Glossy Lip Makeup, $3.50 each. At Lord & Taylor; Marshall Field; Burdine's; Bullock's.

LANCOME... Slow down the rate of moisture loss from under your skin and you'll succeed in slowing down its rate of aging. It's what Hydrix, a protective hydrating cream, does by creating a light-but-effective film that reduces water evaporation. (They've even got a patent pending on it!) It helps contain natural moisture longer, so it helps reduce the effects of all the drying factors in your environment... air conditioning, heat, excessive sun. 2 ounces, $7.50; 1 ounce, $12.50. At Bloomingdale's; Marshall Field.

MILLER-MORTON... Who hasn't benefited at one time or another from Chap Stick? Now there's even more to be grateful for! Lip Quenchers are lipsticks in terrific colors with that same great soothing formula. At $1.85 each, take several. At drugstores and supermarkets everywhere.

CLAIROL... Six delicious shampoos—each a delicious scent, a thorough cleansing for the hair. There's Wild Strawberry, Fresh Peach, Honeydew, Red Raspberry, Tangy Lime, and Tangerine in this perfect-for-summer collection of Sunshine Harvest Shampoos. $1.85 each at drugstores, supermarkets.

REVLON... Removing your eye make-up thoroughly is one of the most important aspects of beauty... aging in the eye area can accelerate when make-up is not perfectly removed and remains to dry out that sensitive skin. Some make-ups can be stubborn to remove and "Super-Rich" Eye Make-up Remover even removes hardly, waterproof ones, while it conditions lashes and skin around the eyes. $2 for 3 ounces. At Macy's, J.L. Hudson; The Broadway.

GILLETTE... Fruit fragrances for your hair... delightful! First there were shampoos, now there are Earthborn pH Balanced Creme Rinse and Conditioner in the three favorite scents of Green Apple, Avocado, and Apricot with a new addition—Strawberry. All are non-alkaline, work in about 60 seconds, and leave your hair feeling gorgeous. Especially good for sun-damaged locks. In two sizes, 8 and 12 ounces, in unbreakable plastic bottles. At drugstores and supermarkets everywhere.

IRMA SHORELL... "Sense in the Sun"—more and more people have it but it takes a bit of help from your sun cream, too. A new and effective cream that allows you to tan without burning is Moisture/Tan Formula. Prevents peeling, flaking, and dryness because it prevents the burning rays that cause those conditions from affecting your skin. It's loaded with moisturizers, so use it generously whenever you're out and about. 1.9 ounces, $6. At Saks Fifth Avenue; Marshall Field; Regenstein's; Joseph Magnin.

COVER GIRL EYES... that work as hard as you do... 9-Hour Eye Polish really lasts so you can count on a fresh, just-applied look at the end of day on into evening. In soft shades of blue, plum, green, natural beige, brown, or aqua, $1.65 each. At drugstores and supermarkets everywhere.
considerable crop, the books cover an astounding number of subjects. Here are some of them: log cabin building, hog dressing, mountain crafts and foods, hunting tales, with healing, moonshining (illegal, but a fine art), ghost stories, planting by the signs of the zodiac (it works), recipes using spring wild ant, spinning and weaving, corn shuckin’s (these are gala doings), upon making, animal care, banjos and dulcimers, hide tannings, and butter churns.

The chapter on log cabin building is so comprehensive, so beautifully detailed and illustrated, that if you want a log cabin, here’s how to get one. As Eliot says, “To those who would look on such a project as a farce, or a chore not worth the time, we have little to say. We speak to the individual who feels that someday, somewhere, the use of the instructions contained in these pages will be a source of tremendous satisfaction.” They would need. Just to read them makes one itch to build something—if only a tree house. Not everyone is interested in how to put together a butter churn, but should you be, *Foxfire 3* will tell you exactly how.

Almost everyone would be amused with the idea of making a cornstick mop or doll or hat, and almost anyone can—with *Foxfire 3*. The same volume has instructions for building a smoke house, very helpful in this day of smoking hams and turkeys in your own backyard.

A man named Dave Sturgill and his sons make mandolins, guitars, fiddles, dulcimers (the kind that are fanned, not the zither type), and mandolins— their best seller. For $35, you can send for a do-it-yourself kit that includes instructions as well as materials: cut-out pieces of yellow poplar (all routed, marked for holes, etc.), the fret wire, strings, tension blocks, nails, screws, and the plastic head. It’s a very good deal, worth learning how to play if you can’t already.

There are countless recipes for everything from sassafras tea (a great “sweater-outer” of fevers) to persimmon-nut bread. Here’s that recipe: ½ cup shortening, ½ cup sugar, two eggs, 1 ¼ cups flour, 2 teaspoons baking powder, ½ teaspoon salt, ¼ teaspoon soda, 1 cup mashed persimmons, ½ cup chopped hickory nuts or black walnuts. Cream shortening, add sugar and eggs, beat well. Sift dry ingredients, add to creamed mixture alternately with persimmons and nuts. Pour into greased loaf pan and bake at 350° for one hour. The combination of persimmons and black walnuts sounds delectable.

Wild berries and fruits abound in Foxfire country, and all of them are made into jams and jellies and cordial-like drinks. Wild pasture and swamp roses are considered a delicacy and both the petals and hips (the latter extremely high in vitamin C) are turned into sweet concoctions. Non-mountain dwellers can use cultivated roses such as the dog rose, the sweet briar, and the multiflora. The recipes in volume 3 work for all. Rose hip soup—yes, soup—jam, and jelly, rose dew, a flavoring made from rose petals (you must gather them in the morning) pulped to pieces, combined with 2 cups of sugar to 1 cup of petals, and packed in jars. Two months later, an elixir will have been distilled, which is drained off and bottled—a kind of attar of roses to be used as a flavoring for drinks and whipped cream. A little more down to earth are rose petals dipped in whiskey, then batter, and fried in deep fat—a scented version of fried squash blossoms.

Now, what do the *Foxfire* books have to do with the Bicentennial? As a recording of an American way of life, everything. As Eliot Wiginton says, “These grandparents were primarily an oral civilization, information being passed through the generations by word of mouth and demonstration, little of it written down. When they’re gone, the magnificent hunting tales, the ghost stories, the intricate tricks of self-sufficiency acquired through the years of trial and error, the eloquent and haunting stories of suffering and sharing and building and healing and planting and harvesting—all these will go with them, and what a loss.”

But thanks to the books, it has not been a loss, but a singular gain, and we are the richer for it. Along with the “affairs of plain living” and with telling us how to build a log cabin or make a Friendship quilt, they lift the spirit.

Material in this article was taken from *Foxfire 1*, *Foxfire 2*, and *Foxfire 3*—the latter to be published later in August by Doubleday & Company, Inc.
**Along the coast of Maine continued**

Dark Harbor is full of the big summer houses, called cottages, built just before and after the turn of the century. Many of them are in full view from the water as the ferry approaches the island and the harbor. Once on the island, though, it is harder to see them since they are hidden down driveways and behind trees and bushes.

The main reason to come to Dark Harbor is to stay the night at one of these big cottages—the Isleboro Inn—once the summer house of a family called Mitchell who built it in 1916. The bedrooms are large and comfortable in an old-fashioned summer way with marvelous old rag rugs on the floor. On warm summer evenings everyone eats outside under a big yellow awning on a big terrace full of white wicker. The sunset is the biggest attraction at this point, which is enhanced by ordering whatever fish is fresh that day—usually a baked swordfish, haddock, or halibut. The lawn terraces steeply down to the water and often there’s a boat at one of the four guest moorings. There’s a tennis court, waterskiing, and a croquet court right down by the water. When the nights are cool, several big fireplaces warm the big downstairs rooms. If you take the ferry back to Lincolnville at lunchtime the following day, have a lobster at the lobster pound restaurant close by the ferry dock. The highway from this point is full of cars with canoes lashed to the roof and station wagons with dogs in the back. It seems that lots of visitors stay three days.

Up the road in Orland is the headquarters for H.O.M.E., Homeworkers Organized for More Employment, a cooperative of more than a thousand Maine craftsmen. In a series of barnlike buildings, a remarkable range of handmade things spread out on table and floor—dolls, birdhouses, patchwork, balsam wreaths, painted shells, candles, knitted socks, moccasins—all the product of long snowbound winters. Though many of the craftsmen need more direction in design, H.O.M.E. is definitely worth a stop. Perhaps someone there can tell you who makes rag rugs to order.

Just beyond Orland, head east down a peninsula to Blue Hill, where there are two families each famous for its pottery. The shop of one is called Rackliffe and the other Rowantrees. All the glazes come from mineral deposits—old mines, bogs, quarries—close to Blue Hill. Some of the two-color pieces look like the kind of thing sold at Diane Love in New York. Each fills mail and phone orders. Write in care of either one, Blue Hill, Maine 14614. 207-555-12 gives local phone numbers.

From Blue Hill one can pitch a tent, or take the ferry to the island of Isleboro. Dark Harbor is in the center of the island, and all around it the tiny and well-preserved Mainecraftsman built before the Civil War. Once your attention is called to these buildings, it’s hard to ignore them. If you take the ferry back to Lincolnville at lunchtime, have a lobster at the lobster pound restaurant close by the ferry dock. The highway from this point is full of cars with canoes lashed to the roof and station wagons with dogs in the back. It seems that lots of visitors stay three days.

Up the road in Orland is the headquarters for H.O.M.E., Homeworkers Organized for More Employment, a cooperative of more than a thousand Maine craftsmen. In a series of barnlike buildings, a remarkable range of handmade things spread out on table and floor—dolls, birdhouses, patchwork, balsam wreaths, painted shells, candles, knitted socks, moccasins—all the product of long snowbound winters. Though many of the craftsmen need more direction in design, H.O.M.E. is definitely worth a stop. Perhaps someone there can tell you who makes rag rugs to order.

Just beyond Orland, head east down a peninsula to Blue Hill, where there are two families each famous for its pottery. The shop of one is called Rackliffe and the other Rowantrees. All the glazes come from mineral deposits—old mines, bogs, quarries—close to Blue Hill. Some of the two-color pieces look like the kind of thing sold at Diane Love in New York. Each fills mail and phone orders. Write in care of either one, Blue Hill, Maine 14614. 207-555-12 gives local phone numbers.

From Blue Hill one can pitch a tent, or take the ferry to the island of Isleboro. Dark Harbor is in the center of the island, and all around it the tiny and well-preserved Mainecraftsman built before the Civil War. Once your attention is called to these buildings, it’s hard to ignore them. If you take the ferry back to Lincolnville at lunchtime, have a lobster at the lobster pound restaurant close by the ferry dock. The highway from this point is full of cars with canoes lashed to the roof and station wagons with dogs in the back. It seems that lots of visitors stay three days.

Up the road in Orland is the headquarters for H.O.M.E., Homeworkers Organized for More Employment, a cooperative of more than a thousand Maine craftsmen. In a series of barnlike buildings, a remarkable range of handmade things spread out on table and floor—dolls, birdhouses, patchwork, balsam wreaths, painted shells, candles, knitted socks, moccasins—all the product of long snowbound winters. Though many of the craftsmen need more direction in design, H.O.M.E. is definitely worth a stop. Perhaps someone there can tell you who makes rag rugs to order.

Just beyond Orland, head east down a peninsula to Blue Hill, where there are two families each famous for its pottery. The shop of one is called Rackliffe and the other Rowantrees. All the glazes come from mineral deposits—old mines, bogs, quarries—close to Blue Hill. Some of the two-color pieces look like the kind of thing sold at Diane Love in New York. Each fills mail and phone orders. Write in care of either one, Blue Hill, Maine 14614. 207-555-12 gives local phone numbers.

From Blue Hill one can pitch a tent, or take the ferry to the island of Isleboro. Dark Harbor is in the center of the island, and all around it the tiny and well-preserved Mainecraftsman built before the Civil War. Once your attention is called to these buildings, it’s hard to ignore them. If you take the ferry back to Lincolnville at lunchtime, have a lobster at the lobster pound restaurant close by the ferry dock. The highway from this point is full of cars with canoes lashed to the roof and station wagons with dogs in the back. It seems that lots of visitors stay three days.

Up the road in Orland is the headquarters for H.O.M.E., Homeworkers Organized for More Employment, a cooperative of more than a thousand Maine craftsmen. In a series of barnlike buildings, a remarkable range of handmade things spread out on table and floor—dolls, birdhouses, patchwork, balsam wreaths, painted shells, candles, knitted socks, moccasins—all the product of long snowbound winters. Though many of the craftsmen need more direction in design, H.O.M.E. is definitely worth a stop. Perhaps someone there can tell you who makes rag rugs to order.

Just beyond Orland, head east down a peninsula to Blue Hill, where there are two families each famous for its pottery. The shop of one is called Rackliffe and the other Rowantrees. All the glazes come from mineral deposits—old mines, bogs, quarries—close to Blue Hill. Some of the two-color pieces look like the kind of thing sold at Diane Love in New York. Each fills mail and phone orders. Write in care of either one, Blue Hill, Maine 14614. 207-555-12 gives local phone numbers.

From Blue Hill one can pitch a tent, or take the ferry to the island of Isleboro. Dark Harbor is in the center of the island, and all around it the tiny and well-preserved Mainecraftsman built before the Civil War. Once your attention is called to these buildings, it’s hard to ignore them. If you take the ferry back to Lincolnville at lunchtime, have a lobster at the lobster pound restaurant close by the ferry dock. The highway from this point is full of cars with canoes lashed to the roof and station wagons with dogs in the back. It seems that lots of visitors stay three days.

Up the road in Orland is the headquarters for H.O.M.E., Homeworkers Organized for More Employment, a cooperative of more than a thousand Maine craftsmen. In a series of barnlike buildings, a remarkable range of handmade things spread out on table and floor—dolls, birdhouses, patchwork, balsam wreaths, painted shells, candles, knitted socks, moccasins—all the product of long snowbound winters. Though many of the craftsmen need more direction in design, H.O.M.E. is definitely worth a stop. Perhaps someone there can tell you who makes rag rugs to order.

Just beyond Orland, head east down a peninsula to Blue Hill, where there are two families each famous for its pottery. The shop of one is called Rackliffe and the other Rowantrees. All the glazes come from mineral deposits—old mines, bogs, quarries—close to Blue Hill. Some of the two-color pieces look like the kind of thing sold at Diane Love in New York. Each fills mail and phone orders. Write in care of either one, Blue Hill, Maine 14614. 207-555-12 gives local phone numbers.
There's a little Eve in every woman.

Try today's Eve.
Flowers on the outside.
Flavor on the inside.

**Meadowcraft. What more can you say?**

Just a few things.

You can say here’s one of our new French baker’s racks. Wrought iron. Finely crafted. All black and scrollly and banded in solid brass.

You can say it’s just one of dozens of designs included in America’s finest collection of casual furniture. You can say all these things about Meadowcraft. Because they’re true.

**Coast of Maine**

continued from page 22

stones for doorstops, round baskets with covers that would be perfect for sewing. These and other baskets are made by the Penobscot Indians that Thoreau visited and wrote about in the 1850s. The balsam pillows here are marvelous, the scent they exude being perhaps the essence of Maine. The day I was there they told me that the pillows will keep their scent indefinitely if kept wrapped airtight in a plastic bag, and also will revive if left on a window sill on a damp day.

Here, at the end of the trip, I ran into two gardens, both open to the public and quite worth a trip in themselves. The Abby Aldrich Rockefeller garden is open on Wednesdays during July and August. An Oriental garden in plan, it has a wall of stucco and stone veneered with a yellow Chinese tile that rings off part of a shadowy, piny Maine wood. Within the wall and down a path lined with low bushes and Korean temple figures in stone is the most Oriental part of the garden. Just green and white, peaceful and shadowy—a contrast to the garden’s large main “room” open and flooded with sunlight and flowers of all colors. On one side they’re mauve, white, violet, purple, and pink. On the other, red, blue, and yellow flowers are all jumbled together in one long deep bed as though they were growing densely and wildly in some summer meadow. It’s a garden full of ideas to scale down and imitate at home; just don’t get around to it?

The Thuya Garden, on the Ocean Drive leaving Northeast Harbor for Seal Harbor, is open daily. It’s the smallest pleasant garden of a typical large summer lodge-cabin built in the twenties. To see both the lodge and garden gives an instant impression of summer life in the northeast as opposed to summer life on the Cape or on Long Island. The garden gates and little garden pavilions are built from local white cedar. Grass paths and small ponds separate beds planted solidly in peonies or delphinium or phlox, aconite, or snake root. Go early in the morning when the grass is still wet.

The Bangor airport is an hour’s drive from Bar Harbor where one can drop rented cars and fly out on big Delta jets to Boston and beyond. There is also a small Bar Harbor airport that is closer but often closed by the weather.

**When you’ve got a simple thing like the Pap test,**

it’s criminal that any woman should run risk of undetected cancer of the uterus.

---

**AMERICAN CANCER SOCIETY**

This space contributed by the publisher.

**HOUSE & GARDEN**
I'm Joey Heatherton.

Want a great night's sleep? Sleep on Serta's Perfect Sleeper mattress. It backs up your back with firmness and comfort. You're sure to wake up better at night and feel better when you wake up in the morning.

How does Perfect Sleeper do it? With Serta's Back-Up™ System. It backs up your back with four levels of comfort and support. Elegant quilted cover, Sertaliner® bands, TwinEdge™ design and extra support of the matching foundation make Perfect Sleeper your best value in sleeping comfort.

New! Now there's a limited edition Perfect Sleeper Holiday from Serta. Suggested retail prices start at $99.95, twin size, each piece. It has all the quality and luxury you expect from a Perfect Sleeper, at a very unexpected price.

Back up your back with the Serta Perfect Sleeper.

Signed below: Serta Perfect Sleeper Signature mattress and foundation.

Be a perfect sleeper. Buy a Perfect Sleeper®
I've spent the whole summer canning, preserving, and making jelly—something I've always promised myself I'd do but never have. This year, however, with more time on my hands and the need to conserve more important than ever, I've been at it since the first strawberries in June.

The most important thing about all this is finding an inexpensive source of prime fruits and vegetables, and then organizing yourself so efficiently that canning becomes sort of a part of your summer life.

As we no longer live in the country where we always had a vegetable garden, I scour the back-road fruit stands and do trades with friends who have prolific fruit trees or berry bushes (so many jars for all this is finding an inexpensive more important than ever. I've been at it since the first strawberries in June.

I've hung onto my grandmother's jam kettle and the baby bottle sterilizer, and these and my hands and the need to conserve the privilege of picking. Next to myself I'd do but never have. This is the other necessary tools are right in the hardware store. I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this technology. Incorporated in Minneapolis. I think one of the best items is a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

Note to talcum powder users: It's just as easy to splash on the after-bath powder while standing in the tub rather than on the bathtub floor. In the tub, the extra powder can be swished right down the drain whereas dusting it off the floor is an annoying chore.

The Burkhardts certainly found an amusing and practical way to house stereo and taping equipment. No wife, including Joan, is crazy about having a lot of loops and wires and wheels and discs (par for the course in most sound systems) draped all over the living room. It's not only messy but also makes an otherwise attractive room look rather like a strategic command center. Anyway, the Burkhardts solved the problem when they found a wonderful old 1915 mahogany "His Master's Voice" standing Victrola. They put it in a corner of the living room and Bill took out the old turntable and speaker and all the little shelves that held records in the bottom half. He put a modern turntable in the top, the amplifiers in the middle-section, and the tape deck in the bottom half. The two stereo speakers are quite unobtrusive on the floor under tables. Caruso would never recognize himself.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this technology. Incorporated in Minneapolis. I think one of the best items is a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

Note to talcum powder users: It's just as easy to splash on the after-bath powder while standing in the tub rather than on the bathtub floor. In the tub, the extra powder can be swished right down the drain whereas dusting it off the floor is an annoying chore.

The Burkhardts certainly found an amusing and practical way to house stereo and taping equipment. No wife, including Joan, is crazy about having a lot of loops and wires and wheels and discs (par for the course in most sound systems) draped all over the living room. It's not only messy but also makes an otherwise attractive room look rather like a strategic command center. Anyway, the Burkhardts solved the problem when they found a wonderful old 1915 mahogany "His Master's Voice" standing Victrola. They put it in a corner of the living room and Bill took out the old turntable and speaker and all the little shelves that held records in the bottom half. He put a modern turntable in the top, the amplifiers in the middle-section, and the tape deck in the bottom half. The two stereo speakers are quite unobtrusive on the floor under tables. Caruso would never recognize himself.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.

I'm always pleased when I find a useful object that's not only pretty but also very versatile. Yes, when I was shopping for jars at the hardware store, I discovered a wonderful old 1915 mailbox, which opens and lifts the hardware store, I discovered a funnel that's 50 per cent larger than most used for this purpose and has a wider mouth. In its stem is a built-in measurer that assures the proper amount of head-space in each jar as it's filled. There's also a very practical jar wrench set, which opens and lifts both single and two-piece lids, a handy no-slip jar lifter, which is also very useful for many other kitchen jobs, and a jelly strainer and bag—all in dark green heavy-duty dishwasher-proof plastic. The tongs and wrenches are covered with a rubberized material that matches.
Enter the Pennsylvania House 1776 SWEEPSTAKES now...

WIN THIS $17,760 GRAND PRIZE DINING ROOM

The magnificent dining room above, coordinated and decorated by one of America's leading interior designers, is a "Grand Prize" in every way. Here's what you can win:

Superb Pennsylvania House dining room furniture grouping with seating for 12 in classic Chippendale and Queen Anne design, value: $5,356; exquisite table services for 12 with: Oneida Ring flatware (plus 9 sterling flatware serving pieces and storage chest), value: $2,595; Spode fine china (plus 6 serving pieces), value: $3,032; Spode crystal stemware, value: $702. Cathay® Mirabilia hand-made carpet, 10' x 14', by Pande Cameron & Co. of New York, value: $1,965; Colonial of Zeeland 89" Grandfather hall clock, value: $2,600; solid brass authentic 18th-century reproduction chandelier, value: $1,510. Total value: $17,760.

Everything you need to serve 12 people in an environment of graciousness. If you are a lover of beauty, enter this Sweepstakes right now at one of the fine stores listed on the facing page!

Pennsylvania House YESTERDAY TODAY and TOMORROW

116 OTHER VALUABLE PRIZES:
A. Three 2nd Prizes—Oneida Heirloom sterling silver. Six 4-pc. place settings. Value each prize: $825
B. Four 3rd Prizes—Colonial of Zeeland 74 1/2" Grandfather clock. Value each prize: $550
C. Four 4th Prizes—Dillard® India hand-made carpet, 7'6" x 9'6", by Pande Cameron & Co. of New York. Value each prize: $475
D. Three 5th Prizes—Spode crystal stemware, eight 3-pc. place settings. Value each prize: $468
E. Two 6th Prizes—Spode Gourmet stone china, eight 5-pc. place settings. Value each prize: $476
F. One hundred 7th Prizes—Oneida Paul Revere Bowl in fine silver plate. Value each prize: $25

Many fabrics protected with ZEPEL®

SUST. 1975
HOME IMPROVEMENT IDEAS FOR

The House Fixer
By Will Mrie

Pre-assembled bay window
Window includes double pane insulating glass, vinyl sheathed frames and millions, and comes in earth color Terratone for Available with side sash set at 30- or 45-degree angles, the Alsen Corp. windows offer a choice of models. Sizes for the 30-degree bay range in widths from 5 feet, 93/4 inches to 9 feet, 81/2 inches, and in heights from 4 feet, 2 inches to 5 feet, 13/4 inches. The 45-degree model, at about $500, has swing-out casement windows; the one, at about $748, has fixed glass center sash, casement sides. The 45-degree angle bay ranges in width from 5 feet, 2 inches to 9 feet, 2 inches and from 4 feet, 2 inches to 5 feet, 13/4 inches in height. The smallest 45-degree bay is about $501, the largest about $789. Screens, hardware, head and seat boards, extension jambs included. At lumberyards and building materials dealers.

Paint applicator for masonry
Designed specifically for painting concrete block, cement, brick, and stucco, this paint applicator has long, tough fibers in the pad that stand up to rough textures of cement, brick, and stucco and the uneven porous surface of concrete block and its recessed joints. The Red Devil's pad insures even coverage and can be quickly changed for different color paint jobs. Extension handles fit the applicator for hard to reach areas. $5.95 at hardware, paint, and department stores.

Lubricating paint
A graphite product protects against rust and abrasion on garage door tracks, sticking windows, door hinges, latches, and other moving parts to insure easy operation. For wood, plastic, or metal surfaces, it won't rub off or attract dirt and dust as oil does; heat, cold, pressure, or corrosion won't affect it. Sprayed on garden tools, bicycle or motorcycle chains, barbecue parts, snow blowers, boats, Slip-Plate is both lubricant and rust preventive. A 14-ounce aerosol can is $2.99 at paint and hardware stores, $3.99 from Superior Graphite Co., 20 N. Wacker Drive, Chicago, Ill. 60606, including postage and handling.

Water-based varnish
For wood furniture, doors, wood paneling, other woodwork, Rez by PPG Industries provides clear satin, low-shine finish without the sagging, running, stickiness and slow drying of ordinary varnishes. Its milky appearance as applied makes it easier to see and avoid leaving gaps. Varnish dries an hour; another coat can be applied in four hours. Use brush, roller, or spray; soap and water for clean up. About $2.87 a pint, $4.49 a quart at paint dealer.

Smoke detector fire alarm
The first whiff of smoke sets off a loud, shrill horn blast. A sensitive photoconductive cell registers the presence of smoke and activates the alarm. Wall or ceiling mounted, the off-white Scout unit is 31/2 inches wide, 51/4 inches high, 13/4 inches thick. It plugs into a 110-120 volt AC electrical outlet for a single installation, or can be wired singly or for multiple installations. A red power light indicates the unit is on, the alarm sounds until smoke clears or you pull an off switch. Solid state, it is listed by Underwriters Laboratories and has a one year warranty. $43 from Edwards Co., Inc., Norwalk, Conn. 06856.
I'd heard enough to make me decide one of two things: quit or smoke True.

I smoke True.
The low tar, low nicotine cigarette.
Think about it.

King Regular: 11 mg. "tar", 0.6 mg. nicotine, 100's Menthol: 13 mg. "tar", 0.8 mg. nicotine, av. per cigarette, FTC Report April '75.

 Sheets Towels Blankets
Bedspreads and Draperies

"IRIS PATCH" DESIGN BY
Angelo Donghia
Impressive statistics reflect a growing nation-wide interest in health and body consciousness:

The International College of Applied Nutrition has quadrupled membership in the last four years. Some of these eminent MDs advised Senator Richard Schweiker on his bill to direct $50 million toward improving nutrition education in the medical colleges.

Now about 40 million adult Americans—1 in every 2 households—take a daily vitamin. Vitamin Information Bureau's executive director John Wright remarks: "The health food and vitamin industry has grown to a $300 million a year business."

This year, the National Nutritional Food Association registers 4,000 health food stores across the country. Spokesman Dr. Arnold Pike, host and producer of TV's "Viewpoint on Nutrition," confirms: "Health food shoppers are no longer labeled cranks. The ecology movement has changed public awareness. People want to know what is junk food and what is not."

Dr. Laurence Morehouse's book _Total Fitness_, forecast to sell 250,000 copies by year's end, jumped to the best-seller list two weeks after publication last March and is still on the list as we go to press. (More on him, page 52.)

A recent Gallup Poll showed that 30 million American households now have vegetable gardens. Vegetable seed sales jumped 40 percent last year.

Dr. Timothy Johnson's TV program "Housecall" draws 160,000 viewers weekly, holding its own, on prime time, against national network shows, on Boston's WCVB TV channel 5. One of his health dramatizations on heart disease won an Emmy nomination, was booked by ten major markets. (No wonder McGraw-Hill anticipates success for his new book, Doctor!, just out.)

73 percent of House & Garden readers answering our February questionnaire on weekend living use the weekend to relax and unwind and pursue healthy activities. 60 percent do sports, 59 percent garden, 61 percent entertain more on weekends.

_HEALTH and COMFORT go together. Physical fitness makes you feel better. Physical comforts increase your sensation of well being. This issue is devoted to both subjects. Turn the pages for some exhilarating news and discoveries._
For a better life at home

Rediscover fresh natural foods and balanced menus - the new way to eat for energy and staying power.
White in many textures gives a small room a big lift

In a small garden room off a larger living room, everything is white: the sheer cotton curtains, the glossy white-lacquered walls and furniture, the chenille coverings on the down-cushioned sofas, the velvety white rug, white coral, beige and white seashells. Room designed by George Clarkson.

Decorate to relax and enjoy. A room filled with light, air, comfortable furniture, and a sense of nature is the freshest way a room can look.
Find time to unwind. Move outdoors and make a place for fresh-air living and relaxing, and casual informal entertaining.

Green paint gives a practical wood deck the look of garden grass.
Take a break. Change the scene—it doesn't even have to be too far from home. The way to keep fit is to keep moving.

Lots of good-looking, easy-to-carry baskets— an efficient way to pack a picnic.
Take advantage of the power of sleep—to clear and organize the brain, untangle the emotions, and refresh the body.
One of the easiest ways to wake up is in a bed of flowered sheets, left. These are flowered by Madex. Right: A well-balanced breakfast of orange juice, an egg, bran muffin, coffee with hot skim milk. Brunchware by E.N. Gibson, Utica Cusinier. Old English Trendy sterling silver from James Robinson.

Beautiful bran muffin—delicious way to add fiber to your diet

Sift 1 cup bran cereal in 1 cup buttermilk. Add 1 large mashed banana, 1 egg and beat well. Mix together 1 1/4 cups whole wheat flour, 1 tablespoon baking powder, and 1/2 teaspoon salt and lightly fold in 2 cups bran cereal. Bake at 400° for 35 minutes or until golden. 75 calories.

Get on the health breakfast bandwagon—it refuels the brain and body, makes you alert and productive.
not just in the imagination. You do relax easily in an appealing bedroom. It is re-
thing to wake up in a good-looking bed. You
start the day better with a breakfast that's actively served — and imaginative and nu-
onally balanced.
HOW SOME FAMOUS AND VERY ACTIVE PEOPLE EAT TO START THE DAY

At home, tennis pro Chris Evert eats a piece of melon walking from room to room. When she’s playing, it’s an energy giving cheese omelette and a melon slice; no tea or coffee. Jimmy Connors’s breakfast varies with his tournament schedule, too. When he’s playing he just has a glass or two of orange juice, cereal, 2 scrambled eggs.

Opera diva Leontyne Price eats half a grapefruit with a medium rare beef patty and 1 Carr’s water biscuit for a 10 o’clock breakfast that carries her through until dinner; with it, black coffee.

Rudolf Nureyev drinks 2 pots of tea plus a large glass of orange juice and occasionally eats toast and an egg.

Paul Newman drinks orange juice and coffee as do Alan King and Margot Fonteyn. For Ann-Margret, nothing, and for Alfred Hitchcock a cup of Sanka.

Light breakfasters, Gregory Peck and his wife Veronique like at least three fruits, preferably mangoes, papayas, cranshaw melons, or pink grapefruit. They pluck a lime from their own tree to squeeze on everything. They drink Lipton’s tea made with Sparklettes water plus honey and a lime slice.

Gayelord Hauser, in his prime at eighty, breakfasts most mornings on half a papaya, cafe au lait with no sugar, 2 soft-boiled eggs, a slice of whole-wheat toast with sunflower butter (his blend of butter and sunflower oil) and honey. Sometimes he chooses his “Lifesaver” breakfast, a favorite with Greta Garbo, too. In a blender whiz a cup of orange juice with 1 tablespoon each of lecithin, fine bone meal, brewer’s yeast, and wheat germ. Then add a tablespoon of sunflower or sesame oil.

“Breakfast should give you one fourth to one third of your daily protein and calories, plus some of the other essential nutrients.”

A fresh pear starts the day for director Billy Wilder and wife Audrey. A great cook, Mrs. Wilder likes to make shirred eggs in ramekins for breakfast and serves them with chorizos, diced cream cheese, and cilantro. With this, buttered pumpernickel, coffee.

Fred Astaire when he’s home has a boiled or scrambled egg, buttered toast, and orange juice and later in the morning, perhaps coffee.

Always on-the-go, Bob Hope likes orange juice and stewed fruit to start the day; drinks Kava and milk.
REVITALIZING BEDS AND VITALITY BREAKFASTS
Crisp navy on a clean white ground for "Shadow" and "Shadow Diamond" cotton and polyester sheets, cases, and quilted comforter. By Bill Blass for Springs Mills. Lounger and ottoman by Artifort for Turner; 7-inch portable TV by Hitachi; Flex Clamp lamp, Buzan Collection; quilt. Patchworks; pillows at the Gazebo.

Top: Delicate "Kowloon" china, "Flemish" sterling spoon and spreader, china coffee service, breadbasket, tub, initialed box from Tiffany. Burgundy acrylic tray, Albrizzi. For shopping information, page 131.

Croc Refreshers
 Hoe Butter
 Hot Chocolate
 with Whipped Cream

Eggs Sardou*
 Hard Roll
 Butter Ball
 Coffee

Above: "Regency" white ironstone from Johnson Bros.; "Spa-tours" silverplated flatware by Christofle; sterling coffee service, Tiffany; stenciled tray has metal stand, Roundtree; flowers from Jean-Jacques Bloos.

"How very active people start the day" continued

"After the teen-age years, adults should cut down on eggs and bacon," maintains Harvard's Dr. Jean Mayer who chooses instead whole-wheat toast with cheese or a whole-grain cereal. He drinks lots of orange juice and tea with milk. For those who can't face breakfast, Dr. Mayer suggests a mid-morning peanut butter sandwich.

Photographer Horst eats a boiled egg with the yolk just starting to set, sprouted rye toast, orange marmalade, and black coffee.

Billy Jean King makes herself ham and 2 eggs with whole-wheat toast, and sometimes drinks coffee or milk. A lettuce salad, two poached eggs, and a glass of orange juice is heavyweight champion Mohammed Ali's lightweight breakfast.

A health salad for breakfast is a favorite with Truman Capote who might serve it for a morning party, too. He likes shaved carrots, artichoke hearts, and asparagus tips tossed with a mixture of yogurt and bouillon.

A quarter papaya, a half grapefruit, or a baked apple and 2 tablespoons of diet cottage cheese is Helen Corbitt's weekday breakfast. Miss Corbitt (food consultant to The Greenhouse spa) poaches cored apples in water with Sweet 'n Low until soft; sprinkles with sugar and juice, pops into hot oven 5 minutes. "Sundays I splurge and have an omelette with 1 egg and 2 whites for extra protein," says Miss Corbitt who perks it up with chopped chives, green onions, or fresh mushrooms.

"The average person burns about 3000 calories a day. About 800 are used up during 8 hours of sleep."

"If I don't have a big breakfast I fall apart in a few hours," says super model Lauren Hutton who gets up early for freshly squeezed orange juice, lox, bagel and cream cheese, tea. She sometimes concocts her own cereal from a bowl of Total by adding granola, dates, raisins, nuts, and soybean lecithin.

"It's always a battle of the bulge with us," says Julia Child explaining her low-calorie breakfast with husband Paul. "We drink one of our 8 Chinese teas and eat fresh fruit—apples, oranges, melons, whatever is in season. We also like hand-squeezed orange juice with some oil from the rind."

On Sundays the Childs have a special bacon and egg breakfast, toast and rolls, sometimes scrapple.
“I have the same breakfast each morning,” says actress Karen Black. It’s half a grapefruit followed by Uncle Sam’s cereal with cream and sliced strawberries or bananas followed by a four-minute egg with salt; tea with lemon.

When tennis star Arthur Ashe is playing in a hot climate, he’ll eat “runny” scrambled eggs and potatoes, preferably boiled. He drinks orange juice and milk plus two “super duper” vitamin pills. When he’s not playing he feasts on pancakes and waffles.

One half grapefruit, 1 poached egg, and a slice of bacon is the breakfast ritual for Mary Tyler Moore. Angie Dickinson sips a glass of distilled Arrowhead water with her vitamins.

Pearl Bailey eats oatmeal, drinks coffee. Nancy Ruwe, social secretary to Mrs. Gerald Ford, likes to zip up her orange juice in the blender with a banana and powdered milk.

Breakfast for House & Garden’s nutrition consultant Eloise R. Trescher always starts with fruit; “I prefer solid food to fill me up, juice just trickles through.” Then in summer cold cereal (Product 19 or Shredded Wheat) with the equivalent of 1 pint of skim milk (powdered milk at double strength) and berries, bananas, or sliced apple. Mrs. Trescher might have instead whole-wheat toast spread with cottage cheese and topped with raspberries or strawberries. In winter, oatmeal sprinkled with Sweet ‘n Low plus the concentrated milk or a slice of whole-wheat toast topped with shredded cheese and a poached egg.

“During sleep, the body’s cells repair themselves twice as fast as during waking hours.”

Tomato juice with a squeeze of lemon is breakfast for dancer Paula Kelly plus coffee with a good chunk of honey in it and milk.


Oatmeal with Lyle's Golden Syrup
Tea with Lemon

to make sure you have a
comfortable bed

HOW TO BUY A MATTRESS

that's just right for you, plus some advice from an orthopedist on how to sleep on it

Innerspring? Foam? Water bed? Or something else? More than 80 percent of mattresses sold are inner-spring. The complex sandwich of springs and padding is put together thus: first a core of 300 to 900 steel springs to give the mattress firmness. The heavier the spring, the firmer the mattress. Then a layer of tough insulation to separate padding and springs. Then one or more layers of upholstery, usually cotton felt or polyester foam (to smooth the surface, provide resiliency, comply with government inflammability regulations).

Horsehair, used in a few mattresses, is soft, allows good air circulation. On top, ticking usually quilted. Foam mattresses are light, adaptable, nonallergenic, can be made to any required firmness. Polyurethane foam may last only about five years, but a new synthetic foam, carbamate, has many of the advantages of hard-to-get latex. Most waterbeds now come with safety liners and heaters. Because they support without pressure, some hospitals use them for long-term patients. You can expect to pay from $100 to $500 for a mattress. "Extra firm" and "super firm" merely mean the mattress is harder than the manufacturer's "firm" model. Many manufacturers offer brochures full of mattress-buying information. For addresses, see page 131.

Dos and Don'ts of Mattress
Buying and Care

Do think of yourself first. Are you a restless sleeper? Quiet? Bad Back? A spouse who's half (or twice) your weight? Do hunt until you find a mattress that fits. Don't just push and prod when you test a mattress. Lie down on it, with your bed partner. Stretch out. Relax.

Do lie down. Do break it in right. For its first six months, turn it monthly, end for end, top to bottom; after that twice a year. Use a mattress pad. Air it monthly with the windows open if you can and vacuum it with the upholstery attachment to keep down dust mites (yes, mites). With good care, you can expect at least ten years service from a good mattress. How to tell when you need a new one? When you start to wonder if you need a bedboard. When sleep just isn't what it once was.

Fastening the innersprings:
Special systems compensate for sag, regulate firmness, adjust mattress response. Here, each spring has a case. By Simmons.

Don't just push and prod when you test a mattress. Lie down on it, with your bed partner. Stretch out. Relax.

BEDS AND BONES:
WHAT THE ORTHOPEDIST SAYS

"A healthy individual can sleep on anything," says Dr. Robert G. Addison, director of Chicago's Rehabilitation Institute Low Back and Pain Clinic, author of Living with Your Bad Back, "but a worn mattress can aggravate an existing problem to the point where a disk could slip." The mattress should be very firm, no more than 5 percent of the body sinking into it, with extra support where the pelvis rests (an orthopedist will prescribe the proper kind and size for your problem). Sleep on your side, in a semiflat position (top figure) with a thin pillow to keep your spine straight, or on your back with a pillow or blanket under your knees (middle figure) to relieve the strain on your spine. Or raise the bottom half of your mattress.

Don't

Fastening the innersprings:
Special systems compensate for sag, regulate firmness, adjust mattress response. Here, each spring has a case. By Simmons.

Too hard: A wavy spine won't let muscles rest.

Bed and your nose:
What the allergist says

If you have headaches and you snore and wheeze and it gets worse at night and you have dark circles under your eyes even when you're rested and you were a colicky baby, you may be one of the 15 to 20 percent of everybody who's allergic, says Dr. Claude A. Frazier, allergist and author of Parents' Guide to Allergy in Children. Bed and bedding need special attention for those with house dust, feather, mold, or fiber allergies. Avoid tuffed mattresses. Prevent dust with rigorous vacuuming, even inside box springs. Use well-washed bedclothes. Wrap everything in protective covers (available from Allergen Proof Encasings, 3 Park Place, New York, 10007).
What to do to guarantee a good night's sleep

By Caroline Seebohm

A new relaxation technique
Sleep-food
Bedtime drinks
Lullabies
Beds and pillows
Knowing your sleep cycle
Latest ideas and suggestions from Sleep Labs in Boston, Philadelphia, and New York

You know the feeling—climbing into bed after a long day, looking forward to putting your head on the pillow and drifting off into a wonderful, deep, long, soothing sleep, and instead lying there with your head in a whirl, your body tense, waiting in vain for the gift of sleep to come.

Well, you cannot buy sleep. You cannot coax it, cajole it, even trick it into casting its spell over you. But you can practice certain routines that may bring sleep a little closer to you—routines that doctors in Sleep Laboratories in Boston, Philadelphia, and New York have discovered can really help you fall asleep. Some of their suggestions are completely new ideas—others are old wives' tales with a new twist. But one of them might just work on you that sleep-inducing magic everyone longs for.

Relaxation

"The basic reason many people can't sleep is some type of muscle tension," says David Davis, director of a private sleep laboratory in New York City and consultant to Mount Sinai Hospital. "The first sign of anxiety, hostility, or fight-or-flight, right from primitive times, is expressed in your facial, neck, and jaw muscles. Next time you become tense or hostile, notice how it first manifests itself—you clench your teeth and tighten your jaw muscles. You'll be surprised how many people try to go to sleep at night like this.

"When you go to bed, to relax, let your jaw hang down," Unclench your jaw, consciously, and fall asleep. (Notice how people who fall asleep sitting up often end up with their mouths hanging open—utterly relaxed.) The key to breaking the muscle tension that stops you sleeping is relaxing the muscles.

Sleep-food

You have probably heard that a hearty meal makes you drowsy because the blood leaves your head and goes to the stomach to help digestion. Well, that's completely false, according to Dr. Ernest Hartmann, Director of the Sleep and Dream Laboratory, Boston State Hospital, and Professor of Psychiatry, Tufts University School of Medicine. He and many of his colleagues believe the drowsiness is actually caused by an amino acid, L-tryptophan, in foods such as meat, cheese, milk, and eggs. It's in everybody's diet to some degree, and most people take 1-2 grams of it every day. When L-tryptophan is taken into the body, it is converted into serotonin, a brain chemical that affects sleep. (It appears to be the ratio of L-tryptophan to other amino acids that creates this effect.)

"A high-protein meal of meat—cheese, or eggs—and a glass of milk—contain enough L-tryptophan to bring sleep a little closer to you—" says Dr. Hartmann. "The source of L-tryptophan is milk—that may be why people who fall asleep after Thanksgiving dinner! In our studies we found a dose of 1 gram of L-tryptophan will cut down the time it takes to fall asleep from twenty to ten minutes in our laboratory conditions. Of course, we isolated it and in its pure form—it's in petes with other amino acids. One hopes that one day it can be offered as a sleep inducer at your store. Its great advantage is that only do you get to sleep sooner, but you do without the distortion of sleep patterns that are produced by most sleeping pills. For now, a protein meal or snack before you go to bed may help induce sleep.

Bedtime drink

Warm milk—from what has been said about L-tryptophan, it is that milk, which contains L-tryptophan, is a sleep inducer. Warm milk also has a soothing effect. Camomile Tea—this has a tradition of being a relaxing, soothing sedative drink. But scientific proof has recently emerged: Lawrence Gould, M.D. and colleagues, writing in the Journal of Clinical Pharmacology, have said about L-tryptophan, it is pure form to get you to fall asleep—" says Dr. Hartmann. "The source of L-tryptophan is milk—that may be why people to fall asleep after Thanksgiving dinner! In our studies we found a dose of 1 gram of L-tryptophan will cut down the time it takes to fall asleep from twenty to ten minutes in our laboratory conditions. Of course, we isolated it and in its pure form—it's in petes with other amino acids. One hopes that one day it can be offered as a sleep inducer at your store. Its great advantage is that only do you get to sleep sooner, but you do without the distortion of sleep patterns that are produced by most sleeping pills. For now, a protein meal or snack before you go to bed may help induce sleep.

Bedtime drink

Warm milk—from what has been said about L-tryptophan, it is that milk, which contains L-tryptophan, is a sleep inducer. Warm milk also has a soothing effect. Camomile Tea—this has a tradition of being a relaxing, soothing sedative drink. But scientific proof has recently emerged: Lawrence Gould, M.D. and colleagues, writing in the Journal of Clinical Pharmacology,

Split bamboo table by DIA; "Speak-easy" telephone control has intercom, North American Telephone.

Red lacquer tables for TV, tray, whatever. Medallion Ltd. Above; Sleep Sound machine screens out irritating noises, substitutes sounds of rain, surf. Hammacher Schlemmer.


Exercise

"For most people who are in good health, if you go out and exercise to the point once a day or once every other day where you can raise your heart beat to over 160-180 and work up a good sweat, you'll find that within a few days you'll need less sleep and you'll sleep better," declares Mr. Davis. "This is not to say that every night just before you go to bed you should run around the park. The exercise should be in the morning or early evening, or whenever it's convenient during the day."

Napping

There are people who can nap for just a few minutes and wake up feeling rejuvenated. Other people nap and wake up feeling terrible. "The best explanation for this is that we have an inherent rhythm in our make-up. We have a cycle of REM or non-REM sleep, each occurring every ninety minutes or so. Now it seems this cycle not only occurs at night but also during the day—for the full twenty-four hours in fact. Look at the average office routine: One comes to work at 8:30 or 9, an hour and a half later he stops for a coffee break. Then he goes back to work and another hour and a half it's lunchtime. He comes back and at 3 o'clock there's another break. Without knowing what we are doing, we have organized our lives to a rhythm. (Jet lag is a perfect example of what happens when that rhythm is disturbed.)"

"If you have a nap at the right point in your cycle, then it is very refreshing. If you wake up at the wrong phase in the rhythm, you feel terrible. If you do wake up at the wrong time, all you have to do is go back to sleep to finish the cycle."

Beds and pillows

Beds are a question of personal taste—there is no rule about them. "What you must do is find what is most comfortable for you," says Dr. Mendels. "The most important thing in bed is not to toss and turn. If you are restless, sit up, turn the light on, and read for a while, or get up and do something else. Tossing and turning tends to agitate the cycle of not sleeping—you become more tense and make the situation worse."

Mr. Davis suggests that if you are not sleeping, take away your pillow. "Taking away your pillow may help you relax your neck muscles." Relaxing your neck is the crucial part, however you do it. The Japanese, for instance, sleep on wood block pillows, which may be their way of relaxing their necks.

Sleeping pills

The last resort. Every doctor consulted agreed on the imperfections of sleeping pills. What many regularly prescribed sleeping pills do is disrupt your cycle of sleep, so that your REM sleep is often reduced considerably. The effect of this is that when you stop taking the pills, you get what doctors call a withdrawal effect. For most people who are in good health, if you go out and exercise to the point once a day or once every other day where you can raise your heart beat to over 160-180 and work up a good sweat, you'll find that within a few days you'll need less sleep and you'll sleep better," declares Mr. Davis. "This is not to say that every night just before you go to bed you should run around the park. The exercise should be in the morning or early evening, or whenever it's convenient during the day."

HOW PEOPLE ON THE GO GO TO SLEEP

Carol Burnett needs eight hours of sleep. But she also needs old movies. She calls it work—ideas for take-offs in television skits—but watching them from her king-sized bed is her favorite relaxation. If the Late Late Show is a great 30s or 40s classic, she just sleeps late in the morning.

Mary Tyler Moore is organized. In bed about 11, up in the morning by 7 or 7:30. "I never start a nap," she says, "because I want a full, solid night's sleep and, for me, naps interrupt the pattern." A hard mattress, one very thin hard pillow.

Frank McCarthy, major general, producer of "Patton," can do with four hours of sleep but likes eight, "from midnight to 8 A.M. when nothing much is going on. I never take naps in the daytime. I'm afraid I might miss news, or something with friends." He wears a sweatshirt to bed, to pamper his burstis.

"Breakfast in bed is solitude," says actress Gena Rowlands. Her husband, early riser. The children go to school, and there she is, with black coffee, fruit, and the paper.

Actress Karen Black sleeps whenever she possibly can, all day on days off. "I need more than I can ever get, and I've gradually developed an ability to sleep at will. Two pillows. One is under my head, the other protects my knees."

William Frye, who produced "Airport '75," needs nine hours sleep. What he can't get at night he makes up in after-lunch naps on weekends.

"Great men must suffer, so you might as well join them," says Cousin Brucie Morrow, who as a front-rank ABC disk jockey is almost a professional insomniac. His mattress sags (his wife has the bedboard). But thinking about tomorrow puts him to sleep. In five hours he wakes without an alarm.

"How do I sleep? With difficulty," says Jane Howard, author of A Different Woman. "You know, Gilbert and Sullivan, 'Repose is taboo with anxiety.' Beer? That's a sedative. I was once going to write a book with a friend, to be called I'll Sleep on That, an anthology of worth-while things to read in bed. Like the Metallurgy Journal. I'd like to know some tricks for staying asleep, I wake up before I want to."

Catfish Hunter is a former when he isn't playing baseball for the Yankees. Whatever the season he gets enough physical exercise that sleep is never a problem for him. He likes a hard bed though he's never changed a hotel room because of the mattress, rises early in the off-season to do all his own chores on his 110 acre farm in North Carolina. "I can't go right to bed when I come home from work," says Clive Barnes, dance and drama critic for the New York Times. "I read, or watch late night TV. I've got a curious sleep pattern—I have to turn on my left side first, but I can only sleep on my right. I don't get a great deal of sleep, five or six hours. I don't
Four ways to make up a bed

Change its personality with its coverings. To inspire you, interior designer Françoise de la Renta set these scenes for four different women. You may be one of them, perhaps a bit of all of them.

"She's had a busy day and is staying home tonight [left]. Off with the make-up, ten minutes of exercise, a very hot bath—and while she drinks cold water. It brings moisture to her face. Wrapped in terry cloth robe, she curls up with good dinner. The news, TV magazines, books, cataloging up, stretching. On her bed, cornflower blue sheets edged with scarlet embroidery, a mohair afghan like gossamer."

"She spends twenty-four hours in bed every week to do the 'liquid diet' [left], taking nothing but clear fruit. Top: Sheets and cases from Portico Chatham blanket, Nantucket Linen afghan. Bottom: Sheets and cases handmade satin comforter, and blanket cover from Le Bon."
Set table bouillon, salted, drinking in water and black coffee. She uses her beauty to work at knitting, needlepoint. What a luxurious bed! White sheets and pillowcases with helièu embroidery, a quilted comforter."

Lady enjoying rare pleasure of waking in bed. She dreams awake, puts thoughts in order, breakfasts on chocolate and croissant. For a glorious morning, white sheets bedecked with amethyst sweet peas, amethyst linen bows, a white quilted blanket cover.

With no office, no etary, a busy woman spends a lot of work in bed. Note pads, pens, a calculator, telephone. But she is still a woman, of pink — pink blankets, cases, ted in four different flowered emacs, pink mohair afghans.

LATE MORNING BREAKFAST

HOME OFFICE, 9 TO 5
REVITALIZING BEDS IN RELAXING BEDROOMS

1 Pastels for a bedroom tea table. Cartier china. Room, designed by Betsy Shaw of Trask & Clark, was part of the Designer's Showcase to benefit the Kips Bay Boys' Club at the Carnegie Mansion lent by Coopers-Hewitt.

2 Wide, luxurious bed is the focus of a small bedroom. By Stephen Mallory of Mallory-Tillis for the Milton R. Barries.

3 White tambour curtains lined with a soft, dusty pink, and pale blue walls make a romantic shell around a canopy bed. Room by Mario Buatta.

4 Natural woods, wools, and beach colors for a pared-down, clean sweep room with its own wing removed from the activity of the house. By Trudy Schlacter.

5 Pale and pretty garden colors fill master bedroom in a summer house. Night table on casters for bedside, chairside. Room by William Hodgins.

6 Library doubles as guest room made cozy by a single, deep-colored pattern of wallpaper and fabric. Designed by Mrs. Henry Parish II of Parish-Hadley.

7 Unusual color switch — celery on the ceiling, clean white tiled floor. By Mario Buatta.

8 Fresh bedroom made from a small attic space — white and pale lavender, dark patterned rug anchors it. Designed by Mark Hampton.

9 The Robert Koturs built the fourposter from a kit and antiqued it Colonial blue. Bed kit by Cohasset Colonials.

10 Shades of gray for bedsteads, carpet, and the paisley that covers walls of a guest room framed with wood. Room by John Rieck for the Bruce Addisons.

11 Bed is placed directly in the middle of a small room with large windows. Gray fox bedcovering, full gray curtains. By Robert Perkins.


"Sleep is not a lack of activity but a different kind of activity. You'll sleep better if you exercise more."
Milk for a real lift.
Milk for a liquid lullaby.
Milk contains over 100 nutritional elements.
Are you drinking as much of this wonder-working food as you should?

energizing, tranquilizing
Milk

There is a bumper sticker I've seen recently that reads—"Only love beats milk." It is usually a mother's love that supplies or starts a baby drinking milk. From the beginning of time man has subsisted on the food that his particular environment provides. Throughout the world, milk has been the food for infants and baby animals, given by their mothers. Yet only for the very young is milk a "perfect food." Early in life diet must be supplemented by other foods to furnish iron and vitamin C (ascorbic acid), two vital nutritional constituents in which milk is low. Breast fed infants need a supplement of vitamin D as well. How early depends upon your pediatrician. Many commercial infant formulas contain all necessary nutrients.

Why is milk so important? Although it is not a perfect food, it more nearly fulfills that definition than any other. And

the most significant contribution of milk to the diet is calcium. There is more calcium in the body than in any other mineral. Approximately 99 percent of this is concentrated in the bones and teeth while the remainder is in the blood and other tissues essential to our well being.

We need a generous supply of calcium every day to maintain bones and teeth, to help blood coagulate, to regulate heart beat, and to aid in the proper functioning of other muscles and nerves. If you're upset, try drinking a glass of milk. It's a liquid lullaby, with a calming effect for many people. The protein of milk is of the highest quality. It contains all of the essential amino acids necessary to build, repair, and maintain body tissues, to fight against infection by forming antibodies, and to make hemoglobin, which transports oxygen to the cells throughout the body and carries away carbon dioxide. Milk contains well over 100 nutritional elements, each making a valuable contribution to our diets.

By Eloise R. Trescher, R.D.

Each of the foods in the following list contributes essentially the same amount of calcium but vary widely in their protein and calorie content. For the most part, this is derived from Home & Garden Bulletin No. 72, published by the U.S. Department of Agriculture.

<table>
<thead>
<tr>
<th>Milk</th>
<th>Amount</th>
<th>Calories</th>
<th>Protein, in grams</th>
</tr>
</thead>
<tbody>
<tr>
<td>Whole</td>
<td>1 cup</td>
<td>160</td>
<td>9</td>
</tr>
<tr>
<td>Skim</td>
<td>1 cup</td>
<td>90</td>
<td>9</td>
</tr>
<tr>
<td>Buttermilk</td>
<td>1 cup</td>
<td>90</td>
<td>9</td>
</tr>
<tr>
<td>Evaporated</td>
<td>1/2 cup</td>
<td>170</td>
<td>9</td>
</tr>
<tr>
<td>Whole</td>
<td>1/2 cup</td>
<td>90</td>
<td>9</td>
</tr>
<tr>
<td>Cheese Cheddar</td>
<td>1/2 oz.</td>
<td>172</td>
<td>11</td>
</tr>
<tr>
<td>Cheese Cottage</td>
<td>1 1/2 oz.</td>
<td>345</td>
<td>46</td>
</tr>
<tr>
<td>Cheese Swiss</td>
<td>1 1/2 oz.</td>
<td>130</td>
<td>10</td>
</tr>
<tr>
<td>Ice Cream</td>
<td>1 cup</td>
<td>380</td>
<td>9</td>
</tr>
<tr>
<td>Rich, 16% fat</td>
<td>2 1/2 cups</td>
<td>825</td>
<td>10</td>
</tr>
<tr>
<td>Ice Milk</td>
<td>1/2 cup</td>
<td>300</td>
<td>9</td>
</tr>
<tr>
<td>Hardened Ice Milk</td>
<td>1/2 cup</td>
<td>300</td>
<td>9</td>
</tr>
<tr>
<td>Soft-serve</td>
<td>1/2 cup</td>
<td>300</td>
<td>9</td>
</tr>
<tr>
<td>Yoghurt Plain</td>
<td>1 cup</td>
<td>120-160</td>
<td>6</td>
</tr>
<tr>
<td>Flavored with added fruits and sugars</td>
<td>1 cup</td>
<td>240-260</td>
<td>6</td>
</tr>
</tbody>
</table>

Many milks today are reinforced with vitamins A and D. Vitamin A, some of it in the form of carotene, gives whole milk its creamy color. However, the amount of carotene in milk varies from season to season depending upon the animal feed. And so vitamin A is added to many milks to insure a dependable source of this vitamin throughout the year.

Vitamin D, so important for calcium utilization, is provided largely by the sun and fish liver oils. To make sure there is enough vitamin D in milk 85 percent or more of all milks are fortified with 400 units of vitamin D per quart. This is the amount recommended by the Food and Nutrition Board of the National Research Council, and endorsed by the Council on Foods and Nutrition of the American Medical Association, and the American Academy of Pediatrics.

Milk can be included in a family's diet in many ways (Continued on page 132)
Easy-to-serve food for easy weekend parties—lunch outdoors, one really interesting main dish rolls to the table on a cart

Drinks on the lower porch, dinner on the upper porch, overlooking the lake; dancing later. This is the kind of weekend party Mr. and Mrs. Ben Wyker like to arrange for friends at their house in the Adirondacks. Mrs. Wyker—well known, as Judith Garden, for her talent with flowers—is equally gifted at entertaining. “I plan parties out on paper. This might take only two or three hours, but I spend the next two or three days checking it over. Notes contain everything, right down to the plates on which food is served. Certain dishes say summer more than others, like salmon mousse with cucumber salad. Sometimes we start with crabmeat in a chafing dish with drinks. Chicken Kiev, potato puffs, salad. For dessert we might have grape brulée, English fruit trifle, or raspberries and cream.” Recipes page 85.

“Look after small details and the party takes care of itself. For hot food, plates must be really hot. For cold, they should be absolutely cold.”

1. The Wykers’ favorite boat, Calumny, vintage 1926. 2. The upper porch, with bright red ceiling. Big enough for lots of guests. 3. Guest room, summer cottage wicker, hats on the wall. 4. Log house, painted black with Chinese red rooms. Mrs. Wyker gave up her New York flower shop, devotes all her time now to arranging flowers at the Memorial Sloan Kettering Cancer Center. Above, right: Lunch for six, a begonia on the table, the cloth changes with
Delicious plan-ahead weekend food
the surprise of an all-American breakfast,
hearty English picnic, zesty Italian supper

Italian Supper
Prosciutto wrapped around
Bread Sticks
Spaghetti al Pesto
Veal Sauteed with Limes
Bean Sprout Salad
Grapefruit Sorbet
Red Wine Spritzer

"Summer food needs to have lots of taste, but it must be light"

Breakfast in bed is all-American pancakes, fresh strawberries, butter maple syrup. Then there is an English picnic, set on bright napkin squares on the grass. Finally a delicious kitchen supper, with a switch of cuisine to zesty Italian food and hot home-made bread. Guests are to be pampered at the house of David and Wendy Steavenson. Says the hostess: "I like to do something special for friends. I've got the right kind—the same treatment comes back to me!" It's all done without fuss, or extra help. "Just highly organized, well ahead of time. If everything is chopped, washed, bagged, and put away before guests arrive, you can still enjoy the party." All fruit and vegetables come from the garden. For recipes, please turn to page 84.

Checkerboard Picnic
Crudites—Sour Cream
Chilled Sorrel Soup
Vitello Tonnato
Fresh Herbed Vegetable Salad
Garden Raspberries and Strawberries with Fresh Cream
French and English Cheeses
Dry White Wine (Meursault 19')

1. Casual supper, Italian menu, in the breakfast room, comfortable banquets. 2. Guest room breakfast tray, strawberry pancakes, orange juice, bouquets of flowers on the window sill. 3. Teddy bears' picnic, for Wendy's daughter, another Wendy, honey sandwiches, naturally. Opposite page: Ten potted plants, ten handkerchiefs for checkerboard picnic.
CANTALOUPE SHERBET* AND WATERMELON ICE
from Joseph Braswell

1 quart watermelon chunks, seeded
juice of 1 lemon
3/4 cup blueberries, optional
1/2 cup honey
Marinate watermelon, honey, and lemon juice overnight. Blend mixture at low speed, pour into metal bowl and partially freeze. Blend at high speed, add blueberries, if you wish. Freeze. 1 quart.

HERBED EGG SALAD
from Kathleen Tellow

hard-boiled eggs, quartered
lemon juice
chopped onion
equal amounts of sour cream and mayonnaise
sprinkling of dill, rosemary, or basil
day lilies
Mix all the ingredients, and decorate with lilies. From the Ulster Garden Club’s Herbs for Gourmet and Gardener, Department H6, 11 Thomas Street, Kingston, N.Y. 12401; $3.50 postpaid.

STUFFED EGGPLANT
from Emalee Chapman

Slice ends off 10 small eggplant. Scoop out flesh. Saute 1 cup bread crumbs in oil for 2 minutes. Add 10 anchovy fillets, rinsed and chopped, parsley and basil, 6 peeled tomatoes, and eggplant flesh. Cover and cook 5 minutes. Fill shells. In oiled dish and sprinkle with Parmesan cheese. Cover with strips of red pepper. Sprinkle with dill. Bake in 325° oven for 30 minutes.

PINEAPPLE MOUSSE* AND PECAN PIE
from Nadine Korman of La Mousse, Los Angeles
Crust: 1 1/2 cups flour
1/2 cup powdered sugar
1 cup sweet butter at room temperature
Pinch of salt
Sift together flour and sugar, add butter and salt and mix with an electric mixer on low speed until spreadable. Line a 10-inch spring form with dough, spray with Pam, and refrigerate.

Spoon mixture into spring form pan and bake at 350° for 10 minutes.

For wafer-thin toast, freeze loaf until hard, slice with sharp knife.

LOW-CALORIE BREAKFAST
by Helen Corbitt

The low-calorie breakfast served to guests at the Greenhouse spa in Arlington, Tex. It consists of a soft-boiled egg with a thin slice of whole-wheat toast, a pot of tea, and a navel orange. The orange is peeled and sliced with a sharp knife, leaving one end intact for easy eating.

PORTABLE PICNIC
from Mrs. George Matthews

Cold Cucumber Soup
Artichoke Stuffed with Shrimp Salad
Tomatoes, Hard-boiled Eggs
Herbed Pita Bread
Pineapple Lime Sherbet
ORANGE AND CASSIS MOUSSES*  
from Le Nôtre, New York  
Two fruit mousses that can be made ahead and frozen.  
The orange mousse the mold is lined with very thin slices of orange, which are sprinkled with sugar and frozen before the mousse is added.

FINGER LUNCH ON BEACH  
from Suzanne Taylor  
Crudité: zucchini, cauliflower, beans, tomatoes, celery, carrots, olives  
Crust: 1 cup plus 6 tablespoons flour  
1 egg yolk  
1/2 teaspoon salt  
1 tablespoon lemon juice  
1 tablespoon sugar  
1 tablespoon water  
Sift flour with salt and sugar and work in the remaining ingredients. Chill. Pat dough out until it is 1/2-inch thick and fit into a 12-inch galette pan (shallow fluted pan). Chill. (Continued, page 84)

BLUEBERRY-RASPBERRY GALETTE  
from Suzanne Taylor  
Crust: 1 cup plus 6 tablespoons flour  
1 egg yolk  
1/2 teaspoon salt  
1 tablespoon lemon juice  
Sift flour with salt and sugar and work in the remaining ingredients. Chill. Pat dough out until it is 1/2-inch thick and fit into a 12-inch galette pan (shallow fluted pan). Chill. (Continued, page 84)

ZABAGLIONE SAUCE  
FOR FRUIT  
from Mrs. Brooks Barton  
Yolks  
1/2 cup Marsala wine  
1 cup sugar  
Pinch of nutmeg  
1/2 teaspoon salt  
Fresh fruit  
Beat yolks, sugar, and salt until light and creamy. Place pan over boiling water and continue beating adding Marsala and nutmeg until thick and mixture mounds. Pour into pot de creme and chill. Serve sauce with fresh fruit.

GREEN TOMATO SALAD  
from Emerick Bronson  
Slice as thinly as possible red Italian onions, seedless oranges, and raw green tomatoes (try to have them of uniform size). Arrange alternately in overlapping circles. Dress with a mixture of 1/2 cup olive oil, 1 tablespoon lemon juice, 1 tablespoon rice vinegar, 1/2 teaspoon salt, ground pepper, and 1/2 teaspoon minced parsley.

RICE SALAD  
from Christopher Idone, Sean Driscoll of Glorious Food  
To cook rice: add 2 cups rice and 4 tablespoons salt to a kettle of 8-10 quarts cold water. Bring to a boil, stir occasionally. When rice is boiling rapidly, check for doneness, 3-5 minutes. Drain and wash under cold water until cool. Drain again. 5 1/2 cups rice. (Continued, page 85)
**Carefree vegetable garden** planted in walk-in wire box where crops are safe from raccoons and other hungry wildlife.

**PLAN:**

1. Tomatoes tied to mesh sides on southern end of enclosure, and to wires strung between inner posts not shaded by corn. Varieties: Early Girl, VF, Sunray. 2. English broad beans, also called fava. 3. Broccoli, some collard greens. 4. Corn, the most important crop: Early Golden Giant, Honey and Cream, Golden Cross Bantam. 5. Spinach, bush beans later. 6. Leeks. 7. Kohlrabi. 8. Radishes, lettuce, endive, peppers. This wire garden is designed to last at least 30 years and withstand heavy snows. Cedar posts are 4-by-4 inches, 8-feet tall. Rafter are double 2-by-4s, laced in a T-form. The vinyl-covered mesh has 2-inch holes because smaller holes hold snow. All wood is stained with protective Cuprinol.
Those small black-masked bandits of suburb and countryside, raccoons, inspired the architecture of this garden—they and the woodchucks, rabbits, birds, and even horses that used to bound through vegetable rows planted in this green meadow in Connecticut. Fed up but not fed well, this gardener decided to solve the problem by fencing not only the sides but the top. To foil burrowers, wire also runs 18 inches down into the ground. In essence the idea is a big wire box. Similar success could be had on a small scale by putting wire-frame boxes over blueberry bushes or strawberry rows just before harvest time. (If you are new at gardening and don't know when berries are about to reach perfection, a little bird will tell you, probably with his mouth full.) Other garden defenses that sometimes work are netting, replicas of scary owls or hissing geese, moth balls or cayenne pepper scattered among the rows, or a custodian dog or cat. For a harvest to be worth fighting over, a gardener must first work for good soil and good crops. This garden has been enriched with 2 inches of compost and 2 inches of manure every fall. In spring the soil is turned with a Rototiller, with a reverse gear for sharp corners. Seeds are planted and additional boosts of 5-10-5 fertilizer soon help to produce a succession of bumper crops.

Below: 50-by-80-foot wire enclosure has two gates that lock and are wide enough for tiller and wheelbarrows.

Below right: Satisfying harvest of tender vegetables, gathered for family and guests by the basketful.

Pleasant for the harvesting... shade from mesh and rafters make garden cooler inside than out
A zest of summer delights

For the perfect guest room

Gay, Colorful Quilt and Pillows

Doorknob Messages

Bold, Chrome Alarm Clock
If only time were as easy to keep track of as it is for this oval wind up clock by Swiza. At Bonwit Teller.

Lounge for 40 Winks
All you need is a book or a daydream. Blue denim chaise has a rolled back, white bun feet. By Thayer Coggin.

It’s In The Bag!
Carry anything anywhere. There are so many uses for these quilted, cotton, plastic lined totes. At St. John.

Focus Light on Faces
Cosmetic mirror imported from Italy sheds 24 inches of flattering light on you, the star! At Lighting Associates.

The Organized Desk Top
Holders and organizers in many shapes and sizes of wood painted to look like bamboo. At Henri Bendel.

Macrame Plant Hanger
Five handmade feet of the silkiest white nylon yarn and an absolutely enormous wool tassel. At The Atrium.

Vinyl for Walls
A mad plaid of asparagus garnished with egg floating on a yellow background. “Asparagus” by Insfrock.

Two Square Feet of Pillow
Big, bright cotton canvas pillow “decked out” lounging. One collection by Ynes Van Holt.

Pillow Soft Shells
The best shelling may be in New York. Summer-colored shells in cotton, satin fabric. Super! From Ed St.

Floating! Portable Radio

Batik Tray and Napkin
For leisurely meals when it’s too beautiful to move indoors. Design by Maggie Morgan. The White M.

Canvas Beach Umbrella
For lazing and relaxing in shade. A perfect shade on overly sunny days. By Bailey/Huebner at Henri B.
**Pick-up-and-go games**

**Ban Bag Parade**
Colorful calico circus parade of bag elephants, Turtles and lions, too. From The Hired Hand.

**Electronic Calculator**
James Mathews
Unit pricing is a snap with this compact model. So light it slips into your pocket or purse. Texas Instruments.

**A Bed That’s A Boat**
“Zsu Zsa” bed is 90- by 36-inches and has storage in bow. Also available as a kit. By Bill and Jenny Young.

**12 Feet of Crossword**
2 6-foot puzzles big enough for a whole party to work on or it might last the whole summer. New Approaches.

**Potpourri Cat and Rabbit**
Cat and rabbit designs reproduced from old toys circa 1890 and stuffed with herbs and flowers. At Cherchez!

**Woven Palm Plates**

**White Berry Spoons**
Spoon up tastes of summer fruits with practical and pretty porcelain spoons from France. Bloomingdale’s.

**Boxes Galore!**
Colorful plaid metal boxes for tucking things away or for stuffing and giving as a guest’s thanks. From Paper Moon.

**Picnicking Table**
For a casual mood in the kitchen or dining room. Pale wood table and bench. Domani, division of Burris.

**Complete Wok Set**
All the tools you’ll need for many special techniques plus a cookbook for some new ideas. At Design Research.

**Porcelain Fish Plates**
Handsome detailed brown fish swim on a white background for serving the summer’s catch. At Bloomingdale’s.

**Pretty Boxes for Matches**
Lots of the tiniest boxes covered with delicately patterned French cottons. From La Provence de Pierre Deux.

**Finds for food and parties**

**Pump Bicycle Pump**
Juice, pocket-sized Tyre Flayte's with CO₂ cartridges. From Huebner at Henri Bendel.

**Woven Palm Plates**

**White Berry Spoons**
Spoon up tastes of summer fruits with practical and pretty porcelain spoons from France. Bloomingdale’s.

**Melon Box With Lid**
Whimsical 8-inch melon with slice cut out for a lid. Use for a vase or fresh fruit server. At Cache-Cache.

**Porcelain Fish Plates**
Handsome detailed brown fish swim on a white background for serving the summer’s catch. At Bloomingdale’s.

**Pretty Boxes for Matches**
Lots of the tiniest boxes covered with delicately patterned French cottons. From La Provence de Pierre Deux.
People spend their days of freedom in very different ways depending on their tastes and temperament. For those who live in a rural area, the city can add spice and movement. Some seek adventure. Others need simply quiet and fresh air.

Change-of-pace ideas from families who've found interesting ways to unwind and refuel

By Françoise Sciaky

W

e like our weekends to be full of exercise, plenty of sleep, and lots of time with the children," says Barbara Cates. She, her husband Dudley, an investment banker, and their three children aged ten, seven, and five live in an apartment in Manhattan. In winter the family skis. They take off Friday evenings for the Catskills, where they rent a house in a club, "family-oriented, a couple of hours' drive from the city." As soon as the skiing season is over, they head for a Long Island beach on weekends. The emphasis is on swimming and tennis all day, with Saturday evenings geared to entertaining or going out. "We like to keep dinner parties small and casual," says Mrs. Cates. "Weekends are for relaxation and I try to simplify housekeeping as much as possible."

Maurice Abravanel, a genial 6-footer and his diminutive wife, Lucie, live in Salt Lake City. Mr. Abravanel is the conductor of the Utah Symphony Orchestra.

"I get up every day at six and Saturdays and Sundays are no exception," he says. "We tour a great deal and those traveling weekends are full working days. Even when we stay in Salt Lake City, I work on Saturdays," he continues. "An orchestra is a six-day week."

"On Sundays, we relax, even though I still get up at that 'impossible' hour. I walk around the house on tiptoe, close the doors softly so as not to awaken my dear wife, and read the paper."

After breakfast, the Abravanes drive up to the mountains. Snow Bird is a favorite resort of theirs. "We take the gondola and look at the view and skiers. That's our exercise," says Mrs. Abravanel. "Then we have lunch on top in a little inn. This excursion constitutes a complete change of pace for Maurice. He needs it. Early in the afternoon, we come back to the city."

Once at home, just like every other day of the week, Mr. Abravanel takes a nap in his studio, located in the basement of their one-story house. "He has never wanted to move because he loves that room," explains his wife. The conductor's kingdom houses his musical scores, a big table to lay them out on, the piano, records and recordings, and the hi-fi set. "Everything there is in terrible disorder," she says. "The closets and shelves are empty and what is meant to be in them is on the floor."

On Sunday evening, they sometimes go to a movie, or go to see friends—or have them over for dinner. "Sunday nights are good for entertaining, because we're rested. "Everything here takes place early. People come around 6 for drinks. I find twelve guests a good number, because I can seat everyone around one big table. After dinner, I serve coffee, tea and mint tea. These relaxed Sunday parties are different from the frequent last-minute affairs I have to put together for musicians who come on a sudden visit and who arrive here exhausted after evening rehearsals or concerts."

Reeve and Georgie Schley and their two small children live on a farm in New Jersey. Reeve designed their wood frame and glass house and Georgie painted it. The Schleys do not relax weekends. On the contrary, Reeve, a landscape, portrait, and still-life painter and Georgie, who organizes the family's life to fit Reeve's professional needs, work and entertain for business purposes on Saturday and Sunday.

"That's when people who buy paintings and who are potential buyers are free," says Reeve, a burly, freckled redhead, who wears fine, unrimmed glasses. "If I'm doing a portrait, the person comes to my studio, which is just across the brook from the house." If the subject is a child, Georgie, a brown-eyed ash blonde, who has stamina for two, entertains the parents and gets a meal going "so that everybody," she says, "will have something to do when Reeve has finished or is taking a break."

One recent weekend, we had two luncheons and two dinners, all having to do (Continued on page 133)
We all know why we should relax, to reduce stress, beat high blood pressure, the bane of our fast-paced society, and maintain a healthy heart. But how do it successfully is sometimes another matter.

Day we may feel the need for something other than a good night's sleep to keep a calm frame of mind, and the body and nerves free from knots and tension. Searching for alternate means of relaxation, Dr. Herbert Benson, Harvard Medical School Professor and cardiologist, Director, Hypertension Section, Israel Hospital, Boston, and a team of researchers, have investigated mental techniques. And they've discovered some very interesting facts.

Studies show that the human being possesses a relaxation response—a mental tool that can be used effectively to soothe and pacify nerves and muscles and generate a comfortable feeling of serenity. In fact, it's a refreshing pause any time, no matter how you feel! To turn this relaxation response, all you need to do is an easy formula for putting your mind to rest:

1. **A comfortable position**
   Sit in a comfortable chair.

2. **A quiet environment**
   Choose a quiet room away from interruptions and noise.

3. **A mental device**
   Turn off everyday thoughts by closing the eyes and focusing either on an object (in the mind's eye), such as a flower, a place, or a person that makes you happy. Or repeat a word you like the sound of over and over.

4. **A passive attitude**
   Discipline yourself to reject ordinary thoughts they come up by concentrating on the object or word.

5. **Regular practice**
   This routine daily—ideally twice a day—for twenty minutes each.

If it all sounds so simple. Why haven't we been doing it before? We have known about it, insists Dr. Benson. "Techniques have existed for centuries for this type of relaxation. There is a repetitive verbal sound in Greek especially in the Catholic religion. And Jewish religion has a similar type of word. In our investigations in the laboratory we found that such prayers elicit the relaxation response. They take you easily to the meditative state, or an altered state consciousness. Many of these useful prayers have been neglected."

What actually happens in the meditative state or wakeful rest as it is also called, that produces complete relaxation? Oxygen consumption decreases—"in three or four minutes of meditation you are down to levels that would take four to six hours to reach through sleep," says Dr. Benson—respiratory and heart rates decrease. What these physiological changes add up to is a marked state of decreased sympathetic nervous system activity. In other words, significant bodily relaxation is triggered off through brain reaction.

Now there are different methods of mental relaxation offered by a variety of groups in America today. These methods include Yoga, transcendental meditation (TM), Zen, biofeedback, selenic cycles, self-hypnosis, mind control, Arica, Kundalini. In Dr. Benson's opinion these mental-training groups have all developed a means to a similar end. They are merely offering different ways of training the mind to turn on the relaxation response. If you take up TM—as apparently 450,000 Americans have already done—you may be asked to go to several preliminary lectures, then an initiation ceremony, at which time you pay $120 and obtain a mantra, or word, which is yours personally and is used at home to guide you into the meditative state. A certain mystic quality surrounds TM because of the secrecy of the mantra. However, Dr. Benson concludes that any word repeated over and over will provide the same effect. "Breathe through your nose," he says, "become aware of your breathing. As you breathe out, say the word 'one' silently to yourself. With practice, the relaxation response should come with little effort." If you don't like the word "one," you could substitute "love" or anything else that suits your fancy, adds Dr. Benson. It will have the same result.

Dr. Benson stumbled on mental relaxation first of all by studying hypertension, which causes high blood pressure and heart disease. "We found we could train animals to increase blood pressure and to lower it. While these studies were underway some young people came to me and claimed they, too, had control over their blood pressure and wished to be studied. They practiced TM. I was rather skeptical at first, but at any rate we studied these individuals. Our findings led us to measure other methods of mental relaxation." It is Dr. Benson's conclusion that all these methods of deep, conscious relaxation can only have therapeutic benefit and help us cope with our environment and avoid taking the toll in terms of high blood pressure, strokes, and other hazards.

Apart from feeling more relaxed and less knotted up, people using this mental tool describe other benefits, too—increased clarity of mind, increased productivity in their daily lives. "Many claim to lose their neurotic tendencies and say they are better able to cope, that they decrease their dependency on alcohol, sleeping pills, and other drugs and even cut down on smoking," adds Dr. Benson. "In no way is meditation a substitute for good sleep," he goes on, "but it is a distinct state, which is unique and separate from sleep."

It seems clear that we should all learn to make use of this remarkable asset. As Dr. Benson suggests: Why not take a daily relaxation response break instead of a coffee break.

Dr. Benson in the laboratory. Subject using his relaxation technique is wired up to machine, which measures body metabolism.
New vertical house on a vertical lot

With an adventurous, but practical design, the owners of this house made a steep two acres work as well as and seem as private as twenty

The family who own this house bought a steeply sloped, rocky piece of ground with frontage on a pond, shared with three other families. The plus of summer swimming and winter skating compensated for lack of land. And the challenge of building (both husband, William Rosenfeld of Rosenfeld, Harvey, Morse, and wife, Serpil, are architects) was pure pleasure. First requirement was low maintenance—hence unstained cedar walls and a leadcoated copper roof. They also wanted low energy bills—which led them to research and install a $2500 electric heat-exchanger system for heating and air conditioning “much cheaper than putting in a furnace and less expensive to operate and maintain.” Last year’s total running costs (including lighting and heat for cooking) were a mere $550. Other ideas thoughtfully incorporated into the design plan: parents’ bedroom and bath on the top, fourth floor (“we don’t like children cruising through our room”), and the living room proper one level beneath the kitchen-dining area (“we’re not people who live in the kitchen”).

Appropriate architecture for a wooded, country glade, the cedar house, right, projects into trees. The curved “silo” contains spiral stairs to three levels. Entrance up steps to right of garage, provides a front door on the second level. Below left: Living room deck faces pond, sheltered master bedroom deck, at top, catches same view. Sloping roof and chimney delineate living room, below right.
For the Rosenfelds, relaxing in this house definitely has special meaning. They spent fifty-two weekends making it liveable, finishing off the building themselves, after initial foundation work, framing, and insulating was done. "We nailed up Sheetrock, painted walls, did all the built-ins ourselves. Serpil knows how to handle power tools just as well as I do," says Bill Rosenfeld. "But in the clouds of dust there were times when we wondered if we would ever sit back and unwind on the sofa." When inside was finished, they went outdoors, planting fruit trees and a vegetable garden—they care about quality food. More recently, in a joint venture with neighbors, fifteen hens have been added, to guarantee a supply of fresh eggs. Occasionally friends will weekend with them, for there is one guest room on the same floor as the girls' room. On these occasions, Serpil, born in Turkey, may put together a meal of Turkish hors d'oeuvres, delicious stuffed artichokes, cold bean salad, chicken with walnut sauce, which is eaten with raki, the Turkish equivalent of ouzo. To the children, the whole atmosphere of their country place resembles a tree house, an escape for fun and games, away from real life. In fact, they've already put forward a tantalizing suggestion: "Why don't we spend two days in the city and five in the country every week, instead of the other way around?"
New solar house draws warmth from one big room where everyone

Even the snow cooperates to conserve energy in this house, and big insulated panels drop down to hold heat in the living room at night.

To get away from it all, on a snow-covered mountaintop in Vermont, where the view rolls on for miles. To be truly independent, on your own, in harmony with the elements. This solar-heated ski house comes as close to that ideal as a house with modern comforts is likely to. The sun, as architect Robert F. Shannon of the People/Space Company in Boston, provides half the heat and hot water. Walls are padded with extra insulation, flat roof uses the blanketing snow to hold heat in. Even the fireplace circulates hot air back into the room rather than up the chimney. "...reduces heating bills by half," says Mr. Shannon, "and yet I think the solar elements—400 square feet of collector, 320 square feet of reflector—only added about $1000 to the cost of building." The glass-faced black aluminum collector panels were once painting plates. Three bedrooms are downstairs to lift the living room windows further into the view. Colors are vacation-cheerful, and the furniture is leisure-time indestructible.

1. The south-facing solar wall comes in four sections. On the bottom is a metal-lined reflector that is moved twice a year, spring and fall, to bounce the sun into the collector at the right angles (and covered, it still reflects). The slanting first-story wall is the collector itself, where moving air soaks up the heat, carries it away to be used or stored. Second-story window wall welcomes direct sunlight. Canopied roof reflector is another sun-gathering surface. In winter, a few shade in summer. 2. Daylight living space is one open airy room. The kitchen tucked under a sleeping loft for extra guests. 3. A set of insulated panels on pulleys attached to the exposed truss can be dropped across windows at dusk to hold heat in at night. 4. When they're all down, they make a mural of mountains, snow, stars, bed bugs collector wall. Building information on page...
sun gathers
House to unwind in

New easy-maintenance house with a light-filled living center

With skylights overhead, and only glass to separate inside from out on two walls, the living-dining-entertaining room gives the feeling of always being outdoors.
Glass walls barely intervene between an arm of the Atlantic Ocean and the living room where Mr. and Mrs. Colgan Schlank and their children spend their summer weekends. "It's a super feeling," she says, "like being outdoors all the time. You get up in the morning with birds and sunlight all around." The house imitates the skyline, long and lean. It turns its back on the public community—no windows on the inland-facing south side—and opens up inside for entertaining friends and neighbors. Skylights drop sun and shadow through the ceilings in living room, above, long hall, even over the baths, see plan, left. Every room, especially bathrooms where salt and sandy feet are washed off, has immediate access to the outside. Bedrooms are small, merely for sleeping. The sun sets over the vegetable garden, just outside kitchen and dining room windows. "Our big extravagance was glass, almost half the outside walls," says David Nahon, with Martha Carder architect for the house. "But since most of them face northeast there's little glare—and there's all that view." The house fits so well into its seascape that seagulls drop clamshells on its flat roof.

1. A curved cabinet wall separates living and dining rooms, allows friendly flow for parties. 2. Rooms are stepped back to give each its own door to the deck. 3. From front door, one sees straight through to Clam Cove, where the Schlanks fish. Trellis overhead courts shadows. Louvered door leads to bathroom anteroom, where there's a shower. House is built on pilings. 4. Doors to den, where a fireplace makes autumn evenings cozy, and living room. 5. A bed, table, mat, some bright colors, the master bedroom. 6. Sundeck blends with living room. For building facts see page 131.
"Keep big trees 'ventilated' by thinning and topping branches from time to time. Then the wind can blow through the tree a little more easily instead of knocking it down."

Happy Housekeeper continued from page 26

Reticulously damps the tape as you pull it out. It always seems to be in need of water and, as time goes on, the brush that does the wetting gets scummy and doesn't dampen evenly. Instead of the constant struggle, we now use 3M Package Sealing Tape. The 1 1/2-inch width seems very practical and it's a package tape that always seals firmly on contact and meets government postal regulations—even for overseas shipping.

Last night's violent wind storm woke us up at three o'clock and made us wonder if we were having a hurricane. The trees bent and swayed outside and the windows shook so hard we were afraid they wouldn't hold. Then Tom remembered his sailing days and went about the house opening some windows on the east side of the house a few inches and a few on the west side as well. As the wind was blowing strongly from the east, this gave it a chance to blow through the house and may have saved the windows. Of course, open doors too between the east and west sides to maintain the cross ventilation in the house during a wind storm.

Another thing to remember: keep very big trees "ventilated" by keeping the branches thinned and topping them a little from time to time. Then the wind has a chance to blow through the tree a little more easily instead of knocking it down, particularly after a rain-storm when the ground is soft.

There's a new degreaser on the market called Grease Relief and we think it's terrific. In a sturdy red bottle with a trigger release, it's a spray-on liquid for any kind of grease problem in the laundry, kitchen, workshop, or in general cleaning. For the stove top, broiler pan, or greasy pots, spray it on directly and then rinse with hot water. Or add it to the dishwater to help cut the grease.

In the laundry, spray it directly on grease spots, collars, cuffs, and areas that often resist regular laundry soaps and detergents. And it's a great addition to the cleaner you use for washing walls and woodwork where there's bound to be a film of grease.

August, our favorite month for picnics and barbecues, always seems to be the month when the mosquito and ant populations peak. I was delighted to discover a new insecticide—Shell's Outdoor Fogger that kills and then repels (for up to four hours, according to the package) these unwelcome guests. Shell also makes House & Garden Insecticide, Flying Insect Spray, and Ant & Roach Insecticide, and what I love, with grandchildren around the house all summer, is that all have a "Child Protector-Top" designed to keep the spray valve from young fingers.

The Candle Shop has some terrific terrace lights—they look like little flowerpots, but they're filled with a special candle wax and wick that will burn for five hours. The tall flame is windproof and also acts as an insect repellent. Six to a box, they're called Faroy Garden Flares and come from Houston, Texas. Not for indoor use.

Have you ever taken a sweater or a soft wool dress off a hanger only to find puffy little wings at the shoulders where the hanger had poked it? This can be very disconcerting when that is the garment you want to wear and you're in a hurry. However, I have found a solution to sleeves marked by closet hangers. Besides investing in padded hangers as a preventive, the puffs can be removed by sponging gently with a washcloth wrung out in hot water. Put another rolled washcloth underneath and pat smooth until the shoulder is back to normal.

A harvest of summer fruits—grapes, pineapple, apricots—on a custard-filled, vanilla-glazed tart. For the recipe, turn to page 130.

Wide World... expand your decorating horizon with this handsome mural. One of 21 fascinating designs from Thibaut's new Mural Collection Volume Four. This unusual collection includes Traditional, Oriental, Mediterranean and Contemporary styling allowing great decorative versatility.

For further information write:

RICHARD E. THIBAUT, INC. (Showroom) 204-206 E. 58th St. • New York, N.Y. 10022 • 212-686-0686

74
The Silver Martini.
For people who want a silver lining without the cloud.

Smirnoff Silver. Ninety point four proof. Smirnoff leaves you breathless."
Summer soups from fruit to nuts

by Doris Tobias

Summer soups are made of sun and soft zephyrs, soothing as a running brook, buoyant as a hummingbird's wings.

Chilled fruit soups are main-European in origin, using ripe, seasonal cherries and berries—frosty blueberries, purple-passion plums, succulent peaches, nectarines, creamy pears.

Summer fruit soups are thin-textured but rich unexpectedly piquant flavor; marvelously refreshing. Traditionally, they're accompanied by deliciously special bread—black raisin pumpernickel, thick sour rye, homemade fruit breads, hot, crusty biscuits. Follow the soup and add with a light summer salad, cheeses, fresh fruit, and beverage for an imaginative warmer luncheon. Serve the chilled fruit soup as a concluding summer night's dinner.

The soups are super pickups when poured icy cold from a pitcher after a set tennis, an afternoon swim, or a session tiding up your garden. And they provide a pleasant prelude to somnolence before retiring.

And for that inevitable rainy day, a walnut or peanut soup is a warming way to chase away that gray feeling. Sunday brunch becomes a gala event when you start off with consummately Bigarade, tangy with fresh orange... and served with croissants hot from the oven.

Serve fruit and nut soups with panache. Use your prettiest tureens and bowls. Pour chilled soups into Chinese porcelain bowls, crystal punchbowl glasses, stemmed wineglasses, or brightly colored pottery mugs.

Make it galy by ladling from a large crystal punchbowl or footed giant brandy snifter.

Garnish with imagination. Float one shelled almond in a bowl of peaches and cream soup. Plunk a fat red cherry, stem and all, in the center of the chilled soup. Place thin rounds of unpeeled lemon on rims of glasses.

Chilled fruit soups are main-European in origin, using ripe, seasonal cherries and berries—frosty blueberries, purple-passion plums, succulent peaches, nectarines, creamy pears.

Summer fruit soups are thin-textured but rich unexpectedly piquant flavor; marvelously refreshing. Traditionally, they're accompanied by deliciously special bread—black raisin pumpernickel, thick sour rye, homemade fruit breads, hot, crusty biscuits. Follow the soup and add with a light summer salad, cheeses, fresh fruit, and beverage for an imaginative warmer luncheon. Serve the chilled fruit soup as a concluding summer night's dinner.

The soups are super pickups when poured icy cold from a pitcher after a set tennis, an afternoon swim, or a session tiding up your garden. And they provide a pleasant prelude to somnolence before retiring.

And for that inevitable rainy day, a walnut or peanut soup is a warming way to chase away that gray feeling. Sunday brunch becomes a gala event when you start off with consummately Bigarade, tangy with fresh orange... and served with croissants hot from the oven.

Serve fruit and nut soups with panache. Use your prettiest tureens and bowls. Pour chilled soups into Chinese porcelain bowls, crystal punchbowl glasses, stemmed wineglasses, or brightly colored pottery mugs.

Make it galy by ladling from a large crystal punchbowl or footed giant brandy snifter.

Garnish with imagination. Float one shelled almond in a bowl of peaches and cream soup. Plunk a fat red cherry, stem and all, in the center of the chilled soup. Place thin rounds of unpeeled lemon on rims of glasses.

Chilled fruit soups are main-European in origin, using ripe, seasonal cherries and berries—frosty blueberries, purple-passion plums, succulent peaches, nectarines, creamy pears.

Summer fruit soups are thin-textured but rich unexpectedly piquant flavor; marvelously refreshing. Traditionally, they're accompanied by deliciously special bread—black raisin pumpernickel, thick sour rye, homemade fruit breads, hot, crusty biscuits. Follow the soup and add with a light summer salad, cheeses, fresh fruit, and beverage for an imaginative warmer luncheon. Serve the chilled fruit soup as a concluding summer night's dinner.

The soups are super pickups when poured icy cold from a pitcher after a set tennis, an afternoon swim, or a session tiding up your garden. And they provide a pleasant prelude to somnolence before retiring.

And for that inevitable rainy day, a walnut or peanut soup is a warming way to chase away that gray feeling. Sunday brunch becomes a gala event when you start off with consummately Bigarade, tangy with fresh orange... and served with croissants hot from the oven.

Serve fruit and nut soups with panache. Use your prettiest tureens and bowls. Pour chilled soups into Chinese porcelain bowls, crystal punchbowl glasses, stemmed wineglasses, or brightly colored pottery mugs.

Make it galy by ladling from a large crystal punchbowl or footed giant brandy snifter.

Garnish with imagination. Float one shelled almond in a bowl of peaches and cream soup. Plunk a fat red cherry, stem and all, in the center of the chilled soup. Place thin rounds of unpeeled lemon on rims of glasses.

Chilled fruit soups are main-European in origin, using ripe, seasonal cherries and berries—frosty blueberries, purple-passion plums, succulent peaches, nectarines, creamy pears.

Summer fruit soups are thin-textured but rich unexpectedly piquant flavor; marvelously refreshing. Traditionally, they're accompanied by deliciously special bread—black raisin pumpernickel, thick sour rye, homemade fruit breads, hot, crusty biscuits. Follow the soup and add with a light summer salad, cheeses, fresh fruit, and beverage for an imaginative warmer luncheon. Serve the chilled fruit soup as a concluding summer night's dinner.

The soups are super pickups when poured icy cold from a pitcher after a set tennis, an afternoon swim, or a session tiding up your garden. And they provide a pleasant prelude to somnolence before retiring.

And for that inevitable rainy day, a walnut or peanut soup is a warming way to chase away that gray feeling. Sunday brunch becomes a gala event when you start off with consummately Bigarade, tangy with fresh orange... and served with croissants hot from the oven.

Serve fruit and nut soups with panache. Use your prettiest tureens and bowls. Pour chilled soups into Chinese porcelain bowls, crystal punchbowl glasses, stemmed wineglasses, or brightly colored pottery mugs.

Make it galy by ladling from a large crystal punchbowl or footed giant brandy snifter.

Garnish with imagination. Float one shelled almond in a bowl of peaches and cream soup. Plunk a fat red cherry, stem and all, in the center of the chilled soup. Place thin rounds of unpeeled lemon on rims of glasses.

Chilled fruit soups are main-European in origin, using ripe, seasonal cherries and berries—frosty blueberries, purple-passion plums, succulent peaches, nectarines, creamy pears.

Summer fruit soups are thin-textured but rich unexpectedly piquant flavor; marvelously refreshing. Traditionally, they're accompanied by deliciously special bread—black raisin pumpernickel, thick sour rye, homemade fruit breads, hot, crusty biscuits. Follow the soup and add with a light summer salad, cheeses, fresh fruit, and beverage for an imaginative warmer luncheon. Serve the chilled fruit soup as a concluding summer night's dinner.

The soups are super pickups when poured icy cold from a pitcher after a set tennis, an afternoon swim, or a session tiding up your garden. And they provide a pleasant prelude to somnolence before retiring.

And for that inevitable rainy day, a walnut or peanut soup is a warming way to chase away that gray feeling. Sunday brunch becomes a gala event when you start off with consummately Bigarade, tangy with fresh orange... and served with croissants hot from the oven.

Serve fruit and nut soups with panache. Use your prettiest tureens and bowls. Pour chilled soups into Chinese porcelain bowls, crystal punchbowl glasses, stemmed wineglasses, or brightly colored pottery mugs.

Make it galy by ladling from a large crystal punchbowl or footed giant brandy snifter.

Garnish with imagination. Float one shelled almond in a bowl of peaches and cream soup. Plunk a fat red cherry, stem and all, in the center of the chilled soup. Place thin rounds of unpeeled lemon on rims of glasses.
GRANOLA BREAD

Any kind of granola cereal is good in this bread.

1 1/2 cups warm water
2 envelopes dry yeast
2 tablespoons vegetable oil
1 1/2 tablespoons honey
1/2 teaspoon salt
1 1/2 cups flour
1 1/2 cups granola cereal
optional: nuts or raisins
butter

Warm a large mixing bowl by placing it in an oven for a few minutes. Do not put it on water to warm it. Add the milk, sugar, yeast, and salt. Stir in the oil and flour until mixed. Fold in the granola cereal and nuts or raisins if desired. Mix thoroughly. Cover bowl with a towel and set in a warm place for about 1 hour. The dough will almost double in bulk.

Preheat oven to 350°. This dough does not require kneading; beat it vigorously with a wooden spoon or punch it down, put it in a warm spot, and let it rest for about 1 hour. This loaf serves 6 generously for an appetizer or 12 as a main course for a small gathering.

To serve, turn the loaf out of the pan onto a platter and garnish with lots of lemon slices, capers, parsley or watercress or both. Pass extra capers and a pepper mill. This loaf serves 6 generously for lunch. It makes an excellent first course for 12.

CARROT AND RADISH SALAD

juice of 1 lemon
1 clove garlic, minced
1 teaspoon salt
4-6 large carrots, scraped and thinly sliced
2 cups red radishes, thinly sliced

In a bowl mix lemon juice, garlic, and salt and combine with the carrots and radishes. Chill at least 1/2 hour before serving. Serves 6.

This elegant cold meal is a pleasure to prepare. Have the carrots and radishes washed and ready to go. This salad can be made several hours in advance and can be assembled up to 1 hour ahead. Serve chilled.

CHICKEN AND BROWN RICE IN DILL SAUCE

Poaching Chicken:

6 whole chicken breasts, skinned and halved (reserve skin and bones)
3 cups canned chicken broth
2 ribs celery
1 large carrot
1 small onion
1 teaspoon salt, or to taste
1 bay leaf
Dill Sauce:
3 tablespoons butter
1 clove garlic, minced
1 tablespoon vinegar
2 teaspoons sugar
juice of 1/2 lemon (about 1 tablespoon)
1/2 teaspoon salt
freshly ground pepper
3 tablespoons fresh dill, chopped
3 egg yolks

Assembling Dish:
2 cups uncooked brown rice
salt and pepper to taste
squeezed lemon
dill sauce
tomatoes
poached chicken breasts
fresh dill, chopped, optional
sliced onions, optional
watercress, optional

Place chicken skin and bones in a pot and add broth, celery, carrot, onion, salt, and Bay leaf and bring to a boil, cover the pot and simmer for 1 hour.

Strain the stock and let it cool until the fats rise to the surface. Skim off the fat. (If you have not let the stock chill overnight so the fat congeals, this will make it easier to remove.)

Pour 3 cups stock into a large skillet and heat until simmering. Add chicken breasts and poach them, covered, in the barely simmering stock for about 10 minutes or until they are just cooked through. (You will probably have to cook the chicken in 2 batches.) Remove the chicken from the stock. Reserve stock.

Leave chicken at room temperature, or refrigerate it if you are not planning to serve it within the next 2 hours. Measure stock and add more stock, if necessary, to make 3 cups.

Melt butter in a medium-sized saucepan over low heat. Add garlic and cook for a few minutes with the whisk and then continue to cook for 1-2 minutes more. Add stock and stir constantly until the mixture is smooth. Cook sauce over medium heat, stirring frequently, until thickened. Season it with vinegar, sugar, lemon juice, salt, pepper, and dill, and continue to cook over low heat until the flavors are well blended, stirring, tasting, and adjusting the seasonings if necessary.

Beat a little of the hot sauce in the egg yolks and add the yolks to the sauce mixture gradually. Cook sauce over medium heat, stirring constantly. Continue to stir the sauce over low heat until it reaches the boiling point and then remove it immediately from the heat.

Set the sauce aside to cool, or refrigerate it if you are not planning to serve it within the next 2 hours. Measure stock and add more stock, if necessary, to make 3 cups.

Melt butter in a medium-sized saucepan over low heat. Add garlic and cook for a few minutes with the whisk and then continue to cook for 1-2 minutes more. Add stock and stir constantly until the mixture is smooth. Cook sauce over medium heat, stirring frequently, until thickened. Season it with vinegar, sugar, lemon juice, salt, pepper, and dill, and continue to cook over low heat until the flavors are well blended, stirring, tasting, and adjusting the seasonings if necessary.

Beat a little of the hot sauce in the egg yolks and add the yolks to the sauce mixture gradually. Cook sauce over medium heat, stirring constantly. Continue to stir the sauce over low heat until it reaches the boiling point and then remove it immediately from the heat.

Set the sauce aside to cool, or refrigerate it if you are not planning to serve it within the next 2 hours. Measure stock and add more stock, if necessary, to make 3 cups.

Melt butter in a medium-sized saucepan over low heat. Add garlic and cook for a few minutes with the whisk and then continue to cook for 1-2 minutes more. Add stock and stir constantly until the mixture is smooth. Cook sauce over medium heat, stirring frequently, until thickened. Season it with vinegar, sugar, lemon juice, salt, pepper, and dill, and continue to cook over low heat until the flavors are well blended, stirring, tasting, and adjusting the seasonings if necessary.

Beat a little of the hot sauce in the egg yolks and add the yolks to the sauce mixture gradually. Cook sauce over medium heat, stirring constantly. Continue to stir the sauce over low heat until it reaches the boiling point and then remove it immediately from the heat.
SEE HOW MUCH MONEY
A PHILCO® COLD GUARD REFRIGERATOR
CAN SAVE YOU ON ELECTRICITY

For example, over the average life of a refrigerator (16 years) you can save up to...

<table>
<thead>
<tr>
<th>City</th>
<th>Electricity Cost per KWH</th>
<th>City</th>
<th>Electricity Cost per KWH</th>
</tr>
</thead>
<tbody>
<tr>
<td>New York, N.Y.</td>
<td>$0.077</td>
<td>Phoenix, Ariz.</td>
<td>$0.038</td>
</tr>
<tr>
<td>Philadelphia, Pa.</td>
<td>$0.051</td>
<td>Fargo, N.D.</td>
<td>$0.036</td>
</tr>
<tr>
<td>Pasadena, Calif.</td>
<td>$0.049</td>
<td>Newark, N.J.</td>
<td>$0.036</td>
</tr>
<tr>
<td>Atlantic City, N.J.</td>
<td>$0.047</td>
<td>San Diego, Cal.</td>
<td>$0.034</td>
</tr>
<tr>
<td>Pittsburgh, Pa.</td>
<td>$0.047</td>
<td>Allentown, Pa.</td>
<td>$0.034</td>
</tr>
<tr>
<td>Baltimore, Md.</td>
<td>$0.045</td>
<td>Ashland, Wis.</td>
<td>$0.034</td>
</tr>
<tr>
<td>Erie, Pa.</td>
<td>$0.045</td>
<td>Denver, Colo.</td>
<td>$0.034</td>
</tr>
<tr>
<td>Jacksonville, Fla.</td>
<td>$0.044</td>
<td>Miami, Fla.</td>
<td>$0.034</td>
</tr>
<tr>
<td>Chicago, Ill.</td>
<td>$0.044</td>
<td>Milwaukee, Wis.</td>
<td>$0.033</td>
</tr>
<tr>
<td>St. Louis, Mo.</td>
<td>$0.044</td>
<td>San Francisco, Cal.</td>
<td>$0.032</td>
</tr>
<tr>
<td>Cleveland, Ohio</td>
<td>$0.044</td>
<td>Cincinnati, Ohio</td>
<td>$0.032</td>
</tr>
<tr>
<td>Minneapolis, Minn.</td>
<td>$0.042</td>
<td>Dallas, Texas</td>
<td>$0.032</td>
</tr>
<tr>
<td>Detroit, Mich.</td>
<td>$0.041</td>
<td>Tampa, Fla.</td>
<td>$0.031</td>
</tr>
<tr>
<td>Sheridan, Wyo.</td>
<td>$0.041</td>
<td>Fresno, Cal.</td>
<td>$0.030</td>
</tr>
<tr>
<td>Columbus, Ohio</td>
<td>$0.040</td>
<td>Bismark, N.D.</td>
<td>$0.028</td>
</tr>
<tr>
<td>New Orleans, La.</td>
<td>$0.040</td>
<td>Houston, Texas</td>
<td>$0.026</td>
</tr>
<tr>
<td>San Antonio, Texas</td>
<td>$0.039</td>
<td>Louisville, Ky.</td>
<td>$0.026</td>
</tr>
<tr>
<td>Los Angeles, Calif.</td>
<td>$0.038</td>
<td>Billings, Mont.</td>
<td>$0.025</td>
</tr>
</tbody>
</table>

Above statistics are based on maximum savings available on Model RT21B8.

he Philco Cold Guard side-by-side (Model T21B8, No Frost, 20.7 cubic foot capacity) uses 17% to 47% less electricity than similar models from three leading competitors. (And you can save money on electricity with other Cold Guard models—not just this one!) Send us your name and address, we'll send you our Cold Guard Booklet that explains how to figure out how much you'll save in your particular area. Cold Guard provides you with these savings while maintaining temperatures of 0° in the freezer and 37° in the refrigerator: temperatures recommended by the U.S. Department of Agriculture.

Actual savings may be more or less depending upon climatic conditions, individual usage and electric rate changes. Savings shown are based on simulated home usage, estimated typical residential electricity consumption and rates.

Published results of tests conducted on Cold Guard models are available on request. Write to Aeronutronic Ford, Blue Bell, Pa. 19422

THE REFRIGERATOR THAT HELPS PAY FOR ITSELF.
Need an excuse to visit Bograd's? Here's a good one.

We're holding our Semi-Annual Sale right now.

The Heritage "Sketchbook" collection is just one of the hundreds of beautiful furniture groupings that you can discover now — sale-priced — at Bograd's. Honestly, we don't know of a single other furniture store that shows as many nice things by as many famous makers as we do. Heritage . . . Drexel . . . Tomlinson . . . Henredon . . . Baker . . . Founders (yes, we have modern too!) . . . Weiman . . . Pennsylvania House . . . White . . . Davis . . . Thomasville. And that's just for starters. If you are seriously interested in better furniture, in all styles and periods, coming to Bograd's is a must — especially at Semi-Annual Sale time.

If you'd like to have a preview of some of the treasures awaiting you at Bograd's, please send $7.50 for our splendid Book of Home Fashions. Almost 300 pages, mostly in color. Address Dept. H85 at Bograd's address below.

Drewel Heritage Furnishings
Division of Champion International

208 MAIN STREET, PATERSON, NEW JERSEY (201) 278-4242

We're conveniently located for friends from near and far just a few blocks from the downtown Paterson exit of Interstate 80. Bograd's is easily accessible, too, from the N. Y. Thruway, Garden State Parkway and New Jersey Turnpike. Please phone collect for detailed information.

(201) 278-4242
breakfast

Poached Eggs on Anchovy Toast*
Grilled Tomatoes
Buttered Toast
Coffee

lunch

Raw Vegetables and Mayonnaise
Spaghetti with Ham and Herbs*
Italian Bread
Lemon-Orange Ice*

Dinner

Sorrel Soup*
Roasted Corn-on-the-Cob*
Charcoal-broiled Fish*
Green Salad
Blueberry Tart*

poached eggs on anchovy toast with grilled tomatoes

1 2-ounce can flat anchovy fillets, cut into small pieces
4 tablespoons sweet butter, at room temperature
6 slices bread, toasted
6 tomatoes, cut in half
butter
salt and freshly ground pepper
2 tablespoons chopped parsley or basil
12 eggs
buttered toast

Mash anchovies very thoroughly into the butter. Spread each slice of toast generously with the anchovy butter.

Put water in a large skillet to a depth of about 3 inches and start heating it.

Place tomatoes in a low baking dish and dot surface with butter, salt, and pepper to taste, and sprinkle with parsley or basil. Broil for 5-10 minutes, or until they are brown and bubbly on top, but still firm enough to hold their shape.

While the tomatoes are broiling, poach eggs a few at a time, in the simmering water. When eggs are done, keep them warm in a bowl of warm water. When the tomatoes are done, turn off the broiler and put the anchovy toast in the hot oven to warm.

Have six plates ready. Remove the eggs gently from the water and put them on paper towels to drain. Arrange 2 tomato halves and a slice of anchovy toast on each plate. Place 2 poached eggs on each piece of toast and serve immediately. Serve plenty of plain buttered toast to mop up the delicious juices. Serves 6.

You can make dessert for this meal a day or more ahead, if you wish. It takes just a few minutes to assemble, but you must be there to stir it in the freezer once every hour or so until it crystallizes. It will then keep for many days unattended.

Fix the ham and herb sauce about half an hour before you intend to eat, or earlier in the day, if you prefer. Wash and slice an assortment of raw vegetables and arrange them attractively on a large platter around a bowl of homemade mayonnaise or some sour cream mixed with a little horseradish.

Before sitting down to lunch, set the vegetable platter in the center of the table and put the spaghetti into boiling water. You can eat the vegetables as an appetizer while the spaghetti is cooking, and with the spaghetti as well. It's a good way to make sure that everyone is at the table at the right time, since this extremely simple pasta dish should be tossed just before serving and served immediately.

Spaghetti with Ham and Herbs

3/4 cup olive oil
4 ounces salted ham, Canadian bacon, or prosciutto, coarsely chopped
2 cloves garlic, minced
1/2 cup parsley, chopped
2 teaspoons fresh marjoram, chopped or 1/2 teaspoon dried marjoram
6-8 leaves fresh basil, chopped, or 1 teaspoon fresh thyme leaves, or 1/2 teaspoon dried thyme
1/2 pound spaghetti or other pasta salt and freshly ground pepper

Heat the oil in a frying pan and add ham, bacon, or prosciutto, and garlic and sauté gently, without browning, for 5-10 minutes. Add all the herbs, stir them well into the oil, sauté them very gently for 2-3 minutes more and then turn off the heat. Let the herbs steep in the oil while the spaghetti is cooking.

Cook the spaghetti until it is just done. Drain and put it in a hot serving dish and pour the sauce over the spaghetti, toss thoroughly, and serve immediately. Pass salt and pepper.

Serves 8 as a first course, 6 as a main course.

Lemon-Orang Ice

1/4 cups water
5 cups sugar
1/4 cup fresh lemon juice (about 3 lemons)
1/4 cup fresh orange juice (about 2 oranges)
3 tablespoons grated lemon rind
mixed with 2 tablespoons sugar

In a small saucepan combine water and sugar and bring mixture to the boil and boil for 5 minutes. Allow mixture to cool. In a small bowl, preferably a metal bowl for faster freezing, mix lemon juice, orange juice, and the sugar water and stir well. Place bowl in freezer for about 1 hour. When ice begins to form, stir mixture and break up the frozen portions into fine crystals with a fork or potato masher. Continue to do this every hour or so, until ice has completely crystallized. Freezing time, depending on your freezer, will be about 6 hours. Once the ice has crystallized, it will keep in the freezer without further attention for many days.

If you wish, sprinkle lemon rind or sugar on top of the tart ice. Serves 6 generously.

There's no need to heat up the kitchen for this hot summer dinner. Make the soup a day in advance or in the cool morning (but don't freeze it—the potatoes will be soggy.) The crust for the tart can be made a day or two ahead and filled several hours before serving. Don't forget to make the creme fraiche at least a day before you serve this tart; it's a perfect combination. Wash the salad greens, wrap them in a towel and put them in the refrigerator several hours in advance. About an hour before serving time, you can get the fish and corn ready for cooking, light the fire, put the soup on a gentle heat and have plenty of time for a relaxed drink before dinner.
Charcoal-Broiled Fish

The fish should be as big as your pan will accommodate. Arrange it as you wish—head to tail, side by side, or even headless. Season it with salt and pepper. Before cooking, wash the fish and pat it dry. Place it in a wire rack over a heavy pan. Put in the hot coals. If you have a broiler, put the pan on the middle shelf and use a broiler pan. Place the rack above it. Cover with a lid and let stand at room temperature for 15 minutes. Remove to a platter and serve with lemon wedges. Serves 6.

Blueberry Tart

Pour mixture into the blender and puree, or pass through a sieve. Add vermouth or wine and taste. Chill soup several hours. Serve hot, garnished with a slice of cucumber and a sprig of dill. Serve in stemmed glasses. Place a slice of cucumber over the rim of the glasses and add 1 tablespoon sour cream and a little more dill. A platter of homemade biscuits. Serves about 6.

Cold Fresh Tomato Soup

This Chair...is a Bed!

Summer soups

continued from page 77

PLUM POTAGE

Start a chilly day with this one and your spirits will lift.

COLD FRESH TOMATO SOUP

SLUMBER/SEAT®

Today, you as a consumer are faced with two basic problems...inflation and overcrowding. The economical and space-saving Slumber/Seat® will help you fight these two major problems. The Slumber/Seat® is a luxuriously upholstered club chair which, with just a flip of our patented mechanism, readily converts into a full-length bed 76" long with a firm, comfortable mattress and a built-in pillow head rest. Ideal for use in the home, den, children's room, apartment, office, resort or ski lodge, boat or wherever a combination of space-saving and dual-purpose sleep furniture is desired. Available at fine furniture and department stores everywhere, in a wide variety of styles and fabrics. For a free color catalog, and the name of your nearest dealer, please return the coupon below.

To: David Salka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754
Please send me a free color catalog and the name of your nearest authorized Slumber/Seat® dealer.

Name ____________________________ Address ____________________________
City ____________________________ State _______ Zip ____________________________

Telephone: A.C. 301/297-7578

Slumber/Seat® is a registered trademark of Victor Stanley, Inc. Patented (U.S. & foreign).

Send to: Slumber/Seat®

COLD FRESH TOMATO SOUP

6 ripe red tomatoes, skinned, cut in half, and squeezed to remove seeds, chopped coarsely
1 small onion, finely chopped
1 shallot, finely minced
a few small basil leaves, finely chopped or 1 teaspoon dried basil
salt and freshly ground pepper
1 teaspoon sugar
1/2 cup dry vermouth or dry white wine, optional
thin slices of unpeeled cucumber for cream fresh chives or dill, chopped homemade biscuits
Place tomatoes in top of double boiler or in a saucepan over a pan of simmering water. Add onion shallot, basil, salt and pepper, and sugar. Cover and steam over gently simmering water 15 minutes. Pour mixture into the blender and puree, or pass through a sieve. Add vermouth or wine and taste to correct seasoning. Chill soup several hours in the refrigerator. Serve in stemmed glasses. Place a slice of cucumber over the rim of the glasses and add 1 tablespoon sour cream sprinkled with chives or dill. Pass a platter of homemade biscuits. Serves about 6.

WALNUT SOUP

Start a chilly day with this one and your spirits will lift.

Add stock or bouillon to a saucepan and bring to the boil; remove from heat. In a large saucepan melt butter and stir in flour with a few grindings of fresh black pepper. Add egg and blend mixture thoroughly. Taste to correct salt, and chill soup several hours. Serve from a large tureen, accompanied by a bowl of crème fraîche or heavy cream. Garnish with olive peppers. About 6 servings.

Creme fraiche, or French cream, may be prepared by adding 1 teaspoon buttermilk to 1 cup fresh just to the point of lukewarm. Pour the cream into a glass jar place the lid on top, but don't close tightly. Permit the cream to stand 5-6 hours at room temperature then stir and place in refrigerator until ready to use.
Cactus can do
A lot more than
Stick holes in
Your rear end.

It can hurt your feet.

It can tickle your throat,
Which is the start of some-
thing nice. Like a drink called
Jose Cuervo\textsuperscript{R} Tequila. A nice innocent
thing made from real, honest to goodness
Agave cactus. It's the nicest, easiest
kind of refreshment you can find.

What else it does is
make nice Margaritas,
Sunrises and Gorilla Sweats.
And they don't hurt
at all.
**CANTALOUPE SHERBET**

2 cups cantaloupe, diced
2 cups heavy cream, whipped
1 envelope unflavored gelatin
1 cup water, lukewarm
1/2 cup sugar mixed with 1 teaspoon cinnamon
2 cups fresh blueberries
1/2 teaspoon salt
1/2 cup Karo syrup
1/2 teaspoon vanilla
1/2 teaspoon sugar/cinnamon mixture
2 tablespoons melted butter
2 tablespoons sugar
2 cups fresh raspberries
1/2 teaspoon salt
1/2 teaspoon sugar.

In a juice blender mix all together until well combined. Pour into chilled silver goblets and garnish with mint leaves. Serves 8.

**CASSIS MOUSSE**

8 egg yolks
1/2 teaspoons gelatin dissolved in 1/2 cup cold water
4 ounces Saint Emilion
2 ounces black currant jam mixed with 2 ounces water
2 cups heavy cream, whipped
2 egg whites, whipped stiff
2 lady fingers

In a bowl mix yolks and gelatin mixture. In a heavy pan bring currant jam to a boil; remove from heat and slowly add egg yolk-gelatin mixture. Return mixture to the boil. Remove from heat and let cool. Add cream and egg whites to cooled mixture. Line the bottom and sides of a 10-inch ring mold with the jam mixture. Top the bottom and sides of the mixture with a layer of lady fingers and repeat process finishing with a layer of the jam mixture. Refrigerate until set. Remove ring from mold and serve. Serves 8.

**FINGER LUNCH ON THE BEACH**

from Suzanne Taylor

**CHICKEN SEBASTIANO**

4 whole small broilers, game hens, or 2 large roasters, split
2 cups flour
1 cup water, lukewarm
1/2 cup cold water
2 cups milk
2 tablespoons butter
2 tablespoons honey
1 heaping tablespoon salt
5-6 cups flour
1 egg and 1 tablespoon cream mixed together

In a cup mix yeast into water and dissolve. In a saucepan heat milk until warm and add butter, honey, and salt. When butter is melted remove from fire and let cool. Add the yeast-water mixture and gradually the flour, stirring first, then kneading until dough is smooth and does not stick to the hands. Place dough in a greased bowl, cover with a cloth, and let rise in a warm place for 2 hours or until doubled in bulk. Preheat oven to 350°. Punch dough down again, and let rise 40 minutes more. Knead again slightly and divide into pieces that will roll into 2-3 long slim leaves. Cut diagonal slashes in the top, let rise again slightly, brush with milk, and bake about 40 minutes. Ten minutes before bread is done, brush tops with egg and cream mixture, which will give them a nice glaze.

A pie tin filled with water and set on the lower shelf of oven while loaves bake improves the consistency of meal. Sprinkle with ice for a few seconds before serving the whipped cream.

**CORNISH PASTIES**

2 cups fresh blueberries
1/2 cup sugar mixed with 1 teaspoon cinnamon
4 cups fresh raspberries
1/2 cup cream, whipped, optional
2 cups fresh blueberries
1/2 cup sugar mixed with 1 teaspoon cinnamon

In a bowl mix together the filling to form a small half-moon pillow shape. Press edges well together and cut with a fork. Cut 1 or 2 small slits on top of pasties, and brush over with beaten egg.

Preheat oven to 350°. Bake pasties for 1/2 hours, reduce to 300° and bake another 1/2 hour. Allow 15 minutes before pasties are done, pour a little cream into slits on top. About 8 pasties.

**BLUEBERRY RASPBERRY GALETTE (Continued)**

Filling

2 cups fresh blueberries
1/2 cup sugar mixed with 1 teaspoon cinnamon
4 cups fresh raspberries
1/2 cup cream, whipped, optional
Preheat oven to 425°. Place blueberries in a galette and sprinkle sugar/cinnamon mixture and melted butter. Place in oven and after 12 minutes reduce heat to 350° and bake 10 more minutes, or until blueberries are slightly soft. Cut and decorate with a double row of raspberries around outer edges of galette, and a small circle in center. Serve with whipped cream if desired. Serves 8.

**PECAN PIE (Continued)**

Filling

1/2 cups tightly packed dark brown sugar
1/4 cup sugar, mixed
2 extra large grade AA eggs, well mixed
1 cup dark Karo syrup
1 tablespoon pure vanilla
1/4 teaspoon salt
6 cups light color pecans, diced
3 cups light color pecans, sliced
1/2 cup Karo syrup
2 teaspoons water

Assemble Pies

In a bowl sift flour, salt, and sugar and set aside. Sift flour, stirring first, then add sugar/cinnamon mixture and egg yolk. Place in oven and bake 10 minutes. Reduce heat to 425° and bake another 15 minutes. Cut 1 or 2 small slits on top of pasties, and brush over with beaten egg. Preheat oven to 350°. Bake pasties for 1/2 hours, reduce to 300° and bake another 1/2 hour. Allow 15 minutes before pasties are done, pour a little cream into slits on top. About 8 pasties.

**HOSE & GARDEN, AUGUST, 1985**
OLD CUCUMBER SOUP

Heat in a 325° oven for 15 minutes. Serves 8-10.

PINEAPPLE MOUSSE
from Nadime Kornman of La Mouss

2 packages lemon jello
1/2 cup boiling water
1 packet Nabisco Graham cracker crumbs
1/4 cup granulated sugar
1/2 cup crushed pistachio nuts
and melted sweet butter

Pour into crust and chill. When mixture is frozen solid, beat thoroughly or freeze. Serves 12.

CHICKEN CURRY
from Judith Garden
1/3 cup fresh parsley
1 garlic clove
1 teaspoon dry mustard
1/2 cup sour cream

Assemble dish shrimp
1/3 cup fresh parsley
2 tablespoons white wine vinegar
1 tablespoon lemon juice
1/2 cup dry white wine

In a bowl pour boiling water over 2 cups crumbled crushed pineapple chunks, drained, drained, reserved juice, juice of 1 large lemon, 2 tablespoons margarine, 1/4 cup sugar, 1/4 cup vinegar, 1/4 cup white vinegar, 1/4 cup white wine, 1/4 cup sour cream and add cream. Chill. Taste mixture. Keep refrigerated for 1 hour before serving. Do not refrigerate (except for leftovers). Serves 8-10.

RICE SALAD (Continued)

With shrimp salad

2 cups cooked shrimp, shelled, chilled, and cut into bite-sized pieces
2 small shallots or scallions, minced
2 tablespoons whole capers
1 small clove garlic, crushed
1/2 cup fresh parsley
salt and ground pepper to taste

Dressing
6 tablespoons olive oil
2 tablespoons wine vinegar
1/4 teaspoon dry mustard
1 tablespoon lemon juice
1/4 teaspoon freshly ground black pepper
1 teaspoon tarragon

Assembling dish
shrimp
dressings
4 cold cooked artichokes


HERBED PITA BREAD
6-8 small pitas bread rounds, split in half lengthwise, making 4 semicircles
6 tablespoons butter, softened

Dip chicken breasts in a mixture of flour, garlic salt, pepper until well coated. In a large skillet melt butter until bubbling, not brown, add bay leaves and garlic brown chicken on all sides until golden brown. Add more butter if necessary. Set chicken aside and keep warm.

Curry Sauce
Melt butter in a skillet and over a moderate flame sauté onions until golden-colored but not brown. With the flat side of a large spoon rub in curry powder and flour and stir until you have a smooth paste. Gradually add chicken broth, cream, and milk; mix well stirring until sauce thickens.

Assembling Dish
sautéed chicken, cut into large pieces
sauce
condiments
Add chicken to the sauce and simmer mixture for 10 minutes on a low flame. Serve hot with a selection of condiments.

SOLNAL SOUP

6 scallions, finely chopped
2 tablespoons olive oil
2 tablespoons wine vinegar
1/2 cup dried currants
1/2 cup sugar
1/4 cup fresh parsley
2 tablespoons chopped fresh dill

When ready to serve, preheat oven to 350°, place bread slices on a rack and bake for 5-10 minutes or until brown. Serves 4.

PIE WITH SHRIMP SALAD

16 pages that un-complicate window buying and simplify your life.
The tequila boom

Rising fast in popularity, the easy-to-mix spirit with an intriguing natural taste of its own

by Philip S. Brow

Margarita

2 ounces tequila
1 tablespoon Cointreau or Triple Sec
Juice of ½ lime
Salt

Dress cocktail glasses by moistening the rim with a cut piece of lime, then spinning lightly in a plate of salt to frost. Refrigerate them until you are ready to pour. Put plenty of ice in a bar glass, and for each cocktail add the ingredients listed above. Stir quickly until well chilled, then strain into the prepared glasses. Float a very thin slice of lime on top of the drink if you like the idea.

A Tequino or Tequilatini is simply a Martini made with tequila and vermouth. Experiment until you find the proportions you like best. My preference is about 4 to 1.

TEQUINI

2 ounces tequila
8 ounces dry vermouth
Lemon twist

Stir tequila and vermouth in a bar glass with ice cubes; strain into a chilled cocktail glass and garnish with a twist of lemon. If you’re destined to mix this on the rocks, use the Tequini the same way.

A great favorite during prohibition was the Tequila Sunrise. There were a number of versions all of which were as pretty to gaze upon as they were to drink.

TEQUILA SUNRISE

2 ounces tequila
4 ounces orange juice
1 tablespoon grenadine

Pour tequila and orange juice into a tall glass over ice cubes and stir. Add grenadine and allow to settle to the bottom of the glass. Just as the drink is served, give it a gentle stir to diffuse the grenadine.

Another recipe for Sunrise:

2 ounces tequila
1 tablespoon grenadine
Juice and peel of ½ lime
1 teaspoon crème de cassis
Club soda

The first four ingredients are poured into a highball glass over ice; the glass is then filled with chilled club soda and the drink stirred very briefly.

TEQUILA MANHATTAN

2 ounces tequila
¾ ounce sweet vermouth
Dash of bitters

Stir tequila, vermouth, and bitters in a bar glass with ice cubes. Strain into a chilled cocktail glass, and serve. A very small piece of lime dropped into the glass makes a good garnish, but if you must, have a cherry, by all means do so. Leave it out of mine, please. A rather forgotten favorite of old.

Continued on page 139
From San Francisco's fashion world: a club for women who never join clubs.

We're the people who started the Generation Gap—one of the most exciting women's fashion boutiques on the West Coast.

Only one problem: You had to come to San Francisco to shop at our store.

Which got us to thinking. Why not send out catalogs that would let you order the same fashions we were selling in our store by mail? And since you'd be ordering by mail, we could pass on to you the money we'd save on rent, salaries, lights, etc.

Nice, eh? A club that saves you up to 20% and more on all the best clothes, cosmetics, jewelry and gift items.

Not the dregs, mind you—but the very best things available to us in San Francisco (you'll be choosing from over 150 of America's and Europe's best high fashion suppliers).

Woman does not live by clothes alone.

Even at 20% off, there's bound to be a limit to your clothing budget. And a girl's gotta swing a little. So we've arranged for card-carrying Femail Club members to receive special rates on vacation travel packages to places all over the world. Plus our San Francisco visitor's program, including personal invitations and special shopping discounts for our members who are visiting here.

So if you're ever wondering what to do once you've got all those great new threads on your back—this one feature of The Femail Club will make the whole thing worthwhile.

The old Free Gift ploy.

We'll not mince words. It costs $5.00 for a year's membership in our Club. BUT HANG ON—even that we can make palatable.

If you join the Femail Club now, you will be offered a choice of free gifts, from name brand cosmetics to designer jewelry, each with a retail value of more than $5.

Plus $5.00 in free "offs."

With your membership we're also going to give you $5.00 in gift certificates. So you can choose items from any of your catalogs (and you'll find a lot to lust after), and you'll get a total of $5.00 off their already lavishly discounted prices. Notice how the paragraphs are getting shorter? We must be near the end.

It cost us a bundle to run this ad. So...

We think the Femail Club is the best money-saving, fashion-buying, fun-having idea anyone's ever come up with. And there's a few things about our Club that we haven't even mentioned (like our Buyer's Bonus Plan wherein the more you buy, the more discounts you earn; and our Super Specials—savings up to 50% in each catalog). But we can't afford to hound you. You either join now (and enjoy later) or you turn the page. Later on, when you meet a slithery Femail winging off to the Med, wearing a devastating dress she paid heaven knows how absurdly little for...well, don't say we didn't tell you.

This has been a very one sided conversation, but you win. Here's a $5.00 check (or money order) for my membership. If I'm being taken, I'll track you to the ends of the Earth.

I'd like a membership or two for my friends. Enclosed are their names and addresses and the additional five dollars.

NAME

ADDRESS

CITY

STATE

ZIP

The Femail Club
23 Grant Ave.
San Francisco
CA 94108

Crecon, Inc.

*You're not, so just sit still and wait for our package to arrive.

JULY 1975

87
new thimble holder—collectors' thimbles!

New Lucite Holder by Lillian Vernon—stunning! Made in U.S., holds 12. 8714 Holder, 8" high. $10.98

Top shelf, left to right:

7355 From Holland, Traditional blue-and-white Delft porcelain. $1.98
4435 From the U.S., Partridge design, hand-painted red-white cloisonné on Gold-finished metal. $1.98

Middle shelf, left to right:

7356 From Austria, Petitpoint multi-color flowers on black band, gleamy Gold-finished metal. $4.98
8664 From Austria, Same petitpoint design above, on white band. $4.98
7966 From Holland, Ass't. with flowers on white porcelain. $1.98
8000 From West Germany, (at rear) Bride's thimble, superb Sterling Silver, cally-white sheen. $8.98

Bottom shelf, left to right:

7912 From Portugal, Regal coat of arms on Silver-plated solid brass, Gold-washed inside. $2.50
8663 From Austria, Petitpoint posy atop gleamy Gold-finished metal. $3.98

Add 50c post & handling. N.Y. res. add sales tax.

LILIAN VERON
Dept. G87, 510 S. Fulton Ave.
Mt. Vernon, N.Y. 10550

DOUBLE-HANDLE SPOON HOLDER

Our elegant spoon holder is an exact copy of those produced over 100 years ago, made from the same molds, with the same exquisite panel thistle design. In the old days it held spoons, today it acts as an uncommonly handsome celery holder or unusual flower vase. Certainly, it's a prized collector's find and an antique lover's delight! 8½" tall.

SEND FOR FREE GIFT CATALOG

2100 B-6 No. Haskell • Dallas, Texas 75228

ENGLISH TUDOR

One of 230 designs (blueprints available) in a plan book of 1½ and two-story houses. Other books include 185 one-story houses over 2,000 sq. ft.; 230 one-story under 2,000 sq. ft.; 180 multi-levels; 223 vacation houses. $2.25 per copy. All for $7.95. Ppd. Home Planners, Dept. HGE58, 16310 Grand River, Detroit, MI 48227.

UP IN THE AIR

An airborne space saver that suspends anything up to 25 lbs. from flowerpot to fish bowl, kitchen utensils to art objects. "Hang-it" consists of a transparent nylon cord, Plexiglas plate and clear ring. 36" and 48" long, $1.60 ea.; three, $3.40; six, $5.45; twelve, $9.50. House of Hints, 3H8E, 106 Montague St., Brooklyn, NY 11201.

FOOT FANCY

Graceful foot stool with a striking floral needlepoint cover that's removable should you prefer to use a work of your own. Mahogany, fruitwood or walnut finish on hardwood base. It's 14" by 9" by 8" h. $18.95 ppd. Write for catalogue 25c. Fiesta Arts, Inc., HG8, Greenvale, NY 11548.
FEDERAL FLORAL
Delightful design in permanent press cotton/polyester. Federal blue and rosy red or gold and rust. 80" w. per pair, 2" ruffle. 45", 54", 63" l. $12.50 pr.; 72", 81", 90" l., $14.50 pr. Add $1.75 post, per order. Matching bed ensemble, tablecloth available. Free catalogue, swatches. Country Curtains, HG8, Stockbridge, MA 01262.

FRIENDLY FROG
Most amusing accent rug sports a wide-eyed bullfrog perched invitingly on a lily pad. Woven in bright shades of green, orange and pink on off-white background. Washable. Size 24" by 45". $5.29 ppd. Free catalogue. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

TEAK TEA CART
Streamlined design by Brostrom of Denmark for indoors or patio entertaining. Two-tiered teak with chrome legs. Glides on heavy duty wheels. 19" h. with trays 16" by 24½". $49.95 plus $1.50 post. Free catalogue. Nordiska, HG8, 299 Westport Ave., Norwalk, CT 06851.

PRESS NEWS

Sterling Silver with hand painted enamel. Complete with 18" silver plated rope chain. Can also be worn as a pin. $9.95 ppd

Peonies
FROM FRANCE
Keep summer forever with these gorgeous life-like flowers. Five choices: white, red, pink, lavender or yellow. 12" stems. Specify White or Mahogany blossoms. 4 FOR $6.50 ppd 8 FOR $11.75 ppd 12 FOR $16.25 ppd

Quality Gift Catalog
SLEEPY HOLLOW GIFTS
6651 Arlington Blvd., Falls Church, Va. 22042
The way to select ORIENTAL RUGS is to examine them in your own home.

Rare antique, inexpensive, semi-antique, and new rugs in antique designs. Each moderately priced.

SEND FOR DESCRIPTIVE LISTS and COLORED PICTURES. Include your Zip Code. Select the rugs you wish sent on APPROVAL. WE PAY ALL SHIPPING CHARGES. NO DEPOSIT OR EXPENSE to you in ordering our rugs shipped on approval. No obligation to buy.

LIMITED EDITION—BOXED—MADE IN WEST INDIA IN NATURAL, UNTREATED RUGS. AND LARGEST EXCLUSIVE DEALER AUTHORITY AND EXPERT ON ORIENTAL RUGS. CHAS. W. JACOBSEN, INC.

ANTIQUE RUGS $150.00 to $9500

2,000 Oriental rugs from India in pastel (Kirmans) colors in 100% wool rug 50 sizes.

Many giant and unusual sizes

THE WAY TO SELECT ORIENTAL RUGS—"A Complete Guide" by Charles W. Jacobson. $20.50 First and only Oriental Rug encyclopedia ever published. 480 pages with 250 plates, 38 in full color.


CHAS. W. JACOBSEN, INC.
401 S. SALINA ST., DEPT. G
SYRACUSE, N.Y. 13201
315-471-6522

ART DECO DAZZLER

BILLS, BILLS
The inflow of bills seems less of a burden when organized in a bill jar of clear glass with sensible design in eight colors. Or use it for candies, pretzels, 9" by 5", $6.95 plus $1.25 post. Nina-Joan Designs, Dept. BJ-27, 130 Carriage Rd., Scarsdale, NY 10583.

MEISSEN ONION DESIGN

BRIGHT ON
Students, home-sewers and bed-time bookworms sing the praises of the old fashioned tin tole-type lamp with its scissor extension in brass plate. 9" shade in old gold, red, black, olive, ivory. Extends 30" from wall, swivels 180°. $21.50 ppd. Yield House, Dept. G58W, No. Conway, NH 03860.

BARTENDER IDENTITY
The house bartender caricatured from a photo you send to Bruce Bolind of hair and eye color and your favorite mixologist's name for a 12" by 16" plaque and 6" by 8" caricature. Print name; picture returned with the plaque. $15 ppd. Bruce Bolind, H8G, Boulder, CO 80302.

LITHE LISA
Versatile style, soft linings, 1½" heels. AAAA 5-12; 13; AAA 7-12, AA 5-12, 13; B 3-12, 13; C 4-12; D 4½-12; EE 5½-10. In black, white, green, brown, bone, grey and blue with red strap. Free catalogue. $20.99 ppd. Hill Brothers, Dept. 940, 241 Crescent St., Waltham, MA 02154.

BOSOM BUDDY
Strainz-all Jell Aid
A sumptuous bounty of fruits into your kitchen! Strainz-all Jell Aid removes the worry of juicing each fruit. Simply pour the contents of the jar into a bowl, microwave at 50% power for 30 seconds, stir, and pour back into the jar. The concentrate is then ready to use in your favorite recipes. Available in a variety of flavors.

Hand Held Dental Floss Stik
Sanitary way to clean gums and remove plaque from teeth. Plastic Stik is 5 1/4" long, provides firm control of floss and easy access to all teeth. Comes with 40 yards of floss, uses only 4" per application. 0746-6—Waxed Floss Stik $1.98 0748-6—Waxed Refill (40 yards), 79c 0781-6—Unwaxed Floss Stik $1.98 0784-6—Unwaxed Refill (40 yds.), 79c

Enjoy Personal Service right to your door...
Our merchandise is backed by an old-fashioned guarantee that insists upon your full satisfaction or a quick quibble-free refund. Courtesy and integrity of yesteryear have made us many friends in all of the 50 states. We'd like you to be among them. But, try us! Order anything on this page—we're sure you'll be pleased with our merchandise and our service. We'll be glad to hear from you. Sincerely,

Pocket Eyeglass Repair Kit
Those tiny hinge screws on eyeglasses often come loose. With this pocket kit you can tighten screws and replace lost ones, ending a multitude of costly little trips to the optician. Kit has a 1/16" screwdriver and supply of screws to fit most all glasses. Corrects little problems before they turn into major ones.

1078-6—Repair Kit $2.19

Blood Pressure Gauge
Check your blood pressure accurately at home. Precision instrument comes with aneroid dial for registering readings, arm cuff, inflating bulb with screw valve to control inflation and deflation of arm cuff, case, and instructions. You'll need the stethoscope to take readings.

0787-6—Pressure Gauge $22.95 0792-6—Stethoscope $5.49

Refrigerator Fresheners
Keep your refrigerator as fresh as a May morning! Just fill one of these holders with baking soda and tuck it in a corner. Food odors will be absorbed and the air inside the refrigerator will stay clean and pure. Durable plastic holders come in your choice of designs, average 4 1/2" tall.

7260-6—Penguin $1.19 7261-6—Polar Bear $1.19

Use this Order Form for the items on this page or to request Free Catalog. Send to:

Miles Kimball Company
104 BOND STREET, OSHKOSH, WISCONSIN 54901
CHOICE DECOR!
(Finished or Unfinished)
37th high and handsome! This hand-crafted lamp is yours fully finished or sanded,yet smooth ready to decorate. It's perfect to create on accent color-to antique, decoupage, or stain a wood tone. Beautifully proportioned of native hardwood, this sturdy lamp is fully wired with a 3-way switch and on/off cord. Comes with brass harp and finial. Specify Shades in White, Shantung or Beige. Shantung; Oyster, Burlap or Natural Burlap. Satisfaction guaranteed! $18.50 ea. Unfinished.

Shells & Minerals Artifacts & Fossils

Heraldic

Decoupage Coat of Arms
Send Family Name & Country of Origin.

Suits the family castle the royal treatment. Hand-painted in glorious colors, family name hand-lettered & hand mounted on aged 8" x 10" wood. Your name researched, drawn by Heraldic artist, source listed. With report, history & review. Family Tree History Chart Order RCA254
$8.95 plus $1 post.
Send check or M.O.
Satisfaction Guaranteed

Cadlyn's Dept. HGB
207 N. Y. Ave., Huntington, N.Y. 11746

Do You Have Difficulty Rising of Sitting?
Discover Burke's Elevating Swivel Rocker.

 торгтовля сухофрукты в Европе. В Европе существует множество вариантов сухофруктов, так что выбор очень велик. Важно учитывать, что некоторые сорта, такие как вишня, яблоко, груша, используются как незаменимые ингредиенты в различных блюдах. В России также можно найти сухофрукты, хотя их ассортимент не столь разнообразен. В целом, сухофрукты являются важной и популярной частью российской кухни, а также употребляются как добавка к десертам и напиткам. Они являются источником витаминов и минералов и могут улучшить аппетит и укрепить здоровье. Сухофрукты можно хранить в закрытых банках или контейнерах в прохладном и сухом месте. При хранении сухофруктов необходимо следить за их свежестью и не допускать их порчу.
TWO PURPOSE BEAUTY
Not only is the Egyptian beauty plant a handsome grower, juice from its leaves soothes burns, especially sunburn. Plant grows up to two feet tall with red spiny blossoms. Water once a week. $2 each; three, $5 plus 25c post. Roberta's, Dept. BHE-1, Box 630, Shelbyville, IN 46176.

TEE TIME
Handsome Swiss pocket watch is emblazoned with golf scenes on both sides of hunting case. In antique yellow or pewter color metal. 17-jewel inlay-block movement. A precision timepiece, gift for fathers or collectors. $65 ppd. JFF International, Cl, 12 Dale Rd., Monsey, NY 10952.

LUXURY WRAP

HAND-CARVED REDWOOD
Plaques carved by Evelyn Ackerman have feeling of Indian and Mexican design. A 9" by 12" plaque alone, $16.95. As trivet through top and 3-side zipper. Walter Drake, HG22 Drake Bldg., Co. Inc., Y-8E, Box 348, 10788 Newell & Co., HG8, 2718 E. 2nd St., Beltsville, MD 20705.

YOUR GREENHOUSE
Aluminum pre-cut and pre-fit glass greenhouse is one of more than 100 offered in free catalogue. It answered all our questions about home greenhouses. Shows ready-to-assemble models to fit any budget. J.A. Nearing Co., Inc., Y-8E, Box 348, 10788 Tucker St., Beltsville, MD 20705.

OUT OF THE WAY
Store nine pairs of shoes on the closet floor or under a bed in compartmented holder with see-through top and 3-side zipper. Long-lasting vinyl, 36" by 18" by 4" in gold color. Great for college dormitories. $3.99 ppd. Walter Drake, HG22 Drake Bldg., Colorado Springs, CO 80940.

SPARKLING SPRAY MIST
Crystal chandeliers, sconces and candelabras come bright and clear after a spray shower of sillicone mist from an easy-to-handle 7 oz. can. No need to wipe; just let dry naturally. $3.98 plus 50c post. Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

SHOPPING AROUND

100 Little Dolls
all for $200
100 Dolls made of genuine styrene plastic and hard synthetic rubber, only $2 for entire set. You get BABY DOLLS, NURSE DOLLS, DANCING DOLLS, FOREIGN DOLLS, CLOWN DOLLS, COWBOY DOLLS, and many more! Bride Dolls; and many more! A precision piece, fit any budget. J.A. Nearing Co., Inc., Y-8E, Box 348, 10788 Tucker St., Beltsville, MD 20705.

TREAD LIGHTLY, TREAD SOFTLY
MARSHMALLOW WEDGES
Foot relief—at last! These wedges are so soft, pliant, and comfortable, they're called Marshmallows. Treat your feet to a pair. Foam cushion insert, prepe outer sole, they come in white, sand, leaf green, red, green and yellow. Sizes narrow 5 1/2 -12. Medium 6 -12. Wide 5-12. $11.99 as shown $12.99 with back band. Add 95c for postage. No charge for larger sizes. No half sizes over 10.

Morgan's Cove
Good things to come.

MAGAZINE FILES
SAFE storage for valuable back issues! Keep your favorite magazines like new; protected from dust, wear, disorder; neatly filed for fast reference. Custom made for any standard publication you name. Titles are embossed in 23K gold. Covered with rich library-colored Leathertex to resemble finely bound books. Each hold a year's supply of monthlies. Also medical & legal journals, $1.95 ea. ppd.

PERSONALIZED SOAP
A DD's "touch" to the bathroom decor! Very Personally Yours when custom-name in gold. Script or print your initials or name in 1/4" upper case letters. Lasts as long as the soap. The French-milled soap with a Lanolin base. A cologne scent. Favorable to most men & women. Each bar contains 1.5 oz. 2 bars, Set 3-hand bar $5.75.

ART GUILD enterprises

1973
BLUE DELFT CHRISTMAS

SPoon RACK
DISPLAY your Collection of Spoons! A deftly designed two curved shelf rack is pretty enough to hang alone. Spaced to hold 16 of your precious spoons from demitasse to table size. Made of yester-years mellow Pine & hand-rubbed to a satin smooth colonial fruitwood finish. 14 x 13" wide $19.95 pp. New 24" wide rack holds 36 spoons. $13.95 pp.

100 Little Dolls
all for $200
100 Dolls made of genuine styrene plastic and hard synthetic rubber, only $2 for entire set. You get BABY DOLLS, NURSE DOLLS, DANCING DOLLS, FOREIGN DOLLS, CLOWN DOLLS, COWBOY DOLLS, and many more! Bride Dolls; and many more! A precision piece, fit any budget. J.A. Nearing Co., Inc., Y-8E, Box 348, 10788 Tucker St., Beltsville, MD 20705.

TREAD LIGHTLY, TREAD SOFTLY
MARSHMALLOW WEDGES
Foot relief—at last! These wedges are so soft, pliant, and comfortable, they're called Marshmallows. Treat your feet to a pair. Foam cushion insert, prepe outer sole, they come in white, sand, leaf green, red, green and yellow. Sizes narrow 5 1/2 -12. Medium 6 -12. Wide 5-12. $11.99 as shown $12.99 with back band. Add 95c for postage. No charge for larger sizes. No half sizes over 10.

Morgan's Cove
Good things to come.

MAGAZINE FILES
SAFE storage for valuable back issues! Keep your favorite magazines like new; protected from dust, wear, disorder; neatly filed for fast reference. Custom made for any standard publication you name. Titles are embossed in 23K gold. Covered with rich library-colored Leathertex to resemble finely bound books. Each hold a year's supply of monthlies. Also medical & legal journals, $1.95 ea. ppd.

PERSONALIZED SOAP
A DD's "touch" to the bathroom decor! Very Personally Yours when custom-name in gold. Script or print your initials or name in 1/4" upper case letters. Lasts as long as the soap. The French-milled soap with a Lanolin base. A cologne scent. Favorable to most men & women. Each bar contains 1.5 oz. 2 bars, Set 3-hand bar $5.75.
SHOPPING AROUND

NEEDLEWORKERS' PET
Needleworkers everywhere are loud in praise of the stork scissors made in Solingen, West Germany. The handles are gold-plated and the blades are absolutely tops for the most exacting handwork. 4" size, $8.25; 6½", $14.95 ppd. The Importer, HGB, Box 758, Malvern, PA 19355.

ROFE WEDGE
Open toe and airy strapped heel makes "Francy" a delight. Wedge is wrapped in tan rope; insole is painted finish on hardwood. 2½" size. $12.95; in your 5½", $10.50. Exp. coll. Catalogue, 50c. Bryan Robeson, Dept. HG 138, Rte. 10, Box 793, Hickory, NC 28601.

FRENCH GRACE NOTE
Faux bamboo and woven cane in a French Directoire style chair. 23" w., 25" d., 33½ h. Fruitwood or painted finish on hardwood. $124.95; in your 54" fabric, $120.95. Exp. coll. Catalogue, 50c. Bryan Robeson, Dept. HG 138, Rte. 10, Box 793, Hickory, NC 28601.

MINI WATER PURIFIER
Destroys bacteria and virus on contact. Helps to remove bad taste, odors, sediment. Well tested. Has guarantee of 1000 gals. of pure water. Flow rate about 25 min. per gal. $34.95 ppd. Spectrum International, Inc., Dept. 2A8, 1143 Washington St., Hanover, MA 02339.

ENERGY SAVER
Tapered tines of a new garden tool will grip the roots of stubborn weeds and creeping grass as a claw hammer pulls nails. Unusually constructed handle won’t loosen. $6.95 ppd. Farm Products Engineering Co., Dept. HGC-1, 5701 W. Adams Blvd., Los Angeles, CA 90016.

STRAP CLIPS
Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won’t tumble down when wearing a low cut gown. Set of two, $1.69 plus 20c post. Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

BAMBOO ARTISTRY
Beautifully designed bird cage has three stories, reminiscent of Eastern temples. Practical slide-out tray makes cleaning easy. Natural color. 24½" high by 15½" by 15½; $14.95 plus $2 post. Catalogue in 25c. Fran’s Basket House, HGB, Route 10, Succasunna, NJ 07876.
SHOPPING AROUND

PATCH FOR ALL SEASONS

A pet photo or drawing in black and white or color is reproduced as a patch on tough polyester. Permanently ironed on to shirts, or whatever. Washable, color fast. 3" by 4", $2.45; 3½" by 5", $3; 5" by 7", $4; 8" by 10", $6.45. Ppd. Photo Poster, Dept. X787, 210 E. 23rd St., NY 10010.

YOU'RE WELCOME

Guests admire charming bamboo styling on a sturdy all-metal luggage rack. Four black nylon straps. Folds to store. 23" h. by 17½" w. by 22½" l. In Koch brass-plate or modern nickel-plate finish. $54.95 ppd. St. Nicholas Boutiques, HGB, Santa Claus, IN 47579.

TO THE RESCUE

Kit of two scientific sprays to save your carpet. "A" removes pet stains effectively and "B" deodorizes. Safe for all kennel areas and litter boxes. $6.50 plus $1 post.; two $12.99 ppd. American Century, Dept. 105E. 135 S. La Brea, Box 36232, Los Angeles, CA 90035.

POT PRETTIER

Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotissierie and grills. 7 oz. can with brush. Dissolves carbonized grease, encrusted buildup. Does not darken or pit. $2.98 plus 50c post. Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

PICNIC PRESERVATION

Tightly woven nylon net umbrella keeps flying insects away while picnickers assemble for the feast. Spokes lift umbrella away from the food, but fold up for storage. 12" by 12", $2.19; 16" by 20", $2.49; 26" by 44", $3.69 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

TIMELY SERIES

One of the Presidential plates much in demand now. In fine American-made china by Pickard, 11½" dia. Wide forest-green border etched in gold, 23k gold band. Reproduction from an original Harry Truman photograph. $35 ppd. Trein's, HG8, 251 W. 1st, Dixon, IL 61021.

FALL CATALOGUE

The inimitable Johnny Appleseed's look in fine clothes for men and women. The 40 page full color Fall Catalogue is filled with new fashions including footwear, handbags, also gifts for every occasion. Free of charge. Johnny Appleseed's, HG8, Box 708, Beverly, MA 01915.

REMOVE HAIR FOREVER

Perma Tweez is a simple electrolysis instrument that PERMANENTLY removes ugly hair from all areas of the face—such as the chin, upper lip, eyebrows. Embarrassing body hair can now be removed forever in the privacy of your boudoir. Arms and legs can be forever free of the inconvenience of constant hair removal. An exclusive U.S. patented safety feature allows you to do this without puncturing the skin!

AN EXPERT'S APPROVAL

Perma Tweez has been clinically tested by a university professor of dermatology and proven to be safe and effective. One of his patients had previously been tweezing hairs from her chin every day for 15 years. After treating herself with Perma Tweez, she has eliminated this time consuming chore for the rest of her life! Over 15 thousand instruments in use by doctors—over 500,000 in use by people like yourself.

Easy instructions make you expert in a few minutes. Save hundreds of dollars on salon electrolysis by doing it yourself.

14 DAY MONEY BACK GUARANTEE $16.95

GENERAL MEDICAL CO., Dept. HG-121
5701 West Adams Blvd.
Los Angeles, California 90016

I enclose $4.00 deposit and will pay balance COD plus extra COD postage.
I enclose $16.95 in full payment.

□ Americard □ Master Charge


Mir. of Professional and Home Electrolysis Equipment.

GUST 11/5
THE DIAMOND OF YOUR DREAMS
at a price he can afford

Buy Diamond Jewelry direct from one of America’s well-known diamond cutters. Pay only actual market price. We refund all monies unless your own appraisal shows value 1/2 to higher.

Over 5,000 styles $100 to $100,000

Send for FREE 92-PAGE CATALOG.
EMPIRE DIAMOND CORP., Dept. 12
Empire Stone Bldg., New York, N. Y. 10001

NAME
ADDRESS
ZIP

THE TALBOTS


THE TALBOTS, DEPT NL, HINGHAM, MASS 02043

SMILE
Here’s EFFORTS, our 1929 reprint that’s sure to make you smile. This antique brown print measures 11” x 14” and is available for framing. A touch of yesteryear to the bathroom and nursery. A charming gift for a friend.

Send $1 + $.25 ptg. or 3 for $2.50 ppd. Melanie’s Antique Prints, HG8, Box 2245, Youngstown, Ohio 44504

THE TALBOTS

Improved Model...

HAND EMBOSHER
For Personalized Stationery

KRAUS Originals
"like wearing gloves on your feet"

$9.95

POSTAMATIC CO.

Smile

Hand-knotted in Portugal, it’s machine-washable rugged acrylic in off-white. Weather-resistant to be used outdoors or in the house. 46” L. Holds pot (not included). 7-10” dia. $9.98 plus 50c post. Lilly’s Garden, Dept. G8E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

MINIATURE LIBERTY BELL
Beautifully detailed pewter miniature of the original Philadelphia bell which had been cast in London in 1752. 3” copy is complete with yoke and supporting framework. A bit of history for every American home. $19.95 ppd. Art Guild Ent., HGB, P.O. Box 23201, Minneapolis, MN 55423.

AT YOUR SERVICE
Placemats are always flat and ready when you keep them in a press. Strong board folder in pastel floral, ribbon tie, 20” x 14” x 2”. Holds 24. For mats, $6.95 plus 75c post.; for napkins, $3.95 plus 50c post.; both $11.95 ppd. Elizabeth McCaffrey, HGB, Northport, NY 11768.

LUNCH LURE
Whatever you pack gains extra interest when it’s carried in a football-shaped lunch pail. Plastic, in “pigskin” brown with a compartmentsal interior and snap closure. Weighs 9 ozs. Great for game outings. $4.49 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

REEL-Y HANDY
This very practical key holder does away with fumbling and losing. Reel clips inside purse; unreels keys, automatically re-winds into case. Clip to your bag, pocket or belt. $2.98 plus 20c post. Order from Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

EARLY AMERICAN
SHOPPING AROUND

TENNIS FASHIONS
Amusing pillows show attire of chic players circa 1900. Flip colorful pillow over, get rear view of player. Predominately red and green. Specify man, woman. 19" by 25". Cotton. Three weeks delivery. $13; two $25. Add $1.75 post, eclat, HG8, Box 207, Scarsdale, NY 10583.

CEILING FAN

GRACEFUL COMFORT
Kiln-dried in mahogany or maple color shaped back and carving, goose neck arms, wire spring seat. Gimp trim on covering. 23" w. by 32" d. by 40" h. In tapestry $110; or send 2 yd. 54" fabric $99. Exp. coll. Catalogue $1. Ephraim Marsh, Dept. 329, Box 266, Concord, NC 28025.

SPANISH TREASURES
"Las Palomas" depicts two love doves in cameo embossing on a dainty thimble that's lavishly "grabado" decorated #3061. A chubby little cherub graces the cute "Angelica" thimble #3060. Both are brass. Each $2.98; two $5.85. Ppd. The Sewing Corner, HG8E, Whitestone, NY 11357.

NET EFFECT
Sweaters dry in a breeze on a fabulous frame that lets air circulate through fine net. 24" x 24", reinforced corners fit over metal frame that's hinged to fold flat. Ideal for stockings. $4.98 plus 50c post. Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

GOULIMINE PENDANT
Silvery filigree from Morocco is fashioned into an exquisite pendant with a deep green enamel center. Chain, 25" long; pendant 2 1/2" l. Lovely with fall costumes. $4.75 ppd. Shopping International, Inc., 945 Shopping International Bldg., Norwich, VT 05055.

PATRIOTIC TOUCH
Decorative address labels for use in a bicentennial season. Design is printed in red, with your name and address in blue on white. Self-adhesive. 1 1/4" by 1/2". Prices for flag or bell design (all alike): 225 $4; 450 $6; 1000 (alike) $12. Ppd. Bruce Bolind, HG8, Boulder, CO 80302.

GUST, 1975
**Folding Extension Mirror**
- 7086—Extension Mirror $12.98

**LILIAN VERNON**
Distr. 535, 336 E. Fulton Ave.
Mt. Vernon, N.Y. 10550

**trennswear by loretta inc.**

**BLOW YOURSELF UP**

**Photo Poster Inc.**

**VICTORIAN WALL SHELF**

IN B&W OR COLOR

- Full color posters from any color photo or slide. A great gift, or pag, or room decoration.

- $7.50

**HOUSE & GARMENT**

**SHOPIG AROUND**

**SHELL LITHOGRAPHS**

Four stunningly detailed lithographs by artist Burk Sauls are printed in brown ink on ecru textured paper. Each is eight inches by ten inches and ready to frame. Handcicome to hang as a group or singly. $7 a set. Pp. Catalogue.

**AUTHENTIC COPY**

Old-time way to pare, core and slice apples. Cast-iron parts like original of 100 years ago. Adjust to apple size, cutting head follows contours. Overall length 9 1/4". Full instructions $12.95 plus $1.55 post. Artisan Galleries, HGB, 2100 No. Haskell Ave., Dallas, TX 75204.

**NAVADO BEAUTY**

Bold Indian symbols reproduced. Woven of cotton yarns. Earth tones on ivory. 3" by 5", $34.95; 4" by 6", $49.95; 6" by 9", $89.95; 9" by 12", $169.95; 11" runner, $24.95; 11 1/2", $45.95. Pp. Catalogue. $1. Peerless Importers Rugs, GEB5, 3028 N. Lincoln Ave., Chicago, IL 60657.

**KEYS IN STITCHES**

Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing designs on 2" by 3 1/2" key tags. Stitch initials on the back. Includes canvas, Paterna Persian wool, design chart, needle, chain. $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

**ADJUSTABLE**


**SPORTS IN THE SUN**

Adjustable green plastic visor permits sports enthusiasts who must wear glasses to see everything clearly no matter how bright the sun. Visor eliminates glare and is easy on the eyes. $2.98 plus 25c post. Anthony Enterprises, HGB, 595 Market St., San Francisco, CA 94105.

**ROCKWELL’S SANTA**

Artist Norman Rockwell, creator of covers for the Saturday Evening Post, puts Santa on a 1975 First Limited Edition Christmas ornament 3 1/4" dia. Boxed. One, $3.50; two, $6.75; three, $10. Add 50c post. Edd the Florist, Inc., Collector’s Div., HGB, 2N 23 C. Court, Ottumwa, IA 52501.
SHOPPING AROUND

STUFFED PET KITS
Delightful pair for machine or hand sewing. All fabrics, felt, embroidery floss, patterns and detailed directions. Gingham dog 24" h. $6.95; calico cat 18" h. $6.95; both $12.95. Add 50c post. Llewelyn Variety House, HG8, 1521 Gumbar St., Marion Oaks, Ocala, FL 32670.

GLEAMING CRYSTAL

MODERN CLASSICS
Butcher block table on chrome pedestal, tubular chrome chair, cane seat, back in natural, black or walnut finished wood. Table, 36" dia., $186.50; 42", $230; 48", $264.50; 54", $370. Side chair, $55; arm, $65. Exp. coll. J & D Brauner, Inc., HG8, 1331 N. Michigan, Chicago, IL 60605.

SHOULDER CHIC
Printed fabric and leather-like material combine to create a high-fashion shoulder bag 11" by 10" by 4". Two outside pockets plus roomy interior. Natural and brown for every wardrobe. S7.75 plus 80c post. Decor & Gifts Galore, Dept. 382, 140 Monument, Barrington, IL 60010.

ETERNAL LINK
Bride and groom's coats of arms, linked by helmet and mantle, hand-engraved on a wedding band of 14k gold. 10mm wide. Send drawings for both names or request coat-of-arms research. $155 ppd. Free color catalogue. Heraldica Imports, HG8, 21 W. 46th St., New York, NY 10036.

SWEDISH DESIGN
Handwoven look in easy-care tablecloth of heavy flannel-back vinyl. White with blue, red, gold, brown or green. 52" by 52" $5.95; 52" by 70" $7.95; 60" by 90" $11.95; 60" by 108" $13.95; and 70" round $11.95. Ppd. Jennifer House, HG8, Great Barrington, MA 01230.

SAFE SWIMMING
Swimmies are patented vinyl tubes that help position the swimmer and eliminate a child's fear of the water. Two valves and two compartments inflatable by mouth. An aid to the handicapped, too. $4.95 a pair ppd. D & H Co., Inc., Dept. H, King Ridge Rd., New London, NH 03257.

JULY, 1975
If tweezing your brows and applying eye makeup makes you frantic...

Fret no more!!!

A noted eye doctor was approached by a woman who complained that without her glasses she can't see what she is doing, and with her glasses she can't do what she is seeing. Knowing that no available magnifying mirror can give a strong image without distortion, the doctor hand-ground prescription lenses and silvered them to provide a distortion-free focusing mirror. Our optically perfect “Magic Focus” standing mirror has a flexible, brass, “goose-neck” arm for hands-free grooming. White frame and base blend with every decor. To tuck in your purse for quick touch-ups, order our lovely white & gold compact (not shown). It’s double-faced, with plain and Magic Focus mirrors. With either model, you’ll see clearly and sharply WITHOUT YOUR GLASSES regardless of your prescription or need for bifocals. A necessity for contact lens wearers. Cost of 4” diameter standing Mirror is $14.95 plus $1.50 postage. Compact is $5.00. 2 for $9.50. Add $1.25 postage. You'll be amazed with the results. Satisfaction guaranteed.

THE WAY TO GO

Contemporary stairs, up-to-date way to save on space, assure architectural grace. Come in kit form, easy to assemble. Indoor-outdoor quality crafted models include spiral designs and stringer stairs that combine the strength of steel, warmth of wood. Stringers priced from $139. Custom designs available. Write for free catalogue.

Mylen Industries, HG8, 650 Washington St., Peekskill, NY 10566.

THE PEWTER LOOK

Hand-printed batik in darling designs for the little ones. Choice of locomotive, flowers and bugs available with any name. Cotton in pink, blue, red or green. Toddler and children’s sizes six months to 12. $8.95 plus $1.25 post. The Amfulula Tree, HG8, 223 Katonah Ave., Katonah, NY 10536.

HARLEQUINS

Witty design stamped on canvas to be worked in long-stitch. Soya wool in blues, turquoise, yellow magenta, greens and orange. Blue fabric-covered mounting frame 16¼” by 19¼”. Complete with seven bells for caps. #5100 $35.95 plus $1.50 post. Color catalogue $1. Skon, HG8, 55 Lambert Lane, New Rochelle, NY 10804.
EASY CARE

UN FOR ALL

TIMELY BUCKLES

DOUBLE DECKER
Give your plants the light and air they need on a shelf unit that hooks securely on any double-hung window. No installation. Pretty display inside and out. Scrolled brackets support the baked white enamel double-decker shelves gracefully. 22" by 4" $5.98; two $10.98. Add 95¢ post. Ferry House, HG8, Briarcliff Manor, NY 10510.

THAT'S ALL—JUST "ETC."
The message is very vague, but the look is most definite—and the effect really tickles our fancy! Natural wood, carved and richly stained to enhance the grain—stunning accent to a wall grouping, exciting decor on its own. About 11"x8½x5½" 8303 Sign $3.98
Add 50¢ postage & handling, N.Y. residents add taxes
LILLIAN VERNON Dept. G65, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

EMBROIDERY and RYA KITS
Both catalogs for the price of one. Exquisite Swedish Embroidery designs: Award Winning Rya Rug designs: Send $1 for both catalogs. RUG CRAFT 53 Lambert Lane New Rochelle, N.Y. 10804 Dept. HG 8

BETTER FOOD FOR BABY
With the Happy Baby Portable Food Grinder, no more messy jars. Your own fresh vegetables, meat & fruit ground easily & quickly. Developed for doctors—slips into your purse for travel. The ideal baby gift.
$4.95 & $1.25 postage
The Amlaluta Tree Ltd. 223 Katonah Avenue Katonah, New York 10536 NY State Residents Add 5%

INSTALL YOUR OWN SPIRAL STAIRS!
It's fun to put together in less than 2 hours! COMPLETE INSTRUCTIONS INCLUDED NO SPECIAL TOOLS OR SKILLS NEEDED STOCK KITS AVAILABLE FROM $295.00
SEND FOR BROCHURE DESIGN SERVICES AVAILABLE
Mylen INDUSTRIES 555 WASHINGTON STREET PEEKSKILL, N.Y. 10566 212-LU 5-6767 518-319-4430
SHOPPING AROUND

RELAXATION TIME

SUMMER THONGS
Vinyl, half sizes S-10. With heel, black, white, gold, silver; also hot pink, green, navy, lt. blue, yellow with white, $18.95; without heel, black, white, red, navy, hot pink, orange, lt. blue, yellow, green, $6.95. Post $1, extra prn. 50c ea. Trudy Gary, HG8, 81 Main St., Westport, CT 06880.

WORDS
"If you can keep your head when all about you are losing theirs" begins Rudyard Kipling’s poem, "If." The four verse poem, printed in gold letters on a honey-toned wood plaque 8" by 11", $2.98 plus 35c post. Cadlyn’s, HG8, 2077 New York Ave., Huntington Sta., NY 11746.

OUR PRESIDENTS
New U.S. coin spoons for collectors. Silverplated. Die sunk, bas relief, replicas of obverse side of Lincoln 1c, Jefferson 5c, Roosevelt 10c, Washington 25c, JFK 50c, Eisenhower $1. 4 3/4" long. $2.95 each; 6 in set $16.95. Pod. Art Guild, HG8, Box 25201, Minneapolis, MN 55423.

GOOD LOOK
Mirror clings anywhere by three suction cups, flips from plain to magnifying, Unbreakable, 4 1/2". Chrome-plated arm extends from 5 1/2" to 26 1/4". Plastic base. Must for travel. Swiss made. $12.98 plus 50c post. Lillian Vernon, GBE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

NON-SKID PROTECTION
Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus $3.95 post. Antelope Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

ENTRY LIGHT
Wrought iron lamp handmade by Mexican craftsmen. Inserts of amber glass. 18" h., extends 12" from wall, weights 12 lbs. Available in post and hanging styles. $29.95; two $50. Add $3.95 post each. Catalogue is free. Mexico House, HG8, Box 970, Del Mar, CA 92014.

ADJUSTABLE HI-LO TABLE
Add an intriguing addition to your home! The height can vary from 18" to 29" making it a Cocktail, Dining or Game Table. The top is 40" in diameter and is made of simulated leather Formica in a slate grey tone (impervious to spills). Base is pecan.

Prices: $177.95
Shipping charges collect. No C.O.O. Bryan Robeson
Dept. M-139

GOOD LOOK
Mirror anywhere by three suction cups, flips from plain to magnifying, Unbreakable, 4 1/2". Chrome-plated arm extends from 5 1/2" to 26 1/4". Plastic base. Must for travel. Swiss made. $12.98 plus 50c post. Lillian Vernon, GBE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

NON-SKID PROTECTION
Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus $3.95 post. Antelope Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

ENTRY LIGHT
Wrought iron lamp handmade by Mexican craftsmen. Inserts of amber glass. 18" h., extends 12" from wall, weighs 12 lbs. Available in post and hanging styles. $29.95; two $50. Add $3.95 post each. Catalogue is free. Mexico House, HG8, Box 970, Del Mar, CA 92014.

GOOD LOOK
Mirror anywhere by three suction cups, flips from plain to magnifying, Unbreakable, 4 1/2". Chrome-plated arm extends from 5 1/2" to 26 1/4". Plastic base. Must for travel. Swiss made. $12.98 plus 50c post. Lillian Vernon, GBE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

NON-SKID PROTECTION
Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus $3.95 post. Antelope Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

ENTRY LIGHT
Wrought iron lamp handmade by Mexican craftsmen. Inserts of amber glass. 18" h., extends 12" from wall, weighs 12 lbs. Available in post and hanging styles. $29.95; two $50. Add $3.95 post each. Catalogue is free. Mexico House, HG8, Box 970, Del Mar, CA 92014.

GOOD LOOK
Mirror anywhere by three suction cups, flips from plain to magnifying, Unbreakable, 4 1/2". Chrome-plated arm extends from 5 1/2" to 26 1/4". Plastic base. Must for travel. Swiss made. $12.98 plus 50c post. Lillian Vernon, GBE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

NON-SKID PROTECTION
Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus $3.95 post. Antelope Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

ENTRY LIGHT
Wrought iron lamp handmade by Mexican craftsmen. Inserts of amber glass. 18" h., extends 12" from wall, weighs 12 lbs. Available in post and hanging styles. $29.95; two $50. Add $3.95 post each. Catalogue is free. Mexico House, HG8, Box 970, Del Mar, CA 92014.
NO MORE WET HAIR

Keep hair dry while bathing or swimming. Absorbent Dry Band protects against moisture. Keeps hair-do safe, dry. Easy to use — you can use for all ages. Simply wrap poly-foam band around head to cover hairline. Wear under shower or bathing caps. Adjustable.

DRY BAND $3.98 + 20c Mailing
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises Dept. HG-85
585 Market St., San Francisco, Calif. 94105

ARE YOU A RECIPE CLIPPER?

Do you love to clip recipes from newspapers or magazines — and then have no place to put them? We have the answer! Our pretty Recipe Book has clinging, transparent cover sheets. Just cut or tear out recipes, and slip them under the magic-grip sheets. No glue or tape needed! Pages measure 11/4" and have 20 sides to store recipes for quick, easy reference. $3.50 each; 2 for $6.50. Please add 50c postage.

FERRY HOUSE Dept. GB 875
Briarcliff Manor, N.Y. 10510

Hawaiian "Good Luck"

Guaranteed to grow!

The native Hawaiians believe the Ti Plant has a mystical voodoo power. The leaves were worn to dispel evil. It is planted to bring GOOD LUCK, LONG LIFE and LASTING LOVE. The Ti Plant has been used for medicine, candy, food, alcoholic drinks, and the sexy Hula Skirt.

The Ti Plant grows out of a log — so fast that you can almost see it grow! All you do is put the Ti log in water and watch it grow! When it sprouts, put it in a pot. The bigger the pot, the bigger it will grow... from one to six feet tall. You can have the size you want. Grow it in sun or shade — it blossoms! The Hawaiian Ti Plant makes an ideal gift. Send good luck to your friends and loved ones.

Choice of red or green leaves; guaranteed to grow or free replacement!

ONE FOR $100 3 FOR $2.50
Please add twenty-five cents for postage and handling.
CLEANS SILVER FAST
Magic Silver Leaf goes in the dishpan, or sink, and safely cleans silver as you wash dishes. No rubbing, no boiling. Keeps silver shining bright and tarnish-free. Safe for finest silverplate and sterling. Odorless and non-toxic. Lasts a lifetime, never wears out.

SILVER LEAF . . . . $3.98 + 25¢ Mailing Each
No COD's or Billing
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-85
585 Market St., San Francisco, Calif. 94105

SHOPPING AROUND

SAUNA SLIM SUIT
POUNDS & INCHES MELTED AWAY
RETAINS BODY HEAT
EXCESS BODY MOISTURE SAFELY RELEASED.
gas, perspiration, sweat, excretions, etc.
exercise, housework, etc.
Durable, lightweight, rubberized material.
For men and women.
Satisfaction guaranteed.

ST-R-ETCH TO FIT
Apply liquid leather stretch to tight-fitting shoes and it makes even suede and patent conform to the foot as you walk. Simple to apply and relief is almost instantaneous. $1.98 plus 25¢ postage. Order from Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

WHISTLE CLEAN
Tile Brite is a liquid that melts away stains, soap and detergent residue like magic. Sponge it on, wait 10 minutes and rinse it off kitchen or bathroom tile leaving it bright and sparkling as well as mildew-free. 16 oz., $3.95 plus 85¢ post. Crown Products, HG85, Box 8337, Mobile, AL 36608.
The most comprehensive fall/winter gardening guide we've ever published. Forty-eight big colorful pages of new and interesting sections and products. Just about everything a home gardener would need or want for year-round gardening pleasure.

800 bulbs, trees, shrubs, and plants for both indoors and outdoors—harvest and garden aids—planters—and dozens of helpful hints and ideas from our horticulture experts.

Plus a new section of attractive and useful gifts, specially chosen by us with home gardeners in mind.

Send for your free copy of the big new Burpee Garden Catalog now. It is packed with useful information, ideas and products that will add to your enjoyment of gardening all year long.

W. ATLEE BURPEE COMPANY
1425A Burpee Bldg., Warminster, PA 18974 or Clinton, IA 52732, or Riverside, CA 92502. (Please mail to nearest address.)
Please send FREE copy of Burpee's 1975 Fall/Winter Garden Catalog to:
Name _____________________________________________
Address ____________________________________________
City ______ State ______ Zip ____________________________

From $88.95. Grow super vegetables and flowers—we show you how! All bolted fiberglass and redwood construction with custom features that every gardener wants. Write today for FREE brochure with Budget Plans and all accessories. MCGREGOR GREENHOUSES, Box 36-8D, Santa Cruz, California 95063. (408) 476-5390.

COUNTRY CURTAINS
PERMANENT PRESS WITH BALL FRINGE

NATURAL OR WHITE

| TIEBACK          | 45"  | 54"  | 63"  | 8.50 pr.
|------------------|------|------|------|----------
| 72"  | 81"  | 90"  | 10.50 pr. |

| TIERS            | 20"  | 25"  | 6.00 pr. |
|------------------|------|------|----------
| 30"  | 36"  | 40"  | 6.50 pr. |
| (All pairs 90" wide) |

<table>
<thead>
<tr>
<th>VALANCE</th>
<th>10&quot;  x  80&quot;</th>
<th>2.75 ea.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Send for Free Catalog</td>
</tr>
</tbody>
</table>

The same Country Curtains–New England housewives—have loved for years now come in care-free permanent press. This blend of cotton and polyester is a joy to launder!

If you are ordering please specify natural or white. Please enclose check, money order, or credit card number, name on card, expiration date, amount, and any special instructions. Packages over $10 add $1.00, over $25 add $2.50. Send for free brochure showing other curtain styles, bed ensembles and tablecloths. Satisfaction guaranteed.

COUNTRY CURTAINS
Atta Rubens
Dept 290, Stockbridge, Massachusetts 01262
**ELIMINATES RABBIT EARS**

Secret Power Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Uses no current. For AM/FM, UHF/VHF, Black & White or Color sets.

**POWER PLUG TV ANTENNA $7.98 + 45c Mailing Each**

California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

**Anthony Enterprises**

585 Market St., San Francisco, Calif. 94105

---

**GOLDEN OPPORTUNITY** to stock up on a supply of elegant name and address labels. The set includes 250 black on gold 11/2″ x 1/2″ script initial address labels and 125 matching gold initial 1x1″ envelope seals. [To 60 letters per line, 4 lines.] We use them to personalize everything—stationery, checks, to identify books. Packed in 2x3″ plastic box, $3.50 ppa, via air add 52¢. Bruce Boland, 28 Boland Blvd., Boulder, Colo. 80302. Thank you kindly!

---

**POWER PLUG TV ANTENNA**

**SHOPPING AROUND**

**TERRIFIC TRANSISTOR**

Solid-state AM radio slips in a pocket or sits on a night table. It even may be worn on the wrist. 4″ diameter. Perfect going to college or school send-off gift, $14.95; two, $28; three, $39. Add 50¢ post for each. Renee L. Collins, H6B, 15 Chester St., Cambridge, MA 02140.

**BIRTHDAY SPECIAL**

Extra! Extra! Read all about it—in a special edition (front page only) of the New York Herald Tribune. See what the rest of the world was doing on the day you were born. Specify any date from 1/1/1900 to 4/1/66. $2.25 ppd. Holiday Gifts, Dept. 396-G, Wheat Ridge, CO 80033.

**MASSAGE SET**

Trimmer belt and glove to use while taking a shower or just relaxing. Aids circulation and sore muscles. Made in Germany of Hostalen strip and Helanca nylon. Frizzi Masseur set in a plastic carrying bag $6.95 plus 50¢ post. Oni-Import, H68, Box 306, Seal Beach, CA 90740.

**HERE’S GLENDA**

Corns in navy, black, beige, white, grey/black/white, ombre blue, ombre beige, deep-multi and multi-pastel kid. 1¾″ wedge: AAA-E-E, sizes 2½ to 10, $27.95; 10½-12, $28.95. Add $5.60, 6.50 each, addl pair. Free catalogue. Solby Bayes, H68, 45 Winter St., Boston, MA 02108.

**FAMILY JEWELS**

Beautiful birthstone rings are crafted in 14k yellow gold, 3 to 7 stones. For grandparents, parents and children. (Top) four stones $56; (center) three stones $35; (bottom) three stones $49. Ppd. Free catalogue. The Strongite Co., H68, 47th St., NY 10036.

**SEASHELLS ALFRESCO**

Imagine a cooling salad and icy drink served at a table overlooking the blue sea. Salad plates and mugs are white porcelain with sea green or brown shell motif. Set of 4 mugs, $16; 7½″ plates, $16 plus $2.25 post each set. Elizabeth McCaffrey, H68, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

**HELPING HAND**

Highly polished clear lucite fingers to hold all your rings, bracelets, watches and things, with a decorative flair right on top. Comes in navy, black, beige, ombre blue, ombre beige, deep-multi and multi-pastel kid. 1¾″ wedge: AAA-E-E, sizes 2½ to 10, $35; (center) three stones, $27.95; (bottom) three stones $35. Ppd. Free catalogue. AAA-A, sizes 2½ to 10, $27.95; 10½-12, $28.95. Add $5.60, 6.50 each, addl pair. Free catalogue. Solby Bayes, H68, 45 Winter St., Boston, MA 02108.

---

**ORGANIZE YOUR**

Papers, Catalogs, Magazines, Tax Records, Journals, Manuals, Reports and Directories. Stop Paper Clutter - tidi-files

**Jeffers ltd.**

**BENTWOOD ROCKER**


**RED, BLACK, OR WHITE FINISH $8.95**

**GENADA IMPORTS**

Dept. AP

P.O. Box 2818, Farmingdale, N.J. 07026

**HELPING HAND**

Highly polished clear lucite fingers to hold all your rings, bracelets, watches and things, with a decorative flair right on top. Comes in navy, black, beige, ombre blue, ombre beige, deep-multi and multi-pastel kid. 1¾″ wedge: AAA-E-E, sizes 2½ to 10, $35; (center) three stones, $27.95; (bottom) three stones $35. Ppd. Free catalogue. AAA-A, sizes 2½ to 10, $27.95; 10½-12, $28.95. Add $5.60, 6.50 each, addl pair. Free catalogue. Solby Bayes, H68, 45 Winter St., Boston, MA 02108.

---

**HOUSE & GARDEN**

**SHOPPING AROUND**

**TERRIFIC TRANSISTOR**

Solid-state AM radio slips in a pocket or sits on a night table. It even may be worn on the wrist. 4″ diameter. Perfect going to college or school send-off gift, $14.95; two, $28; three, $39. Add 50¢ post for each. Renee L. Collins, H68, 15 Chester St., Cambridge, MA 02140.

**BIRTHDAY SPECIAL**

Extra! Extra! Read all about it—in a special edition (front page only) of the New York Herald Tribune. See what the rest of the world was doing on the day you were born. Specify any date from 1/1/1900 to 4/1/66. $2.25 ppd. Holiday Gifts, Dept. 396-G, Wheat Ridge, CO 80033.

**MASSAGE SET**

Trimmer belt and glove to use while taking a shower or just relaxing. Aids circulation and sore muscles. Made in Germany of Hostalen strip and Helanca nylon. Frizzi Masseur set in a plastic carrying bag $6.95 plus 50¢ post. Oni-Import, H68, Box 306, Seal Beach, CA 90740.

**HERE’S GLENDA**

Corns in navy, black, beige, white, grey/black/white, ombre blue, ombre beige, deep-multi and multi-pastel kid. 1¾″ wedge: AAA-E-E, sizes 2½ to 10, $27.95; 10½-12, $28.95. Add $5.60, 6.50 each, addl pair. Free catalogue. Solby Bayes, H68, 45 Winter St., Boston, MA 02108.

**FAMILY JEWELS**

Beautiful birthstone rings are crafted in 14k yellow gold, 3 to 7 stones. For grandparents, parents and children. (Top) four stones $56; (center) three stones $35; (bottom) three stones $49. Ppd. Free catalogue. The Strongite Co., H68, 47th St., NY 10036.

**SEASHELLS ALFRESCO**

Imagine a cooling salad and icy drink served at a table overlooking the blue sea. Salad plates and mugs are white porcelain with sea green or brown shell motif. Set of 4 mugs, $16; 7½″ plates, $16 plus $2.25 post each set. Elizabeth McCaffrey, H68, 510 So. Fulton Ave., Mt. Vernon, NY 10550.
CHICK MATE
Beautifully made calico print handbag, perfect to pair with all your blue jeans. With contrasting lining. In red and navy or navy and red. Measures 17” head to tail. Also available in charcoal and red felt. $16 ppd. Designers Library, Dept. HG85, Box 32, Salisbury, CT 06068.

KEYS KEEPER
No need to go hunting for your elusive keys when you capture them on a large  old-fashioned laundry pin of solid brass. 1/4” L with strong ring attached. Hooks on belt or purse strap. $2.95 plus 40c post. Plan-it Kit, Inc., HG8, Box 28754.

DECORATING PLANS
Three-dimensional room planning kit. Styrene forms representing over 150 different pieces of furniture scaled 1/2” to a foot. Arrange up to three rooms on graph paper equivalent to 27’ by 27’. $10 ppd. Mailbox-250, HG8, Mars Hill, NC 28754.

SLEEPS AND EATS GOLF?
Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn’t put it up, his “widow” will. 11” by 5 1/2” with lettuce green backing, replica golf ball. $2.98 plus 40c post. Order #132. Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

FAMILY STITCHERY
Family crest individually prepared for each name. Kit contains: full color design on #12 canvas, yarn, instructions, tote bag. Needlepoint size: 11” by 14”. $49.95; plus $1 post. Write for free catalogue. The Rainaud Family, HG8, Wilmington, VT 05363.

CONTAINER SEALER
Dispenser with tape for sealing plastic bags, freezer boxes for meats, vegetables or picnic meals. 4” by 4” by 7/8”. Eliminates twist ties, rubber bands. $3.98 ppd. Refill pack of three tapes, $1 each. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

REPLICA KENTUCKY RIFLE
Only $19.00 Each
Full Catalog Available... Send 25c in stamps or coin.

FOR YOUR MANTLE OR DEN WALL
The Ultimate Early American Accessory
Over 53 Inches Long All Wood and Metal Maple Finish
Absolutely Safe Cannot Be Made to Fire
From: THE MULLER COMPANY
Dept. HG-8, 11 DOODWOOD HOLLOW LANE MILLER PLACE, NEW YORK 11764
Shipped Postpaid in Continental U.S.A.

SHOPPING AROUND
now you can share the
"LOOK FOREVER YOUNG"
secrets of the stars
the Traynor Lift

THE TEMPORARY FACE LIFT — USE A THEATRICAL BEAUTY SECRET ATTACHES IN MINUTES TAKES YEARS OFF YOUR APPEARANCE

ONLY $9.95

A beauty secret that will amaze your friends and delight you when you use it! Created by Mark Traynor, the makeup artist who helps stars keep looking young. It is composed of hidden attachments that slip on easily and are completely undetectable. They tighten your skin gently but firmly to eliminate sagging skin and wrinkles. Crows feet, double chin, wrinkled neck, mouth lines, droopy puffs around eyes - all disappear! Send the Traynor Lift in minutes and take years off your appearance.

Contempo, Dept. HG-11
1701 Highway 35
Neptune, N.J. 07753

J&D BRAUNER
THE BUTCHER BLOCK

J & D BRAUNER/THE BUTCHER BLOCK
New York: 258 Bowery, N.Y., N.Y. 10012

ON SALE
Priscilla Telephones
While they last only $9.95

We've just made a buy on Original Princess-style telephones. These are factory rebuilt with standard cord and plug and ready for instant use. Available in white, beige, pink, blue and turquoise. While they last they are a good buy for that extra phone.

GRAND COM INC. Dept. HG8-5
324-5th Ave., N.Y. 10001

If a buzzer is needed add $10.00

Send $1 for our new 52-page catalog featuring the largest selection of Butcher Block furniture in the United States.

BEFORE

AFTER

ATTACHES IN

FACE LIFT - USE A THEATRICAL BEAUTY SECRET

DISAPPEAR!

YOUR APPEARANCE

TABLE WITH DRAWER

COUNTRY KITCHEN

Send $1 for our new 52-page catalog featuring the largest selection of Butcher Block furniture in the United States.

50c PP & Hdlg., on a satisfaction guaranteed or money back basis. SPECIAL: 2 sets K0667T @ $13.50 plus 70c PP & Hdlg.

In envelope payment of $7

NAME

ADDRESS

CITY

STATE

ZIP

□ Please send me... K0667 Traynor Face Lift(s) @ $6.95 plus 50c PP & Hdlg., on a satisfaction guaranteed or money back basis. SPECIAL: 2 sets K0667T @ $13.50 plus 70c PP & Hdlg.

Mark Traynor, the makeup artist has your appearance.

YOUR APPEARANCE TAKES YEARS OFF

ATTACHES IN

FACE LIFT - USE A THEATRICAL BEAUTY SECRET

DISAPPEAR!

YOUR APPEARANCE

TABLE WITH DRAWER

COUNTRY KITCHEN
**ORIENTAL and NAVAJO RUGS**

Add that special touch of beauty to your home with a new Peerless Imported Rug. These lovely Oriental and Navajo reproductions are perfect with any decor, for floor or wall.

**Send $1.00 for our New Color Catalog**
Wide range of styles, sizes, and prices

**PEERLESS IMPORTED RUGS**

3028 S. Lincoln Ave. • Chicago, IL 60657
Dept. HG-85
(312) 672-4848

**SHOPPING AROUND**

**NOSEGAY SET**
Natural stoneware 1" thimbles floral decorated, act as pots for tiny velvety bouquets. To display on replica of trestled cord-buffet table 7" by 2½" by 3". Thimble trio $5.50, table $3; all four pcs. $7.98. Ppd. Thirty-Four Department House, Dept. HGN, Brian- cliff Manor, NY 10510.

**BLISS FOR FEET**
Walk on the cloud-soft, plant cradling of genuine deerskin, with almost an inch of cushion comfort. Available in white, fawn tan or olive gray. AAAA 6½-12; AA 6-12; B, D, EE 4-12. $22.99 ppd. Free color catalogue. Hill Brothers, Dept. 936, 241 Crescent St., Waltham, MA 02154.

**ART COLLECTION**
Catalogue illustrates more than 200 art prints of masterpieces by the great artists in four popular sizes. Includes: reproductions on canvas, reproductions in black and white, original paintings, and reproductions and prints of old masters. Includes: reproductions on canvas, reproductions in black and white, original paintings, and reproductions and prints of old masters. Includes: reproductions on canvas, reproductions in black and white, original paintings, and reproductions and prints of old masters. Includes: reproductions on canvas, reproductions in black and white, original paintings, and reproductions and prints of old masters.

**BEAT THE HEAT**

**ANYONE FOR TENNIS?**
Natural canvas racquet bag with roomy pocket for racket and a pouch for balls. Tennis shoes and towel is every tennis buff’s delight. 13" by 16" with neat blue lettering. $8.50 ppd. Marjorie Lynn, HG8SE, Box 1424, New Springville Sta., Staten Island, NY 10314.

**LP REFRESHMENT**
File your LP’s in leather-like library storage case that holds 20 records. 23k gold tooling trim on brown or blue. With convenient center divider to aid in separating by style, composer or artist. $7.95 each ppd. Art Guild, HG6, Box 23201, Minneapolis, MN 55423.

**ORGANIZING CASH FLOW**
What could be more important than being in control of one’s financial situation? Money management kit organized step by step with instructions. Plans savings and spending with illustrations $10 ppd. Vanguard Distributing Co., Dept. 75, 5555 E. Parque, Las Vegas, NV 89102.

**WATER THIRSTY PLANTS WHILE ON A TRIP**
Planning a trip but worried about your thirsty plants? Amazing wicks feed just right amount of water up to 8 weeks. Can be used all year around with all plants. Will not rot or mildew.

**SET OF 4 PLANT NURSEMAIDS . . . . . . . $2.98 + 20c Mailing Each Set.**

**SET OF 2 EXTRA LONG PLANT NURSEMAIDS FOR LARGE PLANTS . . . . . . . . . . . $2.98 + 20c Mailing Each Set.**

No COD’s or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed Or Your Money Back

Anthony Enterprises Dept. HG-85
585 Market St., San Francisco, Calif. 94105
SHOPTING AROUND

COZY QUILT

DESIGNER CHOICE
Distinct window treatment at manufacturer-to-you discounts. Select from exclusive Susanne Saint Dufrie collection and be assured custom workmanship in easy-made or made-to-order draperies. Write for free portfolio. Satin & Sheer Designs, HG8, 303 11th Ave., New York, NY 10016.

STRAW VOTE
A wicker basket, needlepoint monogram. Kit includes 10½" x 8" x 5½" basket, wool, instructions, canvas, monogram chart, velve ribbon in rose, blue, red, black, green or gold. Opion has: $4.95; lidded: $6.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

COASTER SET
Wise way to hold party glasses of any size. Big owl coasters crafted of hardwood are inset with cork-lined wells having a feather-like design. Good-looking, practical. An ideal hostess gift. Four with stand $6.95 plus 75c postage. Concho, HG8, 416 Main St., Port Washington, NY 11050.

ELEGANT CHINA

INTERNATIONAL DESIGNER CHOICE
(Exclusive to the family again and "pulls" and "slumps" with your pants pattern, any style. No more "pulls" and "slumps" with adjustable Hi-Low T.V. Pole Stand. Takes an "X" amount, up to 14" front to rear, when viewed at the level and position. Hi position is ideal for playroom and nursery. Add $1.00 mail for each additional; also add your own slogan or special message. Made in USA.

GET RID OF UNWANTED HAIR
Amazing Lemos Permagon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

LEMOS PERMAGON
$12.98 + 50c Mailing
No COD's or Billing
California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-85
685 Market St., San Francisco, Calif. 94105

SEND ME FREE!
the 10th page Miles Kimball special catalog is yours upon request. Corduroy—some deeply religious, some light-hearted; all are completely factual and guaranteed to expand your originality.

Mail this coupon to Miles Kimball Co.
610 Bond Street, Oshkosh, Wisconsin 54901

Name: ____________________________
Address: _______________________________________
City: ___________________ State: ______ Zip: ______

STUDY AT HOME

INTERIOR DECORATION
For a Satisfying Hobby or Rewarding Career

Famous HOME STUDY course. Individual programs integrated and supervised by trained experts. No classes; 90 lectures in 45 lessons. Illustrated lessons, complete with samples of fabrics, colors, etc. Certificate awarded.

NEW YORK SCHOOL OF INTERIOR DECORATION
155 East 56th St., New York 10022

For Information or Free Booklet: Send for Free Information Booklet

Write for FREE catalog of gifts.

Holiday Gifts Dept. 308-A
WHEAT RIDGE, COLORADO 80033

UNIQUE GIFT
Be original — give "LOVEABLES" Custom full color, watercolor art from an original animal alphabet. Ideal for new babies, weddings, birthdays, house warmings, anniversaries — you name it! 9" x 12" matted in yellow, blue, pink, green, orange or red. Up to 8 letters only $4.95 each. Additional letters 50c each and size increases to 14" x 18" matted. You can also add your own slogan or special message. 14" x 18" complete alphabet available at $10.95 matted. Specify capitals or small letters. Postage and handling $1.00 up to 3 pieces to the same address. Orders shipped within 72 hours of receipt. Send check or money order to:

LAURA'S LOVEABLES
Dept. 675, P.O. Box 7041
Las Vegas, Nevada 89101

Printed in U.S.A. 1975
STAINLESS STEEL PLANTERS

6 inch cube $10.75
8 inch cube $13.75
10 inch cube $16.75
or set of 3 only $31.05
plus $1.00 handling per order also available

Beautiful BUTTERFLY AREA RUG will add a lovely light-hearted look to bedroom, porch. Natural, thick sisal fibre, handmade in Dominica, approx. 35” wide x 23” deep, $17.95 pd. 

STARR, 5 Winter Street (Dept. GR) Boston, Mass. 02108

Perfect Partner
Canvas shoulder bag for casual clothes. Zippered closure and inner zipper envelope. 12” b. 8½" h. Monogram (underline last initial) in contrasting leather. Navy, red, brown, bone or sand. $17 plus $1.50 post Catalogue free. The Talbots Dept. HQ, Hingham, MA 02043

STAINED GLASS
For Immediate Delivery

Stained glass plaque to hide your valuables. Two locks, loud siren whistle if three-pound steel vault is tampered with. $39.95 plus $2 post. Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

SLIMMER TRIMMER
Waist slimming rubberized fabric belt can be worn at work or play to melt away pounds and inches. Lightweight and comfortable for men and women. Specify waist measurement. $7.95 plus 40c post. S & S Enterprises, HG2, 9631 Zion Circle, Huntington Beach, CA 92646.

Down Comforts
Beautifully RE-COVERED

...in exquisite down-proof satins, taffetas, velvets, corduroys and OLES... Weatherproofed, too, and OLD FEATHERBEDS converted into cloud-soft, feather-down, heirloom comforts by ALDEN secret process. ABSOLUTE SATISFACTION GUARANTEED if our workmanship is not to your liking. Write for descriptive folder in exchange for a $1.00 registration fee.

ALDEN COMFORT MILLS, HG2, 9631 Zion Circle, Huntington Beach, CA 92646.

House & Garden

110
COPPER CHARMS
Encircle your wrist with a French accent fitted with brass and built to plug in for instant use. An Old World beauty for the most elegant decor in any room of the country villa or town apartment. $69.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG8, 324 Fifth Ave., NY 10001.

FRENCH CRADLE
Ivory telephone with a French accent fitted with brass and built to plug in for instant use. An Old World beauty for the most elegant decor in any room of the country villa or town apartment. $69.95 plus $2 post. Catalogue, 50c. Grand Com Inc., HG8, 324 Fifth Ave., NY 10001.

GIANT SMILE
A variety of poster sizes, from any color or black and white. 3'; $3. Add 50c post. ea. Blow Yourself Up Co., HG8, 563 Fifth Ave., Dept. HG85SH, 811 Wyan-der, Kansas City, MO 64105.

STOOP STOPPER
PiPeer shoulder brace; lightweight device puts posture on sure around chest; women below bust. $6.95 plus 75c post. 8" by 10" oak frame, $1.95. Classic Corner, 12th Water St., Bryn Mawr, PA 19010.

NO MORE SNACKING!
Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7½" by 9" design on canvas. Persian wools, needle, backing, magnets, instructions. $5.95 plus 50c post. 8" by 10" oak frame, $1.95. Classic Corner, 12th Water St., Bryn Mawr, PA 19010.

FILING SYSTEM
Have your home freezer always ready to work in needlepoint and findable. $2.89 ppd. All Items catalog subs. $1 free with order.

CLEANS YOUR SHOWER TILE OR WE PAY!
KLEN-TILE SHOWER TILE CLEANER WILL CLEAN AND CONTROL SOAP SCUM, BODY OILS, STAINS, MILDEW, HARD WATER DEPOSITS AND WHITEN GROUTING, A FULL YEAR'S SUPPLY FOR TWO BATHS. MAIL CHECK OR MONEY ORDER FOR $1.95. PLEASE ADD $1.00 FOR TAX AND POSTAGE. 0-11-28
GUARANTEE
(If KLEN-TILE does not clean your shower tile to your complete satisfaction, the full purchase price will be refunded.)

SHOPPING AROUND

COUNTRY CURTAINS
RUFFLES ON UNBLEACHED OR WHITE MUSLIN

Tiers
20", 25" .... $5.00 pr.
30", 36", 40" $5.50 pr.

Tiebacks
45", 54", 63" $7.50 pr.
72", 81", 90" $9.00 pr.

Value
11" x 80" .... 2.50 ea.

For years New England housewives have used our charming Country Curtains in their homes. Practical, long-wearing, these unusually attractive curtains of off-white or sparkling white pure cotton muslin retain their crisp appearance with a minimum of care.

When ordering please specify off-white or white. Please enclose check or money order. Sorry, no COD's. Mass. res. add 5% sales tax. Postage and handling: under $10 add $1; for orders $10 and over add $3.75. Send for new catalogue showing other curtain styles, bed ensembles and tablecloths. Satisfaction guaranteed.

COUNTRY CURTAINS
AT BIG RED LION
Dept. 8, Stockbridge, Massachusetts 01262

"Johnny Appleseed's"

Taralan
Coordinates
Fabulous "Taralan," a machine-washable Orion Acrylic material, is soft, light, luxurious, has felt of fine cashmere. Available in cardigan, dresses, and slacks. All items full fashioned. Color choice: SAND, AVO- CADO, RED CLAY, NAVY. Cardigan, 34-42 $17.00 ppd. Long- sleeved dress, 8-18 $32.00 ppd. Short- sleeved dress, 8-18 $28.00 ppd. Pull-on slacks (dyed to match) 8-18 $20.00 ppd.

Free Catalog
Johnny Appleseed's
Dept. 709, 50 Dodge St., Beverly, Ma. 01915

STANDARD LABORATORIES
P.O. Box 11214
Charlotte, N. C. 28209

BEWITCHING 'COCKTAIL 3RA'
MAGIC SUSPENSION UPLIFT—PERFECTLY BARE BACK

Bathing '393'

TUFF STUFF
It's our new cool a breeze, durable butter fly cover in 100% vinyl-clad nylon. It won't fade, mildew or stretch. Its open weave will give a cool feel in bright sun. Triple stitched; reinforced pockets. Cerise blue, tangerine, papaya yellow, grass green or wheat. $16.95. Tuff canvas covers: 18 oz. welt-weight duck in black, white, lemon, tangerine, olive, navy blue, royal marigold or spring green. $15.95. Pintage: $1.50 for 1st cover. $1 50 ea. add'l. Send check, BA or MC. catalog subs. $1, free with order.
SUNSET TO STITCH

This contemporary stitchery picture is simple to make yet spectacular to see. Its large size makes it the focal point of any room. Kit includes design on 28" x 34" natural burlap, wool and acrylic yarns to embroider the brown trees and fiery orange-red sun, needle and easy-to-follow instructions. Only $11.95 plus 75c postage.

Send 25c for Next 4 issues of Our Full Color Needlecraft Catalog. Many Exclusive Designs.

Send 25c For Next 4 issues of Our Full Color Needlecraft Catalog. Many Exclusive Designs.

The Stitchery Dept. HG308, 204 Worcester Turnpike, Wellesley Hills, Mass. 02181
VISIT OUR RETAIL SHOP

Josephine knot in a 1-ring 3 ply sisal rope wall hanging. 16" x 18" plus 10" fringe. $20.00
Catalogue of other designs available. $2.00 each.

Joan V. White
MACRAME MILL
42 South Leavitt
Burlington, Iowa 52601

POT POURRI OF STITCHES NEEDLEPOINT PILLOW
Happy stitching on this 13½ inch square pillow on #12 interlocking canvas. Yarn, needle, and instruction chart included. Color choice of dark blue, turquoise, yellow, and soft orange with white or bright green, light green, pink, and yellow with white. Yarn included for tassels. $17.50 plus 50c postage. Check or money order only. Please allow 4 weeks for delivery.

WHICHCRAFT? 625 North New Dallas Rd. St. Louis, Mo. 63141

GROUCHO in Needlepoint
Here's a nostalgic needlepoint caricature of the "Grand Master of Comedy" to be worked entirely in black and white. Kit includes stamped design on #13 mono canvas, Persian wool yarn, needle and instructions. Finished size is 7 x 8". Also available are Charlie Chaplin and Marilyn Monroe (both 8 x 8"). $6.95 with post and handling (Mass. residents please add 5% tax). Send 25c for the next 3 issues of our colorful, 16 page Needlework catalog with over 400 fascinating items.

The World of Stitch 'n Knit
Dept. HG-095, Shopping World, Box 709 Framingham, Mass. 01702

POT POURRI OF STITCHES NEEDLEPOINT PILLOW
Happy stitching on this 13½ inch square pillow on #12 interlocking canvas. Yarn, needle, and instruction chart included. Color choice of dark blue, turquoise, yellow, and soft orange with white or bright green, light green, pink, and yellow with white. Yarn included for tassels. $17.50 plus 50c postage. Check or money order only. Please allow 4 weeks for delivery.

WHICHCRAFT? 625 North New Dallas Rd. St. Louis, Mo. 63141

GROUCHO in Needlepoint
Here's a nostalgic needlepoint caricature of the "Grand Master of Comedy" to be worked entirely in black and white. Kit includes stamped design on #13 mono canvas, Persian wool yarn, needle and instructions. Finished size is 7 x 8". Also available are Charlie Chaplin and Marilyn Monroe (both 8 x 8"). $6.95 with post and handling (Mass. residents please add 5% tax). Send 25c for the next 3 issues of our colorful, 16 page Needlework catalog with over 400 fascinating items.

The World of Stitch 'n Knit
Dept. HG-095, Shopping World, Box 709 Framingham, Mass. 01702

PUSSY WILLOWS
Ecru pussy cats play among silver grey, pewter and charcoal pussy willows with golden brown stems on dark brown ground for needlepoint cushion or picture. Worked in floss from full size (12"x12") colored graphs. 18" by 18" canvas allows enlargement of background. Graph, canvas, floss, needle, inst. $37.95 ppd. Decorator Needlepoint, HG8, 30 E. 60th St., New York, NY 10022.


TRAVELING IN STYLE

WHICHCRAFT? 625 North New Dallas Rd. St. Louis, Mo. 63141

GROUCHO in Needlepoint
Here's a nostalgic needlepoint caricature of the "Grand Master of Comedy" to be worked entirely in black and white. Kit includes stamped design on #12 mono canvas, Persian wool yarn, needle and instructions. Finished size is 7 x 8". Also available are Charlie Chaplin and Marilyn Monroe (both 8 x 8"). $6.95 with post and handling (Mass. residents please add 5% tax). Send 25c for the next 3 issues of our colorful, 16 page Needlework catalog with over 400 fascinating items.

The World of Stitch 'n Knit
Dept. HG-095, Shopping World, Box 709 Framingham, Mass. 01702

PUSSY WILLOWS
Ecru pussy cats play among silver grey, pewter and charcoal pussy willows with golden brown stems on dark brown ground for needlepoint cushion or picture. Worked in floss from full size (12"x12") colored graphs. 18" by 18" canvas allows enlargement of background. Graph, canvas, floss, needle, inst. $37.95 ppd. Decorator Needlepoint, HG8, 30 E. 60th St., New York, NY 10022.


TRAVELING IN STYLE
BASKET KIT
Distinctive hexagonal wood planter easy to assemble from kit containing twenty-two pieces of clear pine, 4½" brass finished chain, four S hooks. Finished model is 6½" h. and 7½" dia. May be stained or painted. Holds 6" container (not included). $7.50 ppd. The Green Mountainaire, HG8, R.F.D. 1, Rutland, VT 05701.

SEA FANTASY

CUNNING CREATURE
Crewel stitchery charming as pillow or picture. Brown mouse, yellow corn, green leaves against white ground. Stamped on cotton fabric, 10" by 10". Includes wool and acrylic yarn, embroidery thread, needle, zipper, cording yarn. $5.95 plus 50c post. Color catalogue, picture. Brown mouse, yellow corn, Stamped on cotton fabric, 10" by 10".

THE RIGHT START
Basics of both needlepoint, embroidery in clear text with diagrams and photographs. Includes sections on canvases, fabric backings, needles, yarns, threads, pattern planning and stitches. Also has section on projects. 160 pp. $5.95 plus 30c post. Dodd, Mead & Co., HG8, 79 Madison Ave., New York, NY 10016.

"HUMMEL" Stitchery
Exquisite "Hummel" Stitchery inspired by the enchanting paintings by Sister Berta Hummel which have won the hearts of young and old around the world. Paragon has captured the porcelain-like quality of these apple tree children in crewel through the use of detailed stitches and delicate shading. Each picture comes in kit with linen, yarn and instructions at $6.00. 9" x 12" oval frame available in gold with brown lip. $5.50 each. Send for free literature. 15th Ave. N.W., N.Y.C. 10036.


"At The Sign of the Christmas Tree"
This white satin ball features a decorated emerald green tree on each side, gold candles, pearl pop-corn garland, stunning braids.

6" Kit - $10.85 ppd.
3" Kit - $ 3.90 ppd.
Pa. residents add 6 1/2% tax.

Our AWARD WINNING CATALOG contains over 250 original designs. CATALOG - $1.75

THE CRACKER BOX
Dept. H10
P. O. Box 575
Philadelphia, Pa. 19101

THE MESH of this stunning top quality canvas double compartment, adjustable shoulder bag, with inside zipper pocket. Size 9 x 10½ x 2. Mesh is #12 white mono. Persian wool & stitch/blocking instruction guide included. Canvas bag with brown letters, camel background; navy bag, navy letters, red background. Specify bag colors and initials $19.95 ppd. No COD. Send check or M.O. to TONI TOTES OF VERMONT, INC. HG8, So. Londonderry, VT 05155. Send 29¢ for color brochure of the complete TOTEPINC collection.

PLEASE TURN PAGE FOR MORE SHOPPING AROUND NEEDLECRAFTS & HANDICRAFTS.
“One of the best craft books of the season.” — Publishers Weekly

Love old needlework? Here’s a book that shows you how to create those intricate old patterns easily. Complete with easy-to-understand instructions, and photographs and diagrams of a variety of stitches, patterns, and projects.

A BEGINNER’S BOOK OF NEEDLEPOINT AND EMBROIDERY, Xenia Ley Parker

Also Available:
A BEGINNER’S BOOK OF KNITTING AND CROCHETING, Xenia Ley Parker
A BEGINNER’S BOOK OF PATCHWORK, APPLIQUE, AND QUILTING, Constance Bogen

DODD, MEAD & COMPANY
 Dept. HG-5
79 Madison Ave., New York, N.Y. 10016

Please send me at once the books checked below:

[ ] A BEGINNER’S BOOK OF NEEDLEPOINT AND EMBROIDERY, $5.95
[ ] A BEGINNER’S BOOK OF KNITTING AND CROCHETING, $5.95
[ ] A BEGINNER’S BOOK OF PATCHWORK, APPLIQUE, AND QUILTING, $5.95

I enclose $____ check/____ money order for $____.

(Please add 45c to cover postage and handling.

New York and California residents please add applicable sales tax.)

Send 25c for CATALOGUE. Larger sheets of canoe, hand-caning kit, and other cane materials available.

BICENTENNIAL THIMBLES
Trip to Boston: American Eagle in hand cast pewter, $34.00, $5.95 ppd
Betty Ross. Enamel overlay on Sterling Silver, $3.43. $15.95 ppd.
Molly Pitcher. Minted in hall-marked Sterling Silver, $3.406. $27.50 ppd.

CREATIVE CANING KITS OF PRE-WOVEN CANE
Save money—do it yourself—with natural cane—for grooved chair seats, screens, stereo speakers, door panels, headboards, lampshades, room dividers. Decorative cane kits include easy instructions and necessary materials.

Order this year’s 36 new miniature 2-3” by 2-3” by 4-3/4” deep. Kit $8.50 plus $1.65 post. The Cracker Box, HGB, River Rd., Point Pleasant, PA 18950.

THE SEWING CORNER
Dept. HG85, Whitestone, N.Y. 11357

BE CREATIVE!

with this adorable Leopard Cub set

by TOWER CRAFTS
P. O. Box 575, Champaign, Ill. 61820
Dept. HG8
Send 25c for our New Full Color Catalog

CUT YOUR OWN TWIST

Needlepoint your own design on a blank canvas-faced unisex belt, belted with soft leather-like vinyl, 1-3/4” w. Cut the 45” length to fit any waistline then attach pre-cut, pre-punched tongue and bronze-like buckle. Belt out a batch for Christmas. Black, brown, white. $8 ea. Two for $15. Ppd. Elly, Box 3898-HG, New Haven, CT 06525.

HOUSE & GARDEN COLORS

Order this year’s 36 House & Garden Color Chips now—each set accompanied by Merchandise Directory. (Who make what in which Color).

36 large 3” x 6” Color Chips and Directory $6.00
36 Miniature 1” x 2” Color Chips and Directory $2.00

Checks or money orders to:
House & Garden, Dept. cc 75S
P. O. Box 1910
Grand Central Station
New York, N.Y. 10017

A TIME REMEMBERED

An old fashioned Christmas scene in three dimension with 23 miniatures on snowcovered countryside (silk screened on linen) and mirrored pond. Wood shadow box in red felt, glass-faced, red, silver, white brass trim. 3-1/2” by 11-3/4” by 4-3/4” deep. Kit $11.25 plus $1.65 post. The Cracker Box, HGB, River Rd., Point Pleasant, PA 18950.

PICASSO ART

Artist’s expression of love, “Hands With Flowers,” to work in needlepoint. Flowers vivid blues, yellows, greens and white on orange ground. 7” by 9” printed design on 10 mesh canvas 9” by 11”, tapestry yarn, needle, instructions. $4.95 plus 45c post. Catalogue 25c. The World of Stitch ‘n’ Knit, HGB, Box 709, Framingham, MA 01701.
STOCKING PRESENT
His or her very own to hang on the mantel. Work the child's name on the line of balloons gaily floating skyward. Needlepoint front unzips from the pre-finished 18" stocking of canvas backing. Red on white. #12 white mono canvas, Persian wool. $19.95 ppd. Toni Totes of Vermont, Inc., HG69, Rt. 100, So. Londonderry, VT 05155.

CALICO YO-YO
A new two-way kit for pillow or tote bag. With 72 calico circles already cut out, the kit eliminates the difficult and tedious task of accurate cutting. Includes permanent-press backing fabric, instructions. (For 19" pillow you supply form). Complete kit $8.95 ppd. Quilts & Other Comforts, HG8, Box 394, Wheat Ridge, CO 80033.

CANDY COTTAGE
It's fun and easy to build a delectable Hansel and Gretel "dwelling" for holiday decor. Kit for 7½" by 7½" house contains nine different kinds of candy (3 lbs.), cardboard form, tape, illustrated directions, recipe for icing glue ingredients. $13.50 ppd. The Little Candy House, Gum Drop Sq., HG8, Stockbridge, MA 01262.

EARLY AMERICAN SCENES come to life in easy-to-do cross stitch samplers. Each kit in cludes stamped natural Belgian linen, bright colored floss, and simple instructions. Framed size 10" x 10".

Red Barn Kit (shown) $1.95
Little Red Schoolhouse Kit $1.95
 Covered Bridge Kit $1.95
Old Mill Kit $1.95
Spirit of '76 Kit $1.95
Minute Man Kit $1.95
Wood frame, 10" x 10", mahogany finish $1.95
Wood frame, 10" x 10", maple finish $1.95
PLUS SHIP POSTAGE & HANDLING

VICTORIA GIFTS
12-H Water St., Bryn Mawr, Pa. 19010

SIGN OF THE ARROW
18 CLAYTON RD., ST. LOUIS, MO 63115

FAVORITE CHRISTMAS 1975 Limited Edition
SPECIAL GIFT TO ALL CHRISTMAS TIME FAVORITES
HOLY NIGHT CANTATA
THEY CUT THE HEART OUT OF SONG
SING IT TO THE WORLD
LIGHT GREEN BACKGROUND
CHARTED DESIGN

COMPLETE KIT $4.95 PP.D.
IN MISSOURI - ADD TAX
GRANDSLAM IN DEPARTMENT & KITS

SIGN OF THE ARROW
18 CLAYTON RD., ST. LOUIS, MO 63115

CALICO WREATH KIT
Unique 21" wreath to machine sew — adds the warmth of calico and patchwork to your home. Kit is complete — including 41 fabric squares in carefully selected designs, polyester filling and more. So pretty, your friends won't believe it!一般 takes only 2-3 hours to make. $15.95

PIERPONT POODLE
The fam that's sweeping the country now through POSITON'S, you can do your own, too! The Pierpont Poodle-craft kit complete with 5 skeins of yarn, the very way impulses, million stitch base and instructions — all for only $3.99 each plus $.50 for postage and handling. A beautiful personal gift. Available in black, beige and white. Satisfaction guaranteed or full price refunded.

SIGN OF THE ARROW
18 CLAYTON RD., ST. LOUIS, MO 63115

EARLY CHRISTMAS TOTES are here for the holidays. Work the child's name on the line of balloons gaily floating skyward. Needlepoint front unzips from the pre-finished 18" stocking of canvas backing. Red on white. #12 white mono canvas, Persian wool. $19.95 ppd. Toni Totes of Vermont, Inc., HG69, Rt. 100, So. Londonderry, VT 05155.

DESIGNER NEEDLEPOINT
PIERPONT POODLE
The fam that's sweeping the country now through POSITON'S, you can do your own, too! The Pierpont Poodle-craft kit complete with 5 skeins of yarn, the very way impulses, million stitch base and instructions — all for only $3.99 each plus $.50 for postage and handling. A beautiful personal gift. Available in black, beige and white. Satisfaction guaranteed or full price refunded.

SIGN OF THE ARROW
18 CLAYTON RD., ST. LOUIS, MO 63115

EARLY CHRISTMAS TOTES are here for the holidays. Work the child's name on the line of balloons gaily floating skyward. Needlepoint front unzips from the pre-finished 18" stocking of canvas backing. Red on white. #12 white mono canvas, Persian wool. $19.95 ppd. Toni Totes of Vermont, Inc., HG69, Rt. 100, So. Londonderry, VT 05155.

DESIGNER NEEDLEPOINT
PIERPONT POODLE
The fam that's sweeping the country now through POSITON'S, you can do your own, too! The Pierpont Poodle-craft kit complete with 5 skeins of yarn, the very way impulses, million stitch base and instructions — all for only $3.99 each plus $.50 for postage and handling. A beautiful personal gift. Available in black, beige and white. Satisfaction guaranteed or full price refunded.

SIGN OF THE ARROW
18 CLAYTON RD., ST. LOUIS, MO 63115
Pick our glorious Wildflowers in bright shades of blue, green, yellow, and red, on fine white PORCELAIN PLATES AND MUGS. For refreshing table settings, gay buffets, showers and weddings. Set of 4 Plates, 7½" diam. $16.00 + $2.25 postage. Set of 4 Mugs, $16.00 + $2.25 postage.

Safeguard your valuable diamonds; wear the Kenya Gem undetected.

Don't risk loss or theft of your valuable diamonds. Wear the incredibly beautiful Kenya Gem and no one, except your jeweler, will know the difference. Priced at $25 a carat and always set in 14k solid gold, it rivals the finest blue-white diamonds... with a scintillating brilliance that never fades.

Safeguard Dept. HG-8W. Northport, New York 11768

SHOPPING AROUND

I'M MABEL —TRY ME!

Glamorous comfort. Gold stitched padded insole. 2¼" heel. Soft, self adjusting upper straps inset with lovely grommets to match the many available colors. Delicate pastel shades of blue, pink, green or yellow. Also white, gold silver and black.

Sizes 5½-10 narrow, 4-10 med. and 5-10 wide. $11.50 Also sizes 11 and 12 in all widths. $12.50

Add 50¢ postage. (Fla. res. add 40¢ sales tax.)

MAR SHOES INC. Dept. 81
34128 N Ocean Blvd.
Fort Lauderdale, Fl 33308

NEVER TO RETURN

For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweek. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE 46, 5701 W. Adams Blvd., Los Angeles, CA 90016.

SAFE STORAGE


CLOTHES

I'm Mabel —try me!

Glamorous comfort. Gold stitched padded insole. 2¼" heel. Soft, self adjusting upper straps inset with lovely grommets to match the many available colors. Delicate pastel shades of blue, pink, green or yellow. Also white, gold silver and black.

Sizes 5½-10 narrow, 4-10 med. and 5-10 wide. $11.50 Also sizes 11 and 12 in all widths. $12.50

Add 50¢ postage. (Fla. res. add 40¢ sales tax.)

MAR SHOES INC. Dept. 81
34128 N Ocean Blvd.
Fort Lauderdale, Fl 33308

NEVER TO RETURN

For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweek. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE 46, 5701 W. Adams Blvd., Los Angeles, CA 90016.

SAFE STORAGE

SHOPPING AROUND

SEA TREASURE
A lovely little scallop shell design rafted in a pendant of sterling silver. Smart accessory accent. Perfect gift for bride or graduate. 1 1/8" wide. $10. Silver 24" chain $6. Ppd. Catalogue is free on request. Tal Creations, HG8, Box 1028 FDR Station, New York, NY 10022.

O HAVE AND TO FOLD
Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG8, Box 204, Teaneck, NJ 07666.

COOK BOOK HOLDER
Black wrought iron stand holds cook books at the ready on table or kitchen counter. 12" w. and 3 1/2" h. It takes various size books, folds flat when not in use. $4.95 plus 90c post. Buckboard, RS-5B, 380 Madison Av., New York, NY 10017.

FIX-IT KIT
Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and assortment of tiny frame screws. $1.98 plus 15c post. Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

CANINE CHEW BONES
Nylabones come in four sizes, petite to wolf for chihuahuas to Great Danes. Hammobone scented, may be washed, boiled. Give vigorous gum massage, help prevent infection. 3/4" $4.98; 4 1/4" $3.98; 4 1/2" $2.98; 3 1/2" $1.98. Ppd. Nylabone, HG8, Box 27, Neptune, NJ 07753.

“Watch and Wear.”
The new Fortuna T-Shirts.
Are they for real? Well, you really have to look twice to be sure.
Just imagine who'll be watching when you're wearing one of the new Fortuna T-Shirts. Unbelievably real looking cameras, binoculars, glasses and watches printed smack across the front of all-cotton T-shirts.
This summer start heads turning, by turning up in your very own eye catching Fortuna T-shirt. Order several now.

READY-TO-USE LABELS
Stick to any smooth surface, no moistening. Use them on letters, sports equipment, cameras, tapes, etc. Any message to 4 lines, 26 spaces each. Printed in black ink on your choice of White, Gold, Silver, . . . or Blue, Pink, Yellow pastel label. 1 1/2" x 1 1/2" in handy plastic sleeve dispenser. 225 for $3. 450 alike for $5.10 or 1000 alike for $10. All postpaid. Specify color desired. 80-page Useful Gift Catalog. 25c. From BRUCE BULBO, 79-P RIDING BLDG., BOULDER, COLORADO 80302. Since 1956, thanks to you!

PRESS ON ADDRESS LABELS
Stick on address labels. Any message to 4 lines, 26 spaces each. Printed in black ink on your choice of White, Gold, Silver, . . . or Blue, Pink, Yellow pastel label. 1 1/2" x 1 1/2" in handy plastic sleeve dispenser. 225 for $3. 450 alike for $5.10 or 1000 alike for $10. All postpaid. Specify color desired. 80-page Useful Gift Catalog. 25c. From BRUCE BULBO, 79-P RIDING BLDG., BOULDER, COLORADO 80302. Since 1956, thanks to you!

9" BEAUTIFUL LOTUS LAMP
$10.95 ppd.
Sits on a pedestal, lights up book work. Comes complete with bracket and 6 foot chain. Other sizes available. Colors: Nat., white, yellow, black, lime.

LOVELY PLANTER
Conversation piece for porch or inside your home. 24" x 8". Set on table or hang. $19.99 ppd. Catalog $1.00.

WICKER WITCHERY
809 Bethlehem Pike
Philadelphia, Pa. 19118

Summer Sale
• IDEAL, FULL-SIZE HOME GARDENER GREENHOUSES
AT AMERICA’S LOWEST PRICES!
• WRITE NOW FOR FREE COLOR CATALOG AND EXTRA LOW PRICES

Hurry! Sale ends Oct. 15, 1975
Peter Reimuller-The Greenhouseman
"The ORIGINAL manufacturer of low-cost QUALITY greenhouses"
980 Seventeenth Ave., Dept. 11-H
Santa Cruz, California 95063

RAIN GENIE
Most unique of all sprinklers with no mechanical parts wear out. Low water pressure? No problem.大雨 determines your lawn as gently as ural rain even when others dribble. Guaranteed for 5 yrs and yet costs only $3.49.

G & F Distributors
Dept. 185A
182 Elaine Way, Upland, Calif. 91786
Master Charge Card
Egyptian Beauty Plant

Guaranteed to grow!

The life-juices of the Beauty Plant have been used as a skin moisturizer and beautifier since the first Pharaoh of Egypt. It was said to be the Secret of Cleopatra’s Beauty. It is the secret ingredient of many lotions today.

You can actually use the Beauty Plant to soothe burns and sun burn. Just break off a leaf and rub the clear life-juices on your burn. It feels so good! Keep your Beauty Plant in the kitchen for Natural first-aid.

It grows from a small rosette. It’s easy. All you do is put it in a pot — water it once a week and watch it grow ... up to two feet tall. The bigger the pot, the bigger it gets. Comes with easy instructions. It blossoms with spikes of large red flowers that last and last.

It makes a beautiful gift. Send Beauty to a friend.

Guaranteed to Grow!

$2.00 3 for $5.00

Please add twenty-five cents for postage and handling.

Anthony Enterprises

Grow Your Own

SHRINK STOMACH

Waist Watchers will feel muscle tighten and see stomach shrink from the first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups.

Single Waist Wheel $7.98 + 80c Mailing Each
Dual Waist Wheel $9.98 + $1.00 Mailing Each

Satisfaction Guaranteed or your money back. California Residents add 6% Sales Tax.

Anthony Enterprises

Dept. HG-85
585 Market St., San Francisco, Calif. 94105

SHOPPING AROUND

GET ORGANIZED

Wall rack holds four racquets in frames, covers; eight cans (or single balls) on back-slat shelves; shirts, shorts, towels on hanger rod. 23" h. by 22" w. by 4½" d. Unfinished pine kit, $24.50; in antique pine finish $34.50. Ppd. Yield House, GSBX, North Conway, NH 03860.

TOWEL TREE

Decorative towel rack in unusual modern styling is a handsome wall piece on its own! Hand crafted solid natural rattan, 17" x 16", has six rattan hooks for towels, clothing. $7.95 plus $1 post. Catalogue, 25c. Fran’s Basket House, HCB, Rte. 10, Succasum, NJ 07876.

COLLAR OPEN SESAME

It’s almost magical what the collar-extender can do to ease any tight collars on his good shirts. Tiny hook-on gadget gives extra half-size comfort for a just right feeling! $1.29 for set of two, add 15c post. Anthony Enterprises, HCB, 585 Market St., San Francisco, CA 94105.

JEWELED LEATHER

Hand-studded gem/gold spheres on butter soft genuine kid glove leather. Elasticized throat and instep: cushioned insole; 1" heel. Full and ½ sizes 4-10 M. White, black, gold or silver, $16 plus $1 post. Vicki Wayne, 610 So. Country Club H8K, Tucson, AZ 85716.

STITCH A PORTRAIT

Send color or b/w photo to be rendered on canvas by artist. Kit: color directions, wool (or embroidery), 10" by 14" $24.95; 14" by 18" $34.95: 18" by 22" $39.95; extra subjects $5. Add $2 post. Needlepoint Portraits Ltd., Studio 104, 20 Nassau St., Princeton, NJ 08540.

FROM ANTWERP BELGIUM

DIAMOND for you

Now buy a Diamond at better than wholesale prices from a leading first-source firm located at the Diamond center of the world. Finest quality Diamonds at tremendous savings to you. Buy a Diamond for someone you love, gifts, investment or personal use! Write for free brochure and price list.

INTERNATIONAL DIAMOND SALES

diamond bourse, 78, pelikaanstraat 2000 antwerp-belgium

ALL DIAMONDS SOLD WITH FULL MONEY BACK GUARANTEE

DOUBLE ALARM

PROTECTS AGAINST BREAK-IN

WARNS OF FIRE DANGER

Safeguard your home and family with compact, wireless DOUBLE ALARM. The penetrating siren-like alarm provides two-way, round-the-clock protection (1) alerts you and screams to scare them away, (2) alerts you of heat buildup. DOUBLE ALARM installs in seconds and is permanent or portable. So you can carry protection to hotels or motel local for houses, apartments, trailer offices. $8.95 plus 80c mailing each. Batteries included. Satisfaction Guaranteed. Send check or MO to:

The Warrow Co., Dept. HG09
3720 E. Overlook
Cleveland Heights, Ohio 44118

HOUSE & GARDEN
GET IT TOGETHER
For the jigsaw puzzle fan! Any photo, color or black and white, can be made into an 8" by 10" die-cut jigsaw photopuzzle; photo is returned unharmed, black and white, $2.95; hand colored, $3.95. Ppd. Cadlyn's, HG8, 2077 New York Ave., Huntington Sta., NY 11746.

SNOOPY'S CHRISTMAS
The epitome of Peanutsdom must be the 1975 Christmas Plate in porcelain, 7½" dia. It is a joy with Santa Woodstock balancing on Snoopy's nose. Sure to become family treasure. Limited edition. $12.50 plus $1.25 post. Postamatic Co., Inc., HGB875, Lafayette Hill, PA 19444.

THE COSMEPAK
Ends cosmetic clutter, can fit in medicine chest if desired. Six small shelves for lipstick and such. Slide middle section out like a drawer. Three compartments to hold tall things. Clear see-through acrylic, 9¾" by 3".

HOLD IT!
Keep rings in place on finger with Ring Insert Guard Size. Vinyl liner slides inside ring after it's on. Works for any size ring, any finger, woman's or man's. Holds boys' rings in place on girls' fingers, $3 ppd. Rigs, HGB8, 1400 So. Collyer, 1401-E, Longmont, CO 80501.

FOOT PAMPERER
Treatment for tender, bent toes is a self orthopedic pad that rests underneath, held securely with elastic over toe. Alleviates pain, toe tip corns. Washable. Specify shoe size. Pair, $4.98 plus 20c post. Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

WH NAME FOOTBALL JERSEY
Still like the pros—a football jersey of professional quality with large numerals on front and back. Personalized with first or last name on back as shown. Numbers also. Specify size, Women's or Men's Size. Includes: Linen, medium weight, $11.00; Acrylic, medium weight, $9.00; Poly-Cotton, medium weight, $10.00. Made in USA. Specify size and color desired. Send check or money order as payment in full. The Schoenheit Company, Dept. HG-85A, 1600 8th St., Boulder, CO 80302.

SHOPPING AROUND

SEND ME—FREE
□ The 40-page, Miles Kimball special Catalog of unique, personal Christmas card designs... available now.

Mail this coupon to:
Miles Kimball, 197 Bond St.
Oshkosh, Wisconsin 54901

Name_________________________
Address_______________________
City___________________________
State____________ Zip__________

THE TALBOTS

HANG YOUR PLANTS?
Fill our intricately woven straw baskets with your live potted flowers and leaves. Show off your green thumb. Hang them indoors or in your patio.

Hand woven straw basket, sturdy made, is 7½" high, 8" diam., and hangs from 14" woven chains. $3.90 each postpaid 3 for $8.95 postpaid #1035

Elizabeth McCaffrey
Dept. HG8P Northport, New York 11768

CATALOG

1975-76 catalog/handbook, takes you on a thrilling tour of the world of pet fashions and furnishings. In 32 colorful and exciting pages you'll discover hundreds of the newest things for pup and kitty — the very latest in pet wearing apparel, pet gift ideas, and a host of delightful, hard-to-find accessories. It's only 25c.

PET SET'S "Best Seller" — 25c

"EVERYTHING FOR PAMPERED PETS"… and more

Our pretty princess jumper from Austin Hill of New York is a super-soft mid-weight corduroy has becoming U-neckline, hidden pockets and self belt. Fully lined. Emerald, lemon, Norse blue, eggshell, navy, camel, brown or persimmon. Sizes S, M, L $45.00.

Send for our new free color catalog.

THE TALBOTS, DEPT. NK, RHONDA HALL, ROCHESTER, N.Y.

DU-SAY'S


AUGUST, 1975

119
Magnificently painted on canvas from your photograph, by outstanding English and American portrait painters. A superb likeness in full color is executed in rich oil color.

Truly a unique and lasting gift.

Our portraits are all "TRUE WORKS OF ART," painted on pure linen canvas from your photograph and NOT painted on top of an enlargement of your photo, as is the method of other commercial portrait services. No longer need you envy those fortunate enough to own a family oil portrait. Have you a photo of some loved one whose memory you wish to perpetuate? Compare our works of art with others selling up to $300. Living Likeness Guaranteed.

UNRELIABLE WORKS OF ART

AT UNRELIABLE LOW PRICES

FROM $99.50 TO $999.50

BEAUTIFULLY ILLUSTRATED CATALOG:" HOW TO ORDER AN OIL PORTRAIT "

Van Dyke Oil Portraits, Ltd.

DEPT. G, 153 EAST 57 ST., N.Y., N.Y. 10022

"Largest in the field of oil portraits"" \"SPECIAL OFFER FOR BANKRUPTED ACCEPTED\"

RESCUE CARPETS FROM STAINS & ODORS

American Centur

Dept. 1085, Box 36232

Los Angeles, Calif. 90036

MS. AND MADAM


PADDLED COMFORT

Live the soft life at bedtime—1" foam pad cushions for comfort on firm mattress. Washable, non-allergenic bed topper. twin, 36" by 70", $11.95; queen, 50" by 70", $13.45; full, 58" by 75", $15.00. Send $1.50 for catalogue and swatch. Gurian's, HGB, 276 Fifth Ave., New York, N.Y. 10001.

EMBROIDERED CIRCLE

Hand-worked crewel from India imports color and elegance to a natural cotton hand-knotted round tablecloth. A beauty for a spring tea table or dinner table. 70" dia., $50: 90", $60. Send $2 for catalogue and swatch. Gurian's, HGB, 276 Fifth Ave., New York, N.Y. 10001.

HIS N HER BRACELET

We can't promise this snappy copper bracelet wards off hobgoblins or cure rheumatism. But we like its casual cachet! Chain links gleam for both him and her. Men's, $3.98; women's, $2.98. Add 25c postage each. Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

COMMUTER'S BREW

Take that second cup of coffee in the car in perfect safety. Velcro plastic fastener anchors cup holder to any metal, plastic or carpet surface. Drink-through lid prevents spillage. $3.45 each, two, $6.25. Pdt. Sleepy Hollow Gifts, HGB, 6651 Arlington Blvd., Falls Church, VA 22042.
SHOPPING AROUND

USEFUL KITTY
Wicker basket makes a great planter, magazine holder or wastebasket. 18" l., 21" h., 11" basket dia. Natural, white, black, lime, tortoise, royal blue, yellow, brown or raspberry. $19.99 ppd. Catalogue, $1. Wicker Witchery, HG8, 809 Bethlehem Pike, Philadelphia, PA 19118.

CLEARLY CHIC
Nylon mesh encases the foot in a bare and beautiful sandal. Choice of mini wedge in white or gold or mini heel in gold or silver. Sizes 5 through 10. At home fashion with pants or long skirts. $5.95 each; two pr., $11 plus 50c post. Elizabeth McCaffrey, HG8, Northport, NY 11768.

BIG SCOOP
Great news for dessert, an ice cream scoop that cuts through the hardest, coldest ice cream. The secret is the handle, with self-defrosting liquid hermetically sealed in. Sanitary, rust-proof. $5.95 ppd. Import Model, $1.95 plus 35c post. Holiday Gifts, 308-F, Wheat Ridge, CO 80033.

AREA MASSAGE
Swedish hand rollers of hardwood act like 15 fingers kneading and patting to reduce bulky areas of legs, arms, buttocks and stomach. Helps to shape your figure the way you want it. $5.98 plus $1.19 post. Catalogue 50c. House of Minnel, Dept. 585E, Deerpath Rd., Batavia, IL 60510.

POETIC LOOK
You may be expected to recite in such a talented blouse. Of deliciously smooth polyester knit that drapes softly. Light blue, moss green, black, lilac. Junior 9-17; misses 10-18 $11, 14%-22%; women's 34-42 $12. Add $1 post. Old Village Shop, Dept. M6506, Hanover, PA 17331.
**COLONIAL-STYLE CURTAINS**

Reproduced from Prov- inctown, Cape Cod. Extra-full 3" Flounces. Extra-wide 90" to the pair.

**TIER**
- 24", 30", 36"... 7.00 pr.
- **WITH TIEBACKS**
  - 45", 54", 63"... 9.00 pr.
  - 72", 81", 90"... 11.50 pr.

**EXTRA TIEBACKS**... 1.00 pr.
**EXTRA VALANCE**... 3.00 ea.

**STYLE CC3**


**GATEWAY PRODUCTS**

72", 81", 90"

**TIEBACKS**... 1.00 pr.

**TIER**
- 24", 30", 36"... 7.00 pr.
- **WITH TIEBACKS**
  - 45", 54", 63"... 9.00 pr.
  - 72", 81", 90"... 11.50 pr.

**EXTRA TIEBACKS**... 1.00 pr.
**EXTRA VALANCE**... 3.00 ea.

**STYLE CC3**

**COLONIAL-MAID CURTAINS**

| 47 Mt. Hermon Rd. | Scotts Valley, CA 95066 | (408) 438-0515 |

**Four Guys**

These guys do a strip when the proper time comes. Before you add ice to the highball, they are wearing briefs and shirts. When outside of glass becomes moist, they discose! They'll become dressed again when glass dries off. Live party gift. $7.98 plus $1.59 p&h.}

**ST pulp ceiling lamp dramatizes any decor. 14" spread, 11" h. Electrified; dimmer switch. 18' chain and hooks. $16.95 plus $2 post. Painted white, yellow, pink, blue, orange or black $3 extra. Catalogue 25c. Fraen's Basket House, HGB, Route 10, Succasunna, NJ 07876.**

**HANDWOVEN RATTAN**

These guys do a strip when the proper time comes. Before you add ice to the highball, they are wearing briefs and shirts. When outside of glass becomes moist, they discose! They'll become dressed again when glass dries off. Live party gift. $7.98 plus $1.59 p&h.}

**SH-H-H PEACE**

Silence is golden, but these days we get precious little of it. Soft, pliable silencers slip into the ears, have an easy-to-grasp flange for safety. Slip them in every night for refreshing sleep. $2.29 a pair plus 5c post. Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

**OPEN SHELF STORAGE**

Save authentic ingot shape and markings, 100 grains. 18" sterling silver chain, safety clasp. $9.98 plus 75c post. Holiday Gifts, Inc., 308-K, 7905 W. 44th Ave., Wheat Ridge, CO 80033.

**THE REAL THING**

Head-turning pendant is a mini replica of the sterling silver bars usually stored in vaults. Has authentic ingot shape and markings, 100 grains. 18" sterling silver chain, safety clasp. $9.98 plus 75c post. Lillian Vernon, Dept. GBE, 510 So. Fulton Ave., Wt. Vernon, NY 10550.

**ADDITIONAL HANGERS**

$2.25 each.

**LEGACY COLOR POSTERS**

For every color poster ordered, add $1.00, and S1 00 for each size. Black and White same size. Black and White

**Low Cost Full Color Posters**

20"x24"... only $7.50
24"x36"... only $12.50

**Black & White Blowups Too!**

2 ft. x 3 ft. $3.50
3 ft. x 3 ft. $4.50
5 ft. x 4 ft. $16.99
6 ft. x 8 ft. $44.99

**BLOW YOURSELF UP!**

Into a Full Color Poster at Unbelievable low Cost!
ITALIAN STYLE

AT EASE
Relax in style! Your shopping weary feet deserve this hand-carved mahogany gout rest, 19½" by 16"w. by 11½"h. Large choice of fabrics and finishes. $74.95 exp. chgs., coll. Cata-
logue, $1, Martha M. House, HG8, 1022 So. Decatur, Montgomery, AL 36104.

LIST FINDER

GROOM THE BATH
No need to have ugly cracks and openings around tub, sink or ba-
sin. Seal them up with self-stick-
ing tape. Merely press tape on clean, dry surface. 11 foot roll, $2.98 plus 45c postage. Order from Anthony Enterprises, HG8, 585 Market St., San Francisco, CA 94105.

"SPIRIT OF '76"
Patriotic patchwork print in an unusual decorator table cloth. 100% cotton, permanent press. Red, white and blue colors are from a Colonial chart. Merrow hemmed, soil resistant, round, 72" x 20", $20.90 + 45c postage. Order from Anthony Enterprises, HG8, L.A., CA 90025.

BRASS MIST SPRAYER
Every home gardener needs a spray mister to pamper those favorite indoor plants! A fine mist of water bathes foliage and cut flowers. Plants look better and grow faster! Great for seedlings—can't injure the tiniest shoots! Ideal for touch-up pressing at the ironing board! $2.98 + 55c postage. Order from Anthony Enterprises, HG8, 105 Lexington Ave., N.Y., N.Y. 10016.
HAND ENGRAVED FAMILY CREST RINGS

Ring #11 15x14mm top solid 14k gold $195.00 sterling silver $65.00

Ring #18 20x16mm top solid 14k gold $200.00 sterling silver $70.00

WE WORK IN THREE BASIC WAYS

1—If you do not have a coat of arms you send us a photocopy or picture of it and that is what we engrave.

2—If you do not have a coat of arms but send us your name and we shall look it up at no extra cost to see if there is a coat of arms.

3—If you wish you may design your own coat of arms. When you send us for our catalogue ask for our free booklet. Some basic ways to design your own coat of arms.

PRE-INSPECTION PURCHASE PLAN

In order to make sure you like our work before you invest in a gold ring you may order the pendant shown above in sterling silver hand-engraved with your coat of arms for only $35.00. When you order the ring you will be given credit for the $35.00 AND MAY KEEP THE PENDANT FREE.

SEND FOR OUR FREE COLOR CATALOGUE... This is the most beautiful jewelry, and certainly the most personal jewelry there is. Hand engraved by master European craftsmen.

HERALDICA IMPORTS, INC., Dept. G-8
21 West 46th St., New York, N.Y. 10036

GIFT THIMBLE


EARLY DESIGNS

Curtains, bedspreads inspired by ones in early Maryland, Virginia, Pennsylvania homes. 24 styles, matching bedspreads, canopies, table accessories. Calico, cotton, kodel, muslin, dacron, ninnon. Catalogue, with 45 swatches, 50c. Mather's HGB, 31 E. Main St., Westminster, MD 21157.

DRIP-DRY ROD

Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive: garments drip in tub. $4.15, plus 75c post. Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

COOK UP A STORM

Rattan basket shaped like a coffee pot holds six wooden utensils at the ready for cookery. Meat tenderizer, spatula, two pasta spoons, mixing spoon and each about 12" long. The basket is 7¾" h. x 6" dia. $5.95 plus $1.05 post. Elizabeth McCaffrey, HGB, Northport, NY 11768.

CONSUMER ADVISORY

If your flowers appear to be the finest porcelain Porcelain baskets. This trio deceptively hides plain clay flower pots inside. Perfect for centerpieces. Also use for cut or dried flowers. Exquisitely molded in fine detail of white durable anti-static plastic. Set of 3 includes 4¾" x 3" x 3¾" cachepot Set $5.98 ppd. Prompt delivery. Money back guarantee. New 56 Page Gourmet Gift Catalog 50c. TAYLOR GIFTS

355 E. Conestoga Rd., Ga-5, Wayne, Pa. 19087

SHOPPING AROUND

VICTORIAN TOUCH

Turn-of-the-century look goes contemporary in table crafted of butcher block. Round top is mounted on cast-iron base. 30" dia. $126.50; 36" $147.50; 42" $181; 48" $215.50 Exp. coll. Catalogue: 50c. Butcher Block & More, HGB, 1600 So. Clinton, Chicago, IL 60616.

PRACTICE YOURSELF

with the DOUBLE DUTY ALERT

Its siren warns when door is open by intruders. The heat sensor sounds the alarm when temperature reaches 135°F. Battery powered, portable or permanent installation is possible. Quick and easy, complete instructions and full ninety-day guarantee are included. Send check or money order today for only $9.95 ppd. to:

REGAL GIFTS

Dept. E-8
227 Fairfield St.
New Haven, Conn. 06515

HURTADOUR

COOK UP A STORM

Rattan basket shaped like a coffee pot holds six wooden utensils at the ready for cookery. Meat tenderizer, spatula, two pasta spoons, mixing spoon and each about 12" long. The basket is 7¾" high x 6" dia. $5.95 plus $1.05 post. Elizabeth McCaffrey, HGB, Northport, NY 11768.

PROTECT YOURSELF

with the DOUBLE DUTY ALERT

Its siren warns when door is open by intruders. The heat sensor sounds the alarm when temperature reaches 135°F. Battery powered, portable or permanent installation is possible. Quick and easy, complete instructions and full ninety-day guarantee are included. Send check or money order today for only $9.95 ppd. to:

REGAL GIFTS

Dept. E-8
227 Fairfield St.
New Haven, Conn. 06515
HIGH-RISE SPACE
For 12 big plants. Clamps slide on pole. Holds four each 6", 9", and 12" interchangeable swing arms with 6" white trays. 52" h., 24" w. x 24" base. White or black $45, chrome $50. Add $3 post. Home Plant Displayers, Inc. Dept. B205, 51 E. 42nd St., New York, NY 10017.

TWISTY KEY RING
Gold-finished aircraft key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.69 plus 20c post. Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

GARDENER'S DREAM
Full-size fiberglass and redwood greenhouse is pre-cut. Has a Dutch door, large screened vents, and is gopher-resistant. All bolted construction for strength and portability. Prices start at $88.95. Free brochure. McGregor Greenhouses, Box 36-BHD, Santa Cruz, CA 95063.

A SHOE-IN
Leather Wedgie with walking comfort and open-toed cool. The Exo in luggage tan, bone, black, white, navy, brown, low 1" wedge heel. 4 to 10, $18.95. 10½ to 12, $19.95. For widths AAAA to EE. Add $1 post., 25c each add'l pair. Solby Bayes, HGB, 45 Winter St., Boston, MA 02108.

MAKE YOUR OWN
Chair kit comes with bright white commercial PVC tubing ready to be assembled with back and seat cushions. $39.95. Catalog of 24 versatile styles of PVC furniture, including swatches, $1.95 plus $1 post. Pipe Dream, HGB, 1121 E. Commercial Blvd., Ft. Lauderdale, FL 33308.

SHELL POTTERY
Sea Shells from around the World, hand-crafted into high quality, unusual pots that really accent your plants in the house or on the patio. Each equipped with metal loops for hanging.

FE LONG ID TAG FOR PETS
If you worry about your dog or cat being lost, this Identification Tag has all the necessary information for sale return — pet's name, your address and phone number — embossed in stainless steel, complete with collar holder, $1.00 ppd. Your order will be fast by FIRST CLASS MAIL.

SHOPPING AROUND

Country Charmer
$9.50
plus $1.00 postage no c.o.d.
Fla. res. add 4% tax

Bright straw flowers and calico fabric add to the warmth of this little moppet. Each doll is entirely hand sculpted in natural terra cotta and stands approx. 7-8 inches tall. Allow 3-4 weeks for delivery.

Earth Originals
4908 SW 95 Ave., Cooper City, Fla. 33328

Return to the Classics!
Beautifully tailored cordless of camel color, 22" long, with a distinctive gabardine look. And all the details you thought were gone forever . . . at this low price! Like tolorose color buttons, flag pockets, real leather belt? Plus a little bag of extras! In washable polyester.

Old Village Shop
Dept. M6502
4908 SW 95 Ave.
Cooper City, Fla. 33328

Special 1 Sale
HOLLAND BULBS

Red Emperor Tulips 10 for $1
Black Giant Crocus 25 for $1
Dutch Iris 3 for $1

Golden Jonquils 8 for $1

Red Riding Hoods 8 for $1

Star of Bethlehem 30 for $1

Rock Garden Crocus 25 for $1

Garden orchids blues, whites, reds. 25 for $1

Hardy Anenomes 12 for $1

Snowflakes Early miniature Dutch tulips. Multiplied rapidly for naturalizing. 25 for $1

Dwarf Dutch Iris 20 for $1

Peacock Tulips 12 for $1

Red Riding Hoods 8 for $1

Red Riding Hoods 8 for $1

Dramstick Allium 15 for $1

Red Riding Hoods 8 for $1

Rock Garden Crocus 25 for $1

Order: $2.00 min. Add 4% tax. Any 3 or 5 groups, $4.75. Any 10 for $9.00. Add 75c ea or 50c per set postage. Any 5 for $4.75, add 5c. Any 10 for $9.00, add 20c.

Gardener's Dream

"B.J." & ROY CLYDE CO.
Dept. HGB-3
14192 Elystan, Westminster, Ca. 92683

Why Not Order This New Item Today?

Natural: bamboo & palm

יךイスイ遊歩栗

Bamboo & Palm

WHY NOT ORDER THIS NEW ITEM TODAY?

Available in sizes:
4 1/2" W, i d. X 2" D $11.95
4 1/2" W, i d. X 3 1/2" D $19.95

Please add $1.50 postage & Ins. No C.O.D.

Name
Address
City
State
Zip

Country Charmer
4908 SW 95 Ave., Cooper City, Fla. 33328

Cost: $9.50

plus $1.00 postage

no c.o.d.

Fla. res. add 4% tax

Allow 3-4 weeks for delivery.

Earth Originals
4908 SW 95 Ave., Cooper City, Fl. 33328

RETURN TO

OLD VILLAGE SHOP

Dept. M6502
4908 SW 95 Ave.
Cooper City, Fla. 33328

Special 1 Sale
HOLLAND BULBS

Red Emperor Tulips 10 for $1
Black Giant Crocus 25 for $1
Dutch Iris 3 for $1

Golden Jonquils 8 for $1

Red Riding Hoods 8 for $1

Star of Bethlehem 30 for $1

Rock Garden Crocus 25 for $1

Garden orchids blues, whites, reds. 25 for $1

Hardy Anenomes 12 for $1

Snowflakes Early miniature Dutch tulips. Multiplied rapidly for naturalizing. 25 for $1

Dwarf Dutch Iris 20 for $1

Peacock Tulips 12 for $1

Red Riding Hoods 8 for $1

Dramstick Allium 15 for $1

Red Riding Hoods 8 for $1

Rock Garden Crocus 25 for $1

Order: $2.00 min. Add 4% tax. Any 3 or 5 groups, $4.75. Any 10 for $9.00. Add 75c ea or 50c per set postage. Any 5 for $4.75, add 5c. Any 10 for $9.00, add 20c.

Gardener's Dream

"B.J." & ROY CLYDE CO.
Dept. HGB-3
14192 Elystan, Westminster, Ca. 92683

Why Not Order This New Item Today?

Available in sizes:
4 1/2" W, i d. X 2" D $11.95
4 1/2" W, i d. X 3 1/2" D $19.95

Please add $1.50 postage & Ins. No C.O.D.

Name
Address
City
State
Zip

Country Charmer
4908 SW 95 Ave., Cooper City, Fla. 33328

Cost: $9.50

plus $1.00 postage

no c.o.d.

Fla. res. add 4% tax

Allow 3-4 weeks for delivery.

Earth Originals
4908 SW 95 Ave., Cooper City, Fl. 33328

RETURN TO

OLD VILLAGE SHOP

Dept. M6502
4908 SW 95 Ave.
Cooper City, Fla. 33328

Special 1 Sale
HOLLAND BULBS

Red Emperor Tulips 10 for $1
Black Giant Crocus 25 for $1
Dutch Iris 3 for $1

Golden Jonquils 8 for $1

Red Riding Hoods 8 for $1

Star of Bethlehem 30 for $1

Rock Garden Crocus 25 for $1

Garden orchids blues, whites, reds. 25 for $1

Hardy Anenomes 12 for $1

Snowflakes Early miniature Dutch tulips. Multiplied rapidly for naturalizing. 25 for $1

Dwarf Dutch Iris 20 for $1

Peacock Tulips 12 for $1

Red Riding Hoods 8 for $1

Dramstick Allium 15 for $1

Red Riding Hoods 8 for $1

Rock Garden Crocus 25 for $1

Order: $2.00 min. Add 4% tax. Any 3 or 5 groups, $4.75. Any 10 for $9.00. Add 75c ea or 50c per set postage. Any 5 for $4.75, add 5c. Any 10 for $9.00, add 20c.

Gardener's Dream

"B.J." & ROY CLYDE CO.
Dept. HGB-3
14192 Elystan, Westminster, Ca. 92683

Why Not Order This New Item Today?

Available in sizes:
4 1/2" W, i d. X 2" D $11.95
4 1/2" W, i d. X 3 1/2" D $19.95

Please add $1.50 postage & Ins. No C.O.D.
A feather light fit is what you'll get from the LIDO. In soft man-made material, it features two swirls of tufted stitching and an easy going 1 1/2-inch heel. Available in black, camel, brown and navy.

You'll always get the best fit from LIDO and all the other Naturalizer styles, because we carry a complete range of sizes... including all those hard-to-find ones!

$20 Plus $1.00 postage. Sizes over 10, $1.00 extra. Illinois residents, add 5% sales tax.

To order LIDO, or a copy of our free catalog, write:

NATURALIZER Shoes
DEPARTMENT 1-B • 21 S. LA GRANGE ROAD • LA GRANGE, ILLINOIS 60525 • PHONE: 312-352-0186

□ BankAmericard □ Master Charge

Account Number __________________________ Expiration Date ____________

□ Check Enclosed (sorry, no COD.)

PERSONALIZED "WELCOME ABOARD" PLAQUE

On sea or land, greet your guests in a colorful and nautical way with your own personalized "Welcome Aboard" plaque. It's made of 11" by 8" wood with a walnut finish. Only $9.95. When ordering, state the boat's name, where anchored and the Captain's name. Add $1 post. hdlg. Cadlyn, 2077 N.Y. Ave., Dept. GS, Huntington Sta., N.Y. 11746.

OVJR. Up to 30 letters printed on these quality cotton sweatshirts or T-shirt.

Colors — powder blue, or navy. Sizes S, M, L, XL. Specify size. Add $2.00 extra for printing on both sides. We ship in 48 hours!

Machine washable, print will not run. Colors — powder blue, or navy. Size S, M, L, XL. Specify size. Add $2.00 extra for printing on both sides. We ship in 48 hours!

To shop around international bldg., 516 S. Wacker Dr., Chicago, Ill. 60606.
SPRING STRIPES

Springy cotton in gold, red or black stripes on white. Washable. 25", 10" and 36" l, $7 pr. (2 prs. tier style shown, $14). 45", 54", 58", 63", 72", $10 pr. 80" w. per pair. Valance, $3 ea. plus $1.75 post. per order. Free catalogue, Country Curtains, HGB 1, Stockbridge, MA 01262.

GLASSES, ANYONE?

After a strenuous tennis game, the "Cool Serve" (15-ounce) is perfect for a tall drink. For cocktails, the "Perfect Serve" (11-ounce) is cool. Set of six, either size, $8.95; two sets (12 glasses) $17. Ppd. Write to Mr. Tennis, HGB, P.O. Box 6906, Grosse Pointe, MI 48236.

HOME-SEWING AID

Determine correct adjustment of crotch depth and curve for any pants pattern with PantsFormer. Get good fit with no pulls or slumps. Easy to use for all the family. $2.95 plus 30c post. Fantastic Fit Products, HGE 8, Valley Stream, NY 11581.

HAPPILY APPLE-Y

Applesauce and apple trifle perfectly served in clear crystal apple-shaped dishes. Use them for hot cold soups, salads, cereals, desserts. Each dish 61/2" in diameter. $6.95 plus 75c post, for set of eight. Colonial Garden Kitchens, HGE 8, Valley Stream, NY 11582.

SHOPPING AROUND


The Bombay Company
Dept. HG, P. O. Box 52322
New Orleans, Louisiana 70152
4727 Magazine Street
EASY FOOTING
Huaraches warn of supple feather thongs in never repeated patterns with leather soles. Natural beige only. Send size or foot outline. All sizes for men, women, children. $9.95 pr., p.pd. Men's size larger than 10 add $1. 9th Mexico Shop, 1602 H, Patio 2, Santa Fe, NM 87501.

STRAIGHT AND STRONG
Spring post bookends keep bookshelves neat and orderly. Gold-anodized aluminum encases a steel tension spring. Poles fit shelves 9¼" x 13½" h.; slim enough to be unobtrusive. $2.98 a pair plus 45c post. Anthony Enterprises, HGB, 585 Market St., San Francisco, CA 94105.

SPECIAL SPECS
Flip-up magnifying specs that take eye make-up blunders obsoleat. No more squinting into mirrors! Specs come in their own plastic case complete with adjusting screwdriver. One size fits all. $6.95 plus 50c post. Herman Optical, HG-85, 164 Clymer St., Brooklyn, NY 11211.

BEAUTY PROGRAM
Kit for home use consists of bumble improvement guidebook for exercises, diet, posture; hydrotherapy massage cup for a few minutes daily use; and the special-recipe cream. $13.95 ppd. Beauty-Breath of Paris, Dept. LG/Y, Box 8072, Van Nuys, CA 91409.

GLASS TO GROW IN
Pearl mist greenhouse with redwood frame; acrylic, glass content fiber glass. Pre-cut; fabricated Dutch door. Shown 8' by 12', $314.95 Exp. Coll. Other models available from the nursery at very limited. So order now! Palms bring tropical glamour to patio and garden in warm weather. Make ideal house plants in winter. "Butterfly Palms" are featured in Home and Garden magazines. Favorer by interior decorators and landscapers, Specimens sell for $10, $25 and more! They thrive in sun or shade, indoors or out, with simple care. Grow up to 6 ft. tall! Shipped direct from tropical nursery with easy instructions. Guaranteed to arrive in perfect condition or money back.

3 PALMS in a pot $3.95 plus 50c pstg. 6 PALMS - 2 pots - $6 plus $1 pstg. 9 PALMS - 3 pots - $8 plus $1 pstg. Unconditional 30 day money back guarantee.

Palm Nursery Sales
HG8, 250 East State Street Westport, Conn. 06880

EASY-LIFT
Extra Large! Up to 2 ft. Tall! Direct From the Tropics!

Exotic indoors out! These big, lush, "Butterfly Palms" are only available from the nursery at this time. And the supply is very limited. So order now! Palms bring tropical glamour to patio and garden in warm weather. Make ideal house plants in winter. "Butterfly Palms" are featured in Home and Garden magazines. Favorer by interior decorators and landscapers, Specimens sell for $10, $25 and more! They thrive in sun or shade, indoors or out, with simple care. Grow up to 6 ft. tall! Shipped direct from tropical nursery with easy instructions. Guaranteed to arrive in perfect condition or money back.

3 PALMS in a pot $3.95 plus 50c pstg. 6 PALMS - 2 pots - $6 plus $1 pstg. 9 PALMS - 3 pots - $8 plus $1 pstg. Unconditional 30 day money back guarantee.

Palm Nursery Sales
HG 8, 250 East State Street Westport, Conn. 06880

Senti-Metal Co.
Silverplating Division, Dept. HG-8 1919 Memory Lane, Columbus, Ohio 43209

Write for FREE PRICE LIST Today!
**Tomato Soup**

Although the tomato is looked upon as a vegetable by most, it has a dual personality. Horticultural experts classify the tomato as a fruit, first known as a love apple, and they’re at their luscious blush and half and add to saucepan, heated and stirred. Continue to simmer until hot and smooth. Garnish with dill. Serves 6-8.

**Black Cherry Soup**

From eastern Europe, zesty and refreshing. Between sweet cherries, stemmed, pitted 2 cups water 1 cup dry red wine 1 cup sugar, plus extra to taste 1-inch piece cinnamon stick 1 teaspoon cornstarch sour cream or plain yogurt

In a 2-quart saucepan add cherries, 2 cups water, red wine, lemon juice, ½ cup sugar, and cinnamon. Simmer, uncovered, 20-30 minutes, until cherries are tender. Remove cinnamon and cool. Puree mixture in blender, or press through a sieve. Serve chilled over vanilla or cream. Cover both with sour cream and chilled. Serves 8-10.
The house on pages 66-69

INTERIOR DESIGNER: William Rosenfeld

EXTERIOR DESIGNER: William Rosenfeld

First design: 900 square feet

Second design: 1,500 square feet

Building Facts

EXTERIOR WALLS:
- Wicker. White wicker table: $100.
- "Fink Sea" painting: 76" x 104", by Edwin Jackson.
- Interior wall paint: House & Garden Coating Co.
- Blue Sky by Devoe Paint, Celanese Corp.: in major rooms.
- Interior finish: In major rooms, latex paint by California Products Corp.; in bath, paint by Rust-Oleum Corp.
- Insulation: In walls, 2½-in. fiberglass batts; in roof, 3½-in. fiberglass glass blankets.

FLOORING:
- 4-in. redwood entrance door by Potslote Corp.
- 50% polyester, 50% cotton, designed by Marc Bohan of Christian Dior for Springs Mills. At Lord & Taylor.
- Accent Mohawks. $35.
- Ebony and white pillows: made from the "500 Series" by Nancy Miller. $150. At Environment Gallery. (Plexiglas by Rolf Peterson.)
- "Free Wheeling" by Eunice Leopold. $1400. Both at Gallery-Madison 90.
- Kohler: in bathrooms, toilets by Universal Appliances by Sears Roebuck & Co.
- Plumbing fixtures: Lowchair in living room designed by Jan Deanger and Johan Huld for the Stuns Collection, folding wooden dining chairs and matching sideboard dining table, all from the Workbench; wooden cocktail table designed by Niels Bendsten, and 36" round white plastic tables by Kartell and all accessories from Design Research; "Walnut" bent corner fabric covered pillows on built-in bench from Jefferson Mills; in bedroom, sheets, pillowcases and quilted coverlet in "Shadow" pattern designed by Bill Bliss for Mills; poster in bedroom, "The Move" by Will Barnett from Poster Originals, Inc.
- Kitchen and bathroom cabinets and countertops: Custom made by Sunlight Cabinets.
- MECHANICAL EQUIPMENT
- Hot water heater: 80-gallon tank by Central Vermont Public Service.
- Heating System: Solar heating system designed by The People's Space Co. and Sunshine, Inc.
- Exterior walls: Texture 1-11 plywood panels by U.S. Plywood Corp.
- Doors: Metal front door; hollow core wood interior doors.
- INTERIOR WALLS AND CEILINGS: Gypsum board by U.S. Gypsum Co.
- STUCCO AND APPLIANCES
- Doors: Arcadia aluminum frame sliding doors with insulating glass by Andersen Corp.
- Exterior walls: Texture 1-11 plywood panels by U.S. Plywood Corp.
- Windows: Pella windows by Robinhood Corp. and Perma-shield windows by U.S. Plywood Corp.
- Doors: Metal front door; hollow core wood interior doors.

BED AND BREAKFAST
- Pages 36-39,
- "Lily of the Valley" percale sheets: 50% polyester, 50% cotton, designed by Marc Bohan of Christian Dior for Springs Mills. At Lord & Taylor.
- "Twist" bed: queen size, polyester resin reinforced with fiberglass and steel, white lacquered finish, $2175. By Kernos.
- "Regency," high backed chair: 26" x 27" x 42" high, with white lacquered finish, $2800. By Jefferson.
- "Hosanna" lounge chair: 23" x 26" x 35" high, with white lacquered finish, $1580.
- "Sand Dollar" coffee table: 31" x 18" x 17" high, white lacquered finish, $650. All by Harris International. White D.S. Lpine, Inc., 1 Park Avenue, New York, N.Y. 10016.
- Furniture and brass: by Seita.
- Tray settings:
- top: "Izannah" glassware; plated, plain and embossed; "Happy Days" stainless knife: with apple green enamel insert. 5-piece setting, $25.
- Glassware:
- "Imperial" crystal by Gorham from Gorinii Fifth Avenue. Linens from Lenon.
- Bottom: "Rosebud" Limoges china: toast rack, $15; china plate, $46.50; creamer, $15.50; sugar, $20; cup and saucer, $9.95; tray, $18; percale napkin, $5; linen tablecloth, $25. "Perlex" silver-plated flatware: 5-piece place setting, $47.50. By Christofle & Faget.
- Pages 41-44
- "Shadow" and "Shadow Diamond" percale sheets: 50% polyester, 50% cotton, no-iron. Designed by Bill Bliss for Springs, Mills, Art Ltd. at Lord & Taylor.
- Lounge chair and ottoman: wood and polyester bases enclosed in foam rubber and Dacron, available in a range of leathers and fabrics. By Artifort for Turner Ltd.
- Navy and gold white pillows: made from handmade quilt tops. From $30-$150. At The Gazebo of New York.
- Pleated and paper constructions on ledge above heirloom counter tops: from the "500 Series" by Nancy Miller. $150. At Environment Gallery. (Plexiglas by Rolf Peterson.)
- "Flex Clamp" lamp: 40" long, 6" diameter, shade, plastic extension. Designed by Elio Martinelli for the Buzan Collection.
- Rectangular baskets: $9-12; Chinese dish, $30. From John Roselli.
- "Hole in the Barn Door" quilt: 71" x 72", $1800. From Moon Over The Mountain at Patchworks.
- Drum table: 18" diameter, glass top, white enamel finish, $900. At Harry."
Exercises for fitness continued from page 52

of motion.
3. Stand for a total of two hours a day.
4. Lift something unusually heavy for five seconds.
5. Burn up 300 calories a day in physical activity.

This is simple. And so are the exercises that Dr. Morehouse has devised—and demonstrates, page 52—to make you fit and healthy without guilt in ten minutes a day, three times a week.

Start with four limbering exercises. Use whatever rhythm pleases you. Don't count—there's no need. Just spend about fifteen seconds on each exercise.

Once you are stretched and limbered, you are ready to develop muscle tissue. Expansion sitbacks—to restore muscle of abdominal wall—and expansion pushaways should be done twice each for a total of about four minutes, alternating them as you feel inclined.

As you become more fit, increase difficulty of pushaways by lowering hands below shoulder height, as he does himself. The remaining five minutes of your exercise program are for good circulatory conditioning. The Endurance "Lope" will raise your heart rate to your proper level for 5 minutes.

More Fitness Tips
If you do these exercises for ten minutes a day, three times a week, says Dr. Morehouse, you will gain noticeable good circulation and an improved heart and circulatory system. For people who want to maintain fitness for sports and athletic activities, these exercises can be stepped up. It's up to you. Your pulse will tell you how much effort you're expending. And the exercises are so simple to do, unlike some of the exercises we have all been led to believe are so wonderful, such as touching your toes, deep knee bends, leg-ups, sit-ups, and back bends—all of which, declares Dr. Morehouse, do more harm than good.

Keep cool! Sweating weakens you, declares Dr. Morehouse. "Always exercise with light-colored, fight clothing, not sweat suits or dress clothes, such as touching your toes, deep knee bends, leg-ups, sit-ups, and back bends—all of which, declares Dr. Morehouse, do more harm than good."

Look for fitness opportunities. "During the day, don't lie down when you can sit. Don't sit when you can stand. Don't stand when you can walk. When you wake up, have a good stretch. When you wash, soap and dry yourself vigorously. When you walk, walk briskly. And look for opportunities to climb stairs."

I've had people who can't stand exercise—any kind of exercise. But one thing they will do is climb the stairs once in a while. This will improve their condition markedly. Now older people tend to buy houses all on one floor in order to avoid stairs. I'm past fifty," they say, "I don't want stairs to climb any more. "The opposite is true—the older you get, the more you need those stairs. This doesn't mean you have to run upstairs and downstairs all day. But people looking for retirement homes should look for stairs. It may be all the exercise they are going to get."

"The proper exercise is so easy," says Dr. Morehouse, "and it's fun, too. It doesn't need precision, or regularity. Just do as much as you feel like doing, and you are doing wonders for your physical condition. Even if you have lived fast for twenty years, just a little will really put you in better shape—for your life. It improves your sex life, too—a study of residents of Leisure World in Southern California found that exercise lessened the depressive states often found in the elderly and that those with high fitness scores also reported a more satisfactory sex life in their later years. So on with the pushups and sitbacks—it takes so little to achieve so much! ■

Energizing, tranquilizing milk continued from page 53

Cost of food varies so much that different areas of our country that is almost impossible to include cost of protein and calcium in milk products in dollars and cents. However, non-fat dry milk is the least expensive source of these two essential nutrients. This does not apply to all dairy products. Equivalent amounts of processed commercial yogurt is as expensive as many choice meats. However, one makes yogurt at home it is almost twenty to fifteen times cheaper than the commercial product. TO MAKE YOGHURT*

Let stand covered from 2 to 4 hours for 4 to 5 tablespoons preparing yogurt. Place it in the top of double boiler with 1 quart simmered or whole milk. Place dairy thermometer in the milk and heat the milk until it reaches 120°.

Cool mixture slightly and set in the top of the double boiler and with the thermometer in over, not in, hot water. Keep the water hot enough so that the temperature registers between 90° and 105°. Continue at this heat between 2 and 3 hours until the mixture becomes as thick as custard Chill the yogurt at once and refrigerate.

Yogurt will keep 2 to 5 days. May be served alone or as a base garnish for soups, or it may be used in salad dressings. Try serving with brown sugar or blackstrap molasses and cinnamon or with fruits. Keep 2 to 4 tablespoons of this mixture covered and refrigerate as a starter for the next batch. Allow it to stand covered at room temperature 2 to 3 hours before adding it to the new quart of milk.

For those who are allergic to cow's milk there are alternative sources such as goat's milk or fortified soymilk. Lactase deficient individuals (lactase is an enzyme that splits lactose, the sugar in milk, into glucose and galactose) often must omit milk from their diets. But many of these unfortunate individuals can manage milk in moderate amounts without discomfort. So drink milk. Nutritionally it is one of man's best friends. ■

our involvement in art." 

The Schleys have more leisure on weekdays. Before leaving the studio, Reeve cooks breakfast for the family. After lunch, he Georgie takes some in sun on the veranda, "even in winter, it east and it's sheltered." He plays hockey three nights a week. They keep horses at the barn and ride and hunt. Tennis and polo are two other sports.

On Sundays, the Schleys may go to New York, only minutes away, to have dinner with friends or to take in a play. They enjoy six Saturdays a week because we're retired," says Hackney. She and her husband, Ernst ("Buddy") live close to Mystic, on a hill overlooking the Miami valley.

During the hectic weeks, to cram everything into the ends," explains Mrs. Hackney. A tall, gray-haired woman, she looks tiny next to her 6-foot husband. "Now, we spread the things we enjoy doing about the week. We never much. A lot of what we do on the weather; if it's sun, we play golf one afternoon, if it's rain, we play tennis. I'm a very willing sitter."

This is Seabird," says Augustus Smith Jr., a yachtsman, showing us one of the 36-foot wooden sloops and his French-born wife, Mo-rie, a striking 6-foot blonde, sail of Mystic Harbor, Connecticut each winter.

On Saturday nights, we'll anchor somewhere and then we have dinner. We love to give our guests a fi)rig of parsley and bay leaf, 1 teaspoon butter 4 slices American or Gruyere cheese 1 cup hard cream, salt, pepper to taste Baked defrosted lobster tails 1 quart white wine sauce 1 teaspoon butter 2 onions, chopped thyme a sprig of parsley and bay leaf, tied together tarragon 2-ounce cans tomato paste 1 pint heavy cream 1 cup hollandaise sauce Dip veal patties into beaten egg, roll in bread crumbs and pan fry. Place in rectangular, flat oven dish, cover with asparagus tips and cheese. Whip heavy cream, blend with hollandaise, pour over contents of oven dish. Bake at 350° for 20 minutes. Serves 5.

This is Mystic. Then, in the supermarket, they buy a steak and two fresh vegetables, canned mushrooms, China tea, lemons and apples.

The Kinsolvings are back on Seabird between 11:30 and 1 and ready to sail. "We always go somewhere unless the weather is heavy. "On Saturday night, we'll anchor somewhere and then we have a big dinner. Sometimes, friends will join us from shore; sometimes, we have a friend or two on board," says Gus. "And the cook never washes. That's a rule on board," says Gus. Cooking takes a long time on the stove's alcohol burners, so keeping the meal simple is very important.

On Sundays, after sailing back to Mystic, there are two good hours of chores the Kinsolvings must accomplish before returning to New York. "There are fewer chores in summer and we can go on longer sails," explains Gus. "But in the wintertime, nobody else is there; the sound of outboard motors vanishes. I also love the adventure of winter sailing."

Peter Talbert, fresh out of college, is a New York tennis-teaching professional, who is on the courts from five to eight and a half hours a day, six days a week. "I take Saturdays off," he explains, "because most of my friends are free that day. I don't mind working on Sunday—it's prime time for us.

"On Saturday morning, I sleep late—until about 10 or so—and then go out and buy a paper, sit down in the General Motors Plaza and read it. Then play squash or court tennis for relaxation."

Another Saturday pastime is watching sports on television—"whether any sport. He also cooks for friends Friday or Saturday night, "never more than five or six, because the studio is too small."

Dorothy Weatherford, a sportswear and quilt designer from Charleston, W. Va., lives in an apartment in town with her three children and her work often continues during weekends. "Because a getaways weekend is so rare, it is very precious to me," says Dorothy, a curly haired brunette. "I want to be out-of-doors, away from the telephone and not have to worry about combing my hair." Her solution is a 45-mile drive north of Charleston to an abandoned 100-acre farm she bought three years ago. On it, she has a barn, a chicken coop, and a tent she's pitched.

On Friday afternoon, she shops for food and supplies, puts on her hiking boots and packs the kids, aged twelve, eleven, and nine, into her red pickup truck. "The minute I hit the farm's dirt road," says Dorothy, "I pull the curtain over my problems in the city and the pressure stops.

"We live in a very primitive way. We don't have any creature comforts out there: I get water from the creek and boil it for drinking. To prepare a meal, you first have to chop wood: That takes us all afternoon. Then we build a fire in a little lean-to against the barn and cook up a stew that's very plain but good because we're outside."

Dorothy reads during the day or sketchers, while her children play in the creek or wander up the hillside. "They have learned to rely on themselves and their imagination for their entertainment."

City folks often like to leave their metropolises during the week-end for fresh air and wide-open spaces. Roberta and Rodolf Smith, tanned, gray-haired grandparents who live and work on their 4,500-acre sheep ranch do just the opposite: On Saturday, they drive into nearby Fredericksburg, where they own a 19th-century "Sunday House" and spend the night in town.

"When we arrive, we work in the garden," says Mrs. Smith. "We have a lot of deer in the country and they can harvest a crop over night, so we raise our vegetables in town."

On Saturday night, they often visit friends or have them over for dinner. "We love to give our guests home-smoked leg of lamb. After all, we produce it, along with the vegetables we serve."

"On Sunday, there's church and more gardening, and visits—or sometimes, just a quiet afternoon or evening together.

LOBSTER A L'ARMORICAINE (from the Abamawaks)

4 pounds frozen lobster tails 1 teaspoon olive oil 1 teaspoon butter 2 onions, chopped thyme a sprig of parsley and bay leaf, tied together tarragon 2-ounce cans tomato paste 1 pint heavy cream 1/2 cup sherry salt, pepper to taste

Boil defrosted lobster 10 minutes in salted water, cool, remove meat and cut into morsels. Heat oil and butter in large skillet; add onions and cook until golden brown; add herbs. Cover and simmer 10 minutes. Add tomato paste, cream, sherry, lobster, salt, pepper. Simmer 1 hour. Serve with rice. Serves 12.

RED CABBAGE (from the Schleys)

1 medium-sized head red cabbage 1/2 onion chopped 4 strips bacon 1 apple, peeled, studded with 3 cloves pinch salt; pinch pepper 3 heaping teaspoons brown sugar 1 teaspoon white vinegar a few rubs nutmeg

Cut cabbage in half by the root; lay each half with the flat side on the board and cut into thin strips.

In a large pot that has a lid, sauté the chopped onion and bacon over low heat; wash cabbage, drain well and put into pot; cover and cook over medium-low heat, taking care that the contents on the bottom will not burn. Turn mixture periodically, until it has steamed and settled; then add remaining ingredients; stir often; cook at least 1 1/2 hours, but will be even better if left to simmer for 2-3 hours. Serves 12.

GENIE'S CHEESE FARINA (from the Hackneys)

1 cup farina (do not substitute) 2 cups milk 1 teaspoon salt 1 cup grated sharp cheese 2 eggs 3 tablespoons butter dash paprika

Cook farina and milk to mush; add salt and grated sharp cheese. Heat well, add two beaten eggs; pour into buttered casserole, sprinkle with paprika, and bake for 30-45 minutes in a 425° oven, until firm. The cheese farina is similar to a soufflé, but it won't fall. Serves 6.

VEAL OSCAR (from Peter Talbert)

12 veal patties 1 egg bread crumbs 1 bunch asparagus tips, cooked 4 slices American or Gruyère cheese 3 pint heavy cream 1 cup hollandaise sauce Dip veal patties into beaten egg, roll in bread crumbs and pan fry. Place in rectangular, flat oven dish, cover with asparagus tips and cheese. Whip heavy cream, blend with hollandaise, pour over contents of oven dish. Bake at 300° for 20 minutes. Serves 5.

GRAPE SHERBET (from the Smiths)

2 quarts grape juice 1-2 cups sugar, to taste juice of 3 lemons 5 cups half-and-half Blend ingredients except cream; pour slowly into half-and-half. Blend well, but very slowly, so mixture won't curdle. Process in ice cream maker. Serves 8. 133
The tomato’s defender
How wasps save tomatoes...
No more hayfever... September springtime...
One hundred and one houseplants... Historic American tree...

Stop sneezing!
Along with the good things of mid-summer come a few of questionable merit—hay fever, for instance. Nobody believes any more that goldenrod causes hay fever—grasses and ragweed flowering at the same time are responsible. Mold is another very common but often unrecognized source of the irritation. Growing on damp, decaying vegetable matter, molds release billions of spores, and it is these that cause the trouble. So, if you’re at all susceptible to the irritants that produce hay fever, don’t tempt fate by turning over your compost heap if there’s any sign of mold in it. Better yet, wear a pollen mask whenever there is any indication of pollen or mold spores floating around in the air. The 3M pollen mask is available at drugstores for $1.95 per package of ten masks.

Wasps knock out tomato worms
Tomato plants—the leaves, growing shoots, and maturing fruit—disappear at a great rate into the hungry jaws of the tomato hornworm. Although it’s as big as a person’s forefinger, this caterpillar is hard to spot since it is the exact color of the plant it feeds on. Once found, it may be knocked to the ground and dispatched with a hoe or trowel. However, any hornworm studded with white projections the size of rice grains, like the one above, should be left alone. The odd-looking knobs are cocoons of a tiny wasp that preys on the caterpillar. Weeks earlier, a female wasp had laid its eggs in the hornworm’s body. These hatched and the larvae, after quite literally eating out the worm’s insides, went into their dormant stage in these pupal cases. The hornworm is doomed and already past chomping on tomatoes. Leave it alone, so the wasps can mature, and they’ll be on hand to take care of next year’s crop of hornworms.

The tree that guided the Pilgrims
The sassafras is a native American tree that drew more attention in the early days than it does at present. Early explorers of the North American continent discovered the merits—medicinal and flavorsome—of this tree with spicily aromatic leaves, bark, and roots. In the early 17th century, ships from England visited the shores of what was to become the U.S. and returned with cargoes of sassafras roots. Navigators of these same ships guided the first settlers to the shores of Massachusetts Bay, and that’s how it all began. As a landscape tree, sassafras has its limitations. It sends up an abundance of root sprouts, creating a weedy tangle that only birds and rabbits appreciate. Restricted to a single trunk, though, sassafras becomes an interesting, small-to-medium-sized tree with rugged bark, oddly lobed leaves, and clusters of yellow flowers in spring.

Springtime in September
The American Horticultural Society is planning a garden and wildlife tour of South Africa. This will be in September, 1975, which is springtime down there below the equator. Gardeners the world over grow a long list of South African plants without giving them a second thought. Gladiolus, calla lilies, arctotis, and gazanias are just a few of the hundreds of plants that have come to us from the tip of Africa that divides the Indian Ocean from the Atlantic. Our growing season is coming to an end as theirs is beginning, so it’s a good time for the typical gardener’s holiday—looking at gardens. The tour will leave New York Saturday, September 6 and return on the 28th. Dr. Richard H. Pough, the well-known naturalist, will act as guide, so ample attention will be given to birds and other wildlife, as well as plants. For full information, write The American Horticultural Society, Mt. Vernon, Va. 22121.

One hundred houseplants, plus
All the usual house plants, plus several that most of us have never heard of, are given affectionate consideration in 101 Flowering Houseplants Anyone Can Grow (Fawcett, $2.25). Thomas H. Everett, Horticultural Specialist of the New York Botanical Garden, has summarized the wisdom of his long experience in making this selection. The clear, concise Everett manner—well known from his other books—leaves no question unanswered. There are crisp color photographs, also a list of suppliers for plants and materials.
Vera for Burlington Domestics; At the Mix Company.

"Gloria" cotton chair: 26" x 32 ¼" x 33" high. At Watters Wicker.

"Balls" lamp: 55" high, head swivels. At George Kovacs.


"Rabit" 9" x 7 ¼", of terra cotta. By Jane Arnold. $800. At Finch Gallery.

Table top right:

"Sunglowam" quilted chiffon bedspread; cotton and polyester. Twill quilted throw, $85. "Pucker Tapestry" Dacron and cotton bed hangings; made from curtains with rod pockets. From Porthault.

"Fancy" cotton and polyester chiffon shams; standard pillow size, $27.30; "Mandy" white sham; standard, $15.50 each; cotton; and polyester shams; queen size (includes pillow). By Norman's of Sailsbury. To order through home furnishing stores.

"Rapture" cotton and polyester sheets; available also in brown, and in coordinating bath towels, hand towels, washcloths, from the U.S. Mill Collection for Utica by J.P. Stevens. At Bullock's, $8.50.

Canopy daybed: twin size, $115 high, bamboo turning and lattice details, pearl white finish. $499; deck: 52" x 20" x 10" high, 3 drawer, $128. At Robinson's (includes pillows). All by Norman's of Sailsbury. To order through home furnishing stores.

"Advance" cotton and polyester bed sheets: standard size, $27.30; "Mandy" white sham: standard, $15.50 each; cotton; and polyester shams; queen size (includes pillow). By Norman's of Sailsbury. To order through home furnishing stores.

"Lamour" night stands: 24" x 30" x 36" high. $650. By DIA, Design Institute of America. At Bullock's, $125. At Nantucket Looms, $70.50. To order Imm Nantucket Looms.

"Rattan mobile night table: 24" x 30" x 36" high. $525. By DIAD, Design Institute of America. At Bullock's, $125. At Nantucket Looms, $70.50. To order Imm Nantucket Looms.

"Milanc County" armoire: 39" x 70" X 20" deep. $2,500. At the Mary Queen of Scots by Margaret Swain (Van Nostrand-Reinhold, 11%" X 11" X 12 ¼" high. $78.88. By General Electric.


"Meddlepoint By Design" pillows: 17" square. $7.50; "Shaker Patch by "Cannon Mills: 7; "Echo" by Burlington Domestics: 8; "Dundill" by Cannon Mills: 10; "Catsby Stripe" by J.P. Stevens: 11; "Town & Country" by Cannon Mills: 12; "Shadow" by Cannon Mills, $15. "Bill Blass for Springs Mills: 13; "Royal Bouquet" by Cannon Mills: 14; "Wild" by Van Ness Imports; 15; "Butterfly" by Wannsutta: 16; "Hand- kerechief Plaid" by J.P. Stevens: 17; "Dor River" by Wannsutta: 18; "Marx" by J.P. Stevens: 19. "Bill Blass for Springs Mills: 20; "Bakula Jungle" by Marx; 21; "Indian Sundance" by Burlington: 22; "Bakula Star" by Marx.

Page 45:


Simmons; "National Park" by American Hertiage; "2000" Springs Mills; "Bakuba" by Spaulding; "Evesham" by Wamsutta; "Abstract" screen: four 20" x 80" high panels of fiberglass. To order in any color or style. By Robert Worsley and David Solomon. Through Isabel Worsley.

"Rabbit" 9" x 7 ¼", of terra cotta. By Jane Arnold. $800. At Finch Gallery.

Library Craftsmen.

"Fellow" mohair scarf: $32.50. At The Sticker Furniture: talile with shelf, 44" X 26" X 26" high; Moore ottoman. At La Tienda.

"Louvred" shutters: ponderosa pine. $6.50. Both 4" X 26" X 26" high; Moore ottoman. $115; desk: 52" x 26" X 30" high, 1 drawer. $205; cane-back chair, $120. At La Tienda.

"Landing acrylic memo sheet holder: chrome. $14; creamer, $15.50; sugar, $20. At La Tienda.

"Rattan" mobile night table: 24" x 30" X 36" high, $525. By DIA, Design Institute of America. At Bullock's, $125. At Nantucket Looms, $70.50. To order IMM Nantucket Looms.

"Milanc County" armoire: 39" x 70" X 20" deep. $2,500. At the Mary Queen of Scots by Margaret Swain (Van Nostrand-Reinhold, 11%" X 11" X 12 ¼" high. $78.88. By General Electric.

...the ideal way to buy your presents from The Metropolitan Museum

Every three months—four times a year—the Museum will announce by mail remarkable new replicas—exact copies of Museum originals: sculpture, decorative objects, tableware, and ornaments.

The variety will be extraordinary: ancient jewelry in gold and silver; Oriental and European porcelain; early American glass in crystal and rare colors; bronze from Egypt, Greece, China, and the medieval world; silver, pewter, brass, and pottery from Colonial America.

These copies, often produced by the same techniques used for the originals, are made by artist-craftsmen working under the Museum’s direct supervision. The care taken in production frequently limits the quantity, and the majority of replicas can be bought only by mail or at the Museum.

To receive all of the advance announcements to be issued during the next year, send the coupon below with one dollar to cover mailing.

On September 1, you will receive the first of these, the 116 page Christmas Catalogue. A brilliant array of new presents includes an ancient Egyptian necklace of blue lotus flowers; golden stags, panthers, lions, and griffins from the Scythian treasure hoard; shutters, gutters, downspouts, soft and facia boards designed to make your home’s exterior maintenance-free. 14 color illustrations of how architectural styles can be updated. Bird & Son. 50c

To order directly from us. Fill in the coupon below, circling the number of each booklet desired, and enclose your remittance in the form of a check, or money order only. Please do not send stamps. House & Garden will do everything it can to see that your request are filled as rapidly as possible.

Building and Remodeling

1. "HOME INSTALLATION CAN BE BEAUTIFUL" is an informative brochure from Alcoa Building Products, Inc. illustrating how the installation of Alcoa siding saves fuel. Also listed are other tips on how to cut fuel consumption. Reply card for your appropriate Exterior Design Kit included with your order.

2. "WHAT YOU SHOULD KNOW ABOUT ROOFING AND SIDING BEFORE YOU BUILD OR REMODEL"—32-page, full-color brochure describes roofing, vinyl siding, shutters, gutters, downspouts, soft and fascia board systems designed to make your home’s exterior maintenance-free. 14 color illustrations of how 7 architectural styles can be updated. Bird & Son. 50c

3. "HOUSE PAINT PROBLEMS AND HOW TO PUT THEM RIGHT" is an easy-to-read, informative pamphlet from Du Pont Lucite. Shown are the most common causes of paint failure and how to cure them—cracking, peeling, mildew, staining, flaking, and blistering. "How To Paint With Lucite..." leaflet included with your order has tips on usage for interior and exterior paints.

4. A FRAME HOMES. New book pictures all possible applications of the popular A-frame construction—for permanent dwellings as well as vacation homes. Choose from over 50 A-frames and other chalet type designs—all of which meet new Uniform Building Code and Insulation Standards. Home Building Plan Service. $2


6. "THE VIEW FROM THE TUB AND HOW TO CHANGE IT," is a new step-by-step instruction booklet on how to decorate your bathroom with sheets, towels, and color! Plus, how to make an exercise mat, sink skirt, shower curtain, and other bathroom accessories. $1

7. "WINDOW MAGIC"—A comprehensive guide to window treatments featuring the new tapeless Riviera blinds. Full-color pictures show helpless designers use these blinds. Special section explains how to customize blinds with appliques, paintings, etc. Levolor Loarentzen. 50c

8. "FURNITURE DESIGNED FOR GRACIOUS LIVING" describes the beautiful bedroom and dining room collections by Union National, Inc. Designs range from traditional to contemporary, French to Oriental, including unusual pieces like kingsize bed fronts. $1.50

9. EXPRESS YOURSELF WITH DECORATIVE TABLE SETTINGS. Ideas shown in this booklet. Follow simple directions for creative America settings. Use them as a starting point for your own imagination. Easy. Funt Yours from the Plattagraff Co., many of the new A-frame and chalet designs by Union National, Inc. D "GOURMET SECRETS" two colorful booklets from Foreign Vintage offer many recipes for food and drinks. Amaretto di Saronno is the Italian flavor in each.

10. ADD SOMETHING SPECIAL to your drinks, appetizers, salad dressings, main dishes, and desserts—Rose’s Lime Juice. Many delightful recipes are listed in this 16-page color booklet. "The Tangy Touch." L. Rose & Company.

11. "ITALIAN INTRIGUE" and "GOURMET SECRETS"—two colorful booklets from Foreign Vintage offer many recipes for food and drinks. Amaretto di Saronno is the Italian flavor in each.

12. "A MEASURE OF GOLD" is a 24-page booklet brought to you from "21" Brands Inc., filled with recipes for beverages, glazes, marinades, sauces, batters, entrees, crépes, dressings, soups, and desserts. The versatile spirit in all—Galliano.


Decorating

Eating and Entertaining
18. ELEGANZA II—a new concept in illustrations of the driver environment. Color brochure from GM Motor Homes, notor-home thinking is described in a delightful consumer guide. Color photographs show luxurious room settings, the Olympic-sized swimming pool, and a sampling of the entertainment offered nightly.

21. HELPFUL HINTS ON HOW TO BUY A MATTRESS are discussed in a delightful consumer guide from Therapedic titled “The Bed Game.” Booklet includes a listing of dos and don'ts for you and your back, the important facts on mattress construction, plus tips on how you can test a mattress before buying.

22. COMPLETE SELECTION OF WRITING INSTRUMENTS is illustrated in a 48-page mail-order catalogue from Fahrney's Pen Shop of Washington, D.C. Everything from architects' pencils, caligraphic nibs to the pen that captures more than 100 heavenly meals. California Tree Fruit Growers says to serve the fruits of summer: recipes to add to her collection. For the experienced person who is looking for beginner "picklers" who need guidance on how and where to start and for U.S.A. This culinary booklet is for your mattress.

Order coupon for booklets

Start a tradition in your home.

August, 1975

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50c for postage. No stamps. Allow up to four weeks for delivery.

MAIL TO: HOUSE & GARDEN, Dept. 8
Box 3579, Grand Central Station
New York, N.Y., 10017

1  2  3  4  5  6  7  8  9  10  11  12  13  14  15  16  17  18  19  20  21

I enclose:

$______ for postage and handling of my request for booklets
$______ for booklets circled requiring payment

Is my total remittance

Offer expires 10/15/75

Name              Mr.  Mrs.  Miss  (Please Print)
Address
City State Zip

FREE! Andersen guide to beautiful, snug-fitting windows and gliding doors. This free 24-page booklet will help you select beautiful windows that are designed to save on your heating and cooling bills. Send today for this informative full-color guide packed with helpful hints and facts, plus descriptions of Andersen's Primed Wood and Perma-Shield vinyl-clad Windows and Gliding Doors.

Please send me your free booklet, "How to get good windows when you buy new building."

Mail to Andersen Corporation, Bayport, Minnesota 55003.

1. I plan to build, 2. I plan to remodel, 3. I plan to stay

The beautiful easy way to save fuel. Andersen Windowwalls!
"Deco Echo" quilt and pillows: polyester and cotton fabric, cotton filling, made by hand in Canada. Twin quilt, $184; double quilt, $240; king, $338; matching pillow shams, $18 each; pillows, 16" x 16", $16; 18" x 18", $19.50 each, $38. By Suits & Seawinds Limited.

"Do Not Disturb" fabric framed message: 7" x 9", brochure with 25-30 messages available, all custom ordered, $35 each. Designed and made by Rain Bath.

Alarm clock: $2. By Swiza. At Bonwit Teller.

Blue denim chaise: 63" x 26" x 32" called here, $435 COM, By Thayer Coggin. At Colby's.


Large cotton tote bag: 12" x 18", plastic lined, $34. By Design Thai. At›

Cane desk accessories: pencil cup holder, $5; notepaper holder, $6; or cardboard holder, $5. All at Henri Bendel.

PURE PLEASURE

"Asparagus" wall covering: 50' x 20' repeat. By Design Thai. At›

Cotton canvas pillows: 24" x 24"; $20. By Design Thai. At›

Waterproof floating portable radio: FM/AM/weather band, built-in lenses, included earphone and external speaker jack, strap handle, $79.95. By Panasonic.

Wool/nylon macramé plant hanger: 10'5" x 5'9" x 4', $90. For Henri Bendel and The Atrium, Phoenix. By›

Canvas umbrella: 4'-spread, $132. By Suits & Seawinds Limited.

In every issue from now through December, 1976, you'll see a speci
tial selection of things for the House that House & Garden is chosen as a salute to the bicentennial celebration, things you can buy at The House & Garden Great American Idea Centers in the following stores across America. For the third in the series, No. decorating for Bed and Bedrooms, please turn to page 38.
Poached Pear

Roast Beet Hash with Tomato Melba Thin Toasted Muffins

Tea with Milk

OAST BEEF HASH PATTIES

cup cold roast beef, diced
cups cold cooked potatoes, diced
cup onion, minced
tbspn salt
tbspn freshly ground pepper
tbspn half-and-half
tbspn slices tomato

Tablespoon chopped chives

A large bowl combine meat, potatoes, onion, salt, pepper, and all-and-half. Make four patties of uniform size. Butter 4 ramakins and top with patty. Bake in a 6 o'even for about 20 minutes, until top is crusty and brown. Top patty with a slice of tomato and a little minced chive. Serves 4.

Tequila Boom

continued from page B6

time drinkers was known as a "Per- fect." If you use tequila for this splendid drink use 1/3 ounces (1 jigger) of tequila and 1/4 ounce each of sweet and dry vermouth plus a dash of bitters. It's good! Years ago the Tequila Daisy was a specialty of Hussong's Cantina, in Ensenada, where Pancho the bartender ran up hundreds of them every day for thirsty tourists.

TEQUILA DAISY

2 ounces tequila
1 tablespoon lemon juice
1 tablespoon grenadine
1 ounce club soda

Shake all ingredients vigorously with plenty of cracked ice, and strain into a chilled cocktail glass. It will have a little foam on top from the club soda, a lovely pink color from the grenadine, and a delicious flavor from the combination of the ingredients.

Tequila is especially good in the Mexican version of the ever-popular Bloody Mary, sometimes called Bloody Matador. Because of its natural spicy taste, the drink does not need such additions as Worcestershire sauce, Tabasco, pepper, and so on. A little salt and a bit of lemon or lime juice are sufficient. However, if more heat is needed, add a few drops of the liquid from a tin of chilies jalepenos—they're hot!

BLOODY MATADOR

1/3 ounces tequila
3 ounces tomato juice
1 tablespoon (or more) lemon or lime juice
pinch of salt

Shake well with plenty of crushed ice, and pour over the rocks in an Old-Fashioned glass. Many admirers of Bloody Marys do not

realize that the original formula was always shaken well and strained out. Try it next time, and you'll never make it any other way. A drink simply called Matador, uses pineapple juice instead of tomato juice, along with lime juice. It is shaken and served the same way.

Among the most time-honored of all mixed drinks are those called Sours. There are all sorts of formulas for the proportions of sweet, sour, and spirit, but for a good rule of thumb I like 1 part sweet, 2 parts sour, 8 parts spirit. A sour is particularly refreshing made with tequila.

TEQUILA SOUR

1 ounce simple syrup (or bar sugar)
1 ounce lemon juice
4 ounces tequila

Mix ingredients well in a bar glass with ice; strain over ice cubes in an Old-Fashioned glass. Garnish with a wedge of lemon or lime. Tequila lends itself admirably to Collins, Fizzes, and Rickeys. Even Juleps, made in the traditional manner with mint leaves and sugaruddled together are most satisfactory. Frozen Daquiris (Tequiris) are excellent with tequila, as are other rum mixtures.

The mixture of spirits and champagne has a long and delightful history. Cognac and champagne is known as a "King's Peg"; gin and champagne as a "Queen's Peg." So try a new blend for a remarkably good apéritif—"Montezuma's Peg." In a large wine glass place a lump of ice. Add a jigger (or to taste) of Tequila and fill with iced champagne. It's a beverage in the morning!
FIDDLEBACK FLATWARE OF 1776
-Reproduced As Authentic Replicas
In Satin-Finish Stainless! 48-Piece Service
For 8 Plus FREE 6-Piece Hostess Serving Set
NOT $39.95! NOT $29.95! ONLY $17.76

Your home can reflect the gracious living of Early American Colonial elegance when you grace your table with this incredibly beautiful service. To celebrate the 200th Anniversary of our country, we are offering the famous Americana Fiddleback Flatware in magnificent, satin-finish stainless steel at just a fraction of what you would expect to pay for such a luxurious matched set. Imagine! 48 piece service for 8 plus a FREE GIFT of 6 Fiddleback Serving Pieces—54 pieces in all and all for the incredibly low price of ONLY $17.76!

LIMITED SUPPLY AVAILABLE AT THIS $17.76 SALE PRICE

Don't be disappointed! Take advantage of this amazing low price while our supplies last. Order now and we'll send you the complete service for 8 including 8 Knives; 8 Dinner Forks; 8 Salad Forks; 8 Soup Spoons; 16 Teaspoons PLUS a SPECIAL FREE GIFT of a matching 6-Piece Hostess Serving Set that includes a Pastry Cutter-Server, Gravy or Punch Ladle, Serving Spoon, Serving Fork, Sugar Spoon and a Butter Knife—54 pieces in all! The entire set is yours for just $17.76 on full money back guarantee if you are not absolutely delighted. At this special low price, you'll want to order one set for yourself and another as a special gift for a cherished friend. But don't delay. Supplies are truly limited. Mail coupon today to avoid disappointment.
decorating with feeling

ew color lifts with plants, paint, art, fabric, carpet

0 exciting rooms • 50 decorating finds

fascinating discoveries about the emotional power of color

special report on the new way to eat and cook • irresistible light food that has the food world talking
Invest in signed works of art by Waterford®

Hold Waterford to the light and you can see faintly etched the signature that identifies it as an authentic work of art.

Each piece of Waterford crystal is a signed original, blown by mouth. Every single facet is cut by hand in the ancient Irish city of Waterford just the way museum pieces were cut in the distant past.

Waterford is an investment in art that not only enchants you as you live with it, but can reward you and your heirs as it grows in value.

Compote, $32.50
Martini Jug, $35
Sugar & Creamer, $28
Decanter, $59
Bud Vase, $24.50
Lismore:
Goblet, $15.75
Claret, $15.75
Brandy, $21.50
Continental, $15.75
Champagne, $15.75

Visit the Waterford Gallery at the important store in your area.
Or write for full-color booklets.
Waterford Crystal, 225 Fifth Avenue, New York 10010.

There may never be a more propitious time to invest in Waterford.
Isn’t it time you started collecting signed originals by Waterford?

It gathers the light of ten thousand yesterdays to illuminate ten thousand tomorrows.

Each piece of Waterford crystal is a signed work of art, blown, cut and made wholly by hand, with heart.

The dreams it evokes in its play of light!

Every single facet is cut by hand in Ireland, just the way Waterford museum pieces were cut in the distant past.

Each piece of Waterford is an investment in beauty that will enchant you now, and reward you ever after as it grows in value.

To illustrate a few current works of art:

Sheila Goblet, $18.25
Ash Tray (7") $49.00
(5") $27.50
(3½") $16.00

Write for free full-color booklets. Waterford, 225 Fifth Avenue, New York 10010.
Or visit the Waterford Gallery at the important store in your area.

Isn’t it time you started collecting signed originals by Waterford?

(And English china by Aynsley, to go with it?)
WOMEN TELL US WITHIN 21 DAYS THEIR SKIN IS:
"FINER-TEXTURED," "CLEARER, MORE LUMINOUS."
"SOFTER." "DRAMATICALLY IMPROVED."

Try it and see. This moisturizing and texturizing cream penetrates up to 20 cell layers to accomplish improvement in the look and feel of your skin. In clinical tests most women actually saw a visible change—a finer-textured, softer, smoother skin. Visible Difference. You should see the difference in 21 days.
We make furniture for lovers

Our "Royal Colony" tables score big with lovers of the light, airy look that makes a room more spacious. Simulated bamboo, often accented with functional cane shelves, is happily married to bevelled-edge glass tops. It's a chic look you'll know you can't afford until you know Lane's incredibly low price. The collection includes square, bunching cocktail tables, a console and an etagere. Each table is available in wood or antique white or yellow finishes. Sofa and chair are by Pearson, a division of Lane. For color literature of Lane furniture, send 25¢ to The Lane Co., Inc., Dept. N09, Altavista, Va. 24517. In Canada, Knechtel Furniture, Ltd.

For your nearest "Royal Colony" dealer, telephone free: 800-243-6000. (In Conn., 1-800-882-6500).
5 reasons your next dishwasher should be a KitchenAid.

1. A Soak Cycle to clean crusty pots and pans.

2. Fan-circulated, hot-air drying that’s safe for fine china.

3. A patented 9-position upper rack that lets you load big or odd-shaped items many other dishwashers can’t handle.

4. TriDura, a 3-coat premium porcelain-on-steel interior that prevents corrosion. Plus, it’s dishwasher safe. Plus, it’s dishwasher safe. Plus, it’s dishwasher safe.

5. A heavy-duty 1 hp motor that will stand up under hard daily use. So tough, it’s warranted or 5 years. If the motor should fail during the first year, it will be repaired or replaced without charge; during the next four years you pay only for labor.

For more reasons, ask any KitchenAid owner. Or your KitchenAid dealer, listed in the Yellow Pages. Or write KitchenAid, Dept. SDA-9, Robart Corporation, Troy, Ohio 45374.

SEPTEMBER, 1975

DECORATING, ARCHITECTURE, BUILDING

58 Home improvement ideas for the house fixer.
60 Live in color—decorate with feeling.
62 How to give your house a color lift with paint.
68 How to give your rooms a color lift with plants.
80 How to give your rooms a color lift with wood.
88 Pale background for art and people.
92 Introducing House & Garden Colors for 1976.
93 Exciting, calming, communicating color.
94 Great news about architecture in color.
96 Shape, color, space—excitement in a new low-cost house.
104 Fresh color and a fresh life for an old house.
110 Thinking color, thinking carpet.
116 Rethink carpeting: It’s an exciting, graphic medium for expression.
118 American watercolors zest.

FEATURES

What’s new for living: Design to turn on today.
Times/Seasons/Money-saving tips: New take-it-easy technique to get things done.
Controlling your light bill. By Sandra Oddo
Thoughts, ideas, techniques: By Mary Moon Hemingway.
Questions & answers: Antiques.
How to get people into crafts, Christmas is now.
A great American idea: The enchanted eye.
A collector speaks her mind about hanging, lighting, and caring for modern art.
By Paula Rice Jackson.
The positive power of color (Editorial)
Your color aura. By Beverly Russell.
Your color dreams. By Caroline Seebom.
Food, wonderful light food. By Caroline Seebom.
Get yourself slim the French way. By Naomi Barry.

WINE & FOOD

Eating yourself slim the French way. By Naomi Barry.
Good news from the California wine world. By Naomi Barry.

BEAUTY AND HEALTH

Notes on nutrition for your family’s health.
Do you know everything you should about carbohydrates?
How, why, and when to choose sunglasses.

GARDENING

A garden in steps.
Gardener’s notes. By James Fanning.

READER’S SERVICE

66 Headquarters for House & Garden Colors.
138 Shopping information.
142 Shopping around with Audrey Nichols.
198 Best in booklets.

FOR FURTHER INFORMATION ABOUT ANYTHING APPEARING IN THIS ISSUE, PLEASE WRITE HOUSE & GARDEN READER SERVICE, CONDE NAST BUILDING, 350 MADISON AVENUE, NEW YORK, NEW YORK 10017.

Advertisement:

An all-white living room, a definite color, contemporary art. Architect Keith Kroeger and interior designer Filippa Marks in a background for people and space. With color used in many different ways (see page 88). The paintings in the living room are works by Naess and Mark Hampton.
A Child's Lenox

It's not like your other Lenox. The "Gentle Friends" Set is made from a special super ceramic, so it can take anything a child can dish out. It's guaranteed against breaking, chipping, cracking, and crazing for two years of normal home use. Available in gift-boxed set of plate, bowl, and mug, wherever grown-up Lenox is sold. $29.75 the set.

"GENTLE FRIENDS" BY LENOX
TRENTON, N.J. 08605

The Lenox Fair-Trade price shown here is for use only where Fair Trade is permitted by local law.
It's easy to make your home look like you've had a decorator because...

Sears makes House Calls!

Q. "What's a Sears House Call?"
A. "It's an easy and reassuring way to order custom-made draperies. You just call Sears Custom Shop for an in-home appointment with one of Sears Decorator Consultants. There's no obligation."

Q. "What does a Sears Decorator Consultant do?"
A. "She helps you make the right decisions. It's delightful. No trudging all over town. No confusion. No doubt. Right in your own home, you discuss your decorating plans, your tastes—and she helps out by making the little suggestions that make all your own ideas even better. She brings custom fabric samples galore, takes all the measurements, gives you estimates—no obligation!"
Q."Tell me more..." (continued on next page)
What are the other advantages of Sears Custom-Made Draperies?

1. “Incredible Selection”
Custom fabrics in over 2500 different colors, textures and patterns. Window treatments by the hundreds.

2. “Perfect Style and Perfect Fit”
Sears Decorator Consultant really knows what to do to make even an insignificant window a work of art. And you get perfect fit because she takes all the measurements.

3. “Lush Fullness”
There is just lots more fabric in Sears Custom Draperies. Deeper, richer folds. It really makes a difference!

4. “Professional Installation”
Sears Custom Drapery Consultants know all about choosing the right hardware and hanging your draperies beautifully. I never could have done it as well myself.

5. “Sears Quality Craftsmanship”
All the patterns match up at the seams. The hems are doubled-over, weighted and blindstitched. It’s the kind of quality I’ve learned I can expect from Sears.

6. “At a Cost You Can Afford”
You can get many of the same fine quality fabrics you’ve seen in custom specialty stores—at Sears low prices. You also get Sears free House Call, Sears free estimates and Sears Credit Plans.

Q: “How long does it take for Sears Custom Draperies?”
A: “Any custom work that’s properly done takes several weeks. But what’s so nice about Sears Custom Shop is that they won’t promise a date they can’t keep. If your Sears Decorator Consultant says your draperies will be up for a special occasion, they will be!”

Q: “How do I make an appointment for a Sears House Call?”
A: “Either drop by or call the Custom Shop in the drapery department of your local Sears, Roebuck and Co. store. They’ll set up an appointment with one of Sears 1400 Decorator Consultants for your own free House Call!”

Only at Sears

B. “Darlington” (#61534) Custom quilted bedspreads also available.
C. “Normandy” (#61607) Many other woven-wood designs and colors are available.
D. “Teahouse” (#61532)
E. “Siren” (#61605)
F. “Adobe” (#70988)
G. “Essex” Velvet, 100% cotton (#70916)
The pattern of this beige is based on an early New England design. This is one of the patterns in our Prestige collection, based on authenticated design influences that are part of the heritage of America.

These inspired patterns feature the convenience of all our no-wax, Shinyl Vinyl* floors, and the comfort of cushioning. A no-wax, Shinyl Vinyl floor stays fresh looking longer, usually with just spot mopping. In time, a reduction in gloss may occur in areas of heavier use. We recommend Congoleum Vinyl Dressing to provide a higher shine, if preferred.

See this great new collection in the Yellow Pages under "Flooring".
Improve on Nature

With any 3 of the best gardening books for $1 with membership.

All the expert advice and inspiration you need for cultivating a green thumb are in Garden Guild selections at savings of up to 30% off publishers' prices. You also get the chance to buy specially selected gardening accessories. Choose any 3 books now and start improving on nature.

How The Club Plan Works

You'll get your 3 books for only $1, plus shipping and handling, when accepted as a member. If unsatisfied, return books within 10 days to cancel your membership.

As a member you'll receive the Garden Bulletin about every 4 weeks (14 times a year), describing the Club Selection and Alternates. Most selections save you up to 30% off the publishers' editions' prices. Add a small charge for shipping and handling.

If you want the Club Selection, do nothing—it will be shipped automatically. If you'd like an Alternate or no book, indicate this on the order form and return it before the date specified. This allows you at least 10 days to decide. Unwanted Selections may be returned at our expense.

Once you've taken four books during your first two years of membership you may resign or continue with no further obligation.

The American Garden Guild offers its own complete hard-bound editions, sometimes altered in size to fit special presses and save members even more.

Free New-Member Bonus

Handy 48-page booklet tells where to get 201 Free Things For Your Garden. Gives names and addresses of distributors and institutions making these fantastic offers. Available only through the American Garden Guild.

The American Garden Guild

Dept. H936 Garden City, N.Y. 11530

I want to take you up on your exceptional offer. Please accept me as a member and send the three books numbered in the boxes. Bill me just $1.00 plus shipping and handling. I need take only four books in the next two years at regular low Club prices to complete my commitment, and I may resign any time thereafter. I agree to the Club Plan as described in this advertisement

[Signature]

Mr.       Mrs.       Miss

Address

City

State       Zip

Past Garden Guild members please check here D

Members accepted in U.S.A. and Canada. Members will be serviced from different in Canada.

SEPTEMBER, 1975
what's new for living

Design to turn on today

Continuous seating...Push-button window blinds...
Electronic checkbook...Machines to speed up kitchen chores

Sectional Seating for rugged individualists

Each seat is a separate sling on a molded plastic base that makes a completely armless sectional seating system. Metal pipes about 10 inches wide connect each seat to its partner both front and back. You'll have enough seating for two or twenty-five by adding each as you need it. It's called the "Aeo" component system and is available in almost any color canvas. These are a fresh aquamarine and beige bases; metal seat and back supports keep the system stable. Each measures about 42 inches high by 26 inches wide by 22 inches deep. Designed by Archizoom and available through Atelier International through design stores.

Electronics designed to keep your balance

It's a solid-state calculator put to work in a checkbook. Four buttons, "Check" for withdrawals, "Deposit" and "Clear" for any errors added, plus "Balance" keep your checkbook constantly up to date. "Balance" can indicate up to $9999.99 and there is a continuous memory to protect the balance from being accidentally erased. It's 5 1/4 inches wide, barely larger than a single-check checkbook and a written record of your transactions can be entered inside the checkholder flap. CheckMaster is about $40; available through banks and stores. By Mostek.

Motorized blinds switch off glare

Push-button simplicity for window blinds—"Mark II" aluminum, thin-slatted blinds operate on "C"-cell batteries to control the turning angle of the blind. Each set of blinds has its own control or can be hooked into a master control. Angle of turning is limited to prevent damage from overtilting. They're available in a wide range of colors and widths through designers. By Alcan Aluminum.

Automatic bag sealing for money-saving foods

Any length plastic bag is heat-sealed automatically with "Touch-A-Matic" Bag Sealer. The airtight, water tighten bags go into the freezer and then right into boiling water for cooking. Twelve bags in assorted sizes get you started. Bag Sealer, $22.95; plastic bags per 100, $9.95. Mount it on a wall to save counterspace. Oster.

Seven-in-one kitchen helper

A new, high-powered machine from Germany that mixes, blends, shreds, grinds, slices, extracts, even makes ice cream. "Starmix" has a drive unit to power a complete set of attachments for cooking chores. From left: beaters, ice cream freezer, stainless 5-quart bowl atop a unit, blender, spatula, slicing/slicing blades, juice extractor, French fry slicer, and meat/vegetable grinder. 6-piece unit, $190; attachments are optional. At The Potting Barn, New York City.
Introducing the Saratoga idea:

Enjoy smoking longer without smoking more.

Saratoga 120's.

That's the Saratoga idea.

More puffs than 100's. Tailored longer and slimmer than 100's, so you enjoy extra smoking time, extra smoking pleasure, without smoking more cigarettes.

Priced no more than 100's. And Saratoga 120's are rich, full-flavor cigarettes made from a fine blend of tobaccos.

More than just a new brand. Saratoga 120's are a whole new idea in smoking pleasure. Because now you can enjoy smoking longer without smoking more. Look for them in the new 120 mm crush-proof box.

Menthol and Regular.

More than just a firm mattress, Posturepedic® is a unique back support system. It's designed in cooperation with leading orthopedic surgeons for firm, comfortable support.

Under six layers of surface cushioning, there are specially spaced "body-action" coils for lasting support. The patented torsion bar foundation provides extra firmness and durability.

Posturepedic promises no morning backache from sleeping on a too-soft mattress. There's no other mattress like it.

SEALY POSTUREPEDIC
The unique back support system.
As your introduction to membership you are invited to choose

ANY 4

of the books shown here FOR ONLY $1

THE SUGGESTED TRIAL. You simply agree to buy four Club choices within a year at substantial savings on most books you choose.

H.AVE YOU EVER experienced the great good fortune of finding the very book you’re shopping for “on sale”? That’s the kind of pleasure you’ll enjoy again and again when you shop in America’s Bookstore—the Book-of-the-Month Club. You start by choosing four books you’re eager to read—all for only $1. Then, as a member, you’ll regularly be offered a choice of the best books published, almost always at substantial savings. If you continue your membership past the trial period, you’ll be eligible for our unique Book-Dividend® plan—a delightful way to save even more, at least 70% on bookstore prices.

Prices shown are publishers’ U.S. prices. Outside the U.S., prices are generally somewhat higher.
Do you know everything you should about carbohydrates?

The most effective fuel for muscular exercise.
The least expensive source of energy

By Eloise R. Trescher, RD

Carbohydrates, quite simply, furnish energy. And where would we be without energy? Protein, fat, and alcohol also supply energy, but are less economical sources than carbohydrates. Carbohydrates are the primary and most efficient fuel for muscular exercise in humans.

Composed of carbon, hydrogen, and oxygen, carbohydrates have been aiding man's diet for thousands of years. As early as 8000 B.C. the cultivation of wild wheats in western Asia freed man of his dependence on hunting and foraging for other foods. Rice has also been a staple in Asia since early times, while in the Americas ancient civilizations grew maize and discovered the value of legumes and potatoes. Honey, another carbohydrate, was used centuries ago but only by royalty and for ceremonial occasions. Today honey is far better spread—from the covering of bread to the spoonfuls on cereal and in tea.

We get carbohydrates from food. They are widely distributed in the vegetable kingdom, and are the least expensive source of energy. The main sources of carbohydrates are starches, sugars, and celluloses. Below, a more detailed guide to help you find carbohydrates when you need them, which is always.

With such a wide variety of foods from which to choose carbohydrates, it is wise to choose those that provide other nutrients. Whole

Sources of carbohydrates

Starches
of all grains, such as wheat, rye, barley, corn, buckwheat, flax, millet, rice, and oats. In foods made from grains as flours, meals, breads, and other bakery products, breakfast cereals, noodles, the Italian pastas as macaroni and spaghetti, and the more American grits and hominy, nuts, soybeans, dry beans and peas, white and sweet potatoes, and other vegetables such as broccoli, carrots, kale, okra, parsnips, pumpkin, and turnips.

Sugars
found in beet and cane sugars, honey, maple and corn syrups, and molasses. In products made from sugar such as jams, jellies, preserves, marmalades, candy and other sweets. In fruits, fresh, canned, and dried; and in fruit juices.

Celluloses,
the husks of cereal grains, and the seeds, skins, and fibrous portions of vegetables and fruits. These indigestible and complex substances furnish bulk and roughage in the diet, and they play an important part in aiding elimination.
Thelma Turkel.
Wife, mother, and Interior Decorator.

A growing number of women are leading
ful throughout the country as the interest in
you would like to get into some day. There's
r office."

ce to run a business, including your
mmary of expenses from your income taxes all expenses
uary to running a business, including your

or decorator with you if you move. There
openings (part-time or full-time) to be
throughout the country as the interest inul home furnishings continues to grow.

Train at home

Perhaps, you have considered this as a
is a week preparing for this exciting career,
now get a thorough training program

Today, ICS, America's oldest home-study
r project in Interior Decoration and Design.
The entire program is based on the
ence of John Gerald, founder of one of
rica's top-flight decorating firms.

And you can be sure there's no dull, dry
t. Marguerite Rittenhouse, Ph.D., a well
own educator, worked closely with Mr. Gerald.
also checked out every lesson with
trained but interested women, as well as sales
people in furniture departments and decorating
ups, to make sure each idea or way of
king is not only interesting but logical and

I'll make money, the ICS Decorating
rogram will teach you what you need to know
out becoming a successful business woman.
You'll learn how to get assignments. How to
charge. How to set up your own business. Even
what to say to clients who want to bring
riends on shopping trips (never)—or to those

d out how
can become a
well-paid
ior Decorator.

ICS International Correspondence Schools
Scranton, Pa. 18515

Please mail me your free booklet, "Should I
Become an Interior Decorator?" plus a de monstration lesson and other information.

I do not wish to become an interior decorator,
but please send a free career guidance booklet
and demonstration lesson for the field I have
checked below:

- Accounting
- Drafting
- Electronics Technician
- Business Management
- Income Tax
- Club/Restaurant Management
- Motel/Hotel Management

Name
Address
City State Zip
Telephone

Earn a college degree

The ICS Center for Degree Studies is authorized
by the Pennsylvania Department of Education to
er college programs at home leading to Associate
specialized Business Degrees. For more infor-
ation at no cost or obligation, check the degree of
your choice.

- Accounting Degree
- Business Management Degree

Canadian residents use Scranton, Pa. address for service from ICS Canada, Ltd.
In Hawaii, 931 University Ave., Honolulu, Hawaii 96814.
About carbohydrates
continued from page 16

grains are good sources of protein, carbohydrate, thiamin, riboflavin, niacin, iron, and roughage, and when sprouted they supply some ascorbic acid. Bakery products should be made with whole grain or enriched flour. Flours may be labeled “enriched” when prescribed amounts of thiamin, riboflavin, niacin, an iron are added to replace those nutrients removed in the refining process. Dried beans, soy beans, and peas provide the nutrients of whole grains but contribute more protein and iron.

Sugar, honey, jams, jellies, marinades, preserves, maple and other syrups are a concentrated source of carbohydrates and add variety to the diet. However, they are often referred to as “empty calories” as their contribution of other nutrients is negligible. Remember this when you are giving your child a sweet snack in the afternoon. Instead of a soft drink or a candy bar, why not peel a banana or make a peanut butter and jelly sandwich? The bread, if it is whole grain or enriched, saves the day nutritionally; the jelly is empty but tastes good. Or keep a jar of a mixture of raisins and nuts. Really delicious, you could use ½ raisins, ½ nuts, ½ chocolate bits.

Other sugars such as sorghum and blackstrap molasses furnish carbohydrates, small amounts of calcium, appreciable amounts of iron, and traces of some of the vitamins of the B-complex. Fruits and vegetables provide carbohydrates, minerals, vitamins, water, bulk, and roughage in our diets. Most are relatively low in calories. The juices of fruits and vegetables have all the properties of the foods from which they are made, minus bulk and roughage, but they are a more concentrated source of calories. If you are trying to lose weight, why not an orange rather than a glass of orange juice?

Most of the available carbohydrates in our bodies are in the form of glycogen in the skeletal muscles, in the cardiac muscles, and in smooth muscles. The remaining, present in the manufacturing and distributing systems, in the liver as glycogen, and in the blood as extra-cellular fluids as glucose. Glycogen in the liver is used as fuel, has a protective and detoxifying action, and helps regulate protein, and fat metabolism. Starvation and disease can deprive liver of glycogen and so destroy defenses against many diseases accompanied by toxemias caused from certain bacteria.

An adequate intake of carbohydrate spares protein. Less protein is necessary in the diet when generous amounts of carbohydrate are included. When carbohydrate to the liver are limited, fats cannot be completely broken down and ketone bodies are formed, which if in excess of the amounts that can be oxidized by the peripheral tissues, accumulate in the blood. High levels of ketone bodies cause acidosis and are toxic to tissues such as the brain.

Ketosis can be caused by high fat/low carbohydrate diet, starvation, by glycogen storage disease, by renal glycosuria, by insulin hypoglycemia, in certain conditions where metabolic requirements are increased such as rapid growth, fever, and cold exposure and some diseases such as diabetes mellitus.

Amounts of carbohydrates that can be stored in the body are small, but they perform a protective role in some of the most vital organs such as the heart, the liver, and the central nervous system. Because of the limited amounts of carbohydrates that can be stored in the body it is best to replace them daily, as used. Dr. Robert Goodhart of the New York Academy of Medicine suggests that a minimum of 100 grams of digestible carbohydrate seems wise in order to avoid ketosis, excessive protein breakdown, involuntary water loss or dehydration, and other problems.

Any of the following combinations would provide about 100 grams of carbohydrates for a day

<table>
<thead>
<tr>
<th></th>
<th>I</th>
<th>II</th>
<th>III</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1 pint milk</td>
<td>1 pint milk</td>
<td>1 pint milk</td>
</tr>
<tr>
<td></td>
<td>½ cup lima beans</td>
<td>½ cup tomatoes</td>
<td>½ cup carrots</td>
</tr>
<tr>
<td></td>
<td>½ cup broccoli</td>
<td>½ cup Brussels sprouts</td>
<td>2 slices whole grain</td>
</tr>
<tr>
<td></td>
<td>2 slices whole grain or</td>
<td>3 slices whole grain or</td>
<td>or enriched bread</td>
</tr>
<tr>
<td></td>
<td>enriched bread</td>
<td>enriched bread</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1 orange</td>
<td>½ grapefruit</td>
<td>½ cantaloupe</td>
</tr>
<tr>
<td></td>
<td>1 small apple</td>
<td></td>
<td>½ cup oatmeal</td>
</tr>
</tbody>
</table>

Continued on page 24
1963 Sandy Wright as she appeared in a Miss Clairol Creme Formula ad.

Does she...or doesn't she?

She still does!

1975 Sandy Wright today.

What better tribute to Miss Clairol than these pictures that show the vitality, the beautiful healthy glow, the soft fresh color of Sandy Wright's hair as it looks now. Yes, after more than twelve years of using Miss Clairol Creme Formula.

Miss Clairol is the haircoloring with the professional reputation. It's the one women prefer for its natural tones...that stay beautifully natural week after week. And no laboratory today has found a better way to cover gray. Leaves hair easy to manage...with a lovely, lively touch! Try it for haircolor the best it can be...at any price!

Natural Wear™
Miss Clairol®
Creme Formula

To know you're the best you can be!™
WARMTH AND COLOR THE FIELDCREST WAY WITH BLANKETS

"Gold Crown" is the Fieldcrest automatic blanket with the digital bedside control.
"Chateau" is Fieldcrest's finest regular blanket.
Both shown here in some of Fieldcrest's leading fashion colors.
And both woven of 100% Acrilan acrylic.
Look, I am not your conventional blue-pink-green woman. I like colors that are...well, different. I can get any color with Martin-Senour® Paints. It also happens that I have a crazy time schedule. But I can paint fast with easy-go-on Martin-Senour Paints. And since I'm not exactly the rich kid on the block, it's good to know I can get excellent prices on excellent quality Martin-Senour Paints. So if you're slightly unconventional, more than a little busy and interested in a good buy, no matter what your lifestyle, ask for Martin-Senour Paints. You just may find Martin understands you, too. Martin-Senour Paints. Quality paints since 1878.
About carbohydrates
continued from page 20

Include carbohydrates in your diet every day. Choose them by the company they keep. Those that provide additional nutrients are your best choice.

Grains rich in carbohydrates and products made from grains are excellent meat extenders, helping you save on that meat bill while offering many nutrients. I even like bulgur wheat as a breakfast cereal. It is a wheat pilaf that can be purchased at any large grocery store.

Bulgur wheat, which was known long before the days of Genghis Khan, has been a staple food of Eastern peoples for many centuries. For dinner I especially like this wheat pilaf recipe from Fishers Mills, Incorporated.

Armenian Kufte

1 cup wheat pilaf, uncooked
1 1/2 pounds ground lamb or beef
1 teaspoon salt
a dash pepper
1 small onion chopped
2 tablespoons finely chopped almonds
2 tablespoons chopped parsley
2 tablespoons currants
1 teaspoon allspice
3 cups water
1 cup tomato juice
1 packet spices and chicken soup ingredients (found in box of wheat pilaf)

Blend well the pilaf, meat, salt, and pepper. Form into balls (about 18). Make depression in center and stuff each ball with filling made by combining onion, sautéed in oil until clear, nuts, parsley, currants, and allspice. Bring meat around stuffing to seal. Drop gently into boiling water, tomato juice, and contents of packet of spices, and chicken soup ingredients. Cover. Simmer 25 minutes. Remove meat balls and thicken the gravy. Makes 4 to 6 servings.

Sprouted seeds are another carbohydrate that is becoming more popular, probably because they can be used in so many ways. Try them on sandwiches instead of using lettuce, in salads, omelettes, homemade bread, and use them when making Chinese dishes. Many seeds may be sprouted, but those that produce the most delicate sprouts are from mung beans, wheat, and alfalfa.

Miki Bond, a Maryland expert who sprouts just about everything, suggests the following method for sprouting seeds:

Always pick over seeds carefully, wash them well, then cover with lukewarm water and allow them to soak overnight. Drain and rinse thoroughly. Yield: 1/2 cup seeds swell to 1 1/2 cups after soaking and turn into about 1 quart of sprouts.

Place 2 to 3 tablespoons soaked seeds in a quart jar. Cover the top with cheesecloth. Wrap the jar in aluminum foil and place it on its side somewhere warm and dark. Two to three times a day put lukewarm water in the jar, swirl it around, and pour off excess water. Seeds should be moist but not wet. Sprouts develop in 3 to 5 days. When the first young leaves appear, place in direct sunlight for the development of chlorophyll. Wait 8 hours after last rinsing before refrigerating in a closed container.
There's a little Eve in every woman.

Try today's Eve. Flowers on the outside. Flavor on the inside.


Eve Filter and Menthol. 18mg."tar," 1.3mg. nicotine av. per cigarette by FTC Method.
Among antiques of the eighteenth century, those of France exhibited such individual artistry and diversity of form and character that the connoisseur refers to this period as "The Golden Age". The secretary pictured here in a Baker, Knapp & Tubbs showroom is reproduced from one in the Baker Museum. The arched cresting and incised mouldings faithfully follow the nuances of the original.

The Bergère shown above, a most characteristic form of Louis XVI dining, was first created to permitadies of the day to sit comfortably while displaying their costumes to full effect.

The Louis XV stool is also a delicate sample of handcraftsmanship, as is the Empire refraîchissoir, a table used in the dining room to chill wine.

No other furniture requires such varied skills to faithfully reproduce. From sophisticated court furniture to provincial pieces of the countryside, from the refined carving to the wood and painted finishes, authenticity rests in the hands of each Baker artist and craftsman.

The Eighteenth Century French collection and our English, American and Far East collections may be seen at select stores and, through your interior designer, at the Baker, Knapp & Tubbs showrooms in the cities listed below.

A 400-page two volume casebound catalogue of over one thousand Baker designs is available for fifteen dollars from Baker Furniture, 401 The Merchandise Mart, Chicago, Illinois 60654.
How to cut a task down to your size, get it done and on time

A sure-fire system by Dr. Robert Tyson

Everybody has things to do, work, household, family responsibilities, and we all know that feeling that sometimes it's all too much. Things won't get you down, says Dr. Robert Tyson, if you tackle chores on a two-goal basis. Here he explains a plan that leaves you with a comfortable feeling of satisfaction and serenity at the end of the day.

Face the reluctance and tension of getting down to chores, firmly and squarely. Endure it. In a short time it will give way to real satisfaction.

Here is a simple example of action to achieve a given task. The wife of an executive, who is transferred by his company every few years, learned to face the overwhelming task of packing up and moving house frequently.

Once she fixed the moving date, she asked the moving company to send packing crates in advance to the house. She programed packing over three weeks, from Monday to Friday, giving herself a break over the weekends for recreation with the rest of the family. Assigning thirty crates logically for separate collections of household items—the china and glass, linens, books, for instance—she then set herself a specific task for each day. To pack up a group of items and fill two crates. When the task was finished, she went on to more interesting projects for the rest of the day. In this simple fashion she set herself: 1. The distant goal, the total house packed up. 2. The near goal for that day, two crates at a time. Immediately this process changed her outlook. The task, when cut down to a 24-hour size, offers satisfaction and a sense of pride. The job was done at the end of a single day.

Knowledge of results is the essential link.
Spirit of '76 from Magnavox. Design so authentic, it's been awarded the Early American Society Commendation.

Faithful reproduction—of beautiful design and beautiful music—is a Magnavox tradition. And it was never more abundantly evident than in this heirloom stereo and color TV collection. Every carving, panel, molding and decorative element has been thoroughly researched and documented for authenticity. And every electronic component painstakingly engineered for superb listening.

Advanced stereo and color TV ...in the Magnavox tradition. Each console contains a stereo FM/AM radio, automatic record changer,* 8-track tape player and four high-fidelity speakers.

And behind the double-eagle doors (E) stands the STAR™ System, the most-advanced color TV in the world.

Visit your Magnavox dealer today, and get the Spirit. It's a beautiful way to take pride in America's heritage. And your home. For the name of the dealer nearest you, call 800-243-6100, toll-free. (In Conn.: 1-800-882-6500.)


Magnavox. Quality in every detail.
Look ma, no fingerprints.

Over the years, we've talked to many women about refrigerators. And one point that almost always comes up is fingerprints on the door. So we decided to do something about them.

Now you can buy a Whirlpool refrigerator-freezer that has a textured steel door. It's strong. It's attractive. But best of all it's designed to minimize the fingerprint problem.

And if you don't believe us, go down to one of our dealers and put your hand on the door. You'll see what we mean.

And of course that's just the beginning of all the benefits you'll enjoy with a new Whirlpool refrigerator-freezer.

Things like: Our Activated Charcoal Filter that helps control odor and flavor transfer from food to food. Handy adjustable shelves for convenient shelving throughout the refrigerator. Crispers with special humidity seals to help keep vegetables from drying out. The Whirlpool easy-to-clean, long-lasting porcelain enameled interior.

And when you combine these with everything else we offer, well, you're talking about one of the best refrigerators ever made.

Whirlpool
Home Appliances

We believe quality can be beautiful.
How to cut a task down to your size continued from page 28

set a whole month ahead. The second group had a production goal set one week ahead. You’ve guessed it. The group with a near goal out-produced the first group by a large margin, and got more satisfaction out of it, too.

How to set your two goals?
Face your particular problems squarely. A pile of unanswered letters? Sort them out. Deal them into a number of piles, on your desk, a table, or on the floor if necessary. Pile 1 will be for the most urgent letters. Pile 3 is for those that can wait. An in-between pile 2 is for those that require action, but not quite as urgently as the first pile.

Put each pile into a separate large envelope with its number on it and the number of letters it contains. Make a good guess as to how many of the letters in the first envelope you can take care of today, tomorrow, and the next day. Each day do that day’s “assignment.” And each day notice carefully the amazing rewards that come from knowledge of results!

If you have work to do, household chores, a closet to sort out, letters to write, a book to read, whatever there is in your special collection of things to do: Face it, analyze it, sort it out, and assign a reasonable portion of the job for each working day. Perhaps you’ll want to use more envelopes, a file drawer with folders, or boxes into which items or slips of paper can be sorted. A large desk calendar will let you jot down your “assignments” and come to them in due time.

Notice that a lot depends on the difficulty of each obligation. You can do a lot of simple pieces of work in one day, but perhaps only a part of a big task in each 24-hour period. The two-goal plan is truly magical in its effects. It will let you live in 24-hour compartments that are a set-up for earning relief from your commitments and obligations. Literally, it lets you be a success every single day.

Finally, some guidelines to the two-goal system.
Before you start each day, get organized. Assemble at your desk or other place of work all the things you’ll need: supplies, stationery, stamps, sewing items. Arrange a good light, too. This will help you avoid wasting time getting up and searching. If you can manage to do so, work in the same place every day. The same chair, the same desk, and the same room help you get in the mood for tackling things. Don’t force yourself. Except in an emergency, be a good “boss” for yourself. You’re a human being, not a machine to start and keep going at the pressure of a button. Machines usually don’t need a rest, but you do. A grim stick-to-it-through-thick-and-thin attitude may sound noble, but it will weary you, wear you down, and get you into a state of mind that actually obstructs your efforts.

To be efficient, you simply must take time out. Plan your rest periods in advance. If your work is easy, pleasant, and smooth-flowing perhaps you won’t need to both with formal rest periods. However if it’s more difficult, take about 10 minutes out of each hour to really relax, or do something just for fun. Let your muscles go limp in those ten minutes, too.

Take tabs on incoming task
As each new job, letter, or other obligation comes your way, make habit of jotting it down on a page you keep with you—one job on page so it will be easy to take care of. Then transfer your note to your calendar, or put it in a file folder or an envelope or box depending on what system you like best. As you do this, pay particular attention each time to the enormous comfort of knowing that each obligation has its place in your schedule, and that you can take care of it at the right time.

So as you can see, you can really get things done.

Dutch Boy® Latex Stain beats oil stains two ways

Protects longer.
At the Dutch Boy testing fields oil stain and Dutch Boy Latex Stain had a duel in the sun, wind, and freezing cold for 3 years. Look at the pictures of the actual boards and judge the results for yourself.
As you can see, the oil stain has faded and left the wood exposed in several spots. Meanwhile Dutch Boy is still giving good protection, and the colors are rich and strong.

Cleans up easier.
If you’ve ever used oil stain we don’t have to tell you how hard it is to clean up.
With Dutch Boy, on the other hand, all you need is water. Dutch Boy Latex Stain. Protects longer. Cleans up easier.
Quality.
The endangered species.

This country may be in danger. We could be singing something we can’t afford to lose.

Once, when a man produced a product it was the best he could possibly make. He stood behind it with pride. He lived a simple idea: Do right or don’t do it at all. Nobody told him that. No government agency dictated it. And it built a standard of living for all the world to aim at.

Now that idea is threatened. Today that pride in workmanship, in the quality of things, is in danger of slowly slipping away.

However, there are companies, actually many companies, that are working harder today than ever before to preserve quality in everything they make.

We feel that Whirlpool Corporation is such a company. And we feel it so strongly that we have dedicated our entire company to the preservation of quality. And that means more than just making quality dishwashers, dryers, automatic washers, refrigerators, freezers, ranges, compactors and air conditioners. We mean quality in everything we do.

That’s why in 1967 we initiated our Cool Line service. Toll-free help that’s available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan, 800-632-2243.

That’s why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That’s why we have a simplified letter warranty that’s easy to understand, easy to use.

That’s why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won’t let it die. It’s too important.

And it means too much to all of us.

Whirlpool
Home Appliances

We believe quality can be beautiful.
The Playpen
It's not for everyone

It's for people who lead their lives their own way—in style and comfort. People who are glad they're grown-up. Superbly constructed for extra softness with cushion-within-a-cushion seats and plump, wedge-shaped backs, this Selig original takes up no more space than a standard sofa, table and pair of chairs. Designed for easy living, the Playpen can be arranged and rearranged to suit any mood. The armless chairs, corner sections and ottomans with casters recombine beautifully to create sofas, loveseats, sectional, or individual seating. Separately, or together, the ten pieces look as good as they feel. And will stay good looking because they're treated with SCOTCHGARD Velvet Protector, which means that watery and oily stains can be blotted away. Deep stains can be spot cleaned easily, leaving the fabric smooth and fresh looking. Covered in plush 100% cotton velvet, the Playpen comes in thirteen lucky colors. Look for it at fine stores near you. For our Folio of Contemporary Designs send $1.00 to Dept. 9-HG, Selig, Leominster, Massachusetts 01453.
When You Buy Towle
You Buy 285 Years of Fine Craftsmanship

1/3 OFF TOWLE.

Two Years To Pay – No Finance Charge

Start or complete your beautiful Towle silver service now. Get 1/3 off on any of the six-piece place setting pieces and iced beverage spoons in your choice of luncheon or dinner sizes in any Towle active pattern, plus 25% off on all open-stock pieces! Buy your sterling on Buchroeder’s Silver Club Plan and pay as little as 10% down and the balance in 24 equal monthly payments ($5.00 minimum per month) with no finance charge. The deferred payment is the same as the cash price. The cost of credit is included in the prices quoted for the goods and services. Get a free chest with the purchase of eight 4-piece place settings or more! Complementary Towle brochure and complete sale price list available on request. Please phone or write Ms. Rebecca Kidd (314-443-1457). Sale ends October 4, 1975, so act now!

<table>
<thead>
<tr>
<th>ITEM</th>
<th>GROUP I</th>
<th>GROUP II</th>
<th>GROUP III</th>
</tr>
</thead>
<tbody>
<tr>
<td>32 Piece Serv.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>For Eight</td>
<td>$880.00</td>
<td>$586.70</td>
<td>$752.04</td>
</tr>
<tr>
<td>Teaspoon</td>
<td>20.00</td>
<td>13.33</td>
<td>19.80</td>
</tr>
<tr>
<td>Place Fork</td>
<td>32.00</td>
<td>21.33</td>
<td>30.00</td>
</tr>
<tr>
<td>Place Knife</td>
<td>30.00</td>
<td>20.00</td>
<td>28.67</td>
</tr>
<tr>
<td>Salad Fork</td>
<td>28.00</td>
<td>18.67</td>
<td>24.00</td>
</tr>
<tr>
<td>Place Spoon</td>
<td>28.00</td>
<td>18.67</td>
<td>24.00</td>
</tr>
<tr>
<td>Spreader</td>
<td>20.00</td>
<td>13.33</td>
<td>18.00</td>
</tr>
<tr>
<td>Iced Bev. Spoon</td>
<td>25.00</td>
<td>16.67</td>
<td>20.00</td>
</tr>
<tr>
<td>Knife, Large</td>
<td>41.00</td>
<td>27.33</td>
<td>34.67</td>
</tr>
<tr>
<td>Place Knife, Large</td>
<td>46.00</td>
<td>31.00</td>
<td>38.00</td>
</tr>
<tr>
<td>Larder</td>
<td>16.00</td>
<td>10.00</td>
<td>11.33</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>SERVING PIECES</th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Butter Serving Knife</td>
<td>$25.00</td>
<td>$18.75</td>
<td>$22.50</td>
</tr>
<tr>
<td>Cold Meat Fork</td>
<td>58.50</td>
<td>43.87</td>
<td>52.00</td>
</tr>
<tr>
<td>Gravy Ladle</td>
<td>58.50</td>
<td>43.87</td>
<td>52.00</td>
</tr>
<tr>
<td>Pie/Coat</td>
<td>30.00</td>
<td>22.50</td>
<td>30.00</td>
</tr>
<tr>
<td>Suger Spoon</td>
<td>29.50</td>
<td>22.13</td>
<td>27.00</td>
</tr>
<tr>
<td>Tablespoon</td>
<td>53.50</td>
<td>40.13</td>
<td>49.98</td>
</tr>
<tr>
<td>Pierced</td>
<td>53.50</td>
<td>40.13</td>
<td>49.98</td>
</tr>
<tr>
<td>Hostess Set</td>
<td>$278.50</td>
<td>$190.88</td>
<td>$253.52</td>
</tr>
</tbody>
</table>

Be certain to order correct sizes if adding to your silver—enclose a tracing of your fork and knife if in doubt.

Buchroeder's
1021 East Broadway
Columbia, Missouri 65201

Please ship the below TOWLE STERLING according the payment plan indicated.

Be certain to order correct sizes if adding to your silver—enclose a tracing of your fork and knife if in doubt.

Send check or money order for full amount or use Buchroeder's Silver Club Plan or your

- Master Charge
- Bank Americard
- American Express

If using Buchroeder's Silver Club Plan please include name, address, employer and bank reference indicating checking account, savings account or loan.
Color It Natural... Flowers Do It!

From the earth, flowers and plants, in an inspiring palette of living color for instant interior decorating. Bring an intimate sense of natural harmony into any home decor with fresh cut flowers in colorful profusion and house plants bursting into seasonal bloom, chosen to express your tastes and preferences. Lush growing greenery keeps the country feeling close, the essence of the forest ever near. Flowers and plants make living more joyous everyday, add special drama to entertaining, and are gifts without peer for everyone, anytime. Your nearby Teleflorist has them all. He's a full-service professional who can help, whether you want a single blossom... a small bouquet... or the great arrangement. He can send a floral remembrance anywhere in the world, assist in planning party or home decorations, or simply provide friendly advice.

The Teleflorists listed on the following pages are also House & Garden Local Color Centers. Call or visit the shop nearest you soon. You'll find spring-fresh flowers, healthy vigorous plants, and meet a fine floral artist with specialized training and working knowledge about the wonderful ways of flowers and plants. Knowledge and expertise he is glad to share with you, to help you achieve the fullest enjoyment from the experience of living with natural color...

Pick up your free copy of "Color Alive"

Your House & Garden Local Color Center Teleflorist has a copy of this exciting, informative, helpful booklet waiting for you. It's full of imaginative ideas and interesting new ways plants and flowers can help your home come alive, instantly, the natural way!

Your Full-Service Personal-Touch Florist

Teleflora Incorporated
2400 Compton Boulevard
Redondo Beach, CA 90278
ALASKA
FAIRBANKS
House of Flowers
544 Third Avenue (99701)
Phone: 452-1781

PALMER
Mantanuska Valley Flower Shop
728 South Alaska Street (99645)
Phone: 745-3913

ARIZONA
GLENDALE
Glendale Floral & Gift Shop
5743 West Glendale Avenue (85301)
Phone: 931-2416 & 937-7543

PHOENIX
Fordyce Flowers & Gifts
15215 North Cave Creek Road (85332)
Phone: 524-6333

BERKELEY
Berkeley Artists & Florist
1770 Solano Avenue (94707)
Phone: 524-6333

TUCSON
Harlow's Flowers & Gifts
5620 East Pima (85712)
Phone: 298-3303

CALIFORNIA
ANAEHEIM
Carmen's Flower Shop
1215 W. Lincoln Ave. (92805)
Phone: 535-4997

BEVERLY HILLS
Flowers Unlimited
621 North Canon Drive (90210)
Phone: 242-3205

BURBANK
Dennis’s Florist
151 South Glenoaks Boulevard (91505)
Phone: 848-6655

CARSON
Carson Florist & Gifts
1201 South Carson Street (89828)
Phone: 344-1073

ENCINO
Adam’s Apple
1801 Wall Street (90436)
Phone: 996-1212

FULLERTON
Hasson's Flower Shop
701 W. Commonwealth Ave. (92632)
Phone: 526-8389

GLENDALE
Walters Flowers, Inc.
412 North Glendale Avenue (91206)
Phone: 246-1706 & 245-8831

HALF MOON BAY
Half Moon Bay Florist
421 Main Street (94019)
Phone: 726-9472

HUNTINGTON BEACH
Harbour Floral
15752 Springdale Avenue (92649)
Phone: 892-1641

LAFAYETTE
Floral Arts Florist
3584 Mt. Diablo Boulevard (94549)
Phone: 284-5766

LONG BEACH
Atlantic & Fifth Florists
455 Atlantic Avenue (90812)
Phone: 455-1450

LOS ANGELES
A Blooming Business
1207-D Elm (92008)
Phone: 423-0640

NEW MEXICO
LAS CRUCES
Flowerland
1450 East Missouri Avenue (88001)
Phone: 523-6191

OREGON
BEAVERTON
Flowers by Maxine
12010 SW Allen Avenue (97005)
Phone: 644-2724

PORTLAND
Doving's Flower Shop
900 West Burnside (97205)
Phone: 227-2411

WASHINGTON
BREMERTON
Paul's Flowers
6th & Pacific Avenue (98310)
Phone: 377-4422

ISSAQUAH
Issaquah Florist & Gift Shoppe
94 Front Street North (98027)
Phone: 378-7566

PUYALLUP
Maloney's Floral Shop
703 Meridian North (98371)
Phone: 845-8588

RICHLAND
Arline's Flower Shop
1177 Lee Boulevard (99352)
Phone: 946-7676

SEATTLE
Ballard Blossom Shop
2001-Northwest Market Street (98107)
Phone: 782-4213

SPOKANE
Riverpark Flowers & Gifts
East 8005 Trent Avenue (99206)
Phone: 928-7245

VANCOUVER
Designs Delouse
9150 N.E. Burton Road (98662)
Phone: 892-0280/892-0821

WENATCHEE
Crawford's Flowers
24 N. Wenatchee Avenue (98801)
Phone: 663-4660
Controlling your light bill

By Sandra Oddo

A penny saved is a penny earned—or at least it used to be. Nowadays, as electric bills go up and up, a watt saved is more than a penny. Here goes:

1. The plate lists voltage and amperage for the appliance. If you multiply one by the other, you get the wattage that the appliance uses. For example, a blender might say "115 volts, 3 amps." The blender, therefore, uses 345 watts of power.

2. To get the kilowatt hours—A penny saved is a penny earned—as electric bills go up and up, a rule of thumb and a table. The rule of thumb: When electricity turns to heat or cold—in a radiator, a range, a clothes dryer, a refrigerator—it's expensive. When it turns a motor—a mixer, a blender, a washing machine—it's cheap.

3. Multiply the kilowatt hours by your electrical rate—say 9¢—and you have how much your blender costs to run: 6.3¢.

The table: a list of wattages and costs (based on 9¢ a kilowatt hour) for appliances and uses. Your own may differ because of size, horsepower, or patterns of use, but by comparing you can figure out where your electricity is going.

### APPLIANCE COST WATTS KILO-WATTS A YEAR

| Blender | 6.3¢ a month | 350 | 8.4 |
| Broiler | 12.8¢ an hour | 1436 | 76.5 |
| Can opener | negligible | 110 | 1 |
| Coffeepot | 8.6¢ an hour | 894 | 108 |
| Hot plate | 10.6¢ an hour | 1100 | 365 |
| Mixer | 2.6¢ a hour | 120 | 13 |
| Microwave oven | 13.5¢ a hour | 1495 | 190 |
| Toaster | $7.74 a month | 4856 | 1032 |
| Range | $1.20 an hour | 1220 | 1175 |
| Range, self-cleaning oven | $1.30 an hour | 12200 | 1250 |
| Refrigerator/freezer, 14 cu. ft. | 28¢ a day | 326 | 1137 |
| Refrigerator/freezer, frostless, 14 cu. ft. | 45¢ a day | 615 | 1829 |
| Freezer, 15 cu. ft. | 7¢ a day | 341 | 720 |
| Freezer, frost-free, 15 cu. ft. | 4.3¢ a day | 440 | 1764 |
| Washer | 81¢ a month | 512 | 108 |
| Electric baseboard heat, average house | $144 a month | 10000 | 19200 |
| Air conditioner 8000 BTU | 8¢ an hour | 850 | 860 |
| Air blanket | 1.6¢ an hour | 180 | 150 |
| Portable heater | 45¢ a day | 1200 | 176 |
| Record player (tube) | 1.3¢ an hour | 150 | 90 |
| Record player (solid state) | 5¢ an hour | 60 | 36 |
| TV, b/w (tube) | 1.4¢ an hour | 160 | 350 |
| b/w (solid state) | 5¢ an hour | 55 | 120 |
| color (tube) | 2.7¢ a hour | 300 | 660 |
| color (solid state) | 1.8¢ a hour | 200 | 440 |
| Iron | 10¢ an hour | 1100 | 144 |
| Sewing machine | $3.50 an hour | 75 | 11 |
| Shaver | negligible | 15 | 2 |
| Toothbrush | negligible | 7 | 6 |
| Vacuum | 75¢ an hour | 840 | 50 |

Figures from Consolidated Edison and Environmental Energies, Inc.
$7.50 OR FREE.

A MAGNIFICENT COLLECTOR’S BOOK
OF AMERICANA...
HOMES, FURNITURE, DECORATING.

EXCLUSIVE FEATURES BY SIX FAMOUS EDITORS!
HUNDREDS OF DECORATING IDEAS!
SEND $7.50...OR ASK FOR YOUR FREE COPY AT A
STORE LISTED ON THE OPPOSITE PAGE.

What better way is there to celebrate our Bicentennial than to rediscover your rich heritage as an American? And to bring some of it right into your home? That's why Pennsylvania House has created this indispensable Collector's Book. 288 lavish pages. 619 color photographs. With this book, you can:

See the historic American home styles—from New England to California. With six expert guides, such as Carolyn Bishop, home furnishings and equipment editor of Family Circle. And Helene Brown, interior design editor of American Home. You’ll see splendid Georgian mansions, romantic Victorian homes, famous townhouses and pioneer homes. Longfellow’s home and Lincoln’s home.

You’ll learn how to give a room an elegant look. Or a nostalgic country look. Discover the decorating pow of red, white and blue. See how to make the most of a small room or apartment. And how to mix the old and the new.

You'll get original ideas in the six Decorator's Notebooks on subjects like windows, walls, floors, fireplaces, etc. You'll learn about color and wood finishes. You'll find an easy way to plan a room. Even how to care for furniture.

And you’ll see the exquisitely crafted line of American Traditional furniture by Pennsylvania House. And learn the fascinating history behind these authentic designs.

You can get this fabulous Collector’s Book by sending $7.50, along with the coupon on the opposite page, to Pennsylvania House. Or you can get it free simply by going to one of the Pennsylvania House dealers listed on the opposite page.

Pennsylvania House

SEPTEMBER, 1975
Do you really want to see the world through rose-tinted spectacles? Are blue eyes more sensitive than brown eyes? Do you ever experience indoor glare?

How, why, and when to choose sunglasses

Most people own a pair of shades these days, whether for glamour, for anonymity, to intrigue people, to separate you from the world, to conceal wrinkles, or—their original purpose—to protect your eyes from glare.

The main question about sunglasses today is what color to choose, how dark, and when to wear them. And now here's a surprise: “It used to be felt that certain colors, the pinks and the blues for instance, were not only not helpful, but harmful,” says Dr. William C. Cooper, Assistant Professor of Ophthalmology at Columbia Presbyterian Hospital and in private practice in New York. “This is no longer felt to be true.

The lighter tints filter less and are therefore less effective, but we no longer believe that they are harmful.

“Wearing tinted glasses depends upon the environment in which you wish to wear them. At the beach, on the water, or skiing, where the glare is particularly strong, you need a very dark tint. For normal city wear, where there’s a great deal of shadow and not a lot of direct or reflected light, then such a dark tint is not necessary.

“The amount of tint is registered by the percentage of filtration of light—and for very bright light, as at the beach or on ski slopes, upwards of 85 percent filtration is required to get glare protection.

This is a very dark tint—and if you cannot see a person's eyes through the glasses, and so dark that you cannot wear them indoors without groping your way around.

“And this is where choice of color is important—the only two colors that will tint this dark are browns and grays. The other colors cannot be as densely tinted, so are unsuitable for very bright glare.”

(Gray also most accurately reproduces the actual color spectrum. American Optical’s line of gray lenses is called “True Color.”

The obvious conclusion one draws from this is that we should have a very dark pair for the beach, for sailing, or for skiing and one lighter pair for everyday wear.

“Most people own a pair of shades today, and the advice from our soft contact lenses manufacturer is that we should have two pairs—very dark for the beach, on the water, or skiing, and one of a lighter color for the city or indoors.”

The first book you can read as you do your exercises

Frank Wagner, head of the Jazz Department at New York’s International Dance School at Carnegie Hall has come up with an exercise program that you do entirely on the floor—and his book Body Works (Crown, $12.95), is designed specially with a built-in easel to prop it up, so you can read and look at the pictures while you’re at it. Almost makes you feel Mr. Wagner (also director of Body Works salons at Bergdorf Goodman and exercise instructor to dancers here and in Europe) is with you in the room as you exercise.

A NEW, NEAT WAY TO CARRY YOUR SOFT CONTACT LENSES

It’s light, it’s slim enough for pocket or purse, and it’s specially designed to help stop you mixing up your lenses (one lens goes in one container, then turn the case over for the other container). This Lensgard carrying case is made specifically for the new contact lenses, which must be stored in a saline solution—the screw caps prevent leakage. From Bausch & Lomb.

A RING THAT CHANGES COLORS WITH YOUR MOODS

Here’s an intriguing new ring that changes color. It varies from onyx, to amber, topaz, jade, emerald, Turquoise, lapis, and sapphire according to the temperature of your hands. And the changes, according to its inventor, Joshua Reynolds, are linked to your state of mind and emotions. The deep blue the ring becomes, the more relaxed and happy you are apt to be. Turns topaz if you are concentrating or under slight tension, onyx if you are extremely preoccupied or a little harassed. Explains Mr. Reynolds, who has named the ring the “moodstone.” “Skin temperature reflects in activity of the nervous system and relates to mood and patterns going on in the brain.” He finds biofeedback subjects particularly eager to wear it, monitor their general state of calmness and serenity. The ring will soon be sold at Bonwit Teller stores across the country, $45 in sterling or vermeil. By Q-Tra.
You can be Sand. Or Fawn. Or Pearl.
You can be Mist. Or Sunlight. Or Moonlight.
Only Naturally Blonde gives you 18 soft subtle shades to choose from, all the way from light to dark, from fresh new Snow to a taste of Honey.
And it's a breeze to be one. First use Naturally Blonde lightener to lift your old color out, then use Naturally Blonde toner to shampoo your new color in. Lasting blonde color that's soft and true.
For after all, Naturally Blonde isn't called Naturally Blonde for nothing.
Wherever you are, whatever part of the house you're in, take a moment to look around you. And imagine how The Martex' Master Plan could transform the room you're in.

In the bedroom of course, your options are a bit more expected. After all, The Master Plan did begin with sheets, pillowcases, bedspreads and comforters.

The Nature of Bakuba, our latest collection from The Design Works of Bedford Stuyvesant, makes the bed itself the focal point of this bedroom. But if these same sheets were used on the walls, they'd give the room a totally different character. Add table rounds and draperies and you change the room again.

Out of the bedroom? The Nature of Bakuba includes enough colors, patterns and — most important — combinations of these colors and patterns, to carry off any look you desire. Here it brings a feeling of the outdoors to a greenhouse-dining room. But our jungle print could bring this same feeling to any closed-in space you choose.

If you're standing in your living room or den, perhaps what we've done here may kindle your imagination. You can turn a day bed into a cozy couch by slipcovering it with a quilted bedspread. Surround it with lots of pillows. And tie it all together with tall fabric-covered screens.

Actually your options are limited only by your imagination. That's the nice thing about The Martex Master Plan. We know where it started. But no one knows where it can end.

Martex—
We change more than just your bed.
the bedroom. But it didn’t end there.
"If you are near-sighted, you are likely to be more light-sensitive than a far-sighted person—near-sighted people’s pupils are larger and therefore gather more light"

How, why, and when to choose sunglasses  continued from page 40

Federal Government now requires all lenses be impact-resistant, but this means glass has to be specially treated, making it heavier. Perhaps you will be able to choose from looking at this chart.

<table>
<thead>
<tr>
<th>GLASS</th>
<th>PLASTIC</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advantages</td>
<td>Disadvantages</td>
</tr>
<tr>
<td>Cheaper</td>
<td>Heavier</td>
</tr>
<tr>
<td>Doesn’t scratch</td>
<td>Less accurate</td>
</tr>
</tbody>
</table>

*Prescriptions can be made more accurately in plastic lenses because they are molded in the lens, whereas glass lenses are ground, and the grinding process is less accurate.

Having decided what color to choose, and whether to have them in plastic or glass, the next question is, how big? “The eye, when wearing spectacles, gets accustomed to the size lens that the eye is continually exposed to,” explains Dr. Cooper. “And the size of these lenses is usually governed by the base curve of the lens you wear, even if the prescription is not altered in any way, you may have a great deal of difficulty in adjusting to this new base curve.” In other words, if you put on very large glasses after being accustomed to small ones, you may become nauseated, dizzy, and unhappy. If you stick with them, and don’t change back, then the eye can adjust. But be consistent.

The size of your glasses depends, of course, on the frame you choose. If possible, try on several types of frame in front of a full-length mirror—look for a shape that complements your facial structure. Try smiling with them on to see whether they hit your cheeks or ride up. Look down to the floor to see if they ride down your nose. If so, they need adjustment. If you are going to use them for sporting activities or driving, check to see that the peripheral side vision is good.

For those who wear contact lenses, the same rules about tint apply as for glasses. Dr. Cooper almost always prescribes tinted contact lenses for two reasons: “One, they are easier to see if you get lost; and two, because people who wear contact lenses are usually light-sensitive at first, since they are not accustomed to them—so a small degree of tint is helpful. A light tint can be worn indoors or out, the very dark tints can only be worn outdoors and must be changed as soon as you come inside.”

One more tip—if you are near-sighted, you are likely to be more light-sensitive than a far-sighted person, because generally speaking, near-sighted people’s pupils are larger and therefore gather more light.

Special note for blue eyes

Did you know that blue eyes were the most sensitive? Not only light—because they contain less pigment than brown eyes and can absorb so well—but also to touch. An ophthalmologist in a survey of Great Britain recently found that the corneas of those with blue eyes are more sensitive to touch than those with brown eyes (thus confirming what has been suspected by doctors fitting patients with contact lenses). So, combining all this together, what have we got? Blue-eyed, near-sighted people are the ones who really need good sunglasses to protect them from glare.

If you would like a free booklet, Sunglasses and Your Eyes, a consumer guide presented as a public service by Bausch & Lomb, write to: Bausch & Lomb, Inc., Dept. 13506-5, 1400 North Goodman Street, Rochester, N.Y. 14602.

For new beauty and health products in the stores, see page 48.

Sears Chrome and Glass Collection. They cost so little because you assemble them yourself.

There is nothing fragile about the beauty of Sears Chrome and Glass.

The chrome-plated tubing is made from heavy-gauge steel. The glass is safety-tempered for extra strength. And no glass corners to bump into.

What’s more, most pieces in Sears Chrome and Glass Collection cost less than $75. Each piece is a cinch to assemble. No special tools or talent needed. All you need is the tiny wrench that comes included.

Isn’t there room in your decor and your budget for Sears Chrome and Glass? Take it home today. Have it up tonight. Find it at most larger Sears, Roebuck and Co. stores. Most items also available in the catalog.
The Make-Up that's also a Beauty Treatment.

UltraLucent Pure Moisture Fluid Make-Up treats your skin beautifully. It's blended with moisturizers and emollients to protect your skin's own natural moisture. Pure Moisture Fluid Make-Up is rich and sheer. So it always looks natural. It makes your skin look good. While it helps keep it looking good.

UltraLucent Pure Moisture Fluid Make-Up from MAX FACTOR
Discover all the wonderful ways you can decorate with carpets in the new House & Garden Colors for 1976. Pick a carpet color you like and plan your whole room from the floor up. Refresh a room with a rug or carpet in one of the new color mixes. Use carpeting to pull small rooms together or to set off areas in a large room. Upholster seating platforms in the same carpeting you have on the floor. There's no end to the ingenious ways you can introduce color, texture and pattern into your rooms!

On page 66 is information on where to send for your own set of 1976 House & Garden Color Chips. This month, the fine stores listed below will prominently display a selection of carpets and rugs from important mills, exactly matched to House & Garden Colors. Visit one of these carpet specialists in your community for helpful color advice and suggestions for selecting the right floor covering for you.

Beckwith Evans, Detroit, Michigan
CarpeTalk, Dayton, Ohio
Carpet Land, Munster, Indiana
Davis Carpet, North Reading, Massachusetts
Diener's, Brentwood, Maryland
Einstein Moomjy, Paramus, New Jersey
Franey Floor Coverings, Visalia, California
Paulson's Carpets, Portland, Oregon
Pedian Carpets, Lincolnwood, Illinois
Rittenhouse Carpets, Philadelphia, Pennsylvania
Sandler & Worth, Springfield, New Jersey
THERE'S NO SUCH MING AS THE NEXT BEST MING.

Take a close look at Genuine Cathay.*

What you are seeing is not merely an authentic ancient Ming design. We've actually recreated the way this design was made hundreds of years ago.

The same weave. The same texture. The same finish. The same incredible colorings... imperial gold, lacquer red, peking blue. The same—because "almost" is just not good enough.

Cathay is woven by hand in India...with rich woolen yarns (moth-proofed). And true-color dyes. It takes a lot of time to create a masterpiece like this Cathay...the one worth waiting for. See Cathay at a fine store near you.

You'll know it's genuine by the label and by the gold-and-black medallion it bears.

Send now for your all-new, full-color booklet of magnificent India hand-made carpets... just $1 to PANDE, CAMERON AND COMPANY OF NEW YORK Dept. HG95, 295 Fifth Avenue, New York, New York 10016

How Much Younger Could You Really Look?

Aren't you sometimes curious? You've taken good care of yourself over the years. You've learned exactly the kind of clothes that look right on you. You've experimented with different kinds of makeup so you know how you like to look during the day and on special evenings out. But it's quite possible that you may not have discovered a special secret for looking as young as you possibly can.

Now may be the moment for you to discover the beautiful benefits of a mysterious beauty fluid, known to enlightened women in many different parts of the world, who have experienced the delight of looking as young as they can, whatever their age. This unique beauty fluid is known in the United States as Oil of Olay beauty lotion.

Find out for yourself the happy results of Oil of Olay, discovered by beauty connoisseurs. Let your skin drink in the skin-loving liquid. A profusion of pure moisture, along with tropical oils and other emollients, goes to work almost immediately to gently ease dryness. It's dryness that accentuates aged little lines and wrinkles that often make you look older than you'd like. You'll be astonished how completely and quickly Oil of Olay penetrates the surface of your skin (the part of your skin the world sees), bringing a smoothness, radiance and a look you've never had and probably never expected to see again.

Oil of Olay works with nature in a mysterious way to help maintain your skin's delicate oil-moisture balance, needed if you're to look your youngest. It not only acts like natural moisture in alleviating dryness. The fluid actually helps keep your own moisture in your skin so it can work beautifully against dryness.

Let Oil of Olay (from your drugstore) work its wonders for you, by making it a regular part of your grooming ritual. Faithfully each morning, either under makeup or to let your complexion live in its own moisty, misty climate. Faithfully before bedtime, to work beneficially during the nocturnal hours. And any other times during the day when you'd like dryness eased.

Aren't you curious to see how you might look your youngest? Oil of Olay may well answer that tantalizing question.

Beauty Secret

Oil of Olay is too precious to waste. When you've smoothed it on your face and throat, use leftover drops on your elbows or any other dry area crying out for attention.
"Your hair ages faster than you do. 30 minutes with condition* will keep it looking young."

Julius Caruso

The first thing people notice about you is your hair.

"Your hair grows up to ½" a month. By the time it's 6" long, it's one year old. If you're wearing it shoulder length, you've been wearing the same hair 2½ years. That's a lot of wear and tear.

Sharp bristled brushes, fine toothed combs, harsh shampoos, hot dryers, curlers, hair-sprays actually make the hair shaft wear thinner towards the end.

It splits. It breaks.

When your hair looks older than you are, you look older than you are.

Fortunately, you can help turn back the clock with condition* Beauty Pack Treatment from Clairol. In 30 minutes this intensive treatment starts repairing years of damage.

You see, condition* has 4 times as much protein as any leading conditioner. It sinks right into the protein-deprived gaps in the hair shaft, adding new body and manageability.

It helps mend split ends, so your hair looks smooth and silky again.

And it adds a beautifully healthy shine.

condition* is more expensive than other conditioners, but it's a small price to pay to keep your hair looking young.

After all, if your hair looks young, isn't that half the battle?"

condition*

The 30-minute treatment for mistreated hair.
For the woman who has everything: something to keep it in.

Princess Gardner’s Stasher/Checkbook Secretary has a place for everything inside: Checkbook, Pen, Credit Cards, Bills, Pictures, Notes. Outside, there’s a beautifully handy purse for your change. In dazzling styles, colors and leathers. From $10.00.

THE BERGDORF CHRISTMAS BOOK
For discriminating Santas everywhere—a legendary Christmas present begins with a browse through the fashion finds and festive gift ideas in the fabled Bergdorf Catalog. And since there’s no place like your home for holiday shopping—have us send. Available mid-October at $2 (refundable with first purchase). 754 Fifth Avenue, New York N.Y. 10019

NEW YORK  WHITE PLAINS
BERGDORF GOODMAN
754 FIFTH AVENUE, N.Y. 10019

Keep the tradition.
Just like family silver, Wright’s Silver Cream passes down through the generations. A shining tradition since 1873.

THOUGHTS FOR THE HOSTESS

Herbed butters, vinegars, and other tasty surprises to brighten year-round meals

By Mary Moon Hemingway

Early autumn is a time for harvesting garden treasures you can preserve for good eating during the rest of the year. Even if you are a city dweller, you can put up specialties easily—fills to transform the ordinary into memorable meals. Before starting to concoct any of them, however simple they may seem, you would do well to bone up on sound techniques to avoid spoilage. Any standard American cookbook can tell you how-to—or see July House & Garden, page 87.

Do the unexpected with herbs.
Should you grow your own, you will, no doubt, set some aside for drying or freezing in butters and topings. Home-grown, fresh or dried, no matter, herbs add flavor to make your vinegars, mustards, sugars, and jellies special treats to savor yourself or to give as thoughtful presents.

If using dried herbs, use them sparingly: One teaspoon of dry to one tablespoon fresh is about right.

For the leafy vinegars—basil, borage, rosemary, and tarragon—use 2 cups of fresh leaves stripped from the stems. Crush the leaves gently and pack in quart jars about three-quarters full. Heat 2 cups white or red wine vinegar to a boil, the mint added, and the infusions simmered 15 minutes. Allow the usual setting period before decanting. Lovely in lamb dishes and gravies. Good with fruit salads, iced teas.

Mint vinegar is made with 1 quart white wine vinegar, 1 cup sugar, and 2 cups crushed mint leaves. The vinegar is brought to a boil, the mint added, and the infusion simmered 15 minutes. Allow the usual setting period before decanting. Lovely in lamb dishes and gravies. Good with fruit salads, iced teas.

Celery seed vinegar may be made with 1 quart chopped celery or 1/2 pound crushed celery seed infused in 1 quart hot vinegar. Garlic vinegar is simple: Crush 6 garlic cloves and put them in a pint jar with a little salt. Heat cups vinegar, pour into jar, and let stand two weeks. Strain. Shal lots may be used too, but double the quantity.

Concoct spiced vinegars with all manner of seeds: celery, dill, caraway, cumin, fennel, anise.
Two teaspoons each of the first four, 2 tablespoons of the last two plus 4 peppercorns, 2 sliced garlic cloves, 3 cloves, 2 tablespoon sugar, and a whiff of curry powder. Follow the standard procedure using 1 quart vinegar. Should it be too potent, dilute the mixture with additional vinegar after it has settled.

Herb and spice mustards are good enough to eat as spreads and they add real tang to all kinds of sauces and dressings. Before the flavoring is added, make the basic batch with 8 tablespoons dry mustard or crushed mustard seed, 8 tablespoons flour, and 2 tablespoons salt, moistening with garlic vinegar to make a fairly stiff paste. Add 9 teaspoons sugar and then spark up the mixture with any of the following (using 4 tablespoons minced herbs or 3 tablespoons of other material): tarragon and parsley, sage with a pinch of marjoram, horseradish, thyme, rosemary, grated lemon peel, curry or chili powder. Mustards are always packed in sterile jars and left for a month. In attractive pots, they make great gifts.

Herb sugars add delicious difference to fruits, whipped cream, and dessert sauces or icings. Make them as you would vanilla sugar by burying 3 tablespoons of any sweet herb, rose geranium leaves, mint, lemon balm, spearmint in 2 cups fine or regular sugar, and cover until the herbs are dried. Sift before using. If you like, combine a vanilla bean with the herbs.

Enjoy flavored cooking and salad oils, as the French do, by heating and steeping herbs in a good-quality oil in the same proportions as vinegars. Whole sprigs of the herbs floating in the bottled oils look pretty and help identify them.

Herb jellies are easily made from prepared pectin if you follow the directions on the package or bottle for mint jelly, using the

Continued on page 122
Very simply, the most beautiful fragrance in the world.

Arpege by Lanvin
The Classic.
A Good Skate.  "Can’t We Talk This Over?"

Introducing the newest “sport” members of the delightful Moppets family. To spoof hockey and football, and captivate the hearts of all. Captured in hand-painted porcelain by the Gift World of Gorham. Make someone smile. $12 each.

Price subject to change without notice.

Moppets © 1974 Fran Mar. Gorham Division of Textron, Providence, R. I.

How to make beautiful happen to your window treatments with Levolor Rivieras.

We have a brand new book for you—full of beautiful (and helpful) ideas on what to do with windows. Here are dozens of examples in full color from the files of top decorators. And you get a special section that tells all about measuring, laminating, painting, etc. From the people who bring you the spectacular tape-less Riviera blinds . . . unsuccessfully imitated the world over.

(SEND FOR YOUR COPY TODAY.)

Levolor Lorentzen, Inc., 720 Monroe St., Hoboken, N. J. 07030

Please send me a copy of your idea book, “Window Magic.” I enclose 50¢ for handling and mailing.

Name

Address

City

State

Zip

SURPRISE... IT’S CHRISTMAS!

If Christmas perennially sneaks up on you, let the Neiman-Marcus 1975 Christmas Book help you meet it with cheer. Shop right from your home via the idea-packed pages of this famous catalog. The 1975 Christmas Book will be ready to mail to you, or to a friend, in Mid-October. Send 1.00 for each book, with the name and address of the recipient to: Neiman-Marcus, Dept. 06, P.O. Box 2968, Dallas, Texas 75221.

questions & answers

Antiques

By Louise Ade Boger

FRENCH DUMBWAITER

What can you tell me about my table? The top has two metal-lined wells for plants. W.W.B.—Syosset, N.Y. Your French Louis XVI style table, dating about the 1920s, is called a rafraichisseur, a kind of dumbwaiter with super-imposed shelves. In the upper part were one or more recesses for chilling bottles of wine. With plates, flatware, and glasses, they stood near the dining table (it was usual to have four) and diners could serve themselves.

On my spoon’s back is “Ball, Black & Co.” Who were they? Can you identify the pattern? E.B.—Carfree, Ariz. Ball, Black & Co., the retailer of your medallion-pattern berry spoon, was active in New York, 1851-1876, when it was succeeded by Black, Starr & Frost. In the second half of the 19th century, a number of American silver manufacturers introduced, for flatware, their design of a pro-file head in the Renaissance taste. Your medallion pattern was “reintroduced” in 1907 by Dominick & Haff.

HAVILAND SERVICE

From this mark, what can you tell me of the background of my chocolate service? M.C.—Bladensburg, Md. The Limoges mark bears the initials of Charles Field Haviland over those of Gerard, Dufraisne, and Morel. When Haviland retired in 1881, the firm became G D M and later G D A when Abbot replaced Morel.

MEDALLION SPOON

EMPIRE STYLE DAY BED

I would appreciate information about the period, origin, and maker of my day bed. M. Mc.—Salisbury, N.C. The form of your day bed has been freely adapted from the French Meridienne, characterized by a shaped back panel, and introduced during the First French Empire, 1804-1814. Yours is American, about 1900, when the Empire style enjoyed a lively revival and contemporary catalogues advertised a “Roman divan couch,” for ancient Roman furniture had much to do with the Empire style. (Continued on page 56)
Introducing Royal Doulton Stoneware.
It's not our traditional look. It is our traditional quality.

Whether at a buffet on the patio or inside around a blazing fireplace, or at a sit down dinner, our Stoneware looks right at home.

Although informal in appearance, it is created with as much care as our renowned Bone and Fine china.

In fact, our Stoneware is so well made that it is dishwasher proof and we guarantee to replace it at no cost if any breakage, chipping, cracking or crazing occurs within two years of normal home use.

The pattern shown above is Ting. A five piece place setting costs $20. Our 45 piece service for eight including serving pieces, $179.95.

For our complete Dinnerware brochure, send 25¢ to Royal Doulton, Dept. 47, 400 Paterson Plank Rd., Carlstadt, New Jersey, 07072.
It begins with a blacksmith.

Instead of a cookie-cutter kind of production line, each piece of Woodard furniture begins with an anvil, some brawn, and an honest-to-goodness blacksmith.

Woodard furniture is shaped, joined and finished by hand, right down to the careful hand-wiping of the final antiquing. There is no mass production. Employees are artisans and craftsmen.

And Woodard endures to add to its worth. Each piece of furniture, for example, receives a layer of molten zinc to inhibit rust and to protect the finish. This is an expensive way to protect furniture, but it is also the best way. And when you add the 14 separate finishing steps, you begin to see why Woodard furniture can be passed down from generation to generation.

The eyes have it.
The beauty of Woodard is evident with another quick glance at the photographs below. For three generations Woodard has been a style leader, both indoors and out. And this leadership is not confined to wrought iron alone. Few manufacturers offer such a wide range of fabrics and coverings. Woodard also knows that not everyone likes white. That's why you can choose from a rainbow of 25 beautiful finishing colors.

In this clickety-click, mass-produced, computerized world we live in, isn't it nice to know there's still a Woodard around?

For color brochures and the name of the store near you that carries Woodard indoor and outdoor furniture, write to Woodard, 317 Elm Street, Owosso, Michigan 48867.
International's 1976 pewter would have been at home in 1776.

At fine stores now. Left to right: Litchfield, Farmington, Fairfield, Northford. Inset: An all-pewter a la Carte Collection.

INTERNATIONAL SILVER COMPANY
We do more for you in every metal.

Antiques

continued from page 52

ENGLISH JARDINIÈRE
Because I am totally disabled I cannot get to the library to find out anything about this piece, which I feel is quite old. Can you help me trace its origin? B.G.—San Mateo, Cal.

The trademark indicates that your jardinière was made by the Staffordshire potters Powell, Bishop & Stonier, who were active at Hanley, 1878-1891. They registered this basic form trademark in 1880 and it was continued by Bishop & Stonier from after 1891 to about 1936.

GERMAN CLOCK

Do you know who manufactured our wall clock? I've sketched the mark that's on it to help you identify it.

F.G.—Staten Island, N.Y.
The prominent German clock manufacturer, Junghans, who started in business in 1900, made your wall clock in the early 20th century. This eight-day type clock, which has an enameled dial and strikes on the hour and half-hour, was a popular export timepiece.

TOY PIANO

This is a toy Schoenhut player piano. Who was Schoenhut and was he well known?

G.R.—Fremont, Ohio
Albert Schoenhut is one of the best known toy manufacturers in the United States. His name is first and longest associated with toy pianos, for on 1872, the first toy piano made in America was manufactured at his shop in Philadelphia. Through the years he has put many toy pianos into American homes.

SHEFFIELD SILVER DISH

This is what is on the bottom of a silver dish I have had for many years. What can you tell me about it?

B. McG.—Sioux City, Iowa
According to your unusually informative mark, your sterling silver dish was made by Mappin Brothers at Sheffield, England, 1902-03.

NOTE: A loan exhibit of rare American decoys—including this Bowman Eskimo Curley—will be part of the twenty-third annual Theta Charity Antiques Show, sponsored by the Houston Alumnae Chapter of Kappa Alpha Theta, to be held September 24 through 28 at the Albert Thomas Convention Center, West Hall, Capital at Bagley, Houston, Tex.
Under the close supervision of the Craft Advisory Committee of Colonial Williamsburg additional fabric reproductions are being introduced by Schumacher. The collection is presented in a bright color palette that will allow a great variety of decorative uses either in 18th century period rooms or contemporary interiors.

Available through interior designers and at the finest stores.


SCHUMACHER
F. Schumacher & Co., 939 Third Ave., New York, N.Y. 10022
**Home Improvement Ideas for The House Fixer**

By Will M.

**Freestanding fireplaces in color**

Ready-made metal fireplaces in three styles—conical, low profile, and rectangular—are available in House & Garden Colors, Real Red, Sweet Lime, Bittersweet, Biscuit, Sun Yellow, and Black Pearl are fade-proof finishes in baked-on porcelain enamel. The rectangular fireplace has a 28-inch-wide hearth ($389), free-standing conical units have 28-inch- ($239) or 36-inch- ($309) diameter hearts. There is a 30- or 40-inch diameter hearth in low profile shapes ($229 or $319). Black Pearl costs less. Wood-burning units can be adapted to gas or electric log operation. Heatilator Fireplace Div., Vega Industries Inc., 30 West Saunders Street, Mt. Pleasant, Iowa 52461.

Building kits enable you to put up your own storage buildings for tools, garden furniture, a workshop, or other uses. The kit for the “Standard 'LiP Red Barn” illustrated contains the precut and numbered wood framework, trim, hardware, and step-by-step instructions for assembling. Building supply dealers at home centers, and lumberyards sell the kit and also the ten 4-by-8-foot, 5/8-inch-thick wall siding panels and the twelve 4-by-8-foot, 1-inch-thick roof panels you choose to enclose the building. Total retail cost, $199.95 including 8 pounds of nails. This “Standard 'LiP Red Barn” is 8 feet high, 8 feet wide, 8 feet long in floor area. There is also an 8-by-12-foot model, and there are big Red Barns 12 feet high and from 12 by 12 feet to 12 by 24 feet in floor areas. A small “Carriage House,” fine for bikes, and a Playhouse are also obtainable. Flooring, ramps, windows, finishes are optional features. Jer Mfg., Inc., Coopersville, Mich. 49404.

**Storage buildings in a kit**

Backyard solar furnace can fill up to 90 percent of the heating needs of an average-sized house by snaring sun energy, it is claimed. Primarily an auxiliary unit to supplement a forced-air heating system, it is about garden-toolshed size but A-frame in shape. Placed facing south, within 75 feet of a house, it is connected to it with ducts, which conduct sun-warmed air to the house. The south face of the furnace is a solar heat collector plate with a double glass wall facing the sun and with a mirror-like aluminum panel on the ground to gain added sun heat by reflection. Behind the glass, aluminum collector cups trap heat from the sun. Forced warm air, circulated through the cups, transfers heat to a storage area within the furnace where 25,000 pounds of rocks hold the heat until needed. A second blower fan pulls heated air over rocks into underground ducts connected to house's forced warm air heating system. Furnaces in three sizes range from about $4,500 to $6,300. Developed by the International Solarthermics Corp., Box 397, Nederland, Colo., 80466 for licensed manufacturers.

**Solar furnace heats average-size house**

Hanging plant light fixtures hold plants and illuminate them from overhead with their “plant grow” bulbs. Two sizes, a 10-inch-diameter planter with a 10-inch diameter, or a 6-inch-deep planter with a 16-inch diameter suspended from light-fixture cylinders 4 inches wide. Each is of metal with a white epoxy finish as is the 15-foot-long link chain and wire supporting the planter-lantern. They can be connected to existing electrical wall outlets or new ceiling wire for $90 for the smaller, $110 for the larger. Designed by John Mascheroni for George I. vacs Lighting, Inc., Madison Avenue, New York, N.Y. 10021.
Lifestyle '76. This mix-and-match bath design is a sun-drenched blend of contrasting textures. New Americana Brown is a natural choice for the fixtures. It's handsomely at home with the Designer Line shower in Bone. And the Tangerine soaking tub is happy colorful as well as happy comfortable. Why not call your American-Standard plumbing contractor today. You'll find him in the Yellow Pages. Whatever your lifestyle, he has the ideas to help you express it. Beautifully.

Please send me your complete Bathroom Planning Kit, including the 192-page Homemaker's Guide. I enclose $2.00.

Name

Address

City

State

Zip

Mail to: American-Standard, P.O. Box 2019
New Brunswick, New Jersey 08903
Enjoy our place in the country. Any country.

Wherever you want to build—virtually anywhere in the world—Lindal will deliver. Not the typical look-alike house, but an uncommonly distinctive and enduring home of naturally warm, inviting cedar.

One engineered and precut for fast assembly. And yet, thanks to almost unlimited design flexibility, one that's also made to order.

Whether your taste leans toward country-style rustic or the dramatic contemporary—whether you start with one of our 70-plus plans, or your own plan or sketch—it will be custom-designed to your needs.

For your kind of home in your kind of country—any country—see your Lindal distributor. Or send $2 for your Lindal Planbook and home-designer's kit.

Varieties of Needlework

Texture and Color in Needlepoint. Michele Weal (Harper & Row, $19.95). How to combine and integrate various stitches to create unusual textures, extraordinary designs for everything from pillows and vests to a complete staircase cover.

Needlepoint Plaids. Marion Broome Pakula (Crown $7.95; $5.95 paperback). Twenty projects with plaid designs created by using numbered patterns.

New Needlepoint. Jan Orr (V. Nostrand Reinhold, $14.95). The "now" means contemporary designs, modern methods, far-off projects.

More Needlepoint Design. Lotte Gartner (Morrow, $16.95, a House & Garden Book, available in October). Eighty new designs by the author of the bestselling Needlepoint Design, with instructions for transferring them to your own canvas.

Chinese Rugs Designed for Needlepoint. Maggie Lane (Scribner $12.50, available in November). Stunning designs for fourteen rugs (with a maximum 54-inch width) fully graphed with directions for translating graph to canvas, working pattern, finishing off, binding and lining.


WHERE TO FIND CRAFT SUPPLIES

Craft Sources. Paul Colin and Deborah Lippman (Evans, $12.50; paperback $5.95, available in October). Subtitled "The Ultimate Catalog for Craftspeople"—and it really is. It's a guide to books, magazines, organizations, supply sources, and schools that teach crafts throughout the country; a general handbook containing interviews with craftsmen, samples from books giving instructions for a particular object, so you can use this book also to make things.

The Mail-order Crafts Catalogue. Margaret A. Boyd (Chilton, $15; $7.95 paperback). Indexes by firm name, craft item, and state-by-state sources throughout the country where you can obtain whatever supplies you need for whatever craft turns you on. Includes lists of magazines specializing in crafts articles, courses you can take, kits to buy.

National Guide to Craft Supplies. Judith Glassman (Van Nostrand Reinhold, $12.95; $6.95 paperback, available in October). Over 600 craft supply sources across the U.S. as well as in Canada, Great Britain, Australia, New Zealand, and Taiwan. Complete descriptions of what each has to offer. Includes bookstores, fairs and shows, galleries and museums, craft periodicals, and a bibliography of more than 800 books.

Pittsburgh Paints and House & Garden are together again.

We bring you their selections for '76, from Vanilla to Sun Yellow to Reef Blue. In latex flat, lo-lustre and gloss finishes.

Not to mention hundreds of other smashing colors in our new DesignaColor™ System besides.

All arranged according to family, in easy-to-find, easy-to-compare groups. All on paint chips large enough not to leave the outcome to your imagination.

Whether you like them bright and clear, deep and rich or somewhere in between, they’re yours in Pittsburgh® Paints. Both muted and otherwise.

At your nearest Pittsburgh Paints retailer, of course. Listed in the Yellow Pages.

PPG Industries, Inc.,
One Gateway Center,
Pittsburgh, Pa. 15222.

All this and House & Garden too.
Books about crafts

continued from page 60


American Needlework 1776/1976, Leslie Tillett (N.Y. Graphic Society, $13.50). Needlepoint and crewel patterns adapted from historic American events and designs. Great inspiration for Bicentennial projects!

A Beginner's Book of Needlepoint and Embroidery, Xenia Ley Parken (Dodd, Mead, $5.95). For the needle neophyte — how to get started; the basic stitches; simple pretty projects.

A World of Embroidery, Mary Gotselew (Scribners, $20). The best embroidery patterns from around the world — exotic, naive, sophisticated, lavish, spare. The book includes descriptions of stitches needed to create similar embroideries.

Embroidery Motifs from Old Dutch Samplers, Alberta Meubel-Nieuwburg (Scribners, $12.50). Alphabetts, buildings, animals, folk figures — all very "country" in feeling.

Three-dimensional Embroidery, Hanna Frew (Van Nostrand Reinhold, $9.95; $5.95 paperback). Mery designs and projects, all with a tangible depth — quite unusual for embroidery.

Flower Embroidery, Allianora Rosse (Scribners, $9.95). Seventeen original floral patterns for use on tablecloths, place mats, chair seats, pillows. The techniques: needlepoint, crewel, cross stitch.

Designs and Patterns for Embroiderers and Craftsmen, Marion Nichols (Dover, $3.50). 512 motifs for experienced embroiderers (no instructions).

Knit Art, Feme Geller (Van Nostrand Reinhold, $15.95). Over 250 original floral patterns for the beginner or the practiced knitter.

The High-Pile Rug Book, Susanna Cuyler (Harper & Row, $12.95). Modern and traditional techniques for the beginner or the practiced user of punch needle, shuttle hook, and latch hook.

Boone Trail Craftsmanship. Painstaking care and authentic design are faithfully incorporated into every piece of furniture from our Boone Trail collection. A comfortable complement to casual room settings. Excellent for today's easy and informal lifestyle.

For a colorful brochure showing selections from The Exciting Americans, send 50¢ to Maxwell Royal.

American Quilts and How to Make Them. Carter Houck and Myr Miller (Scribners, $12.95, available in November). A collection of forty-two old patchwork quilts gathered from historical houses, museums, and restorations from Connecticut to North Carolina with instructions for copying them.

Quilting, Patchwork, Applique. Thelma R. Newman (Crowns, $9.95; $5.95 paperback). Traditional methods, modern designs, interesting projects.

The Patchwork Point of View, Jill Jarnow (Simon and Schuster, $8.95). Over twenty-five patchwork projects including skirt shirts, and jeans for today's brigh young look.

Finally It Fits. Ruth Amiel and Happy Gerhard (Quadrangle, $6.95). How to make patterns for everyone, for every size, which really provide perfect fit in the finished garment.

How to Design Your Own Cloth and Make Your Own Pattern Claudia Ein (Doubleday, $12.50). Just what the title says.

Weaving and Rugmaking

Off-Loom Weaving, Elfleda Russell (Little, Brown, $3.95 paperback). Things you can make, say the author, with "little more than your pair of hands, some yarn, and a sense of adventure."

Taanka. Joyce Ronald Smi (Scribners, $10). Offbeat and fascinating — the art of Maori off-loom hand-weaving, clearly presented for anyone to try.


The Complete Book of Rug Making, Cecelia Felcher (Hawthorn, $16.95). All of the major loom methods — braiding, rya, hooking, weaving, knitting, the works — with instructions for various stitch possibilities.

Men in Stitches. Robert E. Illes (Van Nostrand Reinhold, $13.95). Not another medical memoir, but a lighthearted yet thorough course in a rug-hooking craft that's great for men — women too!

The High-Pile Rug Book. Susanna Cuyler (Harper & Row, $12.95). Modern and traditional techniques for the beginner or the practiced user of punch needle, shuttle hook, and latch hook.

Continued on page 64
Kirsch Bedspreads. Colorful floral, solid and geometric patterns in styles for every decor. Many are machine washable—with Kirsch durability stitched into every one. Matching draperies, too.

let the Kirsch name be your guide.

When you buy something with the "Kirsch" name on it, you already know a lot about that product. For example, you know it offers value. The kind of value that's kept people coming back to Kirsch since 1907. And it offers quality. The kind of quality—Kirsch quality—that doesn't cost you a penny more. No matter what you buy.

Kirsch Coordinates. Handsome hardware for every room. From switch plates to drawer pulls to countertop bath accessories—in brass, chrome or antique white. Coordinate them with your Kirsch drapery hardware.

Kirsch Shelving. No tools. No glue. Just twist components together to make a stereo center, a bookcase or any number of space-saving arrangements. Choice of styles and finishes. Wall-mounted shelving also available.

The name you trust in drapery hardware.
Kingsberry Homes speak for themselves, with room to spare.

Listen.

I'm interested in turning my dreams into reality. Please send me your beyond-the-ordinary designs, here's my $2.00 check for a brochure!

Name: _____________________________

Street: ______________________________

City: ___________________________ State: ___________ Zip: ___________

Great Start.

From the sublimely elegant to the whimsical, good cheer abounds in the Sakowitz 1975 Christmas Catalogue coming in early October! Send 1.00, to be applied toward your first purchase; Sakowitz, P.O. Box 1431P, Houston, Texas 77001.

Great Finish.

Start right with Beverlee Satin Stain. Wipes on like furniture polish. No lap marks, or uneven stain. Finish big by brushing on ZAR polyurethane clear wood finish. Protects against water marks, alcohol and household acids. Beverlee, plus ZAR... makes wood look as good as it should. Send for our free color chart.

United Gilsonite Laboratories, Dept. A
Scranton, PA 18501 - Visalia, CA 93277

Books about crafts

continued from page 62

One Book: Many Crafts

Joy of Crafts. The Blue Mountain Crafts Council (Holt, Rinehart, and Winston, $19.95). For beginner or expert, more than 100 projects in weaving, leathersmaking, woodworking, appliqué, potting, knotting, or just about whatever you want to do.

Jann Johnson's Discovery Book of Crafts (Reader's Digest Press, $14.95). Fifty-five projects, each of which will produce an enchanting present (you’ll be sorely tempted to keep it yourself)—laminated wood boxes, silver jewelry, macramé evening shawl, embossed stationery, stuffed dolls.

Traditional English Country Crafts and How To Enjoy Them Today. Andy Pittaway and Bernard Scofield (Pantheon, $5.95 paperback). A directory to the crafts of Great Britain with supply sources and information for the U.S.—make your own paper, corn dolls, baskets, pomanders; start a pottery; spin flax.


Phyllis Fiarotta's Nostalgia Crafts Book. (Workman, $10.95; $5.95 paperback). Things your mother used to make and your grandmother and even, maybe, your great grandmother.

By Children and For Children

Snips & Snails & Walnut Whales. Phyllis Fiarotta (Workman, $4.95). Fun for pint-size craftsmen. A selection of over 100 simple projects that children can make, using objects picked up from nature—shells, leaves, pine cones, nuts, seeds, berries, even spider webs!

How to Make Wooden Toys and Games. Walter E. Schutz (Macmillan, $8.95; $4.95 paperback). Fun for you to make; fun for your children to play with—87 projects, some simple (wood blocks, a boat), some elaborate (dollhouses, miniature furniture), all within the realm of a reasonably adept woodworker.

Try a New Craft

How to Make Furniture without Tools. Clement Meadmore (Pantheon, $4.95 paperback). What you do is take the ready-drawn patterns from the book to your local lumberyard, get the plywood cut to specifications, then follow the diagrams for assembling, and just glue.

Paper Folded Cut Sculpted. Florence Temko (Collier, $12.95 $5.95 paperback). Delights whimsies you can make using the Japanese art of origami and adaptations thereof.

Ideas for Decoupage and Decoration. Betty Lorrimar and Margaret Hickson (Van Nostrand Reinhold $8.95). Cut it out, paste it on, create your own fantasies. Many clever ideas to start you out.

Natural Collage. Sally Mile (Scribner, $9.95). Arranging seeds, leaves, grasses to form birds, fiery dragons, portraits—the sky is your imagination, is the limit. The basic how-tos and with-whats are here.

America's Indigo Blues. Florence H. Pettit (Hastings House, $18.50). If you're interested in batiks and dying fabrics, this is a gold mine of information describing just about everything anyone has ever done or made or discovered about the 18th-century bold-patterned fabrics called indigo blue resist prints.

Pottery. Cora Pucci (Little, Brown, $3.95 paperback). A basic approach to perhaps the oldest of crafts. For the beginner with facile hands and a good supply of patience.

String Art. Robert E. Sharpton (Chilton, $12.50; $5.95 paperback). One of the newer crafts rapidly increasing in popularity. Works of art are created with colored string that you loop in and out of myriad nails to form striking patterns.

Straw Work and Corn Dollies. Lettie Sanford (Viking, $8.95). A country craft, currently having a revival. Here, instructions for birds, jewelry, a Mexican sun mask, even a chandelier—all made by the careful interweaving of pieces of straw.

Everlasting Flowercraft. Dorothy Shipman and Moyna McWilliam (Arco, $8.95). Many methods of preserving flowers and then instructions for using them to create decorative gift tags, calendars, party pieces, unusual floral arrangements.

The Art of Shellcraft. Paula Critchley (Preager, $10.95). Dozens of things you can make—whimsical animals, ornamental frames, eye-catching jewelry—from the interesting shells you’ve collected this summer on the beach.

HOUSE & GARDEN
Kohler gives you the widest choice of 24 carat gold electroplate faucets plus elegant lavatories.

Bold colors, smart styling, and luxurious 24 carat gold electroplate faucets add up to a look of distinction only Kohler can give.

Pictured. Kohler gold—the newest look of luxury.
A. Amber Flair faucets crown the Tiger Lily Tahoe lavatory.
B. Brushed Alterna faucets on the Man's Lav in Antique Red.
C. A touch of nostalgia...graceful Antique faucets in brushed gold.
D. Europa...A European styled faucet for the bar sink.
E. Centura multi-pill lavatory faucet.

For more great ideas, send 25¢ to Box FL, KOHLER CO., KOHLER, WIS 54033.
Need color direction? House & Garden has 36 ways to say... with our special collection of the 1976 House & Garden Color Chips. Decorators, builders, and architects use them. Hundreds of manufacturers match products to them. Be on the same color wave length. Redecorate with the 36 House & Garden Color Chips in hand. When you shop, look for the "color" symbol shown above (it means a product matches a House & Garden Color) ... and check sources in the Pocket Directory of Merchandise in House & Garden Colors. It tells you at a glance who makes... in which colors.

**HOUSE & GARDEN COLORS 1976**

To: House & Garden, Dept. CC '76
P.O. Box 1910, Grand Central Station
New York, N.Y. 10017

Enclosed is my __ check __ money order for:

- LARGE COLOR CHIPS (3"x6" in glossy and matte finishes) with Pocket Directory — $7.00 complete
- MINIATURE COLOR CHIPS (1"x2" glossy on a key chain) with Pocket Directory — $3.00 complete

NAME
ADDRESS
CITY STATE ZIP

---

**Alaska**
Anchorage .......Nerland's
Fairbanks .......Nerland's

**Arizona**
Phoenix ...........Goldwaters
Metro Center ....Goldwaters
Prescott ........Goldwaters
Scottsdale ......Goldwaters

**Arkansas**
Ft. Smith ...........Froug's

**California**
Costa Mesa ..........Bullock's
Del Amo ..........Bullock's
Fresno ..........Turpin's
Hayward ..........Liberty House
La Habra ..........Bullock's
Lakewood ..........Bullock's
Los Angeles ....Bullock's
Northridge ..........Bullock's
Oakland ..........Liberty House
Pacific Grove ....Holman's
Pasadena ..........Bullock's
San Anselmo ..........Wasser's
San Fernando ..........Bullock's
San Francisco ......Liberty House
San José ..........Liberty House
Santa Ana ..........Bullock's
Westwood ..........Bullock's

**Colorado**
Colorado Springs ...May D & F
Denver ...........May D & F
Bear Valley .......May D & F
North Valley ......May D & F
South Glenn .......May D & F
University Hills ....May D & F
Westland ..........May D & F
Ft. Collins ........May D & F

**Connecticut**
Harford ........C.A. Karlan Furniture
Meriden ..........G. Fox & Co.
Middletown .........G. Fox & Co.
Osborne ........G. Fox & Co.
Watertown .........G. Fox & Co.

**Delaware**
Wilmington ......Strawbridge & Clothier

**District of Columbia**
Washington ......Woodward & Lathrop

**Florida**
Clearwater ....Maas Brothers
Dadeland ..........Burdine's
Fort Lauderdale ....Burdine's
Maitland ..........Burdine's
Miami Beach .........Burdine's
North Palm Beach ...The Pioneer Co.
Orlando ........Burdine's

**Georgia**
Atlanta ........Rich's
Athens ..........Rich's
Decatur ..........Rich's
Macon ..........Rich's
Savannah .........Rich's

**Hawaii**
Hilo ............Nerland's
Kailua ..........Rich's

**Idaho**
Boise ..........The Bon Marche
Idaho Falls ....The Bon Marche
Lewiston ....The Bon Marche

**Illinois**
Chicago ..........Carson Pirie Scott
Champaign ......Carson Pirie Scott
Decatur ..........Carson Pirie Scott
Evanston ......Carson Pirie Scott
Joliet ..........Carson Pirie Scott
Lisle ..........Carson Pirie Scott
Northbrook ....Carson Pirie Scott

**Indiana**
Carmel ..........The Killian Co.
Indianapolis ......Carson Pirie Scott
Fort Wayne ....L. S. Ayres
LaPorte ..........L. S. Ayres
Muncie ..........L. S. Ayres

**Iowa**
Cedar Rapids ......The Killian Co.

**Kansas**
Topeka ........C.A. Karlan Furniture

**Kentucky**
Lexington ......Stewart Dry Goods
Louisville ......Stewart Dry Goods

**Louisiana**
New Orleans ....D. H. Holmes

**Maine**
Portland ..........Jordan Marsh

**Maryland**
Annapolis ......Woodward & Lathrop
Baltimore ....Hutzler's
Chevy Chase ......Woodward & Lathrop

**Massachusetts**
Boston ..........Stewart Dry Goods

**Michigan**
Ann Arbor ......Stewart Dry Goods

**Minnesota**
Minneapolis .........Stewart Dry Goods

**Mississippi**
Jackson ..........Stewart Dry Goods

**Missouri**
Kansas City ......Stewart Dry Goods

**Montana**
Bozeman ..........Stewart Dry Goods

**Nebraska**
Omaha ..........Stewart Dry Goods

**New Jersey**
Newark ..........Stewart Dry Goods

**New Mexico**
Albuquerque ......Stewart Dry Goods

**New York**
New York ..........Stewart Dry Goods

**Ohio**
Cleveland ......Stewart Dry Goods

**Ohio**
Columbus ......Stewart Dry Goods

**Oklahoma**
Oklahoma City ......Stewart Dry Goods

**Oregon**
Portland ......Stewart Dry Goods

**Pennsylvania**
Philadelphia ......Stewart Dry Goods

**Rhode Island**
Providence ......Stewart Dry Goods

**South Carolina**
Charleston ......Stewart Dry Goods

**South Dakota**
Sioux City .........Stewart Dry Goods

**Tennessee**
Nashville ......Stewart Dry Goods

**Texas**
Dallas ..........Stewart Dry Goods

**Utah**
Salt Lake City ......Stewart Dry Goods

**Vermont**
Burlington ......Stewart Dry Goods

**Virginia**
Richmond ......Stewart Dry Goods
Virginia Beach ......Stewart Dry Goods

**Washington**
Seattle ..........Stewart Dry Goods

**West Virginia**
Charleston ......Stewart Dry Goods

**Wisconsin**
Milwaukee ......Stewart Dry Goods

**Wyoming**
Cheyenne ......Stewart Dry Goods

**Wyoming**
Cheyenne ......Stewart Dry Goods

In these stores you will find a selection of furniture, carpets, decorative accessories in our 1976 Colors, and many of the products or similar choices in House & Garden American Watercolors on pages 118-121.
What happened when these "wall artists" challenged Tru-Test E-Z Kare latex flat enamel?

They got "wiped out."

Can you picture a wall that withstands such stains without need of repainting? These unretouched photos make it clear: the entire "exhibition" wiped clean from the E-Z Kare enamel-hard finish. All the stubborn, greasy stains shown here—plus eye shadow, mustard, cheese, egg and charcoal—can't spoil the beauty of Tru-Test E-Z Kare latex flat enamel. Even under hard scrubbing, it retains its original beauty without "shining," rubbing off or fading out. Disastrous stains that mean re-painting with most latex paints simply wash off of E-Z Kare.

Tru-Test E-Z Kare combines the scrubbability of enamel with the flat finish of latex. So you can do a whole room, walls and woodwork, with the same paint. Goes on latex-easy, dries in about 20 minutes, tools clean up in soap and water. E-Z Kare latex flat enamel, exclusively from our own TruTest Paint Factories. White and custom colors including House & Garden American Watercolors.

The Wash 'n Wear Paint... perfect for walls and woodwork. As low as $10.98 per gal.

TruTest Paints are sold exclusively by True Value Hardware Stores who own their own paint factories. Look under Paint—Tru-Test" in the classified phone directory.
Mapa Burl from France.

From the exquisite Hekman collection. Our Idea Book illustrates over 230 tables, consoles, commodes, cabinets, desks and custom chairs to help you accent your home through traditional beauty. $1.00 please to: Hekman Furniture Company, 1400 Buchanan S.W., Grand Rapids, Michigan 49502.

Good Housekeeping

I dreamed I was dancing at the royal ball and midnight never came. Sheets and pillow cases to dream on. And remember. From a little town in Georgia called Thomaston.

Thomaston Mills

Once upon a Thomaston

Color stores continued from page 66

Prince George's
Woodward & Lothrop

Southdale
Hutzler's

town
Hutzler's

Westview
Hutzler's

Wheaton Plaza
Woodward & Lothrop

Massachusetts

Boston
Jordan Marsh

Brantree
Jordan Marsh

Burlington
Jordan Marsh

Framingham
Jordan Marsh

Lynn
Saxony House

Malden
Jordan Marsh

Peabody
Jordan Marsh

Worcester
Jordan Marsh

Michigan

Dearborn
Hudson's

Detroit
Hudson's

Flint
Hudson's

Grand Rapids
Hudson's

Harper Woods
Hudson's

Lansing
Bretz Shop

Livonia
Newton Furniture

Pontiac
Hudson's

Southfield
Hudson's

Sterling Heights
Newton Furniture

Taylor
Hudson's

Troy
Hudson's

Westland
Hudson's

Minnesota

Minneapolis
Dayton's

Brookdale
Dayton's

Southdale
Dayton's

Rochester
Dayton's

Rosedale
Dayton's

St. Paul
Dayton's

Mississippi

Biloxi
Merchiston-Hall Galleries

Missouri

Jamestown
Stix, Baer & Fuller

Kansas City
Stix, Baer & Fuller

St. Louis
Stix, Baer & Fuller

Crestwood
Stix, Baer & Fuller

Riverroad
Stix, Baer & Fuller

Westroads
Stix, Baer & Fuller

Nebraska

Columbus
J. L. Brandeis

Grand Island
Miller & Paine

Lincoln
Miller & Paine

Gateway
Miller & Paine

Omaha
J. L. Brandeis

Aimes Plaza
J. L. Brandeis

Bakers Square
J. L. Brandeis

Crossroads
J. L. Brandeis

North Store
J. L. Brandeis

Southroads
J. L. Brandeis

Westgate
J. L. Brandeis

Westroads
J. L. Brandeis

New Hampshire

Bedford
Jordan Marsh

New Jersey

Cherry Hill
Strawbridge & Clothier

Echelon
Strawbridge & Clothier

Manalapan
Steinbach's

Pleasantville
Steinbach's

Ridgewood
B. Altman & Co.

Short Hills
B. Altman & Co.

Trenton
Convery's

Woodbridge
Abraham & Straus

New York

Babylon
Abraham & Straus

Brooklyn
Abraham & Straus

Buffalo
Adam, Meldrum & Anderson

Cheektowaga
Adam, Meldrum & Anderson

Continued on page 70

You've found the perfect setting for your dream house. Now, what about the house itself? You'll find a wide range of architectural styles and floor plans in the Fall-Winter 1975 issue of House & Garden Building Guide.

A complete survey of the latest trends in home design, including photographs and plans of 44 houses. There are multi-level designs, city and country places, manufactured and custom houses. Twenty of the houses are available in a plans-you-can-order section, as well as other trend setting designs.— All in the new Fall/Winter 1975 issue of HOUSE & GARDEN BUILDING GUIDE.

AT YOUR NEWSSTAND NOW!

If you are unable to obtain a copy at your favorite newsstand, you may send a check or money order for $2.00 (includes postage and handling) payable to HOUSE & GARDEN BUILDING GUIDE, to the following address:

HOUSE & GARDEN, Dept. F/W-B
P.O. Box 1910, Grand Central Station, New York, N.Y. 10017

Once upon a Thomaston

I dreamed I was dancing at the royal ball and midnight never came. Sheets and pillow cases to dream on. And remember. From a little town in Georgia called Thomaston.

Thomaston Mills

You've found the perfect setting for your dream house. Now, what about the house itself? You'll find a wide range of architectural styles and floor plans in the Fall-Winter 1975 issue of House & Garden Building Guide.

A complete survey of the latest trends in home design, including photographs and plans of 44 houses. There are multi-level designs, city and country places, manufactured and custom houses. Twenty of the houses are available in a plans-you-can-order section, as well as other trend setting designs.— All in the new Fall/Winter 1975 issue of HOUSE & GARDEN BUILDING GUIDE.

AT YOUR NEWSSTAND NOW!

If you are unable to obtain a copy at your favorite newsstand, you may send a check or money order for $2.00 (includes postage and handling) payable to HOUSE & GARDEN BUILDING GUIDE, to the following address:

HOUSE & GARDEN, Dept. F/W-B
P.O. Box 1910, Grand Central Station, New York, N.Y. 10017

Once upon a Thomaston

I dreamed I was dancing at the royal ball and midnight never came. Sheets and pillow cases to dream on. And remember. From a little town in Georgia called Thomaston.

Thomaston Mills

You've found the perfect setting for your dream house. Now, what about the house itself? You'll find a wide range of architectural styles and floor plans in the Fall-Winter 1975 issue of House & Garden Building Guide.

A complete survey of the latest trends in home design, including photographs and plans of 44 houses. There are multi-level designs, city and country places, manufactured and custom houses. Twenty of the houses are available in a plans-you-can-order section, as well as other trend setting designs.— All in the new Fall/Winter 1975 issue of HOUSE & GARDEN BUILDING GUIDE.

AT YOUR NEWSSTAND NOW!

If you are unable to obtain a copy at your favorite newsstand, you may send a check or money order for $2.00 (includes postage and handling) payable to HOUSE & GARDEN BUILDING GUIDE, to the following address:

HOUSE & GARDEN, Dept. F/W-B
P.O. Box 1910, Grand Central Station, New York, N.Y. 10017

Once upon a Thomaston

I dreamed I was dancing at the royal ball and midnight never came. Sheets and pillow cases to dream on. And remember. From a little town in Georgia called Thomaston.

Thomaston Mills

You've found the perfect setting for your dream house. Now, what about the house itself? You'll find a wide range of architectural styles and floor plans in the Fall-Winter 1975 issue of House & Garden Building Guide.

A complete survey of the latest trends in home design, including photographs and plans of 44 houses. There are multi-level designs, city and country places, manufactured and custom houses. Twenty of the houses are available in a plans-you-can-order section, as well as other trend setting designs.— All in the new Fall/Winter 1975 issue of HOUSE & GARDEN BUILDING GUIDE.

AT YOUR NEWSSTAND NOW!

If you are unable to obtain a copy at your favorite newsstand, you may send a check or money order for $2.00 (includes postage and handling) payable to HOUSE & GARDEN BUILDING GUIDE, to the following address:

HOUSE & GARDEN, Dept. F/W-B
P.O. Box 1910, Grand Central Station, New York, N.Y. 10017
Del Mar Woven Wood provides year 'round savings in heating and cooling costs by stopping winter's cold and summer's heat at the window. The insulation quality which makes woven wood a better energy saver than other popular window coverings is in the wood. Wood, the natural insulator, is combined with yarns from a broad palette of colors. The result is Del Mar Woven Wood, a beautiful way to save energy for any decorating style. And today's "natural look"—a combination of self-expression and unpretentious natural elements—is superbly enhanced with the impeccable tailoring of woven wood. Del Mar Woven Wood...a beautiful way to conserve energy and money too!
<table>
<thead>
<tr>
<th>North Carolina</th>
<th>South Carolina</th>
<th>Oklahoma</th>
<th>Oregon</th>
<th>Pennsylvania</th>
</tr>
</thead>
<tbody>
<tr>
<td>Asheville</td>
<td>Belton</td>
<td>Norman</td>
<td>Eugene</td>
<td>Allentown</td>
</tr>
<tr>
<td>Charlotte</td>
<td>Greenville</td>
<td>Sand Springs</td>
<td>Meier &amp; Frank</td>
<td>Stroudville</td>
</tr>
<tr>
<td>Chapel Hill</td>
<td></td>
<td>Tulsa</td>
<td>Ford City</td>
<td>Columbus</td>
</tr>
<tr>
<td>Durham</td>
<td></td>
<td>Briar Village</td>
<td>Froug's</td>
<td>Eastgate</td>
</tr>
<tr>
<td>Greensboro</td>
<td></td>
<td>Brook Plaza</td>
<td>Froug's</td>
<td>Great Lakes Mall</td>
</tr>
<tr>
<td>Raleigh</td>
<td></td>
<td>Crystal City</td>
<td>Froug's</td>
<td>Higbee's</td>
</tr>
<tr>
<td>Wilmington</td>
<td></td>
<td>Eastgate</td>
<td>Froug's</td>
<td>Hartford</td>
</tr>
<tr>
<td>Winston-Salem</td>
<td></td>
<td>May Meadow</td>
<td>Froug's</td>
<td>Higbee's</td>
</tr>
<tr>
<td>Ohio</td>
<td></td>
<td>Northland</td>
<td>Froug's</td>
<td>Higbee's</td>
</tr>
</tbody>
</table>

Ridgeways are for people who give permanence priority.

There's nothing like owning an heirloom. Especially one that has the warmth and charm of a Ridgeway Grandfather Clock. Choose from over 40 styles, 20 wood finishes, 5 decorator colors, 3 sets of chimes and several (apartment to mansion) sizes. One is just right for your home. And your budget.

FREE: This colorful illustrated brochure complete with decorating ideas and list of dealers nearest you. Ridgeway Clock Division, Gravely Furniture Co., Inc., Dept HG-752, Ridgeway Clocks Division, 1111 11th Street S.W., P.O. Box 819, Lakeland, Florida 33802.
The real beauty of Aristocon™ is what you don't see.

You're looking at Sonora. Our newest Aristocon pattern.


But the real beauty is, Aristocon can take the scuffs and spills. And it should never need wax. That's because of our JT88 finish, a Mannington exclusive, that seals in the gloss. And seals out stains.

Another beautiful thing. Even after months of use, normal care with water and detergent and an occasional buffing bring back its original luster.

No other cushioned flooring gives you all you get from Aristocon. Available in 6 and 12 foot widths for few, if any, seams. So, before you decide, make sure you look at Mannington.

Write for mini sample and free brochure showing other Aristocon patterns.

Mannington
Tough. Smart. And out to floor you.
Over 60 years of fine flooring. Other fine floor coverings by Welco Carpet Corp. of Calhoun, GA. A wholly owned subsidiary of Mannington Mills, Inc.
Dept. HG9, Salem, NJ 08079
A GREAT AMERICAN IDEA
looking to the 1976 Bicentennial celebration

THE ENCHANTED EYE
New glamour for a cast-iron building, a great art auction, covered mall in Minneapolis, a see-it-all traveler’s guide to the Bicentennial

By Kenneth E.

THE PAINT BRUSH AS ARCHITECT

Soho, to most people, is London’s version of New York’s Greenwich Village. But New York’s version of Soho is a complex of old buildings below Washington Square that artists and sculptors and architects are flocking to as the place to live and work. Restored, remodeled, rejuvenated, these once decrepit old factories and warehouses are now a handsome new downtown business. Bohemia full of apartments and studios, most of them cooperative, all of them beautifully livable and workable. One of the most imaginatively restored of these buildings, left, was an old toy factory with a cast-iron, street-side façade—an ornate, highly decorative element that, as far as design was concerned, had nothing to do with the rest of the structure, which was faced very simply with brick walls concealed by adjoining buildings. All of the fantasy was kept streetward.

"With trompe l’oeil painting, the old brick side wall became a replica of the front façade."

As architect Handford Yang, left, below, who lives in the building, explains it: "Around the 1800s, when cast-iron buildings were popular, architects designed the façades to resemble Italian palazzi, which were usually built of marble and stucco. Iron, of course, can be cast to look like anything, and since marble was costly and, for a factory, inappropriate, iron did very nicely once it was painted in the stone-like colors you see in old Italian palazzi today."

"Now, at some point in its history, the old factory must have lost one of its companion buildings—although there is a little one there now—thus exposing a highly unesthetic, unromantic brick wall. When the factory became part of Soho and was remodeled, (Continued on page 74)

Left: Architect Handford Yang, a tenant of the old toy factory, and in a trompe l’oeil window, a trompe l’oeil tabby cat.

"ARTISTS OF THE HAMPTONS"

Benefit art auctions hold a double lure. They offer the bidder a chance to acquire a work of art usually available only at a gallery—and to do a good deed. Wednesday, September 17, at 8:30 p.m., an auction called "Artists of the Hamptons" will be held at the Parke-Bernet Galleries in New York, with viewings on September 11, 12, and 15. Proceeds are for the benefit of Guild Hall in East Hampton, L.I. About 80 major works will go on the block—all donated by such distinguished names as James Brooks, Elaine deKooning, Willem deKooning, Jimmy Ernst, Balcomb Greene, Harlan Jackson, Altson Orsorio, James Rosenquist, Saul Steinberg, and Esteban Vicente, among others. An estimated 400 works will go on the block. All of the proceeds will go to Guild Hall, and like all museums, needs money. The Hamptons artists, who often exhibit there, are making the kind of deeply personal gesture only an artist can make to help a friend.

Left: Untitled painting by Willem deKooning from the Montauk Series, at Madam P.

HOW TO SEE IT ALL

When to be where at what hour during the Bicentennial Celebration? The Bicentennial Book, 1975-76, by Robert Lawlor (Delo, $1.50 paperback, at bookstores) will tell you exactly when and what. A truly comprehensive rundown, it points you straight to the best way to go. And if you can make it to the Hamptons, the new I.D.S. Center in Minneapolis covers an entire city block in a complex of buildings surrounding a covered plaza called The Crystal Court. "This lean-to gallery," says the A.I.A., "is by no means the greenhouse variety, but a . . . scintillating, crystalline, multiple reflective ambience." Very high praise, and earned. The entire project with its air-conditioned Court was designed by Philip Johnson and John Burgee with Edward F. Baker Associates.

Left: Architecture Handford Yang, a tenant of the old toy factory, and in a trompe l’oeil window, a trompe l’oeil tabby cat.

Above: Inside the Crystal Court—a reflective ambience. Right: Outside—"grand, exciting, dignified."
A Latin named Mando Romero had a girl who liked Arrow’s Sombrero. The day he changed brands she threw up her hands and swore up and down “no comparo.”

**SOMBRERO**
1 part cold milk
1 part Arrow Coffee Flavored Brandy
Place ice cubes in glass. Add milk and Coffee Flavored Brandy and stir well.

**Arrow**, HEUBLEIN'S HOUSE OF GOOD TASTE.
For free drink and food recipe booklet write: Arrow Cordials, P.O. Box 1316, Hartford, Conn. 06101.
You can get a brand-new Early American lowboy for $197. Or a used one for only $15,003.

...The Queen Anne Connecticut lowboy at the bottom (circa 1750-60) costs $15,003 at Bernard & S. Dean Levy, Inc., 981 Madison Avenue, New York, New York 10021. The Queen Anne American Drew lowboy at the top (circa 1974) costs $197 at furniture stores. So much for the differences. Both the lowboys are authentic Colonial designs. Both of them are all wood, painstakingly finished. And both are built to be used not for years, but for generations.

For the coupon and $1, you can get two of our Colonial catalogs. They could save you $14,803.

AMERICAN DREW
P.O. Drawer 489. North Wilkesboro, N.C. 28659
A Member of the Sperry & Hutchinson Co.
 thinks • hopelessly!
Restores many of your
Paint brush as architect
continued from page 72
into apartments, it also became a landmark building, which meant that the facade could not be touched except for restoring and repainting. The Landmark Commission, as is its responsibility, limited the colors to the authentic, colonial grays, beiges, and browns. Which was fine, except that this new elegance would have been incongruous when you looked around the corner and saw a dreary expanse of plain old brick. It was out of the question to superimpose a decorative iron 'cover-up' on the brick wall, far too expensive, and we—the building's tenant-owners didn't know what to do, until one day I met Richard Haas, a well-known Soho artist who is fascinated by old cast-iron buildings and has done a lot of etchings and paintings of them. Somehow, we hit on the idea of trompe l'oeil, and funded by a grant from the National Endowment for the Arts which was obtained through an association called: The City Walls, Mr. Haas went to work.

"It's an incredible job. The design of the front facade now moves around the corner and extends the length of the building. It's all paint, of course, but unless you're very close to it, you'd swear it was iron. Haas used the same proportions, the same floor levels, the same decorative details. He even incorporated two existing windows into the total design. He studied the way the sun hits the front facade, where shadows are cast, how the colors change with the light, and then painted relevant shadows on the trompe l'oeil wall. There is nothing flat about it, it's three-dimensional—to the eye, at least. Some of the windows are painted closed, some partially open. In one of the half-open windows, Haas painted a cat sunning itself on the sill. Charming.

How to see it all
continued from page 72
Mississippi—who will perform during St. Louis's three-week (June 14-July 4, 1976) "Bicentennial Horizons of American Music" program. Wherever you live, or wish to make a trek to, something will be happening.

In Boston, the Battle of Bunker Hill will be reenacted; in Honolulu, there will be a Polynesian extravaganza of Ziegfeldian stature, and already steaming along with no intention of stopping until December 23, 1976, the American Free-dom Train will tour the United States making stops in 76 cities, carrying some of the nation's most treasured artifacts to almost everyone's home town—or near it.

The guide offers information on public transformation, parking, lodging, and campsites. (You can take your tent with the certainty of a place to pitch it.) And the book is the only one of its kind endorsed by the American Revolution Bicen
tennial Administration of Washing-ton, D.C. ■

HOUSE & GARDEN
And they slept happily ever after.

The Chiropractic story has a happy ending every night. Chiropractic sleep sets feature patented Springwall construction for edge to edge comfort, plus Posture Springing® for added resiliency and support. There are three different Chiropractic sleep sets, so you can choose the exact degree of support that's best for you. Go to your Chiropractic dealer and try one. You'll sleep like a happy bear! Chiropractic prices start at $109.95, twin size, mattress or foundation.

Chiropractic Elegance
Exactly what the name says—beautiful multi-needle sleep set that's resilient enough for comfort yet made for extra firm support.

Chiropractic Prestige
A sumptuous sleep set designed with an exquisite damask and multi-needle quilting. Enjoy the comfort and support of this luxuriously firm sleep set.

Chiropractic Bedding is made throughout the world only by Springwall Associates and is available at fine furniture and department stores everywhere.
Stylish little alarm clocks with big numbers. By Copal.

Copal puts easy-to-see numbers in a space-saving cabinet. The Copal 227 features a 24 hour alarm system you set just once for waking. A precision synchronous motor for lasting accuracy. And big illuminated flip-type numerals that change instantly and quietly.

And Copal makes them decorative, too. In a choice of popular colors. $21.95. And woodgrain. Or in white cabinets with striking colorful faces. $22.95.

You're assured of years of trouble-free performance, because Copal is the world's largest manufacturer of precision camera shutters and digital clocks. Copal digital clocks, from $14.95 to $179.95. What a beautiful way to wake up.

Copal 702 Deluxe Digital Alarm clock with "Snooze Button". In rich bronze or gold. $36.95.

Write for catalog to: Copal Corporation of America. 56-01 Queens Blvd., Woodside, N.Y. 11377. Tel: 212 / 779-5252.

FREE!
Andersen guide to beautiful, snug-fitting windows and gliding doors.

This free 24-page booklet will help you select beautiful windows that are designed to save on your heating and cooling bill. A guide to the best in window design and construction, plus descriptions of Andersen Preferred Wood and Perma-Shield® vinyl-clad Windows and Gliding Doors.

Send today for this informative full-color guide packed with helpful hints and facts, plus descriptions of Andersen Preferred Wood and Perma-Shield® vinyl-clad Windows and Gliding Doors.

Andersen Windows and Doors

EDITOR'S NOTE: "Futurism in Modern Focus" was presented at the Guggenheim Museum, New York in 1972. The entire exhibit was composed of paintings from the Lydia and Harry L. Winston Collection (Dr. and Mrs. Barnett Malbin). Their collection includes Futurist, Dada, Surrealist, De Stijl, Abstract Expressionist, American Colorist, and Minimalist works—an almost complete span of 20th-century painting. It has been exhibited in many parts of the world and has been published extensively. Mrs. Malbin is Arts Commissioner and a trustee of the Detroit Institute of Art and a former trustee of Bennington College.

This collection represents an assembly of the tastes of one individual—a very different thing from a museum collection. There is a personal involvement in buying each work—a reason that may not be obvious or sometimes even explainable to anyone else. And so when I hang a painting, the same reasoning applies. Placing works on a wall in a certain way creates an artistic experience for the viewer.

"Every work has its own presence, its own light which requires its own place, especially in relation to the other paintings around it. Two important things govern my thinking about grouping works together. Of course, one is their physical size, shape, and their subject; the other is the historical origin, or perhaps even better, the 'emotional' spirit of the works. Certain periods can be placed together because their 'intention' can be seen as the same. This is what allows me to hang a Noland near a Kandinsky with an Arp, the same reasoning applies. Placing works on a wall in a certain way creates an artistic experience for the viewer.

"I love them." ■

A collector speaks her mind about placing, lighting, and caring for modern art

A conversation with Mrs. Barnett Malbin by Paula Rice Jackson

We keep the humidity at constant 50.1 percent. I the air is any drier, the frame tends to shrink and bulge the canvases, which can be dangerous. Repetitive bulging and shrinking could crack a canvas.

The protective aspects of framing concern Mrs. Malbin more. Mondrian and a Balla have been enclosed in acrylic boxes although both works have frames: "They were imposed because the structures were becoming fragile. Both artists framed these works themselves. The boxes aren't right for modern paintings. They also prevent the canvases from becoming soiled. Most of these paintings are hung by a very heavy supporting back wire or two picture-hanging hooks that aren't right for modern paintings. The rods that hang from a molding aren't right for very modern paintings, such as a Stella. Since he sometimes works with unconventionally shaped canvases, those rods would impose a whole other design onto his, which would never be right. You must consider how the artist wants his work to be viewed. A frame that isn't consonant will never satisfy.

Futurist painters worked from the point of view that the viewers were in the center of the canvas experiencing the activity of it. That's one way I have of judging the level at which to hang paintings. [Pointing to a Balla of women descending a spiral staircase] I hung this low in order to experience looking down at the women who are looking up at me. It's marvelous! [It is.] Living with these paintings is like being in another world. Every day they change as the light passes through these rooms, each day at each season. I love them."
"For the Fall’s best buys
Ace Hardware is the place."

True Temper Rocket Hammer. 16-oz hammer with chrome-plated, shock-absorbing alloy steel shaft. Comfortable cushion grip for non-slip use. Model A16 Reg. 10.49 only 7.77

Arrow Automatic Tacker. Heavy-duty staple gun tacker shoots a staple wherever you’d drive a nail. Powerful compression spring action drives heavy-gauge staples into hardest woods, plastics, even soft metals. Model T-50 Reg. 15.95 only 11.87

Red Devil Tile Grout. Provides a lasting, waterproof seal between all mosaic and ceramic tile. Resets loose tile; grouts showers, tubs & sinks. 24-oz. box. Model 0412 Reg. 98c only 88c

Dow Corning Bathtub Caulk. Silicone rubber bathtub caulk seals and decorates at the same time. Dries to a permanently flexible waterproof seal. White. 3-oz. tube. Reg. 2.50 only 1.74

Wen Belt Sander. Heavy-duty 3”x18” sander is lightweight, with a 2/3 HP motor to handle the toughest jobs. Convenient contour handle and auxiliary grip; converts to bench sander. 3 sanding belts included: fine, medium, coarse. Model 919 Reg. 34.95 only 29.88

Dremel Moto-Tool Kit. Drill, carve, sand, grind, buff, deburr, polish, and more! With its 13 accessories you can handle almost any hobby, craft, fix-it-yourself or workshop job. 26,000 RPM. Weighs only 10 ounces. Model 245 Reg. 29.95 only 24.88

Due to physical size and merchandising policies some stores may not have on hand all items illustrated in this advertisement. Sale prices effective at participating stores through September 30, 1975. Check your Yellow Pages for your nearest Ace Hardware Store.
Here indeed is a room to reflect in, to bask in the quiet glow of redwood and the warmth of a morning fire. It is a room created of redwood. Opening to the outdoors yet secure and intimate.

Only redwood gives so much and asks so little. Your redwood home has a life that is measured in decades. Yet it needs little care. And its beauty is timeless.

Redwood. Build with it, and you build for tomorrow.
The Positive Power of Color

Color is therapeutic, a life-enriching power. It can lift spirits, change moods, turn a down feeling into an "up." Use this power positively.

Color flattery in fabrics
Look for decorating fabrics that make you look good and feel good. Do some private research first, if necessary. Find out which colors are self-enhancing as backgrounds. It depends on your personal coloring, hair, skin, eyes.

Color impact in paint
Consider the outside of your house. Does it express your life and your personality? Just because all the other houses around are white, doesn't mean you have to conform. The way you impress the world on the outside indicates who and what you are.

Color life with plants
Grow color that pulsates with organic energy. Flowering plants are richer and more intense than any color man can make. They also add another dimension in fragrance. In neutral rooms, plants create great natural color changes, as they flower in their season.

Color energy through art
Let art bring color energy to your surroundings. The artist's work has a living quality and the energy put down on canvas is transmitted through the picture into your room. Modern art has an architecture-like strength and power to give an ordinary room the look of an extraordinary space.

Color feasts
Create food that's visually exciting. A really mouth-watering dish owes its appeal to looks, as well as taste. The way food is arranged and served makes eating an event. Light simple meals—the calorie-conscious kind we all want today—can appear as satisfying as gourmet feasts, given the illusion of richness through color.

Color graphics with carpet
You can have smashing color effects with carpet. Take it over a banquette, up the wall, wrap tables in it. Play graphics with it. Carpet is warm, soft, absorbs sounds, adds insulation.

Color vibrations outdoors
Plant color like a painting—strident values of the modernists, or pale pastels of the impressionists. Take gardening a step beyond gardening, into land art. When you cultivate this idea, nature is the medium, flowers the palette, evergreens the frame.

Now turn the pages to see these and many more ideas in action. Our responses to your need to live in color.
Great ways to give your rooms color lift—plants, paint, art, fabric, and carpet

In true flower colors, right, fill this room like a beautifully arranged bouquet. On the sofa and ottoman, a Chinese-wave pattern of blues, yellows, pinks, and greens. For two chairs, pale marigold orange and magenta; for a lacquered, linen-covered table, deep purple. Over the sofa, an intense blue painting on a sky blue wall. Backgammon players are Christine and Patrick Steede. Room was designed by Cultra Fairholme. Painting by Betty Parsons.

Some of America's top decorators talk about color and what you can do to bring your rooms alive

Whole rooms in shades of one color are appealing for their freshness," says Tom Britt. "For tints, and a bit of contrast, you might use full widths of fabric in gradations of greens for a green or blue room; blues to violets for a mauve or blue room; ecru to salmon to rose for a pinkish beige room. Just sew vertical panels together and hang them in groups of four."

Color does not have to be strong to be effective," is John Dickinson's theory. "It's all a matter of modulation. I'm using lots of pale clear colors like water green and sky blue in fabric carpet against neutral backgrounds of stone sand. A pale palette has both serenity and light, and like sky and water, it's the natural thing, but carried a step farther, and wonderful with something like steel—as much a natural gray, wicker."

Color is the way to give a room drama without a lot of expense," says Joseph Braswell. "Try painting the walls of a dining room a deep magenta, then cover them, ceiling to floor, with white muslin shirred on rods. A soft pink will shimmer through. Drape the table with natural wavy, lacquered restaurant chairs white, give on lemon yellow cushions, lacquer the floor slate, then band it with a wide, intensely deep brown border."
COLOR FLATTERY — FABRICS THAT MAKE YOU LOOK GOOD AND FEEL GOOD
Building on a $35,000 budget, with a need for four bedrooms, study, living room, and kitchen, meant low-cost materials for this beach house. Metal shingles for the roof, asbestos siding for walls. Paint had to supply the architectural impact. The choice of blue followed naturally, after the architects, Wurmann, Murphy, and Levy, selected blue-painted shingles, "which seemed right for the sea." They carried the color all over. Green for the door, "to show an entrance and take you inside."
COLOR SURPRISE—  
AS YOU OPEN THE DOOR  
INTO A SMALL VIBRANT ROOM

“Concentrate vivid color in one grand punch,” Mel Dwork advises, “rather than saturating a room with it. For a room with navy blue walls, bleached floors, white furniture—quite quiet, really—we found a fuchsia-borded, multicolored Amish quilt and hung it like a painting.”

“Colors from nature in almost any combination,” Angelo Donghia feels, “are bound to be pretty: flowers, snow against blue sky, sand against blue sky, pale storms with pink coming through as the sun sets, rainbows, wonderful jungle or forest greens against pale blue or deep blue sky. Also, colors you wear will give you a cue. For a man, perhaps navy blue walls, cream floors, off-white woodwork, a navy blue sofa and chairs covered in beige suede.”

“Color at the top,” says Mrs. Henry Parish II, “has always been a marvelous idea. Colored ceilings, that is. Pale blue, yellow, silver leaf, or for sheer sumptuousness—when a room needs it and can stand it—a hot Venetian red. Underfoot, there is still nothing better than a natural wood floor, and there is no reason not to stain it. A leafy green will give you a shimmer without hiding grain.”

“Wood colors can be beautiful,” says Michael Taylor, “and they’re even better with an intense color complement. For example, in a really superb room, the walls were paneled in pale honey-colored pine, handsome, but they needed a lift, which they got with a deep cobalt blue ceiling—a midnight summer sky.”

“Really striking color combinations,” Arthur Smith has found, “are camel color with grays or black, dark brown with brilliant green, blue and white, and reds of all kinds. This is a color, certainly, that offers more value per square foot than just about anything else in the paint box.”

“Graduations of white,” George Clarkson thinks, “can produce an ethereal quality you can’t get with primary colors. White everything, lots of texture, and in a big room with several sofas, use an upholstery fabric with a beige pattern woven into the white. It will have all the warmth of a strong color.”

“Black shimmers, comes alive,” say William Machado and associate Norman Diekman, “when it is used with neutrals. It’s like a vital brush stroke in a Chinese painting. And it can be much more.” Machado recently painted his kitchen black. “It was done to mask an ugly surface over which wood slats were to be applied. But the black was so extraordinary I left it alone. Against it, everything looked beautiful.”
Color “must not intrude but blend,” says Enid Haupt. “I like an air of serenity—with color provided by flowers. With a movable pot garden you can put color where you want it—you can truly paint with flowers. White, pinks, and yellows go well with the green of the outdoors and with foliage plants.”

The house is joyous “to me, because everything is personal. The art was selected at gallery exhibitions of talented friends. Even the plants are old friends. Many have been with me for decades. The geraniums are cuttings from one plant.”

Balance “is all, as in everything in life. I have systematized my flower growing to complement the colors and scale of the rooms. I like things in harmony. For instance, I no longer use some azaleas indoors because as they aged their color became too strong.”

Light “is vital to flowering plants. Most of mine come into bloom in the greenhouse or garden room, but once at their peak they can be placed according to one’s own needs.”

Permanence and change “are what we gardeners work for. A standard like the geranium tree may live three years or more but must rest from time to time. You do not need to repot—breathe the soil in heavy pots spring and fall with an ice pick to give roots fresh oxygen. Annuals like impatiens are easy to grow. They are grown from seed but can be renewed after a summer’s bloom by shearing the plant back 6 inches above the pot and putting it in a sunny place. Daily grooming and misting will extend the lives of plants and give them a pristine look.”

Left: Living room tinted with pink geraniums and impatiens, greened by topiary ivy and myrtle. Paintings by Marion Pike. Opposite page, top: In what Mrs. Haupt calls “The Park” between living room and dining room, white abstract sculpture by Signori, bronze by Alexander Liberman, black dove by Diana Guest Manning. Sculpture, topiary Myrtus communis, and pots of baby-tears are arranged on a cupboard that in step-down dining room stores silver and linen. Center left: Mirrored niche in dining room reflects plexiglass sculpture by Barbara Mortimer, tuberous begonias, baby-tears, everblooming streptocarpus, and “an angel of a cactus, Opuntia compressa. It has yellow blooms like porcelain.” Center right: In library, a ruby gloxinia, needlepoint pillows, painting by Hector Ubertalli. Lower left: Phalaenopsis orchids, painting by David Hare, in living room. Lower right: Pansy-faced Miltonia orchids, impatiens, and, close to the glass wall by a terrace, sun-loving geraniums.
HOW TO GIVE YOUR ROOMS A COLOR LIFT WITH ART

"Living with paintings everyday is such a pleasure—you change, they change, it’s a constant process," says Gwendolyn Warner whose recently remodeled living room, above, included some changes that give better light to paintings and sculpture. Skylights cut into the ceiling allow for more natural, diffused daylight; mirror-paneled walls beside the fireplace increase the effect. A painting by Jules Olitsky in pink and reds is a color focus for a room filled with natural colors and textures—tree trunk sofa, palm trunk tables, bleached oak floor, wicker, white hydrangeas. At dining end, right, a dramatic Morris Louis.

Living with modern paintings. Experts give you their thoughts

Hanging and Lighting

"Any system of diffused, indirect lighting is fine for lighting people and their paintings. A home is not a gallery. Table and floor lamps work perfectly well. Blend them with special lights for paintings, if you must, as long as the overall effect isn't too strong." Leo Castelli, Leo Castelli Gallery.

"Most paintings look better in natural daylight than they do in (artificial) night light. Lighting depends so much upon the painting...low light on pale colors, many shades or subtle hues. A painting with fewer colors can take a stronger light but no painting should have too bright a light on it. And I like a painting to hang rather low on a wall—almost below eye level." Betty Parsons, Betty Parsons Gallery.

"The greatest asset of track lighting is its flexibility—the wide range of fixtures to choose from, the ease with which changes can be accommodated, the variety of lamps that can be used. And when it's combined with a dimmer system to control lighting intensity the whole effect can be very satisfying.

"Hanging paintings on stark white walls will become a problem when you try to light them. Light reflected off the wall interferes with light coming off the painting and the result will obscure what


Another advantage to using ambient light is that if you rotate your paintings often, you won’t have to relight.” Marvin Gelman, president of Lighting Services, manufacturers of special lighting installations at the Robert Lehman Wing of the Metropolitan Museum of Art, New York.

Framing

“Frames are furniture... not furniture for the room, but furniture for the art. Consider how the artist intended the work to be viewed when you choose a frame.” Barbara Kulicke, Kulicke Frames.

“Find the focus of activity in a painting—that’s one way to determine framing. A focus may be shifted from the center of the canvas to an edge so that an edge may become a ‘limit’ of activity. You may or may not wish to contain that activity with a frame.” Ben Heller, Ben Heller, Inc.

“Neat bronze bands are often the best replacements for elaborate frames. But I usually find myself with frames that are appropriate to the demands of the painting. For instance, I put no frame on a Rothko because the painting necessitates that it be left bare. A Dubuffet, however, which is extremely difficult to find a frame for, ends up looking fabulous in an old, blackened, 16th-century Italian frame.” Richard L. Feigan, Richard L. Feigan Gallery.

Moving and Handling

“Large canvases, say 7 by 10 feet high, are more often being painted on stretchers with movable braces that allow them to be folded. When you can fold a canvas it is much easier to move. Canvases can also be unstretched and wrapped around a cardboard cylinder. Because every painting presents its own peculiar characteristics, leave it to the professional to have it moved, hung, repaired, and restored.” Jimmy Le Brun, Le Brun Brothers, Art Movers.

Care

“A draftsman’s brush is the only thing to use if you wish to dust a painting. A feather duster has quills and a cloth rag too much abrasive fiber for the surface of a painting.” Jean Volkmer, Chief Conservator of the Museum of Modern Art, N.Y.

“Modern apartments almost force you to break traditional furniture arrangements to accommodate plants and large paintings. For instance, in order to hang a 9-foot painting in a room with 10-foot ceilings, bring the sofa away from the wall, even into the middle of the room.” Arthur E. Smith, Arthur E. Smith, Inc.
PALE BACKGROUND FOR ART AND PEOPLE
In one apartment, two approaches to color create several comfortable backdrops against which an arresting collection of modern art and the people who live with it are both at home. The apartment is big, built during that solid era when rooms were large, glass came in little leaded panes, and wood paneling was always deep dark brown. To remodel it for new owners, architect Keith Kroeger and designer Filippa Naess moved a few walls, replaced a few windows—but mostly they used color to give formality and informality both a light and easy air.

Living room, left, is all-over white punctuated with color—an Yves Klein painting over the fireplace, three Josef Albers squares, a circle by Kenneth Noland, tones respectfully repeated in cushions, plants, and flowers. A small powder room became a mirrored bar that can vanish when its flush door is closed. On the far right-hand side of the room, behind Moorish arches and draped white curtains, is a frivolous space with dais, cushions, a tiny fountain. “It’s a folly,” says Mrs. Naess, “a place for quiet conversations.” Furniture, much of it designed by Mrs. Naess and Mark Hampton, made for them by Fleming-Hegner, is simple and dramatic. People entering the room for the first time tend to be a little stunned by all that white. “Do I dare sit down” was one reaction—but all that white is removable, washable, thoroughly practical. The rugs ate white cotton rag. The white cotton upholstery on sofas and chairs is fastened with Velcro, easy to unstick and throw into the washer—with the curtains, if they need it—and easy to put back on. “Besides,” says Mrs. Naess, “it’s not $60-a-yard fabric. It’s inexpensive enough that you can afford to get tired of it.” Furniture bases where feet may rub are white-painted wood, simple to touch up. Only the cushion covers in clear pastels and chromatic shades, bengalene at $1.25 a yard, can’t be recycled. The cushions, though, are a key to the character of the room. By rearranging them, the owners can shift its mood. By scattering the small batik pillows from the “folly,” they can change the feeling entirely. “A room,” explains Mr. Kroeger, “should be able to respond to the people in it.”
Tiles in the bathrooms—pale cream or dark caramel, plus light-doubling mirror

COLORFUL BACKGROUNDS, APPEALING AND PRACTICAL

These bathrooms,” says Mr. Kroeger, “are designed to make you feel comfortable and cared for while you are in them.” The bathrooms are also very private, one for her, one for him. Hers, above, is all cream and mirrors. In its walls and ceilings images go on indefinitely. And because glass is green when seen from the edge, the entire room turns emerald as strips of mirror reflect in one another. The window has a mirrored shutter; a mirrored door opens to reveal a clothes closet. Floors and fittings—the half-wall around the toilet, the enclosure for the tub, the sink and cabinets—are monochrome tile with the small variations that show their handmade origin. They’re Mexican. His bath, right, is brown and doesn’t look like a bath at all at first. There’s a leather chaise, bookcases, a desk, a fur rug. And a tile tub that a Caesar would have liked. Papyrus and lilies grow along mirrors set like long windows in the wall.

Each sink has a counter large enough to spread out everything you might want. Accessories, chrome, Lucite, or earthenware and clay harmonize either with the mirrors or with the colors of the tiles.
Tiles in the kitchen—bold blocks of yellow, red, green, blue, and violet.

Hundertwasser woodcuts on the walls, right, came... The colors are primary, strong and warm, and the are simple. They suggested a room that is earthy able, a gathering place for everyday life and basic. A kitchen. To make a room large enough to live in, combined three small rooms. The overscaled d above the cooking island, heart of the kitchen, was to be massive. Island is big enough to hold a wine its side. So much strong color might have been over- Instead, kitchen with tiles Mrs. Naess chose is a room in which people become important. Children other from sturdy tabletop to island. The banquette ace to read morning papers, plan the day's affairs.

are unpainted pine. Sink, appliances, are red. Plan makes it easy for the cook to cook and conversations. Glazed surfaces, simple to care for.
industry as a speedy detangler of complex systems. This dazzling display comes from a network of telephone wires. Each color combination is coded when installed into a telephone circuit—a great help for engineers, both in setting up new systems and in locating where repairs are needed. Made by Western Electric, these wires are used by the Bell System across the country—carrying messages both within and without!

EXCITING CALMING COMMUNICATING COLOR

...and out what color means to our readers, in our March questionnaire we asked you, what or colors do you think masculine, feminine, sexy, stimulating? We asked you, "What do these make you think of—brilliant pastel pink, bright orange, green, pale blue, soft beige?" dy had trouble answering the question.

In other words, people associate t, moods, scenes, or emotions with colors just as naturally with the written word—which is extraordinary, when you come to think of it. What is even more extraordinary is that we all seem to have the same or similar associations with the different colors. For instance, 70 percent of people responding to these questions said that they thought brown a masculine color; 50 percent thought pink a feminine color; 60 percent thought red was stimulating; 50 percent associated pale blue with sky; and about 60 percent associated dark green with forest, woods, or jungle.

"I think there is a universal language of color in an off-the-top-of-the-head sense," says Dr. Deborah T. Sharpe, psychologist and color consultant, and author of The Psychology of Color and Design (Nelson-Hall). "Your immediate response to a color is common to many people, with cultural differences, of course.

The reasons for this include family and social background, and also go back much further to our earliest origins. Color in nature has an important functional role (green chlorophyll converts, by a chemical process of photosynthesis, the energy of the sun into food for plants; colors assist the pollination process; color in birds and animals is used as sexual identification; and as camouflage, for instance). For primitive man, the colors of the seasons were vitally important to survival; probably red became the danger signal because of the sight of blood. Indeed, even today, you'll find farmers, hunters, nomadic peoples, and colors are far more sensitive to color than many people, since it signals crucial information to them about weather, growth, the earth's condition, and so forth. The fact that so many of our questionnaire responders associated colors with nature (sky, forest, heat, fire, sunset, sand, and ocean were all the highest scoring examples), shows our continued close relationship to nature.

Although the first color association may be similar for many people, it becomes more complex upon reflection, believes Dr. Sharpe. "If you probe deeper," she explains, "you will get more personal responses. If a person walks into a bright red room, then the first associations will probably be similar to everyone, if you make your query within the first few minutes. If, however, the person stays longer and you continue to ask questions, then other, more personal meanings will emerge, based on the person's own life experience."

This also was confirmed in the questionnaire. Our readers' first associations were often concrete, then moved into more personal, emotional realms. Several people associated dark green with Security, for instance, Christmas, Emeralds, or Sad and Dreary. People found pastel pink was Warm, Happy, Good—no one person sug...
Great news about architecture in color

"White is modern" is no longer necessarily the rule. Here are 13 leading architects bringing color into their work, to warm relationships between people and buildings.

**Mexican colors** seem appropriate for a house in California, and Charles Moore feels that "in white it would be too glaring." In a scheme worked out by Yale graphic design student, Tina Beebe, for her Master's thesis, there are twenty-three colors "to make it look like a Mexican village." Pale adobe colors, mauves, buffs, for one side, oranges, yellows, pinks for the other. "But the values are about the same," Moore points out, "which seems the way to use lots of colors successfully."

Blue, green, and orange in the Columbus Occupational Health Center, by Hardy Holzman Pfeiffer, make the medical building human. Green denotes the structural elements; blue, heating and cooling. The orange wall, which catches sunshine from a strategic skylight, warms the rooms. "Color is a wonderfully humanizing device," says Hugh Hardy, "It's personal and exciting." By emphasizing all the machinery that goes into modern building he hopes people will question the necessity of it. "However anti-machine you may be, you can't really change a situation unless it is clear what the situation is."

**Terra-cotta, yellow, gray, and green** in a house by Michael Graves refer to objects outside. Green stair rails reflect a privet hedge in the garden, and plants on an upstairs terrace, to which the stairway leads. Yellow paints a sunlit "gate" to the terrace. The terra-cotta and gray walls repeat outdoor walls. Mr. Graves, a notable painter as well as architect, often treats indoor walls with individual murals, capturing colors, shapes, and the varied forms of nature surrounding the building. "I play on remembrances; color is not additive, it has a real value for me because it employs myth..."
Yellow and white mark the start by architects Robert Stern and John Haggman into more colorful houses. The location of this one, on a New England hill looking across a wide valley, partly led them into it. “We needed something that was bold, that would take command of the landscape. One element we could use to contribute a positive impact was color. Yellow is a vital color, good in a very long, bleak winter—and the owners live year round in this house.” Aside from this, the material used for the outside (a new sprayed-on coating over plywood that gives an impression of stucco) plus the Italian spirit of the design, seemed to call for something other than white. “All of Italy is a Technicolor experience and the farther north you go, Germany, Finland, and Russia, the tradition has been for highly polychromed buildings. We’ve had a very limited view in this country.”

Green, red, gray, and silver show up for the first time in a house by Peter Eisenman. “Doing a whole white house now without an attempt to use colors seems to me to be almost a cop-out, too timid. This is still very timid, although the red and green are bold and the effect is quite staggering. Colors add to the density of the space, the house is richer for it.” He uses color systematically. The center of the house is white and progresses through three shades of gray to the outside walls, “toward infinity, which is black.” Staircases, volumetric as opposed to the planes of the other spaces, had to be identified in other colors, so he chose the complementaries of gray, red, and green. Silver for the stair landings denotes “the neutral level.”

Red, yellow, and blue in the Illinois Regional Library for the Blind and the Physically Handicapped, Chicago, delineate the fifth project by Stanley Tigerman using color. (See another, the Hot Dog House, page 96.) Here, the structural parts of the building are painted yellow, exposed ducts for heating, cooling, plumbing are blue. Exterior walls, with the exception of one in concrete, are red-painted metal panels. “The purpose of it all,” says the architect, “is that a library should be fun, not something wildly serious. And then this is for the blind, some of whom are not 100 percent blind and upon whom color has impact. So here is this colorful object in the city for them, and to make sighted friends of totally blind people who go there say wow!”
To contrast with nature at the back of the house, a burst of Mondrian-like color on painted ventilation louvers below fixed glass windows.
Excitement in a new low-cost house

Shape • Color • Space

House overall—63' long x 14.3' wide x 19.4' high

Architect Stanley Tigerman calls this daring design his "Hot Dog House"
Rough cut cedar, pre-cut boards for economy led to an exciting design

The young couple with two children who make this their weekend and summer vacation house were building on a very tight budget. $35,000 was the limit. As often happens, restrictions resulted in innovations. For one thing, architect Stanley Tigerman was forced to choose rough cut cedar in double height, 18-foot pre-cut boards for walls, which he then "soft cornered" to reduce labor costs. The house width, 14 feet, was predetermined by the use of 14-foot pre-cut joists inside. The building was put together by two young carpenters in two months. There are no ceilings, no doors on any closets. Floors are scrubbed, unsanded spruce. All windows are fixed. Everything electrical is exposed—wiring conduits, switch boxes, heating ducts. The furnace is in the downstairs bathroom, the water heater tucked under the stairs. Using every inch of the space, Stanley Tigerman fitted in three bedrooms, two bathrooms, plus living room, dining-kitchen, and family essentials, like a dishwasher, laundry, and fireplace.

Above: Skinny, long shape and rounded ends give the house its name of the hot dog. Deck adds extra living space in back.
Right: Curved seating in the kitchen-dining space. Bright Scandinavian fabrics against cedar wood, simple birch table with a country feeling.

Ventilation grids split the silo-like curves from top to bottom. Air enters when wooden doors are opened.
The family owns 9 acres of prairie in Illinois, a commuting distance from Chicago. It is farm country; silos and granaries dot the landscape. But city weekenders are moving in. With a high speed road bordering the southern edge of the property, close neighbors to east and west, the first decision was to orient the house to the north, toward a view of a pond, now dug out as a family swimming pool, surrounded by oaks and willows. (It was this view and the rugged, wild quality of the country that prompted the owners to buy the land in the first place.) A further thought of Stanley Tigerman in siting the house, was to make a surprise out of the view. "It became clear in my mind that there was a chance to do a prosenium stage. At first you see nothing, just this granary wall effect, as you walk through. It's like parting a curtain. There's nature! When you enter the door all the neighbors are left behind, urbanity and all the problems of the week are left behind. You don't even see prairie any more because the land drops away 20 feet to the pond. The whole thing is entertaining and witty, rather like Alice Through the Looking Glass. When you finally walk out to the deck and you look back, you see another surprise. The house has changed, too. You enter a wood wall and you come out of a painting." The plan separates children from grownups both downstairs and up. They have their playroom and bedroom on one side upstairs. More play space in the dining-kitchen. Grownups have the living room space and a bedroom directly over it. Bathrooms are in the center. The family are people who live in a casual way; they like to use all the space all the time, entertain friends a lot. There are always children around. The wife wanted a house she could sweep with a broom, surfaces that needed little or no maintenance. "The house is responsive to this need. They wanted something simple; they have it," says Mr. Tigerman. "But I was able to imply sophistication at the same time. Everything is there." The wife, an artist and sculptor and a very visual person, made the colorful Marimekko print seat covers and cushions, which fit the curving banquettes in the living areas. Her drawings decorate some of the walls. She joined Stanley Tigerman in painting the outside louver windows and the deck black. Painted all the inside conduit pipes black, herself. "For me, things have to look right. I'm prepared to put up with some inconvenience for the final effect of something." Adds Stanley Tigerman: "I was very happy we participated in doing things together, that there was an interaction between client and architect.

Top: Picture window captures landscape in the living room. A Franklin stove makes this a cozy place in winter. Wicker and canvas chairs, a sisal rug go with the casual family life. Left: Stovepipe shoots right up through double-height living area, generates extra heat which saves on winter electric heating bills. Above: Bubble skylights glow at each end of the house at night.
Heat, light, and ventilating systems made part of the visual design

Here is a painted wall that is more than a painted wall. It is a brilliant study in oppositions. In its attempt to contrast with nature, it actually captures nature, reflecting sky and clouds in the glass, so the “painting” becomes a moving canvas of shifting moods and images. As a way of handling the exterior of a very simple, low-cost house, it is as sophisticated in its allusion to abstract art as any outer wall could be. Beyond all this, the graphic treatment of a hot dog shape matches the contemporary, artistic spirit of the owners, who are seeking a new way of living, casually and practically, today. There is no symbolism involved in the choice of colors, just the owners’ personal preferences. “We experimented, we changed.” Building the house has developed the family’s life considerably. They are learning to garden, grow their own vegetables, plant trees. Much of the land will stay natural; they are not the sort who like to mow lawns. “We prefer to see everything grow and watch the changes from month to month.”
exposed handsome black-painted ducts carry warm-air heating throughout house

fixed glass windows, louvered air vents that can be opened or closed inside the house

Below: Chrome Yellow, Real Red, Green Mint, and Wild Iris color ventilation louvers at the back of the house. The owners used ordinary enamel paint; same for the black deck. All canvas deck furniture comes from the Cado Collection at the Scandinavian Design store, Chicago. For building materials and equipment used in this house, please see page 136.

Far left to right: Master bedroom, quilted bed, long counter serves as make-up or desk space. The sculpture is by the wife. Open storage for personal belongings, trinkets, books. The "balcony" shows how the upstairs section is "cut out" to allow the double height spaces at each end in the living rooms below. Stairs in center of house catch view of pond. In kitchen, white Formica-topped counter divides working space from dining area. Counter stools are inexpensive, but good-looking design. Plants hang from exposed joists. Dining space flows into curved seating area. Overhead, exposed electric conduits with sockets along track for bulbs; the forced air heating duct.
Your Color Aura

What is it? How does it change with emotions, physical and mental well-being? Why scientists are encouraged about using aura to detect, treat, and prevent illness.

By Beverly Russell

Today scientists all over the world are investigating auras, the invisible patterns of energies and force fields surrounding living organisms. They perceive auras through radiation photography. This is a sort of X-ray technique first developed in Russia by scientists Semyon and Valentina Kirlian, and now being adapted and used in this country at a number of medical and research institutions. Dr. Thelma Moss, psychologist at the Center for Health Sciences, U.C.L.A. California, author of "The Probability of the Impossible" is one eminent investigator. Dr. Stanley Krippner, Professor of Psychology, Humanistic Psychology Institute, San Francisco, and Director, New York Institute of Child Development, editor of "Galaxies of Life," a collection of scientific papers, and Dr. William Tiller, at Stanford University are others.

Auras, streams of light—halos—are seen in luminous clusters of blues, lilac, green, reddish yellow, orange, and grays and can change color dramatically. The intensity of the glow and the shape can change too. At first, it was thought that the alterations were due to variations in film or the technique of photography, but tests show conclusively: now that the color changes are due to personal fluctuating emotions, and the physical and mental conditions of the subjects being photographed. What becomes increasingly clear is that the more scientists can find out about auras, the better they can learn to interpret them, then the more we shall understand about health and ill health and increase our ways of detecting, treating, and preventing human conditions, from depression to cold fevers. Prevention could be the most significant result. Some Soviet physicians agree they could diagnose and forecast the type of illness that would appear if the aura is not restored to its normal state.

Researcher Kendall Johnson, who works on experiments in the laboratory with Dr. Moss and is author of an informative new book The Living Aura, to be published by Hawthorn this fall, has noticed consistently that rest, relaxation, and a feeling of ease correlate with a wide, bright, smooth blue aura. Tension, apparently, tends to produce a weak interrupted aura. Anger and fearfulness can be associated with a large red blotch. Nervous conditions seem to affect the quality of color; physical disturbances affect the brightness. Experiments on cigarette smokers concur with other medical findings that smoking changes body metabolism and has a deteriorating effect on organic functions. "The energy image changes significantly after smoking and inhalation from cigarettes," reports Mr. Johnson.

Another further fascinating discovery is that auras can change when two people are in close proximity. In some cases there is a definite repulsion between respective auras, in other cases they join. Friends working together seem to generate brighter auras than two strangers working together. Is this telling us something about the "vibes" going on between two people, Mr. Johnson asks? Our vocabulary in everyday language is loaded with terms describing interpersonal relationships in terms of associations with energy. "He's really charged." "She's a drag." "He electrifies me." "She has a magnetic personality." "What a warm person." "She drains me," and so on. In human interaction and contact, Mr. Johnson concludes from his tests, there is a transaction taking place between some individuals so that energy is accumulated and has a nourishing effect. In other cases, energy is grounded, thrown off, or has a depleting effect.

The study of auras is providing a link to things that Chinese medical practitioners have been talking about for the last 5,000 years. To the Chinese, the art of acupuncture is a method of reestablishing equilibrium in a body that has lost its balance, where energy has been slowed down and sickness results. Oriental massage is practiced for the same effect. In Chinese medical thought there are no specific diseases. Bodily symptoms, whether we call them arthritis, asthma, or whatever, are re-

"What we are faced with is the fact that many aspects of reality which we comfortably thought were at best mythical... are emerging as vital for a complete understanding of the human organism as a whole."

Brendan O'Regan, Research Coordinator for R. Buckminster Fuller, Design Science Institute
New clinical findings that will help you understand your dream life
By Caroline Sebohm

We all dream every night, and yet funny enough, it is often very difficult to remember whether we dream in color or not. And if we do remember, we seem not to agree about whether our dreams are in color or black and white. But of those House & Garden readers who answered the question in the color questionnaire, "Do you dream in color?" almost two-thirds stated they always or often do dream in color.

What, then, about the other third? Why do some people dream in color and not others? What does it all mean?

An important experiment conducted by Dr. William Dement and Dr. Charles Fisher of the Department of Psychiatry, Mount Sinai Hospital, New York; and Dr. Edwin Kahn and Dr. Joseph E. Barmack of the Department of Psychology, City College of New York, reported the following findings:

1. A high 82.7 percent of their subjects dreamed in color.
2. People tend to say they dream in color more often when asked about it immediately after they wake up from the dream.
3. Dreaming should be considered a colored rather than a black-and-white phenomenon. "It would appear," the doctors declared, "that it is the lack of color rather than its presence in dream recall that requires explanation."

I asked Dr. Edwin Kahn, one of the contributors to this study, why people think they dream in black and white.

"Color fades," Dr. Kahn explained. "That is why it makes such a difference when you ask the question about dreaming in color. If you ask someone right after he or she has woken up from a dream, you are much more likely to get a color response. If you wait, and ask sometime later, then the color might have been lost. It is also possible that people who sleep very deeply may lose color in recalling their dreams."

We take color so much for granted, that often the color in a dream cannot be recalled. But you can check this yourself—if you wake up from a dream and cannot be sure if it was in color or not, start describing the dream. For instance, in Dr. Kahn’s study, one subject mentioned she saw "a bar of soap in the bathtub with the baby." When she finished describing the dream, without making any reference to color, the experimenter asked, "What did the soap look like?" The subject replied, "Like any bar of soap looks. It was round, it was pink, and the baby was playing with it in the bathtub." In other words, you may not realize your dream was in color when you describe an object that you can definitely characterize as colored.

Color in dreams can mean a lot of things. It can simply represent reality. It can be symbolic, that is representing an emotion or situation that you do not wish to deal with in a realistic way. For instance, if you are very concerned about a person, the color or colors you associate with that person may dominate your dreams. Or it can be the effect of a recent memory. For instance, Dr. John Hermann, an ophthalmologist, made a group of people wear colored goggles all day long (the same type of experiment can be done with people sitting in a one-colored room for a length of time) and their dreams turned out to relate very vividly to the color to which they had been subjected.

Several reports indicate that women tend to dream more vividly in color than men. Some investigators suggest this is because women have more intuitive and imaginative natures than men. Dr. Kahn’s more rational view is that women usually make more color decisions than men—they are constantly thinking about color in their clothes, in their houses, and so forth—and this is reflected in their dreams. Indeed, Dr. Kahn ventured to suggest that the reason for the high percentage of our questionnaire respondents dreaming in color might be attributed to the fact that House & Garden readers are more aware of color in their lives than other groups—an irresistible conclusion!

Your color

- Are women more aware of color than men?
- Why do some people dream in color and not others?
- What does the color mean?
- Dreams

Special knowledge is needed to operate your own equipment.

Does all this seem too unbelievable? Aldous Huxley said: "What should we do about events, which by all the rules ought not to occur but which nevertheless occur? Two courses are open to us. We can either shut our eyes in the hope that they will go away and leave us in peace—or we can accept them for the time being as inexplicable anomalies."
FRESH COLOR AND A FRESH LIFE FOR AN OLD HOUSE
When a couple with three young children decided to remodel this landmark farmhouse, they wanted colors and materials that would be practical and in airy contrast to the heat and brilliance of their hilltop overlooking the sea. They also wanted a small private garden with bright flowers that would flourish despite dry, sometimes roisterous, winds. Milanese architect Carla Aulenti glassed-in an open gallery at one end of the house to form a cool cave-like living room. Different size panes add interest to the arches. She terraced the lift of an adjoining slope to make an enclosed garden as refreshing to look at from indoors as it is for sunbathing, reading, sitting in the cool of the evening. For the house, Miss Aulenti used black slate for the floors, chose pale pink or natural linen for sofas, cushions and designed furnishings including tables, leather-and-chrome chairs, globe lamps. 

Opposite page; Stepped garden adjoins glass-arched living room, once bare and open to a wind-swept slope. This page, above: Living room looking out toward flowers and, below, viewed from garden doorway. Color plan of black, terra cotta, and watered, shell-pale pink makes house cool.
A GARDEN IN STEPS

An amphitheatre of flowers—a surprise and yet so sensible. The small garden’s enclosure of warmth, fragrance, and privacy invites everyone outdoors from earliest spring to the last golden drop of summer. No summer wind can undo this garden’s spring daffodil-and tulip or summery cascades of lavender-pink ivy-leaved geraniums and passion vine. The rows of low sedums, succulents, and other plants are chosen to resist summer drought as well as wind. Although this garden is high above the Italian fishing village of Portofino, the idea and plants are suited to hot summers or dry climates anywhere.

Spiny aloes, red-flowering Dragon Blood sedum, red echeveria (E. pulviflora), pink-peated ice plant (Sansevieria), also known as Mesembryanthemum), a broad ribbon of golden gazania (G. rigens), lavender-blue geranium. Flowers are always in bloom, changed as needed from a nearby nursery bed at one side of the house. The terracing is sculptural land art; the planting is a kind of painting. To frame the garden at the top where land and sky meet, a sempervivum bed holds small evergreens so informal and hardy that they are no bother at all. More ideas and plans of this garden on page 200.

This page: Colorful garden protected from wind. Opposite page: Hilltop house, garden, grape arbor, Dining room with black slate table, pink linens, centerpiece of red roses and cherries. Master bedroom opening to rooftop overlooking garden. Child’s bedroom with step-up guest bed, built-in table.
What do you want it for? Where will you use it? How long must it last? Skidmore, Owings & Merrill, which is responsible for a lot of carpet—46,000 square yards, for instance, in a corporate headquarters just designed in Westchester, uses a cut pile for a luxurious look," says Jack Dunbar, senior designer in charge of interiors. "Loop gives a tailored look." In hospitals and public dining rooms, he might specify a monofilament fiber for long-lasting strength. With a central vacuum system, cleaning a carpet is easier than mopping a floor." Since many office buildings have wide-open spaces these days, he has begun to use patterns—"something interesting"—in public spaces, with solid colors for private offices. "Economics always affect what you decide to use," he says. Wool, his favorite—"a natural fiber, so it has natural reactions"—is expensive and sometimes in short supply. So he might recommend one of a range of man-made fibers.

**What carpet?**

"You should know the kind of feeling you want your room to have, but the less prejudice you have about fibers, the better," says Ted Einstein of the large carpet retailer Einstein-Moomjy. "Ten years is a perfectly reasonable estimate for the life of a carpet, and it's quite likely that you'll be bored and want a change long before a good carpet wears out. If you put yourself into the hands of a knowledgeable salesperson, let him help." It should be a pleasant experience, says Mr. Einstein. If it isn't, look elsewhere.

**How might YOU use carpet?**

If designer Bill Machado has a small space and wants a feeling of size, he might carpet the walls too. If he carpets, he covers up the whole floor. "It simplifies floor care if you have to do only one kind." His favorite is natural wool in uncut pile, undyed, to let objects supply the color.

Architect Douglas Kahn, who designed the room on the opposite page, carpets walls—and furniture, too. Carpeted platforms become chairs, lounges, tables, places to put things. He likes a room to be firm, but to feel soft.

**WHAT DO YOU LOOK FOR?**

**Face weight** is the first key to carpet quality, says K. Robert Najarian of Skidmore, Owings & Merrill. That's the amount of yarn you have to wear through before you wear the carpet out. There are federal standards for minimum face weights, and most major manufacturers include the face weight in their descriptive brochures. Thirty-five ounces of wool or Acrylic per square yard is fine for residential use, says Mr. Najarian. S.O.M. specifies 50 or more ounces for commercial installations. Your carpet salesman should be able to get the face weight figures for you.

Be sure the label identifies 100 per cent of the materials used in making your carpet. Carpet makers can buy reject yarn and identify it as "other" on the label—though legally "other" may merely mean less than 5 percent of the total. Muddy colors are one giveaway. The best insurance of quality is to shop in a quality store, to buy name-brand carpet.

**Construction** is a matter of choice, and of use. Woven carpets have the more stable structure. Most fine Orientals are woven. Wilton and Axminster carpets are woven by processes that allow a pattern to be put in on the loom. Tufted carpet—broadloom—is the most widely available, 60 percent of all sales according to retailer Einstein. Yarn is punched through a backing to whatever depth is wanted. Loops—pile—may be cut or left whole. Indoor-outdoor carpets are often felted. Carpets can also be knitted. It's an inexpensive process and is used almost entirely for small rugs. Several manufacturers have other new and promising processes.

Check **flammability**. Most deaths by fire are due to inhaling the smoke and toxic fumes of burning materials, so all carpets must now pass a federal test for resistance to fire.

Check **insect proofing**. Man-made fibers are naturally resistant, but natural materials should be permanently treated against moths and carpet beetles.

A good carpet deserves a good **underlayment**. Mr. Najarian of S.O.M. recommends hair and jute sandwiched between rubber sheets, which sells for about $2 a yard. Any underlayment will protect and prolong the life of a carpet, and the best is only marginally more expensive than a makeshift.

**How do you care for carpets?**

- Put it down with a good underlayment—and do watch where you put it. If it's within 15 feet of an outside door, put a mat outside the door and a small rug inside to catch tracked-in grit that can cut the life out of a carpet.
- Vacuum thoroughly at least once a week. Vacuums with beater bars can generally dislodge more dirt than a simple suction vacuum.
- Wipe up spills promptly. If you use a chemical spot remover, test it in an out-of-the-way corner first to make sure it won't affect color. Avoid getting the carpet too wet.
- Periodically the carpet will need a more thorough cleaning. Most people find it easiest to call in a professional who will either clean it where it is, or take it to his plant. It is also possible to do it yourself. The Carpet and Rug Institute (217 S. Michigan Ave., Chicago, Ill.) give details in guides to carpet care.
- Shift your carpet from time to time if you can, to even out the wear. Consider using small rugs in traffic lanes.
- Save the label. It has information you may need later.

**A one-room place to live where the furniture is mostly carpet**

A long, high, narrow space with skylights to contain all of a full city life—how to do it? Architect Douglas Kahn and designer Stephanie Mallis did it with carpet, an all-over neutral loop that pads three levels, eliminates need for most furniture. Sleeping is high on the third level at one end (opposite, top); eating is low, at the other (opposite, bottom). Yellow paint emphasizes structural beams, draws the eye to the skylights. World Carpet in Kodel III. Guilford/North fabric (Dacron with Scotchgard) from F. Schumacher on bed. Tru-Test paint.
7 new things you can make yourself

Why carpet? It's warm to look at, soft to touch, it absorbs sound, and it adds a little to energy-saving insulation. Besides, it's fun. With carpet you can turn a hallway into a three-dimensional piece of modern art, or make a table, or deal with a problem wall. Architect Douglas Kahn and interior designer Stephanie Mallis, of Kahn & Mallis Associates, use it to solve a lot of tricky design problems, whether where space is tight and they want to make it look uncluttered and relaxed, or where space is plentiful and they want to fill it with furniture that looks a little sculptural. Projects shown here are some of their answers. Most home carpenters would have the skills needed to make them, according to Joseph Staiano, who put the stripes on the walls on these pages. Here's how you do it: Collect a chalk line, a plumb bob, a ruler (preferably metal), a razor knife, a crayon or felt-tipped pen for marking, some contact cement, and a staple gun. To carpet the wall, mark the project onto the wall exactly, using chalk line and plumb bob, making sure it's perfectly straight and plumb. Unroll the carpet upside down on the floor, copy the measurements from the walls, marking the carpet backing every 4 to 6 inches, making straight lines with the chalk line. Remember that curves must be reversed because the carpet is upside down—and if you feel uncertain, make a pattern with newspaper or wrapping paper. Lay the ruler along the lines and use it to guide your razor knife. Cut the carpet. Check the pieces to make sure they fit, then spread wall and carpet backing with contact cement, wait until the cement gets tacky, then apply the carpet to the wall. Staple to hold in place until the cement dries. The pile will hide the staples. To carpet furniture, make a paper pattern, check to make sure it fits. Do outer sides first, cutting carpet an inch larger than side. Notch the edges, then spread cement. Wrap carpet around the edges of the furniture (notches will prevent puckering; pile will hide them), staple in place. Cut a paper pattern for inside surfaces, and cut carpet to butt the wrapped edges—don't overlap them. Apply cement, staple in place, and let dry.
Movable wall art—diagonally striped carpet. Eight panels in counter stripes to arrange to please your eye. Bigelow nylon.

A rainbow with chair, a place to relax at its end. Light along the floor widens a narrow space. Carpet is nylon by Karastan.

Two-in-one table, triangle and square bolted together, is carpeted all over so either end can be turned up. Acrylic and Antron III nylon carpet by Philadelphia Carpet. Freeform chair of carpeted plywood, below, rocks or balances for sitting on either end or simply lounging. Enkalure nylon carpet by Gulistan. Map rug, above, from a 4' by 6' Hammond outline map, is in a variety of textures by Philadelphia. Pieces are seamed together with iron-on Carpet Seaming Tape by Conso.
Today we know more than we've ever known about nutrition and health. The right diet now comes into any expert discussion about good bones, skin, eyes, teeth, hair, blood sugar, and—the most talked-about subject of all in recent years—a healthy heart. That is why the way we eat, what we eat, and how we eat has suddenly moved into a new sphere.

Wherever you go, here or abroad, you'll feel a new awareness—about protein and vitamins, about nutritional values, about the world food situation, about using lower calorie ingredients in recipes, about making healthy food more attractive. People today lead busy, energetic lives and entertain more and more at home—who wants to be slowed down by heavy meals?

According to the Economics Research Service of the Department of Agriculture, meat consumption per capita is down—from a high of 192 pounds in 1971, to 188 pounds in 1974 and a projected 185 pounds in 1975. Sugar consumption is down—from 103 pounds per capita in 1972, to 97 pounds in 1974 and a continued downswing projected for 1975. Butter consumption is down; potato consumption is down. Fresh vegetable consumption is up; fresh fruit consumption is up—from 75.6 pounds in 1973, to 78 pounds in 1974 and upwards again for 1975. Starch consumption is down by 50 percent and corn by even more.

So what's happened to our food? It's more healthy, yes, but it's also more interesting. The old "diet food" image is vanishing before the enticing new light ways with classic recipes that our great cooks are coming up with. Cooking classes are booming. Meatless days are becoming a habit. Chinese and Japanese foods are more and more popular. Health food stores, once a fad, are now a familiar sight in cities and towns. French haute cuisine is in the middle of a revolution—from recipes full of rich ingredients, cream and butter, and heavy cream sauces, to new, irresistible lighter food. Even in the top French restaurants in America, people are asking for lighter things. At the Bistro in Beverly Hills, the number one most popular luncheon item is cold salmon served with sliced cucumbers. Number 2, is boeuf en gelée, and number 3, chicken princess in aspic. Says the Bistro: "We serve one potato salad a year. Our regulars lean to fruits for dessert more and more. The most popular are big stem strawberries served on crushed ice." At New York's La Grenouille, Madame Masson says people are choosing cold poached striped bass with a starter of fresh asparagus.

In short, food-for-health is here, now—but as Julia Child said, "Haven't we been doing this for years?" At House & Garden, for instance, we offered two new reducing diets back in January, 1970; in May, 1971, look for our luscious fruit—quick delights and surprising recipes; then our fresh from the garden cookbook, April 1972; 20 quick fresh fruit ideas, July 1973; 20 quick ideas for summer salads, August 1973; delicious quick meals in a wok, January, 1974; ten diet sherbets, June 1974; cook-ahead cool summer meals, July, 1974; 10 great vegetable main courses, April 1975; low calorie salad dressings, June 1975; irresistible diet food, July 1975.
Dr. Georgina Faludi, former chief of the Special Diabetic and Obesity Clinic, Jefferson Hospital, Philadelphia

The problem of excess weight and incorrect dietary cannot be overemphasized. At the moment we have 10 million people struggling to keep down to their normal weight—and as long as two eggs with bacon are the standard American breakfast we are not helping them. We have so many fad diets—but with more nutritional knowledge, this is changing. It's not eating little, it's eating properly that counts. I'd much rather see children drink water or milk or fresh juice than soft drinks, in a country where we have the best food available, it would be wonderful if everyone could learn how to eat properly and enjoy it—that is the way to good health.

Dr. E. Cheraskin, professor and chairman of the Department of Oral Medicine, the University of Alabama, and coauthor, Psychodietetics Stein & Day)

More and more patients are asking their doctors about diet, and that is putting pressure upon the medical profession to become more knowledgeable. (Even the American Medical Association's Council on Foods and Nutrition has said that one of the worst taught courses in medical school is diet.) It is time now to talk about diet—it is vital to America's health. If we can influence large numbers of people to provide their brain cells with enough nutrients (mineral, vitamins, essential fatty acids, amino acids, and others) to keep them in reasonably good working order, we have done more to combat all new ailements than we could by discovering one more miracle drug. Common sense would dictate that what is good for the body is good for the mind. We agree with that old statement—you are what you eat—physically and emotionally. The nation can enjoy a healthier future if we can improve our eating habits.

Julia Child, food writer, teacher, and TV personality

"I think the French are catching up to us! At last they are becoming more health conscious and a little more sensible. Some of those meals with nothing but foie gras, truffles, and pastry are enough to choke a horse. We've been serving informal, light meals for a long time—it's been going on in America for years. You at House & Garden have been running low-calorie recipes for some time—yogurt salad dressings, and so on. Anyone who is sensible and watches calories will cook like this."

Helen Corbitt, food consultant to the Greenhouse Spa, Texas

"Wherever I've traveled, I've seen people eating much lighter food in America—plain grilled food, less sauces, fresh vegetables and fruit, less heavy desserts—and more wine than hard liquor. It's a health awareness that is completely new. People entertain more informally. On a recent visit to Colorado, almost all the entertaining was buffet."

Maurice Moore-Betty, food expert and cooking teacher, New York City

"The secret to healthy eating is the balance of a menu, and Americans are becoming aware of it. I like a menu to have three courses—from a diet point of view, one stands a better chance of getting everything the body needs in three courses, rather than having a lot of food in one course. Plan light menus—light soups, such as consomme, for a first course, or good fresh vegetables as a course served separately; light meats without sauces, or with a natural sauce—in other words, not a sauce fortified with cream or egg yolk. For dessert, some wonderful fruit. Lamb with pommes boulangere, for instance (recipe, House & Garden October, 1974) and—vegetables as a first course on their own."

Mrs. Eugene Strauss, hostess, Kansas City

"Recently at a series of buffets divided into age groups, the young people ate the least. So perhaps it is the young who are most in tune with calories, cholesterol, and the new food consciousness. "Food that used to be starters—such as tomato aspic—are now main courses. And in earlier days, if you went to a cocktail party there would be chickens, hams, and so on as hors d'oeuvres. Now it's cocktails and little else!"

Maurice Tuckman, Curator of Modern Art, Los Angeles County Museum of Art, and party-giver

"At a recent luncheon, the menu was large platters of smoked fish—whitefish and salmon. Another platter had sliced corned beef, sliced pastrami, sliced prosciutto; a third sliced melons. Bread was rye, pumpernickel, sliced bagels in baskets. All but the bread was devoured—only 5 percent of my guests ate any bread at all."

Marilyn Evans, hostess, New York City

"You can cook with skim milk—and egg substitute can be used in baking. In souffles we don't use flour—we use cornstarch, potato flour, or arrowroot. "In summer you can make wonderful cold soups that are not fattening at all—and very healthy—with vegetable bases and without cream. Use yoghurt instead. Cold pea soup, for instance, or romaine lettuce soup. Romaine souffle is superb. Make a meal out of hors d'oeuvres—tiny little shrimp with a Russian dressing made with yoghurt; pressed cucumbers, grilled sardines, a cold string bean salad—or salad Nicoise. The tradition of five courses went out long ago."

Mrs. Warren H. Clark, hostess, San Francisco

"For a small dinner, we serve three courses; if it's a big dinner, four simple ones. Souffles lighten a meal, either to begin with or as dessert. A sample light menu for a party would be avocado mousse to start with, then a bouillabaisse made with a basic fish and fresh clams, and salad; then a souffle for dessert."

The recommended dietary allowances issued by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences are also down—in calories, and in proteins. For instance, in 1968, the recommended number of calories for females aged approximately 35 was 2,000, and 55 grams protein per day; in 1974, the revised number of proteins was down to 46 grams; and for females aged 51 plus, the revised number of calories was down to 1,800—a significant trend.

A report by Caroline Seebohm

Continued on page 140
Eat yourself slim the French way...

with three days of superb food planned especially for House & Garden readers by the famous young French chef, Michel Guérard. The spa-hotel he and his wife Christine have created is the talk of food lovers and health seekers

This nature-defying miracle has been realized by Michel Guérard—the most deliciously inventive French chef of our generation—at Eugénie-les-Bains, a charming hideaway in southwest France where smart Parisians are slimming down in an atmosphere of festive gaiety.

The first step was a Personal History. Guérard wanted to lose weight to win the girl. (He is now married to the willowy Christine.) While paring down the avoidupois, however, he had to keep his balance. Working in a professional kitchen can be fury and violence, demanding stamina and cool control. The usual programs had reduced him to a state of nervous distemper followed by disastrous binges.

Guerard turned his back on the doctors and the specialists and decided to test-pilot his own way. He went at the problem like a chemical researcher in a kitchen laboratory, applying his usual logic, imagination, talent, and taste. He is enough of an artist to admit his trials occasionally result in error.

It is an established fact that on approximately 1000 calories a day, even “too too solid flesh” eventually will melt away. From his own case, Guérard had observed that prolonged deprivation and boring repetitiveness had a depressing effect upon the spirit. He set about to develop delectable dishes—strong on flavor, short on fat—the sum of which would fit within the desired calorie count. An occasional excess could be countered the next day.

His goal was a Regime Minceur (Slenderness Regime) with sensory excitement. The new repertoire is rapture to the palate and delight to the eye. Non-weight-watchers effusively praising an estouffade of milk-fed lamb with tiny onions and puree of green beans or a navarin of lobster have no idea they belong to the category of Non-Fatting Spectaculars.

To rise from a beautifully set table, lightly but satisfied, is a savvy way for civilized people to eat. The three-course meals are designed for total pleasure, including the after effect. Never before have I followed a regime supposedly good for me without having my mind riveted to the image of a chocolate cake. Guérard has not renounced the principles of French haute cuisine. Rather he has employed every trick and technique to adapt French haute cuisine to the dynamics of contemporary life. Instead of bemoaning the absence of bread, potatoes, and foie gras, one is captivated by Guérard’s unexpected combinations, subtle counterpoint of flavors and stunning composition of elements on each plate.

![Christine and Michel Guérard’s restored spa-hotel at Eugénie-les-Bains in Les Landes, southwest France.](image_url)

<table>
<thead>
<tr>
<th>FIRST DAY</th>
<th>SECOND DAY</th>
<th>THIRD DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>lunch</strong></td>
<td><strong>lunch</strong></td>
<td><strong>lunch</strong></td>
</tr>
<tr>
<td>Onion Tart</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Grilled Veal Scallops with Tomatoes Provençal Sherbets with Fruit</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Artichoke à la Poule</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fish under Prairie Herbs with Mousse of Watercress Lemon Pots de Crème</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>dinner</strong></td>
<td><strong>dinner</strong></td>
<td><strong>dinner</strong></td>
</tr>
<tr>
<td>Cider Poached Chicken with Apricots Orange à l’Orange Asparagus Soufflé Grilled Fillet of Beef Chocolate Granité</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tomato Tart Banquette of Veal with Purée of Cauliflower Coffee Pots de Crème Carrot Kugelhupf with Purée of Artichoke Brochettes of Scallops with Sabayon Sauce Melon with Strawberries</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**breakfast**
coffee, tea, or Tisane d’Eugénie. Choice of fruit or portion of low-calorie white cheese, or soft-boiled egg served with three asparagus tips for dunking into the yolk.

**midmorning and before dinner**
all glass of Tisane d’Eugénie garnished with fruit and mint (please turn to page 26 for all recipes).
Low-calorie news in classic French food

In a typical day's menus at Eugénie-les-Bains, meals have been designed to be as interchangeable as dominoes. Rigidity is not part of the Guérard personality.

No beverages are served with meals as it is felt that liquids tend to prevent proper chewing. At mid-morning and before dinner, you are given a glass of the Tisane d'Eugénie. Should you have it at the bar where other guests may be having a Scotch or a Campari, you will not feel out of place. The Tisane is presented with the flamboyance of a Planter's Punch in tall frosted glasses garnished with a slice of apple, a slice of orange, a grape, a chunk of pineapple, a sprig of fresh mint. (Christine knows every herb and plant of the area and its medicinal properties, having been taught by an elderly botanist.)

For the past ten years, Michel Guérard has played the Pied Piper of Gastronomy leading gourmets into un- (Continued on page 136)
One through 11, all in Hot Fudge, underlaid with a cotton fabric in Reef Blue and green called "Stripe" by Key West. 1 Versatile black-and-white TV, 12-inch screen has removable sunshield. AC or 4 hours of viewing on battery pack. RCA Portable. 2 No peeking necessary—canisters have window to see contents and quantity. Copco. 3 Drainer tray teams with dish drainer for the last word in dishwashing fashion. Rubbermaid. 4 Different front and back double the pleasure of shell pillow by Hot Air at LCS. 5 and 7 An enviable collection of Le Creuset enamel on cast-iron cookware. 1½-quart pâté terrine, 12-inch skillet, 5-quart chicken fryer and cover, 4½-quart round French oven with cover. 6 Thoughtfully designed mixing bowl—3-quart with big handle for hanging on tight. Rubbermaid. 8 Believe it—it’s a lamp called "Balls" only 4 inches high, sits on swivels on base. George Kovacs. 9 It’s cooler to be a little (6 by 4 inches) selfish with a personal fan. Braun. 10 There’s always a place for a prettiest plate. Front to back: "Feathers" handpainted by John Currin in Shelly and black. "Flamestitch" china in Hot Fudge, Vanilla, Oyster White, Pure Cream. Bonwit Teller. "Wicker" plate in Hot Fudge and Vanilla. Schmid Brothers. 11 Such an honest and open face! Eclipse bath scalp with sturdy Lexan cover, Hansgrohe. 12 A dynamite kitchen color story. A vast U of white for equipment and work space, surrounded by walls and ceilings of Creamy Apricot and floor of 6-inch quarry tile. Custon white Formica cabinets, KitchenAid.
Some of the freshest, prettiest colors now, House & Garden calls “American Watercolor.” Here are some decorating finds in tender yellows and greens, cool blues, delicate pinks, and whites, enriched by Hot Fudge. All ready to buy in stores across the country.

16 Colors are soft to the eye. Your Pastel sheets in solid Blush, Vanilla, Pineapple, the rich orange, blue. By Spring Maid. Pricing information on page 136.
Walking into this sitting room would be walking around a corner and suddenly coming upon a light, cool breeze. Seafoam Green and curtains create a good environment for relaxation. Pineapple touches in pillows add friendliness, Peach Blush and rose for warmth. Furniture is arranged so the room is comfortable for one person or a group. Fabric on walls and for curtains, "Flax," by Hinson & Company. Sofa chair quilted fabric is Oyster White linen by Hinson. Herringbone-patterned rug is dhurrie from Rosecore Carpet. Large painting above sofa, "The Ark" by Julio Larraz from FAR Gallery. Gilded convex mirror from That Special Something. Interior design by Kevin McNamara, Inc. for the annual Kips Bay Boys' Club Decorators' Showhouse. 1 Good-looking solid colors in shag designed by Anne Klein Designer Studios: Pure Cream/camel; peach/terracotta; dark blue. From Burlington. 2 A loose carefree pillow look secured by an orange chrome wire frame. Pure Cream leather chair covered in raw silk. By Flair. 3 Such a fragile looking casserole, but don't be afraid! It's dishwasherproof and you can heat it up along with the oven. Vine is the handle. From Chanticleer Ceramics. 4 Absolutely uncluttered, completely functional sectional group upholstered in Oyster White linen weave. By Directional. 5 Color in and out. Color TV in Pineapple has 9-diagonal screen, works on AC or 12-volt battery. Weighs less than 5 pounds! By Hitco. 6 A pretty shell is always a welcome addition, especially as a silkscreened coasters or placemats in either Shell or Peach. By Tabletopping at Henri Bendel. 7 Round, putty stone pots for serving or
**Hostess thoughts**

*continued from page 50*

herb of your choice. Try tarragon with turkey, basil with beef, horseradish with any cold meat, and color them various, natural greens to help keep them apart.

There are other small indulgences to preserve for the winter. **Uncooked brandied peaches** are delicious. Peel the peaches and place them carefully in sterile jars, filling the jars with sugar. Strike smartly, add more sugar, cap and leave in a cool dark place for 24 hours. Uncap, force in one more peach and fill up with more sugar. Cap tightly. Wrap the jars in paper and store in a dark place for a month at 40° to 75°—no cooler or hotter.

**Pickled vegetables** provide variety to an hors d'oeuvre tray and can be kept on hand for emergencies. Wash 3 pounds button mushrooms in hot water; boil them in salted water to cover for 15 minutes, rinse, and cool. Spoon the mushrooms with a wooden spoon into pint jars and cover with a mixture of 1 cup oil, 1 cup vinegar, and a tablespoon of pickling spices. Be sure the jars are sterile and well-sealed. The vegetables may be used in one week. Keep them in the icebox and eat as soon as possible. Canned, water-packed artichoke hearts or cooked frozen ones may be pickled the same way.

For **crunch** use carrot strips, whole green beans, turnip slivers, mushrooms with a wooden spoon and dunk in a simple oil-and-vinegar dressing; a basket of fresh peas to be unzipped and eaten as they are, nutty and sweet to the taste; varieties of local prized recipes, usual-

---

**Light eating—Italian style**

The freshest, simplest buffet lunch—each element a still life to eat just as it is. From top left, fresh red and yellow peppers to cut up and dunk in a simple oil-and-vinegar dressing; a basket of fresh peas to be unzipped and eaten as they are, nutty and sweet to the taste; glossy ripe cherries and peaches; a beautiful summer lettuce in a frame of leaves picked at random from the garden, each lettuce leaf to be pulled off and dipped in oil and vinegar at will. Splendid crudites: cucumber, carrot and fennel, tender cooked beets. White wine and champagne, wild geraniums tucked against the cold bottles, to sip as they are or dilute with a single ice cube. A nutty Parmesan cheese to eat with a crusty loaf. A perfect lunch set in a perfect setting—a granite table in a grape arbor in the hills of Northern Italy.
All the fuss about smoking got me thinking I'd either quit or smoke True.

I smoke True.

King Regular: 11 mg. "tar", 0.6 mg. nicotine, 100's Menthol: 13 mg. "tar", 0.8 mg. nicotine, av. per cigarette, FTC Report April '75.


The low tar, low nicotine cigarette. Think about it.
n France, they call it the "new wave cuisine," and in America it is a new emphasis on healthy, natural food. It's simplifying cooking, dispensing with rich sauces, substituting instead lots of fresh, chopped vegetables to give flavor. It's whizzing up a fresh vegetable soup in the blender and thickening it with yoghurt, not cream. Here are some great cooks who share some new cooking ways.

By Jane Ellis

light, healthy, interesting, and quick
new American home cooking

Quick Green Soup
from José Wilson
Chunk zucchini and cucumber and cook in a good strong chicken stock. Add some green leaves — lovage, parsley, spinach, or chard. To thicken, not a smidge of butter or flour is needed, simply add an avocado to give a velvety texture to the soup when it is puréed in a blender. At the last minute stir in a little lemon juice and yoghurt.

Orange Sherbet
from Catherine di Montememolo
Cut oranges in half and remove pulp. Add the pulp to bought orange sherbet and whirl in the blender with a little fresh mint. Return to freezer. When frozen, spoon into orange shells and top with a mint sprig.

Snow Pea Soup
from José Wilson
Flavor a good chicken stock with fresh ginger and coriander. Throw in a handful of snow peas which have been cut into julienne, and heat through until cooked but still crispy.

Apple Salad
from Edna Lewis
Slice a Granny Smith apple in wedges, top with a little mayonnaise perfumed with a speck of curry. Celery sticks can substitute for the apple.

Quick Carrot Purée
from Bab Simpson
Cook carrots quickly in a little water for about 15 minutes or until tender. Drain. Purée in a blender with a knob of butter, a little salt and pepper, and a generous handful of chopped chives.

Cottage Cheese Dressing for Cruditéts
from Christopher Idone
In a blender, put 1 pint low-fat cottage cheese, 2 tablespoons wine vinegar, kosher salt and freshly ground pepper to taste, and purée together with 1 tablespoon puréed basil. Remove from blender and add 1 tablespoon mint, sliced into thin ribbons, ¼ cup chopped scallions, 3 tablespoons chopped parsley or any fresh herbs. Serve with cherry tomatoes, cauliflowerets, radishes, or sliced raw zucchini.

Yoghurt Cheese
from José Wilson
Into a pint of yoghurt, stir ¼ teaspoon salt (or more if you wish). Pour into a square of dampened cheesecloth, tie corners together, and suspend over a sink or bowl overnight. You can also put the yoghurt in a cheesecloth-lined colander to drain. Yoghurt cheese is delicious plain, mixed with freshly cracked black pepper or with fresh herbs. And it is a good low-calorie substitute in any recipe calling for cream cheese.

Zucchini Mélange
from Joie McGrail
Saute 2 finely chopped onions in a little knob of butter and add 4 zucchini, that have been sliced thin on a grater. Season with salt and pepper. Cook, stirring with a wooden spoon, for 5 minutes. Add 6 chopped scallions, a handful of chopped chives, finely chopped parsley and basil; cook covered about 3 more minutes.

Lettuce, Watercress, Broccoli, or Mushroom Soup
from Niki Hazleton
Cook vegetables in chicken broth with a chopped up onion. Add a cut up potato to thicken it. Purée in blender and serve with a dash of sour or sweet cream.

Marinated Fresh Raw Salmon and Bass
from Christopher Idone
Check a 1-pound fillet of fresh bass and a 1-pound fillet of fresh salmon for bones. Tiny bones can be picked off with tweezers. Slice as thin as possible, as you would for smoked salmon. Combine ⅛ cup good olive oil with 2 tablespoons good cognac and ⅛ teaspoon ground cloves. Half an hour before serving dip fish in mixture. Do not refrigerate but arrange on plates using both fishes. Sprinkle with freshly cracked green peppercorns. Serve with garlic-toasted French bread.

Roast Eye Round of Beef
from Craig Claiborne
The easiest way to roast a 3½- to 8-pound eye round is to put it on a rack in a shallow roasting pan. Salt and pepper and roast in preheated 500°F oven for 4 or 5 minutes per pound without opening door. Then allow to rest in turned off oven 1½ to 2 hours depending on size of roast.

Vegetable Sautéed Chicken
from Pierre Franey
Saute a cut up chicken in a little butter in a skillet until golden brown. Add a little chopped mushroom, carrots, celery, onion or leeks, potatoes, and tomato together with a little sliced Virginia ham. Cook stirring for about 45 minutes. Remove from skillet and deglaze juices with a little white wine.

A new banana shake
from Gerry George, 111 calories
Chill 1 small, ripe banana. Peel. Put in foil or plastic bag and freeze. Pour ⅓ cup skim milk into blender; add coarsely sliced frozen banana. Add drop of vanilla, if you wish, or a grating of fresh nutmeg. Blend at low speed until smooth. Makes one 6-ounce glass.

Stevia Marinated in Vinaigrette Dressing
from Bettina McNulty
Marinate an inexpensive steak (chuck or shoulder) overnight in a vinaigrette dressing sharply flavored with anise. Drain and pan fry with just the liquid that sticks to the meat. As soon as it is cooked, put the meat on a platter and spoon some skinned grapefruit sections over it. They'll warm a little as you serve.

Strawberries and Pistachios
from Maurice Moore-Betty
Wash 2 pints of strawberries under cold running water, drain, and hull. Mix them in a serving bowl with a little superfine sugar if the berries need it and ⅓ cup Cointreau. Toss gently. Sprinkle with ⅓ cup shelled pistachios before serving.

Grapefruit, Apple, and Blueberry Salad
from Maurice Moore-Betty
Peel grapefruit (½ per person) over a bowl to catch juice and cut into clean sections. Slice hard, crisp apples (⅓ per person) thin and drop into grapefruit juice. Add sugar if you wish and sprinkle with kirsch. In a glass bowl, combine grapefruit and apple sections with a few blueberries for each serving. Decorate with mint or lemon balm.
If you were a guest at the famous French spa, Eugenie-les-Bains, you would enjoy these delicious menus and recipes as part of your special health regime. They are the creations of Michel Guerard, who many now call the most inventive chef in France. He has planned three delicious days especially for House & Garden readers and shares with you his secrets and principles of successful low-calorie cooking.

By Naomi Barry

Eating yourself slim the French way

A few principles of Michel Guerard

Low-calorie food must taste so good and look so good that psychologically you never feel deprived but mentally prefer it. In time, you will may.

★ You can have haute cuisine with a low calorie count—approximately 1000 calories a day.

★ A feast for the eye is an important element of nourishment. Every Guérard dish is a stunning composition. Automatically you slow down to contemplate and admire it. Eating slowly is one key toward oral satisfaction.

★ The judicious use of a blender gives a creamy texture without resorting to cream.

★ You need sharp knives, a blender, and a Teflon pan.

Vegetables are sliced and diced so fine, they can be cooked in a few minutes around a Teflon pan without the addition of any fats.

★ Sauces are one of the delights of French cuisine and are featured in Guérard's Eat Yourself Slim regime. As thickening agents, he uses puréed vegetables or low-calorie white cheese. (In France, Taillefine. In America, farmer cheese, diet cream cheese, ricotta, yoghurt cheese.)

★ In this lighter way of eating, there are no potatoes, rice, noodles, or bread.

Every lunch and dinner is a three-course meal, ending with a dessert made with an artificial sweetener.

★ The Tisane d'Eugenie—an infusion of five health-giving herbs and fruits—served several times a day. At breakfast. Before lunch. Before dinner. The tisane is a natural diuretic. It is presented with the charm of a Planter's Punch, in tall glasses garnished with a slice of apple, a slice of orange, a grape, a chunk of pineapple, a sprig of fresh mint.

★ Meats can be grilled without fat or oil by giving them a fast dip in water.

★ To banish hunger pangs for familiar but fattening foods, Guerard offers a variety of pleasurable taste surprises and the excitement of totally new culinary inventions.

★ Seasoning is vital. Salt, pepper, and generous doses of fresh herbs. Much of the sensory excitement comes from the seasoning.

ONION TART

INGREDIENTS

1 cup plus 2 tablespoons water 1 1/2 cup carrots, very finely diced ( same size as peas ) 3 cups onions, very finely diced ( same size as peas ) 4 tablespoons green peas, cooked salt and pepper 1 green cabbage, leaves separated and stems cut away 7 tablespoons skimmed milk powder 3 eggs, beaten 1 tablespoon parsley, chopped 1 tablespoon chervil, chopped 1/2 teaspoon tarragon, chopped

METHOD

Preheat oven to 200°. In a Teflon pan add 2 tablespoons water, carrots, and onion and cook for 10-15 minutes, add mushrooms and peas at the last few minutes. Salt and pepper to taste and set aside. Boil cabbage in salted water 8-10 minutes and drain. Line six 4-inch individual tart pans with leaves and reserve leftover ones. Fill pans with vegetable mixture and set aside.

INGREDIENTS

6 thin escalopes of veal with Tomatoes Provençale

METHOD

Preheat oven to 350°. Sprinkle each tomato half with salt, pepper, garlic, and parsley and bake for 10 minutes.

Season veal with salt and pepper and dip in garlic water. Broil 1 minute on each side. Serves 6. 123 calories per serving.

RASPBERRY SHERBET

INGREDIENTS

2 cups raspberry pulp, sieved juice of 2 lemons 1 cup water "artificial sweetener to taste

METHOD

Combine raspberries, lemon juice, and water. Sweeten to taste, stirring until sweetener is dissolved. Freeze in an ice-cream maker. Serves 6. 31 calories per serving.

★ Michel Guérard worked out his desserts with a French artificial sweetener called ODA (Laboratoires L. Lafon). In testing the recipes with American artificial sweeteners, we liked a slightly tart Raspberry Sherbet sweetened with 4 packages of Sweet 'n Low (3 1/2 calories per package). Since some may prefer it sweeter, and since artificial sweeteners differ in strength, we have left quantities to taste and omitted the sweetener from the calorie count.
Available at supermarkets and many liquor stores.


Add vodka and ice, of course. Stir. And after one spicy, refreshing sip we're sure the next time you thirst for a Bloody Mary, you'll ask for (or make yourself) a Bloody Thomas.

**Bloody Thomas. The best Bloody Mary you'll ever taste.**
MELON SHERBET

INGREDIENTS
- 3 lemons, grated and squeezed
- 1 cup water
- artificial sweetener to taste

METHOD
Add water to lemon juice and grated peel. Sweeten to taste, stirring until sweetener is dissolved. Let mixture rest for 5 hours. About an hour before serving, fold lemon mixture into beaten egg white and place in ice-cream freezer. Serves 6. 8 calories per serving.

Presentation of sherbet: With a blanket of remaining herbs and grasses, add water, cover. If used just before serving, add drained vegetables, mix well.

TROUT OR SEA BASS UNDER PRAIRIE HERBS WITH PUREE OF WATERCRESS

INGREDIENTS
- 3 branches wild mint
- 10 pieces clover, plus some for garnish
- 3 branches of nettles
- 2 fistsfuls of meadow grass
- 2 fistsfuls of hay
- 6 trout, about 6 ounces each, or 1 sea bass, about 2 1/2 pounds, cleaned, but do not remove bone or scale
- salt and pepper
- about 1 cup water

METHOD
In a deep oval iron casserole make a bed of half the herbs and grasses. Lay the trout or sea bass on top, salt and pepper to taste, and cover with a blanket of remaining herbs and grasses, add water, cover. If using trout, steam 5 minutes over very high heat; if sea bass is used, steam 15-20 minutes. Trout are served whole; sea bass is skinned and filleted. Sprinkle a few clover leaves on each fish. Reserve fish stock. 135 calories per serving.

SAUCE FOR TROUT OR SEA BASS

INGREDIENTS
- 1 large carrot, julienned
- 1/4 cup mushrooms, julienned, plus 5 cut into quarters
- about 4 tablespoons leeks, julienned
- 1 tablespoon celery, julienned
- salt and pepper
- 2 cups reserved fish stock
- 3/4 cups skim milk
- 1 tablespoon no-fat white cheese

METHOD
In a covered casserole cook, without liquid, carrots, 1/4 cup mushrooms, leeks, and celery, seasoned to taste with salt and pepper, for about 8 minutes. Add fish stock and cook an additional 5 minutes. Drain and reserve stock.

In a saucepan cook quartered mushrooms in milk for about 7-8 minutes. Puree in blender with cheese and stock from vegetables. Remove mixture from blender, add drained vegetables, mix well. Top trout or sea bass with sauce. Serves 6. 15 calories per serving.

PUREE OF WATERCRESS

INGREDIENTS
- 4 bunches watercress
- salted water

METHOD

LEMON POTS DE CREME

INGREDIENTS
- 7 tablespoons skimmed milk powder
- 1/2 cups hot water
- 2 cups water
- zest of 3 lemons
- artificial sweetener to taste
- 2 eggs, beaten
- mint

METHOD
Preheat oven to 150°C. Mix milk with water and delicately stir in the zest and sweetener, beating constantly. Strain. Add eggs and pour into 6 individual molds. Set into a pan of water and bake for about 1 hour. Chill. Serve with sprigs of mint. Serves 6. 40 calories per serving.

LUNCH

EGGPLANT CAVIAR

INGREDIENTS
- 1 eggplant
- 1 2 1/2-pound chicken
- 1/4 cup carrots, diced
- 1/4 cup turnips, diced very fine
- 1/4 cup mushrooms, diced
- 1/4 cup tomatoes, peeled, cut into chunks, and diced
- 2 cups reserved fish stock
- 2 tablespoons red pimiento (tinned), diced
- 1 garlic clove, minced or pressed
- 2 tablespoons chervil
- juice of 1/2 lemon
- salt and pepper

METHOD
Preheat oven to 200°C. Wash eggplants but do not dry. Remove caps and stems and slice stems in half lengthwise; 1/2 lemon. Place eggplant on a rack, cover with a thin film of oil and cook for 20 minutes, turning occasionally. Slice eggplants lengthwise, remove flesh, leaving skin intact, and chop fine.

Sauté mushrooms and shallots in a Teflon pan and set aside. In a mixing bowl, whisk together egg yolk and cheese and add eggplant and continue to beat until mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher- til mixture is supple. Add tomato pimiento, garlic, mushrooms, cher-vil, lemon juice, salt and pepper to taste. Filet mixture into eggplant shells, place on a plate, reheat and blanched eggplant stems. Chill. Serves 6. 71 calories per serving.

CIDER POACHED CHICKEN WITH APRICOTS

INGREDIENTS
- 4 cups carrots, diced very fine
- 1/2 cups turnips, diced very fine
- 6 ounces veal, all fat removed and diced small
- 3/4 tablespoons bread crumbs soaked in 6 tablespoons milk
- 2 tablespoons tomato, peeled, seeded, and chopped
- 2 eggs plus 2 egg whites
- handful of chopped parsley, chervil, and tarragon

METHOD
In a bowl, mix all ingredients together. Fold a kitchen towel in half horizontally and along the folded edge spoon a line of the farce and roll the towel, shaping the farce into a sausage form. Tie the two ends tightly with string.

INGREDIENTS
- 2 1/2-lb. turnips
- 1/2 cups dry apple cider
- 1/2 cups young carrots, cut into olive shape
- 1/2 cups young turnips, cut into olive shape
- 2 cups zucchini, cut into olive shape
- 3 cups leeks, cut crosswise small cabbage, stem cut off and leaves removed
- 6 apricots

METHOD
In a large covered casserole poach the chicken in cider with the carrots, turnips, zucchini, leeks, cabbage, and roll of vegetable farce in a towel for 30 minutes. During the last 10 minutes of cooking, add the apricots.

INGREDIENTS
- 1 cup cider liquid
- 1 cooking apple, peeled, cored, and quartered
- grated peel of 1 lemon

METHOD
At the same time you are poaching the chicken add cider, apple, and lemon peel to a saucepan and cook for 6-8 minutes. Sieve the apple (Continued on page 130).
Amana makes the greatest cooking discovery since fire even greater.

New Amana Touchmatic Radarange microwave cooking revolutionizes microwave cooking.

Makes microwave cooking simple as 1-2-3!

The Amana Touchmatic Radarange Microwave Oven makes it possible to get food from the freezer to the table—sizzling hot—with one setting at the beginning. It's as easy as 1-2-3! Because you can program defrost and slow-cook or defrost and cook—in combination. Put in a frozen roast. Touch the numbers for the defrosting time and cooking time—and the solid state "computer" takes over. It will defrost the roast—automatically wait for the temperature to even—and then cook the roast. It's all automatic. It even shuts itself off and tells you dinner's ready with a "beep."

There's a digital clock on the control panel that displays the time in big, bright numbers. When you're cooking, this is a split second timer that displays the remaining cooking time. Then when cooking's done—it remembers, and displays the time of day automatically. You can use the timer without cooking to time other things... like long distance phone calls.

At last, with the Amana Touchmatic Radarange Microwave Oven, you can enjoy gourmet cooking, simmering and high speed cooking versatility... combined with an ease of operation never before possible with a microwave oven.

The Amana Touchmatic Radarange Oven cooks fast, clean and cool.

With 675 watts of cooking power, the Touchmatic Radarange Oven cooks almost everything in about one-fourth the usual time—on paper, glass, china—right on the serving platter. The food gets hot but the oven stays cool. So cleanup is a snap.

The Amana Touchmatic saves energy too!

It uses 50% to 75% less electricity than a conventional electric range. And with the cost of energy going up and up—using an Amana Touchmatic Radarange Oven will help keep your electric bill down.

For a demonstration see your Amana Retailer. Or write Ann McGregor, Dept. 529, Amana, Iowa 52203.

If it doesn't say Amana—it's not a Radarange.

Backed by a century-old tradition of fine craftsmanship.

AMANA REFRIGERATION, INC., AMANA IOWA 52203 • SUBSIDIARY OF RAYTHEON COMPANY

SEPTEMBER, 1975
Eating yourself slim

continued from page 128

ple or puree it in a blender, without the liquid; strain liquid and add about 6 cup of puree.

INGREDIENTS
(ASSEMBLING DISH)
applesauce
chicken cut into 6 serving pieces, skinned
vegetables from poaching liquid
vegetable farce cut into thick slices
apricots, peeled, halved, stoned

METHOD (ASSEMBLING DISH)
Spread each plate with a layer of applesauce, center a piece of chicken, and surround it with the vegetables from the poaching liquid, dispositioning them according to color. Place a slice of vegetable farce on each piece of chicken. Lay an apricot half on each side of the vegetable farce. Serves 6. 416 calories per serving.

ORANGE À L'ORANGE

INGREDIENTS
6 small oranges, peeled and peel sliced into a fine julienne
water
artificial sweetener to taste
1 cup strawberries, puréed
1 kiwi or 1 kumquat, sliced lengthwise into 6 thin slices

METHOD
Place peel in a saucepan, cover with water, and add sweetener. Cook orange peel gently until it boils and continue 2 minutes. Remove the white inner skin from the peeled oranges and carefully separate the sections.

On individual plates, spread a layer of strawberry purée, top with a layer of orange sections placed in a circle, like pinwheel petals of a flower, and at the heart place a slice of kiwi or kumquat. Sprinkle with orange peel. Serves 6. 69 calories per serving.

DINNER

Asparagus Soufflé
Grilled Fillet of Beef
Chocolate Granité

ASPARAGUS SOUFFLÉ

INGREDIENTS
1 pound asparagus plus 18 stalks, woody ends removed and sides peeled
salt and pepper
pinch of mace or nutmeg
6 egg whites, beaten until firm
2 egg yolks

METHOD
Poach asparagus in salted water and drain well. Reserve 18 stalks and purée the rest in the blender.

Season purée with salt, pepper, and a pinch of mace or nutmeg. Mix egg whites with purée and add yolks. Pour soufflé into six 4-inch individual molds and bake in 220° oven for 7-8 minutes. Cut points from reserved asparagus stalks and slice lengthwise. Before serving, decorate each soufflé with 3 asparagus points, halved. Serves 6. 60 calories per serving.

GRILLED FILLET OF BEEF

INGREDIENTS
water
6 juniper berries, crushed
1 branch thyme
¾ bay leaf, crumbled
6 fillet or beef steaks (about ¼ pound per person)
salt and pepper to taste
3½ tablespoons parsley, chopped
3½ tablespoons chervil, chopped
⅛ teaspoon garlic, minced
2 shallots, minced
juice of 1 lemon
3 leeks, cut crosswise into 4 sections
3 cups chicken consommé

METHOD
Mix water, berries, thyme, bay leaf and dip steaks into mixture until just barely covered; this will keep them from sticking to grill. Grill on each side 2½ minutes. Salt and pepper steaks to taste.

In a bowl, mix parsley, chervil, garlic, shallots, and lemon juice and spoon over top of steaks. Poach leeks in 2 cups of consommé. Purée leeks in a blender, smooth consistency with about 1 cup consommé. Serve with steaks. Serves 6. 224 calories per serving.

COFFEE CRYSTALS

INGREDIENTS
1 cup hot water
1 tablespoon decaffeinated coffee

METHOD
Mix ingredients; place in freezer, stirring with a fork a few times to form granulated crystals.

LUNCH

Tomato Tart
Blanquette of Veal with Puree of Cauliflower
Coffee Pots de Crème

TOMATO TART

INGREDIENTS
6½ cups tomatoes, peeled, seeded, and chopped, plus 1 tablespoon for garnish
1 shallot, minced
3 cloves garlic, minced
1 branch thyme
¼ bay leaf
salt and pepper
4½ pounds spinach, cooked and drained

METHOD
Preheat oven to 200°. In a saucepan, place tomatoes, shallot, garlic, thyme, bay leaf, salt, pepper; cook gently until liquid evaporates.

Line six 4-inch molds with spinach leaves, fill with tomato mixture, and cover with spinach leaves. Bake in oven for 15-20 minutes. Unmold and decorate with a bit of tomato. Serves 6. 128 calories per serving.

BLANQUETTE OF VEAL WITH PUREE OF CAULIFLOWER

INGREDIENTS
8 cups chicken consommé or bouillon
5 carrots, cut in large pieces
2 onions, cut in large pieces
1 leek, cut in large pieces
5 mushrooms, cut in large pieces
1¼ pounds veal from the leg, fat removed, and cut into chunks
salt and pepper
chopped parsley, peeled tomato
1 cauliflower cut into 4-5 pieces
salted water

METHOD
In a deep saucepan, add consommé or bouillon and carrots, onions, leeks, and mushrooms. Wrap a kitchen towel around a large strainer that just fits the pan, and place the veal in the strainer. Cover and steam the meat over the simmering liquid for about 45 minutes. The veal will be faintly rose-colored at interior. Remove vegetables and whirl in the blender. Season with salt and pepper.

Continued on page 135
It's the original article.

FORMICA® brand decorative laminate.

Since our first counter top appeared in the kitchen, our brand name has become your assurance of quality and design leadership in decorative surfacing.

Today, you'll find our reputation has not only spread all over the house, but all over the world as well...on table tops, bar tops, vanities, kitchen cabinets and fine furniture.

When you look for the original, look for the FORMICA label. It's your guarantee of getting only the finest for your living room, dining room, kitchen or bath.

Look for this label...your proof it's the original article.

This surface is Formica® brand laminated plastic made only by Formica Corp., Cincinnati, Ohio. Resists stains, scratches, cigarette burns, wet glass rings. Clean with a damp cloth.

®1975 • Formica Corporation • Cincinnati, OH 45202 Subsidiary of

SEPTEMBER, 1975
Good news from the California wine world—

Exciting new wine tastes from Monterey county

Things are happening so fast in California's wine country that the best researched books on the subject are out of date before they are published.

Much of what we are seeing and hearing about can be traced to the over-optimistic wine rush of four or five years ago. Then, with the price of premium grapes and wines escalating in a heady spiral, it seemed that everyone, lured by the prospect of a solid-gold investment, was planting grapes and starting wineries, unaware that the first harvest would coincide with a world-wide recession and a precipitous plunge in the price of the leading European wines.

The golden future may look less bright to some grape growers, but we wine drinkers can selfishly rejoice, for the present glut of the market, sixteen used by Americans, is ideal for early-ripening grapes such as Pinot Noir, Char... Continued on next page

Going metric—a new international standard for bottle sizes

A recent breakthrough in the wine industry that should be of benefit to us all is the establishment, at long last, of an international standard of metric sizing for bottles. Currently there are forty-three different bottle sizes on the market, sixteen used by Americans, and very savvily proposed by international agreement.

The chart at the right demonstrates how the miniature, split, tenth, fifth, quart, magnum, and jeroboam will be converted to milliliters and liters.

The Christian Brothers, who, back in the 1940s at Almadén, pioneered the labeling of California wines by their grape varietal names, rather than giving them customary, confusing geographical designations, can producers and twenty-seven by the countries that send wine here. Although at a casual glance one wine bottle looks much like another, differences in shape and size can make a difference of 8 ounces in the contents, from a generous 30 ounces to a stingy 22 (the standard American bottle, or fifth, holds 25.6 ounces).

Vineyards have mushroomed in Monterey County, where climate and soil provide perfect growing conditions for fine California varietal wines. Swiss Colony, long known for inexpensive generic wines, have brought out a line of varietals, while those wineries long established in the premium wine field, such as Almadén, Paul Masson, and The Christian Brothers, are constantly improving theirs. Louis Benoist and Frank Schoonmaker, who, back in the 1940s at Almadén, pioneered the labeling of California wines by their grape varietal names, rather than giving them customary, confusing European geographical designations, can be credited with initiating the move that determined the future direction of the wine industry.

Undoubtedly the biggest story of 1975 is the emergence of Monterey County as a major wine region equal to, though different from, Napa and Sonoma, and sharing with them the most desirable of grape-growing climates, classified in the 1930s by Professors Amerine and Winkler of the University of California as Regions I and II. Region I, with much the same climatic conditions as northern Burgundy, the Champagne district, or Germany's Rhine and Moselle, is ideal for early-ripening grapes such as Pinot Noir, Char... Continued on next page

Dots indicate location of Monterey vineyards operated by the following vintners:

- Almadén Vineyards
- Arroyo Seco Vineyards
- Chalone Vineyards
- December Pacific Corporation
- Durney Vineyards
- Greenfield Vineyards
- International Vineyards
- Jekel Vineyards
- Junction Viticulture
- Mirassou Vineyards
- Monterey Farming Corporation
- Pacific Land Management
- Paul Masson Vineyards
- San Martin Vineyard Company
- The Monterey Vineyard
- Vina Monterey
- Wente Bros.

Vineyards have mushroomed in Monterey County, where climate and soil provide perfect growing conditions for fine California varietal wines.
that nurtures, among others, red production. Monterey's southernmost vineyards are in the Region III climate that nurtures, among others, red grapes such as Gamay, Zinfandel, and Barbera.

Plantings in Monterey have been steadily increasing since the 1960s, when Mirassou, Wente, Paul Masson, and Chalone started vineyards there, but it is only within the last three or four years that the area has really come into its own, with the grape acreage now being harvested, but each year will see more of the fledgling vines reach four-year maturity and by 1980 the area should be in full-scale production.

Take route 101 from King City to Greenfield to Chualar, through the rich, fertile agricultural bottom land of the Salinas Valley, once known as the world's Salad Bowl because of its vast fields of lettuce and celery, and you are in a different world. Here is none of the meticulous, manicured elegance of Napa, or the semipastoral ambience of Sonoma, with its old stone wineries and Spanish-mission towns. Monterey is simpler, rougher, more Western. The radio chatters Mexican news and songs, much rougher, more Western. The radio chatters Mexican news and songs, the scourge that wiped out so many of the European and Californian vineyards and necessitated the grafting of vinifera vines onto a sturdier American rootstock. Monterey vines can grow on their own roots, although no one yet knows if this is an advantage, apart from being more economical.

It would be difficult to isolate the factor responsible for the excitingly intense varietal characteristics that are so evident in the wines of Monterey. Most likely it is a combination of soil and climate. The young wines explode with fruit. They are almost overpowering in the assertiveness of the bouquet and flavor, an assertiveness that some winemakers feel may need to be toned down. That is rare in California, where the problem is usually how to step up the varietal taste.

From the early plantings of the sixties, vineyards have proliferated. Many of the big names are here. Almaden has 2,000 acres near King City, and will be marketing a Monterey appellation 1974 Zinfandel and Chenin Blanc this year, Paul Masson's plantings are scattered from below King City to north of Greenfield. New York State's Gold Seal Vineyard has established a beachhead near Greenfield and Chualar.

Most extensive are the 10,000 acres of The Monterey Vineyard, stretching beyond Gonzales at the northern end of the valley. The wines from its first, 1974 harvest are now being distributed throughout the states and, more than any others I have tasted, they exemplify the style of Monterey—fresh, clean, very fruity, with an unmistakable varietal nose and taste.

With the exception of the

**Continued on next page**
New wine tastes from Monterey

continued from preceding page

Gamay Beaujolais, a deliciously zesty wine that should be drunk young and slightly chilled, like a Beaujolais Nouveau, the 1974 reds are being aged in oak. The whites are ready for drinking now. My favorite (and, at under $3, the least expensive) is the Del Mar Ranch White, a blend of Pinot Blanc, Chenin Blanc, and 10 percent Sylvaner with a light, bone-dry fruitiness that makes it a good aperitif, a refreshing summer wine, and a pleasant accompaniment to many foods, from pâté and smoked salmon to seafood and sweet-breads. The other whites are priced from just over $3 for the Chenin Blanc to around $4.60 for the early bottling Chardonnay, without wood aging. (A later bottling, to go on sale this fall, will have been aged for a few months in oak casks.) The Grüner Sylvaner and the Johannisberg Riesling are unusual and interesting examples. The Grüner Sylvaner, made in a light, soft, fresh style reminiscent of a German Palatinate wine, is different from most California Sylvaners, which tend to be undistinguished and therefore have never been very popular. The Johannisberg Riesling is gorgeous, delicate, and complex, with the haunting touch of sweetness imparted by Botrytis cinerea, the grape-shriveling, sugar-concentrating fungus that gives the famous dessert wines of Sauternes and Germany their luscious richness. Botrytis, which California winemakers have for years been trying to induce on Sauvignon Blanc and Semillon, occurs spontaneously in Monterey. Dr. Richard Peterson, who followed the great André Tchelistcheff as winemaker at Beaulieu and is now winemaker and winery president of The Monterey Vineyard, hopes to be able to make a glorious dessert wine in the Sauternes style from the botrytised Sauvignon Blanc and Semillon he is now aging in wood.

While the 1974 wines of The Monterey Vineyard are in rather short supply, only 40,000 cases, as more of the acreage starts producing we can look for a steady flow of its well-made, reasonably priced wines to join company with the familiar big three of the medium-priced premium-wine echelon—Almadén, The Christian Brothers, and Paul Masson. According to Gerald Asher, president of the marketing company, only the most outstanding wines will be sold under The Monterey Vineyard label. The rest will be sold in bulk, either to other wineries or for private-label bottling. Already there has been a flurry of interest on the part of some Central Valley producers, who can improve their own varietals by blending them with those of Monterey.

While it is the wines from the large producers that most Americans are going to be drinking in the coming years, the small wineries with limited production continue to play a very important part in raising the overall sights and standards by showing what can be done given the right soil and climate, and painstaking vinification. Chalone, which makes what I and many others consider to be California’s finest Pinot Noir, is a case in point. Despite the discouraging economics of the times, little wineries continue to appear, adding an interesting extra strain of color to what California has to offer. Three new ones in Napa that have put out their first estate-bottled wines this year are Stag’s Leap Wine Cellars, Cameros for winemaker Bernard Portet, son of the regisseur, or manager, of Château Lafite Rothschild. M. Portet, who came to California in 1968 and fell in love with it, says he is trying to make his Cabernet Sauvignon as close as possible to the wines of Pauillac in the Medoc. He was unfortunate in having 1972, a rainy year and one of California’s lightest, as his first vintage, but the 1974 promises to be a bigger, more tannic wine, which may not reach drinking age until 1981.

Although Cabernet Sauvignon is probably California’s most famous and praised wine and more Cabernet grapes were planted in 1974 than any other variety, I continue to find the metamorphosis of the white wines of greater interest.

Ten years ago they all tended to taste alike, but now, mainly due to slow, low-temperature fermentation that retains the fruit and brings out the varietal character, the differences are marked. Pinot Blanc and Chardonnay, the classic white grapes of Burgundy, reveal their true and separate natures. Chenin Blanc, so often blandly nondescript and semisweet, now flaunts an almost flagrant fragrance and fruit. Sauvignon Blanc, called by some wineries Fume Blanc or Blanc Fumé, the name it goes under in the Loire, displays a distinct earthiness or goût de terre. Even French Colombard, formerly regarded as a rather acid and neutral blending wine, has proved delightfully fresh, clean, and fruity in versions made by a few wineries such as Parducci, Château Souverain, Chaloupe (under their second label, Galvin Vineyards, from Napa grapes), and Almadén.

Yet another wine region, south of Monterey, is beginning to be talked about. Around coastal San Luis Obispo there are vineyards of varying sizes, some six or seven years old. The growing conditions resemble those of Napa and the wines are heavier and chewier than those of Monterey. So far most of the grapes have been sold to Napa wineries, but it may not be long before we will all be drinking wines made in San Luis Obispo County.

Did you ever wonder what happens to the prunings from California’s millions of vines? It seems wineries have to pay someone to haul them away. When I visited The Monterey Vineyard with Richard Obney, author of the award winning Simple French Food, he suggested that the cuttings be packaged as fuel for outdoor cooking, the way they are used in Provence to impart aroma and flavor to meats. Someone then remembered that a restaurant in San Francisco serves a “vintner’s ham burger,” grilled in the dining room over a big bundle of vine cuttings. Chuck Williams, of San Francisco’s Williams-Sonoma kitchen shop who had been considering importing wine prunings from France, is enthusiastic about this recycling of California’s own byproduct, so if he and the winery can get it all together, we may soon be able to drink and eat a la Monterey.
Eating yourself slim

continued from page 130

The vegetable mixture serves as the sauce; if it is too thick, add a little of the poaching liquid.

Place veal on a platter and top each portion of veal with a spoonful of sauce. Sprinkle with parsley and a bit of peeled tomato.

Cook cauliflower in salted water, drain, and puree in a blender. Correct seasoning. Serves 6. 194 calories per serving.

COFFEE POTS DE CRÈME

INGREDIENTS
7 tablespoons skimmed milk powder
2 cups hot water
2 rounded teaspoons decaffeinated coffee powder
artificial sweetener to taste
2 eggs, beaten
frozen coffee crystals (recipe on page 130)

METHOD
Mix milk powder with water and delicately stir in the coffee and sweetener, beating constantly. Strain. Add eggs and pour into six individual custard cups. Set into a pan of water, bake in a 150° oven about 1 hour. Chill. Serve with a few sprinkles of coffee crystals. Serves 6. 40 calories per serving.

DINNER

Carrot Kugelhupf with Chervil and Purée of Artichoke
Brochettes of Scallops with Sauce Sabayon
Melon with Strawberries

CARROT KUGELHUPF WITH Chervil and Purée of ARTICHOKE

INGREDIENTS
2 1/4 cups carrots, sliced fine
4 tablespoons water
2 tablespoons butter
1/2 cup chicken consommé or 1 teaspoon powdered chicken consommé
salt and pepper
10 tablespoons diced mushrooms
1 shallot, minced
2 eggs
2 1/4 tablespoons Gruyère, grated
1 rounded tablespoon chervil or parsley
clarified butter

METHOD
In a large pot, cook carrots, water, butter, consommé cube or powder, salt and pepper to taste. Pass through the largest disk of a vegetable mill.

Sauté mushrooms in a Teflon pan with the shallots; a few turns in pan will suffice. Mix mushrooms into the carrot purée.

In a bowl, mix eggs, Gruyère, chervil or parsley, and combine with carrot purée.

Line the interior of a medium-sized, glazed terra-cotta mold (for kugelhupf) with a thin film of butter. Pour in the carrot mixture and set the mold in a pan of water. Cook in a 200°-220° oven for about 45 minutes. Serves 6. 99 calories per serving.

PUREE OF ARTICHOKE

INGREDIENTS
3 artichoke bottoms, cut in quarters
3 asparagus tips
salted water

METHOD
Poach artichoke bottoms and asparagus for about 10 minutes. Drain. Purée in a blender. Serves 6. 4 calories per serving.

Note: Guérard presents the unmolded carrot kugelhupf on a chopping board, strewn with green resinous leaves of a thuya tree, resembling a form of ferns.

BROCHETTES OF SCALLOPS WITH SABAYON SAUCE

INGREDIENTS
(COURT BOUVILLON)
1 cup white wine
1 cup water
1 cup carrots, cut into eighths
3/4 cup leeks, cut into eighths
6 small onions, sliced
branch of thyme
1/2 bay leaf
salt and pepper
2 tablespoons fresh tarragon, chopped

METHOD
In a saucepan, place wine, water, carrots, leeks, onions, thyme, bay leaf, and season with salt and pepper. Simmer mixture for 15 minutes. Remove 15 tablespoons of court bouillon to another saucepan, add tarragon, reduce by half. Set aside.

INGREDIENTS (BROCHETTES)
30 scallops
1 large tomato, cut in quarters and again in sixths
3 large mushrooms, quartered
1 1/2 bay leaves

METHOD (BROCHETTES)
Thread six metal skewers (Continued on page 201)

You’ll spend more when you buy it. But you’ll work less and cook better afterwards.

As you’d expect, the CORNING® 3+1 range costs more to buy than a conventional range, and most other smooth-top ranges. But over the 12 or more years that you’ll be cooking on it, you’ll find that its higher purchase cost was a small price to pay to change your life in the kitchen.

Only the Corning 3+1 range has temperature controls that can eliminate burning and scorching.

Three cooking areas are regulated by thermostats that actually read the temperature of the bottom of the pan and do the pot watching for you. A simmer stays a simmer automatically. You can even melt butter or chocolate or thicken a sauce without a double boiler.

Very simply, with a CORNING 3+1 range, you’ll cook better and work less. No other range can make that promise.

No other smooth-top gives you this choice of cookware.

Use your own flat-bottom pans on the three thermostatically-controlled elements. Or use the Cookmates® cookware that comes with the range. They go from freezer to range to table, saving you more work.

The fourth, or “Multipan,” element lets you use any pot or pan in your kitchen, flat bottomed or not. And the self-cleaning oven is one of the largest made.

In fact, there is a brochure full of reasons why the CORNING 3+1 range is worth more. For a free copy, see your dealer.

He’s listed in the Yellow Pages under Ranges. Or for the brochure and a 36-page James Beard recipe booklet, send 50¢ to Corning Major Appliances, Dept. O-2, Corning, New York 14830.
Heard of territories. In 1965, he opened his first restaurant, the Pot au Feu, on a Sineinen-stinker street in the dreary Parisian suburb of Asnières. (He couldn't afford the high rent in the chic quarters of town.) Within weeks, le tout Paris was seeking directions to the culinary genius who was boiling up a storm in that dismal location on the outer fringes. Within two years, the real out-of-towners were telephoning from New York for advance reservations but even a dreamy long-distance dial couldn't assure one of the coveted forty places.

In 1974, Guérard was dispossessed. The building of the Pot-au-Feu was slated for demolition. To the dismay of his partisans who cried he would be forgotten, he announced he was leaving Paris for Eugénies-les-Bains, a deep-country hamlet of 150 persons, to help Christine with the hotel and spa that belonged to her father who was rejuvenating a chain of five training schools in the region.

The Guérard-istes now are streaming to southwest France. Easiest access to Eugénie is Pau, 50 kilometers away, linked with Paris by two Air-Inter flights a day. The Pau airport now hums with an international buzz and an exchange of mails and farewells from Guérard friends who are coming or going. When there is no room on the Pau line, the Eugénie-bound fly to Bordeaux or to Biarritz and drive from there.

The late Christian Dior used to say, "The linings of our collection could be discerned in his collection of the season before." Guérard's lightening refinement of French cuisine has been en route for some time. In an article published by the International Herald Tribune in July, 1973, I found that at the recommendation of Paul Bocuse, I had tried a "sea bass au tarcsh." Guérard creation that has won the accolade from the top professionals of France as the discovery of the year. The fish is steamed under a heavy tangle of a particular seaweed sent to Asnières daily from Brittany. This tarcsh imparts its moisture to the bass and infuses it with incomparable flavor of the sea. There is no other seasoning. The dish is a sublime of simplicity. "When the bass is snapped of its seaweed and its scales, Guérard serves a small bowl of sauce tigeur. This is olive oil acidulated with a little lemon juice, to which has been added chopped tarragon, chervil, crushed coriander, and a few bits of peeled and seeded tomato for color."

"Because he feels that potatoes or rice are boring accompaniments to fish, Guérard has arranged each individual "platter" with a fan of fresh asparagus tips."

After that lunch, Guérard told me he had been inspired by the delicacy of Japanese cuisine and the little energy of the Japanese.

At that same Pot-au-Feu lunch, I had eaten a lobster salad, in which each element maintained its distinction. Reading the description now shows it was a forerunner to Eugénies-les-Bains.

"The dominant note is lobster served in generous chunks. Carrots, sliced paper-thin and previously treated to a suggestion of simmer without destroying the freshness of taste, lend an important touch of orange to the color scheme. Green beans, crunchy and barely cooked, have their place here as well. From the Chinese, Guérard has adopted the rule that vegetables, even when cooked, should still be raw enough to resemble "just picked.""

Vegetables, "just picked," figure largely in the menus at Eugénies-les-Bains. Often running them through the blender seems to bring out the very essence of artichokes, string beans, watercress, leeks, cauliflower, mushrooms. Only salt is used, to bring out the innate flavor. He obtains tonalities of flavor by introducing surprising additions... pureed pear to pureed spinach or pureed cauliflower to pureed red pimiento or orange carrot are necessary for their esthetic value.

In his presentations, Guérard is closely allied to the Japanese. Individual portions are composed on plates the size of platters. "I like comfortable plates," he says. The use of over-sized plates he borrowed from the Troisgros Brothers (having first asked their permission). It started years ago when he found he could not style a serving of pot-au-feu in the dining room but needed the comparative calm of the kitchen to make an artful arrangement. A commodious plate gives him the opportunity for special effects with everything from salads to desserts.

Feasting the eye is an important element of gastronomy, particularly in a Regime Minceur. automatically you slow down to admire and contemplate. Eating slowly is a key toward oral satisfaction and leads toward the desirable state of Less is More.

"To cook well you cannot be stingy. But I reproach useless excess, the constant temptation to add a little something more in the belief that it will be better, when on the contrary just the reverse is true."

He seemed to be paraphrasing Gertrude Stein who once commented that some people think if perfection is good, more perfection must be better.

At Eugénies-les-Bains, Guérard uses only the finest chickens, ducks, eggs, lobster, crayfish, beef, veal, lamb, fruits, salads, vegetables. Some come from his property. Others he searches out in the colorful farmers' market in nearby Mont-de-Marsan. The herbs and flavorful grapes are also in the kitchen garden and in the meadows just beyond the kitchen door. If you can, you will be a glori- ous experience in gastronomic finesse. The success of Guérard's experiments can be judged in the laughter and conviviality of the dining rooms where everybody is having a wonderful time, simmering à la française."

---

**Building Facts**

**Materials and equipment used in the house on pages 96-101.**

- **Architects:** Stanley Tigerman & Associates
- **Landscape Architects:** Stanley Tigerman & Associates and owner
- **Contractor:** Dan Zimmerman
- **Windows:** Fixed panels of 3/8-inch-thick glass by PPG Industries, Inc.
- **Doors:** Metal frame front door by Pease Company; flush paneled wood interior doors.

**INTERIOR OF HOUSE**

- **Interior walls:** Cedar siding, natural.
- **Ceilings:** Exposed wood joists on joist hangers.
- **Floors:** Natural pine. Lighting fixtures: Track lighting with exposed bare bulbs.
- **Fireplace:** Franklin stove.
- **Hardware:** Multitude of bronze.
- **Kitchen and bathroom cabinets:** Custom wood cabinets.

**MECHANICAL EQUIPMENT**

- **Heating system:** Forced warm air system with exposed ducts.
Exciting, calming, communicating color continued from page 93

gested the tooth fairy! Psychologists have found that reactions to color are more impulsive and emotional than reactions to forms or shapes. (But as people grow older, interest in form begins to exceed interest in color and this accounts for the fact that older people tend to prefer less striking colors. This was pointed out by color expert Eric F. Danger in his book Using Color To Sell [Gower Press].)

One interesting point emerged from the questionnaire: Most people thought that pink and rose were feminine colors. But most people thought that red was sexy. Therefore, you do not think there is necessarily a connection between “feminine” and “sexy!” History Professor Michael Kammen would agree with you about red being sexy. He recently complained to the New York Times that all the history books published in 1974 concerning love or sexuality, instead of having red covers (which he thought most appropriate), had purple, plum, or puce ones. We could have told him, however, that purple, plum, puce, lilac, lavender, etc. were all colors our readers definitely thought were sexy (running behind red and black, in combination with white).

“Color is deeply affected by the psychological climate of the times, as well as by the individual,” believes Dr. Sharpe. “One can almost project the colors people will want in the future, based on the world situation. For instance, in a time of uncertainty and economic upheaval, people will choose dark, strong colors such as burgundies and browns. In times of affluence, people will go to the pastels and bright, gay colors.” You must have noticed this in your everyday life. Sometimes, in a wonderful mood, you’ll put on an orange or a scarlet dress just because you feel like it—the color is a reflection of you. Advertising people have studied this aspect of color, of course. Notice when you next visit your supermarket what colors are used for what products—and see what message the colors promote about the contents.

From the questionnaire, blue, red, and green turn out to be the most popular colors to wear—but you like greens and yellows to live with. Not surprisingly, therefore, your favorite House & Garden Colors turn out to be Sun Yellow, Green Mint, with Creamy Apricot third. Also not surprisingly, therefore, the color you most wanted your kitchen appliances to be, after white, was yellow, as distinct from gold. This was particularly interesting to us since there are very few yellow kitchen appliances on the market (as opposed to gold)—so from now on, let’s change that! As to where the color in a room should go, 56 percent of our questionnaire respondents said in accessories, and 47 percent in art and in plants and flowers. Floors, walls, and windows came in a poor third.

Color in one’s life is often taken for granted, as emerged from our investigation into dreaming in color (page 103). But as Dr. Kahn observed, our respondents were rather more likely to be aware of color than many others. A more dramatic reason for women’s high percentage of dreaming in color, and indeed awareness of color in general, is given by House & Garden’s Color Consultant, Faber Birren: “about 8 percent of men have some form of color deficiency—and less than 1 percent of women”

Mr. Birren, one of the finest color experts in the country, and author of many books including Light, Color and Environment (Van Nostrand Reinhold) and Color in Your World (Collier), believes that color and light are becoming more relevant to a happy environment. “From our work,” he says, “we have found that people react quite differently in a colorful environment than in a drab one, although they themselves may not be conscious of it. The natural condition for the human being is to live in a constantly changing environment—of light, color, forms. There’s no such thing as a monotonous environment in nature. Today we know that children’s intelligence actually degenerates in a monotonous environment.” So let us be thankful that we appreciate color, as our questionnaire respondents so obviously do. In Mr. Birren’s words: “Above all, for a home, have the courage of your convictions and feelings. Color is one of the natural delights of this world. It is the rule of nature, not the exception, and much of the good life resides in it.”

By Caroline Seebohm

---

How to get an even tan.

With Rit® Dye.

Whether you’re using Rit Tan or Rit Tangerine, you want a beautiful, even color every time you dye. Since dyes often accentuate stains in fabrics, it’s important to take the time to get spots out. The sensational results are really worth it! These RIT TIPS will help you get the great color you want:

Do’s
1. Wash item thoroughly.
2. Remove spots by soaking overnight in powdered oxygen bleach, a heavy-duty liquid detergent or grease remover.
3. Use Rit® Color Remover for stubborn stains.

Don’ts
1. Don’t expect dying to cover stains. (Only dark dyes can hide most stains.)
2. Don’t dye fabric that has been scorched with a hot iron. Scorched marks always show.

If you have a question about dyeing, just write us a note at Rit, Dept. T, 1437 West Morris St., Indianapolis, Indiana 46206. We’ll have an answer off to you in 48 hours.

Rit. You’re going to love the results!
LIVE IN COLOR


“Blackgammon games”: at Henri Bendel.


Lounge chair: “Trim” cotton sheets and pillowcases: red with white border. Twin flat, $69.60; French pillowcase, $38. At Pratts.

“Potlach II” Cuspan carpet in autumn orange, 12’ and 15’ widths. $11.95 a sq. yd. By Patraux.

“Projecta 15” color TV: 100% solid-state black and white TV: 12’ diagonal screen, AC or built-in battery pack operation, 16” x 13” x 12” high, removable晒k-shield, weighs about 19 lbs. $180. By RCA.

Window canister set: molded heavy gauge plastic in 4 sizes, snap-on covers, also in blue, yellow, red, black, and mint green. $20. By Copco.

At Bloomingsdale’s.

3. Blue: 18” x 21”, also in avocado, gold, white, or yellow. $3.98. By Rubenmaid.

4. Shell pillow: one pillow, both sides $220 each; Beomaster 4000 receiver: 23” x 35” x 10” wide, may be preset up to 6 FM stations. Rosewood, available in teak or oak. $590; Beocord 2200 cassette recorder: 19” x 3” x 9” deep, Dolby Noise Reduction System. Adjusts for use with Chromium Dioxide tapes. High density ferrite heads. “Memory” counter stops record-er at any preset point during rewind. Weighs about 12½ lbs. $485. Dolby is a trademark of Dolby Laboratories, Inc. Sound system by Bang & Olufsen.

RETHINK CARPETING

Pages 110-111:

“Chinese Waterstripe” cotton fabric: 54” wide. By Key West Print Fabrics at B. BERGER.*

1. “Sportable” 100% solid-state black and white TV: 12” diagonal screen, AGC or built-in battery pack operation, 16’ x 13’ x 12” high, removable晒k-shield, weighs about 19 lbs. $180. By RCA.

2. Window canister set: molded heavy gauge plastic in 4 sizes, snap-on covers, also in blue, yellow, red, black, and mint green. $20. By Copco.

3. Blue: 18” x 21”, also in avocado, gold, white, or yellow. $3.98. By Rubenmaid.

4. Shell pillow: one pillow, both sides $220 each; Beomaster 4000 receiver: 23” x 35” x 10” wide, may be preset up to 6 FM stations. Rosewood, available in teak or oak. $590; Beocord 2200 cassette recorder: 19” x 3” x 9” deep, Dolby Noise Reduction System. Adjusts for use with Chromium Dioxide tapes. High density ferrite heads. “Memory” counter stops record-er at any preset point during rewind. Weighs about 12½ lbs. $485. Dolby is a trademark of Dolby Laboratories, Inc. Sound system by Bang & Olufsen.

279. At Intrex.* Brown plastic planter on casters: 15” diam. x 14” high. $94. From Architectural Supplements.*

Triangular table: “Heathmoor” Zefran and modacrylic carpet covering triangle, in palamino, 12’ width. $16.95 a sq. yd.; “Sebego” Antron III nylon carpet covering square in tobacco, 12’ width. $9.95 a sq. yd. By Philadelphia Carpet.

Rainbow: “Ardorace” nylon carpet in 9 of 26 colors available, in 12’ widths only. $9.95. By Karastan.

“Dijon” furniture: steel tubular frames with rubber webbing and covered with molded foam, covered in Orion fabric available in 12 colors. Chair, 28’ x 30’ x 26’ high. $394; ottoman, 28’ x 23’ x 14’ high, $230. By Airborne Designs.*

United States map: made from a variety of carpet styles by Philadelphia Carpet. Carpet Seaming Tape by Conso Products.


AMERICAN WATERCOLORS

Pages 118-119:

“Stripe” cotton fabric: 54” wide. By Key West Print Fabrics at B. Berger.*

1. “Sportable” 100% solid-state black and white TV: 12” diagonal screen, AGC or built-in battery pack operation, 16” x 13” x 12” high, removable晒k-shield, weighs about 19 lbs. $180. By RCA.

2. Window canister set: molded heavy gauge plastic in 4 sizes, snap-on covers, also in blue, yellow, red, black, and mint green. $20. By Copco.

3. Blue: 18” x 21”, also in avocado, gold, white, or yellow. $3.98. By Rubenmaid.

4. Shell pillow: one pillow, both sides $220 each; Beomaster 4000 receiver: 23” x 35” x 10” wide, may be preset up to 6 FM stations. Rosewood, available in teak or oak. $590; Beocord 2200 cassette recorder: 19” x 3” x 9” deep, Dolby Noise Reduction System. Adjusts for use with Chromium Dioxide tapes. High density ferrite heads. “Memory” counter stops record-er at any preset point during rewind. Weighs about 12½ lbs. $485. Dolby is a trademark of Dolby Laboratories, Inc. Sound system by Bang & Olufsen.

279. At Intrex.* Brown plastic planter on casters: 15” diam. x 14” high. $94. From Architectural Supplements.*

Triangular table: “Heathmoor” Zefran and modacrylic carpet covering triangle, in palamino, 12’ width. $16.95 a sq. yd.; “Sebego” Antron III nylon carpet covering square in tobacco, 12’ width. $9.95 a sq. yd. By Philadelphia Carpet.

Rainbow: “Ardorace” nylon carpet in 9 of 26 colors available, in 12’ widths only. $9.95. By Karastan.

“Dijon” furniture: steel tubular frames with rubber webbing and covered with molded foam, covered in Orion fabric available in 12 colors. Chair, 28’ x 30’ x 26’ high. $394; ottoman, 28’ x 23’ x 14’ high, $230. By Airborne Designs.*

United States map: made from a variety of carpet styles by Philadelphia Carpet. Carpet Seaming Tape by Conso Products.


AMERICAN WATERCOLORS

Pages 118-119:

“Stripe” cotton fabric: 54” wide. By Key West Print Fabrics at B. Berger.*

1. “Sportable” 100% solid-state black and white TV: 12” diagonal screen, AGC or built-in battery pack operation, 16” x 13” x 12” high, removable晒k-shield, weighs about 19 lbs. $180. By RCA.

2. Window canister set: molded heavy gauge plastic in 4 sizes, snap-on covers, also in blue, yellow, red, black, and mint green. $20. By Copco.

3. Blue: 18” x 21”, also in avocado, gold, white, or yellow. $3.98. By Rubenmaid.

4. Shell pillow: one pillow, both sides $220 each; Beomaster 4000 receiver: 23” x 35” x 10” wide, may be preset up to 6 FM stations. Rosewood, available in teak or oak. $590; Beocord 2200 cassette recorder: 19” x 3” x 9” deep, Dolby Noise Reduction System. Adjusts for use with Chromium Dioxide tapes. High density ferrite heads. “Memory” counter stops record-er at any preset point during rewind. Weighs about 12½ lbs. $485. Dolby is a trademark of Dolby Laboratories, Inc. Sound system by Bang & Olufsen.

279. At Intrex.* Brown plastic planter on casters: 15” diam. x 14” high. $94. From Architectural Supplements.*

Triangular table: “Heathmoor” Zefran and modacrylic carpet covering triangle, in palamino, 12’ width. $16.95 a sq. yd.; “Sebego” Antron III nylon carpet covering square in tobacco, 12’ width. $9.95 a sq. yd. By Philadelphia Carpet.

Rainbow: “Ardorace” nylon carpet in 9 of 26 colors available, in 12’ widths only. $9.95. By Karastan.

“Dijon” furniture: steel tubular frames with rubber webbing and covered with molded foam, covered in Orion fabric available in 12 colors. Chair, 28’ x 30’ x 26’ high. $394; ottoman, 28’ x 23’ x 14’ high, $230. By Airborne Designs.*

United States map: made from a variety of carpet styles by Philadelphia Carpet. Carpet Seaming Tape by Conso Products.

shown, 24" x 19", all cotton, $120 each. By Hot Air for LCS*.

5. Pâte terrine: 1 1/2-qt., 12" x 4" deep, enamel on cast iron, also in red, yellow, blue. $27.55. By Le Creuset.

6. "Grip-n-Mix" 3-qt. bowl: 9" diam., 0.7/" high, $29.60. By Rubbermaid.

7. 5-qt. chicken fryer: $32.95; 41/2-qt. round French oven, $29.95; 12" skillet, $19.95. All by Le Creuset. French oven and skillet at B. Altman.


9. Personal fan: 6" x 4" high, drum-type blades make no noise or vibration, adjustable up or down position, may be removed from cradle to be used vertically. $18. By Braun. At Bloomingdale's.

10. Dishdrainer: 111/4" x 19" x 51/4" high, also in gold, avocado, white, or yellow. $3.29. By Rubbermaid. Plate in dish drainer: front, "Feathers" clear plate, handpainted by John Curran. $15 a set of 4. Applied in equally divided sections, middle, "Flamestitch" plate, $16 a set of 4. At Bonwit Teller; "Wicker" plate, $18.50 a set of 4.


Built-in Counter Saver: in white, used as a cutting board. By Corning.

Kitchen stools: from Atelier International.

Built-in dishwasher: white Formica front panel; built-in trash compactor with white Formica front panel. Both by Kitchen Aid.

3-door lee "In Water" Side-by-Side automatic refrigerator/freezer: white Formica front panel, separate ice and cold-water dispensers. By Amana. Communication center: by NuTone. 2-bowl stainless sink: with hand lotion dispenser. By Elkay.

13. Lounge chair: 36" x 35" x 27" high, upholstered in white Haitian cotton. $292. By Domani Division of Burris Industries.


15. Towels: "luxor" bath towel in lemon, vanilla, bark. By Martha, a division of WestPoint Pepperell. At Bloomingdale's; "Grand Velour II" bath towel in aqua by Utica Fine Arts for J.P. Stevens; "Adam's Rib" cotton terrycloth towels. By Wamsutta.


Pages 120-121: Living Room—Decorators' Show House


1. "Lustersons" sheets: by Anne Kline Design Studio At Saks Fifth Avenue.

2. Lounge chair: 38" x 38" x 29" high, natural, raw silk cushions, chrome wire frame, $379. By Flair, a division of Bernhardt Industries. At B. Altman.

3. 21/2"-covered casserole: dishwasher safe, ovenproof when heated with the oven, $55. By Chanticleer Ceramics. At Au Marche.


5. Color TV: 9" diagonal screen, AC, 12V, battery, or car battery; battery, detachable black filter, battery, earphone, jack, and car lighter cord, 101/4" x 141/2" x 121/4"; 5 lbs. $329.95. By Hiscock Co., a division of Bernhardt Industries.

6. Handpainted shell place mats: cotton, 191/2" x 141/2", lined with muslin. $8.75; at Tabletopping by Ernest Bendel. Putty stone pots: turquoise, $32.50; pots, $10.45 and $15. From Schmid Brothers.


8. Geometric coffee table: 66" x 36" x 14" high, plastic laminate. $474. $33 additional for mirror chromoplast base. By Thayer Coggin. At Contempory Design.


10. Sectional sofa: upholstered in a crewel fabric, rolled back, bun feel, adjustable up or down position, may be shown. 24" x 19" high, tufted seat. $199. By Flair, a division of Bernhardt Ind. At Gimbels.


12. Polka dot bench: 24" x 19" x 19" high, tufted seat. $199. By Flair, a division of Bernhardt Ind. At Gimbels.

13. "South Parish" vinyl wallcovering: 27" wide, 30" repeat. $32.25 a roll. By Lloyd.*


Califomia

Los Angeles ____________________________ The Broadway
San Francisco ____________________________ Liberty House
Colorado ________________________________ May-Dec
Denver ________________________________

Connecticut _____________________________ C. Fox

District of Columbia _____________________ Washington Woodyard & Lothrop Amos
Florida ________________________________

Miami _________________________________ Burdine's
Tampa _________________________________ Maas Bros.

Georgia ________________________________

Atlanta ________________________________ Rich's

Hawaii _________________________________

Maui _________________________________ Neerland's

Illinois ________________________________

Chicago ________________________________ Carson Pirie Scott

Indiana ________________________________ L.S. Ayres

Louisiana ________________________________

New Orleans ____________________________ Stewart Dry Goods

Louisiana ________________________________

New Orleans ____________________________ D. H. Holmes

Maryland ________________________________

Baltimore ________________________________ Hutzler's

Massachusetts ____________________________ Jordan Marsh

Boston ________________________________

Michigan ________________________________ J. L. Hudson

Detroit ________________________________

Minnesota ________________________________ Dayton's

Missouri ________________________________

Kansas City ________________________________ Edward Keith

St. Louis ________________________________ Stix, Baer & Fuller

Missouri ________________________________

Omaha ________________________________ J. L. Brandeis

New Jersey ________________________________

Newark ________________________________ Hahne & Co.

This Chair • • • is a Bed!

Slumber/Seat is a registered trademark of Victor Stanley, Inc. Patented (U.S. & foreign).

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.

To: David Skalka, Vice President, Victor Stanley, Inc., Dunkirk, Maryland 20754

Please send me a free color catalog and the name of your nearest dealer, please return the coupon below.
Wonderful light food
continued from page 113.

Mrs. Kirk Douglas, Los Angeles
"Kirk and I are yoghurt freaks. We have yoghurt every morning for breakfast with various fruits. Kirk used to love a rich Roquefort dressing on salads. I've changed our salad dressing and he likes it just as well. It's made of yoghurt, salt, and pepper, lemon juice.

"We play a lot of tennis and serve a very light luncheon. I use the yoghurt and lemon juice dressing on a giant salad made with lettuce, mixed sliced chicken, sliced ham, sliced tomatoes, and sliced hard-boiled eggs. This is topped with crisp crumbly bacon."

Craig Claiborne, food writer and expert, New York City
"Frankly, I haven't noticed much difference in food. My whole principle is to eat in moderation. Those recipes that call for a lot of butter or heavy cream are not everyday dishes—they are for special occasions, and should be regarded that way."

"Trader Vic" Bergeron, San Francisco
"We've eliminated the fat from the heavy Mexican food. For instance, chile rellenos. They used to be deep-fat fried—there's nearly 1/2 to 3/4 of an ounce of fat in them, the way a Mexican cooks them. We bake them—with soufflé batter. We lay little cup molds, with no bottoms, on a flat cookie sheet. Then we put a little soufflé batter in each one, with the chile rellenos and put them in the oven."

New quick light recipes from Trader Vic
Mix Wasabi powder—a tangy, flavorful Japanese root—with water, cress, vinegar, and water for a light watercress dressing. Or add Wasabi (mixed with water to make a paste) to half sour cream and half mayonnaise.

Quick Light Chicken 1
Broil chicken pieces then swirl them around in two tablespoons of peanut butter.

Quick Light Chicken 2
Put some chutney, with a little water to thin it, in the blender. Then roll your broiled chicken lightly in it and serve. Or marinate chicken in a light sauce, chutney marinade and fry quickly. Thin down a cream sauce for fish with chicken broth, Kikkoman soy sauce, and a few pistachio nuts.

Richard V. Hare, interior designer, New York City
"Often my wife and I do a chef salad for a light meal—chopped fresh lettuce, grated carrots, chopped celery, slivers of ham and cheese, and leftover vegetables from the night before. With this light dressing: Put into the blender 2 tomatoes, a stalk of celery, 2 teaspoons horseradish, 1 teaspoon Dijon mustard, juice of 1 lemon, basil, parsley, 3 tablespoons olive oil, salt and pepper. This is enough for 4. With it, serve "cheese toast." Toast rye bread, thinly sliced, in the broiler. Spread lightly with mayonnaise. Sprinkle Parmesan on top, and put it back in the broiler."

Mrs. Henry Fonda, Hollywood
"A normal meal for Henry and me could include broiled chicken or fish, or veal flavored with lemon, margarine, and a squeeze of fresh garlic. With this, we have a large mixed green salad from our vegetable garden, which usually includes New Zealand spinach, radishes, carrots, bibb lettuce, and alfalfa sprouts. We keep two sprouting jars going all the time so that we always have one jar with fresh sprouts. For dessert, it's never more than fresh fruit.

"For entertaining, I'm into cold food—perhaps cold veal with a sauce of mashed tuna, capers, lemon juice, and a dash of horseradish. With this, a cold ratatouille, from the garden including zucchini, other summer squashes, tomatoes, eggplant, salt, and pepper."

Laura Maioglio, owner, Barbetta Restaurant, New York
"American taste has evolved so much. They are interested in lighter foods, yes, but I see that as a greater sophistication. For instance, in my restaurant we have a dish, carne cruda alla Piemontese. This is raw veal. You take some veal—the same as you would use to make scaloppini—and you chop it. Don't put it through a grinder, it doesn't taste the same. Chop it by hand, spread it out on a dish, not in a mound. Then dress it with lemon, olive oil, tiny slivers of garlic, salt, and pepper. The first few years we offered it, nobody would touch it. Now it's become enormously popular.

Mrs. Alan Pakula, hostess, Hollywood
"For luncheons, I do two egg omelettes individually, with Spanish sauce (a mixture of Italian plum tomatoes, tomato paste, mashed garlic, celery, and margarine). For salad now, endive and watercress combined with a light dressing of white wine vinegar, safflower oil, mashed garlic, salt, pepper, and Dijon mustard. When would you have served men a light luncheon like this in the past?"

Monique Silverman, a Frenchwoman living in New York
"In France, you must remember we do not eat haute cuisine all the time! In most French houses, the food is very simple. I find much American food is heavy—steak, for instance, is full of fat and hard to digest. I get a cheap cut from my butcher (he can't understand it) that is lean—tougher but easier on the stomach.

"I am now substituting yogurt for cream, for instance in a Southern French zucchini dish called tian. Cut zucchini into 1/2-inch pieces (with skin on) and sauté them with onions in a little butter. When they are half cooked, remove and toss with mayonnaise, add on top the zucchini, then add yogurt, one or two eggs, and grated Swiss cheese. Mix it all together and put it in the oven."

William and Cheshbro Rayner, cookbook authors, New York
"There's certainly a move to lighter food and informal buffets these days. Guests can serve themselves to what they want. In our dining room, there is a round table where the buffet is laid out, plus separate tables where people can sit down comfortably. We often have almost a smorgasbord, with beef or chicken, vegetables, salads, and fruit."

travlog

ST. JAMES BEACH

BARBADOS

TEN CIVIC CENTER PLAZA

Ten Civic Center Plaza

El Paso, Texas 79944

Distinguished Hotels

L. Paso

Come see our
dual in the sun.

The two cities and two countries that share and show moments from history—El Paso, Texas and Juarez, Mexico. Here you can contrast the old west with the new west. Ancient missions and dramatic cathedrals. Bathing in a common marketplace with vast shopping complexes. It's a land that may have come merely to see, but have returned to, to live. Write us today and we'll share our dual in the sun with you. El Paso Convention and Visitors Bureau, Dept. L, El Paso, Texas 79944.

NAME

ADDRESS

CITY

STATE

ZIP

el paso & juarez

at the corner of U.S. and Mexico.

USE ZIP CODES

The Saint Louis

730 Rue Beauregard, New Orleans

(504) 581-7300 Cable: LOUISIX

Member, Distinguished Hotels of the World

HOUSE & GARDEN
How YOU Can Turn Box-Tops Into Cash!

My husband laughed when I told him we could rake in over $500 a year with my "crazy" idea. "Too simple," he said. But today we both laugh all the way to the bank.

From this moment on, forget everything you've ever been told about making and saving money — because almost overnight you can learn to change your mail box into a money machine. You'll learn how to open it six days a week for the next year to pull out a guaranteed minimum of $500 — absolutely tax free or your money back.

Unless you simply don't need $500 in extra cash for 1975 — to spend any way you like — take a few minutes to read about the simple, step-by-step method I've worked out.

The method is so incredibly easy that anyone can master it quickly — yet so valuable that it will give you and your family the money you need to buy the luxuries in life before you are too old to enjoy them. You can follow the method in just a few spare minutes a day — with no wait without any previous experience. And yes, it's all perfectly legal.

Sound impossible? It's really not. In fact, by proof of thousands of people just like you. You CAN learn the secret of how to get SOMETHING for NOTHING through the "magic" of refunding. But first, here's exactly what refunding is and exactly how refunding works.

It's simplicity itself. Refunding is the process of sending box-tops and labels to companies which offer to send you cash, coupons or gifts in return. You've probably taken advantage of offers like these from time to time in a hit-and-miss way. But, you discovered that the "profits" were small — hardly worth the effort. Me too.

But, once I found out that the big companies like Campbell's, Proctor & Gamble, General Mills, Bordens and Lever Brothers make 2,000 to 3,000 giveaway offers every year worth millions of dollars — I set out to find the way to get my share of all that money.

By trial and error and with the help of a refund and box-top expert in New York, I finally figured out a simple, step-by-step method of raking in over $500 a year. The method was tested again and again to make sure it really works. It does. It's almost foolproof.

Everything you need to know about the magic of refunding has been written down — so that you can cash in on the gold mine just sitting there in your cupboard. All this valuable information has been published by Lincoln Press in a book called "How To Turn Box-Tops Into Dollars."

If you have any doubt in the world that you can take in the extra cash you need — here are some reported experiences of avid refunders.


- "With refunds I have been able to buy gifts for birthdays and weddings . . ."
- "It seems that every time the mail comes in, I have 50¢ to $1.25 in change — sometimes crisp dollar bills . . ."
- "In the last few months I have saved over $150 . . . that's not counting free cans and packages of food. Last year I bought a bedroom rug and a lawn edger out of my refund money . . ."

Money doesn't grow on trees, so stop for a minute to figure out how much cash — in the form of box-tops and labels — you've thrown into your trash can in the last few months. $200 or more would be a good guess.

I'll make you this promise: when you follow my method, you'll never do that again. Instead, you'll get the thrill of having your mail box filled to overflowing with money. You'll learn exactly how to claim your share of refunds on everything from soup to nuts. Just imagine. $2.00 for 4 Ajax box-tops; $1.00 for a Pillsbury Coffee Cake label; $1.00 for 3 Axion box-tops; $2.00 for a Palmolive Gold soap label. Every one of these cash refunds were actually offered last year.

Let me give you one warning, though. When you first start to use my method, some people may say, "What's the use, you only get back a quarter at a time." They may even laugh the way my husband did. Don't pay any attention to them. A national magazine survey reported that people from Maine to California take in an average of $420.00 a year refunding. If they can do it, you can too.

And money isn't the only thing you'll learn to get once you've read the book and followed my simple method. Top quality merchandise is offered regularly for box-tops and labels. For example, in the last year or so a Polaroid camera was given away for snack food labels; an electric deep fryer for oil labels; an electric mixer for fruit labels; bath towels for soup boxes; toys, dolls and games for mouthwash labels — plus hundreds more.

But make no mistake about it — unless you have the tips, advice and guidance you'll find in "How To Turn Box-Tops Into Dollars" at your fingertips — you won't have a prayer. And, the only way to get your copy is to order it now, by mail. It's not for sale at any bookstore or newsstand in the world — at any price.

Your Double Guarantee

This is a double, 100% no-risk offer. If you order the book when it arrives, send it back. Your money will be returned immediately, no questions asked. Or, keep and use the book (and the 3 Free Reports) for a full year. If you and your family don't take in at least $500 following the step-by-step method, send everything back next year. You still get all your money back.

Your First $1.00 Refund — Today

To prove that the magic of refunding is no illusion or gimmick — take your first $1.00 refund today. For, even though I had been thinking about charging $6.00 for the book — send just $5.00 in cash, check or money order with the coupon below to Lincoln Press, 4444 South Sheridan, Tulsa, Oklahoma 74145. "How To Turn Box-Tops Into Dollars" (plus the 3 Free Reports) will be sent to you immediately by return mail. Quit dropping quarters and dollars into your trash can. Claim your rightful share of the million dollar refunding giveaway now.

Make checks payable and mail to:

Lincoln Press
4444 South Sheridan / Tulsa, Oklahoma 74145

Please charge me my guaranteed copy of "How To Turn Box-Tops Into Dollars" right away. Here's just $5.00 in cash, check or money order as payment in full. Also, send me my 3 Bonus Reports — Free — one a month. I understand that if I don't collect at least $500 following my method, I may return the book for my money back, without quibble or question.

Cash, check or money order Order enclosed. If you wish, please charge my Visa, Master Charge or BankAmericard.

Name __________________________ Address __________________________
City __________________________ State __________ Zip __________

I want to get started right away earning extra money in Box-Tops and refund. Send me a copy of "How To Turn Box-Tops Into Dollars" by mail. Here's an extra $1.50 to cover the cost.

Copyriht 1975

by Mrs. Ellen Michael

Copyright 1975

Address 
City __________________________ Zip __________
ROW YOUR OWN GINSENG

Aphrodisiac? Rejuvenator?

The Ginseng Plant Will Make the World's Greatest Conversation Piece for Your Home or Office!

The Chinese claim one sage who used Ginseng lived 250 years and had 24 wives. Wars have been fought over Ginseng and the roots have been sold for their weight in gold.

No proven medicinal value, but millions use Ginseng as a divine cure for all that brings health and happiness.

All you do is put the seed bearing root in a pot, follow the easy instructions, watch it grow, and watch the myth come alive!

It makes a divine gift: Send one to a friend or a loved one.

One for $2.00
Three for only $5.00

Enclose 25 cents for postage and handling

ROBERTY'S Dept. HG-2
P.O. Box 630, Shelbyville, Ind. 46176

QUICK STARTER IN NON-WOVEN CANE

Save time! Work on your own! With natural cane for crocheted chair seats, screens, stereo speakers, door panels, headboards, lamps, and other home accessories.

Decorative cane kits include easy instructions and necessary materials.

Order merchandise by writing directly to shops. Enclose check or money order. Add sales tax where applicable. Any unused item (not personalized) may be returned by insured mail for refund. Allow four weeks for delivery.

WIDE-VIEW EXTENSION MIRRORS

New rectangular shape for a larger mirror area. The bathroom mirror that comes to you—16" wide, mirror flips from plain to magnifying, extends to 20", swivels for best angle and light. Gives back-of-head view to style and trim hair, folds flat to wall when not in use. Polished chrome-plated metal.

8072 Extention Mirror $14.98

Add 50¢ post. & handling, N.Y. resid., add 6% tax.

The Country Gourmet
Dept. G92, 543 Canton St., Norwalk, Conn. 06851

CREATIVE CANING KITS OF PRE-WOVEN CANE

Save time! Work on your own! With natural cane for crocheted chair seats, screens, stereo speakers, door panels, headboards, and other home accessories.

Decorative cane kits include easy instructions and necessary materials.

Order merchandise by writing directly to shops. Enclose check or money order. Add sales tax where applicable. Any unused item (not personalized) may be returned by insured mail for refund. Allow four weeks for delivery.

CHARMING CHERUB WALL PLAQUES

Intricately detailed dancing cherubs in hand-rubbed white marble finish. To adorn a special place in your home. 4½" x 5½"—$25.00 for the pair ppd. To see our large collection of Classical statues, send $1 for illustrated catalog.

The Second Renaissance, Dept. H4, 2124 Union St., San Francisco, CA 94123.

STITCH-WHIZ RACCOON

Cute creature to needlepoint for pillow. Handpainted on 14-count mono-canvas, approx. 15" by 12". Kit includes Persian yarn, $28.50 plus $1 post. Catalogue of new designs, graphed stitches, alphabet charts. $2.50. Magic Needle, HG9, 44 Green Bay Rd., Winnetka, IL 60093.

TREASURES

Fascinating finds for the collector. Chambered nautilus half, $6; Septarian Concretion on tripod stand, $20 and fossil fish that's 40 million years old, $6.50 plus $1 post ea. Write for catalogue of minerals, fossils, shells, display stands and books, $50. Dover Scientific, HG9, Box 6017, Long Island City, NY 11109.
PLANTING TIME
Early American clock has custom-designed face that tells at a glance phases of the moon, first and last frost (where you live) when to plant 24 varieties of vegetable seeds according to your climate. All electric. $39.95 ppd. W. Atlee Burpee Co., HG9, 6025 Burpee Bldg., Warminster, PA 18974.

EYELET ENSEMBLE
"Williamstown" embroidered, quilted polyester/avril, white or natural. Bedspread, twin, $45.50, full, $50.90, queen, $63.50, king, $74.85; twin or full canopy, $38.85; queen or king, $59.; pillow sham, $9.50; valance, $5; vanity, $30; tie-back (86” w. pr.) curtains, 45”, 54” l, $21.65 pr.; 63”, 72”, 81”, 90” l, $27.50 pr. Ppd. Swatches 35c. Hildegarde’s, HG9, 597 Farmington Ave., Hartford, CT 06105.

THE SCROLL
Handsome accent for any dining area. Heavy black ornamental cast iron pedestal sets off the natural wood tones in the round butcher block top. 30” dia., $135.50; 36” dia., $156.50; 42” dia., $190 and 48” dia., $254.50. Exp. coll. Butcher Block and More, H69, 1600 So. Clinton, Chicago, IL 60616.

TEA FOR TWO
Original design strikes contemporary note in silverplate teapot by Gorham. Perfect size for breakfast tray, demitasse, sauce or cream. Holds 12 ozs., stands 5” h. Has non-drip stub spout, wicker-wrapped handle, engraved motif. $29.50 ppd. Legacy Sterling Inc., HG9, New Bedford, MA 02740.

Country Curtains
in cotton muslin or permanent press
For years Country Curtains have daily graced the bright, clean windows of charming colonial homes. Country Curtains add warmth to every room. Country Curtains retain their fresh crispness and are a credit to your thriftiness. Country Curtains are a lifetime friend and supply their own sunshine . . . New England at its very best.

BALL FRINGE CURTAINS
Pure cotton muslin or a permanent press blend of cotton and polyester. Ball fringe stitched on by homemakers in the village. Off-white or white, 90” wide per pair.

MUSLIN
TIERS (2 pr. shown)
20”, 25”  6.00 pr.
30”, 36”, 40”  6.50 pr.

TIEBACKS
45”, 54”, 63”  10.00 pr.
72”, 81”, 90”  12.00 pr.

VALENCE 9” x 80”  2.25 ea.

PERMANENT PRESS
TIERS
20”, 25”  6.00 pr.
30”, 36”, 40”  6.50 pr.

TIEBACKS
45”, 54”, 63”  8.50 pr.
72”, 81”, 90”  10.50 pr.

VALENCE 9” x 80”  2.75 ea.

RUFFLED CURTAINS
Practical cotton muslin in unbleached or white. Carefree permanent press in natural or white. 78” wide per pair. 2” ruffle.

MUSLIN
TIERS
20”, 25”  5.00 pr.
30”, 36”, 40”  5.50 pr.

TIEBACKS
(As Shown)
45”, 54”, 63”  7.50 pr.
72”, 81”, 90”  9.00 pr.

VALENCE 11” x 80”  2.50 ea.

PERMANENT PRESS
TIERS
25”, 30”, 36”, 40”  7.00 pr.

TIEBACKS
45”, 54”, 63”  10.00 pr.
72”, 81”, 90”  12.00 pr.

VALENCE 10” x 70”  3.25 ea.

Please use this form to fill in your order

When ordering please use check or money order. Postage and handling: Orders under $25 add $1, $25 and over add $1.75. Sorry, no COD’s. Satisfaction guaranteed.

☐ Please Send Free Catalog

BALL FRINGE CURTAINS
Muslin:
☐ Unbleached ☐ White
Permanent Press:
☐ Natural ☐ White

Length:

Valance(s):

RUFFLED CURTAINS
Muslin:
☐ Unbleached ☐ White
Permanent Press:
☐ Natural ☐ White

Length:

Valance(s):

Post & Hndlg.
Mass. res. add 3% sales tax

Total Enclosed $

COUNTRY CURTAINS
At The Red Lin Inn
Dept. 93, Stockbridge, Massachusetts
SHOPPING AROUND

MODERN ART
Gleaming stainless steel cubes are new-look planters, invert them and they become pedestals. 6" cube $10.75; 8" $13.75; 10" $16.75; all three $39.95. As hanging units, each $1 extra. Add $1 post per order. Interna
tional Concepts, H9G, Box 1000, Forest Hills, NY 11375.

SPORTSMAN'S KNIFE
Pocket size folding knife has positive lock to keep the blades open. A perfect knife for hunt-
ers, fishermen and hikers. Stain-
less steel blade is 3¼"; handle is rosewood; bolsters, rivets and liners are solid brass. $9.98 plus 35c post. Holiday Gifts, 309-N, Wheat Ridge, CO 80033.

SCRUB-A-DUBS
Darning sponge designs enchant all ages in tub, on shelf, at pool. Pot or keeps squishy soft shape. From West Germany. 10" dolphin $3.50; 6¼" boat $2.98; 5" pig $2.98; all three $8.50. Add 40c post. Lillian Vernon, 9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

DOWN EAST
Hand-sewn glove leather shoes with unique whip stitching for shape. Under-tonique elastic. Black, brown, blue. AAA 7-10; AAA 7-11; BB 4-12; C 4-11; D, EE 5-10. $19.99 ppd. Free color catalogue. Hill Brothers, Dept. 939, 241 Crescent St., Waltham, MA 02154.

EYESIGHT SAVER
Do you find the eyes of needles growing smaller? Needle threader consists of a plastic funnel into which the needle is dropped, spindle to transfer thread to needle, blade to cut thread. $1.29 or $1.99. Lillian Vernon, Dept. 939, 241 Crescent St., Waltham, MA 02154.

THE FRENCH—USE IT FOR EGGS
only $3.99
Free Delivery
2 for $7
Full refund if not delighted

Delightful, unusual, collapsible wire hanger for plants, vegetables, or whatever. Anodized--so it's rustproof. Hang it indoors or out. Lightweight but sturdy.

10½" diameter, shown, holds 6' pot (pot not included) 2 tiers, $6 99/3 tiers, $9.99
Send check or money order (Add 7% tax in Conn)

THEO CARROLL UNLIMITED
148 SILVERMINE AVENUE
NORWALK, CONN. 06850

GENUINE JADE
Now the current fashion of Natural Oriental Jade can be yours.

Wear the exotic glow of Genuine Oriental Jade. Choose from five delicately hand carved pendants on Gold Filled chains, or select the sump- tuous elegance of the single Genuine Green Jade necklace. These handsomely sculptured gem stones are available direct to you from the manufacturer/importer at wholesale prices. Please rush my beautifully gift boxed Jade selection, postage paid:

A  Heart, Bl. $8.50
B  Turtle, C $8.50
C  Match, C $8.50
D  Jade Necklace (6 mm. beads 24" length) $45.00
E  Envelope $5.00 (check or money order no C.O.D )

Name
Address
City State Zip

HOUSE & GARDEN
“I saw and felt results in the first 3 days.”

JENNIFER McCarthy tells us...

“I hate to exercise and I hate to diet but I lost 6½ inches off my waistline... 15 lbs. and shaped up in only 14 days!”

Here are the 6 reasons why this plan works fast and pounds immediately... in the privacy of your own home. It’s Safe...Medically Approved...and Guaranteed!

1. It Concentrates its Slimming Action On Your Fatty Problem Areas. Choose different "5" Minute exercises, each created to help slim down the problem fatty deposit areas of your figure in 14 days!

2. Simple to Use. No disrobing. Attach it to any door knob, stretch out comfortably on the floor. Do one "5" Minute continuous, rhythmic, enjoyable exercise, twice daily, whenever you have the time, without giving up any of the foods you love — eat Ice Cream, Cakes, Pasta, whatever! (It's all in the guide.)

3. Designed to Slim Fatty Problem Areas. It's the no-nonsense way to shape up fast! It's Fun With Results "5" Minutes And Out.

4. No Rigid Dieting. We suggest you temporarily eat 20% less until you reach your normal weight, without giving up any of the foods you love — eat Ice Cream, Cakes, Pasta, whatever! It's all in the guide.

5. Safer and Saves Time. No more running to gyms for complicated, exhausting workouts that can strain you. This simple "5" Minute Plan, that you do at home, leaves you refreshed.

6. Weights Only 10 Ounces. Fits any wall size case. Stores anywhere. Travels with you so you never have to miss a missing session. Remember, it’s the daily sessions that firm, shape and fashion you a more youthful looking figure. It’s Fun With Results... "5" Minutes And Out.

It's the daily sessions that firm, shape and fashion you a more youthful looking figure. It's Fun With Results... "5" Minutes And Out.

Waist: 30½ in. Waist: 24 in.

20 percent (food reductions) making you look years younger as you slim. Within the first 5 "5" Minutes you use the exerciser, you start burning off fat, speeding up your metabolism to help burn up stored calories, releasing excess water. Helps curb your appetite without suppressants. Increases energy and well being. It’s so simple and enjoyable—a plan to follow, we guarantee you can stay with it remaining slim without re-gaining those inches and pounds. It can put an end to your "gain-and-loss cycles".

USE OUR "5" MINUTE BODY SHAPER PLAN FOR 14 DAYS AND WE GUARANTEE YOU THESE RESULTS:


EXPERTS AND CUSTOMERS AGREE:

It's the no-nonsense way to shape up fast! Scientific reports and many of our 600,000 customers inform us that sauna wraps, inflated belts, weighted belts and other "effortless exercisers" are of little or no value in firming, shaping and beautifying your figure. "YOU MUST WORK OFF THE INCHES," experts say. We believe, and results prove, our's is the simplest, safest, most enjoyable plan to do it. We Guarantee It. Here's a sampling of what our slimming customers tell us...and why they made the plan.

They were measured by experts before and after 14 days. The results verified, some noted. Your results may vary depending on how over-weight you are and how much time you devote to the exerciser. The customers quoted spent 3 to 5 minutes, daily and reduced their food intake — temporarily — by about 20%, but none gave up the foods they love.

DO IT NOW! It's America's most successful figure shaper! 600,000 customers have purchased our "5" Minute Plan to slim down fast. Results are proven and some noted. Our guarantee to you is in writing. Experts agree our plan works — and works fast. Now, can you think of any reason for not ordering your "5" Minute Body Shaper Plan and start slimming down today?

Satisfaction Guaranteed!

Use our improved "5" Minute Body Shaper Plan for 14 days! See what it can do for you! If it’s not what we say it is, simply return it to us, in good condition. For your $9.98 refund. Weighs 10 ounces.

Joe Weider! Builder of Beautiful Bodies since 1936
21100 Erwin Street
Woodland Hills, CA 91364

Take a set of pounds and inches to lose. You promise that I will feel glorious and begin to look slender in just 3 days. 

[ ] I am enclosing $9.98 plus $1.00 for shipping and handling. (California res. add 6% sales tax.)
[ ] Check [ ] Money Order [ ] Cash. Please allow 3 to 4 weeks for delivery. Rush "5" Minute Body Shaper and Illustrated Guide to...

Name: ____________________________
Address: ____________________________
City: ____________________________ State: ___________

IN CANADA: 5 Minute Body Shaper, 2875 Bates Road, Montreal, Quebec.
COUNT COINS FAST!
Sort, count, wrap pennies, nickels, dimes, quarters in seconds. Simply slide coins into 4 channels. Shows the totals as you go. No more fumbling with the wrapper. Real timesaver for merchants, cashiers, clubs, collectors, etc.

COIN TRAY... $2.98 + 40¢ Mailing Each

California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-95
585 Market St., San Francisco, Calif. 94105

SHOPPING AROUND

DRESSEN PLATE
Patchwork and applique make a colorful 16" by 16" (overall) pillow. Kit has muslin for top, 12 calicos for plate, backing, lining for form, quilt needle, ruffled-border fabric, lace, polyfill. $12 plus 95¢ post. Ginger Snap Station, HG9, Box 81086, Atlanta, GA 30341.

ELEGANT ITALIC
Ideal starter set for practicing italic handwriting. Contains a Platignum Silverline barrel, interchangeable Platignum nibs from extra-fine to B2, lettering, an instruction manual. Right- or left-handed. $7.50 ppd. Pentalic Corporation, HG9, 132 W 22nd St., New York, NY 10011.

CHOICE BUCKS
Who's your favorite personality? Santa Claus? Robert Redford? A U.S. President? They are all now printed on $1 bills that look just like the real thing and are sure to be ice-breakers at the next party. $3.98 each plus 25¢ post. Holiday Gifts, 309-M, Wheat Ridge, CO 80033.

REEL-Y HANDY
This very practical key holder does away with fumbling and groping. Reel clips inside purse: unrolls keys, automatically re-winds into case. Clip to your bag, pocket or belt. $2.98 plus 20¢ post. Order from Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

CRYSTAL JELLY DISH
Hard-to-find collector's piece. Paneled thistle design from molds 100 years old. Carries tiny trademark, insignia of original maker. Ideal for candy, condiments as well. 5½" h., 7½" w. excluding handles. $12.95 plus $1.55 post. Artisan Galleries, HG9, 2100 No. Haskell Ave., Dallas, TX 75204.

CAT TOY
The first intellectual toy made for the thinking cat. Durable "mouse in the hole" game will provide hours of entertainment for kitty and anyone who is watching. Even the most sophisticated feline can't resist it. Measures 8" in diam. x 3½" high. The "mouse" is an elusive ball. Send $3.50 postpaid today.

New 96 pg. color gift catalog—25¢

Suburbia, inc.
Mail Shopping Service
366 Wacouta, Dept. 390, St. Paul, Minn. 55101

THE FANTASTIC
GREEN GENIE
PLANT PROTECTOR

TELLS YOU WHEN TO WATER YOUR PLANTS NEVER Overwater—or Underwater Your Plants again

Just insert the probes a few inches into the soil for a few seconds—and LISTEN:
• Slow clicking sound—plant needs water.
• Fast clicking sound—plant O.K.
• When fast clicking sound stops—stop watering. . . . One Genie tests all your plants . . . Operates on 9-volt battery (not included) . . . Chart included on how to water 190 different plants. Order today.

HOBI HOUSE SPECIALTIES
9128 W. Emerson, Des Plaines, Ill. 60016

ELEGANT ITALIC
Ideal starter set for practicing italic handwriting. Contains a Platignum Silverline barrel, 5 interchangeable Platignum nibs from extra-fine to B2, lettering, an instruction manual. Right- or left-handed. $7.50 ppd. Pentalic Corporation, HG9, 132 W 22nd St., New York, NY 10011.

CHOICE BUCKS
Who's your favorite personality? Santa Claus? Robert Redford? A U.S. President? They are all now printed on $1 bills that look just like the real thing and are sure to be ice-breakers at the next party. $3.98 each plus 25¢ post. Holiday Gifts, 309-M, Wheat Ridge, CO 80033.

REEL-Y HANDY
This very practical key holder does away with fumbling and groping. Reel clips inside purse: unrolls keys, automatically re-winds into case. Clip to your bag, pocket or belt. $2.98 plus 20¢ post. Order from Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

CRYSTAL JELLY DISH
Hard-to-find collector's piece. Paneled thistle design from molds 100 years old. Carries tiny trademark, insignia of original maker. Ideal for candy, condiments as well. 5½" h., 7½" w. excluding handles. $12.95 plus $1.55 post. Artisan Galleries, HG9, 2100 No. Haskell Ave., Dallas, TX 75204.

CAT TOY
The first intellectual toy made for the thinking cat. Durable "mouse in the hole" game will provide hours of entertainment for kitty and anyone who is watching. Even the most sophisticated feline can't resist it. Measures 8" in diam. x 3½" high. The "mouse" is an elusive ball. Send $3.50 postpaid today.

New 96 pg. color gift catalog—25¢

Suburbia, inc.
Mail Shopping Service
366 Wacouta, Dept. 390, St. Paul, Minn. 55101

COUNT COINS FAST!
Sort, count, wrap pennies, nickels, dimes, quarters in seconds. Simply slide coins into 4 channels. Shows the totals as you go. No more fumbling with the wrapper. Real timesaver for merchants, cashiers, collectors, etc.

COIN TRAY... $2.98 + 40¢ Mailing Each

California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-95
585 Market St., San Francisco, Calif. 94105

THE FANTASTIC GREEN GENIE PLANT PROTECTOR

TELLS YOU WHEN TO WATER YOUR PLANTS
NEVER Overwater—or Underwater Your Plants again

Just insert the probes a few inches into the soil for a few seconds—and LISTEN:
• Slow clicking sound—plant needs water.
• Fast clicking sound—plant O.K.
• When fast clicking sound stops—stop watering. . . . One Genie tests all your plants . . . Operates on 9-volt battery (not included) . . . Chart included on how to water 190 different plants. Order today.

HOBI HOUSE SPECIALTIES
9128 W. Emerson, Des Plaines, Ill. 60016

DRESSEN PLATE
Patchwork and applique make a colorful 16" by 16" (overall) pillow. Kit has muslin for top, 12 calicos for plate, backing, lining for form, quilt needle, ruffled-border fabric, lace, polyfill. $12 plus 95¢ post. Ginger Snap Station, HG9, Box 81086, Atlanta, GA 30341.

ELEGANT ITALIC
Ideal starter set for practicing italic handwriting. Contains a Platignum Silverline barrel, 5 interchangeable Platignum nibs from extra-fine to B2, lettering, an instruction manual. Right- or left-handed. $7.50 ppd. Pentalic Corporation, HG9, 132 W 22nd St., New York, NY 10011.

CHOICE BUCKS
Who's your favorite personality? Santa Claus? Robert Redford? A U.S. President? They are all now printed on $1 bills that look just like the real thing and are sure to be ice-breakers at the next party. $3.98 each plus 25¢ post. Holiday Gifts, 309-M, Wheat Ridge, CO 80033.

REEL-Y HANDY
This very practical key holder does away with fumbling and groping. Reel clips inside purse: unrolls keys, automatically re-winds into case. Clip to your bag, pocket or belt. $2.98 plus 20¢ post. Order from Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

CRYSTAL JELLY DISH
Hard-to-find collector's piece. Paneled thistle design from molds 100 years old. Carries tiny trademark, insignia of original maker. Ideal for candy, condiments as well. 5½" h., 7½" w. excluding handles. $12.95 plus $1.55 post. Artisan Galleries, HG9, 2100 No. Haskell Ave., Dallas, TX 75204.

CAT TOY
The first intellectual toy made for the thinking cat. Durable "mouse in the hole" game will provide hours of entertainment for kitty and anyone who is watching. Even the most sophisticated feline can't resist it. Measures 8" in diam. x 3½" high. The "mouse" is an elusive ball. Send $3.50 postpaid today.

New 96 pg. color gift catalog—25¢

Suburbia, inc.
Mail Shopping Service
366 Wacouta, Dept. 390, St. Paul, Minn. 55101
We guarantee your satisfaction in every respect ... or your money back!

Month after month, a parade of handsome gift boxes, each with your greetings and all announced by a Certificate of Membership inscribed as you direct. These famous Clubs keep you in warm, friendly contact with people important to you or your business. The proved perfect family gift for over 30 years. Sent direct from the orchard... the savings are yours! Ideal for business associates, friends, kinfolk and you!

3-BOX CLUB: Surprise them with gorgeous gift boxes for Christmas, January and February!
Gift No. 111 ... $2495 delv'd

5-BOX CLUB: Keeps coming and coming! Christmas, January, February, May and September.
Gift No. 141 ... $3995 delv'd

8-BOX CLUB: Delight them to pieces again and again! Christmas, January, February, May, August, September, October and November.
Gift No. 151 ... $695 delv'd

12-BOX CLUB: Flabbergasting! A gorgeous gift every single month of the year.
Gift No. 201 ... $9595 delv'd

Royal Riviera® Pears
America's rarest and finest fruit
So big and juicy you eat 'em with a spoon! Royal Rivieras are the rarest and finest of over 800 known varieties — so rare in fact, that not 1 person in 1000 has ever tasted them. Beautifully gift packed — sent with your personal greetings — perfect delivery guaranteed.

Gift No. 1 — shown Net weight 6 6/8 lbs $995 ord.
Gift No. 3 — family size box of smaller pears Net weight 9 lbs $1095 delv'd
Gift No. 5 — 8 to 9 gigantic pears Net weight 7 3/4 lbs $1095 delv'd

EASY TO ORDER: Just send us your list. Enclose check or money order (no COD's please). Tell us how to sign your greetings for each gift. All prices include delivery.

PERFECT DELIVERY GUARANTEED

Send your orders to:
Harry and David
Box 501-A
Medford, Oregon 97501
I. THE AFFORDABLES FROM FROSTLINE

Frostline kits are the sew-it-yourself outdoor equipment kits that come with everything you need to put together a top quality down-filled parka, sleeping bag, camping chair, even tents and backpacks!

With our detailed instructions even a beginner can sew any kit in our catalog.

WE GUARANTEE IT!! Sew-it-yourself and save 30%–50% of comparable factory-made equipment

Write for our free full color catalog today!

2. SHOPPING AROUND

SHOW-OFFS

Warm fruitwood-finished solid wood shelves. Easy-to-assemble Mediterranean style unit has two 18" and two 10¾" shelves, authentic spindle dowels. 25" w. overall. $2.99; pair $5.49. Add 25¢ post. for each. Greenland Studios, 9502 Greenland Blvd., Miami, FL 33059.

YOURS TO NAME

Add a perfect personal touch to all your fashions. The 15" name necklace is all sterling silver. With name up to seven letters $9.50 plus 50c post. Add $1 each additional letter. Wickford Gift Galleries, Dept. 231, 290 Westminster St., Providence, RI 02903.

ENERGY SAVER

Tapered tines of a new garden tool will grip the roots of stub-born weeds and creeping grass as a claw hammer pulls nails. Uniquely constructed handle won’t loosen. $6.95 ppd. Farm Products Engineering Co., Dept. HG-2, 5701 W. Adams Blvd., Los Angeles, CA 90016.

THOUGHT PROVOKER

"If a man has enough horse sense to treat his wife like a thorough-bred, she will never grow into an old nag" is lettered on polished Rocky Mt. Ponderosa Pine, 11¾" by ¾". Self hanger. $4.95 plus 50c post. Catalogue, 25c. Postmatic Co., HG 975, Lafayette Hill, PA 19444.

SAUCEPAN STEAMER

French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stain- less steel, 5½" dia. at bottom; expandable top opens to 9½". $3.98 plus 50c post. Anthony Enterprises, HG 9, 585 Market St., Los Angeles, CA 90016.

YOU CAN IF YOU SHIP

High-quality white cotton ROYAL WOOL WIPES. Sturdy, long-lasting cloths. Available in 10½" by 10½", $1.75 ppd. Farm Products Engineering Co., Dept. HG 9, 585 Market St., Los Angeles, CA 90016.

OWN YOUR OWN PHONE & SAVE

PRINCESS STYLE STARBrite PHONE REG. $29.95! NOW $18.85!


SATISFACTION GUARANTEED OR MONEY REFUNDED! You may consult your phone company. We accept Master Charge. Send check, money order or complete Master Charge number and expiration date. Add $1.50 per phone shipping/handling charge. (Orders west of Mississippi add $2.50; Ohio residents add 5% sales tax.) Apartments add $1.00. Sorry, no C.O.D.'s.

SEND FOR FREE CATALOG

THE GREAT PHONE COMPANY Dept. HG-9 / 5404 Northfield Road Cleveland, Ohio 44137

3. THE STITCHERY

Dept. HG-309, 204 Worcester Turnpike Wellesley Hills, Mass. 02181

Tenniswear

by Lottie Smith

...a lottie inc.

Tennis Skirt $15.00

Full Tennis Skirt gored

Tennis Top $15.00

Muscle Sleeve

Star Route Box 56/HG9 / Washington, DC 20004

Send $2.25 for Next 4 Issues of Our Art Needlecraft Catalog.

AFFORDABLES

Frostline kits are the sew-it-yourself outdoor equipment.

FROSTLINE FROM THE AFFORDABLES

Your complete Master Charge number and expiration date. Add $1.50 per phone shipping/handling charge. (Orders west of Mississippi add $2.50; Ohio residents add 5% sales tax.) Apartments add $1.00. Sorry, no C.O.D.'s.

SEND FOR FREE CATALOG

THE GREAT PHONE COMPANY

Dept. HG-9 / 5404 Northfield Road

Cleveland, Ohio 44137


day you were born—on any other special date. You pick the date—any time from Jan. 1, 1900 through Dec. 31, 1964, you'll get the front page copy of the New York Herald Tribune for that day. Please specify exact dates $2.25 Ppd.

Write for FREE catalog of gifts.

Holiday Gifts Dept. HG 956

452 Burbank

Broomfield, Colorado 80020

Wheat Ridge, Colorado 80033

HOUSE & GARDEN

148
Christmas Dreams

Begin at Miles Kimball...

Discover the Convenience of Shopping the Miles Kimball way...

We’re proud to say that since 1934, our company has been bringing unique gifts to people in all these 50 states. Because they have been sound values, we have made many friends. We’d like you to be among them. Our service is swift... your orders are filed and on their way to you within hours after we receive them. Try us! We’re sure you’ll be pleased... our ironclad guarantee insists on it! Sincerely, ...

Miles Kimball Company
194 Bond Street - Oshkosh, Wisconsin

Name-Address Labels
our name and address in crisp black or luxurious gold
/immed labels. Fine for return ad-
ness on letters and parcels, to iden-
y books and record albums. Labels are 1 1/4" long, limit of four lines of type.
astic box has 1000 white labels or
old. Print clearly, please.
R2016-White Labels . 1 box. $1
R2126-Gold Labels . 1 box. $2

Quilt Making and Collecting Book
A complete, easy-to-follow guide that shows you how to make beautiful, useful quilts you’ll be proud to own and display. Even beginners can follow the clearly drawn patterns, pho-
tos, and step-by-step directions. Soft-bound book has 276 pages with over 40 full-size quilt patterns. 482 illus-
trations. A must for collectors.
58346-Quilt Making Book . $3.50

Stack ’n’ Store Freezer Baskets
These make freezers as neat as filing cabinets, and you can find just what you’re after without risking frostbit-
ten fingers! Heavy steel rod baskets are coated with rustproof vinyl, are a jumbo 5½” wide x 9½” high x 19½” long. Keep fruits and vegetables in one, meats in another.
7559-Freezer Baskets, each. $4.89

Early American Wooden Bell
The warmth and beauty of wood plus a touch of Colonial charm. Beauti-
fully crafted hardwood bell has a mel-
low maple finish outside, a tiny brass bell inside that tinkles gently. Use it to summon guests for dinner—or to call the youngsters in from play. Bell stands about 6” tall.
8112-Wooden Bell . $2.19

Overdoor Shoe Racks
Ne way to keep your closet neat. Slicks slip over door (or can be wall
ounted), hold 12, 18, or 21 pairs of
oes. They’re cadmium-plated turl-
with no-mar plastic tips to protect lor. Extend 5½” from door or wall.
rossbars fold back to make shelves.
L200-6-12-Pair Rack . $9.49
L196-6-18-Pair Rack . $12.79
L319-6-21-Pair Rack . $13.79

“Teethshirts” for Teens
Guaranteed to keep any young “metal mouth” smiling! Snowy white. 100% cotton 1-shirt is screened with a sun-
shiny yellow face boasting a tin smile and the words, “Braces Are Beauti-
ful.” Matching poster is 20x38”, screened in yellow and black on a blue background. Shirt. $5.98.
3759-6-Size 32-34. 3760-6-Size 34-36
3761-6-Size 36-38. 3762-6-Poster. $3.25

Free Catalog...

☐ Check here to receive our new full color Fall catalog with 196 pages of fresh and ex-
citing gifts, toys and housewares - each one fairly priced and guaranteed to please!

<table>
<thead>
<tr>
<th>ITEM NO.</th>
<th>QUAN.</th>
<th>NAME OF ITEM</th>
<th>PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Items on this page shipped postpaid. Total Amount Enclosed.

Name
Address
City State Zip

Use this Order Form to order items on this page or to request our Free Catalog...
LORD

Help me to remember that nothing is going to happen to me today that you and I together can't handle. Inspirational and lovely words on a 8" x 6" wooden plaque. Full color Italian scroll border, enhances the quiet serene message. Laminated for permanence, ready to hang on a favorite wall at home or office. Ideal hostess gift.

only $1.98 each plus .35 postage

Send Check or M.O. Satisfaction Guar.

CADLYN'S Dept. HG9 2077 N.Y. Ave. Huntington Sta. N.Y. 11748

COLLECTOR'S THIMBLES

Top to bottom:
Glass — with handcut daisy design. #3108. $7.50 ppd.
Bisque — with Zodiac. Specify your Sign! #3118. $4.25 ppd.
Marble — hand polished to lustrous glow. #3059. $2.95 ppd.
Oriental Silk — with crochet flower. #3117. $1.35 ppd.

N.Y. Res. add sales tax! Thimble Catalogue 25c

The Sewing Corner
Dept. HG95, Whitesboro, N.Y. 13492

SHOPPING AROUND

THE SCOUT PACK
Children's simplified rucksack in sew-it-yourself kit. Holds books, extra clothing in daily use. 19¼" by 12½" by 7½". Two top-loading pockets that seal. Kit. $9.95 plus $1.10 post. Free color catalogue. Frostline Kits, Dept. GG095, 452 Burbank, Brookfield, CO 80020.

GOOD DEEDS
That's the heartwarming theme on the 1975 Christmas plate in fine Gorham china. Charming decoration from Norman Rockwell painting is in red, green, rust and blue encircled by gold. Sure to please all ages. 8½" dia. $17.50 ppd. Trein's, HG9, 201 W. 1st St., Dixon, IL 61021.

EXOTIC LIGHTING
Stained glass looks mysterious and exotic; made of plastic with antique-like "leading." 12" dia. by 7½" h. shade takes 60-watt or 5" dia. bulbs. Red/gold or green/gold. Fixture, $8.95; 5" Globe-a-Lite bulb, $3.29 ppd. Miles Kimball Co., 100 Bond St., Oshkosh, WI 54901.

GOOD DEEDS
That's the heartwarming theme on the 1975 Christmas plate in fine Gorham china. Charming decoration from Norman Rockwell painting is in red, green, rust and blue encircled by gold. Sure to please all ages. 8½" dia. $17.50 ppd. Trein's, HG9, 201 W. 1st St., Dixon, IL 61021.

HOME-SEWER'S DELIGHT
Bargain package of threads in 90 assorted colors plus black and white includes nylon, polyester and fine cottons plus pure silk. Can be used for machine and hand sewing. Easy to store and use; instructions included. $2 ppd. O.K. Supply Co., HG9, Box 460, Sarasota, FL 33578.

GOOD DEEDS
That's the heartwarming theme on the 1975 Christmas plate in fine Gorham china. Charming decoration from Norman Rockwell painting is in red, green, rust and blue encircled by gold. Sure to please all ages. 8½" dia. $17.50 ppd. Trein's, HG9, 201 W. 1st St., Dixon, IL 61021.

HOME-SEWER'S DELIGHT
Bargain package of threads in 90 assorted colors plus black and white includes nylon, polyester and fine cottons plus pure silk. Can be used for machine and hand sewing. Easy to store and use; instructions included. $2 ppd. O.K. Supply Co., HG9, Box 460, Sarasota, FL 33578.

SHOPPING AROUND

SAUNA SLIM SUIT
POUNDS & INCHES MELTED AWAY

Here's an excellent, useful reference you will use many times in aiding your pet. Provides hundreds of questions and answers on emergency first aid, diseases, skin infections, recognizing symptoms such as colds, snake bites, fleas, ticks, injuries, vomiting, heart worms, heat stroke, burns, diarrhea. Also proper feeding for puppies and kittens as well as pregnant and pregnant cats and dogs. Plus many more questions and answers you should know.

You'll be saving money with less trips to your vet and living with a healthy and happy cat or dog. Ideal as a gift, too. Money back guarantee only if not satisfied. $4.98

PRANO, Dept. HG95, 322 Sharrolds Road, Staten Island, NY 10309

SHOPPING AROUND

HERE'S AN EXCELLENT, USEFUL REFERENCE YOU WILL USE MANY TIMES IN AIDING YOUR PET...
GLASSES, ANYONE?
After a strenuous tennis game, the "Cool Serve" (15-ounce) is perfect for a tall drink. For cocktails, the "Perfect Serve" (11-ounce) is cool. Set of six, either size, $8.95; two sets (12 glasses) $17. Pnd. Write to Mr. Tennis, HG9, P.O. Box 6906, Grosse Pointe, MI 48236.

STATELY OAK
"Francois" chair looks like it came from a French country manor. Nu-cane seat is in sanded oak wood frame for handsome good looks. Chair is 35" h.; seat is 17½" x 14½". A splendid side chair $13.95 each. Marion Travis, HG9, Box 292, Statesville, NC 28677.

THE TERRAFEDIC
Smart oxford that gives a new sensation in walking comfort. Smooth leather with a ribbed crepe rubber sole tapering up under toe. Tan, white, brown. Medium width, in whole sizes 5-10. $16.99 plus $1 post. Old Village Shop, Dept M6508, Hanover, PA 17331.

BIG COMFORT
Just like grandmother used to have, a selection of soft and snug comforters in a variety of coverings: down-proof satins, taffetas or non-skid cottons, all a joy to see—and snuggle under! Send for free samples and information to Alden Comfort Mills, HG9, Box 6070, Dallas, TX 75222.

DIRECT FROM Hawaii
Hawaiian Good Luck Plant
RING THE CHARM OF TROPICAL EXOTIC HAWAII TO YOUR HOME
WITH THIS EXCELLENT HOUSE FOLIAGE ONCE LEARN THE RICH HISTORY BEHIND THIS PLANT, FREE WITH EVERY ORDER
PLANTS ARE SHIPPED OUT IF A LOG DIMENSIONS CAN BE CONTROLLED ACCORDING TO THE SIZE OF THE CONTAINER GUARANTEED TO FLOURISH

FOR $1.50 FOR $2.00
SATISFACTION GUARANTEED
PRICE INCLUDE POSTAGE & HANDLING NO CHECK OR MONEY ORDER TO:
LEHUA'S
O. Box 15217 • Honolulu, Hawaii 96815

SHOPPING AROUND

almost invisible!! . . . . . almost invisible!

"HANG-IT" only $1.25
3 for $3.00
SAVE EVEN MORE!
6 for $5.00

12 for $9.00

3 DIFFERENT LENGTHS TO CHOOSE FROM AT NO EXTRA COST
24" Short
36" Medium
48" Long

805 S. 8TH STREET
MINNEAPOLIS, MINNESOTA

Handmade Knives

ARE YOU SICK 'N TIRED OF STAINLESS STEEL WARE THAT JUST WOBBLES AROUND AND THEN FALLS OUT THE DITCH ON A ROOF SUMMER TOOMA? "HERE IS THE SOLUTION—CARBON STEEL KNIVES HANDMADE IN VIRGINIA BY A GROUP OF MEN IN THEIR 70S AND 80S WHO REALLY KNOW THEIR BUSINESS. THE HANDLES ARE CHERRY, WALNUT, BIRCH OR BEECH OAK. THE CHERRY BROWN FOR A SET, PLUS BLACK PEAR AND STAINED PIECE FOR USE ON LEFT.تخصص

BIG COMFORT
Just like grandmother used to have, a selection of soft and snug comforters in a variety of coverings: down-proof satins, taffetas or non-skid cottons, all a joy to see—and snuggle under! Send for free samples and information to Alden Comfort Mills, HG9, Box 6070, Dallas, TX 75222.

DIRECT FROM Hawaii
Hawaiian Good Luck Plant
RING THE CHARM OF TROPICAL EXOTIC HAWAII TO YOUR HOME
WITH THIS EXCELLENT HOUSE FOLIAGE ONCE LEARN THE RICH HISTORY BEHIND THIS PLANT, FREE WITH EVERY ORDER
PLANTS ARE SHIPPED OUT IF A LOG DIMENSIONS CAN BE CONTROLLED ACCORDING TO THE SIZE OF THE CONTAINER GUARANTEED TO FLOURISH

FOR $1.50 FOR $2.00
SATISFACTION GUARANTEED
PRICE INCLUDE POSTAGE & HANDLING NO CHECK OR MONEY ORDER TO:
LEHUA'S
O. Box 15217 • Honolulu, Hawaii 96815

THE TERRAFEDIC
Smart oxford that gives a new sensation in walking comfort. Smooth leather with a ribbed crepe rubber sole tapering up under toe. Tan, white, brown. Medium width, in whole sizes 5-10. $16.99 plus $1 post. Old Village Shop, Dept M6508, Hanover, PA 17331.

BIG COMFORT
Just like grandmother used to have, a selection of soft and snug comforters in a variety of coverings: down-proof satins, taffetas or non-skid cottons, all a joy to see—and snuggle under! Send for free samples and information to Alden Comfort Mills, HG9, Box 6070, Dallas, TX 75222.
SHOPPING AROUND
IN STYLE FOR FALL

GRAPHIC TEASE
This fall wear a double-take cotton T shirt with incredibly real-looking eyeglasses, cameras, binoculars and enormous watches printed across the front. You'll have a new fun game watching heads turn. S-M-L. White. Specify which graphic. $5 each. Fortuna T Shirts Inc., Dept H, 417 E 54th St., New York NY 10022.

BEDTIME STORY

ALPINE ACCENT

PERFECT BOW PUMP!
This walking pump is an elegant classic--proportioned to harmonize with your entire wardrobe. Black, brown or navy calf, matching grosgrain bow, also, all-over black silk. Sizes AAA 7-9, AA 6-10, B 4-11. $36. Plus $1 post & handling.

THE GREAT TURNCOAT

Tartan Back-Wraps
A fall favorite, the wraparound skirt. Shaped pockets, self-tie, ample wrap. Material is an Amana Woolen (woollen) of superior quality. Choice of tartans: BLACK WATCH (blue/green) or ROYAL STEWART (red/black). Sizes 8, M, L $23.00 ppd. Send for Free Fall & Winter Catalog. Johnny Appleseed's Box 709, 50 Dodge St., Beverly, MA 01915.

SHOPPING AROUND
IN STYLE FOR FALL

A great gift for Father, Son, and Friends . . .

DOG TIES
Give them their own breed on a necktie. Over 30 breeds available. Perfect reproductions, authentically woven in Switzerland. Exclusively ours. $12.50

Please send my breed
My breed is
Navy      □  Brown      □  Green      □  Burgundy
Navy      □  Brown      □  Green      □  Burgundy

-IRFD  $1  for  (kliixri/.  .Y.V.  Slnlc  add  aililiciihlc  tax.

-0.-  i>atnb  •^rrato

1530C  Northern  Blvd.,  Marchalset,  N.Y.  11030
Suite  1507,  57  Wall  St.,  New  York,  N.Y.  10005
212     425-2888     or     516    869-833
Major  Credit  Curds  Accepted

PERFECT BOW PUMP!
This walking pump is an elegant classic—proportioned to harmonize with your entire wardrobe. Black, brown or navy calf, matching grosgrain bow; also, all-over black silk. Sizes AAA 7-9, AA 6-10, B 4-11. $36. Plus $1 post & handling.

THE GREAT TURNCOAT

Tartan Back-Wraps
A fall favorite, the wraparound skirt. Shaped pockets, self-tie, ample wrap. Material is an Amana Woolen (woollen) of superior quality. Choice of tartans: BLACK WATCH (blue/green) or ROYAL STEWART (red/black). Sizes 8, M, L $23.00 ppd. Send for Free Fall & Winter Catalog. Johnny Appleseed's Box 709, 50 Dodge St., Beverly, MA 01915.

BEDTIME STORY

ALPINE ACCENT
COLORFUL COVER
The favored caftan fashion gets around, goes to patio, beach and parties everywhere. Shantung-look polyester sparkled by applique. Natural, red, royal or black. Sizes 38-52. $20 plus $1 post. Yakko, HG9, 29 W. 35th St., New York, NY 10001.

GREAT TOPPER
Quilted jacket has two layers of nylon insulated with five ounces of Dacron polyester fiberfill. Side vents, brass buttons. Oyster, red, green, navy and wine. 34" L (10-12), M (12-14), L (16-18), XL (20-22). $32 p&p. Johnny Appleseed's, HG9, Box 709, Beverly, MA 01915.

GABARDINE CLASSIC
There's almost no limit to the time and place you'll wear this lustrous polyester no-crush gabardine dress. Tailored by Spectator. Top stitching, pearl buttons, pockets. Navy with white, washable. S-20. $22.50 plus $1 post. Magellan's, HG-42, 21 W. 16th, New York, NY 10011.

THE CARRY-ALL

SUEDE LOOK

REAL COMFORT WITH OPEN SHIRT
The OSF, open collar tie. ............... $5.98 + 30c Mailing ea.
Money back guarantee. No C.O.D. Check or money order.
CARTIER CRAVATES INC., 6066 St. Urbain St., Montreal, Canada H2S 3K1

FRENCH RABBIT BRIM HAT
Fashionable and warm floppy brim hat. Made from first quality imported French rabbit skins. Available in natural heather tones, natural white, dyed black or dyed brown. Also available in pieced multi-color rabbit. Sizes: S-M-L.

$22.50 each
$1.25 postage and handling
No C.O.D.
GOLDNER FURS INC.
247 W. 29th St.
New York, N.Y. 10001

Tread Lightly, Tread Softly
MARSHMALLOW WEDGES
Foot relief—at last! These wedges are so soft, plush, and comfortable, they’re called Marshmallows. Tread your feet to a pair. Foam cushion soles, crepe outer soles, they come in white, sand, teak brown, navy, red, green and yellow. Sizes narrow 5½-12. Medium 6-12. Wide 5-12.

$11.99 as shown $12.99 with monogram
Add 90c for postage. No charge for larger sizes. No half sizes over 10.

Morgan’s Cove

PLEASE TURN PAGE FOR MORE SHOPPING AROUND FASHION
Here is a unique book written and illustrated for the average woman, which gives the basic principles of patternmaking. The instructions in this book will give you the professional techniques of pattern design used in the fashion industry. Using these basic principles you can make your own creative styles. By following these instructions you'll be amazed at how simple, easy and fun patternmaking can be.

only $3.95 plus 50c for postage and handling.

MITCHELL HADDAD Dept. 9HG
213 Dahlgreen Place, Brooklyn, N.Y. 11209

WENDY DALE
COBBLER APRON
2 for $6.50


WENDY DALE
P.O. BOX 91—HG-9
NEWTON CENTRE, MASS. 02159

TALL GIRL & HARD TO FIND
SIZES

AAAAA to AAAAA 6 to 13
AAA to C 9½ to 14
D to EE 5 to 12

APPLE . . .2" wedge
S-N-M (10 to 12) W-XW (7 to 10)
Patent/Crepe Sole:
Black, Tan, Burgundy.
S-N-M (10 to 12) $24.95

VICKI WAYNE - H9H

THE ALLIGATOR TAKES TO RAIN OR SHINE

For all seasons—rain or shine—this fabulously trendy Safari styled & elegantly detailed, it features four patch pockets with button flaps, epaulettes, sleeve tabs & self tie belt. Top stitching, imported luxuriant silky polyester carderene. Fully lined with nylon. Hand wash or dry clean.

KHAKI-BEIGE
Navy. Sizes 6 to 14
$32.00 plus $1.35 post. for 4 kudos.

VICKI WAYNE - H9H

SHOPPING AROUND
IN STYLE FOR FALL

LACY AND LOVELY
Antique beige or white cotton lace falls gracefully over matching lining, is especially flattering to fuller figures. 16½ to 20½ (36 to 40); 22½ to 26½ (42 to 46); 28½ to 32½ (48 to 52). Specify short, average, tall. $49.95 plus $2 post. Nancy Austin Originals, Dept. 975, 2800 Las Vegas Blvd., So. Las Vegas, NV 89109.

PRINT CHARMING

PRETTY PUMP
Designed for the narrow foot. "Royale" has elasticized topline, smart rounded toe and 1" heel. Black, blue, brown, white calf; white peau de sole; black velvet; black patent; silver or gold kid. AAAAA 7½-12; AAAAA, AAAA 6-12; AAA, AA, A, B 9½-12. $34 plus $1.35 post. Mooney & Gilbert, H9G, 31 W. 57th St., New York, NY 10019.
SHIPPING AROUND

PERMANENT PRESS
Cotton/polyester, natural or white. Dust ruffle, twin or double bed ruffle $15, 20", 25" l., $17 each; Queen, 15" or 20" l., $19; King, 15" or 20" l., $21. Twin or double canopy, $18, Queen, $20, 20" by 25" sham, $4. Add $1.75 post. Country Curtains, HG9, Stockbridge, MA 01262.

PILLOW PROJECTS
Both needlepoint kits include #12 mono canvas, yarn, chart, needle, instructions. For 11½" by 11½" pillows. Both in white with red or navy. (Specify A or B). Each kit $1l post. Chart only 75c each. Catalogue 25c. Sign of the Arrow, HG9, 9740 Clayton Rd., St. Louis, MO 63134.

A SHOE-IN
Leather Wedgie with walking comfort and open-toed cool! The Edda in luggage tan, bone, black, white, navy, brown, low 1" wedgie heel. 4 to 10, $18.95. 10% to 12, $19.95. For widths AAA to EE. Add $1 post, 25c each add'l pair. Solby Bayes, HG9, 45 Winter St., Boston, MA 02108.

SEWS LOCK STITCH
Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $4.98 plus 40c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

INDOOR SUNSHINE
Plant lamp stimulates foliage and flowers. High in red rays, low in blue and green. White-enamel metal. 8". Attaches to any surface, or stands. Lamp $12.98, 75w. bulb $5.89, both $17.50. Add $1 post. Lily's Garden, 99E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

You must remember this!
The ceiling fan is suddenly the "in" way to cool a room naturally. The Adaptair lever, on 52" fans only, adjusts angle of all 4 blades to direct air flow down for regular use or up for indirect flow. All fans have two speeds and a five-year guarantee. 52" fan with Adaptair, $270 52" fan without Adaptair, $239 36" fan, $150 Light Adapter Kit, $16.

Unique Gift
Be original — give "LOVEABLES" Custom full color, watercolor art from an original animal alphabet! Ideal for new babies, weddings, birthdays, house warmings, anniversaries — you name it! 9"x12" matted in yellow, blue, pink, green, orange or red. Up to 8 letters only, $4.95 each. Additional letters 50c each and size increases to 14"x18" matted. You can also add your own slogan or special message. 14"x16" complete alphabet available at $10.95 matted. Specify capitals or small letters. Postage and handling $1.25 up to 3 pieces to the same address. Orders shipped within 72 hours of receipt. Send check or money order Io.

LAURA'S LOVEABLES ©
Dept. 975, P.O. 7361
Las Vegas, Nevada 89101

PHOTO PILLOW
(10½"x11½") Makes a beautiful personal gift for a lover. Keeps memories alive for many years. A decorative conversation piece. Send any size photo, no negative or slide.

Only $9.95 each. Shipping $1.00
Order 2 pillows and we pay shipping. Different photo may be used. No COD's. Allow 4 weeks for delivery. Satisfaction Guaranteed.

-CHOICE SALES Dept. HG1- Member National Mail Order Association.
P.O. Box 120, New York, N.Y. 10470

Photo Pillow(s) at $9.95 each

Address
City, State Zip

HOSTED BY
La Madeleine

DOLLY DOLL HOUSES
Handcrafted, fully assembled, sturdy all wood and hardwood construction with linoleum mahogany floors. All houses are lifelike, authentically wallpapered and red carpeted with living rooms, bedrooms, kitchens, bathrooms, etc. All houses are individually wallpapered and red carpeted. Handcrafted by employees. 1" scale. Prices range from $40.00 to $100.00 shipped F.O.B. factory for complete brochure and famous SASHA. For FREE catalog of dolls. Please send 75c to:

DOLLY DOLL HOUSES
Dept. 529-C, Wheat Ridge, Colorado 80033

DOLLY DOLL HOUSES
800 656-9319

Business Card Money Clip
Imagine your business and handsomely reproduced on a sterling silver money clip. Smart, personalized way to carry your bills. We photograph the card you send us, reduce in size and etch it into metal. Clever gift idea for the executive or businesswoman. Perfect service award for outstanding employees. 1½"x1 ¾", $22.98 plus 50c handling.

Write for FREE catalog of gifts.

Holiday Gifts
Dept. 309-C, Wheat Ridge, Colorado 80033

The Rhode Island Birdfeeder
Both decorative and functional — a perfect gift
Hang singularly or in groupings
Impact and weather resistant acrylic, transparent, shadow grey acrylic arrives ready to hang for years of birdwatching

M 2 13" tall $13
M 3 19" tall $17
M 4 24" tall $21
Matrix Incorporated
33 Metacomet Avenue
E. Providence, R.I. 02916

Business Address Wish Award
For outstanding employees. 1½"x1 ¾".

THE RHODE ISLAND BIRDFEEDER

HAND ENGRAVED FAMILY CREST RINGS

Ring #11 16x14mm top solid 14k gold $195.00
Ring #18 20x18mm top solid 14k gold $350.00

WE WORK IN THREE BASIC WAYS
1—If you have a coat of arms you send us a photostat or picture of it and that is what we engrave.
2—If you do not have a coat of arms just send us your name and we shall look it up at no extra cost to see if there is a coat of arms for it.
3—If you wish you may design your own coat of arms. When you send for our catalogue ask for the ring shown above in sterling silver hand-engraved with your coat of arms for only $35.00. When you order the ring you will be given credit for the $35.00 AND MAY KEEP THE PENDANT FREE.

In order to make sure you like our work before you invest in a gold ring you may order the pendant in sterling silver. We will give you credit for the $35.00 toward the gold ring if you like the work.

Hand engraved by master European craftsmen.

SEND FOR OUR FREE COLOR CATALOGUE . . . This is the most beautiful jewelry, and certainly the most personal jewelry there is. The price of the ring is determined by the size of the ring, the kind of metal, and a scale of prices we have worked out. (See Catalogue.)

HIS 'N HER BRACELET

We can’t promise this snappy copper bracelet wards off hobo goblins or cures rheumatism. But we like its casual cachet! Chain links gleam for both him and her. We can’t promise this snappy copper bracelet wards off hobo goblins or cures rheumatism. But we like its casual cachet! Chain links gleam for both him and her.

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

CHRISTMAS PLATE

1975 NORMAN ROCKWELL CHRISTMAS PLATE
BY GorHAM

“Good Deeds” is second in a limited edition annual series taken from the works of the famous American artist. Reproduced in soft colors on fine white china. 24K gold rim. 8½” dia. $17.50 plus 75c post. & hdlg. Downs DEPT. 1605-A EVANSTON, ILL. 60204

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

CHRISTMAS PLATE

1975 NORMAN ROCKWELL CHRISTMAS PLATE
BY GorHAM

“Good Deeds” is second in a limited edition annual series taken from the works of the famous American artist. Reproduced in soft colors on fine white china. 24K gold rim. 8½” dia. $17.50 plus 75c post. & hdlg. Downs DEPT. 1605-A EVANSTON, ILL. 60204

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.

PORTUGUESE THIMBLES

Silver plated deeply embossed thimbles depict a sprightly poodle freshly brushed and combed or a playful kitten. A delightful gift for all home sewers who are animal lovers as well. $3.98 each; two, $7.50 ppd. Ferry House, HGA, Braircliff Manor, NY 10510.
COUNTRY-STYLE CURTAINS
IN NO-IRON MUSLIN, NATURAL OR WHITE

3" RUFFLES
(Style CC)

Tiers
24" X 30"—36"—7.00 pt.
with tiebacks
45" X 54"—63"—9.00 pr.
72" X 30", 45"—11.50 pr.
Extra tiebacks—1.00 pr.
Extra valance—1.00 ea.

The charm of country-style curtains no longer need the drudgery of ironing. Practical, long-wearing, crisp and beautiful. Machine wash and dry, 50% polyester-50% cotton muslin (preshrunk maximum shrinkage 3%) of unsurpassed quality that we back with "satisfaction unconditionally guaranteed." Specify style and color, natural or white. Add $1.50 post. & handling. Please enclose check or m.o. Sorry no C.O.D.'s. N.Y. Res. add sales tax.

COLONIAL MAID CURTAINS
Dept. 29, Loom Terrace, Mamaroneck Village, N.Y. 10543

Basic & Pretty
These soft and comfortable long sleeve T-shirts are just great as a basic. Simple and pretty. Lots of colors and priced so right, we're sure you'll find it easy to add a few to your wardrobe. Style 3601, made of 100% domestic cotton, preshrunk, long lasting and easy care. Available S, M, L. Wheat, pine, cherry and navy. $17.95 plus $2 post. A. C. Gifts, HG9, 2642 Central Park Ave., Yonkers, NY 10710.

New Era Mail Order Co.
P.O. Box 6-Ridgewood-New York 11227

Shirt by The World's Most Comfortable Shoe

CosmoPedic™
INTRODUCING THE QUILTED SMLLED LOAFER

NOW ONLY
$10

Crafted of butter-soft leatherback polyurethane. With cushioned nylon terry lining, crepe rubber sole.

Made in USA

Geranium Plant
These bright geraniums will bloom all year round in their terra cotta planter on a colorful 14"x14" needlepoint pillow or picture. Full color design on 10 mono canvas. 100% wool Persian yarn to complete sunny arrangement. Full color design on 12 mono canvas. 100% wool Persian yarn to complete sunny arrangement. 3" ruflles

Santa Fe Basket
$6.25 Ea.

CosmoPedic

The World's Most Comfortable Shoe

Shop for a treat.
SWEDISH CHARM
Imported picture to embroider in basic stitches on electric blue linen ground. Yarns: gold, orange, white and browns. Kit has full instructions, mounting board. 13¾" by 13¼". 40372. $19.75 plus $1 post. Catalogue $1. Skon, GE9, 55 Lambert La., New Rochelle, N.Y. 10804.

DROP CIRCLE
Perfect table for limited space. Butcher block top has rounded edges, stands on sturdy pedestal. In three sizes: 36" dia., $199.50; 42" dia., $249.50; 48" dia., $284.50. Exp. coll. Send $1 for 48-page catalogue. J&D Brauner, HG9, 1331 So. Michigan Ave., Chicago, IL 60611.

WELL SAID

SPEED SEWING

BICENTENNIAL BETSY ROSS DESIGNER TOWELS
Handprinted . . . Luxurious . . . 100% absorbent Cotton Terry! Colorful Red White & Blue enhances the beauty of your home . . . Perfect with all decor. Not Available in stores . . . Ideal for gifts! Limited time only!

<table>
<thead>
<tr>
<th>Size</th>
<th>Hand Towel (15&quot; x 27&quot;)</th>
<th>Bath Towel (27&quot; x 45&quot;)</th>
<th>Beach Towel (45&quot; x 75&quot;)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Price</td>
<td>$4.95</td>
<td>$7.95</td>
<td>$11.95</td>
</tr>
</tbody>
</table>

Set A—2 washcloths, 1 hand, 1 bath—Reg. $16.99 (Save $8.00)—$8.95
Set B—4 washcloths, 2 hand, 2 bath—Reg. $33.99 (Save $14.95)—$19.95
Set C—4 washcloths, 4 hand, 2 bath—Reg. $62.50 (Save $34.55)—$28.00

$1.00 Postage and handling charge, if necessary.
JAZBRO ENTERPRISES

LIFE SAVER . . .

AQM SMOKE DETECTOR!

$38.45

CHARGE IT!

- Install-It-Yourself in 10 easy minutes for 20 year protection. Plug in or mount permanently.
- 5 Year Warranty, UL listed, BOCA and regional code approvals.
- Loud, clear, reliable alarm.
- MOBILE HOME MUST (required in new units).

ORDER YOUR FAMILY’S SAFETY NOW.

Delivery within 6 weeks, Parcel Post or UPS.

morrow
SALES CO.

P.O. Box N-4, Winston-Salem, N.C. 27105

"original" BLEUMETTE "Demi-Bra"

Improved over the past 20 years to answer all your needs for the new 1975 styles. Soft, fluid & comfortable.

Assorted in white, black, orange, blue, red, green, and turquoise. Available in sizes 32-A through 42-B. Specify color. Specify bra size.

TWIN SETS $19.50
DOUBLE SETS $23.00
QUEEN SETS $25.00
KING SETS $29.00

Send me AQM Smoke Detectors @ $38.45 (postage included).

☑ CHECK ☐ M.O. ☐ C.O.D.
☑ MASTER CHARGE ☐

EXP. DATE
SIGNATURE
NAME
ADDRESS
CITY
STATE ZIP

Royal Creations, Ltd.
330 Fifth Avenue Dept. 99 New York, N.Y. 10001

SHOPPING AROUND

TWIN SETS $19.50
QUEEN SETS $25.00
KING SETS $29.00

Set B—4 washcloths, 2 hand, 2 bath—Reg. $33.99
Set C—4 washcloths, 4 hand, 2 bath—Reg. $62.50

Send check or money order to the above address or call (212) 582-4168.

15.50  £

Holiday Gifts
Dept. 359-D, Wheat Ridge, Colorado 80033

159
E-mark pewter. Use Pewter.
SWEET SILVER
Distinctive pendant design in sterling silver is a duplicate of the long famous Life Saver candy. Comes with a sterling silver chain 15" long. Certain conversation starter, and neat fashion accent. $24 ppd. Tal Creations, H69, Box 1028, FDR Station, New York, NY 10022.

MINIATURE TWIRLER
Replica of piano stool in miniature stands 5 1/2" high and is in a fruitwood finish. It can be used as a holder for potted plants or a small bouquet. A delightful seat for a charming doll, too. $4.50 ppd. Miles Kimball Co., 100 Bond St., Oshkosh, WI 54901.

HOME-GUARD UNIT
Double-duty Alert: siren wails if door is opened by intruder; sensor sounds alarm if heat in room reaches 135° F. Battery-powered. (Battery incl.) Or can be permanently installed (instructions included). $9.95 ppd. Regal Gifts, Dept. E9, 227 Fairfield St., New Haven, CT 06515.

TWISTY KEY RING
Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.69 plus 20c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

NEEDLEPOINT ORNAMENTS
Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3 1/2" to 5", $2.25 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

A WELCOME SIGN FOR THE BICENTENNIAL
Personalized Have your own name inscribed above a beautiful hand-screened eagle, in 8 colors, over antiqued ivory background. We add the year of your marriage or when you established your home. Solid pine. Display inside or outside. Size 9 1/2" x 18" $15.95 ppd. Allow three weeks for delivery. Mass. residents add 3% sales tax. FERRY HOUSE Dept. G-975 Briarcliff Manor, N.Y. 10510

PHOTO-GO-ROUND
Take treasured snapshots out of hiding. Display them in this revolving photo file! No gluing! No mounting! Simply slip photos up to 3 1/2" x 5 1/2" into the protective transparent windows suspended on the sturdy wooden base. Envelopes for 160 pictures are included. $14.95 plus 95c postage. Deluxe model (not shown) has round wooden base, 2" wooden turning knobs, Plexiglas frame, envelopes for 240 pictures. $19.95 plus 95c postage. Both models will hold up to 600 photos. Envelopes for each additional 32 photos are $1.25.

An International DeepSilver silverplated spoon in the pattern of your choice. And a Fostoria lead crystal jar with fitted silverplated top. A beautiful way to serve cinnamon sugar, preserves, grated cheese, chutney or what-have-you.

When available in stores, the set will cost $13. But we're offering it, exclusively by mail, for just $6. Because we think once you've lived with a little DeepSilver you won't want to live without more of it.

And you can get more, in place settings or complete services, at your favorite fine store. Limited quantity, so order now.
SPECIAL CROCUS GARDEN

Your first sign of spring comes when these tiny, jewel-like crocus chrysanthus bloom. Once established, they appear season after season and long before anything else. This special garden brings you 12 each of six varieties. There is the dainty white, Snow-bunting; a violet-blue with vertical stripes, E. P. Bowles; a delicate combination of purple-violet and gray in Barr’s Purple and Canary Bird in tones of orange, yellow and bronze. Bluebird has a dolphin-blue exterior with a lighter contrasting interior and the charming Advance is light purple, white and amber yellow. 72 bulbs (5 cm) — all for only $5.65. Order today for fall planting. Use order form at lower right. #946

SPECIAL DAFFODIL GARDEN

The variety in color and shape of these six daffodils will highlight your garden next spring and for many springs thereafter. You get five bulbs each of Yellow Cheerfulness, a bunch flowered with a bright orange-red center; Insurpassable, a familiar favorite with a big yellow trumpet; Ice Follies, a large white with a creamy crown and Music Hall, a white with yellow trumpet bicolor. This special garden has a special price of 30 bulbs (DNIII) for only $9.65. Order today on form at lower right. #950

SPECIAL HYACINTH GARDEN

Fragrant Dutch Hyacinths have the largest blooms of all spring blooming bulbs. This collection of six favorites will give you dependable blooms season after season. You get five bulbs (14/15 cm) each of the brilliant red Jan Bos, the delicate pastel Pink Pearl, the clear sunshine yellow City of Haarlem, the rich royal blue Ostara and the powder light blue Myosotis and the dazzling white Carnegie. 30 bulbs in all add new depth to your spring garden for only $12.45. Check the order form at right and mail today. #951

SHOPPING AROUND FOR FALL BULBS AND INDOOR GARDENS

TRAILING IVY GERANIUM

Complete with Hanging Basket. Truly a showpiece that transforms porch, patio or window into a greenhouse of floral beauty with the abundance of startling bright pink flowers on long trailing vines glistening with foliage. Move indoors and they continue blooming...even in winter! These healthy extra-double young geraniums are already growing in 2" pots. Complete with 8" hanging basket. Don't miss this big value. Each only $2.50, two for $4.75, from Michigan Bulb Company. #507

MODERN TERRARIUM

Keep your green thumb active all year round. Easy to plant terrarium has two half crystal bowls which form a 20" round diameter and stands 36" high. White plastic stand is easy to assemble. You can bring your garden indoors because the large size of this terrarium enables you to use regular size potted plants. Order yours now for only $29.95, from Michigan Bulb Company. #704
LADDER PLANT STAND
This attractive 39" tall crystal clear plastic ladder can hold up to 30 plants, depending on size of pots. A space saving way to display your favorite plants. Easy to assemble. The top shelf is 5¼" wide by 16" long. Step shelves are 4½" wide. Fits any decor. Order now at only $19.95, from Michigan Bulb Co. #706

SPECIAL TULIP GARDEN
Add flair to your garden next spring with these six Darwin Tulips. Imported from Holland these 10-11 cm. bulbs are guaranteed to bloom next spring and for many seasons thereafter. You get five each of Queen of the Night, a deep midnight blue; Golden Melody, a brilliant yellow; Pink Supreme, a pink-white pastel blend; Red Supreme, a deep luscious crimson; Duke of Wellington, an alabaster white; and Blue Ice, its name fits its description. You get 30 bulbs in all for only $5.25, from Michigan Bulb Company. #967

ETCH-O-CRYSTAL PLANT STAND
This plant display has a real decorator touch which can be used two ways, as a wall hanging or a floor stand for displaying four plants in style. 22" in diameter and 12" deep. These shelves will hold a 6 inch pot easily. Order now to display your favorite indoor plants for all your friends to enjoy. Only $13.95, from Michigan Bulb Company. #705

DUTCH IRIS MIXTURE
Plant this fall for gorgeous orchid-like blooms in a beautiful mix of blues, whites, yellows. Great for flower arrangements. Garden size bulbs (6 cm.) are 2½" in circumference. Save big money by mailing order today. 20 bulbs for only $1.98. #131

GIANT ALLIUM
Planted this fall these imported Holland 10 cm. bulbs grow into huge 8-12 inch silvery-purple flower heads next spring. These 2 foot beauties are a garden rarity. 3 bulbs for only $1.98. Order yours today. #132

CROWN IMPERIAL
Known as the "Lily of Lilies" the Crown Imperial (Fritillaria Imperialis Rubra) is one of the most decorative of all bulbs. Sure to draw admiring and wondering comments when seen in your garden next spring. Imported from Holland this 18-20 cm bulb can be yours for only $2.75 each. Order yours today. #935

MADONNA LILY
No other lily gives you so much garden pleasure as the famous Madonna Lily. Planted this fall you will enjoy a generous mass of pure white flowers next spring. A big 8-10 inch circumference bulb from the Chateau de Narce strain can be yours for only $1.45 each. Check order form and mail today. #968

ORDER FORM
MICHIGAN BULB CO. Dept. ME-1478
Grand Rapids, Mi 49550
Please send me the items checked below. I understand that if I am not satisfied on arrival I may return within 10 days for purchase price refund. Any fall planted item not blooming, replacement is free (5 yr. limit).

<table>
<thead>
<tr>
<th>No of Orders</th>
<th>Cat No.</th>
<th>Item</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>946</td>
<td>960</td>
<td>Special Crocus Garden</td>
<td></td>
</tr>
<tr>
<td>950</td>
<td>961</td>
<td>Special Daffodil Garden</td>
<td></td>
</tr>
<tr>
<td>967</td>
<td>965</td>
<td>Special Hyacinth Garden</td>
<td></td>
</tr>
<tr>
<td>106</td>
<td>107</td>
<td>Trailing Ivy Geranium</td>
<td></td>
</tr>
<tr>
<td>108</td>
<td>109</td>
<td>Ladder Plant Stand</td>
<td></td>
</tr>
<tr>
<td>131</td>
<td>132</td>
<td>Dutch Iris Mixture</td>
<td></td>
</tr>
<tr>
<td>133</td>
<td>134</td>
<td>Crown Imperial</td>
<td></td>
</tr>
<tr>
<td>135</td>
<td>136</td>
<td>Madonna Lily</td>
<td></td>
</tr>
<tr>
<td>137</td>
<td>138</td>
<td>Dutch Iris Mixture</td>
<td></td>
</tr>
<tr>
<td>139</td>
<td>140</td>
<td>Crown Imperial</td>
<td></td>
</tr>
<tr>
<td>TOTAL</td>
<td>Add 90¢ for postage and handling</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

NAME
ADDRESS
CITY
STATE
ZIP

GRAND TOTAL
Add 90¢ for postage and handling
MUSCLE TONER
A wonderful exercising aid made of firm resilient rubber with space for each finger, designed to strengthen hand and arm muscles. Also recommended by doctors for relief from arthritic pain, aches and stiffness.

HAND EXERCISER $2.98 Each + 20c Mailing Each
California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises 585 Market St., San Francisco, Calif. 94105

BICENTENNIAL THIMBLES
Top to bottom: American Eagle in hand cast pewter, #3160. $5.95 ppp
Betsy Ross. Enamel overlay on Sterling Silver, #3403. $15.95 ppp
Liberty Bell. Magnificent replica in Sterling Silver, #3407. $14.50 ppp
Molly Pitcher. Minted in hall-marked Sterling Silver, #3406. $27.50 ppp

THIMBLE CATALOG 25c
Dept. HG95, Whitestone, N. Y. 11357

FIESTA 14" LONG SPOON $1.25 Each + 10c Mailing Each
Hand cast pewter, 14" long. Made in Portugal.

Hand cast pewter, 14" long. Made in Portugal.

Adelphi & Wordsworth

SELF TENSION HANGER

SELF TENSION HANGER

The Sewing Corner

SHOPPING AROUND

LAS VEGAS

TWO INCH IRISH CLUNY

STILL OF THE NIGHT
Blissful quiet maintains when the anti-snore mask goes on. The mask with adjustable plastic bands breaks the snoring habit. It re-educates jaw muscles. Washable nylon, $4.98 plus $2 post. Anthony Enterprises, HG95, 585 Market St., San Francisco, CA 94105.

LIQUID SILVER
Derived from the great tradition of the Indians, necklaces of sterling silver. 24" L. Some have turquoise stones. Five strand, $39; with turquoise, $59; three strand, $24, with gems, $38; ten strand, $69; with gems, $98. Post. Colby's HG95, 49 Mt. Rainier Dr., San Rafael, CA 94903.

SUTTON DESK LAMP
Replica of 1810 candlestick in sanded hardwood. Shade: white or beige shantung, natural or oyster burlap. 20" tall, 3-way switch. 8" cord. $14 plus $2 post. ($2.75 to W. of Rocky Mts.). Color catalogue free. Boxwood Crafters, Dept. PHG-59, Box 7012, Lexington, KY 40502.

BRIGHTEN YOUR CHRISTMAS SEASON
with these colorful stuff figures. Use them for tree ornaments, mobiles, gifts, party favors, bazaars. Kits include printed felt, decorating materials, and step by step instructions. Figures are 4" to 8" high.

California Residents add 6% Sales Tax

Send order with check or money order to

TWO INCH IRISH CLUNY

STILL OF THE NIGHT
Blissful quiet maintains when the anti-snore mask goes on. The mask with adjustable plastic bands breaks the snoring habit. It re-educates jaw muscles. Washable nylon, $4.98 plus $2 post. Anthony Enterprises, HG95, 585 Market St., San Francisco, CA 94105.

LIQUID SILVER
Derived from the great tradition of the Indians, necklaces of sterling silver. 24" L. Some have turquoise stones. Five strand, $39; with turquoise, $59; three strand, $24, with gems, $38; ten strand, $69; with gems, $98. Post. Colby's HG95, 49 Mt. Rainier Dr., San Rafael, CA 94903.
CLOCK WATCHING
Fun when rhinestones glitter, tail wags, emerald eyes rove. Kit kat has self-starting synchronous motor, quiet nylon gears, black plastic case, 51½" cord, hanging hook. 4" by 15⅞", $18.98 plus $1.50 post. Lillian Vernon, G9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

REAL CUT-UP
If you love snipping recipes, coupons, ads and Shopping Around, clipper paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20¢ post. from Anthony Enterprises, HG9, S85 Market St., San Francisco, CA 94105.

HEIRLOOM QUILTS
A precious collection of delicately hand-stitched quilts patched, embroidered or appliqued by Mennonite craftswomen dedicated to quality. Send 50c for packet of full color quilt illustrations, $5.98 plus 50¢ post. Llewellyn Variety House, HG9, 1521 Gumbar St., Marion Oaks, Ocala, FL 32670.

EUROPEAN DOWN COMFORTERS. Here is that Cloudlite Sensation Waiting for You. A precious collection of delicate, hand-stitched, imported European goose down comforters. Absolutely luxurious, European goose down imported is the best available. "Happiness is owning a horse"—and convenience is owning our special grooming apron. It grows from a small rosette. It's easy. All you do is put it in a pot—water it once a week and watch it grow ... up to two feet tall. The bigger the pot, the bigger it gets. Comes with easy instructions. It makes a beautiful gift. Send Beauty to a friend.

CLOSET LIGHT
A practical solution for adding that extra lighting for out-of- the-way places in your home without having to pay for costly wiring. Ideal for closets, on or under stairways or storage areas. Attaches easily to wall or ceiling. Operates on standard batteries (not included).

CHAIR CANING KITS
Now anyone can restore his favorite antique and heirloom chairs easily and inexpensively with our Newell Caning Kit: tools, natural cane, and easy-to-follow instructions, all postage for each. $4.00: extra cane $2.00 per yard. (Illinois residents add 5% sales tax.) Available only from THE NEWELL WORKSHOP

WORLDWIDE BEDDING SHOP
For comfortable reading, eating or writing in any chair or bed, this unique scientifically designed stand fits, raises and stays at any angle automatically. Fit in the arms of a chair or for a handy on-the-lap table. Can be raised to full height of 17" for use as a portable table. Roomy 9" x 20" walnut finish top. satin gold finished legs. $2.50 each; $2 for $3.50 each; $4.98 plus $1.50 postage for postage and handling. (Illinois residents add 5% sales tax. Send order to: THE SKORE CO., Dept. HG9, Box 444, 4705 Bobolink, Skokie, Ill. 60076

Grow Your Own
Egyptian Beauty Plant
Guaranteed to grow! The life-juices of the Beauty Plant have been used as a skin moisturizer and beautifier since the first Pharaoh of Egypt. It was said to be the Secret of Cleopatra’s Beauty. It is the secret ingredient of many lotions today! You can actually use the Beauty Plant to soothe burns and sun burn. Just break off a leaf and rub the clear life juices on your burn. It feels so good! Keep your Beauty Plant in the kitchen for natural first-aid.

Send Beauty to a friend. Guaranteed to Grow! $2.00 3 for $5.00 Please add twenty-five cents for postage and handling.

Send for FREE Gift Catalog
Artisan Galleries
2100 B-9 W., Hinsdale, III. 60521

SHIPPING AROUND
**WATER THIRSTY PLANTS WHILE ON A TRIP**

Planning a trip but worried about your thirsty plants? Amazing wicks feed just right amount of water up to 8 weeks. Can be used all year around with all plants. Will not rot or mildew.

**SET OF 4 PLANT NURSEMAIDS...** $2.98 + 20c Mailing Each Set.

**SET OF 2 EXTRA LONG PLANT NURSEMAIDS**

FOR LARGE PLANTS... $2.98 + 20c Mailing Each Set.

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed Or Your Money Back

**Anthony Enterprises**

Dept. HG-95

585 Market St., San Francisco, Calif. 94105

---

**LIBRARY AIDE**

Handsome chair-ladder of solid maple inspired by an English period piece. Comfortable for reading, sturdy for reaching books or other shelves. Easily converts into a ladder. 36” h. x 16½” w. x 23” d. Cherry finish $63.95; Ppd. Yield House, 6592, No. Conway, NH 03860.

**EXQUISITE IMARI**

Miniature porcelain vases rich in color and delicately adorned with graceful floral designs, are true collector’s prizes. Imported from Japan to brighten any home. About 2½” high. Set of 3, $3.98; 6, $6.50. Add 50c postage. Lily's Garden, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

**FAMILY CREST RING**


**BUTTERFLY PALMS**

Lush tropical trees thrive in sun or shade. Ideal for patio or garden, winter indoors. Two ft. tall, can grow to six ft. Green. (3 in a pot. ) Three $3.95 plus 50c post. Six $6; nine $8. Add $1 post. Write to Palm Nursery Sales, HGE, Box 383, Westport, CT 06880.

**PLATING RENEWAL**

Deposit new silver on copper, brass or bronze where original plating has worn away. Silver Plus polishes sterling but does not deposit new silver on sterling pieces. 4 oz. bottle. $4.98 plus 45c post. Anthony Enterprises, HGE, 585 Market St., San Francisco, CA 94105.

---

**ARE YOUR FEET KILLING YOU?**

Do you have a closet full of shoes you can’t wear?

Make those uncomfortable shoes comfortable! Our amazing new material cushions and lifts you off sensitive sore spots, while it molds itself to the exact shape of your feet! May be transferred from one pair to another. Money-back guarantee.

**CHARNEY’S PENTHOUSE**

225 E. 63 St., N.Y.C., 10021

Just $9.95 ppd.

**INDIAN LORE**

A collection of marvelous South Western Indian designs in black and deep brown decoration on white ceramic plates & mugs with a look of stoneware. Four different interesting designs in a set. Plates are 8½" diam., matching mugs are 2½" high. Set of 4 plates, #4146, $9.95

Set of 4 mugs, #4147, $9.95

Plates are 8½" diam., matching mugs are 2½" high. Set of 3, $3.98; two $2.98.

**DRI-GUARD FOR “NO CONTROL”**

Go Anywhere, Sit Any Place

Now patented “Dri-Guard” has abundant absorbent material where most needed! Launderable or disposable liners enclosed in vinyl holder prevent escape of any moisture. Use 2 liners at once for full night’s sleep without change. Guaranteed effective for both men & women or money-back.

ORDER BY WAIST SIZE!

Complete with launderable liner, $6.95 ppd.

Extra Liner, $2.95 ppd.

50 Disposable Liners, $6.95 ppd.

**DRI-GUARD, Dept. 378**

1524 E. Eisinger, Santa Ana, Calif. 92705

(Sold by Mail since 1965)

**LIBRARY AIDE**

Handsome chair-ladder of solid maple inspired by an English period piece. Comfortable for reading, sturdy for reaching books or other shelves. Easily converts into a ladder. 36” h. x 16½” w. x 23” d. Cherry finish $63.95; Ppd. Yield House, 6592, No. Conway, NH 03860.

**EXQUISITE IMARI**

Miniature porcelain vases rich in color and delicately adorned with graceful floral designs, are true collector’s prizes. Imported from Japan to brighten any home. About 2½” high. Set of 3, $3.98; 6, $6.50. Add 50c postage. Lily’s Garden, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

**FAMILY CREST RING**


**BUTTERFLY PALMS**

Lush tropical trees thrive in sun or shade. Ideal for patio or garden, winter indoors. Two ft. tall, can grow to six ft. Green. (3 in a pot. ) Three $3.95 plus 50c post. Six $6; nine $8. Add $1 post. Write to Palm Nursery Sales, HGE, Box 383, Westport, CT 06880.

**PLATING RENEWAL**

Deposit new silver on copper, brass or bronze where original plating has worn away. Silver Plus polishes sterling but does not deposit new silver on sterling pieces. 4 oz. bottle. $4.98 plus 45c post. Anthony Enterprises, HGE, 585 Market St., San Francisco, CA 94105.

---

**ARE YOUR FEET KILLING YOU?**

Do you have a closet full of shoes you can’t wear?

Make those uncomfortable shoes comfortable! Our amazing new material cushions and lifts you off sensitive sore spots, while it molds itself to the exact shape of your feet! May be transferred from one pair to another. Money-back guarantee.

**CHARNEY’S PENTHOUSE**

225 E. 63 St., N.Y.C., 10021

Just $9.95 ppd.

**INDIAN LORE**

A collection of marvelous South Western Indian designs in black and deep brown decoration on white ceramic plates & mugs with a look of stoneware. Four different interesting designs in a set. Plates are 8½" diam., matching mugs are 2½" high. Set of 4 plates, #4146, $9.95

Set of 4 mugs, #4147, $9.95

Plates are 8½" diam., matching mugs are 2½" high. Set of 3, $3.98; two $2.98.

**DRI-GUARD FOR “NO CONTROL”**

Go Anywhere, Sit Any Place

Now patented “Dri-Guard” has abundant absorbent material where most needed! Launderable or disposable liners enclosed in vinyl holder prevent escape of any moisture. Use 2 liners at once for full night’s sleep without change. Guaranteed effective for both men & women or money-back.

ORDER BY WAIST SIZE!

Complete with launderable liner, $6.95 ppd.

Extra Liner, $2.95 ppd.

50 Disposable Liners, $6.95 ppd.

**DRI-GUARD, Dept. 378**

1524 E. Eisinger, Santa Ana, Calif. 92705

(Sold by Mail since 1965)
SHOPIING AROUND

DRUMMER BOY

Edd, The Florist, Inc., HG9, 823 North Court, Ottumwa, IA 52501.

ARM COMFORT
People who suffer from arthritis or rheumatism find comfort in this pillow. Slightly arched to support shoulder and flex joints while supporting elbows, wrists, fingers. Adjustable. $3.39; two, $6.69; washable zipper covers, $2.29 each. Ppd. Better Sleep, HG9, New Providence, NJ 07974.

ATTENTION!
"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5". $2.98 plus 25c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

CUSTOM NEEDLEPOINT
Send any clear photo or slide. Colors are marked on 10-mesh canvas for your yarn. House, landscape, boat, car or loved one's portrait (returned). 12" by 16". $15 plus 50c post. Ask about other sizes and double-mesh. World Arts, HG9, Box 577, Wilmington, CA 90748.

SEWING SET
Dainty white china teapot with gold trim and colorful floral holds a lace-edged red cover. It's a pin-cushion, and spout holds a matching china thimble. Pretty to sew by. The cushion is about 2" tall. $1.79 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

MOPPETS'
Personalized Ornamental

$2.98 each
3 for $7.95 6 for $14.98

LILLIAN VERNON
Add 35c post & hg.
Dept. G97, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

POWER PLUG TV ANTENNA
FOR PLANT CUTTINGS
START YOUR OWN & WATCH THEM ROOT
Decorative Diora container with hanger included. A great gift item that can hang anywhere in your home. This is a plant lover's best friend. Share your plants with your neighbors by using our unique SPROUT. $4.50 POSTPAID. Send check or money order to LITTLE THINGS P.O. BOX 5957 Akron, Ohio 44313

ELIMINATES RABBIT EARS
Secret Power Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Uses no current. For AM/FM, UHF/VHF, Black & White or Color sets.

POWER PLUG TV ANTENNA $7.98 + 45c Mailing Each
California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG95
585 Market St., San Francisco, Calif. 94105

SUPER SCOOPER
Amazing dipper scoops ice cream like magic; Self-defrosting liquid hermetically sealed in handle, lets you cut through coldest ice cream with ease. Gives you uniform attractive scoops. Lifetime action, never loses its power. Sanitary, rust-proof. Now available in two models.
Deluxe American made $5.95
Import model $1.95
plus .35 postage each

HOLIDAY GIFTS
Dept. 309-E
Wheat Ridge, Colorado 80033

JONAS FIELDS
(Dept. G-55) P.O. Box 10320, Atlanta, Ga. 30305

Save on fine furniture! One of America's largest collections
BIRDS AND BOUQUETS

The native Hawaiians believe the Ti Plant has a mystical voodoo power. The leaves are used for medicine, candy, food, alcoholic drinks, and the sexy Hula Skirt. The Ti Plant grows out of a log — so fast that you can almost see it grow! All you do is put the Ti log in water and watch it grow! When it sprouts, put it in a pot. The bigger the pot, the bigger it will grow from one to six feet tall. You can have the size you want. Grow it in sun or shade — it blossoms! The Hawaiian Ti Plant makes a good gift. Send good luck to your friends and loved ones.

Choice of red or green leaves; guaranteed to grow or free replacement!

ONE FOR $1.00 3 FOR $2.50
Please add twenty-five cents for postage and handling.

THE FERRY HOUSE
Dept. HG 975
Briarcliff Manor, NY 10510

CLASSIC FLORENTINE LAMP

Multi Colored Leadet Glass Effect With Imported Italian Marble Base

Large size (29") H. x 29" L. With three removable glass stretchers; 4 1/2" foot holes. For frame, pillow or uphol-

ement; or as a lamp on its own. $5.95 add 95c postage.

ZIP IT, STITCH IT, HANG IT!

Needlepoint your favorite child's name in Santa's balloons. FRONT UNZIPS COMPLETELY FROM THE RED CANVAS BACKING TO WORK DESIGN. Zip back together & it's ready to stuff. 15 in. tall. Design in full color on #12 white mono mesh. $19.95 ppd. No COD. Send check or MO to TONI TOTES OF VERMONT, INC. HG9, So. Londonderry, VT 05155. Send $25 for color brochure of the complete TOTEPITY collection.

THE PEBBER LOOK

Special low price on genuine English pewter. 10" x 15" multi colored lamp. $38.95. Service for 8, $29.50. Service for 12, $57.50. No COD. Please add 95c postage for returns.

Wales, Dept. HG95
Hartsdale, N.Y. 10503

See us in person at 974 Hallmark Cards, Inc., HG9, Box 1845, Grand Central Station, N.Y., N.Y. 10017.

THE WORLD OF STITCH 'N KNIT

KIRTY KAT in Needlepoint

Adorable Needlepoint of an appealing precious kitty. Worked in brown, black, white, and gold against a cream background. Kit includes full-color 10" sq. design on 12" 1/2 single mesh canvas. $7.50 add 50c postage (Make checks, res. add 15c post). Order direct. Send checks, MO, or personal check. Loves the world of Needlepoint, mailing with love! $8.50 add 50c postage.

THE FERRY HOUSE
Dept. HG 975
Briarcliff Manor, NY 10510

ROBERT'S

P.O. BOX 630, SHELBYVILLE, INDIANA 46176

SHOPPING AROUND

INDOORS OR OUT
Weatherproof clock runs a full year on one flashlight battery. Sheds rain and snow. Big 15" dia. White face, red hands and black numbers visible far away. Comes with a year's guarantee. $29.95 post. $32.50 post. Wretched Ed, HG9, West Yellowstone, MT 59758.

NEAT AS A PIN

The home workshop or tool corner benefit from pegboard jars that end the clutter of stray nuts, bolts, nails, but keep them handy and in sight on pegboards. 1/2" by 3" plastic jars, screw caps. Set of six, $3.95 ppd. Walter Drake, HG25, Drake Bldg. Colorado Springs, CO 80940.

JARDIN LOUIS

A lovely woven tapestry from Europe in rich pastel shades of green, gold, blue, crimson. Fine cotton that doesn't fade. 20" by 20". For frame, pillow or upholstery. $8.50 plus $1 post. Catalogue, $1. Lovelia Enterprises, Inc., HG9, Box 1845, Grand Central Sta., N.Y., N.Y. 10017.

NON-SKID PROTECTION

Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads plus 15c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94110.

RYER'S LOVERS

Browns, flesh tones, golds in 18" by 24" lithograph. Canvas $5.95. Add $2.50 post. Wretched Mess, HG9, West Yellowstone, MT 59758.

LEGAL LOOP-HOLES-INFLATION FIGHTER HANDBOOK

How to stop Creditors with an easy move!!! How to pay off the nagging bills, at your convenience!!! Your legal rights, when they call!!! Form letters to send the nagging collection agency that persists!!! How you can convert ordinary income into a tax break called capital gains!!! Many, many more money saving tips you will want to know!!! Not only $4.95 ppd., which includes money back guarantee.

EL KAMAS ENTERPRISES

7th Floor, El Camino Bank Bldg.
Anaheim, California 92805

HOUSE & GARDEN
HONEYCOMB SPREAD
Cream, green, yellow, rose, walnut, red, indigo, deft or lt. blue, avocado on white. Single or double with fringe, $82.50. Fishnet canopy in white or cream in four designs. Tester, 87½" by 56½", $92.50. Pd. Literature, 25c. Virginia Goodwin, Hg9, Dilworth Sta., Charlotte, NC 28203.

NATURAL
A cane kit that includes sheets of cane and complete instructions for repairing grooved chair seats, room dividers, etc. that you have. Square cane sheets in three sizes: 12", $6.75; 18", $10.25; 24", $14.75. Pd. Catalogue, 25c. T.I.E. Hg9, Box 1121, San Mateo, CA 94403.

BARBER'S BOON
Hair-cutting sessions at home are easier when a big plastic hair catch tray captures the clippings. Snaps around neck to prevent itchy strays, untidy floors. Just empties into wastebasket. Great for permanents, too, $1.69 plus 35c post. Holiday Gifts, Inc., 309-J, Wheat Ridge, CO 80033.

WALL WIZARD
Like magic, wall-mounted rack holds all sizes of magazines neat and handy. Lucite rack, 11½" x 10¼" x 3", is clear for easy selection; solves space problem; comes with mounting screws. $11.98 plus $1 post. Lillian Vernon, G9E, 510 So. Fulton St., Charlotte, NC 28203.

NON-SHOOTING REPLICA KENTUCKY RIFLE
Rifle only $19.00. 6" Powder Horn $8.00 or save $2.00 ... BOTH FOR $25.00
Full line color catalog $2.00 or introductory brochure 50c
Gift Certificates Available. $2.00 minimum. Sorry no Canadian orders.

WICKER WONDERLAND
RATTAN SWAG LAMP $18.95 plus $2.00 postage
RATTAN HEADBOARDS $42.95 plus $2.00 postage
WALL WIZARD $9.25 plus $2.00 postage
WILLWOOD CHESTS Decorative storage for clothes, toys, etc. Sam- son strong with easy-to- remove rolls. Finished in its own natural rich color

CHRISTMAS CHILD
"CHRISTMAS CHILD" by Sister Berta HUMMEL $25.00 p.p.
Frein's
DEPT. HG9, SUCCASUNNA, N.J. 07876

THE CHAIR FACTORY
an Honest Chair of Solid Oak Built to Last a Lifetime...
No. 57 Spindleback Height 39½" Seat 15"x17" Back and posts are steam-bent for comfort.
Hand-woven Seat. Weight 14 lbs.
Antique Oak Finish $35.00 ready to Finish $32.00
Freight Collect, Send check or Money Order to:
THE CHAIR FACTORY
P.O. Box 1183, Decatur, Ga. 30031

WINTER WANKS
Holds books, knits, knick-knacks, flowers, etc. Handwoven of natural rattan. 18" x 12" x 16" high. $12.95 plus $2.00 postage. Painted in white, yellow, green, pink, orange, blue or black add $5.00.

ANIMAL FEEDER
Now finicky pets can have fresh foods for hours longer, automatical- ly. The air tight cover is activated when your pet steps on the carpeted feeding platform and closes off for feeding. No food odors or insects. Waste and spoilage are automatically eliminated saving time and food bills. Precise, made to last up to 6 months. Durable, easy to clean, powder coated battery. Durable, weatherproof, double walled. $18.95 plus $3.00 postage.
2-Pc. Pantset . . . low as $13.88!


Half Sizes: 16'2, 18'2, 20'2, 22'2, 24'2. State Catalog Number 27 MG 6271. You Pay Only $16.88 plus $1.50 postage.

AM/FM Portable Radio . . . $12.88!

Listen to your favorite AM and FM stations. Completely portable—runs on 4 "C" batteries or AC. Telescopic antenna, hand strap, earphone included. Vinyl and plastic cabinet: 6'1/2 x 3'1/2 x 10'1/2-in. high. State Catalog Number 40 MG 4644. You Pay Only $12.88 plus $1.50 postage.

Oneida 75-Pc. Stainless Steel Flatware Set . . . only $19.95!

Complete service-for-12 set includes 12 each: dinner forks, salad forks, dinner knives (hollow handles for better balance), and soup spoons. Plus 24 teaspoons and 3 serving spoons. Won't corrode, rust or stain under normal use. Choose the traditional or the modern pattern.

(A) Traditional Pattern: State Number 38 MG 348. You Pay Only $19.95 plus $2 postage.
(B) Modern Pattern: State Number 38 MG 349. You Pay Only $19.95 plus $2 postage.

8-Pc. Set of Colorlite Cookware by Club Aluminum . . . only $28.88!

Buying Club Aluminum cookware in this complete 8-pc. set is more than convenient—it's money-saving, too! You could pay twice our low price if you bought these pieces individually.
Each set includes: 1-qt. covered saucepan; 1 1/2-qt. covered saucepan; 4 1/2-qt. covered Dutch oven; 6'1/2-in. open skillet; and 10-in. open skillet. Made of heavy cast aluminum with Sun-ray polished interior, porcelain exterior. Heats quickly, evenly. Black bakelite handles and knobs resist heat. Be sure to state color choice on order: Chocolate, Avocado or Gold.
State Number 38 MG 157E. You Pay Only $28.88 plus $3 postage.

Plush Tufted Spread . . . low as $9.88!

Sells for $16.99 to $24.99 in our Big Fall Catalog but now you can get this colonial style bedspread at an old fashioned low price! Dimensional American Eagle design is formed by soft White polyester tufting over richly colored cotton sheeting. Borders are trimmed with cotton fringe. Machine wash, no ironing needed. State color choice on order: Red/White, Blue/White or Gold/White.

Twin: 78x105-in. State M78 MG 3850. You Pay Only $9.88 plus $1.50 postage.
Queen: 100x118-in. State M78 MG 3852. You Pay Only $14.88 plus $1.50 postage.

If these were everyday prices, we'd soon be out of business. But because Aldens wants new customers now, we're offering these 14 values at prices that are near cost. We hope you'll find them so irresistible that you'll send us your order today. If you do, we'll send you our new 768-page soup-to-nuts Fall and Winter Catalog. You'll also get at-home shopping convenience, speedy service, name brands at really low prices . . . and total satisfaction. For yourself or Christmas giving, send us your order today!
8-Digit Calculator ... only $9.99!
Adds, subtracts, multiplies, divides; does chain and mixed calculations; has percent key, too! Automatic constant, floating decimal, true credit balance. 9 volt battery included. Approximate size: 2½ x 4½-in. high. Order with or without AC adapter.
Calculator Only: State 35 MG 9845.
You Pay Only $9.99 plus $1 postage.
With Adapter: State 35 MG 9767.
You Pay $13.99 plus $1.50 postage.

Digital Clock Radio ... $18.68!
With this Dyn solid state AM/FM clock radio you can wake up to music instead of a jarring alarm. Has easy-to-read lighted digital leaf clock, slide volume control. Top mounted 2½-in. speaker. Measures: 10¾ x 4¾ x 3⅞-in. high. Color: White base with Black face.
State Catalog Number 41 MG 4502.
You Pay $18.88 plus $1.50 postage.

2-Pc. Nylon Quilted Robe and Shawl Set ... low as $10.88!
Sells for $12.68 and $14.88 in our Big Fall Catalog. Quilted robe is 100% nylon tricot backed with acetate and filled with polyester. Button front closing, one side seam pocket, lacy collar. Nylon gown has elasticized empire waist with bow trim. Front has overlay but back is beautifully bare! Both are machine washable. State color: Purple, Bright Green or Powder Blue.
Butt Sizes: S (32), M (34-36), L (38-40).
State 75 MG 8070.
You Pay Only $10.88 plus $1 postage.
Larger Bust Sizes: X (42-44), XX (46-48).
State 75 MG 8071.
You Pay Only $12.88 plus $1 postage.

40-Pc. Glassware Set ... only $12.88!
Personalize your next party with a beautiful set of sparkling crystal glassware. Each piece has your initial satin-etched onto glass in elegant Old English style. You get a complete service for 8 including 8 of each size: 4-oz. juice/cocktail glasses; 6-oz. juice/old fashioned glasses; 8-oz. sherbet/champagne glasses; 10-oz. beverage/highball glasses; 13-oz. iced tea/pilsner glasses. Carefully packed to prevent breakage and shipped from Moline, Illinois. Allow 14 days plus transit time for delivery. Specify only one initial per set. Great gift idea!
State Catalog Number 38 MG 414F.
You Pay Only $12.88 plus $3 postage.

Leather Patch Bag ... only $8.88!
Sold for $12.99 in our Big Spring Catalog—now it costs much less! This hand-finished genuine leather bag looks great—double-handle shoulder styling feels great. Handcrafted in tan patch design. Tricot bonded acetate lining. Top zipper. About 11x16-in.
State Catalog Number 52 MG 218.
You Pay Only $8.88 plus $1 postage.

L.E.D. Quartz Watch ... only $66!
This handsome five function solid state timepiece gives you the exact hour, minute, second, month and date with just a touch of the button. Energy cells included; Gold color metal top, stainless steel back, adjustable bracelet. Terrific gift for Dad!
State Catalog Number 29 MG 2622W.
You Pay Only $66 plus $1 postage.

Order Form
Fill out this order form and mail it to:
Aldens, Box 6167 Chicago, Ill. 60680

- NAME -
- PHONE NUMBER -
- ADDRESS -
- CITY -
- STATE -
- ZIP CODE -

- CATALOG NUMBER -
- COLOR OR INITIAL -
- SIZE -
- HOW MANY -
- TOTAL PRICE -

- Send check or money order to cover item price plus postage charges. Do not send currency.

- TOTAL FOR ITEMS -
- ADD POSTAGE CHARGES -
- AMOUNT ENCLOSED -

66 Years of Serving Over 4 Million American Families
SHOPPING AROUND

THE CAVALIER Pant boot in genuine glove leather has no-seam vamp, adjustable strap, ribbed sole, 1" heel, brown, navy, white, black, bone, red, tan; black or brown suede. 6-10½ in AAA, AA; 5-10½ in A, B, C. $19 plus $1 post. Old Pueblo Traders, HGF, 600 S. Country Club, Tucson, AZ 85716.

GROOM THE BATH No need to have ugly cracks and openings around tub, sink or bas- sin. Seal them up with self-sticking tape. Merely press tape on clean, dry surface. 11 foot roll, $2.98 plus 45¢ postage. Order from Anthony Engravers, HGF, 585 Market St., San Francisco, CA 94105.

DELICIOUS ACCENT Perky pewter apple pendant is rosily enamelled in red. It has a pert little stem and leaves of pewter; 2.5" silverplate chain. A bright note for all favoring cutlery. Boxed. $12.95 post. Legacy Sterling Club, HGF, 92 Rockdale Ave., New Bedford, MA 02740.

SQUIRREL’S DEFEAT New repellent doesn’t do harm to pesky rodents; it just has a distinctive odor that keeps them away—it does not hurt birds at the feeder or bulbs in the ground. 15 oz. package, $3.49; three, $9.95. Add 50¢ post, each box. $1 for 3. World Garden Products, HGF, Saugatuck, CT 06614.

Ah, go hang! your plants with HANGING GARDEN CRADLES The most exciting innovation in hanging plant holders sinceHumanio. Garden Cradles—light, metal—rest on branch, stems, branches. Each individual holder is reinforced with a steel hooking material. Natural color complements any color scheme and is latex-hung. Three sizes coordinate: 11", 13", 15" pots.

Hanging Cradle for $1.95 each p.p. and 25¢ each post. (Carel Res.)

3 - 4 1/2" pot

5 - 6" pot

7 - 9" pot

All three sizes $9.95 each p.p. and 25¢ each post. (Mail order)

AMERICAN VINYL PRODUCTS

Dept H 1000 Towne Ave. Los Angeles, Cal. 90021

A YEAR FULL OF SMILES, cards and postcards are yours—in our new titled Miss Calendar (1976 Moseenkonior Fad) Celebrate Rejuvenate your Old Wazoos, Fiddle While it Burns, Defunct Skunk Week, and over 400 more inspiring events. For $3.95, plus 45¢ postage, send a puny 21c for our brand-new Master Print Supplement, advice on the techniques of printmaking. Please send $5 for postage and handling.

-associated American Artists, America's largest dealer in original prints invites you to browse...our program of exclusive editions enables you to acquire signed and numbered original works of contemporary art for as little as $30.00. Our extensive master print collection ranges from the 15th to the 20th century, and offers you a wide selection of important prints.

FREE: 40 page catalog with 50 illustrations, plus a Master Print Supplement, advice for the beginning collector, and an entre on the techniques of printmaking. Please send $5 for postage and handling.

SLEEP WARM BED WARMER Here’s the scientific way to keep warm—with the heat under instead of over you! on this FOUR-SEASONS comfort unit! Quality-made of long-wearing Cannon sheeting and polyester-filled. New soothing, satisfying relief from sleeplessness, arthritis and circulation problems, it lies flat under bottom sheet. It’s washable, 4-position air/heat sleep-switch, and comes with a five-year guarantee. 59x76 twin $36; or 64x76 full bed size $50; 84x80 queen size with dual $42; 78x84 king size with dual $47—all postpaid. Enclose check or M. O. only—Mich. residents add 4% sales tax.

THE LINEN CLOSET 1324 Welch Blvd. Flint, Michigan 48504

CHINESE BAMBOO TABLES in the larger sizes you have been looking for! Tortoise-toned stripes form tops; legs are made from sturdy poles. The largest table is 14" h. x 14" square and string enough to sit upon. $16.95 - $1.50 postage. The set of 2, larger size 10½" h. x 10½" square, smaller 8½" h. x 8½" square. $18.95 for the set — $1.50 postage.

SPECIAL: Nest of all 3, one each size, $37.50 postpaid. #4150

Elizabeth McCaffrey

Dept. HG-9CB Northport, New York 11768

Collect fine original etchings and lithographs by the world’s great artists

BASKIN, Eagle, Original wood engraving

REMBRANDT, Christ at Emmaus, Original etching

BARNET, Water, Original lithograph

ROUAULT, Le longeur, Original aquatint

Associated American Artists, America's largest dealer in original prints invites you to browse...our program of exclusive editions enables you to acquire signed and numbered original works of contemporary art for as little as $30.00. Our extensive master print collection ranges from the 15th to the 20th century, and offers you a wide selection of important prints.

FREE: 40 page catalog with 50 illustrations, plus a Master Print Supplement, advice for the beginning collector, and an article on the techniques of printmaking. Please send $5 for postage and handling.

Perma Tweez unit $16.95

14 DAY MONEY BACK GUARANTEE

GENERAL MEDICAL CO. 4th Floor 5701 W. Adams Blvd. Los Angeles, Cal. 90016

PERMA TWEEZ electrolysis—seen in medical journals—safely and permanently removes all unwanted hair from face, arms, legs and body. This is the only instrument with special U.S. patented safety feature that destroys the hair root without puncturing skin. ‘Tweezer-like’ action gives safe and permanent results. Clinically tested—recommended by dermatologists. Send check or money order.

Perma Tweez unit $16.95
EXCEEDINGLY RARE OPPORTUNITY!
From Nature's Wonder —
Start Shell Collections

Your sports and hobby adventure in nature could never be complete if you are without an array of beautiful marine sea shells in your collection. It is a known fact that the Indo-Pacific area is the largest and richest shell region in the world. The Philippines is blessed with rare shells valued exceeding $2,000 each. The iconic giant-mollusks (Gloria of the Sea) is considered one of the most beautiful and valuable shell in the world. All of these beauties and thousands of colorful shells; giant clams, uncommon and rare shells. Abound in our Philippine seas and shores.

Start Exploring! Your collection now. We will help you find thousands of species at our ocean floor. We are the Philippines largest Indo-Pacific shell producer and exporter serving the world’s largest shell dealers in Europe and in the continental U.S.A. Therefore why pay more when you can pay less. Save! Buy direct. (Shells are labeled/identified for your reference).

GET ANY OF THIS GALLERY OF SHELL COLLECTION TODAY!
Collection 1 — Assorted shells. Book value approximately $30.00
Collection 2 — Assorted shells. Book value approximately $60.00
Collection 3 — More assorted shells including large and uncommon. Book value approximately $100.00
Collection 4 — More assorted shells, large uncommon, colorful at a bargain. Book value approximately $150.00 postpaid

SEA GEMS SHELLORAMA
P.O. Box 627 H-9-09 Cebu City, Philippines

CLEANS SILVER FAST
Magic Silver Leaf goes in the dishpan, or sink, and safely cleans silver as you wash dishes. No rubbing, no boiling. Keeps silver shining bright and tarnish-free. Safe for finest silverplate and sterling. Odorless and non-toxic. Lasts a lifetime, never wears out.

SILVER LEAF . . . . . . $3.98 + 25c Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-95
585 Market St., San Francisco, Calif. 94105

SHOPPING AROUND

ALL HANDMADE

CLEARLY FOR RECIPES
Keeps favorite ones always at your fingertips, ready for big dinner or small brunch. Lucite box protects from stains, and clear viewer holds card at an easy-to-read angle. 5½” by 4½” by 5”. $9.98 ppd. Creative Enterprises, H-98, 1732 Butler Ave., Los Angeles, CA 90025.

SEASHHELLS ALFRESCO
Imagine a tempting salad and drink served at a table overlooking the blue sea. Salad plates and mugs are white porcelain with sea green or brown shell motif. Set of 4 mugs, $16; 4, 7½” plates, $16 plus $2.25 post. Catalogue M. Elizabeth McCaffrey, H-9, Northport, NY 11768.

BARTENDER IDENTITY
The house bartender caricatured from a photo you send to Bruce Bolind with hair and eye color and your favorite mixologist’s name for a 12” by 16” plaque and 6” by 8” caricature. Print name; picture returned with the plaque. $15 ppd. Bruce Bolind, H-9, Boulder, CO 80302.

BOUQUETS OF LIGHT

Learn INTERIOR DECORATION
Develop Your Talent

NEW HOME STUDY METHOD... Learn in spare time. Excellent starting point for career. Practical basic training. Approved supervised method. Low tuition, Easy payments.

A LEADING HOME STUDY SCHOOL

CHICAGO SCHOOL OF INTERIOR DECORATION
Division of Career Institute
Sherman Tunnel Dept. 752-25
Danbury, Conn. 06816

Send please send me FREE and postpaid without obligation, your booklet. "Wonderful, modern and exciting way to learn Interior Decoration and Design," and full particulars.
Name
Address
State Zip
Accredited Member National Home Study Council

MULTI-PURPOSE BIKE RADIO
A unique and useful Tour-Partner

Designed for safety and entertainment, the solid state radio, headlight and horn mounts easily on handlebars with secure on/off locking device. Perfect for beach and picnics with handy Drying strap. Instructions and 2 longlife batteries included. Choose red, blue or black and select color or money order today for on $19.95 ppd. to

SPECTRUM INTERNATIONAL, INC.
1143 Washington St. Dept. 2A
Hanover, Mass. 02339
Mass. residents add 5% sales tax
GUARANTEED

HOUSE & GARDEN
SHOPPING AROUND

IT'S A CINCH
You can turn any simple dress into a simply smashing outfit with a golden butterfly belt. Gleaming metal links backed by sturdy elastic fit waists 25" to 42". 1¾" wide. Butterfly clasp 3¼" x 3". $4.98 plus 75c post. Ferry House, G9, Briarcliff Manor, NY 10510.

HANDWOVEN WICKER
Twinkly marble-eyed frog with big mouth is glad to swallow paper, laundry, needlework or toys. 19¾" h. by 16" w. $14.95 ppp. Painted white, blue, pink, green, orange, yellow, black $1 extra. Catalogue 25c. Fran's Basket House, HG9, Route 10 Succasunna, NJ 07876.

KNIT VALET
Handy little comb strokes out mats, pills and balls from napped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.98 plus 20c post. Order D-Fuzz-it from Antlion Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

FELINE HYGIENE
This litter pan confines odors, hides wastes and stops litter spills. Top removes. Molded plastic, 16" w., 22½ l., 18½ h. $18.95, 20" l. by 17½ h. $16.95 Ppd. Blue, beige, yellow, avocado or white. Haugen Products, HG9, 709 W. Huron, Box 1986, Ann Arbor, MI 48105.

GIFT IDEAS FOR THE TENNIS SET
featuring the sauciest little tennis nut you've ever seen, sets of s.O. highest quality glasses. $18.95; 20" l. by 14" w. by 17" h. $16.95. All colors. 8336 Pewter Figure. 2¾" high. $10.98
Ribbitt! Whimsical froggie designed by Alan Pepper, hand-crafted brass and copper, gleamy-lacquered. $890 Pewter. 3½" high. $10.98
Jardiniere, Glossy-glazed ceramic, classic blue-on-white floral motif. 7155 Jardiniere. 8½x6½x10½. $4.98
Add $1.50 post. & handling, for staircase, $10.50; for other items, N.Y. res. add taxes.

PATCHWORK PATTERNS
Patchwork patterns become charming coasters when worked in needlepoint. Each set features four different patterns in related colors, hand-painted on 14-mesh canvas. Choose Picnic, Bright primary colors, or (B) subtle earth tones. 6" square. $12.95 set. Choose any of the coaster patterns with border added for 5½½ in. $10.98. Same color selection and canvas. $10.50. All designs come with Perle French yarn, instructions. Wooden tray with clear plastic to protect needlepoint. $8.00

NOW! PAINT AN ENTIRE ROOM IN LESS THAN 30 MINUTES WITH new KOTO-MATIC SPEED PAINTER NO DIP, No NO MESS. No more clumsy paint pans. Just fill the handle and paint. Even ceilings can be done without drip or spill. You paint better, faster, smoother ... no streaking or messing furniture, rugs, floors or expensive antiques. KOTO-MATIC has a patented perforated cylinder with soft fabricated cover that distributes the paint from within. Uses water, oil, latex, acrylic or jellied paints for indoors or outdoors. HOMEOWNER'S Model $9.98 (2 for $16.50)
PROFESSIONAL Model $11.98 (2 for $23.96)
Replacement heads for Homeowner $2 ea. For Professional $3 ea.
Satisfaction guaranteed. Send check or M.O. Add 50c shipping. Add $1.00 per set for handling. Dept. G95, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

SHOPPING AROUND

exciting, new fall catalog!

Join us on a shopping trip in the markets of Spain and over 30 other countries around the world. Our Fall catalog brings together fashions, jewelry, glassware, copper, wood and delightful Christmas decorations. Make your gift giving personal and unique with a selection from our new color catalog of hand crafted imports. Send 25c today.

ON SALE
Priscilla Telephones

We've just made a buy on Original Princess-style telephones. These are factory rebuilt fitted with standard cord and plug and ready for instant use. Available in white, beige, pink, blue and turquoise. While they last they are a good buy for that extra phone.

ON SALE
Priscilla Telephones

We've just made a buy on Original Princess-style telephones. These are factory rebuilt fitted with standard cord and plug and ready for instant use. Available in white, beige, pink, blue and turquoise. While they last they are a good buy for that extra phone.
**SAFETY** is for KEEPS with the patented MEYCO*SAFETY SWIMPOOL COVER. You can be assured of safe protection to children playing around your pool. It will support children and adults in any emergency. It's an all-year-round safety swimming pool cover.

The MEYCO*SAFETY SWIMPOOL COVER automatic anchoring system with stainless steel tension springs that lock it in place allow the pool to be covered or uncovered in two minutes. Leaves and debris cannot get in and maintenance is cut to a minimum. Saves on heat and chlorine and discourages algae. It is custom made to fit any size or shape pool and it carries a five year warranty.

Send for complete information and free booklet on "How to Have a Carefree Pool."

MEYCO*SAFETY SWIMPOOL COVERS ©
225 Park Avenue, Hicksville, N.Y. 11801

**GET RID OF UNWANTED HAIR**

Amazing Lemos Permagon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

**LEOMS PERMAGON**

<table>
<thead>
<tr>
<th>Price</th>
<th>Mailing</th>
</tr>
</thead>
<tbody>
<tr>
<td>$12.98</td>
<td>+ $0.50</td>
</tr>
</tbody>
</table>

No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises Dept. HG-95
585 Market St., San Francisco, Calif. 94105

**SAFETY FIRST**

Keeps those dangling electrical cords off the floor and out of the way with cord shortener that holds up to three feet of cord. Just wind excess cord around shortener. Only $1.49 for set of six plus 20c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 91105.

**TABLE GRACE**

Pewter-finished cast aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**TABLE GRACE**

Pewter-finished cast aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.

**FOLDING CANE**

Specially formed black aluminum tray is oven-safe, keeps your rolls and muffins piping hot. Inscribed: Give us this day—Our daily bread. 8½" by 6¼", $3.98 plus 40c post. Catalogue is free on request.
STEADY AS SHE GOES
Everyone who has had the experience of a wobbling headboard can appreciate steel braces that fit standard side rails and are invisible when in position. Each brace is 1½" long, hardware included. $3.98 a set plus 50¢ post. Holiday Gifts, 309-K, Wheat Ridge, CO 80033.

EGYPTIAN CAT
A noble creature to add stateliness to your house. In terracotta finish, as shown. Also available in white marble or rust finish. It measures 13½" h. $60 ppd. Send $1 for complete catalogue. The Second Renaissance, Dept. G-1, 2124 Union St., San Francisco, CA 94123.

THE GRANDEE'S CHAIR
Spanish to the core and stunning in wrought iron with a magisterial air! 44½" h. by 18²⁄₃" w., 16" from floor. Black or white, classically proportioned. $87.50 ea. two or more, exp. post. Hickory House, Collectors Division HG 8019 Kit, 18" diam. $7.98

POT PRETTIER
Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotisseries and grills. 7 oz. can with brush. Dissolves carbonized grease, encrusted build-up. Does not darken or pit. $3.49 plus 60¢ post. Anthony Enterprises, H99, 589 Market St., San Francisco, CA 94105.

1975 Berta Hummel
CHRISTMAS ORNAMENT
"We're having an old-fashioned Christmas at our house!" Kit includes colorful calico and gingham squares of fine cottons and cotton blends, muslin lining, hanger, instructions. You add the stuffing, cut a cardboard ring for shape-keeping. Stunning accent to any home—something you'll cherish year after year! Lovely gift—kits in 2 sizes, crafted in U.S.

1975 Berta Hummel
1975 Berta Hummel

GREAT WHITE SHARK!
Great white shark in lifelike colors $75.00 ppd. Great white shark in natural wood satin gloss finish $95.00 ppd.

1975 Berta Hummel
1975 Berta Hummel

Colonial FRINGED Curtains
Yesterday's styling in today's convenience—50-55 Fortel/Auril. EXTRA WIDE! Each pair is 110"—Mix or match—two pr. cottage style with valance (as shown), full length, tier on tier, door and valance, split smap. $25.00, $45.00, $55.00, $65.00, $75.00, $85.00, $95.00, $105.00, $115.00, $125.00. Split Swag $6.50, Tie Backs $1.00.

1975 Berta Hummel
1975 Berta Hummel

NEW PLANTER POLE
TURNS A FEW INCHES OF SPACE
INTO AN EXQUISITE TREE
OF LIVING GREENERY
• holds 3 hanging plants!
• installs in seconds—no holes in walls or ceilings!
• adjustable—fits most ceilings, windows, counter tops!
Gather up those plants sitting on tables and shelves, doing absolutely nothing for your room, and hang them from this dramatic planter tree! Since it takes just a few inches of space, now you may choose just the spot that's best for your plants and for your decor.
Handsome Pole Works By Vise-Like Spring Tension
Completely eliminates unsightly, expensive-to-repair holes in ceilings and walls. Fully adjustable, it fits ceilings from 7'10" to 9'2", window frames from 5'2" to 6'2". Even sets securely on counter tops or vanities. It has a brilliant chrome-like finish and holds pots up to 12" in diameter. Special non-mar caps protect floors, ceilings or furniture. Sold with a money-back guarantee.

FREE 24-HOUR 7-DAY-A-WEEK PHONE SERVICE for our charge card customers, Dial 800-327-8351. Fla. customers, dial 800-432-7521 (for ordering only) CALL NOW!
SAVE ON CHRISTMAS TREATS!
Send for Swiss Colony's FREE 92-page catalog... and SAVE $18.00!
Beautifully packaged holiday treats... delectable cheeses... great gift ideas for friends and relatives.
You'll find all that within the Swiss Colony Gift Food Catalog. Send for yours today and you'll also receive $18 in Discount Coupons. Now that's value!
(Clip out and Mail Today)

L.L. Bean, Inc.
FREE Fall Catalog
Just off the press, our new Fall Catalog. 128 fully illustrated pages of hunting, camping and outdoor equipment. Leisure apparel and footwear for men and women includes many items of our own manufacture. Our 38th year of providing dependable, high-grade outdoor specialties. All guaranteed to be 100 percent satisfactory or your money back.

American Bicentennial Stamp Collection - 10c
Famous Americans and Revolutionary War events on stamps of the U.S., Granada, Nicaragua, many reproduced from great paintings in full color! Paul Revere, Lafayette, Patrick Henry, Spirit of '76, Boston Massacre, and more—only 10c. Also, exciting foreign stamps on approval to examine free. Buy any or none, return balance, cancel service anytime. Free 40-page catalog of stamp bargains! Send 10c today! H. E. Harris, Dept. NA-65, Boston, Mass. 02117

21 1954-1975
Serving U.S. customers for TWENTY ONE years
The only airport Duty Free Shop in Europe with a Mail Order catalogue

American Bicentennial
Stamp Collection - 10c
Famous Americans and Revolutionary War events on stamps of the U.S., Granada, Nicaragua, many reproduced from great paintings in full color! Paul Revere, Lafayette, Patrick Henry, Spirit of '76, Boston Massacre, and more—only 10c. Also, exciting foreign stamps on approval to examine free. Buy any or none, return balance, cancel service anytime. Free 40-page catalog of stamp bargains! Send 10c today! H. E. Harris, Dept. NA-65, Boston, Mass. 02117

HALLECK GUARD!
COL. ELIAS PEIRSON!
FIRST RECRUIT FOR THE WAR!

FREE 40-PAGE CATALOG OF "TIMELESS FURNITURE MADE ONLY FOR FORSLUEND'S"
The Mary Lou Komstok yarn stand shown below is just a sample of the many reproductions of Timeless Furniture made by Forslund's. Yarn stand — $34.95 prepaid

SEW PRETTY
Thimbles from around the world, a beautiful acrylic vitrine to show them off, historic buttons and spoons, sewing accessories—two catalogues show them all. Vitrine with glass dome, hand-turned walnut base, is 5 1/2" w., 11" h.; holds up to 16 thimbles. $21.50 plus $1.95 post. Home Sewing catalogue, 25c; Collector's catalogue, 25c. The Sewing Corner, HG9, 150-11 14th Ave., Whitestone, NY 11357

HEAR YE

SHOPPING AROUND FOR CATALOGUES
TIFFANY SETTING

FASHION FINDS
Brighten the fall picture in eye-catching sportswear from the Talbot Collection. Their new jumbo fashion catalogue shows page after page of contemporary classics of old-time quality, with beautiful good looks built in. Catalogue is free from the Talbots, Dept. HU, Hingham, MA 02043.
DREAM HOUSE
Next year's vacation can be super-special—in your own vacation home-away-from-home. Catalogue of plans shows A-frames, chalets, hexagons, hillside designs, plus summer and winter lodges. Blueprints also available. Catalogue with 176 pages, $2.25. Home Planners, HGE59, 16310 Grand River, Detroit, MI 48227.

WILLOW WORLD
Curvaceous yet sturdy sofas and chairs, pretty planters and accessories, all in willow and rattan from America and around the world—a decorator's delight indeed. Big 48-page catalogue is chock full of designs in the natural hues or in colors. 25c. Fran's Basket House, HG9, Rte. 10, Succasunna, NJ 07876.

COLONIAL QUARTERS

CHRISTMAS GOODIES
Luscious fruits—like their famous Royal Riviera Pears—and baskets full of nuts, figs, preserves and plants are some of the delectable Christmas gift ideas in the colorful catalogue by Harry and David. Free catalogue from Harry and David, Box 501-P, Medford, OR 97501.
IDEAL, FULL SIZE
GREENHOUSES
FOR HOME GARDENERS

AMERICA'S LOWEST PRICES
Your best $ for $
Investment!

MODELS FROM
$119.95

WRITE FOR FREE
COLOR CATALOG
PETER REIMULLER
THE GREENHOUSEMAN™

"The ORIGINAL manufacturer
of low-cost QUALITY greenhouses"
980 Seventeenth Ave., Dept. 11-J
Santa Cruz, Calif. 95063

IT'S HERE!

NEW General Catalog of Dolls,
Toys, Books, Games, Dollhouses
and Miniature furniture. Fun for
Everybody. Send $1.00 to:
THE ENCHANTED DOLL HOUSE
Dept. HGD29G,
Manchester Center, Vermont 05255

YOUR best $ for $
Investment!

MODELS FROM
$99.95

WRITE FOR FREE
COLOR CATALOG
PETER REIMULLER
THE GREENHOUSEMAN™

"The ORIGINAL manufacturer
of low-cost QUALITY greenhouses"
980 Seventeenth Ave., Dept. 11-J
Santa Cruz, Calif. 95063

WRITING AROUND
FOR CATALOGUES

CALICO CRAFTS
Colorful country quilts, patchwork

toys, table wares, pottery, aprons,
luscious homemade chocolates, tasty
jams—they're all part of the "Craft-
skills from the Catskills" catalogue
from Puckhuddle. 28 pages filled
with old-fashioned goodies; two pages
show selections in color. Handcrafts
catalogue, 50c: Puckhuddle
Products, HG9, Oliverea, NY 12462.

BIG CHEESE
Proud porter
for your party
cheeses is Mr.
Cheese Fan himself:
a handsome mouse in
a new alloy. His four
feet have rubber pads
so he can also be used
as a hot plate! 11¾" H.
6¾" W. $9.98 ppd. Unique
Americana products shown
in catalogue, 50c: Robert Bruce.
Dept. 95, 26 W. Main St.,
Shiremanstown, PA 17011.

KITCHEN SAMPLER
Eighty of the best regional
cookbooks from around the
country are collected in one
big catalogue for mouth-
watering browsing sessions.
Fiesta recipes from Texas,
Seafood Sorcery, Christmas
Cook Book, Freezing and
Canning Cookbook, many
others! Catalogue, $1.
American Folk Art Co., HG9,
3200 W. Cary St., Richmond,
VA 23221.
OUTDOORS HELPER
Two-wheeled garden carts are real-life labor-savers since they spare the back from strain by taking all the weight over the axle. Cart carries 10 times the amount of a wheelbarrow! On two 26" sulky wheels. Build-it-yourself kits also available. Catalogue free. Garden Way Research, Dept. 54439, Charlotte, VT 05445.

WONDERFUL WILDFOWL
Created from solid pine and beautifully carved, decorative decoys are finished or available in easy-to-assemble kits—an original American folk art! Woodcrafts catalogue has decoy paints, wildlife jewelry, books, tools. 25c. Bay Country Woodcrafts, HG9E, Oak Hall, VA 23416.

PLANTER'S PAL
Where, what, how, when and why of growing things are answered in a complete digest of sources and information. Over 2,000 illustrations; 320 pages with index. Each $7.70; two, $14.50. Ppd. House of Hints, Dept. 409E, 106 Montague St., Brooklyn, NY 11201.

BEADS AND MACRAME
Supplies for the designer of jewelry and macrame include semi-precious gemstones, sterling silver, wood, porcelain and glass beads, cords, silver wire findings, jewelers tools priced singly and in quantities. Free catalogue. Northeast Bead Trading Co., HG9, 12 Depot St., Kennebunk, ME 04043.

ORIENTAL and NAVAJO RUGS
Add that special touch of beauty to your home with a Peerless Imported Rug. These lovely Oriental and Navajo reproductions are perfect with any decor. Free catalogue. Your Satisfaction Guaranteed for over 57 years. Peerless Imported Rugs, HG95, 3028 N. Lincoln Ave., Chicago, IL 60657 • (312) 472-4848

FREE CATALOG
Now with the new Ulla Catalog, shop at home and order exclusive fall and winter fashions directly from our designer—at designer-direct prices. From dynamic separates to exquisitely tailored suits—find them all in our distinctive collection of contemporary sportswear. Discover Ulla—send for your catalog today! ULLA, Dept. HG9, 886 Madison Ave., New York, N.Y. 10021

NAME
ADDRESS
CITY
STATE
ZIP

DOUBLE-SIDED AD

FREE CATALOG
Now with the new Ulla Catalog, shop at home and order exclusive fall and winter fashion designs directly from our designer—at designer-direct prices. From dynamic separates to exquisitely tailored suits—find them all in our distinctive collection of contemporary sportswear. Discover Ulla—send for your catalog today! ULLA, Dept. HG9, 886 Madison Ave., New York, N.Y. 10021

NAME
ADDRESS
CITY
STATE
ZIP

PLEASE TURN PAGE FOR MORE SHOPPING AROUND CATALOGUES
Buy Diamond Jewelry direct from one of America's well known diamond cutters. Pay only actual market price. We refund all monies unless your own appraisal shows value 1/2 to 1 times higher.

Over 5,000 styles $100 to $100,000

Send for FREE 92-PAGE CATALOG.

EMPIRE DIAMOND CORP., Dept. 12
Empire State Bldg., New York, N.Y. 10001

NAME
ADDRESS
ZIP

Ours*
Because now, more than ever, value tells.

There are none finer.

Stop by or send $2 for our new 20 page source book.

JOAO ISABEL, INC., Mx
120 East 32nd Street
New York, N.Y. 10016
(212) MU9-3307

GREENHOUSES
From $88.95.
Grow super vegetables and flowers— we show you how! All bolted fiberglass and redwood construction with custom features that every gardener wants.

Write today for FREE brochure with Budget Plans and all accessories.

Box 36-90, Santa Cruz, California 95063. (408) 476-5390.

Your Child's Name

True Meaning of Name
With Poem In A Frame

A unique, personal gift! Tender, heart-warming poem gives TRUE MEANING of your child’s name. Blue design for boys, pink for girls.

Framed under glass in an 8” x 10” white frame with hanger. Perfect for child’s room or nursery. If nickname desired, state given name too. Limited number of letters to nine.

$6.25 each— Add $1.00 for postage and handling.

Personalized Children's Poems

True Early American Folk Art
Solid Pine Decorative Decoys

Duck decoy making of today is a revival of the folk art that America can truly call its own. Share in this art by creating your own handsome decoys. We make it easy for you with our kits which include carved and sanded body and head, glass eyes, sandpaper, instructions and painting guide. Decoys can be stained, antiqued or painted. Green Wing Teals (painted), also Mallards and Wood Ducks, hen and drake available in each species. 11”-13” long.

$10.95 each, the pair $20.00

Plus $1.00 shipping. Catalog 25c.

Bay Country Woodcrafts
Dept. H958 Oak Hall, Virginia 24116

Indian Artistry
Rug in ivory and earthtones is a replica of Navajo tribal symbol design. 3’ x 5’, $34.95; 4’ x 6’, $49.95; 6’ x 9’, $89.95; 9’ x 12’, $169.95. Ppd.

Indian, Oriental, colonial hooked and braided rugs, Scandinavian ryas, price range $20 to $800, in full-color catalogue, $1. Peerless, Imported, G95, 3028 N. Lincoln Ave., Chicago, IL 60657.

Pet Project
For the cat or dog that's really a clothes horse, a catalogue of handsome fashions that are the cat's meow. Du-Say's 1975-76 best-seller catalogue has 32 colorful pages of clothing, gift ideas and hard-to-find accessories for pets. 25c.

Du-Say's, P-60, P.O. Box 24407, New Orleans, LA 70184.
NATURE’S CHRISTMAS
Help Santa take care of his gift list the natural way. Growing things from the earth are dynamic presents for city-dwellers and country cousins alike. Among the beautiful possibilities: Christmas cactus, bright azaleas, the spectacular Christmas amaryllis. Free Christmas catalogue from Jackson & Perkins Co., Box 34-C, Medford, OR 97501.

GRANDCOM,
INFORMATION
Telephones to harmonize with room decor or project the look of the future. Designs like the 12” h. black teledome (1, $150 or the see-through Apollo, 9” h., $125 are highlighted in a catalogue including traditional, antique reproductions, continental and Far East models. Free. Grand Com, HG9, 324 Fifth Ave., New York, NY 10001.

GREAT IDEAS
Amazing gift catalogue has 196 pages—2,000 items—and most of them under $5! Selections for men, women and children to help make armchair shopping the best solution to holiday shopping crowds. Toys, housewares, novelties. All in color; catalogue is free from Miles Kimball Co., 98 Bond St., Oshkosh, Wl 54901.

GIRL’S BEST FRIEND
Virtually replacing the diamond for those top honors is the Kenya gem, which is cut just like a diamond and sparkles the same. Only an expert knows for sure! Just $45 per carat. Free brochure of sizes, settings from Kenya, HG9, 1760 No. Howard St., Philadelphia, PA 19122.

SAFE
2-WAY PET DOOR
Why be a doorman for your pet? FlexPort ends scratched doors and whining. Keeps out flies, wind, rain. Given you and pet complete freedom. Soft plastic triangles close gently and tightly. Easily installed. Send for free folder. TUREN, INC., Dept. HG9, 2 Cottage Ave., Danvers, Mass. 01923

Protect your silver with
Tarnish-Proof Pacific Silvercloth Drawer Pads by GORHAM
Holds over 125 pieces. Pads convert your drawer space into a silver chest.
Prevents tarnish and scratching; silver is always ready to use.
SIZE: 11½” wide x 15” deep $10.75
2½” high. Holds over 100 pieces.
SIZE: 17½” wide x 13½” deep $12.75
2½” high. Holds over 125 pieces.
ADD $2.00 FOR PACKING & POSTAGE FOR EACH UNIT ORDERED.
BARRINGTON SPECIALTIES
P.O. Box 154-G, Barrington, R. I. 02806

Prime Time?
Any Time!
... when giving, or serving, one of the Prime Steak assortments featured in our new full color GOURMET FARE catalog.
Delightfully tender Filet Mignon, all-time favorite New York Strip Steaks, flavorful Top Sirloins, Rib Eyes and hefty T-Bones are offered in an array of assortments selected to fit any occasion. $30 or Less is the theme of a special section for the budget minded. Write us for your free copy of our mouth-watering catalog or call collect for special money saving offer.
**How to get rich**

**START YOUR OWN BUSINESS RIGHT FROM YOUR HOME—AND MAKE A FORTUNE IN MAIL ORDER!**

Millions of people read your ad and suddenly, you are swamped with cash orders from all over the country... MORE MONEY in 60 days than you could earn in a lifetime!

Like the Vermont dealer who ran one ad in Sports-Afield magazine. His ad pulled 22,000 orders—over A HALF MILLION DOLLARS IN CASH!

Yes, Mail Order is the fastest-growing, most profitable business in America! And now with the population explosion... the huge teenage market... and more people moving to the suburbs—we are on the verge of the BIGGEST ROOM in Mail Order history!

**Free**

If you are sincerely interested in starting a lucrative business of your own ACT NOW! We can help you get rich in Mail Order just as we've helped others. Mail the coupon or send a postcard. We'll send you a free book, catalog, ads and complete facts about our offer. No salesman will call. No obligation. You don't need previous experience but you must be over 21.

Write to:

Mail Order Associates, Inc., Dept. 887
Montvale, New Jersey 07645

**Mail Order Beginners Get Cash by Mail!**

Have you ever thought of operating a little mail order business of your own? Something you could start on a shoestring right from your home in your spare time. It's a fabulous business!

Bob Carter of Newark, N.J. ran his first small mail order ad in House Beautiful magazine—offering an auto clothes rack. Business Week reported that his ad brought in $5,000 in orders. By the end of his first year in Mail Order, he had grossed over $100,000!

Another beginner—a lawyer from the midwest, sold a mail order item to fisherman. Specialty Salesman magazine reveals, "he made $70,000 the first three months!"

If you love CREWEL, but don't have a "hot" new item... and WHAM! Suddenly, you are swamped with cash orders. Millions of people read your ad and suddenly, you are swamped with cash orders from all over the country... MORE MONEY in 60 days than you could earn in a lifetime!

If you are sincerely interested in starting a lucrative business of your own ACT NOW! We can help you get rich in Mail Order just as we've helped others. Mail the coupon or send a postcard. We'll send you a free book, catalog, ads and complete facts about our offer. No salesman will call. No obligation. You don't need previous experience but you must be over 21.

Write to:

Mail Order Associates, Inc., Dept. 887
Montvale, New Jersey 07645

Please rush full details immediately.

Name
Address
City, State
Zi2o

**SHOPPING AROUND**

**SEAMLESS ELEGANCE**

Create your own draperies with 10" wide fabrics that hang in rich folds. Or have them made to measure. Machine washable, pre-shrunk. $6.50 and up per yard. Folder of swatches $1. Homezum Fabrics & Draperies, H69, 10115 Washington Blvd., Culver City, CA 90230.

**DO IT YOURSELF**


**SH-H-H PEACE**

Silence is golden, but these days we get precious little of it. Soft, pliable silencers slip into the ears, have an easy-to-grasp flange for safety. Slip them in every night for refreshing sleep. $2.29 a pair plus 15c post. An. Thomas Enterprises, H69, 585 Market St., San Francisco, CA 94105.

**GRANDPARENT'S DELIGHT**

Belgian linen stamped for cross-stitching in bright colors. Wood frame 9x7 x 16", maple or mahogany finish. Grandmother's or Grandfather's kit, $3.95 each; also "Grandchildren are God's Reward for Growing Old" kit, $3.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

**EMBROIDERY NEWS**

Full-color catalogue with everything in the finest Swedish designs, from pictures to panels, wall hangings, cloths and cushions. Florals, figures, delicate and spectacular colors. Exclusive "long stitch" designs included. $1. Sklar, GE9, 55 Lambert La., New Rochelle, NY 10804.

**AMERICA'S TOP SELLING STANDING PLANTERS**

These nostalgic standing planters will hold any 8" top dia. plant. They are available in four heights. Priced incredi- bly at $10.00—34" tall, $14.00—27" tall, $12.00—22" tall, $7.50—16" tall plus $2.00 postpay. They are available in walnut (browne), natural, white, yellow and lime.

N. J. residents add 5% sales tax.

**COUNTRY CACHE**

Colonial Village
Rt. 27 & Parsonsage Rd., Edison, NJ 08817

**HOUSE & GARDEN**
WHIHAy PRODUCTS, INC.

ShiPPEP  PRODUCTS, I NC.

Pension postage $1.00. Free delivery on $10 or more. Indiana residents add 4% les tax.

1. Ruffle embroidered blue, red, yellow or white; 82" w. pr. 45". 54" l. $15.60; 63", 72" $16; pre-shirred 11" by 54" valance $4; tiebacks pr. $2.75. Add $1.50 post. Colonial Maid Curtains, HG9, Lawn Terrace, Mamaroneck, NY 10543.

HANITY HELPER

Seven basics in one tool end hunt for each. Chromed hammer has wrench, screwdriver, tack remover, pliers, bottle opener, wire cutter. 8". Vinyl wrapped handles. $35.95 plus 95c post. Free catalogue. Housewares, Plus, HG9, 18 Lake Shore, RD 2, Brookfield, CT 06804.

JIGGER PITCHER

Made for measuring and just 3" high. Marked for 1-oz. and 2-oz. levels, it has the classic thick solid crystal base. Crafted in Europe for spill-free pouring. Ideal gift for the host, $2.98, 3 for $7.98 plus 50c post. Country Gourmet, G9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

NET EFFECT

Sweaters dry in a breeze on a fabulous frame that lets air cir- culate through fine net; 24" x 24"; reinforced corners fit over wood frame that's hinged to fold flat. Ideal for stockings. $4.98 plus 50c post. Gourmet, G9E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

RACKETON NEEDLECFRAFT

San Francisco, CA 94105.

Take your {39 WEST 32ND STREET, NEW YORK, NY 10001}

EVENING POST

The Sensational American Consumer Body Trimmer

DO NOT CONJUSE WITH OTHER COMPETITIVE MODELS

Spare just minutes of your time and Body Trimmer will help reward you with the slim, lfithe, attractive figure you've always dreamed of!

WOMEN! HELPS YOU LOSE INCHES AND POUNDS — HAVE A NEW, SHAPELY FIGURE! —
Smooth supple shoulders, armpit, Fine-
line and neckline — Shape, uplift bust — Fine lines from waist — Slender, shapely hips, thighs — Little, thin legs and ankles.

NEW! BUILD A SUPER BODY IN MINUTES A DAY — IT'S A COMPLETE GYM!

• Muscular neck — Smooth, rippling biceps — Broad, manly chest — Trim, athletic waist — Slender, firm hips

PAY ON DELIVERY
• Pare Inches from waist — Slender, firm figure — you’ll take it back and refund the purchase price without question (except postage and handling).

Total amount enclosed $ , (add sales tax where applicable). Check or money order, no CODs please.

CHARGE IT: (check one) Exp. Date

□ American Express □ Master Charge
□ BankAmericard □ Company

Credit Card

Name ________________________________
Address ________________________________________
City ___________________ State ________
Apartment # _______________________

Rush me (XR) Body Trimmer(s) at the sensational new low price of only $7.98 each plus $1 shipping and handling. I’ll try it 14 days and if I’m not thrilled with my new trim figure, you’ll take it back and refund the purchase price without question (except postage and handling).

SAVE — order 2 for only $14.98 plus $1 postage and handling. Total amount enclosed $ , (add sales tax where applicable). Check or money order, no CODs please.

MAIL NO-RISK COUPON TODAY

CAROLINE ROADING, PHILADELPHIA, PA 19176

□ American Express □ Master Charge
□ BankAmericard □ Company

The Sensational

Minutes Gym that helps make you slim

The message is vague, but the look is definite! Natural wood, carved and stained to enhance a wall grouping, exciting on its own! IV2X61/2" high. $3.98

MULLIAN NEION

Limited edition, natural wood, hand carved, pre-shirred 11" by 54" valance $4; tiebacks pr. $2.75. Add 4" ruffle embroidered blue, red, yellow or white; 82" w. pr. 45". 54" l. $15.60; 63", 72" $16; pre-shirred 11" by 54" valance $4; tiebacks pr. $2.75. Add $1.50 post. Colonial Maid Curtains, HG9, Lawn Terrace, Mamaroneck, NY 10543.
Cordless Massager

Battery-operated massager brings satisfying relaxation. Deep gentle penetrating vibrations soothe neck, shoulder muscles, arms, legs and tired feet. Operates on standard batteries (not included). 4 sizes.

- Mini Massager, 4 1/2" $3.98 + 30¢ Mailing Each
- Regular Massager, 7" $4.98 + 45¢ Mailing Each
- Deluxe Massager, 10" $7.98 + 50¢ Mailing Each
- Super Massager, 12" $9.98 + 55¢ Mailing Each

No COD's or Billing. California Residents add 6% Sales Tax.

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-95
585 Market St., San Francisco, Calif. 94105

---

Butcher Block

34" high work table
36" x 24", $124.00
48" x 24", $140.00
60" x 30", $175.00
or choose 36" dining height table at same prices. Locking Shepherd Casters. $25.00 additional

Two-inch thick maple butcher block tops. Durable beech construction frame. Send express collect, in Illinois, add applicable taxes. Send check or money order, no C.O.D.'s please.

Custom sizes and styles always. For a complete 44-page catalog of exciting butcher block furniture, send 50¢ to:

butcher block & more

The Schoenheit Company
Dept. HG-95A, 1600 S. Clinton, Chicago 60616

---

Plant Stand

GrunMar Floor-to-Ceiling Plant Stand

New concept in plant arrangements for home and office décor. It provides space for 12 large plants. Special clamps slide up or down the pole to any desired level and accommodates eight 9" and four 12" arms with 6" white drop proof trays. All arms are interchangeable and swing to provide many plant arrangement possibilities near windows, walls, and at room divide.

Easily assembled and installed in minutes! Adjustable to 5'-8" high.

White Enamel. 85¢

For mounting and shipping add 125¢ post.

Home Plant Displayers, Inc.
Dept. 207
31 East 42 Street, New York, N. Y. 10017

---

Bulb-Eliminator

If you have a 3-way lamp socket this is for you. Makes 3-way bulb obsolete. Why spend high price for a 3-way bulb when you can use bulb eliminator? It uses ordinary bulbs from 25 to 200 watts, installs in seconds. No wires to connect. Makes bulbs last longer.

All for $3.98 plus 50¢ postage and handling.

Write for FREE catalog of gifts.

Holiday Gifts

Dept. 309-B, Wheat Ridge, Colorado 80033

House & Garden
SHOPPING AROUND

LITTLE STREAKER
Needlepoint kit: color design on 10-hole mono canvas, yarn, needle, instructions. 5" by 7". Dark hair. Girl on pink (or boy on blue). $4 plus 50c post. 5" by 7" wood frame $3.50. Catalogue, 25c, free with order. Tower Crafts, HG9, Box 575, Champaign, IL 61820.

SLEEPS AND EATS GOLF?
Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn’t put it up, his “widow” will. 6¾" by 5¼" with lettuce green backing, replica golf ball. $3.49 plus 50c post. Order #132. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

LET IT STORM

WEATHER WISE
Use jumbo thermometer indoors or out to spark talk. Big numbers readable at 20 feet and accurate within 2°. 12" dia. Owl (shown) or plain face with temperatures in centigrade and fahrenheit. $9.25; two, $17.50. Pd. The Skore Co., HG9, Box 444, 4705 Bobolink, Skokie, IL 60076.

NOW!
REVERSE THE AGING PROCESS!
THE WORLD’S MOST BENEFICIAL EXERCISE
NOW ACCOMPLISHED BY ANYONE
SAFELY & EASILY...ON THE FIRST TRY!

5000 YEAR OLD
HEALTH-BEAUTY TECHNIQUE
RELAXES MIND & BODY
INCREASES CIRCULATION
LIFTS FACE, ORGANS, MUSCLE
IMPROVES HAIR, COMPLEXION

Converts to a MODERN FOOTSTOOL

YES, MY BODY NEEDS AN UPLIFT...NOW!
Please rush me the PORTA-YOGA for $39.95 (Plus $3 ins & &d. CO. 15°% MO. TAX). My Color Choice White Black Enclosed is my check or money order for $ . Charge my BankAmericard Master Charge Acct. No. Exp.
Signature
Name
Address
City State Zip.

PORTA-YOGA
“Let’s Creatively Work For You”

FOR PEOPLE WHO SIT, STAND & RUN A LOT

IF NOT DELIGHTED
RETURN FOR PROMPT REFUND

FOR FUN, FITNESS & FURNITURE

SIT, STAND & RUN A LOT HERE!

PORTA-YOGA

YES, I AM A 5000 YEAR OLD

HEADLINE CONSUMER?

FOR 22 YEARS, WE'VE MADE OUR SATIN SHEETS OF SOFTEST ACETATE SATIN, 225 X 78 THREAD COUNT. OURS ARE MACHINE WASHABLE.

NOW ACCOMPLISHED BY ANYONE
SAFELY & EASILY...ON THE FIRST TRY!

LEO, GEMINI, CANCER, LEO, VIRGO, LIBRA, SCORPIO, SAGITTARIUS, CAPRICORN, AQUARIUS, PISCES

FOR YOUR MASTICATION

THE PERFECT GIFL, QUALITY CONSTRUCTED

WEather-Resistant, Non-Slip, Soft, Versatile

Portable Inflatable Bed

SCAFFOLDING

COAT I RACKS

ALL KEYED UP
Keep the keys to your kingdom in this giant tag ring. Impressed personally with any 1st name in red or blue raised letters on crystal-clear plexiglass. With its contrasting gold one key ring, it makes a striking accessory, a very practical gift. $5.00 ppd.

LIFE LONG ID TAG FOR PETS
Don’t worry about your dog or cat getting lost. This Identification Tag has all the necessary information for his safe return – pet’s name, your name, address and phone number – all embossed free. Lifetime polished stainless steel, complete with collar hook. $1.00 ppd. Your order will be sent by FAST FIRST CLASS MAIL at no extra charge.

FLYING SCHOOL ENTERPRISES, LTD. Dept. 209, 2842 E. Serendipity Dr. Colorado Springs, Colorado 80917

LIQUID CRYSTAL DIGITAL WALL THERMOMETER
The newest and easiest way to tell temperature – and you can read it clear across the room – without squinting! It is 7" long and very attractively finished in brushed chrome. $2.98 plus 42c post. CA Res. add 6% tax. 10-day Money Back Guarantee. Mingo Co., Box 3633, Visalia, CA 93277.

LOIS

ALL KEYED UP

IN A FINE GIFT BOX

A JOYFUL GIFT IN A TIMELESS TRADITION

THE PETER RABBIT

FOR 22 YEARS, WE’VE MADE OUR SATIN SHEETS OF SOFTEST ACETATE SATIN, 225 X 78 THREAD COUNT. OURS ARE MACHINE WASHABLE.

NOW ACCOMPLISHED BY ANYONE
SAFELY & EASILY...ON THE FIRST TRY!

FOR PEOPLE WHO SIT, STAND & RUN A LOT

THE WORLD’S MOST BENEFICIAL EXERCISE
NOW ACCOMPLISHED BY ANYONE
SAFELY & EASILY...ON THE FIRST TRY!

LIFE LONG ID TAG FOR PETS
Don’t worry about your dog or cat getting lost. This Identification Tag has all the necessary information for his safe return – pet’s name, your name, address and phone number – all embossed free. Lifetime polished stainless steel, complete with collar hook. $1.00 ppd. Your order will be sent by FAST FIRST CLASS MAIL at no extra charge.

FLYING SCHOOL ENTERPRISES, LTD. Dept. 209, 2842 E. Serendipity Dr. Colorado Springs, Colorado 80917

LIQUID CRYSTAL DIGITAL WALL THERMOMETER
The newest and easiest way to tell temperature – and you can read it clear across the room – without squinting! It is 7" long and very attractively finished in brushed chrome. $2.98 plus 42c post. CA Res. add 6% tax. 10-day Money Back Guarantee. Mingo Co., Box 3633, Visalia, CA 93277.
An EARLY AMERICAN KITCHEN can be yours too... the “COUNTRY CHARM” way!

...with “COUNTRY CHARM” Early American Appliances!

AUTOMATIC ELECTRIC RANGE... authentic CAST IRON reproduction from original patterns. Combined with the Early American design and detail, it is the essence of fully automatic oven and burner controls, and an easy-care porcelain top. Coffee mill uniquely housed clock, oven timer and minute minder. Fits modern range space. Prices start at $350.00 plus freight charges.

CAST IRON WALL OVEN... (inset) Front is CAST IRON with handsome scroll design. The 15” oven is fully insulated and porcelain lined. Hearth door conceals all controls, clock and timer. Available in right or left hand door models. Prices begin at $329.00, plus freight charges.

Quality Backed by 35 Years of Skilled Craftsmanship.

Send 25c for your “Country Charm” Appliance Folder and Gift Catalog.

THE HOUSE OF WEBSTER
12-H Water St., Bryn Mawr, Pa. 19010

AN EARLY AMERICAN KITCHEN can be yours too... the “COUNTRY CHARM” way!

EAR PORT

To keep your favorite pairs of drops and studs together and untangled. Lovely brass case is 2 1/4” x 2 1/2” x 1/2” and has 8 velvet compartments in two sizes. Small tongs to pick up your earrings. Engraved with 3 initials (Please print). $4.95 ppd. 80 p. useful gift catalog, 25c.

BRUCE BOLIND
29-E, Boulder, Colo. 80302

KITTY POWDER ROOM
A MUST FOR ALL CAT OWNERS

Give your cat the privacy he or she loves. Solve the age old problem of where to put the litter pan. Decorator designed in white, easy to clean, high-impact styrene with brass finish and burner controls, and an easy-care porcelain top. Coffee mill uniquely housed clock, oven timer and minute minder. Fits modern range space. Prices start at $350.00 plus freight charges.

NEW YORK • LONDON • PARIS • MILAN

PORTRAIT IN OILS
Magnificently painted on canvas from old or new photos, by outstanding European and American portrait painters. A superb living likeness in full color is executed in rich oils.

Truly a unique and lasting gift.

Our portraits in oil are TRUE WORKS OF ART, painted on pure linen canvas, from your photographs and NOT painted on top of an enlargement of your photo, as is the method of other commercial portrait studios. No longer need you envy those fortunate enough to own a family all portrait. Have you a photo of some loved one whose memory you wish to perpetuate? Compare our works of art with others selling up to $300, Living Likeness Guaranteed.

UNBELIEVABLE WORKS OF ART AT UNBELIEVABLE LOW PRICES

FROM $99.50 TO $995.00

Beautifully Illustrated Catalog:
“ How To Order An Oil Portrait “ 25c

Faxwood Crafters
Dept. HG-59, P. O. Box 7012,
LEXINGTON, KENTUCKY 40507

SHOPPING AROUND

FLIGHT OF FANCY


FOOT PAMPERER


VERSATILE CHARM

Lyre-base solid mahogany with Italian marble top. Teardrop trim at corners, rose-carved drawer pulls. Perfect as end table or at bedside. 18” w. x 14” d. x 28” h. $84.95 exp. coll. Catalogue $1. Martha M. House, HG-99, 1022 So. Decatur St., Montgomery, AL 36104.

EASY DOES IT!

Powered recliner with elevating seat operates by push buttons. Adjusts to angle most comfortable for you; another switch raises you to your feet. Padded foot rest raises automatically as chair reclines. Free brochure. Burke Inc., HG-99, Box 1064, Mission, KS 66202.

NEVER TO RETURN

For the female who has unwanted hair on her arms and legs, we promise Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-97, 5701 W. Adams Blvd., Los Angeles, CA 90016.

RESCUE CARPET FROM PETS ACCIDENT

Remove stains & odors forever with our complete set of scientific, safe sprays. Guaranteed Effective, Spots “ A ” permanently removes all P Stains. Spray “ B ” destroys odor even in kennel areas & litter boxes will not harm carpet, fabrics. Guar. Two oz. cans in each K 1 Kit $6.50 + $1 postage. Save $ Order 2 Kits for $12.99 (we pay postage) American Centur

PET; Accident

Remove stains & odors forever with our complete set of scientific, safe sprays. Guaranteed Effective, Spots “ A ” permanently removes all P Stains. Spray “ B ” destroys odor even in kennel areas & litter boxes will not harm carpet, fabrics. Guar. Two oz. cans in each K 1 Kit $6.50 + $1 postage. Save $ Order 2 Kits for $12.99 (we pay postage) American Centur

HOUSE & GARDEN
BICENTENNIAL COMMEMORATIVE BELT SET
Celebrating 200 years of American history; this velvet-lined, gold-stenciled pine replica of an old-time sea chest (10½" x 4½" x 3½") contains a handsome steerhide belt, 1" wide with cast brass buckle featuring the Double Eagle symbol with 13 stars. Endorsed by the U.S. Bicentennial Society. Belt in brown or black, sizes 28-46. $9.95 plus 15c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

NATIVE DESIGN
A fetish necklace inspired by the Zuni Indians has 15 silvery animals strung on wires going through gleaming silvery tubes. Strong barrel clasp. 30" long. Pretty fashion accessory. $20 plus 15c post. Tribe Enterprises, HG9, P.O. Box 282, Streator, IL 61364.

HANDY LIGHT
Battery-operated fixture does away with wiring expense, is ideal for closets and attics. Simply secure it to a wall or ceiling any place. Uses two "D" batteries (not included), $2.98 plus 50c post. Carol Ann Gifts, Dept. HG2305J, Box 21026, Philadelphia, PA 19154.

FOR FESTIVE COOKIES
Make real Scandinavian rosettes. Nine 3" aluminum molds, seven 1¼" molds fitted to heatproof handles, then dipped from batter to fryer. Kit with recipes, instructions $3.95 plus 50c post. Cata-

PROTECTION!
Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all, washable and reusable. $1.98 each plus 15c post. Anthony Enterprises, HG9, P.O. Box 253, Ocean-side, NY 11572.

YOU'RE AWAY FROM HOME... IT'S BELOW FREEZING... YOUR FURNACE FAILS...

Home Gard WILL PROTECT YOU
When temperatures in your home drop below 50°, Home Gard starts flashing its warning. Before you leave, place Home Gard in a window, make a key available, tell neighbors, friends or police to watch for your Home Gard’s flashing red light so they can correct the heating problem. Battery operated Home Gard can save costly repair or replacement of pipes, plumbing fixtures, etc., and will more than pay for itself the first time you use it through the peace-of-mind it affords.

Home Gard (batteries not inc.) .................................................. $14.50 prepaid
(Till, residents add 5% sales tax.)
Not responsible for cash. Send check or M.O.

BENNER PROD.CO.
P.O. Box 282, Streator, Ill. 61346

OWN NAME FOOTBALL JERSEY
Just like the pros... a football jersey of professional quality with large numerals on front and back. Personalized with first or last name on back as shown. Numbers alone on sleeves. Washable and colorfast. Choose red or blue color with white lettering. (Sorry, no choice of numbers). Comes in both sizes S (4-6), M (8-10), L (12-14), XL (16-18), or mens sizes, S(36), M(38), L(40), XL(44). Only $7.98 plus 75c postage. Specify boys or mens size, color desired. and PRINT name (up to 10 letters). Order today from

DECOR AND GIFTS GALEORE Dept. 394
140 Monument Ave., Barrington, Ill. 60010

PRETTY TOSS-ON BOLERO
A lovely cardigan of washable orlon acrylic with a hand-crocheted look. Light in weight, yet comfortably warm on chilly evenings. Has pretty shell stitch; scalloped ribbed trim; easy shoulder; ¾ sleeve. Your choice of White, Black, Beige, Pink or Light Blue. Sizes 32 to 46.

FERRY HOUSE
Dept. GBO, Briarcliff Manor, N.Y. 10510

FROM FACTORY TO YOU
Puritan Ladder Back
This is the big one with a seat measuring 18½" x 15½". Constructed from smoothly sanded native hardwood, this everlasting styled chair also features a hand-woven cord seat.

Ready to finish. $24.95
Finished in walnut, maple, or pine. $28.95
Matching Airechoir Minimum Order Add $3.00 to Above Prices 2 Pieces Send check or money order—Enclose catalogue. Catalogue Available 50c

MARION TRAVIS
P. O. Box 292, HG9
Statesville, North Carolina

GREEN UP!
A lovely cardigan of washable acrylic with a hand-crocheted look. Light in weight, yet comfortably warm on chilly evenings. Has pretty shell stitch; scalloped ribbed trim; easy shoulder; ¾ sleeve. Your choice of White, Black, Beige, Pink or Light Blue. Sizes 32 to 46.

Ginger Snap Stoney
P. O. Box 4, Wood, IL

CALICO WREATH KIT
Unique 21" wreath to machine sew—adds the warmth of calico and patchwork to your home. Kit is pre-measured and pre-cut, in carefully selected designs; polyester fiberfill and more. So pretty, your friends won't believe it generally takes only 6-8 hours to make.

$15.95 each—suggested retail price
Mail order discount $11.00 each.

Finished 21" $18.00, 1."
CRINKLE DEMI BOOT
$15.00
$10 dep. COD. plus $1 Post.
OLD PUEBLO TRADERS. HSL
610 So. Country Club
Tucson, AZ 85716

THE ORIGINAL PORTRAIT KIT
For the hobbyist: This is a reproduction of a famous old portrait in oils, with a reproduction frame included. See the reproduction in our mosaic entry below. The reproduction frame is 16 x 20" (without mat). 3500 Cents. Cheque or money order. Postage, $2.50. Send to Dept. HG9, 550 Powell, San Francisco, CA 94108.

SHIPPING AROUND
FRENCH MAILBOX
Copy, reproduced in cast aluminum. Hand-finished in white, black, verdigris, goldspun white, pewter. Latched door, hinged knob; figures in bas relief. 14" w., 23" h., 4". Mail container, 12" x 8". $45, plus $2.40 post.
The Patio, Dept. HG9, 550 Powell, San Francisco, CA 94108.

LASTING BOUQUET
Why not have a different kind of flower arrangement for all year? Gleaming satin rosebuds in assorted colors that blend with any decor. We'll guide you to keep shapes. One dozen $5.98 ppd. Scintilla Satin Shop, Dept. G, 4802 No. Broadway, Chicago, IL 60647.

ST-ETCH TO FIT
Apply liquid leather stretch to tight-fitting shoes and it makes even suede and patent conform to the foot as you walk. Simple to apply. Light relief is almost instantaneous. $1.98 plus 25¢ postage. Order from Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

MINI REPLICA
Gleaming white ceramic dish is an authentic copy of a Victorian bauble. Holds one bar of soap or little guest soaps. Serves in bedroom as pretty catch-all. 5½" long by 3" high. $2.29 ppd. Colonial Garden Kitchens, Dept. HG9, 270 W. Merrick Rd., Valley Stream, NY 11582.

HOME SAFETY

vote for fashion... the "eyes" have it!

HALF FRAME READING GLASSES
MAKES EVEN THE FINEST PRINT LEGIBLE
Read menus, stock quotations, e.g. with ease. Half Frames are styled to fit any decor. With any decor. We'll help you over the "top" without removing the glasses. Available Plain or Rhinestone Decorated. Black or Silver for men or ladies. Six FREE Case Included

FREE Case Included
Rhinestone Decorated Style
FREE brochure on request

HERMAN OPTICAL, Inc.

164 Clifton St.
Bloomington, N.J. 07403

HOUSE & GARDEN
Shopping Around

Bicentennial Game

No Shine Discovery
Simple Teflon cover for steam irons is the solution for ironing serge, gabardine, dull surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without any ugly shiny areas. $1.29 each plus 15c postage. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

At Ease
Relax in style! Your shopping weary feet deserve this hand-carved mahogany gout rest, 19 1⁄4" by 16", by 11 1⁄2" h. Large choice of fabrics and finishes. $74.95 exo. chgs. coll. Catalogue. $1. Martha M. House, HG9, 1022 So. Decatur, Montgomery, Al. 36104.

Lofty Planter
Rectangles of unfinished white pine are assembled to form a basket that holds plant pots of 6" dia. and 5" h. Hang it high with ivies, philodendron or any plant that shows to advantage hanging. $4.95 plus $1 post. Barkers, HG9, Box 6025, Norfolk, VA 23508.

Photos in the Round
Unique dangling globe opens up to display a gallery of 7 photos in a rich sively tone on a 24" chain. It adds an original touch to any ensemble. Ball opens to 5" wide. A wonderful gift that gals of all ages would cherish. Order early for Christmas.

$7.50 ppd 2 for $14.00 ppd.

GEMINI II ENTERPRISES
P.O. Box 7511
 Ft. Lauderdale, Fla. 33304

How to Housebreak Your Pet
Train-O Mat makes it easy

No more stained carpets. When dog scents chemically-odorized mat, instinct says, "Here's the spot." No fuss or bother. Mats are washable, both pole and 18" square holder are washable. Kenna-tested. Satisfaction or money back.

Holder & 2 mo. supply of mats . . . . .4.98
Holder & 6 mo. supply of mats . . . . .6.98
Attachable 12" pole for male . . . . . . .75c
Enclave 99c postaje

G & G RESEARCH
Box 12874-55, Dallas, Texas 75225

Brass Mist Sprayer
Every home gardener needs a spray mister to pamper those favorite indoor plants! A fine mist of water bathes foliage and cut flowers. Plants look better and grow faster! Great for seedlings — can't injure the tiniest shoots! Ideal for touch-up pressing at the ironing board!

$2.98

Add 50c each postage plus state tax.

Creative Enterprises
1732 Butler Ave., HG9, L.A., CA 90025

CHOOSE YOUR HOME DESIGN
BY EXACT CATEGORY!

- Richard B. Pollman, Designer

Lady be good to your feet
Enjoy buying choice-quality shoes by mail from our world-famous catalog showing the enormous variety of smart styles you'll find for every occasion. And our vast range of sizes insures you of perfect fit — or your money refunded!

Send for Free Catalog

GLENDA and GLEN
Sizes 2½ to 12, for widths AAAA to EE

GLENDA: Mark new leather, white; kid multi-color pastel. Kid: white, pink; yellow, blue; blue to indigo. Touch-up labels $0.95. Sizes 2½ to 12. Sizes are by inches.

GLEN: Multi-color genuine calfs (red, blue, yellow, green). Sizes 2½ to 10. $28.95. Sizes 10 to 12. $29.95. Specify heel height. Combine shipment for up to 8 pairs $4.00.

SOLBY BAYES
45 Winter Street (Dept. GR) Boston, Mass. 02109

ADDRESS LABELS with NICE DESIGNS
Any Initial, American Flag, Pine, Goll, Palm, Road-runner, Sagure, Rose. Also available are Texas Flag, Maple Tree, Treble Clef, or Pailette. Up to 20 letters per line, 4 lines. Printed in black on white or gold coated labels 1", 1 1⁄2", 2", 3", 4", 5", 6", 7", 8", 9", 10", 11", 12", 13", 14", 15", 16", 17", 18", 19", and 20" wide. $25.00 on gold for $2.50 ppd. Or on DELUXE SIZE, 1½" wide, $3.50 with design or $2.50 with out. Order early for Christmas. Specify Initial or Design desired. Via all.

Michigan residents please add 4% sales tax.

45 Winter Street (Dept. GR) Boston, Mass. 02109
LIBERTY AT THE BAR
Philadelphia's famous Liberty Bell becomes a handsome bucket for ice. Pewterton finished aluminum, it holds four quarts of ice. 13" high, weighs three lbs. The hinged lid has a wooden handle. $19.95 ppd. Old Grand-Dad. HG9, Box 1776-R, Babylon, NY 11702.

CENTURY LIGHT
Ingenious night light is said to last 36,000 nights—that is, a hundred years! Stays cool, plugs into wall socket to light dim areas softly. Continuous operation costs just 2c a week. $1.98 plus 25c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

BATIK ART
Beautiful hand-dipped colors on textured cloth attract the ancient art of batik painting by skilled Oriental artisans. A unique touch for any wall. 14" by 17". Other designs available. $3.95 plus 60c post. World Art, HG9E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

HELP AT HAND
Extra-long casserole paws give you a good grip on the hottest pot while they keep hands well protected. Heat-proof quilted cotton, brightly multicolored. 33½" long, $2.98; two, $5.76. Add 40c post. The Country Gourmet, HG9E, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

WORLD OF DOLLS
One hundred tiny dolls representing countries all over the world includes a cowboy, clown, bride, a dancer and a cuddly baby. Synthetic hard rubber. Perfect for a doll house. $2 plus 50c post. 120 Dolls, Dept. HG19, 160 Amherst St., East Orange, NJ 07019.

OLDTIME ORGANIZER AND PLANTER SHELF
Charming Early American, wooden country store organizer similar to those common years ago. Six pigeonhole compartments for letters, notes, recipes, etc., two shelves for paper and envelopes, a drawer for stamps, jewelry and other sundries and a top shelf to display your favorite plant or whatever. Hang it on a wall or place it on a desk or table, measures 11½" x 7½" x 5½". $9.95 plus $1.40 shipping. Conn. Residents add tax. Free catalog.

AMERICANA, ETC.
18 Lake Shore — RD 2, Brookfield, Ct. 06804

SHRINK STOMACH
Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups. Satisfaction Guaranteed or your money back. California Residents add 6% Sales Tax.

Dual Waist Wheel $9.98 + $1.00 Mailing Each
Single Waist Wheel $7.98 + $1.00 Mailing Each

Box 76303, L.A., CA 9000^
TRIPLE TALENT
Three-in-one cube for holding tissues also shows off your favorite photos along with a perpetual lifetime calendar. A striking desk accessory, 6" square. Great for home or office, for gifting. $2.49 plus 50c post. Carol Ann Gifts, Dept. HG2295J, Box 21026, Philadelphia, PA 19154.

HAPPY HOBBY
For some inexpensive fun, try collecting beer cans. A softcover handbook shows you how to get started. Lists over 100 operating American breweries, cans. Has room to record your collection. 32 pages. $1 ppd. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

SPARKLING SPRAY MIST
Crystal chandeliers, sconces and candelabra come bright and clear after a spray shower of silicone mist from an easy-to-handle 7 oz. can. No need to wipe; just let dry naturally. $3.98 plus 60c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

GLASS TO GROW IN
Pearl mist greenhouse with red-wood frame; acrylic glass content fiber glass. Pre-cut, fabricated Dutch door. Shown 8' by 12', $314.95 Exp. Coll. Other models from $119.95. Free catalogue. Peter Reimuller/Greenhouseany™, Dept. 11 IP, 980-17th Ave., Santa Cruz, CA 95063.

NO MORE WET HAIR
Keep hair dry while bathing or swimming. Absorbent Dry Band protects against moisture. Keeps hair-do safe, dry. Easy to use—practical for all ages. Simply wrap poly-foam band around head to cover hairline. Wear under shower or bathing capsules. Adjustable. 100 Bond St., Oshkosh, WI 54901.

Pennsburry Collection P.O. Box 2581, Dept. 758, Hickory, N.C. 28601

SYMBOL OF ENDURING FRIENDSHIP AND PEACE
The Claddagh Ring
Send $1.00 for our colour catalogue of premier Irish Sterling Silver, Gold, silver, pewter. Many manufacturers. Many diamond items. All at big savings.

Stephen Faller (Sportsnut)
Dept. BHL9
Mail Order Division: Industrial Estate, Mervue, Galway, Ireland

WE HAVE YOUR SIZE
2½ to 14, AAAA to EEE

REDWOOD HANGING BASKETS
-Natural California Redwood
-Use indoors or outdoors
-Hang in three strands of heavy-duty brass-plated ball chain.
-Assembled, use hanging on sale table

5" $5.95
6½" 6.50
8" 7.50
14" 8.90 Postage Paid

Set of 4 $26.00 (Save $2.85)
Florida residents please add 5% tax.

SEBRING HANDCRAFTED INDUSTRIES
P.O. Box 1558 (Dept. 56) Sebring, Fla. 33870

10 DAY TRIAL
You take no risk. Wear shoes 10 days. Then if not delighted with fit, quality, style and comfort, return them for refund of purchase price.

REDWOOD
Industries
Sierra Nevada Redwood
-Use indoors or outdoors
-Hang in three strands of heavy duty brass-plated ball chain.
-Assembled, use hanging on sale table

5" $5.95
6½" 6.50
8" 7.50
14" 8.90 Postage Paid

Set of 4 $26.00 (Save $2.85)
Florida residents please add 4 1/2% tax.

Genuine Deerskin

In stock and ready to ship.

THE CLADDAGH RING
Send $1.00 for our colour catalogue of premier Irish Sterling Silver, Gold, silver, pewter. Many manufacturers. Many diamond items. All at big savings.

Stephen Faller (Sportsnut)
Dept. BHL9
Mail Order Division: Industrial Estate, Mervue, Galway, Ireland

Pennsburry Collection P.O. Box 2581, Dept. 758, Hickory, N.C. 28601
Natural Fiber Plant Hangers
$1.00 each
Display your plants with these handsome Abaca Fiber plant hangers. Handcrafted in the Philippines. Weather resistant for indoor or outdoor use. Shapes itself to fit any pot. Hefty quadruple loop holds your heaviest plants. Generous 38" length. Buy direct from the importer and save.

Natural/Yellow/Brown/Green/Orange

WORLD FLORAL IMPORTS, inc.
1318 N. Madison sq. 30a  N.Y. N.Y. 10016

**LOVE LADY LOUNGE**

P.O. Box 2324, HG 799
Hickory, N.C. 28603

**ATE 22.00 (as shown in quilted print)**
$15.00 in your fabric—
**send 9½ yds., 54"**

Send $2.00 for Furniture Catalogue and request forms for free, hand-collected decorative fabrics.

**BICENTENNIAL**

Will never come again. Why not take your color portrait and print it on this fine china dish—in full color! 10 in. dia. in size, with fine wood stand. $24.45 PPD. CA Res. add 6% tax. 10-day Money - Back Guarantee. Send negative (B/W or Color) with Santa Claus and a crowd of happy young faces. First in an annual series by the famous artist. No. C.O.D. Express charges collect. Satisfaction guaranteed. $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

**ART COLLECTION**

Catalogue illustrates more than 200 art prints of masterpieces by the great artists in four popular sizes. Includes decorating hints and artists’ biographies; looks more like an art book! 50c each, six, $11.95. Add 50c post. Check to Mingo Co., Box 3633, Visalia, CA 93277.

**STAIR-GLIDE**

Sturdy, Lucite watering pitcher is ideal for the gardener. Excellent for watering indoor house plants can also be used as a small looking flower pot... $7.50 plus $1.10 postage from CAROL ANN GIFT

**SHOPPING AROUND**

**DEACON SHELVES**

**EXTENSION**
Bra extender enlarges the too small bra or makes an in-between size fit properly. No sewing. Hook to both ends of bra, it’s easier to work or play with a good-fitting bra. Specify two or three hooks. $1 ea. plus 15c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

**KEYS IN STITCHES**
Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing designs on 2" by 3½" key tags. Stitch initials on the back. Includes canvas, Perma Persian wool, design chart, needle, chain. $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

**WATERING PITCHER**
Sturdy, Lucite watering pitcher is ideal for the gardener. Excellent for watering indoor house plants can also be used as a small looking flower pot... $7.50 plus $1.10 postage from CAROL ANN GIFT
OF COURSE YOU ARE
Lots of laughs in a solid pine plaque, rough hemmed and knotty. He'll appreciate your constant efficiency even more, and your good looks too. White with blue and orange. 5½" by 11¼". $3.98 plus 50c post. Lillian Vernon, G8, 510 So. Fulton Ave., Mt. Vernon, NY 10505.

HISTORIC HANGER
From the gaslight days, a Victorian-style cast iron coat rack handy for trench coats, umbrellas, scarves, hats. Five large swing arms each has three hooks. 7½" from wall. 14" w. $3.98 plus 75c post. Holiday Gifts, Inc., Dept. 309·H, Wheat Ridge, CO 80033.

BLANKET CONTROL
Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $1.98 plus 50c post. Anthony Enterprises, HG9, 585 Market St., San Francisco, CA 94105.

SECRET SPREAD REST
What a great idea! A caddy that hides beneath mattress of beds with low (or no) footboards. Slip it out at bedtime for a bedspread rack to simplify morning make-up. King, queen, double beds need two. $7.83 ea., $15.65 pr. Add 90c post. Garrett's, HG9, Box 12274, Dallas, TX 75225.

CELEBRATE TODAY!
Table lamp kit. Ideal for child's room, den, or any room. Pump handle works light switch. 15% less to top of shade. Precision cut pine pieces, cord set and socket included. (Shade not included) $12.50 ppd.

imper Your Plants
This decorative all red hanging basket style-assembly kit is complete with clever pine pieces, brass finish chain & fittings. Standard & inch pot (flower pot not included) $7.50 ppd. Enjoy making it yourself. Finish to complement any decor.
BREEZE WAY
Your feet keep their cool with the smart Cindy wedge sandals. Bouncy cushioned insole on 2½" heels. Soft leather in white, bone or black. Sizes 4 through 12, narrow and medium. $10.95. Over 10 sizes $1 extra. Add 90¢ post. Softwear Shoes, HG9, 1711 Main, Houston, TX 77002.

TIDI-FILES
Keep all your papers, reports, magazines, catalogues and such neat and organized. Heavy-duty fiberboard, blue front panels, blank name space. Inside: 11¼" h. by 3½" w. by 9" d. Six $9.95; 12 $17.95; 25 $29.95. Jeffers Ltd., HG-2, 97 Bound Brook, Newton, MA 02161.

LOVE LOCKET
Filagree wreath, three-initial monogram on gold-plated 2" dia. pendant with flocking look on back. Open to hold two photos 1¼" x 1¾". Print initials, underlined last-name. $8.95 plus 75¢ post. Decor and Gifts Galore, Dept. 391, 140 Monument Ave., Barrington, IL 60010.

SHOPPING AROUND

BLOW YOURSELF UP
into a FULL COLOR POSTER at Unbelievable low Cost!

LOW COST FULL COLOR POSTERS
20"x24", only $7.50
24"x36", only $12.50
BLACK & WHITE BLOWUPS TOO!
3 ft. x 3 ft. $3.50 Large Format Poster
1 ft. x 1½ ft. $2.00 Up to 2 ft. x 3 ft. $4.00
1 ft. x 2 ft. $2.50 Up to 2 ft. x 3 ft. $4.00
3 ft. x 4 ft. $8.00

Send 25¢ for new Antique Jewelry Catalog

DEPARTMENT STORES

EVERLASTING SUN
for Your Priced Plants & Indoor Gardens

PLANT LIGHT
STIMULATES GROWTH

A supplemental light for cloudy or rainy days and hard-to-light places. Helps stimulate growth of plants, flowers, vines even potted garden needs and starts tool cuttings. Standard screw in correct with easy to follow instructions. Send for today's price. Two $2.95, four $4.85, six $7.50. TEXNO, Suite 333, St. Louis, Texas 75067.

TERRYCLOTH BATHROBE
Just the thing to keep him warm and dry after his bathe bath. Makes stepping more effective. Protects furniture from shedding hair. Zippered back for snug, easy fit. Washable terrycloth. For proper fit measure dog from collar to tail. Satisfaction guaranteed! SIZES: 10, 12, 14, 16, 18, 20—$5.95. Send for catalog.

Conquer Color Labs
Dept. HG-95, Congers, N.Y. 10601

GAME BIRD PLATES
by Arthur Singer

Light of America's favorite game birds, as full plateau, reproduced in beautiful color on bone china from Cass Millions, maker of the official White House china.

Ringnecked Pheasant
Woodcock
Prairie Chicken
California Quail
Chukar Partridge
Mountain Quail
Check your choice(s)

Price: $20.00 per single plate. Add 60¢ per color for additional colors, or $9.00 in any combination. BankAmericard or Master Charge, personal checks accepted. Send order with check or money order to:

1024 Filbert St., Philadelphia, Pa. 19107

GAME BIRD PLATES
Instructions: Send Check or M/C

SIMONS BROS., C.
1024 'Filbert 'St., Philadelphia, Pa.
STAY MAIL
Write Box S, Sarasota, Fla. 33578
OF INTEREST TO WOMEN
1040-Beauty Secrets...Your personal mini-magazine
1050-Beauty Report...All the beauty news you can use
1060-Beauty Offers...Health and beauty offers at member prices
1070-Beauty Gail...A periodic newsletter

SHOPPING AROUND

PRETTY AS A PICTURE
Cotton and polyester permanent press curtains with 4" knotted fringe. White or natural; 90" w. x
a pair, 45", 54", 63" l, $15.95. 72", 81", 90" l, $18.50; 96", 100" l, $21.90. Add 10'/2" valence, $5.75 each. Add $1.75 post. per order. Free cata-

SLICK FOR SLACKS
Chrome plated floor-to-rod pole has eight slip-proof arms that rotate 360 degrees so slacks are easy to hang or remove without disturbing others. Slacks remain uncrushed in closet, little space. $9.99 plus $1.15 post. Green-
land Studios, 9501 Greenlund Blvd., Miami, FL 33059.

VICTORIAN HEADBOARD
Hand carved solid mahogany headboard is biscuit tufted by hand, upholstered in any of ten
colors. Double bed size, $229.95; queen size $349.95, king $369.95 exp. coll. Send $1 for cata-
ogue of Victorian furniture and fabrics. Magnolia Hall, HG9, 726 Andover, Atlanta, GA 30327.

STRAIGHT AND STRONG
Spring post bookends keep book-
shelves neat and orderly. Gold
anodized aluminum encases a
steel tension spring. Poles fit
shelves 9'/2" to 13'/2" h; slim
enough to be unobtrusive. $2.98
duo plus $1.15 post. Anthony En-
terprises, HG9, 585 Market St.,
San Francisco, CA 94105.

COFFEE ON THE GO
Great idea for car passengers and salespersons on the road. New kind of coffee mug has a spillproof cover with opening for sipping. Fits neatly into an outer
top that adheres to dashboard. Plastic 3'/2" h x $3.25; two, $5. Rpd. Bruce Bolind, HG9, Boul-
der, CO 80302.

FREE Quilt Patterns
in every issue
of Quilter's
Newsletter

If you like quilts, this monthly magazine will delight you. Devoted entirely to quilt making and pat-
tern collecting. Preface illustrated with new and old quilts—designer's originals, show winners, mu-
seum quilts. Full of interesting, helpful features for both beginners and experienced quilters.
You'll also receive catalog showing hundreds of patterns, plastic quilting stencils, precut pattern
templates, quilt kits and quilt as you go patterns.

SPECIAL OFFER
6 Months $3.00 ppd.

QUILTS & OTHER COMFORTS
Dept: HG6, Box 394, Wheatridge, Colo. 80033
Please send Quilter's Newsletter. Payment enclosed for 6-months & catalog $3.00. Sample issue 75c.

Name_________________________  
City_________________________  
State_________________________  
Zip_________________________  

CELEBRATION SET
for AMERICA'S 200th BIRTHDAY

AVOID COSTLY DECORATING MISTAKES. Create miniature settings for every room in your house before spending a cent for a piece of furniture, a yard of fabric, a roll of wall-
paper, or a bucket of paint. That will keep you from buying furniture that is not in the style of your home. It will also help you decide if you really want the piece before you buy. Over 150 different furniture combin-
eons for every room. Sofas, chairs, sec-
tonals, tables, chests, beds, piano, fridges, etc. Decorate furniture pieces, walls, walls, fabric and paint samples included. Created by Adele E. Dinter. 64 pg. 6x9. $8.98 ppd. 

MINI FURNITURE
...makes it easy to be your own Interior Decorator!

Antique Restoration Plating & Refinishing
No restoration is too difficult for the skilled workers at Simmons Silver Plating Company (see un-
brushed photo). For more than 50 continuous years their craftsmen have restored and repaired home-
lores and objects of art. They duplicate missing parts, remove rust, replace knife blades, and re-
finish with a heavy coating of pure silver or care-
fully polish brass and other precious metals.

SIMMONS SILVER PLATING CO., INC.
409 Whistleblow, S.W., Atlanta, Ga. 30037

FREE BOOKLET & PRICE LIST

MINI FURNITURE
...

VICTORIA GIFTS
12-N Water St., Bryn Mawr, Pa. 19010

SIMPLY ELEGANT
...makes it easy to be your own Interior Decorator!

AVOID COSTLY DECORATING MISTAKES. Create miniature settings for every room in your house before spending a cent for a piece of furniture, a yard of fabric, a roll of wall-
paper, or a bucket of paint. That will keep you from buying furniture that is not in the style of your home. It will also help you decide if you really want the piece before you buy. Over 150 different furniture combin-
eons for every room. Sofas, chairs, sec-
tonals, tables, chests, beds, piano, fridges, etc. Decorate furniture pieces, walls, walls, fabric and paint samples included. Created by Adele E. Dinter. 64 pg. 6x9. $8.98 ppd.
Wake up a wall. Any wall.

One suggestion for your dining room is this provincially shaped mirror. It’s finished in old gold with red rub and dark dusty antiquing.

If you’d like more suggestions send us your name and a dollar. We’ll send you our full color catalog and the name of your nearest Carolina Mirror dealer.

Carolina Mirror Corporation
North Wilkesboro, North Carolina 28659
15. "YOU CAN HANG WALL COVERINGS LIKE A PRO" is a colorfully illustrated how-to guide from The Formica Corporation. Each step is carefully explained; from choosing your pattern to covering a ceiling—plus what to do with leftover fabric.

16. "LIGHTING IDEAS FOR SUCCESSFUL DECORATING." Thomas Industries Inc. has designed this idea book to help you create a lighting plan that will make your house more livable and attractive—whether you're building a new house or redecorating an existing one. $1

17. "A GUIDE TO CARPET BUYING." From C. H. Masland & Sons is designed to give you facts that will make you more confident when buying carpet. Carpet color, texture, construction, makeup, fiber, backing, and adding are discussed. $1

8. "CARLETON VARNEY'S ALPHABET OF DECORATING IDEAS." Delightful, easy-to-follow booklet by well-known fabric designer and decorating authority has pages and ages of creative suggestions on how to refresh any room in your house. The accent piece in many settings—mirrors, asset Mirror Company, Inc. $1

Eating and Entertaining

9. NEW '76 CUTLERY CATALOGUE from Gerber Legendary Blades is packed with the latest most up-to-date designs from the master knife makers. Whether it is a paring blade, a kitchen knife, or a carving set, Gerber's got something for every kitchen. Fully illustrated from cover to cover, the catalogue features Gerber's entire line plus other important tips.

20. "... HOW TO SELECT AND CARE FOR YOUR MATTRESS." This informative pamphlet from Serta, Inc. discusses the inside story of mattress construction, with helpful tips for buying bedding and instructions on how to care for it. 25c

21. WHAT TO DO IN TIME OF BEREAVEMENT is explained in a 32-page booklet, "My Duty," from Clark Grave Vault, with letters of sympathy, poems, and suggestions of things you can do when others turn to you in time of grief.

22. HELPFUL HINTS ON HOW TO BUY A MATTRESS are discussed in a delightful consumer guide from Therapedic, titled "The Bed Game." Booklet includes a listing of dos and don'ts for you and your back, the important facts on mattress construction, plus 5 individual tips on how you can test a mattress before buying.

23. THE ABC'S OF HI-FI. One of the simplest courses in Hi-Fi is Pioneer High Fidelity's pocket-sized book, "Understanding High Fidelity." Technically thorough, it is written in language anyone can understand. The book covers all the components, including Quad, and tells you what the specifications mean. There's also a glossary of 190 audio terms. $1

Order coupon for booklets—

September, 1975

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50c for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: HOUSE & GARDEN, Dept. 9
Box 3579, Grand Central Station
New York, N.Y., 10017

1st 2nd 3rd 4th 5th 6th 7th
8th 9th 10th 11th 12th 13th 14th
15th 16th 17th 18th 19th 20th 21st 22nd 23rd

I enclose:

$50c for postage and handling of my request for booklets
$ for booklets circled requiring payment
$ is my total remittance

Offer expires 11/14/75

Name
Address
City State Zip #

We've prepared a handsome color brochure to introduce you to Tiara II.

48 pages of room scenes and ideas illustrating a new collection of dining and bedroom furniture. For your copy, send fifty cents to Dept.HG-09, White Furniture, Mebane, North Carolina 27302.

ONLY McGUIRE® JOINS RATTAN WITH RAWHIDE

For further details consult any McGuire showroom in San Francisco, Chicago, Los Angeles, Boston, Dallas, Miami, Tampa, Atlanta, Cleveland, Grand Rapids, Seattle, Portland or New York, 964 Third Avenue, and in Canada now in Toronto and Vancouver. For a richly illustrated booklet send 50c to McGuire, Jackson Square, San Francisco 94111.
H&G gardener's notes by James Fanning

Clever make-overs to give a garden a lift

A stepped garden to catch sun, block wind, grow what you will... A holly for warm climates or indoors... Riddling lawns of weeds... Revamping old gardens

Flowers in steps create a terrace sun-trap

Stuccoed to match the house, a succession of retaining walls creates the garden amphitheatre, right, designed by Gae Aulenti (page 104). First wall—right next to patio paving—is highest—it is meant for sitting. Next comes wall that's a backrest for anyone sitting there. It also holds earth for first level of plants. Three upper walls have less exposed surface, in places are hidden by plants growing upward from below or trailing down from above. Simplest and least expensive way of building a similar garden amphitheatre would be to use cement block. In Portofino's beneficial climate, block walls need not go much below soil line. Where winters are severe, walls will need below-frost footings. Soil mixtures may vary from one level to another, so a garden of this type has almost limitless possibilities for growing things.

A no-trouble holly that grows indoors

Holly-like Ardisia is one of the few red-berried shrubs that grow well indoors. An evergreen that grows outdoors only in warm climates, ardisia has scallop-edged, dark green leaves. It will thrive in any kind of potting soil and can get along with little or no direct sunlight. It does not mind restricted roots and so hardly ever needs repotting. The flowers, below, are small and inconspicuous, but are followed by bright red berries that last until the next season's flowers appear. There is also a white-flowered variety, considered to be something of a rarity. Plants tend to be leggy, but this is easy to remedy—simply cut them back and they'll bush out from the lower stems. And don't discard the cuttings. They take root with no trouble at all, make holly new plants in a few months.

Weed identification and advisory service

During the hot months, lawn weeds have been flourishing along with the grass. Some weeds, of course, are inconspicuous enough to be ignored. Others spread fast and far enough to choke out lawn grasses, and these are the ones that need attention. There are so many kinds of lawn weeds, though, that even experienced gardeners may be stumped by the problem of identifying and applying the proper treatment to them. The Scott lawn people have taken a big step toward solving a lot of lawn weed problems by setting up a weed advisory service. This branch of the Scott organization identifies any weed sent to it, and makes recommendations for chemical or other treatment to eliminate the pest. To use this service, wrap a sample of the weed—stem, leaves, and flowers, if any—in aluminum foil, enclose in an ordinary envelope, and mail to O.M. Scott & Sons, Marysville, Ohio 43040. An identification and advice for treatment will be sent as soon as the Scott botanists can do their homework. If you're in a great hurry and can describe your pest plant verbally, dial one of Scott's toll-free numbers: In the East, the number is 800-543-1415; West, it's 800-543-0091; within Ohio, the number is 800-762-0410. There is no charge for the service, whether the advice is given by mail or by telephone.

A fresh start for old gardens

The fall months are the ideal time for remaking your lawns—replanting flower beds, and moving or replacing shrubs and trees. It all takes a good deal of planning, of course, and a good way to begin this planning is by reading Stanley Schuler's Make Your Garden New Again (Simon and Schuster, $9.95). Mr. Schuler describes how to go about making landscape changes for maximum effect with minimum effort. He takes up the basic problems of grading, soil preparation, drainage, and the location of outdoor living areas. He explains how to lay out and build walks, walls, terraces, flower beds, and shrub borders. His choices of trees, shrubs, vines, and herbaceous plants are carefully made for beauty and practicality in a variety of climates. As a guide to home landscaping, whether you are remaking your garden or are about to start from scratch, this book has the answers.
Open the shell of the lobster tail with a pair of scissors, and cut meat into large pieces. Reconstruct half the lobster on each plate; in the shell of the body place the meat from the claw.

Lighten the sauce with a small amount of the sabayon sauce and spoon on the lobster. Garnish each plate with onions, carrots, turnips, and cucumbers. Serves 2.

*Recipes can be found in standard French cookbooks or in Larousse Gastronomique.

**PIGEON SALAD**

**NOTE:** A dark-fleshed game bird—quail, pheasant, guinea hen—is nearest substitute if pigeon is unavailable; but recipe could be adapted to Cornish hen or chicken.

**INGREDIENTS**

1 pigeon  
1 pigeon consommé or chicken stock  
2 or 3 leaves of tarragon  
1 tablespoon lemon peel, cut in strips  
1 tablespoon mushrooms, cut in strips  
1 tablespoon kernel of corn  
2 cups strawberries  
2 cups cantaloupe melons, cut in half and seeded  
2 cups carrots, turnips, and a spear of bay leaf at each end  

**METHOD**

Ring with halved artichoke bottoms, halved tomato, peeled, seeded, chopped. Dress greens with a light vinaigrette sauce. Arrange each plate surrounded by greens on which are laid thin slices of poached pigeon. Garnish with artichoke bottoms, sprinkle over remaining ingredients. Serves 2.

**TISANE D’EUGÈNIE**

A natural diuretic made with equal ingredients of the following: slice of apple, a grape, a chunk of pineapple, and a sprig of fresh mint. Ingredients are available at herb-and-spice or health-food stores. Or from Kiehl Pharmacy, 109 Third Ave., New York, N.Y. 10003.

There’s only one thing worse than finding out you have cancer.

Not finding out.

Many cancers can be cured if discovered early enough. Get a regular health checkup. Start now.

We want to wipe out cancer in your lifetime.

Give to the American Cancer Society.

**FREE! MAIL COUPON TODAY**

GEO. W. PARK SEED CO., INC.
269 Cokesbury Rd., Greenwood, S. C. 29647

NAME:

STREET OR P.O. BOX:

CITY:

STATE:

ZIP:

If you Love Gardening

**HERE’S A BOOK TO DREAM WITH**

The new, the rare, the unusual— you’ll find them all, as well as the finest of the familiar flowers in this handsome and colorful 48-page catalog. Spring flowering bulbs from Holland, perennial flower seed, and exotic house plants are clearly described and illustrated along with the latest accessories and materials. Park’s FLOWER BOOK will help make your gardening dreams come true — and it’s a natural diuretic made with equal ingredients of the following: slice of apple, a grape, a chunk of pineapple, and a sprig of fresh mint. Ingredients are available at herb-and-spice or health-food stores. Or from Kiehl Pharmacy, 109 Third Ave., New York, N.Y. 10003.

If gardening is your hobby

you’ll love a NATIONAL hobby house

Imagine having your favorite flowers any time of the year, regardless of the season. Hobby house gardening is a relaxing, colorful escape from everyday pressures and educational for the whole family. Made of lifetime aluminum, National hobby houses are prefabricated for easy installation. THERE’S A SIZE AND STYLE JUST FOR YOU.

Write for literature and additional information

NATIONAL GREENHOUSE COMPANY
P.O. BOX 100  PANA IL.  62557

If gardening is your hobby

you’ll love a NATIONAL hobby house

Imagine having your favorite flowers any time of the year, regardless of the season. Hobby house gardening is a relaxing, colorful escape from everyday pressures and educational for the whole family. Made of lifetime aluminum, National hobby houses are prefabricated for easy installation. THERE’S A SIZE AND STYLE JUST FOR YOU.

Write for literature and additional information

NATIONAL GREENHOUSE COMPANY
P.O. BOX 100  PANA IL.  62557

**CLEANS AND DEODORIZES**

- Removes Spots
- Saves Rugs
- Restores Colors
- Cleanses Other Pipe Areas
- Slides ‘Housebreaking’

**FREE!** Send for Helpful ‘Housebreaking’ Hint.

At these stores or write us

CONSOLIDATED CHEMICAL COMPANY
1719 S. Halsted, Chicago, Ill. 60608
Magnificent Reproductions For Collectors of Miniature Early American Wood Furniture

ONLY $1.99 to $4.99 EACH
BUY SET OF 6 AND SAVE $7.95

These are incredible reproductions of authentic Early American furniture at truly incredible low prices! They are really beautifully made of black pine wood and finished by hand with a glowing walnut wood finish. Careful attention has been paid to every detail—doors and drawers have been dovetailed to open smoothly just the way they do in your own fine furniture. Knobs are solid metal with an antique brass look. Every feature is authentic including dresser platforms, high legs, wood turnings, even finials. Each piece is fully assembled—they are not kits you must put together yourself. Sizes are really large—much bigger than we have room to show—(exact sizes listed under each illustration). An absolute joy for collectors and so solidly constructed, they are perfect for jewelry or desk caddies! Superb, of course, for a luxury doll house.

MAY NEVER BE OFFERED AGAIN AT THESE SPECIAL LOW INTRODUCTORY PRICES—BOUND TO SELL OUT FAST—AVOID DISAPPOINTMENT AND ORDER NOW

MADISON HOUSE
Dept. 9562, 4500 N.W. 135th St., Miami, Florida 33059

MAIL MONEY-BACK GUARANTEE COUPON TODAY:
MADISON HOUSE, Dept. 9562
4500 N.W. 135th St., Miami, Fla. 33059
Rush the collector furniture below at prices listed plus $1.50 postage and handling for each piece:

- #16366 Open Hutch $3.99
- #16367 Table.........$2.99
- #16368 Breakfront ..$1.99
- #16370 Triple Dresser $3.99
- #16371 Silver Cabinet $1.99

SAVE $7.95—ALL 6 (#16372) for $16.99 plus $1.50 postage and handling (you save $4.95 on furniture and $3.00 on postage—a total of $7.95!)

Please send me Gift Catalog #16445 @ 50¢
Enclosed is check or m.o. for $.....NY and Fla. residents, please add appropriate sales tax.
Orders over $5 may be charged to:
□ Master Charge □ BankAmericard
Acct. No. Exp. Date
If using Master Charge, also indicate the four numbers above your name here...

Name
Address
City State Zip

FREE: 24-HOUR 7-DAY-A-WEEK PHONE SERVICE for our charge card customers, dial 800-327-8572 Florida customers, dial 800-432-7521 (for ordering only) CALL NOW
special decorating issue

op designers speak out for common sense decorating

over-before storage • Up-to-date lighting • Simplified windows • Comfortable new furniture, arrangements • Surprise plants • New finds in great American naturals • 20 time-saving kitchen tips • Best recipes and ideas for spur-of-the-moment entertaining
Begin a Country English Tradition—with Henredon's Folio Twelve
Crown Baroque is the most majestic and elegant sterling you can own. It is a work of art in solid silver that only Gorham could achieve—a work of art that can only grow more valuable with time. Because sterling is valued by its weight, design, craftsmanship, and future appreciation to succeeding generations, Crown Baroque is truly a superior investment. Unequaled in all these respects, it will never grow old... only more precious.

New Crown Baroque is the stateliest of the stately baroques. Hold a piece and you will experience the feel of its luxurious weight. It is the heaviest American sterling flatware you can buy, beautifully proportioned to feel comfortable in your hand and look exquisite on your table.

Crown Baroque is another striking example of the sterling masterpieces that Gorham has been creating since 1831. Masterpieces that have endured time and change to become classics, even more popular today than when first introduced. Each one is more than just a beautiful Gorham pattern. Each is a total design. A true work of art in sterling... with perfect balance between ornamentation, shape and function.

The world famous Gorham Hallmark has represented the pride of the silversmith's art for over one hundred and forty years. It says your Gorham Sterling is the ultimate in dignity and grace, beauty and craftsmanship. It tells everyone that you will not settle for anything less than the best.

Do you own a Gorham Original?

Crown Baroque... a new Gorham Original destined to become another classic in timeless design.
A KITCHENAID COMPACTOR CAN GET YOU OUT OF THIS MESS.

It's a beautiful answer to an ugly problem.

Just deposit your trash. The compactor will swallow it up, compacting it to about 3/4 its original volume. It gobbles up cans, cartons, bottles and scrap. Quickly. Neatly. Easily.

The exclusive KitchenAid Litter Bin™ makes it easy to handle small trash without stooping. And the big trash drawer handles whole wastebasket loads at one time.

What's more, only KitchenAid has an activated charcoal air filter to eliminate odors. And you can use the KitchenAid compactor with or without trash bags.

Your KitchenAid dealer will show you how it works. His address is in the Yellow Pages under "Dishwashers." Or send us the coupon.

HORSE

Built better. Not cheaper.

KitchenAid Division, Dept. 5CA-10
Hobart Corporation
Troy, Ohio 45374

Tell me more about your KitchenAid Compactor.

Name...
City...
Country...
State...
Zip...

KitchenAid®

On the cover: Walk into a living room with all the elements that make a room look new, live well: big comfortable furniture arranged for flexibility and surrounded by space; simple windows [with mirrored reveals that enlarge a view]; touches of natural wicker; paintings and sculpture the owners really love; and plants—for a breath of nature. Designed by Arthur Smith. For a closer look, see page 100.

Some designers who speak out for common-sense decorating:

1. Angelo Donghia
2. Tom Britt
3. Robert Perkins
4. Mark Hampton
5. Michael Taylor
6. George Clarkson
7. Mrs. Henry Parish II
8. John Dickinson
9. Jay Spectre
10. Bruce Gregga
11. Albert Hadley
12. William Hodgens
13. Mica Ertegun
14. Chezzy Reyner
15. Richard V. Hare
16. Arthur Smith

DESKTOP OCTOBER, 1975

WRITTEN AND DESIGNED BY DOUGLAS PEARCE

DEPARTMENT OF THE VICTORIAN GOVERNMENT

INIRCORPORATING LIVING FOR YOUNG HOMEMAKERS

Vol. 147 No. 16

DECORATING, ARCHITECTURE, BUILDING

60 Home improvement ideas for the house fixer
70 For decorating zest: Great American naturals to buy right now. By Paula Rice Jackson
93 Common-sense decorating
94 To askers speak out for common-sense decorating
100 Designing for a dynamic couple—versatile rooms for aridy-party-givers
104 Designing for a whole family—making an old house think young
108 How to make a room look new and live well
110 Livable, practical naturals for an active family's house
112 Versatile, comfortable naturals for a sweep-of-season city apartment
116 Living and entertaining Missoni style
126 Problem-solving storage
132 Great American decorating naturals
134 Vacation house, greenhouse, and sauna warmed by sun power

FEATURES

12 What's new for living: New sight and sound pleasures at home. By Margaret Morse
14 Time/energy/money-saving tips: On keeping heat inside where it belongs
52 Questions & answers: Antiques
65 Notes of a happy housekeeper by Mary Elizabeth Faller
87 A great American idea: In honor of. . . Common-sense decorating (Editorial)
116 Living and entertaining Missoni style

WINE & FOOD

138 Some intriguing facts about port. By Henry McNulty
141 Zesty winter vegetables spiked with fruits, nuts, and herbs. By Jane Ellis
142 Spur-of-the-moment party food, Italian style
144 Time-saving kitchen tips

BEAUTY AND HEALTH

20 Notes on nutrition for your family's health: Rediscover wonders working whole grains and other natural fibers. By Eloise R. Trescher
40 Preventive medicine. By Caroline Seebohm

GARDENING

114 How to grow almost anything indoors
124 The very personal garden of Laura Bishop: A small green garden with a lilac walk
130 Gardener's notes. By James Fanning

TRAVEL

50 Places, places, finding things: Weekend excursions. By Louise Ade Boger

READER'S SERVICE

156 Shopping around with Audrey Nichols
227 Shopping information
228 Best in books

A SMALL GREEN GARDEN WITH A LILAC WALK

The very personal garden of Laura Bishop: A small green garden with a lilac walk

For further information about anything appearing in this issue, please write House & Garden Reader Service, Conde Nast Building, 3921 Wilshire Boulevard, Los Angeles, Cal. 90010.

MARY JANE POOL
ASSOCIATE EDITOR
DENISE OTIS, MIKI DENHOF
ARCHITECTURE—BUILDING
WILL MELHORN
TECHNOLOGY—ENVIRONMENT
ELIZABETH SHERREYEFF BYRON
SUSAN ZEVON ASSISTANT
DECORATING DESIGN PROJECTS—FURNITURE
MARGARET KENNEDY
DECORATING FEATURES—ELECTRONICS
JACQUELINE GONNET
DESIGN—HOBBIES—CRS—DEAK-GARDEN
BABBS SIMPSON
DECORATING—ACCESSORIES—LIGHTING
RAABEN PARKER
ENTERTAINING—SILK CHIN.CHINA—GLASS
JOAN P ECK
FABRICS—FLORAL AND WALLCOVERINGS—BEANS
JOYCE MARLE
DEC REGIS FRANCIS PHILIP ASSISTANT
BARBARA PORTSCH
COLOR PROGRAM DIRECTOR
CONSULTING BEAUTY AND HEALTH EDITOR
NADINE BERTIN
WINE & FOOD
JANE BACON
BARTON
SANDRA ODDO
CAROLINE SEIDBROH
ASSISTANT EDITOR
JEROME SHERMAN
PENAL ALLAN COPY ASSOCIATE
NEIL D. LONDON ART PRODUCTION
ART EDITOR
ERNEST COSTA
ASSISTANT ART DEPARTMENT
LINDA M. NATH
ADVERTISING COORDINATOR
LORNA DASMARELL Caine
CONSUMER ADVISOR
NANCY MCCARTHY RICHARDS
CONTRIBUTING EDITORS
PERRY WICKERS, NEW YORK
PHILIP RUSSELL, TRUE
PATRICIA CORBIN
JOAN GARRETT
DOROTHY WALKER SAN FRANCISCO
MARILYN SCHAFER
GWENDOLYN WARNER SAN MARINO
LOUISE COBLENFEX BEACH
CORALIE LEE MANI
DE ANN BRIDGES CHICAGO
PAMELA SAWDAM CHICAGO
JANETTE GILLES CHICAGO
MARIE-PIERRE DE CICCO PARIS
CATHERINE MONTESMOLDO WASHINGTON,
EXECUTIVE EDITOR
ANNE B. JOHNSON
MERCHANDISING EDITOR
DEBORAH BROWN
SHOPPING AROUND
AUDREY NICHOLS EDITOR
ASSOCIATE PUBLISHER
HENRY H. HUBBARD
ADVERTISING DIRECTOR
VENICE E. WESTERBERG
CLASSIFIED ADVERTISING MANAGER
ELMRO ECKER, JR.
PROMOTION DIRECTOR
LEONARD SILLS
EASTERN
TIMOTHY B. WRIGHT
MID-ATLANTIC
GORDON W. BROWN
NEW ENGLAND
VANNY HILL
STATLER BUILDING, BOSTON, MASS. 02116
CHICAGO
LA FAYE SAVAGE
875 North Michigan Avenue
Chicago, Ill. 60611
CRAILEY AND J. B. MILLER
BUICK BUILDING, CLEVELAND, OHIO 44115
ATLANTA
LOUIS M. FREE
1515 Peachtree Street, N.E.
Atlanta, Ga. 30309
PACIFIC COAST
CHARLES J. JOHNS
3921 Wiltshire Boulevard
Los Angeles, Cal 90010
FLORIDA
THOMAS DAVIS
5950 S W 71st Street
South Miami, Fla. 33143
SOUTHWEST
ROY McCAIN
3330 SouthWest Freeway
Houston, Tex. 77006
STAMMERS TOWER WEST
DALLAS, Tex. 75207
SHOPPING AROUND
CHRIS NARDI BUILDING
310 Madison Avenue, New York, N.Y.
BRITISH HOUSE & GARDEN
Vogue House, Hanover Square, London
FRIENDS HOUSE & GARDEN
(Maison & Jardin)
4 Place du Palais Bourbon, Paris 7
POUL HORNLSLETH
PUBLISHER
HOUSE & GARDEN IS PUBLISHED BY THE CONDE NAST PUBLICATIONS INC. AT TWO HAYS STREET, NEW YORK, N.Y. 10013, FOR SUBSCRIPTIONS, ADDRESS CHANGES AND ASSISTANCE, WRITE TO HOUSE & GARDEN, BOX 904, BOULDER, COLORADO 80302. ITS WEDNES ARE REQUIRED FOR CHANGE OF ADDRESS, PLEASE GIVE BOTH NEW AND OLD ADDRESS AS PRINTED ON LAST LABEL, POSTMARK SEND FORM 35709 TO HOUSE & GARDEN, CONDE NAST BUILDING, 3921 WILSHIRE BOULEVARD, LOS ANGELES, CALIFORNIA 90010.
FOR FURTHER INFORMATION ABOUT ANYTHING APPEARING IN THIS ISSUE, PLEASE WRITE HOUSE & GARDEN READER SERVICE, CONDE NAST BUILDING, 3921 WILSHIRE BOULEVARD, NEW YORK, N.Y. 10013.
Each piece of Waterford crystal is a treasured work of art, etched by hand with care, as it was two hundred years ago. Hold Waterford to light and you can faintly see the name that identifies it as an authentic work of art.

There's no more auspicious time for you to invest in Waterford. Each piece of Waterford crystal is an investment in timeless beauty. You live with it now, yet it grows more valuable with the passing years.

Recognizing the distinguished heritage that Waterford's alone, exhibits the world's most exquisite examples of this fabled crystal.

If you'd like to see them, visit the Waterford exhibit at the important dealers in your area. Or write for a free full color catalog: Waterford, Fifth Avenue, New York, New York 10010.

Isn't it time you started collecting signed originals by Waterford?

And English bone china by Aynsley...to cherish?
Trousseau Lace, elegant no-iron sheets and pillowcases.
HALSTON

PERFUME  SPRAY PERFUME  COLOGNE  SPRAY COLOGNE

OCTOBER, 1975
The original of the japanned Queen Anne Secretary replica, shown here in one of our showrooms, was commissioned by the Duke of Marlborough in about 1700 for Blenheim Castle. Its lacquer colors are softened by skilled hands to a mellow patina.

The original of the Regency Bamboo Chair was brought to New York—to a shop on 57th Street—by a knowing connoisseur. Only by making models of its delicate original parts could the sculptural curves, weeps and pitch be duplicated.

The Bachelor's Chest, like much Queen Anne furniture, is enriched by rare walnut. Once called Persian, the trees which produced this wood were planted in England by the Roman conquerors. Today it can only be found near the Caucasus, where soil, wind and rain conditions remain perfect for producing its special character.

These are but three reproductions from our Baker collection with the enduring qualities which make the originals so valuable: proportion, detail, finish and authentic material.

Eighteenth Century English and other Baker collections may be seen at select stores and, through your interior designer, at Baker, Knapp & Tubbs showrooms in the cities listed below. A 400-page two volume casebound catalogue of over 1000 Baker designs is available for fifteen dollars from Baker Furniture, 401 The Merchandise Mart, Chicago, Illinois 60654.
OUR TOWEL.

Since we loomed our first Martex® Luxor Towel a quarter century ago, there has been none lusher. Denser. Softer. Or, if pure function is what you demand, more absorbent. With a little patience, and a few free hours, you can prove this to yourself by counting the tiny loops in every square inch.

True, what you see here amounts to nothing more than what a perfect towel should be.

Yet, more than any other product we make, this simple length of terry expresses our belief that the necessities of life should be as beautiful as the indulgences.

THE LUXOR TOWEL BY MARTEX® 24 COLORS.
Country Craft
by VIKING

Natural elegance with a zest for living. Experience it now, with hand made glassware that sparkles with outdoor freshness... and shines with a warm inner glow. For beauty that holds season after season, choose several of these co-ordinated pieces. Available in crystal and two colors. All reasonably priced at fine stores everywhere.

VIKING GLASS COMPANY
New Martinsville, West Virginia 26155

Treasured American Glass

Our New Martinsville and Huntington, W.Va. plants are open to the public for tours every weekday.
New sight and sound pleasures at home

The new breed of home movies, new "plain" geometry for furniture, sheet fabric by the yard, plus build-it-yourself plans for music speakers

How to go to the movies without leaving home

BY MARGARET MORSE

Where to rent 16mm. feature films by mail across the country—Great fun for parties or simply for movie buffs, 16mm. feature films are readily available by mail from many motion-picture film rental companies around the country. For a local list, check "Motion Picture Film Libraries" in your telephone Yellow Pages. Most companies rent to you with the agreement your showing will be strictly private and without admission charge, with your mailing the film back the next day. The prices we've quoted—from the latest catalogues—are for a single showing under these conditions. For other conditions and specifics, see company catalogues. Please note that prices for a given film may vary widely and that prices are subject to change.

If you don't have a 16mm. motion-picture projector, most large photography stores rent them—about $25 a day or $65 a week in New York City. Or look in the telephone Yellow Pages under "Motion Picture Equipment & Supplies Renting."

Before listing some companies that rent 16mm. features by mail, I suggest the quickest way to find the film you want may be the Film Program-mer's Guide to 16mm. Rentals. It covers features, early cinema, selected documentaries, and newsreels, often gives comparative prices for different distributors carrying the film, with a directory of 52 film distributors and summary of their rental and price conditions in back. Compiled by (Continued on page 232)

Now you can buy nine pretty sheet patterns by Wamsutta by the yard! In cotton and polyester Ultracale, 55 inches wide, at about $3 a yard, a real bargain in chic for sewing slipcovers, curtains, even covering walls. At Bloomingdale's and Macy's in New York, Burdine's in Miami.

Music to your ears if you're a do-it-yourselfer and... have wanted to build your acoustically sound loudspeakers. "Enclosure Construction Kit" all information needed to build virtually any size enclosure (even built-ins) for JBL speaker components. With illustrated manual on enclosure theory, materials, assembly methods, detailed plans for 3, 5-, and 8-cubic-feet enclosures, charts for tuning them, wiring them to amplifier or receiver. You build wood, hardware, components separately. Kit is $5 at select JBL dealers or postpaid from Technical Information Dept., James B. Lansing Sound, 324 Casitas Ave., Los Angeles, Cal.

Quick-change table for living room dining

The four sides of the "Coclea" table lift up and out for comfortable dining—each side works manually by its own pushbutton. Sloping base for leg room. 59 inches square and 14 inches high closed and 177 square and 23 high open. Lacquered wood in glossy black, glossy or matte white, or matte gray. Designed by Fabrizio Cucchia for Sormani.* $1,803.

Pared down Art Deco for a gleaming, contemporary desk

A half-moon of black granite, 8 feet long, notched with V-shaped stainless steel legs. Two drawers. As shown or topped with Carrara marble, about $6,850; olive ash burl or ovangkol buri, about $6,250. By Leon Rosen for The Pace Collection.*

A sculptural seat for stand-up support

If you spend hours over a kitchen counter or worktable and would like the support of a chair but freedom of standing, the high, half-seat "standing rest" is for you. It's an example of the "form follows function" design Italy often does so well. Molded plastic seats in orange, white, brown, or black. The adjustable black iron base is tripod-shaped for stability. Designed by Claudio Salocchi for Sormani.* About $173.

Versatile fire extinguisher

Put out home grease, electrical, gas, oil, and paint fires with the easy-to-use "Fire Fighter"—just rip off seal, aim, press spray button, and enough sodium bicarbonate's dispensed for the average homeowner to put out, the manufacturer says, a liquid fire 5 feet square. With pressure-check button, wall mount. Antique white, 12½ inches high. By Norelco. About $15.

*AVAILABLE THROUGH INTERIOR DESIGNERS ONLY.
Add one miserable day, one easy chair, and serve.
Settling in for the winter  By Sandra Oddo

Insulation is the answer. In all those lists of ways to conserve energy, it figures first, and by now we've read it so often that it sounds just a little boring: Ah, yes, insulate (yawn). But how? With what? How much? When?

When? Now. It's cool enough now that you won't roost in the attic or under the roof. It's warm enough that you won't freeze outside while you're tucking in the basement windows. Construction-supply places are up to their rafters in insulation of all kinds. And—the big reason—expensive winter heat is not yet fleeing through your walls in invisible waves. Or rather, in waves that become all too visible on your utilities bills.

How much? "In typical frame or masonry veneer construction," say Henry R. Spies, Seiichi Konzo, Jean Calvin, and Wayne Thoms in their valuable book 350 Ways to Save Energy (and Money) (Crown, 55.95), "each 1,000 square feet of uninsulated wall surface . . . will lose 18,750 BTUs per hour." Proper insulation can reduce the loss by more than three quarters. What's proper? For maximum savings, walls should have an R-value of at least 13, ceilings or roofs an R-value of 19, and floors over basements or crawl spaces at least as much as walls.

With what? The most widely used insulation is fiberglass, R-11 for 3½-inch wall batts, or R-3 for each inch of thickness. It is made by melting down glass, extruding it in fibers, and packing the fibers together with resins. Mineral wool, made with melted rock or slag by the same process, has a similar R-value. Both are relatively inexpensive to buy—about 10c a square foot—and easy to apply in new houses. Fiberglass is made (Continued on page 16)

The wonderful value of R

Insulation is measured in R-value, the amount of resistance it puts up to heat passing through it. The better the insulation, the higher the R-value. High R-value is usually printed on the material itself, or on the package.

Insulation can also be measured in the amount of heat (in BTUs) it will conduct per square foot per hour. T lower the K factor, the better. It ranges from .16 for polyurethane to .47 for vermiculite.

Both R and K ratings can change depending on whether the insulation is loose, rigid, or batt form, and on whether it is used in walls or ceilings.

The safe use of foam

Polystyrene is something called a thermostatic material. When it's hot you can mold it—so when there is a fire, it melts. It will melt away from a very small fire. But in a large fire it will burn as well as wood, and will release heat much more quickly—explosively—in some cases. It will drip and cling. And it will release a lot of deadly carbon monoxide.

Polyurethane is a thermostatic material—once molded it will burn but not drip or melt. It will release the same gases.

Neither should be used as insulation where it will be exposed. Ampec, a construction-materials subsidiary of Dow Chemical, which makes Styrofoam, has conducted extensive tests and found that the best fireproofing cover-up for rigid foam insulation is plain old gypsum board. A sheet as thin as a half-inch spackled and taped, will make a wall as fire resistant as if there were no foam there. Fire retardant paint can also be used, but ten to be brittle. If it should accidentally be chipped, its value would be destroyed. Most paneling works, though it conducts heat. Wood paneling does not work.

As we become more energy-conscious more people are going to consider insulating panels or shutters to cover windows at night. Rigid foam, in form, is perfect for these— because of its flammability, says an Ampec spokesman, they do not recommend it unless covered with metal on both sides, or unless used only against the glass, when neither paneling frame nor nearby paneling is of wood.
"The new romantic looks can take the heart out of your hair. 30 minutes with condition will put it back."

Pierre Henri

"Personally, I love the romantic looks. I also hate them. I love what the soft waves, bouncy curls, and fluffy bangs do for you. I hate what the permanents, stiff brushes, brush rollers can do to your hair.

They can turn soft into strawlike, bouncy into broken, fluffy into frizzy.

Now I'm not suggesting that you switch to some Plain Jane hairstyle. But I strongly suggest that, along with the romance, you give your hair a good sensible dose of condition* Beauty Pack Treatment from Clairol.

Of course, condition* may cost a little more than most other conditioners, but it's loaded with protein.

In just 30 minutes, condition* sinks right into the hair shaft, supplying protein to the deprived hollows.

It adds new body and manageability, helps repair split ends, and gives your hair a terrific shine.

You give it permanents. Brush it out. Roll it up.

If you really want your hair to look romantic, give it a little love. Give it condition*"

condition*
The 30-minute treatment for mistreated hair.

Cosmetics by Clairol © 1971-1975 Clairol, Inc.
in 6-inch batts for ceilings.

Cellulose fiber, made from wood pulp or recycled paper chemically treated to resist fire and water, has a slightly lower R-value than mineral wool. It comes in batts and blankets but is used most often as loose fill. Some settling deterioration may be expected with time.

Rigid plastic boards, polystyrene, and polyurethane are becoming more common and more valuable as insulating materials. Polystyrene can be either molded (like insulating coffee cups) or extruded. The extruded form is best for insulating boards, with an R-value of 4 to 5.4 per inch of thickness. It is completely waterproof. Polyurethane has an even higher R-value but may pick up moisture and swell with time. It is used, therefore, only in places where it is protected from moisture—a total wall system with metal sheathing, for example. Both will burn, so they should always be covered with a fire-resistant material. In a concrete-block construction, rigid insulation has a labor-saving advantage. It can be pasted directly to the block wall, inside or out, with mastic. Gypsum board or siding can be pasted to the insulation, eliminating extensive carpentry. If you install it yourself, it costs about 15¢ a square foot.

Polyurethane foam, sprayed between existing walls, is an effective but unpredictable insulator. The technology of spraying is not quite where it should be yet, and a lot depends on the skill of the operator. It can also swell if it picks up moisture after it is installed.

Urea-formaldehyde foam, patented by the Rapparwill Corp. of New York as Rapco-Foam, is totally non-flammable. It has an R-value of about 5 per inch, it does not settle or swell (though it may contract up to 3 percent), and, installed by an approved applicator, it is guaranteed for the life of the structure. Rapparwill has trained and licensed about 1,000 applicators in the U.S. —and the training is important, since improperly mixed urea-formaldehyde foam can develop a lingering formaldehyde odor. It should cost about 50 percent more to blow into an existing wall than blown fiberglass would.

In considering the use of all foams, check your local building codes. Polystyrene, for example, is banned in Chicago.

Particle board, made from miscellaneous wood fibers, is sometimes used as an insulating sheathing board, between wall studs and house siding. It has a R-value of about 2.6 per inch and is a fairly good soundproofing material. It is inexpensive, but, like wood, is susceptible to termites.

Expanded mineral materials like vermiculite or perlite are available as boards or loose granules to fill existing walls or ceiling spaces. They're fireproof and verminproof. As a board, perlite has an R-value of 3 per inch for roof uses. Loose fill is slightly less than R-2 per inch.

How? If you are building a new house, the answer is easy—everywhere, with everything. Start by planning to take advantage of the sun. A ranch-house-like rectangle, for instance, will use 40 percent more energy if its long sides face east and west than it will if they face north and south. Energy-conscious builders are beginning to advocate a total system with full batts of fiberglass between wall studs, and sheathing of ¾-inch or 1-inch Styrofoam to cover the outside, ground plate to rafters, under the siding. Such a wall would have an R-value of more than 18.

Rigid insulation manufactured by companies like Dow and Owens-Corning figures in a new concept for roofs—turn them upside down. Insulating boards go on top of wood and tar paper, just under the shingles, to make the roof more heat-and-weather tight.

If you want to add insulation to an existing house, it may take a little more ingenuity. Start with the ceiling, since savings count the most there. If it's loose fill, common in older houses, has it settled? You can add more, or you can replace it with batts of insulation. You can even lay batts on top of the fill, as long as the batts have no vapor barriers. A foil or kraft paper moisture barrier will trap any moisture in the fill, perhaps compounding a problem. If there is no space between ceiling and roof, consider insulating the roof with board-type insulation. Or, if you can spare 2 inches of room height, and your joists can carry the extra weight, glue rigid insulation to the existing ceiling, then cover it with another layer of gypsum board for fire protection.

If your exterior walls have no insulation, the only practical solution is to have some blown in. Strips of siding are removed, holes are bored at intervals, and insulation—loose perlite, vermiculite, fiberglass, mineral wool, cellulose fiber, or foam—is blown into the interior wall cavities. It is not a job easy—everywhere with everything. Continued on page 14
both floors are glossy and lustrous. And both have a no-wax finish that’s virtually carefree. But that’s where the comparison ends. Only the new GAFSTAR Brite-Bond Citation flooring collection gives you a thick, cushiony foam backing. So it’s softer and more comfortable than Designer Solarian.

For your nearest GAFSTAR Sheet Vinyl dealer, call Toll Free 800-447-4700 (in Illinois, 800-322-4470), or write, GAF Floor Products, Dept. W22, Box 1121, Radio City Station, New York, N.Y. 10019.

Then go and make your own comparison. After all, why should you settle for just a beautiful look when you can also have a beautiful feeling.
American history in the artistry of

Each plate approximately 8" in diameter, containing 6.7 troy ounces sterling silver.

Declaration of Independence  William Penn  First Thanksgiving  Patrick Henry's Oration  Boston Tea Party

To salute America’s Bicentennial, the world-renowned Birmingham Mint has created six extraordinarily beautiful works of the silversmith’s art. The Colonial Heritage Collection captures, in the soft glow of fine sterling silver, six major events in America’s colonial history. The Landing of the Pilgrim Fathers. The First Thanksgiving. William Penn’s Treaty with the Indians. Patrick Henry’s “Liberty or Death” Oration. The Boston Tea Party. And the Signing of the Declaration of Independence.

To bring out all the detail and drama of these sculptured scenes, the plates will be struck in high relief, from dies hand-carved by master craftsmen. Each plate will bear the prized Maker’s Mark of the Birmingham Mint and come with a Certificate of Authenticity signed by the Managing Director of the Mint. Founded during Washington’s presidency, the Birmingham Mint is England’s oldest, largest private mint, known throughout the world for its fine commemorative plates and other collector’s items in precious metal.

Each solid sterling silver plate—with official British Government hallmarks guaranteeing the purity of the metal—will be sent to you in a deluxe presentation case, suitable for wall mounting if desired. The Mint will issue one plate every two months, from November 1975 to September 1976. The price will remain $180 per plate, regardless of any increases in the cost of silver.

Along with your sixth plate, you will receive a special gift from the Birmingham Mint—an additional plate struck in classic pewter, the traditional metal of colonial America. It will portray famous “Heroes of The Revolution.”

Only 2000 sets, each with registered serial number, will be struck in sterling silver. Orders received after the issue is fully subscribed must regretfully be returned.

Because of its artistic quality and intrinsic value, and as a token of friendship between our two great nations, The Colonial Heritage Collection will surely become one of the most cherished heirlooms of the Bicentennial—to be enjoyed now and passed along with pride to future generations.

Famous hallmarks that bespeak universally admired craftsmanship and value

Special Gold Edition. For the discriminating collector, the Birmingham Mint will strike 50 sets in solid 22-karat gold, each plate 16 troy ounces in weight. The cost, regardless of any increase in the price of gold, is set at $5000 per plate. Subscribers to the Gold Edition will receive a sterling silver gift plate gilded with 22-karat gold. To order, check appropriate box in the application.

Your gift plate
“Heroes of The Revolution”
Rediscover wonder-working whole grains and other natural fibers

New medical research tells you why and how

By Eloise R. Trescher, RD

The multimillion dollar annual sales of laxatives and cathartics substantiate their claims. Present studies indicate that diets low in fiber might be implicated in certain types of heart disease, elevated cholesterol, cancer of the colon, and other diseases of the colon such as diverticulosis.

The ways in which dietary fiber works are complex. Different kinds of fiber play different roles. The chief roles of dietary fibers are to:

1. Increase the bulk of the diet.
2. Permit greater water binding capacity of the intestinal contents.
3. Promote a favorable milieu for intestinal bacterial flora.
4. Produce larger and softer stools.
5. Decrease the transit time of the fecal mass.

Carcinogenic substances would have shorter contact time with the intestinal mucosa and therefore less chance of promoting the development of cancer.

Persons whose diets are composed of highly refined foods and foods low in fiber content (meat, fish, poultry, eggs, cheese) are often constipated and take muciloids in water to provide intestinal bulk. A happier solution to the problem is to eat foods high in fiber content—a salad of fresh fruit or greens, a dish of Scotch oatmeal at breakfast. Any of these, singly or in combination, provide pleasant ways of including dietary fiber, and help promote satisfactory bowel movements.

Little is now known about the specific properties of different fibers. The U.S. Department of Agriculture Handbook No. 8, 1963, our most recent comprehensive source of information on the composition of foods, lists only crude fiber or C.F. Crude fiber is the insoluble material left after milling. C.F. values must be used because they vary widely. Whole grains contain large quantities but as you see in the lists on page 28 much of these are removed in milling. The C.F. Continued on page 28
"If anyone had told me a few years ago that I would be an Interior Decorator, I would have said you're crazy!"

Mrs. Faye C. Haynie
An outstanding LaSalle graduate from Madisonville, Kentucky

You have a natural love for attractive homes, don't you become an interior decorator? Here's how one woman made her dream of a
deserving career come true.

It seems only yesterday that Mrs. Faye Haynie Madisonville, Kentucky was working in a job...as a million other women do. Today, she enjoys a good income in an exciting career of her own...having the time of her life as an interior decorator.

How did Mrs. Haynie accomplish this remarkable
One day she answered an advertisement of Salle Extension University, a correspondence
program, describing the attractions of a career in interior decorating.

When she realized how much fun it could be to learn decorating in her spare time at home, she decided to enroll. That was the beginning of whole new life for her, and one of the reasons for her happiness today.

LaSalle training has helped many women increase their decorating skills. LaSalle could help you do it, too. Why don't you send for the book-offered below?

An Ideal career for women

Here are few other fields to match the pleasures and rewards that a woman — whether married or single — can enjoy as an interior decorator. Consider for a moment:

You'll be able to put your natural talents and creative urge to use in designing beautiful and inviting rooms for clients.

Your hours will be spent shopping for the un
usual. In glamorous showrooms, antique shops and galleries. Selecting whatever is lovely and exciting rooms for clients.

You may want to apply your new knowledge to your own home.

How you train at home

The LaSalle Course in Interior Decorating has been prepared to give you practical, complete and up-to-date preparation for this exciting modern career. Lessons come to you by mail; you have every opportunity to build an independent business of your own.

Less than a month after I mailed my final lesson I was hired by a decorator firm. What makes my career so special is that I choose my own hours...and I feel so rich when I compare my earnings with what I used to earn," writes LaSalle graduate, Mrs. Faye C. Haynie.

"If anyone had told me a few years ago that I would be an Interior Decorator, I would have said you're crazy."

For a beginning, you may prefer a position in a decorating studio, home furnishing gallery, or smart department store. With experience, you'll have every opportunity to build an independent business of your own.

Mail attached card for free booklet

If you are seriously interested in the opportunities offered by a career in Interior Decorating — if you are prepared to devote a few hours of your spare time each week to conscientious study in order to achieve your goals — send for the free booklet offered by LaSalle. There is no obligation. LaSalle, 417 South Dearborn Street, Chicago, Illinois 60605.
Very simply, the most beautiful fragrance in the world.

Arpege by Lanvin
The Classic.
MAKE A NIGHT OF IT. WAMSUTTA.
I'd heard enough to make me decide one of two things: quit or smoke True.

I smoke True.
The low tar, low nicotine cigarette. Think about it.

King Regular: 11 mg. "tar", 0.6 mg. nicotine. 100's Menthol: 13 mg. "tar", 0.8 mg. nicotine, av. per cigarette, FTC Report April '75.

Satisfy Your Appetite for Making Things Yourself

and make hundreds of useful items at a fraction of the cost of store-bought with The Family Creative Workshop

A Complete Library of Craft Projects

Over 900 marvelous projects to try in an hour, evening, weekend
the kind of person who has a yen to make things yourself, your home, your friends, you'll delight in completing, A to Z Library of Crafts with more than 30 projects for you to enjoy. Here, at last, is an inexhaustive source of useful and beautiful things you can make for less than if you bought them in a store. In its lavishly illustrated pages, you'll find step-by-step instructions for gifts, toys, clothes, furniture, decorations, jewelry, pottery, basketry, and so much more. Projects to fill spare hours with satisfaction and fun...

Imagine the money you'll save...

You can make your own candles, cosmetics, greeting cards, bottle your own wine, make cheese, stitch moccasins for less than $5, print personalized paper with a potato, braid rugs from rags, can your preserves, even upholster furniture.

Over 900 projects to choose from...

Whatever your previous craft experience, here are projects for every age and skill level. Those lovely page boxes you've admired...you can make them cut, paste and shellac. The batik work you've admired...do it at home with melted paraffin. Antiques,ordonary fabric dye. Instructions are simply easy to follow. Through them you can advance complicated projects...making an acrylic room, building "cardboard box" furniture, even conning a telescope!

Enjoy a volume FREE for two weekends...

TIME-LIFE BOOKS wants you to experience this Crafts Library, published by Plenary Publications, for yourself, why we invite you to examine Volume 1 free for two weekends. Actually try as many of its 36 different projects as you wish, you may keep the book for $5.95 and continue to receive other books in the series as described below. There is never any obligation, ever, and you may cancel at any time. Mail the card or write: TIME-LIFE BOOKS, Time & Life Building, P.O. Box 60811.

Shown here are just some of the volumes in this Complete Library of Craft Projects:
- Each volume bound in sturdy hard covers, 9¼" x 10½"
- 128 pages
- More than 30,000 words
- Over 400 photographs, drawings, and other illustrations, many in full color

Enjoy Volume 1 FREE for two weekends... actually try some of its fun projects
THE INTRALACE COLLECTION.
BECAUSE WHAT YOU WEAR LOOKS EVEN BETTER
WHEN WHAT YOU CARRY LOOKS GREAT.

Personal accessories may be small things. But they're important things. Not only because they organize and carry so many of your important things. But because when it comes to the way you look, nothing is too small to overlook.

That's why for over half a century, Princess Gardner has been dedicated to making leather accessories that are very practical, very beautiful.

PRINCESS GARDNER

Prince Gardner, St. Louis, Mo. A Division of SWANK, INC.
Yogurt. You know how much we know.
Now see what it can do.

Now one of the world's greatest skin care ideas. Five new skin treatments, rich in pure yogurt extract—a natural source of protein. What's more, all are pH balanced within the 4.5 to 6.0 range ideal for healthy skin. And all are dermatologist-tested.

The Yogurt Skin Care Collection. Because we think your face is as important as your body.

The Yogurt Skin Care Collection
MAX FACTOR
variety of foods. Variety adds interest and t-to-be discovered nutrients are included"

THE INTRALAC
BECAUSE WHAT YOU WIL
WHEN WHAT YOU C

Two of my younger friends—Tommy, 19 and Beth, 17—suggested
the next two recipes.

Lacy Oatmeal Cookies

<table>
<thead>
<tr>
<th>1/2 pound butter, melted</th>
<th>not instant</th>
</tr>
</thead>
<tbody>
<tr>
<td>2 1/4 cups light brown sugar</td>
<td>1 teaspoon vanilla</td>
</tr>
<tr>
<td>2 1/4 cups regular oatmeal,</td>
<td>1 egg slightly beaten</td>
</tr>
</tbody>
</table>

Mix together the melted butter, sugar, oatmeal, vanilla, and egg. Drop by the teaspoonful on an ungreased cookie sheet, allowing for 3-inch spread. Bake in a 350° oven until brown, 5-7 minutes. Cool the cookies. Makes 5 dozen. Contributed by Mrs. Richard Randall to the Walters Art Gallery cookbook Private Collections.

Rice Bread

<table>
<thead>
<tr>
<th>2 tablespoons dry yeast</th>
<th>2 tablespoons corn or rice oil</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 1/2 cups lukewarm water</td>
<td>2 teaspoons salt</td>
</tr>
<tr>
<td>1/4 cup honey</td>
<td>1/2 cup rice bran</td>
</tr>
<tr>
<td>2 cups cooked, moist rice</td>
<td>5 cups unleached flour</td>
</tr>
</tbody>
</table>

Preheat oven to 375°. In a large bowl, mix yeast, water and honey until dissolved and frothy. Thoroughly blend in rice, oil, salt and rice bran. Add enough flour to form a soft dough. Knead dough on floured board at least 15 minutes until smooth and elastic. Form into ball, place in greased bowl, cover with damp tea towel and set in warm place to rise 1 1/2 hours or until double in size. Punch down, let rise again 40 minutes or until doubled and return to floured board. Knead and shape into 2 loaves, place in 2 greased bread pans and let rise until again double in size. Bake for 10 minutes, lower heat to 325° and continue baking 35 minutes. Remove from oven, let stand 5 minutes, remove from pans and cool on rack. Makes 2 loaves. From Ricecraft (Yerba Buena Press) by Margaret Gin. ■

Remember when crystal was something you
were proud to give but thought you couldn't afford to own?

Now you can do both. With Cristal d'Arques.

We make more genuine lead crystal than anyone else in the
world. That's why we know how to
make it so beautiful and so beauti-
fully affordable. Cristal d'Arques
gives you everything you expect
from fine crystal. Full lead content (24%).
Brilliance. Clarity. Strength.
And that unmistakable ring. Every-
things in fact, but a too-expensive price.
Beautiful things meant to be used
everyday: Tuileries Continental Cham-
pagne, Versailles Wine, Villandry
On-the-Rocks, and new Beaugency Goblet,
cut and polished with unprecedented
precision. Just part of the Cristal d' Arques
collection, all designed and crafted in France.
From $3.00 per stem.

cristal d'Arques
GENUINE LEAD CRYSTAL FRANCE

by J. G. DURAND International
Tuileries $4.50 per stem, Versailles $3 per stem,
Villandry On-the-Rocks $20 set of 6,
Beaugency $6.50 per stem.

Catalogue upon request. Write J. G. Durand, Millville, N.J. 08332. In all better department stores.
THE SILVER MARTINI.
FOR PEOPLE WHO WANT A SILVER LINING WITHOUT THE CLOUD.

SMIRNOFF SILVER, NINETY POINT FOUR PROOF, SMIRNOFF LEAVES YOU BREATHTLESS®
SMIRNOFF SILVER® VODKA, 90.4 PROOF. DISTILLED FROM GRAIN. STE. PIERRE SMIRNOFF FLS. (DIV. OF HEUBLEIN, INC.) HARTFORD, CT.
A classic Early American design executed in sterling silver.
Introducing American Colonial in Oneida Heirloom Sterling.

Oneida makes American Colonial in both sterling and stainless. Services are available with pistol handle or place knives. At fine jewelry and department stores.
Preventive Medicine
What it means and how it’s going to make you live happier, longer

Findings and forecasts from Dr. Ernst L. Wynder, president and medical director of the American Health Foundation

By Caroline Sebohm
The expression “preventive medicine” is not very familiar yet to most people—but it looks as though it’s going to become an important part of our vocabulary of the next decade. The reason it’s beginning to make news is simple: As Americans know more and more about health, it’s suddenly clear that we can help ourselves live longer and happier than we’ve ever lived before.

“Nobody takes better care of you than YOU!” is the slogan of the American Health Foundation, a nonprofit organization formed to advance the cause of preventive medicine. “We need a new approach to health care,” says its president and medical director, Dr. Ernst L. Wynder. “In its idealistic sense, the physician should attempt to prevent illness in patients. We, however, equate doctors with sickness. Perhaps you know the probably apocryphal story that it was a custom for doctors in China to be setting up smoke cessation clinics. Many people confuse ‘normal’ with ‘average.’ What is average for Americans is not average for those on a so-called normal diet. What is average for the Japanese, where cardiovascular disease and these cancers are relatively uncommon. Nor would they be average in Puerto Rico, where also these diseases are less common. We really need to know what ‘normal’ is. The normal cholesterol level might well be between 100 and 120 milligrams percent in the bloodstream of an adult individual, which we see rarely in America. Here the average is between 220 and 230 milligrams.

“You don’t take your car for granted. It has regular checkups. But you take your body for granted. We all have the illusion of immortality”

“Nearly everyone overeats, even those on a so-called normal diet—and we have to be careful when we use the word ‘normal.’ Many people confuse ‘normal’ with ‘average.’ What is average for Americans is not average for the Japanese, where cardiovascular disease and these cancers are relatively uncommon. Nor would they be average in Puerto Rico, where also these diseases are less common. We really need to know what ‘normal’ is. The normal cholesterol level might well be between 100 and 120 milligrams percent in the bloodstream of an adult individual, which we see rarely in America. Here the average is between 220 and 230 milligrams.

“One reason for this problem is that in the last 100 years we have become physically less and less active, and thus require fewer and fewer calories.” A sign of the times: The recommended dietary allowances issued by the Food and Nutrition Board of the National Research Council of the National Academy of Sciences are down in proteins and in calories, (see House & Garden, September 1975, page 112). “Yet as we become more affluent, we tend to eat more and more fat—in this century alone total fat contribution to total calories increased from about 32 percent to 42 percent, instead of decreasing. People will not exercise more—it takes too much discipline—so the only alternative is to cut down on calories, fat, and cholesterol. We are suggesting to the food industry to lower fat and cholesterol content in their food products. We are asking you, in fact, to modify your entire diet.”

“In China, preventive medicine is emphasized because it saves the society money. We should be looking to that too”

Even the government has begun to take notice of the value of preventive medicine. The first Health and Nutrition Examination Survey, United States, 1971-2, undertaken by the National Center for Health Statistics, has just published its preliminary findings. This new program—the first of its kind—aims to establish a continuing national nutrition surveillance system that will measure the nutritional status of the U.S. population and provide an objective test of programs to improve that status. Preliminary findings, just out, reveal that “there is evidence of a deficiency with respect to the nutrient iron, based on both the dietary intake and biochemical data. This dietary deficiency occurs at all age levels and is not limited to persons in the below-poverty level group.” The results also show that the biochemical iron deficiency is more
Does she...or doesn't she?

She still does!

1963 Sandy Wright as she appeared in a Miss Clairol Creme Formula ad.

1975 Sandy Wright today.
What better tribute to Miss Clairol than these pictures that show the vitality, the beautiful healthy glow, the soft fresh color of Sandy Wright's hair as it looks now. Yes, after more than twelve years of using Miss Clairol Creme Formula.

Miss Clairol is the haircoloring with the professional reputation. It's the one women prefer for its natural tones...that stay beautifully natural week after week. And no laboratory today has found a better way to cover gray. Leaves hair easy to manage...with a lovely, lively touch!
Try it for haircolor the best it can be...at any price!

Natural Wear™
Miss Clairol™
Creme Formula

To know you're the best you can be™

Norman Rockwell interprets the close camaraderie of two young boys, and captures their happy memories and adventures on canvas in his "Me and My Pal" series. These warm, sensitive paintings have now been faithfully reproduced by Gorham on Fine China with painstaking fidelity. And this 1975 series of decorative plates is available in an annual Collector's Edition; 10 1/2" in diameter, banded with 24 karat gold. Complete set of four is $70. Simulated antiqued-wood wallframe for 10½" plates, $12.95 each. Available at finest jewelry-gift stores and china departments.

Prices subject to change without notice.

GORHAM DIVISION OF TEXTRON PROVIDENCE, R.I.

Fall—"Disastrous Daring"
Spring—"Young Man's Fancy"
Winter—"A Lickin' Good Bath"
Summer—"Fisheremen's Paradise"
Women tell us within 21 days their skin is:
"Finer-textured." "Clearer, more luminous."
"Softer." "Dramatically improved."

Try it and see. This moisturizing and texturizing cream penetrates up to 20 cell layers to accomplish improvement in the look and feel of your skin. In clinical tests most women actually saw a visible change—a finer-textured, softer, smoother skin. Visible Difference.
You should see the difference in 21 days.
Preventive medicine continued from page 40

prevalent in the younger age groups, something that would not surprise Dr. Wynder.

"Health care in children is a neglected area," he says. "We are beginning Know Your Body programs in schools, where we tell children how to learn about their body. We issue them a health passport, which records their own blood pressure, cholesterol count, etc. As children become more knowledgeable about the potential risk factors as they apply to themselves, they are much more likely to have better health habits."

The American Health Foundation is also interested in mini-checkups for adults in their place of work. "We send out allied health professionals to take blood pressure and cholesterol count, and fill out a health questionnaire to try and identify by these limited studies the high-risk patients, and zero in on them. The whole procedure takes less than ten minutes, and costs less than $10. Then if risk factors are found they can be acted upon."

Again, one of Dr. Wynder's preventive medicine ideas is now being taken up elsewhere: Gimbels department stores in New York have instituted a hypertension detection and treatment program for their employees at the stores themselves, and high blood pressure has been adequately reduced in 81 percent of the treated workers. The program was so successful that it is being extended to other organizations. Because the site of the Gimbels clinic was where the patients worked, much time and cost were saved—and the patients could work better.

"We are spending billions of dollars on illness," declares Dr. Wynder. "Yet we spend little on reducing these illnesses. If we did reduce them, what would be the economic saving to this country? In China, a great deal of emphasis is being placed on preventive medicine, because as a society they can save money that way. For economic reasons, we also should pay more attention to disease prevention."

Dr. Wynder envisages that the medical care of tomorrow will include a mini-screening—just as regularly as a motor vehicle. "You take your body for granted," he says. "But you don't take your car for granted. It has regular check-ups. We all have the illusion of immortality—it can't happen to me."

"Yet it's up to you to take the responsibility—remember, nobody takes better care of you than you." Living in a world of increased knowledge and awareness about nutrition and food for health; with this new government program of Health and Nutrition Examination surveys; and with the work of the American Health Foundation in trying to modify risk factors relating to disease, perhaps at last we are beginning to understand the value of preventive medicine and practice it ourselves. It's our best hope for the future.

BEAUTY AND HEALTH PRODUCTS
NEW THIS MONTH IN THE STORES

Crisp, fresh air, sunny skies, glorious color, and a spate of bright new fragrances greet us this fall...

...A subtle floral perfume called "Nuance" that's very young, very pretty from REVLON. Smaller travel sizes of cologne, spray cologne, body lotion, and dusting powder let you try it out. 5 ounces of cologne, $5.50... Devotees of designer Stephen Burrows, who introduced red zigzag stitching and "lettuce" hems, will be delighted to learn of his latest creation "Stephen B." A complex of jasmine, hyacinth, roses, and touches of musk and amber. Like his clothes, it's a sleek scent and very sexy. One ounce of perfume, $40; ½ ounce in a perfume spray, $5.50; 1 ounce of perfumed oil, $7.50...

S-O-F-T is The Word to describe the aura of "Nuance" by COTY. Cool. Understated. A diffused scent to achieve because it's light yet long-lasting. Available in perfume at $40 an ounce; spray cologne, $5 and $6.50; 4 ounces of cologne, $7; and dusting powder, $5. And let's not forget the men. REVLON hasn't..."CHAZ" is a new scent with snap and pizazz, great for after sports. For starters a 1-ounce spray cologne at $3.75—goes all the way to 8 ounces for $14. After Shave up to 8 ounces for $12.

ALEXANDRA DE MARKOFF...Four individual 8-ounce bottles, each with its own wax seal for freshness, make up a new moisture additive for all skin types, especially...
873,000 women read The National Observer
It's not because of our recipe for gingerbread

Actually, it's a superb recipe for gingerbread.

But ask our subscribers why they read The National Observer, and help with their gingerbread is not likely to appear at the top of the list.

What they're more apt to tell you is that The National Observer helps them "make sense" out of the news. Or it helps them "broaden" their outlooks. Or they might simply say it helps them "cope."

That's a lot closer to what you would find if you were a reader of The National Observer.

You'd become aware of the background details and inside stories that make the news meaningful. You'd gain a panoramic view of the world as it really is. And along the way, you'd probably find yourself a little more comfortable with what's happening these days.

Readers of The National Observer appreciate what it means to witness the "death" of a city like Saigon, as well as what it means to be the parents of a dying child.

They can explain the constitutional "loophole" that enables Indira Gandhi to become a "democratic dictator," as well as startling people with the fact that despite soaring divorce statistics, two-thirds of all first marriages still manage to survive.

But readers of The National Observer get more than the cold, hard facts. They enjoy a cross-section of the "human condition" painted with honesty, sensitivity, and an eye to improving the quality of life. For instance:

- How an elderly couple brought new life to their marriage of 43 years.
- How to stop land swindles from bilking people of their hard-earned retirement savings.
- Why some perfectly sane people get trapped in mental institutions for years.
- Why there is so much violence among teenagers in "good middle-class" schools.

THE NATIONAL OBSERVER
A recipe for living

OBSERVER
Reform Isn't a Fail

Concerned as it is with people and their daily lives, The National Observer also brings you personal guides to thriftier, zestier living. It alerts you to current shopping "buys" and ways to make your home more comfortable. It reviews current films, books, music, art, even travel areas, so you can best plan and enjoy leisure time. It gives you how-to's on everything from better health to better bridge to better gingerbread.

And if you're feeling sad, you'll find something in The National Observer to cheer you. Whether it's a story about a singing dog named Buckypoo (he only sings to piano) or a great piece of graffiti (scrawled under the sign don't write on this wall was the question, "You want maybe we should type?").

The National Observer is not a man's paper. It's not a woman's paper. It's a people paper. And we'd like to invite you to participate in it. Here's a marvelous opportunity to join us as a new subscriber at a very low cost and with no risk on your part.

All you need do is complete and return the attached postpaid reply card. Please send no money. We'll bill you later when we start sending you The National Observer. Then if you're unhappy, just write "cancel" on your invoice and you won't owe a cent.

So why not take advantage of this opportunity? After all, you have nothing to lose. In fact, look at what you've already gained...a darned good recipe for gingerbread.

To insure proper processing of your order please write in the following identification number in the box provided on the bound-in reply card: 2A102

OBER, 1975

47
...the ideal way to buy your presents from The Metropolitan Museum

Every three months—four times a year—the Museum will announce by mail remarkable new replicas—exact copies of Museum originals: sculpture, decorative objects, tableware, and ornaments.

The variety will be extraordinary: ancient jewelry in gold and silver; Oriental and European porcelain; early American glass in crystal and rare colors; bronze from Egypt, Greece, China, and the medieval world; silver, pewter, brass, and pottery from Colonial America.

These copies, often produced by the same techniques used for the originals, are made by artist-craftsmen working under the Museum’s direct supervision. The care taken in production frequently limits the quantity, and the majority of replicas can be bought only by mail or at the Museum.

To receive all of the advance announcements to be issued during the next year, send the coupon below with one dollar to cover mailing costs is enclosed.

To do the job for you wherever you need super lubrication—forehead, bridge of the nose, neck, knees, elbows, even toes. It’s a very thin, nonsticky oil that is so easily absorbed it takes only twenty minutes to do its stuff, whereas many other types of oil lubricants have to work all night. So there’s never a slick film on the skin’s surface. One ounce, $12.50. At B. Altman; Carson Pirie Scott. Helen Rubenstein... Clean skin and how to get it becomes so much easier with help. Fresh Cover Brush-On Mud Pack is loaded with micro-fine minerals that cleanse pores, blot up excess oils, slough away dead surface skin. It’s rinsed off with cool water, followed by a light facial massage, and more cool water. You can help but feel refreshed, look glowy. 2% ounces, $3.50.

Max Factor... The Chinese look in full fashion is one that works. Quilted jackets, wrapped head and legs, and ankles in color and style to age-old ways to keep warm. Oriental Flowers in lipsticks, in colors, eyeshadows and liner. Make-up and pressed powder complete the look. The color range from poppy bright to petaled porcelain light. One new part of the collection is “Rice Powder, White Geminesse Fresh Finis, Enriched Pressed Powder.” It’s perfect for that look of a sheer veil of white. It’s in an oversized, very thin compact with a large, you can-see-what-you’re-done mirror inside. The enrich Pressed Powder also comes in translucent no-color for all skin shades as well as Fair, Medium and Deep. Enriched Velvet Lint is also a new member—one to us without water. It buffs on quickly and evenly in Teak Brown, Mini Blue, Velvet Green, Twilight Tea and Tender Black. Try them with Enriched Velvet Shadows like Spring Jade, Sky Blue Aqua, a Lotus Blue. All by Geminessse.

Beauty and health products

continued from page 44
Maybelline has exactly what you need for a clean, well-cared for complexion. Liquid make-up so sheer, so light, it captures that fresh, naturally lovely look. Gives just enough cover to hide what you want to hide yet never feels tight on... just right on.
For that born beautiful look that doesn't cost a fortune, choose from two personalized formulas.

Moisture Make-up that pampers thirsty skin.
Oil-Control Make-up that does just what it says. Both in a wide variety of lovely shades to wear alone or as a powder base.

"I want my skin to look gorgeous. Fresh and un-made up even in the bright sunlight. Am I asking for miracles?"

Maybelline
Seaports and seafood feed the imagination on a leisurely New England weekend  

By Nancy Richards

The look of the New England countryside in the fall is usually reason enough for a long weekend there. Then add to that the color of the leaves, the pleasure of buying fresh vegetables and late summer fruit from roadside stands. And the relaxation of stopping at a simple seafood restaurant for a long lunch of chowder, corn bread, and a broiled fish. Who needs more? This year, however, with everything since 1776 in special, loving focus, it would be a shame not to squeeze New England of every bit of history, architecture, and sea lore that she so richly offers. Choosing the coast and her seaports as a theme, I started off in New York with the first of the historic ports in miniature right under my nose. At 16 Fulton Street, on the East River, the South Street Seaport quarters several huge, floating antiques—a schooner, a sidewheeler, an old ferryboat, and the three-masted "Wavertree." Once on the road, for me the major stop was in Mystic, in Rhode Island, Newport, in Massachusetts, New Bedford.

An outdoor maritime museum on the Mystic River at a point close to the Sound, Mystic Seaport is involved in preserving maritime crafts, gear, and art from the 18th and 19th centuries, when ships were the biggest industry of New England and much of the coastal population was either building them, fishing and whaling from them, or sailing them around the world in prosperous foreign trade.

Superdome in New Orleans

Defining the pleasant proportions of three-story historic New Orleans and looming largely over it, the new Louisiana Superdome will be to that state what the sum of Carnegie Hall, Shea Stadium, and Madison Square Garden plus the Hilton Hotel is to New York. Like Houston's Astrodome, the Superdome is covered by a clear span roof, the diameter of which is longer than two football fields. The area of the roof is almost 10 acres or the size of a small farm. It is completely air-conditioned and a six-sided system of television screens (26 by 22 feet apiece) suspended near the dome top gives every seat in the house both the experience of one's own eyes and a huge replay monitor. Specially designed to resist even hurricane gusts of up to 200 miles per hour, the Superdome is well worth visiting for a football game, a spectacular show, or a rock concert, even in the fall hurricane season.

End of the Bicentennial Excursions

Mobil has long enjoyed combining travel and leisure in the company of one or another of the various oil-company travel guide series that covers the country inch by inch. Mobil has now come up with a single big paperback called The City Vacation and Business Guide that covers our 47 biggest cities from every aspect. Local street and airport maps are invaluable. Listings of Bicentennial special museum shows, historic areas and what to see there offer ready-at-hand source information to anyone who finds himself in a new city with a few hours to spare on vacation. The City Vacation and Business Guide is $4.95 at Mobil Service station, many bookstores, or by mail from the Mobil Travel Bureau, Box 25, Versailles, Ky. 40384
Of the many old-style features, one treat, and some old-fashioned lemon and pepper-nuts. The idea of peppermint zanzibar, is better than the acce of a peppermint zan-
the Seaman's Inne, the n's restaurant. is a satisfaction cafeteria that serves a lunch and apple concoction first course at lunch and bisquey clam chowder. wonderful thing about this is that it has lived so well and so much is left to see. In the 17th cen-
was a seaport larger than New York. By the early
century, the town was full of prosperous Quaker mer-
craftsmen, artists, etc. But when, after the occupation from 1776-
half of the population was driven away, something
began to evolve. With a mild climate that was at
East and West Indies, it began to attract sum-
titors. Spreading across the northernmost tip of an is-
that runs the length of Narragansett Bay, where the
est is full of coves and inlets, and wildlife, a
ner community began to develop alongside the
and one that had been in place for a long time. By 1830 some
visitors had left the
els for large rambling
or cottage town that they began
for themselves. Long-
and Julia Ward Howe
the summer visit-
was the James family
es, Henry and William. Warton's "Age of In-
has a whole chapter on Newport that in the
19th and 1890s began to at-
time of the biggest, new-
tunes in the country. Fan tycoons built the
of houses referred to as
als that to rival the
om of most of the royal
(Continued on page 78)

L'EGGS® INTRODUCES THE NEW SAVE $1.4-PACK

(BUY 4 PAIR OF L'EGGS PANTYHOSE IN THE NEW PACKAGE AND SAVE A WHOLE $1)

From now on, you'll be able to buy the new Leggs 4-pack at your Leggs Boutique...it's a very convenient way to buy Leggs and save $1, too. And because the new decorator pack is so good looking (just take off the outside label), you'll want to keep it around for all kinds of pretty uses. You can buy Regular Leggs Pantyhose (Average size and Queen-size) and All Sheer Pantyhose (Average size) in the new 4-pack. And remember all our Leggs products are guaranteed. If you're unhappy with one, for any reason, just return it to Leggs Guarantee, Box 56, Winston-Salem, N.C. 27102. We'll give you a refund, or a replacement, whichever you prefer. Also available

MUSEUM

MUSEUM

MUSEUM

Forty years ago, John Getty began collecting, and, as his passion ran out of space, he ran out of space to play what he had collected. The collections of art, sculpture, and overflowed his houses and after special annexes for them. Happily, what Mr. Getty bought over the years was organized under in a new museum sits on a hill
(Continued on page 233)
Timeless Federal furniture was created by the skill of the hands. It's still today.

Rare originals by craftsmen of an emerging new nation have been collected by Colonial Williamsburg and are painstakingly copied in every charming detail by Kittinger. Send $4.00 for 180-page "Library of 18th Century English and American Designs." Kittinger Company, 1897A Elmwood Avenue, Buffalo, New York 14207. Boston, New York, Atlanta, Buffalo, Chicago, Dallas, Seattle, San Francisco, Los Angeles.

Copal puts easy-to-see numbers in a space-saving cabinet. The Copal 227 features a 24 hour alarm system you set just once for waking. A precision synchronous motor for lasting accuracy. And big illuminated flip-type numerals that change instantly and quietly.

And Copal makes them decorative, too. In a choice of popular colors, $21.95 And woodgrain. Or in white cabinets with striking colorful faces, $22.95.

You're assured of years of trouble-free performance, because Copal is the world's largest manufacturer of precision camera shutters and digital clocks. Copal digital clocks, from $14.95 to $179.95. What a beautiful way to wake up.

Copal 702 Deluxe Digital Alarm clock with "Snooze Button", in rich bronze or gold, $36.95.

Write for catalog to: Copal Corporation of America.
56-01 Queens Blvd., Woodside, N.Y. 11377. Tel: 212 / 779-5252

*Formerly Harry Gocho Enterprises, Inc.

Antiques
By Louise Ade Boger

“PRAYING JOHN” PLATE
The portrait on my plate of an old gentleman kneeling is labeled “Praying John, Ellis, Kansas.” But the reverse side indicates it was made by A. Mulheim in Austria. Who was “Praying John” and what is the history of this plate?

W.W.O.—Niagara Falls, N.Y.

Praying John Horrigan, character of the little town of Ellis, Kans. in the 1870s became a living legend because of a ritual he performed three times daily, every day of his life: He fell to his knees in the tall prairie grass and prayed. A. Mulheim, a Swiss watchmaker and Ellis merchant, persuaded Horrigan to pose for the picture that was then used on the handpainted dishes imported from Austria and Germany.

From my rough sketch of the mark on a small, heart-shaped dish I own, can you give me any information about when and where it was made?—V.H.A. Washington, D.C.

Your small dish was made before 1891 at a porcelain factory that was started in 1881 at Arzberg, Bavaria by Carl Schumann. This explains the distinguishing initials ACS on your mark.

Bavarian Dish

Your Victorian chair with bamboo turnings probably dates from the 1870s. Some feel that “bamboo” furniture belongs to the Eastlake style, though it does not relate to his theories expressed in Hints on Household Taste. George Hunzinger, New York City manufacturer, propagated the popularity of folding chairs.

From the picture and marks I’ve drawn, can you identify my silver salt and spoon?—F.G. LaCrosse, Wis.

Your sterling silver open salt and spoon are of American origin, probably of very early 20th-century manufacture. The silver open salt was made by the Webster Company of North Attleboro, Mass., and the silver spoon was made by the Manchester Manufacturing Company of Providence, R.I.

NEW ENGLAND SALT AND SPOON

Continued on page 56
The potion of love.
(and how it all began 450 years ago)

We know she was young. Blonde. Beautiful. And widowed. But did she create the original Amaretto di Saronno as a thank you for her portrait? Or was it a gift to express affection for Bernardino Luini, the artist who painted her in 1525? History has lost the answers — even her name — leaving nothing but Luini’s stunning fresco in the Sanctuary of Santa Maria delle Grazie in Saronno, Italy. And...

...her romantic, intriguing liqueur. We still like to think Amaretto di Saronno is a liqueur that inspired a great love. It’s something to wonder about tonight as you sip its intriguing, provocative bouquet.

Discover the many other ways to use Italy’s rare liqueur of love in our free recipe booklet. Just write: Foreign Vintages, Inc., 98 Cutter Mill Road, Great Neck, 11021, New York, Dept. 001.

The original: Amaretto di Saronno:
56 Proof. Imported by Foreign Vintages, Inc., Great Neck, N.Y. #4974
Three-on-a-lash.

1. The Roll-on Wand.
   Perfectly placed on the tip to separate lower lashes, reach out-of-the-way corners.

2. The Brush.
   Fluffs and separates with special spiral action.

3. The Comb.
   Curls and colors lashes with every stroke.

You've never put on mascara like this before. Or looked so great when you're done. The triple-action applicator lets you put on mascara like a pro. Fast, easy, incredibly perfect. And what a mascara it puts on! A creamy formula that's smearproof, wearproof, even waterproof.

'Super' LashMaker by Max Factor
the first automatic three-in-one mascara.
If you had to pick the fashion designer who invents the most unusual colors, it would probably be Geoffrey Beene. But it’s not surprising that he designed an outfit in the exact shade of a Levolor Riviera blind. Because Levolor’s color chart reads like a roster of designer colors. Dozens of luscious, exciting colors, ranging from gingham prints to polished aluminum (shown here, Pink #230).

Of course, with blinds as in fashion, color is important. But style is equally important. And Levolor blinds are beautifully styled. The slats are thin, and elegant. Instead of an awkward tilt cord, Levolor uses the Magic Wand, a transparent rod that actually adds to the beauty of the blind.

Levolor blinds are also the most practical window covering yet discovered. They require virtually no maintenance. And the right choice of color can even cut down your air conditioning or heating load. (If there were a Riviera in every window, there might not be an energy crisis.)

Levolor Riviera fashion blinds. If Geoffrey Beene liked one, you probably will, too.

Levolor Riviera Blinds
Unsuccessfully imitated the world over.
Antiques

continued from page 52

I bought this piece because I loved it, but I would like to know whatever you can tell me about it. — G.Z. — North Miami Beach, Fla.

FRENCH VITRINE

Your vitrine, intended for the display of curios, mainly reflects the influence of the Louis XV and Louis XVI styles. It is probably of French manufacture, dating perhaps from the latter 19th-century when the vitrine was de rigueur in every fashionable Victorian parlor.

AMERICAN CAST-IRON BANK


Your mechanical cast-iron bank, patented May 28, 1890 by John H. Bowen of Philadelphia and made by J & E Stevens Co. of Cromwell, Conn., is collectible. Rarity, attractiveness, and spectacular actions are important factors to collectors of banks. In your model, the clown rising on his hands and spinning around the globe has great eye appeal.

My vase looks Oriental but the bottom has Zsolnay and Pecs on it. Can you tell me anything about its origin and style? — R.B. Jr. — Fayetteville, N.C.

Your reticulated vase illustrates the exotic Persian influence prominent in the work of Zsolnay of Pecs in Hungary about the 1880s. This kind of lace-like openwork, also found in Chinese Ming vases, was often called by the Chinese "Kuei" or "devil's work," because its delicacy seemed to them beyond the realm of human skill.

DEVIL'S WORK VASE

SHELF CLOCK

Our shelf clock was made by the Gilbert Mfg. Co., case patented by Geo. B. Owen. Can you tell us more? — J.B.T. — Annapolis Royal, Nova Scotia

Your clock is the "Winsted Gothic Extra" model, probably made between 1868 and 1871. This model, in an 1878 price list, was sold at that time for $5.75. George B. Owen was a designer who became very influential in the Gilbert clock interests. The Gilbert Manufacturing Co. was active 1866-1871, when it was succeeded by the William L. Gilbert Clock Co.

The Women's Auxiliary of the Mint Museum of Art will present the Ninth Annual Mint Museum Antiques Show and Sale, October 3, 4, and 5, at the Park Center Auditorium, 310 N. Kings Drive, Charlotte, N.C.
FROM THE PEOPLE WHO BROUGHT YOU ART, HISTORY, CULTURE AND SEX.

From Europe. All those deliciously tempting tastes you’ve acquired a taste for. Four European liqueurs brought to you by Leroux exactly as you remember them.

Remember Amaretto? From Torino in Italy—where people sit in cafes and ogle each other. Amaretto di Torino with a mysterious hint of almonds and apricots. With coffee or in coffee or any time.

And Cognac with Orange. It tempted you in France. With coffee, or dessert, and on Duck à l’Orange. Now sip it at home.

And the taste of those succulent wild Danube strawberries, Fraise de Bois. We brought it back for you.

And the joy of Denmark’s Tivoli Garden. It’s all summed up in Cherry Karise. One of the happiest experiences a flavor connoisseur could ever have.

For a free copy of the Leroux cocktail and cooking recipe folder, write to: Leroux Recipe Offer, P.O. Box 956, Madison Square Station, New York, N.Y. 10010.

Leroux Imported Liqueurs: Amaretto di Torino 56 proof, Cognac with Orange 80 proof, Fraise de Bois 54 proof, Cherry Karise 49 proof.

LEROUX Introducing cabaret flavors from Europe.
PEWTER

It speaks in patinaed tones to everyone, softly and with affection. It commands respect and admiration because of its tradition but it demands nothing. You can appreciate it for its beauty and yet be touched by the fact that you can touch it, wash it, fondle it. But, what had been merely a tradition, is now an innovation. In the sculptural figuirines of our American wildlife; in the whimsy of the dentist at work upon his patient; in the carefree, rollicking approach to children at play, this collection of Hummelwerk pewter is uniquely true to its metal but shows the mettle of a whole new approach that is distinctly of our time, yet with the hand craftsmanship of the ages. The pewter jewelry (and there is a vast selection), has the look of museum pieces but the lark of wearability. Nothing can harm its beauty. It begs to be worn daily, by the male and female of all ages. Our pewter is not a genuine imitation, plated, filled anything. It’s Pewter!

Available at the finest gift shops and gift galleries or write:

Hummelwerk
Division of Goebel Art (GmbH) Inc., Rodental, W. Germany
250 CLEARBROOK ROAD • ELMSFORD, N.Y. 10523
The search for the fabulous fleece of the Drysdale Ram takes you to the other side of the world.

**To New Zealand.** The Land of the Long White Cloud. The land of the Drysdale Ram. The only home the Drysdale Ram has known. Because the Drysdale is a special breed of sheep developed by the famous wool men of New Zealand.

Drysdale. Bred to provide the fabled fleece long searched for by carpet makers of many lands. A fleece genetically developed to provide in even greater measure the natural advantages of pure virgin wool.

To fabulous Bremworth carpets, the Drysdale Ram endows greater pile strength, extra resilience, longer wear. And that's what you inherit in the dense, plush-pile carpet that is Bremworth Accolade: From faraway New Zealand, 100% pure wool carpet sired by the Ram called Drysdale. The search finishes beautifully.

THE ACCOLADE CARPET BY BREMWORTH FABULOUS CARPETS FROM NEW ZEALAND
From the Drysdale flock we culled the best.
The Bremworth Ram!

From the Bremworth Ram and his progeny you inherit the fabulous Bremworth Ambassador Carpet.

The Bremworth Ambassador Carpet. Take a hard look at its pile. Long and shaggy, with a deep and echoing colour. All the warmth and splendour of pure virgin wool. And with a secret that sets it apart from all the others.

The secret is that Bremworth have helped to breed a sheep whose fleece combines those qualities most prized in a carpet—sensuous softness and rugged resilience. This breed of sheep is called the Drysdale. From its flock we culled the best. A very special animal. The Bremworth Ram.

Selected New Zealand sheep stations rear and shear his progeny for exclusive supply to the Bremworth looms. No other carpet manufacturer in the world can claim to have genetically perfected a wool exclusively for carpets, nor to have the ability to control quality from the very inception of production. That's why the Bremworth Ambassador carpet is exceptional.

Its texture, vibrant tone and deep opulence charge any room with excitement and luxury.

Because of the Bremworth Ram, the Ambassador is as resilient as it is beautiful. Resilient not only against wear, but against fade. The Ambassador will live with you for a long, long time without losing either its heart or its colour. It comes in a range of rather special shades. And, we're afraid, at a very special price. But what would you expect for an almost magical carpet from the other side of the world? A carpet whose fabulous fleece descends from the pride of the Drysdale flock, the original Bremworth Ram.

THE AMBASSADOR CARPET
BY BREMWORTH.
The natural Homespun Look.

In Berber tufted carpet from fabulous Bremworth of New Zealand.

Berber Tufted Carpets are woven in coarse wool yarns which are mostly left undyed so that the natural colours are cultivated. Their inspiration is in the hand-made, naturally coloured products of Morocco and Tunisia.

Bremworth Berber carpets incorporate Drysdale wool, the unique carpet wool from sheep bred only in New Zealand. Drysdale wool gives greater strength of carpet pile, extra resilience and longer lasting beauty.

Dwell in the naturally-coloured, homespun ambience of Bremworth Berber. Luxury from New Zealand.

BREMWOOD STOCKISTS

CARPETS BY MARGARET:
706 Sansome St., San Francisco 94111, California.

COLE-WHEATMAN INTERIORS:
1933 Union St., San Francisco 94123, California.

HANS LENKERT & ASSOCIATES:
711 Sansome St., San Francisco 94111, California.

MORROCCO SCHNEIDER:
274 Watts Way South, San Francisco 94080, California.

HARRIS CARPETS:
1240 Willow Pass Rd., Concord 95520, California.

HIRSCH FLOOR COVERINGS
8800 Beverly Blvd., Los Angeles 90048, California.

K & R SALES
PACIFIC NORTH WEST FURNITURE MART,
21 Boxen North Seattle, Washington 98109.

CONKLIN BRO’S LTD
All Branches

FULLER O’BRIEN
All Branches

ROBINSON’S DEPT STORES
All Branches

W & J SLOANE
All Branches

U.E.B. INDUSTRIES LTD. ADDRESSES:

USA
494 Western Merchandise Mart
1535 Market St., San Francisco 94103, California.
(415) 621-4757. Telex 67678.

CANADA
117a West Pender St., Vancouver, B.C.
(604) 685-6092. Telex 04-507881.

NEW ZEALAND
1-11 Short St., P.O. Box 37, Auckland
(09) 73-540. Telex 2525.
Send for your complimentary copy of Architectural Digest

Discover the world's most creative magazine on decorating, collecting, fine arts, antiques, gardens and interior design.

If you're tired of articles on “How To” and know you can't change the look of a room with a packet of dye, Architectural Digest is the magazine true to your heart. With Architectural Digest you'll uncover the uncommon in decorating and interior design.

You'll discover it's America's most beautiful and informative bi-monthly. A unique magazine to help you make your home more compelling, more comfortable, more convenient...a creative expression of warmth for the pleasure of family and friends.

You'll find every article on the upbeat level of that small group of people with extraordinary taste. You'll discover what's “in” before it arrives. You'll follow the coming trends that change the world of interior design, color, shapes, textures.

You'll understand the antiques scene—what's best for investment. The art scene—what's new and valuable. The “Collectables” scene—what is and isn't worth collecting.

International in scope, you'll treasure Architectural Digest as you would an art book. You'll refer to us as you would a reference book. You'll read and reread us for ideas and inspiration. You'll keep us out because we speak of your values on beauty and how you feel about your home and the people around you.

Send for your complimentary copy (a $2.95 value) today. Discover how your home can be the most creative, most rewarding of all art forms.

Beautiful homes in previous issues featured interior designs the public seldom sees
• The Virginia home of Senator and Mrs. Edward M. Kennedy
• The New York apartment of Pablo, Elizabeth Arden's famous make-up man
• Coco Chanel's Paris apartment
• Dinah Shore's house in Beverly Hills

Over 100 pages of ideas for creative living, superbly photographed in magnificent color.

ARCHITECTURAL DIGEST
America's Magazine for Beautiful Living
P.O. Box 2418
Boulder, Colorado 80302

YES!
Please send without cost, obligation or commitment, my complimentary copy of Architectural Digest.
If I find it is everything you say it is, bill me for a year's subscription (5 additional issues for a total of 6 in all) at just $16.95. If I don't wish to subscribe, I will write “Cancel” across your bill, return it and that will end the matter. In either case, the complimentary copy (a $2.95 value) is mine to keep.

Name ____________________________
Address ___________________________
City __________________ State ______ Zip ______

Architectural Digest Magazine • P.O. Box 2418 • Boulder, Colorado 80302
SHOULDN'T CLIMB STAIRS?
Install a StairLIFT or an "Elevette"

Early warning unit indicates presence of smoke or fire in the home in starting stage. A dual ionization system detects particles of combustion in air before smoke or fire is visible and sounds 85-decibel alarm until air is clear. An AC model ($39.95) is connected to the house wiring, has a signal indicator light to show it is operating. DC model is battery operated ($54.95 with battery) and has two devices to warn against a rundown battery: A red flag pops out until battery is replaced; a signal will beep for seven days until battery replacement. The 6 1/4-inch-square alarm is best installed on ceiling near bedrooms to alert you before smoke or fire spreads. Underwriters Laboratories listed. General Electric Co., Bridgeport, Conn. 06602.

Polished aluminum track lighting

Colonial style hardboard door
Molded from a single sheet of 3/4-inch-thick Masonite hardboard, this door facing (or doorskin) is an accurate reproduction of a six-panel Colonial design. Available to manufacturers for use on all standard-size interior doors, the six-panel "Colonist" facing is applied to both sides of the stile and rail framework of a door. It has a slightly embossed texture resembling wood grain, and a white priming coat. It is claimed that a door faced with "Colonist" is half the cost of a wood-panel door and little more than that of a flush door. From Door Div., Boise Cascade Corp., 875 Sherman Ave., Pensauken, N.J. 08109 and West Coast Door Mfg. Co., 1710 Villa St., Mountain View, Calif. 94040.

Staple gun tacker
An essential household tool now, the staple gun has a multitude of uses. The heavy duty, all steel T-50 is fitted with compression spring that drives staples into hard woods, plywood, hardboard, wallboard, plastics, even soft wood. It can use staples ranging from 1/4 to 9/16 of an inch to install insulating batts and weatherstripping and to secure screening, wiring, fencing, acoustical ceiling tile, window shades, upholstery, and other objects. $15.90 Arrow Fastener Co., Inc., 271 Mayhill Street, Saddle Brook, N.J. 07666.

Handsome hardware
"Modric," a comprehensive group of over 400 pieces of door and cabinet hardware and bathroom accessories is of British design and manufacture. In satin anodized aluminum, coordinated in styling, they've won numerous design awards. Shown are two square towel hangers, the smaller, 4 1/2 inches at $20.65; the larger, 6 inches at $25. The door knob (A2501), cut away for easy grasping is $23.75 per pair plus $5 for each 3-inch-square mounting plate (#205). The lever handle (#3006) is $30.65 the pair; circular rose plate (#755) for each lever is $3.75. The Ironmonger, 446 N. Wells Street, Chicago, Ill. 60610.
If you got mashed in the elevator with your soft pack try our new hard pack.

Benson & Hedges 100's Regular and Menthol

Built to take almost anything you can dish out.

An exclusive 9-Year Service Contract on its incredibly durable interior.
After nine years and millions of dollars of research and development we can make this unprecedented promise:
In addition to the General Electric warranty, if the PermaTuf tub or door liner should fail to contain water due to a manufacturing defect such as cracking, chipping, peeling or rusting within the nine (9)-year contract period (ending ten years from purchase date), General Electric will repair or replace the tub or door WITHOUT CHARGE for either PARTS or LABOR unless failure is due to misuse or abuse.
This Service Contract applies to dishwashers with PermaTuf tub and door liner installed and retained for home use within the 48 contiguous states or the District of Columbia. Not applicable to Alaska, Hawaii, Virgin Islands, Guam, American Samoa, Canal Zone or Puerto Rico.

Plus a full 30-Day Money-Back Warranty.
Buy your Potscrubber II, 950 or 1050 dishwasher from a participating dealer in the 48 states or D.C. and give it normal care. If you are not completely satisfied (and you'll be the judge), notify the dealer from whom you purchased the dishwasher within 30 days and present your certificate. He will take it back and refund the money.

It will help you out of some tough scrapes.
Before you put in your baked-on pots and pans, just tip off the larger scraps. There's no pre-rinsing or pre-scraping at all. A Soft Food Disposer pulverizes the remaining scraps and flushes them away.
And the GE Potscrubber II Dishwasher will clean them thoroughly, even with a full load.

GE Servicemen don't like to keep a lady waiting.
When you buy GE, you get Customer Care Service. Our pledge that wherever you are, or go, in the 48 contiguous states, you'll find a qualified GE serviceman nearby. Should you ever need one.

Accept Good Housekeeping's "strict editorial judgment" for Potscrubber II dishwasher performance.
They gave it their Consumers' "Limited Warranty Seal."

A few words about sound and space.
The Potscrubber II Dishwasher is remarkably quiet, thanks to its glass fiber insulation.
It's also got a door opening that's a full 3½ inches larger than some competitive models. Even with all its space, it will fit right in where your old dishwasher was.
And because you sometimes have very tall glasses to wash in the top rack or very large platters to wash in the bottom one, there's a Dial-A-Level  Rack which can be adjusted up or down.

It can even save you energy.
GE has a Rinse and Hold Cycle that rinses loose soil from partial loads and lets you postpone turning on your dishwasher till you have a full load.
Besides this, the Potscrubber II Dishwasher has a Power Saver Drying Option. When you press the "Heat Off" button, the dishes dry naturally by their residual heat.

And take advantage of a special limited time offer. This historic pewter plate free when you buy your 950 or 1050 Potscrubber II from your GE dealer.
9¾ inches in diameter, a bicentennial collector's item, a limited edition registered by serial number with International Silver Company. With a retail value of $75.
But hurry. This special offer from General Electric is limited.
In today's economy, Bird Solid Vinyl Siding isn't just the most beautiful choice for your home... it's the most sensible. Because with Bird solid vinyl, you eliminate the need for expensive periodic repainting. Your home investment is protected, for years and years to come.

Bird Solid Vinyl Siding can't show wear or scratches like wood or metal with their thin surface coatings and it never needs painting because it's solid color from front to back.

In fact, houses covered with Bird solid vinyl a dozen years ago still look new... and you can expect they will a dozen years from now.

Bird solid vinyl can't dent, rust, creak or rattle like metal. It can't attract electricity or spoil TV reception.

It looks like beautiful freshly-painted wood. But it can't peel, flake, blister, rot or be damaged by termites like wood.

Only Bird makes woodgrain-textured BRANDED® Vinyl Siding, shown here, with the distinctive vinyl-on-vinyl color accents... today's most-wanted style.

It's just one of Bird's beautiful ways to save money. Get all the details on the complete Bird solid vinyl line by mailing in our coupon today.

Bird & Son, inc.
E. Walpole, MA 02081

☐ Enclosed is 50¢ Please send me your 32-page, idea packed booklet, "What You Should Know About Roofing and Siding Before You Build or Remodel.

Name
Street
City
State Zip

Phone

Please send me free basic facts on ☐ Bird Solid Vinyl Siding & Accessories.
☐ Bird Asphalt Shingles. I'm thinking of ☐ building, ☐ remodeling.
THE JENN AIR GRILL

Also lets you rotiss, shish kebab, griddle, deep fry, or cook on 4 burner

Even this close, the ventilator removes smoke, spatters, and odor.
I spent a rainy morning last week transposing my out-of-date address book into a neat little card file. I think this system works better than a book, because if there are changes to be made, it's a simple matter to pull out the card and make a new one. It's also possible to jot down special information such as birthdays, anniversaries, summer addresses. I plan to make a separate local file, so that if we have a fairly large party involving written invitations, I can just go through the box and pull out the names I want.

Tom keeps a useful travel address book. He records the names of people, shops, restaurants, and services in the places we visit most often, as well as other special information. His book also contains the names of friends that we might want to write and important telephone numbers like those of our bank, broker, lawyer, doctor, pharmacy, optician, and other emergency numbers.

Many airports have curbside check-in for larger pieces of luggage, which simplifies the whole procedure enormously. But carry-on luggage can be a problem too—somehow all those little things you can't live without that you jam into the carry-ons at the last minute seem to weigh a ton by the time you walk through the long corridors of the airport, board your plane, and sink into your seat. We've found a little, wheeled luggage carrier that handles small bags very efficiently. Called Kart-A-Bag, it has a telescoping handle and it folds into a neat zippered bag when not in use. When we arrive at the airport, we just unzip it, attach the slender handle to the little ledge that forms the base, and lash our two small bags—on top of the other—in place with the adjustable stretch-cord that fastens securely to a special hook. Once our suitcases pull it along through the airport with little or no effort. It even rides the escalator smoothly. The base has 3-inch rubber wheels and skinny tip-proof legs that keep it steady when not in motion. The Kart-A-Bag is available in three models and you can get a folding container that converts it into a shopping or utility cart.

We've used a marvelous paint remover called Zip-Strip. It easily and quickly removes paint, old varnish, and stain from furniture, woodwork, boats, or any painted surface. It's nonflammable, but would be used in a well-ventilated place and not for prolonged periods of time. However, in most cases you don't need much time. Two of us applied it to a chest of drawers in about twenty minutes. Tom did the chest and I do the drawers, spreading on the Zip-Strip rather thickly with putty knives. In about half an hour we were able to scrape the paint off down to the bare wood. I have even used it on badly crusted pans and broilers and Tom has resurrected hopelessly stiff paintbrushes by soaking them in Zip-Strip. It's made by the Star Bronze Company.

I'm still devoted to Republic Freezette's freezing containers that are useful for all sorts of things besides freezing. The wide variety of sizes and shapes—round, tall, short, square, rectangular, pie-wedge-shaped—makes them ideal storage boxes for use throughout the house, as well as in the freezer and refrigerator. Tom uses them for nails, screws, and small tools in his workshop. I use them for sorting and storing things in the kitchen, like skimmers and the smaller parts of the meat grinder, for sewing supplies, and for arranging neatly all the little items that usually clutter the top bureau drawer. The new interlocking tops on the round containers are splendid, and all the containers are so sturdy they can be boiled or frozen and can go into the dishwasher without losing their shape.

I've found that every houseplant has a personality all its own when it comes to being watered. Some like to be lightly watered frequently, and sprayed with a fine mist, while others—dwarf English ivy, for instance—seem to prefer having their leaves washed every few days under gently running water. Some plants should almost dry out between waterings (grape ivy and Swiss ivy are good examples), while others like to be kept damp but never flooded. This means a daily patrol with the watering can and sprinkler, but it's worth it. If a plant really withers from an accidental lack of water, the best way to revive it is to root soak it in a deep bowl of water for a few hours. This agrees particularly with flowering plants like chrysanthemums and begonias. We once kept a single white hydrangea bloom fresh and pretty for six weeks by soaking it about every third day.

I came across an entirely new kind of air freshener the other day and it's perfect for our pantry, which is beyond the reach of the kitchen ventilating fan and tends to trap cooking odors. Instead of a spray or wick, this freshener is a solid cake and comes in a little ventilated picture frame about 5 inches square. It's available in three scents. You can put any picture you want inside the frame, so we used a botanical print in our lime green frame. Solid Air Freshener, which is made by American Housewares, has done a good job of sweetening the air in our little cul-de-sac.

We sent for the piano tuner the other day—for the first time in two years. He found our old grand piano to be in reasonably good shape, although it does have to be tuned and make some repairs on the case. I asked him what to do about the thick layer of dust accumulated inside the piano and over the strings. He told us to take the vacuum and reverse the hose, gently blowing one small area at a time. Sucking up the dust with the business end could cause damage, he said.

We've tried a new furniture polish. Colgate's Wood Crafter, which we think is one of the best we've ever used. It comes in the usual spray can, but unlike some of its competitors, a little goes a long way. Made of a unique combination of carnuba wax and manton wax, it sprays on and wipes off, leaving furniture really clean and enriched. It also comes in a paste wax, which will shine wall paneling, plastic and tile surfaces, slate, marble, and stainless steel. Not for floors, however.
"Ace Hardware is the place for name brand houseware savings"

Quaker 5-piece Tray Set.
Elegant parquet-styled trays with spacious 15"x21" serving area. Four tables store compactly, roll anywhere on Storrette rack with gold fleck swivel casters. Model SD71-22-51. Reg. 19.53 only 15.97

Regina 2-speed Electrikbroom.
Patented Rug Pile Dial adjusts settings for bare floors and any carpet pile height. Exclusive Power Suction Edge picks up dirt in hard-to-reach areas. Dust cup empties like an ash tray. Model B-5626. Reg. 42.57 only 37.93

Mr. Coffee Coffee Brewer.
100 Paper Filters. Model UF100C. 1.49


"Cool Spray" Vaporizer. Protects against winter's low indoor humidity. One gallon capacity. Operates 10-12 hours on one filling. Lightweight and durable. Model 36. Reg. 11.23 only 9.77

Ace Exclusive! Revere Ware 9-piece Bicentennial Cookware Set. Includes 1 & 1½-qt. covered sauce pans, 6-qt. covered Dutch Oven, 10" Open Skillet (Dutch Oven cover fits), 1½-qt. Double Boiler Insert (fits 1-qt. sauce pan), 1-cup measuring utensil. Copper Clad Stainless Steel (Model 3889) or Carbon Core Stainless Steel (Model 7089). Reg. 49.95 only 37.88

100 Paper Filters. Model UF100C. 1.49

Due to physical size and merchandising policies some stores may not have on hand all items illustrated in this advertisement. Sale prices effective at participating stores through October 31, 1975. Check your Yellow Pages for your nearest Ace Hardware Store.
When you're building an heirloom for your family you want the kind of quality and craftsmanship it took our family 85 years to perfect.

These days, when almost everything seems to be made of plastic or veneer, a HENTSCHEL Grandfather Clock Kit is one of the few chances you have to create something beautiful and enduring. Something that will enrich your home for generations.

The Finest Grandfather Clock Kit you can buy.

The HENTSCHEL Grandfather Clock Kit took us years to develop. It had to meet our 85-year old standards of craftsmanship, without production shortcuts. And it had to be quickly and easily assembled...by almost anyone who can use a screwdriver.

Solid 3/4" Walnut built to last a century.

You'll find only one kind of hardwood in your HENTSCHEL Kit: kiln-dried, 3/4" solid walnut. And the movements (which you order fully assembled) come from world-famed Black Forest craftsmen whose mastery goes back three generations. Solid brass...precision-made, hardened steel...no wonder the estimated life of these movements is 100 years.


If you own a screwdriver, you're ready to tackle a HENTSCHEL Grandfather Clock Kit. Step-by-step instructions, exploded views, detailed photographs. No woodworking experience necessary!

The Finest Guarantees in the Industry

30-Day Guarantee: If you are not completely satisfied with your HENTSCHEL CLOCK KIT within 30 days, simply return it in the original shipping carton for a complete refund. In fact, so confident are we of HENTSCHEL quality, we will even pay return shipping charges!

One Year Movement Guarantee: Every movement you order from HENTSCHEL is also guaranteed for a full year against defects in materials or workmanship. So you take absolutely no risk!

Toll-FREE—Customer Service Number For your convenience as a Bank Americard or Master Charge card holder telephone your order on our Toll Free number. All U.S. except Mass. 800-225-2366. Mass. only 800-882-2048

$139.50 (Clock case only)
Movement extra)

YES. please send me Grandfather Clock Kit(s). Model #210, at $139.50

Please send me
☐ Model #1000 W. Westminster Movement and Tempus Fugit Dial at $169.50

☐ Model #1000-T Triple Chime Movement and Moving Moon Dial at $169.50

☐ Send Illustrated 4 Color Catalog Mass. residents add 3% sales tax

Enclosed is my Check ☐ or Money Order ☐

Charge to my ☐ Master Charge ☐ Bank Americard

I understand that if not fully satisfied I may return the merchandise ordered within 30 days for a full refund—including return shipping charges.
The source for the many charming fabrics in this collection is Old Sturbridge Village, situated in Massachusetts, a re-creation of a New England community of the early 1800's.

The original designs have been masterfully reproduced by Waverly and are now available at leading department and fabric stores...by the yard, in made-to-measure draperies and bedspreads, decorative pillows and companion wallcoverings. All fabrics are Scotchgard® protected against soil and stains.

Waverly Fabrics
58 WEST 40 STREET • NEW YORK, N.Y. 10018

Send $1.25 for special edition of "Easy-To-Do" decorating magazine featuring Old Sturbridge Village fabrics. Add 75¢ for fabric swatches.
The Great American Naturals

Ready for you now to help you rev up every room in the house. Marvelous furniture and accessories that do double duty. Easy-care finishes, fibers, materials. Carpets and fabrics with handwoven looks. Equipment and appliances that live up to our best American standards of convenience and practicality. Everything functional, everything styled to make sense. And color, color, color—sea and sky colors, flower colors, all the traditional naturals.

You'll find them all waiting for you to choose from at the nicest stores near you. See page 91, for stores that are highlighting House & Garden's Great American Naturals this fall—made by the quality manufacturers listed below whose messages in the following pages will help guide you in making your selections.

Albert Van Luit & Company ★ Artisan House, Inc. ★ Barcalounger
Beauti-glide-Division of L.S.I. ★ Delwood Furniture Co., Inc. - Hammary Division
Finishing Touch Division, Gravely Furniture Co., Inc. ★ Hekman Furniture Co.
J. P. Stevens & Co., Inc. ★ Kem Playing Cards ★ Kirsch Company
La-Z-Boy Chair Company ★ Lee L. Woodard & Sons ★ Masonite Corporation
Nettle Creek Industries ★ Nichols & Stone Company ★ Samsonite Corporation
Tell City Chair Co. ★ The Bennington Co. ★ The Stiffel Co. ★ Thomaston Mills
Weiman Furniture Co. ★ Wilton Armetale ★ W. R. Case & Son Cutlery Company
What are the Great American Naturals? Whatever's real. Polished, bleached woods, butcher block, peeled pine, ash burl. Wicker, bamboo, rattan. Handwoven fabrics like linen and cotton and natural colors—wheat, rice-paper white, or saddle browns and coppery earth reds. Natural textures like rough woven sisal, or soft, smooth wools. And the style can come from Colonial roots, on its way to the most modern and innovative American designs. Here's a sampling of great American decorating naturals ready to buy at stores across the country:

Patchwork suede in three colors covers a rectangular sectional seating system that's plumped with lots of tufted pillows. The suedes are in two shades of brown—a nutty walnut, creamy mocha—and a champagnes the color of iced coffee. Side section is 99 inches long with a center section 60½ inches long, all 30 inches high. Sofa by Flair at Woodward & Lothrop, Washington, D.C.

Pale-finished pine freestanding pewter rack with four shelves has an 18th-century, slightly rustic flavor. Two top shelves have protective rails across the front which are flush with the rack's sides, so if you wish to put two together there is one, uninterrupted line of continuous shelf. The rack measures 81 inches tall, 44 inches wide, 31½ inches deep—deep enough for a wide variety of collectibles. It's from the "Continental Pine" collection by Century Furniture at Joske's, Houston.

A new all-cotton fabric collection called "Sturbridge Village" is derived from documented fabrics in the O.d. Sturbridge Village Museum in Sturbridge, Mass. One that's particularly bright and lively is "Fitch House Stencil," a red and blue stenciled flower on a creamy white ground. Use it to cover a chair long enough for an especially fresh look. Another is "Lucinda," a millefleur pattern of blue, yellow, and green on a chocolate brown ground. The fabrics are available by the yard and have been made into comforters, throw pillows, napkins, placemats, and lampshades. The fabrics, treated to resist stains and spills, are by Way early and at B. Altman, New York.

A natural oak folding table with storage for six folding chairs inside its base is a lifesaver for small spaces. The table has two drop leaves so that it measures 20½ inches wide folded, 70½ inches wide opened. The chair seats are upholstered with cushiony polyurethane and the table has a sleek washable finish. All are by Moreau di at Abraham & Straus, Brooklyn.

The "Maryland Colony Collection" by Brandt Cabinet Work was done in collaboration with the Maryland Historical Society and consists of some fifteen pieces produced from the originals at the Hammond-Harwood House in Annapolis and the Baltimore Museum of Art. A pole fire screen standing 57½ inches high, has a piece of need eework inside its al most square frame that is the same design as the original. It's also removable so that you may insert your own work. The screen raises and lowers and was originally used to regulate the amount of heat coming out of the fireplace. Another piece in the collection is a mahogany, revolving, tiltable table with delicate inlay work on its top. It stands on three legs and is 28½ inches high. The original pieces were finished with dark, earth-ground colors craftsmen mixed with oil and rubbed into the wood before applying a coat of beeswax. These pieces are finished in a considerably lighter shade as the colors have been ground to a powder and have been mixed with water which allows the wood grain to come through clearly. Most of the "Maryland Colony Collection" is at Woodward & Lothrop.

A rich, den-yely woven cotton bedspread with deep trapunto ribbing around the hem is new from Nett'le Creek. In white only, it is a throw-style spread with a nubbly, handwoven look. Called "Casa Real," it's at Bayles Furniture, Rochester, N.Y.

An unusual upholstery fabric for club chairs, a sofa, or armoire—real wool melton. The fabrics, in p'aids, solids, and stripes have a strong masculine look to them.

---

FOR DECORATING ZEST

Great American Naturals

By Paula Rice Jackson

DECORATIVE LUXURY for your home
Aubussan is a magnificent background for the most luxurious furnishings... truly an unusual design inspired by the fine art of the Ching Dynasty.

Send 50c for samples of Aubussan... or $1 for samples plus full color.

As for decorating zest, you can't beat a natural oak folding table with storage for six folding chairs inside its base. The table has two drop leaves so that it measures 20½ inches wide folded, 70½ inches wide opened. The chair seats are upholstered with cushiony polyurethane and the table has a sleek washable finish. All are by Moreau di at Abraham & Straus, Brooklyn.

The "Maryland Colony Collection" by Brandt Cabinet Work was done in collaboration with the Maryland Historical Society and consists of some fifteen pieces produced from the originals at the Hammond-Harwood House in Annapolis and the Baltimore Museum of Art. A pole fire screen standing 57½ inches high, has a piece of need eework inside its almost square frame that is the same design as the original. It's also removable so that you may insert your own work. The screen raises and lowers and was originally used to regulate the amount of heat coming out of the fireplace. Another piece in the collection is a mahogany, revolving, tiltable table with delicate inlay work on its top. It stands on three legs and is 28½ inches high. The original pieces were finished with dark, earth-ground colors craftsmen mixed with oil and rubbed into the wood before applying a coat of beeswax. These pieces are finished in a considerably lighter shade as the colors have been ground to a powder and have been mixed with water which allows the wood grain to come through clearly. Most of the "Maryland Colony Collection" is at Woodward & Lothrop.

A rich, den-yely woven cotton bedspread with deep trapunto ribbing around the hem is new from Nett'le Creek. In white only, it is a throw-style spread with a nubbly, handwoven look. Called "Casa Real," it's at Bayles Furniture, Rochester, N.Y.

An unusual upholstery fabric for club chairs, a sofa, or armoire—real wool melton. The fabrics, in p'aids, solids, and stripes have a strong masculine look to them.

---

Continued on page 72
These days it looks like you can't be certain of anything. Prices rise daily. Quality apparently no longer counts. And pride in workmanship seems to be a thing of the past. But even in the midst of all this doubt, there is still one thing you can be sure of. You can still count on the comfort, the quality, the craftsmanship of La-Z-Boy. And we can back that claim up. With a name that's the best known in the business. Because you've made us the largest chair company in the business. And for good reason.

Take our La-Z-Rocker, for example. It gives customers their money's worth. It's made with the finest materials. Like a wide variety of handsome DuPont Nylon fabrics. This chair has a specially designed mechanism that makes it easy to turn. It also features rocker motion and independent back action that lets you pick exactly the kind of comfort that suits you. When you see it, you'll know why our customers are La-Z-Boy fans for life.

So when you're in the market for comfort, put your money in a La-Z-Boy.

Put your money in a La-Z-Boy La-Z-Rocker.®
It's the best investment you can make.

For free color brochure and nearest dealer write La-Z-Boy, Dept. 47S, Monroe, Michigan 48161.
“A natural oak folding table with storage for folding chairs inside is lifesaver for small spaces.”

**Great American Naturals continued from page 70**

that's very comfortable, clean, tailored, and sportsmanlike. The colors are soft grays, heather blues, cranberry, and forest green. Upholstered furniture by Hickory Chair at B. Altman.

Early Canadiana is represented by two groups of North American country furniture. One is the "Seigneurie Collection" and the other, the "County Museum Collection." Both are by Simmons and were researched by Jean Palardy.

A natural oak folding table with storage for folding chairs inside is a lifesaver for small spaces.

For color brochures and the name of the store near you write Woodard, 317 Elm St., Owosso, Mich. 48867

**Finishing Touch Furniture.**

No matter where you put it, it belongs.

Choose a single accent piece or complete grouping. It'll fit and function wherever you put it—living room, bedroom, dining room or den. It's furniture you decorate with, not around.

Write for dealer names and free brochures showing our Burnt Chimneys, Charter and Old Salt collections. Finishing Touch Div., Dept. GF2, Gravely Furniture Co., Inc., Ridgeway, Va. 24148.

The worth of Woodard spans generations.

The 1894 model exemplifies Woodard's tradition in manufacturing. If you think the "Double Windsor" adorns a country home and is a heritage to history books, one hopes that Woodard is there to make the woods of Woodard worth.

Continued on page 74
Utica by J. P. Stevens

Sheets and Towels
A beautiful recessed scalloped shell is revealed on opening the front of a magnificent, 92-inch-high slant front desk and bookcase. It's made of cherry solids and veneers and has three carved spiral finials at its top and crown. Up top is the bookcase with adjustable shelves and tiny drawers, and cubby holes. A small five-sided Shaker table, also made of cherry veneers, has a five-sided tabletop that looks exactly like a star, and an eight-legged spiderleg table made of a rare, buttery curly maple offers another example of the meticulous detail and craftsmanship that attends these modern reproductions of 18th-century pieces. Three sliding silver trays and drawers that lock are a part of a yew wood sideboard. Yew wood has a lovely, soft, golden color and is extremely hard and durable. The piece is long, 80% inches, and narrow, 17½ inches deep. Four thin, absolutely straight legs carry it well. All these are by The Wright Table Company and may be seen at Woodward & Lothrop.

THE ONCE—EVERY—200—YEARS GIFT.

KEM BICENTENNIAL PLAYING CARDS.

The next couple of years are very special ones for America, and Kem commemorates them with plastic playing cards designed with the official Bicentennial emblem, the Double Eagle. The double-deck, a real collector's item, comes in a handsome embossed gift case.

But don't wait 200 years to give Kem cards. They're appreciated on birthdays, graduation days, holidays—any gift-giving occasion. They're the world's most desired playing cards.

Kem is the only playing card authorized by the U.S. Bicentennial Society.

Bicentennial design only available in double decks, $15.00.
Kem Plastic Playing Cards, 745 Fifth Avenue, New York, N.Y. 10022

Continued on page 7.

Great American Naturals continued from page 72

A beautiful recessed scalloped shell is revealed on opening the front of a magnificent, 92-inch-high slant front desk and bookcase. It's made of cherry solids and veneers and has three carved spiral finials at its top and crown. Up top is the bookcase with adjustable shelves and tiny drawers, and cubby holes. A small five-sided Shaker table, also made of cherry veneers, has a five-sided tabletop that looks exactly like a star, and an eight-legged spiderleg table made of a rare, buttery curly maple offers another example of the meticulous detail and craftsmanship that attends these modern reproductions of 18th-century pieces. Three sliding silver trays and drawers that lock are a part of a yew wood sideboard. Yew wood has a lovely, soft, golden color and is extremely hard and durable. The piece is long, 80% inches, and narrow, 17½ inches deep. Four thin, absolutely straight legs carry it well. All these are by The Wright Table Company and may be seen at Woodward & Lothrop.

The natural straw color and rough texture of sisal matting contrast well with the wood floors, woodwork, and wood furniture. Meier & Frank, Portland, Ore. has a group of sisal patterns by Otto Gerdes.

Clean, fluid curves of natural rattan peel and split rattan wrapped around solid mahogany frames make up a 42-inch-wide étagère. Clear glass shelves lie neatly inside the curves letting the eye wander over its graceful lines. The étagère is from a group called "Sika," which includes a stacking unit, shelf console, and shelf corner so that an entire system of gently curving multi-level shelves can be put together. By Design Institute America at Strawbridge & Clothier, Philadelphia.

Bamboo, cane, and natural cork are all framed with chrome for new bathroom countertop accessories . . . a rectangular basket, a soap dish with an acrylic liner, a cup holder, tissue box, and boutique tissue box holders by Style Built, also at Strawbridge & Clothier.

The natural power and clout of jewel-brilliant color has been put into a new collection of rugs designed by Wolf Bauer. Concentric sweeps of vermilion, scarlet, fuchsia, and purple come together in "Parfait," and shades of cerise, patty, and a rust brown shape an abstract blossom called "Serendipity." They have a pile of Acrilan and modacrylic fiber and may be ordered for size at Jordan Marsh, Boston. The "Art Deco" rugs are by Concepts International.

Finished log posts and open, diagonal dowels are the frames of a sofa, chair, and ottoman—all of it a light, peeled pine. The dowels are the back and side supports of the sofa and chair and give them a light, airy, but solid look. There is also an armchair with a leather seat and back pad that rests on a finished log frame. Taut leather armrest straps make the arms. Upholster the sofa cushions in a fresh white Haitian cotton for an ensemble of pine, leather, and cotton that's informal and very relaxed. The log post and dowel furniture was designed by Milo Baughman for Thayer Coggin and may be seen at Joske's.

Here are two new alternatives for collector's rugs that have a wonderful handcrafted look. The first are imported from Ireland by Weinberger and are basically geometric interpretations of southwest American designs. The colors tend toward natural mineral colors such as iron red and slate blue. These are at B. Altman. The second group, "Pow Wow," are handsome hooked, washable modacrylic rugs colored in the more traditional black, white, and red with brown colorings of the flat woven, antique Indian rugs. The rugs are by Alan Capel & Sons and may be ordered in standard sizes at Joske's.

Two pieces for the bedroom is a smooth, polished walnut and classic Shaker design: a five-drawer chest with small rounded drawer knobs and a mirror with four tiny knobs at its base just like the knobs of the drawers, though miniature. The mirror attaches to a wall peg (like a coat hook) through one or two holes in a walnut "tab" behind its top, so that the mirror may be raised or lowered. By Elmore Re...
Hammary Furniture proudly announces its new line.

Delwood Furniture Company, Inc.

That's our new line. And you'll see it on display in our new signature at the bottom of this page.

Now, just because we've become a division of the Delwood Furniture Company — one of the nation's fastest-growing and progressive furniture manufacturers — doesn't mean that the famous Hammary name and reputation for quality and taste is no more. Our signature is new and different, but you can be sure it is still the symbol of the very finest in furniture . . . from graceful tables and occasional pieces to magnificent upholstered furniture.

We're proud of our personal style and enthusiastic about being a member of the Delwood Furniture family. Let our way with furniture add to your way of life.

If you'd like a brochure showing our furniture collections, please mail one dollar (to cover handling) to: Delwood Furniture Company, Inc., Hammary Division, Dept. 15, Lenoir, North Carolina 28645.
Once upon a Thomaston

I dreamed I was dancing at the royal ball and midnight never came. Sheets and pillow cases to dream on. And remember. From a little town in Georgia called Thomaston.

Great American Naturals continued from page 74

productions at Rich's.
A rich, dense, roughwoven linen look comes from three upholstery cloths that are all rayon. “Agria Fleece,” “Uterra Linen,” and “Ilone Alabaster” are each 54 inches wide in shades of sand, wheat, and cream. They’re by Van Waters and Rogers at The Broadway.

Elm, the color of polished ivory and strong, supermodern rectilinear lines describe the “Patterns 36” collection, brand new this fall. The base of a glass-topped dining table and the frames of four dining chairs are built on full inch-thick slats of elm with full inch separations between them. The effect is clean and straightforward. Base and deck units as well as door panels on cabinets and chests have complementary right and left 90-degree angle plank design so an entire wall system can be put together that is geometrically balanced.

“Patterns 36” by Founders Furniture is at Joske’s and Jordan Marsh. Split rattan, naturally finished, halved, and laid flat on its side gives two tables a surface that’s gently rounded. The reeds are cut and placed on a solid mahogany frame in such a way as to make a large, elongated “X” in the center of each—a 28-inch-high sofa back table and a 38-inch-square cocktail table. The legs of the table are diagonally placed which gives them both a slightly hexagonal look. They’re from the “Makati” group by Design Institute America at Strawbridge and Clothier.

Only flowers with naturally bright colors are used in dried flower arrangements at Eighteenth Century Bouquet in Princeton, N.J. Arrangements can be mailed in special papier-mache boxes, then transferred to a 6-inch bowl or you can have a box of flowers, grasses and other ingredients to take home to work on. Mrs. Jean Clark, author of The Art of Colonial Flower Arranging (Pyne Press) and owner of Eighteenth Century Bouquet, will give demonstrations of flower arranging at Bishop and O’Neill September 24-27. Her book contains about 20 designs.

Oak and knotty oak herringbone parquetry covers top of 88-inch-wide oval dining extension table. Ladderbacked knotty oak dining chairs polished to a rich butter-scutch complete group. Herringbone parquetry with oak mitered door panels is from the “Candlewood” collection by Century Furniture at J. H. Harvey, White Plains, N.Y.

Pen and ink drawings, which look as if they were really embroidered instead of sketched, pattern new upholstery fabrics that’s all cotton. It’s a country scene of hills and trees, like toile, but much more modern. Unusual colors, too—a sunset orange with red, or slate blue and a lighter blue, or the most dramatic, emerald green with black. The cloth is slightly glazed 48 inches wide, and called “America the Beautiful,” by Bloomcraft.

You can design your own fire tools, book ends, door latches, and irons, cabinet hinges, wall brackets, almost anything that can be hand-forged in steel or bronze. Steve Kayne, artist and blacksmith, can help you. Traditional shapes, such as a heart, or a shepherd’s crook, or an omega can be made into a set of beautiful tools, or you might choose a letter of the alphabet instead. Latches, hinges, and brackets are finished in Colonial rust or flat lacquer black. Write to Steve Kayne Hand Forged Hardware, Smithtown, N.Y. 11787.

A classic of American Colonial design is a mahogany folding card table designed by Duncan Phyfe, the original of which is in the Coke-Garrett House in Williamsburg, Va. The table has a cloverleaf top and sits on a central, acanthus carved pedestal and three brass lion’s-paw feet. When the top is closed, the table fits flat against a wall; opened, two feet slide forward to support the tabletop. The back crest rail of a sofa from the Federal era has inlaid bird’s-eye maple inlay. “Federal” is new group of perfectly made, beautiful reproductions of pieces from the Colonial Williamburg Foundation. All made by Kittinger. A large group of the “Federal” collection may be seen at Bishop and O’Neill, Ardmore, Pa.

Ash and ash veneers in a soft driftwood finish make a 54-inch-high clothes chest. It has drawers and three swing-out doors for shirt and sweater storage. The drawer pulls have the look of antique brass and are recessed in their brass cases in much the same style as the traditional campaign chests. This one is from the Circa 76 Collection by Henredon and it is available at Meier & Frank.

Great American Naturals

Great American Naturals continued from page 74

Bennington Solid Pine

The renowned Freedom Period furniture for bedroom and dining room, family and living room. Superbly crafted and antiqued, glowing with deep golden warmth, here are colonial masterpieces of enduring heirloom quality. Send for brochure and name of nearest store.

Send 25¢ for Color Brochure • Dept. M105 • Vermont Furniture Co., Winooski, Vt.
We borrowed an old idea and came up with a new metal.

The old idea was sand casting. A craft perfected before the American Revolution. The new metal, by Wilton Armetale, is actually a marriage of ten different metals. Which is what gives our dinnerware and serving pieces the look and feel of traditional pewter. Armetale metal won't chip, crack, or break. You can cook in it. And eat and drink from it. Every Armetale piece is cast in its own sand mold and painstakingly finished in the colonial tradition.

To make sure you're getting the real Armetale brand, look for the RWP "Touchmark" on every piece. Because today's Armetale collectible is sure to become tomorrow's heirloom. Write us for the store nearest you that sells Armetale gift and dinnerware.
The Sheraton Inn on Goat Island sit close together along the wharves. Every period. The seafood restaurants are within walking distance of Bowen's Wharf with its nightclubs and restaurants, antique shops, and the best of the Colonial house museums. The Chase and Chase bookshop on Thames Street sells a blue paperback guide to Newport that gives history, tiny pictures of houses to look for with a description, and a glossary of architectural terms in case you've forgotten about gambrel roofs. For me, the first step was Trinity Church built in 1725 by Richard Munday. Said to have been copied from pictures of Christopher Wren's London churches, it is also meant to be influenced by Boston's Old North Church which was built about the same time. Newporters are still fond of getting married here. Simple, serene Colonial houses, some as early as 1690, are all around Trinity Church. Many of them have been restored and now are for rent as part of a program Doris Duke's Newport Restoration Foundation has for salvaging what's left that's good in the Colonial section. The Foundation's director, Francis Comstock, pointed out examples of the many houses that the Foundation has restored since the sixties. With its simple architectural details the house at 6 Cross Street is an example of late 17th-century dwellings and in that same category is the Samuel Whitehorne House, built in 1811, which is open to the public by appointment with the Restoration Foundation. This brick museum is full of furniture from Newport cabinetmakers—kneehole desks, highboys, lowboys, furniture with a recurring shell motif—and wonderful quilts on the beds. Near the Whitehorne House are two fish restaurants, the Pier and Christies, right down on the water. Both have their own moorings if you arrive by boat. The Pier serves, among other things on a long, long menu full of seafood dishes, something called Special Clambake. It comes to the table in a pot and is a combination of steamers, Rhode Island lobster, corn, and onions. Their ice-cream pie is a spectacular dessert. A short walk from the Pier is a block of Franklin Street that's full of antique shops. In the window of one I saw what can only be called a 'set' of bedroom furniture, which was made in 1876 of turned maple but which looked just like bamboo—a tall chest, bed, washstand, chairs, and more, for $2,200. The Preservation Society of Newport County on Washington Square has a pamphlet listing antique shops and other pamphlets and brochures of interest. It has a glossary of architectural terms in a pot hung on a crane over the stove in a pot today, but superb if cooked the old-fashioned way in a pot hung on a crane over an open fire in a fireplace. Another is the recipe for Rhode Island Johnnycakes made from cornmeal and molasses, and an old, old-for-
The Viking Princess is a little of 20th-century versions of every-beautiful big houses in a setting of rocks, wild grasses, pheasant, houses to Italian villas. They are century houses but consists mainly curving stretch of road along the Bay also has some wooden 19th-shingle architecture and the huge palaces of the 1890s. Ocean, a tourist ferry that starts from the served one day on board his yacht. It was not a light lunch.

The Breakers has seventy rooms Gobelin tapestries, buhl furniture, grand staircases, huge marble man-
eries which emerged in the 1880s —

For me, the two houses, the Breakers and Marble House, that Richard Morris Hunt built in the 1890s for two Vanderbilt brothers were of immediate interest. Marble House, which is marble indoors and out, cost $11 million to build. It borrows the grandest aspect of European houses—Italian marble, French ceilings with stucco reliefs, Gobelin tapestries, buhl furniture, grand staircases, huge marble mantels, Louis XV woodwork—even in upstairs bedrooms there are gold-en swags, alabaster, and gilt. The Breakers has seventy rooms grouped on four floors in the style of an Italian Renaissance palace. The great hall, that you walk into from the front door, rises two stories with a gallery on the second. Indoor fountains, columns, ar-

Continued on page 243

THE EXPRESSION GROUP

A beautiful new way to express yourself!

Now folding furniture is just as lovely as the rest of your furnishings — and far more versatile! Samsonite’s exciting new Expression Group complements your home with designer styling, five elegant frame finishes and a delicious array of rich, leather-soft vinyls and stylish fabrics.

And for the first time, you can use your decorator’s touch to match the colors to suit your own preference!

Mix or Match!

Elegant new design, luxurious new comfort, handsome new colors. That’s what makes new Expression furnishings a marvelous new way to express your good taste beautifully — no matter what the occasion!

See the Expression Group today at fine furniture and department stores near you!

Samsonite®
Fine casual furniture — at better stores.
Until now the look of Cypress paneling would cost you a small fortune.

If you could find it.

The Cypress we’re talking about is called Pecky Cypress, and it just isn’t that easy to find. Lumbermen say it’s harder to get than rosewood from Brazil. And long ago, interior decorators stopped considering its natural, earthy texture as an option. Pecky Cypress has been that difficult to find.

But now we’ve captured the lost look of Pecky Cypress in Masonite hardboard paneling. It has the rare “character marks” and impressions, the rich subtle run of the Pecky Cypress grain. And you can put six panels side-by-side without repeating the design.

Just look at what happens when you put it up in your rec room, bedroom, attic, or study. The warm, weathered tone of Masonite’s new Pecky Cypress Design turns an ordinary room into a room you’ll love.

Pecky Cypress Design paneling features a man-made finish on real Masonite brand hardboard. It’s a quarter-inch thick so it’s durable. It can take knocks, bumps and bruises; won’t splinter or crack. And cleaning is as easy as a wipe with a damp sponge.

So put the lost look of Cypress in your home. You’ll find it at your Masonite dealer, along with 64 other intriguing Masonite designs. Look for him in the Yellow Pages under “Paneling.”

When you ask for Masonite paneling, make sure you get the Masonite brand.
State Department Americana Project

Having no crowned heads, the United States Government has no crown jewels, as such. But it has one of the greatest collections of American furniture in the country, some of it in the White House, where it is mixed with French and English cousins, and some of it in the State Department Diplomatic Reception Rooms, where its bloodline is pure Yankee and, from a cabinetmaker's point of view, pure blue.

It is also what might be called a bequest collection. Official funds are not available for prestige furniture, paintings, and decorative objects appropriate to the Reception Rooms, and it is only through the efforts of the Fine Arts Committee of the State Department and what is called the Americana Project that the rooms are so splendid. Everything in them has been given, loaned, consigned for purchase, or purchased outright by Philadelphia Chippendale secretary desk made by Benjamin Randolph in 1787. Finial is a bust of John Locke, English philosopher.

State Department Americana Project

Having no crowned heads, the United States Government has no crown jewels, as such. But it has one of the greatest collections of American furniture in the country, some of it in the White House, where it is mixed with French and English cousins, and some of it in the State Department Diplomatic Reception Rooms, where its bloodstream is pure Yankee and, from a cabinetmaker's point of view, pure blue.

It is also what might be called a bequest collection. Official funds are not available for prestige furniture, paintings, and decorative objects appropriate to the Reception Rooms, and it is only through the efforts of the Fine Arts Committee of the State Department and what is called the Americana Project that the rooms are so splendid. Everything in them has been given, loaned, consigned for purchase, or purchased outright by Philadelphia Chippendale secretary desk made by Benjamin Randolph in 1787. Finial is a bust of John Locke, English philosopher.

State Department Americana Project

Having no crowned heads, the United States Government has no crown jewels, as such. But it has one of the greatest collections of American furniture in the country, some of it in the White House, where it is mixed with French and English cousins, and some of it in the State Department Diplomatic Reception Rooms, where its bloodstream is pure Yankee and, from a cabinetmaker's point of view, pure blue.

It is also what might be called a bequest collection. Official funds are not available for prestige furniture, paintings, and decorative objects appropriate to the Reception Rooms, and it is only through the efforts of the Fine Arts Committee of the State Department and what is called the Americana Project that the rooms are so splendid. Everything in them has been given, loaned, consigned for purchase, or purchased outright by Philadelphia Chippendale secretary desk made by Benjamin Randolph in 1787. Finial is a bust of John Locke, English philosopher.
How to change the personality of a room without painting, wallpapering, laying new carpet, buying new furniture or spending a lot of money.

Just change your window treatment with Kirsch Drapery Hardware. Only $1.50 for this 128-page book gets you started.

Kirsch The name you trust in drapery hardware.

You can buy "Windows Beautiful" at most stores that carry Kirsch Drapery Hardware or send this coupon with a check or money order for $1.50 to: Kirsch Co., Dept. K-1075, Sturgis, Michigan 49091.

NAME

ADDRESS

CITY

STATE ZIP
American potters were contenting themselves with simple tableware not works of art. But all the silver is American, and superb, all with only a few exceptions, the paintings and portraits are by great American artists—portraits of early Secretaries of State such as John Jay and Robert Livingston by Gilbert Stuart; James Monroe and James Madison by Thomas Sully; Thomas Jefferson by Bas Otis.

The early and important portrait of George Washington by Gilbert Stuart is here, as are the Rembrandt Peale portraits of George and Martha. Most interesting, historically, is the unfinished painting by Benjamin West of the Preliminary Treaty of Peace in Paris, 1782. It was supposed, West's intention to add the British Commissioner and the British Secretary to the group of signers, but the two Englishmen never made it. The famous "Treaty of Paris" tambour writing desk on which the treaty was signed sits in the John Quincy Adams state drawing room, as does the table designed and owned by Thomas Jefferson, and on which he might very well have drafted the Declaration of Independence. With his usual ingenuity, Jefferson designed the desk with an adjustable lift-up top rather like an architect's drafting board. Because of arthritis, he was far more comfortable working standing up than seated.

Like a sensible man, he stood up.

The collection of museum pieces goes on and on. Only about half of it is owned outright by the Department of State. The other half is on loan, sometimes permanent, sometimes not, or on consignment from American business firms or private citizens, and can be withdrawn at any time unless it is purchased by a donor to the collections. They are princely gifts, obviously, but that is how great collections are built. On the other hand, a contribution of $250 will make you an Associate Member of the Americana Project, and the money will be added either to the acquisitions fund or the architectural improvements fund. You may also give a piece of American furniture of historic interest, a painting by an American artist of the period, a piece of 18th-century American... Continued on page 86.
Our Young Republic Celebration
A Bicentennial salute to you.

People of yesterday and today.
Their striking differences and surprising similarities. Their ways of living and common heritage. Not the political and military leaders who dominate history. But the everyday people who built and are building our country. That's what our Young Republic Celebration is all about.

When your Tell City Dealer announces it, come the family. You'll all enjoy it.

Discover how people lived 100 years ago.
How they worked. How they had fun. How they kept food without cans or refrigerators. What school was like. You'll find many rarely told facts in 'The Jonathan Parrys,' a family, amusing picture-story book of a Young Republic family.

Ever see a housecleaning bee? A corn shuck? A climber party? A market day? Tell City commissioned famous historical illustrator, William E. Turner to create a portfolio of exclusive prints which show and describe these Early American events. Ever taste syllabub? Gooseberry Fool? You can easily make these and other 1776 treats for your family from the Young Republic Family Recipe Book. All recipes are tested and translated to modern oven temperatures and measurements by noted writer and cookbook author, Marilyn Kluger.

See these warm and lovely styles.
Carefully researched in Early American museums and historic homes, Tell City's Bicentennial designs are both authentic and unusual. The flickering flames and soft glow of the Bicentennial candleholders and electrified "whale oil" lamps add so much charm to a room.

Finished in weathered brass for that 200-year-old look. Our handsome Bicentennial dry sink shown at left combines the clean, simple lines of a Colonial sink and the punched metal doors of a historic old pie safe. Made of beautifully grained hard rock maple with a Formica® top, a practical modern touch found in many Young Republic pieces.

Create the Young Republic look in your home.
Your own look. Personal. Distinctive. Different. Yet you don't need years of decorating experience. Or time to shop for go-togethers. And you don't need to make compromises you may regret. Tell City gives you a whole new way to decorate—more than 500 pieces all specially designed to go together.

Young Republic hard rock maple living room, dining room and bedroom furniture is coordinated in color and style. Tell City lamps and accessories go with the Young Republic furniture. If you want ideas and decorating basics, you'll find 128 authoritative show-and-tell pages in the Tell City Primer of Early American Home Decorating. Ask your dealer or send $3.00 to Tell City Chair Co., Box YQ, Tell City, Indiana 47586.

Visit your participating Tell City Dealer and ring his Young Republic Celebration.

We've been getting ready for the Bicentennial since 1865.
Weiman
says beautiful things about you...

in full room selections or individual pieces from the Chardonay Collection of French Period designs. More than 70 pieces of dining room, occasional and upholstered furniture that reflects the best of the Louis XV and Louis XVI periods and more.

Choose from complete dining room combinations, cabinets, tables, upholstered chairs and sofas that recapture the beauty and gracious living of the times.

See the Weiman Chardonay Collection at fine furniture stores everywhere and get a FREE colorful brochure of decor ideas. Or, write for a free copy. In Miami and Fort Lauderdale, have your decorator show Weiman to you in the easter Showrooms.

Walter Gropius believed in
"fulfilling regional conditions,
not international precepts"
Invest in the past.

Chances are, the Stiffel you choose today will please you just as much in twenty years.

Because a Stiffel lamp is inspired by classic designs of the past—designs that have nothing to do with fads and fancies and everything to do with lasting elegance. Here are three examples.

Left: The English Regency period rules tastefully here in this table lamp. Applied ormolu leaves finger an urn of fine ivory enamel. 37" high. About $189.

Center: The church is the inspiration for this aristocratic British tri-form candlestick. The golden English old brass finish highlights the strong, noble lines. 32" tall. About $134.

Right: This candlestick, modeled on 18th century Tibeto-Chinese creations, exhibits the "simplicity" that made the Orient famous. Golden distressed old brass finish. 39" high. About $139.

Prices may be slightly higher in the South and West.

For brochure send 50¢ to The Stiffel Company, Dept.G, 700 N. Kingsbury, Chicago, Ill. 60610
to do yourself, and only foam will fill a wall without air pockets caused by nails, crosspieces, pipes, and wires (the consistency of urea-formaldehyde foam—like stale sponge cake—makes it possible to cut it away from wires and pipes if necessary). Rigid insulation can be put on under siding, if you happen to be residing. Or it can be installed inside between furring strips, then covered with gypsun—board—but moldings will probably have to be replaced to fit the new wider wall. One-inch wood paneling adds a little to the R-value of a wall, but the insulating value of plywood panels is negligible. Basement walls should have at least 2 inches of waterproof insulation installed from the top of the wall to a point at least 2 feet below the outside ground level, unless the basement is used for unheated storage. Then the ceiling between basement and living space should be insulated. If your basement is damp because of condensation (not because of leaks), insulation will turn it into a livable space.

In deciding what to do about your insulation, two government publications can be of help: "Retrofitting Existing Housing for Energy Conservation: An Economic Analysis," by Steven Petersen, National Bureau of Standards Building Science Series 64, $1.35 (C13.29/2-64); and HUD's "In the Bank—Up the Chimney," $1.70 (023-00-00297-3). Both available from the Government Printing Office, Washington, D.C. 20402.

Doors and windows

There they are, openings to the cold, cold world outside, accountable for a frightening amount of the heat loss from a well-insulated house. An insulated wall may have a value of R-13 or more; a single-glass window is only R-8.8. Look at yours carefully. If they are hollow, you can add on, bolster or decorate them to make them hold heat better.

Adding on. Insulating window two panes of glass sealed into a sash with an air space between them, can cut heat losses in half. Separate storm windows do a lit better than that, because of a greater air space between the panes of glass. Double-paned windows plus storm windows—triple glazing—cut heat losses by two-thirds.

Wooden frames are better than metal frames. If be storm windows and sashes, a metal, you can cut heat losses you separate them with a thern break, a strip of wood, plastic, foam between them.

For temporary savings work out a permanent soltion, plastic film will work. B

6-mil polyethylene rolls—most construction-supply stores ha tems—or storm window kits. Cut the film several inches larger th than the window. Roll the edges for strength, then staple or tack it ther, around the window frame, leaving as little slits as possible. If you put it outside, the plastic will last for one winter. Inside, it will last longer.

Vinyl film is more expensive but it is clear, and has an estimated life of three to five years. A wooden storm door, even if it is half glass, will cut heat loss through the door in half. A storm door spring closer on the storm door saves heat in two ways—it insur a closed door and it discourages leaving in the doorway.

Even better than a storm do is a storm porch, an unheated closed space outside the main door that can also be used for boot caps, skates, and snowy mittens. You can, plan to have the stor door to one side rather than the center in front of the main door.

Bolstering up. Check the air around your windows and door for cracks before it gets any cold.
Most caulking must be done when outside temperatures are above 50°, so if you find cracks where any two materials meet, caulk them now. If the cracks are large, fill them first with oakum, then caulk. (Do not caulk the drainage holes usually found in storm-screen combination windows.)

Weatherstrip, paying particular attention to the sills of your doors. Consider using masking tape or fabric-backed heating duct tape to seal any windows or doors that will not be opened during the winter.

If you're sealing an exterior door that has a storm door, you can insulate the space between them with batts. The unfinished sides of doors to unheated attics or basements can be covered with insulating particle board.

Remove the screens from all windows that receive winter sun. The wire mesh blocks a surprising amount of heat.

Decorating. Tightly fitting shutters and curtains are energy-saving friends. Heavy curtains, particularly if they have closely woven linings—the kind that keep them from fading in the sun—can reduce heat loss by a quarter, according to Spies, Konzo, Calvin, and Thoms in 50 Ways to Save Energy (and Money), if they are kept drawn after it is dark. But in order to work as heat-savers, curtains must be tight to the window at sides and top. Otherwise, heat near the ceiling of the room will be dumped over the top of the curtain into the cold space against the window. Paste and sew strips of Velcro to edges of window and curtain, and press them together at night. Consider equipping the curtain with a valance that is closed on top. Consider making the valance deep enough that you can put tubes of fluorescent light (it uses far less electricity than incandescent bulbs do) along it, either to wash down the curtain or to reflect from the ceiling.

Shutters and insulating panels can make windows nearly as heatproof as walls. The R-value of hinged shutters or panels can be improved by pasting rigid insulation to their window sides. Make your own insulating panels. Four layers of corrugated cardboard, pasted on plywood with a white glue such as Elmer's, make effective insulation, say Eugene and Sandra Fulton Eccle in Save Energy: Save Money! Swing the panels from the ceiling, or put them on tracks to slide across the windows at night. Paint or paper them, or cover them with fabric, or mount mirrors on them. One warning: If your insulation is polystyrene or polyethylene, remember that both give off toxic fumes in a fire and therefore must be covered with a nonflammable material.

There is a timelessness to good taste. The elements are few. Simplicity of line. Integrity of construction. The craft of the maker.

At Nichols & Stone, we make chairs in the conviction that there will be a tomorrow, that there will be future generations who care.

Just as we have since 1857.

We invite you to send 50¢ for our 40-page booklet presenting the full line of Nichols & Stone chairs with histories and appropriate settings.

The new Early American collection from Case gives you a beautiful feeling of the good old days. And it lets you enjoy the same painstaking craftsmanship that Case has been putting into knives for more than a century.

For example, we put at least 75 hand operations in each one of Case's nine Early Americans. Notice how the tang extends the full length of the handle for extra strength. And how the handles are natural walnut for natural beauty, impregnated with clear acrylic so they're dishwasher-safe. And how the blades are glaze-finished surgical steel with edges as sharp as the edges we used to put on our straight razors.

W. R. Case & Sons Cutlery, Bradford, Pa. 16701

The Early Americans

Something old is something new.
The Great American Naturals

SPECIAL BOOKLET OFFER

Many of the manufacturers of The Great American Naturals seen in this issue have produced brochures, catalogs, and portfolios about their collections, with various styles illustrated and detailed information given. The attractive, useful booklets, shown and described below, can be ordered directly from House & Garden to help you in your home decorating planning. Just fill in the coupon at the bottom of this page, indicating the booklets you’d like to receive. Your requests will be filled as promptly as possible.

1. HOW TO MAKE YOUR WINDOWS BEAUTIFUL, VOLUME V. New book with 132 color pages of inspiring room settings. Solutions for all types of window treatments. Instructions for draperies and window hardware and the how-to of making basic types of treatments. Kirch Company. $1.50

2. DECORATIVE FURNITURE BOOKLETS are tucked away in a miniature box. Styles include French, Italian, Early American, Oriental, Contemporary. Desks, tables, cabinets, sofas, chairs, love seats, commodes, curios are shown. Hammary Furniture. $1

3. LUXURY FOR YOUR WALLS. Full-color brochure features the refreshing designs and distinctive color ways in the exciting new Folio Collection from Albert Van Luit. There are many inspiring, accessorized vignettes, which illustrate ways these wallcoverings can enhance the most beautiful rooms in your home. $1

4. PRIMER OF EARLY AMERICAN HOME DECORATING. A 128-page, 9" x 12 1/2" hard cover decorating guide filled with practical suggestions. Includes a room-planning kit, decorating ideas galore and illustrations of the entire line of Young Republic hard rock maple living, dining and bedroom furniture. Plus over 200 lamps and decorative accessories. Tell City Chair Company. $3

5. COMFORT AND BEAUTY COMBINE in reclining chairs and sofas by La-Z-Boy. Choose from the many styles available in beautiful decorator colors, fabrics, or vinyls, in reclining chair and new Sofette, the reclining sofa. $1

6. FOR "OVER 50 YEARS" Hekman has been making first-quality design furniture. Eighty-page booklet is generously illustrated with pictures of skillfully executed, elegant craftsmanship. This booklet includes selections from Country Kent, Trade Winds, and Normandy collections plus many others. Detailed measurements are given for each piece described in the brochure. $1

7. "HOW TO BUY A COLONIAL CHAIR"— illustrated brochure of Nichols & Stone chairs shown in traditional settings. What to look for in styling and construction in Early American chairs. $1

8. AN ARTISTIC OFFERING... full-color brochure outlines available metal sculptures and other distinctive objects created by Artisan House, Inc. Each piece is handcrafted and individually signed—shown at galleries and fine stores. Kirsch Company. $1.50

9. DISTINCTIVE FURNITURE BROCHURE illustrates individual pieces from the Weiman Company’s many selections of period designs from the Chantonsy collection. Brief description of collection and style numbers given.

10. AN EXTRAORDINARY CHAIR to come home to and relax in—the Barca-lounger 3-way recliner. Full color brochure shows a variety of styles for traditional and contemporary settings. Loveseat and rocker included.


12. PANELING IDEAS. New 6-page, color brochure from the Masonite Corporation illustrates and describes their new Pecky Cypress Design paneling. There are four colors in the new series of interior wall panels—white, golden, brown and gray. Installation instructions are shown on back of booklet.

ORDER COUPON FOR "THE GREAT AMERICAN NATURALS" BOOKLETS, OCTOBER, 1975

Circle the number of each booklet you want, and enclose check, money order or currency in amount indicated for those requiring payment. Add 50¢ for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: House & Garden, Dept. 10a, Box 3579, Grand Central Station, New York, N.Y., 10017

1 2 3 4 5 6 7 8 9 10 11 12

I enclose: $__________ for booklets circled requiring payment.

[Blank spaces for quantity, price, and total remittance]

Offer expires 12/15/75

Address

City

State

Zip

(please print)

HOUSE & GARDEN
The Great American Naturals

You’re invited to discover the Great American Naturals at these fine furniture stores. There you will find helpful decorating advice and inspired displays of Great American Naturals in fine furniture, carpets and decorative accessories, all great American ideas for the way you live now.

ALABAMA
Mobile ... Gardberg's
Lisbon ... Glick's

ALASKA
Anchorage ... Nerland's
Fairbanks ... Nerland's

ARIZONA
Phoenix ... Lou Register
Sun City ... Lou Register

CALIFORNIA
Fresno ... Turpin's Furniture
Los Angeles ... W & J Sloane
San Marino ... Carper Interiors

COLORADO
Longmont ... Harris of Longmont

CONNECTICUT
Branford ... Country Gallery
Darien ... Huffman Koos
Fairfield ... Huffman Koos

FLORIDA
Boca Raton ... Huffman Koos

GEORGIA
Atlanta ... Pace's Collection

ILLINOIS
Bloomington ... Olson's
Lake Forest ... Huffman Koos
Raytown ... Huffman Koos

INDIANA
South Bend ... Huffman Koos

IOWA
Davenport ... Huffman Koos

KANSAS
Abilene ... Huffman Koos

KENTUCKY
Louisville ... Huffman Koos

LOUISIANA
Baton Rouge ... Lou Register

MARYLAND
Baltimore ... Huffman Koos

MASSACHUSETTS
Boston ... Huffman Koos

MICHIGAN
Dearborn ... Huffman Koos

MISSISSIPPI
Jackson ... Huffman Koos

MISSOURI
Kirkwood ... Huffman Koos

MONTANA
Montana City ... Huffman Koos

NEBRASKA
Columbus ... Huffman Koos

NEVADA
Las Vegas ... Huffman Koos

NEW HAMPSHIRE
Concord ... Huffman Koos

NEW JERSEY
Edison ... Huffman Koos

NEW MEXICO
Albuquerque ... Huffman Koos

NEW YORK
Albany ... Huffman Koos

NORTH CAROLINA
Charlotte ... Huffman Koos

OHIO
Canton ... Huffman Koos

OREGON
Portland ... Huffman Koos

PENNSYLVANIA
Philadelphia ... Huffman Koos

RHODE ISLAND
Providence ... Huffman Koos

SOUTH CAROLINA
Columbia ... Huffman Koos

TENNESSEE
Nashville ... Huffman Koos

TEXAS
Dallas ... Huffman Koos

UTAH
Salt Lake City ... Huffman Koos

VERMONT
Burlington ... Huffman Koos

WASHINGTON
Seattle ... Huffman Koos

WEST VIRGINIA
Charleston ... Huffman Koos

WISCONSIN
Madison ... Huffman Koos

WYOMING
Cheyenne ... Huffman Koos

SOUTH DAKOTA
Sioux Falls ... Huffman Koos

You liked your furniture enough to pay a lot for it. So what are you doing to get your money's worth? A blob of ice cream, a dribble of pop, and suddenly that new sofa or your favorite chair starts looking its age.

But an occasional, generous spray of "Scotchgard" Brand Fabric Protector on clean furniture, and watery and oily spills just bead up. And you can blot them away.

It pays to invest a little in your furniture’s future. “Scotchgard” Fabric Protector helps keep your furniture looking newer a lot longer.
At the 1909 Syracuse County Fair, Mr. Willard Hadlock (A) became so incensed when the blueberry pie baked by his wife (B) did not win first prize that he hurled the pie at Judge Klugman (C) who ducked, thereby causing the pie to hit Mrs. Emma Eberhart (D) who was sneaking a cigarette at the time, putting out said cigarette, and thus proving to all the men that justice prevails.

You've come a long way, baby.

VIRGINIA SLIMS
Slimmer than the fat cigarettes men smoke.

COMMON-SENSE DECORATING is more than a surface change with paint and fabrics, or a response to current mood or fashion. Space is designed for activity, the realities of the situation. A designer looks at the total environment in architectural terms—scale, volume, traffic patterns, people, and habits. Then he organizes furniture and decorating objects into the total scheme. Common sense decorating is practicality.

SIMPLICITY
Think of what you might leave out, more than what you leave in. Every room needs a basic framework. Analyze the ebb and flow of activity. It’s often the case that any given area works best with a minimum of things in it.

SPACE
The unfurnished parts of the room are just as important as the furnished. Shapes made by emptiness are all part of the visual excitement. Try drawing out floor plans and see how the jigsaw puzzle of shapes looks to your eye. Darken empty parts, so the drawing looks like a negative. Is the negative positive?

LIGHT
Creating a quality of light can do more for a room than any other single thing. Good lighting relates to the architecture. Often this means you don’t see it until it’s lit. It can be a combination of things, built in, strips of bulbs, light bounced off a surface, light on objects. Let decorative lamps shine where they are legitimate.

COMFORT
Having the soft beds and chairs and textures you care about is merely a fractional part of feeling at ease in your own surroundings. Comfort is well-planned storage, for clothes, books, records, tableware, linens, all the things and equipment you live with. They should be right where you want them. Plan for the things you will accumulate. Provide empty space for the future.

FLEXIBILITY
Most of today’s rooms are called upon to work for a variety of activities. Many must be comfortable for both small and large numbers of people. By considering its potential uses in the basic design, you create a room that always seems especially planned for each different way it is used.

EFFICIENCY
Your idiosyncracies must be considered to smooth out your life and make everything efficient. Don’t be influenced by others. Your living pattern and yours alone is to be considered. If you like eating in the kitchen, design a way to do it. It’s the only way you’ll be entirely happy in your surroundings.

Turn through the following pages to hear from some of America’s top designers who speak out strongly for common-sense decorating and give inspiring examples.
TOP DESIGNERS SPEAK OUT FOR COMMON-SENSE DECORATING

Common-sense decorating means a room that really works for the way you want to live. And today, that room probably includes several or all of these qualities—simplicity, a sense of space and light, comfort, flexibility, and efficiency. On this and the next pages are examples—plus more ideas from top designers and architects, who believe that a room that works well looks good.

"You have to think about how you really want to live," says designer Joseph Braswell. "For instance, if you have a library and living room and want a very simple, flexible, and inexpensive change, install double doors between the two rooms—so you have the option to keep the library as a den or guest room, or open the doors and make one big space for parties."

"Every room is a six-sided box," explains designer Angelo Donghia, "with four walls, ceiling, and floor. Each surface complements each other. That's common sense. So take a room that has windows in two adjacent walls with wonderful views. What color should you paint the floor, ceiling, and walls? No color. To complement these two windows, and continue the sparkly light effect, put mirror on both the other walls, so all four are alike. Paint the ceiling sky blue and the floors bleached white. Now everything balances."

"If you have a very small room with a low ceiling, and an unattractive fireplace as the only point of interest, replace it," suggests designer Michael Taylor, "with an overscaled sandstone French fireplace. Treat the windows with pairs of thick natural wood panels—not shutters—also on a larger scale. Put a large sofa opposite the fireplace, a smaller one by it, and chairs opposite, all upholstered in the same heavy natural hand-woven burlap silk. By using overscaled things, the space is enlarged and a difficult room becomes simple."

A LARGE BARN SPACE THAT WORKS AS A COMFORTABLE SITTING ROOM
Common-sense decorating has turned this once-dark, over-decorated barn into a simple, light, living space. Designer John Saladino painted the walls and ceiling icy-white, and stripped the beams to accentuate height. A natural woven sisal floor covering merges with the glass-topped coffee table; custom sofas have slipcovers of inexpensive, sun-resistant curtain lining. Ice-blue silk wall panels conceal two unwanted doors—installed at doorway height, "to make the room more human." Drum table of practical porcelain; windows veiled in seamless gauze to cut out glare—light is indirect, from fixtures mounted on sides of beams.
"If you are looking for a feeling of warmth in a large room," says designer Arthur Smith, "take the furniture away from the walls. Rugs also reduce living space. Flexible arrangements of chairs make for intimacy—using easy-to-move wicker, benches, and slipper chairs, for instance—so that even if the room is large, two people can live comfortably in it by themselves." (For Arthur Smith's design for a New York apartment, see page 100.)

"What do you do with a small breakfast room (10 by 12) that must be used for family, TV-watching, and grown-up lunches?" asks designer George Clarkson. "Put a soft banquette at one end of the room, and at the opposite end, a TV suspended from the ceiling. Use a table with casters, light enough for anyone to move easily, that is kept against the wall under the TV during the day, and pushed to the middle of the room for meals."

"If you have a room with a poor view," say designers Mica Ertegun and Chessy Rayner of Mac II, "hang clear plastic blinds on the windows, painted with a landscape or abstract design. Then you can adjust the panels to make a montage or show the complete design. This treatment hides the ugly view and also lets in light."

"How do you make a basement or cellar comfortable and light?" asks architect James Baker. "Paint it white, and install tile flooring which will not show dirt. A mixed bag of furniture always creates comfort and informality—family pieces that tell a story, and a light-upholstered sectional couch for comfort and flexibility. Leave pipes intentionally uninsulated beneath the floor to create warmth."

"If you like books, try using them as a decorative wall material on every wall in the room," suggests designer William Machado. "It's not only very practical, but also looks extremely handsome."

"If you want freedom from complexity without losing luxury," says designer Bruce Gregga, "new windows can give a room completely new youth and vitality. For instance, if you have mullion windows, try putting in plate glass ones, with flat shutters. This is not expensive, but it gives a room (Continued on page 154)."

A KITCHEN/DINING ROOM THAT REALLY WORKS
Common-sense decorating—a room comfortable enough for a large family and flexible enough to entertain in. To make it work, architect Kenneth Lange of Elder, Angell Lange pulled down walls, raised the ceiling, added hand-hewn beams and installed a central counter as room divider—doubling as children's eatery, far left. Terrific storage over and under counter (plus wine rack); built-in radio/intercom for efficiency; brick floor, planters, and barn wood cabinets for comfort in the George West family's perfectly working, yet most inviting, environment.
A good working relationship between interior designer and client is based on mutual understanding and respect. Recognizing changing needs and an openness to new ideas on both sides can produce consistently good results. Here are examples on how well it can work.

What the designers say
What the clients say

George Clarkson: “A young client came to me and her opening request was that she wanted ‘a very period room.’ She meant antiques and classic furniture. Today, Mrs. Tankoos’s apartment has not one antique in it. Yet you would not be conscious of this—it is simply up-to-date, using steel and glass tables, deep pile rugs, open wall space, and no clutter. Much of the furniture was designed specially for her—replacing antiques at a fraction of the cost. White sailcloth curtains, the upholstery of white and beige tones in heavy woven fabrics, melon walls. The whole look of the apartment is completely contemporary.”

Mrs. S. Joseph Tankoos, Jr.: “George helped me find my own taste. I found that it was really contemporary after all, instead of chintz and prints. I knew what colors I wanted—I wanted complexities to look fantastic, so the living room is salmon-colored, and everybody looks great in it. He took the time and explained everything—for instance, he gave me renderings, and estimates, right at the beginning. This was highly professional; and from then on we had a wonderful relationship.”

Joseph Braswell: “Mrs. Langdon wanted a period, 18th-century feeling throughout the apartment, except for the library, which is a marriage of old and new. For instance, a chimney breast of stainless steel is the background for an antique Roman bust; the lighting is a heavy 17th-century Flemish silver chandelier that blends wonderfully with the stainless steel. So the basic feeling of the classically proportioned room is maintained, while looking forward to today.”

Mrs. Homer Alfred Langdon: “My apartment is large and old, so I needed someone with versatility to work on it. I gave Joe pages of requirements, since I am a very organized person, particularly with storage, and he executed everything perfectly. The apartment had also to work for small and large parties, and he succeeded in that, too. The decorating was a happy time.”

John Dickinson: “Working with the Donald Magnins’ house in San Francisco, the problem was the living room. It was full of furniture that didn’t work too well either for the family or for parties. There is a study on the same floor that does nicely for

Mrs. Donald Magnin: “For our weekend house, we wanted red, white, and blue. John suggested all white—and it worked out wonderfully. He solved the problem of using white by slipcovering every-
thing in sailcloth, and making double sets of everything. So when someone sits down with a wet bathing suit I can simply change the slip-covers. No problem with fading from the sun either—the house looks as fresh as ever.

We used the same idea in our town house."

Mrs. Aaron Locker:  

"The decisions were made quickly. Joe brought a minimum of choices, but he was the motivating force. For instance, I wanted beige sofas in the living room. Joe wanted black. He drew the floor plan with black sofas, and we saw what he meant—it looks like a contemporary painting. Suddenly the room took form and shape, the square on one side, the circle on the other. The beige sofas would never have done the same thing."

Kezia Keeble:  

"I took Bob to okay the apartment before I bought it— to see if he could do anything with it. Everything worked out perfectly. Facing the bed is a sofa with a wicker table and pie-shaped chairs for sitting or eating on. Bob and I worked together all along. It was a wonderful experience."

Mrs. Pat Gary:  

"Richard really cared about making the place look like me. He knew my furniture well and how it would look best in its new surroundings. For instance, he used a large, very formal French desk to break up my bedroom into two halves, so one side is for sleeping, and the other is a sitting area with a fireplace. The effect is really charming."

Mrs. Vidor Parry:  

"Leonard transformed the garage into a very charming living room. For instance, he put in an 18th-century fireplace that really fit. The house also had a library that looked west—which, in California, means it got too much sun.

I wanted wheat-colored burlap on the walls. Leonard insisted on sable brown. I realized this color kept the glare down—my colors would have been blinding. Only a professional would have known that."

"Everything Mark did worked wonderfully. For instance, a favorite piece of furniture is a bench that seats two people. Mark designed the dining room around it—putting ten chairs and the bench at a round table, to seat twelve. The bench is covered in a chocolate-brown velvet, and the table has a beige cover over which we can put other cloths. The walls are a flattering pink—all women look well in this room."

"A good designer makes your own ideas work even better."

Mrs. Frederick Cushing
Transforming a respectable old New York apartment for a dynamic young couple meant one thing to designer Arthur Smith: Make it simple, make it fresh, and make it work. Since the owners are avid party-givers on every imaginable scale, the big old rooms had to be versatile—and if anything more beautiful when filled with people. The entrance hall, above, its shimmering blue achieves, with a deep tone over a vivid cerulean undercoat, is home for a Matisse drawing and a glamorous French 1930s mirrored table—but it often serves as a second dining room for large dinner parties as well. In the big living room, left, the owners wanted a feeling of warmth and intimacy, which Mr. Smith created with conversational furniture groups well away from the walls. Flexible floor plan accommodates lots of people. Mirrored window reveals add sparkle.

In the living room, from left: a Brice Marden; a Miró on far wall; “Giraffe,” a stabile by Calder; and a Dubuffet. At other end of room, opposite page, above: glass-and-chrome table, two splendid amaryllis and an equally splendid Picasso.
EXPANDABLE PARTIES, MOVIES AFTER LUNCH AND BEFORE DINNER
The green dining room, opposite page (its color inspired by a painting), is a marvel of flexibility. Its permanent furniture: an expandable round table that seats up to ten guests, and a small table in a window for breakfast-for-two or an extra four dinner guests. For larger parties, folding tables are brought in, covered with green-and-white cloths. Mr. Smith designed brown lacquer-and-brass mantel, shell-patterned carpet; screen is suede panels bordered with dark mirror. Because movies after lunch or before dinner are a favorite pastime, two bedrooms were turned into a gay red, white, and black screening room, below, with a projection room in a former bath. Facing the wall-to-wall movie screen, a pair of chairs with fold-out seats for floor sitting. One checkered step up behind the lipstick-red sofa is its identical twin. Sony projector between ottomans enlarges ordinary television images on a special 4-by-6-foot screen that rolls out of the way when not in use. For refreshments, a drink cart in a corner. Just for fun: a bubble-gum machine and popcorn maker. In screening room, light shines theatrically up from floor-cans, controlled from projection room. Andy Warhol lithographs.

Dining room is lit softly by candles, table lamps, and dimmer-controlled lights hidden behind curtains in window reveals,
"I love the dining room. It's a great place to bring a pot of coffee, spread out the magazines, photo albums—whatever I'm working on at the moment..."

Renee Locker

"I enjoy working in the greenhouse after a day at the office. It's restful—and very rewarding—to get my hands into the soil..."

Aaron Locker

"I really like the living room best. It's a people room—you get a feeling of plenty of space, even when there are plenty of people..."

Rick Locker

"The house is designed to suit the way the Lockers like to live. The real excitement happens when they are in the rooms..."

Joseph D'Urso, designer
"I think the living room is the most dynamic room in the house. It's great to bring my friends to—we turn on the stereo, have some iced tea, sit around and talk..."

Jeff Locker

"When I come into the house I head straight for the refrigerator..."

Keith Locker

It was inevitable, when Mr. and Mrs. Aaron Locker asked Joseph D'Urso to rejuvenate their old Long Island house, that the entire family would be involved in the project. To the Lockers, doing things together is the whole point of being a family. To Mr. D'Urso, it's also the point of interior design: "My concern is not to 'decorate' a room, but to create a setting in which everyone involved can feel free to do whatever he loves to do." The Lockers called on Mr. D'Urso because they responded to the spirit of his work. "We found a picture of a barn he had redone," says Mrs. Locker. "We liked the feel of it. When we met Joe, we knew he was the one for us."

"The painting in the living room was a flash of inspiration," says Rick. "Joe had the idea; we each chose a color (mom's purple got streaky, so we had to leave it out)." "Keith and I helped Rick do the painting," says Jeff. "Dad supervised."
"We bought the house because of its big, well-scaled rooms, wonderful grounds, its flavor of a bygone way of living," says Mr. Locker. "But it was very dim, heavily curtained. Everything ended in shadow." Mr. D'Urso called it 'ersatz-grand'; Keith called it "spooky."

"We were more contemporary," says Mrs. Locker. "We needed more light, more practicality, more fun. Joe helped us create exactly what we wanted."

They made decisions quickly: Curtains came down, sunlight came in; everything was painted shiny white, all the rooms carpeted in continuous gray. Lamps and chandeliers went to the attic, replaced by big dramatic uplights, track lights, lights outside the windows. "When it came to radical changes, like painting, paneling, or reshaping the dining room, Joe kept reassuring us," says Mrs. Locker. "That's what professionals do—give you courage."

"Joe made us see the relationship between what he was doing and our daily living—it was exciting to watch the house taking shape," says Rick. "But after a while, the design becomes part of living, and you take it for granted. Now it's just—home."

In the living room, right, two conversation areas center on back-to-back black leather sofas where food, feet, and the family dog are all welcome. At sofa ends, Formica-encased stereo speakers hold primitive art, two huge uplights (the only lights in the room); pull-around furniture makes floor-plan flexible. A step through glass doors is the greenhouse, opposite page, top, with gravelly garden path, lots of tropical foliage. Dining room, center, once immense, dark, and stuffy, was transformed with white paint, a Formica-and-steel table Mr. D'Urso designed, and surprising built-in walls that dramatize fireplace, conceal wall-cupboards and indirect lighting, make room comfortable for family dining. In the white-and-naturals kitchen, bottom, Mrs. Locker worked out the floor plan with shapes on a sheet of paper; Mr. D'Urso helped put the plan to work, devised lighting. Old double ovens—that look like something out of a laundromat—came with the house. Mrs. Locker: "The house was such fun to do, I wish it had taken longer."
COMMON-SENSE DECORATING

LIVABLE, PRACTICAL NATURALS
FOR AN ACTIVE FAMILY'S HOUSE

Summerly straws, natural wicker, honest textures and fibers in tones of biscuity beige, all add up to a soft-spoken atmosphere plus practical livability in a family house by the sea. When Mr. and Mrs. Jones Yorke built the house, they asked their friend, designer Mark Hampton, for help with some basics—like the clear cedar paneling, balconies, and beams that span the 32-foot tray ceiling. Then, with his blessing, Mrs. Yorke put her own decorating ideas to work: "The flow of natural tones heightens the sense of space we wanted to create," she says, "and lets the real color in the house come from the view of trees, pond, and in the distance, the sea." Easily cleaned surfaces, polyurethane-coated floor, washable duck upholstery make upkeep "as easy as it can be with children and dogs running through all day." Lighting system of recessed ceiling and deck lights, uplights, simple reading lights devised with help of James McCurdy.

Floor plan divides the big room into conversation groups along wall and around freestanding fireplace Mr. Yorke designed. Favorite entertaining informal lunches on the deck opposite page. For dinners inside, extra tables are set up on the balcony overlooking living room, above. Metal sculpture by Steve Porter. Painting—an abstract of the view outside—by Mrs. Yorke.
COMMON-SENSE DECORATING

A velvety flow of natural honey-tones gives a living-dining room in Chicago an atmosphere of space without sparseness, comfort without clutter. Against a background of bare bleached floor and walls glazed and combed the color and texture of shiny woven straw, designer Bruce Gregga brought in big-scaled furniture, importantly surrounded by space. He designed the ultra-cushy, Ultrasuede-covered sofa (with a divided back so people can perch from that side, too), and covered two gilt-framed chairs with a surprising fabric of untreated Madagascar straw—a great natural that wears beautifully, wipes clean. At the other end of the room, in the bare, ceiling-high bay window that overlooks city and lake, stand a curved wicker banquette cushioned with pale Ultrasuede, a table made of a glass cylinder topped with travertine “shaded” by a ficus tree “because it’s nice to have dinner under.” Two gilt chairs are covered in leopard-patterned velvet—a wild jungle natural, tamed.

VERSATILE, COMFORTABLE NATURALS
FOR A SWEEP-OF-SPACE CITY APARTMENT
"The exciting thing about naturals is the way they respond to light," says Mr. Gregga. "In direct morning light, the room is pale and shimmery; reflected afternoon light turns everything a luscious apricot." At night, light comes from uplights by the screens and under the trees, and from firelight (which turns two huge quartz crystals on the hearth, left, the color of flame). Dinner by candlelight—and city lights outside.
Your outdoor favorites—wildflowers, vines, bulbs, garden flowers, creepers, and shrubs—can be enjoyed indoors, too. Expert H. Peter Loewer tells you how in his new book and in this interview with garden editor, Marybeth Weston.

Collecting outdoor plants
Whether collecting in the field or buying plants, start in the fall. When digging, take enough soil to keep the plants from wilting. If you put your specimens in plastic bags, don't seal the tops. Choose young and small plants. Pot immediately, soak, and allow to drain. If possible let plant adjust to pot before bringing indoors; before frost. To dig native plants, ask permission from landowners, follow state conservation laws, and take sparingly. You can collect or buy wildflower seed, but some will take years to reach maturity. Buying established plants from wildflower nurseries is usually the best bet.

Pots and placement
For most outdoor plants, 4- to 6-inch pots are good starters. Clay pots look natural, are natural, and unlike plastic will let you know by their color if you are making a mistake in watering or fertilizing. It is difficult to overwater when using clay. Place the pots in rooms with the right light and temperature for the variety (see lists and advice on care). The trickiest plants to bring indoors are the wild ones. Growing and flowering wildflowers in the home is not difficult, but you must have the facilities to winter the plants at about 45 degrees so that they can have their dormant period. This can last up to three months but is open to experimentation. After potting and watering, mulch the surface with sphagnum, vermiculite, or perlite to keep the soil moist and cut off light. About the middle of November put the pots in plastic bags, tied tightly, and move to their winter quarters—a really cool room, even a newspaper-filled box on an apartment balcony—till February.

Light
Flowering plants need sun—full, partial (4 hours), or artificial light. A new world has opened up for the plant lover who is denied adequate natural light. This is the method of growing plants under fluorescent or incandescent light or a combination.

Temperature
If your plant does best at 68-70 degrees during the day, try to give it 60 at night. If it likes 60 during the day, give it 50 at night. Most plant growth occurs at night. That 10-degree drop gives the plant additional aid in the utilization of sugars it has produced during the day.

Soil
Store-bought soil is fine for part of a mix, but the cheaper types pack down. Sand helps make heavy soils more porous. Peat moss adds nutritive value as it decomposes; it is on the acid side. Crushed eggshells add lime and counter acidity. An all-purpose standard mix, good for most plants is: 1/4 loam or packaged soil, 1/4 sand or vermiculite, 1/4 leaf mold or peat moss, 1/4 packaged dehydrated cow manure. Keep these supplies on hand and vary as needed. A good bulb mix is 1/2 sand, 1/4 peat moss, no soil or fertilizer.

Food and water
Water-soluble fertilizers are good—a 20-20-20 formula for established plants and a 10-10-10 for seedlings—and cut mixing directions by half to be on the safe side. Don’t feed a plant when it is dormant or in the midst of a once-a-year blooming period. Plants in the sun or in active growth need extra water, need less water in a cool room, and only enough to keep them from shriveling when they are dormant. Always soak clay pots before use; new ones steal water from the soil.

Dormancy
Dormancy is particularly noticeable with plants from the temperate regions of the world. Tropicals are not so obvious, as they hold their leaves throughout the year, but few plants will flower, fruit, and continue to bear new leaves on a year-round basis. Most of the plants brought in from out of doors will slow down their growth for the bleaker part of the winter. Outdoor plants brought indoors will generally bloom earlier than usual and not bloom again that year. Everything in life must rest at one time or another. A plant is a living thing and subject to the same regulations that govern the human body. Without light, plants become anemic; without air, water, and food, they slowly waste away. Too much heat or too much cold will generally do them in. Without routine maintenance, they quickly appear unshaven and unshorn. With good care their life brightens yours.
Garden flowers

<table>
<thead>
<tr>
<th>Plant</th>
<th>CARE</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ageratum</td>
<td>Sun or partial sun, standard soil mix. Water as needed. Start from seed or if you have a garden, pot root ball in standard mix. Snip back to encourage continuing bloom.</td>
<td>Like all roses, miniatures have special needs but grow well under fluorescents or in bright windows.</td>
</tr>
<tr>
<td>Alyssum</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Bellis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Browallia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gazania</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heliotrope</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Impatiens</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marigolds, dwarf</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Quick bulbs

<table>
<thead>
<tr>
<th>Bulb</th>
<th>CARE</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Acidanthera</td>
<td>Sun or partial sun, bulb mix (half peat, half sand). Keep moist.</td>
<td></td>
</tr>
<tr>
<td>A. bicolor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Autumn crocus</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Calochilum autunale</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dahlia, dwarf</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gloriosa lily</td>
<td></td>
<td></td>
</tr>
<tr>
<td>G. rothschildiana</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lilies, nursery pre-potted</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lilium</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sternbergia</td>
<td></td>
<td></td>
</tr>
<tr>
<td>S. lutea</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Watsonia</td>
<td>W. humilis maculata</td>
<td></td>
</tr>
</tbody>
</table>

Shrubs and other plants for a cool room

<table>
<thead>
<tr>
<th>Plant</th>
<th>CARE</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Andromeda, Pieris</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Azalea</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Boxwood, Buxus</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cyclamen, hardy small</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Euonymus, E. fortunei</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ferns, young hardy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Holly, flex</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lavender, Lavandula</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pine, or any root-bailed Christmas tree</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primroses, Primula</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Rhododendron</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Creepers

<table>
<thead>
<tr>
<th>Plant</th>
<th>CARE</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ground ivy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gleocina hederacea</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Kenilworth ivy</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cymbalaria muralis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pachysandra</td>
<td></td>
<td></td>
</tr>
<tr>
<td>P. terminalis</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Periwinkle, myrtle</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Vinca minor</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Virginia creeper</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Parthenocissus quinqufolia</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*From "Bringing the Outdoors In" by H. Peter Loewer. Copyright © 1974 by H. Peter Loewer. Published by Walker & Company.*
Living and entertaining
A Missoni style
An active family lifestyle that centers on impromptu gatherings, glorious food in a great glass room.
Ottavio and Rosita Missoni, who gave the world The Missoni Look—wonderful freestyle clothes to put together in all their various stripes, colors, and blossom prints—lead a freestyle life to match. Together with their children, Angela, Luca, and Vittorio, they have created a beautiful house that's a gathering place for family and friends. At home (they built their house close to their handsome factory near Milan), the family gravitates to an airy room with three glass walls, opposite page and insert, furnished mainly with a parade of plants and flowers brought in and out with the progressing seasons. The only furniture that lives in the room is the big oval table, today supplemented by two smaller tables, one for the vegetable buffet here, one for meats (see following page). Sometimes we use the big table for the buffet and sit at small ones," says Rosita, "and sometimes we sit right at the same table with the food. It depends on how we feel." Chairs fold up and stack away to be pulled out as they are needed. On the vegetable buffet: Mistecanze, a salad of local greens; tomatoes with mozzarella; Russian salad of fresh vegetables topped with eggs; three different kinds of bread; and tarts made of collard greens and other good things.

The living room is unmistakable Missoni, with exuberant Missoni roses in yellow, red, and purply blues on cotton dress jersey everywhere you look. Above the drink tray, upper left, a painting by Tai; on the tables, a collection of baskets: sherbet-hued antique French baskets, modern African ones—all set out invitingly for everyone to touch.
"I can cook my specialties with my eyes closed," says Rosita Missoni. In her white-and-steel kitchen, right, her sleeves rolled up under a sensible apron, she does some of her "needle-and-thread work": sewing up a roast veal stuffed with sweetbreads. Sunday is cookday. She does the roast, several kinds of pasta sauces, three kinds of cutlets Milanese—always in huge batches ("Our entertaining is spontaneous and impromptu—we expect unexpected guests"), and some vegetable pies that might last a few days, if not too many guests arrive for Sunday dinner.

The kitchen makes cooking a party in itself. The big work island contains a cook top, chopping block with its own bin for peelings, a little sink, plenty of work space, and implements arrayed handily on the exhaust grid overhead, and is usually surrounded by guests who can't resist the good-smelling goings-on. Behind the island, two wall ovens sandwiching a deep freeze and refrigerator; to the left a pair of dishwashers, sinks, and a stepladder for reaching up to the colanders, baskets, and serving bowls. Also in the kitchen, a table and banquettes for casual meals, storage for linens and china, and enough work space for several cooks to be concocting their delicacies at the same time.

Angela, left, making cookies that look like edible Missoni: First she flattens the dough into squares, then rolls them up. For checkerboard cookies, she bundles two or three light rolls with two or three dark, wraps them in another square, chills, slices, and bakes them. Spirals are light and dark squares rolled up together.

On the dining table, above left, Missoni roses on pitcher, glasses, dress-fabric tablecloth. Centerpiece is a bouquet of fresh crisp vegetables: various lettuces, celery, fennel, carrots, peppers, and radishes, all of which guests nibble on like rabbits in a garden. Some of the greens are from the Missonis' garden; others from the local outdoor market, to which farmers bring fruits and vegetables "so beautiful and so appealingly bunched you can't resist buying armfuls of everything." On the meat buffet table, above, Rosita's veal, lamb, and pork cutlets Milanese (to eat hot or cold), and a huge prosciutto to slice on the spot.

Recipes for everything, page 142
Picnic

Sausages and Parmesan
Vegetables al Forno
Mini pizzas
Toasted tomato-and-basil sandwiches
Provola cheese with olives
Bread, Fruit
Angela's cookies

The house has no lack of places to eat: kitchen, terrace, at poolsde, in the glass garden room—even out on the lawn. Here prepared for the picnic with low bamboo seats, Miss Merson covered cushions. Rug is straw squares sewn together by Rosita herself into a marvelous patchwork. The picnic fare, from top: sausages and Parmesan; the wine basket between Tai and niece Betty; Tai's famous Vegetables al Forno (see below), bread, a cheese called provola, which means "try it," surrounded by olives; mini pizzas made in the crust of Italian bread, the center of which is toasted and turned into tomato and basil sandwiches; three kinds of fruit, and Angela's cookies.

At a poolside luncheon, below, Tai pours his luscious pasta-sciutta sauce over penne, a short, hollow pasta. On the table, a cold zucchini omelette, grated cheese.

Lunch
Tai's pasta with thick tomato sauce
Zucchini omelette
Cheese

Tai's turn in the kitchen, below, where he turns out a vegetable casserole he calls "Vegetables al Forno." Ingredients gathered, he slices potatoes, red onions, zucchini, an eggplant, tomatoes, and red, green, or yellow peppers. He layers everything with salt, pepper, and olive oil, tops casserole with black olives, bakes forty minutes.
Experts easy guide to music systems

How to have the right SOUND

"Sound affects your state of mind... Fix a room for good acoustics and your music system will sound marvelous—and you will live better and happier at home"  
Dr. Amar G. Bose

Dr. Amar G. Bose— scientist and engineer, teacher of electrical engineering and acoustics at M.I.T., technical director and chairman of Bose Corporation, talks about the meaning of acoustics, the exciting research into psychoacoustics, and the way it affects our lives.

Hi-fi started in the late forties or fifties in an interesting but strange way. It was started by hobbyists—some people making loudspeakers, some making receivers or amplifiers, others making turntables. Many of them became specialists in making one kind of equipment, leading to today's tradition of component manufacturers. Today, engineering has evolved enough so that receivers from any reputable manufacturer sound, electronically, about the same. I would say there are now two parts of a hi-fi system that really make a difference in the sound— speakers and pickup cartridge. And to make improvements in these components, we have to study the relationship between measurements (frequency response, distortion, polar response, and so on) and perception. In other words, why bother to improve measurements if you, the consumer, can't hear the difference?

"We found that there was a difference when we looked at speakers. I used to play the violin, and found that when playing violin records, my hi-fi equipment sounded terrible—shrill and screechy—and yet the equipment measured well. So why did it measure well and sound terrible?

"Well, when you sit in a concert hall, about the same amount of sound comes to you from all sides. You'd expect more to come from the orchestra itself—from the direction of the stage—but it doesn't. Each instrument radiates sound in all directions, and only about 10 percent of it comes to you directly. All the rest comes from the multiple reflections around the hall. Furthermore, if you move around in that concert hall, you can still pick out the same sounds as you did when sitting down in the first place. That is why we have now come up with speakers that bounce the sound off the wall behind the speakers and then into the room, thus producing a high proportion of reflected sound. We call them Direct/Reflecting speakers.

"No science, however, can tell you what is the best hi-fi system. It's a matter of what suits your own hearing. What we are trying to do is close the gap between hi-fi hardware and the musical experience. This is where human perceptions are so important. It's a field of study we call psychoacoustics. For instance, here at M.I.T. we are studying the functioning and mode of the inner ear. Take the "cocktail party effect," for instance. If you are at a party and someone is talking to you, and in another part of the room a very interesting conversation is going on, then you can listen to the distant conversation even though the noise in the room is a lot louder than the level of the interesting conversation.

Now you can take into that room any microphone and amplifier and recorder and play back the recording on your hi-fi system. You can your ears do it and not the microphone? It has to do with the fact that you have two ears, and so you can pick out the interesting conversation—just noise. Your ears can work a lot better than a microphone.

"Houses today are not necessarily the best acoustical environments people to live in—quite apart from hi-fi. For instance, sound can bounce back off a wall causing a 'slap echo' of reverberating sound. What happens? It reaches one ear before it reaches the other—that is because sound travels at about 1,000 feet per second, and your ear can sense echoes on these sound waves with amazing precision.

"In other words, why bother to improve measurements if you, the consumer, can't hear the difference?

Place the speakers where you'll enjoy the music most  
6 examples

Here are six rooms, complete with furniture, with suggested locations for speakers. For more tips on installing speakers, see page 122.

Living-dining room

Reflecting speakers hung about 7' off the floor each side of fireplace, so sound bounces off fireplace into center of room.

Bedroom-living room

Two sets of stereo bookshelf speakers (or quad) on shelves 5' to 6' off floor on opposite walls, with best sound in the center.

Living-dining room

Reflecting bookshelf speakers about 4' off floor. Left-hand speaker must be angled to direct high frequencies into room since reflecting wall is absent.
The normal definition of high fidelity is an instrument that has the capacity to reproduce frequencies from 20 cycles to 20,000 cycles, and reproduce them with so little distortion that it amounts to less than 1 percent of spurious sound—99 percent or more is perfect reproduction of the original program material.

"The frequency response of the human ear varies—everyone is different. But women generally hear better and are more sensitive to sound than men. (A woman will go to a concert and never complain about the volume, she'll want it turned down. She will notice shrill and harsh sounds much more than men.) The older you are, the smaller the frequency response you can hear. You have your best hearing when you are born. A twenty-year-old girl can hear perhaps 50 cycles up to 15,000 cycles—and that's super hearing."

"So why should a pickup cartridge, for instance, reproduce a tone of 20,000 cycles if you can't hear it? The answer to that is harmonics. You can't hear them, but you can feel them. They don't translate into your ear as sound, but you feel the ambiance. The importance of a good cartridge is that it will pick up these frequencies—if it can't do this, however wonderful your speakers are, they don't have the sound to work with."

"As far as the other components are concerned, it's a matter of taste. Some people want the sound of a hundred-piece orchestra in their living room. Others want only the sound of a small vocal group. You can adjust your speakers to any kind of music. For very big sounds, two pairs of stereo speakers or quadraphonic speakers can give you the expansion you need."

"Musical tastes, too, have changed enormously. People like to listen to one or two cuts on one side of a record, then change it. That is why manual turntables are now in vogue. (Also, stacking records and having them drop is not the best way of treating records, which are very sensitive.) That is also why tape recorders are becoming more and more popular—you can record just the parts of a record you like, and leave out the rest."

"In fact, when you buy a hi-fi system you become not only part of the audience, but you also become part of the creative process. You have control over your music...rather like a conductor does"—Mr. Bernard Mitchell, President of Pioneer Electronics, Vice President of the Institute of High Fidelity, and enthusiastic supporter of the New Jersey Symphony talks about high fidelity, changes in musical taste, and how you can become an orchestral conductor in your living room.

Mr. Bernard Mitchell, President of Pioneer Electronics, Vice President of the Institute of High Fidelity, and enthusiastic supporter of the New Jersey Symphony talks about high fidelity, changes in musical taste, and how you can become an orchestral conductor in your living room.

Golden rule about SOUND

let your ears be your guide. If you find a place where your speakers sound good, then that is the correct place for them. No one knows better than you.

Relax. Hi-fi is no longer the electronic jungle you thought it was. Here are expert tips on buying and installing the best sound equipment for any room in the house—so easy you can do it yourself! By Caroline Seebohm

Double guest room

The speakers placed each side of the fireplace and closest to it work best. If raised about 1' off the floor, the pair of speakers furthest away from the fireplace give best results.

One room apartment

Bookshelf speakers in bookshelves 3' to 5' off the floor, with sound directed to table in center of room and sofa bed at far end.

Multi-purpose room

The pair of speakers at right angles to each other and closest together direct sound to the seating area. If you move them further apart along the walls, the sound spreads out more to the rest of the room.

Lake, you can change them around! In short, you become recording engineer, technical director, and conductor all in your living room.

"We are now trying to build equipment that reproduces perfectly, and everybody who cares about music, and about the values of living, should be involved. When anthropologists go back and discover a new tribe, they find that even the most primitive people took sticks and stones and made music. People have a need for things that are beautiful in their lives, and music is as close to filling that need as anything else."
Inventive new music equipment
How to buy and install it
Follow the simple guidelines below on components and fixing your room

direct or reflected sound. Some people prefer the direct sound, others prefer more reflected sound. It’s a question of taste (and budget—the best reflecting speakers are more expensive). Listen to both before you decide.

2. Speakers and the pickup cartridge are the two most important components in a hi-fi system. So if you are wondering where to spend any extra money, spend it on these two. Remember that without good speakers, however good the rest of your equipment is, you will not get the best sound possible.

3. If you know you want to put your speakers in a bookshelf, tell your dealer. Some reflecting speakers do not work well in this position, as the sound cannot bounce backwards properly (as you see in the sketch).

4. Test your speakers in the showroom. If you find a place you like best, remember the manual is only a guideline—all rooms are different, and so are all listeners.

5. Try to listen to speakers side by side in a showroom. Once they are separated too far, the room’s acoustics will affect the sound of each speaker differently. However, be wary of demonstrations in which the speaker is not positioned properly. Reflecting speakers especially need more space behind them than is available in some showrooms.

6. Specify if you want special outdoor speakers, which are waterproof. The sound is less accurate than for indoor speakers. (Of course you can use indoor speakers outside as long as they don’t get rained on!)

**Tips on installing speakers**

1. When you bring home your speakers, put a long piece of wire on them so you can put them anywhere in your room until they sound right. Live with them in all sorts of places for two or three weeks until you find a place you like best. Remember the manual is only a guideline—all rooms are different, and so are all listeners.

2. If you have chosen direct-radiating speakers, it is important to establish where you will be doing the most listening in your room, since only then can you direct the sound most effectively. (Like aiming a flashlight, you want to be in the center of the arc of sound.) If you have chosen reflecting speakers, then your seating is not so critical since the speakers fill the whole room with indirect sound bounced off the walls.

3. The separation between the speakers should be between 4.5 to 15 feet. (Best results are obtained with a separation of 6 to 12.) Also, the further you are from speakers, the wider they can be spaced. A good rule is that the speakers should be spaced as far apart from each other as they are from you—making an equilateral triangle. For direct-radiating speakers, you should aim the sound at the area of the room where you will listen: the center of this area of sounds will be the optimum position. You can also turn them towards you, reflecting speakers should be positioned according to the manufacturer’s instructions. Some reflecting speakers must be positioned so that the sound will bounce effectively off the walls behind them (as in the diagram).

4. If the speakers are in a room with a color television, do not place them closer than 3 feet to TV. All speakers are equipped with a turntable should be quite close to amplifier or receiver to pick up sound before it fades, and (2) wires run between all components so must be easy to conceal.

5. Remember not to put furniture in front of speakers, blocking sound.

6. Specify if you want special outdoor speakers, which are waterproof. The sound is less accurate than for indoor speakers. (Of course you can use indoor speakers outside as long as they don’t get rained on!)

**Four environments designed for great sound**

1. **Living room.** Direct-radiating speakers beam sound to the seating area. Speakers should have a wall behind them for best results, so here you might have to turn up the bass control, or put two more speakers back to back, which will also extend sound into the next room.

2. **Attic apartment.** Direct-radiating speakers under window in slanting wall, fill room with sound. If you put speakers in a cavity, they should be enclosed at the top or bottom (or both) for best results. Remember not to put furniture in front of speakers, blocking sound.

3. **Bedroom-library.** Bookshelves house reflecting speakers. Other components go anywhere, but remember (1) a turntable should be quite close to amplifier or receiver to pick up sound before it fades, and (2) wires run between all components so must be easy to conceal.

4. **Entertaining room.** Four reflecting speakers are hung above the dancing area for best sound. When hanging them, position them no closer than 18 inches from the ceiling—and preferably on chains. Plants, cushions, firmly hanging blinds make for good acoustics. For more guidelines on acoustics, see page 151.

Rooms 1 and 2 designed by Martin Lipsitt.

Rooms 3 and 4 designed by Joseph D’Urso.
Hi-fi components—beautiful looks for beautiful sounds


4 ways to buy and assemble components:

1. Tuner
2. Amplifier
3. Speakers

Tuner and amplifier always go together. They connect up with your turntable or tape deck, and the sound then arrives at your speakers. A receiver is a tuner and amplifier in one component. A compact contains them all. One advantage of buying components separately is that you can buy new ones as the technology improves — most makes are interchangeable. Check with your dealer before you buy.
Editor's note: This garden appears in House & Garden's 26 Easy Little Gardens (Viking, $15.95, Oct. 1975), with other spare-time gardens tended by people with limited time, and unlimited imagination. Whatever your gardening interest, our new book about real people and real gardens—plus full-page plans and extended plant lists—can make your garden easier, prettier.

This jewel-box of a sunken garden is confined by a house, toolshed, and garage. Steps lead from a terrace through a gate to a swimming pool. Like nested green boxes, an evergreen yew hedge frames an evergreen vinca border, which frames evergreen boxwood. The crisscrossed boxwood, in a bed only 10 by 20 feet, frames flowers that can change with the Connecticut seasons. The green year-round geometry—leafy rectangles, spheres, cones, circles—is softened in spring by a snow flurry of dogwood, rhododendron, and other white flowers, and a surprise. Six dwarf Korean lilac standards come into full bloom after the dogwood. The lilacs resemble lavender parasols. "Every time I step down in this garden," Laura Bishop says, "I am restored by its little bit of order in a disorderly world. Even weeding and grooming it is soothing. In a little garden, work is pleasant because there is not much of it." Because this formal garden was designed for minimal upkeep, it can be kept to perfection. Landscape architect: Eloise A. Ray.
The garden gate repeats the pattern of the center bed, which has white and blue pansies in spring, deep pink geraniums, dusty miller, and gray santolina from summer to frost. Terrace, edged with pachysandra and rhododendrons, has a fountain wreathed with fine-leaved ivy and pots of white petunias.

**Plan:**
1. Yew hedge (Taxus media hatfieldii).  
2. Flagstone path.  
3. Periwinkle, myrtle (Vinca minor).  
4. Boule de Neige rhododendrons.  
5. Dwarf Hinoki cypresses (Chamaecyparis obtusa compacta).  
6. Lilac standards (Syringa palibiniana).  
8. Dogwood.  
9. Marble chip path.  
10. Dwarf boxwood (Buxus sempervirens suffruticosa) and seasonal flowers.
Bed and tv storage: A lacquered screen splits at center to reveal a fold-down bed; a revolving cabinet hides the TV by day.

The simplest solution to where to sleep in a one-room apartment is usually a good-looking daybed that can double as a sofa. But not for architect Richard Henderson, who, though young, is old-fashioned enough to want the roominess of a double bed and a sofa. The answer? A wall-hung Murphy bed for which he designed a two-part screen of red-lacquered molded plywood (see plan) that rolls apart on casters to provide space for the bed, down. Across the room, the television is hidden in an orange-painted revolving cabinet kept face to the wall by day, whirled around at night so he can lie in bed and watch The Late Show.

1 The apartment by day. Screen closed, there is no sign of the presence of a bed.
2 Screen open, double bed down. To match the screen, red-bordered sheets by Paresi.
3 TV cabinet, orange-painted plywood face outward. Over sofa, painting by Henderson.
4 Cabinet reversed, TV screen facing bed. Shelves for books, a Boston fern for a hat.
Architectural storage: dramatic enclosure for a wall-hung bed; freestanding column cabinets that provide storage where there was none at all.

In an imaginative conquest of 18 by 22 feet of space, a Murphy bed is hidden, a great many possessions stored, and, at the same time, a handsome environment created. Architect Don Chapell concealed his wall-hung bed with what looks to be a Mayan bas-relief—actually a Styrofoam screen designed by Victor Belcic that parts in the middle to swing open on hinges. Six column-cabinets, screwed to the ceiling, hold everything from clothing to music to books (see plan), and even have a separate upper section for dead storage. Each column is painted a shade of coral, pretty at night when lighted by a ceiling festoon of incandescent reflector bulbs on dimmers, and augmented by a swag of tiny red bulbs that circles room.

1. The Mayan bas-relief bed enclosure in place. Very light, hung on hinges, it opens easily.
2. Enclosure open, bed down. 10-foot, 6-inch ceiling provides height for festoon lighting.
3. One of two clothing cabinets. Top section is for a variety of things not often used.
4. Opposite sofa, cabinet for record player, TV, records, liqueurs, and small luggage.
Storage island designed as a space divider and a privacy screen—a new element in a not so new apartment. Housed in the island are a music system, television, a bar, books, and a closet.

The extravagance of wasted space was remedied in this remodeled apartment with the addition of a good-looking storage unit built in the old, too big, little used foyer. Of dry wall construction, the island is painted in stripes of two shades of taupe, one with a high gloss, one with a matte finish. The use of doors is inventive: On one wall, a sliding door can shut off the hall to bedroom (see plan); on another, an accordion door opens for access to TV, music system, bar; on bedroom side, a swinging door closes off living room, reveals the island’s bookcase. Closet in island has plain wood door. Designer: John F. Saladino.
Electronic center for a family dedicated to music and movies olds all the equipment for these diversions, gives a marvelous decorative and architectural punch to a long, wide hall in a big old apartment.

Lacquered-a brilliant Chinese vermilion, the electronic center is a freestanding column banded with a strip of stainless steel—a metal plate that divides upper and lower storage compartments. There are doors on three sides; ventilating slits (this kind of machinery gets hot) on the fourth. Closed, the doors are invisible; open, they give the owners their choice of film projectors, reels of current movies, tape decks, tapes, a turntable, a tuner, records, and art books. One large, shallow compartment is backed with mirror and stocked with gloves and purses—"going out" gear. Designers: Norman Diekman and architect Lee Harris Pomeroy.

1 An open niche in one side of the column holds a little still life of objets d'art.
2 Same side, open. Projector and reels of film above, art books and recordings below.
3 Opposite side, half open. Tape deck, tuner, and record player on the steel plate.
4 Same side, all open. Old projector for the children, more film and tape storage.
**A hobbyist’s storage**, since it must be tailored to the hobby, must often be highly individual. In this case, it is exactly that, with almost every storage element in it designed by the architect-owner.

Complex, meticulous, beautifully ordered, this is storage designed to protect and display fabrics, some of them 1,000 years old, all of them from Peru. Their owner is architect William J. Conklin of Conklin & Rossant, who is also an archaeologist, writer, and authority on ancient Peruvian textiles. The room is the living room-study in his 1862 New York house. One end is a sitting area, the other a work space. The entire fireplace wall (see plan, right) is a honeycomb of compartments and shelves designed to display his artifacts, to store them, to hold projectors and photographic slides—he flashes two at a time on the opposite bare white wall—plus containers for multicolored yarns and threads to keep the textiles in condition.
1. Study-work area: Drafting table, microscope, floor file cases, white nylon umbrella lamps. 1862 recess refitted for books and music.

2. Textiles, exotically beautiful (most were once ponchos) are stretched on frames, hung in compartments. From time to time, they change.

3. Mr. Conklin on the library stepladder of his design. Sculptural, handsome, very heavy. It moves on ball bearings with a gentle push.

4. Blue plastic sunshades screen out ultraviolet rays, protect textiles, provide indoor "sky."

5. Opaque plastic horseshoe-shaped boxes have transparent tops and bottoms. Easy visibility.

6. Carpeting-topped floor file case holds textiles, makes a very handy table—even a bench.

7. For photographic equipment: clear plastic drums for carrousels clip on a wall frame, as do the wood cases for the two slide projectors.

8. Transparent plastic cylinders (these are a commercial product) hold plans and drawings.

9. Instead of solid shelves, plastic poles installed at even intervals. They collect a minimum of dust. Zeppelin was a World War I toy.
A great way to bring your rooms up-to-date—35 decorating finds in Great American Naturals ready to buy now in stores across the country. Look for lots of wood, especially pale, buttery shades, rattan, wicker, and bamboo; fine detail work; nubby textures and earthy tones in fabrics; a simplicity of line and a multiplicity of purpose. For shopping information please turn to page 227.
Domed and bubble-eyed, with reflective panels and interior sun-storage tanks, Mike and Ellen Jantzen's vacation house in Illinois more than makes up for its surprising face by conserving two scarce resources: energy and money. Since the Jantzens did all the work themselves, their materials cost was just under $10,000—including all furniture, appliances, a driveway, and a simple, totally controllable solar heating-and-cooling system that can warm the house up to a hundred degrees when it's five above zero outdoors.
The straightforward solar system works like this: On winter days, reflective Mylar-lined panels direct sun through transparent roof sections into heat-storage tanks beneath the bubble windows. After sundown, tanks are closed, then later opened to radiate their accumulated heat—and the roof-panels are closed to reflect heat back into the house. In summer, roof-panels are closed during the day, opened at night to let interior heat radiate out. The secret is insulation: Every surface that divides inside from outside, and even upstairs from downstairs, is carefully insulated for perfect temperature control that keeps the house warm for a full winter's night after a sunny day. The Jantzens also designed and built a sun-powered greenhouse and a solar sauna. Plans for all three buildings are available. To learn how to order, please see page 227.
Neither architect nor engineer, Mike Jantzen, who calls himself "an explorer in communications—and certainly a building is a form of communications," wanted to see if he could design a low-cost solar-heated house using local materials, unskilled labor (himself and his wife), and the simplest solar technology. He chose a direct-input system whereby solar energy is directed into two 16-cu.-ft. insulated steel tanks, filled with water and antifreeze. Steel tubes conduct heat through solution. Closed lids form window banquets.

All materials are the most utilitarian, least expensive available; resawn fir for walls, easy-upkeep vinyl-asbestos tiles on the floor, furniture, designed and built by the Jantzens, of painted plywood and Formica. Mike did the ceramic sculpture in the kitchen.

Mike worked without blueprints, mentally predesigning the house like a sculpture, then letting it take shape through intuition and logic. An inspiration: two 8-foot fluorescent tubes recessed behind ceiling beam, their light reflected by the Mylar roof panels into the living area when panels are closed, out onto the deck when panels are open on summer evenings. Flexible floor plan can be expanded by splitting it apart vertically, adding space between the two halves.
Sun shines through sauna’s clear corrugated plexiglass walls, heats pebbles in bench, on floor.

3. Sauna is 5-foot column of fiberglass with pebbly floor, skylight roof. Heat-holding pebbles fill corrugated steel bench. To use, turn on water for five minutes on a sunny day, allow humidity to rise. Temperatures reach 120 degrees.


9. One of four gardens where Ellen experiments with growing techniques on a site that not long ago “would not support grass.” Now it flourishes with vegetables that feed the Jantzens and a host of rabbits besides.

15. Greenhouse floor is Styrofoam covered with pebbles to hold moisture. 16. Ellen in greenhouse.

17. Solar tomatoes were planted in early spring, protected by sun-warmed, water-filled inner tubes.
Port or Porto? Apéritif or after-dinner wine? Ruby or Tawny or White?

Some intriguing facts about port

Editor's Note: Imitation is the reward of success, as the Porto Wine Institute, like many others, has discovered. It would now like its wine, made since 1746 only from grapes grown in a specified area of the Douro valley in Portugal, called Porto instead of the familiar Port to distinguish it from wines called port but made elsewhere usually from different grapes and by different methods. All genuine ports are labeled "product of Portugal," and wines bottled and shipped from Portugal must be labeled vinh do parto, but ports shipped in bulk to England and bottled there need not be and are not. Because of this inconsistency, calling Port Porto does not seem to clarify matters, so Henry McNulty writes appreciatively about it under its familiar name.

Port is the most sensuous of wines. Even the adjectives used to describe it are voluptuous, smooth, seductive, velvety—sexy words that slide self-indulgently off the tongue, while the wine itself slides richly over it. It is an old-fashioned beverage to be sipped slowly, to be sat over for half an hour, or an hour, in perfect relaxation after a superb meal. It is one of the world's noblest wines.

Or is it?

Some people think port, on the contrary, is a trendy modern drink to accompany wild schemes hatched over a conservative bottle of Directors Choice. Or that it should be treated disrespectfully like the French and Portuguese themselves do. Get tough with it, drink it cold, as an aperitif or on picnics.

This pleasant schizophrenia—is it reactionary or revolutionary?—about just what port's position is in life makes it, besides being delicious, a fascinating beverage.

Port starts as a rather purple, ordinary, harsh table wine. Port shippers' skill blends this unpromising liquid, fortified by a touch of grape brandy, into a mellow Ruby, delicate Tawny, or venerated Vintage, with beautiful, subdued colors, and containing wines that are often older than the people who drink them.

In 1763, the British, to spite the French with whom they happened to be at war, practically eliminated taxes on Portuguese wine. Trouble was the wine was barely drinkable and traveled badly. In desperation, some English business genius thought of preserving very ordinary Portuguese vino by adding brandy to it.

Much to his surprise and the delight of his countrymen, the process also improved the wine amazingly, emphasized its natural fruitiness, and made it simpler to ship. In 1775, the vintage wine was already so exceptional that the shippers sent it to England undistilled, to be bottled and blended, to be bottled and bottled all, and became the first of the famous vintage ports that Englishmen have stashed for years ever since in their cellars—often only to be drunk, after they fade away, by their sons.

The city of Oporto (simply "the port"), from which the wine got its name, is where port shipped to operate. They keep their wines in luscious-smelling lodges across the river from the city. Many of the lodges are owned by people with very Anglo-Saxon-sounding names.
There's a kind of community of Beaulieu-lovers who speak for us. Thus, there are always more people who want Beaulieu than there are bottles of our wine. Won't you bear with us? As a matter of fact, this year we're fortunate enough to have a bit more to go around so there's a greater likelihood that Beaulieu is at your wine merchant. Of course, when you're dining out chances are you'll find us on the wine list at superlative restaurants.

Do remember that our beautiful Napa Valley vineyards are small, our grapes are pedigreed, and our Estate and Vintage-bottled wines are perhaps the most fastidious in the land. If it weren't so we'd surely be more accessible.
Discover the sparkling treasure chest of brilliant, gem-like color that is Caribbean tile... the splash of inspiration to brighten and accent your own unique applications.

Caribbean’s Bright Crackle Glaze is a rippling surface creating walls and vertical areas that stretch the imagination with tropical tone backgrounds.

Caribbean’s Crystal Glazes go vertical or horizontal, bringing a sweep of sophisticated color to residential floors or counter tops with deep-hued flair.

And the versatility of Caribbean’s 3” x 6” shape opens new vistas of multi-colored stripes, patterns and bold innovations for the creative designer.

Caribbean... tile with the depth of brilliant color and ever bright carefree finish.

Want more tile ideas?
WRITE FOR FULL COLOR BROCHURE

POMONA TILE CO. BROCHURE 1572
P.O. BOX 2249, POMONA, CALIF. 91766

NAME.................................................. ADDRESS..................................................
CITY.................................................. STATE..................................................

from the Creative Kilns of Pomona Tile

CARIBBEAN

Pomona Tile
A DIVISION OF AMERICAN OLEAN
IN OUR 51ST YEAR • 22 TILE CENTERS SERVING THE WEST
How do you ripen an avocado quickly, keep brown sugar soft, and get more juice from a lemon? The answers and other great tips for cooking and cleaning with natural ingredients from the kitchen cupboard come from a new book, Kitchen Tricks, by Ben Charles Harris.

**Time-saving kitchen tips**

- To get the best of the delicate flavor of herbs put them into the preparation only in the last few minutes of cooking. Prolonged cooking accounts for any unaromatic or bitter taste from herbs.

- Hot vinegar removes freshly dried paint from windows.

- To dewax cucumbers as well as green peppers and rutabagas, soak for 5 minutes in a quart of tap water containing 10 to 15 drops of liquid detergent. Then wash with 1 tablespoonful of herbal or brown vinegar. Rinse in fresh tap water and rub off with a towel. Do not soak in salted water.

- An aromatic vinegar helps the atmosphere of a smoke-laden room. One friend puts small bowls of it in the four corners of her living room when smokers congregate. Another friend uses a small dish of activated charcoal to remove post-party odors. Especially good for a poorly ventilated kitchen: set 1 cup herb vinegar on the stove next to lying foods.

- A small flat sponge or paper towels kept in your vegetable bin will absorb most of the excess moisture collecting there. This will prevent spoilage of greens. Wash and dry the sponges every 3 to 4 weeks.

- A heated knife blade will cut through fresh bread more easily.

- For a handy homemade fire extinguisher, keep a coffee can of salt or bicarbonate of soda near your stove.

- Popcorn will pop better if you leave it in the freezer for a full 24 hours before using.

- If it’s more lemon juice you want, soak the lemon in cold water before squeezing. Hot water or a heated oven may produce more juice, but the juice is inferior in taste and nutrients.

- To clear a sink or basin drain, try using ½ cup salt followed by 2 to 3 tablespoonfuls salt and ½ to 1 cup vinegar. Allow to rest a few minutes and follow with hot water. In 1 hour, treat again with salt.

- You may make a wash of hot water and a little powdered mustard to remove lingering odors. (This wash is also good to remove stubborn odors from jars and bottles. Let stand for a few hours before again rinsing in hot water.)

- Those cardboard rolls found in wax paper or foil make individual holders for long, sharp knives. Flatten the roll and close one end with staples or heavy thread. The knives are better protected—and so are you—and they’re safely stored in a drawer.

- Remove vegetable stains from your hands by rubbing with a raw potato. Rubbed on a paint surface, potato will remove paint, grease and other tricky spots. Wipe with damp cloth or sponge.

- An uncovered lemon peel will absorb refrigerators odors and add its own fresh smell to that area.

- Be sure to remove the preservative sulfuric acid by soaking apricots in cold water for ½ hour and then rinsing once again in cold water before eating. This is one of the favorite unsulfured foods of the long-lived Hunzans. Try eating the meat of the kernel.

- To make cottage cheese: Store with regular milk; (certified raw, if possible), heat it in a double boiler and when warm, stir in small amounts of lemon juice—up to tablespoonful. Keep at low heat when curdling takes place, then move container from stove. Allow to set a few minutes, strain through several layers of cheesecloth, muslin bag may be used.

- Ways of keeping brown sugar soft: Put a piece of fresh bread in the container and close it securely. The following day you will find the sugar soft. Or you may empty the sugar into a glass jar or clear coffee can with plastic lid, add several marshmallows, and close tightly. A cut-up apple works, too. As does a slice of orange or grapefruit, or a lemon peel. The dried peel is replaced with a fresh one.
If a soup is too salty, add a few slices of raw potato. Boil a few minutes and, if still over-salty, repeat the process with fresh potato slices.

** Lemon juice and ground lemon peel help tenderize chicken. Before cooking, rub the juice onto inside and outside and disperse the peels throughout the cavity.

Cooking utensils: To remove hard-water rings from your stainless steel pans, soak a cloth with rubbing alcohol and apply it to the area.

To hasten an avocado’s ripening, put it into a brown paper bag, or wrap a newspaper around it. Leave it thus for several days until the skin color is no longer green.

Trim the dark outer leaves of lettuce and cabbage as little as possible and you save their vitamins A, B, and C, and minerals—iron, calcium, and potassium.

Tea or coffee stains in a cup? Wet with vinegar with a damp cloth dipped in salt.

Leftover cooked cereal may be used in making muffins. For each cupful used, reduce the amount of flour in the recipe by 1/4 cup and the milk by 1/4 cup. Use the cereal as an extender for meat loaf, fishcakes, and green pepper halves.

Flour sifter: Avoid washing to prevent flour lumps and rust. Keep in a bag when not in use. To clean it, use a large chicken feather or vegetable brush.

To clean a grease-laden oven, place a pan (1 to 2 pints) of hot water and 1 to 2 tablespoonfuls ammonia in the oven and leave overnight. Sponge off grease in the morning.

If a soup is too salty, add a few slices of raw potato. Boil a few minutes and, if still over-salty, repeat the process with fresh potato slices.

** Lemon juice and ground lemon peel help tenderize chicken. Before cooking, rub the juice onto inside and outside and disperse the peels throughout the cavity.

Cooking utensils: To remove hard-water rings from your stainless steel pans, soak a cloth with rubbing alcohol and apply it to the area.

To hasten an avocado’s ripening, put it into a brown paper bag, or wrap a newspaper around it. Leave it thus for several days until the skin color is no longer green.

Trim the dark outer leaves of lettuce and cabbage as little as possible and you save their vitamins A, B, and C, and minerals—iron, calcium, and potassium.

Tea or coffee stains in a cup? Wet with vinegar with a damp cloth dipped in salt.

Leftover cooked cereal may be used in making muffins. For each cupful used, reduce the amount of flour in the recipe by 1/4 cup and the milk by 1/4 cup. Use the cereal as an extender for meat loaf, fishcakes, and green pepper halves.

Flour sifter: Avoid washing to prevent flour lumps and rust. Keep in a bag when not in use. To clean it, use a large chicken feather or vegetable brush.

To clean a grease-laden oven, place a pan (1 to 2 pints) of hot water and 1 to 2 tablespoonfuls ammonia in the oven and leave overnight. Sponge off grease in the morning.

If you want to make candles burn more slowly and evenly with a minimum of wax drippings, place them in the freezer for several hours—even overnight—before using.

There can be no doubt, Almadén Pinot Noir is a wine of rare nobility. The incomparable grape that creates it is a true descendant of the original Pinot Noir grape that rose to prominence in Europe during the 7th century.

This classic yielded some of history’s finest red wines. Deep, velvety-soft wines of unmatched balance and fruity grape aroma. The favorites of kings and conquerors.

And for the past century, it has flourished in the Almadén region of Northern California to produce Almadén Pinot Noir. A wine of historic grandeur.

Experience it and you will quickly realize one unchanging truth.

Only a fine grape can produce a fine wine. ** Almadén
Zesty winter vegetables

STEAMED PARSNIPS
Cut 2 or 3 parsnips into ¥-inch rounds and sauté in 1 tablespoon butter for a few minutes. Add 1 tablespoon flour and stir well. Add 1 cup stock or water, cover pan, and cook gently for 1 hour, or until parsnips are soft. Garnish with chopped parsley.

CRISPY FRIED PATTY PAN SQUASH
From Edna Lewis
From the center cut ¥-inch wedges from a patty pan and dip them in seasoned flour. Fry in hot Wesson oil or butter until crispy. Drain on paper towels and serve hot. Or steam them with melted butter, pepper and salt.

PUMPKIN BUTTER
Peel and seed a medium pumpkin (about 3 pounds), cut into chunks and run them through a fine blade of a food chopper. Add pulp to a saucepan with 4 cups light brown sugar, ¥ cup honey or sugar, ¥ teaspoon cardamon or other preferred spice, ¥ teaspoon white pepper, ¥2 teaspoon salt, ¥2 cup whipped cream or yoghurt. Add 1 cup orange juice and cook over low heat, stirring occasionally, for about 3 hours or until water has evaporated and mixture is very thick. Spoon into containers and keep refrigerated. 3 cups.

PUMPKIN SOUP
from New Lessons in Gourmet Cooking (Hearthside Press)
by Libby Hillman
INGREDIENTS
2 tablespoons butter
1 onion, finely diced
2 ribs celery, finely diced
1 carrot, sliced
2 cups cooked mashed butternut squash
¥2 teaspoon salt
¥2 teaspoon white pepper
¥2 cup whipped cream or yoghurt

METHOD
Melt butter in a soup pot and sauté onion until golden brown. Add celery and carrot and cook for 1 minute. Remove pan from flame and blend in flour well. Add pumpkin and then gradually add broth and seasonings. Return pan to flame and bring soup to a boil, uncovered. Cover and simmer for 30 minutes. Purée in a blender.

When ready to serve, pour soup into small pumpkin or soup pots and place 1 tablespoon whipped cream or yoghurt on each and broil and garnish with parsley. Serves 6.

PARSLEY CABBAGE
Slice a tight white cabbage very thin and grate stem coarsely. Add both to a fast simmering stock with a medium-sized raw, grated onion added for every pound of cabbage, and a liberal seasoning of salt. Cover and boil rapidly for 7 minutes. Strain and toss with freshly ground pepper, 1 tablespoon mixed chives and parsley, and butter to taste.

LEMON BEETS
Cook 6 large beets in a large amount of boiling water, covered, for about 45 minutes or until tender. When beets are cool enough to handle, skin and slice them into rounds. Toss with a lemony vinaigrette. Serves 6.

GINGERED SWEET POTATOES AND APPLES
In a Teflon baking dish alternate layers of 2 pounds each of sliced and peeled apples and sweet potatoes. Add juice of an orange, 2 tablespoons lime juice, 1 tablespoon crystalized ginger, chopped and dot surface with tablespoon butter. Bake in a 350° oven for about 30 minutes. Serves 6.

WILTED CELERY
Wash and scrape 1 head celery. Cut into lengths and tie in bundles. Boil enough water to cover celery, add celery, cover and cook slowly about 1 hour or until tender. Drain. Serve with a little butter or a thin béchamel sauce. Garnish with young green shoots of celery.

SQUASH-YOGHURT SALAD
from Vegetable Cooking of All Nations by Florence Schwartz (Crown) Cut 10 small summer squash very thin slices and parboil. Drain and chill thoroughly. Sprinkle squash with 1 tablespoon fresh mint leaves chopped; 1 tablespoon fresh dill chopped; salt, pepper to taste. Toss with 2 cups yoghurt. Serve very cold. 6-8 servings.

PARSNIP FRITTERS
Wash and scrape medium-size parsnips. Cook in boiling salted water for 45 minutes. Drain and mash; season with butter, salt, and pepper. Shape into small rounds. Roll in flour and fry lightly and quickly, turning frequently. Drain.

BUTTERED CAULIFLOWER WITH ALMONDS
Place a large head of cauliflower in a saucepan, cover with equal amounts of milk and water, and cook until tender (about 45 minutes). Sauté ¥ cup sliced almonds in 2 ounces butter until light and golden and pour over cauliflower. Serves 4.

BOILED LEeks
Remove roots and upper green leaves of 6 leeks. Split leeks in two and wash thoroughly under running water. Tie in bundles and cook in boiling salted water until soft. Drain and serve with lemon butter.

WINTER SALAD
Grate peeled Jerusalem artichokes very coarsely and mix with an equal amount of sliced endive and twice as much shredded celery. Toss in a French dressing.

PARSLEY CABBAGE
Slice a tight white cabbage very thin and grate stem coarsely. Add both to a fast simmering stock with a medium-sized raw, grated onion added for every pound of cabbage, and a liberal seasoning of salt. Cover and boil rapidly for 7 minutes. Strain and toss with freshly ground pepper, 1 tablespoon mixed chives and parsley, and butter to taste.

SQUASH WITH PRUNES AND NUTS
from The Country Seasons Cookbook by Gladys Manyan (Crown)
INGREDIENTS
3 cups cooked mashed butternut squash
¥2 teaspoon salt
¥2 teaspoon cardamon or other preferred spice
5-10 prunes (or dates) cut in bits
1 orange juice, optional

METHOD
In a bowl combine all ingredients and mix well. Preheat oven to 350°. Pour mixture into a casserole, cover and bake about 30 minutes. If squash is dry, add a little orange juice. Serves 3-4.

PUMPKIN BUTTER
Peel and seed a medium pumpkin (about 3 pounds), cut into chunks and run them through a fine blade of a food chopper. Add pulp to a saucepan with 4 cups light brown sugar, ¥ cup honey or sugar, ¥ teaspoon cardamon or other preferred spice, ¥ teaspoon white pepper, ¥2 teaspoon salt, ¥2 cup whipped cream or yoghurt. Add 1 cup orange juice and cook over low heat, stirring occasionally, for about 3 hours or until water has evaporated and mixture is very thick. Spoon into containers and keep refrigerated. 3 cups.

PUMPKIN SOUP
from New Lessons in Gourmet Cooking (Hearthside Press)
by Libby Hillman
INGREDIENTS
2 tablespoons butter
1 onion, finely diced
2 ribs celery, finely diced
1 carrot, sliced
2 tablespoons flour
1 cup pumpkin, cooked and pureed
3 cups chicken broth
¥2 teaspoon salt
¥2 teaspoon white pepper
¥2 cup whipped cream or yoghurt

METHOD
Melt butter in a soup pot and sauté onion until golden brown. Add celery and carrot and cook for 1 minute. Remove pan from flame and blend in flour well. Add pumpkin and then gradually add broth and seasonings. Return pan to flame and bring soup to a boil, uncovered. Cover and simmer for 30 minutes. Purée in a blender.

When ready to serve, pour soup into small pumpkin or soup pots and place 1 tablespoon whipped cream or yoghurt on each and broil and garnish with parsley. Serves 6.

KOHLRABI
Peel and slice ¥ pounds kohlrabi. Boil in salted water until tender. Toss with sweet butter and garnish with parsley.

LEMON BEETS
Cook 6 large beets in a large amount of boiling water, covered, for about 45 minutes or until tender. When beets are cool enough to handle, skin and slice them into rounds. Toss with a lemony vinaigrette. Serves 6.

GINGERED SWEET POTATOES AND APPLES
In a Teflon baking dish alternate layers of 2 pounds each of sliced and peeled apples and sweet potatoes. Add juice of an orange, 2 tablespoons lime juice, 1 tablespoon crystalized ginger, chopped and dot surface with tablespoon butter. Bake in a 350° oven for about 30 minutes. Serves 6.

WILTED CELERY
Wash and scrape 1 head celery. Cut into lengths and tie in bundles. Boil enough water to cover celery, add celery, cover and cook slowly about 1 hour or until tender. Drain. Serve with a little butter or a thin béchamel sauce. Garnish with young green shoots of celery.
SEE HOW MUCH MONEY
A PHILCO COLD GUARD REFRIGERATOR
CAN SAVE YOU ON ELECTRICITY

For example, over the average life of a refrigerator (16 years) you can save up to...

$1432.70 in New York, N.Y. @ $.091 per KWH
$ 976.13 in Boston, Mass. @ $.062 per KWH
$ 865.92 in Pasadena, Calif. @ $.055 per KWH
$ 850.18 in Newark, N.J. @ $.054 per KWH
$ 834.43 in Philadelphia, Pa. @ $.053 per KWH
$ 834.43 in Hartford, Conn. @ $.053 per KWH
$ 802.94 in Lebanon, Pa. @ $.051 per KWH
$ 787.20 in New Haven, Conn. @ $.050 per KWH
$ 739.97 in Pittsburgh, Pa. @ $.047 per KWH
$ 724.22 in Norfolk, Va. @ $.046 per KWH
$ 708.48 in Erie, Pa. @ $.045 per KWH
$ 692.74 in Chicago, Ill. @ $.044 per KWH
$ 692.74 in Cleveland, Ohio @ $.043 per KWH
$ 676.99 in Tampa, Fla. @ $.042 per KWH
$ 661.25 in Detroit, Mich. @ $.041 per KWH
$ 645.50 in Jacksonville, Fla. @ $.040 per KWH
$ 629.76 in New Orleans, La. @ $.038 per KWH
$ 598.27 in Los Angeles, Calif. @ $.037 per KWH

$ 598.27 in Roanoke, Va. @ $.038 per KWH
$ 598.27 in Ashland, Wis. @ $.038 per KWH
$ 582.53 in Miami, Fla. @ $.037 per KWH
$ 582.53 in Buffalo, N.Y. @ $.037 per KWH
$ 566.78 in San Diego, Calif. @ $.036 per KWH
$ 551.04 in St. Louis, Mo. @ $.035 per KWH
$ 551.04 in Little Rock, Ark. @ $.035 per KWH
$ 535.30 in Birmingham, Ala. @ $.034 per KWH
$ 535.30 in Lynchburg, Va. @ $.034 per KWH
$ 519.55 in San Francisco, Calif. @ $.033 per KWH
$ 503.81 in Dallas, Texas @ $.032 per KWH
$ 488.06 in Bismarck, N.D. @ $.031 per KWH
$ 496.09 in Sheridan, Wyo. @ $.030 per KWH
$ 440.83 in Oklahoma City, Okla. @ $.028 per KWH
$ 409.38 in Houston, Texas @ $.026 per KWH
$ 393.60 in New Orleans, La. @ $.025 per KWH
$ 362.11 in Knoxville, Tenn. @ $.023 per KWH

(Second in a series of city listings)

It sounds too good to be true, but it is true. Every Philco Cold Guard Refrigerator uses less electricity than comparable models from any manufacturer listed in the April 1975 AHAM Directory. So you'll save money. That's because only Philco refrigerators were actually reengineered to give you all three of these important energy saving features: double cavity Uni-Wall Liner with no seams or joints (patented process), Precision placement of insulation, Non-electric anti-condensation system.

Actual savings may vary depending upon climatic conditions, individual usage and electric rate changes. Savings shown are based on estimated residential electricity rates and consumption. For a free booklet that will let you figure out just how much you can save in your area write: Aeronutronic Ford Corporation, Blue Bell, Pa. 19422

Savings, based on rates in effect from May through August 1975, represent maximum economies available on current performance of Cold Guard Model RD19F8 Code 120 compared with the energy consumption of comparable size and type models of three leading brands as listed in the April 1975 Directory of Certified Refrigerators and Freezers published by the Association of Home Appliance Manufacturers (AHAM). Comparisons show that Model RD19F8 uses 32% to 45% less electricity — comparisons for competitive models with anti-sweat heaters are based on average maximum/minimum energy consumption.

THE REFRIGERATOR THAT HELPS PAY FOR ITSELF

OCTOBER, 1975
continued from page 142

**VEAL CUTLET MILANESE**

**INGREDIENTS**
- 6 1-inch-thick veal cutlets, with bone
- 2 eggs, beaten
- fine bread crumbs
- 2 tablespoons butter
- 2 tablespoons oil
- salt
- lemon wedges

**METHOD**

Pound cutlets until about half the original thickness and nick edges to prevent curling during cooking. Dip cutlets in egg and then in bread crumbs. Fry in hot butter and oil (or just oil) over low flame until golden, about 10 minutes. Don’t disturb during cooking or golden crust will break; Cook on second side for slightly less time. Serve with lemon wedges. Serves 6.

**GREEN TART**

**INGREDIENTS FOR PASTRY**
- ½ cup flour
- 1 egg
- 2 tablespoons olive oil
- 1 teaspoon yeast
- 1 teaspoon salt

**METHOD FOR PASTRY**

Mix all ingredients and roll out thinly. Place a few drops of oil in a 12-inch baking dish and spread evenly. Cut pastry with a pastry wheel so edges are uniform and will extend about 1 inch beyond pan’s edge. Place in pan.

**INGREDIENTS FOR FILLING**
- 2 pounds greens (spinach or collard greens)
- salt
- 1 cup rice, uncooked
- 2 cups milk
- 1 tablespoon oil
- 3 cloves garlic, chopped
- 3 cups parsley, chopped
- 1 tablespoon Parmesan cheese grated
- 2 eggs, lightly beaten
- 1 cup cream

**METHOD FOR FILLING**

Boil greens in 1 inch salted boiling water for a few minutes; drain, squeeze, and chop finely. (Collard greens for about 15 minutes). Preheat oven to 350°.

Cook rice in milk slowly; it will absorb all the milk. Heat oil, skillet and briefly sauté garlic with parsley. Add chopped greens and cook 3 to 4 minutes. Remove from heat and add cheese, eggs, cream, and rice mixture. Blend well.

Fill pastry shell with filling. Fold side of pastry in about 1 inch toward center. Bake in oven for hour or until top is golden. Serve.

**TOMATO AND BASIL SANDWICH**

Spread olive oil on a slice of toasted French or Italian bread. Top with a slice of fresh tomato and sprinkle with chopped basil and salt.

**Facts about port**

and this is scarcely odd because the beverage was more or less invented by the British.

Vintage port is made from the grapes of a single year, unblended, and the year must be exceptional. Vintage stays in casks only two or three years, so it has no time to throw a crust before bottling, thus it needs to be decanted. In the bottle, it goes on maturing and improving for fifteen to twenty years. Port, by the way, keeps for as many as six months once it is opened, so you needn’t feel you have to gulp it all down immediately.

The most sensuous of all port is Ruby port, and new. The new ways of drinking port, and new. The new ways of drinking port, and new. The new ways of drinking port, and new. The new ways of drinking port, and new.

More capitalistic way to drink port is in a Portocell–three parts Ruby Port, 1 part vodka, is a tall glass, with ice and a splash of soda.

A more capitalistic way to drink port is in a Portocell–three parts Ruby Port, 1 part vodka, is a tall glass, with ice and a splash of soda.

The most sensuous of all port is Vintage, which should be treated with the respect due its years. Only four vintage years were declared by most growers in the port vineyards during the ten years 1960 to 1970, for example.
NOW—CREATE YOUR OWN
BETSY ROSS AFGHAN

a breathtakingly beautiful afghan inspired by the first Stars and Stripes.
Measures an impressive 39" x 68"

Complete Kit Includes Everything You Need
Special Bicentennial Price: Only $17.76

New Simplified Technique Gives Fast, Flawless Results—
Even If You're a Beginner, You Can Complete This Afghan In Just A Few Weeks!

Imagine the enormous satisfaction of creating this magnificent heirloom quality afghan all by yourself! It's so handsome, so impressive that no one will believe how quickly and easily you did it. What's the secret? A small, simple, circular loom. All you do is wind your yarn around it, then pop off a perfect circle of red or white. The bright blue field, striped with color, brings your yarn to complete the full 39" x 68" afghan, the circular loom (which can also be used to create ponchos, sweaters, baby sets, place mats and much more) and complete easy to follow instructions—all for just $17.76. Full money back guarantee if you aren't absolutely delighted.

51 Bank Street, Stamford, Conn. 06901
Crown-Castle, Ltd., Dept. BR-4
Please send me the Betty Ross Afghan Kit including yarn, the circular loom and easy instructions for the special Bicentennial price of only $17.76 on full money back guarantee if I am not completely delighted. (Please add $1.00 to cover postage and handling.)
Enclosed is $...
Name...
Address...
City...
State...
Zip...

Save More! The Betsy Ross Afghan makes a superb gift—order two for only $34.95 postpaid.

AT THIS SPECIAL PRICE!
Facts about port

continued from preceding page

smoother, and more elegant than a Ruby, with a nutty flavor. A twenty-year-old tawny is for connoisseurs—rare and lovely sipping. Late bottled port is comparatively young but kept longer in casks than Ruby, five to six years, before bottling. Because this gives it time to throw its sediment, it does not need decanting, so is easier to serve.

Crusted port is nonvintage; it can be a blend of wines of different years or of several vineyards but treated like vintage. There is also White Port, made with white grapes and, as usual with white wines, separated immediately upon pressing from the skins, contact with which, white or black, gives wine its color. White Port is usually drier than Ruby or Tawny. Cold, it makes a wonderful aperitif, or with ice and soda water, a fine long drink.

A great British port connoisseur, George Delaforce, used to say that the best time to drink the stuff is "Now!". In his late seventies, he played golf and court tennis, worked three days a week, and did all this on a diet of Tawny, which he claimed must always be drunk either at cellar temperature or chilled. Among the ports he recommends are Harvey's Director's Bin, Cockburn's Special Reserve, Croft Distinction, Fonseca 30-Year-Old, Martinez Directors Reserve, and, of course, Delaforce's His Eminence's Choice.

If you want your port mixed, the simplest Port Cocktail is 2 jiggers port, 1 dash cognac, stir with ice, strain into a glass, and squeeze an orange peel over the top. Nearly as easy is a Devil—1 part port, 1 part dry vermouth, a dash of creme de cassis, and a touch of sugar. Shake well with ice, strain into a glass, add nutmeg on top, if you like it.

And before you retire in general, or to bed in particular, try drinking a good dollop of Tawny Port in a tumbler, filled with cold milk, and see how fast that gets you to sleep. For a warm nightcap to entertain several friends on a cold evening, try the Negus: 2 bottles Ruby, grated peel of 1 lemon, juice of 2 lemons, several cloves, a small stick of cinnamon. Add a quart of boiling water.

AMERICAN PORT

(a footnote from José Wilson)

Although the United States produces infinitely more port wine than Portugal, generally speaking the similarities end there. For port depends for its excellence on the grape varieties used at the manner in which it is made and aged. As long as it carries a label of origin, such as California port, New York State port, or simply American port, our regulations allow any grapes to be used, including the labrusca or raisin varieties. The cheaper ports, to be made by a shortcut method that involves "baking" the fortified wine in heated tanks, or leaving it in contact with oak chips. Such ports tend to be sweet, heavy, fruity, bland, and cloying. Late though, a limited amount of excellent California port has been appearing, since the premium wines like Paul Masson, The Christian Brothers, and Almadén plant all the original Portuguese grape varieties. These often bear the variety name or the word Tinta on the label, rather than the customarily generic "Ruby" and "Tawny". Many connoisseurs consider a outstanding American port to be that made by the small Ficklin Vineyard in the San Joaquin valley of California from the finest Dour grapes—Tinta Cao, Tinta Madrina, Touriga, Souzão, and Alvarelha. Ficklin follows the Douro techniques, ages the port for four years in small casks before bottling it and binning it for further aging. Ficklin has a Tinta Port, a solely blend of all its vintages since the first in 1948, plus limited bottlings of vintage ports, which can be bought only from the winery.

RECIPE CORRECTION

The crust for the Blueberry-Raspberry Galette from Suzanne Taylor for appearing in our August issue page 59, should read:

INGREDIENTS
1 cup flour
1/2 teaspoon salt
1 teaspoon sugar
6 teaspoons butter
1 egg yolks
1 tablespoon lemon juice
1 tablespoon water

METHOD
Sift flour with salt and sugar and work in the remaining ingredients. Chill. Pat dough out until 1/8-inch thick and fit a 12-inch galette pan (shallow fluted pan). Chill.

How to have identical twins.

With Rit' Dye.

Ever wanted to dye two old bedspreads or a big set of curtains a bright new color? Well, it's easy. Just separate the items into two or three equal loads and dye them in your washing machine. These simple RIT TIPS will help you make sure each load comes out the same shade:

For each load be sure to use 1. the same amount of dye; 2. the same amount of fabric; 3. the same color fabric; 4. the same amount of hot water; 5. at the same temperature; 6. for the same length of time.

If there's a chance that you'll run out of really hot water after the first load, wait awhile to do your next load. Its important, because fabric that's dyed with cooler water will be a little lighter in color.

Rit. You're going to love the results!
you hang your speakers, they have to be level—tilt them so as your budget increases and the material, the more absorbent).  

1. Decide what components you want to buy. You can see from the plan how the various components fit together. The advantage of buying separate components, rather than an all-in-one compact, is that most components are interchangeable (check this with your dealer), so as your budget increases and components improve, you can buy new ones as time goes on, continually improving your sound system.

2. Find a good dealer. This is easier to say than to do, but one guideline is—if the dealer talks in such a way that he confuses you, then he is not right for you and you must find one who talks in a way you understand. (Companies are trying to train dealers to do this.)

3. Set a budget. Put a ceiling on it, and buy within that range, remembering that the speakers and the cartridge are the most important components in any hi-fi system.

4. Take in one of your own records that you know well, and play it in the showroom. That will give you some indication of the accuracy of the sound.

5. Buy what will be most useful. If you are hesitating between records and tapes, remember that (a) records are much easier to handle and (b) there's a much bigger repertoire on record than on tape. Tape, on the other hand, gives you longer listening time, allows you to select what you want to listen to, and, if in cassette form, is easily portable.

6. A small room (10 by 12) needs less power. Power is expressed in watts, and receivers, for instance, vary from 15 watts to 100 watts per channel. Tell your dealer the size of your room. Note that the only advantage of more power is that it lets you play louder without distortion in the sound.

Tips on care and storage

1. Keep records clean—most cleaning equipment now on the market (velvet pads, anti-static brushes) is very effective. (And in this way, the stylus keeps clean.)

2. Never play a record twice in a row—let it sit for an hour before you hang your speakers, they have to be level—tilt them so as your budget increases and the material, the more absorbent).
How to take the zap out of static electricity.

Dry, heated air gives you zappy electric shocks. And does shocking things to furniture. Like drying it out. Sunbeam Humidifiers help solve these problems. Moisture output is high—up to 15 gallons a day.* Fills easily from the top. Runs quietly. Shuts off automatically. It's shocking you don't have one.

*At 70 Fahrenheit. 10% relative humidity.

With our compliments to the chef!

To really appreciate Bon Appétit you have to read it yourself. We'd like to send you a copy, with our compliments.

Over half a million readers rely on Bon Appétit for fresh ideas and expert advice on delicious food, fine wines and gracious entertaining.


Exotic, yes. Hard to make? No. You can make every one of them yourself. Bon Appétit will show you how to make superb dishes from all over the world. With easy-to-follow, time-saving recipes, using ingredients you can buy in neighborhood stores.

You'll find Bon Appétit a treasure of creative cooking—everything from picnic lunches to elegant dinner parties. New foods and beverages to delight your family and guests. New ways to win compliments from everyone who sits at your table.

Bon Appétit can add so much to your life. Yet it costs so little. You can get a full year (12 issues including your complimentary copy) for only $7.95. So hurry—mail the coupon today.

Bon Appétit Where your next meal should be coming from.
Top designers speak continued from page 97

light and life.”

“You can design a room, and, if you move, take it with you,” advise designers Ed Zajac and Richard Callahan. “Use color and upholstery. Shiny tomato-colored walls, for example, and no curtains, just Roman shades in orange colors. Lots of upholstered furniture covered in beige quilted linen, with bright-colored pillows—everything slipcovered. Use paintings for accents, with long contemporary picture lighting as the only lighting in the room.”

“Take a space 11 feet square—how can you seat eight people?” asks designer Jay Spectre. “How can you use it as a sitting room of flowers, or black or white. Have only indirect lighting. Bare colors—surfaces for drinks and ashtrays, a table that opens with trays, overscaled banquettes against the walls. Use one color through-the-walls, the same color or fabric as slipcovered. Use paintings for accents, and no curtains, just Roman shades in orange colors. Lots of upholstered furniture covered in beige quilted linen, with bright-colored pillows—everything slipcovered. Use paintings for accents, with long contemporary picture lighting as the only lighting in the room.”

“When in doubt, take out” is a solution to where they all wash,” says architect Kenneth Lange, of Elder, Angell & Lange. “Create an interior central compartment—an inside area accessible from all the children’s bedrooms, containing tub, shower, several sinks and toilets. Put skylights in for natural light and ventilation.” (For Mr. Lange’s common-sense solution to the George West’s family dining room, see page 97.)

“You have a large family, here’s a solution to where they all wash,” says architect Kenneth Lange, of Elder, Angell & Lange. “Create an interior central compartment—an inside area accessible from all the children’s bedrooms, containing tub, shower, several sinks and toilets. Put skylights in for natural light and ventilation.” (For Mr. Lange’s common-sense solution to the George West’s family dining room, see page 97.)

“Take a space 11 feet square—how can you seat eight people?” asks designer Jay Spectre. “How can you use it as a sitting room of flowers, or black or white. Have only indirect lighting. Bare colors—surfaces for drinks and ashtrays, a table that opens with trays, overscaled banquettes against the walls. Use one color through-the-walls, the same color or fabric as slipcovered. Use paintings for accents, and no curtains, just Roman shades in orange colors. Lots of upholstered furniture covered in beige quilted linen, with bright-colored pillows—everything slipcovered. Use paintings for accents, with long contemporary picture lighting as the only lighting in the room.”

“When in doubt, take out” is a solution to where they all wash,” says architect Kenneth Lange, of Elder, Angell & Lange. “Create an interior central compartment—an inside area accessible from all the children’s bedrooms, containing tub, shower, several sinks and toilets. Put skylights in for natural light and ventilation.” (For Mr. Lange’s common-sense solution to the George West’s family dining room, see page 97.)

“You have a large family, here’s a solution to where they all wash,” says architect Kenneth Lange, of Elder, Angell & Lange. “Create an interior central compartment—an inside area accessible from all the children’s bedrooms, containing tub, shower, several sinks and toilets. Put skylights in for natural light and ventilation.” (For Mr. Lange’s common-sense solution to the George West’s family dining room, see page 97.)

“Take a space 11 feet square—how can you seat eight people?” asks designer Jay Spectre. “How can you use it as a sitting room of flowers, or black or white. Have only indirect lighting. Bare colors—surfaces for drinks and ashtrays, a table that opens with trays, overscaled banquettes against the walls. Use one color through-the-walls, the same color or fabric as slipcovered. Use paintings for accents, and no curtains, just Roman shades in orange colors. Lots of upholstered furniture covered in beige quilted linen, with bright-colored pillows—everything slipcovered. Use paintings for accents, with long contemporary picture lighting as the only lighting in the room.”

“When in doubt, take out” is a solution to where they all wash,” says architect Kenneth Lange, of Elder, Angell & Lange. “Create an interior central compartment—an inside area accessible from all the children’s bedrooms, containing tub, shower, several sinks and toilets. Put skylights in for natural light and ventilation.” (For Mr. Lange’s common-sense solution to the George West’s family dining room, see page 97.)
I used to starve myself and exercise to lose weight. Every day—even on weekends.

But I didn’t start to lose a lot of weight until I ate more—and stopped exercising.

Quite by accident I stumbled on the secret of fast and permanent weight loss.

And, I’m going to ask you to send me 10 dollars for the secret, even though its only a few minutes worth of reading material. I hope to make it so appealing that you’d be crazy not to do it.

What difference does it make if it takes you only a few minutes to learn the secret—if it works?

And suppose, I’m so sure my Lazy Way to Lose Weight Fast will work for you too—that I’ll make you an ironclad, no-risk guarantee? How? it is:

I won’t even cash your check for 14 days — until you’ve lost the weight you want to lose.

If my secret weight loss plan doesn’t take off your pounds and inches faster than anything you’ve ever tried, send the plan back. Your uncashed check will be returned that very day.

Sorry but I can’t send the plan and bill you later, or send it C.O.D. That takes too much bookkeeping and it’s a bother. And anyway, I’m about to give you what you’ve wanted all your life—a foolproof method of fast weight loss that’s guaranteed to work.

Frankly I’m not sure of the technical reasons that my weight loss plan makes ugly fat disappear into thin air. It just does. It’s a simple new way of eating and thinking.

I’m the living, breathing, happy, 100-pounds-lighter proof that my plan really works. It works for women too. A friend of mine who tried my plan lost 17 pounds and 3 dress sizes. She looks terrific . . . and eats more than ever and never exercises either.

Now, that may sound like a boast, but I want to assure you that sending me 10 dollars for my secret . . . which I’ll hold until you are slim . . . is the wisest thing you’ve ever done.

Because, if you are anything like me you’ve spent half your life starving, the other half feeling guilty about eating. Never again, I promise!

For years I struggled and sweated to lose weight. I tried everything—fad diets—jogging—

The Lazy Way to Lose Weight Fast

Most Men and Women Are Too Busy Dieting To Ever Get Slim

I took pills—read dozens of so-called miracle-diet books. Nothing worked for me.

Then I discovered the real secret of losing weight and keeping it off—The Lazy Way. I did better in the first two weeks than I had the whole two years before.

It’s a pleasure to wake up in the morning and look in the mirror. I’ve got a whole new wardrobe—my sex life is better than ever—I feel younger than I did at 20.

And I’ll show you just how I did it—The Lazy Way—a secret I’ve shared with my wife and just a few close friends until now.

When you follow my simple, A-B-C weight loss plan, I’ll guarantee that . . .

If you’re a man you’ll never again lack zest and energy to do things and go places . . . never again put extra strain on heart, arteries and lungs . . . never again feel embarrassed when you go swimming because of your spare tire. If you’re a woman you’ll never again have to avoid looking in the mirror . . . never again look ten years older than you really are . . . never again have to spend extra money for large size clothing . . . never again see that look in your husband’s eyes because you are overweight.

And, perhaps most important of all . . . whether you are young or old . . . man or woman . . . 10 pounds overweight or 100 pounds overweight like I was . . . The Lazy Way to Lose Weight Fast MUST work for you or it won’t cost you a single penny.

It doesn’t take willpower. You never feel hungry because you can eat a great deal of food. Before it seemed everything I ate turned to fat—now everything I eat turns to energy. The weight comes off so fast you don’t have a chance to quit.

And it doesn’t take exercise. You don’t have to move a muscle—your changed metabolism does the work for you.

What does it take to lose all the weight you want to lose? Trust. Just enough trust to read my plan twice and put it into practice. When you do that, nothing more or less, the results will amaze you. I’ll guarantee that.

A very smart doctor once told me: “Most men and women are too busy dieting to ever get slim.”

Don’t waste the best years of your life as a fat person to find out that he was right.

Prove it to yourself when you complete and mail the coupon now. Don’t take my word for it. Try it. If I’m wrong, you’ve lost just a few minutes and a 10 cent stamp but what if I’m right?

Certified Statement

These photos of Mr. Lynn are unretouched. I have known him for over 10 years. I remember when he weighed 260 pounds. I certify that this morning he weighed just 174 pounds.

(Name available upon request)

Christopher Lynn, 4444 So. Sheridan, Tulsa, Oklahoma 74145

Chris, you may be crazy, but I suppose I’ve nothing to lose. Send me The Lazy Way to Lose Weight Fast. But don’t cash my check or money order until I lose weight—14 days after I mail it.

If I return your plan—for any reason—within that time, return my uncashed check or money order to me. On that basis, here’s my ten dollars.

□ Check here if you would like a FREE copy of “How to Keep Your Children From Becoming Overweight! It’s yours free when you order The Lazy Way.”
This is one of four magnificent original drawings by renowned artist Virginia Hale. Reproduced in sepia line on handsome textured art paper. All ready to frame and hang in any room. Enrich your home with these very fine prints, or give them as gifts to the truly discerning.

Four Season Prints: Wild Flowers (shown); Barnyard Memory; Mother-Child; Seascapes.

- Individual Print: $30.00
- Any two: $50.00
- Portfolio of four: $80.00

Brochure $1.00 (deductible from first purchase)

LARCHMONT STUDIO WORKSHOP Dept. HG-105
2096 Boston Post Road
Larchmont, New York 10538

**BATHROOM BEST SELLER!**

Folks who like to read in the bathroom have made our Bath Reader big news. Holds newspapers, 10 magazines conveniently readable, keeps 2 rolls bath tissue finger-tip handy. 11½" W x 18½" H 4½" D solid pine in our Rich Antique Pine finish. And look at the price! Just $12.95, (add $2 postage).

**PIN PERFECT**

Charming Bargello pin cushions handcrafted in Haiti. 4" square. Assorted patterns and varied color combinations in pink, blue, green and red. Decorative choice for your holiday gifting. Gift boxed. Each $10 plus 75¢ post. Worldly Things Ltd., HG10, 27 E. 67th St., New York, NY 10021.

**ROUNDABOUT**

THE ELEGANT WAY

Go shopping for unusual gifts and distinctive fashions featured in the 56 pages of Garfinckel's famous Christmas catalogue. Photographed in glamorous surroundings, in full color. $1.50. Garfinckel's, c/o Shopping Services, 1401 F St. N.W., Washington, DC 20004.

DREAM PARTNERS


ROMANTIC DUO


BAMBOO BEAUTIES


UNITED STATES

The Incredible Giant Ti Plant

Guaranteed to grow or free replacement.

In Hawaii the Giant Ti Plant grows up to 12 feet tall. You can grow yours from one to 8 feet...and higher. With lush leaves up to 2 feet long. Hawaiian legend says the Giant Ti brings the greatest blessings to those who raise them. It tells us of a woman who actually became a millionaire. The legend also contains the story of a Hawaiian fisherman who lived to the ripe old age of 123. Maybe the Giant will bring blessings to you.

The Incredible Giant Ti grows from a top in sun or shade. Put the plant in water and, magically, it sprouts. Then place it in a pot. The larger the pot, the larger the Giant Ti. Available in both red or green leaves. It makes a unique gift. For friends. Or for yourself.

Three for $2.50. One for $1.00 ADD 25¢ FOR HANDLING AND POSTAGE N.Y. RESIDENTS ADD SALES TAX

Send check or money order to:
HAWAII HOUSE
Dept HG8 P.O. Box 253, Chappaqua, N.Y. 10514

Gleaming Golden Mesh Purses

are miniature brighteners for pocket or purse. Rigid metal mesh purses in your choice of Oblong, Round or Heart Shape. Approximately 3" long. Complete with golden clasps. $3.50 ea., $16.95 for any 5 ppd.

WONDERFUL STOCKING STUFFERS
Order Early to avoid disappointment. #4145

Elizabeth McCaffrey
Dept. HG10MP Northport, New York 11768

Gleaming Pewter Candlesticks

11.95

Paired together or separate, add a touch of merry old England to your mantle, desk, dining or end tables. 3" base. Pewter Candlesticks never need polishing, reflect glow of candlelight. Bright gift idea, too. Snd check or money order

WICKFORD GIFT GALLERIES
Dept. HG10 290 Westminster Street Providence, R.I. 02903

Own Name Football Jersey

Just like the pros.... a football jersey of professional quality with large numerals on front and back. Personalized with first or last name on back as shown. Numbers also on sleeves. Washable and colorfast. Choose red or blue color with white lettering. (Sorry, no choice of numbers.) Comes in boys sizes S (4-6); M (10-12), L (14-16). XL (18-20), or men sizes, S (34), M (38-40), L (42-44). Only $25.95 plus big postage. Specify boys or men size, color desired, and PRINT name (up to 10 letters). Order today from:

DECOR AND GIFTS GALORE Dept. 310
140 Monument Ave., Barrington, Ill. 60010

The Incredible Giant Ti Plant

Guaranteed to grow or free replacement.

In Hawaii the Giant Ti Plant grows up to 12 feet tall. You can grow yours from one to 8 feet...and higher. With lush leaves up to 2 feet long. Hawaiian legend says the Giant Ti brings the greatest blessings to those who raise them. It tells us of a woman who actually became a millionaire. The legend also contains the story of a Hawaiian fisherman who lived to the ripe old age of 123. Maybe the Giant will bring blessings to you.

The Incredible Giant Ti grows from a top in sun or shade. Put the plant in water and, magically, it sprouts. Then place it in a pot. The larger the pot, the larger the Giant Ti. Available in both red or green leaves. It makes a unique gift. For friends. Or for yourself.

Three for $2.50. One for $1.00 ADD 25¢ FOR HANDLING AND POSTAGE N.Y. RESIDENTS ADD SALES TAX

Send check or money order to:
HAWAII HOUSE
Dept HG8 P.O. Box 253, Chappaqua, N.Y. 10514

Gleaming Golden Mesh Purses

are miniature brighteners for pocket or purse. Rigid metal mesh purses in your choice of Oblong, Round or Heart Shape. Approximately 3" long. Complete with golden clasps. $3.50 ea., $16.95 for any 5 ppd.

WONDERFUL STOCKING STUFFERS
Order Early to avoid disappointment. #4145

Elizabeth McCaffrey
Dept. HG10MP Northport, New York 11768

Gleaming Pewter Candlesticks

11.95

Paired together or separate, add a touch of merry old England to your mantle, desk, dining or end tables. 3" base. Pewter Candlesticks never need polishing, reflect glow of candlelight. Bright gift idea, too. Send check or money order

WICKFORD GIFT GALLERIES
Dept. HG10 290 Westminster Street Providence, R.I. 02903

Own Name Football Jersey

Just like the pros.... a football jersey of professional quality with large numerals on front and back. Personalized with first or last name on back as shown. Numbers also on sleeves. Washable and colorfast. Choose red or blue color with white lettering. (Sorry, no choice of numbers.) Comes in boys sizes S (4-6); M (10-12), L (14-16). XL (18-20), or men sizes, S (34), M (38-40), L (42-44). Only $25.95 plus big postage. Specify boys or men size, color desired, and PRINT name (up to 10 letters). Order today from:

DECOR AND GIFTS GALORE Dept. 310
140 Monument Ave., Barrington, Ill. 60010

The Incredible Giant Ti Plant

Guaranteed to grow or free replacement.

In Hawaii the Giant Ti Plant grows up to 12 feet tall. You can grow yours from one to 8 feet...and higher. With lush leaves up to 2 feet long. Hawaiian legend says the Giant Ti brings the greatest blessings to those who raise them. It tells us of a woman who actually became a millionaire. The legend also contains the story of a Hawaiian fisherman who lived to the ripe old age of 123. Maybe the Giant will bring blessings to you.

The Incredible Giant Ti grows from a top in sun or shade. Put the plant in water and, magically, it sprouts. Then place it in a pot. The larger the pot, the larger the Giant Ti. Available in both red or green leaves. It makes a unique gift. For friends. Or for yourself.

Three for $2.50. One for $1.00 ADD 25¢ FOR HANDLING AND POSTAGE N.Y. RESIDENTS ADD SALES TAX

Send check or money order to:
HAWAII HOUSE
Dept HG8 P.O. Box 253, Chappaqua, N.Y. 10514

Gleaming Golden Mesh Purses

are miniature brighteners for pocket or purse. Rigid metal mesh purses in your choice of Oblong, Round or Heart Shape. Approximately 3" long. Complete with golden clasps. $3.50 ea., $16.95 for any 5 ppd.

WONDERFUL STOCKING STUFFERS
Order Early to avoid disappointment. #4145

Elizabeth McCaffrey
Dept. HG10MP Northport, New York 11768

Gleaming Pewter Candlesticks

11.95

Paired together or separate, add a touch of merry old England to your mantle, desk, dining or end tables. 3" base. Pewter Candlesticks never need polishing, reflect glow of candlelight. Bright gift idea, too. Send check or money order

WICKFORD GIFT GALLERIES
Dept. HG10 290 Westminster Street Providence, R.I. 02903

Own Name Football Jersey

Just like the pros.... a football jersey of professional quality with large numerals on front and back. Personalized with first or last name on back as shown. Numbers also on sleeves. Washable and colorfast. Choose red or blue color with white lettering. (Sorry, no choice of numbers.) Comes in boys sizes S (4-6); M (10-12), L (14-16). XL (18-20), or men sizes, S (34), M (38-40), L (42-44). Only $25.95 plus big postage. Specify boys or men size, color desired, and PRINT name (up to 10 letters). Order today from:

DECOR AND GIFTS GALORE Dept. 310
140 Monument Ave., Barrington, Ill. 60010
MARY'S SPRINGTIME
hand painted and signed
IRISH LINEN NAPKINS
Bring back the age of elegance with these Irish linen napkins, superbly hand painted and signed by the artist. Specially processed, they will machine wash beautifully. Backgrounds are champagne, periwinkle yellow or sand and white. Floral motifs are Daisy, Springtime, Lily, or Daffodil. A magnificent hostess gift.
4 napkins $15.00
8 napkins $30.00
12 napkins $45.00
All postpaid
ELIZABETH BARNETT Dept. HG105,
117 Bank Street, New York, N.Y. 10014

Tread Lightly, Tread Softly
MARMALASH WEDGES
Fast, easy, and simple. Felt, plant, and comfortable, they're called Marchal Wedges. Treat your feet to a pair. Foam cushions, creep outer soles, they come in sand, bone brown, navy, red, green and white. Sizes mono. 3/12 Medium 4-12. Wide $11.99
Add 90c for postage. No charge for larger sizes. No half sizes over 10.
Morgan's Cove

100 Little Dolls
all for $200
100 Dolls made of genuine styrene plastic, and hard synthetic rubber only $2 for entire set. YOUNG BABY DOLLS, NURSE DOLLS, DANCING DOLLS, FOREIGN DOLLS, CLOWN DOLLS, COWBOY DOLLS, BRIDE DOLLS, and many more.
Send $2.40 plus for post and handling for each set at 100 Dolls you order by HGIO Dept.

Tread Lightly, Tread Softly
MARSHMALLOW WEDGES
Fast, easy, and simple. Felt, plant, and comfortable, they're called Marchal Wedges. Treat your feet to a pair. Foam cushions, creep outer soles, they come in sand, bone brown, navy, red, green and white. Sizes mono. 3/12 Medium 4-12. Wide $11.99
Add 90c for postage. No charge for larger sizes. No half sizes over 10.
Morgan's Cove

MORGAN'S COVE

100 Little Dolls
all for $200
100 Dolls made of genuine styrene plastic, and hard synthetic rubber only $2 for entire set. YOUNG BABY DOLLS, NURSE DOLLS, DANCING DOLLS, FOREIGN DOLLS, CLOWN DOLLS, COWBOY DOLLS, BRIDE DOLLS, and many more.
Send $2.40 plus for post and handling for each set at 100 Dolls you order by HGIO Dept.

100 Little Dolls
all for $200
100 Dolls made of genuine styrene plastic, and hard synthetic rubber only $2 for entire set. YOUNG BABY DOLLS, NURSE DOLLS, DANCING DOLLS, FOREIGN DOLLS, CLOWN DOLLS, COWBOY DOLLS, BRIDE DOLLS, and many more.

Perfect for Poker
Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. For any game.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
Hand Painted Clock $21.50 ppd.

Hand Painted Toleware Clock
This beautiful hand-painted toleware clock makes a useful and charming wall decoration for any room. Lovely red, blue and green floral design with gold Roman numerals, a black background. 11" diameter. Guaranteed for one full year. Send check or money order, N.J. res. add sales tax.

Battery movement $24.50 ppd.
We guarantee your complete satisfaction in every respect ... or your money back!

Every year folks write to tell us how pleased their friends are with gifts from Harry and David. Our "secret"? It's the personal touch that's part of every gift we make. Harry and I grow our own fruit, bake our own cakes, put up our own preserves — even make our own baskets. If you could see the care with which our gifts are put together, you'd know why the quality is guaranteed.

Every one of our gifts is custom-made and packed by hand. Folks who won't settle for less know they can rely on Harry and me for gifts that are in perfect taste — and delivered to the right place, at the right time, in perfect condition. We guarantee it: you, and those to whom you send Harry and David gifts, must be completely satisfied in every respect, or we will promptly send a replacement gift or refund your money, whichever you prefer.

We do all the wrapping, addressing, even ship with your personal greetings at no extra cost — and get your gifts in the mail at the right time, whether it's one gift or 1,000. And you'll enjoy a wonderful carefree Christmas — basking in showers of thanks for months to come!

EASY TO ORDER Use the order blanks at right, or just send us your list. Enclose a check or money order (no C.O.D.'s please). Tell us how to sign your greetings at no extra cost— or your money back!

Order here or send us your list:

<table>
<thead>
<tr>
<th>CITY</th>
<th>STATE</th>
<th>ZIP</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Send your orders to:

Harry and David
Box 501-G Medford, Oregon 97501

©1975, Harry and David
shoes with heels or flats. Black or brown. Whole sizes 5-10M. They run large so state shoe size. $28.00. Add $1.50 for postage.

Our super storm boots, back again and better than ever, have polyester fleece linings, non-skid crepe rubber soles and sueded water-repellent uppers with acrylic mouton and leather trim. May be worn with heels or flats. Black or brown. Whole sizes 5-10M. They run large so state shoe size. $28.00. Add $1.50 for postage.

THE TALBOTS, DEPT. NU, HINGHAM, MASS. 02043

PROTECT THOSE YOU LOVE
ORDER TODAY
$12.95 ea. 3 for $35.00

LEVCO TECH, INC.
18 Interlaken Drive
Eastchester, New York 10709

Handcrafted Hanging Basket

Give a graceful lift to your garden with our handsomely handcrafted baskets. Each is crafted of sturdy rustproof wire, painted white. Lasting style and construction. Over-all size: 13½" high, 12" wide. Holder: 7¼" wide by 6" deep. Beautiful gift for your favorite plant or friend. $16.00 each. $15.50 each for two or more. Other designs also available. Postage paid. Sorry, no C.O.D.s.

Tonia Incorporated
P.O. Box 266A
Menlo Park, CA 94025

Light and Airy with Lace

A fresh new country look in dacron batiste. Extra wide, 100" per pr. with full 7½" scalloped lace edged ruffle. Tiebacks included. 100% dacron polyester needs no ironing. White or eggshell. 54" $16, 63" $17, 72" $18, 81" $19, $20.00. Add $1.50 post & handling. Md. res. add 4% tax.

"OLD MANOR HOUSE CURTAIN BOOKLET" with actual fabric samples, 56c

MASON & SULLIVAN
Dept. HGX, Osterville, Ma. 02655

NOW AT BIG SAVINGS!

Send just $1 for plans & instructions to build choice of
(A) Grandfather or
(B) & (C) Grandmother plus information-packed catalog of movements, dials, parts & kits to build these and 16 other fine clocks.
All 15 plans—$2.50. Catalog alone 50c.

NEW...

UNFINISHED & FINISHED
ASSEMBLED CASES
are now available for these superb clocks with a wide choice of woods, movements, and dials. Full details included in catalog.

MASON & SULLIVAN
Dept. HGX, Osterville, Ma. 02655

BUILD THESE BEAUTIFUL CLOCKS

TOP O’ THE DAY
Genuine Irish tweed hat, an international favorite, comes in mixtures of gray or brown (specify). Grand for rainy days, its sheep’s wool just sheds the rain. Size’s 6¼ to 8; women’s 20¼ to 25. $16.50 ppd. Norman Thompson, HG10, 1805 N.W. Thurman, Portland, OR 97209.

APPALACHIAN NOTES
Traditional quilt patterns are silk screened on note cards for informal correspondence. Colors and texture are remarkably bright. Card packages is in sets with envelopes, $2.25 ppd. Catalogue, $1. Appalachian Fireside Crafts, Dept. HG-NC, Box 276, Booneville, KY 41314.

HUMMEL MUSIC BOX

FAST CLIP
Sliding shoulder bag straps can be such an annoyance—sterling silver pin attaches to garment, snaps strap in place. Engraved brass, includes (Specify) pret-A-mix when worn alone, too. 1¾" x 5/16". $8.25 plus 65c post. Postmaster, HG1075, Lafayette Hill, PA 19444.

SAUCEPAN STEAMER
French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stainless steel, 5½" dia. at bottom; expandable top opens to 9½". $10.98 plus 85c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

WISDOM AGLEAM
Wise old owl pendant and earrings in golden metal are perfect choices to compliment fall costumes. Pendant 4½" long on 24" chain; earrings, clip-back or pierced. Pendant, $3.95; earrings $2. Add 35c post. Romar Sales, Dept. HS-ST, 380 Madison Ave., New York, NY 10017.

REMEMBER THE SOAP SAVER?
Here is one of those “always useful” items that Grandma had in the kitchen. The little pieces of soap that get thrown away can now be recycled and used for dishes, delicate laundry and for the baby’s bubble bath. Rustproof, $2.79 ppd.

A free cut nail to hang it on.

TREMONT NAIL CO
P.O. Box 111
Dept HG 105
Wardham, Mass. 02571

FREE GIFT CATALOG

HOUSE & GARDEN
Here's a simple, medically-approved, university-tested slimming plan that has you losing inches and pounds in days—without dieting, dangerous drugs or pills! No need to give up the foods you love...and, best of all: since you have slimmered down, you can stay slim, firm and shapely. We Guarantee It!

Our "5-Minute Figure-Shaping Plan" is for busy, intelligent people who understand the hazards of diet fads and "effortless exercises."

With our plan, all you do is lie on your back and do one "5" Minute Exercise twice a day, whenever it's convenient, while watching TV. Instantly, you start speeding up your metabolism, burning off fat, releasing excess water, using up extra calories, stimulating your well-being and helping to curb your appetite without appetite suppressants.

We also suggest a temporary 20% food reduction, without giving up any of the foods you love...eat ice cream, cake, pasta...whatever! (It's all in the guide). The slimming action of our "5" Minute Exercise concentrates on your waist, hips, legs and fatty arms—where fat accumulates quickest, to give you that aging look.

While crash or fad diets cause some temporary weight loss, they also bring off much muscle tissue—which can cause your skin to wrinkle, neck-line tissue to deteriorate and leave you feeling fatigued.

Our plan stimulates active tissue growth, through the use of our "5" Minute Exerciser, which firms and shapes your figure. When combined with your temporary 20% food reduction, greater fat losses are quickly achieved, making you look years lovelier as you slim. Because our plan is easy and fun to follow—you love staying with it, and without any further food reduction, you remain slim and shapely, gaining those inches and pounds you lost, saying "goodbye" at last to the "gain and weight roller-coaster" cycle.

* Why Fad Diets Are Dangerous—

If you hope to slim down, firm-up and beautify your figure through dieting alone...FORGET IT! Doctors and nutritional experts warn that fad diets—often fasting—will do absolutely nothing to firm and shape you up. In fact, they caution: Unless you diet under proper medical supervision, you can actually destroy your figure, beauty and sex appeal! You may even seriously damage your health.

Even under medical supervision, dieting alone will do nothing to firm or shape you up. Our simple "5" Minute Exerciser, used twice daily, is the safe, natural way to firm and buncify your figure, while you eat sensibly.

The Sad Truth About Diet Fads:

Formula Diets can be a serious health hazard. Low carbohydrate, skim milk and banana diets—among others—have been severely criticised by many doctors; because they often fail to supply your body with nutrients it needs. This deficiency may cause calcium and iron depletion, dehydration, weakness, nausea or even kidney problems. And diets do nothing to firm and shape your figure!

The Yo Yo Syndrome comes from crash dieting. You lose a few pounds for a short time—giving up the foods you love, counting calories and staying hungry. But, it's too great a price to pay for a few pounds you can't see. So, because there are no firming and figure-shaping results, you go back to eating, and quickly gain back the little weight you lost. This "up and down" cycle is repeated with some people every time a new diet comes out! It has a negative effect on your metabolism—aging your body and skin—and can be more dangerous to your health than staying fat! And, of course, no diet can firm up your figure!

Pills and drugs intended to suppress appetite have been reported to have undesirable mental and physical effects. In addition, some may become habit-forming. And, they do nothing to bring back a trimmer figure!

Diuretics drain water and potassium from your body—which can cause dehydration, nausea, weakness and drowsiness. Dangerous for diabetes. They do nothing to firm and shape your body!

HCG Shots, which supposedly enable a person to lose weight on 500 calories a day, may allow too narrow a variety of foods to provide adequate nutrients. The low carbohydrate levels of this diet can promote ketosis and other problems. Does nothing to firm or shape your figure!

Aurora Sprays, inflated belts, rubber suits and so-called "effortless exercisers" have been proven to have no slimming value. You may sweat off a few pounds—but, within a few hours you'll drink it all back. Does nothing to shape you up!

It isn't foolish to risk the hazards of fad diets and effortless exercise "gimmicks" when our "5" Minute Figure Shaper Plan works so safely and effectively to reduce unwanted inches and pounds the natural way...firming and trimming your figure and improving your health and energy without depriving you of a single food you love!

Here Are The Six Reasons:

...why our plan SLIMS, FIRMS AND SHAPES your figure so fast you look years slimmer in 14 days, without resorting to dangerous diets, drugs or pills.

1) It concentrates its slimming and firming action on your fatty areas—waist, hips, upper thighs and arms—that give you an "aging look." Because it works most of your muscles gracefully at one time—not body part by body part—the plan stimulates faster slimming action to help you start fashioning a more youthful-looking figure in 14 days.

2) Simple to use...No alternating. Attach to any door-knob, stretch out comfortably on the floor. Do one "5" Minute continuous, rhythmic, enjoyable exercise twice daily—whenever you have the time (even while watching TV).

3) Designed to slim fatty problem areas. Choose from four different "5" Minute Exercises—each created to help slim down the problem fatty depot areas of your body in 14 days.

4) No rigid dieting. We suggest you temporarily eat 20% less until you reach your normal weight—without resorting to dangerous diets, drugs or pills.

5) No rigid dieting. We suggest you temporarily eat 20% less until you reach your normal weight—without resorting to dangerous diets, drugs or pills. You may eat any of the foods you love. Eat ice cream, cake, pasta...whatever! (It's all in the Guide).

6) Safer...and saves time. No more exhausting workouts at the gym. This simple "5" Minute Plan you do at home leaves you refreshed.

Weights about 10 ounces. This any-wallet-size case. Stores anywhere. Travels with you—so you can always stay in shape.

IT'S FUN WITH RESULTS..."5" MINUTES AND OUT.

SATISFACTION GUARANTEED!!

Within five days after starting our plan, you notice a new surge of energy, feel healthier, more alert. You see inches and pounds disappearing. Every day thereafter, you see your figure shaping up more...your bedtime firming...waistline, hips, legs slimming down. After 14 days your figure looks lovelier...with more youthful sex appeal. And, as long as you stay with our "5" Minute Figure Shaper Plan and follow our instructions, you'll stay slim, firm and shapely without gaining back those inches and pounds. We Guarantee it...or return the plan within 14 days for a prompt refund of your $9.98. No questions asked.

Results vary. Here are some of our more outstanding results achieved.

<table>
<thead>
<tr>
<th>Case No.</th>
<th>Weight Before</th>
<th>Weight After 8 Days</th>
<th>Weight After 14 Days</th>
</tr>
</thead>
<tbody>
<tr>
<td>R-009</td>
<td>115 lbs</td>
<td>111 lbs</td>
<td>108 lbs</td>
</tr>
<tr>
<td>R-010</td>
<td>116 lbs</td>
<td>101 lbs</td>
<td>98 lbs</td>
</tr>
</tbody>
</table>

The "5" Minute Figure Shaper Plan works fast! Without Dangerous Fad Diets! Here's Proof!
LAMBERT STUDIOS magnificently reproduces the world's most beautiful paintings in authentic colors with a big 18" x 24" image directly on TEXTURED ARTIST CANVAS. With 3 ways to order—they're offered to you at unbelievably low prices.

(1) THE CANVAS PRINT from Lambert is a quality reproduction with true color, exact detail and perfect registration, selected for you from the great museums and private collections. Our exclusive method of printing directly on the canvas surface re-creates the look and feel of the original masterpieces. An 18" x 24" image on 20" x 26" textured artist canvas shipped by U.P.S. Air in our sturdy fine art tube. A $15 value for only $5.95

(2) DECORATOR STRETCHED. Lambert Studios has adapted the centuries old artist's technique of supporting and protecting their paintings by stretching. We individually hand stretch and mount each canvas on the finest mitered stretcher bars. The stretched canvas print, 18" x 24" overall, looks even more like an original oil and is ready to hang or frame. Shipped to you by U.P.S. Air. A fantastic value for only $9.95

(3) CUSTOM FRAMED. The elegant Classic Gallery Frame was especially created to enhance our canvas prints. Constructed of solid wood, hand-finished in black lacquer and trimmed with a silver chrome insert, it compliments any decor. We custom fit the Classic Gallery Frame to the canvas print of your choice. The finest art available in a complete package at a modest price shipped by air and it is ready to hang for only $24.95

To order, please complete the order form below and send to Lambert Studios.

LAMBERT STUDIOS DEPT. G116
910 N. La Cienega Blvd., Los Angeles, CA 90069

FREE! WITH ORDER
or send 50¢ for the Magnificent World of Art catalogue illustrating in full color over 200 different art masterpieces authentically reproduced on textured artist canvas. Complete with decorating hints and informative biographies of artists.

NAME
ADDRESS
STATE
ZIP
ACCOUNT NO.
EXPIRATION
SIGNATURE
POSTAGE AND HANDLING: 95¢ PER ORDER PLUS $1.00 PER ITEM FOR STRETCHED PRINTS AND $1.50 PER ITEM FOR FRAMED PRINTS.

<table>
<thead>
<tr>
<th>Print</th>
<th>Title</th>
<th>FLAT</th>
<th>POSTAGE</th>
<th>TOTAL</th>
<th>HANDLING</th>
<th>TOTAL APPLICABLE-SALES TAX</th>
</tr>
</thead>
<tbody>
<tr>
<td>595</td>
<td>995</td>
<td>24.95</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>595</td>
<td>995</td>
<td>24.95</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>595</td>
<td>995</td>
<td>24.95</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>595</td>
<td>995</td>
<td>24.95</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Total Items-...
Total Price-...
Total Handling-...
Total applicable sales tax-...

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.

Phone order hours: Mon. 9:30-5:30, P.S.T.
Burpee's 100th Anniversary Garden Catalog-FREE

Featuring new, exciting vegetable and flower varieties for the home gardener

The new 184-page Burpee Garden Catalog for 1976 is yours free. It is a comprehensive planting and growing guide, with over 1400 vegetables, flowers, fruits, shrubs, trees, and garden aids. Plus many helpful hints from Burpee's horticulture experts on how to have a better, more productive garden.

Send for your free copy of Burpee's Catalog today. Will be mailed to you in January 1976.

W. ATLEE BURPEE CO., 5258 Burpee Bldg., Warminster, PA 18974; or Clinton, IA 52732; or Riverside, CA 92502 (Please mail to nearest address.)

YES. PLEASE PRINT

NAME
ADDRESS
CITY
STATE
ZIP

RAJASTHAN RUGS — rare designs from the romantic past that blend so perfectly with modern decor. Transform any drab area in your home, office or showroom into a prestigious showpiece of refined elegance. Also all dramatic accent rugs over carpeting. Natural yarns only, painstakingly woven into back of rug by our time-honored, old world techniques to assure years of rugged wear. Guaranteed for the life of the owner. PRICES: approx. 3'x5' $14.95; 4'x6' $24.95; 6'x9' $49.95; 9'x12' $89.95. If you order now, we will even pay the freight. Specify red, ivory, moss green or navy blue background. By Rajastan Rugs, 360 Amsterdam Avenue, New York, N.Y. 10024.

COMMUTER COFFEE CUP

For that second cup while driving to work. Velcro plastic fastener attaches cup holder to any surface—metal, plastic or carpet. Drink thru lid prevents spillover or splashing. Easy to grasp handle. $3.55 each, 2 for $6.35 postpaid.

SLEEPY HOLLOW GIFTS
6615 Arlington Blvd., G10-S
Fall Church, Va. 22042

CAPTAIN TOY

The first intellectual toy made for the thick-thinking cat. Safe, durable "mouse in the hole" game will provide hours of entertainment for kitty and anyone who is watching. Even the most sophisticated feline can't resist it. Measures 8" in diam. x 3 1/2" high. The "mouse" is an elusive ball. Send $3.95 postpaid today.

New 96 pg. color gift catalog—25c

Suburbia, Inc.
Mail Shopping Service
366 Wacousta, Dept. 392, St. Paul, Minn. 55101

MINI MASTERPIECE

A replica of Albrecht Dürer's famous Praying Hands. Gilded brass thimble with sculpted detail reproduction and background of red cloisonne that is hand-enamed. Appropriate gift for seamstress. $2.98 ppd. The Sewing Corner, Dept. HGE105, Whitestone, NY 11357.

HANDY HANG-DRYER

For travel or home use, a sturdy dryer to hold all your washables is a great help. Hooks onto any showerhead, notched shaft holds 11 hangers. Steel construction, rustproof vinyl finish. $3.25; two $5.75. Add 25c post. American Century, HG10, P.O. Box 36232, Los Angeles, CA 90036.

PLATING RENEWAL

Deposit new silver on copper, brass or bronze where original plating has worn away. Silver Plus polishes sterling but it does not deposit new silver on sterling pieces. 4 oz. bottle. $4.98 plus 45c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

ARE YOUR FEET KILLING YOU?

Do you have a closet full of shoes you can't wear?

Make those uncomfortable shoes comfortable! Our amazing new material cushions foot muscles. Made in Germany of Hostaline strip and Helanca nylon. Frizzi Masser set in a plastic carrying bag.$6.95 plus 50c post. Oni-Import, HG10, Box 306, Seal Beach, CA 90740.

BLOOMING BASKETRY


UNDERWATER LIFE

For the swimming enthusiast. Unique underwater photograph album. Holds 50 underwater photographs. Suitable for 2x2" photo cards. $3.95 plus 75c post. Frederick, Dept. HGE105, 2918 N. Western, Minneapolis, Minn. 55411.

WHAT ARE YOU WAITING FOR?

Your money-back guarantee for the first 10 days. The very best in decorative items at fair prices. Shipping handled by United States Postal Service. Orders filled within 48 hours. 

For your free list of products write to Burpee's Mail Shopping Service, 366 Wacousta, Dept. 392, St. Paul, Minn. 55101. 

SPECIAL 100th Anniversary EDITION

Since 1876 Burpee has been developing new vegetable varieties that are easier to grow and produce more bountiful yields in less space, as well as newer and better flowers. As a result Burpee is America's leading breeder of vegetables and flowers for the home gardener. Many new varieties and famous favorites are available only from Burpee.

HOUSE & GARDEN
BECAUSE WE PURCHASED THE ENTIRE FACTORY PRODUCTION ON FAMOUS MOLYBDENUM VANADIUM STEEL KNIVES WE HAVE REDUCED THE PRICE TO $9.98.

Simply here are the facts:

1. MOLYBDENUM VANADIUM STEEL (very expensive) makes our knives razor sharp. You will cut slices so thin you'll see through them, Carve a roast wafer thin. Slice an onion so close that you'll read the small logo on the blade while in the onion.

2. MOLYBDENUM VANADIUM STEEL makes our gourmet knives virtually indestructible. Please, please don't sharpen our knives... Experts say our edges will Never Ever have to be sharpened the old way. Simply rub them over any china plate and the razor honed blades will be restored. It is reported that no other knife in the world whose edge is so perfect can be restored so easily. Metalurgists say they won't bend, dull, rust or lose their hardness ever.

3. MOLYBDENUM VANADIUM STEEL makes these knives durable and tough. Cut through big bones easily and effortlessly. No job too tough. Glide through big turkeys. Tough but flexible cuts slices close to bone and then cuts bone in half cleanly.

4. Beautifully designed set of 4 with handsome rosewood handles. Magnificent in attractive design and practical in every way. 14¼" carver, 12¾" cleaver, 10¾" Cook's knife and 8" parer. Stunning rosewood handles are impervious to grease and oil and safety bonded to the blades. You'll be proud to display these knives.

5. OUR GUARANTEE. We have a super fantastic product at a great price and we are willing to guarantee these gourmet knives unconditionally. If you don't agree that our knives are the best cutlery offer anywhere return them for full purchase price anytime. Not ten days, not thirty days, not even ten years. Return them anytime for full refund. Save our unconditional guarantee and maybe your great grandchildren can refund your sets. We're not worried because even three or four generations from now these knives will be razor sharp, free of rust and as beautiful and practical as they are today.

6. OUR PRICE. Simply our price is $9.98. Yes, you could pay up to forty dollars more to get gourmet knives of this quality.

SUPPLIES ARE LIMITED
We promise to rush your order if you order now. We must let you know that supplies are truly limited and at our truly remarkably low price these gourmet sets are sure to go fast.

Razor sharp and precise, the Total Edge Knives cut meat, onions, luncheon meats, vegetables, cheese anything paper thin.

SET OF 4 FOR THE UNBELIEVABLE PRICE OF

$9.98

American Consumer, Inc.
American Consumer, Inc., Dept. VM 180
Caroline Rd., Philadelphia, PA 19176
VANADIUM MOLYBDENUM CARVING SET
$9.98 plus $1.00 postage and handling.

AMERICAN CONSUMER, INC.
Dept. VM-180
Caroline Road
Philadelphia, PA 19176
Please rush me the set of 4 molybdenum steel knives @ $9.98. (Please add $1.00 to partially cover postage and handling.) If I am not completely satisfied I may return them for money back, (No C.O.D.'s). I enclose $ check money order for $ 

Mail No Risk Coupon Today

OCTOBER 1975
SHOPPING AROUND

OREGON PLATE
Patchwork and applique make a colorful 16" by 16" (overall) pillow. Kit has muslin for top, 12 calicos for back, framing, lining for form, quilt needle, ruffled-border fabric, lace, polypoly, $12 plus 95c post. Ginger Snap Station, HG10, Box 81086, Atlanta, GA 30341.

HI, YOU!
A unique cap style has first name knitted in as part of its design. Warm in non-allergenic washable yarn. White, red, orange, brown, green, navy. One stretchy size fits all. For men, women, children. Print name, $14.95 plus 50c post. Holiday Gifts, Dept. 310-K, Wheat Ridge, CO 80033.

ENERGY SAVER
Tapered tines of Weeder Rooter® tool will grip the roots of wooded weeds and creeping grass as a claw hammer pulls nails. Uniquely constructed handle won't loosen. $6.95 ppd. Farm Products Engineering Co., Dept. HGG-3, 5701 W. Adams Blvd., Los Angeles, CA 90016.

CUT CRYSTAL

KNIT VALET
Handy little comb strokes out mats, pills and balls from snipped fabrics in seconds. Use it on sweaters, shawls, any knit. May be used on fabrics of man-made fibers. $1.98 plus 20c post. Order Cut Crystal from Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

DELUXE
Authentic South Pacific Coconut Planter
Give a natural tropical charm to your home or patio with deluxe authentic hanging coconut planters from the South Seas. Filled with your own favorite plant or flowers, attached rattan chains included. A perfect and unique gift. Money back guarantee if not delighted. $4.95 - $1 shipping. Minn. res. add 4% sales tax. Buy 2 for 5% off. (You save the shipping!) Oxford House, 6226 Oxford St., Minneapolis, MN 55416.

BLOW YOURSELF UP.
IN B&W OR COLOR
Full color glossy photo reunion, Easter photo or smile. A great gift, art, or room decoration.

AVERAGE SIZE
11" x 14" — $7.50
16" x 20" — $14.50
B&W POSTERS
from any black and white photo. Polaroided, cartoon or magazine photo for slides and new arrivals. add $1.00 per poster. Better selections. Write for free catalog.

PHOTO JIGSAW PUZZLE
Send any photo of size 3" x 5" or larger. $8.95 - $12.95. Figma 16x20, $14.95. Collector, 84104-36.90. 12x16-$16.90.

PHOTO POSTER
Dept. HG10, 556 Mission St., San Francisco, CA 94105. Write for free brochure and orders PO Box 1028. Dept. HG.26. Call (212) 582-4168. TWX 910-755 E S 5 St Hr, N Y

A GOURMET MUST!
THE ALPINE SALAD & VEGETABLE DRYER
Just place your washed greens or vegetables in the inner basket, quirtly add the food and off excess water is spun away into the outer basket. Clean, quick, efficient—no splash—can be used on your counter top. Made in Switzerland of all-natural cotton, reusable, washable. $29.50 postpaid. Add 5% sales tax. Ginger Snap Station, HG10, Box 81086, Atlanta, GA 30341.

NAME THAT TRAIN
Personalize a child's room with the beautifully hand-screened train of colorful circus animals. Three hardwood plaques are connected by golden metal chains. Top bar comes personalized with any first name up to 8 letters. Makes a very special gift. A CONCHO exclusive. $89.95 postpaid, including personalized name. N.Y. residents add tax.

PHOTO POSTER
Dept. HG10, 416 Main St. Port Washington, N.Y. 11050.

A GRANDMOTHER
Handmade with love, this 24" red ticking quilt will warm the heart. Made in Salem, Oregon. $29.50 postpaid. Add 5% sales tax. Concho, Dept. HG10, Box 81086, Atlanta, GA 30341.

DELUXE
THE STRONGITE CO., Stockbridge, Mass. 01262
"HAPPINESS IS BEING A GRANDMOTHER"
Perfectly precious for a proud Grandmother. Hand-embroidered... embellished with velvet ribbons in luscious shades of strawberries, pink or green. 16" x 12" wicker basket. Quilted lining with lace pocket. Size 16" x 9" x 6". Be sure to let us color choose.

THE PINK KITTY
A 17" X 14" FELT
Stowbridge, Mass. 01262

1167
REMOVE HAIR FOREVER

PERMA TWEEZ electrolysis—seen in medical journals—safely and permanently removes all unwanted hair from face, arms, legs and body. This is the only instrument with special U.S. patented safety feature that destroys the hair root without puncturing skin. 'Tweezer-like' action gives safe and permanent results. Clinically tested—recommended by dermatologists. Perma Tweez unit $16.95

HUMMEL
Limited Edition
Christmas Ornament 1975

"CHRISTMAS CHILD"
Angelic innocence in the delicate colors and subtle shadings of an authentic original design by Sister Berta Hummel. This Christmas ornament, the second in an exclusive collector series, is a must for every Hummel devotee. Glass, white background, 3-1/4" dia., $4.00 postpaid.

"Christmas Child 1975" captured in abiding beauty on The Hummel 8" dia. porcelain plate, $25.00. Bell, 5" high including handle, porcelain, $22.50, and Cup, 2-3/4" high, porcelain, $15.00. All items shipped postpaid.

Little Elegance
Box 831, Dept. HG,
Saddle Brook, N.J. 07662
(201) 256-4889

NOW-NEW
BORDERLESS
24 COLOR
WALLET PHOTOS

POUNDS & INCHES MELTED AWAY

SEXY NO-NO

SAUNA SLIM SUIT

TIME FOR TENNIS

SAFETY FIRST

GREENERY LIGHT

SHOPPING AROUND

SAFELY RELEASED... EXCESS BODY MOISTURE RETAINS BODY HEAT.

SPECIAL 26 BLACK & WHITE ONLY $1.00

SAU NA

PARTY PLAN

FULL wraparound apron to wear with or without a bodysuit or blouse. Splashy floral in gold, red or blue, All washable cotton. One size fits all. Ideal for entertaining or gifting time. $9.95 plus 90c post. Sorwewear Designs, HGIO, 1711 Main, Houston, TX 77002.

SAU NA

GREENERY LIGHT

WHEN you fill this planter the light turns green. Copied from a Colonial chandelier and all of turned wood with center posts and four hob-nailed milk glass pots. 11" w.; 30" l. with chain. $6.99 plus 75c post. #16182 Greenlund Studios, 9901 Greenlund Bldg., Miami, FL 33059.

GREENERY LIGHT

WHEN you fill this planter the light turns green. Copied from a Colonial chandelier and all of turned wood with center posts and four hob-nailed milk glass pots. 11" w.; 30" l. with chain. $6.99 plus 75c post. #16182 Greenlund Studios, 9901 Greenlund Bldg., Miami, FL 33059.
SHOPTING AROUND

COUNTRY-STYLE CURTAINS
IN NO-IRON MUSLIN, NATURAL OR WHITE

3" RUFFLES
(Style C33)
Reproduced from Pro-
vincial, Cape Cod
Extra-full 3" Ruffles
Extra-wide 80" to the pair
TIERS
24", 30", 36". 7.00 pr.
WITH TIEBACKS
45", 54", 63" long
9.00 pr.
72", 81", 90" long
11.50 pr.
EXTRA TIEBACKS . 1.00 pr.
EXTRA VALANCE . 11" x 72" 3.00 ea.

The charm of country-style curtains no longer need the drudgery of ironing. Practical, long-wearing, crisp and beautiful. Machine wash and dry. 50% Polyester—50% cotton muslin (preshrunk maximum shrinkage 1%). A guarantee of unsurpassed quality that we back with "satisfaction unconditionally guaranteed." Specify style and color, natural or white. Add $1.50 post & hdlg. Please enclose check or m.o. Sorry no C.O.D.'s. N. Y. Res. add sales tax.

DUOLHOUSE DELIGHTS
All wood and hardwood construction dollhouses and doll furniture. Everything scaled 1" to the foot. 14 model houses from $40 to $100, all painted, some lighted, carpeted. Brochure and Sashadoll catalogue, 75c. Dolly Doll House, HGIO, Box 65, Greenwich, CT 06830.

KEYS IN STITCHES
Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing, designs on 2" by 3 1/2" key tags. Stitch initials on the back. Includes canvas, Paterna Persian wool, design chart, needle, chain, $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12th Water St., Bryn Mawr, PA 19010.

MUSCLE TONER
Exercise with simple rubber arm or leg stiffness. Fits in a pocket when not in use. Athletes use it. Exercise enthusiasts advocate it. $2.98 plus 25c postage. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

TO HAVE AND TO FOLD
Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30". One side up, 37" by 30". Fully opened, 90" by 30", it seats seven. All wood and hardwood construction. Brochure and Classic Corner, 12th Water St., Bryn Mawr, PA 19010.

KEYS IN STITCHES
Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing, designs on 2" by 3 1/2" key tags. Stitch initials on the back. Includes canvas, Paterna Persian wool, design chart, needle, chain, $2.25 each, six, $11.95. Add 50c post. Classic Corner, 12th Water St., Bryn Mawr, PA 19010.

DOLLHOUSE DELIGHTS
All wood and hardwood construction dollhouses and doll furniture. Everything scaled 1" to the foot. 14 model houses from $40 to $100, all painted, some lighted, carpeted. Brochure and Sashadoll catalogue, 75c. Dolly Doll House, HGIO, Box 65, Greenwich, CT 06830.

TO HAVE AND TO FOLD
Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30". One side up, 37" by 30". Fully opened, 90" by 30", it seats seven. All wood and hardwood construction. Brochure and Classic Corner, 12th Water St., Bryn Mawr, PA 19010.
ELECTRONIC CALCULATOR

ADDS, SUBTRACTS, MULTIPLIES, DIVIDES.

Chain, repetitive, constant and power calculations. Big, bright 6-digit Digitron display readout. Complete with colorful, easy-to-follow instruction booklet.

FOR CHILDREN . . . loads of educational fun that'll make them love mathematics.

FOR STUDENTS . . . invaluable aid to school homework that frees them for learning theory.

FOR ADULTS . . . a handy helper at home for balancing checkbooks, figuring out Amerl tax, etc. Diner'.

Only $24.95

Please add $2.00 for post. & insce.

MICKIV MATH

FOR CHILDREN... loads of educational fun that'll make them love mathematics.

FOR STUDENTS... invaluable aid to school homework that frees them for learning theory.

FOR ADULTS... a handy helper at home for balancing checkbooks, figuring out taxes, etc.

SHOPPING AROUND FOR CHRISTMAS IN THE VIRGIN ISLANDS

FABULOUS FREEPORT SHOPPING COMES TO YOU.
BEAUTIFUL BUYS FROM SHOPS. ORDER BY MAIL FOR IMMEDIATE DELIVERY. DUTY, IF ANY, PAYABLE ON RECEIPT.

INFINITY CHAIN

A present to please every woman on your Christmas list. Exquisite necklace of Italian origin features a delicate filigree design interspersing narrow chain. 14 kt. gold. Two lengths: 15", 18", $37 Ppd. Place Vendome, HGIO, Box 2458, St. Thomas, Vl 00801.

PITCIINI COIN PURSE

Great stocking stuffers! In soft, glove leather or silk cut velvet. 3" diameter, circular frame carrying Cesare Piccini’s name. Exclusive design. Silk lining embroidered with designer’s initials. In white, red, navy, green, cinnamon, beige, chianti and black. State 1st, 2nd & 3rd choice of color & finish, $6.95, Airpost paid.

ITALIAN STYLE

Out-of-the-ordinary ties by renowned designer, Cesare Piccini. Pure raw silk, handmade, hand-screened, lined. Buckle or wrap graphic, green and red or brown and rust on beige. (Specify). Gift boxed. $19.95 plus $1.25 air post. Cesare Piccini, HGIO, Box 3701, St. Thomas, VI 00801.

THAI SILK WRAP

Glamorous wrap skirt has handy pocket in sash. Hand-loomed Siamese silk made from one piece. 30" by 2½ yds. Orange, green, gold, pink, yellow, blue, red dominant colors (state 1st, 2nd choice). Sizes S, M, $32.50 (Fabric sold separately, $23.50) plus $1.50 air post. Cavanagh’s Inc., St. Thomas, VI 00801.

FOOT FANCY

For poolside, patio or party-time attire, these sandals make a striking accent with rainbow colored beads giving bracelet effect on fine leather. Handcrafted by native artisans. Sizes 6 to 10. $7.95 plus $1.50 air post. La Caravelle, HG1075, Box 3858 St. Thomas, VI 00801.
HOLIDAY LINENS
Appliqued linen table runners from Madiera. Christmas motifs in red, green and yellow on white; candle, star and chalice in yellow, and blue on white. Both 90" l. by 14½" w. $36 ea. plus $1.50 post; $2 air post. A. H. Riese Gift Shop, HG10, Box 750, St. Thomas, VI 00801.

SPORTING STRIPES
Whether you're watching the game or swinging the racquet, make a striking fashion note with a sturdy space-age watch (Swiss movement) and matching ring. Red, blue, green, orange, black or white and black or patriotic red, white and blue. (Specify). The pair, $14.95 plus $1 air post. C&M Caron, HG10, St. Thomas, VI 00801.

CASHMERE CLASSIC
North or South, you'll treasure the new long length, button-down cardigan by renowned maker, Braemar of Scotland. Beautiful 100% pure cashmere in beige, gray, dark brown, powder blue, navy, yellow, red, medium green, forest green, white or black. Sizes from 34 to 42. $50 air ppd. Continental, Box 842, St. Thomas, VI 00801.

THE SOFT LOOK
Romantic and feminine. It's the famous San Antonio Mexican dress with beautiful hand-embroidered flowers forming a rich yoke, splashing down the front, circling the wrist. White, yellow, blue or pink cotton. Standard dress size. $48 plus $1.50 post. Patelli Imports, HG10, Box 1504, St. Thomas, VI 00801.

GENUINE Bark Paintings
Bark painting by the Aborigines of Formosa, part of their tribal art and culture, is believed to have its origin in Polynesia. The paintings are made on tree bark, colored with natural dyes, using designs and methods known to these mountain people for thousands of years. Three traditional designs, 40 X 29 inches, two horizontal and one vertical, $8.00 each, plus air postage and handling of $1.50.

STATUS SYMBOL
Tres chic initials of French designer Andre Courreges mark knit tops to pair with skirts or pants. Washable acrylic in sky blue, navy, yellow, black, white, red (give alternate color and style choices). All sizes. Round or turtleneck, short sleeves $35.00; long sleeves, $39.00. Skirts, pants and other tops available upon request. Air post $2.55.

THE MIGHTY KANGAROO SHIRT
Slam light beige) $7.95
OR
Denim $9.95 plus $1.50 postage
Sizes: S - M - L - XL

ORBIT WATCH
Today timing - Panorama orbit watch has 17-Jewel Navare Swiss movement and one year guarantee. Trick here is the sparkling, twinkling effect around the face. Looks as if it's set with precious stones. Second hand is a floating red orbit. The band? Any color you choose. The price? Just $13.95 air postpaid.

THE SOFT LOOK
Romantic and feminine. It's the famous San Antonio Mexican dress with beautiful hand-embroidered flowers forming a rich yoke, splashing down the front, circling the wrist. White, yellow, blue or pink cotton. Standard dress size. $48 plus $1.50 post. Patelli Imports, HG10, Box 1504, St. Thomas, VI 00801.

GENUINE Bark Paintings
Bark painting by the Aborigines of Formosa, part of their tribal art and culture, is believed to have its origin in Polynesia. The paintings are made on tree bark, colored with natural dyes, using designs and methods known to these mountain people for thousands of years. Three traditional designs, 40 X 29 inches, two horizontal and one vertical, $8.00 each, plus air postage and handling of $1.50.

STATUS SYMBOL
Tres chic initials of French designer Andre Courreges mark knit tops to pair with skirts or pants. Washable acrylic in sky blue, navy, yellow, black, white, red (give alternate color and style choices). All sizes. Round or turtleneck, short sleeves $35.00; long sleeves, $39.00. Skirts, pants and other tops available upon request. Air post $2.55.

THE MIGHTY KANGAROO SHIRT
Slam light beige) $7.95
OR
Denim $9.95 plus $1.50 postage
Sizes: S - M - L - XL

ORBIT WATCH
Today timing - Panorama orbit watch has 17-Jewel Navare Swiss movement and one year guarantee. Trick here is the sparkling, twinkling effect around the face. Looks as if it's set with precious stones. Second hand is a floating red orbit. The band? Any color you choose. The price? Just $13.95 air postpaid.

THE MIGHTY KANGAROO SHIRT
Slam light beige) $7.95
OR
Denim $9.95 plus $1.50 postage
Sizes: S - M - L - XL

PLEASE TURN PAGE FOR MORE SHOPPING AROUND FOR CHRISTMAS IN THE VIRGIN ISLANDS
Jewels from the Sea
Caribbean originals from Gingerland, Nevis.
A. The Zr. Center Section $30
B. Collector Shells (each different) wrapped in goldfoil wire $12.50
C. Lily Curved Shells (goldfilled earwires or posts and non-pierced screw or post backs. Specify)
D. Cowrie Helmet, Sterling adjustable Ring id. 50.
*Available on choker or 24" chain. Postage prepaid

PUERTO RICAN TREASURE
This exquisite 18Kt. gold pin, beautifully enameled also has a moving coral jewel set above the horse. A fine gift she is sure to appreciate.

Beautiful KNITTED SHAWL
Acrylic rochelle knitted shaped shawl—all white, petal pink & white $7.50 includes air mail postage

CARIBBEAN THONG
Look ahead to pedipleasure...designed for comfort...elegant...sculptured to decorate your feet
SEVEN brilliant TRUE colors...white, navy, red, green, yellow, orange, black
A bit of the Caribbean...and, oh so feminine.
This SUN & MOON exclusive is priced to afford you a variety of sandals
SIZES 6-10—Mid heel $6.95
Flat heel 4.95

ZODIAC SIGN
Magnificent medallions sculptured and signed on both sides by French artist, Edmond Becker (1871-1972). Heavy 18k gold $169; $239; $395; 1½" $590; 1¾" $1,100. Also sterling silver $35; $59; 1¾" $79. Add $2.50 post. Chains available. Boutique Riviera, HGIO, Box 3235, St. Thomas, VI 00801.

SEA SHELL JEWELS
On the island of Nevis, designer Holly Koch of the Sandbox Shop fashions a beautiful crosscut center section of the chambered nautilus into pendant suspended from choker or 24" chain by a single pearl, $30; lily cut shells become earrings (specify pierced or unpierced) $5 Ppd. Address orders to The Sandbox, HGIO, 126 Meadows Blvd., Dallas, TX 75206.
SHOPPING AROUND

CHINESE TO EMBROIDER
Classic design to do in crewel embroidery for a 14" by 14" box pillow cover. Kit includes design on bittersweet rayon and cotton fabric, crewel yarns in yellow, pristine white, green, piping, zipper, needle, directions. $7.95 plus 70c post. The Stitchery, HG10, Wellesley Hills, MA 02181.

ROMANTIC NOTE
Show love all day. Sterling silver pendant lasts as long as your love. Simple and symbolic, it comes with a 15" I. sterling chain, $14.95. Matching sterling silver ring (adjustable) makes a meaningful companion. $8.95. Ppd. Gemini II, HG105, Box 7511, Ft. Lauderdale, FL 33304.

SPEED PAINTING
Unique new patented perforated cylinder makes interior painting go quickly without drips or spilling. Fill the handle with paint and finish a room in 30 minutes. $5.98 professional model, $3.98. Six months, $2.98. Functional Fiberglass, HG10, 34 E. 12 St., New York, NY 10003.

EASY HOUSE-BREAKING
Specially scented training mat attracts pet and makes house-breaking easy. Mat eliminates need for newspapers. 18" plastic holder plus two months mat supply; $4.99. Six months, $3.99. Ppd. 75c; 90c post. Intercontinental FiberGlass, HG10, 34 E. 12 St., New York, NY 10003.

BEAUTY PROGRAM
Kit for home use consists of luxurious and sophisticated collection of wardrobe must-haves. $39.95. 10-day moneyback guarantee. 1324 W/Eichel Blvd. Flint, Michigan 48504.
FOR MINIATURE COLLECTORS
FOR HER DOLLHOUSE! FOR THE BAR!

ONLY $4.99

MINIATURE SIX-PACK REPLICA FOR Coca-Cola®

Delightful miniature replica of the famous six pack for Coca-Cola, complete in every detail. Half a dozen 3-inch glass bottles for Coke are set in a 2¾ x 5¾ x 3¼ cardboard carrying case—exactly like the real thing! A charming accessory for a little girl's dollhouse, a real conversation piece on the sideboard or bar. And, with today's big boom in miniature collecting, why not buy several as thoughtful gifts for all the mini-hobbyists you know.

Coca-Cola and Coke are registered trademarks of the Coca-Cola Co.

MALL MONEY BACK GUARANTEE COUPON TODAY —
MADISON HOUSE GIFTS, Dept. 9963
4200 N.W. 135th St., Miami, Fla. 33059
Send me Miniature Cases for Coke #15137 - $4.99 plus 7½% postage & handling each.

NAME
Please print clearly
ADDRESS
STATE
ZIP

FOR MINIATURE COLLECTORS
FOR HER DOLLHOUSE! FOR THE BAR!

MINIATURE SIX-PACK REPLICA

FOR Coca-Cola®

SHOPPING AROUND

GRACEFUL PERIOD

PIGULA LAMP
Plexiglass cube (manually rotating) holds photos, mementos. Antelope pewter or polished chrome finish. 24" h. Shade in white or black vinyl, black leatherette, natural or oyster burlap, white Kromekote. $32.90 p.p. Prebal Products, HG10, Box 07138, Cleveland, OH 44107.

TIMELY!

INITIALS TO STITCH
Stitch three initials in needlepoint on the flap of a shoulder bag, Camel bag and background with brown letters; navy with red. Specify color, initials. 9" by 10½" by 2½"; #12 mono mesh. $19.95 p.p. Brochure, 25c. Toni Tops of VT, Inc., HG10, S. Londonderry, VT 05155.

REEL-Y HANDY
This very practical key holder does away with fumbling and groping. Reel clips inside purse: unreels keys, automatically rewind to case. Clip to your bag, pocket or belt. $2.98 plus 20c post. Order from Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

SPAN FOR THE SUN
A miraculous miniknow of shimmering glass. Tiny candleholder and candle with colored glass flame definitely destined for the collector's window shelf. Spun glass sculpture is just 3½" high. #16129. $2.99 plus 65c post. Order from Greenland Studios, 9909 Greenblad Bldg., Miami, FL 33095.

SAFE AT HOME
A "Novel" Way To Protect Valuables
On the bookshelf, it looks like any other best seller. But inside is the perfect hiding place for your valuable jewelry. The pages have been hollowed and replaced with a felt covered box. Safeguard your precious jewelry with SAFE AT HOME! Just $9.50 p.p. (NY residents please add sales tax.)

REALIA COMPANY P.O. Box 416 • Tuckahoe, New York 10707
SHOPPING AROUND

OLD PINE COATRACK
Get set for blustery days with an antique pine rack with four black iron hooks to hold coats, hats, mufflers, mittens or umbrella. 21" w., 7" h. and decorated with gold and green rosettes. $11.75 ppd. Yield House, Dept. G05, North Conway, NH 03860.

STRAIGHT AND STRONG
Spring post bookends keep bookshelves neat and orderly. Gold anodized aluminum encases a steel tension spring. Poles fit shelves 9½" to 13½" h.; slim enough to be unobtrusive. $2.98 a pair plus 45c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

FALL SHOPPING
All the fashions you need for work, travel and leisure have been captured in a full-color catalogue. Dresses, separates, coats, accessories chosen from leading New York makers. Free. Jean Grayson's Brownstone Studio, 5E.IO, 342 Madison Ave., New York, NY 10017.

TIME THIEF
Is your pool robbing you of time? Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you're away. Discourages algae. Custom made, any size. Write to Meyco, HG10, 225 Park Ave., Hicksville, NY 11801.

REVOLUTIONARY ROUTE
"Trail to Freedom" includes a map of the colonies; battle sites for each pair ordered. Prompt refund if not delighted. Free catalog. Quilt Patterns in every issue of Quilter's Newsletter. If you like quilts, this monthly magazine will delight you. Devoted entirely to quilt making and pattern collecting. Profusely illustrated with new and old quilts—designer's originals, show winners, museum quilts. Full of interesting, helpful features for both beginners and experienced quilters. You'll also receive catalog showing hundreds of patterns, plastic quilting stencils, precut pattern templates, quilt kits and quilt-as-you-go patterns.

QUILTS & OTHER COMFORTS
Dept. HG4, Box 356, Wheatridge, Colo. 80033
Please send Quilter's Newsletter. Payment enclosed for 6 months & catalog $3.00. Sample issue 75c.

NAME: __________________________
ADDRESS:________________________
CITY:__________ STATE:________ ZIP:________

177
**It's Carroll Reed for...**

**Expandable Sportables**

Unusual Putter collapses to hammer size. Just 11 1/2" long. Steel shaft has non-slip grip handle. 18K gold plated cast iron head. Full sized 6-ft. Fishing Rod collapses to 15 1/2". Cork handle and fixed brass reel seat. Expand and collapse metal sections with easy telescoping twist. Vinyl case. 10276 Putter $19.98; 10272 Rod $11.98 plus 50c post. & handling.

Send 75¢ for your 64 page Christmas Catalog of unusual items.

---

**TWO-TONE WEDGIE**

Genuine leather


---

**ROLL-UP BAMBOO SHADES**


---

**SPECIAL FOR CHRISTMAS**

**GIANTS CLAM SHELL**

Largest known. Natural. 10"-12" length. $50 each.

---

**SHOOPING AROUND**

**POTENT PLANT**

Ginseng has no proven medicinal value, but the ancient Chinese used it for increasing virility and prolonging life. But the root in a pot; follow the directions and watch it grow and flourish. And who knows? $2 each; three, $5. Add 25c post. Roberta's HGIO, Box 630, Shelbyville, IN 46176.

---

**NON-SKID PROTECTION**

Flesh-colored foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 18 pads. Add 15c post. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

---

**ITALIAN TOOL**

Efficient scoop strainer with a deep basket of heavy triple-tined wire and long cool-grip handle makes easy draining for spaghetti, rice or vegetables. 16 1/4" long. $2.98; two for $5.50. Add 50¢ post. The Country Gourmet, GOE, 512 So. Fulton Ave., Mt. Vernon, NY 10550.

---

**BUTTERFLY BATIK**

Colorful prints on finely grained art paper are a nature lover's delight; each of four 9 x 12" prints of batik works shows a butterfly and flower in full color. To be signed or decoupage! Set of four, $1 plus 35c post. Cady's, HGIO, 2077 New York Ave., Huntington Sta., NY 11746.

---

**FLIP A RECIPE**

Revolving file for treasured recipes with protective see-through envelopes to keep recipes. Metal frame with inlaid wood base and knobs holds up to 500 cards. 3½" x 5½". 160 envelopes. $2.95 plus 95¢ post, Roberta's HGIO, Box 630, Shelbyville, IN 46176.

---

**HOCUS-POCUS**

Easy-to-follow tips on how to become an expert on sleight of hand card tricks. Fascinating hobby for you, fun for your family and friends. 84 card tricks, to white away time. $1.49 plus 20c post. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

---

**REAL ORIENTAL BAMBOO**


Send 25¢ for Catalog and receive $5.00 Credit on Next Order. P.O. Box 584, Mt. Vernon, NY 10550.

---

**OLD VILLAGE SHOP**

Dept. M6513, Hanover, Pa. 17331

---

**HOUSE & GARDEN**
OCTOBER, 1975

- $1.00 postage.
- M-L-XL... $21.95.

Vhite trim or Choco-

table in Black with

icate witti Beige trim.

lished tricot.

NTOT!

ick up a storm in ttiis on^-

HE KUNG FU

ecti-e robe witti legs. Feels

in the privacy of your own tiome. Scads of people are taking up the

art as a form of good exercise and a

places. Instruction booklet gives full instructions . . . how to move every

inch and stretch every muscle. Long-

ing, benches, counter tops — all

shown in a 44-page catalogue

50c. From Butcher Block & More,

HG10, 1600 So. Clinton, Chicago,

IL 60616.

NO-SHINE DISCOVERY

Simple Teflon cover for steam

ions is the solution for ironing

serge, gabardine, dull-surfaced

silk, woolens and knits. Permits a

smooth shaping or blocking job

without shiny areas. $1.29 each

plus 15c postage. Anthony En-

terprises, HG10, 556 Mission St.,

San Francisco, CA 94105.

GET INTO IT!

THE KUNG FU

IGHTER

ick up a storm in this one-

piece robe witti legs. Feels

peedy comfortable and

allows for easy move-

ment. Made of lightweight

Nylon tricot, washable in Black with

White trim or Chocolate witti Beige trim.

FM-31L ... $21.95.

Add $1.15 postage & handling.

AN MEN

Shop For Men

Dept. HG10

8900 Santa Monica Blvd.

Hollywood, Calif. 90069

Send $1.00 for color

catalog.

THE ART OF BELLY DANCING

Learn the exciting art of belly dancer-

ing in the privacy of your own home.

Scads of people are taking up the

art as a form of good exercise and a

way of taking inches off in the right

places. Instruction booklet gives full

instructions . . . how to move every

inch and stretch every muscle. Long-

playing record provides the exotic

muzic needed for the dance. You'll be

amazed at the ease with which

you learn, and the grace and poise

you'll acquire.

$5.98 + $1.39 P&H. Ill Res. add 5% Tax.

Gift Catalog. 50c

HOUSE OF MINNEL

Deerpath Rd., Dept. 5105, Batavia, IL 60510

SHOPPING AROUND

ETERNAL LINK

Bride and groom's coats of arms, linked by helmet and mantle, hand-engraved on a wedding

band of 14k gold. 10mm wide. Send drawings for both names or request coat of arms research.

$155 ppd. Free color catalogue.

Heraldica Imports, HGIO, 21 W. 46th St., New York, NY 10036.

HUMMEL TREE LIGHTS

Ten book-shaped ornaments with different drawings each side, illuminated by an inside light

(easy to replace). If one bulb goes out, others stay lit. 2½" by 1½" each. Set of ten $7.50 plus

$1.15 post. Artisan Galleries, HG10, 2100 No. Haskell Ave., Dallas, TX 75204.

STURDY STRAPPED TOTE

Canvas tote bag with plastic lining makes a great plane carry on, shopping bag—you name it. Two

outside pockets; strap works for shoulder or hand. 12" w. by 13" d. In white, red, or navy. Specify

second color choice. $12.95 plus $1 post. Elizabeth McCaffrey, HG10, Northport, NY 11768.

CREATIVELY YOURS

There's a variety of stimulating ideas featuring maple hardwoods as country-style dining tables,

work tables, mobile carts, shelving enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

There's a variety of stimulating ideas featuring maple hardwoods as country-style dining tables,

work tables, mobile carts, shelving enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

Simple Teflon cover for steam

ions is the solution for ironing

serge, gabardine, dull-surfaced

silk, woolens and knits. Permits a

smooth shaping or blocking job

without shiny areas. $1.29 each

plus 15c postage. Anthony En-

terprises, HG10, 556 Mission St.,

San Francisco, CA 94105.

GET INTO IT!

THE KUNG FU

IGHTER

ick up a storm in this one-

piece robe witti legs. Feels

peedy comfortable and

allows for easy move-

ment. Made of lightweight

Nylon tricot, washable in Black with

White trim or Chocolate witti Beige trim.

FM-31L ... $21.95.

Add $1.15 postage & handling.

AN MEN

Shop For Men

Dept. HG10

8900 Santa Monica Blvd.

Hollywood, Calif. 90069

Send $1.00 for color

catalog.

THE ART OF BELLY DANCING

Learn the exciting art of belly dancer-

ing in the privacy of your own home.

Scads of people are taking up the

art as a form of good exercise and a

way of taking inches off in the right

places. Instruction booklet gives full

instructions . . . how to move every

inch and stretch every muscle. Long-

playing record provides the exotic

muzic needed for the dance. You'll be

amazed at the ease with which

you learn, and the grace and poise

you'll acquire.

$5.98 + $1.39 P&H. Ill Res. add 5% Tax.

Gift Catalog. 50c

HOUSE OF MINNEL

Deerpath Rd., Dept. 5105, Batavia, IL 60510

SHOPPING AROUND

ETERNAL LINK

Bride and groom's coats of arms, linked by helmet and mantle, hand-engraved on a wedding

band of 14k gold. 10mm wide. Send drawings for both names or request coat of arms research.

$155 ppd. Free color catalogue.

Heraldica Imports, HGIO, 21 W. 46th St., New York, NY 10036.

HUMMEL TREE LIGHTS

Ten book-shaped ornaments with different drawings each side, illuminated by an inside light

(easy to replace). If one bulb goes out, others stay lit. 2½" by 1½" each. Set of ten $7.50 plus

$1.15 post. Artisan Galleries, HG10, 2100 No. Haskell Ave., Dallas, TX 75204.

STURDY STRAPPED TOTE

Canvas tote bag with plastic lining makes a great plane carry on, shopping bag—you name it. Two

outside pockets; strap works for shoulder or hand. 12" w. by 13" d. In white, red, or navy. Specify

second color choice. $12.95 plus $1 post. Elizabeth McCaffrey, HG10, Northport, NY 11768.

CREATIVELY YOURS

There's a variety of stimulating ideas featuring maple hardwoods as country-style dining tables,

work tables, mobile carts, shelving, benches, counter tops—all shown in a 44-page catalogue

50c. From Butcher Block & More, HG10, 1600 So. Clinton, Chicago, IL 60616.

NO-SHINE DISCOVERY

Simple Teflon cover for steam

ions is the solution for ironing

serge, gabardine, dull-surfaced

silk, woolens and knits. Permits a

smooth shaping or blocking job

without shiny areas. $1.29 each

plus 15c postage. Anthony En-

terprises, HG10, 556 Mission St.,

San Francisco, CA 94105.

IRON CLAD MONEY BACK GUARANTEE

In just a few days you must actually begin to see measurable, real

results . . . or your money back promptly and without any

question.

*No diet needed if daily caloric intake does not add to your

present body weight.

WHAT IS WONDER-SLIM™?

An ingeniously designed, amazingly compact slimming & shap-

ving discovery that

• Contains no metal, springs, gears or other dangerous or ex-

hausting parts.

• It is NOT worn around your waist but its powerful effect can

be selectively applied to ALL problem areas: hips, thighs, bust, waist . . . safely, easily & FAST.

• It is amazingly compact that it slips easily into your purse to

be with you wherever needed.

INVENTOR ACTUALLY MADE THE WONDER-SLIM™ FOR HIS WIFE!

IKE BERGER, world-famous Olympic champion learned early the

professional secret of constantly maintaining a top, trim body shape. His wife begged him for a simple easy method she

could use without exhausting herself. He developed this amazing

WONDER-SLIM for her own personal use. When she began

to literally slim away inches of "lazy" flab from her hips and thighs, in just minutes a day, she insisted ALL women would

just love it, not only to lose ugly flab but to keep in trim shape.

Olympic Gold Medal Champion's amazing slimming unit can . . .

"PEEL OFF" INCHES

OF FIGURE-CONCEALING FAT AND FLAB . . .

IN ONLY 7 MINUTES A DAY!*

Using this new, sensational WONDER-SLIM™... start solving these common figure problems . . .
INTRODUCING zip-notes

An exciting new idea in social stationery, zip-notes® are chic and impressive. Self-contained and crested, zip-notes® are a pleasure to send, a joy to receive. Great gifts (for Mr. and Ms.), zip-notes® make their debut with a distinctive Bicentennial theme on white stock with red, blue, and gold decoration. 25 only $4.95 — 400 mailing. Available only from ZIP-NOTES*. Dept. HG. P. O. Box 25639, Phoenix, AZ 85002.

SHOPPING AROUND THE SOUTHWEST

DENIM WITH DASH

THE REAL THING
Authentic, signed Awaí Navajo squash blossom necklace. Exquisitely handcrafted with fifteen matched deep blue turquoise gemstones (approx. 65 carats) in sterling silver mounting (3½ oz.). $147 plus $2.50 post. Catalogue $1. Indian Arts Pavilion, 1503 Central Ave., NW, Albuquerque, NM 87104.

MEALS ON TIME
When your pet steps onto platform of automatic animal feeder, lid opens to food bowls, closes airtight when pet steps off. Sturdy plastic 11½" by 18". Platform carpeted. Operates on "D" battery (not included). $29.95 plus $2 post. Barefoot Enterprises, HG-10A, 5626 Sandhill Rd., Las Vegas, NV 89120
GREAT PANT BOOT
Smooth genuine glove leather “Cavalier” has no-seam vamp, adjustable buckle strap, ribbed sole, 1” heel. Brown, black, white, bone, luggage tan, navy or red leather or black and brown suede leather. Full, half sizes. 5-10 1/2 A, B, C widths; 6-10 1/2 AAA, AA widths. $19 plus $1 post. Old Pueblo Traders, 600 HOF, So. Country Club Rd., Tucson, AZ 85716.

LIQUID SILVER
A slim, sleek streak of silver accented with six generous size genuine nuggets of turquoise. Beauty from New Mexico to add a chic touch to every costume in your wardrobe. And what a welcome gift for your Christmas list. 29” l. $34.95 ppd. J.A.’s Silver String, HG10, Box 1239, Carlsbad, NM 88220.

PARTY PAJAMAS
Make a smashing entrance in an exciting print three piece ensemble of flattering, soft nylon jersey knit or silky polyester. Cardigan, back-zip sleeveless shell, and pull-on pants with 30” flare at the hem. Machine wash and dry. Multi-color on black nylon jersey, $50; black, wine-berry or aqua solid colors in polyester knit, $55. plus $1 post. Vicki Wayne, 610 So. Country Club Rd., H01, Tucson, AZ 85716.

Native Fruits & Cactus Jellies
Pomegranate Prickly Pear Jelly — Wild Orange & Wild Lemon Marmalade — Date Butter & Date Conserve. Enjoy the hardy, robust flavor. Slow-cooked the homemade way. Choose the handy 6-pack, containing 10-ounce jars of each, for just $19.95 or order 6-pack your choice at $14.95 each, packed in old-fashioned wood crate! Prices include handling and shipping. Arizona residents add 4% sales tax. Sorry, no C.O.D.s.

Send check or money order to: Jellies
OLD GENERAL STORE
201 S. Kinney Road
Old Tucson, Arizona 85705

SUEDE LOOK WITH EASY CARE
A Line Coat Dress with snap front, turn back cuffs, patch pockets, top stitching & optional belt. A perfect choice . . . so many ways to wear. With or without pants, or it’s super all by itself. Look and feel like suede but it’s easy machine wash. Rayon/Polyester/Ray back. Suede Cloth. Slats. Blue or Rust. Size 10-20.
$32.00
post & handling included. $10 cash soft EOD Satud. Gaur.

LaURA’S LOVEABLES®

Make $$$ 10 WAYS with flowers
Turn love of flowers to profits. Garden flowers or artificials cost pennies bring dollars. Corsages, bridal bouquets, wedding or table decorations. As a hobby or start a home business or flower shop. FREE color brochure shows you how to learn professional flower arranging and flower shop operation. Also FREE, 3 months subscription to "FLOWER TALK", the magazine for home flower arrangers. Write today, no salesman will call.
FLORAL ARTS CENTER, (a home study school) Dept. 5041, 1628 East McDowell Rd., Phoenix, Arizona 85006.

SUEDE LOOK
WITH EASY CARE

Make $$$ 10 WAYS with flowers

FLORAL ARTS CENTER, (a home study school) Dept. 5041, 1628 East McDowell Rd., Phoenix, Arizona 85006.

### SHOPPING AROUND THE SOUTHWEST

Please turn page for more shopping around the southwest.

DOWN COMFORTS
Beautifully RE-COVERED

In exquisite down-filled satins, cottons. Wool comforters recovered, too. And OLD FEATHERBEDS converted into cloud-soft, feather-fluff, hairloom comforts by ALDEN secret process. ABSOLUTE SATISFACTION GUARANTEED. Mail Order Only. No salesman will call.
ALDEN COMFORT MILLS-HQ Ray 1070 E. P.O. Box 1239, Las Vegas, Nevada 89101

ALDEN COMFORT MILLS-HQ Ray 1070 E. P.O. Box 1239, Las Vegas, Nevada 89101

PLEASE TURN PAGE FOR MORE SHOPPING AROUND THE SOUTHWEST.
EGYPTIAN CAT
A noble creation to add stately presence to your house. In terra cotta finish, as shown. Also available in white marble or rust finish. It measures 13" h., 9" w., $69.95 ppd. Send $1 for complete catalogue. The Second Renaissance, H4E, 2124 Union St., San Francisco, CA 94123.

BARN-SIDING FRAMES
Mirrors handmade with frames of authentic barn-siding to hang in rooms with an antique flavor. From $8.95 for a small oval to $19.95 for church steeple style in rooms with an antique flavor. $12.98 for large oval. $6.98; two $12.98 ppd. Silvery metal and matching 24" chain. $6.98; two $12.98 ppd. Free color catalogue, 25c. To paring knife, with a graduated slot for blades of varying thickness. A designer’s masterpiece, it can be mounted on any vertical surface, 18" long, 2" high, 2 1/2" deep.

PICTURE PERFECT
Have a ball to show off six of your favorite people. Pendant has hinged frames that fold up accordion style in a 1 1/2" pocket secured with two curved tongs. Silvery metal and matching 24" chain. $6.98; two $12.98 ppd. Ferry House, HG10, Briarcliff Manor, NY 10510.

SPEED SEWING

FAMOUS GIFT CAKE
Winner of the New York Gourmet Society Award for Excellence. Fabulous fruit cake since 1896 is custom-baked, filled with the best imported fruits and Texas pecans. 2 lbs., $5.95; 3 lbs., $8.35; 4 lbs., $13.45. Ppd. Colonial Street Bakery, HG10, Box 124, Corsicana, TX 75110.

SHOPPING AROUND

ORIENTAL and NAVAJO RUGS
Add that special touch of beauty to your home with a new Pearesse Imported Rug. These lovely oriental and navajo reproductions are perfect with any decor, for hostess gift. For free high quality catalogue, 50c.

In the Kitchen Bred
3 practical and stylish kitchen organizers created by a canny Vermont craftsman. At home in any home, contemporary or traditional.

FREE MEALS WITH YOUR PURCHASE
For each order of 500 sheets of your choice, we will include 30 free meals at the present price, to make you feel special.

THREE PRODUCTS
3 practical and stylish kitchen organizers.

1. The Ultimate Rack to them. Holds metal, plastic, rubber and wooden items, with or without hooks. 18" long, 2" high, 2 1/2" deep.

2. Happy Hangup. The ultimate rack to hold 2 utenislis handy, right where you need them. Holds metal, plastic, rubber and wooden items, with or without hooks. 18" long, 2" high, 2 1/2" deep.

3. High and Dry. Each dowel on this unique kitchen towel rack is made of birch wood, because birch resists moisture. Lift one out of its slot and it extends to hold a towel, yet rests firmly in its sturdy groove. When not in use, the dowels hang down and out of the way. The base is made of maple for strength and long life. 3" long, 2 1/2" high, 3" out from the wall (12" when the dowels are working).

Send for new color embroidery catalog of original designs. Please send me information about your other products. Your Satisfaction Guaranteed.

ORDER DIRECT BY MAIL:

 skön
Rya Kits

EMBROIDERIES

WISE OWLS GIVE A HOOT in Long Stiches—Beautifully embroidered from Sweden. Make a family of bright-eyed, bronze and rust owls under a deep blue sky with yellow-orange moon. They’re yours for $33.95 + $1.75 post and a few hours of easy-to-do stitches. Order #4474, 18 x 14" (20 x 16" matching fabric covered frame $12.95). Send $1 for new color embroidery catalog of Swedish designs.

Rya Kits

NEW RYA COLLECTION. One kit makes these pre-started wool rya wallhangings, rugs or cushions. Kit imported from Sweden feature handsome rug weaving, easy-to-follow instructions, English instructions. Send $1 for new color catalog of award winning designs. EMBROIDERIES 55 Lambert Lane New Rochelle, N.Y. 10801

SKÖN

MOUNTAINTOP

New Era Mail Orders Co.
P.O. Box 6 Ridgewood New York 11217

J o b o c k y

SKÖN
Personalized Suitcase Suspenders

3 for $4.98

The perfect personalized gift, and terrific two ways! They'll make luggage easy to identify — it stands out from the crowd so you can spot it in an instant! And they'll really save the day if a latch or a zip ever gives way! Rugged elastic webbing in striped red-white and blue, or beige-brown — both boast gleamy luggage tags of lifetime solid brass, engraved with your initials. American made in assorted sizes to fit any bag. Sold set of three.

#1197 — Red-white-blue $4.98
#1341 — Beige-brown $4.98

Please PRINT initials, add 35c post. & handling.

BELAIR GREEHOUSES

New all-aluminum type needs no masonry foundation — just wrench and screwdriver. Ready for planting in average of one day, plenty of growing space.

962 Shopping International
*348, Box 348, 10788
Tucker St., Beltsville, MD 20705.

GODD CROW

His and her cotton shirts with white nautical emblem on navy or powder blue. S, M, L, XL. In long-sleeved sweatshirt for captain or mate $3.95; short-sleeved T-shirt for captain or mate $3.50.


ELEGANT CRYSTAL LAMPS

The richness of these handcrafted motors, made in light weight tubing, fits in car. Guaranteed against defects in materials and workmanship for use in travel, camping, garage, for use in transporting luggage, trash, garden containers; and many many more (75 lbs, capacity, A necessity in any way.)

For use in travel, camping, garage, for use in transporting luggage, trash, garden containers; and many many more (75 lbs., capacity. A necessity in every way.)

Priced $12.95 plus $1.70 postage. IV

SMILE

Here's EFFORTS, our 1929 reprint that's sure to make you smile. This antique brown print measures 11" x 14" and is suitable for framing. Adds a touch of yesteryear to the bathroom and nursery. A charming gift for a friend. Only $1 + $.25 ptg. or 3 for $2.50 ppd. Melanie's Antique Prints, HGIO, Box 2245, Youngstown, Ohio 44504

INTERNATIONAL AIR CHIMES

Iron heart holds 13 bronze-tone bells that tinkle musically with the slightest breath of air. Bells make a stunning decoration for a door or to hang from the ceiling. 9½" w. by 12½" h. $7.95 ppd. Bells International Inc., 962 Shopping International Blvd., Norwich, VT 05055.

MAGIC TOUCH

One stroke of "Almond Stick" and superficial scratches disappear from pianos, furniture, woodwork. For mahogany, walnut, oak and other finishes. Used by professionals. $1.98 plus 25c post each. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

YARN CADDY

Nice idea for needleworkers by shop owner, Mary Lou Cornstock. Wood stand holds 14 spindles, is light enough (1¼ lbs.) for easy carrying. 28" h. by 19" w.

Dark cherry or buckwheat honey. $34.95 ppd. Catalogue $2. Carl Forslund, HGIO, 122 E. Fulton St., Grand Rapids, MI 49502.

LILIAN VERNON

Dept. G04, 510 S. Fulton Ave.
Mt. Vernon, N.Y. 10550

THE SCANNER

This quizzical owl will brighten your day and add interest to any room. Beautifully detailed lithographs by Gloria Gray Roop are black on heavy cream vellum, 8½" x 11". Each is titled and signed by the artist. A most distinctive gift. $15 plus .95e postage and handling.

Send Me for catalog showing other prints. — free with order.

The Countryplace Collection

Post Office Box 12369
Oklahoma City, Oklahoma 73112

MATCHING CENTERPIECE AVAILABLE $4.95

BORN COLLAPSIBLE UTILITY CART

Consists of light weight tubing, base and telescoping, plated hat. Knocked down in carton with instructions. For use in travel, camping, garage, for transporting luggage, trash, garden containers; and many many more (75 lbs. capacity. A necessity in every way.)

Priced $12.95 plus $1.70 postage. Minnesota residents add 6% sales tax.

Send 60¢ for catalog showing stock. Wood stand holds 14 spindles, is light enough (1¼ lbs.) for easy carrying. 28" h. by 19" w.

Dark cherry or buckwheat honey. $34.95 ppd. Catalogue $2. Carl Forslund, HGIO, 122 E. Fulton St., Grand Rapids, MI 49502.

BORN COLLAPSIBLE UTILITY CART

Consists of light weight tubing, base and telescoping, plated hat. Knocked down in carton with instructions. For use in travel, camping, garage, for transporting luggage, trash, garden containers; and many many more (75 lbs. capacity. A necessity in every way.)

Priced $12.95 plus $1.70 postage. Minnesota residents add 6% sales tax.

Send 60¢ for catalog showing stock. Wood stand holds 14 spindles, is light enough (1¼ lbs.) for easy carrying. 28" h. by 19" w.

Dark cherry or buckwheat honey. $34.95 ppd. Catalogue $2. Carl Forslund, HGIO, 122 E. Fulton St., Grand Rapids, MI 49502.

BORN COLLAPSIBLE UTILITY CART

Consists of light weight tubing, base and telescoping, plated hat. Knocked down in carton with instructions. For use in travel, camping, garage, for transporting luggage, trash, garden containers; and many many more (75 lbs. capacity. A necessity in every way.)

Priced $12.95 plus $1.70 postage. Minnesota residents add 6% sales tax.

Send 60¢ for catalog showing stock. Wood stand holds 14 spindles, is light enough (1¼ lbs.) for easy carrying. 28" h. by 19" w.

Dark cherry or buckwheat honey. $34.95 ppd. Catalogue $2. Carl Forslund, HGIO, 122 E. Fulton St., Grand Rapids, MI 49502.
FROM THE ORIENT

SHOPPING AROUND

SEWING AREN'T
Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. Pack includes bobbin of wax thread, two needles. $4.98 plus 90c postage. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

TWISTY KEY RING
Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.69 plus 20c post. Anthony Enterprises, HG10, 45 Winter St., Boston, MA 02108.

TWISTY KEY RING
Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.69 plus 20c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

AMERICAN ORIGINAL
Who, but Betsy Ross is sitting demurely between a pair of red pin cushions. She's delightfully detailed in bisque finish. The 13 star flag is appropriate for the Centennial year. 4 1/2" h., 4 1/2" w. $3.49 plus 85c post. Carol Ann Gifts, HG3535K, Box 21026, Philadelphia, PA 19154.

CLEANS YOUR SHOWER TILE
KLEN-_TILE SHOWER TILE CLEANER
WILL CLEAN AND CONTROL SOAP SCUM, BODY OILS, STAINS, MILDEW, HARD WATER DEPOSITS AND WHITEN GROUTING. A FULL YEAR'S SUPPLY FOR TWO BATHS. MAIL CHECK OR MONEY ORDER FOR $4.95. PLEASE ADD $1.00 FOR TAX AND POSTAGE.

100

MOPPET PERSONALIZED ORNAMENTS!

1261 Couple $12.78 Toddler 1275 Baby $17.98
1279 Girl with Gift $12.79

Send $1.
(Retundable with first order.)

FOR NEW CATALOG OF SPANISH DECORATOR ITEMS
LAMPS • SCIONCES • PLANTERS
CANDLESTICKS • WALL PLAQUES
BIRD CAGES • POTTERY • BOOKENDS
DOVES • HAND CARVED FURNITURE
OWLS • DECORATOR CHAIRS

$13.95

VICTORIAN WALL SHELF

$9.95

Add 35c post & hdlg. N.Y. res. add taxes. Dept. GOL, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

VICTORIAN WALL SHELF

$9.95

ADD 35C POST & HDLG. MANUFACTURER'S LISTED FOR TWO BATHS. MAIL CHECK OR MONEY ORDER FOR $4.95. PLEASE ADD $1.00 FOR TAX AND POSTAGE.

WHEN KLEN-TILE DOES NOT CLEAN YOUR SHOWER TILE TO YOUR COMPLETE SATISFACTION, THE FULL PURCHASE PRICE WILL BE REFUNDED.

MOPPET PERSONALIZED ORNAMENTS!

1261 Couple $12.78 Toddler 1275 Baby $17.98
1279 Girl with Gift $12.79

Send $1.
(Retundable with first order.)

FOR NEW CATALOG OF SPANISH DECORATOR ITEMS
LAMPS • SCIONCES • PLANTERS
CANDLESTICKS • WALL PLAQUES
BIRD CAGES • POTTERY • BOOKENDS
DOVES • HAND CARVED FURNITURE
OWLS • DECORATOR CHAIRS

$13.95

VICTORIAN WALL SHELF

$9.95

Add 35c post & hdlg. N.Y. res. add taxes. Dept. GOL, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

VICTORIAN WALL SHELF

$9.95

ADD 35C POST & HDLG. MANUFACTURER'S LISTED FOR TWO BATHS. MAIL CHECK OR MONEY ORDER FOR $4.95. PLEASE ADD $1.00 FOR TAX AND POSTAGE.

WHEN KLEN-TILE DOES NOT CLEAN YOUR SHOWER TILE TO YOUR COMPLETE SATISFACTION, THE FULL PURCHASE PRICE WILL BE REFUNDED.

MOPPET PERSONALIZED ORNAMENTS!

1261 Couple $12.78 Toddler 1275 Baby $17.98
1279 Girl with Gift $12.79

Send $1.
(Retundable with first order.)

FOR NEW CATALOG OF SPANISH DECORATOR ITEMS
LAMPS • SCIONCES • PLANTERS
CANDLESTICKS • WALL PLAQUES
BIRD CAGES • POTTERY • BOOKENDS
DOVES • HAND CARVED FURNITURE
OWLS • DECORATOR CHAIRS

$13.95

VICTORIAN WALL SHELF

$9.95

Add 35c post & hdlg. N.Y. res. add taxes. Dept. GOL, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

VICTORIAN WALL SHELF

$9.95

ADD 35C POST & HDLG. MANUFACTURER'S LISTED FOR TWO BATHS. MAIL CHECK OR MONEY ORDER FOR $4.95. PLEASE ADD $1.00 FOR TAX AND POSTAGE.

WHEN KLEN-TILE DOES NOT CLEAN YOUR SHOWER TILE TO YOUR COMPLETE SATISFACTION, THE FULL PURCHASE PRICE WILL BE REFUNDED.
**Hawaiian “Good Luck” Ti Plant**

Guaranteed to grow!

The native Hawaiians believe the Ti Plant has a mystical virtue. The leaves were worn to dissipate evil. It is planted to bring GOOD LUCK, LONG LIFE and LASTING LOVE. The Ti Plant has been used for medicine, candy, food, alcoholic drinks, and the sexy Hula Skirt.

The Ti Plant grows out of a log — so fast that you can almost see it grow! All you do is put the Ti log in water and watch it grow! When it sprouts, put it in a pot. The bigger the pot, the bigger it will grow. From one to six feet tall. You can have the size you want. Grow it in sun or shade — it blossoms! The Hawaiian Ti Plant makes an ideal gift. Send good luck to your friends and loved ones.

Choice of red or green leaves: guaranteed to grow or free replacement!

**ONE FOR $100 3 FOR $2.50**

Please add twenty-five cents for postage and handling.

---

**Decorate in the Scandinavian Tradition with a Charming Straw Wreath!**

Legend says Health, Wealth and Happiness will be yours throughout the year. Looped with red polka dot or green polka dot grosgrain ribbon. Outer diameter approx. 11"). Suitable for indoor-outdoor display.

**$5.50** plus $1 postage and handling. N.Y. residents add 7%

**Fancy That**

P.O. Box 172
Halesite, N.Y. 11743

---

**A Year Full of Smiles,**

Snickers and yuk-yuks are yours — in our six-in-one Wretched Mess Calendar (1976 Mooseontennial Edition) — Celebrate the Moosemanic Year! Fiddle While It Burns Week, Defunct Skunk Week, West Islip, N.Y. 11795.

One-inch heels. Great for your sporty outfits. Camel, gold or black. 4-12 in N, M, W. $12.95 plus 90c post. Over 10, add $1. Sohwear Shoes, HG10, 1711 Main, Houston, TX 77002.

**Sparkling Spray Mist**

Crystal chandeliers, sconces and candelabras come bright and clear after a spray shower of silicone mist from an easy-to-handle 7 oz. can. No need to wipe; just let dry naturally. $3.98 plus 60c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

---

**Collector's Christmas**

Old world elegance for your decorating Holiday gifts: hand-cast from heat-resistant wax, these charming figures have look of old ivory, each delicately painted in rich tones of rose, green, gold, etc. A traditional European folk art — some of our designs are over 200 yrs. old — they make a handsome year-round display on tree, wall, or curio cabinet. Many other styles available. $14.96 plus $1.50 in your 7 yds. 54" fabric. Exp. \( **HAPAKI OF HAWAI**

P.O. Box 1335, Dept. HG-10
546 A Montauk Highway
West Islip, N.Y. 11796

---

**Princely Chair**

Wing chair, the “Prince George” is a beauty. Seat cushion is reversible. Fabrics include: solids, stripes, prints, velvets, specify color, type, $175 as shown; $125 in your 7 yds. 54" fabric. Exp. coll. Catalogue, $2. Hunt Galleries, Inc., HG10, Box 2324, Hickory, NC 28601.

**Softness Afoot**

Step into good-looking “Polly” and enjoy the uppers of glove leather and cushioned insoles. One-inch heels. Great for your sporty outfits. Camel, gold or black. 4-12 in N, M, W. $12.95 plus 90c post. Over 10, add $1. Sohwear Shoes, HG10, 1711 Main, Houston, TX 77002.
ATTENTION!

"I know you believe you understand what you think I said, but I am not sure you realize that what you heard is not what I meant." Black letters on golden plate in pine-finish plaque. 4" by 5" $2.98 plus 25c post. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

PIECE BY PIECE

Personal jigsaw puzzle is a blown-up photo in black and white from your color or black/white original. 8" by 10". $3.99; 11" by 14", $4.99. 12" by 18", $5.99. Full color, 8" by 10", $6.99; negative, slide, $1 extra. Ppd. Photo returned. Photo Poster, Dept. X805, 210 E. 23St., NY 10010.

BUTCHER BLOCK SETS


LIMITED IN EDITION


FREE: COLLECTOR'S PORTFOLIO

OUTSIDE ITS A BICENTENNIAL BELL. INSIDE ITS A GENEROUS ICE BUCKET. FINISHED IN PEWTER-TONE ALUMINUM. IT'S 13" TALL, HAS A HARDWOOD HANDLE AND HOLDS FOUR QUARTS OF ICE.

RETAILS FOR $29.95 AT BETTER GIFT SHOPS. ORDER YOURS NOW FROM OLD GRAND-DAD FOR ONLY $19.95 PER ORDER. NO CASH. PLEASE.

SEND YOUR NAME AND ADDRESS (AND YOUR FRIENDS') AND WE'LL SPEED OUR CHRISTMAS CATALOG TO YOU.

RSVP LILIAN VERON

DEPT. NG, Hingham, Mass. 02043

The Talbots

Sleeping Beauties

A beguiling ribbon print stripes our Lanzi set of cozy cotton flannel. The robe is a graceful front wrap trimmed with ruffled eyelash lace. Blue/Red on white. Sizes S.M.L. $15.00.

Send for our new free color catalog.

The Old Grand-Dad Ice Bucket.

Outside it's a bicentennial bell. Inside it's a generous ice bucket. Finished in pewter-tone aluminum. It's 13" tall, has a hardwood handle and holds four quarts of ice. Retail $29.95 at better gift shops. Order yours now from Old Grand-Dad for only $19.95, taxes included.

Send check or money order to:
Old Grand-Dad Bell Offer
P.O. Box 1717
Babylon, New York 11702

Please send me __________ Bicentennial Ice Buckets. Enclosed find $____.95 per order. (No cash, please.)

Limited offer. Void where prohibited. Expires 7/31/76.


Pistol-Handled Flatware

An exact replica of a famous old sterling pattern with impressive full dinner size graceful pistol hollow handled knives, 3 lined forks and ruffled-tined spoons. In heavy weight hand forged pewter-like steel or polished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad-dessert forks, 8 soup spoons, 8 fish knives, plus sugar spoon, butter knife and 2 serving spoons. 52 piece service for 5. $39.95.

58 piece service for 8. $56.95.

Economy minded? Fifty-piece luncheon size $23.95.

LILIAN VERON

You are cordially invited . . . . to discover our cover, and 100 color-packed pages within. Unique gifts for everyone, luxe gifts at surprising cost, American handcrafts, jewelry, decor, personalized items, our own European imports—some ours alone in the whole world! Then discover the shopping time you save—discover our 24-year tradition of service, our no-strings satisfaction guarantee. Send your name and address (and your friends') and we'll speed our Christmas catalog to you.

Old Westbury — FULL DINNER SIZE

An exact replica of a famous old sterling pattern with impressive full dinner size graceful pistol hollow handled knives, 3 lined forks and ruffled-tined spoons. In heavy weight hand forged pewter-like steel or polished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad-dessert forks, 8 soup spoons, 8 fish knives, plus sugar spoon, butter knife and 2 serving spoons. 52 piece service for 5. $39.95.

58 piece service for 8. $56.95.

Economy minded? Fifty-piece luncheon size $23.95.

Great Savings. Special Offer.

Old Westbury — LUNCHEON SIZE

An exact replica of a famous old sterling pattern with impressive full dinner size graceful pistol hollow handled knives, 3 lined forks and ruffled-tined spoons. In heavy weight hand forged pewter-like steel or polished stainless. Service for 8 includes 8 dinner forks, 8 dinner knives, 8 salad-dessert forks, 8 soup spoons, 8 fish knives, plus sugar spoon, butter knife and 2 serving spoons. 52 piece service for 5. $33.95.

58 piece service for 8. $46.95.


S E T H D

GREAT SAVINGS.

THE TALBOTS DEPT. NS. HINGHAM, MASS. 02043

Duty-free 10% off 6th Month.

Avon, Hamden, Conn.
**SHOPPING AROUND**

**ACTION TIES**
What's your game or favorite sport? Woven rep ties in navy or brown feature golf, tennis, cycling, canoeing, basket and football, skiing, track and fencing designs. $10 each plus $1 post. Cartier Cravates, Inc., HG10, 6666 St. Urbain St., Montreal, Canada H2S 3H1.

**SNAKE CHARMER**
Gleaming golden mesh simulates scales between a well detailed gold head and tail. Bracelet uncoils, then wraps around the wrist or upper arm so it fits almost anyone. Light in weight and 12" in overall length. $15 plus 50c post. Downs, Dept. 1410Z, Evanston, IL 60204.

**PAINLESS TRIMMING**
Groomette is a neat little instrument of fine surgical steel to trim hairs in nostrils and ears. Insert in nostril or ear, twist knob, hair is snipped off without damage to sensitive tissues. $2.98 plus 30c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

**BEAUTY BAR**
Clear acrylic cosmetics center has shelves for lipsticks and jars, a compartment section, for tall items like bottles, that slides out for easy access. Place on a dressing table or in standard medicine cabinet. 9½" by 3". $6.98 ppd. Crown-Castle Ltd., CP-510, 51 Bank St., Stamford, CT 06901.

**ART COLLECTION**
Catalogue illustrates more than 200 art prints of masterpieces by the great artists in four popular sizes. Includes decorating hints and artists' biographies; looks more like an art book! 50c ppd. Lambert Studios, Inc., HG28, 910 No. La Cienega Blvd., Los Angeles, CA 90069.

**FACTORY SPECIAL!**
Manufacturer To You Still In Crates  FULLY ASSEMBLED  Over 2,000 brand new 1974 model b-powerful 7 H.P. Briggs & Stratton Mustang Riding Lawn Mowers. With full factory warranty. Must be sold immediately. Not a sample. Only $229.95. Full priced $449.95. Order now or write for free picture brochure. Dr Call Anytime: Area Code 405 631-3669 M & M MFG. SALES 925 SW 29th St., Oklahoma City, Okla. 73109

---

**CREATIVE GLASS BY CORNING 1 Set $16.98**
- They go safely from your refrigerator to oven
- Great for soups, souffles, vegetables, anything!
- Sparkling clear and so elegant for serving

See what Corning has done for glass—there go from refrigerator to pre-heated oven, idea for baking and serving! American-crafted to the superb standards of Corning Glass. 1 qt. 1½ qt. and 2 qt. are 5¾", 6½", 7¾" diameter. Set of 3.

**FREE Color Brochure**
18 different lamp styles, both finished and unfinished, plus unusual decorative accessories!

**FREE!**
Send 95c for each set ordered.

---

**CHOICE DECOR!**
*(Finished or Unfinished!)*
This Large Drum Lamp comes fully finished or sanded ready to finish in your choice of Shades in white or beige Textured Shantung, oyster or brown Burlap. Satisfaction guaranteed!

*Unfinished*
$18.00 each
$25.00* each FINISHED in walnut, colonial maple, or antiqued brick red, olive, mustard, Wedgwood blue.

**Baxwood Crafters**
Lexington, Kentucky 40502

---

**ONLY BUKE CHAIRS HELP YOU ALL THE WAY UP.**
Burke's unique elevating cushion helps thousands of people of all ages rise to their feet and seat themselves safely and gently. Only Burke offers free home trial. Many styles and colors. Write today for further information.

**BURKE**
P.O. Box 1064, Dept. HG-10
Mission, Kansas 66202 • (913) 722-5656

---

**THE NEW OWL COLLECTION**
A sensational silver owl necklace with shimmering milkwhite stones and double strand 20" necklace. Also comes in gold with milkwhite stones. Wear it with pant suits or dress it up in the evening, it will go anywhere. The owl is 4" long by 2½" wide.

**MARION'S GIFT SHOP**
Dept. HG-1
108 Canoe Brook Rd. Trumbull, Conn. 06611

---

**THE COUNTRY GOURMET**
Dept. G07, 512 S. Fulton Ave. Mt. Vernon, N.Y. 10550
PATCHWORK PROJECT

Kits of ornaments: multicolor calicoes, polyester fiberfill, trim, directions, needle. About 4". Sets of 3 stars, 3 stockings (open), 2 wreaths (with wood ring bases), each $2.98; three sets $7.98. Add 40c post each. Lillian Vernon, GOE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

BAMBOO PLANTERS

Cache pots and stands combine in bamboo to make elegant planters. High planter is 19" with a 7" by 8" cachepot; low one is 16" by 7" cachepot. High, $10.95; low, $9.95. Add $1.25 each. Post. Catalogue, $1. The Patio, H610, 550 Powell St., San Francisco, CA 94108.

FAMILY PLAY

Out-time Uncle Sam mechanical bank is patriotically colorful. Put coin in hand, push button and watch it drop into bag as whiskers move. 8½" h. Invent games: guests pay fun penalty for this or that. $4.50; two $7.95. Ppd. Seth & Jed, HG105, Great Barrington, MA 01230.

BLOCKFRONT BEAUTY

Handsome XVIII century reproduction chest is made of solid andiroba wood with cast brasses. Center guided drawers have dovetail joinery. 38" w., 20" d., 32" h. Mahogany or fruitwood finish. $457. exp. coll. Catalogue 21, $1. Ephraim Marsh Co., Dept. 346, Box 266, Concord, NC 28025.

POT Prettier

Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotisserie and grills. 7 oz. Dissolves carbonized grease, encrusted buildup. Does not darken or pit. $3.98 plus 55c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

HAVE A PICNIC

An unusual salt and pepper set of clear Lucite @ adds interest to the dining table. A picnic-style table holds smoky-topped shakers. 4½" by 6". Nice idea for holiday gift list. The set $5.99 plus 75c post. Greenland Studios, 9903 Greenwood Blvd., Miami, FL 33059.

CHAIR CANING KITS

Now anyone can restore his favorite antique and heirloom chairs easily and inexpensively with a Newell Caning Kit: tools, natural cane, and easy-to-follow instructions, all prepaid for only $4.00; extras cane $2.00 per charriot. (Illinois residents add 5% sales tax)

Available only from:

THE NEWELL WORKSHOP

Box 54108 Chicago


display with pride. Inspiring samplers come in kit form complete with oyster Belgian linen stamped for cross stitch, floss in bright colors, home is Where the Heart is. Home Sampler Kit $3.95

Children Sampler Kit (shown) $3.95

Grandchildren Sampler Kit (shown) $3.95

Home Sampler Kit

PLUS 50¢ POSTAGE & HANDLING

VICTORIA GIFTS

12 H White St., Bryn Mawr, Pa. 19010

WORLD-RENOWNED CATALOG SHOWING THE ENORMOUS VARIETY OF SMART STYLES YOU'LL FIND FOR EVERY OCCASION. AND OUR VAST RANGE OF SIZES INSURES YOU OF PERFECT FIT — OR YOUR MONEY REFUNDED!

Send for Free Catalog

SIZES TO 13 SHOES

AAAAA to EEEEEE

Above: FLUTE

Sizes 2½ to 12, for widths, AAAE L.E.

In grain calf with smooth sole trim; deep hong with elastic; bone with muss; easy with Wedgewood; black brown; all-black; all-white. Also black with elastic. 2½" rag sole.

Pole Stand holds your portable at the fessels, and place best suited for comfort... without having an valuable floor or table top space. Takes any width up to 14" front to back, up to 7" deep. Fits corners, to install and move. Brinnone finish pole has sliding tension rod at top for just to your ceiling horizon can be set up in 1½ or 2 position: ground, table, table, floor, etc.

Adjustable Hi-Low T.V. Pole Stand

Stork Scissors especially designed for your needlepoint, crewel and delicate handwork. Made in Solingen, Germany, with gold plated handles and the finest materials available. Please send:

$8.25 ppd. for 4" size

$14.95 ppd. for 6½" size

Please send:

$8.25 ppd. for 4" size

$14.95 ppd. for 6½" size

Add $1.00 first pair, 25¢ each additional pair for postage, please

P.O. Box 758, Malvern, PA 19355

ADJUSTABLE HI-LOW T.V. POLE STAND

For the bedroom, living room, old chair, favorite room corner, no matter where you're viewing this smart new T.V. Pole Stand holds your portable at the fessels, and place best suited for comfort... without having an valuable floor or table top space. Takes any width up to 14" front to back, up to 7" deep. Fits corners, to install and move. Brinnone finish pole has sliding tension rod at top for just to your ceiling horizon can be set up in 1½ or 2 position: ground, table, table, floor, etc.

Christmas Gift Catalogue

$3.95 ppd.

Add $1.00 first pair, 25¢ each additional pair for postage, please

P.O. Box 758, Malvern, PA 19355

HOLIDAY GIFTS

45 Winter Street (Dept. GR) Boston, Mass. 02108

SOLBY BAYES

45 Winter Street (Dept. GR) Boston, Mass. 02108

Always a hit for the bedroom, living room, old chair, favorite room corner, no matter where you're viewing this smart new T.V. Pole Stand holds your portable at the fessels, and place best suited for comfort... without having an valuable floor or table top space. Takes any width up to 14" front to back, up to 7" deep. Fits corners, to install and move. Brinnone finish pole has sliding tension rod at top for just to your ceiling horizon can be set up in 1½ or 2 position: ground, table, table, floor, etc.

Always a hit for the bedroom, living room, old chair, favorite room corner, no matter where you're viewing this smart new T.V. Pole Stand holds your portable at the fessels, and place best suited for comfort... without having an valuable floor or table top space. Takes any width up to 14" front to back, up to 7" deep. Fits corners, to install and move. Brinnone finish pole has sliding tension rod at top for just to your ceiling horizon can be set up in 1½ or 2 position: ground, table, table, floor, etc.
To give House & Garden simply mail the order form you’ll find elsewhere in this issue. Every month during the coming year, we’ll send another of your House & Garden presents.
SHOPPING AROUND

BERUFFLED BEAUTIES
Wide (4½") ruffles add old-fashioned charm to curtains of white or natural permanent press cotton and polyester. 84" wide per pair. 45", 54", 63", 72", 81", 90" l. $12.50. Add $1.75 post. per order. Free catalogue. Country Curtains, HGIO, Stockbridge, MA 01262.

PROTECTION!
Non-allergenic foam fleece mask slips over mouth and nose to protect from sick room germs, paint, cleaning fluids or garden sprays. One size fits all. Washable and reusable. $1.98 each plus 15c post. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

LOVE LOCKS
Opposites attract: one band of heavy sterling silver and one of gold-plated vermeil merge in a single stunning ring. Or each curved part can go solo. Painted and sculptured in bas-relief, signed in Italy. 5, 6, 7, 8. $11.98 plus 35c post. Lillian Vernon, GOE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

YOURS ALONE
Contrasting monogram on a bold and roomy corduroy tote. Handy inner pocket and snap closing. Painted and sculptured in bas-relief from an original Hummel design, $1.98 each plus 15c post. Anthony Enterprises, HGIO, 556 Mission St., San Francisco, CA 94105.

FIX-IT KIT
Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and assortment of tiny frame screws. $1.98 plus 15c post. Anthony Enterprises, HGIO, Stockbridge, MA 01262.

STORMY WEATHER

CHRISTMAS CATALOG FROM THE MUSEUM OF MODERN ART
The widest selection of distinctive cards and gifts yet offered by the Museum is illustrated in a 40-page full-color catalog of cards and constructions, reproducing works in the Collection or specially commissioned. As American As . . ., the 1976 Appointment Calendar, objects repre- sented in the Museum's Design Collection, multiple sculptures; Great Addresses, the Museum's first address book, frames, notepaper, books and specially illustrated editions. Prices range from 20 cents to $175. Send the coupon below with 25 cents to receive a copy of the 1975 Christmas Catalog.

The Museum of Modern Art, 11256, 5300 Lenox Hill Station, New York, N.Y. 10021

I enclose 25 cents for the 1975 Christmas Catalog.

Name
Address

RESCUE CARPETS FROM PETS ACCIDENTS

This is the complete set of scientific, specially- made sprays. Sanitized effective & safe - that removes stains & odors from carpeting, upholstery, kennel areas, litter boxes. Must work safely & completely or your money back. Spray "A" permanently removes stains and spray "B" destroys all odors from carpeting, upholstery, kennel areas, litter boxes. Must work safely & completely or your money back. (Kits exclusively of Spray "A" or "B" avail). Send $1.50 for one kit (Add $1.00 postage & handling). American Century Enterprises, HGIO, 555 Mission St., San Francisco, CA 94105.

HANGING PLANT BASKETS
Create a hanging garden in your home with these exciting handwoven rattan plant baskets. The oversize wicker chains are perfect for climbing vines. Give all your indoor plants a place by the window. Dress up your terrace too. The natural wicker color always makes plants look their best. THREE FOR $9.95

We Print Anything
CUSTOM PRINTED SHIRTS

...your favorite hobby, or what

Your slogan, or well print it! Any slogan for your team . . . candidate . . . club . . .

Direct screen printing on shirts or sweats. Size S, M, L, XL. Specify size and color. Add $2.00 extra for printing on both sides. Prompt Shipment.

Write for FREE catalog of gifts.

Holiday Gifts
Dept 310-B, Wheat Ridge, Colorado 80033

We Print
Anything

MANUFACTURER-DIRECT
TO-YOU-DISCOUNT
We manufacture the world's largest selection of draperies, bedspreads and curtains. Ready-made and Custom-made. Buy direct and save 33 1/3%. Send for your FREE Ronnie Drapery Book today.

RONNIE DRAPERY CORP. Dept XL-20 145 Broad Avenue, Fairview, N.J. 07022

33 1/3% drapery discount

Manufacturers-Direct

pet stains?

CARPETS RUINED BY PET STAINS?
NO LONGER! Two chemical miracles PERMANENTLY REMOVE pet stains OR odors from carpets safely . . . for pennies compared to carpet re- replacement. ORDER: (21. URINE OUT . . . removes even years old con- ditioned pet stains ONLY $5.95). On 2nd order, only $4.95. Add $1.00 for handling. Satisfaction or money back. SHIPPED BY AIR.

CLEANCRAFT, Dept K 127 Church St. Peru, Ill. 61354

50037 — 8" 50386 — 8" 75036 — 8" 75037 — 8"
Fringed Curtains

... Country Style!

Curtains like these adorned windows in the homes of our Colonial ancestors generations ago. Made of natural unbleached or snowy white cotton MUSLIN, they're trimmed with 2" knotted fringe and are EXTRA WIDE... 78" to the pair.

VERSATILE—hang as Tier-on-Tier. Tier and Valance or use two pairs Cottage Style (as illustrated) or one pair full length tied back. Two matching tieback pieces included with every pair 45" and up.

ENDLESS DECORATING POSSIBILITIES. ADD YOUR OWN COLOR—just lace inexpensive colored bias tape through fringe knots.

Avoid delay: Order Style • SKU REV. Specify White or Natural.

24" $8.50 30" $8.50 36" $5.75 45" $10.50 54" $10.50

Matching Valance 11" x 68" $3.00

Extra Tiebacks $1.00 pr.

$1.75 for PSTC. S: HDLC.

FROM FACTORY TO YOU—
THE VIKING CHAIR

Height — 31"
Seat 18" x 15"
Height of Seat 17 1/2"

Native Hardwood
Curved Backrest
Fibre Rush Seat—Woven by Hand

Sanded Ready-to-Finish $15.95
Black, Maple, Walnut, Pine $18.95

Matching Arm Chair—Add $3.00 to above.

Send Check or Money Order For Chairs Express Collect Catalog 50c

LIBERTY BRAIDED RUG

Colonial design reminiscent of early American homes. Imported nylon in gold, green, rust, red, brown, blue. 3x5, $19.95; 4x6, $29.95; 6x9, $54.95; 9x12, $109.95; 12 ft. runner, $29.95. Ppd.

Color catalogue including Oriental, Navajo rugs, $1. Peerless Imported Rugs, DE-105, 3028 No. Lincoln Ave., Chicago IL 60657.

SIGN OF THE TIMES

Amusing Americana note for your house, inside or out. Picturesque plaque of Fife & Drum Inn is personalized with your name as Innkeeper. Design hand-screened on pine in lively colors with antique red ground. Measures 12" by 18". $18.95 p.p.d. The Stage Stop, HGIO, 442 Great Road, Acton, MA 01720.

FAMOUS AMERICAN LADIES

A trio of timely additions to make for your doll collection. Betsy Ross, Dolly Madison and Martha Washington emerge from doll kits with delicately-glazed bisque china character head, arms, feet. Patterns for body, bonnet and basic clothing included. Dolls measure 17¼".


CALICO WREATH KIT

Unique 21" wreath to machine sew—adds the warmth of calico and patchwork to your home. Kit is complete—including 41 fabric squares in carefully selected designs, polyester filling and needle. By metre, your friends won't believe you made it yourself. Only $15.95 until July 31.

Finished 21" $40.00; 16" $24.00

CHEESE...

A CONNOISSEUR'S GIFT

This gift box presents an assortment of the best cheeses available. Great care has gone into the selection and handling of all these cheeses to guarantee that they will achieve the peak of perfection on their arrival. A gift for discriminating tastes.

Enclose check for $12.95, along with mailing instructions (gift card available). Send for free catalogue.

DANNY'S CHEESE SHOP

2176 1776 MISS LIBERTY BELLE

LIBERTY BRAIDED RUG

Colonial design reminiscent of early American homes. Imported nylon in gold, green, rust, red, brown, blue. 3x5, $19.95; 4x6, $29.95; 6x9, $54.95; 9x12, $109.95; 12 ft. runner, $29.95. Ppd.

Color catalogue including Oriental, Navajo rugs, $1. Peerless Imported Rugs, DE-105, 3028 No. Lincoln Ave., Chicago IL 60657.

SIGN OF THE TIMES

Amusing Americana note for your house, inside or out. Picturesque plaque of Fife & Drum Inn is personalized with your name as Innkeeper. Design hand-screened on pine in lively colors with antique red ground. Measures 12" by 18". $18.95 p.p.d. The Stage Stop, HGIO, 442 Great Road, Acton, MA 01720.
MITHSONIAN STITCHERY

If you're looking to preserve the beauty of the Smithsonian Building in a unique way, consider our "Castle on the Mall" or "Smithsonian Building" stitchery kit. This kit is designed for 16" square picture frames and includes natural linen stamped design, needlepoint thread, and embroidery thread. The kit comes with a 32-page gift guide for birdwatchers, including the Rhode Island Birdfeeder, a streamlined cylinder of transparent shadow-gray acrylic. This birdfeeder is sure to attract your feathered friends and is available in 3 sizes: 13", 19", and 24", priced at $13, 17, and 21, respectively, plus $1.00 post. For more information, contact the Smithsonian Institution, Dept. 199-HGl, Washington, DC 20560.

RD NEWS

Birds of a feather flock together! The Rhode Island Birdfeeder is designed to attract a variety of birds and is sure to make a statement in your home. Made from transparent shadow-gray acrylic, it's available in three sizes: 13" for $13, 19" for $17, and 24" for $21, plus $1.00 post. For more information, contact Matrix Inc., HGIO, 33 Metacomet Ave., E. Providence, Rl 02916.

CENTENNIAL BELT

Celebrate the bicentennial with our commemorative double eagle insignia and 13 stars hand-cast solid brass buckle with fine steerhide belt. The belt is available in black or brown and is endorsed by the U.S. Bicentennial Society. Sizes range from 28-46 and are boxed in an authentic pine replica of an old-time seaman's chest. The price is $50 plus $1.50 post. For more information, contact George Frost Co., Shirley, MA 01464.

COLONIAL COMFORT

This handcrafted 1776 Bicentennial rocker is a treasure to be cherished. It's made of select hardwoods and features an antique green finish with multi-color linen fabric. It's available in various finishes and fabrics. Prices range from $178.95 to $1299.95, depending on the finish and fabric. For more information, contact Martha M. House, HG10, 1022 Decatur St., Montgomery, AL 36104.

84" CHIPPENDALE SOFA

We don't believe that Mr. Chippendale could have topped the superb craftsmanship that went into this sofa. After you thumb through our catalogue and see the details on construction, you'll agree. The Chippendale can be upholstered in various grades and types of fine fabrics—stripes, solids, prints, cut antique, crushed and plain velvets, etc. You specify the type fabric and colors desired.

$448.00 as shown in luxurious damask
$484.00 in your fabric—send 14 yds. 54"
No C.O.D. Express charges collect; satisfaction guaranteed.

PAPILLON

Handcrafted from solid walnut, white maple, and select red cherry. Rubbed oil finish. Workmanship guaranteed 5 years.

Rectangular " x 10" x 1 1/2"
Round 10" diameter x 1"
With handle 17" x 5 1/4" x 7/8"
$17.76 $2.00 shipping

BIRD FEEDER

Created from thick slabs of burl, this solid 9 1/4" high feeder will serve your feathered friends for years to come. Handcrafted by Appalachian folk artists, it's a perfect gift for birdwatchers. The price is $60.41—12.95 (add $1 post. & Mkt).

Creative Caning

Kits of Pre-Woven Cane

Save money—do it yourself—with natural cane for grooved chair seats, screens, stereo speakers, door panels, lamps, shades, room dividers, decorative canes, and more. Kits include easy instructions and necessary materials. Contact Abbey Gifts for more information.

T. I. E., g
P.O. Box 1121
San Mateo, Calif. 94403

Please turn page for more shopping around for great American naturals.
Remodeling? "COUNTRY CHARM" Appliances
WILL GIVE YOUR Early American Kitchen
Convenience and Authenticity

AUTOMATIC ELECTRIC RANGE...authentic CAST IRON reproduction from original patterns. Combined with the Early American charm of this handsome antique are the convenience of fully automatic oven and burner controls, and an easy-care porcelain top. Coffee mill uniquely houses clock, oven timer and minute minder. Fits modern range space. Prices start at $555.00, plus freight charges.

CAST IRON WALL OVEN...front is CAST IRON with handsome scroll design. The 18" oven is fully insulated and porcelain lined. Hearth door conceals all controls, clock and timer. Available in right or left hand door models. Prices begin at $325.00, plus freight charges.

CLASSICS OF 1776

Wooden Owl
Owl on a stump is carved by hand from native buckeye. The wood is left with its light natural finish for your enjoyment. It stands about 6" high. $10.00 postpaid.

Wicker Wonderland
Rattan Headboards
Gracefully arched, hand-woven of natural rattan in a contemporary cane pattern.

CLASSIC CHIPPENDALE

Authentic copy of the 18th century masterpiece. Generously proportioned sofa has gracefully curved back, roll over arms, spring down cushions. Walnut, mahogany or dark fruitwood finish. 35"h., 88"l., 34"d. Upholstered in Masterpiece leather, $879.95; Peerless leather, $849.95; Vinyl, $599.95 exp. coll. New catalogue, 50c. Bryan Robeson, HG-144, Rt. 10, Box 793, Hickory, NC 28601.

CLASSICS OF 1776

WICKER WONDERLAND

FRAN’S BASKET HOUSE

FRAN’S BASKET HOUSE

CLASSIC CHIPPENDALE

Authentic copy of the 18th century masterpiece. Generously proportioned sofa has gracefully curved back, roll over arms, spring down cushions. Walnut, mahogany or dark fruitwood finish. 35"h., 88"l., 34"d. Upholstered in Masterpiece leather, $879.95; Peerless leather, $849.95; Vinyl, $599.95 exp. coll. New catalogue, 50c. Bryan Robeson, HG-144, Rt. 10, Box 793, Hickory, NC 28601.

WESTERN CALFSKIN PRODUCTS

55 Larkspur St. • San Rafael, CA 94901

CLASSICS OF 1776

The FIFE & DRUM
Dept. H6, Valley Forge, Pa. 19481
**Lounge Chair and Ottoman**

Real comfort, traditional styling, finest construction and top grain leather make this THE chair for the man of the house. (A family favorite as well.) H 33 W 33 D 37 Price: $379.95

Details and price of matching Ottoman in catalog.

**18th Century Arm Chair**

Add this enticing chair to your home. The solid mahogany arms and legs are gracefully curved and carved with the shell and C scroll. A chair for a connoisseur! H 57 W 26 D 29. Finish: Mahogany. Price: In your fabric ... $152.95

In our fabric .... $209.95

**100 PAGE CATALOG OF "TIMELESS FURNITURE MADE ONLY BY FORSLUND'S"**

FREE with your $2.00 order. Only $2.00 for a complete listing of Timeless Furniture made by Forslunds. 122 E Fulton Grand Rapids, Mich. 49502. Timeless Furniture made by Forslunds.

**Colonial Candle Stand**

Kit $18.95

Add $2.00 for postage and handling.

Details and price of matching Colonial Candle Stand in catalog.

**BETSY ROSS**

MUSICAL STATUETTE

Plays "GOD BLESS AMERICA"

Exquisitely sculpted 7 inch figure of Betsy Ross seated in a great moment of history. Delicately hand-painted in soft muted colors. Captured in her famous pose. Betsy Ross creates first American flag as she slowly revolves. "God Bless America" is played on the imported music box. A tribute to America's 200th birthday. $7.95 + $1.00 postage. H 22, W 13, D 3. Send check or money order.

Free Catalog on request.

**SEND $2.00 FOR**

**PRETTY REFRESHERS**

Lavishly embroidered eyelet bedroom ensemble on carefree no-iron polyester/aviar. Spread, $20; 72", 81", 90" L. $25; vanity skirt, $29; twin, $35; double, $40; canopy, twin, $27;
double, $29; curtains, 86" w. 45", 54", 63" L. $20; 72", 81", 90" L. $25; vanity skirt, $29;

**BETSY ROSS MUSICAL STATUETTE**

Plays "GOD BLESS AMERICA"

Exquisitely sculptured 7 inch figure of Betsy Ross seated in a great moment of history. Delicately hand-painted in soft muted colors. Captured in her famous pose. Betsy Ross creates first American flag as she slowly revolves. "God Bless America" is played on the imported music box. A tribute to America's 200th birthday. $7.95 + $1.00 postage. H 22, W 13, D 3. Send check or money order.

Free Catalog on request.

**MR. D'S INC.**

6128 Broadway, Dept. 263
Box 8167, Merrillville, Ind. 46410

**HI-LO Table**

Perfect for coffee game or dining table!

Height can vary from 18" to 30", 40" in diameter. The distinctive top is made of real Parquet, each piece put in by hand. Made of solid antiqued Oak. Price: $210.50

**Shippers charging collect. No C.O.D. Send 50c for catalogue**

**THE RHODE ISLAND BIRDFEEDER**

Both decorative and functional - a perfect gift!

Hang singularly or in groupings

Impact and weather resistant in soft transparent, shadow-grey acrylic arrives ready to hang for years of birdwatching

Matrix Incorporated
33 Metacom Avenue
E. Providence, R. I. 02916

Please add $1 for postage and handling of your 12"x12" birdfeeder kit

**BETSY ROSS MUSICAL STATUETTE**

Plays "GOD BLESS AMERICA"

Exquisitely sculptured 7 inch figure of Betsy Ross seated in a great moment of history. Delicately hand-painted in soft muted colors. Captured in her famous pose. Betsy Ross creates first American flag as she slowly revolves. "God Bless America" is played on the imported music box. A tribute to America's 200th birthday. $7.95 + $1.00 postage. H 22, W 13, D 3. Send check or money order.

Free Catalog on request.

**MR. D'S INC.**

6128 Broadway, Dept. 263
Box 8167, Merrillville, Ind. 46410

**HI-LO Table**

Perfect for coffee game or dining table!

Height can vary from 18" to 30", 40" in diameter. The distinctive top is made of real Parquet, each piece put in by hand. Made of solid antiqued Oak. Price: $210.50

**Shippers charging collect. No C.O.D. Send 50c for catalogue**

**THE RHODE ISLAND BIRDFEEDER**

Both decorative and functional - a perfect gift!

Hang singularly or in groupings

Impact and weather resistant in soft transparent, shadow-grey acrylic arrives ready to hang for years of birdwatching

Matrix Incorporated
33 Metacom Avenue
E. Providence, R. I. 02916

Please add $1 for postage and handling of your 12"x12" birdfeeder kit

**BETSY ROSS MUSICAL STATUETTE**

Plays "GOD BLESS AMERICA"

Exquisitely sculptured 7 inch figure of Betsy Ross seated in a great moment of history. Delicately hand-painted in soft muted colors. Captured in her famous pose. Betsy Ross creates first American flag as she slowly revolves. "God Bless America" is played on the imported music box. A tribute to America's 200th birthday. $7.95 + $1.00 postage. H 22, W 13, D 3. Send check or money order.

Free Catalog on request.

**MR. D'S INC.**

6128 Broadway, Dept. 263
Box 8167, Merrillville, Ind. 46410

**HI-LO Table**

Perfect for coffee game or dining table!

Height can vary from 18" to 30", 40" in diameter. The distinctive top is made of real Parquet, each piece put in by hand. Made of solid antiqued Oak. Price: $210.50

**Shippers charging collect. No C.O.D. Send 50c for catalogue**

**THE RHODE ISLAND BIRDFEEDER**

Both decorative and functional - a perfect gift!

Hang singularly or in groupings

Impact and weather resistant in soft transparent, shadow-grey acrylic arrives ready to hang for years of birdwatching

Matrix Incorporated
33 Metacom Avenue
E. Providence, R. I. 02916

Please add $1 for postage and handling of your 12"x12" birdfeeder kit

**BETSY ROSS MUSICAL STATUETTE**

Plays "GOD BLESS AMERICA"

Exquisitely sculptured 7 inch figure of Betsy Ross seated in a great moment of history. Delicately hand-painted in soft muted colors. Captured in her famous pose. Betsy Ross creates first American flag as she slowly revolves. "God Bless America" is played on the imported music box. A tribute to America's 200th birthday. $7.95 + $1.00 postage. H 22, W 13, D 3. Send check or money order.

Free Catalog on request.

**MR. D'S INC.**

6128 Broadway, Dept. 263
Box 8167, Merrillville, Ind. 46410

**HI-LO Table**

Perfect for coffee game or dining table!

Height can vary from 18" to 30", 40" in diameter. The distinctive top is made of real Parquet, each piece put in by hand. Made of solid antiqued Oak. Price: $210.50

**Shippers charging collect. No C.O.D. Send 50c for catalogue**

**THE RHODE ISLAND BIRDFEEDER**

Both decorative and functional - a perfect gift!

Hang singularly or in groupings

Impact and weather resistant in soft transparent, shadow-grey acrylic arrives ready to hang for years of birdwatching

Matrix Incorporated
33 Metacom Avenue
E. Providence, R. I. 02916

Please add $1 for postage and handling of your 12"x12" birdfeeder kit

**BETSY ROSS MUSICAL STATUETTE**

Plays "GOD BLESS AMERICA"

Exquisitely sculptured 7 inch figure of Betsy Ross seated in a great moment of history. Delicately hand-painted in soft muted colors. Captured in her famous pose. Betsy Ross creates first American flag as she slowly revolves. "God Bless America" is played on the imported music box. A tribute to America's 200th birthday. $7.95 + $1.00 postage. H 22, W 13, D 3. Send check or money order.

Free Catalog on request.

**MR. D'S INC.**

6128 Broadway, Dept. 263
Box 8167, Merrillville, Ind. 46410

**HI-LO Table**

Perfect for coffee game or dining table!

Height can vary from 18" to 30", 40" in diameter. The distinctive top is made of real Parquet, each piece put in by hand. Made of solid antiqued Oak. Price: $210.50

**Shippers charging collect. No C.O.D. Send 50c for catalogue**

**THE RHODE ISLAND BIRDFEEDER**

Both decorative and functional - a perfect gift!

Hang singularly or in groupings

Impact and weather resistant in soft transparent, shadow-grey acrylic arrives ready to hang for years of birdwatching

Matrix Incorporated
33 Metacom Avenue
E. Providence, R. I. 02916

Please add $1 for postage and handling of your 12"x12" birdfeeder kit

**BETSY ROSS MUSICAL STATUETTE**

Plays "GOD BLESS AMERICA"

Exquisitely sculptured 7 inch figure of Betsy Ross seated in a great moment of history. Delicately hand-painted in soft muted colors. Captured in her famous pose. Betsy Ross creates first American flag as she slowly revolves. "God Bless America" is played on the imported music box. A tribute to America's 200th birthday. $7.95 + $1.00 postage. H 22, W 13, D 3. Send check or money order.

Free Catalog on request.
DIORAMA TOWEL HOLDER

Capture a moment of days gone by. This finely detailed shadow box shares a moment of life on the American frontier. Crafted of fine walnut stained hardwood and complete with corn husk doll is a useful and decorative kitchen accessory... $8.99 each plus 95c post. & hand.

CAROL ANN GIFTS
P.O. Box 21076
Philadelphia, PA 19154

CUSTOMIZED SCRIMSHAW JEWELRY

for the PET FANCIER
An Ideal Christmas Gift
Brooch b/w $21.00
Belt Buckle b/w $31.00

We can customize our standard scrimshaw jewelry line (140 items) with the head of your favorite pet scrimshawed on ivory.

We have a line of Pewter Jewelry

We are the only national mail order company carrying a full line of standard and customized scrimshaw.

Send check or money order to:
Mattamass Products
P.O. Box 1, 1-188 Dept. HG
Northport, New York 11768

DECORATIVE HARDWOOD KITCHEN TOOL SET

Exquisite 7-PIECE SET is superbly wrought of real hardwood. An eye-enchanting addition to any decor! Set includes 12½” wall rack, 14” rolling pin, 11” mincer, 9½” and 12” spoons, and 11” masher. A charming, home-warming decor accent.

Buy one for yourself—and several for gifts. Specially priced at only $5.95 + 50c postage. 24 page gift catalog included free upon request.

CHRISTIAN PRODUCTS CO.
P.O. Box 96, Dept. 7
Warner Robins, Ga. 31093

THE ULTIMATE TRIBUTE TO THE BICENTENNIAL!

What could be more fitting than this exact working replica of the “Liberty Bell”, cast in handsome antique finish metal 2½” h., and supported in a unique “Ring-it” stand of genuine ¼” thk. Walnut plywood 6½” x 6”. handmade and handpolished. Includes a top quality florentine gold finish pen and holder. Engraved brass plate reads “1976 Bicentennial” Unusual gift for home or office. Send $17.76 ppd.

ANNIDA DESIGNS
3063 Cedar St.
Philadelphia, Pennsylvania 19134

NATURAL SEAGRASS

Splurge on baskets, American favorites for storage, serving or pure decoration. Nested ovals, all with covers. Sizes 4½” by 3½” by 2½” h. to 7½” by 5½” by 3½” h. Set of five, $9.95: three sets, $24.95. Ppd. Catalogue of baskets, shells, window shades, other naturals. 25¢.

Baskets, etc., HG10, Box 19982, Atlanta, GA 30318.

LEATHER WING

Ultimate in comfort. The classic Chippendale chair in finest quality top grain leather. Black, red, brown, olive, tortoise and gold (swatches available) with brass nail trim. Mahogany or fruitwood finish. Deep hand tufting. 33”w. by 35”d. by 41”h. $399.95. Catalogue, $1. Jonas Fields, GE105, Box 52526, Atlanta, GA 30305.

PROUD SYMBOL

Here's a beautiful way to declare your American patriotism. Wear the famous regal eagle as a pin, 3½” l. by 2” w., or as a pendant suspended from a 24” chain. 24 kt. gold or silver electroplate. Truly a jewelry accent to enhance any costume. $5.90 ppd. 1776 Bicentennial Eagle Co., HG10, Box 1698, Santa Monica, CA 90406.

Presidents Clock

The magnificent but homely Logan pewter plate with genuine U.S. mint commemor. 16 ¼” dia. Gold Enamel. An Edwardian dollar at Kennedy half dollar; 5 Roosevelt dimes; and 3 Washington quarters are prettily mounted into the horizontal walnut face, then encased with three Pyrex domes and set off by a handsome limted-edition solid walnut frame that honours silver dollars. 20” square. Displayed free on facing cover.

GIFTIQUE ENTERPRISES
Box 2272, G-10, Rockville, Md. 20852

SHOPPING AROUND FOR GREAT AMERICAN NATURALS

HORSE & GARDEN
CHOICE SHELL KIT
Chambered nautilus to needlepoint pillow kit. Quick bargello-type stitch requires no blocking. Imported sheeps wool in a simple, interesting textured 10" x 10" by 11" needlepoint pillow kit. $12.95 plus $1 post. The Krick Kit Co., HGIO, 31 Brentwood, St. Louis, MO 63105.

NATURAL POINT
The look and feel of undyed sheep's wool in a simple, interesting textured 10" x 10" needlepoint pillow kit. Quick bargello-type stitch requires no blocking. Imported sheeps wool in a simple, interesting textured 10" x 10" needlepoint pillow kit. $12.95 plus $1 post. The Krick Kit Co., HGIO, 31 Brentwood, St. Louis, MO 63105.

SHAKER KIT
Assemble your own authentic copy of an early American table with request form for free sample. 50 colorful idea-packed pages of fully-finished. ALL POSTPAID. MONEY-SAVING KITS

ELEGANCE
Charm and comfort in a gracious Chippendale love seat, 55". Choice of fine fabrics, prints, stripes, solids; velvets. Quilted print, shown, $319; your fabric (8 yds. 54") $295. Exp. coll. Send $2 for catalogue with request form for free swatches. Hunt Galleries, 1900 York, Pa. 17402.

ORGANIZE YOUR MAGAZINES!
Organize all your magazines in our practical Magazine Racks, unique designs in solid pine from our New Hampshire Workshop. At home, in your office or reception room, you'll store magazines neatly, flat, wrinkle-free and always easy to pick out one-by-one. FULLY-FINISHED. Exclusive YH Furniture & Furniture Kits, Co-ordinating Accessories & Fine Gifts

QUAKER CURTAINS
For Authentic Colonial Decor

CLASSIC CHIPPENDALE

WHITE AND EGG SHELL

TAILORED 44" WIDE

TAILORED 44" WIDE

FOR AUTHENTIC COLONIAL

COLONIAL AND DOCUMENTARY

EARLY AMERICAN CUPBOARD

Display your treasured antiques in this beautiful solid pine wall cupboard. Antique pine finish with porcelain knobs and authentic leaded glass in door. Meas. 31" L, 17 1/2" W, & 65" D. $44.95 + $2 hdg. Sorry no COD's. PA Res. + 6% sales tax.

Druck Valley Furniture Co.
3466 Druck Valley Rd.
York, Pa. 17402

YIELD HOUSE

Quality Pine Furniture By Mail for over 30 years

Dept. G50A, Box 1000, North Conway, N.H. 03860

PA Res. -t- 6% sales tax.

RACK KIT

THE BICENTENNIAL EAGLE 1776

This original exclusive bicentennial medallion eagle comes on a 23" chain or as a pin. The eagle is 3 1/2" L x 2" W. Available in beautiful 24K gold or silver electroplate. Also available: Men's belt buckle $11.00 post. Please specify style and finish. Send $5.50 ck or m.o. (ppd.) to:

1776 BICENTENNIAL EAGLE CO
P.O. Box 1698, Santa Monica, CA 90406

For the finest in traditional wallpapers, look to Old Stone Mill. Many of our papers are true reproductions of original prints found in America's museums and oldest homes. Available in old and contemporary colorings. Numerous co-ordinated fabrics. Our sample books, featuring both handprints and less expensive machine prints, are on display at all better wallpaper stores.

Send 25¢ for color leaflet.

Old Stone Mill Corp.
HAND PAINTED FAMILY COAT OF ARMS
Individually Researched and Documented


Order #CA250  $9.95 plus $1.00 pp.

Above Available In Large 14" x 11" Wall Shield. Order #CA255  $19.95 plus $1.00 pp.

HAND PAINTED REPORT
Coat of Arms 8" x 10" full color. Description, Reference Sources. Definition of Heraldry. Send name & country of origin. Order #CA239.

Presentation Mat Framed 14" x 11" Only $4.95 plus 50c pp.

BONUS WITH EVERY ORDER! FAMILY TREE HISTORY CHART
Ready to fill in 4 generations of ancestors, as well as children and grandchildren. Yours as a bonus if you act now! No risk offer! Full refund if your name & coat of arms Is not in the records. Or if you are not completely satisfied.

No genealogical representations are intended or implied. SATISFACTION GUARANTEED OR MONEY BACK! Send check or money order to:

EADLYN'S INC.
Dept. HG10, 2077 N.Y. Ave., Huntington Station, L.I., N.Y. 11746

NUTS TO SMOKING
Snuff out cigarettes in decorative nuts of brass or stainless steel. Halts irritating smoke and odor from butts smoldering in ashtrays. Use at home, office, or as unique and useful gifts. Set of 4 in handy "poke bag." Brass, $5.95; Stainless Steel, $3.95. Add 50c post; hdlg. Ashtray not included.

J. PAUL GALLERIES, Dept. 10
Box 31, Oakwood, GA 30566

POWER PLUG TV ANTENNA
Power Plug TV Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Use as you wish. For AM/FM, UHF/VHF, Black & White or Color sets. POWER PLUG TV ANTENNA $7.98 + 45c Mailing Each California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-105
555 Mission, San Francisco, Calif. 94105

ELIMINATES RABBIT EARS
Secret Power Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Use as you wish. For AM/FM, UHF/VHF, Black & White or Color sets.

POWER PLUG TV ANTENNA $7.98 + 45c Mailing Each California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-105
555 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

PENSIVE FROG
Needlepoint design to do in froggy green on 12" sq. cotton canvas with Persian Wool. $6.95 with design, wool, needle and instructions. Add 50c post. Wood frame: oak or white finish, $2.50. Purple hippo, pink elephant, others. Victoria Gifts, 12H Winter St., Bryn Mawr, PA 19010.

SH-H-H PEACE
Silence is golden, but these days we get precious little of it. Soft, memie slippers slip into the ears, have an easy-to-grasp flange. Slip them in every night for refreshing sleep. $2.29 a pair. Olde English hand lettering. Send name & country of origin. Order #CA256.

SANDAL DAZZLER
Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver, pink, blue, yellow, green pastels (specify alternate colors). N ½-12; M 4-12; W 5-12. (No half sizes over 10.) $11.99 plus 90c post. Morgan's Cove, HG10, 28 W. Prospect, East Brunswick, NJ 08816.

NON-SKID TUB MAT
Suction cups on the base insure that the rubber tub mat stays put when placed on the bottom of a bathtub. A boon to children and a must for the elderly. 18" by 36" in white only. $6.98 plus $1.39 postage. Write to House of Minnel, Dept. 5105E, Batavia, IL 60510.

COZY AND CUTE
What big eyes you have on that big raccoon-appliqued pocket. A wrap skirt by Crabtree of Virginia that's all wool and long on style. Yours in camel with brown or gray with black. P, S and M (for 6 to 16). $38 plus $1.75 post. Carroll Reed, HG10, North Conway, NH 03860.

APOTHECARY JAR LAMP
Selected hardwood, ready to finish. 24" tall, wired with 3-way switch, 8' cord. Shade: white or beige shantung; oyster or natural burlap. $17.50 plus 2$ post. W. of Rockies $2.75 post. Free brochure. Baxwood Crafters PHG-510, P.O. Box 7012, Lexington, KY 40505.

STERLING SERVICE
Active, inactive and obsolete sterling silver flatware services. Send photo, drawing or tracing and name of manufacturer, if known, with list of desired pieces. You can sell old flatware, too. Walter Drake National Silver Exchange, HG31, Drake Bldg., Colorado Springs, CO 80904.
SHOPPING AROUND

ANGEL IN BURLAP

DREAM HOUSE

SLEEP AND EATS GOLF?
Framed and ready to hang, a tasteful joke for the serious golf-er. If he doesn't put it up, his "widow" will. 6¼" by 5¼" with lettuce green backing, replica golf ball. $3.49 plus 50c post. Order #132. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

SILVER MOON
A light, bright bit of glow in stel-ling to be sure. Mr. Moon is 1½" and dangles quite naturally on a sterling silver chain 18" long. Super smart with her long line sweaters, his ribbed turtlenecks. $28.00. Tal Creations Ltd., HG10, Box 1028, FDR Sta. New York, NY 10022.

U.S. STAMP OFFERS

CUT FUEL BILLS
Electrically powered "Heathr" increases heat output of your place by 500%. Easy to install. Tools required. Adjusts to fit all places. Constructed of high-peated stainless steel for life of carefree operation. Ther-matically controlled—turns on/off automatically. Over 20,000 U. Output. With normal fire, by heats and size living area guaranteed and at $59.95 will for itself many times over.

for free pamphlet write:
Thermallie Corporation
Dept. N, P.O. Box 69
Manover, Mass. 02339

SHORING AROUND

The way to select ORIENTAL RUGS

is to examine them in your own home
Rare antique, inexpensive antique, semi-antique, and new rugs in antique designs. Each moderately priced.

SEND FOR DESCRIPTIVE LISTS and COLOR PHOTOGRAPHS
Our catalogue gives you with approval the very best. Money back guarantee. 

ORNAMENTAL BOXES

ORNAMENTAL BOXES

11789 W. Pico Blvd., Los Angeles, CA 90064

H. L. Hubbell Introduces...
The new lite-line of Furniture that grows
Plants live and grow naturally in a contemporary setting.

More no need for artificial plants and flowers. Now the sun shines at the flip of a switch. That's right...not just fine quality furniture, but add to that Sylvania Gro-Lux Lighting mounted on the reflective under-surface of each shelf... and you have proper light for normal plant growth.

Dull corners come alive... dark rooms burst with new life... and with our modular design you can grow from a small table to a multi-shelf unit. Each piece is quality wood construction with water and stain resistant surface.

A showplace for nature's beauty... and all backed by a half-century of reputable furniture production with the H. L. Hubbell name.

WRITE FOR YOUR FREE COLOR BROCHURE TODAY
H. L. Hubbell, Inc.
Dept. HF1075, Zeeland, Michigan 49464

TOBER, 1975

199
REVERSIBLE
"SHERLOCK
HOLMES"
CAPE
with detachable
capelet
’RAIN OR SHINE’

Luxurious gabardine water re-
pellent reversible coordinated
plaid. Midi length. Tailored col-
lar and placquet.
Colors: KHAKI with matching
reversible plaid. BLACK with
matching reversible plaid.
Small (5-9) Med. (10-13)
Large (14-18).
$75.00
postpaid.

POSTIQUE,
Dept. HG105
216 W. 89th Street
New York, N.Y. 10024

Handcrafted Sterling Silver Noose Bracelet & Ring Set
Bracelet-$12.00, Men’s-$14.00
Ring size 3-7-$6.00, size 8 & up-$7.00
(state size)

14K Gold Bracelet-$150.00
Men’s-$160.00
(Price may fluctuate slightly)

Send check or
money order to
Peter Wittman Handcrafted Jewelry
25 Central St.
Wellesley, Mass. 02181

Free Brochure Available on Request

MEN AND WOMEN’S MONEY HOLDERS
Bosom Money Cache snaps onto the bra or slip straps. Holds folding
money or other valuables. Plastic lined with a fold-over flap. Wash-
able. Also Men or Women’s Adjustable Money Belt with zippered
compartments.

Bosom Money Holder .................. $2.98 + 20¢ Mailing
Men or Women’s Money belt ....... $5.98 + 30¢ Mailing
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-105
556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

COLONIAL MINIS
Authentically made with dowels
and an antiqued walnut patina.
Sure to appeal to collectors. Set
includes rocker, high-back chair,
parson’s bench, trestle table.
1½” by 2½” to 2” by 4” $3.99
plus 75¢ post. Greenland Studios,
9905 Greenland Blvd., Miami, FL
33059.

PURSE VANITY
It’s just a tiny 5” by 3” by 1”,
yet it holds cosmetics, keys,
change and more. Top is fitted
with mirror, framed, snapped in
golden metal. Genuine suede,
two golden initials, assorted col-
ors. $5.98; two, $10.98. Ppd.
Ferry House, Dept. GV10, Briar-
cliff Manor, NY 10510.

WAIST TRIMMER
Waist slimming rubberized fab-
ric belt can be worn at work or
play to melt away pounds and
inches. Lightweight and comfort-
able for men and women. Spec-
ify waist measurement. $8.95
plus 50¢ post. S & S Enterprises,
HG3, 9631 Zion Circle, Hunting-
ton Beach, CA 90246.

SPORTS IN THE SUN
Adjustable green plastic visor
permits sports enthusiasts who
must wear glasses to see every-
thing clearly no matter how
bright the sun. Visor eliminates
glare and is easy on the eyes.
$2.98 plus 25¢ post. Anthony
Enterprises, HGIO, 556 Mission
St., San Francisco, CA 94105.

THE PENNY-LO
Good looks and good comfort in
modern moccasins of fine, soft
kidskin with rope-covered ½”
edge heels, crepe soles. Navy,
brown or black. Sizes 5½” to 10,
N and M width. $22 plus $1.50
post. New color catalogue free
on request. The Talbots, Dept.
JQ, Hingham, MA 02043.

A TIGER BY THE FOOT!
Hilarious slipper socks bring out
the tiger in even the meekest
lamb. Stretch-to-fit socks in or-
ga and black orlon, complete
with white felt claw designs!
Genuine leather heels and soles.
$3.98 plus 35¢ post. Holiday
Gifts, Dept. 310-H, Wheat Ridge,
CO 80033.

GOLDEN MONOGRAM
English script monogram pin
with 2 last name initial, 1¼”
first and middle is absolutely
smashing with ensembles or on
fabric handbag. Underline last
Initial in order. 24 k gold plated
finish, $6 plus 50¢ post. Decor
Gaiore, HGIO, 140 Monument
Ave., Barrington, IL 60010.
SHOPPING AROUND

COUNTRY STYLE
Branch-block tables for small
families or lots of company. 48" y 30" $159; 60" by 30"
177.25; 60" by 36" $193.50;
2" by 36" $213. Exp. coll. Uso  available in custom sizes.
Catalogue, 50c. Butcher Block
More, HG10, 1600 So. Clinton,
Chicago, IL 60616.

CAVALRY SABER
The "Old Wristbreaker" saber
used by both armies during
the Civil War is handsomely
reproduced complete with black
leather scabbard. Steel saber is
39" long; $19.50 ppd. Brochure
50c. Color catalogue $2. The
Muller Co., HG10, Dogwood
Hollow, Miller Place, NY 11764.

RUST EATER
Brush-on miracle stuff that actu-
ally "eats" rotting rust changing
it to a solid new coating. One-step
application. Brush incl. For cars,
table furniture, boats, fences. 8-
z. bottle for 30 sq. ft. $3.98 ppd.
Write to World Garden Products,
Ltd., HG10, East Norwalk, CT
06855.

SHINING WINDOWS
Foam washing pad and rubber
drying squeegee plus a rustproof
zinc plated steel arm that locks
in three positions, are a boon to
home window washers. Arm ex-
tends from 24" to 36" for picture
window coverage. $3.39 ppd.
Mikes Kimball, 100 Bond St.,
Oshkosh, W1 54901.

FAT OR LEAN?
Serve sauces two ways at once:
unique boat can tilt to one side
for fat-free sauce, to the other
for mix of fat with lean. Of white
porcelain; made in France by
Pillivuyt. $4.75 plus 50c post.
The Amateur Gourmet, HG10, 43
Berry Hill Rd., Syosset, NY
11791.

PAGE SIZE MAGNIFIER
Page Magnifier is handy for looking up telephone or map directory
listings, stock market reports, etc. The whole page is magnified
at one time. Wafer thin and measures 7" x 10".

No COD's or Billing
California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-105
556 Mission, San Francisco, Calif. 94105

EAR PORT
To keep your favorite pairs of drops
and studs together and untangled.
Lovely brass case is 2½" x 2½" x
⅛" and has 8 velvety compartments
in two sizes. Small tongs to
pick up your earrings. Engraved
with 3 initials (Please print). $4.95
ppd. 80 p. useful gift catalog, 25c.
BRUCE BOLIND
210-E, Boulder, Colo. 80302

BENTWOOD CHAIRS: A. Classic Polished Bentwood Rocker. Walnut, white,
or natural, $119. Child's version. Walnut only. $69. B. Bagel Arm Chair.
Walnut or natural. $99. Side Chair. $89. C. High Chair. Walnut. $89.
D. Bighaus Arm Chair. Black, walnut. or natural. $155. Side chair, $55.
COD's. Full furniture catalog. $1.
3140 M Street NE, Washington, D.C. 20007.
WE WORK IN THREE BASIC WAYS

1. If you do not have a coat of arms you send us your name and we shall look it up at no extra cost to see if there is a coat of arms for it.
2. If you wish you may design your own coat of arms. When you send for our catalogue ask for the free booklet "Some basic ways to design your own coat of arms."

PRE-INSPECTION PURCHASE PLAN

In order to make sure you like our work before you invest in a gold ring you may order the pendant shown above in sterling silver hand-engraved with your coat of arms for only $35.00. When you order the ring you will be given credit for the $35.00 and may keep the pendant free. Hand engraved by master European craftsmen.

SEND FOR OUR FREE COLOR CATALOGUE . . . This is the most beautiful jewelry, and certainly the most personal jewelry there is. Hand engraved by master European craftsmen.

1. If you do have a coat of arms you send us a photostat or picture of it and that is what we engrave.
2. If you do not have a coat of arms just send us your name and we shall look it up at no extra cost to see if there is a coat of arms for it.
3. If you wish you may design your own coat of arms. When you send for our catalogue ask for the free booklet "Some basic ways to design your own coat of arms."

EUROPEAN DOWN COMFORTERS: Here is that Cloudlite Continental Comfort you've always dreamed of owning. Elegance, security, warmth and convenience when matched ingeniously with launderable, no-iron decorator sheetcases. Result is never-to-be-forgotten sensuous and sound sleep. Before you dare plan your next bedroom move, see this new Continental Comfort you've always dreamed of owning. European goose down imported is the best available. Result is never-to-be-forgotten sensuous and sound sleep.

GARDIN LOUIS

A lovely woven tapestry from Europe in rich pastel shades of green, gold, blue, crimson. Fine cotton that doesn't fade. 20" by 20". For frame, pillow or upholstery. $8.50 plus $1 post. Catalogue, $1. Lovelia Enterprises, Inc., HGIO, Box 1845, Grand Central Sta., N.Y., N.Y. 10017.

MINI BATHROOM

Complete set, white porcelain with brass faucets and pipes. The footed bathtub is 5" long. The water-closet toilet is 5" high, has a movable seat and a pull chain. Washbowl 2½" high. No. 9829. Play gift. $7.95 plus 25c post. Downs & Co., Dept. 1410W, Evanston, Ill. 60204.

KEEP WARM

Snowflake dress-length coat of quilted nylon cozily insulated with five ounces of dacron polyester fiberfill for lightweight warmth. Brass buttons and two slash pockets. Oyster, navy and red pepper. In sizes 10 to 22. $40 ppd. Johnny Appleseed's, Box 710, Beverly, MA 01915.
SHOPPING AROUND

DOllS A SEE-SAW
Ceramic see-saw really goes up and down with its colorful boy and girl riders. Scene revolves as it plays the tune, "Fratre Jacques". Handpainted, 6 1/4" dia. $9.95; two, $18.95 plus 75c post. American Consumer, Dept. MBF-4, Caroline Rd., Philadelphia, PA 19176.

HIS 'N HER BRACELET
We can't promise this snappy copper bracelet wards off hobo-goblins or cures rheumatism. But we like its casual cachet! Chain-post. American Consumer, Dept. HGF-4, Caroline Rd., Philadelphia, PA 19175.

FIRM STEP UP
Modern step stool has retractive casters to roll it smoothly where it is needed. When stepped on, casters rise and bottom rim grips floor for safety. 12" h., 16" dia. $2.99. Add 25c postage each. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

LOOKING YOUNGER
Smooth Away Lines is a lotion developed by a consultant to models and stars. A few drops help tighten, firm the skin, and conceal lines around eyes, puffy forehead, wrinkles. 1 oz. $4 plus 50c post. Contemplo, HGA-14, 1701 Highway 35, Neptune, NJ 07753.

HUMMEL YEAR OF JOY
The 1976 Hummel Calendar is a colorful start for the next 365 days. The spiral bound illustrated calendar has 13 full color photographs of famous figurines on glossy paper suitable for cutting and framing. $3.50 ppd. Edd, The Florist, Inc., HG10, 823 N. 17th St., Neenah, Wisconsin 54956.

PET FASHION

Pooch Drizzler
Here's the better, new way to keep Fido warm, dry and happy! The "Drizzler" is handsomely finished: white, black, red, royal blue, burnt orange, avocado green, plum, honey yellow. Only $8.95. State quantity and colors. Add 50c each for shipping. Send check or money order to Pentalic Corp., 132 West 22nd St., New York, N.Y. 10011.

WORLD'S SMARTEST BOOKEND
$6.95
Imported from England, BOOKWORM is a one-piece bookend to end all bookends. Adjut Automatically when books are added or removed. Ingenious spring steel coil rolls out to hold up to 22 inches of books, tapes, directories.

Winning of the British Design Centre Award. Available in eight satin smooth finishes: white, black, red, royal blue, burnt orange, avocado green, plum, honey yellow. Only $8.95. State quantity and colors. Add 50c each for shipping. Send check or money order to Pentalic Corp., 132 West 22nd St., New York, N.Y. 10011.

PET FASHION

DOUBLE DECKER WINDOW SHELVES

Now your pretty house plants can get all the light they crave, while you and your neighbors enjoy the ever changing display. Also, great show-off shelves for a glass or china collection. Baked white enamel, gracefully scrolled brackets support 2 4" x 20" shelves. Fits all double hung windows. Order several for "round the house" beauty, and for gifts. $5.99 each; 2 for $10.88. Add 95c postage.

THE FERRY HOUSE, Dept. HG-105, Briarcliff Manor, N.Y. 10510
ALL AMERICAN

COOKBOOK CENTER

BARTENDER IDENTITY
The house bartender caricatured from a photo you send to Bruce Bolind with hair and eye color and your favorite mixologist's name for a 12" by 16" plaque and 6" by 8" caricature. Print name; picture returned with the plaque. $15 ppd. Bruce Bolind, HG10, Boulder, CO 80302.

INSTANT S.O.S.
Handy little whistle for purse or pocket looks like a perfume atomizer. Just a touch and it emits a high-frequency shriek to summon help fast. Gold-tone metal. 4" high. No battery or wind-up needed. $2.99 plus 35c post. Holiday Gifts, Dept. 310-J, Wheat Ridge, CO 80033.

SWISS IMPORTS

QUAINT QUARTETTE
Darling long-skirted cornhusk ladies, their maize color set off by the green of your tree. Silken tresses and a wealth of subtle detail. Hand crafted. About 3" tall. The set of four $2.98 plus 40c post. Lillian Vernon, HG10, 510 South Fulton Ave., Mt. Vernon, NY 10550.

WHOLE TEETH
SHOPPING AROUND

"OUNG FUN
Gibbey rocker is made of woven villow for extra strength and turability as well as lasting good looks. To enjoy for hours now, a treasure in the future. Height 26", seat 12" by 14", $17.95 plus $3 post. Fran's Basket House, HG10, Route 10, Succasunna, NJ 07876.

WISE OWL BASKET
Wal metal wastebasket finished in white with gold rim sports a marvelous wide-eyed owl in black and white, signed by the artist, 35" high. Great for a student's room or family den. $7.95 plus $1.35 post. Artisan Galleries, HG10, 2100 N. Haskell, Dallas, TX 75204.

ELEGANT ACCENT
Spanish lace is the apt name of this decorative wrought iron wall wheel. Hand-forged in Mexico, it's 22" in dia, weighs five lbs. Black, $24.95; white or burnished gold, $27.95. Perfect for patio or atrium. Ppd. Catalogue, $1. Spanish Villa, HG10, Bldg. 1101, Laredo, TX 78040.

BLANKET CONTROL
Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $1.98 plus 50c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

ENDURING SYMBOLS
Simulated diamonds are matched for color and brilliance in a lovely pendant that combines a cross with a heart. Stones are set in silver-tone metal with matching 15% chain. Gift boxed. $6.99 plus 50c post. Christian Products Co., Dept. 7, Box 96, Warner Robins, GA 31093.

COUNTRY CURTAINS
Extra Wide Ruffles in Cotton Muslin or Permanent Press — Natural or White

TIERBARKS
COTTON PERMANENT PRESS
45", 54", 63" 10.50 pr. 11.00 pr.
72", 81", 90" 12.00 pr. 12.50 pr.

VALANCE
11" x 72" 3.25 ea. 3.75 ea.
All pairs 84" wide with 41/2" ruffle.

For years Country Curtains have gracefully graced the bright, clean windows of charming colonial homes. Country Curtains add warmth to every room, Country Curtains retain their fresh crispness and are a credit to your thriftiness. Country Curtains are a lifetime friend and supply their own sunshine. New England at its very best. If you're ordering please use the attached order blank and enclose check or money order. Postage and handling: add $1.00 for 1, $2.00 for 2, $3.00 for 3, and up. Cancel before Dec. 1.

PERMANENT — MUSLIn
45", 54", 63" 9.75 pr. 10.25 pr.
72", 81", 90" 11.25 pr. 11.75 pr.

Value—Muslin $2.75 a yard, Permanent Press $3.25 a yard. The ruffle at the top of the Valance is a part of the curtain. Please measure exactly and include oversize. Satisfaction guaranteed.

COUNTRY CURTAINS
At Hill Road
Dept. HG 310. 204 Worchester St., Wellesley Hills, Mass. 02181

Send For Free Catalog

PACIFIC SUNSET to stitch
This has been one of the past years most popular needlepoint pictures. Erica Wilson designed the dramatic scene of a Pacific sunset to create in rich hues of gold, green, orange and yellow. The kit includes design on 12-mesh canvas, yarn to work the complete picture, needle and simple instructions. Finished size: 8" X 12" (Frame not included.) Only $7.95 plus 75c postage.

Send 25c For Next 4 Issues of Our Colorful Art Needlecraft Catalog
**GROW YOUR OWN GINSENG**

Aphrodisiac? Rejuvenator?

THE GINSENG PLANT WILL MAKE THE WORLD'S GREATEST CONVERSATION PIECE FOR YOUR HOME OR OFFICE!

The Chinese claim one sage who used Ginseng lived 250 YEARS and had 24 WIVES. Wars have been fought over Ginseng and the roots have been sold for their WEIGHT IN GOLD.

No proven medicinal value, but millions use Ginseng as a divine cure for all that brings health and happiness.

All you do is put the seed bearing root in a pot, follow the easy instructions, watch it grow, and watch the myth come alive!

It makes a divine gift: Send one to a friend or a loved one.

One for $2.00 THREE for only $5.00

Enclose 25 cents for postage and handling.

**SHRINK STOMACH**

Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups.

Satisfaction Guaranteed or your money back. California Residents add 6%. Sales Tax

Anthony Enterprises

556 Mission, San Francisco, Calif. 94105

**WOODSY**


**DRI-DY ROD**

Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive; garments drip in tub. $4.98 plus 75c post. Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.
HOSTESS ELEGANCE

Wear an exquisite apron with a filigree lace pattern that’s 65% polyester and 35% cotton. It’s carefree as it is pretty: permanent, machine-washable. In white or pink, 22” by 40” $6.95; 32” by 50” $9.95. Add $1 post. Hildegarde’s, HG10, 597 Farmington Ave., Hartford, CT 06105.

"BIG RED"
Working model of a collector’s bubble gum machine. Operates with any size coin, makes it fun to save. 9” by 5” model with gum balls, $4.95; 15” by 7½” size with 100 giant, exterior, $12.95. Add $1 post. Cady’s, HG10, 2077 New York Ave., Huntington Sta., NY 11746.

FINE FURNITURE
The Bryan Robeson catalogue is a convenient way to shop for needed; it turns green when the soil is right. It prevents over- and under-watering. Set of six, $1.99; TAB OF PREVENTION without lifting or removing top. Quality workmanship and authentic reproductions of chairs, sofas, tables, desks. Includes leather furniture and unusual pieces in fine woods. Send 50c to Bryan Robeson, Dept. HG-142. Rte. 10, Box 793, Hickory, NC 28601.

VACUUM JUG
Air pump action fills glass, cup without lifting or removing top. Holds half gallon liquid hot or cold. Easy tote handle. Top, susan bottom, plastic; exterior, walnut or floral design. $36.95 ppd. Davey Jones Locker, HG10, 403 Main St., Port Washington, NY 11050.

TAB OF PREVENTION
Plant tender fits into the soil to tell when the plant needs water. When it shows white, water is needed; it turns green when the soil is right. It prevents over- and under-watering. Set of six, $1.19; two sets, $3.75 ppd. Creative Enterprises, HG10, 1732 Hollow Ave., Los Angeles, CA 90025.

SILVER AND STONE

HORSE SENSE
R. H. Smythe’s, “The Mind of The Horse" explores how a horse sees, reacts, and learns when the soil is right. It prevents over- and under-watering. Set of six, $1.99; TAB OF PREVENTION without lifting or removing top. Quality workmanship and authentic reproductions of chairs, sofas, tables, desks. Includes leather furniture and unusual pieces in fine woods. Send 50c to Bryan Robeson, Dept. HG-142. Rte. 10, Box 793, Hickory, NC 28601.

SHIPPING AROUND

GROW YOUR OWN
Egyptian Beauty Plant
Guaranteed to grow! The life juices of the Beauty Plant have been used as a skin moisturizer and beautifier since the first Pharaohs of Egypt. It was said to be the Secret of Cleopatra’s Beauty. It is the secret ingredient of many lotions today.
You can actually use the Beauty Plant to soothe burns and sun burn. Just break off a leaf and rub the clear life juices on your burn. It feels so good!Keep your Beauty Plant in the kitchen for Natural first-aid.
It grows from a small rosette. It’s easy. All you do is put it in a pot—water it once a week and watch it grow... up to two feet tall. The bigger the pot, the bigger it gets. Comes with easy instructions. It blooms with spikes of large red flowers that last and last. It makes a beautiful gift. Send Beauty to a friend. Guaranteed to Grow!
$2.00 3 for 5.00
Please add twenty-five cents for postage and handling.

FROM ANTWERP BELGIUM

"The DIAMOND for you"
Now buy a Diamond at better than wholesale prices from a leading first source firm headed at the Diamond center of the world. Finest quality Diamonds at tremendous savings to you. Buy a Diamond for someone you love, gifts, investment or personal use! Write for free brochure and price list.

INTERNATIONAL DIAMOND SALES
diamond bourse, 78, pelikaanstraat 2000 antwerp-belgium
ALL DIAMONDS SOLD WITH FULL MONEY BACK GUARANTEE

WINDJAMMER
Glass Thimble
Entirely hand formed right here in the U.S.A. of hand cut crystal. Delicately frosted, nostalgic ship is carefully etched by a famous artist so no two are exactly alike. It’s uniquely a wise choice for collectors!
10651 $8.95 plus $2.50 post & handling.
Send 25c for your 64 page Christmas Catalog of unusual items.

NEW YORK • LONDON • PARIS • MILAN

PORTRAITS IN OIL
• Magnificently painted on canvas from old or new photos by outstanding academically trained artists. A superb living likeness in full color is executed in rich oils.
• No longer need you envy those fortunate enough to own a family portrait... you can see immortalized for all time, the loved and never aging personality of your wife, husband, children, parents.
• Van Dyke Oil Portraits from photographs are indistinguishable from those done from life. It is of special advantage to those who are not available for personal sittings. "Living Likeness Guaranteed."
• Unbelievable Works of Art at Unbelievable Low Prices

FROM $99.95 to $995.00
Truly a unique and lasting gift.
• Compare our works of art with others selling up to $3,000.

From Van Dyke Oil Portraits, Ltd.
403 Main St., Port Washington, NY 11050

DEPT. G, 153 EAST 57 ST.
STUFFED ANIMAL KITS
'The Gingham Dog' and 'The Calico Cat' will be enjoyed by children of all ages. Your own touch will personalize this loving gift. All fabrics included! Gingham, calico prints, felt and embroidery floss. Complete patterns and step-by-step instructions provided. Can be machine stitched or hand sewn. Dog is 24" long and Cat is 18" tall. Gingham Dog Kit $6.95; Calico Cat Kit $6.95. Both kits only $12.95. Add 50¢ post. Send for FREE Catalogue.
SADDLEBROOK SALES
13462 Cordova Drive, Dept. HG10
Largo, Fla. 33540

HANDMADE DOLL BED
This beautiful doll bed is covered in white cotton eyelet, trimmed in pink, blue, green or yellow velvet (please specify). Comes complete with its own quilted coverlet and matching pillow. Bed size: 18" x 12" x 18"h. $100.00 ppd. Doll not incl.
Send check or money order.
L-SID DESIGN STUDIO'S
P.O. Box 761, Pompano Beach, FL 33060

NEW from England
Home of Beautiful Gardens
TEAR DROP PLANTER
Hang It! Stand it!
The effect is equally colourful and eye-catching. Inspired by Apollo space missions, created in high quality polystyrene, it enhances any home or office. Choice of cosmic red, amber glow and tropical green.$7.95 each. 3 for $22.85 total. 10" dia. $7.95 each. 3 for $23.85 total.
ORDER BY SIZE AND COLOR. Fla. Res. add 4% tax. Money-back guarantee. PROMPT DELIVERY. Plant not included. Please add 50¢ for each.
MANDY-LAINE, INC. (HG10)
P.O. Box 55000H, Miami, Florida 33155

SHOPPING AROUND FLORIDA

EXOTIC GARDEN
Grow one in a natural sea sponge which comes with pot needing no soil and a multi-seed package. Just soak sponge overnight in water, then next day set seeds (any kind you like) in sponge and submerge sponge once a day as needed. $3.50; two $6. Add 75¢ post. All the World Products, HG10, Box 17258, Tampa, FL 33682.

BIRD PAIRS
Cheery little ceramic birds, hand-sculpted and painted (so no two are exactly alike) are mounted in relief with straw flowers on natural wood discs for charming three-dimensional effect. Blue, red, yellow or orange bird. Plaques approx. 3" dia. Bright note for kitchen, bath or unique Christmas tree trim. Pair $4.50 plus 50¢ post. Earthy Originals, H610, 4986 SW, 95th Ave., Cooper City, FL 33328.

SPARKLE AFOOT
Lighten your step in slippers with multi-color stones set in gleaming gold or creamy white leather. Soft lining and one-inch heel. Can be worn outdoors or inside. N 5½-10; M 4-10; W, XW 5-10. $14 plus 75¢ post. Sizes 11, 12 add $1. Mar Shoes, Inc., Dept. 91, 3412B No. Ocean Blvd., Fort Lauderdale, FL 33308.
LAMP-BASKET

SOFT AND EASY
Handwoven leather walker has flat stacked heel. In black, brown, camel, red, navy, bone, taupe, prass green, yellow and white. 5 to 10 in Medium, 6 to 10 Narrow, 7 to 10 Slim. $18 plus $1.25 post.; two $35 plus $1.50 post. Sportiva Imports, HG105, 1681 79th St. Causeway, Miami Beach, FL 33141.

CARVING SET
Winged fish design, handcrafted in India, is over 16" from brass tip to tail. Handles are made of seasoned walnut, hand-rubbed to satin finish, give perfect grip. Festive to own, great gift especially for fisherman. $15.95 ppd. Exclusive Distributing, Dept. 25A, Box 874, Ponte Vedra Beach, FL 32082.

HANGING GARDEN
Lovely leaded glass terrarium is available in three different heights, all 10" in diameter. Handmade by Robert and Jo Ann Bischoff, Daily delight for any home. 16" h., $47.50; 24" h., $62.50; 30" h., $75. Ppd. Catalogue 25c. Tattered Boot, HG10, Lantam, FL 32356.

SEA WHIMSEY
Flying Gulf, soaring into a weathered piling. Inspired by mother nature, here is an imaginative creation, designed to give a delightful accent to your "collectibles." Approx. 3" high, hand made in America. Also makes a lovely gift.
M-1 Flying Gulf $3.95 plus 95c shipping and handling.
No C.O.D.'s please. Complete Satisfaction Guaranteed

THE RUFFLED CLAM
P.O. Box 2146 Stuart, Fl. 32944
Fla. residents add 4% sales tax.

AUTHENTIC REPRODUCTION
18 CENTURY
DUTCH CLOCKS
IMPORTED FROM HOLLAND

Beautiful, superbly handcrafted Dutch clocks that will enhance any decor. Our collection includes models from several regions in Holland. The "Ship Clock" pictured: solid walnut, 8 day brass movement, moon indicator brass ornaments handcasted, strikes on 1/4 hr., dimens. 12 L, 7.5 W, 3" D. Price $179.00 incl. shipping within cont. USA. Fla. residents add 4%.
Money back guarantee return within 30 days. Allow 4 weeks delivery. Send check or money order to:
EDGA Imports, P.O. Box 4426 Fort Lauderdale, Florida 33304
Write for FREE color brochure.
If tweezing your brows and applying eye makeup makes you frantic... Fret no more!!!

A noted eye doctor was approached by a woman who complained that without her glasses she can't see what she is doing, and with her glasses she can't do what she is seeing. Knowing that no available magnifying mirror can give a strong image without distortion, the doctor hand-ground prescription lenses and silvered them to provide a distortion-free focusing mirror. Our optically perfect "Magic Focus" standing mirror has a flexible, brass, "goose-neck" arm for hands-free grooming. White frame and base blend with every decor. To take in your purse for quick touch-ups, order our lovely white & gold compact (not shown). It's double faced, with plain and Magic Focus mirrors. With either model, you'll see clearly and sharply WITHOUT YOUR GLASSES regardless of your prescription or need for bifocals. A necessity for contact lens wearers. Cost of 4" diameter standing mirror is $14.95 plus $1.50 postage. Compact is $5.00: 2 for $9.50. Add 50c postage. You'll be amazed with the results. Satisfaction guaranteed.

KENYA Division, Day & Frick, Inc. 1760 N. Howard Street Philadelphia, PA 19122 Dept. HG-105

A super find FOR THE NON-STOP WOMAN "PACEr" — Here's the comfort that outlasts miles and hours! It's Scholl's fabulous built-in arch that does it, with cushion-padded insoles and springy crepe soles that she treads every step. And just right 1 inch wedge heels. Made of supple suede with leather trim, in Tan or Navy. $23.55. Sizes: Narrow 6 through 11, Medium 5 through 11, Wide 5 through 10. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog.


GRACEFUL BUTTERFLY Enamel butterfly on a silver finished cable chain is a beauty to wear with almost every ensemble. Butterfly in turquoise/white; red/white or green/white. It is 2 1/2" by 2" and the chain measures 24". Specify color. $5 plus 50c post. Jomist Co., Dept. B, Box 8038, Cranston, Rl 02920.

AOSTER FOR THE NON-STOP WOMAN "PACEr" — Here's the comfort that outlasts miles and hours! It's Scholl's fabulous built-in arch that does it, with cushion-padded insoles and springy crepe soles that she treads every step. And just right 1 inch wedge heels. Made of supple suede with leather trim, in Tan or Navy. $23.55. Sizes: Narrow 6 through 11, Medium 5 through 11, Wide 5 through 10. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog.


GRACEFUL BUTTERFLY Enamel butterfly on a silver finished cable chain is a beauty to wear with almost every ensemble. Butterfly in turquoise/white; red/white or green/white. It is 2 1/2" by 2" and the chain measures 24". Specify color. $5 plus 50c post. Jomist Co., Dept. B, Box 8038, Cranston, Rl 02920.

A super find FOR THE NON-STOP WOMAN "PACEr" — Here's the comfort that outlasts miles and hours! It's Scholl's fabulous built-in arch that does it, with cushion-padded insoles and springy crepe soles that she treads every step. And just right 1 inch wedge heels. Made of supple suede with leather trim, in Tan or Navy. $23.55. Sizes: Narrow 6 through 11, Medium 5 through 11, Wide 5 through 10. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog.


GRACEFUL BUTTERFLY Enamel butterfly on a silver finished cable chain is a beauty to wear with almost every ensemble. Butterfly in turquoise/white; red/white or green/white. It is 2 1/2" by 2" and the chain measures 24". Specify color. $5 plus 50c post. Jomist Co., Dept. B, Box 8038, Cranston, Rl 02920.

A super find FOR THE NON-STOP WOMAN "PACEr" — Here's the comfort that outlasts miles and hours! It's Scholl's fabulous built-in arch that does it, with cushion-padded insoles and springy crepe soles that she treads every step. And just right 1 inch wedge heels. Made of supple suede with leather trim, in Tan or Navy. $23.55. Sizes: Narrow 6 through 11, Medium 5 through 11, Wide 5 through 10. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog.


GRACEFUL BUTTERFLY Enamel butterfly on a silver finished cable chain is a beauty to wear with almost every ensemble. Butterfly in turquoise/white; red/white or green/white. It is 2 1/2" by 2" and the chain measures 24". Specify color. $5 plus 50c post. Jomist Co., Dept. B, Box 8038, Cranston, Rl 02920.
SHOPPING AROUND

ONE FOR THE ROAD
Heavy duty cotton duck canvas musette bag and back pack for hunters, hikers, campers and shoppers. 12" by 15" by 6" with adjustable back straps. Olive drab, tan, red with blue, blue/red, denim blue. $8.95 ppd. Faces of Earth, HG10, 159 N. Pleasant St., Amherst, MA 01002.

MOUNTAIN MAGIC
Generations of crafts knowledge and skill are within each beguiling quilt, decorative and practical wood carving, stuffed toys, cornhusk creation, wreath, and bird house in intriguing catalogue. $1. Appalachian Fireside Crafts, HG10, Box 276, Booneville, KY 41314.

PICASSO LITHOGRAPH
Orange, blue, yellow, green and black on art canvas. 20" by 26". $5.95 plus 95c post. Or stretched $9.95; black frame, chromeline trim $24.95. Add $1.95 post. Catalogue 50c; free with order. Lambert Studios, HG27, 910 No. La Cienega Blvd., Los Angeles, CA 90069.

COPPER COUP
For fun and fashion team yours with other bangles. Solid copper charmier's 1/4" wide; adjusts to any wrist. And who's to know you didn't have it custom-made for you in a far-off bazaar? $1.98; two, $3.50. Plus 45c post. The Ferry House Inc., Dept. GL-10, Briarcliff Manor, NY 10510.

BEAST OF BURDEN
Bedeck a comic porcelain bisque elephant with rings, watches and bracelets. He's 3 1/2" high with a trunk for rings and ears for the bigger pieces. Amusing decorative touch for dressing table or bureau. $2.49 plus 85c post. Carol Ann Gifts, HG3645K, Box 21026, Philadelphia, PA 19154.

MAGNIFYING 1/2 Frame Glasses
Now Read Easily—Instantly
Read fine print of menus, phone books, stock prices. Great for detail work. Just look over top for normal distance vision. TISFACTION GUARANTEED. Not astigmatism or disease. All have same resistant lenses. Made in USA.
HH Black Half-Mags ......... $6.97
an attractive frame—yet economical.
HJ Black and Crystal Half-Mags $8.97
polar styling—crystal clear frame above which lens. Makes detail work a breeze.
HY Walnut-Brown Half-Mags $8.97
beautiful frame in blended shades of brown. Reading a fashionable pleasure.
Stylish Neck Chain for glasses . $1.69
Excellent Protective Case .... $1.00
and amount plus 55c handling. Ten day trial age, sex. PRECISION OPTICAL

The Table. The beauty and fine craftsmanship of this mahogany table is timeless. From us, just $19 (add $3 for shipping). Dimensions: 18" high x 16" x 12".
The Bombay Company
Dept. HG7 P.O. Box 5332
4727 Magazine St., New Orleans, La 70132
The Bombay tray bar $29 plus $5 for shipping
The Table $19 plus $3 for shipping
Check or Money Order enclosed for $ 
Name
Address
City State Zip
Please send me:

OCTOBER, 1975

211
LILIAN VENON
Dept. 608, S 10 s. Fulton Ave., Mt. Vernon, N.Y. 10550

GRAUGARD RACKS

CAST-IRON CLOTHES RACK

Cast-iron clothes rack is a reproduction from the Victorian era. Features five large swing-away arms. You'll have a place to hang hats, coats, scarves, even umbrellas! For bedroom, kitchen or bathroom. Extends 7 1/2" from the wall: measures 14" wide. $3.98 plus 75c postage.

Write for FREE catalog of gifts.

Holiday Gifts
Dept. 210-F
Wheel Ridge, Colorado 80033

Protect your Silver with Tarnish-Proof Pacific Silvercloth Drawer Pads by GORHAM

Tarnish-Proof Pacific Silvercloth
Your silvers and silver plate will be preserved with our revolutionary Silvercloth Drawer Pads. They will give you years of service and enjoyment without rusting, tarnishing, yellowing, or other deteriorating effects. Simply place the pads on the drawer bottoms to provide protection. Can be used in the refrigerator for fruits and vegetables.

Sizes: 3 x 5 1/2" square pads, 4 x 4 1/2" square pads, 5 1/2 x 5 1/2" square pads, 1 pair for use in refrigerator. Price: $1.25 per pair.

Retail prices effective at large size shown. Add 95c postage.

Lilian Venon

SHOPPING AROUND

NEEDLEPOINT FUN
Kit with amusing picture and legend "Nobody's Perfect" hand-painted on 12-mesh white interlock canvas. Persian-type yarns, yellow, brown, greens, and white. Needle and complete instructions. Finished size 10" x 12". $17.95 plus $1 post. The Stitchery, HG10, Wellesley Hills, MA 02181.

ORGANIZATION CADDY
Brass finished metal rack stores newspaper neatly and makes bundling for recycling a snap; ends all clutter. It folds flat when not needed. $7.95 plus 95c postage. Write for 96 page gift catalogue, 25c. Suburbia, Dept. 393, 366 Wacouta, St. Paul, MN 55101.

CHEF'S BUCKET
Canny cooks, be they MS or MR cherish the tools of their trade. To wit: the 6" h. natural wood grain butter churn with six 12" needles and room to stash a few favorites. Hangs on walls. $7.98 p.pd. Colonial Garden Kitchens, HG610, 270 W. Merrick Rd., Valley Stream, NY 11582.

ADD BED LENGTH
With so many six footers around, extending a regular bed is essential for a night's rest. 6" foam padded inner spring extender is hidden when bed is made. Twin, $15.99; double, $18.98; roll extender, $13.99. P.pd. Better Sleep, Inc., HG10, New Providence, N.J. 07974.

EASY RISER
Stair glide is perfect for all who can't or shouldn't climb stairs. It's easily installed without marring walls and special wiring is not required. Special rental-purchase program available. Write for information to American Stair-Glide, Dept. EHG10, 4001 E. 13th St., Grandview, MO 64030.

NEEDLEPOINT FUN
Kit with amusing picture and legend "Nobody's Perfect" hand-painted on 12-mesh white interlock canvas. Persian-type yarns, yellow, brown, greens, and white. Needle and complete instructions. Finished size 10" x 12". $17.95 plus $1 post. The Stitchery, HG10, Wellesley Hills, MA 02181.

ORGANIZATION CADDY
Brass finished metal rack stores newspaper neatly and makes bundling for recycling a snap; ends all clutter. It folds flat when not needed. $7.95 plus 95c postage. Write for 96 page gift catalogue, 25c. Suburbia, Dept. 393, 366 Wacouta, St. Paul, MN 55101.

CHEF'S BUCKET
Canny cooks, be they MS or MR cherish the tools of their trade. To wit: the 6" h. natural wood grain butter churn with six 12" needles and room to stash a few favorites. Hangs on walls. $7.98 p.pd. Colonial Garden Kitchens, HG610, 270 W. Merrick Rd., Valley Stream, NY 11582.

ADD BED LENGTH
With so many six footers around, extending a regular bed is essential for a night's rest. 6" foam padded inner spring extender is hidden when bed is made. Twin, $15.99; double, $18.98; roll extender, $13.99. P.pd. Better Sleep, Inc., HG10, New Providence, N.J. 07974.

EASY RISER
Stair glide is perfect for all who can't or shouldn't climb stairs. It's easily installed without marring walls and special wiring is not required. Special rental-purchase program available. Write for information to American Stair-Glide, Dept. EHG10, 4001 E. 13th St., Grandview, MO 64030.
SHOPPING AROUND

CEILING FAN
Natural air cooling. Adaptair adjusts angle of blades (on 52" only). 2 speeds. 5 yr. guarantee. 52" fan with adaptair lever $299; without, $259. 36" fan $179.

BE A MURAL ARTIST
Wall murals you can paint yourself, by-the-number, shown in catalogue. Choose from 74 designs up to 12" wide. Guaranteed fool-proof. Kits include patterns, brushes, paints, from $4.95. Catalogue 25c. Magic Murals, Dept. HG100, Box 8500, Fountain Valley, CA 92708.

GIANT TI PLANT
Glossy-leaved imported giant grows before your eyes. This incredible Hawaiian beauty will reach 8 feet high. Guaranteed to grow or free replacement. Choose red or green. Three for $2.50; one for $1 plus 25c postage. Cal. add 6% tax. Light your home with a Tiffany-fuser and 14' cord with line switch. Specify green or brown (16½"w fern, yet needs no care! Comes in two shades of leafy-green on white and handling. Cal. add 6% tax.

Factory direct: $29.95. (Pair: $45.00.) Glossy-leafed imported giant grows before your eyes. This incredible Hawaiian beauty will reach 8 feet high. Guaranteed to grow or free replacement. Choose red or green. Three for $2.50; one for $1 plus 25c postage. Cal. add 6% tax. Light your home with a Tiffany-fuser and 14' cord with line switch. Specify green or brown (16½"w fern, yet needs no care! Comes in two shades of leafy-green on white and handling. Cal. add 6% tax.

HOLD IT!
Keep rings in place on finger with Ring-Insert-Guard-Sizer. Vinyl liner slides inside ring after it's on. Works for any size ring, any finger, woman's or man's. Holds boys' rings in place on girls' fingers, $3 ppd. Rigs, HG10, 1401-E, Longmont, CO 80501.

CLEARLY DECORATIVE
Hand-molded, finest quality, heavy gauge clear Lucite shelf on upper shelf, too, as well as on protected lower one. $11.95, 2 for $22 ppd. Helene White, HG10, 918 Bedford Ct., Cornwell Heights, PA 19020.

FRONDS OF FERN
Light your home with a Tiffany-fuser and 14' cord with line switch. Specify green or brown (16½"w fern, yet needs no care! Comes in two shades of leafy-green on white and handling. Cal. add 6% tax. Light your home with a Tiffany-fuser and 14' cord with line switch. Specify green or brown (16½"w fern, yet needs no care! Comes in two shades of leafy-green on white and handling. Cal. add 6% tax.

BRASS BEDS
Ours* Because now, more than ever, value tells.
*There are none finer

THE AUSTRIAN BACK SCRUBBER

FRONDS OF FERN
Light your home with a Tiffany-fuser and 14' cord with line switch. Specify green or brown (16½"w fern, yet needs no care! Comes in two shades of leafy-green on white and handling. Cal. add 6% tax. Light your home with a Tiffany-fuser and 14' cord with line switch. Specify green or brown (16½"w fern, yet needs no care! Comes in two shades of leafy-green on white and handling. Cal. add 6% tax.

FOR LITTLE EVENINGS
on big days—Wilroy's silky ribbed separates in washable polyester will cover a multitude of your fashion needs. The top has frayed ruching around the graceful neckline and at the wrist. Deep back zipper. Black or brown with cream. 6-18. $24.00. Full-as-a-skirt pants are elastic waist pull-ons. Black or brown. 6-18. $30.00.

"UPSTAIRS"
The Brownstone Boutique on the 22nd floor at 342 Madison Ave. Dept. G10, New York, N.Y. 10017. (212) 687-0190

If you prefer shopping from home, write or call for"

FREE FALL BROCHURE

ADD $1.50 for handling. New State residents add sales tax. Check, M.O., American Express, BankAmericard or Bank Amer. DISC.

THE LEEDS COMPANY
Dept. H50, 116 N. Nopal St. Santa Barbara, CA 93103
SNORE NO MORE

Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men or women.

ANTI-SNORE MASK

$4.98 + 30c Mailing

No COD's or Billing. California Residents add 6%. Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

P.O. Box 575, Champaign, IL 61820

No COD's or Billing. California Residents add 6%. Sales Tax

Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men or women.

ANTI-SNORE MASK

$4.98 + 30c Mailing

No COD's or Billing. California Residents add 6%. Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

P.O. Box 575, Champaign, IL 61820

* BRIGHT ON

Real homespun fabric, the kind woven by Pennsylvania Dutch weavers, makes beautiful tablecloths, never needs ironing. Several patterns, shades, sizes; also available by the yard. Descriptive brochure free from Homespun Weavers, HGIO-10, Ridge and Keystone St., Emmaus, PA 18049.

* COUNTRY FABRIC

Send 25c for your 64-page catalog of unusual items

WHAT'S NEW SHOP

HOME PLANT DISPLAYERS

GranMar Floor-to-Ceiling Plant Stand is a new concept in plant arrangements for home and office decor. It provides space for 12 large plants. Special clamps slide up or down to any desired level and accommodates eight 6" and four 12" arms with 6" white drip-proof trays. All arms are interchangeable and easy to assemble in minutes! Free brochure with order or (send self-addressed stamped envelope).

EASY DOES IT!

A bulb-selector that makes three-way bulbs obsolete. Screw new socket in to lamp using any Edison base bulb up to 200 watts. A 60 watt bulb becomes a 20-40-60 3-way. $3.98 plus 50c post.

TWIN OUTLET—3" x 5" $1.50 each

TRIPLE—6" x 5" $3.25 each

SINGLE—3" x 5" $1.50 each

DOOR KNOB w/ spindle & rosette $1.25 each

PLUS 50C POSTAGE & HANDLING

Homespun Weavers, HGIO-10, Ridge and Keystone St., Emmaus, PA 18049.
GREETINGS

SLEEKLY SHOD

COLONIAL CREWEL
Just like the fabric embroidered by colonial women, crewel fabric by the yard is richly patterned. By colonial women, crewel fabric by the yard is richly patterned. 50" w. in tones of blue on hand loomed cotton from India, perfect for draperies, upholstery. Per yard, $16 ppd. Color catalogue, 50c. Gurian's, HG10, 276 Fifth Ave., New York, NY 10001.

SPECIAL SPECS
Flip-up magnifying specs that make eye make-up blunders obsolete. No more squinting into mirrors! Specs come in their own plastic case complete with adjusting screwdriver. One size fits all, $6.95 plus 50c post. Herman Optical, HG10, 164 Clymer St., Brooklyn, NY 11211.

THE SOFTEST BOOTS
"DONNA"—The best of the boots... super looking, fabulously soft, ankle topping for easy-going comfort and for greater versatility. Beautifully made of supple glove leather with cushion-padded insoles, adjustable straps, 1 inch heels. In Black, Camel or Brown. Price: $17.95. Sizes: 4 through 12. Whole sizes only. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog. Write SOFWEAR SHOES, Dept. DB, 1711 Main, Houston, Texas 77002.

JOINT THERMA PAD

THE SOFTEST BOOTS
"DONNA"—The best of the boots... super looking, fabulously soft, ankle topping for easy-going comfort and for greater versatility. Beautifully made of supple glove leather with cushion-padded insoles, adjustable straps, 1 inch heels. In Black, Camel or Brown. Price: $17.95. Sizes: 4 through 12. Whole sizes only. Medium widths only. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog. Write SOFWEAR SHOES, Dept. DB, 1711 Main, Houston, Texas 77002.
These originally designed pull toys are made from multi-grained "wa-wa" wood. They are then sanded, rounded and dipped in non-toxic linseed oil. The horse, elephant, and frog will delight your children and be a decorative addition to any room. Frog (5 x 6), horse (8 x 9), elephant (6 x 8). Any one $5.95 and $1.15 postage and handling. And two for $10.95 and $1.65 postage and handling. All three $15.95 and $1.95 postage and handling.

KATHLEEN ANDREA
Rm. 14, 267 Ohio St.
Bangor, Maine 04401

ESPECIALLY MAINE LABELED TIES
Stylish, yet conservative. 3 1/4" wide. Small red lobsters, white anchors with red rodes, spouting white whales, or bicentennial flags. Each on navy background. Gift boxed. $7.50 each plus $1.00 handling and shipping per order.

SEAFOOD BASKET

SHOPPING AROUND MAINE

CLASSIC CANVAS TOTE
One piece of heavy canvas with double bottom and sturdy turned webbing handles for ease in carrying. Choice of seven colors: navy, red, avocado, yellow, sand, brown or natural. Sizes 12" by 9", $7.75 plus $1.15 post; 12" by 14", $9.75 plus $1.25 post; 18" by 14", $11.75 plus $1.35 post. Made with inside pocket 6" by 8" add $2.25 (for postage West of Miss, add 90c). Catalogue free. Port Canvas Co., HG10, Dock Sq., Kennebunkport, MA 04046.

SEAFOOD BASKET

SUEDE MUSETTE BAGS
Traveler's indispensable carry-all. Strong, supply, full grain steerhide with rough side out. Rich, sueded finish. Will hold camera and lenses, shooting or fishing needs, personal gear. Adjustable suede shoulder straps, leather and brass trim. Russet brown suede. 11" w. by 9" h. by 4 1/2" d. $21; 13" w. by 11" h. by 4 1/2" d. $26 Ppd. Free catalogue. L.L. Bean, Inc., HG10, 590 Main St., Freeport, ME 04032.
THE ELEPHANTS ARE COMING

It's a fireplace and practical wood stove all in one. Fireplace converts to wood stove with easy pull of door hidden underneath. Air tight firebox locks tightly for efficient heating. Chimney connection in back. Jotul model #4 shown. 41" h, 23" w. Write for free dealer listing. Catalogue $1. Kristus Associated, HGIO, Rm 13, 267 Ohio St., Bangor, ME 04401.

EARLY LIGHT

They're puzzles, or toys or attractive wood carvings you'll delight in keeping on display. Individually crafted. Baby elephant, 2 3/4" x 3 3/4", $2 plus 70c post; Mama, 5" by 8", $4.95 plus 90c post; Papa, 8" by 10", $8.95 plus $1.25 post. All three (baby is free with mama and papa), $13.90 plus $1.80 post. Kathleen Andrea, HGIO, Rm 13, 267 Ohio St., Bangor, ME 04401.

RUGGED CANVAS DUFFELS

<table>
<thead>
<tr>
<th>Style</th>
<th>Size</th>
<th>Price</th>
<th>Shipping</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hockey Bag</td>
<td>25.75</td>
<td>$3.75</td>
<td></td>
</tr>
<tr>
<td>Canoe Bag</td>
<td>83</td>
<td>$3.75</td>
<td></td>
</tr>
<tr>
<td>Medicine Bag</td>
<td>30</td>
<td>$3.75</td>
<td></td>
</tr>
<tr>
<td>Small Bag</td>
<td>15</td>
<td>$3.75</td>
<td></td>
</tr>
<tr>
<td>Large Bag</td>
<td>20</td>
<td>$3.75</td>
<td></td>
</tr>
</tbody>
</table>

Bags made with 2 zipper heads that can be locked when traveling.

West of the Mississippi add $9.90 to shipping charge.

PORT CANVAS COMPANY

Box 281 H, Kennebunkport, Maine 04046

"Quality Handmade Canvas Products."

Send for our FREE catalog.

HERITAGE LANTERNS

Heritage Lanterns, HG10, Box 1461, Portland, ME 04104

HOUSE PLANT CARE WHEEL

This 10%" two sided wheel, with full color pictures of each individual plant, provides instant and complete reference for the care of 60 of the most common plants. It includes: information regarding; Common name, Botanical Name, Watering Propagation Method, Sun Exposure, Soil Texture, Ease of Cultivation, Great gift idea. $1.75 ppd. 3 for $5.00 ppd. Me. residents add 5% tax. HG10

MOUNTAIN GARDENS

Box 1070, East Golden Maine, 04429 (207) 843-5324

DISTINCTIVE CUSTOM LIGHTING

A fine selection of over 50 classic hues: lends warmth and charm to the contemporary and the traditional. Some have historical backgrounds and are individually cut, polished and tinted in brass, copper or pewter. Your satisfaction guaranteed. Also large reproductions for libraries, churches. Send $1.00 for 48 page catalog.

L. L. Bean, Inc.

Chamois Cloth Shirt

For Indoor and Outdoor Sports, Canvas, Leather, and Wool. Listed in catalog, for men and women. Send Free Catalog. L. L. Bean, Inc. 586 Main St., Freeport, Maine 04032
EXCEEDINGLY RARE OPPORTUNITY!

From Nature's Wonder —

Start Shell Collections

Your sports and hobby adventure in nature could never be complete if you are without an array of beautiful marine sea shells in your collection. It is a known fact that the Indo-Pacific area is the largest and richest shell region in the world. The Philippines is blessed with rare shells valued exceeding $2,000 each. The conus gloriamaris (Glory of the Seal) is considered one of the most beautiful and valuable shells in the world. All of these beauties and thousands of potential shells; giant clams, uncommon and rare shells, abound in our Philippine seas and shores.

Start Collecting Now! We will help you find thousands of species at our ocean floor. We are the Philippines largest Indo-Pacific shell producer and exporter serving the world's largest shell dealers in Europe and in the continental U.S.A. Therefore why pay more when you can pay less. Save! Buy direct. (Shells are labeled/identified for your reference).

GET ANY OF THIS GALLERY OF SHELL COLLECTION TODAY!

Collection 1 — Assorted shells. Book value approximately $30.00
Collection 2 — Assorted shells. Book value approximately $60.00
Collection 3 — More assorted shells including large and uncommon. Book value approximately $100.00
Collection 4 — More assorted shells, large uncommon, colorful at a bargain.

Collection 1 — Assorted shells. Book value approximately $30.00
Collection 2 — Assorted shells. Book value approximately $60.00
Collection 3 — More assorted shells including large and uncommon. Book value approximately $100.00
Collection 4 — More assorted shells, large uncommon, colorful at a bargain.

SHIPPING POSTPAID IN 48 HOURS FROM OUR WAREHOUSE.
SATISFACTION GUARANTEED OR YOUR MONEY BACK!

SEA GEMS SHELLORAMA
P.O. Box 677 HG-010 Cebu City, Philippines

TEE CADDY
The light touch of Natural Bamboo will brighten up bath, kitchen or any dull spot. Use as Spice Rack in the kitchen, perfumes, guest towels etc. in the bath. TWO TIER SHELF WITH TOWEL BAR is 21 ½ h., 18 ½ w., and each shelf is 5 ¼ deep.
$19.95 + $1.90 postage. Order #5116

Elizabeth McCaffrey
Northport, New York 11768
HG-1085

HAND EMBOSser
For Personalized Stationery

AMERICA'S LOWEST PRICES
Your best $ for $! Investment! MODELS FROM $179.95

WRITE FOR FREE COLOR CATALOG
PETER REIMULLER THE GREENHOUSEMAN

BLUE ONION TEA KETTLE
Add a touch of "country" to your kitchen decor with this traditionally styled "Blue Onion" tea pot. Handsome ceramic pot with fired on design will attract many an admiring glance from your guests.
Blue Onion Tea Kettle, $4.99

LOTTER LETTER
Pendant when closed is a mini envelope. It opens to reveal the words "I Love You." Finished in simulated gold with silver-tone filigree. 11" from top of chain to bottom of pendant. A cherished little piece to receive or give. $5 ppd. Jill Concepts, HG9E, Box 145, Edgewood, MD 21040.

LOVELY ORNAMENT
A little white bird in a cozy nest of green leaves and red berries. White bisque by Hummel. 5" by 5" overall. An appealing note on shelf or mantel, table or Christmas tree. Distinctive gift. $6.50; two $12.50. Add 35c post. each. Downs & Co., 1410Y, Evanston, IL 60204.

WEDGE PILLOW
Wedge shape toppers to that two-pillow height without the bunch or scrunch a nest of pillows often causes. Non-allergenic foam makes for breathing ease. 27" by 27" by 7½" tapering to "O". $9.95 plus $2 post. Toni Stern, HG10, 54 W. So. Orange Ave., So. Orange, NJ 07079.

ANIMAL LOVERS
SHOW YOUR PET LOVE THEM—BUT DO THEY?

Show your pet just how much you care with our personalized pet dish. A street scene from Petsville surrounds this 9" round, highly glazed white ceramic bowl with brown accents. Your pet's name permanently hand lettered under dishwasher and food safe glaze. For only — $9.50 plus 90c shipping for CDs.

PRINT pet's name clearly.
NY STAT: Residents add tax.
More than 4 dogs not fully satisfied.

DELBAR CREATIONS
Dept. HG-144
16 Laurel Road East Northport, N.Y. 11731

SHOPPING AROUND
NATURAL SLOPE HANGERS
Quality hardwood hangers. The shoulders are contoured to fit today's tailoring. Walnut stained and lacquer finished. Men's and women's (with skirt clips). 10 to a box; all men's, all women's or half and half. $14.95 ppd. Country House, HG10, Box 416, Short Beach, Branford, CT 06405.

RUGGED SLACKS
Dacron and cotton poplin slacks, styled like Tyrolean lederhosen have authentic detail. Men's 28 to 44 waist; 28" to 34" length; 6 pockets. Ladies 4-pocket B to 20. White, light blue, tan. $12 plus 1.85 post. Cable Car Clothiers, HG10, 150 Post St., San Francisco, CA 94108.

LOVE LETTER
Pendant when closed is a mini envelope. It opens to reveal the words "I Love You." Finished in simulated gold with silver-tone filigree. 11" from top of chain to bottom of pendant. A cherished little piece to receive or give. $5 ppd. Jill Concepts, HG9E, Box 145, Edgewood, MD 21040.

FEEDBACK & VIEWS
We would appreciate your feedback on how we can improve our service. Your comments and suggestions are always welcome. Please feel free to contact us at:

THE ADDED TOUCH
12-M Wether St., Bays Mountain, Pa. 19910

IMPROVED Model...

IDEAL, FULL SIZE GREENHOUSES FOR HOME GARDENERS

SALE! DELBAR CREATIONS

AMERICA'S LOWEST PRICES
Your best $ for $! Investment! MODELS FROM $179.95

WRITE FOR FREE COLOR CATALOG
PETER REIMULLER THE GREENHOUSEMAN

BLUE ONION TEA KETTLE
Add a touch of "country" to your kitchen decor with this traditionally styled "Blue Onion" tea pot. Handsome ceramic pot with fired on design will attract many an admiring glance from your guests.
Blue Onion Tea Kettle, $4.99

LOVELY ORNAMENT
A little white bird in a cozy nest of green leaves and red berries. White bisque by Hummel. 5" by 5" overall. An appealing note on shelf or mantel, table or Christmas tree. Distinctive gift. $6.50; two $12.50. Add 35c post. each. Downs & Co., 1410Y, Evanston, IL 60204.

WEDGE PILLOW
Wedge shape toppers to that two-pillow height without the bunch or scrunch a nest of pillows often causes. Non-allergenic foam makes for breathing ease. 27" by 27" by 7½" tapering to "O". $9.95 plus $2 post. Toni Stern, HG10, 54 W. So. Orange Ave., So. Orange, NJ 07079.

ANIMAL LOVERS
SHOW YOUR PET LOVE THEM—BUT DO THEY?

Show your pet just how much you care with our personalized pet dish. A street scene from Petsville surrounds this 9" round, highly glazed white ceramic bowl with brown accents. Your pet's name permanently hand lettered under dishwasher and food safe glaze. For only — $9.50 plus 90c shipping for CDs.

PRINT pet's name clearly.
NY STAT: Residents add tax.
More than 4 dogs not fully satisfied.

DELBAR CREATIONS
Dept. HG-144
16 Laurel Road East Northport, N.Y. 11731

HOUSE & GARDEN
COLORS GALORE
Multi-floral design to work in crewel for a knife-edge pillow. Stamped on natural linen, 100% wool yarns in 22 vivid colors; zipper, needle, instructions. 16" by 16". Kit $7.95 plus 60c post. Catalogue 25c. World of Stitch 'n Knit, HG505, Box 709, Framingham, MA 01701.

SHELLAND PULLOVER
Crew neck, raglan sleeved Shetland wool. 36 to 40. Cream, beige or gray heather, shamrock, bluebell, ice blue, hot pink, yellow, persimmon, red, brown, navy, $18; white or navy, monogram, $4. Post., $1.50. Underline last initial. The Talbots, Dept. JN, Hingham, MA 02043.

KEYS KEEPER
No need to go hunting for your elusive keys when you capture them on a large old-fashioned laundry pin of solid brass. 4½" tall, with strong ring attached. Hooks on belt or purse strap. $2.95 plus 50c post. The Skore Co., HGIO, Box 15217 • Honolulu, Hawaii 96815

WEATHER WISE
Use jumbo thermometer indoors or out to spark talk. Big numbers readable at 20 feet and accurate within 2°. 12" dia. Owl (shown) $9.25; two, $17.50. Ppd. The Skore Co., HGIO, Box 444, 4705 P.O. Box 454, Summit, NJ 07901

NEW ARRIVAL
Charming birth sampler to work in crewel. Design with bright colorful flowers is stamped on fabric. Kit has yarn, needle, instructions and a yellow mat for framing. (9" by 12"). $6 plus 50c post. Catalogue 25c. Tower Crafts, HGIO, Box 575, Champlain, N.Y. 12919.

SHOPPING AROUND

GET RID OF UNWANTED HAIR
Amazing Lemos Permagon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

LEMOs PERMAGON
$12.98 + 50c Mailing
No COD's or Billing
California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-105
554 Mission, San Francisco, Calif. 94105

STERLING IDEAS
Sterling Silver Accessories...
The big news in fashion! European rings elegantly designed and crafted in weighty sterling silver. Adjustable to fit any finger. Gift-boxed... Satisfaction guaranteed.

JEFFREY LEIGH, Ltd.
41 Roundbend Road, Tarrytown, N.Y. 10591
New York State Residents add 5% Sales Tax

DIRECT FROM Hawaii
Tropical Exotic Hawaii
Hawaiian Good Luck Plant
BRING THE CHARM OF TROPICAL EXOTIC HAWAI TO YOUR HOME.
WITH THIS EXCELLENT HOUSE FOLIAGE LEARN THE RICH HISTORY BEHIND THIS PLANT. FREE WITH EVERY ORDER. TI PLANTS ARE GROWN OUT OF A LOG. DIMENSIONS CAN BE CONTROLLED ACCORDING TO THE SIZE OF THE CONTAINER GUARANTEED TO FLOURISH.

DIRECT FROM Europe
- Save 80% to 90% -

FREE! COLOR BROCHURE
Heirloom Quality Floor Clocks

TAPESTRIES WOVEN IN EUROPE

TAPESTRIES have been admired in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.

Tapestries are available in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.

REDUCE UNWANTED HAIR
Amazing Lemos Permagon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

LEMOs PERMAGON
$12.98 + 50c Mailing
No COD's or Billing
California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-105
554 Mission, San Francisco, Calif. 94105

STERLING IDEAS
Sterling Silver Accessories...
The big news in fashion! European rings elegantly designed and crafted in weighty sterling silver. Adjustable to fit any finger. Gift-boxed... Satisfaction guaranteed.

JEFFREY LEIGH, Ltd.
41 Roundbend Road, Tarrytown, N.Y. 10591
New York State Residents add 5% Sales Tax

DIRECT FROM Hawaii
Tropical Exotic Hawaii
Hawaiian Good Luck Plant
BRING THE CHARM OF TROPICAL EXOTIC HAWAI TO YOUR HOME.
WITH THIS EXCELLENT HOUSE FOLIAGE LEARN THE RICH HISTORY BEHIND THIS PLANT. FREE WITH EVERY ORDER. TI PLANTS ARE GROWN OUT OF A LOG. DIMENSIONS CAN BE CONTROLLED ACCORDING TO THE SIZE OF THE CONTAINER GUARANTEED TO FLOURISH.

DIRECT FROM Europe
- Save 80% to 90% -

FREE! COLOR BROCHURE
Heirloom Quality Floor Clocks

TAPESTRIES WOVEN IN EUROPE

TAPESTRIES have been admired in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.

Tapestries are available in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.

DIRECT FROM Hawaii
Tropical Exotic Hawaii
Hawaiian Good Luck Plant
BRING THE CHARM OF TROPICAL EXOTIC HAWAI TO YOUR HOME.
WITH THIS EXCELLENT HOUSE FOLIAGE LEARN THE RICH HISTORY BEHIND THIS PLANT. FREE WITH EVERY ORDER. TI PLANTS ARE GROWN OUT OF A LOG. DIMENSIONS CAN BE CONTROLLED ACCORDING TO THE SIZE OF THE CONTAINER GUARANTEED TO FLOURISH.

DIRECT FROM Europe
- Save 80% to 90% -

FREE! COLOR BROCHURE
Heirloom Quality Floor Clocks

TAPESTRIES WOVEN IN EUROPE

TAPESTRIES have been admired in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.

Tapestries are available in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.

DIRECT FROM Hawaii
Tropical Exotic Hawaii
Hawaiian Good Luck Plant
BRING THE CHARM OF TROPICAL EXOTIC HAWAI TO YOUR HOME.
WITH THIS EXCELLENT HOUSE FOLIAGE LEARN THE RICH HISTORY BEHIND THIS PLANT. FREE WITH EVERY ORDER. TI PLANTS ARE GROWN OUT OF A LOG. DIMENSIONS CAN BE CONTROLLED ACCORDING TO THE SIZE OF THE CONTAINER GUARANTEED TO FLOURISH.

DIRECT FROM Europe
- Save 80% to 90% -

FREE! COLOR BROCHURE
Heirloom Quality Floor Clocks

TAPESTRIES WOVEN IN EUROPE

TAPESTRIES have been admired in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.

Tapestries are available in Europe for centuries. At these low prices, you'll want several. Authentic replicas, machine woven of 100% cotton—will not fade. Sizes & scenes to fit any decor.
**INTERIOR DECORATION**

For a Satisfying Hobby or Rewarding Career

The Famous HOME STUDY course gives you this hobby. Personalized instruction; easy-to-follow lessons; custom-made assignments. Complete your own course and become a Home Decorating Consultant. 

- Furniture selection
- Textiles: furnishings, room arrangement
- Color Harmonies
- Patterning, Paints & Papers
- Lighting

Send for free booklet.

---

**NEW YORK SCHOOL OF INTERIOR DESIGN**

55 East 50th St., New York 10022

New York School of Interior Design

155 East 50th St., New York 10022

Please send me (no obligation) Catalog C21

---

**THE SAFE 2-WAY PET DOOR**


TUREN, INC., Dept. HG10
2 East Ave.
Dobbs Ferry, N.Y. 10522

---

**RAGGEDY ANN & ANDY TABLE LAMPS**


Marter Lighting
1302 Flatbush Avenue
Brooklyn, N.Y. 11218

---

**SHOPPING AROUND**

**TIMELESS DESIGN**

Hand-carving makes a Louis XVI arm chair truly elegant in any setting. Solid beech frame is ready to finish. Seat and back hand-caned. $149; side chair $134. Can be ordered. Furniture catalogue $1, Door Store of Washington, DC, HG10, 3140 M St. N.W., Washington, DC 20007.

---

**PET PROTECTION**

Bronze medallion sculpted with St. Francis patron saint of all animals. On the reverse it has space for pet's name, year, address, and telephone number. Engraved free. Includes collar hook. $2.49 ppd. Leisure Industries, HG10, 11669 Santa Monica Blvd., Los Angeles, CA 90025.

---

**NEWS OF YOU**

Have your own holiday greeting plus photos reproduced on one of the 33 special letterheads, cards and French-folds. 100 messages $19.50. $100 with photos $23.50. Ppd. Kit and instructions 10c write to Christmas Letters, HG10, 2919 E Pearl St., Boulder, CO 80302.

---

**SKIN TONER KIT**

Home plan is designed to help reduce any flabby spots and to revitalize skin. Mitt used to massage and buff; gel concentrate to lubricate. High-smoothing crème; guidebook. $9.95 plus $1 post. Parisian Slimmers System, Dept. LG/Y, Box 7538, Van Nuys, CA 91409.

---

**GREAT IDEAS**

Amazing 196 page gift catalogue. 2,000 items—most under $5! Selections for men, women, children to help make armchair shopping the best solution to holiday crowds. Toys, housewares, novelties. Color catalogue free from Miles Kimball Co., 227 Bond St., Oshkosh, WI 54901.

---

**REPRODUCTION FIREPLACE SCREEN**

In your home, the movable screen will deflect and direct heat from your fireplace and be a beautiful accessory, too. It's African mahogany with mahogany finish, reproduced from a fine XVIII Century American antique, down to the design of the needlework (which may be replaced with your own).

57¾" high. Screen 23¼ x 21½"

$135.00. ship. chgs. col. No C.O.D.

Send $1.60 for Catalog 21
Dept. 345, Box 266, Concord, N.C. 28025

---

**REPRODUCTION FIREPLACE SCREEN**

In your home, the movable screen will deflect and direct heat from your fireplace and be a beautiful accessory, too. It's African mahogany with mahogany finish, reproduced from a fine XVIII Century American antique, down to the design of the needlework (which may be replaced with your own).

57¾" high. Screen 23¼ x 21½"

$135.00. ship. chgs. col. No C.O.D.

Send $1.60 for Catalog 21
Dept. 345, Box 266, Concord, N.C. 28025

---

**SOLID COPPER PIECES FOR YOUR HOME**

The warmth and ever increasing value of hand crafted solid copper expressed in 4 wall decorative pieces that will look perfect in any room of your home or will be a treasured gift for years to come.

SEND FOR OUR COMPLETE CATALOG. We are direct importers of one of the biggest copper and brass gift selections. All C.O.D.'s

Please Add $75c Shipping Charges To your order. If you order 2 or more pieces, we will pay freight.

**CARAVAN GIFTS**

P.O. BOX 56136 ATLANTA, GA. 30303

---

**READ-EAT-WATCH TV**

**IN RELAXED COMFORT**

A joy for bed readers, a must for convalescents and a welcome gift for all. This elegant stained mahogany plywood folding frame is 56¾" wide x 36" high. A full 4½' 6' higher than other back rests, it gives full pillow support to head and back for comfort sitting up position. Adjustable to your maximum comfort, vertical headrest, armrests and your own pillow securely in place, but when you want it, anchored by non-skid base. Conveniently light, it folds wicker-thin in storage space. Send $5.00 for postpaid, ship's gift, direct and mail in if must. NJ residents add 5% tax. Send your check or money order for

Better Sleep Inc. BOX GF
New Providence, New Jersey 07974
MONEY BACK GUARANTEE

---

**SEE MIRACLE OF BIRTH**

$5.98 FIRST PAID WITH $9.98 2nd, 3rd, 4th, etc. SAVANNAH, GA. 31402

You get the new clear plastic dome CHICK HATCHER with 6 Bobwhite Quail Eggs (available year-round) and Egg Hatcher's Guide Book. Complete—nothing else to buy. Send check or money order to

G.O.F. MFG. CO., DEPT. CG
212 Runner Ave., Savannah, Ga. 31402
Suede Leather
Desert Moccasin
$10.88
SIZES 5 to 10, 11, & 12
Luxurious sand color suede leather, flexible, soft, sole-footed genuine plantation leather, these shoes are comfortable, excellently fitting. Send for design a steal at this price.

10 DAY TRIAL
You take no risk. Wear shoes 10 days. Then, if not delighted with fit, quality, style, and comfort, return them for refund of purchase price.

WE HAVE YOUR SIZE
SEND FOR FREE COLOR CATALOG of 403 more stock.

HILL BROTHERS
Dept. 226
241 Crescent Street, Waltham, Mass. 02154

SPECIAL-BY-MAIL OFFER!
COFFEE FILTERS
This Style Fits
Mr. COFFEE | Mr. COFFEE II
WEST BEND
BUNN, SUNBEAM
CORY, SEARS

EXTRA!
200 Filters reg. $5.00 $3.75
500 Filters reg. $12.50 $8.75
1000 Filters reg. $25.00 $15.95

This Style Fits
MELITTA
EVA, SCHICK
BRANU
ROCKLINE

POSTAGE PREPAID
Satisfaction or Money refunded
#101 (2) 7-CUP SIZE
200 Filters $3.50
500 Filters $6.50
1000 Filters $15.00

Also Filters to Fit
David Douglas Star, Chemex, Filtador, Pyrex, Cuisinart, Etc.
400 Filters $7.00
1000 Filters $16.50

Corning, Etc.
400 Filters $9.50
1000 Filters $22.25

Write for Catalog.
Order Now—Any Filters at Prices Listed.
Kindly send check or money order to
REGAL FILTER CO., Dept. F, Box 20247.
REGAL FILTER CO., Dept. F-876, Box 20247.

DRAMATIC BUTTERFLY PLAQUES
These colorful butterflies are charming accents for every room in your house. Swivel hangers for variety of flight direction. One Giant 20" x 20" or two small pair 12" x 12" $15.95 ppd. in lime, red, white, black, orange, pink, blue, yellow. VA residents add 4% tax. Send number and exp. date for M/C or B/A.

THE BEDROOM
2711 1037 Laskin Rd.
Virginia Beach, VA 23451

SHOPPING AROUND
HOLIDAY COBBLER
Artist smocking front and back. Assorted colorful prints, all machine washable and carefree. 12-20 sizes $4.75; two $9.24-44 sizes, two $10. Add $1 post. Free brochure with order (or send self-addressed envelope). Wendy Dale, GE-10, Box 91, Newton Centre, MA 02159

REFRESH AND RELAX
Stimutron rollers relax aching feet quickly and effectively without battery or electricity. Base with suction cups attaches to smooth surface flooring. $14.95 ppd. Spectrum International, Inc. Write to Dept. E3A10, 1143 Washington St., Hanover, MA 02339.

ALADDIN'S TOUCH
An opulent stack of three cushions each with four-button tufting. Red, beige, blue and rust crushed velvet with black tassels, polyfoam stuffing. 14" x 24" x 24" on 1½" easy moving ball casters. $39.95 ppd. Marion Travis, HG10, Box 292, Statesville, NC 28677.

NEVER TO RETURN
For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-48, 5701 W. Adams Blvd., Los Angeles, CA 90016.

AT YOUR SERVICE
Placemats are always flat and ready when you keep them in a press. Strong board folder in pastel floral, ribbon tie, 20" x 14" x 2". Holds 24. For mats, $6.95 plus 75c post.; for napkins, $3.95 plus 50c post.; both $11.95. Pd. Elizabeth McCaffrey, HG10, Northport, NY 11768.

THE CENTS-OF-TIME TOUCH
PERSONALIZED STOCKING WITH CALICO LETTERS
18" $6.75

CHRISTMAS CRAFTS
RT II BOX 175 D
AUBURN, ALABAMA 36830
DENIM & CALICO BALL
$2.25 ea. (RED or GREEN)

BUTTERFLY PLAQUES
These colorful butterflies are charming accents for every room in your house. Swivel hangers for variety of flight direction. One Giant 20" x 20" or two small pair 12" x 12" $15.95 ppd. in lime, red, white, black, orange, pink, blue, yellow. VA residents add 4% tax. Send number and exp. date for M/C or B/A.

THE BEDROOM
2711 1037 Laskin Rd.
Virginia Beach, VA 23451

SHOPPING AROUND
HOLIDAY COBBLER
Artist smocking front and back. Assorted colorful prints, all machine washable and carefree. 12-20 sizes $4.75; two $9.24-44 sizes, two $10. Add $1 post. Free brochure with order (or send self-addressed envelope). Wendy Dale, GE-10, Box 91, Newton Centre, MA 02159.

REFRESH AND RELAX
Stimutron rollers relax aching feet quickly and effectively without battery or electricity. Base with suction cups attaches to smooth surface flooring. $14.95 ppd. Spectrum International, Inc. Write to Dept. E3A10, 1143 Washington St., Hanover, MA 02339.

ALADDIN'S TOUCH
An opulent stack of three cushions each with four-button tufting. Red, beige, blue and rust crushed velvet with black tassels, polyfoam stuffing. 14" x 24" x 24" on 1½" easy moving ball casters. $39.95 ppd. Marion Travis, HG10, Box 292, Statesville, NC 28677.

NEVER TO RETURN
For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-48, 5701 W. Adams Blvd., Los Angeles, CA 90016.

AT YOUR SERVICE
Placemats are always flat and ready when you keep them in a press. Strong board folder in pastel floral, ribbon tie, 20" x 14" x 2". Holds 24. For mats, $6.95 plus 75c post.; for napkins, $3.95 plus 50c post.; both $11.95. Pd. Elizabeth McCaffrey, HG10, Northport, NY 11768.
**SHOPPING AROUND**

**LEO ON LEASH**
Lovable little lion, trapper and tamers for fashion dash. Pewter tone finely etched pendant is 1 1/2" in diameter, hangs like a meek pussycat, on 18" silvery chain. Great for safari pantsuits or wild T-shirts. $3.50 ppd. Whitt, Dept. G2, Box A3919, Chicago, IL 60690.

**REAL CUT-UP**
If you love shopping, recipes, coupons, ads and Shopping Around, clip it paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20c post. from Anthony Enterprises, HG10, 556 Mission St., San Francisco, CA 94105.

**NATURAL**

**NEEDLEPOINT ORNAMENTS**
Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½" to 5", $2.25 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

**LEGAL LOOP-HOLES—INFLATION FIGHTER**
How to stop Creditors with one easy move!!! How to pay off those nagging bills, at your convenience!!! Your legal rights, when the collector calls!!! Form letters to send the nagging collection agency that persists!!! How you can convert ordinary income into a tax break called capital gains!!! Make your taxes work for you!!! and pay off those nagging bills, at your convenience!!! Your legal rights, when the collector calls!!! Form letters to send the nagging collection agency that persists!!! How you can convert ordinary income into a tax break called capital gains!!! Your legal rights, when the collector calls!!! Form letters to send the nagging collection agency that persists!!! How you can convert ordinary income into a tax break called capital gains!!! Your legal rights, when the collector calls!!! Form letters to send the nagging collection agency that persists!!! How you can convert ordinary income into a tax break called capital gains!!! Your legal rights, when the collector calls!!! Form letters to send the nagging collection agency that persists!!! How you can convert ordinary income into a tax break called capital gains!!! Your legal rights, when the collector calls!!! Form letters to send the nagging collection agency that persists!!! How you can convert ordinary income into a tax break called capital gains!!!

**EL KAMAS ENTERPRISES**
7th Floor, El Camino Bank Bldg. Anaheim, California 92805

**"HUMMEL" Stitchery**
Exquisite "Hummel" Stitchery inspired by the enchanting paintings by Sister Bert Hummel which have won the hearts of young and old around the world. Paragon has captured the porcelain-like quality of these apple tree children in crewel through the use of detailed stitches and delicate shading. Each picture comes in kit with linen, yarn and instructions at $6.00. 9" x 12" oval frame available in gold with brown lip, $5.50 each. Send for free brochure.

Janet's
Highway 35 Sea Girt, N. J. 08750

**SAFARI PILLOWS**
Jet black hand-silk-screen pattern centered on study, crisp white washable canvas. 15x15" zippered knife-edge covers with plug, no fillers. Ours alone! Choose a Lion, a Tiger or a Zebra...to fill a sofa, accent a bed, cuddle up to at a fireplace. Each, $14.95 ($1.50 postage/handling). Set of Three, $40. ($2.50 postage). Send check, BA, MC, DC or AmX charge card # Exp. date. Sariu, no COD's. Sariu, no CODs. Sariu, no CODs. Sariu, no CODs.

**The Sabine Company**
The serenity and grace of our pure white seagull in solo flight will capture your heart and imagination.
Approximately 16 x 11 inches, this finely glazed ceramic statue with non-scratch felted bottom, complements any setting. The perfect gift for all.
A creation of lasting beauty for only $14.00 Postpaid no COD NY State Residents Add Sales Tax Money refunded if not fully satisfied.
DELBAR CREATIONS
Dept. HG-14
16 Laurel Rd., East Northport, N.Y. 11731

**Butcher Block**
This easy to use, non-breakable molded plastic litter enclosure stops litter spills, confines odors, hides wastes, and comes in blue, brown, beige, avocado, yellow, and white. 7" dia. hole for easy entry.
22" Lx16" Wx18" H $27.95 ppd. for cats weighing less than 12 lbs. or over 20" Lx14" Wx17" H $19.95 ppd. Haugen Products, Inc. Dept. HG 709 W. Huron Ann Arbor, Mich.
PHOTO CHRISTMAS CARD

$25  $3.50

Complete with envelopes. Additional cards 15c each. Made from 276 Fifth Ave., Dept. GIO5, New York, N.Y. 10010.

PHOTO CHRISTMAS CARD

$25  $100

Photo Christmas Card

COLOR

MINTER'S

$25

MINTED IN HALL

AMERICAN EAGLE IN LIBERTY BELL.

BATH BEAUTY


FAMILY CREST RING


COMPACT COMFORT

Good-looking sturdy seating in butcher block chairs that fold flat to store in a small space. Wood seat, natural only $14.90; cane seat, in natural or walnut $19.90; in kit which is compact and takes little space, $79.95. Engraved on precious stones, $285. Pd. Free catalog. Hargrave Imports. HG10, 21 W. 46th St., New York 10036.

FOR YOUR TREE

Enchanting wax ornaments from West Germany. Six in kit which have three primary colors and white for mixing your own hues, gilt, brush and hanging cords. 2½" to 3½", $5.95; two $9.98. Add 50c post each. Lillian Vernon, GOE, 510 So. Fulton Ave., Mt. Vernon, N.Y. 10550.

FASHION PATTERNS

Pattern design book shows how to use professional techniques in creating your own designs. Pattern-making can be simple and fun. These days, making your own patterns makes good sense. $3.95 plus 50c post. Mitchell Haddad, HG10, 213 Dahlgreen Pl., Brookline, N.Y. 11209.

SHOPPING AROUND

Join us on a shopping trip in the markets of Spain and over 30 other countries around the world. Our Fall Catalog brings together fashions, jewelry, glassware, copper, wood and delightful Christmas decorations. Make your gift giving personal and unique with a selection from our new color catalog of hand crafted imports. Send 25c today.

BICENTENNIAL THIMBLES

Top to bottom: American Eagle in hand cast pewter, #3160, $5.95 pdd. Betsy Ross, Enamel overlay on Sterling Silver, #3043, $15.95 pdd. Liberty Bell, Magnificent replica in Sterling Silver, #3047, $14.50 pdd. Molly Pitcher. Marked Sterling Silver, #4060. $27.50 pdd.


"GOOD DEEDS" by NORMAN ROCKWELL

Limited Edition

Gorham

At Christmas time the only place to have your name was on the "Good Deeds" page of SANTAS Book, 1975 Christmas Plate by Norman Rockwell, $17.50 pdd.

LADY KATHERINE

COLECTIBLES

122 Sunrise Hwy., No. Babylon, N.Y. 11703

PHILIPS" FOTO CO. 3783 Main, Enfield, N.Y. 13760
**Shopping Information**

All prices approximate.
Consult your interior designer or store decorating department.
Postage indicated by ( ).

**ED AND TV STORAGE**

page 126:

- Double-fitted cotton sheet: $28
- Double flat sheet: $30
- French pillowcase with red trim: 50¢
cotton, 29¢ each, red French pillowcase with white trim:

**PICTURE**

- Chair: 27" x 21" x 24" high, 3-legged, rhinestones leather seat and back, $69.95 COM. By Flair.
- Hutch and bunt board: 64" x 17" x 43" high, wood interior shelves, hutch board may be used as a separate sideboard, $399. From the "Country Down" collection by Stanley.
- Wicker chair and ottoman: chair, 34" x 35" x 32" high, $290; ottoman, 34" x 16" x 30" high, $150. Designed by Jim Peck. From the "Antigua" collection by L.J. Neiwill. By Founders.
- "Turn Of The Century" sleeper: 31" x 40" x 29" high, upholstered in Haitian cotton. $305, By Seilig.
- Cocktail table: 40" x 16" x 16" high, elm plano top, parsons style legs. $199. By Flair.
- "Antique" glass-topped table: walnut frame, leather cushions and thongs, natural finish. 34" x 29" x 29" high. By Founders.
- "Spectrum" coffee table: 22" x 26" x 26" high; 6 wedge-shaped tables fit together to make 1 round table, smoked glass over lattice design, olive brown canvas; chair, 35" x 29" x 38" high, $299. By Chromcraft.
- "Majorca" 100% wool blankets. $22. By Moreddi.

**REAL AMERICAN DECORATING MATERIALS**

- "Tetley" wool rug: 4' x 6'. $199. By Brinton.
- "Geiger" wool rug: 4' x 6'. $199. By Brinton.
- "Jute Group" pillows: 100% jute. Material submitted must include return postage or a self-addressed, stamped envelope.

**WINE & FOOD**

- Woven plates at Henri Bendel. $12.95. By Moreddi.
- Wicker chair and ottoman: chair, 32% x 29% x 23% high, grays, stain: in bath, white stain; in bedroom hearth seat, $399. By Founders.
- "Sko" wool rug: 4' x 6'. $240. By Brinton.

**BUILDING FACTS**

- Contractor: Michael E. Jantzen.

**STRUCTURE**

- Foundation: Pourcd concrete footings.
- Framing: Standard wood-frame construction and wood arches.

**EXTERIOR OF HOUSE**

- Exterior walls: Steel and plywood by the Strongbow Co.
- Exterior finish: White paint by Phe- lun's Paint Co.
- Roof: Painted steel silo top.

**INTERIOR OF HOUSE**

- Interior painting and finishes: In living room, gray stain; in bath, white stain; in bedroom hearth seat, all by Phean's Paint Co.

**APPENDIX**

- Hot water heater: Electric heating and cooling system: Heated by solar system and 220 portable 15600 BTU's electric heater; cooled by natural ventilation and exhaust blower.

To order plans for the solar-powered house, greenhouse, or sauna, write to Michael Jantzen, Box 172, Carlyle, IL 62231

**BUILDING FACTS 1975**


**EXTERIOR OF HOUSE**

- Exterior walls: Steel and ply wood by the Strongbow Co.
- Exterior finish: White paint by Phe- lun's Paint Co.
- Roof: Painted steel silo top.

**INTERIOR OF HOUSE**

- Interiors: Walls - 1" to 12" white finish. ceilings: In major rooms, curtains, drapery.}

**.valueOf.js**

```
function getValue() {
  const value = document.querySelector('input[type=radio]:checked').value;
  return value;
}
```

**BARBADOS**

- Visit New York City, the year-round vacation spot where you will find pleasures to suit all tastes.

** Manila**

- Manila, the seat of government.

**WINE & FOOD**

- Page 139: Woven plates at Henri Bendel.
- Bath, tile, in bedroom, found by Brinton Foam Products Inc.
- Floors: Vinyl adhesive-type tiles by Kentile Floors Inc.
- Lighting: Fluorescent tubes by General Electric Co.
- Interior paints and stains: In living room, gray stain; in bath, white stain; in bedroom, heat-resistant paint; all by Phean's Paint Co.
- Music system: Stereo system by Sony Corp. of America.
- Cabinets and countertops: Custom made particle board cabinets and Formica countertops.

**MECHANICAL EQUIPMENT**

- House & Garden assumes no responsibility for unsolicited manuscripts, photographs, drawings, house plans, or uncompensated material. Material submitted must be accompanied by return postage or a self-addressed, stamped envelope.

**Manuscripts**

House & Garden assumes no responsibility for unsolicited manuscripts, photographs, drawings, house plans, or uncompensated material. Manuscripts must be accompanied by return postage or a self-addressed, stamped envelope.

**Building Facts**

Materials and equipment used in the solar house on pages 134-137

**Architect:** Michael E. Jantzen
**Interior designer:** Michael E. Jantzen
**Landscape architect:** Michael E. Jantzen
**Contractor:** Michael E. Jantzen

**Structure:**
- Foundation: Porous concrete footings.
- Framing: Standard wood-frame construction and wood arches.

**Exterior of House**
- Exterior walls: Steel and plywood by the Strongbow Co.
- Exterior finish: White paint by Phe- lun's Paint Co.
- Roof: Painted steel silo top.

**Interior of House**
- Interiors: Walls - 1" to 12" white finish. ceilings: In major rooms, curtains, draperies.

**Materials and equipment used in the solar house on pages 134-137**

**Architect:** Michael E. Jantzen
**Interior designer:** Michael E. Jantzen
**Landscape architect:** Michael E. Jantzen
**Contractor:** Michael E. Jantzen

**Structure:**
- Foundation: Porous concrete footings.
- Framing: Standard wood-frame construction and wood arches.

**Exterior of House**
- Exterior walls: Steel and plywood by the Strongbow Co.
- Exterior finish: White paint by Phe- lun's Paint Co.
- Roof: Painted steel silo top.

**Interior of House**
- Interiors: Walls - 1" to 12" white finish. ceilings: In major rooms, curtains, draperies.

**Mechanical Equipment**
- House & Garden assumes no responsibility for unsolicited manuscripts, photographs, drawings, house plans, or uncompensated material. Material submitted must be accompanied by return postage or a self-addressed, stamped envelope.

**Manuscripts**
- House & Garden assumes no responsibility for unsolicited manuscripts, photographs, drawings, house plans, or uncompensated material. Manuscripts must be accompanied by return postage or a self-addressed, stamped envelope.

**Building Facts**
- Materials and equipment used in the solar house on pages 134-137

**Architect:** Michael E. Jantzen
**Interior designer:** Michael E. Jantzen
**Landscape architect:** Michael E. Jantzen
**Contractor:** Michael E. Jantzen

**Structure:**
- Foundation: Porous concrete footings.
- Framing: Standard wood-frame construction and wood arches.

**Exterior of House**
- Exterior walls: Steel and plywood by the Strongbow Co.
- Exterior finish: White paint by Phe- lun's Paint Co.
- Roof: Painted steel silo top.

**Interior of House**
- Interiors: Walls - 1" to 12" white finish. ceilings: In major rooms, curtains, draperies.

**Wine & Food**
- Page 139: Woven plates at Henri Bendel.
Building and Remodeling

1. MEET . . . "THE HOME PRO!"
He is the creative personality you'll meet in the "Home Pro Landscape and Lawn Care Guide." The "Home Pro" takes special care not to make any assumptions about your past experience or skill. Each step of the job is clearly described and illustrated with detailed drawings. 3M Company. $2.95

2. "CLEANER AIR." Background information on in-home air pollution control is provided in this new booklet "Cleaner Air" from Research Products Corporation. It describes the capabilities of air filters and air cleaners and presents efficiency data on the removal of house dust, tobacco smoke, pollen, and spores by a new type of air cleaner that uses no electricity.

3. STAINLESS STEEL SINKS—
Deluxe 30-page color booklet, "How Water Can Serve You Throughout Your Home." Ideas for kitchen, bath, and laundry. Also includes recipes from Bon Appetit magazine. Elkay Manufacturing Company. $1

4. NEW IDEAS WITH WOOD WINDOWS—Pella Rolscreen windows, and doors are as beautiful as they are easy to maintain. Colorful booklet illustrates how Pella designs add distinction to any house.

5. DO-IT-YOURSELF CERAMIC TILE—An 8-page color folder illustrates techniques for installation of Easy-Set—sheets of ceramic tiles held together with a factory-applied silicone rubber grout. Shows 6 colors in which this do-it-yourself product is available and areas in which it may be used. American Olean Tile Company.

Decorating

6. "A GUIDE TO CARPET BUYING," from C. H. Masland & Sons is designed to give you facts that will make you more confident when buying a carpet. Carpet color, texture, construction, makeup, fiber, backing, and padding are discussed. Plus pointers on how to care for your carpet.

7. OUTDOOR FURNITURE—A wide variety of outdoor furniture is now available to you from the Tropitone Furniture Co., Inc. Delightfully illustrated color catalogue gives you an inventory of the various styles and colors. $1

8. RATTAN WITH RAWHIDE. The McGuire Company's beautifully illustrated new booklet shows how this furniture fits easily and naturally into any surroundings: traditional, Oriental, or very modern. Booklet also discusses the strength, flexibility, craftsmanship, and patented technique of this collection. 50c

9. INSPIRED BY ANCIENT TIMES, yet contemporary in style—the Henredon Artefacts collection of bedroom, dining room, and occasional furniture. These simple, classic, comfortable pieces are shown in a 50-page booklet. $1

10. EXCLUSIVE COLLECTION. Two handsome hardbound volumes totaling 402 pages plus a separate index by living area and item show the entire collection of Baker classic furniture for the living room, bedroom, and dining room. Baker, Knapp & Tubbs. $15

11. A VARIETY OF CREATIVE DESIGNS in upholstery, wood, metal, and plastics are shown in this decorative folder from the Selig Manufacturing Company, Inc. Included in the collection is an extensive array of sofas and sofa beds, chairs, ottomans, and tables. $1

12. KITCHEN AND BATH SELF DECORATOR. Color coordinator idea pamphlet features Formica Brand Coated Wall Fabrics. Sketches of twelve sample kitchens and baths show these wall fabrics combined with Formica's decorative laminates—all in House & Garden Colors.

13. HOMEFURNISHINGS CATALOGUE from Brown Jordan. Sixty-two pages in full color show its complete line of indoor/outdoor homefurnishings made of cast and tubular aluminum. Included is a special section giving dimension specifications for every item produced. $2

Eating and Entertaining

14. EXPRESS YOURSELF WITH DECORATIVE TABLE SETTING IDEAS shown in this booklet. Follow simple directions for creative American
settings. Use them as a starting point for your own imagination. Easy. Fun. Yours from the Pfaltzgraf Co., manufacturers of stoneware and coordinating metalcrafts.

15. GET ALL THE FACTS from this colorful flyer on Thermador Thermagas Smooth Cooktops. Models include a barbecue grill that trades places with a Teflon-coated griddle to give you a bundle of cooking conveniences. Complete descriptions and specifications.

16. NEW '76 CUTLERY CATALOGUE from Gerber Legendary Blades is packed with the most up-to-date designs from the master knife makers. Whether it is a mining blade, a kitchen knife, or a carving set, Gerber's got something for every kitchen.

17. "... RECIPES EXPRESSING FIVE CENTURIES OF GOOD TASTE" are listed in this original booklet from Four Roses Distillers Company. Recipes for food, drink, and desserts are given—Tuaca Italian Hat Salad, Olive Rice Pilaf, and many more.

18. ENJOY OLIVES IN MANY DIFFERENT WAYS ... Lindsay International's special 95-page paperbacks give 151 easy-to-prepare international recipes for world-famous dishes made with Lindsay Ripe Olives. You'll learn to make Veal Veronica and Ohio Rivers on the Delta Queen, 19. CRUISE THE MISSISSIPPI and many other tantalizing taste treats. 25c from France, Spanish Crepes, Mexican Desserts are given — Tuaca Italian Hat Salad, Olive Rice Pilaf, and many more.

19. CRUISE THE MISSISSIPPI and Ohio Rivers on the Delta Queen, last of the overnight paddlewheel steamboats. The romance and historical flavor of riverboat life is appealingly outlined in the brochure "Voyages to America" from the Delta Queen Steamboat Co.

20. "RELAX AMERICA ... EASE YOUR TENSIONS" is an informative 32-page booklet from The Englander Company, makers of Tension Ease sleep sets. Booklet points out ways to recognize your tension and let it go by learning to relax. The natural consequence of relaxation—healthful, vitalizing sleep! $1

21. PORCELAIN ENCHANTMENTS are shown in this elegant brochure from Cybis. Sculpture collections represented are "Animal Kingdom," "Caprice," "Children of the World," "Porcelain Gardens," and "Portraits in Porcelain." A price list of Cybis designs and publications included. 50c

22. RADIOS, TAPE RECORDERS, COMPACTS, AND CAR STEREOS are shown in this 32-page, full-color catalogue from Hitachi. Engineering features are outlined and individual models illustrated. Factual descriptions and specifications accompany each style number.

23. "ANYONE CAN QUILT." De-Stress and Traditions by White. 22 pages, many in color. Handcrafted occasional pieces by the South's oldest maker of fine furniture. To see the entire collection send 50c to Dept. HG-10, White Furniture Company, Mebane, N.C. 27302.

Potpourri

19. CRUISE THE MISSISSIPPI and Ohio Rivers on the Delta Queen, 20. "RELAX AMERICA ... EASE YOUR TENSIONS" is an informative 32-page booklet from The Englander Company, makers of Tension Ease sleep sets. Booklet points out ways to recognize your tension and let it go by learning to relax. The natural consequence of relaxation—healthful, vitalizing sleep! $1

21. PORCELAIN ENCHANTMENTS are shown in this elegant brochure from Cybis. Sculpture collections represented are "Animal Kingdom," "Caprice," "Children of the World," "Porcelain Gardens," and "Portraits in Porcelain." A price list of Cybis designs and publications included. 50c

22. RADIOS, TAPE RECORDERS, COMPACTS, AND CAR STEREOS are shown in this 32-page, full-color catalogue from Hitachi. Engineering features are outlined and individual models illustrated. Factual descriptions and specifications accompany each style number.

23. "ANYONE CAN QUILT." De-Stress and Traditions by White. 22 pages, many in color. Handcrafted occasional pieces by the South's oldest maker of fine furniture. To see the entire collection send 50c to Dept. HG-10, White Furniture Company, Mebane, N.C. 27302.

Order coupon for booklets

October, 1975

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50c for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: HOUSE & GARDEN, Dept. 10
Box 3579, Grand Central Station
New York, N.Y., 10017

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
<td>9</td>
<td>10</td>
<td>11</td>
<td>12</td>
<td>13</td>
<td>14</td>
</tr>
<tr>
<td>15</td>
<td>16</td>
<td>17</td>
<td>18</td>
<td>19</td>
<td>20</td>
<td>21</td>
</tr>
<tr>
<td>22</td>
<td>23</td>
<td>24</td>
<td>25</td>
<td>26</td>
<td>27</td>
<td>28</td>
</tr>
</tbody>
</table>

I enclose:

8......50c for postage and handling of my request for booklets
8......for booklets circled requiring payment
8......is my total remittance

Offer expires 12/15/75

Name
Mrs. \\
Mr. \\
Miss \\
(Please Print)

Address

City State Zip

Start a tradition in your home.
Living With Tradition by White. 22 pages, many in color. Handcrafted occasional pieces by the South's oldest maker of fine furniture. To see the entire collection send 50c to Dept. HG-10, White Furniture Company, Mebane, N.C. 27302.

BING & GRØNDAHL Copenhagen porcelain since 1853

It took us 80 years to bring this to you.

Bing and Grøndahl introduced the world's first porcelain Christmas plate in 1895. The 1975 Christmas plate marks a family tradition that has continued through four generations.

This year's motif, Christmas at the Old Watermill brings you the old world charm of a moonlit Christmas eve. This beautiful porcelain relief in blue underglaze is 7 inches in diameter with a pierced back for hanging.

The Christmas plate is prized as a collector's item. The original plate made in 1895 is now valued at $3,000.00. "Christmas at the Old Watermill" comes gift boxed and is priced at $27.50. For the location of your nearest Bing and Grøndahl dealer write us at 220 5th Avenue, New York, N.Y. 10010.
Finding the things you need for year-round gardening

One gardener’s catalogue list, fringed tulips, landscape service, bottle brush shrub, gifts from the garden, Bicentennial bulbs

Where to find the things you need

Everything H. Peter Loewer (page 114) says about gardening, indoors or out, is based on his own direct experience. To assist his eager mind and clever hands, Mr. Loewer counts on suppliers of high-quality seeds, bulbs, plants, and equipment for keeping his garden up to snuff. For the clamp-on Reef Flower Pot Stake Holder shown on page 114, he sends to the manufacturer, Northville Botanical Products Division, Reef Manufacturing Company, 7 Mile Rd., P.O. Box B, Northville, Mich. 48167. Since the stake holders come in a variety of sizes, it would be wise to write for a complete price list before ordering. For pots, trellises, odds and ends of equipment, Mr. Loewer goes to Mellinger’s, Inc., 2310 West South Range Rd., North Lima, Ohio 44452. His native wild plants come from Gardens of the Blue Ridge, Ashford, McDowell County, N.C. 28602.

The tulip with the fringe on top

It’s time to plan for spring-flowering bulbs. The ordinary run of tulips and daffodils is marvelous enough, but most of us like something a bit different once in a while. For the spring of 1976 the something different might well be one of the new fringed tulips. An offshoot of the much-loved cottage tulips, these new petals that are actually fringed, rather than ruffled and cut, as in the familiar parrot tulip. A generous handful of varieties is available for planting in the fall of 1975, listed separately in most catalogues. One of the best is Burgundy Lace, left, which has a glowing wine-red color, stands about 20 inches high, and flowers at the same time as plain-petal cottage varieties. A good source of supply is De Ja Bulbs, South Hamilton, Mass. 01982. The De Ja catalogue is priced at $1 for newcomers, will be free to steady customers. Tulip Burgundy Lace belongs to a new class of fringed varieties.

Mail-order landscape design

Most homeowners would like to have professionally designed landscaping. Often, however, they are discouraged by not knowing quite how to find a suitable landscape architect or by living so far from population centers that a professional’s traveling expenses could add up to staggering amounts. So a mail-order landscape service would seem to be the answer, except that there hasn’t been any such thing. Most professionals have felt that the mail-order business was not worth bothering with, or have simply not known how to go about doing the job. Now, The City Gardener, in New York City, has set up just that kind of service, and has a stable of trained people to fill their clients’ needs. Initial recommendations, prepared to fit the basic needs of clients’ property, are made for the fee of $25. Detailed plans, based on building measurements and property boundaries, cost from $200 up depending on the size of the area and amount of detail required in the design. As might be inferred from its name, The City Gardener has a special expertise in rooftop, terrace, and backyard gardens but is prepared to deal with properties of any size. The City Gardener is at 121 E. 17th Street, New York, N.Y. 10003. A small offset but truly practical Christmas gift, a packaged landscape plan from these professionals might be just the thing for newlyweds or new homeowners.
Dr. Fothergill's Bottlebrush

Named for Dr. John Fothergill, one of the notables who shared the scientific limelight with Benjamin Franklin in the 18th century, Fothergilla is one of the most distinctive shrubs that are native to North America. There are three species, of which F. monticola, left, has the most to commend it. The flower clusters are like 2-inch-high white bottle brushes, covering the branches in May. Native to the Carolinas, fothergilla is hardy as far north as Boston, Mass. It is not fussy about soil, grows to be as much as 10 or 12 feet high, and has an open branching habit with leaves that color brightly in fall of the year. Like many worthwhile native plants, fothergilla is generally ignored by nurserymen, so you'll have to place a special order to get it, but it's worth the effort.

Dandelion wine and other goodies

wise gardener is one who has lived to live with wildlings. Not garden rows, or, as in the will give a much better effect with its 13 stars than the somewhat x;ted, like wine. Two imaginative, in some highly visible public area. The Betsy Ross flag in the dia-
e. This may be on the compost te, and blue hyacinths would seem appropriate for the Bicentennial ma Myers, have made up a list

T0BER, 1975

The Betsy Ross flag will make a flowery opener for the Bicentennial.

When writing to our advertisers please be sure to mention house & garden

HELPs SAVE SICKLY HOUSE PLANTS

Liquid Chelated Iron in THERAPY stimulates new green growth fast.

Sickly plants often suffer from iron deficiency. Stern's THERAPY helps revive plants to new vigorous growth. Pale yellowing leaves turn luxuriant green—FAST. Flowers never more beautiful. Healthy plants need Therapy, too.

NEW from MIRACLE-GRO®.

"Corrective nutrition"—acts like a tonic.
You've got to use it to believe it.

Stern's MIRACLE-GRO THERAPY™ for HOUSE PLANTS

DOG-TEX CLEANS AND DEODORIZES DOG STAINS

- Removes Spots
- Saves Rugs
- Restores Colors
- Cleans other Floor Areas
- Aids "Housebreaking"

FREE Send for Helpful "Housebreaking" Hints

CONSOLIDATED CHEMICAL COMPANY
1719 S. Halsted, Chicago, III. 60608

TREES

3 year, select trees, 6'-14'
5 each; Scotch Pine, Norway Spruce, Austrian Pine, Colorado Blue Spruce, White Pine.

FREE Illustrated Catalog

MUSSER BOX 9K (Indiana, Pa. 15701)

GROUNd COVER

ENGLISH IVY 1-year, heavy, rooted cuttings. 6" to 10". Hardy evergreen, fast-spreading.


MUSser BOX 9K INDIANA PA. 15701

WHEN WRITING TO OUR ADVERTISERS PLEASE BE SURE TO MENTION HOUSE & GARDEN

Bulbs for the Bicentennial

it too splashy for your front yard, perhaps, but an American flag in red, te, and blue hyacinths would seem appropriate for the Bicentennial ing of 1976. This could be a worthwhile project for a garden club, to be ated in some highly visible public area. The Betsy Ross flag in the dia-
m will give a much better effect with its 13 stars than the somewhat tered 50 stars of today's flag. This design, and others on the Bicenten-
theme, are included in a folder put out by the Dutch Bulb Growers ocation. It may be consulted at the shop of your local bulb dealer, who also be prepared to give helpful advice about bulbs for local conditions.

There's only one thing worse than finding out you have cancer.

Not finding out.

Many cancers can be cured if discovered early enough. Get a regular health checkup. Start now.

We want to wipe out cancer in your lifetime.

Give to the American Cancer Society

IF gardening is our hobby

Imagine having your favorite flowers any time of the year, regardless of the season. Hobby house gardening is a relaxing, colorful escape from every-
day pressures and educational for the whole family. Made of lifetime aluminum, National hobby houses are prefabricated for easy installation.

THERE'S A SIZE AND STYLE JUST FOR YOU.

Write for literature and additional information

NATIONAL GREENHOUSE COMPANY
P. O. BOX 100

STOBER, 1975

Done in red, white, and blue hyacinths, the Betsy Ross flag will make a flowery opener for the Bicentennial.
Movies without leaving home

Linda J. Ariel and Kathleen Weaver, published by the San Francisco Community Press, the first published second edition of this guide. The guide considered definitive is Feature Films on 8mm. and 16mm., edited by James L. Limbicsher (R. R. Bowker, $3.95) lists only distributors but reviews a number of their catalogues, lists where to rent equipment and buy supplies across the country, film schools, museums, archives, bookstores, publishers, articles, dissertations on film, and so forth.

Some 16mm. movie rental catalogues to send for—Please note When more than one branch is listed, write to the one nearest you. In addition to the rental fee you usually pay insured special delivery postage both ways, sometimes a small fee for damage insurance.

Armonial Film Service rents films, such as Cat Ballou, The April Fools ($55 each), Cool Hand Luke, Rachel, Rachel ($50 each), as well as comedy and sports films, cartoons, even some gardening films with time-lapse color photography. It also rents 16mm. projectors for $10 a day, 1939 Central St., Evanston, Ill. 60201. Free catalogue.


Audio-Brandon Films, Inc. has two colossal catalogues, general and international, of 16mm. film rentals. The international 1976-77 catalogue has an especially large selection of foreign film and silents. 34 MacQuesten Parkway, South, Mount Vernon, N.Y. 10550, with branches in Brookfield, Ill., Dallas, Tex., Los Angeles and Oakland, Cal. These catalogues plus supplements, separate Walt Disney and "Transylvanian" horror film catalogues, are all free.

Budget Films, Inc. rents everything in 16mm. from a five-minute Mary Pickford short ($3) to The Yellow Submarine ($125). Most major American films appear several times, and there are some interesting documentaries, plus silents, musicals, westerns, vintage and current cartoons. 450 South Monica Blvd., Los Angeles, Cal. 90029. Free catalogue and supplement.

Canyon Cinema, Inc. is a filmmaker's cooperative "open to any filmmaker with a film of any kind," and the catalogue is a mixed bag. Most films are 16mm., shorter than 20 minutes, less than $20 per showing. Some films are also available for sale. Catalogue is $2. "Canyon Cinemahems-half that newsletter and supplement is $3 a year. Room 220, Industrial Center Bldg., Sausalito, Cal. 94965.

Cinema Concepts, Inc. sells features and shorts from the twenties on The Blue Angel with subtitles, for example, sells for $190. Most of its 1,000-plus titles are for standard or Super 8 mm. films, some are 16mm. Super-8-with-sound features run about $15-30, with titles such as The Beaverdam, Fool's Gold, minus sound. Catalogue is $2. "Canyon Cinemahems-half that newsletter and supplement is $3 a year. Room 220, Industrial Center Bldg., Sausalito, Cal. 94965.

Contemporary/McGraw-Hill Films has a small rental selection, but it includes good foreign films, documentaries, and silents as well as American features. For example, Ivan the Terrible is $70 for both parts, Bonnie and Clyde is $75. Princeton Rd., Hightstown, N.J. 08520, with branches in Evanston, Ill., and San Francisco, Cal. Free catalogue.

Creative Film Society, "dedicated to...film as an art form," rents mostly short 16mm. films with inventive, experimental leavings, has some old features plus some silents. W.C. Fields, Abbott and Costello, Betty Boop cartoons. Some films are for sale. Catalogue is $1 from the Society at 7237 Canby Ave., Reseda, Cal. 91335.

Dance Films Association, Inc. has an extensive catalogue of dance films—on classic, modern, and foreign dance—in all rental and sale price ranges. The catalogue is $5.50 postpaid for nonmembers of the Association. $5.50 postpaid for members. (Outside U.S. add $2 for additional postage.) Membership in Dance Films Association—concurrent with membership in Dance Society—includes ten meetings with guest speakers and films a year, is $15 a year or, for a student, $10 a year. Room 2201, 250 W. 57th St., New York, N.Y. 10019.

Films Incorporated has over 3000 16mm. films in its general rental catalogue, with big box-office hits and really recent films, among them Chinatown, The Great Gatsby, The Godfather. High-demand films aren't priced in the catalogue—you must write separately. Most films, however, are priced. For example, Cries and Whispers and 2001: A Space Odyssey are $350 each. Play It Again, Sam, Butch Cassidy and the Sundance Kid, and Harvey and Tonto. $250 each.

Kitscher Films has a 16mm. rental catalogue that's medium in size but strong in early cinema, back to a short silent made in 1895. Virgil City stores, Philadelphia, Pa. Offers, for example, Chaplin, Keaton, Lloyd, plus longer classics such as The Blue Angel ($25), Grand Illusion, and Rules of the Game ($35 each), documentaries, and humor. P.O. Box 227, Carmel Valley, Cal. 93924. Catalogue and supplements are free.

Pyramid Films rents and sells short 16mm. features, documentaries, and educational films that look absolutely four-star and very today. Free catalogue includes films on psychology, sports, travel, plus animated, kinetic-art, and "cine-poetic" films. Box 1048, Santa Monica, Cal. 90406.

Sportlite Films rents and sells 16mm. films on memorable champions—the Super Bowl, NBA. World Series, Davis Cup, Indianapolis 500. Plus sports newscasts, travel, and instructional films. Most 16mm. films (catalogue $1) rent for $25-$100. Sportlite also sells Super-8 films (catalogues 90c) with sound or silent with subtitles. 20 North Wacker Dr., Chicago, Ill. 60606.

Swank Motion Pictures, Inc. has a very large popular selection of 16mm. rental features, including The Way We Were and American Graffiti ($175 each), Godspell ($125), Livio Maggio, One Away and Lawrence of Arabia ($50 each), plus old favorites like Casablanca ($80) and Georco ($37.50). And silents, thirties and forties classics. Walt Disney films. 201 South Jefferson Ave., St. Louis, Mo. 63166, with branches in Braintree. Mass. Gr. Ellyn, Ill., Hempstead, N. Houston, Tex. Free catalogue.

United Films has an incredible variety of 16mm. films for rent—The Graduate and Bonnie and Clyde, for example, are $75 each. Plus Chaplin, Keaton, Laurel and Hardy shorts (from $5 or $7 each), children's cinema-plays such as The Adventures of To Sawyer ($30), Alice's Adventure in Wonderland ($52.50), cartoons. Many mystery, horror, science fiction films, 152 Sloat. Man. Tulsa, Okla. 74119. For catalogue.

Westcoast Films rents features such as The Graduate ($65), Autobiography of Miss Jane Pittman ($65), and the animated A B Named Charlie Brown ($50). Silents and early comedy short, adventure, western, horror, and cartoons. 25 Lusk St., San Francisco, Cal. 94107.

Willoughby/Peersl camera store rents 16mm. films and sells standard and Super 8 mm. films at two stores, 1600 Market St. and 1800 Market St. (at the Lexington Ave. and 110 W. 32 St.). Its 16mm. list includes features, silents, slapstick, cartoon action and how-to sports films, 16mm. sound projector available for rent for $25 per day (or weekend) or $62.50 per week. Full catalogues.

Other sources for 16mm. film—primarily non-feature.

Time-Life Films, Inc. has fascinating 16mm. films for rental and sale in its "Educational Resource" catalogue, including famous television series such as The Ascent of Man with Dr. Jacob Bronowski, America with Alistair Cooke, and Civilization with Kenneth Clark. Each of these three series is in color. 16mm. film or video and available for rent on 16mm. as 13 5-minute programs ($100 each) or $1000 for all 13 programs, or 26 26-minute programs ($50 each) or $1000 for all 26 programs. You can also rent and sell novellas 16mm. films and video on business. (16mm. film rental of Up To Organization, for example, is $3
Weekend excursions

continued from page 79

months at the time—is all documented here in one room or another. And it's anything but a musty experience to see every last case and painting. There's an entire whale's skeleton, a step-by-step description of catching a whale, done with a simple text and photographs and drawings. I particularly loved a room hung with figureheads—a very special New England art—and learned once again how to tell a bark from a schooner or a brig by the rigging and the number of masts. There are also several 18th-century room set-ups showing New Bedford family life, which seemed to center around large fireplaces in rooms with low-beamed ceilings. There are fantastic postcards to buy and send. Near the museum are antique shops dealing in scrimshaw, some of it modern, so ask and nautical antiques. Looking around and under and behind in low-overhead shops such as these often yields a find. Lupo's, a tavern within walking distance of the museum, caters to local people and $1.75 buys chowder, a fish dish, vegetable, and dessert. Down on the Wharf, another restaurant, Louie's, hosts many visitors.

Ask at Louie's how to get to the ferry that runs over to Martha's Vineyard and back every day. For most people, though, the Vineyard along with Cape Cod and Nantucket make an adventure of their own and I longingly reserved it for another time.

Malibu museum

continued from page 50

looking one of California's most famous stretches of beach. Open since 1974, it is a reconstruction of a villa near Pompeii, which was buried by Mount Vesuvius in 79 A.D. It was this summer, however, that this large, cool, leisurely villa so appropriate to the almost Italian climate of southern California began to look as though it had always been there. The gardens surrounding the villa have grown up enough to resemble their early counterparts. Olive, peach, pear, and pomegranate trees provide shade and the scent of blossoms and fruit. Various herbs, artichokes, asparagus, asters, and zinnias provide the same mix of food and pleasure that they must have in the first century. Though there are some special shows at the museum, it is the permanent collections—Greek and Roman sculpture that spans the period several centuries before and after Christ, Italian Renaissance and Dutch baroque painting, and marvelous 18th-century French furniture—that draws people to go, call (213) 454-6541 for reservations, since there is limited parking, or write the J. Paul Getty Museum, 17985 Pacific Coast Highway, Malibu, Cal. 90265.

FREE!
Andersen guide to beautiful, snug-fitting windows and gliding doors.

This free 24-page booklet will help you select beautiful windows that are designed to stop rain and your heating and cooling bill.

Send today for this informative full-color guide packed with helpful hints and facts plus orders for Andersen Primed Wood and Perma-Shield vinyl-clad Windows and Gliding Doors.

Red Devil

Save a heap on heat!

Keep precious heat from leaking out of your house! Seal cracks around door and window frames quickly, easily with long-lasting caulking from Red Devil. It sticks tight to wood, metal and masonry, Cuts air conditioning costs, too!

It's easy with the Devil!

Red Devil Inc., Union, N.J. 07083
by Gerald Pope

Yes! Here is the most powerful Guarantee ever offered. You MUST win at least one Sweepstakes or Lottery Prize in 1975 using my guaranteed methods — or they are YOURS ABSOLUTELY FREE!

If you want to know EXACTLY how to win BIG MONEY and hundreds of other terrific prizes in Sweepstakes and Lotteries — without risking a single cent — take a few minutes to read this.

First, to prove to you beyond the shadow of a doubt that people just like you — men, women, and even children — win BIG prizes in Sweepstakes and Lotteries — here are some real life examples. Their stories can be your story, too.

***R. L. Pelson won 42 prizes in 18 months, including 3 TVs, kitchen appliances, cameras, a tape recorder, a bicycle, and many more.***

***Rose Ann Sutton won $1,000,000 (that's right — a million dollars) in a state lottery. Mrs. Sutton is a grandmother.***

***Doug Bersiler, a 36-year-old real estate man, won $520,000 in New Jersey state lottery nine times in two years — his total of prizes was $2,200,000.***

***Benjamin Kruger won $10,000 in the Philadelphia Sweepstakes.***

***John Douglas won $20,000 in the Pennsylvania Sweepstakes.***

In fact, thirty people who have won a million dollars each have started an exclusive club — the Millionaire Club — to discuss the problems of winning all that money. (Don't you wish that you had such problems?)

I've had a local printer here in Tulsa do up copies of the book — nothing fancy — just the facts and materials you need to become a Prizewinner!

And now, let me tell you some of the things you'll find in this book: the Sweepstakes Section tells you: How to Make Sweepstakes Profitable — study the Sweepstake winners — how to keep up on all new Sweepstakes and Lotteries — how YOU Can Become a Big Winner!

**YOUR DOUBLE GUARANTEE!**

So, let me say once again — the ONLY way to get your guaranteed copy of my book: "How YOU Can Win Sweepstakes and Lotteries" (and all the FREE BONUS EXTRAS listed above) is to order it now by mail. In fact, you might be interested in knowing that the book has been Registered and Copyrighted with the U.S. Government so that the information within it cannot be stolen or copied.

And, you can order your copy without a single worry in the world because you are completely protected by an ironclad, 100% no-risk, Double Guarantee of satisfaction.

1. If you don't like the book when it arrives — for any reason under the sun — send it back for a full and immediate refund of your money with absolutely no questions asked.

2. If you don't like the book — and the 3 FREE BONUS EXTRAS for a full year. You are still protected. You MUST WIN at least one Sweepstakes or Lottery prize during the year — or you may return the book next year. You still get every penny of your money back without question or argument.

Isn't that the fairest guarantee you've ever seen?

Among the many things you'll find in "How YOU Can Win Sweepstakes and Lotteries" (and the 3 FREE BONUS EXTRAS) may well mean hundreds of dollars to you and your family — the price of the book is only $10 — not the $25 or $50 you might expect to pay. To get your guaranteed copy of the book:

1. Print your name and address on the Prize-winner's coupon below.

2. Attach just $10 cash, check, or money order.

3. Or, keep and use the book (and the 3 FREE BONUS EXTRAS) for a full year. You are still protected. You MUST WIN at least one Sweepstakes or Lottery prize during the year — or you may return the book next year. You still get every penny of your money back without question or argument.

Mail Prize-winner's Coupon Today

--- Make check payable to: ---

Mail Prize-winner's Coupon Today

---

YES! Here is the most powerful Guarantee ever offered. You MUST win at least one Sweepstakes or Lottery Prize — Guaranteed!
Living with a personal touch
75 gifts to make and to buy

Decorating for hospitality
Party recipes with little price tags
HENREDON'S ARTEFACTS... interpretations of past and present.
There's nothing quite like Artefacts. Entirely original, gleaned from cultures and civilizations of old, Artefacts is a carefully executed collection of simple, exquisite, classic beauty. Inspired by ancient themes, this extraordinary selection is rich in the handcrafted look of the past, yet contemporary in mood and elegance. Architectural in line, yet warm and informal in effect. Handsome in proportion and detail, yet shaped and scaled for environments. Look for Artefacts in fine stores. Obtain illustrated brochures of Henredon's Artefacts and Upholstered Furniture Collections . . . including sofas, which like that shown above, can be made to the inch for a custom arrangement . . . send $2.00 to Henredon, Department G-115, Morganton, North Carolina, 28655.
VISIBLE DIFFERENCE

WOMEN TELL US WITHIN 21 DAYS THEIR SKIN IS:  
"FINER-TEXTURED." "CLEARER, MORE LUMINOUS."  
"SOFTER." "DRAMATICALLY IMPROVED."

Try it and see. This moisturizing and texturizing cream penetrates up to 20 cell layers to accomplish improvement in the look and feel of your skin. In clinical tests most women actually saw a visible change—a finer-textured, softer, smoother skin. Visible Difference. You should see the difference in 21 days.

© 1975 ELIZABETH ARDEN
An exclusive group of fabric and wallcovering adaptations inspired by the collections of the SMITHSONIAN INSTITUTION

The extensive color palette and variety of commemorative, traditional and contemporary designs were created with discriminating taste to enhance fine interior design.

SCHUMACHER
F. SCHUMACHER & CO., 919 THIRD AVENUE, NEW YORK, N.Y. 10022

KitchenAid Disposers Can Get You Out Of This Jam

Only the KitchenAid stainless steel disposer unjams itself at the touch of a button. The unique Wham Jam Breaker button...

Press it and wham! Stubborn jams disappear!

But you won’t have to use this unique feature very often. Because the KitchenAid disposer is very hard to jam in the first place. It has the most powerful motor in any home disposer. And it chews up things many other disposers can’t handle.

For extra assurance, the KitchenAid disposer is warranted for five years. If it should fail during the first year, it will be repaired without charge. During the next four years, you’ll be charged for labor only.

See your KitchenAid disposer dealer. He’s in the Yellow Pages under "Dishwashers." Or send the coupon.

KitchenAid
Built better. Not cheaper.

Money Back Guarantee
KitchenAid, Dept. SGA-11
Hobart Corporation
Troy, Ohio 45374

Tell me about Wham Jam.

Name:

Address:

City:

Country:

State:

Zip:

NOVEMBER, 1975

DECORATING, ARCHITECTURE, BUILDING

54   Do you need an interior designer?
55   Home improvement ideas for the house fixer
100  Decorating for hospitality: Invite guests with rooms that give you a lift
104  Decorating for hospitality: Share the joy
108  Decorating for hospitality: Accent the casual
108  Two pavilions for living

PERSONAL CHRISTMAS

61  House gifts
67  For armchair shopping. By Margaret Morse
88  Driving with a personal touch
110  Presents with a personal touch

FEATURES

12   What’s new for living: Ceramic video-tv that’s ready now
14   Time/energy/money-saving tips: The electric car
12   Questions answers: Antiques
56   By Louise Ade Boger
56   A great American look
87   A homemade holiday—giving of yourself
124  Walking: The health prescription of a lifetime. By Caroline Seebahm

ENTERTAINING

30   Thoughts for the hostess: Parties with punch. By Mary Moon Hemmings
96   Food straight from the heart: Top chefs cook for a wedding present
137  How to get help. By Paulie Rice Jackson
98   How to give a party if you don’t have time to cook. By Josi Wilson
126  Dessert: The smile at the end of the meal

WINE & FOOD

131  Parties with little price tags, plus food presents to make and give
136  Great party food, hot and cold, from 6 great chefs
138  Great holiday desserts
140  Brandy breads to circle a cheese or pâté
124  Quick desserts: sparkling with liqueurs

GARDENING

118  The modern garden: Fresh ideas from five architects
252  Gardener’s notes: Time to get ready for snowy days and indoor gardening. By James Fanning

BEAUTY AND HEALTH

18   The secrets of a radiant smile: Latest discoveries and treatments in tooth care
52   By Caroline Seebahm
124  Walking: The health prescription of a lifetime. By Caroline Seebahm

TRAVEL

16   Going places, finding things. The new
142  Six great holiday desserts
140  Quick desserts: sparkling with liqueurs
252  Gardener’s notes: Time to get ready for snowy days and indoor gardening. By James Fanning

READER’S SERVICE

74   Store directory
148  Shopping around with Audrey Nichols
200  Shopping information
200  Best in booklets
Invest in signed works of art by Waterford

Hold Waterford to the light and you can see faintly etched the signature that identifies it as an authentic work of art. Each piece of Waterford crystal is a signed original, blown by mouth. Every single facet is cut by hand in the ancient Irish city of Waterford just the way museum pieces were cut in the distant past. Waterford is an investment in art that not only enchants you as you live with it, but can reward you and your heirs as it grows in value.

Compote, $32.50
Martini Jug, $35
Sugar & Creamer, $28
Decanter, $39
Bud Vase, $24.50
Lismore:
Goblet, $15.75
Claret, $15.75
Brandy, $21.50
Continental, $15.75
Champagne, $15.75

Visit the Waterford Gallery at the important store in your area. Or write for full-color booklets.

Waterford Crystal, 225 Fifth Avenue, New York 10010.

There may never be a more propitious time to invest in Waterford. (And English bone china by Aynsley, to go with it.)
CELEBRATE WATERFORD CRYSTAL WEEK
AT THE MOST IMPORTANT STORES IN AMERICA

Invest in signed works of art, like the ones you see here, as well as on the back of this page. Celebrate Waterford Week and crystallize all your gift ideas. What price glory? Under $12 to over $1200. Visit the Waterford Gallery at the important store in your area. There may never be a more propitious time.

Alabama
Anacona—Couch's Jewelry
Birmingham— Bramberg & Sons
Dothan—Yehey Gallery

Arizona
Phoenix-Goldwater's
Tucson—Steinfeld Stores, Inc.

Arkansas
Pine Bluff—Miller's
Fort Smith—Storey's

California
Beverly Hills—W. & J. Sloane
San Francisco—The Denver

Colorado
Boulder—Boulder Jewelers
Cripple Creek—Boulder Jewelers
Colorado Springs—The Denver

Connecticut
Hartford—Lux Bond & Green

Delaware
Wilmington—Lloyd Walsh

Florida
Fort Lauderdale—Robinson's
Miami—Jordan Marsh

Georgia
Atlanta—Rich's & Branches

Illinois
Chicago—Ralph Tobin & Son

Iowa
Des Moines—Youkers

Kansas
Topeka—The Denver

Kentucky
Lexington—The Gazebo
Louisville—Dollinger's
Lexington—The Little Old Gift Shoppe
Paducah—Dodson's
Paducah—Nagel & Meyer, Inc.

Louisiana
Alexandria—Hil Harris & Co.
Baton Rouge—Goodchords
Bon Marche—Maison Blanche
Cana—Maison Blanche

Maryland
Baltimore—Hochschild-Kohn & Branches
Baltimore—Hutzler Bros. & Branches
Baltimore—Stuart & Company

Massachusetts
Boston—Cooley's
Boston—Long & Company
Boston—Jordan Marsh & Branches
Boston—Shreve, Crump & Low

Michigan
Ann Arbor—Ralph Tobin & Son

Mississippi
Natchez—Brown Barrett

Missouri
Bilings—Montague's Jewelers

New Hampshire
Derry—John L. Brandes

New Jersey
Burlington—Breche China

New Mexico
Albuquerque—American Furniture Co.

New York
New York City—Macy's

Ohio
Cleveland—Higbee

Pennsylvania
Altoona—The William F. Gable Co.

Rhode Island
Providence—The Denver

South Carolina
Greenville—J. H. Wanamaker's

South Dakota
Sioux Falls—The Denver

Tennessee
Nashville—Heritage Jewelers

Texas
Dallas—Coe's Jewelers

Utah
Salt Lake City—Felt-Buchon

Virginia
Alexandria—Woolworth's

Wisconsin
Milwaukee—Boston Store

Wyoming
Cheyenne—The Little Shop

Washington, D.C.
Washington—Lothrop

D.C.
It takes time to build a tradition.

For more than 225 years, the House of Justerini & Brooks has been one of London's leading wine and spirit merchants. And for the past nine successive reigns, their dedication to excellence has earned the Royal Warrant. This consistent superiority over more than two centuries is a rare tradition. So you can be certain that you'll always enjoy the same rare taste in every bottle of J&B Rare Scotch.
1975 Christmas Ornament • Limited Edition

Christmas Child

From the Collector Series portraying the authentic works of Sister Berta Hummel at $4. each

Continuing a tradition of charm, Schmid proudly presents the lovely work of Sister Berta Hummel. In this second in an exclusive series of collectible Christmas ornaments, measuring 3 3/8” in diameter, Sister Berta Hummel softly portrays the sublime innocence of childhood with her delicate rendition of the “Christmas Child”. Mrs. Viktoria Hummel, the late artist’s mother and legal heir, has chosen and authorized this subject for the 1975 Christmas Ornament. It is taken from an original work created by Sister Berta Hummel as a gift for her aunt before she entered the Convent and it is an early example of her abiding love for children. This endearing creation is also the subject for our 1975 Christmas Plate, Christmas Bell, Child’s Cup and Christmas Music Box. See this entire collection at the fine stores listed or write Schmid Brothers, Inc., 55 Pacella Park Drive, Randolph, Massachusetts 02368.

Another exclusive of schmid

© Schmid Bros. Inc. 1975
LA-Z-BOY IS STILL MAKING THEM LIKE THEY USED TO

How many times have you heard that expression — they’re not making them like they used to. And it’s true. Back in the good old days you could get your dollar’s worth. You could count on quality. Somebody cared.

Somebody still does. La-Z-Boy. We’ve been crafting chairs with quality and pride in workmanship all along. And we’ll never stop. Take our La-Z-Rocker, for example. It swivels. It rocks. It turns easily on a specially designed mechanism. It gives you all you could ask for in comfort.

It’s built to last. It’s made with the very finest materials — like fine fabrics of DuPont Nylon. So the next time you think they’re not making them like they used to, think again. And remember La-Z-Boy, The Chair People.

Send 50¢ for color brochure and helpful booklet on furniture care.
Give a gift that'll

Accent
Available in various colors and appliques
Touch-Tone or dial.

Stowaway
Available in oiled walnut (as shown)
or Mediterranean style. Touch-Tone or dial.

Celebrity
Available in ivory or blue, with silver or gold trim.

Chestphone!
Available in walnut or black vinyl
Touch-Tone or dial.

Commemorative Elite
Available without Bicentennial medallions.
Touch-Tone only.
Other Elite models in green or brown vinyl.
Touch-Tone or dial.
Design Line phones from the Bell System make beautiful gifts.
For holidays. For weddings. For anniversaries. For graduations. For birthdays. Or for no reason at all.
(The Design Line phone housing is owned by the person you give it to. The working parts belong to us and if there's ever a problem with them, we'll fix it.)
In most areas, prices start as low as $59.95.
For complete details as to prices and availability where you live, call your local Bell Telephone business office.

Design Line phones from the Bell System
what's new for living

Cassette video-tv that's ready now
plus new indoor-outdoor furniture, photos as big as you want,
a new country market in a city park

A busy, bustling marketplace within a park
A year-round, open-air Farmer's Market that also accommodates bazaars, neighborhood festivals, and recreational activities has been completed as one phase of The Linear Park in Gary, Ind. Designed by Whitley Whitley it has flexible stalls, kiosks, movable roof, and lights arranged around a large, spacious acre-plus plaza.

Tape your favorite TV program
Half-inch magnetic tape cassettes with playing time up to 1 hour hook into the new “Betamax” video-TV system. Two tuners in the system allow you to record TV programs for viewing at your own convenience . . . watch one, record another simultaneously. Built-in digital timer turns on automatically to record programs you might otherwise miss. Watch it on a 19-inch color Trinitron screen. $2295. With the black and white video camera you can tape your own films to watch on the Betamax system. $375. By Sony.

Art copying art
At right is a photograph of a drawing by Leonardo da Vinci of a young woman. Imagine the photo mural sized. Artography will make such photographs of artistic works to your specifications. It will also research any specific work in a given period or geographic area. In black and white or sepia, from 8 by 10 inches to negotiable, in clear or smoked acrylic frames. Artography.

Slide-proof tray
Great new way to carry or store cocktail glasses—the “One Way Tray” uses gravity and a built-in track that the bases of these oversized 11-ounce glasses fit right into. No sliding when serving on a boat, plane, anyplace you’re a bit wobbly. For upside-down storage under overhead cabinets, drill a couple of holes for screws. $25 includes eight glasses. To order from Baekgaard, The Book of Gifts.

Furniture lives a new outdoor life
Outdoor furniture that weathers naturally—it’s part of a new collective furniture you decide where to use when you choose the finish. Dekorum Collection is made of clear white pine cut into standard boards for tables, chests, mirrors, planters—for indoors choose any stain. For outdoors a special sealer is included in the stain that will allow the wood to gently, gradually weather and bleach. Above: A 42-inch-square cocktail table and 35-inch-high planter both finished to live outdoors. Through designers and architects only at Bates & Booher, New York.
Rich, full sound from true high-fidelity components...the finest components ever engineered into a stereo console (Model 6966). Try out these features on any hi-fi expert:

- Solid-state stereo FM/AM tuner, with MOSFET front end to pull in distant stations, ceramic filters to keep them clearly apart.
- Direct-coupled amplifier, to bring any musical selection to life.
- Automatic turntable, with a 4-pole synchronous motor to spin your records smoothly and steadily at their proper speeds.
- Two 3-way air-suspension speaker systems that accurately reproduce all the music the human ear can hear.

Although not every Magnavox boasts these identical components, the same devotion to excellence they represent is yours to enjoy in every Magnavox stereo console.

**Superb styling to fit any lifestyle.** Even when your Magnavox stereo isn't playing beautiful music, it's still saying beautiful things about you—with cabinetry that expresses your good taste in elegant Spanish, French or Italian. Or in eloquent Contemporary accents.

No wonder people who love music and fine design have made Magnavox the world's leading stereo console. See—and hear—for yourself, at your Magnavox dealer. For his name, call 800-243-6100, toll-free. (In Conn.: 1-800-882-6500.)
Electric cars
to plug in the future today

There you are in your new car, driving the children to school. It's a bit of a squeeze, because the car only has two seats, but the children manage. You stop at a stop light, and the driver next to you looks over a little oddly: there's no motor noise. The man riding the bicycle behind you gives a wave: he appreciates the fact that not a single fume is issuing from your exhaust pipe. In fact, you don't have an exhaust pipe. You drop the children off, and decide to pick up groceries on the way home. It's parallel parking. There's room for three of your cars, or one standard car. As you drive off again you pass the gas station and your family car repair shop. You haven't stopped at either of them since you got your car. You probably won't until the car wears out—say, in ten or twelve years. You pull into the garage and check the voltmeter: You've driven about 25 miles and batteries work best at full charge. So you get out the cord and plug the car into the standard wall socket. Didn't we mention it? The car's electric.

"It's the car of the future for a very substantial portion of commuters," says Congressman Mike McCormack, sponsor of HR8800, a bill that passed the House this fall by a five to one majority and that would provide $160 million over the next five years for research, development, and demonstration of electric vehicles. "I can see millions of electric cars on the streets of our cities. They're quieter, they're easier to maintain, and they produce no pollution. If we assume they'll be used as second cars driving 20 miles per day, and there are 10 million of them, that's a savings of half a billion barrels of oil a day, 3 percent of our consumption, more than the entire production of the Alaska pipeline."

This year, the Electric Vehicle Council estimates that—not counting electric trucks, vans, product-movers, fork-lifts, or golf carts—about 2,500 electric passenger vehicles were produced and sold, and another 700 to 800 people put together their versions in their own garages.

An electric car runs on energy stored in batteries and recharged regularly from ordinary household current. It can be expected to go between 60 and 80 miles per hour, depending on the design of the car, its size, its weight.

The present is a jaunty wedge, the future perhaps more sleek. Above is Sebring-Vanguard CitiCar, most popular existing electric. Left is prototype signed by racing engineer Robert S. MacClintock, another 700 to 800 people put together their versions in their own garages.

Put a vent under the floor to feed outside air to your fireplace (so it won't rob you of nicewarmed room air). Have a hole cut in the hearth directly in front of the firebox, or cover it with a grid. From it, lead a duct (at least 3 by 10 inches) under the floor to an opening in the nearest outside wall. Install an elbow pointing down outside to keep rain from getting in, and cover the duct with screen to keep animals out. When the fireplace is not in use, close the grill and cover with a throw rug.

If you have a freestanding fireplace or wood stove cut some doughnut rings from aluminum grass edging and put them on the pipes to radiate more heat into the room.

At Wedgwood, we believe some things are best done the old way. Which is why we’re still making china by hand.

The pattern you see here is Columbia Enamelled. Each of the many colors in the highly decorated motif is carefully painted on by a skilled artisan. (The same person who begins a plate sees it through to the end. In this way, each brush-stroke on that plate has the same weight and feeling to it.) Then the trim is brushed on—by hand, of course.

There’s a reason for all this beyond tradition, and it is, quite simply, that a pattern such as our Columbia Enamelled cannot be reproduced in any other way. The result of this painstaking care is, we’re sure you’ll agree, as worth the effort today as it was nearly a century ago.

Columbia Enamelled costs $55 for a 3-piece place-setting. Which might ordinarily seem a bit expensive. But, as you by now can surely see, there’s nothing ordinary about it.

1880: It took 29 people 10 weeks to complete a single plate.
1975: It takes 29 people 10 weeks to complete a single plate.
The new excitement in Montreal
plus winter cruises to the Caribbean for cooking or film buffs
and to Antarctica for the adventurous

Montreal:
a southern city
in a
northern land
by Sandra Oddo

It takes time and fortuitous accident and talented people and a lot of history to cause a city to flower from a mere collection of population into something truly cosmopolitan, something with texture, with lights and nightlife, with art and architecture, with restaurants, with an atmosphere of its own that makes it peculiarly itself. There are only a few such cities on the North American continent—and Montreal is one.


And how do Montrealers resolve all this? With festivals. The most obvious to the rest of the world was Expo '67, one of the most successful of all the North American world's fairs. A lot of it is still there. Next year, the 1976 World Olympics will be held in Montreal, July 17 to August 1. But it's hard to find Montreal at any time of the year without a celebration of some sort going on, from seasons of sympathy to impromptu dances held in parks the size of pocket handkerchiefs.

The animals leave Lafontaine Park's Garden of Wonders in winter, for example—and anybody in Montreal can tell you that you can't just let them go alone. So there is an annual winter festival in Angrignon Park, winter quarters, with snow sculptures, an ice palace, and live-up trees. In summer, the Botanical Gardens have outdoor gardens to tour by foot or by miniature train. In winter, the conservatories have floral exhibitions, which this year will feature Lebanon, with Lebanese dancers. The Planetarium lights up with "The Star of the Magi." There are a hundred public rinks for skating (155 more for hockey and broomball). There is night life, music, and ballet.

Perhaps it's the long dark winters that make Montrealers so merry, laughing in the face of adversity. But like New Yorkers, and others who inhabit places where the living isn't particularly easy, they are patient and kind to tourists.

What to see: In any new city, I strongly recommend doing the tourist thing right away: Take a bus. It orients you, and it gives you an idea of where you'd like to spend the rest of your time. Montreal has several sightseeing bus companies, some connected with hotels, all easily accessible. Most leave from Dominion Square and you can buy tickets either at the information booth on the square, or at hotel lobbies, or from the bus guide. Basically there are three kinds of tours—around the town (about $5); around the island, the Old Fort, the St. Lawrence Seaway, and the Indian Reservation (about $6); or around the Montreal night spots (about $15).

We chose the town, in a big new bus with swivel seats and round windows, the first-in-operation (Continued on page 146)
CRISTAL LALIQUE

service et cendrier Roxane

For brochure and name of nearest dealer write to
Lalique, 225 Fifth Avenue New York, N.Y. 10010
Kit to help you get a quick checkup at home

Four pieces of equipment are vital to help you keep your teeth and gums healthy—and now you can buy them in one package and take them home to use: (1) the toothbrush—multitufted rounded nylon bristles for effective brushing and safe gum massage; (2) the dental floss—unwaxed floss to clean between teeth where plaque gathers and the brush can’t reach; (3) the dye tablet—coats the plaque red to identify it; and (4) the mouth mirror—to examine your mouth for dye stains in hard-to-reach places. Complete home check-up kit by Butler, $2.49 at drugstores.

How to brush your teeth

1. Apply the toothbrush to the outside tooth surfaces at about a 45-degree angle directed toward the area where teeth and gum meet. Press so as to slide the bristles against the teeth at the gum line. (The tufts of the bristles should divide to “straddle” the gum line.)

2. In this position, move the brush back and forth with short (half-tooth wide) strokes several times using a gentle “scrubbing” motion. Brush the outer surfaces of all your teeth in this method, keeping the bristles angled against the gum line. Use the same method for the inside of the tooth.

3. For the front teeth, brush the outside surfaces of the upper and lower jaws by tilting the brush vertically and making several gentle up-and-down strokes with the front part of the brush as you side-to-side motions. (These instructions are currently recommended by the American Dental Association to remove plaque.)

Continued on page 24

The secrets of a radiant smile

Latest discoveries about tooth care with 5 tips for healthy teeth and gums from specialist Dr. Irwin D. Mandel

By Caroline Seebohm

A radiant smile may be the reflection of the inner you, but the wonderful white teeth that go with it are a reflection of nothing else except good, lifelong tooth care. It’s the part we see that we care about the most about—the hopefully white part, made of enamel, the hardest substance of the body. Most people now know that tooth care does not just mean clean white teeth; it also means healthy gums. But do we really need them?

“If one supports the theory that teeth grew in an evolutionary fashion in response to need, then it would follow that our teeth would now be growing less important, as our diet changes,” says Dr. Irwin D. Mandel, Professor of Dentistry and director of the Division of Preventive Dentistry, Columbia University School of Dental and Oral Surgery. “But the closest one may come to this is the observation that there seem to be more people born with missing wisdom teeth today. The latest figures suggest that up to 17 percent of the population may have missing wisdom teeth. This may be because we don’t need them—we do our chewing with our first and second molars.

“In fact wisdom teeth are perhaps nature’s gift of a third set of teeth, the first set being our baby teeth, the second set growing at about age six, so that at age twelve we have twenty-eight adult teeth, with four more to fill in the back spaces even later—the wisdom teeth. The reason why we have two sets is because of the growth of the human head—had we been born with a full complement of adult teeth, there would be no room for anything else! Lower forms, such as sharks grow constant sets of successive teeth.”

There are two basic threats to the shining white teeth we all admire so—dental decay and pyorrhea (gum disease, also known as gingivitis). Dental decay deals with the destruction of the teeth.

pyorrhea with the destruction of the gums. Yet they have one thing in common. Both come about as the result of the action of clumps of bacteria known as plaque. “In the case of dental decay, the plaque that we are interested in is on the inside surface of these clumps of bacteria facing the tooth,” explains Dr. Mandel. “In gum disease we are concerned with the outer surface where a variety of toxic substances are formed, which can cause inflammation and break down gum tissue. This plaque also becomes hardened and calcifies to form tartar or calculus, also accelerating gum disease.”

The average seventeen-year-old American has 8.7 filled, decayed, or missing teeth, according to the National Institute of Dental Research. Tooth decay afflicts at least 95 percent of Americans, most of them children and young adults. If you are past thirty-five, the teeth you lose will most likely be lost to gum disease. In short, it’s time to join the fight against plaque—and if you do succeed, even partially, then there is a good chance that you can save your teeth from further damage and can flash that radiant smile well into old age.

The big question to be asked our preventive dentistry specialist, Dr. Mandel, is: HOW TO BEAT PLAQUE

1. Identify plaque. “Do this by staining your teeth with one of the disclosing tablets now in drugstores (you can get red or green ones). This is important, because unless you know where it is, you cannot try to remove it by brushing. Chew the tablet or rinse your mouth with it, and you will see stains left on your teeth—this is where the plaque is. Now, when you brush your teeth, you can check to see if you are removing the stains. If there are no stains, you have succeeded!”

2. Brush properly. “The major weapon in plaque removal is still the toothbrush. The revolution however, has been that the brush is now seen primarily not as a method to make teeth look white but as an efficient plaque remover. Much plaque concentrates around the gum line of the tooth, so brushing, to be effective, must have the bristles along the gum line at an angle. [See the pictures for the correct way to brush.] There are now multi-tufted, soft nylon bristle brushes with rounded tips, so that when you angle the brush to remove the plaque from along the gum line, you are not damaging the gum tissue. These are the best buy. Choose a handle that you can move around your mouth comfortably—if you have a small mouth, you must use a smaller brush and handle. Even a child’s one is often recommended.”

Continued on page 24
My name is Lisa. I've just used Nice 'n Easy for the first time. My hair looks and feels silky—and the color's so natural I look like myself—only better! I like it a lot.

Nice 'n Easy haircolor
It sells the most.

It lets me be me!
Bring new excitement into your home!

You can add the most fascinating new best sellers to your bookshelves at low club prices when you join The Literary Guild.

In complete, hardbound editions, Guild selections not only add interest to your bookcases but they're also a thoughtful way to help guests enjoy your home.

And they'll help you yourself get more out of life. The Guild brings you books that tell you how to do virtually everything from needlepoint to maintaining your car. You can also choose exciting novels and intimate life stories to "get away from it all." Handsome sets and coffee-table volumes help you broaden your mind—and your family's.

A unique bonus plan lets you enjoy discounts up to 80%. With the very first Selection you buy from The Literary Guild, you receive a Bonus Coupon. Use it to acquire a wide range of popular books on a huge variety of subjects. You're really enjoying a double saving: you save up to 40% on every Selection or Alternate. And with every one purchased you get a Bonus Coupon good for discounts up to 80%. For exciting reading and low member prices, join The Guild now.

If card is missing, write to The Literary Guild, Dept. HR-210, Garden City, N.Y. 11530.
Join The Literary Guild.
Get any 4 books for $1.

Here's how The Literary Guild works:

After your membership is accepted and you get your 4 books for $1, you only have to buy four more books during your membership. Then you can cancel anytime you want.

So, choose 4 books (or sets) now and send in the coupon. Pay $1—plus a charge for shipping and handling. If, after 10 days, you decide you don't want the books, send them back and we'll cancel your membership.

About every four weeks (14 times a year) you'll get the Literary Guild magazine. Free. Each issue will offer dozens of books covering a wide range of subjects, all at up to 40% off publishers' prices.

If you want the main selection featured in the magazine, do nothing and it will be shipped to you automatically. If you would like an alternate, or no book at all, tell us so on the convenient form always provided and return it to us by the date specified.

This date is designed to allow you at least 10 days for making your decision. If you do not receive the form in time to respond in 10 days and receive an unwanted selection, you may return it at our expense. There will be a small shipping and handling charge on all books ordered.

The Guild offers its own complete, hardbound editions, sometimes altered in size to fit special presses and save members even more.

NOTE: First number listed beside each book is the order number. All prices quoted are for publishers' editions.
Do You Know the Secret of Looking as Young as You Can?

You may think you do. You watch what you eat. You try to get enough sleep. You’ve even started exercising and wouldn’t dream of going to bed without doing fifteen minutes of calisthenics. Good for you. But even so, all these efforts to keep you looking as young as possible just aren’t enough if you don’t take proper care of your complexion.

Don’t wait another moment to join the younger-looking women who share the secret benefits of a unique beauty fluid. From Paris to Australia and beyond, these women enjoy the quickly apparent rewards of a skin-loving liquid that helps them to look their youngest. How? By soothing away dryness, that imbalance in your face and neck. Simply look in your mirror to discover how the fluid penetrates your skin’s all-too-visible surface as you soothe it on as Oil of Olay beauty lotion.

“Plastic seals are very new and are only being used on back teeth. We know over 80 percent of seals will last for three years and definitely reduce decay.”

3. Use flouride. “The various applications of flouride can really protect the teeth and gums from much potential damage. Flouride in drinking water, for instance, can become part of the blood stream and find its way into the bones and teeth, with a resulting 60 percent reduction in tooth decay. Flouride has been the savior when it comes to teeth, counteracting the damage done by sugar and the accumulation of plaque. Flouride toothpaste can produce a 20 percent reduction in tooth decay. In addition, dentists can prescribe mouth-washes and a new flouride gel in a plastic tray that is placed against the tooth. This new process can be done at home once a day or week with excellent results, especially with children or adults with a high incidence of tooth decay.

“The plastic tray is probably the most effective anti-decay procedure we have today—the results suggest about 85 percent reduction. You build so much flouride into the tooth’s surface that you build its resistance, something of particular value in an area where the water is not fluoridated. [Less than half the population enjoys fluoridated water is not fluoridated.]

4. Watch your diet. “An adequate diet is essential in order to provide the optimum resistance of the teeth and gums to disease. Some practitioners claim that a higher dose of calcium, phosphorus, vitamins C, A, and D, is more advantageous for tooth and gum health. This is very controversial, and for every study that claims this, ten prove that it makes no difference. Research in this field is currently being carried out all over the country. At the moment, I would advise that people not experiment with megavitamins until more evidence can be collected.

5. Use floss. “The value of floss is that it reaches where the toothbrush can’t reach—between the teeth especially near the gum line. Break off about 18 inches of floss and wind the ends round your middle fingers. Use your thumb and forefinger with an inch of floss between them to guide the floss between your teeth. Hold the floss tightly and use a gentle sawing motion to insert it between the teeth, then work it up and down against the side of the tooth. Repeat this on all your teeth. Floss should never be snapped or forced between teeth and into gum margins.” (Some dentists recommend unwaxed floss because it does not slip off the teeth, thus can scrape the plaque off more easily. Ask what your own dentist advises.

OTHER AIDS

Plastic seals. “The idea is that coating the surface of the tooth with plastic will protect the enamel against decay. The only coatings used now are placed on the biting surfaces of the back teeth, and are indeed some benefit in preventing plaque, as these areas are hard to reach with brushes, and especially in young people, these teeth are prone to decay. However, we have only been using them for up to three years—so we have no information yet on long term use. Over 80 percent of seals will last three years and reduce decay, that is as much as we know.”

Electric toothbrushes. “This makes little difference, because if you brush in a hurry, you brush in just as much of a hurry with the electric brush. Where it can be of benefit is for people who have difficulties holding a small brush or making hand movements, such as arthritis.”

Mouth hygiene equipment. “This equipment washes out toxic materials; so it can rinse out effectively places that are hard to reach with the brush, especially if you have...”
The Royal Velvet towel, with combed cotton terry, a lasting fashion favorite.
Tough with a gentle touch.
Today’s clothes need special care. Knits. Double knits. Permanent press. Cottons. Umpteen fabrics to wash and dry. And to do it right, you need a special kind of laundry system.

So consider the Whirlpool Super System. Specifically designed to thoroughly clean and gently care for your clothes. As well as help you with any laundry questions or problems you may have.

You see, our laundry pairs have special fabric settings. For example, a cool-down care cycle for permanent press no-iron fabrics that really works. Another setting handles washable knits and double knits gently, but thoroughly. Special laundry questions? Simply refer to your handy Bac-Pak Laundry Information Center, built right in the back of both your washer and dryer. Instructions, warranty letter, manual, helpful hints . . . right at your fingertips.

Think about our waste-not water level selector. And energy-savers that let you choose the right water temperatures every time. Come see the Super System at your Whirlpool dealer soon. You’ll see what we mean when we say, “Quality can be beautiful.”
A charm all its own

Fresh, gay and carefree. That's Country Casual rattan furniture, by Ficks Reed. Superb design, quality construction. Unmatched selection of finishes, fabrics, colors and patterns for decorative versatility. At fine stores everywhere.

"The Most Famous Name in Rattan Furniture"
4900 Charlemar Drive, Cincinnati, Ohio 45227

BEAUTY AND HEALTH PRODUCTS
NEW THIS MONTH IN THE STORES

Speaking of beautiful teeth (see page 18) CASWELL-MASSEY is a wonderful source for the most beautiful health and beauty tools, as well as many of the oldest pharmacies in America. There are two new natural bristle toothbrushes to choose from, with either short or long bristles in medium or hard strengths. These are of extra-large and sumptuous design, imported from England, and have natural bone handles. How to tell whose is whose? Red, blue, or green incised stripes on the back of each let each member of the family choose his own. $5 each, to order through the famous illustrated Caswell-Massey catalogue or pick one up at their store at 518 Lexington Avenue, New York City.

You're an individualist looking toward evening and holiday sparkle... Here's a way to make your make-up really you with a softly colorful collection by FRANCES DENNEY: the "Nightingale Look." Warm your skin tone with Amber Light Incandescent Makeup No. 20—candlelight makes this rosy-bronze make-up look rich and healthy. Blend two Incandescent Check Paints, Sultry Sienna and Sassy Cerise, over cheekbones to the temples. For eyes, make your own colors—in the crease and on the lid blend Pottery with Shimmy Silver; for the brow bone blend Lemon with Shimmy Silver. These are from the seven-color set of Eye Polishes. If you wish, a smudge of black eyeliner and lots of Healthy Lash Protein Mascara. Two shades for lips—Sienna Frost of Healthy Lash Protein Mascara. Intensive lubrication and constant moisturizing... that's the formula that really helps very dry skin. Ultra Feminine II Radiant Action Night Cream and Radiant Action Moisturizer by HELENA RUBINSTEIN do both these jobs with an added extra—they give a fresh pink glow to the skin and a sensation of warmth that resembles increased circulation. Used together, the cream and under-make-up layer put a little bit of lift to the skin, improve hydration and elasticity, and soften skin. (Neither product contains hormones—for that, there is Ultra Feminine Cream that many women have been using for years.) Some of us who try the cream or lotion may notice that tingly, warming sensation. No matter. They do their stuff. Night Cream, 2 ounces, $5; Moisturizer, 2 ounces, $4.50. At Lord & Taylor.

Should you have the good fortune to get away from it all for a week or more, there's a new TRAVEL STACK of necessary beauty sundries to toss in your bag that makes up for those bottles of bottles, tubes, et al. that are so space consuming! At base is a half-ounce bottle of make-up remover, on which are stacked quarter-ounce each of hand cream, and throat cream, moisturizer, and deep-pore cleanser. The whole package is a cylinder of moveable stacks—4 inches high, weighing perhaps 3 ounces. All for $10 from GEORGETTE KLINGER. Order from George Klinger at 501 Madison Avenue, New York, N.Y. 10022.

What's a little larger than a postage stamp that can save you the money spent on make-up mistakes? Samples, of course. Lip colors, make-up bases, cheek rouges, even eye make-up come in small, try-before-you-buy plastic punchouts that are free at MERLE NORMAN COSMETIC STUDIOS all over the country. There's a generous amount of color in each one so it's easy to keep au courant with the latest fashion shades. There are Studios in Woodbridge and Willowbrook Shopping Malls in New Jersey or write to Merle Norman Cosmetic Studio, 9130 Bellanca Ave., Los Angeles, Cal. 90045.

Baking powder and cornstarch—two naturals put together for a brand new underarm deodorant from ARM & HAMMER. The Baking Soda Deodorant in a dry spray both scented and unscented, is effective because of its natural properties. Cornstarch is superior to talc for absorbing wetness; baking soda has long been known as a first rate deodorizer. The two are blended with an emollient to keep them put into the underarm, and come in three sizes: $1.29, $1.89, $2.89 at super markets, drugstores everywhere.

Radiant smile continued from page 24

Chewing gum. "Regular chewing gum has approximately a teaspoon of sugar in it, so that is bad. But there is also an increase in salivary stimulation because of the chewing, which cleans out the mouth—so if you only use it occasionally the cleansing can balance out the sugar. It is when it's used as candy that it can be harmful. Sugar-free gums are of course far preferable."
Quality.
The endangered species.

This country may be in danger. We could be losing something we can't afford to lose.

Once, when a man produced a product it was the best he could possibly make. He stood behind it with pride. He lived a simple idea: Do it right or don't do it at all. Nobody told him that. No government agency dictated it. And it built a standard of living for all the world to aim at.

Now that idea is threatened. Today that pride in workmanship, in the quality of things, is in danger of slowly slipping away.

However, there are companies, actually many companies, that are working harder today than ever before to preserve quality in everything they make.

We feel that Whirlpool Corporation is such a company. And we feel it so strongly that we have dedicated our entire company to the preservation of quality. And that means more than just making quality dishwashers, dryers, automatic washers, refrigerators, freezers, ranges, compactors and air conditioners. We mean quality in everything we do.

That's why in 1967 we initiated our Cool Line service. Toll-free help that's available to you anytime. Just call with any questions or problems you might have concerning any Whirlpool appliance. The number is 800-253-1301. In Michigan, 800-632-2243.

That's why we have a Quality Control Department that assures you of appliances you can count on. Day in and day out.

That's why we have a simplified letter warranty that's easy to understand, easy to use.

That's why we have Whirlpool Tech-Care service. A franchised service network which means all the help you ever need is usually no more than minutes away.

Yes, quality may be endangered in many places. But at Whirlpool we simply won't let it die. It's too important.

And it means too much to all of us.

Whirlpool
Home Appliances

We believe quality can be beautiful.
Make the most of Vandermint, the great Dutch after-dinner liqueur.

Because not only can you drink Vandermint, you can eat Vandermint. In a parfait. Or pie. Or mousse. Imported from Holland, Vandermint is an exquisite chocolate liqueur that has great possibilities.

What more could you want? Somebody special to give a 


10. VANDERMINT STRAIGHT.

Have you ever considered having what I like to think of as a "portable" party? I mean a party where the liquid refreshment is the thing. These parties provide one of the most pleasant and easiest ways of entertaining—simplicity of service, no seating arrangements to worry over, easy come-and-go timing, comfortably geared to so many age groups left out of the usual party swing. Potable parties can take place anytime from morning to midnight for a few friends or for a crowd.

As Christmas draws near, for instance, why not have a morning card-addressing party, gathering friends together to get their cards ready, and having a light collation as refreshment: Morning drinks: Russian chocolate (half coffee, half chocolate) with a side bowl of whipped cream; orange coffee (orange extract or orange rind brewed with the coffee); tomato or clam broth. Morning morsels: Baby briosches, tiny buttered biscuits, bite-size French toast made with a cookie cutter and kept warm on a hot tray or candle-warmer dish. Fruit-cake fingers. Hold a holiday decoration workshop, the workers bringing materials of all kinds and while they nourish their creative spirits, you nourish them with great soups and super breads and a choice of compounded butters.

A soup's-on party is a warm way to welcome the harried shopper at holiday time, too. Have a luncheon stop-in from noon to two, perhaps. Or have it at suppertime for the benefit of tree trimmers, carolers, or your neighbors.

Hearty soups: Have a choice of thick and thin corn chowder rich in bacon bits and fried onion; easy crème Chantilly (purée of spinach mixed with equal parts of canned pea soup, seasoned with mint, thinned with cream); egg drop soup afloat with crab meat bits and green peas, or straciatella, avogolemono, Mexican puchero (South-of-the-Border stockpot with everything in it).

Super breads and butters: As accompaniments to soups, serve herb bread with chive butter; salt-rising bread and olive butter; pumpernickel and anchovy butter (great with codfish and bisques), carrot and mustard butter; egg bread with duxelles butter (especially good with vegetable soups).

Tea is still one of the most refreshing of all beverages and tea time a singularly refreshing time of day. Unless it's to be a high, hush affair, tea parties are usually small, quiet, sit-down parties long on good conversation and tea and just enough finger food to set off the brew. For a change, offer a variety of teas, made possible by the numbers of fine ones now available in tea-bag form—or use a metal tea ball or spoon for individual brewings. Choose among hyson, gunpowder, Lapsang-souchong, jasmine, Constant Comment, herb teas, rose hip tea. You can, if you wish, spark them up with rum, cloved lemons, coarse sugar.

Teatime treats: Cheese straws. Benne wafers, lace cookies, smoked nuts, lemon drops, and fudge.

P.M. parties with punch have been part of the social whirl since before the Middle Ages. Punch is a Hindu word and the use of the punch bowl an Indian custom which the British took over with delight and disseminated throughout the world. When serving punch, it's wise to have one sweet drinker to satisfy different palates. If the punch is to be cold, be sure it really is by chilling it over night if possible, or at least chilling the base ingredients. If hot, keep it hot in the kitchen and serve just hot enough at one time to retain the heat.

Punch party list: A Marlin Spike (equal parts of dark or light rum and cranberry juice), dear to clipper-ship crews and a great switch from the usual holiday creamy concoctions. Claret Punch—the wine plus brandy, curaçao, sherry sugar, lemon juice, and soda water mixed to taste. Hot Rum Punch—Jamaica rum flavored with 1/2 cup brandy, half a glass of triple sec, the rinds of 1/2 lemon and 1/4 orange, plus 4 cups of boiling water. Cold Rum Punch—dark rum.

Continued on page 128
We make furniture for lovers

Lovers of classic understatement. As in the clean, simple lines of "Counterplay," our contemporary grouping for dining room, bedroom, living room. Your interest focuses immediately on what it's all about: beautifully figured American walnut veneers, hand-rubbed to satiny luster. Softly rounded corner inlays of oak outline and subtilely accent the individual panels. It's a look that offers wide decorative freedom to accommodate changing scenes of color, fabric, texture.

For folder of "Counterplay" and other Lane furniture collections, send 25¢ to The Lane Co., Inc., Dept. N211, Altavista, Va. 24517.

For your nearest "Counterplay" dealer, telephone free: 800-243-6000. (In Conn., 1-800-882-6500.)
questions & answers

Antiques

By Louise Ade Boger

Victorian Rocker

I am told that my folding nursing rocker is 150 years old. Is this true? Is it American or European in origin? V.S.—Salt Lake City, Utah

Judging from the snapshots, your Victorian folding rocking chair was made in America about the 1870s, when folding chairs were widely popular. Indeed, so great was their popularity, that stationary chairs were often made to look as if they could be folded.

Thorwaldsen Sculpture

Can you identify this ceramic plaque, which is part of the cresting of a gilt wood wall mirror? P.N.—Santa Fe, N. Mex.

Your carving is a reproduction of an extensively exploited marble plaque by the Danish sculptor, Albert Thorwaldsen (1770-1844), entitled “Day: Aurora with the Genius of Light.” The companion sculpture is entitled “Night with Her Children, Sleep and Death.” Both were modeled in 1815.

Chippendale Style Supper Table

Can you tell me for what purpose this table was used? Does this kind of table have a particular name? B.B.—Whitemarsh, Pa.

This distinctive type of Chippendale style tilt-top table with the top divided into compartments, usually 8 or 10, was introduced in England about 1740 to 1750. It held cups and saucers, or small plates, for an informal meal or supper, hence its name—supper table.

French Cameo Glass

My thick glass vase has the signature “Zalli” on it. Are you able to date it for me and tell me who made it? B.B.—Stoughton, Mass.

Your French cameo glass vase was made about 1910 in the glassworks of Emile Galle (not Zalli), 1846-1904, the man of greatest importance in the Renaissance of Glassmaking in France. Gallé turned to nature for his inspiration and, no doubt, the Lorraine forests and fields are the subjects for this imaginative design. (Continued on page 36)
Colonial Americans believed night air was unhealthy. So their beds were made with canopies and side curtains to keep out the cold night air. In 1975 bedrooms are decorated for fashionable reasons. Like this one done in a classic eyelet-embroidered ensemble by CROSCILL. It's made in Springmaid "Harmonaire," a durable-press blend of Kodel polyester and combed cotton. It's an elegant ensemble with an elegant name—"Elizabeth." The curtains are versatile enough to use in any room in the house. The bedspread is puff-quilted with Kodel polyester fiberfill for softness and lightness. Bedspreads, canopies, Priscilla curtains, tiers, valances, pillow shams available in standard sizes. In white or eggshell. At fine stores including those listed opposite.
Share the Season’s Joys... Flowers Do It!

The happiness of holiday time is a magic mixture of many things. Like the pungent scent of evergreens and the friendly glow of candles. The cherished family traditions and the treasured decorations saved from year to year and brought forth for loving display.

Bright bouquets of fresh cut flowers, lush green plants, the brilliance of a poinsettia or other colorful flowering plants bursting with seasonal blooms, and exquisitely designed decorator pieces created to reflect the joyful feeling of Christmas, all symbolize the spirit of the holidays. Used throughout your own home, or sent to share the joys of the season with friends and family, near or far, flowers and greenery from your Teleflorist express the warm, wonderful mood of the holidays perfectly, naturally.

This holiday season let your nearby Teleflorist, listed on the following pages, handle all your flower needs. He’s a full-service professional with specialized training and experience, and a superb floral artist. He features the freshest cut flowers, and healthy, vigorous plants. Whether you want a floral remembrance sent anywhere in the world... a single blossom... a small bouquet... or the great arrangement, you can rely on him. He is also your House and Garden Local Color Center, and qualified to assist in planning party or home decorations. Visit your Teleflorist soon; he’s always ready to give friendly, dependable service.

Pick up your free copy of “Color Alive”

Your House & Garden Local Color Center Teleflorist has a copy of this exciting, informative, helpful booklet waiting for you. It’s full of imaginative ideas and interesting new ways plants and flowers can help your home come alive, instantly, the natural way!
Stop by your nearest House and Garden Local Color Center Teleflorist soon, pick up your free copy of “Color Alive” and discover for yourself all the wonderful ways “Flowers Do It!...” You are always welcome to browse in any of these shops where you’ll find new, imaginative ways to use colorful fresh flowers and plants to help color it natural!

ALASKA
FAIRBANKS
House of Flowers
544 Third Avenue (99701)
Phone: 452-1781

PALMER
Mantanuska Valley Flower Shop
729 South Alaska Street (99645)
Phone: 745-3913

ARIZONA
GLENDALE
Glenidale Floral & Gift Shop
5743 West Glendale Avenue (85301)
Phone: 931-2446 & 937-7543

PHOENIX
Fordyce Flowers & Gifts
15215 North Cave Creek Road (85332)
Phone: 992-4710
Payne & Morrison Florist
3326 West Glendale Avenue (85021)
Phone: 939-9778
Phoenix Flower Shop
5012 East Thomas Road (85018)
Phone: 959-1200

TUCSON
Harlow’s Flowers & Gifts
5620 East Pima (85712)
Phone: 452-1781

CALIFORNIA
ANAHEIM
Carmen’s Flower Shop
1215 W. Lincoln Ave. (92805)
Phone: 535-4997

BERKELEY
Berkeley Artists & Florist
1770 Solano Avenue (94707)
Phone: 524-6333
Lee’s Florist & Nursery
1420 University Avenue (94702)
Phone: 843-0502

BURBANK
Donna’s Florist
151 South Glenoaks Boulevard (91502)
Phone: 848-6655

CARLSBAD
Carlsbad Florist & Gifts
1207-0 Eln (92008)
Phone: 434-1073

ENCINO
Adam’s Apple
18013 Ventura Boulevard (91316)
Phone: 996-1212

FULLERTON
Haston’s Flower Shop
701 W. Commonwealth Ave. (92632)
Phone: 526-8389

GLENDALE
Walters Flowers, Inc
412 North Glendale Avenue (91206)
Phone: 246-1706 & 245-8831

HALF MOON BAY
Half Moon Bay Florist
421 Main Street (94019)
Phone: 726-9424

HUNTINGTON BEACH
Marjorie Floral
15752 Springdale Avenue (90649)
Phone: 892-1641

LAFAYETTE
Floral Arts Florist
3584 Mt. Diablo Boulevard (94549)
Phone: 284-5765

LONG BEACH
Atlantic & Fifth Florists
455 Atlantic Avenue (90812)
Phone: 577-1183

LOUISIANA
A Blooming Business
464 North Doheny Drive (90404)
Phone: 276-6956

OAKLAND
Posta’s Florist
5619 College Avenue (94618)
Phone: 653-3340

PASADENA
Rom’s Flowers
150 South Los Robles (91101)
Phone: 577-1183

PALM SPRINGS
Kaye’s Flower Fashions
705 South Palm Canyon (92262)
Phone: 325-1584

ROLLING HILLS ESTATES
Peninsula Flower Cart
815 Silver Spur Road (90274)
Phone: 541-2457

SAN CARLOS
Flower Center
1148 El Cerrito (94070)
Phone: 593-3196

SANTA CRUZ
Stewart’s Florist
1430 Soquel Avenue (95062)
Phone: 423-0640

SOUTH LAKE TAHOE
South Lake Tahoe Florist & Nursery
Winnemucca At Barton (95731)
Phone: 541-4748

STUDIO CITY
Garin Florist & Antiques
15660 Ventura Boulevard (91604)
Phone: 980-1144

VAN NUYS
Carousel Flowers
7070 Sepulveda Boulevard (91405)
Phone: 786-8160

WALNUT CREEK
Walnut Creek Florist
1668 Locust Street (94596)
Phone: 934-2396

WEST COVINA
Flowers by Robert Taylor
2616 East Garvey (91791)
Phone: 331-5358

IDAHO
IDAHO FALLS
Aladdin’s Flowers
415 Park Avenue (83401)
Phone: 523-6044

POCATELLO
Dellart Floral Shop
3rd Center (83201)
Phone: 331-5358

REXBURG
Winnemucca At Barton (95731)
Phone: 665-9101

NEW MEXICO
LAS CRUCES
Flowerland
1450 East Missouri Avenue (88001)
Phone: 523-6191

OREGON
BEAVERTON
Flowers by Maxine
12010 SW Allen Avenue (90705)
Phone: 644-2724

EUGENE
Flowers Unlimited
82 West Broadway (97401)
Phone: 344-6244

FLORENCE
Wilson’s Florist
498 Oregon Coast Highway (97439)
Phone: 587-8216

GRESHAM
Flowers by Malcolm
221 East Powell Boulevard (97030)
Phone: 665-9101

MILWAUKIE
Dave Strauss’ Flowers & Gifts
805 Main Street (97222)
Phone: 659-0530

PORTLAND
Dovinh’s Flower Shop
702 Southwest Morrison (97205)
Phone: 227-2441

SALEM
Margaret’s Florist
1567 Center St. Northeast (97301)
Phone: 363-2190

WASHINGTON
BREMERTON
Paul’s Flowers
6th & Pacific Avenue (98310)
Phone: 877-4422

ISSAQUAH
Issaquah Floral & Gift Shoppe
94 Front Street North (98027)
Phone: 392-7566

PUYALLUP
Maloney’s Floral Shop
703 Meridian North (98371)
Phone: 845-8858

RICHLAND
Alice’s Flower Shop
1177 Lee Boulevard (99352)
Phone: 946-1676

SEATTLE
Ballard Blossom Shop
2001-Northwest Market Street (98107)
Phone: 762-4213

SPOKANE
Riverview Flowers & Gifts
East 8605 Trent Avenue (99206)
Phone: 762-2475

SPokane
Riverpark Flowers & Gifts
East 8605 Trent Avenue (99206)
Phone: 762-2475

PORTLAND
Dovinh’s Flower Shop
702 Southwest Morrison (97205)
Phone: 227-2441

Flowers Tommy Luke
625 Southwest Morrison (97205)
Phone: 228-3131

GRESHAM
Dave Strauss’ Flowers & Gifts
805 Main Street (97222)
Phone: 659-0530

PORTLAND
Dovinh’s Flower Shop
702 Southwest Morrison (97205)
Phone: 227-2441

Flowers Tommy Luke
625 Southwest Morrison (97205)
Phone: 228-3131

WASHINGTON
BREMERTON
Paul’s Flowers
6th & Pacific Avenue (98310)
Phone: 377-4422

ISSAQUAH
Issaquah Floral & Gift Shoppe
94 Front Street North (98027)
Phone: 392-7566

PUYALLUP
Maloney’s Floral Shop
703 Meridian North (98371)
Phone: 845-8858

RICHLAND
Alice’s Flower Shop
1177 Lee Boulevard (99352)
Phone: 946-1676

SEATTLE
Ballard Blossom Shop
2001-Northwest Market Street (98107)
Phone: 762-4213

SPOKANE
Riverview Flowers & Gifts
East 8605 Trent Avenue (99206)
Phone: 762-2475

SPOKANE
Riverpark Flowers & Gifts
East 8605 Trent Avenue (99206)
Phone: 762-2475

VANCOUVER
Designs Delouse
9318 N.E. Burton Road (98662)
Phone: 892-0280/892-0281

WENATCHEE
Crawford’s Flowers
24 N. Wenatchee Avenue (98801)
Phone: 683-4660
**American Coffeepot**

On my coffeepot is "Pairpoint Mfg. Co." but the design is very Asian. Why did an American company make this style coffeepot? 

**D.I.K.---Kansas City, Kans.**

The craze for Turkish, Moorish, and other Near Eastern exotica ran like a forest fire through American homes of the 1890s. The Pairpoint Manufacturing Company of New Bedford, Mass., had in mind the savor of rich mocha coffee and the romantic homemaker when it fashioned your plated silver coffeepot.

**New York Dressing Mirror**

I am enclosing some snapshots of my mirror and a drawing of the mark that's on it in the hope that with them you can identify the maker and tell me when it was made. 

**R.S.---Shaw, Miss.**

The Apollo Silver Company of New York City made your plated gold dressing mirror with stand about the turn of the 20th century. Before 1899, it merged with Bernard Rice's Sons, who continued to use the Apollo mark. Apollo specialized in plated silver mirrors, dresser sets, shaving stands and the like.

**Sheffield Teapot**

Your teapot was made by the English Victorian silversmith Richard Richardson, who started the Cornwall Works at Sheffield in 1796. E.P.B.M. indicates the teapot was electroplated on Britannia metal, which is similar to pewter and was sometimes used in place of nickel or white metal. For this reason, when the plated silver on a piece of hollowware wears off and exposes the Britannia metal base, it is often thought to be pewter.

**Special offer to House & Garden Readers**

Copies of Louise Ade Bowler's hook, *House & Garden's Antiques: Questions & Answers*—over 900 items from past columns arranged by category for easy reference. Only $9.95 per copy, plus 45c for postage and handling. Write to Conde Nast Books, P.O. Box 3108, Grand Central Station, New York, N.Y. 10017.

---

**Antiques**

continued from page 32

**Now save 20%* on this Pennsylvania House group at these fine stores...**

* on mfrs. suggest retail prices

**Alaska**

Anchorage .... Wolf's Home Furnishings

**California**

Daly City .... Westlake Maple Shop

**Colorado**

Littleton ......... Riely Furniture Co.

**Idaho**

Idaho Falls .......... A. M. Smith

**Illinois**

Aurora .... St. Clair's Home Furnishings

**Indiana**

Anderson Miller's North Town

**Iowa**

Ames ............. Amana Furniture Shop

**Kansas**

Salina .......... Galerie House

**Louisiana**

Baton Rouge .... Concord House

**Minnesota**

Fergus Falls .......... Olson Furniture

**Missouri**

Cape Girardeau .... Rast & Martin

**Mississippi**

Gulfport ......... Elise

**Missouri**

Rolla .......... Bacon Furniture

**Montana**

Helena ........ Herrmann Furniture

**Nebraska**

North Platte .... Gantner's Furniture

**Nevada**

Las Vegas ... R. J. Lloyd

**New Hampshire**

Auburn ............. Leather Furniture

**New Jersey**

Asbury Park ....... Lawhas Furniture

**New Mexico**

Albuquerque .... White Furniture

**New York**

Brooklyn ......... Freeman's Furniture

**Ohio**

Dayton .......... Frazer Furniture

**Oklahoma**

Miami .......... S. A. Express Furniture

**Oregon**

Portland ......... Frank Kales Furniture

**Pennsylvania**

Allentown ......... William & Sue Furniture

**Rhode Island**

Providence .......... Homer's Furniture

**South Carolina**

Charleston ...... Carter's Furniture

**South Dakota**

Rapid City .......... Howard Furniture

**Tennessee**

Memphis .......... Gantner's Furniture

**Texas**

Dallas ......... Waddells (both stores)

**Utah**

Salt Lake City .......... Balfour Furniture

**Vermont**

Burlington ......... Barr Furniture

**Virginia**

Richmond .......... S. A. Pinkman Furniture

**Washington**

Spokane .......... Ries Furniture

**West Virginia**

Huntington .......... Good Furniture

**Wisconsin**

Madison .......... S. A. Pinkman Furniture

**Wyoming**

Cheyenne .......... S. A. Pinkman Furniture

---

**YOURS FREE AT ALL STORES LISTED ABOVE!**

The All-New Collector's Book . . .

288 pages of exciting decorating ideas for your home in full color! Pick up your free copy at any of the above stores or send $7.50 to Pennsylvania House, Dept. HG 115, Lewisburg, Pa. 17837
Set in the heartland of America, this Victorian home—with its graceful gingerbread scrolls and scallops and Gothic arched windows—seems to grow more beautiful as time goes by. Pennsylvania House furniture has this same kind of lasting beauty. American Traditional designs crafted with all their original true-to-the-past character...a marvelous wing sofa and chair, curving Queen Anne legs, woods rubbed to a warm sheen Pennsylvania House...the furniture that belongs in all the great American home styles, wherever they may be! Come see a Pennsylvania House in person. See this luxurious living room—now being offered at a full 20% off for a limited time only at every store listed on the facing page.
Electric cars continued from page 14

and the number of batteries it carries. You can drive one from 30 to 120 miles—again, the distance depends on all those variables—before it will need a recharge. For most electric cars, a full recharge will take from eight to ten hours if you have half a battery charge in your house, about half that time if your current is 220. But the full charging time is rarely necessary because it’s unlikely that you’d let the car run completely down before recharging.

Electric cars conserve petroleum because the power they use is generated somewhere else—and central electric generators are somewhat more efficient than car engines, and can control their pollution more effectively. Electricity from wind, water, nuclear, and coal-fired plants works just as well as electricity from oil-fired plants. Most electric cars can be expected to recharge when generators are operating anyway, often producing more power than is used—and rates are lower.

A full recharge for an eight-battery car costs about $25 when rates are 3 1/2 cents per kilowatt hour. If you go twenty-five miles on it, that’s a cent a mile.

If you own an electric car, you can expect it to cost either about $3,000 or about $7,000. You can expect it to be either radical in looks or conventional. It will carry either two passengers or four passengers, operating either with a rhoo-stat (a dial offering a range of fixed speeds) or with a conventional transmission.

Does that all sound rather either/or? It reflects the two philosophies currently at work in electric-car circles. One—the $7,000 one—holds that Americans will not give up personal transportation, personal comfort enroute, and the freedom to make long trips at high speeds no matter what the price of gasoline, and therefore that electric vehicles must match and perhaps surpass what’s possible for a gasoline-driven car. The other—the $3,000 one—holds that the time has come for a complete change, that Americans are tired of superwaste, will welcome something small and functional in design, and aren’t all that addicted to ultra-high speeds. Therefore, electric vehicles can be designed from the ground up to fit their assets and limitations.

Most electric vehicles do have limitations. For every pound you put on or in the car, you lose a little speed or range, and the batteries are heavy, and not terribly efficient. The cars don’t like hills at all. Cold affects them. If they’re light enough to be inexpensive, chances are they’re not terribly comfortable. If they’re heavy enough to be comfortable, chances are they’re expensive. “Put it this way,” says James Norberg of ESB, a leading battery manufacturer active in electric vehicle research. “When automobiles first came out there were three contenders, steam, electric, or internal combustion. Two of them, steam and electric, dropped out of sight, and all and almost all of the research, eighty years of it, went into internal combustion. Now we have to pick up the old technologies of steam and electric and go on.”

Research is underway, for instance, under federal grants and also in private industry, to improve batteries. Long-term solutions may be high temperature batteries using things like lithium/sulphur, according to Dr. John Hartman, director of General Motors’ Electrochemical Research Laboratory.

All electric vehicle people agree that the primary use will be in-town trips or commuting (95 percent of all automobile trips are less than 40 miles in length, according to the U.S. Department of Transportation). For businesses, the electric delivery truck is already a valuable asset. There are more than 100,000 of them on the road in England, where oil is even more precious than it is here, for instance. The U.S. Post Office has just put 350 Electrucks, manufactured by AM General, to work around Los Angeles.

Meantime, the owner of an electric passenger car is still a bit of a dashing adventurer. People nudge, gather in crowds, and question the driver. He is a member of a tight camaraderie, drawn to events like the 1975 Mount Washington Alternative Vehicle Regatta—its symbol was a turtle—in which about 20 electric, steam, methane, and flywheel-driven vehicles crept to the top of Mount Washington, held by the rules and by physical law to speeds less than 20 miles per hour. He’s one of the 20,000 subscribers to the quarterly Electric Vehicle News. He’s a pest about licensing regulations (one state requires all cars to have gas tanks—even if they’re not gas driven). He’s having fun.

A lot of the rest of the world, with less petroleum, is more accustomed to the drone of gasoline-powered foreign cars, British, Dutch, French, Belgian, Japanese, South African, Brazilian, and Swedish companies make them. Now, some Americans are tiptoeing into electric car production. The largest present producer is Sebring-Vanguard of Sebring, Fla. Its CityCar carries two passengers in a body made of the same material as professional football helmets, with a roll cage on an aluminum chassis. It has six or eight 12-volt batteries, isinglass curtains.

Waterman. “It sounds like a refrigerator motor when it’s running,” says Mr.

Linear Alpha electirifies Dodge vans and Pinto’s to order. The van has a top speed of 60 miles per hour, of 30 miles. The Pinto “Thunderbolt 240” can go 55 miles per hour, has a 40-mile range, costs $7896.

Corbin-Gentry sells motorcycle accessories, electric motorcycles—and a kit to turn your old VW into an electric bug. The basic package—rated in a flexible number of varieties—a 45 mile-per-hour speed, a 30-35 mile range, can be used on any rear-engine Volkswagen to beetle and costs, about $1250. The motor is the heart: a retooled, rebuilt 12-14 horsepower engine, its own generator, Thirty or forty kits have been sold since late May, and Corbin-Gentry has “enough” jet starters left, says sales manager Al Simmons.

And then there are the prototypes, handsome cars that nobody’s offering for sale yet. But they may, any minute now.

Robert S. McKee of McKee Engineering, racing car designer (fifty of them since 1961) and electric enthusiast, has built the McKee Electric Commuter Car for ESB, the battery-makers, and he has copied it for himself. It has a top speed of 60 miles per hour, a range of 75 or 80 miles, room for two passengers, and a racy 8 horsepower engine. He’s building four more this year.

Wayne Goldman of Electric Vehicle Engineering has experimented with electric vehicles for use every day, anywhere—from coal mines to resorts. Now he is planning to produce a highway-rated vehicle named the Laser next year, a four-passenger station wagon to sell for $6500, that will go 35 miles per hour for about a hundred miles. Right now, he says, “it’s a cross between a novelty and a thinking man’s car.”

And the Copper Development Association, which specializes in making new technologies available to consumers of brass and copper, has designed and built the Copper Electric Town Car, with a top speed of 55 miles per hour and a range of 120 miles. It went to Washington last spring, one of eighteen electric vehicles demonstrated at technical briefings for legislators and others involved with energy and transportation. (Continued on page 144)
You can get lost in the underground shopping center of Montreal... make definite plans to do it

ew excitement in Montreal continued from page 16

ototype of the buses that will be ed during the Olympics. The ndows are intended to echo the ympic logo with its five inter- ckd circles topped by the styl- ed arches of a Montreal "M." e're what I learned:
Montreal is Canada's largest y, its financial headquarters 000 banks), its garment center 0 percent of Canadian clothing ade there), its major seaport with cilities for 200 ships at a time. It is 28 radio stations and 7 color vision channels. It has 900 iles of streets, and every one is asked every day. May to Oc- ber. Five thousand big concrete anters full of flowers are carried it every May to beautify the city, al 140,000 trims are installed every October. Five thousand trees planters go along, and when the es get too big, they're planted in e parks. Any blank building wall in be the prize in a competition nong students in the city's art hools. They may submit designs the city council. If okayed, a ank wall gets a newly painted ork of art.

The islands of Expo '67, now nd His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.

No building can be higher than Montreal mountain, 700 feet, r about 50 stories. The Stock Ex- change, at 47 stories, is Montreal's hghest building. The Merchandise arl, its biggest — the world's sec- nd biggest commercial building. Benjamin Franklin founded the Montreal Gazette in 1776, while the U.S. army was occupying the city. The Cavelier de la Salle left om here to explore the Missis- sippi and His World" — it sounds etter in French: Terre des Honi- - were made with the dirt dug om the subway system.
Mom got a whale of an idea from Martin-Senour® Paints.

This is my room. I think it's neat. Mom painted it all from a big picture she got from a Martin-Senour Paint man. You could get one, too. Mom said it was easy 'cause the picture shows you just how to do it.

She even let me help pick the colors. There are about a zillion colors on the Martin-Senour color chart.

I really like my room now. Mom got a whale of a good idea from Martin-Senour Paints. And I've got a whale of a good Mom.

Martin-Senour Paints,
Quality Paints Since 1878.

Picture with instructions for Whale Wall available from your participating Martin-Senour dealer. Or write
The Martin-Senour Company, P.O. Box 5839, Cleveland, Ohio 44101.
ovember, 1975

Montreal is an Eating City the Likes of New York, New Orleans, and San Francisco

in Francisco. Maybe better, be- cause even in the lesser places, the stairs joints, the corners not mentioned in any tourist guide, it’s hard to go wrong. There’s that little stairs Italian place, Pepe’s, just Peel Street from Dominion square. Also cosmopolitan visit, with all the pleas-

TOURB...

Machu Picchu and Cuz-

trip to seaside Mar del Plat a. Then 8 nights for

$495. from

TOUR A... 19 Days of Fun
Visit modern and an-
cient Lima, with op-
tional side trip to
Machu Picchu and Cuz-
co. Also cosmopolitan
Buenos Aires, plus side
trip to seaside Mar del
Plata. Then 8 nights for
Carnival in Rio!

from $515.

plus air fare

See South America at its glamorous, most exciting best at the fantastic Carnival of Rio in February! These special tours hit the high spots and feature optional side trips to suit your own specific interests. Fly AEROLINEAS ARGENTINAS (Argentine Airlines), one of the great air transports of the world. Fine hotels with bath, breakfasts, transfers, baggage handling, listed sightseeing, even most tips, taxes and cost of tour preparation and operation,

from $495.

plus air fare

Phone or write for colorful tour brochures.

ARGENTINE AIRLINES,
9 Rockefeller Plaza,
New York, N.Y. 10020
Please send me colorful brochure on your
special Carnival in Rio tours.

GREET SUMMER IN THIS UNFORGETTABLE

Carnival in RIO

See your Travel Agent
or Call Us toll-free at 800-223-5450
Continued on page 76
Do you need an interior designer?

To a lot of people, the world of the interior designer is one of esoteric mystery. A person who specializes in the insides of buildings—what does he do? These days, interior design is no longer just a matter of rearranging the furniture. In fact, interior designers do for the inside roughly what the architect—the exterior designer—does for the building itself. They fit it to the needs and wishes of the people who live there. They use experience and training to make it beautiful as well as functional.

There comes a time when just about anyone who is going to make a substantial investment in furnishing or decorating a house could benefit from the services of an interior designer. To know what you like in decorating often isn’t enough. The right interior designer can save you time, can bring to your attention products, fabrics, furniture, ideas you might not otherwise have thought of, or to which you might not have had access. As middle man between you and the source of your new furnishings he can handle details and expedite delivery. Certainly it makes sense to consider the use of a designer if you are contemplating a big project—but there is really no bottom limit to the size of the project, if you feel you could benefit from a designer’s services. Designers do rooms or pieces of rooms as well as buildings. There is probably a designer for just about anything you might want to do. For instance, if you intend to buy just one really good sofa for the next ten or fifteen years, a designer might save you from an expensive mistake—and the process of consulting one isn’t difficult.

Where do you find one? There are always the Yellow Pages—and that’s not a bad idea for starters. Friends, good retail stores, magazines, manufacturers of furniture you admire are other possible sources of information. Some 12,000 interior designers belong to the largest professional organization, the American Society of Interior Designers. Known as ASID, it was formed just this January by a merger between the American Institute of Interior Designers and the National Society of Interior Designers. One of its functions is to provide lists of members, by area. Write to the national headquarters, 730 Fifth Ave., New York, N.Y. 10019.

The members of the ASID all have met certain minimum standards for education, for experience, and for professional practices—standards that the organization will try to tighten every year. And members subscribe to a court-tested code of ethics designed to protect the client—you and the profession. Reputable designers expect clients to ask for examples of their work and for credit and experience references. One way to find a designer, or confirm several, how do you pick the one whose work will please your taste? Partly by his previous work, and partly—because many designers are very versatile—by something as simple as chemistry: Do you like him or her? If you can’t make him understand you in the first twenty minutes, perhaps you should look further. The initial interview, during which you try to come to a working arrangement, is generally without cost to you, though you should ask whether there will be a fee when you call.

How can you make the designer understand? He’ll ask questions, but you should be prepared to be quite explicit and quite communicative. What is the project? What are the limitations in time, money, materials? What do you like? How do you plan to use the space? Do you live casually, actively, serenely, energetically? What do you dislike? What has to be incorporated; where does the designer have a free hand? All are important.

If you get along and you decide to work together, what can a designer do? Whatever you want him to. You might want an hour’s or a day’s consultation. He might help you to the point of specifying exactly what you want and naming the sources, while you do the shopping. Or he can give you renderings, and swatches, and samples for approval, in your own house if you choose, while you take charge of everything, while you okay every step. You and the designer pick the method that suits you both best, usually at the initial interview.

The fee the designer charges will reflect the size of the project and the amount of time he is likely to spend, and he will give you estimate ahead of time. Designers may also work for salaries, commissions, through sale of retail merchandise, or—a fairly new possibility for large steady clients—for retainers. A reputable sign will be glad to tell you exactly how his fee is set.

Interior design, as a profession, has come a long way since the days when it was the province of the wise-unoccupied friends with a knack for making rooms look pretty. Today, designers may be expected to know everything from basic electrical wiring and building stress patterns to the proper maintenance of a variety of synthetic fabrics, the quirks in the new kinetic art forms, or the findings of the latest environmental study. More and more, they work closely with architects to create interior environments that can be multiple just rooms.

Among the professional programs sponsored by the America Society of Interior Designers are design competitions, awards given for environmental improvement through design, fellowships for teachers of design, research facilities, expert assistance in restoration and preservation for civic and historic organizations, and—perhaps the most important goal—a nationwide campaign for legal qualifications for designers.

ASID would like to see state issue licenses for interior design just as states license architects, doctors or teachers or engineers. In the meantime, through the National Council on Interior Design Qualification (formed with several other professional groups), it offers a tough technical exam to anyone who wants to take it. Those who pass are well-qualified to call themselves professional designers.

Through the Foundation in Interior Design Education and Research (FIDER), established with the Interior Design Education Council, ASID offers a voluntary provisional accreditation plan for schools of interior design in colleges and junior colleges, to guarantee a certain standard of professional training to the future 6,000 students who will be accepted in the now enrolled design programs.

It’s all part of a continuing effort to upgrade standards of interior design. The object has been to make finding your interior designer easier and safer.
From Europe. All those deliciously tempting tastes you’ve acquired a
taste for. Four European liqueurs brought to you by Leroux exactly as you
remember them.
Remember Amaretto? From Torino in Italy—where people sit in cafes and
ogle each other. Amaretto di Torino with a mysterious hint of almonds
and apricots. With coffee or in coffee or any time.
And Cognac with Orange. It tempted you in France. With coffee, or dessert
and on Duck a l’Orange. Now sip it at home.
And the taste of those succulent wild Danube strawberries, Fraise de Bois.
We brought it back for you.
And the joy of Denmark’s Tivoli Garden. It’s all summed up in Cherry
Karise. One of the happiest experiences a flavor connoisseur
could ever have.
For a free copy of the Leroux cocktail and cooking recipe folder, write to:
Leroux Recipe Offer, P.O. Box 956, Madison Square Station, New York,
N.Y. 10010.
Leroux Imported Liqueurs: Amaretto di Torino 56 proof,
Cognac with Orange 80 proof, Fraise de Bois
54 proof, Cherry Karise 49 proof.

LEROUX
Introducing cabaret flavors from Europe.
A NEW LOOK FOR
AMERICAN MAN-MADE LANDSCAPES

Exciting ideas and designs showing how you can help add to the beauty of your community

By Caroline Seebhm

In Portsmouth, N.H., Arco gas station owner Louis Dow has surrounded his pumps with brick walls. A 20-foot internally lit sign has been replaced with a small block print sign. The new brick walls hide the pumps, and Mr. Dow has also installed planters and new discreet lighting.

In Bellows Falls, Vt., a visual master plan to change the traffic-congested square area into a pretty, tree-shaded, pedestrian-oriented shopping area has been funded through the Vermont Natural Resources Council, and a local townscape improvement committee is now campaigning for federal funds to do the project.

In Exeter, N.H., businessman Donald Robie has bought up some old buildings at the entrance to the town and is restoring them to their original character with appropriate building materials and small wooden signs. The town has working drawings for a new Town Hall Common that connects the bandstand back to the handsome Georgian Town Hall.

In Billerica, Mass., Billerica House of Correction prison officers, inspired by a slide show on murals, are planning a project for prisoners to paint murals on the walls of their prison.

At the gateway to Harvard University, a focus of bright color has been provided by the planting of row of crimson-leaved barberry enclosing a mound of red salvias, and on one side, a weeping purple beech—all done by volunteers a “plant-in.”

The driving force behind these dramatic efforts to transform the visual environment is Ronald Le Fleming, founder and director of Vision, Inc., a nonprofit public foundation dedicated to the conservation of visual quality in America.

“We want to make people more visually sensitive to where they live,” he says. “We believe Americans can develop more feeling for townscape—the relationship between buildings in a street, the rhythms of chimneys, rooftops, spaces, the textures and colors that constitute the visual environment is Ronald Le Fleming, founder and director of Vision, Inc., a nonprofit public foundation dedicated to the conservation of visual quality in America.”

Continued on page 5

Tribute to an American patriot

The State of Maryland’s leading citizen during the American Revolution and for many years after it was undoubtedly Charles Carroll of Carrollton. He was the last surviving signer of the Declaration of Independence, reported to be the richest man in America at the time, and unquestionably one of the foremost figures in American history. Yet, except by historians, he seems to be remembered more for his money than what he did for his country. And he did a great deal. He was a member from the Maryland Delegation to the Continental Congress, a member of the Maryland Revolutionary Convention, a member of the Maryland Committee of Correspondence, a delegate to the 2nd Continental Congress, and on August 2, 1776, he signed the Declaration of Independence. He also helped to found the American Colonization Society, the Bank of North America, the C & O Canal Company, and the B & O Railroad Company (he laid the cornerstone).

As a long overdue tribute to thiscanvas, talented, and patriotic man, the Baltimore Museum of Art, in conjunction with the Maryland Historical Society and the Peale Museum, is presenting a major exhibition running from September 30 to December 1 of this year. The exhibit will consist of silver, porcelain, furniture, memorabilia, documents, manuscripts, and portraits of Carroll and his family who were immortalized by some thirty painters including Sir Joshua Reynolds, Gilbert Stuart, and Thomas Sully. The Carrolls obviously did not give their custom to the itinerant painters of the day, and the exhibition is a very worthwhile show.
MEET YOUR PAST, YOUR PRESENT
AND THE PERSONS WHO MADE IT ALL POSSIBLE.

The 1976 Virginia Slims Engagement Calendar

In the 1976 Virginia Slims Book of Days, you'll find out why you are what you are and aren't what you aren't.

You'll meet those women who've made your past and are making your present. There's page after page of accomplishment, victory, defeat. Quotes, facts and anecdotes to make you laugh. To make you cry.

Plus 366 days and lots of room to note your appointments, engagements, addresses and your own personal history.

Meet your past, your present and watch the future unfold for only $1.00 plus two pack bottoms from Virginia Slims, regular or menthol.

You've come a long way, baby.

Mail to:
Virginia Slims Book of Days
P.O. Box 4537, Westbury, New York 11592
Please send me one 1976 Virginia Slims Book of Days Calendar. I enclose one dollar and two pack bottoms from Virginia Slims (regular or menthol).
Check or money order only.
Name
Address
City
State
Zip

Warning: The Surgeon General Has Determined that Cigarette Smoking Is Dangerous to Your Health.

Regular: 17 mg. tar, 1.0 mg. nicotine—Menthol:
17 mg. tar, 1.1 mg. nicotine av per cigarette, FTC Report April '75

Offer void to persons under 21 years of age. Offer good in U.S. only, except where prohibited, licensed or taxed. Please mail as soon as possibile and no later than March 31, 1976. Allow 3 to 6 weeks for delivery. One order per envelope. Offer good while supply lasts.
What every family thinking about remodeling should know about Thermador’s triple oven

The most important reason for remodeling is to make your kitchen more attractive, more convenient, and equipped with modern appliances that save you time and energy. That’s what Thermador is all about.

In one sleek, built-in unit, Thermador provides this time- and step-saving combo:

- **A microwave oven** that cooks fast, cooks cool. Ideal for a whole meal or a snack.
- **A self-cleaning oven** when you want to do conventional oven cooking. Cleans itself!
- **A stay-hot oven** located conveniently in between, to keep everything serving hot.

Remember that quality, convenience and beauty are trademarks of every built-in electrical appliance made by Thermador.

Man-made landscapes continued from page 56

“People are concerned about other kinds of pollution—water, air, noise—but what about visual pollution?”

Pressing the growing popular concern for visual quality, it is possible to encourage management to redesign, remove, reduce, conceal, or renovate standard corporate installations. Atlantic Richfield cooperated in Portsmouth, N.H., for instance, and paid for gas station improvements, and the American Petroleum Institute is showing interest in a Vision proposal to upgrade the visual quality of a few selected towns that are celebrating the Bicentennial by means of redesigning, landscaping, and relighting their gas stations.

Vision can also advise about new gas station design. For instance, a new commission has been set up on Cape Cod to organize a nine-town historic district along the old King’s Highway, Route 6A, from Eastham to Sandwich. The members of the commission are already being besieged by oil companies wanting to put stations along this route, and they have no criteria for judging the oil companies’ requests. So Mr. Fleming has sent them pictures of good-looking gas stations and signs as guidelines for the commission.

In the cities and towns of America, Vision has also been very successful. In Portsmouth, for instance, a magnificent old city with a rich collection of 18th- and 19th-century architecture, they have completed design work for a Visual Environment Plan, jointly sponsored by the local business community and private foundations. Vision’s team has made recommendations for restoring old facades, reorganizing and designing public and private signs, planting trees, building recreation areas, beautifying parking lots, and improving lighting.

The team presented its visual guidelines to the people of Portsmouth at what was called a “design clinic,” which encourages the financial community to express some commitment to the project right from the start, and brings the townpeople and Vision together. At this first clinic ever held, the businessmen, naturally, asked some hard questions: “What if I’m the only one to agree to the new plan?” “I’ve just installed a new store sign. Must it be taken down?” “Is the city going to help?” But basically, they sensed the vision.

Continued on page 78
Remember your doll house? It was a dream world where everything was possible. And it wasn't important that the draperies didn't match the rugs or that the tiny rocking chair didn't go with the miniature dressing table.

But today your doll house is gone. Your childhood dreams have become realities. And making a decorating mistake could be very expensive.

Still, a little girl's dream never dies. And at your Ethan Allen Gallery we respect the little girl that lives on in every woman. That's why we make decorating a home as uncomplicated as possible.

Which is why you'll find that we have no salesmen. Only expert Home Planners who are trained to help you avoid making costly decorating mistakes. And all of the furniture that you see is expertly arranged in beautifully decorated rooms. So our Home Planners can give you a better idea of how the sofa or desk or lamp you fall in love with in the Gallery will work with the furniture you have at home.

And our Home Planners can help you choose from the wide selection of draperies, carpets, upholstery and wallpaper found in the Home Fashion Center. And it's quite a convenience—like having many different stores under one roof.

And finally, when you visit our Gallery, we will give you the new Ethan Allen Treasury of American Traditional Interiors. Its 408 pages show the vast Ethan Allen collection and hundreds of full color decorating ideas. You can get it free (no purchase required) at our Gallery or by sending $7.50 to Box 1066, Danbury, Connecticut 06810.

So visit our Ethan Allen Gallery. And with the help of our trained Home Planners you'll be able to make a little girl's dream come true.

Ethan Allen Galleries
We can help you have the home you want.
SEE HOW MUCH MONEY A PHILCO COLD GUARD™ REFRIGERATOR CAN SAVE YOU ON ELECTRICITY

For example, over the average life of a refrigerator (15 years) you can save up to...

<table>
<thead>
<tr>
<th>City</th>
<th>Estimated Savings</th>
<th>Electric Rates</th>
</tr>
</thead>
<tbody>
<tr>
<td>New York, N.Y.</td>
<td>$1343.16</td>
<td>$0.091 per KWH</td>
</tr>
<tr>
<td>Boston, Mass.</td>
<td>$915.12</td>
<td>$0.062 per KWH</td>
</tr>
<tr>
<td>Pasadena, Calif.</td>
<td>$811.80</td>
<td>$0.055 per KWH</td>
</tr>
<tr>
<td>Newark, N.J.</td>
<td>$797.04</td>
<td>$0.054 per KWH</td>
</tr>
<tr>
<td>Atlantic City, N.J.</td>
<td>$782.28</td>
<td>$0.053 per KWH</td>
</tr>
<tr>
<td>Philadelphia, Pa.</td>
<td>$782.28</td>
<td>$0.053 per KWH</td>
</tr>
<tr>
<td>York, Pa.</td>
<td>$767.52</td>
<td>$0.052 per KWH</td>
</tr>
<tr>
<td>New Haven, Conn.</td>
<td>$752.76</td>
<td>$0.051 per KWH</td>
</tr>
<tr>
<td>Pittsburgh, Pa.</td>
<td>$693.72</td>
<td>$0.047 per KWH</td>
</tr>
<tr>
<td>Richmond, Va.</td>
<td>$693.72</td>
<td>$0.047 per KWH</td>
</tr>
<tr>
<td>Baltimore, Md.</td>
<td>$664.20</td>
<td>$0.045 per KWH</td>
</tr>
<tr>
<td>Chicago, Ill.</td>
<td>$649.44</td>
<td>$0.044 per KWH</td>
</tr>
<tr>
<td>Cleveland, Ohio</td>
<td>$649.44</td>
<td>$0.044 per KWH</td>
</tr>
<tr>
<td>Washington, D.C.</td>
<td>$634.68</td>
<td>$0.043 per KWH</td>
</tr>
<tr>
<td>Detroit, Mich.</td>
<td>$619.92</td>
<td>$0.042 per KWH</td>
</tr>
<tr>
<td>Phoenix, Ariz.</td>
<td>$619.92</td>
<td>$0.042 per KWH</td>
</tr>
<tr>
<td>Kansas City, Mo.</td>
<td>$605.16</td>
<td>$0.041 per KWH</td>
</tr>
<tr>
<td>Akron, Ohio</td>
<td>$590.40</td>
<td>$0.040 per KWH</td>
</tr>
</tbody>
</table>

(For high or low humidity areas, actual savings may be more or less.)

It sounds too good to be true, but it is true. Every Philco Cold Guard Refrigerator uses less electricity than comparable models from any manufacturer listed in the April 1975 AHAM Directory, with their electric anti-condensation heaters on at least 50% of the time. So you’ll save money. That’s because only Philco refrigerators were actually re-engineered to give you all three of these important energy-saving features: double cavity Uni-Wall Liner with no seams or joints (patented process), precision placement of insulation, completely non-electric anti-condensation system.

Actual savings may vary depending upon climatic conditions, individual usage and electric rate changes. Savings shown are based on estimated residential electricity rates and consumption.

For a free booklet that will let you figure out just how much you can save in your area write: Aeronutronic Ford Corporation, MS 84, Blue Bell, Pa. 19422

Savings, based on rates in effect from May through August 1975, represent maximum economies available on current performance of Cold Guard Model RD19F8 Code 120 compared with the energy consumption of competitive models of three leading brands as listed in the April 1975 Directory of Certified Refrigerators and Freezers published by the Association of Home Appliance Manufacturers (AHAM). Comparisons show that Model RD19F8 uses 31% to 45% less electricity — comparisons for competitive models with anti-condensation heaters are based on average maximum/minimum energy consumption.

THE REFRIGERATOR THAT HELPS PAY FOR ITSELF
As much a delight to give as to receive, these presents run the gamut of useful, decorative things for the house. For these two-dozen plus new ideas and many more to make or buy, turn to page 64.
Moppets...the Captivating Collectibles from the Gift World of Gorham.

Look for them at these fine stores. Or send the coupon below to the store nearest you to order your favorite Moppets.

Send this coupon to your favorite or
nearest store to order your Moppets.

To: (Store Name)

Please send me the following Moppets.

<table>
<thead>
<tr>
<th>Moppets</th>
<th>Quantity</th>
<th>Unit Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. &quot;Let’s Be Friends&quot;</td>
<td>1</td>
<td>$16.00</td>
</tr>
<tr>
<td>B. &quot;Can’t we talk over?&quot;</td>
<td>1</td>
<td>$12.00</td>
</tr>
<tr>
<td>C. &quot;Tennis Anyone?&quot;</td>
<td>1</td>
<td>$12.00</td>
</tr>
<tr>
<td>D. &quot;Yea, Good Guys!&quot;</td>
<td>1</td>
<td>$17.50</td>
</tr>
<tr>
<td>E. &quot;A very lovely.&quot;</td>
<td>1</td>
<td>$12.00</td>
</tr>
<tr>
<td>F. &quot;The World’s Best Skier&quot;</td>
<td>1</td>
<td>$20.00</td>
</tr>
<tr>
<td>G. &quot;You’re my kind of people.&quot;</td>
<td>1</td>
<td>$12.00</td>
</tr>
</tbody>
</table>

NAME

ADDRESS

CITY

STATE

ZIP

Enclosed is my check or money order in the amount of $______________ (Please add applicable tax).

I do not wish to charge to my Account No.____.

(Required Information)

PENNSYLVANIA

Allentown

Appel Jewelers, Inc.

Allentown

Zollinger’s

Bangor

Steckel’s, Inc.

Chester

Carl A. Doubit

Erie

Darling Jewelers

Erie

DeMaria Jewelers

Erie

Linen Hope Chest

Jefferson

Leonard’s Jewelry

Keystone

Carlise’s

Ostern’s

Rosenstein’s, Inc.

Ostern’s

Andrews Jewelers

Pennsylvania

DarlJng Jewelers

Perkasie

Mayfair Jewelers, Inc.

Philadelphia

Ruip Pharmacy

Philadelphia

Spaner’s, Inc.

Philadelphia

Gimbels’ (All Stores)

Philadelphia

Kaufmann’s (All Stores)

Philadelphia

Morrow’s jewelers

Phoenix

John Dagle Jewelers

Pittsburgh

Darling Jewelers

Pittsburgh

Christmas Express Card & Gift Shop

Pittsburgh

S. A. Meyer

Pittsburgh

Long Jewelers, Inc.

Pittsburgh

Fowler, Dick & Walker

Pittsburgh

Tarryl Florist

RHODE ISLAND

Cranston

Queen’s Jewelers

Newport

Indigène

Providence

The Outlet Company (All Stores)

Warwick

Ford’s Jewelers

West Warwick

Woolworth’s

South Kingstown

Lord’s Jewelers

South Kingstown

McCarthy’s

CONSULTANT

Television Jewelers

Rhode Island

Moore Jewelers

Woodruff’s Century House

Rhode Island

Goldsmith’s Village Gift Shop

Woonsocket

Village Trunk & Bag

Rhode Island

T. Gray Hall Pharmacy

Baltimore

The Happy Cottage

Baltimore

Hall Pharmacy

Baltimore

Taylor Jewelers

Baltimore

Fort Worth Jewelers

Baltimore

Movin’ Dry Goods Co.

Boston

Foley’s (All Stores)

Boston

Gene Swaney’s Memorial

Boston

Gene Swaney’s Sharpstown

Boston

Sherry’s Hallmark Shop

Boston

Spinelli’s Collectible China & Porcelain

Boston

Chelsea House of Todd

Boston

Joske’s

Boston

P. J. McNiel Jewelers

Boston

Shaw’s Jewelers

Boston

China Palace

Boston

Nashua

Salt Lake City

Slot Salt City

Salt Lake City

Saginaw

U.S. Travel Goods & Gifts

Salt Lake City

Z.C.M.I. (All Stores)

Texans

The Outlet Company

Jacksonville

Annadale Jewelers

Jacksonville

Kitty’s Outlet

Jacksonville

Frank L. Moore Jewelry

Kansas City

Springfield Jewelers

Kansas City

H. L. Lang & Co.

Wichita

Porter & Jones

Portland

Santon Bros.

Providence

WANGING

Andrea’s

Providence

Krinker’s Hallmark Shop

Providence

The Carousel

Providence

Douglas China Gallery

Providence

Thought Of You Shop

San Antonio

The Boston Store

San Antonio

Estogg & Sons

Cheyenne

Wyoming

Georgette’s

GEORGIA

Addison

Hirs Jewellers

Atlanta

Bonnie’s Jewelers

Atlanta

D. "Yea, Good Guys!"

Atlanta

E. F. Smith Jewelers, Inc.

Atlanta

G. "You’re my kind of people."
Moppets: Captivating Collectibles...
very special little people to give someone lots of joy and love.

Gorham presents this happy Moppets family that’s sure to win your favorite someone’s heart. Moppets express friendship and love in the nicest way. Some are musical, some spoof sports, and all of them brighten the day. Captivating and charming, their irresistible expressions are delightfully captured in hand-painted porcelain for a gift to be treasured forever. See all the members of this delightful family at your favorite store. Moppets, from the Gift World of Gorham.

House gifts
continued from page 61

Soft, handsome luggage. 1, that keeps its clean look because it's washable Ultrasuede. Tote bag, $150 and suitcase, $180, in cocoa or burgundy were designed by Halston. Hartmann Halston Casual Luggage. At Dinofer Luggage Stylists. 2 Warm and cuddly-"Peanuts All Sports" Fiberwoven polyester blanket to wrap up your favorite little sports companions. Write Chatham Blankets. 111 West 40th St., New York, N.Y. 10018 for your nearest store. 3 Cordless power tool does the job of both a drill and a screwdriver with a %-
half-inch bit. Electric charger recharges hundreds of times. By Skil. At
hardware stores. 4 Flip the vinyl upholstered bench seat over to
make a 16-inch parquet-topped table, $120. By Gordon's. 5 A cer-
icomponent converts the "Multi-Cooker" stainless frypan into a
slow cooker. For fast frying, re-
move the insert and turn the tem-
perature up. Everything is im-
mersible for thorough cleaning.
Frypan, $42.95; optional insert
$14.95. By Sunbeam. 6 A sol-
id mahogany block-front chest with
brass hardware and four drawers that lock is a reproduction of an 18th-century American piece. $1135. By Pennsylvania House. At
Biggs Antiques stores, Philadel-
phia, Washington, D.C., and Rich-
mond, Va. 7 For great cooks—a
der and white plastic combination
gnocchi and croquette machine.
Two attachments and an in-
struction booklet are included.
$46.75 postpaid from Hammacher Schlemmer. 8 "Orinoco Star" cotton fabric covers an armchair. In
navy, red, or brown with fresh white, $446. By Hickory Chair. At
Lord & Taylor. 9 Just the thing for
toasting groups—the "Quik-
Drip Executive" automatic drip
coffeemaker. Brews 8 cups in 6½
minutes, and as there are two
warming plates, you can put one
pot on to warm while another
brews. $74.95. By West Bend. 10
Left, a 13-inch-high adjustable
table lamp in white or yellow, $30;
chrome, $32. Right, a wall lamp
that can be permanently mounted or
pinned; yellow, white, or
chrome, $25; both lamps use 100- watt regular bulbs or 75-watt re-

doctor bulbs. By Basic Concept.
At The Workbench. 11 Put a tiny
surprise inside a porcelain box
with a yellow porcelain bow. $7.50
postpaid from The Pequot Emp-
orium. 12 Sharpening steel, hold-
ing fork, honing and carving/ser-
ving blades make up a 4-piece
carving set any host would love.
By Gerber Legendary Blades.
$71.75 postpaid from Hammacher Schlemmer. 13 Handpainted trunk from India has intriguing figures on sides and top. "From The Four Corners Collection" by Thomasville. $489. 14 Folding tables 18
inches wide with black and red or
black and white incised designs on
their tops. $50 each postpaid from
La Tienda. 15 Electric clocks with
hard faces in bright orange or yel-
low all framed with chrome. By
Peam. $37 postpaid from Arango.
16 Straw mats and gingham seer-
sucker drip-dry napkins in blue,
red, yellow, or green and white. Mats, 60¢ each; napkins, 22 inches
square, $2.25 postpaid from The
Pequot Emporium. 17 Queen Anne silver chest of solid cherry has
silvercloth-lined drawers. A re-
production of an English piece by
Hammary. $220. At John Wana-
maker. 18 A sterling reindeer
hang on a tree. $15. By Oneid;
At Carl's House of Silver. 19 The
card of this pine blanket chest flip
up for storage. $219. By Finish-
Touch Furniture. Macy's. 20 Ve-
cro closing tab secures the lette
carrier; stationery comes with a
yellow porcelain box with a
surprise inside. $10. By Fante Stationery. A
Bloomingdale's. 21 Push-button channel selection and instant fin-
tuning on the "Star System" 25-
inch color TV by Magnavox, or a
handsome, recessed chrome base
$995. Through Magnavox dealers.
22 Glass doors and brushed brass
molding on the 65-inch-high "Fox-
fire" clock. $559. By Ridgeway
Clocks. At Macy's. 23 Two 1-
quart stainless thermoses in a case
$81, and a single 1-quart thermo-

case, $42; both have padded
adjustable carrying straps. By
Stanley. At Abercrombie & Fitch.
24 Birch drop-lid desk has storage
compartments inside, brass hard-
ware. $270. By Pennsylvania
House. At Altman's. 25 When or
invigorating walking tours, attach
a pedometer to your belt. Regis-
ters up to 25 miles. $11 at Hoffritz. All prices approximate. Store ad-
dresses, page 74. More house gifts
on page 67.

Sears Chrome and Glass Collection.
They cost so little because you assemble them yourself.

There is nothing fragile about the beauty of Sears Chrome and Glass.
The chrome-plated tubing is made from heavy-gauge steel. The glass is
safety-tempered for extra strength. And no glass corners to bump into.

What's more, most pieces in Sears Chrome and Glass Collection cost less than
$75. Each piece is a cinch to assemble. No special tools or talent needed. All
you need is the tiny wrench that comes included.

Isn't there room in your decor and your budget for Sears Chrome and Glass?
Take it home today. Have it up tonight. Find it at most larger Sears, Roebuck
and Co. stores. Most items also available in the catalog.
The joy, warmth and magic of a Dickensian Christmas—aptured in solid sterling silver

The rollicking spirit of an old-fashioned Christmas radiates from this yuletide plate. You can almost hear the fiddle play, smell the roast goose in the oven, feel the genial warmth of the blazing hearth and jolly company! This festive scene, captured in the soft glow of fine English sterling silver, is a masterpiece of the silversmith's art. The very embodiment of Dickensian merriment! It will make a heartwarming family possession, and a Christmas gift anyone will treasure.

Collecting the annual Birmingham Mint Christmas plates has long been a cherished tradition in England. Now, for the first time, these wonderful plates are available to American collectors. Each bears the Maker's Mark of the Birmingham Mint—England's oldest, est private mint—as well as official hallmarks of the Assay Master guaranteeing silver content and purity.

The plate will be sent in a lined presentation case, suitable for wall mounting, with registered serial number, and a signed Certificate of Authenticity. The price, $180.

Only 5000 sterling silver plates will be struck. Thereafter, the dies will be destroyed. Orders received after the issue is fully subscribed will be returned.

Special Gold Edition: For the discriminating collector, the Birmingham Mint will strike 200 plates in solid 22-karat gold, each 16 troy ounces in weight. The price, regardless of any increases in the cost of gold between now and delivery, is set at $5000 per plate. To order this Gold Edition, write in appropriate line in the subscription coupon.

From the frontispiece by John Leech for the original edition of A Christmas Carol.

To: THE BIRMINGHAM MINT OF ENGLAND, LTD.
Office for U.S. Subscriber Services, P.O. Box 792
Olde Towne Station, Alexandria, Virginia 22313

Please send me the 1975 Christmas plate in the quantities indicated below:

Solid sterling silver plate(s) at $180* each
22-karat gold plate(s) at $5000* each

* Virginia residents please add 4% sales tax.

I enclose check or money order in full payment. Amount enclosed: $________

Or: Bill my __________ Master Charge __________ American Express

On line above, write all information that appears in raised figures on your card. Include expiration date. If Master Charge, be sure to include the 4-digit Interbank number.

Name
Address
City
State
Zip

Signature

□ Check here if you wish plate sent as a gift. Attach recipient's name and address on a separate piece of paper, with brief message for gift card.

To assure delivery before Christmas, orders must be received by November 30th.

OLEMBER, 1975
Donald Dawkins rejects pulleys 1/1000th-inch out of round. After all, who wants a grandfather clock that gains two minutes every month?

Dawkins, master machinist, supervises the production of every one of the 166 metal parts made on this machine for a Herschede grandfather clock.

He knows the peculiar ways of machining brass and steel, as a chef knows the limits of butter and flour.

In an age of mass-produced mediocrity, Dawkins is something of a rarity. He insists upon, and gets, perfection from the machinists who tend lathes under his demanding eye.

The two words he hates most are "good enough." Clockmaking is no profession for the slovenly.

Herschede is the only American clockmaker manufacturing movements for grandfather clocks. Others import cheap movements from abroad. We trust Don Dawkins because we know how meticulous his standards are.

You can see all of the meticulously crafted Herschede clocks, from $4400 on down, by sending 50 cents for a color catalog to the Herschede Hall Clock Company, Starkville, Mississippi 39759, a division of Arnold Industries.

Gold Medal winning clocks since 1885.
For armchair shopping
Terrific presents you can order by mail

null-price-tag surprises
The oldest apothecary in America, Caswell-Massey, has hundreds of unusual small presents and country-stuffing. Founded in 1752, the store and charming catalogue offer a trip to the past from swansdown bed puffs to snuff.

Another small-gift goldmine is the Vermont Country Store in Stowe, Vermont (catalogue 25c). It's a fascinating collection of old-fashioned goodies that are very new in these practical-minded times. For example, it's a charming three-faced rag doll that's Red Riding Hood, her grandmother, or the wolf depending on which end is up, which side faces front. "The Three-Way Rag Doll," #12480, is $10.75.

A "general store" of the things you'd expect to find over two centuries ago, Prentis-Tarpley's Stores Colonial Williamsburg don't have a catalogue or illustrations of their wares, but their mail order list is free if you send a self-addressed, stamped envelope. Orn combs—a ladies' tail comb, side comb, or gentleman's comb—are $2.90 each. Pomanders are $2.50 each. Sealing wax (large stick, $1.75, small 50¢) and brass seals with a rose or thistle design ($1.40 each). A cast-iron "Gate Weight" on a chain that closes the gate behind you, $8.50.

Slim, sparkling brass Christmas tree ornaments—An angel with a "Holiday Christmas" bell and a "Merry Christmas 1975" bell are $2.50 each and a simple, bell-capped brass candle snuffer is $6.25—are real finds from Higbee's (Gift Dept.). A silver-plated bell from Denmark is $5.75 and can be monogrammed at additional charge. A lacy silver-plated butterfly makes an almost Art Deco footed trivet. It's $12.25. Both from Higbee's (Silver Dept.).

Pretty as snowflakes, lead crystal dinner bells make delightful hostess presents. Hand-polished, with crystal clappers, these four designs are made in Germany: two are tulip shaped (#1779 broader than the #1720), one is typically "bell" shaped (#1699), and one is a flamboyant balloon shape (#1781). Each $7.50 plus postage (1 lb. 2 oz.) and, outside delivery area, add $1 for handling. From The Broadway.

A portable can opener selected by NASA for Skylab, makes a very practical stocking stuffer. Polished chrome with strong gear-driven cutter and red, white, avocado, or yellow vinyl handles. About $2.98, with magnetic lid-lifter about $3.98. By Swing-A-Way and at housewares departments and stores across the country.

Small gleamers—Pewter decanter labels are $2.75 each plus postage (1 lb.), silver-plated pillboxes—round, square, or oblong—are $8.50 each plus postage (1 lb.). From Carson Pirie Scott.

A perfect crystal bud vase for a tray or at individual place settings, this "Atlantis" bud vase is an utterly simple taper with hand-cut cylindrical base. Imported from Portugal by Block. $10 plus postage (2 lbs.) from Jordan Marsh.

Just what a good eggnog needs, jovial laughing Santa mugs, of ceramic. Children will love them for cocoa. $6 each from Strawbridge & Clothier. Catalogue $1.

Greeting cards with things that sprout or brew—Each is a fanciful illustration of planting or brewing instructions, with a packet of seeds or tea. Nine kinds of Tree Seed Cards (eight conifers plus a pear tree), thirteen Herb Senders, six Tea Senders. 98¢ per card from Taylor & Ng.

Entertaining house presents
Hang up your coat and stay a while—A Scandinavian coat rack painted bright red, white, or yellow that comes knocked down is $39.95 plus postage (15 lbs.). A chrome and glass serving cart that comes knocked down is $59.95 plus postage (35 lbs.). From Carson Pirie Scott.

Sometimes there just isn't any substitute for crushed ice, and a professional ice crusher is an "ice-breaker" of a house present people really can use. With reversible crank for fine or coarse ice and self-feeding, the Swing-A-Way ice crusher comes in white, avocado, or yellow with chrome trim. Wall Continued on next page

This Christmas, you can be very choosy.

Only Master Charge gives you a personal account at over 1¼ million places around the world.
To streamline your list, think of “family” presents—presents to decorate the house with, feast on, or get outdoors with.

For armchair shopping

model is about $11.95. Table model about $13.95 or, with vacuum clamp, about $15.95. At housewares departments and stores across the country. Frosting on the table without the fuss afterward of laundering—scalloped monogrammed place mats of clear acrylic. The three-initial monogram is a classic print with center initial larger and bolder than other two. 30 by 14 inches each. Sale about $55; Paddle is $31.15 from The Horchow Collection.

Go fish—A big fish-shaped bowl that makes a witty fishbowl, terrarium, bouillabaisse server, or still life when filled with shells. $29 plus postage (4 lbs.), from Hutzler’s.

Sterling silver salt and pepper shakers that are reproductions of the “Sand” shakers used by Washington at Mount Vernon are utterly modern with unabated square bases, round necks and caps. 1½ inches high. The pair is $51 gift-wrapped. From Shreve, Crump & Low.

A New Year’s resolution for fresh fruit juice—A good-looking electric citrus juicer—sleek, compact, and bright white—has two plastic reamers, one large for grapefruit, another small for lemons and limes. With slotted strainer, spout. All juicing parts dishwasher-safe. “Juice-O-Matic” by Rival is about $21.95 (excluding postage) at housewares departments and stores across the country.

A decorative rattan bed tray deliberately toasted to various shades of brown is a natural for winter breakfasts in bed. It looks like a tortoise crossed with a basket and is a handsome hybrid indeed. $22.50 from Sakowitz. The catalogue is $1; which is refundable with first order.

A miniature baker’s rack in white-painted wrought iron just 10 by 16 inches in area and 52 inches high makes a marvelous focal spot for plants and collectibles. $66.25 from Highbee’s (Gift Dept.).

To wrap a bed, sheets in pretty pastel candy stripes. “Holiday Stripe,” of no-iron cotton and polyester. We particularly liked the blues-on-white (French blue and baby blue, with baby blue cuff) and pinks-on-white (two rosy pinks, the lighter repeated on the cuff) combinations. Also in avocado and lime, gold and yellow, and brown and blue, all on white. By Thomaston Mills. Twin-sized sheet is about $4, full-sized about $5, and pillowcases about $3 per pair at Abraham & Straus. A new pattern for the bath towels inspired by an American Indian blanket—beige with a zigzag of sun yellow, tans, and browns, with short fringe on the top and bottom. Great for a natural-toned or masculine bath on the beach. Called “Tahoe,” all cotton. Bath, $3 each; hand, $2 each; and washcloth, $1 each (excluding postage). By Dun dee Mills At The Emporium.

If authentic American Colonial is your decorating spirit, there are hundreds of Williamsburg reproductions in the beautiful reference book-catalogue of the Craft House at Colonial Williamsburg. Lavish for $2.95, it’s full of furniture, fabrics, wall coverings, accessories, tableware, presents, plus color samples of Williamsburg paints. Irresistible bird prints, reproductions of 18th-century ones by Mark Catesby, have a subtle primitive charm. Each 18 by 24 inches with margins. Unframed, $12.95 each or $24.45 per pair. Framed in black with gold-leaf trim, $38 each or $73 per pair.

It won’t drop its needles—a bronze Christmas tree 12 inches tall with driftwood base. Modern filigree to hang with your own tiny ornaments. By Guibara. $126.50 from Alfred Dunhill.

For incurable cooks and do-it-yourselfers

How to turn out Christmas-sized batches of professional-looking cookies with professional speed—the Swedish Cookie Gun. Easy to use, with dispenser disks for 20 different designs, five decorating nozzles, recipes. $15.75 from Williams-Sonoma.

The fool-proof crepe pan—Cast iron with a stick-resistant finish, makes wafer-thin crépes in a flash. You merely turn it upside down and “wet” it in your batter, flip it rightside up to bake, upside down over your plate to serve. 25 recipes for crêpes and entree, dessert, and breakfast fillings included. $14.99 plus postage (4 lbs.). Weigh your calories—One of the handsomest contemporary scales we’ve seen gives you both ounces and grams, then you adjust the dial for calories. The “Calcuweightor” is $19.95 plus postage (8 lbs.). Both from Meier & Frank.

One-piece Lucite salt and pepper mill grinds peppercorns as coarse or fine as you like, sprinkles salt. $15 plus postage (1 lb. 2 oz.). 

continued from preceding page
The secret to successful Christmas shopping is to know what you want before you leave the house. So start making out your list right here. And give them handmade glass by Fenton.
Sometimes the most welcome present is one a friend will get pleasure out of day in and day out.

Shop your housewares and hardware departments. Useful is beautiful.

For armchair shopping continued from page 68

### CHERI-SUISSE ROMANOFF


### CHERI-SUISSE FONDUE

In saucepan, melt 2 tbls. butter, 12 oz. semi-sweet chocolate. Blend 1/2 cup Cheri-Suisse. Keep warm over low heat. Dip fruit or cake squares, or use as ice cream topping.

### SUISSE TEQUILA Shake with ice, 1 oz. Tequila, 1/2 oz. Cheri-Suisse, 3 oz. milk. Pour into Old Fashioned glass over ice.

### SUISSE TEQUILA STRAIGHT UP

Pour 2 oz. Cheri-Suisse over crushed ice in champagne glass. Serve with short straws.

### CHERI-SUISSE MIST

Pour 2 oz. Cheri-Suisse over crushed ice in champagne glass. Serve with short straws.

### CHERI-SUISSE FONDUE

In saucepan, melt 2 tbls. butter, 12 oz. semi-sweet chocolate. Blend 1/2 cup Cheri-Suisse. Keep warm over low heat. Dip fruit or cake squares, or use as ice cream topping.

### CHERI-SUISSE ROMANOFF


### CHERI-SUISSE FONDUE

In saucepan, melt 2 tbls. butter, 12 oz. semi-sweet chocolate. Blend 1/2 cup Cheri-Suisse. Keep warm over low heat. Dip fruit or cake squares, or use as ice cream topping.

### SUISSE TEQUILA Shake with ice, 1 oz. Tequila, 1/2 oz. Cheri-Suisse, 3 oz. milk. Pour into Old Fashioned glass over ice.

### SUISSE TEQUILA STRAIGHT UP

Pour 2 oz. Cheri-Suisse over crushed ice in champagne glass. Serve with short straws.

### CHERI-SUISSE MIST

Pour 2 oz. Cheri-Suisse over crushed ice in champagne glass. Serve with short straws.

Cheri-Suisse
IMPORTED FROM SWITZERLAND

For men, hard-working gift solutions
An inexpensive gift for businessmen is a pocket-sized, cordless rotary shaver. Designed for touch-ups, it runs on a penlight battery (included), is 4 inches tall, 2 1/2 ounces. Replacement blade assembly about $5.10. “The L’It Shaver” is $5.25 from Erica Wilson Needle Works.

If it’s a silvery tabletop setting and good meat, why not silver-toned steak knives to match— “Beefeater” knives are each one-piece stain-

For children— and sometimes grown-ups— visions of sugarplums
The smallest electric railroad in the world sets up in a space as small as 12 by 21 inches, even in an attic or garage. Even a freight train looks adorable when reduced to a matchbox (1/220 scale). Freig train set engine, cars, 10 pieces of track, powerpack with transformer $122.50 including insurance. Passenger train set (same but with 3 longer cars) is also $122.50. By Marklin. From Gifts For Men.

Beautiful jig-saw puzzles true to two 19th-century lithographs by Fritz Hugh Lane—an opalescent sunset on sailing ships in “Boston Harbor” or “The National Lancer . . . on Boston Common”—are $3 each plus postage ($15.25, $3 depending on distance). Over 500 pieces. From The Museum Shop at The Museum of Fine Arts Boston. Catalogue 50¢.

Remember the fancifully illustrated children’s books with the kinds of drawings you could pore over for hours? Now hundreds of drawings are subtly reproduced on stationery and postcards by The Green Tiger Press. Folded notecards with hand-tipped plates include Arthur Rackham’s Christmas Box (258 B4, 3 designs, 10 cards, $5), Rackham’s Wind in the Willows Box (258 B14, 6 different cards, $3), Beatrix Potter’s Mouse Box (258 B13, $3), Rackham’s Woodland Scene Calendar, 8 1/2 inches wide, 19 long, $6. For orders under $12 you pay United Parcel charges. Illustrated catalogue is 50¢. Introductory package of stationery, bookmarks, seals is 4 plus postage.

The most delicious smoked chicken you’ll have to taste to be believed comes from Menucha Farms SmokeHouse. The recipe’s adapted from a family recipe over 200 years old, and the animals are raised on a totally organic diet, the meat cured in brown sugar, honey, apple juice, and salt, then slowly smoked over an applewood fire. No extra chemicals or preservatives enter in anywhere. One chicken...

Continued on page 72
You are most cordially invited to discover all that
HOUSE & GARDEN'S COMPLETE GUIDE TO CREATIVE ENTERTAINING
has for you during a ten day trial...
and to make it your own personal entertaining guide. This widely acclaimed book is available

NOW FOR ONLY $12.95

Order HOUSE & GARDEN'S COMPLETE GUIDE TO CREATIVE ENTERTAINING today, with this coupon. If you are not thoroughly delighted with it, return it within 10 days and your money will be refunded. (If you like, you may charge your American Express or BankAmericard account.)
Come in some of the subtlest vinyl colors we've seen. The underseater (2½ to 3 lbs.) is $8.80 from Farms SmokeHouse.

Travel finds! Easy-packing suitcase makes every morning a beautiful morning!

For armchair shopping

continued from page 70

en (2½ to 3 lbs.) is $8.80 from Sakowitz. Allow 2 weeks' delivery time. After January 1st smoked sausage, country ribs, turkey, duck, and goose will also be available. For price list write Menuchah Farms SmokeHouse.

Travel finds! Easy-packing suitcases that are easy on clothes—Basically garment bags that zip up into easy-to-carry suitcases, these come in some of the subtlest vinyl colors we've seen. The undersize "CarryOn" holds one or two suits or dresses on your hangers, is about $55. The "CarryAll" holds four or five hangers' worth, plus shirts, blouses, and such, that you pack in the fold-up insert that goes in just before you zip up the bag: about $75. "SidePak" totebag, about $40. (Prices do not include shipping.) In blue, brown, white, or tan, each with a cushiony handle and webbing in a darker shade of the same color. From the new Travel Bureau line by Samsonite.

For someone who seems to have everything

The ultimate guest book must be a blank book with cork cover and pages (about sixty of them). It'd be equally smashing as a commonplace book, handwritten collection of poems, or an album for sepia photographs. 6½ by 5 inches, $36.75 from Sakowitz.

A leather letter portfolio. 9½ by 7 inches, from England that folds up to become a lap desk is $62. If you're at the end of your lasso a "10-gallon" wine jug. It's only 40 ounces in capacity but it's a miniature ten-gallon hat for the chrome stopper. $22. Both from Sakowitz.

A pewter platter inscribed with "Flying Horse of Kansu" made such a stir at museums a year. 11 inches long, 7¼ inches high, with hollow body and solid legs. About $25,000. Subject to prior sale. From Sakowitz.

The easiest way to shop is to make a "brainstorm" list of present possibilities and then go straight to the stores that have them.

(about $75) and the slightly smaller "Classic 146" (about $65). Each has a black plastic barrel and cap and a 14-karat gold point in your choice of one of seven thicknesses, giant ink capacity and ink supply window. Imported from Germany by Koh-I-Noor Rapidograph. At fine department and art supply stores across the country.

Ring in the New Year with a grandfather clock you'll get pleasure from for years and years. There's something so delightfully tangible about time when you can see clockworks working, so all's-right-with-the-world to hear chimes every quarter hour. Pearl Clocks have Black Forest chain-wound, weight-driven movements, brass weight shells and pendulum bobs, and eight Westminster chime rods each. In oak, pine, pecan, and cherry, with handrubbed, distressed finishes. "The Old Bedford," for example, is American Colonial inspired with a breakarch pediment and finial on bonnet, arched door and both overlay panels. 72 inches tall, cherry veneer, about $300 not including shipping. For the nearest you write Pearl Clock P.O. Box 6290, Pearl, Miss. 39154.

A gift of music really "gather round and be merry," a Christmas present that can last a lifetime is a precision-made pipe organ.

Perhaps the most fabulous present of all, a specially commissioned reinterpretation in 18-karat gold of the 2nd-century bronze "Flying Horse of Kansu" made such a stir at museums a year.

A pewter platter inscribed with "Flying Horse of Kansu." A gift of music really "gather round and be merry," a Christmas present that can last a lifetime is a precision-made pipe organ.
Now you have the glass to put it in.

The Great American Lead Crystal by Fostoria

We've been working on your crystal for 88 years.

Shown: STRATTON pattern. Fostoria Glass Company, Moundsville, W. Va. 26041
Clean your carpets from deep under! Choose the Royal upright or mini cleaner. Both have Royal’s penetrating, deep cleaning brush action. Or select a Royal high suction tank cleaner. Your choice depends on your particular need. Whichever you choose, you’ll enjoy the easiest, most efficient cleaning available. Attachments for all models.

Royal cleaners age beautifully. Three generations attest to that. Consult the yellow pages for your local Royal dealer or write us. Royal Appliance Mfg. Co., 650 Alpha Drive, Highland Heights, Ohio 44143.

---

**Royal’s beauty is in its cleaning!**

---

**Store directory**

**Addresses of stores, mail-order firms, and other sources for our Christmas presents (pages 61 to 72 and 110 to 117)**

- **ABRAM & STRAUSS**, 420 Fulton St., Brooklyn, N.Y. 11201
- **BARBER & TITCH**, 360 Madison Ave., New York, N.Y. 10017
- **ALFRED BEVILL & LONDON**, 620 Fifth Avenue, New York, N.Y. 10020
- **MANGO, INC.**, 7519 Deladell Mall, Miami, Fla. 33156
- **ARUS REMOVAL**, 507 E. 89th St., New York, N.Y. 10029
- **ARTHRON & CO.,** 361 Fifth Ave., New York, N.Y. 10019
- **AZUMA**, 415 Fifth Ave., New York, N.Y. 10019
- **ALFRED DUNHILL OF LONDON**, 620 Fifth Avenue, New York, N.Y. 10020
- **ARANCO**, 7519 Dadeland Mall, Miami, Fla. 33156
- **BACCARAT**, 8383 Wilshire Blvd., Beverly Hills, Cal. 90211
- **B. ALTMAN & CO.,** 361 Fifth Ave., New York, N.Y. 10019
- **BARGAIN**
- **B. BLITZBERG**, 452 W. 42nd St., New York, N.Y. 10018
- **BONwit TELLER, LTD.,** 1510 N. Wells, Chicago, Ill. 60610
- **BONWORTH**, 271 Fifth Ave., New York, N.Y. 10010
- **BRENNAN'S**, 586 Fifth Ave., New York, N.Y. 10019
- **BRYANT'S**, 36 W. 26th St., New York, N.Y. 10010
- **BRAY CONSOLIDATED, CABINETMAKER, Post Mills, VT. 05901
- **BRISKER PRODUCTS**, 2343 Gilbert Ave., Cincinnati, Ohio 45204
- **CARAVELLE**, 30 W. 57th St., New York, N.Y. 10020
- **CARL'S MOUSE OF SILVER**, 86 W. Pearl St., Chicago, Ill. 60610
- **CARL'S MOUSE OF SILVER**, 86 W. Pearl St., Chicago, Ill. 60610
- **CARL'S MOUSE OF SILVER**, 86 W. Pearl St., Chicago, Ill. 60610
- **CASSANDRA**, 36 W. 26th St., New York, N.Y. 10011
- **CARY RESEARCH INTERNATIONAL**, 53 E. 57th St., New York, N.Y. 10022
- **CARTER'S**, 2318 Fifth Ave., New York, N.Y. 10028
- **CAVATIN**, 50 W. 57th St., New York, N.Y. 10019
- **CDR., JR.**, 22 Petticoat Lane, Karlshur, Md. 21201
- **CECILIA CONSIDINE, CABINETMAKER, Poit<br>

---

Continued on page

---

**HOUSE & GARD**
They'll look just as great in your house as in The White House.

When the folks at 1600 Pennsylvania Avenue went looking for beautiful patchwork decorations to deck the White House halls, they found just what they were looking for at Blue Ridge Cottage Industries (world's largest supplier of quality handmade American crafts).

Patchwork Stocking. (21" tall.) Fully-lined and ready to be loaded for years to come with all kinds of Christmas love. $12 each.

Patchwork Wreath. (20" in diameter by 5" thick.) Our puffy patchwork wreath will make a charming, disarming addition to your front door, hall, or hearth. $20 each.

Patchwork Tree Ornaments. (3½" diameter.) Brighten up some branches with a few patches of patchwork. $12 the set of six.

Enclosed is my check or money order (no cash, please.) Please send the following items.

Patchwork Wreaths $20 ea. 8
Patchwork Trees $20 ea. 8
Patchwork Stockings $12 ea. 8
Patchwork Ornaments $12 set 8
($1.50 Handling Charge)
Total Enclosed $  

Address
City, State, Zip

Blue Ridge Cottage Industries
Box 125 A, Dept. HG Banner Elk, N.C. 28604

All the items shown are handmade from all-new washable materials by skilled Blue Ridge Mountain Craftsmen. Please allow 3-4 weeks for delivery.

November 1975
We've prepared a handsome brochure to tell you all about our authentic reproduction fabrics and wallpapers. 16 colorful pages of special interest to museum curators and historical societies. $1.00 per copy.

Union-National, Inc.
Decorative Fabrics and Wallcoverings
General Offices: 410 E. 62 St., New York 10021
Branches: Philadelphia • Chicago • Los Angeles • San Francisco • Seattle • Portland • Dallas • Houston • Atlanta

Available through your interior designer and decorating departments of fine stores.

Store directory continued from page 74

Fine bedroom, dining room and occasional furniture
UNION-NATIONAL

UNION-NATIONAL, INC.
JAMESTOWN, NEW YORK 14701

OTLEY CANOPY BED

From our Otley group of bedroom furniture.
At leading stores everywhere.
Send $1.50 to Department G for brochure, "Furniture for Gracious Living"
30% off on Towle Sterling

(These are February 1974 prices good for a limited time only)

<table>
<thead>
<tr>
<th>ITEM</th>
<th>GROUP I</th>
<th>GROUP II</th>
<th>GROUP III</th>
</tr>
</thead>
<tbody>
<tr>
<td>32 Piece Serv. For Eight</td>
<td>$880.00</td>
<td>$1004.00</td>
<td>$1128.00</td>
</tr>
<tr>
<td>Teaspoon</td>
<td>$20.00</td>
<td>$24.00</td>
<td>$28.00</td>
</tr>
<tr>
<td>Place Fork</td>
<td>$32.00</td>
<td>$36.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>Place Knife</td>
<td>$30.00</td>
<td>$34.00</td>
<td>$38.00</td>
</tr>
<tr>
<td>Salad Fork</td>
<td>$28.00</td>
<td>$32.00</td>
<td>$36.00</td>
</tr>
<tr>
<td>Place Spoon</td>
<td>$28.00</td>
<td>$32.00</td>
<td>$36.00</td>
</tr>
<tr>
<td>Spreader</td>
<td>$20.00</td>
<td>$23.50</td>
<td>$27.00</td>
</tr>
<tr>
<td>Iced Bev. Spoon</td>
<td>$25.00</td>
<td>$29.00</td>
<td>$33.00</td>
</tr>
<tr>
<td>Place Fork, Large</td>
<td>$41.00</td>
<td>$46.50</td>
<td>$52.00</td>
</tr>
<tr>
<td>Place Knife, Large</td>
<td>$36.00</td>
<td>$40.00</td>
<td>$44.00</td>
</tr>
</tbody>
</table>

Outstanding opportunity to start or complete your sterling at great savings. Thirty percent off the 32-piece service for eight (includes 8-each place knife, place fork, teaspoon, salad fork). Plus twenty-five percent off on all open stock pieces.

Order direct during this special offer event and while silver is still at 1974 prices.

Carter's is one of America’s largest and most respectable silver dealers.

24 MONTHS TO PAY

Without finance charges.

You can buy your Towle Sterling on our Silver Club Plan. Nothing down. 24-equal monthly payments ($5 min.). The deferred payment is the same as the cash price. The cost of credit is included in the price quoted for the goods and services.

Due to rising cost of silver bullion, all prices are subject to change.

FREE SILVER CHEST!
- With purchase of $250 or more
- Tarnish proof
- Holds 76-piece service
make the area attractive, you have to be attractive yourself,'" says Harold Jarvis. "I finally realized how garish that 1930s' facade looked after examining a picture of what the building looked like in 1895. I was amazed at how many people went out of their way to compliment me on the new look," he adds. Fired by the Vision people's enthusiasm, the people of Portsmouth are rediscovering the beauty and harmony of their town and are on their way to creating a new sense of identity, combining past and present, in a prospering community. "I've never seen the town look this way before," is what you hear these days in Portsmouth.

Similar projects have been initiated in Exeter, N.H., and Bellows Falls, Vt., where the Vermont Natural Resources Council, a statewide conservation organization, is sponsoring demonstration townscape conservation projects. Se-ward Weber, its executive director, says, "It's the first time that a conservation organization like ours, which has historically been occupied with the interests of the natural environment, is stepping into a new role—conservation of the man-made environment—which is just as important." Vision is also working on projects for York, Maine, Oyster Bay and Great Neck, N.Y.; Warren, R.I. and as far across the country as Oregon and Arizona.

The Bicentennial is now upon us, and much attention is being paid to the restoration of old buildings, the marking of historic sites, and the celebration of the role of early towns. This commemoration is a perfect opportunity to begin in new visual standards for the man-made environment. "The visual environment is really an indicator of the care in society," says Mr. Fleming. "It's demonstrating the act of love. And if we look at that way, it takes on much greater importance. If we begin to plant trees, to enhance places where people live, you're giving them a sense of hope—flowers and trees are evidence that a society cares. If you can get people involved with their land and the houses, the strength from that caring will help them in the large struggles. The good will is there waiting to be harvested."

What you can do to help improve the visual quality around you

1. Become more visually sensitive to your surroundings. Notice the position of roadside and town signs. Do they conceal an old building? Notice parking lots of gas stations. Could flowers be planted there? Might a row of trees or a low wall improve them? Look at the lighting. Could less neon and more soft flooding improve the look of your town at night?

2. Find out whether your town or city has a Design Review Board—a local panel that sets up criteria for scale, use of materials, siting, signing, landscaping, and lighting. About 3,000 cities and towns—small number, but growing rapidly—now have some form of design review. Has yours?

3. Encourage your community to conserve the beauty of the townscape. Have a visual consciousness-raising session. Local pressure can instigate Visual Environment Projects such as the one in Portsmouth, or visual consultations such as that in York, Me. These are examples of what can be done. Have a "plant-in" as Ronald Lee Fleming did in Cambridge or Lady Bird Johnson did in Washington. Find an ugly area and plant daffodils. The transformation will delight everyone and encourage more ideas—and the daffodils return each year!

5. Write to Ronald Lee Fleming at Vision, Inc., 2 Hubbard Park, Cambridge, Mass. 02138, for advice. He and his staff will be happy to suggest methods to enhance visual quality and prevent visual pollution in your area. (The team has a slide show, with "before" and "after" examples of design review, which travels all over the country and could come to your town.)
New! For pet-owners, animal fanciers and all who take pleasure in this world’s wonderful creatures

A new and utterly delightful book club! You may only have a tank of tropical fish—or try occasional bird-watching—but if you’re fascinated by the world of living creatures, here are books you will endlessly enjoy—and use. Essential books on the care, health and training of pets. Books that are full of information you’ve wondered about—and not known where to find. Books on unusual pets. Books on the lives and lore of animals in their own world. Beautiful books—many lavishly illustrated, at substantial discounts (only one of the advantages of membership). See for yourself!

Take any 3 books (values to $45.95)
for only 1 each
(if you will join now and accept only 2 more books within the next 12 months).

58400. THE LIFE AND DEATH OF WHALES. Robert Burton. Sensitive, engaging overview of whales and whaling. Photographs and penciink drawings. $6.95

57065. THE PRIVATE LIFE OF THE RABBIT. R. M. Lockley. After studying rabbit communities for five years, a distinguished British ornithologist reveals their fascinating and complex community life. $6.95

69565. THE PORPOISE WATCHER. Kenneth S. Norris. A scientist who has devoted his life to the study of marine mammals provides a fascinating account of his experiments with porpoises and whales. $7.95

58830. THE LONG AFRICAN DAY. Norman Myers. First-hand account of the habits—and perils—of African wildlife in a "new" natural history, modernized by ecological concepts and the fruit of new work by many specialists. —Paul Shepard. Counts as 2 of your 3 books. $9.95

36951. THE BUFFALO BOOK. David A. Dary. Handsomely illustrated volume thoroughly explores the origin of the buffalo in America, its location and migrations, its habits and significance in both Indian and white cultures and its near demise. $15.00

48476. FIELDBOOK OF NATURAL HISTORY. E. Laurence Palmer and M. Seymour Fisher. Most authoritative and comprehensive guide to natural history available. Over 2,000 illustrations. Counts as 2 of your 3 books. $19.95

7336. RAISING YOUR CAT. Rosanne Ames. First book to show, in words and pictures, exactly how to bring up your pet, step by step, from kitten through mature cathood. 79 helpful photographs. $9.95

57060. KILLERS OF THE SEAS. Edward J. Ricketts. Thousands of fascinating facts about the life of the deep. Ships and seafaring, great whales, cetaceans, piranhas—even bluefish—they’re all here in grade details. $18.00

49675. FLIGHT TO FREEDOM. Kent Daverd. Like the natives, the Dardens in a fascinating species he observes, and puts both into words that make a lovely read. — George S. Smillie. $5.95

57915. WILD CATS OF THE WORLD. C. A. H. Grigson. Definitive natural histories of each of the 17 species of wild cats. $15.95

58520. VENOMOUS ANIMALS OF THE WORLD. Roger Caras. From the common honeybee to such exotic as the black widow spider. Counts as 2 of your 3 books. $29.95

53700. ANIMAL KINGDOM. Donald B. Shute. A highly personal and revealing portrait of exotic animals that live in the world of today. 150 photographs. $12.95

37450. THE CHEETAH. Ronald J. Evans. A moving examination of the cheetah and the forces that threaten its survival. Life history, ecology, conservation, social behavior, reproduction, and captive behavior—all are carefully explored. $12.95

42485. DOCTOR IN THE ZOO. Bruce Beck. Fascinating view behind the scenes and monts of the Bronx Zoo revealing its veterinary care and its daily operations. 192 photographs. $10.95

55260. IN SEARCH OF THE RED APE. John MacKinnon. Exciting three-year study of the orangutan in the wild jungles of Borneo and Sumatra. Filled with captivating descriptions of wild-animal adventures. $7.95

48400. THE FASCINATION OF REPTILES. Maurice Richardson. Colorful, handsomely illustrated appreciation of these scientifically neglected and often maligned animals. $20.00

How the Club Operates • The Book Club News, describing the coming Main Selection and Alternate Selections, will be sent to you 12 times a year at 3-week intervals. • If you wish to purchase the Main Selection, do nothing and it will be shipped to you automatically. If you prefer one of the Alternates, or no book at all, simply indicate your decision on the reply form always enclosed with the News and mail it so that we receive it by the date specified. * The News is mailed in time to allow you at least 10 days to decide if you want the coming Main Selection. If, because of late mail delivery of the News, you should ever require extra time to make your decision, the Selection may be returned at Club expense. * Continued membership thereafter purchasing 3 books brings you the added benefit of our Bonus Book Plan.

99718. THE PRIVATE LIFE OF THE TIGER. Dian Fossey. First-hand observations of the life of the tiger in the wild. Counts as 2 of your 3 books. $28.95

82410. THIS LIVING REEF. Douglas Fauthke. Lavishly illustrated word and picture masterpiece on one of the South Pacific’s most beautiful island chains. Counts as 2 of your 3 books. $25.00

48800. THE ENCYCLOPEDIA OF CATS. Barbara Storm-Hagen. Beautiful and valuable fact-source and problem solver for cat owners. Over 400 entries and articles, over 100 photographs and full-color illustrations. $8.95

58575. THE LIFE, HISTORY AND MAGIC OF THE HORSE. Donald Borden. A magnificent survey of the horse’s long career which antedates man by 60 million years, through its use in peace and war, its magic, mystical and religious associations, much more. 279 illustrations, 13 in full color. $14.95

49020. THE FRIENDLY BEAST. Virg B. Blicher. Unveils recently discovered facts about the amazing abilities of animals—their great intelligence of chimps, the democratic organization of ravens and prairie dogs. Much new light on the meaning of man’s animal instincts. $8.95

NO-RISK GUARANTEE! Examine your 3 introductory books for 10 days. If not delighted, simply return them and your membership will be canceled. You pay nothing, owe nothing!

Pet Book Club
A 2AA
Riverside, New Jersey 07675

PLEASE accept my application for membership and send me the three volumes indicated. Billing me only 1.00 each. I agree to purchase at least three additional books during the first 12 months. If, because of late mail delivery of the News, you should ever require extra time to make your decision, the Selection may be returned at Club expense. * Continued membership thereafter purchasing 3 books brings you the added benefit of our Bonus Book Plan.

Address
City State Zip

A few expensive books mailed in book club shipments count as Bonus.

Name

Pet Book Club
A 2AA
Riverside, New Jersey 07675

Please accept my application for membership and send me the three volumes indicated. Billing me only 1.00 each. I agree to purchase at least three additional books during the first 12 months. If, because of late mail delivery of the News, you should ever require extra time to make your decision, the Selection may be returned at Club expense. * Continued membership thereafter purchasing 3 books brings you the added benefit of our Bonus Book Plan.

Address
City State Zip

NO-RISK GUARANTEE! Examine your 3 introductory books for 10 days. If not delighted, simply return them and your membership will be canceled. You pay nothing, owe nothing!

Pet Book Club
A 2AA
Riverside, New Jersey 07675

Please accept my application for membership and send me the three volumes indicated. Billing me only 1.00 each. I agree to purchase at least three additional books during the first 12 months. If, because of late mail delivery of the News, you should ever require extra time to make your decision, the Selection may be returned at Club expense. * Continued membership thereafter purchasing 3 books brings you the added benefit of our Bonus Book Plan.

Address
City State Zip

NO-RISK GUARANTEE! Examine your 3 introductory books for 10 days. If not delighted, simply return them and your membership will be canceled. You pay nothing, owe nothing!

Pet Book Club
A 2AA
Riverside, New Jersey 07675

Please accept my application for membership and send me the three volumes indicated. Billing me only 1.00 each. I agree to purchase at least three additional books during the first 12 months. If, because of late mail delivery of the News, you should ever require extra time to make your decision, the Selection may be returned at Club expense. * Continued membership thereafter purchasing 3 books brings you the added benefit of our Bonus Book Plan.

Address
City State Zip

NO-RISK GUARANTEE! Examine your 3 introductory books for 10 days. If not delighted, simply return them and your membership will be canceled. You pay nothing, owe nothing!

Pet Book Club
A 2AA
Riverside, New Jersey 07675

Please accept my application for membership and send me the three volumes indicated. Billing me only 1.00 each. I agree to purchase at least three additional books during the first 12 months. If, because of late mail delivery of the News, you should ever require extra time to make your decision, the Selection may be returned at Club expense. * Continued membership thereafter purchasing 3 books brings you the added benefit of our Bonus Book Plan.

Address
City State Zip

NO-RISK GUARANTEE! Examine your 3 introductory books for 10 days. If not delighted, simply return them and your membership will be canceled. You pay nothing, owe nothing!

Pet Book Club
A 2AA
Riverside, New Jersey 07675

Please accept my application for membership and send me the three volumes indicated. Billing me only 1.00 each. I agree to purchase at least three additional books during the first 12 months. If, because of late mail delivery of the News, you should ever require extra time to make your decision, the Selection may be returned at Club expense. * Continued membership thereafter purchasing 3 books brings you the added benefit of our Bonus Book Plan.
Twelve wonderful ways to say Merry Christmas!

Give a Christmas gift subscription of HOUSE & GARDEN to the special people on your list who love their home and make it the center of their living.

Use the order form found elsewhere in this issue to give twelve months of Christmas...
When a set of this bronze cutlery came in for photography, everyone who saw it felt as I did, that its warmth and understated lustre looked classical and infinitely more expensive than the actual price"


And then Sheila Black, well-respected journalist for 20 years and Home Editor of the influential peoples’ paper The Times, went on to tell her readers that she had bought some place-settings for herself. Like 10,000 other British people, she had fallen under the irresistible spell of this exquisite solid bronze cutlery.

Bronze is one of the earliest and most beautiful alloys known to Man. Durable is it that bronze swords, shrines and statues have been found in ins of cities that were old two thousand years before Christ – and of suchauty and craftsmanship that could only be the result of yet another thousand years of experience. In the West, the art of bronze is almost dead. As costs are too high, the craftsmen are few. This is true of almost every entry in the world except one. And that country is Thailand. Here, herest ancient ethnic art of working in bronze not only survives, but flourishes. It is in Thailand, with the most beautiful cutlery and tableware we offer, that a new bronze age has dawned.

AUTY AND UTILITY – THESE ARE THE UNIQUE QUALITIES OF BRONZE

The tableware and cutlery we offer here is hand cast solid bronze. This means NO plating to wear thin or wear rough. In fact the knives will take a sharper edge than steel. But it is for its exquisite and unique beauty that you would wish to own this lovely tableware - a warmth that comes from its delicately balanced proportions and its beauty that comes from its constituent metals. Bronze has increased in value in leaps and bounds over the past ten years. For this reason alone in inflationary times, this solid bronzeware must be an investment. But the main increase must come from the intrinsic craftsmanship involved. We already know that such cutlery would cost several times more if produced in Europe by equally skilled craftsmen. We are direct importers. For this reason and because we offer it direct to you - with NO wholesale or retail profits and low overheads, we are able to offer a unique one-place-setting-a-month delivery plan with a price increase pledge made possible only by careful term production planning.

TAKE ADVANTAGE OF THIS THREE POINT ‘NO INCREASE’ PLAN

1. Examine one full five piece place-setting in your own home before finally making up your mind.
2. Collect as many more place-settings as you wish at the rate of one a month without financial strain and with our guarantee that we will NOT increase the price.

MERCHANTMEN U.S.A. LIMITED, 107 Trumbull Street, Elizabeth, New Jersey 07206

Please send me one Bronze 5 piece place setting (Soup spoon, Dinner knife, Dinner fork, Teaspoon, Salad fork,) to examine and use on a 10 days trial. I enclose $24.95 post paid.

If I am not satisfied I will return the place setting promptly for full refund.

Otherwise you will reserve a further place settings at the fixed price of $24.95 each to be sent and invoiced at regular monthly intervals. I understand you will send a list of extras available (e.g. Steak Knives, etc.) with my first

NAME
ADDRESS
City State Zip

MERCHANTMEN

OCTOBER, 1975
HOME IMPROVEMENT IDEAS FOR
The House Fixer

By Will Morris

New heat-circulating fireplace

Instead of wasting heat by sending it up the chimney, this new fireplace unit can
project warmed air into a room. The wood-burning, factory-built unit, consisting
of a triple walled steel firebox and flue, has an air intake that draws in outside air.
With the fireplace lighted, air is circulated around firebox and flue by an electric
blower fan, warmed, and expelled into the room via an air outlet at top of firebox.
With the warm-air outlet closed, the fireplace produces customary radiant
heat from the fireplace. Opened by a pull chain, and with the fire going
and blower fan on, the fireplace delivers warm-air heat. By
installing ducts and grilles the heat can be circulated to adjoining
rooms as well. The Majestic Co., Huntington, Ind. 46750.

Measuring tapes and rule

Essential for any accurate do-it-yourself work is a good measuring tape or rule. These three fill any need. The
6-foot wood rule, top, has a narrow 6-inch brass extension that pulls out.
It will take measurements in tight areas the wider rule can’t reach. The
wood rule has its markings embedded in the wood with a clear epoxy coating
for durability. About $6. The 25-foot steel tape, center, permits two-way reading of measurements—from left to right
along one edge, from right to left on the other. This tape has a locking device
to hold it open at any place; it glides back into the chrome case when released.
About $9. A 100-foot-long steel tape, bottom, is bright yellow in a plastic case.
An end hook holds it open while you are measuring; a foldaway handle
permits easy rewinding. About $8. Lufkin, Box 728, Apex, N.C. 27502.

Wallpaper remover

To take off old wallpaper more easily, a new stripper. Diff.
combines a wetting agent and solvents with enzyme ac-
tion. The solution tends to soften or liquefy inks in a
paper, keeps the paper wetter longer and thus permits the
enzymes to dissolve the paste holding the paper. To use it,
a bottle of the stripper is mixed with a 2-gallon bucket of
hot tap water (140° F) and an accompanying packet of
an enzyme remover. To use it, a 1-pint-6-ounce bottle, sufficient for a 24-by-15-
foot room, is $3.49. A booklet How to Remove Old Wallpaper is free from the manufacturer, William Zinsser &
Co., Inc., 39 Belmont Drive, Somerset, N.J. 08873.

Large vinyl tiles

Tiles in 18-by-12-inch rectangles and 18-inch squares are solid vinyl in a Barre slate pattern. Copied from
real slate, they have its figuration and character. Unlike the square tiles, the
rectangular shape can be laid in a variety of patterns, as brick—random, bas-
ketweave, herringbone, ash-
lar—and comes in plum,
blue, green, and red. Non-
porous, they resist stains and
grease and are fire resistant
as well. $2 to $2.15 per
square foot installed. Ken-
tile Floors, 58 Second Ave.,
Brooklyn, N.Y. 11215.

Weather alert radio

A radio, equipped with a siren to warn you of possible hurricanes, tornadoes, threatening snow
or thunderstorms, is new security equipment. Triggered by a signal from the local U.S. Weather
Service transmitter, it sets off a siren to alert you, followed by a broadcast report on the emergency,
and a follow-up siren blast. The radio, which can receive within 40 to 50 miles of a transmitter, gets continuous weather reports, is adaptable to boat or car. An antenna kit (optional) extends reception to 80 miles. The 3-by-5-by-1 1/4-inch unit has a 2 1/2-inch-high speaker, comes in a hard wearing styrene case, and is solid state. AC-powered with a battery backup feature (in case of electrical failure it has an
internal 30-hour battery), $39.95 ($2.50 additional for shipping and handling) from Weather-
alert Co., 639 Dearborn St., Chicago, Ill. 60605.
Introducing the powerful Skil Cordless 3/8" Drill & Screwdriver.

HI-TORQUE PERFORMANCE. Skil Cordless with self-contained power source, generates muscle to drill through heavy stock. Recharges overnight. Until you try it, you won't believe how much power the Skil Cordless has. So try it. Be convinced.

USE SKIL CORDLESS ANYWHERE. No electrical connection needed.

DRIVES SCREWS. Gear ratio of the Skil Cordless gives you high torque plus precise control to drive screws. Reversing switch means you can also remove screws.

3/8" CHUCK. Accepts full range of drill and screwdriver bits up to 3/8". With Skil Cordless, you can tackle more jobs and tougher jobs.

SKIL 3/8" CORDLESS DRILL & SCREWDRIVER
Paper? Paint?

Before you put the work into fixing up a room, shouldn’t you take the time to choose the best wall covering?

You could come unglued putting up wallpaper. Wallpaper’s okay for some rooms. Except perhaps in the playroom where you’ll have trouble removing the crayon marks from the walls. Or in the bathroom where there’s the problem of peeling. (Of course, you can always glue it back.)

And when wallpaper tears you can patch it, if you can just find a piece to match. And then there’s the problem of putting up wallpaper. To say nothing of what happens when you redecorate and try to take it down.

The thing that’s wrong with painting is repainting. Now, a freshly painted room looks great. But if you have an older home you’ve probably already noticed that paint does nothing to solve the problems in the walls. Cracks or lumps are just as prominent after you paint as they were before.
And the sooner you paint a room the sooner you'll have to paint it again. If you're going to do it yourself, be prepared to spend a lot of time to do it right. Remember, kids are hard on walls.

They like to write on walls. And bounce balls off walls and leave handprints around windows and doors. So why not give them walls that are as tough as the toughest kid on the block.

That's the kind of toughness you'll find in Masonite brand hardboard paneling. And you'll find a lot more.

The advantages of wood—without the imperfections.

Masonite brand paneling is made from wood. And it gives you the richly textured, three-dimensional beauty of wood, including woods that have become so rare they're almost unavailable at any price. Masonite hardboard insulates like wood too—against heat, cold and noise. But unlike wood, Masonite brand paneling doesn't have knotholes, cracks or other imperfections.

You can finish a room once and for all. Once it's up, you're in great shape. Our hard Royalcote® finish takes a lot of punishment.

Crayons wipe off. Footballs bounce off. And the timeless beauty of the look of wood never goes out of style.

You can put Masonite brand paneling up yourself, too. All you need are regular woodworking tools, and the ability to measure and cut straight.

No paneling can offer you as much as Masonite brand paneling.

There are over 60 different Masonite panel designs. Some have smooth, glossy finishes; some have textures. Some give you a subtle, warm background for a room. Others make a dramatic accent. There are traditional wood colors, and contemporary yellows, blues, greens and reds.

So you shouldn't have a problem finding exactly what you want.

Don't put up with ordinary walls. Put up Masonite brand paneling.

No other wall covering can add so much lasting beauty to your home. And your Masonite dealer can give you the information to help you put your Masonite brand paneling up yourself. You'll find him in the Yellow Pages, under paneling.

When you ask for Masonite paneling, make sure you get the Masonite brand.
Enjoy smoking longer ...without smoking more.

Saratoga 120's. Rich, full-flavored cigarettes tailored longer and slimmer than 100's. You get extra smoking time, extra smoking pleasure, without smoking more cigarettes. Cost no more than 100's. Regular or menthol, crush-proof box.

Saratoga 120's

16 mg. "tar," 1.1 mg. nicotine av. per cigarette by FTC Method.

The law of living is giving
The nature of nature is giving
The clouds are giving rain
Trees are giving fruit
Earth is giving grain
Sun is giving warmth
Moon and stars are giving light
With gifts of nature’s giving, we are living
To complete the cycle of living and giving
Let us give from our mind, hands and heart
To the world

Chitrabhanu
Indian philosopher

GIVING OF YOURSELF

Parties, people, presents, plans.
November tumbles headlong toward the holidays.
Gifts to give. What? To whom?
The most thoughtful, the most joyous and rewarding thing is to give of your time and your talents.
This issue is full of people who love to do it, and know how.
Famous chefs who gave a wedding party for a colleague’s daughter, page 96.
People who spend their time year-round in the kitchen, cooking for Christmas, page 89.
Hosts and hostesses who decorate in different ways for hospitality, page 100.
People who have discovered ways to entertain without effort, page 99.
Presents to buy, to grow, to make, page 110.
All are ways to approach winter celebrations with originality and excitement—and to save money while you’re doing it.
It takes time to give of yourself. Sometimes it takes a lot of work. The person who receives your gift knows. But you, who expressed your thought with the work of your hands, who made it valuable beyond price, may receive even more.

For the doing has inspired in you the love that is the true spirit of Christmas.
GIVING WITH A PERSONAL TOUCH
Parties and presents are best and most remembered when they come from your own heart and hands.

The air has a nip and the nights are sharp with stars and family and friends are suddenly warm in your thoughts. The Spirit of Christmas possesses you. You want to go off to the kitchen to work with bowl and wooden spoon, hands and imagination, to make something that is a gift of yourself.

“I make classics like fruitcake,” says Françoise Barton, “and then I’ll make a surprise, something different every year.” Most of her gifts are edible, because she is fascinated with food and with cooking, but she also makes cosmetics, moisturizing creams with lots of vitamin E, perfumes, and sachets. “It doesn’t take that much time,” she says. “It can’t. I have three young children.” She loves to do it, and she always makes more than she really plans to give because, when she and her husband are invited to holiday parties, she likes to take a gift along. In fact, she is so wrapped up in Christmas that she teaches it, gifts to give and ways to present them, in her kitchen in California. When all the presents are piled under the tree, Mrs. Barton believes, friends ought to be able to tell which come from her. These presented here, far left, are special. The ceramic pots were designed for her by sculptor Franklyn Phillips.

Terrine Maison, tied up with twine and gingham, a long laurel leaf on top. Honey Bourbon Fruitcake baked in balls for generous, aromatic slices. Green Apple Chutney in a ceramic crock with a big cork. Recipes on page 131.
Giving with a personal touch

The sun is shining everywhere. You are at the weekend house—and you want to give an impromptu party. You invite friends as you run into them, and then you organize so well that the dinner seems effortless.

"First you take a huge pot," says Françoise Barton, shown on the preceding page with one of the double handful of wooden spoons she keeps in a crock on her kitchen counter, ready to stir anything. A lot of her instructions start that way. This, for green apple chutney, continues: Slice 6 cups of unpeeled green pippin apples. Chop 2 lemons and 2 limes, rinds and all, 2 green tomatoes, 2 large onions, and 3 tamarinds (optional) into small pieces. Put them into the pot, with 4 cloves garlic, 2 cups cider vinegar, 1½ cups sugar, 4 teaspoons fresh grated gingerroot, 2 teaspoons salt, 1 teaspoon crushed dried red pepper. Cook it all slowly for nearly 2 hours, until it is thick and mushy. The pots, above, that Mrs. Barton put her chutney in this year, and her Terrine Maison, were made by Franklyn Phillips. But frequently she will design what she wants, find a student ceramicist, and ask him to make 30 or 40 for her. For the balls of fruitcake, she prefers baskets and napkins.

"We ask guests to come at seven so they'll get here by seven thirty," says Audrey Wilder, wife of film writer-director Billy Wilder. "We prefer parties of fourteen or six. If it's fourteen, I cook simple dishes and serve buffet style. If it's six, I get more complicated." This party included songwriter Sammy Cahn and his wife Tita, playwright Leonard Gershe, a regular in the Wilder kitchen, Dick and Dolly Martin, neighbor Jack Lemmon, Dinah Shore, actress Marti Stevens, novelist Irwin Shaw, Mrs. Wilder's brother Stratton Young. She served one of her specialties, hot chicken mustard (recipe, page 131), with cold lamb, shrimp, and melons, herring, red potatoes, lentil and red onion salad, wurst salad, kasha. "For a good party, you have to be totally prepared," she says. In cap and apron, she cooks everything ahead, singing old jazz along with the radio as she works. "I'm a Scorpio, and they work very hard when they love the people they're with." Guests wear anything that is comfortable. Food is served from the kitchen bar. Afterward everyone may sing around a small piano, on wheels so it can be played anywhere.

"ST Mets#Tar"
As a beach house should be, the Wilders' is easy, practical, and bright, full of small pieces of their travels. Table, benches, and hutch bar came from the Paris flea market. Lamps are painted camel hide from Pakistan. Mrs. Wilder buys inexpensive wine glasses by the gross, to use with stacks of plain white plates, and glass bowls that let the colors of food show through. Her mother made the tablecloths. The roses on the table, left, are some she "stole" from Jack Lemmon's garden next door.

It doesn't take much. Some cardboard, some construction paper, a pair of scissors, a little paste, something from the sewing basket—and imagination. Robert Webb used a star fish on a Tiffany card. Sheldon Ginns made triangles into a bendable Christmas tree with paper fasteners. John Noblett used bonded onionskin paper to snip a pop-out tree. Then he cut "Merry Christmas" up and put it into an envelope. It took 2 minutes. Shirley Day spent an hour turning blue and yellow grosgrain ribbon and 4-ply paper into a woven star, gluing each strand with rubber cement. Mrs. Eugene Kennedy Jr. made construction paper into a house and a painted tree with a star, added yarn for a wreath. With a postcard, paint samples, Isabel Worsley made a snowscape, sent her heart. The crayoned tree is artist Anthony Tortora's. Veva Crozer's tree is gingham, felt, Bristol board. Martha Reid made felt dots against a blue sky. Jock Truman signed Tarot cards.

Guests scatter through the house, talking before dinner. "The food's getting cold and I'm getting hot," announces Mrs. Wilder. "I don't use placecards, just let my guests mix."
The space is tiny but the parties you want to give there are big—ten to twenty friends you really feel should know each other. You meet to share an evening and, perhaps, an unusual little feast.

FANCIFUL BREAD FOR GUESTS

Who says it's only a roll? Not Judy Glazer, who turns dough into grapes, or pea pods, or sheaves of wheat—bread sculpture.

The recipe is Bolillo Dough (page 140). Method is painstaking and needs patience. But worth it. Work with a quarter at a time, refrigerating the rest as you work. Roll it out 1/4-inch thick, cut circles with #7 pastry tube and pinch them into balls. Cut rough 2-inch triangle, notch edges to make leaf. Cut 6-inch slivers for stems. Place leaf on greased baking sheet, twist 2 stems and lay on leaf. Arrange 32 balls below them in three layers to simulate grape cluster. Cover, let rise. Glaze, then bake at 375° for 30 minutes.
Angeles Farmers' Market, where film producer Bokara Legendre finds the freshest, prettiest fruit and the best possible ingredients for her Lamb and Fruit Tagine—Moroccan, to go with the African flavor of her apartment—and her Senegalese Soup (recipes are on page 131). A lot of preparation takes place on the dining room table because the kitchen isn't big enough. With the lamb goes pilaf, green salad with fresh basil, pita (that flat Middle Eastern bread with a pocket inside), feta, and Brie cheese. To eat it—"I'm very calculating about the people I ask to my parties," says Miss Legendre. "Only friends who I feel would interest one another. I make a great point of introducing them."

Unusual Christmas cookies, cakes, cheese spreads, preserves, all the makings of a hospitable Christmas are marvelous gifts

FROM YOUR KITCHEN

Holidays are a year-round preoccupation for cookbook authors Paul and Diana von Welanetz. It started seven years ago when Mrs. von Welanetz gave up smoking. "I had to do something with my hands." Crafts evolved into cooking, then into teaching, and finally into a special winter course in producing edible presents. Their book, Gourmet Gifts, will be published next year. They have some favorite tricks to satisfy Mr. von Welanetz's demand—he's an artist—that the eye be feasted, too: French confiture jars or small white souffle dishes are good for giving Christmas Pepper Jelly (recipes, page 131). Seal jams with paraffin, stretch wet parchment across top: when dry, you can write messages. Make things that need aging—like fruitcake or crocked fruit—or that freeze or keep. That way, by Christmas, your work is over. Above, a bookcaseful of gifts from the von Welanetz kitchen.

LITTLE FEAST
A favorite buffet choice of menu is an old French pot-au-feu, varied according to season and whim, served with its own broth in a separate dish, with condiments, and a selection of desserts. "If my cooking is a little spontaneously rustic—because I don't know how to do fancy dishes," she says, "I take particular care that it should be beautiful." She scours the market for interesting and unusual breads, far right, and she chooses cheese for shape as well as flavor. With pot-au-feu (recipe on page 131), a young Beaujolais goes well.
it's the table that sets the tone," says Halard. "I spend hours in prepar-organize freedom, spontaneity, hu- any guests. You must have many ing cloths, and an infinite number of all shapes and colors, some modern, d. I'd be bored to death with a table the same every day." With her hus-ves, she designs the cloths to her lik- of their fabric designs are avail-S. M. Hexter.) And they collect old Sks, baskets to give each table a theme, d is part of it. To make her still lifes asting, the plates and flatware are set baskets, and the breads, cheeses, and arranged on their own separate tables.

Preserving the scents and tastes and sights of other seasons to pass them on—a gift of you that warms in winter.

Containers are as important as the gifts. For sachet bags with enclosed drawstrings, Mrs. Kennedy makes two buttonholes about 5 inches from one end of a long strip of fabric. She folds fabric in half and sews sides to make a bag, then she turns over 3 inches of the top as a facing sewed with two lines of stitching, one below buttonholes, one above. Drawstring is threaded in one buttonhole, around bag, out the other, and lavender is spooned in. Recipes, page 131.

Jefferson the cat has friends he's never seen. But he gives them presents anyway, catnip mice, chewy rag bones, patchwork self-portraits. His owner, Mrs. Eugene Kennedy Jr., makes them. She also makes jam from the beach plums and wild grapes she gathers in summer, and chutney and pickles—and sachets from lavender dried and stored. She packs them in jars found during summer antique-shop rambles, or home-sewed bags that open and close so they can be refilled. She lines, and paints flowers on, baskets to match flowered gifts of sheets. And she makes breakfast sets so friends can sit in bed and dream of the sun.
Giving with a personal touch

Top chefs cook for a wedding present

FOOD STRAIGHT FROM THE HEART
When a great chef celebrates the marriage of his daughter, it is the perfect opportunity for a superb feast. Pierre Franey, a Vice President at Howard Johnson's, one-time chef of the famous Pavilion restaurant in New York, and co-author with Craig Claiborne of The New York Times Sunday Magazine food page, recently gave his elder daughter, Claudia in marriage to Richard Jensen. Six of his closest friends, five of whom also happen to be great chefs and the sixth The New York Times food editor, volunteered to help. Contributing chefs were: Jean Vergnes, owner, and Jean-Louis Todeschini, chef, of Le Cirque, Jacques Pepin, chef, teacher, and author of A French Chef Cooks at Home, Jean-Jacques Paimblanc and Raymond Bruballa, who are chefs and colleagues of Pierre Franey at Howard Johnson's. Friend and colleague Craig Claiborne provided the inspiration and his super kitchen plus the pretty beachside setting where one-hundred-and-seventy guests joined in the celebration with a superb, never to be forgotten feast.

Recipes appear on page 136.

1. Raymond Bruballa decorates galantines and pâtés in the cool of the wine cellar; 2. Jean-Jacques Paimblanc sifts sugar onto strawberries, sprinkles them with Kirsch and Grand Marnier; 3. Ellie Giobbi arranges zinnias for the buffet; 4. tables arranged with pink tablecloths, pale blue napkins, and a flowery centerpiece; 5. a parade of chefs set up the buffet; 6. Salmon Gravlaks with Mustard Sauce; below, 7, Burgundian Meat Pies with a puff pastry crust; 8, the buffet set with Mussels Vinaigrette, Head Cheese Salad, Galantine of Duck; 9, guests gathering for the wedding; 10, Claudia cuts the cake made by the Culinary Institute of America and decorated by Albert Kumin; 11, illustrated by painter Ed Giobbi, the menu and chef's signatures provide mementos for the guest book; 12, the wedding party walks down the poolside aisle to a ceremony on the cliffs.
If you don't like to give parties, what you can do about it

By Beverly Russell

Someone you want to impress is coming to dinner. You've set the menu, you've invited some appropriate guests. The dishes you plan to serve are recipes you've practiced to perfection. But the night before the party you dream that the meat cooked to a fizzle, the vegetables were mushy, in short, the evening turned into a fiasco.

There's nothing unusual about this sort of fantasy. As host or hostess, you are bound to experience a little apprehension before a party. After all, your competence is at stake, your ability as a cook, as a go-between among people who are probably strangers, and maker of festive feelings is being tested. The success of the evening is on your shoulders. And your own self-evaluation is under scrutiny as well.

"There is a fear of the unknown, the stranger," Entertaining can become an emotional threat," adds sociologist Dr. Freda Adler. "For every host and hostess there is a big challenge to do well."

The more you entertain, though, the less likely you are to experience party nerves. "It's like practicing the piano," says psychologist Dr. Florence Denman, "The more you do, the more you become. A pianist doesn't expect to start by playing a concerto, but gradually builds up to it, learning simple pieces well, to gain confidence. Entertaining is much the same thing."

If you want to entertain in a more formal, elaborate way than you're used to, practice by inviting people you know. Build up your confidence and polish your techniques first, and then branch out.

It may sound surprising, but if you are a little on edge it can actually help the party to be a success. Says Dr. Joel Davitz, psychologist and professor at Columbia University: "It's very well established that in many situations we function most effectively with mild tension. The hostess will be a little bit more up, more exciting, more attractive, alert, and attentive. Guests catch these vibrations and it leads to stimulation all around."

The great thing is not to let a little tension escalate into a lot of anxiety. Learn to cope with some and make it work positively. "If you reach for a tranquilizer," adds Dr. Davitz, "then everything will become bland."

By Paula Rice Jackson

The first place to look for help is "The Grapevine"—ask your friends whom they depend on. If they don't know here are some good suggestions for other sources to tap.

For cooks with credentials, check local cooking schools. Teachers and students at these schools are sometimes willing to take on small and not-so-small catering jobs for dinner parties and buffets. Almost every large city in America has a weekly magazine named after it, New York in New York, Los Angeles in Los Angeles, and Louisville in Louisville, for example, that are filled with ads from people who wish to help serve, cook, plan, clean up, whatever during parties.

Colleges and universities are gold mines of talented help. Call the Student Employment Office to find out if there are bartending and student catering ser- (Continued on page 143)

Great hosts and hostesses are made, not born. To become a model of poise, charm, and self-confidence like Woody Allen, read on.

You will want to rehearse recipes and have everything organized as far ahead as possible. And in addition, preparation in terms of knowing your guests will help you appear calm and relaxed as they start walking through the door. "You must do some homework, know the people, their interests, and who suits whom," Dr. Adler points out. "It's your job to see everybody relates well. A good host or hostess should be actively engaged in trying to build interpersonal relationships, so people take off on their own. If you have invited guests—don't know well, it helps to find out their interests, so you have something to talk about to make them feel comfortable."

Before the party, relaxation exercises can promote serenity, too. Take your mind off things and change "set" by deep breathing, or "even singing," suggests Dr. Harold Cook who with Dr. Davitz wrote the new book 60 Seconds to Mind Expansion (Random House $5.95). Progressive relaxation is good, too, say these psychologists.

Pauses in party conversation are perfectly natural, though we've been conditioned into behaving as if we indicate boredom, or a sign that guests are not enjoying themselves. Silence is not necessarily negative, it can be quite profound, move people closer.

Dr. Robert Lyon believes: "A pause can be refreshing, comfortable, far from awkward." Rely on free association to speed you over a full in conversation. Look around, let your mind take in the surroundings, look at guests, colors, objects. The mind is never blank. There is always something there if you just want a moment. "Why he scared," says Dr. Lyon, "of saying to your neighbor, it's nice to be with you because I feel comfortable with you?"

Of course, some conversations should be avoided if the interaction is to thrive. On Dr. Lyon's list: "Deadly earnest and prolonged talk about how terrible something is. We all know such conditions exist and deal with them as best we can, but it's Saturday evening, who wants to spend time talking about them? If you want to rationalize, it keeps you in good mental health."

Also to be avoided he suggests: "shop talk, mention of cities, airports, and travel ("everybody gets jetlag"), they're safe things to communicate about, but..."
A disaster can turn out to be the hit of the evening. Imperfection makes for intimacy

or anything else happens unexpectedly, there's no point in trying to cover up such mistakes. Surrender to them. "When something goes drastically wrong in the kitchen, the disaster can turn out to be the hit of the evening," Dr. Davitz insists. "Imperfection makes for intimacy. There may be no dessert, but you've given the guests something that is to be cherished more, a sharing of some human quality. When you let guests backstage, and tell them what really happened, it's never so bad."

The experienced host or hostess will have "life-savers" on hand to cope with unfortunate circumstances. If not a back-up supply of frozen foods, then he or she will know exactly where to take out guests if the situation suddenly calls for eating out. And make it a lively experience.

One aspect of party-giving is that a hostess with a party on her mind is likely to pass along tension to her husband or a partner. If he picks up on it, it may produce irritability between the couple. "Watch out for a few days before the event," adds Dr. Davitz. "It's possible for tension and frustration to be channeled and result in a fight. Very often the row may be over something that's unrelated to the dinner party and ordinarily a topic that wouldn't cause an argument."

The solution is to share doubts, talk them through and as far as possible, entertain as a team. Do some of the tension-breaking exercises together. Enjoy the relaxation that results. Let it all be fun. As long as you can maintain a sense of humor, the party's bound to be a success.

"Rely on free association to speed you over a lull in conversations. Look around at guests, colors, objects"

Parties are no longer expected to be the full-scale productions they once were. Now it is acceptable, even fashionable, to have nothing but chili or chowder run by with a simple dessert. One West Coast hostess started a trend when she sent as a dinner invitation the menu she was having—homemade minestrone with grated Parmesan cheese and bread, followed by cheese and fruit and a rich but uncomplicated dessert.

Nor need you spend much time cooking. With the proliferation of imaginative catering services, the increasing number of restaurants that boost their business with a take-out menu, the fast-food chains and street stands that make hamburgers, barbecued ribs, fried chicken, fish 'n' chips, pizza, souvlakia, tacos, and submarine sandwiches to go, a phone call is all it takes to give an instant party. Gather a collection of the catering and take-out menus from your neighborhood caterers and restaurants and you are all set. To make the party more personal, add some easy-to-assemble touches of your own in the

salad and dessert department.

There are loads of places where you can get instant-party foods. Investigate the ethnic groceries and delicatessen counters for cold meats, roasted chickens, hams, cheeses, olives, pickles, mustard, tortillas, chiles, and chile sauce, stuffed grape leaves, offbeat fruits and vegetables, and freshly made pasta, chilled soups, breads, cakes, pastries, and cookies. Check the ethnic groceries and delicatessen counters for cold meats, roasted chickens, hams, cheeses, olives, pickles, mustard, tortillas, chiles, and chile sauce, stuffed grape leaves, offbeat fruits and vegetables, and freshly made pasta, chilled soups, breads, cakes, pastries, and cookies. Check the ethnic groceries and delicatessen counters for cold meats, roasted chickens, hams, cheeses, olives, pickles, mustard, tortillas, chiles, and chile sauce, stuffed grape leaves, offbeat fruits and vegetables, and freshly made pasta, chilled soups, breads, cakes, pastries, and cookies. Check the ethnic groceries and delicatessen counters for cold meats, roasted chickens, hams, cheeses, olives, pickles, mustard, tortillas, chiles, and chile sauce, stuffed grape leaves, offbeat fruits and vegetables, and freshly made pasta, chilled soups, breads, cakes, pastries, and cookies. Check the ethnic groceries and delicatessen counters for cold meats, roasted chickens, hams, cheeses, olives, pickles, mustard, tortillas, chiles, and chile sauce, stuffed grape leaves, offbeat fruits and vegetables, and freshly made pasta, chilled soups, breads, cakes, pastries, and cookies. Check the ethnic groceries and delicatessen counters for cold meats, roasted chickens, hams, cheeses, olives, pickles, mustard, tortillas, chiles, and chile sauce, stuffed grape leaves, offbe
INSPIRE GUESTS
with rooms that give you a lift, pretty tables, food that is delicious to see and to eat.
"When we are guests," say Mr. and Mrs. Manuel Canovas, "we lunch or dine with not only a knife and fork, but our eyes too. If what we see—the food itself, the table, the dining room, the apartment or house—gives us a sense of beautiful well-being, we are so delighted that we often eat too much. And why not? We have been made happy."

Guests of the Canovases may expect the same pleasure. Their hosts live in an apartment in Paris organized for three children and easy entertaining. And decorated with some of the handsome fabrics, wall and floor coverings Mr. Canovas designs. In the living room, left, white carpeting with a little motif of interlocked squares runs wall to wall. (The same pattern carpets the foyer, but on a red background to make for a change of pace.) White-on-white cotton is stretched on the walls, then quilted as over-curtains for glass curtains of white cotton printed in red shamrocks. "It is a quiet room, which women love. It doesn't eat up their dresses. But it is not anemic, nor is it fixed. [See plan.] Guests move the chairs about as they like, which we like."

For the family, the library (inset, far left) is the heart of the house. Wall fabric of tea-leaf brown, a red sofa of silk shantung, 19th-century English landscapes, books in steel and glass étagères. The bar (below) is off the living room. Red and white cotton everywhere and 18th-century portraits.
“My wife always does the flowers, for which she has a truly charming talent. ‘Planting her garden,’ she calls it. Instead of a single centerpiece, she arranges little Japanese pots in a cluster, then fills each one with only one kind of flower—freesia, narcissi, tulips, whatever is at its peak—and when she is finished, she does indeed have a garden. ‘Rather Chinese,’ she says, and certainly not like those Victorian set pieces that look as though they were wearing corsets. The bronze flatware and service plates we got in Thailand, the blue and white plates are Japanese. We have some Sévres, but use it only for venerable aunts and uncles. We must. They gave it to us.”

“I love the chintz,” says Mrs. Canovas, “but it needed something to keep it from being, well, sugary? ‘Black,’ said my husband, and black it is. Black-lacquered Queen Anne chairs [far left], and some Chinese paintings on glass.”
The Canovases travel a great deal, looking for new or ancient design motifs, bibelots, new recipes. Although they were brought up on French haute cuisine, they are not at all chauvinistic about it, and are as fond of chile con carne as a Texan. Their menus, consequently, are apt to be cosmopolitan, and for a big buffet, left, the food may not be French at all, but Italian or Chinese or Indonesian. "We cover the table with red-and-white-striped cotton—very sturdy," Mr. Canovas explains, "and people help themselves, then eat where they like. There are extra chairs and little folding tables, and when everyone is arranged, we look like a restaurant. Somehow, we can manage sixty people. And sometimes we are only four, and then I cook tagliatelle with white truffles. Like all pasta, it is impatient. It must be tossed and eaten at once, and I toss fastest for four, no more. For a formal dinner, we can have twelve at most, although six are better. Then the table [far left] is left bare because its top is so pretty—a painted onyx; bone, and green tortoise shell. And that is how we live. Rarely, if we can help it, big cocktail parties, and we entertain ourselves at breakfast, when we have very special guests, our children."

With her passion for flowers, Mrs. Canovas chose a chintz of her husband's design, a chinoiserie in pinks, jade, and blues (called Leonor, after one of the daughters, it is available in this country at Brunschwig & Fils), and covered not only the walls, but a built-in sideboard. She also has a pot garden that makes its home in a planter, below, along with about-to-blossom branches of flowering fruit trees.
Decorating for hospitality

SHARE THE JOY

by making your special interest the focus for decorating, table settings, and the food you serve

The house is a historic restoration in Connecticut. Its date is 1715. Inside it, a surprise—a spectacular collection of Oriental art gathered by the owners, Mr. and Mrs. Martin C. Cole. Outside and inside, the feeling is wonderfully hospitable. Original plank floors and pine paneling, and fireplaces in every room, make for warmth and coziness. The Oriental collection is a delight for guests. The room on this page was known as the "common" or "keeping" room in the old days—a small sitting room where guests assemble for drinks. Its theme is Oriental blue and white. In winter, the Coles eat here, too, alone—the room is flexible enough to work as well for two as for ten. (See the floor plan.)

The blue of the Orient everywhere—Japanese plates on the table, twin Chinese princes holding the lamp, and the original wood corner cabinet housing rarer items—a Ming plate, for instance. Opposite page, top: Working fireplace with original brick oven; center, more Oriental pieces—butterfly bird bath, brush holders; bottom, raw silk blinds, practical blue and white cotton upholstery for chairs, Chinese rug.
SHARE THE JOY OF COLLECTING

This classic American house is surrounded by lawns and great trees, some of them two to three hundred years old. There is also a terrace, perfect for summer parties, where Mrs. Cole usually serves a barbecue meal. After an indoor dinner, guests have coffee in the living room, right, its ivory and coral colors very flattering to people. (Every room in the house has its own colors, inspired by Oriental porcelain.) There is a working fireplace in this room, as in the dining room, for cozy evenings with family or friends. The Coromandel screen is especially fine—and very rare. Made of black lacquer and untarnishable bronze, it shows a courtyard scene, with ladies watching their children at play.

On the round glass-topped table, right, a large vase in Oriental coral ground pattern. Also on the table, an Oriental Export formal tea service. The wood carved chair is old Chinese—one of a pair. Silk-upholstered sofa, textured wool rug. Below, stone Kwan-yin head, 1644 (Ch'ing dynasty), with examples of Chinese "rouge" and green and yellow figures, all holding flowers fresh from the garden.
The dining room is the heart of the Coles’ entertaining. “We usually invite eight for dinner,” says Mrs. Cole. “Our parties take place when the flowers are so beautiful. During these months, we entertain at least once a week.” Mrs. Cole keeps a running cutting garden for these occasions, specializing in roses, peonies, and chrysanthemums. She chooses her table settings according to which flowers are in peak bloom, using a plain white organdy tablecloth over the one in the picture, left. This makes a perfect background for whatever Oriental pieces she uses to decorate the table. The practical glass top fits over a vivid print cloth. “We serve quite simple food,” says Mrs. Cole. “But once in a while we’ll do a full Chinese meal, according to Chinese custom, serving one dish at a time, with soup, rice and noodles at the end.” A sample menu would be winter melon soup to start, with steamed dumplings. Then a course each of green snow peas with sliced pork; stewed chicken with chestnuts; fried beef with oyster sauce; Heung So duck with bamboo shoots and salted cabbage; clear soup with mushrooms; steamed fish; fried rice, noodles with pork and celery; almond jelly with cocktail fruits, for dessert.

18th-century crystal fingerbowls, left, with Chinese china and covered bowl as centerpiece. Blanc de Chine libation and birthday cups hold flowers; jade and coral fruits also decorate the table.
Below: 19th-century English chairs. On the mantel, important Tang pieces—a court lady and three musical figures. At each end, papier-mâché Japanese cats.
Like an entertaining magnet, this roomy old house exudes such vitality and warmth that friends just can't stay away. The owners and their four children love it that way: "There's never really formal entertaining, but the house always seems to be full of people." Designer Louis Bromante worked closely with the owner, a decorator herself, to rejuvenate the house, mostly with white paint and a good editing eye. In the sun room, above, people meet after tennis—or have a drink before an evening party. The 7-foot vinyl lounges designed by Mr. Bromante are impervious to nearly any liquid, as is the stone floor that came with the house. Most gatherings start in the kitchen. "Guests drive right past the front entrance and around to the kitchen door." Their greeting is the glassed-in flower room beyond the archway through which everyone pours to see what's cooking and small gatherings may end with lunch or dinner in the kitchen. For big buffets, the focus is the steel and glass table in the dining room, with homemade lasagne, chicken cacciatore, veal scallopine, vegetables Italian style. For dessert, lots of Italian pastries, strawberries, zabaglione, and a basket of cookies.
ce small with dark pantries, chen, top right, was opened up, wed with white ceramic tile, rayed with stucco, given architectural zing with beams. In living room, right, a long sofa can seat a crowd. erred doors lead to sunroom. In dining room, far right, walls and rtical blinds of silvery Mylar. yllic sculpture and paintings here d in living room are by andy Slayton.
Presents with a personal touch

Gasps of delight, squeals of glee, arms thrown around your neck in utter joy—that’s the kind of reaction you want from the presents you give. To practically guarantee it, just do a little pre-shopping homework. Think hard about each person on your list; make notes of specific needs and wants; make it your goal to fulfill that masked desire. The reward is knowing you’ve made someone happy. And isn’t that the whole point after all?

All in the spirit of play—a small game room pulled together by one fabric working as wallpaper and upholstery on tables and banquettes. Interior design by MAC II. Brunschwig & Fils’s batik-looking Java cotton print of blue and indigo on a caramel background is the versatile fabric used. Henry B. Urban upholstered the banquettes with it—so for two full tables of bridge only four more chairs are needed! Luis Perez, after doing the walls, cut off the cream border and used it around the windows, on table legs and to cover pots on lacquered wood tables. Breuer natural wood and cane chairs. Sisal rug.

Games, crafts, or grown-up toys
Presents with a personal touch

2. Letter trays, color-coded. Arango. Two, $27.50; 3, $35.
4. "Garnished" fish tureen is Italian hand-painted ceramic, 30 inches long. At Settebello. $280.

Spring Brothers. The Stock Pot. 15¾-inch, $170; 14¼, $145; 10¼, $110.
9. Graphic art on handbuilt pottery. Diane Love. 14½-inch, $42.50.
11. Handwoven rag placemats. Complacent Cook. $3.

For cooks and collectors

13. Enamel on cast iron—Cottage Cookware. Skillet, $18; 1¼-quart saucepan, $18.50; 2-quart casserole, $21. The Pottery Barn. 16 Beechwood lemon squeezer can deliver just a drop. Williams-Sonoma. $6.75.
14. Vented, indoor portable electric grill! Jenn-Air. $100.
21. Enamel on cast iron—Cottage Cookware. Skillet, $18; 1¼-quart saucepan, $18.50; 2-quart casserole, $21. The Pottery Barn. 16 Beechwood lemon squeezer can deliver just a drop. Williams-Sonoma. $6.75.
22. Vented, indoor portable electric grill! Jenn-Air. $100.

A holiday party tradition in a new setting of tender, crisp greens. The flatware, goblets, and dinner plates—reproductions of Colonial designs by Wilton-Armetale—are made of an alloy of ten different metals. "Signet" dinner plate, 10¾-inch diameter, $11; "Florin" flatware, $30 a 5-piece place setting; 11-ounce goblet, $14.50. "Toile de Tarascon" cotton fabric collection by David Hicks at La Provence de Pierre Deux. $15 a yard; "St. Didier," green and white basketweave; "St. Benezet," white background with green squares; "St. Joseph," neon design; "St. Veran," hexagon inside square. 14-inch pillow, $25; 22-inch, $32. French porcelain plates, pitcher, round boxes, designed by Pailey, are handpainted. Plates, 8½-inch diameter, $40; pitcher, 5½ by 9, $125; small box, 2 inches, $17.50; larger box, 3 inches, $25. $7.50.
Presents with a personal touch

Larger than life and bursting with color! Needlepoint flower pillows handpainted on #14 mono canvas—yarn and needles included. Rose, Anemone, Daisy, Morning Glory are 13 inches and $45. Pansy, Violet, Marigold are 10 inches; $35 each. The Anemone and Pansy also appear on the cover. Designed by Lou Gartn for Bergdorf Goodman.

For plant people and nature folk


The modern garden grows in a new way. It is practical, liberating, and needs a minimum of maintenance. To throw a fresh thought on the subject, we asked five leading architects concerned with total planning to give us their ideas. Each came up with a different point of view. Here are the results, which will interest and inspire anyone trying to coordinate house and landscape planning for reasonable cost and upkeep.

Apple orchard garden

For a couple with two children who wanted a low-cost, easy-upkeep weekend and vacation place, Stanley Tigerman built what he calls a “Hot Dog house” (see House & Garden, September, 1975) in the prairie 100 miles north of Chicago. The couple bought 9 acres. The property has a hill and falls away about 20 feet to a pond and stream beyond. The house was built at this brink point and the back land is always going to remain wild and natural.

The front of the property is flat as a table. And here the garden Mr. Tigerman proposes is a very simple idea. “Just an apple orchard, a very beautiful, romantic piece of geometry. The house needs protection and screening from a high speed road. Even in winter, because of the orchard, it will be impossible to see the building from the road. The house is like a stage, and the trees will sit there in front of it like an audience.”

Mr. Tigerman particularly likes the idea of creating this formalized planting in front of a very contemporary house.

“The precision relates to modern architecture,” he says, “yet there is a feeling of freedom and change in this garden. The trees flower, they bring birds, apples fall and return to earth.” He anticipates the trees—all one variety—planted 30 feet apart, ultimately (Continued on page 144)

William Morgan

Sculptured earth garden

The house architect William Morgan built for his own family (House & Garden, December, 1973) is on a dune facing the Atlantic in Florida. Winds and hurricanes threaten this particular coastline, so the garden must be well protected. And because the sun beats down and there is lots of glare, shade and shelter are important.

The earth garden he has designed dips deep into the sand on the sea side of the house. Dunes were shaped to create necessary wind breaks, and to hold them in place, planted with yuccas and short rugged palmettos, native to the area. “These berms shelter the house from neighbors, yet they are not walls or fences in the formal sense,” he points out. In the bottom of the hollowed out space, a sea of blue juniper makes ground cover. Over this, cedar walkways and decking provide space for picnicking, entertaining, sunbathing, and boat parking. All the planting on the dune berms is seaside material—ice plant, gailardia. (Continued on page 144)
The corner site for this house on the New Jersey shore is quite a small space, 175 by 150 feet. To give the illusion of privacy, architect Paul Rudolph raised the building above the ground by 6 feet, so you cannot look in as you walk on the street. The limited outdoor space around the house has been divided into three parts. One is a motor court. Another is a walled reflecting pool, adjoining the children’s rooms on the lower level, a playground for youngsters, a sun trap but cooled in summer by breezes. The third space, a terrace on the level with the center floor of the house should be the exact opposite of these other two open areas—full of very green and growing things,” explained Mr. Rudolph. What he proposes is a vegetable garden, “planted for beauty as well as utility.” All vegetables are to be treated from the visual point of view, in terms of the scale of the leaves, the height of the plants, how they look and change from season to season. “The planting,” adds Mr. Rudolph firmly, “should become as much a part of the total design of the house as the garage.”

Grass and meadow garden

Building a large house on a hill in New England that runs for 1000 feet down to the sea, Hugh Jacobsen devised an unobtrusive design that “wouldn’t jump out of the landscape.” Seven pavilions interlock to give the family all the space they need. They are built on a flat podium, carved out of the hill. When it came to the garden, Mr. Jacobsen wanted to continue the variety of sensory experiences felt inside the house—slate floor, shaggy rugs, the cascade of water from an interior courtyard fountain—so he carpeted the level ground around the house with Kentucky bluegrass, which is very crisp and bright and green. “It’s a high sensuous experience to step outside through warm puddles in summer rain onto that soft delicious grass.” There is nothing to soften the hard edge where the house meets the ground. To give color, a cutting garden, a great big patch of flowers running at an angle relating to the house.

---

Outdoor spaces around this very contemporary house are planned as meticulously as the indoors. To Paul Rudolph the garden is as important as the design of the garage in the whole scheme.
A house divided for a family of six with separate areas for living, entertaining, and sleeping, where every room has access to the outdoors
For a family with four grown and teen-aged children and a houseful of dogs and cats, three white pavilions in a wooded area scooped out of a Maryland mountainside provide just what they asked for: privacy from people (including, at times, each other), and intimacy with the rest of the world. Behind the solid brick façades, the pavilions—one for living and entertaining, one primarily for sleeping, the smallest or garage and laundry—are divided along their diagonals to form triangular spaces separated from one another and from the outside world largely by glass and space—and two open onto central skylit “courtyards” under ceilings that peak 22 feet up.

In countryside as rugged as this, architect Hugh Newell Jacobsen had to keep the elements in mind. All doors (sliding glass doors, which stand in for windows throughout the house) are recessed under deep overhangs to protect them from snow, sun, and wind; some are positioned along the buildings’ 45-degree diagonals under triangles of exposed rafters that let sunlight filter through. Inside, these acute angles form corners for the piano or for bathrooms. More shallowly recessed doors add enough depth to the walls for closets and built-in cupboards.

1. The four Plexiglas faces of 8-foot-high skylight cupolas slant steeply toward the compass’s cardinal points to admit the most light, shed winter snows. House’s brick walls direct runoff along mortar patterns to help prevent streaking. “Slate” roof is really asbestos shingles.
2. Sunscreens of exposed rafters admit light to deeply recessed glass doors.
3. Beyond, the front entrance. 3. Screened porch has snow-supporting structural screening in ceiling, fiberglass screens in sliding panels.
4. Pool, set down a carved-out embankment away from the house, is surrounded by the same slate that paves almost the entire house.
Two great skylit rooms

Inside, you think you're outside: Full-grown trees thrive in slate-paved spaces that go on and on, continuing through glass on all sides to the woods beyond. In the living room, sitting area is defined by a white wool rug on which three sofas covered in Indian handwoven cotton are grouped around fireplace.

In living room, 1 and 2 Mr. Jacobsen designed the practically nonexistent Plexiglas tables (thinly topped with glass to prevent scratching) that back up to the sofas. Painting at left by Tom Downing from Pyramid Galleries. Flush doors open to reveal bar.

1. In the family's more private pavilion, playroom, 3, has pool and Ping-Pong tables, facilities for showing home movies, and under the skylight, a circular conversation group covered with stretch velour. Black dots in the skylight are the bottoms of canned lights that stand in for sunshine at night. Throughout house are similar downlights, some slashed to light-wash walls. Those great graphics are the state flags of Maryland and Colorado.

4. Piano stands deep in a living-room angle. Painting above fireplace by Gabor Petterdi. 5. Dining room is furnished with heirlooms including grandfather's clock, its wooden back replaced with Plexiglas, standing against glass wall.


7. Kitchen is divided on the diagonal: half for dining, half for cooking. Cooking side has vinyl floor, slant-cut butcher-block work island (see plan on preceding page). 8. The house's only window: a single acrylic sheet rimmed with mirrors.

122 ROBERT LAUTMAN
THE HEALTH PRESCRIPTION OF A LIFETIME

Even before the energy crisis, the average American walked about 3,000 miles a year, according to the Sole Leather Council. Today, with everybody’s heightened awareness about heart conditions, weight-watching, circulatory problems, and, equally important, the need to save money, more and more people are taking to their feet. Podiatrists in big cities across the country are noticing the trend, reports Dr. Norman Klonbers, Director of Professional Services for the Podiatry Society, State of New York. Could it be that walking is about to become a new American tradition?

“Walking is natural, painless, and biological,” says Mrs. Ruth Goode, coauthor of The Magic of Walking (a Fireside book by Simon & Schuster). “People are going back to more organic foods and more natural ways of living, and I think walking is man’s natural transportation.”

Podiatrist Dr. Roberts (Rodale Press) and Professor Emeritus at the New York College of Podiatric Medicine, “because when you walk, you’re bringing into play your entire body. It’s not just muscles, it’s circulation and metabolic change. There’s no single activity that gives more benefit to the body than walking.”

“A cardiologist is looking for two things,” explains Dr. Albert A. Kattus, Chairman of the Exercise Committee, American Heart Association, and Professor of Medicine (division of cardiology), University of California at Los Angeles. “One, exercises that are safe for people with heart disease to do; and two, ways to encourage people to adopt habits of activity that may forestall the possibility of heart disease. To my mind, walking is the ideal exercise for both situations.”

Greta Garbo’s walks are her religion. When Lilli Palmer once collected her off Onassis’s giant yacht, she complained, “It is too small! I cannot go for my walks!” Rose Kennedy still walks 3 or 4 miles a day. Here, our special walking experts give their prescriptions for getting the most out of walking, and show why becoming a walker could be the best thing you ever did for the rest of your life.

How a walk can keep your heart healthy

“The beauty of walking is that it is measurable,” says cardiologist Dr. Kattus. “You can measure a mile, and how long it takes to walk it. For heart patients, this is vital. We do a multistage walking test on a treadmill to establish how much exercise people with heart disease can take without risk, and then start them on a walking program taking into account the workload he or she can tolerate—gradually increasing it over time. The trouble with bicycling is that it is too easy on the level, and too hard on uphill, for heart patients. Jogging and running are also totally different kinds of exercise that require skill, training, and experience.”

For a normal healthy person, with no symptoms of heart trouble, the 4-mile-per-hour walking test is quite easy. But the problem with many people is that they do not walk nearly enough in their daily lives. At Los Angeles airport, there are even (Continued on page 145)

Why walking is good for you

According to medical experts, walking does the following things:
1. Provides good physical exercise for the body.
2. Tones the heart muscle.
3. Improves circulation.
4. Keeps calories under control.
5. Aids digestion.
6. Relaxes nervous tension.
7. Helps you sleep.

How to put your best foot forward

“The ideal way to walk is on the outer borders of your feet with your feet pointing straight ahead,” explains podiatrist Dr. Roberts. “You should put the weight first on the heel, then along the outer border of the foot and then across the toes, ending with the big one. Your shoe will often tell if you are walking correctly. If the outer border of the sole and the inner border of the sole are worn down, that’s wrong. It should be the outer border that is worn, all the way round.”

For walking, wear the lowest heel you can comfortably bear. For women used to wearing high heels all their lives, a very low heel may not be comfortable. Open toes will be more comfortable for many women than closed toes, particularly if you throw your weight forward a lot. Open toes and open heels are often the easiest to walk in, if you are not walking over rough terrain.

“Do not worry about ankle support. Podiatrists have long since learned that the stability of the ankle is the result of the stability of the foot. Sprained ankles are often due to a person not walking properly. Big shoes and boots are necessary mainly for protection against hard country.

“Choose leather or fabric that allows your feet to breathe and is flexible. Plastics, patent leathers, and reptile are difficult to wear and tire the foot as they have no ‘give.’ Soles should be leather or crepe rubber as long as they are flexible.

‘Sneakers are very good for walking as long as there is some cushioning in the heel against walking surfaces. But if your arch support, do not expect it in the arch raise built into shoes. Arch supports must be in a shoe according to the individual need. Negative heel (where the heel is lower than the sole) have certain advantages for shoes, a wide shank, feet, lightness, and flexibility people who are not accustomed to walking in them will find very tiring, because of the pressure on the leg muscles. Manufacture now recommended that custo shoe for just a few a day to get used to them.

Dr. Nathaniel Gould, chief of podiatric surgeon at Brockton, Mass., and former president of the American Orthopedic Society, Inc., has done extensive tests on these shoes with his patients, and they have conclusively shown that they are twice as far better walking and walking in the long run. The fect is as though you are consis walking uphill. But some may all the same find them satisfactory—it’s a personal ter. (Continued on page...
The lasting joys of walking

TED HARDIN

You don't have to have fields or wild flowers or rocks to enjoy walking," says Mrs. Ruth Goode, her husband, said, enjoying their favorite walks in New York City.

The best walking tip I can think of is: **Lenghen your stride.** Everything seems to fall into place then. All those tight back muscles let go, shoulders drop, neck loosens, head comes up, and that top-heavy upper body leans at just the right angle to make each step almost automatic, without effort. And it all happens when you let your legs swing from the hip to take the longer stride. Hard-pressed executive types, both sexes, should particularly take note of this. I've seen men dutifully walk home from their offices, clutching their attache cases full of work still to be done—but they walk so stiffly and tensely that one wonders if the walk is doing them any good. If they would only lengthen the stride—begin by measuring steps according to the cracks in the pavement—it really works.

"It's what you're doing in your head also that's so great in walking. You're shedding other things, making a transition from where you've come from to where you're going to be. Walking gives you time to get there in your head. That's invaluable, because we're assaulted with so many things that we have to do, that we want to do, that we undertake to (Continued on page 145)

New and exciting city walks

A city walker always has something new to see. The streets are full of life, sounds, colors, smells, scenes to savor. A city you know can always surprise you—and a city you don't know becomes familiar only through walking its streets. Here is a list of city walks you can send for and read about either if you plan to visit a new city, or simply to discover new places to walk in the cities you know.

**BOSTON**
Boston's Freedom Trail and Black Heritage Trail (Boston 200)—two free booklets of fascinating walking tours of this historic town.
Boston 200 Official Guidebook ($1.50)—contains eight major neighborhood walking trails, highlighting contemporary and historically significant sites specially developed for the Bicentennial.

**NEW YORK**
Walking Around in South Street (South Street Seaport Museum, $2.80)—discoveries in New York's Old Shipping District by Ellen Fletcher Rosebrook.
Friends of Cast-Iron Architecture—spring and fall tours of New York's unparalleled heritage of cast-iron architecture, organized by volunteer friends. Contact Margot Gayle at 44 West 9th Street, New York, N.Y. 10011, telephone (212) GR7-2124.

**PHILADELPHIA**
Bicentennial City (Pyne Press, $4.95) by John Francis Marion—walking tour of historic Philadelphia.

**SAN FRANCISCO**
San Francisco at Your Feet (Evergreen, $2.95) by Margot Patterson Doss—the great walks in a walker's town.

**CHICAGO**
Chicago on Foot (O'Hara, $8.95; $6.95 paperback) by Ira J. Bach—an architectural walking tour of The Windy City.

**MINNEAPOLIS**
Do-it-yourself Tours in Minneapolis (Minneapolis Convention and Tourism Commission in cooperation with the Minneapolis 76 Commission)—a free booklet of completely new Bicentennial-oriented walking tours (and bus trips, if your feet hurt) in this beautiful city. (Continued on page 145)

(Continued on page 145)
Champagne with dessert makes dinner a celebration. It's laughter, it's frivolous, it's fun! The magic of the potion is the bubbles. Connoisseurs tell us to keep the bubbles sparkling by serving champagne in a narrow glass. The champagne flute allows the bubbles to stream airily upward, making it light and delicate. Waiting for the festivities to begin, a cluster of champagne flutes available now.

*From left,* "Wilma" by Fostoria; "Versailles" imported by J.G. Durand; "Fatima" imported from Portugal by Block; the slender "Dom Pérignon" by Baccarat; and "Kathleen" crystal flute by Waterford Glass.

**The Gleam of Silver**

Dessert spoons and forks are the most versatile, movable members of a place setting, holding to no etiquette but your own good sense. The fork can double for salad and the spoon for soup. They can be placed at each side of a dinner plate, above it—or served right on the dessert plate when it's brought to the table.

*Right*: Sterling silver dessert spoons and forks. Spoons from left, "Angelique" by International; "Carpenter Hall" by Towle. Forks from top: "Madrigal" by Lunt; "Pointed Antique" by Reed & Barton; "Botticelli" by Oneida; "Williamsburg Queen Anne" by Stieff.
If dessert is a smile, make it one that lingers, and make it a feast for the eye. No need for elaborate productions—a great dessert can be as simple as bright red strawberries in a basket with fresh grape leaves or whole peeled peaches in a compote with champagne. “What is important,” says Maurice Moore-Betty, who created the six tempting desserts here, “is that dessert be chosen with care. A luscious trifle that might follow a light entrée would be too rich after a heavy casserole. The crème brûlée for example would be a refreshing contrast to a dinner of artichokes, a zesty saltimbocca with a purée of fresh peas, and an endive and julienned of beet harlequin salad.”

Mr. Moore-Betty has this to say to calorie counters: “A dessert may be made with liberal lashings of cream and sugar but divided among a number of guests it really is not that much per person. So enjoy dessert and cut out something else the next day.” For recipes and suggested menus please turn to page 138.

White plates make a perfect setting for desserts as small, bright, and colorful as these. Top left: “Torse White” porcelain by Haviland; top right: “Olympia” by Lenox; middle left: “Whitepot” porcelain imported from Denmark by Royal Copenhagen (sterling silver dessert spoon and fork, “Old English Tipt” by Gorham); middle right, “Independence” by Franciscan; bottom left, “Doccia” from Richard Ginori; bottom right, “Wedgwood White” by Wedgwood. For shopping information, please turn to page 249.
Parties with punch continued from page 30

<table>
<thead>
<tr>
<th>British Traditions</th>
<th>Allow 6 weeks for delivery.</th>
</tr>
</thead>
<tbody>
<tr>
<td>P.O. Box 4072</td>
<td>A bread garland for your cheese</td>
</tr>
<tr>
<td>Grand Central Station</td>
<td>Take a Brie or any round cheese and ring it with a braided icrcath of crab meat salad, a salmon mousse, a decorated pâté.</td>
</tr>
<tr>
<td>New York, N.Y. 10017</td>
<td>With it serve a decanter of wine—this one, Almaden’s new Barbera.</td>
</tr>
</tbody>
</table>

Recently and in a limited quantity, the craftsmen of Staffordshire have created what to many people represents one of England’s greatest traditions, the Beefeater Yeoman of the Guard. Rendered as a lamp, it features a hand painted Staffordshire figure, raw silk shade, and a solid mahogany base. Allow 6 weeks for delivery.

“A Marlin Spike—equal parts of dark or light rum and cranberry juice—is a great switch from the usual holiday creamy concoctions”

lemon juice, orange bitters, and soda water. It’s wise to have a mild punch as well, when you’re serving a rather potent one. For fruited brews try to use fresh or frozen juices in place of canned ones, which tend to be too sweet. Avoid rainbow recipes, more readable than potable, and usually a mad mixture of spirits and sherbets.

Punch party nibbles: Salted nuts, miniature uniced cupcakes, buttered fruit-bread sandwiches, shrimp chips, quiche tarts.

Switchels, shrubs, or soft drinks are a must for any party because not everyone likes or drinks alcoholic beverages. "Switchel" is a Yankee word meaning water seasoned to taste and meant to be served as a thirst-quencher. Homemade, honest-to-goodness lemonade is the epitome of a switchel and good in cold weather as well as hot. A shrub may be alcoholic, but more generally it is a fruit juice with vinegar compound spooned into water and fed. Raspberry shrub is delicious and can be used in a children’s punch as well as an adult cooler. Any time of the year iced coffee with lemon rind, soda water with bitters, or bouillon-on-the-rocks are satisfying quenchers.

Ever since coffee was brought from the Moslem world to Europe in the 17th century, it has become almost a way of life for a lot of us, and makes a memorable party. Let the children do as much of the making as they can. Messy but satisfying. Have lots of adult help ready. Building your own milk-shake is exciting for children, too, making as they can. Messy but satisfying. Have lots of adult help ready. Building your own milk-shake is exciting for children, too, and makes a memorable party.

Coffee combinations: Espresso with a choice of flavor twists—lemon zest, orange slices, whipped cream. Cointreau, brandy, Kahlua, anisette can be mixed in with coffee for a hearty, different demitasse—each guest adding his own choice. Have a coffee bar where different coffees can be concocted: Café Brulot, Café Diable, Irish coffee, Viennese coffee, cappucino.

Coffee accompaniments: Fancy chocolates, Florentine cookie gaufrettes, apple wedges, pears, a soft cheese, a hard cheese, a blue cheese, curried nuts.

What’s better than a wine party? Not a complicated tasting of many wines, but just a judicious choice of white and red wine and a dry and sweet sherry. Buy America and try some of our unusually good wines, particularly if you live in a wine region. Michigan sherry is good. New York State’s Bully Hill vineyard, the only one which bottles only its own yield with nothing added or imported, has some fine wines. Almaden Gewurz is a splendid wine. When possible, ask your local wine merchant for advice rather than relying on the hit and miss methods.

With wine: Cheeses, of course, and do try some good American ones—Tillamook, Vermont Cabot or Crowley, Monterey Jack, Liederkranz, Wisconsin Cheddar and Swiss, any local specialties. Or make your own Liptauer or bee cheese.

Cheese supports: Soft pretzels, bagels, small split crusty rolls, black bread, water biscuits, breadsticks.

Children’s parties are not all balloons, ice cream scoops, and cake. Put on a soda fountain party with plenty of aprons for everyone, plenty of blenders (beg, borrow, or improve), lots of vanilla and chocolate ice cream, and all sorts of fixings. The simplest soda—and no special equipment needed—can be made with seltzer, ice cream, and flavorings. My childhood homemade favorites were either a Black Cow (root beer and vanilla ice cream) or a Boston Cooler (ginger ale with any ice cream). Let the children do as much of the making as they can. Messy but satisfying. Have lots of adult help ready. Building your own milk-shake is exciting for children, too, and makes a memorable party.
CHOCOLATE COCONUT

The taste you've known and loved.

Serve Choclair by itself and it's a sippy, tasty, chocolate coconut drink. Mix one part Choclair with two parts vodka and it's a Wooden Shoe. Just as tasty—but wow.

Incidentally, Choclair is the first of Arrow's deluxe premium flavors. You can't miss it at your local liquor store—it's in our distinctive white bottle.

Choclair by Arrow®

Heublein's House of Good Taste.

some great party givers entertain from ten to
people with festive food that is not expensive
... plus some great food presents to make, includ-
ing pepper jelly and honey bourbon fruitcake.

Parties with little price tags
plus food presents to make and give

BOKARA LEGENDRE’S
PARTY FOR 10
*Senegalese Soup
*Moroccan Lamb and
Fruit Tagine
Pilaf
Fennel Salad with Fresh Basil
Feta Cheese, Brie
Pita Bread
Fried Basket with Swan Filled
with Lemon Sherbet and
Strawberries
(about $5.50 per person)

EGALESE SOUP
INGREDIENTS
chives, chopped
onion, chopped
up butter
tablespoons flour
tablespoon curry powder
paprika, chopped
2 cups cooked chicken, diced
parsley, chopped
ay leaves
nd half
HOD
pan-cook onions and celery in a yellow until wilted. Add flour and powder and cook a few more minutes.

a blender blend in batches wilted vegetable mixture, apples, chicken, and broth, and add a batch to a large pot. Add bay leaves and bring mixture to the boil. Remove pot from heat, dis-

bake and allow mixture each room temperature. Chill 1 day.
before serving, add half and
and to taste. Serves 10.

ROCCAN LAMB AND JUT TAGINE
INGREDIENTS
onions, sliced
pounds lamb, cubed
tomatoes, chopped
teaspoons salt
teaspoon pepper
bay leaves
chopped
onion, grated
cup dry white wine

cup plumped raisins

cup dried apricot halves

Sounce package prunes
teaspoon coriander
teaspoon turmeric

INGREDIENTS
1/2 cup brandy
2 tablespoons honey
1/2 cup pine nuts
1/2 teaspoon salt
1/2 teaspoon turmeric
1/2 teaspoon coriander

GARNISH: sliced of hard-cooked eggs and fresh parsley

METHOD
In an enormous frying pan sauté onions in oil until lightly brown. Remove onions from pan and add lamb cubes and brown them in the oil. Add to the pan onions, tomatoes, salt, pepper, bay leaves, parsley, and ginger and mix together gently. Add white wine, raisins, peaches, apricots, prunes, coriander, turmeric, brandy and honey to the mixture and mix together. Add pine nuts and stir.

Transfer mixture to a large casserole or ceramic pot, cover and bake in a 350° oven for 1 hour. Dish can be precooked for 3 hours and then put back in oven for 3 hours before serving. Do not cook more than 1 hour.

Garnish dish with eggs and fresh parsley. Serves 10-12.

MRS. MICHELLE HALARD’S
BUFFET FOR 14
*Pot-Au-Feu
(served with its own bouillon on the side)
Grated Cheese
Toasted Bread
Pickles
Selection of Cheeses
Chocolate Cake, Floating Island, and Fruit Tarts
(about $5.50 per person)

POT-AU-FEU
INGREDIENTS
5 pounds rump roast, boned
1 small round steak (to flavor broth)

bones for broth (leftover bones, soup bones or short ribs)
10 cups salted water plus 1 1/2 cups cold water
23 whole carrots, cleaned
14 whole turnips, cleaned
23 leeks, cleaned
2 large onions, each spiked with a clove
2 stalks celery

bouquet garni (fresh basil, thyme, bay leaf tied together in a piece of cheesecloth)

METHOD
In a large, deep, heavy pot place meat and bones, and cover with salted water and bring to the boil. Reduce to a simmer and cook, uncovered, for 1-2 hours. Skim surface 2-3 times by adding the cold water to bring foam to the surface.

Add carrots, turnips, leeks, onions, celery, and bouquet garni to pot and cook very gently for 3 more hours, covered. Strain off the broth and de-fat with paper napkins laid on the surface. Reduce broth by 1/2 and discard onion and celery.

Arrange meat on a large platter and surround with vegetables. Pour strained broth into a stone-

bowl. Serves 14. Can be prepared ahead and refrigerated for 8 days.

If you wish, add a chicken or some sausage or both to the vegetables; include fresh or dried beans, cooked separately and added at the last minute, or any in-

season vegetable; accompany it with a puréed tomato sauce.

MRS. MANUEL CANOVAS’S
BUFFET FOR 60
Crudités: basket of hard-
cooked eggs, radishes, slices
of celery, carrots, small raw
artichokes, small black olives
(like Lindsay’s Colossal
Ripe Olives)
plates of rolled anchovies, baskets of beans accompanied by a large piece of Parmesan cheese, fennel, and quartered cabbage flowers
Bowl of Avocado Sauce
A Bowl of Mayonnaise with Herbs
(chives, tarragon, basil, and parsley)
A Bowl of White Cheese with Herbs
Wooden Boards with Sausages
Served hot at the last minute:
Large Salad Bowl with Green Noodles and Basil Sauce (butter, cream, and a hint of basil)
Large Salad Bowl with
Spaghetti à la Greta Garbo
Zuppa Inglese, Crème Anglaise
Brolio or Valpolicella
(about $5.00 per person)

MRS. WILLIAM WILDER’S
BEACH BUFFET FOR 12
Cold Lamb
Hot Chicken Mustard
Bay Shrimps with
Melon Crescents
Knockout Salad
Kasha
Breads: Pumpernickel, French
and Bavarian Rye
Blueberry Dessert with
Sour Cream
(about $4.50 per person)

HOT CHICKEN MUSTARD
INGREDIENTS
4 chicken breasts, split, boned,
skinned, cut in half
chicken broth made with
2 Knorr Cubes
Dijon mustard
2 tablespoons butter
2 tablespoons flour
1 cup heavy cream
1/2 teaspoon white pepper
1/2 teaspoon salt

paprika
METHOD
Poach chicken in the chicken broth (broth should barely cover chicken) for about 20 minutes. Drain chicken pieces and allow to cool. Preheat oven to 350°. Place chicken in flat baking dish, spread pieces with mustard.

In a saucepan melt butter and add flour and cook a few minutes, but do not allow mixture to brown. Add cream and heat through, stirring constantly. Add pepper and salt and cook the sauce until it thickens slightly. Pour sauce over chicken and add a dash of paprika for color. Bake for 15 minutes, or until sauce is bubbling and chicken is warm through. Serves 6.

BAY SHRIMPS WITH
MELON CREScents
INGREDIENTS
2 pounds bay shrimps, cooked
1 cup mayonnaise
1/2 cup ketchup
lemon juice to taste
chopped dill weed to taste
cantaloupe cut into crescents

METHOD
Toss shrimp with a dressing made of mayonnaise, lemon juice, dill. Mound on platter; surround with cantaloupe crescents.
**YEAR-ROUND STRAWBERRY PRESERVES**

_from Gifts from the Kitchen by Diana and Paul von Welanetz_

**INGREDIENTS**
- 3 10-ounce packages frozen sliced strawberries, thawed
- 1 1/2 cups water

**METHOD**
In a large kettle combine strawberry water and pectin and bring the mixture to a boil, stirring occasionally. Boil for 1 minute and stir in the sugar, and bring to a full, rolling boil that cannot be stirred down. Boil hard for another minute. Remove the pan from the heat and stir in the liqueur and lemon juice. Allow to stand for 5 minutes, stirring occasionally. Skim off the foam. Pour the preserves into 6 1/2-pint hot, sterilized glasses and seal at once.

**Christmas Pepper Jelly**

_from Gifts from the Kitchen by Diana and Paul von Welanetz_

**INGREDIENTS**
- 6 cups sugar
- 8-9 drops green food color
- 1/2 cup red bell pepper, seeded
- 1 bottle Certo
- 1 1/2 cups Grand Marnier, kirsch, Cointreau, or Triple Sec

**METHOD**
In a blender add green pepper, paraffin, and finely diced powdered pectin. Method
from the heat and stir in the Certo and Grand Marnier, kirsch, Cointreau, or Triple Sec. Let stand for 5 minutes. Skim off the foam. Pour mixture into a food mill and put through a food mill. Cover and place in 1/2-inch of water for 2 hours.

**Wild Grape Jelly**

_from Mrs. Eugene Kennedy_

**INGREDIENTS**
- 4 cups grapes, whole — Red Fox or Northern Fox, but could also use Concord
- 1 1/4 cups sugar, very little water

**METHOD**
In a heavy saucepan over moderate heat, cook grapes and sugar with a little water to prevent scorching. Boil for 20-30 minutes or until grapes split and become soft and mushy. Put through a food mill and spoon into sterilized jars. Seal. Makes about 12-ounce jars.

**BUTTER ROASTED PECANS**

_from Gifts from the Kitchen by Diana and Paul von Welanetz_

**INGREDIENTS**
- 4 cups pecan halves
- 1 tablespoon white sugar

**METHOD**
Heat oven to 350°. Toast the pecan halves in the melted butter and place them in a large, heavy saucepan or oven. Add 1 cup sugar. Cook until golden brown, stirring often to prevent burning. Remove from oven and shake the nuts in the bag. Place in a large oven and shake the nuts in the bag. Add 1 1/4 cups sugar. Cover and place in 1/2-inch of water for 2 hours.
Straight talk about your electric bill... and how to cut it!

Model ESRF-16
6.0 Cubic Foot
(with optional ice maker)

Buy an Amana
Energy Saving Refrigerator

This Amana Energy Saving Refrigerator costs less to operate than any other comparable refrigerator you can buy. That's really important today. And with electric costs skyrocketing, it's going to be increasingly critical in the future. But you can do something... now!

You can buy this energy saving Amana ESRF-16—the fully featured refrigerator-freezer that uses just a little more electricity than a 100 watt light bulb per day. What does that mean in dollars? In New York, where electric rates are relatively high, this Amana Energy Saving Refrigerator would cut up to $100 a year off your electric bill. Your Amana Retailer will figure the exact amount you can save in your area.

But here's the best part. You don't give up any Amana special features. You get the exclusive Amana "refrigerator-within-a-refrigerator" meat keeper with its own temperature control that keeps meat fresher longer... because super cold air surrounds the outside without drying the meat. You also get Amana adjustable cantilever shelves. Even an optional ice maker you can add now or later. And, of course, the freezer is completely Free-O'-Frost.

How do Amana Energy Saving Refrigerators save so much electricity? It's easy to understand. Amana uses more foam insulation than has ever been used in a home refrigerator. Almost twice the insulating value of conventionally insulated refrigerators. This keeps the heat out... the cold in. So it doesn't run as much. And that keeps the electric bills down.

There's also a 3-position Energy Saver Control you can adjust to your home's humidity. And Magna-seal gaskets which seal the doors tight to prevent energy wasting leakage.

The Amana ESR-16 saves even more energy. The 15.6 cubic foot Amana ESR-16 uses as little electricity as a 75 watt light bulb per day.

Amana Energy Saving Refrigerators—built to save money on your electric bill today. And to save more and more as electric costs go higher and higher.

These Amana Energy Saving Refrigerators are truly the refrigerator-freezers of the future—ready for you to own today! For more information see your Amana Retailer or write Ann McGregor, Dept. 528 Amana, Iowa 52203.

When the name of the game is saving energy... the name of the refrigerator is Amana.

*Compared to other refrigerators of comparable size and features.

Backed by a century-old tradition of fine craftsmanship
AMANA REFRIGERATION, INC., AMANA, IOWA 52203 SUBSIDIARY OF RAYTHEON COMPANY

November, 1975
Only a fine grape can produce a fine wine.

We grow our grapes in the valley of the Paicines mountain vineyards near San Juan Bautista. It's here they mature and ripen in the warm California sun and slowly, gently cool down in the evening breezes from the Pacific Ocean.

Here, in the valley of the Paicines mountain vineyards, nature has provided Almadén with an ideal weather balance for growing fine wine grapes. Possibly no one else takes such loving care in raising grapes as we do. To us, they're our children.

When you try your first sip of Almadén Pinot Noir, you'll understand why only a fine grape can produce a fine wine.

Almadén
Only a fine grape can produce a fine wine.

For a copy of "News from the Vineyards," write Almadén Vineyards. Box 997K, Los Gatos, California
Great party food, hot and cold, from 6 great chefs

When Pierre Franey planned the menu for his daughter's wedding, he included spectacular dishes he and his friends love to eat and helped with the menu and devised the recipes. Jean-Jacques Paimbron, Louis Todeschi, Craig Claiborne, Jean-Louis Todeschi, Raymond Bruballa, Pierre Franey

**MUSSELS VINAIGRETTE**

**INGREDIENTS**
- 5 pounds small mussels, cleaned, well-scrubbed
- 1/2 cup white wine vinegar
- 2 sprigs thyme
- 1 bay leaf
- ground black pepper
- 1/2 cups red onion, chopped
- 1/4 cup peanut, vegetable, or corn oil

**METHOD**
Place the mussels in a kettle and add 1/2 cup vinegar, thyme, and bay leaf. Cover and steam until they open, 5 to 10 minutes. Drain. Empty the warm mussels into a large serving dish or mixing bowl. Toss with the remaining ingredients, including the remaining quarter cup of vinegar. Serves 12 or more.

**CUCUMBER SALAD WITH DILL**

**INGREDIENTS**
- 1/2 cups plus 2 tablespoons sugar
- 1/2 cups peanut, vegetable, or corn oil
- 1/2 cup white vinegar
- 1/4 cup plus 2 tablespoons sugar
- 1/4 cups white vinegar

**METHOD**
Place cucumbers in a large mixing bowl and add 1/2 cup vinegar and salt to taste. Mix well and let stand. The cucumbers will give up a good deal of liquid. Refrigerate 1 hour or so and drain. Add remaining sugar and vinegar and more salt to taste. Add dill, toss. Yield: 60 or more servings.

**HEAD CHEESE SALAD**

**INGREDIENTS**
- 4 pounds boneless pork shoulder
- 3 whole cloves
- 2 cups dry white wine
- 1/2 teaspoons salt
- 1% cups plus 2 tablespoons sugar
- 5 cups water
- 3 or 4 small whole onions, peeled
- 5 allspice
- 1% teaspoon grated nutmeg
- 10 peppercorns
- salt to taste
- 3 or 4 small whole onions, peeled (about 1/5 pound)
- 1% cups plus 2 tablespoons sugar
- 3 whole cloves
- 5 allspice
- 1/2 teaspoon hot red pepper flakes
- 2 bay leaves
- 6 sprigs parsley
- 6 sprigs fresh thyme or 1 tablespoon dried
- 10 peppercorns
- salt to taste
- 1/2 cup grated nutmeg
- vinaigrette sauce

**METHOD**
Cut the pork shoulder into large cubes and add the salt and pepper. Stir to blend. Cover and let refrigerate overnight. Drain the pork shoulder and add it to a kettle. Roll a few lengths of pork rind at a time and cut them into 2-inch lengths. Add them to the kettle. Add the warm sauce and vegetables, and finally the dessert of cold dishes, salads, and pâtés, next a hot buffet of meats and vegetables, and finally the dessert.
Built to take almost anything you can dish out.

exclusive 9-Year Service Contract on its incredibly able interior.
ber nine years and millions of dollars of research and elopment we can make this unprecedented promise: n addition to the General Electric warranty, if the maTuf tub or door liner should fail to contain water due manufacturing defect—such as cracking, peeling, peeling rusting within the nine (9)-year con- act period (ending ten years from rehase date), General Electric ll repair or replace the tub or or WITHOUT CHARGE for her PARTS or LABOR unless lure is due to misuse or abuse. This Service Contract applies to hwashers with PermaTuf tub d door liner installed and re- ned for home use within the 48 utigious states or the District of lumbia. Not applicable to aska, Hawaii, Virgin Islands, iam, American Samoa, Canal me or Puerto Rico.
us a full 30-Day Money-Back arranty.
your Potscrubber ll, 950 or 65, dishwasher from a partici- ting dealer in the 48 states or .C. and give it normal care. If ou are not completely satisfied nd you'll be the judge, notify the aler from whom you purchased te dishwasher within 30 days and resent your certificate. He will ke it back and refund the money.

It can even save you energy.
GE has a Rinse and Hold Cycle that rinses loose soil from partial loads and lets you postpone turning on your dishwasher till you have a full load.

Besides this, the Potscrubber ll Dishwasher has a Power Saver Drying Option. When you press the “Heat Off” button, the dishes dry naturally by their residual heat.

A few words about sound and space.
The Potscrubber ll Dishwasher is remarkably quiet, thanks to its glass fiber insulation.
It's also got a door opening that's a full 3½ inches larger than some competitive models. Even with all its space, it will fit right in where your old dishwasher was.

And because you sometimes have very tall glasses to wash in the top rack or very large platters to wash in the bottom one, there's a Dial-A-Level Rack which can be adjusted up or down.

GE Servicemen don't like to keep a lady waiting.
When you buy GE, you get Customer Care® Service. Our pledge that wherever you are, or go, in the 48 contiguous states, you will find a qualified GE serviceman nearby. Should you ever need one.

Accept Good Housekeeping's "strict editorial judgment" for Potscrubber ll dishwasher performance.
They gave it their Consumers' "Limited Warranty Seal."

It will help you out of some tough scrapes.
Before you put in your baked-on pots and pans, just tip off the larger scraps. There's no pre-rinsing or pre-scraping at all. A Soft Food Disposer pulverizes the remaining scraps and flushes them away.
And the GE Potscrubber ll Dishwasher will clean them thoroughly, even with a full load.

And take advantage of a special limited time offer. This historic pewter plate free when you buy your 950 or 1050 Potscrubber II from your GE dealer.
9¾ inches in diameter, a bicen- tennial collector's item, a limited edition registered by serial number with International Silver Company. With a retail value of $75.
But hurry. This special offer from General Electric is limited.
6 great holiday desserts
and menus they would end with a smile

PEKING ORANGES

INGREDIENTS
4 large navel oranges
1 cup water
2 cups sugar
pinch of cream of tartar
1/4 cup orange Curacao or other orange-flavored liqueur

METHOD
Peel the oranges leaving white pith on the oranges. Cut peel into very fine julienne strips. In a saucepan, heat the water and dissolve sugar in it. Add cream of tartar and orange peel. Bring to a boil and simmer until thick. Be careful not to overcook or the syrup will carmelize. Take off fire and add liqueur. Chill.

Peel oranges again with a sharp knife removing all white pith. Slice in rounds. Arrange on a pretty dish and spoon syrup and julienned orange peel over orange slices. Serves 4-6.

SWEETMEATS

INGREDIENTS
1 cup butter
2 cups plus 2 tablespoons flour
3 cups dark brown sugar
4 eggs, beaten
1 cup coconut, grated
2 cups pecans, chopped
granulated sugar

METHOD
Heat oven to 375°. For the base, cream the butter, 2 cups flour and 2 cups brown sugar together until smooth. For the topping, mix carefully the remaining brown sugar, eggs, 2 tablespoons flour, coconut, and pecans. Pour this over the previous mixture and spoon into a 15-by-10-inch baking sheet and bake for 20 minutes. For the sauce, mix 1 cup sugar and run under the broiler until the mixture is coarse and dry. Add remaining brown sugar, eggs, 2 cups all-purpose flour, and 1/2 cup cold butter. Pour into a 15-by-10-inch baking sheet and bake for 15 minutes. Mince pies can be kept for several days covered with foil and warmed to serve. Serves 6.

CREME BRULEE

INGREDIENTS
4 egg yolks
1/4 cup granulated sugar
1 1/3 cups heavy cream
praline powder or light brown sugar
METHOD
In a mixing bowl beat the egg yolks and sugar gradually, beat for 3 or 4 minutes. In a heavy saucepan heat the cream to almost a rolling boil. Pour into the egg mixture and blend in. Fold in half and place on top of a hot water bath and poach until tender, about 20 minutes. Pour into a 10-inch tartlet pan. Cool in the refrigerator. To serve, sprinkle with praline powder or light brown sugar. Serves 4.

BASIC SHORT PASTRY

INGREDIENTS
2 cups all-purpose flour
pinch of salt
3 tablespoons cold butter
vegetable shortening
1/2 cup cold butter
3 tablespoons cold water, approximately
METHOD
Sift the flour and salt into a mixing bowl. Break up the cold butter into the bowl. Add shortening and mix. Break up the cold water. Add to the flour mixture. Mix until a ball forms. Roll out pastry to about 1/4 inch thick. Fit into tins pressing edges. Prick all over with fork. Bake 15-20 minutes. Dust pastry top with sugar while still hot. Serve while still warm. Mince pies can be kept for several days covered with foil and warmed to serve. Serves 6.
**MENUS**

Poached Capon with Sauce Suprême
Carrots à la Viého
Green Salad
Mince Pies

Mushrooms à la Grecque
Braised Jerusalem Artichokes
Saltimbocca
Fresh Pea Purée
Salad Harlequin
Crème Brûlée
Salad Romano
Roast Beltsville Turkey with Oyster Stuffing
Braised Celery
Glazed Grapes

**PICORN PUDDING**

**INGREDIENTS**
- 1 cup sweet butter
- 1 cup brown sugar
- 3 eggs, lightly beaten
- 1 heaping tablespoon raspberry jam
- 1 cup flour
- 1 teaspoon baking soda

**METHOD**

Cream the butter and sugar. Add in eggs and jam. In a large bowl, sift together the flour and baking soda and fold in the jam mixture. Pour the mixture into a 1-quart steaming mold and steam for at least 2 hours or longer. The pudding can be served warm over hot water for up to 2 hours. Serve hot with raspberry Hard Sauce. It is also delicious cold. Serves 6-8.

**RASPBERRY HARD SAUCE**

**INGREDIENTS**
- 1 cup confectioners' sugar
- 1 cup butter, softened
- 1 tablespoon raspberry jam
- 1 teaspoon lemon juice

**METHOD**

Mix the sugar into softened butter and fold into the jam mixture. Pour the mixture into a 1-quart steaming mold and steam for at least 2 hours or longer. The pudding can be served warm over hot water for up to 2 hours. Serve hot with raspberry Hard Sauce. It is also delicious cold. Serves 6-8.

**Voilà!**

Special Introductory Offer

Elegant new pattern in Oneida Community Stainless

The French have a way of saying, "Wow! Fantastic! Elegant! Surprising!" all in one word, "Voilà!" We feel this is the most exciting pattern we have ever offered our coupon savers. Inspired by French design and in Oneida Community quality, it's appropriate on a full gourmet table or with a Continental breakfast of delicate croissants. Or, choose one of our other lovely patterns: Early American Patrick Henry, Traditional Brahms or Chatelaine, Mediterranean Via Roma, Scandinavian Vinland or Spanish Isabella. This is a wonderful opportunity to start a set to suit your taste now at special savings.

**Betty Crocker**

You'd expect to pay at least twice as much in stores for a 5 pc. place setting of this quality. Begin your service now with savings from this special introductory offer, then add to it from time to time with individual pieces from open stock at additional savings with Betty Crocker's Coupons. You'll find the coupons on more than 175 General Mills' products, including Big "G" cereals, Betty Crocker dessert mixes, dinner mixes, potato products and Gold Medal Flour. With your order we'll also send you our catalog.

If you're not completely satisfied, return your order within 10 days and your money will be refunded. Offer expires January 16, 1976.

General Mills, Inc.
Box 239

Minneapolis, Minnesota 55440

Enclose $4.50 (CHECK OR MONEY ORDER) for a 5-piece place setting in the pattern checked below:
- Voilà
- Brahms
- Isabella
- P. Henry
- Vintage
- Via Roma
- Chatelaine

Name ____________________________________________________________

Address ____________________________________________________________________________

City __________________________ State __________ Zip

Limit: One place setting per family, please. Zip code required. Offer good while supplies last.

November, 1975
A delicious crusty wreath rings a Brie for a great new look to bread cheese. Cut them together in easy-to-serve wedges. Bake two wreaths a round pâté, wine, and a green salad and you have great quick food for cocktails or a buffet.

**Crusty bread wreaths to circ a cheese or pâté**

These beautiful crusty bread wreaths can be used to circle a variety of party foods and give a festive look to any holiday buffet. Made from Bolillos, a Mexican dough that makes a crusty, crunchy bread, the wreaths can be used to circle cheeses, from Brie to Edam; pâtes and mousses of chicken, liver, or salmon, or even a bountiful mound of sliced hot sausage to make the most irresistible party food.

Judy Glazer, who teaches bread- and pastry-making from her kitchen in Dallas, fashions these wreaths with the skill of an artist, which, incidentally, she is. She also makes exquisite bread rolls, a bunch of grapes (see page 92), a clutch of asparagus, a little mound of peas in their pods. These breads can be made ahead and frozen to serve later or allowed to dry out and varnished for holiday ornaments.

**BOLILLOS**
(Mexican hard-roll dough)

**INGREDIENTS**
- 2 cups water
- 1 1/2 tablespoons sugar
- 1 tablespoon sea salt
- 1 rounded tablespoon dry yeast
- 6 cups or 29-30 ounces unsifted, unleached, hard wheat flour, weighed
- 1 teaspoon cornstarch dissolved in 1/2 cup water

**METHOD**

In a small saucepan combine water, sugar, and salt and stir to dissolve. Add butter and heat mixture slowly to 115° on a thermometer.

Pour mixture into a mixing bowl, add yeast, and allow to stand a few minutes until bubbly. Stir to dissolve yeast completely. Add flour to bowl and knead for about 10 minutes or until dough is velvety smooth. Grease a large bowl, add dough and turn dough over to grease top. Cover with plastic wrap and let rise in a warm place until dough has almost doubled in size (about 1 1/2 hours).

**METHOD FOR MAKING WREATHS**

- Punch dough down to release air bubbles and turn out onto a floured board. Cut off a lump of dough weighing 34 ounces; roll out dough on a floured sheet and place in the center of dough on sheet encircling pan. 2. Carefully place pan in the center of dough on the outside. Place braided dough on sheet encircling pan. Trim ends as neatly as possible. Use a drop of water to stick together.

To make bow: Roll out 4 oz. of dough into a strip 28 inches long and 1/2 inch in diameter, shape bow, and roll 1/2 oz. of dough into a strip 6 inches long, 1/2 thick, and 1/2 inch wide. Wrap tightly around the middle of bow and shape and panel ends together securely. Place bow on the wreath to cover joined ends.

Cover and allow to rise almost doubled in size, about 10 minutes.

In a saucepan dissolve starch-water mixture and heat to boiling. Cool mixture slightly and brush wreath with glaze.

To bake in a 375° oven for 3 minutes or until golden brown. Cool on a rack. To freeze, wrap the bread securely in either plastic or foil heat in a 350° oven for 20 minutes or until bread is warm. Cool on a rack.

**CHICKEN LIVER MOUSSE**
(from Donald Bruce White, a caterer in New York)

**INGREDIENTS**
- 1 pound chicken livers
- 1/2 medium onion, minced
- 1 clove garlic, crushed
- 1 ounce Madeira
- 1 1/2 cups chicken livers
- 1/2 medium onion, minced
- 1 clove garlic, crushed
- 1 ounce Madeira

1. Judy Glazer, left, oils pans and cookie sheets with a pastry brush before baking wreaths. 2. Carefully weighed, measured, and rolled-out dough is braided on the counter. 3. The braid is wrapped around a pan on a cookie sheet to hold its shape correctly during baking; the edges joined securely with a little water. 4. With an artist brush, Mrs. Glazer glazes wreath.
These bread wreaths freeze beautifully wrapped well in plastic and then in foam. Reheat straight from the freezer in a 350° oven for 20 minutes.

These bread wreaths freeze beautifully wrapped well in plastic and then in foam. Reheat straight from the freezer in a 350° oven for 20 minutes.

**COLD SALMON MOUSSE WITH DILL**

**from Judy Glazer**

**INGREDIENTS**

- 1 tablespoon gelatin
- 1/4 cup dry vermouth
- 1/4 cup chicken stock
- 4 cups cooked salmon, chilled
- 2 teaspoons tomato paste
- 1 tablespoon grated onion
- 1 teaspoon paprika
- 1 1/2 teaspoons sea salt
- 1 tablespoon lemon juice
- dash of Tabasco
- 1/2 cup heavy cream, lightly whipped
dill mayonnaise
fresh dill

**METHOD**

Oil a round stainless steel mold 6-8 inches in diameter. In a bowl soften gelatin in wine for 5 minutes. In a small saucepan bring chicken stock to simmer, stir in softened gelatin, and set gelatin mixture over hot water and stir until it starts to thicken and set. Stir mixture until it starts to thicken and set in cream. Pour into mold, cover with plastic wrap, and refrigerate for at least 2 hours or until firm. Unmold on platter and place wreath on top. Serve with dill mayonnaise and fresh dill.

**COLD SALMON MOUSSE WITH DILL**

**from Judy Glazer**

**INGREDIENTS**

- 1 tablespoon gelatin
- 1/4 cup dry vermouth
- 1/4 cup chicken stock
- 4 cups cooked salmon, chilled
- 2 teaspoons tomato paste
- 1 tablespoon grated onion
- 1 teaspoon paprika
- 1 1/2 teaspoons sea salt
- 1 tablespoon lemon juice
- dash of Tabasco
- 1/2 cup heavy cream, lightly whipped
dill mayonnaise
fresh dill

**METHOD**

Oil a round stainless steel mold 6-8 inches in diameter. In a bowl soften gelatin in wine for 5 minutes. In a small saucepan bring chicken stock to simmer, stir in softened gelatin, and set gelatin mixture over hot water and stir until it starts to thicken and set. Stir mixture until it starts to thicken and set in cream. Pour into mold, cover with plastic wrap, and refrigerate for at least 2 hours or until firm. Unmold on platter and place wreath on top. Serve with dill mayonnaise and fresh dill.

---

A teaspoon of lemon juice. Or was it a tablespoon? A dash of this. Or was it a dash of that? The Bloody Mary. It has as many tastes as it has recipes.

But the Bloody Thomas. Ah, the Bloody Thomas. Easy to make. Zesty to taste. 3 parts of Snap-E-Tom, the Mexican tomato cocktail made with green chiles and other good things. And one part vodka, ice and stir, of course.

And then that first, cold, spicy sip. And you'll know why there's only one way to make a Bloody Thomas and only one way to describe it's taste. Delicious.

**Bloody Thomas. The best Bloody Mary you'll ever taste.**
Serve **fresh fruits**, partially frozen to give them a little crunch. Pick grapes, strawberries, cherries—perhaps, splash with a little Tuaca, an Italian demi-sec liqueur.

Take a scoop of **orange or lime sherbet**, make a dent in the top with a spoon and pour in a little Sabra, a chocolate-flavored orange liqueur.

Add a little Kahola to a **zabaglione** in place of the traditional Marsala for a delicate hint of coffee.

**Chilled poached pears** are delicious served with a slightly sweetened whipped cream flavored with an orange liqueur, Grand Marnier, Cointreau, or Sabra.

Scrape the flesh from a large **Spanish melon** into balls and toss with 3 tablespoons of anisette and 3 tablespoons of confections' sugar. Serve chilled.

Before you place the pastry on an **apple pie** sprinkle a tablespoon or two of Leroux Apple Flavored Brandy over the apples. Serve a glass of the brandy on the-rocks with a stick of cinnamon as you serve the pie.

Add a hint of liqueur to a mixture of chilled fresh fruits. In a glass bowl arrange a variety of melon balls, fingers of fresh pineapple, orange sections, strawberries, and raspberries. Dust lightly with confections' sugar and sprinkle with 2 tablespoons of Grand Marnier, Leroux Kirschswasser, Kirsch.

Add a little Cheri-Suisse or Vandymerk to **vanilla ice cream** in a blender and whirl briefly to froth. Serve in a parfait glass.

Zip up a **commercial mince meat** for little tarts with 4 tablespoons of Myers's rum.

Marinate **seedless grapes** in green Izarra; spoon over an unmolded coeur à la crème and flame.

**Stir a tablespoon of Amaretto di Sarono into a container of vanilla yogurt.** Serve sprinkled with shivered toasted almonds. A little Amaretto is lovely added to a simple custard too.

Blend a versatile **liqueur butter.** Mash a stick of butter together with a little orange, almond, or cherry liqueur. If you wish add a little honey, sugar, grated orange or lime peel. Serve spread lightly on dessert crepes or on French toast and broil until the top is crusty.

Add a little white Izarra butter to a mug of boiling water, top up with a little brandy for a **warming winter drink.**

**Dip sliced bananas in a batter flavored with a little Leroux Banana Liqueur and deep fry for two minutes for golden banana fritters.**

**Zip up a baked apple** by filling the cored center with maple syrup, cloves, and a little Tuaca or Arrow's Creme de Almond.

**Give an almond flavor to a fresh cherry sorbet** by adding a couple of tablespoons of Amaretto di Sarono to the egg whites as you fold them in.

Serve a **cold omelette** spiced with a little red currant jelly and a little cassis-flavored whipped cream.

Add a little Grand Marnier to your **pumpkin pie filling.**

For a quick **Poire Hélène** put vanilla ice cream between a poached pear and pour on it a little chocolate-flavored Marn Suisse.

Before you roll up a **chocolat roll** sprinkle a little Kahola on or the mocha-flavored Marn Suisse.

**Toss mixed cantaloupe and honeydew melon balls with a little sugar and a little crème menthe.** Chill for several hours and serve topped with sprigs of mint.

Steam prunes in Amaretto di Sarono in the refrigerator for 2 or 3 days. When ready to serve, remove prunes and chop. Fold prunes into stiffly beaten whipped cream.

**For a quick raspberry sherbet** purée a package of defrosted frozen raspberries with 1 tablespoon of confectioners' sugar and pour into the freezing tray. Freeze.

**Give a fillip to ice cream.** To butter pecan with a little anisette banana with Kahola; lemon sherbet or pistachio ice cream with crème de menthe; raspberry or strawberry sherbet with white crème de menthe.

**Flavor a sour cream** with Tav or any liqueur you like and serve with mixed fresh fruits.

**Soak squares of sponge or angel food cake** in a liqueur you like and serve with sweetened whipped cream.

---

**Quick desserts sparked with liqueurs**

---

**Swing-a-way is not only the “BEST” can opener you can buy, but one you can afford as well.**

**Back to basics.** In today's economy, people are looking more and more for products that do the job—really perform. They demand quality and value. Our answer is the Swing-A-Way Portable.

**Superbuy.** Swing-A-Way is the practical, back-to-basics can opener that makes sense for today. It's still reasonably priced. Just $2.98 retail. It's durable. Guaranteed 5-years—built to last twice as long. And it saves energy (and repair bills) because it's non-electric.

**Darn smart.** If you're willing to use just a little of your own energy, we guarantee that Swing-A-Way will outperform and outlast any electric around. At one-fifth the cost and five-times the guarantee. Think about it. It's your money.

**Extra quality.** This easy-to-use, always dependable, gear-driven Swing-A-Way Portable is the #1 selling, quality manual can opener. The quality is so outstanding NASA selected it to be the first can opener in space aboard Skylab.

---

**Swing-A-Way Manufacturing Co., St. Louis, Missouri 63116**

---

**We're in a lot of good hands.**

---

**At one-fifth the cost and five-times the guarantee.** Think about it. It's your money.
How to find party help

continued from page 98

in the foil over to enclose each
piece, and top with a layer of dill. Repeat the
cress with other 2 slabs of
non. Cover top with dill and
the foil over to enclose each
kage. Place a weight, such as
weighted chopping board, on
h and refrigerate at least 48
urs. Serve thinly sliced like
baked salmon with mustard
ice. Makes 2 whole gravlaks.

The new Early American collection from Case gives
you a beautiful feeling of the good old days. And it lets you
enjoy the same painstaking craftsmanship that Case has been
putting into knives for more than a century.

For example, we put at least 75 hand operations in each
one of Case's nine Early Americans. Notice how the rang
extends the full length of the handle for extra strength. And

Something old is something new.
Stanley Tigerman:
reaching the same height as the
house. The ground is to be seeded
with rye. "In about 10 years' time
it will look like it's 100 years old."
The apple orchard garden calls
for some pruning and spraying.
otherwise little in the way of main-
tenance. And, of course, it's fruit-
ful. The family not only enjoys a
marvelous cycle of changes, they
can get involved in picking the
delicious things to eat with produce
from their own yard.
Cost: Year-old saplings about
$4. Two-year-old trees about $8.50.

William Morgan:
sea oats, dune grass — and takes
care of itself, essential in the Mor-
gan household, as this family pre-
ers active sports, sailing, swim-
mong, fishing, to gardening. "Any
wind-driven sand on the decks can
simply be swept below into the
juniper bed," adds Mr. Morgan.
"Everything had to be practical.
The bed also provides a natural
point for lighting, so we can enjoy
the garden at night."
Earth gardens can be dug in
almost any territory. They do re-
quire space though—for instance
10 feet of flat land is needed
to make a 5-foot peak. And care
should be taken if any trees exist
in the area—oaks for example are
very affected by changes of grade
near their bases.
Cost: Trees, planting, earth mov-
ing $1000. Decking: $687 for
wood and nails (construction done
by the family). Seaside plants cost
nothing, taken from the beach and
transplanted.

Michael Graves:
"There are times," continues
Mr. Graves, "when you want to
have the sense of being protected
and not being out in the wilderness,
and other moments when just the
opposite is true. A garden should
respond to both moods."
Cost: Japanese maples (or simi-
lar potted trees) or six specimen pot
plants at $50 per plant.

Paul Rudolph:
automatic watering system, a hose
arranged rather precisely using
redwood two-by-fours, provides
spouts of water which in them-\n
selves are attractive and create the
equivalent of a fountain when the
vegetables are gone.

Hugh Newell Jacobsen:
is set into the lawn. The level grass
extends to a stone wall, perh
100 years old, which was on
property and goes up and do
the valley straight as a string. "I
wall is very much part of the
doors of that region and it w
have been wrong to knock
down anything.

Beyond the wall is the meade
really as it was before, but full
daisies. "We found out that if y
plant different varieties at the ri
time for that particular seed, y
can have daisies flowering from
early March right through Dece-
ber. Now the meadow has to
grass, with little winding trails th
children love to play about in."
To enjoy the garden at night
concealed uplights are placed be-
neath all the trees, as well as dow
lights over the windows of th
house. These cast an amount
light outside, equal to that insid
"so you avoid reflections on win-
dows and the big black void. Th
interior space flows into the gar
and becomes one."
The gravel court in front of th
entrance is planted with a sing
row of American lindens on eith
side.
Cost: Earth moving, $2 a cubi
foot (included in construction
costs). Grass seed: $25 per 100
square feet. Daisy seed: $20
American lindens: $150 each fo
one 12 to 14 feet high.

Electric cars
continued from page 38

B & Z ELECTRIC CAR,
1418 West 17th St., Long Beach
Cal. 90813
CORBIN-GENTRY, INC.,
40 Maple St., Somersville, Conn.
06072
ELCAR CORP.,
2118 By-Pass Rd., Elkhart, Ind.
46514
ELECTRIC FUEL PROPULSION CORP.,
Robbins Executive Park East,
2191 Elliott Ave., Troy, Mich.
48084
ELECTRIC VEHICLE ASSOCIATES,
6374 Fry Rd., Brook Park, Ohio
44142
ELECTRIC VEHICLE ENGINEERING,
P.O. Box 1, Lexington, Mass.
02173
LINEAR ALPHA CORP.,
P.O. Box 591, Skokie, Ill. 60076
MCKEE ENGINEERING CORP.,
411 West Colfax St., Palatine, Ill.
60067
SEBRING-VANGUARD INC.,
P.O. Box 1963, Sebring, Fla.
33870
C. H. WATERMAN INDUSTRIES,
01331
If you don't have time to cook

continued from page 99

up on canned vegetables and fruits from the supermarket that can be quickly converted into vegetables à la Grecque or vinaigrette, salads and fruit compotes. If you aren't having too many guests, some of the frozen foreign dishes can be jazzed up with a few judicious additions, but play it smart and count the cost per serving.

Instant parties go with inexpensive wines. Look in your local liquor store, or for good buys in American and imported jug wines and the lesser-known wines that are now flowing in from all parts of the wine-growing world. Many menus are better with beer; anyway—German food, charcuterie, Mexican, Indian, and Indonesian food or anything in the hot-and-spicy category.

ITALIAN SUPPER

Antipasto

Misteone with grated Parmesan Cheese or Lasagne

Bread

Strawberries in Red Wine with Amaretti

Cannoli

Wine: Chianti or

ITALIAN BREAD

Dolomites (stuffed vine leaves), spanakopita (spinach pie), taramosalata (cod-roe dip), and moussaka are usually standard items on the menu of any Greek restaurant. The appetizers can be eaten cold and the moussaka improves with reheating. Kourabiedes is a cookie sold in Greek bakeries, but if you can't find it substitute any type of small almond cookie.

Your own touches: Slice huge ripe beefsteak tomatoes and ar-

Continued on next page

If you walk can keep your heart healthy

We realize that normal people lead sedentary lives should regularly each day, as fast as able, for anything from 20 to an hour. The fastest people can walk is 4½ miles an hour, and you are not making a demand. But 2 or 3 miles like every day will counteract the effects of a sedentary life.

If you have no time to walk much, or nowhere to walk, try walking upstairs instead. Rather that walking uses up calories, too. Here are some examples, for a person who walks 3½ miles per hour—a good brisk walking pace:

1 hamburger [350 calories] takes 60 minutes to walk off; 1 glass of beer [113 calories] takes 22 minutes; 1 large apple [100 calories] takes 10 minutes; 1 fried egg [110 calories] takes 21 minutes; 1 malted milk shake [502 calories] takes 95 minutes!

And remember, if you don't walk, these calories will simply pile up. Incidentally walking into your daily life. Your heart will reap the benefit.”

New and exciting city walks

MILWAUKEE

Down town Milwaukee (Milwaukee American Revolution Bicentennial Commission, $2.45 publication price)—seven walking tours of the city based on historic landmarks, published in November.

NEW ORLEANS

The Pelican Guide to New Orleans ($2.95) by Thomas K. Griffin—touring one of America's most beautiful cities.

The House in the Bend of Bourbon Street (Pelican, $1.95) by Terry Fleisch—charming, child's walking tour of the French Quarter.

PORTLAND, ORE.

Portland Walking Tours—discovering Portland on foot, capture its history and its architecture with a group of volunteer guides. City Walk and Old Portland, both 2-hour walks, at $2.50 per person. Write for more information to Portland Walking Tours, P.O. Box 4322, Portland, Ore. 97208. Telephone (503) 221-1017.

DES MOINES

Walking Tours of Des Moines—walking tours of the areas of special historic interest, available from the Polk County Chamber of Commerce, 543 East High, Des Moines, Iowa 50309.

THE BEST COUNTRY WALKS

The following agencies can help you.

NATIONAL PARK SERVICE, Room 1013, Department of the Interior, Washington, D.C. 20240.

There are 360 national wildlife refuges in the U.S. with nature walks. Write to the above address, marking your envelope to the attention of Refuge Division, for a listing and map of the refuges. Then you can contact your local refuge for walks.

MAP INFORMATION SERVICE


Topographical maps are indispensable for walks off the beaten path and country rambles. Write to the above addresses for a map index to maps and instructions on how to order the ones you want.

If you walk can keep your heart healthy

Since sidewalks, so you do not have to walk at all. We readers realize that normal people lead sedentary lives should regularly each day, as fast as able, for anything from 20 to an hour. The fastest people can walk is 4½ miles an hour, and you are not making a demand. But 2 or 3 miles like every day will counteract the effects of a sedentary life.

If you have no time to walk much, or nowhere to walk, try walking upstairs instead. Rather that walking uses up calories, too. Here are some examples, for a person who walks 3½ miles per hour—a good brisk walking pace:

1 hamburger [350 calories] takes 60 minutes to walk off; 1 glass of beer [113 calories] takes 22 minutes; 1 large apple [100 calories] takes 10 minutes; 1 fried egg [110 calories] takes 21 minutes; 1 malted milk shake [502 calories] takes 95 minutes!

And remember, if you don't walk, these calories will simply pile up. Incidentally walking into your daily life. Your heart will reap the benefit.”

New and exciting city walks

MILWAUKEE

Down town Milwaukee (Milwaukee American Revolution Bicentennial Commission, $2.45 publication price)—seven walking tours of the city based on historic landmarks, published in November.

NEW ORLEANS

The Pelican Guide to New Orleans ($2.95) by Thomas K. Griffin—touring one of America's most beautiful cities.

The House in the Bend of Bourbon Street (Pelican, $1.95) by Terry Fleisch—charming, child's walking tour of the French Quarter.

PORTLAND, ORE.

Portland Walking Tours—discovering Portland on foot, capture its history and its architecture with a group of volunteer guides. City Walk and Old Portland, both 2-hour walks, at $2.50 per person. Write for more information to Portland Walking Tours, P.O. Box 4322, Portland, Ore. 97208. Telephone (503) 221-1017.

DES MOINES

Walking Tours of Des Moines—walking tours of the areas of special historic interest, available from the Polk County Chamber of Commerce, 543 East High, Des Moines, Iowa 50309.

THE BEST COUNTRY WALKS

The following agencies can help you.

NATIONAL PARK SERVICE, Room 1013, Department of the Interior, Washington, D.C. 20240.

There are 360 national wildlife refuges in the U.S. with nature walks. Write to the above address, marking your envelope to the attention of Refuge Division, for a listing and map of the refuges. Then you can contact your local refuge for walks.

MAP INFORMATION SERVICE


Topographical maps are indispensable for walks off the beaten path and country rambles. Write to the above addresses for a map index to maps and instructions on how to order the ones you want.

If you walk can keep your heart healthy

Since sidewalks, so you do not have to walk at all. We readers realize that normal people lead sedentary lives should regularly each day, as fast as able, for anything from 20 to an hour. The fastest people can walk is 4½ miles an hour, and you are not making a demand. But 2 or 3 miles like every day will counteract the effects of a sedentary life.

If you have no time to walk much, or nowhere to walk, try walking upstairs instead. Rather that walking uses up calories, too. Here are some examples, for a person who walks 3½ miles per hour—a good brisk walking pace:

1 hamburger [350 calories] takes 60 minutes to walk off; 1 glass of beer [113 calories] takes 22 minutes; 1 large apple [100 calories] takes 10 minutes; 1 fried egg [110 calories] takes 21 minutes; 1 malted milk shake [502 calories] takes 95 minutes!

And remember, if you don't walk, these calories will simply pile up. Incidentally walking into your daily life. Your heart will reap the benefit.”

New and exciting city walks

MILWAUKEE

Down town Milwaukee (Milwaukee American Revolution Bicentennial Commission, $2.45 publication price)—seven walking tours of the city based on historic landmarks, published in November.

NEW ORLEANS

The Pelican Guide to New Orleans ($2.95) by Thomas K. Griffin—touring one of America's most beautiful cities.

The House in the Bend of Bourbon Street (Pelican, $1.95) by Terry Fleisch—charming, child's walking tour of the French Quarter.

PORTLAND, ORE.

Portland Walking Tours—discovering Portland on foot, capture its history and its architecture with a group of volunteer guides. City Walk and Old Portland, both 2-hour walks, at $2.50 per person. Write for more information to Portland Walking Tours, P.O. Box 4322, Portland, Ore. 97208. Telephone (503) 221-1017.

DES MOINES

Walking Tours of Des Moines—walking tours of the areas of special historic interest, available from the Polk County Chamber of Commerce, 543 East High, Des Moines, Iowa 50309.
For your sausage selection, shop the supermarket and delicatessen cold-cut counter, and the ethnic stores. Pick mostly ready-to-eat types that need only to be sliced, plus one uncooked type (Polish kielbasa, Italian cotechino, Portuguese linguica) to poach, slice, and serve hot. Sausages are economical food. Teamed with bread they are very filling and a little goes a long way. You may, if you like, eliminate the more expensive ham or pate. Arrange the meats and cheeses on big boards with slicing knives and let the guests help themselves. Have Dijon and German mustards, hot English mustard, and if you can find it in your local specialty-food shop or department-store food section the marvelous French moutarde de Meaux that contains cracked peppercorns. Have Dijon and German mustards, hot English mustard, and if you can find it in your local specialty-food shop or department-store food section the marvelous French moutarde de Meaux that contains cracked mustard seeds.

**CHINESE DINNER**

Bean Sprout Salad
Moo Goo Gai Pan
Beef with Snow Peas
Spareribs with Black Bean Sauce
Sweet and Sour Fish
Chicken with Walnuts and Cashews
Mixed Vegetables
Rice
Mandarin Oranges and Litchis
Fortune Cookies

To drink: green tea

You’ll have to check the selection of take-out dishes at your local Chinese restaurant as these differ according to the size of the restaurant and the scope of the menu but this will give you some guidelines. Chinese food is the least expensive restaurant dining, provided you keep away from expensive foods like shark’s fin, abalone, and other herbs available in the markets, such as tarragon, basil, or thyme. Most pastry shops make open-faced apple tart or apple strudel, or you can buy frozen strudel.

**FRIED CHICKEN DINNER**

Fried Chicken in a Basket
Remoulade, Andalou, or Horseradish Sauce
Watercress
Finger Sandwiches of Pita, Tomato, Cucumber, and Basil
Cheesecake with Black and Green Grapes or Canned or Fresh Pineapple Fingers with Dark Rum

Wine: a lightly chilled red Beaujolais, Cote du Rhone, or California Zinfandel

In any part of the country you can pick up a fried chicken dinner at the nearest franchise. Even fast-food has rated the chicken acceptable to good, but the accommodations leave something to be desired. With very little effort you can produce something more interesting and palatable.

For dessert, drain and combine canned mandarin oranges and little bit of sour cream. Sprinkle with crumbled feta cheese, and dress with a sharp vinaigrette sauce with a touch of horseradish (to 2 cups mayonnaise, add 1 tablespoon Dijon mustard, 2 tablespoons each chopped gherkins, capers, Fennel, fresh lemon or— if dried, use 1 teaspoon—a minced garlic clove, and a touch of anchovy paste); Andalou.se (to 2 cups mayonnaise, add 1/2 cup thick tomato sauce or tomato puree, 1/2 sweet red pepper, finely chopped, and water thins, chopped chives; or horseradish and served cold. Add to taste).

For the dessert, drain the syrup from canned figs and dilute with orange juice, 1 teaspoon Worcestershire sauce, and horseradish to taste. Serve with a selection of cheeses, crackers, and bread slathered with softly spreadable savory condiments such as garlic-flavored vinaigrette sauce—or buy a buy a basket of figs at the delicatessen and add sliced chile and garlic to it. A cream cheese and fruit parfait with lime- or lemon-flavored cream cheese and frozen fruits is a neat little gift for the most serene and beautiful Christmas parties possible. Rates start at over $3,000 excluding airfare. Call (212) 751-2300.

**TACO DINNER**

**Bowl of Fillings:** shredded chicken, pork; chopped chorizo sausage; chopped tucce; cooked ground beef, or cheddar and seeded tomato; cubed Mexican bread; shredded cabbage or chopped or sliced chilled corn;

**Taco Sauces**
Guacamol
Sour Cream and Chopped Blas Olives

**Ranch Salad**
Cream Cheese and Fruit Potted (quince, guava, mango) with Saltine Crackers

To drink: beer

Tacos are rivaling pizza as America’s favorite snack food, particularly in the Western states. If you aren’t in a taco-stand country, the supermarket will supply a frozen taco dinner consisting of the shell, seasoning mix for the filling, and a taco sauce. You can buy fresh or canned taco shells in a Spanish-American grocery or specialty food shop (if canned type can be mail-ordered if you have no nearby stores). Heat the tortillas in the oven or fry them in oil until brown. Add fillings to taste, fold over, serve with taco sauces, guacamol, and, traditional but delicious sour cream and chopped chile on the side.

With tacos you might have ranch salad of drained canned re turned kidney beans, white beans, an chick peas combined with chopped onion, peeled, seeded, and chopped chiles, and finely chopped beef or chicken, with a garlic-flavored vinaigrette sauce—or buy a buy a basket of figs at the delicatessen and add sliced chile and garlic to it. A cream cheese and fruit parfait with lime- or lemon-flavored cream cheese and frozen fruits is a neat little gift for the most serene and beautiful Christmas parties possible. Rates start at over $3,000 excluding airfare. Call (212) 751-2300.

**Offbeat cruises**

continued from page 16

through the Caribbean that leaves Miami December 12. They call it a Film Festival at Sea. Rates start at $3610. (212) 760-3800

Here’s one of the most dramatic presents you could give yourself or someone else. Join Lindblad Travel’s ship, The Explorer, for a month-long venture from New York November 28 to Buenos Aires, then train to the coast and begin the voyage south to the white continent where until recently only explorers and scientists have been. The ship is to visit ice�ng islands and icebergs, seeing penguin rookeries, elephant seal, albatrosses, rare geologic formations. Spend Christmas Day in Paradise Bay for one of the most serene and beautiful Christmas parties possible. Rates start at over $3,000 excluding airfare. Call (212) 751-2300.
We guarantee your complete satisfaction in every respect ... or your money back!

Every year folks write to tell us how pleased their friends are with gifts from Harry and David. Our "secret'? It's the personal touch that's part of every gift we make. Harry and I grow our own fruit, bake our own cakes, put up our own preserves — even make our own baskets. If you could see the care with which our gifts are put together, you'd know why the quality is guaranteed.

Every one of our gifts is custom-made and packed by hand. Folks who won't settle for less know they can rely on Harry and me for gifts that are in perfect taste — and delivered to the right place, at the right time, in perfect condition. We guarantee it: you, and those to whom you send Harry and David gifts, must be completely satisfied in every respect, or we will promptly send a replacement gift or refund your money, whichever you prefer.

We do all the wrapping, addressing, even ship with your personal greetings at no extra cost — and get your gifts in the mail at the right time, whether it's one gift or 1,000. And you'll enjoy a wonderful carefree Christmas — basking in showers of thanks for months to come!

EASY TO ORDER Use the order blanks at right, or just send us your list. Enclose check or money order (no C.O.D.'s please). Tell us how to sign your greetings for each gift. All prices include delivery.

Send your orders to:

Harry and David
Box 501-J
Medford, Oregon 97501
SHOPPING AROUND

WITH AUDREY NICHOLS

ORDER MERCHANDISE BY WRITING DIRECTLY TO SHOPS. ENCLOSE CHECK OR MONEY ORDER.
ADD SALES TAX WHERE APPLICABLE.
ANY UNUSED ITEM (NOT PERSONALIZED) MAY BE RETURNED BY INSURED MAIL FOR REFUND.
ALLOW FOUR WEEKS FOR DELIVERY.

CHRISTMAS EVE
Wallhanging to create with embroidery stitches.
Red, green, white, gold, pink on blue ground.

PATCHWORK TREE
Merry red and green gingham Christmas tree ready to hang on wall, door, mantel this season and many to come.
Beautifully made by skilled Blue Ridge Mt. craftsmen. All new washable cotton 34" h. by 18¾" wide with fluffy 3" thickness. $20 plus $1.50 post. Blue Ridge Cottage Industries, Inc., HG11, Box 125-A, Banner Elk, NC 28604.

CLEAR GAME
Tic-Tac-Toe, the game for quick minds that originated with Persian Potentates. Up-dated in smoke gray acrylic with crystal clear X's and O's, it doubles as a contemporary art form.
Board is 6¼" by 6¼". Set, $4.98; two sets, $9.50 plus 95c post. Ferry House, HG-755, Briarcliff Manor, NY 10510.

PERSONALIZED SOLID BRASS ORNAMENTS!
Lillian Vernon designs of gleamy-polished lifetime solid brass, American-crafted and custom-engraved!

LILIAN VERNON
Dept. GNT, 510 S. Fulton Ave., Mt. Vernon, NY. 10550

HOUSE & GARDENS
VEDISH CUSTOM
Jcia" welcomes the feast-day of St. clia with candle-top evergreen crown, lili wood, hand-painted blond braids, bons. Without candles, 6½" h. including five candles $14.98 plus 50c s/h. Extra candles, pkg. 24, $1 plus 50c s/h. post. Lillian Vernon, GNE, 510 Fulton Ave., Mt. Vernon, NY 10550.

WICKER WONDERLAND
ELEPHANT HAMPER
Round, firm and c.in be fully packed 'to toys, laundry, wastebasket. Also avali; as a panda or an owl. Handwovcn in natr rattan, 32" H X 17" D. $18.95.

TIFFANY LAMP
Beautifully handwoven of naturall rattan. Completely wired on off switch. 9 ft. rattan chain & bracket. Shade is 10" dia. x 9". Use up to 100 watt bulb. $99.95 plus $1.50 post.

SEND 25¢ FOR NEW 511 PAGE CATALOG

RESCUE CARPETS FROM ACCIDENTS
For a PETS
This is the complete set of scientific sprays—guaranteed effective & safe—that removes stains & odors forever. Carpet Rescue Kit saves carpets from pet accidents & stubborn stains. Each kit contains two 8 oz. non-aero- sol sprays: Spray "A" permanently removes stains, and Spray "B" destroys all odors from carpeting, upholstery, kitchen areas, litter boxes. Must work safely & completely or your money back. (Kits exclusively ot Spray "A" or "B" avail) Send ck. or M.O. Kit $6.50 or $11.00 post. Save $2: Order Two Kits $13.99 (we pay post.) American Century 135 So. La Brea, Dept. 1115 Box 36232, Los Angeles, Calif. 90036

American Century

PARISIAN FLAIR

Graceful Leap
An illusion of motion, the dolphin vaults through a gleaming loop. White porcelain Disque, black base. 11¾" h. $99.50 plus $1.50 post. Hildegarde's, HG1 1, 597 Farmington Ave., Hartford, CT 06105.

Graceful Leap

Initial Bracelets
IMPORTED FROM ITALY
Genuine leather with golden snap-on fastener. One size fits all. Colors: green, red, tobacco brown. $8.95 plus $1.50 postage and handling.

P.O. BOX 1041, ST. THOMAS U.S. VIRGIN ISLANDS 00801 (Write for free mail order booklet)

PANORAMA ORBIT WATCHES
NEW DESIGN TINKLES LIKE A JEWEL
Floating red orbit second hand. White Face with red, white, blue, green, black, yellow or braun border and matching wrist- band. Swiss made, fully 2 year guaranteed. $14.95 incl. Air Mail post send at once. Swiss Fair & Co. Box 3404, St. Thomas, U.S.V.I. 00801

Initial Bracelets

Rescue Carpets from Accidents
Cat Paw Stamp
Use this life-sized rubber stamp on stationery, T-shirts, greeting cards, gift wrap, etc. Make posters, decorate furniture, bedroom, dorm or office. Quality stamp works with standard black ink pad. Great Christmas & birthday gifts! $2.95 each, 2 for $4.95. Postage incl.

Cat Paw Stamp

Rescue Carpets from Accidents

Panorama Orbit Watches

Panorama Orbit Watches
EARLY AMERICAN SCENES come to life in easy to-do cross stitch samplers. Each kit includes stamped natural Belgian linen, bright colored floss, and simple instructions. Framed size 10" X 10".

Red Barn Kit (shown) $1.95
Little Red Schoolhouse Kit $1.95
Covered Bridge Kit $1.95
Old Mill Kit $1.95
Lighthouse Kit $1.95
Spirit of 76 Kit $1.95
Minute Man Kit $1.95

WOOD frame, 10" x 10", mahog. finish $1.50
WOOD frame, 10" x 10", maple finish $1.50

PLUS iOi POSTAGE & HANDLING

VICTORIA GIFTS
12-H Water St., Bryn Mawr. Pa. 19010

NEEDLEPOINT NEWS
The only magazine devoted exclusively to needlepoint.
If you're interested in needlepoint, this bi-monthly magazine is for you. Every issue is full of interesting. helpful features:
- Stitch of the Month •
- New Ways to Use Needlepoint •
- Museum Needlepoint •
- Guest Designers •
- Book Reviews •
- Helpful Hints
Be a more creative needlepointer!
Every issue has lots of new ideas, new techniques, and fun projects.
FREE PATTERNS IN EVERY ISSUE
Needlepoint News
[3xplTL, Box 668, Evanston, Illinois 60204
Please send me Needlepoint News. Payment enclosed for one year in USA, $6.00. Canada, $7.00.
Name
Address

HANDMADE PATCHWORK TABLECLOTH
Handmade patchwork in Early American prints. 4" square, with calico border matching reversible side . . . choice of basic red, brown, blue, green, yellow or black. Machine washable . . . no-iron. Please enclose check or money order. Add $1 postage. Send for free brochure. 52" x 52" $25.00. 52" x 72" $35.00. Calico Napkins to match border. 16" square . . . . . . . . . . . . . . . . . . . . . . . . . $1.50 ea.
The Pumpkin Patch
Pumpkin Hollow Rd., R. D. #1, Dept. 16
Gl. Barrington, Ill., 60010

MODERN STANDARD COLOR PHONE
For your extra phone, the modern standard is a late model equipped with a standard cord and plug ready for instant use. Phones rebuilt. Choose white, ivory, green, red, yellow, blue. $23.95

OPERATES LIKE NO OTHER LOCK . . .
Cleverly concealed second key-hole. Easily opened if you know the secret. Highly polished handcast brass with 92% chromed steel shackle. A great lock. A great conversation piece. 3½" x 2½" x 7½" $12.00 (Plus .50 Shipping)

Napoleon Gallery
535 St. Louis Street
New Orleans, La. 70130

FOR SUMPTUOUS SERVING, A RICH STERLING FORK AND SPOON, EACH 11½" LONG. LILY-WHITING SET COMBINES ORNATE BAROQUE MOTIFS WITH CLASSIC SHELL DESIGN. STERLING EXAMPLES OF GORHAM'S FINE CRAFTSMANSHIP, $125.00 ppd. Julius Goodman & Son, HGl 1, 113 Madison Ave., P.O. Box 3195, Memphis, TN 38103.

SHOPPING AROUND
ON THE BALL
A kit for the holiday tree is the petitpoint poinsettia ornament for the at-home stitcher. Red poinsettia is in dark green foliage on both sides of a white satin ball. Kit for 3" dia. ball, $3.80; 6" dia., $10.85. Ppd. Catalogue with 250 original kits, $1.75. Cracker Box, HG 11, Pt. Pleasant, PA 18950.

LETTER PERFECT
Children will love to see their names in colorful water-color animal shapes. 9" by 12", matted, up to eight letters, $4.95; more letters, ea. 50c. Entire alphabet, capitals or small letters matted, 14" by 18", $10.95. Add $1.25 post. Laura's Loveables®, Dept. 1175, Box 7381, Las Vegas, NV 89101.

ELEGANCE
For sumptuous serving, a rich sterling fork and spoon, each 11½" long. Lily-Whiting set combines ornate baroque motifs with classic shell design. Sterling examples of Gorham's fine craftsmanship, $125.00 ppd. Julius Goodman & Son, HG 1, 113 Madison Ave., P.O. Box 3195, Memphis, TN 38103.

DANCE, BALLERINA
She'll arabesque in frothy glory when she wears shimmering ballerina outfit all in pink. Satin top is trimmed with glitter while back has built-in stretch to grow with her for perfect long-time fit. Even sizes 4-14. $7.98 plus $1.50 post. Catalogue, 50c. House of Minnel, Dept. 5115B, Deerpath Rd., Batavia, IL 60510.

DANCE, BALLERINA
She'll arabesque in frothy glory when she wears shimmering ballerina outfit all in pink. Satin top is trimmed with glitter while back has built-in stretch to grow with her for perfect long-time fit. Even sizes 4-14. $7.98 plus $1.50 post. Catalogue, 50c. House of Minnel, Dept. 5115B, Deerpath Rd., Batavia, IL 60510.
DOMESTIC LEGION

SMART STACKABLES
Tiny tables with the Chinese lock add Oriental drama to a decorating scheme. They’re in pretty tortoise-toned burned bamboo. The largest size is 6” h., 9” w., 9” d.; they stack to store. Set of four in graduated sizes, $20 plus $1.90 post. Elizabeth McCaffrey, HG11, Northport, NY 11768.

LOTUS BLOSSOM

PERSONALIZED
For skiing or sailing, a dashing heavy orlon cap that loves active sports. A name is sewn in—perhaps the yacht, the person under the hat, or the beloved sport. Cap is navy; letters (up to 10) are white or gold (specify). $13.95 ppd. Catalogue, 50c. Pat Baird Ship’s Wheel, Inc., Dept. HGY5, Nottingham Sq. Rd., Epping, NH 03042.

SNOOPY
Christmas Plate
The epitome of Peanutsdom must be this porcelain, 7" plate for 1975 with Woodstock in his Santa outfit balancing on Snoopy’s nose. Add this limited edition to your family treasures. $12.50 plus $1.25 postage. No COD’s please. Send 25¢ for catalog. Pa. res. add 6%. POSTAMATIC CO., Lafayette Hill, HG1125, Penn. 19444

P A K K S
ORGANIZER
The “CARRYALL for Needlepoint & Embroidery
Made of beautiful softly padded fabrics, this lap palette holds everything including 20” x 20” canvas. Folds flat with positive slip-lock handle—marvelous for traveling. Patchwork, Stripes, Florals, Plaids, Bandanas, Gingham. Please indicate second choice. Accessories not included. $14.00 postpaid USA WV residents add 3% tax.
P.O. Box 1553 • Parkersburg, WV 26101

UNIQUE FRENCH DESIGN
THE RADIATEUR ISOWELL ELECTRIC
with maximum heating surface in a compact size
Solid, uniform, unobtrusive. Suits any decor. Will blend into any color scheme. Provides healthy, agreeable warmth by combining natural convection with radiant heat. Features:
• Solid steel construction and baked epoxy finish
• Beige color with dark brown panels.
• Precision thermostat.
• All mounting accessories and casters for portability included.
• Full year warranty.
500 watt. 24” x 18” x 2¾”—$74.00
1000 watt. 24” x 36” x 2¾”—$84.00
Applies to standard house service 120 volts. To order, write: INDELCO, LTD., P.O. BOX 53 • GLASTONBURY, CT 06033

VERO SPECIAL STOCKINGS
For a sunbonnet girl or a strawhat boy in quilted calico & gingham for that very special child or someone you love.
$5.95 + $1.25 postage from: The Amalfiula Tree Ltd., 223 Katonah Ave., Katonah, New York 10536
NY State Residents Add 5%
AUTHENTIC COPY

BRIGHT EYES
If you give a hoot about style accents, try wearing a 3 1/2" owl pendant. In gold-finish metal with simulated topaz eyes, or silver finish with lapis blue eyes. Matching adjustable rope chain, 21" l. $5.95. Bonnie Sue Gifts, HG11, P.O. Box 253, Oceanside, NY 11772.

ENLIGHTENING PEN
By daylight, a nifty ballpoint—but whack it into darkness and it shines! Chrome-plated satin finish pen comes with penlite battery and refill. Great for jotting middle-of-the-night brainstorm, $5.98 plus 40c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

COMFORT IN CORKY
Casual to wear outdoors or at home. Uppers of softest patent with 2" cork wedges, cushioned insoles and crepe soles. Black, white, bone, red. Sizes 4-12 in N, M and W. $11.95; over 10 sizes $1 extra. Add 90c post. Sowear Shoes, HG11, 1711 Main, Houston, TX 77002.

HERITAGE RECORD
American history can be personalized with a decorative chart for inserting family data along a "time line" of our bicentennial past. When filled in, chart will be treasured by all the family. $2 post. El Kamas Enterprises, HG11, 7th flr., El Camino Bank Bldg., Anaheim, CA 92805.

Home Slicer saves money
Save dollars on your food budget. Slice fruit, vegetable, meat bread cheese. Buy in bulk and save. Deluxe electric model $64.95. Home Slicer, 9063 San Fernando Road Sun Valley, CA 91352.
50 PIECE SET... PISTOL-HANDLED FLATWARE OF 1776... Reproduced as authentic replicas in satin finish stainless

NOT $44.95! NOT $34.95! ONLY $22.95!

our home can reflect the candlelight appeal and gracious atmosphere of Early American Colonial elegance when you grace your table with its incredibly beautiful service. Through a special purchase, we can offer you the famous Pistol-Handled Flatware with all its stunning Colonial simplicity in magnificent, satin finish stainless steel at just a fraction of what you would pay for luxurious Sterling Silver. Each and every piece is a masterpiece of authenticity—an exquisite replica of the famous Paul Revere settings that highlighted many a candlelit Colonial dinner. The knives are the genuine hollow pistol grip handles; the forks are the graceful 3-tined design. And the entire 50-Piece Set is made of modern stainless steel, to give you years of carefree service.

LIMITED SUPPLY AVAILABLE AT THIS VERY SPECIAL LOW, LOW PRICE

Don't be disappointed! Take advantage of this amazing low price while our supplies last. Order now and we'll send you the complete service for 8 including 8 Pistol Grip Hollow Handle Knives; 8 Dinner Forks; 8 Salad Forks; 8 Soup Spoons; 16 Teaspoons PLUS a SPECIAL FREE GIFT of a matching Butter Knife and Sugar Spoon—50 pieces in all. The entire set is yours for just $22.95 on full money back guarantee if you are not absolutely delighted. But don't delay. Due to the rising cost of quality stainless steel, the price of this set will be increased in the very near future. Take advantage of our truly low price while current supplies last. Mail coupon today!
The way to select ORIENTAL RUGS is to examine them in your own home. Rare antique, inexpensive antique, semi-antique, and new rugs in antique designs. Each moderately priced.

CHINESE BAMBOO
Set of three CHINESE BAMBOO drinks, to display a favorite big plant. Looking for. Tortoise toned strips of around the room as needed, to serve bamboo form tops; legs are made from Largest table 14" h. x 14" sq.; 10 1/2" Dept. HG-12CB, Norwalk, N.Y. 11768

LIMITED EDITION
LINTON TWEEDS
Exclusive British LINTON TWEEDS
First time ever offer — superb tweeds as supplied to the Couture houses of the world — available at Mill prices

CHINESE DIAMONDS
For sale by America's foremost authority and expert on Oriental rugs, and largest exclusive itealer in natural, untreated rugs.

TRADITIONAL PAIR
Like the kings of old, you can give frankincense and myrrh at Christmas. Rough-hewn redwood canisters, 5" high, with cork stoppers contain a good supply of both aromatic resins. Set, descriptive folder, $3.99 plus 50c post. Abbey Gifts, Dept. 273, St. Meinrad, IN 47577.

CALICO RUFFLE

OLD ST. NICK
Thomas Nast's famous rendition of good old Santa reproduced in color on two sizes of banded pearly glass ball. In a see-through gift box, too, 3 1/2" dia $2.95. Beloved "Night Before Christmas" book, $2. Add 25c post. ea. Downs, Dept. 1411V, Evanston, IL 60204.

DO IT YOURSELF

HOCUS-POCUS
Easy-to-follow tips on how to become an expert on sleight of hand card tricks. Fascinating hobby for you, fun for your family and friends. 84 card tricks, while away time. $1.49 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

GENUINE DIAMOND
"In Ice" $22.50 GENUINE DIAMOND frozen in crystal. Wear Lucite "Ice Cubes". Suspended on fine Gold filled chain. $22.50. GENUINE ORIENTAL JADE canisters, 5" high, beautifully gift boxed. Rustic my beautifully gift boxed jewelry. Pp原谅. Genuine, full cut diamonds set in brilliant Sterling Silver on an elegant Gold filled or Sterling Silver chain.

"In Ice" $22.50 GENUINE DIAMOND frozen in crystal. Wear Lucite "Ice Cubes". Suspended on fine Gold filled chain.

GENUINE JADE
Green Jade GENUINE JADE Green Jade Jadeite carved jade pin with gold filled chain or a gold filled 24" Jade bead necklace.

"In Ice" $22.50 GENUINE DIAMOND frozen in crystal. Wear Lucite "Ice Cubes". Suspended on fine Gold filled chain.

GENUINE DIAMONDS
"In Ice" $22.50 GENUINE DIAMOND frozen in crystal. Wear Lucite "Ice Cubes". Suspended on fine Gold filled chain.
Everything You Need in One Kit

CAN

November, 1975

In national magazines say the plan effective to a full fledged European Health Spa. In- they say the program turns your own bath beauty program, instructions showing you exactly the proper way to use it.

Only Minutes A Day

a matter of days you'll have a younger, more glamorous looking body without "revenge" dieting, rigorous exercise or rve-shattering pills. And, you achieve this miracle in the privacy of your own home, for tiny fraction of what it would cost to attend a European beauty salon.

Everything You Need In One Kit

hen you mail the coupon, we will send you the Loofah Pad, complete Cellulite kit will be rushed to you just minutes a day.

Sensual European Ladies Swear By It

ey say the program turns your own bath to a full fledged European Health Spa. International magazines say the plan effective-

CELLULITE is fatty deposits that have gone astray and are clinging to the most obvious parts of the woman's body. If left unattended, they create "turkey wattles," sagging jaw lines, flabby upper arms, ugly thighs, crocodile skin.

So send the coupon now. You have nothing to lose but your embarrassing bumps. The complete Cellulite kit will be rushed to you by return mail. Use it for 10 days. You must be positively delighted with the results, or return the proof of purchase slip for a full refund — no questions asked. Remember, this program is not available in stores anywhere.

READ WHAT WORLD RENOWNED AUTHORITIES SAY ABOUT CELLULITE:

Famous Health Magazine

"During my residence in Paris, I was intrigued by the loofah, which, except in Europe, was not yet so much in vogue. The accompanying tag declared it excellent for cellulite, or peau d'orange — skin of an orange."

"I asked the pharmacist for an explanation of peau d'orange. He described the condition and the loofah, he said, was part of the massaging action needed to help break down and dissolve the fat accumulations."

A Best Selling Book On Cellulite

"Surface friction brings nourishments to the skin. Wet or dry, the friction rub is equally effective."

"Aside from helping to break down cellulite bulges, the dry friction rub leaves the skin so smooth that practically every Frenchwoman includes it as part of her daily beauty routine."

The Fascinating Story of LOOFAH

Loofah belongs to the cucumber family and originated in India about 2000 years ago.

About 500 years ago, a Korean king, So-chong the Great, ordered his men to find a sponge strong enough to cleanse his body but gentle enough not to scratch his skin. It did not take very long for his men to find SUSEMI (Korean name for loofah). He finally ordered loofah to become the royal bath sponge. The Japanese and Europeans later adopted it.

Many doctors recommend loofah for its ability to stimulate the skin while the juice of loofah soothes the body.

MAIL NO-RISK COUPON

AMERICAN CONSUMER, Dept. LU-55
Caroline Rd., Philadelphia, PA 19176

Yes, I would like to discover your secret way to shed ugly cellulite in just minutes a day. Please send the wonder Loofah Pad, along with easy instructions and program for its most effective use. I enclose $3.98 plus 50c postage for each Loofah Pad and Program ordered. If I am not totally delighted with the results, I may return the Loofah Program after 10 days use for full and complete refund, no questions asked.

SAVE! Order 2 for only $6.98

Amount enclosed: ____________________________

Check or money order, no COD's please.

CHARGE IT: (check one) Exp. Date

BankAmericard ☐ American Express ☐

Master Charge ☐ Card No. ____________________________

BANK NUMBER ____________________________

Address

City

State

Zip

© 1975 ACI

155

AT LAST! THE AMAZING ORIENTAL PLANT "HAT HELPS WIPE AWAY UGLY CELLULITE IN JUST MINUTES A DAY!

nothing can banish ugly cellulite bumps except this treatment. Diets alone can't do it. Exercise alone can't do it. Even surgery can't do it.

Luminous European beauties have cher-
THE COVER-UP PAPERBACK BOOK STAND
makes paperback reading easy


$4.95 each; 2 for $9.50 plus 50c postage & handling

LEONA ENTERPRISES, Dept. HG115
507 Fifth Avenue, New York, N.Y. 10017

THE RHODE ISLAND BIRD FEEDER

Both decorative and functional—a perfect gift
Hangs anywhere on or in groupings
Impact and weather resistant in soft transparent acrylic
Arrives ready to hang for years of birdwatching

M-2 13" tall $13
M-3 19" tall $17
M-4 24" tall $21
Matrix Incorporated
28 West Prospect, Brunswick, Maine 04011

TREAD LIGHTLY, TREAD SOFTLY
MALLOW WEDGES

Foot pockets on both Marshmellow wedges are on soft plant, and comfortable, they’re called Marshmellow. Treat your feet to a pair. From cushion insides, crepe outer soles, they come in white, sand, tan brown, navy, red, green and yellow. Sizes narrow 5 1/2-12. Medium 4-12. Wide 5-12.

$11.99 plus 35c post
Add $1.49 post for each additional pair

Morgan’s Cove

OWN NAME FOOTBALL JERSEY

Just like the pros... a football jersey of (18-20), or mens sizes, S(36), M(38-40), L(42-44).

Personalized with first or last name on front and back. Shown in brown, beige, gold; wicker side frames, lining, 11/4" by 12 1/2" by 7". $9.95 plus 85c post. Stitch ‘n Knit, HG615, Box 709, Framingham, MA 01701.

BIRD SONG

A musical perch for small pets adjusts to birds’ weight which triggers Swiss-movement music box for a pretty melody, shuts itself off. In 1 1/2" by 3 1/4" by 3/4" sturdy plastic house. $7.98 plus 50c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

PLANTS ALOFT

Hanging plant cradles are a solution to the arrangement of potted plants. Natural straps reinforced with cloth (pots not incl.). 3" to 4" pot, $1.95; 5" to 6" pot, $2.50; 7" to 9" pot, $2.95. Each $5.95. Pp’d American Vinyl Products, HG11, 1000 Towne Ave., Los Angeles, CA 90033.

HIGH SIGN

Instant recognition among pals happens when you’re wearing an emblem of a favorite beer atop jeans. Embroidered Coors sign on bold brass-plated belt buckle that snaps easily in place of old one. $5.98 plus 35c post. Holiday Gifts, Dept. 311-R, Wheat Ridge, CO 80033.

CHARMING SERIES

Each year one lovely ornament design, engraved and dated, is added. Now it’s a lantern and angelic little choir of solid brass, non-tarnishing, polished. 3¾" (Print names.) $1.98; six $9.98. Add 35c post. Lillian Vernon, GNE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

SHOPPING AROUND

CLEVER IDEA

Cane magazine rack works up quickly on plastic Fashion Ease canvas, no blocking. Kit includes unstamped canvas, acrylic yarns, brushes. $2.95. Add 35c post. Sash & Bow, HG11, 556 Mission St., San Francisco, CA 94105.

KRAFTY FISH CALLER

Fish scientists long ago established that fish respond to, and are lured by, the sounds of insects. The Krafty Fish Caller makes this sound that says “food” to fish. Simply immerse in water, and if there are fish within sound range, Krafty will bring them to your line. Works—everywhere—lakes, rivers, oceans.

Only $9.95 each.

Kraftive, Inc.
14 Berkshire Drive
Waterbury, Connecticut, 06704

MAYBE IT'S JUST SOMETHING IN THE WATER...

A musical perch for small pets

Adjusts to birds' weight

Snaps easily in place of old one

$7.98 plus 35c post

Kraftive, Inc.
14 Berkshire Drive
Waterbury, Connecticut, 06704

BIRD CALLER

A Musical perch for small pets

Adjusts to birds' weight

Snaps easily in place of old one

$7.98 plus 35c post

Kraftive, Inc.
14 Berkshire Drive
Waterbury, Connecticut, 06704

ELEGANT TIMING

Conquer the time-space continuum with this distinctive pendulum clock. In clearest acrylic and comfortable, they're called Marshmallows. Treat your feet to a pair. Foam cushion insoles, crepe outer soles, they come in narrow 51/2-12. Medium 4-12. Wide 5-12.

$54.95

Moore

KRAFTY FISH CALLER

Fish scientists long ago established that fish respond to, and are lured by, the sounds of insects. The Krafty Fish Caller makes this sound that says “food” to fish. Simply immerse in water, and if there are fish within sound range, Krafty will bring them to your line. Works—everywhere—lakes, rivers, oceans.

Only $9.95 each.

Ten day money back guarantee.

The Mooney's House
14 Berkshire Drive
Waterbury, Connecticut, 06704
"No wonder I’m smiling again—I did it without rigid dieting or complicated exercises!"

(Says happy Julie O’Brien)

Julie O’Brien used our safe college-tested natural way to lose inches and pounds in days—without the use of dangerous pills, diuretics, amphetamines, rigid dieting or complicated exercises—and she keeps it off with the Plan, without giving up a single food she loves!

Here are the 6 reasons why you, like Julie, can start looking years slimmer ... in 14 days ... if you use our "5’ Minute Body Shaper Plan right away!

1. It concentrates its slimming action on your fatty areas—waist, hips, upper thighs—that give you an aging look, because it works most of your muscles effectively. Not bulky like most other "effortless exercisers" are,

2. Simple to use. Attach it to any door knob, stretch out comfortably on the floor. Do one "5’ Minute continuous, rhythmic, enjoyable exercise, twice daily, whenever you have the time, even while watching TV.

3. Designed to slim fatty problem areas. Choose from 4 different "5’ Minute exercises, each created to help slim down the problem fatty deposit areas of your figure in 14 days.

4. No rigid dieting. We suggest you temporarily cut 20-30% until you reach your normal weight, without giving up any of the foods you love—eat Ice Cream, Cakes, Pasta, whatever! It’s all in the guide.

5. Safer and saves time. No more running to gym for complicated, exhausting workouts that can strain you. This simple "5’ Minute Plan, that you do at home, leaves you refreshed.

6. Weighs only 10 ounces. Fits any wallet size case. Stores anywhere. Travels with you so you never have to miss a slimming session. Remember, it’s the daily sessions that turn shape and fashion you a more youthful-looking figure.

"I saw and felt slimming results in the first 3 days,"

Julie O’Brien

May 5

Before

May 19

After

14 Days

Weight 125 lbs.

Weight 115 lbs.

Waist 33 1/2 in.

Waist 27 1/2 in.

Hips 37 in.

Hips 33 in.

Bustline 34 1/4 in.

Bustline 35 1/2 in.

 plan guaranteed

instant results

PROVEN AND NOTARIZED

UNCONDITIONAL

CASE #R-OR

1. I lost 7 1/2 lbs., 5 1/2 inches off my waist

2. I added 1 inch to my bustline in 14 days...

3. I lost 7 pounds and 2 1/2 inches off my waist in 14 days.

4. I lost 25 pounds, 5 inches off my waist in 14 days.

5. I lost 7 pounds and 2 1/2 inches off my waistline in 9 days.

57
The Photo Chest makes albums obsolete! $12.98

Many facets, many lives...Dishwasher safe plastic glasses
For pool, patio or those up-coming holiday buffets. Choose amber, lime, red, orange, and Polaroids. $2865 — Antique White
$2868 — Antique Brown
$2867 — Antique White
$2861 — Antique White & Mahogany

Send 75c post. & hdg. N.Y. res. add taxes
Dept. GN8, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

Plants
For 3 1/2 x 5" photos long, 3 1/2" high.

For 3 1/2 x 5" photos long, 3 1/2" high.

Send $2.00 for a sample of the many reproductions of George W. himself might have planted his peri-scope on a tripod base, early American wigs stand like this one of mahogany or fruitwood finish. Complete with waterproof cache pot, 12" dia. 14" base, 36%" h. $79.95 plus $6 post. Magnolia Hall, HG11, 1726 Andover, Atlanta, GA 30327.

The Photo Chest makes albums obsolete! All the materials for knotting hanging plant holder come in an extra heavy jute kit with instructions. Included are jute, brass rings, decorative stoneware beads, dowel. Sizes 15" by 70". $11.95 ppd. Ideal indoors or outdoors. Tumbleweed, HG11-E, Box 80358, Los Angeles, CA 90080.

TOP TOTE
The brown bag is off to school with the youngsters these days, and teens consider it a kicky carrier, too. 8" by 12". Brown canvas with black braided handle and black lettering, and waterproof lining. $5 ppd. Little Things, HG11, Box 5557, Akron, OH 44313.

OPTIC OPERA AIDS
Folding opera glasses. Slip into handbag or pocket. Sports fans, theater buffs, ballet bugs love them. Makes balcony seats seem like first-row center! Chrome plated, 2 1/2 by 25 m/m. $4.98 plus 50c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

TRAVEL COMPANION
Pet carrier with rustproof screening all around avoids that closed-in feeling. Inside: wall-to-wall carpeting! Pet carrier of pressed wood, three sizes: 9" x 16" x 12", $19; medium, 12" x 18" x 13", $28; 16" x 16" x 20", $38. Ppd. Turen, Inc., PO-11, 2 Cottage Ave., Danvers, MA 01923.

CATHY RIGBY
"I LOVE GYMNASTICS" WRIST WATCH
Featuring Cathy Rigby in her famous Olympic rose red, white, and blue braided metal dial with a striped wrist band, sweep second hand & 90 day guarantee from the manufacturer. Gift card included. Support future participants in GYMNASTICS. A biography of Cathy Rigby is gift card enclosed. Support future participants in the Olympics through SCATS, a non-profit organization.

$22.00 Complete incl. Past & Hdg. Calif. res add 6% sales tax
Send checks or money orders to SOUTHERN CALIF. ACRO TEAM, INC. P.O. Box 14388, Long Beach, Calif. 90814.

THE HOUSES OF SAN FRANCISCO
Four different Monty Johnson original 11" x 14" black and white lithographs $5.00 each ppd. $11.00 set of 4

THE INKER
Contemporary Art Prints Box 75472 Oklahoma City, Okla. 73107

CATALOG OF PRINTS $2.50

SOUTH CALIFORNIA GREENHOUSES

The World of Stitch 'n Knit

Ferns

SEND $2.00 FOR 100 PAGE CATALOG OF "TIMELESS FURNITURE MADE ONLY BY FORSLUND'S"

The Mary Lou Comstock yarn stand shown below is just a sample of the many reproductions of Timeless Furniture made by Forslund Yarn stand — $34.99 prepaid

Carl Forslund Fibers and Dyecraft

PLANT POST
George W. himself might have planted his peri-scope on a tripod base, early American wigs stand like this one of mahogany or fruitwood finish. Complete with waterproof cache pot, 12" dia. 14" base, 36%" h. $79.95 plus $6 post. Magnolia Hall, HG11, 1726 Andover, Atlanta, GA 30327.

MACRAME KIT
All the materials for knotting hanging plant holder come in an extra heavy jute kit with instructions. Included are jute, brass rings, decorative stoneware beads, dowel. Sizes 15" by 70". $11.95 ppd. Ideal indoors or outdoors. Tumbleweed, HG11-E, Box 80358, Los Angeles, CA 90080.

TOP TOTE
The brown bag is off to school with the youngsters these days, and teens consider it a kicky carrier, too. 8" by 12". Brown canvas with black braided handle and black lettering, and waterproof lining. $5 ppd. Little Things, HG11, Box 5557, Akron, OH 44313.

OPTIC OPERA AIDS
Folding opera glasses. Slip into handbag or pocket. Sports fans, theater buffs, ballet bugs love them. Makes balcony seats seem like first-row center! Chrome plated, 2 1/2 by 25 m/m. $4.98 plus 50c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

TRAVEL COMPANION
Pet carrier with rustproof screening all around avoids that closed-in feeling. Inside: wall-to-wall carpeting! Pet carrier of pressed wood, three sizes: 9" x 16" x 12", $19; medium, 12" x 18" x 13", $28; 16" x 16" x 20", $38. Ppd. Turen, Inc., PO-11, 2 Cottage Ave., Danvers, MA 01923.

CATHY RIGBY
"I LOVE GYMNASTICS" WRIST WATCH
Featuring Cathy Rigby in her famous Olympic pose. A striking red, white, and blue braided metal dial with a striped wrist band, sweep second hand & 90 day guarantee from the manufacturer. Gift card included. Support future participants in GYMNASTICS. A biography of Cathy Rigby is gift card enclosed. Support future participants in the Olympics through SCATS, a non-profit organization.

$22.00 Complete incl. Past & Hdg. Calif. res. add 6% sales tax
Send checks or money orders to SOUTHERN CALIF. ACRO TEAM, INC. P.O. Box 14388, Long Beach, Calif. 90814.
Talking ‘Patty Prayer’ Doll

now I lay me down to sleep...

Kneels and says her bedtime prayer

Nothing to wind up—no string to pull.
Whatever you want her to she says

“Now I lay me down to sleep,
I pray the Lord my soul to keep.
If I should die before I wake,
I pray the Lord my soul to take.
God bless Mommy . . . and Daddy,
and make me a good girl, Amen.”

Makes a beautiful gift!

Just press her tummy and Patty recites the entire children's bedtime prayer in her precious childlike voice. Almost 20 inches tall, she's soft and lovable and dressed in a silken nylon nightie. Under the nightie her body and arms are cloth covered foam. Hands and head are soft washable vinyl—her beautiful lifelike hair can be combed and styled. Patty’s delightful voice comes from a miniature record player in her tummy. Open the zipper on her back to turn the record over and she sings "Brother John"! Operates on a single penlight battery (included). Money back refund if you (and your favorite little girl) are not perfectly delighted.

$9.95

- ALMOST 20 INCHES TALL
- SOFT, CUDDLY AND LIFELIKE
- REVERSE THE RECORD AND PATTY SINGS "BROTHER JOHN."

NIRESK INDUSTRIES
210 S. Desplaines St., Chicago, Illinois 60606

Please indicate on coupon your choice of A or B above

MONEY-BACK GUARANTEE

NIRESK Dept. MAD-24, 210 S. Desplaines St., Chicago, Ill. 60606

Please rush on money back guarantee talking Patty Prayer Dolls at $9.95 each plus $2 each for postage, handling and insurance.

I enclose $ . Shop COD I enclose $2.00 deposit.

Name
Address
City
State Zip Code

(III. residents please add 5% Sales Tax)

Save $2.90. Order 2 Patty Prayer Dolls for only $17 plus $2.00 Postage.

NOVEMBER, 1975
solid sterling silver zodiac rings!


LILIAN VERNON
Dept. HG-15, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550
Satisfaction always guaranteed

DOCTOR AND DOLL

Sculpture version of the famed Saturday Evening Post cover of March 9, 1929, by Norman Rockwell, illustrious Stockbridge resident. The scene comes to life in hand-painted porcelain figure, 10¾" h. $68 ppp. Catalogue $1.50. The Hodge Podge, HG-11, Stockbridge, MA 01262.

CLASSIC BOW

Like the shirtwaist and a string of pearls, the bow pump is always right. Flat broad bow of fine grosgrain is its hallmark. Black, brown or navy calf or all black silk. Sizes AAA in 7 to 9; AA, 6 to 10; B, 4 to 11. $3.60 a pair plus $1 post. Sea Gift Shoe Tree, HG-11, Sea Gift, N.Y. 08750.

SUPER CLUTCH

Not only does smart clutch have a wrist handle, it has three compartments to keep everything tidy. Waterproof vinyl, B½" by 10½" by 3½". White and red, sand and red, yellow and red or blue and white. $10 plus 60c post. Mr. Tennis, HG-11, Box 6906, Grosse Pointe, MI 48236.

MUM'S THE WORD

Playful youngsters — chatty teenagers — are discouraged from unsupervised use of the phone when it's under lock and key. Telephone lock is metal for sturdy protection. Two keys. $1.98 plus 20c post. Anthony Enterprises, HG-11, 55 Mission St., San Francisco, CA 94105.

SPRAY CLEAN

Applicator attaches to water hose so you rinse outside windows from safe ground level. Even works through screens! $3.98. Special soap powder dissolves in quart plastic container, shoots a jet stream when you reverse it. $1.09. Ppd. Spray Clean, HG-11, Box 474, Forest Park, GA 30090.

Beautiful Calendars to Enhance Your Home

DECORATING DATEBOOK '76

Through stunning color photographs, scaled layouts, and sketches, the nation's top interior decorators show how to make every room in your house truly distinctive. Weekly appointment calendar, 120 pp. $3.95 (plus 6" x 9", wire-O binding, $4.95. Order by mail today! Send check or money order, include 50c for calendar and postage and handling. (N.Y. State residents add sales tax.)

THE FOOD CALENDAR

Delight your family and guests with these delicious seasonal recipes, served up with a generous helping of anecdotes and historical tidbits. Weekly appointment calendar, 120 pages of color photos, 26 pp. of recipes, 6" x 9", wire-O binding, $4.95.
We’re looking for people to write children’s books.

by Francis Gemme

Learning to write and to sell.

This course will train you step-by-step from the writing of the opening sentence through the polishing of a finished manuscript. Yes, you will have completed a manuscript suitable for submission to a publisher when you finish this course. The success of this course has been demonstrated time and again by people who simply knew in their hearts that they could write in a way that would enrich children’s reading experiences.

Your own instructor.

Because writing is a very personal experience, we believe that the teaching of writing must also be personalized. That is why, in addition to writing materials, textbooks, instruction, and assignments, you will receive personal guidance on every lesson from your own instructor. The instructor chosen for you will be a professional writer who will remain with you throughout the course. He will show you how to use your personal feelings, experiences, imagination, and interests to write for children—in your spare time at home.

Work at your own pace.

A writing course is most effective when you can work at the time you feel most like working. With this course, there is no bell to end the class and no interruptions from other students. You and your instructor can work together at the pace most suitable for you. This flexible schedule allows more time for each student than is possible in a classroom situation.

You mail your completed work to your instructor who carefully reads and edits each assignment. He then writes you a personal letter explaining in detail his corrections and makes specific recommendations. You receive professional advice and guidance while you work where you want—when you want.

The rewards.

Although many writers of children’s books earn $10,000 to $15,000 and more a year, the benefits of a career in writing also include the challenge, the excitement, and the great satisfaction of doing something important with your life. When you complete this course, you will be a trained writer with a future. And what a future!

The market is enormous. Editors and publishers of children’s literature are searching for talented writers.

Last year, more than 3 million children’s books were published, producing total sales of over $70 million dollars! And over 250 periodicals for children published and a rapidly expanding children’s paperback market.

Writing is truly satisfying only when your work is published and, for writers of children’s literature, there have never been more publishers.

Will you take the first step?

You may be a teacher, be taking care of a home, or be a concerned grandparent. You may not even believe that you have the necessary background to become a successful writer. But, as an author, you will be judged solely on your ability to write—not on your age, sex, education, or previous writing experience.

For example, female authors appear on the best sellers list as frequently as do male authors and, in the field of children’s literature, there are as many female editors as there are male editors.

Free test.

To find qualified men and women with an aptitude for writing, the Faculty and Consultants of the Institute have prepared a special Aptitude Test. It is offered free of charge and will be evaluated at no charge to you by members of our staff.

If you want to be a writer, send in the coupon below for this free test and for a free brochure which fully describes the Institute, our course, our faculty, the current publishing market for children’s literature, and your new future. If you demonstrate an aptitude for writing, you will be eligible to enroll. Of course, there is no obligation.

Institute of Children’s Literature

40 West 29th Street, New York, N.Y.

Mr. Gemme, I am interested in your program to help new writers. Please send me your free brochure and aptitude test right away. I understand that I am under no obligation whatsoever and that no salesman will call.

Address

City

State

Institute of Children’s Literature

161
Known Round the World For Quality Shoes

SIZES 2-13AAAAA TO EEEEEE


610 S. Fulton Ave., Mt. Vernon, N.Y. 10550

VINTAGE RATTAN

Decorative and practical rack for five bottles of wine looks handsomely on sideboard or buffet or serving table. Rack is easy to carry and bottles are stored correctly to keep corks moist. 20" h., 10" w., 6" d. $12.95 plus $2 post. Fran's Basket House, HG 11, Rte. 10, Succasunna, N.J. 07876.

ELEGANT IDENTITY

There's no place like your front door for a solid brass name plate. Handsomely engraved in smart script letters on a 5" wide plate. Matching screws included. A perfect house gift that really shows some forethought. $5 each p/pd. Elgin Engraving Co., HG11, 944 Edwards Ave., Dundee, Ill. 60118.

ENGLISH HOLLY


NEEDLEPOINT HUMOR


FACE SAVER

Avoid breathing in hair spray or getting it in your eyes. A mask of clear plastic lets you see what you're doing while its triangular shape forms cover to protect face and makeup. $2.98 plus 45c post. Anthony Enterprises, HG11, 866 Mission St., San Francisco, CA 94105.

ALL THE LUCK YOU CAN HANDLE IN 14-KARAT GOLD PLATE

Our four-leaf clover is a 24-karat gold plated replica of the Florentine original. You can hang it over the door for luck or use it as a paper weight. On the back is the inscription, "One Leaf Is For Hope and One Is For Faith, And One Is For Love, You Know, And God Put Another In For Luck." Get one for you and several for gifts.

* Clover is a full 1/2 inches in diameter
* Comes in attractive gift box
* A favorite for Christmas giving
** Do Something Beautiful ***
*** ONLY $7.98 p/pd.
Satisfaction or Your Money Back

EDGA Imports
PO Box 4426
Fort Lauderdale, Florida 33304

WRITE FOR FREE COLOR BROCHURE

AUTHENTIC REPRODUCTION
18 CENTURY DUTCH CLOCKS

IMPORTED FROM HOLLAND

Beautiful, superbly hand-crafted Dutch clocks that will grace any home.

Our collection includes models from several regions of Holland.

The Van Gogh wall clock pictured is oak, hand-painted dial, handcasted brass ornaments, pendulum and weights counterpoised. Movement, cleaned on 60-day warranty. Price $297.50. No sales tax.

Dept. HG 11, 1876 South Broad Street, Trenton, New Jersey 08610. Satisfaction or Your Money Back.

** * Do Something Beautiful ***

EDGA Imports
PO Box 4426
Fort Lauderdale, Florida 33304

WRITE FOR FREE COLOR BROCHURE

LAVENDER OR ROSE POTPOURRI

Fragrant sachets of hand-blended flowers and herbs with essential oils. Sew into sachets for linen closets, clothes drawers, or pin to draperies, tuck into stationery box for scented stationery or just open the jar for freshening a room. A lovely Old-Fashioned gift. $6.95 each or both fragrances for $12.95.

NATURAL SCENTS, Box 12950
West State Road 40, Ocala, Fla. 32670

SOLBY BAYES
45 Winter Street (Dept. GR) Boston, Mass. 02108

PHOTO-GO-ROUND

genuine marcasites on a sterling ring!

Gold-filled "gems" of the giftory 20's, new again! Hand-cut, faceted to a silvery-doomed glasn—29 of them shines on a gorgeous rose motif!

Send Sterling Silver ring, superbly handcasted with genuine marcasites, to Robert C. Williams, New York, N.Y. 10016. $49.95 plus $2 postage.

** * Do Something Beautiful ***

SHOPPING AROUND

NEEDLEPOINT HUMOR

Satisfactory or Your Money Back

Trey Enterprises
Dept. C-H, 1676 South Broad Street, Trenton, New Jersey 08610
Invisible electronic beam projects the correct time on your ceiling in big, easy to read 3 inch numbers.

- Invisible beam has no glare to keep you awake
- Correct time is projected continuously on ceiling - or can be switched off
- Softly lighted dial face also shows correct time in conventional manner
- Pleasant but firm alarm buzzer
- Made in U.S.A. - Full one year factory warranty

Projects the Time on your Ceiling

$29.95 postpaid

See the time at a glance - from anywhere in the room - even in the dark!

At last someone has invented an alarm clock that clearly shows the time in the dark - WITH NO NIGHT-LIGHT GLARE TO KEEP YOU AWAKE! The latest word in modern timepieces, this new electronic alarm clock magically projects the correct time on your ceiling in big, easy to read, 3 inch digital numerals. Allows you to see the time in the dark from anywhere in the room, with just a glance at the ceiling. Time projector feature will run continuously, or you can switch it off if you prefer and tell the time from the conventional softly lighted dial face. Wakes you up with a firm but gentle alarm. No batteries, just plug it into any AC outlet. Full one year factory warranty. U.L. approved. Measures 3" deep X 6" wide X 6½" high.

A Great Gift Idea!

MONEY BACK GUARANTEE

ELECTRONICS INTERNATIONAL Dept. CH-17
210 South Desplaines Street, Chicago, Ill. 60606

Gentlemen: Please rush on money-back guarantee Electronic Ceiling Clocks at $29.95 each.

- [ ] I have enclosed $___ for one clock postpaid
- [ ] I have enclosed $1.00 deposit. Please rush one clock postpaid.
- [ ] Please rush one clock C.O.D. (Illinois residents please add 3% sales tax)

Name ____________________________

Address __________________________

City ____________________________ State ______ Zip ______

Acct. No. __________________________ Good Thru __________________________

Interbank No. __________________________

Mail to Electronics International, 210 S. Desplaines St., Chicago, Ill. 60606

YOU MAY CHARGE YOUR ORDER (Please print above your name)
NEW collectors' thimbles!

LILIAN VERNON

THE COOK BOOK
OF EMPTY PAGES

LILIAN VERNON

Dept. GN3, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

THE MULLER CO.

Dogwood Hollow Dept. HG11
Miller Place, N.Y. 11764

NON-SHOOTING REPLICA KENTUCKY RIFLE

Rifle only $19.00  6" Powder Horn $8.00 or save $2.00 ... BOTH FOR $25.00

ROYAL COPENHAGEN

HISTORIC STITCHING

Quiet Time

One of four original drawings by renowned artist, Virginia Hale. A limited edition of 750, signed, numbered, ready to frame. Sepia line on handsome art paper, 17" by 23". Print shown, $30 ppd.

Patriotic Plate

Rimmed in blue and centered by a double eagle, plate symbolizes our 200th birthday. Limited edition of 5,000; collector's plate by famous American maker is handcrafted Oxford bone china with golden eagle. 10 1/2" dia. Created for the Bicentennial. $150 plus $1.85 post. Downs, 14112, Evanston, IL 60204.
DUTCH TREAT
Handsome shelf clock from Holland is an authentic reproduction of an 18th century model. In solid walnut, clock has an eight-day brass movement, brass ornaments, hand casted; strikes on the half hour. 12" h., 7¾" w., 5¾" d. $179 ppd. Edga Imports, HG11, Box 4426, Ft. Lauderdale, FL 33304.

PASTORAL SCENE
Recapture the pleasures of the serene good old days with a "Once Upon a Summertime" plate. Reproduction of a painting by Lorraine Trester, known for her romantic style. In pastel colors with golden rim, porcelain plate is by Rosenthal 10" dia. A limited edition. $60 ppd. Commemorative Imports, HG11, Box D, Bayport, MN 55003.

LIBERTY BELLE
Patriotic 1976 rag doll is a reproduction of 1926 original which sold for $1, now a collector's item for $50. Miss Liberty Belle is 15" h. Silk screen version in Tricolor muslin. Each registered and stamped. $12.50 ppd. Doll and patchwork catalogue, 25c. The Hodge Poige, HG11, Stockbridge, MA 01262.

"CHRISTMAS CHILD" by
Sister Berta HUMMEL
$25.00 ppd.
III. res. add 5% tax

Get This LIMITED EDITION NOW
So beautifully decorated; so appealing it's bound to be very popular. TREIN'S can supply back issues in series. 1973 now selling for $75.00. Order early!

Bicentennial Bank
Historical attention in 1976 will focus on Independence Hall. Philadelphia, post-as it did in 1776, the year of our nation's great Centennial Celebration. This famous building was the site of the first public reading of the Declaration of Independence on July 8, 1776.

Our faithful replica in iron was first cast almost a hundred years ago by the Enterprise Manufacturing Company of Philadelphia - in 1876, in preparation for the Centennial celebration. It is truly one of the most massive and interesting still banks ever created, weighs almost eight pounds, and holds in modern coinage more than $500 worth of silver! The exterior dimensions are: Height, 16"; Length, 9"; and Depth, 8".

The Bicentennial Bank is constructed of eight heavy iron pieces, each one individually sand-cast in precisely the manner of the 1875 original. All pieces lock securely together with three nuts and bolts. The tower is removed by releasing one bolt for retrieving coins.

As a constant reminder of our country's struggle for independence, and as a valued keepsake to pass down from generation to generation, possibly appreciating in value through the years, the Bicentennial Bank will be a prized possession far beyond the value of the usual commemorative.

Delaware Valley Stamp Company
R.D.2, Gap, Pennsylvania 17527

Please send Bicentennial Banks at $30 each plus $1.50 postage. Pennsylvania residents add 6% sales tax.

I enclose 
Name ________________________
Address ________________________
City ____________________________
State ______ Zip ______

CELEBRATION SET for AMERICA'S 200th BIRTHDAY

Shade is colorfully decorated, bronze-tone replica of America's symbol of liberty will be a beautiful historical reminder for years to come.
Base has sculptured bicentennial dates and is precision molded from impact resistant material.

Please order early!

Typographical porpoises: Liberty

CELEBRATION SET for AMERICA'S 200th BIRTHDAY

Please order early!

Typographical porpoises: Liberty

LIBERTY BELL LAMP
This authentic bronze-tone replicas of America's symbol of liberty will be a beautiful historical reminder for years to come.
Base has sculptured bicentennial dates and is precision molded from impact resistant material.
Shade is colorfully decorated, bronze-tone replicas of America's symbol of liberty will be a beautiful historical reminder for years to come.
Base has sculptured bicentennial dates and is precision molded from impact resistant material.

Please order early!

COLONIAL GARDEN KITCHENS
Please turn page for more shopping around for collectors
CHRISTMAS 1975
This year's edition of the famed Bing and Grondahl Christmas plates is "Christmas at the Old Water Mill." Porcelain, 7" dia. in traditional blue. Also available: the 1971 and 1972 Christmas plates.
Mother's Day plates of other years. Write for information to The Copenhagen, Ltd., HGll, Box 40, Christiansted, St. Croix, VI 00820.

COLLECTORS CLUB
A Queen's Ware "Water Lily" mug is available for $40 to members of the Wedgwood Collectors Society. For membership information plus a list of recent offerings including rare pieces from 200-year-old molds; write to the Wedgwood Collectors Society, HG11, 555 Madison Ave., New York, NY 10022.
3 IFTS FROM THE ARTIFACTS, SHELLS, 50C. DOVER SCIENTIFIC CO., HG115, 6011T, LONG ISLAND. COLLECTORS. CORNUCERI MUREX, $20; EMPEROR’S SLIT SHELL, $75; PRECIOUS WENTLETRAP, $10; EYED AUGER, $3; BARTHELEMY’S CONE, $250; YELLOW BANDED SNAIL, $2.25. PLUS 75C POST. CATALOGUE OF FOSSILS, MINERALS, JEXANDRIA, VA 22313.

Landing of the Pilgrim Fathers,” first in series of six Bicentennial plates from Colonial Heritage Collection marking key events in Colonial America. $45 ppd. Email the greetings with old friends: $27.50 ppd. A linaited and numbered distinctive Veneto Flair Florist, Inc., Hickory House $48; five, $60; six, $72; seven, $84. Add $1 post. Set of four (black on white), fitted with a hanger, individually gift-packaged and accompanied by a description of the scene depicted. $27.50 ppd.

BICENTENNIAL THIMBLES

The Sewing Corner*
Dept. HG115, Whitestone, N.Y. 11357

LIMITED EDITION
Antique Pewter Finished Bi-Centennial Collectors Plates

“Betsy Ross”

THIMBLES

STIRLING FIRST

CHRISTMAS GREETINGS
New way to exchange greetings with old friends: the first of a series of plates entitled “Christmas Cards,” all hand painted in the distinctive Veneto Flair styling. Porcelain plate is 7” dia.; a limited and numbered edition. $45 ppd. Edd, the Florist, Inc., Hickory House Collectors Div., HG115, 823 N. Court, Ottumwa, IA 52501.

1975 1ST EDITION TRESTER
Rosenthal Annual Plate $60.00
• First in a series of five annual plates from original oil paintings by Lorraine Trestler • 11” diameter • Delicate gold border and beautiful backstamp • Manufactured by Rosenthal of Germany • Each issue serially numbered and limited to 5,000. Each plate comes ready to hang • Price includes shipping and insurance • American Express, Bank Americard and Master Charge accepted • Call or write for FREE full color brochure. Commemorative Imports

Take your first spoon FREE with purchase of two more
Here’s a wonderful way to mark our nation’s approaching Bicentennial. It’s the 13 Original Colonies Bicentennial Commemorative Spoon Collection in pewter silverplate by the renowned International Silver Company.

Each spoon bears the Great Seal of a state that was one of the 13 original colonies, plus the state’s name and date it entered the Union. The collection also includes a handsome Early American display rack in Salem-finish pine (comparable retail value: $7.50), sent at no extra cost upon completion of your collection.

The price of the spoons is just $2.50 each—modest indeed compared to the price of many other collectibles. And to start your set, you are invited to accept the first spoon free. (See details below.) Offer expires June 30, 1976.

FOR PHONE ORDERS, call 800-243-3755 toll-free (in Connecticut, call collect 235-6383) and give us your charge card number.

TO ORDER BY MAIL, use this coupon...

American Archives, Dept. G002 122 Charles Street, P.O. Box 1776 Meriden, Connecticut 06450

Please send me, free, the first spoon below. Offer expires June 30, 1976. Otherwise, call me at $4.50 each month in advance for two more spoons until my set is complete. I may end my subscriptions any time. On completing my set, I will receive a display rack at no extra cost.

I prefer to receive my entire set without waiting. Send me my free spoon plus the 12 remaining spoons at $2.50 each for a total of $30 (includes postage). Also send my display rack. If not delighted, I may keep the free spoon for my trouble returning everything else in 10 days for a full refund.

SAVE MORE! Please send me two complete sets, including bookends, maps, and display racks, for only $27.50 each (total: $55.00). A savings to me at $5.00. If not delighted, I may return everything within 12 days for a full refund.

Name:
Address:
City:
State:
Check one:
D American Express D Diners Club
D Master Charge D Bank Americard
Account # ________________________________
Expiration Date ________________
Signature ____________________________

Please send me: A First spoon in your collection together with the next two at $2.50 each for a total of $5 (includes postage). If not delighted, I may return entire shipment in 10 days for refund. Otherwise, bill me at $4.50 each month in advance for two more spoons until my set is complete. I may end my subscriptions any time. On completing my set, I will receive a display rack at no extra cost.

Offer good in U.S.A. only, except in Rhode Island.

TO ORDER BY MAIL, use this coupon...

American Archives, Dept. G002 122 Charles Street, P.O. Box 1776 Meriden, Connecticut 06450

Please send me, free, the first spoon below. Offer expires June 30, 1976. Otherwise, call me at $4.50 each month in advance for two more spoons until my set is complete. I may end my subscriptions any time. On completing my set, I will receive a display rack at no extra cost.

I prefer to receive my entire set without waiting. Send me my free spoon plus the 12 remaining spoons at $2.50 each for a total of $30 (includes postage). Also send my display rack. If not delighted, I may keep the free spoon for my trouble returning everything else in 10 days for a full refund.

SAVE MORE! Please send me two complete sets, including bookends, maps, and display racks, for only $27.50 each (total: $55.00). A savings to me at $5.00. If not delighted, I may return everything within 12 days for a full refund.

Name:
Address:
City:
State:
Check one:
D American Express D Diners Club
D Master Charge D Bank Americard
Account # ________________________________
Expiration Date ________________
Signature ____________________________

Please send me: A First spoon in your collection together with the next two at $2.50 each for a total of $5 (includes postage). If not delighted, I may return entire shipment in 10 days for refund. Otherwise, bill me at $4.50 each month in advance for two more spoons until my set is complete. I may end my subscriptions any time. On completing my set, I will receive a display rack at no extra cost.

Offer good in U.S.A. only, except in Rhode Island.

TO ORDER BY MAIL, use this coupon...
EXCEEDINGLY RARE OPPORTUNITY!
From Nature's Wonder —
Start Shell Collections

Your sports and hobby adventure in nature could never be complete if you are without an array of beautiful marine sea shells in your collection.

It is a known fact that the Indo-Pacific area is the largest and richest shell region in the world. The Philippines is blessed with rare shells valued exceeding $2,000 each. The Philippine Islands (97% of the area) is considered one of the most beautiful and vast shell rich areas in the world. All of these hundreds and thousands of colorful shells, giant clams, rare species, are classified and are available to you.

GET ANY OF THIS GALLERY OF SHELL COLLECTION TODAY!

Collection 1—Assorted shells. Book value approximately $10.00
NOW FOR ONLY
US $10.00 postpaid

Collection 2—Assorted shells. Book value approximately $60.00
NOW FOR ONLY
US $20.00 postpaid

Collection 3—More assorted shells, large uncommon, and rare shells. Book value approximately $150.00—NOW FOR ONLY
US $39.95 postpaid

Collection 4—More assorted shells, large uncommon, and rare shells. Book value approximately $300.00—NOW FOR ONLY
US $99.95 postpaid

SATISFACTION GUARANTEED! OR YOUR MONEY BACK

SEA GEMS SHELLORAMA
P.O. Box 627 HG-011 Cebu City, Philippines

Let our tiny caravan travel to your mantle or under your Christmas tree this holiday season. Three camels led by a man on a donkey are hand carved from richly grained olivewood. Camels are 3½" high connected by miniature chains 1½" long. $4.95 ppd.

Send 25¢ for Full-Color Import Catalog

DONG KINGMAN PLATE
"Fisherman's Wharf—San Francisco"  First Edition "Ports of Call" prints
ORIGIAL PAINTING FOR ROYAL DOULTON china by world-renowned watercolorist, Dong Kingman. 10" signed and numbered. Superb soft coloring in shades of yellow, pink, blue, green and gray-black.

$60.00 ppd. insur'd.
Other Doultons—Edna Hibel, Hahn Vidal, Alex Kroll

CHRISTOPHERSERS
HG1-135 W. Elm St., Elgin, Ill. 60120

SEND 50c for Wicker Catalogue to:
CARPET WORLD
P.O. Box 642
Holly Hill, Fla. 32017

4 piece wicker furniture set fits Barbie perfectly.
$6.50 p.p. (+ tax)

COLLECTOR'S ORNAMENT
MARVELOUS GIFT IDEA from Plantron, Inc.

House Plant-a-Month Plan

Satisfaction Guaranteed*

Now with the help of Plantron, Inc., you can provide the perfect gift for relatives, friends, business associates, shut-ins, even yourself! Every month an unusual and interesting plant, already growing and healthy, will be sent as a reminder of your friendship.

Each plant is a proven success in homes—easy to care for as it is beautiful. Beginning and veteran plant lovers alike will be intrigued with these distinctive carefully-chosen plants. Complete instructions and fascinating history are included with each plant.

Order your gifts for Christmas and all the year-birthdays, anniversaries, all special days—now. Simply specify the month each plan should begin. A handsome gift letter inscribed as you direct will announce the membership at the proper times. Shortly thereafter your gifts will begin arriving. All except the glass garden plants will already be growing in their own 2" or 2 1/2" plastic pots. The glass garden packet (glass container not included) will be ready to plant and enjoy, Choose from the three plans described below.

3 MONTH PLAN $4.98
Long-lasting thoughtfulness with gift plants sent the three CONSECUTIVE months of your choice.

6 MONTH PLAN $8.98
Six gifts in one—lovely hardy plants in each month of the six CONSECUTIVE month period you indicate.

12 MONTH PLAN $15.98
A delightful plant every month of the year. A connoisseur’s collection. Please tell us when to begin.

Satisfaction and Pleasure Guaranteed
Each healthy, carefully-chosen plant is covered with Plantron’s full guarantee. Plan members not completely satisfied with selected items we will substitute a plant of comparable beauty and value.

Send No Money
Just use the coupon to order exciting House Plant plans for those on your gift list and for yourself—we’ll take care of the rest. You pay our invoice next month. Or—include your payment with coupon (less bookkeeping expenses) and we’ll send you two easy-to-grow Miniature Orchid bulbs (a regular $1.50 value) absolutely free!

Note: We must receive orders by the 15th of each month for shipment the next month.

Please Print Plainly

PLANTRON, INC., House Plant-a-Month Plan, Dept. 4520-38
2207 East Oakland Avenue, Bloomington, Illinois 61701

DID YOU INCLUDE EVERYONE'S ZIP CODE?

NOVEMBER 1975

---

Please send a ______ Month Plan beginning in ________ to Name ____________________________

Address _______________ City __________ State ______ Zip __________

City __________ State ______ Zip
direct will announce the membership at the proper times. Shortly thereafter your gifts will begin arriving. All except the glass garden plants will already be growing in their own 2" or 2 1/2" plastic pots. The glass garden packet (glass container not included) will be ready to plant and enjoy, Choose from the three plans described below.

3 MONTH PLAN $4.98
Long-lasting thoughtfulness with gift plants sent the three CONSECUTIVE months of your choice.

6 MONTH PLAN $8.98
Six gifts in one—lovely hardy plants in each month of the six CONSECUTIVE month period you indicate.

12 MONTH PLAN $15.98
A delightful plant every month of the year. A connoisseur’s collection. Please tell us when to begin.

Satisfaction and Pleasure Guaranteed
Each healthy, carefully-chosen plant is covered with Plantron’s full guarantee. Plan members not completely satisfied with selected items we will substitute a plant of comparable beauty and value.

Send No Money
Just use the coupon to order exciting House Plant plans for those on your gift list and for yourself—we’ll take care of the rest. You pay our invoice next month. Or—include your payment with coupon (less bookkeeping expenses) and we’ll send you two easy-to-grow Miniature Orchid bulbs (a regular $1.50 value) absolutely free!

Note: We must receive orders by the 15th of each month for shipment the next month.

PLEASE PRINT PLAINLY

PLANTRON, INC., House Plant-a-Month Plan, Dept. 4520-38
2207 East Oakland Avenue, Bloomington, Illinois 61701

Here is my gift list. Please send the plans indicated. Send a ______ Month Plan beginning in ________ to Name ____________________________

Address _______________ City __________ State ______ Zip __________

City __________ State ______ Zip
direct will announce the membership at the proper times. Shortly thereafter your gifts will begin arriving. All except the glass garden plants will already be growing in their own 2" or 2 1/2" plastic pots. The glass garden packet (glass container not included) will be ready to plant and enjoy, Choose from the three plans described below.

3 MONTH PLAN $4.98
Long-lasting thoughtfulness with gift plants sent the three CONSECUTIVE months of your choice.

6 MONTH PLAN $8.98
Six gifts in one—lovely hardy plants in each month of the six CONSECUTIVE month period you indicate.

12 MONTH PLAN $15.98
A delightful plant every month of the year. A connoisseur’s collection. Please tell us when to begin.

Satisfaction and Pleasure Guaranteed
Each healthy, carefully-chosen plant is covered with Plantron’s full guarantee. Plan members not completely satisfied with selected items we will substitute a plant of comparable beauty and value.

Send No Money
Just use the coupon to order exciting House Plant plans for those on your gift list and for yourself—we’ll take care of the rest. You pay our invoice next month. Or—include your payment with coupon (less bookkeeping expenses) and we’ll send you two easy-to-grow Miniature Orchid bulbs (a regular $1.50 value) absolutely free!

Note: We must receive orders by the 15th of each month for shipment the next month.

DID YOU INCLUDE EVERYONE’S ZIP CODE?
share with the one you love!

SATIN SHEETS

Nationally Advertised — Now at Manufacturer’s Low Mill Price

MACHINE WASHABLE. 225 thread count with 150 denier acetate thread in Exciting Colors: Midnight Black, Scarlet Red, Sunflower, Royal Blue, Avocado Green, White, Florida Orange, Deep Purple, Bronze, Gold, Silver.

Each Set includes:
1 straight top sheet
1 fitted bottom sheet
2 matching pillowcases

TWIN SETS $19.50
DOUBLE SETS $23.00
QUEEN SETS $25.00
KING SETS $29.00

3 Letter Monogram on 2 Cases $2.50

WE PAY POSTAGE. Send check or money order or use credit card. BankAmericard, Mastercharge, American Express accepted. Include Signature, Account number and Expiration Date.

TOLL-FREE PHONE SERVICE: Call 1-800-648-4990, anywhere, anytime. Charge your order to your credit card. (In Nevada, 1-800-992-3090.)

Direct Retail Sales 10-4, Mon. thru Fri.

Royal Creations, Ltd.

330 Fifth Avenue Dept. D-11
New York, N.Y. 10001

ORIENTAL and NAVAJO RUGS

Add that special touch of beauty to your home with a new Peerless Imported Rug. Our collection of fine Rugs are perfect with any decor, for floor or wall. Included are lovely Oriental and Navajo, Scandinavian and Colonial Hooked and Braided Rugs.

Send $1.00 for our New Color Catalog

Wide range of styles, sizes, and prices

PEERLESS IMPORTED RUGS

3028 N. Lincoln Ave. Chicago, Ill. 60657
Dept. HG-115 312-472-7848
VISIT OUR SHOWROOM—OPEN 7 DAYS A WEEK

WATER THIRSTY PLANTS WHILE ON A TRIP

Planning a trip but worried about your thirsty plants? Amazing wicks feed just right amount of water up to 8 weeks. Can be used all year around with all plants. Will not rot or mildew.

SET OF 4 PLANT NURSEMAIDS . . . $2.98 + 20c Mailing Each Set.
SET OF 2 EXTRA LONG PLANT NURSEMAIDS FOR LARGE PLANTS . . . . $2.98 + 20c Mailing Each Set.

No COD’s or Billing. California Residents add 6% Sales Tax

Satisfaction Guaranteed Or Your Money Back

Anthony Enterprises

Dept. HG-115
558 Mission, San Francisco, Calif. 94105

PRETTY AS A PICTURE

Cotton and polyester permanent press curtains with 4” knotted fringe. White or natural; 90” w. a pair. 45”, 54”, 63” l., $15.50; 72”, 81”, 90” l., $18.50 per pr. 10” by 80” valance, $5.75 each. Add $1.75 post. per order. Free catalogue. Country Curtains, HG112, Stockbridge, MA 01262.

PROTECTIVE DEVICE

Safety lock works on closed or open windows to keep intruders out, and children safe while maintaining usual ventilation. Affords a feeling of security whenever you’re away. $1.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

NEVER TO RETURN

For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweek. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HG4-9, 5701 W. Adams Blvd., Los Angeles, CA 90016.

CHANGE IN SIGHT

Forecast for happy gifting depends on golden mesh purses of gleaming rigid metal with golden clasps. Great stocking stuffers! Choose oblong, round or heart shape; all are about 3” l. Each $3.50; five, $15.95. Ppd. Elizabeth McCaffrey, HG11, Northport, NY 11768.

— EASY LISTENING —

MASTER CHARGE
8 TRACK AND CASSETTE
HIGH QUALITY STEREO MUSIC

Now you can have beautiful listening music sent to your home on approval

FERRANTE AND TEICHER: Sound of Music—Till There Was You—Everything’s Coming Up Roses—Together Wherever We Go—And More Broadway Show themes


CHANGE IN SIGHT

Forecast for happy gifting depends on golden mesh purses of gleaming rigid metal with golden clasps. Great stocking stuffers! Choose oblong, round or heart shape; all are about 3” l. Each $3.50; five, $15.95. Ppd. Elizabeth McCaffrey, HG11, Northport, NY 11768.

— EASY LISTENING —

MASTER CHARGE
8 TRACK AND CASSETTE
HIGH QUALITY STEREO MUSIC

Now you can have beautiful listening music sent to your home on approval

FERRANTE AND TEICHER: Sound of Music—Till There Was You—Everything’s Coming Up Roses—Together Wherever We Go—And More Broadway Show themes


SEND TO: EASY LISTENING MALL MUSIC, FORT MYERS, FLA. 33901

THE TATTERED BOOT

For that special JUNGLE DINNER

Jungle atmosphere of savage moments are reproduced with rotation sound effects by Ed Jones. Never FITTED or tied and small callistemons are created on night dough.

a LEOPARD AT DINNER
a ELEPHANT AT DINNER
a LION AT DINNER

12” 20c post paid record booklet. $4.40 for one card. $6.00 for our collection of 48 plant ideas.

THE TATTERED BOOT

box 107
Lewiston, Me. 04240
Spare just minutes of your time and Body Trimmer will help reward you with the slim, lithhe, attractive figure you've always dreamed of!

**WOMEN! HELPS YOU LOSE INCHES AND POUNDS — HAVE A NEW, SHAPELY FIGURE!**
- Smooth supple shoulders, arms
- Firm chin and neckline
- Shape, uplift bust
- Pare inches from waist
- Slender, shapely hips, thighs
- Lithe, trim legs and ankles

**MEN! BUILD A SUPER BODY IN MINUTES A DAY — IT'S A COMPLETE GYM!**
- Muscular neck
- Smooth, rippling biceps
- Broad, manly chest
- Trim, athletic waist
- Slender firm hips
- Strong, powerful thighs, calves

**Easy!** Just follow our simple routine lying down for only minutes!

**Fast!** Exercises and tones 380 body muscles at once!

**Effective!** Concentrates slimming action where you need it — waist, hips, thighs.

**Portable!** Weighs only 8 oz. — take it with you — use it anywhere.

**TRY IT 14 DAYS AT OUR RISK!**
Body Trimmer will help you lose the inches and pounds you want to lose, improve muscle tone, posture and feel and look better, peppier and younger — or money back!

Mail coupon now! Slim with a partner — order 2 and save.

---

**MAIL NO-RISK COUPON TODAY**

AMERICAN CONSUMER, Dept. XR-130
Caroline Road, Philadelphia, PA 19176

Rush me (XR) Body Trimmer at the sensational new low price of only $7.98 each plus $1.00 shipping and handling. I'll try it 14 days and if I'm not thrilled with my new trim figure, you'll take it back and refund the purchase price without question (except postage and handling).

Total amount enclosed $__________ (add sales tax where applicable)

Check or money order, no CODs please.

**CHARGE IT:** (check one) Exp. Date

□ BankAmericard □ American Express

□ Master Charge

BANK NUMBER

Name

Address

City

State

Zip

For Canadian Customers: Please send orders to: T. P. Products, Dept. XR, Box 1600 Station A
Toronto, Ontario M5W 1Y1

(Ontario Residents Add Sales Tax)

© 1975 ACI

NOVEMBER, 1975
DEFROST FAST AND EASY

Defrost refrigerators and freezers without fuss or muss with our Infrared Electric Defroster. Just plug it in. No need to remove food from refrigerator. Defrosting is so quick, food will not thaw.

Gold anodized lightweight metal for controlled heat. UL listed.

ELECTRIC DEFROSTER $9.98 + $1.00 Mailing Each

No COD’s or Billing
California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
556 Mission, San Francisco, Calif. 94105

Authentic HOMESPUN Tablecloth Fabric
(Woven by Pa. Dutch Weavers) Perfect for tablecloths, placemats, and napkins. HOMESPUN is woven from 100% selected cotton. It's color fast, machine washable, reversible, never needs ironing. Ideal for drapes, bedspreads, too! Instructions included!

COLORS: White w/Gold, Olive, Red, Blue.

PRICES POSTPAID! Satisfaction guaranteed
• COLOR BROCHURE AVAILABLE!

WILLIAMSBURG CHARM

The charm of Williamsburg is evident in this original reproduction. Send $5.00 for the most complete home furnishings catalog. Your $5.00 will be refunded on your first purchase of $100.00 or more. “Satisfaction Guaranteed” Enjoy the comforts of shopping at home at great savings.

National Furniture and Fabric
P.O. Box 1144 Thomasville, North Carolina 27360

Now! Read the very smallest type instantly!

"Ben Franklin" HALF FRAME Reading Glasses with crystal clear Zyl Top rims give you unobstructed vision

Read phone directories, menus, stock quotations, etc. with ease. You can wear these "LOOK OVER" glasses and still have normal distance vision without removing them. Choose deep brown or jet black. Specify ladies' or men's sizes.

Satisfaction Guaranteed (not sold in New York)
FREE! only $6.95 plus 50c postage
attractive case included
Free Catalog on request

Herman Optical
164 Clymer Street, Brooklyn, N.Y. 11211

COUNTRY CONTAINER

From the general store, a generous gallon-sized glass container slanted for display. Great as a terrarium! 6½" w., 9" h., 11" d. with hardwood cover. Each $7.95; two, $15.95; four, $29.95. Pd. Seth & Jed, Dept. HG115, Great Barrington, MA 01230.

ANIMALS ON PARADE

Fabulous wooden toys to become family traditions are in solid maple, all made by hand. Exclusive with Forslund. Giraffe, 12" h., 7½" l.; zebra, 9" h., 10" l.; elephant, 10" l., 9" h., Each $12. Pd. Carl Forslund, HG11, 122 E. Fulton, Grand Rapids, MI 49502.

OFF, OFF AND AWAY

Green plastic sleeve distributes rainwater away from downspout across lawn, shrubbery. Sleeve stays rolled until it rains then unrolls, water flows and spreads through sprinkler holes. 9' L. $1.49 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

HISTORIC HANGER

From the gaslight days, a Victorian-style cast iron coat rack handy for trench coats, umbrellas, scarves, hats. Five large swing arms each has three hooks. 7½" from wall; 14" w. $3.98 plus 75c post. Holiday Gifts, Inc., Dept. 11-N, Wheat Ridge, CO 80033.

SUPER SOCK

Needlepoint gift for kids of any age. Great to hang on mantel, stuff as pillow, 14" by 17". Finish in eight hrs. with large stitches. 7½" round, 7 yds. 2.75

BY THE YARD:
72" wide (per yard) . $4.80
62" wide (per yard) . $4.20
52" wide (per yard) . $3.60
164  Clymer Street  Brooklyn, N.Y. 11211

SOLID GOLD JEWELRY

Save up to 50% and more


Now! Read the very smallest type instantly!

"Ben Franklin" HALF FRAME Reading Glasses with crystal clear Zyl Top rims give you unobstructed vision

Read phone directories, menus, stock quotations, etc. with ease. You can wear these 'LOOK OVER' glasses and still have normal distance vision without removing them. Choose deep brown or jet black. Specify ladies' or men's sizes.

Satisfaction Guaranteed (not sold in New York)
FREE! only $6.95 plus 50c postage
attractive case included
Free Catalog on request

Herman Optical
164 Clymer Street, Brooklyn, N.Y. 11211
LEAF OF LIFE
No wonder the Yogis of India believe these leaves hold the secret of life! Wherever a leaf falls, a new plant starts to grow. Pot size from one to six feet. Blossoms with fragrant pink and lime flowers. Three, $1; nine, $2.50. Add 25c post. Roberta's, HA30, Box 630, Shelbyville, IN 46176.

SQUARE DEAL
Colorful lightweight baby blocks, 3 sq., show each alphabet letter with whimsical illustrations. Kit for needlepointing includes plastic canvas, acrylic yarns, needle, instructions. $9.95 plus 50c post. Catalogue, 25c. Needlepoint Shores, HG11, Box 123, Wayzata, MN 55391.

PATRIOT PRINT
Full color costume prints of Washington's Army. One of a series shown is 'Conn. Light Horse; reddish-brown coat, taupe trousers, black horse. 101/2" by 16". $3.50 ea. plus 50c post. Send stamp or dime for brochure. Fife & Drum, Dept. HG11, Valley Forge, PA 19481.

KEYS IN STITCHES
Lollipop flowers, daisies or golf, tennis, bowling, sailing, skiing, designs on 2" by 31/2" key tags. Stitch initials on the back. In- tention, bowling, sailing, skiing—anywhere within 300 feet of your home. Receive calls or dial out.

EASY TO INSTALL
Your Portaphone operates in conjunction with all regularly installed telephone equipment you already have. Installation takes 30 seconds.

REAL COST IS $2.00 PER MONTH AND IT PAYS FOR ITSELF
If you divide the purchase price by the estimated 15-year useful life of the Porta phone, the cost is only $24 per year, or only $2.00 per month. It pays for itself by replacing an existing extension phone and eliminating another extension.

100% SOLID-STATE RELIABILITY
Portaphone is manufactured with 100% space-age solid-state circuitry. No moving parts to wear out. No tubes to replace. Designed to be service-free, it is guaranteed for 1 year.

SATISFACTION GUARANTEED OR MONEY BACK
2-WEEK FREE TRIAL
Send check or money order to:
JLR Company
16200 Ventura Blvd. (213) 986-4271
Encino, CA 91346
Please send me PORTAPHONES @ $39.50 each.
California residents add 6% sales tax. Postage, handling and insurance $5.50 each.
Name
Address
City State Zip
Debt O

SHOPPING AROUND
Cordless Telephone
A GREAT GIFT IDEA
Operates as any extension phone except it's cordless. You can take it anywhere, indoors or out. Pool, yard, basement, attic—anywhere within 300 feet of your home. Receive calls or dial out.

EASY TO INSTALL
Your Portaphone operates in conjunction with all regularly installed telephone equipment you already have. Installation takes 30 seconds.

REAL COST IS $2.00 PER MONTH AND IT PAYS FOR ITSELF
If you divide the purchase price by the estimated 15-year useful life of the Porta phone, the cost is only $24 per year, or only $2.00 per month. It pays for itself by replacing an existing extension phone and eliminating another extension.

100% SOLID-STATE RELIABILITY
Portaphone is manufactured with 100% space-age solid-state circuitry. No moving parts to wear out. No tubes to replace. Designed to be service-free, it is guaranteed for 1 year.

SATISFACTION GUARANTEED OR MONEY BACK
2-WEEK FREE TRIAL
Send check or money order to:
JLR Company
16200 Ventura Blvd. (213) 986-4271
Encino, CA 91346
Please send me PORTAPHONES @ $39.50 each.
California residents add 6% sales tax. Postage, handling and insurance $5.50 each.
Name
Address
City State Zip
Debt O

CONTEMPORARY DRAWINGS
READY TO EMBROIDER
Kit includes:
Hand screen printed designs for A. expose B. Nude: pre-cut exquisite blend fabric for french style pillow back, pre-cut polyester lining for new, fluffy embroidery yarn, needle and easy to follow instructions. (14 inch square pillow) ONLY $4.95 add 50c postage
specify style and color to order
from Bottaccioli and Modigliani

Butcher Block
24" high work table 36" x 24", $134.50
48" x 24", $146.00
60" x 24", $175.00
or choose 30" dining height table at same prices.
Locking Shepheard Casters, $25.00 additional

Your Pet
Two-inch thick maple butcher block top durable bench-construction frame. Sent express collect. In Illinois, add applicable taxes. Send check or money order to C.O.D.'s please.
Custom sizes and styles always . . . for a complete 24 page catalog of exciting butcher block furniture, send 50c to:
butcher block & more
Thg Schoenhoff Company
Dept. HG-119A, 1600 S. Clinton, Chicago 60616

EASY GOING LOAFERS
"MANDY"—Great companions for pants, skirts and shirts, for all the sporty clothes you wear in and out doors. Make them a part of your life! You'll love the incredible comfort of the glove soft leather uppers, cushioned insoles and low heels. $12.95. In Black, Camel or Gold. Sizes: 4 through 12. Narrow, Medium or Wide widths. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog. 100% Satisfaction Guaranteed. S O F W E A R S H O E S. Dept. MA, 1711 Main, Houston, Texas 77002.

NOVEMBER, 1975
The Doting Toters... help ease the load

A treasury in "soft as deerskin" Naugahyde tote-ables. Superior in workmanship and design... all personalized with embroidered initials. Chic and durable as well! Please specify initials and colors wanted.

FLIGHT BAG. Outside zippered compartment on one side... envelope pocket on the other. Lg. center compartment. Removeable shoulder strap provided for ease in carrying when your hands are full. Beige/Brown—Denim/Navy—Brown/Beige. 1-23... $34.00

CASUAL CLASSIC HANDBAG: Large inner compartment is fully lined. Two outside envelope pockets. Both over-the-arm and shoulder straps furnished with snap-down sides for easy conversion. Comes plain, or with contrasting welts. Brown—Navy—Denim—Brown/Beige. 1-24... $31.00

TEENAGE BAG: For men or women. Fully lined with inside pocket. 42" long, it holds 2 or 3 suits. Zippered front. Plain colors... NO CONTRASTING WELT. Brown—Black—Beige—Denim. 1-25... $26.00

GARMENT BAG: For men or women. Fully lined with inside pocket. Shoulder strap provided for ease in carrying when your hands are full. Beige/Brown—Denim/Navy—Brown/Beige. 1-26... $34.00

CRWEEK BAG. Outside zippered compartment on one side... 2 inside pockets for easy organization. Material sturdy as well! Beige/Black—Black/Beige—Brown/White. 1-27... $29.98

Basic & Pretty

- Red
- Sky Blue
- Cocoa
- Dark Green
- Midnight Blue
- Black
- Wine
- Tan

Removable 3-1/4" glass sphere holds your color choice of transparent lamp oil. Over 12 hours of clean, safe burning, candlelight with each oil fill. No burnt down candles or dripping wax; never slip on a 3" floral ring for a holiday centerpiece. Overall height is 7-1/2". Removable 3-1/4" glass sphere holds your color choice of transparent lamp oil. Over 12 hours of clean, safe burning, candlelight with each oil fill. No burnt down candles or dripping wax; never slip on a 3" floral ring for a holiday centerpiece. Overall height is 7-1/2".

Leaning Tree Ski Cards, HG1, Box 1500-S, Boulder, CO 80302.

SHOPPING AROUND

SKIERS' CHRISTMAS Assortment of a dozen different colorful ski scenes with greetings matched to the designs of the photographs and paintings, 5" by 7" cards. Box of 12, $2.95 plus 70c post. Send for free card and catalogue of gifts. Leaning Tree Ski Cards, HG1, Box 1500-S, Boulder, CO 80302.

COCONUT CACHE Real coconuts make the most natural of planters. Add your own lush greenery to complete the South Pacific scene. Gift planter with rattan chain, $4.95 plus $1 post. Two, $9.90 ppd. Oxford House, HG1, 6228 Oxford St., Minneapolis, MN 55416.

MR. MAC INTOSH Mechanical apple bank has a greedy little worm who loves to devour coins. Place money on button, worm darts out and grabs it. Sturdy plastic bank, bottom opening, wind-up mechanism, 1-1/2" h., $5.95 plus 35c post. Downs, Dept. 1411W, Evanston, IL 60204.

BUMPER MESSAGE MAGIC Go-forth with your special message in black ink on day-glo yellow bumper sticker. Up to 25 small letters on top line, 14 large letters on bottom. Self adhesive, 3 x 15", $2.95 original; duplicates, 75c each. The Writewell Co., 876 Transit Bldg., Boston, MA 02115.

PARTY FUN Laughs start when you sit down with a funny-faced puppet. He scowls, smiles and pouts with a simple manipulation of thumb and finger. With ventriloquist instructions. Nice party favor, $1.29 plus 15c post. Anthony Enterprises, HG1, 556 Mission St., San Francisco, CA 94105.

Learn to play piano, instantly

This new, self-teaching method is so simple it's a wonder no one thought of it before. It's been tested in schools and endorsed by all the teachers who've used it. If your child can recognize letters and colors, he can play piano the Piano Fun way, in minutes. Piano Fun is great for adults too, it provides hours of enjoyment, as well as instruction.

T&M SALES, Div., HG1, 317 S. Thayer, Ann Arbor, Michigan 48104

BORN COLLAPSIBLE UTILITY CART Consists of light weight tubing, wire base and telescoping, plated handle. Knocked down in carton with instructions for easy assembly. Easily collapsed for storage, fits in car. Guaranteed against defects in materials and workmanship. For use in travel, camping, gardening, transporting luggage, trash, garbage containers; and many many more uses. 75 lbs. capacity. A necessity in every home.

Priced $12.95 plus $1.70 postage. Michigan residents add 4% sales tax. We accept money orders, checks, Bank Americard, and Master Charge.

HOUSE & GARDEN
PIN-UP
The lowly clothespin has been given a new look: it’s in sterling silver on an 18" sterling chain—and it works! Clothespin pendant to spruce up any outfit is 11/4" I. With chain, $28 ppd. A delightfully different gift. Tal Creations, Ltd., HG11, P.O. Box 1028, FDR Sta., New York, NY 10022.

155 BRIGHT IDEAS
Fashions for holidays, resorts chosen by pro Jean Grayson for wearability, versatility and packability. Day and evening, sports and sleep wear, jewelry, handbags, belts—all in a free color catalogue. Brownstone Studio, HG11, 556 Madison Ave., New York, NY 10017.

PUT IN THEIR PLACE
Pine-and-hardwood wall rack, pegged to hold four pairs each of skis and poles; helps protect them from damage and warping. 32" I. by 5½" w. by 4½" d. With antique pine finish $11.95; unfinished $9.95. Plus $1.50 post. ea. Yield House, Dept. G511S, North Conway, NH 03860.

REST-A-PHONE
No handed talking! Phone rest adjusts for either left or right shoulder keeping hands free. Padded with nonmarking rubber. Fits all hand sets. Black, beige, white, gray, green. $2.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

UTTER RELAXATION
Sleep on a contour pillow to wake refreshed without tension. Nonallergenic slipcover is washable and a replacement cover is available. Ideal for relieving tension headaches; just napping on it can ease pain. $5.98 plus 75c post. Holiday Gifts, Inc., Dept. 311V, Wheat Ridge, CO 80033.

ILLUSTRATED, 64-PAGE CATALOG OF ART AND CRAFT INSTRUCTION BOOKS on painting, drawing, and sculpture; on ceramics, needlecraft, textiles, weaving, pottery, leather, enamelling, jewelry, and beadwork. Plus books on fine arts, antiques, and architecture.

Write WATSON-GUPTILL Dept. HG, 2160 Patterson Street Cincinnati, Ohio 45214

FREE
Make $$$ 10 WAYS with flowers
Turn love of flowers to profits. Garden flowers or artificial cost pennies bring dollars. Corsages, bridal bouquets, wedding or table decorations. As a hobby or start a home business or flower shop. FREE color brochure shows you how to learn professional flower arranging and flower shop operation. Also FREE, 3 months subscription to "FLOWER TALK" the magazine for home flower arrangers. Write today, no salesman will call. FLORAL ARTS CENTER, a home study school Dept. 50NK, 1628 East McDowell Rd., Phoenix, Arizona 85006.

THE TRAY BAR

The Table. The beauty and fine craftsmanship of this mahogany table is timeless. From us, just $19 (add $3 for shipping).

Dimensions: 18" high x 16" x 12".

The Bombay Company
Dept. HG, P.O. Box 5232
4727 Magazine St., New Orleans, La. 70118

Please send me:
☐ The Bombay Tray bar $29 plus $5 for shipping
☐ The Table $19 plus $3 for shipping

Check or Money Order enclosed for $ ____________________________

Name ____________________________
Address ____________________________
City ____________________________ State Zip ____________________________

NOVEMBER, 1975
**CUFF CHIC**

Give her a perfect combination of row fashion and the personal touch. It's a stiff bracelet of sterling silver to wear on her cuff, and has any name up to 7 letters (please print) handsomely cut out of the silver. 3/4" wide. $15.00 ppd. Bruce Bolind, 211 Bolind Bldg., Boulder, Colo. 80302.

**Pierced Earring Case**

... will keep your favorite pairs of drops, and studs together and untangled. Small looking brass case is 2 3/4" x 2 3/4" x 3/8" and has 7 velvet-type compartments in 2 sizes. Tiny tongs to pick up your earrings. Engraved with 3 initials. $4.95 ppd. from Bruce Bolind, 211 Bolind Bldg., Boulder, Colo. 80302.

**Contact lens case.**

Contact wearers will like this lovely brass case. Inside there is a mirror and two plastic pockets that safely hold your lenses and keep them clean and dust free. Included is a bottle for your lens fluid. 2 1/2" x 2 1/2" x 1 1/2" deep. Specify initials to be engraved on case. $6.50 ppd. Bruce Bolind, 211 Bolind Bldg., Boulder, Colo. 80302.

**ADDRESS LABELS with NICE DESIGNS**

Any Initial, American Flag, Pine, Gull, Palm, Maple Tree, Treble Clef, Palette. Up to 20 letters per line, 4 lines. Printed in black on white or gold gummed labels 1 1/2"x1 3/4", 500 on white or 250 on gold, $2.50 ppd. Or on Deluxe Size, 2 1/2" long, $3.50 with design or $2.50 without, ppd. Specify Initial or Design desired. Via Air Mail, add 39c per order. Bruce Bolind, 211 Bolind Bldg., Boulder, Colo. 80302. (Since 1956, thanks to you!)

**DISTINCTIVE CUSTOM LIGHTING**

A fine collection of custom-designed outdoor and indoor lighting fixtures for indoor and outdoor decoration. All lamps are designed for home, office, smokey card games. Every light is of the highest quality, individually cut, assembled and fitted in brass, copper or pewter. Your purchase will be marked with pride by future generations. Send $1.00 for 48 page catalog. The Cheetah Collection

**THE CHEETAH**

This regal cheetah will be right at home in your home or office. An endangered species lithograph by Gloria Gray Roop. Beautifully detailed in black on heavy cream velum. 14" x 18". Each is titled and signed by the artist. A most distinctive gift. $17.50 plus 75c postage & handling. Send 60c for catalog showing other prints — Free with order. Oklahoma residents add 3% sales tax.

**SHOPPING AROUND**

**BELLPULL KIT**


**WAY BACK WHEN**

Mini replica of 1900 edition of a Sears Roebuck catalogue—when prices were lowest since 1860! Fascinating what pennies could buy: 388 pages, 400 illustrations. 7 1/4" x 7". $2.95 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA. 94105.

**RIGHT AT HAND**

Handsome three-tiered magazine rack by Koch is made of sturdy brass-plated wrought iron. It saves space, moves to wherever you choose to read. 15 1/8" w. by 24 1/4" h. overall. $29.95 ppd. Write to St. Nicholas Boutiques, HG11, Santa Claus, IN. 47579.

**ANT FARM**

Watch them dig tunnels, build roads, move mountains, erect bridges. Clear plastic wall is like watching screen. With stock certificate for supply of ants and sand: watchers guide. 6" by 8 1/2". $5.98 plus 75c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA. 94105.

**SNUGLY, WARM SLIPPERS**

"KELLI" — Daniel Green's softest-ever suede mocassin slippers with cuddly fleece lining. Perfect for all your casual, at-home clothes. Great gifts! Available in NARROW, 5 through 12 in Blue, Gold. Green, Pink — in MEDIUM, 5 through 12 in above colors — in WIDE widths, 6 through 10 in Blue or Gold. Price $11.95. No half sizes over 10. $1.00 per pair extra for sizes over 10. Add 90c postage for each pair ordered. Prompt refund if not delighted. Free catalog. Write SOFWEAR SHOES, Dept. DG, 1711 Main, Houston, Texas 77002.

**Amusing device clears a roomful of smoke.**

Just push button. Cigarette and cigar smoke start to vanish — automatically. All that remains is a beautiful fragrance! Patented Smoke Magnet* has 200L spray charges for months of use. Great for home, office, smokey card games. Guaranteed. Send $5.00 (50c handling and postage) to AIR SUPERB CO., BOX A, GRACIE STATION, NEW YORK, N.Y. 10028.

**Ant Farm**

"WAY BACK WHEN" Mini replica of 1900 edition of a Sears Roebuck catalogue—when prices were lowest since 1860! Fascinating what pennies could buy: 388 pages, 400 illustrations. 7 1/4" x 7". $2.95 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA. 94105.

**RIGHT AT HAND**

Handsome three-tiered magazine rack by Koch is made of sturdy brass-plated wrought iron. It saves space, moves to wherever you choose to read. 15 1/8" w. by 24 1/4" h. overall. $29.95 ppd. Write to St. Nicholas Boutiques, HG11, Santa Claus, IN. 47579.

**ANT FARM**

Watch them dig tunnels, build roads, move mountains, erect bridges. Clear plastic wall is like watching screen. With stock certificate for supply of ants and sand: watchers guide. 6" by 8 1/2". $5.98 plus 75c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA. 94105.

**SNUGLY, WARM SLIPPERS**

"KELLI" — Daniel Green's softest-ever suede mocassin slippers with cuddly fleece lining. Perfect for all your casual, at-home clothes. Great gifts! Available in NARROW, 5 through 12 in Blue, Gold. Green, Pink — in MEDIUM, 5 through 12 in above colors — in WIDE widths, 6 through 10 in Blue or Gold. Price $11.95. No half sizes over 10. $1.00 per pair extra for sizes over 10. Add 90c postage for each pair ordered. Prompt refund if not delighted. Free catalog. Write SOFWEAR SHOES, Dept. DG, 1711 Main, Houston, Texas 77002.

**Amusing device clears a roomful of smoke.**

Just push button. Cigarette and cigar smoke start to vanish — automatically. All that remains is a beautiful fragrance! Patented Smoke Magnet* has 200L spray charges for months of use. Great for home, office, smokey card games. Guaranteed. Send $5.00 (50c handling and postage) to AIR SUPERB CO., BOX A, GRACIE STATION, NEW YORK, N.Y. 10028.

**Smoke Magnet**

just push button. Cigarette and cigar smoke start to vanish — automatically. All that remains is a beautiful fragrance! Patented Smoke Magnet* has 200L spray charges for months of use. Great for home, office, smokey card games. Guaranteed. Send $5.00 (50c handling and postage) to AIR SUPERB CO., BOX A, GRACIE STATION, NEW YORK, N.Y. 10028.

**Smoke Magnet**

just push button. Cigarette and cigar smoke start to vanish — automatically. All that remains is a beautiful fragrance! Patented Smoke Magnet* has 200L spray charges for months of use. Great for home, office, smokey card games. Guaranteed. Send $5.00 (50c handling and postage) to AIR SUPERB CO., BOX A, GRACIE STATION, NEW YORK, N.Y. 10028.

**Smoke Magnet**

just push button. Cigarette and cigar smoke start to vanish — automatically. All that remains is a beautiful fragrance! Patented Smoke Magnet* has 200L spray charges for months of use. Great for home, office, smokey card games. Guaranteed. Send $5.00 (50c handling and postage) to AIR SUPERB CO., BOX A, GRACIE STATION, NEW YORK, N.Y. 10028.
SHOPPING AROUND

RED PEPPER WREATH
Exotic Christmas wreath made of 200 red sun-ripened chili peppers from an Indian village, Santo Domingo. A holiday decor and later, it's bueno for chili and other Mexican dishes. Free cook book. $12.50 ppp. The Old Mexico Shops, HG-11, Patio 2, Santa Fe, NM 87501.

ZIP!
Stubborn, hard-to-reach zippers get their come-uppance with a gold-plated chain pull to be attached before the garment is on, 39". To unzip, a latch at top before starting, $1.98 plus 20¢ post. Anthony Enterprises, HG-11, 556 Mission St., San Francisco, CA 94105.

COIN CLOCK
Marking the hours with 18k gold finish coins—Eisenhower Dollar, Kennedy Half, Roosevelt dimes, Washington quarters. Walnut face, plexiglas cover, brushed gold metal frame. 8 1/2" x 10 1/2" x 3/4" wide. $59.95 plus $2 post. Giftique Enterprises, HG-11, Box 2272, Rockville, MD 20852.

NAVAJO RUG ART
Replica of tribal symbols, ivory and earth tones. 3' by 5', $34.95; 5' by 8', $89.95; 6' by 9', $169.95; runners, 2' by 8', $44.95; 2' by 11', $54.95. Ppd. Catalogue Oriental and Indian rugs, $1. Peerless Imported Rugs, 5200 NE 115th St., Seattle, WA 98125.

LOVELY TRIO

WOODEN HOBBIES FROM FINLAND
Shining natural wood shades add warmth to your home; ornaments for graceful wall or table decor; mobiles add festive touch. Kits include wooden parts, glue, and instructions.
FA SHADE 12x17"
(Natural, Red, Orange) $6.55
Floral SHADE 15x18"
(Natural, Red, Orange) $9.95
FL SHADE 18" dia.
(Natural, Red, Orange) $13.95
SM MOBILE 14" dia.
(Natural, Red, Orange) $6.95
SG MOBILE 20" dia.
(Natural, Red, Orange) $9.95
GO ORNAMENT 8x26" $4.95
Yellow, Orange, Red, Green, Purple, Natural POSTPAID—Sorry No C.O.D.
Write for FREE brochure—40 other kits
FINN-MATKOS, INC.
2142-2144 Hamilton Avenue, Stamford, Conn. 06902

BICENTENNIAL RAINBOW GLASS PAPERWEIGHTS
Hand made by American craftsmen and depicting some of our Nation's most historic events. These sought after collectibles are beautifully sculptured with hand-cut designs in "Bas Relief," 4" in diameter, 1/2 high; 12 lbs. A treasured momento, display piece, charming gift or functional paperweight. Your choice from among 10 designs.
Spirit of '76 $7.98 each plus $1.00 postage
Sold by panels, 42" wide. 81" lg. $7.95, 90" lg. $8.95, 108" lg. $9.95.
Colors: white or ivory. 27" wide: 81" lg. $10.75, 90" lg. $11.75, white only.

SPOON RACK
Display your Collection of Spoons! A delft designed two curved shelf rack is pretty enough to hang alone. Spaced to hold 18 of your precious spoons from demitasse to table size. Made of 7-year mellow Pine & hand-rubbed to a satin smooth colonial fruitwood finish. 14 1/2" wide. $8.95 ppd. New 24" wide rack holds 36 spoons. $13.95 ppd.

MAGAZINE FILES
SAFE storage for valuable back-issues! keeps your favorite magazines like new: protected from dust, wear, disorder; neatly filed for fast reference. Custom made for any standard publication you name. Titles are embossed in 23 K gold. Covered with rich leatherette to resemble finely bound books. Each hold a year's supply of monthlies. Also medical & legal journals. $5.95 ea. ppd.

PERSONALIZED SOAP
A Dd's 'touch' to the bathroom. Very Personally Yours when customized with a Name or gold Script or your Initials in Old English letters. Lasts as long as the soap. The finest quality. French-milled soap. New 2 1/2" bar, 2 oz. The soaping box contains initials or names. $9.95 ea. ppd.

MAGAZINE FILES
SAFE storage for valuable back-issues! keeps your favorite magazines like new: protected from dust, wear, disorder; neatly filed for fast reference. Custom made for any standard publication you name. Titles are embossed in 23 K gold. Covered with rich leatherette to resemble finely bound books. Each hold a year's supply of monthlies. Also medical & legal journals. $5.95 ea. ppd.

SPOON RACK
Display your Collection of Spoons! A delft designed two curved shelf rack is pretty enough to hang alone. Spaced to hold 18 of your precious spoons from demitasse to table size. Made of 7-year mellow Pine & hand-rubbed to a satin smooth colonial fruitwood finish. 14 1/2" wide. $8.95 ppd. New 24" wide rack holds 36 spoons. $13.95 ppd.

MAGAZINE FILES
SAFE storage for valuable back-issues! keeps your favorite magazines like new: protected from dust, wear, disorder; neatly filed for fast reference. Custom made for any standard publication you name. Titles are embossed in 23 K gold. Covered with rich leatherette to resemble finely bound books. Each hold a year's supply of monthlies. Also medical & legal journals. $5.95 ea. ppd.

PERSONALIZED SOAP
A Dd's 'touch' to the bathroom. Very Personally Yours when customized with a Name or gold Script or your Initials in Old English letters. Lasts as long as the soap. The finest quality. French-milled soap. New 2 1/2" bar, 2 oz. The soaping box contains initials or names. $9.95 ea. ppd.
PRESENTING:

CIGARS OF THE MONTH
...a years subscription to the world's finest cigars.

As a gift for yourself. A medley of 12 of the world's finest handmade cigar brands to delight the aficionado or introduce the novice to the joys of cigar smoking. Begin your plan at any time. Your first shipment of 8 hand rolled cigars will arrive gift boxed and accompanied by a certificate of membership to our unique plan. An informative letter of introduction to cigar smoking and a descriptive outline of the cigar brands to be shipped in future months will be enclosed. Name of the giver will appear on each certificate.

$12.50 each, the pair $23.00
Plus $1.00 shipping. Catalog 254

SHARE A TRADITION WITH THOMAS JEFFERSON

In 1810, Thomas Jefferson designed a handsome round-bottomed eight-ounce drinking cup which Steiff has authentically reproduced in pewter—truly something to treasure and hand down. As a set, unique for cocktails, and individually, an unusual container for dried or fresh flowers. $5.60 each or set of six $30.00 plus $1.50 for postage and handling.

WESTCHESTER ASSOCIATES
P. O. Box 122
Petersburg, Virginia 23803
Virginia residents add 4% sales tax. No C.O.D.'s.

Ericophone...

The famous European phone with the dial on the bottom. Lift it ready to dial or answer, set down and communication is cut off. The phone for style—Red, Ivory, Beige, White, Blue, Green all equipped with tweeter.

Rotary Dial Now $49.95 Order Today—
Push Button Now $59.95 Add $2.00 Postage
Write or call for FREE CATALOG, hundreds of different styles available including speaker phones and cordless phones.

TELEPHONE WAREHOUSE
1239 Wisc. Ave. N. W. Wash., D.C. 20007 (202) 933-2900

SHOPPING AROUND
WASHINGTON MARYLAND AND VIRGINIA

COUNTRY STORE
Build-it-yourself miniature. Upstairs living quarters, downstairs emporium. Kit includes pre-cut mahogany wood parts, materials to make clothespin dolls, wallpaper, fabric, canned goods, mirror, windows, wood shingles, siding, stain, paint, glue. 11" by 10½" by 3½". $8.98 ppd. Jill Concepts, Box 145, HGE-11, Edgewood, MD 21040.

PENMANSHIP
Teach yourself beautiful, functional handwriting. Platignum italic set features pen holder, ink, five nibs with interchangeable point from extra-fine to broad, instruction manual and calligraphic textbook. $9.50 ppd. Fahrney's, HGI1, 1418 New York Ave., N. W., Washington, DC 20005.

NEAT SWEET
Packets of sugar substitute ready to add to tea or coffee line up in orderly fashion. 4¼" x 1 by 2 ½" w. $2.95 plus 40c post. Pheils, HGII, Brooklandville, MD 21022.
ROARING TWENTIES
The stick telephone reminiscent of prohibition days. Ready to use, with dial or touch service, has 4-prong jack. Unbreakable sycolac, black, red or white, $59.95; black enamel on brass, $79.95; polished brass, $89.95; polished chrome, $99.95. Plus $2 post. Free catalogue. Telephone Warehouse, HG11, 1239 Wisconsin Ave., Washington, DC 20007.

TO EACH HIS OWN
Largest 18th century tobacco port was Georgetown. Holding to its tradition, top tobacconist offers 16 exclusive tobacco blends, and 36 of world's finest handmade cigar brands. 32-page catalogue includes master chart of cigar shapes, brands, $5c. Georgetown Tobacco & Pipe Stores, HG11, 3144 M St., N.W., Washington, DC 20007.

DECOYS TO PAINT
One of America's loveliest, the Wood Duck, carved of solid pine, ready to assemble, paint or stain. 13" hen or drake kits, $12.50 ea.; two for $23. Custom mixed paints, 12 life-like colors with painting guides for Wood Ducks, Teals, Mallards, $11.95. Add $1 post, per order. Catalogue, 25c. Bay Country Woodcrafts, HG11 IE, Oak Hill, VA 23416.

EXPERT AID
Handsome kitchen addition. Unique butcher block island on casters hides plastic trash can on pull-out ball bearing support, has roomy drawer, solid maple top, 1 1/2" deep, grooved to catch juices from carving, chopping. Formica sides match wood top, 1 1/2" by 25" by 36" h. $189.50 exp. The Mailbag, HG11, White Post, VA 22663.

TVRGINIA MOUNTAIN CRAFTS
Add Colonial Charm to Your Home!
Some of the authentic reproductions by Virginia Mountain Craftsmen are shown in this bedroom at Rosencrantz, home of Laura Copenhaver Industries. On the bed is a handsome "Lovers' Knot" Coverlet. Hand-tied Canopy has Double Diamond Point design. Hand-made furniture includes "Crow's Nest" table, candlestands and more. Many other authentic designs, patterns and colors offered.
Write us for personalized attention. Send 50c for illustrated booklet.
Laura H. Copenhaver
"ROSENCRANTZ" -- MARION, VA 24351

DRY IN STYLE!
Martex Invitation II (velour) towels with up to a three letter monogram. Bath, $10.00; hand, $6.00; fingertip, $5.00; washcloth, $4.25. Five piece set $27.00. All ppd. Maryland residents add 4%. The Monogram Shop, 319 7th Street S.E., Washington, D. C. 20003 (202) 546-1602

BE A BIG LOSER
Introducing the CALCUWEIGHTOR...
the easy new way to slim down sensibly. Calcuweightor's calorie reduction program helps you shape up without harsh rules on what to eat, when to eat, or how to eat. The comprehensive Calcuweightor Program gives you all you need...to lose all you need to lose.

The Calorie Intake Guide shows you how much you should weigh and tells you how many calories you should have daily to get to that dream weight.

The Calorie Index Book tells everything you need to know about starting, staying on, and successfully completing your personalized weight reduction program.

The Calcuweightor measures your food...directly in calories and a built in digital counter keeps a continuous daily record of your calorie intake. The Calcuweightor also shows you the exact weight in grams and ounces of the food you are about to eat.

The Calcuweightor Program will make you a real loser...in the pounds column.
$19.95 plus S2.25 postage & handling. Maryland residents add 4% tax.

THE UNICORN TREASURY
Department G115
15111 New Hampshire Avenue
Colesville, Maryland 20017
THEY WALKED TOGETHER

BY J. P. ZENT

An investment you can live with! Exquisite full color in warm flesh tones. Limited first edition original lithograph. Each print approved, numbered, and hand-signed by this distinguished, award winning Virginia artist. Offered for the first time. Orders will be honored by the postmark date. Limited edition of 2,000; first 25 reserved for Watson & Zent Associated $30.00 postpaid. Send to:

COLLECTORS PRINT
P.O. Box 73
Lightfoot, VA 23185

VA residents add 4% Sales Tax

SOLID BRASS

Duck Hook

Sand cast by hand, polished and lacquer—beautiful and versatile! For bath, kitchen, any wall or door. Make a stunning gun or rod rack. A gift for the sportsman or hostess. Single: 5½" high $9.95 + $1 each. Double: 8½" high (base extends to form extra hook below) $16.95 + $1.25 post. each.

Catalog 25c.

The Mailbag
Dept. G11, White Post, Va. 22663

Owls or Wildflowers

Two beautiful calendars for 1976. Printed in full-color in a handsome 11 x 17" format. Each features the woodcut art of artist-naturalist Martha H. Dawley with accompanying prose, poetry and scientific observations about each species. A delight for yourself. A splendid gift. Order yours today! Only $4.95 each, plus $5.50 shipping (or any 2 for only $8.50 plus 75c shipping). Please allow 10 days for delivery. Send check or money order to:

CENTER FOR ENVIRONMENTAL EDUCATION, INC.
Dept. NG
1621 Connecticut Avenue, NW
Washington, D.C. 20030

STAINED GLASS MINIATURE

Sentiment welcoming visitors to Bishop's Garden at Washington Cathedral is reproduced on free-standing stained glass screen. Each panel, 5" by 7", surrounded by violets and greenery. $7 plus 95c post. Color catalogue, 35c. The Unicorn Gallery, Dept. G11JE, 15111 New Hampshire Ave., Colesville, MD 20904.

BELT BAR

A wardrobe wonder is a belt valet that holds 24 belts neatly. With four brass hooks on a walnut-stained wooden bar, it's sized right for efficient service: 8" by 5½" by ¾". $5.95 plus 80c post.; two, $11.50 plus $1 post. Sleepy Hollow Gifts, HG11, 6651 Arlington Blvd., Falls Church, VA 22042.
TRUE TO NATURE

URTAIN TIME
Romatic decorating ideas begin with early American bedspreads and canopies! Fabrics available: Colonial Print, cotton, muslin, dacron, blendings! Easy to install — paint or gild to look like plaster or wood. Glamorize your plain ceilings with exciting reproductions of antique moldings! Easy to install — paint or gild to look like plaster or wood. They'll please the most discerning eye! Other sizes, designs available. Send $1.50 for complete decorator hardware catalog.

COOKS' TOUR
From east and west, a collection of 80 of the best regional cookbooks from around the country are described in one bountiful catalogue. Some selections: Fiesta recipes from Texas, Seafood Sorcery, Freezing the Confederate flag. Either one, $13 ppd. W. T. Weaver & Sons, Inc., HG11, 1208 Wisconsin Ave., Washington, DC 20007.

RAISE THE FLAGS
Glorious gift for Bicentennial or anytime. Jaunty 4" by 6" silk flag is 13½" tall on a polished brass flag stand. Choose the standard Stars and Stripes, or, for friends in the South, the Confederate flag. Either one, $13 ppd. W. T. Weaver & Sons, Inc., HG11, 1208 Wisconsin Ave., Washington, DC 20007.

Colonial Print
Charming on ivory colored background of permanent press 65% Kodel, 35% cotton. Specify green, red, blue, brown or gold. Single ruffle spreads too. Twin $25, Full $27, Queen $33. Use curtain as tiers, draperies or with tie backs. 84" wide per pair. 30"L $6.50, 36"L $7, 45"L $8, 54"L $9, 63"L $10, 72"L $11, 81"L $12. Valance $3.25 tie backs $1. Add $1.50 post. & handling.

"OLD MANOR HOUSE CURTAIN BOOKLET" with actual fabric samples, 50c

MATHER'S
31 E. Main St., G11-5, Westminster, Md. 21157

here's the point:
Excalibur combines felt-tip freedom with ball-point accuracy!
Yes, Fahrney's has "best sellers," too—and this is one of the best. It's Pentel's new invention: a liquid ink pen with unique cushioned ball tip so the ink flows as smoothly and easily as a felt tip. Yet you have the advantages of a ball point—exciting carbon copies, long life and won't dry out. Priced to smooth out rough places in your budget, too. Matching automatic re-loading pencil uses Pentel's Hi-Polymer 0.7mm extra fine lead—40% thinner but stronger than regular fine lead. Choice of two finishes:

Brushed stainless
Pen, pencil, $7.00 each. The set, $14.00.

Matte black
Pen, pencil, $5.00 each. The set, $9.00.

Mail orders welcome.
BankAmericard, Master Charge, Am. Exp. honored. Add $1.00 shipping charge, per order. D.C. residents, add 5% tax.

Send $1.00 for 48-pg. catalog (deductible from 1st order.)

Fahrney's
1418 New York Avenue, N.W.
Washington, D.C. 20005
(202) 628-9525

Personalized PLEXIGLAS KEY TAGS...
your first name (to 10 letters) engraved beneath sparkling, crystal clear 5" wide surface casts a luminous platinum-like glow. A distinctive fashion accessory. Keyring included. 2" wide tag for 2 or 3- letter name or monogram). STYLE C. $4.95, mailing 35c.

Letter Rack
(Md. orders add 49c s/h)

PEHLS Home & Garden
Dept. HG-11, Brooklandville, Md. 21022

NOVEMBER, 1975
**TEXAS RED GRAPEFRUIT!**

The Best — From the Lush Rio Grande Valley

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>½-bu. Grapefruit</td>
<td>$9.20</td>
</tr>
<tr>
<td>Carton of 12 G.F.</td>
<td>$7.15</td>
</tr>
<tr>
<td>Full bushel G.F.</td>
<td>$13.55</td>
</tr>
<tr>
<td>Carton of 6 G.F.</td>
<td>$5.15</td>
</tr>
<tr>
<td>½-bu. G.F. &amp; oranges</td>
<td>$9.25</td>
</tr>
</tbody>
</table>

All are delivered prices — Write for free illustrated folder.

*Other citrus packs and also pecans, rare honey, fruit cakes and cheese.*

WE TRUST YOU! Send your gift list now and pay our invoice in January.

PITTMAN & DAVIS, Inc., 823 N. Exp., HARLINGEN, TEXAS 78550

---

**personalized gifts for him! ELEGANT IN BLACK LEATHER, DASHING WITH HIS INITIALS!**

**4-IN-1 RULE** $12.98

Precision crafted in France, luxury gift for everyone — home, fifty-four or graduate engineer. Lifetime quality in top grain cowhide on chromium-plated metal, this initial engraved on a silver plate. Stainless steel. Outside, a handsome cover of rich black leather. 2  — ¾ inside. Special initial engraved for him alone with a treasure of useful tools! Inside are a razor-sharp knife, screwdriver, bottle opener, nail file and scissors — all of fine quality drop-forged steel. Outside, a handsome cover of rich black leather. 2½ x 3½. Inside window reading for inside dimensions. 200 Personalized Knife $3.50

**KNIFE PLUS** $3.50

Initials engraved for him alone on solid brass plate — designed for him alone with a treasure of useful tools! Inscribed are a razor-sharp knife, screwdriver, bottle opener, nail file and scissors — all of fine quality drop-forged steel. Outside, a handsome cover of rich black leather. 2½ x 3½. Inside window reading for inside dimensions. 200 Personalized Knife $3.50

--PRINT INITIALS

---

**FLORAL TREASURE**

This lovely gift for everyone — home, fifty-four or graduate engineer! Engraved on a silver oval. Timeless quality in top-grain cowhide. Initials engraved for him alone with a treasure of useful tools! Inside are a razor-sharp knife, screwdriver, bottle opener, nail file and scissors — all of fine quality drop-forged steel. Outside, a handsome cover of rich black leather. 2½ x 3½. Inside window reading for inside dimensions. 200 Personalized Knife $3.50

---

**FIT FOR A QUEEN**

White cotton eyelet with trimming in pink, blue, yellow or green velvet (specify). Bed, 18" x 12" for a doll house or a corner of its owner's own room. Quilted coverlet and matching pillow. $100 ppd. L-Side Design Studios, HG11, Box 761, Pompano Beach, FL 33060.

**ANIMAL FARE**

Giraffe, lion, tiger, zebra — two by two to decorate your buffet as plates and mugs. Deep brown and white ceramic, plates are 8¼ dia., mugs with bamboo design handles. Four mugs, $9.95; four plates, $9.95. Add $1.55 post, each set. Elizabeth McCafrey, HG11, Northport, NY 11768.

---

**OUR PRESIDENTS**


**BIRDS OF FORTUNE**

Chirping red birds on a nest of green leaves perch in a basket hung from a golden cord. 4" dia., to hang from the Christmas tree according to an old legend. The birds chirp at the least touch of slightest breeze. $1.98 plus 35¢ post. Holiday Gifts, Inc., Dept. 311U, Wheat Ridge, CO 80033.

**FROM THE NECK UP**

Apply makeup any time, any where. Handy 5" mirror hangs lightly from your neck as well as on a wall. Regular on one side, magnifying on the other. Sturdy steel frame stands on dresser top. $2.98 plus 45¢ post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

---

**SHOPPING AROUND**

---

**INITIAL GOLD PIN**

A smart pin to be worn on handbags, suits, sweaters etc. Available in 3 initials only. Underline last initial.

**The perfect Gift**

**ESB PARADE**

3228 Sacramento St.
San Francisco, Ca. 94115

---

**TEXAS RED GRAPEFRUIT!**

The Best — From the Lush Rio Grande Valley

<table>
<thead>
<tr>
<th>Quantity</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>½-bu. Grapefruit</td>
<td>$9.20</td>
</tr>
<tr>
<td>Carton of 12 G.F.</td>
<td>$7.15</td>
</tr>
<tr>
<td>Full bushel G.F.</td>
<td>$13.55</td>
</tr>
<tr>
<td>Carton of 6 G.F.</td>
<td>$5.15</td>
</tr>
<tr>
<td>½-bu. G.F. &amp; oranges</td>
<td>$9.25</td>
</tr>
</tbody>
</table>

All are delivered prices — Write for free illustrated folder.

*Other citrus packs and also pecans, rare honey, fruit cakes and cheese.*

WE TRUST YOU! Send your gift list now and pay our invoice in January.

PITTMAN & DAVIS, Inc., 823 N. Exp., HARLINGEN, TEXAS 78550
STERLING LUCK
Dice of sterling silver are in with today's business men. Who knows, a lucky toss may win a free lunch. Win or lose, they are really nice dice. Crafted by hand in Mexico. Pair $4.98; two $9.50. Add 45c post. Ferry House, Dept. HG-754, Briarcliff Manor, N.Y. 10510.

INSTANT CHANGE
Fumble-free coin purse to let you see at a glance what your holdings are. Pennies, nickels, dimes and quarters go into the slots. Slide-in pocket. Black vinyl zippered case. $1.98 plus 20c post. Order #531. Anthony Enterprises, HG-11, 556 Mission St., San Francisco, CA 94105.

BAMBOO ORCHID
Imagine growing exotic orchids indoors or outdoors, with artificial or natural light. Pure white orchids with purple edges, grow to 15 or 18 inches. $2.50; two, $4.75; four, $8. Ppd. Gary Evan Hawaii Nursery, HG-11, 175 5th Ave., N.Y. 10010.

HISTORIC SAMPLER

WINDOW WONDER
Chemically-treated glass cleaning cloth makes windows shine—a "dry-cleaning" way! Washable cloth works its zip-clean wonders in profusion from plants that grow to 15 or 18 inches. $2.50; two, $4.75; four, $8. Ppd. Gary Evan Hawaii Nursery, HG-11, 175 5th Ave., N.Y. 10010.

WARM THOUGHTS
The charm of country-style curtains no longer need the drudgery of ironing. Practical, long wearing, crisp and beautiful. Machine wash and dry, 50% Polyester—50% Cotton Muslin (preshrunk maximum shrinkage 1%) of unsurpassed quality that we back with "satisfaction unconditionally guaranteed." Specify style and color, natural or white. Add $1.50 post. Order #531. Anthony Enterprises, HG-11, 556 Mission St., San Francisco, CA 94105.

LENOX
Boehm Bird Plates
Limited editions with portraits of Boehm birds. Executed in magnificent color on creamy porcelain by Lenox, lavish decoration and rim of 24K gold. 10" dia. Add $1.00 post & hdlg. Dept. HG-11, 556 Mission St., San Francisco, CA 94105.
TUB TAPE

Self-adhesive white vinyl tape seals the cracks and openings around the bathtub, sink or basin. Just press tape onto surface and it's ready to work. Also Sink 'N Wall and Tub 'N Floor Tape.

Tub Tape, %" x 11 ft. $2.98 + 40¢ Mailing Each.
Sink 'N Wall Tape, 2" x 6 ft. $2.98 + 40¢ Mailing Each.
Tub 'N Floor Tape, 11/2" x 5 1/2 ft. $2.98 + 40¢ Mailing Each.

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

TALL

TOLE TALE
Black tole metal umbrella stand, with pair of owls in antique gold background. 18 1/4" h. and 9 1/4" dia. Large enough to hold a family of umbrellas or some Yule boughs. $13.95 plus $1.65 post. Artisan Galleries, HG11, 2100 No. Haskell Ave., Dallas, TX 75204.

Direct from Hawaii

HAWAIAN PLUMERIA PLANT
"Love Flower"

Guaranteed to Grow!

FREE
Hawaiian Ti Plant per order
one for $1.75
plus 50¢ post.
two for $2.50
plus 90¢ post.

One of the most colorful and beautifully scented flowers in the islands is the "Love Flower." The Plumeria's sweet-scented blossoms in one of the favorites with lei makers. From our beaches to the valleys Plumerias grow profusely. Requires hardly any care and will be 6" to 7" tall. Choice of Colors: Yellow, Pink, & Red.

HAPAKI OF HAWAII
P.O. Box 1335, Dept. HG11, Hilo, Hawaii 96720

KNEE PADS

Eliminate sore, aching stiff knees. Set of soft but durable sponge rubber Knee Pads are perfect for indoor chores and outdoor chores. Great for gardening—prevents scratches and soiled knees. Use for cleaning floors. Pads have fully adjustable straps which let you wear them over or under clothing.

No. 350 Knee Pads $3.45
Plus $1.20 postage & handling Fully Guaranteed

UNIVERSAL ENTERPRISES
Dept. HG-1
P.O. Box 416, Colmesneil, Texas 75256

CUSTOM PATTERNS

Computer drawn patterns guarantee perfect fit because they're created for your measurements only. Adjustments never necessary! Send $1 for measuring instructions, catalogue with jeans look pants shown, many other selections. Surefit Patterns, HG11, 65 Oak St., Norwood, NJ 07648.

NOSTRIL HAIR REMOVER

Remove unsightly nostril hairs with unique Minicut. Compact egg-shaped battery powered trimmer. Ideal way to trim nostril hairs without risk. Instructions and battery included. $9.98 plus 32¢ post. Mirabel Imports, Mailbox 95, St. "S", Montreal, Canada H4E 4H4.

TABBY TRIVET

White tile features the shorthair tabby, a real tiger when it comes to protecting table surfaces. Cork backed and 6" by 6", it can be hung on the wall as a decorative note. $2.98 plus 40¢ post. Anthony Enterprises, HG11, 556 Mission Street, San Francisco, CA 94105.

WEATHER WISE

Keep feet warm on chilly days with pile-lined "Revelations" boots. Water-repellent brown leather or malt suede. AAA to EE. Sizes 5-10 $25.95, 10½-11 $26.95. Add $1 post; 25¢ for each additional pair. Solby Bayes, HG11, 45 Winter St., Boston, MA 02108.

ECHIPPENDALE LOVE SEAT

One of Chippendale's finest reproductions, an authentic copy of one of his 18th Century masterpieces. Individual nail head trim, hand tufting, top grain leather and finest materials used. H 35 L 66 D 30 (details in catalog) Finish: Walnut, Mahogany or Fruitwood.

Price: Peerless leather $759.95
Masterpiece leather $779.95
Vinyl $559.95

Shipping charges included. No C.O.D. Send 50¢ for catalogue.

Bryan Dobson
Dept. HG-117
Route 10, Box 793, Hickory, N.C. 28601

WALL SHELF

Elegant circular wall shelf keeps plants, bath accessories or your favorite knickknacks beautifully displayed in any room. White Baked - On Enamel Steel. 17" diameter, 5 1/2" deep.

$14.95 plus $1.30 postage. NY. residents add sales tax.
House of Hints, Dept. C011
106 Montague St., Brooklyn, N.Y. 11201

CHINESE BAMBOO TWIN TABLES
are at home anywhere. Use them as TWIN COCKTAIL TABLES or chairsides tables. Graceful hexagonal shape, made by hand of polished woven bamboo strips with solid stalk legs. Golden mushroom color. 12" high x 12 1/2" diam., $14.95 each + $1.50 postage. SPECIAL: $29.95 postpaid for a pair. #4143

Elizabeth McCarthy
Dept. HG11-1T
Northport, New York 11768

SHOPPING AROUND

Hunter College

KNEE PADS

Eliminate sore, aching stiff knees. Set of soft but durable sponge rubber Knee Pads are perfect for indoor chores and outdoor chores. Great for gardening—prevents scratches and soiled knees. Use for cleaning floors. Pads have fully adjustable straps which let you wear them over or under clothing.

No. 350 Knee Pads $3.45
Plus $1.20 postage & handling Fully Guaranteed

UNIVERSAL ENTERPRISES
Dept. HG-1
P.O. Box 416, Colmesneil, Texas 75256

WALL SHELF

Elegant circular wall shelf keeps plants, bath accessories or your favorite knickknacks beautifully displayed in any room. White Baked - On Enamel Steel. 17" diameter, 5 1/2" deep.

$14.95 plus $1.30 postage. NY. residents add sales tax.
House of Hints, Dept. C011
106 Montague St., Brooklyn, N.Y. 11201

CHINESE BAMBOO TWIN TABLES
are at home anywhere. Use them as TWIN COCKTAIL TABLES or chairsides tables. Graceful hexagonal shape, made by hand of polished woven bamboo strips with solid stalk legs. Golden mushroom color. 12" high x 12 1/2" diam., $14.95 each + $1.50 postage. SPECIAL: $29.95 postpaid for a pair. #4143

Elizabeth McCarthy
Dept. HG11-1T
Northport, New York 11768
COUNTRY CURTAIN

Ball Fringe in Cotton Muslin or
Permanent Press — Natural or White

<table>
<thead>
<tr>
<th>TIERS</th>
<th>COTTON</th>
<th>MUSLIN</th>
<th>PERMA</th>
<th>PRESS</th>
</tr>
</thead>
<tbody>
<tr>
<td>20&quot;, 25&quot;</td>
<td>5.50 pr.</td>
<td>6.00 pr.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>30&quot;, 36&quot;, 40&quot;</td>
<td>6.00 pr.</td>
<td>6.50 pr.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>45&quot;, 54&quot;, 63&quot;</td>
<td>8.00 pr.</td>
<td>8.50 pr.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>72&quot;, 81&quot;, 90&quot;</td>
<td>10.00 pr.</td>
<td>10.50 pr.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

VALANCE

10" x 80" — 2.50 ea. 2.75 ea.
All pairs are 90" wide.
For years Country Curtains have graced the bright, clean windows of charming colonial homes. Country Curtains add warmth to every room. Country Curtains retain their fresh crispness and are a credit to your thriftiness...
Country Curtains are a lifetime friend and supply their own sunshine...

THE FERRY HOUSE Dept. GTG, Briarcliff Manor, N.Y. 10510

BED WEDGE FOAM INCLINER

An ideal solution to those people who can't sleep naturally without the aid of two or more pillows. No mattress to lift; arches well down your lower back and is lightweight. A must for all those insisting on completely relaxing rest. Equal in elevation to three down pillows. Can be used just as effectively to elevate legs. 27" long. 27" wide. With washable cotton cover.

THE FERRY HOUSE Dept. GTG, Briarcliff Manor, N.Y. 10510
MAKE A LOG
Change old newspapers to logs for the fire in seconds! Just roll up newspapers using LOG ROLLER. Roll papers into a tight bundle, tie them with special binders and pop them into the fire. Logs will burn nearly 2 hours.

LOG ROLLER KIT with 112 Binders $3.98 + 55c Mailing Each
100 Extra Binders $1.49 + 20c Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back
Anthony Enterprises

ARE YOU A RECIPE CLIPPER?
Newspapers or magazines—and then have no place to put them? We have the answer! Our pretty Recipe Book has clinging, transparent cover sheets. Just cut or tear out recipes, and slip them under the magic-grip sheets. No glue or tape needed! Pages measure 5 1/4" x 8" and have 20 sides to store recipes for quick, easy reference. $3.50 each; 2 for $6.50. Please add 85c postage.

FERRY HOUSE dept. GR-115 Briarcliff Manor, N.Y. 10510

WROUGHT IRON PLANT STAND
Handcrafted gracefully, each stand conceals the strength in its all welded construction that will support 75 lbs. Four 4" rings hold your pots or vases (not included), ideal for any room, patio, porch or terrace. 29" high. Choose from black, white or verdigris. Only $6.95 plus $1.25 post & handling. No COD's.

CAMBURN IRON PRODUCTS
Box 213, G11-5, Ambler, Pa. 19002

MUSIC BOXES
"The Gift treasured for generations"

Make every occasion a memorable one! Select the gift to delight all—from mothers and sweethearts to the man who has everything. Our color catalog features a vast selection of chests, figurines, clocks, children's and collector's items—at all prices and musical, of course. To obtain your copy of catalog—send $1.00 (credited to your first order) to:

THE MUSIC ROOM dept. B 3701 HEMPSTEAD TPK LEVITTOWN NY 11756

SHOPPING AROUND
ACTION, REALISM
terrific wind-ups of heavy, metal. Mechanical tractor and trailer have rack and pinion steering, gear shift with reverse that really works. 6" x 12" set. Back and forth steam roller, 8" x 1", $10. Both $3.25. P.O. Dept. Catalogue, HG11, Federal Smallwares, HG11, 85 5th Ave., NY 10003

MINIATURE LIBERTY BELL
Beautifully detailed pewter miniature of the original Philadelphia bell which had been cast in London in 1752. 3" copy is complete with yoke and supporting framework. A bit of history for every American home, $19.95 ppd. Art Guild Ent., HG11, P.O. Box 23201, Minneapolis, MN 55423

STEP FORWARD
Wedgie lovely-as-leather with cushioned lining and insole. Camel, brown, dark green, burgundy. Narrow, 5 1/2 thru 12; medium, 4 thru 12; wide, 5 thru 12; no half sizes over 10. $12.99 plus 90c post. Morgan's Cove, HG11, 28 W. Prospect, E. Brunswick, NJ 08816

AWARD AT WILL
Framed Award of Merit on parchment paper 13" by 10". Space for framed lettering, name, event, date and organization. Black and red, $3.49 plus 50c post. Order #107 Anthony Enterprises, HG11, 550 Mission St., San Francisco, CA 94105

SUPER STAMP
Have a favorite portrait or snapshot made into a photo stamp all perforated and gummed to decorate letters, autograph albums, special gifts. Stamps are black and white. Send original and it will be returned. 50 for $2.95, 100, $3.95 ppd. Photo Poster, X825, 210 E. 23 St., NY 10010

World Famed BREVETTATA
Tear Gas Pistol Sold Direct by Mail

REQUIRES NO PERMIT
Solid metal construction, precision build. Magazine, lanes, etc. for 7 cartridges. Never apprehended without permanently rendering harm. Fitted with a powerful, heavy core, will knock out doors. Custom chambered for your own gun or none. No federal permit or license needed, but it is recommended that dealers choose with care. By mail, 1 Gun-Unit .. $17.00 2 Gun-Units @ $15 ea. (total $30) 3 Gun-Units @ $14.50 ea. (total $43.50) 4 Gun-Units @ $14 ea. (total $56) 5 Gun-Units @ $13 ea. (total $65) Extra tear gas shells .. 53 for ten rounds $2.50 Blanks for practice .. $2.50 per 100 $1.50 ea. Total Gas Antidote, Bottle .. $2.88

Enclosed is $ Money Order for $ 

World Famed BREVETTATA Tear Gas Pistol Sold Direct by Mail

HOUSE & GARDEN
SEA SCULPTURE
Perfect little piece of sea shells, tiny beach rocks, coral and the sea gull, of course, coming in for a landing on a weathered piling. Only 3" high and very detailed, handmade in the U.S. $3.95 plus 95c post. Tropical Biological Supply Co., HG11, Box 2148, Stuart, FL 33494.

BEAUTIFUL BUCK
A real Morgan silver dollar is the face of a handsome 17-jewel watch with stunning black suede band. With unbreakable crystal and a two-year guarantee, watch is $59.95 ppd. Horizon Industries, HG115, 5117 Eleventh Ave., Brooklyn, NY 11219.

MONEY MINDER
Dollars collect under a handsome dollar sign magnetized money clip that keeps it all together. Gold-finish dollar sign is on 21/2" metal clip to hold paper bills poshly. $1.98 plus 20c post. Anthony Enterprises, HG11, 555 Mission St., San Francisco, CA 94105.

SYMBOLIC BIRD
Dramatic 42" eagle of genuine weathered barn wood is a focal point for any wall. Crafted by hand from selected barn siding and it comes complete with the hangers attached. $24.95 plus $2.15 post. Carol Ann Gifts, Dept. HG4065L, P.O. Box 21026, Philadelphia, PA 19154.

LAVISH LACE RUFFLES
Country Curtains charm in no-iron polyester/cotton eggshell or white ruffled tiebacks. 90" w. per pair, 4" ruffles. 45", 54", 63" I., $25 pair; 72", 81", 90", $30 pair. 10" by 80" valance, $8 each. Add $1.75 post. Free catalogue. Country Curtains, HG11, Stockbridge, MA 01262.

TIFFANY KITCHEN PLAQUE
This stunning plaque makes a perfect window or wall decoration. Made of thick, pebbly textured glass and hand screened in four brilliant tiffany jewel tone shades. Hang it in a sunny spot and your kitchen will come alive as the bright colors radiate through the room. Measures a full 6" x 10" with an attractive black metal frame. Convenient window or wall hanger at the top. #034 TIFFANY KITCHEN PLAQUE only $5.98 + 35c post + handling
J. P. ENTERPRISES
22 H Lexington St., Waltham, Mass 02154

PROTECT FINE FURNITURE
with a natural wax glow
From Prime Imported Brazilian Carnauba Wax with absolutely no water content. A naturally glowing, long-lasting shine.

Walter-Delipsey
HANDMADE WAX
(214) 744-0734  8 oz. can $3.50
Please send name, address, city, state, zip code of Walter-Delipsey Handmade Wax. $3.50 ea., add 25c postage and handling each. Add 5% sales tax per can in Texas.

ELIMINATES RABBIT EARS
Secret Power Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Uses no current. For AM, FM, UHF/VHF, Black & White or Color sets.

POWER PLUG TV ANTENNA $7.98 + 45c Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
516 Mission St., San Francisco, CA 94105

MOPPETS®
Personalized Ornaments!
Four enchanting designs, American-crafted by Lillian Vernon! Pure perfection in solid brass, ship-polished for lifetime beauty — won't tarnish or break. Each one custom-engraved any way you wish. Sizes vary 3/4-31/4". PRINT names.
1289 Couplet 1290 Toddler
1280 Boy with Dog 1279 Girl with Gift
$2.98 each 3 for $7.98 6 for $14.98

LILLIAN VERNON
Add 35c post. & hdlg. N.Y. res. add taxes
Dept. GN1, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

Save on fine furniture! One of America's largest collections
MARTHA WASHINGTON Museum reproduction; hand-painted, floral and marbleized. 90" x 20" x 20" high. $200.00. Free in-home delivery. 1-800-237-2255
FRENCH DRUM TABLE Decorative grille doors. 24" diameter. 20" high. Fruitwood top, art. white base; or all same color. $155.00. SEND $1.00 FOR OUR BIG CATALOG
Jonas Fields
(Dept. G-115) Box 52226, Atlanta, Ga. 30305

NOVEMBER, 1975

187
If you have a special little niece, a grandson or other favorite child

**Give the gift that turns on a child's mind.**

Give highlights, the world’s most honored magazine for children 2 to 12. Eleven big issues a year, each at least 42 pages and illustrated in color. Stories, games, articles, crafts, hidden pictures . . . fun. But fun with a purpose: to help pre-readers to pre-teens learn to read and reason.

Gift rate (gift price guaranteed only to Jan. 1): 1 year (11 issues), $9.95.

---

**ANIMAL KINGDOM**

Our charming 14 oz. ON-THE-ROCKS glasses with their beautifully drawn African animals. SET OF EIGHT consists of 2 each of the cheetah, impala, rhino and ring-tail monkey in full natural colors with gold bands and name of the animal in handsome gold script. #5117

SET OF EIGHT GLASSES $16.00 + $1.95 postage. Order early for Xmas delivery.

---

**GOLFER'S DIVOT FORK & GROOVE CLEANER**

made from solid stainless steel. Two inches long. $4.00 each.

---

**GOLFER'S LUCKY STYMIE MARKER**

Handsome gadget even "Unhandy" Man or Woman Can Do It. Simple, inexpensive to make—even "Unhandy" Man or Woman Can Do It. Check or money order:

ideal Holiday Gift — 3 sizes

FOR: Do-It-Yourself Buff

Winter Weary Fun—or Gift

Designed to fold up and carry along. Storages 5 w — 13" d — 27" h.


---

**STAINLESS STEEL FOLDING SCISSORS**

**SHADES OF YESTERYEAR**

Picture this high back rocker on an old fashioned porch on a summer day. Solid oak with seat and back of woven nu-cane. Sanded ready to finish in stain or paint. 49" h., seat. 21" by 19". $28 exp. coll. Marion Travis, HGII, 109 E. Broad St., Statesville, NC 28677.

---

**BARTENDER ON DUTY**

The house bartender caricatured from a photo you send to Bruce Bolind with hair and eye color and your favorite mixologist's name for a 12" by 16" plaque and 6" by 8" caricature. Print name; picture returned with the plaque. $15.00. Bruce Bolind, HG11, Boulder, CO 80302.

---

**HEAVY CANVAS TOTE**

One piece, double bottom. Navy, red, avocado, yellow, sand, natural, brown. 12" x 9". $7.95 plus $1.15 post. 12" x 14", $9.75 plus $1.25 post. 18" x 14", $11.75 plus $1.35 post. (add 90c w. of Mass.). Catalogue free. Port Canvas Co., HG11, Dock Sq., Kennebunkport, ME 04046.

---

**MAGIC TOUCH**

One stroke of "Almond Stick" and superficial scratches disappear from pianos, furniture, woodwork. For mahogany, walnut, oak and other finishes. Used by professionals. $1.98 plus 25c postage to the nearest post office. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

---

**FAMILY CREST RING**


---

**HOLIDAY GIFTS**

ANIMAL KINGDOM

PLANTS, TRIVET, TREASURED BOWL, PLATE OR FRAME FROM A PHOTO YOU SEND TO BRUCE BOLIND WITH HAIR AND EYE COLOR AND YOUR FAVORITE MIXOLOGIST’S NAME FOR A 12" BY 16" PLAQUE AND 6" BY 8" CARICATURE. PRINT NAME; PICTURE RETURNED WITH THE PLAQUE. $15.00. BRUCE BOLIND, HG11, BOULDER, CO 80302.

---

**SHOPPING AROUND**

---

**BISK ASSOCIATES**

P.O. Box 264, Elmira, New York 14902

---

**HOUSE & GARDEN**
ALL-IN-ONE

FAMILY AFFAIR
Clever clear-plastic cabinet keeps all toothbrushes free from dust and mix-ups. Holds 5 in separate compartments, each with its own door, ever-ready and sanitary. $1.69 plus 25c post. Anthony Enterprises, H611, 556 Mission St., San Francisco, CA 94105.

COLORFUL T-SHIRTS

A/M ON THE ARM
Real solid state transistor radio straps around a wrist—he shall have music wherever he goes! Weighs just six ounces, yet pulls in all AM stations clearly. Great for active sportsmen. $14.95 plus 50c post. Crown Castle, 25 Mission St., San Francisco, CA 94105.

WHAT'S IN STORE?
Take a look into the future with fortune-telling cards that friends will find fun, too. Each card has a different picture or sign for answering questions on love, happiness, finance. $2.98 plus 25c post. Anthony Enterprises, H611, 556 Mission St., San Francisco, CA 94105.

SHOPPING AROUND

Perma Tweez has been clinically tested by a university professor of dermatology and proven to be safe and effective. One of his patients had previously been tweezing hairs from her chin every day for 15 years. After treating herself with Perma Tweez, she has eliminated this time consuming chore for the rest of her life! Over 15 thousand instruments in use by doctors—over 500,000 in use by people like yourself. Easy instructions make you expert in a few minutes. Save hundreds of dollars on salon electrolysis by doing it yourself.

AN EXPERT'S APPROVAL
Perma Tweez is a simple electrolysis instrument that PERMANENTLY removes ugly hair from all areas of the face—such as the chin, upper lip, eyebrows. Embarrassing body hair can now be removed forever in the privacy of your boudoir. Arms and legs can be forever free of the inconvenience of constant hair removal. An exclusive U.S. patented safety feature allows you to do this without puncturing the skin!

14 DAY MONEY BACK GUARANTEE
$16.95

Send check or Money Order
Now Available For HOME USE!
Our Liquid Laboratory Cleaner
MICRO SPARKLE

MICRO CLEAN
MICRO, our liquid cleaner used by hospitals, universities and chemical manufacturers for critical cleaning of glass, metal and plastics in their laboratories.

Give your finest glassware, silver, stainless steel, tile, enamel and pottery, laboratory sparkle with MICRO. Use safe, concentrated MICRO for cleaning ovens, pots, windows, floors, and tough stains and grease spots. MICRO does it all!

Send for exciting Free Gift Catalogue!

National Products Corp.
P.O. Box 118, Trenton, N.J. 08601
End thread-bare carpet in your heavi-
est traffic areas with our durable, tightly braided 9x27" nylon stair treads. Take all sorts of abuse—and come up always handsome. Choose shades or rich green or chestnut brown. $3.50 each (Add $1 post). Set of 13: $32.50 ($2.45 post).

WRITE FOR YOUR NEW FREE CATALOG: N. Conway, N.H. 03860

Send complete card number & exp. date. Add $1.50 postage/handling charge for each phone. Ohio residents add 4% sales tax. (Orders west of Mississippi add $2.00. Sorry, no C.O.D.)

SEND FOR FREE CATALOG

THE GREAT PHONE CO.
5404 Northfield Rd • Cleveland, Ohio 44137

(REVITALIZE)

SHAG CARPET!

*B NEW *

Shag Rake On Wheels

At last! a shag rake that really works. Just roll it thru your carpet, shreds carpet & brings dust to surface for easy cleaning. Professionals use cleaner, the LaVonne Rake before and after cleaning process. Shagging & pulling at your carpet is vir-
tually eliminated. Two different lengths of teeth to suit any length of pile. Constructed of tough durable Nylon & Steel. Fully Guaranteed only $11.95 ADD $1.50 Postage & Handling. Calif. Res. add 7% tax. Send check or money order

Send for FREE CATALOG:

KRYSTAL KLEAR KOFFEE FILTER

NEW — UNIQUE — NEW

Permanent Coffee Filter. KRYSTAL KLEAR KOFFEE FILTERS are scientifically de-
signed to brew clear, clean coffee at a savings of up to $75.00 or more over paper filters. Made of easy care long lasting fibers and a special weave to control the flow rate, not too fast resulting in a weak brew and a waste of coffee—or slow enough to pick up the bitter oils. One KRYSTAL KLEAR KOFFEE FILTER is guaranteed to last over 3,000 dispens-
able paper filters and brew the perfect cup of coffee without a trace of sediment.

THE CUP-TYPE FILTERS: THREE TYPE FITS:

Mr. Coffee, Coffee Master, Chemex, Wilkins, Great Coffee, & Sher, Moulinex, S.E., Black & Decker, Sencor, & others. NOT AVAILABLE IN STORES.

Please specify make. Send $4.95 check or money order to

Gene T. Popel Company
P.O. Box 3298. San Diego, California 92103

SHOPPING AROUND

LUCITE DESK SET


SPORTY TOWELS

If the game is golf or bowling, the colorful terry towels are a happy choice. Order smaller or weeper for each sport (specify). Bowling, 11" by 16"; golf, 15" by 24". Bowling, $2.79 each, golf, $4.19 each. Ppd. Miles Kim-

HANDBOOK, 100 Bond St., Oshkosh, WI 54901.

SHUT EYE

Sleep is king night or day that you
don the mask; shuts out any flick-
er of light that could disturb the psyche, the body’s rest. Fabric and elastic band’s so constructed that it fits any cranium. $2.98 plus 25c post. Anthony Enter-

VANISHING ACT

Time slips away before your very eyes on clock with liquid crystal numbers that dissolve and form new ones minute by minute. 2" h. numerals in glass on wood veneer base. Used by NASA. No moving parts. $119.95 ppd. Makers, Ltd., H53, 97 Bound Brook, New, MA 02161.
STAND-UP GREENERY

FRENCH ELEGANCE
For city or country, the handsome French Bergere chair in fruitwood or off-white finish. 34" h., 27" w., 21" dia. Swatches available. $269.95. In your own fabric, 5 yds. of 54" $245.95. Exp. charges coll. Catalogue, $1. Jonas Fields, GE115, Box 52526, Atlanta, GA 30305.

SHINING STAR

WEIGH AWAY
Hand postal scale checks postage for your lengthy letters wherever they go. Shows ounces (up to 4) on one side, grams on other. A must for compulsive writers, a nice travel gift. $1.98 plus 20c postage. A for your lengthy letters wherever you travel. $1.98 plus 20c postage. To your own friend and supply their own sunshine. New England at its very best.

SEASON'S GREETINGS
Collectors will love thimbles of fruitwood or off-white finish. 34" pastel pink. Sizes petite (6-8), small (10-12), medium (14-16) or large (18-20). $18.95 ppd. Your monogram $2. Scintilla Satin Shop, Dept. G, 4802 No. Broadway, Chicago, IL 60640.

FROM FACTORY TO YOU—
COLONIAL LADDERBACK
Native Hardwood
Height 42" Seat 171/2" x 14" Weight 10 lbs.
Matching Arm Chair add $3.00 to prices below.
Sanded—Ready to finish—$13.95
Walnut—Maple—Pine Wood finish—$16.95
Minimum Order, 2 Pieces Send check or money order, No C.O.D. Express Code 7-51 for Catalogue.

COUNTRY CURTAINS
Ruffled Cotton Muslin or Permanent Press
Natural or White

<table>
<thead>
<tr>
<th>Tiers</th>
<th>Cotton</th>
<th>Muslin</th>
<th>Press</th>
</tr>
</thead>
<tbody>
<tr>
<td>30&quot;, 36&quot;, 40&quot;</td>
<td>5.50 pr.</td>
<td>7.00 pr.</td>
<td></td>
</tr>
<tr>
<td>45&quot;, 54&quot;, 63&quot;</td>
<td>7.50 pr.</td>
<td>10.00 pr.</td>
<td></td>
</tr>
<tr>
<td>72&quot;, 81&quot;, 90&quot;</td>
<td>9.00 pr.</td>
<td>12.00 pr.</td>
<td></td>
</tr>
</tbody>
</table>

Send for Free Catalog

CRISP WHITE LACE
DO YOUR OWN WASHING... ELEPHANT TOWEL RING

<table>
<thead>
<tr>
<th>Size</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>12&quot; high, 8&quot; wide with hanging ring. Painted with yellow or green, add $1.00.</td>
<td>WALL ALL—Attractive and practical compartmentalized wall rack keeps mail, notes, recipes, etc. at your fingertips. Hand-woven of natural rattan. 7&quot; x 18&quot;, $5.95 plus $1.00 postage.</td>
</tr>
</tbody>
</table>

ELEPHANT TOWEL RING

Satisfaction Guaranteed

Send for Free Catalog

FROM FACTORY TO YOU—
COLONIAL LADDERBACK
Native Hardwood
Height 42" Seat 171/2" x 14" Weight 10 lbs.
Matching Arm Chair add $3.00 to prices below.
Sanded—Ready to finish—$13.95
Walnut—Maple—Pine Wood finish—$16.95
Minimum Order, 2 Pieces Send check or money order, No C.O.D. Express Code 7-51 for Catalogue.

A WELCOME SIGN FOR THE BICENTENNIAL Personalized
Have your own name inscribed above a beautiful hand-screened eagle, in 3 colors, over antiqued ivory background. We add the year of your marriage or when you established your home. Solid pine. Display inside or outside.

MARBON TRAVIS
P. O. Box 292, HG51, Statesville, N.C. 28677

INSTALL YOUR OWN SPIRAL STAIRS!
It’s fun to put together in less than 2 hours!
* COMPLETE INSTRUCTIONS INCLUDED
* NO SPECIAL TOOLS OR SKILLS NEEDED
* STOCK KITS AVAILABLE FROM $295.00

Who says the shortest distance between two points has to be a straight line?

THE STAGE STOP
440 Great Rd., N11, Acton, Mass. 01720
One of New England's most intriguing gift shops. Next to historic Concord.
THE FAMILY TREE BASKET PURSE...

The perfect answer for Christmas and other gifts. Wicker style basket, keepsake. Please state preference — a Bell, Christmas tree or Star.

Price includes postage and handling. Mastercharge and BankAmericard Accepted. Please send ALL raised print.

ORDER FROM:
THE TREASURE CHEST
3624-6 Austin Peay
Memphis, Tenn. 38128

DECOR BONUS!

The Boston Candlestick Lamp is a real "find"! And thrifty, too! This 8-sided beauty, with matching shade, comes ready to use on any table or shelf and is hand painted satin-smooth ready for you to antique, decoupage, or stain a glowing wood tone.

Free finishing instructions make it easy, fun! It's 27" tall, made from select hardwood. Fully wired with 3-way switch, 8-ft. cord. CHOICE OF SHADES: white or beige Shantung, oyster or natural Burlap. Satisfaction assured.$21.00 ea. *Unfinished.*

FREE Color Brochure

18 different lamp styles, both finished and unfinished, plus unusual decorative accessories!

Baxwood Crafters
Dept. HG11, Box 7012
LEXINGTON, KENTUCKY 40502

OVER 400 PATTERNS

Buschemeyer and Co., currently has in stock over 400 active, inactive and obsolete patterns of sterling and silverplated flatware. Also thimbles and silver dollars. Specify pieces and send self-addressed stamped envelope for prompt delivery.

Ky. Phone: 502-587-7342

Buschemeyer & Co., Dept. HG11
315 North Brentwood Blvd.
St. Louis, Missouri 63105

THIRTEEN COLONIES

A Bicentennial spoon collection by International Silver features original state seals and dates on which the states entered the Union. Present the U.S. flag and original thirteen star flag on reverse sides. The thirteen silverplated spoons complete with Salem pine display rack and informative booklet. $35 ppd. Buschemeyer & Co., HG11, 515 River City Mall, Louisville, KY 40202.
BATHROOM BEAUTY
Pretty surprising decor. Meadow scene with butterflies hand-painted by Wanda on commode seat, heavy duty, standard or elongated. Non-chip, high gloss enamel, white, harvest gold, lt. blue, lt. pink, yellow, avocado, tan. $16.50 plus $2 post. Armchair Trader, HG11, Box 11, Lynnville, KY 38472.

CHRISTMAS HOUSE
Here's an out-of-the-ordinary present sure to please. It's a purse that looks like a story-book house decorated on all sides with Christmas cheer at every door and window. Top lifts on brass hinges, bottom is lined. 8¼" by 4½" by 5" to 8" h., complete with straw, $50; core set, babe in manger, Mary, Joseph, and two sheep, $15 Ppd. Catalogue, $1. Appalachian Fireside Crafts, HG-NS, Box 276, Booneville, KY 41314.

NATIVITY SCENE
Christmas the Appalachian way. Beautifully crafted nativity scene in natural and hand-dyed shucks. Nineteen pieces in all, as shown, $50; core set, babe in manger, Mary, Joseph, and two sheep, $15 Ppd. Catalogue, $1. Appalachian Fireside Crafts, HG-NS, Box 276, Booneville, KY 41314.

APPALACHIAN WREATHS
Decorate your home this Christmas with wreaths made of pine and hemlock cones, hickory nuts and various seed pods gathered from the Appalachian Mountains. Each is individually wired to a frame. These beautiful circles in muted browns will last for years and make wonderful gifts.

TREASURE
Perfect size table for coffee cup and ashtray. Hand-crafted in Kentucky of solid African mahogany, hand-rubbed finish (no veneer). Masterful miniature of 18th century butter's tray. 18"h. with 9" by 13" top. $34.50 plus $2 post. Wakefield Scearce Galleries, HG11, Box 23367, Shelbyville, KY 40065.

APPALACHIAN FIRESIDES CRACKS

AND NOW THERE ARE FOUR!
Kentucky's only AUTHENTIC julep cup, our famous handmade STERLING SILVER cup now has three matching companions! All four items are heavy gauge silver and have hand beading at top and bottom. All bear our traditional presidential markings, which date them for posterity. Start a set TODAY ... and pass them on to future generations with great pride! Use them for water, milk, cokes ... or whatever you wish! They make excellent business or presentation awards.

Fireside Crafts. HG-NS, Box 276, Booneville, KY 41314.

CHRISTMAS WREATHS
Wreaths made of pine and hemlock cones, hickory nuts and various seed pods gathered from the Appalachian Mountains. Each is individually wired to a frame. These beautiful circles in muted browns will last for years and make wonderful gifts.

B & B Needlecrafts
2277 Union Ave., Memphis, Tenn. 38104

Please turn page for more shopping around Kentucky and Tennessee
Smoky Mountain Magic Cookbook

**ONLY $5.00**
Slightly Higher Outside U.S.A.

Over 1,000 superb, kitchen-tested recipes collected from outstanding cooks of the area.

Send check or money order (no c.o.d.'s) to: SMOKY MOUNTAIN MAGIC COOKBOOK
Junior Service League - Box 1082
Johnson City, Tennessee 37601

---

**SHOPPING AROUND KENTUCKY AND TENNESSEE**

**STAR PERFORMER**
Top honors for a terrific quilting project go to a precut pillow with the official Bicentennial Star design. Kit includes 18" by 18" cotton block with red/white/blue design in 10 applique pieces. $9.95 plus $1 post. Needlepoint version with printed canvas, Persian wool yarn, for 14" sq. pillow. $17.95 plus $1 post. B&B Needlecrafts, HG11, Box 295-A, Lynchburg, TN 37352.

**BATTER UP!**
He'll keep his baseball gear in apple-pie order on a wood rack with slots and pegs to hold bats, mitts, cap, balls. The masonite backboard holds heroes' photos; easy to assemble. 20" by 13½". $5.98 ppd. Slim-Ez Suit Co., Inc., HG11, Box 3193, Chattanooga, TN 37404.

---

**HAVE A REAL FAMILY HEIRLOOM!**
**YOUR OWN HOME IN NEEDLEPOINT**
From your own photo and description, let well-known authority, Maud Hundley, help you create a needlepoint portrait for framing of your own home. Here is not only an accent piece of subtle elegance, but a cherished memory for generations to come. Send photo and complete description of all colors and details for estimate—Remem-ber, the more complete the description, the more faithful the reproduction.

MAUD HUNDLEY STUDIO
Box 264
Anchorage, Ky. 40223

---

**RACKET-PLAQUE**
The Tennis Equipment Organizer
For attractive wall or door mounting. Holds up to 4 tennis racquets (or 2 in racket presses)—2 cans of balls—wooden pegs for accessories. Shipped with old-fashioned "cut" nail for hanging.

Stained walnut—$23.50 + $1.50 mailing & handling. Unfinished—for that personal painting touch—$19.00 + $1.50 mailing & handling.

Send 10c for catalog sheet of other unique gifts. Sales Guaranteed—No COD's.

THE WOODSHED
4187 Northeast Expressway, Atlanta, GA 30340
Phone 404-934-1888

---

**HOUSE & GARDEN COLORS**
Order this year's 36 House & Garden Color Chips now—each set accompanied by Merchandise Directory—(Who make What in Which Color).

36 large 3" x 6" Color Chips and Directory $7.00
36 Miniature 1" x 2" Color Chips and Directory $3.00

Checks or money orders to: House & Garden, Dept. HG 76
P. O. Box 1910
Grand Central Station
New York, N.Y. 10017

---

**PORTRAIT OF AMERICA**
Familiar scene from old-time American countryside advertising.

"Rock City Barn" by artist David Moses in 12" by 16" black and white lithograph, $5.95 and on a sterling ingot, 1 troy ounce. 999 fine silver, $14.95. Both $19.95 Ppd. Numbered, limited editions, 1,000 ea. Treasure Chest, HG11, 3624-6 Austin Peay, Memphis, TN 38128.

---

**CLEARLY CLASSIC**
For the folks who like their whiskey straight or even with a mix, a set of sipper glasses gives a clue to the brand to order—Jack Daniel's Gold Medal. Set of six 9-oz. on-the-rocks glasses, $4 plus $1 post. Two sets, $1.50 post. Lynchburg Hardware & General Store, HG11, Box 295-A, Lynchburg, TN 37352.
SHOPPING AROUND

HEIRLOOM LOOK
Lovely copy of a necklace your grandmother might have owned. Cameo slide is adjustable high or low. Removable pendant seal can be replaced with your own watch. Finish is antique gold. 27" long. $10 prepaid. Catalogue 25c. Bonnie Sue Gifts, HG11, Box 253, Oceanside, NY 11762.

TERRIFIC T's

TWO FOR ONE
Helpful gadget not only provides four outlets instead of two, it covers exposed plugs for beauty and safety. Ivory finish can be painted or papered! Just plug in, no installation. Hide-a-Plug, mid.; no installation. Hide-A-Plug

NEEDELEPOINT ORNAMENTS
Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy, and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½" to 5". $2.75 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

Amazing Stowaway
Step Stool folds to only ONE-INCH wide!
Introducing Marlene Designs' new Slim Line Step Stool, beautifully designed with classic lines, strong enough to support over 800 lbs. Yet it folds away beside refrigerator, in tray rack, under counter or hangs on wall because it folds to only 1" wide! Superstrong baked enamel finish Griptex™ step surfaces, non-skid feet. Weights 8½ lbs. Folded size 22½" x 17½" x 1". S a r. enough to use as plant display or tote seat. Five designer colors: Tomato, Colonial Gold, Sunflower, Lime, Snow. Order yours today, $24.95 prepaid. Add $2.00 shipping, Buy 2 or more shipping Free. Conn. res. add $1.75 ea. sales tax. Try it for 5 days. If not completely satisfied, return for full refund.

Belmar Corp.
Box 881/Westport, CT 06880

say it in Quickpoint

For pillow, rug or wall hanging (20" x 18"), each kit contains taped #5 French canvas, Paternayan rug yarn, needles and complete instructions. Tennis quickpoint: red-yellow; Golf quickpoint: yellow-on-greens.

$22.50 each, postpaid

ea la preajina's needleworks, inc.
p.o. box 423-HGN-whit plains, n.y. 10602

HEIRLOOM LOOK
Tool does great things: sews two needles. $4.98 plus 40c post. Anthony Enterprises, HG11, 556 Castle, HP-500, 51 Bank St., Poughkeepsie, NY 12601.

Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

NEEDLEPOINT ORNAMENTS
Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy, and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½" to 5". $2.75 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

Amazing Stowaway
Step Stool folds to only ONE-INCH wide!
Introducing Marlene Designs' new Slim Line Step Stool, beautifully designed with classic lines, strong enough to support over 800 lbs. Yet it folds away beside refrigerator, in tray rack, under counter or hangs on wall because it folds to only 1" wide! Superstrong baked enamel finish Griptex™ step surfaces, non-skid feet. Weights 8½ lbs. Folded size 22½" x 17½" x 1". S a r. enough to use as plant display or tote seat. Five designer colors: Tomato, Colonial Gold, Sunflower, Lime, Snow. Order yours today, $24.95 prepaid. Add $2.00 shipping, Buy 2 or more shipping Free. Conn. res. add $1.75 ea. sales tax. Try it for 5 days. If not completely satisfied, return for full refund.

Belmar Corp.
Box 881/Westport, CT 06880

SHOPPING AROUND

HEIRLOOM LOOK
Lovely copy of a necklace your grandmother might have owned. Cameo slide is adjustable high or low. Removable pendant seal can be replaced with your own watch. Finish is antique gold. 27" long. $10 prepaid. Catalogue 25c. Bonnie Sue Gifts, HG11, Box 253, Oceanside, NY 11762.

TERRIFIC T's

TWO FOR ONE
Helpful gadget not only provides four outlets instead of two, it covers exposed plugs for beauty and safety. Ivory finish case can be painted or papered! Just plug in, no installation. Hide-A-Plug

NEEDELEPOINT ORNAMENTS
Soldier, lollipop, candy cane, drum, Raggedy Ann and Andy, and gingerbread boy—complete kits with canvas, Persian Paterna wool, needle, chart and instructions. 3½" to 5". $2.75 each. Any six, $11.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.
**The American Eagle Coverlet**

**MATCHING SOLID COLOR DUST RUFFLE**

Add a fresh, clean look to your bedroom every morning with our Colonial Coverlet, the Eagle Pattern in red, blue or moss green on crisp white. Gives you warmth—without weight! Choose Twin or Double: $32.95 each. (Add $2 postage).

**Yield House**
Dept. G511A-Box 1000
N. Conway, N.H. 03860

**WRITE FOR YOUR NEW FREE YM CATALOG**

**BEAUTIFUL DREAMGOWN**

Eve Stillman's full and flowing nightgown in silky nylon tricot. Exquisitely detailed with its diamond smocked yoke, frothy lace-shirred scoop neckline and cuffs. Pale blue or yellow. P(6), S(8-10), M(12-14), L(16-18). $18.00.

"UPSTAIRS"
the Brownstone Boutique on the 22nd floor at 342 Madison Ave., Dept. Gil, New York, NY 10017
(212) 687-0190

If you prefer shopping from home, write or call for our FREE HOLIDAY BROCHURE

Add $1.00 for handling. New York State residents add sales tax
Check, M.O., American Express, BankAmericard or Master Charge

**SANDAL DAZZLER**

Multicolor "gems." Cushioned insoles, adjustable backs. White, black, gold, silver; pink, blue, yellow, green pastels (specify alternate colors). N 5 1/2-12, M 4-12, W 5-12. (No half sizes over 10) $11.99 plus 90c post. Morgan's Cove, HG11, 28 W. Prospect, East Brunswick, NJ 08816.

**SALEM CURTAINS**

Permanent press natural or white polyester/cotton. Six inch ruffle:
86" w. 45", $11.54; 12: 63", $13; 72", $14; 81", $15.25; 84", $15.75; 90", $16.75. $1.75 post. Tiebacks, valance included. Free brochure. Old Colony Curtains, Dept. GS16, Box 759, Westfield, NJ 07090.

**NON-SKID PROTECTION**

Foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. Pads also relieve pressure of frames on sensitive skin. $1.98 for 24 pads plus 85c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

**UNITED IN GOD**

Laminated wooden plaque in rich color is ready to hang on the wall as an inspiration for all the family. Border is a handsome Italian scroll of leaves and blossoms. Size 8" by 6" $1.98 plus 35c post. Cadlyn's, HG11, 2077 New York Ave., Huntington Sta., NY 11746.

**DECORATOR DESIGNED**

**PLANT PEDESTAL**

UNIQUE—CLEAR LUCITE

SV6" Round All Purpose Pedestal for Plants, Sculpture, Cakes etc! Incredibly priced at only $5.00

Available in White, Black & Tortise for only $6.00

—ALSO—

Available in 40" size for window plants. Clear only $2.50

—IDEAL HOLIDAY GIFTS—

WE will send a gift in your name. Just tell us where it goes, they will LOVE YOUR THOUGHTFUL GIFT WRAPPED PEDESTAL.

Please add $1.00 for postage & handling

MITCHELL PLASTICS, INC.
4241 Park Ave., New York, N.Y. 10457

**Tennis and T-Shirts**

...two of the hottest items in Bi-Centennial America became one, in the "OVERHEAD SMASH" cotton, 50% polyester. Soft, machine washable. White with red piping. Design is in black. Kids sizes: 10-12, 14-16. Adults: Sm., Med., Lg., X-Lg. $4.50 ea. 2 for $8.00. 3 for $11. Add 25c for postage & handling. Please send check or money order to: Mr. Tennis, P.O. Box 6906, Grosse Pointe, MI 48238.
ORGAN SELECTIONS
Organ music makes beautiful listening on 8 track or cassette tapes to delight family members over the years. Familiar themes include "Somewhere my love," "The Entertainer" and many more. $4 ppd. Easy Listening Music, HG111, Mall Music, Fort Myers, FL. 33901.

DIETERS AHOY
Gag gift setting guaranteed to help in weight loss. Bottomless spoon, cut off knife and fork will keep dieters from over-eating and give them and other guests a good laugh. $1.98 plus 25c post. Anthony Enterprises, HG111, 556 Mission St., San Francisco, CA 94105.

UPRIGHT IN CREWEL
Moss green linen and cotton blend is ready to work in crewel embroidery. Three dimensional pieces is worked in green and blue with white, ivory, flesh, yellow, gold, burnt orange, brown, black. 14" by 14", $7.50 plus 75c post. The Stitchery, HG111, Wellesley Hills, MA 02181.

GOT THE SLIM WHIM?
Firming up the figure even after you've lost a few pounds isn't always automatic. Slimmer belt helps you to a trim shape, fastens easily with Velcro, adjustable from 26 to 50"; 7" wide. Wash and wear cotton, too. $5.99 plus 35c post. Holiday Gifts, Dept. 311-S, Wheat Ridge, CO 80033.

PLANTING ALOFT
Handwoven natural rattan baskets with oversize wicker chains to show off indoor plants to their best advantage. The end ones hold 8" pots and the center one a 6½" pot, $9.95 for the trio plus $1 post. The Wicker Tree, HG111, 124 College Pk., Nova. VA 23510.
"STITCHES IN TIME"
1976 Needlepoint Calendar
This unique fun-to-own calendar makes it easy to be your own Interior Decorator. $11.99
Add $1 postage and handling.

Send for our all new 1976 Needlepoint Shores Catalog, featuring hundreds of exciting, creative stitchery kits of all kinds. $2.50 for the catalog. Free of charge with calendar order.

THE Caftan Jump
$11.99
Combines today's top caftan look with the free to easy swing of palazzo pants. Ties high under the bosom, zips below. Washable acetate jersey. Assorted prints. Sizes S(10-12), M(14-16), L(18-20). $11.99 Order M240671

Realistic Mushrooms, actually born of the sea. Mushroom Coral from the South Pacific form natural caps, on wood stems and base. An errant ladybug or two add a splash of color to an out-of-the-ordinary gift item or a collectible for your own enjoyment. Approximately 3½" high. M-2 Mushrooms $3.95 plus 92¢ shipping and handling. No C.O.D. please. Complete Satisfaction Guaranteed

THE RUFFLED CLAM
P.O. Box 2148 Stuart, Fla. 33494
Many people—senior citizens, arthritics and those suffering from Multiple Sclerosis, Muscular Dystrophy or Parkinson's disease—need help getting in and out of a chair. The EASY-LIFT—like a helping hand—reaches, and it runs on household current. Easy to control, easily adjusted for height, and it runs on household current. EASY-LIFT—like a helping hand—reaches, and it runs on household current.

THE RUFFLED CLAM
P.O. Box 2148 Stuart, Fla. 33494

A perfect reusable gift. Every gardener will love these permanent colorful markers. 3" diameter—6" stake, twelve designs, specify choice. 6—$2.75 12—$5.00
Radish Beets Onion Carrots
Beans Peas Lettuce Corn
Cucumber Squash Egg Plant Pumpkin

AMAZING AIR PLANT
Imported Hawaiian plant grows on air, needs little care. In winter, pink blossoms appear. Folklore says plant brings good health, long life. Guaranteed or free replacement. Three, $2.75; one, $1.25 plus 25¢ post. all orders. Hawaii House, GE-10, Box 125, Ardsley, NY 10502.

CERAMIC CHESS
Opulent pieces are porcelain with weighted bottoms. Corinthian (shown) or Medieval style. King is 5¼" h. Choose color to oppose white set: gray, dk. brown, black, med. blue, lt. blue, green. Set of 34, $125 ppd. Ceramic Specialties, HG11, Box 633, Berwyn, PA 19312.

SAUCEPAN STEAMER
French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stainless steel. 5½" dia. at bottom; expandable top opens to 9½". $3.98 plus 50¢ post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

LOG IT
Why lug the logs inside when you can do it in style. A handsome version of canvas log carrier in natural cowhide. Hefty handles riveted for extra strength if towing the maximum four medium size logs. $12.95 plus $1.25 post. Postmatic Co., HG1175, Lafayette, Pa. 19444.

SUNBONNET SUE
Chubby charmer in a sweet pillow of dotted Swiss, gingham and the maximum four medium size. $12.95 plus $1.25 post. Postamatic Co., HG1175, Lafayette, Pa. 19444.

EAST-LIFT...makes it easy to be your own Interior Decorator!
AVOID COSTLY DECORATING MISTAKES. Create miniature settings for every room in your house before spending a cent for a piece of furniture. A yard of fabric, a roll of wall paper, or a bucket of paint. Think how much you can save if you really plan before you buy. Over 150 different furniture combinations for every room. Sofas, chairs, sections, tables, chests, beds, pivos, fireplace etc. Decorate furniture pieces, walls, with your fabric and paint samples. Includes 3-D miniature furniture of solid styrene. Graph Board, Walls, Windows, Boxes, all to exist by scale. Design and instruction book included. Created by Adele E. Behar, ASID. Guaranteed. Only $8.98 (we pay postage).

SHIPMENTS AROUND

Garden

EASY-LIFT...makes it easy to be your own Interior Decorator!
AVOID COSTLY DECORATING MISTAKES. Create miniature settings for every room in your house before spending a cent for a piece of furniture. A yard of fabric, a roll of wall paper, or a bucket of paint. Think how much you can save if you really plan before you buy. Over 150 different furniture combinations for every room. Sofas, chairs, sections, tables, chests, beds, pivos, fireplace etc. Decorate furniture pieces, walls, with your fabric and paint samples. Includes 3-D miniature furniture of solid styrene. Graph Board, Walls, Windows, Boxes, all to exist by scale. Design and instruction book included. Created by Adele E. Behar, ASID. Guaranteed. Only $8.98 (we pay postage).

Garden

EASY-LIFT...makes it easy to be your own Interior Decorator!
AVOID COSTLY DECORATING MISTAKES. Create miniature settings for every room in your house before spending a cent for a piece of furniture. A yard of fabric, a roll of wall paper, or a bucket of paint. Think how much you can save if you really plan before you buy. Over 150 different furniture combinations for every room. Sofas, chairs, sections, tables, chests, beds, pivos, fireplace etc. Decorate furniture pieces, walls, with your fabric and paint samples. Includes 3-D miniature furniture of solid styrene. Graph Board, Walls, Windows, Boxes, all to exist by scale. Design and instruction book included. Created by Adele E. Behar, ASID. Guaranteed. Only $8.98 (we pay postage).

Garden

EASY-LIFT...makes it easy to be your own Interior Decorator!
AVOID COSTLY DECORATING MISTAKES. Create miniature settings for every room in your house before spending a cent for a piece of furniture. A yard of fabric, a roll of wall paper, or a bucket of paint. Think how much you can save if you really plan before you buy. Over 150 different furniture combinations for every room. Sofas, chairs, sections, tables, chests, beds, pivos, fireplace etc. Decorate furniture pieces, walls, with your fabric and paint samples. Includes 3-D miniature furniture of solid styrene. Graph Board, Walls, Windows, Boxes, all to exist by scale. Design and instruction book included. Created by Adele E. Behar, ASID. Guaranteed. Only $8.98 (we pay postage).
A new way to make great coffee
THE FILTRON COFFEEMAKER

extracting the essence of coffee flavor without boiling bitterness into taste.

The Filtron draws out the true, rich flavor of coffee and eliminates waste. Not a coffee pot with a filter, the Filtron cold water extractor allows you to pour your favorite coffee into the unit, add cold water and steep overnight. Next morning draw off the essence, delivering 42 ounces of pure coffee extract. Just 2 tablespoons in your cup, add hot water and enjoy coffee as never before.

The Filtron Deluxe comes complete with instructions and is yours for only $26.95 plus $1.75 for shipping and handling. Filtron Junior pictured, approximately 30 ounces, $15.95 plus $1.20.

BankAmericard or Master Charge accepted.

H.A. Hunt Enterprises
P.O. Box 1407, HG, New Haven, Ct. 06507

COUNT COINS FAST!
Sort, count, wrap pennies, nickels, dimes, quarters in seconds. Simply slide coins into 4 channels. Shows the totals as you go. No more fumbling with the wrapper. Real time-saver for merchants, cashiers, clubs, collectors, etc.

COIN TRAY . . . $2.98 + 40c Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

WHEN SOMEONE YOU LOVE LOSES A MARRIAGE PARTNER...
GIVE THE LOVING GIFT — the book that brings comfort and understanding when it is most needed.
"THE SMILES, THE TEARS", by Mildred Johnson, the nationally known lecturer on marriage, gives practical solutions to the problems of those facing life alone. Frankly, candidly, beautifully told — an inspiration to all. Autographed copies available.

CAROLINA ASSOCIATES
P. O. Box 499, Dept. HG-11
Shawnee Mission, Kansas 66201

$3.95
Plus 25c Postage and Handling

 THE GREEN MOUNTAIN CHRISTMAS WREATH
22' fragrant balsam boughs richly decorated with natural red holly berries, nut brown cones, large red ribbon.

PARTRIDGEBERRY BOWL Dark glossy round leaves, white deer-moss, partridgeberry streamers. Will last through the Holiday Season.

FREE! HOLIDAY DECORATING FOLDER

POTNEY NURSERY, INC.
Box HGC, Putney, Vermont 05346

CANOPY AND SPREAD
Delicate fishnet canopy, hand-tied, double thread, custom made. Pure or Creamy white in your traditional designs. Pre-shrink, standard tester 87'/4 x 56'/4. $106.50; Queen-size $126.50, King-size $162.50. The coveted charm of by-gone days is faithfully produced by master craftsmen to retain for you the loveliness of a genuine "Honeycomb" heirloom spread. Woven in Creamy white or Pine Green. Sets for Sun, Cabin Rose, Walnut House, Colonial Red, Indigo, Delft or Light Blue. Additional, on white, Double 94 x 112, Single 82 x 112, including fringe, $90.00 Ck or M.O. with 25c Postage. Satisfaction Guaranteed. Literature 25c.

VIRGINIA GOODWIN
Dilworth Station, Charlotte, N.C. 28203
These patchwork puff pillows are pattern co-ordinated and dacron filled. The permanent fabrics are machine washable and dryable. Available in the following colors: black/white; brown/white; or green/white.

200 PATCHWORK PUFF PILLOWS

CEDAR PRODUCTS, Dept. HG-2, Box 84, N. Baldwin, N.Y. 11510

CEedar lOG CabIN & FORt

Kids Love 'em Both

Lusts from generation to generation

Decorative box pattern is of cross-cut olivewood slices set in solid olivewood frame. 4" by 6" by 1 1/4". $8.50 ppd. One of a huge selection including ivory, brass, onyx, bone, tortoise. Catalogue 50c. Ornamental Boxes, HG11, 11789 W. Pico Blvd., Los Angeles, CA 90064.

THE BANDIT BOX

Place a coin in the holder, immediately you hear a grinding of gears... slowly lid rises, a pale green hand emerges. Amazing how much money you'll collect. Operates on 2 penlight batteries (not included)

THE BANDIT BOX

No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

Dept. HG-115

556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

SANTA'S HELPERS

Miniature Christmas stockings of quilted cotton hold jewelry, money and other small surprise gifts. Pretty to hang on tree or place underneath. 6½" long. Assorted designs: checks, patchwork, paisley. Six in gift pack $5.95 ppd. Elizabeth McCaffrey, HG11, Northport, NY 11768.

GIRL'S BEST FRIEND

Virtualy replacing the diamond for those top honors is the Kenya gem, which is cut just like a diamond and sparkles the same. One can expert knows for sure! Just $45 per carat. Free brochure of sizes, settings from Kenya, HG11, 1760 No. Howard St., Philadelphia, PA 19122.

QUEEN ANNE CHERRY

Elegant lowboy with all parts pre-cut, pre-shaped and pre-sanded is ready to assemble. Solid Pennsylvania cherry is kiln-dried. 30" by 32" by 17½" high. $96.50 ppd. Also available assembled and finished. Free catalogue. Emperor Clock Co., Dept. QA, Fairhope, AL 36532.

BOX BONANZA

Decorative box pattern is of cross-cut olivewood slices set in solid olivewood frame. 4" by 6" by 1 1/4". $8.50 ppd. One of a huge selection including ivory, brass, onyx, bone, tortoise. Catalogue 50c. Ornamental Boxes, HG11, 11789 W. Pico Blvd., Los Angeles, CA 90064.

WEATHER WISE

When fair weather is in store the children come out, for rain or snow it's the old witch. The chalet they live in is of marble-look plastic. Thermometer, too. 5½" by 4½" by 1 ½". $1.98 plus 25c post. Order #422 Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

YOUR CHILD'S NAME

TRUE MEANING OF NAME

With Poem In A Frame

A unique personalized gift. Tender, heart-warming poem gives TRUE MEANING OF YOUR CHILD'S NAME. 8½ x 11 inch paper, 36 page booklet. $6.25 each. Add $1.00 for postage and handling. PERSONALIZED CHILDREN'S POEMS Dept. 6115, Garden Lane Imports, New York 10028.
SHOPPING AROUND

GULL FRIENDS

SPEED SEWING

HANDWOVEN WICKER
Twinkly marble-eyed frog with big mouth is glad to swallow paper, laundry, needlework or toys. 19" h. by 16" w. $14.95 plus $2 post. Painted white, blue, pink, green, orange, yellow, black $1 extra. Catalogue 25c. Fran's Basket House, HG11, Route 10, Succasunna, NJ 07876.

NO EVIDENCE
Rust disappears without a trace from colorfast fabrics, porcelain sinks and toilet bowls with a remover that needs no rubbing or scrubbing. Terrific on tarnish, too. $1.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

AGELESS ANGELS
This year's tree can have a Renaissance mood with classic angel ornaments from Italy modeled after cherubs seen in artworks. Hand-painted collection from 2½" to 2½" !. Unbreakable, a set of six is $5.98 plus $.50 post. Lillian Vernon, GNE, 510 So. Ful-ton Ave., Mt. Vernon, NY 10550.

DOMESTICATED EARTHWORMS
We accept Ba
Send a check or money order to:
Box 2221. Walkersville, P. 0. Windsor, Ont. Canada
Grown especially for house plants and gardens. They aerate the soil and form channels for root expansion and water intake. Earthworms also make excellent food for your tropical fish. Includes shipping and instructions.

SECRET OF LIFE
It comes with complete instructions and is easy to grow.
Three Leaves of Life for $1.50. None for $2.50
Please add 25c for handling and postage.
ROBERTA'S Dept. HA-1
P. O. Box 3000, Shelbyville, Ind. 46176
Box 2221. Walkersville, P. O., Windsor, Ont. Canada

THE TALBOTS
Your Own Wrap
Wrap yourself in our sumptuous robe of fleecy brushed Arnel/nylon. Beautifully made with notched collar and single patch pocket. It's piped in white satin with monogram to match. Indigo or peach. Sizes 8-16. $33.00. Monogram (please underline last initial). $3.00. Add $1.50 for postage.

THE TALBOTS
Dept. NW. Hingham, Mass. 02043

NEW RYA COLLECTION. One simple stitch makes these pre-started wool rya wallhanging, rugs or cushions. Kits imported from Sweden feature lustrous rug wools, easy to follow color charts and English instructions. Send $1 for our new color catalog of award-winning designs.

SKÖN KITS

NEW RYA COLLECTION. One simple stitch makes these pre-started wool rya wallhanging, rugs or cushions. Kits imported from Sweden feature lustrous rug wools, easy to follow color charts and English instructions. Send $1 for our new color catalog of award-winning designs.
REAL COMFORT WITH OPEN SHIRT

Shapes to the neck. So comfortable you forget it is there. Adjustable to size. No more bother. Stays in place. Luxurious fine denier polyester. The OST, open collar tie $5.98. Mailing ea.

CARTIER CRAVATES INC.
Dept. H-11
P.O. Box 73, Champaign, Ill. 61821
Canadian address: 6666 St. Urbain St., Montreal, Canada H2S 3R1

SHOPPING AROUND

CLASSIC STRAND
New-looking in its simplicity, its quiet elegance. Lustrous and creamy 8mm simulated pearls, knotted by hand, in 22" matinee length. With sterling silver filigree clasp and a soft glove leather pouch. From Spain. $10.95 ppd. Small Shop, HG11, Box 76303, Los Angeles, Cal. 90005.

JELLY ROLE

ECONOMIC IDEA
These days a penny saved is, indeed a penny earned. Tube squeezer are a prime example. Turn key as tube contents are used and no mess no waste. Re-usable, too! Set of eight, $1.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, Cal. 94105.

LITERARY HANGUP
Space-saving magazine rack is pretty and very practical for den, family room or bathroom. It attaches easily to wall, is 17 1/2" h. by 12" w. by 6 1/4" d. In Koch brass plate or contemporary nickel plate. $11.95 ppd. St. Nicholas Boutiques, HG11, Santa Fe, N. M. 87501.

ANIMAL FARE
Collect a bounty of wild animals the ecological way: through art! Elephant, shown, is a black-on-white lithograph on scratchboard, 11" x 14". Also available: Lion and Leopard. All by Ed Jonas. Each $4; three, $10. Ppd. Catalogue 25c. Tattered Boot, HG11, Lamont, Fl. 32336.

ANIMAL LOVERS
You know you love them—but do they? Show your pet just how much you care with our personalized pet dish. A street scene from Petsville surrounds this 9" round, highly glazed white ceramic bowl with brown accents. Your pet's name permanently hand lettered under dishwasher and food safe glaze.

For only—$9.50 plus 90c shipping
No CODs.
PRMT pet's name clearly.
NY STATE Residents add Tax.
Money refunded if not fully satisfied.

DELBAR CREATIONS
Dept. H-15A
16 Laurel Road East Northport, N.Y. 11731

YOU CAN BE A MURAL ARTIST

• Paint-by-the-numbers wall murals—fool-proof way of helping you become a mural artist, with professional results.
• Anyone can paint our designs—from mini-murals to larger murals up to 12 feet wide, in 2 to 9 decorator colors.
• Subjects shown in our catalog include Tropical, Oriental, African, Spanish and Western scenes, panoramas, race cars, animals, zodiac signs and many more.
• Murals can be painted in a few hours or all week.
• Mural kits complete with pattern, brushes, paints and easy instructions, from $49.95 up.
• Add gracious beauty to any room.

All Kits Sold on a Money-Back Guarantee For 32-page full-color catalog with decorative guide, color chart, easy instructions, mail 25c.

Double 'M' Marketing
Dept. HG-511, P.O. Box 8500
Fountain Valley, Calif. 92708

J&D Brauner THE BUTCHER BLOCK

It's Carroll Reed for...
COUNTERFEIT ANTIQUE

Hand-wrought, electrified copper lantern. 13" by 5½". Reproduced from a 1720 original in the Gettysburg collection, it has that primitive look achieved by hand soldering and rubbing. $39.50 ppp. Catalogue, #2. The Muller Co., HG11, Dogwood Hollow, Miller Place, NY 11764.

LONG BALL AWARD

Prize for the golf widow to give her man or as an award for The Fearless Foursome. On natural wood frame, 5½" by 7¾". Reads, "For the golfer who hits a long ball" with space for name. $3.49 plus 55c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

LAMP TO DECORATE

Drum lamp in native hardwood is sanded ready to antique, decoupage or paint to complement the decor. 3-way switch, 8" cord and shade in white or beige shantung, hand-rolled and page or paint to complement the decor. 3-way switch, 8' cord and shade in white or beige shantung, hand-rolled and

RICE BALL

White fluffy round mounds of rice. Makes 10 cups; snaps closed; lowers into boiling water and holds up to two cups; snaps open. Stages and handling. Allow 2-4 weeks. $3.99 plus 55c post. Anthony Enterprises, HG11, Box 7012, Lexington, KY 40502.

RAGGEDY ANN & ANDY TABLE LAMPS

ggedy Ann & Andy table lamps 16" tall with 8½" x 3½" base. Comes complete with white, red, and blue coloring w/built in light in alphabet block. This will put any child's heart because it has it's own Raggedy Ann & Andy doll attached to the lamp. The Fearless Foursome. On natural wood frame, 5½" by 7¾". Reads, "For the golfer who hits a long ball" with space for name. $3.49 plus 55c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

SHOULDER CHIC

For sheer fashion drama, a beautiful shawl. Here, an acrylic rosette knitted shaped shawl in three color combinations: all white, pink and white or blue and white. $7.50 airmail ppd. The Compass Rose, HG11, No. 5 Company St., Christiansted, St. Croix, VI 00820.

RUGGED CANVAS DUFFELS

Gardedy Ann & Andy table lamps 16" tall with 8½" x 3½" base. Comes complete with white, red, and blue coloring w/built in light in alphabet block. This will put any child's heart because it has it's own Raggedy Ann & Andy doll attached to the lamp. The Fearless Foursome. On natural wood frame, 5½" by 7¾". Reads, "For the golfer who hits a long ball" with space for name. $3.49 plus 55c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.
PERSONALIZED WITH YOUR CHILD'S NAME!
BUY DIRECT FROM FAMOUS CHILDREN'S ILLUSTRATOR

11 x 14 inch personalized, full color lithographs framed in beautiful polished chrome metal frames with your color choice of richly textured mat.

Artwork is under plexiglas for safety.

Send for free catalog sheet.

NAME
ADDRESS
TO: Groton Productions Inc. P.O. Box 187 Forest Hills, NY 11375

Specify waist measurement.

$8.95 PLUS 50c POST.

Snip Enterprises

WHEN YOU SHOP AT
THE IMPERIAL
GARDEN CENTRE
YOU ARE HELPING TO
PROTECT OUR
ENVIRONMENT.

HOW-TO HANDBOOK
Twenty-eight popular crafts such as enameling, china painting, jewelry, and doll making in a fascinating book. Hundreds of pictures, instructions, background material. 288 pages. $5.95 plus 40c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

SAFE SURFACE SPRAY
New formula helps prevent accidents from slipping in the home. When sprayed, it forms a fine sandpaper-like surface on metal, concrete, rubber, plastic. Use in tub, around pool, on ladders. 8 oz. aerosol. $2.98 ppd. World Garden Products, HG11, 200 Commerce Ave., SW, Grand Rapids, MI 49502.

UNDER THE MISTLETOE
Charming kissing bell in fine Noritake china. Natural shades of green with creamy white on warm white ground. Lettering and backstamp in gold. Limited 5,000 edition. 3½" h. by 2½" dia. Boxed. $25 ppd. Edd, the Florist, Inc., HG115, 823 North Court, Ottumwa, IA 52501.

SHOPPING AROUND
TIMELESS BEAUTIES
Clocks in catalogue are handsome. Cabinets of solid cherry or pine, brass movements. Westminister chimes. Includes grandmother's, as well as stately grandfather's. Free Antigue Reproductions, HG11, 200 Commerce Ave., SW, Grand Rapids, MI 49502.

CURIO CABINET
GIANT GOBLETs
Burgandy, Bloody Mary's or sangria's never served up more beautifully than in balloon shaped goblets. 8 1/2" tall with 25-oz. capacity, gracefully stemmed, come to you from Bulgaria. $4.98 ea. plus 50c post; four, $17.98 plus $1.75 post. Taylor Gifts, HG11, Wayne, PA 19087.

TIMELY GIFTS
Handsome club ties, 4" wide, of 75% polyester and 25% silk. The designs include Liberty Bell, Bicentennial Flag, the American Seal and the Bicentennial Seal. Available in navy, maroon, wine and brown. Each $7.50 plus $1.25 post. Carroll Reed, HG11, North Conway, NH 03860.

PETER RABBIT FOR ALL

SLEUTH'S SCOPE
Amateur detectives have a fine time with the pen size telescope with eight power magnification; it adjusts quickly for long-range viewing and converts to 30 power microscope. $2.98 plus 20c post. Anthony Enterprises, HG11, 586 Mission St., San Francisco, CA 94105.

POINTS TO PONDER
Purse accessories all in needlepoint make fashion sense. Kit for checkbook cover or keycase includes color-keyed stitch chart, wool tapestry yarns, leather with needlepoint insert; cover, $7; keycase, $6; both, $12. Ppd. Crown Castle, Dept. CK-507, 51 Bank St., Stamford, CT 06901.

SMALL PRINTS
Four color illustrations by Virginia Halbert. $3.50 each plus 30c post. Anthony Enterprises, HG11, 586 Mission St., San Francisco, CA 94105.

STATIONERY
A clean look with best quality paper and envelopes, in your choice of 5 colors. 100 sheets for each color. $3.50 per set. Includes 2 envelopes. L. E. Barrington, MA 01220.

LIVE IT UP
Economy minded? Fifty piece luncheon size $2.95. America's premier manufacturer of unbreakable drinking glasses. Better by design. Pay only $1 for a pair of Wallis' exclusive 12 oz. salad-glass goblets. Four others $3.95. Each glass holds a full 12 oz. of liquid. All glasses are dishwasher safe. Great for picnics or entertaining. Only Wallis has it! Send 25c for complete catalog.

AMERICAN STUDIOS
Dept. HG-11
La Crosse, Wis. 54601


SATISFACTION GUARANTEED OR MONEY BACK
The Crepe Maker kit comes complete with a hanging wooden handle and an illustrated booklet of instructions and international recipes.

The Tea Drinkers' Union

Dedicated to a nice cup of tea

Dedicated to a nice cup of tea

The Tea Drinkers’ Union

13125 Shaker Square
202A
Cleveland, Ohio 44120

Coffee Lovers!

Mocha Dr Or Gourmet Coffee Company will furnish you top quality, freshly roasted beans to enable you to brew the best coffee you have ever tasted.

Coffee Sampler
$4.90

Special Offer! — Braun Electric Mini-grinder, $21 (regularly $25) with Coffee Sampler order of $4.90. Both for $25.90. Send Check or Money Order.

Add $1.75 for postage and handling. Ohio residents add additional 95C tax for grinder.

Send for Free Catalog of Coffees — Teas — Jellies and Accessories
MOCHA d’OR
P. O. Box 45
Cleveland, Ohio 44121

STERLING SILVERWARE MATCHING SERVICE

HUNDREDS OF PATTERNS AVAILABLE

40-75% off suggested retail prices

Active, inactive or obsolete patterns. Complete heirloom sets, replace lost or damaged pieces. Tell us the pattern and manufacturer, or send drawing, photo or tracing. Our silver specialists can identify and match hundreds of patterns. 40-75% off mfr’s. suggested price on most pieces, patterns in our huge stock. We also buy and trade sterling silverware. Send your pattern name or picture today!

Walter Drake Silver Exchange
502 A Drake Bldg., Colorado Springs, CO 80940

Satisfaction Guaranteed

SUPER PRESENT

An epicurean delight. Very tender prime filet mignon, six-ounce cuts gift-packed four, six or eight to a box, complete with ¼ lb. of garlic—seasoned steak butter. Shipped in dry ice. Write for free color brochure listing large assortments. United American Gourmet Fare, 9011, 15 Spinning Wheel Rd., Suite 118, Hinsdale, IL 60521.

RIO GRANDE


SHOPPING AROUND FOR FINE FAKE

PEARSMAPPLES

Complementary cousins. Half of the gift box is devoted to the famous Royal Riviera pears, half to a mix of red and golden apples. Available for delivery between November 16th and January 25th to the connecting 48 states and Hawaii. Gift #25, $10.95 ppd. Write for free Christmas catalogue. Harry and David, Box 501-V, Medford, OR 97501.

FANCY SHELLED PECANS

New crop from our own groves

MAMMOTH HALVES

5 # Economy Pack
$12.95

2 # Gift Box—for that special friend or client
$7.50

Send us your gift list and we will mail direct from our plant.

Prices include postage anywhere in continental USA

LOUISIANA PECAN SHELLING CO.
Box 784
MANSFIELD, LA. 71052

The Lowcountry Gourmet

This year's smartest gourmet gift idea. The Crepe Maker kit comes complete with hanging wooden handle and an illustrated booklet of instructions and international recipes.

THE CREPE MAKER!

1 HEAT
2 DIP
3 COOK

The Crepe Maker kit comes complete with hanging wooden handle and an illustrated booklet of instructions and international recipes.

The Tea Drinkers’ Union

Dedicated to a nice cup of tea

Dedicated to a nice cup of tea

The Tea Drinkers’ Union

13125 Shaker Square
202A
Cleveland, Ohio 44120

Coffee Lovers!

Mocha Dr Or Gourmet Coffee Company will furnish you top quality, freshly roasted beans to enable you to brew the best coffee you have ever tasted.

Coffee Sampler
$4.90

Special Offer! — Braun Electric Mini-grinder, $21 (regularly $25) with Coffee Sampler order of $4.90. Both for $25.90. Send Check or Money Order.

Add $1.75 for postage and handling. Ohio residents add additional 95C tax for grinder.

Send for Free Catalog of Coffees — Teas — Jellies and Accessories
MOCHA d’OR
P. O. Box 45
Cleveland, Ohio 44121

STERLING SILVERWARE MATCHING SERVICE

HUNDREDS OF PATTERNS AVAILABLE

40-75% off suggested retail prices

Active, inactive or obsolete patterns. Complete heirloom sets, replace lost or damaged pieces. Tell us the pattern and manufacturer, or send drawing, photo or tracing. Our silver specialists can identify and match hundreds of patterns. 40-75% off mfr’s. suggested price on most pieces, patterns in our huge stock. We also buy and trade sterling silverware. Send your pattern name or picture today!

Walter Drake Silver Exchange
502 A Drake Bldg., Colorado Springs, CO 80940

Satisfaction Guaranteed

SUPER PRESENT

An epicurean delight. Very tender prime filet mignon, six-ounce cuts gift-packed four, six or eight to a box, complete with ¼ lb. of garlic—seasoned steak butter. Shipped in dry ice. Write for free color brochure listing large assortments. United American Gourmet Fare, 9011, 15 Spinning Wheel Rd., Suite 118, Hinsdale, IL 60521.

RIO GRANDE


SHOPPING AROUND FOR FINE FAKE

PEARSMAPPLES

Complementary cousins. Half of the gift box is devoted to the famous Royal Riviera pears, half to a mix of red and golden apples. Available for delivery between November 16th and January 25th to the connecting 48 states and Hawaii. Gift #25, $10.95 ppd. Write for free Christmas catalogue. Harry and David, Box 501-V, Medford, OR 97501.

FANCY SHELLED PECANS

New crop from our own groves

MAMMOTH HALVES

5 # Economy Pack
$12.95

2 # Gift Box—for that special friend or client
$7.50

Send us your gift list and we will mail direct from our plant.

Prices include postage anywhere in continental USA

LOUISIANA PECAN SHELLING CO.
Box 784
MANSFIELD, LA. 71052

The Lowcountry Gourmet

This year's smartest gourmet gift idea. The Crepe Maker kit comes complete with hanging wooden handle and an illustrated booklet of instructions and international recipes.

THE CREPE MAKER!

1 HEAT
2 DIP
3 COOK

The Crepe Maker kit comes complete with hanging wooden handle and an illustrated booklet of instructions and international recipes.

The Tea Drinkers’ Union

Dedicated to a nice cup of tea

Dedicated to a nice cup of tea

The Tea Drinkers’ Union

13125 Shaker Square
202A
Cleveland, Ohio 44120

Coffee Lovers!

Mocha Dr Or Gourmet Coffee Company will furnish you top quality, freshly roasted beans to enable you to brew the best coffee you have ever tasted.

Coffee Sampler
$4.90

Special Offer! — Braun Electric Mini-grinder, $21 (regularly $25) with Coffee Sampler order of $4.90. Both for $25.90. Send Check or Money Order.

Add $1.75 for postage and handling. Ohio residents add additional 95C tax for grinder.

Send for Free Catalog of Coffees — Teas — Jellies and Accessories
MOCHA d’OR
P. O. Box 45
Cleveland, Ohio 44121

STERLING SILVERWARE MATCHING SERVICE

HUNDREDS OF PATTERNS AVAILABLE

40-75% off suggested retail prices

Active, inactive or obsolete patterns. Complete heirloom sets, replace lost or damaged pieces. Tell us the pattern and manufacturer, or send drawing, photo or tracing. Our silver specialists can identify and match hundreds of patterns. 40-75% off mfr’s. suggested price on most pieces, patterns in our huge stock. We also buy and trade sterling silverware. Send your pattern name or picture today!

Walter Drake Silver Exchange
502 A Drake Bldg., Colorado Springs, CO 80940

Satisfaction Guaranteed

SUPER PRESENT

An epicurean delight. Very tender prime filet mignon, six-ounce cuts gift-packed four, six or eight to a box, complete with ¼ lb. of garlic—seasoned steak butter. Shipped in dry ice. Write for free color brochure listing large assortments. United American Gourmet Fare, 9011, 15 Spinning Wheel Rd., Suite 118, Hinsdale, IL 60521.

RIO GRANDE


SHOPPING AROUND FOR FINE FAKE

PEARSMAPPLES

Complementary cousins. Half of the gift box is devoted to the famous Royal Riviera pears, half to a mix of red and golden apples. Available for delivery between November 16th and January 25th to the connecting 48 states and Hawaii. Gift #25, $10.95 ppd. Write for free Christmas catalogue. Harry and David, Box 501-V, Medford, OR 97501.

FANCY SHELLED PECANS

New crop from our own groves

MAMMOTH HALVES

5 # Economy Pack
$12.95

2 # Gift Box—for that special friend or client
$7.50

Send us your gift list and we will mail direct from our plant.

Prices include postage anywhere in continental USA

LOUISIANA PECAN SHELLING CO.
Box 784
MANSFIELD, LA. 71052

The Lowcountry Gourmet

This year's smartest gourmet gift idea. The Crepe Maker kit comes complete with hanging wooden handle and an illustrated booklet of instructions and international recipes.

THE CREPE MAKER!

1 HEAT
2 DIP
3 COOK

The Crepe Maker kit comes complete with hanging wooden handle and an illustrated booklet of instructions and international recipes.
COOK WITH JAMES BEARD
Take step by step directions from the great master. Snap in a James Beard cook-along cassette for expert help in preparing a full course gourmet meal. Shopping, utensil list, and menu notes included. Set Beard cook-along cassette for expert help in preparing a full course often cassettes, each with two full menus, $50 plus $1.20 post.
Horchow Collection, HG11, Box 34257, Dallas, TX 75234.

CHOICE GIFTS
In perfect taste—the gifts you send from Swiss Colony. For its 50th anniversary, a 92-page catalogue packed with delicious cheeses, meats, nuts, pastries, traditional Christmas candies and much more. It’s free plus $17 in discount coupons. The Swiss Colony, Dept. WU, Monroe, WI 53566.

MEALS IN STYLE
The Best of Bon Appetit, Vol. II is a treasury of recipes and menus to satisfy the most discerning palate. Wide selection of easy-to-follow recipes from world-wide cuisines. Cookbook contains 110 pages of full color illustrations. $1.95 ppd. B/A Books, HG11, 5900 Wilshire Blvd., Los Angeles, CA 90036.

KITCHEN ART
Here’s an apron you’ll wear to greet your dinner guests. The practical butcher cover-all goes glamorous, turns into an art show with individually hand-painted bold graphic designs. Multi-color combinations One size only. Poly/cotton, machine washable, $13 ppd. Sunnie Waters, HG11, 81 Island Dr., Key Biscayne, FL 33149.

ROASTED SALTED ALMONDS
GREAT GIFT IDEA FROM THE ALMOND PEOPLE IN CALIFORNIA!
Send these crisp, crunchy almonds and you’ll never hear the end of the compliments. They make a wonderful snack by themselves ... and they’re terrific with cocktails. The handsome gift box opens to reveal a colorful six tin selection of six different kinds of almonds—Smokehouse, Roasted Salted, Barbecue, Cheese, Blanched Salted and Onion Garlic. Satisfaction guaranteed or your money back. And remember, the price includes delivery. Make your list of friends and relatives now. And don’t forget to order for your house! $6.50 postage paid.

Send order with your name, address, check or money order to Dept. 5441, California Almond Growers Exchange, P.O. Box 1768, Sacramento, California 95810.

‘Your product is terrific and your service is unbelievably good!’

C.A. Menlo Park, Calif

Mini-Blue Speckleware
Add nostalgic detail to your dollhouse kitchen. Handcrafted of hardwood with safe non-toxic finish in the familiar blue speckle pattern. Nine piece set includes two pots and covers, ladle, fry pan, bowl and platter. For the discriminating col-
tion. $2.50 to 2.95

Send 25c for 64 page Christmas catalog of unusual items

Dowms DEPT. 1411-D EVANSTON, ILL. 60204

Pennsylvania Dutch taste treat

WEAVER’S famous wood smoked LEBANON BOLOGNA
An authentic Pennsylvania Dutch ready-to-eat all beef sausage.

Prized by gourmets around the world! Sensa-
tional as an hors d’oeuvre. TV snack, brunch or lunchmeat treat! One of the most unique and flavorful foods you have ever tasted ... and its high nutritional value makes it won-
derful for the entire family! Made of govern-
ment inspected beef blended with tangy spices and precisely cured in old-fashioned smokehouses!

Send for yours today! Money-back guarantee! 3 1/2 lb. smoked roll $8.95 ppd.

WEAVER’S P.O. BOX 525-A1 LEBANON, PA. 17042

PLEASE TURN PAGE FOR MORE SHOPPING AROUND FINE FARE
RUM BALL BASKET

10 RUM BALLS PER BASKET

... a marvelous taste and smell from the Caribbean. Basket is hand made, decorated with local seashells. $4.95 plus $1.50 postage.

P.O. Box 2848, St. Thomas, U.S. Virgin Islands 00801.

BUTTER CRUNCH

... from Milwaukee's oldest and best candy company. Heinemann's. Under the same family ownership for over 50 years.

This superb product is coated with the most exotic chocolate and toasted, chopped Almonds. The inside is an incredibly tasty, delicate Butter Crunch, made with Butter from Wisconsin's Premium dairy herds, plus choice toasted Almonds and pure cane sugar. No substitutes.

$4.95 per 10 oz. box (includes shipping). Add 50c per box for Canada. Check or M.O. only. Send list of recipients and addresses to HEINEMANN'S, 734 N. Milwaukee St., Milwaukee, WI 53202.

FARM-FRESH PECANS

Deep South Pecans are delicious. We are proud to offer domestic flavor, pure, clean, pecans that are the healthiest, freshest and most nutritious, with the incomparable taste. Order now for your own enjoyment or gift mailed with your personal greetings.

1/4 Peck of pecans in the shell $4.95

1/2 Peck super shelled $10.95

Mammoth shelled halves packed in a red and gold decorated tin $6.95

C.G. Catwell, Deep South Pecans Route 1, Box 231 A Helena, Georgia 31037

For charges include card no. and expiration date (Save $5. GET ALL 3 for $15.85 add $2 post)

THE SHELL DIVERS * Dept. HG
5715 N.W. 60th WAY TAMARAC, FLA. 33319

SHOPPING AROUND FOR FINE FARE

FRESH BAKED

"Your First Loaf" is a beginner's cookbook that leads you through the confusion of flours, leavenings, risings and pans to your own first delicious loaf of homemade bread. Eighteen recipes, easy-to-follow instructions by Carole Walter, gourmet cook. P.p.d. Inside Out Publishing Co., HG17, Denwood, Memphis, TN 38117.

GREAT IMPORT


CREOLE SPECIALTIES


Bayou Country Treats from Trappey's

Bayou Country's selection of quality products such as made bread, Heilman's, and trappey's.

Assortment No. 1 $9.70

Spicy-Style Peppers

Cajun-Made Seasoning

Shrimp-Made Poster Sauce Tacks

Tilsit from Austria. A great accompaniment to

Assortment No. 2 $1.60

Green-Cayenne Peppers

Cajun-Made Seasoning

Spicy-Style Sauce

Tacks with a lot of pepper flavor to please the

Mr. D's Inc.

6128 Broadway Dept. 281
P.O. Box 8167, Merrillville, Ind. 46410

NO STICK SCOOP

The ANTI-STICK scoop that dishes out ice cream easier, faster and cleaner. The handle is filled with self-defrosting liquid to keep the scoop from freezing. All the metal stays clean, gives attractive uniform scoops. Cuts the effort of scooping ... makes it a joy to use. Guaranteed satisfaction. Each $1.95s plus .65c shipping. 2 for $3.75 plus 80c shpg. 3 for $5.50 plus $1.00 shpg.

MR. D'S INC.
For Very Special People!

When you want your gifts to say "You are someone special," send Golden Trophy Steaks™ by Bruss.

All Golden Trophy Steaks™ are specially selected, naturally aged, expertly trimmed and fully guaranteed. The Bruss Company, suppliers to exclusive clubs and restaurants for more than 25 years, makes it easy for you to tell your friends and associates that they are "someone special."

How to Order: Send your check to the Bruss Company, Dept. HG105, 3548 North Kostner Ave. Chicago, Illinois 60641. You may use BankAmericard or Master Charge. Please indicate credit card number and expiration date. Master Charge must include Interbank number. Indicate the Plan # selected for each shipment. State approximate date you wish orders to arrive (Please allow 2 weeks).

Please add $7.00 for shipments west of Rocky Mountains, $4.00 for shipments to Florida to cover additional costs for Air Freight. Shipments to Illinois by Illinois residents add 5% sales tax.

Call "Toll Free" (800) 621-6638 if you have any questions or desire to place your orders by telephone. Illinois residents call collect (312) 282-2900.

PERSONALIZED COFFEE MUG

New, thermo cup is a great way to show-off your family or advertise a business. Double-wall, vacuum insulated cup, keeps drinks hot and never sweats. Top rack dishwasher safe, made of shatter proof plastic. When ordering, please send photos and/or any necessary advertising material.

$9.00 set/4 plus 1.45 post. & handling.

CAROL ANN GIFTS

P.O. Box 21026, Dept. HG2105L
Phila., Pa. 19154

You Just Can't Buy

PECANS LIKE THESE IN A STORE
FRESH NEW CROP DIRECT FROM MY GROVE

Make Rosettes!
(Festive Scandinavian Cookies)

Patterned iron, fitted to handles, are dipped from batter to fryer to make a crispy, thin delicacy which is sprinkled with powdered sugar. Easy to do, lots of fun, delightful to eat. Boxed set: 9 lg. 3" aluminum molds, 8 small molds, 2 heatproof handles, recipes and instructions. Complete set, only $9.95 + 50c post.

NEW 96 PG COLOR CATALOG $2.50

Suburbia, Inc.
Mail Shopping Service
366 Wacouta, Dept. 394, St. Paul, Minn. 55101

PECANS IN THE SHELL—Extra Large, Fancy
No. 20 5 lb. Paper Shell Sacks $8.45
No. 26 5 lb. Big, flavorful Shells $7.85

MAMMOTH HALVES—Fresh and Delicious
No. 30 2 lb. gift box $33 3 lb. home box
No. 32 3 lb. home box
No. 33 5 lb. home box

BROKEN PECAN MEATS—Great for cooking
Same quality as our halves, but broken in shellings, great for cooking
No. 50 5 lb. home box

Write for my free Price list, includes catalog, M-10. State your satisfaction or money refunded.

SEAL OF QUALITY

SUNNYLAND, INC.
Route 1, Box 703 — Albany, Georgia 31705

DELUXE FRUITCAKE

Since 1896 Collin Street Bakery has been famous for its special fruitcake filled with juciest imported fruits, rich Texas pecans. Winner of New York Gourmet Society Award for Excellence. Gift packed. 2 lb., $5.95; 3 lb., $8.35; 5 lb., $13.45. Pd. Collin Street Bakery, Box 125, Corsicana, TX 75110.

PATCHWORK

It's an instant success for the hostess in a "Pam" apron in a cotton patchwork print. Full wraparound ties up front, becomes a complete outfit with a body stocking. One size adjusts to fit all. Brown, red or blue patchwork. $9.95 plus 90c post. Sofwear Designs, HG11, 1711 Main, Houston, TX 77002.

At Your Service

The easy way to serve salads is with spoon or fork. Sturdy, well-made, handy lightweight scissor-type tongs of sparkling clear acrylic. Easy to separate for dual use as a serving spoon or fork. Available in a "Pam" apron in a cotton patchwork print. It's an instant success for the hostess to do, lots of fun, delightful to eat. 8 small molds, 2 heatproof handles, recipes and instructions. Complete set, only $9.95 + 50c post.

NEW 96 PG COLOR CATALOG $2.50

Suburbia, Inc.
Mail Shopping Service
366 Wacouta, Dept. 394, St. Paul, Minn. 55101

FRESH NEW CROP FROM MY GROVE
NO MORE WET HAIR

Keep hair dry while bathing or swimming. Absorbent Dry Band protects against moisture. Keeps hair-do safe, dry. Easy to use — practical for all ages. Simply wrap poly-foam band around head to cover hairline. Wear under shower or bathing caps. Adjustable.

DRY BAND $3.98 + 20¢ Mailing

No COD’s or Billing

California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

SHOW BOW


CASUAL STEP AHEAD

Glove-soft genuine leather shoe with elastic gored vamp, has cushioned insole, 1½” heel. Navy, red, chocolate brown or black medium width; full and half sizes 5 to 10. $15 plus $1 post. Old Pueblo Traders, 610 So. Country Club, HKN, Tucson, AZ 85716.

BICENTENNIAL BELT

Belt features a pewter buckle with 1777 Bennington flag commemorating a colonial victory at Bennington, Vt. Buckle only, $4.98; his belt in tan, 34-40, $7.98; hers, in tan, red, black, 22-32, $6.98. Add 50¢ post. Lillian Vernon, GNE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

MARKED CARDS

Deck of tricksters has tapered edges for such touch selection. A variation in back design lets you distinguish any card held by opponents. Instructions plus 21 tricks. $2.98 plus 20¢ post. Order #161. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

HEAT-SAVING GRATE

Patented gravity grate in black iron helps wood last longer and eliminates need to poke fire all the time. 24” w., 18” d., 6” h. Permits air to reach logs, places embers, forces logs to roll back as they burn. $19.95 plus $3 post. Yield House, G511X, N. Conway, NH 03860.

STANDING STRONGLY ON A

VERY PALE CELERY GREEN BACKGROUND

AND HANDPAINTED IN VARYING

SHADES OF GREY: BLACK TO WHITE,

“ORIENTAL PONY”

Measuring 21¾” x 12¼”, with Pamena Persian, Captures the Free Spirit of a Wild Stallion.

COMPLETE KIT OF “ORIENTAL PONY”:

$25.00

Catalogue of Over 40 Original Designs: $1.50

Ppd. Maine residents add 5% Sales Tax

RAMBULL

CUSTOM DESIGN FOR NEEDLEPOINT

HG 28

Amsbury Hill, Rockport, Maine 04856

“SIGNS OF THE TIMES”

Genuine pewter and gold finish unisex jewelry. The perfect gift for everyone. On a 19” chain at: $7.95 each or two for $14.00 Add 50¢ postage.

Silver Shoestring

P.O. Box 275, Rockville Centre, N.Y. 11591

HOUSE & GARDEN
**SHOPPING AROUND**

**LOVING SAMPLER**
Sampler to cross stitch in shades of red, orange, yellow, blue, green, brown, gray and pink on oyster polyester blend 14" by 16½" finished size. Kit includes crewel yarns, needle, instructions. $7.95 plus 75c post. The Stitchery, HG11, Wellesley Hills, MA 02181.

**HAPPY RETURNS**
For throwing practice and fun, try a boomerang! Replica of famous hunting weapon used by Australian Aborigines soars hundreds of feet, then circles back. Scientific air-foil design. $2.98 plus 45c post. Anthony Enterprises, HGII, 556 Mission St., San Francisco, CA 94105.

**POST CARD ALBUM**

**HARDY, HANDSOME**
Ideal for dining, kitchen, study or living room. Twin oak pedestal with maple butcher block top. 60" by 30", $201.25; 60" by 36", $217.50; 72" by 36", $237.00. Exp. Coll. Catalogue, 50c. Butter Block & More, HGII, 1600 S. Clinton, Chicago, IL 60615.

**OWL APPEAL**
Wise old bird teams up with Limoges for a little different look. Flowery oval set in 18k gold-plated frame with 22" chain. 2½" owl has jeweled green eyes. Pendant perfection, it's a wise buy! $4.98 plus 60c post. Happy House, Dept. OB-HG, 114 New York Ave., Freeport, NY 11520.

**POPULAR CERAMIC SPECIALTIES**
Medieval Chess Set finely detailed colors and white porcelain. A nod to any chess players. Carded. 34 weighted, felted pieces, 14g 5%; other figures approximate 4%. Also available "Corinthian Chess Sets" having the same quality. Sets come in colors of—Gray, black, blue, dark brown, light blue or edgewood green. Arrives in felt lined wooden box. Specify yle and colors. $125.00 ppd.

**FIGHTING COCKBIRDS**
A breathtaking work of art that will add beauty and distinction to any decor. These charming, intricately detailed Roosters are individually handcrafted by the master artisan of Venice "BUBACCO". In stunning multi-colored venetian glass, approx. 5½" tall, imported from Venice, Italy. $5.99 ea.; set of two $10.98 + 95c post.

**HAND EMBOSSER**
For Personalized Stationery. Emboss your own personal stationery (or a lifetime by just pressing a handle). Makes expensive looking raised letter impressions of any 3 line name & address on PAPER & ENVELOPES (reversable). Requires no inks, accessories, service or maintenance. Ideal for adults, teenagers, home or office, clubs, etc. Print clearly 3 lines ftft desired. No more than 24 characters per line, for 1 to 3 lines $9.95. For 4 lines add $1.00. Extra Plate Alone (no frame) $7.85 plus postage.

**NEW DELUXE DESK MODEL**

**PLANT PRINT PORTFOLIO**
4 Beautiful 11 x 14 pen and ink prints on heavy ivory stock. Plant lovers delight. Enjoy these magnificent plant prints reproduced on "felt finish" ivory cover stock in rich deep brown ink. Perfect frameable size 11 x 14. The ideal answer to the perfect gift! 1 set (4 prints, 1 of each as shown) $5.00. P. Pd. 3 sets (12 prints, 3 of each as shown) special $10.00 P. Pd. Shipped in sturdy tubes. Send cash, check, or Money Order to: Salem Print Co., Dept. HG11, P. O. Box 11522, Winston-Salem, N. C. 27106.

**POPULAR CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**NOVEMBER, 1975**

**IMPROVED Model...**

**HAND EMBOSSER**
For Personalized Stationery. Emboss your own personal stationery (or a lifetime by just pressing a handle). Makes expensive looking raised letter impressions of any 3 line name & address on PAPER & ENVELOPES (reversable). Requires no inks, accessories, service or maintenance. Ideal for adults, teenagers, home or office, clubs, etc. Print clearly 3 lines ftft desired. No more than 24 characters per line, for 1 to 3 lines $9.95. For 4 lines add $1.00. Extra Plate Alone (no frame) $7.85 plus postage.

**NEW DELUXE DESK MODEL**

**POPULAR CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**NOVEMBER, 1975**

**IMPROVED Model...**

**HAND EMBOSSER**
For Personalized Stationery. Emboss your own personal stationery (or a lifetime by just pressing a handle). Makes expensive looking raised letter impressions of any 3 line name & address on PAPER & ENVELOPES (reversable). Requires no inks, accessories, service or maintenance. Ideal for adults, teenagers, home or office, clubs, etc. Print clearly 3 lines ftft desired. No more than 24 characters per line, for 1 to 3 lines $9.95. For 4 lines add $1.00. Extra Plate Alone (no frame) $7.85 plus postage.

**NEW DELUXE DESK MODEL**

**POPULAR CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**NOVEMBER, 1975**

**IMPROVED Model...**

**HAND EMBOSSER**
For Personalized Stationery. Emboss your own personal stationery (or a lifetime by just pressing a handle). Makes expensive looking raised letter impressions of any 3 line name & address on PAPER & ENVELOPES (reversable). Requires no inks, accessories, service or maintenance. Ideal for adults, teenagers, home or office, clubs, etc. Print clearly 3 lines ftft desired. No more than 24 characters per line, for 1 to 3 lines $9.95. For 4 lines add $1.00. Extra Plate Alone (no frame) $7.85 plus postage.

**NEW DELUXE DESK MODEL**

**POPULAR CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**CERAMIC SPECIALTIES**
Box 633
Bryn, PA 19312

**NOVEMBER, 1975**

**IMPROVED Model...**

**HAND EMBOSSER**
For Personalized Stationery. Emboss your own personal stationery (or a lifetime by just pressing a handle). Makes expensive looking raised letter impressions of any 3 line name & address on PAPER & ENVELOPES (reversable). Requires no inks, accessories, service or maintenance. Ideal for adults, teenagers, home or office, clubs, etc. Print clearly 3 lines ftft desired. No more than 24 characters per line, for 1 to 3 lines $9.95. For 4 lines add $1.00. Extra Plate Alone (no frame) $7.85 plus postage.

**NEW DELUXE DESK MODEL**
The Early American Society offers enriching experiences to those who wish to create a colonial-style home, or to those who wish simply to read the fascinating story of the lives of everyday Americans who lived between 1700 and 1850.

Early American Life, six times each year features articles on arts, crafts, antiques, restoration and historic travel.

Members may buy books at discounts up to 25% and participate in group travel and historical assemblies.

We'll give you projects for your workshop, recipes for the kitchen, and great ideas from young America. Annual dues: $8.00 after you have seen your first issue of Early American Life. Please use the coupon at right.

RAJASTAN RUGS — rare designs from the romantic past that blend so perfectly with modern decor. Transform any drab area in your home, office or showroom into a prestigious showpiece of refined elegance. Also as dramatic accent rugs over carpeting. Natural yarns only, painstakingly woven into back of rug by our time-honored, old world techniques to assure years of rugged wear. Guaranteed imported. NEVER AGAIN AT THESE INCREDIBLE PRICES: approx. 3'x5' $14.95; 4'x6' $24.95; 6'x9' $49.95; 9'x12' $89.95. If you order now, we will even pay the freight. Specify red, ivory, moss green or navy blue background. By dealing directly with us, you save all middlemen's profits. These rugs have been copied but never reproduced. Our 40th year of proven reliability. Master Charge & Bankamericard.

INTERNATIONAL RUG CO.
360 Amsterdam Avenue
New York, N.Y. 10024

CREWEL...AN AMERICAN TRADITION
HANDEMBROIDERED CREWEL FABRIC
BY-THE-YARD. FOR IMMEDIATE DELIVERY

That fabulous fabric, with a history dating back to the American Colonies and Old England. Now, with the Bicentennial Celebration's focus on historic designs, right in the American trend. Multi-colored design hand-embroidered in wool, in India, on handloomed natural cotton. For upholstery, tables, drapery panels, etc.

$14.00 yard postpaid

Matching Bedspreads/Tablecloths available.

Request our Crewel Catalog. P.O. Box 289
Pine Lake, Ga. 30072

ART COLLECTION
Catalogue illustrates more than 200 art prints of masterpieces by the great artists in four popular sizes. Includes decorating hints and artists' biographies; looks more like an art book! $50 each pdd. A. J. Lambert, Inc., H630, 910 No. La Cienega Blvd. Los Angeles, CA 90069.

LP REFRESHMENT
File your LP's in leather-like library storage case that holds 20 records. 23k gold tooled trim on brown or blue. With convenient center divider to aid in separating by style, composer or artist. $7.95 each pdd. Art Guild, HG11, Box 23201, Minneapolis, MN 55423.

FIGURE SHAPER
For men and women, to be used while lying on floor. Attach to doorknob, exercise twice daily for 5 minutes. Slimming action concentrates on hips, waist and thighs. $9.95 plus $1 post. Joe Weider, Dept. LG/Y, 21100 Erwin St., Woodland Hills, CA 91364.

CREATIVE STITCHERY
Design in blues and violets earth tones. Kit includes designs stenciled on linen, Persian wool needlecraft instructions and color picture. Finished size 21" x 13" $15.00 plus $1 postage & handling.

SHARIANE DESIGNS INC.
P.O. Box 289
Pine Lake, Ga. 30072
Send 25c for brochure CWB1.
SHOPPING AROUND

PATCHWORK KIT
Cotton patches for quilts, skirts, tablecloths, pillows. Color-harmonized prints, solids ready cut. Red, white and blue, brown and beige, red and green or primary colors. (State second choice.) Eighty 6" squares, $8.50 ppd. The Calico Whale, HG11, 58 Main St., Nantucket, MA 02554.

LET IT STORM

PRACTICAL PAIR
Distinctive shields of select wood and genuine horn designed for use as a gun rack. Can be used also for hats, coats or towels. Shields are 3½" by 6", horns are about 7" long. Pair $15.75 ppd. The Muller Company, HG11, Dogwood Hollow, Miller Place, NY 11764.

WARM-EASE AID
Thera pad designed to relieve aching joints by sealing body heat in and concentrating it where needed. For knee, elbow, ankle to counteract stiffness and strain. Foam-filled jersey, washable. $2.29 plus 25c post. Holiday Gifts, Inc., Dept. 311-P, Wheat Ridge, CO 80033.

INVISIBLE HOLDUP
Liquid Garter holds hosiery up without bumpy garters and they stay up as well. It dries in a jiffy and without fuss or muss. Works for men's socks, too. End creases around ankles, knee bagging. $3.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

MEN AND WOMEN'S MONEY HOLDERS
Bosom Money Cache snaps onto the bra or slip straps. Holds folding money or other valuables. Plastic lined with a fold-over flap. Washable. Also Men or Women's Adjustable Money Belt with zippered compartments.

Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

ROLLING PLANT STAND
Eliminates lifting, pulling, straining—Ball-bearings roll heavy plants with ease

COUNTRY CURTAINS
Permanent Press Red Ensemble

FERRY HOUSE Dept. HG-115
Braceliff Manor, N.Y. 10510

MACRAME WALL HANGING

GUARANTEED IF ORDERED

BY NOV. 20th

14K GOLD NECKLACE

GUARANTEED IF ORDERED

BY NOV. 20th

14K Chain lengths for each style are 15"—for longer lengths, add $1.05 per inch. Send name/address with check or M.O. (add $20 ppd./ handling/insurance plus sales tax—New York residents and sales tax. Send check, cash or M.O. No C.O.D.)

DOMINION

FARCO, Dept. HG11
31 West 47th Street, Room 705
New York, N.Y. 10036

SHOPPING AROUND

PATCHWORK KIT
Cotton patches for quilts, skirts, tablecloths, pillows. Color-harmonized prints, solids ready cut. Red, white and blue, brown and beige, red and green or primary colors. (State second choice.) Eighty 6" squares, $8.50 ppd. The Calico Whale, HG11, 58 Main St., Nantucket, MA 02554.

LET IT STORM

PRACTICAL PAIR
Distinctive shields of select wood and genuine horn designed for use as a gun rack. Can be used also for hats, coats or towels. Shields are 3½" by 6", horns are about 7" long. Pair $15.75 ppd. The Muller Company, HG11, Dogwood Hollow, Miller Place, NY 11764.

WARM-EASE AID
Thera pad designed to relieve aching joints by sealing body heat in and concentrating it where needed. For knee, elbow, ankle to counteract stiffness and strain. Foam-filled jersey, washable. $2.29 plus 25c post. Holiday Gifts, Inc., Dept. 311-P, Wheat Ridge, CO 80033.

INVISIBLE HOLDUP
Liquid Garter holds hosiery up without bumpy garters and they stay up as well. It dries in a jiffy and without fuss or muss. Works for men's socks, too. End creases around ankles, knee bagging. $3.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

MEN AND WOMEN'S MONEY HOLDERS
Bosom Money Cache snaps onto the bra or slip straps. Holds folding money or other valuables. Plastic lined with a fold-over flap. Washable. Also Men or Women's Adjustable Money Belt with zippered compartments.

 Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

ROLLING PLANT STAND
Eliminates lifting, pulling, straining—Ball-bearings roll heavy plants with ease

COUNTRY CURTAINS
Permanent Press Red Ensemble

FERRY HOUSE Dept. HG-115
Braceliff Manor, N.Y. 10510

MACRAME WALL HANGING

GUARANTEED IF ORDERED

BY NOV. 20th

14K GOLD NECKLACE

GUARANTEED IF ORDERED

BY NOV. 20th

14K Chain lengths for each style are 15"—for longer lengths, add $1.05 per inch. Send name/address with check or M.O. (add $20 ppd./ handling/insurance plus sales tax—New York residents and sales tax. Send check, cash or M.O. No C.O.D.)

DOMINION

FARCO, Dept. HG11
31 West 47th Street, Room 705
New York, N.Y. 10036
THICKER, STRONGER
LONGER HAIR
IN 5 TO 10 DAYS!

Scientific Laboratory
Proof. New Precision Lotion
is actually absorbed into the hair to reinforce, strengthen and thicken it up to 136% of original size. Since split ends are split because the hair is weak, our new formulation of natural protein, designed to be absorbed right into the hair. The illustration shows how the hair is swelled and made thicker by Growing Glory.

But, only if you try will you see how wonderfully different it is. Growing Glory's active protein is absorbed right into the shaft of the hair. When you try your hair grows visibly thicker, fuller, more combable, manageable, more flexible and stronger. Split ends heal — your hair breaks when combed or brushed. So it grows better and longer everywhere! Pleasant — contains no alcohol or grease. It allows your beauty to be your hair by trying Growing Glory. Our money-back guarantee protects you. Growing Glory must be better than any hair product you ever tried — must do everything we said it would do for you or we will cheerfully refund every cent you paid. Send just $1.95 for a generous two month supply. Please enclose 25c for postage and handling.

GROWING GLORY — DEPT. 52671
210 Fifth Avenue, New York, N.Y. 10010

*Division MKS Inc.
**SHOPPING AROUND**

**TENNIS TREE**
Handsome birch and fir organizer for tennis equipment has pegs and boxes to hold four rackets, two cans of balls, accessories. 32" h., 12" w. Ready to finish, $19; with walnut staining, $23.50. Add $1.50 post. The Woodshed, HG11, 4187 Northeast Expwy., Atlanta, GA 30340.

**ELEGANT "EMPERESS"**

**GLEAMING CRYSTAL.**

**STEAM SUIT**
Exercise suit works like a steam bath while you walk: it retains body heat, so excess moisture and pounds can "melt" away. For men or women; one size fits all; lightweight. $5.95 plus 50c post. S & S Enterprises, HG5, 9531 Zion Circle, Huntington Beach, CA 92646.

**WICK WORKS**
Dramatic hanging candle is all glass—only the oil needs replacement in the glass Wick. 6" h., 5" w.; burns for six hours at a time. With 18" chain, colored lamp oil, instructions, $7.95 plus $1 post. Vitro Dynamics, HG11, 114 Beach St., Rockaway, NJ 07866.

**AN EXCELLENT PERSONALIZED GIFT FOR ANY OCCASION**
10 Big pads of 100 sheets 5½ x 8½ white bond Black ink From the desk of ... or Memo from ... One set @ 7.95 2 sets @ 7.45 per set 3 sets @ 6.95 per set All orders postpaid U.S.A. only Send check or money order, no C.O.D.'s Ill. add 5% sales tax. Print names on sheet of paper. Your satisfaction guaranteed.

**Busy Bee Press**
Dept. HG115
311 North Main St., Edwardsville, Illinois 62025

---

**MOVABLE MAKEUP MIRROR**
Adjusts from 41 1/2" to 70" Tall!
At last, the perfect make-up mirror! Take it to a window or wherever light is right for seeing. It leaves your hands free for make up or hair-grooming. Stand adjusts from 41 1/2" to 70" tall. Mirror is 7" in diameter, regular on one side, magnifying on the other. Men like it too (it's tall enough for a 4-footer) in gleaming brass plate, smartly designed.

$14.95
Plus $1.50 Postage
Send for Free Gift Catalogue

**SLEEPS AND EATS GOLF?**
Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 6½" by 9½" with green backing and replica golf ball dear to his heart. The gag gift for every golfer.

**GOLFER'S DIET SIGN**
$3.49 + 40c Mailing Each
No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

**Anthony Enterprises**
Dept. HG-N 556 Mission, San Francisco, Calif. 94105
WORLD'S SMARTEST BOOKEND
$6.95

Imported from England, BOOKWORM is a one-piece bookend to end all bookends. Adjusts automatically when books are added or removed. Ingenious spring steel coil rolls out to hold up to 22 inches of books, tapes, directories. Winner of the British Design Centre Award. Available in eight satin smooth finishes: white, black, red, royal blue, yellow, Only $6.95. State quantity and finishes: white, black, red, royal blue, yellow. Only $6.95. State quantity and colors. Add 50c each for shipping. Send check or money order to Pentalic Corp., 132 West 22nd St., New York, N.Y. 10011. Add 50c per BOOKWORM for postage/handling. Delivery in NJ., add 50c Sales Tax. FREE illustrated brochure available.

SPRING POST BOOKENDS


POST BOOKENDS SET $2.98 + 35c Mailing Each Set

No COD's or Billing Satisfaction Guaranteed or Your Money Back

Anthony Enterprises Dept. HG-115
556 Mission, San Francisco, Calif. 94105

NEEDLEPOINT MONOGRAM

A personalized gift of great appeal to anyone. Send initials, 2 or 3 for development of monogram. No catalog; send full use $25.00. Double the length of your 2 initials to $200.00. The 3 initials, $50.00. Landscape orientation will be added $2.00. Send with $1.00 for needlepoint. Send $5.00 for monogram pattern.

PERSONAL DECORATOR SERVICE: From your fabric or wallpaper, we will create needlepoint to harmonize with your interior decoration. Send sample for suggestion and estimate. Need more information? No COD. Ask for Anthony Enterprises. Satisfaction Guaranteed or Your Money Back.

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises Dept. HG-115
556 Mission, San Francisco, Calif. 94105
Loely Accents

Colorful butterfly plaques for any room. Swivel hangers allow variety of flight directions. Lime, red, white, black, pink, brown, yellow or orange plastic. One 20" by 20" or two 12" by 12" size $12.98 ppd. The Bedroom, HG11, 1037 Laskin Rd., Virginia Beach, VA 23451.

Ice Breaker

Here's a time-saving, easy-to-work gadget you'll find indispensable. One or two light taps and ice for mists, juleps, shrimp or seafood cocktails is crushed in a trice. Great gift idea. $1.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

Oriental Splendor

Antique Kirman pattern with background in gold, green, red, blue or ivory. 3' x 5', $24.95; 4' x 6', $34.95; 6' x 9', $64.95; 9' x 12', $119.95. Runners: 2' x 8', $29.95; 2' x 11', $39.95. Ppd. Catalogue, $1. Peerless Imported Rugs, GE11, 3028 N. Lincoln Ave., Chicago, IL 60657.

Patchwork Pride

Attention-getting decoration at holiday time is a sumptuous and greens. 21" diameter and ready to hang! Anyone on a gift list will love its plump good looks.

Philipsfoto Co.

PORTAIT IN OILS

Magnificently painted on canvas from old or new photos, by outstanding European and American portrait painters. A superb living likeness in full color is executed in rich oils.

25c FOR A FREE SAMPLE

Our portraits in oil are TRUE WORKS OF ART. Truly a unique and lasting gift Our portraits in oil are TRUE WORKS OF ART. Truly a unique and lasting gift. No longer need you envy those fortunate enough to own a family oil portrait. Have you a photo of some loved one whose memory you wish to perpetuate? Compare our works of art with others selling up to $300. Living Likeness Guaranteed.

DeLuxe

"That famous Corsicana, Texas Fruit Cake," since 1896

COLLIN STREET BAKERY

P.O. Box 122, Corsicana, Texas 75110

Please ship: 2 lb.: 3 lb.: 5 lb.

Shop to me:

Attached list shows addresses, sizes, desired arrival dates. Payment enclosed.

NAME:

ADDRESS:

CITY:

STATE:

ZIP:

Fruit Cake is sent in an attractive package. Service and courtesy are our watchwords. Filled with juiciest imported fruits and rich Texas pecans—flavor so perfect we guarantee it the best you've ever bought, baked, or eaten, or money promptly refunded.

ORDER NOW . . . SEND GIFT LIST AND CHECK ON MONEY ORDER. Holiday packed, cake's colorful history enclosed. Tell us how to sign gift cards. Postpaid: 21b., $5.95; 3 lb., $8.35; 5 lb., $13.45. Discount on 25 cakes or more.

Van Dyke Oil Portraits, Ltd.

DEPT. G. 151 EAST 57 ST., N.Y., N.Y. 10022

Largest in the field of oil portraiture"Superb workmanship at modest prices. America's largest selection is in our catalog. All tables have marble tops from Italy. Large choice of sofas, chairs, love seats, tables, lamps, rocker, dining room, sleepers, bedroom. Superb workmanship at modest prices. American's largest selection is in our catalog. And, costly fabric cuttings are sent free!

Pet Fashion

Latest things for pup and kitty! 32 colorful pages of exciting accessories. Only 25c, or free with order. 2 1b., 3 lb., 5 lb.

NEW YORK • LONDON • PARIS • MILAN

FROM $99.50 TO $995.00

Beautifully Illustrated Catalogue "How To Order An Oil Portrait" 25c

Van Dyke Oil Portraits, Ltd.

DEPT. G. 151 EAST 57 ST., N.Y., N.Y. 10022

Largest in the field of oil portraiture"Baked To Order, Shipped to Your Friends

Enjoyed throughout America and in 158 foreign lands

Serve and give the only fruitcake ever to win the New York Gourmet Society Award for Excellence

There's still time to order this beautiful Christmas cake for everyone on your gift list (pre-Christmas arrival assured), favored by hostesses for more than 75 years, the DeLuxe is custom-baked for you and mailed straight from our kitchens. Filled with juiciest imported fruits and rich Texas pecans—flavor so perfect we guarantee it the best you've ever bought, baked, or eaten, or money promptly refunded.

ORDER NOW . . . SEND GIFT LIST AND CHECK ON MONEY ORDER. Holiday packed, cake's colorful history enclosed. Tell us how to sign gift cards. Postpaid: 21b., $5.95; 3 lb., $8.35; 5 lb., $13.45. Discount on 25 cakes or more.
"ELIMINATE DUST"
ALL YEAR LONG
WITH A
PORTA-FILTER
THE AMAZING PORTABLE AIR FILTERING UNIT

Traps all dust particles regardless of size, from microscopic allergy producing pollen to bacteria and virus carrying house dust. Also collects lint from bedding, rugs and fabrics, tobacco smoke, as well as invisible grime and grease droplets from cooking before they stain walls, draperies and windows.

Greatly reduces housekeeping chores and does the work of expensive electronic filters at a fraction of their cost. Also operates without sparking noise, radio and TV interference, or messy cleaning.

HOW IT WORKS
A whisper quiet fan draws polluted air through two ordinary throw away type furnace filters located in the sides and expels the cleaned dust free air through the opening in the third side. The filters are treated with Corsol, a dust catching adhesive. They are so easily replaced a child can do it. The unit filters over 100 CFM and is adequate to keep a 5 room house free of airborne dust. Simply plug in anywhere in the house near an electric receptacle. Two or more units are required for large homes or offices.

ONE YEAR WARRANTY SATISFACTION GUARANTEED

ONLY 8" X 10" X 1/2" DEPTH, WEIGHTS ONLY 9 LBS. RUGGEDLY BUILT FOR ROUND THE CLOCK USAGE WHEN NECESSARY. PLACE ANYWHERE IN HOUSE LOCATION IMMATERIAL. CAN BLOW AIR UP OR HORIZONTALLY.

FATSONER ENGINEERING CORP.
5200 Douglas, Racine, Wisconsin 53402
Please send . . . . . . . Units at $49.95 PPD.
Please send more information □

Name
Address
City State Zip

A WREATH OF RED PEPPERS FOR CHRISTMAS

Choose the round wreath or a four-foot-long garland. For sophisticated decor there's little to equal bright chili pepper pods ripened to a ruby red in the Southwestern sun. A set of 12 plastic tees in bright colors. He'll keep his eye on the tee when he tees-up on these. Torsos are a great bobby prize for a tournament. A set of 12 plastic tees in

GOLF TEASE
Bright plastic Golf Tees are perfect way to insure the return of an opponent's slice or hook—or even to miss the ball entirely. He'll start with Montti of

Anthony Enterprises
Dept. HG-115 556 Mission, San Francisco, Calif. 94105

FRENCH BEAUTY
Lovely cabriolet leg desk made of fine hardwood comes in a fruitwood or antique white finish. Beautifully accented with rich carvings, heavy brass pulls. 45" l., by 25" d., by 29" h. $179.95 exp. chgs. col. Catalogue, $1. Jonas Fields, G959, P.O. Box 552526, Atlanta, GA 30325.

PATCHWORK PARTNERS
Unbleached muslin tablecloth with ecru lace insert with top cloth of patchwork prints, hand pieced of old-fashioned prints fully lined with muslin. 70" sq. top, $48; 90" dia. bottom, $25; 96", $28; 104", $35. Add $1.75 post. Country Curtains, HG113, Stockbridge, MA 01262.

STRAW VOTE
A wicker basket, needlepointed monogram. Kit includes 10½" x 6" x 5½" basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $6.95. Add 50c post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

STRAP CLIPS
Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. Set of two, $1.69 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

STAR BRIGHT
Shining necklace to light your every fashion. Lovely 14k gold star, approx. 1", is attached to a matching fine 14k gold chain. 16" long. Boxed, ready for extra-special gifting at Christmas. $17.50 p.p. Wickford Gift Galleries, Dept. 241, 290 Westminster St., Providence, RI 02903.

MEMO PADS

PERSONALIZED CALENDAR

SOFWEAR SHOES, Dept. DR, 5 W. Orchard Place, Mt. Prospect, IL 60056

CUDDLY, SOFT SUEDE BOOTS
CRACKER STACKER
Perfect party helper is a silverplate server for crackers and cookies in a lattice-work pattern. Tarnish-resistant server has flower-and-leaves design at ends. A generous 8½" l. Each $5.98; two, $10.98. Add 95c post. The Ferry House, Inc., HG756 Briarcliff Manor, NY 10510.

JIFFY PARKER
Parallel parking dial can end the guesswork and help avoid bent fenders, frayed nerves. Fits any type of car, makes it easy to park perfectly on the first try, every time. $2.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

GOLF PARTNER
Engraved stainless steel divot fork and groove cleaner hangs from keychain or golfbag. Fork's to lift and level divots, clean cleats and balls. Five nubs scrape iron's grooves. State two or three initials. $5 ppd. Elgin Engraving Co., HG11, 944 Edwards Ave., Dundee, IL 60118.

SAFETY PUZZLE
Valuables are safe from prying eyes and fingers in the "Burglar Box." Secret mechanism is known only to owner; baffles all others. White plastic box is 5" by 2½ by 2½". Made in Germany. $7.50 plus 50c post. Lillian Vernon, GNE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

COMMUTER'S CADDY
Whiz through those "exact change only" lanes—you'll always have coins ready with this self-stick car caddy. Nickels, dimes and quarters find their way to your booklet, "Wonderful, modern and exciting way to learn Interior Decoration and Design," No obligation. No salesman will call. The Perfect Gift; Quality Constructed. ADDITIONAL SHAPING-UP EXERCISES To Firm Arms, Thighs, Waist, Bust, etc. PROMPT REFUND IF NOT DELIGHTED

THE DOG HOUSE
A unique collection of little poodle cover a bar of soap, fingernail polish bottle, toilet paper, cleanser can to lift and level divots, clean cleats and balls. Five nubs scrape iron's grooves. State two or three initials. $5 ppd. Elgin Engraving Co., HG11, 944 Edwards Ave., Dundee, IL 60118.

SHOPPING AROUND

NOW! REVERSE THE AGING PROCESS!

THE WORLD'S MOST BENEFICIAL EXERCISE

SAFELY & EASILY...ON THE FIRST TRY!

YES, MY BODY NEEDS AN UPLIFT...NOW!

YOUR HEAD NEVER TOUCHES GROUND
Relieves Neck Tension Naturally

A VITAL & BEAUTIFUL EXPERIENCE
For People Who Sit, Stand & Run a Lot

FOR FUN, FITNESS & FURNITURE
The Perfect Gift; Quality Constructed

ADDITIONAL SHAPING-UP EXERCISES
To Firm Arms, Thighs, Waist, Bust, etc.

PROMPT REFUND IF NOT DELIGHTED

$260.00 as shown; $220.00 in February, $190.00 in April. All Diamonds sold with full money-back guarantee. All Diamonds are backed by a 90-day money-back guarantee on the purchase price. A 90-day money-back guarantee on the purchase price. A 90-day money-back guarantee on the purchase price.

Send $2.50 for Furniture Catalogue and request form for free, hand-drawn denim fabric.
ENJOY REAL EYE COMFORT
Now you can enjoy comfortable vision in strong sunlight while playing tennis, sailing, golfing, motoring, or reading on the beach. Adjustable dark green plastic shield slips on your glasses in a jiffy. Wear the Sport Visor on regular or sun glasses.

SPORT VISOR . . . $2.98 + 25c Mailing Each
No COD’s or Billing  California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises 556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

HUSKY PALMS
Unique kit for indoor gardeners lets you grow three miniature tropical palm trees (grow to six ft.) in a real coconut husk and shell. Kit includes soil, coconut information, and palms in mint condition. $4.95 ppd. Cordial Gifts, HG11B, 42 Sycamore St., Holyoke, MA 01040.

TWO VIEWS
Pocket magnifier has two lenses for close-up work—four-power or eight-power magnification! Ideal for seeing small type, splinters, stamps. Lenses fold into protective case. $3.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

PULL-UP TABLE
Nifty idea, legs provide comfort with any chair. Good for eating, as desk, cards. Walnut grain, stain, heat-resistant top. Black satin enamel legs. Folds. 16" by 23" by 24". $27.50 plus $2.50 post. Camali & Buckley, HG11, 1141 Connecticut Ave., N.W., Washington, DC 20036.

PET'S OASIS
Thirsty pets love the automatic waterer, which comes with 30" hose ready to screw into faucet indoors or outdoors. 9" by 7" by 3" basin. $6.95 ppd. For under sink attachment kit, add $4.98. Write to G.Q.F. Mfg. Co., HG11, Box 8152, Savannah, GA 31402.

QUICK TRIM
Handy hair-trimmer does the job professionally in minutes. Made in Sweden, fine quality, adjustable for regular trim, medium, scalp-close. Trims as it combs. Mom can do the job or Dad. $2.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

MAGNETIC SOAP HOLDER
• Suspends soap magnetically
• Bar of soap dries fast—sanitary method
• No slipping out of holder
• Keeps soap super clean
• Used in many hospitals and Doctors’ offices
• Install in minutes
Simply glue holder to wall; press coin size striker into soap, and presto— the soap floats! Also holds nail or shaving brush, even sharp knives. Colors: jewelled white, flame red, ebony (please specify). Sample order $2.00 Min. order of 3 @ $4.75; 6 @ $9.00 All postpaid NY. State residents add sales tax. Inquiries Invited
I & J GORDON  Dept. HG115 Box 148 Long Beach, N.Y. 11561

Oshibana. Its possibilities are as endless as your imagination.
And it begins with dried leaves, ferns and flowers.
You press and seal them between sheets of beautifully textured paper. And decorate lampshades, make stationery, fashion a room divider, liven up a window.
The oshibana kit from Takashimaya introduces you to this ancient Japanese art of leaf and paper collage quickly and easily. It includes assorted papers, brushes, instruction booklet and a selection of dried, pressed leaves and ferns to start you off with.

Each kit $6.00 ppd. Add state and local taxes where necessary.
Takashimaya, Inc.
Manhattan 509 Fifth Avenue New York, N.Y. 10017
Long Island 401 Old Country Road, Carle Place, N.Y. 11514

Fashion Box
by MAB Originals
Copyrighted designs, professionally handpainted plaques, on handfinished boxwood handbags. Fully lined with vinyl, fitted with oval mirror and coordinating key holder. Solid brass corners, rubber bumpers. 12 designs: village (pictured), tennis, fox, owl, dog, cat, golf, mushroom, poppy, horse, vegetable, strawberry. $65. ppd.
FREE COLOR BROCHURE
MAB ORIGINALS

HUSKY PALMS
Unique kit for indoor gardeners lets you grow three miniature tropical palm trees (grow to six ft.) in a real coconut husk and shell. Kit includes soil, coconut information, and palms in mint condition. $4.95 ppd. Cordial Gifts, HG11B, 42 Sycamore St., Holyoke, MA 01040.

TWO VIEWS
Pocket magnifier has two lenses for close-up work—four-power or eight-power magnification! Ideal for seeing small type, splinters, stamps. Lenses fold into protective case. $3.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

PULL-UP TABLE
Nifty idea, legs provide comfort with any chair. Good for eating, as desk, cards. Walnut grain, stain, heat-resistant top. Black satin enamel legs. Folds. 16" by 23" by 24". $27.50 plus $2.50 post. Camali & Buckley, HG11, 1141 Connecticut Ave., N.W., Washington, DC 20036.

PET'S OASIS
Thirsty pets love the automatic waterer, which comes with 30" hose ready to screw into faucet indoors or outdoors. 9" by 7" by 3" basin. $6.95 ppd. For under sink attachment kit, add $4.98. Write to G.Q.F. Mfg. Co., HG11, Box 8152, Savannah, GA 31402.

QUICK TRIM
Handy hair-trimmer does the job professionally in minutes. Made in Sweden, fine quality, adjustable for regular trim, medium, scalp-close. Trims as it combs. Mom can do the job or Dad. $2.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

MAGNETIC SOAP HOLDER
• Suspends soap magnetically
• Bar of soap dries fast—sanitary method
• No slipping out of holder
• Keeps soap super clean
• Used in many hospitals and Doctors’ offices
• Install in minutes
Simply glue holder to wall; press coin size striker into soap, and presto— the soap floats! Also holds nail or shaving brush, even sharp knives. Colors: jewelled white, flame red, ebony (please specify). Sample order $2.00 Min. order of 3 @ $4.75; 6 @ $9.00 All postpaid NY. State residents add sales tax. Inquiries Invited
I & J GORDON  Dept. HG115 Box 148 Long Beach, N.Y. 11561

Oshibana. Its possibilities are as endless as your imagination.
And it begins with dried leaves, ferns and flowers.
You press and seal them between sheets of beautifully textured paper. And decorate lampshades, make stationery, fashion a room divider, liven up a window.
The oshibana kit from Takashimaya introduces you to this ancient Japanese art of leaf and paper collage quickly and easily. It includes assorted papers, brushes, instruction booklet and a selection of dried, pressed leaves and ferns to start you off with.

Each kit $6.00 ppd. Add state and local taxes where necessary.
Takashimaya, Inc.
Manhattan 509 Fifth Avenue New York, N.Y. 10017
Long Island 401 Old Country Road, Carle Place, N.Y. 11514

Fashion Box
by MAB Originals
Copyrighted designs, professionally handpainted plaques, on handfinished boxwood handbags. Fully lined with vinyl, fitted with oval mirror and coordinating key holder. Solid brass corners, rubber bumpers. 12 designs: village (pictured), tennis, fox, owl, dog, cat, golf, mushroom, poppy, horse, vegetable, strawberry. $65. ppd.
FREE COLOR BROCHURE
MAB ORIGINALS

HUSKY PALMS
Unique kit for indoor gardeners lets you grow three miniature tropical palm trees (grow to six ft.) in a real coconut husk and shell. Kit includes soil, coconut information, and palms in mint condition. $4.95 ppd. Cordial Gifts, HG11B, 42 Sycamore St., Holyoke, MA 01040.

TWO VIEWS
Pocket magnifier has two lenses for close-up work—four-power or eight-power magnification! Ideal for seeing small type, splinters, stamps. Lenses fold into protective case. $3.98 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

PULL-UP TABLE
Nifty idea, legs provide comfort with any chair. Good for eating, as desk, cards. Walnut grain, stain, heat-resistant top. Black satin enamel legs. Folds. 16" by 23" by 24". $27.50 plus $2.50 post. Camali & Buckley, HG11, 1141 Connecticut Ave., N.W., Washington, DC 20036.

PET'S OASIS
Thirsty pets love the automatic waterer, which comes with 30" hose ready to screw into faucet indoors or outdoors. 9" by 7" by 3" basin. $6.95 ppd. For under sink attachment kit, add $4.98. Write to G.Q.F. Mfg. Co., HG11, Box 8152, Savannah, GA 31402.

QUICK TRIM
Handy hair-trimmer does the job professionally in minutes. Made in Sweden, fine quality, adjustable for regular trim, medium, scalp-close. Trims as it combs. Mom can do the job or Dad. $2.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.
SHOPPING AROUND

DREAM ENSEMBLE
Natural or white 65% polyester
-35% cotton. Dust ruffle: 14", 18" or 22"; twin, double $13;
queen $15; king $18. Canopy: twin, double $17. Twin, double
coverlet $27.50; queen, king $40. Add $1.50 post. Colonial
Maid Curtains, HGll, Lawn Terrace,
Mamaroneck, NY 10543.

JARDIN LOUIS
A lovely woven tapestry from
Europe in rich pastel shades of
green, gold, blue, crimson. Fine
cotton that doesn't fade. 20" by
20". For frame, pillow or uphost-
ery. $8.50 plus $1 post. Cata-
logue, $1. Lovelia Enterprises,
Inc., HGll, Box 1845, Grand
Central Sta., N.Y., N.Y. 10017.

COLORFUL PRESS-ONS
Stick to smooth surface: letters,
cameras, sports gear, tapes. To
four 26-space lines. 1/2" by 1/2"
Black on white, silver, gold, blue,
pink, yellow. Dispenser sleeve.
(All alike) 225, $3; 450, $5;
Bruce Bolind, HGll, Bolind
Bldg., Boulder, CO 80302.

HELP'S AT HAND
Changing handbags is hazard-
ous, especially if you tote a bu-
reau drawer's worth of gear. If
you insist, be wise with a purse
organizer—seven pockets. In
Expanding file keeps clippings
512 So. Fulton Ave., Mt. Vernon
NY 10550.

RECIPE ORGANIZER
Expanding file keeps clippings
and jottings orderly. 8" by 10".
Indexed to file alphabetically in
8 sections for soups, cakes, etc.
Grosgrain tie. Yellow or red ging-
organizer — seven pockets. In
the Country Gourmet, GNE,
Las Vegas, Nevada 89101.

SEND CHECK OR MONEY ORDER TO:
LAURA'S LOVEABLES ©
Dept. 1175, P.O. 7361
Las Vegas, Nevada 89101

DIRECT FROM
HAWAII
TI PLANT
Hawaiian Good Luck Plant
BRING THE CHARM OF
TROPICAL EXOTIC HAWAII
TO YOUR HOME
WITH THIS EXCELLENT
HOUSE FOilage. LEARN
THE RICH HISTORY
BEHIND THIS
PLANT. FREE
WITH EVERY ORDER
TI PLANTS ARE GROWN OUT
OF A LOG. DIMENSIONS CAN
BE CONTROLLED ACCORDING
TO THE SIZE OF THE CONTAINER
GUARANTEED TO FLOUBISH!

2 FOR $1.50
3 FOR $2.00

SATISFACTION GUARANTEED
PRICE INCLUDE POSTAGE & HANDLING
SEND CHECK OR MONEY ORDER TO:
LEHUA'S
P.O. Box 15217 • Honolulu, Hawaii 96815

HANDBRUSHED FAMILY CREST
RINGS

HAND ENGRAVED FAMILY CREST
RINGS

WE WORK IN THREE BASIC WAYS
1 — If you have a coat of arms you send us a photostat or picture of it and that is what we engrave.
2 — If you do not have a coat of arms just send us your name and we shall look it up at no extra
cost to see if there is a coat of arms for it.
3 — If you wish you may design your own coat of arms. When you send for our catalogue ask
for our free booklet 'Some basic ways to design your own coat of arms.'

WE INSPECT YOUR RING BEFORE SENDING IT TO YOU.

LEHUA'S
P.O. Box 15217 • Honolulu, Hawaii 96815

AUTHENTIC TOLTEC
Flaming Head

Exact reproduction of ancient
Toltec Fire God adds a dra-
matic effect to your patio. Made
of heavy simulated lava. 12" high. Complete with red Color-
flame torch that burns up to 3
hours. Replacement torches available with red, green or blue
flames.

Allow 3-4 weeks for de-
Livery. Price includes
shipping costs. Money
back guarantee. Illinois
residents add 5% sales tax.

$14.95

TOL-TEK
P.O. Box 4455, Chicago, Ill. 60677
Please send me___Tol-Tek
Flaming Heads.
Name __________________________
Address _________________________
City __________ State __ Zip ______

No C.O.D.'s—Send check, money order or charge to American Express, Master Charge, or Bank AmericaCard.

My charge card number is

HAND ENGRAVED FAMILY CREST
RINGS

LEHUA'S
P.O. Box 15217 • Honolulu, Hawaii 96815

NEW GIFT IDEA...

AUTHENTIC TOLTEC

Flaming Head

Exact reproduction of ancient
Toltec Fire God adds a dra-
matic effect to your patio. Made
of heavy simulated lava. 12" high. Complete with red Color-
flame torch that burns up to 3
hours. Replacement torches available with red, green or blue
flames.

Allow 3-4 weeks for de-
Livery. Price includes
shipping costs. Money
back guarantee. Illinois
residents add 5% sales tax.

$14.95

TOL-TEK
P.O. Box 4455, Chicago, Ill. 60677
Please send me___Tol-Tek
Flaming Heads.
Name __________________________
Address _________________________
City __________ State __ Zip ______

No C.O.D.'s—Send check, money order or charge to American Express, Master Charge, or Bank AmericaCard.

My charge card number is

HAND ENGRAVED FAMILY CREST
RINGS

LEHUA'S
P.O. Box 15217 • Honolulu, Hawaii 96815

Pre-inspection purchase plan

In order to make sure you like the work before you invest in a gold ring you may order the pendant shown above in sterling silver hand-engraved with your coat of arms for only $35.00. If you order the ring you will be given credit for the $35.00 and may keep the pendant.

SEND FOR OUR FREE COLOR CATALOGUE . . . This is the most logical jewelry aid certainly the most personal jewelry there is. Hand engraved by master European craftsmen.

HERALDIC IMPORTS, INC., Dept. HG1-75
21 West 46th St., New York, N.Y. 10036

221

November, 1975
TIGER SLIPPER SOX
$3.98 + .350hdlg.
Write for FREE catalog of gifts.
Holiday Gifts
Dept. 311-C, Wheat Ridge, Colorado 80033

LIFE LONG ID TAG FOR PETS
Don't worry about your dog or cat getting lost. This Identification Tag has all the necessary information for his safe return—pet's name, your name, address and phone number—all embossed free. Lifetime polished stainless steel, complete with collar hook. $1.00 ppd. Your order will be sent by FAST FIRST CLASS MAIL at no extra charge!
WESTHEIG ENTERPRISES LTD.
Dept. 211, 2842 E. Serendipity Cr.
Colorado Springs, Colorado 80917

KNITTED NAME CAP
Here's the hat that tops everything! Custom made—has your name knitted into it as part of the unique design. Warm, smart, stylish! For men, women, boys, girls. One size stretches to fit all. Six popular colors: Navy, red, orange, brown, green, white. Washable non-allergic yarn. Please state color and name.
$14.95 plus 50c postage.
Holiday Gifts
Dept. 311-H, Wheat Ridge, Colorado 80033

COLORFUL SKI CARDS
FOR CHRISTMAS 1975
Share the breathtaking beauty of the skier's private outdoor world with this colorful assortment of 12 different cards. Featuring incredible photos with thoughtfully matched greetings guaranteed to please. High quality cards fold to about 5" x 7". Bright white envelopes. Order Ski Assortment for $2.85 each plus 70c postage and handling. Fast IMMEDIATE service and money back guarantee. Or send for free full color catalog of Christmas cards and gift items with sample card included.
Leanin' Tree Ski Cards
Box 15005-SNT52, Boulder, CO 80302

LEISURE LOOK
Made in the Rockies. Versatile solid oak tables have heat and stain-proof tops in simulated black slate, finished in natural stain. Coffee table, 18" by 48" by 15", $59.95; end table, 18" sq by 28", $49.95; bar stool, with black vinyl cushion, $59.95. Add $5 post ea. Casual Furniture Ltd., HG11E, 6211 W. Alameda, Lakewood, CO 80226.

CALICO WRAP
Start a quilt from calico soap wrappers. Moisturizing North Country soap containing quality oils and glycerine, covered in 15 calico patch prints. Quilt-as-you-go pattern in each bar. One bath size, $1.10; three bars in wooden crate, $3.75; three guest-size bars, $1.50. Ppd. Quilts & Other Comforts, Dept. HG11, 5315 West 38th Ave., Denver, CO 80212.

SHOPPING AROUND
SKI COUNTRY IN COLORADO

NATURALS
A beautiful bounty from the west! Genuine turquoise, hand inlaid into a walnut shell, then set in Indian silver. Show one off on your choice of necklace. Pendant on wire choker (left) $24.95; on 15" bead strand of turquoise and silver (center), $39.95; on 15" strand of capiz shell, coconut heishi and silver, $29.95. Ppd. Rocky Mountain Depot, HG11, Box 6571, Denver, CO 80206.
ET'S PAL

nowy ski-country winters won’t chill the family pet at night: he has a heated pad to keep him toasty warm. Thermostatically operated brown pad is double-thick, chew-proof power cord and plug. 27" by 17"; zipped right for sleeping comfort for pets. $12.98 plus 75c post.

PERSONAL PARKA

Gorgeous goose-down Aspen jacket is yours at a fraction of the expected price—because it comes in pre-cut parts ready to whip up on a sewing machine. Kit also includes zippers, thread, down, instructions. Specify XS, S, M, L, XL; choose red, navy, forest green, sky blue or gold. $25.95 plus $1.40 post. Free catalogue. Frostline Kits, HG-E15, 452 Burbank, Broomfield, CO 80020.

FRE Quilt Patterns

in every issue of Quilter’s Newsletter

If you like quilts, this monthly magazine will delight you. Devoted entirely to quilt making and pattern collecting. Profusely illustrated with new and old quilts—designer’s originals, show winners, museum quilts. Full of interesting, helpful features for both beginners and experienced quilters.

You’ll also receive catalog showing hundreds of patterns, plastic quilting stencils, pattern proof, quilt kits and quilt as you go patterns.

SPECIAL OFFER

6 Months $3.00 pppd.

QUILTS & OTHER COMFORTS

Dept. H41, Box 394, Wheatridge, Colo. 80033

Please send Quilter’s Newsletter. Payment enclosed for 6 months & catalog $3.00. Sample issue 75c.

Name__________________________
Address________________________
City State Zip____________________

Pease send me the following:

Vanilla        Hot Fudge        Bittersweet Orange        Sun Yellow

Please send check or money order. Pat’d, Off.

TOTAL AMT ENCLOSED

Please send me the following colors:

Please include my complimentary “snuff-it” for my car ash tray with each set of 4 ashtrays (order).  

Name__________________________
Address________________________
City State Zip____________________

QUILTS & OTHER COMFORTS, HG-15; 621 W Alameda, Lakewood, Colo. 80226

Caasual FURITURE LTD.

Use one for snacks, two together or three for parties. Alone or in groups, these handsome tables are contemporary and versatile. Hand finished naturally stained oak with heat and stain proof simulated black slate tops. 18" x 18" x 15" h. $39.95 + $5 shipping. Dept. HG11. BankAmericard or Master Charge. Send no. exp. date & signature.

Endangered Species Pendants

Grizzly Bears & Bighorn Rams

Adorn yourself or someone special in one of these beautifully-molded sterling silver pendants depicting your choice of 6 endangered species. The animal figure is mounted on a 1 1/4" disc of polished black onyx suspended from a 24" sterling rope chain. Choose grizzly bear (shown), penguin, bighorn ram, bald eagle, white pelican, or river otter.

Your Choice

Satisfaction guaranteed.

Please turn page for more shopping around ski country in colorado.
Hi-Low T.V. POLE STAND

For the bedroom, living room, kitchen, family room, porch—no matter where you're viewing this smart new T.V. Pole Stand holds your portable at the level and place best suited for comfort, without taking up valuable floor or tabletop space. Takes any width, up to 14" front to back, up to 17" top to bottom. Easy to install and move, brass tone finish pole has spring tension rod at top to adjust to your ceiling height. Can be set up in Hi or Low; position. Hi position is great for reclining watchers. Made in USA.

SUPER SCOOPER

Amazing dipper scoops ice cream like magic; Self-defrosting liquid hermetically sealed in handle, lets you cut through coldest ice cream with ease. Gives you uniform attractive scoops. Lifetime action, never loses it's power. Sanitary, rust-proof. Takes any size, up to 14" front to back, up to 17" top to bottom. Easy to install and move, brass tone finish pole has spring tension rod at top to adjust to your ceiling height, can be set up in Hi or Low; position. Hi position is great for reclining watchers. Made in USA.

SAFETY FIRST

Break-resistant ceramic ashtray combines function and good looks. Smoking material won't roll out, and the snuffing device lets you extinguish cigarettes instantly. In vanilla, bitter-sweet orange, sun yellow or hot fudge. $5.95; set of four $21. Ppd. J.C. Fox Collection, HG711, 3350 Peoria St., Suite 101, Aurora, CO 80010.

POLISHED PARSONS

Tables of solid oak or walnut resist water, heat, stains. 24" by 48" by 18" h. $250; 36" by 36" by 30" h. $260; 30" by 60" by 30" h. $310; 36" by 36" by 30" h. parquet $300; 36" by 60" by 30" h. parquet $375. Also in custom sizes. Ppd. Woden Woods, HG11E, 2128 15th St., Denver, CO 80202.
TRAVEL FRIEND
Wake up to music away or at home with a 6-transistor radio alarm clock. Goldtone face has fluorescent hour dots for easy viewing in the dark. Alarm automatically triggers radio if desired. In luxurious black leather case 7" x 4". AM/FM $49.95; AM only $39.95. Ppd. Bruce Bolind, HG11, Boulder, CO 80302.

SNOW SPIRIT
The white Christmas tradition in exciting ski country scenes is captured in full-color photos. Each 5" by 7" card has a thoughtfully matched sentiment. All 12 different cards $2.85 plus 70c post. Catalogue and a sample card free. Leanin’ Tree Ski Cards, HG11, Box 1500-S-NT77, Boulder, CO 80302.

SOFT LANDING
The lovable favorite arrives on a colorful pillow to delight children and teens. Mickey Mouse is screen-printed in lively colors on yellow cotton background with brown cord edging. 14" by 10". $5.98 plus 50c post. Holiday Gifts, Dept. 311X, Wheat Ridge, CO 80033.

THE AFFORDABLES FROM FROSTLINE
Frostline kits are the sew-it-yourself outdoor equipment kits that come with everything you need to put together a top quality down-filled parka, sleeping bag, comforter...even tents and backpacks!

THE AFFORDABLES FROM FROSTLINE
Frostline kits are the sew-it-yourself outdoor equipment kits that come with everything you need to put together a top quality down-filled parka, sleeping bag, comforter...even tents and backpacks!

LIFETIME ID tag for pets
Don’t worry about your dog or cat getting lost. This stainless steel lifetime identification tag displays all the necessary information for his safe return—pet’s name, your name, address and phone number, all engraved free. Hook for easy attachment to collar, Specify dog or cat. $1.00 Ppd. Write for FREE catalog today.

1000 RETURN ADDRESS LABELS
$100
CRISP WHITE PAPER
F R E E  H A N D Y  B O X
Quick, hands was to put your name, address and zip code on letters, records, books, etc. Any name, address and zip code up to 4 lines beautifully printed in black ink on crisp white gummed labels. P" long. 5717 1000 Labels 1.00

250 Self-Stick RETURN ADDRESS LABELS
$1
Self-stick labels with your name and address are the smart, easy way to personalize letters, envelopes, books, etc. Any name and address up to 4 lines beautifully printed in raised black lettering on the finest self-stick white label paper available. 1.00 long. 3007 250 Self-Stick $1.00

PLEASE TURN PAGE FOR MORE SHOPPING AROUND SKI COUNTRY IN COLORADO
Deer Antler Pendant
From Aspen's high country forests, comes this pendant of polished deer antler capped in 14 karat gold. Wear it for a handsome outdoor look on him or her. 2¼" in length. $85.00 postage paid. Check, Master Charge, Bank Americard.

Sunshine Down Vest
Keep your child warm all winter in this unique sun burst design, 100% down filled vest, available for the first time in infant sizes. Top it off with Aspen's own Mountain Lid. 18 m-/yrs. $23 ppd. 5 yrs.-7 yrs. $27 ppd. 8 yrs.-12 yrs. $31 ppd. Hat to Match. $11 ppd. (Color: Residents 3 percent sales tax)

Cotton Chinese Jacket
This lightly quilted cotton Chinese jacket comes in an oriental flower print on blue, lined with rust, or flowers on rust lined in blue. Nice for inside or outdoors, it's also available in solid rust with brown or solid red with black. Small, medium or large. It is only $30 including postage.

Victorian House Pillow
This delightful pillow displays Aspen's architectural heritage in a Victorian house of embroidery and applique. Oil burning lamps peek through lace window shades. An old fashioned weathervane, turret, and iron fence decorate the stately home. Navy, brown, red, yellow or green design on natural homespun background. 15½" square. $45. (1,500 Colorado residents add 3% sales tax)

Stripes by Hilda
Hilda designed and made this bold striped sweater in Aspen exclusively for Safari Aspen, Ltd. Made of 100% pure wool, it is the perfect weight for on the mountain or apres ski. Hand washable. Please order by color combo. no.: 1. Brown, Camel, Ochre, Petrol Blue 2. Navy, Yellow, Red, White 3. Forest Green, Rust, Heather Blue, White

Golden Forest Birds
Delight your eyes and your fingers with exquisite 14kt gold rings designed by Giles, exclusively for Opulence, the Ultimate in Gold. You'll treasure the graceful dove in flight, the Aspen snowbird or the golden cockatoo. State ring size. $200 ppd. Opulence, HG11, Box 1224, Aspen, CO 81511.

CHIC CHAMOIS
Wear together or as separates. Elegant chamois threesome created by Flavours Unlimited of Aspen. 100% domestic sheepskin chamois. Sizes 6 to 14. The 4-panel western style skirt, $68; snap front vest, $49, yoked shirt, $104. $200 Ppd. Safari Aspen, Ltd., HG11, 416 S. Hunter St., Aspen CO 81611.

Turquoise
Gem of the Centuries
Here is the most comprehensive reference book currently available on turquoise and Indian jewelry. 1 ½ by 8½ inches, with 52 pages filled with authentic color photographs and accurate information. The mines, the craftsman, the techniques, the jewelry, all are included in color suitable for framing. An exciting and informative book. A unique native American artform. $7.95 plus 50 cents ppd.

GOLDEN FOREST BIRDS
Sunbonnet dresses reflect Aspen's past. Custom-made dress and pinata in cotton/polyester. All white and red, brown, navy or yellow print. Three pcs.: 2 to 6 (left), $36. 8-12 (right), $46 plus $1.50 post. Bonnet only, $6.50 plus 75c post. Catalogue 50c. Geranium's 'n Sunshine, HG11, Box G, Aspen, CO 81511.

YOUNG PIONEERS

CHIC CHAMOIS
Wear together or as separates. Elegant chamois threesome created by Flavours Unlimited of Aspen. 100% domestic sheepskin chamois. Sizes 6 to 14. The 4-panel western style skirt, $68; snap front vest, $49, yoked shirt, $104. $200 Ppd. Safari Aspen, Ltd., HG11, 416 S. Hunter St., Aspen CO 81611.

Stripes by Hilda
Hilda designed and made this bold striped sweater in Aspen exclusively for Safari Aspen, Ltd. Made of 100% pure wool, it is the perfect weight for on the mountain or apres ski. Hand washable. Please order by color combo. no.: 1. Brown, Camel, Ochre, Petrol Blue 2. Navy, Yellow, Red, White 3. Forest Green, Rust, Heather Blue, White

Women's sizes S, M, L, at $45. Men's sizes S, M, L, XL, at $45. Matching Hat, one size fits all at $10.

Safari Aspen, Ltd.
416 S. Hunter Street
Aspen, Colorado 81611

GOLDEN FOREST BIRDS
Delight your eyes and your fingers with exquisite 14kt gold rings designed by Giles, exclusively for Opulence, the Ultimate in Gold. You'll treasure the graceful dove in flight, the Aspen snowbird or the golden cockatoo. State ring size. $200 ppd. Opulence, HG11, Box 1224, Aspen, CO 81511.

CHIC CHAMOIS
Wear together or as separates. Elegant chamois threesome created by Flavours Unlimited of Aspen. 100% domestic sheepskin chamois. Sizes 6 to 14. The 4-panel western style skirt, $68; snap front vest, $49, yoked shirt, $104. $200 Ppd. Safari Aspen, Ltd., HG11, 416 S. Hunter St., Aspen CO 81611.
SHOPPING AROUND

PERSONAL ACCOUNT
Handsome initialled money clip of sterling silver grips bills securely, keeps currency safe and handy. Handcrafted, sure to please the discriminating. 1¾" square with any initial 1¼" high. $12.50; two $24. Ppd. Ferry House, Dept. HG-751, Briarcliff Manor, NY 10510.

CLEARLY ORGANIZED
Crystal clear acrylic organizer has tiny shelves for little things, compartments for tall bottles, sprays. Middle section slides out. Easily cleaned, it fits standard wall cabinet. 9½" by 3". $6.98 plus 50c post. Holiday Gifts, Inc., Dept. 311W, Wheat Ridge, CO 80033.

ITALIAN PORCELAIN

MUSICAL KETTLE

NO MORE CURLS
Now you can have crunchy bacon — minus the curls. Bacon press and 3" I. White. For candy, rings, etc. $6.98 plus 50c post. Lillian Vernon, Manor, NY 10510.

THE TIMELESS QUALITY of a FINE PHOTOGRAPH...
Made personally important.

Golfer's Net
FOR PRACTICE CHIP SHOTS
Indoors or out (ground stakes included). 30" x 30". A great golfer's gift, only $12 + $1.25 post. Color gift catalog $1.

V. I. P. NAME CLOCK
Gold-toned metal, gold-toned metal. 20" high. Request to form the numbers of this stunning clock. Matching hands accent the round crystal clock. Operates on one AA battery. Battery life: 5 years. $25.00, add $1.95 post. Under 100 letters for suggestions. Allow 4 weeks delivery.

INTRODUCING Zip-notes
An exciting new idea in social stationery. Zip-notes® are new, all-purpose "Speedy Greetings." No envelope, no seals, yet message sealed and revealed! And they open like a dream! (Patented). There are 4 styles. $4.95 - $6.40 mailing. Available only from Zip-notes®, Dept. HG, P.O. Box 25639, Phoenix, Az. 85062.

Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. All color posters printed on Kodak paper. Great gift idea!

BLOW YOURSELF UP into a FULL COLOR POSTER at Unbelievable low Cost!
LOW COST FULL COLOR POSTERS
20" x 24"  only $7.50
14" x 17"  only $4.00
20" x 30"  only $12.50

For every color poster ordered add $2.00 and extra Black & White. Black & White Original: 50% off. Add 50c each item, handling, and $1.50 each at lower prices. Add 10c to each poster, handling, and $1.50 each at lower prices. Available only from Photoco. 1-200 East 1st St., N.Y. 10002. In some areas, sales tax is 1% - 2%. To avoid this all posters are shipped U.P.S. For each size order add $1.00 for each cut or $2.00 for each cut and grafted.

Corgis Color Cards
Dept. HG-115, Congers, N.Y. 10920

Delightfully flattering long gown, full circle five yard skirt, bodice molding stretch lace top, your selection. P.S.M.L.
#6147 $25.00 Fine gauge prints.
#6150 $20.00 15 denier prints.
#6149 $20.00 Black 15 denier.
#6151 $17.00 Baby doll set.

15% discount on all purchases with P.O. Box 655, Tenafly, New Jersey 07670

Congo's Color Labs
Dept. HG-115, Congers, N.Y. 10920

Qualify Gift Catalog . . .
V.I.P. NAME CLOCK
Gold-toned metal, gold-toned metal. 20" high. Request to form the numbers of this stunning clock. Matching hands accent the round crystal clock. Operates on one AA battery. Battery life: 5 years. $25.00, add $1.95 post. Under 100 letters for suggestions. Allow 4 weeks delivery.

OVEMBER, 1975
GAME TABLE


TAYLOR GIFTS
355 E. Conestoga Rd. Gll-5, Wayne, Pa. 19067

BRAZILIAN LEATHER NECKLACE

Old Fashioned Home Spun Tablecloths

Loomed in the Appalachian Mountains by mountain weavers, a skill handed down by their forefathers. Real homespun cotton in a host of marvelous sunny colors; these self-fringed tablecloths are reversible for double wear, washable, never touch an iron. In gold, red, blue, olive, brown and Sahara sand.

52" x 52" $16.95 54" x 54" $20.95
56" x 56" $24.95 12" x 64" Placemats 13.95 pr.
60" x 108" $35.95
72" Round Tablecloth $19.95

EYESIGHT SAVER

Do you find the eyes of needles growing smaller? Needle threader consists of a plastic funnel into which the needle is dropped, spindle to transfer thread to needle, blade to cut thread. $1.59 plus 20c post. Anthony Enterprises, HGll, 556 Mission St., San Francisco, CA 94105.

BOTTOMS UP!

Startling glasses show clothed models—but the scene changes when iced drinks are poured in. A true vanishing act! Specify type. Neatly centered lines. Rich blue ink. 4 X 6 for 3 to 5 lines, $7.98 plus 75c post. Male or female models. Set of four, $15.98 plus 1.39 post. Free catalogue. The Talbots, Dept. JT, Hingham, MA 02043.

SPRING-LOAD FRAME

Double-action frame, with key to lock in engraved numbers. Delicate etched metal. 4" x 6", $10.00 plus 50c post. Made in Japan.

SHOPPING AROUND

DAZZLING ACCENT

Circles of goldtone metal tiny dangling heartlets merge in a sparkling bib necklace to light up the fashion scene. On a double-link chain with clasp that adjusts to fit any size, any gift list $6.99 plus 75c post. Old Village Shoppe, M6516, Hanover, PA 17331.

FANCY FOOTWORK

Petite-perfet flats of fine kidskin have everlasting flowers on the toes, 7 1/2" heels. Black, navy, red, lt. blue, hot pink, yellow, hunter, brown, emerald, white. Sizes 5½-10 in N and M widths. $21 plus 1 $1.50 post. Free catalogue. The Talbots, Dept. JT, Hingham, MA 02043.

LITTLE CHARMER


COATINGS OF ANCIENT WINE CUP

Ancient Chinese treasures, exquisitely carved to perfection by impeccable Cathay craftsmen can be duplicated by an equally amazing, modern technology. Why wait to enjoy these art pieces in a museum? Have fabulous reproductions at home for all to admire. Classic curios are the traditional red of carved lacquerware. All completely brass lined, with rosewood bases.

$47.50 each; any two $90.00; all three $133.50 all postpaid

ART TREASURES WORLD WIDE, Dept. HG115
123-33 83rd Ave., Suite 2005, Kew Gardens, N.Y. 11415

The Ceiling Fan Gallery
52" fan without Adaptair, $239 36" fan, $159 52" fan with Adaptair, $279

FERRY HOUSE, Branchville, N.Y. 10510

FANCY FOOTWORK

Petite-perfet flats of fine kidskin have everlasting flowers on the toes, 7 1/2" heels. Black, navy, red, lt. blue, hot pink, yellow, hunter, brown, emerald, white. Sizes 5½-10 in N and M widths. $21 plus 1 $1.50 post. Free catalogue. The Talbots, Dept. JT, Hingham, MA 02043.

LITTLE CHARMER


BOTTOMS UP!

Startling glasses show clothed models—but the scene changes when iced drinks are poured in. A true vanishing act! Specify type. Neatly centered lines. Rich blue ink. 4 X 6 for 3 to 5 lines, $7.98 plus 75c post. Free catalogue. The Talbots, Dept. JT, Hingham, MA 02043.

SPRING-LOAD FRAME

Double-action frame, with key to lock in engraved numbers. Delicate etched metal. 4" x 6", $10.00 plus 50c post. Made in Japan.

SHOPPING AROUND

DAZZLING ACCENT

Circles of goldtone metal tiny dangling heartlets merge in a sparkling bib necklace to light up the fashion scene. On a double-link chain with clasp that adjusts to fit any size, any gift list $6.99 plus 75c post. Old Village Shoppe, M6516, Hanover, PA 17331.

FANCY FOOTWORK

Petite-perfet flats of fine kidskin have everlasting flowers on the toes, 7 1/2" heels. Black, navy, red, lt. blue, hot pink, yellow, hunter, brown, emerald, white. Sizes 5½-10 in N and M widths. $21 plus 1 $1.50 post. Free catalogue. The Talbots, Dept. JT, Hingham, MA 02043.

LITTLE CHARMER


SPRING-LOAD FRAME

Double-action frame, with key to lock in engraved numbers. Delicate etched metal. 4" x 6", $10.00 plus 50c post. Made in Japan.

SHOWS ACTUAL SIZE

YOUR NAME & ADDRESS (and/or anything else you want) Printed Like This on 2 to 3 Lines Printed On 300 GUARANTEED LABELS

THIS BOOK BELONGS TO ARTHUR HARWOOD

We’ve moved! New address Mr. & Mrs. John H. McLaughlin 95 Leverett Boulevard Cambridge City, Ind. 47327

THE WRITEWELL CO.
875 Transit Bldg.—Boston, Mass. 02115

The Original TWIN BED BRIDGE
with patented square rib

Makes a Comfortable King-Size Bed out of Twins

• Fills space between beds.
• Made of soft polyurethane foam.
• Fits any size twin beds.
• Lasts 10 years, guaranteed.
• Rolls up for easy storage.

$79.90

We pay all postage. Satisfaction Guaranteed.

TONI STERN
HG11, 54 W. So. Orange Ave.
South Orange, N.J. 07079

HOUSE & GARDEN
ONE FOR THE ROAD

Heavy duty cotton duck canvas musette bag and back pack for hunters, hikers, campers and shoppers. 12" by 15" by 6" with adjustable back straps. Olive drab, tan, red with blue, blue/red, denim blue. $6.95 ppd. Faces of Earth, HG11, 159 N. Pleasant St., Amherst, MA 01002.

STETHOSCOPE

Young and old alike learn the mysteries of the heart with an authentic stethoscope. Just like doctors and nurses use. It's fitted with rubber hose, chrome plate fittings, plastic ear caps. $5.98 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

BLOCK AND RIGHT

A study in sturdy simplicity for any chopping chore: end-grain maple block table. Several sizes: 18" by 18" by 10" $118; 18" by 24" by 10" $145.40; 24" by 24" by 10" $170. Exp. chgs. coll. Catalogue, 50c. Butcher Block & More, HG11, 1600 So. Clinton, Chicago, IL 60616.

ANTIQUE REPLICA

Glass butter dish with famous panel thistle design. From the 100-year-old pattern, it carries "bee" mark of original creator. Use it as cheese ball dish too. 5½" high, 7½" overall diameter. $10.95 plus $1.65 post. Artisan Galleries, HG11, 2100 No. Haskell Ave., Dallas, TX 75204.

SHOPPING AROUND

At Your Service... REKORD, THE NEW SERVING CART WITH 4 LIVES

1. Obviously, to assist you in serving
2. Use it as a small writing table with the bottom tray flipped back
3. Folded in half, it becomes a storage shelf
4. Completely folded, it hibernates in 3" of space to stay out of sight

But that's not all,Look at these handy features:

Two 23½" x 16½" spacious shelves keep all your serving needs at chairside
And they are heat, scratch and stain resistant
Choose from rosewood or white
The chrome finish tubular steel frame is 27½" high, and moves on large rubber tires.

All this for $54. — Order now from:

T-SQUARE DESIGNS, LTD.
50 Berkeley Pl., Bklyn., N.Y. 11217

Please send me REKORD

[ ] rosewood [ ] white
[ ] my check [ ] money order
[ ] plus $2 for shipping enclosed

State residents add applicable tax. Sorry, no C.O.D.'s.

Name ____________
Street ____________
City ____________
State ____________
Zip. ____________

Tel. ____________

If ____________

Please send me my folder with other Quality T-SQUARE Products.

T-SQUARE DESIGNS, LTD. 192 Berkeley Pl., Bklyn., N.Y. 11217
**Picture . . . "COUNTRY CHARM" EARLY AMERICAN APPLIANCES . . . and You!**

AUTOMATIC ELECTRIC RANGE . . .

authentic CAST IRON reproduction from original patterns. Combined with the Early American charm of this handcrafted CAST IRON WALL OVEN (Not Shown) it is the centerpiece of any kitchen. It features a fully automatic oven and burner controls, and an easy-care porcelain liners. Heart door conceals all controls, clock and timer. Available in right or left hand door motor. Size 14"x14". Please specify choice: White & Yellow Daisies, Pink & Yellow Daisies or White & Periwinkle Daisies. Made and Sold Only by THE HOUSE OF WEBSTER.

Send 25c for your "COUNTRY CHARM" Appliance Folder and Gift Catalog.

**STILLBEYES BY THE-YARD!**

Wrap yourself in fashion with synthetic diamond-like stones and gold. Sparkle plently with the latest fashion rags. Twist and turn these dazzlers around your neck, day time, nighttime. Anytime. 14K yellow gold chain. Strongites-S46.

**Tarnish-Proof Pacific Silvercloth**

Protect your silver with Pads that convert your drawer space into a silver chest. Prevents tarnish and scratching; silver is always ready to use. Size: 11 1/4" wide x 15" deep $10.75

**WASH & DRY**

Cabinet style microwave oven can also be a broiler or a toaster oven. Features include: one oven door, adjustable control, timer, and three different heat settings. Available in right or left hand door motor. Size 14"x14". Please specify choice: White & Yellow Daisies, Pink & Yellow Daisies or White & Periwinkle Daisies. Made and Sold Only by THE HOUSE OF WEBSTER.

Send 25c for your "COUNTRY CHARM" Appliance Folder and Gift Catalog.

**ELEGANCE YOU CAN AFFORD DIRECT FROM US,** the designers and makers. Send $1 for 96-PAGE CATALOGUE. CHANDELIER, sconces and candelabra of IVORY CRACKLE CRYSTAL. Also our own incomparable STRASS designs. Colonial brass and pewter, $40.00 to $3500.00. Shipped prepaid in U.S.A. In business for over a quarter of a century. Satisfaction Guaranteed. KING'S CHANDELIER COMPANY Dept. G-100, Eden (Leawood) North Carolina 27708.

**SHIP'S WHEEL**

Dept. HGN5, Nottingham Square Rd. Epping, New Hampshire 03042

**Nantucket Pocketbook**

A beautifully executed reproduction of the famous original handwoven bag made by Nantucket Whalersmen for their wives and sweethearts. Hand carved ivory sperm whale on top plaque and all ivory fittings, 7' high by 9' long by 6 1/2" wide. A truly unique accessory you'll be proud to carry. $44.95 PPd.

**AUTHORIZED BY CONGRESS**

The official commemorative Bicentennial coin authorized by Congress is artistically depicted Midland Moor's limited (10,000) first edition pewter. The set of four (4) colorful patriotic $1. Each coin is individually engraved complete with individual serial number. Permanently embedded in crystal plastic, 5"x4 1/4x 4", the coins, stamps, nameplates are protected in their brilliant unopened condition. This exquisite pewterware will be an investment, souvenir, or gift to serve as an American time capsule of 1776. Price $17.95 $2.00 for postage and handling. MIDLAND MOOR, Dept. HG-115, Box 4086, Kirtland, Ohio 44094.

**THE CONTINENTAL**

Tray purses and boxes in palm of your hand. Select and count change easily. Two compartments: one holds bills or tickets and the other coins. Tan pigskin. 3" by 3". $1.98 plus 25c post. Order #700. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

**WILLOW FOR TOTS**

Kiddie arm chair of natural willow is strong, but light for kids to carry. 23" high, seat height 12". 14" wide. Delightful addition for a child's room or the family room. $10.95 plus 25c post. Catalogue, 25c. Fran's Basket House, HG11, Rte. 10, Succasunna, NJ 07876.

**TIMELY ORNAMENT**

The famous painting, "Drafting the Declaration of Independence" reproduced on clear film, sealed onto pearly globes of Corning glass. 3 1/2" dia. Comes in clear glass dome 7" h. for year round display. $4.98 plus 70c post. Lillian Vernon, GME, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

**LO, THE LORELEI!**

Modern mermaid makes merry madness poolside. Big blond beauty has an inflatable green body, long raffia hair. And she's a tall one — a full six feet. Great gift for a new pool owner and she floats! $9.95 plus $1 post. The Patio, HG11, 550 Powell, San Francisco, CA 94108.
SHOPPING AROUND

HANDMADE
Wood and metal products hand-made with finest materials, workmanship; lamp/mail/sign posts, beams; mail boxes, signs, bird feeders, shutters; painted plaques, lamps, Brass lanterns, brackets, switchplates. Catalogue, $1. Herma, HG11, Kneeland Flats, Waterbury, VT 05676.

SNUG AS YOUR DOG
Full turtle neck sweater for th
canine of the family is 100
orlon knit in red with black and yellow stripes; ultra smart on cold days. Measure dog from collar to tail base. Med., $7.98; Ige., $8.95; beret, $2.98. Catalogue, 25c. Du-Say's, P-68, Box 24407, New Orleans, LA 70184.

NO SI-NL DISCOVERY
Simple Teflon cover for steam irons is the solutio
for ironing serge, gabardine, dull surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without shiny areas. $1.29 each plus 15c postage. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

GIANT CLAM SHELL
Really white polished surface, not coated and stain-resistant. Use for salads, nuts and dips, fruit and flower arrangements. Wash with soap and water. About 7" by 5" by 3". $8 ppd. The Cane Patch, HG11, 2205 Kings Highway No., Box 1382, Myrtle Beach, SC 29577.

SUPPLE ... SUEDE-LIKE ... PERSONALIZED
From our growing line of personalized ravel accessories: This matched set combines color, styling, and the exquisite look and feel of genuine suede to appeal to even the most discriminating of taste. In luxurious synthetic suede (rayon and cotton). Completely washable. Comes in Rust/Dark Brown, Navy/Gold, Dark Brown/Camel, Beige/Vine. 3" Old English lower case monogramming (up to three letters). DUFFLE (11" dia x 17")—$52.95. MEN'S GARMENT BAG (40" x 22" x 4")—$49.95. WOMEN'S GARMENT BAG (48" x 22" x 4")—$59.95. Specify color and initials. Add $1.50 for postage and handling. Allow 2-4 weeks for delivery. Calif. residents add 6% sales tax. Send check or money order to: BAGS N' TOTES 19932 CAMPAIGN DRIVE DEPT. HG-511 CARSON, CALIFORNIA 90746

MAGIC MENDING
New silicone formula Liquid Glass chemical sensation for permanent mending or repair of glass, china, crockery, ceramics and porcelain. Dries clear and creates a washable, waterproof, heat-or-cold proof iron bond. LIQUID GLASS $2.98 + 25c Mailing Each California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Burpee's 100th Anniversary Garden Catalog-FREE

Featuring new, exciting vegetable and flower varieties for the home gardener

The new 184-page Burpee Garden Catalog for 1976 is yours free. It is a comprehensive planting and growing guide, with over 1400 vegetables, flowers, shrubs, trees, and garden aids. Plus many helpful hints from Burpee's horticulture experts on how to have a better, more productive garden.

Send for your free copy of Burpee's Catalog today.
Will be mailed to you in January 1976.

W. ATLEE BURPEE CO., 5736 Burpee Bldg., Warminster, PA 18974; or Clinton, IA 52732; or Riverside, CA 92502 (Please mail to nearest address.)

Money Back Guarantee! or Your Money Back

Add your personal accent to bath or powder room with
Monarch Monogram Toilet Seats
A distinctive touch for the throne room in choice of fashion colors and hand silk-screened initial. Crafted of super-tough material by TECNIK. Durable, easy-to-clean finish. Complete with hardware to fit all standard toilets.

MONEY BACK GUARANTEE!

TO ORDER: specify seat color, initial desired and what color—gold, black, white, or dark brown. No COD's or Billing. California Residents add 6% Sales Tax. Mail order to:

TECHNIK corp. 29247 Rasch Dr., Mt. Clemens, Mich. 48043

Anthony Enterprises Dept. HG 556 Mission, San Francisco, Calif. 94105
TALKING TOILET

Hide this small unit on any toilet, when guest sits down on the toilet seat, a man’s voice says “Hey! I’m working down here . . . ha! ha!, etc.” Watch your guests leap for laughs. A great icebreaker for any party. Operates on 1 penlight battery (not included).

TALKING TOILET  $7.98 + 60¢ Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND & 0/7//ma m(\n
The LZY DAZE invites you to relax in luxurious comfort Upholstered in various grades and types of fabrics—stripes, solids, prints; cut, antique, crushed and plain velvets; etc. Specify type and colors desired. $222.00 as shown in quilted print $150.00 in your fabric — send 9½ yds. 54" material. Satisfaction guaranteed. Express charges collect; no C.O.D.

Set of three 10" solid brass trays for above $26.00 per set Delivery all Hems 3 weeks Ppd. Cal. res. add sales tax

ANTIQUE BRASS LTD.
P. O. Box 4594
Whittier, Calif. 90607

HAND WROUGHT GLEAMING SOLID BRASS

We found these antique beauties in England and have faithfully reproduced them with loving care in polished solid brass. The paper rack to hold books or magazines. The plate stand to hold your decorative glass or china plates or brass trays as shown below. Each item will enhance any period furniture in your living room or den. Approx. 29" high

Découpage Rabbit Kit An intriguing home craft idea. Complete kit contains everything you’ll need to make six different 4" decorator domes showing scenes from Beatrix Potter’s beloved storybooks. L. mold, art plaster, prints, transfer medium, brush, glaze, wall hangers and easy instructions. Only $6.00 Please add 50c for handling and postage New Yorkers please add sales tax

$55.00 ea.

Please enclose check or M.O. Sorry No COD’s TO

Frederick Warne & Co., Inc.
137 Fifth Avenue New York, N.Y. 10003

TALKING TOILET

TIME THIEF

Is your pool robbing you of time? Meyco safety pool cover takes two minutes to put on or remove. Keeps out dirt, leaves; children and pets are safe when you’re away. Discourages algae. Custom made, any size. Write to Meyco, HG11, 225 Park Ave., Hicksville, NY 11801.

FROM THE ORIENT

Genuine green jade hand-carved pendants on gold-filled chains. Buddha, heart and turtle about ¾", fish and elephant about 1". Each $8.50. Stunning necklace of 8mm green jade beads, 24" $45. P. O. Box 4694.

GREAT NEW BOOT

The all around favorite boot these days is the demi that comes just over the ankle. Stretch polyurethane, foam-lined, non-skid heel. Black, brown, navy, bone, white or red. 5 to 8½ plus 9 and 10. $15 plus $1 post. Old Pueblo Traders, 610 So. Country Club Rd., HNC, Tucson, AZ 85716.

DRIP-DRY ROD

Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive; garments drip in tub. $4.98 plus 75¢ post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

COMMUTER’S BREW

Take that second cup of coffee in the car in perfect safety, Velcro plastic fasteners anchors cup holder to any metal, plastic or carpet surface. Drink-through lid prevents spillage. $3.55 each; two, $6.50 Ppd. Sleepy Hollow Gifts, HG11, 6651 Arlington Blvd., Falls Church, VA 22042.

SET OF THREE 10" SOLID BRASS TRAYS

Set of three 10" solid brass trays for above $26.00 per set Delivery all Hems 3 weeks Ppd. Cal. res. add sales tax
CLOSET ORDER

FIX-IT KIT
Oh, those miserable moments when eyeglass frames part company! To cope, a clever kit that helps get it all together: professional optical screwdriver and an assortment of tiny frame screws. $1.98 plus 15¢ post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

WINNING TEAM
Inspirational 8" by 6" wooden plaque reads, "Lord, help me to remember that nothing is going to happen to me today that you and I together can't handle." Italian scroll border. Laminated. $1.98 plus 35¢ post. Castlyn's, Dept. HG11, 2077 New York Ave., Huntington Sta., NY 11746.

CUSTOM NEEDLEPOINT
Send any clear photo or slide. Colors are marked on 10-mesh canvas for your yarn. House, landscape, boat, car or loved one's portrait (returned). 12" by 16". $15 plus 50¢ post. Ask about other sizes and double-mesh. World Arts, HG11, Box 577, Wilmington, CA 90748.

CHAIR CANING KITS
Now anyone can restore his favorite antique and heirloom chairs easily and inexpensively with a Newwell Caning Kit, tools, natural cane, and easy-to-follow instructions, all postpaid for only $4.00; extra cane $2.00 per carton. (Illinois residents add 5¢ sales tax)

Available only from THE NEWELL WORKSHOP
Hinsdale, Illinois 60521

KITCHEN DEVILS®
Surgical SHEFFIELD Steel KNIVES
make cutting chores so easy!
add by highly experienced craftsmen, rustless stainless, blades tempered to precision hard-ness, ensuring lasting lasting edges. DEEP REEZE KNIFE (A) has special saw-edge TEFLON rated for low friction, cuts deep frozen food perfectly. $7 ea. plus 50¢ postage. Unique SUPER HARPOENING STEEL SHARPENER (B) sharpens rafter, scalloped and serrated knife edges. Species predominant color: red, blue, orange, brown and also multi-colored. Send check or money order. No COD's.

$5.95 each Pad Two for $10.50

THE GARLIN STRAP
ORDER A GIFT AND ONE FOR YOURSELF!
Fits Cameras, Binoculars, Recorders
Beautiful, embroidered straps are extra wide for comfort with non-slip backing. Adjusts to 48". Simple to attach. Hardware included. Satisfaction Guaranteed or Your Money Back. Full 60-day supply only and Money-back guarantee. Use your Master Charge or BankAmericard. FREE catalogue with order or 25¢ each.

MANDY-LAINE, Inc. (H11)
P.O. Box 55000H, Miami, Florida 33155
Member Coral Gables Chamber of Commerce

SHOPPING AROUND

NOW! Grow Longer, More Beautiful Nails in as Little as 5 to 7 Days

Incredible . . . -all macrlocks are gone, not a false-nail builder—not an ordinary nail hardener—but an incredible new formula that actually penetrates your nails, taking up where nature left off. . . . promotes full beautiful growth as it helps your nails "drink" themselves longer, "drink" themselves stronger in just a matter of days.

Yes, if all your life it's just been impossible to grow long beautiful nails—then here's news of an exciting breakthrough that should absolutely thrill you.

Do you know that thanks to a recent laboratory development your nails can now be coaxed to actually "DRINK" THEMSELVES LONG? Yes, it's a fact—the main reason you've never been able to grow long beautiful nails is a lack of essential nutrients in your nails. This lack of liquid nutrients is what causes your nails to dry out, become weak and brittle, to break, crack, and split before they have a chance to reach full, beautiful size ... and to stay long and beautiful all the time!

NOW! THRILL TO GLAMOROUS GROWTH IN JUST A MATTER OF DAYS!

But now comes news of a wondrous nutrient formula for the nails, called "Long 'n Strong" that actually penetrizes into your nails and lets your nails "drink" in this vital liquid diet so important to long, strong growth. It does for your nails what your own system denies you: the ability to promote and maintain the growth of long magnificent nails FAST.

The result: Just one week from today your nails start to grow longer, stronger, more glamorous that you've ever seen them before. No cracking. No peeling. No chipped or broken nail tips due to lack of vital long-growth protein fortifiers.

Best of all, "Long 'n Strong" is so easy to use. Simply brush on and it penetrizes into your nails. Then, like magic you'll see even the most embarrassing short and stubby nails actually "drink" in this new nail formula and grow forth longer, stronger, in less time than you ever dreamed possible.

So FAST, that in just days you can actually measure the dramatic difference. So FAST, that in less time than you've ever dreamed possible your nails should actually need cutting, filing, shaping—you see, a real beauty-saver manicure for perhaps the first time in your entire life!

NOW! ENJOY MOVIE-STAR HANDS —
END "SHORT-NAIL BLUES" FOREVER!

So why continue to be embarrassed by short, stubby nails when NOW it's so easy to grow long, glamorous nails with new wonder-formula "Long 'n Strong"? Remember, you must see visible results in just days—longer, stronger, more beautiful nails—or it costs you nothing. So order today on guarantee of satisfaction or money back.

Full 60-day supply only $2.98. Use handy no-risk coupon below.

Incredible $2.98 (plus 25¢ for postage & handling) in D check D money order (add sales tax where applicable)

SAVE! D Order 2 — one as a gift or to take on a trip. Only $4.98 plus 35¢ postage and handling. You save 1$0.66.

Name
Address
City State Zip

Don't Delay! Fill Out And Mail Coupon Today!

Long 'n Strong, Dept JNP 1117 Caroline Road, Philadelphia, PA 19176

Yes, rush me full 60-day supply of LONG 'N STRONG on full money back guarantee.

I enclose $2.98 (plus 25¢ for postage & handling) in D check D money order (add sales tax where applicable)

SAVE! D Order 2 — one as a gift or to take one a trip. Only $4.98 plus 35¢ postage and handling. You save $1.06.

Beating the heat! You can be cucumber cool anywhere, anytime. Just flick on the portable mini fan for the freshest breeze this side of the shore. Battery operated (battery not included). Lightweight plastic with stand for desk or table use.

PORTABLE FAN . . . $2.98 + 35¢ Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Antony Enterprises
Dept. HG115, 16 Yale Terrace, West Orange, NJ 07052

PORTABLE FAN

$2.98, Use handy no-risk coupon below.

The Newell Workshop
Woodstock, Vt. 05091

THE PERFECT GIFT!
**Native Fruits & Cactus Jellies**

Pomegranate Prickly Pear Jelly — Wild Orange & Wild Lemon Marmalade — Date Butter & Date conserve: Enjoy the handy, robust flavor. Slow-cooked the homemade way. Choose the handy 6-pack, containing 10-ounce jars of each, for just $19.95 or order 6-pack your choice at $14.95 each, packed in old-fashioned wood crate! Prices include handling and shipping. Arizona residents add 4% sales tax. Sorry, no C.O.D.'s.

Send check or money order to: Jellies

**OLD GENERAL STORE**

201 S. Kinney Road
Old Tucson, Arizona 85705

---

**STERLING COLLAR STAYS**

Super-elegant for the man you want to look everything, or who coaxes a touch of smitten pan. With a engraved initials concealing in alligator-type case: 2 1/2" long $8.00, 3 1/2" long $9 plus the postage.

---

**PLANT STAND**

GranMar Floor-to-Ceiling Plant Stand is a new concept in plant arrangements for home and office. It provides space for 12 large plants. Special clamps slide up or down the pole to any desired level, and accommodate eight 9" and four 12" arms, with 6" white drip proof trays. All arms are interchangeable and swing to provide many plant arrangement possibilities near windows, walls, or near room dividers. Easily assembled and installed in minutes. White finish: $45.00

---

**WENDY DALE COBBLER**

**2 FOR $9.00**

Our new Holiday cobbler apron is your key to comfortable living Artists smoking front and back. Bright and cheerful ASSORTED PRINTS. Machine washable. Needs minimal care.

Sizes 12-20 $4.75
Each or two for $9.00
Sizes 42-48 two for $10.00 Plus $1.00 for postage and handling. Free brochure with order or (send self-addressed envelope). Please specify size.

**WENDY DALE COBBLER**

P.O. BOX 91 — HG-11
NEWTON CENTRE, MASS. 02159
SHOPPING AROUND

COMFORT A-FOOT
Holly berry red suede slippers lined with warm acrylic pile in men's and women's whole sizes, they are warm and handsome. Treated to resist soil. Men's: 7 to 13, $14.95; women's, 5 to 10, $13.95. Ppd. Exclusive with Johnny Appleseed's, Dodge St., Box 7011, Beverly, MA 01915.

MODERN TIME
Walnut-grained steel squares a handsome contemporary clock. Hands are polished brass, Roman numerals and village scene, golden metal. Fine American-made movement. Electric, $20.95; battery, $23.45. Add $1 post. Swihart Products, Inc., HG11, Box 50, Elwood, IN 46036.

REFILL SIGNAL
Drink light clips over the rim; when glass is ready to be refilled, slide light down the glass and light goes on and off signalling distress. Comes with a battery. $1.49 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

TOASTER COVER KIT
Red and white strawberries and green leaves, yellow and white cover for crewel. Ample yarns, needle, instructions. 11" by 6½" by 5¾" (for standard two-slice types). $5 plus 50c post. Catalogue 25c, free with order. Tower Crafts, HG11, Box 575, Champaign, IL 61820.

A TRIO OF ELEGANT GIFT BRACELETS
CHOOSE FROM TURQUOISE, JADE OR OBSIDIAN
Lovely fashion linked bracelets, set with 11 semi-precious stones. For evening dress or casual wear. Gift boxed. Order Turquoise, Arizona fire with the splendor of garnet stones on silver links, $23 jade, genuine stone, color gold fill looks for a true gift of distinction. $23 Obsidian, shimmering grays and velvet blacks on beautiful gold tone settings. $4.95 each plus 50c shipping. Come, receive, send, order today, send 1 for $4.40 plus 25c post, order 6 for $24.00 plus 75c post, order 12 for $48.00 plus 1.50 post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, Calif., 94105.

COMMUNICATION GAP!
How's that again? A wall plaque which will rivet every eye. Makes a perfect gift and is guaranteed to improve the communication gap. Black letters on golden plate, solid walnut, with hook for hanging. 4" x 5".

COMMUNICATION GAP PLAQUE $2.98 + 25c Mailing Each
No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

SHRINK STOMACH
Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups.

Single Waist Wheel $7.98 + 80c Mailing Each
Dual Waist Wheel $9.98 + $1.00 Mailing Each
No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or your money back.

Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

I KNOW YOU BELIEVE YOU UNDERSTAND WHAT YOU THINK I SAID, BUT I AM NOT SURE YOU REALIZE THAT WHAT YOU HEARD IS NOT WHAT I MEANT.
MUSCLE TONER
A wonderful exercising aid made of firm resilient rubber with space for each finger, designed to strengthen hand and arm muscles. Also recommended by doctors for relief from arthritic pain, aches and stiffness.

HAND EXERCISER $2.98 Each + 20c Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

ANIMAL HAMPERS
Find your favorite animal lovingly fashioned into a beautiful wicker hamper. Choose dog, horse or elephant head design in natural tones. Perfect for kids' rooms, bedrooms, baths and a great conversation piece anywhere it goes. Approx. 18" high. Please add $2.95 postage and handling. Va. residents add 4% sales tax.

Elephant Hamper $19.95
Dog Hamper $19.95
Horse Hamper $19.95

The Wicker Ice
Dept. HG-13
124 College Place, Norfolk, Virginia 23510

Octagon Diamond Square
Add a touch of elegance to your home. 12" x 12" silhouette style body. Walnut finished hardboard. American made movements. Village and numerals in gold. Polished brass hands. Makes a beautiful gift.

HB122 Battery $19.95
HB122 Electric $18.45

Enclose postage $1.00. Free delivery on 10 or more. Indiana residents add 4% tax.

Swihart Products, Inc.
P.O. Box 50, Elwood, Ind. 46036

FLORENTINE PHEASANTS from Italy
Noted for their beauty and splendor . . . these are prized by collectors the world over. Crafted of silver plated metal and embellished with crest, ruff, wattle and long ornamental tail to a sweeping 11" in length. These gracious pheasants will add brilliance to any setting . . . highlight as a table centerpiece. A unique wedding or Mother's Day gift. Specially priced $19.95 a pair, ppd. Send check in money order or charge to your Mastercharge or BankAmericard. Please include account number, expiration date and bank number. Money back if not completely satisfied.

STUART KINGSTON IMPORTS
Box 91, Dept. 910
Rehoboth Beach, Delaware 19971

SHIPPING AROUND

HURRICANE SHAKERS
Pewter and glass combine brilliantly in salt and pepper shakers. 2 1/2" h. Lovely additions to any table setting. Pewter requires no polishing to look its best. $8.50 a pr. gift boxed and ppd. Legacy Sterling Club, HG11, 92 Rockdale Ave., New Bedford, MA 02740.

ON THE SQUARE
Four-way ruler gives feet and meters, shows inside dimensions, acts as a square and level. Steel tape in chrome, red or black cowhide (specify); 10" spring-loaded ruler, $14 plus 65c. post. Catalogue 25c. Suburbia, Inc., Dept. 300, 366 Wacouta, St. Paul, MN 55101.

LOVE FROM SANTA
Child's package has letter in Santa's handwriting addressed to the child; glossy 5" by 7" photo of Santa; Certificate of Good Behavior 8" by 10" (it and photo counted); $3.95. Pod. Santa's Letter Department, HG11, 5632 No. 12th St., Philadelphia, PA 19141.

SEE-EASY THERMOMETER
Winter's in the air. See through thermometer sticks outside a window and lets you size up the season. Even youngsters can read exact degrees. 3 1/2" by 2 1/2" $7.98 plus 25c postage. Send to Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

FLORENTINE PHEASANTS
Noted for their beauty and splendor . . . these are prized by collectors the world over. Crafted of silver plated metal and embellished with crest, ruff, wattle and long ornamental tail to a sweeping 11" in length. These gracious pheasants will add brilliance to any setting . . . highlight as a table centerpiece. A unique wedding or Mother's Day gift. Specially priced $19.95 a pair, ppd. Send check in money order or charge to your Mastercharge or BankAmericard. Please include account number, expiration date and bank number. Money back if not completely satisfied.

STUART KINGSTON IMPORTS
Box 91, Dept. 910
Rehoboth Beach, Delaware 19971

new patented method
Quilt on-the-go! Make quilts or pillows without frames. Quilt Easy metal templates kit includes templates for cutting and pressing with easy-to-follow illustrated instructions for the traditional Cathedral Window design. Includes the exciting Petal design. $4 postpaid.

Quilt Easy
P. O. Box 321
Stone Mountain, Georgia 30083

cathedral window templates kit
SHOPPING AROUND

SAMBOO ARTISTRY
Beautifully designed bird cage has three stories, reminiscent of Eastern temples. Practical slide-out tray makes cleaning easy. Natural color. 24" high by 15" by 15". $14.95 plus $2 post. Catalogue is 25c. Fran’s Basket House, HG111, Route 10, Succasunna, NJ 07876.

EASE FOR EYES
Rectangular magnifier relieves strain of trying to read fine print or examine details of an object. Use in home, office, hobby corner. Unbreakable plastic frame, 2" x 4" lens. $7.98 plus 60c post. each. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

LAZY HAPPY DAYS
Gay flowers are printed on hand washable happi coat with white, blue, lime or pink ground. One size fits all over swim suit, slacks or wrap-around skirt. Belt or wear 94133. Various designs available. $1.29 plus 20c post. Anthony Enterprises, HG11, 555 Mission St., San Francisco, CA 94105.

SECRET SPREAD REST
What a great idea! A caddy that hides beneath mattress of beds with low (or no) footboards. Slip it out at bedtime for a bedspread hider. King, queen, double beds need two. $7.83 ea.; two $14.83. Add 90c post. Garrett’s, HG11, Box 12274, Dallas, Texas 75225.

NO MORE SUDS
Foam sponge shower goggles with clear plastic lenses permit strap, one size fits all. $1.29 plus 20c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

BLUE BIRD OF HAPPINESS
Enchanting solid crystal Lovebird is a rich deep blue in color and delicately detailed. It is signed by the famous Swedish artist "Tyko," who designed it. A masterpiece in crystal for those who enjoy and love fine quality. Truly a collector’s item. Order several to give as gifts. $6.50 each; 2 for $12.50. Add 95¢ postage.

THE FERRY HOUSE
Dept. GB-115
Briarcliff Manor, N.Y. 10510

THE ULTIMATE GIFT for the "Backgammon Addict"
Personalized lucite Doubling Cubes
Decorator designed cubes are hand engraved with numbers painted in red, blue, and black. Octagon in black. Octagon Doublers from 0 to 256. Monogram, name, or message engraved on top. Hi-roller cube starts where others leave off! Numbers from 128 to 2048, engraving is where you wish it. Octagons in black. Octagon Doubler from 2 to 1024. Personalized lucite cubes are available in 2" or 2½" sizes, and the "Ultimate Backgammon Gift" is a set. All beautifully pouched in a draw string velvet bag. Monogram or name initials added free. Satisfaction Guaranteed.

IN HOME CONSUMER Dept. 788
15297 South Dixie Highway
Miami, Florida 33157

THE FERRY HOUSE
Dept. GB-115
Briarcliff Manor, N.Y. 10510
**DELIGHTFUL DECORATOR SETS FOR CHILDREN'S ROOMS!**

Circus Stick-ons!  
ABC Stick-ons!  
Super-hero Stick-ons!

Full color. Easy to put up. Only $2.95 a set!

**Each set comes on a mammoth 20 x 26 inch sheet**—ready to peel off and press on in seconds! **Circus Stick-ons!** Nine gentle giants romping on walls, doors, cribs, cabinets. **ABC Stick-ons!** The whole alphabet—26 letters that decorate and educate. **Super-hero Stick-ons!** Superman, Batman, and friends. Thirteen peel-off celebrities that brighten anything from bedrooms to bikes to book-jackets.

Each set $2.95 plus 45c postage and handling. (Order two and save 80¢!) A full money-back guarantee if not completely satisfied. Mail the coupon today, and we'll send your stick-ons right out.

---

**Family Bazaar, Inc., Dept. HG11-25 Kinkel St., Westbury, N.Y. 11590.**

Send me: (please indicate quantity)  
- Circus Stick-ons  
- ABC Stick-ons  
- Super-hero Stick-ons

- one set—$2.95 plus 45c post. & handling:  
- two sets—$5.25 plus 75c post. & handling:  
- additional sets—$2.65 each:

I am enclosing: □ check, □ money order, □ cash totaling $  

NAME  

ADDRESS  

CITY, STATE  

ZIP

(N.Y. residents add 8% sales tax. (Allow 4 weeks for delivery)

---

**IDEAL GIFT!**

EVERYONE wants the famous Casio Pocket-Mini, world's most pocketable electronic calculator. Cigarette pack size, it fits easily into pocket, briefcase, or purse. Weighs only 4 ounces! Features large 8-digit display, % key for one-touch mark-ups/discounts, automatic constant for ±, x, or ±, floating decimal. Operates on one alkaline penlight battery (included). Complete instructions. Carry case. One year warranty. NOW ONLY $19.95. Optional AC adapter $4.95.

MALDEN'S, Dept. 11C1, Box 221, Atlanta, Ga. 30338

---

**WRAPAROUND RING**

Finger flair from Mexico with hand-tooled fish. Enrosaco ring is Mexican silver, fashioned by skilled craftsmen. To delight all the seoritas on your Christmas list. It's symbolic. One size fits all. $9.50 ppd. Shopping Int'l., Inc., 969 Shopping Int'l. Bldg., Norwich, VT 05055.

---

**SPLATTER CATCHER**

Cooks love the efficient work of a pure aluminum splatter shield that protects against flying frying spots, mixing bowl batter. Three hinged panels, 9" h., fold flat for storage. $2.98 plus 45c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

---

**WALKABOUT STROLLER**


---

**HANGING HEAD**

Natural wicker elephant head is a great aid in promoting neatness among youths as well as a decorative accent. 14" h., it is easily attached to the wall; the large ring holds towels at the ready. $4.95 plus $1.45 post. Wicker Etcetera, HG11, 192 Lexington Ave., N.Y., NY 10016.

---

**MILEAGE CHECK**

Keep track of the tracks you make with a precision-made pedometer that registers up to 100 miles. Set for length of stride and hang it from belt. Great for hikers. $9.98 plus 50c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

---

**COLLECTOR'S CHRISTMAS ORNAMENTS**

Old world elegance for your decorating or holiday gifts. Hand crafted in a special heath-resistant clay, these charming figures have the look of old ivory, each painted in softly glowing tones of rose, green, gold, violet, etc. A traditional European folk art—some of our designs are over 200 years old—they make a handsome year-round display on free, wall or curio cabinet. Many other styles are available. 2¼"-5½" Tall $6.00 each.

HOUSE & GARDEN
NOVEMBER, 1975

SHOPTING AROUND

COPPER CURE-ALL?
We’re not making any claims, but sportsmen, socialites and actors share the copper craze. They swear by some magic mumbo-jumbo, copper gives aches and pains the brush off. 100% pure copper bracelets.

**Women’s Bracelets**
- 7 1/4" $2.98
- 7 3/4" $3.29
- 8" $3.49

**Men’s Bracelets**
- 8 1/4" $3.98
- 9" $4.49
- 9 1/2" $4.69

Add 30¢ Mailing Each

No COD’s or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed Or Your Money Back

Anthony Enterprises Dept. HG-115 556 Mission St., San Francisco, Calif. 94105

NOTE TREAT
Carry-all reads “Happiness is Being a Grandmother”, hand-embroidered. Motto is framed in strawberry or cornflower velvet ribbon (specify); on a white wicker basket, 10" x 9" x 4". Quilted lining. $39.50 ppo. The Pink Kitty, HG11, Stockbridge, MA 01262.

ENERGYSAVERS
Thermal greenhouse that has been lab tested in Vermont’s cold has rigid double-pane shatter-proof walls. Requires no foundation. Free-standing, lean-to models from $499. Free catalogue. Vegetable Factory, HG11, Box 2235, Grand Central Sta., N.Y., NY 10017.

12 DAYS PENDANT
The well-loved “12 Days of Christmas” carol is depicted in a stunning bronze-oxide medallion. The partridge in the pear tree is numbered in a limited edition. For pendant or charm, 1 1/4" dia.; chain, 24" in gold tone. $5 plus 25¢ post. Downs, Dept. 1409Z, Evanston, IL 60204.

CURTAIN CLAMPS
Shower curtains won’t blow out of the tub when plastic magnetic holders are snapped on to the curtain. Permanently magnetized; won’t rust or mar. Eliminate wet floors. Set of three, $1.98 plus 20¢ post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, Calif. 94105.

ENERGY SAVERS
Thermal greenhouse that has been lab tested in Vermont’s cold has rigid double-pane shatter-proof walls. Requires no foundation. Free-standing, lean-to models from $499. Free catalogue. Vegetable Factory, HG11, Box 2235, Grand Central Sta., N.Y., NY 10017.

12 DAYS PENDANT
The well-loved “12 Days of Christmas” carol is depicted in a stunning bronze-oxide medallion. The partridge in the pear tree is numbered in a limited edition. For pendant or charm, 1 1/4" dia.; chain, 24" in gold tone. $5 plus 25¢ post. Downs, Dept. 1409Z, Evanston, IL 60204.

CURTAIN CLAMPS
Shower curtains won’t blow out of the tub when plastic magnetic holders are snapped on to the curtain. Permanently magnetized; won’t rust or mar. Eliminate wet floors. Set of three, $1.98 plus 20¢ post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, Calif. 94105.

GIANT BRIDGE
WITH TOLL BOOTH AND 4 TRAFFIC LANES!
Only $9.95

6 feet long!
2 1/2 feet high.

Exciting! Educational! Creative!
Your youngster and playmates will have hours of fun with this — indoors or out! They’ll collect tolls, direct traffic, sail their boats under the high middle span — there’s plenty of room in the gigantic 6 foot long highway for 2 or more kids to play without fighting over who gets to do what!

Authentically detailed and realistic. Sturdy, rigid 4 lane roadway, well-engineered to take it. Easy to take down and store — fun to put together again in minutes. Made of strong plastic and corrugated components yet weighs only 5 1/2 pounds — so a small child can move it where he wants it! Mailed to you complete with simple, easy-to-follow instructions on a no-risk, money back guarantee. Wonderful gift idea too — get two and save.

It! Mailed to you complete with simple, easy-to-follow instructions on a no-risk, money back guarantee. Wonderful gift idea too — get two and save.

MAIL NO-RISK COUPON —
American Consumer Dept. GT-43
Caroline Road
Philadelphia, Pa. 19176
Please send me this giant 6 foot long toll bridge. If not delighted, I may return it within 10 days and you will refund the full purchase price (except postage and handling).

$9.95 plus $1.00 postage and handling.

SAVE — get an extra for a thrilling gift — 2 bridges only $18.95 plus $2.00 postage and handling.

Amount Enclosed $  
Check or money order, no CODs, please.

Name  
Ex. Date  
Street  
Ex. Date  
City State Zip  

FAMILY ALTAR ASSOCIATION
Box 32568 — Oklahoma City, Oklahoma — 73132

FAMILY ALTAR ASSOCIATION
Box 32568 — Oklahoma City, Oklahoma — 73132

DISCOVER CREATIVE NEEDLEPOINT
WITH THIS COLORFUL PATCHWORK CAT
Warm yellows, oranges and greens make attractive pillow or picture. Kit features quality materials and includes No. 12 mono canvas with stamped design, persian yarn, needle and simple instructions. Finished size 9" x 13", only $14.00, postage prepaid, satisfaction guaranteed. Make check or money order payable to Sunshine Stitchery, P.O. Box 916, Dept. HG115, Shawnee Mission, Ks. 66201.

SUNSHINE STITCHERY
PC BOX 916  

1975 Sunshine Stitchery

INTRODUCING... The Family Altar
An entirely new concept in devotional furniture that will change the life of your family.

Family Altar In The Home

Dimensions:

FAMILY ALTAR ASSOCIATION
Box 32568 — Oklahoma City, Oklahoma — 73132

ONLY $139.95

Send Check or M.O. to

FAMILY ALTAR ASSOCIATION
Box 32568 — Oklahoma City, Oklahoma — 73132

USE YOUR BANK AMERICARD OR MASTERCHARGE CARD

CREDIT CARD NO.  

Orders Received by Dec. 1 Will Be Delivered Before Dec. 25, 1975

FIRST TIME OFFERED—
QUALITY PLUS

OUTDOOR TIME
Neither snow nor rain will stop this clock. It’s weatherproofed. The big white face (15” dia.) bold red hands and black numbers make time clearly visible from a distance. Runs full year on one flashlight battery. $29.95 plus $2.50 post. Wretched Mess, HG11, West Yellowstone, MT 59758.

NATURE’S CHRISTMAS
Help Santa take care of his gift list the natural way. Growing things from the earth are dynamic presents for city-dwellers and country cousins alike. Among the possibilities: Christmas crocus, bright azaleas, amaryllis. Free catalogue from Jackson & Perkins Co., 34-C Rose Lane, Medford, OR 97501.
COZY GOOSE DOWN

The booties you’ll treasure when temperatures dip. Ideal for camp, cabin, car, home or travel. Expedition rip-stop nylon uppers, calfskin leather sole. Navy blue or red. Specify 0146 men’s, 0149 women’s shoe size when ordering. $17.50 ppd. Write for free catalogue. Eddie Bauer, Dept. CHS, 1737 Airport Way S., Seattle, WA 98134.

CHICKEN PEARS


CHRISTMAS ALOHA

Hand-crafted ornaments from Hawaii. The coco cherub in coconut fibre with Hawaiian nut head, yarn hair, ¾” h. and angel in print muumuu with cork head, cane halo, ¾” h. Each $3.50, three for $9. Creche scene, Hawaiian tapa, cork and shells with 3-cone lambs and carved coconut stable, 5½” h. $14. Ppd. Aloha East, Dept. HG8, Box 12098, Seattle, WA 98112.

GOOSE DOWN BONNET

Eddie Bauer Goose Down Bonnet is smartly styled to flatter your face, warmly insulated with fluffy Goose Down to protect your head, ears and neck. Visor keeps snow off your goggles and sun out of your eyes. Colorful, durable Nylon taffeta. Colors: Medium Blue, Dark Blue, Red, Green, Brown. Sizes: S/M/L. 0147 Bonnet $12.95 ppd.

GOOSE DOWN SOX

Will keep your feet warm in sleeping bag or bed; as inner sox for insulated packs or waders. Downright comfortable travel slippers. Bauer Goose Down quilted in tough, washable Nylon taffeta. Colors: Red, Winter Blue, Taupe, Powder Blue. Specify shoe size and we will send the proper fit. 0123 Goose Down Sox $9.95 ppd.

INDIAN LEGEND

A. Sterling Silver & genuine turquoise. (Sizes 4-9) $10.50
B. Sterling Silver spoon ring w/genuine turquoise. Adjustable $12.95
C. Sterling Silver & genuine turquoise. (Sizes 4-9) $8.50

Satisfaction guaranteed! Send 50¢ for 68 page catalog of jewelry, clothing & leather goods. Dept. HG-11

Aloha East, Dept. HG8, Box 12098, Seattle, WA 98112.

For people who are still individuals...

the Irish country hat

Each Irish country hat is handcrafted with pride by skilled artisans on the wild, western coast of Ireland. These hats are created by individuals, not production lines. Each is designed to become an extension of your own personality.

Shape your Irish hat to suit yourself.

The style of your hat can say a lot. That’s why the Irish hat leaves the final shape up to you.

The hand-woven tweed is extra thick and fully lined in the crown. It sheds rain, protects from the wind, and can give you a comfortable shade from the sun.

Choice of colors and wide range of sizes for men and women.

Irish country hats are available in distinctive gray or brown tweed mixes. Men’s: (No. 1200B) sizes 6 ½-8. Women’s: (No. 1219) sizes 20 ¼-25. $16.50 ppd. You have full return privileges.

CHRISTMAS ALOHA

Hand-crafted ornaments from Hawaii. The coco cherub in coconut fibre with Hawaiian nut head, yarn hair, ¾” h. and angel in print muumuu with cork head, cane halo, ¾” h. Each $3.50, three for $9. Creche scene, Hawaiian tapa, cork and shells with 3-cone lambs and carved coconut stable, 5½” h. $14. Ppd. Aloha East, Dept. HG8, Box 12098, Seattle, WA 98112.

Benedict Boursier, Paris, France

Norm Thompson

241
BUTTERFLY-BATIK PRINTS

The most practical Key Holder yet devised. Reel-ly handy holder works with ease. Eliminates hunting and fumbling for your keys. Reel clips inside purse. Keys pull out easily to be used and then automatically rewind back into case. Wonderful way to stop losing your keys.

#710 PURSE KEY REEL $2.98 + 20¢ Mailing
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-115
556 Mission, San Francisco, Calif. 94105

RURAL AMERICA TODAY
As seen and captured by artist-architect Peter Warner. Prints of original sepia (brown) pencil sketches matted 18" x 14". Signed and numbered by the artist. Each print limited to 750. Available directly from the artist (only) @ $15 each or 2 or more for $12.50 each. Mailing sketches matted 18" x 14". Signed and numbered by the artist. Each print limited to 750.

PURSE KEY REEL

The most practical Key Holder yet devised. Reel-ly handy holder works with ease. Eliminates hunting and fumbling for your keys. Reel clips inside purse. Keys pull out easily to be used and then automatically rewind back into case. Wonderful way to stop losing your keys.

VICTORIAN SLIDE NECKLACE

A beautifully detailed reproduction of an heirloom piece. Unusual link chain has slide with genuine cameo. Remove spinning fab and wear Grandpa's old watch chain. Antique finish gold plate. 28" long. $7.90

Add 50¢ post (not for Alaska)

Butterfly-batik Prints

VICKI WAYNE

610-HNV-Sp. Country Club
Tucson, Arizona 85716

SHOPPING AROUND

COSMIC PLANTER

Styled after Apollo space ships, unusual polystyrene planter is in red, amber or green (specify). Hang or stand; 7" dia., $4.95; three, $13.95; 10" dia., $7.95; three, $21.95. Ppd. Catalogue 25c. Mandy-Laine, Inc., G. Box 55000H, Miami, FL 33155.

LOUD AND CLEAR

Gold-colored metal desk plaque proclaims in black lettering: It's hard to be humble when you're as great as I am. No false modesty or is it ego-assuaging? 4" x 4" solid walnut. $2.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

LOW FAT REDISCOVERY

All who are on low fat or slimming diets are delighted to discover the original clay pot that cooks meat, vegetables and fruit in their own juices to preserve natural flavors. Recipe booklet incl. $1.95 ppd. Concho, 416 Main St., Port Washington, NY 11050.

TREE FOR EARRINGS

Pierced earrings are the easiest things in the world to lose track of. Then too, wires tangle, post backs slip off it placed in boxes or bureau drawers. Brushed golden flower tree corrals a collection of up to 18 pair. 6" h. $6.95 ppd. Gift House, H115, Box 805, Clifton, N.J. 07013.

BLANKET SUPPORT

Roomy relaxed comfort for feet while you sleep. Fits all beds and lifts regular, contoured or electric blankets. Holds extra covers until you need them. Plastic-coated steel arms fold flat for making bed. $7.98 ppd. Better Sleep, Inc., HG11, New Providence, N.J. 07974.

WEAR PRECIOUS 14K. GOLD WIRE HOOP EARRING

Solid Gold Choice for CHRISTMAS GIVING OR GETTING

SLIP ON FOR PIERCED EAR LOO

3" DIA. $34.95  1 1/2" DIA. $41.00  1/2" DIA. $54.20  1/2" DIA. $72.00


Satisfaction Guaranteed—We pay postage. Send check or m.o. to M.J. H. A., 33-45 92nd Street, Dept. HG4, New York, N.Y. 10021.

WEAR PRECIOUS 14K. GOLD WIRE HOOP EARRING

Vicky Wayne

610-HNV-Sp. Country Club
Tucson, Arizona 85716

FOUR MEASURES IN ONE

A precision crafted French ruler accurate enough for checking architect's plans. Chrome plated metal upholstered in black leather. This spring-loaded 10 foot rule gives centimeters as well as inches. Useful! It's a square. It's a level with built-in bubble gauge. It scribes lines, draws circles. A luxury gift for anyone who is on low fat or slimming diets is delighted to discover the original clay pot that cooks meat, vegetables and fruit in their own juices to preserve natural flavors. Recipe booklet incl. $1.95 ppd. Concho, 416 Main St., Port Washington, NY 11050.
What you are reading:

**SHOPPING AROUND**

**GRACEFUL TILT-TOP**
Yield House's graceful colonial table locks down for serving or tips back against the wall as a decorative highlight. Solid pine in rich antique satin or ready to finish, 24" dia., 26" h. Finished, $37.50, ready to finish, $27.50; $2.50 post. Yield House, G5111, N. Conway, NH 03860.

**THOUGHT-PROVOKER**
"If a man has enough horse sense to treat his wife like a thoroughly bred, she will never grow into an old nag" is lettered on polished Rocky Mt. Ponderosa Pine, 11½ by 9½ by ¾" Self hanger, $4.95 plus 50c post. Catalogue, 25c. Postamatic Co., HG 1175, Lafayette Hill, PA 19444.

**PATRIOTIC TUNES**
Adorable doll classics take patriotic stances on 6" h. music boxes. The flag-maker plays "Grand Old Flag;" the drummer marches to "Yankee Doodle Dandy." They're in red, white and blue ceramic. Each $13.95 ppd.

**CARPET TAPE**
Double-faced adhesive vinyl tape for rugs and carpets at the pool, patios and porches. 1 ½" wide, it is easy to apply; re-usable. Double-faced adhesive vinyl tape vents skids or falls. Waterproof to withstand splashing. 12' roll $1.98 plus 25c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

**GLASS TERRARIUM GARDEN**
Grow a beautiful luxuriant garden in miniature. Arrange these unusual woodland plants and create your own mini-landscape. Needs no care, winter or summer, because it produces its own water supply. You receive Red Partridge Berries, tree-like Ground Pine, Club Moss, palm tree-like Pipisseewa and carpet-like Sheet Moss. They will make the perfect gift. $2.95 plus 40c postage.

**HANDCRAFTED STERLING SILVER & AMETHYST BRACELET AND RING**
Send check or money order to: Peter Wittman Handcrafted Jewelry 25 Central Street Wellesley, MA 02181 (Mass residents add 3% sales tax)

**DO YOU KNOW WHERE I CAN BUY DISCONTINUED SILVER PATTERNS?**
I recently inherited some silver and wonder if I might add to the set. I do not know the name of my pattern.
Jean's Silversmith's Inc. carries hundreds of old and discontinued Sterling Patterns. Just send a snap shot, tissue rubbing, or photocopy, with a description of any identifying marks. Jean's can identify any pattern from any of the above.

Jean's has the largest stock of old and new flatware.

**IF IT'S SILVER YOU WANT**
Jean's Silversmiths Inc. 16 W 45th St., N.Y. 36 N.Y. - OX 7-0367

**CLOSET LIGHT**
A practical solution for adding that extra lighting for out-of-the-way places in your home without having to pay for costly wiring. Ideal for closets, on or under stairways or storage areas. Attaches easily to wall or ceiling. Operates on standard batteries (not included).

**CLOSET LIGHT**
$4.98 + 55c. Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

**Anthony Enterprises**

**PLEASE TELL ME**
Do you know where I can buy discontinued silver patterns?
I recently inherited some silver and wonder if I might add to the set. I do not know the name of my pattern.

Jean's Silversmith's Inc. carries hundreds of old and discontinued Sterling Patterns. Just send a snap shot, tissue rubbing, or photocopy, with a description of any identifying marks. Jean's can identify any pattern from any of the above.

Jean's has the largest stock of old and new flatware.

**IF IT'S SILVER YOU WANT**
Jean's Silversmiths Inc. 16 W 45th St., N.Y. 36 N.Y. - OX 7-0367

**HANDCRAFTED STERLING SILVER & AMETHYST BRACELET AND RING**
Send check or money order to: Peter Wittman Handcrafted Jewelry 25 Central Street Wellesley, MA 02181 (Mass residents add 3% sales tax)

**FREE BROCHURE AVAILABLE UPON REQUEST**

**CLOSET LIGHT**
$4.98 + 55c. Mailing Each
No COD's or Billing California Residents add 6% sales tax
Satisfaction Guaranteed or Your Money Back

**Anthony Enterprises**

**CLOSET LIGHT**
$4.98 + 55c. Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

**Anthony Enterprises**

**CLOSET LIGHT**
$4.98 + 55c. Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

**Anthony Enterprises**

**CLOSET LIGHT**
$4.98 + 55c. Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

**Anthony Enterprises**
**SNORE NO MORE**

Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men or women.

**ANTI-SNORE MASK** $4.98 + 30¢ Mailing 
No COD’s or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
556 Mission, San Francisco, Calif. 94105

---

**GET RID OF UNWANTED HAIR**

Amazing Lemos Pergamon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

**LEMOS PERMAGON** $12.98 + 50¢ Mailing 
No COD’s or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
556 Mission, San Francisco, Calif. 94105

---

**SHOPPING AROUND**

**JOLLY THIMBLE**
Seasonal design sure to please the collector. Of solid brass in traditional grabado finish. Santa’s suit is enameled red, his belt and boots black, his beard snow white. #3999. Import from Spain. $2.98; two $5.85 ppd. The Sewing Corner, HG11, White-stone, NY 11357.

**CAT AND MOUSE**
Now he sees it, now he doesn’t—that intelligent cat you know will love playing “mouse in the hole.” The mouse is an elusive ball that will entertain him for hours. Blue plastic; 6” dia., 3” h. $3.95 ppd. Catalogue, 25¢. Suburbia, Inc., Dept. 395, 366 Wacouta, St. Paul, MN 55101.

**CLEAR AS A WHISTLE**
Clear Lucite cutting board that saves surfaces from scratches while you slice, chop or carve. Dishwasher-safe, heat-resistant, 8” by 11” $2.50; 12” by 16” $3.95; 14” round $5.98. Ppd. From Colonial Garden Kitchens, Dept. HGE11, 270 W. Merrick Rd., Valley Stream, NY 11582.

**BRIGHT STAMP**
Your three line message or name and address in red on white gummed labels with green holiday tree design. Choose “Season’s Greetings” or “Merry Christmas.” Less than 2c apiece! 250 labels, $1.50 ppd. W. Yarbrough, HG-C, 5768 Venice Blvd., Los Angeles, CA 90019.

**MOBILE**
Beautiful hand sculptured natural wood Madonna (Also called “Cinderella”). Hand crafted by home artisans in Western Germany. Natural woods are treated and shaped into graceful figure. Four Birds in natural branch, two birds in her arms, one bird in folds of bottom of gown. Approx. 12½” long. $11.00 plus postage.

**BICENTENNIAL BETSY ROSS DESIGNER TOWELS**
Handprinted . . . Luxurious . . . 100% absorbant Cotton Terry! Coloring. Red, White & Blue enhance the beauty of your home . . . Perfect with all decor. Not Available in stores . . . ideal for gifts! Limited time only! Set A—2 washcloths, 1 hand, 1 bath—Reg. $4.95 $16.00 (Save $1.00)—$14.95 Set B—4 washcloths, 2 hand, 2 bath—Reg. $7.95 $22.95 (Save $3.00)—$19.95 Set C—8 washcloths, 4 hand, 2 bath—Reg. $11.95 $32.00 (Save $7.00)—$25.00

JAZBRO ENTERPRISES
P.O. Box 1059
Atlanta, Ga 30306

---

**MOBILE**
Beautiful hand sculptured natural wood Madonna (Also called “Cinderella”). Hand crafted by home artisans in Western Germany. Natural woods are treated and shaped into graceful figure. Four Birds in natural branch, two birds in her arms, one bird in folds of bottom of gown.

Approx. 12½” long. $11.00 plus postage.

**BICENTENNIAL BETSY ROSS DESIGNER TOWELS**
Handprinted . . . Luxurious . . . 100% absorbant Cotton Terry! Coloring. Red, White & Blue enhance the beauty of your home . . . Perfect with all decor. Not Available in stores . . . ideal for gifts! Limited time only! Set A—2 washcloths, 1 hand, 1 bath—Reg. $4.95 $16.00 (Save $1.00)—$14.95 Set B—4 washcloths, 2 hand, 2 bath—Reg. $7.95 $22.95 (Save $3.00)—$19.95 Set C—8 washcloths, 4 hand, 2 bath—Reg. $11.95 $32.00 (Save $7.00)—$25.00

JAZBRO ENTERPRISES
P.O. Box 1059
Atlanta, Ga 30306

---

**MOBILE**
Beautiful hand sculptured natural wood Madonna (Also called “Cinderella”). Hand crafted by home artisans in Western Germany. Natural woods are treated and shaped into graceful figure. Four Birds in natural branch, two birds in her arms, one bird in folds of bottom of gown.

Approx. 12½” long. $11.00 plus postage.

**BICENTENNIAL BETSY ROSS DESIGNER TOWELS**
Handprinted . . . Luxurious . . . 100% absorbant Cotton Terry! Coloring. Red, White & Blue enhance the beauty of your home . . . Perfect with all decor. Not Available in stores . . . ideal for gifts! Limited time only! Set A—2 washcloths, 1 hand, 1 bath—Reg. $4.95 $16.00 (Save $1.00)—$14.95 Set B—4 washcloths, 2 hand, 2 bath—Reg. $7.95 $22.95 (Save $3.00)—$19.95 Set C—8 washcloths, 4 hand, 2 bath—Reg. $11.95 $32.00 (Save $7.00)—$25.00

JAZBRO ENTERPRISES
P.O. Box 1059
Atlanta, Ga 30306

---

**MOBILE**
Beautiful hand sculptured natural wood Madonna (Also called “Cinderella”). Hand crafted by home artisans in Western Germany. Natural woods are treated and shaped into graceful figure. Four Birds in natural branch, two birds in her arms, one bird in folds of bottom of gown.

Approx. 12½” long. $11.00 plus postage.

**BICENTENNIAL BETSY ROSS DESIGNER TOWELS**
Handprinted . . . Luxurious . . . 100% absorbant Cotton Terry! Coloring. Red, White & Blue enhance the beauty of your home . . . Perfect with all decor. Not Available in stores . . . ideal for gifts! Limited time only! Set A—2 washcloths, 1 hand, 1 bath—Reg. $4.95 $16.00 (Save $1.00)—$14.95 Set B—4 washcloths, 2 hand, 2 bath—Reg. $7.95 $22.95 (Save $3.00)—$19.95 Set C—8 washcloths, 4 hand, 2 bath—Reg. $11.95 $32.00 (Save $7.00)—$25.00

JAZBRO ENTERPRISES
P.O. Box 1059
Atlanta, Ga 30306

---

**MOBILE**
Beautiful hand sculptured natural wood Madonna (Also called “Cinderella”). Hand crafted by home artisans in Western Germany. Natural woods are treated and shaped into graceful figure. Four Birds in natural branch, two birds in her arms, one bird in folds of bottom of gown.

Approx. 12½” long. $11.00 plus postage.

**BICENTENNIAL BETSY ROSS DESIGNER TOWELS**
Handprinted . . . Luxurious . . . 100% absorbant Cotton Terry! Coloring. Red, White & Blue enhance the beauty of your home . . . Perfect with all decor. Not Available in stores . . . ideal for gifts! Limited time only! Set A—2 washcloths, 1 hand, 1 bath—Reg. $4.95 $16.00 (Save $1.00)—$14.95 Set B—4 washcloths, 2 hand, 2 bath—Reg. $7.95 $22.95 (Save $3.00)—$19.95 Set C—8 washcloths, 4 hand, 2 bath—Reg. $11.95 $32.00 (Save $7.00)—$25.00

JAZBRO ENTERPRISES
P.O. Box 1059
Atlanta, Ga 30306

---

**MOBILE**
Beautiful hand sculptured natural wood Madonna (Also called “Cinderella”). Hand crafted by home artisans in Western Germany. Natural woods are treated and shaped into graceful figure. Four Birds in natural branch, two birds in her arms, one bird in folds of bottom of gown.

Approx. 12½” long. $11.00 plus postage.

**BICENTENNIAL BETSY ROSS DESIGNER TOWELS**
Handprinted . . . Luxurious . . . 100% absorbant Cotton Terry! Coloring. Red, White & Blue enhance the beauty of your home . . . Perfect with all decor. Not Available in stores . . . ideal for gifts! Limited time only! Set A—2 washcloths, 1 hand, 1 bath—Reg. $4.95 $16.00 (Save $1.00)—$14.95 Set B—4 washcloths, 2 hand, 2 bath—Reg. $7.95 $22.95 (Save $3.00)—$19.95 Set C—8 washcloths, 4 hand, 2 bath—Reg. $11.95 $32.00 (Save $7.00)—$25.00

JAZBRO ENTERPRISES
P.O. Box 1059
Atlanta, Ga 30306
SHOPPING AROUND

This kit contains all the materials and instructions (including a unique numbered pattern sheet) necessary to make TWO 4' macramé and bead plant hangers. It's fun to DO-IT-YOURSELF and decorate your home with hanging plants! Perfect even for beginners and makes a great gift. $10.95 ppd.

JOY January, 1975

MACRAME

MANUSCRIPT ks

This kit contains all the materials and instructions (including a unique numbered pattern sheet) necessary to make TWO 4' macramé and bead plant hangers. It's fun to DO-IT-YOURSELF and decorate your home with hanging plants! Perfect even for beginners and makes a great gift. $10.95 ppd.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminum, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.

THE FRENCH MAILBOX is a faithful reproduction of a European antique in cast aluminium, hand finished in white, black or verdigris green. 14" x 23" high. latch front has classic nymph and child in bas relief, rear wall mount container is 17" x 9½ x 4½ deep, with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling)

Send check, 111, DC OR AMX charge.
TOUCH OF CLASS
Entertaining or stepping out... they'll love your Skirt. It's luxurious Cotton Velveteen with rows of delicate embroidery. Black zip and hook closure. Machine washable. Chocolate Brown or Emerald Green with multi-embroidery. Sizes 6-16. Add the Lace Shirt for a festive touch. Fully lined except sleeves. Side slits tuck in or over. Acetate & Nylon blend. Machine washable. Chocolate Brown 6-16. Add the Lace Shirt in or over. Acetate & Nylon blend. Fully lined except of delicate embroidery. Back zip and hoop of velvet. Man on trapeze performs acrobatics as you move, eases up chafe, no buttons, no bind, no bunch, no chafe, no buttons, no lining! If not most comfortable sleeper you've ever worn, return within 7 days for full refund and we send you regular T-shirt FREE! S (34), M (36-38), L (40-42), XL (44-46). for weight over 180 lbs. and/or over 6 ft. We pay postage, but are over sales tax. Satisfaction Guaranteed or Your Money Back

Antique Replica Musical Action Sandtoy
Here is a magnificent handmade replica that works exactly like the rare, costly original. Sand pours over and turns a concealed wheel. Man on trapeze performs acrobatics as long play music box tinkles. Handsome red and gold 9” stage box. For all ages.

Homemade Medicine Bottle Holder
Handmade from glass and wood. Perfect for holding small bottles of vitamins or medications. Available in a variety of colors.

PAGE SIZE MAGNIFIER
Page Magnifier is handy for looking up telephone or map directory listings, stock market reports, etc. The whole page is magnified at one time. Water thin and measures 7" x 10".

SHOPPING AROUND
BIRD NEWS

GENUINE LAMBSKIN RUGS
Add to the beauty of your home with a lush, plush, Genuine Lambskin Rug. Ideal for those cozy nights around the fireplace, as a unique wall hanging, or as a warm furry throw while driving. Each rug measures approximately 9 sq. ft. with a 2" high pile. Colors: Creme, White, or Honey. only $24.95 ppd.

VELVET SKIRT
$42.00
Lace Shirt
$25.00
plus $1 postage each

VELVET RUG
2" high pile. Colors: Creme, White, or Honey. $24.95 ppd.

ANTIQUE AND EUROPEAN BIBELOTS
Ceramic vases, pitchers, we...
TO HAVE AND TO FOLD
Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30", it seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG11, Box 204, Teaneck, NJ 07666.

BEAUTY PROGRAM
Kit for home use consists of bustine improvement guidebook for exercises, diet, posture; hydrotherapy massage cup for a few minutes daily use; and three special-moisturizing cremes. $19.95 ppd. Beauty-Breast of Paris, Dept. LG/Y, Box 8072, Van Nuys, CA 91409.

SALUTE TO WOMEN
Collection of postage stamps on theme of famous women: queens, heroines, First Ladies, other celebrities. Other stamps to examine free, plus 40-page catalogue, buy any or none, return balance, cancel anytime. 10c ppd. H.E. Harris, F-6, Boston, MA 02117.

NO MORE SNACKING!
Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7¼" by 9" design on canvas. Persian wools, needle, backing, magnets, instructions. $5.95 plus 50c post. 8" by 10" oak frame, $2.25. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

TAPESTRIES
FROM BELGIUM & FRANCE

NUTS TO SMOKING
Snuff out cigarettes in decorative nuts of brass or stainless steel. Halts irritating smoke and odor from butts smoldering in ashtrays. Use at home, office, or as unique and useful gifts. Set of 4 in handy "poke bag." Brass, $5.55; Stainless Steel, $3.95. Add 50c post/hdg. Ashtray not included.

J. PAUL GALLERIES, Dept. HG11
Box 31, Oakwood, GA 30566

CLEAR SILVER FAST
Magic Silver Leaf goes in the dishpan, or sink, and safely cleans silver as you wash dishes. No rubbing, no boiling. Keep silver shining bright and tarnish-free. Safe for finest silverplate and sterling. Odorless and non-toxic. Lasts a lifetime, never wears out.

$3.98 + 25¢ Mailing Each
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-115
556 Mission, San Francisco, Calif. 94105

LOOK 10 YEARS YOUNGER
in Just 3 Minutes!

Mark Traynor, Beauty Counsellor to movie stars and models ... who must keep looking young ... has a new beauty aid, Smooth Away Lines. It could do wonders for you, too.

If you hate those lines, wrinkles and puffs that make you look older ... you'll be amazed at how they disappear temporarily in just 3 minutes when you use Smooth Away Lines. A few drops of the lotion, applied to your skin, gently tighten and firm, so that aging lines around eyes and forehead, puffs and sagging skin, wrinkles on neck and throat ... all disappear in minutes. And your skin stays young-looking and smooth for hours! A joy to use before dates and important occasion – or every day. It’s safe, effective, and a great lift to your morale to know you’re looking your very best.

Send only $4.00 plus 50c to cover postage and handling. Specify Smooth Away Lines (#K5681) by Mark Traynor. We guarantee you must be pleased or you may return for prompt refund.

CONTEMPO
Dept. HGA-16
1701 Highway 95
Neptune, N.J. 07753
COPLED MASSAGER

Battery-operated massager brings satisfying relaxation. Deep gentle penetrating vibrations soothe neck, shoulder muscles, arms, legs and tired feet. Operates on standard batteries (not included). 4 sizes.

Mini Massager, 4½" $3.98 + 30¢ Mailing Each
Regular Massager, 7" $4.98 + 45¢ Mailing Each
Deluxe Massager, 10" $7.98 + 50¢ Mailing Each
Super Massager, 12" $9.98 + 55¢ Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-116
556 Mission, San Francisco, Calif. 94105

EGYPTIAN SUN DISK

EXCLUSIVE FOUR-COLOR LITHOGRAPH in gorgeous royal blue, sky blue, coral and gold. Authentic design from Dynasty XVIII of Tutankhamen. Large 38" x 15" size. High quality matte paper, ready to frame. $19.95 ppd.

EXCLUSIVE FOUR-COLOR LITHOGRAPH in gorgeous royal blue, sky blue, coral and gold. Authentic design from Dynasty XVIII of Tutankhamen. Large 38" x 15" size. High quality matte paper, ready to frame. $19.95 ppd.

Satisfaction Guaranteed or Your Money Back

NAME THAT TUNE!

If you love snapping recipes, coupons, ads and Shopping Around, clip paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20¢ post from Anthony Enterprises, HG11, 556 Mission St. San Francisco, CA 94105.

REAL CUT-UP

If you love snapping recipes, coupons, ads and Shopping Around, clip paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20¢ post from Anthony Enterprises, HG11, 556 Mission St. San Francisco, CA 94105.

Calling: Everyone

Brass captain's bell suspended from a black horseshoe back- ground for calling all comers to meals or special occasions. 4½" by 4". Also available with ship's wheel background. $4.95 plus 50¢ post. Christian Products Co., Dept. 11, Box 96, Warner Robins, GA 31093.

LA MANCHA MAN

Don Quixote, Sancho Panza, black and white in lithograph 20" x 26", $5.95 plus post; on stretcher bars, $9.95; mounted, framed in ebony and silver, $24.95 plus $1.95 post. Catalogue, 50c. Lambert Studios, HG29, 910 No. La Cienega Blvd., Los Angeles, CA 90069.

MERRY CHRISTMAS

Fire-Resistant Hearth Rug

Protect the floor by your hearth from flying cinders with our 100% fire-resistant tufted-pile hearth rug. It's made from same Beta* yarn used for astronauts' space suits! Vacuum or sponge clean. Choose Apollo Green or Autumn Gold. 2-ft x 4-ft size. $19.95, including shipping and handling (75¢ more west of Miss. River).

Earning: immediately stuffing envelopes. $25.00 hundred. Rush stamped addressed envelope.

GENEE, 5819 Broadway, Eureka, Ca. 95501

FREE Gift Catalog. Exciting new items. Kirch- ler's Personalized Gifts. PO Box 147, Herki- ler, 3838 1 2 N M Van Dyke, San Diego, Ca. 92105

MIRACLE purse size full view mirror. Only $8.00. Free gift catalogue. Try L'or's Folly, 2033 E. Oak (HG 5), Phoenix, Az. 85006.

UNIQUE Gifts. Free catalog. MAG Dist. (HG Dist. Gifts, 110 E 4 Ave., Hialeah, Fl. 33013

NEW MERRY CHRISTMAS

BRENNER-DAVIS, Dept. P-99-EM 1512 Jarvis, Chicago, IL 60626

BRENNER-DAVIS, Dept. P-99-EM 1512 Jarvis, Chicago, IL 60626

Satisfaction guaranteed

SHIPWATER ROUND

PICASSO ART

"Hands With Flowers" needlepoint kit. Blue, yellow, green, white tapestry yarns; orange ground. 7½" x 9½" design. 10-mesh 9" x 11" canvas, needle $4.95 plus 45¢ post. Catalogue 25c. The World of Stitch 'n Knit, HG II, Shoppers World, Box 709, Framingham, MA 01701.

MERRY CHRISTMAS

If you love snapping recipes, coupons, ads and Shopping Around, clip paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20¢ post from Anthony Enterprises, HG11, 556 Mission St. San Francisco, CA 94105.

REAL CUT-UP

If you love snapping recipes, coupons, ads and Shopping Around, clip paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20¢ post from Anthony Enterprises, HG11, 556 Mission St. San Francisco, CA 94105.
Building Facts

Materials and equipment in the house on page 120

ARCHITECT: Hugh Newell Jacobsen

MATERIALS: All-steel, concrete, insulating materials, all-weather glass.

STRUCTURE: Concrete floor beams, beam and girder framework, concrete floor slabs.

EXTERIOR OF HOUSE:

EXTERIOR WALLS: Concrete block faced with brick.

EXTERIOR POSSIBILITIES:

Kitchen-Aid Div., Hobart Corp.; exhaust fan by Tradewinds.

Heating and cooling system: Forced air.

MECHANICAL EQUIPMENT AND APPLIANCES:

Appliances: Oven and range by Thermador, Div. of Norris Industries; dishwasher and food waste disposer by GE.

In every issue from now through December, 1976 you'll see a special selection of things for the house that House & Garden has chosen as a salute to the Bicentennial celebration, things you can buy at The House & Garden Great American Idea Centers in the following stores across America. For the sixth in the series, Deserts, please turn to page 126.

Alabama: Birmingham

Alaska: Anchorage

Arizona: Phoenix

Arkansas: Little Rock

California: Los Angeles, San Francisco

Colorado: Denver

Connecticut: Hartford

District of Columbia: Washington

Florida: Miami

Georgia: Atlanta

Hawaii: Rich's

Illinois: Chicago, Naperville, Peoria

Indiana: Indianapolis, Fort Wayne, South Bend

Iowa: Des Moines

Kansas: Kansas City

Kentucky: Louisville

Louisiana: New Orleans

Maine: Portland

Maryland: Baltimore

Massachusetts: Boston

Michigan: Detroit

Minnesota: Minneapolis

Missouri: Kansas City

Nebraska: Omaha

New Jersey: Newark

New York: Brooklyn, New York, Roche Brothers

North Carolina: Charlotte

Ohio: Akron

Oklahoma: Tulsa

Oregon: Portland

Pennsylvania: Philadelphia, Pittsburgh

South Carolina: Columbia, Charleston

South Dakota: Rapid City

Tennessee: Nashville

Texas: Dallas, Houston, San Antonio

Utah: Salt Lake City

Virginia: Richmond, Roanoke


Western: Seattle

Notes:

Personal parties continued from page 99

cards, cash, and checks if you would keep it private.

When you are a visitor away from home and wish to entertain in your own right, check out your own club to see if it has reciprocal privileges with a local club or arrange with friends to "borrow" their club, an exemplary way to entertain.

If you are planning to use hotel facilities, a suite perhaps, give your hotel party your own touch and do some of the food yourself, shopping the nearest gourmet bazaar for crackers, cheese, and goods of your choosing. Then order hors d'oeuvres typical of your own region, eschewing those ubiquitous, international nothings. Bring specialties from your part of the country to the party—Northwestern salmon, Downeast lobster, Southwestern Mexican tamales and nachos, Midwestern pasties.

Naturally the type of place you choose will determine the kind of party you give but for a memorable one, consider your own club, a local club or arrange with friends to "borrow" their club, an exemplary way to entertain.

The House & Garden Great American Idea Centers in the following stores across America. For the sixth in the series, Deserts, please turn to page 126.
Add more to your home than just another piece of furniture.

GORDON'S INC.
JOHNSON CITY, TENNESSEE

For a portfolio of tables and cabinets, send one dollar to Dept. HG-11 Gordon's, Inc., Johnson City, Tennessee 37601.

Cat.No 1157

Wake up a wall. Any wall.
Our rattan mirror with its smoked border insets is one way to wake up your foyer or library. For more suggestions send us your name and a dollar. We'll send you our full color catalog and the name of your nearest Carolina Mirror dealer.

Carolina Mirror Corporation
North Wilkesboro, North Carolina 28659

Best in Booklets

Because House & Garden wishes to fill your booklet requests promptly, arrangements have been made for you to order directly from us. Fill in the coupon below, circling the number of each booklet desired. Remittance is required other than the 30c charge for postage and handling that must accompany each coupon, it will be indicated next to the booklet number. Enclose your remittance in the form of a check, or money order only. Please do not send stamps. House & Garden will do everything it can to see that your requests are filled rapidly as possible.

Building and Remodeling

1. ENDLESS SUMMER in Exvelite Aluminum Greenhouses. Twenty-seven page booklet gives information on eight models, both lean-to and freestanding. They come in sections to meet any space need, along with accessories, like temperature controls and shelving.

2. NEW IDEAS WITH WOOD WINDOWS, Pella Rolfscreen windows and doors are as beautiful as they are easy to maintain. Colorful booklet illustrates how Pella designs add charm and style to any house.

Decorating

3. "CARLETON VARNEY'S ALPHABET OF DECORATING IDEAS." Delightful, easy-to-follow booklet by well-known fabric designer and decorating authority has pages and pages of creative suggestions on how to refresh any room in your house. The accent piece in many settings—mirrors. Basset Mirror Company, Inc. $1

4. HEIRLOOM QUALITY FURNITURE crafted of solid pine that captures the spirit of Early Americana with fresh imagination is shown in a color brochure from Vermont Furniture. Brochure gives you a glimpse of the Bennington Pine collection for living room, family room, dining, and bedroom. 25c

5. FURNITURE FOR INDOORS AND OUT...is shown in full-color photographs in Meadowcraft's consumer catalogue. Choose from a variety of dining and lounging collections. 50c

6. "FIREPLACE IDEAS"—16 page full-color booklet shows a large selection of firescreens and accessories to beautify both hearth and home. Lovely room and fireplace settings show both mesh and Glassfyre screens in 26 metal finishes. Included are tips on choosing the correct screen. Portland Williamsite Company, 25c

7. THE SURE WAY to add color to a home is with flowers. Teleflora's 12 page booklet, "Color Alive! Instant Decorating With Flowers," has ideas for every room. Compiled with the cooperation of House & Garden. 50c

8. OUTDOOR FURNITURE that has long been the choice of clubs, hotels, and resorts is now available to you from the Tropitone Furniture Co., Inc. Delightfully illustrated color catalogue gives you an inventory of the various styles and colors available. $1

9. HANDPRINTED MURALS. Brochure shows you many of the lovely hand-printed wall murals designed by the distinguished artist Fred R. Kazen. These murals give an illusion of spaciousness, filling rooms with the loveliness of near and distant views. Richard E. Thibaut, Inc. 15c

10. EXCLUSIVE COLLECTION Two handsome hardbound volumes totaling 402 pages plus a separate index by living area and item show the entire collection of Baker classic furniture for living room, family room, dining, and bedrooms. Baker, Knapp & Tubbs. $15

11. "...HOW TO HANG WALL-COVERING WITHOUT CRACKING UP!" is a delightfully informative brochure illustrating W. R. Grace wall coverings and how to put them up. Step-by-step instructions tell you how to do a quick, clean, professional-looking job in any room in your house.

12. INFORMAL FRENCH FURNITURE—Henredon's Four Centuries, Warm, Distinctive. Elegantly informal. An ultimately livable collection of dining room, bedroom, occasional, and upholstered furniture in the French country style of the 17th and 18th centuries. Style numbers given. $1

Eating and Entertaining

13. EXPRESS YOURSELF WITH DECORATIVE TABLE SETTING IDEAS shown in this booklet. Follow simple directions for creative American settings. Use them as a starting point for your own imagination. Easy, Fun. Yours from the Pfaltzgraff Co., manufacturers of stoneware and coordinating metalcrafts.

14. NEW '76 CUTLERY CATALOGUE from Gerber Legendary Blades is packed with the most up-to-date designs from the master knife-makers. Whether it is a paring blade, a kitchen knife, or a carving set, Ger-
er’s got something for every kitchen. Illustrated from cover to cover, catalogue features Gerber’s entire plus other important tips.

5. “COOKING ‘DUTCH’ WITH CALORIC” contains over 550 time-tested Pennsylvania Dutch recipes, representing hundreds of years of cooking experience. Some of the recipes originate from the time of earliest immigration to the “New Land.” Most of the recipes utilize readily available ingredients, such as eggs, meat, and vegetables. “Fresh from the farm” cooking! Caloric Sales Corporation. $3.50

Potpourri

16. CLUB CATALOGUE. Legacy offers a catalogue showing fine sterling silver, china, and crystal plus exciting items in diamond jewelry and gold and sterling jewelry. Catalogue charge is refundable with the first order. Legacy offers its own special payment plan. $2

17. HOW TO CARE FOR YOUR INTERIOR FABRICS (carpets, rugs, upholstery, draperies) is outlined in a 13-page pamphlet from Patcraft Mills. Removal methods for almost every spill, spot, and stain listed.

18. “UNIQUE GIFT CATALOGUE.” The Smithsonian Institution’s first Christmas catalogue features cards and gifts for every taste. Many of the items shown have been made especially for the Institution and are based on artifacts in the collections of this renowned institution. 25c

19. STEREO AND TELEVISION IN FINE FURNITURE CONSOLES. Colorfully illustrated brochure shows and tells everything you need to know about decorating with stereo and television consoles. Contains a wide range of console styles and equipment selection, plus photos showing how to turn any room in your house into an attractive, comfortable home entertainment center. Magnavox. $1

20. HIGH FIDELITY SOUND. In format book describes JBL’s complete line of high fidelity loudspeaker systems designed for the home. The systems feature hand-rubbed finishes, professional quality components, and range in size from small shelf models to large floor-standing systems. James B. Lansing Sound, Inc.

21. ELASTIC HOSIERY . . . what it is, who needs it, and what it does is clearly described and illustrated in an informative booklet from the Kendall Company (Bauer & Black). Booklet explains the powerful compression this hosiery has and how it works in helping treat varicose veins, phlebitis and tired, swollen legs.

22. “DRIVING TOURS . . .” Informative booklet from State of Maryland Tourism gives you a brief but stimulating glimpse of Maryland. The nine driving tours described here offer the traveler an opportunity to experience Maryland—modern highways, back country roads, accommodations, which range from century-old inns to modern luxurious hotels. And not to be overlooked are the dining experiences that are world famous. 50c

23. CALL IT TELEVISION OR TV —Hitachi Corporation’s 20-page, full-color catalogue shows a wide variety of 100 percent solid state black and white and color sets for every room in your house. Engineering features are outlined and individual models are illustrated. Factual descriptions and specifications accompany each style number.

Order coupon for booklets

November, 1975

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50c for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: HOUSE & GARDEN, Dept. 11
Box 3579, Grand Central Station
New York, N.Y., 10017

1  2  3  4  5  6  7  8
9  10  11  12  13  14  15  16
17  18  19  20  21  22  23

Enclose:

8—$0.50 for postage and handling of my request for booklets
8—for booklets circled requiring payment

is my total remittance

Offer expires 2/16/76

Name  
Address  
City  State  Zip #

We’ve prepared a handsome color brochure to introduce you to Tiara II.

48 pages of room scenes and ideas illustrating a new collection of dining and bedroom furniture. For your copy, send fifty cents to Dept. HG-11, White Furniture, Mebane, North Carolina 27302.

The 1975 Year Bell

The creative motif of this series is great churches of the world. This year, the theme is St. Peter’s in Rome. This limited edition 5½” Bell, generously and beautifully adorned with 24kt. gold embellishments, features the famous underglaze blue that is the hallmark of Bing & Grondahl. In presentation case, $60. For the name of the store nearest you, please write us, 225 Fifth Avenue, New York, N.Y. 10010.

BING & GRØNDAHL
Copenhagen porcelain since 1853
Time to get ready for snowy days and indoor gardening

A great American shrub, redwood plant tubs, plants for connoisseurs, amaryllis bulbs for presents, a safe rotary snowplow, how to bring plants indoors, new type of plant mister, intimate garden designs

North Carolina rhododendron is a worldwide favorite

Early plant explorers in the Appalachian Mountains were overwhelmed at the sight of great expanses of rhododendrons that turned whole mountainsides pink in late spring. North Carolina’s Catawba River flows through the area, so it was natural enough to name the plant *Rhododendron catawbiense*. Plants taken to Europe immediately caught the fancy of nurserymen and plant breeders.

Durable wooden plant tubs

The wooden water tanks on top of city apartment buildings are made of wood for a very good reason. The natural product is more resistant to the attacks of wind and weather, heat and frost, than any man-made substance. What could be more suitable for planting tubs, then, than natural redwood? The Rosenwach Co., of Brooklyn, N.Y., has specialized in water tanks for many years and has recently expanded its operations to include plant tubs. These have a solid, but eminently civilized, look to them, and are found in any other kind of planting container. Planted with petunias, impatiens, verbena, or other annuals for the summer, they stay imperturbably in place through the winter and are ready for the next season's planting as soon as they unfreeze in the spring. The Rosenwach plant tubs have a range in size from 18 inches high, then bring it into a dark, not-too-warm place until the sprouting leaf is a couple of inches high, then bring it into a warm, well-lighted spot, keep watering, and the flower will appear in short order. Amaryllis seldom need repotting and seem to do their best when the pot is crammed with roots.

A picture book for discriminating gardeners

Any gardener who appreciates plants that are a cut above the average will find his mouth watering after just a few pages of *Plants for Connoisseurs*, by Peter Coats (Bobbs-Merrill. $17.95). This is a House Garden book, assembled by the garden editor of the British House and Garden. Mr. Coats has a well-deserved reputation as a designer of gardens in the modern style, and has put his talent to work in taking and selecting this handsome array of pictures. In each of the garden shown, it is the plants that are emphasized, and all have been chosen to make a spectacular display, whether as shrubs, vines, groundcover, or border plants. The photographs are in color and black-and-white, and Mr. Coats has lucid words of explanation about each. It would be hard to imagine a more appropriate gift for a gardener's Christmas.

Amaryllis is ideal to give or get at Christmas

Potted up and growing, an amaryllis bulb will be gratefully received by the brown-thumber on your Christmas list—it's as foolproof as a growing thing can be. For the gardener who's just beginning to get the hang of things, the dry bulb with a sack of potting soil and a pretty pot will put him on his mettle. To start an amaryllis, fill a 6-inch pot to within ½ inch of the brim with whatever potting mix may be handy. Set the bulb with the bottom half in the soil, water well, and place the whole thing in a dark, not-too-warm place until the sprouting leaf is a couple of inches high, then bring it into a warm, well-lighted spot, keep watering, and the flower will appear in short order. Amaryllis seldom need repotting and seem to do their best when the pot is crammed with roots.
HELPs SAVE SICKLY
HOUSE PLANTS

Liquid Chelated Iron in THERAPY
stimulates new green growth fast.

Sickly plants often suffer from iron deficiency. Stern’s THERAPY helps revive plants to new vigorous growth. Pale yellowing leaves turn luxuriant green—FAST. Flowers never more beautiful. Healthy plants need Therapy, too.

NEW from MIRACLE-GRO®
“Corrective nutrition”—acts like a tonic.
You’ve got to use it to believe it.

Stern’s MIRACLE-GRO THERAPY ™ for HOUSE PLANTS

We want to wipe out cancer in your lifetime.
Give to the American Cancer Society ♥

AUTHORS WANTED BY NEW YORK PUBLISHER

Leading book publisher seeks manuscripts of all types: fiction, non-fiction, poetry, scholarly and juvenile works, etc. New authors welcomed. For complete information, send for free booklet N-78. Vantage Press, 516 W. 34 St., New York 10016.

FROM GARBAGE TO GARDEN
BECAUSE ENOUGH PEOPLE CARED.

2000 species of plants grow at South Coast Botanic Garden in Palos Verdes Peninsula, California. Over 3 million tons of trash and garbage lie just beneath the surface.

A dump transformed into a paradise. Impossible?
Not when enough people in a community get together and work.
You can help by becoming a community volunteer in your area.
We’d like to send you the name of the Keep America Beautiful group nearest you. Write:
Keep America Beautiful, Inc.
99 Park Avenue, New York, New York 10016
Glamorize your home with these famous Audubon Game Birds engraved in full color on fine bone china. Each piece is a decorating masterpiece. These plates/plaques are seen in the wealthiest homes, prized by collectors who know. Each magnificent piece is hand made in translucent bone china with fluted edge by proud artisans with amazing skill. Display them as dessert, nut dishes, ash trays, plaques for hanging.

They add irresistible charm and beauty to any decor. You cannot appreciate the beautiful colors and craftsmanship from the small black and white illustrations. See the beauty and charm in your own home on our amazing no-risk offer.

SUPPLY VERY LIMITED! These valuable bone china plates are hand made so supply is limited, and we urge you to order now. Each plate is about 10 square inches, engraved in exquisite full color. Each piece is only $2.50 (see coupon for quantity savings). Satisfaction Guaranteed if not delighted. Come in or mail order.

WORLD ART GROUP, Dept. 11HG
606 E. State St., Westport, Connecticut

Please rush me the complete set of 6 Engraved Game Bird Plaques/Plates in translucent English Bone China at $14.95 on full-money-back guarantee if not delighted.

Please add $2.00 for safe postage and handling.

I enclose $_____.

NAME _____________________________
ADDRESS _________________________
CITY ___________________  STATE ___  ZIP _________

☐ SAVE! Order 2 complete sets for $29. (save $4.90) Extra sets make lovely gifts.
Christmas with love

DO

wonderful

things

for you

and your

family

to make

and

enjoy

Decorating for the holidays
22 fabulous trees
45 old-fashioned recipes
Hundreds of last-minute presents and quick wrapping tips
THE SILVER MARTINI.
FOR PEOPLE WHO WANT A SILVER LINING WITHOUT THE CLOUD.

SMIRNOFF SILVER. NINETY POINT FOUR PROOF. SMIRNOFF LEAVES YOU BREATHLESS®
For the discriminating drinker...
the finest collection of glasses in the world.

Tiffany & Co.

NEW YORK 5TH AVE. & 57TH ST.; TEL: (212) 755-8000 • ATLANTA • CHICAGO • HOUSTON • SAN FRANCISCO • BEVERLY HILLS

DECEMBER, 1975
Our reproduction of John Goddard’s classic grandfather clock of the 1760’s faithfully follows his original case design. Even to the style of the shell motif, the blocked door, fluted Doric quarter colonnettes, and pleasing proportions.

It also has a Moon Phase dial that recalls the days when farmers relied on them to schedule planting and harvesting. And a triple-chime movement that echoes the ancient cathedral chimes of Westminster, Whittington, and Winchester.

Each clock’s personalized, too, with two solid brass plates, one engraved with a registration number, the other with the owner’s name and the purchase date.

See the new John Goddard in all its heirloom quality at a store near you.

Howard Miller Clock Co.
Benton Harbor, Michigan 49020
The Bicentennial Plate by Bing & Grøndahl

Bing & Grøndahl congratulates America on its 200th birthday! And in honor of the occasion, this oldest producer of commemorative plates created this one-time only edition.

The focal point of this striking collectors' item is a magnificent reproduction of the American Bald Eagle. Circling this 9" plate are the names of the original 13 colonies—in rich 24kt. gold as are the stars, the Latin inscription and the two outer circles. And the entire motif is sculptured in relief and shaded with the famous underglaze blue that is the hallmark of Bing & Grøndahl.

Beautifully gift-packaged at $50.00, this American commemorative is a treasure. In more ways than one! Happy birthday, America! For the name of the store nearest you please write us. 225 Fifth Avenue, New York, N.Y. 10010.

BING & GRØNDAHL
Copenhagen porcelain since 1853
5 reasons your next dishwasher should be a KitchenAid.


3. A patented 9-position upper rack that lets you load big or odd-shaped items many other dishwashers can't handle.


5. A heavy-duty 1½ hp motor that will stand up under hard daily use. So tough, it's warranted for 5 years. If the motor should fail during the first year, it will be repaired or replaced without charge, during the next four years you pay only for labor.

For more reasons, ask any KitchenAid owner. Or your KitchenAid dealer, listed in the Yellow Pages. Or write KitchenAid, Dept. 5DA-12, Hobart Corporation, Troy, Ohio 45374.

DECEMBER, 1975
TO CHRISTMAS WITH LOVE

56 How to have a back-to-nature Christmas at home
58 The warmth of a big, old-fashioned family Christmas
60 The fragrance and beauty of a fresh green tree
62 Handmade presents that double the treat
64 Holiday decorations gathered from the outdoors
66 Things to make, to bake, to decorate
68 Christmas surprise! Exciting new hanging paintings
70 Christmas tree magic
72 Decorations to sew up, fold up, paste up

DECORATING, ARCHITECTURE, BUILDING

12 Energy facts about fireplaces. By Sandra Odo
52 Home improvement ideas for the house floor
54 A new see-through house: The amazing makeover of a narrow cabin
56 Decorating and house linked to nature

FEATURES

6 Living
12 A great American idea: The Scottish Christmas Walk. By Dee Hardie
50 Questions & answers: Antiques
76 How to welcome songbirds, the joy of a winter ground. Hence the clouds, the sky, and splashes of mirror. But Christmas is always old-fashioned, with not just one tree, but four, one in each corner. No ornaments, nothing but sprayed-on snow, and lots of presents. Tubby, the cat, is waiting for hers.
Up top, waiting for theirs are Nina and Lisa Beattie, hanging a wreath trimmed with tiny handmade toys imported by their mother, Charmee Tree Ornaments, they are made at about Mrs. Beattie's boutique, The Children's Tree. For more seasonal spice, flip the page, and keep right on flipping.

GARDENING

66 How to welcome songbirds, the joy of a winter garden. By Marybeth West
68 How to plan a glorious green and silver garden
178 Gardener's notes. By James Fanning

CHRISTMAS PRESENTS

29 House gifts
30 New books for Christmas
32 Practical presents you can order by mail
96 Last-minute presents that last
178 Books to give for Christmas

BEAUTY AND HEALTH

8 The hidden power of scent. By Caroline Seboahn
12 Anita Loos talks about vitality. By Beverly Russell
94 Oxygen—the natural energy giver

TRAVEL

6 Can you resist a resort where every room has a pool-sized tub? By Nancy Richardson
10 Mexican marketing, By Laurence Osberg

READER'S SERVICE

48 Store directory
112 Shopping around with Audrey Nichols
136 Shopping information
180 Best in booklets

SUSAN WOOD, EMERICK BAIIONO

Incorporating Living for Young Homemakers
The civilized way to pour spirits.

A living legend, Waterford enchants you whenever you pour from it.

An investment in art, Waterford rewards you as it grows in value.

Each decanter is a signed original, made by hand with heart.

In the ancient Irish city of Waterford, now as in centuries past, men struggle with all their breath to shape the fiery lead crystal to their will.

Each decanter is blown by mouth and cut wholly by hand, just the way Waterford museum pieces were created in the distant past.

There may never be a more propitious time to invest in Waterford.

Each decanter is well worth its present cost. (The ones on this page range from $68.50 to $75.75.)

Visit the Waterford Gallery at the important store in your area. Or write for free color booklet Waterford, 225 Fifth Avenue, New York 10010.

Among civilized gifts, Waterford rates a spirited hurrah.

Waterford Crystal Decanters
How often have you arrived in a resort feeling that the most wonderful thing that could happen would be that you could sleep, bathe, and swim in total privacy, not going anywhere or seeing anyone—for days? More often than not, the resort establishes a rhythm that keeps you dancing to the relentless sound of the city one just left. Not in Haiti. At Habitation Leclerc, a cluster of stone and mortar villas that are situated step-style down a jungly hillside just above Port au Prince, the resort feeling that the most wonderful thing that could happen would be that you could sleep, bathe, and swim in total privacy, not going anywhere or seeing anyone—for days? More often than not, the resort establishes a rhythm that keeps you dancing to the relentless sound of the city one just left. Not in Haiti. At Habitation Leclerc, a cluster of stone and mortar villas that are situated step-style down a jungly hillside just above Port au Prince. It's a hotel without any big build-

Spectacular bath-bedroom at Habitation Leclerc, steps lead to bathing pool

Larry Peabody designed hotel interior

not, the resort establishes a rhythm that keeps you dancing to as frantic a tune as the city one you just left. Not in Haiti. At Habitation Leclerc, a cluster of stone and mortar villas that are situated step-style down a jungly hillside just above Port au Prince.

It's a hotel without any big buildings, just a cobblestone path connecting these houses built in a French construction style of the 17th century. With a pool for every two or three villas, the idea was to give guests the opportunity of having what they wanted just at hand. A place to vanish into and not come out of until the idea of privacy became boring. In the meantime it is a privacy very rich in alternatives. A small kitchen serves two or three villas and from it comes breakfast and a light lunch. The adventure at breakfast time is the local Haitian fruit—mangoes, a pointed grapefruit, a large apricot that is good sliced and has the crispness of an apple and the subtle flavor of a melon. These plus oranges and bananas arrive in a big basket along with hot croissants and aromatic Haitian coffee. Decaffeinated, it has all of the taste and none of the punch of such a strong brew. Most people have breakfast on a walled-in sunporch that opens off the bedroom. Which means the bliss of a very private, all-over sunbath after breakfast. Lunch is served on a wrought-iron table set under some trees by the pool that is just outside one's door. An afternoon nap is a five-star event. The whir of an overhead fan catches the breezes as they surge through louvered windows that line the

Continued on page 26

Robert Currie wraps in acetate to let the gift shine through

WRAP CHRISTMAS

"Wrappings are as much a part of the gift as the gift. Choose them carefully, so they can be recycled in another person's life," says Robert Currie, Director of Visual Planning for Henri Bendel, N.Y. "Kraft paper is just right for personal sketches that add individuality and interest to a gift. The paper is durable enough to be framed later." Kraft paper is at large stationers by the bolt, otherwise East House has it in four colors, by the roll, from $1.25 to $2. "Rice paper can be prefolded and a design imprinted on it before it's used for wrapping," suggests Mr. Currie. "Handblocked Japanese papers are also strong enough to be reused or framed. Fabrics make beautiful coverings, so do woven papers, clear sheets of acetate, or woolen scarves, cotton or linen handkerchiefs. Scented papers at fabrics are a delight under the tree and they can be used later as linings for lingerie or bed linen drawers. You can also have fun collecting boxes throughout the year, glass, acrylic or wood. "European tins that originally held tea or biscuit make wonderful gift containers just as they are," he adds. "Wraps lined with a soft fabric they make lovely sewing boxes afterward. Anchor the fabric with tape or metal-adhering glue." Part of the fun of wrapping is to integrate the gift with paper or container. We hide the book with a magnificent cover? "By wrapping in clear acetate and tying a luxurious silk color around it, it becomes an exciting and beautiful present to look at—"PAULA RICE JACKSON

MAKE A CAT FEEL AT HOME

Farmer's baskets, the kind once used to carry ducks, piglets, and other animals to market, can be wonderful pet beds or carrying cases, lined with a cushion. They're also good for wood, papers, magazines, or make useful picnic totes. These in gray, green bamboo, handcrafted in Hong Kong, from Mann and Rosequist, P.O. Box 1130, San Francisco, Cal. 94101.

MEALS ON WHEELS

This is the sort of push-around serving cart we'd all like. It contains a steel hot plate, carving board, ice container for cooling wine. There are racks for glass and plates, compartments for silver and linens. It's only 34 inches wide and 29 inches high, in as much wood. Just seen at the Milan furniture fair. Made by Schiffini, Italy.
The 18 colors of Naturally Blonde are the blonde colors found in nature.

Naturally Blonde is Wheat,
And Sunlight, And Moonlight.
Naturally Blonde is Surf, And Sand.
And Buttercup,
Naturally Blonde is 18 soft subtle shades
from light to dark, from fresh new Snow
to a taste of Honey.
And it's a breeze to be one. Just use
Naturally Blonde lightener to lift your
old color out, then use Naturally Blonde
toner to shampoo your new
color in.
You'll have more than blonde color that
lasts and lasts.
You'll have just about the most natural
blonde color on earth.

"I'm Wheat."
THE HIDDEN POWER OF SCENT

There's nobody in the world like you. The clothes you wear, the house you live in, the tastes you have, the friends you choose—all these are ways of saying, "This is me." Sometimes, however, we all have doubts about our identity, about being appreciated, about being remembered. But there's an easy and quite unmistakable way of saying "this is me" that you haven't thought of—right under your nose.

Identity is a problem for all forms of life—territorial imperatives and all that—and the most powerful way nature has found to prove identity is through smell. Antelopes have scent glands in their feet and leave distinctive tracks wherever they go; ants can smell out the differences between themselves and other ants; salmon remember the smell of the waters in which they were hatched in order to find their way back from the open sea for spawning.

What about us humans? We tend to dislike whatever smells we detect on ourselves and deodorize them out of existence. Our sense of smell gets little exercise, and in consequence we don't regard it as significant as sight or hearing.

But the remarkable fact is that the amount of the human brain devoted to olfaction is disproportionately large—much larger than the amount of brain devoted to vision, for instance. What a waste, you may say. But perhaps we use it more than we know; it's quite pos-

Continued on page 16

NESTING INSTINCT

A nest of eighteen Indian palm leaf baskets, ranging from 18 inches to 4 inches across. Grouped together they have a sculptural quality; broken apart they serve a myriad of uses. From Faro Sales, at Cargo Houston, Houston, Tex. $55.
Say hello to Max.

The maximum 120mm cigarette.
A lot longer than 100's. Yet, not a penny extra for all those extra puffs.
Great tobaccos. Terrific taste.
And a long, lean, all-white dynamite look.

"Hello long, lean and delicious."

Regular. 17 mg."tar," 1.3 mg.nicotine, Menthol. 18 mg.
"tar," 1.3 mg.nicotine av. per cigarette by FTC Method.

Oaxaca is a day's drive or a 40-minute flight south and west of Mexico City and worth the trip just for its Christmas ornaments. Fish and stars, men and cathedrals of woven straw, shiny tin birds and angels, saucy clay animals swirled in brilliant yarns — most of them less than 25¢ — and pottery creche figures in a variety of styles and sizes. You could easily spend a week bargaining in different daily markets in the villages around Oaxaca. It's such fun and there are so many different beautiful craft and folk art things — weaving, metal-work and the famous black pottery. But if you don't have a week, there are plenty of shops with good selections.

Equally worth the trip is the splendid regional museum, installed two years ago in the newly restored, beautifully proportioned 16th-century cloister of the church of Santo Domingo. On two levels around two courtyards are the restored convent kitchen, models reconstructing nearby archaeological sites at Monte Alban, Mitla, and Yagul, displays of Spanish colonial art, exhibits of the crafts and ways of life of the more than 400 Indian tribes in Oaxaca state, and, the great treasure, a room full of incredible Mixtec jewelry from Monte Alban.

Monte Alban on its hill, a sacred city since 700 B.C., is perhaps two miles from town. Buses go to it and to Mitla, with its unusual mosaics. Most people don't see Yagul and they should. But you need a car, the buses don't go there. Make a point of going very early in the morning or very late in the day.

Continued on page 176

FABULOUS FAN LIGHTS

Marvelous Japanese fan lights by Ingo Maurer seen at the Milan Fair 1974 have arrived here! Push-pinned on the wall, supported by a bamboo pole, they give great architectural impact. Through designers only at George Beylerian.
Christmas reasons to love for all seasons. Exquisitely handcrafted figurines and plates for all your favorite collectors, all faultlessly executed in the tradition of excellence that is the hallmark of all giftware represented and imported by Hummelwerk.

The Art of Pewter Sculpture
is nowhere expressed more eloquently than in each figure created for this evocative creche depicting the Nativity.

The Art of Janet Robson
"Flight Into Egypt" figure group translated into a perfect pewter plate.

The Art of Charlot Byj
and her uniquely precious way with children is portrayed in the 1975 2nd Limited Edition pewter plate, "A Child's Prayer."

The Art of W. Goebel
in ceramic animal portraiture is exemplified in this new series of sculptures of the animal kingdom.

The Art of Crown Staffordshire
is the centuries old English tradition of the perfection of the finest bone china in dozens of floral forms and shapes.

The Art of Michel Thomas
"Les Petits" is the art of portraying the youth of today as they really are in their characteristic pursuit.

The Art of "M. I. Hummel"
rendered by W. Goebel in both the ceramic handpainted "Ride Into Christmas" 1975 Annual bas relief plate and "M. I. Hummel" figure.
One way to refresh boxes, trays, lampshades, screens, and even larger pieces of furniture is through decoupage. It gives things a new identity. The most ordinary “finds” from the attic or flea markets can be recycled this way and even turned into attractive Christmas presents. Decoupage—cutting out prints and using them to decorate surfaces—can be as absorbing as needlepoint. If you like doing things with your hands, Leslie Linsley’s new book *Decoupage Designs* ($4.95) not only gives you ideas for seventy-five projects, but also supplies you with twenty-five prints you can cut out and use.

**DOWN-TO-EARTH TABLE**

“I find great exhilaration in Japanese simplicity,” says display designer Christine Maly. “I love their approach to art and architecture, a continuous elimination of things, getting back to the fundamentals. There’s a serenity in it all that I really can’t explain.” For a special lunch table, she arranged celadon china on a lacquered brown table on straw mats with satin pillows. The table was one of eight at Tiffany planned by George O’Brien to show the work of contemporary designers.

**ENERGY FACTS ABOUT FIREPLACES**

A masonry fireplace is a substantial thing. You can expect to spend from $1,000 to $3,000. You can expect to look long for a mason to build it. Ask for references, says Joseph Walas, builder of New Hampshire fireplaces. Insist on guarantees, listen to word-of-mouth—and don’t pay until you are completely satisfied. Test it, he says, with a good three-log fire. Burning a newspaper is not a true test.

How wide, how tall, how deep should it be? In *The Forgotten Art of Building a Good Fireplace* ($2.50, Yankee, Inc., Dublin, N.H. 03444), Vrest Orton diagrams principles first propounded in 1795 by Sir Benjamin Thompson, Count Rumford, an expatriate American who, among other things, discovered heat convection currents and invented the first kitchen stove: make the back wall as wide as the fireplace is deep; the opening up to three times that width; and slant the back and sides. Very few modern fireplaces are built in these proportions—but Mr. Orton has one 42 inches high and 19 inches deep in his 1828 house, and he says it has always drawn beautifully.

A number of companies make metal fireplace forms—called zero clearance fireplaces because insulation and triple-wall construction allow you to set them right on the floor—for building in. They’re light (400 pounds maximum) and need only put-together chimney section for smoke.

The forms cost from $270 to about $500. With chimney sections, hearth, installation, and finishing, the total can run from $600 to about $500. With chimney sections, hearth, installation, and finishing, the total can run from $600 to about $500.
Jingle Bells

A great way to ring in the holidays.

The gift of rare taste.

J&B RARE SCOTCH

86 Proof Blended Scotch Whisky ©1975 Paddington Corp., N.Y.
Season's Greetings from Don Shula and family.
It's a great time to get your coach a La-Z-Boy.
The perfect gift Christmas after Christmas after Christmas

Don Shula says, “I give La-Z-Boy the super-chair award.” And La-Z-Boy is ready with a super Holiday sale for your arm-chair quarterback. Depending on the style you choose, it rocks him, relaxes him, eases him and pleases him with built-in foot rest. See the La-Z-Boy store nearest you and make this Holiday a super La-Z-Boy season at your house.
We must not underestimate our sense of smell. It's immediate, it's accurate, and it lasts longest of the senses

Hidden power of scent continued from page 8

sible that humans have a smell aura just as we do a visual aura (as Beverly Russell showed in House & Garden, September, 1975). Animals do. It's just that it is so refined in humans that we are not conscious of it. Maybe smell is a signal exchanged between human beings just like visual and auditory ones.

Another highly unusual fact about our olfactory sense is pointed out by neuropathologist Dr. Fernando Aleu, founder and president of the U.S. subsidiary of Puig of Barcelona (makers of Paco Rabanne perfumes). "Olfaction travels to the brain more directly than any other sense," he says. "Olfactory nerves are in essence extensions of the brain through the membranes in the roof of the nose. This must cause an astonishingly strong impact, because when you associate a smell with a situation or place or person, the smell alone can retrieve the circumstance accurately, quickly, and totally. If you have spent one evening with a person who uses a perfume, or a man who smokes a certain kind of tobacco, for instance, the next time you smell it, you see that person, you hear his or her voice, you are there!"

Furthermore, the smell works on you emotionally before you can identify it. A friend describes how she smelled a smell one day in an Army/Navy store and was immediately transported back to summer camp—the fires, the sounds, the foggy mornings in Maine, everything... It was only much later that she realized she had smelled felt printed with paint—the same used for merit badges at camp when she was growing up!

It is evident that we must not underestimate our sense of smell. It's immediate, it's accurate, and it lasts longest of the senses. What better way of saying "This is Me."

"Fragrance works in many ways," says Dr. Aleu. "It can make an alien environment comfortable. I know a lady who travels a great deal, and she carries a perfume spray with her—"with the perfume she always uses. Before going to bed in a strange place she sprays her bed with her own perfume—not because of the way the perfume, or the room, smells—but because it decreases the strangeness of the environment. If you do this, you will not worry about relaxing or getting to sleep. Wherever you are, you will feel at home."

The other way fragrance works is as your personal signature. "It's not a neon sign or broadcasting system," Dr. Aleu says, "but an enhancement of life through the senses. To be sensitive to smell means that you are sensitive to sounds and sights and touch and flavors. Keep your antennae alert to new sense awareness, new engagements with the world around you."

"If a woman goes to the trouble to wear a particular scent, then it is obvious she is concerned about the impression she makes," declares Dr. Aleu. "If you feel good within yourself, then part of your total being should be your fragrance so that every time someone smells that fragrance, it will evoke you—for a whole lifetime. Isn't that rather a delightful thought?"

DR. ALEU'S TIPS ON WEARING PERFUME

1. Make allowances for your skin type. "Fragrances are blended for several qualities: lasting power, volatility, and the ingredients that make them recognizable. If you have dry or very oily skin, this may affect the balance of these qualities, so that one part smells more or less than the others, therefore smells different on one person's skin than on another's. Test them yourself to find the right balance for your skin."

2. Put perfume in the right place. "What really affects perfume more than anything else is the temperature of the place where it is applied. If you apply perfume to your big toe, it will smell much less than if you apply it to your temple because in your temple you have a very good blood supply, and the skin temperature is higher, thus promoting volatility. All the flexing surfaces (elbows, knees) and areas adjacent to pulses are good for perfume. If you have a very low body temperature, then perfume will smell much less on you."

3. Be loyal—to be remembered. "Stick to as few fragrances as possible as part of your aura, if you

Continued on page 20
BRAND NEW ROSES! Presenting PROMISE, the 1976 Rose of the Year . . . at last, a really different hue of pink — radiantly clear, pure, without a hint of blue or yellow! See the exciting 1976 All-America Rose Selection winners — including AMERICA, the first AARS climber in nearly 20 years, and SEASHELL, our new hybrid tea in luminous shades of peach and gold!

You'll see the beautiful blooms of famous FIRST PRIZE — highest rated exhibition rose in the nation — now as a vigorous, free-blooming new climber! And fantastic, blazing red TEMPO, the first of our new race of everblooming climbers. Then there's MERCI, absolutely the finest red floribunda in years . . . and PICNIC, our hardy new floribunda that literally covers itself with bright coral-yellow flowers!

EVEN MORE — fragrant new hybrid CRABAPPLES . . . wonderful, easy to grow BERRIES, GRAPES . . . many kinds of EXOTIC FLOWERS . . . high quality flowering and shade TREES . . . literally hundreds of ideas right here in the most asked-for garden catalog in the world! It's yours FREE. Mail your postage-paid card today — or use the coupon to the right.

Jackson & Perkins Co.
World's Largest Rose Growers and Nurserymen
88-A Rose Lane, Medford, Oregon 97501.
Maybe smell is a signal exchanged between human beings
just like visual and auditory ones

Hidden power of scent continued from page 16

Windsor is dead.

Pity.

The laughter's gone. No more candlelight balls. No more mantles or hearths to take the chill from the night.

Again we have lost the visible landmarks, Windsor has been completely destroyed.

Along with 7,000 other significant American landmarks, Windsor has been completely destroyed.

Some to make room for roads and stores and used car lots and office buildings. Others out of sheer neglect.

You can help stop this senseless destruction by joining The National Trust for Historic Preservation. Write for a membership folder.

James Battle, President
The National Trust for Historic Preservation
740 Jackson Place, N.W.
Washington, D.C. 20006

NEW THIS MONTH IN THE STORES

For presents he'll love this Christmas—first off is a new plug-in shaving cream heater that fits right over the top of any standard brand or size of aerosol can. "Hot Shave Capsule" is cordless, has its own travel pouch, too. $14.99. By Clair-\-

Some presents come in such attractive, useful containers that they are as important as their contents—"Moon Drops" has some old-fashioned English tea and biscuit tins in a classic tapestry design of Ming jade, yellow, white, and sharp orange. "Moon Drops Milkbath" comes in a 12-ounce, octagonal pagoda-shaped tin you can fill with cotton balls or cookies. $12.50 by Revlon . . . Beautiful porcelains with floral designs hold soaps, powders, perfumed candles. A porcelain tabby with a convenient plastic carrying case, $1.75 a cake. Some presents add so much to the ease of a daily beauty routine: Try hairbrushes—choose from three natural boar's-bristle brushes, each backed in handsome amber colored acrylic. These are $9.95 each. There are smaller, larger, half-curved, or flat-backed brushes for thin, thick, wavy, or straight hair—each specially designed for a specific hair type to keep scalps healthy. From $6.50 to $14. all by Ogilvie. More brushes—this time a set of five make-up brushes each in a handsome bamboo stick handle. The set includes a loose-powder brush, lip-liner brush, eyeliner brush, eyelid-crease brush for powder shadows and an eyeshadow brush especially for water-based shadows. They come in a convenient plastic carrying case, too. $10. By Madeleine Mono at Henri Bendel. A new set of perfume sticks in easy, compact lip-stick cases might be just right for younger girls on your shopping list—six easy-to-stroke-on fragrances like Sandalwood, Sweet Jasmine, or Orange Blossom to name three. They're only $1 each by Tussy. Break up a six-pack of crystal flacons filled with "Bal à Versailles" perfumed bath oil by Jean Desprez. Each vial holds slightly more than a third of an ounce, six for $50. Generous cakes of bath soap from Neutrogena . . . they're a whopping 5½ ounces each and called "Imperial," in a box of four. There's a clever plastic insert in the bottom of each cake to help prevent these rather large bars from slipping out of your hand or soap receptacle. $1.75 a cake.

Some presents are in the world of the spirit. The set includes a loose-powder or eye-shadow brush especially for water-based shadows. They come in a convenient plastic carrying case, too. $10. By Madeleine Mono at Henri Bendel. A new set of perfume sticks in easy, compact lip-stick cases might be just right for younger girls on your shopping list—six easy-to-stroke-on fragrances like Sandalwood, Sweet Jasmine, or Orange Blossom to name three. They're only $1 each by Tussy. Break up a six-pack of crystal flacons filled with "Bal à Versailles" perfumed bath oil by Jean Desprez. Each vial holds slightly more than a third of an ounce, six for $50. Generous cakes of bath soap from Neutrogena . . . they're a whopping 5½ ounces each and called "Imperial," in a box of four. There's a clever plastic insert in the bottom of each cake to help prevent these rather large bars from slipping out of your hand or soap receptacle. $1.75 a cake.

Some presents come in such attractive, useful containers that they are as important as their contents—"Moon Drops" has some old-fashioned English tea and biscuit tins in a classic tapestry design of Ming jade, yellow, white, and sharp orange. "Moon Drops Milkbath" comes in a 12-ounce, octagonal pagoda-shaped tin you can fill with cotton balls or cookies. $12.50 by Revlon . . . Beautiful porcelains with floral designs hold soaps, powders, perfumed candles. A porcelain tabby with a convenient plastic carrying case, $1.75 a cake. Some presents add so much to the ease of a daily beauty routine: Try hairbrushes—choose from three natural boar's-bristle brushes, each backed in handsome amber colored acrylic. These are $9.95 each. There are smaller, larger, half-curved, or flat-backed brushes for thin, thick, wavy, or straight hair—each specially designed for a specific hair type to keep scalps healthy. From $6.50 to $14. all by Ogilvie. More brushes—this time a set of five make-up brushes each in a handsome bamboo stick handle. The set includes a loose-powder brush, lip-liner brush, eyeliner brush, eyelid-crease brush for powder shadows and an eyeshadow brush especially for water-based shadows. They come in a convenient plastic carrying case, too. $10. By Madeleine Mono at Henri Bendel. A new set of perfume sticks in easy, compact lip-stick cases might be just right for younger girls on your shopping list—six easy-to-stroke-on fragrances like Sandalwood, Sweet Jasmine, or Orange Blossom to name three. They're only $1 each by Tussy. Break up a six-pack of crystal flacons filled with "Bal à Versailles" perfumed bath oil by Jean Desprez. Each vial holds slightly more than a third of an ounce, six for $50. Generous cakes of bath soap from Neutrogena . . . they're a whopping 5½ ounces each and called "Imperial," in a box of four. There's a clever plastic insert in the bottom of each cake to help prevent these rather large bars from slipping out of your hand or soap receptacle. $1.75 a cake.

Some presents come in such attractive, useful containers that they are as important as their contents—"Moon Drops" has some old-fashioned English tea and biscuit tins in a classic tapestry design of Ming jade, yellow, white, and sharp orange. "Moon Drops Milkbath" comes in a 12-ounce, octagonal pagoda-shaped tin you can fill with cotton balls or cookies. $12.50 by Revlon . . . Beautiful porcelains with floral designs hold soaps, powders, perfumed candles. A porcelain tabby with a convenient plastic carrying case, $1.75 a cake. Some presents add so much to the ease of a daily beauty routine: Try hairbrushes—choose from three natural boar's-bristle brushes, each backed in handsome amber colored acrylic. These are $9.95 each. There are smaller, larger, half-curved, or flat-backed brushes for thin, thick, wavy, or straight hair—each specially designed for a specific hair type to keep scalps healthy. From $6.50 to $14. all by Ogilvie. More brushes—this time a set of five make-up brushes each in a handsome bamboo stick handle. The set includes a loose-powder brush, lip-liner brush, eyeliner brush, eyelid-crease brush for powder shadows and an eyeshadow brush especially for water-based shadows. They come in a convenient plastic carrying case, too. $10. By Madeleine Mono at Henri Bendel. A new set of perfume sticks in easy, compact lip-stick cases might be just right for younger girls on your shopping list—six easy-to-stroke-on fragrances like Sandalwood, Sweet Jasmine, or Orange Blossom to name three. They're only $1 each by Tussy. Break up a six-pack of crystal flacons filled with "Bal à Versailles" perfumed bath oil by Jean Desprez. Each vial holds slightly more than a third of an ounce, six for $50. Generous cakes of bath soap from Neutrogena . . . they're a whopping 5½ ounces each and called "Imperial," in a box of four. There's a clever plastic insert in the bottom of each cake to help prevent these rather large bars from slipping out of your hand or soap receptacle. $1.75 a cake.
From Europe. All those deliciously tempting tastes you’ve acquired a taste for. Four European liqueurs brought to you by Leroux exactly as you remember them.

Remember Amaretto? From Torino in Italy—where people sit in cafes and ogle each other. Amaretto di Torino with a mysterious hint of almonds and apricots. With coffee or in coffee or any time.

And Cognac with Orange. It tempted you in France. With coffee, or dessert, and on Duck a l’Orange. Now sip it at home.

And the taste of those succulent wild Danube strawberries, Fraise de Bois. We brought it back for you.

And the joy of Denmark’s Tivoli Garden. It’s all summed up in Cherry Karise. One of the happiest experiences a flavor connoisseur could ever have.

For a free copy of the Leroux cocktail and cooking recipe folder, write to:
Leroux Recipe Offer, P.O. Box 956, Madison Square Station, New York, N.Y. 10010.

Leroux Imported Liqueurs: Amaretto di Torino 56 proof, Cognac with Orange 80 proof, Fraise de Bois 54 proof, Cherry Karise 49 proof.

In George Washington’s hometown, a holiday gala with parading kilted bagpipers, flowing bowls, feasting, and a house tour

Looking to the 1976 bicentennial celebration
A great American idea

The first weekend in December the entire city of Alexandria, Va., has a fling with a glorious celebration called “The Scottish Christmas Walk.” Tartan-clad pipers twirl through the streets of Old Town, 18th-century houses sparkle with the glow of Christmas cheer, a Scottish Advent Service is held at the Presbyterian Meeting House, roaring fires and hot spiced punch warm visitors at the open house at the Alexandria Community Y, and there is magic for every age—whether buying a big brown bag filled with boxwood branches for $2 (enough to make two wreaths at home), or watching patchwork puppets open wide the eyes of the young. It’s getting your Christmas stocking early, and in Alexandria, they’re Argyle.

Alexandria was not named for Egypt, but rather for a canny Scot, John Alexander, who bought the land in 1670 for 600 pounds of tobacco. A city that was founded and flavored by the Scots, and also influenced by a great American with ideas—George Washington.

As a boy of seventeen our future first president helped survey the boundaries of Alexandria, and always considered it his hometown. Washington later maintained a townhouse for the convenience of visitors on their way to Mount Vernon, 10 miles away. And it was in Colonial Alexandria that he posted his mail, had his wife’s prescriptions filled, voted, danced the minuet, drilled his first military command, and finally was eulogized at the Presbyterian Meeting House in 1799.

Behind the gaiety lies great communal pride

Ten years ago the Alexandria Community Y, now an independent organization not affiliated with the YWCA, inaugurated the Christmas Walk. It was a different theme every year. Five years ago it became Scottish to honor the founding fathers, and has remained Scottish ever since. The purpose is to raise funds for the organization’s inner-city programs.

These programs include Pulse Point, for training youths for better jobs, the Head Start Day Care Center, the Fifty Plus Club for counseling senior citizens and providing recreation, and the “Matrons’ Matrons” program at the Alexandria City Jail where tutoring, arts and crafts, and library facilities are offered to women prisoners awaiting trial. (The 1500 Y members are also able to take courses from chair caning to quilting to belly dancing—“veils, $3.”)

The Scottish Christmas Walk has more and more visitors every year. It is sponsored this year by the Alexandria Community Y in cooperation with the Saint Andrews’ Society, the City of Alexandria, the British Embassy, and the Alexandria Chamber of Commerce. Mrs. Gerald R. Ford is the Honorary Chairman and the Patrons are Her Majesty’s Ambassador Sir Peter Ramsbotham and Lady Ramsbotham.

Mrs. Philipp and Mrs. Elizabeth-Anne Campagna, Director of the Y, draw up the initial plans for the Walk. The President, Mrs. Arthur P. Siebold, then appoints a Chairman, who in turn appoints heads of committees—the Gala, the Open House at the Y, Christmas Greens, Collector’s Corner, Bake Sale, Heather, Luncheon, Doll Houses, Banners, Children’s Walk, Tour Houses, Advertising and Brochure Distribution. It never stops, and it is well worth it as any visitor to the Walk can readily see.

The drone of the bagpipe, sometimes a joyful jig, sometimes a battle hymn, will be heard early in the morning of Saturday, December 6th. It may just be unwinding from the night before as a Gala (tartan or black tie) will be held Friday to start the festival fling. (For information about tickets for this dancing evening write to the Alexandria Community Y, 602 Cameron St., Alexandria, Va., 22314.) Then at 10 AM Saturday it’s everyone’s parade. The Scottish Christmas Walk has begun.

Banners of the rampant Scottish Lion on fields of yellow, red, or green herald the way and line the route. Designed by Barbara Barr.

Continued on page 34
Does she...or doesn't she?

1963
Sandy Wright
as she appeared in a
Miss Clairol Creme Formula ad.

She still does!

1975
Sandy Wright today.
What better tribute to Miss
Clairol than these pictures that
show the vitality, the beautiful
healthy glow, the soft fresh
color of Sandy Wright's hair
as it looks now. Yes, after more
than twelve years of using
Miss Clairol Creme Formula.
Miss Clairol is the haircoloring
with the professional reputation.
It's the one women prefer
for its natural tones...that stay
beautifully natural week after week.
And no laboratory today has
found a better way to cover gray.
Leaves hair easy to manage
...with a lovely, lively touch!
Try it for haircolor the best
it can be...at any price!

Natural Wear™
Miss Clairol®
Creme Formula

To know you're the best you can be™
If you ask any of the visitors or townspeople if they are Scottish, the ‘ayes’ would have it. On this special day everyone is a Scot.

The Scottish Christmas Walk continued from page 22

retn Caples, they are printed by a volunteer team of silk screeners and made by the Parish Guild of St. Paul’s Church, another community effort for the big day.

From the moment the first kilt twirls a corner the effect is dazzling. The brilliance of various tartans, the blare of marching bagpipes, and fiddles and drums capture the crowds who walk, skip, and run alongside the marchers through the usually staid 18th-century streets of Old Town, the ancient section of Alexandria. And if you ask any of the visitors or townspeople if they are Scottish, the ‘ayes’ would have it. For on this special day everyone is a Scot—by ancestry or inclination. A certain Scottish Fever takes over that is contagious.

The Walk starts at the Scotland House on South Washington St., led by the police color guard and escort. Next come the Saint Andrew’s Pipes and Drums, five Scottish chieftains, who are the presidents of American branches of Scottish clans. Saint Andrew’s president John Urquhart, and the Saint Andrew’s Society members. Alexandria Community Y members join in the walking while Mayor and Mrs. Charles E. Beatty and Lady Ramsbotham fall in a classic car.

Alexandria’s Pipe Band, the Annapolis Pipe and Drum Band and the Denny and Dunipace Band from Rockland, Md., stir the emotions with Scottish airs, while a calliope and a 35 bell carillon on wheels provide other melodies. New this year is the Seventy-First Regiment of Fraser’s Highlanders from Annapolis, Md., originally a volunteer Scottish group recruited to fight for King George III in the Revolution.

Colonial patriots are represented as well by the Mount Vernon Guards, a fife and drum contingent dressed in Colonial uniforms, and the First Virginia Regiment of the Continental Line, an official Bicentennial regiment.

The route of the Scottish Christmas Walk goes up Washington St. to Cameron, right on Cameron past the Alexandria Community Y down Cameron to Fairfax, right on Fairfax to King all the way to Market Square. There is a brief ceremony here followed by a program of pipes and drums.

Around 11 AM the Saint Andrew’s Pipes and Drums in Glenegar caps and Ancient MacGregor caps go the long way to the Presbyterian Meeting House, 32 South Fairfax, for a Scottish Advent Service, while the Mount Vernon Guards and the American Eagle Girls’ Fife and Drum Corps lead the children to Christ Church, Cameroon and Cosomnys Sts., for a program of games, contests and the Patchwork Puppets.

A holiday luncheon will be served, for $6.50, in the new Old Town Holiday Inn, 400 block of King St. In addition there is a myriad of small delectable restaurants in Old Town.

The doors are open wide all day at the Alexandria Community Y (once the home of Frances Parkinson Keyes) with complimentary spiced punch served before a blazing hearth. A Collector’s Corner offers books, gifts, cards, wrapping paper, and ribbon while a Bake Sale will have cookies, pies, breads, and cakes donated by 12 local churches. In the courtyard rhododendron, magnolia, English boxwood, and heather are sold, plus bags of bargain greens, all given by members and friends. Four houses will be decorated for Christmas. Admission is $1 each.

Just to wander around the streets of Old Town is to enjoy a gift of architecture. Unique here are the “flounder houses,” with windows only on one side, like eyes on that flat fish. The unusual architecture developed when the first building lots were sold and buyers had to agree to build within two years. This requirement, plus the high English tax on window glass, inspired an ingenious builder, probably a Scot, to build in this style. For example, walk by 711 Prince St., Mrs. George E. Walk-er's residence, which first started as a “flounder” in 1749.

A special package for Christmas Walk visitors, all inclusive for $15, offers at 7 PM on Friday December 5 a candlelight tour of Old Town and a Christmas concert at 8 PM at Christ Church, followed by a sherry reception at the Robert E. Lee House, 607 Oronoco St. The tour continues on Saturday with the four decorated houses, an exhibition of trains and doll houses at Christ Church, as well as the 18th-century and Scottish crafts at St. Paul’s Episcopal Church. The Alexandria Community Y will make hotel reservations. Call 703-549-0111, or write 603 Cameron St., Alexandria, Va., 22314.

There are many ways to make a Bloody Mary. But there’s only one way to make a Bloody Thomas.

A teaspoon of lemon juice. Or was it a tablespoon? A dash of this. Or was it a dash of that? The Bloody Mary. It has as many tastes as it has recipes.

But the Bloody Thomas, Ah, the Bloody Thomas. Easy to make. Zesty to taste. 3 parts of Snap-E-Tom, the Mexican tomato cocktail made with green chiles and other good things. And one part vodka. Ice and stir, of course.

And then that first, cold, spicy sip. And you’ll know why there’s only one way to make a Bloody Thomas and only one way to describe it’s taste. Delicious.

Bloody Thomas. The best Bloody Mary you’ll ever taste.
Revolution: Much more than a new pattern.

Revolution: a totally new concept in silver design.
Revolution: elegantly faceted handles of sterling are wedded to superbly crafted stainless bowls, tines and blades.
Revolution: sterling that breaks with the past... in design; in function; in price. $59.75 the four-piece place setting.

REED & BARTON
SILVERMASTERS SINCE 1824 • TAUNTON, MASSACHUSETTS
Haitian thick woven white cotton or "gros bleu" workman denim, sold by the bolt, are wonderful for summer slipcover

Haitian resort continued from page 6

walls. Even with these huge wooden louvers closed against the light, the cross ventilation is magnifi- cient. The beds are large, low, and firm and covered with a bath spread. A little coil of incense keeps the air fragrant and also discourages bugs. Waking at twilight with the noises of the jungle picking up a decible or two, one glories in a place that has a coconut palm that wasn't cut down when the villa was built and now grows out through a hole in the roof at one end of the bedroom. Near the curving trunk of this palm the terra-cotta tile floor moves two steps down to a large bathing place the size of a wading pool. Sitting half submerged in this enormous bath, in a darkening room, one can look through the windows that border the bath down the hillside toward Port au Prince where lights are beginning to go on and stray dogs and a thousand faint radios make a dinner time chorus. From this wonderful self-sufficient compound, one needn't stir even for dinner, which can be ordered from the resort's kitchen at the top of the hill where there's also a marvelous outdoor dining room with a roof supported by columns and lit by huge chandeliers. Besides Habitation LeClerc's own nightlife there are several others that Oliver Coque- lin the resort's director and con- ceiver will know all about. He also knows all good local restaur- ants. One of them is Chez Gerard where if you order what he does you'll have tiny Haitian escar- gots or a coquille of tiny shrimp in a cheese sauce and then the local duck.

With a good night's sleep after a day of sun and swimming, one's curiosity rises back up to 100 per- cent. What about this country, the oldest black republic anywhere? Assembling the essentials of Haitian history makes one's stay more conscious. For instance, it was Columbus in 1492 who originally discovered the island of Hispaniola, which Haiti shares with Santo Do. In 1791 came the first slave revolt led by a black general in the French army. Though it was only vaguely successful, later up- risings left the western side of the island in African hands. All this in an era when Haiti was one of the most successful of the French colonies. Napoleon's sister mar- ried a General LeClerc and came to live there and their house, what's left of it, is the architectural shell Habitation Leclerc is based on. In 1804 a country doctor called Francois Duvialier was elected president and in 1964 he was made president for life, which was until 1971. His son Jean Claude is now president for life. Today the official language is French but the vernacular as well as the cooking is creole. The public religion is Catholic and the folk one is voo- doo but the part visitors are per- mitted to see, usually dancing, has become a kind of folk theatre. The many Protestant missions are a wonderful source of crafts—embroidery, wood carving, basket weaving.

A taxi and driver cost $20 a day so there's no need to rent a car. With this rather happy-go-lucky arrangement, I spent a day run- ning down handicraft leads and in the process visiting a mountain village that seemed almost Alpine except for all the jungle vegeta- tion. In the early morning I went to the Iron Market in Port au Prince, which looks like a huge 19thC railway station. The mira- cle of the place is the look of a hundred different things stacked up to the point of falling over—fruits, baskets, colanders, strain- ers, hats, pots—some in stacks forty high. The same stacking prin- ciple that makes things from Main- land China look so beautiful in the air rather than moving back- ward. Some of it almost surely was discarded and in the near range, some very childlike ideas and a very, very primitive use or per- spective which figures stack up in the air rather than moving back- ward. Some looked like the very realistic school of Amer- ican art, generated by the WPA, which usually had the life of the laborer as a topic. What appealed to me most that day was a tall three-panel screen in full fantasy that looked like something for a child's room or perhaps it was a Haitian Chagall. It cost $300, which was a lot of art for the price. The murals at the Episcopal Cathedrals of the Saint Trinity are something not to miss. They show all the disciples as Haitians and Judas as a white man. The Cathedrals also have a very good gift shop that sells straw purses and embroi- dered pillows. Next-door, a room of Haitian girls are sewing up base- balls by the dozens to send to the states. The end of the day brought my driver and me to Kenscoff where all the mountain people bring their handwork and produce to market on Tuesdays and Fridays. Everywhere the Haitians are wearing denim workshirts with cotton buttons went for $4. There were also  white pique sundresses also em- brodered.

The information about what buy and where can be had at the same best from Habitation LeClerc's interior designer La- Peabody who owns a wonder- ful shop with two rows of flowers on each big skirt page cost $13. A lightweight denim dress, also embroidered was $2. Denim work shirts with cotton buttons went for $4. There were also white pique sundresses also em- brodered.

And that's why so many women use Correctol, the woman's gentle laxa- tive. Correctol's special formula combines a mild laxative with a softening agent. Its gentle overnight action helps you feel like yourself again. Correctol is gentle enough for use even after childbirth and during men- struation.
Now! With a stroke of your fingertips you can add a happy hint of soft warm color to your cheeks... color that stays put wherever your fingers put it! Two velvety-smooth formulas let you choose just the look you want: 

Fingertip Creme Blush for a silky, soft matte finish; 
Fingertip Powder Blush for a little extra gleam and sparkle. 

Both in pink, peach, tawny and cinnamon that blend like magic with your own skin to bring out your freshest face!

new! fresh & lovely fingertip blushers

Fine Make-up Sensibly Priced
THE PETIT-POINT COLLECTION.
BECAUSE THE THINGS YOU WEAR LOOK BETTER
WHEN THE THINGS YOU CARRY LOOK GREAT.

Princess Gardner does something special with leather. Sure, we make accessories roomy enough to hold just about everything. Slim enough not to show it. But the most important thing we make them, is beautiful. Beautiful enough to help your total look, look better.

Above, the "Petit Point" Checkbook Secretary in Blue. Also, Pink and Autumn Russet $18.50. Matching accessories from $4.90.
**HOUSE GIFTS**

- **Light red and white plastic travel alarm clock. $10.95.** By Westclox.
- **Mobile olive ash burl serving cart, pull-out top sections. $320.** Lane.
- **Wipeable vinyl address books by Vuitton. $60.** At Saks Fifth Avenue.
- **3-in-1 lighted traveling makeup mirror. $17.98.** From General Electric.
- **Crystal box with vermeil closing and a hinged frame. $65.** From Cartier.
- **Pine sugar bin with storage drawers top, bottom. $179.** Bennington Pine.
- **Miniature 6-by-8-inch petitpoint Oriental rug. $190.** By Jean Jessop.
- **Mahogany alphabetical file table. $1100.** By Pennsylvania House.
- **Creamer and sugar, “Colonial” porcelain. Lenox. $16.25.** Altman’s.
- **Miniature 6-by-8-inch petitpoint Oriental rug. $190.** By Jean Jessop.
- **Love seat covered in yellow, green, blue floral chintz. $410.** Hammacher.
- **Fruitwood burl standing clock, 72 inches high. $2000.** Herschede Hall.
- **“1776” special blend of whiskeys in a Tiffany decanter. $30.** Seagram.
- **Component cassette deck with front panel controls. $350.** By TEAC.

*For many more great presents turn the page.*

**ALL PRICES APPROXIMATE, FOR STORE ADDRESSES, SEE PAGE 48**

*TETSU OKUHARA, KEITH TRUMBO, TED HARDIN, JAMES MATHEWS*  
**HOUSE & GARDEN, DECEMBER, 1975**
New books for Christmas
for art-lovers, nature-lovers, theatre-lovers, food-lovers, lovers, and people who love to read

Herewith our annual reminder: A book makes a great Christmas present if you choose one dealing with a subject of particular interest to the person you’re giving it to—or, perhaps, one that stands a good chance of getting him/her involved in an entirely new field. Some good bets:

FINE ART FINDS

Art Treasures of the Vatican (Prentice-Hall, $45 until Dec. 31; then $45), a lavish presentation of one of the most magnificent collections in the world... A World from prehistoric times to the mid-architecture, and decorative arts— or, perhaps, one that stands a good chance of getting him/her involved in an entirely new field. Some good bets:

Great Architecture of the World (American Heritage, $30), edited by John Julius Norwich, traces the development of architectural styles throughout the world, from the Egyptian pyramids to the Sydney, Australia opera house... The World Guide to Antiquities (American Heritage, $19.95 until Dec. 31; then $25) by Seymour Kurtz offers the great ancient treasures of the world: arts, artifacts, temples, toms, all superbly selected and illustrated.

Strictly contemporary, Decorative Art and Modern Interiors (Viking, $29.50), edited by Maria Schofield, has houses, shops, even a knockout Hall of Wedding Ceremonies in Nagoya, Japan, and also examples of the latest in furniture, fabrics, decorative accessories, the very best of Nordic design, from antique to sleek, world-famous contemporary pieces.

The Oxford Companion to the Decorative Arts (Oxford Univ. Press, $39.95), edited by Harold Osborne, is a reference work whose purpose is “to provide an introduction to those arts made to serve workmanship and the beauty of their purpose.”

A BOOK FOR A COOK

For the beginner cook, an excellent basic book is The Doubleday Cookbook (Doubleday, $12.95) by Jean Anderson and Elaine Hillyer. Over 4,000 recipes that anyone can buy and use. Recipes are on equipment, cooking terms, marketing and food-freezing tips, menu planning, table setting—just about anything anyone would want to know about buying, preparing, and presenting food.

The accomplished cook who delights in French cuisine will want to add A Paris Cook Book (Harper & Row, $12.95) by F. L. Stagg to her library. Mr. Stagg (for some of his recipes see House & Garden. July 1972), an Englishman who has lived for years in Paris includes dozens of recipes with secrets from his own kitchen adapted to the American kitchen. In A French Chef Cooks at Home (Simon and Schuster, $9.95), Jacques Pepin, former chef de cuisine at the great New York restaurants, teaches the recipes he prepares in his own house.

It’s smaller on the outside than it is on the inside.

Prince Gardner’s Credit Card Billfold. Roomy enough to hold everything a man needs to carry. Without making him look like he’s got bricks in his pocket. In dozens of leathers, finishes and colors. From $5.00.

CHARLIE BROWN

Great Architecture of the World (American Heritage, $30), edited by John Julius Norwich, traces the development of architectural styles throughout the world, from the Egyptian pyramids to the Sydney, Australia opera house... The World Guide to Antiquities (American Heritage, $19.95 until Dec. 31; then $25) by Seymour Kurtz offers the great ancient treasures of the world: arts, artifacts, temples, toms, all superbly selected and illustrated.

Strictly contemporary, Decorative Art and Modern Interiors (Viking, $29.50), edited by Maria Schofield, has houses, shops, even a knockout Hall of Wedding Ceremonies in Nagoya, Japan, and also examples of the latest in furniture, fabrics, decorative accessories, the very best of Nordic design, from antique to sleek, world-famous contemporary pieces.

The Oxford Companion to the Decorative Arts (Oxford Univ. Press, $39.95), edited by Harold Osborne, is a reference work whose purpose is “to provide an introduction to those arts made to serve workmanship and the beauty of their purpose.”

A BOOK FOR A COOK

For the beginner cook, an excellent basic book is The Doubleday Cookbook (Doubleday, $12.95) by Jean Anderson and Elaine Hillyer. Over 4,000 recipes that anyone can buy and use. Recipes are on equipment, cooking terms, marketing and food-freezing tips, menu planning, table setting—just about anything anyone would want to know about buying, preparing, and presenting food.

The accomplished cook who delights in French cuisine will want to add A Paris Cook Book (Harper & Row, $12.95) by F. L. Stagg to her library. Mr. Stagg (for some of his recipes see House & Garden. July 1972), an Englishman who has lived for years in Paris includes dozens of recipes with secrets from his own kitchen adapted to the American kitchen. In A French Chef Cooks at Home (Simon and Schuster, $9.95), Jacques Pepin, former chef de cuisine at the great New York restaurants, teaches the recipes he prepares in his own house.

Television’s famous “French chef,” Julia Child, now gives us In a French Chef Cooks at Home (Knopf, $15), and everyone who has enjoyed her show (where many of these recipes were demonstrated) or used her previous book, knows what to expect: step-by-step, no-nonsense recipes accompanied by brick comments.

In addition to her French recipes, Mrs. Child branches out to other cuisines, including some traditional American dishes.

The Larousse Treasury of Country Cooking (Crowell, $12.95 until Dec. 31; then $14.95) gives 450 recipes from over 60 nations, including such culinary offbeats as Hawaii, black Africa, Malaysia—heartily, nourishing foods easily prepared in the American kitchen, using readily available ingredients. The Larousse Treasury of Country Cooking (Crowell, $12.95 until Dec. 31; then $14.95) gives 450 recipes from over 60 nations, including such culinary offbeats as Hawaii, black Africa, Malaysia—heartily, nourishing foods easily prepared in the American kitchen, using readily available ingredients. The Larousse Treasury of Country Cooking (Crowell, $12.95 until Dec. 31; then $14.95) gives 450 recipes from over 60 nations, including such culinary offbeats as Hawaii, black Africa, Malaysia—heartily, nourishing foods easily prepared in the American kitchen, using readily available ingredients. The Larousse Treasury of Country Cooking (Crowell, $12.95 until Dec. 31; then $14.95) gives 450 recipes from over 60 nations, including such culinary offbeats as Hawaii, black Africa, Malaysia—heartily, nourishing foods easily prepared in the American kitchen, using readily available ingredients.
Bring Home A Holiday House Gift

brings Christmas home

Put your home on your holiday shopping list. You'll find gifts of lasting usefulness that will please the entire family in this special HOUSE GIFT section. Look for gift suggestions from these seven famous brands at leading hardware/housewares stores. Your local member of the National Retail Hardware Association has hundreds of gift ideas to make your Christmas even more exciting. Stop in soon.
Herewith our book makes present // you
with a subject est to the pers
—or, perhaps, good chance (or you) inv
new field. So

FINE
Art Treasure
(Prentice-Hall
then $45), a tt one of the m
ations in the History of A
ster, $29.95
$35) by G
ement of architecture, from prehisto
20th century, illust
lopedia of $22.50 until
Jay Jacobs—
the style and
ors, and art
to the present.
Great art

The Sunbeam Coffeemaster Coffeemaker gives you your kind of coffee every time.

Because Sunbeam's unique brewing system and stainless steel tank deliver full coffee flavor every time.

Unlike other drip coffee makers, Sunbeam has a unique brewing system that heats all the water before brewing to get that rich, coffee taste.

The Sunbeam warming unit keeps the coffee at the right serving temperature, about 185°.

Nothing makes coffee like a drip coffee maker. Nobody makes one like Sunbeam.

An easy-to-clean, stainless steel tank helps keep the coffee pure and clear.

The Sunbeam filter basket works with or without paper filters. A permanent polyester filter guards against coffee sediment.

Makes up to 10 full 5 oz. cups.

The Sunbeam Coffeemaster Coffeemaker
Built with integrity Backed by service
Bring Home A Holiday House Gift

PERSONAL SHOWERS™

You can transform your bath into a whole new world of bathing pleasure . . . in minutes. All it takes is an Alsons Personal Shower™. Bathe as you have never bathed before . . . with complete freedom. Hand-held shower lets you direct refreshing tingling spray to any part of your body or use it as a wall shower to bathe without wetting your hair. There's just no other bathing experience like an Alsons Personal Shower™. And best of all, Alsons offers you the largest selection of Personal Showers™ to choose from . . . for every bath need, decor and design.

New Massage Action™
Personal Shower

Invigorating pulsating sprays stimulate your body . . . your scalp . . . to soothe tired, tensed muscles. Unique spray pattern offers massage effects with superior wetting action. Alsons . . . the best friend a body ever had!

Beautiful Gift Packaged For You . . . for a Friend

If it isn't Alsons . . . it isn't a Personal Shower™. Available wherever finer home products and plumbing goods are sold.

Hillsdale, Michigan 49242 • Covina, California 91723
Herewith our book makes present if you with a subject to the person—or, perhaps, good chance (or you) into new field. So FINE Art Treasure (Prentice-Hall, then $45), a one of the menus in the History of America, $29.95 ($35) by Ginn. opment of architecture, from prehisto 20th century, illustrations $22.50 until Jay Jacobs—the style and tors, and arc to the present. Great art

No. 3031 Gallery Shelf—12" x 5" x 2-1/4"
No. 3052 Mirror with finial hangers—
11-1/2" x 11-3/4" x 3-1/4"
No. 3030 Corner Gallery Shelf—11-1/4" x 12" x 2-1/4"
No. 3023 Corner Shelf with three towel
rings—10" x 10" x 16-3/4"
No. 3020 Towel Bar—18" length
No. 3032 Gallery Shelf—24" x 5" x 2-1/4"
No. 3051 Mirror (inside oval)—8" x 12" x 1-1/4"
No. 3033 Shelf with three towel rings—
20-3/4" x 15-1/2" x 5". Brass rings.
No. 3070 Plantagere—22" x 16" x 10".
Lighted with leakproof plant
container.
No. 3010 Tissue Holder—7" x 7" x 4"
No. 420 Scale—300 lb dial. Accurate.
No. 3021 Towel Bar—24" length.
No. 3040 Towel Ring—2" x 8-1/4" x 8-1/4".
Square shape.
No. 3060 Toothbrush/Tumbler Holder—
4" x 4" x 6"
No. 3022 Gallery Shelf with bar—24" length.
24" x 7" x 6"

Also available but not shown:
No. 3080 Hamper—Family size. 18" x 10"
x 19". Solid oak sides with veneer
front. Cutout hand grips.
No. 3053 Soap Dish—Pedestal style. 5-1/4"x 4" x 3-1/2"
No. 3085 Wastebasket—Solid oak sides with
veneer front and back. Cutout hand
grips. 11" x 7" x 11"
No. 3050 Square Mirror with three towel
rings—11-3/4" x 11-3/4" x 2-3/4"
No. 3090 Hopper Hamper—Solid oak sides
and top with veneer front and back.
18" x 10" x 19"
"Little Mac makes everything from burgers to grilled sandwiches to toasted fruit pies in seconds."

"It's the only one that flips its grid!"

Joe Namath

What a great gift idea! This fabulous, new 60-second burger machine from Hamilton Beach is the only one that flips its grid — round for burgers, square for sandwiches. Any place you use Little Mac® instantly becomes a fast food restaurant that serves everything from burgers, hot dogs, and small steaks, to grilled sandwiches, toasted fruit pies, muffins and bagels...

And here's another sensational gift idea. The Hamilton Beach Crock Watcher® with the automatic shift. It's the only slow cooker that goes from high heat to low totally automatically, so the cook can really be away all day, there's no need for you to return and reset it. After 8 to 12 hours of slow cooking, you've got a complete meal using only 6 to 7 cents worth of electricity.

So give someone you care about Little Mac and The Crock Watcher. And you'll give them more time for the things they care about.

DOMINION BY Hamilton Beach

Hamilton Beach's exclusive Crock Watcher® Automatic Shift.
Herewith our book makes present if you with a subject to the per— or, perhaps good chance (or you) in new field. Sc
FINE
Art Treasure
(Prentice-Hall then $45), a one of the mections in the History of A
ter. $29.50 $35 by Gin,
opment of architecture, from prehist
20th century, illloppedia of
$22.50 until
Jay Jacobs— the style and
ors, and arc
to the press
Great art

Announcing the most advanced chain saw in the world at $109.95.

McCulloch's Mini Mac 25 with Chain Brake.

Now McCulloch's Mini Mac 25 has Chain Brake—the professional safety feature. No other chain saw in the world has Chain Brake at this low price. Some day all saws will have it. Today, only McCulloch offers Chain Brake on every saw in the line. The Mini Mac 25, Years ahead of its time. Still only $109.95 at your McCulloch dealer.

Chain Brake is the professional safety feature that pro loggers pay up to $30 to have added to their saws—because they know how important it is. Stops a moving chain in milli-seconds to reduce the hazards from kick back.

The Mini Mac 25 with Chain Brake zips through a 6-inch log in seconds. Cuts logs up to 20-inches thick. And oils its own bar and chain automatically while you cut. The complete saw weighs less than 9 pounds.
Slow cooked great tasting meals is an idea whose time has come. Again.
As the Boones have discovered, it's really an old-fashioned way to
prepare sensational main dish meals from inexpensive meat and poultry.
And it's all made possible with a new kitchen appliance: the slow
cooker.
West Bend makes four different Slo-Cookers. One of them is
just right for you. No matter which one you choose, you get a separate
cooking element and cooker. That means easy cleanup, because unlike
other slow cookers, the pot is immersible and dishwasher safe.
Three of the West Bend Slo-Cookers have a 5-setting, variable
heat control so your food is slow cooked at exactly the right temper-
For selection, design and cooking and cleaning convenience, you
have to get up pretty early to beat a West Bend Slo-Cooker. They
make great holiday gifts and one will make meal preparation a lot
easier at your house during this busy holiday season.

You have to get up pretty early to beat West Bend... where craftsmen still care.
for art-lo

Herewith our book makes present if you with a subject est to the per—or, perhaps good chance (or you) inv new field. Sc

FINE

Art Treasure
(Prentice-Hall then $45), a one of the mti ons in the History of A ster. $29.95

$35) by Gini
gement of architecture, from prehist(20th century)
illustrations clulopedia of $22.50 until. Jay Jacobs—
the style and tors, and arc to the present.

Great art

GIFTS FOR YOUR SANTA’S WORKSHOP

Skilsaw 7½” Circular Saw. Perfect for home remodeling or cabinetmaking, this powerful saw has a 1¾ HP motor, and can cut 2¼” deep at 90°, and 1¾” at 45°. Comes with blade and blade wrench. Model 574—regular price $39.99. Now $29.99.*

Skil 2-Speed Jig Saw Kit. Good for 1000 jobs around the home, this easy to handle jig saw cuts at speeds of 2800 and 3500 strokes per minute. The foot tilts to 45°, and the kit includes 4 wood and 2 metal cutting blades, plus a rip fence and a circle cutting guide all in a sturdy carrying case. Model 487-2 regular price $36.99. Now $29.99.*

Skil 3/8” Variable-Speed Reversing Drill. One of the basic items in any handyman’s kit is this versatile, variable speed (0 to 1300 r.p.m.) drill. It drives screws and reverses to remove them, and is double insulated for safety. Comes with side handle. Model 457—regular price $41.99. Now $29.99.*

3/8” Skil Xtra-tool. This incredible tool drills in wood, plastic or metal, drives screws and reverses to remove them, hammer drills in concrete, brick or rock, and hammers to chisel, scrape or mortise. Comes with side handle, chuck key and key holder. Model 599—regular price $54.99. Now $39.99.*


*Manufacturer’s suggested retail prices good through December 26, 1975 at participating dealers.
<table>
<thead>
<tr>
<th>State</th>
<th>Retailers</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARKANSAS</td>
<td>Asheville ... Midknight Hardware</td>
</tr>
<tr>
<td>COLORADO</td>
<td>Alamosa ... House Pro Hardware</td>
</tr>
</tbody>
</table>
Every cook wants the best equipment she can get, but doesn't always know what it is or where to get it. Now there's a new book that solves the problem.

New books for Christmas continued from page 30

Over 500 drawings identify species and varieties.

Needlepointers who revealed in Lou Garret's first book now can have More Needlepoint Design (Morrow, A House & Garden Book, $16.95), a collection of 80 stunning needlepoint designs—a jaguar supine on a tree branch; pillows as shells, animals, baskets of fruits; rug designs—which you can transfer yourself to canvas. For "birdmen" on your list: The Pleasure of Birds (Lippincott, $14.95) edited by Les Line—essays about birds and related subjects by the expected—ornithologist Roger Tory Peterson, naturalist Edwin Way Teale—and the unexpected—ex-drama critic Brooks Atkinson, fighter-aerialist—footballer—tympianist—whoknowswhatall George Plimpton. Illustrated with photographs from Audubon magazine.

FOR A GOOD READ

Books for theatre, movie, dance buffs: Musical Stages (Random House, $12.50). Richard Rodgers tells with affection and gentleness about his life, his association with lyricists Lorenz Hart and Oscar Hammerstein, his experiences with famous theatrical personalities, and how all those wonderful melodies people will always be singing came to be written...

Love or Nothing: The Life and Times of Ellen Terry (Scribners, $10) by Tom Prideaux is the biography of the great English actress and perforce also of her famous co-star Sir Henry Irving. Her intriguing correspondence—only friendship with Shaw and her sometimes flamboyant relationships with other well-knowns of her era help spice up the book...

Don't mistake Change Lobsters—and Dance (Macmillan, $8.95) for another cream puff autobiography of a glamour queen. It is Lilli Palmer's unusually well-written, unsparring account of her eventful life. She is particularly moving when telling what it was like to be a Jewish actress in Germany as Hitler came to power and how it felt to return after World War II and relate again to people whose political past was uncertain of. Of course, there are also plenty of anecdotes about the famous—Garbo, Noel Coward, Rex Harrison (her husband), and a particularly touching one about an encounter with F. Keller. The serious student—and everyone who likes witty, literate writing for the theatre—will enjoy Bernard Shaw: Collected Plays with Their Prefaces (Dodd, Mead, 7 volumes, $15 each), which contains all fifty-two plays, their prefaces (many as famous as the play), and pertinent essays and program notes. All seven volumes would make a superpresent...

Balletomanes have Ballet Guide (Dodd, Mead, $15) by Walter Terry, dean of American dance critics. Over 500 ballets, many, particularly the Russian ones, never before included in books, are described with historical background, cast listings, choreographic, musical, and scenic credits. A good glossary of ballet terms helps a neophyte know what a critic is talking about when he mentions, say, an echappe or pas de poisson.

A handful of books, any one of which, should please the most discerning reader: The Nature of Alexander (Pantheon, $15 until Dec. 31; then $17.95). Mary Renault, who has written two highly successful novels about Alexander the Great, here presents all the facts that are known, presumed, or likely ever to be known about this complex superhero. A highly readable book, profusely illustrated with photographs of places where events occurred and drawings and photographs of artifacts and sculptures of people involved in Alexander's dramatic life.

In Freedom at Midnight (Simon and Schuster, $12.50), Larry Collins and Dominique Lapierre have chosen as their point of departure the end of England rule in India. The protagonists, of course, are Gandhi and Mountbatten, but dozens of fascinating characters parade through this spellbinding bit of history.

Leakey's Luck (Harcourt Brace Jovanovich, $14.95), by Sonia Cole, a biography of that extraordinary man—Lous Seymour Bazzet Leakey—whose archaeological discoveries in Africa radically revised our whole conception of the age of man. He was a peppy, difficult, opinionated, stubborn, brilliant, lovable man—a true "oner" and his life, amazing adventures, and discoveries make a delightful story.

If you take Power! How to Get It, How to Use It (Random House, $5.95) by Michael Korda with the largest of some possibilities, it is great fun; if you want to use it as a primer—watch out! Here are all the natty little ploys and techniques you can use to push your way up the corporate ladder and to dominate your underlings once you've grasped the power. There are even ways to arrange your furniture to indicate your power—and where to stand for the most effect during an office party! It's all intriguing, at times hilarious, and in the final analysis just a little scary—there's always the chance that Korda may be right!

For culture watchers, an indispenensible "document": The Philosophy of Andy Warhol (from A to B & Back Again) (Harcourt Brace Jovanovich, $7.95). A further chapter in the invention of Andy Warhol by Andy Warhol. Some real gems of observation in a lot of blue clay.

The virtues of a birchbark canoe in an aluminum age. How to build a bark canoe, exactly described and illustrated. The young man, not an Indian, who has revived this Indian craft to perfection—the fascinating ingredients of John McKee's The Survival of the Bark Canoe (Farrar, Straus and Giroux, $7.95).

Autobiographical reflections rather than a conventional autobiography, Loren Eiseley's new book, All the Strange Hours (Scribners, $9.95) is just what its subtitle says, "The Excavation of a Life." In some chapters the adventures are Dr. Eiseley's; in others he is a reflective observer and in all, an eloquent percever and celebrator of nature's "beauty, terror, and uncertainty."
The set price saves you money now. The guarantee saves you money later.

Save 20% when you purchase Temper-ware by the set, rather than buying the pieces individually.

Temper-ware super-ceramic dinnerware is so durable, Lenox guarantees it against breaking, chipping, cracking and crazing for 2 years of normal home use.

It's so versatile, you can bake, broil, freeze and serve in it and run it through the dishwasher.

Save on a 16-piece starter set for 4 or a 45-piece service for 8 in Temper-ware, the informal dinnerware that combines beauty with strength.

Patterns shown: "Sprite" with "Espresso Brown" Crystal by Lenox. For free Temper-ware pattern brochure, write Lenox, Trenton, N.J. 08625

Set savings are based on a comparison with Lenox fair trade and/or suggested retail prices for individual pieces.

DECEMBER, 1975
The Integrity of the Traditional. In the American tradition of superior craftsmanship, our Traditional collection of chairs and sofas reflects clean, simple lines with the unmistakable look of tasteful elegance. An exceptional choice for your more formal rooms.

For a colorful brochure showing selections from The Exciting Americans, send 50¢ to Maxwell Royal.

Practical presents

you can order by mail

A pen that writes even upside down, at any angle, on glossy paper or photographs, at temperatures from 50 degrees below to 400 degrees above, even under water. Used on Apollo flights, it's checkered with metal. "The Space Pen." 

Cocktail coasters with past—In some Parisian cafes, one knew the bill for a drink from the kind of coaster it came on. Reproductions of four, white ceramic bordered in different primary colors, $6.85 gift-wrapped from Propinquity.

A clever telephone call amplifier that, laid next to the phone receiver, is said to make it possible for anyone in the room to hear or be heard by the person at the other end of the line. You have your hands free. And the whole family can listen in on calls. Four inches tall, battery included. #NB259. $10 (for 12) from Hammacher Schlemmer.

The snappiest way to dry the dishes, "Blue Willow" Irish linen towels in many shades of blue crisped with white. A pair is #6509C, $7.45 (add 35¢ for gift box). By Wilton Armetale. From Woodward & Lothrop. From Rich's.

Let's Dress Up

THE EXCITING AMERICANS

Maxwell Royal Chair Company
P.O. Box 579 Hickory, North Carolina 28601

THE ORIGINAL LITTLES meet The Little Littles from The Schmid Collection of Hudson Pewter™

First, Schmid captured all the timeless appeal of childhood with the Original Littles and now Schmid brings you this new half-sized edition of these charming original sculptures. Though both of these enchanting creations by talented sculptress Walli Ortman share a common theme, the artist's treatment is preciously different. Dress Up measures 4" high and is graced with copper-hued accents; Mommy's Clothes is 2" tall and adorned with terra-cotta piping and seven pockets. It's $12 and $12.95, both, the museum shop at The Metropolitan Museum of Art. Add $1.25 shipping per order.

FOR PARTIES AND PARTY PEOPLE

Breakfast sparkle à la Baccarat—a jewel of a covered crystal jam jar. A handsome open-the-apron-on-of-natural-duck-cloth is patterned in black with medieval woodcut designs of large-as-life cooking utensils. With terracotta piping and seven pockets, it's $12 and $12.95. Field Museum shop at The Metropolitan Museum of Art. Add $1.25 shipping per order.


FROSTY GLASSES take their contemporary pattern from craggy icebergs. 8-ounce Old Fashioned, 9-ounce highball, $6 each. 2-ounce jigger, $4.50. Open ice bucket, 5½ inches excluding handle, $19. "Feuerland" by Charlottenhütte. Imported by Hummeliwer. At Haus Edelweiss. Add $2 per order for shipping.

Be merry, Bicentennial style—As part of its "America the Beautiful" theme, Joske's has designed a contemporary eagle and embossed it on the rim of an Armature metal service plate, etched it on glassware. The broad-rimmed service plate in the pewter-like alloy is $15 plus postage (2 lbs.). By Wilton Armature, 10-ounce double Old Fashioned and 15-ounce highball are $2 each plus postage (1 lb.) and a contemporary glass beer stein in a wooden box, $10 plus postage (1½ lbs.). At Joske's.

A pretty way to keep the soup course piping hot—covered soup bowls and plates in a contemporary shell pattern. By Fitz and Floyd. Bowl and plate together are $15.85 from Rich's.

Clipper ships for dessert: A reproduction of a Chinese export porcelain piece, the "Ship Plate" is a shallow white bowl with a green sea and, at the slightly crimped edge, a painted ribbon of royal blue and gold stars. 5½ inches in diameter, $18.50 (2F7) from the museum shop at The Metropolitan Museum of Art. Add $1.25 shipping per order.

Toast to '76 with a pewter punch cup—The "Jefferson Cup" a very simple undecorated shape (it has no handle) that looks very contemporary, would be equally suited for other libations. It's $6 plus postage (1 lb.). For highballs or sauces, a traditional pewter porringer with a filigree handle is $22.50 plus postage (2 lbs.). Both by Kirk. From Woodward & Lothrop.

CHEER FOR THE HOSTS AND THE HOUSE

Heavenly, heavenly potpourri! Made by a new secret process that helps hold the petals' colors as well as their fragrance. Three totally natural fragrances—Jungle Paradise, Woodland Rose, and Bicentennial (a mixture of cloves, cinnamon and spices) — in charming containers. Some selections: round containers. Some selections: round 4-inch open basket in two sizes—4 inches... Continued on page 44.

Prices approximate, postpaid unless otherwise noted. Store addresses, page 48.

For Christmas delivery, order by December 1.
Give the Potion of Love.

Amaretto di Saronno.

Italy's rare liqueur of love in this beautiful new veloured gift box.

Historians tell us that in 1525 a young widow created the original Amaretto di Saronno and gave it as a gift of love to Bernardino Luini, the artist who immortalized her in a famous fresco in Saronno, Italy. Her name is lost to history but what remains is the original Amaretto di Saronno with its intriguing taste and provocative bouquet.

We've even left a rose alongside our name as a reminder of how it all began 450 years ago.

Try Amaretto di Saronno tonight. In this very seasonal way.

The Bowl of Love
Stir ½ bottle of Amaretto di Saronno with each quart (non-alcoholic) egg nog in a punchbowl. Add ice cubes. Sprinkle crushed Amaretti cookies or nutmeg over the top.

Discover the many other ways to use Italy's rare liqueur of love. Write for our free drink recipe booklet and food recipe booklet, "Gourmet Secrets." Address: Foreign Vintages, Inc., 98 Cutter Mill Road, Great Neck, New York 11021, Dept. 002.

Amaretto di Saronno.
The Original Amaretto. From the Village of Love.

Try presents that are time-savers, money-savers, space-savers, such as a telephone amplifier, a dehumidifying breadbox, or a fold-up picnic table.

Practical presents continued from page 42

in diameter. $9; 4½ inches in diameter, $11. Oval open basket 6 inches long. $16. Urn-shaped lidded basket 4½ inches high, also $16. Split bamboo cylinders in three sizes—4½ inches high, $19; 9 inches high, $41.50; 11 inches high, $61.50. Round moss-covered basket 8 inches wide is $41.50.

Shipping and gift-wrapping included. By Ronaldo Maia. From Bergdorf Goodman, New York (1st or 4th floor) or White Plains.

A "natural" wreath with a good cause — The "Delia Robbia" wreath is natural spruce covered with pine cones, lotus and liquidambar pods, cypress, jacaranda, screw beans, eucalyptus, nut shells, winesap apples, and such, most in their natural colors. Each is one-of-a-kind. Large 30-inch wreath is $20.95; small, 20 inches, $12.95. Shipping anywhere in U.S. including Alaska and Hawaii, included. Proceeds cover a third of the cost of Boys Republic, a home and school founded in 1907 for disadvantaged boys, who help gather materials for the wreaths. From Boys Republic, Chino, Cal. 91710.

The snappiest turtle makes flower-arranging a snap — his contemporary, chrome-rimmed shell has a transparent "honeycomb" dome that keeps short-stemmed flowers perfectly placed. 8 inches long. $22.05 from Sakowitz.

For a warm while Christmas, a dreamy white cashmere throw 6 feet long! With thicker white yarn crisscrossing it throughout, knotted fringe at either end. 54 inches wide. $117.05 from Sakowitz.

A booklet to forecast the weather by — used as an adjunct to your barometer, "The Sager Weathercaster" helps you predict weather.

Try today's Eve. Flowers on the outside. Flavor on the inside.

Donald Dawkins rejects pulleys 1/1000th-inch out of round. After all, who wants a grandfather clock that gains two minutes every month? Dawkins, master machinist, supervises the production of every one of the 166 metal parts made on this machine for a Herschede grandfather clock. He knows the peculiar ways of machining brass and steel, as a chef knows the limits of butter and flour.

In an age of mass-produced mediocrity, Dawkins is something of a rarity. He insists upon, and gets, perfection from the machinists who tend lathes under his demanding eye. The two words he hates most are "good enough." Clockmaking is no profession for the slovenly.

Herschede is the only American clockmaker manufacturing movements for grandfather clocks. Others import cheap movements from abroad. We trust Don Dawkins because we know how meticulous his standards are.

You can see all of the meticulously crafted Herschede clocks, from $4400 on down, by sending 50 cents for a color catalog to the Herschede Hall Clock Company, Starkville, Mississippi 39759, a division of Arnold Industries.
Practical presents continued from page 44

Cristal d'Arques has perfected the art of giving.

There could scarcely be a more flattering gift than genuine lead crystal. Elegant. Prestigious. Recognizing the good taste of the receiver. Let people know how highly you think of them, with a gift from Cristal d'Arques. Full lead content (24%). Clarity. Brilliance. And the impressive weight that signals quality. Shown: Ancenis vase, Lude ashtray, Cheverny On-the-Rocks. Just three beautiful examples of the Cristal d'Arques giftware collection, a wide selection of elegantly packaged gifts from $3. All designed and crafted in France to be enjoyed every day. Why not gift yourself as well.

Cristal d'Arques

by J.G. DURAND

International

Catalogue upon request. Write to:
Cristal d'Arques
286 Broadway, New York 7, N.Y.

In all better gift and department stores.

Slightly higher in West.
The not-so-accessible Beaulieu and how to find it.

There's a kind of community of Beaulieu-lovers who speak for us. Thus, there are always more people who want Beaulieu than there are bottles of our wine. Won't you bear with us? As a matter of fact, this year we're fortunate enough to have a bit more to go around so there's a greater likelihood that Beaulieu is at your wine merchant. Of course, when you're dining out chances are you'll find us on the wine list at superlative restaurants.

Do remember that our beautiful Napa Valley vineyards are small, our grapes are pedigreed, and our Estate and Vintage-bottled wines are perhaps the most fastidious in the land. If it weren't so we'd surely be more accessible.
Each toy comes with a little bit of magic that says "hug me, love me, come dream with me. I'm a Steiff." Hand made. For nearly a hundred years.
Now you can even decorate your bathtub!

**NEW SOFTEE TUBSIDE® PLUSHCOVERS**

The first new bathroom accessory in 20 years! Dorothy Dean colorful Softee® Tubside® Plush Covers give your bathtub an instant look of luxury. They're made of soft-textured, pile of 100% Acrilan® acrylic. Fit any standard size bathtub. Apply quickly and smoothly—the self-adhesive backing peels away easily from 60" X 18" Plush Cover. They're just as easy to peel off and adjust. And they come in 8 rich decorator colors that match other Dorothy Dean accessories; or in tufted pile, 6 colors. Rich luxurious fabrics from Borg® Textiles. Fully patented Softee® Tubside® Plush Covers are Wear-Dated® by Monsanto. Available at leading department stores.

Monsanto warrants that this home furnishings product will be replaced or your money refunded if it fails to give normal wear for one full year. Return it with this tag and sales slip to: Monsanto, Box 466, New York, N.Y. 10001.

DOROTHY DEAN

Dorothy Dean is a Division of Jack Winter, Inc.

CEMBER, 1975
Polly...Sculptures in Gorham Pewter


Prices subject to change without notice.

Little Girl
With Umbrella

Little Boy
On Sled

GORHAM DIVISION OF TEXTRON, PROVIDENCE, R.I.

Antiques

By Louise Ade Boger

Is this table American or European? Does it have any particular style name? And when was it made? H.C.D.—Laceyville, Pa.

Your notably fine example of an American Empire style pier table was made in New York City about 1825-1830. The stenciled decoration that appears on the frieze has been applied under the mahogany finish, which protects the decoration from wear.

Little Girl
With Umbrella

Little Boy
On Sled

GORHAM DIVISION OF TEXTRON, PROVIDENCE, R.I.

Pottery Mark

From this mark, can you identify my platter? Why does it say "opaque"? A.K.—Mullin, Tex.

The mark on your platter was used at Sarreguemines (French spelling) or Saargemünd (German), a principal town on the Saar River in Alsace-Lorraine, where, because of the fine quality clays of the Saar Basin, a considerable manufacture of pottery and porcelain has been carried on since the end of the 18th century. "Opaque" indicates your dishes are pottery; porcelain is translucent.

Seth Thomas Clock


It is a premium model made by Seth Thomas just for the L.B. Price Co. These clocks were not ordinarily shown in the Thomas catalogue, as each special order was apparently modified to differ from the normal models. Yours is a take-off on the college series of clocks (Yale, Harvard, etc.) and I presume was made about 1905-1910.
ICTORIAN CANDLESTICK
here were my candlesticks de? What is their style?
Hodd & Sons, English silver manufacturers, made your plated candlesticks, perhaps about 1870s. In England, after 1765, the styles of silver candlesticks followed the Neoclassical designs of architect Robert Adam. Your type of candlestick with a columnar shaft and Corinthian style capital was much coveted in the late 18th century.

ROYAL WORCESTER PLATE
From the mark, can you tell who made my plate?
C.L.G.—
Braintrce, Mass.
Your plate was made by Royal Worcester, England, in 1879. The asymmetrical floral design in overglaze enamels reveals a subtle rhythm and richness reminiscent of Japanese Nabeshima.

REVIVED ROCOCO CHAIR
I would like to know where my armchair was made, about how old it is, and anything you can tell me about its style.
B.B.S.—Chicago, Ill.
Your parlor armchair of the balloon-back type is in the Revived Rococo or Victorian Louis XV style. The chair was made in the United States about the middle of the 19th century. A well-proportioned frame combined with a discreet use of carved ornament gives your chair an agreeable character.

STAFFORDSHIRE CHOCOLATE POT
This chocolate pot is part of the loan exhibit "Not Dutch but Behave as Such" featuring Gaudy Dutch at the annual Delaware Antiques Show, sponsored by the Junior Board of the Delaware Division, Wilmington Medical Center. The show is held December 4-6 at the Wilmington Center, Pennsylvania Avenue, Wilmington, Del.

Henredon—a gift for every season.

When you think of giving something very special, think of Henredon. Perhaps an elegant accent that will enhance your home—season after season, year after year. Like this unique baker's rack of wrought iron with brass trim from the Folio Ten collection of classics—ideal for plants and display—content in a country kitchen, an 18th century living room, or a contemporary bedroom. See a world of special things for you and your home by sending $1.00 for the Folio Ten brochure to Henredon, Dept. G-125, Morganton, N.C. 28655.
THE SHOWER MESSAGE
showers since hot water. Delivers 800 massage only. It's really a whole new showering experience. Once you try it, to 900 pulsating jets per minute. Adjusts to give you a conventional spray, combination spray and massage, or you'll never want to take an ordinary shower again.

Sentry store. Its owner is an independent merchant who'll be happy to help you select tools and materials to "do-it-yourself" faster and easier. One of 4,500 Sentry Stores in the U.S. he offers top quality at competitive prices. He's listed under "Hardware" in your classified phone directory.

All wood spiral stair
Factory-manufactured to your requirements, the "Futura" is a pre-built staircase; it is trucked already assembled, ready for installation. The spiral form, a great saver of floor space, has steps and balusters of 1 1/2-inch red oak (square or turned) around a 4-inch-round oak center post with a steel core. Minimum diameter for stair is 4 feet; exact height from finished floor of one level to finished floor of the next must be provided in ordering the stair. Laminated 1 1/2-by-2 1/4-inch oak handrail requires hole 3 inches wider than stair for clearance. Taney Supply & Lumber Corp., Taneytown, Md. 21787.

Safety valve for baths
If you have a conventional, single-handle bath or shower valve, you can now get a new balanced pressure valve for single-handle bath or shower faucets. Because the Sentinel Mark II valve must be turned off in the Cold position, and the water temperature is dialed so that the control handle will not turn to the highest temperature. A lever to control water volume is available for the faceplate and the valve automatically reduces water flow to a minimum when water is shut off, saving both water and fuel. Shower valve comes in 32 styles, 50 E. Spruce St., Perkasie, Pa. 18944.

Window greenhouse
Ready-made, in one piece, the "Flora-Gro" window garden is a rectangular unit 17 inches high, 24 wide, 16 deep. Designed to fit all double-hung windows, it is made from a sheet of 3/16-inch-thick bronze-tinted acrylic plastic. The transparent acrylic permits unimpeded display of household plants and fosters growth by screening out burning sun rays. Lightweight (5 pounds), it is durable, with resistance to weathering from rain, sun, dust, and pollution. Seamless and jointless, it won't leak, but water drainage is provided at the unit's base. The greenhouse must be protected from fire. However, it is combustible. Priced in $34.95 to $39.95. Perks Industries, 50 E. Spruce St., Perkasie, Pa. 18944.

Vinyl-faced and water-resistant gypsum board
New improvements in gypsum wallboard include vinyl-faced tone panels in various textures and patterns of woodgrain, tongue and groove, and textural patterns in white, black, and tertiary colors. Factory laminated fire-resistant gypsum panels are also available, water-resistant gypsum Sheetrock panels serve as base for ceramic tile in kitchens, bathrooms, or laundry. U.S. Gypsum Co., 101 S. Wacker Dr., Chicago, Ill. 60606.

Burglar baffle lock
A new lock cylinder by Emhart assures security for entrance doors and frustrates attempts to pick or pry open the lock. The new cylinder design interlocks the pin tumblers (which have chisel points) into one unit. The tumblers must be raised to an exact height, turned to a precise angle by a special key, which is provided with angular cuts instead of the customary notches. The new lock key will open Emhart's standard Ruswin and Corbin lock cylinders, but standard keys will not open the new cylinder. Therefore, the high security lock can be installed in risky areas and the standard lock in safe locations with only one key necessary. Coded keys are made to order. Cylinder, $22 retail; $3 and up for lock sets. Hardware Div., Emhart Corp., 225 Episcopal Road, Berlin, Conn. 06037.
If you got crunched at the party with your soft pack, try our new hard pack. Benson & Hedges 100's.
Bakir...the dignified fragrance with animal instincts.

Frankly, Bakir™ is a seductive fragrance. Bakir has instincts that are clearly animal.
Sensuously animal.
Bakir beguiles. Bakir arouses the libido. Bakir encourages the ego.
Bakir says things that are almost impossible to say. And it says them easily... and candidly.
If this were the sum and substance of Bakir, it would still be a truly remarkable advance in the perfumer's art.
But, Bakir is more than a provocateur.

Bakir is respectable. Polite enough for a lady to wear in the most polite society.
Bakir has dignity. Bakir is correct...cordial...chaste.
Bakir is thoroughly feminine.
Bakir is even demure and shy.
To meet this intriguing new split personality... stop by the Germaine Monteil® counter of your favorite department or specialty store. While you're there, sign The Beauty Register®...our exclusive free sampling program.
Sign up when you drop in... for the best of both worlds in... Bakir.

Germaine Monteil
Our world is like a cluttered room—too many things, too many distractions, not enough light. We're losing contact with our deeper selves, our faith.

So let us pause, this Christmas, and turn to the source of all life—nature. "All that live must die, passing through nature to eternity."

Through nature, perhaps, we can strip away the tinsel of our busy lives and regain our basic humanity, our health, our equilibrium. By this conscious act of stopping the world, of returning to the source, we'll find time to enjoy the affection and tenderness that bind families together at Christmas.

Our belief in values will be strengthened—and what is good in us will come forth, renewed, bringing happiness to all human beings.
To Christmas with love—
How to have a back-to-nature
Christmas at home

Christmas at home. Doors are swung wide, revealing a tree trimmed with presents and standing in a farm wagon. In the house, more Christmas (see page 75). High on six-year-old Derek Murphy's door, a wreath decorated by his sister Ginny, with candy and bows, angels she made, and a mouse that fits neatly in a walnut shell (except for a long, droopy tail). For a peek inside Derek's door, turn the page.
Back-to-nature Christmas

The warmth of a big old-fashioned family Christmas

A delight for children is a Christmas tree of their very own—like the one Mr. and Mrs. Francis R. Murphy set up in the playroom, right. Their seven children trim the tree themselves, with miles of popcorn and cranberries, and little dolls dressed as angels for the holidays. The family tree, where the presents are opened, stands in the library, above. Interior design by Chuck Winslow.

In the living room, below, full of poinsettias and overflow presents, after-dinner coffee is served on the glass coffee table with a Buche-de-Noël baked by Mrs. Murphy.
Mrs. Murphy's Christmas countdown

July 1: Begin shopping (none too early for a family with seven children).

December 15: Decorate house—everything but the trees.

December 20: Tree-trimming party. Eggnog and Christmas cookies baked by Ginny.

Week of the 20th: A cocktail party, plus a bridge-club lunch.

Christmas Eve: Big family buffet of lasagne, pasta carbonara, salad; pecan and mince pies.

Christmas Day: Open presents; traditional turkey-and-trimmings dinner, with flaming plum pudding and Bûche-de-Noël.
The fragrance and beauty of a fresh green tree

If nature has a favorite tree for Christmas, surely her choice must be a forest evergreen, untrimmed and untinsel—a Christmas tree pure and simple. Here, not one but three beautiful balsams, looking as if they've just arrived by horse-drawn sleigh from grandmother's woods, stand serenely in the simplest of settings: the studio of artist Larry Laslo, who clears the room for dancing at holiday parties. The only light on party night comes from white votive candles on the painted floor, a curvy design by Daniel C. Baldwin that keeps the dancers whirling. Each tree stands in its own galvanized washbucket inside a big wooden tub, and is wired for stability from four places spaced along its trunk to holes punched (with hammer and nail) in the rim of the bucket. A formula of two cups light corn syrup and four teaspoons Clorox bleach thoroughly mixed with a gallon hot water helps keep trees fresh (House & Garden's tree authority explains that the bleach helps keep the vital sap channels clear so the trees can feed on the syrup-sugar, their favorite Christmas feast).

Across the swirly floor from the Christmas trees, the fireplace, above, contains a set of antlers instead of a flame ("A room filled with dancers is warm enough"). On the mantel, two wooden tubs painted blue to match the hearth hold huge bouquets of evergreen boughs—white pine, cedar, blue spruce, and balsam—prettily lit by white votives.
How to put a floor in a holiday whirl—
with paint

Sand off old finish. Draw design to scale; transfer to floor with pencil (use nail-and-string compass for curves). Use enamel paint—brush edges, fill in with roller. When dry, coat with polyurethane. Paint and polyurethane labels give number of coats and drying times: When dry, add trees and music—and dance!
Tree-trimmings children can make themselves

Tiny baskets: Fill with star flowers, miniature fruits, small toys, or gum drops on toothpicks—all anchored with florists' clay. Tie a narrow ribbon on handle. Birds' nests: Mold 1½-inch balls of excelsior into nest shapes; brush with white glue, spray-stain if desired. Add birds on pin bases and beads for eggs. Ribbons: Cut plain and fancy ribbons into 6-inch lengths. Loop in bows, wire together at centers, leave ends for wiring to tree.
Back-to-nature Christmas

Handmade presents that double the treat

Presents with secret surprises make Christmas giving twice the treat. One idea: a big sewing basket, left, filled with tiny handmade toys, all strung for hanging on the tree. The secret is the wrapping: toys are bundled in calico squares—enough to make a full-sized quilt. Designed by Diana Beattie; wrapped by her daughters Nina and Lisa; to buy at Cache-Cache.

Another idea is the grapevine wreath, above (in New England tradition, to be given to newlyweds for their back door), hung with useful kitchen presents along with biscuits for birds.

A family of dolls, below, can be ordered with hair and eyes patterned after any family you specify. Their family secret: stuffings of dried soup makings. Dolls and wreath by Judy Wilkinson.

Everything, including makings for tree-trimming ideas, at The Children's Tree.

How to twine a grapevine wreath

Gather vines when still pliable—as soon as they've dropped their leaves. Drive four to six stakes into the ground in a circle; wind vines around stakes, interweaving them to make a good solid wreath. With twine, lash vines together at four places, tucking in loose ends (as vines dry, they will stay put). Attach with wire a variety of small kitchen presents (set of measuring spoons, cookie cutters, tin molds, ladles, scoops, and a nutmeg grater), some dried seed pods, and berries. Finish it with a big gingham bow.
Back-to-nature Christmas

Holiday decorations gathered from the outdoors

As sturdy as the Scot who built it in 1810, Bartleman's House in Old Town, Alexandria, Va., is filled with the wee treasures of nature to garland and to greet Christmas. House and halls are decked with pine cones, walnuts, chestnuts, and boughs of evergreens collected from the Virginia and Maryland countryside. One of the Christmas trees is a 12-foot tepee of dried snowballs and wild swamp grass, all gathered in the fall. This house, ready for Christmas, will be open to the public on the Scottish Walk in Alexandria (see page 22). Now snug and splendid, it was merely a shell when purchased by Delbert N. Ellis and Shelton W. Oddland in 1962. They gradually restored the house, replacing parts of it, adding furniture, and rescuing it from a century of neglect (the house had also been used as a barber shop and even a warehouse). And the canny, thrifty Scot who built it more than a century ago would surely approve of using nature's gifts to help cheer and celebrate Christmas.

The facade of Bartleman's House, above, is as traditional as an old Christmas card. But the interior, like Christmas itself, is filled with surprises. Right: Mixed nuts and mixed candlesticks with generous artichokes standing in for Scottish thistle. The swag of pine cones and nuts rests against the original pine mantel.

Far right: A graceful garland of evergreen held high by clusters of Christmas lemons and oranges. In every window, a white pine wreath swings by a long red velvet ribbon.

How to make a nut-and-pine-cone swag

Shape chicken wire to form swag, broadening it at the center. Wire back seam securely. With silicone glue, attach a base of chestnuts. Because glue is soft but firm, you can keep building layers without waiting for glue to dry. Next glue on several kinds of pine cones and nuts. Attach to mantel with strong velour ribbons crossed and tied.
Christmas cookies
Cream 2 cups soft butter with a cup of sugar. Blend in an egg, 2 teaspoons vanilla, and gradually 4½ cups sifted flour. Cover, refrigerate 2 hours. Roll one-fourth dough at a time to ¼-inch thick. Cut cookies, bake on greased baking sheet 6 to 9 minutes at 375°. Icing: Beat 2 egg whites, ¼ teaspoon cream of tartar, a dash of salt until stiff, add 2 teaspoons vanilla. Gradually beat in 3 cups confectioners sugar until peaks form. Divide into five bowls; color four. “I like thick icing,” says Lisa. “Gena and Cham add silver-ball designs.”
How to be your own china designer
Find a good ceramic shop that will sell you supplies, show you how to use them, and fire your finished work. The Giobbis work with Sybil Cooper in New York; other shops can be found across the country. Begin with white bisque—fired plates, cups, bowls. Paint with ceramic colors, then take your wares back to be fired, glazed, refired. Mrs. Giobbi uses her china every day—and it all goes safely through the dishwasher.

Back-to-nature Christmas

Things to make, to bake, to decorate

Children have a knack for Christmas: Give them an array of enticing materials and a lot of table space, and they might turn out anything from cookies to handpainted dinner plates. Gena, Lisa, and Cham Giobbi do. They design their own Christmas packages, too, wrapping them in shiny white paper, decorating them with felt-tipped pens: "It's a warm friendly way to show you really care," says Gena, sixteen. Lisa, fourteen, is in charge of cookie baking, and, with her mother Elinor, bakes the bread, left, as well. The brown loaves are topped with white-bread angels, trees, and stars molded by hand; the white loaves with brown ones. The children also help put up vegetables from their father's garden (Ed Giobbi is an artist and a published cook). This year's bumper crops were tomatoes and cabbage, "so everyone gets sauerkraut for Christmas." Canned goods and bread go into colored paper sacks to be given as presents.

Animal bowls, below, by Lisa Giobbi; dinner plates by her father.
Above: Gena designs a Christmas present.
Exciting new hanging poinsettias

For the first time ever from florists across the country: a new kind of poinsettia to order by early December. The plants are a multiflowering Hegg variety grown in pots with holes on the sides, a strawberry jar concept developed at the Paul Ecke Poinsettia Ranch in Encinitas, Cal. Here, in the Alfred Bloomingdales' atrium, David Jones of Los Angeles arranged cascades of red, hot pink, and white that hang from chains and crown fern stands and table. More, page 178.
There are as many ways to decorate a Christmas tree as there are Christmases to enjoy. This page: A tree that seems to float above the city outside on a terrace. No colors— just white, silver and gold, giving a magic view from interior designer Edward Benesch's living room. Opposite page, top row, left: A tree that goes right down to the floor (you chop the bottom off), covered with carved animals, papier-mâché angels and fruits, Chinese jade birds, and candy canes, all collected by decorator Michael Lynch from Mexico, Nepal, South America, and elsewhere. Center: Vegetables and fruit get a new role in life—string beans, lady-apples, pears, peppers, and an eggplant on top, wrapped in silverfoil and looking like works of art. Add colored candles, suggests designer Karl Springer. Right: 14-foot high tree in Mr. and Mrs. Richard Maltby's converted barn. Richard covered dummy boxes with fabric and doilies with glitter to trim them; then added 30-year-old strings of tiny gold balls. Up the stairs, a train of poinsettias—and admiring children. Center page, left: Tree in a basket—specially grown espalier pyracantha trimmed by nature! Tree trained by florist David Jones. Center: A growing tree (how to replant, see page 178). Right: Tree with glitter and ornaments, garland with ribbons, wreath with Mexican paper flowers, mini-tree covered with objects found in China-town, candelabra with greenery and ribbons—all the homemade inspiration of Nancy Goslee Power of design firm, Goslee & Moore. Bottom row, left: Memories of a Swedish Christmas; traditional straw tree ornaments and goats beneath, the childhood collection of Mrs. Paul Ramos—also the wood house and figures. Center: A tree of discipline and perfect beauty—white, silver and turquoise, the colors repeated in the gift wrapping beneath the tree. The doves and peacocks were found by Mr. and Mrs. Dell Tenney in a Connecticut nursery. Right: Christmas cookie made by the Giobbi children. (For recipe and more cookies, page 66.)

Back-to-nature Christmas

Christmas tree magic
Decorations to sew up, fold up, paste up

Angels cut from House & Garden, cardboard-mounted

1. Page is sprayed, then glued to cardboard. 2. Excess pieces trimmed away so that angel is easier to handle. Cut as close as possible but do not try to cut out smallest details, because this weakens figures.

Raised in Hawaii, where Christmas is always sun and surfing, Connie Olguin plunges into the holiday season in New York with extra special enthusiasm. Her glorious silvery tree is decked with original decorations from all over the world. House & Garden provided inspiration for some new ones. Pages from the December '74 issue showing close-ups of the angels on the Metropolitan Museum of Art's tree suggested an idea for cardboard cut-out figures.

To make: Cut out whole page of magazine, spray with waterproof hair spray to prevent print from smudging. Glue page to cardboard (Connie uses shirt boards from the Chinese laundry). Let dry. Connie, a graphic designer, is used to working with a razor, but suggests scissors for the less experienced person.

Sew it yourself fabric wreath with white satin bows

This year, designer Dena Carlson is making all her decorations in fabric. Her are blue and white batik; yours, whatever you choose. Wreath, above, takes a wire coat hanger, 12 Styrofoam balls, 2½ inches in diameter, from the dime store, a length of fabric 60 inches long and 20 inches wide. 12 lengths of white 1-inch-wide ribbon, each 24 inches long. 1 yard white satin florist's ribbon. Stitch up fabric to make tube. Thread balls on wire, being careful to center them exactly. Pull fabric tube over the wired balls. Tie with a white ribbon between each ball. Finish with large bow over hook. Dutch wax batik from Fabrications, New York. For shopping information, please turn to page 101.

1. Thread unwound coat hanger through center of Styrofoam balls. 2. Pull fabric tube over wired balls. 3. Finish with ribbon bows below each ball and large bow on top. Coat-hanger hook serves as a convenient device for hanging wreath.
For the tree, fabric ornaments; for a present, a fabric tree


1. To make gift box decoration cut 1-inch fabric strip of batik 48 inches long, with pinking shears. Twist into loops using Scotch Double Stick tape by 3M to anchor center of each loop. 2. Loops widen as tree grows. 3. Finish tree with a stem. Fabrications, New York, has at least six different batiks in stock. Minimum order by mail is 1 yard. For shopping information, turn to page 177.

A menagerie of origami animal ornaments all made from shiny folded foil

Alice Gray, an entomologist at the American Museum of Natural History, New York, started the origami tree at the Museum, above, now a festive addition. Each year she drafts museum staff into paper folding, so she can add and take away ornaments. There are over 1500 glittery animals, reptiles, birds, and insects. All are made from foil wrapping paper. "Real paper," she explains, "absorbs moisture from the air and expands. Metal foil is better." Figurines can take anything from 2 minutes to 1½ hours to make—a 4-legged animal like a camel is a long job. The largest animals on the Museum's tree are about 23 inches long, made from full width of gift wrapping paper. Lions and tigers, 14 inches, made from 2 pieces of paper. 12 inches square paper. 2. Paper folding takes a firm steady han
Welcome to Christmas

Welcome to the kitchen

Full of firelight, music, and wonderful food, the kitchen is the holiday gathering place in a restored 18th-century tavern turned into a comfortable house. With a Christmas tree in every room, the house becomes the center of festivities to which the whole community contributes.

HOLIDAY LUNCHEON

<table>
<thead>
<tr>
<th>Item</th>
</tr>
</thead>
<tbody>
<tr>
<td>Lemon soup</td>
</tr>
<tr>
<td>Creamed curried seafood in pastry shells</td>
</tr>
<tr>
<td>Salad Wine</td>
</tr>
<tr>
<td>Bread, cheese</td>
</tr>
<tr>
<td>Desserts: cranberry tart,</td>
</tr>
<tr>
<td>gâteau mont-blanc, kugelhupf, pumpkin pie,</td>
</tr>
<tr>
<td>David’s cheese cake</td>
</tr>
<tr>
<td>Coffee</td>
</tr>
</tbody>
</table>

David’s Cheese Cake

**CRUST:**
- 10 ounces graham cracker crumbs
- ½ cup sugar
- ¼ teaspoon cinnamon
- ¼ teaspoon ginger
- 1½ sticks butter

Blend completely. Cover sides and bottom of a 9-by-5-inch loose-bottom pan.

**FILLING:**
- 4½ 8-ounce packages cream cheese
- 1½ cups sugar
- 6 eggs
- 1½ teaspoons vanilla

Blend together and beat 10 to 15 minutes until very creamy (cheese creams more easily if you add it alternately with eggs). Pour custard into pan. Bake 40 minutes at 375°. Let cool 1 hour.

**TOPPING:**
- 1½ pints sour cream
- ½ cup sugar
- 1 teaspoon vanilla

Blend together, pour on cooled cake. Bake 10 more minutes at 425°. Remove from oven and refrigerate 24 hours. Decorate with assorted jams or fruits in patchwork designs or poured through waxed-paper stencils.

Christmas at Mechlin’s Tavern officially commences with a “Tavern Buffet,” an open house for 150 or so friends and neighbors who bring homebaked bread, handmade ornaments and decorations, and presents they make for one another each year. “We send invitations instead of Christmas cards,” say hosts C. F. Brasch and Raphael Sullivan, who have painstakingly restored the tavern and turned it into a livable house filled with authentic American furniture and collections. Both celebrated cooks in the community, they provide poached snapper, soups, wonderful desserts. All during the Christmas season, the house is lit only by candles and firelight. For menus and recipes for this and other of their holiday parties, please turn to Wine & Food, page 101.

1. Dining-room hutch is really an apothecary chest on a sailmaker’s table. 2. Across the room, fireplace is trimmed with patchwork angels, tree with patchwork and calico. On the table, pumpkin soup. 3. Tree made of homedried flowers and the feathers of a peacock who donates his tail each molting season. 4. Toy boat on wheels, circa 1890, filled with holly on the shelf of a slavemaker’s chest. 5. In the living room, also used for dancing, a tree trimmed with family heirlooms. 6. Mural painted by Mr. Sullivan; stair treads restored to their original marbleized painted finish.
Welcome to Christmas
Come for supper and help
an early Connecticut farmhouse that has stood, miraculously, since the 17th century when the highway was a dirt mail route. Christmas is celebrated with pine-cone fires, fruit-and-candle decorations, and good country meals, some of them cooked right in the old stone fireplace.

Every room in the old farmhouse is filled with collections—antique American furniture, toys, crafts, pottery, ironware—the list goes on and on. And remarkably, everything is new, especially for entertaining. Although a modern kitchen installed in an old utility room, the owner, Dana Blackmar, uses the big fireplace in the original kitchen (now the “keep- room,” right) to cook simple Christmas-week dinners of roast or cauldrons of stew and corn chowder. A week before Christmas, Mr. Blackmar serves dessert and coffee at a tree- trimming party, and family and friends gather at the big harvest here for dinner on Christmas Day. The other rooms have other facilities, too: “It’s fun to light all the fires and all the candles and have party guests eating everywhere in the house.”

Inside keeping-room window, old American pewter. 2. Victorian en (modern kitchen is next-door) with wood-burning stove, collections site ironstone, blue enamelware, sponge ware. 3. Modern kitchen es hold early Shaker wood-and-tin herb boxes, other curios, t-back settle and blanket crane in original family room ward off drafts. 4. Christmas tree, trimmed with antique German ornaments. ny bedroom fireplace wedged under staircase—just the size for century-raggedy dolls to have high tea in miniature cups.

<table>
<thead>
<tr>
<th>TREE-TRIMMING PARTY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cranberry-apple pie</td>
</tr>
<tr>
<td>Lemon cake supreme</td>
</tr>
<tr>
<td>Petits fours</td>
</tr>
<tr>
<td>Christmas cookies</td>
</tr>
<tr>
<td>Mints</td>
</tr>
<tr>
<td>Coffee</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>CRANBERRY-APPLE PIE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>INGREDIENTS</strong></td>
</tr>
<tr>
<td>pastry dough for two-crust, 9-inch pie</td>
</tr>
<tr>
<td>1/2 cup water</td>
</tr>
<tr>
<td>6 cups sliced apples</td>
</tr>
<tr>
<td>1 1/2 cups raw cranberries</td>
</tr>
<tr>
<td>2 cups sugar</td>
</tr>
<tr>
<td>1/4 cup cornstarch</td>
</tr>
<tr>
<td>1/4 teaspoon cinnamon</td>
</tr>
<tr>
<td>1 cup chopped walnuts</td>
</tr>
<tr>
<td>4 tablespoons butter</td>
</tr>
<tr>
<td>milk, nutmeg, and sugar for top</td>
</tr>
</tbody>
</table>

| **METHOD** |
| Roll out half the dough, line a 9-inch pie pan. In a large saucepan combine water, apples, and cranberries. Bring to the boil, simmer 5 minutes. Add sugar, cornstarch, cinnamon, and walnuts. Cook until mixture thickens and boils. Pile mixture into pie plate, dot with butter. Roll out remaining dough and cut into strips. Arrange in a lattice design over filling and seal to bottom pastry. Brush top with milk; sprinkle with sugar and nutmeg. Bake at 400° for 50 minutes or until golden. |

(From Betty Boote, of Something Special caterers in New York)

Keeping the desserts company on the keeping-room harvest table: personable antique tin tobacco boxes called “roly-polies,” carved animals and a Noah’s Ark for them to sail in, and a miniature sled—a traveling salesman’s sample. On shelves, Staffordshire portrait figures, old hatbox samples, Bristol blue glass, pots of Christmas-red begonias. Overhead, beribboned chandelier cradles an antique mercury-glass globe—reflector ornament from the days of saloon ballrooms.
trim the tree
In a Hudson Valley pre-Revolutionary-War house once lived in by Robert Fulton, Christmas is an added tradition. Tables and chimneypieces are trimmed with pine, holly, fruit, pots of ivy trained as garlands, and wonderful Christmas flowers: poinsettias, cyclamen, and for good luck in the New Year, paperwhite narcissi. On Christmas Day, owner Harrison Cultra serves a tea, with fruit cake, homemade scones, champagne, and gallons of eggnog made in a huge crock and kept cold on a wide stone windowsill during the season. For New Year's lunch, the dining table, above, is set with cauliflower plates around a bowl of tangerines and rose hips ringed by lemons.

1. Teviotdale, named after a region in Scotland. 2. On the front door, a toy drum to beat with drumsticks hung on red streamers. 3. Living room, with garlands of ivy and holly on the mantel. 4. On the New Year's serving table, apples and holly piled in porcelain monteiths, and a punchbowl of eggnog from crock below.

**NEW YEAR'S LUNCH**
- Eggnog, Spicy cheese on toast
- Lentil soup
- Molded seafood crépes
- Salad
- Grape tart, Chocolate truffles

**SPICY CHEESE SPREAD**
In blender, whirl 2 cups cubed Cheddar, 3 tablespoons crabapple jelly, 2 tablespoons chutney, 1 teaspoon dried tarragon mustard, 1 slice onion, and enough orange juice to soften. Chill, spread on toast rounds.
Two celebrations: one an open house to open the season in Alexandria, one a lunch in the Hudson Valley on New Year’s Day, and both in houses decorated by nature and rich in traditions of our national heritage.

Christmas entertaining comes early to Alexandria, Va. The season’s focus is the traditional “Scottish Walk,” when on the first weekend in December visitors wander around the old streets like waves of Christmas candy. Above: In the sun-yellow dining room of Bartleman’s House (for other views, see page 64), hot apple punch in an Imari porcelain bowl and plates of cake and cookies. In the wall cupboard, dotted with oranges for Christmas, Nanking china that was collected piece by piece. The lemon centerpiece was made by piercing lemons with round toothpicks, inserting into a large Styrofoam cone. Spaces were filled with ivy leaves and cranberries.

1. Bartleman’s House, tucked in between shops. 2. A fire roars in the old cooking fireplace in the “flounder kitchen,” so called because it has windows on only one side (like the eyes of its namesake). 3. The living room with traditional Christmas tree. 4. In the upstairs drawing room, carnations on mantel, a tree of dried herbs.

**Christmas cookies**

Alexandria pound cake

Mother’s punch

**MOTHER’S PUNCH**

Mix 4 quarts apple cider, 2 cups orange juice, 8 tablespoons brown sugar, 1 tablespoon whole cloves, 2 teaspoons whole cinnamon, a healthy dash of nutmeg, and rum to taste (from half to a whole bottle depending on your spirits). Can be served hot or cold, but at Christmas serve it steaming. Serves 30.
The real James Herriot—a rare photograph of the elusive author who manages to hide his identity and preserve his privacy although his books are read by millions.
The Best Christmas Present

My memories of Christmas will always be bound up with a certain little cat.

I first saw her when I was called to see one of Mrs. Ainsworth's dogs and I looked in some surprise at the furry black creature sitting before the fire.

"I didn't know you had a cat," I said.

The lady smiled. "We haven't, this is Debbie."

"Debbie?"

"Yes, at least that's what we call her. It's a timid little thing. Just creeps in, has some food, then flits away. There's something so appealing about her but she doesn't seem to want to let me or anybody into her life."

I looked again at the little cat. "But she isn't just having food today."

"That's right. It's a funny thing but every now and again she slips through here into the lounge and sits by the fire for a few minutes. It's as though she was giving herself a treat."

"Yes ... I see what you mean."

There was no doubt there was something unusual in the attitude of the little animal. She was sitting bolt upright in its dustly black of her coat, the half-wild scrawny look of her that gave me a clue, this was a special event in her life, a rare and wonderful thing; she was lapping up a comfort of her abundance of her daily existence.

As I watched, she turned, crept soundlessly from the room and was gone.

"That's always the way with Debbie," Mrs. Ainsworth laughed. "She never stays more than ten minutes or so, then she's off."

She was a plumpish, pleasant-faced woman in her forties and the kind of client veterinary surgeons dream of; well off, generous, and the owner of three cossed basket hounds. And it only needed the habitual mournful expressions of one of the dogs to deepen a little and I was round there post-haste. Today one of the bassets had raised its paw and scratched its ear a couple of times and it seemed to be used to Debbie because two of them sniffed her in a bored manner and the third merely cocked a sleepy eye at her before flopping back on the rich pile.

Debbie sat among them in her usual posture: upright, intent, gazing absently into the glowing coals. This time I tried to make friends with her.

I approached her carefully but she leaned away as I stretched out my hand. However, by patient wheedling and soft talk I managed to touch her and gently stroked her cheek with one finger.

There was a moment when she responded by putting her head on one side and rubbing back against my hand but soon she was ready to leave. Once outside the house she darted quickly along the road then through a gap in a hedge and the last I saw was the little black figure flitting over the rain-swept grass of a field.

"I wonder where she goes," I murmured half to myself.

Mrs. Ainsworth appeared at my elbow. "That's something we've never been able to find out."

It must have been nearly three months before I heard from Mrs. Ainsworth and in fact I had begun to wonder at the bassets' long symptomless run when she came on the phone.

As I watched she turned and almost floated on light footsteps into the hall then through the lounge door.

The three bassets were already in residence, draped snoring on the fireside rug, but they seemed to be used to Debbie because two of them sniffed her in a bored manner and the third merely cocked a sleepy eye at her before flopping back on the rich pile.

Debbie sat among them in her usual posture: upright, intent, gazing absently into the glowing coals. This time I tried to make friends with her.

I approached her carefully but she leaned away as I stretched out my hand. However, by patient wheedling and soft talk I managed to touch her and gently stroked her cheek with one finger.

There was a moment when she responded by putting her head on one side and rubbing back against my hand but soon she was ready to leave. Once outside the house she darted quickly along the road then through a gap in a hedge and the last I saw was the little black figure flitting over the rain-swept grass of a field.

"I wonder where she goes," I murmured half to myself.

Mrs. Ainsworth appeared at my elbow. "That's something we've never been able to find out."

It must have been nearly three months before I heard from Mrs. Ainsworth and in fact I had begun to wonder at the bassets' long symptomless run when she came on the phone.

It was Christmas morning and she was apologetic. "Mr. Herriot, I'm so sorry to bother you today of all days. I should think you want a rest at Christmas like anybody else."

But her natural politeness could not hide the distress in her voice.

"Please don't worry about that," I said. "Which one is it this time?"

"It's not one of the dogs. It's ... Debbie."

"Debbie? She's at your house now?"

"Yes ... but there's something wrong. Please come quickly."

Driving through the marketplace I thought again that Darrowby on Christmas Day was like Dickens come to life; the empty square with the snow thick on the cobbles and hanging from the eaves of the fretted lines of roofs, the shops closed and the colored lights of the Christmas trees twinkling at the windows of the clustering houses, warmly inviting against the cold white bulk of the fells behind.

Mrs. Ainsworth's home was lavishly decorated with tinsel and holly, rows of drinks stood on the sideboard and the rich aroma of turkey and sage-and-onion stuffing wafted from the kitchen. But her eyes were full of pain as she led me through to the lounge.

Debbie was there all right, but this time everything was different. She wasn't sitting upright in her usual position; she was stretched quite motionless on her side, and huddled close to her lay a tiny black kitten.

I looked down in bewilderment. "What's happened here?"

"It's the strangest thing," Mrs. Ainsworth replied. "I haven't seen her for several weeks, then she came in about two hours ago—sort of staggered into the kitchen, and she was carrying the kitten in her mouth. She took it through to the lounge and laid it on the rug and at first I was amused. But I could see all was not well because she sat as she usually does, but for a long time—over an hour—then she lay down like this and she hasn't moved."

I knelt on the rug and passed my hand over Debbie's neck and ribs. She was thinner than ever, her fur dirty and mud-caked. She did not resist as I gently opened her mouth. The tongue and mucous membranes were abnormally pale and the lips ice-cold against my fingers. When I pulled down her eyelids and saw the dead white conjunctiva a knell sounded in my mind.

I palpitated the abdomen with a grim certainty as to what I would find and there was no surprise, only a dull sadness as my fingers closed around a hard lobulated mass deep among the viscera. Massive lymphosarcoma. Terminal and hopeless.

I put my stethoscope on her heart and listened to the increasingly faint, rapid beat. Then I straightened up and sat on the rug looking sightlessly into the fireplace, feeling the warmth of the flames on my face.

Mrs. Ainsworth's voice seemed to come from afar. "Is she ill, Mr. Herriot?"

I hesitated. "Yes ... yes, I'm afraid so. She has a malignant growth." I stood up. "There's absolutely nothing I can do. I'm sorry."

"Oh!" Her hand went to her mouth and she looked at me wide-eyed. When at last she spoke her voice trembled. "Well, you must put her to sleep immediately. It's the only thing to do. We can't let her suffer."

Mrs. Ainsworth, I said. "There's no need. She's dying now—in a coma—far beyond suffering."

She turned quickly away from me and was very still as she fought with her emotions. Then she gave up the struggle and dropped on her knees beside Debbie.

"Oh poor little thing!" she sobbed and stroked the cat's head again and again as the tears fell unchecked on the matted fur. "What she must have come through. I feel I ought to have done more for her."

For a few moments I was silent, feeling her sorrow, so discordant among the bright seasonal colors of this festive room. Then I spoke gently.

"Nobody could have done more than you," I said. "Nobody could have been kinder."

"But I'd rather have kept her here—in comfort. It must have been terrible out there in the cold when she was so (Continued on page 182)"
The amazing makeover of a narrow cabin

A NEW SEE-THROUGH HOUSE

There once was a hunting cabin in the Catskills with lots of bedrooms upstairs, one long living room downstairs with a fireplace at each end. The outside was white clapboard; roof, green asphalt shingles. It was typical of carpenter-built vacation houses 60 years ago. The creative, country-loving couple who bought it recently “in terrible condition” decided to update. In the remodeling, architect Keith Kroeger stripped the cabin right down to basic frame and foundations. On went a handsome rustic wrapping of hand-split cedar shakes, all over the sides and roof. Window openings were expanded and lined up back and front, and in went big glass pocket doors to give the house a wonderful, see-through transparency. Upstairs rooms have balconies so that these sliding windows offer, along with a view, a taste of the outdoors. Trees “come in” yet the house itself is a protective, cozy retreat from nature, with interior walls sheathed in fir (even in the bathrooms). Just about all that remains of the original building are the dimensions (it’s still only 11 feet wide) and the great round stone chimneys “too beautiful for words, like pieces of primitive sculpture,” says Mr. Kroeger. Because the house is small (the new layout has two bedrooms, two baths, two tiny living rooms and a kitchen-dining room in between, and two circular stairways connecting the floors), architect Keith Kroeger developed outdoor living spaces. “In fact,” he adds, “there is now more space outside than inside.” Trees were left in place where they didn’t obstruct the view, Douglas fir wood decks built sympathetically around them.
With wooden decks, the house gained a third story at the back, which is now partly car parking space and storage, but also includes a laundry room. Surrounding the house Mr. Kroeger laid great flagstones hauled from the nearby wood; he built stairways of railroad ties (recycled from the local railroad yard) filled in with gravel. "The whole thing has a unity because we used materials from around the area. It is a very tactile, sensual place, there is the richness of wood, the beams inside. The owners thought of it as a folly, a complete contrast to the city." Each room has its own individually controlled electric heater set into the floor. The remodeling is an inspiration to anyone finding a run-down, country building that looks almost too dilapidated to renovate. "My first recommendation was to tear it down," declared Mr. Kroeger frankly. "But the owners insisted they wanted to start living there in a few months, I drew up plans and fed drawings to a local contractor as fast as I could. One thing about old houses, they are often built on perfect sites. I couldn't have picked a better spot if I'd tried."

1 and 6. Living space expanded by decks on all sides (see plans). Canvas furniture designed in Sweden from Workbench. Baskets from La Tienda. 2. Back of house showing third lower story: the central double height dining area. 3. Cozy, timbered living room, stained beams, a furry rug. 4. Kitchen counter divides working area from dining space. All the posters are from Poster Originals. 5. Master bathroom, double white counter. From the steam shower, it's a step out to the balcony for invigorating mountain air. 7. Spectacular round chimney, stairway leads down to a pond. Building equipment, materials, page 110.
HOLIDAY FOOD AND DRINK

A Christmas tree for birds

A decorated evergreen or deciduous tree near a window can bring very special carolers to your garden at Christmas.

Ideas:
- Strings of gumdrops, cranberries, popcorn, grapes, unshelled peanuts, raisins, dates, apple slices, dried apricots, figs.
- Stale doughnuts or cookies on ribbons.
- Uncooked slices of suet (the fat cut off beef or pork) cookie-cut into stars, frozen, hung on ribbons.
- Sprigs of holly and hawthorn berries and dried or frozen out-of-season treats such as crabapples and autumn olive.
- Pine cones wired for hanging then glued with peanut butter chokes birds. Most birds' peanut butter pudding

Mix 2 cups suet or bacon drippings, 2 cups cornmeal, 1 cup peanut butter. ½ cup water. Some birds have been known to store peanut butter chokes birds. Most authorities today say not so, especially not when mixed.

HOLIDAY SMORGASBORD

Share leftovers, a dieter's downfall but a bird's delight: cocktail fruit, cheese and crackers, toast and jelly, potato chips, pecan pie, fruit cake, cookies, salted and unsalted nuts. Remember, fresh water is needed daily though snow is a water substitute.

Birds' Christmas pie

Chop or grind beef suet. Melt it desired side down with a cherry clapper. To 1 pound melted suet (strained, meat-free) add 1 pound cornmeal plus 1 pound sunflower seeds, 1 cup oatmeal, 1 cup dried currants or raisins, ½ cup pecans or walnuts, ½ cup coarse bran. Pour into recycled tuna cans, paper or plastic containers. Thick mixtures do not require refrigeration in cool seasons.

Long-lasting all-winter suet cakes

To 1 pound melted suet (strained, meat-free) add 1 pound cornmeal plus 1 pound sunflower seeds, 1 cup oatmeal, 1 cup dried currants or raisins, ½ cup pecans or walnuts, ½ cup coarse bran. Pour into recycled tuna cans, paper or plastic containers. Thick mixtures do not require refrigeration in cool seasons.

Birds' peanut butter pudding

Mix 2 cups suet or bacon drippings, 2 cups cornmeal, 1 cup peanut butter. ½ cup water. Some bird lovers have been told peanut butter chokes birds. Most authorities today say not so, especially not when mixed.

SHARING WITH BIRDS YEAR-ROUND

Q. When and why should birds be fed? A. From the first fight of the last frost, and especially during deep winter and in a nesting season. Birds need a great deal of fuel for their flight. They need sunflower seed, suet or other oily foods as a substitute for winter-scarce insect protein. Many birds eat insect weed seeds. Feeder merely supplement their diet. In summertime offer water, which attracts more than any other garden feature plus fruit and seed if you want to birds close-up. Though bluebird birds, mockingbirds, robins, anoles need fruit, they prefer native mulberries, wild cherries, viburnums when available. Some orchard sampling that answers goers is just a search for moisture, most birds need daily. Q. What of day is best? A. Birds are early risers and in special need of food after cold night temperatures. Try feeding breakfast out at night. Q. Won't it out make birds lazy, or keep us from finding natural food and birds? A. When winter berries and insects are scarce, a feeder may be birds' lives—but they will soon natural variety. Healthy migrating birds need water, which attracts birds, mockingbirds, robins, American bluebirds and American jays. mosquitoes may be a uintless magnet by a suburbia cafeteria or even a well-planned garden. A bird's idea of an ideal garden, it way, is decidedly professional. A feeder could scarcely suggest elements: conifers for wind, shelter, and seed; bright-berried shrubs, vines; a miniature pool for bathing; beautiful views for windows even in less weather. Q. If we put seeds on an apartment window sill, how can we also provide water? A. Try grapeseed cups or nail a shallow cake pan or wooden bowl to the window. Q. What kind of feeders are A. Swinging feeders are a blessing to small birds and a frustration to squirrels, cats, and nonacrobatic birds. (continued on page...
A GLORIOUS GREEN AND SILVER GARDEN

This is a garden that glistens in sunlight, glimmers in moonlight, seems crystalline-cool in summer, magical through much of the year. Adelma G. Simmons grows and sells herbs, many of them gray, and had often used clouds of silvery artemisias as a foil to make familiar foliage that much greener. But not until last year did she decide “to come out with a hoe and sketch this garden in the ground” and set out in its sunny well-drained soil her collection—over 70 varieties—of the horticultural family silver. The half-moon beds are edged with brick. A path of crushed marble chips is overlaid with fine gray granite. Each bed holds tight clusters of plants that range from silver-white to frosty blue and green. “A tight planting is more attractive in the early stages of a garden.” Each leaf wears a coat resembling felt, wool, velvet, wax, or silk—nature’s protection from the wind and drought of the plants’ arid native habitats. Mrs. Simmons describes many of the plants, their colors and fragrance, in her most recent book, *Herb Gardens of Delight* (Hawthorn). For her plant list, send a self-addressed stamped envelope to Caprilands Herb Farm, Coventry, Conn.

**PLAN of 16-by-18-foot garden:**
Looking as though it grew out of the earth, this weekend retreat was once a tiny stone-walled cottage. To make the space comfortable for himself, and to make room for friends, architect and interior designer Manfred Ibel took walls out, raised the roof, and added windows and beams—always respectful of the natural lines of the landscape. Inside this extended space, a new collection of Korean furniture introduced by Baker in 1975—inspired by the Korean Yi Dynasty, with simple lines and natural materials that blend perfectly with the surroundings. For instance, the armless sofas and ottoman, upholstered in natural Haitian cotton, opposite page, and the olive ash burl, maple and brass trimmed cocktail table. Spectacular chest, far right, is a reproduction of antique Korean piece. Consistent with this theme, but not part of the collection, is Baker's glass-topped dining table, above.

Decorating linked to nature, windows like green tapestries

The house, with all its levels and angles, nestles comfortably at the foot of a hill, surrounded by trees. "It just grew," says Manfred Ibel, "out of the existing conditions of nature." The back of the house, bottom left, has a new stone roof over the added-on kitchen. For the chimney (of a fireplace that works both sides, facing both kitchen and living room), Mr. Ibel found stones that matched the original walls. He heightened the roof, following the lines of the hill, to make space for a 15-by-12-foot sleeping loft, opposite page, with big glass sliding windows—for a view better than a tapestry, changing with the seasons. The bathroom, above, is on the ground floor, with glass doors so you can't tell where indoors ends and outside begins. The sunken bath is surrounded by earth-colored tiles. "It's like a hole scooped out of the earth," says Mr. Ibel. The tile table serves both as partition and radiator enclosure. Natural colors predominate indoors, so that as the colors outside change, the interior keeps in harmony.

Above: Bathroom with natural-colored towels from Burlington. Opposite page: Fourposter maple bed, olive ash burl and maple chest, both from the Baker Far East Collection. Note skids on chest originally for protection from damp floors—a Korean detail. Blue and white cotton batik fabric for the canopy and bed cover, and dark blue Indonesian batik covering pillows all from China Seas; Sealy Posturepedic mattress; Chinese hand-painted trunk with brass trimmings from Charles R. Gracie & Sons; Persian chevron jars from Limited Editions; polished chrome standing lamp from Studio Eight; Chinese and Japanese bowls from John Rosselli; Okada print from Pace Editions.
Discoveries you should know about now—how to make sure you are getting enough and the right quality—its healing powers —its bond with vitamin E—how we consume it and abuse it—from doctors, biologists, biochemists, and aerobic experts.

The natural energy giver—the key to health, strength, your very life

Once upon a time, there was no oxygen. It took millions of years, until green plants began to develop with photosynthetic cells, for the earth to begin to breathe. Today, we take for granted our oxygen just as we take for granted that the sun will rise tomorrow. Yet with the ever-increasing anxiety about air pollution and the erosion of our natural resources, plus new discoveries in the field of anaerobes (organisms that live without oxygen), and, just as important, the continual research into nutrition and the quality of the foods we eat, suddenly oxygen has become more than just something to breathe—it’s a key to health, strength, and the lives of future generations.

GETTING ENOUGH OXYGEN—AND THE RIGHT QUALITY

Doctors and biologists are generally agreed that there is enough oxygen around in the atmosphere to cope with our needs—and to spare. “Oxygen is not a major worry for us,” says Dr. Lewis Thomas, “unless we let fly with enough nuclear explosives to kill off the green cells in the sea; if we do that, of course, we are in for strangling.”

Our present atmosphere is an oxidizing one (except for places like Lake Tanganyika, the Black Sea, and the Dead Sea), and oxygen production is probably higher now than it has ever been. However, it is speculated that as hydrogen escapes from the earth, oxygen will tend to burn everything up and convert all the exposed carbon to carbon dioxide. The atmosphere at this stage would then be composed of carbon dioxide and nitrogen—and all life would cease. This is not in the forseeable future, however! If, of course, we persistently destroy the present sources of oxygen (by pesticides, cutting down trees, polluting the waters, etc.), then we are putting future generations in jeopardy.

Most of the oxygen produced by microorganisms and green plants eventually diffuses into the entire atmosphere in about the same amount all over—so wherever you live, you need not worry about getting enough oxygen. The problem of urban living is not that you might not get enough oxygen, but that the air you breathe is full of pollutants mixed in with the oxygen, such as carbon monoxide, sulphur oxide, and other pollutants, that do the damage.

“The other place where you might run short of oxygen is in a building that’s on fire. Fire produces a lot of carbon monoxide and carbon dioxide, and in an enclosed room with very little ventilation, you might have problems with oxygen supply.”

Too much oxygen, however, is just as dangerous as too little oxygen. “Oxygen serves as an excellent source of biological energy,” says Dr. Daniel L. Gilbert, Head, Section Cellular Biophysics, National Institute of Neurologic Diseases, Bethesda, Md., at an Oxygen Symposium reported in the journal, Anesthesiology. “However, it also destroys life. Increasing the oxygen tension will increase the available energy for the biological process to its maximum. But as the oxygen tension increases, more cellular constituents will be destroyed.” Increasing oxygen pressures can impair the nerve impulse—in fact, Dr. Gilbert points out that oxygen “pollution” of the atmosphere by photosynthesis actually inhibits mosquito breeding.

In other words, using too much oxygen you might “burn out” too fast. Dr. Gilbert suggests that the aging process might be caused by the body’s defences against oxygen toxicity no longer working as well. “Perhaps,” he says, “the longevity of plants can be explained by the possession of antioxidants.” (See opposite page for the importance of vitamin E as an antioxidant.)

HOW OXYGEN CAN HEAL

We have seen that too much oxygen can destroy cells but given in the right dosage it has healing properties. Doctors have observed that healing of skin wounds faster than normal in divers, who live under a high pressure below sea level, and therefore have more oxygen.
certain type of compound. Ten unsaturated chemical bonds [in fats and oils] give a strange taste. We call it 'rancid,' and are familiar with such a taste in butter or meat. This is because some kinds of food poisoning [botulism] and tetanus, however. The peroxide is also a good cleanser for the mouth, over a period of up to five minutes or so, thus making the oxygenation more effective. The manufactured by Reed and Carrick, comes in a form which is not available without a prescription.

HOW YOU CAN PRESERVE OXYGEN

1. Live with plants. As plants supply oxygen, a houseful of plants will ensure a fresh supply—but the earth’s atmosphere is already so richly oxygenated that it is not necessary for health. The life cycle of plants is such that in daylight they make their own food, absorbing carbon dioxide and releasing oxygen (a process called photosynthesis). But at night they do not perform this action, instead release carbon dioxide—and no oxygen. A total of one hour for that you live in a house full of plants, with no ventilation whatsoever, there is no danger to your oxygen supply at night.

2. Keep the oxygen clean. It is not the amount of oxygen you need worry about, but keeping it clean—uncontaminated by other polluting gases that do so much harm. Cars contribute to air pollution more than almost anything else—so try to use public transport more and your car less. Industrial pollution is equally damaging: Support the Clean Air Act amendments and make sure your local officials are following up the legal requirements on air pollution in your area.

AEROBIC EXERCISES

"Aerobic" means "with oxygen." When you apply it to a system of exercise, it means an exercise that is vigorous enough and lasts long enough to increase the efficiency of your aerobic system, that is your oxygen delivering system—heart, lungs, and blood vessels, "So if you do exercise vigorously and regularly, such as dancing," says Jacki Sorensen, director of Aerobic Dancing in New York and a clinic staff member of the President's Council on Physical Fitness and (Continued on page 98)
Shimmering crystal, silver, china, linen, and writing paper—wonderful to use, beautiful to look at: 1 Handwrought sterling silver double ended letter opener by Buccellati. 2 Soft, pearl finished pure cotton rag stationery, “Letter Sheet” by Tiffany. 3 Free standing silver 7-pound paperweight by Gucci. 4 Lead crystal dinner bell hand cut and polished in Portugal, $21 inches high. By Block. 5 Silver covered bowl, a reproduction of an old Chinese design, $3 1/2 inches high. By Gorham, at The Metropolitan Museum of Art. 6 Dramatic silverplated flute-shaped “Vase Gourmette” for flowers, a split of champage, 16 inches wide. “Camellia” bowl by Steuben. 7 Silverplated flute-shaped “Vase Gourmette” for flowers, a split of champage, 16 inches wide. “Camellia” bowl by Steuben. 8 Pure cotton sheets and pillow cases, regular or continental, with handwoven schiffli embroidery. At Leron. 9 Matte finished picture frame imported from Italy, 16 inches high. At Bottega Veneta. 10 Handblown crystal bowl with scalloped edging at the base, 16 inches wide. At Bottega Veneta. 11 An American classic, “Paul Revere” sterling silver punch bowl, 16 inches wide. 12 Six-lobed silver tray, a reproduction of an original English design. By Tiffany. 13 Crystal jug holds 1 1/2 pints. By Waterford. 14 Dessert plates with raised floral design, “Blind Earl” by Royal Worcester, at Tiffany. 15 Handhammered sterling silver box by Buccellati.
and intricate pocket watches to show off on a polished table: 1 Brown lacquered clock, gilt trimmed. By Tiffany. 2 Flip-up watch in a
of a twenty-dollar gold piece. By Rolex. 3 1.38 millimeters thick, "The World's Thinnest Pocket Watch" by Jaeger-Le Coultre. 4 Rose-
atch with sliding cover. "Domino" by Van Cleef & Arpels. 5 Slant-faced rhodium clock with plaque for engraving. By Tiffany. 6 Eight-day
and stainless steel clock. By Swiza at Altman's. 7 Battery operated black-faced clock tells time, day, date. By Howard Miller. 8 Digital 2½-
be clock. "Times Square" at Altman's. 9 FM/AM clock radio. "Informer" by Sony. 10 Brass and glass cover over a clock that runs on
nos Heritage Square" by Jaeger-Le Coultre. 11 Light spectrum on electric clock face. "Aurora" by Kirsch-Hamilton from Alan Spigel-
Wrap-around acrylic on a brushed metal clock. "Triumph" battery alarm clock by Bulova. 13 Digital alarm clock. "Luna" by Computime
's. 14 Battery alarm clock in oval acrylic and brushed metal case. By Swiza at Altman's. 15 Gold retractable shell clock. At Tiffany. 16
gold watch by Van Cleef & Arpels. 17 Watch for pocket or pendant. By Rolex at Tiffany. 18 Gilt calendar watch. "Silhouette Pocket" by
r. 19 Continuous read-out watch "Liquid Crystal Digital" by Seiko. For shopping information, page 177; store addresses, page 48.
**The more oxygen your heart delivers with each stroke, the more energy you have to do more and have more fun**

Oxygen continued from page 95

Sports, “what you are doing is strengthening your heart to pump more blood with each stroke, so that it’s delivering more oxygen with each stroke, which means you have more energy—to do more each day and have more fun.

If you start jumping around, your muscles will sense the lack of oxygen, and they will be more visible the heart. So the heart must pump faster to deliver the oxygen.

In aerobic dancing, you start off with a walk-dance. At the end you start running, and the heart is within the limits that are safe for you. When you progress to the jog-dance, you will find your heart rate is the same but you can do more. This means you have increased the efficiency of your heart so that although it’s pumping at a faster rate, more oxygen is being delivered with each stroke. The same happens with the run-dance.

“Heart rate, oxygen consumption and calorie consumption are all related. If you take your heart rate; that tells you how much oxygen you are consuming, and also how many calories you are burning up. For instance, the body expends 5 calories for every liter of oxygen it uses. So if you dance, using 2 liters of oxygen a minute, in 30 minutes you will use a total of 60 liters—which means you are expending 300 calories during that time. An additional benefit for all who exercise vigorously is the calorie expenditure that goes on immediately afterward. During this period you will burn more calories than during normal resting. For as long as 6 hours following a 28-minute jog, for instance, the average person could expect to burn as much as twice the calories resting afterward than if he hadn’t run.”

**LOOKING AFTER THE OZONE**

Ozone is present in the stratosphere, a section of the atmosphere about 7 miles above the earth’s surface. It is formed by the act of sunlight on oxygen gas. It acts like a blanket, protecting us from the sun’s ultraviolet rays. It’s as though we were incubated. This equilibrium has been established over centuries—but as ozone is now being perturbed by sources other than natural breakdown processes (for example by the fluorine oxide emanating from nuclear bomb explosions and from supersonic jet transpots) further escape of low-wave, ultraviolet light to the earth is normal takes place, and this is a biologically dangerous situation.

One of the most hotly contested threats to the ozone, unfortunately turns out to be one of the most common household objects—fluorocarbon spray. "Many sprays contain fluorocarbon gases, which seep into the atmosphere,” explains E. Ahmed. "Some gases are soluble with water, or get washed away by rain, and so on—fluorocarbon gases are inert substances, thus they do not react with other substances, they are not soluble, nor do they get washed away; so the only other place they can go is up—by a current into the stratosphere. There, something happens: at a certain altitude, the fluorocarbon molecules stop being inert and become very active with other molecules and break down the ozone layer. It is predictable that there will be a long term loss of ozone from this situation, and an increased risk of ultraviolet radiation."

Studies come in every day confirming this gloomy picture. The Federal Government is holding hearings on the subject. Last month Oregon became the first state to enact a bill banning fluorocarbon aerosols, effective March 1, 1978.

But the most dramatic news is that consumers are obviously taking action: manufacturers of products sold in aerosol cans are rushing out with new containers that do not use the suspect fluorocarbon propellant—so much so that the editor of an advertising agency newsletter has given up trying to count them. "It is difficult to perceive that when you are spraying an antiperspirant in your bathroom, you are endangering the health of everyone in the world," says Dr. Russell W. Peterson, Chairman of the White House Council on Environmental Quality. If everyone understood a little more about ozone and the importance of what it means to our lives, then surely there would be no trouble at all in seeing exactly what Dr. Peterson means!

Old fashioned cakes and cookies for Christmas

**Tissue-packed and ready to go, clockwise from upper right corner:** Banana Tea Bread, Stir and Drop Sugar Cookies, Alexandria Tea Cake, Date Nut Loaves, Stir and Drop Sugar Cookies, Jamaican Fruit Cake, Mandelflamm Cookies. For recipes, please turn to page 101.
Add two candles, soft music, and serve.

For free recipe booklet, write Carillon Importers, Ltd., 745 Fifth Avenue, New York, New York 10022. Product of France. Made with fine cognac brandy. 80 proof.
The Almond People Invite You To See Why One Nibble Is Never Enough

1. Open a tin of Smokehouse® Almonds. See how tantalizing they look. So crisp. So irresistible. Can you pour them in a bowl without stealing one or two?

2. Your friends are waiting. Can you carry in this bowlful of almonds without snitching a few more on the way?

3. Now see if you can pass these almonds without showing how much you want them all for yourself.

4. There are just a few nuts left. Can you keep from fighting over the last few almonds in the dish?

Failed all four tests? Don’t worry, you’re only human. Just remember to keep plenty of Smokehouse® Almonds on hand so you can treat your friends and indulge yourself, too.

Tell the world about your secret passion with this terrific T-shirt... emblazoned with “One nibble is never enough” slogan. Only $3.50 each.

T-shirt is new cool weave 100% Polyester, machine washable.
Celebrate—and stay slim

Light party drinks made with herbs, fruit juices and wines, plus light-handed ways with spirits

By Doris Tobi

Teas and tisanes—infusions of herbs and dried wildflowers—are wonderfully restorative to body and spirits, and usually zero in calories. Sip a cup while preparing seasonal culinary treats. Or serve an herbed tea or tisane as an invigorating meal starter.

ELEGANT BUBBLY
Delightful to the eye and palate and a winner in the slimdown race.

Ingredients
2 bottles (a fifth each) California Sauterne, chilled
2 bottles brut champagne, chilled
1 orange, thinly sliced, then halved
1 lemon, thinly sliced, then halved

Method
Float a block of ice in a beautiful punch bowl and add the Sauterne, then the champagne. Add the slices of orange and lemon. Serve in flute or tulip champagne glasses. Add an orange or lemon slice half to each glass. Serves 24.

TISANE AMERICANA
Michel Guérard serves his own tisane, a concoction of herbs, pine needles, heather flowers, and the like, at his famous spa at Eugénie-les-Bains, as an apéritif. Here is a Stateside version, made with native herbs.

Ingredients
3 teaspoons dried clover blossoms
2 teaspoons dried marigold flowers
1 teaspoon lemon balm
% teaspoon borage
3 cups water, brought to a boil

Method
Place herbs in teapot, pour boiling water over them, and let the tea steep 5 minutes. Strain and pour into small mugs or teacups and serve with a slice of lemon.

YERBA MATE
An unusual tea—Yerba maté—is especially appropriate at Christmas, as it's made from dried holly leaves. The plant grows wild in Paraguay, Brazil, and Argentina, and is extremely popular in South America. Brew the maté as you would tea. Add lemon or a few cloves, cinnamon, or allspice for interesting flavor. Maté is available at herb and spice and health shops.

Ingredients
3 teaspoons dried clover blossoms
2 teaspoons dried marigold flowers
1 teaspoon lemon balm
% teaspoon borage
3 cups water, brought to a boil

Method
Place herbs in teapot, pour boiling water over them, and let the tea steep 5 minutes. Strain and pour into small mugs or teacups and serve with a slice of lemon.

The tea may be chilled and served in juice glasses, a slice of lemon to each.

Bits of fruits—apple, pineapple, orange, grapefruit—may be added after steeping. Serves 4.

MOLLY'S PITCHER
Fruity and kicky

Ingredients
1 cup (1 9-ounce can) pineapple tidbits, drained, but reserve 2 tablespoons of the pineapple liquid
2 fresh tangerines, peeled, white membrane removed, and segmented
12 ounces blended rye whiskey
6 ounces peach brandy
14 ounces 7-Up

Method
In an old-fashioned, quart-sized pottery or pewter pitcher, put drained pineapple tidbits, pineapple liquid, and tangerine. Add whiskey and brandy. Stir and let stand at room temperature 1-2 hours to macerate.

When ready to serve, add ice cubes and 7-Up. Stir and pour into pewter mugs, with a few pieces of pineapple to each. Top with a sprig of mint. Serves 6-8.

TEA A LA CASABLANCA
Minty, invigorating—exotic

Ingredients
8 teaspoons green tea, or 8 teabags
% pound spearmint leaves, dried
1 quart water, brought to the boil
% cup sugar or equivalent sugar substitute

Method
Place tea and spearmint leaves in a large teapot or pitcher. Pour boiling water over the leaves and let the tea steep 3 to 5 minutes. Add sugar or sugar substitute, if desired. Strain into porcelain teacups and serve at once. Serves 6.

VARIATION ON A MIMOSA THEME
Pretty bubbly—and very much à la mode.

Ingredients
block of ice
1 quart orange juice, chilled
1 large grapefruit, peeled, seeded, and cut into small segments
2 or 3 oranges, peeled, seeded, and segmented
1 magnum sparkling white wine (such as Kriter or Blanc de Blancs), chilled
1 quart carbonated water

Method
Float a block of ice in a beautiful large punch bowl. Add the orange juice and fruit segments. Add the sparkling white wine and carbonated water. Serve once incooped champagne glasses with a piece or two of segmented fruit in each. Serves 20.

LADY APPLE NOG
Frothy and delicate—with no heavy cream to stir guilt feelings as there are about 200 calories per 6-ounce serving, compared with the usual count of 300 to 400.

Ingredients
1 large apple, peeled, cored, and chopped
1 large grapefruit, peeled, seeded, and cut into small segments
12 ounces apple juice
1 cup (1 9-ounce can) cream soda
2 tablespoons lemon juice

Method
In a blender, combine the apple, grapefruit, apple juice, cream soda, and lemon juice. Blend until smooth. Pour into a punch bowl and serve chilled. Serves 10-12.
Ingredients
2 quarts sweet cider
4 3-inch sticks of cinnamon
1 tablespoon whole cloves
1 teaspoon ground ginger
6 pieces of orange zest, about 3 inches by 1/4-inch wide, plus more for garnish

Method
Place cider, spices, and orange zest in large pot and bring to the boil. Lower flame at once, simmer, covered, 30 minutes. Cool. Strain and pour into covered container. Refrigerate overnight, or 2 to 3 days.

When ready to serve, heat to the boiling point and serve piping hot in ceramic mugs. Add a curl of fresh orange zest to each mug. Serves 20-24.

HOT AND SPICY CIDER

This may be prepared several days in advance, a definite advantage this bustling holiday season.

Ingredients
2 quarts sweet cider
4 3-inch sticks of cinnamon
1 tablespoon whole cloves
1 teaspoon ground ginger
6 pieces of orange zest, about 3 inches by 1/4-inch wide, plus more for garnish

Method
Place cider, spices, and orange zest in large pot and bring to the boil. Lower flame at once, simmer, covered, 30 minutes. Cool. Strain and pour into covered container. Refrigerate overnight, or 2 to 3 days.

When ready to serve, heat to the boiling point and serve piping hot in ceramic mugs. Add a curl of fresh orange zest to each mug. Serves 20-24.

BICENTENNIAL PUNCH

Naturally sweetened native American wine gives it a natural lift

Ingredients
10 teaspooms leaf tea or 10 teabags
1 quart cold water
1/2 cup fresh lemon juice, strained
1 bottle (a fifth) Concord, Catawba, or other fruity American wine
2 quarts diet ginger ale grapes, to garnish

Method
Prepare extra-strong tea by steeping tea leaves or bags in boiling water and transferring to teapot or bowl. Cool and transfer to festive holiday punch bowl. Add lemon juice and wine. Float a block of ice in the bowl. When ready to serve, add ginger ale and serve in stemmed coupe glasses, with 2 to 3 fresh blue-black Concord, jet-black Ribiers, or red-purple Emperor grapes to each glass. About 20 servings.

Continued on page 109
more succulent on toast with jam than butter. Lee's eye opener was tea and sliced tomatoes and herbs on toast. And of course there were eggs and cereal, sausages and kippers for those who wanted them.

Lunch on Christmas day was a smorgasbord—very late because the morning was taken up by Roland making the rounds of the farm homes with his son, Tony, to wish everyone season's greetings. Lee took advantage of the comparative peace and quiet to hold court in the "new kitchen" while she got the turkey ready for the even later dinner.

Half the fun of a Muddles Green Christmas was talking in the kitchen, drinking in the kitchen, getting in Lee's way in the kitchen, kidding in the kitchen. And this pattern included a tribe of cats, two dogs, all the guests, plus Patsy, barefooted even in winter, helping Lee organize the food while the ambiance took care of itself with everywhere log fires.

Guests and hosts would make mysterious expeditions to Aladdin's Cave with armfuls of gaily wrapped secrets to spread unwarmed, "gumboots" over overeaters around the sticky hearth. And the kids asked: "Are we to open the presents now, or save them for later?" But the log fires would flare up as a paper was thrust in to get rid of it, kids screamed with delight.

One grand present was sometimes held back to make a climax. Once it was a horse for Georgina, led stomping and whinnying into the kitchen, much to its astonishment. Another was a bicycle for Claudia. Once she found a typewriter that turned out be for Georgina when she was expecting one herself. It was a near disaster until hers was unearthed from the pile to everyone's relief.

The final wrapper removed, Roland led an expedition of warily heeled, "gumbooted" guests around the sticky clay on his farm to admire the milch herd and absorb some much needed fresh air and post prandial exercise. Back to the living room's log fire for drinks, tea, and Patsy's "cake. Guests and host were nothing if not articulate, being artists, writers, publishers, creative talents of various persuasions, and conversation, always interesting, rarely flagged.

Roland, as master of cere-

From Braun, two fresh ways to make your Coffee Maker even better.

To get the freshest, finest tasting coffee with the new drip coffee makers, or any other type, you should grind your own coffee beans. Braun lets you do it with both style and ease. The Braun Aromatic coffee mill, in white, has nine settings of the professional milling action, from coarse to very fine. The compact Braun Mini Grinder quickly does enough beans to brew several cups and is available in several colors. Both at better stores.

Brandy butter is tinted blue with food coloring to get away from that relentless red and green of Christmas monies, would summon the guests to the dining room, seating them according to some private and pleasing protocol of his own. Lee's Christmas dinner that followed was inventive and always delicious. The turkey stuffing was green rice and pisciculture of the usual spices, breadcrumbs or chestnuts. Vegetables ("anything but Brussels sprouts") were purees of carrots and parsnips mixed, or celery and potato, or green-beans and potato. The most important thing about mixed purées,” Lee says, “is to cook the vegetables separately before mixing them to preserve their individual flavors.

"I have to serve plum-pudding," Lee complains, "filled with rings, and small silver coins, and other luck pieces, or the kids would go on strike. But always a hunt to watch.”

The first Saturday after Christmas is Bell Ringing Day in Muddles Green. Neighbors, staff, houseguests, friends abroad, come for a concert of carols rung on hand bells by a local team of change ringers and stay for tea, singing Christmas carols and drinking. The buffet is always the same, sausage rolls, sliced sandwiches, deviled eggs, and cake. The singing gets no more "pubby" as the evening winds on with Alastair contributing a library full of rude lyrics to ancient and ribald ballads. So supplies the punch, made with the required fruit juice and wine, with ale, beer, rum and wine for those who prefer the latter. Dancing, depending on the ranges from folk through to rock and back.

Sometimes during the
Roland managed to put on a masque or pantomime in the Laddon's Cave with members of the party as players. Children took parts disguised as animals, ith papier-mâché heads—paws, rabbits, mice—and lines I speak. The Magic Box answered the kids' questions with voice surprisingly like Po .

Once Valentine dreamt she'd been a ghost in her guestroom, dressed as a Victorian child. The next afternoon, Claudia was given a suitably lugubrious costume and pushed into the napping idy's boudoir to wake her for a Startled, then charmed, the artist made a sketch of the ghost' on the spot. Later Claudia, offspring of trencher- jen, summed up the whole luddles Green season. "It was huge tree presents, being taught to ride a bike, loudness, fun—

around Christmas—fat, green sugar plums; red glories; yellow sweet apricots, and indeterminate fruits—all too gooey for the teeth, the palate, the diet and the waistline," says Lee. "I chop them up and make Nesselrode-ish things with them using several bases depending on whether I'm long on cream or eggs or time!" If piled high in a souffle dish with a collar around until set, the edges can be plastered with candied fruit chunks, too.

**Ingredients**
- 5 eggs, separated
- ½ cup confectioners' sugar, sifted
- ½ cup rum or any good liqueur except mint, or use vanilla
- 1 envelope unflavored gelatin
- ¼ cup cold water
- 2 cups cream, whipped, plus more for decorating
- 3 tablespoons candied fruit, finely chopped, per layer of mousse, plus whole ones for decorating
- cognac

**Method**
Beat egg yolks in blender with sugar. Add rum or flavoring. Soften gelatin in the cold water and dissolve over low heat. Add to yolks. Fold in the whipped cream. Whip egg whites stiff and fold into mixture.

Soak candied fruit in cognac. Pour a layer of mousse into a serving bowl or dish and sprinkle with the soaked fruit. Alternate layers of mousse and fruit ending with a layer of mousse. Chill in the refrigerator.

Just before serving, decorate with piped, whipped cream and more candied fruit.

**NESSLERODE NUMBER II**

**Ingredients**
- 2 egg whites
- pinch salt
- ¼ cup sugar
- 1 cup cream, whipped
- ¼ cup Grand Marnier or similar liqueur
- liqueur-soaked candied fruit
- berry puree

**Method**
Beat egg whites, salt, and sugar until stiff. Fold in whipped cream and liqueur. Assemble as in first recipe but freeze for a few hours.

Unmold and serve the nesselrode with a sauce, preferably a puree of berries.

**PATSY'S CAKE**

**Ingredients**
- 1 cup butter
- 1 cup sugar
- 4 eggs
- 4 drops vanilla
- ½ cup cream, whipped
- ¼ cup Grand Marnier or similar liqueur
- berry puree

**Method**
Cream butter, add sugar, and cream well together. Add eggs, one at a time, beating well after each addition. Add vanilla. Gently fold in flour. Pour into two 8-inch greased and floured cake tins. Bake at 375° for 25 minutes. Fill with jam or whipped cream or both. Dust with confectioners' sugar.

The new Early American collection from Case gives you a beautiful feeling of the good old days. And it lets you enjoy the same painstaking craftsmanship that Case has been putting into knives for more than a century.

For example, we put at least 75 hand operations in each one of Case's nine Early Americans. Notice how the tang extends the full length of the handle for extra strength. And how the handles are natural walnut for natural beauty, impregnated with acrylic to resist grease and moisture absorption.

And how the blades are glaze-finished surgical steel with edges as sharp as the edges we used to put on our straight razors.

W. R. Case & Sons Cutlery, Bradford, Pa. 16701
DATE NUT LOAF
From Deborah Brown

Ingredients
1 8-ounce package dates, pitted
3 tablespoons butter
11/2 cups boiling water
11/2 cups all-purpose flour, sifted
1 teaspoon baking soda
1 cup sugar
1/2 cup brown sugar
1 teaspoon salt
11/2 cups nuts, chopped
1 teaspoon vanilla

Method
Put dates and butter in a large bowl and pour boiling water over. Let stand at room temperature until cool.

In a bowl, sift together flour, baking powder, salt, and baking soda.

Add flour mixture, egg, nuts, and vanilla to date mixture. Blend thoroughly.

Spoon into eight 4⅓-by-2½-by-1⅓-inch greased and floured loaf pans.

Bake at 325° for 35 minutes or until done. Turn out onto wire racks and cool thoroughly.

To store, wrap in waxed paper, then in foil. Cake freezes well. Makes 8 small loaves.

GLAZED LEMON BREAD
From Ellie Wood

Ingredients
2⅔ cups sifted flour
3 teaspoons baking powder
1 teaspoon salt
1/2 cup sugar
1/2 cup lemon juice

Method
Just before end of baking time, pour into a greased 9-by-5-by-3-inch loaf pan and smooth top. Bake 60-70 minutes until tester comes out clean.

Pour a mixture of lemon juice and confectioners’ sugar over bread immediately after taking it out of the oven.

Cool in pan on rack for 30 minutes. Carefully remove from pan and cool on rack for 2-4 hours more before slicing.

Note: If you want a slightly tart taste, leave out a few tablespoons of sugar.

ALEXANDRIA CAKES
From Ann Dedman, a dessert caterer in New York City

Ingredients
1 pound butter
1 cup sugar
4 cups all-purpose flour, unsifted
grated zest of 1 lemon, or more if desired
currant jelly or seeded raspberry jam
confectioners’ sugar
lemon juice, strained

Method
Using pastry cutter or two knives, cut butter into sugar, flour, and lemon zest until thoroughly blended. It will have the texture of small peas.

Form into ball and divide into 3 parts. Pat each firmly into 3 ungreased 9-inch-round baking tins or 2 cookie sheets (this will make a much thinner cookie).

DATE CAKE
From Mrs. Virgil Cook

Ingredients
1 teaspoon baking soda
1 cup boiling water
1 cup dates, chopped
1 cup brown sugar, plus 5 tablespoons
1/4 cup butter, plus 2 tablespoons
1 egg
1 teaspoon vanilla
tablespoons
1/2 teaspoon salt
1/2 cups flour
1 teaspoon baking powder
1/2 cup nuts, chopped
5 tablespoons cream

Method
In a bowl, add baking soda and boiling water to dates, mix, and let stand.

In a separate bowl, cream 1 cup brown sugar and 1/4 cup butter. Add egg and vanilla and beat well. Add salt, flour, baking powder to creamed mixture. Mix well. Fold in date mixture and nuts.

Pour into a greased 8-inch-square pan. Bake at 350° for 35 minutes. Cool.

In a saucepan boil together the remaining brown sugar, butter, and the cream for 3 minutes. Cool. Spread topping on cake and cut into serving pieces.

MINCENEAT
From Home Made by Sandra Oddo (Atheneum)

Ingredients
2 pounds beef, boiled, cooled, and chopped fine (beef can be leftovers from stock-making chopped by hand)
1 pound beef suet, minced
5 pounds apples, peeled, cored, and chopped
2 pounds raisins, chopped
Celebrate—and stay slim continued from page 105

CAFE BRULOT
Traditional in New Orleans' homes and restaurants, this flaming alochol of coffee, cognac, liqueur and spices is a dramatic ending to a holiday dinner party.

Ingredients
- zest of 1 orange, cut into julienne strips
- zest of 1 lemon, cut into julienne strips
- 2 cinnamon sticks, about 3 inches long
- 15 whole cloves
- 1 teaspoon sugar per cup (optional)
- 2 cups cognac or brandy
- 1 cup orange liqueur
- 4 cups strong black coffee

Method
Place orange and lemon strips, cinnamon, cloves, and sugar in a chafing dish over low flame. Combine cognac and orange liqueur in a saucepan and warm. Ignite cognac-liqueur mixture and pour flaming over the ingredients in the chafing dish. Add the coffee, stirring with a long-handled spoon until the flames ebb. Ladle into demitasse cups. Serve at once to 18.

Individual spritzers are great because they combine low-calorie wines with no-calorie club soda. They should be served in tall, slim glasses, tinkling with ice.

How to tell if it's a true CROCK-POT SLOW COOKER

CHECK THE NAME The true Crock-Pot slow electric stoneware cooker is made only by Rival. It's the original slow cooker, the one that started the big swing to slow cooking. Other cookers use names and designs to imitate ours, but no other cooker is a true Crock-Pot!

LOOK INSIDE The true Crock-Pot is made of thick stoneware, never glass or metal. Only thick stoneware can hold the low heat required for true Crock-Pot cooking. Electric elements around the sides evenly heat the stoneware to about 200° (300° on high) so there's no concentrated heat in the base. That's the secret of true slow cooking. It means you can simmer stews, roasts, chicken, soups and casseroles for 8, 10 or 12 hours without stirring, timing or tending. The Crock-Pot cooks all day while the cook's away" for about 46.

CHECK THE COOKBOOK Every regular Crock-Pot brings its own 84-page Cookbook with over 180 recipes...from main dishes to sauces, vegetables, even breads and cakes.

CHECK FOR THE GOOD HOUSEKEEPING SEAL Then give (or hint for) the original Crock-Pot slow cooker. Four sizes in choice of Avocado Flame or Harvest Gold.

Watch for Joe on The Today and Tonight Shows. He says, "It's worth its wait in flavor!"

RIVAL MANUFACTURING COMPANY
Kansas City, Missouri 64129. Also available in Canada.

SANTA'S SPRITZER
Pour into a glass 4 ounces of dry red wine, such as California Zinfandel or Cabernet Sauvignon, add ice and carbonated water. Top with a trio of seasonal fresh grapes.

SNOWTIME SPRITZER
Pour into a glass 2 ounces vodka or gin. Add 4 ounces unsweetened grapefruit juice. Fill the glass with diet ginger ale or 7-Up. Garnish it with a segment of fresh grapefruit.

Continued on next page

INCEMEAT RUIT CAKE

by Sandra Oddo

Ingredients
- cup flour, sifted
- 2 teaspoons baking powder
- 1 teaspoon baking soda
- 1 teaspoon salt
- 3 ounces mincemeat
- 1 cup raisins, seedless
- 1 cup walnuts or pecans, chopped
- 1 cup candied cherries, chopped
- 1 cup citron, chopped
- eggs, slightly beaten
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 cup sugar
- 1 cup butter, melted
- 1 cup brandy, bourbon, or sherry

Method
Sift flour, baking powder, baking soda, and salt together. In another bowl, combine the mincemeat, raisins, nuts, cherries, citron.

Add a bowl, put eggs, add vanilla and sugar, and beat well. Stir in melted butter. Stir in mincemeat mixture and dry ingredients.

Grease and flour well three 1-pound coffee cans and fill ¾ full. Bake about 1 ½ hours at 250°, or until done. Test with a straw. Remove the cakes from oven and splash on ¼ cup brandy for each cake. Put on the plastic lid. Allow to age for month or so.

Pour into a glass 4 ounces of dry red wine, such as California Zinfandel or Cabernet Sauvignon, add ice and carbonated water. Top with a trio of seasonal fresh grapes.

How to tell if it's a true CROCK-POT SLOW COOKER

CHECK THE NAME The true Crock-Pot slow electric stoneware cooker is made only by Rival. It's the original slow cooker, the one that started the big swing to slow cooking. Other cookers use names and designs to imitate ours, but no other cooker is a true Crock-Pot!

LOOK INSIDE The true Crock-Pot is made of thick stoneware, never glass or metal. Only thick stoneware can hold the low heat required for true Crock-Pot cooking. Electric elements around the sides evenly heat the stoneware to about 200° (300° on high) so there's no concentrated heat in the base. That's the secret of true slow cooking. It means you can simmer stews, roasts, chicken, soups and casseroles for 8, 10 or 12 hours without stirring, timing or tending. The Crock-Pot "cooks all day while the cook's away" for about 46.

CHECK THE COOKBOOK Every regular Crock-Pot brings its own 84-page Cookbook with over 180 recipes...from main dishes to sauces, vegetables, even breads and cakes.

CHECK FOR THE GOOD HOUSEKEEPING SEAL Then give (or hint for) the original Crock-Pot slow cooker. Four sizes in choice of Avocado Flame or Harvest Gold.

Watch for Joe on The Today and Tonight Shows. He says, "It's worth its wait in flavor!"

RIVAL MANUFACTURING COMPANY
Kansas City, Missouri 64129. Also available in Canada.
Serve an herbed tea or tisane as an invigorating meal starter or sip one as you prepare the holiday feast.

CELEBRATE—and stay slim

TEUTONIC WINE SPRITZER
Pour into a glass 4 ounces Moselle or Rhine wine, add plenty of ice, and fill with club soda. Garnish with defrosted frozen whole strawberries.

ROSE SPRITZER
Pour into a glass 6 ounces of California rose, add ice and club soda. Place a thin round of un peeled cucumber near the rim of the glass.

RUBESCENT TISANE
A zesty tomato and herb soup, to start off a holiday meal in style.

Ingredients
6 cups tomato juice
1 14-ounce can beef bouillon
1 small onion, grated
3 stalks celery, very finely minced
Juice of 1 large lemon, strained
6 cups tomato juice
1 14-ounce can beef bouillon
1 small onion, grated
3 stalks celery, very finely minced

Method
Mix the spices with the water and add to a 5-quart kettle or pot together with the sherry. Bring to a boil, lower flame and simmer 20 minutes.

Beat the egg whites in a huge, 10-quart bowl. Remove hot, spiced sherry from fire and, using a ladle, gradually add to the beaten egg whites, beating with a wire whisk after each addition, until thoroughly blended.

Transfer to a large holiday punch bowl and serve at once with a slice of apple to about 20.

Note: The mixture has a tendency to separate after a half hour, so use at once. For a smaller group, halve the recipe.

KnickiERocker Pegleg Punch
A hearty brew, this—so ladle with caution—no more than 3 ounces to a cup—and plenty of ice.

Ingredients
10 teaspooons loose tea or 10 teabags
2 quarts boiling water
1 12-ounce jar orange marmalade
12 ounces cold water
1 bottle (a fifth) rye whiskey.
1 bottle cognac or brandy
1 bottle medium-dry Madeira
(Verdello or Rainwater)
 superfine sugar, optional
4 medium oranges, thinly sliced
2 medium apples, coarsely chopped
1 medium pear, peeled and coarsely chopped
2 cups sugar

Method
Steep tea in boiling water 3-5 minutes, until very strong. Spoon marmalade into a saucepan, add cold water, and simmer, stirring, until marmalade is melted. Pour into the hot tea, stir to blend, cool.

To assemble the punch, float a large block of ice in a large, festively colored holiday punch bowl. Add whiskey, cognac, Mar deira, and the marmalade-spiked tea. Let stand until serving time. You may wish to add a small scoop of superfine sugar. Float the orange slices atop and ladle into punch cups, adding additional ice and an orange slice to each. Serves about 45.

CAFE MEPHISTO
Hot and spicy, with a whisper of anisette.

Ingredients
1 teaspoon cardamom seeds, finely crushed
3 cinnamon sticks, about 3 inches long
**Shopping for Surprises**

with Harry and David

Creators of the Fruit-of-the-Month Club

---

**Giant Amaryllis**

Blooms in just 4 to 6 weeks! Flaming red, super-sized flowers up to 8 inches across! Exotic show lasts for weeks — bulb can be stored for year after year blooms. Completely preplanted... nothing to add except water. GUARANTEED after 1 year blooms. Cometeiy preplanted. Available Nov. 10 to April 15.

Order Gift No. 360 $1295 delv'd

---

**Cheese Wheels**

Three round pounds of natural aged cheddar — exclusively packed in a special crate by Harry and I. Made from solid Oregon pine. Each fine cheese is aged to a distinctly different flavor — Mellow, Sharp, and Extra Sharp. Each is wrapped in colorful, flower-saving wax, and hand-packed in that unique crate. Available Nov. 1 to Jan. 20.

Order Gift No. 201 $6995 delv'd

---

**Fireside Favorite**

World’s most nuttyflavor mixture — English WALNUTS, California ALMONDS, sweet, woody, Oregon FILBERTS, Brazil NUTS, ZILS from Brazil, and PECANS... so big and perfect they’re not sold in stores! Handsome handwoven wicker basket, nutcracker and picks are all included. Net wt. 1/2/3 lbs. Available Oct. 15 to April 10.

Order Gift No. 412 $895 delv'd

---

**Bonsai Juniper**

Nature in miniature — this little tree is already three years old, yet just 6 inches high. Planted in a special clay pot; comes with 96-page handbook on the ancient and subtle art of Bonsai. Available all year.

Order Gift No. 261 $1395 delv'd

---

**Christmas Crocus**


Order Gift No. 801 $1095 delv'd

---

**Fruit-of-the-Month Club**

Since 1936, America’s favorite family club. Month after month, a parade of the world’s rarest and finest fruit sent direct from the orchard. Each gift box with your greetings. All announced by a handsome, gold-embossed Certificate of Membership.

**3-BOX CLUB:** Keeps coming and coming! Christmas, January, February, March, April, May, June, July, August, September, October and November.

Order Gift No. 111 $2495 delv'd

**5-BOX CLUB:** Surprise them with gorgeous gift boxes for Christmas, January and February.

Gift No. 141 $3995 delv'd

**8-BOX CLUB:** Delight them to pieces again and again! Christmas, January, February, May, August, September, October and November.

Gift No. 151 $6995 delv'd

**12-BOX CLUB:** Flabbergasting! A gorgeous gift every single month of the year.

Gift No. 201 $9995 delv'd

**Royal Riviera® Pears**

So big and juicy they treat 'em with a spoon — so rare, not 1 person in 1000 has ever tasted them! Beautifully gilt packed and sent with your personal greetings. Perfect arrival guaranteed! Net wt. 6-3/4 lbs. Order NOW for Thanksgiving and Christmas.

Order Gift No. 1 $895 delv'd

---

**We guarantee your complete satisfaction in every respect ... or your money back!**

Every year folks write to tell us how pleased their friends are with gifts from Harry and David. Our "secret"? It’s the personal touch that’s part of every gift we make. Harry and I grow our own fruit, bake our own cakes, put up our own preserves — even make our own baskets. If you could see the care with which our gifts are put together, you’d know why the quality is guaranteed.

Every one of our gifts is custom-made and packed by hand. Folks who won’t settle for less than the world’s rarest and finest fruit sent direct from the orchard. Each gift box with your personal greetings at no extra cost — and get your gifts in the mail at the right time, at the right place, at the right time, in perfect condition.

We guarantee it: you, and those to whom you send Harry and David gifts, must be completely satisfied in every respect, or we will promptly send a replacement gift or refund your money, whichever you prefer.

Send your orders to:

**Harry and David**

Box 501-L Medford, Oregon 97501

© 1975, Harry and David

---

Order here or send us your list

| Ship As | 
|-------------------------|---|---|
| City | State | ZIP |
| Quantity | Name of Gift | Order No | Amount |

$ (Max 3/4 x 3) 

Greetings to read:

| Ship As | 
|-------------------------|---|---|
| City | State | ZIP |
| Quantity | Name of Gift | Order No | Amount |

$ (Max 3/4 x 3) 

Greetings to read:

| Ship As | 
|-------------------------|---|---|
| City | State | ZIP |
| Quantity | Name of Gift | Order No | Amount |

$ (Max 3/4 x 3)
LOOKING GLASS

Elegantly designed stained glass mirror, handcrafted with the feminine you in mind. 18"x12" wall in muted shades of opalescent green, lavender and maize, placed on its own brass stand or hung on your wall. Mirror with stand $70, without stand $65 ppd. Please send $50 for color brochure showing our many other stained glass creations.

ELUSIVE BUTTERFLY

PHOENICIA, N.Y. 12464  914 688-5244

Mayfly, 18"x12" wall in those shades of opalescent green, lavender and maize. The Mayfly is also available without stand for $65 ppd. Please send $50 for color brochure showing our many other stained glass creations.

SONG STITCHERY

"Twelve Days of Christmas" ornaments depict the 12 stanzas: Partridge in Pear Tree, Turtle Dove, French Hen, Calling Bird, and so forth. Each plump needlepoint ornament is from kit that includes design on 4" long canvas, bright wools, backing, stuffing. Each $2.95; all 12, $29.95. Add 50c per kit. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

HOMESPUN OSNABURG

Attractive, coarse featured curtains of unbleached 100% cotton that go so well with country antiques—folk art—barn siding. Hand washable Cape Cod Ruffled, tie backs incl. 70" wide per pr $5; 30" x $3.50, $2.40, $1.50, $1.00, $0.50. For orders under $5, add 50c post & handling. Add 50c post and handling. Md. residents add 4% tax. SATISFACTION GUARANTEED.

DEEP SEA DENIZENS

Stunning shells from the sea for the collector. Cock's Comb Oyster, $4.50; Crenulate Auger, $2.50; Heart Cockle, 95c; Perspective Sundial, $2.25; Dawn Cowrie, $1.50; Sieve Cowrie, $3; Warted Egg Shell, 60c. Add 75c post ea. New color portfolio and catalogue, $1. Dover Scientific, HG12, Box 6011T, Long Island City, NY 11106.

PROUD PATCHWORK

A Santa charmer to hang on the mantel. Wonderfully puffy patchwork stocking in colorful, washable cotton pieces. 21" h. Handmade by mountain craftsmen. $12 plus $1.50 post. Blue Ridge Cottage Industries, Inc., HG12, Box 125-A, Banner Elk, NC 28604.
HIS AND HERS
Raggedy Ann and Andy dolls form the base of table lamps, complete with alphabet blocks, built-in night light. In red, white and blue: 16" h., 8" w. on 5" base. Each $9.98; pair, $17.98. Add $1 post. Marter Lighting Fixtures, HG12, 1362 Flatbush Ave., Brooklyn, NY 11210.

PERSONALIZED
Lithographs of boy and girl with names you specify. Polished chrome frame, plexiglas cover; specify mat in red, yellow, pink or blue. 11" x 14"; 15 designs available. Each $9.75 plus 75c post. Groton Productions, Inc., HG12, Box 187, Forest Hills, NY 11375.

CROCUS ZONATA
Wondrous bulbs grow up to six blooms each, without sun, soil or water! In shades of blue, lilac and purple, the big Mysteria® (crocus zonata) blossoms are a thrilling accent. Five bulbs, $1; 12, $2; 30, $4. Ppd. House of Wesley, Greenhouse Div., Dept. 4575-38, Bloomington, IL 61701.

NUMBER. PLEASE
Create time electronically: depress control button and the time will appear in bright red digits on ruby-red crystal. Another press shows month and date; a third, the seconds. L.E.D. timepiece on 24" chain and in case of rhodium silver, $99.95; or gold tone, $109.95. Add $3 post. Contemporary Marketing, Inc., HG12, 790 Maple Lane, Bensenville, IL 60106.

start with a shelf...
... a shelf of crystal-clear Lucite. To wake up a wall, and to show all the beauty of your pewter or thimbles or figurines. Superb 3/16" thick Lucite, museum-designed and American-crafted by Robert Mainly—gleam-polished, finished with three sturdy Lucite hanging supports. Screws included. Stands alone, too. 8846 Lucite Shelf, 17 1/2 x 17 1/2 x 2 1/4" deep. .......... $14.98

The entire collection above—save on a magnificent gift! 8849 Lucite Shelf plus 8 figures as shown. .......... 1 Set $59.98

for pewter collectors...
Enchanting tea set by Britannia Pewter—a gem! Deeply etched in lovely rose motif, and cunningly sized—the tray is 3 1/4", cups a mere 1/4" high. Complete 10-piece set with an authenticating tag—genuine pewter, American-made and beautifully gift-boxed. 8807 Pewter Tea Set $14.98

for thimble collectors...
Solid Sterling Silver, our own fine imports from around the world—nicely gift-boxed. 8709 From West Germany. Rose thimble of superb Sterling, exquisitely enamelled in six shimmering hues, crowned with a translucent rose-colored stone. Gorgeous gift! $13.98
8706 From West Germany. Classic Blue Delft motif, hand-engraved on fine Sterling. $8.98
7856 From Portugal. Lively antiqued border on Sterling, Gold-washed inside. $4.98
7357 From West Germany. Radiant translucent stone atop solid Sterling, intricate border, richly antiqued. Artichoke design. $7.98

Add 35c post. & hdlg. for thimbles, $1.00 for other items. N.Y. state will tax.

LILLIAN VERNON

DECEMBER, 1975
The genuine U.S. Morgan Silver Dollar Watch is a collector's find. Has a precision 17 jewel Swiss movement, handsome black suede band, an unbreakable crystal. Carries a 2 year guarantee. A magnificent watch in a limited edition gift boxed.

$59.50
We Pay Postage
Send check or money order to:
HORIZON INDUSTRIES
5117 Eleventh Ave., Brooklyn, N.Y. 11219

FOR COIN BUFFS
Antique brown vinyl album with rings holding eight clear vinyl folders for over 130 coins 1/2" to 3" dia., also bars, ingots 10" by 10½". Brass initials (3" high). $10.98; 3 add-on pages $3.98. Set $13.98. Add 80c post. Lillian Vernon, GDE. 510 So. Fulton Ave., Mt. Vernon, NY 10550.

FOR YOURSELF, FOR GIFTS . . .

SHOPPING AROUND

TOTAL WARMTH

HISTORIC ICEBOX
The kind of icebox great-grandmother used has been reproduced in miniature to make a container to use on bar, patio or by the pool. Walnut finished wood with removable plastic liner. 9" by 7½" by 6½". $11.95 plus 50c post. Downs, Dept. 1412-Y, Evansville, IL 62024.

3D INITIALS
Shining sterling silver initials have great depth, hang handsomely from a 15" sterling chain. Great for winter velvets and shimmering silks or sporty with tweeds and soft wools. $13 each with chain. Add 50c post. Silver Shoestring, Box 275, Rockville Center, NY 11571.

TO THE RESCUE
Brilliantly simple gadget averts many a catastrophe: it keeps an extra car or house key on the firewall. Bumper or a metal pipe. Metal key case has sliding cover and heavy magnet. $1 plus 50c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

COUNTRY FABRIC
Real homespun fabric, the kind woven by Pennsylvania Dutch weavers, makes beautiful tablecloths, never needs ironing. Sev- eral patterns, shades, sizes; also available by the yard. Descriptive brochure free from Homespun Weavers, PIFG-12, Ridge and Keyst- on St., Emmaus, PA 18049.

MINI STOOL

FOR COIN BUFFS
Antique brown vinyl album with rings holding eight clear vinyl folders for over 130 coins 1/2" to 3" dia., also bars, ingots 10" by 10½". Brass initials (3" high). $10.98; 3 add-on pages $3.98. Set $13.98. Add 80c post. Lillian Vernon, GDE. 510 So. Fulton Ave., Mt. Vernon, NY 10550.
5 MINUTES — TWICE DAILY FOR 14 DAYS, THAT'S ALL THE TIME WE ASK... and we guarantee you will start looking years slimmer—and that's only your beautiful beginning!

INGENUOUSLY SIMPLE
No complicated exercises. No rigid diets. Without disrobing, do one simple, pleasant, rhythmic "5" minute exercise twice daily, lying comfortably on your back, whenever you have the time during the day or evening (even while watching TV). Because it activates your major muscle groups at one time, it instantly starts its concentrated slimming, firming, and shaping action on your total figure.

AMAZINGLY EFFECTIVE
The Figure Shaper action concentrates mainly on your waistline, hipline, and upper thighs... the areas that emphasize an aged body look when you're overweight. It even helps firm up your bustline. By speeding up your metabolism, it helps burn up stored calories, releasing excess water, curbing your appetite without suppressants. You'll increase your energy factor, vigor, and well being... and we guarantee you'll see results in 3 days... start looking years slimmer in 14 days!

SAY GOODBYE TO RIGID DIETING — EAT ANYTHING YOU WANT (JUST 20% LESS)
With the Figure Shaper Plan, there's no need to give up any of the foods you love or subject yourself to rigid dieting. Just cut down about 20% of your food intake (without giving up any of the "goodies" you love) until you reach your normal weight. After that, the "5" Minute Figure Shaper exercise done twice daily will help keep you firm, slim, and shapely... and it can put an end to your "weight-loss-gain" cycles without any further reductions in food intake—no dieting!

IT'S COMPLETELY TESTED
It's scientifically tested. Fitness Expert tested... and they all agree: It's the safest, simplest figure shaping plan you can use to slim down and shape up your figure quickly. It follows the physical and physiological laws accepted by the medical and fitness professions in slimming, shaping, and helping to revitalize your figure. That's why we can make this broad no-nonsense guarantee...

OUR UNDENIABLE GUARANTEE
"You can stop dreaming NOW... with our "5" Minute Figure Shaper Plan! Use it for 14 days, and if you don't start to lose inches and pounds, improve your vitality, fitness, posture, work off body tension, feel and look slimmer... to your satisfaction... return the Figure Shaper Plan for your $7.98 refund. No questions asked!"

SLIMMING RESULTS THAT STAY
After reaching your normal weight, one "5" minute exercise twice daily, at your convenience... without any further reduction of food or dieting, will help keep you slim and shapely. It can also help break your "weight-loss-gain" cycles for good.

STOP DREAMING AND DO IT NOW!
Use America's most successful figure slimming and shaping plan. Over 600,000 customers have chosen our "5" Minute Figure Shaper Plan to slim down fast. Results are proved. Some have lost as much as 15 pounds and 5 waistline inches in 14 days! Of course, results vary, but we guarantee you will get the results you want if you follow our instructions, or your $7.98 will be refunded. Shouldn't you "wake-up" now and start to make your dreams of a beautiful figure come true?

Give us 2 hours and 20 minutes to lose 5-12 pounds, and 2-4 waistline inches... and that's just the beginning!

How does a girl begin to look like this?

The Figure Shaper
Weighs 10 ounces.
Fits any wallet size pocket or purse.

Joseph Weider
Creator of Beautiful Bodies since 1936
5 Minute Figure Shaper Plan
2100 ERWIN STREET
WOODLAND HILLS, CA 91364

I am enclosing $7.98 plus $1.00 for shipping and handling for your "5" Minute Figure Shaper and illustrated guide. California residents, add 8% sales tax. Enclosed is [ ] Check [ ] Money Order no COD accepted for total of $...

Please allow 3 to 4 weeks delivery.

© Joe Weider 1975 Another Fine Product By Weider Health and Fitness

IN CANADA: 5 Minute Body Shaper, 2875 Bates Road, Montreal, Quebec
THE CAVALIER PANT BOOT
Handsomely crafted in genuine Glove Leather. Smooth, no-seam vamp: adjustable buckled strap. Resistant ribbed sole and well-balanced 1" heel. Brown, White, Black, Navy, Luggage Tan, Red or Bone; Also Black or Brown Suede Leather. Sizes 6-10 1/2 Narrow (AAA.AA); 5-10 1/2Medium (A.B.C) widths.

$19.00 Add $1 postage
$11 deposit for COD. Suits, Garb.

OLD PUEBLO TRADERS-HDB
600 So. Country Club, Tucson, Ariz. 85716

Now your plants can talk to you!
Press the probes of your Green Genie into the soil and listen—your plant will talk with fast, slow or no clicking sound and you'll know if water or not. No dials to read; it's easy and quick! Simple instructions, plus chart of how to water over 190 plants. Operates on 9-volt battery for about 1 year. Order for yourself and don't forget the plant-lover's on your list! Satisfaction guaranteed. Only $10.95 (battery included). La, res, add tax. Check or money order only. Send order to:

PETITE LAGNIAPE
Dept HG 12, 1026 Hibernia Bank Bldg.
New Orleans, La. 70112

bone jewelry
India's mighty elephant is captured on a pendant supported by hand carved beads to form a necklace of white bone. Matching earrings display 4 elephants carved from a single piece of bone. From our catalog of international gifts. Necklace $25 long, 2" pendant $8.95 ppd. Earrings (order pierced or screw type) 1 1/2" long $6.95 ppd. from India

I'N A PRESS FOR FULL-COLOM IMPORT CATALOG

PATCHWORK PRETTIES
Tree ornaments are handmade by skilled craftsmen of the Blue Ridge Mountains, and just like those on last year's main tree at the White House. All of new washable cotton. 3/4" in dia. Six $12 plus $1.50 post. Blue Ridge Cottage Industries, HG12, Box 125-A, Banner Elk, NC 28604.

LASTING ROSES
Exquisite little bowl in fine bone china. Its lovely petals, artfully cured in old-fashioned smoke-houses. Enjoy it for party hors d'oeuvres, special lunches and snacks. 3 1/4" high. $3.95 plus $1.50 post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

UP TO SCRATCH
Sooth that hard-to-reach itchy spot with a back scratcher that's battery-operated! Chrome-plated metal reach-extender is 15" long; operates on two "C" cell batteries (not included). $4.98 plus 40c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.


OLD VILLAGE SHOP
Dept. M-4518, Hanover, Pa. 17331
ON YOUR FINGER...BEFORE YOUR EYES, IT CHANGES FROM COLOR TO COLOR...DRAMATICALLY REVEALING YOUR WARMEST OR COLDEST INNER FEELINGS...

Guaranteed to amaze and amuse you and your friends...even strangers. It's an original Stewart Frost creation.

It's a fascinating conversation piece. It's an ever-changing barometer of how you really feel. It's a beautiful, expensive looking piece of jewelry. It's a fascinating conversation piece. It's an ever-changing barometer of how you really feel. Just think of the fun your friends and family will have when they see your ring change color. Imagine the responses when you're with someone who brings out the best in you — and your ring turns a deep violet-blue!

Now...the New Passion Stone Ring will reveal your innermost thoughts, tell the exact state of your mind.

HOW THE PASSION STONE'S LIVING COLORS WORK

Now, you're probably wondering how it works, how it's possible for a stone to be any of eight different colors, with each color an almost perfect reflection of your feelings?

Whatever your mood may be, happy or sad, gay or depressed, your body gives off an energy signal in the form of heat. The Passion Stone, a brilliant crystal, specially treated (with a rare secret ingredient) to be highly sensitive to this energy. So, in minutes, it changes from one color to another that they say corresponds almost exactly to the way you feel.

A FUN RING IN THE BEDROOM, AT DINNER, THE OFFICE OR AT A PARTY

Now you can test your loved one in the bedroom or a party. Just have them try on your Passion Stone ring. You can reveal your inner mood. It's an original Stewart Frost creation.

YOUR DOUBLE GUARANTEE

GUARANTEE #1: Your Passion Stone is a mark on the strip, as in any fine jewelry...or return it to us within 10 days for a refund.

GUARANTEE #2: Your Passion Stone must reveal your innermost feelings, put you in touch with the way you really feel, or even better, or return your ring within 10 days for a complete refund or cancellation of all charges.

WHAT THE COLOR'S REVEAL

Each of the Passion Stones eight vivid colors approximately makes the color of a natural gem — onyx, amber, topaz, jade, emerald, turquoise, lapis and sapphire. Based on average temperature range of normal individuals it's assumed that the color change will reveal the results of chart below.

<table>
<thead>
<tr>
<th>YOUR MOOD</th>
<th>THE COLOR OF THE STONE</th>
<th>THE STONE THAT IT RESEMBLES</th>
</tr>
</thead>
<tbody>
<tr>
<td>You're under-going mental strain working too hard</td>
<td>Black</td>
<td>Onyx</td>
</tr>
<tr>
<td>You're upset, feeling anxious</td>
<td>Reddish Brown</td>
<td>Amethyst</td>
</tr>
<tr>
<td>You're beautiful and between, unmarried</td>
<td>Golden Yellow</td>
<td>Topaz</td>
</tr>
<tr>
<td>You're feeling okay, active and involved</td>
<td>Light Green to Bright Green</td>
<td>Emerald</td>
</tr>
<tr>
<td>You're relaxed, feeling good</td>
<td>Blue Green</td>
<td>Turquoise</td>
</tr>
<tr>
<td>You're really at ease with good vibrations</td>
<td>Bright Blue</td>
<td>Lapis</td>
</tr>
<tr>
<td>You're at your best, satisfied and passionate</td>
<td>Violet Blue</td>
<td>Sapphire</td>
</tr>
</tbody>
</table>

How do you feel?


SPECIAL LOW PRICE

Right now the Passion Stone rings are not available in any stores. For now, we just want as many people as possible to know about the Passion Stone so it will really be popular when it goes on sale in the stores.

Quantities are definitely limited now and orders will be filled on a first-come, first-served basis. Fill in and return the coupon below...TODAY!

SEND TO: STEWART FROST INC., Dept. 2610
511 Fifth Avenue, New York, N.Y. 10017

YES, please send me the Passion Stone(s) ring(s) under your 10-day MONEY BACK DOUBLE GUARANTEE. Enclosed is my check or Money Order for the items checked below.

☐ Man's Ring — Size
☐ Woman's Ring — Size

Please send me the ring(s) in the sizes indicated for only $9.95 each in Silver Tone finish, plus $.75 for postage and handling.

☐ Please send me the ring(s) in the sizes indicated for only $14.95 each in Heavy White Gold Electroplate, plus $.75 for postage and handling.

☐ SPECIAL ORDER 2 FOR ONLY $24.90...YOU SAVE $5.75...NEW YORK RESIDENTS ADD SALES TAX.

Name
Address
City
State
Zip

(All replies in confidence.)
**Tea 'n Bamboo Cart**

Tea 'n Bamboo metal fashionably accents a highly functional, easy to move tea cart. Perfect for everything from tea, coffee and cocktails at parties to family snacks. Easy gliding casters move over all floor surfaces while two 24"L by 16"W oval clear glass shelves feature side retainers. Beautifully finished in your choice of lustrous brass plate (GOBC-24B) or bright nickel plate (GOBC-24N). $119.75, shipped prepaid on receipt of check.

**Santa Claus, Indiana 47579**

Take treasured snapshots out of hiding. Display them in this revolving photo file! No gluing! No mounting! Simply slip photos up to 3½" x 5½" into the protective transparent windows suspended on the sturdy wooden base. Envelopes for 160 pictures are included. $14.95 plus $1.25 postage. Deluxe model (not shown) has round wooden base, 2" wooden turning knobs, plexiglass frame, envelopes for 240 pictures. $19.95 plus $1.50 postage. Both models will hold up to 600 photos. Envelopes for each additional 32 photos are $1.25.

**Ferry House Dept. G-125**

New rectangular shape for a larger mirror area! The bathroom mirror that comes to you—8x10"—two faced mirror flips from plain to magnifying, extends to 20" sweeps for best angle and light. Gives back-of-head view to style and trim hair, folds flat to wall when not in use. Polished chrome-plated metal.

**The Country Gourmet**

If you've suffered the discomfort of arthritis stroke, Parkinson's back trouble, or MS, you can take the struggle out of standing or sitting. Gently lower yourself to a sitting position while the touch of a switch. Then, securely raise yourself to your feet. You're dependent on no one but yourself and the touch of a switch. Write for free color brochure and information on our Try Before You Buy Plan. No Obligation.

**Optic Opera AIDS**

Take treasured snapshots out of hiding. Display them in this revolving photo file! No gluing! No mounting! Simply slip photos up to 3½" x 5½" into the protective transparent windows suspended on the sturdy wooden base. Envelopes for 160 pictures are included. $14.95 plus $1.25 postage. Deluxe model (not shown) has round wooden base, 2" wooden turning knobs, plexiglass frame, envelopes for 240 pictures. $19.95 plus $1.50 postage. Both models will hold up to 600 photos. Envelopes for each additional 32 photos are $1.25.

**The Talbots**

Send for our new free color catalog.

**Colonial Events**

Four prints in red, white and blue on cream art stock. Flag of 13 Colonies, Drum and Bugle Corps, Liberty Bell, and Declaration of Independence. Ready to frame, decoupage or mount. 9" by 12", Set $1 plus 35¢ post. Cadyn's, HGP12, 2077 N.Y. Ave., Huntington Sta., NY 11746.

**Hand-Tied Canopy**

Miniature ice cubes are ideal for speedy chilling of drinks, salads and seafood. A simple twist of the plastic tray and 90 little cubes of crushed-ice size pop right out. $1.49 plus 20¢ post. Anthony Enterprises, HGP12, 556 Mission St., San Francisco, CA 94105.
THE GARDENER'S PRIDE

Easily installed Landscape Border Edging provides lasting separation of lawns and flower beds. Does not rust, rot or break down. Anchor Tabs add stability in soil. Brownish color blends with tree bark. 30" x 4½" $9.97; 2 - $19.00 ppd.

Hortiscape, Inc.
7866 Second St.
Dexter, MI 48130

_ALWAYS HANDY_

Your magazines and records go from clutter to convenience in a sturdy cradle of hand-woven natural willow. Move it easily to a favorite chair. 20" h. by 20" w. by 13" d. $17.95 plus $2 post. Catalogue is 25c. Fran's Basket House, HG12, Route 10, Succasunna, N.J. 07876.

CLASSIC GINGHAM

Woven ¼" no-iron checks: white with red, blue, lime, yellow, brown. 76" w. pr 3" ruffle. 24", 30", 36" $6.50; 45", 54", 63", 72" $10. shirred 10" by 54" valance $3.75; tiebacks, pr. $1. Add $1.75 post. Free brochure.

Old Colony Curtains, GSDGE, Box 759, Westfield, N.J. 07090.

EGGSHELL SET

Original flower designs are on real eggshells, all colorfully hand-painted by Czechoslovakia artists. They make distinctive decorations, are punctured at ends to insert string for tree hanging. Set of five $4.45 ppd.

Old Mexico Shop, HG12, Patio 2, Santa Fe, NM 87501.

BACKGAMMON BONUS

Personalized Lucite doubling cubes. Monogram or name engraved on side, painted numbers. Cubes 2-64 or 128-4096. 2" cubes, $16.95 ea., both, $30; 2½" cube, $19.95 ea., both $35; 3" octagon, $19.50. Ppd. Dorchester Gift Shop, HG125, 507 Fifth Ave., N.Y., NY 10017.

TWISTY KEY RING

Gold-finished aircraft cable key ring holds 25 keys and can withstand a pull of 150 pounds. No links to loosen, no chain to break. Its intriguing twist-lock opens easily, stays closed otherwise. $1.69 plus 20¢ post. Anthony Enterprises, HG12, 566 Mission St., San Francisco, CA 94105.

DOUBLE HANDLE DISH COPIED FROM A FAMOUS ANTIQUE

Our unusual covered dish, with its lovely panel thistle design, is an exact copy of those produced over 100 years ago. Authentic down to the tiny "Bee" mark on the bottom, it has two graceful handles and an ornate cover, topped with an exquisite final. Elegant as a butter, jam, nut or candy dish or to hold prized trinkets. It's also a hard-to-come-by collector's item. 5½" wide, 5½" tall overall. $12.95 plus $1.65 postage.

Artisan Galleries
2100 B-12 No. Haskell • Dallas, Texas 75204

THE SHOPPING AROUND

THE SHOPPING AROUND

THE SHOPPING AROUND

ON SALE

Gardener's Pride

ON SALE

Priscilla Telephones

THE MODERN TELEPHONE

Swedish Style

ERICOFON

The Modern Telephone

The improved version of the original T-Line phone. The base is designed to lay on the table or desk, or it can be hung on the wall. The only modern double use phone. The dial is cleverly fitted in the handset, and has an extra disconnect button so you can dial another number without hanging up. Functionally equivalent and interchangeable with any standard dial system. Your choice of decorator colors, red — white — blue — green — ivory — beige — and Mauve

$39.95 no ringer
$49.95 with buzzer
$59.95 with tweeter

See our collection of unusual phones as well as our large selection of new, restored, antique and modern phones, all of which are equipped with plugs for instant use.

GRAND COM INC. Dept. HG12 324 5th Ave. N.Y. 10001
Send 50c for complete Cat.

ON SALE

Dial-In-The-Hand Telephone

We've just made a buy on Original Princess style telephones. These are factory rebuilt fitted with standard cord and plug and ready for instant use. Available in white, beige, pink, blue and turquoise. While they last they are a good buy for that extra phone.
PRESENTING:

CIGARS OF THE MONTH

...3 years subscription to the world's finest cigars.

As a gift or for yourself. A medley of 12 of the world's finest handmade cigar brands to delight the aficionado or introduce the novice to the joys of cigar smoking. Begin your plan at any time. Your first shipment of 8 hand-rolled cigars will arrive gift boxed and accompanied by a certificate of membership to our unique plan. An informative letter of introduction to cigar smoking and a descriptive outline of the cigar brands to be shipped in future months will be enclosed. Name of the giver will appear on each certificate.

1 MONTH PLAN $39 pp; 2 MONTH PLAN $59 pp; 3 MONTH PLAN $39 pp; 12 MONTH PLAN $76 pp.

You receive a different brand each month (8 cigars monthly):

Jan./Punch — Feb./Dos Gonzales — March/Bances — April/Hoyo de Nicaragua — May/Tabacalera — June/Roy del Mundo — July/Flores de Mexico — Aug./Hoyo de Monterrey — Sept./Suerdieck — Oct./Hoyos — Nov./Danys — Dec./Royal Jamaican.

Please indicate month you wish your plan to begin. Consecutive monthly shipments only. Send check, m.o. or BAC, MC or AmEx card and expiration date. Be sure to provide name and address of recipient if applicable.

Another fine gift idea: THE GEORGETOWN COLLECTION, 14 of the world's finest hand-made cigars, gift boxed at $10 pp. Catalog $1. Free with order.

As a gift or for yourself. A medley of 12 of the world's finest handmade cigar brands to delight the aficionado or introduce the novice to the joys of cigar smoking. Begin your plan at any time. Your first shipment of 8 hand-rolled cigars will arrive gift boxed and accompanied by a certificate of membership to our unique plan. An informative letter of introduction to cigar smoking and a descriptive outline of the cigar brands to be shipped in future months will be enclosed. Name of the giver will appear on each certificate.

1 MONTH PLAN $39 pp; 2 MONTH PLAN $59 pp; 3 MONTH PLAN $39 pp; 12 MONTH PLAN $76 pp.

You receive a different brand each month (8 cigars monthly):

Jan./Punch — Feb./Dos Gonzales — March/Bances — April/Hoyo de Nicaragua — May/Tabacalera — June/Roy del Mundo — July/Flores de Mexico — Aug./Hoyo de Monterrey — Sept./Suerdieck — Oct./Hoyos — Nov./Danys — Dec./Royal Jamaican.

Please indicate month you wish your plan to begin. Consecutive monthly shipments only. Send check, m.o. or BAC, MC or AmEx card and expiration date. Be sure to provide name and address of recipient if applicable.

Another fine gift idea: THE GEORGETOWN COLLECTION, 14 of the world's finest hand-made cigars, gift boxed at $10 pp. Catalog $1. Free with order.

Get the excitement in this caftan of polydacron cushions. Hardwood frame, 32" h., 32 1/2" w., 21 1/2" seat d. Choice of fabrics, $167 with 24 pairs, $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

Cordless phone

Solid state extension phone is portable indoors or out within 300' of the main telephone in the house. Receives calls and dials outgoing calls. Operates on rechargeable Ni-CAD batteries. $395 plus $5.50 post. JLR Corp., HG12, 16200 Ventura Blvd., Encino, CA 91436.

Luxurious ease

Excellent choice for traditional or modern, zipper, reversible, polydacron cushions. Hardwood frame, 32 1/2" h., 32 1/4" w., 21 1/2" seat d. Choice of fabrics, $167 or 6 1/4 yds. 54" of your material, $91; exp. coll. Brochure, $1. Pennsylvania Coll., Dept. 7512, Box 2581, Hickory, NC 28601.

Face saver

Avoid breathing in hair spray or getting it in your eyes. A mask of clear plastic lets you see what you're doing while its triangular shape forms cone to protect face and makeup. $2.98 plus 45c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

Country scene

Rural realism captured by architect-artist, Peter Warner. Prints of original sepia brown pencil sketches are numbered (to 750), signed, matted 18" by 14". (Shown) Tenant House. $15 ppc. Brochure of other sketches. Peter Warner, HG12, Route 7, Box 219, Durham, NC 27707.
SHOPPING AROUND

WATCH ON HIGH

BATIK PAIR
Make-your-own-handbag kit: pr-cut fabrics for bag and lining, polyester for quilting, two 10" dowels and four wood balls, illustrated instructions. 14" by 15". $8.95 plus $1 post. Scarf ready to hem $1.95. Phoebe, Dept. HG125, 135 Soundview Dr., Lake Success, NY 11020.

HELP'S AT HAND
Changing handbags is hazardous, especially if you tote a bureau drawer's worth of gear. If you insist, be wise with a purse organizer—seven pockets. In multi-toned fabrics. 7" by 3½". $1.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., Dallas, Texas 75201.

PRETTY CERAMICS
Dainty Pennsylvania Dutch designs on white ceramic thimbles are the three shown at left in photo. Set, $5.50. The two Christmas thimbles, $4. Ppdp. By Fieldston, Edd, the Florist, Inc., HG125, Hickory House Collectors Div., 823 No. Court, Ottumwa, IA 52501.

PROTECT FINE FURNITURE with a natural wax glow. From Prime Imported Brazilian Carnauba Wax with absolutely no water content. A naturally glowing, long-lasting shine. Walter-DeLipsey HANDMADE WAX (214) 744-0731 Price can $350

the enchanted doll house
Enchanted doll house

... it's a collector's item!
Handcrafted by the artisans of the Fenton Art Glass Company... plate depicts historic meeting of Washington and Lafayette at Valley Forge... limited quantity
Patriot Red... $11.50 each Independence Blue... $15.00 each Valley Forge White... $15.00 each Add $1.00 per plate for postage and insurance... order early!

NEW 1975 EDITION
Brand New Catalog of Dollhouses, Miniatures and Accessories. 48 pages, 16 in color, of Exciting Items. Send $1.50 to:
THE ENCHANTED DOLL HOUSE Dept. HG125 Manchester Center, Vermont 05255

EXCLUSIVE FIRST SHOWING OF THE CAPLIGHT HURRICANE LAMP
The nostalgia of Early American oil lamps and the romance of candlelight are combined in this unusual Hurricane Lamp. Enjoy clean, safe, pure natural hand-crafted with the Capilight all glass candle. Permanent glass Wick works by capillary action and the flame ever a dependable. Color the candle with your choice of colored lamp oil. Burns for over four hours. The unique and hand blown glass can be removed for easy refilling. The unusual, burning candle flame is reflected around the large crystal clear chimney ball. Attractively designed pure wood base has a hand rubbed pine finish. Once lit, the flame remains centered in glass ball.

$8.95 each
509 Sth Ave., Dept. 1256, New York, N.Y. 10013

ELEPHANT TOWEL RING
Is an amusing but useful fellow for powder room or kitchen. Hand-woven raffia with bright marble eyes. 12½" high, 8½" wide, with hanging ring. Painted white, yellow or green. Add $1.00.

WALL ALL... Attractive and practical compartmented wall rack keeps mail, notes, recipes, etc. in your fingertips. Hand-woven of natural rattan, 12½" h. $5.95 plus $1.00 postage.
COUNTRY CURTAINS

**TIERS**
- 30", 36", 40"... 5.50 each... 7.00 pr.

**TIEBACKS**
- 45", 54", 63"... 7.50 each... 10.00 pr.
- 72", 81", 90"... 9.00 each... 12.00 pr.

**VALANCE**
10" x 80"... 2.50 ea... 3.25 ea.
78" wide per pair with 2" ruffle.

For years Country Curtains have gaily graced the bright, clean windows of charming colonial homes. Country Curtains add warmth to every room. Country Curtains retain their crispness and are a credit to your thresh.

Country Curtains are a lifetime friend and supply their own sunshine.... New England at its very best.

Please specify cotton muslin or permanent press in off-white or white. Please enclose check or money order. Sorry, no COD's. Postage and handling: lor orders under $10 add $1, over $10 add $1.75. Mass. residents add 4% sales tax. Satisfaction guaranteed.

COUNTRY CURTAINS
At Big Red Barns
Dept. 123, Stockbridge, Mass. 01262

---

WHIMSICAL DELIGHT
Charming blend of two American institutions: Snoopy of Peanuts fame snoozes atop Liberty Bell. Porcelain plate has red stripes and bright stars on a blue ground. 7" dia. $13 p.pd. Free collector's newsletter. Little Elegance, HG12, Box 831, Saddle Brook, N.J. 07662.

ONE IF BY LAND
Like the colonial look? Lantern that captures the spirit of Paul Revere's ride and Tea Party times is handcrafted in solid brass. 22" h. $65" w. extends 6" from wall. May be used indoors or out. $85 exp. coll. Color catalogue, $1. The Lamp Crafters, HG12, Box 501, Lawrenceville, Ga. 30045.

BIRD SONG
A musical perch for small pets adjusts to bird's weight which triggers Swiss-movement music box for a pretty melody, shuts itself off. In 11" by 3 1/2" by 3 1/4" sturdy plastic house. $7.98 plus 50c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, Ca. 94105.

LOVABLE YORKIE
Ready for you to needlepoint in shades of honey beige, silver and brown, with red and gold flowers on white background. Fin. size 10"x10". Full color 12 mono canvas, Persian wool, needle. $7.50 plus 75c post. Roselle Needlecraft, 1008 Fifth Street, HG12, Santa Monica, Ca. 90403.

NAVAJO BEAUTY
Bold Indian symbols reproduced. Woven of cotton yarns. Earth-tones on ivory. 3" by 5", $34.95; 4" by 6", $49.95; 5" by 9", $69.95; 9" by 12", $169.95; 8" runner, $44.95; 11", $54.95. Ppd. Catalogue, $1. Peerless Imported Rugs, GE125, 3028 N. Lincoln Ave., Chicago, Il 60617.

SHIMMERING CLAM
Natural white clam shell is a bright choice for dips or an individual salad. Man-made feet steadies it. Small, 6 1/2" by 4", $4.95; med., 7 to 8", $6.95; lg., 8 to 10", $8.95; add $1 each post. All 3, $15.85 plus $2 post. The Shell Divers, HG12, 5713 NW 65th, Way-Tamarac, Fl 33319.

INSTANT CLOSET
Any door becomes extra storage space with over-the-door clothes hanger with room for 12 hangers. Heavy-duty chromed steel, fits any door; still lets it open and close. $2.98 plus 65c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, Ca. 94105.

---

WHIMSICAL DELIGHT
Charming blend of two American institutions: Snoopy of Peanuts fame snoozes atop Liberty Bell. Porcelain plate has red stripes and bright stars on a blue ground. 7" dia. $13 p.pd. Free collector's newsletter. Little Elegance, HG12, Box 831, Saddle Brook, N.J. 07662.

ONE IF BY LAND
Like the colonial look? Lantern that captures the spirit of Paul Revere's ride and Tea Party times is handcrafted in solid brass. 22" h. $65" w. extends 6" from wall. May be used indoors or out. $85 exp. coll. Color catalogue, $1. The Lamp Crafters, HG12, Box 501, Lawrenceville, Ga. 30045.

BIRD SONG
A musical perch for small pets adjusts to bird's weight which triggers Swiss-movement music box for a pretty melody, shuts itself off. In 11" by 3 1/2" by 3 1/4" sturdy plastic house. $7.98 plus 50c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, Ca. 94105.

LOVABLE YORKIE
Ready for you to needlepoint in shades of honey beige, silver and brown, with red and gold flowers on white background. Fin. size 10"x10". Full color 12 mono canvas, Persian wool, needle. $7.50 plus 75c post. Roselle Needlecraft, 1008 Fifth Street, HG12, Santa Monica, Ca. 90403.

NAVAJO BEAUTY
Bold Indian symbols reproduced. Woven of cotton yarns. Earth-tones on ivory. 3" by 5", $34.95; 4" by 6", $49.95; 5" by 9", $69.95; 9" by 12", $169.95; 8" runner, $44.95; 11", $54.95. Ppd. Catalogue, $1. Peerless Imported Rugs, GE125, 3028 N. Lincoln Ave., Chicago, Il 60617.

SHIMMERING CLAM
Natural white clam shell is a bright choice for dips or an individual salad. Man-made feet steadies it. Small, 6 1/2" by 4", $4.95; med., 7 to 8", $6.95; lg., 8 to 10", $8.95; add $1 each post. All 3, $15.85 plus $2 post. The Shell Divers, HG12, 5713 NW 65th, Way-Tamarac, Fl 33319.

INSTANT CLOSET
Any door becomes extra storage space with over-the-door clothes hanger with room for 12 hangers. Heavy-duty chromed steel, fits any door; still lets it open and close. $2.98 plus 65c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, Ca. 94105.
INDIAN NECKLACE

American Indian jewelry seems so right to wear in the Bicentennial year. 24" I. rolled olive shell heishi is punctuated by hand carved mother-of-pearl "birds" to catch light and shadows. Accent for any outfit. $29 ppr. Colby's, HG125. 49 Mt. Rainier Dr., San Rafael, CA 94903.

NEW Duet

Listen to your favorite program in privacy while you shower or shave. Compact AM radio with complete with a standard 9 volt battery. 6 1/4" by 9 1/2". Tissue holder included. $12.98 plus 50c postage and handling. Seth & Jed. Dept. HG125, Great Barrington, MA 01230.

INSTANT PANTRY

Good-looking wall rack features straight wooden shelf on top, brace with five iron hooks for pots underneath. Ideal for kitchen or office. Fourheights short on storage, it's 30" I. $14.95. 18" I. 4-hook rack, $11.95. Ppd. Add $1 W. of Miss.}

FAMILY PROTECTION

About time to think about making a will to protect the family. "Wills—How to Make and How to Break Them" is written by an attorney. Personal history and asset sheet and four wills form. $5 each. Add 50c postage each for orders over 1. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

THE INCREDIBLE GIANT TI PLANT

Guaranteed to grow or free replacement.

In Hawaii the Giant Ti Plant grows up to 12 feet tall. You can grow yours from 1 to 8 feet — and higher. With lush leaves up to 2 feet long, Hawaiian legend says the Giant Ti brings the greatest blessings to those who raise them. It tells us of a woman who actually became a millionaire. The legend also contains the story of a Hawaiian fisherman who lived to the ripe old age of 123. Maybe the Giant will bring blessings to you.

The incredible Giant Ti Plant grows from a top in sun or shade. Put the Giant in water and magically, it sprouts. Then place it in a pot. The larger the pot, the larger the Giant Ti. Available in both red or green leaves. It makes a unique gift. For friends. Or for yourself.

Three for $2.50. One for $1.00
ADD 25c FOR HANDLING AND POSTAGE.
N.Y. RESIDENTS ADD SALES TAX.

A RARE FIND

"SHERRY" — Here they are, those hard to find, superbly comfortable, go-everywhere little softies that you love to wear day through night, season to season. Made of supple leather with foam-cushioned insoles and low heels, in Black, Red, Navy, Camel or White. $12.95. Sizes: 4 through 12. Narrow, Medium or Wide widths. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog. SOFWEAR SHOES, Dept. SH, 1711 Main, Houston, Texas 77002.

PLAY B.

B. Dept. G P.O. Box 4146 Cincinnati, 0. 45204

MONEY HUNGRY BANK

Place a penny, nickel or dime into the spoon and press until locked in a down position. Then release. After pause, spoon flips coin, false teeth open, sticks out a tongue and catches coin. Then "gulp" swallows it! Great Fun! Remember, lick inflation by putting the "bite" on your friends. $6.95 plus 75c post.

PUT YOUR MONEY WHERE YOUR MOUTH IS!

MUSIC BOXES

The Gift treasured "for generations"

Make every occasion a memorable one! Select the gift to delight all—from mothers and sweethearts to the man who has everything. Our color catalog features a vast selection of chests, figurines, clocks, children's and collector's items— at all prices and musical, of course.

To obtain your copy of catalog—send $1.00 (credited to your first order) to:
THE MUSIC ROOM dept B
3701 HEMPSTEAD TPK.
LEVITTOWN NY. 11756

A RARE FIND

"SHERRY" — Here they are, those hard to find, superbly comfortable, go-everywhere little softies that you love to wear day through night, season to season. Made of supple leather with foam-cushioned insoles and low heels, in Black, Red, Navy, Camel or White. $12.95. Sizes: 4 through 12. Narrow, Medium or Wide widths. No half sizes over 10. $1.00 extra per pair for sizes over 10. Add 90c postage for each pair ordered. Refund if not delighted. Free catalog. SOFWEAR SHOES, Dept. SH, 1711 Main, Houston, Texas 77002.

PLAY B.

B. Dept. G P.O. Box 4146 Cincinnati, 0. 45204

MONEY HUNGRY BANK

Place a penny, nickel or dime into the spoon and press until locked in a down position. Then release. After pause, spoon flips coin, false teeth open, sticks out a tongue and catches coin. Then "gulp" swallows it! Great Fun! Remember, lick inflation by putting the "bite" on your friends. $6.95 plus 75c post.

PUT YOUR MONEY WHERE YOUR MOUTH IS!

MUSIC BOXES

The Gift treasured "for generations"

Make every occasion a memorable one! Select the gift to delight all—from mothers and sweethearts to the man who has everything. Our color catalog features a vast selection of chests, figurines, clocks, children's and collector's items— at all prices and musical, of course.

To obtain your copy of catalog—send $1.00 (credited to your first order) to:
THE MUSIC ROOM dept B
3701 HEMPSTEAD TPK.
LEVITTOWN NY. 11756

A stunning showcase for plants

At last an inexpensive way to show off your plants. The space saving, crystal clear shelves allow light to reach all plants. The ladder- contrasts beautifully with green foliage and fits any style decor as an eclectic focal point. Size—36" high, 24" at bottom, shelf 5 1/4 x 16" also in "Smoke" color.

Only $14.95
5 1/2 hlg. & shop.
Mil. res. 4%
Bk Amel., Mat Chg.

HALAMAE COMPANY
One Prospect Court
Charlevoix, Ml 49720

THE INCREDIBLE GIANT TI PLANT

Guaranteed to grow or free replacement.

In Hawaii the Giant Ti Plant grows up to 12 feet tall. You can grow yours from 1 to 8 feet — and higher. With lush leaves up to 2 feet long, Hawaiian legend says the Giant Ti brings the greatest blessings to those who raise them. It tells us of a woman who actually became a millionaire. The legend also contains the story of a Hawaiian fisherman who lived to the ripe old age of 123. Maybe the Giant will bring blessings to you.

The incredible Giant Ti Plant grows from a top in sun or shade. Put the Giant in water and magically, it sprouts. Then place it in a pot. The larger the pot, the larger the Giant Ti. Available in both red or green leaves. It makes a unique gift. For friends. Or for yourself.

Three for $2.50. One for $1.00
ADD 25c FOR HANDLING AND POSTAGE.
N.Y. RESIDENTS ADD SALES TAX.
DEFROST FAST AND EASY

Defrost refrigerators and freezers without fuss or muss with our Infra-Red Electric Defroster. Just plug it in. No need to remove food from refrigerator. Defrosting is so quick, foods will not thaw. Gold anodized lightweight metal for controlled heat. UL listed.

ELECTRIC DEFROSTER $9.98 + $1.00 Mailing Each
No COD's or Billing

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-125
556 Mission St., San Francisco, Calif. 94105

RAJASTAN RUGS — rare designs from the alluring East that blend so perfectly with modern decor. Transform any drab area in your home, office or showroom into a prestigious showpiece of refined elegance. Also as dramatic accent rugs over carpeting. Natural yarns only, painstakingly woven into back of rug by our unique process, to assure many years of rugged wear. Hide spots and scuff-marks. Require a minimum of maintenance. Guaranteed imported. HOLIDAY SPECIAL: approx. 3'x5' $14.95; 4'x6' $24.95; 6'x9' $49.95; 9'x12' $89.95. If you order now, also for Xmas gifts, we will even pay the freight. Specify red, ivory, moss green or navy blue background. These rugs have been copied but never reproduced. Our 40th year of renowned reliability. Master Charge & Bankamericard.

INTERNATIONAL RUG CO.
360 Amsterdam Avenue
New York, N.Y. 10024

FREE COLOR CATALOG
Build Your Own Grandfather Clock starting under $200
(Including West German Movement)
- Do-It-Yourself Case Kits, parts pre-cut
- Solid 3/4" Black Walnut, Cherry, Mahogany, Oak
- Movements and dials
- Finished Clocks
- Direct Factory prices
Write for free color catalog

THE HOUSES OF SAN FRANCISCO
FOUR DIFFERENT MONTY JOHNSON ORIGIiNAL 11"x14" BLACK AND WHITE LITHOGRAPHS $5.00 EACH PRO $18.00 SET (4)

THE INKER
CONTEMPORARY ART PRINTS
BOX 25473
OKLAHOMA CITY, OKLA 73107
CATALOG OF PRINTS 25c

EMPEROR CLOCK COMPANY
1109 W. Wellington, HIL 61212
WORLD'S LARGEST MANUFACTURER OF INFRARED ELECTRIC DEFROSTERS

FREE SHOPPING AROUND
SUEDE JEWEL CASE
A three-pocket case carries rings, pins, bracelets and necklaces in handsome fashion. Russet, red or blue suede. 4" by 5" with firm snap closing. Handy size to tuck in luggage. $12.50 plus 85c post. Brownstone Studio, Inc., EG12, 342 Madison Ave., N.Y., NY 10017.

LIBERTY IN CRYSTAL
Unique collector's item for our bicentennial is a miniature Liberty bell in 24% lead crystal and it has a clapper, too. 5½" high and 3½" in diameter. Sparkling star for dining table or treasure shelf. $19.50 plus $1.50 post. The Gift Horse, HG12, 69 Mary- land Ave., Annapolis, MD 21401.

'WAY BACK WHEN
Mini replica of 1900 edition of a Sears Roebuck catalogue — when prices were lowest since 1800! Fascinating what pennies could buy. 388 pages, 4000 illustrations. 5¼" x 7½" $2.45 plus 30c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

PORTRAIT IN OIL
A true work of art painted on linen canvas from your old or new photograph. Choose from twelve portrait painters. Canvas sizes range from 12" by 16" to 30" by 40". Prices from $99.50 to $995. Catalogue, 25c. Van Dyke Oil Portraits Ltd., HG12, 153 E. 57th St., New York, NY 10022.

BRUSH OFF
Handy surface cleaner with detachable lint remover does away with threads, dust, pet hair and other debris. Washable gadget, made in Holland, is ideal for carpeted stairs, car, boat, tablecloths. $4.95 ppd. The Shopping Bag, HG12, 1337 N. Ashland, E. Wenatchee, WA 98801.

HEAVY CANVAS TOTE
One piece, double bottom. Navy, red, avocado, yellow, sand, natural brown. 12" x 9", $7.75 plus $1.15 post; 12" x 14", $9.75 plus $1.25 post; 18" x 14", $11.75 plus $1.35 post. (Add 90c w. of Miss.). Catalogue free. Port Canvas Co., HG12, Dock Sq., Kennebunkport, ME 04046.

HOCUS-POCUS
Easy-to-follow tips on how to become an expert on sleight of hand card tricks. Fascinating hobby for you, fun for your family and friends. 84 card tricks, to while away time. $1.49 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.
COUNTRY CURTAINS
Ball Fringe on Cotton Muslin or Permanent Press—Natural or White

TIERS
20"  25"    30"  36"  40"  60"  60"  650 pr.  6.00 pr.
TIEBACKS
45"  54"  63"  72"  81"  90"  10.00 pr.  10.50 pr.

ALMATEX INTERNATIONAL CO.
P.O. Box 2148, Stuart, Fla. 33494
Fla. residents add 4% sales tax

KITTEN IN Needlepoint

Adorable needlepoint of an appealing, precocious kitten. Worked in brown, black, white and gold against a camel background. Kit includes full color 10" sq. design on 12" sq. 212 single mesh canvas, 3-ply Persian wool, need'l and instructions. $7.50 plus $1 post. Send 25c for 4 issues of colorful 32 page Needlework catalog with over 400 items.

THE WORLD OF
Stitch 'n Knit

Write for FREE Brochure

FREE Brochure and orders: P.O. Box 1028, Dept. HG-26

FREE brochure and orders: P.B. Box 2148, Dept. HG-26

FREE brochure and orders: P.B. Box 1028, Dept. HG-26

FREE brochure and orders: P.B. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26

FREE brochure and orders: P.O. Box 2148, Dept. HG-26
Lapident, the first portable toothbrush!

Unique features: fully automatic loading mechanism and built-in toothpaste chamber.

Fill up the chamber with the toothpaste of your preference.

Lapident is fully automatic, you just have to turn the back clip.

LAPIDENT AMERICA CORP.

Please send me LAPIENT portable toothbrushes at the price of $1.98 each including postage and handling.

$1.98 ea.

NAME

ADDRESS:

CITY:

STATE:

ZIP

Enclosed check or money order for

Product of Brazil Pat. No. 006772

“SMOOTH-AWAY”

Electric Callus Eraser

Gently smooths away unsightly calluses, corns, bunions and rough dead skin. Won’t irritate live skin. For happy, comfortable feet you’ll love the effortless operation, tripled effectiveness of the modern day replacement for the pumice stone.

Dept. HG 12, P.O. Box 253

P.O. Box 8778, Santurce, Puerto Rico 00910 (809) 791 3777

SEND YOUR COUPON TODAY

SMOOTH-AWAY

10 weight tested, cut domes

3458 . $4.98; 9200 Kit of 7 Re-fills $1.29

plus 25c post. & hldk.

Send 25c for your 64-page catalog of unusual items

DOWNs

DEPT. 1412 R, EVANSTON, ILL. 60204

ANTIQUE SLIDE

STICKPIN BRACELET

Exquisite jeweled bracelet in an antique gold look setting. Reproductions of 14 stickpins with a variety of replica gems — garnet, amethyst, diamond, coral, emerald, pearl, turquoise, lapis lazuli.

Antique bracelet, Style 100B

$10.00

Send 25c for new Antique Jewelry Catalog

Binnie Sue Gifts

Dept. HG 75, P.O. Box 253

Oceanside, New York 11572

THE FRENCH MAILBOX is a faithful reproduction of an European antique in cast aluminum, hand finished in white, black or verite green. 14" x 23" high. latch front has classic nymph and child in bas relief. Rear wood mail container is 12" x 8" x 4" deep with hangers, ready to mount proudly at your front door. $45. (add $2.80 postage/handling). Send check, B.A., MC, DC or Amx charge.

Outside California, call toll free (800) 227-4555

cataloue $1., free with order

550 Powell

Dept. HG 12

San Francisco

CA 94108

FOR THE GOURMET

Cutting-board, 16" by 24", butcher-block finish, metal handles. Heat-resistant. 9", 8", 7", 5" knives, serrated stainless steel blades, hardwood handles; also carving fork. Set 19.95 plus $2.50 post. Henson Enterprises, HG-12, 701 E. Morgan St., Cueno, TX 77954.

LOUD AND CLEAR

Tiny pocket-sized timer sounds a buzzer to remind you it's time to put more coins in the meter, meet a friend, whatever. Swiss made; the dial adjusts from two to sixty minutes, $8.98 plus 50c post. Anthony Enterprises, HG-12, 556 Mission St., San Francisco, CA 94105.

SHOWCASE

A classic hand-crafted cabinet of stained walnut, perfect for displaying thimble collection or other miniatures. 16 niches. Metal hanger. 5½" w. by 8½ h. by 1½" d. 599.95, too 18.95. Pp. Collector's catalogue 50c. The Sewing Corner, HG12, White- stone, NY 11357.

SEASHELLS ALFRESCO

Imagine a tempting salad and drink served at a table overlooking the blue sea. Salad plates and mugs are white porcelain with sea green or brown shell motif. Set of 4 mugs, $16; 4, 7½ plates, $16 plus $2.25 post, each set. Elizabeth McCaffrey, HG12, Northport, NY 11768.

STRAP CLIPS

Gold-finished metal lingerie clips keep bra and slip straps secure in haphazard fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. Set of two, $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

pillow talk

and it says, “Please Do Not Disturb,” in the most delightful manner. This door knob, mini-cushion, (6" x 4"), stuffed with poly-tiber makes a novel gift to yourself or friends — for college dorms, your guest rooms; week-end trips, nursery; etc. Select from a variety of decor pastel colors including yellow, blue, pink, green, and orange. Specify color preference. $4.00 includes postage. Check or money order only. Wise, residents add 4% sales tax.

pamina designs

9083 N Lake Drive

Milwaukee, WI 53217

SHOPPING AROUND

DEPARTMENT STORES

SHOPPING AROUND

I'm Asleep

Go Away

PETER RABBIT

Découpage Kit

An intriguing home craft idea. Complete kit contains every thing you'll need to make six different 4" decorator domes showing scenes from Beatrix Potter's beloved storybooks.

THE PATID

Toula J, Inc.

550 Powell

Dept. HG 12

San Francisco

CA 94108

For New Yorkers please add sales tax

Frederick Warner & Co., Inc.

100 W. 4th Avenue • New York, N.Y. 10012

SEASHELLS ALFRESCO

Imagine a tempting salad and drink served at a table overlooking the blue sea. Salad plates and mugs are white porcelain with sea green or brown shell motif. Set of 4 mugs, $16; 4, 7½ plates, $16 plus $2.25 post, each set. Elizabeth McCaffrey, HG12, Northport, NY 11768.

LOUD AND CLEAR

Tiny pocket-sized timer sounds a buzzer to remind you it's time to put more coins in the meter, meet a friend, whatever. Swiss made; the dial adjusts from two to sixty minutes, $8.98 plus 50c post. Anthony Enterprises, HG-12, 556 Mission St., San Francisco, CA 94105.

SHOWCASE

A classic hand-crafted cabinet of stained walnut, perfect for displaying thimble collection or other miniatures. 16 niches. Metal hanger. 5½" w. by 8½ h. by 1½" d. 599.95, too 18.95. Pp. Collector's catalogue 50c. The Sewing Corner, HG12, White- stone, NY 11357.
is a pleasure to get

... and to give.

Order a year of HOUSE & GARDEN
for those you want to please. Today.

Use the postage-paid order form
found elsewhere in this issue.
GYM BAR


GYM BAR       $11.98 + $1.50 Mailing Each
No COD's or Billing  California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-125
556 Mission, San Francisco, Calif. 94105

HOSTESS APRON

Like a burst of sunshine on a rainy day. A divine cover-up for the party you’re all prepared for, or the one you’re not quite ready for. Looks as alluring over your best dress as over a pair of jeans. 50% polyester-50% rayon with 100% cotton eyelet trim...easy care finish. Lovely to look at and delightful to wear...so feminine and luxurious! (One size fits all.) Yellow & White Check. $14.98 each. Add $1.79 P&H. Ill. Res. add 5% Tax
Gift Catalog .50c

HOUSE OF MINNEL
Deerpath Road DEPT: 5125 Batavia IL  60510

New from Gay-Lor

Now you can have your diploma, certificates, awards, citations, etc., permanently mounted on a tastefully designed plaque. Your picture, diploma or certificate, etc., will be transposed on metal. This process is both handsome and durable. Overall size is 9" x 13". Frame finished in beautiful fruitwood that will suit any decor. Ideal for home, office or a gift for that special person.

Just send photocopy of diploma, certificate, award, citation, etc., along with a 4" x 5" photo. Allow three weeks for delivery as these plaques are made especially for you! Satisfaction guaranteed.

Send to: Gay-Lor, Dept. 1-HG-12, 6320 Ivanhoe, Beaumont, Texas 77706

A TIGER BY THE FOOT!

Hilarious slipper socks bring out the tiger in even the meekest lamb. Stretch-to-fit socks in orange and black orlon, complete with white felt claw designs! Genuine leather heels and soles. $3.98 plus 35c post. Holiday Gifts, Dept. 312-F, Wheat Ridge, CO 80033.

WHAT'S IN STORE?

Take a look into the future with fortune-telling cards that friends will find fun, too. Each card has a different picture or sign for answering questions on love, happiness, finance. $2.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.
SHOPPING AROUND

WATCH IT!
Now you see it, now you don’t—"blank" watch shows the hour and minutes in red only when button is pushed. L.E.D. (Light Emitting Diode) watch is textured gold plate with black suede strap; styled for women. $75 ppd. JFF Ideas, HG12, 12 Dale Rd., Monsey, NY 10952.

WOVEN ORGANIZER
White wicker hand-woven in Hong Kong makes a splendid desk accessory. Two compartments and two lower shelves, 11" w., 9" h., 5" d. Try one in the kitchen too. Also comes in walnut stain. $8.95 plus $1.25 post. The Patio, HG12, 550 Powell St., San Francisco, CA 94108.

HAPPY RETURNS
For throwing practice and fun, try a boomerang! Replica of famous hunting weapon used by Australian Aborigines soars hundreds of feet, then circles back. Scientific air-foil design. $2.98 plus 45c post. Anthony Enterprises, HG12, 555 Mission St., San Francisco, CA 94105.

CHOPPING BLOCK
Professional-style, it’s end-grain maple, laminated and dovetailed. 34" h. 18" x 24" X 12", $133; 18" x 24" x 12", $160; 24" sq. x 12", $185; 24" sq. x 16", $205. 30" sq. x 16", $285. Exp. coll. Catalogue $1. J & D Braun-er, Inc., HG12, 1331 So. Michigan Ave., Chicago, IL 60605.

COMUTTER’S CADDY
Whiz through those "exact change only" lanes—you’ll always have coins ready with this self-stick car caddy. Nickels, dimes and quarters find their nooks. And so do specs! $1.98 plus 25c post. Anthony Enterprises, HG12, 555 Mission St., San Francisco, CA 94105.

GOLDEN MONOGRAM
English script monogram pin with 2" last name initial, 1\2" first and middle is absolutely smashing with ensembles or on fabric handbag. Underline last initial in order. 24 k gold plated finish, $5 plus 50c post. Decor Galore, HG12, 140 Monument Ave., Barrington, IL 60010.

SUPPLE... SUEDE-LIKE... PERSONALIZED
FROM OUR GROWING LINE OF PERSONALIZED TRAVEL ACCESSORIES: This matched set combines color, styling, and the exquisite look and feel of genuine suede to appeal to even the most discriminating of taste. In luxurious synthetic suede (rayon and cotton). Completely washable. Comes in Russet/Dark Brown, Navy/Gold, Dark Brown/Camel, Beige/Wine. 9" Old English lower case monogramming (up to three letters). DUFFLE (11" dia x 21")—$22.95. WOMEN’S GARMENT BAG (46" x 22")—$49.95. WOMEN’S GARMENT BAG (46" x 22" x 7")—$89.95. Specify color and initials. Add $1.50 postage and handling. Allow 2-4 weeks for delivery. Calif. residents add 6% sales tax. Send check or MO to:

BAGS N’ TOTES
19932 CAMPAIGN DRIVE DEPT. HG-512
CARSON, CALIFORNIA 90746

DEC.EMBER, 1975
For Year Special People!

U.S. PRIME
GOLDEN TROPHY STEAKS

130 wish orders to arrive (Please allow 2 weeks).

How to Order: Send your check to the Bruss Company, Dept. HG115, 3548 North

Charge. Please indicate credit card number and expiration date. Master Charge must include Interbank number.

Design on .36" x 22" Belgian linen, embroidery thread in bright colors to work

Brighten a kitheon with this fascinating conversation piece. The kit includes

designs in simple embroidery stitches and easy-to-follow directions.

Finished size: 18" x 32". Only $5.00 plus 75¢ ppd.

Send 25¢ for Next 1 Issues Of Country Gourmet Needlecraft Catalog

In Full Color.

The Stitchery

Dept. HG312, 204 Worcester Turnpike,

Wellesley Hills, Mass. 02181

GOURMET ALPHABET SAMPLER

CLEAR LUCITE!

Better for butter, locks in flavor! Heavy Lucite cylinder slides on grooved base, locks securely in the table, closes tightly for storage. American-made by Robert McKay, 3" long, holds 1/2-lb. stick.

The Country Gourmet

Dept. GB5, 510 S. Fulton Ave.

Mt. Vernon, N.Y. 10558

SHOPPING AROUND

FOR FINE FARE

TASTE TREAT

Succulent selection for holiday gift-giving is a fruit buffet featuring moist, plump dried fruits including:

French plums, dates, Calimyrna figs, tangy apricots, nuts, other treats, served upon a wicker tray. Specify Gift No. 375, $7.95 ppd.

Free catalogue. Harry and David, Box 501-U, Medford, OR 97501.

STERLING SOLUTION

Replace lost sterling pieces or complete an heirloom set of flatware by sending a photo, drawing or tracing of the pattern along with a list of the pieces you want. Silver specialists can identify and match hundreds of patterns, even those that are inactive or obsolete! Write to Walter Drake National Silver Exchange, HG47, Drake Bldg., Colorado Springs, CO 80940.

TEA PARTY

Fabulous array of English teas include Lapsang Souchong, English Breakfast, Irish Breakfast, Prince of Wales, Lady Londonderry, Earl Grey, Ceylon Pekoe, Formosa Oolong, China Black, or Russian.

Packed loose in 1/4 lb. tins, four tins, $12; 6, $16; 10, $24. In tea bags, boxed sets of 25; four sets, $7.50; 6, $10; 10, $16. Ppd. The Tea Drinkers' Union, 13125 Shaker Sq., HG3, Cleveland, OH 44120.

ALMOND GIFTS

Cook know that for that just-right taste and texture, almonds are the answer. Assortment of cooking almonds, with 48-page recipe booklet of main dishes, appetizers, salads, desserts, $6.50 ppd. Free catalogue. California Almond Growers Exchange, Dept. 5441A, Box 1768, Sacramento, CA 95808.
**GOOD MORNING**

What a way to start the day—delicious red grapefruit from the famous Rio Grande Valley in Texas. Individually selected and packed; juicy oranges included if requested. All fruit is guaranteed. Half bushel, $9.20; bushel, $13.55. Ppd. Order now, pay Jan. ’76. Pittman & Davis, 826 N. Exp., Harlingen, TX 78550.

**CHEF’S DELIGHT**

Welcome addition to any kitchen is a crepe-cooker that produces fail-proof crepes every time. This elegant dish is now tres simple in a heat-proof pan with wooden hang-up handle is complete with instructions, recipes. $12.50 plus $1.70 post. Free catalogue. Low Country Gourmet, HG12, Wesley Rd., Murrells Inlet, SC 29575.

**RIZEWINNER**

July deluxe fruit cake is the winner of the New York Gourmet Society’s award for excellence. Here’s why: it’s filled with juicy imported fruits and Texas pecans. Baked traditionally since 1896! Two lbs., $5.95; three, $13.50; five, $13.45. Ppd. Collin Street Bakery, HG12. Box 126, Corsicana, TX 75110.

**WEIGHT AND SEE**

Sculptuweighter takes the guess-work out of serving diet-sized food portions and keeps a continuous daily record of caloric intake by a built-in digital counter. Complete with two diet planning books, $19.95 plus $2.25 post. The Unicorn Gallery, HG12, 15111 New Hampshire Ave., Colesville, MD 20904.

**FABULOUS ROMERTOPF**

the Original Unglazed Terra Cotta Pot people are raving about . . .

This marvelous red-clay casserole with handsome embossed design, roasts food and braises it in its own juices, preserving the natural flavors, nutrients, and vitamins. No fats or oils are added. Great for dieters and cholesterol watchers too! Meat, fish, vegetables, soups, bread, cake, desserts, in fact, any food prepared in the Original ROMERTOPF tastes more delicious, without adding extra calories.

No wonder, over 10 million Original ROMERTOPF were sold. Food Editors love 'em too: “A lovely, pure way of cooking” N.Y. Times. “Turns less tender, inexpensive meats into succulent gourmet dishes” Boston Globe.

Cooking with the Original ROMERTOPF is easy and healthy! Just put it in the oven and forget it . . . till the food is done. No preheating! No basting! Oven stays clean. Cook and serve in the same dish.

For a unique cooking experience, order NOW:

Original ROMERTOPF #11 (holds 5-6 lb. roast & vegetables). Get free recipe booklet and cleaner. ONLY $19.95 plus $1.25 postage. (N.J. res. add Sales Tax).

A wonderful gift idea! Immediate delivery!

Send check or M.O. Satisfaction guaranteed!

IPC-Guild, Box 89, Dept. N Elberon, N.J. 07740

**CELEBRATION SET for AMERICA’S 200th BIRTHDAY**

Specialized gift for Americans who love their heritage. This is a remarkable gift for native-born Americans, and one not to be missed. The gift set includes 10 pieces designed to honor those who are American-born.

Case: 22 x 25 x 7 cm

ART GLASS GALLERY

- **Goblets (set of 2)**: $7.98 plus $1 pp
- **Platter 13 x 13 cm**: $7.98 plus $1 pp

Proudly designed in the USA by master artists, mirrored in the quality of the designs, and distinguished by the superior craftsmanship and beauty of the glassware. The designs commemorate the contributions of men and women to our national heritage.

PLEASE TURN PAGE FOR MORE SHOPPING AROUND FINE FARE
TEXAS RED GRAPEFRUIT!

The Best — From the Lush Rio Grande Valley

1/2-bu. Grapefruit .......... $9.20
Carton of 12 G.F. .......... $7.15
Full bushel G.F. .......... $13.55
Carton of 6 G.F. .......... $5.15
1/4-bu. G.F. & oranges .......... $9.25
All are delivered prices — Write for free illustrated folder.

PITTMAN & DAVIS, Inc., 824 N. Exp., HARLINGEN, TEXAS 78550

A WREATH OF RED PEPPERS FOR CHRISTMAS

Choose the round wreath or a four-foot-long garland. For sophisticated decor there’s little to equal bright chili pepper pods ripened to a ruby red in the southwestern sun. A color accent to equal Autumn leaves. Imagine either wreath or garland beckoning at your “Indow or doorway.

CHRISTMAS WREATH 18" diam. .......... 200 PEPPERS
$12.50 PPD.

CHRISTMAS GARLAND 4 Ft. Long .......... 200 PEPPERS
$12.50 PPD.

A WREATH OF RED PEPPERS FOR CHRISTMAS

Choose the round wreath or a four-foot-long garland. For sophisticated decor there’s little to equal bright chili pepper pods ripened to a ruby red in the southwestern sun. A color accent to equal Autumn leaves. Imagine either wreath or garland beckoning at your “Indow or doorway.

CHRISTMAS WREATH 18" diam. .......... 200 PEPPERS
$12.50 PPD.

CHRISTMAS GARLAND 4 Ft. Long .......... 200 PEPPERS
$12.50 PPD.

A WREATH OF RED PEPPERS FOR CHRISTMAS

Choose the round wreath or a four-foot-long garland. For sophisticated decor there’s little to equal bright chili pepper pods ripened to a ruby red in the southwestern sun. A color accent to equal Autumn leaves. Imagine either wreath or garland beckoning at your “Indow or doorway.

CHRISTMAS WREATH 18" diam. .......... 200 PEPPERS
$12.50 PPD.

CHRISTMAS GARLAND 4 Ft. Long .......... 200 PEPPERS
$12.50 PPD.

FLEXIBLE SERVER

Handsome space saving piece that can take its place with utmost grace as movable bar, serving table or plant stand. Fine mahogany, hand-rubbed walnut finish. Removable tray top is 16" by 32"; folding stand, 36" h. by 32" w. $29 plus $5 post. The Bombay Co., HG12, Box 52322, New Orleans, LA 70152.

MAMMOTH PECANS

French Provincial tin is filled with really big pecan halves, plain or toasted. 2 lbs. 1 oz. natural halves, $8.90 (case of six to one address $46.20), toasted salted halves, 2 lb. 1 oz., $9.25 (case of six to one address $48.25), Ppd. Add 15c extra per lb. w. of Denver (also MT) Free catalogue. Sunnyland Farms, Rte 1, Box 940, Albany, GA 31705.
MINI VICTROLA
Miniature wooden version of wind-up phonograph comes with brass clockwork, music box or plain to adorn a doll's house or collection shelf. 2¾" h. With yellow, blue, green, orange and red. Each, $12.95 plus 95¢ post. Stand not incl. Catalogue 50c. Lambert Studios, HG12, 85 Fifth Ave., New York, NY 10003.

PICASSO ON CHINA
Masterpieces copied on plates: Don Quixote in black on white; and Les Petite Fleurs in red, blue, and green. Each, $12.95 plus 95¢ post. Stand not incl. Catalogue 50c. Lambert Studios, HG12, 85 1/2 No. La Cienega Blvd., Los Angeles, CA 90059.

SPRING CALL
Charming bird print in lovely colors on white for a handbag to blend with practically all outfits. Cotton with taffeta lining, the bag has stiff sides and base, firm turnclasp. A spacious 12" by 9½" plus 95¢ post. Stand not incl. Catalogue 50c. Lambert Studios, HG12, 85 1/2 No. La Cienega Blvd., Los Angeles, CA 90059.

CHIPPENDALE CONSOLE
In solid andiroba, with solid cast brasses on 3 drawers. Top and longer center drawer are recessed. Chinese Chippendale brackets. 54" w. x 14 d. x 30 h. Mahogany or light walnut finish. $245 exp. coll. Catalogue $1. Ephraim Marsh Co., Dept. 365, Box 266, Concord, NC 28025.

SPACE RACE
Crushed clothes and tangled hangers are a thing of the past; brass-plated steel hanger spaces snap onto closet rod to hold hangers separately. Set of 10 to 30 hangers, $2.98 plus 50¢ post. Anthony Enterprises, HG12, 555 Mission St., San Francisco, CA 94105.

NO MORE SNACKING!
Ready to work in needlepoint and hang wherever the urge to nibble is tempting. 7½" by 9" design on canvas. Persian wools, needle, backing, magnets, instructions. $5.95 plus 50¢ post. 8½" by 10" oak frame, $2.25. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

ADDRESS LABELS with NICE DESIGNS
Any Initial, American Flag, Pine, Gull, Palm, Roadrunner, Saguar, Rose. (Also available are Texas Flag, Maple Tree, Treble Clef, or Palette). Up to 20 letters per line. 4 lines. Printed in black on white or gold gummed labels 1¼" x 1¼", 500 on white or 250 on gold for $2.50 ppd. On DELUXE SIZE, 1¼" long, $3.50 with design or $3.50 without, ppd. Specify Initial or Design desired. Via air, add 39¢ per order. Usefull Gifts Catalog, 25¢. Bruce Bolind, 212-L Bolind Bldg., Boulder, Col., 80302. Since 1956. Thanks To You!

SHOPPING AROUND

LUCITE BUFFET STACKERS . . . . . clearly stunning!
- Keep buffet service clutter-free
- Give added serving space and let flatware show through
- Exclusive Lillian Vernon design, American-crafted and ours alone

#7924—Set of 2 Fork-Spoon Stackers $3.98 ea.
#7982—Knife Stackers $3.98 ea.
#7984—All 3 Stackers—save! $7.98

Please add 50¢ post & handling. NY residents add applicable tax.

The Country Gourmet
Dept. GD8, 512 S. Fulton Ave.
Mt. Vernon, N.Y. 10550

tennisware separates
by Loretta Smith

T.P. 2001
Full Tennis Pants
P. C., Med., Lt.
$32.00

T.S. 2001
Half Tennis Sweater
Short, $22.00
Not shown

T.L.S. 2001
Long Sleeve Tennis Top $22.00
Not shown

T.L.D. 2006
Tennis Parts
These items are already on sale, please write.

House Guest Guide

For City Living

Crewel Kit also available.
What every guest room & bathroom needs! The things you always have to tell guests. Done in a delightful 8x10 color design, laminated. Covers breakfast, bed making, well-water use for showers, septic system, entertainment and such. Never worry! Never explain!

Put your Guide to work.
Ideal for Christmas gift giving.

Please send me... HOUSEGUEST GUIDE(s)
( ) For Country Living laminated $4.50 ea.
( ) For City Living laminated $4.50 ea.
( ) Crewel Kit circle Country or City $7.50 ea.

A connection is not included.

Name:
Address:
City:
State/Zip:

MARC ALEXANDER CO.,
P.O. Box 101. Redding, Conn. 06837
BRASS BEDS

Ours: Because now, more than ever, value tells.

• There are none finer—

Stop by or send for our new 20-page source book The e'sate Selection.

JOAO ISABEL, INC. MX
120 East 32nd Street
New York, N.Y. 10016
(212) MU9-3307

® Johnny Appleseed's

Luxurious Red Suede Slippers

Appearance . . . bright, comfort right! You'll be delighted with these wonderful red lounging slippers. Uppers are of soft suede lined with warm Acrylic pile. The soles are durable. And the red is just as cheerful as holly berries.

Women's sizes 5 to 10 $13.95 ppd.
Men's sizes 7 to 13 $14.95 ppd.

Send for Free Catalog
Johnny Appleseed's
Box 7012, 50 Dodge St., Beverly, Ma. 01915

GET RID OF UNWANTED HAIR

Amazing Lemos Permagon destroys hair roots instantly—one by one—without pain. No wire connections. Uses tiny batteries (included). Same electrolysis system experts use to remove hair permanently from face, arms, legs and body.

LEMOS PERMAGON $12.98 + 75¢ Mailing
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
Dept. HG-125
556 Mission, San Francisco, Calif. 94105

TROPICAL SETTING

Authentic Hawaiian place mats made of woven Polynesian woods. All mats are decorated with distinctive Hawaiian design in rich dark woods. Laminated for easy washing. A welcome gift. Set of four $6. Ppd. Kaulana Specialties, HG12, Box 332, Franklin, MA 02038.

CENTURY LIGHT

Ingenious night light is said to last 36,000 nights—that is, a hundred years! Stays cool, plugs into wall socket to light dim areas softly. Continuous operation costs just 2¢ a week. $1.98 plus 25¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

AWARD AT WILL

Framed Award of Merit on parchment paper 13" by 10". Space for hand lettering name, event, date and organization. Black and red printing; black wooden frame. $3.49 plus 50¢ post. Order #107 Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

SUPER CLUTCH

Not only does smart clutch have a wrist handle, it has three compartments to keep everything tidy. Waterproof vinyl, 5½" by 2½" by 1½". White and red, sand and red, yellow and red or blue and white. $10 plus 60¢ post.
Mr. Tennis, HG12, Box 6906, Grosse Pointe, MI 48236.

CLEARLY TOGETHER

The answer to a well-organized cosmetic wardrobe. Becky Mark design for Cosmepak. Acrylic with nine compartments for all shapes, sizes makeup items. 10½" by 4" by 2½" h. Plastic pouch for traveling. $10.75 ppd.
Circa, HG12, 1707 Summer St., Stamford, CT 06905.

SHOPPING AROUND

PARTY

PERFECT

You'll feel like entertaining in patchwork-print "Pam" apron of washable cotton. In red, brown or blue multicolor. Full wraparound, ties at waist, neckline. Wear with blouse or body stocking. One size. $9.95 plus 90¢ post. Softwear Designs, HG12, 1711 Main, Houston, TX 77002.

PRETTY PRINT

Full wraparound apron in splasy floral print. Wear it with a body suit or blouse and you're in pretty hostess attire for your holiday parties. Washable cotton in gold, red or blue. One size. "Patty apron." $8.95 plus 90¢ post. Order from Softwear Designs, HG12, 1711 Main, Houston, TX 77002.

SHOPPING AROUND

TROPICAL SETTING

Authentic Hawaiian place mats made of woven Polynesian woods. All mats are decorated with distinctive Hawaiian design in rich dark woods. Laminated for easy washing. A welcome gift. Set of four $6. Ppd. Kaulana Specialties, HG12, Box 332, Franklin, MA 02038.

CENTURY LIGHT

Ingenious night light is said to last 36,000 nights—that is, a hundred years! Stays cool, plugs into wall socket to light dim areas softly. Continuous operation costs just 2¢ a week. $1.98 plus 25¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

AWARD AT WILL

Framed Award of Merit on parchment paper 13" by 10". Space for hand lettering name, event, date and organization. Black and red printing; black wooden frame. $3.49 plus 50¢ post. Order #107 Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

SUPER CLUTCH

Not only does smart clutch have a wrist handle, it has three compartments to keep everything tidy. Waterproof vinyl, 5½" by 2½" by 1½". White and red, sand and red, yellow and red or blue and white. $10 plus 60¢ post.
Mr. Tennis, HG12, Box 6906, Grosse Pointe, MI 48236.

CLEARLY TOGETHER

The answer to a well-organized cosmetic wardrobe. Becky Mark design for Cosmepak. Acrylic with nine compartments for all shapes, sizes makeup items. 10½" by 4" by 2½" h. Plastic pouch for traveling. $10.75 ppd.
Circa, HG12, 1707 Summer St., Stamford, CT 06905.
SHOPPING AROUND

RICHLY GRAINED CLUTCH
The perfect clutch bag to pack on travels and carry in the evening everywhere. Is grained leather with brassclosure; 6" by 9" in red, black, bone or white. $14 plus $1.25 post. Brownstone Studio, Inc., EG12, 342 Madison Ave., New York, NY 10017.

HEARTS AND FLOWERS

REST-A-PHONE
No handed talking! Phone rest adjusts for either left or right shoulder keeping hands free. Padded with nonmarking rubber. Fits all hand sets. Black, beige, white, gray, green. $2.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

AS YOU LIKE IT
Permanent press tattersall, red or blue Half-a-Jama. Order jacket or pullover, long or short sleeves. Men's sizes: A-E (36-50); women's blouse sizes. $6.95; two $13.50: three $20. Add 50c post. Write for free catalogue. Allison, GG-5, Box H, Concord, MA 01742.

PET TEACHER TWINKLE
Polished solid brass schoolhouse ornament with real schoolbell is a remembrance for a favorite teacher to hang on her tree. 31/2" with room for name on base (print). $1.50 each: six, $7.50: 12, $13.98. Add 35c post. Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 61/2" by 81/4" with green backing and replica golf ball dear to his heart. The gag gift for every golfer.

SLEEP AND DREAMS GOLF?
Framed and ready to hang, a tasteful joke for the serious golfer. If he doesn't put it up, his "widow" will. 61/2" by 81/4" with green backing and replica golf ball dear to his heart. The gag gift for every golfer.

GOLFER'S DIET SIGN
$3.49 + 40¢ Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
556 Mission, San Francisco, Calif. 94105

HANGING PLANT BASKETS
Create a hanging garden in your home with these exciting handwoven rattan plant baskets. The oversize wicker chains are perfect for climbing vines. Give all your indoor plants a place by the window. Dress up your terrace too. The natural wicker color always makes plants look their best. THREE FOR $9.95
Please add $1.00 postage and handling.
N.Y. residents add 8% sales tax.
Send 25c for complete catalogue.
WICKER ETCETERA
Dept. HG6, P.O. Box 508
Murray Hill Sta., New York, N.Y. 10016

DEVIL-ISHLY CLEVER!
The perfect timepiece for those onerous luncheons...three-meetings...eightish dinners! Stylish fun for sophisticates who can't be bothered with foolish minutes. A unique gift! Whist, yellowish, red, dish frame; walnut or pine finish. Battery operated. 11½ inches square. $35.00 plus 25¢ postage. Check or money order only. Calif. residents add 6% sales tax.

BILL MILLER ETC.
11-1 Mercer Ave USA 80-69-6

CUSTOM PRINTED SHIRTS
Turn a casual shirt into a special gift with a slogan or name. We'll print 6 any color...on each side. Prompt Delivery.

Early American Scenes come to life in easy-to-do cross-stitch samplers. Each kit includes stamped natural Belgian linen, bright colored floss, and simple instructions. Framed size 10" x 10".

Red Barn Kit (shown) $1.95
Little Red Schoolhouse Kit $1.95
Covered Bridge Kit $1.95
Old Mill Kit $1.95
Lighthouse Kit $1.95
Spirit of '76 Kit $1.95
Minute Man Kit $1.95
Wood frame, 10" x 10" mahogany finish $1.50
Wood frame, 10" x 10", maple finish $1.50

STOCKINGS
HIGH QUALITY, rich gold, blue, red, navy, etc.

Satisfaction Guaranteed or Your Money Back

VICTORIA GIFTS
12-H Water St., Bryn Mawr, Pa. 19010

CUSTOM PRINTED SHIRTS
We print
ANYTHING

Custom Printed Shirts
...your favorite hobby...or what's on your mind.

Mittens
Sweater Kits,
...your favorite hobby...or what's on your mind.

Hand Print
梳理 the

SECRET GIFTS
...your favorite hobby...or what's on your mind.

Holiday Gifts
...your favorite hobby...or what's on your mind.
COUNT COINS FAST!

Sort, count, wrap pennies, nickels, dimes, quarters in seconds. Simply slide coins into 4 channels. Shows the totals as you go. No more fumbling with the wrapper. Real time-saver for merchants, cashiers, clubs, collectors, etc.

COIN TRAY . . . $2.98 + 40¢ Mailing Each

No COD’s or Billing

California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-125
556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

SEASONAL WREATH
The richness of nature is told in a handmade wreath to hang on the front door, over a gracious mantel or as the centerpiece on a festive holiday table. 18” in diameter. $11.50 ppd. Catalogue of crafts, $1. Appalachian Fireside Crafts, Dept. HG-AW, Box 276, Booneville, KY 41314.

COUNTRY LOOK
Colorful butterflies and flowers make up a Jacobean design for cheerful crewel work. Kit includes silk-screened design on Belgian linen, Persian yarn, needle instructions. 13” by 13" $8 plus $1 post. Shariane Designs, Inc., HG12, P.O. Box 289, Pine Lake, GA 30072.

HOW-TO HANDBOOK
Twenty-eight popular crafts such as enameling, china painting, jewelry, and doll making in a fascinating book. Hundreds of pictures, instructions, background material. 288 pages. $5.95 plus 40¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

YEAR ‘ROUND FUN HOUSE
Sturdy log cabin of cedar wood may be used as a playhouse, poolside cabana, utility shed, in any weather. Assembled from six sections. 4’ by 5’ by 5½’ $52.95; 5’ by 7’ by 6½’ $94.95; with door and shutters $142.95. F.O.B. Cedar Products, HG12, Box 84, No. Baldwin, NY 11510.

WINE TASTER’S TABLE
A most unusual and decorative oak table, a true conversation piece. Ideal as lamp table, or to hold glasses and ashtrays. Four trays pullout, can stay in. 17” h. by 15” w. by 15” d. $84.95 exp. coll. Catalogue $1. Bryan Robeson, HG-146, Route 10, Box 793, Hickory, NC 28601.

OFF, OFF AND AWAY
Green plastic sleeve distributes rain water away from down spout across lawn, shrubbery. Sleeve stays rolled until it rains then unrolls, water flows and spreads through sprinkler holes. 9’ L. $1.49 plus 20¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

GLOWING GARDEN
Lovely picture lamp of frosted glass is decorated with ferns, flowers and butterflies. Has inner candle cup, and lighted candle creates dancing images in flickering color. 5” h. $3.95 plus 90¢ post. Artisan Galleries, HG12, 2100 No. Haskell Ave., Dallas, TX 75204.
SHOPPING AROUND

TO EACH HIS OWN
Top Georgetown tobacconist offers 16 exclusive tobacco blends, and 36 of world’s finest hand-made cigar brands. 32-page catalogue includes master chart of cigar shapes, brands, 50c. Georgetown Tobacco & Pipe Stores, HG12, 3144 M St., N.W., Washington, DC 20007.

SLEUTH’S SCOPE
Amateur detectives have a fine time with the pen size telescope with eight power magnification; it adjusts quickly for long-range viewing and converts to 30 power microscope. $2.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

ORIGINAL 13 AFGHAN
Kit for creating a 39” by 68” afghan in the manner of Betsy Ross is a perfect project for 1976! Included are red, white and blue orlon yarn, loom for forming circles and instructions. $17.76 plus $1 post. Crown-Castle, Dept. BR-501, 51 Bank St., Stamford, CT 06901.

STATELY OAK
“Francois” chair looks like it came from a French country manor. Nu-cane seat is in sanded oak wood frame for handsome good looks. Chair is 35” h.; seat is 17 ½” x 14”. A splendid side chair! $13.95 exp. charges col. Marion Travis, HG12, Box 292, Statesville, NC 28677.

SPEED SEWING
Dexter hand machine can baste, tack, zigzag, sew on buttons and zippers. Blind-stitches hem you’re wearing. Does draperies and curtains while they’re hanging. With needle threader, booklet. $6.98 plus 60c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

TRAVEL PLEASURE
Car seat puts pet high enough to see out. Base is 12” by 12”; 6-inch depth protects during sudden stops. Removable masonite bottom, steel frame. Folds. $13.95 plus $1 post. Color catalogue 25c. Du-Say’s, Dept. F-71, Box 24407, New Orleans, LA 70184.

PURSE KEY REEL
The most practical Key Holder yet devised. Reel-ly handy holder works with ease. Eliminates hunting and fumbling for your keys. Reel clips inside purse. Keys pull out easily to be used and then automatically rewind back into case. Wonderful way to stop losing your keys.

#710 PURSE KEY REEL $2.98 + 20c Mailing
No COD’s or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125 556 Mission, San Francisco, Calif. 94105

NOW! REVERSE THE AGING PROCESS!
STAND UPSIDE DOWN
THE WORLD’S MOST BENEFICIAL EXERCISE
NOW ACCOMPLISHED BY ANYONE SAFELY & EASILY...ON THE FIRST TRY!

3995
5000 Year Old
HEALTH & BEAUTY TECHNIQUE
RELAXES MIND & BODY
INCREASES CIRCULATION
LIFTS FACE, ORGANS, BUST
IMPROVES HAIR, COMPLEXION
Converts to a MODERN FOOTSTOOL

PORTA-YOGA
"Lets Gravity Work For You"
SIT or REST Your Legs ON YOUR HEAD NEVER TOUCHES GROUND
Relieves Neck Tension Naturally
A VITAL & BEAUTIFUL EXPERIENCE
For People Who Sit, Stand & Run a Lot

YES, MY BODY NEEDS AN UPLIFT...NOW!
Please rush me the PORTA-YOGA for $39.95 (Pls. $3 Ship. & Handling Cost)
Charge my: BankAmerica Master Charge
Acct. No. . Exp.
Signature
Name
Address
City, State, Zip

Send FREE PORTA-YOGA BROCHURE
Mail Coupon Today To
PALM SPRINGS YOG Institute
P.O. BOX 4490 HG
Palm Springs, California 92262

DECEMBER, 1975
TALKING TOILET

Hide this small unit on any toilet, when guest sits down on the toilet seat, a man’s voice says “Hey! I’m working down here ... ha! ha!, etc.” Watch your guests leap for laughs. A great icebreaker for any party. Operates on 1 penlight battery (not included).

TALKING TOILET $7.98 + 60¢ Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-125
556 Mission, San Francisco, Calif. 94105

COMMUNICATION GAP!

How’s that again? A wall plaque which will rivet every eye, Makes a perfect gift and is guaranteed to improve the communication gap. Black letters on golden plate, solid walnut, with hook for hanging. 4" x 5".

COMMUNICATION GAP PLAQUE $2.98 + 25¢ Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-125
556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

KING SIZE HOLDER
Now you can keep your largest size bedspread, blankets and linens in neat order on a sturdy, brass-plated holder 31" w. by 43½" h. Classically styled. $54.95, Regular size bedspread holder 26" w. by 36" h. $39.95 Ppd. St. Nicholas Boutiques, Santa Claus, IN 47579.

TIPS FOR GARDENERS
"201 Valuable Free Things for People Who Love Gardening" is a 48-page booklet from American Garden Guild. Includes descriptions of catalogues and gardening fact sheets for fall planting. 25c post. Free Things, c/o American Garden Guild, Dept. HE001, Garden City, New York 11530.

RUFFLES AND FLOURISHES
No-iron Cape Cod curtains in polyester and cotton have cheerful 3" ruffle; tiebacks. Choose pastel pink, blue, yellow or white. 24", 30" or 36" l., $8; 45", 54" or 63" l. $12. Valance, $4.50. Add $1.50 post. Colonial Maid Curtains, HG12, Lawn Terrace, Mamaroneck Village, NY 10543.

SWEDISH CHARM
Imported picture to embroider in basic stitches on electric blue linen ground. Yarns: gold, orange, white and browns. Kit has full instructions, mounting board, 13½" by 13½", #0372, $19.75 plus $1 post. Catalogue $1. Skon, GE12, 55 Lambert La., New Rochelle, NY 10804.

STAIR-GLIDE
Stair glide is perfect for all who can’t or shouldn’t climb stairs. It is easily installed without marring walls and special wiring is not required. Special rental-purchase program available. Write for information to American Stair-Glide, Dept. EHG12, 4001 E. 138 St., Grandview, MO 64030.

ENLIGHTENING PEN
By daylight, a nifty ballpoint—but whisk it into darkness and it shines! Chrome-plated satin finish pen comes with penlite battery and refill. Great for jotting middle-of-the-night brainstorms. $5.98 plus 40c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

XMAS REFLECTIONS
Mirror fantasies reflect the glories of the holiday at Yuletide. Framed in glistening gold color 3" tall to hang on tree, from mantel or use on the festive table. Set of three, $5.98; two sets, $9.98. Add 35c per set post. Lillian Vernon, GDE, 510 S. Fulton, Mt. Vernon, NY 10550.

138

HOUSE & GARDEN
FESTIVE SET
Enjoy the holiday tradition of Christmas cookies with family and friends. A charming set of cookie cutters has five lovely designs in stainless steel for making all the favorite shapes. Set $3.49 plus 95¢ post. Carol Ann Gifts, HG-3075M, Box 21026, Philadelphia, PA 19154.

IT'S LUCKY
Wear a handsome sterling silver horseshoe necklace for many compliments. An attractive accessory to perk-up most everything you wear. Horseshoe and 24" chain, $20.00 p.p. Free Brochure. TAL Creations, Dept. HG 12, P.O. Box 1028, FDR Station, N.Y., N.Y. 10022.

KEEP IT CLEAN
Keep your Venetian blinds free of dirt with this efficient little tool. Double-duty design does two slats at a time on both sides. Dip in suds and foam pads do the cleaning with one wipe. $1.98 plus 35¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

ONE PERFECT ROSE
A lovely Christmas rose pin is made of lustrous golden metal, enameled red petals and green leaves. It's 2½" long, and has a safety clasp on back. Golden gift box, complete with Legend of the Christmas Rose. $3 p.p. Miles Kimball, 100 Bond St., Oshkosh, WI 54901.

DOMESTICATED EARTHWORMS

WITH Earthworms
OR MAXIMUM PLANT GROWTH!
- Natures best soil improvers & conditioners

WITHOUT Earthworms
DOMESTICATED EARTHWORMS

Our specially for house plants and gardens, eneate the soil and form channels for it expansion and water intake. Temperature makes an excellent food for your tropical fish. of 150 only $4.62. Order of 300 only $6.63 Includes shipping and instructions.

MARTIEUSS CHERISHED
Cашко 1416, Dept. HG12, Sparks, NV 89431
SWEET BROWN AMERICAN & Master Charge Form.
N.Y. - 68 East 6th Street, for Art Supplies.

SHOPPING AROUND

BEWITCHING "COCKTAIL BRA"
MAGIC SUSPENSION UPLIFT—PERFECTLY BARE BACK
"SOFT AS SILK"

COLORS: Nude, White or Black Silk
SPECIFY Bra Size $9.95

MAGIC SUSPENSION UPLIFT-PERFECTLY BARE BACK
BEWITCHING "COCKTAIL BRA"

WHITE OR BLACK SILK
COLLETTE, INC.

New York, N.Y. 10017

Baked to Order, Shipped to Your Friends

COLLIN STREET BAKERY
P.O. Box 123, Corsicana, Texas 75110

Please ship: 2 lb.; 3 lb.; 5 lb.
Ship to me.

Attached list shows addresses, sizes, de- sired arrival dates. Payment enclosed.

MY NAME

ADDRESS

CITY

STATE

ZIP

There's still time to order this beautiful Christmas cake for everyone on your gift list (pre-Christmas arrival assured).avored by host-esses for more than 75 years, the DeLuxe is custom-baked for you and mailed straight from our kitchens. Filled with juiciest imported fruits and rich Texas pecans — flavor so perfect we guarantee it the best you've ever bought, baked, or eaten, or money promptly refunded.

ORDER NOW... SEND GIFT LIST AND ORDER HERE. Holiday packed, cake's colorful history enclosed. Tell us how to sign gift cards. Postpaid 2 lb., $5.95; 3 lb., $8.35; 5 lb., $13.45. Discount on 25 or more.

COLLIN STREET BAKERY
P.O. Box 123, Corsicana, Texas 75110
**The Danish Officers' Chair.**

Feel at ease in our imported folding chair and stool of solid blond beech with natural canvas back and seat. What's more, the chair back tilts for maximum comfort and the 17" seat height makes it perfect for desk or dining. Add $2.50 U.P.S. delivery for each chair, $1.00 for each stool. Add applicable sales tax. Send $1.00 for new poster/catalog.

**WORKBENCH**

---

MAKE A LOG
Change old newspapers to logs for the fire in seconds! Just roll up newspapers using LOG ROLLER. Roll papers into a tight bundle, tie them with special binders and pop them into the fire. Logs will burn nearly 2 hours.

**LOG ROLLER KIT with 112 Binders** $3.98 + 55¢ Mailing Each
100 Extra Binders $1.49 + 26¢ Mailing Each 100

No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises Dept. HG-125
556 Mission, San Francisco, Calif. 94105

---

SHOPPING AROUND

**PAPERBACK COVER-UP**
Book stand with built-in easel and book mark protects paperbacks, holds them open flat with clear plastic strap. Leather-like vinyl in ruby red, rich brown or denim blue, $4.95 plus 50¢ post. Two, $9.50. Leona Enterprises, HG125, 507 Fifth Ave., New York NY 10017.

**MUM'S THE WORD**
Playful youngsters—chaty teen-agers—are discouraged from un-supervised use of the phone when it's under lock and key. Telephone lock is metal for sturdy protection. Two keys. $1.98 plus 20¢ post. Anthony Enterprises, HG12, 556 Mission St., San Fran-cisco, CA 94105.

**PLANTER LAMP**
Polished aluminum planter 12" in dia. has a shade in red, green, yellow, black or white also polished aluminum. 24" overall, 18" swag chain. Your plants adapt well to electric “sunlight.” $34.99 plus $2 post. Marter Lighting, HG12, 1362 Flatbush Ave., Brooklyn, NY 11210.

**DANISH DELIGHT**
Down and feather comforters that won't slip can be used all year long. Moth-proofed, washable. Covered in prints or solids in high count cambric cotton. Twin, full, queen or king. Five year guarantee. Free catalogue. New England Feather Co., HG12, Box 929, Darien, CT 06820.

**CAT AND MOUSE**
Now he sees it, now he doesn't—that intelligent cat you know will love playing “mouse in the hole.” The mouse is an elusive ball that will entertain him for hours. Blue plastic; 6" dia., 3" h. $3.95 ppd. Catalogue, 25¢. Suburbia, Inc., Dept 301, 365 Wacouta, St. Paul, MN 55101.

**WARMER-UPPERS**

**WEATHER WISE**
When fair weather is in store the children come out, for rain or snow it's the old witch. The chalet they live in is of marble-look plastic. Thermometer, too. 5¼" by 6¼". $1.98 plus 25¢ post. Order #142. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

---

Anthony Enterprises
Dept. HG-125
556 Mission, San Francisco, Calif. 94105
SHOPPING AROUND

NATURAL TIME
Clock marks the passing of the hours on the ageless look of unstained wood. Butcher block base is almost 2" thick, 12" dia. Cordless electric clock has black numerals and hands. $44.95 p&d. Add $2.50 W. of Rockies. Jenifer House, Dept. HG125, Great Barrington, MA 01230.

AMERICANA ART
Musical eagle is made of porcelain, all hand painted in radiant true-to-life colors. He plays the "Star Spangled Banner." Unique gift idea! In our country's Bicentennial year. 5¼" h. $14 plus $1 post. Hildegarde's, HG12, 597 Farmington Ave., Hartford, CT 06105.

SPIRITS OF '76 Handcut designs embossed in rainbow golden glass make a Bicentennial decanter a memento to treasure. 7½" h. Spirit of '76 on one side; Bicentennial symbols on the other. Red, white and blue gift box. $9.95 plus $1.80 post. Stratford House, HG-12, Box 591, Stratford, CT 06497.

ICE BREAKER Here's a time-saving, easy-to-work gadget you'll find indispensable. One or two light taps and ice for mists, juleps, shrimp or seafood cocktails is crushed in a trice. Great idea gift. $1.98 plus 25¢ post. Walter DeLispey, HG12, 2615 South St., Dallas, TX 75201.

LONG-LASTING WAX Handmade furniture wax from ingredients imported from Brazil produces an extremely long-lasting hard finish to treasured wood pieces. Wax eliminates the need for repeated waxings. Eight oz. can, $3.50 plus 25¢ post. Walter DeLispey, HG12, 2615 South St., Dallas, TX 75201.

JEWELRY

GEMSTONE NECKLACE
Genuine, Full cut diamonds $20a $35-$45 retail value
Filled or Sterling Silver chain.

Genuine, Full cut diamonds set in brilliant Sterling Silver on an elegant Gold finish, this graceful umbrella shaped clock will grace every time your friends walk in. The handrubbed walnut finish will enhance any decor. You key-wind it only once a month. The chime strikes exact time every hour, and once on half-hours. You must be completely satisfied with this masterpiece of craftsmanship, or you may return it in its original package to us within 2 weeks for a prompt and courteous refund.

ORDER YOUR CLOCK TODAY!

Available at AMTEK PRODUCTS CO., 1911 FAIRWAY DRIVE, SAN LEANDRO, CA 94577 or mail coupon to some address today.

Please send me clock(s) Immediately.
□ I enclose check for $________________ (79.95 plus $5.00 shipping and handling per clock Calif, delivery add sales tax.)
□ Charge to credit card:
□ Mastercharge acct. No.__________________

□ BankAmericard acct. No.__________________

Name__________________________
Address__________________________
City__________________________State____Zip____

Print Name__________________________

Card expires__________________________

One for Fun! $3.98

For his wall, to say he's the greatest! Or for your own self-esteem's healthy! Clever new carving, smart burnt grain look on natural kiln dried wood. Our choice! About 14 x 4½ x 2½. #913 Plate $3.98

ONE FOR

Send 25¢ postage & handling. N.Y. res. odd faxes

Lillian Venon

Dept. GD7, 510 S. Fulton Ave., Mt. Vernon, N.Y. 10550

THE EMOTION RING

Changes color as your emotions change! Reveal your innermost feelings with this amazing jewel discovery! Exotic stone is mounted in a beautiful heavy weight setting. It's a unique ring, a rare gift for yourself or one you care for. Sizes 5, 6, 7, 8 in gold or silver finish.

$5.50 incl. postage and handling. California delivery add sales tax.

Send 25¢ for new Jewelry Catalog

BONNIE SUE GIFTS

Dept. HG-E79, P.O. Box 253, Oceanside, New York 11572

December, 1975
LUCITE SHOWER CADDY

Everything right at your fingertips—no more "blind man's buff" groping for the shampoo! It's all there—hooks for shower cap and brush, tray for soap, ring for washcloth, secure deep shelf for bottles!

American-crafted by Robert Mainly. 6x19 1/2". 7625 Shower Caddy $8.98
Add 75c postage & handling. N.Y. residents add sales tax.

LILIAN VERNON
Dept. G00, 510 S. Fulton Ave.
Mt. Vernon, N.Y. 10550

BUILD YOUR OWN PT-CUT

HEIRLOOM GRANDFATHER CLOCK

Compare Feature by Feature
• Solid 3/8" kiln dried wood
• All parts precision pre-cut, mitred and dowelled
• Lumber sanded on all sides
• Fully assembled/precision-made West German movements
• All hardware included— even screws

Write now for FREE Color Catalogue of complete line of Grandfather and other clocks.

HENTSCHEL CLOCK COMPANY
Dept. 508-D
16 Atlantic Avenue
So. Dennis, Mass. 02660

HAVE ROBE, WILL TRAVEL

The perfect packable—a just-to-the-knee kimono by Royal. Perkily polka-dotted cotton seersucker. Raglan sleeves, all-around banding, self sash, side seam pockets. Comes in its own travelling case that's plastic lined. Wonderful to have or to give. Washable. Shocking pink/white; leaf green/white. P(6-8), S(10), L(12-14), M(12-14), L(16-18): $18.

“UPSTAIRS”

the Brownstone Boutique on the 2nd floor at 342 Madison Avenue.
Dept. G12, New York, N.Y. 10017
(212) 687-0190
If you prefer shopping from home, write or call for our FREE HOLIDAY BROCHURE

Add $1.00 for handling. N.Y. State residents add sales tax. Check, M.O., American Express, BankAmericard or Master Charge.

SHOPPING AROUND

UNIQUE MARBLE WAX

Formula containing canauba wax from Brazil and silicones gives a hard protective finish to marble and slate surfaces of objects and furniture. Developed by Goddards in England, it is in a 4 1/2 oz. tin. $2.50; 2, $4.75 plus 25¢ post. Downs, Dept. 1412-Z, Evanston, IL 60204.

WORKING TELEPHONE

Pay station models were in use. Taken off line, they're rebuilt as regular phones. Money goes from coin slots on to savings box, helps pay for extra calls. Finished black or green. $12.50 plus $20 post. Catalogue 50c. Grand Corn Inc., HG12, 324 Fifth Ave., New York, NY 10001.

SHUT EYE

Sleep is king night or day that you don the mask: shuts out any flicker of light that could disturb the psyche, the body's rest. Fabric and elastic band's so constructed that it fits any cranium. $2.98 plus 20¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94110.

HOOPS, MY DEAR

The favorite earring is the classic hoop. These have the look of pierced ear earrings, but slip on. Solid gold in 1/8", $34.50; 1", $44.50; 1 1/4", $54; 1 1/2", $72.50; intermediate, larger sizes. Ppd. Free brochure. Mildred Heyman, HG12, 33-45 92nd St. Jackson Hgts., NY 11372.

STRAW VOTE

A wicker basket, needlepointed monogram. Kit includes 10 1/2" x 6" x 5 1/2" basket, wool, instructions, canvas, monogram chart, velvet ribbon in rose, blue, red, black, green or gold. Open basket, $4.95; lidded $6.95. Add 50¢ post. Victoria Gifts, 12H Water St., Bryn Mawr, PA 19010.

OPEN SHELF STORAGE

Store china conveniently and in full view with vinyl cushioned metal caddy 9" high and 11 3/4" across. Caddy holds 40 pieces saving cupboard space, and it prevents chipping and breakage. $3.98 plus 75¢ post. Holiday Gifts, Inc., 312-G, Wheat Ridge, CO 80033.

WINDOW WONDER

Chemically-treated glass cleaning cloth makes windows shine—a "dry-cleaning" way! Washable cloth works its zip-clean wonders on car windshields, mirrors, too. $1.49 plus 15¢ post. Order from Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

HOUSE & GARDEN
IRON LOG RACK

Handsome, wrought iron log rack holds a large load of firewood, so you can be comfortable all night. Compact (23" h x 15" w), yet spacious. Absolute must for all people with fireplaces, no more trips into the freezing night for another log. Black finish only $14.95 each plus $1.95 post and handling from:

CAROL ANN GIFTS
P.O. Box 21026
Dept. HG2995M
Phila., PA 19154

Over 1000 Active, Inactive and Obsolete Sterling Patterns

For Immediate Delivery

We will also give a liberal allowance on incomplete sets of old sterling silverware, diamonds and jewelry against the purchase of any new, current pattern of silver.

We specialize in buying for cash your diamonds, silver, jewelry

JULIUS GOODMAN & SON
113 MADISON AVE. P.O. BOX 3195
MEMPHIS, TN 38103

We will also give a liberal allowance on incomplete sets of old sterling silverware, diamonds and jewelry against the purchase of any new, current pattern of silver.

We specialize in buying for cash your diamonds, silver, jewelry

JULIUS GOODMAN & SON
113 MADISON AVE. P.O. BOX 3195
MEMPHIS, TN 38103

SHOPPING AROUND

FAUCET FIXER

Annoying drip, drip, drip of a faucet is stopped easily with a neoprene ball that just drops into the fixture after removing old washer. Sealer stays put against grease, oil. $1.29 plus 20c post.

ANTHONY ENTERPRISES, HG12, 556 Mission St., San Francisco, CA 94105.

COUNTERFEIT ANTIQUE

Hand-wrought, electrified copper lantern. 13" by 5¼. Reproduced from a 1720 original in the Gettysburg collection, it has that primitive look achieved by hand soldering and rubbing. $39.50 ppd. Catalogue, $2. The Muller Co., HG12, Dogwood Hollow, Mil- ler Place, NY 11764.

STEAK FOR ALL SEASONS

Three plans for ordering Golden Trophy Steaks™. Plan #1, six Prime 10 oz. boneless sirloin strips, $35.50; Plan #2, six 12 oz. strips, $41; Plan #7, 8 six oz. filet mignons, $29.50. ($7 post. W. of Rockies, $4 to Fl.) Bruss Co., HG12, 3548 N. Kostner Ave., Chicago, IL 60641.

COUNTRY-STYLE CURTAINS
NO-IRON MUSLIN IN NATURAL OR WHITE
SUPERIOR QUALITY—VALUE PRICED!

#3 RUFFLES
(Style CE9)
Reproduced from Provincetown, Cape Cod. Extra full 3" Ruffles. Extra-wide 80" to the pair.

TIERS
24" 30" 36" 40" long...7.00 pr.

STRAIGHT OR TIEBACK
45" 54" 63" long...9.00 pr.

TIEBACKS...11.00 pr.

EXTRA TIEBACKS...1.00 pr.

EXTRA VALANCE...3.00 ea.

The charm of country-style curtains no longer need the drudgery of ironing. Practical, long-wearing, crisp and beautiful. Machine wash and dry, 50% Polyester—50% cotton muslin (shrinkproof maximum shrinkage 1%) of unsurpassed quality that we back with "satisfaction unconditionally guaranteed." Specify style and color, natural or white. Add $1.50 post & handling. Please enclose check or m.o. Sorry no C.O.D.'s. N. Y. Res. add sales tax.

COLONIAL MAID CURTAINS
Dept. 212, Lawn Terrace, Mamaroneck Village, N.Y. 10543
Since 1947
Just like the pros... a football jersey of your own name football jersey front and back. Personalized with first or last name on back as shown. Numbers also professional quality with large numerals on sleeves. Washable and colorfast. Choose red or blue color with white lettering.

Boy's Sizes S 7.50 plus 80c postage (18-20), or mens sizes, S (36), M (38-40), L (42-44).

Specify boy's or mens size, color desired, jive right name, .Stale 2nds, Color Choice.

(Sorry, no choice of numbers). Comes in avocado green or chestnut brown. They'll blend with most decors. Each 9" by 27", $4.50 each; set of 13, $34.95. Ppd. Yield House, G512X, No. Conway, NH 03860.

ANT FARM
Watch them dig tunnels, build roads, move mountains, erect bridges. Clear plastic wall is like living screen. With stock certificate for supply of ants and sand; watches guide, 6" by 8" $5.98 plus 75c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

SPLENDID SILVER CHEST Cabriole-legged mahogany, brass plated hardware holds family flat silver plus holloware and heirlooms. 39" h., 18" w., 13" d.; top drawer tarnish-proof fitted, partitioned, $139.95 exp. coll. Catalogue of Victorian furniture, $1. Magnolia Hall, HG12, 726 Andover, Atlanta, GA 30327.

GOOD FORTUNE Rattan table with a legendary elephant form to use as end or cocktail table. Removable tray for serving, 25" l. by 17" w. by 24" h. $34.95 plus $3 post. Painted white, green or yellow, add $5. Catalogue 25c. Fran's Basket House, HG12, Route 10, Succasunna, NJ 07876.

ECONOMIC IDEA These days a penny saved is, indeed a penny earned. Tube squeezers are a prime example. Turn key as tube contents are used and no mess no waste. Reusable, too! Set of eight, $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

YALALAG CROSS From the Sierras of Oaxaco in Mexico: a scintillating pendant of handwrought silver filigree with central amethyst. Thought to be of Zapotec civilization. 2½" long on 24" chain. $15.50 ppd. Shopping International, 977 Shopping, International Blvd., Norwich, VT 05055.
SHOPPING AROUND

VICTORIAN LADY
Lovely 18" doll is exquisitely dressed in burgundy velvet and ecru lace. She wears lace cap and carries a tiny purse. Her blonde curls are tied back with a matching burgundy bow. $32 ppd. Catalogue $1. Enchanted Doll House, Dept. HG125E, Manchester Center, VT 05255.

GLOWING SENTIMENT
American-made stained glass in rich colors surrounds handsome lettering, "I love you more than yesterday, less than tomorrow." 5" by 7". With hanger, shipped in corrugated wrap, box, $3.98 plus 50c post. Lillian Vernon, GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.

MOVABLE FEAST
Drop-leaf cart with laminated maple hardwood butcher block top; 26" x 18" with leaves down; 48" x 18", leaves up. 34" h. Butcher block lower shelf. Flat black steel frame, $145, chrome, $155. Exp. coll. Catalogue 50c. Butcher Block and More, HG12, 1600 S. Clinton, Chicago, IL 60616.

SAFE KEEPING
This might be the perfect way to save for that proverbial rainy day. It's a knitted sock with a change purse clasp attached to the top. The sock is long enough to hold a trove of cash. $1.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

MOTORCYCLING WINNER
An action book about racing bikes and the racers who do the winning. Includes how to start, corner, pass and jump, how to build a track and information on frames, gearing. 345 drawings and photographs. $5.45 ppd. H. P. Books, HG12, Box 5367, Tucson, AZ 85703.

ON THE BALL
A good golf game depends on how well the ball is functioning. Precision instrument tests the playable condition of each ball; with zippered case, instructions. AccuTest is $30 plus $2 post. Shreve, Crump & Low Co., HG12, Boylston at Arlington St., Boston, MA 02116.

WEIGH AWAY
Hand postal scale checks postage for your lengthy letters wherever they go. Shows ounces (up to 4) on one side, grams on other. A must for compulsive writers, a nice travel gift. $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

PLANT PRINT PORTFOLIO
4 Beautiful 11 x 14 pen and ink prints on heavy ivory stock
Plant lovers delight. Enjoy these magnificent plant prints reproduced on "felt finish" ivory cover stock in rich deep brown ink. Perfect frameable size 11 x 14. The ideal answer to the perfect gift! 1 set (4 prints, 1 of each as shown) $5.00 P. Pd. 3 sets (12 prints, 3 of each as shown) special $10.00 P. Pd. Shipped in sturdy tubes. Send cash, check, or Money Order to: Salem Print Co., Dept. HG 12, P.O. Box 11522 Winston-Salem, N.C. 27106

REMOVE HAIR FOREVER
PERMA TWEEZ electrolysis—seen in medical journals—safely and permanently removes all unwanted hair from face, arms, legs and body. This is the only instrument with special U.S. patented safety feature that destroys the hair root without puncturing skin. 'Tweezer-like' action gives safe and permanent results. Clinically tested—recommended by dermatologists. 14 DAY MONEY BACK GUARANTEE $16.95 Send check/M.O.

GENERAL MEDICAL CO., Dept. HG-123
5701 W. Adams Blvd., Los Angeles, CA. 90016
□ I enclose $4.00 deposit and pay balance COD plus COD postage.
□ I enclose $16.95 in full payment and save extra COD postage.
□ BankAmericard/Master Chg. # Expiration date
Name
Address
City/Zip
Mfr. of Professional & Home Electrolysis Equip.

DECEMBER, 1975
"Help me to remember that nothing is going to happen to me today that you and I together can't handle". Inspirational, and lovely words on an 8" x 6" wooden plaque. Full-color Italian scroll border, enhances the quiet serene message.

Ideal for Christmas Gift Giving... Laminated for permanence, ready to hang on a favorite wall at home or office. Ideal hostess gift.

only $1.98 each plus .35 postage

CADLYN'S

CLEANS YOUR SHOWER TILE OR WE PAY!

PAGE SIZE MAGNIFIER

Elegant, Page Magnifier is handy for looking up telephone or map directory listings, stock market reports, etc. The whole page is magnified at one time. Wafer thin and measures 7" x 10".

PAGE MAGNIFIER... $2.98 + 25c Mailing Each

LEGENDARY DOLLAR

MILEAGE CHECK

GAY BLADES

EMBROIDERY NEWS

NICE ICE

PAGE MAGNIFIER

GARY A. CHAPMAN, INC. H612, 225 FIFTH AVE., NEW YORK, N.Y. 10010
JEFFERSON CUP
Classic round bottom drinking cup adapted from an original designed by Thomas Jefferson in 1810. Pewter, it holds eight oz. of juice or cocktail, a miniature bouquet. Set of six, $38; $6.50 each plus $1.50 post. Westchester Associates, HG12, Box 122, Petersburg, VA 23803.

MARKED CARDS
Deck of tricksters has tapered edges for such touch selection. A variation in back design lets you distinguish any card held by opponents. Instructions plus 21 tricks. $2.98 plus 20c post. Order #161. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

LEATHER TRAVELER
Hobo bag in soft, supple leather. 14 1/2" by 17", holds securely, packs completely flat. One handle slips over the other for carrying. Red, black, beige or white, black, navy, brown suede. $16 plus $1 post. Old Pueblo Traders, HDH, 600 S. Country Club Rd., Tucson, AZ 85716.

KITTY'S RETREAT
Decorative three panel screen is designed to give a cat privacy around the litter pan. White high-impact styrene with brass finish hinges, red lettering, black and white kitten. Each panel 20" by 9". $9.95 ppd. Creature Comforts, HG12, Box 852, Palm Beach, FL 33480.

LEATHER TRAVELER
Hobo bag in soft, supple leather. 14 1/2" by 17", holds securely, packs completely flat. One handle slips over the other for carrying. Red, black, beige or white, black, navy, brown suede. $16 plus $1 post. Old Pueblo Traders, HDH, 600 S. Country Club Rd., Tucson, AZ 85716.

NO MORE SUDS
Foam sponge shower goggles with clear plastic lenses permit shower takers to watch while eyes are protected from both water and soap. Self-adjusting elastic strap, one size fits all. $1.29 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

SPRING POST BOOKENDS

POST BOOKENDS SET $2.98 + 35c Mailing Each Set
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125
556 Mission, San Francisco, Calif. 94105

SPANISH WALL-MOUNT LAMP $23.95
2 for $42.00
An ornate light, of hand-forged wrought iron with amber glass inserts. Also available as a hanging lamp. Measures 24" x 8". 18" deep, weighs 8 lbs. comes completely wired. Add $3.95 postage and handling for each.

U.S. Patent
No. 3239614
Depl. 87-D Del Mar, California 92014

REAL COMFORT WITH OPEN SHIRT
Shapes to the neck. So comfortable you forget it is there. Adjustable to size. No more bother. Stays in place. Luxurious fine denier polyester fabric. Plain shades to match every outfit.

SENDS! FOR OUR NEW 44-PAGE CATALOG.
You can deduct it from your first order.

CARTIER CRAVATES INC. P.O. Box 73, Champlain, N.Y. 12919
Dept. HG-12
If tweezing your brows and applying eye makeup makes you frantic . . .

Fret no more!!!

A noted eye doctor was approached by a woman who complained that without her glasses she can't see what she is doing, and with her glasses she can't do what she is seeing. Knowing that no available magnifying mirror can give a strong image without distortion, the doctor hand-ground prescription lenses and silvered them to provide a distortion-free focusing mirror. Our optically perfect “Magic Focus” standing mirror has a flexible, brass, “goose-neck” arm for hands-free grooming. White frame and base blend with every decor. To tuck in your purse for quick touch-ups, order our lovely white & gold compact (not shown). It's double faced, with plain and Magic Focus mirrors. With either model, you'll see clearly and sharply WITHOUT YOUR GLASSES regardless of your prescription or need for bifocals. A necessity for contact lens wearers.

Cost of 4" diameter standing Mirror is $14.95 plus $1.50 postage. Compact is $5.00; 2 for $9.50. Add 50c postage. You'll be amazed with the results. Satisfaction guaranteed.

THE FERRY HOUSE,
Dept. HG-125, Briarcliff Manor, N.Y. 10510

NON-SHOOTING REPLICA KENTUCKY RIFLE

Rifle only $19.00       6" Powder Horn $8.00 or save $2.00 . . . BOTH FOR $25.00

Full line color catalog $2.00 or introductory brochure 50c.

Gift Certificates Available $5.00 minimum. Sorry no Canadian orders.

Replica Kentucke Rifle . . . over 53" long . . . all wood and metal absolutely safe . . . cannot be made to fire. POWDER HORNS . . . genuine steer horn . . . 3 sizes; 6 inches - $8.00 . . . 12 inches - $15.00 . . . or giant size 24 inches - $28.00 . . . order with a rifle and deduct $2.00 from your order. 30 day unconditional guarantee.

THE MULLER CO.
Dogwood Hollow Dept. HG12
Miller Place, N.Y. 11764

MAGIC MENDING

New silicone formula Liquid Glass chemical sensation for permanent mending or repair of glass, china, crockery, ceramics and porcelain. Dries clear and creates a washable, waterproof, heat-or-cold proof iron bond.

LIQUID GLASS $2.98 + 25c Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-125
556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

WORLD OF THIMBLES
Charming starter set—7 thimbles in brass, china, silver from different nations. Also stained walnut shadow box 8½" h. by 3" w. by 1½" d. and folder "Worldly Thimbles" by Roz Belford (autographed). $25 ppd. Catalogue 50c. The Sewing Corner, HG12, Whitestone, NY 11357.

CHANGE OF TASTE
Try something new for dinner. Smoky Mountain Magic Cookbook provides you with more than 1000 kitchen-tested recipes of outstanding cooks in the East Tennessee area. Welcome gift thought. $5 ppd. Junior Service League, HG12, Box 1082, Johnson City, TN 37601.

PROTECTIVE DEVICE
Safety lock works on closed or open windows to keep intruders out, and children safe while maintaining usual ventilation. Affords a feeling of security whenever you're away. $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

IN STEP
Clever stepstool gives sturdy welded steel footing (supports 800 lbs.), yet folds to an amazing 1" wide! Choose red, brown, yellow, lime or white baked enamel finish. Folded size 22¼" h., 17¾" w. $24.95 plus $2 post. Belmar Corp., HG12, Box 801, Westport, CT 06880.

TOOTH POLISH
Cover-up tooth enamel cosmetic is as easy to use as nail polish. Tasteless and safe for natural teeth, gives gleaming white lustre. Can be used on gold teeth, too. ¼ oz. bottle. $2.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.
SUM SERVICE
Pocket calculator is sized like a cigarette case yet does big chores: automatic accumulation into the memory for grand total; percentage for mark-up and discount; has a memory key, large 8-digit display. $19.95 ppd. Malden's, Dept. 11 CL1, Box 221, Atlanta, GA 30338.

INVISIBLE HOLDUP
Liquid Garter holds hosiery up without bumpy garters and they stay up as well. It dries in a jiffy and without fuss or muss. Works for men's socks, too. End creases around ankles, knee bagging. $3.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

PIANO PLAYER

ADJUSTABLE WINDOW PLANTER
New, adjustable planter changes your bare windows into a lovely hanging garden. Easy to install, needs no screws, nails or glue; clips to any double hung window. Doesn't interfere with window movement. Made of chrome-plated steel. Satisfaction guaranteed, holds up to 12 lbs. (Pots not included). $11.95 plus 95c post, and handling from:

CAROL ANN GIFTS
P.O. Box 21358
Dept. HG4355M
P.O. Box 21026
Philadelphia, PA 19154

WINDOW PLANTER
New, adjustable planter changes your bare windows into a lovely hanging garden. Easy to install, needs no screws, nails or glue; clips to any double hung window. Doesn't interfere with window movement. Made of chrome-plated steel. Satisfaction guaranteed, holds up to 12 lbs. (Pots not included). $11.95 plus 95c post, and handling from:

CAROL ANN GIFTS
P.O. Box 21358
Dept. HG4355M
P.O. Box 21026
Philadelphia, PA 19154

HAND ENGRAVED FAMILY CREST RINGS
WE WORK IN THREE BASIC WAYS
1—If you do have a coat of arms you send us a photostat or picture of it and that is what we engrave.
2—If you do not have a coat of arms just send us your name and we shall look it up at no extra cost to see if there is a coat of arms for it.
3—If you wish you may design your own coat of arms. When you send for our catalogue ask for our free booklet "Some basic ways to design your own coat of arms."

SEND FOR OUR FREE COLOR CATALOGUE . . . This is the most beautiful jewelry, and certainly the most personal jewelry there is. Hand engraved by master European craftsmen.

HERALDICA IMPORTS, INC. Dept. G-12
21 West 46th St., New York, N.Y. 10036

PRE-INSPECTION PURCHASE PLAN
In order to make sure you like our work before you invest in a gold ring you may order the pendant shown above in sterling silver engraved with your coat of arms for only $35.00. When you order the ring you will be given credit for the $35.00 AND MAY KEEP THE PENDANT FREE.

MEN AND WOMEN'S MONEY HOLDERS
Bosom Money Cache snaps onto the bra or slip straps. Holds folding money or other valuables. Plastic lined with a fold-over flap. Washable. Also Men or Women's Adjustable Money Belt with zippered compartments.

Bosom Money Holder $2.98 + 20c Mailing
Men or Women'S Money belt $5.98 + 30c Mailing

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
Dept. HG-129
556 Mission, San Francisco, Calif. 94105

Tennis and T-Shirts . . . two of the hottest items in Bicentennial America became one, in the OVERHEAD SMASH! 50% cotton, 50% polyester. Soft, machine washable. White with red piping. Design is in black. Kids sizes: 10-12, 14-16. Adults: Sm., Med., lg., X-Lg. $4.50 ea. 2 for 8.50. 3 for 12. Add 20c for postage. A handling. Please send check or money order to: Mr. Tennis, P.O. Box 8096, Grove City, PA 16129.
Wise Owls Give a Hoot in Long Stitch. New type of decorative embroidery from Sweden. Make a family of bright-eyed, bronze and rust owls under a deep blue sky with yellow, orange moon. They're yours for $33.95 + $1.50 post, and a few hours of easy stitching. New type of decorative embroidery from Sweden. Make a family of bright-eyed, bronze and rust owls under a deep blue sky with yellow, orange moon. They're yours for $33.95 + $1.50 post, and a few hours of easy stitching.

A great gift for Father, Son, and Friends...

Dog Ties

Give them their own breed on a necktie.

Over 60 breeds available. Perfect reproduction, authentically woven in Switzerland. Exclusively ours. $12.50

Please send my breed.

My breed is: 

☐ Greyhound ☐ Afghan ☐ German Shepherd

Add $1.50 for delivery. N.Y. State add applicable tax.

Real Cut-Up

If you love snipping recipes, coupons, ads and Shopping Around, clip it! Paper cutter speeds the job. Neater and safer than scissors. Order now for your school children. $1.29 plus 20c post. from Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

Dieters Ahoy

Gag gift setting guaranteed to help in weight loss. Bottomless spoon, cut off knife and fork will keep dieters from over-eating and give them and other guests a good laugh. 0.98 plus 25c post.

Dual Role

Handy magnifier in a handsome letter opener of rich tortoise-look plastic that's been hand-polished and buffed. With brass trim, super powerful magnifying lens. 11" long. $5.98 plus 50c post. Lillian Vernon, Dept. GDE, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

Sound Effects

Entertain your friends with a "flushing" ashtray. When ashes are deposited in the miniature bowl, press handle, hear loud flushing noise as ashes go in tray below. No water. White. Battery not included. $7.95 plus 75c post. Play B, HG-12, Box 4146, Cincinnati, OH 45204.

Sauce Pan Steamer

French cooks make vegetables taste good and stay nutritious by keeping them above boiling water in a steamer like this. Stainless steel, 5½" dia. at bottom; expandable top opens to 9½". $3.98 plus 50c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.
SHOPPING AROUND

OLD-WORLD ELEGANCE
Hand-crafted tree ornaments in heat-resistant wax figures are painted in soft tones of rose, green, gold, violet and others. Traditional European folk-art designs, some over 100 years old. 2" to 5.5". Each $5 ppd. Studio Clare, HG12, Box 2065, Detroit, MI 48231.

MONEY MINDER
Dollars collect under a handsome dollar sign magnetized money clip that keeps it all together. Gold-finish dollar sign is on 2¼" metal clip to hold paper bills polishly. $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

TERRIFIC T's

NET EFFECT
Sweaters dry in a breeze on a fabulous frame that lets air circulate through fine net. 24" x 24"; reinforced corners fit over metal frame that's hinged to fold flat. Ideal for stockings. $4.98 plus 60c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

TAPER MATES
Candlelight is pretty, dripping wax is not. Glass bobeches from Europe to catch wax, 3" dia., star-etched, petal-shaped, gold-trimmed or plain. Three pr., $7.95 ppd. Extras, pr. $2.75. Bethanda Lighting, HG125, 149 Rose Lane, New Hyde Park, NY 11040.

NEW! MAGICDART
His safe dart game is great fun for the hole family. Hang on wall or door and throw MAGICDART (stick-tight ball). Reverse side is a tic-tac-toe game: TIK-TAT-TOE. MAGICDART set is a 19" target & 4 balls, @ $6.95 ppd. Extra 4 balls for TIK-DART-TOE @ $2.95 ppd. No COD's. Californians add 6% tax. Delivery by Christmas if ordered now.

Byron & Schiller
Box 7228, Carmel, CA. 93921

SNORE NO MORE
Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men or women.

ANTI-SNORE MASK $4.98 + 30¢ Mailing
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125
556 Mission, San Francisco, Calif. 94105

CLOSET LIGHT
A practical solution for adding that extra lighting for out-of-the-way places in your home without having to pay for costly wiring. Ideal for closets, on or under stairways or storage areas. Attaches easily to wall or ceiling. Operates on standard batteries (not included).

CLOSET LIGHT $4.98 + 55¢ Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125
556 Mission, San Francisco, Calif. 94105

SNORE NO MORE
Scientifically designed anti-snore mask insures sound, silent sleep. Washable nylon mask fits over chin, keeps jaws closed, prevents snoring by encouraging proper breathing. Adjustable to fit men or women.

ANTI-SNORE MASK $4.98 + 30¢ Mailing
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125
556 Mission, San Francisco, Calif. 94105

CLOSET LIGHT
A practical solution for adding that extra lighting for out-of-the-way places in your home without having to pay for costly wiring. Ideal for closets, on or under stairways or storage areas. Attaches easily to wall or ceiling. Operates on standard batteries (not included).

CLOSET LIGHT $4.98 + 55¢ Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125
556 Mission, San Francisco, Calif. 94105
MOPPETS®
Personalized Ornaments!
Four enchanting designs, American-crafted by Lilian Vernon! Pure perfection in solid brass, shiny-polished for lifetime beauty — won't tarnish or break. Each one custom-engraved any way you wish. Sizes vary 3 1/2-3 3/4". PRINT names.
1281 Couple 1274 Toddler
1280 Boy with Dog 1279 Girl with Gift
$2.98 each
3 for $7.98 6 for $14.98

Lilian Vernon

APPALACHIAN WREATHS
Decorate your home this Christmas with wreaths made of pine and hemlock cones, hickory nuts and various seed pods gathered from the Appalachian Mountains. Each is individually wired to a frame. These beautiful circles in muted browns will last for years and make wonderful gifts.
Size Price
25" $20.00
18" $10.00
12" $6.00

APPALACHIAN FIREPLACE CRAFTS

FOR FIRE PLACE LOVERS!!
A HEART WARMING IDEA!
This perfect family gift consists of two packages fireplace matches, two cartons color flame crystals, and a box of safe start firelighters. Free gift wrapping upon request. May be shipped to you or a friend. Prompt Delivery.
Complete kit 7.95
Three or more kits 7.50 ea.
Add postage and handling of $1.00 per kit

Collector's Corner
912 Delaware Avenue, Dept. Mo.
McComb, Miss. 39648

Swing Thing
- A unique gift for all ages
- Educational - entertaining - unusual - fascinating
- Handcrafted - oil finished parts

$7.95 Plus $1.50 Postage

Holly
FRESH CHRISTMAS HOLLY
Deck the Halls with choicest sprays of glossy green, rich red berried English Holly! Ideal for family, friends and business gifts. Cards included. Money-back guarantee. All PREPAID. Arrival by parcel post - ship work before Xmas. By Air; arrive anytime ready. Send first class for 22c extra.
H.2 An Armload of Holly $5.25*
H.4 Whipping Armload sprayed by 22c extra.
HG.6 Chatel Box, Bounty of holly plus aromatic Mt. green pine cones and Variegated holly.
HG.37 Loads of English plus Variegated holly, big pine cones; choice aromatic Mountain green.

Oshibana Kit
This ancient Japanese art of leaf and paper collage is a fascinating pursuit easy to master with the Oshibana kit. Take dried leaves, ferns and flowers, press and seal them between sheets of textured paper. Decorate lampshades, make stationery, even room dividers. $6 ppd.

For Last-Minute Christmas Gifts

SHOPPING AROUND

WATCH NEWS
It's the Panorama Orbit watch, a brilliant new design that twinkles like a jewel. Floating red orbit second hand, white face with red, white, blue, green, black, yellow or brown border and matching wristband. 17-jewel, Swiss made, has a two-year guarantee. $14.95 airmail ppd. Swiss Fair & Co., of St. Thomas, HG12, 3404, St. Thomas, VI 00801.

LIGHT FANTASY
Imagine the charm of candle-holding hand-blown glass creatures circling a centerpiece. Swan and whale (shown) beaver, mouse, pig, 2" by 5". Permanent glass wicks burn blue, green, red, yellow, clear oil. Figures, $4.95 ea.; all five, $25.75 plus $1 post. 8 oz. oil, $1. Vitro Dynamics, HG12, 114 Beach St., Rockaway, NJ 07866.

CREATIVE PRESENT
The ancient Japanese art of leaf and paper collage is a fascinating pursuit easy to master with the Oshibana kit. Take dried leaves, ferns and flowers, press and seal them between sheets of textured paper. Decorate lampshades, make stationery, even room dividers. $6 ppd.

Takashimaya, Inc., HG12, 509 Fifth Ave., New York, NY 10017.
MINIATURE MARVEL

Esther Baker turns a black and white or color shot into a delicate antique ivory-like oval miniature, 2½" by 3½". Actual photo is used by a special process; it cannot be returned. $7.50 each plus 75c post. Easel, $1. Esther Baker, HG12, Box 1022, Lompoc, CA 93436.

COLLECTOR’S FIND

The pressed glass double handle spoon holder is an exact copy of those produced over 100 years ago, with exquisite panel thistle design. In the old days it held spoons, today it is an important part of a collector's find. The pressed glass double handle spoon holder is an important part of a collector’s find. $19.95 plus $1.35 post. Artisan Galleries, HG12, 2100 North Haskell Ave., Dallas, TX 75204.

COZY COASTING

From the mountains of Aspen comes the Sun Shine Down set for the young generation. Sunburst design vest with matching bib overalls, 100% down; Aspen’s own hand-loomed Mountain Lid matching hat, 100% wool. Navy, emerald and red or yellow, orange and red combinations. Vests 18 months to 4 yrs., $23; 5-7 yrs., $27; 8-12 yrs., $31; overalls, 2-5 yrs., $33; matching hat, $11; mittens, $10.50. Ppd. Terese David of Aspen Ltd., HG12, 202 East Main St., Aspen, CO 81611.

PERSONAL PENDANT

Astrological pendant custom-made for you with your sun and moon symbols engraved around the edge. Sterling silver base plated in 24k gold. Heavenly signs inlaid in mosaic gemstones. Massive 30" gold rope chain. Give month, day, year of birth and choice of turquoise, bloodstone or obsidian. $95 airmail ppd. Mahan Creations, Broadmoor Hotel, Colorado Springs, CO 80906.

RARE FINDS

A, Framed, original pen and ink watercolor or, Doctor, lawyer, tennis, golf—you name it. We’ll do it. Specify colors. In handsome wood frame with double mat. Approx. 15" x 19" $35.00

B, Clear lucite sculptured Italian or French bread tray, also suitable for fruit or flower pots. 5½" x 2½" $12.50

C, Deluxe lucite octagonal footed tray with original hand-painted flowers. Your choice of colors. 12½" x 12½" x 4½" thick $16.50

RARE FINDS, Ltd., 116 Jackson Avenue, Syosset, N.Y. 11791

Order by December 4th to insure Christmas Delivery. We Pay Postage!!

SANTA CLAUS WILL WRITE TO YOUR CHILD

This personalized letter from Santa Claus to your child will bring the magic of Christmas to your home. Imagine how delighted your child will be to receive a letter written directly from the North Pole, with a FREE GIFT! Mail $1.00 for each personalized letter. Print each child’s full name and address on sheet of paper.

SANTA CLAUS

CHRISTMAS SPECIAL, $45.00

Full color catalog of other Decorator rugs, $1.00

SOUTHWESTERN CRAFTS, INC.

2360 Valencia, NE., Albuquerque, New Mexico 87110

Name
Address
City
State
Zip

PAKKS ORGANIZER

The CARRYALL for Needlepoint & Embroidery
Made of beautiful softly padded fabrics, this lap palette holds everything including 20" x 20" canvas. Fold flat with positive slip-in handle—marvelous for traveling. Patchwork, Florals, Plaids, Bandanas, Gingham. Please indicate second choice. Accessories not included.

$14.00 postpaid USA

P.O. Box 1553
UNIQUE GIFT

Be original — give "LOVEABLES"! Custom full-color, watercolor art from an original animal alphabet. Ideal for new babies, weddings, birthdays, house warmings, anniversaries — you name it! 9"x12" matted in yellow, blue, pink, green, orange or red. Up to 6 letters only at $4.95 each. Additional letters 50¢ each and size increases to 14"x18" matted. You can also add your own slogan or special message. 14"x18" complete alphabet available at $10.95 matted. Specify capitals or small letters. Postage and handling $1.25 up to 3 pieces to the same address. Orders shipped within 72 hours of receipt. Send check or money order to:

LAURA’S LOVEABLES©
Dept. HG125, P.O. 7306
Las Vegas, Nevada 89101

IMMEDIATE DELIVERY!

For your collection or as the ideal gift — from the popular and successful Schmidt Bros. Limited Editions. FREE first-year’s Collector Club membership (Reg. $5.00) with purchase. Receive our comprehensive material and learn the enjoyment of collecting all Limited Editions.

Albatross Antiques
73 W. State St., M12
Oxford, N.Y. 13830
Phone (607) 843-9191

LIBERTY BANK
Celebrate the Bicentennial with a bank shaped like Independence Hall. Cast iron replica of original still bank cast for 1875. Centennial holds more than $500 worth of silver. Tower removes to retrieve coins; bank is 101/4" h., 9 1/2" w., 8" d. $30 plus $1.50 postage Delware Valley Stamp Co., HG12, RD2, Gap, PA 17527.

COWHIDE SCUFFS
Great for the traveler. Smart saddle-stitched "skuffs" take little space, weigh only 11 oz., and pack flat. Whole sizes only. Men’s 6 to 13, $5.95 (Add $1 for 13). Tan, black or brown. Women’s 4 to 9, $5.95; tan, black or red. Plus $1 post. Pokorny’s, HG12, 124 St. Charles St., New Orleans, LA 70130.

HOUSE & GARDEN
SHOPPING AROUND

DUTCH TREAT
Handsome shelf clock from Holland is an authentic reproduction of an 18th century model. In solid walnut, eight-day brass movement, brass ornaments casted, strikes on the half hour. 12" h., 7½" w., 5¼" d. $179 ppd. Edga Imports, HG12, Box 4426, Ft. Lauderdale, FL 33304.

RESPONSIBILITY
Maxim about who gets the blame is cleverly expressed and written on a plaque of solid Rocky Mountain spruce, 11½" by 4½". Great sentiment to hang on the wall of kitchen, garage or workshop. Two, $4.95 plus $1 post. Postmatic Co., Inc., HG1275, Lafayette Hill, PA 19444.

STERLING TREASURE
From the Southwest, a stunning sterling silver and genuine turquoise ring handcrafted by fine silversmiths. Styled in the popular new spoon ring design that adjusts so easily to any finger. $15 plus 50c post. Vicki Wayne, 600 S. Country Club Rd., HDS, Tucson, AZ 85716.

PHILADELPHIA STORY
From the home of the Liberty Bell, handmade walnut replica with Florentine finish pen holder. Plate engraved, 1976 Bicentennial. 5½" by 5½" by ¾" plaque is perfect for desk or wall, $3.95 plus 75c post. Krimstock Bros., HG12, 3583 Aramingo Ave., Philadelphia, PA 19134.

BLANKET CONTROL
Electric blanket control guard of metal clips to bed where most convenient to reach when reclining. Clips bend easily by hand to adjust to bed rail. Excess cord can be wound around holder. $1.98 plus 35c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

PRETTY PERSONAL
You can be sure that anyone on your feminine list would like to have a handcrafted pendant of sterling silver with her ½" square fancy-cut initial. It's suspended on fine chain 18" long. $8.50; two, $15.00. Post, Ferry House, Dept. HG-752, Briarcliff Manor, NY 10510.

ORIENTAL and NAVAJO RUGS
Add that special touch of beauty to your home with a new Oriental or Navajo Rugs. Rugs are available in a wide range of styles, sizes, and pieces. Send $1.00 for our New Color Catalog.

WASHED SILK RUGS
Send $1.00 for our New Color Catalog.

3028 N. Lincoln Ave. • Chicago, IL 60657
Dept. HG-125
(312) 472-4848
VISIT OUR SHOWROOM—OPEN 7 DAYS A WEEK

Digital On A Chain
The Most Dazzling and Exciting Timepiece A Lady Can Own!
(5 Functions)

1. Digital One-Touch Timepiece
2. Digital One-Touch Temperature
3. Digital One-Touch Jewelry
4. Digital One-Touch Music
5. Digital One-Touch Film

For Prompt Delivery—2 Week Trial!

To Order Call Toll Free: 800-323-2408
Illinois Call: 312-595-0461

Your "Digital On A Chain" Includes:
- Gift Wrap - One-Year Battery Crane (2 Free Designer Jewelry Gifts)
- Solid Tone - No Humming, Ticking, or Vibration
- Completely Shock Resistant
- Fine Quality Gold Tone Chain
- No Strings, Hands or Moving Parts to go wrong—no oiling, cleaning, etc.
- Simple and Quick to Re-Set
- Water Resistant
- Each instrument thoroughly checked out at factory and our warehouse—One-Year Per-Year Accuracy
- 1-Year FREE REPLACEMENT WARRANTY
- Single Button Control

Credit Card
□ Master Charge □ Visa □ American Express
□ Diners Club □ Other

Name ____________________________
Address ____________________________
City State Zip ____________________________
Signature ____________________________

Mail Today for This Unique Service

MOONLANDER I

At LAST, the FIRST in a
SUPER SAFE-BATH CHAIR
(for tub or shower)

Patent applied (or any jewelry store) • Slim, non-bulky Styling
• Completely Shock-Resistant • finest Quality Gold-Tone
• Solid-Store • No Humming, Ticking, or Vibration
• Gift Case • One-Year Dottery (extra batteries readily available)

IT'S . . . tip-proof—slip proof
IT'S . . . rust-proof—water proof
IT'S . . . adjustable—18–24" tub inside
IT'S . . . for the INFIRM or HEALTHY
IT'S . . . for the young or old
IT HAS a clear anodized aluminum frame
IT HAS back and arm rests
IT HAS a clear anodized aluminum frame

 ALSO available, BATH SHOWER—attaches to chair, adjusts up and down, slides on and from. Water "on and off" control in shower head, head removable for hand use—includes all fittings. Hook it up yourself—fits regular shower system. (Special fittings available at extra cost where no shower head exists.)

CHAIR ONLY
$69.50

BATH SHOWER ONLY
$34.50

HALLEY SPECIALTIES INC.
Box 265
Marathon, FL 33550

For Prompt Delivery—2 Week Trial!

Each if not completely satisfied I can return the merchandise within 2 weeks for a full refund. Hook it up yourself—fits regular shower system. (Allow 3 to 4 weeks for delivery. Please send check or money order to:

Esther Baker
P.O. Box 1252 Dept. 1225
Lompoc, California 93436

Committee
□ Master Charge □ Visa □ American Express
□ Diners Club □ Other

Name ____________________________
Address ____________________________
City State Zip ____________________________
Signature ____________________________

Mail Today for This Unique Service

Your Picture as a Beautiful Antiqued Miniature
Ivory-like handcrafted oval domes • Anti-tarnish finish frame
Mail to: Physicians National Advertising, Inc., Dept. HG-125

$7.50

Birthday, Anniversary, Housewarming, Christmas, or Just Because! Everyday Enjoyment

Mail Today for This Unique Service
MUSK BOX

_, s alone, first of a
dated collectors series —
a gift to treasure!

Hear Gounod’s “Ave Maria’
when you pull the cord —
famed Reuge Swiss-crafted
movement has 16 notes,
rich chords. Lovely Hummel
scene in hand-screened
multicolors, solid frame of
polished natural hardwood.
Solid brass plaque
engraved “Christmas 1975 ”
marks the year. S^" diam.
Superbly made, gift boxed.
Satisfaction guaranteed.
#8635— Each $14.98

Please add 75c post. & hdwp. N.Y. residents add applicable taxes

HUMMEL
MUSIC BOX

SHARING AROUND

JUNGLE GREAT
Outstanding needlepoint design
in full color captures leopard
features on 12-mesh mono inter
lock canvas. Kit: Persian wool
yarn, needle, instructions. 10" by 24"
finished. $15.95 plus 75c
post. The World of Stitch n Knit,
Dept. HG515, Box 709, Fram
ingham, MA 01701.

CLOVER FOR LUCK
Stainless steel four leaf clover is
the golfer’s choice for marking
stymies on the green. A lucky
putt is almost a sure thing after
the clover is placed on the green.
¾” dia. Have name expertly en
graved. $4 ppd. Elgin Engraving
Co., HG12, 944 Edwards Ave.,
Dundee, IL 60118.

FAMILY AFFAIR
Clever clear-plastic cabinet keeps
all toothbrushes free from dust
and mix-ups. Holds 6 in sep
parate compartments, each with
its own door, ever ready and
sanitary. $1.69 plus 25c post.
Anthony Enterprises, HG12, 556
Mission St., San Francisco, CA
94105.

COPPER CHARMS
Encircle your wrist with open,
airy swirls. Bangle bracelets of
woven solid copper dress up
your favorite outfits, look so pret
ty any time. Lacquered to prevent
tarnish. Choose ¾" or 1½" width.
$2.98; two $5.50. Ppd.
Ferry House, Dept. G12, Briar
cliff Manor, NY 10510.

SOFT SLEEPING
Elegant satin sheets, machine
washable! Black, red, white, gold,
royal blue, avocado, silver,
bronze, orange, plum. Set: fitted
bottom sheet, straight top, two
cases. Twin, $19.50; full, $23;
queen, $25; king, $29. Ppd.
Royal Creations, HG12, 330 Fifth
Ave., N.Y., NY 10001.

ST-R-ETCH TO FIT
Apply liquid leather stretch to
 tight-fitting shoes and it makes
even suede and patent conform
to the foot as you walk. Simple
to apply and relief is almost in
stantaneous. $1.98 plus 25c
postage. Order from Anthony En terprises, HG12, 556 Mission St.,
San Francisco, CA 94105.

SPIRITED CALENDAR
A creamy white porcelain plate
with a striking 22k gold-fired rim
bordering 1976 calendar in red
and blue. Hook for hanging, 9¾" di
ia. $2.99 plus 75c post. Tripod
wooden display stand $1.49 plus
25c post. Spencer Gifts, E-17
Spencer Bldg. Atlantic City, NJ
08411.

Please add 75c post. & hdwp. N.Y. residents add applicable taxes

LILIAN VERNON
Dept. G03, 510 S. Fulton Ave.
Mt. Vernon, New York 10550

WATCH YOUR WATTS!

- MONITOR YOUR POWER USAGE
- IDENTIFY HIDDEN ELECTRIC COSTS
- IDEAL GIFT FOR COST-CONSCIOUS CONSUMERS

The WattWatcher’s resettable display reads out cost of electricity consumed. Adjustable for different rates, measures appliances up to 10 amps, $39.95 plus $1.50 for postage: Va. residents add 4% tax.

Send check or charge to BankAmericard.

DEPT. HG 12, LAY, VA. 22945

CLEANS SILVER FAST
Magic Silver Leaf goes in the dishpan, or sink, and safely cleans silver as you wash dishes. No rubbing, no boiling. Keeps silver shining bright and tarnish-free. Safe for finest silverplate and sterling. Odorless and non-toxic. Lasts a lifetime, never wears out.

SILVER LEAF . . . . . . $3.98 + 25c Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back

Anthony Enterprises HG125 556 Mission, San Francisco, Calif. 94105

Anthony Enterprises 556 Mission, San Francisco, Calif. 94105

COPPER CHARMS
Encircle your wrist with open,
airy swirls. Bangle bracelets of
woven solid copper dress up
your favorite outfits, look so pret
ty any time. Lacquered to prevent
tarnish. Choose ¾" or 1½" width.
$2.98; two $5.50. Ppd.
Ferry House, Dept. G12, Briar
cliff Manor, NY 10510.

SOFT SLEEPING
Elegant satin sheets, machine
washable! Black, red, white, gold,
royal blue, avocado, silver,
bronze, orange, plum. Set: fitted
bottom sheet, straight top, two
cases. Twin, $19.50; full, $23;
queen, $25; king, $29. Ppd.
Royal Creations, HG12, 330 Fifth
Ave., N.Y., NY 10001.

ST-R-ETCH TO FIT
Apply liquid leather stretch to
 tight-fitting shoes and it makes
even suede and patent conform
to the foot as you walk. Simple
to apply and relief is almost in
stantaneous. $1.98 plus 25c
postage. Order from Anthony En terprises, HG12, 556 Mission St.,
San Francisco, CA 94105.

SPIRITED CALENDAR
A creamy white porcelain plate
with a striking 22k gold-fired rim
bordering 1976 calendar in red
and blue. Hook for hanging, 9¾" di
ia. $2.99 plus 75c post. Tripod
wooden display stand $1.49 plus
25c post. Spencer Gifts, E-17
Spencer Bldg. Atlantic City, NJ
08411.
MEMBER, 1975

lbs. incl. post. & hdlg. $63.50

as. incl. post & hdlg. $50.80

3S. incl. post. & hdlg. $38.10

DS. incl. post. & hdlg. $25.40

d only in multiples of 2 lbs.

de long-grain Wild Rice at Sale — $5.50 per pound. Top

goose down, thread. White (can

$2 post. Twin $49.95 plus $1.60

$76.95; standard $56.95. Add

for easy sewing: pre-cut parts,

S., San Francisco, CA 94105.

Shipped Immediately!

playful playing cards show Fred-

or choose 30" dining height table at

same prices. Locking Shepherd

Casters. $25.00 additional

Two-inch thick maple butcher block top, durable bench construction frame. Send

express collect. In Illinois, add applicable taxes. Send check or money order, no C.O.D.'s please.

Custom sizes and styles always . . . for a complete 24 page catalog of existing

butcher block furniture, send 50c to:


The Schoenhell Company
Dept. HG-125A, 1600 S. Clinton, Chicago 60616

Beet the heat! You can be cucumber cool anywhere, anytime. Just flick on the portable mini fan for the freshest breeze this side of the shore. Battery operated (battery not included). Lightweight plastic with stand for desk or table use.

PORTABLE FAN . . $2.98 + 35c Mailing Each

PORTABLE FAN . . $2.98 + 35c Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

BROCHURE ORDER: Dept. HG-125 556 Mission St., San Francisco, CA 94105

Send Check To:

GODDESS 'BAST'
Egypt 665 B.C.

Egypt 665 B.C.

a good subject for a beginning, or a striking addition.

example. This specimen is in bronze. 6"2 inches tall, on a

in many forms, as a woman with a cat's head, as a cat with

kittens, or as a large cat with earrings as in this splendid

example. This specimen is in bronze, 6'/ inches tall, on a

black base, the original in the Cincinnati Art Museum. A

good subject for a beginning, or a striking addition.

bought in Illinois, add applicable taxes. Send check or money order, no C.O.D.'s please.

Custom sizes and styles always . . . for a complete 24 page catalog of existing

butcher block furniture, send 50c to:

The Schoenhell Company
Dept. HG-125A, 1600 S. Clinton, Chicago 60616

Beet the heat! You can be cucumber cool anywhere, anytime. Just flick on the portable mini fan for the freshest breeze this side of the shore. Battery operated (battery not included). Lightweight plastic with stand for desk or table use.

PORTABLE FAN . . $2.98 + 35c Mailing Each

PORTABLE FAN . . $2.98 + 35c Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

BROCHURE ORDER: Dept. HG-125 556 Mission St., San Francisco, CA 94105

Send Check To:

GODDESS 'BAST'
Egypt 665 B.C.

Egypt 665 B.C.

a good subject for a beginning, or a striking addition.

example. This specimen is in bronze. 6'/ inches tall, on a

in many forms, as a woman with a cat's head, as a cat with

kittens, or as a large cat with earrings as in this splendid

example. This specimen is in bronze, 6'/ inches tall, on a

black base, the original in the Cincinnati Art Museum. A

good subject for a beginning, or a striking addition.

bought in Illinois, add applicable taxes. Send check or money order, no C.O.D.'s please.

Custom sizes and styles always . . . for a complete 24 page catalog of existing

butcher block furniture, send 50c to:

The Schoenhell Company
Dept. HG-125A, 1600 S. Clinton, Chicago 60616

Beet the heat! You can be cucumber cool anywhere, anytime. Just flick on the portable mini fan for the freshest breeze this side of the shore. Battery operated (battery not included). Lightweight plastic with stand for desk or table use.

PORTABLE FAN . . $2.98 + 35c Mailing Each

PORTABLE FAN . . $2.98 + 35c Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

BROCHURE ORDER: Dept. HG-125 556 Mission St., San Francisco, CA 94105

Send Check To:
ENJOY REAL EYE COMFORT
Now you can enjoy comfortable vision in strong sunlight while playing tennis, sailing, golfing, motoring, or reading on the beach. Adjustable dark green plastic shield slips on your glasses in a jiffy. Wear the Sport Visor on regular or sun glasses.
SPORT VISOR . . . $2.98 + 25¢ Mailing Each
No COD’s or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises
556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND
PERSONALIZED
Send your child’s name to Chelsea Arts and receive an enchanting personalized picture. Beautifully colored lithograph on 16" by 20" quality art paper. Specify boy or girl and print name up to nine letters. $3.95 ea.; two, $7. Add 15c post. Chelsea Arts, Box 948-EH, Long Beach, CA 90801.

WATER WATCHER
Plant-watering indicator tells exactly when to water by color changes, so there’s no more guesswork or soggy plants. Markers are 4" long plastic. Set of six indicators, $1.99; 12, $3.79. Pod. Write to S & S Enterprises; HG-6, 9531 Zion Circle, Huntington Beach, CA 92646.

COLLAR OPEN SESAME
It’s almost magical what the collar-extender can do to ease any tight collars on his good shirts. Tiny hook-on gadget gives extra half-size comfort for a just right feeling! $1.99 for set of two, add 15c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

DECORATIVE NOTES
Ancient Chinese musical instruments in miniature are framed and mounted to hang and display (plaques are 5½" by 7½") with Chinese name in gold. $2.95 each plus 55c post; five, $13.50 plus $1.55 post. Pacific Trade International, HG12, Box 24791, Seattle, WA 98124.

GINGHAM CHECKS
Vinyl shower curtain in red, gold, blue, green, pink, orchid, black 6' by 6'; tieback window curtains, 54" l. by 68" w.; or cafe curtains with valance. $9.50 a set plus $1 post. Curtain alone $4.95 plus 85c post. Brochure, swatches, 50c. Mother’s HG12, 31 E. Main St., Westminster, MD 21157.

MAGIC TOUCH
One stroke of “Almond Stick” and superficial scratches disappear from pianos, furniture, woodwork. For mahogany, walnut, oak and other finishes. Used by professionals. $1.98 plus 25c post each. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

PRECIOUS PIECE
Marble charmbox enhanced by a fascinating floral-patterned inlay of jade, lapis and onyx. Handcrafted in India. A thing of beauty to please endlessly. 3¼" dia. 4 weeks dely $6.98 plus 50c post; two $12 ppd. Melanie’s Imports, HG12, Box 2194, Youngstown, OH 44504.
GROW YOUR OWN

Leaf of Life

Amazing! Mystical!
The Leaf of Life is amazing the yogi told me, believe that these mystical leaves possess the secret of life.
Whenever a leaf falls, a new plant starts to grow...
...on air, water, or soil.
Yes, the Leaf of Life can start to grow on air alone. New plants grow from the edges of each leaf!
After it starts, put the leaf in a pot. The bigger the pot, the bigger the plant will grow — from one to six feet tall. You can have the size you want and it grows in sun or shade.
It blossoms with fragrant pink & lime bell-like flowers that look like jeweled, oriental lanterns.
The Leaf of Life makes a thoughtful gift, symbolic of wishing your friends a long life and happiness.
It comes with complete instructions and is easy to grow.
Three Leaves of Life for $1.00 None for $2.50
Please add $0.50 for handling and postage.

ROBERTA'S
Dept. HA-2
P. O. Box 3900, Shelbyville, Ind. 46176
Box 2721, Walthamville, P. O. Windsor, Ont. Canada

E-X-P-A-N-D-I-N-G

Ice Wool Scarf

Imported from England, it’s woven from the softest mohair wool into an intricate, delicate pattern. Scarf drapes softly and can be used as a shawl or a head covering. Completely moth proof and hand washable, it measures a generous 16" x 55". Choose White, Black, Beige, Pink, or Ocean Blue.
$4.98 each; 2 for $9.50. Add $0.50 postage.

FERRY HOUSE
Dept. 69-C, Briarcliff Manor, N.Y. 10510

Mandarin Perfection

Bamboo basket, hand woven with traditional oriental discipline from behind the GREAT WALL OF CHINA. Lined with porcelain this decorative showpiece is functional, too (8" high x 7" diameter). Colors, green or red over natural. Price $19.95 plus $1.50 postage. Please specify color.

Bentwood Rocker

Imported directly from Europe. The time-honored bentwood rocking chair is shown unfinishd. Can be stained, varnished, sealed and waxed. Natural wood case can be stained and both wood and upholstery are sold separately.

Send 25c for complete Danish Furniture Catalog.

Only $79.95

Red, Black, or White Finish

Genada Imports
LUCITE SAFETY ESCORT

Elegant and functional. Protects you... protects your keys. Solid LUCITE 1" thick, 1 1/4" wide, 9" long. Engraved with your name. Fail Safe ignition key separator. Strong Stainless Steel Bead Chain. Quality Police Whistle. Loss protected by registered number. Super gift.

SAFETY ESCORT .......... $19.95 plus $1.25 mailing each

Send check or money order — NO C.O.D.'s or Billing — Michigan Residents add 4% Sales Tax.

SATISFACTION GUARANTEED or your money back.

Print clearly NAME TO BE ENGRAVED and mail to:

NAMELY YOURS, 2550 First National Bldg., Detroit Michigan 48226

REPLACE WORN SILVER

Silver Plus deposits new, pure silver on copper, brass, or bronze where the original plating has worn away—and polishes at the same time. Silver Plus is ideal for polishing Sterling. It does not deposit new silver on Sterling, but helps maintain its beauty and lustre. 4 oz. bottle.

$702 SILVER PLUS $4.98 + 45¢ Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

DEPARTMENT H & G

ROLLING RAKE

Shag rugs resist cleaning by vacuuming—they need to be raked first. Steel and nylon rake on wheels makes pile stand up, brings up debris. Two sizes of teeth to suit pile. $11.95 plus $1 post. Ernie Kaufman Co. Imports, HG12, 368 W. Olive #1, Sunnyvale, CA 94086.

USEFUL NEEDLEERY

Embroider roses on linen, snap the work under glass and non-tarnish coasters are ready to use as coasters or ashtrays. Kit includes set of three, designs on linen, yarns, needle, instructions. $9.95 plus 60¢ post. The World of Stitch 'n Knit, HG12, Box 709, Framingham, MA 01701.

SHIPPING AROUND

ROLLING RAKE

Shag rugs resist cleaning by vacuuming—they need to be raked first. Steel and nylon rake on wheels makes pile stand up, brings up debris. Two sizes of teeth to suit pile. $11.95 plus $1 post. Ernie Kaufman Co. Imports, HG12, 368 W. Olive #1, Sunnyvale, CA 94086.

USEFUL NEEDLEERY

Embroider roses on linen, snap the work under glass and non-tarnish coasters are ready to use as coasters or ashtrays. Kit includes set of three, designs on linen, yarns, needle, instructions. $9.95 plus 60¢ post. The World of Stitch 'n Knit, HG12, Box 709, Framingham, MA 01701.

REPLACE WORN SILVER

Silver Plus deposits new, pure silver on copper, brass, or bronze where the original plating has worn away—and polishes at the same time. Silver Plus is ideal for polishing Sterling. It does not deposit new silver on Sterling, but helps maintain its beauty and lustre. 4 oz. bottle.

$702 SILVER PLUS $4.98 + 45¢ Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

DEPARTMENT H & G

HOLD THAT TIGER

With startling clarity and amazing detail, design of tiger head is created by wildlife artist Guy Coheleach. Limited edition. Initialled prints are 16" x 20" in full color. $35 ppd. Catalogue $1, free with first order. Sun- shine Studio, Dept. G-125, 206 Broadway, Lawrence, NY 11559.

TWO VIEWS

Pocket magnifier has two lenses for close-up work—four-power or eight-power magnification! Ideal for seeing small type, splinters, stamps. Lenses fold into protective case. $3.98 plus 20¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

SOOTHE-AWAY


STOWAWAY

Nothing like preparing now for Christmas. Ornament chest holds 92 ornaments of three sizes; space for eight sets lights, tinsel, other tree-trimming paraphernalia. 27" X 17" X 12" Assembles easily. $8.50; two for $16. Ppd. Write to Bruce Bolind, HG12, Boulder, CO 80302.

KIDDIE KORNERS

PROTECTIVE CORNER PADS

Sharp corners of furniture and other objects can cause serious injury to small children. Cover those dangerous corners with self-sticking foam pads. KIDDIE KORNERS are easy to attach and remove. Brown-colored pads conform to any shape of corner. A must for parents and grandparents of small toddler. Send $2.50 pad for 12 KID-DIE KORNER pads to:

DANA ENTERPRISES

DEPARTMENT H & G

SHIPPING AROUND

ROLLING RAKE

Shag rugs resist cleaning by vacuuming—they need to be raked first. Steel and nylon rake on wheels makes pile stand up, brings up debris. Two sizes of teeth to suit pile. $11.95 plus $1 post. Ernie Kaufman Co. Imports, HG12, 368 W. Olive #1, Sunnyvale, CA 94086.

USEFUL NEEDLEERY

Embroider roses on linen, snap the work under glass and non-tarnish coasters are ready to use as coasters or ashtrays. Kit includes set of three, designs on linen, yarns, needle, instructions. $9.95 plus 60¢ post. The World of Stitch 'n Knit, HG12, Box 709, Framingham, MA 01701.

REPLACE WORN SILVER

Silver Plus deposits new, pure silver on copper, brass, or bronze where the original plating has worn away—and polishes at the same time. Silver Plus is ideal for polishing Sterling. It does not deposit new silver on Sterling, but helps maintain its beauty and lustre. 4 oz. bottle.

$702 SILVER PLUS $4.98 + 45¢ Mailing Each

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

DEPARTMENT H & G

HOLD THAT TIGER

With startling clarity and amazing detail, design of tiger head is created by wildlife artist Guy Coheleach. Limited edition. Initialled prints are 16" x 20" in full color. $35 ppd. Catalogue $1, free with first order. Sun- shine Studio, Dept. G-125, 206 Broadway, Lawrence, NY 11559.

TWO VIEWS

Pocket magnifier has two lenses for close-up work—four-power or eight-power magnification! Ideal for seeing small type, splinters, stamps. Lenses fold into protective case. $3.98 plus 20¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

SOOTHE-AWAY


STOWAWAY

Nothing like preparing now for Christmas. Ornament chest holds 92 ornaments of three sizes; space for eight sets lights, tinsel, other tree-trimming paraphernalia. 27" X 17" X 12" Assembles easily. $8.50; two for $16. Ppd. Write to Bruce Bolind, HG12, Boulder, CO 80302.

KIDDIE KORNERS

PROTECTIVE CORNER PADS

Sharp corners of furniture and other objects can cause serious injury to small children. Cover those dangerous corners with self-sticking foam pads. KIDDIE KORNERS are easy to attach and remove. Brown-colored pads conform to any shape of corner. A must for parents and grandparents of small toddler. Send $2.50 pad for 12 KID-DIE KORNER pads to:

DANA ENTERPRISES

DEPARTMENT H & G
WILDFLOWER SEEDS
From meadows and forests of the Rocky Mountains. Mixture of flower favorites in rainbow of colors. Hand-picked and packaged. Enough seeds for two dozen large pots or sizable garden patch. $2 plus 20c post. Wretched Mess News, HG12, West Yellowstone, MT 59758.

EARLY AMERICAN
Authentic replica of mechanical savings bank of 1800’s. Painted red, white, blue; golden buttons, stars and eagle. Takes pennies, nickels, dimes and quarters. 11 3/4” high. $2.99 plus 80c post. Order from World Art Group, HGE12, 606 E. State St., Westport, CT 06880.

HANDBY MAGNIFIER

PLAN AHEAD
The three-year planning calendar, 1976-77-78, contains 36 months at-a-glance pages, 11” by 8 1/2”. Spiral bound to lie flat, may hang on wall. Tab-indexed by months, years. Durable covers. $2.50 plus 50c post. Two for $4.50 ppd. The Writewell Co., 879 Del., San Francisco, CA 94105.

NO SHINE DISCOVERY
Simple Teflon cover for steam irons is the solution for ironing serges, gabardine, dull-surfaced silks, woolens and knits. Permits a smooth shaping or blocking job without shiny areas. $1.29 each. $2.75 for two plus 50c post. The Writewell Co., 879 Del., San Francisco, CA 94105.

WILDFLOWER SEEDS
Colors. Hand-picked and packed. Enough seeds for two dozen large pots or sizable garden patch. $2 plus 20c post. Wretched Mess News, HG12, West Yellowstone, MT 59758.

JOINT THERMA PAD
Relieve those aching joints. Warm-Edge pad seals in body heat and concentrates it where you need it most. Relieves aches, pains, strains, stiffness. Soft foam-filled jersey covered pad. Sanitary, washable. Fits snugly around knee, elbow, ankle for quick soothing comfort. Ideal relief for arthritis sufferers. $2.29 plus .35 postage

BLACK & WHITE BLOWUPS TOO!
2 ft. x 3 ft. $3.50
1 ft. x 1 1/2 ft. $2.00
14” x 17” $1.50
2 ft. x 2 ft. $4.00
2 ft. x 3 ft. $4.50
2 ft. x 4 ft. $5.00

Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. For every color poster ordered, add $2.00 and handling. For prompt delivery put name & address on back of photo. Send check, cash or M.O.

Delightful Stitchery
Two irrepressible bloopers, both in little-known letterforms, to make a delightful book marker. Black and White Bloopers, 10” x 20” $4.50. Black and White Bloopers, 14” x 20” $6.00. For insured delivery add $1.00 to the above prices. For orders of five or more we will deduct 25% from the above prices. Postage and handling is an additional 25c per item. When ordering please specify size and number of copies. From Dept. HG-125, Congers Color Labs, Dept. 317C, West Ridge, Colorado 80033.

JOINT THERMA PAD
Relieve those aching joints. Warm-Edge pad seals in body heat and concentrates it where you need it most. Relieves aches, pains, strains, stiffness. Soft foam-filled jersey covered pad. Sanitary, washable. Fits snugly around knee, elbow, ankle for quick soothing comfort. Ideal relief for arthritis sufferers. $2.29 plus .35 postage

BLACK & WHITE BLOWUPS TOO!
2 ft. x 3 ft. $3.50
1 ft. x 1 1/2 ft. $2.00
14” x 17” $1.50
2 ft. x 2 ft. $4.00
2 ft. x 3 ft. $4.50
2 ft. x 4 ft. $5.00

Yes, you can have a FULL COLOR POSTER blown up from your color photo or slide at a fraction of the price. For every color poster ordered, add $2.00 and handling. For prompt delivery put name & address on back of photo. Send check, cash or M.O.

Delightful Stitchery
Two irrepressible bloopers, both in little-known letterforms, to make a delightful book marker. Black and White Bloopers, 10” x 20” $4.50. Black and White Bloopers, 14” x 20” $6.00. For insured delivery add $1.00 to the above prices. For orders of five or more we will deduct 25% from the above prices. Postage and handling is an additional 25c per item. When ordering please specify size and number of copies. From Dept. HG-125, Congers Color Labs, Dept. 317C, West Ridge, Colorado 80033.
GLAMOUR SLEEP BRA

For undreamed comfort, designed in 100% nylon stretch lace for curve caressing control and feminine flattery. Snap front closure for dressing ease. 2 sizes fit all. Specify A-B Cup or C-D Cup. White only.

SLEEP BRA $4.98 + 30¢ Mailing

No COD's or Billing California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises

556 Mission, San Francisco, Calif. 94105
WATTS NEW

Contemporary lamps for end table or desk are in yellow, brown or white (specify). Choose 13" h., adjustment in any direction, $25; or 21" h. with 360-degree swivel, $30. Add $2 post. Send $1 for new poster/catalogue. HG-12/L. Workbench, 470 Park Ave., So., New York, NY 10016.

HISTORIC HERITAGE

Bing & Grondahl honors America's Bicentennial. Relief design of American Eagle underglaze blues circled in 24kt. gold with names of original 13 states. Copenhagen porcelain, 9" plate. $50 ppd. Viking Import House, Inc., HG12, 421 Southwest 6th St., Ft. Lauderdale, FL 33301.

STETHOSCOPE

Young and old alike learn the mysteries of the heart with an authentic stethoscope. Just like doctors and nurses use. It's fitted with rubber hose, chrome plate fittings, plastic ear caps. $5.98 plus 30c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

EMBROIDERED CIRCLE

Hand-worked crewel from India imparts color and elegance to a natural cotton hand-loomed round tablecloth. A beauty for a spring tea table or dinner table. 70" dia., $50; 90", $60. Send 50c for catalogue and swatch. Gurian's, G125, 276 Fifth Ave., New York, NY 10001.

ZIP!

Stubborn, hard-to-reach zippers get their come-uppance with a gold-plated chain pull to be attached before the garment is on. 18" l. To unzip, attach at top before starting. $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

NEW YORK • LONDON • PARIS • MILAN

PORTRAIT IN OILS

Magnificently painted on canvas from old or new photos, by outstanding European and American portrait painters. A superb living likeness in full color is executed in rich oils.

Truly a unique and lasting gift

Our portraits in oil are TRUE WORKS OF ART, painted on pure linen canvas from your photograph and NOT painted on top of an enlargement of your photo, as is the method of other commercial portrait services. No longer need you envy those fortunate enough to own a family oil portrait. Have you a photo of some loved one whose memory you wish to perpetuate? Compare our works of art with others selling up to $300. Living Likeness Guaranteed.

UNBELIEVABLE WORKS OF ART AT UNBELIEVABLE LOW PRICES

FROM $99.95 TO $995.00

Beautifully Illustrated Catalogue

“HOW TO ORDER AN OIL PORTRAIT” 25c

Send check or money order to

Hawaiian Calendars,
Dept. HG, Box 10433, Honolulu, Hawaii 96816

DECEMBER, 1975

ORTHOKINETICS INC.

P.O. Box HG12, Waukesha, Wisconsin 53186

Phone (414) 542-8847

AutOMATIC WATER PUMP

Your home water pressure operates this handy little worker. Simple syphon principle automatically pumps up to 300 gallons an hour from flooded basements, washing machines, boats, pools, etc. Needs no motor, cannot break down.

AUTOMATIC WATER PUMP . . . . . . . . . . . . . . . . $4.98 + 35c Mailing Each

California Residents add 6% Sales Tax

Satisfaction Guaranteed or Your Money Back

Anthony Enterprises
NO MORE WET HAIR
Keep hair dry while bathing or swimming. Absorbent Dry Band protects against moisture. Keeps hair-do safe, dry. Easy to use — practical for all ages. Simply wrap poly-foam band around head to cover hairline. Wear under shower or bathing caps. Adjustable.

DRY BAND $3.98 + 20c Mailing
No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125 556 Mission, San Francisco, Calif. 94105

THE LOVELIEST SEAT IN THE HOUSE
With rust on my britches and Spring in my heart, an impression on boy, britches, and brain which on Grandma's love seat! Gentle hands sponged the mahogany or fruitwood color finish. W 53 D 29 H 34". Ship. chgs. coll. No 0.0. D. In crewel love seat, but those that attached my backside left I ran through childhood head-on into life. I sat here is the love seat, with web base, coil springs, channel wall construction prevents shifting. Cuts effective insulations. Like magic, you'll feel warmth without weight. No hot or cold spots, goose feathers 'n down ... one of nature's most nights under PUFF ... the comforter of European down proof cambric cotton. Lime, Canary. Sable. Turn down your thermostat! Spend warm snug nights under PUFF ... the comforter of European

SHOPPING AROUND

BUTCHER BLOCK
Simplicity of line emphasizes the rich wood grain's natural beauty. Clock has tuning-fork movement, silent-sweep second hand. 12" by 12" by 1½". Runs on "C" battery (not included). $46 plus $2.50 post. Brochure free. Chisom Classics, HG12, Box 729. Boulder, CO 80302.

FRENCH MAILBOX
Copy, reproduced in cast aluminum. Front finished in white, black, verdigris, goldspun white, pewter. Latched door, hinged knob; figures in bas relief. 14" w., 23" h., 4". Mail container, 12" x 8", $45, plus $3.20 post. The Patio, Dept. HG12, 550 Powell, San Francisco, CA 94108.

SEALED WITH A KISS
Affectionate way to mark envelopes, gift wrap, even wallpaper a kiss! Jumbo stamp with red ink stamp pad comes in a sack also marked with a kiss. $4.95. Stamps alone, either kiss or cat's paw, $2.95; two, $4.95. Pod. Kiss Co., Dept. HGE, Box 771, New York, NY 10010.

TOMATOES INDOORS

HOUSEHOLD INVENTORY
Protect yourself against losses with complete record of house- hold possessions. Ring binder holds 26 different forms for con- tents 12 rooms. Blue fiber-board cover, 100indexed sheets. $12.50 plus $1 post. Two for $24.95 ppd. The Writewell Co., 889 Trans- sit Blg., Boston, MA 02115.

SOLID GOLD JEWELRY
save up to 50% and more
Buy direct from the manufacturer! 14K GOLD PENDANTS with chains, the latest in designed. Unbelievable low prices. Each attractively gift box. Solid Gold Jewelry a lifetime of pleasure . . . a solid investment forever. Money back guaranteed.

HOUSE & GARDEN
QUILTRESS' CATALOGUE
It's a 32-page booklet filled with hundreds of patterns for patchwork, appliqué and embroidered quilts in a variety of forms. Complete with a sampling copy of Quiltress' Newsletter magazine. 75c.

PET OR CHAMPION
Whether his dog is a friendly companion or champion, it can be woven into a tie by the Swiss. Made of terrycloth and silk. Specify breed (over 50 in stock), color (navy, brown, burgundy, green). $12.50 plus $1.50 post. David Barrato, HG12, 1530 Northern Blvd., Manhasset, NY 11030

COOK BOOK HOLDER
Black wrought iron stand holds cook books at the ready on table or kitchen counter. 12" w. and 6½" h., it takes various size cook books at the ready on table. $17.50 ppd. Christmas Tree Island Assoc., HG12, Box 45, Garden City, NY 11530

SCRIPT IDENTITY
Oval nameplate of brass is engraved in graceful script with any name up to eight letters. Convex surface is 3" by 6½"; add 35c each for extra letters. A handsome touch for door or desk. $17.50 ppd. Christmas Tree Island Assoc., HG12, Box 194, Boothbay, ME 04537

WATER THIRSTY PLANTS WHILE ON A TRIP
Planning a trip but worried about your thirsty plants? Amazing wicks feed just right amount of water up to 8 weeks. Can be used all year around with all plants. Will not rot or mildew. SET OF 4 PLANT NURSEMAIDS... $2.98 + 20c Mailing Each Set.

NEW HOME STUDY METHOD...Learn in spare time. Excellent starting point for career. Practical basic training. Approved supervised method. Low tuition. Easy payments.

A LEADING HOME STUDY SCHOOL

FREE BOOKLET! Send for valuable 24-page illustrated booklet. "Wonderful, modern and exciting way to learn Interior Decoration and Design. No obligation. No salesman will call.

CHICAGO SCHOOL OF INTERIOR DECORATION
Division of Career Institute Sherman Turnpike, Dept. 752-37 Danbury, Conn. 06816

Please send me the FREE and postpaid without obligation, your booklet, "Wonderful, modern and exciting way to learn Interior Decoration and Design.," and full particulars.

NAME
ADDRESS
CITY
STATE
ZIP

UNIQUE FOLDING ROCKER
Imported polished hardwood and hand-tooled leather. Full size, folds to 12" wide. Specify high or low back.

Send check or money order to

PARK IMPORTS
P.O. Box 369518
Ojai, FL 33163

The best quality at the lowest price.
POWER PLUG TV ANTENNA

ELIMINATES RABBIT EARS
Secret Power Antenna attaches to rear of TV set and plugs into any AC/DC outlet to bring in marvelously crisp, clear pictures and eliminate all manner of ghosts and electronic gremlins. Unseen antenna eliminates need for ugly roof equipment or old-fashioned rabbit ears. Uses no current. For AM/FM, UHF/VHF, Black & White or Color sets.

POWER PLUG TV ANTENNA $7.98 + 75c Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises 556 Mission, San Francisco, Calif. 94105

MUSCLE TONER
A wonderful exercising aid made of firm resilient rubber with space for each finger, designed to strengthen hand and arm muscles. Also recommended by doctors for relief from arthritic pain, aches and stiffness.

HAND EXERCISER $2.98 Each + 20c Mailing Each
No COD's or Billing California Residents add 6% Sales Tax
Satisfaction Guaranteed or Your Money Back
Anthony Enterprises 556 Mission, San Francisco, Calif. 94105

SHOPPING AROUND

DIAL-A-PLANT
Pointers on plant care of the 50 most common varieties are on one 10½" two-sided wheel. Dial for information on propagation, watering, sun, soil, temperature, much more. Each $1.75; three, $5. Ppd. Mountain Gardens, HG12, Box 1111, East Holden, ME 04429.

HANDY HANG-DRYER
For travel or home use, a sturdy dryer to hold all your washables is a great help. Hooks onto any showerhead, notched shaft holds 13 hangers. Steel construction, rustproof vinyl finish. $3.25; two $5.75. Add 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

FACE FACTS
Slim vacuum pump is scientifically designed to remove blackheads in sanitary fashion with no squeezing or pinching. Pump works by "lifting" blackheads safely. $1.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

DELICIOUS
Farm-fresh pecans, crunchy and meaty, packed in old-fashioned market baskets. They're paper-shed Schleys, a treat indeed. Send any clear photo with name, year, color of eyes and hair listed on photo back; caricature is then molded into plate. $14.95 plus $2.50 post. Choice Sales, HG12, Box 120, Bronx, NY 10470.

CARICATURE PLATE
Platter Puss is done by a top cartoonist on a 10" white Melamine break-resistant plate. Send any clear photo with name, year, color of eyes and hair listed on photo back; caricature is then molded into plate. $14.95 plus $2.50 post. Choice Sales, HG12, Box 120, Bronx, NY 10470.

BICENTENNIAL THIMBLES
Top to bottom: American Eagle in hand cast pewter. #3160. $5.95 ppd
Betsy Ross. Enamel overlay on Sterling Silver. #3403. $15.95 ppd.
Molly Pitcher. Minted in hall-marked Sterling Silver. #3406. $27.50 ppd.

The Luxury of DOWN!
Genuine European Down Comfort Year-round sleeping comfort as millions of tiny filaments interlock weightlessly to keep out cold — hold in body warmth. Exciting new ensemble combines washable, decorator-style non-slip coverings with matching bedroom sheet and pillow cases. No more bed-making — one fluff and it's done. Save $1 for catalog (credited to purchase Kits, too — save money, easy instructions. Satisfaction guaranteed.

WORLDWIDE BEDDING 541 1st N. Box 8897 Seattle WA 88019 Don
ENDURING BEAUTY
Classic apple shape is handcrafted of solid brass since that ages so beautifully. Show it off on table, desk, vanity, or shelf. Lovely alone or in collection. Cast from actual big apple; SV1/2" long. $259. 36" fan $179. Ceiling Fan Gallery, HG12, 1037 Cast Ln, Indian Neck Lane, Peconic, NY 11958.

NO EVIDENCE
Rust disappears without a trace from colorfast fabrics, porcelain sinks and toilet bowls with a remover that needs no rubbing or scrubbing. Terrific on tarnish, too. $1.98 plus 20c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

LONG STORY
Coloring mural of Mother Goose rhymes and illustrations gives hours of enchanting fun to all. Ten feet long and 12" high on heavy paper. Unique decoration for child's room, family room. $2.95; two $5. Add 35c post. each. Chelsea Arts, Box 948-HE, Long Beach, CA 90801.

PUKA SHELL NECKLACE
Where the sand and the surf of the Pacific Beach meet... are PUKA SHELLS.
When you combine nature with fashion, you'll wear Puka Shells. These beautiful chokers are made of carefully graded and matched shells, all strung together by hand, with a sturdy barrel clasp. $16.95 ppd. Matching Puka Shell Earrings $5.95 per pair.

PROUD OF YOUR DOOR? Let us beautify and identify your doorbell or door with this impressive 5 in. solid brass nameplate. Your name smartly engraved in script. Solid brass screws included. $5.00 each.

DESIGNERS' CHOICE
A bench that offers so much decorating appeal that it has earned the name Designers' Choice. Upholstered to the floor it can be made to blend with or match any decor. Available in various grades and types of fine fabrics—stripes, solids, prints; cut, antique, crushed, and grain velvets, etc. You specify type and colors desired. Yours for $35 each. We pay postage, ship in 48 hours. $70.00 each as shown. $55.00 each in your fabric—send 31/2 yds. 54" wide or 3/4 yds. 45" wide. Send to: AMERICAN MAILBOX, Box 250, New Hope, PA 18938. Or have your dealer order from us.

GOLFER'S LUCKY SYMIE MARKER
A chance to make those putts, $5.00. Solid stainless steel, expertly engraved. Full price $4.00 each. Order these five products by mail direct from ELGIN ENGRAVING CO., 94 EDWARDS AVE., DUNDEE, ILLINOIS 60133.

LIFETIME POCKET SCREWDRIVER
A handiest gadget ever! Only 2 in. long, fits in hip pocket, handbag, purse, briefcase. Solid brass, guaranteed forever. Your initials smartly engraved. Full price $5.00 each.

PUKA SHELL EARRINGS
Matching Puka Shell Earrings $5.95 per pair.

ROBERT A. WILLIAMS

MAGAZINE BOOKMARKS
So elegant to clip to the top of your reading. Any initials expertly engraved. Full price $4.00 each.

GOLFER'S DIVOT FORK & GROOVE CLEANER
Golf's great gift, or gag. or room decoration. Full color posters from any b&w, or color photo. Polaroid, cartoon or magazine photo. For slides and negatives, add $1.00 per item. 8x10-$3.99, 11x14-$4.99, 12x18-$5.99, 13x19-$6.99, 16x20-$8.99.

IN B&W OR COLOR
From any black & white or color photo. Polaroid, cartoon or magazine photo. For slides and negatives, add $1.00 per item. 8x10-$3.99, 11x14-$4.99, 12x18-$5.99, 13x19-$6.99, 16x20-$8.99.

GOLFER'S DIVOT FORK & GROOVE CLEANER
Golfer's Divot Fork & Groove Cleaner. Fit's in your golf bag. Save scores of strokes. 1 3/8 inches long, hangs on golf has or key chain. Solid stainless steel, guaranteed forever. $5.00 each. Initials smartly engraved. Full price $4.00 each.

PROMINENT AMERICAN EMBOSSED
Send for our new free color catalog.

BLOW YOURSELF UP IN B&W OR COLOR
Full color posters from any black & white or color photo of great gift, or gag, or room decoration. 11x14 ft. - $7.50. 14x20 ft. - $9.50. 24x36 ft. - $14.50. 36x48 ft. - $21.50. POSTER DESIGNERS' CHOICE
Full color posters from any black & white or color photo of great gift, or gag, or room decoration. 11x14 ft. - $7.50. 14x20 ft. - $9.50. 24x36 ft. - $14.50. 36x48 ft. - $21.50.

PHOTO JIGSAW PUZZLE
Photo Jigsaw Puzzle $3.50. Send to: AMERICAN MAILBOX, Box 250, New Hope, PA 18938. For Jerry Lewis's kids. Phone 515-682-8375.

GOLFER'S DIVOT FORK & GROOVE CLEANER
Golf's Divot Fork & Groove Cleaner. Fits in your golf bag. Save scores of strokes. 1 3/8 inches long, hangs on golf bag or key chain. Solid stainless steel, guaranteed forever. $5.00 each. Initials smartly engraved. Full price $4.00 each.

SELL YOURSELF UP IN B&W OR COLOR
Full color posters from any black & white or color photo of great gift, or gag, or room decoration. 11x14 ft. - $7.50. 14x20 ft. - $9.50. 24x36 ft. - $14.50. 36x48 ft. - $21.50.

PHOTO JIGSAW PUZZLE
Photo Jigsaw Puzzle $3.50. Send to: AMERICAN MAILBOX, Box 250, New Hope, PA 18938. For Jerry Lewis's kids. Phone 515-682-8375.

GOLFER'S DIVOT FORK & GROOVE CLEANER
Golf's Divot Fork & Groove Cleaner. Fits in your golf bag. Save scores of strokes. 1 3/8 inches long, hangs on golf bag or key chain. Solid stainless steel, guaranteed forever. $5.00 each. Initials smartly engraved. Full price $4.00 each.

SELL YOURSELF UP IN B&W OR COLOR
Full color posters from any black & white or color photo of great gift, or gag, or room decoration. 11x14 ft. - $7.50. 14x20 ft. - $9.50. 24x36 ft. - $14.50. 36x48 ft. - $21.50.

PHOTO JIGSAW PUZZLE
Photo Jigsaw Puzzle $3.50. Send to: AMERICAN MAILBOX, Box 250, New Hope, PA 18938. For Jerry Lewis's kids. Phone 515-682-8375.

BLOW YOURSELF UP IN B&W OR COLOR
Full color posters from any black & white or color photo of great gift, or gag, or room decoration. 11x14 ft. - $7.50. 14x20 ft. - $9.50. 24x36 ft. - $14.50. 36x48 ft. - $21.50.

PHOTO JIGSAW PUZZLE
Photo Jigsaw Puzzle $3.50. Send to: AMERICAN MAILBOX, Box 250, New Hope, PA 18938. For Jerry Lewis's kids. Phone 515-682-8375.
share with the one you love!

SATIN SHEETS
Nationally Advertised — Now at
Manufacturers Low Mill Price
MACHINE WASHABLE 225 thread
count with 150 deny on reverse side
11 Exciting Colors: Midnight Black, Scarlet
Red, Midnight Blue, Royal Blue, Amethyst,
Green, White, Florida Orange, Deep
Purple, Bronze, Gold, Silver.
Each Single Set includes
1 straight top sheet
1 fitted bottom sheet
2 matching pillowcases or
2 straight top sheets
2 matching pillowcases
WE PAY POSTAGE: Send check or money
order to: Anchor, Dept. C, 7562 San
Anselmo, San Diego, CA 92019.

LIFELIKE DRAWING
Send photo or snapshot to this
skilled artist and receive a 16" by
20" illustration. Ready to frame, rendered
in black graphite on quality white paper.
A departure from the stereotype
photo. $19.50, two, $29.50. Ppd.
Similis, Dept. C, 2562 San
Anselmo, San Diego, CA 92019.

ALL-WEATHER FUN FORT
Sturdy all-weather real Cedar
wood fort, that will last for gener-
ations. It's a big 5' by 6' by 5' with
swinging gate, firing plat-
form, blockhouse and ladder.
Easy assembly. Lasts for genera-
tions. $54.95 F.O.B. Cedar Prod-
ucts, HG12, Box 84, No. Baldwin, 
NY 11510.

FROM THE NECK UP
Apply makeup any time, anywhere.
Handy 5" mirror hangs lightly
from your neck as well as
on a wall. Regular on one side,
magnifying on the other.
Sturdy steel frame stands on
dresser top.

ALL-WEATHER FRIEND
Tool that does everything but
complain: it cracks nuts or ice,
screws, tights, wrench, hammer.
Polished cast metal instrument
is 8" l. $2.98 plus 35c post.

ALL IS VANITY
A controversial picture. Optical
illusion shows a beautiful woman
at a vanity table but with a
change of perspective the scene
shows a grotesque skull looking
into the mirror. Ready for fram-
ing. 8" by 12" picture 1.75
plus $1 post. Illusion, HG12, 306 Busse
Hwy, Park Ridge, IL 60068.

FROM FACTORY TO YOU —
MADISON LADDER BACK
Native Hardwood. So
elegant, comfortable and
such sturdy construction
... Will mix well with any
decor. Fiber Rush, hand
woven Seat. Also available
in amber, red or green
crushed velvet seat.
We pass the economy on
to you —
Height, 42 1/2" Weight 11 lbs.

A separate order must be made
for each item. Minimum
Order Two Pieces
Matching Arm Chair
Add $3.00 to above
Minimum Order Two Pieces.
All Chairs Fully Assembled
Send Check or Money Order For Chairs
Shipped Express Collect
MARION TRAVIS
Box 292, HG12
Stokesville, N.C. 28777

SPECIAL OFFERS

company-granted multi-angle plywood Folding
Book Rack is 10 1/2" wide x 14" high. A
feature is 4D's higher than other back rests.
It gives full pillow support to head and
back; the back giving you comfort. 5-ply
plywood construction adds to your maximum
comfort. Same $3.00 mail order charge
holding your mail safe and secure in place,
just where you want it. Anchored by non-skid base.
Coastal living magazine. Light, it folds away —
no storage problem.
$16.98. We pay postage, ship gift
direct and mail in 6 hours. NJ residents add
6% tax. Send your check or money order to:

British Home Shop Inc., Ridge RD
313 Broadway, New York, New York 10004

Sharing with the one you love

Satin Sheets
Manufacturers Low Mill Price
MACHINE WASHABLE 225 thread
11 Exciting Colors: Midnight Black, Scarlet
Red, Midnight Blue, Royal Blue, Amethyst,
Green, White, Florida Orange, Deep
Purple, Bronze, Gold, Silver.

LIFELIKE DRAWING
Send photo or snapshot to this
skilled artist and receive a 16" by
20" illustration. Ready to frame, rendered
in black graphite on quality white paper.
A departure from the stereotype
photo. $19.50, two, $29.50. Ppd.
Similis, Dept. C, 2562 San
Anselmo, San Diego, CA 92019.

ALL-WEATHER FUN FORT
Sturdy all-weather real Cedar
wood fort, that will last for gener-
ations. It's a big 5' by 6' by 5' with
swinging gate, firing plat-
form, blockhouse and ladder.
Easy assembly. Lasts for genera-
tions. $54.95 F.O.B. Cedar Prod-
ucts, HG12, Box 84, No. Baldwin, 
NY 11510.

FROM THE NECK UP
Apply makeup any time, anywhere.
Handy 5" mirror hangs lightly
from your neck as well as
on a wall. Regular on one side,
magnifying on the other.
Sturdy steel frame stands on
dresser top.

ALL-WEATHER FRIEND
Tool that does everything but
complain: it cracks nuts or ice,
screws, tights, wrench, hammer.
Polished cast metal instrument
is 8" l. $2.98 plus 35c post.

ALL IS VANITY
A controversial picture. Optical
illusion shows a beautiful woman
at a vanity table but with a
change of perspective the scene
shows a grotesque skull looking
into the mirror. Ready for fram-
ing. 8" by 12" picture 1.75
plus $1 post. Illusion, HG12, 306 Busse
Hwy, Park Ridge, IL 60068.
MONEY, MONEY
Fat "coink" piggy bank covered with fake silverly coins so real looking one might try to pluck one off, but they're molded on. Bank can be filled and emptied as often as you like. 6" by 4", $1.98 plus $1 post. Cadyn's, Dept. HGB12, 2077 New York Ave., Huntington Sta., NY 11746.

CLOSET TREASURE
Now hers and his file neatly in the sliding stack rack! It eliminates five different hangers. Trousers and slacks insert or remove without taking rack out. Cherry, chrome-plated hanger. $6.98. two for $12.98. Add 95c post. Ferry House, Inc., HG12, Briarcliff Manor, NY 10510.

NO MORE CURLS
Now you can have crunchy bacon —minus the curls. Bacon press keeps bacon flat while conducting heat for evenly-cooked crispy meat. Fits any round pan 9" or larger. For draining grease, too. $1.29 plus 30c post. Anthony Enterprises, HG11, 556 Mission St., San Francisco, CA 94105.

EYE MAKEUP AID
Two-in-one mirror lets you see to apply cosmetics without any glasses in the way. One side is regular mirror, the other has triple-strength magnifier with bridge, MA 01262.

SAFARI PILLOWS
Jet black hand silk-screen patterns centered on sturdy, crisp white washable canvas. 15x15" zippered knife-edge covers with plush kapok fillers. Ours alone! Choose a Lion, a Tiger or a Zebra ... to accent a bed, cuddle up to at a fireplace. Each, $14.95 (10% postage/handling) Add 10% for postage & handling. Scott & Stuart, Dept. HG 125 San Francisco CA 94108.

SAVE Energy! Save Heat! Non-Electric Bed Warmer
THE HEAT SHEET
Gives you soothing warmth and comfort in bed instantly — without wires, plugs, electricity!

NO OPERATING COSTS
Doubles as a mattress pad
Provides complete mattress protection

DRIVES OUT COLD AND DAMPNESS
Made of a New Thermalfab fabric that reflects HEAT, NOT COLD. Saves energy, money, time and money! All-weather, washable, STAIN-PROOF. $10.98; two for $19.96. Add 95c post. Safer Bedding Co., Dept. HG, Old Westbury, NY 11550.

HELP SOOTHE ACHES AND PAINS
Placed between the mattress and the bottom sheet and you'll enjoy a delightful new sleeping sensation. The annoying overheating, 100% safe, lightweight, portable. HEAT SHEET doubles as a mattress pad, completely protects the mattress from stains. Positively the most comfortable, convenient, and economical way to sleep anywhere!

FREE CATALOG
New colorful, 96 pg. gift catalog —250 complete five different hangers. Trousers and slacks insert or remove without taking rack out. Cherry, chrome-plated hanger. $6.98. two for $12.98. Add 95c post. Ferry House, Inc., HG12, Briarcliff Manor, NY 10510. 550 Powell Dept. HG 125 San Francisco CA 94108.

STOP LICKING LABELS
Fine, brushed silver finish, quality pen from Italy cap contains rubber stamp, pen contains leak proof ink pad. Includes customized rubber stamp, pen contains leak proof ink pad. Includes customized rubber stamp, pen contains leak proof ink pad. Includes customized rubber stamp, pen contains leak proof ink pad. Includes customized rubber stamp, pen contains leak proof ink pad. Includes customized rubber stamp, pen contains leak proof ink pad. Includes customized rubber stamp.

SAVE Energy! Save Heat! Non-Electric Bed Warmer
THE HEAT SHEET
Gives you soothing warmth and comfort in bed instantly — without wires, plugs, electricity!

BEGUINING BEAUTIES
Wide (4½") ruffles add old fashioned charm to curtains of white or natural permanent press cotton and polyester. 84" wide by pair. 45", 54", 63" 81", 90" l., $12.50. Add $1.75 post. per order. Free catalogue. Country Curtains, HG12, Stockbridge, MA 01262.

SLEEPING AROUND
New all-purpose desk lets you study, read or write with ease in bed, chair ... anywhere! Large study area — 13x19 inches, yet weighs just 4 lbs. Folds for storage. Of high density plastic in choice of Walnut grain. Just $995 + 95c postage. "New colorful, 96 pg. gift catalog —250" Suburbia, Inc., Mail Shopping Service 356 Wacouta, Dept. 396, St. Paul, Minn. 55101.

EYE MAKEUP AID
Two-in-one mirror lets you see to apply cosmetics without any glasses in the way. One side is regular mirror, the other has triple-strength magnifier with special lens. In a pearl white compact. $3.98 plus 50c post. Contempo, HG12, 1701 Highway 35, Neptune, NJ 07753.
Collector's Exclusive!
Classic Handblown Glasses
Half Dozen $14.95

Exquisite craftsmanship in a gracefully fluted, 14-ounce drinking glass. Handblown and formed in traditional cast-iron molds. Each glass features the famous design from Schweppes soda water siphon bottles in use since 1880.

Your money returned if, for any reason, you are not satisfied.

Schweppes Glass Offer, P.O. Box 543, West Haven, Conn. 06516. Enclose check or money order only, please do not send cash. If glasses are $14.95 Conn. residents add 7% sales tax. Include your name, address and zip. Or use your BankAmericard or Master Charge. Include your signature, print your name, account number and expiration date. If you like, include a gift list with names, addresses and zip codes for each order.

Allow 4-6 weeks for delivery. Offer limited to U.S.A. Offer expires June 30, 1976.

Foot relief — at last! These wedges are so soft, pliant, and comfortable, they're called Marshmallows. Treat your feet to a pair.

Foam cushion, crepe outer soles, they come in larger sizes. No half sizes over 10.

Add 90¢ for postage. No charge for larger sizes. No half sizes over 10.

$11.99 each $12.99 with back strap
Add 90¢ for postage. No charge for larger sizes. No half sizes over 10.

Tread Lightly, Tread Softly
MARSHMALLOW WEDGES

Morgan's Cove
28 West Prospect, E. Brunswick, N. J. 08816

VELVETY VELOUR CALFTAN


$30.00 each 31¢ addl. Air Mail

VICKI WAYNE - HDC
610 Sc. Country Club
Tucson, AZ 85716

KATE GREENAWAY
Doll House Family

Hand dressed in antique replica costumes of the precious originals. Bendable so they'll sit or stand in a dollhouse or doll collection. Set of 4 high-tone plastic dolls includes Mom, Dad, boy and girl. (Dolls to 4 1/2" tall; each additional at 35¢.)

$4.75 each plus 35¢ post. & handling

Send 25¢ for 64 page catalog of unusual items.

Downs OFF. 1412 A
EVANSTON, ILL. 60201

FROM SOUTH PACIFIC
Lovely translucent capiz shell candles are handmade by native artisans. They come mounted in gold-finished pewter frames, with candle holder and votive candle. Clear or multicolored. Each $8.95 plus $1.10 post. Carol Ann Gifts, HG-2765M, Box 21026, Philadelphia, PA 19154.

SOUTHERN FAVORITES
A cookbook of old and new regional recipes to be treasured by everyone interested in culinary arts. Keepsake for its sketches of historic Jackson sites. Foreword by Eudora Welty. Benefit Jackson Symphony. $7.50 ppd. The Jackson Cookbook, HG12, Box 9402, Jackson, MI 39206.

SEE-EASY THERMOMETER
Winter's in the air. See through thermometer sticks outside a window and let us size you up the season. Even youngsters can read exact degrees. 3 1/8" by 2 5/8" by 1 3/4". $1.98 plus 25¢ postage. Send to Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

AT YOUR SERVICE
Beautiful assistants at a buffet table are ornate silverplated fork and spoon holders by Adams. Each holds a dozen silver pieces; 1 1/4" x 2 3/4" x 5 1/2". Set of two, $15.98. Knife Holder, not shown, $10.98. Ppd. Creative Enterprises, HG12, 1732 Butler Ave., Los Angeles, CA 90025.

PATIO TORCH
Replica of an ancient Tol-Tek fire god adds dramatic effect. Of heavy simulated lava. 12" h. Complete with red torch that burns up to 3 hours. Color-flame replacements available in blue, red or green. $14.95. ppd. Tol-Tek, Dept. HG12, Box 4455, Chicago, IL 60677.

STERLING FASHION
Pink rings are made from six of Gorham's designs in sterling silver. Illustrated are: Chantilly; Strasbourgh (1 to r rear) King Edward and Buttercup (1 to r front). $5.95 each plus 35¢ post. Wickford Gift Galleries, Dept. 243, 290 Westminster St., Providence, RI 02903.

SPARKLING SPRAY MIST
Crystal chandeliers, sconces and candleabra come bright and clear after a spray shower of siliccone mist from an easy-to-handle 7 oz. can. No need to wipe; just let dry naturally. $3.98 plus 60¢ post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.
SHOPPING AROUND

**GROW AND SHOW**
Clear polished molded acrylic makes a perfect terrarium and the 36" top (unbreakable) holds coffee cups, magazines, what you will; it is movable for washing, plant-tending. Table is 19" high. $180 ppd. Curd Enterprises, Dept. A, 211 Iroquois St., Charleston, SC 29406.

**SPACE SAVER**
Make room for your wardrobe of shoes with a caddy that holds up to eighteen pairs in 1 lineal foot space. Durable vinyl with see-through pockets. Has metal hanging hook, supporting frame. $4.98 plus 60c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

**SILVER PROTECTION**
Tarnish proof Pacific Cloth drawer pads made by Gorham. Prevent tarnish and scratching! 113/4" by 15" by 21/2" holds 100 pieces. $10.75. 173/4" by 13" by 21/2" by 2" holds 1125 pieces. $12.75. Add $1.00 post. Barrington Specialties, HG12, Box 154-G, Barrington, RI 02806.

**CONTEMPORARY LOOK**
Handcrafted Lucite shelf shows off treasures in handsome fashion and can stand alone to be viewed from all sides, ½" thick. Complete with three supports and screws. 17½" by 17½" by 2½". $14.98 plus $1 post. Lilian Vernon, GDE, 510 S. Fulton Ave., Mt. Vernon, NY 10550.

**BEAUTY PROGRAM**
Kit for home use consists of bustline improvement guidebook for exercises, diet, posture; hydrotherapy massage cup for a few minutes daily use; and three special-moisturizing cremes. $19.95 ppd. Beauty-Breast of Paris, Dept. LG/Y, Box 8072, Van Nuys, CA 91409.

**BICENTENNIAL PAPERWEIGHTS**
Handcut raised designs celebrate the Bicentennial on striking rainbow glass! American made—these fine collectibles depict some of our Nation's most historic vents. 4½" in diameter, 1½" high. 1½ vs. An elegant gift or stunning display piece for home or office. Now's the time to select yours. $7.98 each plus $1.00 postage. Two for $14.99 plus $1.75 postage.

**SHRINK STOMACH**
Waist Watchers will feel muscle tighten and see stomach shrink from first day you use the Waist Wheel. A few rolls back and forth from knee position equals 100 sit-ups. Single Waist Wheel $7.98 + 80c Mailing Each. Dual Waist Wheel $9.98 + $1.00 Mailing Each. No COD's or Billing. California Residents add 6% Sales Tax. Satisfaction Guaranteed or your money back. Anthony Enterprises, Dept. HG-125, 556 Mission, San Francisco, Calif. 94105.

**STRATFORD HOUSE**
An ideal solution to those people who can't sleep naturally without the aid of two or more pillows. No mattress to lift; arches well down your lower back and is lightweight. A must for all those insisting on completely relaxing rest. Equal in elevation to three down pillows. Can be used just as effectively to elevate legs. 27" long, 27" wide, tapered from 7½" high. With washable cotton cover.

**BED WEDGE FOAM INCLINER**
Now you can have a custom canvas, marked from your photo to produce a masterpiece needlepoint keepsake. Boats, cars, homes or landscapes as well as pictures of loved ones can be transferred to canvas. Any clear photo or slide can be used, all returned unharmed, to make this 12"x18" (10 mesh) needlepoint canvas marked with coinciding colors for readily available yarn. Larger or smaller canvases available. Send photo, $15.00 plus $3.00 shipping fee to: WORLD ARTS P.O. Box 577 N, Wilmington, CA 90748.

**DECEMBER, 1975**
SHOPPING AROUND

LIGHT TOUCH

HOLIDAY COBBLER
Artist smocking front and back. Assorted colorful prints, all machine washable and carefree. 12-20 sizes $4.75; two $9.42-50 sizes, two $10. Add $1 post. Free brochure with order (or send self-addressed envelope). Wendy Dale, GE-12, Box 91, Newton Centre, MA 02159.

DRIP-DRY ROD
Perfect solution for drip-dry garments, sheer curtains, hosiery. Adjustable 25" to 31" chrome-finished bar, hooks over shower rod, locks in place. No screws or adhesive; garments drip in tub. $4.98 plus 75c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

EMERGENCY LIGHT
Chemical lightstick (cyalume-R) developed for the Navy. No flame or electricity. Lasts three hours as work light and ten as marker. Safe. Use at home, car, boat, campsite. Four $5 plus 25c post. Elford Products Co., CY12, 3308 Meade Ave., Las Vegas, NV 89102.

NEVER TO RETURN
For the female who has unwanted hair on her face, arms and legs, we propose Perma Tweez. Battery operated device removes the stuff professionally and permanently, does not puncture skin. $16.95 ppd. General Medical Co., HGE-50, 5701 W. Adams Blvd., Los Angeles, CA 90016.

FOR SAFETY'S SAKE
Embarrassing moments can be avoided when "Dri-Guard" is worn. Absorbent liners enclosed in vinyl holder prevent moisture escape. Give waist size. Complete w/liner, $7.95; extra liner $3.50; 48 disposables, $6.95. Dri-Guard, Dept. 389, 1534 E. Edinger, Santa Ana, CA 92705.

WINNING TRIO
Three handsome horse heads are in natural color on a porcelain pendant the size of a half dollar. Chain and setting in gold tone. The heads are chestnut, black or gray. Charming for a horse enthusiast. $3.98 plus 75c post. House of Minnel, Dept. 5125E, Deerpath Rd., Batavia, IL 60510.
Genuine Sheepskin
Taos India mink "Mox" slipper keeps feet toasty warm. Fully lined with fleece; tied with adjustable facing. Soft sole. Men's 9 to 12; ladies' 5 to 10. In half sizes. $15.95, plus $1 post. Old Pueblo Traders, 600 So. Country Club Rd., HDM, Tucson, AZ 85716.

ETERNAL LINK
Bride and groom's coats of arms, linked by helmet and mantle, hand-engraved on a wedding band of 14k gold; 10mm wide. Send drawings for both names or request coat-of-arms research. $155 ppd. Free color catalogue. Heraldica Imports, HG12, 21 W. 46th St., New York, NY 10036.

KEYS IN STITCHES
Lollipops flowers, daisies or golf, tennis, bowling, sailing, skiing designs on 2" by 3½" key tags. Stitch initials on the back. $4.98 plus 75c post. Classic Corner, 12H Water St., Bryn Mawr, PA 19010.

COLORFUL AND WEIGHTY
Rocks from the Delaware River are handpainted in witty interpretations of 45 professions and sports and called Crocks! About 5 lbs, 8" to 12" high. $2.25 each, six, $11.95. Add 50c ppd. Specify type. Personalized Inscriptions, HG-EG, 1911 Wakeham St., Santa Ana, CA 92704.

TANGY TOUCH
An attractive ceramic lemon dish to hold little things, or just to admire. Pattern in yellow and green has two small lemons on leaf bed. 6" diameter. Nice gift thought. $4.98 plus 75c post. Free catalogue available. Special Things, HG12, Box 263, Coconut Grove, FL 33133.

COLLECTIBLES
A hand-painted flax seed bag is $3.50 extra. Regal House Creations, HG12, Box 4426, Dept. HG12, Hollywood, Calif. 90068.

GET INTO IT!
THE KUNG FU FIGHTER
Kick up a storm in this one piece robe with legs. Feels incredibly comfortable and allows for easy movement. Made of lightweight Nylon tricot. Available in Black with White trim or Chocolate with Beige trim. S-M-L-XL $21.95. Add $1.00 postage & handling.

AH MEN
Shop For Men
Dept. HG12, 1280 Santa Monica Blvd., Hollywood. Call 90068.

WAIST TRIMMER
POUNDS & INCHES

$8.95 PLUS 50c POST.

TORSO TRIMMER
For Lower Torso and Upper Thighs. It offers the same Miracle slimming and toning features as waist trimmer. For women and men. Specify Waist, Hip, & Thigh Measurements.

$16.95 PLUS 60c POST.
HAND PAINTED in Beautiful COLORS
6 ANGELS 7" hi $22.00; same ANGELS for HANGING 6 Angels $35.00 ppd. Satisfaction Guaranteed.

ADDRESS LABELS of De Luxe Quality!
for $2.00. Any 3 orders, only $5.00. Sent postfree — with satisfaction guaranteed!

Sparkling gift box. 4-week delivery. 300 Snow-white gummed paper. Any wording Large and clear. Print (not typewriter) in beautiful COLORS

SEND NO MONEY NOW! Pay for labels after they arrive and prove satisfactory.

NO BETTER GIFT AT ANY PRICE

ADDRESS LABELS of De Luxe Quality! Large and clear, Print (not typewriter) type. Neatly centered lines. Rich blue ink. Snow-white gummed paper. Any wording you want up to five 35-character lines.

ифор-anything else you want) on back on 2 to 3 lines. Print like this on 300 GUMMED LABELS.

THIS BOOK BELONGS TO ARTHUR HARWOOD

Wake up! New address.

Mark the spots

Travelers who use maps love a mileage meter. Just roll it along a map to translate inches to mileage — regular miles, kilometers, or nautical. On reverse, a compass with luminous indicator. $3.98 plus 25c post. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

TO HAVE AND TO FOLD

Space saving table made in Europe. Solid beechwood with oiled walnut veneer. Closed, 9" by 30"; one side up, 37" by 30"; fully opened, 65" by 30". It seats eight. 30" h. $59.95. Exp. coll. Assembled. Danish catalogue, 25c. Genada Imports, HG12, Box 204, Teaneck, NJ 07666.

THE CONTINENTAL

Tray purse opens and closes in palm of your hand. Select and change easily. Two compartments, one can hold bills or tickets and the other coins. Tan pigskin. 3" by 3". $1.98 plus 25c post. Order #700. Anthony Enterprises, HG12, 556 Mission St., San Francisco, CA 94105.

HERE, FISH

Scientists long ago determined that fish are lured by sounds of insects and respond to them. Krafty Fish Caller makes "food" sound. Immerse it in water and fish within sound range come to line. $9.95 ppd. The Mony's House, Dept. 181, 14 Berkshire Dr., Waterbury, CT 06704.

NEEDLEPOINT FUN

Kit with amusing picture and legend: "Nobody's Perfect." Hand-painted on 12-mesh white interlock canvas. Persian-type yarns, yellow, brown, greens, and white; needle; complete instructions. Finished size 10" x 12". $7.95 plus $1 post. The Stitchery, HG12, Wellesley Hills, MA 02181.

SHOPPING AROUND

HANDS ACROSS TIME
First exclusive limited edition Christmas lithograph in full color, from an original oil painting by J. P. Zent. Warm flesh tones on soft blues, violets and magenta. Each, 20"x24", signed, numbered. $35 ppd. Specify Christmas print. Collectors Print, HG-12, Box 73, Lightfoot VA 23090.

FIGURE SHAPER

Attach to doorknob, exercise twice daily for 5 minutes. Slimming action concentrates on hips, waist and thighs. For men and women. $7.98 plus $1 post. Weighs only 10 ounces. Joe Weider, Dept. LG/1, 21100 Erwin St., Woodland Hills, CA 91364.
SHOPPING AROUND

FINGER FASHIONS
American Indian craftsmanship in two stunning rings to add an eye-catching focus to whatever you're wearing. Heavy sterling silver set with chunky stones and small shells. Specify ring size: Each $49 ppd. Colby's, HG125, 49 Mt. Rainier Dr., San Rafael, CA 94903.

HIGH-RISE SPACE
For 12 big plants. Clamps slide on pole. Holds four each 6", 9" and 12" interchangeable swinging arms with 6" white trays. 52" h., 24" by 24" base. White or black $45; chrome $50. Add $3 post. Home Plant Displays, Inc., Dept. P210, 51 E. 42nd St., New York, NY 10017.

THE COSMOPEDIC

PORTRAIT KIT
Reproduction of a portrait photograph or treasured snapshot on a 16" by 20" canvas for you to paint. Kit includes individually mixed oil paints, palette and brushes. Indicate colors when not shown in your photo, $14.95 plus $1 post. World Arts, Box 577, Wilmington, CA 90748.

HOLD IT!
Keep rings in place on finger with Ring-Insert-Guard-Sizer. Vinyl liner slides inside ring after it's on. Works for any size ring, any finger, woman's or man's. Holds boys' rings in place on girls' fingers, $3 ppd. Rigs, HG12, 1400 South Collyer, 1401-E, Longmont, CO 80501.

GOLF TEASE
Bright plastic Golf Tees are a perfect way to insure the return of an opponent's slice or hook—or even to miss the ball entirely. He'll keep his eye on the tee when he tees-up on these. Torsos are a great booby prize for a tournament. A set of 12 plastic tees in bright colors.

No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed or Your Money Back
Anthony Enterprises Dept. HG-125 556 Mission, San Francisco, Calif. 94105

COPPER CURE-ALL?
We're not making any claims, but sportsmen, socialites and actors share the copper craze. They swear by some magic mumbo-jumbo, copper gives aches and pains the brush off. 100% pure copper bracelets.

Women's Bracelets
Men's Bracelets
7 1/4" $2.98 8 1/4" $3.98
7 3/4" $3.29 9" $4.49
8" $3.49 9 1/2" $4.69
Add 30¢ Mailing Each

No COD's or Billing California Residents add 6% Sales Tax Satisfaction Guaranteed Or Your Money Back
Anthony Enterprises Dept. HG-125 556 Mission, San Francisco, Calif. 94105
To keep the birds’ drinking water from freezing, paint a shallow Pyrex dish black on the outside to retain heat from the sun

How to welcome songbirds continued from page 87

Look for satellite spheres or the look of hanging globes. Q. Are any bushes be placed? A. In a sunny spot over that valley for thousands of years. It has the aura of an immensely ancient place. And in one of its recently excavated limestone caves they’ve found corn that’s about 12,000 years old.

Oaxaca is well supplied with hotels, among them the small, spotless, friendly Plaza, built around a courtyard one level up and a few steps from the main square, the Zocalo. Even if you stay elsewhere you may wish to consult its “information wall,” which has folders on everything from dry goods in the area, including the dates, locations and specialties of all the local markets.

Haitian resort continued from page 26

stacks of things on their heads—stacks of baskets one inside the next; stacks of baskets with vegetables inside, artichokes, lettuces, cabbages, are filled with bananas, oranges, and fruits completely unrecognizable to me. The flowers are unbelievably beautiful—a huge old-fashioned bunched beautifully arranged and wrapped in big green leaves and ferns to hold in the moisture and freshness—they cost a few pennies and last only a day as most of them are wildflowers. The Baptist Mission shop in Kenscoff sells mums and catties and some marigolds, bone bracelets that are three for $5.

Habitation Leclerc rates: Continental plan—$55 per person, per day, double occupancy. Modified American Plan—$62.50 per person. From December 15 until April 4.

There are several Haitian tour-ist bureaus in this country and Canada, one in Rockefeller Center, another in Chicago, and others in Miami Beach, Montreal, and Puerto Rico. American Airlines flies nonstop from New York every day and Pan American and Air France fly nonstop from Miami. In addition, U.S. Government printing offices throughout this country publish a 30¢ folder giving background on Haiti. It is invaluable.

—Nancy Richardson

Mexican finds continued from page 10

afternoon when it’s cool and pleasant. Yagul is a reasonably small city beautifully situated overlooking the valley, with its defenses higher up the hill. You feel that people have been looking out over that valley for thousands of years. The city walls have holes high, for nest below. Roosting boxes have holes low, and staggered dowels up high for perching. Collect neighbors’ discarded Christmas trees to create a brush fence or haven for ground-nesting birds.

Birds pick-me-up drink

Sweet water for quick energy: Boil and cool 3 to 4 parts water to 1 part sugar. Add a little red food coloring to attract hummingbirds. Sweet water also aids ondes and migrating butterflies, and can be stored in the refrigerator. Caution: Always empty and rinse vials or bowls or cups before replenishing. Because of fermentation, sweetened water should be used up within 2 days or dilute. Fermented drinks can cause birds, like people, to have liver ailments.

—Lauren Otis
**Shopping Information**

All prices are approximate. *Consult your interior designer or department store decorating departments. The cost of postage is indicated by ( )

**NGS TO MAKE**

**pine basket and ornaments**: designed by Diane Beattie and Mary Archer, $10.50. At Cache/Candise.

**ORNMENTS TO SEW**

**Wax batik cotton fabric**: 40" x 56". Imported from Holland, 86 a yd. abstractions.

**ORIENTAL LINKED NATURAL**

- **C 90-91**: Dining area

  - Dining table: 38" x 72", 29" high, $75.50. Brass-topped, maple cover. $79.50 at Altman's.
  - Chinatown armchairs: 25" x 22", 26" high, ivory white lacquered finish, $560 ea. at Brunschwig & Fils.*
  - Panel raffia screen: each panel 21" x 80", high, $106. At John Rosselli.
  - All-night oil painting: 56" x 48", by Friedel Dzubas. At AndreWerderich Galleries.
  - George glass jar filled with flowers: 10" high, $29. At Limited Editions.

**NgS TO MAKE**

- **pine basket and ornaments**: designed by Diane Beattie and Mary Archer, $10.50. At Cache/Candise.

**ORNMENTS TO SEW**

**Wax batik cotton fabric**: 40" x 56". Imported from Holland, 86 a yd. abstractions.

**ORIENTAL LINKED NATURAL**

- **C 90-91**: Dining area

  - Dining table: 38" x 72", 29" high, $75.50. Brass-topped, maple cover. $79.50 at Altman's.
  - Chinatown armchairs: 25" x 22", 26" high, ivory white lacquered finish, $560 ea. at Brunschwig & Fils.*
  - Panel raffia screen: each panel 21" x 80", high, $106. At John Rosselli.
  - All-night oil painting: 56" x 48", by Friedel Dzubas. At AndreWerderich Galleries.
  - George glass jar filled with flowers: 10" high, $29. At Limited Editions.
Garden books to give for Christmas

Sunflowers for the birds. Living Christmas trees to plant, pot and all. Symposium in Georgia. Poinsettias in baskets.

KANSAS'S GIFT TO THE BIRDS

Bees and artists love sunflowers. And, if the bees do their work of fertilization properly, so do the birds, come winter. Most of the sunflower seeds we buy for bird feeding come from Canada or the Soviet Union, but the plant is as distinctively American as corn or squash. Its botanical name is Helianthus annuus, and it grows everywhere in the Midwest, where it is usually called Kansas sunflower. Improved varieties, with their tremendous seed heads, are extremely easy to grow. In fact, the biggest problem involved in growing large-headed sunflowers is keeping the heavy flower heads out of the mud long enough for them to mature. This usually means staking with some kind of husky support as the flowers begin to fill out. Varieties without disturbing roots. When a tree in this kind of container is set in the ground, the pot should be slashed in several places to hasten its decay, and any rim that stands above ground should be cut off, so it cannot draw moisture from the soil. Trees in burlap should be treated the same way, pushing the fabric down around the root ball and burying it.

At Treeland Nursery, Christmas trees grow in paper pots before being shipped.

CHRISTMAS SYMPOSIUM IN GEORGIA

The climate of Pine Mountain, Georgia, is about as favorable as could be asked for by either plants or people. That's why the place has been a favorite resort for both summer and winter visitors. Not so incidentally, Callaway Gardens is another prime reason for the popularity of Pine Mountain. Year-round displays of outdoor and indoor plantings, including a fabulous vegetable garden, give garden-minded visitors ample reason for visiting the gardens. At the winter holiday season, Callaway Gardens goes all out by staging a Christmas Symposium. In 1975, this will span two full days—December 12 and 13—and there will be talks and demonstrations that emphasize Christmas decorations. You can obtain full information about the symposium by writing to the Ida Cason Callaway Foundation, Education Department, Pine Mountain, Ga. 31822. The Callaway Foundation also has a long list of color sound movies and 35mm slide shows that are available for use by all clubs or other groups. Information on subject matter and how to go about obtaining the films is available from the same address.
Holiday harvest
Wildflowers of Eastern America, by John E. Klimas and James A. Cunningham, and Wildflowers of Western America by Robert T. Orr and Margaret C. Orr (Knopf, $17.50 each). Between them, they cover the U.S. with exact, easy-to-read descriptions of the plants, clear color photographs to make identification possible.

Good Bugs and Bad Bugs in Your Garden by Dorothy Childs Hogner, illustrated by Grambs Miller (Crowell, $5.50). A book for children, but no gardener, from tyro to professional, could fail to learn from it. Every insect a gardener might encounter is described and shown in a drawing. What each does, and what, if anything, the gardener should do about them, is also explained.

The Avant Gardener by Thomas and Betty Powell (Houghton Mifflin, $12.95; $6.95 paperback). A selection from the Powells' newsletters of the same name on every imaginable subject related to gardening.

The Private Lives of Orchids by Hilda Simon (Lippincott, $15). One of the largest, and certainly the most varied of plant families is that of the orchids. All are fascinating, particularly in ways they reproduce. Miss Simon takes the orchid genera one by one, describes each, shows it in a line drawing and details of its reproductive mechanism. Even the nonfancier of orchids will be fascinated.

The Terrace Gardener's Handbook by Linda Yang (Doubleday, $8.95). City dwellers with any outdoor space are forever worrying about what to do with the terrace, patio, or whatever. Miss Yang, a city gardener, has personal experience of all this, and writes most entertainingly about it. She visited and studied many other city gardens and uses them as illustrations of how various terrace problems may be solved.

The New York Times Book of Vegetable Gardening by Joan Lee Faust (Quadrangle/New York Times, $9.95). There could hardly be a better way of getting started planning next year's vegetable garden than with this book. There are more vegetables here than the average home gardener has heard of, with instructions for growing and using them.

House & Garden's 26 Easy Little Gardens (Viking, $15.95). In selecting these gardens, House & Garden's editors have kept in mind that most of us find our gardening restricted to the confines of a tiny house lot or even tinier backyard. Each may be taken as a model for other small-scale gardens. Each is shown in color; each has a plan of the layout. At bookstores or Condé Nast Books, P.O. Box 3308, Grand Central Station, New York, N.Y. 10017 (add 45¢ for handling and postage).

Poinsettia hanging baskets
The traditional Christmas gift plant has a new look this year. Cascades of long-lasting blooms grow not just from the top of the 10-inch pot, right, but from holes in the sides as well. The red bracts produced by the circle of plants under the conventional crest obscure the strawberry-jar technique, and for fern stands is dazzling, see Los Angeles at the Broadway Plaza Ecke Poinsettia Ranch, Encinitas, grow not just from the top of the Cascades of long-lasting blooms that this new cascading poinsettia sells them. Paul Ecke Jr. advises page 68. New and in limited sup-

Poinsettias hang in a clay pot
needs the same care as the familiar ones he and his father have made so popular: Lots of daylight (but not withering), a thorough watering when the soil feels dry to the touch, low 60s temperature at night, and low 70s by day, and protection from drafts. To keep a poinsettia growing as a shapely green house plant after the red bracts fade, cut leggy stalks back to three joints, cut down on water, and withhold fertilizer until new shoots appear in spring and summer. Continue to pinch back till the plants are compact and bushy.

Anita Loos continued from page 12
length mirror, and you could really see where you were wrong. By the time she straightened you out, you had got hold of yourself. Never a sportsman or game enthusiast Miss Loos believes some sports can sap your strength. Golf just makes you old. “It’s a waste of mind,” she goes on. “The same amount of walking down Madison Avenue with an interest in the store’s windows is more energizing. To keep the stimula-

Anita Loos took in the way of alcohol and when she said nothing, she suggest-

ed everybody needed a bit of a boost now and then. So now she has a glass of white wine at night before dinner, which seems to act like a cup of coffee and gives a burst of energy. As for food: “I was born with a terrific indifference to food,” she says. “I suppose I’ve missed a lot of enjoyment but in another way I think it’s terribly healthy.” Too much food and too little thinking—these are the things that slow you down insists Miss Loos. “Lillian Gish, Helen Hayes, and I have been friends since we were girls. We all live the same lifestyle and we’re all in there swing-

Anita Loos hung in the way of alcohol and when she said nothing, she suggest-

ed everybody needed a bit of a boost now and then. So now she has a glass of white wine at night before dinner, which seems to act like a cup of coffee and gives a burst of energy. As for food: “I was born with a terrific indifference to food,” she says. “I suppose I’ve missed a lot of enjoyment but in another way I think it’s terribly healthy.” Too much food and too little thinking—these are the things that slow you down insists Miss Loos. “Lillian Gish, Helen Hayes, and I have been friends since we were girls. We all live the same lifestyle and we’re all in there swing-

—BEVERLY RUSSELL
This Chair . . . is a Bed!

Slumber/Seat®

Today, you as a consumer are faced with two basic problems . . . inflation and overcrowding. The economical and space-saving Slumber/Seat® will help you fight these two major problems. The Slumber/Seat® is a luxuriously upholstered club chair which, with just a flip of our patented mechanism, readily converts into a full-length bed 76" long with a firm, comfortable mattress and a built-in pillow head rest. Ideal for use in the home, den, children's room, apartment, office, resort or ski lodge, boat and wherever a combination of space-saving and dual-purpose sleep furniture is desired. Available at fine furniture and department stores everywhere, in a wide variety of styles and fabrics. For a free color catalog, and the name of your nearest dealer, please return the coupon below.

To: David Shalka, Vice President, Victor Stanley, Inc., Denkirk, Pennsylvania 10514

New Subscriptions  
Renewals  
1 YEAR (12 ISSUES) FOR $10.00

($2 less than the $1-each newsstand cost)

This rate is for the U.S.A. and its Possessions, for Canada & Mexico, add $2 per year for extra postage. Elsewhere, House & Garden is $15 per year.

My payment is enclosed  Bill me later

HOUSE & GARDEN SUBSCRIBER'S SERVICE

Box 5202  Boulder, Colorado 80302

Best in Booklets

Because House & Garden wishes to fill your booklet requests promptly, arrangements have been made for you to order directly from us. Fill in the coupon below, circling the number of each booklet desired. A remittance is required other than the 50c charge for postage and handling that must accompany each coupon, it will be indicated next to the booklet number. Enclose your remittance in the form of a check, or money order only. Please do not send stamps. House & Garden will do everything it can to see that your requests are filled as rapidly as possible.

Building and Remodeling

1. "101 REASONS TO OWN A CHAIN SAW!" A 74-page booklet showing cutting and handling techniques for McCulloch chain saws. Plus 101 items of garden and indoor furniture and projects you can easily build with your chain saw. $0.50

2. PERSONAL SHOWERS. Full-color brochure illustrates a wide range of fresh new bathroom ideas. Massage Action Shower, and other Personal Hand Showers for showering without wetting the hair. totally attached. Tip-up teakwood bath seat, adjustable bathroom mirror, and additional assortment of bathroom accessories shown. Ahoms Corporation.

Decorating

3. LIGHTS, LIGHTS, LIGHTS— for all your lighting needs are shown in this 100-page color catalogue from Hadco Products, Inc. Lighting collections include a variety of styles from Americana and Old World to contemporary. Other pieces featured are barnd fixtures, mini-lantern fixtures, posts and post accessories plus custom design lighting for that special look. $2

4. AMERICANA FURNITURE. New decorating guide featuring how-to on furnishing and accessorizing with Early American pieces. An 80-page book, in color, showing room scenes and suggestions on how you can decorate or redecorate. Troyhill's Americana Collections. $1

5. "THE CENTER OF FAMILY LIVING." This 20-page full-color booklet contains helpful ideas for those planning new or remodeled Kitchens or baths. Aristokraft cabinets and vanities shown in various designs and finishes. United Cabinet Corporation. 75c

6. ONE OF THE SOUTH's OLD-EST MAKERS OF FINE FURNI-TURE. White of Melboune, describes three of their important bedroom collections in individual looseleaf inserts. The groups described are Meridian, Impression, and Hillborough—all contemporary in style. 25c

7. GRANDFATHER FLOOR CLOCKS. New brochure handsomely illustrates the collection of famous Ridgeway floor clock styles and their availability in a choice of designs and finishes. Individual clock descriptions are informative and clocks are shown in a range of price groupings. Gravely Furniture Company, Inc.

8. "... GUIDE TO CARPETING FOR THE SERIOUS SHOPPER." Cheerfully illustrated and written—this brochure from the Monsanto Tex tiles Company gives you some helpful tips on buying a carpet; everything from evaluating your lifestyle to actually putting the carpet down.

9. EXCLUSIVE COLLECTION. A 50-page booklet with over 200 items of garden and indoor furniture shown in various designs and finishes. United Cabinet Corporation. $1

10. "... HOW TO HANG WALL-COVERING WITHOUT CRACK-ING UP!" A delightfully informative brochure illustrating W. R. Grace wall-coverings and how to put them up. Step-by-step instructions tell you how to do a quick, clean, professional-looking job in any room in your house.

11. FURNITURE FOR INDOORS AND OUT is shown in full-color photographs in Meadowcraft's consumer catalogue. Choose from a variety of dining and living room sets. 25c

12. AN ARTISTIC OFFERING . . . full-color brochure outlines available metal sculptures and other distinctive objects created by Artisan House, Inc. Each piece is handcrafted and individually signed—shown at galleries and fine stores.

13. HOW TO CARE FOR YOUR INTERIOR DECOR FABRICS (carpets, rugs, upholstery, draperies) is outlined in a 13-page pamphlet from Patcraft Mills. Methods for removing almost every spill, spot, and stain listed.

14. FURNITURE THAT BELONGS IN YOUR FAMILY ROOM. Designed for solidity and beauty. Constructed of solid oak. 14-page booklet illustrates beautiful tables, chairs, sofas just right for family room, recreation
Eating and Entertaining

15. THE "NATURALLY GOOD WHEAT GERM COOKBOOK" is brought to you by International Multifoods Corporation. This 144-page paperback includes recipes for soups, salads, vegetables, main dishes, breads, beverages and desserts. The naturally good ingredient in all—Kretselimer Wheat Germ. $1

16. "CHEESES FROM HOLLAND" is a delightfully illustrated brochure that discusses three important cheeses of that country, their origin, and their basic characteristics. Brochure also explains the processes by which these cheeses are made. Holland Cheese Exporters. 25c

17. CALIFORNIA ALMOND GIFT IDEAS. No one will question the "good taste" of the gifts featured in the new 1976 "Almond Gifts From California" catalogue, available from the California Almond Growers Exchange. Colorfully shown, collections include snack almonds, cooking almonds, almond nougats, Stollen cake, marzipan kit, and more—deluxe assortments too.

18. "COOKING 'DUTCH' WITH CALORIC" contains over 550 time-tested Pennsylvania Dutch recipes, representing hundreds of years of cooking experience. Some of the recipes originate from the time of earliest immigration to the "New Land." Most of the recipes utilize readily available ingredients, such as eggs, meat, and vegetables. Caloric Sales Corporation. $3.50

19. "... RECIPES EXPRESSING FIVE CENTURIES OF GOOD TASTE" in this original booklet from Four Roses Distillers Company. Recipes for food, drink, and desserts—Tuaca Italian Demi-Secl Liqueur is the individual flavor in each.

20. ENJOY OLIVES IN MANY DIFFERENT WAYS. Lindsay International's special 95-page paperback gives 151 easy-to-prepare international recipes for world-famous dishes made with Lindsay Ripe Olives. You'll learn to make Veal Veronica from France, Spanish Crepes, Mexican Hat Salad, Olive Rice Pilaf, and many other tantalizing taste treats. 25c

Potpourri

21. WELCOME TO HERSHEY! Over 150 color pictures illustrate and describe the Hershey Community in Pennsylvania. An informative book tells the history of this exclusive community since 1903, when Mr. Hershey first built the chocolate factory. Resort and cultural spots featured, too. $2.25


23. "WHAT AND WHERE TO BUY" is a new shopping brochure published by the Virgin Islands Gift and Fashion Shop Association. This 16-page guide furnishes information on where to buy particular name brands in all major categories—antiques to cameras to perfumes and women's wear.

Order coupon for booklets—

December, 1975

Circle the number of each booklet you want, and enclose check, money order, or currency in amount indicated for those requiring payment. Add 50c for postage and handling. No stamps. Allow up to four weeks for delivery.

MAIL TO: HOUSE & GARDEN, Dept. 12
1300 Avenue of the Americas
New York, N.Y. 10019

Offer expires 2-15/76

MR.
NAME (PLEASE PRINT)
MISS
ADDRESS
CITY STATE ZIP #

December, 1975

The 1975 Year Bell

The creative motif of this series is great churches of the world. This year, the theme is St. Peters in Rome. This limited edition 5 1/2" Bell, generously and beautifully adorned with 24kt. gold embellishments, features the famous underglaze blue that is the hallmark of Bing & Grondahl. In presentation case. $60. For the name of the store nearest you, please write us: 225 Fifth Avenue, New York, N.Y. 10010.
The best Christmas present continued from page 81

... but you can save a fire, and the opposite of his timid little mother.

I shrugged. "I don't suppose we'll ever know. Maybe just this one. It happens sometimes. And she brought it to you, didn't she?"

"Yes . . . that's right . . . she did . . . she did." Mrs. Ainsworth reached out and lifted the bedraggled black morsel. She smoothed her finger along the muddy fur and the tiny mouth opened in a soundless meow.

"Isn't it strange? She was dying and she brought her kitten here."

"Have you ever seen anything like that?"

"No," I replied. "I never have."

"Debbie would be pleased," she said.

"Yes, she would . . . It was just a year ago today she brought him, wasn't it?"

"That's right," she hugged Buster to her again. "The best Christmas present I ever had.

---

Energy facts about fireplacess continued from page 12

... but you can save a third to half of that by installing it yourself. About half their customers do, according to a Heatilator spokesman. A professional can do it in four hours. If do-it-yourselfers, as directed, most have smoke-free guarantees. Replacement parts are available.

"For Santa Claus," says a Majestic spokesman, "we've even got a rooftop chimney housing that..."