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MICHEL GUÉRARD'S
CUISINE MINCEUR

"For the first time, cuisine and dieting are no longer contradictions. Michel is the one who is doing something really original and new. He's the most imaginative of us all."
—PAUL HOUSE, Times

Finally—here is the eagerly anticipated cookbook that shows Americans for the first time what the authentic and original cuisine minceur really is. It is an entirely new approach to cooking invented by the author—the phenomenally talented and successful French chef who single-handedly decided that fine French food does not have to be fattening. Consider: strictly low-calorie recipes created and backed up by the skill, training and creative imagination of one of the great chefs of our times!

Cuisine Minceur (pronounced man-sir and from the French word mince, meaning "slim") begins with a section on the traditional basies that are Guérard's points of departure. In detail, his book reveals how he achieves his "celestial diet cooking... joyful penitence for the overindulger." (GAEL GREENE) These are the explicit ORIGINAL Recipes—tested and annotated for use with American ingredients.

Line drawings and 16 full-color photos.

A Featured Alternate of the Book-of-the-Month Club. Translated by Nareisse Chamberlain with Fanny Brennan. $12.95

On the cover: How much do you think this room cost? Anyone who has ever shopped for living or dining furniture can tell you that a thousand dollars can vanish practically before you have anything to show for it. Well, this month House & Garden went shopping, budgets in hand. We wanted to know how much decorating—good decorating—you could get for $2,000, $5,000, and $13,000. We asked Gary Crain to design three multipurpose rooms, each with a different look, a different budget (the comfortable corner here belongs to one of them. Can you guess which?)

And all the results are there, in black and white—and color—down to the last ashtray. It's good news, too: We learned that you can get a whole roomful of beautiful furniture for $2,500 (the original budget plus the inflation factor). Glamour for $5,600. And for $13,400, even the beginnings of an antique collection. Shop for yourself beginning on page 64.
Baker Far East furniture is based on documented designs found in China, Korea and Japan. Beautifully simple, these models have endured for centuries. These selections offer a versatile choice of great individuality and distinction for living room, bedroom and dining room. The same principles of scale, proportion, brass hardware and wood selection found in the originals—and the highest quality of cabinetetwork and finish that enhances all Baker furniture—establishes the value of these Far East reproductions.

You are invited to send $2.00 to Baker Furniture, 470 Merchandise Mart, Chicago, Ill. 60654 for the catalogue.

January, 1977
Sark is simply splendid

Less than 200 miles from Paris and London, Sark, one of the tiniest Channel Islands, is still centuries away in spirit. Planes and cars are forbidden. The loudest sounds you’re likely to hear are cowbells or the buzz of bees. Sark is under the hereditary rule of a Seigneur, who lives in the centuries-old stone Seigneurie. Every Monday his horse-drawn carriage is open to the public and occasionally he will pop outside to pose obligingly for a picture. Though allied with Britain, island ties to France are strong. French is a second language, the food has a certain French piquancy, and most visitors are French. As free ports, the Channel Islands are a shopper’s paradise. There are actually two Sarks. Big and Little, connected by La Coupée, an astonishing ridge, flanked by precipices 300 feet above the sea. Don’t miss Little Sark’s delicious rock pools, Bath of Venus, and Pool of Adonis. You’ll see sweeping views from every turn in the road, secluded private inlets with sandy beaches, and the sheer natural beauty of the wild and remote setting.

If you’re an enthusiastic walker, it doesn’t take long to “do” Sark’s 3-mile length. Or sit in the sun on the terrace of Aval du Creux, a popular island hostel. For nightlife, you take a fast launch to Guernsey, 9 miles and half-an-hour away.

Channel Island hopping is fun. Each has its own character. Affluent Jersey, home of those gentle cows and Gerald Durrell’s zoo, is liveliest. In Guernsey, see Victor Hugo’s rococo house, now a museum, which overlooks the harbor of St. Peter Port. Remote Alderney is a bird-watcher’s dream, full of rare plants and wildlife. Tiny Herm sports a comfortable small hotel and little else. Reach Sark via BA from London or Air France from Paris to Guernsey.

Where to stay: Aval du Creux is about $9 per person per day with three meals. Even less expensive is Beauvoir guesthouse, $4 per person per day with breakfast and dinner. Both are small, so reserve ahead.

Channel Island Highpoints: The horse-drawn carriage ride to the top of Sark’s Harbour Hill triumphantly fresh seafood. Rich, creamy afternoon tea at Idlerocks Hotel on Jersey’s electoral ridge.

Touring Castle Cornet, a bastion in St. Peter Port, Guernsey $4. Lunch at Jersey’s elegant Longueville Manor Dine out in Jersey’s Peticot Port at the Sea Crest Hotel on triumphantly fresh seafood.

Playing it like Mozart

Even if you are not in the market for a harpsichord, it is rather fascinating to know that the harpsichord capital of the world is Stonington, Conn., a 17th-century New England fishing village with elm-shaded streets and a working fishing fleet with a Portuguese background. In a white and glass-brick Art Deco building near a railroad track you will find Zuckermann Harpsichords, Inc., which produces more instruments than all the rest of the world combined. This is the think tank where the designers and draftsmen work. The main factory and warehouse are in Philadelphia. There’s a showroom in New York, and agents who stock the finished instruments and do-it-yourself kits in Europe, South Africa, Australia, and New Zealand. But in Stonington, you will find David Way, president and owner of the enterprise, which sells over 3,000 kits a year. Prices range from $225 for a Fretted Clavichord Kit to $5,500 for a fully finished French Double Harpsichord. A rangy, good-looking Nebraskan transplanted to New York, Way sent for a Zuckermann harpsichord kit in the 1960s. He and his wife assembled such a fine instrument that Mr. Zuckermann came to see it and offered to buy it. Instead, Way bought the company. If you yearn to play Bach, Handel, and Byrd on the instrument these composers wrote for, write Zuckermann Harpsichords, Inc., 15 Williams St., Stonington, Conn. 06378.
Salem Lights now come in a new longer length.

Longs smokers.
Now you can enjoy a low tar cigarette with Salem taste, too.

New Salem Long Lights.

Shell shock

Turkey Tufting

Just when you thought you'd seen everything in needlepoint, a fresh idea appears from designer Susan Olsen. She has learned more than five new techniques to put "Sciatic" fresh idea appears from elo-turkey tufting—Needlepoint stitch— newer approach to needlepoint combining woolwork, trapunto, silk and other techniques to put "Sciatic" fresh idea appears from elo-turkey tufting—Needlepoint stitch

Group-think gardening

If your garden is a disaster and you want to know how to put it right, and you also happen to live in San Francisco, then you are lucky indeed. Jean Wolfe's garden classes are unique. They could be inspiration, too, for others across the country. Each month from October to June, students meet in small groups in a different member's garden. The classes last 2 hours, giving a chance for on-the-spot study, with the class making suggestions for improvement or a new design. Mrs. Wolfe sits on the steps and starts putting the garden scheme into action there and then. She follows it up with a detailed letter to the garden owner next day. Students report that the cooperative effort leads to more experimental and imaginative garden plans. Beth Gordon, for example, with moral support from the group, totally redesigned her backyard from a steep, terraced garden, to a one-level garden with a grass area, a play space for her children, and a potting shed.

Mrs. Wolfe augments meetings with guest lecturers, shops for plant material with her students and, toward the end of the course, takes everyone on a field trip. It's an experience designed, she says, mostly for the young and eager novice who wants to learn more.

Here is her recipe for compost: In a wooden box, mix sawdust, kitchen waste (tea leaves, coffee grounds, eggshells, peckings, etc.), garden waste (grass cuttings, petals, pruning snips), animal waste (from small vegetarian animals—turkey, chicken, rabbit), ashes, and bone meal. Dampen the compost as you combine it. Keeping it moist like a sponge, but not soggy. Keep turning it over, letting it heat up, and age with the container covered. Ten years ago, when doctors wanted to obtain a full "chemistry profile" of a patient, the testing involved took a full-time chemist two days. As the cost of such work was prohibitive, it was only done in cases of serious illness. Now computerized techniques make such information available in 8 minutes at a fraction of the cost. If you are over 35, your doctor may recommend what is called a 12-channel profile at your next annual physical. Blood samples go through computer analysis in a $220,000 SMA 2 machine. They're tested for blood sugar, cholesterol, uric acid, kidney and liver functions, proteins and components, minerals, and enzymes, levels of which give strong clues to bone conditions, infections, malignancies, and heart muscle physiology. —MARY CATHERINE TYSO

Wall flowers

Blue skies on a brick wall—look what a coat of paint has done for Louisville, Ky! What was once a dreary wall is now, with Jean Henderson's abstrac-

Hiding stereo speakers

Where do you put stereo speakers in the bedroom? Harry Hinson hides them imaginative-ly in twin laundry baskets on either side of the bed. He uses tall, cylindrical wicker containers (about $9.95 each), which are also just the right height to double as bedside tables. No problem about sound quality, he reports. The music comes through very well.
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Bermuda

By Nancy Richardson

From almost any East Coast city, the fastest escape to warm weather, beautiful beaches, and marvelous facilities for sports is Bermuda. It's easier to get to than many weekend houses. My fun began as soon as I got on the plane, and I was told to myself comfortably in a window seat on one of Eastern's spacious ocean-liners, the L1011. My anticipation of change and peace and sun that cures the mind and sunburns everything else expanded as the plane lifted right through the weather to the airy blue dome above. With no telephone, a comfortable armchair for a seat, and a view of sky scenery and cloud topography, with the added clearheadedness of the no-smoking section and self-discipline imposed by airline snacks aimed tropical harmony which attracts visitors who return year after year.

Before they can arise is the local speed limit. Thirty-five miles an hour on Bermuda's carriage-wide curving walled roadways could land you in the clink. What they have in mind is 20 miles an hour, with a car population limited to one to a family. So the mini-models of the British car firms and some tiny ones from America made for the European market share all the thoroughfares with clusters of motorbikes ridden by helmeted tourists and locals alike.

The history of Bermuda parallels our own. The same English and Scottish families that populated Virginia and South Carolina settled there. Beginning in the 1680s, Bermuda was a base for shipbuilding and has until recently, an important harbor for the British navy. Today 150 islands stand up out of the sea floor in a fishhook around the north coast of North Carolina.

Where to stay, eat, go

St. George's

1. Lantana
2. Newstead
3. Waterloo
4. Princess
5. Southampton
6. Castle Harbour
7. Holiday Inn
8. Tom Moore's
9. Belfield's
10. The Lobster Pot
11. Chaceys
12. St. James's
13. Cathedral Museum
14. Maritime Museum
15. Ferron
16. Tucker

Night in Bermuda isn't just the opposite of day, it's a thing in itself

in line to go through immigration at the airport, one hears several times over before showing one's passport a recording broadcast throughout the area by a very nice British voice. In one sentence, one is welcomed to Bermuda and then immediately warned that drug dealing or even drug possession is punishable by sentences of up to twenty years in prison. Even prescription drugs are to be cleared by customs officials.

Not only do Bermudians want their island drug-free but their visitors clean-cut. Just as the military or certain summer camps require appropriate dress, so in Bermuda one is expected to wear white on the tennis court, jackets and ties at dinner. The ladies are encouraged to wear long skirts or dressy pant suits. It might even be that tiny bikinis should be left at home.

Another instance of Bermuda's attitude of preventing problems before they can arise is the local speed limit. Thirty-five miles an hour on Bermuda's carriage-wide curving walled roadways could land you in the clink. What they have in mind is 20 miles an hour, with a car population limited to one to a family. So the mini-models of the British car firms and some tiny ones from America made for the European market share all the thoroughfares with clusters of motorbikes ridden by helmeted tourists and locals alike.

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Bermuda is famous for reef and deep-sea fishing. For both you need to charter a boat. What you may not know is that with a simple rod and reel anyone can wade into the water off any number of hotels and catch bonefish, pompano, gray snapper, and mackerel. I added one happy element to this shore fishing. Captain Peter Perinchief (director of the Fishing Information Bureau at the Department of Tourism, who can advise visitors on fishing and charters), took me bonefishing in a small outboard. We wandered from small beach to little cove looking for a 2 foot long fish that weighs from 6 to 12 pounds. Wearing Polaroid glasses that cut the glare, we could see into the water better than a small dachshund who was also chasing fish in shallows, tail wagging. He was still happy with little sickness involved with deep fishing, it doesn't require rigging or anchoring out on a raft. My day ended in glory as Perinchief spotted a bonefish in 2 feet of water, trolled, and then worked it to the boat where I caught a net, patted it, estimated it was also a 10-pounder, and threw it back, which was most fun of all.

Fishing the easy way

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Cottages wing out from the main cedar-paneled lodge that is a cross between a big rambling Canadian fishing camp and the Lyford Cay Club in the Bahamas. Though it is a club, it is possible to stay there if recommended by a member or someone who has stayed there before. It is also possible to have Newstead and Horizons, other cottage colonies, arrange for their guests to have lunch there.

**Food**

Knowing that a week of eating normally but substituting fish for meat is a no-effort and high-nutrition way to slim down, I knew that the first kind of information I needed was the decoding of local fish names. One is told that the best eating fish on the island is the white meat rockfish—read grouper—which means that it is a fat fish rather than a slim sole shape. There are many different ways to do rockfish from plain pan-broiled to a most restaurants. It's not really like its toasted. The broccoli is fresh and perfectly undercooked, the hard rolls have soft, moist centers and are piled attractively in a basket with a huge foil-wrapped pat of New Zealand butter scattered in between. For dessert, the banana fritters with or without the dark rum poured over are worth the calories. A meal in itself, if you order a large bowl, is their fish chowder which is dark and thick to the point of being a bouillabaisse. The custom is to season this already spicy brew with either dark rum or red peppers that have marinated in cooking sherry.

Captain Rudy Richardson owns a simple, clean seafood restaurant wedged between the road and the beach in the States fresh, not frozen. The rock fish, or whatever is the fresh fish on a certain day, is usually prepared "à la Moore" which means broiled and served with a cream sherry sauce with mushroom gravy. Both the lobster and rockfish are a wonderful dish.

One restaurant that Bermudians all seem to know about is the Lobster Pot right in Hamilton. There the rockfish is broiled with some almonds and served with wedges of lemon. The broccoli is fresh and perfectly undercooked, the hard rolls have soft, moist centers and are piled attractively in a basket with a huge foil-wrapped pats of New Zealand butter scattered in between. For dessert, the banana fritters with or without the dark rum poured over are worth the calories. A meal in itself, if you order a large bowl, is their fish chowder which is dark and thick to the point of being a bouillabaisse. The custom is to season this already spicy brew with either dark rum or red peppers that have marinated in cooking sherry.

Captain Rudy Richardson owns a simple, clean seafood restaurant wedged between the road and the beach in the...
Today the right look is all a matter of taste.

Whatever your preference, today everything goes together. Especially if it's part of this versatile Valentine Seaver living room group from Kroehler. Even the Dupont 100% Non covering protected with Scotchgard is versatile. A superb fabric from Chatham Mills.

Choose the sectional components that make you comfortable. The combinations and arrangements seem to be endless. And, if thinking about the possibilities makes you tired, there's even a Sleep-or-Lounge, a sofa by day with a bed for sleeping.

With Valentine Seaver, there are a lot of ways for you to look good.

Featured: L-Shaped sectional sofa, under $999.
Styles available:
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2 cushion armless sofa, under $399.
3 cushion sleep-sofa under $599. Ottoman, under $149.

Available at the fine stores listed on preceding page.

Manufacturer's suggested retail prices may vary by geographic area and for fabrics other than shown.
Belfield's offers tea that ranges from one sweet thing to the next... cakes... cookies... syllabub

way to the airport. Rudy's produces a kind of soul-seafood from fish Rudy himself catches in his other life as a sport-charter fisherman. Try the shark hash, it's offered hot or cold, but it really needs to be at least warm—served without a sauce and meant to be slightly dry and very spicy. The chowder here is more like a fish broth based on a very rich, strained fish stock. The place has no atmosphere, which is a kind of atmosphere and often a very relaxing one. A breezy comes off the water most nights. The gourmet platter consists of a baby lobster, two fried scallops, and two shrimps, and it makes a perfect light dinner. Served with it, which is typically Bermudian, is a brown rice with black-eyed peas stirred in.

There is one English teaplace, also a little antiques and china shop, where the tea is really marvelous and the antiques add more atmosphere than inventory. Belfield's offers tea that ranges from one sweet thing to the next. Shortbread-like cakes called iron bread cooked on a griddle, some real shortbread cookies with scalloped edges, a very moist and not too big chocolate cupcake with a thick coconut icing, slivers of raisin-rich dark fruit cake—all ring around the most shockingly sweet thing of all, which is something called syllabub. It could only be English and no wonder they have trouble with their teeth. It is in fact a small jelly glass filled with guava or currant jelly and topped with whipped cream with sherry in it. The sweetest thing I've ever tasted, though not rich and sweet the way a chocolate dessert is. Wonderful. At lunchtime Belfield's also serves something that one hears about local people making but one rarely finds in restaurants. Its called paw-paw Montespan. Paw-paw is our papaya and though it is often eaten ripe in Bermuda, the green fruit when steamed serves as a vegetable. (It is also used as a meat tenderizer.) The Montespan part involves layers of onion, tomato, cheese, and ground round—each ingredient first sautéed and then put into a large casserole where it all cooks together for 30 to 40 minutes. The two cookbooks recommended to me everywhere are also on sale here: What's Cooking in Bermuda, by Betsy Ross and Bermuda's Best Recipes, by a committee of local ladies who pulled together many of the old Bermuda recipes.
"my hands were so bad, red and itching, I couldn't stand it."...

MRS. CONNIE WHEELER—Bakersfield, Calif.

Dear Sirs,

I have for the last 10 years had very problem hands. I am a full time wife, mother, secretary, and horseman. My hands were diagnosed by a doctor as an eczema caused by nerves. He was the second doctor I had consulted regarding my hands, and his treatment seemed to do the trick for periods up to six months or longer before my hands were so bad, red and itching that I couldn't stand it any longer and had to go back for more treatment. However, the last visit in October, 1974, made me think I must do something else. I couldn't live on injections all my life. I went to the drawer and pulled out a tube of Neutrogena, which had been in the drawer for almost a year, and began using it faithfully. My hands began to heal.

Now, in August of 1975, almost a year later, I can honestly say that I have not experienced one day of itching or bad soreness from cracks in the skin with bleeding. I don't even wear gloves for doing dishes, and this summer, I spent time in the mountains fishing, baiting hooks and all and came home with hands as good as when I left. My compliments are all for your product, and believe me, I tell all my friends about it.

Sincerely,

Connie L. Wheeler

Originally developed for Arctic fishermen, Neutrogena Hand Cream is a heavy-duty formula which literally shields your hands, helps them heal. Medical tests show it helped clear up acute skin conditions within 14 days. Your satisfaction guaranteed, or money back. $3.

NEUTROGENA® HAND CREAM

January, 1977
This morning started out like any other. You put on the coffee and set out the juice glasses. Then, as always, you went to freshen up to greet the day and your family pleasantly. Looking in the mirror as you brushed your hair, you suddenly realized that you looked older. Somehow you hadn’t noticed before. But you couldn’t help wondering if other people were aware of the change.

Now you and your mirror have come face-to-face with the truth, it’s time you discovered a secret known to fortunate women from many parts of the world, the secret of a mysterious beauty fluid that can help you look younger. This skin-loving liquid is known in the United States as Oil of Olay.

Simply smooth Oil of Olay over your face and throat to let it begin to work so that it can help you look younger. Watch the precious fluid disappear into your skin. Oil of Olay penetrates remarkably quickly, bringing pure moisture, tropical oil and precious emollients to ease dryness. Dryness, of course, can so easily make you look older, as it makes little wrinkle lines more obvious. The very first day you use Oil of Olay, those lines are less noticeable. You’ll be able to see the difference. And even though they may not comment, the change will be apparent to other people too.

The skin-cherishing beauty fluid works mysteriously as a partner with nature to help maintain your skin’s natural moisture balance and let your skin become softer and smoother. No wonder Oil of Olay can help you look younger.

What Did Your Mirror Reveal This Morning?

beauty fluid, your face takes on a renewed lustre and radiance, a kind of marvelously dewy glow. Remember that look? Isn’t it a joy to see it again?

When will you choose to use the precious beauty fluid? Exposure to wind and sun, some cosmetics, even sudden temperature changes can cause your skin to feel dry and look older, just as certainly as the passing years do. So whenever your skin feels dry, it may be telling you that it would welcome Oil of Olay.

If you’re like most dedicated users, you will want Oil of Olay to be part of your morning and evening beauty ritual. Oil of Olay, faithfully every morning, either to let your skin live in its own moist climate or under your cosmetics. Because the beauty fluid penetrates so quickly and doesn’t leave a greasy afterfeel, you’ll find it marvelous under makeup. Again, faithfully every night, so that Oil of Olay can cherish and pamper your skin into quiet hours of night.

Remember what your mirror revealed this morning? How reassuring to know that with Oil of Olay your mirror can soon reflect a younger look. What a lovely way to face the day.

Beauty Secret

Perhaps the sudden realization that you looked older than you realized has prompted you to plan an overall self-improvement program, complete with diet, exercise and time set aside for intensive grooming. When you’re exercising, giving yourself a manicure or while you’re figuring out your calorie count for the day, is a good time for an extra application of Oil of Olay®.

What Did Your Mirror Reveal This Morning?

This morning started out like any other. You put on the coffee and set out the juice glasses. Then, as always, you went to freshen up to greet the day and your family pleasantly. Looking in the mirror as you brushed your hair, you suddenly realized that you looked older. Somehow you hadn’t noticed before. But you couldn’t help wondering if other people were aware of the change.

Now you and your mirror have come face-to-face with the truth, it’s time you discovered a secret known to fortunate women from many parts of the world, the secret of a mysterious beauty fluid that can help you look younger. This skin-loving liquid is known in the United States as Oil of Olay.

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Outstanding books. Significant savings.

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As your introduction to membership you are invited to choose

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THE SUGGESTED TRIAL: You simply agree to buy four Club choices within a year at substantial savings on most books you choose.

HAVE YOU EVER experienced the great good fortune of finding the very book you're shopping for "on sale"? That's the kind of pleasure you'll enjoy again and again when you shop in America's Bookstore® — the Book-of-the-Month Club. You start by choosing four books you're eager to read — all for only $1. Then, as a member, you'll regularly be offered a choice of the best books published, almost always at substantial savings. If you continue your membership past the trial period, you'll be eligible for our unique Book-Dividend® plan — a delightful way to save even more, at least 70% on bookstore prices.

Prices shown are publishers’ U.S. prices. Outside the U.S., prices are generally somewhat higher.

BOOK-OF-THE-MONTH CLUB, INC., Camp Hill, Pennsylvania 17012

January, 1977
PLANNING
A NEW HOME?
YOU NEED THE
HOUSE & GARDEN
PLANS
GUIDE

It's the Guide that helps direct you to the right house for your lifestyle, lets you choose from more than 100 illustrated house plans you can order right from its pages. The new 1977 Plans Guide gives you specific guidance on everything from site selection to landscaping, plus everything in between. You'll even find 20 pages of exciting vacation homes and a big special portfolio of year-round California designs! The House & Garden Plans Guide. It can make your new home planning a pleasure, your new home dreams a reality. Get it now at your favorite newsstand. Or write for it at the address below.

1977 HOUSE & GARDEN PLANS GUIDE
$1.75 at newsstands everywhere

It's true that my clock was made in the 1700s? Can you tell me something about the mechanism? V.C.—Denver, Colo.

Your French 8-day wall clock, dating about 1850, with a lyre pendulum about 12 inches in diameter, is a pinwheel regulator. It has a center sweep hand that beats seconds. In recent years this clock, the mechanism of which is enclosed in metal with doors at each end so the works can be examined, is frequently removed from its case and hung on the wall. The case is often converted into a rifle rack.

Your trademark belongs to the Whiting Mfg. Co. of Providence, R.I., which succeeded Tift & Whiting in 1866 and was purchased by the Gorham Corp. in 1905. The Whiting trademark is still used.

Your rocking chair is in the Revived American Empire style, popular in the U.S. around 1900. This type of arm, without an armpost, that terminates in a large open scroll resting directly on top of the leg, is a feature of the French Empire style. The American manufacturer used this feature to create an Empire flavor.

The initials WP are probably those of the English Victorian silverplater William Page of Birmingham. Your fork pattern style is called "tip," and derives its name from the embellishment on the handle end. Probably the most popular tip pattern has a thickened handle-end, which bends forward and has the impression of a scallop molded into it on the front, and the upper part of the handle has straight, not curved, sides. Your fork shows these features.

Your kettle appears on metal ware manufactured by S. Sternau and Co. of Brooklyn and Manhattan, N.Y., active 1896 to about 1920.

Continued on page 32
roll out a carpet bright as dawn. It's powder blue. Even white, the lights are nothing to be afraid of. Because you can buy them with "Scotchgard" Carpet Protector built in. It helps keep dirt loose, near the surface, easier to vacuum. Spills come up with simple spot cleaning. Carpets stay cleaner to three times longer than they would without Scotchgard® Protector. And the protection lasts even after several steam or traction cleanings. Carpets can live a long life in a cleaner one. No matter how e living goes on above. And you can brighten any om with carpet as light you like. Next time, insist on carpet with Scotchgard® Carpet Protector.

here's a "Scotchgard" built into carpets.
The NuTone Automatic Garage Door Operator.

It does everything it should do, plus... you get that famous NuTone quality absolutely free. NuTone’s Garage Door Operators are built to last, with extra features you need. And should you ever need service, NuTone has a nationwide network of service centers to help you!

Up, down, on, off and lock... with one button!

NuTone’s precisely engineered multi-code Remote Controls open and close your garage door, turn on and off the light and securely lock the door... all with the touch of a button from your car.

Convenience, Security, Quality and Value... you get it all from NuTone... thousands of pleased owners say you can’t buy a better Garage Door Operator, and we think they’re right.

For free information about NuTone’s Automatic Garage Door Operator, mail the coupon below... you’ll be under no obligation to buy.

Please send me more information about NuTone Garage Door Operator Systems:
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NuTone Housing Products Scoyil
Dept. HG-1C-1
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Cincinnati, Ohio 45227
Form 3813 Printed in U.S.A.

How safe is your home?

Home fires account for most deaths by fire and asphyxiation. Safety measures should include smoke and fire detectors (now required by law for new housing in thirteen states and for all FHA-insured new home mortgages), fire extinguishers, gas detectors.

Fire brigade

Bright red letters FIRE EXTINGUISHER identify Gilette’s chrome-yellow unit. Easily mounted with screws or wall anchors, it can be lifted off the wall bracket with one hand. A red actuator button is pressed to spray the dry chemical. It is designed to fight grease, oil, gasoline, and electrical fires primarily, in kitchen, garage, workshop, or electrical appliances. In department, discount, drug, and hardware stores, “Captain Kelly” by Gillette has a suggested retail price of $13.99.

Protection from gas leaks

A gas detector warns of gas leakage that could result in an explosion or flash fire. “Craft-Alarm,” for homes using natural or propane gas fuel, sounds a continuous alarm when sufficient gas is present. (Gas concentrations under 25 percent of a low-explosive level set it off.) For location in crawl-space areas, basement, or separate furnace rooms, the detector has a semiconductor sensor which, when affected by low concentrations of natural and LP gas, triggers the alarm. $79, it plugs into a 120-volt outlet. Craftor, Inc., 1237 Central Ave., Albany, N.Y. 12205.

Where there’s smoke

The Honeywell smoke and fire detector combines an ionization detector and a dual sensing chamber. With the ionizing element combustion can be sensed as much as 40 feet away before smoke or flames are evident. Visible or invisible products of combustion entering one sensing chamber will decrease
The Extraordinary Jenn-Air

It offers 5 interchangeable cooktop units. Char-grill, griddle, deep-fry, shish-kebab and spit-roast, all on top of the range.

The Jenn-Air Grill-Range becomes almost any cooking instrument you want. Plug-in the grill cooktop and have sizzling, char-flavored steaks and chops anytime. Better than broiling because Jenn-Air's unique rangetop ventilation pulls the flavored smoke over the meat, then whisks it outdoors.

Pick the rotisserie, chickens and roasts brown beautifully as they turn. Or choose the shish kebabber and prepare deliciously different meals-on-a-skewer. The family-sized griddle makes short work of pancakes, eggs, bacon or sausages. The deep-fryer makes homemade donuts,rench fries or batter-dipped fish filets. Rangetop ventilation works to keep your kitchen cleaner and sweeter.

The Jenn-Air Grill-Range also gives you a convected power Oven that cooks up to 30% faster at 50° lower temperatures than regular ovens, using power-driven air.

For the Jenn-Air dealer nearest you, see the Yellow pages, call toll free 800-428-1825, or write Jenn-Air Corp., 035 Shadeland Ave., Indianapolis, IN 46226.

The Jenn-Air Grill-Range.

A Magnificent Cooking Instrument Available in Canada
How do you make your decorating decisions?

Today there's more freedom to live the way you want and there are more decorating choices to express the way you're living. We'd like to know how you feel about decorating now. Would you share with us by filling in this brief questionnaire? You needn't sign it, just mail it to Box R, House & Garden, 350 Madison Ave., New York, N.Y. 10017. Then in a future issue we'll tell you what you've told us.

1. Do you feel that your house or apartment is the way you want it to be for the next few years? Yes  No

2. Or does it reflect the person you were 5 years ago? Yes  No

3. Which of your rooms do you find the most comfortable? Yes  No

4. The most private? Yes  No

5. People tend to gather in? Yes  No

6. You most enjoy spending time in? Yes  No

7. If money were no object, what is the single biggest decorating change you would make in your house or apartment right now (for example, mirror a wall, buy new carpeting)? Yes  No

8. Realistically—since most decorating budgets have limits—when you're furnishing a room:

   Would you tend to use most of your money for one important thing such as a table or an antique chest? Yes  No

   Or would you distribute your funds to create a comfortable room and make your major purchase later when you've saved for it? Yes  No

9. What is the most satisfying thing you've ever bought for your house? Yes  No

10. If you've moved within the last 3 years or are planning to move within the year:

   (a) Did you move from

      □ a house to a house?
      □ an apartment to an apartment?
      □ an apartment to a house?
      □ a house to an apartment?

   (b) Did the move mean your living space increased? Yes  No

   (c) Within the same county? Yes  No

   □ within the same state? Yes  No

   □ out of state? Yes  No

   □ to a different climate? Yes  No

   (d) Did you take most of your belongings with you? Yes  No

   (e) Have you moved frequently? Yes  No

   If you have, how has this affected the way you decorate? Yes  No

11. Where do you find most of your decorating ideas?

   □ books and magazines
   □ room settings in stores
   □ friends' houses
   □ museums
   □ from travel
   □ other

12. Would you say that your furnishings are

   □ a third or less traditional
   □ about two thirds contemporary
   □ almost totally antique

13. We're aware that there are certain times when one is primarily concerned with acquiring things for the house and others when one is more concerned with paring down unessentials and simplifying. Which is uppermost in your mind now?

   □ Acquiring   or  □ Simplifying

14. Are you under 25   □  25 to 35   □  over 35   □

15. What do you find are your biggest decorating problems?

Thank you very much.
“Bed of Clover” by ANNE KLEIN.

Anne Klein’s Design Studio invites you to a night picnic in this new wardrobe for bed and bath. A sophisticated hem marks the spot. Sheets and pillowcases are of silky-feeling Lustrosoft, made of 50% Avril® Rayon, 50% polyester, and there are towels, bedspreads and comforters to match. Spend the night in a Bed of Clover. On us. Available at fine stores everywhere.

Night Foods:
Caviar, Iranian or Russian. Champagne, vintage. Toast, thin.
Egg, hardboiled and chopped.
Onion, young, fresh and diced.

“NIGHT FASHIONS”
BURLINGTON
Free Idea Book on the window that's easiest to wash

New for 1977! 16 pages in full color packed with interesting examples of how the right windows can add beauty and livability to your home. Tells how Pella Wood Windows make washing easier, cut energy costs and need no painting. Contains a helpful guide to different window types, and how each works. Describes the important things to consider in proper placement of windows. In short, it contains everything you need to know to make an intelligent decision about windows. And it's yours free!

Please send me a free copy of "Pella Window and Door Ideas."

Name.
Address.
City.
State. ZIP.
Telephone.

Mail to: Pella Windows & Doors, Dept. C03A7, 100 Main St., Pella, Iowa 50219. Also available throughout Canada.

Send your name and mailing address with 25 cents to cover postage and handling to: Helene Curtis, Dept. C.F., 150 E. Huron St., Chicago, Ill. 60611.

THE GRASS ISN'T ALWAYS GREENER...

Birth defects are forever. Unless you help.

March of Dimes

continued from page 26

lightweight, non-greasy formula that helps "lock in" your own natural skin moisture. Its fluffy cousin, Eterna '27 All-Day Moisture Cream, provides a soft, even base for makeup application, or can be used as a night cream. Because they're so light, these two new moisturizers are a good idea for very fine or young skin. Each costs $6.50 for 4 ounces of Lotion or 2 ounces of Cream, but this price is only for a limited time. At Lord & Taylor; Donaldson's-Minneapolis; the Broadway Store.

With skin, hands, and hair now facing their cruelest months, here are beauty conservers that are also easy on your purse: Extra Strength Vaseline Intensive Care Lotion, by Chesebrough-Pond's. This new skin lotion contains two extra skin protectors plus glycerine, which helps skin retain its moisture—an answer to sore, reddened, or itching hands and skin. 6 ounces, $1.45; 10 ounces, $1.99; 15 ounces, $2.89. At drugstores and supermarkets.

Think moisture—Natural Protein Complex, a new ingredient in the Raintree Collection by Noxell. There are four formulas in silky lotion or fluffy cream, giving you grease-free, rain-sheer moisture, with a fresh, clean smell. Lotion for Normal-to-Dry Skin, 4 ounces, $1.75; Lotion for Dry Skin, 4 ounces, $2; Cream for Dry Skin, 2 ounces, $2; Concentrate for Extra-Dry Skin, 1 1/4 ounces, $2.25; at fine drugstores.

Think hair—and a two-in-one product that treats and cleans all in one smooth swoop. Ogilvie Reconditioning Hot Oil Treatment provides a salon-proven reconditioning treatment with a built-in mild shampoo. You apply it, warm, to scalp and hair. Comb through. Cover with shower cap or hot towel for 10 minutes, then rinse thoroughly with warm water. $2.25 for 8 treatments. At Bloomingdale's; Bullock's; Marshall Field.

From Coty, six Equasion skin-care products in special small sizes, to try, or to stash away in your travel kit. Fresh Peach Wake-Up Gel, with Peach Kernel Oil (all skin types). Foaming Soap Concentrate (normal to oily skin). Fresh Peach Moisture Cream (normal to dry skin), Peel Away Mask (normal to oily skin). Medicated Blotting Gel (oily skin), Medicated Moisture Cream (oily skin). At $1 apiece, how can you resist? At Altman's; Marshall Field; May Co.

Want some useful free advice? Helene Curtis has just published a 16-page illustrated booklet, The Care & Feeding of Your Hair Every Night. Send your name and mailing address with 25 cents to cover postage and handling to: Helene Curtis, Dept. C.F., 150 E. Huron St., Chicago, Ill. 60611.
When the "stain squad" challenged Tru-Test E-Z Kare latex flat enamel... they got wiped out!

Lost food stains wash clean from the enamel-hard E-Z Kare finish without "shining" or need for re-painting. It was hardly a contest for Tru-Test E-Z Kare latex flat enamel. Because stains, grease and grime can't readily penetrate the E-Z Kare surface, most soil washes away. Tough stains can usually be scrubbed off with no damage to the flat latex finish. The soft look and easy application of E-Z Kare plus the rugged durability of enamel make Tru-Test E-Z Kare the one paint perfect for both walls and woodwork, one finish that can outlast ordinary latex paint in every room. White or custom colors, including House & Garden American Watercolors.

House & Garden selected Tru-Test Paints for their 1977 Super Kitchen.
In order that she might sneak a cigarette, Mrs. Patrick Fitzgerald attended the Summer Ball dressed as a Pittsburgh steel mill chimney. Unfortunately for Mrs. Fitzgerald, it was not a costume affair.

You've come a long way, baby.

VIRGINIA SLIMS
With rich Virginia flavor women like.

There’s a lot more to it than paint chips and fabric swatches. Good decorating begins with real-life needs. You assess your assets and limitations, and make your decorating look them straight in the eye. Once you’ve licked the problem, you think about the look. Style is something nobody dictates anymore: Richness and independence of taste — your taste — makes decorating exciting. But no style is stylized. Traditional rooms have plenty of snap, even the most modern, stripped-down spaces are softened with a little warmth, a little color (and the new colors coming out of the fabrics marketplace are the prettiest we’ve seen in years). There’s such vitality in decorating today that we think everyone should be aware of the variety in the kaleidoscope. There’s only one trend — toward real decorating.

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What's going on

Top decorators, designers, and retailers all over the country report what they see happening in color, lighting, fabric, furniture, and who's buying what.

Decoration still has to do with glamour. That is still there. What's not there are all the superfluous things that go along with it.

*Angelo Donghia*, interior designer

There is an emphasis again on decorating; rooms are subtle, not astringent and stripped down.

*John Dickinson*, interior designer

People want fewer things, but things that are meaningful. They'll pay for them if the intrinsic value is there.

*J. D. Kaiser*,

*Halls, Kansas City*

Far right: In keeping with the rustic look of an 18th-century farmhouse, a new slant-roofed wing with exposed beams and living-room floor made of handhewn oak wallboards from farmhouse interior. Owners, designer Charles Mount and psychologist Daniel Rosenblatt, also included slate-paved patio and sun deck beyond. Oak-framed sofas and chairs, Howard Family Room Furniture, “Bhurba” Dacron upholstery, Scotchgard finish. Plain cotton pillows, Zepel finish.


*Fabrics with offbeat colors, mixed patterns*
Rustic furniture and bare beams

Handmade rugs on wood floors
What's going on

Contemporary furniture is really selling for us for the first time in our history. And we are also selling quality art in volume.

Chet Edwards, Higbee's, Cleveland

Naturals are here to stay, they're not a flash in the pan. Basically, it's a different kind of colorlessness than white walls and the bare look—it's honey naturals, biscuit, putty, and especially gray.

Jack Lenor Larsen, textile designer

Gray may be the brown of the late 70s.

Ellen Grossman, Fabrications, Boston

Young people love batiks, pattern, color—they want romantic looking rooms.

Mario Buatta, interior designer

Drabware is our biggest seller. It's very contemporary and mixes with anything.

George O'Brien, design director, Tiffany

People are using antiques more as specimen pieces. An antique almost becomes a sculpture... More money is being spent on sophisticated thought-through lighting systems—track, recessed, spots.

Joseph Braswell, interior designer

We're selling half the bread-and-butter plates we did 5 years ago. People want more casual china, or stoneware, and fewer pieces.

Ted Nierenberg, Dansk

Right: For a romantic country living room, outdoors comes indoors: white wicker in a daisy print, grass green carpet blooming with baskets of flowers, and trees that grow up to a pale sky-blue ceiling.

Seascape by Claude Gouppaten.

Interior design by George Clarkson.

Middle right: Country-patterned, glazed cotton chintz in Imari colors, dark spiced with bright. "Ginger Rose" by Cyrus Clark.

Far right: Queen Anne gets a face-lift—traditional armchair with a contemporary cane seat and a two-toned lacquered finish. Designed by Bill Goldsmith for LCS.

Traditional chair, new pale lacquer

The small print—great with rustics

The all-wood country kitchen
Knock-down furniture will be strong in the future. It appeals particularly to young people with an audio-visual background. They're used to buying audio-visual components and putting them together themselves, and they apply this same principle to furniture.

John Mascheroni, homewear designer

The Egyptian theme in fabric, furniture, accessories will be reinforced by the Tutankhamen show now touring.

William McCarty, designer

Furniture now is extravagant in texture, but clean in line . . . It's time to stop being so special—good design is available at affordable prices.

Jay Spectre, interior designer

For the first time, I have single clients in their 30s who want to decorate for their own personal lifestyles—for instance, a large Jacuzzi bath or a good kitchen.

Alan Buchsbaum, architect

We're in a very pretty period. There is a definite tendency to soften and warm up the industrial look.

John Curran, designer

We're over-decorated. People want light and air . . . There's an economic reason for the slipcover's popularity—it's cheaper.

Michael Taylor, interior designer

Top: Pared-down decorating with a mirror wall; invisible tables; slick lacquer walls, floor; the barest suggestions of color. Designed by Frederick von Mierers of Taylor Stirling & Mierers. On mirrored wall, an Al Stokes. Albert Cohrs “shaped” canvas.

Right: Brushed chair “wheels” down into chaise. “Fontana” group by Heinz Meier for Landes.

Middle right: For carefree weekend living and entertaining, a remodeled wood-paneled room full of an African cotton print, “Phembe” by Maridadi. Fabric, furniture, at Lord & Taylor. Interior by Richard V. Hare, architecture by David Hatcher for Stephen Spector. Far right: Rediscover quilting for curtains, furniture, even walls. Here, “King Tut” wool and nylon flannel by Etalage.
Wood walls for warmth

Boo, rattan, and an African print

One room for living, dining, kitchen

Gray flannel patterned with quilting
Pattern and plants for a romantic bath
One strong statement with pattern, carpeting, color

Decorating Now

Clients are deaccessioning things—the closets of dishes wrapped in plastic that never get used. It means a total review of what you want, and the reasons behind the things you decide to keep.

Joe D’Urso, designer

People are tired of the disposable culture; they want things of substance.

John Saladino, interior designer

People are getting more and more informal, getting away from formal dining rooms and living rooms.

Leonard Stanley, interior designer

There is broad appeal in a simple cottage look in decorating—small patterns, the feeling of an English garden.

Laura Ashley, fabric designer

People stay at home and entertain more. They want their homes nest-like, with lots of detail . . . Don’t decorate poor—decorate rich.

Jay Steffy, interior designer

If you pare down to your priorities, you can’t go wrong.

Karl Mann, designer

### Far left: The romantic bath, “something we’ve always dreamed of,” says its designer, Mrs. Otakar Mach, who filled it with pattern and plants. Big tub, double sink, Clarence House wallpaper, Country Floors tiles.

### Middle left: A contemporary Oriental landscape for one-room living—industrial carpeted platforms add seating, hide storage inside. Men’s wear gabardine covers bed and banquette, lacquered coffee table and marble dining table were custom designed by owner-designer Craig Raywood. Chinese wedding dresses sewn up into bed pillows polish the pared-down look. On wall, Sigrid Burton canvas casually framed with masking tape, Miro print.

### Bottom left: Box-legged chaise-bench. By John Hutton for Ide of California.

### Near left: Botanical English glazed chintz, “Rhododendron Sprig” by Mrs. Monro for Alan Campbell.

Shopping information, page 108.
Should you buy a house, a condominium, or a co-op apartment? The pros and cons of financing, construction, resale value, maintenance, and mark*

### HOW TO HOME IN ON A

**BY PAUL GROSS**

**WHICH WILL IT BE? CHECK ONE**

- **HOUSE**
- **CO-OP APT.**
- **CONDOMINIUM**

If you’re thinking of moving, you better start moving quickly. The demand for housing is starting to pick up dramatically. Most of us feel flustered, inflation is still abating, mortgage rates are falling, and all those war babies are now settling down and having babies of their own. To compound matters, there’s a fairly limited supply of houses, condominiums, co-ops, and apartments, because relatively little housing construction has taken place over the past few years.

While it pays to move quickly, that’s not to say you should be hasty. Home is no longer where you hang your hat—if it ever was. It’s a major financial and emotional investment that reflects your goals, personality, and lifestyle. Just a little time and effort spent shopping for the right place to live can pay off handsomely in savings and satisfaction.

That’s especially important now, because the cost of all types of shelter will continue to go through the roof for the foreseeable future. In the past four years alone, the average price of a single family house has jumped some 40 to 55 percent—depending on the area. And while condominiums and co-operative apartments have fallen in value in some cities like New York, they have gone up an average of 15 percent or better in cities like Washington, D.C. And apartment rents are keeping pace. It’s not at all unusual for a landlord to jack up the rent by $100 to $200—and get it from a new tenant.

Chances are that the prices of condominiums, co-operative apartments, and single family homes will rise even faster than many now predict. A lot of people, including myself, who have been living in an apartment will probably start looking for a house to buy, so that they can get a tax deduction as well as build up some equity. In the difference between owning a place renting wasn’t too great, because many of us could deduct an office-at-home. However, that’s become problematica cause of the Tax Reform Act of 1976.

**Houses and happenstance**

When you buy a home, you’re buying more than a house—whether you like it or not. In fact, you’re buying a community, lifestyle, neighbors, a school system, municipal services, transportation, and hopefully a profit somewhere along the line. And as you might have expected, there’s a price to pay—something most of us tend to overlook in our eagerness to downsize. Aside from the actual price of the house, carefully

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A good-housing guide

<table>
<thead>
<tr>
<th>Type of dwelling</th>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HOUSE</strong></td>
<td>Easy to finance</td>
<td>You’re on your own</td>
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<tr>
<td></td>
<td>Fewer legal complexities</td>
<td>Tends to be most expensive</td>
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<tr>
<td></td>
<td>Equity build-up</td>
<td></td>
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<tr>
<td></td>
<td>Can decorate as you like</td>
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<tr>
<td></td>
<td>Total control over property</td>
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<tr>
<td></td>
<td>Mortgage interest and property taxes are deductible</td>
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<tr>
<td></td>
<td>Resale is simple</td>
<td></td>
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<tr>
<td></td>
<td>Possible inflation hedge</td>
<td></td>
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<tr>
<td><strong>CONDOMINIUM</strong></td>
<td>Fairly easy to finance</td>
<td>Have to follow group rules</td>
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<tr>
<td></td>
<td>Share cost of amenities</td>
<td>Maintenance charges may be beyond your control</td>
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<tr>
<td></td>
<td>More affordable than house</td>
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<tr>
<td></td>
<td>Some decorating leeway</td>
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<td></td>
<td>Individual unit ownership</td>
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<tr>
<td></td>
<td>Equity build-up</td>
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<tr>
<td></td>
<td>Mortgage interest and property taxes are deductible</td>
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<tr>
<td></td>
<td>Resale fairly simple</td>
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<td></td>
<td>Possible inflation hedge</td>
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<tr>
<td></td>
<td>Should be 20 percent cheaper than renting</td>
<td></td>
</tr>
<tr>
<td><strong>CO-OP APARTMENT</strong></td>
<td>Equity build-up</td>
<td>Not considered real property</td>
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<tr>
<td></td>
<td>Financing available</td>
<td>Legally complex</td>
</tr>
<tr>
<td></td>
<td>Interest on loan and property taxes are deductible</td>
<td>Greater financial liability</td>
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<td></td>
<td>Resale possible</td>
<td>Harder to resell (because market is soft)</td>
</tr>
<tr>
<td></td>
<td>Possible inflation hedge</td>
<td>Maintenance charges may be beyond your control</td>
</tr>
<tr>
<td></td>
<td>20 percent cheaper than renting</td>
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</tr>
</tbody>
</table>

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VERNON AND PALMA COLE, OWNERS WITH THEIR SON STEPHEN OF A SUBURBAN HARDWARE BUSINESS

"After your children have moved away, you don’t want to look at three empty bedrooms. So we’re moving to a smaller place with one big room for living-dining-kitchen, because we’ve learned that we live mostly in the kitchen."

(Continued on page..."
CITIES have a bad name. People think of them as noisy, crime-ridden, overcrowded, stressful, and spiritually dehumanizing. People who live in cities are often regarded by everyone else with sympathetic, tinged suspicion. City-dwellers are endlessly read stories of escapes to the country, of reformed citizens, of sanctity, peace, and happiness regained. Are city people crazy? Should they all move to the hills?

Jonathan Freedman, professor of psychology at Columbia University, author of a recent book on high-density living, Crowding and Behavior (Viking), says that urban living should not only be enjoyable, but can also enhance the experience of being alive. "First of all," Freedman points out, "people have always lived in cities, even civilization began in this country, though people about the age of the small town, there's always a trend away from them. The dream of young people in the country is to move to one of the big cities, to San Francisco, St. Louis, Chicago, Cleveland, Seattle, Cincinnati, New York, Los Angeles, and so forth. In addition to economic reasons, there is a natural human desire for the excitement of the city, the appeal of the city. It's only recently that people started complaining about them so much." Freedman admits that there are reasons for complaint. "The crime rate is high—though now it's going up more in the suburbs than in the cities. The city's welfare burden is higher. Educational problems are enormous. In addition to this, most cities are fairly old and the buildings and facilities are run-down and there is no money to repair them."

But the major criticism is overcrowding. All those people milling about on the street or in the subway; all those apartment dwellers jammed together in tiny spaces; country types throw up their hands in horror. "The word 'crowd' has a negative connotation," Jonathan Freedman agrees. "But a crowd is not always bad. If you go to a party or a baseball game, you like to see a lot of people. That's a good crowd. It's a bad crowd in the rush hour, or waiting in line when you're in a hurry. The street fair where no one turns up is pretty boring. At a sparsely attended party, the guests will huddle together to encourage conviviality."

Haven't you experienced that sinking feeling when you discover there are only a few people in the restaurant or theatre? There's nothing more discouraging than trying to have a cheerful dinner surrounded by empty tables and idle waiters. Or watching poor actors give their all for the sound of a few hands clapping. Then indeed we would like a good crowd. "Middle-class Americans tend to think that you need lots of space and privacy and separate rooms to get through life," Freedman observes. "Yet many studies supported by the United States government to find out what happens when people have to live in very small spaces for a long time have shown that in fact people function very well in small spaces. In one, by S. Smith and W.H. Haythorn, groups of two or three were confined to either very small rooms or rooms three times as large, both with only one entrance. Whether there were two or three men confined, those in the smaller room got along better. Human beings are wonderfully adaptable."

There was a time when "home" meant "a house." Not just any old house, but a very specific house, preferably many-storied and square, with pillars in front and some or all of the following inside: A Foyer, A Living Room, A Den, A Kitchen, A Dining Room, A Breakfast Room, A Master Bedroom, A Guest Room, A Bathroom, Another Bathroom (The Powder Room) ... Although the rooms in this house (which I'm sure I'm not alone in having grown up coveting) did not have labels on the doors, they might as well have. And within these rooms there were pieces of furniture which also did not have labels, but which were, nevertheless, destined for very specific, unalterable functions. This cabinet for silverware and china. That desk for letter-writing. The closet over there for linens only.

But there is overcrowding. Higher building costs and smaller spaces mean one room has to do more—the kitchen is a dining room, the bedroom an office.

By Caroline Seebom
increase, plus rising labor costs and rising other costs, has dramatically raised the cost of building a house today. As of August, 1974, the median price for a one-family house was $35,700. Exactly 2 years later, it was $43,900. Although the median square footage of homes sold this year is larger than in the past 2 years, Ken Jeremiah of the National Association of Home Builders points out that these figures are deceptive. Houses available for sale, he says, are generally smaller this year than previously. But houses actually being sold are purchased by affluent people who choose the biggest homes on the market.

In rentals units, meanwhile, the trend is towards efficiency or one-bedroom, rather than two-or three-bedroom apartments. One reason people are renting smaller spaces is, of course, shrinking budgets. But, according to Jeremiah, shrinking population also has something to do with it. "Because more women are in the labor market," he says, "and because of increased awareness of population-growth pressure on economic resources, families are having fewer children. So the demand on one-bedroom units will continue to increase, as the demand lessens for larger apartments."

And so, in order to get the most out of our reduced environmental circumstances, "multipurpose" is the trend—the catchall phrase for the design industry's current effort to stretch space in every way, shape, and form. As space becomes minimal, its uses must be maximized. Every designer's favorite household quote—"less is more"—takes on new urgency. Less now has to be more. So acutely are designers aware of this fact that they begin to sound less like designers and more like semanticists of the Space Age—which, indeed, this is, and not only in Star Trek terms.

"I make spaces," says New York designer Angelo Donghia. "I say, 'Let's just call this The Living Space.'"

"Living room? We never talk about living rooms anymore," explains Pennsylvania designer Irwin Schoen. "We refer to living areas."

"Room" implies boundaries; "space" or "area" does not. "Let's throw away the rules and laws and let spaces be whatever they turn out to be," says Angelo Donghia. "I can see the whole house exploding in front of me!" says New York architect Michael Kalil.

In fact, the concept of multipurpose space is nothing new. As anthropologist Edward T. Hall points out in The Hidden Dimension, it wasn't until the 18th century that rooms had specific names and functions and were set up to open into halls "like houses into a street." Before that, "there were no spaces that were sacred or specialized. Strangers came and went at will, while beds and tables were set up and taken down according to the moods and appetites of the occupants."

Nowadays, too, people are becoming more open. Although everyone has a need, at one time or another, for privacy, the human potentials movement (est, encounter sessions, "group," be-yourself-above-all thinking) has made people less needful of façades to retire behind. People may want to be alone sometimes, but they also want to be together more frequently. Continued on page 148

Decorating for apartment living

Living room plus in Boston: A young student turns a renovated apartment into a charming space for living, dining, and casual entertaining, with a cleverly organized corner study area

A multipurpose room is the only kind that could respond to the active life of a student doing graduate work at Harvard. She wanted "something not too put together," and since she lives with a personable golden retriever, the decoration by William Hodgins had to be reasonably practical. She loves to cook and put on last-minute suppers, have friends drop by at any time. The room adapts to spontaneous parties, but fulfills equally well its role as a quiet place to study. In the working corner, existing bookshelves were extended up to the ceiling on either side of a window. This improvement adds a sense of height to the room and helps disguise a badly proportioned window, opposite for right. A tortoise-shell shade pulls down from the ceiling to make the window appear to be tall and elegant.

Taupe Ultrasuede sofa, opposite, set on an angle, leads people around to the dining and kitchen areas. Goat-skin parchment table has a pull-out backgammon board. The rug is a hard-wearing durrie. Behind the sofa, an 18th-century cupboard stores the overflow of books.

Beadle
The country-in-town feeling of brick and wood; a casual plan for fireside get-togethers

The living room plus—a smashing, big, opened-out space on the top floor of a Boston brownstone—was once a medley of servants' rooms and attic storage. Its brick walls, oak floor, high, raftered ceiling and wall of sliding glass doors to a big terrace are all modern architectural renovations put in by a building contractor who remodeled the house into apartments. The country-in-town feeling of brick and wood was just what the young student wanted, and she asked designer William Hodgins to create "a casual look with lots of space and no clutter." The palette of rustic browns sprang from a French chintz that now covers a fireside armchair. Hodgins suggested country oak furniture "because it stands tough treatment and looks good." With the English antique table, they liked the idea of an assortment of American Chippendale country chairs. "None of them match, that's the point," Hodgins says. "It keeps the room casual. Matching chairs belong in formal dining rooms." Each seat has a tie-on pillow in a brown and beige print that won't show party damage. Very often, ten sit down for a supper of "simple, healthy food." When there are more, a buffet is set on the table and everyone sits around casually. Big pillows make extra seating around the fireplace. When the hostess is actually cooking, guests gravitate to the kitchen end of the room, where an old hope chest serves as a drinks table in front of a comfortable white linen-covered sofa. The kitchen, a U-shape recess off the main living space, was originally dark and gloomy with brown wooden cabinets. It's now transformed with forest-green paint on all the storage units and even the refrigerator. Butcher block covers the countertops, encouraging the cook to prepare tasty fish dishes, "lots of fresh vegetables and salads, fruit pies." If it sounds as if more fun goes on here than studying, that's often the case, the student readily admits. "This room is so pretty, it's distracting," she laughs. Occasionally I find that I have to go to the library to do my work.

Sturdy, country oak table, left, for easy entertaining. "The room needed fabrics and furniture that you don't have to be too careful about," says Hodgins. In the kitchen, above, a red lantern swings overhead. Beside the fireplace, below, a painting by David Preston.
Decorating for apartment living

**Living room plus in San Francisco:** A woman trades a big house for an apartment with space that works for entertaining 6 or 60, and a bedroom that’s her own private world.

EXTRA SEATS KEPT UNDER TABLE

Pull-out seating under a white console. Ottomans have bamboo legs, leather cushions. Oriental sculpture on tabletop is kept to a minimum. “If a room is good, you don’t need little cosmetic touches,” says Dickinson.
The transition from large house to apartment calls for sympathetic adjustment to space. Where you had three or four rooms before, you may have to compensate with a single, dramatic living space. And that's what happened here. The woman who owns this apartment decided to simplify her surroundings and make living easier on herself. But she didn't let the size of an apartment inhibit her zest for entertaining. To make the living room plus work for up to 60 guests, interior designer John Dickinson organized three areas and eliminated clutter. An adjoining bedroom is equally multipurpose.
Turn one area into a space for playing cards, one for sitting comfortably, and one for dining. The sitting area, above, is defined on two sides by facing sofas. To avoid monotony, designer Dickinson took off an arm and half the back of one nearest the windows. Now it looks like a chaise, and can be sat on from either side. Two bamboo-framed armchairs mark out the third side of the square.

HENRY CLARKE

The modern box-shaped apartment offers a challenge to interior designers. For this L-shaped living room plus, John Dickinson designed special furniture and softened hard-edged lines with fabric, to meet the client’s wish for “something soft, comfortable, understated, and subdued.” She already had an off-white living-room carpet, and to go with it, she and Dickinson chose brown-on-beige geometric design tapestry, which now coosens the space, covering all the walls. The fabric splurge continues over two king-size sofas and five screens, strategically placed beside the windows. Fixed by bolts to the ceiling, the screens provide an architectural element and serve in place of curtains. “It would be silly,” observes Dickinson, “to close out this top-floor view.” Plain linens in rosy pink, bamboo beige, and white upholstered chairs. Other furniture is white. Total effect: a serene pastel scene. In contrast, the sitting bedroom is alive with pink peonies that ramble over walls, bed, and windows. It’s peaceful, relaxing—and it also doubles as an alternative dining area when extra tables are set up here for dinner or afternoon tea.

HERE’S HOW TO PLAN THREE ROOMS IN ONE

Brilliant storage ideas in this sitting bedroom. John Dickinson fitted a 19th-century French armoire with drawers, above, for small items. Behind mirrored doors is a whole wall of built-in storage, with compartments and drawers for clothes, shoes, purses, hats; shelves for the TV and stereo.
A MIRRORED CLOSET WALL TO ADD STORAGE, DOUBLE SPACE
How much decorating can you get for $2,000? $5,000? $13,000? How can you squeeze out a little more style per dollar? Three idea-packed rooms—same space, three different looks—show exactly how

The living room plus on a budget

FOR FLEXIBILITY AND COLOR

To make your own room attractive, starting with a $2,000 budget, “think function first,” says designer Gary Crain, “then line and color—bold as it is here, or even beige and bone.” Since most contemporary buildings are designed for mostly one-room living, dining, and entertaining, the living room plus here—in the Rivercross apartments on New York City’s new Roosevelt Island community overlooking trees and water—is full of quick-change furniture and ideas a carte-blanche budget couldn’t improve on. Here, the furniture is all from Workbench, mostly foldaway for open-out space. The lines are simple, and it all has a future. The sofa is modular, making it easy to deal with the typically—small elevators. There’s storage—wicker baskets, a stacking plastic column, bookshelves. And a dining table and chairs that fold away when they’re not wanted.

Put your money in flexible living

Sofa modules: 2 corners at $125 armless, $100 $350. Cocktail table 145. 2 slat end tables 50. 6 chairs at $17.50 105. Drop-leaf dining table 115. 4 “Stuns” chairs, $75 each 300. 2 “Stuns” ottomans, $55 each 110. 5½ column stacking units at $20 the double unit 110. 5 bookcase units at $66.33 for 3 or more 331.65 2 floor lamps at $35 70. 2 white clip-on lamps at $22.50 45. 3 wicker trunks, total 147.94 3 nesting wicker suitcases, total 30.94 2 baskets on cocktail table at $6.98 13.96 Square sewing basket 15.98 2 square open baskets at $3.49 6.98 2 baskets for ferns at $4.96 9.92 Square-based basket 8.98 Plastic tray, bowls 43. Fruit basket 2.49 Arakawa poster 90. Ellsworth Kelly poster 70. 2 Sisal rugs, 9 by 12 feet, at $159 318. Fabric for shades, 12 yards at $6 a yard 72.

$2,566.88
Attention to the floor and walls can change the whole space, stretch a room, open it, make it live the way you want it to. Here the space itself creates the atmosphere, and a great deal of the budget went into shaping it, with one fully mirrored wall, a window-wall entirely sheathed in do-it-yourself vertical blinds, from LouverDrape and a white vinyl tile floor. The result: a living room plus with its own garden gaiety, with light controlled, directed, varied, reflected, to welcome daylight or sparkle with nightlife. "On the end wall is an antique quilt, Sunflower Medallion, that brings," says designer Gary Crain, "a hundred years of tradition into a very contemporary room." There was enough money left for one really good piece of furniture—the sofa, sectional (those elevators again) and white, a color that seems to expand space and affirm luxury. The eight sections provide almost all the seating except wicker dining chairs. Laminated console, an interesting inverted pyramid, and coffee-table cubes are clean-lined and flexible, serving wherever they are placed. The floor is a relatively inexpensive Good-year self-stick vinyl tile that, if you do stick-it-yourself, eliminates installation costs. The pillows—these, like the Flair sofa, come from W&J Sloane—could be covered at home to provide greenery for the light-laced room. Plants are not included in the budget—but an apartment garden, like any other, is a collection that can start small and grow year by year.

Put your money in the background
Sectional seating $1682.
Dining table: white laminate column with circular glass top 399.
4 white rattan chairs $119 each 476.
White laminate cube tables at $59 236.
White laminate console table 179.
Antique quilt from Thos. K. Woodard 460.
4 green pillows, $39.50 each 158.
Green plate 89.
Two triangular chrome standing lamps 110.
Two oval wood boxes 66.
Two black lacquer boxes at $20 40.
Baskets for plants and trees 25.
Green pottery bowl 24.
Vertical window blinds, at $2.25 a square foot 572.63
Mirror installation on a 12-by-6-foot wall 700.
Self-stick vinyl tile, 308 square feet at 59¢ a square foot, owner installed 181.72

$5398.35
If you build a room around a few fine antiques, you'll have a room with a past—and a future

This apartment, with the biggest budget of the three, is nevertheless the result of some very clever shopping. It is a living room plus for people who plan to be here for a long while and who, therefore, want furniture with a future. Furniture with a future is frequently furniture that already has a past—antiques: The cabinet is French 17th-century, the dining table is a careful reproduction of an Early American one: both are pine, both bought on sale. "Most fine department stores have sales on good furniture perhaps twice a year," says designer Gary Crain. "It just makes sense to take advantage of them." To find just the thing you can really love, at a price you can love too, you must be willing to wait. Patience, and persistence, pay off. The rattan chairs are reproductions of Chinese Chippendale, and the carpet is a sturdy durrie, well on its way to valuable venerability. Once you have everything, color your room to complement it, like the blue here, to set off warm old wood and a wonderful rug. The sofa here is modern, but classic in line. Like all furniture except the red parchment nesting tables, it's from Bloomingdale's. Curtains and dining chair cushions are homemade of China Seas ikat-like cotton. The awkward spaces at each side of the windows were filled with wallboard above the ledge. For the walls, graphic art from Poster Originals—one to pin up, one that comes already framed (if you frame most of your art yourself, it saves money).

Put your money in good antiques

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<td>Sofa</td>
<td>$1535.</td>
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<tr>
<td>Armless upholstered chairs</td>
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<tr>
<td>Ottomans</td>
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<tr>
<td>Cabinet/hutch</td>
<td>$2500.</td>
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<tr>
<td>Durrie rug</td>
<td>$3500.</td>
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<tr>
<td>Dining table</td>
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<tr>
<td>Nest of red lacquer tables</td>
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<tr>
<td>Rattan dining chairs at $175, with your own cushion</td>
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<td>Floor lamps, each</td>
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<td>Table lamp</td>
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<td>Octagonal wicker trays</td>
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<td>Basket box</td>
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<tr>
<td>Green jug</td>
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<td>Wood cheeseboxes at $27.50</td>
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<tr>
<td>Oval red lacquer bowl</td>
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<tr>
<td>Black plate</td>
<td>$20.</td>
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<tr>
<td>Amish broom maker's basket</td>
<td>$55.</td>
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<tr>
<td>Clear glass vase</td>
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<tr>
<td>Diane Love plate</td>
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<tr>
<td>Tree baskets, $15 each</td>
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<tr>
<td>Fabric for curtains, and for dining cushions 28 yards at $18 a yard</td>
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<tr>
<td>Antique quilt</td>
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<tr>
<td>Botanical print, unframed</td>
<td>$10.</td>
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<tr>
<td>'Mostly Mozart,' poster by Gene Davis complete with frame</td>
<td>$275.</td>
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</table>

$13,426
DESIGNER GARY CRAIN GIVES YOU 7 WAYS TO MAKE THE MONEY LAST

Gary Crain says,
1. "Simplify! Keep the room pared down, and use bold but simple furniture." The cleaner the room, the more elegant the look.
2. Plan your room very carefully. Scout stores to see what furniture and fabrics are available in what colors. Then buy wall paint to go with them.
3. Buy furniture that serves more than one purpose—like a table that works for dining, studying.
4. Invest in one or two really good pieces that you'll want to keep forever; combine them with less expensive furniture.
5. Look for inexpensive museum posters and prints. Mounted or matted (framing is usually expensive), they're next best to the real thing.
6. Look for sales. Most furniture and department stores have end-of-the-year or special holiday sales. It pays to take advantage of them.
7. Use your own two hands: "Install floor tiles, build bookshelves, sew your own curtains, and paint what you can."

COLOR AND FLEXIBILITY

Take a room with a view, add simple shades to let it all in, foldaway furniture, straightforward storage. Color it all colors, and you have a bright place for living, working, and playing.

SPARKLE AND LUXURY

Take a room and turn it all white, with mirrors to reflect the view, the light. Pay attention to walls and floors, so furniture, carefully chosen, becomes pure luxury.

FURNITURE TO COLLECT

For excitement, search out the new: Lamp, below, at Bloomingdale's. Lacquered parchment tables by Roe Kasian, late January at Lord & Taylor, New York; smaller sizes, Woodward & Lothrop, Washington, D.C.

Where cleanliness of line is important, there is nothing like a square. Cubes for cocktail tables are useful anywhere furniture. Self-stick Goodyear floor tiles are easy to apply, to keep. They laugh at some of the city realities and at the same time are crisp sophistication underfoot, an elegant and elegant alternative to carpet.

EDWARD OLEKSAK
organizes space like bookshelves. Other savers: table that folds to 8 inches wide; that can be hung. More storage, a compartmentalized plastic stacking column.

One thing about beautiful backgrounds—they make people more important. For middle-budget decorating, Mr. Crain believes that money is best spent on a few spectacular ways of setting them off, like a wall of mirrors, each set on a few—a very few—good pieces of furniture, the beginnings of a collection to be proud of. The background comes forward when the table is set for dining with friends. It's not in the budget—but good things for the table are other items that can be added piece by piece.

"Blue Strawberries" china from Portugal, by Block, decks the dinner table. The table is pine, the kind that's nice to see with dinner, in a square and sturdy primitive American shape, good for small parties or for populous buffets. "You want to make it," says Mr. Crain, "so that it's nicer to be in the apartment than to be out of it." The room will even serve for a work-at-home office, with adequate, even ample, desk and drawer space. All the flowers are by Ronaldo Maia. The table setting is from Bloomingdale's.

An office with a view: home work on an off-duty dining table.
Grow crops on decks, terraces, window sills. A movable garden of edible plants is a delight not to be missed—good to look at, and, later, good to eat. Vegetables are doubly decorative in handsome containers, but even a bushel basket lined with perforated plastic can serve as a mini farm. Plants are easily grown from seed. (These are all from Burpee seed, started indoors, moved out after frost.) Container growing varies little from ground growing, and, in fact, is easier. You don't have to battle weeds, and if insects attack, you deal with them selectively with sprays, or just a hard rinsing with water. Ideal potting soil is lightweight and quick draining, often a combination of peat moss, vermiculite, and perlite. While 1 cubic foot of garden soil can weigh 50 pounds, packaged peat-lite poses no problem for the back or for balcony or rooftop either. And it's reusable. Small vegetables need a depth of 6 to 8 inches; large ones, 12 inches or more. Because a container's capacity is small, frequent watering is a must—once a day in bright weather. Frequent watering washes out nutrients, so feed vegetables every week. Leafy vegetables need a high nitrogen fertilizer; fruiting plants like tomatoes need low nitrogen. If you keep clay pots on wooden sills or floors, plastic discs or rubber or glazed saucers will prevent stains. On a sun-baked surface, boards under pots keep roots cool.

BEST TO GROW (according to National Garden Bureau)

**ALL HERBS**
- Brussel Sprouts
- Cucumbers
- Eggplant
- New Zealand Spinach
- Peppers
- Swiss Chard
- Tomatoes
- Lettuce

Next best
- Beets
- Cabbage
- Carrots
- Cauliflower
- Kale
- Kohlrabi
- Mustard
- Greens
- Onions
- Radishes
- Spinach
- Bush Squash (Zucchini)
- Turnips

Less practical
- Beans
- Peanuts
- Peas
- Pumpkins
- Vining Squash
- Corn
- Okra
- Sweet Potatoes

Container vegetables need at least 6 inches of soil in pots with good drainage, plenty of sun, protection from wind, daily watering, weekly feeding.

Container vegetables save you space, time, money. Weeding is minimal, plants grow from seed, and your harvest is edible.

Vegetable patch? Plan a flowerpot farm
Small space is no excuse not to have everything you want in your garden—brick pathways with sit-on walls and steps, pools, a dining greenhouse, a hammock under a grape arbor, a birdhouse—all in 25 by 55 feet.

Once this backyard was a level patch of ivy surrounded by a concrete walk. "Boring," says Tom Pritchard, architect and garden designer. "You could see the whole thing at a glance. Now there are paths to explore, and when you get to the end of the garden there are three ways to come back to the house." The garden has become visually and physically bigger. You walk down a narrow path and by comparison feel you have come into an enormous clearing when it widens. By varying the widths and levels and deliberately setting up obstacles to create small green rooms, the designer multiplied the space. The garden is ample for a party of 250 people. "Incidentally," Mr. Pritchard says, "We didn't take any soil away or bring any in. We just rearranged it." Because the garden is hemmed in by neighboring backyards, a fence seemed essential. This fence gives privacy, but does not wall you in. There are cutouts for air and light—with matchstick blinds—illusions of windows and doorways. In city backyard, right, beds of ivy, above, are all that remain of original flat garden, now multilevel with trees, pools, and summing pots of elephant-eared Alocasia, New Guinea impatiens, Euphorbia splendens, papyrus-like Cyperus alternifolius, palms.
Plan

1. Greenhouse
2. Terrace with hemlocks
3. Kitchen roof
4. Stairs with pot plants
5. Ramp between upper and center terraces
6. Birches
7. Cherries
8. Fence
9. Birdhouse
10. Ivy
11. Pools
12. Grape arbor and hammock
13. Shelf garden
14. Dining terrace
15. Ferns
16. Alianthus tree

Water garden, one of three, grows water lettuce, *Pistia stratiotes*. Pools are epoxy-coated and two are fitted with Little Giant pumps.

Tom Pritchard, above right, and William Jarecki, left, share this garden near their Madderlake plant shop in Manhattan's Greenwich Village. (They will soon open a new shop at Bonwit Teller.) They specialize in plants that thrive in city conditions but, as Mr. Jarecki puts it, "Within a plant family that we know is good for apartment growing, we try to bypass the more common varieties. If someone wants a large philodendron, we might suggest *Philodendron elegans.* We like plants with character." Mr. Pritchard is also a partner in the architectural firm, Pritchard-Swartz Associates, which designed the garden and shops. "Horticulturally and architecturally," he says, "what we're really interested in is problem solving, finding the most intelligent, attractive, livable answers for people who care about living with plants." Their original store, like their garden, has rough wood walls, a small waterfall, uncommon plants, and is a place you'd like to live in or give a party in. It's a gathering place for plant buffs, and even the windows educate. Passersby might see a grouping of 15 kinds of fern or 11 kinds of *Ceropegia*—all with botanical labels and growing instructions.

Shelf garden in cedar fence screens neighboring view without blocking breeze. In summer it holds part of begonia collection of 150 varieties, some gesneriads, and other plants on holiday.

Hardy and tender ferns grow in a raised bed shaded by ailanthus tree. A mulch of moss covers pots and ground, holding needed moisture.

Greenhouse, above, for dining amid ferns and flowers, is also home for pet parrot. Movable pot plants, left, from Madderlake shop add color in each season to shady steps and garden.
splendid phoenix risen from semi-ruin, the Samuel Whitehorne Museum was built in 1811 as a town house for Mr. Whitehorne, a prosperous shipowner. He was his own architect, and a good one, who worked with Newport's carpenters to get a strong but elegant house in the Federal style. Sadly, it was never finished. Two of the Whitehorne ships were lost at sea, the house was abandoned, sold at auction, and turned into a polyglot of apartments with a shop on the ground floor. In 1967 it was acquired by the Newport Restoration Foundation, and in 7 years it was ready for public view. Superbly furnished, it is also beautifully livable—one of the few museums than can say, "come in, please, and stay!"

Above left: Doris Duke, Foundation president, who worked personally on the restoration. Above the restored facade. Far right: front parlor, glorious with mahogany desk and (insert) chest on chest by Goddard, both with famous carved-shell motifs.
treasures from around the world enrich a Federal-style house

The Whitehorne House has 15 rooms, some grand, some simple. Since there were no plans to go by, Miss Duke says she and decorator Leon Amar "skinned the house down to its original structure—and used our ingenuity—to get stairs and windows where they belonged." And they combed the countryside for Newport furniture to fill the rooms. In the 18th century, Newport, along with Philadelphia, Boston and New York, was the home of some of the greatest cabinetty ever made in this country. Two leading families of designers, Townsend and Goddard, together established a style that was, and is, unique. Its earmarking motifs were the carved shell surmounting a blockfront panel, the ogee bracket foot, cabriole legs, fluted and reeded legs, claw-and-ball feet, and paw feet. Despite its elegance, however, the furniture was meant for everyday use, not for showing off. Today it's very rare: luckily, impeccable reproductions by Kittinger (there are some in the house) are widely available. The Newport style has become an 18th-century momento that anyone can possess, admire, and dust.

Opposite page and inset: The dining room, brilliant with Chinese hand-painted wallpaper—a reproduction, but a faithful one. A Spanish mirror reflects the glitter of an Irish crystal chandelier: table is a signed Townsend piece; carved arch and cornices rescued from oblivion were under remodeled partitions. China: Canton Rose Medallion and Canton Famille Rose.

Left: a Goddard kneehole desk. Above: a tester bed by Goddard, circa 1710, with a coverlet of Indian palampore.
One of the most refreshing aspects of the Whitehorne house is the way it changes moods. One has only to climb the stairs or walk down the hall to find small new worlds that have nothing to do with the impressive sheen of the main rooms. The furniture changes. Always the best of its kind, it becomes simpler, more down to earth. Maple and pine replace mahogany; pewter takes the place of silver. The wallpapers, although they remain true to the period, are gayer, less formal. There is even a note of whimsy in the air, evoked through wonderful old quilts, collections of baskets, amusing old corks, hooked rugs, needlework. These are signs of a way of life that was built out of the best of two worlds, the elegant and the practical, a way of life not at all impossible to emulate today.

Inset, above, whose most valuable occupant is a slant-top desk made by the Townsends. The alcove bed, right, all pattern: flowered arabesque wallpaper, harlequin quilt, and an extraordinary pillow of hooked wool, needlepoint, and appliqué.

Inset, below: Another bedroom with its jewel—a Townsend chest made before 1750. Far right: The winter kitchen: pine and maple furniture, and (in inset) a pantryful of old kitchenware worth a collector's detour.

The Samuel Whitehorne House is open to visitors by appointment only, Thursday through Monday, 10-12, 2-4. Admission $2. 416 Thames St., Newport, R.I. (401) 847-2448.
It was a tall order. The owner wanted a house with a feeling of openness (but with privacy), big rooms, and a great sense of style. All on a $30,000 budget. Architect Peter Hoppner accomplished it. Built two years ago, the handsome 1,100-square-foot structure cost $29,200—not including the cost of the land ($4,800) or a ground-level terrace added later (another $1,200). Here’s how he did it:

HE KEPT THE SHAPE SIMPLE. Complicated forms are expressive and beautiful, but they are often expensive to construct. This house is a single box, 20 by 36 feet, and 27 feet high—simple but by no means uninteresting.

HE CONCENTRATED ON SURFACES, with big glass doors and windows. Raising fixed-glass windows above floor level permitted use of less costly untempered 1/8-inch glass (without solid framing such glass would be susceptible to wind damage—as it is, it has survived one hurricane already). Windows are angled together at corners, right, which nearly doubles the view of the woods. Exterior siding is inexpensive-grade cedar punctuated by a balcony that visually emphasizes the door, far right.
USED THE HEIGHT OF THE HOUSE TO MAKE SMALL SPACES SEEM LARGER. Opening onto the odd, the glassed-in living room feels bigger than it really is, largely because of its double-height ceiling and windows stacked one on top of the other. The exposed round chimney—dark against the all-white walls—also towers to the full height of the house, above. For building materials and equipment, see page 108.
HE TURNED THE STAIRCASE INTO A SOURCE OF VENTILATION. The continuous staircase, rising gracefully from ground floor to rooftop, works like a giant flue to remove summer heat. The glass doors are placed strategically across from the stairs to ensure proper ventilation year-round. The stairway's gradual upward flow—from living room past huge glass windows to the outdoor roof deck (see photo preceding page, lower right)—makes an exciting "progression out of a mundane architectural element," Mr. Hoppner says.

BECAUSE OF THE CLEVER VENTILATION, HE COULD DO WITHOUT WINDOWS THAT OPEN—and there aren't any except for two artfully placed in the bedroom, above, and one each in kitchen, left, and bath. Fewer operable windows save construction costs.
more inventive living

E created "room spaces" instead of rooms. With the exception of the enclosed bedroom and bath, the house is a series of spaces that flow together, yet are well defined. The dining room, for example, opens onto kitchen and living room, but it is clearly defined by cabinets, kitchen counter, and fireplace, above. Low ceilings in the kitchen-dining area contrast sharply with the double-height living room to further separate the two spaces. On the fireplace, two Dogon pottery figures on the wall beyond, a Ralph Humphrey painting. Plan, above left, shows rear view of the house with ground level terrace opening from living room and rooftop deck.

Even put the roof to work. The rooftop became "a private place for sunbathing and catching the breeze—something not normally done in small houses on small lots," Mr. Eppner explains. This deck, above, is enclosed by a wall of solid cedar siding, token on the street side by a large unglazed opening. Facing the private wooded backyard, the deck, at treetop level, is bound by a low parapet that permits a "sur-gate ocean view...the rolling green treetops go off uninterrupted to the horizon."
What does Billy Baldwin, who has designed a dazzling array of houses over the years with rooms as big as ballrooms, do when faced with a space as small as a Nantucket fisherman's cottage? It's his own private hideaway, with a living room barely 15 feet square, the bedroom not much bigger, two tiny bathrooms, and a hallway—"the most important architectural element in the house," according to Mr. Baldwin—separating the two main rooms. Baldwin's first law of small spaces is, "paint everything the same color (in this case it's white; in his one-room apartment in New York, it's dark brown)." But he has other hints as well: "Use blinds (here, painted white) instead of curtains. Place large mirrors in strategic positions to reflect space. Use color and patterns sparingly; and concentrate on uncluttered furniture. When you're living in small spaces, the thing to remember above all," says the decorator, "is to SIMPLIFY.

Billy Baldwin talks about decorating for small-space living

Tiny Nantucket cottage, above, with spacious interior by Billy Baldwin. Airy living room, right and right top, with Baldwin daybed and slipper chair covered in off-white cotton fabric from Nantucket Looms; custom-made bleached oak chest with brass-framed mirror above it; white Formica tables; Karl Springer movable telephone table; paintings by Nantucket artist Keith McDaniel.
In Mr. Baldwin's simple office, above and right, the right wall is all storage. He even gets mileage from the ceiling, where he's hung an old map of Nantucket Island. The bar, top right, tucked away at the end of the hall, with storage drawers beneath. Opposite the front door, right, umbrella stand with colorful umbrellas and English brass watering cans. Bedroom, far right, with black lacquer Louis XV table between the beds with book basket beneath; brass horse silhouette on chest. Outside, below and opposite page, bottom, wooden outdoor furniture, locally made wind chimes, roof trellis for eventual roses, carved deer head originating from a French inn.

Billy Baldwin's tiny bedroom is enlivened by the large but simple pattern of the sheets he has just designed for Wamsutta. Otherwise the room is all beige and white, with touches of brass, as is the living room. In an alcove off the living room is a tiny office, top left. The bar, top right, is in the hall. "Small-space dwellers must learn to be meticulously neat," says Mr. Baldwin. "Everything has to be in its place. People on boats also know this discipline. Find storable furniture—I have folding tables to eat on, for instance, and a stool that tucks under my desk." To entertain, Mr. Baldwin moves outside, left and opposite page, bottom, where guests enjoy lunch under the shade of the maple tree. His little garden always has something in bloom—all year round. Wamsutta's 100 percent cotton sheets "Elevation" collection designed by Billy Baldwin available in stores now.
Look what you can get in an 11-by-15-foot space

Super Kitchen

What's in it
- Storage: 123 cu. ft.
- Easy-care laminate surfaces inside and out
- Dishwasher with energy-saving dry cycle
- Refrigerator-freezer with energy-saving insulation and anticondensation
- Quick-cooking microwave oven
- Grill-range with energy-saving convection oven
- Cook-work.Serve peninsula
- Dining space
- Greenhouse wall
- Laundry center
The secret of our 1977 Super Kitchen is a wide-open look in what is actually super-tight space. Every inch, every detail, is designed to do double duty—to work in a house or apartment whether you're remodeling or building from scratch. Super Kitchen's architects, Stephen Potters (at the table) and Tod Williams, designed the kitchen around a new group of cabinets by St. Charles, all compartmented to give you a head start on storage, and completely covered inside and out with easy-care Formica laminate and panels.

Reflected in the mirrored wall behind the dining table, a supper party to celebrate Super Kitchen '77. With the designers, Mrs. Benita Potters, and Devon Fredericks, who prepared the meal right in the Super Kitchen. For all the little kitchen's big ideas, turn the page.
Super Kitchen '77

Concentrated space is the key to making every inch of this kitchen function logically and efficiently. And yet . . . "there's an apparent generosity of space for a casual, comfortable feeling," says Tod Williams, one half of Super Kitchen's design team. The kitchen is intended to be the action center of the house or apartment. And it gets plenty of action. The outdoor entrance opens immediately onto a combination laundry-greenhouse-mud room, opposite page; open shelf doubles as counterspace for folding clothes, potting plants, groceries. A wall of real greenhouse glass lets the sun pour in through the top. Up two steps and into the main area where a 10-foot Formica laminate-topped working peninsula divides the kitchen in half—one half for cooking, the other for dining. The peninsula, right, contains a Jenn-Air drop-in electric grill/range with an energy-saving convection oven. To each side of the range, ample work space for food preparation and serving—counterspace extends down to the laundry. Pullout storage drawers at the peninsula's base are deep and roomy for baking equipment. On the dining side of the peninsula, a built-in toaster by Modern Maid.

Potatoes bake in 6 minutes in the microwave oven. Topping by Devon Fredericks, a professional cook who also does food for parties: in each potato, a pat of sweet butter, 2 tablespoons sour cream, and "as much caviar as your conscience tells you." Shopping information, page 108.
center of the house
super storage

Step-saving storage plan uses every inch of storage space. To the left of the double-compartment Elkay stainless steel sink is their food center—a recessed motor that powers eight appliances from blender to meat grinder—and in the same corner a curved swing-out shelf that holds the food center's accessories. In the same corner as the laundry, a cabinet with pull-out shelves stores washing products and gardening tools for the Lord & Burnham greenhouse wall. A drawer under the Jenn-Air range holds its accessories.

Laundry with greenhouse ceiling

Baking storage drawers in peninsula

Near baking storage, baking work surface

Nu Fon food preparation center with blender

Water Pik filter, Kitchen Aid hot water

Storage cabinets: pantry, utility

The cabinets, an extra 13-inch-wide shelf, lost circles the room. Color leads the eye and the kitchen, too. Against walls of Drucilla's House & Garden Creamy Apricot with a trim, two tints of colors—Formica's Lamitwist and Tahiti Orange—alternate on St. Ives cabinets and the front panels of the Whirlpool washer and dryer, the Magic Chef refrigerator-freezer customized to match the cabinets and counters. The Formica high-pressure laminate used on the countertops and vertical orange surfaces and new, low-cost Formica "MCP" are all in just a few colors—were used for vertical surfaces and all cabinetry interior. Lighting comes from downlights, undercabinet fluorescents, all by Thomas. Kentile slate-tiled, oversized, vinyl floor tiles. Tablecloth, Schindler fabric.

Ensula, right, splits kitchen. dining side with Verona, wall, action side with greenhouse. Far left: Modular greenhouse comes in to fit any space. Left: china above Tappan microwave oven, storage drawers below. Shop information, page 108.
The new KitchenAid Superba is a very thorough, very forgiving dishwasher.

That's because it has some very practical improvements that let anybody load it practically any way they want to and still get everything clean. Even pots and pans.

**Load-As-You-Like washing, a series of improvements.** These improvements are the basis for the new Load-As-You-Like washing system. They combine washing arms above and below both racks for all-around cleaning action, with an adjustable upper rack and fold-down prongs for easier loading. There's even a Soft Waste Disposer that eliminates the need for pre-rinsing, even on pots.

**The new KitchenAid is even better.** Loading a KitchenAid has never been easier, and cleaning with a KitchenAid dishwasher has never been better. You'll like it. No wonder people who own dishwashers say KitchenAid dishwashers are the best.

**People say it's the best.**
Great spiced pear tart plus step by step to a party supper
Meal-making ideas from the freezer
50 great tips for freezer storage from top cooks

By Jane Ellis

"One bag for Cheddar and Swiss-type cheese, another for Parmesan."

Fresh ginger

Shallots: "By accident I discovered that shallots sealed in a plastic bag freeze well. When removed, peel and chop within 3 minutes, or they mush."

Maurice Moore-Betty

Runs one of the country's best cooking schools and author of The Maurice Moore-Betty Cooking School Book of Fine Cooking (Arbor House)

Chicken, beef, veal, and fish stock

Chicken breasts

Baking chocolate

Whole-wheat pita bread

Egg whites (frozen separately in individual plastic ice-cube cups)

Fresh frozen fruits—raspberries, blackberries, currants

Peach purée for puddings and ices

Fresh unblanched tomatoes: "Tie separately in plastic bags. Perfectly good tomatoes for sauces in winter. Easy to store once frozen; they're like tennis balls."

Brown sauce

Butter and capper balls: "Blend roughly chopped capers with softened butter, roll into balls; good in hamburgers."

Frozen desserts—tortoni, Grand Marnier mousse

Cheese soufflé, ready to cook: "Ready for the oven in a Corning Ware glass dish. If made in a ceramic dish, leave out of freezer 1/2 hour before cooking. Cook frozen soufflés twice the usual time."

Vodka: "to keep it cold and viscous."

James Beard

James Beard's new book will be James Beard's Theory and Practice of Good Cooking (Knopf)

Nuts: "They last much longer."

Meat steaks from eye of the rib and the eye of the rib roast: "Good for emergencies and for my new diet regime. I buy them frozen from Omaha Steak Int., 4400 South 96th St., Omaha, Neb. 68127."

Basil leaves: "sealed in a plastic bag."

Smithfield and country ham bits: "I trim little bits of fat, rind, and gristle from the meat; useful for flavoring soups, vegetables. The fat is marvelous for covering a fillet when roasting to add flavor."

Unbaked flan shells: "wrapped in saran to bake frozen for unexpected entertaining."

Marcella Hazan

Author of The Classic Italian Cookbook (Knopf), now working on a new cookbook due next year

Pesto: Make pesto in the blender, combining 2 cups fresh basil leaves, 1/2 cup olive oil, 2 tablespoons pine nuts, 2 cloves lightly crushed garlic, and 1 teaspoon salt. Blend well. Put in jar and freeze. Thaw overnight in refrigerator, then beat in by hand 1/2 cup freshly grated Parmesan, 2 tablespoons freshly grated Romano peccorino cheese and 3 tablespoons softened butter. Gives the pesto a fresher flavor. Just before serving, thin pesto with a tablespoon or so of hot pasta-cooking water. Serves 6.

Homemade broth frozen in cubes: "Can be used for quick meal by adding Passatelli." On a cutting board, combine 1/4 cup freshly grated Parmesan, 1/2 cup fine, dry, unflavored bread crumbs, and 1/4 teaspoon nutmeg, or more to taste. Make a well in the center and break 2 eggs. Knead all together; it should have a granular consistency. If it is too moist, add more Parmesan and crumbs.

Continued on next page
Force the mixture through a large disk of a food mill directly into vigorously boiling homemade broth (about 7 cups). Cook at a slow boil 1-2 minutes. Take off heat, let sit 4-5 minutes. Serve with freshly grated Parmesan on the side. Serves 6.

Ragu, Bologna style:
"Make quantity; freeze in small portions."

Recipes are from "The Classic Italian Cookbook" by Marcella Hazan (Alfred A. Knopf)

José Wilson
Wine and food writer, currently working on her own cookbook

Chicken stock: "I always buy a whole chicken when I need parts. I use the carcass and giblets for stock. Add a piece of ginger root, slice of lemon peel, celery leaf, parsley, peppercorns, and a small onion, which gives a delicious flavor. Season with salt after it comes to the boil and is skimmed."

Pesto: "Freeze it in cubes and containers. Very good in vegetable dishes like sautéed zucchini, or in a dressing for tomatoes."

Herb butters: parsley, tarragon, rosemary, chervil, coriander, chive, snail butter (parsley and garlic). "2 tablespoons chopped herb to 6 tablespoons sweet butter, plus a touch of salt. Freeze in ice-cube trays or in a block, then cut in squares. Wrap in foil or plastic and take out as needed. Pop on cooked vegetables or broiled tomatoes."

Green peppercorns: "Drain green peppercorns, put in a small jar, cover with water and freeze. Green peppercorn butter is great flavoring for risotto, cooked rice. Mix it into reduced juices from poached fish, add heavy cream; makes a lovely sauce for halibut, sole, swordfish."

Continued on page 112
Plan-ahead party, last-minute cooking

At people arrive for dinner at 7:45, for dinner at 8:45. "I only serve one drink before dinner"—conversation comes afterwards when the party moves afterwards for dessert, coffee, and liqueurs to the dining room, closing the door on the dinner dishes. "Since my guests come expecting good food about 7:45, for dinner at 8:45.

"Like crème fraîche, fromage blanc is used primarily to finish sauces. We used American 'dirt ricotta' as a base in the recipe below. "Like creme fraiche, fromage blanc, Store the sauce a day in the refrigerator for 1 month away.

INGREDIENTS
• 1 large egg, separated
• 1/2 teaspoons Dijon mustard
• 1/2 teaspoon salt

METHOD
In a bowl beat together with a whisk or an electric beater the egg yolk, mustard, salt, and pepper. Very slowly add the oils, beating constantly. As the mixture thickens, add the lemon juice a few drops at a time to thin out the sauce a little. When all the oil has been added, gently stir in the fromage blanc.

The recipe may be prepared ahead to this point. Shortly before serving, beat the egg white until stiff and fold it gently into the mayonnaise. Since you may not need the full quantity of the recipe at one time, you may fold about 1/4 cup. About 32 calories per tablespoon.

The preferred minceur salad dressing

Michel Guérard's salads are served as a first course, on individual plates with 3-4 varieties of lettuce and a combination of seafood and vegetables, grapefruit, or just vegetables.

INGREDIENTS
• 5 tablespoons fromage blanc
• 1 tablespoon wine vinegar

Continued on page 107
Rainbow colors give a spectacular new look to a simple pasta dish. Turn noodle red with beets or green or brown with spinach or a dash of cocoa. Color pastas take simple sauces like cheese and cream or peas with ham. Here's how to do it all, from the dough up, in a step-by-step guide from Il Salumaio, a Italian-style delicatessen in Milan, famous for its made-that-morning pasta.

Rainbow pasta
Colorful noodle to make yours
and wonderful ways to serve it

Tagliatelle colorate

INGREDIENTS FOR YELLOW (NATURAL)
2 cups flour (freshly ground flour is easiest to work with but not always easy to find)
3 eggs
1/2 eggshell of water

INGREDIENTS FOR GREEN
1 1/2 cups flour
2 tablespoons cooked spinach, drained and chopped (use leaves toward center— the darker ones—which are more tender)
2 eggs

INGREDIENTS FOR RED
1 1/2 cup flour
1 medium-sized beet, boiled, peeled, and sliced
2 eggs

INGREDIENTS FOR BROWN
1 cup flour
1 1/2 cup whole-wheat flour
2 eggs
1 1/2 tablespoons cocoa

METHOD FOR MAKING NOODLES
On a large slab of wood (a wooden kitchen table suffices) make a ring of the flour.

For the colored noodles you can either put the eggs, water, vegetables or cocoa in a blender to mix before adding to the well in the flour; or you can mix the eggs and other ingredients well and work together with fingers. The blender is easy.

METHOD FOR YELLOW. Add eggs and water together.
METHOD FOR GREEN. Add to blender with eggs a well.
METHOD FOR RED. Chop the beetroots and add to blender with eggs; mix well.
METHOD FOR BROWN. Put flour and cocoa in blender; mix up to dry; folded to be separated into color settes before cooking.

Rosettes of homemade noodles, colored with beets, left, spinach, above, and cocoa, below left. Top, sauced with ham, peas, and cream.
COOKING HOMEMADE PASTA

Bring a big pot of boiling water to the boil, drop in pasta, which will go directly to the bottom. It will rise quickly, and when it does it is cooked. So remove instantly. This takes about 2 minutes if cooked the day it's made. If cooked a day later, you need about 5 minutes of boiling time. Rinse immediately under cold water.

ROLLING PASTA

Blend ingredients into the center of the flour and start kneading the ingredients together. When you begin to work the just-mixed rolled ingredients into flour it may seem dry; add 1-2 tablespoons water. After 5 minutes, a well of oil on the 1 of your hands to plastelize the pasta. Continue to work it for another 15 minutes. At this stage the dough should be a nice size ball. To each pasta sheet, add a bit of oil on the top and start to roll out. which is much pin. which is smooth a marble.

Sauces

Parmesan and butter sauce

A not unusual sauce, but always delicious and uncomplicated. Dry pasta generously with butter and sprinkle well with freshly grated Parmesan. Serve instantly.

Sauce with peas and ham

INGREDIENTS
1 pound butter
3 pounds fresh peas, if in season, or 2 boxes frozen, cooked
salt, pepper to taste
1 pint heavy cream
8 slices cooked ham, chopped
1 cup Parmesan, freshly grated

METHOD

In a quart-size saucepan melt butter. Add cooked peas, salt, pepper. Heat about 5 minutes, add heavy cream, ham, and 2 tablespoons Parmesan. Cook for another 5 minutes and pour over the cooked pasta. Serve hot with remaining cheese.

Cheese and cream sauce

INGREDIENTS
10 small mushrooms, cleaned and chopped
1/4 pound butter
4 tablespoons water
1/2 pound Swiss cheese (imported), cubed
1/2 pound munster cheese, cubed
1 pint milk
2 eggs yolks
1 cup Parmesan, freshly grated
1/2 tablespoon flour
1 pint heavy cream

METHOD

Put mushrooms in a small saucepan with a bit of butter, the water, and a dash of salt. Cook over low heat about 4 minutes until moisture is absorbed. Set aside.

How to put together a cellar of fine California wines

By José Wilson

$350 cellar

Cabernet Sauvignon

Each of the following:
Almaden 1973 $4.15
Beaujolais-Gerards de Latour 1971 $6.50
Féter 1972 $8.00
Freemont Abbey 1973 $8.00
Henschke 1975 $8.75
Louis Marmont Special Reserve 1969 $5.50
Mazucka 1972 $4.00
Ridge 1974 $6.50
Robert Mondavi 1973 $6.00
Sebastian 1968 $5.00
Sonoma Vineyards 1970 $3.32
Spring Mountain 1972 $7.50
Stagg's Leap Wine Cellars 1974 $7.50
Sterling 1970 $5.50

Pinot Noir

Each of the following:
Freemont Abbey 1970 $5.50
Hanzell 1972 $8.00
Robert Mondavi 1973 $5.25

Zinfandel

Each of the following:
Fetzer-Mendocino 1974 $3.50
Mirassou Harvest Selection 1969 $4.50
Parducci 1972 $3.00
Ridge Monte Bello 1973 $5.00
Sebastiani Special Vintage Selection 1969 $5.50

Other Reds

Each of the following:
Barbara Sebastiani 1974 $3.45
Gamay Beaujolais Almaden 1975 $4.55
Merlot Marchini 1973 $3.50
Merlot Sterling 1975 $7.00
Petite Sirah Ridge 1973 $5.50
Petite Sirah Freemark 1973 $5.50
Garnay Noir The Christian Brothers N.Y. $4.00

Rosé

Each of the following:
Grenache Rose Almaden N.Y. $1.99
Rose of Cabernet The Monterey Vineyard 1975 $3.50
Simi 1974 $3.50
Petite Rose Mirassou 1975 $2.75

Chardonnay

Each of the following:
Almaden Blanc de blancs $6.50
Korbel Nature $5.89
Mirassou au naturel $7.00
Schramsberg Blanc de blancs $8.25
Sonoma Vineyards Brut $7.50

$350 cellar

Continued on the next page
The days when no connoisseur would have seriously considered stock- ing a cellar with California wines are long gone. California is now producing many extraordinary wines that can more than hold their own with the best of Europe. Only last May, a blind tasting was held in Paris of comparable French and California varietals, judged by some of the most super-critical palates in France. Two Napa Valley wines, a Château Montelena 1973 Chardonnay and a 1972 Cabernet Sauvignon from Stag's Leap Wine Cellars, came first, besting a 1973 Meursault-Charmes, and a 1970 Haut-Brion and a 1970 Mouton-Rothschild. Remarked Jim Barrett, managing owner of Château Montelena, which had its first grape-crush in 1972, "Not bad for kids from the stock." With more of the top varietal grapes available, new wineries starting every year, better distribution, and a constantly growing market of enthusiasts, more really outstanding California wines can be found today than ever before. Even the small wineries with tiny outputs (sometimes referred to in a slightly pejorative way by the biggies as "boutique wineries") strive for a showcase in large cities and their restaurants, carefully allocating a few cases here, a few there.

So while I'm not saying you can find all the best California wines everywhere, there are enough exciting and worthwhile wines around from a large range of wineries to make it feasible and fun to put together a California cellar. The selection I've made covers both wineries with excellent distribution—Almadén, Beaulieu, The Christian Brothers, Wente, Sebastiani, Louis Martini, Mirassou, Robert Mondavi, and Sonoma Vineyards—and small ones such as Ridge, Chalone, Hanzell, and Dry Creek, whose wines are in limited supply. If you look around, you should be able to find in your nearest major city one or two stores that carry a good selection of premium California wines or will order them for you (providing there is a distributor in the state). Hunt for older vintages of Cabernet Sauvignon and Pinot Noir and unfamiliar labels, and acquaint yourself with what each store has to offer.

A good way to start is with the two great classics, Chardonnay and Cabernet Sauvignon. Many wineries are now making superb examples, so there is plenty of choice. Like white Burgundies, Chardonnays that have been aged in oak are usually improved by being kept a few years. Certainly the best Cabernets, like red Bordeaux, will need at least 9 or 10 years to reach their peak, although some may be ready to drink sooner, depending on the vintage and the winery. While it isn't easy to find older vintages of Cabernet, you should certainly be able to buy the current vintage we list as being on the market now. When it comes to Pinot Noir, a difficult grape in California, don't expect to find the equivalent of a great Burgundy. Only a few vineyards have ever made a success of this wine, and you won't find many of the very best examples around. You are better advised to try next Zinfandel and Petite Sirah, two reds that, when properly vinified, age magnificently. There are some spectacular Zinfandels. Two other interesting reds are the gutsy, big Barbera, and Merlot—more often used as a blending wine for Cabernet Sauvignon than bottled as a varietal, but now emerging as a very interesting wine in the Bordeaux style.

For current drinking, you should have a few bottles of the lighter red varieties. Gamay and Gamay Beaujolais and, for summer, a selection of rosés. California rosés are improving enormously as better grapes go into them; two to look for are the rosés made of Cabernet Sauvignon and Petite Sirah grapes.

The other top-rated white varietal is Johannisberg Riesling (the grape of Germany) makes a delicate, fragrant wine that is best drunk within a year or so. Exceptions are the late-harvest Rieslings that have been affected by the "noble rot," botrytis, and taken on the delicious, dry-honey sweetness of a German auslese (some California wineries did call their late-harvest Rieslings auslese, but a recent ruling stopped that). These can benefit from bottle age. However, for an alternate white, my preference is for Sauvignon Blanc and Pinot Blanc (also grapes of Bordeaux and Burgundy). A lot of delicious crisp, dry Rieslings are bottled with the label "muscat" or "moscato." A lot of delicious crisp, dry Rieslings are bottled with the label "muscat" or "moscato." These can be your favored before-dinner aperitif. Not as many wineries make Pinot Blanc as Chardonnay, but at its best this can be of comparable quality. Chenin Blanc may be America's favorite white, but it isn't mine. I'm willing to admit, though, that a well-made dry Chenin Blanc can be agreeable. If you prefer Alsatian-style whites, there are some creditable California versions of the spicy, fragrant Gewürztraminer. Then you should certainly round out your cellar with some of the best California champagnes, less expensive than imports and well worth having whenever you feel in need of its lilting sparkle.

If all this sounds like an ocean of wine, be your favored before-dinner aperitif (white wine sales are running way ahead of red these days for just that reason). How much and what wine you buy will also depend to a great extent on how much space you can give up for storage. Unless you can set up an adequate, permanent wine cellar in a basement or closet, or a corner of the living room, even four cases of wine can be a crowd—especially if some of them are just going to lie there quietly aging. It is pretty hard to cope with this in a one-room apartment, although I did have a friend whose main furnishings, apart from a table, chairs, and bed, were stacked with cases of wine. Be realistic. If you don't have much space, concentrate on whites and reds you will drink quickly and replace with just a few superb bottles for aging. Store wines, of course, on their sides away from heat, light, and vibration and at an even, average temperature. Devise some way of identifying the wines and the dates you bought and use them. One writer-about-wine keeps the bills of sale and marks them off as wine drunk, with comments. Another possibility—keep a wine log, entering the name of the wine, the vintage, where and when you bought it, how much you paid for it, the date opened, and what you and your guests thought of it.

Make a point of buying and trying unfamiliar California wines wherever you happen to be. Then, if you like one, make a note of it for your future wine cellar. Good sources are the better restaurant wine lists, catalogues of local wine merchants, and wine stores in other cities.

If you like the wines of a particular winery, try to get on its mailing list. Around 15 send out bulletins, newsletters, or notices of the recent harvest and vintage. A booklet put out by the Wine Institute in San Francisco (165 Pacific Street, San Francisco, Cal. 94108) California's Wine Wonderland, gives vineyard locations.

Prices given in the wine lists are for northern California. They will vary across the country from higher on the East Coast to lower in other locales, but this is a good general average. Vintage mentioned are those currently on the market (N.V. indicates a non-vintage wine), but you may, of course, find different vintages in your shops. ■

You owe it to your palate to stock your cellar with the best varietals—a balance between wine-growing regions

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Make a point of buying and trying unfamiliar California wines wherever you happen to be. Then, if you like one, make a note of it for your future wine cellar. Good sources are the better restaurant wine lists (they have the better wines), catalogues of local wine merchants, and wine stores in other cities.

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A St. Charles kitchen is unique in all the world. A custom creation meticulously designed to mirror an individual lifestyle and personality. Each proud owner personally is involved in every facet of planning and selection—choosing from many motifs and the widest array of exquisite furniture woods, textured metals and designer colors. All ingredients blend into a masterpiece of functional elegance and enduring beauty.

If now is the time for you to become a St. Charles owner, your dealer-designer invites you to come browse in his showroom. Let him assist you in planning and creating the St. Charles Fashion Kitchen that is singularly you.

Please send me your new colorfully-illustrated 44-page Kitchen Ideas Book, plus The Choice is Yours' book of latest designs. I'm enclosing $3.00.

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St. Charles, Illinois 60174

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NAME
ADDRESS
STATE
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Plan-ahead party
continued from page 101

and know my schedule, they arrive on
time.” For Cathy Hardwick, a dinner
party never seems a great effort, because
“I enjoy the whole process, and having
friends in to share my cooking is the
best part.”

Fried beef strips
on skewers

Ingredients

1/2 cup soy sauce
1 tablespoon sugar
1 tablespoon sesame oil
2 cloves garlic, crushed
3 scallions, very finely chopped
1/2 teaspoon black pepper, freshly ground
1 tablespoon sesame seeds, toasted, and ground
3 pounds beef tenderloin

Method

[Instructions provided for preparation of beef strips]

Sautéed chicken with shallots and artichoke hearts

Ingredients

2 1/2-3 pounds frying chicken, cut into serving pieces
6 tablespoons butter
2 tablespoons vegetable oil
16-24 who’s shallots, peeled
salt, freshly ground pepper
2 bay leaves
1 teaspoon lemon juice
1 package (10 ounces) frozen artichoke hearts, defrosted, and drained
1/2 cup chicken stock

Method

[Instructions provided for preparation of sautéed chicken]

Noodle and vegetable salad

Ingredients

1 package (5 ounces) cellophane noodles
2 pounds sirloin steak
2 medium carrots, scraped
1 bunch scallions
1 onion, sliced
1/2 cup cloud ears (tree mushrooms)
1 8-ounce can bamboo shoots, sliced
1 egg

Method

[Instructions provided for preparation of noodle salad]

Pear tart

Ingredients for pâte sablée (the pastry)

1/4 pound plus 1 tablespoon butter, chilled
1 1/2 cups flour
2 tablespoons sugar
pinch salt
2 egg yolks
cold water

Method for pâte sablée

[Instructions provided for preparation of tart pastry]

Ingredients for filling

1 orange, washed
1/2 cup sugar
1 bottle (23 ounces) red wine
2 whole cloves
2 pounds firm, ripe pears
4 tablespoons apricot jam, warmed

Method

[Instructions provided for preparation of pear tart filling]
**Method**

Grate the zest of 1/2 the orange into a large saucepan. Squeeze the orange, strain the juice, and add to the zest sugar, wine, and cloves. Bring to a low simmer for 5 minutes to completely melt and blend all the remaining ingredients. Combine them in a bowl.

Peel, halve, and core the pears. Rinke the lemon juice over them and add to the simmering mixture. Allow to simmer until the pears are tender about 5-10 minutes. Remove fruit with a slotted spoon and set aside to cool.

Reduce poaching syrup over heat until quite thick. Cool, and discard pieces. One hour before serving the tart, roll the pastry shell with the warm pear jam. Arrange the pears in two rows down the length of the tart shell. Place a piece of the halves and stand the pieces up down the middle of the tart. Place another half in chunks and arrange them in gaps. Coat with a reduced poaching sauce. Place in a preheated 375°F oven to bake for 30-40 minutes. Serve warm with unsweetened heavy cream. Serves 8.

**INGREDIENTS**

- 1/2 pound firm ripe tomatoes, washed, peeled, cored, and diced
- 6 tablespoons fromage blanc
- 1 tablespoon creme fraiche (stir together equal parts sour cream and heavy cream in a glass jar until smooth. Leave at room temperature 8-12 hours, then store in refrigerator for 24 hours to ripen)
- 1 teaspoon parsley, finely minced
- 1 teaspoon tarragon, finely minced
- 1 teaspoon ketchup
- 2 teaspoons Armagnac or cognac, 80 proof (optional)
- Lemon juice
- Salt to taste, white pepper

**Low-calorie bernaise sauce**

Serve as a traditional bernaise with tournedos, filet mignon, grilled fish.

**INGREDIENTS**

- 4 level tablespoons fromage blanc
- 6 tablespoons shallots, minced
- 1 teaspoon peppercorns (mousseline), crushed
- 1 tablespoon fresh tarragon, minced
- 1/2 cups fresh tomatoes, peeled, seeded, diced, and drained
- 5 tablespoons cold water
- 2 egg yolks lightly beaten
- 2 tablespoons heavy cream
- 1 tablespoon mushroom puree (see House & Garden, September 1976)
- 1 teaspoon fresh chervil or parsley, minced
- Salt to taste

**METHOD**

Dice the tomatoes not too coarsely, and drain. In a bowl beat together the fromage blanc and creme fraiche with a whisk. Add the chopped herbs, ketchup, Armagnac or cognac, and the lemon juice to taste. Whisk again. Stir in the tomatoes, and season with the salt and a little pinch of white pepper. Store in a covered container in the refrigerator. Serves 10. Makes about 2 cups including liquid. About 34 calories per serving.

**Minceur tomato sauce**

Serve with bas, steamed in seaweed or any poached or steamed firm-fleshed fish.

**INGREDIENTS**

- 3 tablespoons olive oil
- 4 level tablespoons fromage blanc
- 1 teaspoon Dijon mustard
- 1 teaspoon Worcestershire sauce

**METHOD**

In a saucepan combine the vinegar, shallots, peppercorns, and tarragon. Simmer over medium heat, uncovered, for about 5 minutes, or until the liquid is reduced by about 1/2; you should have a soft, juicy, but not liquid "marmalade" left. Cool.

In another saucepan, simmer the tomatoes until all the excess liquid has evaporated. Remove from heat and reserve.

Off the heat, add 1 tablespoon water to the vinegar-shallot reduction. Whisk in the egg yolks. Put the saucepan back over low heat, whisking constantly, until the mixture thickens and becomes creamy. It must not heat past lukewarm (test with your finger); it should be thick enough when the movement of the whisk exposes streaks of the bottom of the pan. Now, still whisking, add the olive oil and then gradually add the remaining cold water. Heat and whisk until sauce has a good consistency, then stir in tomatoes, mushroom puree, chervil, and season with salt. Set saucepan over warm water under you are ready to serve. Serves 8. Makes about 1 cup. About 68 calories per serving.
DECORATING NOW

Pages 46-47:

Cocktail table: Of 4 oak Parson’s tables. Each 28" sq. x 19" high, $90. All three for $265. From the "Renaissance" group by Howard Family Room Furniture. At A. L. Myers Furniture, Ossining, N.Y.; Jefferson Carriage House, Huntington, N.Y.; "1 Mark Furniture," Yonkers, N.Y.

Embroidered and kilim pillows and rugs: From a large collection of semi-antique and antique ones at The Pillowery.

Pottery plate: 9" diam., with white stripe $2.25. At Diane Love.


"Stratford" cotton sateen: 56" wide, $27 1/2" sofa (far end) and lacquered parchment-look 36" wide, $20. By Stroheim Romann.*

"Sailcloth" Zepel finish, 54" wide, $11 yd. At Diane Love.

Scandinavian walnut dining table: 84" x 42" x 27" high. $1,095. From Sweden. By Stroheim Romann.*

Wallpaper and upholstery fabrics, not from the "Viva" group by Howard Family Room Furniture. At Workbench, Ossining, N.Y.; Jefferson Carriage House, Huntington, N.Y.; "1 Mark Furniture," Yonkers, N.Y.

Sofa facing fireplace: "24" x 33" x 30" high. $375. Adj. h. $85 each, respectively. From Kenya. $11 yd. Adj. price $1,850. By Stroheim Romann.*

Milliken "Rose" loop pile fabric: 80% wool, 20% nylon. 9 1/2" repeat. From Nepal. $3.75 yd. By Stroheim Romann.*

DECORATING ON A $2,566 BUDGET

Pages 64-65:
"Softline" sectional sofa: Corner chairs, 28" x 34" x 27" high, $295. Ottoman, 27" x 22" x 15", $155. Available in yellow, orange, green, brown, or black. Slatted pine folding tables: 17 1/2" x 17 1/2" x 15" high, $25 each. ABS plastic stacking storage units: 12 1/2" diam., 15 1/2" high, $20 the double unit. In white, yellow, or red, with sliding door. Pine gateleg dining table: With drop leaf, 24" sq. x 30" high, $250. Extra leaves not included. $115. Folding beechwood chairs: 18" x 18" x 27" high, fold flat for storage. In red, natural, black, white, or walnut finish. From Howard Family Room Furniture. At Workbench, Ossining, N.Y.; Jefferson Carriage House, Huntington, N.Y.


Cotton sailcloth for homemade window-shades: 48" wide, $6 yd. Fabrikation's wicker trunk baskets: Natural finish, 15" sq. x 8" high, $9.80; 18" x 17" x 11" high, $48.98. 32" x 20" x 20" high, $62.98. Nesting suitcase baskets: 14" x 10" x 5", $3.98; 18" x 12" x 8", $10.98; 21" x 15" x 11" high, $24.98. Each has "Potomac" stainless steel flatware: 8 piece setting, $115. By Stroheim Romann.*

Notes on this and the following two rooms:

1. "Barbara" Design, with Scotchgard finish by Guilford North.

2. Stroheim & Romann.

3. Howard Family Room Furniture.

DECORATING ON A $5,398 BUDGET

Pages 66-67:
Armchair upholstered in Haitian cotton: Armless chair, 31" x 22" x 28" high, $219. Corner chair, 32" sq. x 28" high, $249. Ottoman, 31" x 22" x 16" high, $116. For 2 pieces shown (6 armless chairs, 6 ottomans) and all the above at W&J Sloane.

DECORATING ON A $13,426 BUDGET

Pages 68-69:
Sofa: 96" x 32" x 30" high. With loose seat and back cushions. By Milo Baughman for Thayer Coggin. $1120 COM or $1555 COM, shown in white canvas. Armless chair: Each 29" x 32" x 30" high. With tooled leather and brass, $1450. By Herman Miller. When in use makes back appear piece-one. $455 CO or $555 as shown each. Ottomans: Each 32" sq. x 30" high. With attached seat cushion. $225. By Herman Miller.

Picked pine dining table: 78" x 35 1/2" x 35 1/2" high, $250. With three drawers, brass hardware.

DECORATING ON A $3,426 BUDGET

Page 70:
Sofa: 96" x 32" x 30" high. With loose seat and back cushions. By Milo Baughman for Thayer Coggin. $1120 COM or $1555 COM, shown in white canvas. Armless chair: Each 29" x 32" x 30" high. With tooled leather and brass, $1450. By Herman Miller. When in use makes back appear piece-one. $455 CO or $555 as shown each. Ottomans: Each 32" sq. x 30" high. With attached seat cushion. $225. By Herman Miller.

Picketed pine dining table: 78" x 35 1/2" x 35 1/2" high, $250. With three drawers, brass hardware.


Cotton sailcloth for homemade window-shades: 48" wide, $6 yd. Fabrikation's wicker trunk baskets: Natural finish, 15" sq. x 8" high, $9.80; 18" x 17" x 11" high, $48.98. 32" x 20" x 20" high, $62.98. Nesting suitcase baskets: 14" x 10" x 5", $3.98; 18" x 12" x 8", $10.98; 21" x 15" x 11" high, $24.98. Each has "Potomac" stainless steel flatware: 8 piece setting, $115. By Stroheim Romann.*

Pages 70-71:


“Bouquet” buttery napkins: each 19” sq.: $1.75, each, by Elinor O'Connell. By Saks Fifth Avenue Gift Shop.

Super KITCHEN 1977
Page 51b. "Billiard" kitchen cabinets: Of two grades of Formica: high-pressure laminate—generally more for countertops and medium thickness (shown in Tahiti Orange) for vertical surfaces—and other Melinex panels (shown in Lemon Twist and white) for vertical surfaces, drawer and cabinet interiors, drawer and open shelf exteriors. The laminate is bonded, the panels are thermalfused to particle board seasonally. In the colors: Wap, scarlet, vermilion, and stone-resistant. White plastic shelf support strips with shelf clips: Baltic, self-closing drawer slides. Satin chrome finish hardware, semi-concealed steel hinges. By St. Charles. "Barre Slate" solid vinyl floor tiles: Each 2”, 3”, and 4” deep. Shown in red. Also available in blue, green, plum. About $2.50 sq. ft. without installation. By Kendile. Flat paint for walls: In House & Garden Creamy Apricot and Sienna, $2.98 a gal. By Tru-Test Paints. At True Value Hardware Stores.

Orly Imperial Lean-to” modular greenhouses: With curved eave, aluminum frame: 2”, 3” wide, in any length from 8”, up in 2” increments. 10’ high to ridgepole. Delivered ready to install—all parts numbered, glass precut to fit. By Lord & Burnham. For free catalogue with prices write Lord & Burnham, Dept. 6, 2 Main St., Irvington, N. Y. 10533.


Molded and other sizes. By Beylerman. Paper patterns to make your own. From: Nine patterns—grasshopper, praying mantis, dragonfly, and, small, two bugs and frogs—easy to make, using on various surfaces. $5.00 ppd. from Stencil-Magic, W. 19th St., New York, N. Y. 10011.

Italian terra-cotta pots: there with parsley, 7½” diam., 7” high, $14 each. At each. Glacial Beverage glass: 16 oz., $2.25, shown with blue edge, also comes with lime or low. By John Curran for Atelier Vreemde. Bloomingsdale's.

“Maya” stainless steel flatware: $32.50 the 5-piece setting, $230, $350 service for 4, 8, and 12, respectively. By Norsk Stalpors. Reimported from Norway by Gemco. At S. Christian of Copenhagen, San Francisco, Calif.

“Bouquet” buttery napkins: each 19” sq.: $1.75, each, by Elinor O'Connell. By Saks Fifth Avenue Gift Shop.

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Shopping information
continued from preceding page


Page 92:
Drop-in grill range: 29%/2" x 23%/2" x 36". Two conventional electric cartridges, each with 7-minute, 5-minute, 3-minute timer. "Home Decor Stencil Kit": Two 8%/2" x 11" plastic pages. 35 precut designs, 3 colored markers, how- to's, $5.95 ppd., from Stencil-Magic, 8 W. 19th, New York, N.Y. 10011.

Page 93:
"Econocold" double door no-frig refrig- erator freezer: 30" x 50%/2" x 65%/4" high. 100.00 cu. ft. refrigerator has adjustable cold controls. Includes tempered glass cantilever shelves and 1 sta- tionary glass shelf, convertible meat keeper/ vegetable crisper, door with 4 shelves with removable guards, pickoff egg shelf, enclosed butter compartment. 6.57 cu. ft. freezer has adjustable control cold, 5 glass shelves, sliding basket, ice bucket with 3 cup holders. "Troubadour" footed glass bowl: (with punch) 5%/2-qt. $40. By Richard Nissen, at Lord & Taylor. Cypress wood salad bowl: 8%/2" diam., $40. By Richard Nissen. "Alfredo" glass decanter: 12" high, $10. By Now! Designs San Francisco.

Page 95:

Page 98:
Compact automatic washer and dryer: Each 23%/2" x 27" x 22" high, with acrylic enamel, black enamel, and chrome enamel. "Alice" ironing-board: 24%" x 15", $31. By Richard Nissen, at se- rvice elsecomes. With safety lock, stop-disposer. Two 8" x 10" x 1/2" wire mesh racks. About $299.95 in white. Dryer has 3 cycles; normal, permanent- press, air; normal, 35 min., 60 min., 90 min.; air, 45 min., 75 min.; normal, 30-min.; permanent-press, 45 min.; air, 30 min., 60 min., 90 min.; normal, 20-25 min.; permanent-press, 30-35 min.; air, 20-25 min. Wall with AM FM radio, two input jacks to permit addition of record changer and 8-track tape player. Golden elm or walnut finish. Both by Nu-Tone division of Scovil. "Home Decor Stencil Kit": Two 8%/2" x 11" plastic pages. 35 precut designs, 3 colored markers, how- to's, $5.95 ppd., from Stencil-Magic, 8 W. 19th, New York, N.Y. 10011.
The zest of the lemons in thin strips, then squeeze the lemons, strain the juice, and measure out 1/4 cup. In a heavy saucepan, cook the apples in the juice, covered, for 20 minutes. Cut the lemon zest into julienne strips as fine as pine needles, then cut these crosswise into tiny dice—enough to make 1/2 tablespoons. In a small saucepan, boil the diced zest in water for 7-8 minutes. Drain through a fine-mesh strainer. In a blender, purée the chicken stock and cooked apples. Pour into a bowl. Add the drained zest; add salt and pepper to taste, and a very small pinch of cinnamon if you wish. Reheat the sauce when it is needed. Serves 4. Makes about 1 cup. About 58 calories per serving.

Rainbow pasta

Put Swiss and munster cheeses and milk in a quart-size saucepan over medium heat. When cheese barely begins to melt, add egg yolks one at a time, stirring constantly. Heat carefully, stirring, until sauce has a creamy texture. Add the mushrooms, 2 tablespoons butter, 4 tablespoons Parmesan, and the flour. Stir well and cook over low heat for 15 minutes. In order to keep this sauce hot without cooking further, place the pan in a larger pot of hot water. Pour sauce over pasta when ready to serve. Slice hard-cooked eggs into rounds. Whip the cream and dollop it on top of just-cooked and sauced pasta; add the egg slices, serve the remaining Parmesan cheese separately.

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At your drugstore now
Homemade noodles wrapped in foil: "Cook down until gelatinous and spoon into plastic bags to freeze."

Veal stock: "Cook down until gelatinous and spoon into plastic bags to freeze."

Tomatoes: "Whole, blanched, and skinned. Defrost and break up with hands to add to sauces."

Sorrel purée

Wilted leeks: "Wash and cook in a little butter. Freeze in bags for vichyssoise, soups, stews."

Puff pastry, tart shells

**Richard Grausman**

Le Cordon Bleu de Paris's representative in the U.S.

Bones and chicken parts for making stock: "Stock lightly thickened with potato starch, 3-4 teaspoons to 1 quart stock. Frozen in ice-cube trays for making quick sauces when deglazing a sauté or roasting pan."

Baked profiteroles, shells only: "For hors d'oeuvre and desserts."

Coffee: "Stays fresher once opened or unflavored pills."

Edna Lewis

Author of The Taste of Country Cooking (Knopf)

Herbs: "Tarragon and chervil—strip the leaves from woody stems along with any tender stems. Chop line, sprinkle over with a good teaspoon salt, and spoon into a jar with tight lid. Freeze. A must for bearnaise, and delicious with roast chicken."

Dill: "Chop line and freeze in a glass jar. It's great sprinkled over hot, buttered new potatoes."

Homemade noodles wrapped in foil: "Plunge directly from freezer into boiling water. Salt and cook 4-5 minutes. Drain and spill into heavy cream, top with Parmesan."

Damson plums: "Keep up to a year in the freezer. Take out as needed and make into preserves when you have time."

Peaches: "Peel and freeze in container with tight lid. Defrost, then poach in syrup with a vanilla bean; they taste freshly picked."

Sweet potatoes: "Freezing seems to enhance the flavor of sweet potatoes. Bake in skin. Peel and wrap well. Freeze. Defrost and whip with lots of melted butter and brandy. Spoon into a casserole and sprinkle over with brown sugar and nutmeg."

Blackberries or raspberries: "Spread out on a cookie sheet and freeze. Gather up when frozen (about 20 minutes) and store in freezer jars sealed well. Cook in a fruit syrup, sweeten to taste. Serve warm or chilled as topping for ice cream."

Helen Corbitt

Consultant to The Greenhouse spa and author of Helen Corbitt Cooks for Company (Houghton Mifflin)

Homemade beef and mushroom pies

Chicken pies

Crepes

Soup bases—pea, squash, spinach: "Becomes the base for hash, etc. or a casserole."

Leftover meat, cubed or shredded, lamb, turkey, chicken in plastic containers: "Becomes the base for hash, etc. or a casserole."

Tenderloin steaks

Tiny Greenland shrimp

Steve Bierman

New York caterer

Tomato sauce: "With wine or vermouth and lots of herbs. Makes a quick meal, combined with Italian sausages and rice in a casserole."

Leftover meat, cubed or shredded, lamb, turkey, chicken in plastic containers: "Becomes the base for hash, etc. or a casserole."

Peaches: "Peel and freeze in container with tight lid. Defrost, then poach in syrup with a vanilla bean; they taste freshly picked."

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**Constipation: relief without fear**

Do you doubt your laxative? Your doctor might. Recently a national review panel of doctors discovered some brand-name laxatives were ineffective...unreliable! Those same doctors found the single medicine in today's Ex-Lax was effective and safe. Just follow directions.

Overnight, Ex-Lax gently stimulates your system's own natural rhythm — for relief in the morning. Next time, try safe, sure, effective Ex-Lax. Chocolated tablets or unflavored pills.

A place to live

continued from page 96

(8) Heating and ventilation: Make sure they're connected and free from drafts. Check kitchen appliances with a level. If appliances are on a slant, they may work properly or last long.

(9) Kitchen appliances: Check kitchen appliances with a level. If appliances are on a slant, they may work properly or last long.

(10) Insulation: If you look a house while it's still under construction that there's at least 2 1/2 inches of insulation in the walls and 4 inches under the attic. You might even consider paying a little more to have added insulation added, say 4 inches in walls and 6 inches in the attic. Things in heating and cooling costs will be greater than the installation cost.

(11) Find out whether the sewer in the basement is at floor level or under the ceiling. If it's under the ceiling won't be able to put laundry equipment or a lavatory in the basement.

(12) Electrical outlets: Most people don't find out how many outlets there are in each room until they've already moved in—when it's too late.

Finally, you'd be wise to hire a local building inspector to give the once-over to any house you're thinking of buying—especially if you're looking at an older house. He'll make sure that the electrical system is safe. Also, the resale value of a house is generally more predictable than the condominium or co-operative.

**Condominiums come back**

After a few off years, the demand for condominiums is starting to rise again. Some are even appreciating in value! Over 18 percent a year, which is just as great as the appreciation on a house. This is partly due to the fact that the number of condominiums has quadrupled in the five years. There are, however, vital differences that you should be aware of.

The biggest demand is for condominiums that are either in a city or a suburb close to a city. Condominiums in areas or remote suburbs aren't faring well. Interestingly enough, that's where most condominium buyers are at this time.
I peaking, an increase of 10 percent or
meetings, access to the minutes, and that
ispelled out clearly. Make sure that the
|Out before you hand over your deposit
greater the maintenance fees will be.
more luxurious the development, the
maintenance charge for the upkeep of
there are many things you should check
pool and tennis courts belong to the con-
decision. While good management usually
management in a high-rise to a separate town
Hidgets will be passed out well in ad-
values will be high, the
goodness of knocking down a structural wall.
cept in a condominium than it is with a
Some condominiums are managed hap-
and run down very quickly.
someone does the chores.
The catch is that you may not have a
in how things are run—unless you
actively participate in the management.
Some condominiums are managed haphazardly, and run down very quickly.
Others are managed with Prussian precision. While good management usually
means that resale values will be high, the constraints on your individuality can be
still lingering. In some developments, you can't do a thing to change your condominium.
In others, you can make changes—short of knocking down a structural wall.
When you buy a condominium, you buy the deed to an actual dwelling unit—which could be anything from an apartment in a high-rise to a separate town house in the suburbs. The common property such as the hallways, the plumbing, ground, and amenities like a swimming pool and tennis courts belong to the condominium association. In some developments, the common property is owned by the developer. In either case, you and the other owners will be charged a monthly maintenance charge for the upkeep of these common areas and amenities. The more luxurious the development, the greater the maintenance fees will be.
If you're buying a condominium, there are many things you should check out before you hand over your deposit.
(1) Read the bylaws carefully. You may be surprised at what you'll find. Some condominium associations don't allow pets of any kind. A few go so far as to outlaw children, except as occasional guests. Make sure that your rights are spelled out clearly. Make sure that the bylaws require renotification for all meetings to be held to the point, and that the financial books are open to you as well as your account. Finally, the bylaws should stipulate that proposed budgets will be passed out well in advance of a budget meeting. Generally, peaking, an increase of 10 percent or
more in the maintenance assessment should be approved by condominium unit owners.

2 The condominium association should be controlled by unit owners instead of the developer. In some cases, the developer retains control over the association and the units are sold—which could take some time if it's a multi-building development.

(3) Get a full breakdown of the condominium's maintenance budget so that you can share it to a real-estate professional. Some budgets are purposely written unrealistically low. Shortly after the developer moves out of the deal, maintenance charges will go through the roof.

4 If you're looking at a development that's under construction, you shouldn't have to put up an advance payment for the maintenance fund. There's no maintenance required when a project is still under construction. By the same token, if you're asked to make a down payment, be sure that it goes into an escrow account—rather than into construction costs. That way your money will be safe and you'll earn interest on it.

5 If you learn that the developer of the project has a long-term maintenance contract, make sure that it can be cancelled after a reasonable period of time. Fees usually run 6 to 10 percent of the building's maintenance costs.

6 Find out if the condominium association maintains sufficient capital reserves to take care of emergencies. If it doesn't, you'll have to ante up a large assessment if a major problem comes up. Reserves should run between 10 and 20 percent of the total assessment.

7 You'd be wise to hire a structural engineer to look over the condominium, just as you'd have him check out a house.

8 Finally, have your lawyer review the condominium contract. A lot can be buried in fine print.

As for financing a condominium purchase, it's easier than it used to be, but not as easy as financing a house. Banks are still wary about condominiums because of their experience with them is somewhat limited. Furthermore, lenders are uncomfortable evaluating a condominium's management company, maintenance fees, owners association, and legal documentation. Still, you can get a regular 25-year mortgage to finance 75 percent or more of the cost.

And those crazy co-ops
Co-operatives are a completely different story—even though they're somewhat similar to condominiums. For one thing, co-op apartments are usually limited to high-rise buildings in urban areas. (Co-ops are seldom the country clubs condominium developments tend to be.) For another, when you buy a co-operative you're actually buying a share in a corporation that owns the building. The share you buy entitles you to a proprietary lease to an apartment. In the larger, the apartment, the larger share in the corporation.

The legal differences between a co-operative and a condominium have tremendous ramifications. Since you are in effect purchasing a share in a corporation, you cannot get a mortgage to buy a co-op. Instead, you have to take a personal loan at a much higher interest rate and repay it over a shorter period than a mortgage's term. What's more, you'll have to put more money down. And because it's a share, there's a tax trap that you can fall into if you buy the co-op with your spouse. The IRS will treat your spouse's half of the co-op as a gift and hit you with a gift tax. (That sort of thing doesn't happen with real properties like a house or condominiums.)

One of the biggest snags to owning a co-op is that you and all the other shareholders called "co-operators" are liable for any losses if a fellow co-operator skips out on his loan. His share will simply be tacked on to the maintenance you have to pay. And since co-ops are usually located in urban areas, where property taxes tend to rise rapidly, your maintenance charges could skyrocket.

Because of all the problems involved with co-ops, the board of directors that runs it is justifiably very strict. No changes can be made to the unit you live in. What's more, selling your co-operative can be agonizingly difficult. Prospective shareholders usually must be approved by the co-op's board of directors. If the board is very fussy, you might spend months trying to find a buyer who will pass muster with the board.

City vs Country
continued from page 55

Continued on page 148

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adaptable. The problem is that small spaces are convenient, rather than men-
THE ETERNITY RING
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To renew a wedding vow, to say, "Yes—today more than ever!" To mark baby's birth or an anniversary. Perhaps richer than your first wedding band, for love grown richer with time. Fiery Austrian crystal stones, about 2 carats in all, circling an exquisite openwork setting. American-made, velvety red gift box. 3791 Ring, Sizes 5/7/8 $12.98
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Add sales tax where applicable. Any unused item (not personalized) may be returned by insured mail for refund. Allow four weeks for delivery.

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Traditional designs to grace today's tables. Genuine pewter, beautifully crafted. Octagonal candlesticks, 4" h. by 3 1/4" dia.; $21.50 pr.; salt and pepper, glass lined, 5" h., $13.95 pr.; colonial sugar and creamer, 3 1/4" h. by 5 1/2" w., $23.95 set. Add $1.50 post. House of Russell, HG1, Box 5, Wildermere Beach Sta., Milford, CT 06460.

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Embroidered eyelet, no-iron Avril/polyester Spread, twin, $40, double, $45, queen, $60, canopy, twin, $29, double, $31, queen, $50, pillow sham, $12,50; curtains, 88" w. 45", $44, 63" w. 72", $61, 90" w. 72", $61, vanity skirt, $33,50. White or natural $1.75 post per order. Free catalogue.
Colonial Maid Curtains, HG1, Lawn Terrace, Mamaroneck Village, NY 10543.

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Two 5" by 7" clear glass panels invisibly hinged, screen-printed in delicate full-color Exquisite bird and berry design by artist Tyrus Wong Bird stands for freedom, holly red for happiness. Brass edges, free standing. Matching gift card. $10.95 ppd. Write for free catalogue The Unicorn Gallery, HG1, Box 4405, Colesville, MD 20904.

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For all your priceless flatware, this Queen Anne Chest provides safe, convenient storage. All four drawers are lined with Pacific silver cloth, and the top one has dividers. Drawers are 2 in. deep, have gracefully curved handles. Sits on the floor. $19.98 plus $1 post Lillian Vernon, G1E, 510 So. Fulton Ave., Mount Vernon, NY 10550.
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Tiger eye 1" egg $12. Subuls auger $1.90. Decussate bouch 90c. Add 75c post. each. Color portfolio with an illustrated catalogue of shells, minerals, fossil displays, books is now available for $1. Dover Scientific, HG7 Box 6011, Long Island City NY 11106.

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It's everything! A telephone table, plant stand, garden side table, & night table, a handy piece any area. Rattan frame and side cane-over-wood shelves. Walnut white tone. 12" sq., 22" h. $29. Add $4 post. Etcetera, HG1, Box 601 IT, Long Island City NY 11106.

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Announcing the most incredible formula ever featured in a no-hunger reducing program!

NOW! THE DOCTOR'S PILL THAT HELPS CONQUER FAT FOREVER!

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How can medical science make this lifelong dream a reality? You simply command hunger to STOP . . . almost instantly — on the spot, before meals, at meals between meals . . . and make excess pounds and inches disappear from your body at last in a matter of weeks you may never have thought possible.

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Yes, a single pill that gives you virtually the same "fully satisfied feeling" as a main dish of a delicious Sunday dinner even on people with runaway appetites.

In other words, even before you have those first pangs of hunger . . . that menacing craving for food you simply put your appetite to sleep with this amazing "meal in a pill." Because just like we wake up from a dream . . . this incredible TOTAL CONTENTMENT PILL turns off hunger AUTOMATICALLY any time you want.

PLUS . . .

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None more beautiful than the right rose. Send for Jackson & Perkins (world's largest nurserymen) free, full-color catalogue featuring the latest award-winning varieties plus familiar favorites. Also shows a selection of bulbs, fruit trees, vegetables. Roses '77. Medford, OR 97501.

PANEL THISTLE
A rare addition to the popular sign that has become a favorite of collectors. Now pressed glass, an exact copy of an antique pressed glass goblet made over 100 years ago. Bee imprint. 5 ½" h. by 3 ½" w. $5.95 plus $1.05 postage. Art Galleries, HG1, 2100 No. Hal Ave., Dallas, TX 75204.
DINING GLAMOUR
Panorama ceiling lamp is hand woven of natural rattan. Comes with wiring and canopy, ready for electrician to install over table. Accepts 10" globe (not included). 22" dia. by 17" h. $49.95 plus $5 post. Catalogue 25c. Fran's Basket House, HG1, Route 10. Succasunna, NJ 07876.

OWELS APLENTY
The towel rack with two bars has pool turnings and can hold lots of finger tip or hand towels at the ready. 24" long. Put it up in powder or bath room. $12.50 plus $1.50 postage. Catalogue 50c, free with order. Sturbridge Yankee Workshop, HG1, 450 Brimfield Umpke, Sturbridge, MA 01566.

AVAJO LULLABY
First edition by Don Ruffin, noted artist of the Southwest. It depicts warm earth tones an Indian mother and her child. Native American art, lovely to own or to give. 8½" diameter. Limited 10,000. 40 ppp. Edd, the Florist, HG17, 23 North Court, Ottumwa, IA 52501.

OAKSCOOK SHELF

BATHROOM PLANTER

CUSHIONS
Designed to relax nerve/muscle tensions, to relieve arthritis/rheumatism; after mastectomy. Slightly to ease shoulder while elbow/wrist/fingers are cradled. Adjust. $3.89; pair $7.59; white zip. $5.99; pair $11.98. Peter Sleep, HG1, New Providence, NJ 07974.

PAINTS THE PAST
Kay's replica of the old-time Chesapeake oil lamp. Its brass base has an antique look, soft finish and a one-candle socket. French white glass shade. 8½"w. H. extends 4". Specify pinup on or permanent mount. $19.95 post. S. Robelin, HG1, Box 183, Vibra, PA 19085.

During our between-season lull
3 kinds of discount savings
for people of different speeds

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119
COASTERS IN THE CLEAR!

Luxe Lucite, personalized with carved initials and polished to a glow! Clever holder keeps them firmly stacked, yet lets them slip out easily when you wish. Set of 8 with raised rims, 3 1/2" center rounds—holder 3 1/4" x 2 3/4" high. American-crafted by Robert Mainly, gift boxed. 1457 Coaster Set $12.98

PRINT initials, add 75¢ post. & handling. NY residents add taxes.
HAPPY TIME
Winsome charms of Raggedy Ann and Andy captivate a child now as these characters have in past. Colorful electric wall clocks will make learning to tell time fun, to remember on to dating time. 11" by 12". Each $17.95 ppd. Write to Gifts from P.M., Dept. HG-E77, Box 48011, Los Angeles, CA 90048.

GRACEFUL LADDER BACK
Rush seated (woven by hand) chair is in native hardwood with lovely turnings and elegant slats. 42½" high, seat h., 17½". Sanded, unfinished, $21.95; walnut, pine or maple, $25.95 matching arm chair, $29.95. Exp. coll. Catalogue 50c. Marion Travis, HG1, Box 292, Statesville, NC 28677.

FLOWERY VENETIANS
Venetian glass, imported beads that reflect their Italian origin with a never ending trail of rampant flowers in a rainbow of colors. Handmade, break-proof clasp. 16" choker, $7.95. 28" l. necklace, $12.95 plus 50¢ post. Hansa Jewelry, HG1, Box 17092, Nokomis Sta., Minneapolis, MN 55417.

GENUINE LAMBSKIN
Cozy rug in front of fireplace or on floor by your bed, approx 2' by 4'. In natural white or assorted colors. $39.95, plus $1.50 post. Send $2.50 for swatch card of decorator's colors. (Refundable with purchase) Golden State Sheep Tanning Co., HG1, 360 Furman St., Brooklyn, NY 11201.

FOR SPECIAL MEN
A free catalogue with apparel in hard-to-find sizes for tall, extra tall, or big men. Helps women who shop for men. Find shirts in exact sleeve lengths to 38"; necks to 22"; waists to 60"; shoes, boots to 16 EEE. The King-Size Co., 2526 King-Size Bldg., Brockton, MA 02402

STANDING ORDER
Beautiful rosewood stands, hand-carved in century-old Oriental patterns. Display a treasured figure or flowering plant. Shown are the low base model at $4.55 and the footed version at $10.55. Both are 4" in dia. Ppd. Other sizes. A. C. Gifts, HG1, 2642 Central Ave., Ronkonkoma, NY 11770.

INSPIRING ART
An original design in sterling silver hat seems to express a feeling of love and caring. It is hand-sculptured, comes with 18" heavy sterling chain, two sizes. 2½" Long $26; 3½" $26. Add $1 post. Catalogue free. Alpha Omega Originals, Jd., H-1, Box 327 Bay Station, Brooklyn, NY 11235.

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Perma Tweez is a simple electrolysis instrument that PERMANENTLY removes undesirable hair from all areas of the face—such as the chin, upper lip, eyebrows. Embarrassing body hair can now be removed forever at home in total privacy. Arms and legs can be forever free of the inconvenience of constant hair removal. An exclusive U.S. patented safety feature allows you to do this without puncturing the skin.

AN EXPERT'S APPROVAL
Perma Tweez has been clinically tested by a university professor of dermatology and proven to be safe and effective. One of his patients had previously been tweezing hair from her chin every day for 15 years. After treating herself with Perma Tweez, she has eliminated this time-consuming chore for the rest of her life! Over 15 thousand instruments in use by doctors—over 500,000 in use by people like yourself.

Easy instructions make you expert in a few minutes. Save hundreds of dollars on salon electrolysis by doing it yourself!

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$19.95—Send Check or Money Order

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TOASTY WARM
Imported English underpinnings in 51% wool, 49% Orlon for fit plus warmth. Snuggles: S, M, L, $7.95; XL, $9.95. Vest: S, M, L, $8.95; XL, $9.95. Over the knee, S, M, L, $8.50; XL, $9.95. Add $1.50 post. Write to Postmatic Co., HG177, Lafayette Hill, PA 19444.

LUXURY

LIGHT GLEAM
14" x 24" only $7.50 and $2.50 add'l. up to 2 ft. x 3 ft. only $4.50 and $3.00 add'l. up to 2 ft. x 3 ft. Photo Returned. $7.50 each includes tax postage, we'll rush you your GE Home Sentry Smoke AlarmTM complete with a GE full 1-year warranty.

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8 x 10"............only $7.50
9 x 12"............only $8.50
11 x 14"...........only $12.50

Bedazzled! Sterling silver jewelry and topaz gem amethyst necklace. Firely hand-made, with hours of polishing to make rich violets shine like the sun. Certain to enhance any jewelry collection or wardrobe. 18" long. $12.50 post. Ranties, HG1, 5 So. Robertson, Beverly Hills, Cal. 90211.

INTER NECESSITIES
Sturdy shovel and windshield wiper may be tucked away in a corner of the car trunk until needed. Shovel has sturdy fold-down handle, high impact plastic head. 20 ppd. Sleepy Hollow Gifts, Inc., 6651 Arlington Blvd., Falls Church, Va. 22042.

SHOPPING AROUND
Every night 20 people don't. They die by treacherous smoke and flames.
By the time you see or smell smoke in your home, you've already lost precious moments needed to save your family from fire! Smoke and fire can spread silently long before you sense them, especially when you and your family are asleep!
With the GE Home Sentry Smoke Alarm, you can give your family the earliest warning possible from the injury and terror caused by undetected fire.

IF FIRE STARTS IN YOUR HOME TONIGHT, WILL YOU WAKE UP IN TIME?

TOASTY WARM
Imported English underpinnings in 51% wool, 49% Orlon for fit plus warmth. Snuggles: S, M, L, $7.95; XL, $9.95. Vest: S, M, L, $8.95; XL, $9.95. Over the knee, S, M, L, $8.50; XL, $9.95. Add $1.50 post. Write to Postmatic Co., HG177, Lafayette Hill, PA 19444.

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Send for free descriptive lists, colored plates, and Kodachromes to help you select rugs you wish sent on approval.


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Wicker Wonderland

Bamboo Shades

Huston - Hook
14" x 17" - $3.00
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Matchstick or Teak
14" x 17" - $2.75
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Luxurious jobber's material, 9/16" wide bamboo slats.

Slat Pelmets - popular handmade in Taiwan, with matching lockstitch, and $1.00 postage per shade.

Wall Lamp

Beautifully handmade of natural bamboo. Available with on/off switch. 9-1/2" cotton chintz & bracket.

12" dia. x 9" high. Painted white, yellow, green, orange or black ink on 500 white or 250 cotton broadcloth, 66" wide for per pair, tie backs included. Choose white or eggshell. 45" x 12" $14, 63" x 15" $17, 72" x 16" $17, 90" $17.50. Add $1.75 post. & handl. Md. res. add 4% tax.

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Original custom watercolor art. Ready for framing 9" x 12" matted. 8 letters $5.95 each. Additional letters $1.00. Entire alphabet available. 14" x 18" matted, specify capital or small letter. $13.96. Matte colors — yellow, blue, pink, red, green, orange. Postage and handling $1.25 for 3 pieces to the same address. Shipped within 72 hours of receipt. Send check or money order to Labon's Lokables.

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Press-Not Priscillas

These lovely full cut curtains (available up to 240" wide) with deep 6" ruffles give that real country look. Sparkling fresh of permanent press 50% polyester, 50% cotton broadcloth, 86" wide per pair, tie backs included. Choose white or eggshell. 45" x 12" $24, 63" x 15" $35, 72" x 16" $52, 84" x 17" $47, 90" x 17.50. Add $1.75 post. & handl. Md. res. add 4% tax.

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Any Initial, U.S. Flag, Pine, etc. 20 letters per line, 4 lines. Price: Ink on 500 white, or 250 gummed labels. Two sizes: 1/2" for $2.50 or Deluxe size $3.50. Via 1st Class mail. Specify Design, size, and color. Useful 80-P. Gift Catalog, 50 Bolind, 21-1 Bolind Bldg., Bou 80302. (Since 1956, thanks to

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A full color poster blown up your color photo slide. 14" by 20" $4.50; 24" by 36" $7.50; 36" $15.50. Add 50¢ post. you send slide or negative a size. Lamination up to 2 ft. add $3. Congers Color, HG1, Congers, NY 10920.

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Ceramic electric hot pot holds to four cups of liquid and is charmingly bedecked with wild roses. Approved heating coil, 46" cord and plug. $10.00. Send $1.00 for beautiful color catalogue. Grill House 19176.

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Any Initial, U.S. Flag, Pine, etc. 20 letters per line, 4 lines. Price: Ink on 500 white, or 250 gummed labels. Two sizes: 1/2" for $2.50 or Deluxe size $3.50. Via 1st Class mail. Specify Design, size, and color. Useful 80-P. Gift Catalog, 50 Bolind, 21-1 Bolind Bldg., Bou 80302. (Since 1956, thanks to
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What better way to show off a group of growing greenery than in the base of a clear acrylic table. Unbreakable 36" dia. top is movable for washing and plant care. Table is 19" high. $180 ppd. Curd Enterprises, Dept. A, 211 Iroquois St., Charleston, SC 29406.

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Clever design slides a portion of pie or cake onto plate very neatly without need for fingers. Polished 18/10 stainless steel, non-tarnish. Black ABS plastic sure-grip handle. Boxed. 9¾" 1. $5.98 plus 50c post. The Country Gourmet, GIE, 512 Sc. Fulton Ave., Mt. Vernon, NY 10550.

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Sheets of acetate satin in white, blue, gold, bone, red, brown, mint green. Machine wash/dry. Set: two sheets two cases (flat or fitted bottom sheet). Twin $22.50; full $23.50; queen $27.50; king $32.50. Ppd. Sloan-Peters, HG1, 160 Amherst St., East Orange NJ 07019.

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Drink dispenser keeps beverage and ice separated for frosty, pure delight. White vinyl with polyethylene lining and choice of orange, green, brown, yellow or silver trim. Kover-Klad: Cap. 96 ozs used for hot drinks, too. $24.95 plus $1.50 post. Meridian House, HG1, 53 Knox Rd., Stamford, CT 06907.

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Whether his dog is a friendly companion or champion, it can be woven into a tie by the Swiss. Made of terrylene and silk. Specifyreed (over 50 in stock), color navy, brown, burgundy, green). $12.50 plus $1.50 post. David Arato, HG1, 1530 Northern Blvd., Manhasset, NY 11030.

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For Ms. or Mr., a 22kt. gold-plated pendant with beautifully executed zodiac design. 1" by ¾". All twelve signs available (specify birth date). On 18" chain, $6 plus 75c post. Send for free catalogue. Many Splendored Things, HG1, Box 80750, Los Angeles, CA 90080.

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Gorham Crystal Pendant
Heart

26-24" rhodium-plated chain. A lead crystal "Lovely 14.98 each; 2 for $7.50; 4 for $14.00. Plus 10%, per order up to 60% minimum. EASY TO GROW + NO SPECIAL CARE NEEDED!

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Produces tasty bananas year after year in your home

PLANTATION BANANA TREE
A beautiful mass of wine-colored blooms this spring—follwed by a succession of luscious, edible bananas throughout the year! This unique dwarf banana tree grows about five feet high. Thrives in your outdoor garden so that delicious fruit is within easy reach. Imagine, picking bananas for breakfast cereal, TV snacks. Use the surplus crop for banana cream pies, banana splits.

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Send 50c for complete
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Learn the exciting art of belly dancing in the privacy of your own home. Scads of people are taking up this art as a form of good exercise and a way to lose weight and look, 32", wide; 41" high.

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R: "FLAMINGO" ORCHESTRA

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SPRING DOUBLE
It's a tennis dress and a swim suit. Separate pants with elasticized waist and legs. Wear your own bra for comfort. Double-knit 100% washable nylon jersey in white, yellow or royal blue. Sizes 8 to 18. $32 pl. $15.50 post. Vicki Wayne, H.C. 600 So. Country Club Rd., Tucson, A.Z. 85716.

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BATTERY CLOCK

BRASS QUARTET
Our footed trivets of solid brass lay a symphony of good fortune and prosperity. Approx. 4y 2 thick. 11%" dia. $12.95. The Plant Center, 314-6116. Dept. HG, South Orange, N.J. 07079.

RAY FROM SWEDEN
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INDIAN HANDCRAFTS

Angeles has a very high crime rate, even though it is not very crowded (it has a large population, but it's spread over considerable space). But it is not the crowding that makes the difference. In the case of Japan it is probably factors such as its homogeneous society and other aspects of Japanese culture that we cannot measure.

"In American cities, studies by H.H. Winsborough and by O.R. Galle and several associates in Chicago, and by Alan Levy, Stanley Heshka, and myself in New York, have shown that when people's income, education, and other life situations are equal, the level of density under which they live plays no role in the amount of crime they commit. Using two measures of density—the number of people an individual interacts with in his neighborhood and the amount of space available where he lives—we examined the relationship between them and the crime rate as measured by juvenile delinquency. With income level and ethnicity equated, there is no relationship between either measure and juvenile delinquency. Quite startlingly, there is actually a reverse relationship between density and juvenile delinquency in low-income areas—people who live under high density have a lower rate of juvenile delinquency than those who live in low-density areas." This finding would not surprise urban specialists like Jane Jacobs, who argues convincingly that a healthy city or neighborhood is one that has a lot of people in the streets. And common wisdom in big cities suggests sticking to crowded streets when wandering around, especially late at night.

So far, two assumptions have been effectively questioned: that crowding is necessarily bad and that crowding causes crime. What about the third, that city-dwellers would really all be better off spiritually if they lived in a cottage surrounded by nature? Jonathan Freedman is ready for this one too, as he tells the reader he will come to expect. "There is no evidence," he says, "that country people are different from city people, except in the obvious sense that they're used to the country and city people are used to the city. My colleagues and I recently did a study on happiness in the United States and we found that people who lived in the country and small towns are no happier than the people who live in cities and metropolitan areas. They have no less stress or anxiety or mental illness. We think of the country as the idyllic life where you relax and talk to the trees. In fact, you carry your problems with you, and it's the same wherever you live."

Freedman backs up this theory with studies he conducted, in which he put a subject in an enjoyable situation with other people, first in a small room, then a large room. Similarly, he put a subject in an unpleasant situation with other people in a small and large room. In all cases, the effect of the small room crowded with people served to intensify the subject's feelings of enjoyment or unpleasantness. In other words, increasing density intensified both positive and negative reactions.

Before all our rustic friends start packing up and rushing back to the cities, however, even Jonathan Freedman admits to some problems of high-density living. "High-rise buildings may create a sense of alienation and anonymity that is difficult to overcome," he agrees. "Crowded elevators, great long corridors, distance from a playground, all probably increase this feeling of isolation. I would like to see fewer high-rises and more 4- or 5-story walkups, where people get to know each other on the stairs, where there are no long-anonymous corridors, where the ground floor is accessible. Maybe we could design social areas on each floor for children to play in, and where certain services could be installed, such as washers and dryers. You can get the same number of people per block in such a building, by cutting out the central courtyard of high-rises which no one ever uses, and it would enormously increase social cooperation."

Many cities across America are considering zoning laws to encourage this form of building. Moreover, in a landmark court decision just passed in Minneapolis, it was held that the government could no longer give financial support to a high-rise housing development half-built in that city for low-income families. In other words, the courts are now stepping in to discourage the building of any more high-rises."

The news for cities and their inhabitants looks good and is getting better. The excitement and delights of city living are not nostalgic dreams, but realities. If people continue to enjoy and have faith in the city, the city will give them an intensification of life that country people, for all the good things they enjoy, may sometimes wish to share.
January Journal

Communitv gardens in Europe, container planting for vegetables, and seasonal tips for winter gardeners

By James Fanning

For garden architects

the Midderlake slim-space garden (page 74), every possible square inch is put to the best use of plants or the comfort of people, to make such efficient use of space, structural elements are important, whether they support its and leisure equipment or simply provide shade. The planning, sawing, and nailing that go into these structures pay off during the warm months.

A how-to book is one way to get started on whatever building your backyard may need. One of the best of these, devoted entirely to construction for giving shade or providing support for plants that may demand it, is Your Trellis Garden, by Jack Kramer (Walker, $7.95). Kramer gives basic designs for garden structures of all kinds, with full instructions for building them, illustrated with line drawings and black-and-white photographs. For more information on the same subjects, look at How to Build Fences, Gates and Walls, by Stanley Schuler. (Macmillan, $13.50. Schuler also tells how to build stone and brick walls with gateways. Line drawings and black-and-white photographs illustrate the text.

Community gardens: a European report

Heartening to know that the United States Department of Agriculture has set aside funds for city vegetable gardens (177). For generations, city-dwelling people have leased city-owned plots for growing their family supply of fresh vegetables. In the 1840s, Daniel Schreber initiated the move for allotment gardens in Germany, the idea of providing healthful recreation for factory workers. The idea caught on and today the "Schreber" plots are used by apartment dwellers in many German city and, in fact, every on the continent. Individual plots usually about a tenth of an acre in mid-fifty or more may be grouped in an area of arable ground easily accessible by bus, bicycle, or walking. Competition is keen among the occupants of a Schreber garden. Some are country "estates," with tiny where families can spend their free time. Others are planted to the last inch with cabbage, potatoes, and all other vegetables that Germans enjoy. Studies have shown that vegetables of all kinds—from beans to zucchini—produce higher yields per square foot of gardening space in containers than in open ground. More intensive care is needed, to be sure. Container-grown plants call for frequent watering and fertilizer applications, and cannot be left alone for more than a few days at a time. On the other hand, the attention is easily given, crops are easily gathered, and the trip from garden to table can be as short as an arm's reach.

More vegetables in less space

It may come as a surprise to farmers, but vegetables like those on page 72 do not need deep, rich garden soil to thrive. At the Bristol County Agricultural School in Massachusetts, experiments have shown that vegetables of all kinds—from beans to zucchini—produce higher yields per square foot of gardening space in containers than in open ground. More intensive care is needed, to be sure. Container-grown plants call for frequent watering and fertilizer applications, and cannot be left alone for more than a few days at a time. On the other hand, the attention is easily given, crops are easily gathered, and the trip from garden to table can be as short as an arm's reach.

Give them shelter

With winter well settled in, there's still ample protection to trees, shrubs, and flower beds. In fact, it's a good idea to let the soil freeze for an inch or two over bulb plantings before applying a winter cover. The icy layer delays sprouting that might start too early in the spring. The whole question of over-wintering plants is considered in Winterize Your Yard and Garden, by George Taloumis (Lippincott, $9.95). Taloumis explains the how and why of mulching materials of all kinds, and anti-desiccant coatings. All of his points are illustrated with photographs, and there are chapters on how to care for pot plants through the winter and how to start your vegetable garden indoors.
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