HOW YOU CAN REFRESH & ADD CHARM TO EVERY ROOM IN YOUR HOUSE

TERRIFIC DO-IT-YOURSELF DECORATING IDEAS

FURNITURE ARRANGEMENT • MIRROR • LIGHTING • PAINT

ACTIONS! WHAT TO LOOK FOR • HOW TO BID • PLUS HOW TO DECORATE WITH WHAT YOU OWN

UR HEALTH: W TO BE HAPPY • WHO YOU ARE

ALL ABOUT SPRING DECORATING

APRIL
It also holds the world’s finest whisky.

Crown Royal from Seagram. Diamonds from Harry Winston, Inc.
The Baker Collector's Edition is a selection of reproductions which exemplify the enduring qualities of outstanding early design: proportion, detail, finish and material. Each is meticulously reproduced in the 18th century tradition of skilled hand-craftsmanship.

For example, the swan neck pediment of our Georgian mahogany secretary is intricately pierced in the manner of the original. On each of the five drawer fronts of the William and Mary chest, inlays and bandings surround French walnut veneers. Both the knee and foot of the Chippendale cabriole chair leg are deeply carved.

Many more examples are available in fine stores everywhere. You are invited to see the entire Baker collection in any of the showrooms listed below through your furniture retailer, interior designer or architect.

Baker
Knapp & Tubbs
Showrooms in Atlanta, Chicago, Cleveland, Dallas, Grand Rapids, High Point, Houston, Los Angeles, Miami, New York, Philadelphia, San Francisco.
December 1, 2 and 3: A Mercury Marquis is rated superior overall to a 1977 Cadillac deVille based on 30 tests.

The new Cadillac deVille is a fine automobile about the same size as the new Mercury Marquis. But out of 30 individual tests of automotive qualities, the Marquis won 26. And was rated superior overall by 37 out of 50 big-car drivers. Call toll-free 800-443-4221 and hear some of the reasons why.
Based on smoothness, steadiness and quietness over various types of roads, Marquis won all tests. Judges actually seated in both front and rear.

6-passenger seating comfort. Marquis won 43 to 7 with the judges holding more and was judged more convenient to use, winning 48 to 2.

Quality. Marquis won 5 out of 6 tests of quality, including door solidity, carpeting, even stereo performance.

Judges for all tests, big-car owners drove/e cars over various types of roads.

Superior overall 37 13

**Test Program**

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Hear what impressed some of these big-car owners about the Marquis. Call 800-443-4221 (except Wyoming). Or write: Nationwide Consumer Testing Institute, Box 700, Times Square Station, New York, N.Y. 10036. Better yet, go to your Lincoln-Mercury dealer and test Marquis yourself.
There are many exclusive features that make KitchenAid trash compactors well worth the investment.

For example, only KitchenAid compactors have a small Litter Bin® door on top you can use for quick throwaways instead of opening the big drawer every time.

Only KitchenAid has an activated charcoal filter that actually removes odors instead of just masking them with perfumes.

Only KitchenAid has a Tilt-Away basket that can be used with or without trash bags.

See the KitchenAid trash compactor in action at your KitchenAid dealer. Then you'll understand why we say that a KitchenAid trash compactor is really worth it.

KitchenAid Trash Compactors.
They're worth it.

KitchenAid, Dept. 7CA-4
Hobart Corporation
Troy, Ohio 45374
Send me more information.

Name ____________________________
Address __________________________
City ____________________________ County
State __________ Zip ____________
MAN LIVES
NOT BY WATER
ALONE.

What would you pour into this legendary Waterford crystal? Think of a drink. And for hundreds more interesting ideas that arrive before June 1, 1977, we'll send 4 Waterford goblets. Write to Waterford Drink Ideas, P.O. Drawer 350, Rancho Santa Fe, CA 92067.
The Charlie Difference:

What you wash in is just as important as what you wash out.

Wash in extra freshness and extra extra shine with highly active, yet gentle cleansing ingredients. No dulling ingredients and no harsh alkaline detergents to get rough with your hair.

Wash in manageability and silky body with pure conditioning agents that stay on to protect every shining strand—without leaving a sticky, greasy after-feel.

Wash in a breath of Charlie fragrance to keep that sexy-young smell lingering in your shiny-clean hair.

Wash out the dirt and excess oil build-up that makes hair look drab and lifeless.

Wash out the snags and snarls of wet hair.

Wash out the static and fly-away of dry hair.

What you wash in and what you wash out with these lean pH-balanced formulas makes The Charlie Difference (And oh what a gorgeous difference in your hair!)

Extra Extra-Shine Conditioning Shampoo

In 3 formulas, so unique they’re patented

Charlie

By Revlon
Striking examples of our wall and mantel clocks. They strike on the hour... play the beautiful chimes of Westminster every 15 minutes. Their high quality. West German key-wind movements were made in the Black Forest, where clocks have been made since the 1600's. You'll find these and many other striking wall, mantel and grandfather clocks at your Howard Miller dealer. Start a family tradition with a Howard Miller clock.
Benson & Hedges
100's


17 mg. "tar," 1.1 mg. nicotine, av. per cigarette—hard pack, by FTC Method; 18 mg. "tar," 1.1 mg. nicotine, av. per cigarette—soft pack. FTC Report Apr. '76.

regular and Menthol in soft and hard pack

go ahead laugh.
your turn will come.

that's the breaks.
Do we really mean that a Stiffel lamp will blend perfectly with your fine furnishings, whatever style they may be?
Yes.
Elegant enough for traditional decor, simple enough for contemporary, every Stiffel lamp is graced with timeless design.
Left: A candlestick lamp—heavy, graceful, pure in design—finished in beautiful brass. 37½ inches high. About $150.
Prices may be slightly higher in the South and West.
MICHAEL LOVE

"I didn't do the usual Florida 'bit' with this West Palm Beach condominium. A few years ago, the busy owners asked me to design a haven where they could really unwind. So instead of vivid colors and bold prints, I used soft, low-key tones, fresh touches of white and natural textures. And the upkeep is nil. Even after several months' absence, they can just walk in—and relax."

We at Century Furniture are very pleased that Mrs. Love, A.S.I.D., chose two of our classic Parsons chairs. If you would like to see more Century furniture, including our through-the-home collections, send for our Century magazine. Enclose $3.00 with your name and address to: Century Furniture Co., P.O. Box 608, Dept. J-4, Hickory, N.C. 28601.
Sage for spring cooking

Sage, that delightful herb, is a tantalizing culinary conjurer that belongs in every kitchen herb garden. Freshly crushed leaves in cottage cheese turn a mound of white diet curds into an epicurean delight. Lamb dishes are complemented by it. And when it is used somewhat sparingly in stuffing for fowl or in the basting of a pork roast, my mouth waters in anticipation.

Fresh leaves dropped into a hot frying pan will dispel stale cooking odors, replacing them with a delightful aroma. Even tea is not beyond sage’s scope. Dried leaves steeped in boiling water develop into a refreshing herbal pick-me-up. Served iced with honey and grated lime rind, it cools any summer thirst.

The French—no water for them—macerate the leaves in port, for a fever tonic. As if this copious gourmandism were not enough, the plant itself comes in various attractive forms, including a tricolored version.

Most commonly grown is Salvia officinalis, official sage. S. ruthlana, or pineapple adds its aroma to the air when the fresh light green leaves are crushed. S. officinalis ‘tricolor’, painted sage, is a variegated variety as colorful as it is tasty.

Potted sage can be hard to find. But growing the plant from seed on your windowsill is an easy solution. The seeds germinate in 10 to 15 days, if planted in a heavy, well-drained soil. The more sun the merrier, but keep the soil on the dry side.

Once the sage plants are 3 inches tall, you can begin harvesting by pinching back. This will also help keep the plants bushy. Their one problem—a tendency to get straggly if not plucked frequently—is more than compensated for by the fact that insects and such problems usually keep their distance.

RICHARD LANGER

The egg and dye

Ellen Kaufman, an elementary school teacher in Arcata, California, learned how to make Ukrainian eggs from a neighbor. Now a master, she has a thriving at-home business selling the brilliantly decorated eggs (left) at Christmas and Easter. Pysanky, or dyed eggs, are a mother-to-daughter tradition in the Ukraine. Ellen Kaufman calls them “batik eggs,” because the same wax-resist process is used (the blown-out eggshell is marked with wax to create design, then dipped in dye as many times as there are colors; wax is melted off). To learn to make Ukrainian eggs yourself, get a beginner’s kit—many shops in Ukrainian neighborhoods sell them. Ellen gets her materials from: Ukrainian Gift Shop, 2422 Central N.E., Minneapolis, Minn. 55418 (beginner’s kit, $2.50). Her tips: Try to get farm eggs; supermarket eggs don’t take dye as well because of shell preservatives. Have eggs at room temperature to blow them out. Spray finished egg with high-gloss varnish.

Ellen Kaufman eggs include traditional designs and, right, a Northwest Coast Indian design.

Ellen Kaufman

Grand Manan, New Brwick, is 15 miles long, than 5 miles wide, and 2 h by ferry from Black’s Hat N.B. It welcomes visitors do not provide them manufactured diversions. Th e place for walking -along shore to picturesque harbors like Seal Cove and Woodside Cove, or around the spectacular cliffs on the west coast, or the wooded trails. Other delights: bird-watching, becombing, rockhounding, eating, and fishing. Hope for Grand Manan. That way you’ll enjoy it.

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Ellen Kaufman eggs include traditional designs and, right, a Northwest Coast Indian design.

Grand Manan Museum in Grand Manan Harbor has an astonishing collection of stuffed birds—a course in local geology. Offshore Ross Island, reach on foot only at low tide (you have 4 hours to get back). Dulutha reddish edible seaweed. Boat trips (for birdlife) to Gann Rock, Kent Island, Machias Seal Island. Smokehouses. Woodward’s Cove, Grand Harbor, White Head Village.

ISLAND ITINERARY

 Alan Pospit

OFFBEAT ISLAND

Backpackers on Grand Manan when it comes—bells, whistles, foghorns, sound from buoys, lighthouses, and boats. Fog nights make the Marathon Harbor a sea captain’s 100-year-old inn, North Head, that much cozier. Rates: $14.50 to $19.50 per person per day with meals (lobster eve Wednesday).

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"Before I put my Olds wagon in this garage, I put this garage in my Olds wagon."

When I drove my new Custom Cruiser home, I picked up this specially-designed lightweight garage on the way. Which should give you an idea how Olds builds its full-sized wagon. Practical dimensions—outside, plenty of room inside for the 1009 pounds of materials needed for my new garage. I can flip the tailgate down for loading, or sideways like a door, with the window up or down. Even the hinges are concealed for easier loading. I ordered the new rear-facing third seat because you can open it with one hand without climbing in; and I ordered the roof rack with adjustable crossbars.

Yet this is more than just a roomy station wagon. It's an Oldsmobile.

It doesn't ride like a wagon. It's smooth, quiet, and a luxury to drive. Standard equipment includes Turbo Hydra-matic transmission, power brakes and steering, steel-belted radials. And it includes a 350 V-8 that can still give good gas mileage. (EPA estimates: 19 mpg in the highway test; 14 mpg, city. Your mileage depends on how you drive, your car's equipment, and its condition. In California, EPA estimates are lower.)

And this is one wagon that's built for comfort. There's cut-pile carpeting that runs the length of the loading space and up the sides. There are two lockable storage areas, one underneath the load floor and one in the left side. There's a center armrest up front; you can even have velour upholstery, if you like. And the electric rear window is standard.

Oldsmobile took a big load off my back when they built the Custom Cruiser. It's not just a spacious wagon. It's a car that looks good in any garage. They really built one for me!

Garage is 10' x 20' with added triangular wings: total, 225 sq. ft. For complete building plans and list of materials, write Department W-1, Oldsmobile Div., Lansing, MI 48921.

Oldsmobile
CUSTOM CRUISER
Can we build one for you?
Sears says buy a mattress like you would a car... find out what’s underneath the hood.

The Sears-O-Pedic Imperial Innerspring Model

Individually pocketed coils engineered to carefully cushion every inch of your body weight with the proper degree of support.

Sears Exclusive Mattress-Within-A-Mattress Construction. Surrounding the bed of individually pocketed coils are heavy-gauge steel border coils supported by double wire edge construction. No matter how much abuse the edge of your mattress gets, it resists sagging.

Six plush layers of comfort. Each luxurious layer specially designed to give you sleeping comfort on top of firm support.

Lustrous, deeply quilted cover. The elegant floral design is woven in for optimum luxury.

Reinforced cord handles backed by tempered steel plates for durability. Makes turning smooth and easy.

Air freshener vents. Eight vents to help prevent dust, mildew and odors.

Built-to-match boxspring designed expressly to enhance the firm support and comfort of your Sears-O-Pedic Imperial Mattress.

$129.95 Twin size mattress or boxspring. (Queen size shown.)

*Prices higher in Alaska and Hawaii.
When it comes to firmness and comfort features, no mattresses in the world are built quite like the Sears-O-Pedic Imperials.

Prove it to yourself. Inspect the Innerspring and the Polymeric Foam Models, feature by feature. Each offers you just about the smoothest, most comfortable sleep possible. First-class luxury. Plus the durability and mileage you'd expect from a Sears Best—backed by Sears warranty.

Is innerspring or foam right for you? To find out, come to Sears and take The Mattress Test. Lie down with your eyes closed and turn as you would in your sleep. Your body will tell you in no uncertain terms which model feels best.

The extraordinary Sears-O-Pedic Imperial Mattresses. Available in twin, full, queen or king sizes at most Sears larger stores and through the catalog.

The Sears-O-Pedic Imperial Polymeric Foam Model

Sears Exclusive Contour Support Construction. Hundreds of firm support cushions cradle every square inch of your body while Sears exclusive “posturized” foam provides extra support wherever your body weight requires it most.

100% Polymeric foam designed with space-age technology. 6⅝ inches deep
- virtually indestructible
- retains shape indefinitely
- lightweight
- resists odors, dust, mildew, bacteria
- resists sagging and crumbling
- self-ventilating
- never needs turning.

Five plush layers of comfort. Each luxurious layer specially designed to give you sleeping comfort on top of firm support.

Lustrous, deeply quilted cover. The elegant floral damask design is woven in for optimum luxury.

Built-to-match boxspring. Uniquely designed for your Sears-O-Pedic Imperial Foam Mattress. Inside, one heavy-gauge continuous coil gives you more comfort and uniform support than conventional foam boxsprings.

The place to shop for mattresses Sears
K

Living

Heart watch

A new 24-hour heart survey, done while you work, sleep, eat, bathe, play tennis, catch a plane, or just relax, can tell your doctor much more about your cardiovascular health than the familiar electrocardiogram. For this extended investigation, electrodes are secured to your chest and plugged into a machine resembling a tape recorder, which you carry with you during the 24-hour test. This ingenious procedure, thought up by Dr. Norman J. Holter, detects problems that might never surface during a 15-minute EKG in the doctor's office, or during bed rest in the hospital. You keep a 24-hour diary of the day's events, meal times, activities, and so on. These notes are compared with the taped readout interpreted by a scanning machine. If you want more details, discuss the Holter technique with your doctor.

MARY CATHERINE TYSON

Roman Forum today: buried under cattle field in 18th century, Piranesi etching, top.

Being of earthly use

"The expedition will proceed into this virtually unbroken expanse of virgin rain forest, often using machetes." An unusual description for a vacation, yet typical of the experience volunteer Earthwatchers get into. In this instance they will participate in an intensive biological survey of a remote, unmapped nature reserve in Ecuador, collecting and taking census of birds, amphibians, snakes, and other reptiles, plus plant collecting. There are other less demanding ecological projects on the Earthwatch program. This summer, volunteers will survey Provincetown Harbor to study effects of shoreline development on marine life. (For this, you should like working up to your ankles in water in any weather.) Or you can observe wild ponies on Assateague Island, or dig out a Mayan ruin. The Earthwatch schemes match scientists with approved projects to vacationers who pay to volunteer their enthusiasm and muscles—chief requirements for most "alternative" vacations. Catalogue, costs (often tax deductible), and dates from Earthwatch, 10 Juniper Rd., Box 127H Belmont, Mass. 02178.

Earthwatch volunteers measure 16th-century shipwreck off Bermuda.

Fast furniture to make yourself

It's a twofold pleasure: one's in the doing, the other's in the savings! They're the principles behind two brand new, large-format paperback books on make-it-yourself furniture. Spiros Zakas and his students at Parsons School of Design in New York have put together Furniture in 24 Hours. There are 42 designs worked out in the school's workshops, originally designed in the classrooms, backed up with plenty of photographs, detailed drawings, and lists of tools and materials for the job. Peter Stamberg's Instant Furniture has 34 designs for sofas, desks, chairs, tables, couches—all of it based on precut wood, glue, and finishing nails. Both books are packed with useful, attractive pieces that take a minimum of time, effort, and money. Attorney George Linck made the Parsons table from the 24 Hours book and adapted it to his own taste. He put a solid marble slab ½-inch thick into the recessed top, after covering the whole table with the palest taupe heavy-woven cotton fabric. He says it took half an hour to glue the 4-by-4s together and about 6 hours to apply the fabric. Cost of the wood about $20, cost of the fabric about $25. Furniture in 24 Hours, $6.95 (Collier); Instant Furniture, $7.95 (Van Nostrand Reinhold).
If you've been buying Chivas Regal just for the label, we can save you the $13.00.*
Armstrong Designer Solarian
with the richness of Inlaid Color.

As different from other no-wax floors as an oil painting is from a print.

No matter how fine a print is, it's still just a print. Only a reproduction of the original. An oil painting is built up layer on layer, shade on shade, which creates that depth and realism found only in an original work of art.

Armstrong's exclusive Inlaid-Color process gives Designer Solarian that same depth of color and realism of design. It is a buildup of thousands of varicolored granules that forms a thick inner layer of color—deep, rich color with that quality of "an original" that no printed floor design can hope to achieve. And it's also what gives Designer Solarian its solid, hefty feel.

Visit your Armstrong retailer. And compare the unusual richness of Designer Solarian's deep-down Inlaid-Color construction to the other no-wax sheet floors. You can't miss the difference.

Because of its Mirabond® wear surface, Solarian keeps its sunny shine, without waxing or buffing, far longer than ordinary vinyl floors. And the cleaner you keep it, the brighter it shines. Just sponge-mop with detergent and rinse thoroughly. Black heel marks come up easier, too. If heavy-traffic areas eventually show some reduction in gloss, your retailer can supply a special Solarian Floor Finish which can be applied occasionally as needed to help maintain the shine.

To find a nearby Armstrong retailer look in the Yellow Pages under "Floor Materials." Many are authorized Floor Fashion Center® retailers, offering the best in selection and service. Or, use the coupon to get free Solarian literature, maintenance instructions, and names of your nearest Armstrong retailers.

Pictured here are just five of the more than 50 different color and design choices available in this fine-quality floor. Designer Solarian. It's like an original work of art.

Certain floor designs copyrighted by Armstrong

CREATORS OF THE INDOOR WORLD®

Armstrong
7704 Maple Ave
Lancaster, Pa. 17604

Please send me your free brochures on Solarian color and design selections, flooring maintenance, and names of my nearest retailers.

Name: ____________________________
Street: __________________________
City: ____________________________
State: __________________________
Zip: ____________________________

Apt. #: ______________
The magnificent seven

- The ultimate cooking tool is here—concentrated essence of seven different stocks made in a top chef's kitchen, with which you can create a delicious instant gourmet sauce. The stocks—lobster, meat, chicken, Bordelaise tomatoes and meat, duck, fish—are made without any added gelatin, salt, or preservatives. In handy 2-ounce containers, 4 in a box, with recipe folder. Inspiration of David Lieberman, left, an American "graduate" of the Trois Gros kitchen in France. By mail from Sauce Cuisine, 55 Park Ave., New York, N.Y. 10016: $22.95 for assortment of 16, $27.95, 500 miles outside New York.

It's summer's your time for learning a new skill, then you may want to investigate the special Accelerated Class in furniture decoration at Isabel O'Neil's famous studio workshop. In two weeks of intensive daily instruction June 20 to July 1 you are taught preparation, paint mixing, striping, antiquing, leafing, gilding with precious metals, and a multiplicity of patinas. The almost one-to-one teaching method ensures maximum progress, so by the end of the course each student leaves triumphant with three beautifully hand-finished pieces, one painted, one leaved with a design, and the other carved and gilded. (Boxes, left, have a patinated finish.)

Every year the class ($500 per student) attracts an interesting international group, "and it's fun," says Isabel O'Neil. Write her at 177 East 87th Street, New York, N.Y. 10028.

Magical mystery tours

For jaded "we've seen it all" travelers, what about a journey to the occult world? "There's Colombia's Lake Guatavita, in which a city is supposed to be buried whose houses are all gold and silver," says John Wilcock, traveler and author of An Occult Guide to South America (Stein & Day). "Or you might prefer Easter Island, where the amazing giant carved statues baffle the experts even now. Or take a trip down the Amazon, reliving all the pagan ceremonies and rituals that thrive along the river banks."

As well as describing all the mystical and mysterious goings on in South America, Wilcock usefully lists hotels, places to eat, theatres, museums, and trips to take along the way. He has also just published, with co-author Elizabeth Pepper, Magical and Mystical Sites, Europe and the British Isles (Harper & Row), which reveals among other things that the innocent green landscape of Britain we know and love is really a hotbed of dragon legends and druidic rites. Suggested way to travel: by broomstick.
Thunderbird for 1977.
At $5,434*, it's hard to believe.

Thunderbird. Leaner, cleaner and 10 inches trimmer in size. Its refined suspension system and wide stance mean you can expect agility and sureness to complement Thunderbird's legendary quality and comfort.

So it's almost unbelievable that the Thunderbird shown below, equipped just as you see it, is just $5,434.

Skeptical? Visit your Ford Dealer—test drive a '77 Thunderbird.

When America needs a better idea. Ford puts it on wheels.

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Base sticker price: $5,063*

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<td>Power Steering</td>
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<tr>
<td>Automatic Transmission</td>
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<td>302 Cubic inch V8</td>
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<td>Full Wheel Covers</td>
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<td>Color-keyed Belts</td>
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TOTAL $5,434

*Excluding title, taxes and destination charges
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Twice a day.

Clinique is the skin care system women believe in because it works. Clinique’s dermatologists worked it out this way. 3 products, 3 steps, 3 minutes, each morning and night. Clean with Clinique’s great soap. Clear away with a clarifier for your skin type. Replenish with moisturizer. That’s it. That’s all. For skin that just gets better and better looking. Every day of your life. All Clinique products are allergy tested and fragrance free.
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Gold medal winning clocks since 1885

By Louise Ade Boger

Early Georgian chair

I would like to know if my chair is English or American and what style it presents. R.B.S.—New Orleans, La.

Your English, early Georgian chair belongs to the enriched examples of the Queen Anne chair with a vase-shaped splat. In armchairs of the period, 1720-1735, the armposts, as in your model, no longer rise directly above the front cabriole legs in the traditional manner, but are set back on the seat rail.

German clock

Is there anything about this clock that can help you determine its age and origin?

F.M.—Santa Rosa, Cal.

The chapter ring (the section of the dial on which the numbers are engraved or painted and which also has the minute circle is slightly convex, indicating that your tall case clock is of German origin. The carved detail of the hood is markedly Art Nouveau, suggesting manufacture around 1900.

Creedmoor

What can you tell me about my bank, which has "Creedmoor" on the base? The number 196870 is on the bottom.

M.H.L.—Forest Hills, N.Y.

Your mechanical bank, invented by James H. Brown of Philadelphia, was patented Nov. 6, 1877 and manufactured by J & E Stevens of Cromwell, Conn., the first and most important (as well as prolific) toy bank manufacturer. It takes its name from the Creedmoor rifle range on Long Island, where annual international rifle shooting tournaments for the American championship were held until 1909.

Porcelain mark

From the marks that I've drawn, can you identify the maker and age of my dish?

H.T. McC.—Long Beach, Cal.

C.A. is Charles Ahrenfeldt, who started a porcelain factory at Limoges in 1894. About the same time he started a factory around Carlsbad, Austria. The second mark may relate to this factory. Saxe is the French name for German Meissen porcelain. Your dish was made, perhaps, sometime before 1914.

Continued on page 28
At last. Enjoyment in a low tar cigarette.

Salem Lights and Salem Long Lights.
"I wanted my bedroom warm and cozy. And also light and airy. And also like an indoor garden. Too bad I have only one bedroom."
I have each bedroom planned. Down to the sheets on the wall. And all it would take to make each dramatic difference is a little paint. And a change of sheets.

I have never been easy about making up my mind. And now, those Martex® sheets (so easy-to-care for) with those Martex patterns (so easy-to-love) are making it even harder to decide.

I could have a light and airy bedroom. Full of "Green Grass" and punctuated by bold waves of color in "Spring Valley." It would be sophisticated. It would be naive. It would be my favorite.

Except for my indoor garden bedroom. It would not be full of the usual frilly flowers. I'd use "Tulips. Tulips." Tailored tulips. My indoor garden bedroom would be unexpected. It would be unpredictable. It would be my favorite.

Except when I'm in my Sarah Bernhardt mood. Then I need a warm and cozy room swathed in "Peach Marbles." A room full of drama. Where I could kind of drape myself across a chaise without looking completely silly.

Yes, it's really a shame I have only one bedroom. But it's nice to know I can change the look of it about as easily as I change my mind.

So I'll plunge right in and pick one. And when I want to change the look, I will.

By changing the sheets.

Martex.
Cast-iron Indian

This iron figure has no back and is hollow. Do you have any idea what it was used for?

F.O.—Scarsdale, N.Y.

Your cast-iron figure, dating from about the 1870s, could very well have been an ornament from an old cast-iron-front building or, perhaps, a trade sign. It is an excellent job of casting.

New York spoon

We think this spoon is very old. From my photographs and sketch of the mark can you tell me anything of its origin?

M.M.K.—Neenah, Wis.

The shape of the bowl of your silver spoon suggests that Joseph S. Porter, working at Utica, N.Y. 1811-1850, made it about 1815. The shoulder on the stem just above the bowl is a distinguishing feature of Empire spoons.

Chinese Export porcelain

I'm told this serving piece was made in China and exported to the U.S. I know nothing else about it. Has it a pattern name?

C.W.—Oyster Bay, N.Y.

Your tureen with stand, dating c. 1870, is a fine example of Chinese Export porcelain. It is decorated in the well-known Fitzhugh pattern, executed in orange. The name Fitzhugh is variously attributed to an American sea captain of that name and the mispronunciation of the Chinese city of Foochow.

American sea chest

We bought this chest in Maine and would like to know if it is really very old or in any way unusual.

C.S.—Dallas, Tex.

The paint on your American sea chest looks original, indicating a date of manufacture of about 1830. It is an interesting example, as sea chests are rarely decorated in any manner.

Minton mark

Can you identify the mark I've drawn? What does "opaque china" mean?

N.D.—Barstow, Cal.

Your mark is an early English Minton mark, about 1822-1836. "Opaque china" indicates that your article is earthenware, since porcelain is translucent.

Philadelphia Antiques Show

Included among the 65 American hooked rugs in the loan exhibit Underfoot—Floor Coverings Used in America, at the 16th annual University of Pennsylvania Hospital Antiques Show, will be this 19th-century American hooked rug of a Dalmatian. The show will be at the 103rd Engineers Armory, Lancaster Ave. at 33rd St., Philadelphia, Pa., April 19 through 23.
your own room at the top...your own way

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GOOD LOOKS AND GOOD HEALTH

Caring for your neck

It's a central point for nerves and muscles—and it shows! Here are exercises and tips for keeping your neck healthy and beautiful

By Elin Schoen

Once upon a time, in Japan, the nape of a woman's neck was considered erotic. Customs have changed in Japan (gone are those piled-up, lacquered, neck-exposing hairstyles, for one thing). But in America, where nobody ever paid much attention to napes of necks, things are pretty much the same. We still overlook the neck not just the nape, but the whole thing. Until something goes wrong. It is no accident that spoiled children and leaky faucets, among other aggravating things, are not called "a pain in the ankle." Neck ailments of varying severity are right up there with headaches as one of our nation’s leading... well, pains in the neck (in matters of health, anyway).

Dr. Bernard Jacobs, Clinical Professor of Orthopedic Surgery at Cornell University, modestly describes neck problems as "very common." But the fact that at New York’s Hospital for Special Surgery there is a whole clinic for neck problems (Dr. Jacobs heads this clinic) speaks for itself. "I call the neck the Times Square of the human frame," says Dr. Jacobs. "The spinal cord goes through it, and all the nerves to the arm and the two main arteries to the brain. All of these can be affected by neck disorders." So when neck pain is accompanied by nerve symptoms (pain, numbness, or a pins-and-needles feeling in your extremities) or frequent headaches or dizziness, you should see an orthopedist. These symptoms could indicate joint or disc problems, which can be treated a number of ways—with exercises, collars to relieve stress, heat packs, traction, and certain drugs.

For all neck discomfort, from that stiffness that the English call "desk neck" (the result of sitting at a desk in a high-tension environment) to trauma-related problems (often, an incipient disc or joint problem is discovered only after provocation by some kind of accident), Dr. Jacobs recommends these measures for easing the neck's burden: (1) If you must bend down, don't bend from the waist (the neck goes down); squat, bending the knees. (2) Avoid reaching for things on top shelves (in other words, stretch your arms and head too strenuously). (3) Turning your head quickly, in an instance, someone calls your name, instead of craning your neck around to see what's behind you, turn your head the rear-view mirror way, instead of craning your neck the other way. Dr. Jacobs has gardeners among his patients (Continued on p. 19). Top: Japanese print highlights

Suit yourself

If you are an ARIES, one of the three Fire signs (March 21-April 20), everyone around you knows it. You are outspoken, affable, optimistic, competitive—and inclined to slam doors when angry. Independence and free will are important to you. You are the least self-effacing personality of the Zodiac, but you can laugh at yourself. Initiating projects comes naturally, but with the shortest attention-span on record, it takes real discipline to see plans through to completion. You are a loyal, affectionate, and straight-from-the-shoulder friend, and demand the same qualities in return. Sagittarius and Leo, two Fire signs, are most likely to appreciate your enthusiasm.

Astrologically speaking, fragrances for you should be as unique as you are. AROMATICS Clinique, is peppery and sentent; it reaches out to you, as you are. AROMATICS Clinique, is peppery and sentent; it reaches out to you.

Arden for Men has a natural fragrance, SANDAL, a grand splash for the noble man.

—Maria Reachi, dec
SPORTY.
CASUAL.
EXCITING.
FRESH.
UP.
JAUNTY.

IF IT FITS... WEAR IT!
AVAILABLE AT ALL FINE DEPARTMENT STORES.
For tension-relieving exercises, Dr. Jacobs recommends "shoulder shrugs." "Shrug your shoulders," he says, "and hold them shrugged to a count of three. Then relax. Do this 20 times." He also has some isometric techniques: Put one hand behind the head and push the head back against it (without letting the hand yield) slowly, and without tension. Hold this position to a count of three, then relax. Repeat the process with the hand on the forehead and the head pressing forward. Then do it with the hand on the right side of the head, and, finally, on the left side of the head. Do the push-release routine 20 times in each direction.

"Massage," says Dr. Jacobs, "is useful, but only as a temporary thing." He recommends it as a warm-up before and after doing the exercises. First, apply a heat pack. (Commercially made packs, wet or dry, are available at drugstores and surgical appliance stores.) Then massage your neck. "It's better," Dr. Jacobs suggests, "if you have somebody you like do it for you." Do the exercises and after wards, apply more heat and have another massage. If all this seems like too much trouble, you can get heat and massage simultaneously by doing shoulder shrugs under a warm, strong shower.

Massage is also helpful for that particular neck problem which is not merely common but universal, and which may not be physically painful but causes great unhappiness: the crepey neck that comes with the creeping-on of years. "Most women forget for years that they have a neck," says New York skin expert Mario Badescu. "But the skin on the neck is very thin and sensitive, and the first signs of old age appear here, the wrinkles and the folding." The aging process, however, is not the only reason for lines. Imperfect posture, or any activity in which the neck is bent frequently (writing, talking on the telephone, or any activity in which the neck is bent frequently), can cause the neck to "age" before its time.

Badescu recommends light massage to help straighten out the problem. "Apply a little cream on the neck," he says, "and use a tapping movement toward the chin and also toward the back of the neck, following the lines drawn by folds of skin in the neck. Massage very slowly, and not hard. Just touch the skin." Lying as flat as possible when sleeping in bed (in other words, no fat pillows, or no pillow at all) is also helpful.

Walking around with a book on your head helps to correct that line-etching slump. Badescu also suggests the following "neck roll" exercise as a great skin smoother and muscle-loosener. Sit on the floor, "lotus" or "Indian" style. Drop the head forward... gently. Inhale, rolling the head clockwise (keep your shoulder down; the tendency is to raise it slightly to "meet the head), then back. Exhale, continuing the head movement over the left shoulder, bringing the head back to its original position, facing front, lowered. The whole circle should be inscribed smoothly, in one continuous motion. Repeat it ten times. Then circle the head counter-clockwise ten times. For a double chin: Hold your head all the way back, stick your chin forward, and move your jaw gently from right to left ten times. Another useful chin exercise: Hold your head back and make a chewing motion up and down.

In addition to proper exercise, necks need moisture. "The neck should be cleaned twice a day, just like the face," says Badescu. "Use tepid water, never hot or cold, and avoid strong soap because it removes the acid mantle of the neck; making it very hard to maintain its youthfulness. And don't forget moisturizer, no matter what kind of skin you have." Also, since alcohol has drying properties, never spray cologne or use alcohol-based lotions on the neck. They remove the natural moisture from the skin. When you use a mask on your face, extend the treatment to the neck. Egg-yolk-and-oil or milk-and-honey masques are particularly good.

New York beauty and skin expert Janet Sartin does not believe in neck massage. She suggests the following pampering treatment. Cleanse the neck with a rich cleansing oil, the richest you can find. Apply an extra heavy night cream on the area. Take a thin layer of cotton just short of your neck size; saturate half of it with a rich moisturizing oil and fold the other half over it. Stretch the cotton over the neck surface fairly tightly. Lie down for 10-15 minutes. This is also a good treatment for the under-eye area (but don't use the treatment on blemished skin).

Dr. Stephen Kurtin, Assistant Clinical Professor of Dermatology at Mt. Sinai School of Medicine, agrees that the neck needs lots of moisturizer, either in cream or lotion form (the only difference between them is that creams are heavier). "What gives the skin moisture," says Dr. Kurtin, "is the amount of water in the skin." So apply moisturizer when your skin is still slightly damp. Oils don't give you moisture. They help to retain the moisture content of the skin.

Although from Dr. Jacobs's point of view, one of the neck's worst enemies is gardening, Dr. Kurtin sees things in another light—sunlight, to be exact. The sun is the

Continued on page 232

New in the stores page 36
The most important thing that ever happened to your hair!

Now... one shampoo/conditioner cares for your hair the way Helena Rubinstein cares for your skin! HAIR CARE.

We've encapsulated a superb conditioner and suspended it in a low detergent-high cleansing shampoo. Each time you shampoo, these visible "pearls-of-conditioner" burst fresh and potent to correct your hair shafts.

from this... to this. (And we can prove it.)

And smooth hair shafts mean body, bounce, shine and softness for your hair.

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THE SCIENCE OF BEAUTY

These "pearls-of-conditioner" are visible proof of HAIR CARE's exclusivity. In 4 special formulations for Normal Hair, Oily, Dry or Color Treated And now new Anti-Dandruff
Oscar de la Renta presents the well-dressed

"My designs are for the woman who believes her bed and bath should be as well-dressed as she is... the woman who makes as much of a personal statement with her room decor as her wardrobe. This is a woman who does not follow fads. Rather, one who prefers classic simplicity that is soft, restful and easy to live with."

— Oscar de la Renta

"There's nothing like a monochromatic color scheme to lull you gently to sleep. Here, in Monochromatics, my whole aim was to capture that feeling of utter tranquility by using delicate splashes of color from a pastel palette... all interwoven with a soft handkerchief-plaid motif."
Persian baths reflect a way of life that is both luxurious and romantic... each being resplendent with exquisite hand-painted tiles. I've taken this motif and adapted it to today's well-dressed bed and bath in Persian Shawl.

To me, the most subtle of all luxurious carpets are the Aubussons — specifically, those woven in soft-spoken pastels with garlands of flowers gracing their borders. Why shouldn't the well-dressed bed and bath have the same serene elegance? For the woman who shares my feeling, I offer Garland, all tied together with ribboned comforters and pillow shams.

Royal Family by Cannon

Cannon Mills, Inc. 1271 Avenue of the Americas, New York, NY 10020
Design.

Henredon is known for superb design and craftsmanship—seen here in a magnificent bombe china cabinet from the Four Centuries Collection which is equally impressive in dining or living room—an ideal display area for porcelain or a favorite collection.

Henredon’s custom of interpreting classic styles for contemporary living is further seen in Louis XV chairs with authentic carved detailing. See the uncommon quality and workmanship of Henredon by sending $2.00 for the Four Centuries and Upholstered Furniture brochures to Henredon, Dept. G-47, Morganton, N.C. 28655.

The Luxury of Henredon.

Beauty and health products
new this month in the stores

What could be prettier than a fresh bouquet of brightly colored spring flowers standing in a graceful crystal vase? Don’t be surprised, then, when you first get a chance to breathe in Cristalle by Chanel, a delightful new floral fragrance. It’s in a special new formula. Not a perfume, but a stronger-than-ever cologne that you can splash or spritz on with a nonaerosol spray from a handsome, tall, crystal-clear bottle in the famous Chanel design. There’s a body powder, too, that silken's your skin. Which flowers? Jonquil, jasmine, hyacinth, and honeysuckle, with amber and green mosses for staying power. Cristalle 1-ounce introductory size, $5.50, can be tucked in your desk or purse for travel. Two ounces for $10.50 can stay at home.

Moisture care for men? Why not? The fact is that shaving every day keeps a man’s skin looking fresh and smooth, but shaving creams aren’t usually packed with moisturizers. Three new, compact and concentrated moisturizers from Aramis get right into the skin, disappear on the spot, and work wonders from the inside. Two for the face, Moisturizing After Shave and Moisturizing Concentrate, let a man choose which application he’s most comfortable using—creamy liquid or super-rich cream. Moisturizing Hand and Body Lotion for the rest of him. They’re in small, lightweight plastic bottles; Concentrate’s in a tube. After Shave and Body Lotion, $6.50; Concentrate, $7.50.

The Medical Products Division of the 3M Company has come up with an ingenious little packet that you can use to substitute for hot or cold packs—in the same product! It’s called the Hot/Cold Pack—a small, 10-inch-long plastic bag that’s filled with gel. Stick it in the freezer or drop it into very hot water for whichever application you need. $2.49 each.

One more good-for-you skin product that smells marvelous—Herbal Listerex Scrub by Warner-Lambert, for young, oily, troubled skins. It’s a medicated lotion in a packable plastic bottle. Use it for your face and don’t forget your neck, chest, and shoulders. In two sizes, 4 ounces, $1.40 or 8 ounces, $2.20. At drugstores everywhere.

Hyacinth, honeysuckle, narcissus, jasmine.
Soap and water:
Should you use it if your skin is dry?

If you've got to get your face clean but you have dry skin, you can't use soap or it will dry out even further. Right? Think again.

In the first place, many dermatologists feel there's no better cleanser for your face than soap and water. And you already know that no combination of creams and fresheners ever leave your face feeling as clean.

In the second place, it depends on the soap. Ordinary soaps are made only to "take": to take away dirt and makeup. In the process, they also take away some of your skin's natural moisture and oils, which you can't afford to lose now that you're no longer a rosy-cheeked, dewy-skinned young girl.

You need a soap with "give" as well as "take." Now there is one. New Neutrogena® Dry Skin Soap. Not only does it take away surface dirt and makeup as mildly and effectively as our regular Neutrogena® Soap. It does more.

It gives very dry skin something it needs. Extra protection. An invisible layer of two emollients that stays on when the dirt rinses off. And, as you know, emollients are those wonderful substances that help skin retain moisture and act as a barrier against further moisture loss. The process is called hydrating the skin. (Instead of dehydrating, which many soaps do).

How does it work? Two special hydrating agents* have been added to the original Neutrogena formula to make new Neutrogena Dry-Skin Soap. They're very much like the ingredients in moisturizers. And that's why this new soap will immediately leave your dry skin feeling softer and smoother than you're used to with other soaps.

Give our Neutrogena Dry Skin Soap a try. You may be in for a great treat: the fresh, clean feeling of soap and water on your face, and none of the worries.

Introducing Neutrogena® Dry-Skin Soap

*Purcelline Oil Syn. and Laneth-10 Acetate.
Among other delights of spring, it is the season for seeing other people's houses when historic houses are polished and prepared for house tours, when decorator showhouses are primped and the last ruffle and curtain are put in place for visitors. The concept of the decorator showhouse a house in which rooms are done by different interior designers with whatever fabric, furniture, flowers, and style most suit their fancies is popular across the country. An additional plus: Showhouses usually benefit a local charity or organization.

Here are some of the houses opening now that you can visit:

**ALABAMA**

Birmingham
Junior Women's & Women's Committee of the Birmingham Symphony Association.
2801 Mountain Brook Parkway
Birmingham, Ala. 35223
April 24-May 15

**ARKANSAS**

Little Rock
The Guild of the Arkansas Orchestra Society
1977 Symphony Designer House
4014 South Lookout

**CALIFORNIA**

San Diego
San Diego Historical Society: American Society of Interior Designers: Junior League of San Diego
3326 Currey Street
San Diego, Cal. 92103
April 24-May 15

**CONNECTICUT**

Fairfield
The Junior League of Greater Bridgeport.
401-415 Old Post Road
Fairfield, Conn. 06430
May 1-May 22

**FLORIDA**

St. Petersburg
St. Petersburg Symphony Guild
1724 North Shore Drive, N.E.
St. Petersburg, Fla. 33704
March 12-April 3

**GEORGIA**

Atlanta
Junior Committee of the Women's Association of the Atlanta Symphony Orchestra
3351 Woodhaven Drive, N.W.
Atlanta, Ga. 30305
April 16-May 8

**MASSACHUSETTS**

Boston
The Junior League of Boston
841 No. Lincoln Avenue
Allegheny West (north side of Pittsburgh)
15212
May 7-May 29

**NEW YORK**

New York City
Brandeis University National Women's Committee
Carnegie-Mews Fifty-sixth Street and Broadway
New York, N.Y. 10019
March 25-April 26

**OKLAHOMA**

Oklahoma City
Women's Committee, Oklahoma Symphony Orchestra
420 N.W. 14th Street
Oklahoma City, Okla. 73103
May 1-May 22

**OHIO**

Columbus
Women's Board of the Columbus Gallery of Fine Arts
4497 Olentangy River Road
Columbus, Ohio 43214
April 24-May 15

**PENNSYLVANIA**

Pittsburgh
The Junior League of Pittsburgh
5 Courtlandt Place
Houston, Tex. 77006
March of April

**TEXAS**

El Paso
El Paso Section of the National Council of Jewish Women
625 W. Yandell
El Paso, Tex. 79902
April 22-May 8

**WISCONSIN**

Madison
The Junior League of Madison
1400 W. University Avenue
Madison, Wis. 53706
May 1-May 22
You'll find some of the world's most beautiful homes all under the same roof.

A GAF® Timberline® Roof.
And you'll find it on these homes for a simple reason. Quality. Uncompromising quality.

Because no other roof combines the elegant look of wood with the long life and maintenance-free performance of asphalt as beautifully as Timberline shingles.

What's more, this rugged beauty is available in six distinctive colors. So it's easy to harmonize with practically any color scheme and virtually any roofing style. Whether A-frame, mansard or traditional.

And Timberline asphalt shingles need no special treatment to keep their natural good looks. In fact, they're practically maintenance-free. With a fire-resistant surfacing and waterproofing asphalt construction that won't rot, split, crack or warp. And a special, self-sealing thermoplastic adhesive that protects against the worst nature has to offer.

Ask your nearest GAF dealer to introduce you to the roofing that tops some of the world's most beautiful homes. Timberline Roofing.

You'll find him in the Yellow Pages under "Roofing." Or write to: GAF, Building Materials, Dept. HG47, 140 West 51 Street, New York, N.Y. 10020.
Is your child gifted?

Yes! say two experts. We’re all born creative.

The big question is, will your child grow up to be a gifted adult?

By Cora Lee Leon

Artist Edward Giobbi is a grownup now, but when he was a child, he was called "gifted." He is the father of three such children (see them and their work in House & Garden, December 1975). But: "I bristle when people rave about how gifted my kids are, because all children are gifted."

Rhoda Kellogg, a prominent San Francisco preschool educator, has studied children for 30 years, and collected more than two million drawings by young children throughout the world. Her conclusion? "The idea that creativity is the gift of a special few is just not true. We are all born creative."

All right, we might ask, if my 13-year-old was born gifted, what happened? Why did he lose interest in anything artistic at the age of 5? Why is his best friend barely making it half-heartedly through school, and why did the kids across town rebel altogether and turn to vandalism?

"All part of a basic human need that cannot be denied," Mrs. Kellogg replies. "Creativity is the inborn force that produces something that wasn't there before. If a child's natural expression is impeded, he will turn to creating other things, including holy hell."

It was the mandala—the crossed circle, ancient mystic symbol—that first led Mrs. Kellogg into her research. "The mandala is found in prehistoric cave drawings and in the liturgy of every ancient religion," she says. "Jung adopted it as his symbol of emotional stability. Just about the time I learned all this, I noticed that my 3-year-olds were drawing mandalas spontaneously and with great delight. I asked myself the question: How come?"

The ancient mandala is found in prehistoric caves, ancient religions, and the work of every 3-year-old

It begins with a scribble

Mrs. Kellogg observed that all children, everywhere, regardless of culture or national environment, proceed in self-taught art through a predictable series of steps beginning with scribbling. "Adults make a big mistake when they prevent their children from scribbling, or when they insist that children color within lines. Scribbling is the prima materia of all adult art. The child who is termed 'gifted' has done much early scribbling that was appreciated."

Mr. Giobbi: "I began to draw the minute I could hold the pencil. Nobody thought it was very important, but it kept me occupied, so I was left alone. When I went to school, there was no art program until fifth grade, when an art teacher came in once a week—and still largely left us alone. Today's elementary school art programs can be devastating to natural creativity. The best program is none at all: Give them some paper, some cheap paint, pencils, crayons, clay. And something to feed on—turn them loose outdoors."

EDITOR'S NOTE: Edward Giobbi's paintings have hung in the Museum of Modern Art and are in the permanent collection of the Brooklyn Museum, the Boston Museum, and the Tate Gallery in London. Currently Mr. Giobbi's work can be seen at the Hirshhorn Museum in Washington, D.C. His one-man show at the Roy Neuberger Museum in Purchase, N.Y. will open in May.

Rhoda Kellogg is the past-director of the Phoebe A. Hearst Preschool Learning Center in San Francisco (she's now on the board of directors), and the author of several books, including Analyzing Children's Art (National Press Books), and Nursery School Guide (Houghton Mifflin). She is presently preparing 2,000 children's drawings for permanent collections in universities and museums.
"Splits, breaks, frazzles are your hair's way of telling you it needs 30 minutes with condition."

Mrs. Modell

"It's very easy to damage your hair. You can cause it to split, break and frazzle just by doing the things that make your hair beautiful—brushing, combing, perming, setting. You see, all those normal things you do to your hair break down its protective coating—called the cuticle. The hair gets weak, dull and worn out, and it lets you know by splitting, breaking and frazzling. And once hair is split, broken and frazzled it's vulnerable—to even more splits, breaks and frazzles. That's why I use condition* the 30-minute treatment condition* is specially formulated for damaged hair. Its protein-rich formula sinks into the hair shaft, seeking out the damage. It fills in the empty spots to help restore lost body. And condition* actually smooths down the roughed up cuticle, so it helps prevent further damage. Helps prevent any more splitting, breaking, frazzling.

It takes 30 minutes—good things take time.

At the same time, condition* gives hair fullness and bounce, plus a great, glossy shine.

Now, I can think of less expensive conditioners. And I can think of faster conditioners. But there's nothing like condition*.

If you want your hair to look really good and healthy, remember that good things take time.

condition*
The 30-minute treatment for mistreated hair.
According to Mrs. Kellogg's research, even a child's first scribbles fall into about six universal shapings. From these, isolated shapes emerge—circles, lines, dots, crosses—which are then combined, according to a mysterious unalterable timetable, to form a predictable succession of patterns on paper, one of which is the mandala, which appears universally at about the age of three. And it's not just art that's developing, but an indication of mental ability. "The very processes by which brain and eye and hand progress through art advance every other area of learning and creativity," she says, furthermore, that children who are allowed to develop spontaneously in art learn faster in every area than those whose art has been structured by adults. "These children have taught themselves how to learn."

The first mistake

Most adults think children's drawings are feeble if adorable attempts to copy their environs—and feel a parental obligation to help. Wrong, says Mrs. Kellogg. "When a child draws what appears to be a man or a sun, it is merely a pleasant arrangement of lines and shapes. It is the adult who applies the label." And doing so, she feels, is an insult to the child's intelligence, for any preschooler can see the sun does not really have spokes, and that a real man's arms do not come from the sides of his head. An astonishing observation supports her theory: Drawings of "people" done by Oriental children bear no facial resemblance to the Oriental faces in their environments, but are indistinguishable from those drawn by children in St. Paul or Paris. "And indistinguishable from many early cave drawings," Mrs. Kellogg adds. "Child art is the capsulization of the art of all mankind in its purest, earliest form. It is this purity that adults are trying to recapture."

Mr. Giobbi: It is foolish to try to teach art to children; we should be learning from them. We do them a great disservice by pointing out that the sky is blue or the grass is green. If the day is hot, a child might paint the sky yellow or red. He'll hear sounds, smell fragrances, and try to get them into the picture. This is not to be dismissed as naiveté. The great painter Cézanne was also concerned with senses other than sight. He strove to paint what an apple tasted and smelled like. Painters today, who have been polluted by elementary school art programs, and then later on by the clever techniques they learn in art school, must go through painful catharses in an effort to get back to the purity we're all born with. I love to watch children paint. Very few adults can get back to that clarity of vision.

Is a Picasso born every minute?

We all know that not every child, even under the best of circumstances, is destined to become a professional artist. But if left to himself and encouraged, his natural gifts will show up in whatever field he chooses. "Children love to learn," Mrs. Kellogg says, and she's observed thousands. The tragedy is that they eagerly do prescribed work just for the teacher's praise. "Prescribed art lacks the dynamics of spontaneous art, and destroys the visually logical system the child is developing. And it is often woefully below the child's own level of interest and ability (think of the untold millions of jack-o'-lanterns drawn at Halloween). The child is frustrated and loses interest; or he or she succeeds by restricting art to formulas adults approve of—and then becomes bored and quits. Adults must learn that spontaneous children's art is based on balance, form, motion. It grows not from observation, but from what the child has drawn before. It is true creative learning."

Mr. Giobbi: "It's always the learning process that's most creative. Consider the Impressionists: When they were involved with the exploration of color and light, their work was fantastic. It was later, when they had learned it all, that mannerisms developed. Michelangelo could cut stone beautifully at 21. From then on his work became rougher, more abstract.

"Children know innately that it's the creative act—not the product—that's important. They're interested in what they don't know. When children are exploring, learning according to their own inner impulses, which no adult can hope to understand, their art is full of richness."

Continued on page 44
Once you squeeze its lush thickness, you'll never settle for less towel.

Sears Superplush Towels

Sears Superplush towels are Sears thickest towels. As thick as towels that usually cost much more.
And they are Sears biggest bath towels. They measure a generous 27" x 50" to wrap you up in luscious comfort.
The terry loops are 100% combed cotton to be super thirsty, super soft.
And the base frame into which these loops are woven is 50% cotton and 50% polyester to help the edges last long and hang straight. Washing after washing.
Sears Superplush towels come in up to 12 brilliant solid colors, plus coordinating stripes and two-tone woven patterns.
We think these lush towels are easily as good, if not better, than towels that usually cost much more. Once you wrap yourself up in one, we think that you'll agree.
Sears Superplush towels. Now at most Sears, Roebuck and Co. larger stores and in the catalog.
Only at Sears
All parents long to encourage the natural gifts of their children, and they can, says Mrs. Kellogg, just by taking four steps—and no more.

1. Recognize that we were all probably brought up wrong.
2. Give the child a comfortable table, a smooth surface, a sheet of paper (9 by 12 or smaller is best, so he can see the edges), some poster paint or crayons, and light without shadows.
3. Leave him alone.
4. Learn how to praise.

"There's a world of difference between smiling with approval at the child's activity and raving over what he..."
Maybe you shouldn't have taken a bath last night.

If you have dry skin, don't spend an hour soaking in a sudsy hot tub. Many dermatologists say those long sudsy soakings can take out too much of your skin's natural moisture. And actually leave it drier after bathing than before.

But that doesn't mean you have to give up on baths. Instead, make the water warm, not hot. Spend less time lingering in the tub. And avoid ordinary soaps or detergents, including bubble baths, that wash away even more of your natural oils.

There is a different way to bathe that gives you all the luxury you love about a bath plus some real help for dry skin. It's Neutrogena® Rainbath® Dry-Skin Bath Gel, a unique amber foaming gel made by Neutrogena, the people who specialize in sensitive-skin-care products.

Whether you use it in the bath or shower, this gel is specifically formulated to care for your dry skin.

It isn't a soap. But it cleans so mildly and effectively that it's been recommended for patients whose irritated skins can't tolerate soap.*

It isn't an oil. But it contains special non-greasy skin-smoothing ingredients that literally help the flaky, rough skin cells smooth down. Your whole body feels like satin — without an oily, sticky aftermath or a ring around your tub.

In fact, it isn't like any bath product you've used. Neutrogena Rainbath Dry-Skin Bath Gel. The luxury of a foamy bath or shower, fresh-scented as mountain rain. Plus help for dry, itchy skin that lasts all day long.

Who says your dry skin can’t have everything it needs?

*In a clinical study involving patients with atopic dermatitis (very dry skin) 91% of the patients experienced good to excellent improvement of their skin conditions with the use of Rainbath as their only means of cleansing.

Most of us join a group health insurance plan we participate in through our company, fraternal organization, professional association or church group, and then just stop thinking about it. But now that medical costs are skyrocketing, as good as your group health insurance plan may be, it probably doesn't give you as much protection as you need. Pull out your policy and compare its coverage to what some illnesses could cost you. You may well find that you will have to reevaluate your coverage.

Don't misunderstand me. The basic health insurance that you get from your company or group is probably the best policy you can get for the money, providing more benefits for less than you could get by taking out a policy on your own. But it may not be enough. For example, the provisions "hospital room and board expenses" under most group plans don't usually cover the actual hospital bills. And the surgical schedules often are even more inadequate, generally paying only half the cost of an operation. Doctors' visits are not covered in many plans.

Because many basic group health insurance plans are either anemic in their coverage, or have some gaps, you may want to consider supplementing your health insurance with a major medical policy. (Of course, some group plans are very comprehensive and include major medical coverage. Even so, you might need more.) If you don’t have a group plan, you can purchase a major medical policy as a comprehensive medical insurance policy.

The first step is to find a good general insurance agent who can help you buy the kind of coverage you need at the best possible price. One way of finding an agent is to ask your friends, relatives, and business colleagues for recommendations. And be sure to ask them why they like the insurance agents they are recommending. Generally, you want an agent who deals with more than one insurance company. Then line your agent carries, the more flexibility he or she has in shopping around for a policy that fits your needs and your budget. The agent should also have a reputation for regularly reviewing his or her clients insurance policies. An agent should be willing to explain everything in a policy to you. And finally, he or she should be able to revise portions of your existing policies, if that's at all possible. That's much cheaper than laying out the money for a brand new one (new policies are expensive because of the commission costs).

Here are some features to look for when shopping for an individual major medical policy for yourself.

If a policy you're considering has a "coordination of benefits" clause, make sure that the insurance company gives you something in return either by offering lower premiums or increasing the benefits. A coordination of benefits clause lets the insurance company avoid duplicating benefits you might receive from another health insurance policy. Therefore it potentially saves them money, not you. It works this way: The deductible on a major medical policy will rise automatically to match whatever you receive from another health insurance policy. (The deductible on a health insurance policy is the amount that you have to take care of yourself. For example, if there's a $500 deductible for hospital costs, the insurance policy's coverage takes effect after the first $500 in expenses.) So, if the deductible on your major medical policy is $500, it will automatically rise to $700 under a coordination of benefits clause if that's the deductible on your basic health insurance plan. You are, therefore, potentially out $200.

Take a good look at the accumulation period—the amount of time you have to use up the deductible. It can range from as little as 30 days to as long as a year. The longer the accumulation period, the better off you'll be. In other words, if the policy has a short accumulation period, you might have to go back and meet the deductible and over again before coverage started again. For example, say you have a policy with the following provisions: a $500 deductible that pays 75 percent of all covered bills up to $11,250, or $500 deductible plus 25 percent of the costs after the bills reach $11,250. First, if you became ill again or had a relapse a month later, you would have to pay new bills under the $500 deductible all over again. If the accumulation period ran for a year, you wouldn't have to worry.

If you have a family, the policy should also have a family deductible. If it doesn't, you could pay large amounts to the deductible for each member of your family—should you all have a bad year. If you had a family deductible, it would probably be reached fairly quickly, and the insurance company would reimburse most of the medical bills your family ran up.

You might consider supplementing a major medical policy with an excess major medical policy—the cost is cheap considering the protection you'll get

Now comes a trickier issue: Figuring out how much of your medical costs you want to co-insure, or pay yourself. The more you feel you can afford to co-insure, the lower your insurance premiums will be. Generally, the insurance company will pay a percentage of all covered medical bills after the deductible has been met. You pay the balance. In a typical policy, the company will pick up 80 percent of covered costs, leaving you responsible for 20 percent. If you think you can afford it, however, you can get a policy that makes you responsible for 25 percent or more of these costs. That's not as much of a risk as it seems at first glance, because the insurance company will pick up 100 percent of the costs (up to the policy's limit) after the bills reach a certain specified amount. For example, assume you have a policy with the following provisions: a $500 deductible that pays 75 percent of all covered bills up to a $100,000 limit. The policy might, for example, pick up 100 percent of all covered costs after the bills reach $3,000. Thus if your bills amounted to $8,000, you'd pay only $1,125, the $500 deductible plus 25 percent of $2,500. The policy would cover everything else. And chances are that you'd only have to pay $675, because your basic health insurance would probably take care of the first $500 of the bills.

Look for a policy whose benefit period runs for 5 years. The longer it runs, the more protection you'll have if you are seriously ill, become the victim of a chronic disease, or are permanently disabled.

Continued on page 48
These Gorham Originals were the latest thing in Sterling over 60 years ago and they're even more popular today.

Now you know the meaning of timeless beauty.

The timeless beauty of the Gorham Original you buy is one of the many distinct qualities that will safeguard your investment over the years. It means your Gorham Sterling will be as precious to you years from now as it is today.

The investment in your Gorham Sterling endures, partly because silver is a rare metal that's becoming scarcer and because each Gorham Original is more than just a beautiful pattern. Each is a total design. A total work of art... with a perfect balance between ornamentation, shape and function. This gives every Gorham Original a classic elegance that endures time and change.

The world famous Gorham Hallmark has represented the pride of the silversmith's art since 1831. It says your Sterling is the ultimate in beauty and craftsmanship.

Your Gorham Sterling tells everyone that you would not settle for anything less than perfection. And it will be telling the truth.

Do you own a Gorham Original?
Avoid policies that have fixed schedules of benefits—a set dollar limit on the coverage for certain expenses, such as room and board. The limits may be way behind the times. You will be far better off with a policy that has limits which are based on what is "usual, customary, and reasonable" in your area. Note that the limits on the coverage for psychiatric care or private-duty nursing are usually lower than the limits on other costs, and the deductible is generally higher, because these are expenses that can just keep on escalating endlessly.

Try to find a policy with a per-cause maximum—which places a limit on the coverage for a particular illness. If you exhaust the limit for one cause, say a heart attack, you'll still be covered if something else, say a bronchial condition or some other illness befalls you. A lifetime maximum offers you less protection, because it could be quickly exhausted if you had a series of different accidents or illnesses.

Finally, the policy should be guaranteed renewable. That means the company has to renew your policy providing you pay your premiums. What's more, it can't raise your premiums unless it raises them for the entire group of people you're classed with.

Your children should be covered from birth until age 18. Some policies will cover them until they're 22, if they're single, dependent, and students. Avoid policies that cover children from 3 to 18. The very costly medical problems with children usually occur from birth to age 3.

When you look over a policy, make sure it spells out exactly what the insurance company considers a "preexisting condition." Most policies will not cover you for a preexisting condition until a 2-year contestibility period has elapsed. The catch is that you may have a preexisting medical problem that you weren't even aware of. Hence you want a policy that states any preexisting condition you know you have, and promises to pay for any other illnesses not listed in your policy as preexisting conditions.

If you're prudent, you might consider supplementing a major medical policy with an excess major medical policy. As I said before, medical costs are skyrocketing, and the cost of an excess major medical policy is cheap considering the protection you'll get. If you coordinate the deductible of the excess major medical policy to what you can get from your major medical policy, you'll get an incredible amount of coverage at a very low cost. For example, a $250,000 excess major policy that has a $10,000 deductible would cost only $88 a year if you took it out when you were 45 years old.

COMING NEXT MONTH: THE GREAT MAY DECORATING AND REMODELING ISSUE

LOOK FOR IT ON YOUR NEWSSTAND
The Wedgwood Collection
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Josiah Wedgwood

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Plastic surgery: Why and for whom?

A revealing sex compatibility test

What to do when you've got too much to do

By Drs. Robert and Mary Catherine Tyson

Q When is plastic surgery recommended and for whom?

A Plastic surgery is recommended if you want to change the shape of your nose, make your ears flatter to your head, improve a double or receding chin, or do away with wrinkles or pouches under the eyes. In these cases, there is little risk, or pain. Alteration improves appearance and gives a psychological lift, encouraging a better self-image and social attitude. Unfortunately, though, all too common today is the fantasy that plastic surgery will make over a person's life. The woman who believes a new tint to her nose or breasts is going to make her irresistible is probably in for a disappointment. A warm, friendly, outgoing personality might achieve this more easily.

There are several techniques for making the whole face look more youthful. All are painful and make public appearance for several weeks distinctly problematic. Results vary greatly. Thin-skinned, fair-complexioned people with little sun damage to the skin do best. Dark-skinned people tend to develop thickened, permanent scars. Dermabrasion (taking the top skin layer off with a rapidly revolving wire brush) or dermaplaning (slicing a thin layer off with a slicing machine) may give a fresher, younger-looking appearance when the underskin is revealed. But another technique, peeling with phenol (carbolic acid) should definitely be avoided. Phenol occasionally injures the kidneys and the lasting effect of this peeling is a taut, reddened skin resembling the aftermath of a second-degree burn, which indeed describes that treatment. Remember, all surgical face lifts are only temporary. Benefits rarely last longer than 5 years.

Body surgery—fat removal, for example—may not be permanent either. An overweight woman of 40, a compulsive eater, had fat removal done on her stomach, legs, and arms. Continued caloric indulgence caused her to regain weight and end up with stretched and disfiguring scars. On the other hand, treatment for the "riding britches" syndrome can be quite successful. In these cases, hips are trimmed down to improve an otherwise normal physical silhouette. Any plastic surgery should be agreed upon by the family physician in consultation with a conservative plastic surgeon.

Q Can sexual compatibility be measured?

A Yes, surprisingly well, with a new Sexual Compatibility Text devised by Dr. Arthur L. Foster of the Phoenix Institute in California. If you plan to seek counseling for sexual problems, you may ask to complete this new questionnaire. It will help you and your partner find out more about your love life. It was devised to meet guidelines of the American Psychological Association and is available only to professionals.

The 101 multiple-choice questions deal with caressing, embracing, verbalizations, kissing, fantasies, amount and variety of activity, overall satisfaction and dissatisfaction. A graph for you and your partner may be compared after the test, to reveal areas of similarity and, more importantly, differences. The test is diagnostic and not therapeutic. Typically, it serves as a helpful beginning for consultation with couples. The impersonal paper-and-pencil format helps draw out shy and less-talkative people. Comparison of answers stimulates partners to become freer in conversations with counselors. Sex therapy is improved through better communication and faster pinpointing of problems.

Responses of test takers are enthusiastic: "I had a good look at my sex life for the first time . . . eye opening." "We thought about our sex life in new ways . . . discovered new things to do." "I've had not prurient, they were right there in the test." Couples find they begin to talk between themselves about sexual preferences and discover things they may not have known about each other in years of marriage. No such diagnostic device is perfectly reliable, but experts believe the test is at least better than guessing about causes and cures for incompatibility. It is the latest product of psychologists' firm, bold belief that whatever exists (even sexual satisfaction) is to some degree measurable.

Q What do you do when you've got too much to do?

A "I'm snowed under." "Can't see daylight." "Don't know where to begin." "No time for anything." "Everything comes at once." We all know that feeling. Very often it's a personal attitude that causes this sort of overload. Slave driver and slave combined, you keep up those high-pressure efforts. They may sound heroic, but they are the most common cause of muscular tension, anxiety, frustration, diminishing efficiency, and a miserable existence. Forcing yourself is the least effective way to get things done. You can do more, with less effort, with this three-point program.

Step 1. Get yourself organized with a desk calendar, a 3-by-5 pad, three boxes, labeled urgent, near future, and wait. Use your 3-by-5 pad to write down things to do. Then put every item, along with correspondence, bills, and other written materials in the boxes.

Step 2. Make one-day assignment piles of the urgent things, clippings them together or using rubber bands. Write on each the date when you can take care of it. Jot down the date in your calendar. Leave some time in your work schedule for a "near future" job or two. Note that in the calendar.

Step 3. Move into action. Postponement increases apprehension. Prompt, successful activity builds confidence. Allow one 10-minute rest for every hour of work, more for difficult tasks. Time out more than pays off. Sit down, take a few long slow breaths, let all your muscles go limp. Turn on the radio or TV, read something, or let your mind wander. Do anything that serves as a mini-vacation. This three-step plan will relieve pressure right away and help you "see daylight," because you know everything is taken care of and that its turn will come. Dig into the "wait" box only when time and energy allow— you will probably find that "waiting" takes care of this batch of items anyway, without any further action on your part. Give up the anxiety-producing perfectionist fantasy that you can do everything. No one ever did and no one ever will. Learn to ease up your life by channeling effort on each day's tasks and doing them as well as you can. Frustration simply disappears.
In a world of many diverse opinions, there's consensus on the taste of our scotch:

Rare.
How to Brighton up a hall

The Royal Pavilion at Brighton is full of colorful ways to decorate with paint and wallpaper. Here is how some were adapted to create the room on page 136.

It's the spirit that counts in translating the decorators' sketches for the Royal Pavilion into a real-life room: Taking liberties and mixing ideas is part of the fun. To give you an idea of what's involved in decorating Brighton style, here are some notes on the making of the room on page 136 from Joseph Staiano, who executed all the fantasy.

The tools you need. For carpentry: saw, hammer, level, miter box. For wallpaper: paste brush, smoothing brush, seam roller, razor blades, straightedge or miter blade. For painting: striping brush, 4-inch paintbrush. Plus staple gun, heavy tape.

Framing the door and window. (Skip this step if your doors and windows are importantly framed.) Measure door opening. Saw 1-by-6-inch flat boards to fit around it, mitering corners. Nail to wall. Tack on ½-by-½-inch lattice strips along inside and outside edges of the board frame. Nail a 1-by-8-inch baseboard around room between frames. Note: If you are using a vinyl wallcovering it is easier to paper the baseboard separately and nail it on after you have covered the wall.

Papering door and window. Remove hardware on old door. Paint panel moldings (if you don't have a panel door you can create one by nailing on strips of panel molding). Paint molding around panes of glass. Masking the glass with tape will make clean-up easier. The trick to woodgraining a door or window frame is to apply the grain on the paper as the grain of the wood would actually be in a paneled door, i.e. in the stiles or vertical members of the door the grain runs vertically.

Start paper at outside edge of door frame.

Smoothe paper tightly over molding.

Cut miter from inside to outside corner.

Continued on page 56.
European Lace. Elegant embroidery, generously wide.
On no-iron sheets and pillowcases.
Never before has Serta put so much comfort into so firm a mattress and foundation.

Now you'll find just the right number of our famous Synchroflex coils that add to our finely-tuned support system. The result—your back gets the firm support it needs.

We've put in more of our exclusive Sertaliner bands for better weight distribution. They create more structural integrity in the mattress, and yet permit each coil to respond separately as a coil.

We extended our TwinEdge* design border-to-border, edge-to-edge. Our reinforced, interlocking system delivers up to 20% more sleeping space.

We designed a new SertaLock foundation, too. It features our newly-developed OmniFlex coils secured to the exclusive new Serta SpanLock top. These elements of the new SertaLock foundation combine to lock together and bring a new degree of firmness and support that perfectly complements our new Perfect Sleeper mattress.

The final touch—a rich, quilted damask over luxurious upholstery gives that extra “touch of comfort.” It makes buying your new Perfect Sleeper a very comfortable decision indeed.
Now you can sleep a better sleep.

The New Perfect Sleeper
We've just built a better bed.
How to Brighton up a half

1. Draw a line of room 1 inch below lower edge of wallpaper border.
2. Draw a line around the room 1 inch below the ceiling and paint on wall-
paper border with top edge on the line.

Arrows show how wood grain runs in panel
door. Blanks can be vertical or horizontal.

Cut %%-by-1%-inch panel molding the
length of each wall. Mitering the
corners, prime, paint, and tuck up 1
inch below lower edge of wallpaper border.

Ceiling cornice boards. Measure and cut 1%-by-
8%-inch flat boards to go around ceiling perimeter, mitering the

corners. Prime, paint, and nail to ceil-
ing.

To create the illusion of a tray ceiling
with wood grain paper, measure length
of ceiling along inside edge of painted

board. Cut 2 lengths of paper to this
measure and spread flat. Rule each in
planks 8 inches wide. You will get 3
planks to 1 width of paper. Using a
wide marking pen or a striping brush,
paint over rules. Trim waste. Measure
width of room, cut 2 lengths of paper to
measure and rule in the same way.
Trim waste. Paste to ceiling, starting on
a long side and working around the
room, mitering each corner as you
come to it. To miter. Let paper overlap
at corner, draw line with straightedge
from inner to outer corner and cut
along line with razor blade. Peel off
excess, gently lift top piece, and pull
off the other excess piece. By overlap-
ning and cutting this way you can be
sure of a tight join even if your cut is
not perfect. Depending on the size of
your ceiling you may find you want to
add one or more additional rows of
“planks.” Cut them and put up in the
same manner. Measure the remaining
area, cut unruled wood grain paper to
fit and fill in. When the paper has
dried, ink or paint in the line of the
miter in each corner.

Upholsterers' wooden chair foot.

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Furniture can look exactly right in the show-
room. And exactly wrong in your house.

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Hello! Fresh Face. That's you with a little help from Maybelline

Fine Make-up. Sensibly Priced.
How one enterprising woman restored her family home, now a registered landmark—and some of the problems she encountered on the way

By Michael deCourcy Hinds

"All hell broke loose," said Mrs. Gardner, "after I accepted responsibility for the house." Neighbors renewed complaints to the Health Department and family members wanted the house torn down. Contractors glibly estimated restoration costs at over a million dollars. "And I didn't have any money for the project," she said. "But I immediately began to restore it. I didn't know how I'd ever do it, but—the Lord will provide!"

Norfolk Mayor John Boush commissioned the building of the house right after the British fleet destroyed the city in 1776. Since there weren't any architects in those days, Boush followed the custom of designing the house with its builders, who happened to be ship joiners. Employing methods of their craft, the joiners built the 8-room house with giant hand-hewn timbers, wooden pegs, and a minimum of nails. "They built it like a ship," said Mrs. Gardner proudly. "All the strength is in the exterior walls. In a strong wind, it even moves and creaks like a ship."

In the mid-1800's, she says, her most illustrious relation, Governor Littleton Waller Tazewell, won the house in a card game from his cousin. At the turn of the century, urban sprawl forced Mrs. Gardner's grandmother to relocate the house in suburbia. Edgewater, where it has a riverview. "It's fabulous," said Mrs. Gardner, "with the battleships coming and going. It was the perfect place to see the Tall Ships when they sailed into Norfolk."

In 1969, Mrs. Gardner began the restoration that would take years to complete. As an art school graduate and interior designer of 20 years' standing ("I've done everything—bank fraternities") and also a budding real-estate entrepreneur ("I knew why a house won't sell, so I buy it, fix it, and sell it"), she was professionally prepared to oversee the project. Every summer commuted to Norfolk from his Princeton, N.J. home, and in the winters "earned all the money Her husband, a banker, "gave me 1,000 percent support, but to me, 'You can't expect me to down there.'" With no fondness for housekeeping, Mrs. Gardner said she "didn't mind living in the rubble all summer."

In the first summer, the house was weatherproofed: a new roof, sashes and windows, and foundation work. Next came two expensive and troublesome projects leveling the house and rebuilding the sea wall. The sea wall fell into the jurisdiction of half a dozen bureaucracies, all of which required plans, photographs, and hearings before granting permits. And then the estimates were steep that Mrs. Gardner had to keep her contractor's hard hat on.

With luck and some astute planning, Mrs. Gardner got a 1,000 percent support, but to me, 'You can't expect me to down there."

With luck and some astute planning, Mrs. Gardner got a 1,000 percent support, but to me, 'You can't expect me to down there."

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Continued on next page.
The Potion of Love.
And how it began in Saronno 450 years ago.

We know that she was young. Blonde. Beautiful. And that she was widowed.

But did she create the original Amaretto di Saronno as a thank you for her portrait? Or was it offered as a gift to express affection for Bernardino Luini, the now famous artist whose painting immortalized her in 1525?

History has lost most of the answers— even her name— leaving us nothing but Luini's stunning fresco in the Sanctuary of Santa Maria delle Grazie in Saronno, Italy. And... her romantic liqueur. We still like to think Amaretto di Saronno is a liqueur that inspired a great love.

It's something for you to wonder about tonight as you discover its intriguing flavor and enjoy its provocative bouquet. This is Amaretto di Saronno. The original Amaretto. Brought here from Saronno, the village of love.

Only the Cognac region of France can produce the finest Cognac brandy. And only the vineyards of Bordeaux can ever produce a true Bordeaux wine.

So also, the finest Amaretto liqueur comes only from Saronno— where it all began 450 years ago.

Amaretto di Saronno. We've left a rose alongside our name as a reminder of how it all began.

Discover the many other ways to use Italy's rare liqueur of love. Write for our free drink recipe booklet and food recipe booklet, "Gourmet Secrets." Address: Foreign Vintages, Inc., 98 Cutter Mill Road, Great Neck, New York 11021, Dept. 12K.

Amaretto di Saronno.
The Original Amaretto. From the Village of Love.

RESTORATION OF AN ANTIQUE HOUSE
continued from page 58

ON MATERIALS: The attic was a warehouse of replacement parts for flooring, doors, and woodwork. It is also necessary when restoring an old house, said Mrs. Gardner, to know a good woodworking mill, or a woodsculpting carpenter to supply missing elements. She made the chandeliers herself “from old gas fixtures I picked up in junkyards and thousands of prisms I found here and there.” She had fixtures soldered and wired and then spent years putting them together with tiny pliers.

ON MONEY AND HELP: The Virginia Historic Commission granted $6,000 towards the restoration, though she had applied for $66,000. “I understand I was lucky to get that much,” said Mrs. Gardner, whose house was competing with other restoration projects for the limited funds. More federal money will become available in 1978, and she hopes the government will underwrite the $6,000 cost of painting the house. To be eligible for such grants, houses must be of architectural and historic significance as judged by the state and national registries of historic buildings.

Continued on page 80

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also “Ava’s Leaves”

bedest and decorative paper at many of these and other fine stores everywhere.

Continued on page 80

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Bloomcraft
"It's easier with Kodel."

**Bloomcraft** dresses up a room with elegant style and flair. "Ava's Tea Garden" is the name of this plush, attractive bedroom ensemble. The print, designed by Ava Bergmann, is done in a blend of Kodel polyester and rayon, with the bedspread plumped full of 100% Kodel polyester fiberfill. Smile. With easy-care Kodel, your bedroom can be lovely as you'd like and more practical than you'd imagine. Bedspread is available in all standard sizes. Pinch-pleated draperies, with or without lining, in 84" or 90" lengths. Pillow shams and valance also available. In blue only. Check opposite page for where you can find "Ava's Tea Garden."

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Bedroom ensemble by Bloomcraft. Kodel polyester by Eastman.

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Zionsville, Ind.

A whale of a time

Superb aquariums all over the country offer great family entertainment—dolphin shows, huge tanks with exotic reef fishes, sharks, and even whales.

By Richard Langer

Two enchanting harbor seal pups, right, and an exotic striped poisonous lionfish, below, are typical aquarium inhabitants on view to visitors.

In this age of interplanetary exploration, the oceans of the earth represent one of the last, and certainly the largest, geophysical unknowns. Schools of brightly colored, almost iridescent reef fish, numbering in the millions, flow silently between still sea fans and coral. While thousand-pound leatherback turtles slip beneath the stinging 40-foot tentacles of a Portuguese man-of-war, banded coral shrimps and scarlet ladies dart between anemones and sea cucumbers in a huge, silent Alice-in-Wonderland-like ballet where even the scallops swim. And all of us, if only through books or movies, have been awed by this veiled deep. Perhaps it is a primordial pull tracing back to the days "When you were a tadpole and I was a fish in the Palaeozoic time. And side by side in the sluggish tide, we sprawled in the ooze and slime."
Whatever the cause, one of the end results in this leisure-time era has been a huge increase both in the number of aquariums around the country and in the number of people visiting them. And I wonder—combining the best parts of museum, a circus, and a school, the large aquariums of today offer dazzling exhibits far beyond the realm of anything kings and millionaires could have obtained only a few decades ago.

When you visit one of the oceanariums listed alphabetically below, however, remember you're apt to be whetting your appetite for more.

**Aquarium of Niagara Falls**

1 Whirlpool Street
Niagara Falls, N.Y. 14301

Bubbles, the pilot whale, and of course dolphin cohorts. Besides an extensive collection of sea life, there is a pirate cove with treehouse, suspension bridge, revolving barrel, and slides to wear out active children, and a slow 254-foot-high Sky Tower ride on which parents can catch their breath.

**Miami Seaquarium**

30 Rickenbacker Causeway
Miami, Fla. 33149
(305) 361-5705

Entry fee: $5 adults; $2.25 children; free under 5
Open daily

An elevated monorail ride sweeps around the 60-acre Miami Seaquarium, built on land reclaimed from a mangrove swamp. Part of the swamp was left intact as the Lost Island, a bird-breeding sanctuary where native blue herons and black-crowned night herons dart after fish between rosette spoonbills and pink flamingos.

Perhaps most famous as the home of the original Flipper, the Seaquarium is more than an attractive marine exhibit park: it is also an attempt to repopulate the area with some species of aquatic life on the verge of extinction. Romeo and Juliet, two huge, ungainly but lovable manatees, live in the Celebrity Pool with their offspring Lorelei, the first manatee ever born in captivity. Romeo and Juliet had been in each other's company for over 15 years without the romantic inclination of their names having the least effect. After carefully studying their diet, the Seaquarium's manager, Burton Clark, decided that perhaps a lack of phosphorus was the culprit. The addition of phosphorus vitamin pills to the manatees' diet produced results.

Green sea turtles are another species close to extinction on whose behalf the Seaquarium, in conjunction with the Department of National Resources, has expended considerable effort. Yearly, 300 turtles are raised from collected eggs to a size large enough to protect them from natural predators, and then tagged and released. The laboratory is open to students.

Continued on next page
One of the newest aquariums, Mystic Marinelife has, besides the usual trained dolphins, sea lions, and whales, the largest male beluga, or white whale, in captivity. Alex, 13' 5" long and over a ton in weight, was brought from the New York Aquarium in the hope that he would take a fancy to Okie, the resident female beluga. Perhaps by the time you visit, the family will have grown.

The marine life of the aquarium is exhibited under two main themes: adaptation and aquatic communities. In the first, emphasis is on the techniques that marine organisms have evolved to survive better in the sea. In the second, mini-environments are constructed of marine life of specific areas such as New England, the tropical Atlantic, and the Pacific Coast. Exhibits are limited to species native to the United States and its coastal waters.

While here, of course, you can visit Mystic Seaport, the re-creation of a 19th-century port.

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Killar whale Shamu takes a leap, part of the show at Sea World in San Diego.

Sea World

1. 1720 South Shores Road Mission Bay, San Diego, Cal. 92109 Entry fee: $5.95 adults; $3.75 children free under 4 Open daily
2. Interstate 4 Orlando, Fla. (305) 351-0021 Entry fee: $6.25 adults; $4.25 children; free under 4 Open daily
3. Rte. 43 Aurora, Ohio (216) 562-8101 Entry fee: $5.95 adults; $4.25 children; free under 4 Open daily May 28-Sept. 11

Continued on page 67
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Witness the many styles of Interlock Wall Systems at the line department and furniture stores listed on the following page.

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Sea World is three theme parks in the full sense of the world. They are not pure aquariums or oceanariums, but have numerous rides and entertainment facilities as well, geared for children. Set in one of the best-maintained and landscaped commercial parks I've seen, Sea World in San Diego, the one of the three I visited, proved to be an absorbing day's outing for the whole family. More than 550 species of plants are identified and tagged for those curious about botany as well as oceanography. Papyrus is used for bird-breeding screens around the ponds, and this Sea World has the largest collection of exotic waterfowl in America, with over 140 forms in the 90-acre park. Included is a rare Harlequin duck, the only one in the United States, valued at around $15,000.

Sea World is active in studying nautical mammal reproduction to assist endangered species, and it is also developing new capture techniques to assure the safety of specimens sought for exhibit and study. One doesn't readily think of sharks drowning, yet that's exactly what has occurred in past expeditions. The new live-capture techniques developed at Sea World have eliminated loss in the last ten catches. Now they are working on breeding some of the rare species.

The whale, porpoise, and otter shows are all good, but it is the highly successful integration of seashore life, plants, birds, and fish that is particularly appealing here.

**John G. Shedd Aquarium**

1200 South Lake Shore Drive
Chicago, IL 60605
(312) 939-2426

Entry fee: $1.50 adults; 50c children; free under 6; free Fridays
Open daily except holidays

One of the largest indoor salt-water aquariums, this is also one of the few inland aquariums. At one time everything, including the salt water, was shipped up by special train from Florida. Now the fish fly in comfort. The octopus is scary, the arowanas striking, but best of all is the coral reef tank, which holds 1,000 colorful Caribbean fish swim through a subsea jungle of coral, sea fans, and sponges. The diver who enters the tank to feed the fish has a microphone in his mask so he can keep you abreast of whom he's eating. Educational programs and films.

**Steinhart Aquarium**

Golden Gate Park
San Francisco, CA 94118
(415) 221-2500

Entry fee: $2 adults; 25c children; free, under 12 and senior citizens; free, first day of every month
Open Daily

Here is one of the most varied collections of aquatic life ever. Give or take a hundred, there are some 14,500 specimens. Many are common: others, such as the Flashlight fish from the Comoro Islands and the Port and Starboard Light Fish from Australia, both bioluminescent, represent the only specimens on display in the United States. For the gourmet-minded, there are in residence two dozen beluga sturgeons from the Volga River—no caviar for sale, though.

Later this year the 100,000-gallon Fish Roundabout will be open. This is a doughnut-shaped tank where the fish will swim around in a three-knot current, and the observer will stand in the middle. For the fish it will be like the endless ocean. For the spectator it will be like standing in a submarine with an infinite horizon of the underwater sea spreading out on all sides.

**Vancouver Public Aquarium**

Stevan Park
Vancouver, B.C., Canada
(604) 685-3364

Entry fee: $2 adults; $1 senior citizens, students, children
Open daily

If you're heading north of the border on the West Coast, a stop at this fine aquarium is definitely in order. The British Columbia Hall of Fishes offers an excellent cross-section of the marine fish and invertebrates of this coastal area, including the giant Pacific octopus. Other exhibits show freshwater mini-environments representing lake and stream bottoms of the region. Fall is a particularly good time to visit, when you can observe the spawning and hatching of the fabled salmon as it migrates inland. Fine educational programs for everyone from senior citizens to young students.

T. Wayland Vaughan
Aquarium-Museum

18602 La Jolla Shores Dr.
La Jolla, CA 92037

(714) 452-4086

Entry fee: by donation
Open daily

Primarily an educational institution specializing in the fishes of California and Mexico, this aquarium does an excellent job of presenting the specimens in natural groupings surrounded by native environmental backgrounds. A unique tide pool with model waves and tides offers a fascinating glimpse into the mechanics of the sea.

The Hall of Oceanography depicts research projects from the oceans of the world. A little more static than the tanks full of fish, this exhibit is nonetheless a study any older child will find absorbing. And the bookstore is an Atlantis for any serious student of the oceans; it is by far the best of any aquarium in the country.
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REPLACING AN ELECTRICAL SWITCH

By Deanne Raffel

Faulty electrical switches are very annoying with their intermittent current impulses that may cause a light to flicker or their stubbornness in turning a light on or off. Fortunately, however, these devices are easily replaced.

Purchase one of the many types available—an ordinary toggle switch, a silent mercury switch, or one of the attractive decorator switches that have been marketed in the past few years. Although the one you choose may not be identical with the old unit, it is installed in basically the same way. Be sure to obtain a 3-way switch as a replacement when two switches located on different walls control a single fixture. Example: The switch on the wall at the bottom of the stairs and another one in the hall at the head of the stairs regulate the same ceiling light.

Working with electricity can be dangerous business. To ensure your safety, be sure to shut off the current that leads to the device that you are going to replace—either trip the circuit-breaker to the “off” position, or remove the fuse. In electrical terms, this is called “killing the juice”; when the power is off, “the juice is dead.” When you are in doubt as to which breaker or fuse leads to that particular unit, turn off the main switch that controls the power to your home. For additional safety insurance when you are required to touch the electrical service box: wear rubber-soled shoes, stand on a dry wooden board, have completely dry hands, and use only one hand to switch off the current. At this point, if you are still afraid to work with electricity, do not attempt to install a new unit—call in professional electrician.

Once the current is turned off, remove the face plate that covers the device, and then the two screws that secure the switch to the metal wall box. Pull the unit a few inches out of the box. You may meet slight resistance—the wires attached to the instrument are a little stiff. Loosen the terminal screws. For the absent-minded. Make a diagram noting where each wire was secured as it is detached. There may be only one black and one white wire; two black wires; and in the 3-way switch one black, one white, and one red wire. There may also be a green wire included with any of these combinations. Note, too, that there are colored screws—brass-coated for the black and red wires, zinc-coated for the white wires, and green-coated for the green wire. You want to rewire the new switch exactly like the old one.

To install the device correctly, the top of the switch must be placed in the upright position. Loosen a screw, hold the hook of the wire facing clockwise, and situate it underneath the screw head. With the screwdriver turning to the right, tighten the screw down upon the wire. Return the newly wired unit to the box and replace the screws that hold it firmly against the wall. Resecure the switch plate and flip the switch to “off.”

Turn the current back on and the switch will perform its duty. If the main house power was tripped, remember to reset the clocks, lamp-timers, and thermostat timers.

Posh plant pedestal

Transparent acrylic planters dramatize plant displays. Available in a range of sizes, from 8 to 12 inches in diameter and from 26 to 60 inches high, the cylindrical stands have polished-chrome plant containers and bottom trays. The removable containers are Teflon-lined, with solid bases to hold pebbles or stones for drainage. Retail list price for the smallest model is $90; for the large, 12-by-60-inch model $365. Architectural Supplements, Inc., 150 E. 58th St., New York, N.Y. 10022.
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Green-thumb reading

Gardeners are usually avid readers of garden books. New books and reissues are just out, from bonsai to herbs to perennials

By James Fanning

When Liberty Hyde Bailey, the unsurpassable horticultural authority, decided to condense the whole of his vast knowledge into a single book, he named the volume Hortus. Published in 1930, Hortus became a standard reference work for horticulture in North America in the next decade. A revised edition, Hortus II, was published in 1941, and went through several printings in the next 30 years. All this time, however, the staff of the L. H. Bailey Hortorium of Cornell University had been working on a third edition, incorporating the changes in nomenclature and horticultural procedures in effect since the first edition. Finally the work has been done, and Hortus III (Macmillan, $99.50) is on its way to becoming the new horticultural authority.

Just for teasers: the book has 23,978 plant entries, with complete cross-indexing of synonyms, a complete glossary, and a copious supply of black-and-white illustrations. To ease the way of nonprofessionals, arcane botanical language has been kept to a minimum throughout, and special attention has been given to outlying tropical regions of the United States.

One of the most-thumbed books in my library is Sturtevant’s Edible Plants of the World. Compiled in the 1880s by E. Lewis Sturtevant, director of the New York Agricultural Experiment Station, this is still the leading authority on plants used for food everywhere on earth. All our familiar garden vegetables are here, with their proper botanical designations, plus an incredible number of plants used as food in other parts of the world. Just as history, the book makes fascinating reading. For instance, Sturtevant mentions that Allium cernuum, one of our most beautiful wild flowers, was a dietary staple for some of the early explorers of the North American continent. Sturtevant’s Edible Plants of the World is available, in paperback, from Dover Publications, Inc., 180 Varick St., New York, N.Y. 10014, $5, plus 40 cents for postage and handling.

The fine art of bonsai is a far cry from simply growing dwarf trees. Japanese masters of the art study every leaf, twig, and bud of their subjects and make cuts, twists, and bends with surgical accuracy. In fact, a set of bonsai tools looks very much like a surgeon’s kit, and even includes scalpels. Naturally enough, you’d expect the last word on the subject to be written by a Japanese, and Masakuni Kawasumi has turned out to be just the man for the job. In his book Bonsai with American Trees (Kodansha International, distributed by Harper and Row, $10), Mr. Kawasumi tells it all, from how to make a top-heavy tree stand up in a shallow dish to mixing soil. Every point is illustrated with line drawings or black-and-white photographs, and there are lists of suitable trees and essential materials. There is also a list of organizations devoted to the culture of bonsai.

It is a pleasure to report that Adelma Simmons’s Herb Gardening in Five Seasons is now available in paperback (Hawthorn, $5.95). The new edition has full directions for growing, gathering, and using a long list of culinary, medicinal, and, decorative herbs. Mrs. Simmons includes photographs and diagrams of her own, and other thoughtfully designed herb gardens. One feature that will be thankfully received is a chapter on pronouncing plant names.

Continued on page 186
When Pearl puts on a spread for six
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*For warranty information see your White Westinghouse dealer.
For Americans, Club Med-Guadeloupe is like summer camp in St. Tropez. The no-charge sports program has Olympic variety, one can swim skinny, practice one’s French, and measure wits against G.O.’s from all over the world.

By Nancy Richardson

The first Club Med vacation village was built in Majorca 26 years ago. Europeans went in droves. Club Med villages appeared in the Caribbean in the late sixties. One was Buccaneer’s Creek, Martinique, a pure distillation of Club Med theory: Polynesian-inspired huts clustered on a beach with a central structure where one eats and dances and signs up for sports. As in Europe, you were assigned a roommate unless you came with a friend. No money, no tips, a staff, the Gentils Organisateurs, skilled in Marcel Marceau antic-humor, the latest group dances, and the specifics of several sports.

And recently, Americans have got used to the idea of Club Med. Expanding from a base of young people, now all ages appear in the seven existing resorts in the Caribbean, Mexico, Hawaii, and the Pacific. They are all full. Four more will open in three years. Not to miss out on the fun, I went to Guadeloupe recently with the idea of seeing the two Club Med villages there. They are very different.

The beach is the clock-round center for activities at Club Med’s Caravelle. Convincing that visitors don’t want to be in their rooms for sunshine vacations, the Club Med offers special chairs for napping on the beach.

How the alphabet can save you money on a summer vacation

ABC, OTC, ITC, all ways to fly places cheaper and stay there for less. They sound like a new government agency and it’s thanks to one, the CAB, that they exist. That you don’t understand what they mean for your life and travel plans is the big problem of the airlines and tour operators who are flocking into the charter business. For House & Garden readers, the letters to keep track of are the ABC’s, a charter category that involves just buses to and from the airport.

for having a vacation yourself without having to leave children at home. There’s a special baby’s pool as well as a second one for older children, and amphitheatre, and lunch place in this “Mini Club” complex which offers daily organized activity away from adult fun.

For me Fort Royal offered a tranquility Club Med’s often not credited with. The bulk of my stay however, was at the Caravelle where the action also became a form of rest.

THE SETTING — CARAVELLE

Plus: a beautiful, wide white beach deep in palms; a central two-story pavilion: completely open-sided — porch veranda on top, roofed-over but open air dining room on the beach level; room wings that fan out from center; no elevators or “lobby.”

NON-DRESSING WITH STYLE

The French have always been experts at beach life and beach play, bikinis and bodies, an atmosphere of funny flirting and non-dressing that Anglo-Saxon don’t do in the same way. Club Med never makes you dress up and yet, with a bikini bottom and two fringed shawls knotted at the bottom, the girl G.O.’s have tremendous style. In fact the bikini bottom is the base garment for both sexes. The men can add pareo’s knotted at their hips; on G.M. (Gentil membre — guest) always had a hibiscus behind his ear. Both sexes wore long, light cotton caftans late in the day, and yet, a staff can suggest, and at moments seems almost Swiss) offers a smaller setup with a central hotel block plus the sexy-because-informal beach bungalows that Club Med is famous for. Couples stay in these little tropical cottages that both border the beach and extend back into a hillside of palms and flowering vines that grow over all. Families, the best reason to come here rather than the Caravelle, stay in the central hotel wing. With a “Mini Club” geared directly to children as young as 3 and 4.

Continued on page 7
HE UNBELIEVABLE ASPEN.

In almost no time, Aspen has become one of the most popular cars on the road. And for good reason. It's one of the best cars around. So, with so many happy and pleased Aspen owners across the country, Aspen has become "unbelievable." And more believable. Just ask any believer who owns a Dodge Aspen.

"Aspen's size, it's not too big, and not too small. It's the best size for the money—the others are either too big or too small."

"I really love my Aspen. It's easy to maneuver and park. And I like the interior and the style. Aspen's engine is very good for a small car."

"We always bought Ford, but they didn't make the right size for us, so we bought this Aspen. No one makes the right size wagon, but Dodge. It's easy to handle and very pleasant to drive. And it's fine on a long trip."

"It's the only wagon of its size—I mean roominess and still not too big a car. Aspen's quite luxurious on the interior...the seating is superior."

Buy or lease. Dodge Dealers everywhere are making Aspen easy to drive...one or a fleet...through buying or leasing arrangements.
Visit your Dodge Dealer. And be a believer, too.

Dodge Aspen.
See it, price it, drive it...and believe.
BRING A SENSE OF HUMOR

It was at mealtime, however, that the proof of the Club Med system existed. I went along and normally am of the theory that privacy is an essential component of a vacation. At each meal I sat down at a different table of eight. Most of the time I got up feeling full from laughing not eating. There were always several nationalities at each table. Often the Americans spoke French as haltingly as the Americans. Stuck for a word they resorted to Italian. Anybody's linguistic efforts were boisterously encouraged and if some flamboyant flirting device failed to convey its message, arm and hand gestures took over. One G.O. stood on his head to attract the attention of a girl he liked.

THE ACTION

Lying on the beach is the best sort of activity for any new-arrival. When boredom sets in, one's options become endless. At 8 A.M., yoga and calisthenics start on the beach; waterskiers who want to try single-skiing can until 10 A.M. when double skis have a go. Snorkeling classes are at one end of the beach; in a low forest just scraping out the roe from the inside of the he urchin, others are cutting the urchins open, others are eating them as is, or with lime juice or vinaigrette, with hunks of fresh bread and sweet butter to add ballast. (One is really just scraping out the roe from the inside of the creature.) Every one I tried to eat crawled off the side of the table when I put it down to get the bread.

EXCURSIONS:

Pointe-à-Pitre is a jumble of colonial French architecture, a few poured-cement highrise apartments, and old multicolored two-story houses and shops, which were makeshift even when they were first built. The Guadeloupians are very friendly. Pointe-à-Pitre has a bustling charm and is worth at least an early morning visit to the produce market. Some sights are familiar, such as the string of souvenirs, tiny fat poddy bananas, piles of okra, little trucks filled with 100 heads of lettuce, live crabs and clams, spices, and flours. Others are strange: Bright-colored, odd-shaped things glisten in the rainwash of an early morning shower. It is hard to know if they are fruit or vegetable and sometimes they switch—cold and raw a fruit and cooked or steamed a vegetable. The pomme malacao is small and clear red—inside a plum texture. A corsol is an enormous green prickly straw-}

In Guadeloupe continued from page 74

always the big bowl of yogurt with the French brownish sugar to go into it; tiny, tiny fruit-topped pastry like Michel Guérard's; tiny crépes made on the spot, tiny half grapefruits. On the beach itself is a big grill area with a roof over it, which turns out a complete Creole menu as a tremendous lunch alternate. Meat and chicken and fish are first marinated, then grilled; there are Creole vegetable combos and several types of rice. Late in the afternoon, once a week, there's a sea urchin tea served on the end of the dock with the sun going down. Lots of people are cutting the urchins open, others are eating them as is, or with lime juice or vinaigrette, with hunks of fresh bread and sweet butter to add ballast. (One is really just scraping out the roe from the inside of the creature.) Every one I tried to eat crawled off the side of the table when I put it down to get the bread.

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The rate per person from New York for airfare and one week at the Caravelle is $510 from May to June 26. (This is an OTC charter). In the summer the rates go up about $40. From May until June 26 at Fort Royal, the rate for an adult is $440; for 2 adults and 1 child, $1161; 2 adults and 2 children, $1565.
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Canada is a land of towering mountains, of cities with an exciting difference. Canada offers you clear blue lakes and bright blue skies, sunny days and sunnier smiles. And when you get here, you'll find it easy to be as active and busy or just as peaceful as you want.

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A friendly moment with the Royal Canadian Mounted Police

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Escape to your own private paradise.

United's Hawaii condominium vacations give you the comfort and economy of a beautifully furnished home or apartment in the Islands.

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You can be near the beach, golf, tennis, restaurants, shopping and all available. If you like, a rental car with unlimited mileage.

You'll enjoy United's Royal Hawaiian (5% tax and service not included) economy of a beautifully furnished of the Islands.

And on the way over and back, that charter flight books through various tour operators. These are usually 707's fitted with more seats than a normal 707. From New York to Los Angeles this summer, roundtrip is around $219. The downside is that one has to reserve 30 days ahead and has to be willing to fly on a full aircraft that will not necessarily take off on time. Randall Malin, Vice President for Passenger Sales and Advertising at American, explains that charter travel is perfect for the nonbusiness traveler who will tolerate delays and crowded conditions in return for an unbelievably low fare. “What the public should know is that if repairs have to be made on a charted aircraft the passengers have to wait until the work is finished whereas in scheduled service substitute aircraft will be wheeled out of the hangar in minutes and the flight takes off more or less on time. If you are willing to leave on a specified day, at an odd hour, and return on a specified day and don't mind long check-in lines at special desks at the airport, charters are definitely for you. Our 707's in regular service seat 147 people, a charter 707 seats 173 passengers.”

TWA has worked out a number of European charter packages for summer and they have put them all in a big color brochure, which you can find at your travel agent. Their 9-day “stay put” vacations to London start at $419 for airfare and a 9-day stay including hotel. Even if you don't want to stay at one of the hotels they've chosen, $419 is still cheaper than the round-trip economy airfare from New York to London. Some tour operators make a point of using the charter fleets of the major airlines that exist just to do charter business. Fares vary so much according to the day of the week as well as the season and the length of your stay, that the best way to find the charter that's going to meet your needs is to go to a travel agent who has mastered all the intricacies of charter travel. What you have to be able to tell the travel agent is whether you want a cheap airfare and no land arrangements or a cheap fare with land arrangements.

To become an authority, subscribe to Good Deals magazine, a guide and listing of charter flights and tours that used to be available just to travel agents but is now also to individuals. Comes out every two months. $6 for a year. Good Deals, 1116 Summer Street, Stamford, Conn. 06905.

Restoring a historic house continued from page 60

Making a successful application is a job in itself, according to Mrs. Gardner, who became a Norfolk historian and a press agent in the process.

“People had to know about the house, it had to be historically important on the local level, too, so I got the Norfolk papers interested in writing some articles.” By keeping the press up-to-date on the house's progress, the whole community became aware that the project and the clippings made her application to the commission more substantial. The purpose of such commissions is to encourage people to maintain landmark buildings and to open them to the public.

Before undertaking the restoration, Mrs. Gardner set up a Friends of Boush-Tazewell-Waller House, and assembled a board of directors of knowledgeable people, including an architect. Gifts to the Friends have included a very large Oriental rug, a southern four-poster bed, and curtains. “Quite frankly, I solicited them,” said Mrs. Gardner, who spread the word about tax-deductible gifts to friends, acquaintances, and a variety of merchants.

Two different rug dealers donated a total of five Oriental rugs that were difficult to sell because of their enormous size. Other friends and “total strangers” made similar “white elephant” gifts. The Friends Committee will also help with Open Houses and tour guiding in Norfolk.

Even with all of Mrs. Gardner's economical and her "astronomical" investment of time, restoration of the family heirloom cost almost $200,000. Although she would never admit it, the setbacks and obstacles were really the building blocks of Mrs. Gardner's triumph — as her advice to neophyte restorers suggests: “I would say, ‘Plunge in!’ The very act of doing, you must learn. Maybe make a few mistakes, but do it. The joy, the thrill, the satisfaction that comes from this kind of thing is wonderful!”

Boush-Tazewell-Waller House is open 14 days a year and can be seen by appointment. Call Virginia Reed (804) 428-9222.
Why just call Long Distance when people expect it? Little things come as surprises, and the telephone is a convenient, inexpensive way to share them. Pick up your phone the next time you have some news, and bring someone you love into your life again. Long Distance is the next best thing to being there.
Jungle gems: 

bamboo and palm

**Bamboo basics**

When it comes to decorating with plants, there's a scarcity of narrow vertical greenery of the kind one wants for room dividers or as a balance to long, low furniture. A happy solution, particularly if there's even a hint of the Oriental in your decor, is bamboo.

Until recently, bamboos were relatively unknown indoors. People just did not think of them as house plants. But now we are beginning to recognize that not only do many species thrive indoors, but their variety of leaves and canes are striking. They are also fast growers—Bambusa tulda from India is on record as having grown an inch and a half in one hour. Unfortunately it is not available in this country yet, or we would have the closest thing to an instant house plant known.

To grow bamboos successfully, you need a light, porous potting soil, an hour or so of direct sun a day, and lots of water. As with all plants, drainage is important to prevent overwatering, so make sure the pot sits in an overflow dish where extra moisture can drain out.

Problems are few and far between, as long as the soil does not dry out. If it does, you will soon have a nice stand of fishing poles with a leaf mat around the pot. Occasionally slugs and snails may slip into the bamboo pot. Make sure you pick them out speedily, since they will devour the juicy new bamboo shoots.

Pseudosasa japonica, the arrow bamboo, is the easiest of all bamboos to grow indoors. With leaves up to a foot long, the shiny olive-green canes arch gracefully from the pot. The plant likes a cool spot in the high 60's to low 70's, with a little direct sun.

**Plants by mail**

Bamboos are just bursting into the house plant scene, and so are often hard to find at local plant stores. However, the following sources can get you started. Pacific Bamboo has a particularly large selection.

- **American Bamboo Co.**
  500 West 2nd St.
  Dayton, Ohio 45401
- **McKee's Nursery**
  Box 749
  Covington, La. 70433
- **Pacific Bamboo Gardens**
  P. O. Box 16140
  San Diego, Calif. 92116
  Catalog, 50 cents
- **Upper Bank Nurseries**
  Box 486
  Media, Pa. 19063

A dark green palm, on the other hand, is one that has been shaded from harsh tropical sun, will be perfectly happy almost anywhere you put it.

Dining corner is enhanced by fringed fabric and delicate chamaedorea seifritzii palm.

**Continued on page 84**
THE END OF WINDOW PAINS.

SNUG-FITTING DESIGN.
Andersen® Perma-Shield® Gliding Windows are two times more weathertight than recognized air-infiltration standards. To help seal out drafts, dust and rain. Help save on your heating and cooling bills.

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Andersen’s wood core (one of nature’s best insulators) is specially treated with a water-repellent preservative. Resists decay, warping and insect attack.

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Double-pane insulating glass provides a major part of the fuel-saving benefits of single-pane glass with storm windows. And only half the glass cleaning chores.

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The unique combination of rigid vinyl and stable wood resists sticking and binding. Assures smooth, glide-open operation. Spring-loaded rods provide secure locking at top and bottom.

For more information about Andersen® Perma-Shield® Gliding Windows, see your lumber dealer. He’s in the Yellow Pages under “Windows.” Or send coupon.

Mail to: Andersen Corporation, Box 12, Bayport, Minn. 55003.

Please send me your free booklet, “How to Get Good Windows.”

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Look for these and other True Temper tools at stores displaying the “Put on a Happy Yard” banner and — save money!

**P21**
Pruning/Utility Saw
Great around home, camp. Strong tubular steel bow with rip-action tempered steel blade

**GO62**
All-Purpose Garden Hoe
Forged steel blade and spring neck for flexing action — really digs into your soil.

**A35**
Rocket® Pruner
Almost makes pruning a fun job. Angled head for close trimming, finger fit cushion grips

---

**Bamboo basics**

Grown as a garden plant in many southern areas of the U.S.A., *Bambusa multiplex*, the hedge bamboo, is excellent for pots and tubs. Normally it grows 4 to 5 feet high indoors, but can reach 40 feet under ideal conditions — ceilings permitting. It comes in about a dozen different varieties, of which ‘Riviereorum,’ ‘Fernleaf,’ and ‘Silverstripe’ are considered best for indoor cultivation.

For a really showy splash, consider *Phyllostachys nigra*, the black bamboo. The leaves are paper thin, dark green, and borne in pairs on thin, dangling branches. It likes sun, but if it gets too much the leaves will begin to curl. The most notable feature of this bamboo is its black canes. Although speckled green when young, on maturing they have the appearance of polished ebony umbrella shafts — which is exactly what they were used for in the past.

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**Reading your palms**

long as it has good footing. This means soil that drains well. A newly purchased palm should not need repotting for several years. When the need arises, however — or if you want to try your green thumb at growing unusual specimens from seed — a potting soil of equal parts heavy loam, coarse sand, and peat moss, with a cupful of dried cow manure per 8-inch pot for extra nourishment, makes a good mix. The coarse sand is absolutely necessary for good drainage.

For palms, dry roots mean dead roots. So, as long as the drainage is good, it is better to overwater than underwater. If the palms’ roots are tender, their tops are tough. The leaves don’t bruise, aren’t bothered by grease in a kitchen, and generally withstand even the dry air of central heating. One thing to remember, however, is that since they belong to the monocot family, they have only one growing point. Trim away all the dead leaves you want, but don’t pinch back the center tip in an attempt to make a palm bushier, the way you do with other house plants. If you pinch back a palm, it’s good-bye palm.

Palms will thrive in any light, from a few hours of direct sun to nothing but a working day’s-worth of fluorescent lighting. However, the less light, the slower the growth will be, and palms in general are not noted for speedy growth.

The basic four of indoor palms include *Chamaedorea elegans*, the classic parlor palm, a dwarf rarely exceeding 2 feet. Its feathery, dark green foliage is an excellent accent in any room. It is usually grown four or five to a pot for added lushness. The plants like warmth (average 75 degrees) and a bright area with no direct sunlight.

Various other species of *Chamaedorea* are sold as bamboo palms, the bamboo being a plant they greatly resemble. Quite cold-resistant, they will do well even in an

Continued on page 229
Grass-roots advice about lawns

by James Fanning

A fine lawn is as great a horticultural achievement as a houseful of thriving potted plants. The millions of individual grass plants in a lawn have the same basic requirements as other growing things. They need the same attention to soil, water, sunshine, and nutrients. They also need tuning—we call it mowing—far more often than trees, shrubs, or any other kind of plant. All in all, the keeper of a greensward is entitled to as much credit as the grower of spectacular roses, orchids, tomatoes, or apples. More credit, really, since grass plants cannot be given the individual care and coddling lavished on bigger plants.

Most of us inherit our lawns. Whether house is owned or rented, the lawn that goes with it was probably made and maintained by someone who has moved way. So the great problems of lawn-keeping are either trying to maintain a standard of excellence set up by someone else, or, far more often, trying to correct someone else’s mistakes.

Weeds are probably the lawn-keeper’s most annoying problem. Broad-leaved weeds such as plantain and dandelions are best dealt with by hand weeding. A lot of work, to be sure, but once the plant has been dug out with knife or trowel it really is gone for good—assuming, that is, that the digging is done before the weed has a chance to mature and drop its seed. Crab grass, the turf lover’s pet hate, is an annual. That is, it grows new plants each year from last year’s seed, and that gives the clue to controlling it. A dense, well-fertilized turf of permanent grass does not give the crab grass seedlings a chance to get started. Mowing no lower than 2 inches also helps crowd out the undesirable seedlings. And, of course, wherever it does appear, crab grass should not be allowed to set seed. At the time the seed heads appear, it is quite easy to rake them out before they can mature.

Chemical weed controls have appeared in droves during the past few years. Some of these work very well, particularly on the broad-leaved lawn weeds. Unfortunately, this whole class of materials has gotten a bad name among environmentalists. My own experience is...
that 2,4-D, used according to the manufacturer's instructions, is very effective on broad-leaved lawn weeds and shows no undesirable effects. At present, the federal government is applying strict controls on the sale and application of weed-killers, so it would be foolhardy to recommend the use of any particular kind. The best source of information about what may be permissible, as well as effective, for your local conditions, is your county agricultural agent. You'll find him listed among the United States Government agencies in your telephone book.

Chemicals to control insects and diseases are subject to the same regulation as weed-killers. However, the beetle grubs that nibble away grass roots and leave spots and streaks of dying grass are easily eliminated by a nonchemical means. This is the milky disease, a bacterial infection that attacks only the underground grubs of Japanese and other beetles. The disease spores are available as a powder to be scattered on the lawn and watered in. This material is sold in garden and hardware shops everywhere and besides being fatal to this year's crop of beetle grubs, it remains effective for several years. It is absolutely harmless to birds, bees, and pets, and cannot contaminate underground water. Among chemical insecticides, probably the safest and most effective is Sevin—used, of course, strictly according to the instructions on the package.

One of the problems that may develop in a neglected lawn is thatch—the deposit of grass clippings, dead grass, and other debris that settles down among the grass blades. This compacted material sheds water like a thatched roof, and not only keeps rainfall from penetrating the soil, but acts as a breeding ground for disease and insect pests. It should be removed by vigorous raking or, better yet, by using a motorized thatcher designed for the purpose. Available from machinery rental services, these machines scratch up an astonishing amount of dry material from the turf. This leaves the lawn looking rather moth-eaten, but it will quickly recover, particularly if the dethatching is followed by an application of fertilizer.

---

**The Tulip Terror**

Everyone loves Florence of the Floppy Ears, when she stays in her backyard. But how about when she's tearing neighborhood tulip beds apart? That starts the neighbors complaining about Florence. And Florence's owners have complaints of their own, like the 6th grade short-cutting through their backyard.

On the other hand, Anchor Fence has been improving neighborhood relations since 1892...while it's been protecting children, pets and property. Anchor's self-closing, self-latching gate keeps small children and pets safe and secure (not to mention the tulip bulbs).

This fence puts in a good appearance while it protects; with a handsome green vinyl coating that blends into the landscape. And Anchor is as tough as it is good-looking.

Call your nearest Anchor representative today. Remember, with the trouble stopper, tulips stay in bed...where they belong.
Continued on next page
Continue from preceding page

Some of the best and most drought-resistant grasses arc at their best in the hot and dry climates of the South. Fescue varieties are best. And perennial ryegrass, once much looked down upon, has now come into its own with the introduction of varieties that combine the best features of bluegrass and fescue. Bent grasses, low and carpetlike, are so fussy in their requirements that they're seldom used in home lawns these days.

Sodding has come to be the preferred method of starting a lawn. Commercially grown sod has the advantage of being weed-free and is much quicker to become established than a seeded lawn. Soil preparation is the same as for seeding, and the sod, when laid on the raked and fertilized soil, tamped down and well-watered, will be ready for use in a few days. Admittedly, sod is expensive. But the initial cost is practically the only cost. There is no need for the reseeding that is inevitably part of establishing a lawn from seed. The sod is not only weed-free, it also smothers any weed seedlings that may sprout in the soil beneath it. And patching is simple whenever necessary. All you have to do is buy a chunk of the same kind of sod, cut it up, and plug in the pieces. Ready-to-lay sod is available at nurseries and garden centers everywhere. Check on the variety of grass before you buy, though, to make sure it is one that will grow well under your local conditions.

Seeding a lawn has its advantages, of course. Whereas sod is almost always a single kind of grass, seed mixtures make it possible to establish a lawn of, for example, shade-loving and sun-loving grasses together. With such a combination, the grasses that need full sun will gradually disappear from the lawn's shaded areas, but those with a preference for shade will be right there, ready to take over and maintain the even carpet of green. One of the main difficulties in starting a lawn from seed is keeping the area evenly moist until the seedlings are well started. Uneven watering will result in a spotty germination, with results that will be visible for months, or may even be permanent. Borrow or rent enough sprinklers to keep the whole seeded area moist or, better yet, install an underground irrigation system. These are available in a wide variety of types and are fairly easy to install—then the problem of even watering is automatically solved.

A crucial part of the maintenance of any lawn is mowing. Here the important rule is: Mow when the grass is ready. This means never letting it grow tall enough to become ragged looking or to produce a heavy load of clippings. A healthy, vigorous lawn may need mowing twice a week in the moist days of early summer, no more than once in two weeks in drier weather. In actual measurements, grass should never have more than one-third of its height removed at a cutting. If you keep your lawn at, say, a height of 2 inches, now before it reaches 3 inches. And, whatever kind of mower you use, keep it sharp!

One of the best books on lawns is Lawn Keeping, by Albert W. Schery (Prentice-Hall, $5.95 in paperback). Dr. Schery gives complete directions for establishing and maintaining turf in all parts of the country, and illustrates his points with diagrams, line drawings, and black-and-white photographs.

Weed drawings adapted from Dr. Schery's book. Sod drawing, from "Lawns and Landscaping" by Bruce Cassiday (Harper & Row).
Energy bills seem sky-high?
York can help bring them down-to-earth with this new Computer-Controlled Springtime® Machine that heats and cools

It's here! A computer controlled heating and air conditioning home comfort system. A system programmed to help cut operating costs. A system that is reliable in every sense of the word.

The computer control module, shown to the left, is the "brain" inside our exclusive Heat Pump. It controls 19 different functions . . . it thinks . . . it makes judgements . . . it has a memory . . . assuring economical and reliable operation regardless of weather conditions.

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So, if you'd like a whole houseful of spring-like comfort all year round, at operating costs you can live with, call your York Certified Heat Pump Contractor. Or write: York Division of Borg-Warner Corporation, P.O. Box 1592, York, PA 17405.

It just might be the best investment you'll make all year . . . and for years to come.

York Air Conditioning
The green-grass Q&A
Some most frequently asked questions about lawn care

About this time every year, as the first pleasant days come along, people call up Scotts, the lawn people, for advice about their spring lawns. Scotts maintains a free telephone advisory service for people who need a quick answer to a lawn question. You can talk to a lawn specialist by dialing the toll free number for your area: in Ohio 800-762-4010; in Kansas, Alabama, and eastward, 800-543-1415; in western and some southern states, 800-543-0091.

1. I have to seed this spring. How can I prevent weeds, too?
You should fertilize at the same time you seed anyway, so use a fertilizer that also contains a crabgrass preventer; it will keep dormant crabgrass seeds from sprouting. Broadleaf weeds cannot be prevented, but must be controlled while they are growing. To control them, wait until the new grass seedlings have been mowed at least four times. Then fertilize with a combination product that also controls actively growing dandelions and other broadleaf weeds.

2. How soon can I mow my lawn after I have seeded?
Plan on mowing a newly planted lawn as soon as the grass is about 2 inches high, cutting it back to about 1/2 inches. If you have seeded in order to thicken a thin lawn, go ahead and mow whenever the grass needs it. The mower will not harm the seed you have planted. (This will probably be more than once in a thin-meshed lawn.)

3. I have some irregular patches of matted, browned-out grass in my lawn this spring. What causes it?
It is probably damage from a disease called snowmold fungus. Take a brush or a flexible rake, and lightly break up the matted grass enough to allow air to circulate and sunlight to reach the crown of the grass plants. Then feed the grass with a slow-release fertilizer that will provide the nutrients needed for sustained feeding and vigorous growth.

4. I have brown circular spots in my lawn this spring, most of which are only 3 to 6 inches in diameter. What are they?
They are probably from the urine deposits of dogs. Flood the area with water to wash the deposits down through the soil. Repair the scars with sod or seed.

5. My grass is quite shallow-rooted, and when I rake it in the early spring, large pieces of it come loose from the soil. Why is this?
This is often grass is shallow-rooted when it is grown in a shady area, or when it must compete with tree roots for available moisture and nutrients. Avoid severe raking. If possible, prune the trees to allow more sunlight to reach the grass. I allow a good fertilizing and watering program to help the grass compete with the trees.

6. When can I dethatch my lawn?
The recommended times for dethatching (removing some of the matted dead grass that collects in a lawn) are spring or early fall. This spring, wait until your grass has begun to grow again and has been mowed a few times. There should be some moisture in the soil, but the lawn should not be soggy, which can cause a thatching machine to tear out too much of the desirable grass.

7. My grass is going to seed. Can I mow it?
Will the seed help to thicken the lawn?
The grass is probably bluegrass. This condition occurs in the spring as part of the normal growth pattern of bluegrass. It is temporary and should last only a few weeks. The seedheads are of little or no value. A sharp and properly adjusted mower will cut these stems. Rake or sweep them up.

8. How can I eliminate wild onions?
Remove them by hand, or use a spot weed killer. 

Continued on page 22.
Only Pella makes a wood window with this much insulation

Only Pella saves energy with more insulation for less money.

Only Pella makes a double glass wood window with a full 13/16” air space between the panes. And the greater the space between panes, the greater the insulation value. As a result, Pella’s Double Glass Insulation System actually outperforms ordinary welded insulating glass, yet costs less per window! Add this fact to Pella’s many other “Energy-Tight” features and you have a real money saver.

Only Pella makes a wood window this easy to wash.

Only Pella windows are equipped with a hinging system that allows the sash to crank out a full 90° to the center of the frame. You get lots of elbow room to clean outside glass — even reach the farthest corners — quickly and easily from inside your home. As a matter of fact, every ventilating window Pella makes — casement, double-hung, and awning — is engineered to be the easiest window you ever washed.

Only Pella makes a disappearing screen. The Pella Rolscreen® is a screen that works like a window shade. It rolls up and out of sight to give you a crystal clear view and let in 20% more light. Then, when you need it, the screen pulls down and latches firmly into position. An interesting option to the standard inside screen on our Clad Casement.

Only Pella offers an aluminum exterior that needs no painting.

Pella is the only major wood window manufacturer to give you the best of both worlds: aluminum cladding in attractive colors outside — all-wood construction inside. We think that’s important. Most wood windows that offer clad protection, wrap the exterior finish all the way around the sash so you see it on the inside, which can cause decorating problems. But with Pella, all you see inside is rich, warm wood.

Only Pella offers instant privacy or shade. Only Pella makes the Slimshade®. It fits between the panes of our Pella Double Glass Insulation System and provides privacy at the touch of a dial. But even more important, the Slimshade®, when completely closed, can reduce heat loss by as much as 62% and solar heat gain by up to 82% when compared with a single pane, unshaded window. An option that results in real energy savings.

FREE, 16-page "Window & Door Ideas" book for traditional and contemporary homes. Tells you everything you need to know about window types and how each works, window treatment in various architectural styles, and important considerations in window placement and selection. After you’ve read this book, visit your Pella Planning Center for further assistance. It’s in the Yellow Pages, under "windows".

Please send me a copy of "Window & Door Ideas".

□ I plan to build. □ I plan to remodel. □ I would like an appointment at the Pella Planning Center nearest me, have someone contact me.

Mail to: Pella Windows & Doors, Dept.03307, 100 Main St., Pella, Iowa 50219. Also available throughout Canada. Coupon answered within 24 hours.
We're Champion Building Products. And we want you to know more about paneling. Whether it's our own famous Weldwood® paneling—or anybody else's for that matter.

We want you to know how important it is to pick the right panel for the right room and decor. (Notice how our new Ashcroft™ paneling accents the early American atmosphere of the bedroom shown here.)

We want you to know that some paneling is faced with real wood, and others with not-so-real wood. (Weldwood comes in a complete range of authentic hardwood veneers, or amazingly faithful simulated woodgrains. With a veritable forest of styles, textures and prices to choose from.)

We want you to know that good paneling provides long-lasting beauty with a minimum of care.

But most of all, we want you to know that paneling is neither wallpaper nor paint. It has warmth and presence in a room, in much the same way a fine piece of furniture does.

We make Weldwood paneling. And we make all kinds of other building products like lumber, sheathing and Weldwood® sidings. (Wood has been a way of life for us for nearly 60 years.)

You can find them all at your Headquarters/Champion Building Products Dealer (formerly U.S. Plywood). He's listed in the Yellow Pages under "Paneling."

And if you'd like to know more about the paneling, send for our full-color booklet, "All About Wall Paneling." It's filled with decorating hints, and it's yours when you send your name, address and 50¢ to Champion Building Products, Box 61, New York, N.Y. 10046.
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If you are planning to decorate your home, or if you would just like to read about the decorating trends that are most popular or innovative in today's homes, you'll want your free copy of "Adventures in Creative Decorating." This beautiful full-color, 32-page booklet is available at all of the decorating retailers listed on the following pages. The booklet shows examples of decorating by various methods and styles, the use of special effects, and how to work with color. You will find a multitude of room settings and suggestions for every room in the house. Compiled in cooperation with House & Garden Magazine, the booklet is part of the nationwide observation of National Home Decorating Month which is jointly sponsored by the National Decorating Products Association and the manufacturing and sales firms who are Associate Members of NDPA. Pick one up today at your nearest decorating products retailer's. While you're there, let him show you everything that's new in home decorating products and ideas.

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Do-it-yourself decorating
How to get terrific effects with simple materials—paint, paper, and wood

How to renew a room with paneling

Instructions for the method used on page 126

The tools you need: hammer, crosscut saw or power saw with a hollow ground blade; 2-inch and 1 1/4-inch finishing nails; carpenter's square; level or plumb line; adhesive; and caulking gun.

Measuring: Measure walls at floor level, add footage. Divide by four for the number of panels you'll need. Standard panels measure 5/8-inch and 3/4-inch thick and come 4-by-8-feet high. 4-by-7 and 4-by-10 also may be available through special orders.

Preparation: Minimal. Simply stack the panels, laying two full lengths of furring strips between each one, in the room for a day or two so they can adjust to the climate. Play with the color of the wood panels in both natural and artificial light until you get a sequence of shades and a grain-flow that pleases you. Mark each panel on the back with a crayon to keep the order straight as you work. Carefully remove the baseboards and moldings in the room with a wedge or a pry-bar. You may want to substitute moldings when the room is paneled.

About furring strips: Find the studs inside your walls with an automatic stud-finder or with a hammer (tap lightly until you hear solid rather than hollow sounds). Vertical studs are usually 16 inches apart. Make a framework for panels by nailing or gluing furring strips at those stud points. Use a level to determine the straightness of the walls and be sure to double-check the corner measurements. Bulges and sollows in the walls can be compensated for by the furring-strip framework; corner, ceiling, and baseboard moldings can hide other wall problems. In a badly contoured wall you may need to shim. This means nailing a solid backing material, building paper, or a wood shingle behind a furring strip to keep the wall-plane straight.

The final result, paneled, decorated, and ready for liv

After furring frame is made, panels are nailed in position

Start at a corner: The first panel often needs to be trimmed for a snug fit because corners are so seldom true. Scribing a panel is a technique that produces an accurate, snug fit, though it takes some practice. Tack the first panel to the corner of the wall using nails only at the top and bottom so the panel can be removed easily. Use an artist's compass with the point placed at the top of the corner, the pencil in the panel itself. With a steady hand draw the compass down the length of the corner. The pencil will record on the panel all the variations. Place a strip of masking tape down the penciled line and cut, plane, and sand before putting up the panel. The masking tape reduces the possibility of chips and nicks in the panel face.

Nail or glue: Either way can be inconspicuous. If you nail, nail into the grooves of the random-plank paneling and cover the heads with a putty the same color as the wood. Depending on the kind of adhesive you choose, you may or may not need supplemental nails. A solvent-based adhesive is applied to a furring strip; panel is pressed onto the strips and then pulled away for about 5 minutes and repressed. Water-based adhesive needs extra nails. Both give you time to adjust the panel.

Continued on page 104
Seamless flooring: elegant, wall-to-wall beauty: a durable no-wax, seamless surface that's easier to keep clean. And seamless installations are easier to do yourself. Only Congoleum offers this, in widths that range from 6 to 15 feet. High quality, high fashion, seamless flooring—in a spectacular variety of no-wax colors and patterns.

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A no-wax floor stays fresher looking longer, usually with just sponge mopping. In time a reduction in gloss will occur in areas of heavier use. We recommend Congoleum Vinyl Dressing to provide a higher shine, if preferred. (Complete maintenance and warranty information available through your local Congoleum retailer, in the Yellow Pages under "Floor Materials", or by writing Congoleum Consumer Affairs, 195 Belgrove Drive, Kearny, N.J. 07032.)

Only Congoleum® gives you seamless flooring in rooms as wide as 15 feet. Seamless flooring that looks prettier, cleaner, newer longer.
Do-it-yourself decorating
continued from page 102

before glue dries. If you nail use 1½-inch finishing nails or 1-inch brads.
Meeting at a corner: Measure the panel slightly wide and scribe for a snug fit. Be sure to keep the panel edge exactly parallel to its adjoining panel—don’t use the corner as guide.
Spacing panels: Allow the space equal to the thickness of a dime between each panel. allow ½ inch at baseboards and ceilings. Wood absorbs moisture and expands, dries out and contracts. It needs room, and if you overlook this allowance you risk warping and buckling panels.
Cutouts (window and door frames, pipes, air-conditioning or convector covers): Measure all distances from wall edges, marking on the panel. Be sure to extend the measurement of door and window jams to compensate for the furring strips. A jigsaw or keyhole saw is best for cutting out small elements like window moldings or electrical outlets, but you can also score with a mat or utility knife and cut with a firm blow of a hammer and chisel.
Temporary paneling: If you live in an apartment where paneling must be dismantled when you move, you can secure a 2-by-4 wood framework at the baseboard and ceiling only. Bolts, screws, or nails are adequate to hold up the framework without harming the walls.

Note: These instructions are straight from the experts at Champion Building Products. For more details, its booklet, All About Wall Paneling, is available at building supply dealers everywhere.

How to paint your own woodgrain
An easy way to get professional looking results.

Professionals are paid a fortune to paint natural-looking woodgraining on plain wood surfaces. This technique with acrylics takes only an hour to do a whole mantel, and could save you up to $400. And if you make mistakes, you can correct them. Artist and designer Luis Molina used this method to handpaint real wood with the wood pieces. You are painting the basic wood-grain surface in long sweeping strokes with the 3-paint diluted mixture. Let dry. Important: Acrylics dry to three times darker than they look wet. Should you find that you don’t care for the result, the whole thing will come off clean with a cloth soaked in alcohol. Turn the second broiling pan squeeze three generous dabs of the colors and slightly dilute each with water. Take an end of cotton cloth, twist it, dip the end into the darkest color, and paint knots on wood. Using the #7357 brush, paint a pie- wedge inside the knot; outline the knot with the dark color. Dip the fan brushes in all three colors and lightly stroke along the wood to make grain. Copy the wood grain of the paneling you may have or make a study of how real wood is grained. Disregard carvings and other details on the wood pieces. You are painting the block from which the mantel was made so keep the wood pattern consistent. Acrylics dry in about 25 minutes, so work swiftly. And have the alcohol handy if you aren’t pleased with the way it is turning out. It’s very easy to swoosh it away and begin again. When you’re satisfied, let it dry and cover the whole thing with a coat of polyurethane. If yours is a working fireplace, where smoke and heat could damage the paint, apply another coat of polyurethane 24 hours later. A damp cloth is all you need to keep the painted surface clean.

Continued on page 106
Today, decorating emphasis is placed on lifestyle, rather than period or style. And Joanna Western makes window treatments to fit right in, no matter how casual or formal your needs.

Come window shopping with Joanna.

JOANNA SHUTTERS are the special-effect window treatment you can use almost anywhere. Joanna makes them to fit perfectly and you can choose from styles and finishes to complement any room in your home. Great for offices, too.

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You'll find Joanna Woven Woods, Window Shades and Shutters in fine department stores and home decorating centers everywhere. So come window shopping with Joanna.

Joanna Western Mills Company
2141 South Jefferson Street Chicago, Ill. 60616
How to paint your own flower borders and trompe l’oeil gazebo

Step by step to the painted fantasies on page 124

Do-it-yourself decorating continued from page 104

BORDER DESIGN
Equipment: pencil; ruler; scissors; cardboard (at least 20 inches long); No. 5 sable brush; 2-ounce tubes of acrylic paint: ultramarine blue, medium cadmium yellow, permanent green light; waxed paper; water; rags or paper towels.

Preparation: Walls to be painted should be a solid color to start. If they’re white, put on a fresh coat of any color, as Adrienne Hines has done, leaving a 3½-inch white border along the side edges of each wall and below cornice moldings. If your walls are colored, draw the borders with pencil and paint them white. Paint moldings white.

Paint the vine: Cut one side of the 20-inch-long cardboard into 4 broad alternating curves each 5 inches long. Beginning in an inconspicuous place (such as behind a door), place centerline of pattern curves at edge of border, and lightly trace in pencil. Continue along sides and tops of walls. Double a piece of waxed paper as a palette and squeeze out a generous dab of green paint. Load a damp No. 5 sable brush and begin to trace the vine from the top down.

Make it bloom: Paint in the two simple flowers freehand. The flower on the white border is a puff of light blue (ultramarine cut with white) with a center of solid ultramarine. The one on the colored wall has three white petals. Flowers are exactly 5 inches apart. Continue alternating flowers along the vine. Paint in curved green stems and leaves (see page 124).

TROMPE L’OEIL GAZEBO
Equipment: pencil; ruler; large roll of brown paper; tape; large cardboard sheets; scissors; range of sable brushes No. 5-10; stiff brush, 1 inch wide, 1½ inches long; 2-ounce tubes of acrylic paint: medium yellow, deeper yellow, rust-gold, brown, white, and flower colors; waxed paper; rags or paper towels.

Plan the latticework: Cut from cardboard an elongated octagon about 18 inches long and a strip 2 by 30 inches. These will be the patterns for the bamboo lattice. Cut and tape together.

Continued on page 108

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At 9:00 a.m. Saturday morning, Mary Jane decided to do something about her environment. She was feeling as dull and uninteresting as her walls looked. She needed a change of scenery. Fast.

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And when the walls perked up, so did Mary Jane.

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To our readers:
The March issue of House & Garden was late in reaching both the newsstands and our subscribers because of severe weather conditions and the shortage of natural gas this winter in the part of the country where the magazine is printed. We very much regret the inconvenience to you, and we hope you will understand.

We human beings are subject to a curious affliction: a characteristic urge to make things better. Nature is partly to blame—we and everyone in our families, everyone who contributes to and shares in our lives, are subtly growing and changing every waking moment (and some say sleeping too). It's only logical that at some point we'll notice that our surroundings no longer fit. In a sudden rush of inspiration we rearrange the furniture, paint the walls, reorganize closets. We feel an intense need to have cleaned-out desk drawers, to add flowering plants, build bookshelves. But as we improve, another phenomenon is triggered: Each of us acts and interacts with the people, objects, colors, and spaces that make up our personal environments. As we change the room, the room changes us, subtly, in little ways, until we look back and see that, although we may not have altered much, for the room and for us things are somehow very different.

This is the joy of true renewal: not a compulsive, arbitrary rush to see that everything is instantly new and absolutely perfect, but the result of subtle workings within, an irresistible and spontaneous impulse, like the sudden outpouring of life in spring after its patient, silent winter's contemplation. Perfection is sterile; reality has a few odd angles—because reality is a process, not an end result. And because it is filled with living people who breathe and laugh and mess up the living room and make mistakes, not picture-book images of what ought to be. Real life is built of small things, idea upon idea, moment upon moment. You never know what's going to happen next. And it's the unpredictability that delights.
Nature does: Out with the brown stalks of winter, up with fresh green shoots, flowers that insist it’s spring. Houses need renewing too, so clean up, fix up, color up, reorganize, change. There’s more than one way to refresh a room.

**Why we clean—and rejoice—in spring**

It all began as an excuse to have a party. Two million years ago, when we were hunting-gathering nomads, renewal was a spur of the moment thing: Whenever you came to a new place and discovered exciting new sources of food and livestock, you killed a deer and celebrated.

When we stopped being nomads, maybe 10,000 years ago, and started staying in one place and learning to be farmers, according to anthropologist John Pfeiffer, the seasons suddenly took on meaning in our lives. We began to celebrate the times of year as they came around, the idea being to make the animals and plants increase and multiply, and expel what was regarded as hostile to life and prosperity.

Different countries have invented different ways of recognizing the season of renewal and rebirth. The Japanese Cherry Blossom Festival takes place in April; in England and Northern France, Morris dances are spring celebrations; and the Chinese came up with the Festival of Excited Insects, to salute the little creatures coming out of hibernation and resuming their normal activities.

Various symbols seem to have been common to many spring rites, such as putting out campfires and relighting them to symbolize rebirth, as the Natchez Indians did. General purification was often required, like the scouring of cooking. (*Continued on page 162*)
One room, two personalities—it lets its owner change moods to accommodate the seasons. "During the spring and summer, I feel freer, less confined than I do in the winter," says designer Frederick von Mierers. So, to open up the room in the warm-weather months, he removes the earthy straw rug to expose a gleaming all-white lacquered floor. Printed slipcovers—made from specially designed Billy Baldwin fabric "that reminds me of chipped ice"—are removed to reveal fresh white-on-white textured upholstery. Cushions covered in slipcover fabric are removed and more of the quilted raspberry-rose pillows are brought out to alternate on the two sofas with chamois off-white and beige pillows. For year-round light and air, Mr. von Mierers covered one entire wall with mirror, cut and fitted around ceiling beams. "The mirror opens up the room tremendously because instead of seeing one short beam the width of the room, you see one continuous beam stretching to infinity." To add to the ethereal quality, invisible acrylic arches for coffee tables, a see-through oblong pedestal for a bust by Mrs. Cass Canfield Sr. Flowers from East River Florist.

Right: The living room wide open in summer. Parchment lacquered screen "that looks like an abstract painting" complements the lacquered Parsons tables, floor mats from Bali, and the beige Al Stokes painting on the mirrored wall.

Top right: On the right-hand wall, a 17th-century Japanese altar table. On the rear wall, behind the sofa Mr. von Mierers designed, a clean white sculptured canvas by Albert Cohrs "that makes me think of the ocean sculptured with waves."

Above: The living room in winter with shade drawn, straw rug down, slipcovers on. Steven Krohn's ice blue and white canvas—"the colors are like a winter sky"—is hung on the mirrored wall. On the chest, Empire vases, a 16th-century Buddhist Kwan-yin.
Change the slipcovers, change the rug—and you can change the whole room.
Mirror is magic:
It expands space,
brings in light,
adds glamour,
exhilarates
On the mirrored wall, a painting by Ray Ciarrochi and the reflection of the window across the room.

The dining area, with glassed-in terrace reflected in right wall, the whole living area in rear wall.

Behind the dining table, a liquor cabinet in a mirrored buffet—"We did it to hide the radiator."

Mirror is the magic that can give a modern apartment with predictable straight-line design an exciting expanse of perspective and light. Here, mirror surrounds the dining area at one end of the room and covers corner screens behind the sofa at the other. To bring in the view, a wall of mirror faces the window. "I think it's very important not to let mirror reflect mirror," says fashion designer Richard Assatly, co-owner with Frank Masandrea, also a fashion designer. "If used improperly, mirrors can shorten a room. But if you have mirrors reflecting something—a view, or perhaps the rest of the room—you get a feeling of spaciousness."

Left: The living area looking towards the dining area. Cocktail and dining tables are glass because "glass works well with mirror to keep your eye moving, to keep the room light and open."
You flip a switch—and the whole room changes. That’s the power of light. To prove it, designer John Saladino removed this living room’s ceiling to expose structural beams, “dramatic as a bridge”; and, in one roof slope, punched a 4-foot square skylight fitted with electrical controls to let owners, Tina and Jeffrey Bolton, open it like a window. Then he designed a versatile lighting system that works for anytime. “By day I wanted the room bright and cheerful; by night, romantic and sensual.”
The same room at night, its ambiance created by a lighting spine—a fixture with 50-watt miniature reflector floods placed on 1-foot centers and hidden among roof rafters. "Bulbs give off a uniform uplight that accents the skeletal bones of the room."

For intimacy, individual pools of light in every corner: two reading lamps—by the wicker chair and at the far end of the right-hand sofa—a light at the bar to the right of the fireplace, and between the sofas, a manila paper-shaded lamp 30-inches across.

day and night

A dramatic alternative: three floor canisters loaded with 150-watt bulbs to shoot columns of light up the warm terra-cotta colored walls that work with the original brick wall "to make the room an envelope of intimate color."
If your walls could use a livelier perspective, try cheering them up with designs you paint yourself. "I like walls with depth," says designer Adrienne Hines, who used paint to turn her bathroom into a trompe l'oeil gazebo. And in her bedroom, for an added architectural dimension, she left a white border around each peach-painted wall, and painted vines along them. With patience and a steady hand, you can too. Learn how, page 102.
Above: One corner of the master bath becomes a summertime gazebo with trompe l'oeil trelliswork and painted plants (and real plants, too).

Opposite page, top left: The master bedroom, trimmed with white, freshened with painted vines. The fire screen is 1/4-inch plywood painted with a motif from love-seat fabric. Mrs. Hines's aunt made quilt.

Opposite page, right: A close-up of the vine, hand-painted with acrylics from a simple cardboard pattern. Mrs. Hines can paint 6 yards in 1 hour.

Opposite page, bottom left: Mrs. Hines painting a butterfly on gazebo walls.
Paneling a room is like getting a whole new skin. It adds character to plain rooms and is the perfect solution for walls that are badly contoured, cracked, or just too dreary to paint. You can extend the paneled look with a hand-painted fireplace mantel, baseboards, and bookshelves—see page 102 for the do-it-yourself details. Designers Abbey Darer and Bobbi Stuart wanted comfort for conversation. Low-level, lightweight, sectional furniture arranged around the hearth, a natural gathering place, gave them both. Matchstick blinds let in the sunshine.

Above and right: the completed room, paneled in 11 hours. Weldwood Landmark Hickory paneling by Champion, sectional seating by Roche-Bobois, from Maurice Villency.

Far right: 4-step paneling method by R. Dickwisch; Lex Molina, bottom, wood-graining. See Shopping Information.
Here’s a 4-step way to install a roomful of wood paneling—plus an easy-to-follow wood-graining technique.

1. **Space off furring strips**, about 16-inches apart.
2. **Nail strips to wall; prepare panels for gluing.**
3. **Squeeze adhesive onto strip with caulking gun.**
4. **Press panels to gluey strips one at a time.**

**Woodgrain your trim,** Instructions, page 102.
With glide-about modular seating you can create—and recreate—a room that's ready for anything.
It's easy to make a room respond to any mood or activity from dancing for 20 to tea for two. All you need is switch-about, gliding furniture and a background of colors, textures, and objects that makes the furniture look right anywhere in the room. Walls are peachy cream—“neutral but kinder than white” explain designers Bob Patino and Vincent Wolf. The floor, covered with hard-wearing sisal, is rich caramel, the same color that wraps the soft leather seating. Black marble surrounding the fireplace (put in when the apartment was built in the Art Deco 30s) has been repeated in three tables, one large, two small. And that's basically it. No clutter of any kind. The room is lit with two strategically placed reading lights, two strong theatrical floodlights and six floor canisters—powerful decorating tools in themselves. Entertaining is easy. The owners say they can have a party for 60 “and 20 minutes after everyone’s gone you would never know they’d been here.” It's that quick to straighten up.

Opposite page: Seating around a mirrored fireplace. Beyond sofa (made up of three units, two with arms, one without), the dining alcove.
Above: At the other end of the room, three chaises in front of a window with mirrored reveals.
The fifteen pieces of furniture that mobilize in this room consist of ten leather-covered seating units, one dining table, two identical coffee tables, and two plinths. The three chaises, four slipper chairs, two one-arm sections, and one ottoman combine in various ways to make sofas and love seats or pull up to the tables for dining. "If people want to lounge around or prop their feet up, there's nothing to stop them," Bob Patino points out. In addition, movable screens add architectural character, stand in as part-time walls. Covered in the same sisal that's on the floor, the 4-foot plinths are mood-makers. They may be stages for clusters of flowers, exotic greenery, a luscious bowl of fruit, or an art object like a Persian vase, all of which can change with the seasons to create constantly renewing color impacts in an otherwise neutral environment.

ARRANGE IT FOR PARTIES

Top: The dining alcove cleared for dancing.
Above: Alcove screened off from the main part of the room, table set for buffet. When the alcove is used for dining, screens border side walls. These and everything else in the room by Patino/Wolf.
Opposite page, top: By the fireplace, the two marble coffee tables make a square tea table.
Opposite page, right: Serve-yourself supper in a wicker basket. Windows have vertical blinds—to cut sun's glare in summer, or make room look cozy in winter.
Opposite page, bottom: At movie time, leather (reversed to serve for pillows) makes a luxurious, private cinema. And it's treated so it can be wiped clean.

This is the LEATHER that's impervious to spills.
Change the room for tea or to show a movie.
Learn from a master the winning techniques

Right: Practically everything in this living room was purchased at auction. And what wasn't was designed by the man who tracked it all down, architect Tony Cloughley. "Auctions are the best way I know to find the highest quality furniture for the least amount of money," says Mr. Cloughley, a partner in Albrizzi, Inc. "And it's a sport of sorts, too." Consider some of his trophies: a magnificent Indian rug bought for $400 at the very end of a sale at Parke Bernet. Why is the price so low? Most of the bidders had left before the rug went on the block! That's the kind of excitement an auction can generate. The black George I japanned cabinet behind the sofa, a pair of Stella paintings on the end tables, right, plus the red leather chest in the foreground were all bought for around a third of their retail cost at an antiques dealer's or art gallery. And that's just part of the auction action. Read on.

SUSAN WOOD
When to stop

What to do with it all when you get home
Time for one last look at that figurine before the sale.

Auction’s young modern: PB-64’s director John D. Block

Everyone is welcome: families with children, young auction fans.

Parke-Bernet’s Edward Lee Cave starts off the day’s bidding.

There’s nothing like an auction

By Paula Rice Jackson

Buying something, anything, at auction just has to be more fun than buying it any other way! There’s the hunt, the find, there’s a chase, and with luck, a G.O.T.-CHA! Shrewdies love auctions. It’s an opportunity to exercise your judgement, show off your restraint, and smile with glee when you cart off a trophy that gives you real pleasure.

We are a nation of auction goers. We buy and sell stock, art, real estate, tobacco, cattle, industrial materials, and machinery all at auction. But caveat emptor was also coined for the auction goer. Where auctions are concerned “a word to the wise” is not sufficient. The risk is an important part of the fun—within reasonable limits. We asked two top auctioneers for their advice—and an inside look at the auction world.

“Think of Parke Bernet (pronounce the T, please) as the most exciting museum where the exhibits change every day,” says Edward Lee Cave, below right, art historian and Sotheby Parke Bernet’s Sr. Vice President. “To get the most from the auction experience it takes legwork on your part and accessibility on ours. It’s our staff’s job to research, catalogue, and respond to customers’ questions about the things in our galleries. No one should feel shy about asking the least thing about a piece of furniture, a painting, a rug, a silver collection, whatever.”

Learn to read a catalogue, if it states that a cabinet is...
George I piece, it means that it's been tracked down thoroughly. If the catalogue says that the cabinet is "in the style of" or "after," the house is not absolutely sure of its authenticity. The difference, of course, reflected in the bidding. Examine everything you're interested in—pull out the drawers (or ask a staff member to do it). Look for repairs and replacements, cracks, new veneers, fillers. Sit on the thing, familiarize yourself with its beauties and with its flaws.

"An auction gallery" says Mr. Cave, "has two responsibilities for each piece. One is to the person who has entrusted it to us to sell for him. The other is to the prospective buyer. When you think about it, buying and selling through auctions is an enormously democratic way of redistributing the works. There was even a fabulous auction of antique dolls just before Christmas that was reported by TV and radio stations across the country. As you would expect, PB-84 carries the Parke Bernet imprimatur of authenticity. It also augers a new wave of auctioneering. London's Parke Bernet Belgravia corresponds (Continued on page 232)

HOW TO START

Tips from auctioneer Edward Lee Cave:

1. Spend a weekend or two observing. Try to guess selling prices. Are your estimates high? Low?

2. Don't buy anything at first. This teaches you to resist impulses.

3. When you think you're ready, go to a preview and choose something. Read about it in the auction house's catalogue.

4. Ask, ask, ask. The auction house staff is there to answer your questions.

5. Do your homework. Look for similar items in museums, antiques dealers, and antiques shops; learn about origins, compare condition, workmanship. Ask prices. All of this will help you make an informed purchase.

6. Estimate the selling price.


8. Set an inflexible limit for yourself. When the price exceeds this, stop bidding.

9. After a year or two of experience, weed out your acquisitions as your tastes develop. How? Auction them off.
Below: The most modern kitchen of 1816, mechanized, steam-heated, skylit, its cast-iron columns sprouting copper palm leaves.


Inset top: The Royal Pavilion at Brighton.

Inset bottom: Original design by Frederick Crace for sidewall and bamboo canopy above organ in Music Room.

A NEW LOOK AT DECORATING

BRIGHTON STYLE

Wit, fantasy, and design inspiration for today in an extraordinary exhibition of furnishings, drawings, and photographs from the Royal Pavilion, now at the Cooper-Hewitt Museum in New York.
HOW TO BRIGHTON UP YOUR HALL: All it takes is a sense of fun and a taste for ornament and illusion. The materials used to create the hall, left, are easy to come by. Most of the trompe l'oeil is wallpaper, marbleized or woodgrain, and wallpaper borders—all widely available. Columns are cardboard carpet rollers cut to size and painted. Capitals are painted fabric leaves; pedestals are plywood squares topped with fat screw-in wooden chair feet. All wallcoverings from Louis Bowen. For how-to details, see page 52; for shopping information, page 184.
At its most opulent, The Royal Pavilion at Brighton is a pleasure dome to Coleridge's Kubla Khan—who on the scene in 1816, just as it taking its final form. The furnishings, drawings, and photographs at Brighton at The Cooper-Hewitt Museum, The Smithsonian Institute, is a fascinating exhibition. Here the romantic imagination at work, applying to the past and far away for inspiration, selecting, combining, manufacturing illusion to create a personal vision. It took 35 years, the services of architects, a firm of decorators, and half a million pounds to transform the simple house bought by George, Prince Wales, as a summer place into the palace of George IV, King of England. It wasn't a steady process, proceed by flashes of inspiration as the prince had new ideas found the money to execute them. The first version, Henry Hol's Palladian villa, was started in 1787 and the prince moved in a few years later, and it was 1815 before architect John Nash began the final make-over into the prince's cherished dream of an Indian pavilion. Nash complained of the difficulties of remodeling, but he shared the prince's tastes: "H.M. knew also that the forms of which the Eastern structures are composed were susceptible more than any other of rich and picturesque combinations." Though the interiors remained Chinese in inspiration, they too were made over. As George became older, fatter, and more solid, and light-hearted wallpaper trompe l'oeil gave way to gilt and lacquer. The interior designers, Frederick Crace and Robert Jones, submitted schemes, but it was the King's vision—he made the decisions and he was an exacting client: "Preparing and painting in imitation of bamboo the reeded ceiling at each end of the room and ornamenting the same with blue ribbons and highly varnished: £184.16.0. Repainting the ribbons blue instead of blue by order of His Majesty: £46." His Majesty was right, his color sense was unerring. And he was fearless in carrying out his fantasies, mixing palm trees and dragons, Chinese and Indian, adding dashes of Gothic or Empire Egyptian. All the daring wasn't in the decoration: Nash's structure was one of the first uses of cast iron in domestic architecture, the kitchen was mechanized to the hilt, and inside and out the pavilion was lit by the newest illuminant of the time—coal gas. The Royal Pavilion at Brighton exhibition closes May 23 in New York and travels to The Minneapolis Institute of Arts and the Museum of Art, Rhode Island School of Design.

IRRESISTIBLE DECORATING IDEAS FROM THE KING'S OWN DECORATORS for walls and windows, doors and draperies; Gothic, Indian, Chinese, French, or all combined. John Crace and Sons, the decorators of the Royal Pavilion, presented pen and watercolor schemes by the hundreds for the king's approval. Whether he accepted or rejected them, they're all fantasies with possibilities as you can see from these in the collection of The Cooper-Hewitt Museum. 1. The scheme for a hall in the king's own apartment that inspired our re-creation. It was always intended to be executed in wallpaper. 2. Design for the king's bed alcove. 3. A more elaborate idea for the hall above. As sketch succeeded sketch for each room, the complexity grew. 4. Arch-framed fireplace flanked by window and door. 5. Alternate design for the same wall. 6. Window wall in woodgrain and marbling. Are there painted cloud panels between windows or are the windows illusions, too? 7. Chimney wall for Banqueting Room. 8. Corridor with canopy—a mosaic of wallpapers. 9. Book wall for the king's apartment. 10. Another wall in the same apartment with chinoiserie panel. 11. Fretwork panel, detail of sketch 8.
Rooms built of terraces, terraces that are rooms, in a house where space flows, changes, surprises—and never ends.

The most beautiful flow a house can have is the kind that starts indoors, goes out, then comes back in again. If this sounds architecturally rhapsodic, it is, but it can happen. For example: Mrs. Rina Brion's villa outside Portofino in Italy, whose original fortress-like look was totally redesigned by architect Gae Aulenti. She didn't design living spaces, she sculpted them, almost literally turning them inside out and surrounding them with gardens and terraces (the work of Pietro Porcinai). Each of these areas, inside or out, Mrs. Aulenti calls a stanza, the pretty Italian word for room. And together, these spaces give the house a new living dimension—all out of doors.

Left: The living room, carved in white, with tiered, carpet-covered platforms to sit on, and to display collections. There seems to be no outer wall (of glass, it slides away), a strategem to make the terrace and its lemon trees part of the room. Most of the furniture was designed by Mrs. Aulenti. Beyond the suggestion of wall, the library, which flows on as a solarium.

Far left: A rear terrace.
Every glorious room is part garden, part sculpture, and all comfortable living space.
Mrs. Auënti, is a maestro of architectural or decorative elements that echo one another, ever halting the visual flow with a subtle change of color (of which she is very fond), nor, if she can, a solid partition. She marries outdoors to the indoors. The expanse of the villa is a hanging garden, and whenever possible, the expanse is brought indoors, where it is tended for and fed by Mrs. Brion of, who must have the greenest garden in Italy. She is also an author-electronics—and an incurable hoarder with the gift of displaying her glass and silver, her paintings, and her marvelous chairs with unerring simplicity.

Comfort Con Brio

Combinations ad infinitum: Chair and ottoman units link straight or at angles. Leather or fabric upholstery, down-filled cushions. Designed by Mario Bellini for Cassina.

Glass-top table with feet. Also available with wood top. Designed by Mario Bellini.

It's a bed—pronto, it's a chair! Mattress folds for seating into its own natural canvas shell. Alberto Rosselli and Abe Kozo for B&B Bonacina.

King-size bed with pillow headboard.
Invention, imagination, surprise—from Milan, where great furniture ideas begin.

No gadgets, no gimmicks, just the long-term economy of quality—that's the excitement stirred up by designers at Milan's Italian Furniture Fair. They innovated with leather, beautiful fabrics, glass, wood, and down-filled cushions in designs that function for living here today and tomorrow. One of these designers, Mario Bellini, visited homes all across the U.S.A., then came up with furniture to fit environments in which people help create the atmosphere. His seat modules (top, left) link together into a shape you create. Today's living demands flexibility, so seating modules come with their own slipcovers, chairs become beds, cocktail tables rise for dining, and even a kitchen designed by Masanori Umeda folds magically together for easy storage. Here, a brilliant sampling of designs with the promise of classics.
Beautiful furniture, thoughtful design, all-out charm—and it all works together to create a house for

The pleasure
Choosing a single beautiful chair or table, like choosing one perfect rose, is no great feat. The critical challenges are in the combining of furnishings and sympathetic accessories, and in making them at home in the surrounding architecture. Such a talent is demonstrated in this Connecticut house, where designer Tom Britt used a flexible new furniture system by Brian Palmer for Baker.

Below: Elements that form a whole: chairs, sofa, chaise, tables by Baker; Nori Fanardi porcelains; James Rosati sculpture; Marlborough Gallery; Pace Editions graphics. See Shopping Information.
For the house, cost cutting materials and design ideas. For the furniture, built-in flexibility that lets you plan a whole room within a room.
Remarkable for its cost-saving ingenuity, the house's basic structure is humble concrete block, laid on a flat concrete slab, and the blocks are stacked perfectly dry, with no mortar at all between them. This extraordinarily simple building method, used by Connecticut architect Dimitri Bulazel, is possible because the block walls are then coated inside and out with a newly developed glass-fiber substance ("Bloc Bond" by Owens-Corning Fiberglas). This plaster-like material is strong enough when it sets, to bind the block wall together structurally, and serves also as waterproofing and as a textured wall finish. Its use reduces the number of construction trades needed, as well Bulazel has devised a plan with walls largely of glass to emphasize interior-exterior continuity. For further economy, he has designed these glass walls of stock commercial parts, such as the large plate-glass windows used commonly for factories and storefronts, seldom for houses.

With all the qualities—flexibility, charm and comfort, an eye to future additions—called for by today's living, the furniture also has character—canning, bow-fronts, and other details of fine craftsmanship that are a tradition among American cabinetmakers. The plinth, above, is the base on which you can create infinite possibilities. In a room within-a-room designed by Tom Britt, cabinets, shelving units, even speaker enclosures, stack (you can stack them to various heights), turn corners, allow for future changes and additions. Yet, once assembled, they have the look of custom built-ins. Cabinetry details and finishes are complemented by accompanying seating and occasional tables.

Top: Outside, Fiberglas wall finish troweled over concrete block. Left: In the library, Baker storage modules house speakers, books, baskets, and bowls from Art Asia. William Sellers sculpture on glass-topped table from Sculpture Now; rug from The Pillowry. All furniture available soon across the country. See Shopping Information.

Above: The plinth for storage units.
The pleasure of your comfort
both the openness the plan by architect Bulazet and the flexibility of Baker's furniture system leave plenty of opportunity for a designer to exercise his individuality, and Britt has made the most of the opportunity. His interiors, with their glowing woods and restrained range of soft colors, have an air of relaxed calm, yet, spiced with a startling mauve pillow or a turquoise porcelain vase, they never settle into blandness. Storage units between the living and dining areas, left, maintain the architectural unity of the two spaces, but provide a visual barrier and, not incidentally, a wealth of storage space. Wood table drums nest together in many combinations. In the living room, here, a rug from Doris Leslie Blau; standing lamp by Koch & Lowy.

Left: The living room within a room. Inset, top: In the study area, bow-front bookcases line three walls. Over the desk, a Ray Parker painting from the Susan Caldwell Gallery. Plant baskets from La Tienda. Inset, above: The dining area. Painting by Paul Feely. André Emmerich Gallery. Baccarat crystal, Ceralene china, Christofle silver. See Shopping Information.
How to be happy with who you are

By Caroline Sebohm

A blueprint for a more satisfying life from psychoanalyst Erich Fromm
There is a lesson to be learnt from nature—that everything takes time, everything goes slowly, in contrast to the overhurried rhythm of our lives.

"We tend to be active because we feel we should be active," he said. "If we are not active, we feel guilty. If we are not active, we feel evil."

Fromm then gave an example of how he thought in terms of having things. He had a haiku by the 17th-century Japanese poet, Basho:

Flower in a crannied wall,
Pluck you out of the crannies,
Hold you here, root and all.

The Japanese is content to look at something as it is. Fromm pointed out, "in order to understand something, you have to look at it. The Japanese is content to look at something as it is."

"Happiness evidently is contemplation. We know a great deal. There is much proof of this. In the sixties, when young people all over America began turning on the old social conventions, freeing themselves from materialist patterns they no longer found possible. One can have a pound of hashish, a nice house, and a car."

"We are also impatient, so we want to rush out and find a person or thing to be with, you find out after you have dealt with them, even if they repress the fact, they sense that it's true. Now that is why I say there is a chance.

"You see, people in so-called socialist countries still believe what our grandparents believed, that if they have a car they will be happy. In Russia or Poland, you would be considered a fool if you suggested they might be better off without private cars. I gave a lecture at the Academy of Science in Warsaw and suggested this, and I have never in my life met with such a stony, hostile silence. Yet it is different for Americans. We have become skeptical. We have started questioning."

"Fromm's own recipe for self-awareness is to practice self-analysis every day, however busy he is, for at least 30 minutes."

WAYS OF BEING

Being yourself is one of the most difficult challenges in today's hectic world. Fromm's own examples, here are a few exercises to practice that may help you to sort out your own nature from all the extraneous elements that may be smothering it.

1. Sit still for 15 minutes every day. Listen to your breathing, feel it, and think of nothing at all.

2. Review your own behavior at the end of each day so you get to know yourself better.

3. Trust to your inner responses—you probably know more than you think.

4. Concentrate on activities that demand patience—the rewards will be greater.

"If you talk to people, you may not stop them, but after the instant gratification, so what?"
Preserving the rustic life

A let's-get-away-from-it-all house, where a pair of designers love to garden, put up what they grow, and entertain for the joy of it.


Top: The Mascheronis in their garden.

Left: Patio lunch; recipes, see Wine & Food section.

Opposite page bottom: Exterior of the house.
A Victorian shingle house has become the Long Island escape for homefurnishings designers John and Sarina Mascheroni and their two college-age sons. "We wanted a play place away from our work," they say, "plus a house we could improve without destroying its personality." That means no work areas or drawing tables anywhere; a relaxed interior makeover pursued little by little; and the cultivation of their hobbies, gardening and cooking. "Fixing the house is fun, and gardening and preserving aren't work. This is how we relax." Their entertaining is equally relaxed—informal buffets, brunches, dinners for 6.
Have fun with your house by working with what's there. The secret is to keep everything simple.
Preserving the rustic life

The Mascheronis started work on their "play house" three years ago. The living room, above, was originally two rooms. They pulled down a wall and stripped the floors, revealing handsome wide boards, which they polyurethaned. The sofas are covered in heavy-duty duck. They painted walls and ceilings white throughout the house, and put simple shades on windows—no rugs on floors. They opened up the kitchen by removing a downstairs bathroom and making it a breakfast area, opposite page, bottom, painted (and polyurethaned) the floor white, and decorated shelves with dried sage, comfrey, and other herbs. In the dining room, left, they removed clumsy old wall sconces and lit the room with a kerosene lamp. "We'll get around to putting in indirect lighting eventually." Meanwhile they continue to work on the house—and it's all play.

Opposite page: In the dining room, a contrast of old and new: An old flue and original shelving, painted white, act as backdrop to John Mascheroni's contemporary glass and butcher-block dining table, bentwood chairs; the kerosene lantern is supplemented by candles in a collection of holders on shelves.

Opposite page, bottom: Kitchen wall lined with jars of homegrown produce; white-painted floor. Fork and spoon sconces on wall. In breakfast area desk corner, Sarina Mascheroni's collection of can labels framed as art.

Left: The Mascheroni's cocktail spread, with arancini, crudites, shrimp with gazpacho dip. For recipes, see Wine & Food.

Above left: Sarina Mascheroni picking ripe tomatoes.

Above top: In the living room, coffee table and lamp designed by John Mascheroni; Chermayeff paintings at Watermill Gallery.
The Romance of a Walled Garden

A simple idea that lets you create your own view, and gives you private, protected outdoor living space.
What lovely secrets does a garden wall conceal from passersby? And what pleasures for the gardeners within? I.W. Colburn, who designed this house for his family, enclosed its exterior glass walls and soaring arches with a brick wall for privacy, and discovered the plentiful pleasures of a walled garden. Walls temper the wind and "give you a place to garden without having your socks blown off, even here near Chicago." Walls mellow the weather, creating a microclimate that often makes it possible to grow plants from more southerly zones. (Magnolias grow here, keeping their leaves till Christmas.) The gardener's season outdoors is longer, too. Not a golden moment of sunshine is lost. Best of all, a wall lets you design your own view. "You see every change, so you must be extra thoughtful about the plants you choose," says Mr. Colburn, who planted the walls with ivy and designed boxwood knot gardens that stay green all year, with flowers that reflect the sky and the seasons.
Self-help for vegetable

Ingenious growing techniques and mulches—all designed to produce better vegetables and more of them

1. **SQUASH TABLE** is snow fencing laid flat on a frame to help keep squash or melons from spoiling in areas with excessive ground moisture. Though snow fencing provides best ventilation and rain runoff, lath strips could substitute. Frame and legs are made of 2-by-4s with crosstree supports. The squash is Burpee Butternut.

2. **CUCUMBER HOUSE** of boards and plastic netting can double as 5-by-10-foot playhouse for children (also see No. 4). Frame with netting stapled to top and sides provides air drainage to cut mildew. Boards are 2-by-4s for 6-foot-high roof ridge and 3-foot eave lines; others are 2-by-2s. Braces add strength. Cucumber is Burpee Hybrid.

3. **TOMATO RING AND TEPEE** boost yield. Ring, 5 feet high, 5 feet wide, is a decorative compost bin nourishing vines planted outside. Open at bottom, lined halfway with plastic, it is made of 6-inch mesh reinforcing wire cut at bottom so points stick in ground. For tepee, anchor 2-by-2s, tie at top. Burpee's Big Boy on ring; Big Girl VF on tepee.

4. **CUCUMBER TRELLIS** has plastic netting attached to two sides of 2-by-4s and is planted on both sides. Trellis is an easy way to grow any kind of cucumber—regular, burpless, or pickling—in limited space. Stakes are set 5 feet apart may be 5 to 6 feet high. Cucumbers require some intertwining at tying. This one is Burpee Hybrid.

5. **BEAN-A-FRAME, PUMPKIN HOUSE** are other structures that make picking child's play. A-frame made of 2-by-4s and netting; peaks at 7 feet, is 4 feet wide base. Good for any pole, snap, lima bean; here, Kentucky Wonder Triple Treat VP Pumpkins cover but doorway of 5-by-6-foot b made of 2-by-2s and chicken wire.

6. **TOMATO STAKES** hold fruit up sun, away from slugs. 8-foot 2-by-2s are thrust 2 feet into ground. Prune vine to one leader to bo tomato size; tie gently to stake plant grows. Shorter poles can be used for compact varieties. Stain or painted stakes last longer, & Twist-ems outlast twine. Tomato Burpee's Big Boy Hybrid.

Left: Cucumbers on a net trellis, one of many ideas for growing better vegetables in less space, outwitting weather and pests, and simplifying harvests, at the Allee Burpee Company experimental gardens, Fordhook Farms, Doylestown, Top: Peppers in conventional rows but mulched with organic cocoa hulls, hay, grass clippings, and artificial turf plus black, brown, and aluminum coated plastic. Results, Moisture in, weeds out. Plants prospered about equ
"All right," I said. "I'll do something different with my pork chops." So I added a blend of two rices with different herbs and seasonings.

What a success.
NEW SPRING LOOKS FOR LAMB
There may still be places on earth where Grand Marnier isn’t offered after dinner

This month: New ways with a leg of lamb from Maurice Moore-Betty, and quick tips on cooking, garnishing, carving, and boning. Michael and Tina Chow’s at-home Chinese cooking that’s fresh and uncomplicated. America’s new wines from the Northwest – Oregon and Washington. Party food for a lunch and a cocktail buffet.

Garnishes, buying and carving tips, recipes, and cooking methods for the classic leg of lamb

COOKING BABY OR HOT-HOUSE LAMB: These tiny 6-week-old lambs are so delicate in taste that heavy seasoning is unnecessary. "All it needs is salt and pepper, butter, and lemon juice," says Maurice Moore-Betty. Salt and pepper outside and rub all over with melted butter. Roast in a 400° oven for about 30 minutes, brushing frequently with melted butter. Serve with a wedge of lemon.

TRY LEG OF LAMB COLD: "One of my favorite cold meats is leg of lamb. Served with a good salad, it makes a supreme lunch," says Maurice Moore-Betty, who roasts the lamb as follows: Brush lamb with melted butter and season with salt and pepper. Roast in a 425° oven for 10-15 minutes. Reduce oven temperature to 350° and continue roasting until internal temperature reaches 135°-140°. Plunge the leg into a large bowl of cold water with ice cubes for 3-4 minutes to stop cooking. Pat dry. Spread with a mixture of melted butter, white bread crumbs, finely chopped parsley, garlic, and salt and pepper. Return to a hot oven, or if you’re careful, put under a broiler for a few minutes to brown.

"SERVE TARTES SOUSBRE, an individual tart shell filled with a rice-and-onion mixture sprinkled with grated Parmesan, then quickly browned," suggests Judith Olney, who teaches cooking in Durham, N C.

CALORIES AND CHELOROLE: 3½ ounces of roast leg of lamb are 195 calories. 28 grams of protein. Lamb is often recommended by doctors for patients on low cholesterol diets. Lamb, with little fatty marbling, and most of its fat on the outside where it can be removed after cooking, is the lowest in cholesterol of all red meats. One ounce of roast lamb contains 27.7 milligrams of cholesterol, compared to a very lean steak such as a filet mignon of the same size, which has 30 milligrams.

OTHER IDEAS: Thin wedges of spinach or onion quiche. Puree of lentils and mushroom.

Cuts and carving

Arrange leg bone-side down, shank tip to left of carver. With a long, flexible slicer, start carving a third of the way down the leg by cutting a small slice from the top. Continue carving across top with the grain. Remove top slices, carve sides in long slices.

WINE & FOOD
Maurice Moore-Betty takes lamb by the leg and comes up with six delectable recipes, from apricot-rice stuffing to lamb, shrimp, and shish kebabs.

**Shepherd's pie**

**INGREDIENTS**

- 2 medium onions, peeled and chopped
- 3 tablespoons butter
- 3 pounds lean lamb, ground
- pinch dried thyme

Sauté the onions in the butter until golden. Stir in the lamb and thyme. Cook, stirring, for 3-4 minutes. If too dry, moisten with a little lamb stock. Season to taste. Turn into a shallow baking dish. Use the stock from the bones to make a satisfying Scott broth.

**Lamb stock**

**INGREDIENTS**

- lamb bones
- 1 onion, chopped but not peeled
- 1 small carrot, chopped but not peeled
- 1 small bay leaf
- 1 rib celery, chopped
- a few parsley stems
- 4 peppercorns
- salt

In a kettle, cover lamb bones with water to a depth of 2 inches. Simmer for 5 minutes or so and skim off the scum as it arises. Add onion, carrot, bay leaf, celery, parsley stems, and peppercorns, and simmer covered for 1 hour. Add salt to taste. Strain pressing liquid out of vegetables and use for Scott broth or to moisten meat. Makes about 1 1/2 quarts.

Use the stock from the bones to make a satisfying Scott broth.
The kitchen is a very beautiful place. Ours is the center of our lives,” says Michael Chow, owner of the Mr. Chow restaurants in London (Knightsbridge) and Beverly Hills (Camden Drive). Look through the Chinese entrance—a moon doorway—of their London house, far right: Space flows from living, cooking, dining, to swimming in a wedge-shaped pool. The Cantonese shrimp and the Szechwan beef dishes are featured on the menu at Mr. Chow. “They are traditional recipes, done without compromise or gimmicks,” says Michael Chow, who is very competent in the kitchen himself. He believes “organization may be only one part of cooking well, but it is an important one.” He lists all ingredients for a dish, then lines them up in bowls around the burner. His wife Tina arranges all the flowers for the London Mr. Chow. At home she specializes in quick, crisp vegetable dishes like the cucumber and crab, the green beans, and broccoli. They all can be done ahead. “You have to cook a lot to get a variety of taste,” she says, but the dishes go together in a flash, and they give 3-year-old daughter China a chance to practice her two-fisted chopstick technique. “Chinese cooking is really done by feeling—don’t take the measurements too seriously,” confides Michael Chow.

**Cucumber and crab**

The dressing can be made ahead and kept in a glass jar in the refrigerator.

**INGREDIENTS**

- 1 cup white wine vinegar (or Japanese rice wine vinegar, or apple cider vinegar)
- 1 1/2 tablespoons sugar
- pinch MSG (optional)
- 1 medium-sized cucumber
- salt
- about 3 ounces crab, cooked and shredded (about 1/2 cup)

**METHOD**

1. Put the vinegar, sugar, and MSG (if desired) in a jar and shake vigorously.
2. Peel several strips from the cucumber skin with a stripper or zester. Slice cucumber thinly. Salt the

Continued on page 176
Broccoli with sesame sauce

**INGREDIENTS**
- 1 generous pound broccoli, washed, and trimmed into 2 inch pieces
- 1 cup sesame seeds, lightly toasted
- 1/2 tablespoons Japanese soy sauce
- 2 teaspoons honey
- 1/4 cup sake

**METHOD**
- In a large pot, blanch broccoli in boiling salted water until tender but still crisp. Drain well.
- In a small bowl, mix together the sesame seeds, soy sauce, honey, and sake.

_DINNER_

Green beans topped with crumbled bonito (a dried, salted fish)
Broccoli with sesame sauce
Cucumber and crab
Cantonese shrimp
Szechwan deep-fried beef with carrot

_Opposite page inset:_ Michael Chow cooks with ingredients at the ready. Oven mitt protects working hand.

_Inset this page, top left to right:_ Tina's green beans and bonito, Michael garnishes shrimp, deep-fried beef with carrot.

_Left:_ The kitchen area, open to conversation with guests in seating area. Much-used copper pots hang above cooktop.

_Right:_ Two of Tina Chow's dishes, both delicious, visually pleasing—broccoli with sesame sauce and cold cucumber and crab.
New wines of the west

By José Wilson

While New York State and California might be called the major league of the wine industry – the producers of most of the wine drunk in this country – the last 15 years have seen the rise of a minor league of ambitious, young contenders from other states. The coast-to-coast mushrooming of small wineries where the owner is also the wine maker can be attributed first to the development of hardy French-American hybrid grapes suitable for the colder regions, and the efforts of men like Dr. Konstantin Frank, who has dedicated his life to proving that even fragile vinifera varieties can survive a hard winter. Second, credit the great surge of interest in wine drinking and wine making. The 1970s' trend to the white wine aperitif has been quicker return on investment.

To qualify for the new (though voluntary) ATF seal, wineries would have to follow certain strict production and labeling controls, a “truth in bottling” that would give the wine drinker a lot more information than he or she is getting now. Only wines originating in a defined viticultural area or approved vineyard could carry the seal. A viticultural area would be defined by geographic features, the vineyard as a continuous plot of land under common ownership. Ninety-five percent of the grapes in a seal wine would have to be grown in the stated area of origin. A varietal wine listing a single grape type, such as Chardonnay or Cabernet Sauvignon, would be made from at least 85 percent of that grape (present federal regulations require only 51 percent), with percentages of other grapes shown. Only vintage wine labeled by year of harvest from a defined viticultural area or vineyard could carry the seal. An estate-bottled seal wine would have to be produced entirely from grapes grown in a single viticultural area or vineyards, on property owned or controlled by the winery, with vineyard and vineyards in the same state.

While this would inevitably exclude wines blended from different harvests from grapes grown in different states common practice – non-seal wines could carry a simplified “appellation of origin,” indicating that the wine was made in the United States, a named state or county, and contained 51 percent of the name grape variety.

As yet, these are only proposals. There will be plenty of haggling before the final regulations are agreed on by BATF and the industry. It’s not easy to precisely define a viticultural area, and many winemakers are understandably reluctant to lock themselves into that 85 percent varietal strait jacket, when experience has shown that a wine can improve by a higher percentage of blending grape. Even the French are such sticklers. Still, with origin and vintage becoming more and more what the wine drinker is guided by, there are long overdue steps in the right direction that will ultimately benefit all wineries, large and small, and all wine drinkers.

Washington wines

The most promising of the new regions is the Pacific Northwest, Oregon and Washington, with climates cooler than California. are within the same latitude as the wine regions of northern France (Burgundy and Alsace) and Germany with comparable summer temperature and growing conditions, longer days and more hours of sunlight. Grapes harvested later here, into November, ripening slowly and developing greater acidity, although they often lack sugar. Cold winters are a problem, but on whole, vinifera grapes have done well. Both states have been producing excellent white (or Johannisberg) Riesling, Chardonnay, Semillon, and Gewürztraminer. Oregon has also been successful with the difficult red Pinot Noir, which makes a wine totally different from California’s, nearer in style to the lighter Pinot Noir of Alsace or the Burgundies of the Chalonnais, Mercurey and Giroud.

With 3,000 acres of vinifera plants and a potential of possibly 250,000 Washington could well become one of the major wine regions of the future. Most of the vineyards are in the interior.
Create the rich and moist pudding pound cake that takes the cake.

Tonight give your family a special treat. Turn a regular cake mix into a really rich and moist Sour Cream Pudding Pound Cake. You can do it with Jell-O® Brand Lemon Flavor Instant Pudding.

The taste of this Jell-O® Pudding cake is so delicious you'll never believe it came from a mix.

So create the pound cake that takes the cake. Make a Jell-O® Pudding pound cake.

Sour Cream Pudding Pound Cake
1 package (2-layer size) yellow cake mix
1 package (4-serving size) Jell-O® Lemon Flavor Instant Pudding and Pie Filling
1 cup (½ pt.) sour cream • ½ cup oil • 4 eggs

Combine all ingredients in a large mixer bowl. Blend at low speed of electric mixer just to moisten, scraping sides of bowl often. Then beat 4 minutes at medium speed.

Pour into two 8x4- or 9x5-inch loaf pans which have been lined on bottoms with paper. Bake at 350° for 45 to 50 minutes or until cakes spring back when lightly pressed. Cool in pans 15 minutes. Remove from pans and finish cooling on racks.

In high altitude areas, use large eggs, add ⅛ cup all-purpose flour and 1½ cups water; reduce sour cream to ⅔ cup and oil to 1 tablespoon.


Get "The Jell-O® Pudding Sampler," an award-winning book of 40 delicious dessert recipes. Send 50¢ (no stamps) with your name, address, and ZIP Code to: Sampler, Box 3122, Kankakee, Ill. 60901. Allow 6 to 8 weeks to process request.

Nobody makes a cake like you and Jell-O® Pudding.
Continued from page 170

Vina Valley. But they are now extending over other areas of the Columbia River basin.

The largest wine company in the Pacific Northwest is Michelle Vineyards, recently opened a second 86 million dollar winery in Woodinville, a Seattle suburb, and plans to increase production considerably. Under the expert guidance of consulting enologist André Tchelistcheff, the wine master who built the reputation of Beaulieu Vineyards in Napa, Ste. Michelle is making excellent vintage premium wines such as Cabernet Sauvignon, Riesling, Chardonnay, Semillon, Chenin Blanc, Gewürztraminer, and Grenache Rose. Ste. Michelle wines are already available in 25 states, in major restaurants that specialize in American wine (such as The Columbia River basin.

If you are in the Seattle area, the enologist Andre Tchelistcheff, the wine master who built the reputation of Beaulieu Vineyards in Napa, Ste. Michelle is making excellent vintage premium wines such as Cabernet Sauvignon, Riesling, Chardonnay, Semillon, Chenin Blanc, Gewürztraminer, and Grenache Rose. Ste. Michelle wines are already available in 25 states, in major restaurants that specialize in American wine (such as The Four Seasons in New York and the Kennedy Center in Washington, D.C.), and American Airlines serves its Riesling and Semillon Blanc. The vineyard also anticipated the new regulations by making its back label one of the most informative I have seen, listing grape type and percentage, harvest date, fermenting and processing procedures, aging time, and more esoteric technical data. If you are in the Seattle area, the new winery and tasting room is open daily to visitors (except on certain holidays), from 10 A.M. to 4:30 P.M., and you can picnic in its park.

Two other Washington wineries of note are Associated Vintners and Boordy Vineyards. Associated Vintners, organized in 1962 by ten professional men from Seattle who shared a consuming passion for wine making, has just built a new winery and small tasting room at Redmond, near Seattle, for its Riesling, Chardonnay, Semillon, Gewürztraminer, Pinot Noir, and Cabernet Sauvignon wines. Boordy Vineyards, the Yakima Valley branch of the Philip Wagner-Seneca Foods collaboration at Penn Yan in New York State, makes both vinifera and French-American hybrid wines in Washington, shipping some back East for finishing.

Oregon wines

Last spring I spent about four days in the wine country of Oregon, a vastly different scene from the familiar California tapestry of mile-upon-mile of vineyards stretching across mountain slopes and valleys. Oregon’s small wineries and their vineyards are scattered like a handful of pebbles here and there in the Willamette Valley, within easy driving distance of Portland, and the more southerly Umpqua Valley, around Roseburg. A third wine area around Medford lies in the great fruit-growing belt of the Rogue River Valley, near the California border. Plantings here are still in the experimental stage, but it is hoped that the warmer temperature will make this the best growing region for red vinifera grapes which, apart from Pinot Noir, have not done too well.

Since 1963, when Richard Sommer, a transplanted Californian started Hillcrest Vineyard in the Umpqua Valley, over 900 acres of vinifera grapes have been planted in Oregon. They are chiefly white varieties, such as Riesling, Chardonnay, Gewürztraminer, Sylvaner, Sauvignon Blanc, Pinot Blanc, Pinot Gris and Muscat Ottonel (two of the grapes grown in Alsace), and Müller-Thurgau, a German cross of Riesling and Sylvaner, with a smaller number of reds—Pinot Noir, Pinot Meunier, Gamay, Gamay Beaujolais, Cabernet Sauvignon, Merlot and Zinfandel.

Oregon wines tend to be light and delicate, with high acidity and good varietal characteristics. They don’t come on strong, like the big, fleshy wines of California, and have most in common with the wines of Monterey, another cool region where whites do exceptionally well. Right now, some of the wineries seem to be making a little of everything, not yet sure of the direction to take. The consensus among the wine makers I talked to was that eventually Oregon will specialize in the grapes of Burgundy, Alsace, and Germany, because of the comparable temperature range. Temperatures seldom go above 100, staying mostly around 70 to 80 during the day and 40 to 50 at night. Although the average of degree days is only 2,000 (degree days are measured by the sum of temperatures above 50°F from April through October), the days are longer at this northern latitude, with about 12½ percent more sunlight to help the grapes ripen. Alsace has 2,100 degree days, so there’s a little opportunity to taste the progression of the wines. For an everyday vin ordinaire, Eyrie offers clean, fruity Oregon Spring Wine, a blend of whites that varies from year to year—perhaps Pinot Blanc with balancing touches of Riesling and Muscat Ottonel, or Muscat Ottonel and Pinot Gris.

There’s a rusticity about Oregon, too, that reminds one a little of Alsace, with its peaceful countryside, farms, and fruit orchards. Oregon wineries have an engaging, dashing air of rugged individualism and the pioneer spirit—and you have to be something of a pioneer yourself to track them down, for there are seldom any signs, and directions tend to be of the “pass the general store and turn right by the drive-in” type. One winery nestles behind a public park; another is on a turn-off from a coastal highway among farms selling goat’s milk and honey; another, converted from a turkey-processing plant, lurks behind the anonymous façade of a bleak building on a small-town street.

The majority of Oregon’s vinifera wineries, those that are making the best and most interesting wines, are in the Willamette Valley. Three—Hillerest, Bjesland, and Jonicole—are in the Umpqua Valley. The Eyrie Vineyards, Knudson-Erath Winery, and Charles Coury Vineyards were started in the sixties, so they are, comparatively speaking, old-timers, and their wines have already acquired a reputation in states other than Oregon. The newcomers—Tualatin, Ponzi, and Amyt—planted vineyards and opened wineries in the present decade and are still in the fledgling stage.

David Lett, the husky, red-bearded owner-wine maker of Eyrie Vineyards, is a wine-making purist. He cleaves to traditional methods, and believes the best wine comes from grapes that must struggle to ripen. His reds are only racked, not fined or filtered, and the whites, after racking, are given one fining and one filtration. The Chardonnay is both fermented and aged 6 to 9 months in French Limousin oak. It is an honest, praiseworthy example of an Oregon Chardonnay, light on the palate but subtle, fragrant, and well-balanced, with a good varietal character. His Pinot Noir, aged in Limousin oak for 2 years, is 100 percent varietal and light in color (Pinot Noir lacks three of the pigments found in other vinifera varieties), but he prefers not to blend for the sake of color and risk sacrificing the fragile varietal characteristics.

Although Eyrie is distributed in California, Colorado, Washington, and Idaho, as well as Oregon, production is small and Lett intends to keep it that way. The Pinot Noir, Chardonnay, and Riesling, and limited bottlings of Pinot Meunier and Pinot Gris sell out fast, so there is little opportunity to taste the progression of the wines. For an every-day vin ordinaire, Eyrie offers clean, fruity Oregon Spring Wine, a blend of whites that varies from year to year—perhaps Pinot Blanc with balancing touches of Riesling and Muscat Ottonel, or Muscat Ottonel and Pinot Gris.

Continued on page 178
"Nancy, that was the best salad I've ever eaten."

Nancy's favorite Recipes

The squeeze-on dressing:
You get a well-dressed salad but low calories. Just cut Sunkist lemon wedges and squeeze juice over your favorite green salad.

The livelier homemade dressing:
Substitute fresh lemon juice for vinegar in packaged salad dressing mixes. It will be fresher, more flavorful.

Lemon sesame dressing:
A wonderful mix of flavors. Combine 1/2 cup salad oil, juice of 1 Sunkist lemon, 1 tsp toasted sesame seed, 2 tsp sugar, and 1/2 tsp curry powder. Shake well with salad greens.

Salad à la Sour Cream:
This is a hearty one. Combine 1 cup dairy sour cream, grated peel and 1 tsp lemon juice of 1 Sunkist lemon, 2 tsp sugar, and 1 tsp curry powder. Combine. Add lettuce, salt, and chili. Toss. Serve dressing over salad. Serves 6.

The Best Caesar Salad:
To 1/2 cup olive oil or salad oil add 1 clove garlic, minced. Toast 2 med. heads romaine lettuce, torn in pieces, with oil, 1 tsp salt and pepper to taste. Break 1 boiled egg over salad; squeeze on juice of 2 Sunkist lemons. Add 1 tsp Worcestershire sauce and 6 anchovy fillets, tossed. Add 1 cup croutons and 1/3 cup grated Parmesan cheese, toss lightly. Serves 6.

Our famous Lemon Aid Kit:
A wonderful flavor for storage: Sunkist Lemons, 1 cup sugar, 1 cup water, 1 large bundle of mint leaves. Squeeze and pour over corn. A perfect snack. Easy way to make lemonade or peel any citrus. The Recipe Booklet Delivers new ideas for cooking with lemons. Only 25c.

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Of course. I made it with Sunkist® Lemons."
Fresh-from-the-garden party food

Freshly picked produce from a lovingly tended vegetable garden gives constant inspiration to John and Sarina Mascheroni when they plan a party in the country (see story on page 154). Here are menus and recipes for two favorite parties. One's a colorful buffet of finger food to serve along with drinks when friends stop by in the evening—vegetables freshly plucked from the garden; deep-fried arancini, a Sicilian specialty (Sarina Mascheroni's family comes from Sicily); a gazpacho dip for shrimp. The other, for lunch on the patio, is a subtle zucchini curry soup and an elegant boned and stuffed chicken.

COCKTAIL BUFFET

Crudites of celery, carrots, mushrooms, green beans, cauliflower, zucchini sticks, little yellow tomatoes, and cherry tomatoes
Cold shrimp with gazpacho dip

Arancini

“Arancini means 'little oranges,' which is what these rice croquettes end up looking like. They originate in Sicily, where they are still very popular. I have often wondered why they never became better known in this country, as they can be used in so many different ways. As a first course, they easily take the place of a pasta or risotto dish. Two or three served with a fresh green salad make a delightful and economical lunch, and made in a smaller size, they also make a perfect hors d'oeuvre.”

INGREDIENTS
6 cups chicken stock
1/2 teaspoon powdered saffron
2 cups rice (short-grained Italian rice if possible)
4 tablespoons butter
1 cup Parmesan, freshly grated
3 eggs, beaten
olive oil
2 cloves garlic, chopped
1 onion, chopped

1/2 pound beef or veal, chopped
1/2 pound mushrooms, chopped
1 large can (2 pounds, 3 ounces) plum tomatoes, crushed or pureéd in a blender, with its juice
1 cup green peas, fresh if possible
salt, pepper to taste
plain dry breadcrumbs

METHOD
□ In a large pot, heat the chicken stock until it boils. Pour in the powdered saffron and stir until it dissolves. Add rice to the stock and continue cooking over a brisk flame until all the stock is absorbed and the rice is tender. Add butter and mix in thoroughly. Allow rice to cool. Add cheese and 2 of the beaten eggs and mix together well. Set aside.
□ In a large pot, heat 1/4 cup olive oil. Add the garlic and onion, and sauté until transparent. Add the chopped meat and allow to brown, stirring frequently to prevent it from sticking. Add mushrooms and continue cooking another 5 minutes, then add tomatoes and cook for about 1 hour until the sauce becomes quite thick. Add peas, salt and pepper and cook another 10 minutes. Set aside to cool.
□ When the rice and sauce are both cool, take portions of the rice equal to the size of a small orange and shape into a ball. Make a hole in the middle of each ball and fill it with some of the meat, peas, and mushrooms from the sauce. Smooth the hole closed to enclose the filling.
□ Dip the rice balls into the remaining beaten egg, then roll in breadcrumbs and fry in deep hot oil until golden. Drain on paper towels.
□ Arancini can be kept warm in an oven until ready to serve, or they can be made ahead and reheated in a moderate oven. They also freeze well. Makes 30 arancini. If they are being made for hors d'oeuvres, they should be made the size of a golf ball, or slightly smaller. Save leftover sauce to use over a pasta dish.

Gazpacho dip for shrimp

INGREDIENTS
1 cup ketchup
2 cloves garlic, chopped
1 onion, chopped
1/2 teaspoon powdered saffron
1/2 small cucumbers, peeled, seeded, and chopped
2 tablespoons wine vinegar
2-3 drops Tabasco sauce
2 tablespoons oil

METHOD
□ Combine the ketchup, garlic, onions, 1 green pepper, 1 cucumber, vinegar, Tabasco, oil, and salt and pepper to taste in a blender. Blend until all ingredients are pureéd and thoroughly blended.
□ Transfer to a bowl and refrigerate for several hours to allow taste to develop. Garnish with the remaining green pepper, cucumber, and tomato. Makes about 2 cups.

Zucchini curry soup

INGREDIENTS
8 medium-size zucchini
2 medium onions, chopped
1/2-1 tablespoon curry powder (depending on taste and strength of curry powder used)
4 cups or 2 cans chicken broth (“I prefer College Inn”) 1-1 1/2 cups cream or half-and-half
salt, pepper to taste
parsley or chives, chopped

METHOD
□ Wash the zucchini, trim the ends, and cut into thick slices. Place in a saucepan with onion, curry, and broth. Cover and simmer until vegetables are tender. Stir occasionally to make sure that the curry is thoroughly mixed in. Allow to cool slightly.
□ Put the mixture into a blender or Cuisinart food processor to make it into a fine purée. This may have to be done in several batches.
□ Put purée in a bowl and add cream or half-and-half. Season with salt and pepper. Chill thoroughly.
□ Serve cold, garnished with parsley or chives. Serves about 8

Continued on page 176
If you didn't have any Pyrex ware, what would you make for dinner tomorrow night?

Not meatloaf.
Why risk burnt meatloaf? A meatloaf baked in Pyrex ware browns nicely. Top, bottom and sides. And if a little glaze drips onto the pan, it's easy to soak off. (Free gourmet hint: add ½ lb. of sausage meat and ½ cup of dark beer —yes, beer— to any 2 lb. meatloaf recipe.)

Not lasagna.
What's lasagna without tomato sauce? Unfortunately, the acid in tomato sauce leaves some cookware pitted. And if it sits around in the wrong pan too long, its flavor will turn. But Pyrex ware lets you cook, serve and store lasagna that's truly "bellisima." 

Not a shrimp casserole.
If you cook your casserole in just any old pot, you'll have to dish it out into something presentable before you bring it to the table. But when you cook in Pyrex ware, you serve in Pyrex ware. So the casserole comes to the table prettier. And hotter.

Not a cherry pie.
Would you risk a pie crust in anything but a Pyrex ware pie plate? Not if you want to make sure it's brown and crisp. Not if you want to be able to lift up neat, attractive slices. And certainly not if you want to pop your pie plate into the dishwasher when the pie's all gone.

Pyrex ware. We make a better dish so you can.
CORNING
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That’s because there are wash arms above and below both racks. Which means you can put pots and pans in either rack and know they’ll come out thoroughly clean because of the up and down, all-around scrubbing action.

The top rack on the KitchenAid Superba adjusts to 16 different positions so there’s plenty of room for big things above and below.

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And the KitchenAid Superba has a Soak ‘n Scrub™ pot cleaning cycle that gets dirty pans and casseroles really clean.

With all this, the KitchenAid dishwasher is the most energy efficient we’ve ever built.

People who own dishwashers say KitchenAid is the best. So for quiet, dependable dishwashers, see your KitchenAid dealer. Or write KitchenAid Division, Department 7DA-4, Hobart Corp., Troy, Ohio 45374.

New wines of the West
continued from page 172

Tualatin is another story—a large winery by local standards with 140,000 square feet of space, batteries of stainless-steel-jacketed fermenting tanks, and a centrifuge for the whites. Tualatin’s wine maker, Bill Fuller, was formerly with Louis Martini in Napa, which gives him a good basis for comparison. He, too, feels that Oregon should work with the varieties that do best, rather than try to compete with California.

“We aren’t going to jump into the best possible wines right off the bat,” he says. “We’re dealing with relatively virgin territory and young vines growing on their own rootstock, and we haven’t yet seen the best they can do. Oregon doesn’t have a track record for wine making, and it will take at least 10 years to find the right direction and come up with the right techniques. Right now we are in the position of being able to sell all the wine we can make, and we’re selling it too young. Wines change in storage and we don’t know how long they will live. Choosing the optimum time for bottling is something we have to discover. Certainly the quality of the wines we make will keep on improving as time goes on and we have to stay flexible and capable of change. People are making judgments on tastings of today’s wines, but we are still in a formative stage. It’s a challenge, an exciting challenge, and one day we hope people will say Oregon wines are really outstanding.”

One of the big problems for the Northwest as a whole is to develop markets for their wines before production outstrips sales, and to be able to sell at a competitive price. At the moment although many Oregon wineries buy and crush grapes from Washington to supplement their own acreage, or to carry them until their vineyards are bearing the grapes lose their appellation of origin when they cross the state line, nor can they carry a vintage date, which places them at a disadvantage in the market.

Marketing, publicity, appellation of origin, price—these are the problems confronting all the new wine-making states, not just the Northwest, and the small wineries are in for a period of struggle. Some will go under. Others may hold on by staying small and selling all they make at the winery or to local restaurants. But inevitably, when winemaking is geared to transient, touristy taste, quality suffers— Middle America likes bland, sweetish wines. Those who set their sights high, specialize, and actively seek out markets and showcase for their wine, may make it. As Bill Fuller said, “The industry is in tremendous flux right now. It has had a series of ups and downs, peaks and valleys ever since the repeal of Prohibition, but those who survive it will ride the crest and it has never been ridden before.” For the sake of America’s wine future, let’s hope he is right.
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754305
Antipasto garnish for lamb

INGREDIENTS

- 2 tablespoons sugar
- 2 tablespoons salt, pepper to taste
- 2 large green olives, broad strips
- 2 small green peppers, cut into flowerets
- 1 tablespoon mustard
- 1 cup wine vinegar
- 1 cup ketchup
- 12 large ripe black olives

METHOD

In a very large saucepan, heat the olive oil. Add the garlic and cook until it is golden. Remove the garlic and discard. Add bay leaf, celery, mushrooms, onions, green beans, carrots, cauliflower, green peppers, and eggplant. Cook them in the oil, uncovered, until they are tender but still slightly crisp.

Stir in the olives, pimiento, ketchup, wine vinegar, sugar, mustard, and salt and pepper.

Cook for 5 minutes, stirring frequently. Allow it to cool. Chill the antipasto before serving it with crisp bread. Serves 8.

Lamb and shrimp kebabs

INGREDIENTS

- 12 shrimp, peeled, deveined, and washed
- 1/2 pound bacon
- 1 red bell pepper, seeds and pith removed, cut in 1-inch squares
- 1 large green pepper, seeds and pith removed, and cut in 1-inch squares
- 1 large green pepper, unpeeled, cubed
- 8 large green olives
- 12 large ripe black olives
- 3 slices pimento, cut into broad strips
- 1 cup ketchup
- 1 cup wine vinegar
- 2 tablespoons sugar
- 1 tablespoon mustard
- salt, pepper to taste

METHOD

Wrap each shrimp in a piece of bacon and arrange all the ingredients on 4 skewers, making a colorful pattern. Brush with oil and dust with salt and pepper.

Broil for about 10 minutes under a preheated broiler. Serve on a bed of apricot rice (see recipe for stuffed leg of lamb). Serves 8.
All the goodness in rice comes from nature alone. But it took Uncle Ben's to bring that goodness home.

All rice starts with the goodness of nature. But most companies strip away that whole grain goodness. So, what you get is less than what nature put there in the first place. But Uncle Ben's found a way no one else found to take that goodness and seal it in. To bring you rice with a taste that's wholesome and naturally delicious. And a natural texture that's beautiful and separate every time.

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stainless steel with heat-spreading copper bottoms

A heritage of excellence from Paul Revere.

New looks for lamb
continued from page 180

overall thickness. Season well with salt and pepper.

1. Boil rice in a large pot, in 1 1/2 quarts boiling water with 2 tablespoons salt, for about 12 minutes, until tender but firm. Drain well. In a bowl, mix the rice with the apricots, raisins, almonds, cinnamon, coriander, and ginger. Season with salt and pepper. Lay about 1/3 of the rice mixture on the lamb and reshape it to look like a leg. Sew it up neatly.

2. Lay lamb on a rack in a roasting pan. Brush generously with melted butter and season with salt and pepper. Roast about 1 1/2 hours, or 20 minutes to the pound, in a preheated 375° oven. Remove to a platter and keep warm in a slow oven.

3. Pour off the fat from the roasting pan and stir the pan juices into the rest of the rice. If too dry, add some of the melted butter. Arrange the rice around lamb. Cut and pull out the string before carving. Serves 8-10.

Butterflied leg of lamb

INGREDIENTS
2 tablespoons prepared mustard
1/4 teaspoon salt
1/4 teaspoon pepper
4 tablespoons brown sugar
2 tablespoons soy sauce
2 tablespoons olive oil
1/2 clove garlic, crushed
1/2 cup lemon juice, strained
1 leg of lamb, weighing not more than 5 pounds, butterflied

METHOD

1. In a small bowl, combine the mustard, salt, pepper, sugar, soy sauce, oil, garlic, and lemon juice. Mix well.

2. Bone and flatten the lamb, “butterfly,” (or have the butcher do it). Save bones for freezing. Brush lamb with seasoned mixture and roast in a preheated 450° oven for 35 minutes. Brush and baste with more sauce frequently.

3. Allow to rest before carving. Slice thinly on bias as you would a London broil. Serves 8.

Scotch broth

INGREDIENTS
1 1/2 quarts lamb stock (see recipe, page 166)
1 pound, approximately, lamb trimmings, all fat removed
4 heaping tablespoons barley, rinsed
2 medium onions, diced
2 medium carrots, diced
2 ribs celery
1 leek, washed and sliced, using 1/4 of the green part
salt, pepper
finely chopped parsley

METHOD

1. In a kettle, simmer the stock with the lamb trimmings for 10 minutes. Skim off scum as it rises. Add barley and all vegetables. Cook slowly, covered, for about 2 hours. Season with salt and freshly ground pepper. Serve hot in bowls, generously sprinkled with finely chopped parsley. Serves 6-8. This dish is a meal in itself when served with crunchy French or Italian bread.
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**Kilim rugs and pillows:** Early 20th-c. from The Floow.

**Graphics:** In large photograph: Pink, white, and beige silkscreen print and red, orange, blue, and white silkscreen print 35" x 26" each, by Charles Hinnan. $175 each unframed at Galerie Denise René. "Untitled" silkscreen print 42" x 17" by David Novros, 1973. $350 as shown in wooden frame. At Renny.

**In small photographs:** "AP Aurora" and "Al." Phonny's "Pouch" prints 26" x 39" each by Jay Rosenbloom. $150 each unframed at Galerie Denise René.

**Tiruray black and natural bamboo rectangularkaskets:** $14, $18, $22 each. Burundi basket plate (holding nuts) $12. Open cylindrical basket: (holding palm tree). All at Sermoneta.

Baskets holding ferns: (on windowsill) 20" diam. 12" high. At Renny.

**BRIGHTON STYLE**

Pages 138-139:


"Kirsehir" wool wool runner: 11½" x 3½", from Turkey. From a large collection of antique rugs from Stark Carpet. 


Solid brass melon-shaped doorknob: Medium size. $12.95. Solid brass French lever door handle: $12.50. Either can be custom-plated at additional cost. All at William Hnurath.

ITALIAN DESIGN

Pages 144-145:

"Landeau" sectional seating system: Armless, one arm, ottoman, and corner units, each about 36" x 27½" high. Steel frame, polystyrene foam and Dacron fiberfill padding. Loose back cushions with down padding, knife-edge throw pillows. In fabric from $570 to $825 a unit. In leather, from $815 to $1,180 a unit. Glass-topped table: Comes 65" sq. (shown) or 65" diam. on metal base. From $1,850 to $2,760. Both designed by Mario Bellini for Cassina and from Atelier Internationale.

"Pack 1" convertible chair/bed: As chair, 30" x 31½" x 30" high. Cushion unfolds to 74½" long mattress. "Pack 2" version is 37½" high as a chair, 86½" long as a mattress. Cushion covered in green, pink, blue, or violet and white stripe or plain white, green, brown, or hazel fabric. Canvas outer shell. Designed by Alberto Rosselli and Abe Kozo for BBB Institute. The Pillow Box. Phinney's Cove" pouchoir prints, 26" x 39" each, by David Novros, 1973. $350 as shown in wooden frame. At Renny.

The Pillow Box. Phinney's Cove" pouchoir prints, 26" x 39" each, by David Novros, 1973. $350 as shown in wooden frame. At Renny.
SILVERSTONE is the new premium non-stick surface from Du Pont, the people who brought you TEFLEX. Though cookware with SILVERSTONE may cost a bit more, here are some good reasons why you are likely to get more from it.

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Available from top manufacturers

SILVERSTONE is available now on fine cookware by Mirro, Nordic Ware, Regal, Ear-Ever, and West Bend. Once you own it, you're likely to wonder why it cost only a little more.

SILVERSTONE
The first non-stick surface good enough for the finest cookware.
find themselves asking the question, ‘What happens if death may occur, there are no arrangements made for the proper burial?’

Dr. Fromm’s advice may seem counterintuitive to some, but it is based on the idea that the family and community need to accept the reality of death. They need to face it, and having faced it, they need to accept it. The funeral helps meet those needs. It is a moment when grief shared is grief diminished.

As the poet John Donne said: ‘No man is an island...’ His death touches his world. A funeral considers the feelings of all those who shared his life. It is a moment when grief shared is grief diminished. It is truly a unique moment of sharing for the family... for friends... for society.

How to be happy
continued from page 153

that your first impression was wrong, that you were influenced by the wrong things, and it turns out that although that person may not have wanted to go so far as to kill you, he is a scoundrel.

“In general, I think our society requires a good deal of repression of that which we know. It was particularly clear in the case of Richard Nixon. Everybody sensed what the phrase ‘Tricky Dick’ meant. There was no proof at that time, but people sensed it. We have a sense for things, an unconscious knowledge, that is usually repressed. The challenge is to follow it, to listen to our own inner responses and become aware of them.”

Dr. Fromm’s own recipe for self-awareness is to practice self-analysis every day, however busy he is, for at least 30 minutes. He meditates on what he has done, reviews his own behavior—it’s an important thing in my day.” It takes time, he warned me. There’s no easy way. It’s not “Find happiness in easy elixirs.”

“To live life successfully you have to practice living, every day.” (When he used the word “practice” I was reminded of the anthropologist Gregory Bateson, [House & Garden August 1976], who said that it was through practice that you could change yourself. Great minds do think alike.)

Practicing living takes time, and patience. That is why Dr. Fromm admires people who cook. You cannot hurry a soufflé. “To enjoy cooking is a sign of a life-loving attitude,” he told me. “It’s a great art that requires patience.” Gardeners, too, need patience. A plant takes time to grow. You have to wait and watch. “We know from nature how long a plant grows; we know from nature how long a pregnant woman must wait till the baby is born. There is a lesson to be learnt from nature—that everything takes time, everything goes slowly, in contrast to the overhurried rhythm of our lives.”

I asked Dr. Fromm finally whether patience was really a key to happiness—that anything that has to be done with patience indicates that it might be a worthwhile thing to do. Dr. Fromm nodded. “Yes,” he said, “and that makes me think of a Zen Buddhist story, where a young monk came to his Zen Master to learn Buddhism, and after half a year, he told the Master, ‘Master, so far you haven’t taught me anything.’ And the Master answered, ‘Haven’t you brought me my tea every morning? And haven’t I said, ‘Thank you?”

We are advanced enough, according to Dr. Fromm, to sense that money can’t buy happiness. The sad face of J. Paul Getty or the pathetic end of Howard Hughes seems proof enough. “Having” isn’t the answer. Surely it’s reasonable then to take the idea “Having” isn’t the answer. Surely it’s reasonable then to take the idea that happiness—that anything that has to be done with patience indicates that it might be a worthwhile thing to do.

Forty-five minutes later, Dr. Fromm and I were outside his home. I asked him if he sometimes felt that his life was guided. He nodded. “Yes,” he said, “and that makes me think of a Zen Buddhist story, where a young monk came to his Zen Master to learn Buddhism, and after half a year, he told the Master, ‘Master, so far you haven’t taught me anything.’ And the Master answered, ‘Haven’t you brought me my tea every morning? And haven’t I said, ‘Thank you?”

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Most of us are accustomed to thinking that English writers have a monopoly on “literary” garden books, in contrast to the more pedestrian “how to” American approach. But now Ann Leighton has redressed the balance with a magnificent assemblage, under the title American Gardens in the Eighteenth Century (Houghton Mifflin, $17.50). Mrs. Leighton has drawn upon the writings of plant collectors, botanists, nurserymen and such plain-dirt gardeners as George Washington and Thomas Jefferson to round out the details of her own graceful narrative. On the practical side she quotes John Adams’s recipe for compost, and, for the poetical approach, Mrs. Anne Grant’s descriptions of garden potentials, gifts, talent, simply to the wealth of possibilities with which we are all endowed. If he is right, and happiness is found in the patient process of achieving “inner aliveness,” then isn’t it worth starting right this minute?

Green-thumb reading
continued from page 72

continued from page 153
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Oh happy days! Crisp and carefree ruffled curtains...so reminiscent of muslin but in minimum care 35% cotton and 65% polyester. A warm, fresh look for any room in creamy eggshell or sparkling white. These curtains have a very full 2" ruffle and are 78" wide per pair. Also available...unbleached or white 100% pure cotton muslin...the original Country Curtain, nearly impossible to find in this day of permanent press. For prices of cotton muslin curtains with 2" ruffles, send for free catalog.

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The inspiration for these curtains came from a Colonial farmhouse near Jane Fitzpatrick’s Vermont home. 4" knotted fringe...so stunning with antiques. The muslin used by Country Curtains has a crease-resistant finish...there is really no substitute for the authenticity of pure cotton. Unbleached or white muslin. Permanent press in natural or white. Specify color and fabric.

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Old-fashioned BROWN FLOWERED STRIPES in flocking on pure unbleached cotton muslin. Unusually attractive in rooms with plain or panelled walls...the simplicity of these curtains makes them truly out-of-the-ordinary. 70" wide per pair. 45", 54", 63" long, $10.50 pr; 63", 72" long, $11 pr. Valance, $3.50 ea.
Douglas McGregor and his friend Norman Rockwell collaborated on this drawing of The Red Lion Inn, established over 200 years ago. Country Curtains salesroom, located here, is open 10-5, Monday through Saturday.

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**Country Curtains**

Ball Fringe on Permanent Press

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**Valance**

10' x 80" $3.00 ea.

Wonderful! Wonderful! Charming ball fringe curtains of 50% cotton and 50% polyester...just like muslin, yet so easy to care for. Country Curtains' special ball fringe is carefully stitched on by homesewers in the village. These curtains are a credit to your thriftiness...so versatile you can use them throughout your house. 90" wide per pair. Choice of natural or white. Also available in 100% cotton muslin with crease-resistant finish, unbleached or white. Please specify color and fabric choice.

**Country Curtains**

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**Valance**

11' x 52" $4.25 ea.

A graceful 18th century design is recalled in this 50% cotton and 50% polyester floral print. An extremely well-made curtain edged with 2" ruffles launder perfectly. And what lovely colors! Federal blue and rosy red or Federal gold and rust...on a soft natural background. 80" wide per pair. Bedspread: Twin, $32; Double, $37; Queen $47. Canopy cover: Twin, $27; Double, $32. Pillow sham with 6" ruffle, $8.50 ea. Tablecloth, 72" round, $27. Please specify color.

**Country Curtains**

At the Red Lion Inn

Dept 43, Stockbridge, Massachusetts 01262

Country Curtains loves happy customers...if you are not thoroughly delighted with your order from us, you may, of course, return it for a refund. Please send check, money order or use Mastercharge or Bank Americard. Sorry no COD's. Postage and handling: orders under $10.00 add $1.10, $10 and over add $2.00. Mass. residents only add 5% sales tax. Phone orders for Mastercharge or Bank Americard customers only...please call 413-298-5565 between 9 am and 4 pm, Monday through Friday.

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Name

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ON APPROVAL FOR EXAMINATION IN YOUR OWN HOME

- NO OBLIGATION TO BUY
- NO DEPOSIT OR EXPENSE TO YOU
- ONLY GENUINE HAND-MADE ORIENTAL RUGS FOR OVER 50 YEARS

CHAS. W. JACOBSEN, Inc.
401 S. SALINA ST., DEPT. B
SYRACUSE, N.Y. 13201
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ACRYLIC ROLLING PLANT STAND

Move houseplants with ease, even big heavy floor sets with no straining or lifting. Lets you rotate them for proper light and growth. Clear acrylic stand has a generous 12 1/4" diam. with a 2" high rim to prevent spills. Rolls easily on three sturdy casters which protect furniture, floors and rugs. Only $6.98 plus 50c post.

FLORAL ART CENTER

10250 N. 19th Ave., Phoenix, AZ 85021

TOGETHERNESS

Twin beds become one luxurious king size bed with the original twin bed bridge. Soft urethane foam gives smooth look with no ridget, no lumps, no gap. Uses standard flat sheets. Patented square rib. 6' long by 14" wide. $7.95 ppd.

Better Sleep, Dept. HG4, New Providence, NJ 07974.

HONEY BEARS


SELF-CLOSING

The white "Polite Seat" closes quietly after toilet is flushed. Molded high-impact polystyrene. Fits virtually all elongated or tank. No electrical, water main, or plumbing connections. Installs in one step. Women's AAA 6½-12. $19.50 ppd. Lawson Hill Leather and Shoe Co., HG-77, 3410 Lawson Hill Way, Waltham, MA 02154.
SHOPPING AROUND

HINSE BASKETRY
Decorative geometric motifs of black-and-natural rattan. Tight weaves, top rims secured with bamboo rounds. For waste-baskets, plants, etc. $3.98 plus $1.40 post. Lillian Vernon, G4E, 510 So. Fulton Ave., P. Vernon, NY 10550.

CH HERITAGE
Formal Chippendale chair hand-crafted of fine materials. Legs and stretcher of solid mahogany, solid brass nailhead trim. Over 30 colors of top-grain leather. 41 1/2" h. by 36" w. by 36" d. $469.50. Ship. charge extra. Brochure 50c. Carolina Leather House, HG15, Box 193, Hickory, NC 28601.

JSY BRUSH
Versatile "Lintmaster" is used for moving hair and lint from furniture, carpets and clothing and for brushing pets as well. One turn draws bristles for simple cleaning. 3" w. by 6 1/4" l. Plastic. $2.98 plus 50c post. Paws 'n Shop, HG4, Archwood Circle, Bedford, NH 01730.

GREEN JADE EARRINGS
Japanese craftsmen have created delicate heart earrings to wear with sportswear or for formal occasions. Choose findings for pierced ears or screw-types. 1 1/4" long. $11.95 ppd. Shopping International, Inc., HG4, 14 Shopping International Bldg., Norwich, VT 05550.

ABROIDERED CIRCLE
Hand-worked crewel from India adds color and elegance to a lustrous cotton hand-loomed round placemat. A beauty for a spring table or dinner table. 70" dia., 10" $60; 90", $90. Send 50c for catalogue and swatch. Gurian's G47, 6 Fifth Ave., New York, NY 10001.

ET EFFECT
Weighters dry in a breeze on a fabulous frame that lets air circulate through fine net. Reinforced corners fit over metal frame that's hinged to fold flat. Ideal for picnics as well. $5.98 plus 95c ship. Anthony Enterprises, HG4, 36 Mission St., San Francisco, CA 94105.

BEAUTY IN BRASS
Have a distinctive twin-candle brass lamp in polished or distressed finishes, whichever one will complement your decor. Hand-tied white silk shade, two candle sockets. Lamp is 16" high by 10" wide. $29.95 plus $2 post. send to Robeller, HG4, Box 183, Ilanovia, PA 19085.

Beauty begins with clear, smooth hair free skin...

PERMA TWEEZ AWAY unwanted HAIR EVERMORE

Perma Tweez is a simple electrolysis instrument that PERMANENTLY removes undesirable hair from all areas of the face—such as the chin, upper lip, eyebrows. Embarrassing body hair can now be removed forever at home in total privacy. Arms and legs can be forever free of the inconvenience of constant hair removal. An exclusive U.S. patented safety feature allows you to do this without puncturing the skin.

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1935 Armacost Ave.
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COD requires 4.00 deposit.
Balance includes COD charges and $1.00 handling.
I enclose $19.95 in full payment.
BankAmericard/Master Charge

Name
Address
City
State
Zip

Mfr. of Prof. & Home Electrolysis Equp.
**FOR MOTHER ON HER DAY!**

Personalized Plaques to Count the Children

A loving gift for any occasion—from one child or a whole tribe of grandchildren. Adorable boys and girls are solid lifetime brass; solid wood plaque is nicely beveled and stained, topped by a decorative antiqued metal hanger. Plaques for 10-17 children are arranged vertically. American-made, designed by Lillian Vernon. PRINT names, specify boy or girl for each. 13.75" w x 16" h. From one child or a whole tribe of grandchildren. Adorable boys and girls are solid brass, solid wood, antiqued metal hanger. From 1-13 children, $1.98 each; $19.78 for 1-3 children; $39.58 for 4-6 children; $59.38 for 7-9 children; $79.18 for 10-12 children; $98.98 for 13-15 children; $118.78 for 16-17 children.

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Add 15c postage & handling, NY residents add taxes.

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**BABY BIKINIS**

Perky polka-dot cotton bikinis for little girls in one size only (fits over diaper for infants) thru four years. Handmade and custom appliqued in your choice of red with elephant blue, yellow duck, green with ice cream cone, yellow with bright red apple. Bikini with top, $12.95. Mono-kini (bottom only), $8.95 plus 95c postage.

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**REAL WOODEN BARRELS**

Walnut finish authentic wooden barrel decanters, expertly made from solid red oak. Assembled individually into liquid-tight unit. Walnut finish, round decanters on solid wood cradles. 3qt, $19.95; 2qt, $22.95; gal., $39.95. Ppd. Name plate (include wording), $2.25 ea. Cooperage Products, HG4, Box 382, Randolph, MA 02368.

---

**HANDY HANG-DRYER**

For travel or home use, a sturdy dryer to hold all your washables is a great help. Hooks onto any shower head, notched shaft holds 11 dryers to dry all your washables. Steel construction, rust-proof vinyl finish. $2.98, two for $5.50. Add 50c post. American Century, HG47, P.O. Box 36232, Los Angeles, CA 90036.

---

**COLONIAL ACCENT**

Exact replica of 200-year-old stool used for milking, sitting close to fireplace. Blends with today's decor to bygone look; stained white pine. Assembled individually into liquid-tight unit. Walnut finish authentic wooden barrel decanters, expertly made from solid oak. Assembled individually into liquid-tight unit. Walnut finish, round decanters on solid wood cradles. 3qt, $19.95; 2qt, $22.95; gal., $39.95. Ppd. Name plate (include wording), $2.25 ea. Cooperage Products, HG4, Box 382, Randolph, MA 02368.

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**MAGNET HOLDS SOAP**

Magnetic holder suspends soap in bathroom shower or kitchen sink, allowing soap to dry in a jiffy and remain clean. Easy to install. Will adhere to any surface. $1.98.

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Magnetic holder suspends soap in bathroom shower or kitchen sink, allowing soap to dry in a jiffy and remain clean. Easy to install. Will adhere to any surface. $1.98.
SHOPPING AROUND

FIRE EXTINGUISHER
Replica of 1890 firebox, practical and decorative. Stores dry chemical to put out oil, grease, wood, electrical, other fires. For counter, wall. UL approved. 11 1/2"x4 3/4"x10 1/2". Wgt. 2 lbs, 10 oz. $19.95 plus $1 post. Emerson Gifts, HG4, 5925 No. Emerson Ave., Indianapolis, IN 46220.

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LAMP TO DECORATE
Drum lamp in native hardwood is sanded ready to antique, decoupage or paint to complement the decor. 3-way switch, 8' cord and shade in white or beige shantung, oyster or natural burlap. 18" h. $14.50 plus $2 post. Free catalogue. Baxwood Crafters, PHG74, Box 7012, Lexington, KY 40502.

POT PRETTIER
Brush-on cleaner for aluminum, chrome, porcelain cookware, ovens, rotisserie and grills, 7 oz. can with brush. Dissolves carbonized grease, encrusted buildup. Does not darken or pit. $3.98 plus 60¢ post. Anthony Enterprises, HG4, 556 Mission St., San Francisco, CA 94105.

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Light on your feet all through the summer. Smartly versatile to blend with all resort wear. White, green, pink, red, bone/cocoa, powder blue, yellow, black/white, gold, silver. Man-made vinyl with leather. 5-10 (except 9 1/2). $6.50 plus $1 post.; two $14 ppd. Resorters Unlimited, HG47, Box 6, Bay Head, NJ 08742.

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HG47

April, 1977
The brand new, old-fashioned ceiling fan.
$59.95

We took $100 off the price. The wonderful old ceiling fan has re- turned. At a fraction of the cost And with innovations. The 60 RPM speed provides increased efficiency. Heating in winter and cooling in summer. This improved air circulation is too measured house plants with the familiar movement. The results speak for themselves. Light-weight, strong and beautiful.

The Georgetown Ceiling Fan is a true functional art, yet surprising light. It is made of resin materials, for both beauty and strength. You won’t have to worry about mounting it on heavy swag rods. The rich wood grain blades span a full 44” in diameter. Drop from ceiling to bottom of fan is 12” with custom lengths available on request. Add a light globe, too. For only $14.95 more, you can have your Georgetown Fan with a distinctive 6 inch light globe, to add even more function and beauty.

Satisfaction guaranteed.
The Georgetown Ceiling Fan is completely guaranteed. If not satisfied, return for full refund, within 14 days. Order today.

Your fan comes to you complete and ready to install, as easily as any light fixture. Specify Walnut or Oak finish for wood grain blades, or solid decorator colors. Yellow or White. Send check or money order for $5995 for each fan; $7490 with light globe. Add $7 shipping and handling in cont. U.S. Or charge to your Master Charge or BankAmericard. (Be sure to include account number and expiration date.)

Allow 4 weeks for delivery; photographs will be returned. If not satisfied, return for full refund, within 14 days.

VERSATILE ROUNDS
Nestled metal boxes, lids. Latch seal plastic lid/rubber gasket on a 4¼” by 6½” canister keeps things moist or dry. $2.98. Two rounds 9¼” by 3¼”h, and 7¼” by 3½”, in set $5.98. All three $7.98. Add 75¢ post. Lillian Vernon, G4E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

DROP-LEAF TEA TROLLEY
Handsome hostess cart in cherry veneers and solid hardwood has rubber tread wheels. 26" L, 14" w., with leaves open, 32" w. Great for tea, cocktails, buffets or intimate dining. $99.95 exp. coll. Write for catalogue of furniture, $1. Magnolia Hall, HG4, 726 Andover, Atlanta, GA 30327.

MERRY SCENE
French tapestry depicting wine cellar merriment of days gone by. Pastel shades. For pillows, framing, upholstery. 10" by 10" $5.95; 20" by 20" $8.95. Ppd. Other scenes and sizes in color catalogue $1. Peerless Imported Rugs, G1E-47, 3028 N. Lincoln Ave., Chicago, IL 60657.

COMFORT AFOOT

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Hand carved Honduras mahogany frame, button-tufted upholstered back and a wide selection of fabrics and finishes make this a perfect sofa choice for traditionalists. $419.95 exp. coll. Catalogue of furniture, $1. Martha M. House, HG4, 1022 S. Decatur St., Montgomery, AL 36104.

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Be a Living Doll!
Have your picture or a picture of someone special, heat transferred to the face of a really fun rag doll. These 21” dolls are silk-screened in bright rainbow colors. They’re great gifts for kids, friends, lovers, business associates, even your mother-in-law. Only $15.98.

To order send front face photo (for best results face should be at least the size of a half dollar) with your name, address and 29 printed on the back, along with your check or money order to:

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Dept. A, 4th Fl.
New York, N.Y. 10012

Please add $1.00 postage and handling. N.Y. residents add applicable sales tax. Allow 4 weeks for delivery. Photographs will be returned.
Now! THE DOCTOR'S PILL THAT HELPS YOU CONQUER FAT FOREVER!

Called the 'Total Contentment' pill — it's safe as a cough drop, gentle as a vitamin pill yet so effective it helps shut off your appetite for hours at a time. Meaning, instead of going hungry ... instead of yielding to hunger instead of battling those constant urges for snacks, you simply reach for a pill instead of fattening foods; and lose up to 6 pounds of fluid and fat the very first weekend alone.

Even more significant as long as you follow this medically proven lifetime slimness program, you'll never again suffer embarrassing fat-build up for the rest of your life — even if you've been hopelessly overweight for the last 20 years.

YES! NOW LOSE 20, 30, EVEN 40 — OR MORE POUNDS, AND KEEP IT OFF FOREVER!

Yes, just 50 seconds from now you're going to discover how medical science today makes it possible for you to lose 10, 20, 30, even 40 pounds — or more AND NEVER GAIN IT BACK FOR THE REST OF YOUR LIFE. That's right! Lose up to 12 pounds in just 14 days... shrink your waistline up to 3 inches in a mere 2 weeks time... and even more important, discover the way to make yourself ENJOY PERMANENT SLIMNESS FOR THE REST OF YOUR LIFE! In other words, PERMANENT LIFETIME SLIMNESS — FINALLY YOURS. Thanks to this doctor's brilliant program and the TOTAL CONTENTMENT PILL.

NOW! A LIFETIME OF SLIMNESS WITHOUT THE TORURE OF HUNGER

How can medical science make this lifelong dream come true? It's simple. Because doctors have developed a new and easy way for you to TURNOF EVEN A RUNAWAY APPETITE any time you want JUST LIKE YOU TURN OFF A LIGHT SWITCH! Yet, actually command hunger to STOP in just minutes and make excess pounds and inches disappear from sight so fast that in a matter of weeks you may actually need a brand new wardrobe.

NOW COMES MEDICAL SCIENCE'S INCREDIBLE "MEAL-IN-A-PILL"!

The secret is a brilliant new development called the TOTAL CONTENTMENT PILL — that according to medical experts is so effective, just one pill has the same hunger-satisfying potential as a serving of bread, mashed potatoes, or any of these filling foods you would normally heap on your plate. Yes, one single pill that gives you virtually the same "fully satisfied" feeling as a main dish of a delicious Sunday dinner... even on people with runaway appetites.

In other words, even before you have those familiar pangs of hunger... that maddening urge for food you simply put your appetite to sleep with this amazing "meal in a pill", just like water turns off thirst; this incredible TOTAL CONTENTMENT PILL turns off hunger AUTOMATICALLY any time you want it.

PERMANENT LIFETIME SLIMNESS ONCE A DREAM — FINALLY A REALITY!

Best of all, the TOTAL CONTENTMENT PILL is not only as safe and mild as a vitamin pill but so gentle that the only sensation you experience is that of total satisfaction. And the only change you'll feel or see is the smaller size of your clothing! YOUR TUMMY FEELS LIKE YOU FEASTED — BUT, YOUR WAISTLINE LOOKS LIKE YOU FASTED!

What does this mean? Simply that from this day on, depending on how overweight you are, any time you want to melt away 10, 20, 30 — or even more pounds ... any time you want to...

LOSE up to 4 to 6 inches off your waistline
LOSE up to 3 to 4 inches off your hips
LOSE up to 3 inches off your thighs
LOSE up to 4 inches off your buttocks
LOSE up to 4 inches off your stomach...

...instead of torturous diet ... instead of brutal exercise ... instead of battling your will-power ... you just take medical science's new TOTAL CONTENTMENT PILL easy way for you to TURNOF EVEN A RUNAWAY APPETITE any time you want.

You can never again need be even a single pound overweight! Why not take THE FINAL STEP and get rid of all those excess pounds, excess inches FOR THE REST OF YOUR LIFE. Act now.

MAIL NO-RISK COUPON TODAY ******

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Caroline Road, Philadelphia, PA 19176

Yes, I want to lose weight fast and permanently with this doctor's amazing program featuring the TCP Pill. Please rush me the offer I have checked below. If not delighted, I may return it in 10 days and you will refund the full purchase price (except postage & handling)

□ (#000) Full 60-Tablet Supply only $6.95
□ (#916) Full 90-Tablet Supply only $9.95
□ (#920) Full 120-Tablet Supply only $11.95

Total amount enclosed $_
PA residents add 6% sales tax Check or money order, no CODs please

CHARGE IT: (check one) Exp. Date
□ BankAmericard □ Master Charge
□ American Express □ BANK NUMBER

Credit Card #: ____________

Name: __________________________
Address: ________________________
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197
Amazing All-Day Facial Firm-Up

MAKES YOUR FACE GROW YOUNGER BY THE MINUTE

AND KEEPS YOU YOUNGER-LOOKING FOR THE REST OF YOUR LIFE!

Incredible "Instant Firm-Up Formula" tightens facial tissues on contact — reverses years of aging appearance. In just minutes makes lines, wrinkles and crow's feet disappear from sight for 8 to 6 hours at a time! So quite obviously with just 2 applications a day you finally get rid of those horrid lines and signs of age once and for all — actually make yourself look like you've grown a brand new skin!

THAT PERPETUAL YOUTHFUL LOOK — FINALLY YOURS!

Think of it! No matter what your age ... no matter what your complexion problems ... just 2 treatments a day of this wondrous formula can permanently reverse the ravages of time at the turn of a key: yes, this ALL DAY FACIAL FIRM-UP will not only make your face GROW YOUNGER BY THE MINUTE — not only makes you look up to 10 to 15 years younger in less than 5 minutes time — but as your skin tissue tightens and firms it gives you a fresh glow of youth for hours at a time each and every day FOR THE REST OF YOUR LIFE!

3 to 5 minutes. . . actually makes lines, wrinkles and crows' feet disappear from sight for 8 to 6 hours at a time! (So quite obviously with just 2 applications a day you finally get rid of those horrid lines and signs of age once and for all — actually make yourself look like you've grown a brand new skin!

NOT A MAKE-UP, NOT A COVER-UP BUT AN ALL DAY FACIAL FIRM-UP THAT MAKES SKIN GROW FIRMER, SMOOTHER INSTANTLY!

Even more important ... it means that other people will think you are up to 10 to 15 years younger than you really are because wrinkles, lines, deep glaring furrows will no longer mar your beauty.

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Just 3 minutes after new ALL-DAY FACIAL FIRM-UP is applied ... complexion problems start to fade from sight ... it's like growing a brand new skin!

Remember ... thanks to this incredible scientific development no woman need ever again look her age . . . or even her true age to the world.

8:00 A.M.

Even with make-up lines and wrinkles still stare through — broadcast her true age to the world.

8:03 A.M.

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8:05 A.M.

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<table>
<thead>
<tr>
<th>Color</th>
<th>Length</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Natural</td>
<td>63</td>
<td>$16.40</td>
</tr>
<tr>
<td>Pilgrim Stripe: Wine, Navy, Moss-green, Saffron</td>
<td>83</td>
<td>$16.40</td>
</tr>
<tr>
<td>Gold or Brown on natural or white</td>
<td>83</td>
<td>$16.40</td>
</tr>
<tr>
<td>Gingham Yellow, Green, Brown, Red Blue or Pink</td>
<td>83</td>
<td>$16.40</td>
</tr>
<tr>
<td>Melon Stripe: Red, blue, green, gold</td>
<td>83</td>
<td>$16.40</td>
</tr>
<tr>
<td>BALL FRINGE CURTAINS</td>
<td>Natural or white</td>
<td>83</td>
</tr>
<tr>
<td>Valance 83&quot; by 54&quot; each</td>
<td>83</td>
<td>$16.40</td>
</tr>
<tr>
<td>WOODEN RODS AND BRACKETS 2&quot; and 3&quot;</td>
<td>Hangers only</td>
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27 inches from the floor to his fingertips. He sturdily holds any pot with a base up to 8 inches in diameter. 16 gauge steel — baked satin enamel. $39.95 plus $2.50 postage & handling. Calif. residents add 80¢ sales tax.

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"Basket of Eggs" kit: pattern, instructions, fabric/batting chicken feather. Applique/quilting give 3D effect. About 12 by 15" in frame (not in kit). Gold/brown, red/blue or green yellow. Kit $7; pattern/directions only, $2; brochure 25c. The Patchwork Pillow, HG4, Box 52604, Atlanta, GA 30305.

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Batches of colorfast squares to make quilts, pillows, aprons, skirts, shawls, scarves. Kits have 50 assorted pre-cut squares. 3 1/2" size $2.50; 5 1/2" size $3.50; 7 1/2" size $6.95. Add 75c post. Catalogue 25c. Saddle Valley Stitchery, Dept. S-31, Box 144, Saddle River, NJ 07458.

STALKING TIGER
Sculpture the beauty of a jungle cat for a dramatic wall hanging. Recommended for advanced needlepointers only. Kit: 7" design on 14-mesh interlock canvas, Persian wool. $19.95 plus 51c post. Order of Stitch 'n Knit, 85-31, Box 709, Framingham, MA 01701.

FOR BEADS FINDINGS MACRAME CORDS FEATHERS BOOKS ETC.
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NORTHEAST BEAD TRADING COMPANY

SEW SWEET BABY DOLLS
Order full size clearly written patterns to make an adorable 20" baby doll and clothing as shown (left to right): Sugar Lump, $2.25, Baby Dear, $2.25, Daddy's Boy, $2.25. Precious Baby, $2.25. Also shown: Personality Bear (9 1/2"), $1.35. Send 60c for illustrated catalog of over 60 original dolls and related delights. Illus. res. add sales tax. First class mail. Same day service.

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Patch the beauti- ful setter, mallards and widgeons in petit point this marshland scene at down from a CHART 190 st. wide x 140 st. deep in 62 shades of 4-ply tapestry wool. A soft rosy glow glows the lovely blues and greens of the sky, water and reeds. KIT INCLUDES DESIGN WOOLS, CHART, NEEDLES and 23"x20" 10Ga. NEEDLEPOINT CANVAS. OUT OF U.S. $19.45. CHART ONLY $3.95; out of U.S. $9.70. COLOR SNAPSHOT 30c. Descriptive leaflets, $1 deductible first Chart order. Check or M.O. in U.S. funds. Arizona residents add State Sales Tax.

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Kit includes 100% wool yarn, hardware, lining and complete instructions with choice of three types of lettering. Size: A 1/2" Collar, adjustable up to a 16" neck. B 1" Collar, adjustable up to a 22" neck. Colors: Black with white monogram. Red with black or white monogram. Dark Brown with tan monogram. Special color combinations upon request. $8.50 plus post. Be sure to include size and color in order and send to
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**A Treasure-trove of tricks of our trade**

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An illuminated centerpiece. Organdy sleeve in frosty shadow work covers glass cylinder vase. Includes organdy, DMC cotton, vase 6" dia. by 8" h., candle, instructions. $15.95 plus $2 post

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Made from original old molds. circa 1850

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Revive childhood memories with our attractive catalogue of beautiful gifts, toys and collectables. Every piece is handmade entirely by the skilled and patient hands of America's finest craftsmen.
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SOLID OAK
COAT RACK
Handcrafted in Early American tradition
One shelf for gloves, keys, planters. 5 turned spindles for coats and hats. 7½ lbs. 31" length x 9" height x ½" thick. $29.95 finished in light golden brown. $22.50 unfinished. Add $3.50 for postage and handling. Mail to:

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JENNY’S LADDER BACK
Native Hardwood
Fibre Rush Seats—Woven by hand. Decorative Turnings—To add elegance.
Weight—10 lbs.
Height—42½ in.
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Artfully molded in durable, tough, space-age plastic, these attractive planters will beautifully display your precious plants. For home or office, indoors or out. Brok-simulated shingle exterior enhances the colors of any plant. Will not rot or mildew. Large size, over 12" diagonal, for rapid plant and root growth. Metal rails and all necessary hardware included. No tools required to assemble.
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Now with amazing "Keep-Dry" Pad! Easy & sanitary! Constant protection with confidence! High-quality elastatic belts, wet-proof pad holder. Quilted absorbent reusable cotton pad snaps in & out. Washable. Special "Keep-Dry" lining always one-way moisture flow AWAY from the body. Ideal post-operative comfort. Bend waist measure. Money back guarantee if returned post paid in 30 days. Comes in plain white or any of the charming designs in vivid hues. $3.95 plus 20¢ post. Order from Gifts Galore, HG4, Box 1447, New York, NY 10001.
Window Bubble

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SALE! Last summer was a good one. Now, it's time to plan your winter projects. We've got some ideas for you. Start with these:

1. **Window Bubble**
   - Dimensions: 21" x 18" x 2"
   - Materials: 1/4" solid core durathane, hand-painted in soft natural colors
   - Purpose: To hang in den, family room or bar
   - Price: $19.95 ppd.

2. **Solid Cherry Silver Chest**
   - Description: A beautiful, convenient chest with four drawers, lined with Pacific silver cloth and the top one has dividers.
   - Price: $229.00 shipping charges collect.

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- Birthdays,anniversaries,landmark dates are easy to remember with a personalizable wood date board 8" by 14". Marke dates easy to remember on a birthday,anniversary,landmark date. $9.50 ppd. Write to Phraim Marsk, Dept. HS-2, P.O. Box 630, Shelbyville, Ind. 46176.

**SOLID CHERRY SILVER CHEST**

For all your priceless flatware, this Queen Anne Silver Chest provides beautiful, convenient storage. All four drawers are lined with Pacific silver cloth, and the top one has dividers. Draws are 2 in. deep, have pretty brasses. Scallop shell on the shaped top, has dividers. Drawers are 2 in. deep, have pretty brasses. Scallop shell on the shaped top, has dividers.

**The Original French Shopping Bag**

- **Sturdy beige cotton, woven and knotted like rugged fish net.**
- **Stretches to tote up to 15 lbs.—folds away for pocket or purse!**
- **Perfect for groceries, packages, outings.**
- **2 for $4.75, 4 for $9.00.**

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**The Elegance of Satin—the Base of Nylon**

Brenna Mills, the original designer and the largest supplier of that fine, dependable fabric, now offers a variety of new styles and colors. A seminourished waist up to 41". 12" of fabric above the natural waist line. 840 lbs. of Mill R for 1 to 6 units. 1000 lbs. of Mill R for 11 units and more. Size and style vary as available. Write for free samples, write for information. Dept. HS-2. 510 S. Fulton Ave., Mt. Vernon, NY 10550.

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**OVE TO RETURN**

- **or the fan who has unwanted hair on face, arms, legs.**
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- **With 16" projection. $16.95 ea.**

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**Sweetheart Flower**

**GUARANTEED TO GROW**

- **This rare, exotic flower is the living Hawaiian symbol for love.**
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**221**
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Ideal album for match cover collectors! Holds and displays 612 standard 1½", 2" and 3" sizes. 42 slotted 10" by 12" pages in handsome multiring leatherette binder. $7.25 plus $1 post; two $14.50 Ppd. Send your order to Writewell Co., 871 Transit Bldg., Boston, MA 02115.

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These foam rubber pads adhere to glass frames. Savvy solution to glasses that slide down on the nose. The pads also relieve pressure of frames on sensitive skin. $1.98 for 12 pads plus 200 post. Write to Anthony Enterprises, HG4, 556 Mission St., San Francisco, Ca 94105.

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Easier bed-making without nightly tugging heavy spread. Just pull hidden caddy from between mattress and spring. Leg drop into position. Lay spread onto caddy, accordion fashion, drop into position. Lay spreac....

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Use your silvering privilege to purchase a new silver container for your collection at Julius Goodman & Son. All grades are available and our allowances are very liberal. Also, we can make arrangements for your purchase of a sterling silver object at a price that is more favorable. We will also purchase diamonds, jewelry and silver for cash.

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Satisfaction Guaranteed or Your Money Back

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Crystal ring holder, hand blown and hand-cut by skilled craftsmen. Of fine Irish crystal that gleams brightly, unsurpassed for its splendor. A beautiful way to hold her fine jewels 12 50 plus $1 postage. The Jones Store Company, 201 Main, K. C., Mo. 64105

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Treasured old patterns, authentic reproductions. Decorative; through-to-the-back construction. Red, ivory, blue, moss green ground. 3' by 5', $14.95; 4' by 6', $24.95; 6' by 9', $49.95; 9' by 12', $89.95. Ppd. International Rug Co., HG4, 360 Amsterdam Ave., New York, NY 10024.

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The Tattered Boot has a "bits and pieces" catalogue of their exclusive drawings, lithographs, mats and frames. Drawings are whimsical, from nature or the countryside. Mats are hand beveled. Frames are wood. Catalogue, 50c. The Tattered Boot, HG4, Lamont, FL 32336.

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At Total Ease

Fully powered lift recliner from the makers of the cushion-lift chair, gets sitter to his feet and also to a reclining position all with the touch of a button. Styled to blend with traditional or modern furnishings. Write for information. Ortho-Kinetiks, Inc., HG-37E, Box 2000, Waukesha, WI 53186.

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You don't have to look for and wait to find a gift for her, so lovely as this one. Your jewelry box white, yellow, orange, red, hand made, versatile. When you open the bottom you hear the music box play. "The Yellow Rose of Texas". $12.50 plus $1.50 post. An Instant hit! No batteries, no wires, no need to wind, no noise. Musical Jewelry Box $9.95 + 60c post.

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Full Size Lounge Chair

European imported solid hardwood frame, upholstered in beige, top grade fine cord-wrapped cushion, and supported on solid hardwood legs. Fully upholstered, fabric or leather. Shipping charges roll, complete Danish construction. Full size, $39.95. Fully upholstered leather, $49.95. Leather and wood, $59.95. Frames are wood. Catalogue, 500.

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Route 35, Shrewsbury, N.J. 07707

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昔日的木制门，增添了一丝雅致。橡木的自然颜色与古董门把手相得益彰，营造出温馨的氛围。

**M.E. THIEF**

季节的变换，让花园中的植物展现出不同的风采。茂盛的绿叶在风中轻轻摇曳，似乎在讲述着大自然的故事。

**EAST FOR BIRDS**

滴水不漏的花鸟喂食器，为花园中的小生灵提供了一个温馨的栖息地。花朵与果实的香气吸引着可爱的小鸟，它们在空中跳跃，享受着这片宁静的天堂。

**INDOOR HOSE**

坐落在窗台上的微型喷头，轻轻一喷，就能为室内植物带来清新的水雾。无需出门，就能让家中的花朵享受大自然的滋润。

**YEIGHT SAVER**

当你在花园中穿梭时，这款人体工学设计的园艺工具将是你的好帮手。轻巧的设计和舒适的握把，让你在植物间穿梭时更加轻松。

**T-MATO CAGE**

用这种新型的番茄架，你可以将植物在半空中生长，不仅减少了空间的占用，还让果实更加均匀地生长。

**LEATHER SOFA**

这款真皮沙发，设计精巧，线条流畅，为你的家居环境增添了一抹高贵的色彩。细腻的皮质和精致的工艺，让这款沙发成为客厅的焦点。

**SHOPPING AROUND**

**NEW EASY WAY GROWS TWICE AS MANY TOMATOES IN HALF THE SPACE!**

轻巧耐用的番茄架，让你在半空中种植，节省空间，果实生长得更加均匀。现在就来一个，让花园里的植物在空中绽放吧！

**GIANT TROPICAL GRASS PLUMES**

这些天然的草叶，高达五英尺，形状为羽状。它们不仅让花园增添了一抹热带风情，还能用于室内装饰，营造出自然的氛围。

**LEATHER CURTAIN**

这款手工制作的皮质窗帘，精美的工艺和独特的设计，让窗户成为空间的焦点。无论是客厅还是卧室，这款窗帘都能为你的家居环境增添一份高贵的气质。

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HANG A GREENHOUSE
Show-off your favorite plants—hangs from wall or ceiling. When used in front of windows, window can be fully opened while your plants thrive in sunlight.
Includes 2 water-tight transparent trays measuring 8" x 24", macrame rope, all hanging hardware, and full instructions for easy installation.
Send $19.95, check or money order, to:

DECOR
6521 Ivy Hill Drive
Dept. H-4
McLean, Va. 22101
Va. residents please add 60c state tax.
Plants not included.

THINK SPRING!

A gift from ANNALEE! Here’s an appealing pair from her popular Mistletoe Collection—"Mom" with flower pot of Hellebores ready for garden planting. "Dad," with saw in hand, is off to tackle outdoor repairs—a charming gift for your green-thumb friend: a loving hint for husbands and others kept company by ANNALEE.
Just 6.00 plus 1.25 postage & handling. Immediate shipment.

Annalee's Workshop
Box 446 HG-4, Meredith, N.H. 03253
57 catalogue available on request.

REMOVED PET ODORS & STAINS
Stains and odors caused by pet accidents removed completely and permanently! Carpet Rescue A & B+ combo Kit contains both solutions to remove all stains and odors from carpets, upholstery, drapes. Order A+ Kit for stains only. B+ Kit for odors only. Each kit 16 ozs. Must work safely and completely or money back. $7.50 = $1 post; each complete kit.
SAVE $2: Order 2 kits for $14.99 (and we pay post) Immediate Shipment.

American Century
135 So. LA BREA Ave., Dept. H5,077
Box 36232, LOS ANGELES, CA. 90036

SEASHELLS ARE TRÈS CHIC...!
and you can be triple chic with a gold-plated necklace and three in exchangeable specimen shells: an orange Pecten Flabella from Africa, a rose beige Japonica from Japan, and a fan, white and black spired Sundial from the Indo-Pacific.
$25.00
Geld mesh key chain with unique African or Philippine cone shell, $7.50 each.

REAL MUSCLE
Reach the largest muscle groups...and you'll feel it! The forever socks are guaranteed to last and wear forever under normal use. Made of 8-ply nylon instead of the usual 6-ply, which wears out in 10 to 13 washings. The forever socks are guaranteed to last and wear forever under normal use. Made of 8-ply nylon instead of the usual 6-ply, which wears out in 10 to 13 washings.

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Your Family Crest

Easy House-Breaking
Specially trained mating mat-tracts pet and makes housebreaking easy. Mat eliminates need for newspapers. 18" plastic hold plus two months mat supply. $6.55; six months, $8.55; plus $1.20 post. G&G Research, HG4, Box 12274, Dallas, 75225.

All Natural
Smart wedge sandals have knotted macrame cross vamps and bridle cord sling straps. Insoles are fabric with braided trim. Soles are crepe and wedges are just4.65. Sizes 6 to 10. $16.34 pp. Free catalogue. Footwork 'n Things Inc., HG4, 507 Fifth Ave., New York, NY 10017.

Get It Together
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All Natural
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SHIPPING AROUND

227
By James Fanning

In the swing of spring

The joy of gesneriads

George and Virginie Elbert could called the Nick and Nora Charles of horticulture. Their urbanity equals that the noted husband-wife detective team but is directed toward growing houseplants rather than tracking down criminals. Latest achievement of the Elberts a book on that magnificent plant family the gesneriads—The Miracle Houseplant (Crown, $9.95; $6.95 paperback). All the genera, including some that are not generally cultivated, are described, with special attention to the ever-blooming houseplants—African violets, gloxinias, aloe, and streptocarpus. The book is illustrated with both color and black-and-white photographs, and growing instructions are given in the Elberts's customary polished and thoroughgoing style.

One of the plants in “Miracle Houseplants,” streptocarpus, is rapidly gaining the popularity it deserves.

For tiptop tulips

Now, when they’re just poking through the ground, is the time to fertilize spring-flowering bulbs. A balanced formulation, applied now, will help produce healthy leaves, fatten up the flower buds, and make compact bulbs for next season’s flowering. On my own bulb garden, I use Ortho rose food, which analyzes 8-12-4, scattered at the rate of a big fistful per square yard and scratched in with a hand cultivator. If the roses get some at the same time, that’s all to the good. Another way of accomplishing the same thing is to use a concentrated liquid fertilizer thinned down according to directions on the package and applied with a water can, or by hose, through one of the liquid metering devices usually used for lawn feeding.

New national herb garden

Now in process of construction, the National Herb Garden at the National Arboretum in Washington, D.C., is bound to become a prime attraction in years to come. Sponsored by the Herb Society of America and designed by the internationally known firm of landscape architects, Sasaki Associates, the garden will display every kind of herb hardy in the Washington area, plus trees and shrubs that provide aromatic or medical essences. There will also be a section devoted to old-time roses, and numerous places for visitors to sit and enjoy the colors and odors. Ground for the National Herb Garden was broken in July 1976, but funds are required to see the project to completion. The Herb Society of America has its headquarters at 30 Massachusetts Avenue, Boston, Mass. 02115, and is always interested in acquiring new members as well as receiving contributions to the National Garden.

Still several years from completion, the National Herb Garden will eventually look like this.
Orange plus

Yes, there is a hardy orange—one that survives the roughest of winters as far north as Boston. The fruit is nothing anyone would want to serve for breakfast, but the flowers are pretty and the green twigs of the plant are attractive all year long. Poncirus trifoliata comes from Korea and North China, and its great usefulness lies in its thorns. As much as 2 inches long and very sharp, these make a hardy orange hedge impervious to any without a suit of armor. Growing naturally as a small tree, it is easily pruned to shrub form. espaliered against a wall, or grouped as a hedging thicket for birds. The small, orange-like fruit hangs on well into the winter. Nurserymen don’t like to grow the hardy orange because the thorns make it difficult to handle, so ask around—maybe somebody in your neighborhood has a plant or two.

Vacationing on a farm

Vacationing gardeners love to visit other people’s gardens. Even more, they love to watch other gardeners at work. So what could be more to a gardener’s heart than spending a vacation on a farm? Not many of us know of farms where we can spend vacations watching the tanmehand pitch hay and harvest potatoes, but the lack is being supplied by an organization operating under the aegis of the United States Department of Agriculture. The Farm, Ranch & Country Side Guide is published at 36 East 57th St., New York, N.Y. 10022, and is available through bookshops or by mail. The price is $5.50 plus 25c postage if ordered from the New York office. A hundred real operating farms that welcome paying guests throughout the U.S. are listed, so anyone interested in outdoor activities, clean air, good food, and restful surroundings should be able to find a vacation spot within easy travel distance of his own door yard.

News from the pumpkin patch

Plant breeders work very hard trying to make things easy for the rest of us. Recently, they’ve been laboring over pumpkins, and the results will be evident when 1977 gardens begin to yield their crop. The new pumpkins not only have a beautiful rotund jack-o-lantern shape, they also have the thick, custard-like flesh pie makers love and, marvelous to relate, the hullless seeds. We all enjoy munching pumpkin seeds, but hardly anyone relishes the task of peeling them, so the elimination of this task is cause for rejoicing. The leading hullless variety is named, naturally, Lady Godiva. This and other naked-seeded varieties are listed in seed catalogues and stocked by garden shops for this year’s spring planting.

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You fill the ritual first performed by man millions of years ago, you are responding not only to nature's cycle-winter weather, brighter days, green shoots, and singing birds—but also to a deep need to put away old mistakes and habits and start anew. It's an encouraging time that should be enjoyed to the utmost.

If you can assess your assets, judge new situations and put your energy into them, learning from your mistakes, you should earn a celebration in your honor (what about the Festival of Excited Human Beings?)—next year.

Auctions continued from page 135

to PB-84 and though Parke Bernet has a gallery in Los Angeles, there is no extension planned there yet.

"Of course we love a full house," says Mr. Block, but taking part in an auction becomes more feasible for many when they know they can buy by mail. These are the bids that are announced as against the floor when the bidding reaches the absent bidder's level. Here's how it works at PB-84. There are fixed increments by which the price of a lot ascends. Say, from a dollar to $200, the bids go in 10s, from $200 to $500, in 25s. $500 to $1000 in 50s. So if you mail in a high bid, higher than the level that the bidders at the sale are willing to go, you will win by the next highest increment even if your bid is much higher.

What's best in the market these days?
Mr. Cave: "Chinese porcelains and carpets. The best place to look for these is at country shops on the East Coast—Palm Beach, Newport, east coast of Maryland, Virginia, Long Island."

Mr. Block: "Collectors make the markets. Nineteenth-century and American country furniture, carpets, Chinese and Japanese art, porcelains, and silver are the biggest buys now. And any good auction is bound to have dealers bidding. They usually know each other and often sit together in a group (which is how you can spot them). Contrary to what many people think, the country auction dealers are often in the city buying up things to take back. My opinion is that the best auction bargains are here."

Things to find out when you go to an auction
How does the house or gallery accept payment? Can you give them a personal check? Is it cash only? Some houses require proof that you work before they accept a check; others want proof before they let you bid. Registering with the house is required at Parke Bernet in Los Angeles—a driver's license is sufficient. What are the pick-up and delivery arrangements? Does your purchase have to be taken away in 24 hours? Does the house retain the piece until your check clears? Find out before you buy. Do you pay a sales tax on auction buys? Yes. Is there really an auction etiquette? Secret signs? Yes. To procedure. No, to mysterious signs, Just ask at the auctioneer if there's anything special or different about the way he or she runs things. At PB-84 and at Parke Bernet in Los Angeles bidders use large, conspicuous, numbered paddles, so each bid can be plainly counted by the other bidders. "Bidding against yourself" does happen and it's such a waste when it does. Make an effort to observe the pace of the auction before you jump in.

About dealers: Don't be intimidated by dealers at an auction. Here are three reasons why: A dealer must be careful about the amount he pays for a piece at auction because he has to include his mark-up percentage in his final selling price; a dealer may be bidding for one of his clients who also has a fixed limit that must be observed; dealers are often specialists. They may only be interested in selected things—necessarily the same things you are.

Though most of these hints come from the staff of Parke Bernet, auctions are pretty much run on similar lines throughout the country. Auction hounds have a creed: "Scattered through the dross there is always one good find." Perseverance is what it takes to unearth a treasure.

Note: Each year Parke Bernet sends one or two of its appraisers on a nationwide tour called "Heirloom Discovery Days." During the tour, you can take your family's treasures in for free appraisals. Local charity organizations often plan benefits around this service. Here are the early spring and summer dates:
Evansville, Ind., Mar. 18-19
Lincolnton, N.C. Mar. 19
Atlanta, Ga., Mar. 25-26
Waterbury, Conn., Apr. 15-16
Cincinnati, Ohio, Apr. 22-23
Princeton, N.J. Apr. 29-30
Minneapolis, Minn., Apr. 29-30
Buffalo, N. Y., May 6-7
Morristown, N. J., May 14
Memphis, Tenn., May 20-21
Hanover, N. H., June 3-4

Caring for your neck
continued from page 30

A person's enemy is his neck skin, which is particularly delicate. "A lot of my patients are models," says Dr. Kurtin, "and if you get a wrinkle, you may be unhappy. But if they get wrinkles, they may be out of a job. In the summer, you see these models walking around in hats, not for fashion but to keep the sun off their faces." And necks. Clothes, of course, are the best protection. But if you must be in the sun, or can't subscribe to the newfangled sunscreen dictum, "Pale is beautiful," do use sunblock or new-screening preparations. Dr. Kurtin likes any product with Paba, which allows tanning but prevents burning. And only sunbathe before 11 a.m. and after 3 p.m.

The one thing that can be said of all these neck-saving measures is that, although there is no known prevention for age, its effects can be minimized. And the sooner you begin, the better.