HOUSE & GARDEN

HOW TO CREATE PERSONAL, PRETTY ROOMS YOU'LL LOVE

SPECIAL:
HOW TO GET THE MOST FROM THE SPACE YOU HAVE
5 EXPERTS SHOW YOU HOW

ROMANTIC SPRING TABLE SETTINGS

HOW TO DANCE YOURSELF FIT AND EAT YOURSELF SLIM
Selection. The Luxury of Henredor.

Multi-pillowed sofa can be covered in your choice of over 1000 fabrics in newest colors, patterns and textures. Several Pan Asian designs, such as this glass top cocktail table, are available in Cinnabar Red.
Henredon offers many opportunities for you to select home furnishings that suit your particular taste and interior needs. This sofa, with its wealth of pillows, can be covered in your preference of the most preferred fabrics. Other styles can be made in any length you desire—loveseat or conversation pit. Choose coordinating chairs and occasional designs from Henredon's comprehensive collections that encompass traditional to contemporary style themes. Seen here are adaptations from Pan Asian—a living and bedroom selection inspired by Far Eastern cultures—lavish with authentically reproduced hardware. See the uncommon beauty, quality and selection of Henredon by sending $2.00 for Upholstered Furniture and Pan Asian brochures to Henredon Dept. G-57, Morganton, N.C. 28655.

Henredon

Commode bar desk provides a unique accent in any setting—traditional or contemporary—rich with graceful butterfly pulls on drop lid and drawers.

Armoire retains this impressive facade of a Korean stacked chest with authentically re-created hardware suggesting the hand of a craftsman. Storage is abundant and well-organized. Canopy bed is available in queen and king sizes—featuring laminated split bamboo basket-weave look for drama and elegance.
Put your china on this page and compare it to ours.
Honestly, is there any comparison?

If your china doesn’t fall short, congratulations. If, however, you feel that your china does pale by comparison, visit your Royal Doulton dealer. He’ll be happy to show you our incomparable collection of fine English bone china.

Shown below is our Carlyle pattern. For a brochure of our complete collection send 25 cents to Royal Doulton, Dept. 216, 400 Patterson Plank Rd., Carlstadt, New Jersey 07072.
KitchenAid trash compactors are worth it.

There are many exclusive features that make KitchenAid trash compactors well worth the investment.

For example, only KitchenAid compactors have a small Litter Bin® door on top you can use for quick throwaways instead of opening the big drawer every time.

Only KitchenAid has an activated charcoal filter that actually removes odors instead of just masking them with perfumes.

Only KitchenAid has a Tilt-Away basket that can be used with or without trash bags.

See the KitchenAid trash compactor in action at your KitchenAid dealer. Then you'll understand why we say that a KitchenAid trash compactor is really worth it.
Legendary. Each piece of crystal is still blown by mouth and cut wholly by hand in the ancient Irish city of Waterford. Invest in it. Waterford Crystal captures the fire of the sun. To light up your life.
MARTEX RECOGNIZES ONLY ONE RULE ABOUT THE BEDROOM: SOMEWHERE, THERE MUST BE A PLACE TO SLEEP.

“In our home, we use the bedrooms for working and eating and entertaining. Even sleeping.”

I guess bedrooms were invented just for sleeping. But my family’s never used them that way. Every room in our home is a living room. I kept that in mind when I redid the house. Which I accomplished with a lot of help from Martex.” Those Martex sheets go everywhere. Even on beds.

The room you see on the right is where Jenny, my daughter, holds telephone marathons, sleeps, studies and writes her poetry. She used “Cho” for lots of bedthings. And more of the same fragile, feminine pattern for a screen which hides: her ironing board, tennis racket and 10-speed bike.
Here, I can tumble out of bed, onto my piano bench and rip off a few sonatas. (I confess I have never done that, but it's nice to know I could.) We entertain in this room, too. So I dressed it up with "Singing Blossoms." It looks so fresh. Like all my Martex sheets. That blend of Dacron polyester and cotton keeps them looking spanking new, washing after washing.

"Magical Kingdom" (far left) is perfectly practical for the buffet suppers I serve in our third living room. Nobody feels they're eating in someone's bedroom. But they are.

Recently, somebody asked me, "How many bedrooms do you have in your house?"

I said, "None. But I've got eight living rooms."

Martex.
Leaner, cleaner and 10 inches trimmer in size—the new 1977 Thunderbird still has the things that make Thunderbird famous—the special luxury, the features, the appointments. They're all there. Every inch a Thunderbird. From the sumptuous velour upholstery and the luxurious comfort of its optional split bench seat (shown above) to the handsome design and fine craftsmanship of its instrument panel... Thunderbird truly lives up to its name.

With all that, it's almost unbelievable that this Thunderbird is sticker priced dramatically less than last year's Thunderbird. So see it at your local Ford Dealer and let a test drive convince you.
Grow your own coffee

Why not grow your own coffee tree indoors? You wouldn’t harvest more than enough berries to make a few cups of coffee the first year. But the plant is striking, the flowers fragrant, and the berries showy.

Already started coffee plants are available at better stocked plant stores and through mail order, and they’re easy to grow. A coffee tree takes well to pruning and thus can be shaped to whatever size you have room for. Pot it in rich soil such as that used for African violets. Fertilize monthly, don’t ever let the soil dry out, and keep the plant in a warm sunny location.

Coffee trees produce their best crop with daytime temperatures above 70 degrees, although they like cooler nights.

You can expect your first coffee harvest several months after the tree has bloomed. The berries will be plump and red. Realistically, they are best left on the plant, and are very decorative.

However, if you can’t resist tasting your own beans, pick the berries and gently remove the skin and pulp under running water. Then let the beans ferment in cool water for 12 to 24 hours, or until they are no longer sticky to the touch. Let dry and roast in the oven. Even if you just get enough for a demitasse, the aroma is marvelous.

Kitchen coverup

Block out a dismal view and give your kitchen more storage. Decorator John Rieck bought a $40 cupboard at auction, stripped and painted it. Above the cupboard, to hide the window with an ugly view, he built a matching wooden framework with three doors. Doors have metal grilles, are lined with gathered, translucent fabric so the light filters through.

Japan in June: The Iris Festival

Once an Imperial garden, the Meiji Shrine in Tokyo is now a public park. At any time, this is a charming place to visit, but in mid-June, when the Iris Festival takes place, it is especially beautiful. Some 80 years ago, the Emperor Meiji planted 1,500 clumps of iris in the windswept shallows of a spring-fed stream, to make a garden for his wife. As you draw near, iris in bloom surge toward you in waves of color. There are some 150 varieties of this graceful plant, with names like "The Cranes Are Flying," or "Cloud Rise" neatly calligraphed on small markers beside the display. Speckled or striated, plain or multicolored, from purest white to indigo, brilliant magenta and pink, they drift in green foliage set off by the running water in which they are footed. During this horticultural event, the park is filled with hundreds of Japanese, many wearing kimono and elaborate obis, the atmosphere is festive, and there’s a lot of appreciative hissing to be heard. Enthusiasts bring out cameras and tripods, more traditional souls turn to painting. Take a paper parasol along, like everyone else, and enjoy a picnic before the teahouse where Meiji’s Empress contemplated the scene he created for her.

Half-pint TV

Handy—for watching summer sports, the battery-operated pocket TV with a 2-inch screen. For Microvision, you need a macro bank balance. This Sinclair mini costs $300.

Japan Air Lines has daily flights to Tokyo from New York, San Francisco, Los Angeles, Honolulu, Anchorage, and Vancouver. If you write JAL at 655 Fifth Avenue, New York, N.Y. 10022, it will send booklets and information to help you plan your trip.

VERONICA MCNIFF

Gazing at the iris from a small bridge. This year's festival.
Les 'Shadows Français' Sont Ici!

The eyeshadows that have been helping to keep Frenchwomen's lids from drying out are now here! Luscious, frosty 'true colors' that are cushioned in moisture to care for and condition your delicate eye area. And with the pearl bonded to the pigment, there is no separation. No flaking. Just 'true color' shining through. Vive la différence!

Helena Rubinstein
The Science of Beauty
New milk aids digestion

People who have digestive problems or are allergic to milk because of an enzyme deficiency should know about the new sweet acidophilus milk, a taste improvement on acidophilus milk. The result of 5 years' research by food scientist Dr. Marvin L. Speck, this new milk contains a culture similar to yogurt's lactobacillus bulgaricus, but it tastes like ordinary milk. Bacteria, present in a state of suspended animation, reinforce the growth of natural flora in the intestine, which aid absorption of nutrients. Drink it cold: Heating destroys the culture. Sold in New York and New Jersey under the Russell Farms label—look for "sweet acidophilus" on the carton.

Handpainting small chairs: An artist tells you how

Artist Susanna Briselli, left, has brought about her own small renaissance in the art of chair painting. The brilliant colors, imaginative designs, and impeccable cheerfulness of the small chairs she designs makes them an absolute tonic for a room (she also does "adult"-size chairs). And their finish makes them chip-proof and resilient to hard wear.

Susanna, who has a chair-sized son, Julian, got started a year ago, when parents were asked by their children's school to make something for the school bazaar. Her chairs were instant best-sellers, and she's been making them to order ever since.

Wouldn't your child delight in a chair you made yourself? Let go with your talents. Here's how Susanna does it.

PAINTING THE CHAIR
Susanna orders standard size chairs (14 inches high; children; 17 inches, adult) in solid oak—they're called library chairs—from a distributor. First, the chair is primed with an ammonia-based primer (she uses 3-purpose BIN primer-sealer). After it dries (2 to 4 hours), she sketches the outlines of the design on the chair, including lawyer and base, which are fully painted, with Magic Marker. (Before starting a chair, Susanna makes several sketches on drawing paper to work out a design she likes.) She makes adjustments in proportion and perspective as she sketches her way around the chair.

Next, she fills in the outlines with acrylic paint. Each color takes two or three coats to make it opaque and durable. She dries the chair 24 hours, then sprays on polyurethane for protective finish.

Artist Briselli's designs range from flower and fruit still lifes to a miniature cityscape, complete with street scenes, people, and traffic lights, to a pair of "day" and "night" chairs—a sunny day and a moonlit scene, respectively.

To order, 6 to 8 weeks, $150 per small chair, $250 per large chair (she will do sets); from Susanna Briselli, 201 West 89th Street, New York, N.Y. 10024.
AfflS

ICE BY ANNE KLEIN

SPORTY.
CASUAL.
EXCITING.
FRESH.
UP.
JAUNTY.

IF IT FITS... WEAR IT!
AVAILABLE AT ALL FINE DEPARTMENT STORES.

JAUNTY       BLAZER
IF IT FITS... WEAR IT!
Sears remarkable $599 Sofa
It's designed and constructed as carefully as many sofas that cost much more.

Padded outside arms, back and front rail.

Individually pocketed coil spring cushions wrapped in polyurethane foam and polyester fiber fill.

Four layer seat deck padding.

Full coil spring seat construction.

Kiln dried hardwood frame construction in all areas of stress.

Helical coil suspension system.

Double doweled and braced.

There are very few sofas at any price that are built with the long lasting comfort and durability of helical coil suspended spring systems. The 4-gauge, wire-tied, helical coil suspension system in Sears Benchmade Sofas offers the optimum in equalized softness and resiliency.

All-Hardwood Frame Construction. Only 10% of all sofa frames are made from all-hardwood. It's the basis of sofa durability. All of Sears Benchmade Sofas are also double-doweled and braced at all stress points.

Combination Coil-Foam Seat Cushions. At the core of each cushion are individually pocketed coil springs. The springs are encased in molded polyurethane foam, and covered again with a double wrap of polyester fiber fill. All for long lasting resiliency and the spectacular look and feel of down feather cushions.

Breathtaking and Durable Fabric Selection. Sears doesn't think you'll find a better selection of first quality sofa fabrics anywhere. All 87 possibilities come from the finest mills in America. There is a superb array of plush velvets of 100% cotton, scrumptious jacquards of 100% nylon. Tapestries of 67% rayon and 33% cotton. Dramatic prints, textured tweeds, and smashing solid colors. All are treated with Scotchgard® Brand fabric protector. All were chosen to give you "oohs" and "ahhs" for as long as possible.


Six Lasting Classic Styles. All with the proper proportions. All designed and redesigned till they all really became Sears Benchmade Sofas. Come see Sears Benchmade Sofas and understand why they have features that usually cost a great deal more. Come sit on them to understand their amazing balanced comfort. Come in today and learn more about why $599* is such a great price for such a beautifully built sofa. At most Sears larger stores.

Benchmade Sofas
Only at Sears

Prices higher in Alaska and Hawaii.
Prices may vary depending on the fabric you select.
Tapa cloth

The next design invasion/inspiration is already here—tapa cloth. And it isn't a cloth at all—at least not yet. Tapa is a parchmentlike sheet made from the inner bark of the paper mulberry tree found in the Pacific Islands. The pulpy bark is pounded out into a thin paper, then painted or stenciled with dyes made from pigments of bark or ground roots mixed with oil, resins, or sea water. The colors are subtle browns, ambers, and blacks in abstract geometries that look dramatic on the off-white ground of the tapa cloth. The Metropolitan Museum of Art in New York is devoting half of its Color Print Room to a show of tapa cloths. Great start! They can be framed, like paintings, or laminated in any size and will probably be translated into everything from paper towels to washcloths, floor cloths to stationery. Bloomingdale's in White Flint, Md. and New York has a selection of tapa cloths now, new and antique, starting at about $15. Or write South Pacific Trading, 101 West 78th Street, New York, N.Y. 10024.

Transporting the handicapped

In 1970, there were over 25 million homebound handicapped Americans, and the figure is growing. If you want to help these people mingle a little more in the outside world, investigate Project Mobility. This new mini-bus transportation system helps the handicapped get about and resume normal living patterns. Local authorities in Minneapolis, encouraged by a group of sympathetic citizens, bought their bus for the handicapped for $20,800. So far it has already helped one couple get married, an elderly lady visit downtown for the first time in 30 years and three people get new jobs. If you want to get Project Mobility started in your neighborhood, contact Project Mobility, Metropolitan Transit Commission, 3118 Nicollet Avenue South, Minneapolis, Minn. 55408.

Braided seat pads for outdoor dining

To give outdoor furniture a lift this summer, make braided seat pads for chairs. You can use odd scraps of washable cotton, or crisp, printed sheets (like these “Green Grass” by Martex, also seen on our cover) for pads, plus a matching tablecloth. For a pad 16 inches in diameter, you need one double-size sheet. Measure and cut out fifteen 6-inch-wide strips, each 104 inches long. Stitch five strips together end to end. Repeat the process twice, so you end up with three equal lengths. Fold each length half the long way, wrong side out. Stitch, using ½-inch seam allowance. Turn right side out. Press tube flat, centering seam on one side. Turn raw ends at top and bottom of each tube. Hand tack together. Stitch top ends of all three lengths together. Place or end under a heavy weight to stabilize it, and braid. Co-braid so it resembles a roll of hemp. Hand stitch along center of each braid to keep co together. Chairs at Lord Taylor, New York City.

Fear of crowding: New cures for agoraphobia

Have you ever been afraid of crowds? Have you sometimes felt unable to leave home, even to go shopping? Some people suffer from these fears so much that they can never go out without panicking. This anxiety state is known as agoraphobia, and distinguished physician Dr. Claire Weekes has come up with a treatment that works. “The treatment involves four concepts,” explains Dr. Weekes, “facing, accepting, floating, letting time pass. Agoraphobics feel a panic of insecurity, then a second panic to try to escape it. My concepts attempt to reduce the nervous response that triggers off the first panic. Patients learn not to fight it, but to accept it, let it come. Once in this accepting state, the second panic can be handled.” Therapists often try to find deep psychological explanations for agoraphobia—Dr. Weekes’ direct approach can work wonders, as you can discover in her new book, Simple, Effective Treatment of Agoraphobia (Hawthorn). “I just show them how not to be afraid,” she says.

Depotard idea of the month

Seat pads with matching tablecloth, al
The Firefly

It's been quite a while since we've had a drink as romantic looking as its name. Get cozy with a Firefly and you'll see what we mean. The combination of Smirnoff and grapefruit juice is irresistible. But the final, colorful touch is a dash of grenadine. The result is pink, tropical, easy. Like all good things, the Firefly should be enjoyed in moderation. Because too many Fireflies could shine too brightly.

Here's the official recipe for the Firefly. In a tall glass with ice, pour 1 1/2 oz of Smirnoff, grapefruit juice, a dash of grenadine. Gorgeous. And delicious.
The natural look!
It's second nature to Armstrong.

The beauty of nature has come indoors. The subtle colors and textures, the informality, the warmth. It's today's look for today's love of the "naturals" — a look that can have a natural beginning with Armstrong Coronelle, vinyl colors. Rugged, nice, dry floors as casual as the country, giving you design effects in flagstones, cobblestones, and paving bricks. Easy-to-live-with textures and neutral colors that coordinate beautifully with other materials — giving your artistic nature total decorating freedom.


The natural look of flagstone in the foyer. The way to make an entrance grand. Flagstone Coronelle.

The natural look of paving bricks in the bath. Real bamboo, streaked accents, and a really beautiful floor: Custom Paver Coronelle.

The natural look. As beautiful anywhere in your home as it is in the great outdoors. And even better, because all Armstrong natural-look floors offer the durability, resiliency, and cleanability of vinyl construction. After all, making beautiful floors is second nature to Armstrong.

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Please send me your free booklets: We come home in Armstrong Elegance, showing more nature, more style, more beauty — bolder names of my nearest Armstrong dealer.

Armstrong
CREATORS OF THE "NEWER WORLD"
Founders Keepers' Two. It makes light of your storage problems.

What appears to be one beautiful clean stretch of furniture hugging the wall is actually a series of storage units. Cabinets, chests, nightstands... made of light natural northern elm solids and veneers. And every single piece is made to hold and hide things, behind doors, inside drawers, tucked away on a shelf. And over every unit that stores... you can put a unit that lights. It's a total system. Keeps what you want to see, in light... and what you want to hide, out of sight, in units that easily stack and bunch. In the bedroom or anywhere else, Founders Keepers' Two is a beautiful answer when you want to make light of your storage problems.

To get the names of the Founders dealers nearest you, call this toll-free number anytime: 1-800-243-6061 (in Conn., 1-800-882-6500).

Want to be a connoisseur of the contemporary? Send $2 for Founders' "Guide to Modern Decorating." Write Founders, Box HG-F177, Thomasville, N.C. 27360. The richly sculptured Sultry carpet is also from The Indoor World® of Armstrong.
At $32 a goblet, you'll want to choose your guests carefully.

There is something splendid about the feel of a Galway goblet that shouldn't be lavished on just anybody. Galway is probably the best crystal ever to come out of Ireland—and it's definitely the most expensive. Each piece is fully leaded, hand blown and hand cut. While many people will own Irish Crystal, few will own Galway. Until word gets around.

Pattern shown is "Old Galway." For complete brochure, write Galway, 41 Madison Avenue, New York 10010. Galway is a member of the Wedgwood Group.
Twice a day.
Twice a day.

Clinique is the skin care system women believe in because it works. Clinique’s dermatologists worked it out this way. 3 products, 3 steps, 3 minutes, each morning and night. Clean with Clinique’s great soap. Clear away with a clarifier for your skin type. Replenish with moisturizer. That’s it. That’s all. For skin that just gets better and better looking. Every day of your life. All Clinique products are allergy tested and fragrance free.
Do you recognize this American landmark?

Probably not. No famous person was born in this house. No treaties were signed here. This house is simply a charming example of period architecture that is perfectly suited to today. It doesn't take a mansion to be a landmark. There are thousands of fine buildings like this one all across the country. They're part of our heritage too, just like Monticello and Mount Vernon.

These buildings can be revitalized by adapting them to modern uses. Let's hold on to these pieces of our history while we still can. Support historic preservation in your community.

For more information write Membership Department, Office of Public Affairs, The National Trust for Historic Preservation, 740 Jackson Place, NW, Washington, DC 20006.

I have a 14-inch-high silver pitcher with "T. Fletcher, Philad." written underneath it. Can you identify the maker? C.H.M.—Oak Ridge, Tenn.

Your handsome, heavy silver pitcher was made in about the 1830s by Thomas Fletcher, one of the most outstanding silversmiths working in Philadelphia, 1814-1850.

Stone china

The marks on my ceramic pieces say "stone china" and "porcelain opaque." What does this mean? C.F.—Plainview, Tex.

Stone china is hard earthenware having china clays as an ingredient in its composition. It was introduced in 1805 by Staffordshire potter Josiah Spode II, who hoped that this ware would supplant the coarse Chinese export porcelain. The painted decoration was generally composed of Oriental motifs, which were transfer-printed in blue with touches of red, not unlike the decoration of your dishes made by Charles Meigh, 1835-1849 or Charles Meigh & Son, 1851-1861. Opaque porcelain is one of the trade names used for china stone.

Tailor's iron

My old iron has "Pat. Aug. 14 '88" on it. Do you know anything more about it? L.A.E.—Butte, Mont.

You have a tailor's iron, which could be heated with either wood or charcoal. Its base opening is three-cornered so that it can be changed to a right or left direction. The mark indicates it was made in 1888 or probably shortly thereafter. The damper of your iron has a quatrefoil or cloverleaf motif; occasionally these irons had the figurehead of Hyphaestus, the Greek god of ironworkers.

Staffordshire mark

From my sketch of the mark, can you identify my dishes and tell me if they are very old? H.L.W.—Orlando, Fla.

The English Staffordshire potters John & William Ridgway made your dishes around 1814-1830, so they are really old enough to qualify as antiques.

Continued on page 26
Baker Furniture, commissioned by the Historic Charleston Foundation, has reproduced rare antiques found in centuries-old Charleston homes and museums.

The secretary-bookcase in mahogany solids and figured veneers is a documented reproduction of a Thomas Elfe original, c. 1770. It is distinguished by the hand carved fret on the pediment and incised carving of the ogee feet.

The 18th century English original from which this Queen Anne Butler's Chest was copied is in a distinguished Charleston house. It is hand crafted in French Walnut and burl veneer with inlaid feathering on the fold-out top.

The "fancy" chair, reproduced from one of a set brought to Charleston from Europe in the late 18th century, is characterized by a hand painted scene on the back rail.

The complete Charleston Collection of over 40 distinctive designs may be seen in fine furniture and department stores. You are invited to write for their location and catalogue. $3.00.
Wedding cup

Can you give me any information about my unusual cup? What was it used for? L.P.—Newport Beach, Calif.

Your festive drinking cup was used especially at weddings. The form of a young girl, whose long skirt forms a bell-shaped cup and who holds in her uplifted arms a smaller cup on a swivel, is principally identified with German silver, and was introduced about 1565. Its average height is about 6 to 10 inches. The bridegroom drank the wine in the larger cup, then turned the figure right side up without spilling any of the wine in the smaller cup, which was for the bride. Your cup, of continental European manufacture, is probably less than 100 years old.

American chair


Your fancy chair was made about 1820, probably in New York or Connecticut. This model is not too common.

Ch’ing vase

I have drawn the character marks on my Chinese vase. Can you interpret them for me? F.E.H.—El Cajon, Calif.

According to the Chinese character marks (read from right to left in columns running downward), your cloisonné vase was made in the Ch’ien Lung reign (1736-1795), in the Ch’ing dynasty (1644-1912). A reign name is chosen after the emperor has ascended the throne, and, like the name of the dynasty, it is an epithet of good omen selected from some classical text. “Ch’ing,” the name of the Manchu dynasty, means “pure.”

“General Grant” bookcase

Have you any information about the style of my old secretary? R.T.—Mt. Marion, N.Y.

Your secretary-bookcase with a pull-out writer drawer belongs to a variety of factory-made furniture of simple forms with almost geometric profiles, made chiefly in the midwest and popularly called “General Grant.” Turned spindles, a feature of the style, were not entirely dispensed with on your secretary, as is evident on the pull-out writing drawer.

Atmos.

The only clock in the world powered by air

The extraordinary Atmos runs silently, accurately, indefinitely. All it needs is air. Just a two-degree change in temperature every 48 hours does it. Atmos virtually conquers friction. It is handcrafted to such precision that it would take 300 years to show the wear an ordinary clock shows in one year.

The Atmos is a masterpiece. It makes a lifetime gift. Write the Atmos Clock Company, New Rochelle, New York 10801 for your free brochure.

Copies of Louise Ade Boger’s book, House & Garden’s Antiques: Questions & Answers, which contains more than 900 fascinating items chosen from past columns, all conveniently arranged by category for easy reference, can be purchased for $10.95 a copy, plus 45¢ to cover the cost of postage and handling. To order a copy, please write to: Condé Nast Books, Post Office Box 3308, Grand Central Station, New York, N.Y. 10017, enclosing your remittance and correct mailing address.
These classic Gorham Sterling Originals are the latest thing in dining.

Many people don't know they were introduced over 60 years ago.

Many things have changed in the last 60 years. But one thing hasn't. An investment in a true work of art will always endure...like Gorham Sterling Originals. These are some of Gorham's oldest and most famous designs. They are true works of art in sterling whose timeless beauty has made them even more popular today than when they were first introduced.

But timeless beauty is only one of the distinct qualities that will safeguard your investment in Gorham Sterling. Incomparable craftsmanship is another. Each Original is made of solid sterling silver, a precious metal that's becoming scarcer. Gorham uses this treasured silver to create a total design concept for each of its Originals. A concept with perfect balance between ornamentation, shape, and function. Each curve, line, or flower of every Gorham Original is executed with the same painstaking attention to detail on the back as it is on the front.

The Gorham Hallmark has represented the pride of the silversmith's art since 1831. It says your Sterling is the ultimate in beauty, craftsmanship, and value. Isn't it time you owned a Gorham Original?
Let a light lime shine.
A sun-splashed carpet.
Or sky-bright blue.
Just be sure the carpet that goes below
the fun has "Scotchgard" Protector built
in. Along with your usual care and
vacuuming, it makes the lightest carpet
colors practical most anywhere.
(Except the mud room, of course.)

Dirt's held loose, near the surface.
So vacuuming's easier. Spills come up
with simple spot cleaning. Carpets
stay cleaner two to three times longer
than they would without "Scotchgard"
Carpet Protector.

Keep their new look longer, too.
And the protection lasts. Even after
several steam or extraction cleanings.

Now you can brighten any corner or
room with light carpet and still let
the living go on above.
Just insist on carpet with
"Scotchgard" Protector.

There's a "Scotchgard"
built into carpets.
NOMAD. An outstanding new design from Brown Jordan.

Nomad's clean lines and solid stance give no hint of its versatility. It's designed to fill in for casual dining, fold out on a balcony or join you outdoors whenever it's needed. It folds for easy storage. The self-adjusting swivel back adds extra comfort to its double life as a dining and lounge chair. For comfort, for versatility, for design and construction excellence, the complete Nomad line is pure Brown Jordan. And that says it all.

BROWN JORDAN

At leading stores and interior designers. Write for free brochure, or send $3 for 62-page catalog and nearest dealer Brown Jordan, Box 5668, El Monte, California 91734.
MONEY MATTERS

Is there a tax audit in your future?

Should you worry while waiting for your refund? Plus advice on home improvements that increase the sale price of a house

By Paul Gross

By now, you've filled out your Federal income-tax return and are anxiously waiting for a refund check—or a call from the IRS. The possibility of being audited haunts many of us.

If you're in a very high tax bracket, your chances of being audited are pretty good, because your tax return is probably more complicated. Hence, there's more for the IRS to look into.

If you make an average income, your chances of being audited depend on the kinds of deductions you took. If they are similar to the average deductions claimed by other people in your tax bracket, your return will probably pass through the IRS computers without a hitch. However, if your deductions are greater than average for your income group, the computer will probably kick out your return as a prime candidate for an audit. So, what's the average? Well, according to the IRS, taxpayers took the following average deductions in 1974, the latest available figures.

However, even if your deductions are average, there's still a chance you may be audited. The IRS randomly selects some tax returns for an audit each year, just to see what might turn up. However, IRS has set up a procedure to help those poor souls who are repeatedly audited for the same deductions, even though past audits haven't turned up a thing. You can now contact the IRS and protest the repeat audit; it will check its records, and may cancel the audit.

The state of your estate

Estate planning is one of those terms that throw most people for a loop. After all, "estates" are for the very, very rich. They're not something we lesser mortals have to worry about. Or, so we'd like to think. But the fact of the matter

<table>
<thead>
<tr>
<th>Adjusted Gross Income</th>
<th>Medical</th>
<th>Taxes</th>
<th>Interest</th>
<th>Contributions</th>
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Windblown Silverwood

Gorham introduces the tree that grows in silver. Shimmering with the illusion of motion. Gleaming in reflective light. Signed and dated by the noted artist and naturalist Randy Adams. Each tree is individually sculptured from silverplated copper wire, mounted on a Vermont slate base and lacquered to preserve the lustrous original finish. A unique collectible. 13" high $140; 10" $100; 7" $76; 5 1/4" $54.

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Membership, shipping, handling, and insurance not included. This is an authorized solicitation for membership in The Literary Guild.
youi regular lawyer for recommenda-
tions, you run the risk of having him
recommend himself. If he did, it might
be diplomatically difficult for you to
turn him down, even if his qualifica-
tions were limited.

When you ask for recommendations,
also ask why. The answer you want to
hear is that
the
individual
being
recom-
mended has an uncanny ability to spot
and handle all the possible opportuni-
ties and problems that come up—the
sign of a truly good estate planner. Your
family circumstances, business condi-
tions, and the law itself are all subject
to change—and he should be on top
of all of them so that he can move
quickly on your behalf.

Now comes the difficult part: inter-
viewing an estate planner. Most of us
are so awed by specialists that we're too
bashful to ask them tough questions.
Don't be. You can be sure he won't be
the least bit bashful when he presents
his bill to you. What's more, there's too
much at stake. The welfare of your fam-
ily and other heirs may depend on how
well your estate planner does his job.

Ask him how long he's been an estate
planner, and what kinds of degrees he
has. Of the two, education may well be
more important. An attorney who has
a master's degree in estate planning, but
only a few years of experience, may
turn out to be far shrewder than some-
one who's long on experience and short
on knowledge.

Also, ask any candidate you inter-
view if he belongs to a professional
estate-planning organization. A really
good estate planner will keep up with
the field by belonging to some of the
special sections of the American Bar
Association—on probate and trust prop-
terty, taxation, and real estate, for ex-
ample. But shy away from anyone who
claims expertise in everything from in-
vestments to insurance to trusts. That's
next to impossible. What you want is
someone who knows his limitations,
knows who to call for advice, and how
to evaluate the advice he gets.

If you're thinking of selling your house,
you're probably planning to fix it up a
bit so it will go for a higher price. Wise
move. However, some ways of going
about it are far better than others. In
fact, some repairs may actually be a
waste of money.

How much you should spend fixing
up your house depends on its value rel-
ative to other houses in your neighbor-
hood. Local realtors should be willing
to give you a free, preliminary survey
of the house, and tell you how it com-
pares to others in your neighborhood.
If its value is on the low side, you should
be able to make back any money you
spend fixing it up by getting a higher
sale price. However, if your home is
at, or close to, the top of the market, it
doesn't make much sense to spend a
lot on repairs. The sale price probably
won't be increased by your efforts.

Some costly repairs will help raise
the price, but aren't really worth the ef-
fort unless you plan to live in the house
long enough to enjoy them. For exam-
ple, installing insulation is a great selling
point, because heating bills are sky-
rocketing—especially after the wicked
weather we've had this past winter.
However, insulation won't raise the
price of your house enough to pay for
the cost of installing it. If you plan to
sell later and live in the house now, the
money you save on fuel bills, plus the
higher sale price, would probably make
the cost of putting in insulation worth-
while.

Central air conditioning and new sid-
ing around the house will help raise its
price somewhat. However, again, it
won't increase the value enough to cov-
er the cost of installing these improve-
ments. By the same token, consider
carefully before installing new kitchen
appliances or bathroom fixtures. They're

Continued on page 240
Soap and water: Should you use it if your skin is dry?

If you've got to get your face clean but you have dry skin, you can't use soap or it will dry out even further. Right? Think again.

In the first place, many dermatologists feel there's no better cleanser for your face than soap and water. And you already know that no combination of creams and fresheners ever leave your face feeling as clean.

In the second place, it depends on the soap. Ordinary soaps are made only to "take": to take away dirt and makeup. In the process, they also take away some of your skin's natural moisture and oils, which you can't afford to lose now that you're no longer a rosy-cheeked, dewy-skinned young girl.

You need a soap with "give" as well as "take." Now there is one. New Neutrogena® Dry Skin Soap. Not only does it take away surface dirt and makeup as mildly and effectively as our regular Neutrogena® Soap. It does more. It gives very dry skin something it needs. Extra protection. An invisible layer of two emollients that stays on when the dirt rinses off. And, as you know, emollients are those wonderful substances that help skin retain moisture and act as a barrier against further moisture loss. The process is called hydrating the skin. (Instead of dehydrating, which many soaps do).

How does it work? Two special hydrating agents* have been added to the original Neutrogena formula to make new Neutrogena Dry-Skin Soap. They're very much like the ingredients in moisturizers. And that's why this new soap will immediately leave your dry skin feeling softer and smoother than you're used to with other soaps.

Give our Neutrogena Dry Skin Soap a try. You may be in for a great treat: the fresh, clean feeling of soap and water on your face, and none of the worries.

Introducing Neutrogena® Dry-Skin Soap

*Purcelline Oil Syn. and Laneth-36 Acetate.
How your stomach works and some expert tips on how to keep it healthy

Stomach trouble? Most of us experience woes in the stomach at some point in our lives, whether it be simply a hiccup or indigestion. I've always imagined the stomach as a large cavern somewhere behind my bellybutton, rather like a washing machine, in which food gets whirled about and is then ejected. But this is just one of many common misconceptions about the stomach and how it works. In fact, the stomach is at rib level, with its upper end just below the heart.

**Item:** Americans spend over $218 million a year for laxatives and $127 million for antacids—yet both problems are often preventable without recourse to pills or powders.

**Item:** Your liver, the largest and most versatile gland in the body, has about 500 chemical roles to play in detoxifying and turning food into fuel.

**Item:** About 80 percent of indigestion has no organic bearing, i.e., is simply to do with the way you eat rather than with the state of your stomach.

**Well,** unless you're a gastroenterologist you're never going to know precisely what goes on in those mysterious intestinal passages. But I picked four of the most commonly raised problems related to the stomach and addressed them to Dr. Jean Saleh, Associate Professor of Clinical Medicine, Columbia University, New York, and gastroenterologist at St. Luke's Hospital. His answers may help clear up some of the confusion and make us more sympathetic to that underpraised part of our anatomy.

**Q.** What is acid indigestion?

**A.** "There is no such thing. 'Acid indigestion' does not mean anything. Your stomach secretes acid in order to break down food. That is normal. If you have pernicious anemia, you will have less acid than normal, if any at all. If you have a duodenal ulcer, you will have more acid than normal. The stomach has a built-in defense mechanism, mucous, buffer the acidity it produces. If you have too much acid (the buffer to work, then you may damage the lining of the stomach, producing gastritis and inflammation of the stomach or ulcers. This has nothing to do with excess acid. Antacids only relieve excess acidity for about 45 minutes.

Don't make an effort to let go; it will go back of its own accord. And don't hold your breath. Just move with it tucked in whenever you can. This also automatically strengthens your back." She also suggests these floor exercises to firm up the muscles.

**Continued on page 44**

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**Easy stomach exercises**

**1.** Lie on back, knees bent, soles of feet parallel and about 10 inches apart; arms extended on floor over head, palms facing upward (a). Inhale deeply as you lift upper body off floor. Arms simultaneously swing forward (b). Hold for 2 slow counts, then exhale as you release to original position. Repeat 8 times.

**2.** Begin on hands and knees, back sunk in, head up (a). Inhale deeply. Drop head, round back, as you tightly contract your abdominal muscles (b). Hold for 3 slow counts, then exhale and slowly resume original position. Repeat 8 times.

**3.** Lie on back, knees bent, feet flat on floor, arms at shoulder level (a). Contract your abdominal muscles as you press your back firmly against the floor (b). Hold the contraction for 5 slow counts, then release. Repeat 10 times.

**4.** Lie on floor with legs extended upward, toes pointed, arms resting at sides (a). Keeping abdominal muscles contracted, and back flat against floor, raise knees forward and back 8 times (b). Hold between knees and draw them close to your chest (c). Hold 4 counts. Repeat sequence 3 times. Continued on page 44.
Maybelline creates three powder shadow formulas that stay and stay! A built-in moisturizing base makes them go on smooth and last long. They're all waterproof, smudgeproof, smearproof, too. Beautiful!

**ULTRA FROST**
A gentle, frosty glow

**ULTRA VELVET**
Soft, matte beauty

**PEARLY ULTRA FROST**
Luminous, lustrous & flawless

Fine make-up sensibly priced

**Maybelline**
Do You Look Older to Him?

Even if you do, perhaps he wouldn't even mention it. You've been with him long enough to know he's too kind and gentle to hurt your feelings. And, of course, there'll always be so many other important things between you. You'll go on liking the same music, finishing each other's sentences and giggling spontaneously at jokes only you two understand. Still, if you looked younger, wouldn't that be one more pleasure for you to share?

It's time you joined the fortunate women from around the world who share the secret of a mysterious beauty fluid that can help a woman look younger by creating a moist climate for your skin. This remarkable, skin-cherishing liquid is known in the United States as Oil of Olay beauty lotion.

Smooth Oil of Olay on your face and throat. Watch your skin virtually drink in the treasured liquid. An abundance of pure, moisture, tropical oil and precious emollients penetrate your skin quickly to ease dryness...the dryness that can easily cause you to look older than you like. Older than he likes.

Within moments after applying Oil of Olay, your skin feels softer and smoother. Your face takes on a renewed lustre and glow, even without makeup. Did you expect to see that look again? Little wrinkle lines (which are accented by dryness) can show less beginning the very first day. The difference will be apparent to other people; perhaps especially to him. Will he say anything? Maybe he'll just give you an extra-warm hug. Or bring you an unexpected bunch of flowers. Don't wait another moment to let Oil of Olay help you look younger. Gentle on morning and night. Let the beauty fluid work with nature, in its mysterious way, to help maintain your skin's moisture balance for a softer, smoother complexion. Because Oil of Olay doesn't leave a greasy afterfeel or look, it's marvelous under makeup, day or night. At bedtime, the beauty fluid provides a misty climate for your skin into hours of silent sleep. Any time your skin feels dry (when you've been out in harsh weather or washed your face vigorously, for instance) is a good time for Oil of Olay to raise the moisture level of your skin.

Do you look older to him? Think about it for a moment. Then think about Oil of Olay.

Beauty Secrets

Being alone together, not even talking, can be the most intimate of times. The next evening he's listening to music and you're reading. Pamper your face with an extra application of Oil of Olay. It's nice to know that because Oil of Olay doesn't leave a greasy look, he'll see only a lovely, dewy glow.

When you wear earrings all day, you may notice your earlobes seem to stretch. Try a few drops of Oil of Olay. Does that feel good?

Q. When people diet successfully, they often say they feel less hungry. Is that because the stomach shrinks?

A. "It's hard to say the stomach shrinks when you go on a diet, because nobody has ever documented that. People who are very obese, consuming 15,000 to 25,000 calories a day, have enlarged stomachs, since the elastic part of the wall distends to some extent. On a diet, the stomach will return to its normal size. If you go on a semi-starvation diet, then perhaps you may have some shrinking, because you are losing so much protein. But this is only in very drastic situations, and not well proven.

"When people say they no longer feel hungry, that usually has nothing to do with the size of the stomach. If you have not eaten for some length of time, you may experience what we call a hunger pang, when the stomach starts contracting. But hunger is usually a psychological effect just as is feeling 'full.' A normal individual will eat a steak and probably feel full very quickly. The impression of fullness, however, doesn't mean only that the pouch of your stomach is filled with food all the way up, but also that you are satisfied with the number of calories you have consumed; because you have some set point in your hypothalamus where normal people feel hunger pains—they point to the upper part of their chest or their throat, anywhere. Their hunger is not identifiable, and that means it is largely psychological. And that is why they will not experience what normal people know as 'fullness.'"

Q. Why does the stomach sometimes rumble?

A. "Before eating, rumbles may be due to excessive spasm—that is, the stomach moving air and secretions. Because even if we don't eat, we are secreting fluid from the blood into the

Continued on page 42
Have your legs ever felt so tired, walking seemed like climbing?

Then give them a little help. Give them Sheer Energy, the pantyhose with all-day massage. Slip them on, and you'll feel their massage right away. It's wild! Now, flex your leg and feel Sheer Energy's springy yarn massage even more. And there's something even wilder! The more you move, the more they massage.

So you feel stimulated and refreshed all day long. Your legs do a lot for you. Do something for them. Give 'em Sheer Energy. (They're at the Leggs Boutique.)

Give your legs an all-day massage.
At the age of eight, Nancy fell in love with horses.

Unrequited love, for the most part. Four years of riding lessons have netted blisters, countless tumbles, feet stepped on by heedless beasts, and two permanently worried parents.

But ask Nancy about horses and, tears forgotten, she'll tell you only how wonderful it is to clear a fence with the wind in your face and how sweet and velvety soft a horse's nose is to the touch.

Happy twelfth birthday, dear Nancy.

Cybis

Porcelains from 25 dollars to 5 thousand dollars. The oldest enduring porcelain art studio in America.

At the age of eight, Nancy fell in love with horses.

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Cybis Porcelains from 25 dollars to 5 thousand dollars. The oldest enduring porcelain art studio in America.

The inside story continued from page 38

intestines. We swallow air, and air comes from the combustion of food and cells themselves. There is always action in the stomach—for instance, if we don't eat for a week, we will still have some bowel movements. When the stomach is coping with too much air or liquid, you will hear it on the outside as a rumble. As soon as you ingest food, this situation will calm down.

“Swallowing too much air can cause burps. This may occur if you are nervous, working under stress, or have some emotional problem. In these situations you may experience an increase in the spastic ability of the gastrointestinal tract. But burping is also a defense mechanism and is perfectly acceptable.”

Q: Are vitamin supplements good for the stomach?

A: “There are no vitamin supplements specifically good for the stomach. A well-balanced diet in terms of protein, fat, carbohydrate, minerals, and vitamins is what your body needs. If you eat properly, you don’t need vitamin supplements. If you take only vitamins, without eating, they won’t help at all, because vitamins are what we call coenzymes in terms of metabolism of food. They will act if you bring something to them. Eating only vitamins is like going to a gas station and pouring the gas on the floor. They need a vehicle, and the vehicle is food. Iron alone, for instance, goes right through your body—iron plus protein builds red cells. (That does not mean you have to take iron at the same time as a meal, however. Iron is transformed better and absorbed better, taken separately.)”

A recently published book, Save Your Stomach (Crown, $8.95), by medical writer Lawrence Galton, contains all sorts of fascinating pieces of information. For example, the fact that good doctors are now learning to diagnose stomach problems by listening to the various rumblings the stomach makes; that we have about 3,000 taste buds, and that before we can taste anything, the substance must be moistened (the salivary glands do that); and that large amounts of caffeine can produce symptoms mimicking those of a psychiatric disorder: chronic anxiety. Galton also wrote a book advocating a fiber diet, in which he emphasizes the importance of fiber in helping gastrointestinal disorders. Galton also lists 24 of the most common stomach problems, with suggested treatment.

It may not be the most glamorous part of our bodies, but the stomach is certainly essential to life and well-being. And if we can remember to put the right things in it and treat it with respect, then our stomachs will serve us well for the rest of our days.
If you have to ask the price, you can't afford it.

Those who would buy this clock obviously want more than the right time.
Their is an appetite for the rare and the excellent, which they seek as a matter of course.
On this clock, the famed cathedral chimes of Westminster, Winchester and St. Michael are reproduced by nine chromium-plated tubular bells.
These are housed in a superbly crafted case 87 inches tall. A case of oak and rare Carpathian elm burl veneers.
All this is set off by a brass and silver plated dial and ornaments of brass fretwork.
A great lyre pendulum measures the hours behind hand beveled glass panels.
If you are one of the handful who can afford this clock, write for the name of the stocking dealer nearest you.
Ask about the President by Howard Miller. $3,400.

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Zeeland, Michigan 49464
In a world full of synthetic everything, we've kept one thing natural.

Rare scotch.

5. Sit with knees bent, feet on floor, hands resting on knees (a). Release body backward as you drop head, round back, and contract abdominal muscles tightly (b). Sustain contraction for 5 counts, then slowly resume original position. Repeat 8 times.

6. Lie on back, knees bent, feet parallel and about 10 inches apart. Arms at shoulder level (a). Take 4 slow counts to lift buttocks as high off floor as possible. In this raised position, gently push body upward 4 times (b). Then uncurl back to floor, beginning with the upper back. The buttocks should touch last. Repeat 6 times.

Beauty and health products new this month in the stores

Makeup formulas are getting easier to use all the time—liquids that are powders, powders that are gels. You can stretch the way you use these multiformula cosmetics. A new one: Estée Lauder Sun Streaker, which looks like a liquid-powder eyeshadow. You can apply it anywhere—lips, forehead, eyebrows, cheeks. From the new “SunUp-SunDown Colors” collection for spring, $5.50. A new color in this Lauder collection is a tawny “Sherry”—very lightly flecked with gold, it’s a lipstick in a gel-liquid, $4.

One of the first areas of the face to show small signs of aging is around the eyes—there are no oil glands there to keep skin naturally supple. Avocado oil and protein have been put to work together to make a new under-eye cream, Moist Environment Eye Cream, from Charles of the Ritz, as part of its Revenescence moisturizing system. It’s creamy white with no fragrance and it works for 8 hours. Use it in the morning under makeup and/or in the evening before bed. One-half ounce, $8.
Maybe you shouldn't have taken a bath last night.

If you have dry skin,
don't spend an hour soaking in a sudsy hot tub. Many dermatologists say those long sudsy soakings can take out too much of your skin's natural moisture. And actually leave it drier after bathing than before.

But that doesn't mean you have to give up on baths. Instead, make the water warm, not hot. Spend less time lingering in the tub. And avoid ordinary soaps or detergents, including bubble baths, that wash away even more of your natural oils.

There is a different way to bathe that gives you all the luxury you love about a bath plus some real help for dry skin. It's Neutrogena® Rainbath® Dry-Skin Bath Gel. a unique amber foaming gel made by Neutrogena, the people who specialize in sensitive-skin-care products.

Whether you use it in the bath or shower, this gel is specifically formulated to care for your dry skin.

Neutrogena Rainbath® Dry-Skin Bath Gel

Ask for it wherever Neutrogena Soap is sold.
Color and treatment at the same time—that's what Nailsticks are about. Sixteen snappy shades of polish in a brush-mark-proof formula that helps protect the top layer of the nail. There's also "Clear Ice," a transparent gloss to wear by itself or as a sealer over your favorite shade. $1.20 a bottle from Noxell.

Here's a knockout—three rich and luscious real feather fans from Geminette, scented with Geminesse. In peach, taupe, or black, it's romance from the start. Small, almost invisible wicks inside the fan's spines let you apply perfume to the fan when you wish, to waft the night away. $15.

Light morning cleansing for dry skin and a makeup solvent cleansing cream from Ultima II are new for devotees of C.H.R. Skincare. The first is a lotion; add water or not, and work up a light, frothy foam—it cleanses with no drawn feeling to the skin. The second works like a massaging cream to remove the day's make-up, even waterproof eye makeups. They're C.H.R. Specialized AM and PM Cleansers, $7.50 each. If you'd like double-duty protection, an emollient toner for night gently stimulates and refines even the driest skin. The point is to simplify your cleansing ritual—more effectiveness in less time.

Famous in England, where it seems that everyone has super skin, not yet so well-known here—The Rimmel Company is launching its ships with skin, eye, lip, and nail products. It's a brand new collection of colors and formulas, and will be available here and in Canada by the end of April. Look for it!

The astrological guide to your fragrance

The sign: Taurus (April 20-May 20).
Element: Earth

The symbolic phrase for your sign is "I have"—in contrast to Aries's key phrase, "I am." The Taurus instincts for acquiring and retaining possessions are very strong indeed. You achieve the material security so important to you by tenacity, hard work, and a talent for concentrating on essentials. Emotional security for a Taurus is firmly linked to his or her close attachment to the home. There is usually a sensuous appreciation of luxury and ease.

Some of the most beautiful women of the Zodiac are Taurus-born, and the Taurus ascendant as well can produce the lush, glowing look that inspired Renoir.

Fragrances that appeal to Taurus: the decidedly voluptuous Chloe by French couturier Karl Lagerfeld with its sweet floral top notes. What about Bellodgia of Caron, the essence of carnations? Pierre Cardin's Fragrance Collection for Men, scented with an earthy blend of citrus, amber, and spices, also suits the sturdy Taurus.

—MARIA REACHI
MICHAEL LOVE

“I didn’t do the usual Florida ‘bit’ with this West Palm Beach condominium. A few years ago, the busy owners asked me to design a haven where they could really unwind. So instead of vivid colors and bold prints, I used soft, low-key tones, fresh touches of white and natural textures. And the upkeep is nil. Even after several months’ absence, they can just walk in—and relax.”

We at Century Furniture are very pleased that Mrs. Love, A.S.I.D., chose two of our classic Parsons chairs. If you would like to see more Century furniture, including our through-the-home collections, send for our Century magazine. Enclose $3.00 with your name and address to: Century Furniture Co., P.O. Box 608, Dept. J-4, Hickory, N.C. 28601.

CENTURY®
Rediscovering Chinese Export in America

By Caroline Seebohm

You may have some without knowing it. Here's how to tell, from the curator of the Museum of the American China Trade

The growing interest in Chinese Export furniture, porcelain, and silver is proof of the continuing cultural influence of the East upon the West. When the trade route with China was first opened up from the 16th century on, European artists and craftsmen were quick to pick up on the wonderful designs and workmanship of the Chinese—so much so that confusion soon arose as to the origins of Chinese Export.

The famous willow pattern porcelain, for instance, was started in China and then copied by the British. (Indeed most porcelain that was produced in England was bone china.) Since Chinese Export was made for the American and European markets, often on commission, to European specifications, its mixture of authentic Chinese workmanship and European design also often disguised its true provenance. So there are two kinds of Chinese Export—that which looks obviously Chinese and was copied by Europeans; and that which looks European, made to European order, later believed to be European.

The Museum of the American China Trade in Milton, Mass., is now engaged in the enormous task of sorting out the original Chinese Export artifacts from their European imitations. (The exhibits on display are fascinating, as you can see on page 160.) Much silver, for instance, passed off as English, turns out to be Chinese Export. H. A. Crosby Forbes, founder and curator of the Museum (his great-grandfather was China trader Robert Bennet Forbes, in whose house the Museum is assembled), relates that his family owned a set of silver flatware believed to be Georgian, until he discovered from a remark in an old letter that it was Chinese Export! Furniture, normally considered English “provincial,” is also being reclaimed as Chinese Export, combining the brilliant Chinese cabinet-making in finest Oriental woods with practical English design. Virtually everything that used to be called Lowestoft is now known to be Chinese. The dazzlingly embroidered heavy silk shawls, taken to be Spanish, also often originate from China.

These discoveries lead one to think that many American households may harbor furniture, silver, or porcelain that is Chinese Export—without knowing it—Continued on page 50
Suddenly fashion the world over is touched with romance, and lifestyle becomes love style. Sentimental Bouquet, from Fieldcrest's new bed and bath collection "Romance, International Style." Designs created by Gustav Zumsteg.
particular!) since the American China trade nourished at a time of America's most dramatic growth. Mr. Forbes is very excited by this possibility. "Many of the exhibits in the Museum had been hidden for years," he says. "Now people are really getting interested, and the objects are becoming collectors' items."

Have you got some Chinese Export around that you thought was something else? Could you spot it in an antique shop? Here are some guidelines suggested by Mr. Forbes, that may help you tell.

**Porcelain**

1. All Chinese Export porcelain has an unglazed "foot rim"—the raised edge on the bottom of the dish, plate, or mug on which it stands. Often this unglazed rim is beautifully done, showing the fine workmanship of Chinese potters. (English bone china is glazed all over.)
2. Original Chinese Export willow pattern was handpainted, as opposed to English willow pattern, which was done by transfer pattern. This profoundly affects the quality of the design. There is a freedom of movement about the birds, and willows, a living quality in the Chinese painting that printing could not hope to achieve.

**Silver**

1. Chinese Export silver is usually very heavy—sometimes so heavy that spoons and forks, for instance, are hard to use.
2. If the silver has a gray, dull cast, then it may be Chinese Export.
3. Check the hallmarks. Chinese silversmiths used to stamp their silver with English marks to satisfy clients. These marks make no pretense to accuracy: There were often 4 rather than 5, with 3 letters as the maker's mark instead of 2, it's very rare to find a date letter, and the marks were almost always London. "They weren't trying to be fraudulent," explains Mr. Forbes. "It was quite simply a flourish, done for the export market." (Mr. Forbes and his associates have published a book, *Chinese Export Silver 1785 to 1885*, which describes all these distinctions. It's available from the Museum at $55 plus 75 cents postage.)

**Furniture**

1. Find out what kind of wood it is made of. Does it smell? Heavy, dense, odoriferous woods such as rosewood or camphor wood are likely to be Chinese. "Oak, mahogany, and walnut are typically European or English," says Mr. Forbes.
2. Look out for special Chinese joinery, such as floating panels, designed to allow for stretching and shrinkage in temperature changes; or mitered corners.
3. Is the furniture made in several sections? Is there pegging, so it can be taken apart? Is a bureau, for instance, in three pieces? These are Chinese Export clues, for Chinese Export furniture was often made to disassemble, to make it easier for traveling in the hold of a ship.
4. Caning is typically Chinese. It didn't arrive in England until the 17th century.
5. Even if the furniture is European in design, there may be something about it that looks unusual. Chinese carpenters never made exact copies—their own artistry would creep in.

These are some clues in your quest for Chinese Export. If you own or find furniture, porcelain, or silver with any of the above characteristics, you may have an exciting piece of history on your hands. If in doubt, write to Mr. Forbes at the Museum, or, better yet, if you are in the area, visit the Museum and see the wonderful exhibits yourself. The address: H.A. Crosby Forbes, Museum of the American China Trade, 215 Adams Street, Milton, Mass. 02186.
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In today's market, more and more people are leasing their cars instead of buying them. The General Motors Corporation estimates that more than a million people will lease a car this year, and that leasing is growing at the rate of 25 percent a year or better.

There are two basic reasons for this—convenience, of course, and the fixed monthly payment for a leased car is usually less than a finance-purchase payment. If the lease is one that includes maintenance and tires, the driver knows that for the length of the lease, his car will not cost him one penny more than his monthly payment, except for gasoline and insurance. One major reason leasing is popular is that it alleviates the problem of having to dispose of his car at the end of the lease, and the economics that can be practiced by dealing in volume.

Here are the two types of lease that are most often used:

1. The open-end or financed lease
   Used about 75 percent of the time. It is the least expensive, but the lessee must share the responsibility in the equity of the car at the end of the contract. The depreciated value is projected ahead to the end of the lease and the figure established. If the car is not up to that value when it is turned in—because of hard wear, high mileage, or perhaps body damage—the lessee must make up the difference. If, on the other hand, the car is in excellent condition and brings more than the established figure, the lessee gets a bonus.

2. The closed-end lease. Under this arrangement, the lessee pays a slightly higher amount, with or without maintenance, and at the end of the lease returns the car with no further responsibility. This lease, if it includes full maintenance and tires, is the most convenient and offers the most protection. A good bet for the single woman, and for the business car that is fully tax-deductible.

Here is a dollar-for-dollar comparison of the cost of a finance-purchased car, and the identical car on a lease:

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- Sales tax: $348.00
- Registration: $36.00
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- Estimated registration after 3 years: $1,184.00
- Suggested down payment: $1,923.28
- Estimated loan at $163.88: $5,899.68
- Total cost of car after 3 years: $7,261.28
- Total cost of car after 3 years: $7,261.28
- Less cash equity remaining in car after 3 years: $5,899.68
- Cost of car for 3 years (excluding expenses): $177.60

**LEASE**

- Same car, same dealer
- Open-end, finance lease for 36 months at $135 a month
- Total cost of car for 3 years: $4,860.00
- Less cash equity remaining: $2,500.00

**FINAL COST**

- Leasing: $4,860.00
- Purchasing: $7,261.28

*These prices may differ slightly in various parts of the country*

Continued on page 56

### AUTO SUGGESTIONS

By Mary Elizabeth Falter

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When planning to drive a long distance, be sure your car is ready for the trip. Begin at the obvious place—have it serviced, perhaps even have a minor tune-up in which the air filter, fuel filter, spark plugs and wires, distributor points, and the condenser are inspected and cleaned or replaced if they are dirty or worn. The distributor cap, rotor, and ignition coil should be checked and any necessary adjustments to the carburetor and the timing made. All these things are usually included in the average 12,000-mile tune-up. Beyond the tune-up, the following things are important:

1. Tires. Get the owner's manual, and adjust the tire pressure for both front and back wheels for the recommended highway driving pressure in winter and summer. Tires expand during hot weather and contract during cold weather, so this must be compensated for. The adjustment is different for long drives than for city driving.

2. Fluid levels. In winter, check the anti-freeze and in summer, the freon for the air conditioner. Always check the brake and steering fluid if you have power systems, and the transmission lubricant. Last, but certainly not least, check that special freeze-proof glass cleaner that sprays on the windshield when you press the button and whose ingredients cope with splashed winter slush and bugs and dust in the summer. Carry an extra bottle with you.

3. Other extras to carry. A supply of spare fuses for the interior wiring system (radio, lights, and interior panel), and a duplicate supply of all necessary belts the car uses, in case one breaks when you're in a remote spot. Also, a roll of electrical tape, a roll of wire, and wire clippers for temporary emergency repairs. And of course, the usual emergency equipment, such as a good jack and lug wrench, first-aid kit, flares, flashlight, and fire extinguisher.

4. Passenger supplies and creature comforts. Besides the proper maps and tour books, carry a notebook and pencil for recording mileage, road directions, and addresses. In a convenient spot, keep a good supply of quarters and dollar bills for tolls, and arm yourself and your passengers with good dark glasses and a basic picnic. A thermal cooler will keep everything fresh and cool; take thermos bottles for hot and cold drinks.

5. Proper Loading. First of all, if you make regular long drives with a full load to a summer house, camping, or transporting children to school or college, it is wise to make some special concessions when you drive a car. Invest in good luggage space, heavy duty shock Continued on page 236
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Many-sided splendors

Octagonal structures, from Jefferson's elegant creations to simple barns, are sprinkled around the country

By Richard Taylor

Four walls and a ceiling have never been enough. Virtually the entire continent of Africa developed an indigenous architecture based on polygonal and conical forms: the world of Islam from Spain to India is covered with 6- to 16-sided monuments to Allah. Romanesque fortresses were regularly octagons—even the Cheyenne tepee was octagonal!

American architects were not immune to the charm of polygons either. Fads for octagonal houses, polygonal hotels, schoolhouses, and even barns have swept this country more than once. In 1641, Killiaen van Rensselaer financed one of the first polygonal buildings in the New World, an octagonal wooden church in the Hudson Valley, patterned after a 1595 meetinghouse in Willemstad, Nederland. By the time the English took over, nearly every Dutch settlement from Long Island to Philadelphia had a similar octagonal church.

The English built dozens of polygonal garden buildings in America, but it was only in the late 19th century that another wave of major octagonal building began. From about 1790 on, there was widespread enthusiasm for polygonal schoolhouses with 8, 12, or 16 sides. Students sat in bleachers around the walls, while both the single stove and solitary teacher occupied center stage of this theatre-in-the-round. But the fad died quickly.

Polygonal barns were another enthusiasm. George Washington had one of the earliest—a 16-sided barn at Dogue Run Farm in Virginia, built in 1793. The famous round barn of the Shaker Community at Hancock, Mass., was one of the last, dating from 1826. In between, there were hundreds of polygonal farm buildings—everything from small dove cotes to huge stables—scattered up and down the East Coast. Barn theory was as efficient as school theory. Milking cows were stabled in pie-shaped stalls ranged around the circle, with feeding handily accomplished in the center from a single trough.

At a more exalted level, Thomas Jefferson was an early supporter of octagonal houses. He may have had something to do with the 6-sided "Octagon House" built in 1789 at New York Avenue and 18th Street in Washington by Dr. William Thornton, architect of the Capitol. Thornton's house is the headquarters of the American Institute of Architects today. Jefferson's famous retreat, Poplar Forest, was based on an octagonal hunting lodge built for the Elector of Bavaria. Poplar Forest, too, still exists in rebuilt form. Monticello, of course, has a dome on an octagonal drum and matching bay windows at each end; the Rotunda at the University of Virginia is round with a paneled dome; and La Chaumière du Prairie, the Kentucky home of Jefferson's friend Colonel David Meade, still has its domed octagonal drawing room. Indeed, of the 50 buildings Thomas Jefferson designed in his career as an amateur architect, 30 were either polygonal or featured polygonal rooms.

In 1836, A.J. Davis designed a curious, tall-roofed octagonal gatehouse for the Hudson River estate of Blithewood, in Annandale, N.Y. This charming little building was featured in A.J. Downing's influential Landscape Gardening, published in 1844. It still exists in Annandale, while Davis's original sketches are in the collection of the Metropolitan Museum of Art.

In 1844, perhaps inspired by the Davis etching in Downing's popular book, a builder named Joseph Goodrich constructed one of the very first cast-concrete buildings in America, a 6-sided hotel in Milton, Wis. This was followed by octagonal Milton Academy. Milton House was soon famous in its own small way, combining as it did what was then

Top of page: The Armour-Stiner-Carmer House in Irvington, N.Y.—the most famous polygonal house in America.
Right: The John Richards House in Watertown, Wis., built in 1854.
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Arkansas Pavilion at Philadelphia Fair, a veritable host of imitators to publish similar plans for octagonal country houses. Fowler made a fortune from *A Home for All*, and in the process began, anew, the octagonal building, a fad which swept the country.

In gratitude, Fowler contributed a 2-story astronomy building to his alma mater. It survives today as the Amherst Music Department, complete with octagonal observatory tower. More importantly, though, Fowler was convinced by his own rhetoric to build himself a new suburban house in Fishkill, N.Y. It could only be octagonal. Finished in 1853, Fowler's octagon was a monstrous pile, 4 stories plus an 8-sided cupola, circled tenures in an octagon. The fad began in 1853, as Fowler's book was extremely popular there. In Watertown, Wis., the Watertown Historical Society preserves the John Richards house, built in 1854. The 3-story Richards house incorporates Fowler's design for a cistern on the roof, a central furnace, and a dumbwaiter in the stairwell. Built with true "gravel wall" construction, it is the most authentic octagonal house in the country. At 919 26th Street, it is open daily from May to November.

In Hudson, Wis., John Moffat built a small, 2-story octagon with cupola in 1856. A rectangular kitchen wing projects from the back; a sweeping veranda surrounds the first story. Doubled brackets under the eaves, arched windows in the cupola, and an onion-shaped pinnacle add to its charming picturesqueness. Now called simply The Octagon House, the Moffat octagon, at 1004 Third Street, is open from May through Christmas under the direction of the St. Croix Historical Association.

In the lower Hudson Valley, less than an hour's drive from Fowler's own Fishkill octagon and half an hour from Manhattan, sits the most famous polygonal building in America. Owned for the last 30 years by author Carl Carmer, the Armour-Stiner-Carmer House was sold to the National Trust for Historic Preservation in September, 1976, literally the day before Carmer died. The National Trust has now restored the house, protected by articles of covenant that guarantee its preservation, and is helping to finance a full-scale restoration.

The Carmer house, at 45 West Clinton Avenue in Irvington, N.Y., has rectangular rooms separated by small, triangular spaces used for pantries, bathrooms, and closets. From the inside, it might be any other 19th-century house. That's not true of Longwood Plantation in Natchez, Miss. Designed by Samuel Sloan of Philadelphia and built for Dr. Haller Nutt, a wealthy cotton grower, Longwood was left incomplete at the beginning of the Civil War. It sat abandoned for much of this century, but has been restored by the Pilgrimage Garden Club of Natchez. Longwood, at 141 Main Street, houses numerous rooms separated by small, triangular spaces used for pantries, bathrooms, and closets. From the inside, it might be any other 19th-century house. Continued on page 86

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Call Toll Free: 800-621-8318 III. call: 312-595-0461
Inside your head, there's probably a room that makes you feel good just to think about it.

But, when it comes to getting that room out of your head and into your house, the going gets a little tricky. For one thing, your room may very well be just a vaguely formed notion in the back of your mind. Nothing tangible, like chairs and tables.

So, before you can put it together, you've got to be able to see just what the pieces are.

**HOW TO SEE YOUR NEW ROOM, WHILE IT'S STILL YOUR OLD ONE.**

For starters, take a look at yourself. Because the kinds of things you like will tell you a lot about the kind of furniture you'll like.

Take the Early American flavor of the Cherry Grove bedroom pieces in the photograph. If you're a quilts-and-antiques person, what could be more perfect? But macrame, seashells and hanging pots of ivy would be much happier in a room full of sturdy oak furniture, such as Tanglewood.

And then there's the next problem: You're also going to need to be able to see how whatever furniture you like is going to look in the place you want to put it.

To help you with that, we've put together the American Drew Furniture Fitter. A full-color book with 40 of our most popular designs, ready to cut out. The illustration will give you an idea of how it works. And we'll send you one, if you'll send us the coupon and $2.00.

So, if that room has been inside your head for so long that it's starting to grow cobwebs, maybe it's time you were getting it out of there. And into your house, where it really belongs.

Try out 40 different pieces of furniture. All you need are the American Drew Furniture Fitter and a little imagination.
Upholstery
in 6 easy lessons

Learn a new skill, save decorating dollars

By Dee Hardie

If you have basic sewing skills, you can master the technique for upholstery. These step-by-step pictures were taken at Margaret Smith’s upholstering class at a Baltimore YWCA. At $8 for six lessons, plus $33.77 for tools, materials, and fabric, Dottie Pearre found the course a good way to save decorating dollars.

Tools and materials: Magnetic hammer, screwdriver, tack puller, staple gun, webbing stretcher, scissors, upholsterer’s needles, 3 1/2- to 4-inch jute webbing. #6 and #12 tacks, jute spring twine, rubberized hair, cotton batting, muslin, burlap edge roll, cotton cording, cardboard tack strips, upholstery pins.

Lesson No. 1: Webbing

Webbing strips depend on the number of springs. Six springs here need 3 strips vertically, 2 horizontally. Chair back. Place end of webbing on back frame with 1 inch extending beyond edge. Nail 5 #12 tacks, then fold short end of webbing over tacks, put in 4 more. Stretching webbing straight down, hook stretcher into webbing, pulling tightly. Put in 5 tacks to frame. Cut webbing 1 1/2 inches beyond tacks. Fold over, fasten with 4 tacks. Weave horizontal strips in and out. Do same with front of frame. Chair seat. Same process but place webbing under frame.

Lesson No. 2: Attaching springs

Staple springs where 2 pieces of webbing cross. Place 2 #12 tacks 1 1/2 inch apart at each end of row of springs, nailing halfway. Measure jute spring twine 1 1/2 times across springs. Cut, Loop twine around tacks (see photo). Tie each row of springs through center, front to back, then side to side, then diagonally so each spring is tied in 8 places. Push springs down to chair edge, Take up any twine slack. Hammer tacks firmly.

Lesson No. 3: Building the seat

Cut burlap 2 inches larger than seat frame. Attach with #6 tacks around frame. Tack edge rolls to sides and front, keeping flush to outer edge of frame. Cut rubberized hair 3/4-inch thick to fit chair seat and cover edge rolls. Stitch in place. Add 2 layers cotton batting extending over seat to underedge of chair. Measure muslin to cover entire seat. Tack under frame. Trim excess.

Lesson No. 4: Building back and arms

Same as seat except for springs. Build up arms with batting, pin muslin tightly to underside of arm. Tack with #6 tacks.

(Don'ted on page 68)
Maximum strength Allerest. Strong relief from The Allergy Specialist. You can't get a stronger allergy formulation without a prescription.

This means reformulated Allerest delivers relief better than ever before for hay fever and allergy symptoms. If it doesn't do the trick for you, better see your doctor.

The Strong One

Strong relief from The Allergy Specialist
After 150 years of making great furniture like this, what are we doing now?

The same great things.

We're still doing what we do best. Reproducing Early American designs with the same high standards that have made us a leading name since 1826. Look for our name the next time you're looking for beautiful furniture.

Heywood-Wakefield
The Early American Company.

Lesson No. 5: Final Fabric

Lesson No. 6: Trim work
Cut fabric 2 inches wide and long enough to trim back and seat edge. To make covered cord, insert cord in center of 2-inch strip, stitching tightly with zipper foot, leaving ½-inch excess for later tacking. Tack covered cord with ½-inch cardboard tack strips to outer back edge. Cording can edge seat of chair for finishing touch. Turn chair over. Cut cambric 1 inch larger than under seat. Tack with = 6 tacks to bottom edge of frame.

Chair back. Cut fabric 1 inch larger than back. Turn under ½-inch raw edge. Position even with upholstery pins to attached cording. Blind stitch by hand. Finished chair, below.

March of Dimes
Birth defects are forever. Unless you help.
When you can't make it home in person, go by Long Distance. The folks love to see you, but they love to hear your voice, too. So when your thoughts all turn to home, reach for the phone and treat yourself to a little homecoming. Long Distance is the next best thing to being there.
Europeans have always sworn by spas, for diet, for specific disorders, for beauty treatments, and for a type of family vacation where eating sensibly and exercising regularly guaranteed well-being for some time to come. Hot mineral springs in volcanic regions have attracted people since Roman times. The thermal waters and the algae-rich volcanic mud flats are the base elements for the treatments. The penetrating heat of both the water and the mud seems to heal aches and pains and harmonize the body's functions. One bathes in hot tubs, inhales special vapors, drinks the water, and soaks in pounds of mud slathered over the body like a huge all-over facial. There are also exercises, massages, swimming, naps, big hotel rooms, wonderful food, lots of fresh linen.

In the winter, there are only a few hotels open in Abano. I made reservations at the Buja Bristol, a large modern hotel with a balcony to every room, an indoor and outdoor thermal swimming pool, and a big garden with beautiful specimen trees.

The rooms and bath are large, airy, comfortable, well-furnished, well-heated, with treatment rooms on every floor. The vast reception rooms have polished marble floors. The dining room serves beautifully prepared northern Italian food.

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"The people are so proud of what they're doing. And they take such delight in telling you about it. It gives you a feeling of history."

Thom and Carol Frazier talk about their honeymoon in Bermuda. Especially their visit with the Band of the Bermuda Regiment.

"There's a special feeling you get, playing tennis in Bermuda. Right where it all began in our part of the world."

"What a nice plus, to be able to get to all this in an hour and a half."

"You hear Bermuda is full, yet you have the island all to yourself on your honeymoon."

Bermuda
See your travel agent or write Bermuda, Dept. 134
630 Fifth Avenue, N.Y., N.Y. 10020 or Suite 1010, 44 School St., Boston, Mass. 02108
There are located. Inhalation, involves aching thermal steam into your open mouth. Then after a prescribed period you change cubicles and put a gadget into your nose for another 10-minute treatment with medicated fumes. Back to your room to finally get dressed and out for a walk before lunch. In the afternoon, you rest again, and if prescribed, go for a swim in the thermal pool. The treatments are taken either two or three days in a row with a day of rest in between. Ten treatments promise the best results, which are mainly felt a few months after the actual treatment. Personally, I felt marvelous after the first few treatments.

**THE VILLAGE**

Abano Terme is a flat, rather spread out village, set at the foot of the Euganean Hills, a volcanic mountain range that produced the hot mud flats and the thermal springs. There are an enormous number of very modern hotels interspersed with small parks and a great many boutiques. Best buys are leather in any size from wallets to luggage, jewelry, and ceramics. A strange aspect of the village is that the roads seem to lead nowhere. Once out of the village proper, you peter out into a dull countryside, which cuts down time spent on immigration and customs. Don't leave home without these essentials in your suitcase:

1. A good pair of walking shoes.
2. Several bathing suits.
3. A shower cap (for the mud treatment).
4. A nail brush (to brush the mud out of your nails).

**EXCURSIONS**

On days with no treatment, there are marvelous excursions to take. Buses leave every half hour for Padua, 25 minutes away, with its cathedral, Giotto frescoes in the Scrovegni Chapel, Donatello's famous equestrian statue in the piazza, and an outdoor market on Wednesdays. One and a half hours away is Venice. To not be missed: Vicenza, with its treasures of Palladian architecture. (Check to see when these places are open.)

**GETTING THERE AND BACK**

TWA's nonstop #747 service from New York to Milan runs daily this summer. When I went, everything was arranged for first-class comfort from the latest newspapers and first-run movies, to a dinner of broiled chicken, a crisp fresh salad, cheeses, and fruits all on pretty china. Coming home TWA comes into its own arrival building at Kennedy, which cuts down time spent on immigration and customs. Don't leave home without these essentials in your suitcase:

1. A good pair of walking shoes.
2. Several bathing suits.
3. A shower cap (for the mud treatment).
4. A nail brush (to brush the mud out of your nails).

**ADDITIONAL SPA INFORMATION**

In the summer when all the hotels in Abano are open, one of the best is the Orologio. In Ischia, the deluxe hotel is the Regina Isabella Hotel, which is on the water. In addition to the treatments, one can sail, fish, go scuba diving and water skiing, plus play tennis. TWA flies New York to Rome overnight with a connecting Alitalia flight to Naples the next day where a hydrafoil takes you to the island. To find out more about spas in Europe, contact a national tourist office near you. Or buy one of several books that include sections on European as well as American spas. Among them: Emily Wilkins Secrets from the Super Spas and Robert and Raye Yaller's The Health Spas.

New look in grand hotels continued from page 70

South Carolina. It's a lot of great vacations.

Whatever kind of vacation you're looking for, you'll find it in South Carolina. And to help you plan your vacation, we'll send you the new South Carolina Trip Kit—free! It'll tell you about things to do and places to stay. And there are maps to show you how to get there once you get here.

Wherever you go in South Carolina, you'll find a lot of great vacations. Just clip the coupon to find out how they can all be yours.

FREE SOUTH CAROLINA TRIP KIT

Name _____________________________________________

Address __________________________________________

City ______________________ State __________ Zip ______

South Carolina Division of Tourism, Room 443, Box 78, Columbia, S.C. 29202

House & Garden

Announcing new Winston Light 100’s.

Extra length. Low tar. Real Winston taste.

14 mg. “tar”, 1.0 mg. nicotine av. per cigarette by FTC method.
The Cape of Queche offers peaceful walks and breathtaking scenery at every turn.
Come to Canada. Enjoy your favourite activities in the midst of beautiful, unspoiled scenery. Try the sports in, and beside, wide stretches of sparkling clear water. Become a part of our inviting cities. Or walk quietly along one of the many striking beaches of the eastern sea-shore. You'll find lots to do, as well as lots of lovely ways to do nothing at all.

Come for a weekend or come for a month. Come whichever way suits you best—by road, air or rail. It's easy to make your own arrangements. Whatever kind of vacation you want, at whatever price, you'll get more than your moneysworth in new experiences and great good times.

Come to Canada. Talk to a travel agent soon. Then come on! There's so much to go for.
To plan better vacations, here are some booklets that give you information about where to go and how to get there. Just fill out the coupon below and return it.


2. "TWA Getaway Europe," book-size and offering 82 vacation ideas, some group rates without the group, other tours are escorted. Packages range from $402-$1948. Reads like an encyclopedia of vacation ideas.


4. "The Ritz-Carlton Chicago," everything the hotel has to offer from restaurants to swimming and shopping.

5. "The Bonaventure Hotel" in Montreal. How to spend a weekend swimming, relaxing, for a special rate.

6. United Nations Plaza Hotel, "Weekend Catalogue," a mini-vacation for an attractive price that combines the comforts of the hotel with Big Apple attractions.

7. "Hotel Meridien Montreal," in the Desjardins shopping complex. The Place des Arts theater center is across the street.

8. "Omni International Hotel" in Atlanta. Has a skating rink only steps from the lobby area, plus movies, shopping, restaurants.

9. "Yes, Canada!" A big, color brochure from Air Canada that breaks the country down according to region and tells what to see and do there: powder skiing in the Rockies, swimming in Lake Louise, city scouting in Montreal and Quebec City.

10. "Canada." The Canadian Government Office of Tourism puts out a three-booklet kit that covers essentials: a road map of Eastern Canada; a vital-statistic brochure with a picture map of what to do with a family, where to stay. Illustrated highway map shows famous houses at a glance.

11. "South Carolina Trip Kit." A fistful of pamphlets covers many attractions: golf, beach resorts, old cities and towns, plus calendar of events and a road map.


14. "New Elegance in Old New Orleans." In the French Quarter, the elegant St. Louis Hotel, a small hotel—old-fashioned in ambiance, up-to-the-minute in service—built around a small garden courtyard, where you can have dinner outdoors.

15. "In New Orleans/The Monteleone Hotel." In the French Quarter, a hotel with conveniences like cribs, king size beds, a pool and putting green on the roof.


18. "Ireland, Personally Yours." A big book that answers questions: What are the charter flights to Ireland, what old houses are open to the public and when, what to do with a family, where to stay.


Circle the number of each booklet you want. Add 50¢ for postage and handling. Do not send stamps. Allow up to four weeks for delivery. Mail to: HOUSE & GARDEN, Dept. 5B, Box 3579, Grand Central Station, New York, N.Y. 10017.

Offer expires 8/15/77
AT CLUB MEDITERRANEE, IN ADDITION TO LEAVING YOUR TROUBLES HOME, LEAVE YOUR MONEY HOME.

After you pay for your room and board at any of the 70 Club Meditarranean villages all over the world, virtually everything else is free. Except for drinks at the bar. (And even there, no tipping is allowed.)

Call your travel agent or fill in this coupon for more information.

Mail to: Club Med, Inc., P.O. Box 233, West Hempstead, NY 11552.

Please send me more information on Club Med Vacations at villages around the world.

Name ____________________________
Address __________________________
City ______ State ______ Zip ______

Club Meditarranean Villages: Tahiti, Hawaii, Mexico and the French West Indies.

May, 1977
Miniature roses

Exquisite small flowering plants to fill your house with color and fragrance

Two keys to bountiful blossoms

In order to grow well and bloom, miniature roses need a good source of light and moisture. For windowsill gardening, this means a minimum of 5 hours of sunlight a day in the summer. North- and east-facing windows simply will not do. But don't despair if your windows lack in sunlight; miniature roses also thrive under artificial light. Fill a deep tray with an inch or two of aquarium gravel or similarly sized marble chips. Add water so the water level barely touches the very bottom of the pots. Let the evaporate slowly; when most of it is gone, add more to the same level. The evaporation will surround the roses in a mini-cloud of moisture, compensating for the dryness usually found in today's homes. A dry rose is a dead rose.

But a humid atmosphere is one thing, misting is another. Most house plants should be misted; not roses. Watering a rosebush encourages fungus.

The red menace

Spider mites and roses are a classic example of the old adage "A good offense is the best defense." The mites arrive when the temperature is too high in relation to the humidity. If you make sure that the air around your plants is moisture-laden then the mites will go elsewhere.

Miniatures by mail

Although miniature rose growing is rising in popularity, it is often difficult to purchase plants locally, unless you are close to a grower specializing in these plants. There are, however, a number of old-line growers that mail miniature rose plants nationwide. For free catalogues, write:

- Star Roses/Conard-Pyle
  West Grove, Pa. 19390
- Mini-Roses
  Station A, Box 4255
  Dallas, Tex. 75208
- Nor'East Miniature Roses
  38 Hammond Street
  Rowley, Mass. 01969
- Pixie Treasures
  4121 Prospect
  Yorba Linda, Calif. 92686
- Sequoia Nursery
  2519 East Noble
  Visalia, Calif. 93277
- Mini-Roses
  4121 Prospect
  Yorba Linda, Calif. 92686

Mail-order roses will arrive barefoot. Before you unpack them, fill a bowl with cool water and mix in a little soil to make soup. You can use plain water, but the mud slurry coats the roots, helping the plants settle in more comfortably and reducing the shock of their being transported.

Unpack the plants and put them in the bowl so the water level is even with the top of the roots. Soak anywhere from 2 to 6 hours before planting in a mixture of two parts potting soil, two parts peat moss, and one part sharp sand. Use a clay pot, not a plastic one; the evaporation through the porous clay sides will help keep the rose roots cool, just the way they like it. Now dunk the whole pot in water until the soil is soaked. Let drain, then place the rose in its new home.

(Continued on page 236)
Some houses were never meant to be painted.

Sun, rain and harsh climates can quickly destroy the natural beauty of wood. Exposed siding needs protection. That's why more architects specify Olympic than any other stain. All Olympic Stain semi-transparent and solid colors offer beautiful lasting protection against cracking, peeling and blistering. In any kind of climate.

If you like the beauty of natural wood, you'll love Olympic Stain.

For more information write us. Or consult your Yellow Pages for the Olympic dealer nearest you: Olympic, Dept C, 1148 N.W. Leary Way, Seattle, WA 98107 (206) 789-1000.
Trouble can't hide from this new Duster


**HANG MOTHBALLS ON YOUR PEACH TREE**

We carefully sprayed our peach against leaf curl, and still the leaves curled. “Pick off the affected leaves,” said an Old Wife, “and hang a few mothballs about on the tree.” No more leaf curl that year. Finding ordinary mothballs at one time hard to get, we tried Mothax rings; they proved equally effective and much easier to hang. To guard against a reputation for eccentricity, the reason for decorating a peach tree like a Christmas tree with white balls or pretty mauve rings should be explained to visitors.

**NEVER SPRAY AGAINST GREENFLY**

A single clove of garlic planted beside each rose is guaranteed to keep greenfly (aphids) from the plant. Whatever it is that the rose takes up from the garlic does not affect its own scent, and so as long as the garlic is not allowed to flower, there will be no odor of garlic in the garden. All members of the onion family, including chives, are partially effective, but garlic is the only completely efficient answer, the systemic insecticide to end all others.

**MOLES**

Gerard, the 16th-century herbalist, advises the placing of garlic in the mouth of a mole’s run, “and you shall see him run out, astonied.” We did, and we waited, and we didn’t. Perhaps we did not wait long enough. But if molehills you have, use the beautifully crumbled soil, mixed with sand, for potting.

**CATS**

An Old Wife, troubled with neighbors’ cats that rolled on her catmint and lay sunning themselves on her favorite alpines, discovered a cure: Lay a length of the inner tube of a bicycle tire on the lawn, and the cats will think it a snake and give the garden a wide berth.

Continued on page 82
Your groceries: 10% off. From Hefty.

How's that for a Hefty hunk of savings? Hefty will mail you a cash refund check totaling 10% of your next grocery bill (maximum refund $3.00 for a cash-register tape indicating a total purchase of $30.00 or more).

Details are available at your local grocer. Basically, this is all you have to do:
1) Buy any six (6) packages of Hefty Bags.
2) Save one (1) grocery store cash register tape and cut out the six (6) Purchase Proof Seals from the backs of the Hefty packages.
3) Then go to your grocer for full details on the mail-in offer.

It's that simple — 10% off your next grocery bill from Hefty, makers of the right size bag for every use.

And here are 2 coupons to get you started.

**15c**
**15c OFF**
**15c**

**STORE COUPON**

**15c OFF**
GOOD ON ANY PACKAGE OF HEFTY TRASH BAGS.

**Mr. Retailer:** This coupon is redeemable for 15c off the purchase price of any package(s) of Hefty Trash Bags. It is redeemable only at retail stores. It is not redeemable for cash. Void where prohibited, taxed or restricted by law. Cash value 1/20c. Good only in the U.S.A. Coupon expires 11/30/77.

**8c**
**8c OFF**
GOOD ON HEFTY LARGE WASTE BAGS.

**Mr. Retailer:** This coupon is redeemable for 8c off the purchase price of any package(s) of Hefty Large Waste Bags. It is redeemable only at retail stores. It is not redeemable for cash. Void where prohibited, taxed or restricted by law. Cash value 1/20c. Good only in the U.S.A. Coupon expires 11/30/77.

Mobil Chemical Company
Division of Mobil Oil Corporation
Consumer Department Macedon, N.Y. 14502
©Mobil Oil Corporation, 1977
IMPORTANT FACTS for home vegetable growers.

University tests proved MIRACLE-GRO produced greater yields of tomatoes and other vegetables compared to best known "timed release" plant food as well as other popular types of fertilizers. Tests conducted in good soils and poor soils.

MIRACLE-GRO works where other types fail.

At leading University, in soils of very low fertility—plants fed the MIRACLE-GRO way produced good tomatoes while most of the plants fed with other types of fertilizers (including best known "Timed Release" type) failed to survive!

Use MIRACLE-GRO as directed. Saves money.

Why MIRACLE-GRO is called—"MIRACLE VEGETABLE FOOD"

MIRACLE-GRO provides 7 vital growth elements in fast-acting "liquid form"—feeds plants through roots and leaves. University tests prove MIRACLE-GRO enters plant's "bloodstream" in 30 seconds. Starts working fast. EASY—apply anytime. SAFE—will not "burn" used as directed. Saves money.

YIELDS TONS more!

Tomato farmers say 20 tons per acre is excellent. MIRACLE-GRO scored 30 tons per acre!

8 oz. $129

MIRACLE-GRO works on vegetables. Spark vigorous growth.

Compared with other popular types of plant foods*

PROVED! MORE VEGETABLES! MORE FLOWERS!

Why MIRACLE-GRO is called—"MIRACLE VEGETABLE FOOD"

MIRACLE-GRO provides 7 vital growth elements in fast-acting "liquid form"—feeds plants through roots and leaves. University tests prove MIRACLE-GRO enters plant's "bloodstream" in 30 seconds. Starts working fast. EASY—apply anytime. SAFE—will not "burn" used as directed. Saves money.

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Tomato farmers say 20 tons per acre is excellent. MIRACLE-GRO scored 30 tons per acre!

8 oz. $129

INSTANT ACTION! MIRACLE-GRO PROVED! MORE VEGETABLES! MORE FLOWERS!

Be careful with fire:

There are babes in the woods.

And those baby animals and trees need a place where they can grow up strong and healthy.

The forest is their home.

When you come to visit, please don't burn it down.

FOLIAGE PLANT SEEDS

New selection of seeds from tropical Hawaii. Write today for your free catalog. Includes many flowers and shrub seeds. Dow Seeds Hawaii Ltd.

Dept. HG, Box 30144, Honolulu, Hawaii, 96820.

Water Visions

Water Lilies * Lotus

Fountains

RIO VISTA Water Gardens

80 N. East Ave. - Island, Ca. 91746 - 714 822-2425

Continued on page 84
Discover the greatest lawn-care tools since the lawn mower.

WEED EATER has re-revolutionized lawn-care with seven trimmers that cut grass with specially-treated fishing line. They're quicker, safer and easier than metal blades. And with every WEED EATER model, you cut hard-to-reach places without bending or stooping.

Priced from just $29.95 (manufacturer's suggested retail), the WEED EATER family of trimmers edge, trim, sweep, mow and scalp lawns of all sizes. See this display at your nearby dealer and choose the WEED EATER model right for you.

SEE YOUR YELLOW PAGES
OR CALL THIS TOLL-FREE NUMBER

1-800-447-4700
(IN ILLINOIS CALL 1-800-322-4400)

The WEED EATER Family can cut it.
Everyone loves Florence of the Floppy Ears, when she stays in her backyard. But how about when she’s tearing neighborhood tulip beds apart? That starts the neighbors complaining about Florence. And Florence’s owners have complaints of their own, like the 6th grade short-cutting through their backyard. On the other hand, Anchor Fence has been improving neighborhood relations since 1892... while it's been protecting children, pets and property. Anchor's self-closing, self-latching gate keeps small children and pets safe and secure (not to mention the tulip bulbs).

This fence puts in a good appearance while it protects; with a handsome green vinyl coating that blends into the landscape. And Anchor is as tough as it is good-looking.

Call your nearest Anchor representative today. Remember, with the trouble stopper, tulips stay in bed... where they belong.

Good-sense gardening continued from page 82

way seemed of no interest to animals, grounds in filters were always carefully extracted and the paper cleaned out scattered far and wide. We blamed the foxes on general principle. We had the impression that they said to each other: “I let’s go up to the farm for a chicken dinner and then down to the Boland for coffee.”

NETTLES WITHIN REASON

Nettles can hardly be allowed to ram page all over the garden, but in fact they stimulate the growth of all plants in their neighborhood while actually growing, as well as being the best thing in the world to hasten the decomposing of a compost heap while providing it with rich ingredients. In the kitchen garden it is advised to grow controlled clumps of them, particularly between currant bushes, which will thereby fruit better and be more resistant to disease; and nothing is better when taking in a new area for any soft fruit than to use an old nettle-bed that has enriched its own soil for many years with its own compost. It is a great relief to the over worked gardener, when someone spots a nettle that in fact is not meant to be there, to be able to say, in local dialect: “Ee, now, dinna thee move thon, thon be excreting nitrogen, silica, iron, protein, phosphates, formic acid and other mineral salts, thon be.”

DOCTOR FOXGLOVE

Where old cottage gardens still survive plants that over many years have been found to grow well together will be seen still doing so in what to the suburban trained eye will seem a terrible muddle. When carriage lamps appear on either side of the cottage door and one of those gardens fit for the ideal home is laid out among the first things to go on the bonfire (not even the compost heap) are the ordinary old purple foxgloves with which the whole place will have been dotted. Yet the cottager’s wife could have told the newcomers there is nothing to stimulate growth and help disease resistance like the common foxglove. Apart from keeping plants healthier they will improve the storage qualities of such things as potatoes, tomatoes and apples grown near them.

BANANA SKINS

Laid just below the surface of the soil banana skins have long been said to be very good for roses, and scientists now approve the practice, having found that they are able to provide, as they re-quickly, a considerable quantity of calcium, magnesium, sulphur, phosphates, sodium, and silica.

TEA LEAVES

Old Wives, when they have finished telling fortunes, save their tea leaves to put as a mulch on camellias, which benefit particularly from them.
The dandelion is one of nature's prettiest villains. It's not only good to eat, there was a time when people took it as medicine. But here in Marysville, Ohio where we have our main grass research farms, it's just another weed.

In fact, it's a bully. It pushes the good grass out of the way and takes the food in the soil for itself. This is one weed that doesn't die every year. It's a tough perennial with roots that go down as far as two feet.

And that pretty yellow blossom turns into a white puffball full of seeds that the wind carries all over your lawn.

You can't stop dandelions from coming in, the way you can with crabgrass. You have to get this pest to get rid of it. But it's easy to lick.

**We'll get these dandelions out of your lawn and that's a promise.**

And don't make it hard on yourself by trying to dig it out. Leave one bit of that root and back she'll come.

But just spend 30 minutes with your spreader and our Turf Builder® Plus 2®. Your dandelion population (and a lot of other actively growing weeds) will be on the way out in a matter of days. That's our promise.

And the Turf Builder in this is our own slow-release fertilizer. It will also feed your lawn for up to two months.

In fact, if you spend 30 minutes with our straight Turf Builder every couple of months — your grass will be so thick there just won't be much room for weeds. Good thick turf helps crowd weeds out. That's just survival of the fittest.

We sell Turf Builder Plus 2 with the plainest guarantee we can think of. "If for any reason you are not satisfied with results after using this product, you are entitled to get your money back. Simply send us evidence of purchase and we will mail you a refund check promptly."

You might also like to get our quarterly, Lawn Care®. It's free and it's filled with good things to know about grass.

Just write us here in Marysville, Ohio 43040. You don't need a street address. We've been here for over 100 years.
Many-sided splendors continued from page 60

Lower Woodville Road, is part of the National Trust and open daily the year round. It's important for many reasons.

Not only is it an octagon, but it is one of the largest domestic octagons ever built, a mammoth 3-story brick extravaganza surmounted by an onion-domed cupola. It is also finely decorated with delicate woodwork designed in the Islamic style by Samuel Sloan.

Unlike the conventional rectangular rooms in most octagonal houses derived from Fowler's book, the rooms at Longwood are elongated parallelograms with rounded corners. And unlike the mostly middle-class builders of Fowler octagons, Dr. Nutt could afford incredibly lavish interiors, many of which have been restored. In almost all ways, then, Longwood represents the zenith of the octagon fad: the largest, the fanciest, and the most exotic.

Longwood was hardly the last polygonal building, however. In 1897, David Galbraith opened the Hexagon House in Mineral Wells, Tex. Outside Fort Worth, he built his own hotel, with 12 sides, 4 stories, and rooms in the shape of irregular hexagons. An open well in the center contains a spiraling staircase under a duodecagon cupola, and the whole thing is worked with Stick-Style decoration.

Hexagon House lacks the architectural finesse of Poplar Forest or Longwood, but it remains one of very few buildings in America with an almost rococo feeling for interior spaces.

In the late Twenties and early Thirties, architects were feeling their way in many directions. R. Buckminster Fuller contributed to the confusion with his Dymaxion House, a hexagonal plan suspended from a central post on cables that could be stacked up to build anything from a 1-floor single-family home to a 10-story apartment building. Architect George Keck chimed in with a 12-sided "House of Tomorrow" for the 1933 Chicago World's Fair. This glass and steel extravaganza, which is no longer standing, went full 3 stories, with the top floor set back so as to form a continuous veranda.

There are still polygonal homes being built in America; a new 10-sided, cedar-shake, single-story house sits not a quarter-mile from me in Grand-View-on-Hudson, N.Y., directly across the river from the Armour-Stiner-Carmer house, ironically enough. And of course, there are hundreds of others, both geodesic domes and conventionally framed buildings. With three centuries of thought-provoking examples of polygonal houses to choose from, it's also a pretty fair bet that we've yet to see the end of The Octagon Fad in America.

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Sure, you can buy a cheaper pair of garden gloves. Then — when that pair wears out, you can buy another pair. And another. Why not start out with top-quality Green Thumb — the gloves that cost a little more, but outwear the cheaper gloves up to 5 to 1? Get Green Thumb — the gloves that look as good as they are — wherever you shop for yard and garden needs.

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Many-sided splendors continued from page 60
As surely as growth and change mark the lives of every household, the standards for comfort and convenience at home are constantly changing too. Clearly, there's always room for improvement in all our homes. And whether we need to add on, style up, reallocate space, or make essential repairs, May — Home Improvement Month — is the perfect time to get started.

Manufacturer members of the National Home Improvement Council are ready now with great selections of quality products to help you develop your individual home makeovers, large and small. Paints, wallcoverings, hardware, tools. Flooring, plaster, ceiling tiles. Cabinets, appliances, fixtures, fans. Glass, bricks, lumber. You'll find them all, and more, in fine home centers in your community. And everywhere you'll find Council contractor members to assure you of expert guidance in your major remodeling projects.

Whatever changes you're considering, begin right here — with this issue of House & Garden. It's full of terrific improvement ideas, plus information about products that will help you have and enjoy all the comforts of home...products you can count on, made by the fine companies listed here.
THE NEW NATURALS™

General Electric introduces colors as fresh as the great outdoors.
Look for the National Home Improvement Council Member in your community. He has pledged himself to observe a Code of Ethics for your protection, and is ready to assist you in making prudent decisions compatible with your income—no matter what kind of home improvement project you have in mind.

Remember, your present home represents a big investment. One that can grow into a valuable asset if you keep your home properly maintained and improved for better living. So look for and do business with members of NHIC where you live.

To help you plan your remodeling work, let us send you a copy of our booklet, “How To Start Your Home Improvement Project With The Help of a Reliable Contractor.”

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TIPS FOR SPRING PAINTERS

By Deanne Raffel

Spring is an excellent time for the interior of your home to receive a much-needed face-lift. Set aside a few days to perform some exciting magic.

Purchase quality paint. The more costly paints usually do a superior job because they are formulated with better materials. Many manufacturers claim that their product will cover with only one coat. But it may not hide the undersurface if the new paint is not going over the identical color. It is safer to plan on two coats.

Watch newspaper advertisements for paint sales—usually in the spring and fall. A legitimate special of a nationally distributed brand of paint is the most economical way to coat surfaces with a superior product. Paint does not spoil as long as it is in a factory-sealed can, so take advantage of a sale, even if you do not contemplate doing the work for a considerable length of time.

If you're an inexperienced painter, try a water-base paint. It is extremely easy to apply, does not leave a strong lingering odor, dries rapidly (within 2 hours), and washes out of equipment with soap and water.

Also, if this will be your painting debut, buy a medium- to high-priced brush (never a cheap one) for cutting into corners and using on woodwork. Plus a roller frame and medium pile roller, a paint pan, and a 5-foot extension pole to attach to the handle of the frame.

To prepare the walls, chip off any loose or bubbled paint. Fill nicks in the woodwork with vinyl spackle. Holes in walls and ceiling, too, need to be patched with spackle and sanded smooth. All mended areas must be primed before the painting begins.

Walls and ceilings should be dusted before any paint is applied. When these surfaces, along with the woodwork, are dirty—covered with grease, handprints, smoke, etc.—they must be washed. This is one of the most important steps in painting preparation. If an area is not clean, paint will not adhere well. In a bathroom, walls, ceiling, and woodwork require scrubbing with a disinfectant such as household bleach in order to kill mildew growth caused by excessive moisture.

The following hints should help make your project a success:

1. Never plan to paint on a cloudy day—pray for good sunlight.
2. Cover the perimeter of the room with newspaper, and then spread a sheet of plastic over both the paper and the floor.
3. Line your paint can with aluminum foil before pouring paint into it. When the job is finished, just peel it off.
4. Stand on a sturdy 6-foot ladder when using a brush to cut into the corners.
5. Begin roller strokes 3 feet down from the ceiling, and then roll inward to the corners.
6. Always complete a wall before taking a break—to avoid blotching. Then slip the brush into a plastic bag and use a piece of plastic wrap over the tray. If the plastic sits on the paint, it will prevent a skin from developing.
7. Do not let paint dry on equipment. Wash it out as soon as the job is completed.
8. You want to stay paint-free too. Wear a scarf or hat, long sleeves, and glasses.

Security shutters

Shutters that can be rolled up or down over the outside surface of windows and doors will control light and heat indoors, and also safeguard the house. Mounted outside the house but operated inside by a strap (or electric motor) the plastic slats roll up on a spindle into a valance-like box. The strap raises or lowers the Ever-Strait Rolling Shutter for as much light, sun, and air as you want. Closed, shutter conserves heat or air conditioning, shuts out glare and noise, is a barrier to intruders, and can't be opened from outside. Pease Co., Ever-Strait Div., 7100 Dixie Highway, Fairfield, Ohio 45023.
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Today, more than ever, homeowners like you are looking for air conditioners that conserve energy and operating dollars. Without sacrifice in cooling efficiency or comfort. That's why York offers you two lines of Springtime Machines, which means there's a model for your home, your needs, your budget. Plus, an all-new line of super efficient, computer-controlled Heat Pumps for year-round heating and cooling comfort.

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Derusto Minute Finish Spray has a special rust-inhibitive primer built into every attractive gloss color for one-step rust prevention. Contains no fluorocarbons. Makes rusted lawn furniture, bikes, and mowers look like new. And stay that way.

Derusto Galv-A-Grip™ primes and protects all galvanized metal in one coat. Won’t check, crack or peel like ordinary paints, so it’s ideal for use on gutters and downspouts. Dries in 3 to 4 hours.

Old-time charm with new wall materials

New siding for exterior house walls has the look and texture of traditional boards but is manufactured in forms and sizes that cut labor and materials costs. Weldwood Yorktown, above, a hardboard siding 16 feet long, 8 inches wide, 7/16th-inch thick, is applied directly to wall studs, and primed for paint or stain. The woodgrain pattern and beaded edge simulate the texture and shadow lines of Colonial lap siding. Weldwood Great Divide, right, of fir plywood, comes in 4-foot-wide panels, 8, 9, 10, or 12 feet high. With shiplap edges, the panels have deep grooves, batten-like striations for a board-and-batten effect. Champion Building Products, 1 Landmark Square, Stamford, Conn. 06921.

Solar heat saves $ 

Capturing sun heat to supplement or save fuel expenditure in heating the house, or the household water supply, is the purpose of solar collectors. The “Sun Panel” collects solar heat and converts it to hot-water heat. Usually located on the roof, it has two panes of tempered glass in a frame with a well-insulated back absorber plate. Sun rays pass through the glass (where they are trapped) to heat the black surface of the copper absorber plate. This heat quickly passes into fluid in copper tubes lining the plate, which connect to a heat storage tank in the house. The stored heat is used as needed by the house heating system. Libbey-Owens-Ford Co., 811 Madison Ave., Toledo, Ohio 43695.

A greenhouse in your window

This small greenhouse can be attached to outside wood or metal window frames. Sizes range from 40 to 65 inches wide by 40 to 72 inches high, by 12 to 16 inches deep. Of extruded aluminum with baked-on white or bronze finish, the greenhouse has single or insulated glass walls and a rain-shedding, sloping glass top. Side vents for air, with hinge hardware and cam locks on each vent, are included, as is wire insect screening. Shelves are galvanized steel rods; a humidity pan is at bottom. Assembled, shipped, from $200-$400. Alenco Div., Redman Building Products, Box 3309, Bryan, Tex. 77801.

Continued on page 98
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Translucent roofs over entire rooms are possible with the Kalwall System of fiberglass panels and aluminum box beams. The 2 3/4-inch-thick translucent, sandwich-like roof panels consist of two fiberglass face sheets bonded to aluminum I-beams. They insulate as well as transmit light. To provide sun control, the Kalwall panels can be varied to admit from 3 to 65 percent light. Lightweight, the standard units (1 1/2 pounds per square foot) and box beams are put together as custom-designed skylights (or other structural building elements), and are available in color finishes. Structures Unlimited, Inc., 37 Union St., Manchester, N.H. 03103.
Nobody told us to make it better.

Why aren't we satisfied with merely building a dishwasher that washes dishes and making a comfortable living off selling it?

Because long ago we realized that to survive in this harsh competitive world, an appliance manufacturer, like the corner diner, has to deliver a better hamburger or die.

So we designed our dishwasher to wash dishes, of course. But then we put the silverware and cutlery baskets in the door.

Why? Not because you asked for it, but because we think it’s a convenience that simplifies loading and saves your fingers from occasional nicks and jabs.

We included a super scour cycle should you dare entrust a pot to a dishwasher and expect it to come clean. Because we expect it to.

We designed the top rack to tilt easily so you can put in unusual loads.

We included sound insulation so it runs quietly. And we even installed a switch that lets you save energy by air drying the dishes if you like.

We do all this because we believe everything we make, from dishwashers to washers and dryers, says a lot about us.

And we want it to say only the best.

Whirlpool
Home Appliances

We believe quality can be beautiful.
Save enough in energy to buy a lot of extra luxury with Caradco wood windows.

You can use Caradco windows generously to capture the outside view while conserving energy inside. Enjoy wood's natural warmth—nature's best insulator and energy saver: warm to the touch and pleasing in appearance. Insulating glass cuts heat loss through the glass in half. Vinyl gaskets cradle insulating glass and form leakproof, weathertight seal. Total-perimeter weatherstripping provides weather-tight seal around entire window. And Caradco's unique triple glazing offers even more energy-savings.

Meanwhile, you create the fashionable look you want. Traditional, contemporary, your choice entirely.

Choose from traditionally elegant double-hungs (A), handsome, convenient slider windows (B), efficient, modern casement style (C), or Caradco patio doors (D), for the ultimate in comfortable indoor-outdoor living.

See your nearby Caradco dealer or builder for details.

House fixer continued from page 98

Blackout baffler

This security light goes on automatically if electricity goes off in a power failure. It can also serve as a portable flashlight or a night light. General Electric's Home Sentry, Model 8350, plugs into any electrical outlet to provide 0.5-watt lighting. It has a three-way switch; in the AUTO position, the light is charged and recharged from house current (it needs no batteries)—ready for use if power fails. The ON position is for flashlight use. OFF just for recharging. AC only, 120 volts, Underwriters' Laboratories, Inc. approved. It is about $12.95 at hardware, electric supply, or department stores and home centers.

New light dimmers have vertical slide controls for smooth, quiet operation. Precisely calibrated, they let you dim light intensity gradually with only fingertip pressure. Simple, contemporary-styled face plates come in white, black, brown, beige, or matched to your own color choice. For incandescent or fluorescent lighting control, the switch, below, left, with 2 1/4-by-4 1/2-inch plate, controls 600- to 1,000-watt lighting; the 4 1/2-inch-square, below, right, controls 1,500- to 2,000-watt lighting. Nova by Lutron, Coopersburg, Pa. 18036.

Energy saver air conditioner

This room air conditioner has a built-in timer which turns it on or off automatically. If you are away for the day, you can set the dial to start air cooling at 3 P.M., so the house is comfortable when you return. You can also set the time for it to turn off. The 12,700-BTU model, and four other portable units, include an Electri-Saver Cooling control for more energy saving. It turns off the compressor and fan when a preset temperature is reached. Controls are hidden behind the wood-grain front panel, which slides open. $429.95 suggested retail price through dealers. Frigidaire Div., General Motors, Dayton, Ohio 45442.
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That's the beauty of Masonite.

Nobody is harder on walls than kids. That's why nothing is better on kids' walls than Masonite brand paneling. It's more than beautiful, it's tough. And it wipes clean with a damp cloth.

Look for this Earthwood design paneling and many others at your Masonite dealer. It's a practical way to make a beautiful room for your kids.

Room design by Larry Deutsch, A.S.I.D.
Owners tend to brag a little.

This ad appeared in the real estate section of the Cleveland Sun-Herald on June 3, 1976.

Another example of why we say no one does a better job of selling KitchenAid dishwashers than KitchenAid owners. That's because they know firsthand how good and efficient KitchenAid dishwashers are.

Maybe that's why KitchenAid is the one people who own dishwashers say is the best. And that's a good reason to check out KitchenAid when you're buying a new dishwasher.

Ask your KitchenAid dealer about the Load-As-You-Like KitchenAid Superba, with easy loading and all-around cleaning action. Then ask someone who owns a KitchenAid about theirs. Between the two of them, we think you'll choose a KitchenAid.

Insulation

Making your house snug

By Jim Morgan, AIA

They say next winter's going to be cold, too—so now's the time to decide about insulating.

An architect tells you what to look for.

What's new in insulation is not the techniques nor materials (most have been around for 15 years or more). It's that homeowners are now aware of insulation's value and, after the hazards of this winter, excited to know more about its potential.

Sudden increases in fuel cost in the past two winters have made everyone conscious of the need to reduce fuel consumption. One way is to lower room temperatures; another is to be sure all cracks around doors and windows are tightly sealed; and the third is to install ample amounts of insulation in all roofs, walls, and floors that are exposed to the outdoors.

What is insulation exactly and how does it work in the average American house?

Insulation is simply building material, which has many pockets of trapped air distributed through its thickness. Wood is the ultimate natural insulation—its interlocking microscopic fibers have lots of air around them. But solid wood walls, as in a log cabin, have no economical way to build since the Great Frontier was closed. The insulating materials available and used today—foamed plastics, glass fiber and mineral wool, and a variety of fiberboards—all have a capacity similar to wood, to resist the passage of heat, but at much cheaper cost.

How exactly do the pockets of air resist the passage of heat? The natural movement of heat from warmer to colder surfaces and volumes is related to their difference in temperature. It is a form of pressure. When the indoor and outdoor temperatures are within 20 degrees of each other, the intensity of heat transfer is negligible. But when the difference climbs to 60 or 70 degrees (as when outdoor temperatures drop to 0 degrees Fahrenheit—common all over the country this past winter), heat from inside virtually flies through the walls and roof of uninsulated houses. And, of course, the same transfer takes place in reverse in the summer, when the sun beats down on the roof all day. So insulation works both ways.

In order to move through a wall, heat is conducted through the solid material (such as the inner surface of plaster or gypsum board). It flows easily from molecule to molecule of such materials toward the cold. But when it comes to an air pocket, it must change into radiant heat to cross that space. That slows it down, because less heat can be transferred in a minute, let's say, by radiation than by conduction. When the heat hits the other side of the air pocket, it must turn back into conducted heat. And so on. The more separate air spaces, the better. That's why foamed plastics, polyurethane, and polystyrene work so well. They consist of thousands of self-enclosed air bubbles, each of which the heat must jump across individually.

It is impossible to build a wall which does not eventually lose some heat. And the cost of a superefficient wall may be far greater than will be recovered in savings over a reasonable period of years. In other words, each homeowner should be sure that the basic cost of insulation (probably no more than $1,500 for the average-size house) will result in $150 or more of savings each winter in fuel cost.

Most American houses (even many which appear to be built of brick or stone) have wood-frame construction. That means the walls are essentially hollow—a 3- or 4-inch-wide gap with more than a foot of space between each upright member or stud. The roof and top floor ceiling, likewise, generally have more than a foot of space between the rafters and joists, as horizontal structural members are called. Those spaces are perfect for insulation. A century-old method of building has proved to have an excellent capacity for energy-conservation improvements.

Heat loss varies through the roof, walls, and floor. The roof is the most vulnerable, because warm air rises. The thickest layer of insulation must go there, either in the roof structure, or in the floor of the attic (if there is one). Exterior walls are the next most important, and finally, floors over heated or exposed areas.

A wide variety of insulating materials are available today. Mineral and glass wool products can be had in paperwrapped batts or rolls of material called blankets, each sized to fit tightly between...
Seamless flooring: elegant, wall-to-wall beauty; a durable no-wax, seamless surface that's easier to keep clean. And seamless installations are easier to do yourself. Only Congoleum offers this, in widths that range from 6 to 15 feet. High quality, high fashion, seamless flooring—in a spectacular variety of no-wax colors and patterns.

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Only Congoleum® gives you seamless flooring in rooms as wide as 15 feet. Seamless flooring that looks prettier, cleaner, newer longer.
More home fix-up tips from the pro.

Fill the tub before you caulk. (Get in if you can, too.) Then, when the tub is empty, it'll rise slightly and squeeze the caulk. Even a good flexible caulk (like Red Devil's) will help enough paint on the wall or will help the paint roll. Bag your paintbrush. Don't throw away the plastic cover when you buy a new paintbrush. It'll keep the brush dust-free and in perfect shape between uses. Red Devil brushes come with re-sealable plastic covers when you aren't using them.

A putty knife is not a scraper. And vice versa. Putty knives (for spackling walls and puttying windows) have flexible blades to smooth on the material. Scraper blades are stiff to keep the edge against the coating being removed. To do these jobs right, you need both tools (both from Red Devil, of course).

Caulk is caulk? Wrong! Latex or acrylic latex caulk provide excellent durability (especially when painted) and easy clean-up for most uses, but you'll need butyl caulk for the water resistance required at or below ground level. Different caulks for different jobs, that's why Red Devil offers different kinds.

Bargain paint rollers can cost you more. Those cheap one-piece roller and cover combinations often don't put enough paint on the wall or put it on unevenly. You'll have to buy more paint to apply an extra coat. Better roller covers (like Red Devil's) will help you get the most mileage out of your paint.

Red Devil has hundreds of things to make your home fix-up easier. Look for them wherever you shop for home-care products. And for best results, always follow directions on the package.

Insulation

continued from page 102

...studs or rafters. Glass wool and mineral wool can also be blown into attic floor spaces. Foamed plastics can be purchased in boards. In some localities, insulating contractors will foam polyurethane into empty wall spaces. That means making a small hole in the gypsyp board between the studs in the room-side of an exterior wall; otherwise either the inside or outside surface of a wall must be removed to insert the insulation. (Foam urethane must be covered with a fire-resistant barrier). A wide range of rigid fiberboard, which is primarily wood waste or paper pressed into 4-by-8-foot sheets, can be found at any lumberyard or home-improvement center.

The most important factor is the total thickness of the insulation. It can be a collection of three or four different types of material since the roof decking, the sheathing and siding on the walls, and the flooring all add insulating value that should be counted in. Manufacturers have standardized on the "R" (for resistance to heat transfer) rating, which varies for roof, wall, or floor applications. Standards of thickness have been raised appreciably since the energy crisis, and it is important that you buy thick enough material to meet those recommended for your climate. In most cases, that means a total of 8 inches or more in the roof (R=30), 4 to 5 inches in the walls (R=20), and a minimum of 3 inches in exposed floors (R=8).

Each type of material has installation advantages that make it preferable for certain situations. Blown-in insulation is excellent for attics of existing houses but not so good in walls (tends to settle). Batts are best for walls that have no interior finish or whose interior surfaces are being replaced. Foamed plastic boards are ideal for applying on the outside of walls or roofs with a new weather surface placed over them. It is not difficult to figure out what is best for your circumstance by figuring out the easiest way of applying it. Insulating materials themselves are not expensive. The labor to install them can be, however, if common-sense building procedures are not followed.

Once insulation is installed (or in houses already insulated), there are two or three other considerations to keep in mind. Except for the foamed plastics, which do not absorb water, insulation must be kept dry. Wet insulation cannot resist heat transfer. That means weather-exposed surfaces must be watertight. If possible, air should circulate around the batts or blankets, but a vapor barrier on the room-side of the exterior wall may be necessary to keep household moisture from getting to the insulation.

Another important consideration—make sure that windows and doors have...
We're Champion Building Products. And we want you to know more about paneling. Whether it's our own famous Weldwood paneling—or anybody else's for that matter.

We want you to know how important it is to pick the right panel for the right room and decor. (Notice how the hardwood beauty of our Charter Pecan paneling works with the lighting, artwork and accessories to achieve something unique in this picture.)

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Presenting Tiara® Ceilings by Celotex. Because ceilings should be at least

"Darling, have you ever seen a ceiling this magnificent?"

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"No, her decorator designed it especially for her."
as beautiful as walls and floors.

When you decorate a room, you probably think a lot about what to do with the walls and floor, and think very little about the ceiling. Yet the right ceiling can do wonders.

So Celotex introduces new Tiara ceilings with dramatic patterns and textures that satisfy the eye and complete the room. Eight different, embossed ceilings, each with monolithic good looks, each simple and inexpensive to install. (Dominion pattern shown here.)

After all, if you want people to notice your ceilings, you have to give them something worth noticing. Tiara, the crowning touch in room decor.

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Your neighborhood Sentry Hardware dealer will be glad to help you select tools and materials to repair and improve your home... beautify your lawn and yard... plant a vegetable or flower garden... handle hundreds of do-it-yourself jobs. One of 4,500 in the U.S., he's listed under "Hardware."

YARD GARD WELDED FENCE
36 inches high. 50 feet long. Double vinyl coated. Rustproof. Won't chip or peel. No rough edges. Use it to enclose yard, garden, swimming pool, etc.

$18.99

Vinyl Folding Fence

Gothic design. 18 inches high. 8 feet long. Adds to attractiveness of flower beds. Marks driveways, lawn edges. Easy to remove for cutting grass.

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And now is the best time to insulate. Because the price of insulating materials remains constant, it is in the early spring, before contractors get started on larger projects and are looking for work, that labor costs for installation will be lowest, and therefore the overall cost the least. Autumn and winter are not good times—that's when insulation installers are usually busiest.

When you approach insulating contractors, be sure to inquire about all the techniques described here, asking estimates for each. Talk to more than one contractor. Sometimes a contractor specializing in one method or one brand of insulation will fail to mention another, which in your case would be as good and less expensive. Ask at lumberyards for names of installers; then ask the installers for names of prior customers whose experience in fuel consumption can be checked before and after insulating.

And, of course, insulating and weatherproofing are perfect do-it-yourself projects. They can be done in easy stages, and little experience or technical knowledge is necessary to install them.
Hot Coffee Chicken à la Jenn-Air! Basted with a molasses 'n coffee barbecue sauce, it's open-spit roasted without smoking up your kitchen.

It's chicken with a man-sized taste, spicy, smoky, with a rich coffee flavor. And it's cooked juicy as a plum on the Jenn-Air rangetop spit roaster, one of five different Jenn-Air Cooktop Convertible units that let you spit roast, grill, griddle, shish-kebab, and deep fry all on top of the range without smoking up your kitchen.

To make Hot Coffee Chicken, combine 1/2 cup strong black coffee, 1/2 cup catsup, 1/4 cup of Worcestershire sauce, 4 Tbs. butter, 4 Tbs. molasses, 2 Tbs. lemon juice, 1/2 tsp. salt, and 1/4 tsp. cayenne pepper, and simmer for 30 minutes. Use this sauce to baste the chicken turning lazily on its spit. Don't worry about drops. Smoke, spatters and odors are whisked away to outdoors by Jenn-Air's rangetop ventilator located just inches from the meat.

Jenn-Air brings you other ways to cook, too, with the Jenn-Air convected Power Oven that lets you roast or broil in the normal way, or just by flicking a switch, lets you cook foods in a stream of power-driven air at up to 50° cooler temperatures in up to one-third less time. For the Jenn-Air dealer nearest you, see the Yellow Pages, call toll free 800-428-1825, or write Jenn-Air Corporation, 3035 Shadeland Avenue, Indianapolis, Indiana 46226.
Finding and working with a contractor

By Michael deCourcy Hinds

Before you start on a remodeling, here’s some basic advice on selecting a contractor, writing a contract, choosing materials.


Stop! You’re on the wrong track. The Yellow Pages are good for finding phone numbers, but when it comes to choosing a contractor to remodel your home, you can’t let your fingers do the walking. Blitz might be quick, Accurate might be neat, but one of the others might, as Groucho Marx used to say, turn your home into the place where you hang your head.

Well then, how do you find a contractor who will redo the bathroom or build that new kitchen you can’t wait to cook in? It’s a straightforward remodeling or add-on: you know exactly what you want done, and don’t feel you need an architect or a designer this time. What you need is a competent, reasonable contractor.

A prime source of information is the National Home Improvement Council, 11 East 44th Street, New York, N.Y. 10017: home-building contractors make up much of its membership. And if anyone knows how to select a contractor, an architect should. George Lewis, executive director of the American Institute of Architects in New York, said that when he needs a contractor in an unfamiliar area, he asks local architects for recommendations. But would this information be available to nonarchitects? “I should think most architects would be very glad to supply a list of competent contractors,” he said. “The architect might even help solve a small design problem—architects are very accessible, and they won’t charge you a fee. They’re very knowledgeable about materials and workmanship and can even help solve a small design problem.”

“Get everything in writing. While compiling a list of recommended and reliable contractors, you should also be preparing a complete description of your project. The same sources who recommended contractors can help you assemble the following information, which will be included in the final contract:

1. Draw rough floor plans and sketch details of walls and ceilings for exact placement of electrical outlets, switches, lights, shelves, closets, counters, sinks, tubs, doors, windows, and any other additions. Include measurements or approximations.

2. Specify brand names, manufacturers’ model numbers, and color codes for all appliances and fixtures. This way, you’ll find out what equipment is or is not available and how much it costs.

3. List brand names and grades, when

Continued on page 113

House & Garden
New PPG Solarcool glass for homes is a beautiful way to cut air conditioning costs.

Until now, PPG Solarcool Bronze reflective glass was used mainly for commercial buildings and institutions. Now, it's available in ¾-inch thickness, which makes it practical for homes, too.

In this model home nestled in the foothills above Anaheim, California, PPG Solarcool reflective glass looks perfectly stunning. But it has a practical side, too—the inside. Compared to clear glass, PPG Solarcool Bronze reflective glass delivers a 15- to 18-percent energy saving in air conditioning in this house—by reducing heat gain from the brilliant Southern California sunshine. (Data based on PPG computer energy analysis of this actual model. In other locations, savings could be even greater.)

In the daytime, the subtle, mirrored facade of Solarcool sharply reduces visibility from the outside. When you're inside, you can enjoy comparative privacy. At the same time, it's a lot nicer to look out at all the sunlit flowers because the glare is cut down. And ultraviolet light, a major cause of interior fading, is greatly reduced.

Your builder or remodeler will appreciate the fact that it's in ¾-inch thickness—standard for residences. It's practical for them to work with because it can be cut, fitted and fabricated into insulating units right in your own area.

Why not get the advantages of PPG residential Solarcool reflective glass. Write for our free 8-page color brochure. Or ask your PPG distributor or dealer for all the money-saving details.

PPG Industries, Inc., One Gateway Center, Pittsburgh, Pa. 15222.

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Because the inside cabinet framework stays intact, an average Cabinetpak installation takes only about three days. There's no messy plaster cleanup. And kitchen flooring doesn't have to be patched.

You save time, inconvenience...and 50% of the cost of new cabinets!

Inspect the striking Cabinetpak designs in your dealer's showroom. Or phone, without obligation on your part, and your Cabinetpak® dealer will show you rich wood-grain designs and smart decorator solid colors—right in your own home. Because these surfaces are FORMICA® brand decorative laminate, they resist chipping, staining, scratching and peeling—keep their elegant beauty through years of family use.

Contact your nearest Cabinetpak dealer. He's listed on the opposite page!
Working with a contractor continued from page 110

applicable, for all building materials such as paint, wood finishes, wood flooring, windows, doors, roofing, siding, paneling, and plumbing.

4. Specify all details you can name, especially those most dear to you. Is it mitered corners on cabinets or a 4-inch step between kitchen and patio?

These preliminaries will help organize your ideas, clarify design and cost, and, best of all, help eliminate misunderstandings with the contractor. Unless plans are carefully specified, contractors follow their own instincts in construction.

And, too often, a contractor's idea of a clothes closet is the homeowner's idea of a broom closet—or vice versa. Before estimating dimensions, take sample measurements of other closets, shelves, counters, or whatever it is you're considering.

How to educate yourself

Don't worry if you don't know the difference between a BX cable and a PCV pipe—you'll learn quickly. Familiarize yourself with building materials and equipment in catalogues, and at home centers and lumberyards. While you go about picking contractors off your grapevine, get advice about types of wood for flooring, pipes for plumbing, how much and what kind of insulation you ought to use in your house. Another invaluable source of information is the local building department: its inspectors can supply you with the exact legal specifications for any project. To help interpret all this information, pick up one of the innumerable home-improvement manuals, such as the Reader's Digest's Complete Guide to Home Improvements—it's well-illustrated and refreshingly lucid.

The ultimate way to develop your project description is by questioning each contractor who comes to make estimates. Have him outline every step of construction and list all material necessary for the job.

While contractors are wandering through your house, take advantage of their expert opinions. A good contractor is to your house what Roget's Thesaurus is to writing—a treasure of alternative suggestions. Ask the contractor what he would do, whether your problem involves light, space, decoration, or structure. Perhaps he'll have a novel or structure. Perhaps he'll have a novel.

Continued on page 116
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With Caloric Automatic Pilotless Gas Ranges.

Automatic pilotless ignition is the new Caloric feature that eliminates gas pilot lights and saves gas—30 percent, and more. Now it's available on 16 ranges in the Caloric line, both single and double oven models—including those with Self-Cleaning ovens, Continuous Cleaning* ovens, lo-broilers and waist-high broilers. All have automatically timed oven controls that let you set the times the oven starts and stops cooking. Plus many available features to save you work, make cooking easier. Conserve gas with a Caloric Automatic Pilotless Ignition Range—the gas range that's only "on" when you need it.

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Juliet Prowse on Mannington floors

So easy to find something you like. All those lively, lovely colors.
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Writing the contract

If the cost of the project warrants it, hire a lawyer to write the contract. If your own lawyer isn't conversant with contractors and construction, he'll be able to suggest a lawyer who is. Never, however, use the contractor's lawyer, no matter how reasonable it may seem... it's simply a conflict of interest.

With or without a lawyer, the contract must include the entire project description with materials and plans, and the following six items:

1. Names and license numbers of all subcontractors, and the homeowner's right to have them substituted should their workmanship be poor.
2. A specific completion date, followed by the phrase "time of the essence" (i.e., June 10, 1978, time of the essence). "In court," said Long Island attorney Peter Feilbogen, "that phrase means the completion date is more than a joke." If the contractor balks at one date, compromise—if you wish—on a more distant date. "As soon as possible," however, means nothing. A specific date, no matter how distant, will at least allow the homeowner to minimize lost time without being liable for breaking the contract.
3. Include the phrase "workmanship must be the best known to the trade." Though ambiguous, the statement has some legal significance in a contract.
4. Include a guaranteed maximum price for the completed job, and a schedule of payments. For small projects, the total price is typically broken into thirds: one-third as a down payment after signing the contract; one-third when the work is substantially in progress; and the final...
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It's more than a roof over your head.

Just about any roof will keep the rain out. But, if you're looking for something that will add to the appearance and value of your home, take a look at Roofscape by Bird.

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Our heavy-weight Architect® 70 shingles are made with two laminated layers of premium asphalt that can't rot, curl, or burn like wood. They'll protect your home and retain their beauty for years to come.

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House & Garden—May 1977

Name__________________________________________
Address________________________________________
City_________________County_________________
State_________Zip___________
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Please include facts on □ Solid vinyl siding  □ Solid vinyl gutters  □ Ornamental plastic shutters.
These kids threw a "stain party" treating Tru-Test E-Z Kare latex flat enamel to their messiest materials: motor oil, chocolate bar, blueberry preserves, ketchup, peanut butter and mud. You see the results below.

"Tru-Test E-Z Kare gives walls and woodwork the soft, luxury look of latex with the scrubbability of enamel."

Now you can create fresh new beauty that's virtually childproof in any room, on walls and woodwork. Tru-Test E-Z Kare latex flat enamel keeps stains, grease and grime from penetrating so most stains wash right off. Even after heavy scrubbing or scouring there's no "shine" or need to repaint. Tru-Test E-Z Kare outlasts ordinary latex, yet the painting's easy, cleans up quick with soap 'n water. Choose white or custom colors.

Over 5,000 True Value Hardware Stores own three modern, efficient Tru-Test factories to assure you highest quality paints at direct-factory savings.
Working with a contractor continued from page 116

Card when the job is complete and your house has been "broom cleaned." For larger jobs, negotiate the smallest down payment possible, and reserve certain percentage—the more the better—for the final payment. Payment while the job is in progress should only be made upon presentation of paid bills for labor and materials specified for your project.

Mr. Feilbogen, who usually represents contractors' interests, momentarily shifted sides to offer some suggestions on payment schedules. Of the one-third down payment, he advised that only 10 percent be paid on signing the contract. The remaining 23 percent when the contractor's crew reports to work. The midpayment should only be made upon presentation of paid bills, as in larger projects.

The contract should include this clause: "Final payment will be withheld till the contractor presents releases or proof of payment from major suppliers and all subcontractors." Mr. Feilbogen pointed out that if suppliers or subcontractors don't get paid, they can successfully sue the homeowner—even if he has paid the general contractor in full.

The contract should require the contractor to secure all appropriate building permits and to have electrical systems inspected by the National Board of Fire Underwriters.

Before signing, reread the bottom line: "No agreements unless recorded are binding." You might take it home and think about it for a few days.

Supervising the job

With a tight contract and a well-recommended contractor, supervision of the project should be minimal. But it rarely is. Even architects spend a lot of time checking to make sure the work is going well—and that nothing has been overlooked. Every project has its idiosyncrasies, and you will have to make practical and aesthetic decisions while the work is in progress. And that way, you can change your mind before it's too late about the placement of the light fixture or whatever. You can, of course, make changes after things are done, but you'll drive the contractor crazy and add substantially to your costs. Expect to be available for impromptu telephone conversations and to be present, or at least stop by the job, during critical stages. Otherwise, thermostats might wind up at the center of walls, doors might be difficult to open the wrong way, or a mirror placed at the wrong height.

And remember, once you're cooking in the new kitchen, you'll forget the recent headaches of remodeling. You can worry about making a perfect omelet instead.

"I CARRY CLOUT"

Clout gives you acceptance.

Clout is power.
Clout opens doors.
Clout is a Master Charge® card.
It's your personal account at over 2 million places in all 50 states and over 100 countries around the world.
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Relax.
Many advertisers whose messages appear in this special section offer consumer booklets, catalogues and portfolios filled with detailed information about their home improvement products. You can plan your own home makeovers with the real help of the attractive brochures shown and described on these pages. Order yours now—directly from House & Garden—by filling in and sending the coupon on the facing page. We'll fill your orders as promptly as possible.

1. NEW CONSUMER ROOFING AND SIDING BOOKLET. Information hungry consumers will treasure "What You Should Know About Roofing and Siding Before You Build or Remodel"—new 32-page booklet packed with ideas, advice, and illustrations. Bird & Son, Inc. 50¢

2. "DECORATING IDEAS WITH CERAMIC TILE"—new 16-page color brochure shows ways to decorate kitchens, baths, dining areas and family rooms—suggests color coodinations, how to build or remodel with ceramic tile. American Olean Tile Company. 25¢

3. NEW HANDBOOK ON WOOD AND WOOD STAINS. A guide to stains and staining by Samuel Cabot Inc. Handsomely illustrated full-color booklets on types of stains, how to apply, color effects, etc. Samuel Cabot Inc. 25¢

4. NEAREST NO WAX FLOOR PATTERNS of cushioned vinyl in a wide variety of colors and styles are shown in this brochure. Room scene shows how this top line of flooring actually looks in the home. Decorating hints for kitchen, bath and family room are included. Mannington Mills, Inc.

5. CREATIVE HOME PLANNING GUIDE is designed to give unique ideas for remodeling or building. Well illustrated booklet accompanies a Home Security Guide to help you protect your family and property. Planning Guide covers all areas of the home including lighting recommendations. Nutone Division, Scovill. $1

6. NEW IDEAS WITH WOOD WINDOWS. Pella Rolscreen windows and doors are as beautiful as they are to maintain. Colorful illustration shows how Pella designs add distinction to any house. Pella Windows & Doors. 25¢

7. "CERAMIC TILE MAKES A LOT OF SENSE IN A LOT OF ROOMS BEHINDS THE BATH." Imaginative ways to use ceramic tile for added beauty and value throughout your home are pictured in this new full-color booklet. Tile Council of America. 50¢

8. TIARA CEILINGS. Crown rooms with a seemingly solid expanse of texture and beauty. Eight patterns range from traditional to contemporary. Several are acoustical. Celotex.

9. ENERGY SAVING WOOD WINDOWS AND DOORS. Thirty-two page booklet illustrates Caradco's line of Caradco casement, awning and patio doors. Detail specifications include information on construction, weather stripping, screens, etc. Caradco Corp.

10. "FOCUS ON FLOORS"—a practical guide to decorating from the floor up. This 12-page full-color booklet features decorating tips for kitchens, family and living rooms, bedrooms, foyers and hobby rooms. Includes entire section on do-it-yourself installation, a glossary, plus informa tion on maintenance. From Mannington. 50¢

Collected on facing page.

How to do your own natural dyeing
(as shown on page 168)

From flower-picking to dried dyed wool took Nini Circiello three untrashed days. You can do it in less time, but keep it at a pace that makes it enjoyable, not a chore.

WHAT YOU'LL NEED:
Large plastic bags for gathering plants, fruits, or vegetables, and keeping them separate; scissors; postal or lightweight per cent kitchen scale; cotton string; white tags on cotton string; hard black pencil or waterproof pen; enamel or stainless steel cooking pots, 6- to 8-quart capacity (you'll need two for each color you mordant and dye; avoid aluminum or iron cookware—they can alter colors); large plastic or glass mixing bowls; mild detergent or laundry soap; fine strainer or cheesecloth; measuring spoons and measuring cups; wooden spoons and or chopsticks; rubber gloves; a recipe notebook, so you can note "before" and "after" materials alongside each recipe to let you duplicate colors later; any book on dying with natural products that gives accurate recipes to achieve the colors you want with materials available to you. (Recommend ed books: Ancient Dyes for Modern Weavers, Palm Weigle, and Vegetable Dyeing, Alma Lesch (both Watson-Guptill); Dyes from your Garden, Ber nice Gillette Conner (E. A. Scemann Publishing Co.); Dye Plants and Dyeing and Natural Plant Dyeing (two handbooks, Brooklyn Botanic Gardens).

COLLECT YOUR MATERIALS:
Dye stuff—Use 100 percent natural materials (cotton, silk, or wool) in yarn or fabric form. Unbleached is best, since the chemicals which have been used to bleach material to a "real" white might deflect your color direction. Man-made fibers and blends can take dye unevenly.
Prepare dye bath—To make a natural dye, gather flowers, fruits, or vegetables. Boil them in a quart or more of water, depending on the amount of dye needed and the intensity of the color desired. After boiling has extracted the color, pass the liquid through a fine sieve or cheesecloth to clear it.
Prepare mordant solution—Mordants (from the Latin verb mordere, to bite) are chemicals which help the natural dyes take hold, literally "biting" the color into the medium. They are usually crystals or salts (used in very small quantities) and are available in craft shops. To prepare the solution, mix mordants into the water in a large cooking pot. Below
is a list of commonly used mordants. Alum (Aluminum potassium sulfate, not to be confused with the alum found in grocery stores, which is aluminum ammonium sulfate), White powder. Makes color fast and bright. Measure carefully — too much makes yarn sticky. Add Cream of Tartar as preventative. Chrome (Potassium bichromate). Bright, orange-red. Expensive, poisonous, and light-sensitive. A tiny bit goes a long way. Store in a dark place. Best used when working towards gold or brown. Tin (Stannous chloride), White, expensive, light-sensitive, it brightens colors. Has a tendency to harden wool. Iron (Ferrous sulphate, also known as copperas, or green vitriol). Copper sulfate (Blue vitriol). Bright blue. Adds a green or bluish tone, depending on the dye color. As a pre-mordant, it colors yarn a beautiful light green. Tanin (Tannic acid). Light brown, it is found in tea, nuts, and tree bark — none of which require mordanting. Ammonia (Ammonium hydroxide). Clear, non-suds. Peps up yellow or orangey-red. Expensive, poisonous, and light-sensitive. A tiny bit goes a long way. Store in a dark place. Test a small piece of any new medium if you do not have Master Charge, how to make better use of it. Interbank Card Association. Baking soda (Bicarbonate of soda). Add to dye bath. Makes violets or purples blue. Gluable salts. Used in almost all natural dyeing to make colors fast and to ensure more thorough dyeing.

PLAN AHEAD:
Test a small piece of any new medium you are dyeing, as each will need slightly different formulations of the dye bath and mordant. Most recipes call for 1-ounce skein of wool, but you can test dye recipes with 1/2- or 1/4-ounce miniskeins without stretching your budget. Find out how your dyes and mordants interact. Put several strands of wool into one dye bath, one of them not mordanted, and each of the others premordanted with different mordants — you’ll get different colors each time. For instance, unmordanted wool put into a cocropis flower dye bath emerged a rich yellow, while another strand, premordanted with tin and alum, came out a super orange!

STEP-BY-STEP TO DYING YARN:
1. Weigh and divide the wool into skeins. Keep one strand of wool aside.
2. Tie up skeins loosely so they won’t tangle.
3. Scour wool in lukewarm water and mild soapsuds, so it will take its color evenly. Squeeze suds out gently; don’t wring or twist. Rinse several times in clear water, moving the yarn through the water with a wooden spoon or chop. Continued on page 240
Look your Sunday best every day of the week.

At the first hint of warm weather, take your spring wardrobe to your neighborhood Martinizing dry cleaner. He'll get everything as fresh as all springtime. No matter what you need dry cleaned, remember Martinizing is the name.

"MARTINIZING"

The name to look for in dry cleaning.

Cookbooks for kids

Here are several of the best cookbooks to keep children inspired and stir-happy.

The approaches of books introducing children to the kitchen are as diverse as the cooks who write them. It is a good idea to choose a book that is tailored to the ages of the young cooks you know and also suits the culinary philosophy of the adult in charge.

**Kids Cooking Without a Stove** by Aileen Paul, illustrated by Carol Inouye (Doubleday, $5.95). This is a precisely ordered approach for 4- to 6-year-olds. The recipes are very simple, but the results are calculated to reward both eye and appetite. Throughout these pages there is a watchful adult voice directing, "Let a grownup open the applesauce for you," "Shake about five times, count as you do it." A little over-directed at times.

**The Peanut Cookbook** by Natalie Donna, illustrated by Robert Quackenbush (Lothrop, Lee & Shepard, $6.50). Almost more than everything you ever wanted to know about peanuts. Here is an extraordinary variety of dishes (there are 19 kinds of peanut-butter sandwiches) that use the famous legume in everything from, literally, soup (peanut, of course) to nuts (caramel-covered).

**The International Cookie Jar Cookbook** by Anita Borghese, illustrated by Yaroslava Mills (Scribner's, $7.95). A treasury of world cookies in over 60 carefully detailed recipes, with a short, informative introduction to each. Clear line drawings illuminate the more complicated instructions. This is a book for cookie lovers who have had some experience in the kitchen. Precocious kids who have already read Proust will find a recipe for Madeleines on page 37. Bring milk.

**Cooking with Colette** by Colette Rossant, edited by Lor- raine Davis, illustrated by James Rossant (Scribner's, $7.95). An exuberant approach to cooking, with a slightly French accent flavoring the conversational and culinary tone. The author stresses her conviction that step-by-step learning plus self-confidence can make children into very capable chefs. This book is appropriate for beginners of all ages and would be particularly good for parent-and-child kitchen collaborations. Designed to be followed from start to finish, like a cooking course, it opens with desserts.

**Kids Are Natural Cooks** prepared by Parents' Nursery School, illustrated by Lady McCrady (Houghton Mifflin, hardcover $7.95; spiral-bound paper, $4.95). As the introduction explains, "There is a tremendous amount of learning involved in cooking . . ." This is a well-designed mine of information and imaginative recipes. Accentuating learning and pleasure as the fruits of cooking, the viewpoint is consistently intelligent and relaxed. The soft-cover edition expires flat open to fit the kitchen counter, the way a good cookbook should. Small children working with more experienced supervisors will find much that appeals to them in the amusingly illustrated pages. Older children can proceed happily on their own.

(Continued on page 240)
If you want a healthy cat, do a little healthy reading.

Have you read any cat food labels lately? They can tell you a lot that will help you keep your cat healthy.

Here’s what to look for. And look out for.

**Protein**

Most people don’t know cats need even more protein than dogs do. About 30% protein in their diet, for a healthy body and coat.

Purina Cat Chow® is 30% protein. And every box or bag lists where this protein comes from: meat, fish, poultry, milk and vegetable soybeans. A balance of protein that’s high in quality, and better for cats than just meat alone.

**Vitamins**

Cats are different from people. They don’t need Vitamin C in their diet. But they do need Vitamin A for keen cat’s eyes. Too much of some extra vitamins can cause him health problems, but if your cat gets the necessary vitamins in Cat Chow® every day, he doesn’t need extra vitamins.

**Minerals**

Calcium is a mineral cats need for strong bones and teeth. So is phosphorus. It may sound crazy, but cats also need copper, iron and cobalt for good blood. Zinc for good skin. That’s why they’re all in Cat Chow®.

**Maintenance**

It’s one word to watch out for on any cat food. When the label says “Maintenance”, it means a food with only enough nutrition to “maintain” an adult cat. It isn’t for a growing cat or a pregnant cat. Cat Chow® is for any cat. You’d think “Maintenance” dry foods would be cheaper than Cat Chow®. But after you’ve read the rest of the label, look at the price on the top. Cat Chow® cat food doesn’t usually cost more. Sometimes, it even costs less.

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To help keep your cat healthy.

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For your pet's health. See your veterinarian regularly.
Marlboro Lights

The spirit of Marlboro in a low tar cigarette.

Marlboro LIGHTS
LOWERED TAR & NICOTINE

Lighter in taste. Lower in tar.
And still offers up the same quality
that has made Marlboro famous.

Space speaks.
It's true. Walk into any room, and the space will tell you instantly and in no uncertain terms if it's friendly or hostile, and whether or not you're welcome.

Space speaks a language of ceiling heights, wall lengths, proportions, angles, openings. And its prose can inspire you to feel exhilarated, luxurious, cozy, businesslike, playful—or an urgent need to leave.

Even your own space, where you want at least a civil understanding, can be less than cordial. Why is it that you can't seem to work in your study, but the middle of the living room is just right? And why, when the children have a glorious room all to themselves, do they prefer to build their block-towers in the kitchen? The need for human companionship aside, space itself has attractions—and distractions—that cannot be denied.

Some say it's the shape of the space that affects us the most. Buckminster Fuller has said we shouldn't live or work in cubes, on account of the inhibiting effect of right angles on the flow of energy. And a growing band of scientists and psychologists feels that the pyramid is not only a triumph of construction and design, but that its shape contains a combination of energy fields that affect whatever is inside—including people.

But the question is, at least for those of us who do not live in pyramids, how to establish a good rapport with the space you have. How to get on its good side, make it work for you, comfort you, make you feel, every time you walk in the door, that this is where you belong. You can do it with remodeling (to change or add space), or with decorating (to give it color, comfort, and style), or with a combination of the two. On the following pages, we've gathered lots of rooms and ideas to show you how. Look them over, and then put on some soft music, sit down quietly with your own space, and have a nice talk. It's time you got acquainted.
We wanted a free, unsheltered porch that would let us participate with nature.
Your own personal space
For me a room is like an empty canvas, waiting to be filled with the colors and the things I love.

Come in and browse through a charming house that's also a shop—and full of the owner's vitality.
"A room filled with the things I love"

A person has to have an unusual approach to living to turn a house into a shop—where everything is for sale, everything down to the last dish. But, in her summer cottage, Lil Groueff did just that, and gave it her vibrant personality, too. Every day, prospective customers browse—by appointment—through her lovingly decorated house. "There are so many styles, so many things I love, that to have them all, I have to sell some to make room for others," says Mrs. Groueff, whose constantly changing rooms make interesting spaces for both family and friends. When Mr. and Mrs. Groueff and their teen-age son are home, they often dine on the patio. When guests come over, Mrs. Groueff sets the larger table indoors. Even if she sells a favorite chair or table, Mrs. Groueff is prepared for family, friends, or clients. "I collect things, so, if I sell a piece, I just move something else in."
Left: The dining table set for a summer lunch with lettuce-leaf dishes and baskets brimming with fresh vegetables and homemade bread.

Above, left: A family breakfast on the wood-slated patio. The barn, which Mrs. Groueff uses for storage, is

Right: The living room, dressed in blues and pinks. "Color is very important to me, probably because I paint a lot," says Mrs. Groueff, who lacquered the floor steel blue and covered the walls with a tiny cerulean print wallpaper that works with the natural background.

She laid an imported rag rug mottled with more blues and painted the table and wicker chairs a deep azure. To offset the coolness of the blue, the sofa, chair cushions, and lampshade are all in warm pink batiks.

Above, right: The country house is a Colonial Revival, built in the 1870s by a local carpenter and architect who used it as a summer cottage.
An exhilarating apartment—but welcoming—for a man who transformed a rundown duplex into a place to live, work with clients, and entertain.

To most city apartment dwellers, wide-open spaces are becoming something found only in Western movies. New buildings seem to be designed with an eye to the conservation of space bees give to a honeycomb, and it is only the big old apartments that keep the hope for space alive. Even when they need work, they are worth the effort, particularly to someone like marketing consultant George Fresher, who found it both pleasant and practical to have enough space for both home and office. He found it in a duplex in a building put up in 1903 by a group of artists successful enough to kiss La Vie Boheme goodbye, then asked Bill Goldsmith, design director of LCS, Inc./Green Metal, to give him a hand with the renovation. The apartment is big, particularly the two story living room. There are bedrooms and baths upstairs, and two entrances from the elevator, one upstairs, one down—a double entry that helps enormously to keep business from interfering with pleasure. A new staircase (the old one in the hall was dismantled) was built leading up to a balcony from the living room, thus providing what Mr. Goldsmith calls a “two-way traffic plan. People coming to a party enter on the second floor and descend to the living room—always a good entrance. Business visitors come in at lower level, walk down a hall to dining room which also works as an office.

"All the space was there. We cleaned it up, personalized it, and gave it style."

Your own personal space

Top, left: In 1903, a touch of romance: the original balcony, a bedroom hall, really, reached by a new dismantled staircase from the downstairs foyer.

Left, above, and far right: The white, soft, color of Devonshire cream, with the parquet floor bleached to ivory, a baronial fireplace replaced by a simple plaster arch, and the great north window left uncurtained except for white sheers.
isn't too much furniture," says Mr. Goldsmith, "and because the room is now half contemporary, half not, so is everything in it. Italian wicker, Louis XV armchairs, Killim rugs, a grand piano. Cotton or men's wool suitings. For sheen, satin cushions, and for pure pleasure, two paintings by Christian de Boschnek. There are two groupings of sofas, chairs, and ottomans; one against the fireplace. These are not cut and dried arrangements—they simply work well, and if people want to dance, everything can be shoved against the walls. In hall, the bar and a cabi-
One of the pleasures of digging into the secrets of an old apartment is coming upon a treasure. In this exploration, the prize lay overhead under what seemed to be a plaster ceiling and turned out to be brick-barrel vaulting, a way of laying brick in arcs that is rarely seen these days—too difficult, too costly. In the living room, sadly, the brick was supported by iron pipes that could not be removed, and the old plaster was simply replaced by new—although the arcs remain in a beautiful ripple. The dining room and kitchen brickwork, however, consisted of single spans held together by iron bands. Denuded of plaster, the ceilings are an architectural delight, one of the occasional advantages of moving backward in time, rather than forward. One room that had to move forward was the kitchen—a major piece of reconstruction. Less complicated was one wall of the dining room, where a huddle of what might have been china cupboards were made into office storage space for files, ledgers, books, all masked at dinner time by huge fold-out doors, which, when shut, form a perfectly smooth wall. The office, so to
Dear House

"I am desperate for help. My living room doesn't work for anything..."

The true story of a woman who, after spending $2,000 on decorating, ended with disaster. At House & Garden's suggestion, five talented designers came up with five different—and terrific—solutions.

How do you update a spacious 30s-style sunken living room with cream walls, damask-covered furniture, and crystal chandeliers? Kate Cole decided on a white repaint job, new white slipcovers, curtains, window shades, plus some bright modern paintings and pillows. To her dismay, the room turned into an unfriendly icebox. "It's so stark, I walk straight through in the evening, curl up with a magazine, or watch TV on my bed. With the dining table some way from the kitchen, behind the sofa, it doesn't seem to work for entertaining either," she wrote in an unhappy letter to House & Garden. $2,000 gone in a decorating disaster!

House & Garden's Operation Rescue brought her five terrific schemes from top professionals, to show her just how this space can be transformed into a room that makes her happy and comfortable. They range all the way from a drastic architectural remodeling, to a low-budget paint-and-fabric redecorating scheme, seen opposite, for under $5,000.

Above: Kate Cole in her "unfriendly icebox." Beige vinyl tiled foyer floor, curving steps down to living room, and cream area rug are remnants of the 30s look she tried to update.

Right: Plan shows furniture grouped around fireplace.
Joseph Braswell: "Darken the walls, lighten the floor; rearrange seating"

Simply by making the walls dark, everything looks different. "They give the room a little more guts and silhouette the white furniture," declares Joseph Braswell. "White curtains also make more sense when they're set off against a deeper tone. Books look better, too." In a dramatic change of floor plan, Braswell places the sofa against the wall next to the kitchen, frames it with a pair of white-painted, wooden étagères. One on the right makes a clever separation between living room and foyer. One on the left is mirrored in back, to create a similar "see through" effect. The dining table is beside the window, no longer pushed into a cramped space. It can be quickly pulled out, extended with boards to seat six or eight.

Just a few modern items are added for that casual, comfortable, modern look Kate Cole is looking for. The armchairs, now on either side of the fireplace, have extra ottomans. Braswell swaps traditional butler's table for two drum coffee tables, brings in a pair of steel cylinders for plants, a wicker chair—"the exotic fantasy touch." Overhead, "to improve the quality of light," three track units replace table lamps and foyer chandelier. Underfoot, foyer vinyl tiles are ripped up, the stained pale nutmeg. (C) The living room floor is lightened to match "so the existing cream rug seems to belong." With taupe (D) on the living room walls, Braswell follows up Kate Cole's preference for red and yellow on foyer walls, which he wraps with a bright textured fabric (B). The same fabric covers two screens (not seen) on each side of fireplace. Orange and yellow linens (A) make crisp, fresh pillow covers. Above: The room, says Braswell, is one "that can grow." Left: Improved floor plan. Shopping information.
Willy Van Bel: “Break through one wall to reorganize space”

Breaking through part of the kitchen wall, Willy Van Bel puts in a new bar to make room for food and drinks. He was most concerned with providing a transitional area between foyer, living room, and kitchen. “There is no real participation between these spaces,” he explains, “this is why the room doesn’t work.” The bar’s curving counter repeats the rounded lines of the foyer steps. The steps are moved slightly right and subtly reshaped to draw people diagonally into the living room. On the right side of the bar is a new pillar, which meets the ceiling beam overhead to complete a proper architectural statement. Behind the bar is a floor-to-ceiling cupboard for storage and next to it, a new door that leads into the kitchen. In this scheme, the budget is spent on structural changes.

A clean, uncluttered look emerges naturally, when redundant furniture is taken away. Estimated cost: $10,000.

Everything is white, but softened, in Van Bel’s scheme, the sofa and chairs rest on a new, off-white textured rug. The bright pillows are replaced with new ones in off-white handwoven Indian cottons. “Color comes in through books, objects, and people.” Gone are the foyer chest, the white Parsons serving table (not needed now with the bar), and “all the traditional clutter” of lamps and tables. The foyer floor is bare wood, stained to match the living-room floor. For lighting, Van Bel suggests modern, brass floor lamps. A big, new rectangular dining table, in pale, bleached wood, runs the length of the window. It goes, Van Bel suggests, with eight handsome modern chairs—the Thonet bent-wood and cane design. When a dinner party is planned, the table is pulled away from the window and into the room, chairs grouped around.

Left: Existing dining area, a small antique table, modern steel chairs.
Above: Floor plan shows improved dining alternative. Architectural drawing indicates how ceiling beams line up with new bar. Improvements are made within.
Goslee and Moore: "Warm up the atmosphere with patterns and texture"

With color, natural textures, and chintz, the room becomes "a cozy red box to match Kate Cole's warm, outgoing personality." In their scheme, John Robert Moore and Nancy Goslee treat the foyer and living room as two distinctly separate spaces (the first dark, the second bright) dividing them off with portable straw-covered screens. They propose to take out all the "hard traditional furniture," recover the sofa and armchairs, and introduce a round skirted dining table with four wicker chairs, a chaise, an ottoman, and a big rattan coffee table. The floor is lightened, the cream rug replaced with steerhide, "not an endangered species." They suggest a new dining area by the bookshelves, putting the piano in the room next door, and filling in the wall space with more books. With four print fabrics on the furniture, the windows are

Kate Cole's sofa and armchairs are shifted to new spots. Like the additional chaise and ottoman, they are covered in a brown/beige cotton (C) with pillows in Jacobean chintz (G) and paisley cotton (H). Dining table is skirted with brush-stroke print (I). Tiles (A) surround fireplace. Red wallpaper (B) wraps a warm feeling around room. Straw screens (E) divide off foyer, which has tortoise-shell painted floor, Sweet Chocolate doors (D), two wicker chairs covered with vinyl suede (D), walls with earthy Indonesian print (J). Estimated cost: $10,000. Shopping information, page 193.

Top: Fireplace wall as Moore and Goslee see it and (insert) as
Michael Kalil: "Throw everything out, merge spaces"

The thought behind this radical approach is to bring "nature's elements back into living." Earth is in ivy-filled planters, water cascades down a glass brick stairway between kitchen and living-room wall. Fire glows from candles burning in a sand trough. Michael Kalil felt he had to "blow the room apart" by breaking through the wall into the study-guest room and filling the whole space with a field of sand-colored carpet. It is completely empty, save for two teak tables that pivot into the room or toward the teak ramp that bridges the room between foyer and bedroom corridor. "People sit on pillows or on the ramp for dining." Teak covers the foyer floor. Uplights wash the bare wall where once there were books.

In this scheme, walls of pale, silvery lilac, with deep iris for doors. "Every space has its own organic color," says Kalil. "This room wasn't meant to be white. Just as nature's sands shift, so does his sand-colored floor. The carpet is mounted on a platform of wooden panels 7 inches off the floor. These panels raise—mechanically—for storage beneath, or to create backrests. Cost upwards of $12,000 according to mechanization.

Right: The kitchen wall as is and the plan with the diagonal slicing of glass bricks that provide the water cascade. "Glass also acts as a skylight in the kitchen." To left, recess is mirrored, reflecting...
John Rieck:
"Update the old furniture, add sophistication"

Tulips on a kumquat ground (G) turn the room into a flower garden. The print wraps three screens, one on either side of the sofa, the third between foyer and living room. "The room needs more coziness," says John Rieck, picking blue cotton (C) for armchairs, fringed in white. He keeps Kate Cole’s sofa but adds black and white pillows (B). Less strident brown and white dot cotton (B) swathes the window wall—"she really wants new curtains, there's a lot of traffic noise and no view." As a decorator he likes to work with the "givens," doesn’t believe in tossing everything out. In his eyes, the main problems are the cream carpet—"too old-fashioned"—and vinyl foyer floor. For the first, he substitutes an off-white shag (E), for the second, a neat, checkerboard carpet (A). He mirrors fireplace wall, adds "more feminine" ladderback dining chairs with green striped seat pads (F). Finally a new wing chair in textured cotton (D).

Above and top: The window wall, with screens beside the sofa and (inset) as it looks now.
Right: Floor plan shows dining table in foyer. For parties it's moved down beside the bookshelves. "I've tried," says Rieck, "to make the room comfortable, give it a little style, without spending too much money." About $10,000.
Your own personal space
"We wanted the new space to have the same flavor as the old—we have come to love awkward corners."

A delightful remodeling with all the charm of the original Victorian house, but with plenty of space for a young family to grow on.

This house has wit. Superficially, it comes across as Victorian, with its fine bay windows under an English gabled roof. But then there's the front door, an irrevocably modern hyphen set in a transparent glass wall. What's going on here? In reality, the left-hand wing is a brand-new addition. Its twin on the right-hand side has been remodeled from an old house, in a daring stroke of architecture by Hugh Newell Jacobsen. The family, Mr. and Mrs. Robert Elliott and their two daughters, age 9 and 10, like Victorian houses and all the nooks and crannies that go with them. When they decided to add a new living room, master bedroom, and full-size cellar, their taste, plus the fact that the house dates from the 1870s and belongs in a conservative suburb of Washington, D.C., led Jacobsen to design the addition “in the manner of the old rather than totally schizoid.” Conspicuously, this artful collusion with the past is only skin deep. Behind the external nod to the 19th century lies a series of light-filled white spaces that characterize late 20th-century style. “It's a maverick,” admits Jacobsen. A noteworthy rebel and it confirms a new wave in contemporary house design. The Modern glass box and concrete cubes is being nudged aside by a new, Postmodern phase that indicates more decoration, an affection for history and building with a sense of fun.

Left: After major remodeling, the right-hand bay window replaces the old front porch. New entrance with bridge above links old house with new wing.
Opposite page, top: Side of original house, which was extended.
Before the remodeling, the home had an icing of shutters, multipaned windows, wrought-iron decoratio and turquoise paint, some original and some added over the years, is gone in this striking effort to store consistency. Four-square windows, three shades of paint recall proper heritage. Researching exterior color at the Cooper-Hewitt Museum, Hugh Jacobsen discovered Victorian taste for using three— for walls, one for trim, and other “more bizarre” for windows and doors. Subsequently, he and Elliotts chose ivory, brown, and burgundy, from a new palette at Devoe, which recently produced Exterior Decoration; Victorian Colors for Victorian Houses (Atheneum of Philadelphia, S35). Clay board, exactly like the wood on the original house, was used on the new wing, identical asphalt shingles on the roof. Indoors, after a clean sweep, each space is now “like being inside a piece of origami”—everything cleanly defined, but quite complicated in structure. For example, the ceiling in the master bedroom soars in a folded polygon under a pitched roof. Tall, ceiling-height doors, wooden window shutters, gray wool carpeting contribute contemporary feeling, which Elliotts like to contrast with a few antiques. Where once was the entrance hall, there is now a music room with a modern egg-crate box shelf wall in juxtaposition with a fine, antique grand piano. In the new living room, comfortable leather sofas and chairs are set off by a splendid 18th-century walnut desk. “The mix works best when it’s 50 percent modern,” reflects Hugh Jacobsen, adding, “In effect, the house is as Victorian as a Chevrolet.”

**BURSTING OUT SIDEWAYS**

The tiny house sprouted new living room, bedroom, and cellar in a look-alike wing.

Above top left: House with original porch before remodeling and (directly below) the new exterior, showing the right-hand bay window in place of the porch.

Top right: In the master bedroom, roof-high ceiling folded in a polygon. For storage, closets with an old chest between. Four prints on the walls by Lou Stovall.

Left: Plans show how new rooms were added. Bursting out sideways, the extension has a full basement beneath living room. Above, is the master bedroom and bath.

Opposite: In the new living room, leather sofas, modern chairs, an antique desk. Bar is in the closet to the left of fireplace. Over fireplace, a painting by Tom Downing. Sculpture in bay window by Rockne Krebs.

Inset bottom: The side bay window seen from the outside.

Inset top: The new music room, created from the original hall. For building facts and materials, see page 194.
The living room-kitchen, an idea that's catching on. An old kitchen was enlarged by annexing closets, studio. Above: Plan of the original kitchen space. A brand new family/living area with sliding doors that open to an outdoor dining terrace and pool was added. Opposite page insert: Counter separates cooking from sitting area. TOW YEE
"We thought it would be great to have one big room where we could cook and socialize at the same time."

A sensational all-in-one family entertaining center with a comfortable living-dining area and a kitchen full of ideas.
Above: A lobster dinner on the butcherblock dining area.
Left: Mr. Wellman pours off the boiling sea water.
Opposite page: Plan of the two triangles of activity that make this kitchen work.
Opposite, bottom left: The first triangle moves around a freestanding island which contains a Jenn-Aire twin grill, Elkay sink, Ronson food center, storage space, built-in kneehole for sit-down food preparation. One-third is topped with marble for pastry rolling. Second cooking area is in front of breakfast bar: Thermador cooktop, double-compartment Elkay sink, WasteKing dishwasher, and rolling cart storage that doubles for serving. A third cooking area was placed behind the wall of an adjoining dining room. It has Thermador electric and microwave ovens and a Tielsa pullout venting-hood system.
Opposite, top: Wrapping area for freezer foods or gifts. To the right, a KitchenAid trash compactor; behind, desk with fold-down typewriter table.
Opposite, right: Second triangle moves around free-standing cold storage: Sub-Zero refrigerator and a Sears refrigerator-freezer back-to-back.
Opposite, center: Laundry, sewing area with General Electric washer and dryer. Shopping information, page 3.
The kitchen has a laundry, desk, sewing area, wrapping closet, fabulous storage and all the cooking equipment you could wish for.

The room that means "family" in this house is the newly remodeled kitchen/dining/living room, a space built for people who enjoy being together and also enjoy being independent, each at his own pace. "We have three teen-aged children," says Mrs. Arthur Wellman, far left, "each of whom has very much his own schedule. We wanted a gathering place where everyone was made to feel welcome and yet still free to come, work, and go. Several people can work in this kitchen at the same time without tripping over one another." Architect Walter Jones added the space. Mrs. Wellman, kitchen designer Wayne Walega of New Designs, and Benjamin Cook of Tradewinds made it the center of activity. Mrs. Wellman can cook, serve, entertain, be in on the conversation and fun of small dinner parties while he's cooking. She can also sew, do household paperwork, do the laundry, even wrap presents all in one room. Whether she's planning dinner for the five of them at the butcherblock breakfast bar or a cocktail party for a hundred that extends out to the terrace, the work patterns flow smoothly. The living-family room/kitchen spans 31 feet. All the surfaces can be sponged clean with a damp mop: radiant-heated tile floors, Formica countertops, Tiefsa-Profil melamine cabinets, wallcovering, butcherblock blanks. Over the center work island is a light: three separate fixtures hung are one with a total of 27 bare bulbs. Recessed Lightolier ceiling lights, hanging shade light, undercabinet and counter lights on dimmers.
Ready-to-use cottons give zing to a remodeled apartment

Paired-up colors plus pared-down patterns equal a brand new group of cotton fabrics that are so simple they coordinate themselves. Swedish designer Peter Condu, above left, worked out four stylized grille designs in scales from miniscule to giant, and used colors fresh from a paint box. Architects Willy Van Bel and Joanna Alimanestianu chose the red and white for a new studio apartment and found that with the range of patterns, the eye never misses other colors. They used the fabrics to cover floor pillows, couch and bed cushions, tables, dining chair seats, and to make a curtain-screen that divides the sleeping areas of the apartment from the more public living area. They even made a red and white window shade that slides down behind two tiers of green, leafy plants. There's a generous sense of space in this unusually narrow studio. Mr. Van Bel concentrated it by making all the planes of activity horizontal. He built two sleeping areas: a loft, and a freestanding bed/couch, one study area with lights, another work area under the sleeping loft for cooking. A round dining table seats four, doubles as a serving table for buffets.

Right, above: A curtain-screen hangs from a couch-bed and central guest's sleeping bunk. The 2-foot-thick pillar that was already in the middle of the room became the bunk's support structure at the foot end of the bunk.

Right, below: Looking through the central loft toward the doorway (see plan, left.)

Top, left: Under the sleeping loft is a slimmable table for writing, ironing, or chopping vegetables. Storage for books, plants, and pretty things runs around the room, just off the floor.
Besides being available right off the bolt, Peter Condu's new cottons for Bloomcraft, introduced at Lord & Taylor, also come in things ready made for summer living.

From top: cushioned bentwood rocker, pillow sham, fitted bedspread, folding umbrella shade, portable club and sling folding chairs, wrought-iron ice cream chair seats, reversible place mats, napkins, even glasses! Shopping information, page 193.
Right: Every flower different—in tiny bottles, on three different plates from the “Looking Glass” collection by Denby. “Old English Tipt” sterling by Gorham. “Grand Vin” glasses by J. G. Durand. Salt and peppers, Cache-Cache, Léron tablecloth, napkins. Photographed at the Dean Johnson’s. All flowers are by David Jones.

Food, flowers, and china with the freshness of gardens


Above, left: For a blue and white English garden party, a blue and white tabletop garden of iris, crocuses, and cornflowers, growing and cut. "Rusticana" dinnerware by Villeroy & Boch. "American Colonial" stainless steel by Oneida Silversmiths. Pressed glass "Ashburton" goblets by Westmoreland Glass. Round linen tablecloth from Shaxted of Beverly Hills. Napkins are cotton tea towels by Elisa Daggs. Both tables photographed in Mr. and Mrs. Dean Johnson's garden.

Pretty food plus flowers that seem to be growing right out of the table

Right: A warm, sun-yellow table made bright by centerpiece of narcissus "planted" in a basketful of moss and a hand-painted tablecloth. David Jones also arranged white-blossoming, tubbed gardenia trees around the table to add their fresh fragrance and make a cool contrast—with the white fluted china—to all the yellow. For added contrast, pink—in a strawberry mousse on a bed of fresh strawberry leaves and garnished with meringue mushrooms sprinkled with chocolate dust. "I think summertime lunches should be light and refreshing—and should take advantage of all the good fruits and vegetables available," says Connie Burdick of Piecemeal who prepared all the tempting dishes on these pages. "Torse White" dinnerware by Haviland. "Revolu-

tion" sterling silver and stainless steel flatware by Reed & Barton. "Haut Brion" crystal wineglasses and "Etrusque" crystal decanter by Baccarat. Cotton madras tablecloth hand-painted and stenciled by Peter Fasano.

From tap to ballet to disco, the whole country is dancing. Here's what's going on and how to join in.

One of my favorite movie moments was when Yul Brynner, as the dignified, undemonstrative King of Siam, finally "got down" and danced with Deborah Kerr. "And perchance," he sang, "when the last little star has leaved [sic] the sky/Shall we still be together with our arms around each other... shall we dance? Shall we dance? Shall we dance?"

"The polka, as dances go, is not exactly a great emotional liberator. But the King of Siam was charging, galloping, really cutting loose. Dance (just about any kind) does that to a person (just about any person). "It's so therapeutic," says Zita Allen, who writes about dance and has been studying it since she was 8 years old. "I feel complete control over my whole body, a fantastic sense that I can get my body to do what it's supposed to do. Whenever I feel annoyed or depressed, I run to a class. Some of the things that people are now trying to get into in other areas of life, through psychoanalysis and est... dancers have been into all along. They can always find their physical and emotional centers..."

According to Gilda Marks, who has the largest dance and exercise school in California, "Everybody's interested in movement these days, regardless of what it is." And that means everybody. Fred Kelly,
What dancing does for your health

"Dancing is one of the best forms of heart exercise there is," says Leorone R. Zohman, M.D., director of cardiopulmonary rehabilitation at Montefiore Hospital in New York. She urged dancing on a group of male heart patients, who were reluctant at first, thinking it was "women's stuff":

1. If the dancing is sustained, vigorous, and rhythmic (what is called "isotonic"), it can raise your heart rate to the proper target zone for conditioning.

2. You can dance at different intensities, to the same music, depending on your physical condition, so over-stressing yourself need not be a problem in order to keep up with others.

3. Dancing allows you to put the joints of your body through their range of motion, using both legs and arms together. This is highly advantageous because (a) you are strengthening body muscles and maintaining your flexibility, and (b) you are using your arms and legs together—infinitely preferable to exercising them separately.

4. Dancing is FUN. It's social, it's co-ed, and the music keeps you going. This means:

   a. You can dance at different intensities, to the same music, depending on your physical condition, so over-stressing yourself need not be a problem in order to keep up with others.

   b. Dancing is ONE OF THE BEST FORMS OF HEART EXERCISE THERE IS. It can raise your heart rate to the proper target zone for conditioning.

   c. You can dance at different intensities, to the same music, depending on your physical condition, so over-stressing yourself need not be a problem in order to keep up with others.

   d. Dancing is FUN. It's social, it's co-ed, and the music keeps you going. This means:

   e. You can dance at different intensities, to the same music, depending on your physical condition, so over-stressing yourself need not be a problem in order to keep up with others.
Riches from the China Trade

A real trader's house brilliantly preserved with Chinese Export antiques, and open as a museum so you can see the treasure firsthand.

Chinese Export furniture, porcelain, and silver are among the great decorative interest these days, purely thanks to the work of the Museum of the American China Trade, in Milton, Mass. "Chine

ese Export is increasing in being recognized," says the Museum's founder and curator H. J. H. Kinzie, "as the finest in craftsmanship and decoration art." The Museum, with one of the fine old buildings housing the exhibits, is an original trader's house built in 1807 by Mr. Forbes' great-grandfather, Captain Samuel Benjamin Forbes—a perfect setting for the collection, the purpose, so to speak, was born from the Captain himself. "Chinese Export was made especially for the European and American market," explains Mr. Forbes. "The traders did not ask people think, and the Chinese in their art work it is a time to recognize the influence of Chinese Export in Western design."

Above: top: "The China bed with plant work and ivory. Porcelain wastebasket and por belonging to Captain Forbes.


Opposite page, from top,reek and white支配 each other in imaginative design. The Museum is on of many at hand and Milton — it overlooking Boston Harbor— to the Forbes could inspect the wooden furniture saved from the East. Chinese paper lamps and screens from the 18th and 19th centuries are in great press or copies. The 18th and 19th century lamps include today's designs. It is shown with antiques of the period and by the owners of the West end.

On leaves and wood are a glorious array.
Riches from the China Trade

Original room settings were preserved to create an evocative atmosphere for the treasures representative of the Continental English and American trade, often brought back in the most dangerous circumstances over the high seas. There are two looks to Chinese Export, Mr. Forbes explains. "Artifacts that are of Chinese design, and were often copied by Europeans; and artifacts that were made to European specifications and have frequently since been passed off as European." For this reason, Mr. Forbes believes that many American households may have Chinese Export objects without knowing it. "And those that are being reclaimed as Chinese Export are becoming collectors' items," he says, "things that had been hidden for years." For how to tell, see page 48.

Top left: In the Chinese Parlor, one of three upstairs rooms in the Captain Forbes house (now a National Landmark) recreated with pieces of the period, the suite of rosewood furniture was brought back by the Captain in 1849; over the fireplace hangs a portrait of Houqua, the Chinese merchant in Canton who dealt with Western trade; the wallpaper is a reproduction of an original, described in old Forbes letters; an ingeniously made hanging lantern disassembles into separate pieces of glass and wood for traveling.

Top center: In the bedroom, with original fireplace of dove-gray marble and built-in closet, the desk is made of delicately carved camphor wood ("it keeps out bugs"); rosewood and wicker chaise lounge; Chinese-made gate-leg table under left-hand window.

Top right: In the bathroom, the built-in tin tub is framed in cherrywood; Cantonese bowl and pitcher; blue and white foot-bath; camphor wood blanket chest; embroidered silk shawl.

Above: A silk shawl from the court of Queen Victoria, draped over a Cantonese black lacquer box with painted silk liner.

Right: 18th-Century punch bowl, with vignettes of Forbes castles and inscription, made for a Scottish member of the Forbes clan. Richly decorated water jug dates from the 1840s.
If you have only two days a week to garden

The 8-hour garden

How a young family of weekend gardeners grows a summer's worth of vegetables and flowers that tend themselves all week.
Here’s a garden for people who love gardening, but don’t want it to take over their lives. “We think of gardening as family exercise and fun,” says Mrs. John H. Allan, who, with her husband and their 6-year-old son, cleared their woods for a weekend garden. They composted leaves to improve the soil’s tilth and water retention, and continue to mulch with leaves and grass clippings from a nearby golf course (their own lawn’s “just big enough for playing catch”). “Watering is done the minute we leap from the car on Friday and on Sunday as we load up for the city.” Though not strictly organic—the Allans add chemical fertilizer in early spring—they do not spray after vegetables are set. Beetles and hornworms are plunked into what son David calls “the bad guys jar” of ammonia water. Crops planted are shared with John’s colleagues at The New York Times. More, page 237.

Left: Everything is grown from seed except perennial asparagus.
Opposite page, inset: John, Penny, and David Allan share summer chores.
Above: Woods around house were thinned to islands of trees, shrubs.
Right, above: David about to nip sucker from one of his very own tomatoes.
Right: Compost bins are the secret of this garden’s good soil and abundance.

**FOR WEEKEND GARDENERS TO GROW**
Evergreen groundcovers
Easy-to-grow vegetables
Hardy shrubs
Amenity of grass
BAS-RELIEF
BASKETWEAVE

By controlling yarn tension and shaping the canvas, you can sculpt as you stitch.

Sculptural needlepoint, a totally new art form, was invented—by mistake. Paul Himmel's wife was needlepointing a butterfly, and Mr. Himmel, a photographer-turned-social worker, was so intrigued with the process that he decided to learn. When his canvas developed some lumps and bumps, rather than despairing, he used this added dimension. The sculptural quality is achieved, he explains, by working the design inward from the edges, using several different stitches—usually at least three—and finally by pasting cotton to back of canvas to hold form. Paul Himmel invents his stitches as he goes along—and so can you. Some of his stitches, see page 192.
THE MAGIC TRIANGLE
A single basic stitch that lets you create hundreds of geometrics

"Add some color to the triangle, and use it to build hexagons, and it will do wonderful circus tricks for you," suggests Shirlee Lantz, inventor of trianglepoint. Her fascination with the rhythms and play created by the optical illusions in the hexagonal designs of Islamic art and architecture, Western medieval manuscripts and mosaics, and even snowflakes, finally resulted in her development of trianglepoint. "It is economically sound to use what is available in design as well as in materials," Mrs. Lantz believes. Before she invented this totally new stitch, it had been impossible to transpose hexagonal designs based on the 60-degree angle to canvas whose threads cross at 90-degree angles. Now, one easy-to-learn stitch opens up a multitude of geometric designs to needlepointers. To learn how trianglepoint is done, turn to page 192. For an abundance of designs you can try, see Shirlee Lantz's book, Trianglepoint: From Persian Pavilions to Op Art with One Stitch (Viking Press).
Pick your pigments fresh from the garden, and turn flowers, leaves, roots, and bark into natural dyes for your weaving and needlework.
Dyeing warm fabrics with the pieces of plants, flowers, vegetables, or fruits is one of man's oldest crafts. One squeeze of a potential berry, and man was busy staining animal hides, painting cave walls, and figuring out how to extract colors from all the natural resources around him. As weaving emerged, so did dyeing, and today it is essentially the same craft as in centuries past—but more scientific, and more convenient. Colors can be controlled through the use of chemical mordants, and you can dry or freeze dyeing materials. This makes dyeing less harried and more predictable than it was in a cave, but happily you can still have surprises since nature, naturally, is never exactly the same twice. You can dye yarns or cloth, using flowers, fruits, and vegetables, provided they are 100 percent natural fiber, such as wool, cotton, or linen. Nuts, onion skins, lichens, and tree barks also produce lovely rich colors. Mrs. Gino Cirincello, wife of the New York restaurateur, used blossoms, leaves, and roots for the subtle, old-world colors here. "Many flowers will give you warm yellows and oranges," she said. "While berries yield deep reds, blues, and purples—those stains we dread on a white tablecloth can be put to good use!" All you need are enameled or stainless-steel cooking pots, a few odds and ends such as string and tags, and mordants—chemicals to hold or change a color. Instructions for this dyeing art, plus a list of color-recipe books, can be found on page 120.

Opposite page: Day lilies
Opposite page, far left: Skeins of dyed yarn ready for weaving or knitting.
Top, from left: Rhododendron leaves for greens, grays, rusts. Day lilies for greens, golds, yellows. Coreopsis for yellow, orange. Bloodroot for tans, blacks. Different colors result from different mordants.
Bottom left: Dye baths.
Right, from top: Yarn in the buff. Mordants, to stabilize or alter colors. Simmering yarns with waterproof recipe tags. Rinsing dyed wool. Wool drying. The little frog, woven from naturally dyed yarn like its Unicorn Tapestries original. Mrs. Cirincello, her loom behind her, finishing a knitted afghan of natural wool.

"Natural dyeing is nature's palette transformed with the human touch."
Dance: The new exercise
continued from page 159

a distinguished critic and long-time supporter of the regional dance movement, is executive director of the National Association for Regional Ballet, which, quite naturally, has as its goal another Isadora vision: “I see America dancing beautiful, strong, with one foot poised on the highest point of the Rockies, her two hands stretched out from the Atlantic to the Pacific, her fine head tossed to the sky, her forehead shining with a crown of a million stars.”

The NARB now has 115 member companies. And Miss Hering has engineered a program, funded by the Andrew W. Mellon Foundation, to form a repertory for NARB members by carefully choosing the best of over 500 works by regional choreographers. So regional innovations, the accents of the South, the Northwest, Texas, are making themselves felt and seen in the national dance picture, even as NARB companies bring the best of dance to areas heretofore untouched by the art.

And it’s easier for people to relate to dance today. Although pure, classical ballet flourishes (nothing draws crowds like The Nutcracker Suite), the lines between dancing disciplines have blurred. Richard Philp, managing editor of Dance magazine, speaks of “a conglomeration, an amalgamation of style.” Then, too, there’s the superstar phenomenon. Dance heroes may not approach, say, the Mary Tyler Moores of the world in numbers of press coverage, but their presence is felt. Dance fans have always flocked to see their favorites; now, the public-at-large goes to see Mikhail Baryshnikov (in whatever) and talks about it for the next 3 weeks. General magazines are glomming onto what used to be the nearly exclusive turf of Dance magazine (as in Baryshnikov’s appearance on Time’s cover). Dance magazine’s subscriptions have tripled in the last 5 years, and it nimbly keeps up not just with the stars but with the total dance scene.

It publishes reports from everywhere—Akron, Salt Lake City, St. Paul—and on everything from toe-shoe technology to the state of arts funding. (“Dance has become a responsible business,” reports Richard Philp.) Dance magazine has a regular TV column. In one recent issue, disco was covered right along with Baryshnikov’s latest moves. And let us not overlook the influence of television in the dance boom—not that dance is new to television. The June Taylor Dancers were a hallmark of my childhood, and I was hooked on American Bandstand. But serious efforts to translate major dance works into the TV idiom were thwarted by limited interest on the part of producers and the public, and the limited ability of the cameras to capture the performances. Now, all that is changing. Dance in America is not only the first 
Continued on page 190

ELLIO ETVII

Harveys Bristol Cream® Sherry. © 1977 Heublein, Inc., Hartford, Conn.
WINE & FOOD

Brilliant beginning for a FOOD-TASTING party
The Triple Chocolate Cake

A Jell-O® Pudding Triple Chocolate Cake is a triple chocolate treat for the whole family. Start with your regular chocolate cake mix. Then make it really rich, moist and more chocolatey by adding in chocolate flavor chips and Jell-O® Chocolate Flavor Instant Pudding.

So give everyone a triple chocolate treat. Make a chocolatey, chocolatey Triple Chocolate Cake.

Triple Chocolate Cake Recipe

1 package (2-layer size) chocolate cake mix
1 package (4-serving size) JELL-O® Chocolate Flavor Instant Pudding and Pie Filling
4 eggs • 1 cup water • 3/4 cup oil
1 cup BAKER'S® Chocolate Flavor Baking Chips

Combine all ingredients in a 13x9-inch pan and stir with a fork until blended, about 2 minutes. Bake at 350° for 40 to 45 minutes, or until cake springs back when lightly pressed. Cool in pan and cut into squares. Sprinkle with confectioners sugar, if desired.

*At high altitudes, increase water to 1 1/2 cups, add 1/4 cup flour, bake at 350° for 40 min.
**Feel good food**

Rancho la Puerta’s menus for a week

<table>
<thead>
<tr>
<th>Day</th>
<th>Breakfast</th>
<th>Lunch</th>
<th>Dinner</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Sunday</strong></td>
<td>Half slice Tecate toast</td>
<td>Hot spiced tomato soup</td>
<td>Sweet carrot soup</td>
</tr>
<tr>
<td></td>
<td>Individual casserole of huevos Rancheros: 2 eggs poached with a sauce of tomatoes, onions, oregano, and basil</td>
<td>Half avocado stuffed with pot cheese, celery, raisins</td>
<td>Persian pancakes</td>
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<tr>
<td></td>
<td>Berries and yogurt sprinkled with date sugar</td>
<td>Sesame bread sticks</td>
<td>1-ounce dish grated coconut and peanut butter</td>
</tr>
<tr>
<td><strong>Monday</strong></td>
<td>Half grapefruit</td>
<td>Small vegetable salad with alfalfa sprouts, sunflower seeds, and egg salad dressing</td>
<td>Fruit salad</td>
</tr>
<tr>
<td></td>
<td>Hot millet cereal with honey and skim milk</td>
<td>Fresh fruit</td>
<td>3-inch-square piece cheese cake</td>
</tr>
<tr>
<td><strong>Tuesday</strong></td>
<td>Half slice Tecate toast</td>
<td>Waldorf salad</td>
<td>Broth heated with fresh raw vegetables and sliced raw ginger</td>
</tr>
<tr>
<td></td>
<td>Hot boiled egg</td>
<td>Rice-and-pine-nut-stuffed zucchini, oregano and tomato sauce</td>
<td>Red and white cabbage slaw Carrot-nut loaf</td>
</tr>
<tr>
<td></td>
<td>Freshly grated red apple with skin, raisins, and cinnamon</td>
<td>Fresh fruit</td>
<td>Small baked banana with honey</td>
</tr>
<tr>
<td><strong>Wednesday</strong></td>
<td>Muesli: 1 ounce each oats and chopped dried figs soaked overnight in water, mixed with grated apple and 5-6 chopped hazelnuts. Served with skim milk</td>
<td>Fresh raw vegetable plate Assorted cheeses</td>
<td>Sliced tomato and red onion salad: oregano, vinegar, and olive oil dressing Carrot soup Broccoli soup Pineapple yogurt pie</td>
</tr>
<tr>
<td><strong>Thursday</strong></td>
<td>Egg poached in milk margarine, salt, pepper Half slice Tecate toast Sliced orange with grated coconut</td>
<td>Cream of corn soup Raw vegetable sticks Yogurt and curry dip Spinach pie Fresh fruit</td>
<td>Tomato stuffed with guacamole salad: avocado mashed with celery and onion Qumino’s soup Tostadas with Salsa Mexicana Caramel slum custard</td>
</tr>
<tr>
<td><strong>Friday</strong></td>
<td>Papaya with lime Old-fashioned oatmeal sprinkled with bakers’ bran, cinnamon, and raisins</td>
<td>Spring salad of sliced radishes, cucumbers, bell peppers mixed with yogurt and sprinkled with chives</td>
<td>Watercress and sliced raw mushroom salad: oil and vinegar dressing Gazpacho Cabbage rolls Grape pudding</td>
</tr>
<tr>
<td><strong>Saturday</strong></td>
<td>Grilled Monterey Jack cheese on half slice Tecate bread Fruit salad with toasted sesame seed and honey dressing</td>
<td>Caesar salad Eggplant Parmesan Fresh fruit</td>
<td>Mixed salad of lettuce, tomatoes, carrots; lemon and oil dressing Pinot bean soup Baked potato: baked, scooped out with only half the meat stuffed back in the skin after being whipped with cottage cheese, seasonings, and chives Apricot yogurt mold</td>
</tr>
</tbody>
</table>

**Fresh snow cones quench thirst.**

**How to eat yourself slim, with hearty, high-energy menus and recipes from the Rancho la Puerta**

At Rancho la Puerta Deborah Mazzanti’s world-famous health resort in Tecate, Mexico (just a 2-hour drive away from her other health spa—The Golden Door), the food is hearty and vegetarian, but it’s low-calorie, too. A balanced lacto-ovo vegetarian diet is served buffet-style three times a day. Guests scale portions to their individual diet goals. The suggested daily calorie count is 1,000. It comes in the form of fresh, natural foods and a wonderful dark stone-ground bread. It’s a satisfying diet for most guests to lose weight by. Here are menus for a week, plus some of the Rancho’s great recipes. We advise you to consult your doctor before embarking on this or any other reducing diet plan.

**Virtue Making Diet—The Golden Door’s 1-day, 6-drink liquid diet (see House & Garden February, 1976)**

- Half grapefruit
- Small vegetable salad with alfalfa sprouts, sunflower seeds, and egg salad dressing
- Fresh fruit
- Broth heated with fresh raw vegetables and sliced raw ginger, Greek olive and feta salad on a bed of chopped lettuce; oil, vinegar and oregano dressing, Stewed pears
- Puree of spinach soup
- Red and white cabbage slaw
- Carrot-nut loaf
- Small baked banana with honey
- Sliced tomato and red onion salad: oregano, vinegar, and olive oil dressing
- Carrot of peanut butter soup
- Broccoli souflé
- Pineapple yogurt pie
- Tomato stuffed with guacamole salad: avocado mashed with celery and onion
- Qumino’s soup
- Tostadas with Salsa Mexicana
- Caramel slum custard
- Watercress and sliced raw mushroom salad: oil and vinegar dressing
- Gazpacho
- Cabbage rolls
- Grape pudding
Feel good food

A mecca for health enthusiasts for 35 years, the Rancho la Puerta in Tecate, Mexico, is perhaps the most at one-with-nature of all the health resorts. One hundred fifty acres of hilly, vine-covered terrain, a gentle Mediterranean climate, sunlight, clean air, and pure water are unflagging attractions for guests from all over the world. They come to reduce tension and stress with a low-key regime of exercise and sport on a self-imposed diet. Many of the organic foods are raised in the ranch's own vegetable gardens and orchards; herbs are picked from the surrounding hillsides. Whole-grain bread sweetened with honey and flavored with caraway seeds is baked several times a week in an open-air oven. The emphasis is on fresh, natural foods and simplicity of preparation; each meal takes only about 30 minutes to prepare. Founded in 1940 as a health camp, the Rancho has grown in size and range of activity with the years and offers a program that will kindle a new body awareness, yet suit individual energies.

Each day is filled with movement—from gentle exercises performed against the comfortable resistance of warm water in the Japanese Family Tub, to a much more bracing early morning mountain hike. Tennis, putting, yoga, gymnastics, swimming, and volleyball can be interspersed with passive pursuits—Swedish massage, herbal wraps, scalp treatment, and facials. People of all ages fit into the Rancho community's informal, family atmosphere. Beginning in June, guests will be accepted for a minimum 5-day visit; some weekending will be permitted if accommodations are available. Prices for a 5-day visit range from $250-$350 for a single room to $200-$325 each for double occupancy. For more information, write to Rancho la Puerta, Tecate, Cal. 92080.

Apple snow
(Viande de manzana)

INGREDIENTS
3 tablespoons lemon juice
1 tablespoon honey
4 tart, crisp apples, peeled and cored
3 ice cubes

garnishes: mint, sliced lemon, or slivered candied ginger

METHOD
In a bowl, stir together the lemon juice and honey until honey dissolves. Grate the apples into the bowl and stir well. Chill until quite cold. Crush ice in a blender and mix into apple mixture. Serve at once with a garnish of fresh mint, a lemon slice, or piece of candied ginger. Serves 4. 90 calories each.

More recipes, page 188
22 separate courses, each a morsel of excellence, served with wit and imagination at a table planted with a living lawn.

Arranging a party is like painting, but with different ingredients. Putting together the people, the food, the table means making a collage of real things that come together and then disappear at the end of the evening,” says Countess Ulla Wachtmeister, right. This Swedish artist, wife of the Swedish Ambassador to the United States, Count Wilhelm Wachtmeister, is also a nonstop party giver. Parties that are an essential part of their diplomatic life—but also occasions that she thoroughly enjoys orchestrating. And because Ulla Wachtmeister’s parties are sparked by her unique flair and imagination, they’ve become perhaps the most sought-after in Washington.

One of these, a food-tasting party at the Swedish Embassy in Washington, D.C., for a group of friends with a special love of food, shown here and on the following pages, consisted of a witty and eclectic menu of 22 courses. Twenty-two different tastes, from Swedish caviar (Lojrom) nestled in a pearly abalone shell with a light touch of dill, onion, and sour cream, to Earl Grey tea sherbet served in a tea cup. Each course, as fresh as the party’s spring theme, was presented in a series of beautiful still lifes. A dizzy kaleidoscope of beautifully arranged plates held just a taste, a bite or two, of sheer invention—one course, a nest of Korean flavored spinach, nestled twin creamy eggs plus a larger egg, to symbolize the abandoned cuckoo’s egg. Another, a cheese course of creamed Gorgonzola, was set in a golden aspic garnished with shredded red cabbage. “We spend so much time eating, that food should be an art form in itself,” says Ulla Wachtmeister. “It should be a surprise and excitement through an original presentation—not an inevitable thrice-a-day routine.”

So for twenty-four—a group of friends who belong to a small cooking club—and a sprinkling of extra guests, a breath of spring came early. Down the center of the dining table ran a path of bright green rye grass, grown indoors on metal baking sheets, studded with anemones, freesias, and tulips. Magnolia-leaf place cards were chalked with each guest’s name. A shining “pond” of mirrored glass for each place mat was bought inexpensively in a hardware store. Bright daffodil yellow napkins, glass plates by Kosta Boda, red and white glasses, and flickering candles decorated each place. The menu, a scroll, tied with blue and yellow silk. “When I have no time to paint, I try to be creative in other ways,” says Countess Wachtmeister. “My parties, like my paintings, are always different, but have a certain quality and style; I try to make them personal and original.” Years spent in posts in Moscow, Vienna, Madrid, New York, and travels all over the world, have lent eclectic inspiration: “I particularly like the Oriental spirit of presenting food as an exquisite picture.” These spur-of-the-moment ideas are created with the embassy chef, Gunter Kretzner. Menu, recipes on the following pages.
twenty-two courses, a Diamond Jim dream—no, a witty, festive way to treat guests to a variety of tastes, and some spur-of-the-moment culinary ideas. Countess Ulla Wachtmeister’s menu ran into the twenties, but she suggests if you try the idea at home, whittle down the courses by perhaps half, and serve a little more than the delicate morsels served at this dinner. Cooking ahead was part of the secret for the party, prepared, left, by Countess Wachtmeister and her chef Gunter Kreftner. On the right, quick takes of some of the highlights. To start, a skinny glass of Swedish vodka, served here to daughter Anna Wachtmeister by butler and co-party planner, Arvid Johansson (A). An oval platter of Eggs Dali and Exploded Noodles, close-up, near right, inspired by Salvador Dali. Egg-shells are piped full of a leek-flavored cream, tangy with anchovies, placed on wooden skewers, and served warm on a crisp bed of golden, deep-fried rice noodles—one of many courses repeating an egg-and-nest motif. The world’s smallest serving of Lobster thermidor (B), delicious nonetheless, in a white shell. Mussels (C), just two, soloing on a bed of shredded lettuce dressed with herb-flavored green sauce. Hidden cheese (D), creamed Gorgonzola set in a bed of golden aspic. Korean spinach, (E), nestling two creamy eggs and abandoned euckoo’s egg. Fish package (F), served on a Chinese red-lacquered tray, it typifies the spare beauty of Japanese cuisine. Gravlax (G), salmon marinated in dill, sugar, and salt, and sliced paper thin with a tangy mustard sauce. Eric Wachtmeister (H) consults the lengthy menu for a clue to the next course. Lamb and leeks on a spit (I), set on a red-lacquered tray with a salad of celery root, plus stewed tomatoes, crisp, deep-fried kale, brown rice. Baltic soup (J) is half-a-dozen spoonfuls of saffron- and curry-scented broth with a poached scallop. The colorful hand-written menu, (K), Desserts, (L), served on exquisite Royal Danish porcelain: Black currant cream, Earl Grey sherbet, Grandmother’s pot holding a caramel-and-chocolate cream, and a white cake nest with red currant eggs.
The glorious cheese course is creamed Gorgonzola encased in a medallion of golden aspic.
Taste of perfection
continued from preceding page

Fish packages

INGREDIENTS
1 pound fish bones and trimmings
1 bunch parsley, chopped
1 onion, sliced
1 glass (6 ounces) dry white wine
salt
1 pound rockfish, sole, or flounder fillets
collard greens or lettuce leaves
3 shallots, chopped
1 carrot, sliced
1/4 rib celery, finely chopped
2 tablespoons butter

METHOD
In a large kettle add bones, parsley, onion, 1/2 of the wine, and water to cover ingredients. Bring mixture to the boil and simmer 20 minutes to produce a strong fish stock. Salt to taste.

Cut fish in even pieces, about 2 inches long by 1 inch wide, big enough to fold into each collard green or lettuce leaf. Cook the fish very carefully in the stock for a few minutes until tender. Remove with a slotted spoon and place on paper towels.

Blanch the collard greens or lettuce for about 5 minutes in boiling water. Plunge into cold water and drain. In order to have neat and uniform packages, trim leaves to same size. Place a piece of fish in the center of a leaf and fold the end nearest you over the fish. Turn the package over again to enclose the fish securely. Fold over the corners, and press down to seal, making a closed package or envelope. Place fish packages in a buttered glass dish.

Lightly sauté the shallots, carrot, and celery in the butter. Add to the fish stock and simmer about 5 minutes. Add remaining wine to mixture and pour over the fish packages. Place a carrot slice on top of each package and refrigerate. Before serving, heat in a moderate oven (350°) about 10 minutes. Serve from caserole. Serves 10—about 2 per serving.

Hidden cheese

INGREDIENTS
2 cups beef consommé flavored with port or Madeira
2 envelopes unflavored Knox gelatin
1/2 pound Gorgonzola cheese
4 tablespoons butter
2-3 tablespoons heavy cream
finely sliced red cabbage
finely sliced green celery
curled cress seed, available from health food stores and garden shops.
Can be grown quickly indoors ("I sprouted it myself on a towel")
Swedish crisp rye bread

METHOD
In a saucepan, add consommé and gelatin and place over low heat, stirring constantly, until gelatin is dissolved. Fill individual 1/2-cup ramekins with 2 tablespoons mixture, and cool until firm.

Serve together the cheese and butter into a bowl. Stir in cream and mix until very soft. Put a heaping teaspoon cheese mixture in the middle of each ramekin. Pour remaining gelatin mixture just around and over the cheese. Cool.

Unfold the gelatin/cheese mixture and garnish with cabbage, celery, and cress. Serve with bread. Serves 8.

Gravlax with mustard sauce

INGREDIENTS FOR GRAVLAX
3 tablespoons salt
4 tablespoons sugar
6 peppercorns, coarsely ground
2 pounds piece of salmon, cut from the center section of the fish: leave skin on, split and remove backbone and little bones surrounding it
2 large bunches dill lemon slices for garnish

INGREDIENTS FOR MUSTARD SAUCE
2 tablespoons Swedish or Dijon mustard
1 tablespoon sugar
1 1/2 tablespoons wine vinegar
1/4 teaspoon salt
1 teaspoon dill, finely chopped
1/2 cup salad oil

METHOD FOR GRAVLAX
Mix together in a bowl the mustard, sugar, and peppercorns and rub mixture into the salmon well. Place one half of fish, skin side down, on a plate and put one bunch dill, chopped, on top. Rub the other half of the salmon with the remaining mixture and place over the dilled piece, skin side up. Place in a tightly sealed plastic bag and weigh it down with a chopping block or other weight. Turn bag over every day. Gravlax can be served after 24 hours, but it gets better after a week.

When salmon is cured, scrape away dill and seasonings and dry on paper towels. Slice fish thinly on the diagonal and detach flesh from the skin. Serve with fresh chopped dill, slices of lemon, and mustard sauce. Serves 8.

METHOD FOR MUSTARD SAUCE
Mix together in a bowl the mustard, sugar, vinegar, salt, and dill. Gradually and smoothly beat in the oil with a spoon. (If American mustard is used, exclude vinegar and add more sugar.)

Baltic soup

"When you buy fish, always ask for the bones or extra bones, if possible. Rockfish and salmon bones and heads are perfect for stocks."

INGREDIENTS
2 tablespoons olive oil
1 onion, thinly sliced
1 leek, cleaned, chopped
1 carrot, sliced
2 peeled tomatoes
2 pounds fish bones, heads and trimmings
1 tablespoon parsley, chopped
fresh basil, to taste
fresh thyme, to taste
2 tablespoons butter
1 clove garlic, chopped
1/4 teaspoon paprika
1/4 teaspoon curry powder
1/4 teaspoon saffron
dash cayenne pepper
6 scallops

METHOD
In a large kettle add wine and sauté onions, leeks, and tomatoes until tender but not browned. Add bones, parsley, basil, thyme, and enough water to cover. Bring mixture to the boil and simmer for 25 minutes. Strain. There should be about 3 cups liquid.

In a large saucepan melt the butter and sauté the garlic slowly. Add paprika, curry powder, saffron, and cayenne and cook, stirring constantly, for a few minutes. Add fish stock and simmer for another few minutes.

Add scallops and cook until tender, about 3 minutes. Serve 1 scallop in each bowl of the golden soup. Serves 6—about 1/2 cup per person.

Mussels with green sauce

INGREDIENTS
1/2 cup dry white wine
2 tablespoons onions, chopped
1 1/2 tablespoons parsley, chopped
1 1/2 pounds mussels (about 2 per person)
—buy a little extra in case some are empty or small)
scrubbed and rinsed well
1/2 teaspoon arrowroot
1 teaspoon dill, finely chopped
1 teaspoon leeks, finely chopped
salt and pepper, to taste
shaved lettuce
cherry tomatoes, sliced

METHOD
In a large kettle add wine, onions, and 1/2 teaspoon parsley and bring mixture to the boil. Cook for 1 minute to evaporate the alcohol. Add mussels to kettle, cover tightly, and boil quickly over high heat for about 5 minutes or until shells open. Shake kettle frequently during the cooking. Remove mussels from kettle as soon as they open, discarding one half of each shell.

Strain liquid and return it to the kettle; bring to a boil and reduce it by half. Remove from heat and stir in arrowroot. Place kettle over low heat and stir until mixture is slightly thickened. Do not allow it to boil. Mix in dill, remaining parsley, leeks, and season to taste. The sauce must be green and beautiful, and well seasoned.

On small dishes, arrange two shells with mussels on a bed of lettuce, spoon a small amount of sauce over each mussel, and garnish with a slice of tomato. Serves 6-8.

Continued on page 182

House & Garden
THE SOCIABLE SOUR: TART, TASTY, AND FILLED WITH MEMORIES OF GOOD TIMES WITH GOOD FRIENDS.

TRY IT...ALL THE LIQUOR'S IN IT. THE HEUBLEIN WHISKEY SOUR.

Heublein Whiskey Sour 42 Proof ©1977 Heublein Inc. Hartford, Connecticu 181
Eggs Dali

Inspired by Salvador Dali

INGREDIENTS
6 eggs
1 bunch parsley
2 leeks
1 clove garlic, crushed (optional)
7 tablespoons butter
3 tablespoons heavy cream
salt and pepper, to taste
2 anchovy fillets, crushed
prepared Italian seasonings or a pinch of dried basil and oregano
Tabasco sauce, to taste
6 wooden skewers
peanut or vegetable oil
1 package translucent noodles, made of rice or dried mung beans

METHOD
□ Pierce the top and bottom ends of eggs, making hole on one end larger. Place eggs on 6 small glasses and allow insides to run out, or shake out. If yolks won't come out, pierce them with a long needle. Set eggshells aside and mix 5 eggs in a bowl together. Reserve remaining egg.
□ In a blender or food processor, chop parsley and leeks very fine.
□ In a large skillet, saute garlic in 2 tablespoons of butter. Add parsley and leeks and then pour the eggs over the mixture. Add cream, salt and pepper, and cook very slowly, stirring constantly with a wooden spoon, until creamy. Add the remaining butter and cook until melted. Remove pan from heat and stir in anchovies. Beat the remaining egg and add it to soften the mixture.
□ Add Italian seasonings or dried herbs and Tabasco, and mix in well. Fill the reserved egg shells with the egg mixture through the larger hole with a demitasse spoon or through a nylon pastry bag with a #4 tube, or a plastic bag with a small hole cut in a corner. Put the skewers through the eggs and heat about 7 minutes in a 350° oven.
□ Preparation can be done one day ahead. Heat the dish before serving and serve on a bed of "exploded noodles." Heat oil in a deep fryer. Break noodles apart and cook a few at a time. They explode into crisp golden strands and make a nice garnish for many dishes. Arrange eggs on top of noodles. Crack shell with a spoon and eat with a fork or spoon. Serves 6.

Black currant cream

INGREDIENTS
1 cup black currant jam or Hero black currant syrup (strawberry, raspberry, blueberry—any kind of berry could be used)
1 ¥2 cups water
sugar to taste
3-3½ tablespoons cornstarch
3-3½ tablespoons ice-cold heavy cream

METHOD
□ In a large heavy saucepan, mix jam or syrup thoroughly with water. Taste and add sugar if necessary.
□ Gradually stir in cornstarch until dissolved. Cook over a low flame, stirring constantly, until it thickens—about 10 minutes.
□ Serve warm or cold in soup plates with ice-cold cream. Makes 5 ¥2-cup servings.

Earl Grey sherbet

INGREDIENTS
2¥2 cups sugar
3¥2 cups water
3 quarts strong tea made of Earl Grey blend
juice of 1 lemon
juice of 2 oranges
lemon slices
mint leaves
oatmeal cookies

METHOD
□ In a heavy saucepan, boil the sugar and water together until it thickens. Add tea and lemon juice to the mixture while still hot. Cool. Add orange juice and taste to see that mixture has a good tea taste—not too bitter, just sweet enough. Freeze in an ice-cream machine and store in deep freeze.
□ Serve a small scoop in a tea cup with a lemon slice, a mint leaf, and an oatmeal cookie on a saucer. Serves 24—¥2 cup per serving.

Grandmother's pot

INGREDIENTS  FOR CARAMEL
¾ cup heavy cream
¾ cup sugar
2 tablespoons butter

INGREDIENTS  FOR CHOCOLATE SAUCE
1 ounce semi-sweet chocolate
5 tablespoons heavy cream
2 egg yolks, lightly beaten
4 tablespoons butter
garnish: edible silver “pearls”

METHOD  FOR CARAMEL
□ In a heavy saucepan, boil cream and sugar together until thick, stirring constantly (about 20 minutes). Fold in butter and stir into mixture until incorporated. Caramel should be a light tan color. Pour into small cups with lids, or demitasse cups ¥3 full. Serves 8.

METHOD  FOR CHOCOLATE SAUCE
□ In a heavy saucepan over low heat, melt the chocolate with the cream. Add yolks and butter slowly and stir until smooth. Remove pan from heat and pour, while still warm, on top of the caramel in the cups to fill demitasse cup ¥3 full. Decorate with 1 silver “pearl” in each cup. Serves 8.

If you think the driest champagnes come only from France, you haven’t tried our newest.

We think it’s time you knew.
Great Western Naturel.

Pleasant Valley Win, Co., Hamptonport, New York 14840

3-3½ tablespoons cornstarch
ice-cold heavy cream

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All the goodness in rice comes from nature alone. But it took Uncle Ben's to bring that goodness home.

All rice starts with the goodness of nature. But most companies strip away that whole grain goodness. So, what you get is less than what nature put there in the first place. But Uncle Ben's found a way no one else found to take that goodness and seal it in. To bring you rice with a taste that's wholesome and naturally delicious. And a natural texture that's beautiful and separate, every time.

Bring the goodness home tonight. Try Uncle Ben's.®

The goodness just comes naturally.
The oldest wine-making region in the country is growing–fast

A vineyard is a peaceful place, gnarled ropy vines, some of them as old as a hundred years, plunging roots deep into the poor soil they prefer, pruned back in winter to bud forth in the spring with leaves and tendrils that twist along the posts and wires the vineyard keeper has ready for them, strong enough to support the gradually filling, ripening grapes. Sunlight, rain, a few lazy bees now and then. Sleepy, almost. But in New York State, where the first American vineyards were planted more than a century ago, a slowly developing tradition seems to have reached some sort of bursting point. There's a lot of news, a lot of activity, a growing diversity ready to serve the growing American taste for wine.

Three apparent trends to wine-making in New York, all of them healthily egotistical, will have us sipping new wines made from native grapes, a whole array of new sparkling and lightly carbonated wines—sparkling wine is a tradition New York State is already known for—and, most promising, several new varietal wines marked with vintage years, some of them produced from European vine-stocks, some of them estate bottled, and a few of them already tested prize-winners.

The Vikings first called the new world Vinland, and the vines they found growing here were quite likely native wild grapes of the Labrusca family, hardy, high in acid, fruity in flavor. They're still New York wine-making mainstays. Most New York State wineries have Delaware, Niagara, Ives, Isabel, or Concord wines. Gold Seal's Henri Marchan line has a new wine called Labrusca ($1.99). Walter S. Taylor, for wines made from grapes grown elsewhere than on Bully Hill's 3,000 acres, will introduce Walter S. Taylor Brut Champagne ($6.25) on June 1.

Benmarl, even smaller but also increasingly prestigious, made its first sparkling wine this year, too. Fermented in the bottle, it is as yet only available to the members of Benmarl's Société des Vignerons, wine lovers who have bought vine rights in the wineries' vineyards and who, in return for their investment, have "masters' rights" to the first twelve bottles produced from each vine-right. Carbonation, adding carbon dioxide to wine to make it fizz, is a relatively new idea to New York State wineries, and it is, says spokespeople for Gold Seal, proving popular. Gold Seal will add a carbonated Chablis Rosé ($2.19) to its line of wines—all of which have completely new packaging. Also new, with the new look, Gold Seal White Burgundy ($2.19).

For the serious oenophile, the best news is the new emphasis that New York State wineries are beginning to give varietal wines. Varietals—wines made predominantly from juice of the grape named on the label (by New York State law it has to be 51 percent; out of conviction some wineries make it as much as 100 percent)—make it possible to savor a particular kind of grape, and if the varietal is also a vintage wine made from the juice of one kind of grape grown in one year, to enjoy the taste of changing seasons and turning years in the wine. That's the kind of thing that leads to myth and magic in the bottle. Gold Seal has released its 1975 vinifera varietals (vinifera is the vine family from which European wines are made), Pinot Chardonnay ($3.99) and Johannisberg Riesling ($3.99). Widmer prides itself on the high-percentage in its American Classic series ($2.99), and is working to bring West Coast varietals (from its Alexander Valley, Calif., vineyard associates) together with East Coast varietals under one marketing umbrella.

Wine made from some of the French-American hybrid grapes are now rapidly coming of age. Labruscas are hardy; viniferas are tasty. Crossbreeding them.
Want perfect coffee?
Try A.D.C. — one coffee all four recommend.

Perfect coffee is here!
There may be fifty different coffees you could use in your new automatic drip coffee maker. But Maxwell House A.D.C™ is one coffee Norelco, General Electric, Proctor-Silex and West Bend all recommend. A.D.C™ is specially blended, then specially ground for the new coffee makers. For inviting, satisfying coffee. In a word, perfection. So if you've got a special coffee maker, get a special coffee: Maxwell House A.D.C™

One sniff, one sip and you'll know just how special it is!

A.D.C™ Automatic Drip Coffee
New York State Wine

continued from page 184

Viticulturalists have produced literally hundreds of hybrids with varying characteristics, and vintners have devoted themselves to discovering which make the best wine. It's all part of the ardent wine lover's eternal search for the perfect grape, the perfect process, the perfect ingredients for that most evanescent of experiences: the perfect sip of wine. The testing takes years. Some of the most successful have been hybrids named Baco Noir, de Chaunac, Seyval, Aurore, Marechal Foehn. Great Western will soon release the vintage 1975 Great Western De Chaunac (about $4), its first 100 percent French-American varietal, fermented on the skins and aged in oak.

Bully Hill will include two varietals, Aurore ($3.36) and Seyval Blanc ($3.36), in its Walter S. Taylor line to be released toward the end of this month. The rest of the line, Walter S. Taylor Red ($3.36) and Walter S. Taylor White ($3.36), will be blended from several hybrid grapes. The Brotherhood Winery in the Hudson Valley, established in 1839, is the oldest continuously operated winery in the country—it produced altar wines during Prohibition—and its newest wines are also French-American varietals, Aurore ($3.19) and Chancellor (about $3.19) soon to be in the shops.

For those who like sparkly things, there are several new New York champagnes, sparkling wines, and "lightly carbonated" wines

At Benmarl, also on the Hudson, a winery established only seven years ago that picks its grapes from some of the oldest vine-growing land in the country, vintage wine-making has taken a classic European turn perhaps for the first time in the U.S. This year, owner Mark Miller and his wine-making sons Eric (head vintner) and Kim produced a nouveau ($3.25) and this spring are producing a light, fresh Seyval Blanc. Wine goes through three distinct stages in fermentation. For a week or so it sits on the skins (if it's a red wine) to absorb color, working up a lot of yeasty excitement as grape sugar turns to alcohol. That's the settling, churning first fermentation. Suddenly nearly all the sugar is gone, and the skins are pressed to yield the raw wine. It's put into casks to undergo the second stage, malolactic fermentation, during which it clears. At the end of this time (usually early winter) the wine-maker can hardly wait to try it. Even before the final aging—the third stage—it is possible to taste the quality and potential of the wine. Who can blame him if he does, and if he brings in friends and neighbors to share? From this custom came the French practice of bottling the new baby wine and sending it off for a little early celebration. Wine intended for nouveau is usually more lightly made, not very complex, sharp, sassy, and fun. The Millers tried 150 cases, and it went so well, they say, that it is something of a temptation to devote more of their production to that, and leave less to develop. They're determinedly experimental, however, perfectly willing to try things in batches as small as 5 gallons (one of their experiments: casks coopered from six different kinds of oak, to try the different effects), so that's unlikely.

New laws and new business affiliations may have as much effect on the future of New York State wine as new vines will. Until last year, the state's wine laws had been virtually unchanged since Prohibition. But last fall a farm winery bill was passed, allowing small wineries to sell a large part of their production at the winery, and adjusting the size of the license fee to the size of the winery. Benmarl, for instance, as Farm Winery No. 1 will pay $125 a year to produce its 14,000 gallons, instead of approximately $1,500. The change is intended to encourage more farmers to go into wine-making, to stimulate the kind of competition that leads to excellence. New York State also made provision for regional appellations, so that wines made in the Hudson Valley, for instance, will be legally known as Hudson Valley wine in the same way that Rhône Valley or Loire Valley wine is known. Wine expert Alexis Lichine predicts that soon the Hudson Valley will be mapped plot by plot by wine lovers, as the wine-growing regions of France are now. "The whole industry is going to be changing in the next few years," says James B. Kauenspeck, general manager of Brotherhood. "Laws will, I think, begin to reflect wine and beer properly—as beverages, to go with food."

But the news that may bring more New York State wine than ever before to the rest of the wine-drinking country is the merger of Taylor and Great Western—whose output of New York State wines, 4,700,000 cases last year, is bigger than all the other New York State wineries combined—with Coca-Cola of Atlanta. It will bring Taylor Corporation a chance to jump from being a little big company (compared with the major California wineries; Almaden, for example, sold 6,387,645 cases of wine last year) to being a Big big company, said a spokesperson. President Joseph Swarthout welcomes, he says, the opportunity. And the whole Finger Lakes wine community seems to feel that the move will strengthen the industry and help New York State wines to come of age. But prices are for fifth-size bottles and are approximate for New York State area. They may vary throughout the country.

House & Garden
If you didn’t have any Pyrex ware, what would you make for dinner tomorrow night?

Not meatloaf.
Why risk burnt meatloaf? A meatloaf baked in Pyrex ware browns nicely. Top, bottom and sides. And if a little glaze drips onto the pan, it’s easy to soak off. (Free gourmet hint: add ½ lb. of sausage meat and ½ cup of dark beer — yes, beer — to any 2 lb. meatloaf recipe.)

Not lasagna.
What's lasagna without tomato sauce? Unfortunately, the acid in tomato sauce leaves some cookware pitted. And if it sits around in the wrong pan too long, its flavor will turn. But Pyrex ware lets you cook, serve and store lasagna that’s truly "bellisima.”

Not a shrimp casserole.
If you cook your casserole in just any old pot, you’ll have to dish it out into something presentable before you bring it to the table. But when you cook in Pyrex ware, you serve in Pyrex ware. So the casserole comes to the table prettier. And hotter.

Not a cherry pie.
Would you risk a pie crust in anything but a Pyrex ware pie plate? Not if you want to make sure it’s brown and crisp. Not if you want to be able to lift up neat, attractive slices. And certainly not if you want to pop your pie plate into the dishwasher when the pie’s all gone.

Pyrex ware. We make a better dish so you can.
CORNING
**Spanokopeta (Spinach pie)**

**INGREDIENTS FOR FILLING**
- 2 tablespoons oil
- 1/2 cup green onions, including tops, chopped
- 2 pounds fresh spinach, stems removed, washed, dried, and chopped
- 1/2 cup parsley, finely minced
- 3 tablespoons oil
- 1 teaspoon dried dill
- 1/4 teaspoon salt
- 1/4 teaspoon brown sugar or honey
- 1 clove garlic, minced
- 1/2 cup Monterey Jack or Romano cheese, crumbled
- 1/2 cup tomatoes, peeled, seeded, and chopped
- 1/4 cup coriander, chopped
- 1/4 cup frozen currants
- 1 tablespoon Ouzo, Pernod, or 1/4 teaspoon anise extract
- Orange slices
- Chopped walnuts

**METHOD FOR FILLING**
- In a large skillet, heat the oil and add the green onions. Sauté until tender.
- Combine spinach, parsley, dill, feta, and eggs in a bowl. Mix and add to onions; blend well. Pour into partially baked crusts (or into 2 oiled 9-inch pie pans for soufflé-like crustless quiche). Bake in a preheated 350° oven for 30-45 minutes until set. Makes 2 pies. Each serves 4. 330 calories per serving.

**INGREDIENTS FOR CRUST**
- 3/4 cups whole-wheat pastry flour
- 1/2 cup rye or soy flour
- 1/4 teaspoon salt
- 3 tablespoons oil
- 3 tablespoons sesame tahini
- 1 tablespoon sesame seeds
- 1/2 cup water, or more
- 1 egg white (optional)

**METHOD FOR CRUST**
- In a large bowl, add whole-wheat and rye or soy flour and salt. Mix well. Add oil, tahini, and sesame seeds by hand, distributing thoroughly.
- Add water, a little at a time, kneading until dough is workable. Roll out on a floured board and place in pie pans.
- Brush with egg white (if desired) and prick bottom and sides with a fork. Bake in a preheated 400° oven for 8 minutes. Cool and fill. Makes 2 9-inch crusts. (Top crust may be used if diet allows. If so, 2 crust recipes will be needed.)

**Sweet carrot soup**

**INGREDIENTS**
- 1/2 medium-size onion, chopped
- 3 tablespoons margarine or corn oil
- 1/2 teaspoon curry powder
- 1/4 teaspoon coriander (optional)
- 1/2 teaspoon brown sugar or honey
- 3 1/2 cups vegetable stock, boiling
- 3/4 cup carrots, scraped and diced
- 4 teaspoons flour
- 1/2 cup low-fat milk
- 1 egg yolk
- Chopped chives

**METHOD**
- In a deep skillet, sauté onion in 2 tablespoons of the margarine or oil. Add curry and coriander and cook another minute when fragrant, add sugar, stock and carrots. Simmer, covered, until carrots are quite tender. Purée and reserve.
- Heat remaining margarine or corn oil in a large saucepan, and add flour, stirring until smooth. Slowly pour in milk. Cook, stirring, over low heat until thick. Remove from heat and beat in egg yolk. Add carrot purée and return to heat, gradually heating to just below boiling point. Garnish with chives and serve at once. Serves 6-8. 80-100 calories per serving, depending on the size of the serving.

**Grape pudding**

**INGREDIENTS**
- 1 tablespoon brown sugar
- 2 cups pure Concord grape juice
- 3 tablespoons arrowroot
- 1 teaspoon Ouzo, Pernod, or 1/4 teaspoon anise extract
- Orange slices
- Chopped walnuts

**METHOD**
- In a heavy saucepan, dissolve sugar in 1/2 cups grape juice and bring to a boil. Mix remaining juice with arrowroot in a small bowl and slowly add it to the boiling juice, stirring constantly. Add cinnamon and cloves and cook until thick. When thickened, stir in Ouzo, Pernod, or anise extract and remove from heat. Cool.
- Pour into 4 wine glasses and chill. Garnish each with an orange slice and 1 teaspoon chopped walnuts. Serves 4. 123 calories per serving.

**The natural foods at the Rancho are prepared simply, from the freshest, home-grown produce, herbs, spices, and whole grains**

**Pinto bean soup**

**INGREDIENTS**
- 1 tablespoon oil
- 2 green onions, cut in 1-inch lengths
- 2 cloves garlic, minced
- 1 medium green pepper, coarsely chopped
- 1/4 cup tomato, peeled, seeded, and chopped
- 1 cup cooked pinto beans (recipe below)
- 3 cups pinto broth (recipe below)
- 1 teaspoon coriander or parsley, finely chopped
- Salt to taste
- Garnishes: 1/4 cup coriander, chopped; 1/4 cup tomatoes, peeled, seeded, and chopped; 1/4 cup onions, chopped; 1/2 cup Monterey Jack or Romano cheese, grated

**METHOD**
- In a large saucepan, heat oil and sauté onions until slightly soft, 3-5 minutes. Add tomatoes, pinto beans and broth, coriander or parsley, and salt to taste. Bring to the boil and boil briskly, uncovered, 10 minutes. Makes 4 large servings. Garnish at the table with the coriander, tomato, onion, and grated cheese. Each serving is a full meal. 240 calories each.

**Pinto beans and broth**

**INGREDIENTS**
- 1 pound pinto beans
- 3 garlic cloves
- 1 gallon water
- Salt to taste

**METHOD**
- Wash beans. Put them in a large kettle and add garlic and water. Bring to the boil and simmer 1 hour. Add salt to taste and simmer another hour. Strain beans, reserving the water. Use beans and cooking liquid for the bean soup. 1/4 cup beans, 25 calories.

**Salsa Mexicana**

**INGREDIENTS**
- 2 cups tomatoes, peeled, seeded, and finely chopped
- 1/4 cup green onion, chopped
- 1/4 cup coriander or parsley, chopped
- 1 clove garlic, minced
- 2 canned hot chili peppers, finely chopped (about 2 tablespoons)
- 1 teaspoon salt
- 1/4 teaspoon dry oregano

**METHOD**
- Combine all ingredients in a bowl and chill several hours. Serve this piquant relish with tostadas, over cottage cheese, or with guacamole. Makes about 21/2 cups. About 4 calories per tablespoon.

**Mexican zucchini casserole**

**INGREDIENTS**
- 2 tablespoons bread crumbs, toasted
- 2 eggs, separated
- 1/4 teaspoon salt
- 2 pounds (about 8 cups) zucchini, thinly sliced, steamed until just tender
- 1/2 cup grated Monterey Jack cheese
- 2 tablespoons ripe olives, sliced

**METHOD**
- Sprinkle crumbs over a buttered 9-inch-round casserole. In a bowl, beat egg whites until stiff; in another bowl, beat yolks with salt. Fold whites into yolks. Layer half of the zucchini in the bottom of the casserole. Top with half the sauce, half the cheese, and finally half the egg mixture. Repeat, topping with the olives. Bake in a preheated 350° oven for 30 minutes, or until heated through. Serve hot. Serves 4-6. 125-185 calories per serving.

Continued on page 191
SMOKEHOUSE®
SATURDAY NIGHT

Company's coming. The fire's going nicely. There's plenty of ice. You take one last look around the room before your friends arrive, snitching a Smokehouse® almond from the bowl on the table. Remember what a hit those almonds were the last time? Everytime you turned around, the dish was empty. Fantastic flavor! No wonder they say, "One Nibble is Never Enough." It's true.

Smokehouse® Almonds, one of seven different snack almonds from the Almond People®
California Almond Growers Exchange
P.O. Box 1768, Sacramento, CA 95808
Modern dance and jazz dancing. The reason I have lumped these two very separate and distinct forms of dance together is that they are both nearly indefinable in general terms. What modern dance is, what jazz is, depends entirely on who's at the head of the class. In the case of modern, I called the Martha Graham School to ask for some way of summing it up. A quick survey was taken around the studio. Everyone was "nonplussed." Finally, a statement was made: "Modern dance is as stimulating intellectually as it is physically, which is the reason it has caught on at colleges around the country. "I run. But it’s a long way from your average campus "interpretive dance" class ("Okay, now we’re all going to be trees, growing trees...") to the individual techniques developed (highly) by Martha Graham, José Limón, Merce Cunningham, Katherine Dunham, Doris Humphrey, and Charles Weidman.

THE DISCO HITS

To perfect the disco dancing you learn on TV, club-hopping or in class, get your own music. Any record by Van McCoy or Bohannon is good, as are the following hit disco albums: *The Original Dr. Buzzard’s Savannah Band: Four Seasons of Love* (Donna Summers); *Spirit* (Earth, Wind, and Fire); *Silk Degrees* (Bozz Scaggs); the soundtrack of the film *Car Wash,* *Good High* (Brick); *Stormin’* (Brainstorm); *Hot on the Tracks* (the Commodores); *Capricorn Princess* (Esther Phillips); *Disco Inferno* (The Tramps). *Do It Your Way* (The Crown Heights Affair), and *Lolita* (Lolita Holloway)—which features what I think is the best thing to dance to since Marvin Gaye’s "Heard it Through the Grapevine"—"Hit and Run (Gotta Be Number One)."

While everyone in modern dance is free to develop his or her own vocabulary, there are ground rules. Each technique has its own rule. Students of the above-mentioned pioneers perpetuate what can only be described as the most variegated, changing, and psyche-involving type of dance.

You’ll need leotards, tights, and, sometimes, soft ballet shoes. Modern dance is often done barefoot, in which case you need footless tights, or tight with "stir-ups." A ballet background is useful, but not essential, since modern dance is as disciplined, as rooted in basics, as ballet (in fact, it borrows a lot from ballet).

Jazz dancing, equally difficult to pin down, is a hodgepodge of everything—ballet, modern, American folk, tap, West Indian, flashy Broadway, whatever is going on in the discos—and much more. Again, it depends on your instructor’s orientation. You could learn "routines" (à la Chorus Line) or be encouraged to interpret the music your way. No previous dance experience is needed for beginning classes, which often warm you up with stretching, and other exercises, and then proceed to fundamental footwork. Jazz shoes are necessary (they’re like tap shoes without the taps), although some jazz teachers prefer sneakers. The usual leotards and tights can be replaced by comfortable pants with a lot of "give," and T-shirts.

Tap. "Tap dancing is happy dancing," says Fred Kelly. "It’s pretty hard to cry when you’re tap dancing." That, and the show-business connection (recently recutted in the American public via *That’s Entertainment* and a lot of nostalgia on Broadway) accounts for the current tap craze. "What you get out of it," explains author and teacher Jerry Ames, "depends on your goal. It’s exercise without drudgery. There’s a joy in being able to make noise legitimately, especially in a city with horns and sirens. It’s a tremendous outlet; there’s a relaxation that comes after really letting off steam."

There’s instant gratification with tap, too. You may not really look like Fred Astaire the first time out, but somehow the mere sound of your own feet tapping makes you feel like a star. Then there’s the camaraderie of tap classes. The music blares "Give my regards to Broadway" and you’re lined up in a group, moving in unison around the room. Jerry Ames, comparing the mood in his classes to the reserved atmosphere of even a beginning ballet class, says, "We really get a kick out of each other—so to speak."

For tap, you’ll need stretch, or otherwise comfortable, pants, a T-shirt (you’ll perspire a lot), and tap shoes. You’ll also need energy. Although beginners start slowly, heel-toe-heel-toe, then a little arm business, after that, as Jerry Ames puts it, "You’re your own drummer."

**"Tap dancing is happy dancing. It’s pretty hard to cry when you’re tap dancing!"**

Belly dancing. This is the only form of dance that’s pretty much for women only. No dance background is required, and the required dress is usually a leotard, tights, and ballet slippers or low-heeled flexible shoes. What has put belly dancing on the map, coast to coast, is the fact that it tightens the muscles in the abdomen and around the waist because of the constant stretching and contracting of the midsection. But, as taught by Serena in New York City and many professionals elsewhere, belly dancing utilizes every other part of the body as well. "I’m not a totally ethnic teacher," says Serena, "The dance I’ve designed glorifies women, and, frankly, Middle Eastern
**Chili tomato sauce**

**INGREDIENTS**
- 1 tablespoon corn oil
- 1 cup onion, chopped
- 2 canned green Ortega chili, washed, seeded, dried, and chopped to taste
- 3 cups tomatoes, peeled, seeded, and chopped
- 1 teaspoon cumin seed, crushed

**METHOD**
In a skillet, heat oil and sauté onion and chili until onion is soft and transparent. Add salt, tomatoes, and cumin seed. Simmer for 10 minutes until sauce has thickened. Set aside.

**Persian pancakes**

**INGREDIENTS**
- 1 egg, beaten
- 1/2 cup skim milk
- 1/4 cup whole-wheat pastry flour
- 1/4 teaspoon baking powder
- 1 heaping teaspoon cumin seed, crushed

**METHOD**
Mix egg and milk in a small bowl. Put it, flour, and baking powder in a bowl and stir well. Slowly add dry mixture to milk mixture beating briskly until smooth. Pour about 1/4 cup batter for each pancake onto lightly oiled medium-hot griddle or heavy skillet. Turn when pancake bubbles, cook other side, remove, cool. Spoon 2 heaping tablespoons of filling on each pancake, roll, place in a casserole. Heat in a preheated 250° oven 10 minutes. Serve topped with warm sauce. Makes 8 pancakes. 180 calories, each with cottage cheese; 200 calories if filled with ricotta.

**INGREDIENTS FOR FILLING**
- 1 cup ricotta cheese or low-fat cottage cheese (if cottage cheese, press through a sieve)
- 1/4 cup raisins
- 1/2 teaspoon cinnamon
- 2 tablespoons brown sugar

**METHOD**
Combine ingredients thoroughly.

**INGREDIENTS FOR SAUCE**
- 1/4 cup apple juice or cider
- 2 tablespoons arrowroot or cornstarch
- 1 tablespoon pure maple syrup

**METHOD**
Heat 1 cup juice or cider in a small saucepan. Mix arrowroot or cornstarch with the remaining juice. Stir until thick. Add to boiling juice slowly. Stir constantly, cook until thick. Remove from heat, stir in syrup. Serve hot.

**Apricot yogurt mold**

**INGREDIENTS**
- 2 tablespoons unflavored gelatin
- 1/4 cup pineapple juice

**METHOD**
In a small saucepan, add gelatin and pineapple juice. Heat gently and stir until gelatin is dissolved. Remove from heat.

2 cups dried apricots, simmered in 3 cups water for 15 minutes, then drained
2 tablespoons lemon juice
1 tablespoon lemon zest, finely grated
2 eggs, separated
2 cups plain yogurt

**Garnishes: unsweetened, grated coconut, chopped almonds, or strawberries**

**METHOD**
In blender, purée apricots, lemon juice, zest, and egg yolks. Turn blender to low and add gelatin mixture. Cool in refrigerator until slightly jellied, about 15 minutes.
In a bowl, beat egg whites until stiff. Combine gelatin mixture thoroughly with yogurt in a large bowl, and fold in egg whites. Pour into an 8-cup mold or individual dishes. Chill. Garnish with unsweetened coconut, chopped almonds, or strawberries. Fresh fruit may be substituted for dried apricots for a lower calorie count. Serves 6-8. 285-368 calories.

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Above: Close-ups of some of the stitches invented by Paul Himmel. To invent your own, all you need is a little yarn and some imagination. Notice that relative to the canvas mesh, stitches can go in any direction, and be any length. Some are even doubled for nubby texture.
### Shopping Information

**Prices approximate, state and local taxes additional. Consult your interior designer or department store decorating service. Information in New York City unless otherwise indicated.**

**ON THE COVER**

"Green Grass" in orange cotton and Dacron polyester, by J. M. Prentice, Ltd. to upholstery designer. White-green version shown comes in fitted sheets and pillowcases. Green-on-white version (not shown) comes in flat sheets, pillow shams, dust ruffles, and comforters. Coordinating bath towels available are reversible—white-on-green green-on-white. By Cindi Murison for Martex, Westport, Connecticut.

At Burdines, Miami.

Daybed with woven straw exterior: 90" x 39" x 29" high. With 4 throw pillows. $1,700 COM. Designed by Billy Baldwin. Beige ceramic covered jar: 17" high. One of a pair, $850 each. All from LCS.

"Brushed Gold" wicker armchair and ottoman: 29" x 29" high. With 4 throw pillows. $240 plus fabric. By Laguna Furniture. S850 pair. All from LCS.


**Page 141:**

5. Heavy white wool shag rug: Custom size and color. About $13 a sq. ft. By Patterson, Flynn & Martin.

**SUPERIOR** handwoven reversible wool rug: 9' x 12'. Made in Portugal. S 1,050: From LCS Green Metals. Available in custom sizes and colors at additional cost. From Simon Manges & Son.


**SPACE WITH STYLE:** Pages 132-135


**DEAR HOUSE & GARDEN:** Page 137:

"Osage Orange" chosen here for sofa and chair. Ci Nutmeg color of stained wood floors. With deep-fry basket, ice-cream maker. On-center model also available. By Ronson.

**Dining Room:** Page 138:


**DEAR HOUSE & GARDEN:** Page 140:

**KITCHEN OF IDEAS:** Pages 146-149

**KITCHEN DESIGNER:** Wayne Walega, New Design, Mattapoisett, Mass.


**DESIGNER:** Wayne Walega, New Design, Mattapoisett, Mass.


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**Furnishings for Sale:** Pages 150-151

All the following fabrics and furnishings in lesser quantities. At Country Floors.

**NEW F FABRICS:** Pages 150-151

All the following fabrics and furnishings in lesser quantities. At Country Floors.

Building Facts

Materials and equipment used in the house on pages 142-145

ARCHITECT: Hugh Newell Jacobsen
CONTRACTOR: Owner

SIZE OF NEW ADDITION: 1,060 square feet

STRUCTURE OF NEW ADDITION
Foundation: Concrete footings and concrete block wall.
Framing: Standard wood frame construction.

EXTERIOR OF NEW ADDITION
Exterior walls: Horizontal wood siding.
Exterior finish: Victorian color paints by Devoe Paint Div., Celanese Coatings Co.
Roof: Main roof, asphalt shingles to match existing roof; link, built-up roofing.
Insulation: Aluminum-foiled glass fiber batts; 3-inch in walls and 6-inch in ceilings.
Windows: Wood frame windows with 8½-inch insulated glass by PPG Industries.
Skylight: Insulated glass by Velux.
Doors: Custom-made glass doors with wood frames.

INTERIOR OF NEW ADDITION
Interior walls and ceilings: Plaster.
Interior finish: Acrylic latex flat paint with alkyd enamel trim by MAB Richlux Paint.
Floors: Wood floors in major rooms and carpet in bathrooms.
Lighting fixtures: Semi-recessed wall washers and surface-mounted downlights by Edison Price; fully recessed wall washers and exterior lights by Lightolier, Inc.
Hardware: Exterior lever handles by the General Lock Mfg. Co.; interior white porcelain ball knobs by the J.B. Manufacturing Co.
Fireplace: Prefabricated steel fireplace by the Majestic Co.
Bathroom cabinets: Custom cabinets.
Bathroom countertops with integral bowls: Of Corian material by Dupont.

MECHANICAL EQUIPMENT AND APPLIANCES
Heating-cooling system: Forced air.

FOOD AND FLOWERS: Pages 152-157
Floral arrangements: By David Jones Cus-
Towle sterling is the ultimate, unmistakably the finest. Carter's is one of America's largest and most respected silver dealers. Order direct during this special offer and save. Your money returned if you are not completely satisfied. 34½% off on a 4-piece place setting, (place knife, place fork, salad fork and teaspoon). 32-piece set consists of 8 each of above and 16-piece consists of 4 each of above. Plus 33 1/3% off on all open stock, PLUS 40% off on teaspoons. We pay all shipping costs. Free chest with $250 order. NO SALES TAX unless Missisippi resident.

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Pentagon-shaped greenhouse with double-strut redwood frame and 8-mil polyethylene cover. 8 ft. dia. lots of head room. Ready to assemble. $34.95 exp. col. Other models $89.95 to $649.95. Free catalogue. Peter Reimuller—the Greenhouseman, Dept. 11-EP. 980-17th Ave., Santa Cruz, CA 95062.

LITTER-TRAY HOUSE
Tidy housekeeping for your cat . . . no messy clean-up for you to do. Sturdy plastic house has removable tray. . . all plastic litter-bags fit it. Snaps together for home or travel use. Washable. 14¼x19½x20¼. Green, yellow. $11.95 plus $1.50 post. Lanfred Products, HG5. 1912 Greenville, Dallas, TX 75206.

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Oriental tapestry is woven in France in lovely pastel colors. Ideal for pillows, upholstering small pieces, for framing. 20" by 20". $8.95 ppd. Catalogue of other varied scenes and sizes $1. Write to Peerless Imported Rugs, Dept. GTE-57. 3028 No. Lincoln Ave. Chicago, IL 60657.

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Great idea for car commuters and salespersons on the road. New kind of coffee mug has a spillproof cover with opening for sipping. Fits neatly into an outer cup that adheres to dashboard. Plastic. 3¾" h. $3.25; two, $6. Ppd. Write to Bruce Bolind, HG5. Boulder, CO 80302.

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Gold-finished metal lingerie clips keep bra and slip straps secure in handsome fashion. A smart way to be sure that straps won't tumble down when wearing a low cut gown. 2 clips for $1.98 plus 20c post. Anthony Enterprises, HG5. 556 Mission St., San Francisco, CA 94105.

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For Father's Day, graduation, birthday or anniversary, here's the answer in a unique and important gift: the Schick Super II Classic, no other brand rivaling it. From the luxurious feel of the Teflon-coated blades to the smooth Schick shave, there's no finer way to start each day. Every Schick Super II Classic comes complete with four Teflon-coated razor blades adjustable cartridges, all nestled in a handsome presentation case. At $12.95, merely the finest gift of the season. Order now for rapid delivery. All orders shipped via First Class mail.

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EYESIGHT SAVER
Do you find the eyes of needles growing smaller? Needle threader consists of a plastic funnel into which the needle is dropped, spindle to transfer thread to needle, blade to cut thread. $1.98 plus 30c post. Anthony Enterprises, HG5, 556 Mission St., San Francisco, CA 94105.

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That's Scandinavian for "place in light-footed comfort. White, red, or yellow, $16.95. Tough plastic: $17.95. Add $1.50 post. 

SOLVANG CLOG
That's Scandinavian for "place in light-footed comfort. White, red, or orange, $10. Add $1.50 post. 

EASY DOES IT
That's Scandinavian for "place in light-footed comfort. White, red, or orange, $10. Add $1.50 post. 

Butterfly cover
New cover for butterfly chair. 18 oz. duck; black, brown, natural, terra cotta, royal blue, turquoise, avocado, tangerine, marigold, red or yellow, $16.95. Tough plastic: white, avocado, orange, brown, marine blue, yellow, $17.95. Add $1.50 post.
HOMESPUN TO HOME

Even inexperienced sewers can fashion seamless draperies with 96" to 120" fabrics. Many materials are pre-shrunk, machine washable. Up to 50% can be saved on purchases. Send $1.25 for brochure and swatches. Homespun Fabrics, HG5, 10115 Washington Blvd., Culver City, CA 90230.

NOODLE BONANZA

Meals in a cup come in three tasty oriental versions: beef, chicken, shrimp. Add hot water to a 15 oz. package and in three minutes—ready. Each package contains stock, noodles, dehydrated vegetables, egg, Six, $5.50, 12, $10 ppd. A.C. Gits, HG5, 2642 Central Ave., Yonkers, NY 10710.

BRIGHT IDEA

Choice is yours. Have ring with your own birthstones from full line or 12 Strongites (manmade stones with diamond brilliance) or a combination of both. White or yellow 14k gold. $78 plus $1 post. Catalogue collection for women, men. The Strongite Co., HG5, 2 W. 47th St., N Y, NY 10036.

THE SUPER SACK


SEWS LOCK STITCH

Tool does great things: sews leather and canvas. Do your own repairs on shoes, handbags, awnings, seats, upholstery. The pack includes bobbin of wax thread and two needles. $4.98 plus 50¢ post. Write to Anthony Enterprises, HG5, 250 Mission St., San Francisco, CA 94105.

PET SHIRTS


SPECIAL SPECS

Flip-up magnifying specs that make eye make-up blunders obsolete. No more squinting into mirrors! Each pair comes in their own plastic case complete with adjusting screwdriver. One size fits all. $7.95 plus 50¢ post. Herman Optical, HG57, 164 Clymer St., Brooklyn, NY 11211.

NATIONAL HOBBY GREENHOUSE

Enjoy year round every day pleasure with a quality designed hobby house featuring life long aluminum frame, commercial quality glass, and prefabricated for easy installation. They are practical and beautiful in a style and size that's right for you. Write for literature.

NATIONAL GREENHOUSE COMPANY

P.O. BOX 150 • DEPT H • PANA, IL 62767

May, 1977

LILIAN VERON

Deal, GS1, 510 S. Fulton Ave.

Mt. Vernon, NY 10550

219
COUNTRY-STYLE CURTAINS

From New England, colonial charm of country-style curtains no longer need the drudgery of ironing. Practical, long wearing, crisp and beautiful. Machine wash and dry. 50% polyester, 50% cotton muslin (pre-shrunk max. shrinkage 1") of unsurpassed quality backed with "satisfaction unconditionally guaranteed." Specify color. Add $1.00 post. 1/2". No C.O.D. Please send check, money order, or use your Master Charge or Bank Americard. N.Y. residents add sales tax. Free Color Catalog.

COLONIAL MAID CURTAINS
Dept. 257, East Innate Mantonock Village, N.Y. 10965
Since 1947

CORDLESS MASSAGER

Battery-operated massager brings satisfying relaxation. Deep gentle penetrating vibrations soothe the neck, shoulder muscles, arms, legs and tired feet. Operate on standard batteries (not included) 4 sizes.

Mini Massager, 4 1/2" $3.98 + 30¢ Mailing Each
Regular Massager, 7" $7.98 + 49¢ Mailing Each
Deluxe Massager, 10" $9.98 + 55¢ Mailing Each
Super Massager, 12" $12.98 + 65¢ Mailing Each

No COD's or Billng Add 6% Sales Tax in California

Anthony Enterprises
Dept. HG 37
5999 Mission San Francisco, Calif. 94105

PRIVATE READING

Now a magazine rack attaches to practically any toilet-tissue holder. Slip two metal hooks on tissue holding tube (or towel bar). 12" w. by 14" h. by 4" from wall. Order GWMR-3, Koch brass plate on nickel plate. $9.95 plus $1 post. Dept. HG5, St. Nicholas Boutiques, Dept. HG5, Santa Claus, IN 47579.

TORTOISE FOR THIRST


PACHYDERM PLANTER

Exotic handwoven elephant in natural rattan's. 7" h., 15" l., 5" d. with metal liner. Sized right for all-season plant service. $8.95 plus $1 postage. Painted white green, yellow, pink, black add $1 Catalogue 25¢. Fran's Backs House, HG5, Rte. 10, Succasunna NJ 07876.

HEAVY CANVAS TOTE

One piece, double bottom. Navy red, avocado, yellow, sand, natural brown, 12" x 9", $9.50 plus $1.25 post. 12" by 14" $11.50 plus $1.50 post. 18" by 14" $13.50 plus $1.50 post. (ad. 90¢ w of Miss.) Catalogue free Port Canvas Co., HG5, Dock Sq. Penne. Kempton, Penna. 19529 Master Charge Accepted Specify No. & Exp. Date.

MAGNATOR CROSS

Exquisite pendant carries an air of mystery since some claim it can bring health and good luck. Has a measurable magnetic field. Gold-plated, on 24" long chain. $34.95 plus 75¢ post. Amercan Consumer, MGCK-58, Caron Ave., Mt. Vernon, NY 10550.

SHOPPING AROUND

TIMELY TOUCH


They Swing at a Touch!

HOLDS 10 PLANTS!
New and handsome garden gate cast aluminum plant racks. Save floor space and accent your windows. Decorative hardware requires only 1" mounting space. Removable fluted trays. Elegant yet sturdy, swinging racks compliment your plants.

Grassi's
Kempton, Penna. 19529

The PIPE BOOK
Have no place to put them? We have the answer! Our pretty little book has clinging, transferrable sheets. Pages measure 4 1/4" x 6 1/4" and have 20 sides to recipes for quick, clean, reference. $3.50 each 2 for $6.00. Please add 95¢ post.

FERRY HOUSE
Dept. HG 577
Briarcliff Manor, N. Y. 10.
Bilston & Battersea
Treasures in 18th Century Tradition
Each a miniature masterpiece, hand-painted on enamelled bone china, upper and accompanied by a certificate of ownership, boxed for gift-giving.

Shiralee $14.00 ppd.
Needlecase $24.00 ppd.
Both only $37.50 ppd.
Collector's Catalogue a "must-see" $1.00 (Free with order).

The Sewing Corner

Colony Spoon Rack
Solid pine rack is a beauty to display a collection of antique silver or pewter spoons in neat grooves that hold them firmly in place. The 50 spoon size is 30 1/2" h. 17 1/2"w. 2"d. Kit $14.95. Finished antique satin, $19.95. Add $2.50 post. Write to Be A Doll Inc., HG5, 99 Prince St., New York, NY 10012.

RYA ARTISTRY
Brand new catalogue -16, presents striking new designs from Sweden. Complete kits of rugs, cushions, and wall hangings that turn into lifetime treasures. Send $1 for beautiful color catalogue. Write Skon, HG5, 53 Lambent Lane, Hopewell, NJ 08525.

PHOTO ART ON CANVAS
Reproductions of color slides, negatives or photographs done on canvas, framed. Canvas texture 1" by 14", $39.95; 16" by 20", $49.95; 18" by 24", $59.95. Add $2 post. Add $5 for color photo. Also lithographic prints on canvas. Free brochure. Art Fac, HG5, Box 297, Hopewell, NJ 08525.

SIZED FOR ROOM PLANS
Miniature poly styrene pieces are 1/2" to 1" scale to help plan your room arrangements easily, comes in kit with graph board, walls, windows, doors, and instructions. Furniture includes variety plus fireplace, piano. $9.50 ppd. Write to Plan-it-Kit, HG5, Box 429, Westport, CT 06880.

REDUCE EYE STRAIN
Magnifying glasses help persons find larger print easier to read. In full or half frames or clip-ons. Specify style desired, age, and whether for a woman or man. Full or half frames, and clip-ons $6.98. Add 60¢ post. (Free supply included). Dorsay, HG5, 240 Kinderkamack Rd., Oradell, NJ 07649.

AWARD WINNING DESIGN
This Lerche design has passed the test of time— 100 years old, and still a look that's pure thoroughbred. Expert craftsmanship— superb materials— our library set for him or her, for a luxe gift or your own desk. Finest 7 1/2" scissors of hot-forged Solingen steel. 6%," letter opener, each sleekly fitted into a stunning nickel-chrome column. Takes little space on desk, really heavy enough to double as a paperweight! All polished perfection and satin sheen— our own West German import. 79¢ high quality gift boxed. 9391 Column Library Set $22.98

HAZEL HOUSE
Designer Letter Opener
Write for F.A.O. 1-800-274-1075, Dept. HG5.

ROMANTIC VICTORIAN
New way to own an authentic replica of "yesteryear" furniture. Shipped direct from factory to you, at cut prices. Vast choice of sofas, chairs, tables, clocks, from factory to you, at cut prices. Vast choice of sofas, chairs, tables, clocks, from factory to you, at cut prices. Vast choice of sofas, chairs, tables, clocks, from factory to you, at cut prices. Vast choice of sofas, chairs, tables, clocks, from factory to you, at cut prices.

ELECTRIC RANGE
20-page catalog, TWICE the size of any other published. Use your bank card. New way to save on authentic copies of "yesteryear" furniture. Shipped direct from factory to you, at cut prices. Vast choice of sofas, chairs, tables, clocks, from factory to you, at cut prices. Vast choice of sofas, chairs, tables, clocks, from factory to you, at cut prices.
The brand new, old-fashioned ceiling fan. $59.95

We took $100 off the price.
The wonderful old ceiling fan has reverted to a fraction of the cost. And with new innovations. The 60 RPM speed provides increased efficiency of heating in winter, and cooling in summer. Plus improved air circulation for your treasured houseplants.

Add a light globe, too.
For only $4.95 more, you can have your Georgetown Fan with deluxe live-in light globe to add even more function and beauty.

Satisfaction guaranteed.
The Georgetown Ceiling Fan is completely guaranteed. If not satisfied, return for full refund within 14 days.

Order today.
Your fan comes complete and ready to install, as easily as any light fixture. Specify Walnut or Oak finish for woodgrain blades. Or solid decorator color. Yellow or White. Send check or money order for $59.95 for each fan, $74.90 with light globe. Add $7 shipping and handling in cont. U.S. Or charge to your Master Charge or Bank Americard. (Be sure to include account number and expiration date.)

Satisfaction guaranteed.

The Georgetown Ceiling Fan is authentically crafted of durable — yet surprisingly lightweight — yet strong — yet beautiful. You won't have to worry about mounting it on heavy support beams. The rich wood grain blades span a full 44" in diameter. Drop from ceiling to bottom of fan is 12" with custom lengths available on request.

We took $100 off the price.

The Georgetown Ceiling Fan is authentically crafted of durable — yet surprisingly lightweight — yet strong — yet beautiful. You won't have to worry about mounting it on heavy support beams. The rich wood grain blades span a full 44" in diameter. Drop from ceiling to bottom of fan is 12" with custom lengths available on request.

Add a light globe, too.
For only $4.95 more, you can have your Georgetown Fan with deluxe live-in light globe to add even more function and beauty.

Satisfaction guaranteed.
The Georgetown Ceiling Fan is completely guaranteed. If not satisfied, return for full refund within 14 days.

Order today.
Your fan comes complete and ready to install, as easily as any light fixture. Specify Walnut or Oak finish for woodgrain blades. Or solid decorator color. Yellow or White. Send check or money order for $59.95 for each fan, $74.90 with light globe. Add $7 shipping and handling in cont. U.S. Or charge to your Master Charge or Bank Americard. (Be sure to include account number and expiration date.)

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Satisfaction guaranteed.
UNDE BRIDE 'N GROOM
An appealing mouse pair is handcrafted of gray felt. The bride wears white dotted swiss, white net veil and bow, carries pastel nosegay. Groom is wearing white ruffled shirt with black tails. Both 7" h. Each $6 plus $1.25 post. Annalee's Workshop, HG5, Box 446HG, Meredith, NH 03253.

VICTORIAN TOUCH
Wall shelf of handwoven natural rattan has two wood shelves for books, knick-knacks, beauty aids. 15" by 7" by 18" h. With hooks. $13.95; painted white, pink, blue, green/orange/yellow/black, $3 extra. Add $2 post. Catalogue 25c. Fran's Basket House, HG5, Route 10, Succasunna, NJ 07876.

PLAYFUL PUP
Floppy-eared dachshund is ready to play all day and win his way into your heart. Just 3½" long, he's genuine pewter, handcrafted and perfectly detailed. Set him on shelf or table to captivate one and all. $15.98 plus 95c post. Write to Ferry House, HG5, Briarcliff Manor, NY 10510.

INDOOR HOSE
Water hanging plants and large ones in tubs easily with hose that attaches to almost any faucet and lets you travel up to 150'. Drip-proof, on/off finger control, mist attachment. 50', $9.95; 75', $12.95 plus $1 post. Casaplanta, Dept. 190, 16129 Runnymede, Van Nuys, CA 91406.

UP AND OUT
Air-pressure cork remover made of durable black plastic with a gun-type handle and hollow steel needle. Insert needle into cork, hand-pump air into bottle, cork pops right out. Instructions. 8" long. $2.99 plus 50c post. Romar Sales, RS-13V, 380 Madison Ave., New York, NY 10017.

POETIC SHAKESPEARE
English-import with his best-known poems... a mini-volume with blue-on-white cover, 380 gilt-edge pages. Includes "Live With Me and Be My Love", "Venus and Adonis"; some poems as originally printed. 3½x2½", $3.98; plus 50c post. Lillian Vernon, G5E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

PRESS ON ADDRESS LABELS
Identify possessions, correspondence too. Black ink on white, blue, pink, yellow, silver or gold labels. 1¼ x ⅜. Any message up to 26 letters per line, up to 4 lines. 225 for $3; 450 ( alike) for $5; 1,000 ( alike) for $10 p.d. Please specify color. Useful 80-P. Gift Catalog. 50c. Bruce Bolind, 25-P Bolind Bldg., Boulder, CO 80302.

REWARD! The Strongite 'IMPOSTER' DIAMOND At Only $8.00 Per Carat Unmounted
Price to invite comparison anywhere in The Strongite Country. 10-days to prove it or your money back. The Strongite Imposter Diamond is the hardest, most dazzling imitation jewel ever made. Pure white, flawless, unconditional lifetime guarantee FREE 1977 Color catalog. Dept. 19J. 2 West 47th St, New York, NY 10036.

PIN IN BRA
For all Bare Fashions
• Molded Seamless Cup • Natural Back Line • Soft Plastic Cup Liner • Fast Drying—It "Breathes" Next to the skin, you feel nothing and breathes easily. Superbly constructed. $2.97 at your local dealer. 2 bras for $10 post. Also available in 36'B-C, 38'B-C, 40'B-C.

POETIC SHAKESPEARE
English-import with his best-known poems... a mini-volume with blue-on-white cover, 380 gilt-edge pages. Includes "Live With Me and Be My Love", "Venus and Adonis"; some poems as originally printed. 3½x2½", $3.98; plus 50c post. Lillian Vernon, G5E, 510 So. Fulton Ave., Mt. Vernon, NY 10550.

JEANS™
A gem of a chair
Superbly constructed from native hardwood and upholstered in fine fabrics the Pendleton is lovely in any room. $202-$321 depending on type fabric you select; $100 in your fabric—send swatches, $700 in your fabric—no C.O.D. satisfaction guaranteed. Send $2 for Catalog and Request Form for free, hand-selected decorator fabrics.

Plant Galleries, Inc.
P.O. Box 2324, HG577
Hickory, N.C. 28601
"Wise 'Ole" Ceramic Owl

Use as lamp or artware

That special conversation piece to decorate your den, foyer, bedroom or family room. The perfect gift a friend will treasure. Two beautiful finishes—gloss white or decorated beige/brown.

The lamp is 28" high and features 3-way lighting and pleated oyster vinyl shade. Artware owl is 15" by 12" wide. An exclusive copyrighted design

Lamp No. 8101: white $39.95 Decorated $44.95
Artware No. 8102: white $19.95 Decorated $24.95
Include $2.50 transportation charge.

lla-Sue Creations, P.O. Box 703, Paris, Tenn. 38242

EXCITING BACKGAMMON SET

Felt lined 11" x 8" Striped Case—Black only
Send $20.00 plus $2.00 postage to:
THE WHARF
5000 Shelbyville Rd.
Louisville, KY 40207

Remember the Delicate Silver Dogwood Ring that Aunt Sally used to wear?

Now available—the original Stuart Nye, hand wrought Sterling Silver and copper jewelry! Made by traditional silversmiths from the southern Appalachians. Satisfaction always guaranteed!

* SEND FOR FREE ILLUSTRATED CATALOG!

THE DRUMMER BOY
DEPT. C, 522 EAST MAIN, MOREHEAD, KENTUCKY 40351

FINISH IT and SAVE!

Unfinished Lamps
The Mediterranean is a massive lamp, 34" tall, sanded satin-smooth ready to antique, decoupage or stain. Handcrafted of native hardwood. Fully wired with a 3-way switch, 8-ft. cord. Choose shades: white or beige Shantung; oyster or brown Burlap. Satisfaction assured!

$33.50 ea.* Unfinished
*Add $3.00 postage.
West of Rockies add $2.75 per lamp.)

FREE Color Brochure
18 different lamp styles, finished and unfinished, plus usual decorative accessories.

Dept. HG-75
LEXINGTON, KENTUCKY 40503

GREAT GRANNIES, WHAT A GIFT!

It's the perfect answer for Mother's Day. Send 2 names for family tree. $39.00 ppd.

The Plumlea Peddler
P.O. Box 23367
Anchorage, KY 40223

PRIZED PITCHER

A proud possession. Elegant heavy sterling silver pitcher is a copy of the gold trophy of the Keeneland Race-course. Beading on top and bottom and Presidential markings. A handsome companion piece to the Wakefield-Scearce julep cup. 2 1/2 qt. capacity, $385 ppd. Catalogue, $2.50. Wakefield-Scearce Galleries, HG5, Shelbyville, KY 40065

WEDDING BOX

A unique present to be happily displayed in the new home and cherished throughout the years. Beautifully antiqued box bears the wedding invitation appliqued to the top, surrounded by lovely hand-painted flowers. Felt lined base. Box measures 7 1/2" by 5" by 3". Enclose the invitation with your order. $18.75 ppd. Free color catalogue. The Plumlea Peddler, HG5, Box 23367, Anchorage, KY 40223.

LOW BALL GLASSES

Four different historic distillery designs are fire-enameled in black and gold on Jack Daniel's squat and massive glasses. They're 4" high, yet will hold a full 8-oz. drink. Great for on the rocks (big rocks). Box of four, $7 ppd. Catalogue of old Tennessee items, 50¢. Lynchburg Hardware & General Store, HG5, Box 320, Lynchburg, TN 37352.
ROCK INTEREST
True-to-nature beauty.
Decorative lamp made of high-fired ceramic molded directly from a rock taken from the shores of Kentucky Lake. 33" h. Please order any shade, 3-way lighting. In white, beige brick or brown. $59.95 plus $3 post. Ilia-Sue Creations. HG5 Box 793 Paris, TN 38242.

ITALY LOCKER

Little way to keep it altogether. Jooti rack for baseball gear, supported on a colorful masonite backboard. Slots and peg hold his bat, mitts, cap, balls, space for photo of team or hero. Assembles in a jiffy. It's 20" by 13". $5.98 ppd. Lim-Ez Suit Co., Inc. HG5 Box 3193 Chattanooga, TN 37404.

AMERICAN CLASSIC
Replica of an 1810 candlestick, the Sutton desk lamp stands 20" tall. It is turned from select hardwood, sanded to stain or decoupage. Shades: white or beige shantung, oyster or brown burlap (specify). Wired with 3-way switch. $14.75 plus $2 post (w. of Rockies). Free color brochure. Baxwood Crafters. PHG-75 Box 7012 Lexington, KY 40502.

CREATIVE IDEAS
A wide variety of exclusive and original needlepoint designs by Maud Hundley. Tapestry pillows, Christmas ornaments, coats of arms or anything unusual in catalogue of Creative Needlepoint Ideas. $1.50. Maud Hundley, Studio HG5 Box 23264 Anchorage KY 40223.

AND NOW THERE ARE FOUR!
Kentucky's only AUTHENTIC julep cup, our famous handmade STERLING SILVER cup now has three matching companions! All four items are heavy gauge silver and have hand-beading at top and bottom. All bear our traditional presidential markings, which date them for posterity. Start a set TODAY, and pass them on to future generations with great pride! Use them for water, milk, cocktails...or whatever you wish! They make excellent business or presentation awards.

WAKEFIELD-SCARCE GALLERIES
Dept. H.G., Shelbyville, Kentucky 40063

FULL SIZE FURNITURE PLAN

New Lifestyle Chair & Loveseat
Full-size plans and list of materials to build your new lifestyle chair and loveseat. Pattern traces directly to inexpensive 2"x4"s and 2"x6"s. Complete instructions make assembly quick and easy, at a fraction of the cost of retail. Perfect for den or patio. Easy disassembly makes this furniture portable and very versatile.

SEND $3.98 TO-
R.C.S. MFG
P.O. Box 582, Bowling Green, Ky. 42101

HAVE A REAL FAMILY HEIRLOOM!
YOUR OWN HOME, CHURCH, BOAT, PET IN NEEDLEPOINT

From your own photo and description, let well-known authority, Maud Hundley, help you create a needlepoint portrait for framing of your own home, church, boat or pet. Or you may prefer it as a tapestry or sofa pillow. Here is not only an accent piece of subtle elegance, but a cherished memory for generations to come. Send photo and complete description of all colors and details for estimate—Remember, the more complete the description, the more faithful the reproduction.

MAUD HUNDLEY STUDIO
$1.50 for catalog of creative needlepoint ideas.
P.O. Box 23264, Anchorage, Ky. 40223
BIKE BUDDIES

From the famous ANNALEE Mouse Collection. A clever little gift for your young and not-so-young friends with wheels. 7” tall, handcrafted in grey felt, dressed in bright cottons, and with a touch of whimsy... tips of tails sport red safety flags.

Happy expressions created exclusively by ANNALEE.

BENTWOOD ROCKER

Imported directly from Europe. The true Bentwood Rocker, fashioned from steam-bent Beechwood in lacquered walnut finish, with natural hand woven cane seat and back, 22” w. x 41” h. Send $50 for complete Danish Furniture Catalog.

RED, BLACK, OR WHITE FINISH $179.95

CANADA IMPORTS

Dept. P.S.
P.O. Box 204, Teaneck, N.J. 07666
Dept. F5

FURNITURE MOVERS

Prone all steel ball bearing casters, heavy pieces easy to move, and speed your house cleaning. Tap them into legs of beds, chairs, chests or tables. Won't mar floors or rugs. Each $2.98.

WEBBING REPLACEMENT

Broken rubber seat straps in Danish chair/sofa are easy to replace. Metal clip, metal peg or loop end. Specify style, slot-to-slot distance. $2 per web ppd. Rubber webbing to nail, 75¢ a ft. ppd. Catalogue 25¢.

MACRAME OWL WALLHANGING

Completely handmade macrame owl wall hanging. Hangers made of natural jute and grape root branches. Top hanger measures 18" wide, bottom measures 20" wide. Owl itself is 35" long. The beautiful owl has deep brown wood eyes. Only $15.95 plus $1.95 for postage and handling. N.J. residents add sales tax.

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Fran Good
Box 643
Metuchen, N.J. 08840

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**SHOPPING AROUND**

**QUILTED COVERS**
Sunny yellow permanent press cotton and polyester wicker weave design covers quilted to shield against dust; fit crockpot or toaster ovens. 12" by 12" by 18" for crockpot, $4.50. 161/2" by 10" by 12" for oven, $5.50. Add 50¢ postage. Colonial Garden Kitchens, HGEE, 270 W. Merrick Rd., Valley Stream, NY 11582.

**THE MINI STOOL**
It's completely upholstered and has semi-attached top (urethane foam/polyester fiber). About 18" h, W. $64 to $99 (depending on fabric choice); $54 (2½ yds. your 54" fabric). Exp. coll. $2 for catalogue with free-swatch form. Hunt Galleries, HG775, Box 2324, Hickory, NC 28601.

**GEOMETRIC SEVEN**
Bold contemporary look enhanced by rich earth tones. Needlepoint k-t has color design on 10-mesh interlock canvas; Persian wools: black/tan/white/browns; needle; directions. Finished 12" by 15". $15.95 plus 75¢ post. The World of Stitch'n Knit, Dept. 85-33, Box 709, Framingham, MA 01701.

**HEATING GUIDE**
Want to know how to determine the heating cost of a greenhouse? Invaluable scientific formula is set forth in heating guide with information on a unique solar-panel, double-wall greenhouse. 50¢. From Vegetable Factory, Inc. HGES, Box 2235, Grand Central Station, NY 10017.

**DOTTED SWISS**
The summer look in lovely white polyester with 5½" ruffles, Permanent press. Curtains are 96" w per pair in 45", 54", 63" lengths. $16.50: 72", 81" and 90". $18.50 a pair. Add $2 post per order. Free catalogue. Country Curtains, HG52, Stockbridge, MA 01262.

**NECKLACE STAND**
Keep your necklaces and chains tangle free and handy for you. Attractive all wood, walnut finish stand decorated with solid brass. Rod is covered with a soft fabric. Can hold few or many necklaces. Size 13" h x 10". Has sturdy base. Use as gift item or gift. $8.93 plus 75¢ postage. Floro Enterprises Dept. HG 57, P.O. Box 3612 Rochester, N.Y. 14609

**PORCELAIN DRAWER PULLS**
An antique look with a brand new twist! Our charming drawer pulls will add color and interest to your cabinets, chests, bookshelves or window shutters. Pulls are porcelain, 1½" round, 1½" projection. Each is decorated with a field fresh wild flower in full color, no two alike. Perfect addition to kitchen cabinets, too—even paneter tops. Sets of 4 screws included for easy installation. $4.95 post. Send for free catalogue.

**Chinesse Brass Trivets**
Four footed trivets of polished brass Chinese characters, 4½" square, representing "Good Luck", "Prosperity", "Long Life", "Double Happiness". Tuck them under casserole or plants, or hang on rings for interesting wall decor. Gift boxed set of four, $7.95. Send for free brochure.

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Four footed trivets of polished brass Chinese characters, 4½" square, representing "Good Luck", "Prosperity", "Long Life", "Double Happiness". Tuck them under casserole or plants, or hang on rings for interesting wall decor. Gift boxed set of four, $7.95. Send for free brochure.

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Simply place hard-boiled egg in chamber, turn top down, release bottom plate and presto—you've got an EGG-citing square egg! Fill sliced egg canapés on square crackers; create a salad with a flair; make unusual deviled eggs that won't roll off the platter. Our superbly crafted acrylic SQUARE EGG MAKER™ is good-looking enough to display in your kitchen, and was seen on the Dinah Shore Show. For the host and hostess who think they have everything... an ideal gift. EGGs-periment with us.

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between the original miniature rose 'Tom Thumb' and 'Cecile Brunner.' Double pink flowers edged in white, with a light, spicy fragrance, are borne on the unusual, prickless hedge. 'Scarlet Gem' is a relatively thornless bush with brilliant scarlet flowers. No collection should be without it—or, for that matter, without the original 'Tom Thumb,' whose yellow-stemmed crimson flowers grace a plant that can be comfortably maintained at 2-to-3-inch height. Truly a rose for the teacup.

Leasing vs. buying a car continued from page 56

Absorbers, buying a car

Attention to catalytic converters

Catalytic converters for car engines were developed to convert toxic gases such as carbon monoxide to a nontoxic, harmless form. They have been successful in controlling these polluting emissions, but the converters themselves have a few drawbacks. The first one the driver notices is a hesitation in the engine when accelerating quickly. There seems to be a sudden loss of power that can be overcome somewhat by applying a slow pressure on the accelerator. Needless to say, if you're having much trouble with this, have it checked promptly and try to avoid situations where it's vital to accelerate quickly. But that may be impossible. Finally, some automobile companies warn their drivers not to drive into a grassy field or over combustible material after driving any length of time. The converter tends to overheat the undercarriage of the car to the point where it might ignite the dry grass. All these quirks are being worked on by design engineers, so the system should eventually be improved or replaced.

New look in grand hotels continued from page 72

to the U.N. Secretariat. Dark green is used everywhere—in the marble and velvet of the 1st-floor lobby and in all the hallways of the hotel at the top. For art, throughout, framed remnants of tapestry or fabric. Roche and Dinkerloo were both the architects and interior designers. On the 27th floor, there's a swimming pool enclosed by glass walls and canopied with white billowing muslin (like clouds overhead), with wonderful views of the East River.

Already 10 years old, Western International's Hotel Bonaventure in Montreal has been a pioneer of luxury multi-use. On the top floors of a big highrise showroom mart, the hotel's architect, Ray Affreck, maximizes its outdoor-rooftop setting. The lobby is open space filled with a many-leveled Japanese water garden massed with trees and flowers in the spring and in the winter mounded with snow. One of the garden ponds freezes to make a skating rink, the other, a large swimming pool, is heated and steams romantically into the winter night. It's really an indoor-outdoor pool divided by swinging rubber curtains that hang from an arch to water level. Many guests swim at night, getting into the pool from the warm indoor section and swimming out into the open through the curtains.

Not all multi-use hotel complexes are highrise. For example, the IDS Center, the physical center of downtown Minneapolis, is a block-big complex built by Philip Johnson. At the base of the office tower, a several-story-high skylight roofs over a plaza area that links the base of the tower to the lower-rise Marquette Inn plus a small shopping and restaurant plaza called the Crystal Court.

In Kansas City, the Crown Center Hotel which opened in 1973 is the work of Chicago architect Harry Weese. It is one corner of a low-rise series of connecting buildings that include offices, shops, and a farmer's market of specialty food shops. The Market Place. The hotel rises up against a hilly bump that developers decided to leave and incorporate into the hotel. It now provides a jungly vertical drop for a garden waterfall that makes the lobby seem like a greenhouse. On the 5th floor, an open-air terrace offers a

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continued from page 190

culture does not. Also, in the Middle East, movements tend to be highly repetitive and boring. Authentic belly dancing is not necessarily a full approach to body movements. So, in seeking out a belly-dancing class, don't be sold only on the fact the instructor is a genuine Turk or Iranian (the techniques differ, incidentally, according to country of origin). Sit in and watch before signing up.

Disco. If you want to do the Hustle, the Bus Stop, the Rope, the Fonz, and the Walk, disco schools are bursting out all over. The best formal lessons start with warm-up exercises, as in nonsocial dance classes. But you can also learn by simply going to the nearest disco club and getting in on the action. A round-up of disco havens in New York magazine mentioned that local teachers go to one particularly hot night spot to pick up the latest moves from the kids on the dance floor. You can do the same. If you feel inhibited, remember that everyone else is too busy to worry about how inexperienced you look. If you're seriously inhibited, stay home and watch the TV shows Soul Train and Get Down, and imitate the talented young dancers. All you need is a mirror.

Miniature roses continued from page 78

grance, it was introduced by the rose people Jackson & Perkins in 1960 and bears the plant patent number 1984. That's right—patent. Most miniature roses are such exclusive developments of the growers that they have actually been patented.

'Baby Darling' has no fragrance, but the orange-to-coral-colored double flowers are a dazzling delight. On the large size, the plant often tops a foot in height. 'Baby Darling' is also available in a trained.

For heavenly fragrance and yellow flowers, grow 'Bit of Sunshine.' Flowers 1½ inches across bloom in profusion—with around 50 petals per bud. 'Cinderella' is one of the premier miniatures. Rated 9.3 (out of 10) for perfection by the American Rose Annual, it is a cross
May: An action month for gardeners

Currants for fruit and jams, new smaller dahlias, hardy heaths, and sculptured trees

Currant attractions

Currants are overdue for a comeback in American gardens. In the past, fear of the white pine blister rust—a disease carried by currants and fatal to white pines—caused them to be forbidden by the Federal and most state governments. However, it now appears that the disease spores travel no more than 500 feet from the currant leaves, and that only the European black currant is particularly dangerous. So more and more currants are being planted, not only for the dangling clusters of crimson fruit, but for the equally pleasant bell-shaped golden flowers. Any reasonably good garden soil will produce good currants. They do best in full sun, seldom need pruning, and look particularly handsome against a brick wall or tight-woven fence. Sour-toothed people like the tart fruit just as it comes from the bush, others prefer it dusted with sugar, stewed, or made into jam or jelly. And then, of course, if nobody in the family likes currants, birds certainly do. Currant plants available from J. E. Miller Nurseries, Canandaigua, N. Y. 14424, whose catalogue is free.

Hardy heaths

Heaths and heathers, like those outside the Allans’ fence (page 164), are really quite easy to grow. Both are members of the heath family, or Ericaceae, a very large one which includes such common shrubs as rhododendron, andromeda, and blueberries. Botanically, heather is Calluna heath is Erica, but the names are used interchangeably by nurseries and most gardeners. In their native home on European moors, heath, heather, and their close relatives, Bruckenthalia and Daboecia, grow in clustering masses, protecting each other from icy winds. Hardy as far north as central New England, they all need an acid soil and will benefit from a winter covering of snow, or, lacking that, a light layer of salt hay or straw. Grown as individual plants, the tops very often die back during the winter. This does no great harm, however, since new shoots grow from the base and are ready to flower by midsummer. One thing to keep in mind is that plants of this type do not require what is usually called a “good” soil. Ground that produces fine carrots and tomatoes, zinnias or marigolds, will grow heaths and heathers that are scrappy and short-lived. What they need is a sandy, well-drained soil with plenty of humus—the Allans supply this in the form of composted leaves—daylong sunshine and free circulation of air. Most nurseries have pot-grown plants for sale at planting time for cash-and-carry customers. Here are some mail-order sources: Avalon Mountain Gardens, Dana, N. C. 28724 (catalogue free); Wayside Gardens, Hodges, S. C. 29695 (catalogue $1); White Flower Farm, Litchfield, Conn. 06759 (catalogue sold on an annual subscription basis: 2 issues, plus 3 folders of seasonal notes, $4).

Grow your own ladder

Gardeners often tend to take themselves seriously. An exception is British artist Tony Stubbing, who believes that gardening should be fun. At his American Long Island hideout, he sculpts trees, using the most careful bonsai methods to achieve fantastic—and very un-Japanese—effects. He suggests planting two sapling trees about 18 inches apart and grafting side branches from each tree to the trunk of its neighbor. This natural ladder can be almost any height, would be the “right” approach to a tree house.

Now, the mini-dahlia

Dahlias have probably had more ups and downs than any other summer-flowering bulbs. Vastly popular in Victorian times, they have been in something of an eclipse of recent years. This is probably because so much attention had been given to the oversized—and over fussy—large-flowered types. Producing flowers as big as dinner plates, these dahlias called for disbudding and all kinds of special supports. Although they’re still popular among specialists who like to win flower-show prizes, they have become a lost cause as far as the ordinary backyard gardener is concerned. Of recent years, though, more attention has been given by the bulb growers to smaller-flowered, more compact plants. These are still spectacularly floriferous, but require no more care than feeding, watering, and the removal of dead flowers. Some are small enough to edge a flower border, with blooms ranging from golf ball to teacup size, in all the colors and forms we usually associate with dahlias. Dutch bulb growers are producing quantities of the new kinds of dahlias in the same fields that give us our tulip and daffodil bulbs. Grown with the same skillful care that goes into the spring bloomers, these summer-flowering gems are being shipped all over the world, and are available at nurseries and garden shops in the U.S. for planting this spring. Several of the new varieties have color combinations and flower shapes that are spectacularly different from anything seen before in American gardens, and all are as easy as petunias to grow.

Left: Dahlia “Giraffe” orange and yellow stripes.
Below: Compact dahlias make ideal edging for flower border.
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5. MIRRORS. Catalogue features a full line of decorative framed mirrors from one of the world's largest manufacturers.
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8. "THE FURNITURE FITTER"--or, to put it another way, paper dolls for adults! American Drew presents a ready-to-cut-out collection of its most popular furniture designs, scaled to help you decide which pieces would look best in your home. $2

Eating and Entertaining

9. "ALL CRYSTAL IS GLASS, BUT..." there is glass and there is glass. Booklet gives an abbreviated wrap-up of the highlights of the types of finer crystal and glassware available today in the U.S. and Europe. Plus 5 hints to help you care for it. Fostoria Glass Co.

10. FESTIVAL HOLLOWARE. A whole new line of table beauty by WMF-Fraser's, makers of Festival flatware. It took carefree cromargan stainless steel and crafted it into a series of striking new designs shown in this brochure. Platters, servers, gravy boats, cruet sets, many with acrylic covers.

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Gardening

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14. ENDLESS SUMMER in Everlite Aluminum Greenhouses. Twenty-eight-page booklet gives information on eight models, both lean-to and freestanding. They come in sections to meet any space need.

15. "1977 BERRY BOOK." Mail-order catalogue from Brittingham Plant Farms indexes its wide selection of strawberries, blueberries, raspberries, grapes, asparagus, and, this year, two thornless blackberry varieties.

16. "HANGING PLANTS FOR MODERN LIVING" contains a broad selection of all types of plants for use in hanging containers. More than 110 full-color illustrations of many different foliage plants, plus a section on general care. Merchants Publishing Co. $2.95

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Dyeing
continued from page 121

sticks. Be sure the wash and rinse waters are the same temperature to avoid muddling or shrinking.

4. Weigh mordant(s) and prepare the solution according to its recipe. Place the wet wool in the mordanting bath, cover and simmer for about 45 minutes (180°-200°). Reserve one sample of each mordanted wool.

5. Prepare dye bath.

6. In a large cooking pot, put the wet yarn (premordanted or not) into the dye bath. Simmer, but never boil. Once the simmer is reached, start timing the dyeing process—the longer the yarn remains in the bath, the darker its color.

7. If you have several skeins going into the same mordant, but destined for different dye baths, label them with the mordant name before they go into the mordanting solution. Then, when you put each into its own color bath, add the dye prescription on the other side of the tag. Pin the put-aside strands you haven't done so already.

8. Dry the yarn by laying it on towels or hung it up indoors or out, out not in direct sunlight. If it is hung, reverse it after a while, so it dries evenly.

Planning is the key word—which dyes, which mordants, and when. Variations of one color can be achieved by using the same dye bath two or three consecutive times. Each time the results will be paler, as the dye is absorbed into the materials. This is a good way to create shadings of the same color, provided you use batches of the same material prepared in exactly the same way.

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Tax audit
continued from page 36

very costly, but won't necessarily raise the sale price of your home unless you run across a prospective buyer who shares your taste in these matters.

Major repairs, such as a new roof or heating system, can be hard to recoup. Older children (junior high school and up) and adults who relish tales of four-hour dinners and diamond broaches hidden in rose-garlanded omelettes will find this their paté. An appendix describes some dainty dishes that were set before kings.

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New look in grand hotels
continued from page 236

The Desjardins Plaza in Montreal is a similar low-rise center with Ouellet & Reeves's Meridien Hotel anchoring one of the corners. Right across the street, with access under the street in bad weather, is the Meridien Performing Arts Center. Place des Arts. The Meridien's lobby (several stories up) opens out over the huge central court of Desjardins which is roofed over by an enormous skylight. Much is made of having big plants and trees indoors. When I was there, two maids were washing down plant leaves one by one.

Another skylit superstructure, the Omni International in Atlanta offers the 500-room Omni International Hotel and activities under the same skylight to keep a family happy for a week: a huge ice-skating rink, a 17,000-seat sports arena, six theatres, plus two office buildings, and Bugatti's, an Italian restaurant, one choice among many others.

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CORRECTION

In our February issue we mistakenly said that the Lygon Arms, a very old inn in Broadway in Worcestershire, England, was owned by the Savoy Hotel Group. The Lygon Arms is, in fact, an independently owned hotel.